



**Friday, May 12, 2017**  
**Gold Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy  
Sutra 25

Vrischika Rasi: 11.52 Tithi 17

**Gulika** 6:48AM – 8:39AM  
Yama 4:01PM – 5:52PM  
Rahu 10:30AM – 12:20PM

**Anuradha Until 3:40PM**  
Parigha\* Until 1:13PM  
Taitila Until 2:10PM  
Dvitiya Until 3:20AM Sat

**Ganesha:** Blue *Sunrise: 4:58AM*  
**Muruga:** Blue *Sunset: 7:43PM*  
**Nataraja:** Purple  
Moon – Orange  
Vaisaka-Chaitra

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work Siddha Yoga  
Until 3:40PM

Then Routine Work - Marana Yoga

**Bhuloka Day**

**1**

**Saturday, May 13, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Milan, Italy  
Sun 1 Sutra 26

Vrischika Rasi: 23.45 Tithi 18

**Gulika** 4:56AM – 6:47AM  
Yama 2:11PM – 4:02PM  
Rahu 8:38AM – 10:29AM

**Jyeshtha\* Until 6:26PM**  
Shiva Until 2:09PM  
Vanija Until 4:33PM  
Tritiya Until 5:44AM Sun

**Ganesha:** Blue *Sunrise: 4:56AM*  
**Muruga:** Blue *Sunset: 7:44PM*  
**Nataraja:** Purple  
Moon – Orange  
Vaisaka-Chaitra

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**2**

**Sunday, May 14, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Bava Karana Chaturthyam Titau

Milan, Italy  
Sun 2 Sutra 27

Dhanus Rasi: 5.37 Tithi 19

**Gulika** 4:03PM – 5:54PM  
Yama 12:20PM – 2:11PM  
Rahu 5:54PM – 7:45PM

**Mula\* Until 9:33PM**  
Siddha Until 3:04PM  
Bava Until 6:57PM  
Chaturthi\* Until 8:05AM Mon

**Ganesha:** Yellow *Sunrise: 4:55AM*  
**Muruga:** Blue *Sunset: 7:45PM*  
**Nataraja:** Purple  
Moon – Light Blue  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work Amrita Yoga  
Until 9:33PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Mother's Day

**3**

**Monday, May 15, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy  
Sun 3 Sutra 28

Dhanus Rasi: 17.31 Tithi 19 – 20

**Gulika** 2:12PM – 4:03PM  
Yama 10:29AM – 12:20PM  
Rahu 6:46AM – 8:37AM

**Purvashadha\* Until 12:22AM Tue**  
Sadhya Until 3:55PM  
Kaulava Until 9:14PM  
Chaturthi\* Until 8:05AM

**Ganesha:** Yellow *Sunrise: 4:54AM*  
**Muruga:** Blue *Sunset: 7:46PM*  
**Nataraja:** Purple  
Moon – Light Blue  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

**Family Home Evening**  
Routine Work Marana Yoga  
Until 12:22AM Tue

Then Routine Work - Prabalarishta Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Tuesday, May 16, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy  
Sun 4 Sutra 29

Dhanus Rasi: 29.28 Tithi 20 – 21

**Gulika** 12:20PM – 2:12PM  
Yama 8:37AM – 10:28AM  
Rahu 4:04PM – 5:56PM

**Uttarashadha Until 2:43AM Wed**  
Subha Until 4:36PM  
Gara Until 11:13PM  
Panchami Until 10:15AM

**Ganesha:** Red *Sunrise: 4:53AM*  
**Muruga:** Blue *Sunset: 7:47PM*  
**Nataraja:** Purple  
Moon – Light Blue  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Routine Work Prabalarishta Yoga  
Until 2:43AM Wed

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**5**

**Wednesday, May 17, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy  
Sun 5 Sutra 30

Makara Rasi: 11.34 Tithi 21 – 22

**Gulika** 10:28AM – 12:20PM  
Yama 6:44AM – 8:36AM  
Rahu 12:20PM – 2:12PM

**Shravana Until 4:56AM Thu**  
Sukla Until 4:56PM  
Visti Until 12:45AM Thu  
Shashthi\* Until 12:02PM

**Ganesha:** Green *Sunrise: 4:52AM*  
**Muruga:** Blue *Sunset: 7:48PM*  
**Nataraja:** Purple  
Moon – Purple  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**D**

**Thursday, May 18, 2017**  
**Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy  
Sun 6 Sutra 31

Makara Rasi: 23.52 Tithi 22 – 23

**Gulika** 8:35AM – 10:28AM  
Yama 4:51AM – 6:43AM  
Rahu 2:13PM – 4:05PM

**Dhanishtha Until 6:19AM Fri**  
Brahma Until 4:49PM  
Balava Until 1:37AM Fri  
Saptami Until 1:15PM

**Ganesha:** Green *Sunrise: 4:51AM*  
**Muruga:** Blue *Sunset: 7:50PM*  
**Nataraja:** Purple  
Moon – Purple  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
Ashtami

Creative Work Siddha Yoga

**Bhuloka Day**

**Friday, May 19, 2017**  
**Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy  
Sun 7 Sutra 32

Kumbha Rasi: 6.29 Tithi 23 – 24

**Gulika** 6:42AM – 8:35AM  
Yama 4:05PM – 5:58PM  
Rahu 10:28AM – 12:20PM

**Dhanishtha Until 6:19AM**  
Indra Until 4:08PM  
Taitila Until 1:42AM Sat  
Ashtami\* Until 1:45PM

**Ganesha:** Green *Sunrise: 4:50AM*  
**Muruga:** Blue *Sunset: 7:51PM*  
**Nataraja:** Purple  
Moon – Purple  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
Navami

Creative Work Siddha Yoga

**Bhuloka Day**

1

Saturday, May 20, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Navami/Dashamyam TitauMilan, Italy  
Sun 8 Sutra 33

Kumbha Rasi: 19.29 Tihi 24 – 25

Gulika 4:49AM – 6:42AM  
Yama 2:13PM – 4:06PM  
Rahu 8:34AM – 10:27AMShatabhishak Until 6:46AM  
Vaidhriti\* Until 2:46PM  
Vanija Until 12:55AM Sun  
Navami\* Until 1:24PMGanesha: Green Sunrise: 4:49AM  
Muruga: Blue Sunset: 7:52PM  
Nataraja: Purple  
Moon – Purple  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
2nd PhaseCreative Work Amrita Yoga  
Until 6:46AM

Then Routine Work - Marana Yoga

Bhuloka Day

2

Sunday, May 21, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Dashami/Ekadashyam TitauMilan, Italy  
Sun 9 Sutra 34

Meena Rasi: 2.56 Tihi 25 – 26

Gulika 4:07PM – 6:00PM  
Yama 12:20PM – 2:13PM  
Rahu 6:00PM – 7:53PMPurvaprosarthapada\* Until 6:40AM  
Vishkambha\* Until 12:43PM  
Bava Until 11:18PM  
Dashami Until 12:12PMGanesha: Purple Sunrise: 4:48AM  
Muruga: Blue Sunset: 7:53PM  
Nataraja: Purple  
Moon – Clear  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
2nd PhaseCreative Work Siddha Yoga  
Until 6:40AM

Then Creative Work - Amrita Yoga

Bhuloka Day

3

Monday, May 22, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam TitauMilan, Italy  
Sun 10 Sutra 35

Meena Rasi: 16.53 Tihi 26 – 27

Family Home Evening

Gulika 2:14PM – 4:07PM  
Yama 10:27AM – 12:20PM  
Rahu 6:40AM – 8:34AMRevati Until 3:41AM Tue  
Priti Until 10:02AM  
Kaulava Until 8:56PM  
Ekadashi\* Until 10:11AMGanesha: Purple Sunrise: 4:47AM  
Muruga: Blue Sunset: 7:54PM  
Nataraja: Purple  
Moon – Clear  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
2nd Phase

Creative Work Siddha Yoga

Bhuloka Day

4

Tuesday, May 23, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam TitauMilan, Italy  
Sun 11 Sutra 36

Mesha Rasi: 1.19 Tihi 27 – 28

Gulika 12:20PM – 2:14PM  
Yama 8:33AM – 10:27AM  
Rahu 4:08PM – 6:01PMAshvini Until 1:27AM Wed  
Ayushman Until 6:45AM  
Vanija Until 4:14AM Wed  
Dvadashi\* Until 7:29AMGanesha: Light Blue Sunrise: 4:46AM  
Muruga: Blue Sunset: 7:55PM  
Nataraja: Purple  
Moon – White  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
2nd Phase

Creative Work Siddha Yoga

Pradosha Vrata (Fasting)

Bhuloka Day

5

Wednesday, May 24, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Sobhana Yoga Visti\*/Sakuni\* Karana Chaturdashyam TitauMilan, Italy  
Sun 12 Sutra 37

Mesha Rasi: 16.1 Tihi 29

Gulika 10:27AM – 12:21PM  
Yama 6:39AM – 8:33AM  
Rahu 12:21PM – 2:14PMBharani Until 10:40PM  
Sobhana Until 10:58PM  
Visti Until 2:29PM  
Chaturdashi\* Until 12:36AM ThuGanesha: Light Blue Sunrise: 4:45AM  
Muruga: Blue Sunset: 7:56PM  
Nataraja: Purple  
Moon – White  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
2nd PhaseCreative Work Siddha Yoga  
Until 10:40PM

Then Creative Work - Amrita Yoga

Bhuloka Day

●

Thursday, May 25, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Athiganda\* Yoga Catuspada\*/Naga\* Karana Amavasyayam TitauMilan, Italy  
Sun 13 Sutra 38

Vrishabha Rasi: 1.17 Tihi 30

Gulika 8:32AM – 10:27AM  
Yama 4:44AM – 6:38AM  
Rahu 2:15PM – 4:09PMKrittika Until 7:32PM  
Athiganda\* Until 6:43PM  
Catuspada Until 10:43AM  
Amavasya\* Until 8:46PMGanesha: Purple Sunrise: 4:44AM  
Muruga: Blue Sunset: 7:57PM  
Nataraja: Purple  
Moon – White  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
Amavasya

Routine Work Marana Yoga

Bhuloka Day

Friday, May 26, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Kintughna\*/Balava Karana Prathama/Dvililyayam TitauMilan, Italy  
Sun 14 Sutra 39

Vrishabha Rasi: 16.34 Tihi 1 – 2

Gulika 6:38AM – 8:32AM  
Yama 4:09PM – 6:04PM  
Rahu 10:26AM – 12:21PMRohini Until 4:37PM  
Sukarma Until 2:25PM  
Kintughna Until 6:50AM  
Prathama\* Until 4:53PMGanesha: Light Blue Sunrise: 4:43AM  
Muruga: Blue Sunset: 7:58PM  
Nataraja: Purple  
Moon – Yellow  
Jyeshtha-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
Prathama

Routine Work Marana Yoga

Until 4:37PM

Then Creative Work - Siddha Yoga

Bhuloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

|                    |             |                               |                 |                                |                         |  |                    |                                    |
|--------------------|-------------|-------------------------------|-----------------|--------------------------------|-------------------------|--|--------------------|------------------------------------|
| <b>1</b>           |             | <b>Saturday, May 27, 2017</b> |                 |                                |                         | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                    | Milan, Italy<br>Sun 15<br>Sutra 40 |
| Mithuna Rasi: 1.48 | Tithi 2 – 3 | <b>Gulika</b>                 | 4:43AM – 6:37AM | <b>Mrigashira</b> Until 1:42PM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:43AM   | Hemalamba 5119     |                                    |
|                    |             | <b>Yama</b>                   | 2:15PM – 4:10PM | Dhriti Until 10:14AM           | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:59PM  | Moon 5 - Phase 6   |                                    |
| Creative Work      | Siddha Yoga | 334481369                     | <b>Rahu</b>     | 8:32AM – 10:26AM               | <b>Nataraja:</b> Purple |  | 3rd Phase          |                                    |
|                    |             |                               |                 | Taitila Until 11:23PM          | Moon – Yellow           |  |                    |                                    |
|                    |             |                               |                 | <b>Dvitiya</b> Until 1:08PM    | <b>Jyeshtha-Vaikasi</b> |  | <b>Bhuloka Day</b> |                                    |

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|--------------------|-------------|-----------------------------|------------------|-----------------------------|-------------------------|---|--------------------|------------------------------------|
| <b>2</b>           |             | <b>Sunday, May 28, 2017</b> |                  |                             |                         | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                    | Milan, Italy<br>Sun 16<br>Sutra 41 |
| Mithuna Rasi: 16.5 | Tithi 3 – 4 | <b>Gulika</b>               | 4:10PM – 6:05PM  | <b>Ardra</b> Until 10:58AM  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:42AM  | Hemalamba 5119     |                                    |
|                    |             | <b>Yama</b>                 | 12:21PM – 2:16PM | Shula* Until 6:16AM         | <b>Muruga:</b> Blue     | <i>Sunset:</i> 8:00PM   | Moon 5 - Phase 6   |                                    |
| Creative Work      | Siddha Yoga | 334481369                   | <b>Rahu</b>      | 6:05PM – 8:00PM             | <b>Nataraja:</b> Purple |   | 3rd Phase          |                                    |
|                    |             |                             |                  | Vanija Until 8:09PM         | Moon – Yellow           |   |                    |                                    |
|                    |             |                             |                  | <b>Tritiya</b> Until 9:42AM | <b>Jyeshtha-Vaikasi</b> |   | <b>Bhuloka Day</b> |                                    |

|                                  |             |                             |                   |                                |                         |   |                    |                                    |
|----------------------------------|-------------|-----------------------------|-------------------|--------------------------------|-------------------------|---|--------------------|------------------------------------|
| <b>3</b>                         |             | <b>Monday, May 29, 2017</b> |                   |                                |                         | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vriddhi Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau |                    | Milan, Italy<br>Sun 17<br>Sutra 42 |
| Kataka Rasi: 1.32                | Tithi 4 – 5 | <b>Gulika</b>               | 2:16PM – 4:11PM   | <b>Punarvasu</b> Until 8:59AM  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:41AM  | Hemalamba 5119     |                                    |
| <b>Family Home Evening</b>       |             | <b>Yama</b>                 | 10:26AM – 12:21PM | Vriddhi Until 11:35PM          | <b>Muruga:</b> Blue     | <i>Sunset:</i> 8:01PM   | Moon 5 - Phase 6   |                                    |
| Creative Work                    | Amrita Yoga | 345481369                   | <b>Rahu</b>       | 6:36AM – 8:31AM                | <b>Nataraja:</b> Purple |   | 3rd Phase          |                                    |
| Until 8:59AM                     |             |                             |                   | Balava Until 4:21AM Tue        | Moon – Blue             |   |                    |                                    |
| Then Creative Work - Siddha Yoga |             |                             |                   | <b>Chaturthi*</b> Until 6:43AM | <b>Jyeshtha-Vaikasi</b> |   | <b>Bhuloka Day</b> |                                    |

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|--------------------|-------------|------------------------------|------------------|-----------------------------------|-------------------------|---|--------------------|------------------------------------|
| <b>4</b>           |             | <b>Tuesday, May 30, 2017</b> |                  |                                   |                         | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau |                    | Milan, Italy<br>Sun 18<br>Sutra 43 |
| Kataka Rasi: 15.47 | Tithi 6     | <b>Gulika</b>                | 12:21PM – 2:16PM | <b>Pushya</b> Until 7:29AM        | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:40AM  | Hemalamba 5119     |                                    |
|                    |             | <b>Yama</b>                  | 8:31AM – 10:26AM | Dhruva Until 9:02PM               | <b>Muruga:</b> Blue     | <i>Sunset:</i> 8:02PM   | Moon 5 - Phase 6   |                                    |
| Creative Work      | Siddha Yoga | 345481369                    | <b>Rahu</b>      | 4:12PM – 6:07PM                   | <b>Nataraja:</b> Purple |   | 3rd Phase          |                                    |
|                    |             |                              |                  | Kaulava Until 3:27PM              | Moon – Blue             |   |                    |                                    |
|                    |             |                              |                  | <b>Shashthi*</b> Until 2:42AM Wed | <b>Jyeshtha-Vaikasi</b> |   | <b>Bhuloka Day</b> |                                    |

|                    |             |                                |                   |                                 |                         |   |                    |                                    |
|--------------------|-------------|--------------------------------|-------------------|---------------------------------|-------------------------|---|--------------------|------------------------------------|
| <b>5</b>           |             | <b>Wednesday, May 31, 2017</b> |                   |                                 |                         | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau |                    | Milan, Italy<br>Sun 19<br>Sutra 44 |
| Kataka Rasi: 29.35 | Tithi 7     | <b>Gulika</b>                  | 10:26AM – 12:21PM | <b>Ashlesha*</b> Until 6:34AM   | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:40AM  | Hemalamba 5119     |                                    |
|                    |             | <b>Yama</b>                    | 6:35AM – 8:31AM   | Vyaghata* Until 7:07PM          | <b>Muruga:</b> Blue     | <i>Sunset:</i> 8:03PM   | Moon 5 - Phase 6   |                                    |
| Creative Work      | Siddha Yoga | 345481369                      | <b>Rahu</b>       | 12:21PM – 2:17PM                | <b>Nataraja:</b> Purple |   | 3rd Phase          |                                    |
|                    |             |                                |                   | Gara Until 2:11PM               | Moon – Blue             |   |                    |                                    |
|                    |             |                                |                   | <b>Saptami</b> Until 1:50AM Thu | <b>Jyeshtha-Vaikasi</b> |   | <b>Bhuloka Day</b> |                                    |

|                                  |             |                               |                  |                                  |                         |  |                    |                                    |
|----------------------------------|-------------|-------------------------------|------------------|----------------------------------|-------------------------|--|--------------------|------------------------------------|
| <b>Retreat Star</b>              |             | <b>Thursday, June 1, 2017</b> |                  |                                  |                         | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau |                    | Milan, Italy<br>Sun 20<br>Sutra 45 |
| Simha Rasi: 12.56                | Tithi 8     | <b>Gulika</b>                 | 8:30AM – 10:26AM | <b>Magha*</b> Until 6:43AM       | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:39AM   | Hemalamba 5119     |                                    |
|                                  |             | <b>Yama</b>                   | 4:39AM – 6:35AM  | Harshana Until 5:51PM            | <b>Muruga:</b> Blue     | <i>Sunset:</i> 8:04PM  | Moon 5 - Phase 6   |                                    |
| Creative Work                    | Amrita Yoga | 355481369                     | <b>Rahu</b>      | 2:17PM – 4:13PM                  | <b>Nataraja:</b> Purple |  | Ashtami            |                                    |
| Until 6:43AM                     |             |                               |                  | Visti Until 1:42PM               | Moon – Red              |  |                    |                                    |
| Then Creative Work - Siddha Yoga |             |                               |                  | <b>Ashtami*</b> Until 1:44AM Fri | <b>Jyeshtha-Vaikasi</b> | Devaloka Time: 6:AM to 9:AM  | <b>Bhuloka Day</b> |                                    |

|                     |             |                             |                 |                                   |                         |   |                    |                                    |
|---------------------|-------------|-----------------------------|-----------------|-----------------------------------|-------------------------|---|--------------------|------------------------------------|
| <b>Retreat Star</b> |             | <b>Friday, June 2, 2017</b> |                 |                                   |                         | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau |                    | Milan, Italy<br>Sun 21<br>Sutra 46 |
| Simha Rasi: 25.52   | Tithi 9     | <b>Gulika</b>               | 6:34AM – 8:30AM | <b>Purvaphalguni</b> Until 7:29AM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:39AM  | Hemalamba 5119     |                                    |
|                     |             | <b>Yama</b>                 | 4:13PM – 6:09PM | Vajra* Until 5:09PM               | <b>Muruga:</b> Blue     | <i>Sunset:</i> 8:05PM   | Moon 5 - Phase 6   |                                    |
| Creative Work       | Siddha Yoga | 355481369                   | <b>Rahu</b>     | 10:26AM – 12:22PM                 | <b>Nataraja:</b> Purple |   | Navami             |                                    |
|                     |             |                             |                 | Balava Until 1:59PM               | Moon – Red              |   |                    |                                    |
|                     |             |                             |                 | <b>Navami*</b> Until 2:22AM Sat   | <b>Jyeshtha-Vaikasi</b> | Devaloka Time: 6:AM to 9:AM   | <b>Bhuloka Day</b> |                                    |

# 1

## Saturday, June 3, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatipata\* Yoga Tailila/Gara Karana Dashamyam Titau

Milan, Italy  
Sun 22 Sutra 47

Kanya Rasi: 8.28      Tithi 10  
355481369

**Gulika** 4:38AM – 6:34AM  
Yama 2:18PM – 4:14PM  
**Rahu** 8:30AM – 10:26AM

**Uttaraphalguni Until 8:46AM**  
Siddhi Until 4:59PM  
Tailila Until 2:56PM  
Dashami Until 3:35AM Sun

**Ganesha:** Clear      *Sunrise:* 4:38AM  
**Muruga:** Blue      *Sunset:* 8:05PM  
**Nataraja:** Purple  
Moon – Red  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 7  
4th Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Routine Work      Marana Yoga

# 2

## Sunday, June 4, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visti\* Karana Ekadashyam Titau

Milan, Italy  
Sun 23 Sutra 48

Kanya Rasi: 20.49      Tithi 11  
365481369

**Gulika** 4:14PM – 6:10PM  
Yama 12:22PM – 2:18PM  
**Rahu** 6:10PM – 8:06PM

**Hasta Until 10:55AM**  
Vyatipata\* Until 5:13PM  
Vanija Until 4:24PM  
Ekadashi Until 5:16AM Mon

**Ganesha:** White      *Sunrise:* 4:38AM  
**Muruga:** Blue      *Sunset:* 8:06PM  
**Nataraja:** Purple  
Moon – Green  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 7  
4th Phase

**Bhuloka Day**

Creative Work      Amrita Yoga  
Until 10:55AM  
Then Creative Work - Siddha Yoga

# 3

## Monday, June 5, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Variyan/Parigha\* Yoga Bava Karana Dvadashyam Titau

Milan, Italy  
Sun 24 Sutra 49

Tula Rasi: 2.59      Tithi 12  
365481361

**Gulika** 2:18PM – 4:14PM  
Yama 10:26AM – 12:22PM  
**Rahu** 6:33AM – 8:30AM

**Chitra Until 1:18PM**  
Variyan Until 5:43PM  
Bava Until 6:15PM  
Dvadashi Until 7:16AM Tue

**Ganesha:** White      *Sunrise:* 4:37AM  
**Muruga:** Blue      *Sunset:* 8:07PM  
**Nataraja:** White  
Moon – Green  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 7  
4th Phase

**Bhuloka Day**

Routine Work      Prabalarishta Yoga  
Until 1:18PM  
Then Creative Work - Amrita Yoga

# 4

## Tuesday, June 6, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Svati/Vishakha Nakshatra Parigha\* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Milan, Italy  
Sun 25 Sutra 50

Tula Rasi: 15.01      Tithi 12 – 13  
365481361

**Gulika** 12:22PM – 2:19PM  
Yama 8:30AM – 10:26AM  
**Rahu** 4:15PM – 6:11PM

**Svati Until 3:48PM**  
Parigha\* Until 6:26PM  
Kaulava Until 8:22PM  
Dvadashi Until 7:16AM  
*Pradosha Vrata*

**Ganesha:** White      *Sunrise:* 4:37AM  
**Muruga:** Blue      *Sunset:* 8:08PM  
**Nataraja:** White  
Moon – Green  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 7  
4th Phase

**Bhuloka Day**

Creative Work      Siddha Yoga  
Until 3:48PM  
Then Routine Work - Marana Yoga

# 5

## Wednesday, June 7, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Shiva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau

Milan, Italy  
Sun 26 Sutra 51

Tula Rasi: 26.58      Tithi 13 – 14  
376481361

**Gulika** 10:26AM – 12:22PM  
Yama 6:33AM – 8:29AM  
**Rahu** 12:22PM – 2:19PM

**Vishakha Until 6:47PM**  
Shiva Until 7:17PM  
Gara Until 10:38PM  
Trayodashi Until 9:28AM

**Ganesha:** White      *Sunrise:* 4:36AM  
**Muruga:** Blue      *Sunset:* 8:08PM  
**Nataraja:** White  
Moon – Orange  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 7  
4th Phase

**Devaloka Day**

Creative Work      Siddha Yoga  
Vaikasi Visakam

# 0

## Thursday, June 8, 2017

### Copper Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Siddha Yoga Vanija/Visti\* Karana Chaturdashi/Purnimayam Titau

Milan, Italy  
Sun 27 Sutra 52

Vrischika Rasi: 8.53      Tithi 14 – 15  
376481361

**Gulika** 8:29AM – 10:26AM  
Yama 4:36AM – 6:33AM  
**Rahu** 2:19PM – 4:16PM

**Anuradha Until 9:42PM**  
Siddha Until 8:11PM  
Visti Until 12:59AM Fri  
Chaturdashi\* Until 11:47AM

**Ganesha:** White      *Sunrise:* 4:36AM  
**Muruga:** Blue      *Sunset:* 8:09PM  
**Nataraja:** White  
Moon – Orange  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 7  
Purnima

**Devaloka Day**

Creative Work      Siddha Yoga  
Until 9:42PM  
Then Routine Work - Prabalarishta Yoga

## Friday, June 9, 2017

### Silver Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\* Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Milan, Italy  
Sun 28 Sutra 53

Vrischika Rasi: 20.46      Tithi 15 – 16  
376481361

**Gulika** 6:33AM – 8:29AM  
Yama 4:16PM – 6:13PM  
**Rahu** 10:26AM – 12:23PM

**Jyeshtha\* Until 12:28AM Sat**  
Sadhya Until 9:06PM  
Balava Until 3:20AM Sat  
Purnima\* Until 2:08PM

**Ganesha:** White      *Sunrise:* 4:36AM  
**Muruga:** Blue      *Sunset:* 8:10PM  
**Nataraja:** White  
Moon – Orange  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 7  
Prathama

**Devaloka Day**

Routine Work      Marana Yoga  
Until 12:28AM Sat  
Then Creative Work - Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Saturday, June 10, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy

Sutra 54

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Dhanus Rasi: 2.39    Tiithi 16 - 17

386481361

**Gulika** 4:36AM - 6:32AM

**Yama** 2:20PM - 4:17PM

**Rahu** 8:29AM - 10:26AM

**Mula\* Until 3:31AM Sun**

Subha Until 10:01PM

Taitila Until 5:38AM Sun

**Prathama\* Until 4:29PM**

**Ganesha:** Yellow    *Sunrise:* 4:36AM

**Muruga:** Blue    *Sunset:* 8:10PM

**Nataraja:** White

Moon - Light Blue

**Jyeshtha-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

Sunday, June 11, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla Yoga Gara Karana Dvitiyayam Titau

Milan, Italy

Sun 1    Sutra 55

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Dhanus Rasi: 14.33    Tiithi 17

386481361

**Gulika** 4:17PM - 6:14PM

**Yama** 12:23PM - 2:20PM

**Rahu** 6:14PM - 8:11PM

**Purvashadha\* Until 6:17AM Mon**

Sukla Until 10:49PM

Gara Until 6:44PM

**Dvitiya Until 6:44PM**

**Ganesha:** Yellow    *Sunrise:* 4:35AM

**Muruga:** Blue    *Sunset:* 8:11PM

**Nataraja:** White

Moon - Light Blue

**Jyeshtha-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

Until 6:17AM Mon

Then Routine Work - Marana Yoga

Monday, June 12, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Milan, Italy

Sun 2    Sutra 56

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Dhanus Rasi: 26.31    Tiithi 18

386481361

**Gulika** 2:20PM - 4:17PM

**Yama** 10:26AM - 12:23PM

**Rahu** 6:32AM - 8:29AM

**Purvashadha\* Until 6:17AM**

Brahma Until 11:30PM

Vanija Until 7:49AM

**Tritiya Until 8:48PM**

**Ganesha:** Yellow    *Sunrise:* 4:35AM

**Muruga:** Blue    *Sunset:* 8:11PM

**Nataraja:** White

Moon - Light Blue

**Jyeshtha-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work    Marana Yoga

Tuesday, June 13, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy

Sun 3    Sutra 57

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Makara Rasi: 8.34    Tiithi 19

386481361

**Gulika** 12:24PM - 2:21PM

**Yama** 8:29AM - 10:26AM

**Rahu** 4:18PM - 6:15PM

**Uttarashadha Until 8:40AM**

Indra Until 11:57PM

Bava Until 9:45AM

**Chaturthi\* Until 10:34PM**

**Ganesha:** Yellow    *Sunrise:* 4:35AM

**Muruga:** Blue    *Sunset:* 8:12PM

**Nataraja:** White

Moon - Light Blue

**Jyeshtha-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work    Prabalarishta Yoga

Until 8:40AM

Then Creative Work - Siddha Yoga

Wednesday, June 14, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy

Sun 4    Sutra 58

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Makara Rasi: 20.44    Tiithi 20

397481361

**Gulika** 10:27AM - 12:24PM

**Yama** 6:32AM - 8:29AM

**Rahu** 12:24PM - 2:21PM

**Shravana Until 11:03AM**

Vaidhriti\* Until 12:02AM Thu

Kaulava Until 11:20AM

**Panchami Until 11:55PM**

**Ganesha:** Yellow    *Sunrise:* 4:35AM

**Muruga:** Blue    *Sunset:* 8:12PM

**Nataraja:** White

Moon - Purple

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

Until 11:03AM

Then Routine Work - Prabalarishta Yoga

Thursday, June 15, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkamba\* Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy

Sun 5    Sutra 59

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Kumbha Rasi: 3.07    Tiithi 21

397481361

**Gulika** 8:29AM - 10:27AM

**Yama** 4:35AM - 6:32AM

**Rahu** 2:21PM - 4:18PM

**Dhanishtha Until 12:46PM**

Vishkamba\* Until 11:41PM

Gara Until 12:25PM

**Shashthi\* Until 12:43AM Fri**

**Ganesha:** Yellow    *Sunrise:* 4:35AM

**Muruga:** Blue    *Sunset:* 8:13PM

**Nataraja:** White

Moon - Purple

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

Friday, June 16, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti Yoga Visti\*/Bava Karana Saptamyam Titau

Milan, Italy

Sun 6    Sutra 60

Hemalamba 5119

Moon 6 - Phase 8

1st Phase

Kumbha Rasi: 15.46    Tiithi 22

397481361

**Gulika** 6:32AM - 8:30AM

**Yama** 4:19PM - 6:16PM

**Rahu** 10:27AM - 12:24PM

**Shatabhishak Until 1:44PM**

Priti Until 10:50PM

Visti Until 12:52PM

**Saptami Until 12:49AM Sat**

**Ganesha:** Yellow    *Sunrise:* 4:35AM

**Muruga:** Blue    *Sunset:* 8:13PM

**Nataraja:** White

Moon - Purple

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

Saturday, June 17, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy

Sun 7    Sutra 61

Hemalamba 5119

Moon 6 - Phase 8

Ashtami

Kumbha Rasi: 28.44    Tiithi 23

317481361

**Gulika** 4:35AM - 6:32AM

**Yama** 2:22PM - 4:19PM

**Rahu** 8:30AM - 10:27AM

**Purvaproshtapada\* Until 2:18PM**

Ayushman Until 9:22PM

Balava Until 12:37PM

**Ashtami\* Until 12:11AM Sun**

**Ganesha:** Clear    *Sunrise:* 4:35AM

**Muruga:** Blue    *Sunset:* 8:14PM

**Nataraja:** White

Moon - Clear

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work    Marana Yoga

Until 2:18PM

Then Creative Work - Siddha Yoga

Sunday, June 18, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy

Sun 8    Sutra 62

Hemalamba 5119

Moon 6 - Phase 8

Navami

Meena Rasi: 12.07    Tiithi 24

317481361

**Gulika** 4:19PM - 6:17PM

**Yama** 12:25PM - 2:22PM

**Rahu** 6:17PM - 8:14PM

**Uttaraproshtapada Until 1:58PM**

Saubhagya Until 7:17PM

Taitila Until 11:35AM

**Navami\* Until 10:47PM**

**Ganesha:** Clear    *Sunrise:* 4:35AM

**Muruga:** Blue    *Sunset:* 8:14PM

**Nataraja:** White

Moon - Clear

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga


Father's Day

|                            |  |                              |  |   |                             |  |                             |                    |  |
|----------------------------|--|------------------------------|--|---|-----------------------------|--|-----------------------------|--------------------|--|
| <b>1</b>                   |  | <b>Monday, June 19, 2017</b> |  |   |                             | Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam |                             | Milan, Italy       |  |
| Meena Rasi: 25.56          |  | Tithi 25                     |  | Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau |                             | Sun 9  |                             | Sutra 63           |  |
| <b>Family Home Evening</b> |  | 317481361                    |  | <b>Gulika</b> 2:22PM – 4:20PM   | <b>Revati Until 12:44PM</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:35AM      | Hemalamba 5119     |  |
| Creative Work              |  | Siddha Yoga                  |  | Yama 10:27AM – 12:25PM  | Sobhana Until 4:38PM        | <b>Muruga:</b> Blue  | <i>Sunset:</i> 8:14PM       | Moon 6 - Phase 9   |  |
|                            |  |                              |  | <b>Rahu</b> 6:33AM – 8:30AM   | Vanija Until 9:49AM         | <b>Nataraja:</b> White   |                             | 2nd Phase          |  |
|                            |  |                              |  |   | <b>Dashami Until 8:40PM</b> | Moon – Clear   |                             | <b>Bhuloka Day</b> |  |
|                            |  |                              |  |   |                             | <b>Jyeshtha•Ani</b>  | Devaloka Time: 6:AM to 9:AM |                    |  |

|                   |  |                               |  |   |                                |   |                        |                        |                    |
|-------------------|--|-------------------------------|--|---|--------------------------------|---|------------------------|------------------------|--------------------|
| <b>2</b>          |  | <b>Tuesday, June 20, 2017</b> |  |   |                                | Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam |                        | Milan, Italy           |                    |
| Mesha Rasi: 10.13 |  | Tithi 26 – 27                 |  | Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                | Sun 10  |                        | Sutra 64               |                    |
| Creative Work     |  | Siddha Yoga                   |  | 327481361   | <b>Gulika</b> 12:25PM – 2:22PM | <b>Ashvini Until 11:09AM</b>  | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:35AM | Hemalamba 5119     |
|                   |  |                               |  |   | Yama 8:30AM – 10:28AM          | Athiganda* Until 1:26PM   | <b>Muruga:</b> Blue    | <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 9   |
|                   |  |                               |  |   | <b>Rahu</b> 4:20PM – 6:17PM    | Bava Until 7:23AM   | <b>Nataraja:</b> White |                        | 2nd Phase          |
|                   |  |                               |  |   |                                | <b>Ekadashi* Until 5:55PM</b>   | Moon – White           |                        | <b>Bhuloka Day</b> |
|                   |  |                               |  |   |                                |   | <b>Jyeshtha•Ani</b>    |                        |                    |

|                                  |  |                                 |  |  |                                 |   |                        |                        |                    |
|----------------------------------|--|---------------------------------|--|--|---------------------------------|---|------------------------|------------------------|--------------------|
| <b>3</b>                         |  | <b>Wednesday, June 21, 2017</b> |  |  |                                 | Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam |                        | Milan, Italy           |                    |
| Mesha Rasi: 24.53                |  | Tithi 27 – 28                   |  | Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                                 | Sun 11  |                        | Sutra 65               |                    |
| Creative Work                    |  | Siddha Yoga                     |  | 328581361  | <b>Gulika</b> 10:28AM – 12:25PM | <b>Bharani Until 8:52AM</b>   | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:35AM | Hemalamba 5119     |
| Until 8:52AM                     |  |                                 |  |  | Yama 6:33AM – 8:30AM            | Sukarma Until 9:48AM  | <b>Muruga:</b> Blue    | <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 9   |
| Then Creative Work - Amrita Yoga |  |                                 |  |  | <b>Rahu</b> 12:25PM – 2:23PM    | Gara Until 12:57AM Thu  | <b>Nataraja:</b> White |                        | 2nd Phase          |
|                                  |  |                                 |  |  |                                 | <b>Dvadashi* Until 2:41PM</b>   | Moon – White           |                        | <b>Bhuloka Day</b> |
|                                  |  |                                 |  |  |                                 | <i>Pradosha Vrata (Fasting)</i>   | <b>Jyeshtha•Ani</b>    |                        |                    |

|                     |  |                                |  |   |                                |   |                        |                        |                    |
|---------------------|--|--------------------------------|--|---|--------------------------------|---|------------------------|------------------------|--------------------|
| <b>4</b>            |  | <b>Thursday, June 22, 2017</b> |  |   |                                | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam |                        | Milan, Italy           |                    |
| Vrisabha Rasi: 9.52 |  | Tithi 28 – 29                  |  | Krittika/Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                | Sun 12  |                        | Sutra 66               |                    |
| Routine Work        |  | Marana Yoga                    |  | 328581361   | <b>Gulika</b> 8:31AM – 10:28AM | <b>Krittika Until 6:04AM</b>  | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:36AM | Hemalamba 5119     |
|                     |  |                                |  |   | Yama 4:36AM – 6:33AM           | Shula* Until 1:42AM Fri   | <b>Muruga:</b> Blue    | <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 9   |
|                     |  |                                |  |   | <b>Rahu</b> 2:23PM – 4:20PM    | Visti Until 9:15PM  | <b>Nataraja:</b> White |                        | 2nd Phase          |
|                     |  |                                |  |   |                                | <b>Trayodashi* Until 11:07AM</b>  | Moon – White           |                        | <b>Bhuloka Day</b> |
|                     |  |                                |  |   |                                |   | <b>Jyeshtha•Ani</b>    |                        |                    |

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|  |  | <b>Friday, June 23, 2017</b>  |  |           |                               | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam |                        | Milan, Italy           |                    |
| <b>Retreat Star</b>   |  | Mrigashira Nakshatra Ganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |  | Sun 13    |                               | Sutra 67   |                        |                        |                    |
| Vrisabha Rasi: 25.02  |  | Tithi 29 – 30   |  | 338581361 | <b>Gulika</b> 6:33AM – 8:31AM | <b>Mrigashira Until 12:20AM Sat</b>  | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:36AM | Hemalamba 5119     |
| Creative Work   |  | Siddha Yoga   |  |           | Yama 4:20PM – 6:18PM          | Ganda* Until 9:30PM  | <b>Muruga:</b> Blue    | <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 9   |
|   |  |   |  |           | <b>Rahu</b> 10:28AM – 12:26PM | Naga Until 3:34AM Sat  | <b>Nataraja:</b> White |                        | Amavasya           |
|   |  |   |  |           |                               | <b>Chaturdashi* Until 7:21AM</b>   | Moon – Yellow          |                        | <b>Bhuloka Day</b> |
|   |  |   |  |           |                               |  | <b>Jyeshtha•Ani</b>    |                        |                    |

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| <b>Retreat Star</b> |  | <b>Saturday, June 24, 2017</b> |  |   |                               | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam |                        | Milan, Italy                 |                    |
| Mithuna Rasi: 10.14 |  | Tithi 1                        |  | Ardra Nakshatra Vridhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau |                               | Sun 14   |                        | Sutra 68                     |                    |
| Creative Work       |  | Siddha Yoga                    |  | 338582361   | <b>Gulika</b> 4:36AM – 6:34AM | <b>Ardra Until 9:22PM</b>  | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:36AM       | Hemalamba 5119     |
|                     |  |                                |  |   | Yama 2:23PM – 4:21PM          | Vridhi Until 5:23PM  | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:15PM        | Moon 6 - Phase 9   |
|                     |  |                                |  |   | <b>Rahu</b> 8:31AM – 10:28AM  | Kintughna Until 1:44PM   | <b>Nataraja:</b> White |                              | Prathama           |
|                     |  |                                |  |   |                               | <b>Prathama* Until 11:56PM</b>   | Moon – Yellow          |                              | <b>Bhuloka Day</b> |
|                     |  |                                |  |   |                               |  | <b>Ashada•Ani</b>      | Devaloka Time: 12:PM to 3:PM |                    |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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|                                |           |  |                               |  |                              |                 |
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| <b>1 Sunday, June 25, 2017</b> |           | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam |                               |  |                              | Milan, Italy    |
| Mithuna Rasi: 25.17 Tithi 2    |           | Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau                   |                               |  |                              | Sun 15 Sutra 69 |
| Creative Work Siddha Yoga      | 348582361 | <b>Gulika</b> 4:21PM – 6:18PM  | <b>Punarvasu</b> Until 6:58PM | <b>Ganesha:</b> White <i>Sunrise:</i> 4:37AM | Hemalamba 5119               |                 |
|                                |           | Yama 12:26PM – 2:23PM  | Dhruva Until 1:29PM           | <b>Muruga:</b> Yellow <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 10            |                 |
|                                |           | <b>Rahu</b> 6:18PM – 8:15PM  | Balava Until 10:14AM          | <b>Nataraja:</b> White                       | 3rd Phase                    |                 |
|                                |           |  | <b>Dvitiya</b> Until 8:37PM   | Moon – Blue                                  | <b>Bhuloka Day</b>           |                 |
|                                |           |  |                               | <b>Ashada*Ani</b>                            | Devaloka Time: 12:PM to 3:PM |                 |

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| <b>2 Monday, June 26, 2017</b> |           | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam |                             |  |                              | Milan, Italy    |
| Kataka Rasi: 10.04 Tithi 3 – 4 |           | Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Tailita/Vanija Karana Tritiya/Chaturtham Titau |                             |  |                              | Sun 16 Sutra 70 |
| Family Home Evening            | 348582361 | <b>Gulika</b> 2:24PM – 4:21PM   | <b>Pushya</b> Until 4:55PM  | <b>Ganesha:</b> White <i>Sunrise:</i> 4:37AM | Hemalamba 5119               |                 |
|                                |           | Yama 10:29AM – 12:26PM  | Vyaghata* Until 9:57AM      | <b>Muruga:</b> Yellow <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 10            |                 |
|                                |           | <b>Rahu</b> 6:34AM – 8:32AM   | Tailita Until 7:08AM        | <b>Nataraja:</b> White                       | 3rd Phase                    |                 |
|                                |           |   | <b>Tritiya</b> Until 5:46PM | Moon – Blue                                  | <b>Bhuloka Day</b>           |                 |
|                                |           |   |                             | <b>Ashada*Ani</b>                            | Devaloka Time: 12:PM to 3:PM |                 |

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| <b>3 Tuesday, June 27, 2017</b> |           | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam |                                |   |                     | Milan, Italy    |
| Kataka Rasi: 24.26 Tithi 4 – 5  |           | Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau        |                                |   |                     | Sun 17 Sutra 71 |
| Creative Work Siddha Yoga       | 349582361 | <b>Gulika</b> 12:26PM – 2:24PM   | <b>Ashlesha*</b> Until 3:20PM  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:37AM | Hemalamba 5119      |                 |
|                                 |           | Yama 8:32AM – 10:29AM  | Harshana Until 6:54AM          | <b>Muruga:</b> Yellow <i>Sunset:</i> 8:15PM   | Moon 6 - Phase 10   |                 |
|                                 |           | <b>Rahu</b> 4:21PM – 6:18PM  | Bava Until 2:44AM Wed          | <b>Nataraja:</b> White                        | 3rd Phase           |                 |
|                                 |           |  | <b>Chaturthi*</b> Until 3:33PM | Moon – Blue                                   | <b>Devaloka Day</b> |                 |
|                                 |           |  |                                | <b>Ashada*Ani</b>                             |                     |                 |

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| <b>4 Wednesday, June 28, 2017</b> |           | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam |                              |  |                     | Milan, Italy    |
| Simha Rasi: 8.21 Tithi 5 – 6      |           | Magha*/Purvaphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau        |                              |  |                     | Sun 18 Sutra 72 |
| Creative Work Siddha Yoga         | 359582361 | <b>Gulika</b> 10:29AM – 12:27PM  | <b>Magha*</b> Until 2:46PM   | <b>Ganesha:</b> White <i>Sunrise:</i> 4:38AM | Hemalamba 5119      |                 |
|                                   |           | Yama 6:35AM – 8:32AM   | Siddhi Until 2:33AM Thu      | <b>Muruga:</b> Yellow <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 10   |                 |
|                                   |           | <b>Rahu</b> 12:27PM – 2:24PM   | Kaulava Until 1:39AM Thu     | <b>Nataraja:</b> White                       | 3rd Phase           |                 |
|                                   |           |  | <b>Panchami</b> Until 2:05PM | Moon – Red                                   | <b>Sivaloka Day</b> |                 |
|                                   |           |  |                              | <b>Ashada*Ani</b>                            |                     |                 |

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| <b>5 Thursday, June 29, 2017</b> |           | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam   |                                   |  |                     | Milan, Italy    |
| Simha Rasi: 21.48 Tithi 6 – 7    |           | Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau |                                   |  |                     | Sun 19 Sutra 73 |
| Creative Work Siddha Yoga        | 359582361 | <b>Gulika</b> 8:33AM – 10:30AM  | <b>Purvaphalguni</b> Until 2:52PM | <b>Ganesha:</b> White <i>Sunrise:</i> 4:38AM | Hemalamba 5119      |                 |
|                                  |           | Yama 4:38AM – 6:35AM  | Vyatipata* Until 1:22AM Fri       | <b>Muruga:</b> Yellow <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 10   |                 |
|                                  |           | <b>Rahu</b> 2:24PM – 4:21PM   | Gara Until 1:24AM Fri             | <b>Nataraja:</b> White                       | 3rd Phase           |                 |
|                                  |           |   | <b>Shashthi*</b> Until 1:24PM     | Moon – Red                                   | <b>Sivaloka Day</b> |                 |
|                                  |           |   |                                   | <b>Ashada*Ani</b>                            |                     |                 |

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| <b>Friday, June 30, 2017</b> |           | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |                                    |  |                     | Milan, Italy    |
| Kanya Rasi: 4.49 Tithi 7 – 8 |           | Uttaraphalguni/Hasta Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau           |                                    |  |                     | Sun 20 Sutra 74 |
| Creative Work Siddha Yoga    | 359582361 | <b>Gulika</b> 6:36AM – 8:33AM  | <b>Uttaraphalguni</b> Until 3:36PM | <b>Ganesha:</b> White <i>Sunrise:</i> 4:39AM | Hemalamba 5119      |                 |
|                              |           | Yama 4:21PM – 6:18PM   | Variyan Until 12:46AM Sat          | <b>Muruga:</b> Yellow <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 10   |                 |
|                              |           | <b>Rahu</b> 10:30AM – 12:27PM  | Visti Until 1:55AM Sat             | <b>Nataraja:</b> White                       | Ashtami             |                 |
|                              |           |  | <b>Saptami</b> Until 1:32PM        | Moon – Red                                   | <b>Sivaloka Day</b> |                 |
|                              |           | <b>Chidambaram Abhishekam</b>  |                                    | <b>Ashada*Ani</b>                            |                     |                 |

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| <b>Saturday, July 1, 2017</b> |           | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam |                              |  |                     | Milan, Italy    |
| Kanya Rasi: 17.26 Tithi 8 – 9 |           | Hasta/Chitra Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau                     |                              |  |                     | Sun 21 Sutra 75 |
| Routine Work Marana Yoga      | 369582361 | <b>Gulika</b> 4:39AM – 6:36AM  | <b>Hasta</b> Until 5:22PM    | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:39AM | Hemalamba 5119      |                 |
|                               |           | Yama 2:24PM – 4:21PM   | Parigha* Until 12:44AM Sun   | <b>Muruga:</b> Yellow <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 10   |                 |
|                               |           | <b>Rahu</b> 8:33AM – 10:30AM   | Balava Until 3:07AM Sun      | <b>Nataraja:</b> White                       | Navami              |                 |
|                               |           |  | <b>Ashtami*</b> Until 2:25PM | Moon – Green                                 | <b>Devaloka Day</b> |                 |
|                               |           |  |                              | <b>Ashada*Ani</b>                            |                     |                 |

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| <b>1 Sunday, July 2, 2017</b> |              | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                             |                        |                        | Milan, Italy<br>Sun 22 Sutra 76 |
| Kanya Rasi: 29.47             | Tithi 9 – 10 | <b>Gulika</b> 4:21PM – 6:18PM   | <b>Chitra Until 7:32PM</b>  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:40AM | Hemalamba 5119                  |
|                               |              | Yama 12:27PM – 2:24PM   | Shiva Until 1:08AM Mon      | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 11               |
| Creative Work                 | Siddha Yoga  | 369582361 <b>Rahu</b> 6:18PM – 8:15PM   | Taitila Until 4:50AM Mon    | <b>Nataraja:</b> White |                        | 4th Phase                       |
|                               |              |   | <b>Navami* Until 3:54PM</b> | Moon – Green           |                        | <b>Devaloka Day</b>             |
|                               |              |   |                             | <b>Ashada*Ani</b>      |                        |                                 |

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| <b>2 Monday, July 3, 2017</b>   |               | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                             |                        |                        | Milan, Italy<br>Sun 23 Sutra 77 |
| Tula Rasi: 11.55                | Tithi 10 – 11 | <b>Gulika</b> 2:24PM – 4:21PM  | <b>Svati Until 9:57PM</b>   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:40AM | Hemalamba 5119                  |
| <b>Family Home Evening</b>      |               | Yama 10:31AM – 12:28PM   | Siddha Until 1:48AM Tue     | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:15PM  | Moon 6 - Phase 11               |
| Creative Work                   | Amrita Yoga   | 369582361 <b>Rahu</b> 6:37AM – 8:34AM  | Vanija Until 6:56AM Tue     | <b>Nataraja:</b> White |                        | 4th Phase                       |
| Until 9:57PM                    |               |  | <b>Dashami Until 5:50PM</b> | Moon – Green           |                        | <b>Devaloka Day</b>             |
| Then Routine Work - Marana Yoga |               |  |                             | <b>Ashada*Ani</b>      |                        |                                 |

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| <b>3 Tuesday, July 4, 2017</b>   |             | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau |                                   |                        |                        | Milan, Italy<br>Sun 24 Sutra 78 |
| Tula Rasi: 23.55                 | Tithi 11    | <b>Gulika</b> 12:28PM – 2:24PM   | <b>Vishakha Until 12:57AM Wed</b> | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:41AM | Hemalamba 5119                  |
|                                  |             | Yama 8:34AM – 10:31AM  | Sadhya Until 2:39AM Wed           | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:14PM  | Moon 6 - Phase 11               |
| Routine Work                     | Marana Yoga | 379582361 <b>Rahu</b> 4:21PM – 6:18PM  | Vanija Until 6:56AM               | <b>Nataraja:</b> White |                        | 4th Phase                       |
| Until 12:57AM Wed                |             |  | <b>Ekadashi Until 8:02PM</b>      | Moon – Orange          |                        | <b>Sivaloka Day</b>             |
| Then Creative Work - Siddha Yoga |             |  |                                   | <b>Ashada*Ani</b>      |                        |                                 |

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| <b>4 Wednesday, July 5, 2017</b>       |             | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau |                                  |                        |                        | Milan, Italy<br>Sun 25 Sutra 79 |
| Vrischika Rasi: 5.49                   | Tithi 12    | <b>Gulika</b> 10:31AM – 12:28PM   | <b>Anuradha Until 3:53AM Thu</b> | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:42AM | Hemalamba 5119                  |
|  |             | Yama 6:38AM – 8:35AM  | Subha Until 3:36AM Thu           | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:14PM  | Moon 6 - Phase 11               |
| Creative Work                          | Siddha Yoga | 371582361 <b>Rahu</b> 12:28PM – 2:24PM  | Bava Until 9:13AM                | <b>Nataraja:</b> White |                        | 4th Phase                       |
| Until 3:53AM Thu                       |             |   | <b>Dvadashi Until 10:22PM</b>    | Moon – Orange          |                        | <b>Sivaloka Day</b>             |
| Then Routine Work - Prabalarishta Yoga |             |   |                                  | <b>Ashada*Ani</b>      |                        |                                 |

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| <b>5 Thursday, July 6, 2017</b>  |                    | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                     |                        |                        | Milan, Italy<br>Sun 26 Sutra 80 |
| Vrischika Rasi: 17.42            | Tithi 13           | <b>Gulika</b> 8:35AM – 10:32AM  | <b>Jyeshtha* Until 6:38AM Fri</b>   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:42AM | Hemalamba 5119                  |
|                                  |                    | Yama 4:42AM – 6:39AM  | Sukla Until 4:30AM Fri              | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:14PM  | Moon 6 - Phase 11               |
| Routine Work                     | Prabalarishta Yoga | 471582361 <b>Rahu</b> 2:24PM – 4:21PM   | Kaulava Until 11:35AM               | <b>Nataraja:</b> White |                        | 4th Phase                       |
| Until 6:38AM Fri                 |                    |   | <b>Trayodashi Until 12:44AM Fri</b> | Moon – Orange          |                        | <b>Devaloka Day</b>             |
| Then Creative Work - Amrita Yoga |                    |   | <i>Pradosha Vrata</i>               | <b>Ashada*Ani</b>      |                        |                                 |

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| <b>6 Friday, July 7, 2017</b>    |             | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                        |                        | Milan, Italy<br>Sun 27 Sutra 81 |
| Vrischika Rasi: 29.35            | Tithi 14    | <b>Gulika</b> 6:39AM – 8:36AM  | <b>Jyeshtha* Until 6:38AM</b>        | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:43AM | Hemalamba 5119                  |
|                                  |             | Yama 4:21PM – 6:17PM   | Brahma Until 5:21AM Sat              | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:13PM  | Moon 6 - Phase 11               |
| Routine Work                     | Marana Yoga | 471582361 <b>Rahu</b> 10:32AM – 12:28PM  | Gara Until 1:54PM                    | <b>Nataraja:</b> White |                        | 4th Phase                       |
| Until 6:38AM                     |             |  | <b>Chaturdashi* Until 3:00AM Sat</b> | Moon – Orange          |                        | <b>Devaloka Day</b>             |
| Then Creative Work - Amrita Yoga |             |  |                                      | <b>Ashada*Ani</b>      |                        |                                 |

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| <b>○ Saturday, July 8, 2017</b> |             | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau |                                  |                        |                        | Milan, Italy<br>Sun 28 Sutra 82 |
| <b>Copper Retreat Star</b>      |             | <b>Gulika</b> 4:44AM – 6:40AM   | <b>Mula* Until 9:37AM</b>        | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:44AM | Hemalamba 5119                  |
| Dhanus Rasi: 11.31              | Tithi 15    | Yama 2:24PM – 4:21PM  | Indra Until 6:05AM Sun           | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:13PM  | Moon 6 - Phase 11               |
| Creative Work                   | Siddha Yoga | 481582361 <b>Rahu</b> 8:36AM – 10:32AM  | Visti Until 4:06PM               | <b>Nataraja:</b> White |                        | Purnima                         |
|                                 |             |   | <b>Purnima* Until 5:06AM Sun</b> | Moon – Light Blue      |                        | <b>Sivaloka Day</b>             |
|                                 |             | <b>Satguru Purnima</b>  |                                  | <b>Ashada*Ani</b>      |                        |                                 |

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| <b>Sunday, July 9, 2017</b>      |             | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Balava Karana Prathamayam Titau |                                   |                        |                        | Milan, Italy<br>Sun 29 Sutra 83 |
| <b>Silver Retreat Star</b>       |             | <b>Gulika</b> 4:20PM – 6:16PM   | <b>Purvashadha* Until 12:15PM</b> | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:45AM | Hemalamba 5119                  |
| Dhanus Rasi: 23.31               | Tithi 16    | Yama 12:29PM – 2:24PM   | Indra Until 6:05AM                | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:12PM  | Moon 6 - Phase 11               |
| Creative Work                    | Siddha Yoga | 481582361 <b>Rahu</b> 6:16PM – 8:12PM   | Balava Until 6:05PM               | <b>Nataraja:</b> White |                        | Prathama                        |
| Until 12:15PM                    |             |   | <b>Prathama* Until 6:57AM Mon</b> | Moon – Light Blue      |                        | <b>Sivaloka Day</b>             |
| Then Creative Work - Amrita Yoga |             |   |                                   | <b>Ashada*Ani</b>      |                        |                                 |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





**Monday, July 10, 2017**  
**Gold Retreat Star**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy

Makara Rasi: 5.37 Tihi 16 – 17

**Gulika** 2:24PM – 4:20PM  
Yama 10:33AM – 12:29PM  
**Rahu** 6:41AM – 8:37AM

**Uttarashadha** Until 2:28PM  
Vaidhriti\* Until 6:36AM  
Taitila Until 7:47PM  
**Prathama\*** Until 6:57AM

**Ganesha:** Purple *Sunrise:* 4:45AM  
**Muruga:** Yellow *Sunset:* 8:12PM  
**Nataraja:** White  
Moon – Light Blue  
**Ashada\*Ani**

Sutra 84  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Sivaloka Day**

Family Home Evening 491582361  
Routine Work Marana Yoga  
Until 2:28PM  
Then Creative Work - Amrita Yoga

**1** **Tuesday, July 11, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Milan, Italy

Makara Rasi: 17.5 Tihi 17 – 18

**Gulika** 12:29PM – 2:24PM  
Yama 8:37AM – 10:33AM  
**Rahu** 4:20PM – 6:16PM

**Shravana** Until 4:41PM  
Vishkambha\* Until 6:52AM  
Vanija Until 9:07PM  
**Dvitiya** Until 8:29AM

**Ganesha:** Clear *Sunrise:* 4:46AM  
**Muruga:** Yellow *Sunset:* 8:11PM  
**Nataraja:** White  
Moon – Purple  
**Ashada\*Ani**

Sun 1  
Sutra 85  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

**2** **Wednesday, July 12, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Milan, Italy

Kumbha Rasi: 0.13 Tihi 18 – 19

**Gulika** 10:33AM – 12:29PM  
Yama 6:42AM – 8:38AM  
**Rahu** 12:29PM – 2:24PM

**Dhanishtha** Until 6:20PM  
Priti Until 6:52AM  
Bava Until 10:02PM  
**Tritiya** Until 9:37AM

**Ganesha:** Clear *Sunrise:* 4:47AM  
**Muruga:** Yellow *Sunset:* 8:11PM  
**Nataraja:** White  
Moon – Purple  
**Ashada\*Ani**

Sun 2  
Sutra 86  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day**

Routine Work Prabalarishta Yoga  
Until 6:20PM  
Then Creative Work - Siddha Yoga

**3** **Thursday, July 13, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Kumbha Rasi: 12.48 Tihi 19 – 20

**Gulika** 8:38AM – 10:34AM  
Yama 4:48AM – 6:43AM  
**Rahu** 2:24PM – 4:20PM

**Shatabhishak** Until 7:22PM  
Ayushman Until 6:29AM  
Kaulava Until 10:29PM  
**Chaturthi\*** Until 10:18AM

**Ganesha:** Clear *Sunrise:* 4:48AM  
**Muruga:** Yellow *Sunset:* 8:10PM  
**Nataraja:** White  
Moon – Purple  
**Ashada\*Ani**

Sun 3  
Sutra 87  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

**4** **Friday, July 14, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaprosnthapada\* Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Sashthiyam Titau

Milan, Italy

Kumbha Rasi: 25.37 Tihi 20 – 21

**Gulika** 6:44AM – 8:39AM  
Yama 4:19PM – 6:14PM  
**Rahu** 10:34AM – 12:29PM

**Purvaprosnthapada\*** Until 8:11PM  
Sobhana Until 4:31AM Sat  
Gara Until 10:23PM  
**Panchami** Until 10:29AM

**Ganesha:** Clear *Sunrise:* 4:49AM  
**Muruga:** Yellow *Sunset:* 8:09PM  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Ani**

Sun 4  
Sutra 88  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

**5** **Saturday, July 15, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraprosnthapada Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy

Meena Rasi: 8.43 Tihi 21 – 22

**Gulika** 4:50AM – 6:45AM  
Yama 2:24PM – 4:19PM  
**Rahu** 8:39AM – 10:34AM

**Uttaraprosnthapada** Until 8:18PM  
Athiganda\* Until 2:51AM Sun  
Visti Until 9:43PM  
**Shashthi\*** Until 10:06AM

**Ganesha:** Clear *Sunrise:* 4:50AM  
**Muruga:** Yellow *Sunset:* 8:09PM  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Ani**

Sun 5  
Sutra 89  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga  
Until 8:18PM  
Then Routine Work - Prabalarishta Yoga

**Retreat Star** **Sunday, July 16, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Meena Rasi: 22.07 Tihi 22 – 23

**Gulika** 4:19PM – 6:13PM  
Yama 12:29PM – 2:24PM  
**Rahu** 6:13PM – 8:08PM

**Revati** Until 7:40PM  
Sukarma Until 12:42AM Mon  
Balava Until 8:27PM  
**Saptami** Until 9:08AM

**Ganesha:** Clear *Sunrise:* 4:51AM  
**Muruga:** Yellow *Sunset:* 8:08PM  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Adi**

Sun 6  
Sutra 90  
Hemalamba 5119  
Moon 7 - Phase 12  
Ashtami

**Devaloka Day**

Creative Work Amrita Yoga  
Until 7:40PM  
Then Creative Work - Siddha Yoga

**Retreat Star** **Monday, July 17, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Mesha Rasi: 5.52 Tihi 23 – 24

**Gulika** 2:24PM – 4:18PM  
Yama 10:35AM – 12:29PM  
**Rahu** 6:46AM – 8:40AM

**Ashvini** Until 6:47PM  
Dhriti Until 10:07PM  
Taitila Until 6:38PM  
**Ashtami\*** Until 7:36AM

**Ganesha:** White *Sunrise:* 4:52AM  
**Muruga:** Yellow *Sunset:* 8:07PM  
**Nataraja:** Clear  
Moon – White  
**Ashada\*Adi**

Sun 7  
Sutra 91  
Hemalamba 5119  
Moon 7 - Phase 12  
Navami

**Subha Sivaloka Day**

Creative Work Siddha Yoga


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

|                   |  |                               |  |   |                                 |   |                        |                           |  |
|-------------------|--|-------------------------------|--|---|---------------------------------|---|------------------------|---------------------------|--|
| <b>1</b>          |  | <b>Tuesday, July 18, 2017</b> |  |   |                                 | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam |                        | Milan, Italy              |  |
| Mesha Rasi: 19.57 |  | Tithi 25                      |  | Bharani/Krittika Nakshatra Shula* Yoga Vanija/Visli* Karana Dashamyam Titau |                                 | Sun 8   |                        | Sutra 92                  |  |
| Creative Work     |  | Siddha Yoga                   |  | <b>Gulika</b> 12:29PM – 2:24PM  | <b>Bharani</b> Until 5:13PM     | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:52AM | Hemalamba 5119            |  |
|                   |  |                               |  | Yama 8:41AM – 10:35AM   | Shula* Until 7:05PM             | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 8:06PM  | Moon 7 - Phase 13         |  |
|                   |  | 422682362                     |  | <b>Rahu</b> 4:18PM – 6:12PM   | Vanija Until 4:17PM             | <b>Nataraja:</b> Clear  |                        | 2nd Phase                 |  |
|                   |  |                               |  |   | <b>Dashami</b> Until 2:56AM Wed | Moon – White  |                        | <b>Subha Sivaloka Day</b> |  |
|                   |  |                               |  |   |                                 | <b>Ashada*Adi</b>   |                        |                           |  |

|                                  |  |                                 |  |  |                                |   |                        |                           |  |
|----------------------------------|--|---------------------------------|--|--|--------------------------------|---|------------------------|---------------------------|--|
| <b>2</b>                         |  | <b>Wednesday, July 19, 2017</b> |  |  |                                | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam |                        | Milan, Italy              |  |
| Vrishabha Rasi: 4.22             |  | Tithi 26                        |  | Krittika/Rohini Nakshatra Ganda* Vridhi Yoga Bava/Balava Karana Ekadashyam Titau |                                | Sun 9   |                        | Sutra 93                  |  |
| Creative Work                    |  | Amrita Yoga                     |  | <b>Gulika</b> 10:36AM – 12:30PM  | <b>Krittika</b> Until 3:05PM   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:53AM | Hemalamba 5119            |  |
| Until 3:05PM                     |  |                                 |  | Yama 6:47AM – 8:41AM   | Ganda* Until 3:43PM            | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 8:06PM  | Moon 7 - Phase 13         |  |
| Then Creative Work - Siddha Yoga |  | 422682362                       |  | <b>Rahu</b> 12:30PM – 2:24PM   | Bava Until 1:30PM              | <b>Nataraja:</b> Clear  |                        | 2nd Phase                 |  |
|                                  |  |                                 |  |  | <b>Ekadashi*</b> Until 11:58PM | Moon – White  |                        | <b>Subha Sivaloka Day</b> |  |
|                                  |  |                                 |  |  |                                | <b>Ashada*Adi</b>   |                        |                           |  |

|                       |  |                                |  |  |                               |  |                        |                     |  |
|-----------------------|--|--------------------------------|--|--|-------------------------------|--|------------------------|---------------------|--|
| <b>3</b>              |  | <b>Thursday, July 20, 2017</b> |  |  |                               | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam |                        | Milan, Italy        |  |
| Vrishabha Rasi: 19.04 |  | Tithi 27                       |  | Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvodashyam Titau |                               | Sun 10   |                        | Sutra 94            |  |
| Routine Work          |  | Marana Yoga                    |  | <b>Gulika</b> 8:42AM – 10:36AM   | <b>Rohini</b> Until 12:54PM   | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 4:54AM | Hemalamba 5119      |  |
|                       |  | 422682362                      |  | Yama 4:54AM – 6:48AM   | Vridhi Until 12:06PM          | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:05PM  | Moon 7 - Phase 13   |  |
|                       |  |                                |  | <b>Rahu</b> 2:23PM – 4:17PM  | Kaulava Until 10:23AM         | <b>Nataraja:</b> Clear   |                        | 2nd Phase           |  |
|                       |  |                                |  |  | <b>Dvadashi*</b> Until 8:44PM | Moon – Yellow  |                        | <b>Sivaloka Day</b> |  |
|                       |  |                                |  |  |                               | <b>Ashada*Adi</b>  |                        |                     |  |

|                    |  |                              |  |  |                                 |   |                        |                     |  |
|--------------------|--|------------------------------|--|--|---------------------------------|---|------------------------|---------------------|--|
| <b>4</b>           |  | <b>Friday, July 21, 2017</b> |  |  |                                 | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam |                        | Milan, Italy        |  |
| Mithuna Rasi: 3.56 |  | Tithi 28 – 29                |  | Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau |                                 | Sun 11  |                        | Sutra 95            |  |
| Creative Work      |  | Siddha Yoga                  |  | <b>Gulika</b> 6:49AM – 8:43AM  | <b>Mrigashira</b> Until 10:23AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:55AM | Hemalamba 5119      |  |
|                    |  | 422682362                    |  | Yama 4:17PM – 6:10PM   | Dhruva Until 8:17AM             | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 8:04PM  | Moon 7 - Phase 13   |  |
|                    |  |                              |  | <b>Rahu</b> 10:36AM – 12:30PM  | Gara Until 7:04AM               | <b>Nataraja:</b> Clear  |                        | 2nd Phase           |  |
|                    |  |                              |  |  | <b>Trayodashi*</b> Until 5:21PM | Moon – Yellow   |                        | <b>Sivaloka Day</b> |  |
|                    |  |                              |  |  | <i>Pradosha Vrata (Fasting)</i> | <b>Ashada*Adi</b>   |                        |                     |  |

|   |  |   |  |                               |                                  |   |                        |                     |  |
|---|--|---|--|-------------------------------|----------------------------------|---|------------------------|---------------------|--|
|  |  | <b>Saturday, July 22, 2017</b>  |  |                               |                                  | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam |                        | Milan, Italy        |  |
| <b>Retreat Star</b>   |  | Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  | Sun 12                        |                                  | Sutra 96  |                        | Hemalamba 5119      |  |
| Mithuna Rasi: 18.51   |  | Tithi 29 – 30   |  | <b>Gulika</b> 4:56AM – 6:50AM | <b>Ardra</b> Until 7:41AM        | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:56AM | Moon 7 - Phase 13   |  |
| Creative Work   |  | Siddha Yoga   |  | Yama 2:23PM – 4:16PM          | Harshana Until 12:40AM Sun       | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 8:03PM  | Amavasya            |  |
|   |  | 422682362   |  | <b>Rahu</b> 8:43AM – 10:36AM  | Catuspada Until 12:22AM Sun      | <b>Nataraja:</b> Clear  |                        | <b>Sivaloka Day</b> |  |
|   |  |   |  |                               | <b>Chaturdashi*</b> Until 1:59PM | Moon – Yellow   |                        |                     |  |
|   |  |   |  |                               |                                  | <b>Ashada*Adi</b>   |                        |                     |  |

|                              |  |                     |  |   |                                |   |                        |                     |  |
|------------------------------|--|---------------------|--|---|--------------------------------|---|------------------------|---------------------|--|
| <b>Sunday, July 23, 2017</b> |  | <b>Retreat Star</b> |  |   |                                | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        | Milan, Italy        |  |
| Kataka Rasi: 3.42            |  | Tithi 30 – 1        |  | Pushya Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                | Sun 13  |                        | Sutra 97            |  |
| Creative Work                |  | Siddha Yoga         |  | <b>Gulika</b> 4:16PM – 6:09PM   | <b>Pushya</b> Until 3:13AM Mon | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 4:58AM | Hemalamba 5119      |  |
|                              |  | 422682362           |  | Yama 12:30PM – 2:23PM   | Vajra* Until 9:05PM            | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 8:02PM  | Moon 7 - Phase 13   |  |
|                              |  |                     |  | <b>Rahu</b> 6:09PM – 8:02PM   | Kintughna Until 9:18PM         | <b>Nataraja:</b> Clear  |                        | Prathama            |  |
|                              |  |                     |  |   | <b>Amavasya*</b> Until 10:47AM | Moon – Blue   |                        | <b>Sivaloka Day</b> |  |
|                              |  |                     |  |   |                                | <b>Sravana*Adi</b>  |                        |                     |  |

|                                  |             |                                 |                   |   |                        |                        |                   |                                     |
|----------------------------------|-------------|---------------------------------|-------------------|---|------------------------|------------------------|-------------------|-------------------------------------|
| <b>1</b>                         |             | <b>Monday, July 24, 2017</b>    |                   | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        |                        |                   | Milan, Italy<br>Sun 14<br>Sutra 98  |
| Kataka Rasi: 18.2                | Tithi 1 - 2 | <b>Gulika</b>                   | 2:23PM - 4:15PM   | <b>Ashlesha* Until 1:20AM Tue</b>   | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:59AM | Hemalamba 5119    |                                     |
| <b>Family Home Evening</b>       | 442682362   | Yama                            | 10:37AM - 12:30PM | Siddhi Until 5:49PM   | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:01PM  | Moon 7 - Phase 14 |                                     |
| Creative Work                    | Siddha Yoga | <b>Rahu</b>                     | 6:51AM - 8:44AM   | Balava Until 6:38PM   | <b>Nataraja:</b> Clear |                        | 3rd Phase         |                                     |
|                                  |             |                                 |                   | <b>Prathama* Until 7:53AM</b>   | Moon - Blue            |                        |                   | <b>Sivaloka Day</b>                 |
|                                  |             |                                 |                   |   | <b>Sravana-Adi</b>     |                        |                   |                                     |
| <b>2</b>                         |             | <b>Tuesday, July 25, 2017</b>   |                   | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Tritiyayam Titau        |                        |                        |                   | Milan, Italy<br>Sun 15<br>Sutra 99  |
| Simha Rasi: 2.39                 | Tithi 3     | <b>Gulika</b>                   | 12:30PM - 2:22PM  | <b>Magha* Until 12:20AM Wed</b>   | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:00AM | Hemalamba 5119    |                                     |
|                                  |             | Yama                            | 8:45AM - 10:37AM  | Vyatipata* Until 3:01PM   | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:00PM  | Moon 7 - Phase 14 |                                     |
| Creative Work                    | Siddha Yoga | <b>Rahu</b>                     | 4:15PM - 6:07PM   | Tailila Until 4:29PM  | <b>Nataraja:</b> Clear |                        | 3rd Phase         |                                     |
| Until 12:20AM Wed                |             |                                 |                   | Tritiya Until 3:38AM Wed  | Moon - Red             |                        |                   | <b>Sivaloka Day</b>                 |
| Then Creative Work - Amrita Yoga |             |                                 |                   |   | <b>Sravana-Adi</b>     |                        |                   |                                     |
| <b>3</b>                         |             | <b>Wednesday, July 26, 2017</b> |                   | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturthiyam Titau  |                        |                        |                   | Milan, Italy<br>Sun 16<br>Sutra 100 |
| Simha Rasi: 16.34                | Tithi 4     | <b>Gulika</b>                   | 10:37AM - 12:30PM | <b>Purvaphalguni Until 11:52PM</b>  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:01AM | Hemalamba 5119    |                                     |
|                                  |             | Yama                            | 6:53AM - 8:45AM   | Variyan Until 12:43PM   | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 7:59PM  | Moon 7 - Phase 14 |                                     |
| Creative Work                    | Amrita Yoga | <b>Rahu</b>                     | 12:30PM - 2:22PM  | Vanija Until 3:00PM   | <b>Nataraja:</b> Clear |                        | 3rd Phase         |                                     |
|                                  |             |                                 |                   | <b>Chaturthi* Until 2:31AM Thu</b>  | Moon - Red             |                        |                   | <b>Sivaloka Day</b>                 |
|                                  |             |                                 |                   |   | <b>Sravana-Adi</b>     |                        |                   |                                     |
| <b>4</b>                         |             | <b>Thursday, July 27, 2017</b>  |                   | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Panchamyam Titau        |                        |                        |                   | Milan, Italy<br>Sun 17<br>Sutra 101 |
| Kanya Rasi: 0.04                 | Tithi 5     | <b>Gulika</b>                   | 8:46AM - 10:38AM  | <b>Uttaraphalguni Until 12:00AM Fri</b>   | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:02AM | Hemalamba 5119    |                                     |
|                                  |             | Yama                            | 5:02AM - 6:54AM   | Parigha* Until 11:02AM  | <b>Muruga:</b> Blue    | <i>Sunset:</i> 7:58PM  | Moon 7 - Phase 14 |                                     |
| Amrita Yoga                      |             | <b>Rahu</b>                     | 2:22PM - 4:14PM   | Bava Until 2:16PM   | <b>Nataraja:</b> Clear |                        | 3rd Phase         |                                     |
| Until 12:00AM Fri                |             |                                 |                   | <b>Panchami Until 2:10AM Fri</b>  | Moon - Red             |                        |                   | <b>Devaloka Day</b>                 |
| Then Routine Work - Marana Yoga  |             | <b>Nag Panchami</b>             |                   |   | <b>Sravana-Adi</b>     |                        |                   |                                     |
| <b>5</b>                         |             | <b>Friday, July 28, 2017</b>    |                   | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Shashthiyam Titau             |                        |                        |                   | Milan, Italy<br>Sun 18<br>Sutra 102 |
| Kanya Rasi: 13.08                | Tithi 6     | <b>Gulika</b>                   | 6:55AM - 8:46AM   | <b>Hasta Until 1:12AM Sat</b>   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:03AM | Hemalamba 5119    |                                     |
|                                  |             | Yama                            | 4:13PM - 6:05PM   | Shiva Until 9:59AM  | <b>Muruga:</b> Blue    | <i>Sunset:</i> 7:56PM  | Moon 7 - Phase 14 |                                     |
| Creative Work                    | Amrita Yoga | <b>Rahu</b>                     | 10:38AM - 12:30PM | Kaulava Until 2:18PM  | <b>Nataraja:</b> Clear |                        | 3rd Phase         |                                     |
| Until 1:12AM Sat                 |             |                                 |                   | <b>Shashthi* Until 2:35AM Sat</b>   | Moon - Green           |                        |                   | <b>Sivaloka Day</b>                 |
| Then Routine Work - Marana Yoga  |             |                                 |                   |   | <b>Sravana-Adi</b>     |                        |                   |                                     |
| <b>6</b>                         |             | <b>Saturday, July 29, 2017</b>  |                   | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau                 |                        |                        |                   | Milan, Italy<br>Sun 19<br>Sutra 103 |
| Kanya Rasi: 25.5                 | Tithi 7     | <b>Gulika</b>                   | 5:04AM - 6:55AM   | <b>Chitra Until 2:56AM Sun</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:04AM | Hemalamba 5119    |                                     |
|                                  |             | Yama                            | 2:21PM - 4:12PM   | Siddha Until 9:30AM   | <b>Muruga:</b> Blue    | <i>Sunset:</i> 7:55PM  | Moon 7 - Phase 14 |                                     |
| Routine Work                     | Marana Yoga | <b>Rahu</b>                     | 8:47AM - 10:38AM  | Gara Until 3:05PM   | <b>Nataraja:</b> Clear |                        | 3rd Phase         |                                     |
| Until 2:56AM Sun                 |             |                                 |                   | <b>Saptami Until 3:42AM Sun</b>   | Moon - Green           |                        |                   | <b>Devaloka Day</b>                 |
| Then Creative Work - Siddha Yoga |             |                                 |                   |   | <b>Sravana-Adi</b>     |                        |                   |                                     |
| <b>☾</b>                         |             | <b>Sunday, July 30, 2017</b>    |                   | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau                   |                        |                        |                   | Milan, Italy<br>Sun 20<br>Sutra 104 |
| Tula Rasi: 8.13                  | Tithi 8     | <b>Gulika</b>                   | 4:12PM - 6:03PM   | <b>Svati Until 5:03AM Mon</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:05AM | Hemalamba 5119    |                                     |
|                                  |             | Yama                            | 12:30PM - 2:21PM  | Sadhya Until 9:33AM   | <b>Muruga:</b> Blue    | <i>Sunset:</i> 7:54PM  | Moon 7 - Phase 14 |                                     |
| Creative Work                    | Siddha Yoga | <b>Rahu</b>                     | 6:03PM - 7:54PM   | Visti Until 4:30PM  | <b>Nataraja:</b> Clear |                        | Ashtami           |                                     |
| Until 5:03AM Mon                 |             |                                 |                   | <b>Ashtami* Until 5:23AM Mon</b>  | Moon - Green           |                        |                   | <b>Devaloka Day</b>                 |
| Then Routine Work - Marana Yoga  |             |                                 |                   |   | <b>Sravana-Adi</b>     |                        |                   |                                     |
| <b>☽</b>                         |             | <b>Monday, July 31, 2017</b>    |                   | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha Nakshatra Subha/Sukla Yoga Balava Karana Navamyam Titau                        |                        |                        |                   | Milan, Italy<br>Sun 21<br>Sutra 105 |
| Tula Rasi: 20.23                 | Tithi 9     | <b>Gulika</b>                   | 2:20PM - 4:11PM   | <b>Vishakha Until 7:53AM Tue</b>  | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:06AM | Hemalamba 5119    |                                     |
| <b>Family Home Evening</b>       |             | Yama                            | 10:39AM - 12:30PM | Subha Until 10:01AM   | <b>Muruga:</b> Blue    | <i>Sunset:</i> 7:53PM  | Moon 7 - Phase 14 |                                     |
| Routine Work                     | Marana Yoga | <b>Rahu</b>                     | 6:57AM - 8:48AM   | Balava Until 6:24PM   | <b>Nataraja:</b> Clear |                        | Navami            |                                     |
| Until 7:53AM Tue                 |             |                                 |                   | <b>Navami* Until 7:27AM Tue</b>   | Moon - Orange          |                        |                   | <b>Bhuloka Day</b>                  |
| Then Creative Work - Siddha Yoga |             |                                 |                   |   | <b>Sravana-Adi</b>     |                        |                   | Devaloka Time: 6:PM to 9:PM         |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                                      |  |   |                         |                              |  |   |
|--------------------------------------|--|---|-------------------------|------------------------------|--|---|
| <b>1</b>                             |  | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau |                         |                              |  | Milan, Italy<br>Sun 22<br>Sutra 106<br>Hemalamba 5119 |
| Tuesday, August 1, 2017              |  | <b>Gulika</b>   | <b>12:30PM – 2:20PM</b> | <b>Vishakha Until 7:53AM</b> | <b>Ganesh:</b> Purple <i>Sunrise: 5:07AM</i> |   |
| Vrischika Rasi: 2.23    Tihti 9 – 10 |  | Yama  | 8:48AM – 10:39AM        | Sukla Until 10:44AM          | <b>Muruga:</b> Blue <i>Sunset: 7:52PM</i>    | Moon 7 - Phase 15                                     |
| 473692362                            |  | <b>Rahu</b>   | <b>4:11PM – 6:01PM</b>  | Taitila Until 8:37PM         | <b>Nataraja:</b> Clear                       | 4th Phase   |
| Routine Work    Marana Yoga          |  |   |                         |                              |  | <b>Bhuloka Day</b>                                    |
| Until 7:53AM                         |  |   |                         |                              |  | Devaloka Time: 6:PM to 9:PM                           |
| Then Creative Work - Siddha Yoga     |  |   |                         |                              |  |   |

|  |  |   |                          |                               |  |   |
|--|--|---|--------------------------|-------------------------------|--|---|
| <b>2</b>                               |  | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                          |                               |  | Milan, Italy<br>Sun 23<br>Sutra 107<br>Hemalamba 5119 |
| Wednesday, August 2, 2017              |  | <b>Gulika</b>   | <b>10:39AM – 12:29PM</b> | <b>Anuradha Until 10:46AM</b> | <b>Ganesh:</b> Purple <i>Sunrise: 5:09AM</i> |   |
| Vrischika Rasi: 14.18    Tihti 10 – 11 |  | Yama  | 6:59AM – 8:49AM          | Brahma Until 11:37AM          | <b>Muruga:</b> Blue <i>Sunset: 7:50PM</i>    | Moon 7 - Phase 15                                     |
| 473692362                              |  | <b>Rahu</b>   | <b>12:29PM – 2:20PM</b>  | Vanija Until 10:57PM          | <b>Nataraja:</b> Clear                       | 4th Phase   |
| Creative Work    Siddha Yoga           |  |   |                          |                               |  | <b>Bhuloka Day</b>                                    |
|  |  |   |                          |                               |  | Devaloka Time: 6:PM to 9:PM                           |

|  |  |  |                         |                               |  |   |
|--|--|--|-------------------------|-------------------------------|--|---|
| <b>3</b>                               |  | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                         |                               |  | Milan, Italy<br>Sun 24<br>Sutra 108<br>Hemalamba 5119 |
| Thursday, August 3, 2017               |  | <b>Gulika</b>  | <b>8:50AM – 10:39AM</b> | <b>Jyeshtha* Until 1:30PM</b> | <b>Ganesh:</b> Purple <i>Sunrise: 5:10AM</i> |   |
| Vrischika Rasi: 26.11    Tihti 11 – 12 |  | Yama   | 5:10AM – 7:00AM         | Indra Until 12:33PM           | <b>Muruga:</b> Blue <i>Sunset: 7:49PM</i>    | Moon 7 - Phase 15                                     |
| 473692362                              |  | <b>Rahu</b>  | <b>2:19PM – 4:09PM</b>  | Bava Until 1:16AM Fri         | <b>Nataraja:</b> Clear                       | 4th Phase   |
| Routine Work    Prabalarishta Yoga     |  |  |                         |                               |  | <b>Bhuloka Day</b>                                    |
| Until 1:30PM                           |  |  |                         |                               |  | Devaloka Time: 6:PM to 9:PM                           |
| Then Creative Work - Siddha Yoga       |  |  |                         |                               |  |   |

|  |  |   |                          |                           |   |   |
|--|--|---|--------------------------|---------------------------|---|---|
| <b>4</b>                               |  | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                          |                           |   | Milan, Italy<br>Sun 25<br>Sutra 109<br>Hemalamba 5119 |
| Friday, August 4, 2017                 |  | <b>Gulika</b>   | <b>7:01AM – 8:50AM</b>   | <b>Mula* Until 4:29PM</b> | <b>Ganesh:</b> Clear <i>Sunrise: 5:11AM</i> |   |
| Dhanus Rasi: 8.06    Tihti 12 – 13     |  | Yama  | 4:08PM – 5:58PM          | Vaidhriti* Until 1:21PM   | <b>Muruga:</b> Blue <i>Sunset: 7:48PM</i>   | Moon 7 - Phase 15                                     |
| 483692362                              |  | <b>Rahu</b>   | <b>10:40AM – 12:29PM</b> | Kaulava Until 3:24AM Sat  | <b>Nataraja:</b> Clear                      | 4th Phase   |
| Creative Work    Amrita Yoga           |  |   |                          |                           |   | <b>Devaloka Day</b>                                   |
| Until 4:29PM                           |  |   |                          |                           |   |   |
| Then Routine Work - Prabalarishta Yoga |  |   |                          |                           |   |   |

|                                     |  |   |                         |                                  |   |   |
|-------------------------------------|--|---|-------------------------|----------------------------------|---|---|
| <b>5</b>                            |  | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                         |                                  |   | Milan, Italy<br>Sun 26<br>Sutra 110<br>Hemalamba 5119 |
| Saturday, August 5, 2017            |  | <b>Gulika</b>   | <b>5:12AM – 7:01AM</b>  | <b>Purvashadha* Until 7:02PM</b> | <b>Ganesh:</b> Clear <i>Sunrise: 5:12AM</i> |   |
| Dhanus Rasi: 20.05    Tihti 13 – 14 |  | Yama  | 2:18PM – 4:08PM         | Vishkambha* Until 2:00PM         | <b>Muruga:</b> Blue <i>Sunset: 7:46PM</i>   | Moon 7 - Phase 15                                     |
| 483692362                           |  | <b>Rahu</b>   | <b>8:51AM – 10:40AM</b> | Gara Until 5:14AM Sun            | <b>Nataraja:</b> Clear                      | 4th Phase   |
| Creative Work    Siddha Yoga        |  |   |                         |                                  |   | <b>Devaloka Day</b>                                   |
| Until 7:02PM                        |  |   |                         |                                  |   |   |
| Then Routine Work - Marana Yoga     |  |   |                         |                                  |   |   |

|                                    |  |   |                        |                                  |   |   |
|------------------------------------|--|---|------------------------|----------------------------------|---|---|
| <b>6</b>                           |  | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                        |                                  |   | Milan, Italy<br>Sun 27<br>Sutra 111<br>Hemalamba 5119 |
| Sunday, August 6, 2017             |  | <b>Gulika</b>   | <b>4:07PM – 5:56PM</b> | <b>Uttarashadha Until 9:06PM</b> | <b>Ganesh:</b> Clear <i>Sunrise: 5:13AM</i> |   |
| Makara Rasi: 2.13    Tihti 14 – 15 |  | Yama  | 12:29PM – 2:18PM       | Priti Until 2:24PM               | <b>Muruga:</b> Blue <i>Sunset: 7:45PM</i>   | Moon 7 - Phase 15                                     |
| 483692362                          |  | <b>Rahu</b>   | <b>5:56PM – 7:45PM</b> | Visti Until 6:41AM Mon           | <b>Nataraja:</b> Clear                      | 4th Phase   |
| Creative Work    Amrita Yoga       |  |   |                        |                                  |   | <b>Devaloka Day</b>                                   |
|                                    |  |   |                        |                                  |   |   |

|                                  |  |  |                        |                               |   |   |
|----------------------------------|--|--|------------------------|-------------------------------|---|---|
| <b>○</b>                         |  | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau |                        |                               |   | Milan, Italy<br>Sutra 112<br>Hemalamba 5119 |
| <b>Monday, August 7, 2017</b>    |  | <b>Gulika</b>  | <b>2:18PM – 4:06PM</b> | <b>Shravana Until 11:03PM</b> | <b>Ganesh:</b> White <i>Sunrise: 5:14AM</i> |   |
| <b>Copper Retreat Star</b>       |  | Yama   | 10:40AM – 12:29PM      | Ayushman Until 2:27PM         | <b>Muruga:</b> Blue <i>Sunset: 7:44PM</i>   | Moon 7 - Phase 15                           |
| Makara Rasi: 14.29    Tihti 15   |  | <b>Rahu</b>  | <b>7:03AM – 8:52AM</b> | Visti Until 6:41AM            | <b>Nataraja:</b> Clear                      | Purnima                                     |
| <b>Family Home Evening</b>       |  |  |                        |                               |   | <b>Bhuloka Day</b>                          |
| Creative Work    Amrita Yoga     |  |  |                        |                               |   | Devaloka Time: 6:PM to 9:PM                 |
| Until 11:03PM                    |  |  |                        |                               |   |   |
| Then Creative Work - Siddha Yoga |  |  |                        |                               |   |   |

|                                |  |  |                         |                                     |   |   |
|--------------------------------|--|--|-------------------------|-------------------------------------|---|---|
| <b>○</b>                       |  | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau |                         |                                     |   | Milan, Italy<br>Sutra 113<br>Hemalamba 5119 |
| <b>Tuesday, August 8, 2017</b> |  | <b>Gulika</b>  | <b>12:29PM – 2:17PM</b> | <b>Dhanishtha Until 12:24AM Wed</b> | <b>Ganesh:</b> White <i>Sunrise: 5:16AM</i> |   |
| <b>Silver Retreat Star</b>     |  | Yama   | 8:52AM – 10:41AM        | Saubhagya Until 2:09PM              | <b>Muruga:</b> Blue <i>Sunset: 7:42PM</i>   | Moon 7 - Phase 15                           |
| Makara Rasi: 26.57    Tihti 16 |  | <b>Rahu</b>  | <b>4:05PM – 5:54PM</b>  | Balava Until 7:41AM                 | <b>Nataraja:</b> Clear                      | Prathama                                    |
| Creative Work    Siddha Yoga   |  |  |                         |                                     |   | <b>Bhuloka Day</b>                          |
|                                |  |  |                         |                                     |   | Devaloka Time: 6:PM to 9:PM                 |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 9, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Milan, Italy

Kumbha Rasi: 9.38    Tihti 17

Gulika 10:41AM – 12:29PM  
Yama 7:05AM – 8:53AM  
Rahu 12:29PM – 2:17PM

Shatabhishak Until 1:07AM Thu  
Sobhana Until 1:29PM  
Taitila Until 8:12AM  
Dvitiya Until 8:16PM

Ganesh: White    Sunrise: 5:17AM  
Muruga: Blue    Sunset: 7:41PM  
Nataraja: Clear  
Moon – Purple  
Srivana-Adi

Sun 1    Sutra 114  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work    Siddha Yoga

Thursday, August 10, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Milan, Italy

Kumbha Rasi: 22.33    Tihti 18

Gulika 8:53AM – 10:41AM  
Yama 5:18AM – 7:06AM  
Rahu 2:16PM – 4:04PM

Purvaproshtapada\* Until 1:42AM Fri  
Athiganda\* Until 12:26PM  
Vanija Until 8:15AM  
Tritiya Until 8:05PM

Ganesh: Clear    Sunrise: 5:18AM  
Muruga: Blue    Sunset: 7:39PM  
Nataraja: Clear  
Moon – Clear  
Srivana-Adi

Sun 2    Sutra 115  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

Friday, August 11, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy

Meena Rasi: 5.41    Tihti 19

Gulika 7:06AM – 8:54AM  
Yama 4:03PM – 5:50PM  
Rahu 10:41AM – 12:28PM

Uttaraproshtapada Until 1:42AM Sat  
Sukarma Until 11:02AM  
Bava Until 7:51AM  
Chaturthi\* Until 7:28PM

Ganesh: Clear    Sunrise: 5:19AM  
Muruga: Blue    Sunset: 7:38PM  
Nataraja: Clear  
Moon – Clear  
Srivana-Adi

Sun 3    Sutra 116  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

Until 1:42AM Sat  
Then Routine Work - Prabalarishta Yoga

Saturday, August 12, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy

Meena Rasi: 19.04    Tihti 20

Gulika 5:20AM – 7:07AM  
Yama 2:15PM – 4:02PM  
Rahu 8:54AM – 10:41AM

Revati Until 1:09AM Sun  
Dhriti Until 9:18AM  
Kaulava Until 7:01AM  
Panchami Until 6:26PM

Ganesh: Purple    Sunrise: 5:20AM  
Muruga: Blue    Sunset: 7:36PM  
Nataraja: Clear  
Moon – Clear  
Srivana-Adi

Sun 4    Sutra 117  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work    Prabalarishta Yoga

Until 1:09AM Sun  
Then Creative Work - Siddha Yoga

Sunday, August 13, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy

Mesha Rasi: 2.4    Tihti 21 – 22

Gulika 4:01PM – 5:48PM  
Yama 12:28PM – 2:15PM  
Rahu 5:48PM – 7:35PM

Ashvini Until 12:32AM Mon  
Shula\* Until 7:14AM  
Visti Until 4:12AM Mon  
Shashthi\* Until 5:01PM

Ganesh: Clear    Sunrise: 5:22AM  
Muruga: Blue    Sunset: 7:35PM  
Nataraja: Clear  
Moon – White  
Srivana-Adi

Sun 5    Sutra 118  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

Monday, August 14, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Mesha Rasi: 16.29    Tihti 22 – 23

Gulika 2:14PM – 4:00PM  
Yama 10:42AM – 12:28PM  
Rahu 7:09AM – 8:55AM

Bharani Until 11:26PM  
Vriddhi Until 2:17AM Tue  
Balava Until 2:17AM Tue  
Saptami Until 3:16PM

Ganesh: Clear    Sunrise: 5:23AM  
Muruga: Blue    Sunset: 7:33PM  
Nataraja: Clear  
Moon – White  
Srivana-Adi

Sun 6    Sutra 119  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

Until 11:26PM  
Then Routine Work - Marana Yoga

Tuesday, August 15, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Vrishabha Rasi: 0.31    Tihti 23 – 24

Gulika 12:28PM – 2:14PM  
Yama 8:56AM – 10:42AM  
Rahu 4:00PM – 5:45PM

Krittika Until 9:53PM  
Dhruva Until 11:25PM  
Taitila Until 12:04AM Wed  
Ashtami\* Until 1:12PM

Ganesh: Clear    Sunrise: 5:24AM  
Muruga: Blue    Sunset: 7:31PM  
Nataraja: Clear  
Moon – White  
Srivana-Adi

Sun 7    Sutra 120  
Hemalamba 5119  
Moon 8 - Phase 16  
Ashtami

**Devaloka Day**

Creative Work    Siddha Yoga

Until 9:53PM  
Then Creative Work - Amrita Yoga

Wednesday, August 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Milan, Italy

Vrishabha Rasi: 14.44    Tihti 24 – 25

Gulika 10:42AM – 12:27PM  
Yama 7:11AM – 8:56AM  
Rahu 12:27PM – 2:13PM

Rohini Until 8:22PM  
Vyaghata\* Until 8:21PM  
Vanija Until 9:37PM  
Navami\* Until 10:51AM

Ganesh: White    Sunrise: 5:25AM  
Muruga: Blue    Sunset: 7:30PM  
Nataraja: Clear  
Moon – Yellow  
Srivana-Avani

Sun 8    Sutra 121  
Hemalamba 5119  
Moon 8 - Phase 16  
Navami

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM


Creative Work    Siddha Yoga

|                       |  |                                  |                  |  |                        |                        |                     |                 |
|-----------------------|--|----------------------------------|------------------|--|------------------------|------------------------|---------------------|-----------------|
| <b>1</b>              |  | <b>Thursday, August 17, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam |                        |                        |                     | Milan, Italy    |
| Vrishabha Rasi: 29.06 |  | Tihti 25 - 26                    |                  | Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau            |                        |                        |                     | Sun 9 Sutra 122 |
| 534792362             |  | <b>Gulika</b>                    | 8:57AM - 10:42AM | <b>Mrigashira</b> Until 6:32PM   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:28AM | Hemalamba 5119      |                 |
| Routine Work          |  | <b>Yama</b>                      | 5:26AM - 7:12AM  | Harshana Until 5:08PM  | <b>Muruga:</b> Blue    | <i>Sunset:</i> 7:28PM  | Moon 8 - Phase 17   |                 |
| Marana Yoga           |  | <b>Rahu</b>                      | 2:12PM - 3:58PM  | Bava Until 6:59PM  | <b>Nataraja:</b> Clear |                        | 2nd Phase           |                 |
|                       |  |                                  |                  |  |                        | Moon - Yellow          | <b>Devaloka Day</b> |                 |
|                       |  |                                  |                  |  |                        | <b>Sravana-Avani</b>   |                     |                 |

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| <b>2</b>            |  | <b>Friday, August 18, 2017</b> |                   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam |                        |                                   |                     | Milan, Italy     |
| Mithuna Rasi: 13.35 |  | Tihti 27                       |                   | Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau              |                        |                                   |                     | Sun 10 Sutra 123 |
| 534792362           |  | <b>Gulika</b>                  | 7:12AM - 8:57AM   | <b>Ardra</b> Until 4:28PM   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:28AM            | Hemalamba 5119      |                  |
| Creative Work       |  | <b>Yama</b>                    | 3:57PM - 5:42PM   | Vajra* Until 1:49PM   | <b>Muruga:</b> Blue    | <i>Sunset:</i> 7:26PM             | Moon 8 - Phase 17   |                  |
| Siddha Yoga         |  | <b>Rahu</b>                    | 10:42AM - 12:27PM | Kaulava Until 4:15PM  | <b>Nataraja:</b> Clear |                                   | 2nd Phase           |                  |
|                     |  |                                |                   |   |                        | Moon - Yellow                     | <b>Devaloka Day</b> |                  |
|                     |  |                                |                   |   |                        | <b>Sravana-Avani</b>              |                     |                  |
|                     |  |                                |                   |   |                        | <b>Dvadashi*</b> Until 2:51AM Sat |                     |                  |

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| <b>3</b>            |  | <b>Saturday, August 19, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam |                        |                                      |                             | Milan, Italy     |
| Mithuna Rasi: 28.05 |  | Tihti 28                         |                  | Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau           |                        |                                      |                             | Sun 11 Sutra 124 |
| 544792362           |  | <b>Gulika</b>                    | 5:29AM - 7:13AM  | <b>Punarvasu</b> Until 2:40PM   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:29AM               | Hemalamba 5119              |                  |
| Creative Work       |  | <b>Yama</b>                      | 2:11PM - 3:56PM  | Siddhi Until 10:31AM  | <b>Muruga:</b> Blue    | <i>Sunset:</i> 7:25PM                | Moon 8 - Phase 17           |                  |
| Siddha Yoga         |  | <b>Rahu</b>                      | 8:58AM - 10:42AM | Gara Until 1:31PM   | <b>Nataraja:</b> Clear |                                      | 2nd Phase                   |                  |
|                     |  |                                  |                  |   |                        | Moon - Blue                          | <b>Bhuloka Day</b>          |                  |
|                     |  |                                  |                  |   |                        | <b>Sravana-Avani</b>                 | Devaloka Time: 6:PM to 9:PM |                  |
|                     |  |                                  |                  |   |                        | <b>Trayodashi*</b> Until 12:10AM Sun |                             |                  |
|                     |  |                                  |                  |   |                        | <i>Pradosha Vrata (Fasting)</i>      |                             |                  |

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| <b>4</b>           |  | <b>Sunday, August 20, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                        |                                  |                             | Milan, Italy     |
| Kataka Rasi: 12.32 |  | Tihti 29                       |                  | Pushya/Ashlesha* Nakshatra Vyalipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau      |                        |                                  |                             | Sun 12 Sutra 125 |
| 544792362          |  | <b>Gulika</b>                  | 3:55PM - 5:39PM  | <b>Pushya</b> Until 12:52PM   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:30AM           | Hemalamba 5119              |                  |
| Creative Work      |  | <b>Yama</b>                    | 12:27PM - 2:11PM | Vyatipata* Until 7:18AM   | <b>Muruga:</b> Blue    | <i>Sunset:</i> 7:23PM            | Moon 8 - Phase 17           |                  |
| Siddha Yoga        |  | <b>Rahu</b>                    | 5:39PM - 7:23PM  | Visti Until 10:55AM   | <b>Nataraja:</b> Clear |                                  | 2nd Phase                   |                  |
|                    |  |                                |                  |   |                        | Moon - Blue                      | <b>Bhuloka Day</b>          |                  |
|                    |  |                                |                  |   |                        | <b>Sravana-Avani</b>             | Devaloka Time: 6:PM to 9:PM |                  |
|                    |  |                                |                  |   |                        | <b>Chaturdashi*</b> Until 9:40PM |                             |                  |

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|  |  | <b>Monday, August 21, 2017</b> |                   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam |                        |                                |                             | Milan, Italy     |
| <b>Retreat Star</b>   |  |                                |                   | Ashlesha*/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau               |                        |                                |                             | Sun 13 Sutra 126 |
| Kataka Rasi: 26.51  |  | Tihti 30                       |                   |  |                        |                                |                             | Hemalamba 5119   |
| <b>Family Home Evening</b>  |  | 544792362                      |                   | <b>Gulika</b>  | 2:10PM - 3:54PM        | <b>Ashlesha*</b> Until 11:10AM | <b>Ganesha:</b> White       |                  |
| Creative Work   |  | <b>Yama</b>                    | 10:43AM - 12:26PM | Parigha* Until 1:29AM Tue  | <b>Muruga:</b> Blue    | <i>Sunrise:</i> 5:31AM         | Moon 8 - Phase 17           |                  |
| Siddha Yoga   |  | <b>Rahu</b>                    | 7:15AM - 8:59AM   | Catuspada Until 8:33AM   | <b>Nataraja:</b> Clear | <i>Sunset:</i> 7:21PM          | Amavasya                    |                  |
| Until 11:10AM   |  |                                |                   |  |                        | Moon - Blue                    | <b>Bhuloka Day</b>          |                  |
| Then Routine Work - Marana Yoga   |  | <b>Total Solar Eclipse</b>     |                   |  |                        | <b>Sravana-Avani</b>           | Devaloka Time: 6:PM to 9:PM |                  |

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| <b>Tuesday, August 22, 2017</b> |  | <b>Retreat Star</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Pakshe Mangala Vasara Yuktayam |                        |                               |                             | Milan, Italy     |
|                                 |  |                     |                  | Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau      |                        |                               |                             | Sun 14 Sutra 127 |
| Simha Rasi: 10.55               |  | Tihti 1 - 2         |                  |   |                        |                               |                             | Hemalamba 5119   |
| 534792362                       |  | <b>Gulika</b>       | 12:26PM - 2:10PM | <b>Magha*</b> Until 10:09AM   | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:32AM        | Moon 8 - Phase 17           |                  |
| Creative Work                   |  | <b>Yama</b>         | 8:59AM - 10:43AM | Shiva Until 11:07PM   | <b>Muruga:</b> Blue    | <i>Sunset:</i> 7:20PM         | Prathama                    |                  |
| Siddha Yoga                     |  | <b>Rahu</b>         | 3:53PM - 5:36PM  | Kintughna Until 6:33AM  | <b>Nataraja:</b> Clear |                               |                             |                  |
|                                 |  |                     |                  |   |                        | Moon - Red                    | <b>Bhuloka Day</b>          |                  |
|                                 |  |                     |                  |   |                        | <b>Bhadrapada-Avani</b>       | Devaloka Time: 6:PM to 9:PM |                  |
|                                 |  |                     |                  |   |                        | <b>Prathama*</b> Until 5:43PM |                             |                  |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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| <b>1</b>          |             | <b>Wednesday, August 23, 2017</b> |                   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                         | Milan, Italy<br>Sun 15 Sutra 128 |                             |
| Simha Rasi: 24.41 | Tithi 2 – 3 | <b>Gulika</b>                     | 10:43AM – 12:26PM | <b>Purvaphalguni Until 9:30AM</b>   | <b>Ganesh:</b> Green    | <i>Sunrise:</i> 5:34AM           | Hemalamba 5119              |
|                   |             | Yama                              | 7:17AM – 9:00AM   | Siddha Until 9:11PM   | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:18PM            | Moon 8 - Phase 18           |
|                   |             | 554792362 <b>Rahu</b>             | 12:26PM – 2:09PM  | Taitila Until 4:09AM Thu  | <b>Nataraja:</b> Clear  |                                  | 3rd Phase                   |
| Creative Work     | Amrita Yoga |                                   |                   | <b>Dvitiya Until 4:30PM</b>   | Moon – Red              |                                  | <b>Bhuloka Day</b>          |
|                   |             |                                   |                   |   | <b>Bhadrapada-Avani</b> |                                  | Devaloka Time: 6:PM to 9:PM |

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| <b>2</b>                        |             | <b>Thursday, August 24, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                         | Milan, Italy<br>Sun 16 Sutra 129 |                             |
| Kanya Rasi: 8.05                | Tithi 3 – 4 | <b>Gulika</b>                    | 9:00AM – 10:43AM | <b>Uttaraphalguni Until 9:18AM</b>   | <b>Ganesh:</b> Green    | <i>Sunrise:</i> 5:35AM           | Hemalamba 5119              |
|                                 |             | Yama                             | 5:35AM – 7:18AM  | Sadhya Until 7:47PM  | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:16PM            | Moon 8 - Phase 18           |
|                                 |             | 554792362 <b>Rahu</b>            | 2:08PM – 3:51PM  | Vanija Until 3:55AM Fri  | <b>Nataraja:</b> Clear  |                                  | 3rd Phase                   |
|                                 | Amrita Yoga |                                  |                  | <b>Tritiya Until 3:56PM</b>  | Moon – Red              |                                  | <b>Bhuloka Day</b>          |
| Until 9:18AM                    |             |                                  |                  |  | <b>Bhadrapada-Avani</b> |                                  | Devaloka Time: 6:PM to 9:PM |
| Then Routine Work - Marana Yoga |             |                                  |                  |  |                         |                                  |                             |

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| <b>3</b>                         |             | <b>Friday, August 25, 2017</b> |                   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                         | Milan, Italy<br>Sun 17 Sutra 130 |                     |
| Kanya Rasi: 21.08                | Tithi 4 – 5 | <b>Gulika</b>                  | 7:18AM – 9:01AM   | <b>Hasta Until 10:04AM</b>   | <b>Ganesh:</b> Clear    | <i>Sunrise:</i> 5:36AM           | Hemalamba 5119      |
|                                  |             | Yama                           | 3:50PM – 5:32PM   | Subha Until 6:57PM   | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:15PM            | Moon 8 - Phase 18   |
|                                  |             | 554792362 <b>Rahu</b>          | 10:43AM – 12:25PM | Bava Until 4:23AM Sat  | <b>Nataraja:</b> Clear  |                                  | 3rd Phase           |
| Creative Work                    | Amrita Yoga |                                |                   | <b>Chaturthi* Until 4:03PM</b>   | Moon – Green            |                                  | <b>Devaloka Day</b> |
| Until 10:04AM                    |             |                                |                   |  | <b>Bhadrapada-Avani</b> |                                  |                     |
| Then Creative Work - Siddha Yoga |             |                                |                   |  |                         |                                  |                     |

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| <b>4</b>                         |             | <b>Saturday, August 26, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                         | Milan, Italy<br>Sun 18 Sutra 131 |                     |
| Tula Rasi: 3.51                  | Tithi 5 – 6 | <b>Gulika</b>                    | 5:37AM – 7:19AM  | <b>Chitra Until 11:22AM</b>   | <b>Ganesh:</b> Clear    | <i>Sunrise:</i> 5:37AM           | Hemalamba 5119      |
|                                  |             | Yama                             | 2:07PM – 3:49PM  | Sukla Until 6:37PM  | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:13PM            | Moon 8 - Phase 18   |
|                                  |             | 554792362 <b>Rahu</b>            | 9:01AM – 10:43AM | Kaulava Until 5:30AM Sun  | <b>Nataraja:</b> Clear  |                                  | 3rd Phase           |
| Routine Work                     | Marana Yoga |                                  |                  | <b>Panchami Until 4:51PM</b>  | Moon – Green            |                                  | <b>Devaloka Day</b> |
| Until 11:22AM                    |             |                                  |                  |   | <b>Bhadrapada-Avani</b> |                                  |                     |
| Then Creative Work - Siddha Yoga |             |                                  |                  |   |                         |                                  |                     |

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| <b>5</b>                        |             | <b>Sunday, August 27, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Brahma Yoga Taitila Karana Shashthiyam Titau |                         | Milan, Italy<br>Sun 19 Sutra 132 |                              |
| Tula Rasi: 16.16                | Tithi 6     | <b>Gulika</b>                  | 3:48PM – 5:29PM  | <b>Svati Until 1:07PM</b>  | <b>Ganesh:</b> Clear    | <i>Sunrise:</i> 5:38AM           | Hemalamba 5119               |
|                                 |             | Yama                           | 12:25PM – 2:06PM | Brahma Until 6:46PM  | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:11PM            | Moon 8 - Phase 18            |
|                                 |             | 554792363 <b>Rahu</b>          | 5:29PM – 7:11PM  | Taitila Until 6:16PM   | <b>Nataraja:</b> Purple |                                  | 3rd Phase                    |
| Creative Work                   | Siddha Yoga |                                |                  | <b>Shashthi* Until 6:16PM</b>  | Moon – Green            |                                  | <b>Bhuloka Day</b>           |
| Until 1:07PM                    |             |                                |                  |  | <b>Bhadrapada-Avani</b> |                                  | Devaloka Time: 9:AM to 12:PM |
| Then Routine Work - Marana Yoga |             |                                |                  |  |                         |                                  |                              |

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| <b>6</b>                         |             | <b>Monday, August 28, 2017</b> |                   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau |                         | Milan, Italy<br>Sun 20 Sutra 133 |                     |
| Tula Rasi: 28.27                 | Tithi 7     | <b>Gulika</b>                  | 2:06PM – 3:47PM   | <b>Vishakha Until 3:42PM</b>  | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 5:40AM           | Hemalamba 5119      |
| <b>Family Home Evening</b>       |             | Yama                           | 10:43AM – 12:24PM | Indra Until 7:18PM  | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:09PM            | Moon 8 - Phase 18   |
|                                  |             | 575792363 <b>Rahu</b>          | 7:21AM – 9:02AM   | Gara Until 7:11AM   | <b>Nataraja:</b> Purple |                                  | 3rd Phase           |
| Routine Work                     | Marana Yoga |                                |                   | <b>Saptami Until 8:10PM</b>   | Moon – Orange           |                                  | <b>Devaloka Day</b> |
| Until 3:42PM                     |             |                                |                   |   | <b>Bhadrapada-Avani</b> |                                  |                     |
| Then Creative Work - Siddha Yoga |             |                                |                   |   |                         |                                  |                     |

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| <b>Retreat Star</b>             |             | <b>Tuesday, August 29, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau |                         | Milan, Italy<br>Sun 21 Sutra 134 |                     |
| Vrischika Rasi: 10.28           | Tithi 8     | <b>Gulika</b>                   | 12:24PM – 2:05PM | <b>Anuradha Until 6:27PM</b>   | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 5:41AM           | Hemalamba 5119      |
|                                 |             | Yama                            | 9:03AM – 10:43AM | Vaidhriti* Until 8:04PM  | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:07PM            | Moon 8 - Phase 18   |
|                                 |             | 575792363 <b>Rahu</b>           | 3:46PM – 5:27PM  | Visti Until 9:17AM   | <b>Nataraja:</b> Purple |                                  | Ashtami             |
| Creative Work                   | Siddha Yoga |                                 |                  | <b>Ashtami* Until 10:24PM</b>  | Moon – Orange           |                                  | <b>Devaloka Day</b> |
| Until 6:27PM                    |             |                                 |                  |  | <b>Bhadrapada-Avani</b> |                                  |                     |
| Then Routine Work - Marana Yoga |             |                                 |                  |  |                         |                                  |                     |

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| <b>Retreat Star</b>             |             | <b>Wednesday, August 30, 2017</b> |                   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau |                         | Milan, Italy<br>Sun 22 Sutra 135 |                     |
| Vrischika Rasi: 22.23           | Tithi 9     | <b>Gulika</b>                     | 10:43AM – 12:24PM | <b>Jyeshtha* Until 9:11PM</b>  | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 5:42AM           | Hemalamba 5119      |
|                                 |             | Yama                              | 7:23AM – 9:03AM   | Vishkambha* Until 8:57PM   | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:06PM            | Moon 8 - Phase 18   |
|                                 |             | 575792363 <b>Rahu</b>             | 12:24PM – 2:04PM  | Balava Until 11:36AM   | <b>Nataraja:</b> Purple |                                  | Navami              |
| Creative Work                   | Siddha Yoga |                                   |                   | <b>Navami* Until 12:46AM Thu</b>   | Moon – Orange           |                                  | <b>Devaloka Day</b> |
| Until 9:11PM                    |             |                                   |                   |  | <b>Bhadrapada-Avani</b> |                                  |                     |
| Then Routine Work - Marana Yoga |             |                                   |                   |  |                         |                                  |                     |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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| <b>1</b>                               | <b>Thursday, August 31, 2017</b> |                       | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam |                                 |                         |                              | Milan, Italy      |
|  |                                  |                       | Mula* Nakshatra Priti Yoga Tailila/Gara Karana Dashamyam Titau                                 |                                 |                         |                              | Sun 23 Sutra 136  |
| Dhanus Rasi: 4.16                      | Tithi 10                         | <b>Gulika</b>         | <b>9:03AM – 10:43AM</b>  | <b>Mula* Until 12:13AM Fri</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:43AM       | Hemalamba 5119    |
|  |                                  | Yama                  | 5:43AM – 7:23AM  | Priti Until 9:49PM              | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:04PM        | Moon 8 - Phase 19 |
|  |                                  | 585792363 <b>Rahu</b> | 2:04PM – 3:44PM  | Tailila Until 1:57PM            | <b>Nataraja:</b> Purple |                              | 4th Phase         |
| Creative Work                          | Siddha Yoga                      |                       |  | <b>Dashami Until 3:04AM Fri</b> | Moon – Light Blue       | <b>Bhuloka Day</b>           |                   |
| Until 12:13AM Fri                      |                                  |                       |  |                                 | <b>Bhadrapada-Avani</b> | Devaloka Time: 9:AM to 12:PM |                   |
| Then Routine Work - Prabalarishta Yoga |                                  |                       |  |                                 |                         |                              |                   |

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| <b>2</b>                        | <b>Friday, September 1, 2017</b> |                       | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam |                                      |                         |                              | Milan, Italy      |
|                                 |                                  |                       | Purvashadha* Nakshatra Ayushman Yoga Vanija/Visli* Karana Ekadashyam Titau                      |                                      |                         |                              | Sun 24 Sutra 137  |
| Dhanus Rasi: 16.12              | Tithi 11                         | <b>Gulika</b>         | <b>7:24AM – 9:04AM</b>  | <b>Purvashadha* Until 2:51AM Sat</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:45AM       | Hemalamba 5119    |
|                                 |                                  | Yama                  | 3:43PM – 5:22PM   | Ayushman Until 10:29PM               | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:02PM        | Moon 8 - Phase 19 |
|                                 |                                  | 585792363 <b>Rahu</b> | 10:44AM – 12:23PM   | Vanija Until 4:09PM                  | <b>Nataraja:</b> Purple |                              | 4th Phase         |
| Routine Work                    | Prabalarishta Yoga               |                       |   | <b>Ekadashi Until 5:06AM Sat</b>     | Moon – Light Blue       | <b>Bhuloka Day</b>           |                   |
| Until 2:51AM Sat                |                                  |                       |   |                                      | <b>Bhadrapada-Avani</b> | Devaloka Time: 9:AM to 12:PM |                   |
| Then Routine Work - Marana Yoga |                                  |                       |   |                                      |                         |                              |                   |

|                                  |                                    |                       |   |                                       |                         |                              |                   |
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| <b>3</b>                         | <b>Saturday, September 2, 2017</b> |                       | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam |                                       |                         |                              | Milan, Italy      |
|                                  |                                    |                       | Uttarashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau                      |                                       |                         |                              | Sun 25 Sutra 138  |
| Dhanus Rasi: 28.14               | Tithi 12                           | <b>Gulika</b>         | <b>5:46AM – 7:25AM</b>  | <b>Uttarashadha* Until 4:55AM Sun</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:46AM       | Hemalamba 5119    |
|                                  |                                    | Yama                  | 2:02PM – 3:41PM   | Saubhagya Until 10:52PM               | <b>Muruga:</b> Blue     | <i>Sunset:</i> 7:00PM        | Moon 8 - Phase 19 |
|                                  |                                    | 585792363 <b>Rahu</b> | 9:04AM – 10:44AM  | Bava Until 5:59PM                     | <b>Nataraja:</b> Purple |                              | 4th Phase         |
| Routine Work                     | Marana Yoga                        |                       |   | <b>Dvadashi Until 6:43AM Sun</b>      | Moon – Light Blue       | <b>Bhuloka Day</b>           |                   |
| Until 4:55AM Sun                 |                                    |                       |   |                                       | <b>Bhadrapada-Avani</b> | Devaloka Time: 9:AM to 12:PM |                   |
| Then Creative Work - Amrita Yoga |                                    |                       |   |                                       |                         |                              |                   |

|                                  |                                  |                       |   |                                  |                         |                             |                   |
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| <b>4</b>                         | <b>Sunday, September 3, 2017</b> |                       | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                  |                         |                             | Milan, Italy      |
|                                  |                                  |                       | Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau               |                                  |                         |                             | Sun 26 Sutra 139  |
| Makara Rasi: 10.28               | Tithi 12 – 13                    | <b>Gulika</b>         | <b>3:40PM – 5:19PM</b>  | <b>Shravana Until 6:48AM Mon</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:47AM      | Hemalamba 5119    |
|                                  |                                  | Yama                  | 12:23PM – 2:01PM  | Sobhana Until 10:52PM            | <b>Muruga:</b> Blue     | <i>Sunset:</i> 6:58PM       | Moon 8 - Phase 19 |
|                                  |                                  | 596792363 <b>Rahu</b> | 5:19PM – 6:58PM   | Kaulava Until 7:20PM             | <b>Nataraja:</b> Purple |                             | 4th Phase         |
| Creative Work                    | Amrita Yoga                      |                       |   | <b>Dvadashi Until 6:43AM</b>     | Moon – Purple           | <b>Bhuloka Day</b>          |                   |
| Until 6:48AM Mon                 |                                  |                       |   | <i>Pradosha Vrata</i>            | <b>Bhadrapada-Avani</b> | Devaloka Time: 6:AM to 9:AM |                   |
| Then Creative Work - Siddha Yoga |                                  |                       |   |                                  |                         |                             |                   |

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| <b>5</b>                         | <b>Monday, September 4, 2017</b> |                               | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam   |                                |                         |                        | Milan, Italy      |
|                                  |                                  |                               | Shravana/Dhanishtha Nakshatra Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau |                                |                         |                        | Sun 27 Sutra 140  |
| Makara Rasi: 22.54               | Tithi 13 – 14                    | <b>Gulika</b>                 | <b>2:01PM – 3:39PM</b>   | <b>Shravana Until 6:48AM</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:48AM | Hemalamba 5119    |
| <b>Family Home Evening</b>       |                                  | Yama                          | 10:44AM – 12:22PM  | Athiganda* Until 10:23PM       | <b>Muruga:</b> Blue     | <i>Sunset:</i> 6:56PM  | Moon 8 - Phase 19 |
|                                  |                                  | 596892363 <b>Rahu</b>         | 7:27AM – 9:05AM  | Gara Until 8:06PM              | <b>Nataraja:</b> Purple |                        | 4th Phase         |
| Creative Work                    | Amrita Yoga                      |                               |  | <b>Trayodashi Until 7:47AM</b> | Moon – Purple           | <b>Devaloka Day</b>    |                   |
| Until 6:48AM                     |                                  | <b>Chidambaram Abhishekam</b> |  |                                | <b>Bhadrapada-Avani</b> |                        |                   |
| Then Creative Work - Siddha Yoga |                                  |                               |  |                                |                         |                        |                   |

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|  | <b>Tuesday, September 5, 2017</b> |                       | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam |                                  |                         |                        | Milan, Italy      |
|   |                                   |                       | Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau  |                                  |                         |                        | Sutra 141         |
| Kumbha Rasi: 5.37   | Tithi 14 – 15                     | <b>Gulika</b>         | <b>12:22PM – 2:00PM</b>   | <b>Dhanishtha Until 7:56AM</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:49AM | Hemalamba 5119    |
|   |                                   | Yama                  | 9:06AM – 10:44AM  | Sukarma Until 9:26PM             | <b>Muruga:</b> Blue     | <i>Sunset:</i> 6:54PM  | Moon 8 - Phase 19 |
|   |                                   | 596892363 <b>Rahu</b> | 3:38PM – 5:16PM   | Visti Until 8:16PM               | <b>Nataraja:</b> Purple |                        | Purnima           |
| Creative Work   | Siddha Yoga                       |                       |   | <b>Chaturdashi* Until 8:14AM</b> | Moon – Purple           | <b>Devaloka Day</b>    |                   |
| Until 7:56AM  |                                   |                       |   |                                  | <b>Bhadrapada-Avani</b> |                        |                   |
| Then Routine Work - Marana Yoga   |                                   |                       |   |                                  |                         |                        |                   |

|                                  |                                     |                       |   |                                  |                         |                        |                   |
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| <b>○</b>                         | <b>Wednesday, September 6, 2017</b> |                       | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam |                                  |                         |                        | Milan, Italy      |
|                                  |                                     |                       | Shatabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                  |                         |                        | Sutra 142         |
| Kumbha Rasi: 18.38               | Tithi 15 – 16                       | <b>Gulika</b>         | <b>10:44AM – 12:22PM</b>  | <b>Shatabhishak Until 8:19AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:51AM | Hemalamba 5119    |
|                                  |                                     | Yama                  | 7:28AM – 9:06AM   | Dhriti Until 8:03PM              | <b>Muruga:</b> Blue     | <i>Sunset:</i> 6:53PM  | Moon 8 - Phase 19 |
|                                  |                                     | 596892363 <b>Rahu</b> | 12:22PM – 1:59PM  | Balava Until 7:50PM              | <b>Nataraja:</b> Purple |                        | Prathama          |
| Creative Work                    | Siddha Yoga                         |                       |   | <b>Purnima* Until 8:06AM</b>     | Moon – Purple           | <b>Devaloka Day</b>    |                   |
| Until 8:19AM                     |                                     |                       |   |                                  | <b>Bhadrapada-Avani</b> |                        |                   |
| Then Creative Work - Amrita Yoga |                                     |                       |   |                                  |                         |                        |                   |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda





Thursday, September 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Shula\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy

Sutra 143

Hemalamba 5119

Meena Rasi: 1.56    Tihti 16 – 17

**Gulika** 9:06AM – 10:44AM

**Purvaproshtapada\*** Until 8:28AM

**Ganesha:** White    *Sunrise:* 5:52AM

Moon 9 - Phase 20

**Yama** 5:52AM – 7:29AM

**Shula\*** Until 6:12PM

**Muruga:** Blue    *Sunset:* 6:51PM

1st Phase

**Rahu** 1:59PM – 3:36PM

**Taitila** Until 6:54PM

**Nataraja:** Purple

Moon – Clear

**Devaloka Day**

Creative Work    Siddha Yoga

**Prathama\*** Until 7:24AM

**Bhadrapada-Avani**

Friday, September 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada\*/Uttaraproshtapada Nakshatra Ganda\* Vridhhi Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Milan, Italy

Sun 1    Sutra 144

Hemalamba 5119

Meena Rasi: 15.31    Tihti 17 – 18

**Gulika** 7:30AM – 9:07AM

**Uttaraproshtapada** Until 8:00AM

**Ganesha:** White    *Sunrise:* 5:53AM

Moon 9 - Phase 20

**Yama** 3:35PM – 5:12PM

**Ganda\*** Until 4:02PM

**Muruga:** Blue    *Sunset:* 6:49PM

1st Phase

**Rahu** 10:44AM – 12:21PM

**Visti** Until 4:42AM Sat

**Nataraja:** Purple

Moon – Clear

**Devaloka Day**

Creative Work    Siddha Yoga

**Dvitiya** Until 6:14AM

**Bhadrapada-Avani**

Saturday, September 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy

Sun 2    Sutra 145

Hemalamba 5119

Meena Rasi: 29.19    Tihti 19

**Gulika** 5:54AM – 7:31AM

**Revati** Until 7:01AM

**Ganesha:** White    *Sunrise:* 5:54AM

Moon 9 - Phase 20

**Yama** 1:57PM – 3:34PM

**Vridhhi** Until 1:37PM

**Muruga:** Blue    *Sunset:* 6:47PM

1st Phase

**Rahu** 9:07AM – 10:44AM

**Bava** Until 3:50PM

**Nataraja:** Purple

Moon – Clear

**Devaloka Day**

Routine Work    Prabalarishta Yoga

**Chaturthi\*** Until 2:52AM Sun

**Bhadrapada-Avani**

Until 7:01AM

Then Creative Work - Siddha Yoga

Sunday, September 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy

Sun 3    Sutra 146

Hemalamba 5119

Mesha Rasi: 13.17    Tihti 20

**Gulika** 3:33PM – 5:09PM

**Ashvini** Until 6:04AM

**Ganesha:** White    *Sunrise:* 5:55AM

Moon 9 - Phase 20

**Yama** 12:20PM – 1:56PM

**Dhruva** Until 10:58AM

**Muruga:** Blue    *Sunset:* 6:45PM

1st Phase

**Rahu** 5:09PM – 6:45PM

**Kaulava** Until 1:54PM

**Nataraja:** Purple

Moon – White

**Bhuloka Day**

Creative Work    Siddha Yoga

**Grandparent's Day**

**Panchami** Until 12:52AM Mon

**Bhadrapada-Avani**

Until 6:04AM

Then Routine Work - Prabalarishta Yoga

Monday, September 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy

Sun 4    Sutra 147

Hemalamba 5119

Mesha Rasi: 27.22    Tihti 21

**Gulika** 1:56PM – 3:31PM

**Krittika** Until 3:15AM Tue

**Ganesha:** White    *Sunrise:* 5:57AM

Moon 9 - Phase 20

**Yama** 10:44AM – 12:20PM

**Vyaghata\*** Until 8:12AM

**Muruga:** Blue    *Sunset:* 6:43PM

1st Phase

**Rahu** 7:32AM – 9:08AM

**Gara** Until 11:50AM

**Nataraja:** Purple

Moon – White

**Bhuloka Day**

Routine Work    Marana Yoga

**Shashthi\*** Until 10:44PM

**Bhadrapada-Avani**

Until 3:15AM Tue

Then Creative Work - Amrita Yoga

Tuesday, September 12, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Milan, Italy

Sun 5    Sutra 148

Hemalamba 5119

Vrishabha Rasi: 11.31    Tihti 22

**Gulika** 12:20PM – 1:55PM

**Rohini** Until 1:58AM Wed

**Ganesha:** Clear    *Sunrise:* 5:58AM

Moon 9 - Phase 20

**Yama** 9:09AM – 10:44AM

**Vajra\*** Until 2:28AM Wed

**Muruga:** Blue    *Sunset:* 6:41PM

1st Phase

**Rahu** 3:30PM – 5:06PM

**Visti** Until 9:40AM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

Creative Work    Amrita Yoga

**Saptami** Until 8:33PM

**Bhadrapada-Avani**

Devaloka Time: 6:AM to 9:AM

Until 1:58AM Wed

Then Creative Work - Siddha Yoga

Wednesday, September 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy

Sun 6    Sutra 149

Hemalamba 5119

Vrishabha Rasi: 25.42    Tihti 23

**Gulika** 10:44AM – 12:19PM

**Mrigashira** Until 12:32AM Thu

**Ganesha:** Clear    *Sunrise:* 5:59AM

Moon 9 - Phase 20

**Yama** 7:34AM – 9:09AM

**Siddhi** Until 11:35PM

**Muruga:** Blue    *Sunset:* 6:39PM

Ashtami

**Rahu** 12:19PM – 1:54PM

**Balava** Until 7:28AM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

Creative Work    Siddha Yoga

**Ashtami\*** Until 6:21PM

**Bhadrapada-Avani**

Devaloka Time: 6:AM to 9:AM

Until 12:32AM Thu

Then Routine Work - Marana Yoga

Thursday, September 14, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Milan, Italy

Sun 7    Sutra 150

Hemalamba 5119

Mithuna Rasi: 9.53    Tihti 24 – 25

**Gulika** 9:09AM – 10:44AM

**Ardra** Until 11:00PM

**Ganesha:** Clear    *Sunrise:* 6:00AM

Moon 9 - Phase 20

**Yama** 6:00AM – 7:35AM

**Vyatipata\*** Until 8:45PM

**Muruga:** Blue    *Sunset:* 6:37PM

Navami

**Rahu** 1:53PM – 3:28PM

**Vanija** Until 3:09AM Fri

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

Routine Work    Marana Yoga

**Navami\*** Until 4:11PM

**Bhadrapada-Avani**

Devaloka Time: 6:AM to 9:AM

Until 11:00PM

Then Creative Work - Amrita Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time


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|                                 |   |                               |  |                         |                        |                    |                |
|---------------------------------|---|-------------------------------|--|-------------------------|------------------------|--------------------|----------------|
| <b>1</b>                        | <b>Friday, September 15, 2017</b>   |                               | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam |                         |                        |                    | Milan, Italy   |
|                                 | Punarvasu Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                               | Sun 8  |                         | Sutra 151              |                    | Hemalamba 5119 |
| Mithuna Rasi: 24.01             | Tithi 25 – 26   | <b>Gulika</b> 7:36AM – 9:10AM | <b>Punarvasu</b> Until 9:49PM  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:01AM |                    |                |
|                                 |   | Yama 3:27PM – 5:01PM          | Variyan Until 5:56PM   | <b>Muruga:</b> Blue     | <i>Sunset:</i> 6:35PM  | Moon 9 - Phase 21  |                |
|                                 | 547892363   | <b>Rahu</b> 10:44AM – 12:18PM | Bava Until 1:05AM Sat  | <b>Nataraja:</b> Purple |                        | 2nd Phase          |                |
| Creative Work                   | Siddha Yoga   |                               | <b>Dashami</b> Until 2:05PM  | Moon – Blue             |                        | <b>Bhuloka Day</b> |                |
| Until 9:49PM                    |   |                               |  | <b>Bhadrapada*Avani</b> |                        |                    |                |
| Then Routine Work - Marana Yoga |   |                               |  |                         |                        |                    |                |

|                                 |  |                               |  |                            |                        |                    |                |
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| <b>2</b>                        | <b>Saturday, September 16, 2017</b>  |                               | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam |                            |                        |                    | Milan, Italy   |
|                                 | Pushya Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                               | Sun 9  |                            | Sutra 152              |                    | Hemalamba 5119 |
| Kataka Rasi: 8.07               | Tithi 26 – 27  | <b>Gulika</b> 6:03AM – 7:36AM | <b>Pushya</b> Until 8:38PM   | <b>Ganesha:</b> Purple     | <i>Sunrise:</i> 6:03AM |                    |                |
|                                 |  | Yama 1:52PM – 3:26PM          | Parigha* Until 3:14PM  | <b>Muruga:</b> Blue        | <i>Sunset:</i> 6:34PM  | Moon 9 - Phase 21  |                |
|                                 | 547892363  | <b>Rahu</b> 9:10AM – 10:44AM  | Kaulava Until 11:10PM  | <b>Nataraja:</b> Purple    |                        | 2nd Phase          |                |
| Creative Work                   | Siddha Yoga  |                               | <b>Ekadashi*</b> Until 12:05PM   | Moon – Blue                |                        | <b>Bhuloka Day</b> |                |
| Until 8:38PM                    |  |                               |  | <b>Bhadrapada*Puratasi</b> |                        |                    |                |
| Then Routine Work - Marana Yoga |  |                               |  |                            |                        |                    |                |

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|---------------------------------|---|-------------------------------|--|----------------------------|------------------------|--------------------|----------------|
| <b>3</b>                        | <b>Sunday, September 17, 2017</b>   |                               | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam |                            |                        |                    | Milan, Italy   |
|                                 | Ashlesha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                               | Sun 10   |                            | Sutra 153              |                    | Hemalamba 5119 |
| Kataka Rasi: 22.06              | Tithi 27 – 28   | <b>Gulika</b> 3:25PM – 4:58PM | <b>Ashlesha*</b> Until 7:28PM  | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 6:04AM |                    |                |
|                                 |   | Yama 12:18PM – 1:51PM         | Shiva Until 12:41PM  | <b>Muruga:</b> Blue        | <i>Sunset:</i> 6:32PM  | Moon 9 - Phase 21  |                |
|                                 | 548892363   | <b>Rahu</b> 4:58PM – 6:32PM   | Gara Until 9:26PM  | <b>Nataraja:</b> Purple    |                        | 2nd Phase          |                |
| Creative Work                   | Siddha Yoga   |                               | <b>Dvadashi*</b> Until 10:15AM   | Moon – Blue                |                        | <b>Bhuloka Day</b> |                |
| Until 7:28PM                    |   |                               | <i>Pradosha Vrata (Fasting)</i>  | <b>Bhadrapada*Puratasi</b> |                        |                    |                |
| Then Routine Work - Marana Yoga |   |                               |  |                            |                        |                    |                |

|                                  |   |                               |   |                         |                        |                    |                |
|----------------------------------|---|-------------------------------|---|-------------------------|------------------------|--------------------|----------------|
| <b>4</b>                         | <b>Monday, September 18, 2017</b>   |                               | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam |                         |                        |                    | Milan, Italy   |
|                                  | Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                               | Sun 11  |                         | Sutra 154              |                    | Hemalamba 5119 |
| Simha Rasi: 5.58                 | Tithi 28 – 29   | <b>Gulika</b> 1:50PM – 3:24PM | <b>Magha*</b> Until 6:52PM  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:05AM |                    |                |
| <b>Family Home Evening</b>       |   | Yama 10:44AM – 12:17PM        | Siddha Until 10:18AM  | <b>Muruga:</b> Blue     | <i>Sunset:</i> 6:30PM  | Moon 9 - Phase 21  |                |
| Routine Work                     | Marana Yoga   | <b>Rahu</b> 7:38AM – 9:11AM   | Visti Until 7:59PM  | <b>Nataraja:</b> Purple |                        | 2nd Phase          |                |
| Until 6:52PM                     |   |                               | <b>Trayodashi*</b> Until 8:39AM   | Moon – Red              |                        | <b>Bhuloka Day</b> |                |
| Then Creative Work - Siddha Yoga |   |                               |   |                         |                        |                    |                |

|   |                                    |                                       |  |                            |                        |                    |              |
|---|------------------------------------|---------------------------------------|--|----------------------------|------------------------|--------------------|--------------|
|  | <b>Tuesday, September 19, 2017</b> |                                       | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam |                            |                        |                    | Milan, Italy |
|   | <b>Retreat Star</b>                |                                       | Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau    |                            | Sun 12                 |                    | Sutra 155    |
| Simha Rasi: 19.38   | Tithi 29 – 30                      | <b>Gulika</b> 12:17PM – 1:50PM        | <b>Purvaphalguni</b> Until 6:28PM  | <b>Ganesha:</b> Purple     | <i>Sunrise:</i> 6:06AM |                    |              |
|   |                                    | Yama 9:12AM – 10:44AM                 | Sadhya Until 8:11AM  | <b>Muruga:</b> Blue        | <i>Sunset:</i> 6:28PM  | Moon 9 - Phase 21  |              |
|   | 558892363                          | <b>Rahu</b> 3:22PM – 4:55PM           | Catuspada Until 6:53PM   | <b>Nataraja:</b> Purple    |                        | Amavasya           |              |
| Creative Work   | Siddha Yoga                        |                                       | <b>Chaturdashi*</b> Until 7:22AM   | Moon – Red                 |                        | <b>Bhuloka Day</b> |              |
| Until 6:28PM  |                                    | <b>Mahalaya Amavasai (Tamil Nadu)</b> |  | <b>Bhadrapada*Puratasi</b> |                        |                    |              |
| Then Creative Work - Amrita Yoga  |                                    |                                       |  |                            |                        |                    |              |

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| <b>Retreat Star</b>             | <b>Wednesday, September 20, 2017</b>   |                                 | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam |                         |                        |                    | Milan, Italy   |
|                                 | Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                 | Sun 13   |                         | Sutra 156              |                    | Hemalamba 5119 |
| Kanya Rasi: 3.05                | Tithi 30 – 1   | <b>Gulika</b> 10:44AM – 12:17PM | <b>Uttaraphalguni</b> Until 6:20PM   | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:07AM |                    |                |
|                                 |  | Yama 7:40AM – 9:12AM            | Subha Until 6:24AM   | <b>Muruga:</b> Blue     | <i>Sunset:</i> 6:26PM  | Moon 9 - Phase 21  |                |
|                                 | 558892363  | <b>Rahu</b> 12:17PM – 1:49PM    | Kintughna Until 6:13PM   | <b>Nataraja:</b> Purple |                        | Prathama           |                |
| Creative Work                   | Amrita Yoga  |                                 | <b>Amavasya*</b> Until 6:28AM  | Moon – Red              |                        | <b>Bhuloka Day</b> |                |
| Until 6:20PM                    |  | <b>Navaratri Begins</b>         |  | <b>Ashvina*Puratasi</b> |                        |                    |                |
| Then Routine Work - Marana Yoga |  |                                 |  |                         |                        |                    |                |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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| <b>1</b>   |             | <b>Thursday, September 21, 2017</b> |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   | Milan, Italy<br>Sun 14 Sutra 157                                       |  |  |
| Kanya Rasi: 16.17  | Tithi 1 – 2 | <b>Gulika</b><br>Yama<br>568892363  | <b>9:12AM – 10:44AM</b><br>6:09AM – 7:41AM<br><b>Rahu</b><br>1:48PM – 3:20PM | <b>Hasta Until 7:01PM</b><br>Brahma Until 3:58AM Fri<br>Balava Until 6:04PM<br><b>Prathama* Until 6:03AM</b>   | <b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:09AM<br><b>Muruga:</b> Blue <i>Sunset:</i> 6:24PM<br><b>Nataraja:</b> Purple<br>Moon – Green<br><b>Ashvina•Puratasi</b> | <b>Bhuloka Day</b><br>Hemalamba 5119<br>Moon 9 - Phase 22<br>3rd Phase |  |  |
| Routine Work Marana Yoga<br>Until 7:01PM<br>Then Creative Work - Siddha Yoga |             |                                     |  |  |   |  |  |  |

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| <b>2</b>                  |             | <b>Friday, September 22, 2017</b>  |   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |   | Milan, Italy<br>Sun 15 Sutra 158                                       |  |  |
| Kanya Rasi: 29.12         | Tithi 2 – 3 | <b>Gulika</b><br>Yama<br>568892363 | <b>7:41AM – 9:13AM</b><br>3:19PM – 4:50PM<br><b>Rahu</b><br>10:44AM – 12:16PM | <b>Chitra Until 8:06PM</b><br>Indra Until 3:26AM Sat<br>Taitila Until 6:29PM<br><b>Dvitiya Until 6:11AM</b>  | <b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:10AM<br><b>Muruga:</b> Blue <i>Sunset:</i> 6:22PM<br><b>Nataraja:</b> Purple<br>Moon – Green<br><b>Ashvina•Puratasi</b> | <b>Bhuloka Day</b><br>Hemalamba 5119<br>Moon 9 - Phase 22<br>3rd Phase |  |  |
| Creative Work Siddha Yoga |             |                                    |   |  |   |  |  |  |

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| <b>3</b>                  |             | <b>Saturday, September 23, 2017</b> |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |   | Milan, Italy<br>Sun 16 Sutra 159                                       |  |  |
| Tula Rasi: 11.5           | Tithi 3 – 4 | <b>Gulika</b><br>Yama<br>569892363  | <b>6:11AM – 7:42AM</b><br>1:47PM – 3:18PM<br><b>Rahu</b><br>9:13AM – 10:44AM | <b>Svati Until 9:35PM</b><br>Vaidhriti* Until 3:19AM Sun<br>Vanija Until 7:29PM<br><b>Tritiya Until 6:54AM</b>  | <b>Ganesh:</b> Purple <i>Sunrise:</i> 6:11AM<br><b>Muruga:</b> Blue <i>Sunset:</i> 6:20PM<br><b>Nataraja:</b> Purple<br>Moon – Green<br><b>Ashvina•Puratasi</b> | <b>Bhuloka Day</b><br>Hemalamba 5119<br>Moon 9 - Phase 22<br>3rd Phase |  |  |
| Creative Work Siddha Yoga |             |                                     |  |   |   |  |  |  |

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| <b>4</b>                 |             | <b>Sunday, September 24, 2017</b>  |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |   | Milan, Italy<br>Sun 17 Sutra 160  |  |  |
| Tula Rasi: 24.13         | Tithi 4 – 5 | <b>Gulika</b><br>Yama<br>579892363 | <b>3:17PM – 4:47PM</b><br>12:15PM – 1:46PM<br><b>Rahu</b><br>4:47PM – 6:18PM | <b>Vishakha Until 11:56PM</b><br>Vishkambha* Until 3:38AM Mon<br>Bava Until 9:03PM<br><b>Chaturthi* Until 8:11AM</b>   | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:12AM<br><b>Muruga:</b> Blue <i>Sunset:</i> 6:18PM<br><b>Nataraja:</b> Purple<br>Moon – Orange<br><b>Ashvina•Puratasi</b> | <b>Bhuloka Day</b><br>Hemalamba 5119<br>Moon 9 - Phase 22<br>3rd Phase<br>Devaloka Time: 6:AM to 9:AM |  |  |
| Routine Work Marana Yoga |             |                                    |  |  |   |   |  |  |

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| <b>5</b>  |             | <b>Monday, September 25, 2017</b>  |   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |   | Milan, Italy<br>Sun 18 Sutra 161  |  |  |
| Vrischika Rasi: 6.23  | Tithi 5 – 6 | <b>Gulika</b><br>Yama<br>579892363 | <b>1:45PM – 3:16PM</b><br>10:45AM – 12:15PM<br><b>Rahu</b><br>7:44AM – 9:14AM | <b>Anuradha Until 2:32AM Tue</b><br>Priti Until 4:17AM Tue<br>Kaulava Until 11:04PM<br><b>Panchami Until 9:59AM</b>   | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:14AM<br><b>Muruga:</b> Blue <i>Sunset:</i> 6:16PM<br><b>Nataraja:</b> Purple<br>Moon – Orange<br><b>Ashvina•Puratasi</b> | <b>Bhuloka Day</b><br>Hemalamba 5119<br>Moon 9 - Phase 22<br>3rd Phase<br>Devaloka Time: 6:AM to 9:AM |  |  |
| Family Home Evening<br>Creative Work Siddha Yoga<br>Until 2:32AM Tue<br>Then Routine Work - Marana Yoga |             |                                    |   |   |   |   |  |  |

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| <b>6</b>                 |             | <b>Tuesday, September 26, 2017</b> |   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |   | Milan, Italy<br>Sun 19 Sutra 162  |  |  |
| Vrischika Rasi: 18.23    | Tithi 6 – 7 | <b>Gulika</b><br>Yama<br>579892363 | <b>12:15PM – 1:44PM</b><br>9:15AM – 10:45AM<br><b>Rahu</b><br>3:14PM – 4:44PM | <b>Jyeshtha* Until 5:15AM Wed</b><br>Ayushman Until 5:06AM Wed<br>Gara Until 1:24AM Wed<br><b>Shashthi* Until 12:11PM</b>   | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:15AM<br><b>Muruga:</b> Blue <i>Sunset:</i> 6:14PM<br><b>Nataraja:</b> Purple<br>Moon – Orange<br><b>Ashvina•Puratasi</b> | <b>Bhuloka Day</b><br>Hemalamba 5119<br>Moon 9 - Phase 22<br>3rd Phase<br>Devaloka Time: 6:AM to 9:AM |  |  |
| Routine Work Marana Yoga |             |                                    |   |   |   |   |  |  |

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| <b>Retreat Star</b>  |             | <b>Wednesday, September 27, 2017</b> |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |   | Milan, Italy<br>Sun 20 Sutra 163  |  |
| Dhanus Rasi: 0.17  | Tithi 7 – 8 | <b>Gulika</b><br>Yama<br>689892363   | <b>10:45AM – 12:14PM</b><br>7:46AM – 9:15AM<br><b>Rahu</b><br>12:14PM – 1:44PM | <b>Mula* Until 8:23AM Thu</b><br>Saubhagya Until 6:01AM Thu<br>Visti Until 3:52AM Thu<br><b>Saptami Until 2:37PM</b>   | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:16AM<br><b>Muruga:</b> Blue <i>Sunset:</i> 6:12PM<br><b>Nataraja:</b> Purple<br>Moon – Light Blue<br><b>Ashvina•Puratasi</b> | <b>Bhuloka Day</b><br>Hemalamba 5119<br>Moon 9 - Phase 22<br>Ashtami<br>Devaloka Time: 6:AM to 9:AM |  |
| Routine Work Marana Yoga<br>Until 8:23AM Thu<br>Then Creative Work - Siddha Yoga |             | <b>Durga Ashtami</b>                 |  |  |   |   |  |

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| <b>Retreat Star</b>       |             | <b>Thursday, September 28, 2017</b> |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau |   | Milan, Italy<br>Sun 21 Sutra 164   |  |
| Dhanus Rasi: 12.08        | Tithi 8 – 9 | <b>Gulika</b><br>Yama<br>689892363  | <b>9:16AM – 10:45AM</b><br>6:17AM – 7:46AM<br><b>Rahu</b><br>1:43PM – 3:12PM | <b>Mula* Until 8:23AM</b><br>Saubhagya Until 6:01AM<br>Balava Until 6:14AM Fri<br><b>Ashtami* Until 5:03PM</b>  | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:17AM<br><b>Muruga:</b> Blue <i>Sunset:</i> 6:10PM<br><b>Nataraja:</b> Purple<br>Moon – Light Blue<br><b>Ashvina•Puratasi</b> | <b>Bhuloka Day</b><br>Hemalamba 5119<br>Moon 9 - Phase 22<br>Navami<br>Devaloka Time: 6:AM to 9:AM |  |
| Creative Work Siddha Yoga |             | <b>Saraswathi Puja (Tamil Nadu)</b> |  |   |   |  |  |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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| <b>1 Friday, September 29, 2017</b> |                    | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Navamyam Titau |                                   |  |                             | Milan, Italy<br>Sun 22 Sutra 165 |
| Dhanus Rasi: 24.03                  | Tithi 9            | <b>Gulika</b> 7:47AM – 9:16AM   | <b>Purvashadha* Until 11:14AM</b> | <b>Ganesh:</b> Orange <i>Sunrise: 6:19AM</i> | Hemalamba 5119              |                                  |
|                                     |                    | Yama 3:11PM – 4:40PM  | Sobhana Until 6:51AM              | <b>Muruga:</b> Blue <i>Sunset: 6:09PM</i>    | Moon 9 - Phase 23           |                                  |
|                                     |                    | 689992363 <b>Rahu</b> 10:45AM – 12:14PM   | Balava Until 6:14AM               | <b>Nataraja:</b> Purple                      | 4th Phase                   |                                  |
| Routine Work                        | Prabalarishta Yoga |   | <b>Navami* Until 7:17PM</b>       | Moon – Light Blue                            | <b>Bhuloka Day</b>          |                                  |
| Until 11:14AM                       |                    | <b>Vijaya Dasami</b>  |                                   | <b>Ashvina+Puratasi</b>                      | Devaloka Time: 6:AM to 9:AM |                                  |
| Then Routine Work - Marana Yoga     |                    |   |                                   |  |                             |                                  |

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| <b>2 Saturday, September 30, 2017</b> |             | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau |                                  |  |                             | Milan, Italy<br>Sun 23 Sutra 166 |
| Makara Rasi: 6.05                     | Tithi 10    | <b>Gulika</b> 6:20AM – 7:48AM  | <b>Uttarashadha Until 1:33PM</b> | <b>Ganesh:</b> Orange <i>Sunrise: 6:20AM</i> | Hemalamba 5119              |                                  |
|                                       |             | Yama 1:42PM – 3:10PM   | Athiganda* Until 7:24AM          | <b>Muruga:</b> Blue <i>Sunset: 6:07PM</i>    | Moon 9 - Phase 23           |                                  |
|                                       |             | 689992363 <b>Rahu</b> 9:16AM – 10:45AM   | Taitila Until 8:16AM             | <b>Nataraja:</b> Purple                      | 4th Phase                   |                                  |
| Routine Work                          | Marana Yoga |  | <b>Dashami Until 9:05PM</b>      | Moon – Light Blue                            | <b>Bhuloka Day</b>          |                                  |
| Until 1:33PM                          |             |  |                                  | <b>Ashvina+Puratasi</b>                      | Devaloka Time: 6:AM to 9:AM |                                  |
| Then Creative Work - Siddha Yoga      |             |  |                                  |  |                             |                                  |

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| <b>3 Sunday, October 1, 2017</b> |             | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau |                               |   |                              | Milan, Italy<br>Sun 24 Sutra 167 |
| Makara Rasi: 18.2                | Tithi 11    | <b>Gulika</b> 3:09PM – 4:37PM  | <b>Shravana Until 3:38PM</b>  | <b>Ganesh:</b> Red <i>Sunrise: 6:21AM</i> | Hemalamba 5119               |                                  |
|                                  |             | Yama 12:13PM – 1:41PM  | Sukarma Until 7:34AM          | <b>Muruga:</b> Blue <i>Sunset: 6:05PM</i> | Moon 9 - Phase 23            |                                  |
|                                  |             | 691992363 <b>Rahu</b> 4:37PM – 6:05PM  | Vanija Until 9:46AM           | <b>Nataraja:</b> Purple                   | 4th Phase                    |                                  |
| Creative Work                    | Amrita Yoga |  | <b>Ekadashi Until 10:15PM</b> | Moon – Purple                             | <b>Bhuloka Day</b>           |                                  |
| Until 3:38PM                     |             |  |                               | <b>Ashvina+Puratasi</b>                   | Devaloka Time: 9:AM to 12:PM |                                  |
| Then Routine Work - Marana Yoga  |             |  |                               |   |                              |                                  |

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| <b>4 Monday, October 2, 2017</b> |             | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau |                                |   |                              | Milan, Italy<br>Sun 25 Sutra 168 |
| Kumbha Rasi: 0.52                | Tithi 12    | <b>Gulika</b> 1:40PM – 3:08PM  | <b>Dhanishtha Until 4:53PM</b> | <b>Ganesh:</b> Red <i>Sunrise: 6:22AM</i> | Hemalamba 5119               |                                  |
| <b>Family Home Evening</b>       |             | Yama 10:45AM – 12:13PM   | Dhriti Until 7:14AM            | <b>Muruga:</b> Blue <i>Sunset: 6:03PM</i> | Moon 9 - Phase 23            |                                  |
|                                  |             | 691992363 <b>Rahu</b> 7:50AM – 9:17AM  | Bava Until 10:35AM             | <b>Nataraja:</b> Purple                   | 4th Phase                    |                                  |
| Creative Work                    | Siddha Yoga |  | <b>Dvadashi Until 10:41PM</b>  | Moon – Purple                             | <b>Bhuloka Day</b>           |                                  |
|                                  |             |  |                                | <b>Ashvina+Puratasi</b>                   | Devaloka Time: 9:AM to 12:PM |                                  |

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| <b>5 Tuesday, October 3, 2017</b> |             | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                  |   |                              | Milan, Italy<br>Sun 26 Sutra 169 |
| Kumbha Rasi: 13.44                | Tithi 13    | <b>Gulika</b> 12:12PM – 1:39PM   | <b>Shatabhishak Until 5:14PM</b> | <b>Ganesh:</b> Red <i>Sunrise: 6:23AM</i> | Hemalamba 5119               |                                  |
|                                   |             | Yama 9:18AM – 10:45AM  | Shula* Until 6:16AM              | <b>Muruga:</b> Blue <i>Sunset: 6:01PM</i> | Moon 9 - Phase 23            |                                  |
|                                   |             | 691992363 <b>Rahu</b> 3:07PM – 4:34PM  | Kaulava Until 10:39AM            | <b>Nataraja:</b> Purple                   | 4th Phase                    |                                  |
| Routine Work                      | Marana Yoga |  | <b>Trayodashi Until 10:22PM</b>  | Moon – Purple                             | <b>Bhuloka Day</b>           |                                  |
|                                   |             | <b>Chidambaram Abhishekam</b>  | <i>Pradosha Vrata</i>            | <b>Ashvina+Puratasi</b>                   | Devaloka Time: 9:AM to 12:PM |                                  |
|                                   |             | <b>Kadaitswami Mahasamadhi</b>   |                                  |   |                              |                                  |

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| <b>6 Wednesday, October 4, 2017</b> |             | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhhi Yoga Gara/Vanija Karana Chaturdashyam Titau |                                       |  |                              | Milan, Italy<br>Sun 27 Sutra 170 |
| Kumbha Rasi: 27.01                  | Tithi 14    | <b>Gulika</b> 10:45AM – 12:12PM  | <b>Purvaproshtapada* Until 5:11PM</b> | <b>Ganesh:</b> Yellow <i>Sunrise: 6:25AM</i> | Hemalamba 5119               |                                  |
|                                     |             | Yama 7:52AM – 9:18AM   | Vridhhi Until 2:40AM Thu              | <b>Muruga:</b> Blue <i>Sunset: 5:59PM</i>    | Moon 9 - Phase 23            |                                  |
|                                     |             | 611992363 <b>Rahu</b> 12:12PM – 1:39PM   | Gara Until 9:58AM                     | <b>Nataraja:</b> Purple                      | 4th Phase                    |                                  |
| Creative Work                       | Amrita Yoga |  | <b>Chaturdashi* Until 9:21PM</b>      | Moon – Clear                                 | <b>Bhuloka Day</b>           |                                  |
| Until 5:11PM                        |             |  |                                       | <b>Ashvina+Puratasi</b>                      | Devaloka Time: 9:AM to 12:PM |                                  |
| Then Creative Work - Siddha Yoga    |             |  |                                       |  |                              |                                  |

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|----------------------------------|-------------|---|---------------------------------------|--|------------------------------|----------------------------------|
| <b>Thursday, October 5, 2017</b> |             | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau |                                       |  |                              | Milan, Italy<br>Sun 27 Sutra 171 |
| <b>Copper Retreat Star</b>       |             | <b>Gulika</b> 9:19AM – 10:45AM  | <b>Uttaraproshtapada Until 4:21PM</b> | <b>Ganesh:</b> Yellow <i>Sunrise: 6:26AM</i> | Hemalamba 5119               |                                  |
| Meena Rasi: 10.4                 | Tithi 15    | Yama 6:26AM – 7:52AM  | Dhruva Until 12:07AM Fri              | <b>Muruga:</b> Blue <i>Sunset: 5:57PM</i>    | Moon 9 - Phase 23            |                                  |
|                                  |             | 611992363 <b>Rahu</b> 1:38PM – 3:04PM   | Visti Until 8:37AM                    | <b>Nataraja:</b> Purple                      | Purnima                      |                                  |
| Creative Work                    | Siddha Yoga |   | <b>Purnima* Until 7:42PM</b>          | Moon – Clear                                 | <b>Bhuloka Day</b>           |                                  |
|                                  |             |   |                                       | <b>Ashvina+Puratasi</b>                      | Devaloka Time: 9:AM to 12:PM |                                  |

|                                  |               |  |                               |  |                              |                                  |
|----------------------------------|---------------|--|-------------------------------|--|------------------------------|----------------------------------|
| <b>Friday, October 6, 2017</b>   |               | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vyaghata* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau |                               |  |                              | Milan, Italy<br>Sun 27 Sutra 172 |
| <b>Silver Retreat Star</b>       |               | <b>Gulika</b> 7:53AM – 9:19AM  | <b>Revati Until 2:53PM</b>    | <b>Ganesh:</b> Yellow <i>Sunrise: 6:27AM</i> | Hemalamba 5119               |                                  |
| Meena Rasi: 24.39                | Tithi 16 – 17 | Yama 3:03PM – 4:29PM   | Vyaghata* Until 9:11PM        | <b>Muruga:</b> Blue <i>Sunset: 5:55PM</i>    | Moon 9 - Phase 23            |                                  |
|                                  |               | 611992363 <b>Rahu</b> 10:45AM – 12:11PM  | Balava Until 6:43AM           | <b>Nataraja:</b> Purple                      | Prathama                     |                                  |
| Creative Work                    | Siddha Yoga   |  | <b>Prathama* Until 5:35PM</b> | Moon – Clear                                 | <b>Bhuloka Day</b>           |                                  |
| Until 2:53PM                     |               |  |                               | <b>Ashvina+Puratasi</b>                      | Devaloka Time: 9:AM to 12:PM |                                  |
| Then Creative Work - Amrita Yoga |               |  |                               |  |                              |                                  |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang



Saturday, October 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy  
Sun 1 Sutra 173

Hemalamba 5119

Moon 10 - Phase 24  
1st Phase

Mesha Rasi: 8.55    Tihi 17 - 18

621992364

**Gulika** 6:29AM - 7:54AM  
Yama 1:37PM - 3:02PM  
**Rahu** 9:20AM - 10:45AM

**Ashvini** Until 1:21PM  
Harshana Until 6:02PM  
Vanija Until 1:50AM Sun  
Dvitiya Until 3:08PM

**Ganesha:** Blue    *Sunrise:* 6:29AM  
**Muruga:** Blue    *Sunset:* 5:54PM  
**Nataraja:** Clear  
Moon - White  
**Ashvina•Puratasi**

**Sivaloka Day**

Creative Work    Siddha Yoga

Sunday, October 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Milan, Italy  
Sun 2 Sutra 174

Hemalamba 5119

Moon 10 - Phase 24  
1st Phase

Mesha Rasi: 23.22    Tihi 18 - 19

621992364

**Gulika** 3:01PM - 4:26PM  
Yama 12:11PM - 1:36PM  
**Rahu** 4:26PM - 5:52PM

**Bharani** Until 11:27AM  
Vajra\* Until 2:42PM  
Bava Until 11:09PM  
Tritiya Until 12:29PM

**Ganesha:** Blue    *Sunrise:* 6:30AM  
**Muruga:** Blue    *Sunset:* 5:52PM  
**Nataraja:** Clear  
Moon - White  
**Ashvina•Puratasi**

**Sivaloka Day**

Routine Work    Prabalarishta Yoga

Until 11:27AM

Then Creative Work - Siddha Yoga

Monday, October 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy  
Sun 3 Sutra 175

Hemalamba 5119

Moon 10 - Phase 24  
1st Phase

Vrishabha Rasi: 7.52    Tihi 19 - 20

621992364

**Gulika** 1:35PM - 3:00PM  
Yama 10:46AM - 12:10PM  
**Rahu** 7:56AM - 9:21AM

**Krittika** Until 9:22AM  
Siddhi Until 11:21AM  
Kaulava Until 8:28PM  
Chaturthi\* Until 9:47AM

**Ganesha:** Blue    *Sunrise:* 6:31AM  
**Muruga:** Blue    *Sunset:* 5:50PM  
**Nataraja:** Clear  
Moon - White  
**Ashvina•Puratasi**

**Sivaloka Day**

Routine Work    Marana Yoga

Until 9:22AM

Then Creative Work - Amrita Yoga

Tuesday, October 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\*/Varyan Yoga Taitila/Vanija Karana Panchami/Shashihyam Titau

Milan, Italy  
Sun 4 Sutra 176

Hemalamba 5119

Moon 10 - Phase 24  
1st Phase

Vrishabha Rasi: 22.2    Tihi 20 - 21

631992364

**Gulika** 12:10PM - 1:35PM  
Yama 9:21AM - 10:46AM  
**Rahu** 2:59PM - 4:24PM

**Rohini** Until 7:38AM  
Vyatipata\* Until 8:04AM  
Vanija Until 4:40AM Wed  
Panchami Until 7:08AM

**Ganesha:** Red    *Sunrise:* 6:32AM  
**Muruga:** Blue    *Sunset:* 5:48PM  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Puratasi**

**Devaloka Day**

Creative Work    Amrita Yoga

Until 7:38AM

Then Creative Work - Siddha Yoga

Wednesday, October 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Parigha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Milan, Italy  
Sun 5 Sutra 177

Hemalamba 5119

Moon 10 - Phase 24  
1st Phase

Mithuna Rasi: 6.43    Tihi 22

631992364

**Gulika** 10:46AM - 12:10PM  
Yama 7:58AM - 9:22AM  
**Rahu** 12:10PM - 1:34PM

**Ardra** Until 4:18AM Thu  
Parigha\* Until 1:57AM Thu  
Visti Until 3:32PM  
Saptami Until 2:27AM Thu

**Ganesha:** Red    *Sunrise:* 6:34AM  
**Muruga:** Blue    *Sunset:* 5:46PM  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Puratasi**

**Devaloka Day**

Creative Work    Siddha Yoga

Until 4:18AM Thu

Then Creative Work - Amrita Yoga

Thursday, October 12, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy  
Sun 6 Sutra 178

Hemalamba 5119

Moon 10 - Phase 24  
Ashtami

Mithuna Rasi: 20.54    Tihi 23

642992364

**Gulika** 9:22AM - 10:46AM  
Yama 6:35AM - 7:59AM  
**Rahu** 1:33PM - 2:57PM

**Punarvasu** Until 3:15AM Fri  
Shiva Until 11:14PM  
Balava Until 1:27PM  
Ashtami\* Until 12:30AM Fri

**Ganesha:** Red    *Sunrise:* 6:35AM  
**Muruga:** Blue    *Sunset:* 5:44PM  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Puratasi**

**Devaloka Day**

Creative Work    Amrita Yoga

Until 3:15AM Fri

Then Routine Work - Marana Yoga

Friday, October 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy  
Sun 7 Sutra 179

Hemalamba 5119

Moon 10 - Phase 24  
Navami

Kataka Rasi: 4.55    Tihi 24

642992364

**Gulika** 8:00AM - 9:23AM  
Yama 2:56PM - 4:19PM  
**Rahu** 10:46AM - 12:09PM

**Pushya** Until 2:23AM Sat  
Siddha Until 8:45PM  
Taitila Until 11:40AM  
Navami\* Until 10:53PM

**Ganesha:** Red    *Sunrise:* 6:36AM  
**Muruga:** Blue    *Sunset:* 5:43PM  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Puratasi**

**Devaloka Day**

Routine Work    Marana Yoga

|                          |  |                                   |                  |  |                         |                        |                     |
|--------------------------|--|-----------------------------------|------------------|--|-------------------------|------------------------|---------------------|
| <b>1</b>                 |  | <b>Saturday, October 14, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Milan, Italy |                         |                        |                     |
| Kataka Rasi: 18.43       |  | Tithi 25                          |                  | Ashlesha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau Sun 8 Sutra 180                           |                         |                        |                     |
| 642992364                |  | <b>Gulika</b>                     | 6:38AM – 8:00AM  | <b>Ashlesha* Until 1:41AM Sun</b>  | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 6:38AM | Hemalamba 5119      |
| Routine Work Marana Yoga |  | <b>Yama</b>                       | 1:32PM – 2:55PM  | <b>Sadhya Until 6:32PM</b>   | <b>Muruga:</b> Blue     | <i>Sunset:</i> 5:41PM  | Moon 10 - Phase 25  |
|                          |  | <b>Rahu</b>                       | 9:23AM – 10:46AM | <b>Vanija Until 10:13AM</b>  | <b>Nataraja:</b> Clear  |                        | 2nd Phase           |
|                          |  |                                   |                  | <b>Dashami Until 9:35PM</b>  | Moon – Blue             |                        | <b>Devaloka Day</b> |
|                          |  |                                   |                  |  | <b>Ashvina•Puratasi</b> |                        |                     |

|                                  |  |                                 |                  |  |                         |                        |                             |
|----------------------------------|--|---------------------------------|------------------|--|-------------------------|------------------------|-----------------------------|
| <b>2</b>                         |  | <b>Sunday, October 15, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Milan, Italy |                         |                        |                             |
| Simha Rasi: 2.2                  |  | Tithi 26                        |                  | Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Sutra 181                          |                         |                        |                             |
| 652992364                        |  | <b>Gulika</b>                   | 2:54PM – 4:17PM  | <b>Magha* Until 1:36AM Mon</b>   | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:39AM | Hemalamba 5119              |
| Routine Work Marana Yoga         |  | <b>Yama</b>                     | 12:09PM – 1:32PM | <b>Subha Until 4:36PM</b>  | <b>Muruga:</b> Blue     | <i>Sunset:</i> 5:39PM  | Moon 10 - Phase 25          |
| Until 1:36AM Mon                 |  | <b>Rahu</b>                     | 4:17PM – 5:39PM  | <b>Bava Until 9:05AM</b>   | <b>Nataraja:</b> Clear  |                        | 2nd Phase                   |
| Then Creative Work - Siddha Yoga |  |                                 |                  | <b>Ekadashi* Until 8:37PM</b>  | Moon – Red              |                        | <b>Bhuloka Day</b>          |
|                                  |  |                                 |                  |  | <b>Ashvina•Puratasi</b> |                        | Devaloka Time: 6:PM to 9:PM |

|                                  |  |                                 |                   |   |                         |                        |                             |
|----------------------------------|--|---------------------------------|-------------------|---|-------------------------|------------------------|-----------------------------|
| <b>3</b>                         |  | <b>Monday, October 16, 2017</b> |                   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Milan, Italy |                         |                        |                             |
| Simha Rasi: 15.46                |  | Tithi 27                        |                   | Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Dvadashyam Titau Sun 10 Sutra 182            |                         |                        |                             |
| 652992364                        |  | <b>Gulika</b>                   | 1:31PM – 2:53PM   | <b>Purvaphalguni Until 1:42AM Tue</b>   | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:40AM | Hemalamba 5119              |
| Family Home Evening              |  | <b>Yama</b>                     | 10:47AM – 12:09PM | <b>Sukla Until 2:53PM</b>   | <b>Muruga:</b> Blue     | <i>Sunset:</i> 5:37PM  | Moon 10 - Phase 25          |
| Creative Work Siddha Yoga        |  | <b>Rahu</b>                     | 8:02AM – 9:24AM   | <b>Kaulava Until 8:16AM</b>   | <b>Nataraja:</b> Clear  |                        | 2nd Phase                   |
| Until 1:42AM Tue                 |  |                                 |                   | <b>Dvadashi* Until 7:58PM</b>   | Moon – Red              |                        | <b>Bhuloka Day</b>          |
| Then Creative Work - Amrita Yoga |  |                                 |                   |   | <b>Ashvina•Puratasi</b> |                        | Devaloka Time: 6:PM to 9:PM |

|                                 |  |                                  |                  |   |                                 |                        |                             |
|---------------------------------|--|----------------------------------|------------------|---|---------------------------------|------------------------|-----------------------------|
| <b>4</b>                        |  | <b>Tuesday, October 17, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Milan, Italy |                                 |                        |                             |
| Simha Rasi: 29.01               |  | Tithi 28                         |                  | Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 183               |                                 |                        |                             |
| 652992364                       |  | <b>Gulika</b>                    | 12:09PM – 1:30PM | <b>Uttaraphalguni Until 1:58AM Wed</b>  | <b>Ganesha:</b> Green           | <i>Sunrise:</i> 6:42AM | Hemalamba 5119              |
| Creative Work Amrita Yoga       |  | <b>Yama</b>                      | 9:25AM – 10:47AM | <b>Brahma Until 1:27PM</b>  | <b>Muruga:</b> Blue             | <i>Sunset:</i> 5:36PM  | Moon 10 - Phase 25          |
| Until 1:58AM Wed                |  | <b>Rahu</b>                      | 2:52PM – 4:14PM  | <b>Gara Until 7:47AM</b>  | <b>Nataraja:</b> Clear          |                        | 2nd Phase                   |
| Then Routine Work - Marana Yoga |  |                                  |                  | <b>Trayodashi* Until 7:40PM</b>   | Moon – Red                      |                        | <b>Bhuloka Day</b>          |
|                                 |  |                                  |                  |   | <b>Ashvina•Aipasi</b>           |                        | Devaloka Time: 6:PM to 9:PM |
|                                 |  |                                  |                  |   | <i>Pradosha Vrata (Fasting)</i> |                        |                             |

|                                  |  |                                       |                   |   |                        |                        |                             |
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| <b>5</b>                         |  | <b>Wednesday, October 18, 2017</b>    |                   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Milan, Italy |                        |                        |                             |
| Kanya Rasi: 12.05                |  | Tithi 29                              |                   | Hasta Nakshatra Indra/Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 184              |                        |                        |                             |
| 662992364                        |  | <b>Gulika</b>                         | 10:47AM – 12:08PM | <b>Hasta Until 2:55AM Thu</b>   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:43AM | Hemalamba 5119              |
| Routine Work Marana Yoga         |  | <b>Yama</b>                           | 8:04AM – 9:26AM   | <b>Indra Until 12:18PM</b>  | <b>Muruga:</b> Blue    | <i>Sunset:</i> 5:34PM  | Moon 10 - Phase 25          |
| Until 2:55AM Thu                 |  | <b>Rahu</b>                           | 12:08PM – 1:30PM  | <b>Visti Until 7:40AM</b>   | <b>Nataraja:</b> Clear |                        | 2nd Phase                   |
| Then Creative Work - Siddha Yoga |  | <b>Deepavali Hindu Solidarity Day</b> |                   | <b>Chaturdashi* Until 7:44PM</b>  | Moon – Green           |                        | <b>Bhuloka Day</b>          |
|                                  |  |                                       |                   |   | <b>Ashvina•Aipasi</b>  |                        | Devaloka Time: 6:PM to 9:PM |

|                           |  |                                   |                  |  |                        |                        |                             |
|---------------------------|--|-----------------------------------|------------------|--|------------------------|------------------------|-----------------------------|
| <b>Retreat Star</b>       |  | <b>Thursday, October 19, 2017</b> |                  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Milan, Italy |                        |                        |                             |
| Kanya Rasi: 24.58         |  | Tithi 30                          |                  | Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 13 Sutra 185      |                        |                        |                             |
| 662992364                 |  | <b>Gulika</b>                     | 9:26AM – 10:47AM | <b>Chitra Until 4:08AM Fri</b>   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:44AM | Hemalamba 5119              |
| Creative Work Siddha Yoga |  | <b>Yama</b>                       | 6:44AM – 8:05AM  | <b>Vaidhriti* Until 11:27AM</b>  | <b>Muruga:</b> Blue    | <i>Sunset:</i> 5:32PM  | Moon 10 - Phase 25          |
|                           |  | <b>Rahu</b>                       | 1:29PM – 2:50PM  | <b>Catuspada Until 7:56AM</b>  | <b>Nataraja:</b> Clear |                        | Amavasya                    |
|                           |  |                                   |                  | <b>Amavasya* Until 8:12PM</b>  | Moon – Green           |                        | <b>Bhuloka Day</b>          |
|                           |  |                                   |                  |  | <b>Ashvina•Aipasi</b>  |                        | Devaloka Time: 6:PM to 9:PM |

|                           |  |                                 |                   |   |                        |                        |                             |
|---------------------------|--|---------------------------------|-------------------|---|------------------------|------------------------|-----------------------------|
| <b>Retreat Star</b>       |  | <b>Friday, October 20, 2017</b> |                   | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Milan, Italy |                        |                        |                             |
| Tula Rasi: 7.38           |  | Tithi 1                         |                   | Svati Nakshatra Vishkambha*/Prili Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 14 Sutra 186            |                        |                        |                             |
| 662992364                 |  | <b>Gulika</b>                   | 8:06AM – 9:27AM   | <b>Svati Until 5:37AM Sat</b>   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:46AM | Hemalamba 5119              |
| Creative Work Siddha Yoga |  | <b>Yama</b>                     | 2:49PM – 4:10PM   | <b>Vishkambha* Until 10:56AM</b>  | <b>Muruga:</b> Blue    | <i>Sunset:</i> 5:31PM  | Moon 10 - Phase 25          |
|                           |  | <b>Rahu</b>                     | 10:47AM – 12:08PM | <b>Kintughna Until 8:38AM</b>   | <b>Nataraja:</b> Clear |                        | Prathama                    |
|                           |  | <b>Skanda Shasthi Begins</b>    |                   | <b>Prathama* Until 9:08PM</b>   | Moon – Green           |                        | <b>Bhuloka Day</b>          |
|                           |  |                                 |                   |   | <b>Kartika•Aipasi</b>  |                        | Devaloka Time: 6:PM to 9:PM |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

|  |                                   |         |   |  |  |   |                                     |
|--|-----------------------------------|---------|---|--|--|---|-------------------------------------|
| <b>1</b>   | <b>Saturday, October 21, 2017</b> |         | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau |  |  |   | Milan, Italy<br>Sun 15<br>Sutra 187 |
|  | Tula Rasi: 20.06                  | Tithi 2 | <b>Gulika</b><br>6:47AM – 8:07AM  | <b>Vishakha</b> Until 7:52AM Sun       | <b>Ganesh:</b> Green<br><i>Sunrise:</i> 6:47AM | <i>Sunset:</i> 6:47AM                             | Hemalamba 5119                      |
|  |                                   |         | Yama<br>1:28PM – 2:48PM   | Priti Until 10:47AM                    | <b>Muruga:</b> Blue<br><i>Sunset:</i> 5:29PM   |   | Moon 10 - Phase 26                  |
|  |                                   |         | 672992364 <b>Rahu</b><br>9:27AM – 10:48AM   | Balava Until 9:47AM                    | <b>Nataraja:</b> Clear                         |   | 3rd Phase                           |
| Creative Work Siddha Yoga<br>Until 7:52AM Sun<br>Then Routine Work - Marana Yoga |                                   |         | <b>Dvitiya</b> Until 10:31PM  | Moon – Orange<br><b>Kartika•Aipasi</b> |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                                     |

|                          |                                 |         |  |  |  |   |                                     |
|--------------------------|---------------------------------|---------|--|--|--|---|-------------------------------------|
| <b>2</b>                 | <b>Sunday, October 22, 2017</b> |         | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Tritiyayam Titau |  |  |   | Milan, Italy<br>Sun 16<br>Sutra 188 |
|                          | Vrischika Rasi: 2.23            | Tithi 3 | <b>Gulika</b><br>2:47PM – 4:07PM   | <b>Vishakha</b> Until 7:52AM           | <b>Ganesh:</b> Green<br><i>Sunrise:</i> 6:48AM | <i>Sunset:</i> 6:48AM                             | Hemalamba 5119                      |
|                          |                                 |         | Yama<br>12:08PM – 1:28PM   | Ayushman Until 10:58AM                 | <b>Muruga:</b> Blue<br><i>Sunset:</i> 5:27PM   |   | Moon 10 - Phase 26                  |
|                          |                                 |         | 672992364 <b>Rahu</b><br>4:07PM – 5:27PM   | Tailila Until 11:24AM                  | <b>Nataraja:</b> Clear                         |   | 3rd Phase                           |
| Routine Work Marana Yoga |                                 |         | <b>Tritiya</b> Until 12:21AM Mon   | Moon – Orange<br><b>Kartika•Aipasi</b> |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                                     |

|                           |                                 |         |   |  |  |   |                                     |
|---------------------------|---------------------------------|---------|---|--|--|---|-------------------------------------|
| <b>3</b>                  | <b>Monday, October 23, 2017</b> |         | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau |  |  |   | Milan, Italy<br>Sun 17<br>Sutra 189 |
|                           | Vrischika Rasi: 14.28           | Tithi 4 | <b>Gulika</b><br>1:27PM – 2:47PM  | <b>Anuradha</b> Until 10:22AM          | <b>Ganesh:</b> Green<br><i>Sunrise:</i> 6:50AM | <i>Sunset:</i> 6:50AM                             | Hemalamba 5119                      |
|                           | <b>Family Home Evening</b>      |         | Yama<br>10:48AM – 12:08PM   | Saubhagya Until 11:28AM                | <b>Muruga:</b> Blue<br><i>Sunset:</i> 5:26PM   |   | Moon 10 - Phase 26                  |
|                           |                                 |         | 672992364 <b>Rahu</b><br>8:09AM – 9:29AM  | Vanija Until 1:27PM                    | <b>Nataraja:</b> Clear                         |   | 3rd Phase                           |
| Creative Work Siddha Yoga |                                 |         | <b>Chaturthi*</b> Until 2:35AM Tue  | Moon – Orange<br><b>Kartika•Aipasi</b> |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                                     |

|  |                                  |         |   |  |   |   |                                     |
|--|----------------------------------|---------|---|--|---|---|-------------------------------------|
| <b>4</b>   | <b>Tuesday, October 24, 2017</b> |         | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau |  |   |   | Milan, Italy<br>Sun 18<br>Sutra 190 |
|  | Vrischika Rasi: 26.25            | Tithi 5 | <b>Gulika</b><br>12:07PM – 1:27PM   | <b>Jyeshtha*</b> Until 1:02PM          | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 6:51AM | <i>Sunset:</i> 6:51AM                             | Hemalamba 5119                      |
|  |                                  |         | Yama<br>9:29AM – 10:48AM  | Sobhana Until 12:16PM                  | <b>Muruga:</b> Blue<br><i>Sunset:</i> 5:24PM    |   | Moon 10 - Phase 26                  |
|  |                                  |         | 672192364 <b>Rahu</b><br>2:46PM – 4:05PM  | Bava Until 3:50PM                      | <b>Nataraja:</b> Clear                          |   | 3rd Phase                           |
| Routine Work Marana Yoga<br>Until 1:02PM<br>Then Creative Work - Amrita Yoga |                                  |         | <b>Panchami</b> Until 5:06AM Wed  | Moon – Orange<br><b>Kartika•Aipasi</b> |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                                     |

|  |                                    |         |  |  |   |                       |                                     |
|--|------------------------------------|---------|--|--|---|-----------------------|-------------------------------------|
| <b>5</b>   | <b>Wednesday, October 25, 2017</b> |         | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Shashthyam Titau |  |   |                       | Milan, Italy<br>Sun 19<br>Sutra 191 |
|  | Dhanus Rasi: 8.17                  | Tithi 6 | <b>Gulika</b><br>10:49AM – 12:07PM   | <b>Mula*</b> Until 4:15PM                  | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 6:52AM | <i>Sunset:</i> 6:52AM | Hemalamba 5119                      |
|  |                                    |         | Yama<br>8:11AM – 9:30AM  | Athiganda* Until 1:11PM                    | <b>Muruga:</b> Blue<br><i>Sunset:</i> 5:22PM    |                       | Moon 10 - Phase 26                  |
|  |                                    |         | 683192364 <b>Rahu</b><br>12:07PM – 1:26PM  | Kaulava Until 6:26PM                       | <b>Nataraja:</b> Clear                          |                       | 3rd Phase                           |
| Routine Work Marana Yoga<br>Until 4:15PM<br>Then Creative Work - Amrita Yoga |                                    |         | <b>Shashthi*</b> Until 7:43AM Thu  | Moon – Light Blue<br><b>Kartika•Aipasi</b> |   | <b>Sivaloka Day</b>   |                                     |

|  |                                   |                       |  |  |   |                       |                                     |
|--|-----------------------------------|-----------------------|--|--|---|-----------------------|-------------------------------------|
| <b>6</b>   | <b>Thursday, October 26, 2017</b> |                       | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau |  |   |                       | Milan, Italy<br>Sun 20<br>Sutra 192 |
|  | Dhanus Rasi: 20.05                | Tithi 6 – 7           | <b>Gulika</b><br>9:30AM – 10:49AM  | <b>Purvashadha*</b> Until 7:18PM           | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 6:54AM | <i>Sunset:</i> 6:54AM | Hemalamba 5119                      |
|  |                                   |                       | Yama<br>6:54AM – 8:12AM  | Sukarma Until 2:09PM                       | <b>Muruga:</b> White<br><i>Sunset:</i> 5:21PM   |                       | Moon 10 - Phase 26                  |
|  |                                   |                       | 683112364 <b>Rahu</b><br>1:26PM – 2:44PM   | Gara Until 9:01PM                          | <b>Nataraja:</b> Clear                          |                       | 3rd Phase                           |
| Creative Work Siddha Yoga<br>Until 7:18PM<br>Then Routine Work - Marana Yoga |                                   | <b>Skanda Shasthi</b> | <b>Shashthi*</b> Until 7:43AM  | Moon – Light Blue<br><b>Kartika•Aipasi</b> |   | <b>Sivaloka Day</b>   |                                     |

|                          |                                 |             |  |  |   |                       |                                     |
|--------------------------|---------------------------------|-------------|--|--|---|-----------------------|-------------------------------------|
| <b>Retreat Star</b>      | <b>Friday, October 27, 2017</b> |             | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |  |   |                       | Milan, Italy<br>Sun 21<br>Sutra 193 |
|                          | Makara Rasi: 1.57               | Tithi 7 – 8 | <b>Gulika</b><br>8:13AM – 9:31AM   | <b>Uttarashadha</b> Until 9:59PM           | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 6:55AM | <i>Sunset:</i> 6:55AM | Hemalamba 5119                      |
|                          |                                 |             | Yama<br>2:43PM – 4:01PM  | Dhriti Until 3:00PM                        | <b>Muruga:</b> White<br><i>Sunset:</i> 5:19PM   |                       | Moon 10 - Phase 26                  |
|                          |                                 |             | 683112364 <b>Rahu</b><br>10:49AM – 12:07PM   | Visti Until 11:22PM                        | <b>Nataraja:</b> Clear                          |                       | Ashtami                             |
| Routine Work Marana Yoga |                                 |             | <b>Saptami</b> Until 10:13AM   | Moon – Light Blue<br><b>Kartika•Aipasi</b> |   | <b>Sivaloka Day</b>   |                                     |

|   |                                   |             |   |  |  |                       |                                     |
|---|-----------------------------------|-------------|---|--|--|-----------------------|-------------------------------------|
| <b>Retreat Star</b>   | <b>Saturday, October 28, 2017</b> |             | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |  |  |                       | Milan, Italy<br>Sun 22<br>Sutra 194 |
|   | Makara Rasi: 13.56                | Tithi 8 – 9 | <b>Gulika</b><br>6:56AM – 8:14AM  | <b>Shravana</b> Until 12:32AM Sun      | <b>Ganesh:</b> Clear<br><i>Sunrise:</i> 6:56AM | <i>Sunset:</i> 6:56AM | Hemalamba 5119                      |
|   |                                   |             | Yama<br>1:25PM – 2:42PM   | Shula* Until 3:30PM                    | <b>Muruga:</b> White<br><i>Sunset:</i> 5:18PM  |                       | Moon 10 - Phase 26                  |
|   |                                   |             | 693112364 <b>Rahu</b><br>9:32AM – 10:49AM   | Balava Until 1:13AM Sun                | <b>Nataraja:</b> Clear                         |                       | Navami                              |
| Creative Work Siddha Yoga<br>Until 12:32AM Sun<br>Then Routine Work - Marana Yoga |                                   |             | <b>Ashtami*</b> Until 12:20PM   | Moon – Purple<br><b>Kartika•Aipasi</b> |  | <b>Devaloka Day</b>   |                                     |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

|  |  |  |                                    |                        |                        |                     |
|--|--|--|------------------------------------|------------------------|------------------------|---------------------|
| <b>1 Sunday, October 29, 2017</b>  |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                    |                        |                        | Milan, Italy        |
| Dhanishtha Nakshatra Ganda* / Vriddhi Yoga Kaulava / Taitila Karana Navami / Dashamyam Titau |  | Sun 23   |                                    | Sutra 195              |                        |                     |
| 693112364  |  | <b>Gulika</b> 2:42PM – 3:59PM  | <b>Dhanishtha</b> Until 2:14AM Mon | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:58AM | Hemalamba 5119      |
| Makara Rasi: 26.08    Tihi 9 – 10  |  | Yama 12:07PM – 1:24PM  | Ganda* Until 3:32PM                | <b>Muruga:</b> White   | <i>Sunset:</i> 5:16PM  | Moon 10 - Phase 27  |
| Routine Work    Marana Yoga  |  | <b>Rahu</b> 3:59PM – 5:16PM  | Taitila Until 2:21AM Mon           | <b>Nataraja:</b> Clear |                        | 4th Phase           |
| Until 2:14AM Mon   |  |  | Navami* Until 1:52PM               | Moon – Purple          |                        | <b>Devaloka Day</b> |
| Then Creative Work - Siddha Yoga   |  |  |                                    | <b>Kartika•Aipasi</b>  |                        |                     |

|  |  |   |                                      |                        |                        |                     |
|--|--|---|--------------------------------------|------------------------|------------------------|---------------------|
| <b>2 Monday, October 30, 2017</b>  |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam |                                      |                        |                        | Milan, Italy        |
| Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |  | Sun 24  |                                      | Sutra 196              |                        |                     |
| 693112364  |  | <b>Gulika</b> 1:24PM – 2:41PM   | <b>Shatabhishak</b> Until 2:59AM Tue | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:59AM | Hemalamba 5119      |
| Kumbha Rasi: 8.38    Tihi 10 – 11  |  | Yama 10:50AM – 12:07PM  | Vriddhi Until 2:59PM                 | <b>Muruga:</b> White   | <i>Sunset:</i> 5:15PM  | Moon 10 - Phase 27  |
| <b>Family Home Evening</b>   |  | <b>Rahu</b> 8:16AM – 9:33AM   | Vanija Until 2:40AM Tue              | <b>Nataraja:</b> Clear |                        | 4th Phase           |
| Creative Work    Siddha Yoga   |  |   | Dashami Until 2:36PM                 | Moon – Purple          |                        | <b>Devaloka Day</b> |
| Until 2:59AM Tue   |  |   |                                      | <b>Kartika•Aipasi</b>  |                        |                     |
| Then Routine Work - Marana Yoga  |  |   |                                      |                        |                        |                     |

|   |  |  |   |                        |                        |                     |
|---|--|--|---|------------------------|------------------------|---------------------|
| <b>3 Tuesday, October 31, 2017</b>  |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam |   |                        |                        | Milan, Italy        |
| Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau |  | Sun 25   |   | Sutra 197              |                        |                     |
| 613112364   |  | <b>Gulika</b> 12:07PM – 1:23PM   | <b>Purvaproshtapada*</b> Until 3:11AM Wed | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:00AM | Hemalamba 5119      |
| Kumbha Rasi: 21.33    Tihi 11 – 12  |  | Yama 9:34AM – 10:50AM  | Dhruva Until 1:43PM                       | <b>Muruga:</b> White   | <i>Sunset:</i> 5:13PM  | Moon 10 - Phase 27  |
| Routine Work    Marana Yoga   |  | <b>Rahu</b> 2:40PM – 3:57PM  | Bava Until 2:06AM Wed                     | <b>Nataraja:</b> Clear |                        | 4th Phase           |
| Until 3:11AM Wed  |  |  | Ekadashi Until 2:28PM                     | Moon – Clear           |                        | <b>Devaloka Day</b> |
| Then Creative Work - Siddha Yoga  |  |  |   | <b>Kartika•Aipasi</b>  |                        |                     |

|  |  |  |   |                        |                        |                     |
|--|--|--|---|------------------------|------------------------|---------------------|
| <b>4 Wednesday, November 1, 2017</b>   |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam |   |                        |                        | Milan, Italy        |
| Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau |  | Sun 26   |   | Sutra 198              |                        |                     |
| 613112364  |  | <b>Gulika</b> 10:51AM – 12:07PM  | <b>Uttaraproshtapada</b> Until 2:26AM Thu | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:02AM | Hemalamba 5119      |
| Meena Rasi: 4.55    Tihi 12 – 13   |  | Yama 8:18AM – 9:34AM   | Vyaghata* Until 11:48AM                   | <b>Muruga:</b> White   | <i>Sunset:</i> 5:12PM  | Moon 10 - Phase 27  |
| Creative Work    Siddha Yoga   |  | <b>Rahu</b> 12:07PM – 1:23PM   | Kaulava Until 12:42AM Thu                 | <b>Nataraja:</b> Clear |                        | 4th Phase           |
| Until 3:11AM Wed   |  |  | Dvadashti Until 1:29PM                    | Moon – Clear           |                        | <b>Devaloka Day</b> |
| Then Creative Work - Siddha Yoga   |  |  |   | <b>Kartika•Aipasi</b>  |                        |                     |
|  |  |  | <i>Pradosha Vrata</i>                     |                        |                        |                     |

|  |  |   |                                 |                        |                        |                     |
|--|--|---|---------------------------------|------------------------|------------------------|---------------------|
| <b>5 Thursday, November 2, 2017</b>  |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam |                                 |                        |                        | Milan, Italy        |
| Revati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |  | Sun 27  |                                 | Sutra 199              |                        |                     |
| 613112364  |  | <b>Gulika</b> 9:35AM – 10:51AM  | <b>Revati</b> Until 12:51AM Fri | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:03AM | Hemalamba 5119      |
| Meena Rasi: 18.44    Tihi 13 – 14  |  | Yama 7:03AM – 8:19AM  | Harshana Until 9:16AM           | <b>Muruga:</b> White   | <i>Sunset:</i> 5:10PM  | Moon 10 - Phase 27  |
| Creative Work    Siddha Yoga   |  | <b>Rahu</b> 1:23PM – 2:39PM   | Gara Until 10:36PM              | <b>Nataraja:</b> Clear |                        | 4th Phase           |
| Until 12:51AM Fri  |  |   | Trayodashi Until 11:43AM        | Moon – Clear           |                        | <b>Devaloka Day</b> |
| Then Creative Work - Amrita Yoga   |  |   |                                 | <b>Kartika•Aipasi</b>  |                        |                     |

|                                  |  |  |                              |                        |                        |                     |
|----------------------------------|--|--|------------------------------|------------------------|------------------------|---------------------|
| <b>Friday, November 3, 2017</b>  |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam |                              |                        |                        | Milan, Italy        |
| <b>Copper Retreat Star</b>       |  | Ashvini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau         |                              | Sun 28                 |                        | Sutra 200           |
| 623112364                        |  | <b>Gulika</b> 8:20AM – 9:36AM  | <b>Ashvini</b> Until 11:00PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:05AM | Hemalamba 5119      |
| Mesha Rasi: 3    Tihi 14 – 15    |  | Yama 2:38PM – 3:53PM   | Vajra* Until 6:11AM          | <b>Muruga:</b> White   | <i>Sunset:</i> 5:09PM  | Moon 10 - Phase 27  |
| Creative Work    Amrita Yoga     |  | <b>Rahu</b> 10:51AM – 12:07PM  | Visti Until 7:56PM           | <b>Nataraja:</b> Clear |                        | Purnima             |
| Until 11:00PM                    |  |  | Chaturdashi* Until 9:19AM    | Moon – White           |                        | <b>Sivaloka Day</b> |
| Then Creative Work - Siddha Yoga |  |  |                              | <b>Kartika•Aipasi</b>  |                        |                     |

|                                   |  |  |                             |                        |                        |                     |
|-----------------------------------|--|--|-----------------------------|------------------------|------------------------|---------------------|
| <b>Saturday, November 4, 2017</b> |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam |                             |                        |                        | Milan, Italy        |
| <b>Silver Retreat Star</b>        |  | Bharani Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau                  |                             | Sun 29                 |                        | Sutra 201           |
| 623112364                         |  | <b>Gulika</b> 7:06AM – 8:21AM  | <b>Bharani</b> Until 8:38PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:06AM | Hemalamba 5119      |
| Mesha Rasi: 17.37    Tihi 15 – 16 |  | Yama 1:22PM – 2:37PM   | Vyatipata* Until 10:57PM    | <b>Muruga:</b> White   | <i>Sunset:</i> 5:07PM  | Moon 10 - Phase 27  |
| Creative Work    Siddha Yoga      |  | <b>Rahu</b> 9:36AM – 10:52AM   | Kaulava Until 3:14AM Sun    | <b>Nataraja:</b> Clear |                        | Prathama            |
| Until 8:38PM                      |  |  | Purnima* Until 6:26AM       | Moon – White           |                        | <b>Sivaloka Day</b> |
| Then Creative Work - Amrita Yoga  |  |  |                             | <b>Kartika•Aipasi</b>  |                        |                     |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda





Sunday, November 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy

Sutra 202

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 2.28 Tihti 17

623112364

**Gulika** 2:36PM – 3:51PM  
**Yama** 12:07PM – 1:22PM  
**Rahu** 3:51PM – 5:06PM

**Krittika** **Until 5:57PM**  
Variyan **Until 7:01PM**  
Taitila **Until 1:35PM**  
**Dvitiya** **Until 11:54PM**

**Ganesha:** White *Sunrise: 7:07AM*  
**Muruga:** White *Sunset: 5:06PM*  
**Nataraja:** Clear  
Moon – White  
**Karttika•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

1

Monday, November 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Milan, Italy

Sun 1 Sutra 203

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 17.25 Tihti 18

633112364

**Gulika** 1:21PM – 2:36PM  
**Yama** 10:52AM – 12:07PM  
**Rahu** 8:23AM – 9:38AM

**Rohini** **Until 3:30PM**  
Parigha\* **Until 3:05PM**  
Vanija **Until 10:15AM**  
**Tritiya** **Until 8:35PM**

**Ganesha:** Clear *Sunrise: 7:09AM*  
**Muruga:** White *Sunset: 5:05PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Karttika•Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga

2

Tuesday, November 7, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Sun 2 Sutra 204

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 2.19 Tihti 19 – 20

733112364

**Gulika** 12:07PM – 1:21PM  
**Yama** 9:39AM – 10:53AM  
**Rahu** 2:35PM – 3:49PM

**Mrigashira** **Until 1:03PM**  
Shiva **Until 11:17AM**  
Bava **Until 7:00AM**  
**Chaturthi\*** **Until 5:26PM**

**Ganesha:** White *Sunrise: 7:10AM*  
**Muruga:** White *Sunset: 5:04PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Karttika•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 1:03PM

Then Routine Work - Marana Yoga

3

Wednesday, November 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy

Sun 3 Sutra 205

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 17.01 Tihti 20 – 21

734112364

**Gulika** 10:53AM – 12:07PM  
**Yama** 8:25AM – 9:39AM  
**Rahu** 12:07PM – 1:21PM

**Ardra** **Until 10:45AM**  
Siddha **Until 7:40AM**  
Gara **Until 1:21AM** Thu  
**Panchami** **Until 2:36PM**

**Ganesha:** Clear *Sunrise: 7:12AM*  
**Muruga:** White *Sunset: 5:02PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Karttika•Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

4

Thursday, November 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy

Sun 4 Sutra 206

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Kataka Rasi: 1.28 Tihti 21 – 22

744112364

**Gulika** 9:40AM – 10:54AM  
**Yama** 7:13AM – 8:27AM  
**Rahu** 1:21PM – 2:34PM

**Punarvasu** **Until 9:08AM**  
Subha **Until 1:31AM** Fri  
Visti **Until 11:12PM**  
**Shashthi\*** **Until 12:12PM**

**Ganesha:** Purple *Sunrise: 7:13AM*  
**Muruga:** White *Sunset: 5:01PM*  
**Nataraja:** Clear  
Moon – Blue  
**Karttika•Aipasi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

D

Friday, November 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sun 5 Sutra 207

Hemalamba 5119

Moon 11 - Phase 28

Ashtami

Kataka Rasi: 15.34 Tihti 22 – 23

744112364

**Gulika** 8:28AM – 9:41AM  
**Yama** 2:33PM – 3:47PM  
**Rahu** 10:54AM – 12:07PM

**Pushya** **Until 7:52AM**  
Sukla **Until 11:02PM**  
Balava **Until 9:34PM**  
**Saptami** **Until 10:18AM**

**Ganesha:** Purple *Sunrise: 7:14AM*  
**Muruga:** White *Sunset: 5:00PM*  
**Nataraja:** Clear  
Moon – Blue  
**Karttika•Aipasi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Saturday, November 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Sun 6 Sutra 208

Hemalamba 5119

Moon 11 - Phase 28

Navami

Kataka Rasi: 29.2 Tihti 23 – 24

744112364

**Gulika** 7:16AM – 8:29AM  
**Yama** 1:20PM – 2:33PM  
**Rahu** 9:42AM – 10:54AM

**Ashlesha\*** **Until 7:00AM**  
Brahma **Until 9:01PM**  
Taitila **Until 8:30PM**  
**Ashtami\*** **Until 8:57AM**

**Ganesha:** Purple *Sunrise: 7:16AM*  
**Muruga:** White *Sunset: 4:59PM*  
**Nataraja:** Clear  
Moon – Blue  
**Karttika•Aipasi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 7:00AM

Then Creative Work - Amrita Yoga

|  |               |   |   |   |   |   |
|--|---------------|---|---|---|---|---|
| <b>1 Sunday, November 12, 2017</b>   |               | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashyam Titau |   |   |   | Milan, Italy<br>Sun 7 Sutra 209<br>Hemalamba 5119 |
| Simha Rasi: 12.47  | Tithi 24 – 25 | <b>Gulika</b> 2:32PM – 3:45PM<br>Yama 12:07PM – 1:20PM<br>Rahu 3:45PM – 4:58PM  | <b>Magha* Until 6:58AM</b><br>Indra Until 7:27PM<br>Vanija Until 7:59PM<br>Navami* Until 8:09AM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Karttika•Aipasi</b> | <b>Sunrise:</b> 7:17AM<br><b>Sunset:</b> 4:58PM | Moon 11 - Phase 29<br>2nd Phase                   |
| Routine Work Marana Yoga<br>Until 6:58AM<br>Then Creative Work - Siddha Yoga |               |   |   | <b>Devaloka Day</b>   |   |   |

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|--|---------------|---|---|---|---|---|
| <b>2 Monday, November 13, 2017</b>               |               | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |   |   |   | Milan, Italy<br>Sun 8 Sutra 210<br>Hemalamba 5119 |
| Simha Rasi: 25.58                                | Tithi 25 – 26 | <b>Gulika</b> 1:20PM – 2:32PM<br>Yama 10:55AM – 12:07PM<br>Rahu 8:31AM – 9:43AM   | <b>Purvaphalguni Until 7:17AM</b><br>Vaidhriti* Until 6:13PM<br>Bava Until 7:57PM<br>Dashami Until 7:53AM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Karttika•Aipasi</b> | <b>Sunrise:</b> 7:19AM<br><b>Sunset:</b> 4:56PM | Moon 11 - Phase 29<br>2nd Phase                   |
| Family Home Evening<br>Creative Work Siddha Yoga |               |   |   | <b>Devaloka Day</b>   |   |   |

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|---|---------------|--|---|---|---|---|
| <b>3 Tuesday, November 14, 2017</b>   |               | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vishkamba*/Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |   |   |   | Milan, Italy<br>Sun 9 Sutra 211<br>Hemalamba 5119 |
| Kanya Rasi: 8.53  | Tithi 26 – 27 | <b>Gulika</b> 12:08PM – 1:20PM<br>Yama 9:44AM – 10:56AM<br>Rahu 2:31PM – 3:43PM  | <b>Uttaraphalguni Until 7:55AM</b><br>Vishkamba* Until 5:22PM<br>Kaulava Until 8:21PM<br>Ekadashi* Until 8:05AM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Karttika•Aipasi</b> | <b>Sunrise:</b> 7:20AM<br><b>Sunset:</b> 4:55PM | Moon 11 - Phase 29<br>2nd Phase                   |
| Creative Work Amrita Yoga<br>Until 7:55AM<br>Then Creative Work - Siddha Yoga |               |  |   | <b>Devaloka Day</b>   |   |   |

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| <b>4 Wednesday, November 15, 2017</b>  |               | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |   |   |   | Milan, Italy<br>Sun 10 Sutra 212<br>Hemalamba 5119 |
| Kanya Rasi: 21.37  | Tithi 27 – 28 | <b>Gulika</b> 10:56AM – 12:08PM<br>Yama 8:33AM – 9:45AM<br>Rahu 12:08PM – 1:19PM   | <b>Hasta Until 9:15AM</b><br>Priti Until 4:49PM<br>Gara Until 9:10PM<br>Dvadashi* Until 8:41AM<br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Karttika•Aipasi</b> | <b>Sunrise:</b> 7:21AM<br><b>Sunset:</b> 4:54PM | Moon 11 - Phase 29<br>2nd Phase                    |
| Routine Work Marana Yoga<br>Until 9:15AM<br>Then Creative Work - Siddha Yoga |               | Subramuniyaswami Mahasamadhi   |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM   |   |  |

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| <b>5 Thursday, November 16, 2017</b>   |               | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |   |   |   | Milan, Italy<br>Sun 11 Sutra 213<br>Hemalamba 5119 |
| Tula Rasi: 4.1   | Tithi 28 – 29 | <b>Gulika</b> 9:45AM – 10:57AM<br>Yama 7:23AM – 8:34AM<br>Rahu 1:19PM – 2:31PM   | <b>Chitra Until 10:48AM</b><br>Ayushman Until 4:31PM<br>Visti Until 10:20PM<br>Trayodashi* Until 9:41AM | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Karttika•Kartikai</b> | <b>Sunrise:</b> 7:23AM<br><b>Sunset:</b> 4:53PM | Moon 11 - Phase 29<br>2nd Phase                    |
| Creative Work Siddha Yoga<br>Until 10:48AM<br>Then Creative Work - Amrita Yoga |               |  |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM   |   |  |

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| <b>Friday, November 17, 2017</b>              |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |   |   |   | Milan, Italy<br>Sun 12 Sutra 214<br>Hemalamba 5119 |
| <b>Retreat Star</b>                           |  | <b>Gulika</b> 8:35AM – 9:46AM<br>Yama 2:30PM – 3:41PM<br>Rahu 10:57AM – 12:08PM  | <b>Svati Until 12:31PM</b><br>Saubhagya Until 4:30PM<br>Catuspada Until 11:51PM<br>Chaturdashi* Until 11:01AM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Karttika•Kartikai</b> | <b>Sunrise:</b> 7:24AM<br><b>Sunset:</b> 4:52PM | Moon 11 - Phase 29<br>Amavasya                     |
| Tula Rasi: 16.34<br>Creative Work Siddha Yoga |  |  |   | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM  |   |  |

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| <b>Saturday, November 18, 2017</b>            |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sobhana/Alhiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |   |  |   | Milan, Italy<br>Sun 13 Sutra 215<br>Hemalamba 5119 |
| <b>Retreat Star</b>                           |  | <b>Gulika</b> 7:25AM – 8:36AM<br>Yama 1:19PM – 2:30PM<br>Rahu 9:47AM – 10:58AM  | <b>Vishakha Until 2:53PM</b><br>Sobhana Until 4:46PM<br>Kintughna Until 1:42AM Sun<br>Amavasya* Until 12:43PM | <b>Ganesha:</b> Orange<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Margasira•Kartikai</b> | <b>Sunrise:</b> 7:25AM<br><b>Sunset:</b> 4:51PM | Moon 11 - Phase 29<br>Prathama                     |
| Tula Rasi: 28.49<br>Creative Work Siddha Yoga |  |   |   | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM   |   |  |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

|                                  |             |  |                                      |   |                        |  |                              |   |
|----------------------------------|-------------|--|--------------------------------------|---|------------------------|--|------------------------------|---|
| <b>1</b>                         |             | <b>Sunday, November 19, 2017</b>           |                                      | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        |  |                              | Milan, Italy<br>Sun 14<br>Sutra 216<br>Hemalamba 5119 |
| Vrischika Rasi: 10.56            | Tithi 1 – 2 | <b>Gulika</b><br>2:30PM – 3:40PM           | <b>Anuradha</b> Until 5:25PM         | <b>Ganesh:</b> Orange   | <i>Sunrise:</i> 7:27AM |  |                              |   |
|                                  |             | <b>Yama</b><br>12:09PM – 1:19PM            | Athiganda* Until 5:14PM              | <b>Muruga:</b> White  | <i>Sunset:</i> 4:50PM  |  |                              | Moon 11 - Phase 30                                    |
|                                  |             | 774212365 <b>Rahu</b><br>3:40PM – 4:50PM   | Balava Until 3:53AM Mon              | <b>Nataraja:</b> White  |                        |  |                              | 3rd Phase   |
| Routine Work                     | Marana Yoga |  | <b>Prathama*</b> Until 2:44PM        | Moon – Orange   |                        |  | <b>Bhuloka Day</b>           |   |
|                                  |             |  |                                      | <b>Margasira-Karttikai</b>  |                        |  | Devaloka Time: 9:AM to 12:PM |   |
| <b>2</b>                         |             | <b>Monday, November 20, 2017</b>           |                                      | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau            |                        |  |                              | Milan, Italy<br>Sun 15<br>Sutra 217<br>Hemalamba 5119 |
| Vrischika Rasi: 22.55            | Tithi 2 – 3 | <b>Gulika</b><br>1:19PM – 2:29PM           | <b>Jyeshtha*</b> Until 8:04PM        | <b>Ganesh:</b> Orange   | <i>Sunrise:</i> 7:28AM |  |                              |   |
| <b>Family Home Evening</b>       |             | <b>Yama</b><br>10:59AM – 12:09PM           | Sukarma Until 5:57PM                 | <b>Muruga:</b> White  | <i>Sunset:</i> 4:50PM  |  |                              | Moon 11 - Phase 30                                    |
|                                  |             | 774212365 <b>Rahu</b><br>8:38AM – 9:48AM   | Taitila Until 6:22AM Tue             | <b>Nataraja:</b> White  |                        |  |                              | 3rd Phase   |
| Creative Work                    | Siddha Yoga |  | <b>Dvitiya</b> Until 5:04PM          | Moon – Orange   |                        |  | <b>Bhuloka Day</b>           |   |
|                                  |             |  |                                      | <b>Margasira-Karttikai</b>  |                        |  | Devaloka Time: 9:AM to 12:PM |   |
| <b>3</b>                         |             | <b>Tuesday, November 21, 2017</b>          |                                      | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula* Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau                                |                        |  |                              | Milan, Italy<br>Sun 16<br>Sutra 218<br>Hemalamba 5119 |
| Dhanus Rasi: 4.49                | Tithi 3     | <b>Gulika</b><br>12:09PM – 1:19PM          | <b>Mula*</b> Until 11:17PM           | <b>Ganesh:</b> White  | <i>Sunrise:</i> 7:29AM |  |                              |   |
|                                  |             | <b>Yama</b><br>9:49AM – 10:59AM            | Dhriti Until 6:52PM                  | <b>Muruga:</b> White  | <i>Sunset:</i> 4:49PM  |  |                              | Moon 11 - Phase 30                                    |
|                                  |             | 785212365 <b>Rahu</b><br>2:29PM – 3:39PM   | Taitila Until 6:22AM                 | <b>Nataraja:</b> White  |                        |  |                              | 3rd Phase   |
| Creative Work                    | Amrita Yoga |  | <b>Tritiya</b> Until 7:40PM          | Moon – Light Blue   |                        |  | <b>Bhuloka Day</b>           |   |
| Until 11:17PM                    |             |  |                                      | <b>Margasira-Karttikai</b>  |                        |  |                              |   |
| Then Creative Work - Siddha Yoga |             |  |                                      |   |                        |  |                              |   |
| <b>4</b>                         |             | <b>Wednesday, November 22, 2017</b>        |                                      | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthiyam Titau                        |                        |  |                              | Milan, Italy<br>Sun 17<br>Sutra 219<br>Hemalamba 5119 |
| Dhanus Rasi: 16.37               | Tithi 4     | <b>Gulika</b><br>11:00AM – 12:09PM         | <b>Purvashadha*</b> Until 2:26AM Thu | <b>Ganesh:</b> White  | <i>Sunrise:</i> 7:31AM |  |                              |   |
|                                  |             | <b>Yama</b><br>8:40AM – 9:50AM             | Shula* Until 7:51PM                  | <b>Muruga:</b> White  | <i>Sunset:</i> 4:48PM  |  |                              | Moon 11 - Phase 30                                    |
|                                  |             | 785212365 <b>Rahu</b><br>12:09PM – 1:19PM  | Vanija Until 9:02AM                  | <b>Nataraja:</b> White  |                        |  |                              | 3rd Phase   |
| Creative Work                    | Amrita Yoga |  | <b>Chaturthi*</b> Until 10:23PM      | Moon – Light Blue   |                        |  | <b>Bhuloka Day</b>           |   |
| Until 2:26AM Thu                 |             |  |                                      | <b>Margasira-Karttikai</b>  |                        |  |                              |   |
| Then Routine Work - Marana Yoga  |             |  |                                      |   |                        |  |                              |   |
| <b>5</b>                         |             | <b>Thursday, November 23, 2017</b>         |                                      | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau                             |                        |  |                              | Milan, Italy<br>Sun 18<br>Sutra 220<br>Hemalamba 5119 |
| Dhanus Rasi: 28.25               | Tithi 5     | <b>Gulika</b><br>9:51AM – 11:00AM          | <b>Uttarashadha</b> Until 5:21AM Fri | <b>Ganesh:</b> White  | <i>Sunrise:</i> 7:32AM |  |                              |   |
|                                  |             | <b>Yama</b><br>7:32AM – 8:41AM             | Ganda* Until 8:50PM                  | <b>Muruga:</b> White  | <i>Sunset:</i> 4:47PM  |  |                              | Moon 11 - Phase 30                                    |
|                                  |             | 785212365 <b>Rahu</b><br>1:19PM – 2:28PM   | Bava Until 11:45AM                   | <b>Nataraja:</b> White  |                        |  |                              | 3rd Phase   |
| Routine Work                     | Marana Yoga |  | <b>Panchami</b> Until 1:03AM Fri     | Moon – Light Blue   |                        |  | <b>Bhuloka Day</b>           |   |
|                                  |             |  |                                      | <b>Margasira-Karttikai</b>  |                        |  |                              |   |
| <b>6</b>                         |             | <b>Friday, November 24, 2017</b>           |                                      | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau                          |                        |  |                              | Milan, Italy<br>Sun 19<br>Sutra 221<br>Hemalamba 5119 |
| Makara Rasi: 10.14               | Tithi 6     | <b>Gulika</b><br>8:42AM – 9:52AM           | <b>Shravana</b> Until 8:19AM Sat     | <b>Ganesh:</b> Clear  | <i>Sunrise:</i> 7:33AM |  |                              |   |
|                                  |             | <b>Yama</b><br>2:28PM – 3:37PM             | Vriddhi Until 9:40PM                 | <b>Muruga:</b> White  | <i>Sunset:</i> 4:47PM  |  |                              | Moon 11 - Phase 30                                    |
|                                  |             | 795212365 <b>Rahu</b><br>11:01AM – 12:10PM | Kaulava Until 2:20PM                 | <b>Nataraja:</b> White  |                        |  |                              | 3rd Phase   |
| Routine Work                     | Marana Yoga |  | <b>Shashthi*</b> Until 3:28AM Sat    | Moon – Purple   |                        |  | <b>Bhuloka Day</b>           |   |
| Until 8:19AM Sat                 |             |  |                                      | <b>Margasira-Karttikai</b>  |                        |  | Devaloka Time: 6:AM to 9:AM  |   |
| Then Creative Work - Siddha Yoga |             |  |                                      |   |                        |  |                              |   |
| <b>Retreat Star</b>              |             | <b>Saturday, November 25, 2017</b>         |                                      | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau                      |                        |  |                              | Milan, Italy<br>Sun 20<br>Sutra 222<br>Hemalamba 5119 |
| Makara Rasi: 22.1                | Tithi 7     | <b>Gulika</b><br>7:35AM – 8:43AM           | <b>Shravana</b> Until 8:19AM         | <b>Ganesh:</b> Clear  | <i>Sunrise:</i> 7:35AM |  |                              |   |
|                                  |             | <b>Yama</b><br>1:19PM – 2:28PM             | Dhruva Until 10:08PM                 | <b>Muruga:</b> White  | <i>Sunset:</i> 4:46PM  |  |                              | Moon 11 - Phase 30                                    |
|                                  |             | 795212365 <b>Rahu</b><br>9:52AM – 11:01AM  | Gara Until 4:32PM                    | <b>Nataraja:</b> White  |                        |  |                              | 3rd Phase   |
| Creative Work                    | Siddha Yoga |  | <b>Saptami</b> Until 5:24AM Sun      | Moon – Purple   |                        |  | <b>Bhuloka Day</b>           |   |
|                                  |             |  |                                      | <b>Margasira-Karttikai</b>  |                        |  | Devaloka Time: 6:AM to 9:AM  |   |
| <b>Retreat Star</b>              |             | <b>Sunday, November 26, 2017</b>           |                                      | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Visti* Karana Ashtamyam Titau                    |                        |  |                              | Milan, Italy<br>Sun 21<br>Sutra 223<br>Hemalamba 5119 |
| Kumbha Rasi: 4.18                | Tithi 8     | <b>Gulika</b><br>2:28PM – 3:37PM           | <b>Dhanishtha</b> Until 10:35AM      | <b>Ganesh:</b> Clear  | <i>Sunrise:</i> 7:36AM |  |                              |   |
|                                  |             | <b>Yama</b><br>12:11PM – 1:19PM            | Vyaghata* Until 10:07PM              | <b>Muruga:</b> White  | <i>Sunset:</i> 4:45PM  |  |                              | Moon 11 - Phase 30                                    |
|                                  |             | 795212365 <b>Rahu</b><br>3:37PM – 4:45PM   | Visti Until 6:07PM                   | <b>Nataraja:</b> White  |                        |  |                              | Ashtami   |
| Routine Work                     | Marana Yoga |  | <b>Ashtami*</b> Until 6:36AM Mon     | Moon – Purple   |                        |  | <b>Bhuloka Day</b>           |   |
| Until 10:35AM                    |             |  |                                      | <b>Margasira-Karttikai</b>  |                        |  | Devaloka Time: 6:AM to 9:AM  |   |
| Then Creative Work - Siddha Yoga |             |  |                                      |   |                        |  |                              |   |
| <b>Retreat Star</b>              |             | <b>Monday, November 27, 2017</b>           |                                      | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau   |                        |  |                              | Milan, Italy<br>Sun 22<br>Sutra 224<br>Hemalamba 5119 |
| Kumbha Rasi: 16.44               | Tithi 8 – 9 | <b>Gulika</b><br>1:19PM – 2:28PM           | <b>Shatabhishak</b> Until 12:00PM    | <b>Ganesh:</b> Clear  | <i>Sunrise:</i> 7:37AM |  |                              |   |
| <b>Family Home Evening</b>       |             | <b>Yama</b><br>11:02AM – 12:11PM           | Harshana Until 9:30PM                | <b>Muruga:</b> White  | <i>Sunset:</i> 4:45PM  |  |                              | Moon 11 - Phase 30                                    |
|                                  |             | 795212365 <b>Rahu</b><br>8:46AM – 9:54AM   | Balava Until 6:54PM                  | <b>Nataraja:</b> White  |                        |  |                              | Navami  |
| Creative Work                    | Siddha Yoga |  | <b>Ashtami*</b> Until 6:36AM         | Moon – Purple   |                        |  | <b>Bhuloka Day</b>           |   |
| Until 12:00PM                    |             |  |                                      | <b>Margasira-Karttikai</b>  |                        |  | Devaloka Time: 6:AM to 9:AM  |   |
| Then Routine Work - Marana Yoga  |             |  |                                      |   |                        |  |                              |   |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1

Tuesday, November 28, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Navami/Dashamyam TitauMilan, Italy  
Sun 23 Sutra 225

Kumbha Rasi: 29.34 Tithi 9 - 10

Gulika 12:11PM - 1:19PM  
Yama 9:55AM - 11:03AM  
Rahu 2:28PM - 3:36PMPurvaproshtapada\* Until 12:52PM  
Vajra\* Until 8:09PM  
Taitila Until 6:48PM  
Navami\* Until 6:57AMGanesha: Yellow Sunrise: 7:38AM  
Muruga: White Sunset: 4:44PM  
Nataraja: White  
Moon - Clear  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseBhuloka Day  
Devaloka Time: 6:AM to 9:AMRoutine Work Marana Yoga  
Until 12:52PM

Then Creative Work - Amrita Yoga

2

Wednesday, November 29, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Gara/Visti\* Karana Dashami/Ekadashyam TitauMilan, Italy  
Sun 24 Sutra 226

Meena Rasi: 12.52 Tithi 10 - 11

Gulika 11:04AM - 12:12PM  
Yama 8:48AM - 9:56AM  
Rahu 12:12PM - 1:20PMUttaraproshtapada Until 12:42PM  
Siddhi Until 6:06PM  
Visti Until 4:55AM Thu  
Dashami Until 6:22AMGanesha: Yellow Sunrise: 7:40AM  
Muruga: White Sunset: 4:44PM  
Nataraja: White  
Moon - Clear  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseBhuloka Day  
Devaloka Time: 6:AM to 9:AMCreative Work Siddha Yoga  
Until 12:42PM

Then Routine Work - Marana Yoga

3

Thursday, November 30, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Dvadashyam TitauMilan, Italy  
Sun 25 Sutra 227

Meena Rasi: 26.39 Tithi 12

Gulika 9:56AM - 11:04AM  
Yama 7:41AM - 8:49AM  
Rahu 1:20PM - 2:27PMRevati Until 11:32AM  
Vyatipata\* Until 3:24PM  
Bava Until 3:55PM  
Dvadashi Until 2:42AM FriGanesha: White Sunrise: 7:41AM  
Muruga: White Sunset: 4:43PM  
Nataraja: White  
Moon - Clear  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th Phase

Devaloka Day

Creative Work Siddha Yoga  
Until 11:32AM

Then Creative Work - Amrita Yoga

4

Friday, December 1, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Trayodashyam TitauMilan, Italy  
Sun 26 Sutra 228

Mesha Rasi: 10.56 Tithi 13

Gulika 8:49AM - 9:57AM  
Yama 2:27PM - 3:35PM  
Rahu 11:05AM - 12:12PMAshvini Until 9:56AM  
Variyan Until 12:06PM  
Kaulava Until 1:21PM  
Trayodashi Until 11:50PMGanesha: Clear Sunrise: 7:42AM  
Muruga: White Sunset: 4:43PM  
Nataraja: White  
Moon - White  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseBhuloka Day  
Devaloka Time: 9:AM to 12:PMCreative Work Amrita Yoga  
Until 9:56AM

Then Creative Work - Siddha Yoga

5

Saturday, December 2, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Chaturdashyam TitauMilan, Italy  
Sun 27 Sutra 229

Mesha Rasi: 25.39 Tithi 14

Gulika 7:43AM - 8:50AM  
Yama 1:20PM - 2:27PM  
Rahu 9:58AM - 11:05AMBharani Until 7:37AM  
Parigha\* Until 8:21AM  
Gara Until 10:14AM  
Chaturdashi\* Until 8:30PMGanesha: Clear Sunrise: 7:43AM  
Muruga: White Sunset: 4:42PM  
Nataraja: White  
Moon - White  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseBhuloka Day  
Devaloka Time: 9:AM to 12:PMCreative Work Siddha Yoga  
Until 7:37AM

Then Creative Work - Amrita Yoga

O

Sunday, December 3, 2017

Copper Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddha Yoga Visti\*/Balava Karana Purnima/Prathamayam TitauMilan, Italy  
Sutra 230

Vrisabha Rasi: 10.41 Tithi 15 - 16

Gulika 2:28PM - 3:35PM  
Yama 12:13PM - 1:20PM  
Rahu 3:35PM - 4:42PMRohini Until 1:56AM Mon  
Siddha Until 12:01AM Mon  
Visti Until 6:43AM  
Purnima\* Until 4:52PMGanesha: Purple Sunrise: 7:44AM  
Muruga: White Sunset: 4:42PM  
Nataraja: White  
Moon - Yellow  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
Purnima

Devaloka Day

Creative Work Siddha Yoga  
Until 1:56AM Mon

Then Creative Work - Amrita Yoga

Monday, December 4, 2017

Silver Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam TitauMilan, Italy  
Sutra 231

Vrisabha Rasi: 25.55 Tithi 16 - 17

Gulika 1:21PM - 2:28PM  
Yama 11:06AM - 12:13PM  
Rahu 8:52AM - 9:59AMMrigashira Until 10:56PM  
Sadhya Until 7:42PM  
Taitila Until 11:15PM  
Prathama\* Until 1:06PMGanesha: Purple Sunrise: 7:45AM  
Muruga: White Sunset: 4:42PM  
Nataraja: White  
Moon - Yellow  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
Prathama

Devaloka Day

Creative Work Amrita Yoga  
Until 10:56PM

Then Creative Work - Siddha Yoga

Vinayaga Viratam Begins



Tuesday, December 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy  
Sun 1 Sutra 232  
Hemalamba 5119

Mithuna Rasi: 11.08    Tihti 17 – 18  
736212365

**Gulika** 12:14PM – 1:21PM  
Yama 10:00AM – 11:07AM  
**Rahu** 2:28PM – 3:35PM

**Ardra** **Until 7:56PM**  
Subha **Until 3:30PM**  
Vanija **Until 7:39PM**  
**Dvitiya** **Until 9:25AM**

**Ganesha:** Purple    *Sunrise: 7:46AM*  
**Muruga:** White    *Sunset: 4:41PM*  
**Nataraja:** White  
Moon – Yellow  
**Margasira•Karttikai**

Moon 12 - Phase 32  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga  
Until 7:56PM  
Then Creative Work - Siddha Yoga

Wednesday, December 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthiyam Titau

Milan, Italy  
Sun 2 Sutra 233  
Hemalamba 5119

Mithuna Rasi: 26.11    Tihti 19  
746212365

**Gulika** 11:08AM – 12:14PM  
Yama 8:54AM – 10:01AM  
**Rahu** 12:14PM – 1:21PM

**Punarvasu** **Until 5:31PM**  
Sukla **Until 11:29AM**  
Bava **Until 4:21PM**  
**Chaturthi\*** **Until 2:50AM Thu**

**Ganesha:** Clear    *Sunrise: 7:47AM*  
**Muruga:** White    *Sunset: 4:41PM*  
**Nataraja:** White  
Moon – Blue  
**Margasira•Karttikai**

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

Thursday, December 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy  
Sun 3 Sutra 234  
Hemalamba 5119

Kataka Rasi: 10.58    Tihti 20  
747212365

**Gulika** 10:02AM – 11:08AM  
Yama 7:48AM – 8:55AM  
**Rahu** 1:21PM – 2:28PM

**Pushya** **Until 3:26PM**  
Brahma **Until 7:50AM**  
Kaulava **Until 1:30PM**  
**Panchami** **Until 12:16AM Fri**

**Ganesha:** White    *Sunrise: 7:48AM*  
**Muruga:** White    *Sunset: 4:41PM*  
**Nataraja:** White  
Moon – Blue  
**Margasira•Karttikai**

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Creative Work    Amrita Yoga  
Until 3:26PM  
Then Creative Work - Siddha Yoga

Friday, December 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Shashthiyam Titau

Milan, Italy  
Sun 4 Sutra 235  
Hemalamba 5119

Kataka Rasi: 25.2    Tihti 21  
747212365

**Gulika** 8:56AM – 10:02AM  
Yama 2:28PM – 3:34PM  
**Rahu** 11:09AM – 12:15PM

**Ashlesha\*** **Until 1:47PM**  
Vaidhriti\* **Until 1:56AM Sat**  
Gara **Until 11:14AM**  
**Shashthi\*** **Until 10:20PM**

**Ganesha:** White    *Sunrise: 7:49AM*  
**Muruga:** White    *Sunset: 4:41PM*  
**Nataraja:** White  
Moon – Blue  
**Margasira•Karttikai**

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Routine Work    Marana Yoga

Saturday, December 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Milan, Italy  
Sun 5 Sutra 236  
Hemalamba 5119

Simha Rasi: 9.17    Tihti 22  
757212365

**Gulika** 7:50AM – 8:57AM  
Yama 1:22PM – 2:28PM  
**Rahu** 10:03AM – 11:09AM

**Magha\*** **Until 1:06PM**  
Vishkambha\* **Until 11:49PM**  
Visti **Until 9:39AM**  
**Saptami** **Until 9:06PM**

**Ganesha:** Yellow    *Sunrise: 7:50AM*  
**Muruga:** White    *Sunset: 4:41PM*  
**Nataraja:** White  
Moon – Red  
**Margasira•Karttikai**

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga  
Until 1:06PM  
Then Creative Work - Siddha Yoga

Sunday, December 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy  
Sun 6 Sutra 237  
Hemalamba 5119

Simha Rasi: 22.48    Tihti 23  
757212365

**Gulika** 2:28PM – 3:35PM  
Yama 12:16PM – 1:22PM  
**Rahu** 3:35PM – 4:41PM

**Purvaphalguni** **Until 12:59PM**  
Priti **Until 10:17PM**  
Balava **Until 8:47AM**  
**Ashtami\*** **Until 8:36PM**

**Ganesha:** Yellow    *Sunrise: 7:51AM*  
**Muruga:** White    *Sunset: 4:41PM*  
**Nataraja:** White  
Moon – Red  
**Margasira•Karttikai**

Moon 12 - Phase 32  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga  
Until 12:59PM  
Then Creative Work - Amrita Yoga

Monday, December 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy  
Sun 7 Sutra 238  
Hemalamba 5119

Kanya Rasi: 5.56    Tihti 24  
757212365

**Gulika** 1:23PM – 2:29PM  
Yama 11:10AM – 12:17PM  
**Rahu** 8:58AM – 10:04AM

**Uttaraphalguni** **Until 1:24PM**  
Ayushman **Until 9:16PM**  
Taitila **Until 8:38AM**  
**Navami\*** **Until 8:48PM**

**Ganesha:** Yellow    *Sunrise: 7:52AM*  
**Muruga:** White    *Sunset: 4:41PM*  
**Nataraja:** White  
Moon – Red  
**Margasira•Karttikai**

Moon 12 - Phase 32  
Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang


|               |                                   |                                       |  |                            |  |                    |                 |
|---------------|-----------------------------------|---------------------------------------|--|----------------------------|--|--------------------|-----------------|
| <b>1</b>      | <b>Tuesday, December 12, 2017</b> |                                       | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam |                            |  |                    | Milan, Italy    |
|               |                                   |                                       | Hasta/Chitra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau                               |                            |  |                    | Sun 8 Sutra 239 |
|               | Kanya Rasi: 18.44                 | Tithi 25                              | <b>Gulika</b> 12:17PM – 1:23PM   | <b>Hasta</b> Until 2:44PM  | <b>Ganesh:</b> Yellow <i>Sunrise: 7:53AM</i> | Hemalamba 5119     |                 |
|               |                                   |                                       | Yama 10:05AM – 11:11AM   | Saubhagya Until 8:43PM     | <b>Muruga:</b> White <i>Sunset: 4:41PM</i>   | Moon 12 - Phase 33 | 2nd Phase       |
| Creative Work | Siddha Yoga                       | 767312365 <b>Rahu</b> 2:29PM – 3:35PM | Vanija Until 9:09AM  | <b>Nataraja:</b> White     |  |                    |                 |
|               |                                   |                                       | <b>Dashami</b> Until 9:37PM  | Moon – Green               | <b>Bhuloka Day</b>                           |                    |                 |
|               |                                   |                                       |  | <b>Margasira•Karttikai</b> | Devaloka Time: 9:AM to12:PM                  |                    |                 |

|               |                                     |  |  |                            |  |                    |                 |
|---------------|-------------------------------------|--|--|----------------------------|--|--------------------|-----------------|
| <b>2</b>      | <b>Wednesday, December 13, 2017</b> |  | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam |                            |  |                    | Milan, Italy    |
|               |                                     |  | Chitra/Svati Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau                                |                            |  |                    | Sun 9 Sutra 240 |
|               | Tula Rasi: 1.16                     | Tithi 26                               | <b>Gulika</b> 11:12AM – 12:18PM  | <b>Chitra</b> Until 4:27PM | <b>Ganesh:</b> Yellow <i>Sunrise: 7:54AM</i> | Hemalamba 5119     |                 |
|               |                                     |  | Yama 9:00AM – 10:06AM  | Sobhana Until 8:34PM       | <b>Muruga:</b> White <i>Sunset: 4:41PM</i>   | Moon 12 - Phase 33 | 2nd Phase       |
| Creative Work | Siddha Yoga                         | 767312365 <b>Rahu</b> 12:18PM – 1:23PM | Bava Until 10:14AM   | <b>Nataraja:</b> White     |  |                    |                 |
|               |                                     |  | <b>Ekadashi*</b> Until 10:55PM   | Moon – Green               | <b>Bhuloka Day</b>                           |                    |                 |
|               |                                     |  |  | <b>Margasira•Karttikai</b> | Devaloka Time: 9:AM to12:PM                  |                    |                 |

|                                  |                                    |                                       |   |                            |  |                    |                  |
|----------------------------------|------------------------------------|---------------------------------------|---|----------------------------|--|--------------------|------------------|
| <b>3</b>                         | <b>Thursday, December 14, 2017</b> |                                       | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam |                            |  |                    | Milan, Italy     |
|                                  |                                    |                                       | Svati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau                               |                            |  |                    | Sun 10 Sutra 241 |
|                                  | Tula Rasi: 14                      | Tithi 27                              | <b>Gulika</b> 10:06AM – 11:12AM   | <b>Svati</b> Until 6:24PM  | <b>Ganesh:</b> Blue <i>Sunrise: 7:55AM</i> | Hemalamba 5119     |                  |
|                                  |                                    |                                       | Yama 7:55AM – 9:01AM  | Athiganda* Until 8:42PM    | <b>Muruga:</b> White <i>Sunset: 4:41PM</i> | Moon 12 - Phase 33 | 2nd Phase        |
| Creative Work                    | Amrita Yoga                        | 768312365 <b>Rahu</b> 1:24PM – 2:30PM | Kaulava Until 11:46AM   | <b>Nataraja:</b> White     |  |                    |                  |
| Until 6:24PM                     |                                    |                                       | <b>Dvadashi*</b> Until 12:39AM Fri  | Moon – Green               | <b>Bhuloka Day</b>                         |                    |                  |
| Then Creative Work - Siddha Yoga |                                    |                                       |   | <b>Margasira•Karttikai</b> |  |                    |                  |

|               |                                  |   |  |                              |  |                    |                  |
|---------------|----------------------------------|---|--|------------------------------|--|--------------------|------------------|
| <b>4</b>      | <b>Friday, December 15, 2017</b> |   | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam |                              |  |                    | Milan, Italy     |
|               |                                  |   | Vishakha Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau                              |                              |  |                    | Sun 11 Sutra 242 |
|               | Tula Rasi: 25.47                 | Tithi 28                                | <b>Gulika</b> 9:01AM – 10:07AM   | <b>Vishakha</b> Until 8:59PM | <b>Ganesh:</b> Blue <i>Sunrise: 7:56AM</i> | Hemalamba 5119     |                  |
|               |                                  |   | Yama 2:30PM – 3:36PM   | Sukarma Until 9:06PM         | <b>Muruga:</b> White <i>Sunset: 4:41PM</i> | Moon 12 - Phase 33 | 2nd Phase        |
| Creative Work | Siddha Yoga                      | 778312365 <b>Rahu</b> 11:13AM – 12:18PM | Gara Until 1:39PM  | <b>Nataraja:</b> White       |  |                    |                  |
|               |                                  |   | <b>Trayodashi*</b> Until 2:41AM Sat  | Moon – Orange                | <b>Bhuloka Day</b>                         |                    |                  |
|               |                                  | <b>Markali Pillaiyar</b>                | <i>Pradosha Vrata (Fasting)</i>  | <b>Margasira•Markali</b>     |  |                    |                  |

|               |                                    |   |  |                               |  |                    |                  |
|---------------|------------------------------------|---|--|-------------------------------|--|--------------------|------------------|
| <b>5</b>      | <b>Saturday, December 16, 2017</b> |   | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam |                               |  |                    | Milan, Italy     |
|               |                                    |   | Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau                           |                               |  |                    | Sun 12 Sutra 243 |
|               | Vrishchika Rasi: 7.5               | Tithi 29                                | <b>Gulika</b> 7:56AM – 9:02AM  | <b>Anuradha</b> Until 11:40PM | <b>Ganesh:</b> Blue <i>Sunrise: 7:56AM</i> | Hemalamba 5119     |                  |
|               |                                    |   | Yama 1:25PM – 2:30PM   | Dhriti Until 9:42PM           | <b>Muruga:</b> White <i>Sunset: 4:42PM</i> | Moon 12 - Phase 33 | 2nd Phase        |
| Creative Work | Siddha Yoga                        | 878312365 <b>Rahu</b> 10:08AM – 11:13AM | Visti Until 3:49PM   | <b>Nataraja:</b> White        |  |                    |                  |
|               |                                    |   | <b>Chaturdashi*</b> Until 4:58AM Sun   | Moon – Orange                 | <b>Bhuloka Day</b>                         |                    |                  |
|               |                                    |   |  | <b>Margasira•Markali</b>      |  |                    |                  |

|   |                                  |                                       |  |                                   |  |                    |                  |
|---|----------------------------------|---------------------------------------|--|-----------------------------------|--|--------------------|------------------|
|  | <b>Sunday, December 17, 2017</b> |                                       | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam |                                   |  |                    | Milan, Italy     |
|   | <b>Retreat Star</b>              |                                       | Jyeshtha* Nakshatra Shula* Yoga Catuspada* Karana Amavasyayam Titau                                |                                   |  |                    | Sun 13 Sutra 244 |
|   | Vrishchika Rasi: 19.48           | Tithi 30                              | <b>Gulika</b> 2:31PM – 3:36PM  | <b>Jyeshtha*</b> Until 2:23AM Mon | <b>Ganesh:</b> Blue <i>Sunrise: 7:57AM</i> | Hemalamba 5119     |                  |
|   |                                  |                                       | Yama 12:19PM – 1:25PM  | Shula* Until 10:26PM              | <b>Muruga:</b> White <i>Sunset: 4:42PM</i> | Moon 12 - Phase 33 | Amavasya         |
| Routine Work  | Marana Yoga                      | 878312365 <b>Rahu</b> 3:36PM – 4:42PM | Catuspada Until 6:13PM   | <b>Nataraja:</b> White            |  |                    |                  |
| Until 2:23AM Mon  |                                  |                                       | <b>Amavasya*</b> Until 7:28AM Mon  | Moon – Orange                     | <b>Bhuloka Day</b>                         |                    |                  |
| Then Creative Work - Siddha Yoga  |                                  | <b>Hanumath Jayanthi (Tamil Nadu)</b> |  | <b>Margasira•Markali</b>          |  |                    |                  |

|                                  |                            |  |   |                               |  |                    |                  |
|----------------------------------|----------------------------|--|---|-------------------------------|--|--------------------|------------------|
| <b>Monday, December 18, 2017</b> | <b>Retreat Star</b>        |  | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam |                               |  |                    | Milan, Italy     |
|                                  |                            |  | Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau                  |                               |  |                    | Sun 14 Sutra 245 |
|                                  | Dhanus Rasi: 1.41          | Tithi 30 – 1                           | <b>Gulika</b> 1:26PM – 2:31PM   | <b>Mula*</b> Until 5:35AM Tue | <b>Ganesh:</b> Blue <i>Sunrise: 7:58AM</i> | Hemalamba 5119     |                  |
|                                  | <b>Family Home Evening</b> |  | Yama 11:14AM – 12:20PM  | Ganda* Until 11:18PM          | <b>Muruga:</b> White <i>Sunset: 4:42PM</i> | Moon 12 - Phase 33 | Prathama         |
| Creative Work                    | Siddha Yoga                | 888312365 <b>Rahu</b> 9:03AM – 10:09AM | Kintughna Until 8:47PM  | <b>Nataraja:</b> White        |  |                    |                  |
|                                  |                            |  | <b>Amavasya*</b> Until 7:28AM   | Moon – Light Blue             | <b>Bhuloka Day</b>                         |                    |                  |
|                                  |                            |  |   | <b>Pausha•Markali</b>         |  |                    |                  |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

|                                  |  |                                   |  |  |  |   |  |                               |  |
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| <b>1</b>                         |  | <b>Tuesday, December 19, 2017</b> |  |  |  | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Milan, Italy |  |                               |  |
| Dhanus Rasi: 13.31               |  | Titthi 1 – 2                      |  | Purvashadha* Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  | Sun 15  |  | Sutra 246                     |  |
| Creative Work                    |  | Siddha Yoga                       |  | Gulika 12:20PM – 1:26PM  |  | Purvashadha* Until 8:42AM Wed   |  | Ganesha: Blue Sunrise: 7:58AM |  |
| Until 8:42AM Wed                 |  | 888312365                         |  | Yama 10:09AM – 11:15AM   |  | Vriddhi Until 12:16AM Wed   |  | Muruga: White Sunset: 4:43PM  |  |
| Then Creative Work - Amrita Yoga |  | Rahu 2:32PM – 3:37PM              |  | Balava Until 11:28PM   |  | Nataraja: White   |  | Moon – Light Blue             |  |
|                                  |  |                                   |  | Prathama* Until 10:06AM  |  | Pausa-Markali   |  | <b>Bhuloka Day</b>            |  |

|                                  |  |                                     |  |  |  |   |  |                                 |  |
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| <b>2</b>                         |  | <b>Wednesday, December 20, 2017</b> |  |  |  | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Milan, Italy |  |                                 |  |
| Dhanus Rasi: 25.2                |  | Titthi 2 – 3                        |  | Purvashadha*Uttarashadha Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  | Sun 16  |  | Sutra 247                       |  |
| Creative Work                    |  | Amrita Yoga                         |  | Gulika 11:15AM – 12:21PM   |  | Purvashadha* Until 8:42AM   |  | Ganesha: Yellow Sunrise: 7:59AM |  |
| Until 8:42AM Wed                 |  | 889312365                           |  | Yama 9:04AM – 10:10AM  |  | Dhruva Until 1:12AM Thu   |  | Muruga: White Sunset: 4:43PM    |  |
| Then Creative Work - Amrita Yoga |  | Rahu 12:21PM – 1:26PM               |  | Taitila Until 2:10AM Thu   |  | Dvitiya Until 12:48PM   |  | Nataraja: White                 |  |
|                                  |  |                                     |  |  |  |   |  | Moon – Light Blue               |  |
|                                  |  |                                     |  |  |  |   |  | Pausa-Markali                   |  |
|                                  |  |                                     |  |  |  |   |  | <b>Bhuloka Day</b>              |  |
|                                  |  |                                     |  |  |  |   |  | Devaloka Time: 9:AM to12:PM     |  |

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| <b>3</b>                         |  | <b>Thursday, December 21, 2017</b> |  |   |  | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Milan, Italy |  |                                 |  |
| Makara Rasi: 7.08                |  | Titthi 3 – 4                       |  | Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |  | Sun 17   |  | Sutra 248                       |  |
| Routine Work                     |  | Marana Yoga                        |  | Gulika 10:10AM – 11:16AM  |  | Uttarashadha* Until 11:36AM  |  | Ganesha: Yellow Sunrise: 8:00AM |  |
| Until 11:36AM                    |  | 889312365                          |  | Yama 8:00AM – 9:05AM  |  | Vyaghata* Until 2:04AM Fri   |  | Muruga: White Sunset: 4:43PM    |  |
| Then Creative Work - Siddha Yoga |  | Rahu 1:27PM – 2:32PM               |  | Vanija Until 4:44AM Fri   |  | Tritiya Until 3:27PM   |  | Nataraja: White                 |  |
|                                  |  |                                    |  | Day 1 of Pancha Ganapati  |  |  |  | Moon – Light Blue               |  |
|                                  |  |                                    |  |   |  |  |  | Pausa-Markali                   |  |
|                                  |  |                                    |  |   |  |  |  | <b>Bhuloka Day</b>              |  |
|                                  |  |                                    |  |   |  |  |  | Devaloka Time: 9:AM to12:PM     |  |

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| <b>4</b>                         |  | <b>Friday, December 22, 2017</b> |  |   |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Milan, Italy |  |                              |  |
| Makara Rasi: 19.01               |  | Titthi 4 – 5                     |  | Shravana/Dhanishtha Nakshatra Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |  | Sun 18  |  | Sutra 249                    |  |
| Routine Work                     |  | Marana Yoga                      |  | Gulika 9:06AM – 10:11AM   |  | Shravana Until 2:40PM   |  | Ganesha: Red Sunrise: 8:00AM |  |
| Until 2:40PM                     |  | 899312365                        |  | Yama 2:33PM – 3:38PM  |  | Harshana Until 2:45AM Sat   |  | Muruga: White Sunset: 4:44PM |  |
| Then Creative Work - Siddha Yoga |  | Rahu 11:17AM – 12:22PM           |  | Bava Until 7:01AM Sat   |  | Chaturthi* Until 5:54PM   |  | Nataraja: White              |  |
|                                  |  |                                  |  | Day 2 of Pancha Ganapati  |  |   |  | Moon – Purple                |  |
|                                  |  |                                  |  |   |  |   |  | Pausa-Markali                |  |
|                                  |  |                                  |  |   |  |   |  | <b>Bhuloka Day</b>           |  |
|                                  |  |                                  |  |   |  |   |  | Devaloka Time: 9:AM to12:PM  |  |

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| <b>5</b>                         |  | <b>Saturday, December 23, 2017</b> |  |   |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Milan, Italy |  |                              |  |
| Kumbha Rasi: 0.59                |  | Titthi 5                           |  | Dhanishtha/Shatabhishak Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau |  | Sun 19  |  | Sutra 250                    |  |
| Creative Work                    |  | Siddha Yoga                        |  | Gulika 8:01AM – 9:06AM  |  | Dhanishtha Until 5:15PM   |  | Ganesha: Red Sunrise: 8:01AM |  |
| Until 5:15PM                     |  | 899312365                          |  | Yama 1:28PM – 2:34PM  |  | Vajra* Until 3:04AM Sun   |  | Muruga: White Sunset: 4:44PM |  |
| Then Creative Work - Amrita Yoga |  | Rahu 10:12AM – 11:17AM             |  | Bava Until 7:01AM   |  | Panchami Until 7:58PM   |  | Nataraja: White              |  |
|                                  |  |                                    |  | Day 3 of Pancha Ganapati  |  |   |  | Moon – Purple                |  |
|                                  |  |                                    |  |   |  |   |  | Pausa-Markali                |  |
|                                  |  |                                    |  |   |  |   |  | <b>Bhuloka Day</b>           |  |
|                                  |  |                                    |  |   |  |   |  | Devaloka Time: 9:AM to12:PM  |  |

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| <b>6</b>                         |  | <b>Sunday, December 24, 2017</b> |  |  |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Milan, Italy |  |                              |  |
| Kumbha Rasi: 13.08               |  | Titthi 6                         |  | Shatabhishak Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau |  | Sun 20  |  | Sutra 251                    |  |
| Creative Work                    |  | Siddha Yoga                      |  | Gulika 2:34PM – 3:40PM   |  | Shatabhishak Until 7:09PM   |  | Ganesha: Red Sunrise: 8:01AM |  |
| Until 8:42PM                     |  | 899312365                        |  | Yama 12:23PM – 1:29PM  |  | Siddhi Until 2:58AM Mon   |  | Muruga: White Sunset: 4:45PM |  |
| Then Creative Work - Siddha Yoga |  | Rahu 3:40PM – 4:45PM             |  | Kaulava Until 8:50AM   |  | Shashthi* Until 9:29PM  |  | Nataraja: White              |  |
|                                  |  |                                  |  | Day 4 of Pancha Ganapati   |  |   |  | Moon – Purple                |  |
|                                  |  |                                  |  | Vinayaga Viratam Ends  |  |   |  | Pausa-Markali                |  |
|                                  |  |                                  |  |  |  |   |  | <b>Bhuloka Day</b>           |  |
|                                  |  |                                  |  |  |  |   |  | Devaloka Time: 9:AM to12:PM  |  |

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| <b>Monday, December 25, 2017</b> |  | <b>Retreat Star</b>   |  |  |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Milan, Italy |  |                                |  |
| Kumbha Rasi: 25.33               |  | Titthi 7              |  | Purvaproshtapada* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau |  | Sun 21   |  | Sutra 252                      |  |
| Family Home Evening              |  | 819312365             |  | Gulika 1:29PM – 2:35PM   |  | Purvaproshtapada* Until 8:42PM   |  | Ganesha: Clear Sunrise: 8:01AM |  |
| Routine Work                     |  | Marana Yoga           |  | Yama 11:18AM – 12:24PM   |  | Vyatipata* Until 2:18AM Tue  |  | Muruga: White Sunset: 4:46PM   |  |
| Until 8:42PM                     |  | Rahu 9:07AM – 10:12AM |  | Gara Until 10:01AM   |  | Saptami Until 10:18PM  |  | Nataraja: White                |  |
| Then Creative Work - Siddha Yoga |  |                       |  | Day 5 of Pancha Ganapati   |  |  |  | Moon – Clear                   |  |
|                                  |  |                       |  |  |  |  |  | Pausa-Markali                  |  |
|                                  |  |                       |  |  |  |  |  | <b>Bhuloka Day</b>             |  |
|                                  |  |                       |  |  |  |  |  | Devaloka Time: 9:AM to12:PM    |  |

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| <b>Tuesday, December 26, 2017</b> |  | <b>Retreat Star</b>  |  |   |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Milan, Italy |  |                                |  |
| Meena Rasi: 8.18                  |  | Titthi 8             |  | Uttaraproshtapada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau |  | Sun 22  |  | Sutra 253                      |  |
| Creative Work                     |  | Amrita Yoga          |  | Gulika 12:24PM – 1:30PM   |  | Uttaraproshtapada Until 9:19PM  |  | Ganesha: Clear Sunrise: 8:02AM |  |
| Until 9:19PM                      |  | 819312366            |  | Yama 10:13AM – 11:18AM  |  | Variyan Until 12:59AM Wed   |  | Muruga: White Sunset: 4:46PM   |  |
| Then Creative Work - Siddha Yoga  |  | Rahu 2:35PM – 3:41PM |  | Visti Until 10:25AM   |  | Ashtami* Until 10:18PM  |  | Nataraja: Green                |  |
|                                   |  |                      |  |   |  |   |  | Moon – Clear                   |  |
|                                   |  |                      |  |   |  |   |  | Pausa-Markali                  |  |
|                                   |  |                      |  |   |  |   |  | <b>Bhuloka Day</b>             |  |
|                                   |  |                      |  |   |  |   |  | Devaloka Time: 9:AM to12:PM    |  |

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| <b>Wednesday, December 27, 2017</b> |  | <b>Retreat Star</b>   |  |   |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Milan, Italy |  |                                |  |
| Meena Rasi: 21.28                   |  | Titthi 9              |  | Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau |  | Sun 23  |  | Sutra 254                      |  |
| Routine Work                        |  | Marana Yoga           |  | Gulika 11:19AM – 12:25PM  |  | Revati Until 8:58PM   |  | Ganesha: Clear Sunrise: 8:02AM |  |
| Until 8:42PM                        |  | 819312366             |  | Yama 9:08AM – 10:13AM   |  | Parigha* Until 11:01PM  |  | Muruga: White Sunset: 4:47PM   |  |
| Then Creative Work - Siddha Yoga    |  | Rahu 12:25PM – 1:30PM |  | Balava Until 9:59AM   |  | Navami* Until 9:26PM  |  | Nataraja: Green                |  |
|                                     |  |                       |  |   |  |   |  | Moon – Clear                   |  |
|                                     |  |                       |  |   |  |   |  | Pausa-Markali                  |  |
|                                     |  |                       |  |   |  |   |  | <b>Bhuloka Day</b>             |  |
|                                     |  |                       |  |   |  |   |  | Devaloka Time: 9:AM to12:PM    |  |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


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|                                  |             |                                       |                             |  |                        |  |  |
|----------------------------------|-------------|---------------------------------------|-----------------------------|--|------------------------|--|--|
| <b>1</b>                         |             | <b>Thursday, December 28, 2017</b>    |                             | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau |                        | Milan, Italy<br>Sun 24 Sutra 255<br>Hemalamba 5119 |  |
| Mesha Rasi: 5.05                 | Tithi 10    | <b>Gulika</b> 10:14AM – 11:19AM       | <b>Ashvini</b> Until 8:06PM | <b>Ganesh:</b> Blue  | <i>Sunrise:</i> 8:02AM |  |  |
|                                  |             | Yama 8:02AM – 9:08AM                  | Shiva Until 8:25PM          | <b>Muruga:</b> White   | <i>Sunset:</i> 4:48PM  | Moon 12 - Phase 35                                 |  |
|                                  |             | 821312366 <b>Rahu</b> 1:31PM – 2:36PM | Taitila Until 8:43AM        | <b>Nataraja:</b> Green   |                        | 4th Phase  |  |
| Creative Work                    | Amrita Yoga |                                       | <b>Dashami</b> Until 7:46PM | Moon – White   |                        | <b>Devaloka Day</b>                                |  |
| Until 8:06PM                     |             |                                       |                             | <b>Pausha-Markali</b>  |                        |  |  |
| Then Creative Work - Siddha Yoga |             |                                       |                             |  |                        |  |  |

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| <b>2</b>          |               | <b>Friday, December 29, 2017</b>        |                              | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau |                        | Milan, Italy<br>Sun 25 Sutra 256<br>Hemalamba 5119 |  |
| Mesha Rasi: 19.11 | Tithi 11 – 12 | <b>Gulika</b> 9:08AM – 10:14AM          | <b>Bharani</b> Until 6:23PM  | <b>Ganesh:</b> Blue  | <i>Sunrise:</i> 8:02AM |  |  |
|                   |               | Yama 2:37PM – 3:43PM                    | Siddha Until 5:14PM          | <b>Muruga:</b> White   | <i>Sunset:</i> 4:49PM  | Moon 12 - Phase 35                                 |  |
|                   |               | 821312366 <b>Rahu</b> 11:20AM – 12:26PM | Vanija Until 6:40AM          | <b>Nataraja:</b> Green   |                        | 4th Phase  |  |
| Creative Work     | Siddha Yoga   |   | <b>Ekadashi</b> Until 5:22PM | Moon – White   |                        | <b>Devaloka Day</b>                                |  |
|                   |               | <b>Vaikuntha Ekadasi</b>                |                              | <b>Pausha-Markali</b>  |                        |  |  |

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| <b>3</b>             |               | <b>Saturday, December 30, 2017</b>      |                              | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                        | Milan, Italy<br>Sun 26 Sutra 257<br>Hemalamba 5119 |  |
| Vrishabha Rasi: 3.45 | Tithi 12 – 13 | <b>Gulika</b> 8:03AM – 9:09AM           | <b>Krittika</b> Until 3:57PM | <b>Ganesh:</b> Blue  | <i>Sunrise:</i> 8:03AM |  |  |
|                      |               | Yama 1:32PM – 2:38PM                    | Sadhya Until 1:34PM          | <b>Muruga:</b> White   | <i>Sunset:</i> 4:49PM  | Moon 12 - Phase 35                                 |  |
|                      |               | 821312366 <b>Rahu</b> 10:14AM – 11:20AM | Kaulava Until 12:44AM Sun    | <b>Nataraja:</b> Green   |                        | 4th Phase  |  |
| Creative Work        | Amrita Yoga   |   | <b>Dvadashi</b> Until 2:23PM | Moon – White   |                        | <b>Devaloka Day</b>                                |  |
|                      |               |   | <i>Pradosha Vrata</i>        | <b>Pausha-Markali</b>  |                        |  |  |

|                       |               |                                       |                                 |  |                        |  |  |
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| <b>4</b>              |               | <b>Sunday, December 31, 2017</b>      |                                 | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                        | Milan, Italy<br>Sun 27 Sutra 258<br>Hemalamba 5119 |  |
| Vrishabha Rasi: 18.41 | Tithi 13 – 14 | <b>Gulika</b> 2:38PM – 3:44PM         | <b>Rohini</b> Until 1:22PM      | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 8:03AM |  |  |
|                       |               | Yama 12:27PM – 1:32PM                 | Subha Until 9:33AM              | <b>Muruga:</b> White   | <i>Sunset:</i> 4:50PM  | Moon 12 - Phase 35                                 |  |
|                       |               | 831312366 <b>Rahu</b> 3:44PM – 4:50PM | Gara Until 9:09PM               | <b>Nataraja:</b> Green   |                        | 4th Phase  |  |
| Creative Work         | Siddha Yoga   |                                       | <b>Trayodashi</b> Until 10:58AM | Moon – Yellow  |                        | <b>Bhuloka Day</b>                                 |  |
|                       |               |                                       |                                 | <b>Pausha-Markali</b>  |                        | Devaloka Time: 9:AM to12:PM                        |  |

|   |               |  |                                  |  |                        |   |  |
|---|---------------|--|----------------------------------|--|------------------------|---|--|
|  |               | <b>Monday, January 1, 2018</b>         |                                  | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau |                        | Milan, Italy<br>Sutra 259<br>Hemalamba 5119 |  |
| <b>Copper Retreat Star</b>  |               | <b>Gulika</b> 1:33PM – 2:39PM          | <b>Mrigashira</b> Until 10:23AM  | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 8:03AM |   |  |
| Mithuna Rasi: 3.52  | Tithi 14 – 15 | Yama 11:21AM – 12:27PM                 | Brahma Until 12:54AM Tue         | <b>Muruga:</b> White   | <i>Sunset:</i> 4:51PM  | Moon 12 - Phase 35                          |  |
| <b>Family Home Evening</b>  |               | 831312366 <b>Rahu</b> 9:09AM – 10:15AM | Bava Until 3:27AM Tue            | <b>Nataraja:</b> Green   |                        | Purnima                                     |  |
| Creative Work   | Amrita Yoga   |  | <b>Chaturdashi*</b> Until 7:15AM | Moon – Yellow  |                        | <b>Bhuloka Day</b>                          |  |
| Until 10:23AM   |               |  |                                  | <b>Pausha-Markali</b>  |                        | Devaloka Time: 9:AM to12:PM                 |  |
| Then Creative Work - Siddha Yoga  |               |  |                                  |  |                        |   |  |

|                                  |             |                                       |                                |   |                        |   |  |
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| <b>Tuesday, January 2, 2018</b>  |             | <b>Silver Retreat Star</b>            |                                | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau |                        | Milan, Italy<br>Sutra 260<br>Hemalamba 5119 |  |
| Mithuna Rasi: 19.09              | Tithi 16    | <b>Gulika</b> 12:27PM – 1:34PM        | <b>Ardra</b> Until 7:11AM      | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 8:03AM |   |  |
|                                  |             | Yama 10:15AM – 11:21AM                | Indra Until 8:35PM             | <b>Muruga:</b> White  | <i>Sunset:</i> 4:52PM  | Moon 12 - Phase 35                          |  |
|                                  |             | 831312366 <b>Rahu</b> 2:40PM – 3:46PM | Balava Until 1:34PM            | <b>Nataraja:</b> Green  |                        | Prathama                                    |  |
| Routine Work                     | Marana Yoga |                                       | <b>Prathama*</b> Until 11:42PM | Moon – Yellow   |                        | <b>Bhuloka Day</b>                          |  |
| Until 7:11AM                     |             |                                       |                                | <b>Pausha-Markali</b>   |                        | Devaloka Time: 9:AM to12:PM                 |  |
| Then Creative Work - Siddha Yoga |             | <b>Ardra Darshanam</b>                |                                |   |                        |   |  |





Wednesday, January 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy  
Sutra 261

Kataka Rasi: 4.22 Tihi 17

841312366

**Gulika** 11:22AM – 12:28PM  
Yama 9:09AM – 10:15AM  
**Rahu** 12:28PM – 1:34PM

**Pushya** Until 1:40AM Thu  
Vaidhriti\* Until 4:24PM  
Taitila Until 9:55AM  
Dvitiya Until 8:11PM

**Ganesha:** White *Sunrise:* 8:03AM  
**Muruga:** White *Sunset:* 4:53PM  
**Nataraja:** Green  
Moon – Blue  
**Pausha-Markali**

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Thursday, January 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Milan, Italy  
Sun 1 Sutra 262

Kataka Rasi: 19.2 Tihi 18 – 19

841312366

**Gulika** 10:16AM – 11:22AM  
Yama 8:03AM – 9:09AM  
**Rahu** 1:35PM – 2:41PM

**Ashlesha\*** Until 11:16PM  
Vishkambha\* Until 12:32PM  
Vanija Until 6:35AM  
Tritiya Until 5:04PM

**Ganesha:** White *Sunrise:* 8:03AM  
**Muruga:** White *Sunset:* 4:54PM  
**Nataraja:** Green  
Moon – Blue  
**Pausha-Markali**

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:16PM

Then Creative Work - Amrita Yoga

Friday, January 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy  
Sun 2 Sutra 263

Simha Rasi: 3.58 Tihi 19 – 20

851312366

**Gulika** 9:09AM – 10:16AM  
Yama 2:42PM – 3:48PM  
**Rahu** 11:22AM – 12:29PM

**Magha\*** Until 9:44PM  
Priti Until 9:07AM  
Kaulava Until 1:30AM Sat  
Chaturthi\* Until 2:31PM

**Ganesha:** Clear *Sunrise:* 8:03AM  
**Muruga:** White *Sunset:* 4:55PM  
**Nataraja:** Green  
Moon – Red  
**Pausha-Markali**

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

Until 9:44PM

Then Creative Work - Siddha Yoga

Saturday, January 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy  
Sun 3 Sutra 264

Simha Rasi: 18.09 Tihi 20 – 21

851412366

**Gulika** 8:03AM – 9:09AM  
Yama 1:36PM – 2:43PM  
**Rahu** 10:16AM – 11:23AM

**Purvaphalguni** Until 8:46PM  
Ayushman Until 6:11AM  
Gara Until 11:59PM  
Panchami Until 12:37PM

**Ganesha:** Purple *Sunrise:* 8:03AM  
**Muruga:** White *Sunset:* 4:56PM  
**Nataraja:** Green  
Moon – Red  
**Pausha-Markali**

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

Until 8:46PM

Then Routine Work - Marana Yoga

Sunday, January 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Milan, Italy  
Sun 4 Sutra 265

Kanya Rasi: 1.53 Tihi 21 – 22

851412366

**Gulika** 2:43PM – 3:50PM  
Yama 12:30PM – 1:37PM  
**Rahu** 3:50PM – 4:57PM

**Uttaraphalguni** Until 8:26PM  
Sobhana Until 2:12AM Mon  
Visiti Until 11:17PM  
Shashthi\* Until 11:31AM

**Ganesha:** Purple *Sunrise:* 8:03AM  
**Muruga:** White *Sunset:* 4:57PM  
**Nataraja:** Green  
Moon – Red  
**Pausha-Markali**

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

**Bhuloka Day**

Creative Work Amrita Yoga

Monday, January 8, 2018

5

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy  
Sun 5 Sutra 266

Kanya Rasi: 15.08 Tihi 22 – 23

862412366

**Gulika** 1:37PM – 2:44PM  
Yama 11:23AM – 12:30PM  
**Rahu** 9:09AM – 10:16AM

**Hasta** Until 9:11PM  
Athiganda\* Until 1:07AM Tue  
Balava Until 11:23PM  
Saptami Until 11:13AM

**Ganesha:** Purple *Sunrise:* 8:02AM  
**Muruga:** White *Sunset:* 4:58PM  
**Nataraja:** Green  
Moon – Green  
**Pausha-Markali**

Hemalamba 5119  
Moon 13 - Phase 36  
Ashtami

**Devaloka Day**

Creative Work Siddha Yoga

Until 9:11PM

Then Routine Work - Prabalarishta Yoga

Tuesday, January 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy  
Sun 6 Sutra 267

Kanya Rasi: 28 Tihi 23 – 24

862412366

**Gulika** 12:31PM – 1:38PM  
Yama 10:16AM – 11:24AM  
**Rahu** 2:45PM – 3:52PM

**Chitra** Until 10:31PM  
Sukarma Until 12:38AM Wed  
Taitila Until 12:14AM Wed  
Ashtami\* Until 11:42AM

**Ganesha:** Purple *Sunrise:* 8:02AM  
**Muruga:** White *Sunset:* 4:59PM  
**Nataraja:** Green  
Moon – Green  
**Pausha-Markali**

Hemalamba 5119  
Moon 13 - Phase 36  
Navami

**Devaloka Day**

Creative Work Siddha Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time

www.gurudeva.org/panchang

|                  |               |                                    |                              |   |   |   |  |
|------------------|---------------|------------------------------------|------------------------------|---|---|---|--|
| <b>1</b>         |               | <b>Wednesday, January 10, 2018</b> |                              | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau |   | Milan, Italy<br>Sun 7 Sutra 268<br>Hemalamba 5119 |  |
| Tula Rasi: 10.32 | Tithi 24 – 25 | <b>Gulika</b>                      | 11:24AM – 12:31PM            | <b>Svati Until 12:18AM Thu</b>  | <b>Ganesha:</b> Purple <i>Sunrise: 8:02AM</i> |   |  |
|                  |               | Yama                               | 9:09AM – 10:16AM             | Dhriti Until 12:39AM Thu  | <b>Muruga:</b> White <i>Sunset: 5:00PM</i>    | Moon 13 - Phase 37                                |  |
| Creative Work    | Siddha Yoga   | 862412366                          | <b>Rahu</b> 12:31PM – 1:38PM | Vanija Until 1:44AM Thu   | <b>Nataraja:</b> Green                        | 2nd Phase   |  |
|                  |               |                                    |                              | <b>Navami* Until 12:54PM</b>  | Moon – Green                                  | <b>Devaloka Day</b>                               |  |
|                  |               |                                    |                              |   | <b>Pausha-Markali</b>                         |   |  |

|                  |               |                                   |                             |   |  |   |  |
|------------------|---------------|-----------------------------------|-----------------------------|---|--|---|--|
| <b>2</b>         |               | <b>Thursday, January 11, 2018</b> |                             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  | Milan, Italy<br>Sun 8 Sutra 269<br>Hemalamba 5119 |  |
| Tula Rasi: 22.47 | Tithi 25 – 26 | <b>Gulika</b>                     | 10:16AM – 11:24AM           | <b>Vishakha Until 2:55AM Fri</b>  | <b>Ganesha:</b> Clear <i>Sunrise: 8:01AM</i> |   |  |
|                  |               | Yama                              | 8:01AM – 9:09AM             | Shula* Until 1:01AM Fri   | <b>Muruga:</b> White <i>Sunset: 5:02PM</i>   | Moon 13 - Phase 37                                |  |
| Creative Work    | Siddha Yoga   | 872412366                         | <b>Rahu</b> 1:39PM – 2:47PM | Bava Until 3:44AM Fri   | <b>Nataraja:</b> Green                       | 2nd Phase   |  |
|                  |               |                                   |                             | <b>Dashami Until 2:40PM</b>   | Moon – Orange                                | <b>Bhuloka Day</b>                                |  |
|                  |               |                                   |                             |   | <b>Pausha-Markali</b>                        | Devaloka Time: 9:AM to 12:PM                      |  |

|                      |               |                                 |                               |  |  |   |  |
|----------------------|---------------|---------------------------------|-------------------------------|--|--|---|--|
| <b>3</b>             |               | <b>Friday, January 12, 2018</b> |                               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  | Milan, Italy<br>Sun 9 Sutra 270<br>Hemalamba 5119 |  |
| Vrischika Rasi: 4.52 | Tithi 26 – 27 | <b>Gulika</b>                   | 9:09AM – 10:16AM              | <b>Anuradha Until 5:41AM Sat</b>   | <b>Ganesha:</b> Clear <i>Sunrise: 8:01AM</i> |   |  |
|                      |               | Yama                            | 2:47PM – 3:55PM               | Ganda* Until 1:39AM Sat  | <b>Muruga:</b> White <i>Sunset: 5:03PM</i>   | Moon 13 - Phase 37                                |  |
| Creative Work        | Siddha Yoga   | 872412366                       | <b>Rahu</b> 11:24AM – 12:32PM | Kaulava Until 6:05AM Sat   | <b>Nataraja:</b> Green                       | 2nd Phase   |  |
|                      |               |                                 |                               | <b>Ekadashi* Until 4:51PM</b>  | Moon – Orange                                | <b>Bhuloka Day</b>                                |  |
|                      |               |                                 |                               |  | <b>Pausha-Markali</b>                        | Devaloka Time: 9:AM to 12:PM                      |  |

|                                  |             |                                   |                               |  |  |  |  |
|----------------------------------|-------------|-----------------------------------|-------------------------------|--|--|--|--|
| <b>4</b>                         |             | <b>Saturday, January 13, 2018</b> |                               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau |  | Milan, Italy<br>Sun 10 Sutra 271<br>Hemalamba 5119 |  |
| Vrischika Rasi: 16.49            | Tithi 27    | <b>Gulika</b>                     | 8:01AM – 9:08AM               | <b>Jyeshtha* Until 8:30AM Sun</b>  | <b>Ganesha:</b> Clear <i>Sunrise: 8:01AM</i> |  |  |
|                                  |             | Yama                              | 1:40PM – 2:48PM               | Vriddhi Until 2:30AM Sun   | <b>Muruga:</b> White <i>Sunset: 5:04PM</i>   | Moon 13 - Phase 37                                 |  |
| Creative Work                    | Siddha Yoga | 872412366                         | <b>Rahu</b> 10:16AM – 11:24AM | Kaulava Until 6:05AM   | <b>Nataraja:</b> Green                       | 2nd Phase  |  |
| Until 8:30AM Sun                 |             |                                   |                               | <b>Dvadashi* Until 7:20PM</b>  | Moon – Orange                                | <b>Bhuloka Day</b>                                 |  |
| Then Creative Work - Amrita Yoga |             |                                   |                               |  | <b>Pausha-Markali</b>                        | Devaloka Time: 9:AM to 12:PM                       |  |

|                                  |             |                                 |                             |   |  |  |  |
|----------------------------------|-------------|---------------------------------|-----------------------------|---|--|--|--|
| <b>5</b>                         |             | <b>Sunday, January 14, 2018</b> |                             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau |  | Milan, Italy<br>Sun 11 Sutra 272<br>Hemalamba 5119 |  |
| Vrischika Rasi: 28.4             | Tithi 28    | <b>Gulika</b>                   | 2:49PM – 3:57PM             | <b>Jyeshtha* Until 8:30AM</b>   | <b>Ganesha:</b> Clear <i>Sunrise: 8:00AM</i> |  |  |
|                                  |             | Yama                            | 12:33PM – 1:41PM            | Dhruva Until 3:24AM Mon   | <b>Muruga:</b> White <i>Sunset: 5:05PM</i>   | Moon 13 - Phase 37                                 |  |
| Routine Work                     | Marana Yoga | 872412366                       | <b>Rahu</b> 3:57PM – 5:05PM | Gara Until 8:39AM   | <b>Nataraja:</b> Green                       | 2nd Phase  |  |
| Until 8:30AM                     |             |                                 |                             | <b>Trayodashi* Until 9:58PM</b>   | Moon – Orange                                | <b>Bhuloka Day</b>                                 |  |
| Then Creative Work - Amrita Yoga |             |                                 | <b>Thai Pongal</b>          | <i>Pradosha Vrata (Fasting)</i>   | <b>Pausha-Thai</b>                           | Devaloka Time: 9:AM to 12:PM                       |  |

|                                 |             |                                 |                              |  |   |  |  |
|---------------------------------|-------------|---------------------------------|------------------------------|--|---|--|--|
| <b>6</b>                        |             | <b>Monday, January 15, 2018</b> |                              | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |   | Milan, Italy<br>Sun 12 Sutra 273<br>Hemalamba 5119 |  |
| Dhanus Rasi: 10.29              | Tithi 29    | <b>Gulika</b>                   | 1:41PM – 2:50PM              | <b>Mula* Until 11:44AM</b>   | <b>Ganesha:</b> Orange <i>Sunrise: 8:00AM</i> |  |  |
| <b>Family Home Evening</b>      |             | Yama                            | 11:25AM – 12:33PM            | Vyaghata* Until 4:19AM Tue   | <b>Muruga:</b> White <i>Sunset: 5:06PM</i>    | Moon 13 - Phase 37                                 |  |
| Creative Work                   | Siddha Yoga | 882412366                       | <b>Rahu</b> 9:08AM – 10:16AM | Visti Until 11:19AM  | <b>Nataraja:</b> Green                        | 2nd Phase  |  |
| Until 11:44AM                   |             |                                 |                              | <b>Chaturdashi* Until 12:38AM Tue</b>  | Moon – Light Blue                             | <b>Bhuloka Day</b>                                 |  |
| Then Routine Work - Marana Yoga |             |                                 |                              |  | <b>Pausha-Thai</b>                            | Devaloka Time: 9:AM to 12:PM                       |  |

|  |             |                                  |                             |   |   |  |  |
|--|-------------|----------------------------------|-----------------------------|---|---|--|--|
| <b>Retreat Star</b>                    |             | <b>Tuesday, January 16, 2018</b> |                             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau |   | Milan, Italy<br>Sun 13 Sutra 274<br>Hemalamba 5119 |  |
| Dhanus Rasi: 22.19                     | Tithi 30    | <b>Gulika</b>                    | 12:33PM – 1:42PM            | <b>Purvashadha* Until 2:48PM</b>  | <b>Ganesha:</b> Orange <i>Sunrise: 7:59AM</i> |  |  |
|  |             | Yama                             | 10:16AM – 11:25AM           | Harshana Until 5:13AM Wed   | <b>Muruga:</b> White <i>Sunset: 5:08PM</i>    | Moon 13 - Phase 37                                 |  |
| Creative Work                          | Siddha Yoga | 882412366                        | <b>Rahu</b> 2:51PM – 3:59PM | Catuspada Until 1:58PM  | <b>Nataraja:</b> Green                        | Amavasya   |  |
| Until 2:48PM                           |             |                                  |                             | <b>Amavasya* Until 3:14AM Wed</b>   | Moon – Light Blue                             | <b>Bhuloka Day</b>                                 |  |
| Then Routine Work - Prabalarishta Yoga |             |                                  |                             |   | <b>Pausha-Thai</b>                            | Devaloka Time: 9:AM to 12:PM                       |  |

|                                  |             |                                    |                              |  |   |  |  |
|----------------------------------|-------------|------------------------------------|------------------------------|--|---|--|--|
| <b>Retreat Star</b>              |             | <b>Wednesday, January 17, 2018</b> |                              | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau |   | Milan, Italy<br>Sun 14 Sutra 275<br>Hemalamba 5119 |  |
| Makara Rasi: 4.1                 | Tithi 1     | <b>Gulika</b>                      | 11:25AM – 12:34PM            | <b>Uttarashadha Until 5:35PM</b>   | <b>Ganesha:</b> Orange <i>Sunrise: 7:58AM</i> |  |  |
|                                  |             | Yama                               | 9:07AM – 10:16AM             | Vajra* Until 5:57AM Thu  | <b>Muruga:</b> White <i>Sunset: 5:09PM</i>    | Moon 13 - Phase 37                                 |  |
| Creative Work                    | Amrita Yoga | 882412366                          | <b>Rahu</b> 12:34PM – 1:43PM | Kintughna Until 4:31PM   | <b>Nataraja:</b> Green                        | Prathama   |  |
| Until 5:35PM                     |             |                                    |                              | <b>Prathama* Until 5:41AM Thu</b>  | Moon – Light Blue                             | <b>Bhuloka Day</b>                                 |  |
| Then Creative Work - Siddha Yoga |             |                                    |                              |  | <b>Magha-Thai</b>                             | Devaloka Time: 9:AM to 12:PM                       |  |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

|          |                                   |             |  |                              |                        |  |                                     |
|----------|-----------------------------------|-------------|--|------------------------------|------------------------|--|-------------------------------------|
| <b>1</b> | <b>Thursday, January 18, 2018</b> |             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Siddhi Yoga Balava Karana Dvitiyayam Titau |                              |                        |  | Milan, Italy<br>Sun 15<br>Sutra 276 |
|          | Makara Rasi: 16.05                | Tithi 2     | <b>Gulika</b> 10:16AM – 11:25AM  | <b>Shravana</b> Until 8:30PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:58AM                             | Hemalamba 5119                      |
|          |                                   |             | Yama 7:58AM – 9:07AM   | Siddhi Until 6:30AM Fri      | <b>Muruga:</b> White   | <i>Sunset:</i> 5:10PM                              | Moon 13 - Phase 38                  |
|          | Creative Work                     | Siddha Yoga | 892412366 <b>Rahu</b> 1:43PM – 2:52PM  | Balava Until 6:50PM          | <b>Nataraja:</b> Green |  | 3rd Phase                           |
|          |                                   |             | <b>Dvitiya</b> Until 7:52AM Fri  | Moon – Purple                |                        |  |                                     |
|          |                                   |             |  | <b>Magha-Thai</b>            |                        | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM |                                     |

|          |                                 |             |   |                                 |                        |  |                                     |
|----------|---------------------------------|-------------|---|---------------------------------|------------------------|--|-------------------------------------|
| <b>2</b> | <b>Friday, January 19, 2018</b> |             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                                 |                        |  | Milan, Italy<br>Sun 16<br>Sutra 277 |
|          | Makara Rasi: 28.05              | Tithi 2 – 3 | <b>Gulika</b> 9:06AM – 10:16AM  | <b>Dhanishtha</b> Until 10:58PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:57AM                             | Hemalamba 5119                      |
|          |                                 |             | Yama 2:53PM – 4:02PM  | Siddhi Until 6:30AM             | <b>Muruga:</b> White   | <i>Sunset:</i> 5:12PM                              | Moon 13 - Phase 38                  |
|          | Creative Work                   | Siddha Yoga | 892412366 <b>Rahu</b> 11:25AM – 12:34PM   | Taitila Until 8:52PM            | <b>Nataraja:</b> Green |  | 3rd Phase                           |
|          |                                 |             | <b>Dvitiya</b> Until 7:52AM   | Moon – Purple                   |                        |  |                                     |
|          |                                 |             |   | <b>Magha-Thai</b>               |                        | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM |                                     |

|          |                                   |             |  |                                       |                        |  |                                     |
|----------|-----------------------------------|-------------|--|---------------------------------------|------------------------|--|-------------------------------------|
| <b>3</b> | <b>Saturday, January 20, 2018</b> |             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                                       |                        |  | Milan, Italy<br>Sun 17<br>Sutra 278 |
|          | Kumbha Rasi: 10.14                | Tithi 3 – 4 | <b>Gulika</b> 7:56AM – 9:06AM  | <b>Shatabhishak</b> Until 12:52AM Sun | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:56AM                             | Hemalamba 5119                      |
|          |                                   |             | Yama 1:44PM – 2:54PM   | Vyatipata* Until 6:49AM               | <b>Muruga:</b> White   | <i>Sunset:</i> 5:13PM                              | Moon 13 - Phase 38                  |
|          | Creative Work                     | Amrita Yoga | 892412366 <b>Rahu</b> 10:16AM – 11:25AM  | Vanija Until 10:29PM                  | <b>Nataraja:</b> Green |  | 3rd Phase                           |
|          |                                   |             | <b>Tritiya</b> Until 9:43AM  | Moon – Purple                         |                        |  |                                     |
|          |                                   |             |  | <b>Magha-Thai</b>                     |                        | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM |                                     |

|          |                                 |             |  |  |                        |                        |                                     |
|----------|---------------------------------|-------------|--|--|------------------------|------------------------|-------------------------------------|
| <b>4</b> | <b>Sunday, January 21, 2018</b> |             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaprossthapada* Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau |  |                        |                        | Milan, Italy<br>Sun 18<br>Sutra 279 |
|          | Kumbha Rasi: 22.34              | Tithi 4 – 5 | <b>Gulika</b> 2:55PM – 4:05PM  | <b>Purvaprossthapada*</b> Until 2:38AM Mon | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 7:56AM | Hemalamba 5119                      |
|          |                                 |             | Yama 12:35PM – 1:45PM  | Variyan Until 6:47AM                       | <b>Muruga:</b> White   | <i>Sunset:</i> 5:14PM  | Moon 13 - Phase 38                  |
|          | Creative Work                   | Siddha Yoga | 813412366 <b>Rahu</b> 4:05PM – 5:14PM  | Bava Until 11:38PM                         | <b>Nataraja:</b> Green |                        | 3rd Phase                           |
|          |                                 |             | <b>Chaturthi*</b> Until 11:06AM  | Moon – Clear                               |                        |                        |                                     |
|          |                                 |             |  | <b>Magha-Thai</b>                          |                        | <b>Bhuloka Day</b>     |                                     |

|          |                                 |             |   |  |                        |                        |                                     |
|----------|---------------------------------|-------------|---|--|------------------------|------------------------|-------------------------------------|
| <b>5</b> | <b>Monday, January 22, 2018</b> |             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraprossthapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |  |                        |                        | Milan, Italy<br>Sun 19<br>Sutra 280 |
|          | Meena Rasi: 5.06                | Tithi 5 – 6 | <b>Gulika</b> 1:45PM – 2:55PM   | <b>Uttaraprossthapada</b> Until 3:40AM Tue | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 7:55AM | Hemalamba 5119                      |
|          | <b>Family Home Evening</b>      |             | Yama 11:25AM – 12:35PM  | Parigha* Until 6:22AM                      | <b>Muruga:</b> White   | <i>Sunset:</i> 5:16PM  | Moon 13 - Phase 38                  |
|          | Creative Work                   | Siddha Yoga | 813412366 <b>Rahu</b> 9:05AM – 10:15AM  | Kaulava Until 12:12AM Tue                  | <b>Nataraja:</b> Green |                        | 3rd Phase                           |
|          |                                 |             | <b>Panchami</b> Until 11:58AM   | Moon – Clear                               |                        |                        |                                     |
|          |                                 |             |   | <b>Magha-Thai</b>                          |                        | <b>Bhuloka Day</b>     |                                     |

|          |                                  |             |   |                                |                        |                        |                                     |
|----------|----------------------------------|-------------|---|--------------------------------|------------------------|------------------------|-------------------------------------|
| <b>6</b> | <b>Tuesday, January 23, 2018</b> |             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                |                        |                        | Milan, Italy<br>Sun 20<br>Sutra 281 |
|          | Meena Rasi: 17.55                | Tithi 6 – 7 | <b>Gulika</b> 12:36PM – 1:46PM  | <b>Revati</b> Until 3:57AM Wed | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 7:54AM | Hemalamba 5119                      |
|          |                                  |             | Yama 10:15AM – 11:25AM  | Siddha Until 4:10AM Wed        | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:17PM  | Moon 13 - Phase 38                  |
|          | Creative Work                    | Siddha Yoga | 813422366 <b>Rahu</b> 2:56PM – 4:07PM   | Gara Until 12:08AM Wed         | <b>Nataraja:</b> Green |                        | 3rd Phase                           |
|          |                                  |             | <b>Shashthi*</b> Until 12:14PM  | Moon – Clear                   |                        |                        |                                     |
|          |                                  |             |   | <b>Magha-Thai</b>              |                        | <b>Bhuloka Day</b>     |                                     |

|                     |                                    |             |  |                                 |                        |                        |                                     |
|---------------------|------------------------------------|-------------|--|---------------------------------|------------------------|------------------------|-------------------------------------|
| <b>Retreat Star</b> | <b>Wednesday, January 24, 2018</b> |             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Sadhya Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau |                                 |                        |                        | Milan, Italy<br>Sun 21<br>Sutra 282 |
|                     | Mesha Rasi: 1.02                   | Tithi 7 – 8 | <b>Gulika</b> 11:25AM – 12:36PM  | <b>Ashvini</b> Until 3:53AM Thu | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 7:53AM | Hemalamba 5119                      |
|                     |                                    |             | Yama 9:04AM – 10:14AM  | Sadhya Until 2:17AM Thu         | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:18PM  | Moon 13 - Phase 38                  |
|                     | Routine Work                       | Marana Yoga | 923422366 <b>Rahu</b> 12:36PM – 1:46PM   | Visli Until 11:25PM             | <b>Nataraja:</b> Green |                        | Ashtami                             |
|                     |                                    |             | <b>Saptami</b> Until 11:51AM   | Moon – White                    |                        |                        |                                     |
|                     |                                    |             |  | <b>Magha-Thai</b>               |                        | <b>Bhuloka Day</b>     |                                     |

|                     |                                   |             |   |                                 |                        |                        |                                     |
|---------------------|-----------------------------------|-------------|---|---------------------------------|------------------------|------------------------|-------------------------------------|
| <b>Retreat Star</b> | <b>Thursday, January 25, 2018</b> |             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                 |                        |                        | Milan, Italy<br>Sun 22<br>Sutra 283 |
|                     | Mesha Rasi: 14.32                 | Tithi 8 – 9 | <b>Gulika</b> 10:14AM – 11:25AM   | <b>Bharani</b> Until 3:01AM Fri | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 7:52AM | Hemalamba 5119                      |
|                     |                                   |             | Yama 7:52AM – 9:03AM  | Subha Until 11:54PM             | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:20PM  | Moon 13 - Phase 38                  |
|                     | Creative Work                     | Siddha Yoga | 923422366 <b>Rahu</b> 1:47PM – 2:58PM   | Balava Until 10:01PM            | <b>Nataraja:</b> Green |                        | Navami                              |
|                     |                                   |             | <b>Ashtami*</b> Until 10:47AM   | Moon – White                    |                        |                        |                                     |
|                     |                                   |             |   | <b>Magha-Thai</b>               |                        | <b>Bhuloka Day</b>     |                                     |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

|   |              |   |                                  |                        |                        |                    |
|---|--------------|---|----------------------------------|------------------------|------------------------|--------------------|
| <b>1 Friday, January 26, 2018</b>   |              | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam |                                  |                        |                        | Milan, Italy       |
| Krittika Nakshatra Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |              | Sun 23 Sutra 284  |                                  | Hemalamba 5119         |                        |                    |
| Mesha Rasi: 28.24   | Tithi 9 – 10 | <b>Gulika</b> 9:03AM – 10:14AM  | <b>Krittika</b> Until 1:24AM Sat | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 7:51AM |                    |
|   |              | Yama 2:59PM – 4:10PM  | Sukla Until 9:00PM               | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:21PM  | Moon 13 - Phase 39 |
|   | 923422366    | <b>Rahu</b> 11:25AM – 12:36PM   | Taitila Until 8:00PM             | <b>Nataraja:</b> Green |                        | 4th Phase          |
| Creative Work   | Siddha Yoga  |   | <b>Navami*</b> Until 9:04AM      | Moon – White           |                        | <b>Bhuloka Day</b> |
| Until 1:24AM Sat  |              |   |                                  | <b>Magha-Thai</b>      |                        |                    |
| Then Creative Work - Amrita Yoga  |              |   |                                  |                        |                        |                    |

|  |               |   |                             |                        |                        |                             |
|--|---------------|---|-----------------------------|------------------------|------------------------|-----------------------------|
| <b>2 Saturday, January 27, 2018</b>  |               | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam |                             |                        |                        | Milan, Italy                |
| Rohini Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau |               | Sun 24 Sutra 285  |                             | Hemalamba 5119         |                        |                             |
| Vrishabha Rasi: 12.4   | Tithi 10 – 11 | <b>Gulika</b> 7:50AM – 9:02AM   | <b>Rohini</b> Until 11:33PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:50AM |                             |
|  |               | Yama 1:48PM – 3:00PM  | Brahma Until 5:40PM         | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:23PM  | Moon 13 - Phase 39          |
|  | 933422366     | <b>Rahu</b> 10:13AM – 11:25AM   | Visti Until 3:58AM Sun      | <b>Nataraja:</b> Green |                        | 4th Phase                   |
| Creative Work  | Amrita Yoga   |   | <b>Dashami</b> Until 6:46AM | Moon – Yellow          |                        | <b>Bhuloka Day</b>          |
| Until 11:33PM  |               |   |                             | <b>Magha-Thai</b>      |                        | Devaloka Time: 6:AM to 9:AM |
| Then Creative Work - Siddha Yoga   |               |   |                             |                        |                        |                             |

|  |             |   |                                   |                        |                        |                             |
|--|-------------|---|-----------------------------------|------------------------|------------------------|-----------------------------|
| <b>3 Sunday, January 28, 2018</b>  |             | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                   |                        |                        | Milan, Italy                |
| Mrigashira Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau |             | Sun 25 Sutra 286  |                                   | Hemalamba 5119         |                        |                             |
| Vrishabha Rasi: 27.16  | Tithi 12    | <b>Gulika</b> 3:00PM – 4:12PM   | <b>Mrigashira</b> Until 9:10PM    | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:49AM |                             |
|  |             | Yama 12:37PM – 1:49PM   | Indra Until 2:00PM                | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:24PM  | Moon 13 - Phase 39          |
|  | 933422366   | <b>Rahu</b> 4:12PM – 5:24PM   | Bava Until 2:26PM                 | <b>Nataraja:</b> Green |                        | 4th Phase                   |
| Creative Work  | Siddha Yoga |   | <b>Dvadashi</b> Until 12:47AM Mon | Moon – Yellow          |                        | <b>Bhuloka Day</b>          |
| Until 6:23PM   |             |   |                                   | <b>Magha-Thai</b>      |                        | Devaloka Time: 6:AM to 9:AM |
| Then Creative Work - Amrita Yoga   |             |   |                                   |                        |                        |                             |

|   |             |  |                                |                        |                        |                             |
|---|-------------|--|--------------------------------|------------------------|------------------------|-----------------------------|
| <b>4 Monday, January 29, 2018</b>   |             | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam |                                |                        |                        | Milan, Italy                |
| Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau |             | Sun 26 Sutra 287   |                                | Hemalamba 5119         |                        |                             |
| Mithuna Rasi: 12.09   | Tithi 13    | <b>Gulika</b> 1:49PM – 3:01PM  | <b>Ardra</b> Until 6:23PM      | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:48AM |                             |
| <b>Family Home Evening</b>  |             | Yama 11:25AM – 12:37PM   | Vaidhriti* Until 10:03AM       | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:26PM  | Moon 13 - Phase 39          |
|   | 933422366   | <b>Rahu</b> 9:00AM – 10:13AM   | Kaulava Until 11:07AM          | <b>Nataraja:</b> Green |                        | 4th Phase                   |
| Creative Work   | Siddha Yoga |  | <b>Trayodashi</b> Until 9:22PM | Moon – Yellow          |                        | <b>Bhuloka Day</b>          |
| Until 6:23PM  |             |  |                                | <b>Magha-Thai</b>      |                        | Devaloka Time: 6:AM to 9:AM |
| Then Creative Work - Amrita Yoga  |             |  | <i>Pradosha Vrata</i>          |                        |                        |                             |

|   |               |   |                                  |                        |                        |                    |
|---|---------------|---|----------------------------------|------------------------|------------------------|--------------------|
| <b>5 Tuesday, January 30, 2018</b>  |               | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam |                                  |                        |                        | Milan, Italy       |
| Punarvasu/Pushya Nakshatra Priti Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau |               | Sun 27 Sutra 288  |                                  | Hemalamba 5119         |                        |                    |
| Mithuna Rasi: 27.11   | Tithi 14 – 15 | <b>Gulika</b> 12:37PM – 1:50PM  | <b>Punarvasu</b> Until 3:45PM    | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:47AM |                    |
|   |               | Yama 10:12AM – 11:25AM  | Priti Until 1:53AM Wed           | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:27PM  | Moon 13 - Phase 39 |
|   | 943422366     | <b>Rahu</b> 3:02PM – 4:14PM   | Gara Until 7:38AM                | <b>Nataraja:</b> Green |                        | 4th Phase          |
| Creative Work   | Siddha Yoga   |   | <b>Chaturdashi*</b> Until 5:51PM | Moon – Blue            |                        | <b>Bhuloka Day</b> |
| Until 6:23PM  |               |   |                                  | <b>Magha-Thai</b>      |                        |                    |
| Then Creative Work - Amrita Yoga  |               | <b>Thai Pusam</b>   |                                  |                        |                        |                    |

|                                    |               |   |                              |                        |                        |                    |
|------------------------------------|---------------|---|------------------------------|------------------------|------------------------|--------------------|
| <b>Wednesday, January 31, 2018</b> |               | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam |                              |                        |                        | Milan, Italy       |
| <b>Copper Retreat Star</b>         |               | Pushya/Ashlesha* Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau           |                              | Sutra 289              |                        |                    |
| Kataka Rasi: 12.15                 | Tithi 15 – 16 | <b>Gulika</b> 11:24AM – 12:37PM   | <b>Pushya</b> Until 1:03PM   | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:46AM |                    |
|                                    |               | Yama 8:59AM – 10:12AM   | Ayushman Until 9:53PM        | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:28PM  | Moon 13 - Phase 39 |
|                                    | 943422366     | <b>Rahu</b> 12:37PM – 1:50PM  | Balava Until 12:47AM Thu     | <b>Nataraja:</b> Green |                        | Purnima            |
| Creative Work                      | Siddha Yoga   |   | <b>Purnima*</b> Until 2:25PM | Moon – Blue            |                        | <b>Bhuloka Day</b> |
| Until 10:25AM                      |               |   |                              | <b>Magha-Thai</b>      |                        |                    |
| Then Creative Work - Amrita Yoga   |               | <b>Total Lunar Eclipse</b>  |                              |                        |                        |                    |

|                                   |               |  |                                |                        |                        |                              |
|-----------------------------------|---------------|--|--------------------------------|------------------------|------------------------|------------------------------|
| <b>Thursday, February 1, 2018</b> |               | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam |                                |                        |                        | Milan, Italy                 |
| <b>Silver Retreat Star</b>        |               | Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau     |                                | Sutra 290              |                        |                              |
| Kataka Rasi: 27.11                | Tithi 16 – 17 | <b>Gulika</b> 10:12AM – 11:24AM  | <b>Ashlesha*</b> Until 10:25AM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:46AM |                              |
|                                   |               | Yama 7:46AM – 8:59AM   | Saubhagya Until 6:07PM         | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:28PM  | Moon 13 - Phase 39           |
|                                   | 943522366     | <b>Rahu</b> 1:50PM – 3:03PM  | Taitila Until 9:44PM           | <b>Nataraja:</b> Green |                        | Prathama                     |
| Creative Work                     | Siddha Yoga   |  | <b>Prathama*</b> Until 11:12AM | Moon – Blue            |                        | <b>Bhuloka Day</b>           |
| Until 10:25AM                     |               |  |                                | <b>Magha-Thai</b>      |                        | Devaloka Time: 9:AM to 12:PM |
| Then Creative Work - Amrita Yoga  |               |  |                                |                        |                        |                              |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Friday, February 2, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Ahiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam TitauMilan, Italy  
Sun 1 Sutra 291

Simha Rasi: 11.51 Tihi 17 - 18

Gulika 8:58AM - 10:11AM  
Yama 3:04PM - 4:17PM  
Rahu 11:24AM - 12:37PMMagha\* Until 8:26AM  
Sobhana Until 2:43PM  
Vanija Until 7:09PM  
Dvitiya Until 8:22AMGanesha: White Sunrise: 7:45AM  
Muruga: Green Sunset: 5:30PM  
Nataraja: Green  
Moon - Red  
Magha\*ThaiHemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Devaloka Day

Routine Work Marana Yoga  
Until 8:26AM

Then Creative Work - Siddha Yoga

1

Saturday, February 3, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ahiganda\*/Sukarma Yoga Visti\*/Balava Karana Tritiya/Chaturthayam TitauMilan, Italy  
Sun 2 Sutra 292

Simha Rasi: 26.1 Tihi 18 - 19

Gulika 7:44AM - 8:57AM  
Yama 1:51PM - 3:04PM  
Rahu 10:11AM - 11:24AMPurvaphalguni Until 6:50AM  
Athiganda\* Until 11:46AM  
Balava Until 4:26AM Sun  
Tritiya Until 6:04AMGanesha: White Sunrise: 7:44AM  
Muruga: Green Sunset: 5:31PM  
Nataraja: White  
Moon - Red  
Magha\*ThaiHemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Devaloka Day

Creative Work Siddha Yoga  
Until 6:50AM

Then Routine Work - Marana Yoga

2

Sunday, February 4, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam TitauMilan, Italy  
Sun 3 Sutra 293

Kanya Rasi: 10.02 Tihi 20

Gulika 3:05PM - 4:19PM  
Yama 12:38PM - 1:51PM  
Rahu 4:19PM - 5:33PMHasta Until 5:44AM Mon  
Sukarma Until 9:23AM  
Kaulava Until 3:54PM  
Panchami Until 3:33AM MonGanesha: White Sunrise: 7:43AM  
Muruga: Green Sunset: 5:33PM  
Nataraja: White  
Moon - Green  
Magha\*ThaiHemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Bhuloka Day

Creative Work Amrita Yoga  
Until 5:44AM Mon

Then Routine Work - Prabalarishta Yoga

3

Monday, February 5, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Shashthyam TitauMilan, Italy  
Sun 4 Sutra 294

Kanya Rasi: 23.28 Tihi 21

Family Home Evening

Gulika 1:52PM - 3:06PM  
Yama 11:24AM - 12:38PM  
Rahu 8:55AM - 10:10AMChitra Until 6:21AM Tue  
Dhriti Until 7:37AM  
Gara Until 3:26PM  
Shashthi\* Until 3:30AM TueGanesha: White Sunrise: 7:41AM  
Muruga: Green Sunset: 5:34PM  
Nataraja: White  
Moon - Green  
Magha\*ThaiHemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Bhuloka Day

Routine Work Prabalarishta Yoga  
Until 6:21AM Tue

Then Creative Work - Siddha Yoga

4

Tuesday, February 6, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Saptamyam TitauMilan, Italy  
Sun 5 Sutra 295

Tula Rasi: 6.28 Tihi 22

Gulika 12:38PM - 1:52PM  
Yama 10:09AM - 11:23AM  
Rahu 3:07PM - 4:21PMChitra Until 6:21AM  
Shula\* Until 6:28AM  
Visti Until 3:47PM  
Saptami Until 4:14AM WedGanesha: White Sunrise: 7:40AM  
Muruga: Green Sunset: 5:36PM  
Nataraja: White  
Moon - Green  
Magha\*ThaiHemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

D

Wednesday, February 7, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati/Vishakha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ashtamyam TitauMilan, Italy  
Sun 6 Sutra 296

Tula Rasi: 19.05 Tihi 23

Gulika 11:23AM - 12:38PM  
Yama 8:54AM - 10:08AM  
Rahu 12:38PM - 1:53PMSvati Until 7:34AM  
Vriddhi Until 5:58AM Thu  
Balava Until 4:54PM  
Ashtami\* Until 5:42AM ThuGanesha: White Sunrise: 7:39AM  
Muruga: Green Sunset: 5:37PM  
Nataraja: White  
Moon - Green  
Magha\*ThaiHemalamba 5119  
Moon 1 - Phase 40  
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Thursday, February 8, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Taitila Karana Navamyam TitauMilan, Italy  
Sun 7 Sutra 297

Vrischika Rasi: 1.24 Tihi 24

Gulika 10:08AM - 11:23AM  
Yama 7:38AM - 8:53AM  
Rahu 1:53PM - 3:08PMVishakha Until 9:47AM  
Dhruva Until 6:24AM Fri  
Taitila Until 6:41PM  
Navami\* Until 7:45AM FriGanesha: Clear Sunrise: 7:38AM  
Muruga: Green Sunset: 5:39PM  
Nataraja: White  
Moon - Orange  
Magha\*ThaiHemalamba 5119  
Moon 1 - Phase 40  
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

|                                 |                                 |               |   |   |   |   |   |
|---------------------------------|---------------------------------|---------------|---|---|---|---|---|
| <b>1</b>                        | <b>Friday, February 9, 2018</b> |               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Dashamyam Titau |   |   |   | Milan, Italy<br>Sun 8<br>Sutra 298                |
|                                 | Vrischika Rasi: 13.29           | Tithi 24 – 25 | <b>Gulika</b> 8:52AM – 10:07AM<br>Yama 3:09PM – 4:24PM<br>Rahu 11:23AM – 12:38PM  | <b>Anuradha</b> Until 12:22PM<br>Dhruva Until 6:24AM<br>Vanija Until 8:57PM<br>Navami* Until 7:45AM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Green<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Magha-Thai</b> | <i>Sunrise:</i> 7:36AM<br><i>Sunset:</i> 5:40PM | Hemalamba 5119<br>Moon 1 - Phase 41<br>2nd Phase  |
|                                 | Creative Work                   | Siddha Yoga   | 974522367   |   |   |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
| Then Routine Work - Marana Yoga |                                 |               |   |   |   |   |   |


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| <b>2</b> | <b>Saturday, February 10, 2018</b> |               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  |   |   | Milan, Italy<br>Sun 9<br>Sutra 299                |
|          | Vrischika Rasi: 25.24              | Tithi 25 – 26 | <b>Gulika</b> 7:35AM – 8:51AM<br>Yama 1:54PM – 3:10PM<br>Rahu 10:06AM – 11:22AM   | <b>Jyeshtha*</b> Until 3:08PM<br>Vyaghata* Until 7:10AM<br>Bava Until 11:32PM<br>Dashami Until 10:11AM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Green<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Magha-Thai</b> | <i>Sunrise:</i> 7:35AM<br><i>Sunset:</i> 5:41PM | Hemalamba 5119<br>Moon 1 - Phase 41<br>2nd Phase  |
|          | Creative Work                      | Siddha Yoga   | 974522367   |  |   |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |

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| <b>3</b>                         | <b>Sunday, February 11, 2018</b> |               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |   |  |   | Milan, Italy<br>Sun 10<br>Sutra 300              |
|                                  | Dhanus Rasi: 7.13                | Tithi 26 – 27 | <b>Gulika</b> 3:10PM – 4:27PM<br>Yama 12:38PM – 1:54PM<br>Rahu 4:27PM – 5:43PM   | <b>Mula*</b> Until 6:24PM<br>Harshana Until 8:07AM<br>Kaulava Until 2:13AM Mon<br>Ekadashi* Until 12:51PM | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Green<br><b>Nataraja:</b> White<br>Moon – Light Blue<br><b>Magha-Thai</b> | <i>Sunrise:</i> 7:33AM<br><i>Sunset:</i> 5:43PM | Hemalamba 5119<br>Moon 1 - Phase 41<br>2nd Phase |
|                                  | Creative Work                    | Amrita Yoga   | 984522367  |   |  |   | <b>Bhuloka Day</b>                               |
| Then Creative Work - Siddha Yoga |                                  |               |  |   |  |   |  |

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| <b>4</b>                   | <b>Monday, February 12, 2018</b> |               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |   |  |   | Milan, Italy<br>Sun 11<br>Sutra 301              |
|                            | Dhanus Rasi: 19.02               | Tithi 27 – 28 | <b>Gulika</b> 1:55PM – 3:11PM<br>Yama 11:22AM – 12:38PM<br>Rahu 8:49AM – 10:05AM   | <b>Purvashadha*</b> Until 9:29PM<br>Vajra* Until 9:04AM<br>Gara Until 4:50AM Tue<br>Dvadashi* Until 3:31PM<br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Green<br><b>Nataraja:</b> White<br>Moon – Light Blue<br><b>Magha-Masi</b> | <i>Sunrise:</i> 7:32AM<br><i>Sunset:</i> 5:44PM | Hemalamba 5119<br>Moon 1 - Phase 41<br>2nd Phase |
|                            | Family Home Evening              |               | 984522367  |   |  |   | <b>Bhuloka Day</b>                               |
| Routine Work - Marana Yoga |                                  |               |  |   |  |   |  |

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| <b>5</b>                         | <b>Tuesday, February 13, 2018</b> |                    | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Trayodashyam Titau |   |  |   | Milan, Italy<br>Sun 12<br>Sutra 302              |
|                                  | Makara Rasi: 0.52                 | Tithi 28           | <b>Gulika</b> 12:38PM – 1:55PM<br>Yama 10:04AM – 11:21AM<br>Rahu 3:12PM – 4:29PM   | <b>Uttarashadha</b> Until 12:13AM Wed<br>Siddhi Until 9:57AM<br>Vanija Until 6:02PM<br>Trayodashi* Until 6:02PM | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Green<br><b>Nataraja:</b> White<br>Moon – Light Blue<br><b>Magha-Masi</b> | <i>Sunrise:</i> 7:31AM<br><i>Sunset:</i> 5:46PM | Hemalamba 5119<br>Moon 1 - Phase 41<br>2nd Phase |
|                                  | Routine Work                      | Prabalarishta Yoga | 984522367  |   |  |   | <b>Bhuloka Day</b>                               |
| Then Creative Work - Siddha Yoga |                                   |                    |  |   |  |   |  |

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| <b>6</b> | <b>Wednesday, February 14, 2018</b> |             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |   |  |   | Milan, Italy<br>Sun 13<br>Sutra 303              |
|          | Makara Rasi: 12.47                  | Tithi 29    | <b>Gulika</b> 11:21AM – 12:38PM<br>Yama 8:46AM – 10:04AM<br>Rahu 12:38PM – 1:55PM  | <b>Shravana</b> Until 2:59AM Thu<br>Vyatipata* Until 10:40AM<br>Visti Until 7:13AM<br>Chaturdashi* Until 8:16PM | <b>Ganesha:</b> Light Blue<br><b>Muruga:</b> Green<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Magha-Masi</b> | <i>Sunrise:</i> 7:29AM<br><i>Sunset:</i> 5:47PM | Hemalamba 5119<br>Moon 1 - Phase 41<br>2nd Phase |
|          | Creative Work                       | Siddha Yoga | 994522367  |   |  |   | <b>Bhuloka Day</b>                               |

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|  | <b>Thursday, February 15, 2018</b> |          | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |  |  |   | Milan, Italy<br>Sun 14<br>Sutra 304             |
|   | <b>Retreat Star</b>                |          | <b>Gulika</b> 10:03AM – 11:20AM<br>Yama 7:28AM – 8:45AM<br>Rahu 1:56PM – 3:13PM   | <b>Dhanishtha</b> Until 5:11AM Fri<br>Variyan Until 11:05AM<br>Catuspada Until 9:15AM<br>Amavasya* Until 10:06PM | <b>Ganesha:</b> Light Blue<br><b>Muruga:</b> Green<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Magha-Masi</b> | <i>Sunrise:</i> 7:28AM<br><i>Sunset:</i> 5:49PM | Hemalamba 5119<br>Moon 1 - Phase 41<br>Amavasya |
|   | Makara Rasi: 24.51                 | Tithi 30 | 994522367   |  |  |   | <b>Bhuloka Day</b>                              |
| Creative Work - Siddha Yoga   |                                    |          |   |  |  |   |   |
| Partial Solar Eclipse   |                                    |          |   |  |  |   |   |

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| <b>Friday, February 16, 2018</b> | <b>Retreat Star</b> |             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau |  |   |   | Milan, Italy<br>Sun 15<br>Sutra 305             |
|                                  | Kumbha Rasi: 7.04   | Tithi 1     | <b>Gulika</b> 8:44AM – 10:02AM<br>Yama 3:14PM – 4:32PM<br>Rahu 11:20AM – 12:38PM  | <b>Shatabhishak</b> Until 6:47AM Sat<br>Parigha* Until 11:11AM<br>Kintughna Until 10:52AM<br>Prathama* Until 11:28PM | <b>Ganesha:</b> Light Blue<br><b>Muruga:</b> Green<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Phalguna-Masi</b> | <i>Sunrise:</i> 7:26AM<br><i>Sunset:</i> 5:50PM | Hemalamba 5119<br>Moon 1 - Phase 41<br>Prathama |
|                                  | Creative Work       | Siddha Yoga | 994522367   |  |   |   | <b>Bhuloka Day</b>                              |
| Then Routine Work - Marana Yoga  |                     |             |   |  |   |   |   |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

www.gurudeva.org/panchang

|                                 |             |                                    |                   |                                  |                        |   |                    |                                  |  |
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| <b>1</b>                        |             | <b>Saturday, February 17, 2018</b> |                   |                                  |                        | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau |                    | Milan, Italy<br>Sun 16 Sutra 306 |  |
| Kumbha Rasi: 19.29              | Tithi 2     | <b>Gulika</b>                      | 7:25AM – 8:43AM   | <b>Shatabhishak Until 6:47AM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:25AM  | Hemalamba 5119     |                                  |  |
|                                 |             | Yama                               | 1:56PM – 3:15PM   | Shiva Until 10:57AM              | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:51PM   | Moon 1 - Phase 42  |                                  |  |
|                                 |             | 995522367 <b>Rahu</b>              | 10:01AM – 11:20AM | Balava Until 12:00PM             | <b>Nataraja:</b> White |   | 3rd Phase          |                                  |  |
| Creative Work                   | Amrita Yoga |                                    |                   | <b>Dvitiya Until 12:22AM Sun</b> | Moon – Purple          |   | <b>Bhuloka Day</b> |                                  |  |
| Until 6:47AM                    |             |                                    |                   |                                  | <b>Phalguna-Masi</b>   |   |                    |                                  |  |
| Then Routine Work - Marana Yoga |             |                                    |                   |                                  |                        |   |                    |                                  |  |

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| <b>2</b>                         |             | <b>Sunday, February 18, 2018</b> |                  |                                       |                        | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Triliyayam Titau |                             | Milan, Italy<br>Sun 17 Sutra 307 |  |
| Meena Rasi: 2.07                 | Tithi 3     | <b>Gulika</b>                    | 3:15PM – 4:34PM  | <b>Purvaproshtapada* Until 8:15AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:23AM  | Hemalamba 5119              |                                  |  |
|                                  |             | Yama                             | 12:38PM – 1:57PM | Siddha Until 10:20AM                  | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:53PM   | Moon 1 - Phase 42           |                                  |  |
|                                  |             | 915522367 <b>Rahu</b>            | 4:34PM – 5:53PM  | Tailila Until 12:39PM                 | <b>Nataraja:</b> White |   | 3rd Phase                   |                                  |  |
| Creative Work                    | Siddha Yoga |                                  |                  | <b>Tritiya Until 12:48AM Mon</b>      | Moon – Clear           |   | <b>Bhuloka Day</b>          |                                  |  |
| Until 8:15AM                     |             |                                  |                  |                                       | <b>Phalguna-Masi</b>   |   | Devaloka Time: 6:AM to 9:AM |                                  |  |
| Then Creative Work - Amrita Yoga |             |                                  |                  |                                       |                        |   |                             |                                  |  |

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| <b>3</b>                   |             | <b>Monday, February 19, 2018</b> |                   |                                       |                        | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau |                             | Milan, Italy<br>Sun 18 Sutra 308 |  |
| Meena Rasi: 14.58          | Tithi 4     | <b>Gulika</b>                    | 1:57PM – 3:16PM   | <b>Uttaraproshtapada Until 9:07AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:21AM  | Hemalamba 5119              |                                  |  |
| <b>Family Home Evening</b> |             | Yama                             | 11:19AM – 12:38PM | Sadhya Until 9:22AM                   | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:54PM   | Moon 1 - Phase 42           |                                  |  |
|                            |             | 915522367 <b>Rahu</b>            | 8:41AM – 10:00AM  | Vanija Until 12:51PM                  | <b>Nataraja:</b> White |   | 3rd Phase                   |                                  |  |
| Creative Work              | Siddha Yoga |                                  |                   | <b>Chaturthi* Until 12:46AM Tue</b>   | Moon – Clear           |   | <b>Bhuloka Day</b>          |                                  |  |
|                            |             |                                  |                   |                                       | <b>Phalguna-Masi</b>   |   | Devaloka Time: 6:AM to 9:AM |                                  |  |
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| <b>4</b>          |             | <b>Tuesday, February 20, 2018</b> |                  |                                   |                        | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati/Ashvini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau |                             | Milan, Italy<br>Sun 19 Sutra 309 |  |
| Meena Rasi: 28.03 | Tithi 5     | <b>Gulika</b>                     | 12:38PM – 1:57PM | <b>Revati Until 9:23AM</b>        | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:20AM  | Hemalamba 5119              |                                  |  |
|                   |             | Yama                              | 9:59AM – 11:18AM | Subha Until 8:03AM                | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:56PM   | Moon 1 - Phase 42           |                                  |  |
|                   |             | 915522367 <b>Rahu</b>             | 3:17PM – 4:36PM  | Bava Until 12:36PM                | <b>Nataraja:</b> White |   | 3rd Phase                   |                                  |  |
| Creative Work     | Siddha Yoga |                                   |                  | <b>Panchami Until 12:17AM Wed</b> | Moon – Clear           |   | <b>Bhuloka Day</b>          |                                  |  |
|                   |             |                                   |                  |                                   | <b>Phalguna-Masi</b>   |   | Devaloka Time: 6:AM to 9:AM |                                  |  |
|                   |             |                                   |                  |                                   |                        |   |                             |                                  |  |

**Subramuniyaswami Siva Vision Day**

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| <b>5</b>                         |             | <b>Wednesday, February 21, 2018</b> |                   |                                |                        | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau |                    | Milan, Italy<br>Sun 20 Sutra 310 |  |
| Mesha Rasi: 11.21                | Tithi 6     | <b>Gulika</b>                       | 11:18AM – 12:38PM | <b>Ashvini Until 9:31AM</b>    | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:18AM  | Hemalamba 5119     |                                  |  |
|                                  |             | Yama                                | 8:38AM – 9:58AM   | Sukla Until 6:23AM             | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:57PM   | Moon 1 - Phase 42  |                                  |  |
|                                  |             | 925522367 <b>Rahu</b>               | 12:38PM – 1:58PM  | Kaulava Until 11:54AM          | <b>Nataraja:</b> White |   | 3rd Phase          |                                  |  |
| Routine Work                     | Marana Yoga |                                     |                   | <b>Shashthi* Until 11:22PM</b> | Moon – White           |   | <b>Bhuloka Day</b> |                                  |  |
| Until 9:31AM                     |             |                                     |                   |                                | <b>Phalguna-Masi</b>   |   |                    |                                  |  |
| Then Creative Work - Siddha Yoga |             |                                     |                   |                                |                        |   |                    |                                  |  |

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| <b>6</b>                        |             | <b>Thursday, February 22, 2018</b> |                  |                              |                        | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau |                    | Milan, Italy<br>Sun 21 Sutra 311 |  |
| Mesha Rasi: 24.53               | Tithi 7     | <b>Gulika</b>                      | 9:57AM – 11:17AM | <b>Bharani Until 9:05AM</b>  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:17AM  | Hemalamba 5119     |                                  |  |
|                                 |             | Yama                               | 7:17AM – 8:37AM  | Indra Until 2:04AM Fri       | <b>Muruga:</b> Green   | <i>Sunset:</i> 5:59PM   | Moon 1 - Phase 42  |                                  |  |
|                                 |             | 925522367 <b>Rahu</b>              | 1:58PM – 3:18PM  | Gara Until 10:47AM           | <b>Nataraja:</b> White |   | 3rd Phase          |                                  |  |
| Creative Work                   | Siddha Yoga |                                    |                  | <b>Saptami Until 10:02PM</b> | Moon – White           |   | <b>Bhuloka Day</b> |                                  |  |
| Until 9:05AM                    |             |                                    |                  |                              | <b>Phalguna-Masi</b>   |   |                    |                                  |  |
| Then Routine Work - Marana Yoga |             |                                    |                  |                              |                        |   |                    |                                  |  |

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| <b>Retreat Star</b>             |             | <b>Friday, February 23, 2018</b> |                   |                              |                        | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau |                    | Milan, Italy<br>Sun 22 Sutra 312 |  |
| Vrishabha Rasi: 8.41            | Tithi 8     | <b>Gulika</b>                    | 8:36AM – 9:56AM   | <b>Krittika Until 8:07AM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:15AM   | Hemalamba 5119     |                                  |  |
|                                 |             | Yama                             | 3:19PM – 4:39PM   | Vaidhriti* Until 11:24PM     | <b>Muruga:</b> Green   | <i>Sunset:</i> 6:00PM  | Moon 1 - Phase 42  |                                  |  |
|                                 |             | 925522367 <b>Rahu</b>            | 11:17AM – 12:37PM | Visti Until 9:14AM           | <b>Nataraja:</b> White |  | Ashtami            |                                  |  |
| Creative Work                   | Siddha Yoga |                                  |                   | <b>Ashtami* Until 8:18PM</b> | Moon – White           |  | <b>Bhuloka Day</b> |                                  |  |
| Until 8:07AM                    |             |                                  |                   |                              | <b>Phalguna-Masi</b>   |  |                    |                                  |  |
| Then Routine Work - Marana Yoga |             |                                  |                   |                              |                        |  |                    |                                  |  |

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| <b>Retreat Star</b>              |             | <b>Saturday, February 24, 2018</b> |                  |                             |                        | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau |                             | Milan, Italy<br>Sun 23 Sutra 313 |  |
| Vrishabha Rasi: 22.43            | Tithi 9     | <b>Gulika</b>                      | 7:13AM – 8:34AM  | <b>Rohini Until 7:01AM</b>  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:13AM   | Hemalamba 5119              |                                  |  |
|                                  |             | Yama                               | 1:58PM – 3:19PM  | Vishkamba* Until 8:27PM     | <b>Muruga:</b> Green   | <i>Sunset:</i> 6:01PM  | Moon 1 - Phase 42           |                                  |  |
|                                  |             | 935522367 <b>Rahu</b>              | 9:55AM – 11:16AM | Balava Until 7:18AM         | <b>Nataraja:</b> White |  | Navami                      |                                  |  |
| Creative Work                    | Amrita Yoga |                                    |                  | <b>Navami* Until 6:11PM</b> | Moon – Yellow          |  | <b>Bhuloka Day</b>          |                                  |  |
| Until 7:01AM                     |             |                                    |                  |                             | <b>Phalguna-Masi</b>   |  | Devaloka Time: 6:AM to 9:AM |                                  |  |
| Then Creative Work - Siddha Yoga |             |                                    |                  |                             |                        |  |                             |                                  |  |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

|                                  |   |                             |   |                               |  |                   |
|----------------------------------|---|-----------------------------|---|-------------------------------|--|-------------------|
| <b>1</b>                         | <b>Sunday, February 25, 2018</b>  |                             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Milan, Italy |                               |  |                   |
|                                  | Ardra Nakshatra Pritii/Ayushman Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau Sun 24 Sutra 314 |                             | Hemalamba 5119  |                               |  |                   |
|                                  | Mithuna Rasi: 6.59  | Tithi 10 – 11               | <b>Gulika</b> 3:20PM – 4:41PM   | <b>Ardra Until 3:26AM Mon</b> | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 7:12AM |                   |
|                                  | 935522367   |                             | Yama 12:37PM – 1:59PM   | Priti Until 5:16PM            | <b>Muruga:</b> Green <i>Sunset:</i> 6:03PM   | Moon 1 - Phase 43 |
| Creative Work                    | Siddha Yoga   | <b>Rahu</b> 4:41PM – 6:03PM | Vanija Until 2:25AM Mon   | <b>Nataraja:</b> White        | 4th Phase                                    |                   |
| Until 3:26AM Mon                 |   |                             | <b>Dashami Until 3:44PM</b>   | Moon – Yellow                 | <b>Bhuloka Day</b>                           |                   |
| Then Creative Work - Amrita Yoga |   |                             |   | <b>Phalguna-Masi</b>          | Devaloka Time: 6:AM to 9:AM                  |                   |

|                                  |   |                             |  |                                   |  |                   |
|----------------------------------|---|-----------------------------|--|-----------------------------------|--|-------------------|
| <b>2</b>                         | <b>Monday, February 26, 2018</b>  |                             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Milan, Italy |                                   |  |                   |
|                                  | Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vistii/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 315 |                             | Hemalamba 5119   |                                   |  |                   |
|                                  | Mithuna Rasi: 21.28   | Tithi 11 – 12               | <b>Gulika</b> 1:59PM – 3:21PM  | <b>Punarvasu Until 1:30AM Tue</b> | <b>Ganesh:</b> Blue <i>Sunrise:</i> 7:10AM |                   |
|                                  | 946622367   |                             | Yama 11:15AM – 12:37PM   | Ayushman Until 1:50PM             | <b>Muruga:</b> Green <i>Sunset:</i> 6:04PM | Moon 1 - Phase 43 |
| <b>Family Home Evening</b>       |   | <b>Rahu</b> 8:32AM – 9:54AM | Bava Until 11:38PM   | <b>Nataraja:</b> White            | 4th Phase                                  |                   |
| Creative Work                    | Amrita Yoga   |                             | <b>Ekadashi Until 1:02PM</b>   | Moon – Blue                       | <b>Bhuloka Day</b>                         |                   |
| Until 1:30AM Tue                 |   |                             |  | <b>Phalguna-Masi</b>              |  |                   |
| Then Creative Work - Siddha Yoga |   |                             |  |                                   |  |                   |

|                                  |  |                             |   |                             |  |                   |
|----------------------------------|--|-----------------------------|---|-----------------------------|--|-------------------|
| <b>3</b>                         | <b>Tuesday, February 27, 2018</b>  |                             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Milan, Italy |                             |  |                   |
|                                  | Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 316 |                             | Hemalamba 5119  |                             |  |                   |
|                                  | Kataka Rasi: 6.04  | Tithi 12 – 13               | <b>Gulika</b> 12:37PM – 1:59PM  | <b>Pushya Until 11:19PM</b> | <b>Ganesh:</b> Blue <i>Sunrise:</i> 7:08AM |                   |
|                                  | 946622367  |                             | Yama 9:53AM – 11:15AM   | Saubhagya Until 10:18AM     | <b>Muruga:</b> Green <i>Sunset:</i> 6:06PM | Moon 1 - Phase 43 |
| Creative Work                    | Siddha Yoga  | <b>Rahu</b> 3:21PM – 4:43PM | Kaulava Until 8:43PM  | <b>Nataraja:</b> White      | 4th Phase                                  |                   |
| Until 1:30AM Tue                 |  |                             | <b>Dvadashi Until 10:10AM</b>   | Moon – Blue                 | <b>Bhuloka Day</b>                         |                   |
| Then Creative Work - Siddha Yoga |  |                             | <i>Pradosha Vrata</i>   | <b>Phalguna-Masi</b>        |  |                   |

|                                  |   |                               |   |                               |  |                   |
|----------------------------------|---|-------------------------------|---|-------------------------------|--|-------------------|
| <b>4</b>                         | <b>Wednesday, February 28, 2018</b>   |                               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Milan, Italy |                               |  |                   |
|                                  | Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 317 |                               | Hemalamba 5119  |                               |  |                   |
|                                  | Kataka Rasi: 20.44  | Tithi 13 – 14                 | <b>Gulika</b> 11:14AM – 12:37PM   | <b>Ashlesha* Until 9:03PM</b> | <b>Ganesh:</b> Blue <i>Sunrise:</i> 7:07AM |                   |
|                                  | 946622367   |                               | Yama 8:29AM – 9:52AM  | Sobhana Until 6:44AM          | <b>Muruga:</b> Green <i>Sunset:</i> 6:07PM | Moon 1 - Phase 43 |
| Creative Work                    | Siddha Yoga   | <b>Rahu</b> 12:37PM – 1:59PM  | Vanija Until 4:24AM Thu   | <b>Nataraja:</b> White        | 4th Phase                                  |                   |
| Until 7:12PM                     |   |                               | <b>Trayodashi Until 7:15AM</b>  | Moon – Blue                   | <b>Bhuloka Day</b>                         |                   |
| Then Creative Work - Siddha Yoga |   | <b>Chidambaram Abhishekam</b> |   | <b>Phalguna-Masi</b>          |  |                   |

|                                  |                                |                             |  |                            |  |                   |
|----------------------------------|--------------------------------|-----------------------------|--|----------------------------|--|-------------------|
| <b>○</b>                         | <b>Thursday, March 1, 2018</b> |                             | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Milan, Italy |                            |  |                   |
|                                  | <b>Copper Retreat Star</b>     |                             | Magha* Nakshatra Sukarma Yoga Vistii/Bava Karana Purnimayam Titau Sutra 318                                |                            |  |                   |
|                                  | Simha Rasi: 5.2                | Tithi 15                    | <b>Gulika</b> 9:50AM – 11:13AM   | <b>Magha* Until 7:12PM</b> | <b>Ganesh:</b> Red <i>Sunrise:</i> 7:03AM  | Hemalamba 5119    |
|                                  | 956622367                      |                             | Yama 7:03AM – 8:26AM   | Sukarma Until 11:52PM      | <b>Muruga:</b> Green <i>Sunset:</i> 6:10PM | Moon 1 - Phase 43 |
| Creative Work                    | Amrita Yoga                    | <b>Rahu</b> 2:00PM – 3:23PM | Visti Until 3:05PM   | <b>Nataraja:</b> White     | Purnima                                    |                   |
| Until 7:12PM                     |                                | <b>Holi</b>                 | <b>Purnima* Until 1:47AM Fri</b>   | Moon – Red                 | <b>Bhuloka Day</b>                         |                   |
| Then Creative Work - Siddha Yoga |                                |                             |  | <b>Phalguna-Masi</b>       | Devaloka Time: 6:AM to 9:AM                |                   |

|                                  |                              |                               |   |                                   |  |                   |
|----------------------------------|------------------------------|-------------------------------|---|-----------------------------------|--|-------------------|
| <b>○</b>                         | <b>Friday, March 2, 2018</b> |                               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Milan, Italy |                                   |  |                   |
|                                  | <b>Silver Retreat Star</b>   |                               | Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau Sutra 319          |                                   |  |                   |
|                                  | Simha Rasi: 19.47            | Tithi 16                      | <b>Gulika</b> 8:25AM – 9:49AM   | <b>Purvaphalguni Until 5:32PM</b> | <b>Ganesh:</b> Red <i>Sunrise:</i> 7:01AM  | Hemalamba 5119    |
|                                  | 956622367                    |                               | Yama 3:24PM – 4:47PM  | Dhriti Until 8:49PM               | <b>Muruga:</b> Green <i>Sunset:</i> 6:11PM | Moon 1 - Phase 43 |
| Creative Work                    | Siddha Yoga                  | <b>Rahu</b> 11:12AM – 12:36PM | Balava Until 12:37PM  | <b>Nataraja:</b> White            | Prathama                                   |                   |
| Until 7:12PM                     |                              |                               | <b>Prathama* Until 11:31PM</b>  | Moon – Red                        | <b>Bhuloka Day</b>                         |                   |
| Then Creative Work - Siddha Yoga |                              |                               |   | <b>Phalguna-Masi</b>              | Devaloka Time: 6:AM to 9:AM                |                   |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda





Saturday, March 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy  
Sutra 320

Kanya Rasi: 3.59 Tihi 17

Gulika 6:59AM - 8:24AM  
Yama 2:00PM - 3:24PM  
Rahu 9:48AM - 11:12AM

Uttaraphalguni Until 4:11PM  
Shula\* Until 6:07PM  
Taitila Until 10:35AM  
Dvitiya Until 9:45PM

Ganesha: Red Sunrise: 6:59AM  
Muruga: Green Sunset: 6:12PM  
Nataraja: White  
Moon - Red

Hemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Routine Work Marana Yoga

Phalgun-Masi  
Bhuloka Day  
Devaloka Time: 6:AM to 9:AM

Sunday, March 4, 2018

1

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Milan, Italy  
Sun 1 Sutra 321

Kanya Rasi: 17.5 Tihi 18

Gulika 3:25PM - 4:49PM  
Yama 12:36PM - 2:00PM  
Rahu 4:49PM - 6:14PM

Hasta Until 3:42PM  
Ganda\* Until 3:55PM  
Vanija Until 9:06AM  
Tritiya Until 8:35PM

Ganesha: Green Sunrise: 6:58AM  
Muruga: Green Sunset: 6:14PM  
Nataraja: White  
Moon - Green

Hemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Creative Work Amrita Yoga

Bhuloka Day  
Phalgun-Masi

Until 3:42PM

Then Creative Work - Siddha Yoga

Monday, March 5, 2018

2

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy  
Sun 2 Sutra 322

Tula Rasi: 1.18 Tihi 19

Gulika 2:00PM - 3:25PM  
Yama 11:11AM - 12:36PM  
Rahu 8:21AM - 9:46AM

Chitra Until 3:45PM  
Vridhi Until 2:17PM  
Bava Until 8:17AM  
Chaturthi\* Until 8:08PM

Ganesha: Blue Sunrise: 6:56AM  
Muruga: Green Sunset: 6:15PM  
Nataraja: White  
Moon - Green

Hemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Family Home Evening

Routine Work Prabalarishta Yoga

Until 3:45PM

Then Creative Work - Amrita Yoga

Bhuloka Day  
Phalgun-Masi

Tuesday, March 6, 2018

3

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy  
Sun 3 Sutra 323

Tula Rasi: 14.22 Tihi 20

Gulika 12:35PM - 2:01PM  
Yama 9:45AM - 11:10AM  
Rahu 3:26PM - 4:51PM

Svati Until 4:22PM  
Dhruva Until 1:12PM  
Kaulava Until 8:13AM  
Panchami Until 8:27PM

Ganesha: Blue Sunrise: 6:54AM  
Muruga: Green Sunset: 6:17PM  
Nataraja: White  
Moon - Green

Hemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Creative Work Siddha Yoga

Bhuloka Day  
Phalgun-Masi

Until 4:22PM

Then Routine Work - Marana Yoga

Wednesday, March 7, 2018

4

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy  
Sun 4 Sutra 324

Tula Rasi: 27.04 Tihi 21

Gulika 11:09AM - 12:35PM  
Yama 8:18AM - 9:44AM  
Rahu 12:35PM - 2:01PM

Vishakha Until 6:02PM  
Vyaghata\* Until 12:43PM  
Gara Until 8:55AM  
Shashthi\* Until 9:30PM

Ganesha: Red Sunrise: 6:52AM  
Muruga: Green Sunset: 6:18PM  
Nataraja: White  
Moon - Orange

Hemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Creative Work Siddha Yoga

Bhuloka Day  
Phalgun-Masi  
Devaloka Time: 6:AM to 9:AM

Thursday, March 8, 2018

5

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Milan, Italy  
Sun 5 Sutra 325

Vrischika Rasi: 9.27 Tihi 22

Gulika 9:43AM - 11:09AM  
Yama 6:50AM - 8:17AM  
Rahu 2:01PM - 3:27PM

Anuradha Until 8:12PM  
Harshana Until 12:48PM  
Visti Until 10:19AM  
Saptami Until 11:14PM

Ganesha: Red Sunrise: 6:50AM  
Muruga: Green Sunset: 6:19PM  
Nataraja: White  
Moon - Orange

Hemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Creative Work Siddha Yoga

Bhuloka Day  
Phalgun-Masi  
Devaloka Time: 6:AM to 9:AM

Until 8:12PM

Then Routine Work - Prabalarishta Yoga

Friday, March 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy  
Sun 6 Sutra 326

Vrischika Rasi: 21.34 Tihi 23

Gulika 8:15AM - 9:42AM  
Yama 3:28PM - 4:54PM  
Rahu 11:08AM - 12:35PM

Jyeshtha\* Until 10:43PM  
Vajra\* Until 1:17PM  
Balava Until 12:19PM  
Ashtami\* Until 1:28AM Sat

Ganesha: Red Sunrise: 6:49AM  
Muruga: Green Sunset: 6:21PM  
Nataraja: White  
Moon - Orange

Hemalamba 5119  
Moon 2 - Phase 44  
Ashtami

Routine Work Marana Yoga

Bhuloka Day  
Phalgun-Masi  
Devaloka Time: 6:AM to 9:AM

Until 10:43PM

Then Creative Work - Amrita Yoga

Saturday, March 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy  
Sun 7 Sutra 327

Dhanus Rasi: 3.31 Tihi 24

Gulika 6:47AM - 8:14AM  
Yama 2:01PM - 3:28PM  
Rahu 9:41AM - 11:07AM

Mula\* Until 1:53AM Sun  
Siddhi Until 2:06PM  
Taitila Until 2:45PM  
Navami\* Until 4:02AM Sun

Ganesha: Green Sunrise: 6:47AM  
Muruga: Green Sunset: 6:22PM  
Nataraja: White  
Moon - Light Blue

Hemalamba 5119  
Moon 2 - Phase 44  
Navami

Creative Work Siddha Yoga

Bhuloka Day  
Phalgun-Masi

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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|   |          |   |                                      |  |                    |
|---|----------|---|--------------------------------------|--|--------------------|
| <b>1 Sunday, March 11, 2018</b>   |          | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Milan, Italy |                                      |  |                    |
| Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Dashamyam Titau Sun 8 Sutra 328 |          | Hemalamba 5119  |                                      |  |                    |
| Dhanus Rasi: 15.21  | Tithi 25 | <b>Gulika</b> 3:29PM – 4:56PM   | <b>Purvashadha* Until 4:59AM Mon</b> | <b>Ganesha:</b> Green <i>Sunrise: 6:45AM</i> |                    |
|   |          | Yama 12:34PM – 2:01PM   | Vyatipata* Until 3:05PM              | <b>Muruga:</b> Green <i>Sunset: 6:23PM</i>   | Moon 2 - Phase 45  |
|   |          | 187622367 <b>Rahu</b> 4:56PM – 6:23PM   | Vanija Until 5:23PM                  | <b>Nataraja:</b> White                       | 2nd Phase          |
| Creative Work Siddha Yoga   |          |   | <b>Dashami Until 6:40AM Mon</b>      | Moon – Light Blue                            | <b>Bhuloka Day</b> |
| Until 4:59AM Mon  |          |   |                                      | <b>Phalguna-Masi</b>                         |                    |
| Then Routine Work - Marana Yoga   |          |   |                                      |  |                    |

|  |               |  |                                      |  |                              |
|--|---------------|--|--------------------------------------|--|------------------------------|
| <b>2 Monday, March 12, 2018</b>  |               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Milan, Italy |                                      |  |                              |
| Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 9 Sutra 329 |               | Hemalamba 5119   |                                      |  |                              |
| Dhanus Rasi: 27.1  | Tithi 25 – 26 | <b>Gulika</b> 2:02PM – 3:29PM  | <b>Uttarashadha Until 7:47AM Tue</b> | <b>Ganesha:</b> Red <i>Sunrise: 6:43AM</i> |                              |
| <b>Family Home Evening</b>   |               | Yama 11:06AM – 12:34PM   | Variyan Until 4:02PM                 | <b>Muruga:</b> Green <i>Sunset: 6:25PM</i> | Moon 2 - Phase 45            |
|  |               | 188622367 <b>Rahu</b> 8:11AM – 9:38AM  | Bava Until 7:58PM                    | <b>Nataraja:</b> White                     | 2nd Phase                    |
| Routine Work Marana Yoga   |               |  | <b>Dashami Until 6:40AM</b>          | Moon – Light Blue                          | <b>Bhuloka Day</b>           |
| Until 7:47AM Tue   |               |  |                                      | <b>Phalguna-Masi</b>                       | Devaloka Time: 9:AM to 12:PM |
| Then Creative Work - Siddha Yoga   |               |  |                                      |  |                              |

|  |               |   |                                  |  |                              |
|--|---------------|---|----------------------------------|--|------------------------------|
| <b>3 Tuesday, March 13, 2018</b>   |               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Milan, Italy |                                  |  |                              |
| Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 330 |               | Hemalamba 5119  |                                  |  |                              |
| Makara Rasi: 9.01  | Tithi 26 – 27 | <b>Gulika</b> 12:34PM – 2:02PM  | <b>Uttarashadha Until 7:47AM</b> | <b>Ganesha:</b> Red <i>Sunrise: 6:41AM</i> |                              |
|  |               | Yama 9:37AM – 11:05AM   | Parigha* Until 4:49PM            | <b>Muruga:</b> Green <i>Sunset: 6:26PM</i> | Moon 2 - Phase 45            |
|  |               | 188622367 <b>Rahu</b> 3:30PM – 4:58PM   | Kaulava Until 10:17PM            | <b>Nataraja:</b> White                     | 2nd Phase                    |
| Routine Work Prabalarishta Yoga  |               |   | <b>Ekadashi* Until 9:09AM</b>    | Moon – Light Blue                          | <b>Bhuloka Day</b>           |
| Until 7:47AM   |               |   |                                  | <b>Phalguna-Masi</b>                       | Devaloka Time: 9:AM to 12:PM |
| Then Creative Work - Siddha Yoga   |               |   |                                  |  |                              |

|  |               |  |                                 |  |                     |
|--|---------------|--|---------------------------------|--|---------------------|
| <b>4 Wednesday, March 14, 2018</b>   |               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Milan, Italy |                                 |  |                     |
| Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 331 |               | Hemalamba 5119   |                                 |  |                     |
| Makara Rasi: 21.01   | Tithi 27 – 28 | <b>Gulika</b> 11:05AM – 12:33PM  | <b>Shravana Until 10:34AM</b>   | <b>Ganesha:</b> Green <i>Sunrise: 6:39AM</i> |                     |
|  |               | Yama 8:08AM – 9:36AM   | Shiva Until 5:18PM              | <b>Muruga:</b> Green <i>Sunset: 6:27PM</i>   | Moon 2 - Phase 45   |
|  |               | 198622367 <b>Rahu</b> 12:33PM – 2:02PM   | Gara Until 12:09AM Thu          | <b>Nataraja:</b> White                       | 2nd Phase           |
| Creative Work Siddha Yoga  |               |  | <b>Dvadashi* Until 11:16AM</b>  | Moon – Purple                                | <b>Devaloka Day</b> |
| Until 10:34AM  |               | <b>Karadaiyan Nombu (Tamil Nadu)</b>   | <i>Pradosha Vrata (Fasting)</i> | <b>Phalguna-Panguni</b>                      |                     |
| Then Routine Work - Prabalarishta Yoga   |               |  |                                 |  |                     |

|   |               |   |                                  |  |                     |
|---|---------------|---|----------------------------------|--|---------------------|
| <b>5 Thursday, March 15, 2018</b>   |               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Milan, Italy |                                  |  |                     |
| Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 332 |               | Hemalamba 5119  |                                  |  |                     |
| Kumbha Rasi: 3.13   | Tithi 28 – 29 | <b>Gulika</b> 9:35AM – 11:04AM  | <b>Dhanishtha Until 12:42PM</b>  | <b>Ganesha:</b> Green <i>Sunrise: 6:37AM</i> |                     |
|   |               | Yama 6:37AM – 8:06AM  | Siddha Until 5:21PM              | <b>Muruga:</b> Green <i>Sunset: 6:29PM</i>   | Moon 2 - Phase 45   |
|   |               | 198622368 <b>Rahu</b> 2:02PM – 3:31PM   | Visti Until 1:27AM Fri           | <b>Nataraja:</b> Clear                       | 2nd Phase           |
| Creative Work Siddha Yoga   |               |   | <b>Trayodashi* Until 12:51PM</b> | Moon – Purple                                | <b>Sivaloka Day</b> |
|   |               |   |                                  | <b>Phalguna-Panguni</b>                      |                     |

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| <b>Friday, March 16, 2018</b> |               | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Milan, Italy                        |                                  |  |                     |
| <b>Retreat Star</b>           |               | Shatabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 333 |                                  |  |                     |
| Kumbha Rasi: 15.39            | Tithi 29 – 30 | <b>Gulika</b> 8:05AM – 9:34AM   | <b>Shatabhishak Until 2:06PM</b> | <b>Ganesha:</b> Green <i>Sunrise: 6:36AM</i> |                     |
|                               |               | Yama 3:31PM – 5:01PM  | Sadhya Until 4:57PM              | <b>Muruga:</b> Green <i>Sunset: 6:30PM</i>   | Moon 2 - Phase 45   |
|                               |               | 198622368 <b>Rahu</b> 11:03AM – 12:33PM   | Catuspada Until 2:08AM Sat       | <b>Nataraja:</b> Clear                       | Amavasya            |
| Creative Work Siddha Yoga     |               |   | <b>Chaturdashi* Until 1:51PM</b> | Moon – Purple                                | <b>Sivaloka Day</b> |
|                               |               |   |                                  | <b>Phalguna-Panguni</b>                      |                     |

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| <b>Saturday, March 17, 2018</b>  |              | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Milan, Italy                         |                                       |   |                     |
| <b>Retreat Star</b>              |              | Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 334 |                                       |   |                     |
| Kumbha Rasi: 28.22               | Tithi 30 – 1 | <b>Gulika</b> 6:34AM – 8:03AM  | <b>Purvaproshtapada* Until 3:13PM</b> | <b>Ganesha:</b> Orange <i>Sunrise: 6:34AM</i> |                     |
|                                  |              | Yama 2:02PM – 3:32PM   | Subha Until 4:06PM                    | <b>Muruga:</b> Green <i>Sunset: 6:31PM</i>    | Moon 2 - Phase 45   |
|                                  |              | 118622368 <b>Rahu</b> 9:33AM – 11:03AM   | Kintughna Until 2:13AM Sun            | <b>Nataraja:</b> Clear                        | Prathama            |
| Routine Work Marana Yoga         |              |  | <b>Amavasya* Until 2:14PM</b>         | Moon – Clear                                  | <b>Devaloka Day</b> |
| Until 3:13PM                     |              | <b>Yugadhi</b>   |                                       | <b>Chaitra-Panguni</b>                        |                     |
| Then Creative Work - Siddha Yoga |              |  |                                       |   |                     |

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| 1 | <b>Sunday, March 18, 2018</b>     |   | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  |   |  | Milan, Italy<br>Sun 15<br>Sutra 335 |
|   | Meena Rasi: 11.21    Titthi 1 – 2 | <b>Gulika</b> 3:32PM – 5:02PM<br>Yama 12:32PM – 2:02PM<br>119622368 <b>Rahu</b> 5:02PM – 6:32PM | <b>Uttaraproshtapada</b> Until 3:39PM<br>Sukla Until 2:47PM<br>Balava Until 1:47AM Mon<br><b>Prathama*</b> Until 2:03PM  | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:32AM<br><b>Muruga:</b> Green <i>Sunset:</i> 6:32PM<br><b>Nataraja:</b> Clear<br>Moon – Clear<br><b>Chaitra•Panguni</b> | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM | Hemalamba 5119<br>Moon 2 - Phase 46<br>3rd Phase |                                     |
|   | Creative Work    Amrita Yoga      |   |  |  |   |  |                                     |
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| 2 | <b>Monday, March 19, 2018</b>                                   |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  |   |  | Milan, Italy<br>Sun 16<br>Sutra 336 |
|   | Meena Rasi: 24.37    Titthi 2 – 3<br><b>Family Home Evening</b> | <b>Gulika</b> 2:02PM – 3:33PM<br>Yama 11:01AM – 12:32PM<br>119622368 <b>Rahu</b> 8:00AM – 9:31AM | <b>Revati</b> Until 3:28PM<br>Brahma Until 1:06PM<br>Taitila Until 12:55AM Tue<br><b>Dvitiya</b> Until 1:23PM  | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM<br><b>Muruga:</b> Green <i>Sunset:</i> 6:34PM<br><b>Nataraja:</b> Clear<br>Moon – Clear<br><b>Chaitra•Panguni</b> | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM | Hemalamba 5119<br>Moon 2 - Phase 46<br>3rd Phase |                                     |
|   | Creative Work    Siddha Yoga                                    |  |  |  |   |  |                                     |
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| 3 | <b>Tuesday, March 20, 2018</b>   |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |  |   |  | Milan, Italy<br>Sun 17<br>Sutra 337 |
|   | Mesha Rasi: 8.06    Titthi 3 – 4 | <b>Gulika</b> 12:32PM – 2:02PM<br>Yama 9:30AM – 11:01AM<br>129622368 <b>Rahu</b> 3:33PM – 5:04PM | <b>Ashvini</b> Until 3:11PM<br>Indra Until 11:08AM<br>Vanija Until 11:41PM<br><b>Tritiya</b> Until 12:19PM   | <b>Ganesha:</b> White <i>Sunrise:</i> 6:28AM<br><b>Muruga:</b> Green <i>Sunset:</i> 6:35PM<br><b>Nataraja:</b> Clear<br>Moon – White<br><b>Chaitra•Panguni</b> | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM | Hemalamba 5119<br>Moon 2 - Phase 46<br>3rd Phase |                                     |
|   | Creative Work    Siddha Yoga     |  | <b>Chellappaswami Mahasamadhi</b>  |  |   |  |                                     |
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| 4 | <b>Wednesday, March 21, 2018</b>   |   | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |  |   |  | Milan, Italy<br>Sun 18<br>Sutra 338 |
|   | Mesha Rasi: 21.47    Titthi 4 – 5  | <b>Gulika</b> 11:00AM – 12:31PM<br>Yama 7:57AM – 9:29AM<br>129622368 <b>Rahu</b> 12:31PM – 2:03PM | <b>Bharani</b> Until 2:29PM<br>Vaidhriti* Until 8:53AM<br>Bava Until 10:12PM<br><b>Chaturthi*</b> Until 10:57AM   | <b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM<br><b>Muruga:</b> Green <i>Sunset:</i> 6:36PM<br><b>Nataraja:</b> Clear<br>Moon – White<br><b>Chaitra•Panguni</b> | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM | Hemalamba 5119<br>Moon 2 - Phase 46<br>3rd Phase |                                     |
|   | Creative Work    Siddha Yoga<br>Until 2:29PM<br>Then Creative Work - Amrita Yoga |   |   |  |   |  |                                     |
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| 5 | <b>Thursday, March 22, 2018</b>      |   | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |  |   |  | Milan, Italy<br>Sun 19<br>Sutra 339 |
|   | Vrishabha Rasi: 5.37    Titthi 5 – 6 | <b>Gulika</b> 9:28AM – 10:59AM<br>Yama 6:24AM – 7:56AM<br>129622368 <b>Rahu</b> 2:03PM – 3:34PM | <b>Krittika</b> Until 1:25PM<br>Vishkambha* Until 6:28AM<br>Kaulava Until 8:30PM<br><b>Panchami</b> Until 9:21AM   | <b>Ganesha:</b> White <i>Sunrise:</i> 6:24AM<br><b>Muruga:</b> Green <i>Sunset:</i> 6:38PM<br><b>Nataraja:</b> Clear<br>Moon – White<br><b>Chaitra•Panguni</b> | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM | Hemalamba 5119<br>Moon 2 - Phase 46<br>3rd Phase |                                     |
|   | Routine Work    Marana Yoga          |   |  |  |   |  |                                     |
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| 6 | <b>Friday, March 23, 2018</b>  |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |  |                     |  | Milan, Italy<br>Sun 20<br>Sutra 340 |
|   | Vrishabha Rasi: 19.33    Titthi 6 – 7  | <b>Gulika</b> 7:54AM – 9:27AM<br>Yama 3:35PM – 5:07PM<br>139722368 <b>Rahu</b> 10:59AM – 12:31PM | <b>Rohini</b> Until 12:28PM<br>Ayushman Until 1:13AM Sat<br>Gara Until 6:39PM<br><b>Shashthi*</b> Until 7:35AM  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:22AM<br><b>Muruga:</b> Green <i>Sunset:</i> 6:39PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Chaitra•Panguni</b> | <b>Sivaloka Day</b> | Hemalamba 5119<br>Moon 2 - Phase 46<br>3rd Phase |                                     |
|   | Routine Work    Marana Yoga<br>Until 12:28PM<br>Then Creative Work - Siddha Yoga |  |   |  |                     |  |                                     |
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| D | <b>Saturday, March 24, 2018</b>                                |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau |  |  |                     | Milan, Italy<br>Sun 21<br>Sutra 341            |  |
|   | <b>Retreat Star</b>  |  | <b>Gulika</b> 6:20AM – 7:53AM<br>Yama 2:03PM – 3:35PM<br>139722368 <b>Rahu</b> 9:25AM – 10:58AM   | <b>Mrigashira</b> Until 11:14AM<br>Saubhagya Until 10:26PM<br>Visti Until 4:40PM<br><b>Ashtami*</b> Until 3:37AM Sun | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:20AM<br><b>Muruga:</b> Green <i>Sunset:</i> 6:40PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Chaitra•Panguni</b> | <b>Sivaloka Day</b> | Hemalamba 5119<br>Moon 2 - Phase 46<br>Ashtami |  |
|   | Mithuna Rasi: 3.35    Titthi 8<br>Creative Work    Siddha Yoga |  |   |  |  |                     |  |  |
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| D | <b>Sunday, March 25, 2018</b>                                   |  | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau |   |  |                     | Milan, Italy<br>Sun 22<br>Sutra 342           |  |
|   | <b>Retreat Star</b>   |  | <b>Gulika</b> 3:36PM – 5:09PM<br>Yama 12:30PM – 2:03PM<br>139722368 <b>Rahu</b> 5:09PM – 6:42PM  | <b>Ardra</b> Until 9:46AM<br>Sobhana Until 7:35PM<br>Balava Until 2:35PM<br><b>Navami*</b> Until 1:30AM Mon | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:19AM<br><b>Muruga:</b> Green <i>Sunset:</i> 6:42PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Chaitra•Panguni</b> | <b>Sivaloka Day</b> | Hemalamba 5119<br>Moon 2 - Phase 46<br>Navami |  |
|   | Mithuna Rasi: 17.41    Titthi 9<br>Creative Work    Siddha Yoga |  | <b>Sri Rama Navami</b>   |   |  |                     |   |  |
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O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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| <b>1</b>                         |             | <b>Monday, March 26, 2018</b> |                   | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau |   | Milan, Italy<br>Sun 23<br>Sutra 343<br>Hemalamba 5119 |
| Kataka Rasi: 1.51                | Tithi 10    | <b>Gulika</b>                 | 2:03PM – 3:36PM   | <b>Punarvasu Until 8:29AM</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:17AM |   |
| <b>Family Home Evening</b>       | 141722368   | Yama                          | 10:56AM – 12:30PM | Athiganda* Until 4:40PM   | <b>Muruga:</b> Green <i>Sunset:</i> 6:43PM    | Moon 2 - Phase 47                                     |
| Creative Work                    | Amrita Yoga | <b>Rahu</b>                   | 7:50AM – 9:23AM   | Taitila Until 12:25PM   | <b>Nataraja:</b> Clear                        | 4th Phase   |
| Until 8:29AM                     |             |                               |                   | <b>Dashami Until 11:18PM</b>  | Moon – Blue                                   | <b>Devaloka Day</b>                                   |
| Then Creative Work - Siddha Yoga |             |                               |                   |   | <b>Chaitra-Panguni</b>                        |   |

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| <b>2</b>           |             | <b>Tuesday, March 27, 2018</b> |                  | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau |   | Milan, Italy<br>Sun 24<br>Sutra 344<br>Hemalamba 5119 |
| Kataka Rasi: 16.04 | Tithi 11    | <b>Gulika</b>                  | 12:29PM – 2:03PM | <b>Pushya Until 7:00AM</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:15AM |   |
|                    | 141722368   | Yama                           | 9:22AM – 10:56AM | Sukarma Until 1:43PM   | <b>Muruga:</b> Green <i>Sunset:</i> 6:44PM    | Moon 2 - Phase 47                                     |
| Creative Work      | Siddha Yoga | <b>Rahu</b>                    | 3:37PM – 5:10PM  | Vanija Until 10:13AM   | <b>Nataraja:</b> Clear                        | 4th Phase   |
|                    |             |                                |                  | <b>Ekadashi Until 9:05PM</b>   | Moon – Blue                                   | <b>Devaloka Day</b>                                   |
|                    |             | <b>Yogaswami Mahasamadhi</b>   |                  |  | <b>Chaitra-Panguni</b>                        |   |

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| <b>3</b>         |             | <b>Wednesday, March 28, 2018</b> |                   | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau |  | Milan, Italy<br>Sun 25<br>Sutra 345<br>Hemalamba 5119 |
| Simha Rasi: 0.16 | Tithi 12    | <b>Gulika</b>                    | 10:55AM – 12:29PM | <b>Magha* Until 4:08AM Thu</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 6:13AM |   |
|                  | 151722368   | Yama                             | 7:47AM – 9:21AM   | Dhriti Until 10:48AM  | <b>Muruga:</b> Green <i>Sunset:</i> 6:45PM   | Moon 2 - Phase 47                                     |
| Creative Work    | Siddha Yoga | <b>Rahu</b>                      | 12:29PM – 2:03PM  | Bava Until 8:01AM   | <b>Nataraja:</b> Clear                       | 4th Phase   |
|                  |             |                                  |                   | <b>Dvadashi Until 6:55PM</b>  | Moon – Red                                   | <b>Sivaloka Day</b>                                   |
|                  |             |                                  |                   |   | <b>Chaitra-Panguni</b>                       |   |

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| <b>4</b>          |               | <b>Thursday, March 29, 2018</b> |                  | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaphalguni Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |  | Milan, Italy<br>Sun 26<br>Sutra 346<br>Hemalamba 5119 |
| Simha Rasi: 14.25 | Tithi 13 – 14 | <b>Gulika</b>                   | 9:20AM – 10:54AM | <b>Purvaphalguni Until 2:54AM Fri</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 6:11AM |   |
|                   | 151722368     | Yama                            | 6:11AM – 7:45AM  | Shula* Until 7:56AM  | <b>Muruga:</b> Green <i>Sunset:</i> 6:47PM   | Moon 2 - Phase 47                                     |
| Creative Work     | Siddha Yoga   | <b>Rahu</b>                     | 2:03PM – 3:38PM  | Gara Until 3:57AM Fri  | <b>Nataraja:</b> Clear                       | 4th Phase   |
|                   |               |                                 |                  | <b>Trayodashi Until 4:52PM</b>   | Moon – Red                                   | <b>Sivaloka Day</b>                                   |
|                   |               |                                 |                  | <i>Pradosha Vrata</i>  | <b>Chaitra-Panguni</b>                       |   |

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| <b>5</b>                        |               | <b>Friday, March 30, 2018</b> |                   | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |  | Milan, Italy<br>Sun 27<br>Sutra 347<br>Hemalamba 5119 |
| Simha Rasi: 28.28               | Tithi 14 – 15 | <b>Gulika</b>                 | 7:44AM – 9:19AM   | <b>Uttaraphalguni Until 1:48AM Sat</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 6:09AM |   |
|                                 | 151722368     | Yama                          | 3:38PM – 5:13PM   | Vriddhi Until 2:46AM Sat  | <b>Muruga:</b> Green <i>Sunset:</i> 6:48PM   | Moon 2 - Phase 47                                     |
| Creative Work                   | Siddha Yoga   | <b>Rahu</b>                   | 10:54AM – 12:29PM | Visti Until 2:17AM Sat  | <b>Nataraja:</b> Clear                       | 4th Phase   |
| Until 1:48AM Sat                |               |                               |                   | <b>Chaturdashi* Until 3:03PM</b>  | Moon – Red                                   | <b>Sivaloka Day</b>                                   |
| Then Routine Work - Marana Yoga |               |                               |                   |   | <b>Chaitra-Panguni</b>                       |   |

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|  |               | <b>Saturday, March 31, 2018</b> |                  | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Hasta Nakshatra Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau |  | Milan, Italy<br>Sun 28<br>Sutra 348<br>Hemalamba 5119 |
| <b>Copper Retreat Star</b>  |               | <b>Gulika</b>                   | 6:07AM – 7:42AM  | <b>Hasta Until 1:22AM Sun</b>  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:07AM |   |
| Kanya Rasi: 12.19   | Tithi 15 – 16 | Yama                            | 2:03PM – 3:39PM  | Dhruva Until 12:36AM Sun   | <b>Muruga:</b> Green <i>Sunset:</i> 6:49PM   | Moon 2 - Phase 47                                     |
|   | 161722368     | <b>Rahu</b>                     | 9:18AM – 10:53AM | Balava Until 1:01AM Sun  | <b>Nataraja:</b> Clear                       | Purnima   |
| Routine Work  | Marana Yoga   |                                 |                  | <b>Purnima* Until 1:34PM</b>   | Moon – Green                                 | <b>Devaloka Day</b>                                   |
| Until 1:22AM Sun  |               | <b>Panguni Uttiram</b>          |                  |  | <b>Chaitra-Panguni</b>                       |   |
| Then Creative Work - Siddha Yoga  |               | <b>Hanuman Jayanti</b>          |                  |  |  |   |

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| <b>0</b>                         |               | <b>Sunday, April 1, 2018</b> |                  | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |  | Milan, Italy<br>Sun 29<br>Sutra 349<br>Hemalamba 5119 |
| <b>Silver Retreat Star</b>       |               | <b>Gulika</b>                | 3:39PM – 5:14PM  | <b>Chitra Until 1:18AM Mon</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:07AM |   |
| Kanya Rasi: 25.55                | Tithi 16 – 17 | Yama                         | 12:28PM – 2:03PM | Vyaghata* Until 10:51PM  | <b>Muruga:</b> Green <i>Sunset:</i> 6:49PM   | Moon 2 - Phase 47                                     |
|                                  | 161722368     | <b>Rahu</b>                  | 5:14PM – 6:49PM  | Taitila Until 12:15AM Mon  | <b>Nataraja:</b> Clear                       | Prathama  |
| Creative Work                    | Siddha Yoga   |                              |                  | <b>Prathama* Until 12:32PM</b>   | Moon – Green                                 | <b>Devaloka Day</b>                                   |
| Until 1:18AM Mon                 |               |                              |                  |  | <b>Chaitra-Panguni</b>                       |   |
| Then Creative Work - Amrita Yoga |               |                              |                  |  |  |   |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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**Monday, April 2, 2018**  
**Gold Retreat Star**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy  
Sun 1  
Sutra 350  
Hemalamba 5119

Tula Rasi: 9.14      Tihi 17 – 18  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 1:40AM Tue  
Then Routine Work - Marana Yoga

**Gulika**      2:04PM – 3:39PM  
Yama      10:52AM – 12:28PM  
**Rahu**      7:41AM – 9:17AM

**Svati Until 1:40AM Tue**  
Harshana Until 9:36PM  
Vanija Until 12:05AM Tue  
**Dvitiya Until 12:04PM**

**Ganesha:** Clear      *Sunrise: 6:05AM*  
**Muruga:** Green      *Sunset: 6:51PM*  
**Nataraja:** Clear  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Tuesday, April 3, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha Nakshatra Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

Milan, Italy  
Sun 2  
Sutra 351  
Hemalamba 5119

Tula Rasi: 22.14      Tihi 18 – 19  
Routine Work    Marana Yoga  
Until 2:59AM Wed  
Then Creative Work - Siddha Yoga

**Gulika**      12:28PM – 2:04PM  
Yama      9:16AM – 10:52AM  
**Rahu**      3:40PM – 5:16PM

**Vishakha Until 2:59AM Wed**  
Vajra\* Until 8:49PM  
Bava Until 12:34AM Wed  
**Tritiya Until 12:13PM**

**Ganesha:** Purple      *Sunrise: 6:03AM*  
**Muruga:** Green      *Sunset: 6:52PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Wednesday, April 4, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

Milan, Italy  
Sun 3  
Sutra 352  
Hemalamba 5119

Vrischika Rasi: 4.54      Tihi 19 – 20  
Creative Work    Siddha Yoga  
Until 4:47AM Thu  
Then Routine Work - Prabalarishta Yoga

**Gulika**      10:51AM – 12:27PM  
Yama      7:38AM – 9:14AM  
**Rahu**      12:27PM – 2:04PM

**Anuradha Until 4:47AM Thu**  
Siddhi Until 8:34PM  
Kaulava Until 1:43AM Thu  
**Chatrthi\* Until 1:02PM**

**Ganesha:** Purple      *Sunrise: 6:02AM*  
**Muruga:** Green      *Sunset: 6:53PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Thursday, April 5, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy  
Sun 4  
Sutra 353  
Hemalamba 5119

Vrischika Rasi: 17.17      Tihi 20 – 21  
Routine Work    Prabalarishta Yoga  
Until 6:59AM Fri  
Then Creative Work - Amrita Yoga

**Gulika**      9:13AM – 10:50AM  
Yama      6:00AM – 7:37AM  
**Rahu**      2:04PM – 3:41PM

**Jyeshtha\* Until 6:59AM Fri**  
Vyatipata\* Until 8:49PM  
Gara Until 3:29AM Fri  
**Panchami Until 2:30PM**

**Ganesha:** Purple      *Sunrise: 6:00AM*  
**Muruga:** Green      *Sunset: 6:54PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4**

**Friday, April 6, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Milan, Italy  
Sun 5  
Sutra 354  
Hemalamba 5119

Vrischika Rasi: 29.25      Tihi 21 – 22  
Routine Work    Marana Yoga  
Until 6:59AM  
Then Creative Work - Amrita Yoga

**Gulika**      7:35AM – 9:12AM  
Yama      3:41PM – 5:18PM  
**Rahu**      10:50AM – 12:27PM

**Jyeshtha\* Until 6:59AM**  
Variyan Until 9:25PM  
Visti Until 5:44AM Sat  
**Shashthi\* Until 4:32PM**

**Ganesha:** Clear      *Sunrise: 5:58AM*  
**Muruga:** Green      *Sunset: 6:56PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

**Devaloka Day**

**5**

**Saturday, April 7, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\* Yoga Bava Karana Saptamyam Titau

Milan, Italy  
Sun 6  
Sutra 355  
Hemalamba 5119

Dhanus Rasi: 11.22      Tihi 22  
Creative Work    Siddha Yoga

**Gulika**      5:56AM – 7:34AM  
Yama      2:04PM – 3:42PM  
**Rahu**      9:11AM – 10:49AM

**Mula\* Until 9:58AM**  
Parigha\* Until 10:20PM  
Bava Until 6:57PM  
**Saptami Until 6:57PM**

**Ganesha:** White      *Sunrise: 5:56AM*  
**Muruga:** Green      *Sunset: 6:57PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**D**

**Sunday, April 8, 2018**  
**Retreat Star**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy  
Sun 7  
Sutra 356  
Hemalamba 5119

Dhanus Rasi: 23.12      Tihi 23  
Creative Work    Siddha Yoga  
Until 1:01PM  
Then Creative Work - Amrita Yoga

**Gulika**      3:42PM – 5:20PM  
Yama      12:26PM – 2:04PM  
**Rahu**      5:20PM – 6:58PM

**Purvashadha\* Until 1:01PM**  
Shiva Until 11:21PM  
Balava Until 8:15AM  
**Ashtami\* Until 9:32PM**

**Ganesha:** White      *Sunrise: 5:54AM*  
**Muruga:** Green      *Sunset: 6:58PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**Monday, April 9, 2018**  
**Retreat Star**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy  
Sun 8  
Sutra 357  
Hemalamba 5119

Makara Rasi: 5.01      Tihi 24  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 3:54PM  
Then Creative Work - Amrita Yoga

**Gulika**      2:04PM – 3:43PM  
Yama      10:48AM – 12:26PM  
**Rahu**      7:31AM – 9:09AM

**Uttarashadha Until 3:54PM**  
Siddha Until 12:15AM Tue  
Taitila Until 10:50AM  
**Navami\* Until 12:02AM Tue**

**Ganesha:** White      *Sunrise: 5:52AM*  
**Muruga:** Green      *Sunset: 6:59PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

|          |                                |             |   |                              |                 |                     |                                    |
|----------|--------------------------------|-------------|---|------------------------------|-----------------|---------------------|------------------------------------|
| <b>1</b> | <b>Tuesday, April 10, 2018</b> |             | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau |                              |                 |                     | Milan, Italy<br>Sun 9<br>Sutra 358 |
|          | Makara Rasi: 16.54             | Titithi 25  | <b>Gulika</b><br>12:26PM – 2:04PM   | <b>Shravana</b> Until 6:51PM | Ganesh: Yellow  | Sunrise: 5:50AM     | Hemalamba 5119                     |
|          |                                |             | Yama<br>9:08AM – 10:47AM  | Sadhya Until 12:55AM Wed     | Muruga: Green   | Sunset: 7:01PM      | Moon 3 - Phase 49                  |
|          | Creative Work                  | Siddha Yoga | 192722368 <b>Rahu</b><br>3:43PM – 5:22PM  | Vanija Until 1:11PM          | Nataraja: Clear |                     | 2nd Phase                          |
|          |                                |             | <b>Dashami</b> Until 2:10AM Wed   | Moon – Purple                |                 | <b>Devaloka Day</b> |                                    |
|          |                                |             |   | <b>Chaitra•Panguni</b>       |                 |                     |                                    |

|                                  |                                  |                    |   |                                |                 |                     |                                     |
|----------------------------------|----------------------------------|--------------------|---|--------------------------------|-----------------|---------------------|-------------------------------------|
| <b>2</b>                         | <b>Wednesday, April 11, 2018</b> |                    | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau |                                |                 |                     | Milan, Italy<br>Sun 10<br>Sutra 359 |
|                                  | Makara Rasi: 28.56               | Titithi 26         | <b>Gulika</b><br>10:46AM – 12:25PM  | <b>Dhanishtha</b> Until 9:09PM | Ganesh: Yellow  | Sunrise: 5:49AM     | Hemalamba 5119                      |
|                                  |                                  |                    | Yama<br>7:28AM – 9:07AM   | Subha Until 1:10AM Thu         | Muruga: Green   | Sunset: 7:02PM      | Moon 3 - Phase 49                   |
|                                  | Routine Work                     | Prabalarishta Yoga | 192722368 <b>Rahu</b><br>12:25PM – 2:05PM   | Bava Until 3:03PM              | Nataraja: Clear |                     | 2nd Phase                           |
| Until 9:09PM                     |                                  |                    | <b>Ekadashi*</b> Until 3:45AM Thu   | Moon – Purple                  |                 | <b>Devaloka Day</b> |                                     |
| Then Creative Work - Siddha Yoga |                                  |                    |   | <b>Chaitra•Panguni</b>         |                 |                     |                                     |

|          |                                 |             |  |                                   |                 |                     |                                     |
|----------|---------------------------------|-------------|--|-----------------------------------|-----------------|---------------------|-------------------------------------|
| <b>3</b> | <b>Thursday, April 12, 2018</b> |             | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shatabhishak Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                   |                 |                     | Milan, Italy<br>Sun 11<br>Sutra 360 |
|          | Kumbha Rasi: 11.13              | Titithi 27  | <b>Gulika</b><br>9:06AM – 10:46AM  | <b>Shatabhishak</b> Until 10:39PM | Ganesh: Yellow  | Sunrise: 5:47AM     | Hemalamba 5119                      |
|          |                                 |             | Yama<br>5:47AM – 7:26AM  | Sukla Until 12:52AM Fri           | Muruga: Green   | Sunset: 7:03PM      | Moon 3 - Phase 49                   |
|          | Creative Work                   | Siddha Yoga | 192722368 <b>Rahu</b><br>2:05PM – 3:44PM   | Kaulava Until 4:18PM              | Nataraja: Clear |                     | 2nd Phase                           |
|          |                                 |             | <b>Dvadashi*</b> Until 4:37AM Fri  | Moon – Purple                     |                 | <b>Devaloka Day</b> |                                     |
|          |                                 |             |  | <b>Chaitra•Panguni</b>            |                 |                     |                                     |

|          |                               |             |   |  |                 |                             |                                     |
|----------|-------------------------------|-------------|---|--|-----------------|-----------------------------|-------------------------------------|
| <b>4</b> | <b>Friday, April 13, 2018</b> |             | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Brahma Yoga Gara/Vanija Karana Trayodashyam Titau |  |                 |                             | Milan, Italy<br>Sun 12<br>Sutra 361 |
|          | Kumbha Rasi: 23.47            | Titithi 28  | <b>Gulika</b><br>7:25AM – 9:05AM  | <b>Purvaproshtapada*</b> Until 11:45PM | Ganesh: Blue    | Sunrise: 5:45AM             | Hemalamba 5119                      |
|          |                               |             | Yama<br>3:45PM – 5:25PM   | Brahma Until 12:00AM Sat               | Muruga: Green   | Sunset: 7:05PM              | Moon 3 - Phase 49                   |
|          | Creative Work                 | Siddha Yoga | 112722368 <b>Rahu</b><br>10:45AM – 12:25PM  | Gara Until 4:48PM                      | Nataraja: Clear |                             | 2nd Phase                           |
|          |                               |             | <b>Trayodashi*</b> Until 4:45AM Sat   | Moon – Clear                           |                 | <b>Bhuloka Day</b>          |                                     |
|          |                               |             | <i>Pradosha Vrata (Fasting)</i>   | <b>Chaitra•Panguni</b>                 |                 | Devaloka Time: 6:PM to 9:PM |                                     |

|  |                                 |                       |   |  |                 |                             |                                     |
|--|---------------------------------|-----------------------|---|--|-----------------|-----------------------------|-------------------------------------|
| <b>5</b>                               | <b>Saturday, April 14, 2018</b> |                       | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |  |                 |                             | Milan, Italy<br>Sun 13<br>Sutra 362 |
|  | Meena Rasi: 6.43                | Titithi 29            | <b>Gulika</b><br>5:43AM – 7:24AM  | <b>Uttaraproshtapada</b> Until 11:59PM | Ganesh: Blue    | Sunrise: 5:43AM             | Vilamba 5120                        |
|  |                                 |                       | Yama<br>2:05PM – 3:45PM   | Indra Until 10:36PM                    | Muruga: White   | Sunset: 7:06PM              | Moon 3 - Phase 49                   |
|  | Creative Work                   | Siddha Yoga           | 212732368 <b>Rahu</b><br>9:04AM – 10:44AM   | Visti Until 4:34PM                     | Nataraja: Clear |                             | 2nd Phase                           |
| Until 11:59PM                          |                                 |                       | <b>Chaturdashi*</b> Until 4:11AM Sun  | Moon – Clear                           |                 | <b>Bhuloka Day</b>          |                                     |
| Then Routine Work - Prabalarishta Yoga |                                 | <b>Tamil New Year</b> |   | <b>Chaitra•Chaitra</b>                 |                 | Devaloka Time: 6:PM to 9:PM |                                     |

|                                  |                               |             |   |                             |                 |                             |                                     |
|----------------------------------|-------------------------------|-------------|---|-----------------------------|-----------------|-----------------------------|-------------------------------------|
| <b>●</b>                         | <b>Sunday, April 15, 2018</b> |             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                             |                 |                             | Milan, Italy<br>Sun 14<br>Sutra 363 |
|                                  | <b>Retreat Star</b>           |             | <b>Gulika</b><br>3:46PM – 5:26PM  | <b>Revati</b> Until 11:27PM | Ganesh: Blue    | Sunrise: 5:41AM             | Vilamba 5120                        |
|                                  | Meena Rasi: 20.01             | Titithi 30  | Yama<br>12:24PM – 2:05PM  | Vaidhriti* Until 8:39PM     | Muruga: White   | Sunset: 7:07PM              | Moon 3 - Phase 49                   |
|                                  | Creative Work                 | Amrita Yoga | 212732368 <b>Rahu</b><br>5:26PM – 7:07PM  | Catuspada Until 3:40PM      | Nataraja: Clear |                             | Amavasya                            |
| Until 11:27PM                    |                               |             | <b>Amavasya*</b> Until 2:59AM Mon   | Moon – Clear                |                 | <b>Bhuloka Day</b>          |                                     |
| Then Creative Work - Siddha Yoga |                               |             |   | <b>Chaitra•Chaitra</b>      |                 | Devaloka Time: 6:PM to 9:PM |                                     |

|               |                               |           |   |                              |                 |                             |                                     |
|---------------|-------------------------------|-----------|---|------------------------------|-----------------|-----------------------------|-------------------------------------|
| <b>●</b>      | <b>Monday, April 16, 2018</b> |           | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau |                              |                 |                             | Milan, Italy<br>Sun 15<br>Sutra 364 |
|               | <b>Retreat Star</b>           |           | <b>Gulika</b><br>2:05PM – 3:46PM  | <b>Ashvini</b> Until 10:42PM | Ganesh: Blue    | Sunrise: 5:40AM             | Vilamba 5120                        |
|               | Mesha Rasi: 3.4               | Titithi 1 | Yama<br>10:43AM – 12:24PM   | Vishkambha* Until 6:17PM     | Muruga: White   | Sunset: 7:08PM              | Moon 3 - Phase 49                   |
|               | <b>Family Home Evening</b>    | 222732368 | <b>Rahu</b><br>7:21AM – 9:02AM  | Kintughna Until 2:13PM       | Nataraja: Clear |                             | Prathama                            |
| Creative Work | Siddha Yoga                   |           | <b>Prathama*</b> Until 1:18AM Tue   | Moon – White                 |                 | <b>Bhuloka Day</b>          |                                     |
|               |                               |           |   | <b>Vaisaka•Chaitra</b>       |                 | Devaloka Time: 6:PM to 9:PM |                                     |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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|                   |             |                                |                  |  |  |                        |                     |
|-------------------|-------------|--------------------------------|------------------|--|--|------------------------|---------------------|
| <b>1</b>          |             | <b>Tuesday, April 17, 2018</b> |                  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau |  | Milan, Italy<br>Sun 16 | Sutra 1             |
| Mesha Rasi: 17.35 | Tithi 2     | <b>Gulika</b>                  | 12:24PM – 2:05PM | <b>Bharani Until 9:26PM</b>  | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:38AM | Vilamba 5120           |                     |
|                   |             | Yama                           | 9:01AM – 10:42AM | Priti Until 3:37PM   | <b>Muruga:</b> White <i>Sunset:</i> 7:10PM   |                        | Moon 3 - Phase 1    |
| 222832368         | <b>Rahu</b> |                                | 3:47PM – 5:28PM  | Balava Until 12:20PM   | <b>Nataraja:</b> Clear                       |                        | 3rd Phase           |
| Creative Work     | Siddha Yoga |                                |                  | Dvitiya Until 11:16PM  | Moon – White                                 |                        | <b>Devaloka Day</b> |
|                   |             |                                |                  |  | Vaisaka-Chaitra                              |                        |                     |

|                                  |             |                                  |                   |   |  |                        |                     |
|----------------------------------|-------------|----------------------------------|-------------------|---|--|------------------------|---------------------|
| <b>2</b>                         |             | <b>Wednesday, April 18, 2018</b> |                   | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau |  | Milan, Italy<br>Sun 17 | Sutra 2             |
| Vrishabha Rasi: 1.43             | Tithi 3     | <b>Gulika</b>                    | 10:42AM – 12:24PM | <b>Krittika Until 7:48PM</b>  | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:36AM | Vilamba 5120           |                     |
|                                  |             | Yama                             | 7:18AM – 9:00AM   | Ayushman Until 12:42PM  | <b>Muruga:</b> White <i>Sunset:</i> 7:11PM   |                        | Moon 3 - Phase 1    |
| 222832368                        | <b>Rahu</b> |                                  | 12:24PM – 2:05PM  | Taitila Until 10:10AM   | <b>Nataraja:</b> Clear                       |                        | 3rd Phase           |
| Creative Work                    | Amrita Yoga |                                  |                   | Taitiya Until 9:00PM  | Moon – White                                 |                        | <b>Devaloka Day</b> |
| Until 7:48PM                     |             | <b>Akshaya Tritiya</b>           |                   |   | Vaisaka-Chaitra                              |                        |                     |
| Then Creative Work - Siddha Yoga |             |                                  |                   |   |  |                        |                     |

|                       |             |                                 |                  |   |  |                        |                             |
|-----------------------|-------------|---------------------------------|------------------|---|--|------------------------|-----------------------------|
| <b>3</b>              |             | <b>Thursday, April 19, 2018</b> |                  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau |  | Milan, Italy<br>Sun 18 | Sutra 3                     |
| Vrishabha Rasi: 15.59 | Tithi 4     | <b>Gulika</b>                   | 8:59AM – 10:41AM | <b>Rohini Until 6:20PM</b>  | <b>Ganesh:</b> Blue <i>Sunrise:</i> 5:34AM | Vilamba 5120           |                             |
|                       |             | Yama                            | 5:34AM – 7:17AM  | Saubhagya Until 9:41AM  | <b>Muruga:</b> White <i>Sunset:</i> 7:12PM |                        | Moon 3 - Phase 1            |
| 233832368             | <b>Rahu</b> |                                 | 2:06PM – 3:48PM  | Vanija Until 7:50AM   | <b>Nataraja:</b> Clear                     |                        | 3rd Phase                   |
| Routine Work          | Marana Yoga |                                 |                  | Chaturthi* Until 6:38PM   | Moon – Yellow                              |                        | <b>Bhuloka Day</b>          |
|                       |             |                                 |                  |   | Vaisaka-Chaitra                            |                        | Devaloka Time: 6:PM to 9:PM |

|                    |             |                               |                   |  |  |                        |                             |
|--------------------|-------------|-------------------------------|-------------------|--|--|------------------------|-----------------------------|
| <b>4</b>           |             | <b>Friday, April 20, 2018</b> |                   | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |  | Milan, Italy<br>Sun 19 | Sutra 4                     |
| Mithuna Rasi: 0.16 | Tithi 5 – 6 | <b>Gulika</b>                 | 7:15AM – 8:58AM   | <b>Mrigashira Until 4:43PM</b>   | <b>Ganesh:</b> Blue <i>Sunrise:</i> 5:33AM | Vilamba 5120           |                             |
|                    |             | Yama                          | 3:48PM – 5:31PM   | Sobhana Until 6:39AM   | <b>Muruga:</b> White <i>Sunset:</i> 7:14PM |                        | Moon 3 - Phase 1            |
| 233832368          | <b>Rahu</b> |                               | 10:40AM – 12:23PM | Kaulava Until 3:08AM Sat   | <b>Nataraja:</b> Clear                     |                        | 3rd Phase                   |
| Creative Work      | Siddha Yoga |                               |                   | Panchami Until 4:16PM  | Moon – Yellow                              |                        | <b>Bhuloka Day</b>          |
|                    |             | <b>Adi Sankara Jayanthi</b>   |                   |  | Vaisaka-Chaitra                            |                        | Devaloka Time: 6:PM to 9:PM |

|                     |             |                                 |                  |   |  |                        |                             |
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| <b>5</b>            |             | <b>Saturday, April 21, 2018</b> |                  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |  | Milan, Italy<br>Sun 20 | Sutra 5                     |
| Mithuna Rasi: 14.32 | Tithi 6 – 7 | <b>Gulika</b>                   | 5:31AM – 7:14AM  | <b>Ardra Until 3:03PM</b>   | <b>Ganesh:</b> Blue <i>Sunrise:</i> 5:31AM | Vilamba 5120           |                             |
|                     |             | Yama                            | 2:06PM – 3:49PM  | Sukarma Until 12:43AM Sun   | <b>Muruga:</b> White <i>Sunset:</i> 7:15PM |                        | Moon 3 - Phase 1            |
| 233832368           | <b>Rahu</b> |                                 | 8:57AM – 10:40AM | Gara Until 12:54AM Sun  | <b>Nataraja:</b> Clear                     |                        | 3rd Phase                   |
| Creative Work       | Siddha Yoga |                                 |                  | Shashthi* Until 1:59PM  | Moon – Yellow                              |                        | <b>Bhuloka Day</b>          |
|                     |             |                                 |                  |   | Vaisaka-Chaitra                            |                        | Devaloka Time: 6:PM to 9:PM |

|                     |             |                               |                  |   |  |                        |                     |
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| <b>☾</b>            |             | <b>Sunday, April 22, 2018</b> |                  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |  | Milan, Italy<br>Sun 21 | Sutra 6             |
| <b>Retreat Star</b> |             | <b>Gulika</b>                 | 3:49PM – 5:33PM  | <b>Punarvasu Until 1:48PM</b>   | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:29AM | Vilamba 5120           |                     |
| Mithuna Rasi: 28.44 | Tithi 7 – 8 | Yama                          | 12:23PM – 2:06PM | Dhriti Until 9:55PM   | <b>Muruga:</b> White <i>Sunset:</i> 7:16PM   |                        | Moon 3 - Phase 1    |
| 243832368           | <b>Rahu</b> |                               | 5:33PM – 7:16PM  | Visti Until 10:48PM   | <b>Nataraja:</b> Clear                       |                        | Ashtami             |
| Creative Work       | Siddha Yoga |                               |                  | Saptami Until 11:49AM   | Moon – Blue                                  |                        | <b>Devaloka Day</b> |
|                     |             |                               |                  |   | Vaisaka-Chaitra                              |                        |                     |

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| <b>☽</b>            |             | <b>Monday, April 23, 2018</b> |                   | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |  | Milan, Italy<br>Sun 22 | Sutra 7             |
| <b>Retreat Star</b> |             | <b>Gulika</b>                 | 2:06PM – 3:50PM   | <b>Pushya Until 12:34PM</b>   | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:28AM | Vilamba 5120           |                     |
| Kataka Rasi: 12.49  | Tithi 8 – 9 | Yama                          | 10:39AM – 12:22PM | Shula* Until 7:15PM   | <b>Muruga:</b> White <i>Sunset:</i> 7:17PM   |                        | Moon 3 - Phase 1    |
| Family Home Evening | 243832368   | <b>Rahu</b>                   | 7:11AM – 8:55AM   | Balava Until 8:53PM   | <b>Nataraja:</b> Clear                       |                        | Navami              |
| Creative Work       | Siddha Yoga |                               |                   | Ashtami* Until 9:48AM   | Moon – Blue                                  |                        | <b>Devaloka Day</b> |
|                     |             |                               |                   |   | Vaisaka-Chaitra                              |                        |                     |

|                    |              |                                |                  |                                |                        |  |        |                     |
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| <b>1</b>           |              | <b>Tuesday, April 24, 2018</b> |                  |                                |                        | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |        | Milan, Italy        |
| Kataka Rasi: 26.48 | Tithi 9 – 10 | <b>Gulika</b>                  | 12:22PM – 2:06PM | <b>Ashlesha* Until 11:21AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:26AM   | Sun 23 | Sutra 8             |
|                    |              | Yama                           | 8:54AM – 10:38AM | Ganda* Until 4:43PM            | <b>Muruga:</b> White   | <i>Sunset:</i> 7:19PM  |        | Vilamba 5120        |
| Creative Work      | Siddha Yoga  | 243832369 <b>Rahu</b>          | 3:50PM – 5:35PM  | Taitila Until 7:09PM           | <b>Nataraja:</b> Clear |  |        | Moon 3 - Phase 2    |
|                    |              |                                |                  | Navami* Until 7:58AM           | Moon – Blue            |  |        | 4th Phase           |
|                    |              |                                |                  |                                | <b>Vaisaka*Chaitra</b> |  |        | <b>Devaloka Day</b> |

|                                  |               |                                  |                   |                             |                         |  |        |                    |
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| <b>2</b>                         |               | <b>Wednesday, April 25, 2018</b> |                   |                             |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau |        | Milan, Italy       |
| Simha Rasi: 10.4                 | Tithi 10 – 11 | <b>Gulika</b>                    | 10:38AM – 12:22PM | <b>Magha* Until 10:37AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:24AM   | Sun 24 | Sutra 9            |
|                                  |               | Yama                             | 7:09AM – 8:53AM   | Vridhhi Until 2:22PM        | <b>Muruga:</b> White    | <i>Sunset:</i> 7:20PM  |        | Vilamba 5120       |
| Creative Work                    | Siddha Yoga   | 253832369 <b>Rahu</b>            | 12:22PM – 2:07PM  | Visti Until 4:52AM Thu      | <b>Nataraja:</b> Purple |  |        | Moon 3 - Phase 2   |
| Until 10:37AM                    |               |                                  |                   | Dashami Until 6:19AM        | Moon – Red              |  |        | 4th Phase          |
| Then Creative Work - Amrita Yoga |               |                                  |                   |                             | <b>Vaisaka*Chaitra</b>  |  |        | <b>Bhuloka Day</b> |

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| <b>3</b>          |             | <b>Thursday, April 26, 2018</b> |                  |                                   |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau |        | Milan, Italy       |
| Simha Rasi: 24.25 | Tithi 12    | <b>Gulika</b>                   | 8:52AM – 10:37AM | <b>Purvaphalguni Until 9:56AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:23AM  | Sun 25 | Sutra 10           |
|                   |             | Yama                            | 5:23AM – 7:07AM  | Dhruva Until 12:09PM              | <b>Muruga:</b> White    | <i>Sunset:</i> 7:21PM   |        | Vilamba 5120       |
| Creative Work     | Siddha Yoga | 253832369 <b>Rahu</b>           | 2:07PM – 3:52PM  | Bava Until 4:15PM                 | <b>Nataraja:</b> Purple |   |        | Moon 3 - Phase 2   |
|                   |             |                                 |                  | Dvadashi Until 3:39AM Fri         | Moon – Red              |   |        | 4th Phase          |
|                   |             |                                 |                  |                                   | <b>Vaisaka*Chaitra</b>  |   |        | <b>Bhuloka Day</b> |

|                                  |             |                               |                   |                                    |                         |  |        |                    |
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| <b>4</b>                         |             | <b>Friday, April 27, 2018</b> |                   |                                    |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodashyam Titau |        | Milan, Italy       |
| Kanya Rasi: 8.01                 | Tithi 13    | <b>Gulika</b>                 | 7:06AM – 8:51AM   | <b>Uttaraphalguni Until 9:21AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:21AM   | Sun 26 | Sutra 11           |
|                                  |             | Yama                          | 3:52PM – 5:37PM   | Vyaghata* Until 10:09AM            | <b>Muruga:</b> White    | <i>Sunset:</i> 7:22PM  |        | Vilamba 5120       |
| Creative Work                    | Siddha Yoga | 253832369 <b>Rahu</b>         | 10:37AM – 12:22PM | Kaulava Until 3:10PM               | <b>Nataraja:</b> Purple |  |        | Moon 3 - Phase 2   |
| Until 9:21AM                     |             |                               |                   | Trayodashi Until 2:43AM Sat        | Moon – Red              |  |        | 4th Phase          |
| Then Creative Work - Amrita Yoga |             |                               |                   | <i>Pradosha Vrata</i>              | <b>Vaisaka*Chaitra</b>  |  |        | <b>Bhuloka Day</b> |

|                   |             |                                 |                  |                               |                         |  |        |                             |
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| <b>5</b>          |             | <b>Saturday, April 28, 2018</b> |                  |                               |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdashyam Titau |        | Milan, Italy                |
| Kanya Rasi: 21.28 | Tithi 14    | <b>Gulika</b>                   | 5:19AM – 7:05AM  | <b>Hasta Until 9:21AM</b>     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:19AM   | Sun 27 | Sutra 12                    |
|                   |             | Yama                            | 2:07PM – 3:53PM  | Harshana Until 8:24AM         | <b>Muruga:</b> White    | <i>Sunset:</i> 7:24PM  |        | Vilamba 5120                |
| Routine Work      | Marana Yoga | 263832369 <b>Rahu</b>           | 8:50AM – 10:36AM | Gara Until 2:23PM             | <b>Nataraja:</b> Purple |  |        | Moon 3 - Phase 2            |
|                   |             |                                 |                  | Chaturdashi* Until 2:07AM Sun | Moon – Green            |  |        | 4th Phase                   |
|                   |             |                                 |                  |                               | <b>Vaisaka*Chaitra</b>  |  |        | <b>Bhuloka Day</b>          |
|                   |             |                                 |                  |                               |                         |  |        | Devaloka Time: 6:AM to 9:AM |

|                            |             |                                   |                  |                            |                         |   |        |                             |
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| <b>○</b>                   |             | <b>Sunday, April 29, 2018</b>     |                  |                            |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnimayam Titau |        | Milan, Italy                |
| <b>Copper Retreat Star</b> |             | <b>Gulika</b>                     | 3:53PM – 5:39PM  | <b>Chitra Until 9:34AM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:18AM  | Sun 28 | Sutra 13                    |
| Tula Rasi: 4.42            | Tithi 15    | Yama                              | 12:21PM – 2:07PM | Vajra* Until 6:56AM        | <b>Muruga:</b> White    | <i>Sunset:</i> 7:25PM   |        | Vilamba 5120                |
| Creative Work              | Siddha Yoga | 263832369 <b>Rahu</b>             | 5:39PM – 7:25PM  | Visti Until 2:00PM         | <b>Nataraja:</b> Purple |   |        | Moon 3 - Phase 2            |
|                            |             |                                   |                  | Purnima* Until 1:57AM Mon  | Moon – Green            |   |        | Purnima                     |
|                            |             | <b>Budha Purnima (Tamil Nadu)</b> |                  |                            | <b>Vaisaka*Chaitra</b>  |   |        | <b>Bhuloka Day</b>          |
|                            |             |                                   |                  |                            |                         |   |        | Devaloka Time: 6:AM to 9:AM |

|                                 |             |                            |                   |                             |                         |   |        |                             |
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| <b>Monday, April 30, 2018</b>   |             | <b>Silver Retreat Star</b> |                   |                             |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau |        | Milan, Italy                |
| Tula Rasi: 17.43                | Tithi 16    | <b>Gulika</b>              | 2:07PM – 3:54PM   | <b>Svati Until 10:04AM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:16AM  | Sun 29 | Sutra 14                    |
| <b>Family Home Evening</b>      |             | Yama                       | 10:35AM – 12:21PM | Vyatipata* Until 5:06AM Tue | <b>Muruga:</b> White    | <i>Sunset:</i> 7:26PM   |        | Vilamba 5120                |
| Creative Work                   | Amrita Yoga | 263832369 <b>Rahu</b>      | 7:03AM – 8:49AM   | Balava Until 2:04PM         | <b>Nataraja:</b> Purple |   |        | Moon 3 - Phase 2            |
| Until 10:04AM                   |             |                            |                   | Prathama* Until 2:17AM Tue  | Moon – Green            |   |        | Prathama                    |
| Then Routine Work - Marana Yoga |             |                            |                   |                             | <b>Vaisaka*Chaitra</b>  |   |        | <b>Bhuloka Day</b>          |
|                                 |             |                            |                   |                             |                         |   |        | Devaloka Time: 6:AM to 9:AM |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda