



Friday, May 12, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Lusaka, Zambia

Anuradha/Jyeshtha* Nakshatra Parigha* Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Sutra 25

Vrischika Rasi: 11.22 Tiithi 17

273381369

Gulika 7:46AM – 9:12AM
Yama 2:55PM – 4:21PM
Rahu 10:38AM – 12:04PM

Anuradha Until 4:40PM
Parigha* Until 2:13PM
Taitila Until 3:10PM
Dvitiya Until 4:20AM Sat

Ganesha: Blue *Sunrise:* 6:20AM
Muruga: Blue *Sunset:* 5:47PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 4:40PM

Then Routine Work - Marana Yoga

1

Saturday, May 13, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Lusaka, Zambia

Jyeshtha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Sun 1 Sutra 26

Vrischika Rasi: 23.16 Tiithi 18

273381369

Gulika 6:21AM – 7:46AM
Yama 1:29PM – 2:55PM
Rahu 9:12AM – 10:38AM

Jyeshtha* Until 7:26PM
Shiva Until 3:09PM
Vanija Until 5:33PM
Tritiya Until 6:44AM Sun

Ganesha: Blue *Sunrise:* 6:21AM
Muruga: Blue *Sunset:* 5:46PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

2

Sunday, May 14, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Lusaka, Zambia

Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 27

Dhanus Rasi: 5.08 Tiithi 18 – 19

283381369

Gulika 2:55PM – 4:21PM
Yama 12:04PM – 1:29PM
Rahu 4:21PM – 5:46PM

Mula* Until 10:33PM
Siddha Until 4:04PM
Bava Until 7:57PM
Tritiya Until 6:44AM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruga: Blue *Sunset:* 5:46PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 10:33PM

Mother's Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

3

Monday, May 15, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam

Lusaka, Zambia

Purvashadha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 28

Dhanus Rasi: 17.01 Tiithi 19 – 20

283381369

Gulika 1:29PM – 2:55PM
Yama 10:38AM – 12:04PM
Rahu 7:47AM – 9:12AM

Purvashadha* Until 1:22AM Tue
Sadhya Until 4:55PM
Kaulava Until 10:14PM
Chaturthi* Until 9:05AM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruga: Blue *Sunset:* 5:46PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga
Until 1:22AM Tue

Devaloka Time: 6:AM to 9:AM

Then Routine Work - Prabalarishta Yoga

4

Tuesday, May 16, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam

Lusaka, Zambia

Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 29

Dhanus Rasi: 28.58 Tiithi 20 – 21

284381369

Gulika 12:04PM – 1:29PM
Yama 9:13AM – 10:38AM
Rahu 2:55PM – 4:20PM

Uttarashadha Until 3:43AM Wed
Subha Until 5:36PM
Gara Until 12:13AM Wed
Panchami Until 11:15AM

Ganesha: Red *Sunrise:* 6:22AM
Muruga: Blue *Sunset:* 5:46PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Routine Work Prabalarishta Yoga
Until 3:43AM Wed

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

5

Wednesday, May 17, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Lusaka, Zambia

Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 30

Magara Rasi: 11.04 Tiithi 21 – 22

294381369

Gulika 10:38AM – 12:04PM
Yama 7:47AM – 9:13AM
Rahu 12:04PM – 1:29PM

Shravana Until 5:56AM Thu
Sukla Until 5:56PM
Visti Until 1:45AM Thu
Shashthi* Until 1:02PM

Ganesha: Green *Sunrise:* 6:22AM
Muruga: Blue *Sunset:* 5:45PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

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Thursday, May 18, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam

Lusaka, Zambia

Dhanishtha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 31

Magara Rasi: 23.22 Tiithi 22 – 23

294381369

Gulika 9:13AM – 10:38AM
Yama 6:22AM – 7:48AM
Rahu 1:29PM – 2:54PM

Dhanishtha Until 7:19AM Fri
Brahma Until 5:49PM
Balava Until 2:37AM Fri
Saptami Until 2:15PM

Ganesha: Green *Sunrise:* 6:22AM
Muruga: Blue *Sunset:* 5:45PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Friday, May 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam

Lusaka, Zambia

Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 32

Kumbha Rasi: 5.57 Tiithi 23 – 24

294381369

Gulika 7:48AM – 9:13AM
Yama 2:54PM – 4:20PM
Rahu 10:38AM – 12:04PM

Dhanishtha Until 7:19AM
Indra Until 5:08PM
Taitila Until 2:42AM Sat
Ashtami* Until 2:45PM

Ganesha: Green *Sunrise:* 6:22AM
Muruga: Blue *Sunset:* 5:45PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Hemalamba 5119
Moon 5 - Phase 4
Navami

Bhuloka Day

Creative Work Siddha Yoga

1

Saturday, May 20, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lusaka, Zambia

Kumbha Rasi: 18.56 Tihi 24 – 25

Gulika 6:23AM – 7:48AM

Shatabhishak Until 7:46AM

Ganesha: Green Sunrise: 6:23AM

Sun 8 Sutra 33

Yama 1:29PM – 2:54PM

Vaidhriti* Until 3:46PM

Muruga: Blue Sunset: 5:45PM

Hemalamba 5119

294381369 Rahu 9:13AM – 10:38AM

Vanija Until 1:55AM Sun

Nataraja: Purple

Moon 5 - Phase 5

Moon – Purple
Vaisaka-Vaikasi

Bhuloka Day

Creative Work Amrita Yoga

Until 7:46AM

Then Routine Work - Marana Yoga

2

Sunday, May 21, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha*/Prili Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Lusaka, Zambia

Meena Rasi: 2.22 Tihi 25 – 26

Gulika 2:54PM – 4:19PM

Purvaproshtapada* Until 7:40AM

Ganesha: Purple Sunrise: 6:23AM

Sun 9 Sutra 34

Yama 12:04PM – 1:29PM

Vishkambha* Until 1:43PM

Muruga: Blue Sunset: 5:45PM

Hemalamba 5119

214381369 Rahu 4:19PM – 5:45PM

Bava Until 12:18AM Mon

Nataraja: Purple

Moon 5 - Phase 5

Moon – Clear

Bhuloka Day

Creative Work Siddha Yoga

Until 7:40AM

Then Creative Work - Amrita Yoga

3

Monday, May 22, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Prili/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Lusaka, Zambia

Meena Rasi: 16.18 Tihi 26 – 27

Gulika 1:29PM – 2:54PM

Uttaraproshtapada Until 6:36AM

Ganesha: Purple Sunrise: 6:23AM

Sun 10 Sutra 35

Yama 10:39AM – 12:04PM

Priti Until 11:02AM

Muruga: Blue Sunset: 5:44PM

Hemalamba 5119

Family Home Evening 214381369 Rahu 7:49AM – 9:14AM

Kaulava Until 9:56PM

Nataraja: Purple

Moon 5 - Phase 5

Moon – Clear

Bhuloka Day

Creative Work Siddha Yoga

Ekadashi* Until 11:11AM

Vaisaka-Vaikasi

4

Tuesday, May 23, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau

Lusaka, Zambia

Mesha Rasi: 0.43 Tihi 27 – 28

Gulika 12:04PM – 1:29PM

Ashvini Until 2:27AM Wed

Ganesha: Light Blue Sunrise: 6:24AM

Sun 11 Sutra 36

Yama 9:14AM – 10:39AM

Ayushman Until 7:45AM

Muruga: Blue Sunset: 5:44PM

Hemalamba 5119

224381369 Rahu 2:54PM – 4:19PM

Gara Until 6:56PM

Nataraja: Purple

Moon 5 - Phase 5

Moon – White

Bhuloka Day

Creative Work Siddha Yoga

Dvadashi* Until 8:29AM

Vaisaka-Vaikasi

Pradosha Vrata (Fasting)

5

Wednesday, May 24, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Lusaka, Zambia

Mesha Rasi: 15.32 Tihi 29

Gulika 10:39AM – 12:04PM

Bharani Until 11:40PM

Ganesha: Light Blue Sunrise: 6:24AM

Sun 12 Sutra 37

Yama 7:49AM – 9:14AM

Sobhana Until 11:58PM

Muruga: Blue Sunset: 5:44PM

Hemalamba 5119

224381369 Rahu 12:04PM – 1:29PM

Visti Until 3:29PM

Nataraja: Purple

Moon 5 - Phase 5

Moon – White

Bhuloka Day

Creative Work Siddha Yoga

Chaturdashi* Until 1:36AM Thu

Vaisaka-Vaikasi

Then Creative Work - Amrita Yoga

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Thursday, May 25, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Lusaka, Zambia

Retreat Star

Vrishabha Rasi: 0.4 Tihi 30

Gulika 9:14AM – 10:39AM

Krittika Until 8:32PM

Ganesha: Purple Sunrise: 6:24AM

Sun 13 Sutra 38

Yama 6:24AM – 7:49AM

Athiganda* Until 7:43PM

Muruga: Blue Sunset: 5:44PM

Hemalamba 5119

324381369 Rahu 1:29PM – 2:54PM

Catuspada Until 11:43AM

Nataraja: Purple

Moon 5 - Phase 5

Moon – White

Bhuloka Day

Routine Work Marana Yoga

Amavasya* Until 9:46PM

Vaisaka-Vaikasi

Friday, May 26, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Kintughna*/Balava Karana Prathama/Dvililyayam Titau

Lusaka, Zambia

Retreat Star

Vrishabha Rasi: 15.56 Tihi 1 – 2

Gulika 7:50AM – 9:14AM

Rohini Until 5:37PM

Ganesha: Light Blue Sunrise: 6:25AM

Sun 14 Sutra 39

Yama 2:54PM – 4:19PM

Sukarma Until 3:25PM

Muruga: Blue Sunset: 5:44PM

Hemalamba 5119

334381369 Rahu 10:39AM – 12:04PM

Kintughna Until 7:50AM

Nataraja: Purple

Moon 5 - Phase 5

Moon – Yellow

Bhuloka Day

Routine Work Marana Yoga

Prathama* Until 5:53PM

Jyeshtha-Vaikasi

Then Creative Work - Siddha Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang

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| 1 | | Saturday, May 27, 2017 | | | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Lusaka, Zambia Sun 15 Sutra 40 Hemalamba 5119 | |
| Mithuna Rasi: 1.1 | Tithi 2 – 3 | Gulika | 6:25AM – 7:50AM | Mrigashira Until 2:42PM | Ganesh: Purple | <i>Sunrise:</i> 6:25AM | | | |
| | | Yama | 1:29PM – 2:54PM | Dhriti Until 11:14AM | Muruga: Blue | <i>Sunset:</i> 5:44PM | Moon 5 - Phase 6 | | |
| Creative Work | Siddha Yoga | 334481369 Rahu | 9:15AM – 10:40AM | Taitila Until 12:23AM Sun | Nataraja: Purple | | 3rd Phase | | |
| | | | | Dvitiya Until 2:08PM | Moon – Yellow | | Bhuloka Day | | |
| | | | | | Jyeshtha-Vaikasi | | | | |

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| 2 | | Sunday, May 28, 2017 | | | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Lusaka, Zambia Sun 16 Sutra 41 Hemalamba 5119 | |
| Mithuna Rasi: 16.13 | Tithi 3 – 4 | Gulika | 2:54PM – 4:19PM | Ardra Until 11:58AM | Ganesh: Purple | <i>Sunrise:</i> 6:25AM | | | |
| | | Yama | 12:04PM – 1:29PM | Shula* Until 7:16AM | Muruga: Blue | <i>Sunset:</i> 5:44PM | Moon 5 - Phase 6 | | |
| Creative Work | Siddha Yoga | 334481369 Rahu | 4:19PM – 5:44PM | Vanija Until 9:09PM | Nataraja: Purple | | 3rd Phase | | |
| | | | | Tritiya Until 10:42AM | Moon – Yellow | | Bhuloka Day | | |
| | | | | | Jyeshtha-Vaikasi | | | | |

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| 3 | | Monday, May 29, 2017 | | | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Lusaka, Zambia Sun 17 Sutra 42 Hemalamba 5119 | |
| Kataka Rasi: 0.55 | Tithi 4 – 5 | Gulika | 1:29PM – 2:54PM | Punarvasu Until 9:59AM | Ganesh: Purple | <i>Sunrise:</i> 6:26AM | | | |
| Family Home Evening | | Yama | 10:40AM – 12:05PM | Vriddhi Until 12:35AM Tue | Muruga: Blue | <i>Sunset:</i> 5:44PM | Moon 5 - Phase 6 | | |
| Creative Work | Amrita Yoga | 345481369 Rahu | 7:50AM – 9:15AM | Bava Until 6:28PM | Nataraja: Purple | | 3rd Phase | | |
| Until 9:59AM | | | | Chaturthi* Until 7:43AM | Moon – Blue | | Bhuloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | Jyeshtha-Vaikasi | | | | |

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| 4 | | Tuesday, May 30, 2017 | | | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau | | Lusaka, Zambia Sun 18 Sutra 43 Hemalamba 5119 | |
| Kataka Rasi: 15.13 | Tithi 6 | Gulika | 12:05PM – 1:29PM | Pushya Until 8:29AM | Ganesh: Purple | <i>Sunrise:</i> 6:26AM | | | |
| | | Yama | 9:15AM – 10:40AM | Dhruva Until 10:02PM | Muruga: Blue | <i>Sunset:</i> 5:44PM | Moon 5 - Phase 6 | | |
| Creative Work | Siddha Yoga | 345481369 Rahu | 2:54PM – 4:19PM | Kaulava Until 4:27PM | Nataraja: Purple | | 3rd Phase | | |
| | | | | Shashthi* Until 3:42AM Wed | Moon – Blue | | Bhuloka Day | | |
| | | | | | Jyeshtha-Vaikasi | | | | |

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| 5 | | Wednesday, May 31, 2017 | | | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau | | Lusaka, Zambia Sun 19 Sutra 44 Hemalamba 5119 | |
| Kataka Rasi: 29.01 | Tithi 7 | Gulika | 10:40AM – 12:05PM | Ashlesha* Until 7:34AM | Ganesh: Purple | <i>Sunrise:</i> 6:26AM | | | |
| | | Yama | 7:51AM – 9:16AM | Vyaghata* Until 8:07PM | Muruga: Blue | <i>Sunset:</i> 5:43PM | Moon 5 - Phase 6 | | |
| Creative Work | Siddha Yoga | 345481369 Rahu | 12:05PM – 1:30PM | Gara Until 3:11PM | Nataraja: Purple | | 3rd Phase | | |
| | | | | Saptami Until 2:50AM Thu | Moon – Blue | | Bhuloka Day | | |
| | | | | | Jyeshtha-Vaikasi | | | | |

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| Retreat Star | | Thursday, June 1, 2017 | | | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau | | Lusaka, Zambia Sun 20 Sutra 45 Hemalamba 5119 | |
| Simha Rasi: 12.23 | Tithi 8 | Gulika | 9:16AM – 10:40AM | Magha* Until 7:43AM | Ganesh: Clear | <i>Sunrise:</i> 6:27AM | | | |
| | | Yama | 6:27AM – 7:51AM | Harshana Until 6:51PM | Muruga: Blue | <i>Sunset:</i> 5:43PM | Moon 5 - Phase 6 | | |
| Creative Work | Amrita Yoga | 355481369 Rahu | 1:30PM – 2:54PM | Visti Until 2:42PM | Nataraja: Purple | | Ashtami | | |
| Until 7:43AM | | | | Ashtami* Until 2:44AM Fri | Moon – Red | | Bhuloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | Jyeshtha-Vaikasi | Devaloka Time: 6:AM to 9:AM | | | |

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| Retreat Star | | Friday, June 2, 2017 | | | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau | | Lusaka, Zambia Sun 21 Sutra 46 Hemalamba 5119 | |
| Simha Rasi: 25.2 | Tithi 9 | Gulika | 7:51AM – 9:16AM | Purvaphalguni Until 8:29AM | Ganesh: Clear | <i>Sunrise:</i> 6:27AM | | | |
| | | Yama | 2:54PM – 4:19PM | Vajra* Until 6:09PM | Muruga: Blue | <i>Sunset:</i> 5:43PM | Moon 5 - Phase 6 | | |
| Creative Work | Siddha Yoga | 355481369 Rahu | 10:41AM – 12:05PM | Balava Until 2:59PM | Nataraja: Purple | | Navami | | |
| | | | | Navami* Until 3:22AM Sat | Moon – Red | | Bhuloka Day | | |
| | | | | | Jyeshtha-Vaikasi | Devaloka Time: 6:AM to 9:AM | | | |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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| 1 Saturday, June 3, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Dashamyam Titau | | | | Lusaka, Zambia Sun 22 Sutra 47 Hemalamba 5119 |
| Kanya Rasi: 7.57 | Tithi 10 | Gulika 6:27AM – 7:52AM | Uttaraphalguni Until 9:46AM | Ganesh: Clear | <i>Sunrise:</i> 6:27AM | |
| | | Yama 1:30PM – 2:54PM | Siddhi Until 5:59PM | Muruga: Blue | <i>Sunset:</i> 5:43PM | Moon 5 - Phase 7 |
| | | 355481369 Rahu 9:16AM – 10:41AM | Tailila Until 3:56PM | Nataraja: Purple | | 4th Phase |
| Routine Work | Marana Yoga | | Dashami Until 4:35AM Sun | Moon – Red | | Bhuloka Day |
| | | | | Jyeshtha-Vaikasi | | Devaloka Time: 6:AM to 9:AM |

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| 2 Sunday, June 4, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Lusaka, Zambia Sun 23 Sutra 48 Hemalamba 5119 |
| Kanya Rasi: 20.19 | Tithi 11 | Gulika 2:54PM – 4:19PM | Hasta Until 11:55AM | Ganesh: White | <i>Sunrise:</i> 6:28AM | |
| | | Yama 12:06PM – 1:30PM | Vyatipata* Until 6:13PM | Muruga: Blue | <i>Sunset:</i> 5:43PM | Moon 5 - Phase 7 |
| | | 365481369 Rahu 4:19PM – 5:43PM | Vanija Until 5:24PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Ekadashi Until 6:16AM Mon | Moon – Green | | Bhuloka Day |
| Until 11:55AM | | | | Jyeshtha-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 3 Monday, June 5, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Lusaka, Zambia Sun 24 Sutra 49 Hemalamba 5119 |
| Tula Rasi: 2.29 | Tithi 11 – 12 | Gulika 1:30PM – 2:55PM | Chitra Until 2:18PM | Ganesh: White | <i>Sunrise:</i> 6:28AM | |
| Family Home Evening | | Yama 10:41AM – 12:06PM | Variyan Until 6:43PM | Muruga: Blue | <i>Sunset:</i> 5:44PM | Moon 5 - Phase 7 |
| | | 365481361 Rahu 7:52AM – 9:17AM | Bava Until 7:15PM | Nataraja: White | | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Ekadashi Until 6:16AM | Moon – Green | | Bhuloka Day |
| Until 2:18PM | | | | Jyeshtha-Vaikasi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|---------------------------------|---------------|--|------------------------------|------------------------|------------------------|---|
| 4 Tuesday, June 6, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Lusaka, Zambia Sun 25 Sutra 50 Hemalamba 5119 |
| Tula Rasi: 14.31 | Tithi 12 – 13 | Gulika 12:06PM – 1:30PM | Svati Until 4:48PM | Ganesh: White | <i>Sunrise:</i> 6:28AM | |
| | | Yama 9:17AM – 10:41AM | Parigha* Until 7:26PM | Muruga: Blue | <i>Sunset:</i> 5:44PM | Moon 5 - Phase 7 |
| | | 365481361 Rahu 2:55PM – 4:19PM | Kaulava Until 9:22PM | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 8:16AM | Moon – Green | | Bhuloka Day |
| Until 4:48PM | | | | Jyeshtha-Vaikasi | | |
| Then Routine Work - Marana Yoga | | | <i>Pradosha Vrata</i> | | | |

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| 5 Wednesday, June 7, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Lusaka, Zambia Sun 26 Sutra 51 Hemalamba 5119 |
| Tula Rasi: 26.29 | Tithi 13 – 14 | Gulika 10:42AM – 12:06PM | Vishakha Until 7:47PM | Ganesh: White | <i>Sunrise:</i> 6:28AM | |
| | | Yama 7:53AM – 9:17AM | Shiva Until 8:17PM | Muruga: Blue | <i>Sunset:</i> 5:44PM | Moon 5 - Phase 7 |
| | | 376481361 Rahu 12:06PM – 1:30PM | Gara Until 11:38PM | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 10:28AM | Moon – Orange | | Devaloka Day |
| | | Vaikasi Visakam | | Jyeshtha-Vaikasi | | |

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| Thursday, June 8, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Lusaka, Zambia Sun 27 Sutra 52 Hemalamba 5119 |
| ○ Copper Retreat Star | | Gulika 9:18AM – 10:42AM | Anuradha Until 10:42PM | Ganesh: White | <i>Sunrise:</i> 6:29AM | |
| Vrischika Rasi: 8.23 | Tithi 14 – 15 | Yama 6:29AM – 7:53AM | Siddha Until 9:11PM | Muruga: Blue | <i>Sunset:</i> 5:44PM | Moon 5 - Phase 7 |
| | | 376481361 Rahu 1:31PM – 2:55PM | Visti Until 1:59AM Fri | Nataraja: White | | Purnima |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 12:47PM | Moon – Orange | | Devaloka Day |
| Until 10:42PM | | | | Jyeshtha-Vaikasi | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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| Friday, June 9, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Lusaka, Zambia Sun 28 Sutra 53 Hemalamba 5119 |
| ○ Silver Retreat Star | | Gulika 7:53AM – 9:18AM | Jyeshtha* Until 1:28AM Sat | Ganesh: White | <i>Sunrise:</i> 6:29AM | |
| Vrischika Rasi: 20.16 | Tithi 15 – 16 | Yama 2:55PM – 4:19PM | Sadhya Until 10:06PM | Muruga: Blue | <i>Sunset:</i> 5:44PM | Moon 5 - Phase 7 |
| | | 376481361 Rahu 10:42AM – 12:06PM | Balava Until 4:20AM Sat | Nataraja: White | | Prathama |
| Routine Work | Marana Yoga | | Purnima* Until 3:08PM | Moon – Orange | | Devaloka Day |
| Until 1:28AM Sat | | | | Jyeshtha-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



Saturday, June 10, 2017

Gold Retreat Star

Dhanus Rasi: 2.09 Tiithi 16 – 17

Creative Work Siddha Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 6:29AM – 7:54AM
Yama 1:31PM – 2:55PM
Rahu 9:18AM – 10:42AM

Mula* Until 4:31AM Sun
Subha Until 11:01PM
Taitila Until 6:38AM Sun
Prathama* Until 5:29PM

Ganesh: Yellow *Sunrise:* 6:29AM
Muruga: Blue *Sunset:* 5:44PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Lusaka, Zambia
Sutra 54
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, June 11, 2017

Dhanus Rasi: 14.04 Tiithi 17

Creative Work Siddha Yoga

Until 7:17AM Mon

Then Routine Work - Marana Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:55PM – 4:20PM
Yama 12:07PM – 1:31PM
Rahu 4:20PM – 5:44PM

Purvashadha* Until 7:17AM Mon
Sukla Until 11:49PM
Taitila Until 6:38AM
Dvitiya Until 7:44PM

Ganesh: Yellow *Sunrise:* 6:30AM
Muruga: Blue *Sunset:* 5:44PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Lusaka, Zambia
Sun 1 Sutra 55
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, June 12, 2017

Dhanus Rasi: 26.01 Tiithi 18

Family Home Evening

Routine Work Marana Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:31PM – 2:56PM
Yama 10:43AM – 12:07PM
Rahu 7:54AM – 9:19AM

Purvashadha* Until 7:17AM
Brahma Until 12:30AM Tue
Vanija Until 8:49AM
Tritiya Until 9:48PM

Ganesh: Yellow *Sunrise:* 6:30AM
Muruga: Blue *Sunset:* 5:44PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Lusaka, Zambia
Sun 2 Sutra 56
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, June 13, 2017

Makara Rasi: 8.03 Tiithi 19

Routine Work Prabalarishta Yoga

Until 9:40AM

Then Creative Work - Siddha Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:07PM – 1:31PM
Yama 9:19AM – 10:43AM
Rahu 2:56PM – 4:20PM

Uttarashadha Until 9:40AM
Indra Until 12:57AM Wed
Bava Until 10:45AM
Chaturthi* Until 11:34PM

Ganesh: Yellow *Sunrise:* 6:30AM
Muruga: Blue *Sunset:* 5:44PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Lusaka, Zambia
Sun 3 Sutra 57
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, June 14, 2017

Makara Rasi: 20.14 Tiithi 20

Creative Work Siddha Yoga

Until 12:03PM

Then Routine Work - Prabalarishta Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:43AM – 12:07PM
Yama 7:55AM – 9:19AM
Rahu 12:07PM – 1:32PM

Shravana Until 12:03PM
Vaidhriti* Until 1:02AM Thu
Kaulava Until 12:20PM
Panchami Until 12:55AM Thu

Ganesh: Yellow *Sunrise:* 6:31AM
Muruga: Blue *Sunset:* 5:44PM
Nataraja: White
Moon – Purple
Jyeshtha-Vaikasi

Lusaka, Zambia
Sun 4 Sutra 58
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

5

Thursday, June 15, 2017

Kumbha Rasi: 3 Tiithi 21

Creative Work Siddha Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:19AM – 10:43AM
Yama 6:31AM – 7:55AM
Rahu 1:32PM – 2:56PM

Dhanishtha Until 1:46PM
Vishkambha* Until 12:41AM Fri
Gara Until 1:25PM
Shashthi* Until 1:43AM Fri

Ganesh: Yellow *Sunrise:* 6:31AM
Muruga: Blue *Sunset:* 5:45PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Lusaka, Zambia
Sun 5 Sutra 59
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

6

Friday, June 16, 2017

Kumbha Rasi: 15.14 Tiithi 22

Creative Work Siddha Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:55AM – 9:19AM
Yama 2:56PM – 4:20PM
Rahu 10:44AM – 12:08PM

Shatabhishak Until 2:44PM
Priti Until 11:50PM
Visti Until 1:52PM
Saptami Until 1:49AM Sat

Ganesh: Yellow *Sunrise:* 6:31AM
Muruga: Blue *Sunset:* 5:45PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Lusaka, Zambia
Sun 6 Sutra 60
Hemalamba 5119
Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

D

Saturday, June 17, 2017

Retreat Star

Kumbha Rasi: 28.11 Tiithi 23

Routine Work Marana Yoga

Until 3:18PM

Then Creative Work - Siddha Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:31AM – 7:56AM
Yama 1:32PM – 2:56PM
Rahu 9:20AM – 10:44AM

Purvaproshtapada* Until 3:18PM
Ayushman Until 10:22PM
Balava Until 1:37PM
Ashtami* Until 1:11AM Sun

Ganesh: Clear *Sunrise:* 6:31AM
Muruga: Blue *Sunset:* 5:45PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Lusaka, Zambia
Sun 7 Sutra 61
Hemalamba 5119
Moon 6 - Phase 8
Ashtami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Sunday, June 18, 2017

Retreat Star

Meena Rasi: 11.33 Tiithi 24

Creative Work Amrita Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:57PM – 4:21PM
Yama 12:08PM – 1:33PM
Rahu 4:21PM – 5:45PM

Uttaraproshtapada Until 2:58PM
Saubhagya Until 8:17PM
Taitila Until 12:35PM
Navami* Until 11:47PM

Ganesh: Clear *Sunrise:* 6:32AM
Muruga: Blue *Sunset:* 5:45PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Lusaka, Zambia
Sun 8 Sutra 62
Hemalamba 5119
Moon 6 - Phase 8
Navami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Father's Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time


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|----------------------------|-------------|------------------------------|-------------------|---|------------------------|------------------------|----------------------------------|--|
| 1 | | Monday, June 19, 2017 | | Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau | | | Lusaka, Zambia Sun 9 Sutra 63 | |
| Meena Rasi: 25.22 | Tithi 25 | Gulika | 1:33PM – 2:57PM | Revati Until 1:44PM | Ganesh: Clear | <i>Sunrise:</i> 6:32AM | Hemalamba 5119 | |
| Family Home Evening | 317481361 | Yama | 10:44AM – 12:09PM | Sobhana Until 5:38PM | Muruga: Blue | <i>Sunset:</i> 5:45PM | Moon 6 - Phase 9 | |
| Creative Work | Siddha Yoga | Rahu | 7:56AM – 9:20AM | Vanija Until 10:49AM | Nataraja: White | | 2nd Phase | |
| | | | | Dashami Until 9:40PM | Moon – Clear | | Bhuloka Day | |
| | | | | | Jyeshtha•Ani | | Devaloka Time: 6:AM to 9:AM | |

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| 2 | | Tuesday, June 20, 2017 | | Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ekadashyam Titau | | | Lusaka, Zambia Sun 10 Sutra 64 | |
| Mesha Rasi: 10 | Tithi 26 | Gulika | 12:09PM – 1:33PM | Ashvini Until 12:09PM | Ganesh: White | <i>Sunrise:</i> 6:32AM | Hemalamba 5119 | |
| | 327481361 | Yama | 9:20AM – 10:45AM | Athiganda* Until 2:26PM | Muruga: Blue | <i>Sunset:</i> 5:45PM | Moon 6 - Phase 9 | |
| Creative Work | Siddha Yoga | Rahu | 2:57PM – 4:21PM | Bava Until 8:23AM | Nataraja: White | | 2nd Phase | |
| | | | | Ekadashi* Until 6:55PM | Moon – White | | Bhuloka Day | |
| | | | | | Jyeshtha•Ani | | | |

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| 3 | | Wednesday, June 21, 2017 | | Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | Lusaka, Zambia Sun 11 Sutra 65 | |
| Mesha Rasi: 24.16 | Tithi 27 – 28 | Gulika | 10:45AM – 12:09PM | Bharani Until 9:52AM | Ganesh: White | <i>Sunrise:</i> 6:32AM | Hemalamba 5119 | |
| | 328581361 | Yama | 7:56AM – 9:21AM | Sukarma Until 10:48AM | Muruga: Blue | <i>Sunset:</i> 5:46PM | Moon 6 - Phase 9 | |
| Creative Work | Siddha Yoga | Rahu | 12:09PM – 1:33PM | Gara Until 1:57AM Thu | Nataraja: White | | 2nd Phase | |
| Until 9:52AM | | | | Dvadashi* Until 3:41PM | Moon – White | | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | <i>Pradosha Vrata (Fasting)</i> | Jyeshtha•Ani | | | |

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| 4 | | Thursday, June 22, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | Lusaka, Zambia Sun 12 Sutra 66 | |
| Vrishabha Rasi: 9.14 | Tithi 28 – 29 | Gulika | 9:21AM – 10:45AM | Krittika Until 7:04AM | Ganesh: White | <i>Sunrise:</i> 6:33AM | Hemalamba 5119 | |
| | 328581361 | Yama | 6:33AM – 7:57AM | Dhriti Until 6:51AM | Muruga: Blue | <i>Sunset:</i> 5:46PM | Moon 6 - Phase 9 | |
| Routine Work | Marana Yoga | Rahu | 1:33PM – 2:58PM | Visti Until 10:15PM | Nataraja: White | | 2nd Phase | |
| | | | | Trayodashi* Until 12:07PM | Moon – White | | Bhuloka Day | |
| | | | | | Jyeshtha•Ani | | | |

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|  | | Friday, June 23, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | Lusaka, Zambia Sun 13 Sutra 67 | |
| Retreat Star | | Gulika | 7:57AM – 9:21AM | Mrigashira Until 1:20AM Sat | Ganesh: Green | <i>Sunrise:</i> 6:33AM | Hemalamba 5119 | |
| Vrishabha Rasi: 24.24 | Tithi 29 – 30 | Yama | 2:58PM – 4:22PM | Ganda* Until 10:30PM | Muruga: Blue | <i>Sunset:</i> 5:46PM | Moon 6 - Phase 9 | |
| | 338581361 | Rahu | 10:45AM – 12:09PM | Catuspada Until 6:28PM | Nataraja: White | | Amavasya | |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 8:21AM | Moon – Yellow | | Bhuloka Day | |
| | | | | | Jyeshtha•Ani | | | |

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| Saturday, June 24, 2017 | | Retreat Star | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau | | | Lusaka, Zambia Sun 14 Sutra 68 | |
| Mithuna Rasi: 10 | Tithi 1 | Gulika | 6:33AM – 7:57AM | Ardra Until 10:22PM | Ganesh: Green | <i>Sunrise:</i> 6:33AM | Hemalamba 5119 | |
| | 338581361 | Yama | 1:34PM – 2:58PM | Vriddhi Until 6:23PM | Muruga: Blue | <i>Sunset:</i> 5:46PM | Moon 6 - Phase 9 | |
| Creative Work | Siddha Yoga | Rahu | 9:21AM – 10:45AM | Kintughna Until 2:44PM | Nataraja: White | | Prathama | |
| | | | | Prathama* Until 12:56AM Sun | Moon – Yellow | | Bhuloka Day | |
| | | | | | Ashada•Ani | | | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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| 1 Sunday, June 25, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Lusaka, Zambia |
| Mithuna Rasi: 24.4 Tithi 2 | | Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Sun 15 Sutra 69 |
| Creative Work Siddha Yoga | 348582361 | Gulika 2:58PM – 4:22PM | Punarvasu Until 7:58PM | Ganesha: White | <i>Sunrise:</i> 6:33AM | Hemalamba 5119 |
| | | Yama 12:10PM – 1:34PM | Dhruva Until 2:29PM | Muruga: Yellow | <i>Sunset:</i> 5:47PM | Moon 6 - Phase 10 |
| | | Rahu 4:22PM – 5:47PM | Balava Until 11:14AM | Nataraja: White | | 3rd Phase |
| | | | Dvitiya Until 9:37PM | Moon – Blue | | |
| | | | | Ashada*Ani | Bhuloka Day | Devaloka Time: 12:PM to 3:PM |

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| 2 Monday, June 26, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Lusaka, Zambia |
| Kataka Rasi: 9.27 Tithi 3 | | Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Sun 16 Sutra 70 |
| Family Home Evening | 348582361 | Gulika 1:34PM – 2:58PM | Pushya Until 5:55PM | Ganesha: White | <i>Sunrise:</i> 6:33AM | Hemalamba 5119 |
| | | Yama 10:46AM – 12:10PM | Vyaghata* Until 10:57AM | Muruga: Yellow | <i>Sunset:</i> 5:47PM | Moon 6 - Phase 10 |
| Creative Work Siddha Yoga | | Rahu 7:57AM – 9:22AM | Taitila Until 8:08AM | Nataraja: White | | 3rd Phase |
| | | | Tritiya Until 6:46PM | Moon – Blue | | |
| | | | | Ashada*Ani | Bhuloka Day | Devaloka Time: 12:PM to 3:PM |

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|---------------------------------|-----------|--|--------------------------------|------------------------|------------------------|-------------------|
| 3 Tuesday, June 27, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Lusaka, Zambia |
| Kataka Rasi: 23.51 Tithi 4 – 5 | | Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Sun 17 Sutra 71 |
| Creative Work Siddha Yoga | 349582361 | Gulika 12:10PM – 1:34PM | Ashlesha* Until 4:20PM | Ganesha: Yellow | <i>Sunrise:</i> 6:33AM | Hemalamba 5119 |
| | | Yama 9:22AM – 10:46AM | Harshana Until 7:54AM | Muruga: Yellow | <i>Sunset:</i> 5:47PM | Moon 6 - Phase 10 |
| | | Rahu 2:59PM – 4:23PM | Bava Until 3:44AM Wed | Nataraja: White | | 3rd Phase |
| | | | Chaturthi* Until 4:33PM | Moon – Blue | | |
| | | | | Ashada*Ani | Devaloka Day | |

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|--|-----------|--|------------------------------|------------------------|------------------------|-------------------|
| 4 Wednesday, June 28, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Lusaka, Zambia |
| Simha Rasi: 7.47 Tithi 5 – 6 | | Magha*/Purvaphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | | | | Sun 18 Sutra 72 |
| Creative Work Siddha Yoga | 359582361 | Gulika 10:46AM – 12:10PM | Magha* Until 3:46PM | Ganesha: White | <i>Sunrise:</i> 6:34AM | Hemalamba 5119 |
| | | Yama 7:58AM – 9:22AM | Siddhi Until 3:33AM Thu | Muruga: Yellow | <i>Sunset:</i> 5:47PM | Moon 6 - Phase 10 |
| Until 3:46PM Then Creative Work - Amrita Yoga | | Rahu 12:10PM – 1:35PM | Kaulava Until 2:39AM Thu | Nataraja: White | | 3rd Phase |
| | | | Panchami Until 3:05PM | Moon – Red | | |
| | | | | Ashada*Ani | Sivaloka Day | |

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|----------------------------------|-----------|---|-----------------------------------|------------------------|------------------------|-------------------|
| 5 Thursday, June 29, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Lusaka, Zambia |
| Simha Rasi: 21.15 Tithi 6 – 7 | | Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Sun 19 Sutra 73 |
| Creative Work Siddha Yoga | 359582361 | Gulika 9:22AM – 10:46AM | Purvaphalguni Until 3:52PM | Ganesha: White | <i>Sunrise:</i> 6:34AM | Hemalamba 5119 |
| | | Yama 6:34AM – 7:58AM | Vyatipata* Until 2:22AM Fri | Muruga: Yellow | <i>Sunset:</i> 5:48PM | Moon 6 - Phase 10 |
| | | Rahu 1:35PM – 2:59PM | Gara Until 2:24AM Fri | Nataraja: White | | 3rd Phase |
| | | | Shashthi* Until 2:24PM | Moon – Red | | |
| | | | | Ashada*Ani | Sivaloka Day | |

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|--|-----------|--|------------------------------------|------------------------|------------------------|-------------------|
| Friday, June 30, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Lusaka, Zambia |
| Kanya Rasi: 4.16 Tithi 7 – 8 | | Uttaraphalguni/Hasta Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Sun 20 Sutra 74 |
| Creative Work Siddha Yoga | 359582361 | Gulika 7:58AM – 9:22AM | Uttaraphalguni Until 4:36PM | Ganesha: White | <i>Sunrise:</i> 6:34AM | Hemalamba 5119 |
| | | Yama 2:59PM – 4:24PM | Variyan Until 1:46AM Sat | Muruga: Yellow | <i>Sunset:</i> 5:48PM | Moon 6 - Phase 10 |
| Until 4:36PM Then Creative Work - Amrita Yoga | | Rahu 10:47AM – 12:11PM | Visti Until 2:55AM Sat | Nataraja: White | | Ashtami |
| | | | Saptami Until 2:32PM | Moon – Red | | |
| | | Chidambaram Abhishekam | | Ashada*Ani | Sivaloka Day | |

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|-------------------------------|-----------|--|------------------------------|------------------------|------------------------|-------------------|
| Saturday, July 1, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Lusaka, Zambia |
| Kanya Rasi: 16.55 Tithi 8 – 9 | | Hasta Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Sun 21 Sutra 75 |
| Routine Work Marana Yoga | 369582361 | Gulika 6:34AM – 7:58AM | Hasta Until 6:22PM | Ganesha: Clear | <i>Sunrise:</i> 6:34AM | Hemalamba 5119 |
| | | Yama 1:35PM – 3:00PM | Parigha* Until 1:44AM Sun | Muruga: Yellow | <i>Sunset:</i> 5:48PM | Moon 6 - Phase 10 |
| | | Rahu 9:23AM – 10:47AM | Balava Until 4:07AM Sun | Nataraja: White | | Navami |
| | | | Ashtami* Until 3:25PM | Moon – Green | | |
| | | | | Ashada*Ani | Devaloka Day | |

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|-------------------------------|--------------|--|-----------------------------|------------------------|------------------------|---|
| 1 Sunday, July 2, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau | | | | Lusaka, Zambia Sun 22 Sutra 76 Hemalamba 5119 |
| Kanya Rasi: 29.17 | Tithi 9 – 10 | Gulika 3:00PM – 4:24PM | Chitra Until 8:32PM | Ganesh: Clear | <i>Sunrise:</i> 6:34AM | |
| | | Yama 12:11PM – 1:36PM | Shiva Until 2:08AM Mon | Muruga: Yellow | <i>Sunset:</i> 5:48PM | Moon 6 - Phase 11 |
| Creative Work | Siddha Yoga | 369582361 Rahu 4:24PM – 5:48PM | Taitila Until 5:50AM Mon | Nataraja: White | | 4th Phase |
| | | | Navami* Until 4:54PM | Moon – Green | | Devaloka Day |

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|---------------------------------|-------------|---|-----------------------------|------------------------|------------------------|---|
| 2 Monday, July 3, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Siddha Yoga Gara Karana Dashmyam Titau | | | | Lusaka, Zambia Sun 23 Sutra 77 Hemalamba 5119 |
| Tula Rasi: 11.25 | Tithi 10 | Gulika 1:36PM – 3:00PM | Svati Until 10:57PM | Ganesh: Clear | <i>Sunrise:</i> 6:34AM | |
| Family Home Evening | | Yama 10:47AM – 12:11PM | Siddha Until 2:48AM Tue | Muruga: Yellow | <i>Sunset:</i> 5:49PM | Moon 6 - Phase 11 |
| Creative Work | Amrita Yoga | 369582361 Rahu 7:59AM – 9:23AM | Gara Until 6:50PM | Nataraja: White | | 4th Phase |
| Until 10:57PM | | | Dashami Until 6:50PM | Moon – Green | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | Ashada*Ani | | |

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|----------------------------------|-------------|--|----------------------------------|------------------------|------------------------|---|
| 3 Tuesday, July 4, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Lusaka, Zambia Sun 24 Sutra 78 Hemalamba 5119 |
| Tula Rasi: 23.25 | Tithi 11 | Gulika 12:12PM – 1:36PM | Vishakha Until 1:57AM Wed | Ganesh: Purple | <i>Sunrise:</i> 6:34AM | |
| | | Yama 9:23AM – 10:47AM | Sadhya Until 3:39AM Wed | Muruga: Yellow | <i>Sunset:</i> 5:49PM | Moon 6 - Phase 11 |
| Routine Work | Marana Yoga | 379582361 Rahu 3:00PM – 4:25PM | Vanija Until 7:56AM | Nataraja: White | | 4th Phase |
| Until 1:57AM Wed | | | Ekadashi Until 9:02PM | Moon – Orange | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Ashada*Ani | | |

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|--|-------------|---|----------------------------------|------------------------|------------------------|---|
| 4 Wednesday, July 5, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau | | | | Lusaka, Zambia Sun 25 Sutra 79 Hemalamba 5119 |
| Vrischika Rasi: 5.2 | Tithi 12 | Gulika 10:47AM – 12:12PM | Anuradha Until 4:53AM Thu | Ganesh: Purple | <i>Sunrise:</i> 6:34AM | |
| | | Yama 7:59AM – 9:23AM | Subha Until 4:36AM Thu | Muruga: Yellow | <i>Sunset:</i> 5:49PM | Moon 6 - Phase 11 |
| Creative Work | Siddha Yoga | 371582361 Rahu 12:12PM – 1:36PM | Bava Until 10:13AM | Nataraja: White | | 4th Phase |
| Until 4:53AM Thu | | | Dvadashi Until 11:22PM | Moon – Orange | | Sivaloka Day |
| Then Routine Work - Prabalarishta Yoga | | | | Ashada*Ani | | |

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|----------------------------------|--------------------|---|------------------------------------|------------------------|------------------------|---|
| 5 Thursday, July 6, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Lusaka, Zambia Sun 26 Sutra 80 Hemalamba 5119 |
| Vrischika Rasi: 17.13 | Tithi 13 | Gulika 9:23AM – 10:48AM | Jyeshtha* Until 7:38AM Fri | Ganesh: Clear | <i>Sunrise:</i> 6:34AM | |
| | | Yama 6:34AM – 7:59AM | Sukla Until 5:30AM Fri | Muruga: Yellow | <i>Sunset:</i> 5:50PM | Moon 6 - Phase 11 |
| Routine Work | Prabalarishta Yoga | 471582361 Rahu 1:36PM – 3:01PM | Kaulava Until 12:35PM | Nataraja: White | | 4th Phase |
| Until 7:38AM Fri | | | Trayodashi Until 1:44AM Fri | Moon – Orange | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata</i> | Ashada*Ani | | |

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|----------------------------------|-------------|--|--------------------------------------|------------------------|------------------------|---|
| 6 Friday, July 7, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Lusaka, Zambia Sun 27 Sutra 81 Hemalamba 5119 |
| Vrischika Rasi: 29.06 | Tithi 14 | Gulika 7:59AM – 9:23AM | Jyeshtha* Until 7:38AM | Ganesh: Clear | <i>Sunrise:</i> 6:34AM | |
| | | Yama 3:01PM – 4:25PM | Brahma Until 6:21AM Sat | Muruga: Yellow | <i>Sunset:</i> 5:50PM | Moon 6 - Phase 11 |
| Routine Work | Marana Yoga | 471582361 Rahu 10:48AM – 12:12PM | Gara Until 2:54PM | Nataraja: White | | 4th Phase |
| Until 7:38AM | | | Chaturdashi* Until 4:00AM Sat | Moon – Orange | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashada*Ani | | |

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|---------------------------------|-------------|--|----------------------------------|------------------------|------------------------|---|
| ○ Saturday, July 8, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnimayam Titau | | | | Lusaka, Zambia Sun 28 Sutra 82 Hemalamba 5119 |
| Copper Retreat Star | | Gulika 6:34AM – 7:59AM | Mula* Until 10:37AM | Ganesh: Purple | <i>Sunrise:</i> 6:34AM | |
| Dhanus Rasi: 11.01 | Tithi 15 | Yama 1:37PM – 3:01PM | Brahma Until 6:21AM | Muruga: Yellow | <i>Sunset:</i> 5:50PM | Moon 6 - Phase 11 |
| Creative Work | Siddha Yoga | 481582361 Rahu 9:23AM – 10:48AM | Visti Until 5:06PM | Nataraja: White | | Purnima |
| | | | Purnima* Until 6:06AM Sun | Moon – Light Blue | | Sivaloka Day |
| | | Satguru Purnima | | Ashada*Ani | | |

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|----------------------------------|---------------|--|----------------------------------|------------------------|------------------------|---|
| Sunday, July 9, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Lusaka, Zambia Sun 29 Sutra 83 Hemalamba 5119 |
| Silver Retreat Star | | Gulika 3:01PM – 4:26PM | Purvashadha* Until 1:15PM | Ganesh: Purple | <i>Sunrise:</i> 6:34AM | |
| Dhanus Rasi: 23.01 | Tithi 15 – 16 | Yama 12:12PM – 1:37PM | Indra Until 7:05AM | Muruga: Yellow | <i>Sunset:</i> 5:51PM | Moon 6 - Phase 11 |
| Creative Work | Siddha Yoga | 481582361 Rahu 4:26PM – 5:51PM | Balava Until 7:05PM | Nataraja: White | | Prathama |
| Until 1:15PM | | | Purnima* Until 6:06AM | Moon – Light Blue | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashada*Ani | | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Monday, July 10, 2017
Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Pratham/Dvitiyayam Titau

Lusaka, Zambia
Sutra 84

Makara Rasi: 5.06 Tihi 16 – 17

Family Home Evening

481582361

Gulika 1:37PM – 3:02PM
Yama 10:48AM – 12:13PM
Rahu 7:59AM – 9:24AM

Uttarashadha Until 3:28PM
Vaidhriti* Until 7:36AM
Taitila Until 8:47PM
Prathama* Until 7:57AM

Ganesha: Purple *Sunrise: 6:34AM*
Muruga: Yellow *Sunset: 5:51PM*
Nataraja: White
Moon – Light Blue
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Routine Work Marana Yoga
Until 3:28PM

Then Creative Work - Amrita Yoga

Sivaloka Day

1

Tuesday, July 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Lusaka, Zambia
Sun 1 Sutra 85

Makara Rasi: 17.19 Tihi 17 – 18

Family Home Evening

491582361

Gulika 12:13PM – 1:37PM
Yama 9:24AM – 10:48AM
Rahu 3:02PM – 4:27PM

Shravana Until 5:41PM
Vishkambha* Until 7:52AM
Vanija Until 10:07PM
Dvitiya Until 9:29AM

Ganesha: Clear *Sunrise: 6:34AM*
Muruga: Yellow *Sunset: 5:51PM*
Nataraja: White
Moon – Purple
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Wednesday, July 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Lusaka, Zambia
Sun 2 Sutra 86

Makara Rasi: 29.42 Tihi 18 – 19

Family Home Evening

491582361

Gulika 10:48AM – 12:13PM
Yama 7:59AM – 9:24AM
Rahu 12:13PM – 1:38PM

Dhanishtha Until 7:20PM
Priti Until 7:52AM
Bava Until 11:02PM
Tritiya Until 10:37AM

Ganesha: Clear *Sunrise: 6:34AM*
Muruga: Yellow *Sunset: 5:51PM*
Nataraja: White
Moon – Purple
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Routine Work Prabalarishta Yoga
Until 7:20PM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Thursday, July 13, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
Sun 3 Sutra 87

Kumbha Rasi: 12.16 Tihi 19 – 20

Family Home Evening

491582361

Gulika 9:24AM – 10:48AM
Yama 6:34AM – 7:59AM
Rahu 1:38PM – 3:02PM

Shatabhishak Until 8:22PM
Ayushman Until 7:29AM
Kaulava Until 11:29PM
Chaturthi* Until 11:18AM

Ganesha: Clear *Sunrise: 6:34AM*
Muruga: Yellow *Sunset: 5:52PM*
Nataraja: White
Moon – Purple
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Friday, July 14, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaprosnthapada* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia
Sun 4 Sutra 88

Kumbha Rasi: 25.05 Tihi 20 – 21

Family Home Evening

411582361

Gulika 7:59AM – 9:24AM
Yama 3:03PM – 4:27PM
Rahu 10:48AM – 12:13PM

Purvaprosnthapada* Until 9:11PM
Saubhagya Until 6:43AM
Gara Until 11:23PM
Panchami Until 11:29AM

Ganesha: Clear *Sunrise: 6:34AM*
Muruga: Yellow *Sunset: 5:52PM*
Nataraja: White
Moon – Clear
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Saturday, July 15, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraprosnthapada Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia
Sun 5 Sutra 89

Meena Rasi: 8.1 Tihi 21 – 22

Family Home Evening

411582361

Gulika 6:34AM – 7:59AM
Yama 1:38PM – 3:03PM
Rahu 9:24AM – 10:49AM

Uttaraprosnthapada Until 9:18PM
Athiganda* Until 3:51AM Sun
Visti Until 10:43PM
Shashthi* Until 11:06AM

Ganesha: Clear *Sunrise: 6:34AM*
Muruga: Yellow *Sunset: 5:52PM*
Nataraja: White
Moon – Clear
Ashada*Ani

Hemalamba 5119
Moon 7 - Phase 12
1st Phase

Creative Work Siddha Yoga

Until 9:18PM

Then Routine Work - Prabalarishta Yoga

Devaloka Day

D

Sunday, July 16, 2017
Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia
Sun 6 Sutra 90

Meena Rasi: 21.33 Tihi 22 – 23

Family Home Evening

412682361

Gulika 3:03PM – 4:28PM
Yama 12:13PM – 1:38PM
Rahu 4:28PM – 5:53PM

Revati Until 8:40PM
Sukarma Until 1:42AM Mon
Balava Until 9:27PM
Saptami Until 10:08AM

Ganesha: Clear *Sunrise: 6:34AM*
Muruga: Yellow *Sunset: 5:53PM*
Nataraja: White
Moon – Clear
Ashada*Adi

Hemalamba 5119
Moon 7 - Phase 12
Ashtami

Creative Work Amrita Yoga

Until 8:40PM

Then Creative Work - Siddha Yoga

Devaloka Day

Monday, July 17, 2017
Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia
Sun 7 Sutra 91

Mesha Rasi: 5.17 Tihi 23 – 24

Family Home Evening

422682362

Gulika 1:38PM – 3:03PM
Yama 10:49AM – 12:13PM
Rahu 7:59AM – 9:24AM

Ashvini Until 7:47PM
Dhriti Until 11:07PM
Taitila Until 7:38PM
Ashtami* Until 8:36AM

Ganesha: White *Sunrise: 6:34AM*
Muruga: Yellow *Sunset: 5:53PM*
Nataraja: Clear
Moon – White
Ashada*Adi

Hemalamba 5119
Moon 7 - Phase 12
Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

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|-----------------------------------|--|---|-----------------------------|-----------------------------|--|-------------------|
| 1 Tuesday, July 18, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Lusaka, Zambia |
| Mesha Rasi: 19.22 Tihi 24 – 25 | | Bharani Nakshatra Shula* Yoga Gara/Visti* Karana Navami/Dashamyam Titau | | | | Sun 8 Sutra 92 |
| Creative Work Siddha Yoga | | Gulika | 12:14PM – 1:38PM | Bharani Until 6:13PM | Ganesha: White <i>Sunrise:</i> 6:34AM | Hemalamba 5119 |
| | | Yama | 9:24AM – 10:49AM | Shula* Until 8:05PM | Muruga: Yellow <i>Sunset:</i> 5:53PM | Moon 7 - Phase 13 |
| | | 422682362 Rahu | 3:03PM – 4:28PM | Visti Until 3:56AM Wed | Nataraja: Clear | 2nd Phase |
| | | | Navami* Until 6:30AM | Moon – White | Subha Sivaloka Day | |
| | | | | Ashada*Adi | | |

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|--|--|---|------------------------------------|------------------------------|--|-------------------|
| 2 Wednesday, July 19, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Lusaka, Zambia |
| Vrishabha Rasi: 3.46 Tihi 26 | | Krittika/Rohini Nakshatra Ganda*Vridhi Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 9 Sutra 93 |
| Creative Work Amrita Yoga Until 4:05PM Then Creative Work - Siddha Yoga | | Gulika | 10:49AM – 12:14PM | Krittika Until 4:05PM | Ganesha: White <i>Sunrise:</i> 6:34AM | Hemalamba 5119 |
| | | Yama | 7:59AM – 9:24AM | Ganda* Until 4:43PM | Muruga: Yellow <i>Sunset:</i> 5:53PM | Moon 7 - Phase 13 |
| | | 422682362 Rahu | 12:14PM – 1:39PM | Bava Until 2:30PM | Nataraja: Clear | 2nd Phase |
| | | | Ekadashi* Until 12:58AM Thu | Moon – White | Subha Sivaloka Day | |
| | | | | Ashada*Adi | | |

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|----------------------------------|--|--|-------------------------------|----------------------------|---|--------------------|
| 3 Thursday, July 20, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Lusaka, Zambia |
| Vrishabha Rasi: 18.27 Tihi 27 | | Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvodashyam Titau | | | | Sun 10 Sutra 94 |
| Routine Work Marana Yoga | | Gulika | 9:24AM – 10:49AM | Rohini Until 1:54PM | Ganesha: Yellow <i>Sunrise:</i> 6:34AM | Hemalamba 5119 |
| | | Yama | 6:34AM – 7:59AM | Vridhi Until 1:06PM | Muruga: Yellow <i>Sunset:</i> 5:54PM | Moon 7 - Phase 13 |
| | | 432682362 Rahu | 1:39PM – 3:04PM | Kaulava Until 11:23AM | Nataraja: Clear | 2nd Phase |
| | | | Dvadashi* Until 9:44PM | Moon – Yellow | Sivaloka Day | |
| | | | | Ashada*Adi | | |

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| 4 Friday, July 21, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Lusaka, Zambia |
| Mithuna Rasi: 3.19 Tihi 28 | | Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 11 Sutra 95 |
| Creative Work Siddha Yoga | | Gulika | 7:58AM – 9:24AM | Mrigashira Until 11:23AM | Ganesha: Yellow <i>Sunrise:</i> 6:33AM | Hemalamba 5119 |
| | | Yama | 3:04PM – 4:29PM | Dhruva Until 9:17AM | Muruga: Yellow <i>Sunset:</i> 5:54PM | Moon 7 - Phase 13 |
| | | 432682362 Rahu | 10:49AM – 12:14PM | Gara Until 8:04AM | Nataraja: Clear | 2nd Phase |
| | | | Trayodashi* Until 6:21PM | Moon – Yellow | Sivaloka Day | |
| | | | | Ashada*Adi | | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | |

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|---|--|---|----------------------------------|----------------------------|---|--------------------|
| ● Saturday, July 22, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Lusaka, Zambia |
| Retreat Star | | Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Sun 12 Sutra 96 |
| Mithuna Rasi: 18.14 Tihi 29 – 30 Creative Work Siddha Yoga | | Gulika | 6:33AM – 7:58AM | Ardra Until 8:41AM | Ganesha: Yellow <i>Sunrise:</i> 6:33AM | Hemalamba 5119 |
| | | Yama | 1:39PM – 3:04PM | Harshana Until 1:40AM Sun | Muruga: Yellow <i>Sunset:</i> 5:54PM | Moon 7 - Phase 13 |
| | | 432682362 Rahu | 9:24AM – 10:49AM | Catuspada Until 1:22AM Sun | Nataraja: Clear | Amavasya |
| | | | Chaturdashi* Until 2:59PM | Moon – Yellow | Sivaloka Day | |
| | | | | Ashada*Adi | | |

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| Sunday, July 23, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Lusaka, Zambia |
| Retreat Star | | Punarvasu/Pushya Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Sun 13 Sutra 97 |
| Kataka Rasi: 3.05 Tihi 30 – 1 Creative Work Siddha Yoga | | Gulika | 3:04PM – 4:29PM | Punarvasu Until 6:23AM | Ganesha: Red <i>Sunrise:</i> 6:33AM | Hemalamba 5119 |
| | | Yama | 12:14PM – 1:39PM | Vajra* Until 10:05PM | Muruga: Yellow <i>Sunset:</i> 5:55PM | Moon 7 - Phase 13 |
| | | 442682362 Rahu | 4:29PM – 5:55PM | Kintughna Until 10:18PM | Nataraja: Clear | Prathama |
| | | | Amavasya* Until 11:47AM | Moon – Blue | Sivaloka Day | |
| | | | | Sravana*Adi | | |

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|---------------------------------|--|--|---|---|---|--|
| Monday, July 24, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Lusaka, Zambia Sun 14 Sutra 98 Hemalamba 5119 |
| 1 | Kataka Rasi: 17.44 Tithi 1 – 2 Family Home Evening Creative Work Siddha Yoga | Gulika 1:39PM – 3:04PM Yama 10:49AM – 12:14PM Rahu 7:58AM – 9:23AM | Ashlesha* Until 2:20AM Tue Siddhi Until 6:49PM Balava Until 7:38PM Prathama* Until 8:53AM | Ganesha: Red Muruga: Yellow Nataraja: Clear Moon – Blue | <i>Sunrise:</i> 6:33AM <i>Sunset:</i> 5:55PM | Sivaloka Day |
| Tuesday, July 25, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau | | | | Lusaka, Zambia Sun 15 Sutra 99 Hemalamba 5119 |
| 2 | Simha Rasi: 2.04 Tithi 2 – 3 Creative Work Siddha Yoga Until 1:20AM Wed Then Creative Work - Amrita Yoga | Gulika 12:14PM – 1:39PM Yama 9:23AM – 10:49AM Rahu 3:05PM – 4:30PM | Magha* Until 1:20AM Wed Vyatipata* Until 4:01PM Gara Until 4:38AM Wed Dvitiya Until 6:28AM | Ganesha: Yellow Muruga: Yellow Nataraja: Clear Moon – Red | <i>Sunrise:</i> 6:33AM <i>Sunset:</i> 5:55PM | Sivaloka Day |
| Wednesday, July 26, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturthayam Titau | | | | Lusaka, Zambia Sun 16 Sutra 100 Hemalamba 5119 |
| 3 | Simha Rasi: 16 Tithi 4 Creative Work Amrita Yoga | Gulika 10:48AM – 12:14PM Yama 7:58AM – 9:23AM Rahu 12:14PM – 1:39PM | Purvaphalguni Until 12:52AM Thu Variyan Until 1:43PM Vanija Until 4:00PM Chaturthi* Until 3:31AM Thu | Ganesha: Yellow Muruga: Yellow Nataraja: Clear Moon – Red | <i>Sunrise:</i> 6:32AM <i>Sunset:</i> 5:55PM | Sivaloka Day |
| Thursday, July 27, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Panchamyam Titau | | | | Lusaka, Zambia Sun 17 Sutra 101 Hemalamba 5119 |
| 4 | Simha Rasi: 29.31 Tithi 5 Amrita Yoga | Gulika 9:23AM – 10:48AM Yama 6:32AM – 7:58AM Rahu 1:39PM – 3:05PM | Uttaraphalguni Until 1:00AM Fri Parigha* Until 12:02PM Bava Until 3:16PM Panchami Until 3:10AM Fri | Ganesha: Yellow Muruga: Blue Nataraja: Clear Moon – Red | <i>Sunrise:</i> 6:32AM <i>Sunset:</i> 5:56PM | Devaloka Day |
| Friday, July 28, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Lusaka, Zambia Sun 18 Sutra 102 Hemalamba 5119 |
| 5 | Kanya Rasi: 13 Tithi 6 Creative Work Amrita Yoga Until 2:12AM Sat Then Routine Work - Marana Yoga | Gulika 7:53AM – 9:23AM Yama 3:05PM – 4:30PM Rahu 10:48AM – 12:14PM | Hasta Until 2:12AM Sat Shiva Until 10:59AM Kaulava Until 3:18PM Shashthi* Until 3:35AM Sat | Ganesha: White Muruga: Blue Nataraja: Clear Moon – Green | <i>Sunrise:</i> 6:32AM <i>Sunset:</i> 5:56PM | Sivaloka Day |
| Saturday, July 29, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau | | | | Lusaka, Zambia Sun 19 Sutra 103 Hemalamba 5119 |
| 6 | Kanya Rasi: 25.19 Tithi 7 Routine Work Marana Yoga Until 3:56AM Sun Then Creative Work - Siddha Yoga | Gulika 6:31AM – 7:57AM Yama 1:39PM – 3:05PM Rahu 9:23AM – 10:48AM | Chitra Until 3:56AM Sun Siddha Until 10:30AM Gara Until 4:05PM Saptami Until 4:42AM Sun | Ganesha: Clear Muruga: Blue Nataraja: Clear Moon – Green | <i>Sunrise:</i> 6:31AM <i>Sunset:</i> 5:56PM | Devaloka Day |
| Sunday, July 30, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Lusaka, Zambia Sun 20 Sutra 104 Hemalamba 5119 |
| Retreat Star | Tula Rasi: 7.43 Tithi 8 Creative Work Siddha Yoga Until 6:03AM Mon Then Routine Work - Marana Yoga | Gulika 3:05PM – 4:31PM Yama 12:14PM – 1:39PM Rahu 4:31PM – 5:56PM | Svati Until 6:03AM Mon Sadhya Until 10:33AM Visti Until 5:30PM Ashtami* Until 6:23AM Mon | Ganesha: Clear Muruga: Blue Nataraja: Clear Moon – Green | <i>Sunrise:</i> 6:31AM <i>Sunset:</i> 5:56PM | Devaloka Day |
| Monday, July 31, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Lusaka, Zambia Sun 21 Sutra 105 Hemalamba 5119 |
| Retreat Star | Tula Rasi: 19.53 Tithi 8 – 9 Family Home Evening Creative Work Amrita Yoga Until 6:03AM Then Routine Work - Marana Yoga | Gulika 1:40PM – 3:05PM Yama 10:48AM – 12:14PM Rahu 7:57AM – 9:22AM | Svati Until 6:03AM Subha Until 11:01AM Balava Until 7:24PM Ashtami* Until 6:23AM | Ganesha: Clear Muruga: Blue Nataraja: Clear Moon – Green | <i>Sunrise:</i> 6:31AM <i>Sunset:</i> 5:57PM | Devaloka Day |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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| 1 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau | | | | Lusaka, Zambia Sun 22 Sutra 106 Hemalamba 5119 | |
| Vrischika Rasi: 1.53 | Tithi 9 – 10 | Gulika Yama 473692362 | 12:14PM – 1:40PM 9:22AM – 10:48AM Rahu 3:05PM – 4:31PM | Vishakha Until 8:53AM Sukla Until 11:44AM Taitila Until 9:37PM Navami* Until 8:27AM | Ganesh: Purple Muruga: Blue Nataraja: Clear Moon – Orange Sravana-Adi | Sunrise: 6:30AM Sunset: 5:57PM | Moon 7 - Phase 15 4th Phase |
| Routine Work Marana Yoga Until 8:53AM Then Creative Work - Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | |

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| 2 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Lusaka, Zambia Sun 23 Sutra 107 Hemalamba 5119 | |
| Vrischika Rasi: 13.48 | Tithi 10 – 11 | Gulika Yama 473692362 | 10:48AM – 12:14PM 7:56AM – 9:22AM Rahu 12:14PM – 1:40PM | Anuradha Until 11:46AM Brahma Until 12:37PM Vanija Until 11:57PM Dashami Until 10:45AM | Ganesh: Purple Muruga: Blue Nataraja: Clear Moon – Orange Sravana-Adi | Sunrise: 6:30AM Sunset: 5:57PM | Moon 7 - Phase 15 4th Phase |
| Creative Work Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | |

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| 3 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Lusaka, Zambia Sun 24 Sutra 108 Hemalamba 5119 | |
| Vrischika Rasi: 25.41 | Tithi 11 – 12 | Gulika Yama 473692362 | 9:22AM – 10:48AM 6:30AM – 7:56AM Rahu 1:40PM – 3:05PM | Jyeshtha* Until 2:30PM Indra Until 1:33PM Bava Until 2:16AM Fri Ekadashi Until 1:06PM | Ganesh: Purple Muruga: Blue Nataraja: Clear Moon – Orange Sravana-Adi | Sunrise: 6:30AM Sunset: 5:57PM | Moon 7 - Phase 15 4th Phase |
| Routine Work Prabalarishta Yoga Until 2:30PM Then Creative Work - Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | |

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| 4 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Lusaka, Zambia Sun 25 Sutra 109 Hemalamba 5119 | |
| Dhanus Rasi: 8 | Tithi 12 – 13 | Gulika Yama 483692362 | 7:55AM – 9:21AM 3:06PM – 4:32PM Rahu 10:47AM – 12:13PM | Mula* Until 5:29PM Vaidhriti* Until 2:21PM Kaulava Until 4:24AM Sat Dvadashi Until 3:20PM | Ganesh: Clear Muruga: Blue Nataraja: Clear Moon – Light Blue Sravana-Adi | Sunrise: 6:29AM Sunset: 5:58PM | Moon 7 - Phase 15 4th Phase |
| Creative Work Amrita Yoga Until 5:29PM Then Routine Work - Prabalarishta Yoga | | Varalakshmi Vratam | | Pradosha Vrata | | Devaloka Day | |

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| 5 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Lusaka, Zambia Sun 26 Sutra 110 Hemalamba 5119 | |
| Dhanus Rasi: 19.35 | Tithi 13 – 14 | Gulika Yama 483692362 | 6:29AM – 7:55AM 1:40PM – 3:06PM Rahu 9:21AM – 10:47AM | Purvashadha* Until 8:02PM Vishkambha* Until 3:00PM Gara Until 6:14AM Sun Trayodashi Until 5:20PM | Ganesh: Clear Muruga: Blue Nataraja: Clear Moon – Light Blue Sravana-Adi | Sunrise: 6:29AM Sunset: 5:58PM | Moon 7 - Phase 15 4th Phase |
| Creative Work Siddha Yoga Until 8:02PM Then Routine Work - Marana Yoga | | | | | | Devaloka Day | |

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| 6 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Lusaka, Zambia Sun 27 Sutra 111 Hemalamba 5119 | |
| Makara Rasi: 1.42 | Tithi 14 | Gulika Yama 483692362 | 3:06PM – 4:32PM 12:13PM – 1:39PM Rahu 4:32PM – 5:58PM | Uttarashadha Until 10:06PM Priti Until 3:24PM Gara Until 6:14AM Chaturdashi* Until 6:59PM | Ganesh: Clear Muruga: Blue Nataraja: Clear Moon – Light Blue Sravana-Adi | Sunrise: 6:29AM Sunset: 5:58PM | Moon 7 - Phase 15 4th Phase |
| Creative Work Amrita Yoga | | | | | | Devaloka Day | |

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| Monday, August 7, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau | | | | Lusaka, Zambia Sutra 112 Hemalamba 5119 | |
| Copper Retreat Star | | Gulika Yama 493692362 | 1:39PM – 3:06PM 10:47AM – 12:13PM Rahu 7:54AM – 9:21AM | Shravana Until 12:03AM Tue Ayushman Until 3:27PM Visti Until 7:41AM Purnima* Until 8:13PM | Ganesh: White Muruga: Blue Nataraja: Clear Moon – Purple Sravana-Adi | Sunrise: 6:28AM Sunset: 5:58PM | Moon 7 - Phase 15 Purnima |
| Makara Rasi: 13.58 Tithi 15 Family Home Evening Creative Work Amrita Yoga Until 12:03AM Tue Then Creative Work - Siddha Yoga | | Partial Lunar Eclipse | | | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | |

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| Tuesday, August 8, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Lusaka, Zambia Sutra 113 Hemalamba 5119 | |
| Silver Retreat Star | | Gulika Yama 493692362 | 12:13PM – 1:39PM 9:20AM – 10:47AM Rahu 3:06PM – 4:32PM | Dhanishtha Until 1:24AM Wed Saubhagya Until 3:09PM Balava Until 8:41AM Prathama* Until 8:59PM | Ganesh: White Muruga: Blue Nataraja: Clear Moon – Purple Sravana-Adi | Sunrise: 6:28AM Sunset: 5:58PM | Moon 7 - Phase 15 Prathama |
| Makara Rasi: 26.26 Tithi 16 Creative Work Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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Wednesday, August 9, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Lusaka, Zambia

Kumbha Rasi: 9.06 Tihti 17

Gulika 10:46AM - 12:13PM
Yama 7:54AM - 9:20AM
Rahu 12:13PM - 1:39PM

Shatabhishak Until 2:07AM Thu
Sobhana Until 2:29PM
Taitila Until 9:12AM
Dvitiya Until 9:16PM

Ganesh: White Sunrise: 6:27AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - Purple
Sravana-Adi

Sun 1 Sutra 114
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Thursday, August 10, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Lusaka, Zambia

Kumbha Rasi: 22.01 Tihti 18

Gulika 9:20AM - 10:46AM
Yama 6:27AM - 7:53AM
Rahu 1:39PM - 3:06PM

Purvaproshtapada* Until 2:42AM Fri
Athiganda* Until 1:26PM
Vanija Until 9:15AM
Tritiya Until 9:05PM

Ganesh: Clear Sunrise: 6:27AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - Clear
Sravana-Adi

Sun 2 Sutra 115
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Friday, August 11, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Lusaka, Zambia

Meena Rasi: 5.08 Tihti 19

Gulika 7:53AM - 9:19AM
Yama 3:06PM - 4:32PM
Rahu 10:46AM - 12:13PM

Uttaraproshtapada* Until 2:42AM Sat
Sukarma Until 12:02PM
Bava Until 8:51AM
Chaturthi* Until 8:28PM

Ganesh: Clear Sunrise: 6:26AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - Clear
Sravana-Adi

Sun 3 Sutra 116
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 2:42AM Sat
Then Routine Work - Prabalarishta Yoga

Saturday, August 12, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Lusaka, Zambia

Meena Rasi: 18.31 Tihti 20

Gulika 6:26AM - 7:52AM
Yama 1:39PM - 3:06PM
Rahu 9:19AM - 10:46AM

Revati Until 2:09AM Sun
Dhriti Until 10:18AM
Kaulava Until 8:01AM
Panchami Until 7:26PM

Ganesh: Purple Sunrise: 6:26AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - Clear
Sravana-Adi

Sun 4 Sutra 117
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Prabalarishta Yoga

Until 2:09AM Sun
Then Creative Work - Siddha Yoga

Sunday, August 13, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Lusaka, Zambia

Mesha Rasi: 2.06 Tihti 21

Gulika 3:06PM - 4:33PM
Yama 12:12PM - 1:39PM
Rahu 4:33PM - 5:59PM

Ashvini Until 1:32AM Mon
Shula* Until 8:14AM
Gara Until 6:47AM
Shashthi* Until 6:01PM

Ganesh: Clear Sunrise: 6:25AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - White
Sravana-Adi

Sun 5 Sutra 118
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Monday, August 14, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Lusaka, Zambia

Mesha Rasi: 15.55 Tihti 22 - 23

Gulika 1:39PM - 3:06PM
Yama 10:45AM - 12:12PM
Rahu 7:52AM - 9:18AM

Bharani Until 12:26AM Tue
Vridhhi Until 3:17AM Tue
Balava Until 3:17AM Tue
Saptami Until 4:16PM

Ganesh: Clear Sunrise: 6:25AM
Muruga: Blue Sunset: 6:00PM
Nataraja: Clear
Moon - White
Sravana-Adi

Sun 6 Sutra 119
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, August 15, 2017

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Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Lusaka, Zambia

Mesha Rasi: 29.56 Tihti 23 - 24

Gulika 12:12PM - 1:39PM
Yama 9:18AM - 10:45AM
Rahu 3:06PM - 4:33PM

Krittika Until 10:53PM
Dhruva Until 12:25AM Wed
Taitila Until 1:04AM Wed
Ashtami* Until 2:12PM

Ganesh: Clear Sunrise: 6:24AM
Muruga: Blue Sunset: 6:00PM
Nataraja: Clear
Moon - White
Sravana-Adi

Sun 7 Sutra 120
Hemalamba 5119
Moon 8 - Phase 16
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 10:53PM

Then Creative Work - Amrita Yoga

Krishna Janmashtami

Wednesday, August 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam

Lusaka, Zambia

Vrishabha Rasi: 14.08 Tihti 24 - 25

Gulika 10:45AM - 12:12PM
Yama 7:51AM - 9:18AM
Rahu 12:12PM - 1:39PM

Rohini Until 9:22PM
Vyaghata* Until 9:21PM
Vanija Until 10:37PM
Navami* Until 11:51AM

Ganesh: White Sunrise: 6:24AM
Muruga: Blue Sunset: 6:00PM
Nataraja: Clear
Moon - Yellow
Sravana-Avani

Sun 8 Sutra 121
Hemalamba 5119
Moon 8 - Phase 16
Navami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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| 1 Thursday, August 17, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Lusaka, Zambia | |
| Mrigashira Nakshatra Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Sun 9 Sutra 122 | | | | Hemalamba 5119 | |
| 534792362 | | Gulika 9:17AM – 10:44AM | Mrigashira Until 7:32PM | Ganesha: Clear | <i>Sunrise:</i> 6:23AM | | |
| Vrishabha Rasi: 28.3 Tihi 25 – 26 | | Yama 6:23AM – 7:50AM | Harshana Until 6:08PM | Muruga: Blue | <i>Sunset:</i> 6:00PM | Moon 8 - Phase 17 | |
| Routine Work Marana Yoga | | Rahu 1:39PM – 3:06PM | Bava Until 7:59PM | Nataraja: Clear | | | 2nd Phase |
| | | | Dashami Until 9:18AM | Moon – Yellow | | | Devaloka Day |
| | | | | Sravana-Avani | | | |

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| 2 Friday, August 18, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Lusaka, Zambia | |
| Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau | | Sun 10 Sutra 123 | | | | Hemalamba 5119 | |
| 534792362 | | Gulika 7:50AM – 9:17AM | Ardra Until 5:28PM | Ganesha: Clear | <i>Sunrise:</i> 6:22AM | | |
| Mithuna Rasi: 12.59 Tihi 26 – 27 | | Yama 3:06PM – 4:33PM | Vajra* Until 2:49PM | Muruga: Blue | <i>Sunset:</i> 6:00PM | Moon 8 - Phase 17 | |
| Creative Work Siddha Yoga | | Rahu 10:44AM – 12:11PM | Taitila Until 3:51AM Sat | Nataraja: Clear | | | 2nd Phase |
| | | | Ekadashi* Until 6:36AM | Moon – Yellow | | | Devaloka Day |
| | | | | Sravana-Avani | | | |

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| 3 Saturday, August 19, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Lusaka, Zambia | |
| Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau | | Sun 11 Sutra 124 | | | | Hemalamba 5119 | |
| 544792362 | | Gulika 6:22AM – 7:49AM | Punarvasu Until 3:40PM | Ganesha: White | <i>Sunrise:</i> 6:22AM | | |
| Mithuna Rasi: 27.29 Tihi 28 | | Yama 1:38PM – 3:06PM | Siddhi Until 11:31AM | Muruga: Blue | <i>Sunset:</i> 6:00PM | Moon 8 - Phase 17 | |
| Creative Work Siddha Yoga | | Rahu 9:16AM – 10:44AM | Gara Until 2:31PM | Nataraja: Clear | | | 2nd Phase |
| | | | Trayodashi* Until 1:10AM Sun | Moon – Blue | | | Bhuloka Day |
| | | | <i>Pradosha Vrata (Fasting)</i> | Sravana-Avani | | | Devaloka Time: 6:PM to 9:PM |

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| 4 Sunday, August 20, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Lusaka, Zambia | |
| Pushya/Ashlesha* Nakshatra Vyalipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Sun 12 Sutra 125 | | | | Hemalamba 5119 | |
| 544792362 | | Gulika 3:06PM – 4:33PM | Pushya Until 1:52PM | Ganesha: White | <i>Sunrise:</i> 6:21AM | | |
| Kataka Rasi: 11.56 Tihi 29 | | Yama 12:11PM – 1:38PM | Vyatipata* Until 8:18AM | Muruga: Blue | <i>Sunset:</i> 6:00PM | Moon 8 - Phase 17 | |
| Creative Work Siddha Yoga | | Rahu 4:33PM – 6:00PM | Visti Until 11:55AM | Nataraja: Clear | | | 2nd Phase |
| | | | Chaturdashi* Until 10:40PM | Moon – Blue | | | Bhuloka Day |
| | | | | Sravana-Avani | | | Devaloka Time: 6:PM to 9:PM |

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| Monday, August 21, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Lusaka, Zambia | |
| Retreat Star | | Ashlesha*/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Sun 13 Sutra 126 | | Hemalamba 5119 | |
| 544792362 | | Gulika 1:38PM – 3:06PM | Ashlesha* Until 12:10PM | Ganesha: White | <i>Sunrise:</i> 6:21AM | | |
| Kataka Rasi: 26.16 Tihi 30 | | Yama 10:43AM – 12:11PM | Parigha* Until 2:29AM Tue | Muruga: Blue | <i>Sunset:</i> 6:01PM | Moon 8 - Phase 17 | |
| Family Home Evening | | Rahu 7:48AM – 9:16AM | Catuspada Until 9:33AM | Nataraja: Clear | | | Amavasya |
| Creative Work Siddha Yoga | | | Amavasya* Until 8:29PM | Moon – Blue | | | Bhuloka Day |
| Until 12:10PM | | Total Solar Eclipse | | Sravana-Avani | | | Devaloka Time: 6:PM to 9:PM |
| Then Routine Work - Marana Yoga | | | | | | | |

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| Tuesday, August 22, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Lusaka, Zambia | |
| Retreat Star | | Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau | | Sun 14 Sutra 127 | | Hemalamba 5119 | |
| 544792362 | | Gulika 12:10PM – 1:38PM | Magha* Until 11:09AM | Ganesha: Green | <i>Sunrise:</i> 6:20AM | | |
| Simha Rasi: 10.2 Tihi 1 | | Yama 9:15AM – 10:43AM | Shiva Until 12:07AM Wed | Muruga: Blue | <i>Sunset:</i> 6:01PM | Moon 8 - Phase 17 | |
| Creative Work Siddha Yoga | | Rahu 3:06PM – 4:33PM | Kintughna Until 7:33AM | Nataraja: Clear | | | Prathama |
| | | | Prathama* Until 6:43PM | Moon – Red | | | Bhuloka Day |
| | | | | Bhadrapada-Avani | | | Devaloka Time: 6:PM to 9:PM |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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| 1 | | Wednesday, August 23, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Taitila Karana Dvitiya/Tritiyam Titau | | Lusaka, Zambia Sun 15 Sutra 128 Hemalamba 5119 | |
| Simha Rasi: 24.07 | Tithi 2 – 3 | Gulika | 10:42AM – 12:10PM | Purvaphalguni Until 10:30AM | Ganesh: Green | <i>Sunrise:</i> 6:19AM | | | |
| | | Yama | 7:47AM – 9:15AM | Siddha Until 10:11PM | Muruga: Blue | <i>Sunset:</i> 6:01PM | Moon 8 - Phase 18 | | |
| Creative Work | Amrita Yoga | 554792362 | Rahu | 12:10PM – 1:38PM | Nataraja: Clear | | 3rd Phase | | |
| | | | | Balava Until 6:03AM | Moon – Red | | Bhuloka Day | | |
| | | | | Dvitiya Until 5:30PM | Bhadrapada-Avani | | Devaloka Time: 6:PM to 9:PM | | |

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| 2 | | Thursday, August 24, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | Lusaka, Zambia Sun 16 Sutra 129 Hemalamba 5119 | |
| Kanya Rasi: 7.32 | Tithi 3 – 4 | Gulika | 9:14AM – 10:42AM | Uttaraphalguni Until 10:18AM | Ganesh: Green | <i>Sunrise:</i> 6:18AM | | | |
| | | Yama | 6:19AM – 7:46AM | Sadhya Until 8:47PM | Muruga: Blue | <i>Sunset:</i> 6:01PM | Moon 8 - Phase 18 | | |
| | | 554792362 | Rahu | 1:38PM – 3:05PM | Nataraja: Clear | | 3rd Phase | | |
| | Amrita Yoga | | | Vanija Until 4:55AM Fri | Moon – Red | | Bhuloka Day | | |
| Until 10:18AM | | | | Tritiya Until 4:56PM | Bhadrapada-Avani | | Devaloka Time: 6:PM to 9:PM | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 3 | | Friday, August 25, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Lusaka, Zambia Sun 17 Sutra 130 Hemalamba 5119 | |
| Kanya Rasi: 20.36 | Tithi 4 – 5 | Gulika | 7:46AM – 9:14AM | Hasta Until 11:04AM | Ganesh: Clear | <i>Sunrise:</i> 6:18AM | | | |
| | | Yama | 3:05PM – 4:33PM | Subha Until 7:57PM | Muruga: Blue | <i>Sunset:</i> 6:01PM | Moon 8 - Phase 18 | | |
| | | 554792362 | Rahu | 10:42AM – 12:10PM | Nataraja: Clear | | 3rd Phase | | |
| Creative Work | Amrita Yoga | | | Bava Until 5:23AM Sat | Moon – Green | | Devaloka Day | | |
| Until 11:04AM | | | | Chaturthi* Until 5:03PM | Bhadrapada-Avani | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Saturday, August 26, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Lusaka, Zambia Sun 18 Sutra 131 Hemalamba 5119 | |
| Tula Rasi: 3.2 | Tithi 5 – 6 | Gulika | 6:17AM – 7:45AM | Chitra Until 12:22PM | Ganesh: Clear | <i>Sunrise:</i> 6:17AM | | | |
| | | Yama | 1:37PM – 3:05PM | Sukla Until 7:37PM | Muruga: Blue | <i>Sunset:</i> 6:01PM | Moon 8 - Phase 18 | | |
| | | 554792362 | Rahu | 9:13AM – 10:41AM | Nataraja: Clear | | 3rd Phase | | |
| Routine Work | Marana Yoga | | | Kaulava Until 6:30AM Sun | Moon – Green | | Devaloka Day | | |
| Until 12:22PM | | | | Panchami Until 5:51PM | Bhadrapada-Avani | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 5 | | Sunday, August 27, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau | | Lusaka, Zambia Sun 19 Sutra 132 Hemalamba 5119 | |
| Tula Rasi: 15.46 | Tithi 6 | Gulika | 3:05PM – 4:33PM | Svati Until 2:07PM | Ganesh: Clear | <i>Sunrise:</i> 6:17AM | | | |
| | | Yama | 12:09PM – 1:37PM | Brahma Until 7:46PM | Muruga: Blue | <i>Sunset:</i> 6:01PM | Moon 8 - Phase 18 | | |
| | | 554792362 | Rahu | 4:33PM – 6:01PM | Nataraja: Clear | | 3rd Phase | | |
| Creative Work | Siddha Yoga | | | Kaulava Until 6:30AM | Moon – Green | | Devaloka Day | | |
| Until 2:07PM | | | | Shashthi* Until 7:16PM | Bhadrapada-Avani | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 6 | | Monday, August 28, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau | | Lusaka, Zambia Sun 20 Sutra 133 Hemalamba 5119 | |
| Tula Rasi: 27.57 | Tithi 7 | Gulika | 1:37PM – 3:05PM | Vishakha Until 4:42PM | Ganesh: Purple | <i>Sunrise:</i> 6:16AM | | | |
| Family Home Evening | | Yama | 10:41AM – 12:09PM | Indra Until 8:18PM | Muruga: Blue | <i>Sunset:</i> 6:01PM | Moon 8 - Phase 18 | | |
| | | 575792363 | Rahu | 7:44AM – 9:12AM | Nataraja: Purple | | 3rd Phase | | |
| Routine Work | Marana Yoga | | | Gara Until 8:11AM | Moon – Orange | | Devaloka Day | | |
| Until 4:42PM | | | | Saptami Until 9:10PM | Bhadrapada-Avani | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| Retreat Star | | Tuesday, August 29, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau | | Lusaka, Zambia Sun 21 Sutra 134 Hemalamba 5119 | |
| Vrischika Rasi: 9.58 | Tithi 8 | Gulika | 12:08PM – 1:37PM | Anuradha Until 7:27PM | Ganesh: Purple | <i>Sunrise:</i> 6:15AM | | | |
| | | Yama | 9:12AM – 10:40AM | Vaidhriti* Until 9:04PM | Muruga: Blue | <i>Sunset:</i> 6:02PM | Moon 8 - Phase 18 | | |
| | | 575792363 | Rahu | 3:05PM – 4:33PM | Nataraja: Purple | | Ashtami | | |
| Creative Work | Siddha Yoga | | | Visti Until 10:17AM | Moon – Orange | | Devaloka Day | | |
| Until 7:27PM | | | | Ashtami* Until 11:24PM | Bhadrapada-Avani | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| Retreat Star | | Wednesday, August 30, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau | | Lusaka, Zambia Sun 22 Sutra 135 Hemalamba 5119 | |
| Vrischika Rasi: 21.53 | Tithi 9 | Gulika | 10:40AM – 12:08PM | Jyeshtha* Until 10:11PM | Ganesh: Purple | <i>Sunrise:</i> 6:15AM | | | |
| | | Yama | 7:43AM – 9:11AM | Vishkambha* Until 9:57PM | Muruga: Blue | <i>Sunset:</i> 6:02PM | Moon 8 - Phase 18 | | |
| | | 575792363 | Rahu | 12:08PM – 1:37PM | Nataraja: Purple | | Navami | | |
| Creative Work | Siddha Yoga | | | Balava Until 12:36PM | Moon – Orange | | Devaloka Day | | |
| Until 10:11PM | | | | Navami* Until 1:46AM Thu | Bhadrapada-Avani | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

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| 1 | Thursday, August 31, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Priti Yoga Tailila/Gara Karana Dashamyam Titau | | | | Lusaka, Zambia Sun 23 Sutra 136 | |
| | Dhanus Rasi: 3.47 | Tithi 10 | Gulika Yama 585792363 | 9:11AM – 10:39AM 6:14AM – 7:42AM Rahu 1:36PM – 3:05PM | Mula* Until 1:13AM Fri Priti Until 10:49PM Tailila Until 2:57PM Dashami Until 4:04AM Fri | Ganesh: Clear Muruga: Blue Nataraja: Purple Moon – Light Blue Bhadrapada-Avani | Sunrise: 6:14AM Sunset: 6:02PM | Hemalamba 5119 Moon 8 - Phase 19 4th Phase Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Creative Work Siddha Yoga Until 1:13AM Fri Then Routine Work - Prabalarishta Yoga | | | | | | | | |

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| 2 | Friday, September 1, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Vanija/Visli* Karana Ekadashyam Titau | | | | Lusaka, Zambia Sun 24 Sutra 137 | |
| | Dhanus Rasi: 15.43 | Tithi 11 | Gulika Yama 585792363 | 7:42AM – 9:10AM 3:05PM – 4:33PM Rahu 10:39AM – 12:08PM | Purvashadha* Until 3:51AM Sat Ayushman Until 11:29PM Vanija Until 5:09PM Ekadashi Until 6:06AM Sat | Ganesh: Clear Muruga: Blue Nataraja: Purple Moon – Light Blue Bhadrapada-Avani | Sunrise: 6:13AM Sunset: 6:02PM | Hemalamba 5119 Moon 8 - Phase 19 4th Phase Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Routine Work Prabalarishta Yoga Until 3:51AM Sat Then Routine Work - Marana Yoga | | | | | | | | |

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| 3 | Saturday, September 2, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Saubhagya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Lusaka, Zambia Sun 25 Sutra 138 | |
| | Dhanus Rasi: 27.44 | Tithi 11 – 12 | Gulika Yama 585792363 | 6:13AM – 7:41AM 1:36PM – 3:05PM Rahu 9:10AM – 10:39AM | Uttarashadha Until 5:55AM Sun Saubhagya Until 11:52PM Bava Until 6:59PM Ekadashi Until 6:06AM | Ganesh: Clear Muruga: Blue Nataraja: Purple Moon – Light Blue Bhadrapada-Avani | Sunrise: 6:13AM Sunset: 6:02PM | Hemalamba 5119 Moon 8 - Phase 19 4th Phase Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Routine Work Marana Yoga Until 5:55AM Sun Then Creative Work - Amrita Yoga | | | | | | | | |

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| 4 | Sunday, September 3, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Lusaka, Zambia Sun 26 Sutra 139 | |
| | Makara Rasi: 9.57 | Tithi 12 – 13 | Gulika Yama 586792363 | 3:04PM – 4:33PM 12:07PM – 1:36PM Rahu 4:33PM – 6:02PM | Shravana Until 7:48AM Mon Sobhana Until 11:52PM Kaulava Until 8:20PM Dvadashi Until 7:43AM <i>Pradosha Vrata</i> | Ganesh: White Muruga: Blue Nataraja: Purple Moon – Light Blue Bhadrapada-Avani | Sunrise: 6:12AM Sunset: 6:02PM | Hemalamba 5119 Moon 8 - Phase 19 4th Phase Bhuloka Day |
| Creative Work Amrita Yoga Until 7:48AM Mon Then Creative Work - Siddha Yoga | | | | | | | | |

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| 5 | Monday, September 4, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Lusaka, Zambia Sun 27 Sutra 140 | |
| | Makara Rasi: 22.23 | Tithi 13 – 14 | Gulika Yama 596892363 | 1:35PM – 3:04PM 10:38AM – 12:07PM Rahu 7:40AM – 9:09AM | Shravana Until 7:48AM Athiganda* Until 11:23PM Gara Until 9:06PM Trayodashi Until 8:47AM | Ganesh: White Muruga: Blue Nataraja: Purple Moon – Purple Bhadrapada-Avani | Sunrise: 6:11AM Sunset: 6:02PM | Hemalamba 5119 Moon 8 - Phase 19 4th Phase Devaloka Day |
| Creative Work Amrita Yoga Until 7:48AM Then Creative Work - Siddha Yoga | | | | | | | | |

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| ○ | Tuesday, September 5, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau | | | | Lusaka, Zambia Sun 27 Sutra 141 | |
| | Copper Retreat Star | | Gulika Yama 596892363 | 12:06PM – 1:35PM 9:08AM – 10:37AM Rahu 3:04PM – 4:33PM | Dhanishtha Until 8:56AM Sukarma Until 10:26PM Visti Until 9:16PM Chaturdashi* Until 9:14AM | Ganesh: White Muruga: Blue Nataraja: Purple Moon – Purple Bhadrapada-Avani | Sunrise: 6:10AM Sunset: 6:02PM | Hemalamba 5119 Moon 8 - Phase 19 Purnima Devaloka Day |
| Creative Work Siddha Yoga Until 8:56AM Then Routine Work - Marana Yoga | | | | | | | | |

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| ○ | Wednesday, September 6, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Lusaka, Zambia Sun 28 Sutra 142 | |
| | Silver Retreat Star | | Gulika Yama 596892363 | 10:37AM – 12:06PM 7:39AM – 9:08AM Rahu 12:06PM – 1:35PM | Shatabhishak Until 9:19AM Dhriti Until 9:03PM Balava Until 8:50PM Purnima* Until 9:06AM | Ganesh: White Muruga: Blue Nataraja: Purple Moon – Purple Bhadrapada-Avani | Sunrise: 6:10AM Sunset: 6:02PM | Hemalamba 5119 Moon 8 - Phase 19 Prathama Devaloka Day |
| Creative Work Siddha Yoga Until 9:19AM Then Creative Work - Amrita Yoga | | | | | | | | |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Thursday, September 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lusaka, Zambia
Sutra 143

Meena Rasi: 1.23 Tihti 16 – 17

Gulika 9:07AM – 10:36AM
Yama 6:09AM – 7:38AM
Rahu 1:35PM – 3:04PM

Purvaproshtapada* Until 9:28AM
Shula* Until 7:12PM
Taitila Until 7:54PM
Prathama* Until 8:24AM

Ganesha: White *Sunrise:* 6:09AM
Muruga: Blue *Sunset:* 6:02PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Avani

Hemalamba 5119
Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Friday, September 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 144

Meena Rasi: 14.56 Tihti 17 – 18

Gulika 7:37AM – 9:07AM
Yama 3:04PM – 4:33PM
Rahu 10:36AM – 12:05PM

Uttaraproshtapada Until 9:00AM
Ganda* Until 5:02PM
Vanija Until 6:32PM
Dvitiya Until 7:14AM

Ganesha: White *Sunrise:* 6:08AM
Muruga: Blue *Sunset:* 6:02PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Avani

Hemalamba 5119
Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Saturday, September 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia
Sun 2 Sutra 145

Meena Rasi: 28.44 Tihti 19

Gulika 6:07AM – 7:37AM
Yama 1:34PM – 3:04PM
Rahu 9:06AM – 10:35AM

Revati Until 8:01AM
Vridhhi Until 2:37PM
Bava Until 4:50PM
Chaturthi* Until 3:52AM Sun

Ganesha: White *Sunrise:* 6:07AM
Muruga: Blue *Sunset:* 6:02PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Avani

Hemalamba 5119
Moon 9 - Phase 20
1st Phase

Routine Work Prabalarishta Yoga
Until 8:01AM
Then Creative Work - Siddha Yoga

Devaloka Day

Sunday, September 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia
Sun 3 Sutra 146

Mesha Rasi: 12.42 Tihti 20

Gulika 3:03PM – 4:33PM
Yama 12:05PM – 1:34PM
Rahu 4:33PM – 6:02PM

Ashvini Until 7:04AM
Dhruva Until 11:58AM
Kaulava Until 2:54PM
Panchami Until 1:52AM Mon

Ganesha: White *Sunrise:* 6:07AM
Muruga: Blue *Sunset:* 6:02PM
Nataraja: Purple
Moon – White
Bhadrapada-Avani

Hemalamba 5119
Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Until 7:04AM

Grandparent's Day

Then Routine Work - Prabalarishta Yoga

Monday, September 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia
Sun 4 Sutra 147

Mesha Rasi: 26.47 Tihti 21

Gulika 1:34PM – 3:03PM
Yama 10:35AM – 12:04PM
Rahu 7:35AM – 9:05AM

Krittika Until 4:15AM Tue
Vyaghata* Until 9:12AM
Gara Until 12:50PM
Shashthi* Until 11:44PM

Ganesha: White *Sunrise:* 6:06AM
Muruga: Blue *Sunset:* 6:03PM
Nataraja: Purple
Moon – White
Bhadrapada-Avani

Hemalamba 5119
Moon 9 - Phase 20
1st Phase

Routine Work Marana Yoga
Until 4:15AM Tue
Then Creative Work - Amrita Yoga

Bhuloka Day

Tuesday, September 12, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia
Sun 5 Sutra 148

Vrishabha Rasi: 10.56 Tihti 22

Gulika 12:04PM – 1:34PM
Yama 9:04AM – 10:34AM
Rahu 3:03PM – 4:33PM

Rohini Until 2:58AM Wed
Harshana Until 6:22AM
Visti Until 10:40AM
Saptami Until 9:33PM

Ganesha: Clear *Sunrise:* 6:05AM
Muruga: Blue *Sunset:* 6:03PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Avani

Hemalamba 5119
Moon 9 - Phase 20
1st Phase

Creative Work Amrita Yoga

Bhuloka Day

Until 2:58AM Wed

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

Wednesday, September 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 6 Sutra 149

Vrishabha Rasi: 25.07 Tihti 23

Gulika 10:34AM – 12:03PM
Yama 7:34AM – 9:04AM
Rahu 12:03PM – 1:33PM

Mrigashira Until 1:32AM Thu
Siddhi Until 12:35AM Thu
Balava Until 8:28AM
Ashtami* Until 7:21PM

Ganesha: Clear *Sunrise:* 6:04AM
Muruga: Blue *Sunset:* 6:03PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Avani

Hemalamba 5119
Moon 9 - Phase 20
Ashtami

Creative Work Siddha Yoga

Bhuloka Day

Until 1:32AM Thu

Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

Thursday, September 14, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Lusaka, Zambia
Sun 7 Sutra 150

Mithuna Rasi: 9.17 Tihti 24 – 25

Gulika 9:03AM – 10:33AM
Yama 6:04AM – 7:33AM
Rahu 1:33PM – 3:03PM

Ardra Until 12:00AM Fri
Vyatipata* Until 9:45PM
Taitila Until 6:17AM
Navami* Until 5:11PM

Ganesha: Clear *Sunrise:* 6:04AM
Muruga: Blue *Sunset:* 6:03PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Avani

Hemalamba 5119
Moon 9 - Phase 20
Navami

Routine Work Marana Yoga

Bhuloka Day

Until 12:00AM Fri

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time


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| 1 | Friday, September 15, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Lusaka, Zambia Sun 8 Sutra 151 Hemalamba 5119 |
| | Mithuna Rasi: 23.26 | Tithi 25 – 26 | Gulika 7:33AM – 9:03AM Yama 3:03PM – 4:33PM Rahu 10:33AM – 12:03PM | Punarvasu Until 10:49PM Variyan Until 6:56PM Bava Until 2:05AM Sat Dashami Until 3:05PM | Ganesha: Purple <i>Sunrise: 6:03AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Blue | Bhuloka Day Bhadrapada*Avani | Moon 9 - Phase 21 2nd Phase |
| Creative Work Siddha Yoga Until 10:49PM Then Routine Work - Marana Yoga | | | | | | | |

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| 2 | Saturday, September 16, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Lusaka, Zambia Sun 9 Sutra 152 Hemalamba 5119 |
| | Kataka Rasi: 7.32 | Tithi 26 – 27 | Gulika 6:02AM – 7:32AM Yama 1:33PM – 3:03PM Rahu 9:02AM – 10:32AM | Pushya Until 9:38PM Parigha* Until 4:14PM Kaulava Until 12:10AM Sun Ekadashi* Until 1:05PM | Ganesha: Purple <i>Sunrise: 6:02AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Blue | Bhuloka Day Bhadrapada*Puratasi | Moon 9 - Phase 21 2nd Phase |
| Creative Work Siddha Yoga Until 9:38PM Then Routine Work - Marana Yoga | | | | | | | |

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| 3 | Sunday, September 17, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Lusaka, Zambia Sun 10 Sutra 153 Hemalamba 5119 |
| | Kataka Rasi: 21.31 | Tithi 27 – 28 | Gulika 3:02PM – 4:33PM Yama 12:02PM – 1:32PM Rahu 4:33PM – 6:03PM | Ashlesha* Until 8:28PM Shiva Until 1:41PM Gara Until 10:26PM Dvadashi* Until 11:15AM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Light Blue <i>Sunrise: 6:01AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Blue | Bhuloka Day Bhadrapada*Puratasi | Moon 9 - Phase 21 2nd Phase |
| Creative Work Siddha Yoga Until 8:28PM Then Routine Work - Marana Yoga | | | | | | | |

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| 4 | Monday, September 18, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Lusaka, Zambia Sun 11 Sutra 154 Hemalamba 5119 |
| | Simha Rasi: 5.23 | Tithi 28 – 29 | Gulika 1:32PM – 3:02PM Yama 10:31AM – 12:02PM Rahu 7:31AM – 9:01AM | Magha* Until 7:52PM Siddha Until 11:18AM Visti Until 8:59PM Trayodashi* Until 9:39AM | Ganesha: Purple <i>Sunrise: 6:00AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Red | Bhuloka Day Bhadrapada*Puratasi | Moon 9 - Phase 21 2nd Phase |
| Family Home Evening Routine Work Marana Yoga Until 7:52PM Then Creative Work - Siddha Yoga | | | | | | | |

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|  | Tuesday, September 19, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Lusaka, Zambia Sun 12 Sutra 155 Hemalamba 5119 |
| | Simha Rasi: 19.04 | Tithi 29 – 30 | Gulika 12:01PM – 1:32PM Yama 9:00AM – 10:31AM Rahu 3:02PM – 4:33PM | Purvaphalguni Until 7:28PM Sadhya Until 9:11AM Catuspada Until 7:53PM Chaturdashi* Until 8:22AM | Ganesha: Purple <i>Sunrise: 6:00AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Red | Bhuloka Day Bhadrapada*Puratasi | Moon 9 - Phase 21 Amavasya |
| Retreat Star Creative Work Siddha Yoga Until 7:28PM Then Creative Work - Amrita Yoga Mahalaya Amavasai (Tamil Nadu) | | | | | | | |

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| Retreat Star | Wednesday, September 20, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Lusaka, Zambia Sun 13 Sutra 156 Hemalamba 5119 |
| | Kanya Rasi: 2.32 | Tithi 30 – 1 | Gulika 10:30AM – 12:01PM Yama 7:29AM – 9:00AM Rahu 12:01PM – 1:32PM | Uttaraphalguni Until 7:20PM Subha Until 7:24AM Kintughna Until 7:13PM Amavasya* Until 7:28AM | Ganesha: Purple <i>Sunrise: 5:59AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Red | Bhuloka Day Ashvina*Puratasi | Moon 9 - Phase 21 Prathama |
| Creative Work Amrita Yoga Until 7:20PM Then Routine Work - Marana Yoga Navaratri Begins | | | | | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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| 1 | | Thursday, September 21, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Lusaka, Zambia Sun 14 Sutra 157 Hemalamba 5119 | |
| Kanya Rasi: 15.44 | Tithi 1 – 2 | Gulika Yama | 8:59AM – 10:30AM 5:58AM – 7:29AM | Hasta Until 8:01PM Brahma Until 4:58AM Fri Balava Until 7:04PM Prathama* Until 7:03AM | Ganesh: Light Blue <i>Sunrise: 5:58AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Green Ashvina*Puratasi | Bhuloka Day | |
| Routine Work | Marana Yoga | 568892363 | Rahu 1:31PM – 3:02PM | | | | |
| Until 8:01PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Friday, September 22, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Lusaka, Zambia Sun 15 Sutra 158 Hemalamba 5119 | |
| Kanya Rasi: 28.4 | Tithi 2 – 3 | Gulika Yama | 7:28AM – 8:59AM 3:02PM – 4:32PM | Chitra Until 9:06PM Indra Until 4:26AM Sat Taitila Until 7:29PM Dvitiya Until 7:11AM | Ganesh: Light Blue <i>Sunrise: 5:57AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Green Ashvina*Puratasi | Bhuloka Day | |
| Creative Work | Siddha Yoga | 568892363 | Rahu 10:30AM – 12:00PM | | | | |
| Until 8:01PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 3 | | Saturday, September 23, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Lusaka, Zambia Sun 16 Sutra 159 Hemalamba 5119 | |
| Tula Rasi: 11.19 | Tithi 3 – 4 | Gulika Yama | 5:57AM – 7:27AM 1:31PM – 3:02PM | Svati Until 10:35PM Vaidhriti* Until 4:19AM Sun Vanija Until 8:29PM Tritiya Until 7:54AM | Ganesh: Purple <i>Sunrise: 5:57AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Green Ashvina*Puratasi | Bhuloka Day | |
| Creative Work | Siddha Yoga | 569892363 | Rahu 8:58AM – 10:29AM | | | | |
| Until 8:01PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | | Sunday, September 24, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Lusaka, Zambia Sun 17 Sutra 160 Hemalamba 5119 | |
| Tula Rasi: 23.42 | Tithi 4 – 5 | Gulika Yama | 3:01PM – 4:32PM 12:00PM – 1:31PM | Vishakha Until 12:56AM Mon Vishkambha* Until 4:38AM Mon Bava Until 10:03PM Chaturthi* Until 9:11AM | Ganesh: Clear <i>Sunrise: 5:56AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Orange Ashvina*Puratasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM | |
| Routine Work | Marana Yoga | 579892363 | Rahu 4:32PM – 6:03PM | | | | |
| Until 12:56AM Mon | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 5 | | Monday, September 25, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Lusaka, Zambia Sun 18 Sutra 161 Hemalamba 5119 | |
| Vrischika Rasi: 5.53 | Tithi 5 – 6 | Gulika Yama | 1:30PM – 3:01PM 10:28AM – 11:59AM | Anuradha Until 3:32AM Tue Priti Until 5:17AM Tue Kaulava Until 12:04AM Tue Panchami Until 10:59AM | Ganesh: Clear <i>Sunrise: 5:55AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Orange Ashvina*Puratasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM | |
| Family Home Evening | | 579892363 | Rahu 7:26AM – 8:57AM | | | | |
| Creative Work | Siddha Yoga | | | | | | |
| Until 3:32AM Tue | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 6 | | Tuesday, September 26, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Lusaka, Zambia Sun 19 Sutra 162 Hemalamba 5119 | |
| Vrischika Rasi: 17.53 | Tithi 6 – 7 | Gulika Yama | 11:59AM – 1:30PM 8:57AM – 10:28AM | Jyeshtha* Until 6:15AM Wed Ayushman Until 6:06AM Wed Gara Until 2:24AM Wed Shashthi* Until 1:11PM | Ganesh: Clear <i>Sunrise: 5:54AM</i> Muruga: Blue <i>Sunset: 6:04PM</i> Nataraja: Purple Moon – Orange Ashvina*Puratasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM | |
| Routine Work | Marana Yoga | 579892363 | Rahu 3:01PM – 4:32PM | | | | |
| Until 8:01PM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| Retreat Star | | Wednesday, September 27, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Lusaka, Zambia Sun 20 Sutra 163 Hemalamba 5119 | |
| Vrischika Rasi: 29.47 | Tithi 7 – 8 | Gulika Yama | 10:27AM – 11:59AM 7:25AM – 8:56AM | Jyeshtha* Until 6:15AM Ayushman Until 6:06AM Visti Until 4:52AM Thu Saptami Until 3:37PM | Ganesh: Purple <i>Sunrise: 5:53AM</i> Muruga: Blue <i>Sunset: 6:04PM</i> Nataraja: Purple Moon – Orange Ashvina*Puratasi | Bhuloka Day | |
| Creative Work | Siddha Yoga | 679892363 | Rahu 11:59AM – 1:30PM | | | | |
| Until 6:15AM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| Retreat Star | | Thursday, September 28, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava Karana Ashtamyam Titau | | Lusaka, Zambia Sun 21 Sutra 164 Hemalamba 5119 | |
| Dhanus Rasi: 11.39 | Tithi 8 | Gulika Yama | 8:55AM – 10:27AM 5:53AM – 7:24AM | Mula* Until 9:23AM Saubhagya Until 7:01AM Bava Until 6:03PM Ashtami* Until 6:03PM | Ganesh: Clear <i>Sunrise: 5:53AM</i> Muruga: Blue <i>Sunset: 6:04PM</i> Nataraja: Purple Moon – Light Blue Ashvina*Puratasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM | |
| Creative Work | Siddha Yoga | 689892363 | Rahu 1:30PM – 3:01PM | | | | |
| Until 8:01PM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| Retreat Star | | Friday, September 29, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau | | Lusaka, Zambia Sun 22 Sutra 165 Hemalamba 5119 | |
| Dhanus Rasi: 23.33 | Tithi 9 | Gulika Yama | 7:23AM – 8:55AM 3:01PM – 4:32PM | Purvashadha* Until 12:14PM Sobhana Until 7:51AM Balava Until 7:14AM Navami* Until 8:17PM | Ganesh: Orange <i>Sunrise: 5:52AM</i> Muruga: Blue <i>Sunset: 6:04PM</i> Nataraja: Purple Moon – Light Blue Ashvina*Puratasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM | |
| Routine Work | Prabalarishta Yoga | 689992363 | Rahu 10:26AM – 11:58AM | | | | |
| Until 12:14PM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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| 1 | | Saturday, September 30, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau | | Lusaka, Zambia Sun 23 Sutra 166 Hemalamba 5119 | |
| Makara Rasi: 5.35 | Tithi 10 | Gulika | 5:51AM – 7:23AM | Uttarashadha Until 2:33PM | Ganesha: Orange | <i>Sunrise:</i> 5:51AM | | | |
| | | Yama | 1:29PM – 3:01PM | Athiganda* Until 8:24AM | Muruga: Blue | <i>Sunset:</i> 6:04PM | | | Moon 9 - Phase 23 |
| | | 689992363 Rahu | 8:54AM – 10:26AM | Taitila Until 9:16AM | Nataraja: Purple | | | | 4th Phase |
| Routine Work | Marana Yoga | | | Dashami Until 10:05PM | Moon – Light Blue | | | Bhuloka Day | |
| Until 2:33PM | | | | | Ashvina+Puratasi | | | Devaloka Time: 6:AM to 9:AM | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 2 | | Sunday, October 1, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau | | Lusaka, Zambia Sun 24 Sutra 167 Hemalamba 5119 | |
| Makara Rasi: 17.49 | Tithi 11 | Gulika | 3:01PM – 4:32PM | Shravana Until 4:38PM | Ganesha: Red | <i>Sunrise:</i> 5:50AM | | | |
| | | Yama | 11:57AM – 1:29PM | Sukarma Until 8:34AM | Muruga: Blue | <i>Sunset:</i> 6:04PM | | | Moon 9 - Phase 23 |
| | | 691992363 Rahu | 4:32PM – 6:04PM | Vanija Until 10:46AM | Nataraja: Purple | | | | 4th Phase |
| Creative Work | Amrita Yoga | | | Ekadashi Until 11:15PM | Moon – Purple | | | Bhuloka Day | |
| Until 4:38PM | | | | | Ashvina+Puratasi | | | Devaloka Time: 9:AM to 12:PM | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 3 | | Monday, October 2, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau | | Lusaka, Zambia Sun 25 Sutra 168 Hemalamba 5119 | |
| Kumbha Rasi: 0.2 | Tithi 12 | Gulika | 1:29PM – 3:00PM | Dhanishtha Until 5:53PM | Ganesha: Red | <i>Sunrise:</i> 5:50AM | | | |
| Family Home Evening | | Yama | 10:25AM – 11:57AM | Dhriti Until 8:14AM | Muruga: Blue | <i>Sunset:</i> 6:04PM | | | Moon 9 - Phase 23 |
| | | 691992363 Rahu | 7:21AM – 8:53AM | Bava Until 11:35AM | Nataraja: Purple | | | | 4th Phase |
| Creative Work | Siddha Yoga | | | Dvadashi Until 11:41PM | Moon – Purple | | | Bhuloka Day | |
| | | | | | Ashvina+Puratasi | | | Devaloka Time: 9:AM to 12:PM | |

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| 4 | | Tuesday, October 3, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Lusaka, Zambia Sun 26 Sutra 169 Hemalamba 5119 | |
| Kumbha Rasi: 13.12 | Tithi 13 | Gulika | 11:57AM – 1:28PM | Shatabhishak Until 6:14PM | Ganesha: Red | <i>Sunrise:</i> 5:49AM | | | |
| | | Yama | 8:53AM – 10:25AM | Shula* Until 7:16AM | Muruga: Blue | <i>Sunset:</i> 6:04PM | | | Moon 9 - Phase 23 |
| | | 691992363 Rahu | 3:00PM – 4:32PM | Kaulava Until 11:39AM | Nataraja: Purple | | | | 4th Phase |
| Routine Work | Marana Yoga | | | Trayodashi Until 11:22PM | Moon – Purple | | | Bhuloka Day | |
| | | Chidambaram Abhishekam | | <i>Pradosha Vrata</i> | Ashvina+Puratasi | | | Devaloka Time: 9:AM to 12:PM | |
| | | Kadaitswami Mahasamadhi | | | | | | | |

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| 5 | | Wednesday, October 4, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau | | Lusaka, Zambia Sun 27 Sutra 170 Hemalamba 5119 | |
| Kumbha Rasi: 26.27 | Tithi 14 | Gulika | 10:24AM – 11:56AM | Purvaproshtapada* Until 6:11PM | Ganesha: Yellow | <i>Sunrise:</i> 5:48AM | | | |
| | | Yama | 7:20AM – 8:52AM | Vriddhi Until 3:40AM Thu | Muruga: Blue | <i>Sunset:</i> 6:04PM | | | Moon 9 - Phase 23 |
| | | 611992363 Rahu | 11:56AM – 1:28PM | Gara Until 10:58AM | Nataraja: Purple | | | | 4th Phase |
| Creative Work | Amrita Yoga | | | Chaturdashi* Until 10:21PM | Moon – Clear | | | Bhuloka Day | |
| Until 6:11PM | | | | | Ashvina+Puratasi | | | Devaloka Time: 9:AM to 12:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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|----------------------------|-------------|----------------------------------|------------------|---------------------------------------|-------------------------|--|--|---|-------------------|
| ○ | | Thursday, October 5, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau | | Lusaka, Zambia Sutra 171 Hemalamba 5119 | |
| Copper Retreat Star | | Gulika | 8:52AM – 10:24AM | Uttaraproshtapada Until 5:21PM | Ganesha: Yellow | <i>Sunrise:</i> 5:47AM | | | |
| Meena Rasi: 10.05 | Tithi 15 | Yama | 5:47AM – 7:20AM | Dhruva Until 1:07AM Fri | Muruga: Blue | <i>Sunset:</i> 6:04PM | | | Moon 9 - Phase 23 |
| | | 611992363 Rahu | 1:28PM – 3:00PM | Visti Until 9:37AM | Nataraja: Purple | | | | Purnima |
| Creative Work | Siddha Yoga | | | Purnima* Until 8:42PM | Moon – Clear | | | Bhuloka Day | |
| | | | | | Ashvina+Puratasi | | | Devaloka Time: 9:AM to 12:PM | |

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|----------------------------------|-------------|--|-------------------|-------------------------------|-------------------------|---|--|------------------------------|-------------------|
| Friday, October 6, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Lusaka, Zambia Sutra 172 Hemalamba 5119 | | | |
| Silver Retreat Star | | Gulika | 7:19AM – 8:51AM | Revati Until 3:53PM | Ganesha: Yellow | <i>Sunrise:</i> 5:47AM | | | |
| Meena Rasi: 24.04 | Tithi 16 | Yama | 3:00PM – 4:32PM | Vyaghata* Until 10:11PM | Muruga: Blue | <i>Sunset:</i> 6:05PM | | | Moon 9 - Phase 23 |
| | | 611992363 Rahu | 10:23AM – 11:56AM | Balava Until 7:43AM | Nataraja: Purple | | | | Prathama |
| Creative Work | Siddha Yoga | | | Prathama* Until 6:35PM | Moon – Clear | | | Bhuloka Day | |
| Until 3:53PM | | | | | Ashvina+Puratasi | | | Devaloka Time: 9:AM to 12:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang



Saturday, October 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 173

Mesha Rasi: 8.19 Tihi 17 - 18

621992364

Gulika 5:46AM - 7:18AM
Yama 1:28PM - 3:00PM
Rahu 8:51AM - 10:23AM

Ashvini Until 2:21PM
Harshana Until 7:02PM
Vanija Until 2:50AM Sun
Dvitiya Until 4:08PM

Ganesh: Blue *Sunrise: 5:46AM*
Muruga: Blue *Sunset: 6:05PM*
Nataraja: Purple
Moon - White

Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga

Ashvina+Puratasi

Devaloka Day

Sunday, October 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Lusaka, Zambia
Sun 2 Sutra 174

Mesha Rasi: 22.45 Tihi 18 - 19

621992364

Gulika 3:00PM - 4:32PM
Yama 11:55AM - 1:28PM
Rahu 4:32PM - 6:05PM

Bharani Until 12:27PM
Vajra* Until 3:42PM
Bava Until 12:09AM Mon
Tritiya Until 1:29PM

Ganesh: Blue *Sunrise: 5:45AM*
Muruga: Blue *Sunset: 6:05PM*
Nataraja: Clear
Moon - White

Moon 10 - Phase 24
1st Phase

Routine Work Prabalarishta Yoga
Until 12:27PM
Then Creative Work - Siddha Yoga

Ashvina+Puratasi

Sivaloka Day

Monday, October 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
Sun 3 Sutra 175

Vrishabha Rasi: 7.16 Tihi 19 - 20

621992364

Gulika 1:27PM - 3:00PM
Yama 10:22AM - 11:55AM
Rahu 7:17AM - 8:50AM

Krittika Until 10:22AM
Siddhi Until 12:21PM
Kaulava Until 9:28PM
Chaturthi* Until 10:47AM

Ganesh: Blue *Sunrise: 5:45AM*
Muruga: Blue *Sunset: 6:05PM*
Nataraja: Clear
Moon - White

Moon 10 - Phase 24
1st Phase

Routine Work Marana Yoga
Until 10:22AM
Then Creative Work - Amrita Yoga

Ashvina+Puratasi

Sivaloka Day

Tuesday, October 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia
Sun 4 Sutra 176

Vrishabha Rasi: 21.44 Tihi 20 - 21

631992364

Gulika 11:55AM - 1:27PM
Yama 8:49AM - 10:22AM
Rahu 3:00PM - 4:33PM

Rohini Until 8:38AM
Vyatipata* Until 9:04AM
Gara Until 6:54PM
Panchami Until 8:08AM

Ganesh: Red *Sunrise: 5:44AM*
Muruga: Blue *Sunset: 6:05PM*
Nataraja: Clear
Moon - Yellow

Moon 10 - Phase 24
1st Phase

Creative Work Amrita Yoga
Until 8:38AM
Then Creative Work - Siddha Yoga

Ashvina+Puratasi

Devaloka Day

Wednesday, October 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia
Sun 5 Sutra 177

Mithuna Rasi: 6.07 Tihi 22

631992364

Gulika 10:21AM - 11:54AM
Yama 7:16AM - 8:49AM
Rahu 11:54AM - 1:27PM

Mrigashira Until 6:55AM
Parigha* Until 2:57AM Thu
Visti Until 4:32PM
Saptami Until 3:27AM Thu

Ganesh: Red *Sunrise: 5:43AM*
Muruga: Blue *Sunset: 6:05PM*
Nataraja: Clear
Moon - Yellow

Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga

Ashvina+Puratasi

Devaloka Day

Thursday, October 12, 2017

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Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 6 Sutra 178

Mithuna Rasi: 20.19 Tihi 23

642992364

Gulika 8:48AM - 10:21AM
Yama 5:43AM - 7:15AM
Rahu 1:27PM - 3:00PM

Punarvasu Until 4:15AM Fri
Shiva Until 12:14AM Fri
Balava Until 2:27PM
Ashtami* Until 1:30AM Fri

Ganesh: Red *Sunrise: 5:43AM*
Muruga: Blue *Sunset: 6:05PM*
Nataraja: Clear
Moon - Blue

Moon 10 - Phase 24
Ashtami

Creative Work Amrita Yoga
Until 4:15AM Fri
Then Routine Work - Marana Yoga

Ashvina+Puratasi

Devaloka Day

Friday, October 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia
Sun 7 Sutra 179

Kataka Rasi: 4.2 Tihi 24

642992364

Gulika 7:15AM - 8:48AM
Yama 3:00PM - 4:33PM
Rahu 10:21AM - 11:54AM

Pushya Until 3:23AM Sat
Siddha Until 9:45PM
Taitila Until 12:40PM
Navami* Until 11:53PM

Ganesh: Red *Sunrise: 5:42AM*
Muruga: Blue *Sunset: 6:06PM*
Nataraja: Clear
Moon - Blue

Moon 10 - Phase 24
Navami

Routine Work Marana Yoga

Ashvina+Puratasi

Devaloka Day

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|----------|-----------------------------------|-----------|---|---|--|---|---|
| 1 | Saturday, October 14, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Lusaka, Zambia Sun 8 Sutra 180 Hemalamba 5119 |
| | Kataka Rasi: 18.09 | Tiithi 25 | 642992364 | Gulika 5:41AM – 7:14AM Yama 1:27PM – 3:00PM Rahu 8:47AM – 10:20AM | Ashlesha* Until 2:41AM Sun Sadhya Until 7:32PM Vanija Until 11:13AM Dashami Until 10:35PM | Ganesha: Red Sunrise: 5:41AM Muruga: Blue Sunset: 6:06PM Nataraja: Clear Moon – Blue | Moon 10 - Phase 25 2nd Phase |
| | Routine Work Marana Yoga | | | | | | Devaloka Day |
| | | | | | | | Ashvina•Puratasi |

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|----------|--|-----------|--|---|---|--|---|
| 2 | Sunday, October 15, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau | | | | Lusaka, Zambia Sun 9 Sutra 181 Hemalamba 5119 |
| | Simha Rasi: 1.46 | Tiithi 26 | 652992364 | Gulika 3:00PM – 4:33PM Yama 11:53AM – 1:26PM Rahu 4:33PM – 6:06PM | Magha* Until 2:36AM Mon Subha Until 5:36PM Bava Until 10:05AM Ekadashi* Until 9:37PM | Ganesha: Green Sunrise: 5:41AM Muruga: Blue Sunset: 6:06PM Nataraja: Clear Moon – Red | Moon 10 - Phase 25 2nd Phase |
| | Routine Work Marana Yoga Until 2:36AM Mon Then Creative Work - Siddha Yoga | | | | | | Bhuloka Day |
| | | | | | | | Ashvina•Puratasi Devaloka Time: 6:PM to 9:PM |

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|----------|--|-----------|---|--|--|--|--|
| 3 | Monday, October 16, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Dvadashyam Titau | | | | Lusaka, Zambia Sun 10 Sutra 182 Hemalamba 5119 |
| | Simha Rasi: 15.13 | Tiithi 27 | 652992364 | Gulika 1:26PM – 3:00PM Yama 10:20AM – 11:53AM Rahu 7:13AM – 8:46AM | Purvaphalguni Until 2:42AM Tue Sukla Until 3:53PM Kaulava Until 9:16AM Dvadashi* Until 8:58PM | Ganesha: Green Sunrise: 5:40AM Muruga: Blue Sunset: 6:06PM Nataraja: Clear Moon – Red | Moon 10 - Phase 25 2nd Phase |
| | Family Home Evening Creative Work Siddha Yoga Until 2:42AM Tue Then Creative Work - Amrita Yoga | | | | | | Bhuloka Day |
| | | | | | | | Ashvina•Puratasi Devaloka Time: 6:PM to 9:PM |

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|----------|--|-----------|--|--|--|--|--|
| 4 | Tuesday, October 17, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Lusaka, Zambia Sun 11 Sutra 183 Hemalamba 5119 |
| | Simha Rasi: 28.28 | Tiithi 28 | 652992364 | Gulika 11:53AM – 1:26PM Yama 8:46AM – 10:19AM Rahu 3:00PM – 4:33PM | Uttaraphalguni Until 2:58AM Wed Brahma Until 2:27PM Gara Until 8:47AM Trayodashi* Until 8:40PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Green Sunrise: 5:39AM Muruga: Blue Sunset: 6:06PM Nataraja: Clear Moon – Red | Moon 10 - Phase 25 2nd Phase |
| | Creative Work Amrita Yoga Until 2:58AM Wed Then Routine Work - Marana Yoga | | | | | | Bhuloka Day |
| | | | | | | | Ashvina•Aipasi Devaloka Time: 6:PM to 9:PM |

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|----------|--|-----------|---|---|---|--|--|
| 5 | Wednesday, October 18, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Indra/Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Lusaka, Zambia Sun 12 Sutra 184 Hemalamba 5119 |
| | Kanya Rasi: 11.32 | Tiithi 29 | 662992364 | Gulika 10:19AM – 11:53AM Yama 7:12AM – 8:46AM Rahu 11:53AM – 1:26PM | Hasta Until 3:55AM Thu Indra Until 1:18PM Visti Until 8:40AM Chaturdashi* Until 8:44PM | Ganesha: White Sunrise: 5:39AM Muruga: Blue Sunset: 6:07PM Nataraja: Clear Moon – Green | Moon 10 - Phase 25 2nd Phase |
| | Routine Work Marana Yoga Until 3:55AM Thu Then Creative Work - Siddha Yoga | | | | | | Bhuloka Day |
| | | | | | | | Ashvina•Aipasi Devaloka Time: 6:PM to 9:PM |

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|----------|-----------------------------------|--|---|-----------|-----------|---|---|--|--------------------------------|
| ● | Thursday, October 19, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Lusaka, Zambia Sun 13 Sutra 185 Hemalamba 5119 | | |
| | Retreat Star | | Kanya Rasi: 24.26 | Tiithi 30 | 662992364 | Gulika 8:45AM – 10:19AM Yama 5:38AM – 7:12AM Rahu 1:26PM – 3:00PM | Chitra Until 5:08AM Fri Vaidhriti* Until 12:27PM Catuspada Until 8:56AM Amavasya* Until 9:12PM | Ganesha: White Sunrise: 5:38AM Muruga: Blue Sunset: 6:07PM Nataraja: Clear Moon – Green | Moon 10 - Phase 25 Amavasya |
| | Creative Work Siddha Yoga | | | | | | Bhuloka Day | | |
| | | | | | | | Ashvina•Aipasi Devaloka Time: 6:PM to 9:PM | | |

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|----------|---------------------------------|--|---|----------|-----------|--|--|--|--------------------------------|
| ● | Friday, October 20, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vishkambha*/Prili Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Lusaka, Zambia Sun 14 Sutra 186 Hemalamba 5119 | | |
| | Retreat Star | | Tula Rasi: 7.07 | Tiithi 1 | 662992364 | Gulika 7:11AM – 8:45AM Yama 3:00PM – 4:33PM Rahu 10:19AM – 11:52AM | Svati Until 6:37AM Sat Vishkambha* Until 11:56AM Kintughna Until 9:38AM Prathama* Until 10:08PM | Ganesha: White Sunrise: 5:37AM Muruga: Blue Sunset: 6:07PM Nataraja: Clear Moon – Green | Moon 10 - Phase 25 Prathama |
| | Creative Work Siddha Yoga | | | | | | Bhuloka Day | | |
| | | | | | | | Kartika•Aipasi Devaloka Time: 6:PM to 9:PM | | |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

| | | | | | | | | | |
|----------------------------------|-------------|------------------------------------|-----------------------|-----------------------------------|-------------------------|--|-----------------------------|--|--|
| 1 | | Saturday, October 21, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Lusaka, Zambia Sun 15 Sutra 187 Hemalamba 5119 | |
| Tula Rasi: 19.35 | Tithi 2 | Gulika | 5:37AM – 7:11AM | Svati Until 6:37AM | Ganesh: White | <i>Sunrise:</i> 5:37AM | | | |
| | | Yama | 1:26PM – 3:00PM | Priti Until 11:47AM | Muruga: Blue | <i>Sunset:</i> 6:07PM | | Moon 10 - Phase 26 | |
| Creative Work | Siddha Yoga | 662992364 | Rahu | 8:45AM – 10:18AM | Balava Until 10:47AM | Nataraja: Clear | | 3rd Phase | |
| | | | | Dvitiya Until 11:31PM | Moon – Green | | Bhuloka Day | | |
| | | | | | Kartika•Aipasi | | Devaloka Time: 6:PM to 9:PM | | |
| 2 | | Sunday, October 22, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Tritiyayam Titau | | Lusaka, Zambia Sun 16 Sutra 188 Hemalamba 5119 | |
| Vrischika Rasi: 1.52 | Tithi 3 | Gulika | 3:00PM – 4:34PM | Vishakha Until 8:52AM | Ganesh: Green | <i>Sunrise:</i> 5:36AM | | | |
| | | Yama | 11:52AM – 1:26PM | Ayushman Until 11:58AM | Muruga: Blue | <i>Sunset:</i> 6:08PM | | Moon 10 - Phase 26 | |
| Routine Work | Marana Yoga | 672992364 | Rahu | 4:34PM – 6:08PM | Taitila Until 12:24PM | Nataraja: Clear | | 3rd Phase | |
| | | | | Tritiya Until 1:21AM Mon | Moon – Orange | | Bhuloka Day | | |
| | | | | | Kartika•Aipasi | | Devaloka Time: 6:PM to 9:PM | | |
| 3 | | Monday, October 23, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau | | Lusaka, Zambia Sun 17 Sutra 189 Hemalamba 5119 | |
| Vrischika Rasi: 13.58 | Tithi 4 | Gulika | 1:26PM – 3:00PM | Anuradha Until 11:22AM | Ganesh: Green | <i>Sunrise:</i> 5:36AM | | | |
| Family Home Evening | | Yama | 10:18AM – 11:52AM | Saubhagya Until 12:28PM | Muruga: Blue | <i>Sunset:</i> 6:08PM | | Moon 10 - Phase 26 | |
| Creative Work | Siddha Yoga | 672992364 | Rahu | 7:10AM – 8:44AM | Vanija Until 2:27PM | Nataraja: Clear | | 3rd Phase | |
| | | | | Chaturthi* Until 3:35AM Tue | Moon – Orange | | Bhuloka Day | | |
| | | | | | Kartika•Aipasi | | Devaloka Time: 6:PM to 9:PM | | |
| 4 | | Tuesday, October 24, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau | | Lusaka, Zambia Sun 18 Sutra 190 Hemalamba 5119 | |
| Vrischika Rasi: 25.56 | Tithi 5 | Gulika | 11:52AM – 1:26PM | Jyeshtha* Until 2:02PM | Ganesh: Purple | <i>Sunrise:</i> 5:35AM | | | |
| | | Yama | 8:43AM – 10:18AM | Sobhana Until 1:16PM | Muruga: Blue | <i>Sunset:</i> 6:08PM | | Moon 10 - Phase 26 | |
| Routine Work | Marana Yoga | 672192364 | Rahu | 3:00PM – 4:34PM | Bava Until 4:50PM | Nataraja: Clear | | 3rd Phase | |
| Until 2:02PM | | | | Panchami Until 6:06AM Wed | Moon – Orange | | Bhuloka Day | | |
| Then Creative Work - Amrita Yoga | | | | | Kartika•Aipasi | | Devaloka Time: 6:PM to 9:PM | | |
| 5 | | Wednesday, October 25, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Lusaka, Zambia Sun 19 Sutra 191 Hemalamba 5119 | |
| Dhanus Rasi: 7.47 | Tithi 5 – 6 | Gulika | 10:17AM – 11:52AM | Mula* Until 5:15PM | Ganesh: Purple | <i>Sunrise:</i> 5:35AM | | | |
| | | Yama | 7:09AM – 8:43AM | Athiganda* Until 2:11PM | Muruga: Blue | <i>Sunset:</i> 6:08PM | | Moon 10 - Phase 26 | |
| Routine Work | Marana Yoga | 683192364 | Rahu | 11:52AM – 1:26PM | Kaulava Until 7:26PM | Nataraja: Clear | | 3rd Phase | |
| Until 5:15PM | | | | Panchami Until 6:06AM | Moon – Light Blue | | Sivaloka Day | | |
| Then Creative Work - Amrita Yoga | | | Skanda Shasthi | | Kartika•Aipasi | | | | |
| 6 | | Thursday, October 26, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | Lusaka, Zambia Sun 20 Sutra 192 Hemalamba 5119 | |
| Dhanus Rasi: 19.36 | Tithi 6 – 7 | Gulika | 8:43AM – 10:17AM | Purvashadha* Until 8:18PM | Ganesh: Purple | <i>Sunrise:</i> 5:34AM | | | |
| | | Yama | 5:34AM – 7:09AM | Sukarma Until 3:09PM | Muruga: White | <i>Sunset:</i> 6:09PM | | Moon 10 - Phase 26 | |
| Creative Work | Siddha Yoga | 683112364 | Rahu | 1:26PM – 3:00PM | Gara Until 10:01PM | Nataraja: Clear | | 3rd Phase | |
| Until 8:18PM | | | | Shashthi* Until 8:43AM | Moon – Light Blue | | Sivaloka Day | | |
| Then Routine Work - Marana Yoga | | | | | Kartika•Aipasi | | | | |
| Retreat Star | | Friday, October 27, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Lusaka, Zambia Sun 21 Sutra 193 Hemalamba 5119 | |
| Makara Rasi: 1.27 | Tithi 7 – 8 | Gulika | 7:08AM – 8:43AM | Uttarashadha Until 10:59PM | Ganesh: Purple | <i>Sunrise:</i> 5:34AM | | | |
| | | Yama | 3:00PM – 4:35PM | Dhriti Until 4:00PM | Muruga: White | <i>Sunset:</i> 6:09PM | | Moon 10 - Phase 26 | |
| Routine Work | Marana Yoga | 683112364 | Rahu | 10:17AM – 11:51AM | Visti Until 12:22AM Sat | Nataraja: Clear | | Ashtami | |
| | | | | Saptami Until 11:13AM | Moon – Light Blue | | Sivaloka Day | | |
| | | | | | Kartika•Aipasi | | | | |
| Retreat Star | | Saturday, October 28, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Lusaka, Zambia Sun 22 Sutra 194 Hemalamba 5119 | |
| Makara Rasi: 13.25 | Tithi 8 – 9 | Gulika | 5:33AM – 7:08AM | Shravana Until 1:32AM Sun | Ganesh: Clear | <i>Sunrise:</i> 5:33AM | | | |
| | | Yama | 1:26PM – 3:00PM | Shula* Until 4:30PM | Muruga: White | <i>Sunset:</i> 6:09PM | | Moon 10 - Phase 26 | |
| Creative Work | Siddha Yoga | 693112364 | Rahu | 8:42AM – 10:17AM | Balava Until 2:13AM Sun | Nataraja: Clear | | Navami | |
| Until 1:32AM Sun | | | | Ashtami* Until 1:20PM | Moon – Purple | | Devaloka Day | | |
| Then Routine Work - Marana Yoga | | | | | Kartika•Aipasi | | | | |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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|--|--------------|--|------------------------------------|------------------------|------------------------|---------------------|--|
| 1 Sunday, October 29, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Lusaka, Zambia | |
| Dhanishtha Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Sun 23 Sutra 195 | | | | Hemalamba 5119 | |
| Makara Rasi: 25.37 | Tithi 9 – 10 | Gulika 3:00PM – 4:35PM | Dhanishtha Until 3:14AM Mon | Ganesha: Clear | <i>Sunrise:</i> 5:33AM | | |
| | | Yama 11:51AM – 1:26PM | Ganda* Until 4:32PM | Muruga: White | <i>Sunset:</i> 6:10PM | Moon 10 - Phase 27 | |
| | 693112364 | Rahu 4:35PM – 6:10PM | Taitila Until 3:21AM Mon | Nataraja: Clear | | 4th Phase | |
| Routine Work | Marana Yoga | | Navami* Until 2:52PM | Moon – Purple | | Devaloka Day | |
| Until 3:14AM Mon | | | | Karttika•Aipasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|--|---------------|---|--------------------------------------|------------------------|------------------------|---------------------|--|
| 2 Monday, October 30, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Lusaka, Zambia | |
| Shatabhishak Nakshatra Vridhni/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Sun 24 Sutra 196 | | | | Hemalamba 5119 | |
| Kumbha Rasi: 8.07 | Tithi 10 – 11 | Gulika 1:26PM – 3:01PM | Shatabhishak Until 3:59AM Tue | Ganesha: Clear | <i>Sunrise:</i> 5:32AM | | |
| Family Home Evening | | Yama 10:16AM – 11:51AM | Vridhni Until 3:59PM | Muruga: White | <i>Sunset:</i> 6:10PM | Moon 10 - Phase 27 | |
| | 693112364 | Rahu 7:07AM – 8:42AM | Vanija Until 3:40AM Tue | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dashami Until 3:36PM | Moon – Purple | | Devaloka Day | |
| Until 3:59AM Tue | | | | Karttika•Aipasi | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|---|---------------|--|---|------------------------|------------------------|---------------------|--|
| 3 Tuesday, October 31, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Lusaka, Zambia | |
| Purvaprosarthapada* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau | | Sun 25 Sutra 197 | | | | Hemalamba 5119 | |
| Kumbha Rasi: 21 | Tithi 11 – 12 | Gulika 11:51AM – 1:26PM | Purvaprosarthapada* Until 4:11AM Wed | Ganesha: Yellow | <i>Sunrise:</i> 5:32AM | | |
| | | Yama 8:41AM – 10:16AM | Dhruva Until 2:43PM | Muruga: White | <i>Sunset:</i> 6:10PM | Moon 10 - Phase 27 | |
| | 613112364 | Rahu 3:01PM – 4:35PM | Bava Until 3:06AM Wed | Nataraja: Clear | | 4th Phase | |
| Routine Work | Marana Yoga | | Ekadashi Until 3:28PM | Moon – Clear | | Devaloka Day | |
| Until 4:11AM Wed | | | | Karttika•Aipasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|--|---------------|--|---|------------------------|------------------------|---------------------|--|
| 4 Wednesday, November 1, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Lusaka, Zambia | |
| Uttaraprosarthapada Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau | | Sun 26 Sutra 198 | | | | Hemalamba 5119 | |
| Meena Rasi: 4.2 | Tithi 12 – 13 | Gulika 10:16AM – 11:51AM | Uttaraprosarthapada Until 3:26AM Thu | Ganesha: Yellow | <i>Sunrise:</i> 5:31AM | | |
| | | Yama 7:06AM – 8:41AM | Vyaghata* Until 12:48PM | Muruga: White | <i>Sunset:</i> 6:11PM | Moon 10 - Phase 27 | |
| | 613112364 | Rahu 11:51AM – 1:26PM | Kaulava Until 1:42AM Thu | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dvadashti Until 2:29PM | Moon – Clear | | Devaloka Day | |
| | | | | Karttika•Aipasi | | | |
| | | | <i>Pradosha Vrata</i> | | | | |

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|--|---------------|---|---------------------------------|------------------------|------------------------|---------------------|--|
| 5 Thursday, November 2, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Lusaka, Zambia | |
| Revati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Sun 27 Sutra 199 | | | | Hemalamba 5119 | |
| Meena Rasi: 18.09 | Tithi 13 – 14 | Gulika 8:41AM – 10:16AM | Revati Until 1:51AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 5:31AM | | |
| | | Yama 5:31AM – 7:06AM | Harshana Until 10:16AM | Muruga: White | <i>Sunset:</i> 6:11PM | Moon 10 - Phase 27 | |
| | 613112364 | Rahu 1:26PM – 3:01PM | Gara Until 11:36PM | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | | Trayodashi Until 12:43PM | Moon – Clear | | Devaloka Day | |
| Until 1:51AM Fri | | | | Karttika•Aipasi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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|----------------------------------|---------------|--|-----------------------------------|------------------------|------------------------|---------------------|--|
| Friday, November 3, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Lusaka, Zambia | |
| Copper Retreat Star | | Ashvini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Sun 27 Sutra 200 | | Hemalamba 5119 | |
| Mesha Rasi: 2.23 | Tithi 14 – 15 | Gulika 7:06AM – 8:41AM | Ashvini Until 12:00AM Sat | Ganesha: White | <i>Sunrise:</i> 5:31AM | | |
| | | Yama 3:01PM – 4:36PM | Vajra* Until 7:11AM | Muruga: White | <i>Sunset:</i> 6:11PM | Moon 10 - Phase 27 | |
| | 623112364 | Rahu 10:16AM – 11:51AM | Visti Until 8:56PM | Nataraja: Clear | | Purnima | |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 10:19AM | Moon – White | | Sivaloka Day | |
| Until 12:00AM Sat | | | | Karttika•Aipasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|-----------------------------------|---------------|--|------------------------------|------------------------|------------------------|---------------------|--|
| Saturday, November 4, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Lusaka, Zambia | |
| Silver Retreat Star | | Bharani Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau | | Sun 27 Sutra 201 | | Hemalamba 5119 | |
| Mesha Rasi: 17 | Tithi 15 – 16 | Gulika 5:30AM – 7:05AM | Bharani Until 9:38PM | Ganesha: White | <i>Sunrise:</i> 5:30AM | | |
| | | Yama 1:26PM – 3:01PM | Vyatipata* Until 11:57PM | Muruga: White | <i>Sunset:</i> 6:12PM | Moon 10 - Phase 27 | |
| | 623112364 | Rahu 8:41AM – 10:16AM | Kaulava Until 4:14AM Sun | Nataraja: Clear | | Prathama | |
| Creative Work | Siddha Yoga | | Purnima* Until 7:26AM | Moon – White | | Sivaloka Day | |
| Until 9:38PM | | | | Karttika•Aipasi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda



Sunday, November 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia
Sutra 202

Vrishabha Rasi: 1.5 Tithi 17

623112364

Gulika 3:02PM – 4:37PM
Yama 11:51AM – 1:26PM
Rahu 4:37PM – 6:12PM

Krittika Until 6:57PM
Variyan Until 8:01PM
Taitila Until 2:35PM

Ganesha: White *Sunrise:* 5:30AM
Muruga: White *Sunset:* 6:12PM

Moon 11 - Phase 28
1st Phase

Creative Work Siddha Yoga

Dvitiya Until 12:54AM Mon

Moon – White
Karttika•Aipasi

Sivaloka Day

1

Monday, November 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha/Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 203

Vrishabha Rasi: 16.47 Tithi 18

633112364

Gulika 1:26PM – 3:02PM
Yama 10:16AM – 11:51AM
Rahu 7:05AM – 8:40AM

Rohini Until 4:30PM
Parigha* Until 4:05PM
Vanija Until 11:15AM
Tritiya Until 9:35PM

Ganesha: Clear *Sunrise:* 5:30AM
Muruga: White *Sunset:* 6:13PM

Moon 11 - Phase 28
1st Phase

Creative Work Amrita Yoga

Moon – Yellow
Karttika•Aipasi

Devaloka Day

2

Tuesday, November 7, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia
Sun 2 Sutra 204

Mithuna Rasi: 1.41 Tithi 19

733112364

Gulika 11:51AM – 1:27PM
Yama 8:40AM – 10:16AM
Rahu 3:02PM – 4:37PM

Mrigashira Until 2:03PM
Shiva Until 12:17PM
Bava Until 8:00AM
Chaturthi* Until 6:26PM

Ganesha: White *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:13PM

Moon 11 - Phase 28
1st Phase

Creative Work Siddha Yoga

Moon – Yellow
Karttika•Aipasi

Sivaloka Day

Until 2:03PM

Then Routine Work - Marana Yoga

3

Wednesday, November 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia
Sun 3 Sutra 205

Mithuna Rasi: 16.25 Tithi 20 – 21

734112364

Gulika 10:16AM – 11:51AM
Yama 7:05AM – 8:40AM
Rahu 11:51AM – 1:27PM

Ardra Until 11:45AM
Siddha Until 8:40AM
Gara Until 2:21AM Thu
Panchami Until 3:36PM

Ganesha: Clear *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:13PM

Moon 11 - Phase 28
1st Phase

Creative Work Siddha Yoga

Moon – Yellow
Karttika•Aipasi

Devaloka Day

4

Thursday, November 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia
Sun 4 Sutra 206

Kataka Rasi: 0.52 Tithi 21 – 22

744112364

Gulika 8:40AM – 10:16AM
Yama 5:29AM – 7:04AM
Rahu 1:27PM – 3:03PM

Punarvasu Until 10:08AM
Subha Until 2:31AM Fri
Visti Until 12:12AM Fri
Shashthi* Until 1:12PM

Ganesha: Purple *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:14PM

Moon 11 - Phase 28
1st Phase

Creative Work Amrita Yoga

Moon – Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

D

Friday, November 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia
Sun 5 Sutra 207

Kataka Rasi: 14.59 Tithi 22 – 23

744112364

Gulika 7:04AM – 8:40AM
Yama 3:03PM – 4:38PM
Rahu 10:16AM – 11:51AM

Pushya Until 8:52AM
Sukla Until 12:02AM Sat
Balava Until 10:34PM
Saptami Until 11:18AM

Ganesha: Purple *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:14PM

Moon 11 - Phase 28
Ashtami

Routine Work Marana Yoga

Moon – Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Saturday, November 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia
Sun 6 Sutra 208

Kataka Rasi: 28.46 Tithi 23 – 24

744112364

Gulika 5:28AM – 7:04AM
Yama 1:27PM – 3:03PM
Rahu 8:40AM – 10:16AM

Ashlesha* Until 8:00AM
Brahma Until 10:01PM
Taitila Until 9:30PM
Ashtami* Until 9:57AM

Ganesha: Purple *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:15PM

Moon 11 - Phase 28
Navami

Routine Work Marana Yoga

Moon – Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 8:00AM

Then Creative Work - Amrita Yoga

| 1 Sunday, November 12, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashyam Titau | | | | Lusaka, Zambia Sun 7 Sutra 209 Hemalamba 5119 | |
|----------------------------------|---------------|---|-----------------------------|------------------------|------------------------|---|--------------------|
| Simha Rasi: 12.14 | Tithi 24 – 25 | Gulika 3:03PM – 4:39PM | Magha* Until 7:58AM | Ganesha: Clear | <i>Sunrise:</i> 5:28AM | | |
| | | Yama 11:52AM – 1:27PM | Indra Until 8:27PM | Muruga: White | <i>Sunset:</i> 6:15PM | | Moon 11 - Phase 29 |
| | | 754112364 Rahu 4:39PM – 6:15PM | Vanija Until 8:59PM | Nataraja: Clear | | | 2nd Phase |
| Routine Work | Marana Yoga | | Navami* Until 9:09AM | Moon – Red | | Devaloka Day | |
| Until 7:58AM | | | | Karttika•Aipasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| 2 Monday, November 13, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Ekadashyam Titau | | | | Lusaka, Zambia Sun 8 Sutra 210 Hemalamba 5119 | |
|-----------------------------|---------------|--|-----------------------------------|------------------------|------------------------|---|--------------------|
| Simha Rasi: 25.25 | Tithi 25 – 26 | Gulika 1:28PM – 3:04PM | Purvaphalguni Until 8:17AM | Ganesha: Clear | <i>Sunrise:</i> 5:28AM | | |
| Family Home Evening | | Yama 10:16AM – 11:52AM | Vaidhriti* Until 7:13PM | Muruga: White | <i>Sunset:</i> 6:16PM | | Moon 11 - Phase 29 |
| | | 754112364 Rahu 7:04AM – 8:40AM | Bava Until 8:57PM | Nataraja: Clear | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dashami Until 8:53AM | Moon – Red | | Devaloka Day | |
| | | | | Karttika•Aipasi | | | |

| 3 Tuesday, November 14, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Lusaka, Zambia Sun 9 Sutra 211 Hemalamba 5119 | |
|----------------------------------|---------------|---|------------------------------------|------------------------|------------------------|---|--------------------|
| Kanya Rasi: 8.21 | Tithi 26 – 27 | Gulika 11:52AM – 1:28PM | Uttaraphalguni Until 8:55AM | Ganesha: Clear | <i>Sunrise:</i> 5:28AM | | |
| | | Yama 8:40AM – 10:16AM | Vishkambha* Until 6:22PM | Muruga: White | <i>Sunset:</i> 6:16PM | | Moon 11 - Phase 29 |
| | | 754112364 Rahu 3:04PM – 4:40PM | Kaulava Until 9:21PM | Nataraja: Clear | | | 2nd Phase |
| Creative Work | Amrita Yoga | | Ekadashi* Until 9:05AM | Moon – Red | | Devaloka Day | |
| Until 8:55AM | | | | Karttika•Aipasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| 4 Wednesday, November 15, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Lusaka, Zambia Sun 10 Sutra 212 Hemalamba 5119 | |
|----------------------------------|---------------|--|---------------------------------|------------------------|------------------------|--|--------------------|
| Kanya Rasi: 21.05 | Tithi 27 – 28 | Gulika 10:16AM – 11:52AM | Hasta Until 10:15AM | Ganesha: White | <i>Sunrise:</i> 5:27AM | | |
| | | Yama 7:04AM – 8:40AM | Priti Until 5:49PM | Muruga: White | <i>Sunset:</i> 6:17PM | | Moon 11 - Phase 29 |
| | | 764112364 Rahu 11:52AM – 1:28PM | Gara Until 10:10PM | Nataraja: Clear | | | 2nd Phase |
| Routine Work | Marana Yoga | | Dvadashi* Until 9:41AM | Moon – Green | | Bhuloka Day | |
| Until 10:15AM | | Subramuniyaswami Mahasamadhi | <i>Pradosha Vrata (Fasting)</i> | Karttika•Aipasi | | Devaloka Time: 6:PM to 9:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| 5 Thursday, November 16, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Lusaka, Zambia Sun 11 Sutra 213 Hemalamba 5119 | |
|----------------------------------|---------------|--|----------------------------------|---------------------------|------------------------|--|--------------------|
| Tula Rasi: 3.38 | Tithi 28 – 29 | Gulika 8:40AM – 10:16AM | Chitra Until 11:48AM | Ganesha: White | <i>Sunrise:</i> 5:27AM | | |
| | | Yama 5:27AM – 7:03AM | Ayushman Until 5:31PM | Muruga: White | <i>Sunset:</i> 6:17PM | | Moon 11 - Phase 29 |
| | | 764112364 Rahu 1:28PM – 3:05PM | Visti Until 11:20PM | Nataraja: Clear | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 10:41AM | Moon – Green | | Bhuloka Day | |
| Until 11:48AM | | | | Karttika•Karttikai | | Devaloka Time: 6:PM to 9:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

| ● Friday, November 17, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Lusaka, Zambia Sun 12 Sutra 214 Hemalamba 5119 | |
|-----------------------------|---------------|--|-----------------------------------|---------------------------|------------------------|--|--------------------|
| Retreat Star | | Gulika 7:03AM – 8:40AM | Svati Until 1:31PM | Ganesha: Clear | <i>Sunrise:</i> 5:27AM | | |
| Tula Rasi: 16.03 | Tithi 29 – 30 | Yama 3:05PM – 4:41PM | Saubhagya Until 5:30PM | Muruga: White | <i>Sunset:</i> 6:18PM | | Moon 11 - Phase 29 |
| | | 764212365 Rahu 10:16AM – 11:52AM | Catuspada Until 12:51AM Sat | Nataraja: White | | | Amavasya |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 12:01PM | Moon – Green | | Bhuloka Day | |
| | | | | Karttika•Karttikai | | Devaloka Time: 9:AM to 12:PM | |

| Saturday, November 18, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Alhiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Lusaka, Zambia Sun 13 Sutra 215 Hemalamba 5119 | |
|-----------------------------|--------------|---|-------------------------------|----------------------------|------------------------|--|--------------------|
| Retreat Star | | Gulika 5:27AM – 7:03AM | Vishakha Until 3:53PM | Ganesha: Orange | <i>Sunrise:</i> 5:27AM | | |
| Tula Rasi: 28.19 | Tithi 30 – 1 | Yama 1:29PM – 3:05PM | Sobhana Until 5:46PM | Muruga: White | <i>Sunset:</i> 6:18PM | | Moon 11 - Phase 29 |
| | | 774212365 Rahu 8:40AM – 10:16AM | Kintughna Until 2:42AM Sun | Nataraja: White | | | Prathama |
| Creative Work | Siddha Yoga | | Amavasya* Until 1:43PM | Moon – Orange | | Bhuloka Day | |
| | | | | Margasira•Karttikai | | Devaloka Time: 9:AM to 12:PM | |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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|------------------------------------|-------------|---|--------------------------------|--|-----------------------|--|
| 1 Sunday, November 19, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Lusaka, Zambia Sun 14 Sutra 216 Hemalamba 5119 |
| Vrischika Rasi: 10.26 | Tithi 1 - 2 | Gulika 3:06PM - 4:42PM | Anuradha Until 6:25PM | Ganesh: Orange <i>Sunrise:</i> 5:27AM | <i>Sunset:</i> 6:19PM | Moon 11 - Phase 30 3rd Phase |
| Routine Work | Marana Yoga | Yama 11:53AM - 1:29PM | Athiganda* Until 6:14PM | Muruga: White | | |
| | | 774212365 Rahu 4:42PM - 6:19PM | Balava Until 4:53AM Mon | Nataraja: White | | |
| | | | Prathama* Until 3:44PM | Moon - Orange | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| | | | | Margasira-Karttikai | | |

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|------------------------------------|-------------|---|-------------------------------|--|-----------------------|--|
| 2 Monday, November 20, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Kaulava Karana Dvitiyayam Titau | | | | Lusaka, Zambia Sun 15 Sutra 217 Hemalamba 5119 |
| Vrischika Rasi: 22.26 | Tithi 2 | Gulika 1:29PM - 3:06PM | Jyeshtha* Until 9:04PM | Ganesh: Orange <i>Sunrise:</i> 5:27AM | <i>Sunset:</i> 6:19PM | Moon 11 - Phase 30 3rd Phase |
| Family Home Evening | | Yama 10:16AM - 11:53AM | Sukarma Until 6:57PM | Muruga: White | | |
| Creative Work | Siddha Yoga | 774212365 Rahu 7:03AM - 8:40AM | Kaulava Until 6:04PM | Nataraja: White | | |
| | | | Dvitiya Until 6:04PM | Moon - Orange | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| | | | | Margasira-Karttikai | | |

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|-------------------------------------|-------------|--|--------------------------------|---|-----------------------|--|
| 3 Tuesday, November 21, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Lusaka, Zambia Sun 16 Sutra 218 Hemalamba 5119 |
| Dhanus Rasi: 4.19 | Tithi 3 | Gulika 11:53AM - 1:30PM | Mula* Until 12:17AM Wed | Ganesh: White <i>Sunrise:</i> 5:27AM | <i>Sunset:</i> 6:20PM | Moon 11 - Phase 30 3rd Phase |
| Creative Work | Amrita Yoga | Yama 8:40AM - 10:17AM | Dhriti Until 7:52PM | Muruga: White | | |
| | | 785212365 Rahu 3:06PM - 4:43PM | Taitila Until 7:22AM | Nataraja: White | | |
| | | | Tritiya Until 8:40PM | Moon - Light Blue | | Bhuloka Day |
| | | | | Margasira-Karttikai | | |

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|---------------------------------------|-------------|--|--------------------------------------|---|-----------------------|--|
| 4 Wednesday, November 22, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthiyam Titau | | | | Lusaka, Zambia Sun 17 Sutra 219 Hemalamba 5119 |
| Dhanus Rasi: 16.08 | Tithi 4 | Gulika 10:17AM - 11:53AM | Purvashadha* Until 3:26AM Thu | Ganesh: White <i>Sunrise:</i> 5:27AM | <i>Sunset:</i> 6:20PM | Moon 11 - Phase 30 3rd Phase |
| Creative Work | Amrita Yoga | Yama 7:03AM - 8:40AM | Shula* Until 8:51PM | Muruga: White | | |
| Until 3:26AM Thu | | 785212365 Rahu 11:53AM - 1:30PM | Vanija Until 10:02AM | Nataraja: White | | |
| Then Routine Work - Marana Yoga | | | Chaturthi* Until 11:23PM | Moon - Light Blue | | Bhuloka Day |
| | | | | Margasira-Karttikai | | |

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|--------------------------------------|-------------|---|--------------------------------------|---|-----------------------|--|
| 5 Thursday, November 23, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau | | | | Lusaka, Zambia Sun 18 Sutra 220 Hemalamba 5119 |
| Dhanus Rasi: 27.55 | Tithi 5 | Gulika 8:40AM - 10:17AM | Uttarashadha Until 6:21AM Fri | Ganesh: White <i>Sunrise:</i> 5:27AM | <i>Sunset:</i> 6:21PM | Moon 11 - Phase 30 3rd Phase |
| Routine Work | Marana Yoga | Yama 5:27AM - 7:04AM | Ganda* Until 9:50PM | Muruga: White | | |
| | | 785212365 Rahu 1:30PM - 3:07PM | Bava Until 12:45PM | Nataraja: White | | |
| | | | Panchami Until 2:03AM Fri | Moon - Light Blue | | Bhuloka Day |
| | | | | Margasira-Karttikai | | |

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|------------------------------------|-------------|---|-----------------------------------|---|-----------------------|--|
| 6 Friday, November 24, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau | | | | Lusaka, Zambia Sun 19 Sutra 221 Hemalamba 5119 |
| Makara Rasi: 9.44 | Tithi 6 | Gulika 7:04AM - 8:40AM | Uttarashadha Until 6:21AM | Ganesh: White <i>Sunrise:</i> 5:27AM | <i>Sunset:</i> 6:21PM | Moon 11 - Phase 30 3rd Phase |
| Routine Work | Marana Yoga | Yama 3:08PM - 4:44PM | Vriddhi Until 10:40PM | Muruga: White | | |
| | | 785212365 Rahu 10:17AM - 11:54AM | Kaulava Until 3:20PM | Nataraja: White | | |
| | | | Shashthi* Until 4:28AM Sat | Moon - Light Blue | | Bhuloka Day |
| | | | | Margasira-Karttikai | | |

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|------------------------------------|-------------|--|---------------------------------|---|-----------------------|--|
| Saturday, November 25, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau | | | | Lusaka, Zambia Sun 20 Sutra 222 Hemalamba 5119 |
| Retreat Star | | Gulika 5:27AM - 7:04AM | Shravana Until 9:19AM | Ganesh: Clear <i>Sunrise:</i> 5:27AM | <i>Sunset:</i> 6:22PM | Moon 11 - Phase 30 3rd Phase |
| Makara Rasi: 21.4 | Tithi 7 | Yama 1:31PM - 3:08PM | Dhruva Until 11:08PM | Muruga: White | | |
| Creative Work | Siddha Yoga | 795212365 Rahu 8:41AM - 10:17AM | Gara Until 5:32PM | Nataraja: White | | |
| | | | Saptami Until 6:24AM Sun | Moon - Purple | | Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| | | | | Margasira-Karttikai | | |

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|----------------------------------|-------------|---|---------------------------------|---|-----------------------|--|
| Sunday, November 26, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Lusaka, Zambia Sun 21 Sutra 223 Hemalamba 5119 |
| Retreat Star | | Gulika 3:08PM - 4:45PM | Dhanishtha Until 11:35AM | Ganesh: Clear <i>Sunrise:</i> 5:27AM | <i>Sunset:</i> 6:22PM | Moon 11 - Phase 30 Ashtami |
| Kumbha Rasi: 3.47 | Tithi 7 - 8 | Yama 11:55AM - 1:32PM | Vyaghata* Until 11:07PM | Muruga: White | | |
| Routine Work | Marana Yoga | 795212365 Rahu 4:45PM - 6:22PM | Visti Until 7:07PM | Nataraja: White | | |
| Until 11:35AM | | | Saptami Until 6:24AM | Moon - Purple | | Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| Then Creative Work - Siddha Yoga | | | | Margasira-Karttikai | | |

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|----------------------------------|-------------|---|----------------------------------|---|-----------------------|--|
| Monday, November 27, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Lusaka, Zambia Sun 22 Sutra 224 Hemalamba 5119 |
| Retreat Star | | Gulika 1:32PM - 3:09PM | Shatabhishak Until 1:00PM | Ganesh: Clear <i>Sunrise:</i> 5:27AM | <i>Sunset:</i> 6:23PM | Moon 11 - Phase 30 Navami |
| Kumbha Rasi: 16.13 | Tithi 8 - 9 | Yama 10:18AM - 11:55AM | Harshana Until 10:30PM | Muruga: White | | |
| Family Home Evening | | 795212365 Rahu 7:04AM - 8:41AM | Balava Until 7:54PM | Nataraja: White | | |
| Creative Work | Siddha Yoga | | Ashtami* Until 7:36AM | Moon - Purple | | Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| Until 1:00PM | | | | Margasira-Karttikai | | |
| Then Routine Work - Marana Yoga | | | | | | |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1

Tuesday, November 28, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuklayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam TitauLusaka, Zambia
Sun 23 Sutra 225

Kumbha Rasi: 29.01 Tithi 9 - 10

Gulika 11:55AM - 1:32PM
Yama 8:41AM - 10:18AM
Rahu 3:09PM - 4:46PMPurvaprosarthapada* Until 1:52PM
Vajra* Until 9:09PM
Taitila Until 7:48PM
Navami* Until 7:57AMGanesha: Yellow Sunrise: 5:27AM
Muruga: White Sunset: 6:23PM
Nataraja: White
Moon - Clear
Margasira*KarttikaiHemalamba 5119
Moon 11 - Phase 31
4th PhaseRoutine Work Marana Yoga
Until 1:52PM

Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Wednesday, November 29, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuklayam
Uttaraprosarthapada/Revati Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam TitauLusaka, Zambia
Sun 24 Sutra 226

Meena Rasi: 12.17 Tithi 10 - 11

Gulika 10:18AM - 11:56AM
Yama 7:04AM - 8:41AM
Rahu 11:56AM - 1:33PMUttaraprosarthapada Until 1:42PM
Siddhi Until 7:06PM
Vanija Until 6:46PM
Dashami Until 7:22AMGanesha: Yellow Sunrise: 5:27AM
Muruga: White Sunset: 6:24PM
Nataraja: White
Moon - Clear
Margasira*KarttikaiHemalamba 5119
Moon 11 - Phase 31
4th PhaseCreative Work Siddha Yoga
Until 1:42PM

Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Thursday, November 30, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuklayam
Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Dvadashyam TitauLusaka, Zambia
Sun 25 Sutra 227

Meena Rasi: 26.04 Tithi 12

Gulika 8:42AM - 10:19AM
Yama 5:27AM - 7:04AM
Rahu 1:33PM - 3:10PMRevati Until 12:32PM
Vyatipata* Until 4:24PM
Bava Until 4:55PM
Dvadashi Until 3:42AM FriGanesha: White Sunrise: 5:27AM
Muruga: White Sunset: 6:25PM
Nataraja: White
Moon - Clear
Margasira*KarttikaiHemalamba 5119
Moon 11 - Phase 31
4th PhaseCreative Work Siddha Yoga
Until 12:32PM

Then Creative Work - Amrita Yoga

Devaloka Day

4

Friday, December 1, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuklayam
Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Trayodashyam TitauLusaka, Zambia
Sun 26 Sutra 228

Mesha Rasi: 10.2 Tithi 13

Gulika 7:05AM - 8:42AM
Yama 3:11PM - 4:48PM
Rahu 10:19AM - 11:56AMAshvini Until 10:56AM
Variyan Until 1:06PM
Kaulava Until 2:21PM
Trayodashi Until 12:50AM Sat
*Pradosha Vrata*Ganesha: Clear Sunrise: 5:27AM
Muruga: White Sunset: 6:25PM
Nataraja: White
Moon - White
Margasira*KarttikaiHemalamba 5119
Moon 11 - Phase 31
4th PhaseCreative Work Amrita Yoga
Until 10:56AM

Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Saturday, December 2, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuklayam
Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam TitauLusaka, Zambia
Sun 27 Sutra 229

Mesha Rasi: 25.02 Tithi 14

Gulika 5:28AM - 7:05AM
Yama 1:34PM - 3:11PM
Rahu 8:42AM - 10:19AMBharani Until 8:37AM
Parigha* Until 9:21AM
Gara Until 11:14AM
Chaturdashi* Until 9:30PMGanesha: Clear Sunrise: 5:28AM
Muruga: White Sunset: 6:26PM
Nataraja: White
Moon - White
Margasira*KarttikaiHemalamba 5119
Moon 11 - Phase 31
4th PhaseCreative Work Siddha Yoga
Until 8:37AM

Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

O

Sunday, December 3, 2017

Copper Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuklayam
Rohini Nakshatra Siddha Yoga Visti*/Balava Karana Purnima/Prathamayam TitauLusaka, Zambia
Sutra 230

Vrisabha Rasi: 10.04 Tithi 15 - 16

Gulika 3:12PM - 4:49PM
Yama 11:57AM - 1:34PM
Rahu 4:49PM - 6:26PMRohini Until 2:56AM Mon
Siddha Until 1:01AM Mon
Visti Until 7:43AM
Purnima* Until 5:52PMGanesha: Purple Sunrise: 5:28AM
Muruga: White Sunset: 6:26PM
Nataraja: White
Moon - Yellow
Margasira*KarttikaiHemalamba 5119
Moon 11 - Phase 31
PurnimaCreative Work Siddha Yoga
Until 2:56AM Mon

Then Creative Work - Amrita Yoga

Devaloka Day

Monday, December 4, 2017

Silver Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuklayam
Mrigashira Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam TitauLusaka, Zambia
Sutra 231

Vrisabha Rasi: 25.16 Tithi 16 - 17

Gulika 1:35PM - 3:12PM
Yama 10:20AM - 11:57AM
Rahu 7:05AM - 8:43AMMrigashira Until 11:56PM
Sadhya Until 8:42PM
Taitila Until 12:15AM Tue
Prathama* Until 2:06PMGanesha: Purple Sunrise: 5:28AM
Muruga: White Sunset: 6:27PM
Nataraja: White
Moon - Yellow
Margasira*KarttikaiHemalamba 5119
Moon 11 - Phase 31
PrathamaCreative Work Amrita Yoga
Until 11:56PM

Then Creative Work - Siddha Yoga

Vinayaga Viratam Begins

Devaloka Day



Tuesday, December 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 232
Hemalamba 5119

Mithuna Rasi: 10.3 Tihti 17 – 18
736212365

Gulika 11:58AM – 1:35PM
Yama 8:43AM – 10:20AM
Rahu 3:13PM – 4:50PM

Ardra Until 8:56PM
Subha Until 4:30PM
Vanija Until 8:39PM
Dvitiya Until 10:25AM

Ganesha: Purple *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:27PM
Nataraja: White
Moon – Yellow
Margasira•Karttikai

Moon 12 - Phase 32
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 8:56PM
Then Creative Work - Siddha Yoga

Wednesday, December 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Visti*/Balava Karana Tritiya/Chaturthiyam Titau

Lusaka, Zambia
Sun 2 Sutra 233
Hemalamba 5119

Mithuna Rasi: 25.34 Tihti 18 – 19
746212365

Gulika 10:21AM – 11:58AM
Yama 7:06AM – 8:43AM
Rahu 11:58AM – 1:36PM

Punarvasu Until 6:31PM
Sukla Until 12:29PM
Balava Until 3:50AM Thu
Tritiya Until 6:56AM

Ganesha: Clear *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:28PM
Nataraja: White
Moon – Blue
Margasira•Karttikai

Moon 12 - Phase 32
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Thursday, December 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia
Sun 3 Sutra 234
Hemalamba 5119

Kataka Rasi: 10.21 Tihti 20
747212365

Gulika 8:44AM – 10:21AM
Yama 5:29AM – 7:06AM
Rahu 1:36PM – 3:14PM

Pushya Until 4:26PM
Brahma Until 8:50AM
Kaulava Until 2:30PM
Panchami Until 1:16AM Fri

Ganesha: White *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:29PM
Nataraja: White
Moon – Blue
Margasira•Karttikai

Moon 12 - Phase 32
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 4:26PM
Then Creative Work - Siddha Yoga

Friday, December 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shashthiyam Titau

Lusaka, Zambia
Sun 4 Sutra 235
Hemalamba 5119

Kataka Rasi: 24.45 Tihti 21
747212365

Gulika 7:07AM – 8:44AM
Yama 3:14PM – 4:52PM
Rahu 10:22AM – 11:59AM

Ashlesha* Until 2:47PM
Vaidhriti* Until 2:56AM Sat
Gara Until 12:14PM
Shashthi* Until 11:20PM

Ganesha: White *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:29PM
Nataraja: White
Moon – Blue
Margasira•Karttikai

Moon 12 - Phase 32
1st Phase

Bhuloka Day

Routine Work Marana Yoga

Saturday, December 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia
Sun 5 Sutra 236
Hemalamba 5119

Simha Rasi: 8.43 Tihti 22
757212365

Gulika 5:29AM – 7:07AM
Yama 1:37PM – 3:15PM
Rahu 8:44AM – 10:22AM

Magha* Until 2:06PM
Vishkambha* Until 12:49AM Sun
Visti Until 10:39AM
Saptami Until 10:06PM

Ganesha: Yellow *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:30PM
Nataraja: White
Moon – Red
Margasira•Karttikai

Moon 12 - Phase 32
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 2:06PM
Then Creative Work - Siddha Yoga

Sunday, December 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 6 Sutra 237
Hemalamba 5119

Simha Rasi: 22.15 Tihti 23
757212365

Gulika 3:15PM – 4:53PM
Yama 12:00PM – 1:38PM
Rahu 4:53PM – 6:30PM

Purvaphalguni Until 1:59PM
Priti Until 11:17PM
Balava Until 9:47AM
Ashtami* Until 9:36PM

Ganesha: Yellow *Sunrise:* 5:30AM
Muruga: White *Sunset:* 6:30PM
Nataraja: White
Moon – Red
Margasira•Karttikai

Moon 12 - Phase 32
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 1:59PM
Then Creative Work - Amrita Yoga

Monday, December 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia
Sun 7 Sutra 238
Hemalamba 5119

Kanya Rasi: 5.23 Tihti 24
757212365

Gulika 1:38PM – 3:16PM
Yama 10:23AM – 12:00PM
Rahu 7:08AM – 8:45AM

Uttaraphalguni Until 2:24PM
Ayushman Until 10:16PM
Taitila Until 9:38AM
Navami* Until 9:48PM

Ganesha: Yellow *Sunrise:* 5:30AM
Muruga: White *Sunset:* 6:31PM
Nataraja: White
Moon – Red
Margasira•Karttikai

Moon 12 - Phase 32
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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|-------------------|-------------|-----------------------------------|------------------|---|----------------------------|------------------------|-----------------------------------|--|
| 1 | | Tuesday, December 12, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Vanija/Visi* Karana Dashamyam Titau | | | Lusaka, Zambia Sun 8 Sutra 239 | |
| Kanya Rasi: 18.12 | Tithi 25 | Gulika | 12:01PM – 1:39PM | Hasta Until 3:44PM | Ganesh: Yellow | <i>Sunrise:</i> 5:30AM | Hemalamba 5119 | |
| | | Yama | 8:46AM – 10:23AM | Saubhagya Until 9:43PM | Muruga: White | <i>Sunset:</i> 6:32PM | Moon 12 - Phase 33 | |
| Creative Work | Siddha Yoga | 767312365 Rahu | 3:16PM – 4:54PM | Vanija Until 10:09AM | Nataraja: White | | 2nd Phase | |
| | | | | Dashami Until 10:37PM | Moon – Green | | Bhuloka Day | |
| | | | | | Margasira•Karttikai | | Devaloka Time: 9:AM to12:PM | |

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|-----------------|-------------|-------------------------------------|-------------------|---|----------------------------|------------------------|-----------------------------------|--|
| 2 | | Wednesday, December 13, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau | | | Lusaka, Zambia Sun 9 Sutra 240 | |
| Tula Rasi: 0.45 | Tithi 26 | Gulika | 10:24AM – 12:01PM | Chitra Until 5:27PM | Ganesh: Yellow | <i>Sunrise:</i> 5:31AM | Hemalamba 5119 | |
| | | Yama | 7:08AM – 8:46AM | Sobhana Until 9:34PM | Muruga: White | <i>Sunset:</i> 6:32PM | Moon 12 - Phase 33 | |
| Creative Work | Siddha Yoga | 767312365 Rahu | 12:01PM – 1:39PM | Bava Until 11:14AM | Nataraja: White | | 2nd Phase | |
| | | | | Ekadashi* Until 11:55PM | Moon – Green | | Bhuloka Day | |
| | | | | | Margasira•Karttikai | | Devaloka Time: 9:AM to12:PM | |

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| 3 | | Thursday, December 14, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | Lusaka, Zambia Sun 10 Sutra 241 | |
| Tula Rasi: 13.05 | Tithi 27 | Gulika | 8:46AM – 10:24AM | Svati Until 7:24PM | Ganesh: Blue | <i>Sunrise:</i> 5:31AM | Hemalamba 5119 | |
| | | Yama | 5:31AM – 7:09AM | Athiganda* Until 9:42PM | Muruga: White | <i>Sunset:</i> 6:33PM | Moon 12 - Phase 33 | |
| Creative Work | Amrita Yoga | 768312365 Rahu | 1:40PM – 3:17PM | Kaulava Until 12:46PM | Nataraja: White | | 2nd Phase | |
| Until 7:24PM | | | | Dvadashi* Until 1:39AM Fri | Moon – Green | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | | Margasira•Karttikai | | | |

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| 4 | | Friday, December 15, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau | | | Lusaka, Zambia Sun 11 Sutra 242 | |
| Tula Rasi: 25.16 | Tithi 28 | Gulika | 7:09AM – 8:47AM | Vishakha Until 9:59PM | Ganesh: Blue | <i>Sunrise:</i> 5:32AM | Hemalamba 5119 | |
| | | Yama | 3:18PM – 4:55PM | Sukarma Until 10:06PM | Muruga: White | <i>Sunset:</i> 6:33PM | Moon 12 - Phase 33 | |
| Creative Work | Siddha Yoga | 778312365 Rahu | 10:25AM – 12:02PM | Gara Until 2:39PM | Nataraja: White | | 2nd Phase | |
| | | | | Trayodashi* Until 3:41AM Sat | Moon – Orange | | Bhuloka Day | |
| | | Markali Pillaiyar | | <i>Pradosha Vrata (Fasting)</i> | Margasira•Markali | | | |

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| 5 | | Saturday, December 16, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | Lusaka, Zambia Sun 12 Sutra 243 | |
| Vrishchika Rasi: 7.2 | Tithi 29 | Gulika | 5:32AM – 7:10AM | Anuradha Until 12:40AM Sun | Ganesh: Blue | <i>Sunrise:</i> 5:32AM | Hemalamba 5119 | |
| | | Yama | 1:41PM – 3:18PM | Dhriti Until 10:42PM | Muruga: White | <i>Sunset:</i> 6:34PM | Moon 12 - Phase 33 | |
| Creative Work | Siddha Yoga | 878312365 Rahu | 8:47AM – 10:25AM | Visti Until 4:49PM | Nataraja: White | | 2nd Phase | |
| Until 12:40AM Sun | | | | Chaturdashi* Until 5:58AM Sun | Moon – Orange | | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | | Margasira•Markali | | | |

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| ● | | Sunday, December 17, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Catuspada* Karana Amavasyayam Titau | | | Lusaka, Zambia Sun 13 Sutra 244 | |
| Retreat Star | | Gulika | 3:19PM – 4:57PM | Jyeshtha* Until 3:23AM Mon | Ganesh: Blue | <i>Sunrise:</i> 5:32AM | Hemalamba 5119 | |
| Vrishchika Rasi: 19.18 | Tithi 30 | Yama | 12:03PM – 1:41PM | Shula* Until 11:26PM | Muruga: White | <i>Sunset:</i> 6:34PM | Moon 12 - Phase 33 | |
| Routine Work | Marana Yoga | 878312365 Rahu | 4:57PM – 6:34PM | Catuspada Until 7:13PM | Nataraja: White | | Amavasya | |
| Until 3:23AM Mon | | | | Amavasya* Until 8:28AM Mon | Moon – Orange | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | Hanumath Jayanthi (Tamil Nadu) | | | Margasira•Markali | | | |

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| Monday, December 18, 2017 | | Retreat Star | | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | Lusaka, Zambia Sun 14 Sutra 245 | |
| Dhanus Rasi: 1.11 | Tithi 30 – 1 | Gulika | 1:42PM – 3:19PM | Mula* Until 6:35AM Tue | Ganesh: Blue | <i>Sunrise:</i> 5:33AM | Hemalamba 5119 | | |
| Family Home Evening | | Yama | 10:26AM – 12:04PM | Ganda* Until 12:18AM Tue | Muruga: White | <i>Sunset:</i> 6:35PM | Moon 12 - Phase 33 | | |
| Creative Work | Siddha Yoga | 888312365 Rahu | 7:11AM – 8:48AM | Kintughna Until 9:47PM | Nataraja: White | | Prathama | | |
| | | | | Amavasya* Until 8:28AM | Moon – Light Blue | | Bhuloka Day | | |
| | | | | | Pausha•Markali | | | | |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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| 1 | | Tuesday, December 19, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | Lusaka, Zambia Sun 15 Sutra 246 Hemalamba 5119 | |
| Dhanus Rasi: 13.02 | Tithi 1 – 2 | Gulika Yama 888312365 | 12:04PM – 1:42PM 8:49AM – 10:27AM Rahu 3:20PM – 4:58PM | Mula* Until 6:35AM Vriddhi Until 1:16AM Wed Balava Until 12:28AM Wed Prathama* Until 11:06AM | Ganesha: Blue Muruga: White Nataraja: White Moon – Light Blue Pausha-Markali | Sunrise: 5:33AM Sunset: 6:35PM | | | | Bhuloka Day |
| Creative Work Amrita Yoga Until 6:35AM Then Creative Work - Siddha Yoga | | | | | | | | | | |

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| 2 | | Wednesday, December 20, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | Lusaka, Zambia Sun 16 Sutra 247 Hemalamba 5119 | |
| Dhanus Rasi: 24.5 | Tithi 2 – 3 | Gulika Yama 889312365 | 10:27AM – 12:05PM 7:11AM – 8:49AM Rahu 12:05PM – 1:43PM | Purvashadha* Until 9:42AM Dhruva Until 2:12AM Thu Taitila Until 3:10AM Thu Dvitiya Until 1:48PM | Ganesha: Yellow Muruga: White Nataraja: White Moon – Light Blue Pausha-Markali | Sunrise: 5:34AM Sunset: 6:36PM | | | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| Creative Work Amrita Yoga | | | | | | | | | | |

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| 3 | | Thursday, December 21, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | | Lusaka, Zambia Sun 17 Sutra 248 Hemalamba 5119 | |
| Makara Rasi: 6.39 | Tithi 3 – 4 | Gulika Yama 889312365 | 8:50AM – 10:28AM 5:34AM – 7:12AM Rahu 1:43PM – 3:21PM | Uttarashadha Until 12:36PM Vyaghata* Until 3:04AM Fri Vanija Until 5:44AM Fri Tritiya Until 4:27PM | Ganesha: Yellow Muruga: White Nataraja: White Moon – Light Blue Pausha-Markali | Sunrise: 5:34AM Sunset: 6:36PM | | | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| Routine Work Marana Yoga Until 12:36PM Then Creative Work - Siddha Yoga | | Day 1 of Pancha Ganapati | | | | | | | | |

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| 4 | | Friday, December 22, 2017 | | | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Visti* Karana Chaturthiyam Titau | | | Lusaka, Zambia Sun 18 Sutra 249 Hemalamba 5119 | |
| Makara Rasi: 18.31 | Tithi 4 | Gulika Yama 899312365 | 7:12AM – 8:50AM 3:21PM – 4:59PM Rahu 10:28AM – 12:06PM | Shravana Until 3:40PM Harshana Until 3:45AM Sat Visti Until 6:54PM Chaturthi* Until 6:54PM | Ganesha: Red Muruga: White Nataraja: White Moon – Purple Pausha-Markali | Sunrise: 5:35AM Sunset: 6:37PM | | | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| Routine Work Marana Yoga Until 3:40PM Then Creative Work - Siddha Yoga | | Day 2 of Pancha Ganapati | | | | | | | | |

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| 5 | | Saturday, December 23, 2017 | | | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau | | | Lusaka, Zambia Sun 19 Sutra 250 Hemalamba 5119 | |
| Kumbha Rasi: 0.29 | Tithi 5 | Gulika Yama 899312365 | 5:35AM – 7:13AM 1:44PM – 3:22PM Rahu 8:51AM – 10:28AM | Dhanishtha Until 6:15PM Vajra* Until 4:04AM Sun Bava Until 8:01AM Panchami Until 8:58PM | Ganesha: Red Muruga: White Nataraja: White Moon – Purple Pausha-Markali | Sunrise: 5:35AM Sunset: 6:37PM | | | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| Creative Work Siddha Yoga Until 6:15PM Then Creative Work - Amrita Yoga | | Day 3 of Pancha Ganapati | | | | | | | | |

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| 6 | | Sunday, December 24, 2017 | | | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau | | | Lusaka, Zambia Sun 20 Sutra 251 Hemalamba 5119 | |
| Kumbha Rasi: 12.38 | Tithi 6 | Gulika Yama 899312365 | 3:22PM – 5:00PM 12:07PM – 1:45PM Rahu 5:00PM – 6:38PM | Shatabhishak Until 8:09PM Siddhi Until 3:58AM Mon Kaulava Until 9:50AM Shashthi* Until 10:29PM | Ganesha: Red Muruga: White Nataraja: White Moon – Purple Pausha-Markali | Sunrise: 5:36AM Sunset: 6:38PM | | | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| Creative Work Siddha Yoga | | Day 4 of Pancha Ganapati Vinayaga Viratam Ends | | | | | | | | |

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| Monday, December 25, 2017 | | Retreat Star | | | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau | | | Lusaka, Zambia Sun 21 Sutra 252 Hemalamba 5119 | |
| Kumbha Rasi: 25.02 | Tithi 7 | Gulika Yama 819312365 | 1:45PM – 3:23PM 10:29AM – 12:07PM Rahu 7:14AM – 8:52AM | Purvaproshtapada* Until 9:42PM Vyatipata* Until 3:18AM Tue Gara Until 11:01AM Saptami Until 11:18PM | Ganesha: Clear Muruga: White Nataraja: White Moon – Clear Pausha-Markali | Sunrise: 5:36AM Sunset: 6:38PM | | | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| Family Home Evening Routine Work Marana Yoga Until 9:42PM Then Creative Work - Siddha Yoga | | Day 5 of Pancha Ganapati | | | | | | | | |

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| Tuesday, December 26, 2017 | | Retreat Star | | | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau | | | Lusaka, Zambia Sun 22 Sutra 253 Hemalamba 5119 | |
| Meena Rasi: 7.46 | Tithi 8 | Gulika Yama 819312366 | 12:08PM – 1:45PM 8:52AM – 10:30AM Rahu 3:23PM – 5:01PM | Uttaraproshtapada Until 10:19PM Variyan Until 1:59AM Wed Visti Until 11:25AM Ashtami* Until 11:18PM | Ganesha: Clear Muruga: White Nataraja: Green Moon – Clear Pausha-Markali | Sunrise: 5:37AM Sunset: 6:39PM | | | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| Creative Work Amrita Yoga Until 10:19PM Then Creative Work - Siddha Yoga | | | | | | | | | | |

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| Wednesday, December 27, 2017 | | Retreat Star | | | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau | | | Lusaka, Zambia Sun 23 Sutra 254 Hemalamba 5119 | |
| Meena Rasi: 20.55 | Tithi 9 | Gulika Yama 819312366 | 10:31AM – 12:08PM 7:15AM – 8:53AM Rahu 12:08PM – 1:46PM | Revati Until 9:58PM Parigha* Until 12:01AM Thu Balava Until 10:59AM Navami* Until 10:26PM | Ganesha: Clear Muruga: White Nataraja: Green Moon – Clear Pausha-Markali | Sunrise: 5:37AM Sunset: 6:39PM | | | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| Routine Work Marana Yoga | | | | | | | | | | |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

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| 1 | | Thursday, December 28, 2017 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau | | Lusaka, Zambia Sun 24 Sutra 255 Hemalamba 5119 | |
| Mesha Rasi: 4.31 | Tithi 10 | Gulika 8:53AM – 10:31AM | Ashvini Until 9:06PM | Ganesh: Blue <i>Sunrise: 5:38AM</i> | | | |
| | | Yama 5:38AM – 7:16AM | Shiva Until 9:25PM | Muruga: White <i>Sunset: 6:40PM</i> | | | Moon 12 - Phase 35 |
| | | 821312366 Rahu 1:46PM – 3:24PM | Taitila Until 9:43AM | Nataraja: Green | | | 4th Phase |
| Creative Work | Amrita Yoga | | Dashami Until 8:46PM | Moon – White | | Devaloka Day | |
| Until 9:06PM | | | | Pausha-Markali | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Friday, December 29, 2017 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau | | Lusaka, Zambia Sun 25 Sutra 256 Hemalamba 5119 | |
| Mesha Rasi: 18.35 | Tithi 11 | Gulika 7:16AM – 8:54AM | Bharani Until 7:23PM | Ganesh: Blue <i>Sunrise: 5:38AM</i> | | | |
| | | Yama 3:25PM – 5:02PM | Siddha Until 6:14PM | Muruga: White <i>Sunset: 6:40PM</i> | | | Moon 12 - Phase 35 |
| | | 821312366 Rahu 10:32AM – 12:09PM | Vanija Until 7:40AM | Nataraja: Green | | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 6:22PM | Moon – White | | Devaloka Day | |
| | | Vaikuntha Ekadasi | | Pausha-Markali | | | |

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| 3 | | Saturday, December 30, 2017 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Lusaka, Zambia Sun 26 Sutra 257 Hemalamba 5119 | |
| Vrishabha Rasi: 3.08 | Tithi 12 – 13 | Gulika 5:39AM – 7:17AM | Krittika Until 4:57PM | Ganesh: Blue <i>Sunrise: 5:39AM</i> | | | |
| | | Yama 1:47PM – 3:25PM | Sadhya Until 2:34PM | Muruga: White <i>Sunset: 6:40PM</i> | | | Moon 12 - Phase 35 |
| | | 821312366 Rahu 8:54AM – 10:32AM | Kaulava Until 1:44AM Sun | Nataraja: Green | | | 4th Phase |
| Creative Work | Amrita Yoga | | Dvadashi Until 3:23PM | Moon – White | | Devaloka Day | |
| | | | <i>Pradosha Vrata</i> | Pausha-Markali | | | |

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| 4 | | Sunday, December 31, 2017 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Lusaka, Zambia Sun 27 Sutra 258 Hemalamba 5119 | |
| Vrishabha Rasi: 18.03 | Tithi 13 – 14 | Gulika 3:25PM – 5:03PM | Rohini Until 2:22PM | Ganesh: Yellow <i>Sunrise: 5:40AM</i> | | | |
| | | Yama 12:10PM – 1:48PM | Subha Until 10:33AM | Muruga: White <i>Sunset: 6:41PM</i> | | | Moon 12 - Phase 35 |
| | | 831312366 Rahu 5:03PM – 6:41PM | Gara Until 10:09PM | Nataraja: Green | | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 11:58AM | Moon – Yellow | | Bhuloka Day | |
| | | | | Pausha-Markali | | Devaloka Time: 9:AM to12:PM | |

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| Monday, January 1, 2018 | | Copper Retreat Star | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Lusaka, Zambia Sutra 259 Hemalamba 5119 | |
| Mithuna Rasi: 3.14 | Tithi 14 – 15 | Gulika 1:48PM – 3:26PM | Mrigashira Until 11:23AM | Ganesh: Yellow <i>Sunrise: 5:40AM</i> | | | |
| Family Home Evening | | Yama 10:33AM – 12:11PM | Sukla Until 6:16AM | Muruga: White <i>Sunset: 6:41PM</i> | | | Moon 12 - Phase 35 |
| | | 831312366 Rahu 7:18AM – 8:55AM | Visti Until 6:22PM | Nataraja: Green | | | Purnima |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 8:15AM | Moon – Yellow | | Bhuloka Day | |
| Until 11:23AM | | | | Pausha-Markali | | Devaloka Time: 9:AM to12:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Tuesday, January 2, 2018 | | Silver Retreat Star | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau | | Lusaka, Zambia Sutra 260 Hemalamba 5119 | |
| Mithuna Rasi: 18.31 | Tithi 16 | Gulika 12:11PM – 1:49PM | Ardra Until 8:11AM | Ganesh: Yellow <i>Sunrise: 5:41AM</i> | | | |
| | | Yama 8:56AM – 10:34AM | Indra Until 9:35PM | Muruga: White <i>Sunset: 6:42PM</i> | | | Moon 12 - Phase 35 |
| | | 831312366 Rahu 3:26PM – 5:04PM | Balava Until 2:34PM | Nataraja: Green | | | Prathama |
| Routine Work | Marana Yoga | | Prathama* Until 12:42AM Wed | Moon – Yellow | | Bhuloka Day | |
| Until 8:11AM | | | | Pausha-Markali | | Devaloka Time: 9:AM to12:PM | |
| Then Creative Work - Siddha Yoga | | Ardra Darshanam | | | | | |



Wednesday, January 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia
Sutra 261

Kataka Rasi: 3.44 Tihi 17

Gulika 10:34AM – 12:12PM
Yama 7:19AM – 8:56AM
841312366 **Rahu** 12:12PM – 1:49PM

Pushya Until 2:40AM Thu
Vaidhriti* Until 5:24PM
Taitila Until 10:55AM
Dvitiya Until 9:11PM

Ganesha: White *Sunrise:* 5:41AM
Muruga: White *Sunset:* 6:42PM
Nataraja: Green
Moon – Blue
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Thursday, January 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 262

Kataka Rasi: 18.43 Tihi 18

Gulika 8:57AM – 10:34AM
Yama 5:42AM – 7:19AM
841312366 **Rahu** 1:50PM – 3:27PM

Ashlesha* Until 12:16AM Fri
Vishkambha* Until 1:32PM
Vanija Until 7:35AM
Tritiya Until 6:04PM

Ganesha: White *Sunrise:* 5:42AM
Muruga: White *Sunset:* 6:42PM
Nataraja: Green
Moon – Blue
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 12:16AM Fri

Then Routine Work - Marana Yoga

Friday, January 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
Sun 2 Sutra 263

Simha Rasi: 3.22 Tihi 19 – 20

Gulika 7:20AM – 8:57AM
Yama 3:27PM – 5:05PM
851312366 **Rahu** 10:35AM – 12:12PM

Magha* Until 10:44PM
Priti Until 10:07AM
Kaulava Until 2:30AM Sat
Chaturthi* Until 3:31PM

Ganesha: Clear *Sunrise:* 5:42AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Green
Moon – Red
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

Until 10:44PM

Then Creative Work - Siddha Yoga

Saturday, January 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia
Sun 3 Sutra 264

Simha Rasi: 17.34 Tihi 20 – 21

Gulika 5:43AM – 7:21AM
Yama 1:50PM – 3:28PM
851312366 **Rahu** 8:58AM – 10:35AM

Purvaphalguni Until 9:46PM
Ayushman Until 7:11AM
Gara Until 12:59AM Sun
Panchami Until 1:37PM

Ganesha: Clear *Sunrise:* 5:43AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Green
Moon – Red
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 9:46PM

Then Routine Work - Marana Yoga

Sunday, January 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia
Sun 4 Sutra 265

Kanya Rasi: 1.19 Tihi 21 – 22

Gulika 3:28PM – 5:06PM
Yama 12:13PM – 1:51PM
851412366 **Rahu** 5:06PM – 6:43PM

Uttaraphalguni Until 9:26PM
Sobhana Until 3:12AM Mon
Visti Until 12:17AM Mon
Shashthi* Until 12:31PM

Ganesha: Purple *Sunrise:* 5:44AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Green
Moon – Red
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Monday, January 8, 2018

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Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia
Sun 5 Sutra 266

Kanya Rasi: 15 Tihi 22 – 23

Gulika 1:51PM – 3:29PM
Yama 10:36AM – 12:14PM
862412366 **Rahu** 7:22AM – 8:59AM

Hasta Until 10:11PM
Athiganda* Until 2:07AM Tue
Balava Until 12:23AM Tue
Saptami Until 12:13PM

Ganesha: Purple *Sunrise:* 5:44AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Green
Moon – Green
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 10:11PM

Then Routine Work - Prabalarishta Yoga

Tuesday, January 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia
Sun 6 Sutra 267

Kanya Rasi: 27.28 Tihi 23 – 24

Gulika 12:14PM – 1:52PM
Yama 9:00AM – 10:37AM
862412366 **Rahu** 3:29PM – 5:06PM

Chitra Until 11:31PM
Sukarma Until 1:38AM Wed
Taitila Until 1:14AM Wed
Ashtami* Until 12:42PM

Ganesha: Purple *Sunrise:* 5:45AM
Muruga: White *Sunset:* 6:44PM
Nataraja: Green
Moon – Green
Pausha-Markali

Hemalamba 5119
Moon 13 - Phase 36
Navami

Devaloka Day

Creative Work Siddha Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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|----------|------------------------------------|---------------|---|-------------------------------|------------------------|------------------------|---|--|
| 1 | Wednesday, January 10, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Lusaka, Zambia Sun 7 Sutra 268 Hemalamba 5119 | |
| | Tula Rasi: 10.01 | Tithi 24 – 25 | Gulika 10:37AM – 12:15PM | Svati Until 1:18AM Thu | Ganesha: Purple | <i>Sunrise:</i> 5:45AM | | |
| | | | Yama 7:23AM – 9:00AM | Dhriti Until 1:39AM Thu | Muruga: White | <i>Sunset:</i> 6:44PM | Moon 13 - Phase 37 | |
| | Creative Work | Siddha Yoga | 862412366 Rahu 12:15PM – 1:52PM | Vanija Until 2:44AM Thu | Nataraja: Green | | 2nd Phase | |
| | | | Navami* Until 1:54PM | Moon – Green | | Devaloka Day | | |
| | | | | Pausha-Markali | | | | |


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| 2 | Thursday, January 11, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Lusaka, Zambia Sun 8 Sutra 269 Hemalamba 5119 | |
| | Tula Rasi: 22.17 | Tithi 25 – 26 | Gulika 9:01AM – 10:38AM | Vishakha Until 3:55AM Fri | Ganesha: Clear | <i>Sunrise:</i> 5:46AM | | |
| | | | Yama 5:46AM – 7:23AM | Shula* Until 2:01AM Fri | Muruga: White | <i>Sunset:</i> 6:44PM | Moon 13 - Phase 37 | |
| | Creative Work | Siddha Yoga | 872412366 Rahu 1:52PM – 3:30PM | Bava Until 4:44AM Fri | Nataraja: Green | | 2nd Phase | |
| | | | Dashami Until 3:40PM | Moon – Orange | | Bhuloka Day | | |
| | | | | Pausha-Markali | | Devaloka Time: 9:AM to 12:PM | | |

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| 3 | Friday, January 12, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau | | | | Lusaka, Zambia Sun 9 Sutra 270 Hemalamba 5119 | |
| | Vrischika Rasi: 4.22 | Tithi 26 – 27 | Gulika 7:24AM – 9:01AM | Anuradha Until 6:41AM Sat | Ganesha: Clear | <i>Sunrise:</i> 5:47AM | | |
| | | | Yama 3:30PM – 5:07PM | Ganda* Until 2:39AM Sat | Muruga: White | <i>Sunset:</i> 6:44PM | Moon 13 - Phase 37 | |
| | Creative Work | Siddha Yoga | 872412366 Rahu 10:38AM – 12:15PM | Kaulava Until 7:05AM Sat | Nataraja: Green | | 2nd Phase | |
| | | | Ekadashi* Until 5:51PM | Moon – Orange | | Bhuloka Day | | |
| | | | | Pausha-Markali | | Devaloka Time: 9:AM to 12:PM | | |

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| 4 | Saturday, January 13, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvodashyam Titau | | | | Lusaka, Zambia Sun 10 Sutra 271 Hemalamba 5119 | |
| | Vrischika Rasi: 16.19 | Tithi 27 | Gulika 5:47AM – 7:24AM | Anuradha Until 6:41AM | Ganesha: Clear | <i>Sunrise:</i> 5:47AM | | |
| | | | Yama 1:53PM – 3:30PM | Vriddhi Until 3:30AM Sun | Muruga: White | <i>Sunset:</i> 6:44PM | Moon 13 - Phase 37 | |
| | Creative Work | Siddha Yoga | 872412366 Rahu 9:02AM – 10:39AM | Kaulava Until 7:05AM | Nataraja: Green | | 2nd Phase | |
| | | | Dvadashi* Until 8:20PM | Moon – Orange | | Bhuloka Day | | |
| | | | | Pausha-Markali | | Devaloka Time: 9:AM to 12:PM | | |

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| 5 | Sunday, January 14, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Lusaka, Zambia Sun 11 Sutra 272 Hemalamba 5119 | |
| | Vrischika Rasi: 28.11 | Tithi 28 | Gulika 3:30PM – 5:07PM | Jyeshtha* Until 9:30AM | Ganesha: Clear | <i>Sunrise:</i> 5:48AM | | |
| | | | Yama 12:16PM – 1:53PM | Dhruva Until 4:24AM Mon | Muruga: White | <i>Sunset:</i> 6:44PM | Moon 13 - Phase 37 | |
| | Routine Work | Marana Yoga | 872412366 Rahu 5:07PM – 6:44PM | Gara Until 9:39AM | Nataraja: Green | | 2nd Phase | |
| Until 9:30AM | | | Trayodashi* Until 10:58PM | Moon – Orange | | Bhuloka Day | | |
| Then Creative Work - Amrita Yoga | | | Pradosha Vrata (Fasting) | Pausha-Thai | | Devaloka Time: 9:AM to 12:PM | | |

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| 6 | Monday, January 15, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Lusaka, Zambia Sun 12 Sutra 273 Hemalamba 5119 | |
| | Dhanus Rasi: 10 | Tithi 29 | Gulika 1:54PM – 3:31PM | Mula* Until 12:44PM | Ganesha: Orange | <i>Sunrise:</i> 5:48AM | | |
| | Family Home Evening | | Yama 10:40AM – 12:17PM | Vyaghata* Until 5:19AM Tue | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 37 | |
| | Creative Work | Siddha Yoga | 882412366 Rahu 7:25AM – 9:02AM | Visti Until 12:19PM | Nataraja: Green | | 2nd Phase | |
| Until 12:44PM | | | Chaturdashi* Until 1:38AM Tue | Moon – Light Blue | | Bhuloka Day | | |
| Then Routine Work - Marana Yoga | | | | Pausha-Thai | | Devaloka Time: 9:AM to 12:PM | | |

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|  | Tuesday, January 16, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Caluspada*/Naga* Karana Amavasyayam Titau | | | | Lusaka, Zambia Sun 13 Sutra 274 Hemalamba 5119 | |
| | Retreat Star | | Gulika 12:17PM – 1:54PM | Purvashadha* Until 3:48PM | Ganesha: Orange | <i>Sunrise:</i> 5:49AM | | |
| | Dhanus Rasi: 21.49 | Tithi 30 | Yama 9:03AM – 10:40AM | Harshana Until 6:13AM Wed | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 37 | |
| | Creative Work | Siddha Yoga | 882412366 Rahu 3:31PM – 5:08PM | Catuspada Until 2:58PM | Nataraja: Green | | Amavasya | |
| Until 3:48PM | | | Amavasya* Until 4:14AM Wed | Moon – Light Blue | | Bhuloka Day | | |
| Then Routine Work - Prabalarishta Yoga | | | | Pausha-Thai | | Devaloka Time: 9:AM to 12:PM | | |

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| Retreat Star | Wednesday, January 17, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Lusaka, Zambia Sun 14 Sutra 275 Hemalamba 5119 | |
| | Makara Rasi: 3.4 | Tithi 1 | Gulika 10:40AM – 12:17PM | Uttarashadha Until 6:35PM | Ganesha: Orange | <i>Sunrise:</i> 5:50AM | | |
| | | | Yama 7:27AM – 9:03AM | Harshana Until 6:13AM | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 37 | |
| | Creative Work | Amrita Yoga | 882412366 Rahu 12:17PM – 1:54PM | Kintughna Until 5:31PM | Nataraja: Green | | Prathama | |
| Until 6:35PM | | | Prathama* Until 6:41AM Thu | Moon – Light Blue | | Bhuloka Day | | |
| Then Creative Work - Siddha Yoga | | | | Magha-Thai | | Devaloka Time: 9:AM to 12:PM | | |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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| 1 | | Thursday, January 18, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Lusaka, Zambia Sun 15 Sutra 276 Hemalamba 5119 | |
| Makara Rasi: 15.35 | Tithi 1 – 2 | Gulika | 9:04AM – 10:41AM | Shravana Until 9:30PM | Ganesh: Clear | <i>Sunrise:</i> 5:50AM | |
| | | Yama | 5:50AM – 7:27AM | Vajra* Until 6:57AM | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 38 |
| Creative Work | Siddha Yoga | 892412366 Rahu | 1:54PM – 3:31PM | Balava Until 7:50PM | Nataraja: Green | | 3rd Phase |
| | | | | Prathama* Until 6:41AM | Moon – Purple | | |
| | | | | | Magha*Thai | | Bhuloka Day |
| | | | | | | | Devaloka Time: 9:AM to 12:PM |

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|--------------------|-------------|---------------------------------|-------------------|---|------------------------|--|------------------------------|
| 2 | | Friday, January 19, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau | | Lusaka, Zambia Sun 16 Sutra 277 Hemalamba 5119 | |
| Makara Rasi: 27.35 | Tithi 2 – 3 | Gulika | 7:28AM – 9:04AM | Dhanishtha Until 11:58PM | Ganesh: Clear | <i>Sunrise:</i> 5:51AM | |
| | | Yama | 3:31PM – 5:08PM | Siddhi Until 7:30AM | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 38 |
| Creative Work | Siddha Yoga | 892412366 Rahu | 10:41AM – 12:18PM | Taitila Until 9:52PM | Nataraja: Green | | 3rd Phase |
| | | | | Dvitiya Until 8:52AM | Moon – Purple | | |
| | | | | | Magha*Thai | | Bhuloka Day |
| | | | | | | | Devaloka Time: 9:AM to 12:PM |

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| 3 | | Saturday, January 20, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Lusaka, Zambia Sun 17 Sutra 278 Hemalamba 5119 | |
| Kumbha Rasi: 9.43 | Tithi 3 – 4 | Gulika | 5:51AM – 7:28AM | Shatabhishak Until 1:52AM Sun | Ganesh: Clear | <i>Sunrise:</i> 5:51AM | |
| | | Yama | 1:55PM – 3:32PM | Vyatipata* Until 7:49AM | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 38 |
| Creative Work | Amrita Yoga | 892412366 Rahu | 9:05AM – 10:41AM | Vanija Until 11:29PM | Nataraja: Green | | 3rd Phase |
| Until 1:52AM Sun | | | | Tritiya Until 10:43AM | Moon – Purple | | |
| Then Creative Work - Siddha Yoga | | | | | Magha*Thai | | Bhuloka Day |
| | | | | | | | Devaloka Time: 9:AM to 12:PM |

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| 4 | | Sunday, January 21, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada* Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau | | Lusaka, Zambia Sun 18 Sutra 279 Hemalamba 5119 | |
| Kumbha Rasi: 22.02 | Tithi 4 – 5 | Gulika | 3:32PM – 5:08PM | Purvaprossthapada* Until 3:38AM Mon | Ganesh: Green | <i>Sunrise:</i> 5:52AM | |
| | | Yama | 12:18PM – 1:55PM | Variyan Until 7:47AM | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 38 |
| Creative Work | Siddha Yoga | 813412366 Rahu | 5:08PM – 6:45PM | Bava Until 12:38AM Mon | Nataraja: Green | | 3rd Phase |
| | | | | Chaturthi* Until 12:06PM | Moon – Clear | | |
| | | | | | Magha*Thai | | Bhuloka Day |

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| 5 | | Monday, January 22, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Lusaka, Zambia Sun 19 Sutra 280 Hemalamba 5119 | |
| Meena Rasi: 4.34 | Tithi 5 – 6 | Gulika | 1:55PM – 3:32PM | Uttaraprossthapada Until 4:40AM Tue | Ganesh: Green | <i>Sunrise:</i> 5:52AM | |
| Family Home Evening | | Yama | 10:42AM – 12:19PM | Parigha* Until 7:22AM | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 38 |
| Creative Work | Siddha Yoga | 813412366 Rahu | 7:29AM – 9:06AM | Kaulava Until 1:12AM Tue | Nataraja: Green | | 3rd Phase |
| | | | | Panchami Until 12:58PM | Moon – Clear | | |
| | | | | | Magha*Thai | | Bhuloka Day |

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| 6 | | Tuesday, January 23, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Lusaka, Zambia Sun 20 Sutra 281 Hemalamba 5119 | |
| Meena Rasi: 17.22 | Tithi 6 – 7 | Gulika | 12:19PM – 1:55PM | Revati Until 4:57AM Wed | Ganesh: Green | <i>Sunrise:</i> 5:53AM | |
| | | Yama | 9:06AM – 10:43AM | Shiva Until 6:32AM | Muruga: Green | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 38 |
| Creative Work | Siddha Yoga | 813422366 Rahu | 3:32PM – 5:08PM | Gara Until 1:08AM Wed | Nataraja: Green | | 3rd Phase |
| Until 4:57AM Wed | | | | Shashthi* Until 1:14PM | Moon – Clear | | |
| Then Routine Work - Marana Yoga | | | | | Magha*Thai | | Bhuloka Day |

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| Retreat Star | | Wednesday, January 24, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau | | Lusaka, Zambia Sun 21 Sutra 282 Hemalamba 5119 | |
| Mesha Rasi: 0.29 | Tithi 7 – 8 | Gulika | 10:43AM – 12:19PM | Ashvini Until 4:53AM Thu | Ganesh: Green | <i>Sunrise:</i> 5:54AM | |
| | | Yama | 7:30AM – 9:06AM | Sadhya Until 3:17AM Thu | Muruga: Green | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 38 |
| Routine Work | Marana Yoga | 923422366 Rahu | 12:19PM – 1:56PM | Visli Until 12:25AM Thu | Nataraja: Green | | Ashtami |
| Until 4:53AM Thu | | | | Saptami Until 12:51PM | Moon – White | | |
| Then Creative Work - Siddha Yoga | | | | | Magha*Thai | | Bhuloka Day |

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|---------------------|-------------|-----------------------------------|------------------|---|------------------------|--|--------------------|
| Retreat Star | | Thursday, January 25, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Lusaka, Zambia Sun 22 Sutra 283 Hemalamba 5119 | |
| Mesha Rasi: 13.58 | Tithi 8 – 9 | Gulika | 9:07AM – 10:43AM | Bharani Until 4:01AM Fri | Ganesh: Green | <i>Sunrise:</i> 5:54AM | |
| | | Yama | 5:54AM – 7:30AM | Subha Until 12:54AM Fri | Muruga: Green | <i>Sunset:</i> 6:45PM | Moon 13 - Phase 38 |
| Creative Work | Siddha Yoga | 923422366 Rahu | 1:56PM – 3:32PM | Balava Until 11:01PM | Nataraja: Green | | Navami |
| | | | | Ashtami* Until 11:47AM | Moon – White | | |
| | | | | | Magha*Thai | | Bhuloka Day |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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| 1 | Friday, January 26, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Lusaka, Zambia Sun 23 Sutra 284 Hemalamba 5119 |
| | Mesha Rasi: 27.49 Tithi 9 – 10 923422366 | Gulika 7:31AM – 9:07AM Yama 3:32PM – 5:08PM Rahu 10:43AM – 12:20PM | Krittika Until 2:24AM Sat Sukla Until 10:00PM Taitila Until 9:00PM Navami* Until 10:04AM |

Creative Work Siddha Yoga
Until 2:24AM Sat
Then Creative Work - Amrita Yoga

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|--|--|--|--------------------|
| Ganesha: Green <i>Sunrise:</i> 5:55AM | Muruga: Green <i>Sunset:</i> 6:45PM | Nataraja: Green Moon – White | Bhuloka Day |
| | | Magha-Thai | |

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| 2 | Saturday, January 27, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | Lusaka, Zambia Sun 24 Sutra 285 Hemalamba 5119 |
| | Vrishabha Rasi: 12.04 Tithi 10 – 11 933422366 | Gulika 5:55AM – 7:31AM Yama 1:56PM – 3:32PM Rahu 9:08AM – 10:44AM | Rohini Until 12:33AM Sun Brahma Until 6:40PM Vanija Until 6:26PM Dashami Until 7:46AM |

Creative Work Amrita Yoga
Until 12:33AM Sun
Then Creative Work - Siddha Yoga

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| Ganesha: Red <i>Sunrise:</i> 5:55AM | Muruga: Green <i>Sunset:</i> 6:45PM | Nataraja: Green Moon – Yellow | Bhuloka Day |
| | | Magha-Thai | Devaloka Time: 6:AM to 9:AM |

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| 3 | Sunday, January 28, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau | Lusaka, Zambia Sun 25 Sutra 286 Hemalamba 5119 |
| | Vrishabha Rasi: 26.4 Tithi 12 933422366 | Gulika 3:32PM – 5:08PM Yama 12:20PM – 1:56PM Rahu 5:08PM – 6:45PM | Mrigashira Until 10:10PM Indra Until 3:00PM Bava Until 3:26PM Dvadashi Until 1:47AM Mon |

Creative Work Siddha Yoga

| | | | |
|--|--|---|-----------------------------|
| Ganesha: Red <i>Sunrise:</i> 5:56AM | Muruga: Green <i>Sunset:</i> 6:45PM | Nataraja: Green Moon – Yellow | Bhuloka Day |
| | | Magha-Thai | Devaloka Time: 6:AM to 9:AM |

| | | | |
|----------|--|--|---|
| 4 | Monday, January 29, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau | Lusaka, Zambia Sun 26 Sutra 287 Hemalamba 5119 |
| | Mithuna Rasi: 11.32 Tithi 13 Family Home Evening 933422366 | Gulika 1:56PM – 3:32PM Yama 10:44AM – 12:20PM Rahu 7:32AM – 9:08AM | Ardra Until 7:23PM Vaidhriti* Until 11:03AM Kaulava Until 12:07PM Trayodashi Until 10:22PM <i>Pradosha Vrata</i> |


Creative Work Siddha Yoga
Until 7:23PM
Then Creative Work - Amrita Yoga

| | | | |
|--|--|---|-----------------------------|
| Ganesha: Red <i>Sunrise:</i> 5:56AM | Muruga: Green <i>Sunset:</i> 6:44PM | Nataraja: Green Moon – Yellow | Bhuloka Day |
| | | Magha-Thai | Devaloka Time: 6:AM to 9:AM |

| | | | |
|----------|--|--|---|
| 5 | Tuesday, January 30, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau | Lusaka, Zambia Sun 27 Sutra 288 Hemalamba 5119 |
| | Mithuna Rasi: 26.34 Tithi 14 943422366 | Gulika 12:20PM – 1:56PM Yama 9:09AM – 10:45AM Rahu 3:32PM – 5:08PM | Punarvasu Until 4:45PM Vishkambha* Until 6:58AM Gara Until 8:38AM Chaturdashi* Until 6:51PM |


Creative Work Siddha Yoga

| | | | |
|---|--|---------------------------------------|--------------------|
| Ganesha: Blue <i>Sunrise:</i> 5:57AM | Muruga: Green <i>Sunset:</i> 6:44PM | Nataraja: Green Moon – Blue | Bhuloka Day |
| | | Magha-Thai | |

| | | | |
|---|--|---|--|
|  | Wednesday, January 31, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Lusaka, Zambia Sutra 289 Hemalamba 5119 |
| | Kataka Rasi: 11.37 Tithi 15 – 16 943422366 | Gulika 10:45AM – 12:21PM Yama 7:33AM – 9:09AM Rahu 12:21PM – 1:56PM | Pushya Until 2:03PM Ayushman Until 10:53PM Balava Until 1:47AM Thu Purnima* Until 3:25PM |

Creative Work Siddha Yoga

| | | | | | |
|----------------------------|--|---|--|---------------------------------------|--------------------|
| Total Lunar Eclipse | | Ganesha: Blue <i>Sunrise:</i> 5:57AM | Muruga: Green <i>Sunset:</i> 6:44PM | Nataraja: Green Moon – Blue | Bhuloka Day |
| | | | | Magha-Thai | |

| | | | |
|---|--|---|--|
|  | Thursday, February 1, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | Lusaka, Zambia Sutra 290 Hemalamba 5119 |
| | Kataka Rasi: 26.34 Tithi 16 – 17 943522366 | Gulika 9:09AM – 10:45AM Yama 5:57AM – 7:33AM Rahu 1:56PM – 3:32PM | Ashlesha* Until 11:25AM Saubhagya Until 7:07PM Taitila Until 10:44PM Prathama* Until 12:12PM |

Creative Work Siddha Yoga
Until 11:25AM
Then Creative Work - Amrita Yoga

| | | | |
|---|--|---------------------------------------|------------------------------|
| Ganesha: Yellow <i>Sunrise:</i> 5:57AM | Muruga: Green <i>Sunset:</i> 6:44PM | Nataraja: Green Moon – Blue | Bhuloka Day |
| | | Magha-Thai | Devaloka Time: 9:AM to 12:PM |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Friday, February 2, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 291

Hemalamba 5119

Simha Rasi: 11.15 Tihi 17 - 18

Gulika 7:33AM - 9:09AM

Magha* Until 9:26AM

Ganesha: White Sunrise: 5:58AM

Yama 3:32PM - 5:08PM

Sobhana Until 3:43PM

Muruga: Green Sunset: 6:44PM

Moon 1 - Phase 40

953522367 Rahu 10:45AM - 12:21PM

Vanija Until 8:09PM

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Dvitiya Until 9:22AM

Moon - Red

Devaloka Day

Until 9:26AM

Magha-Thai

Then Creative Work - Siddha Yoga

1

Saturday, February 3, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Alhiganda*/Sukarma Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 292

Hemalamba 5119

Simha Rasi: 25.34 Tihi 18 - 19

Gulika 5:58AM - 7:34AM

Purvaphalguni Until 7:50AM

Ganesha: White Sunrise: 5:58AM

Yama 1:57PM - 3:32PM

Athiganda* Until 12:46PM

Muruga: Green Sunset: 6:44PM

Moon 1 - Phase 40

953522367 Rahu 9:10AM - 10:45AM

Bava Until 6:10PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Tritiya Until 7:04AM

Moon - Red

Devaloka Day

Until 7:50AM

Maha Sankatahara Chaturthi

Magha-Thai

Then Routine Work - Marana Yoga

2

Sunday, February 4, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 293

Hemalamba 5119

Kanya Rasi: 9.28 Tihi 20

Gulika 3:32PM - 5:08PM

Uttaraphalguni Until 6:46AM

Ganesha: Yellow Sunrise: 5:59AM

Yama 12:21PM - 1:57PM

Sukarma Until 10:23AM

Muruga: Green Sunset: 6:43PM

Moon 1 - Phase 40

954522367 Rahu 5:08PM - 6:43PM

Kaulava Until 4:54PM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Panchami Until 4:33AM Mon

Moon - Red

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Magha-Thai

3

Monday, February 5, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 294

Hemalamba 5119

Kanya Rasi: 22.55 Tihi 21

Gulika 1:57PM - 3:32PM

Hasta Until 6:44AM

Ganesha: White Sunrise: 5:59AM

Family Home Evening

Yama 10:46AM - 12:21PM

Dhriti Until 8:37AM

Muruga: Green Sunset: 6:43PM

Moon 1 - Phase 40

964522367 Rahu 7:35AM - 9:10AM

Gara Until 4:26PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 4:30AM Tue

Moon - Green

Bhuloka Day

Until 6:44AM

Magha-Thai

Then Routine Work - Prabalarishta Yoga

4

Tuesday, February 6, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 295

Hemalamba 5119

Tula Rasi: 5.56 Tihi 22

Gulika 12:21PM - 3:32PM

Chitra Until 7:21AM

Ganesha: White Sunrise: 6:00AM

Yama 9:10AM - 10:46AM

Shula* Until 7:28AM

Muruga: Green Sunset: 6:43PM

Moon 1 - Phase 40

964522367 Rahu 3:32PM - 5:07PM

Visti Until 4:47PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Saptami Until 5:14AM Wed

Moon - Green

Bhuloka Day

Magha-Thai

D

Wednesday, February 7, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 296

Hemalamba 5119

Tula Rasi: 18.34 Tihi 23

Gulika 10:46AM - 12:21PM

Svati Until 8:34AM

Ganesha: White Sunrise: 6:00AM

Yama 7:35AM - 9:11AM

Ganda* Until 6:56AM

Muruga: Green Sunset: 6:43PM

Moon 1 - Phase 40

964522367 Rahu 12:21PM - 1:57PM

Balava Until 5:54PM

Nataraja: White

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:42AM Thu

Moon - Green

Bhuloka Day

Magha-Thai

Thursday, February 8, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 297

Hemalamba 5119

Vrischika Rasi: 0.54 Tihi 23 - 24

Gulika 9:11AM - 10:46AM

Vishakha Until 10:47AM

Ganesha: Clear Sunrise: 6:00AM

Yama 6:00AM - 7:36AM

Vridhhi Until 6:58AM

Muruga: Green Sunset: 6:42PM

Moon 1 - Phase 40

974522367 Rahu 1:57PM - 3:32PM

Taitila Until 7:41PM

Nataraja: White

Navami

Creative Work Siddha Yoga

Ashtami* Until 6:42AM

Moon - Orange

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Magha-Thai

| | | | | | | | |
|--|---------------------------------|---------------|---|--|---|---|---|
| 1 | Friday, February 9, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Dashamyam Titau | | | | Lusaka, Zambia Sun 8 Sutra 298 Hemalamba 5119 |
| | Vrischika Rasi: 12.59 | Tithi 24 – 25 | Gulika 7:36AM – 9:11AM Yama 3:32PM – 5:07PM Rahu 10:46AM – 12:21PM | Anuradha Until 1:22PM Dhruva Until 7:24AM Vanija Until 9:57PM Navami* Until 8:45AM | Ganesha: Clear Muruga: Green Nataraja: White Moon – Orange Magha-Thai | <i>Sunrise:</i> 6:01AM <i>Sunset:</i> 6:42PM | Moon 1 - Phase 41 2nd Phase |
| Creative Work Siddha Yoga Until 1:22PM Then Routine Work - Marana Yoga | | 974522367 | | | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | |


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|---------------------------|------------------------------------|---------------|---|--|---|---|---|
| 2 | Saturday, February 10, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Lusaka, Zambia Sun 9 Sutra 299 Hemalamba 5119 |
| | Vrischika Rasi: 24.54 | Tithi 25 – 26 | Gulika 6:01AM – 7:36AM Yama 1:56PM – 3:32PM Rahu 9:11AM – 10:46AM | Jyeshtha* Until 4:08PM Vyaghata* Until 8:10AM Bava Until 12:32AM Sun Dashami Until 11:11AM | Ganesha: Clear Muruga: Green Nataraja: White Moon – Orange Magha-Thai | <i>Sunrise:</i> 6:01AM <i>Sunset:</i> 6:42PM | Moon 1 - Phase 41 2nd Phase |
| Creative Work Siddha Yoga | | 974522367 | | | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | |

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|---|----------------------------------|---------------|--|--|--|---|--|
| 3 | Sunday, February 11, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Lusaka, Zambia Sun 10 Sutra 300 Hemalamba 5119 |
| | Dhanus Rasi: 6.44 | Tithi 26 – 27 | Gulika 3:31PM – 5:06PM Yama 12:21PM – 1:56PM Rahu 5:06PM – 6:41PM | Mula* Until 7:24PM Harshana Until 9:07AM Kaulava Until 3:13AM Mon Ekadashi* Until 1:51PM | Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Thai | <i>Sunrise:</i> 6:02AM <i>Sunset:</i> 6:41PM | Moon 1 - Phase 41 2nd Phase |
| Creative Work Amrita Yoga Until 7:24PM Then Creative Work - Siddha Yoga | | 984522367 | | | Bhuloka Day | | |

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|---|----------------------------------|---------------|--|---|--|---|--|
| 4 | Monday, February 12, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Lusaka, Zambia Sun 11 Sutra 301 Hemalamba 5119 |
| | Dhanus Rasi: 18.32 | Tithi 27 – 28 | Gulika 1:56PM – 3:31PM Yama 10:47AM – 12:21PM Rahu 7:37AM – 9:12AM | Purvashadha* Until 10:29PM Vajra* Until 10:04AM Gara Until 5:50AM Tue Dvadashi* Until 4:31PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Masi | <i>Sunrise:</i> 6:02AM <i>Sunset:</i> 6:41PM | Moon 1 - Phase 41 2nd Phase |
| Family Home Evening Routine Work Marana Yoga | | 984522367 | | | Bhuloka Day | | |

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|---|-----------------------------------|-----------|--|---|--|---|--|
| 5 | Tuesday, February 13, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Trayodashyam Titau | | | | Lusaka, Zambia Sun 12 Sutra 302 Hemalamba 5119 |
| | Makara Rasi: 0.22 | Tithi 28 | Gulika 12:21PM – 1:56PM Yama 9:12AM – 10:47AM Rahu 3:31PM – 5:06PM | Uttarashadha Until 1:13AM Wed Siddhi Until 10:57AM Vanija Until 7:02PM Trayodashi* Until 7:02PM | Ganesha: Purple Muruga: Green Nataraja: White Moon – Light Blue Magha-Masi | <i>Sunrise:</i> 6:03AM <i>Sunset:</i> 6:40PM | Moon 1 - Phase 41 2nd Phase |
| Routine Work Prabalarishta Yoga Until 1:13AM Wed Then Creative Work - Siddha Yoga | | 984522367 | Mahasivaratri (Lunar) Mahasivaratri (Solar) | | Bhuloka Day | | |

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|---------------------------|-------------------------------------|-----------|--|---|--|---|--|
| 6 | Wednesday, February 14, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Lusaka, Zambia Sun 13 Sutra 303 Hemalamba 5119 |
| | Makara Rasi: 12.17 | Tithi 29 | Gulika 10:47AM – 12:21PM Yama 7:38AM – 9:12AM Rahu 12:21PM – 1:56PM | Shravana Until 3:59AM Thu Vyatipata* Until 11:40AM Visti Until 8:13AM Chaturdashi* Until 9:16PM | Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Magha-Masi | <i>Sunrise:</i> 6:03AM <i>Sunset:</i> 6:40PM | Moon 1 - Phase 41 2nd Phase |
| Creative Work Siddha Yoga | | 994522367 | | | Bhuloka Day | | |

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|---|------------------------------------|-----------|---|---|--|---|--|
|  | Thursday, February 15, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Lusaka, Zambia Sun 14 Sutra 304 Hemalamba 5119 |
| | Makara Rasi: 24.2 | Tithi 30 | Gulika 9:12AM – 10:47AM Yama 6:03AM – 7:38AM Rahu 1:56PM – 3:31PM | Dhanishtha Until 6:11AM Fri Variyan Until 12:05PM Catuspada Until 10:15AM Amavasya* Until 11:06PM | Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Magha-Masi | <i>Sunrise:</i> 6:03AM <i>Sunset:</i> 6:40PM | Moon 1 - Phase 41 Amavasya |
| Creative Work Siddha Yoga | | 994522367 | Partial Solar Eclipse | | Bhuloka Day | | |

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|---------------------------|----------------------------------|-----------|--|--|---|---|--|
| 7 | Friday, February 16, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Lusaka, Zambia Sun 15 Sutra 305 Hemalamba 5119 |
| | Kumbha Rasi: 6.34 | Tithi 1 | Gulika 7:38AM – 9:13AM Yama 3:30PM – 5:05PM Rahu 10:47AM – 12:21PM | Dhanishtha Until 6:11AM Parigha* Until 12:11PM Kintughna Until 11:52AM Prathama* Until 12:28AM Sat | Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Phalguna-Masi | <i>Sunrise:</i> 6:04AM <i>Sunset:</i> 6:39PM | Moon 1 - Phase 41 Prathama |
| Creative Work Siddha Yoga | | 994522367 | | | Bhuloka Day | | |

| 1 Saturday, February 17, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Lusaka, Zambia | |
|---------------------------------|-------------|--|----------------------------------|------------------------|------------------------|----------------|--------------------|
| Kumbha Rasi: 18.58 | Tithi 2 | Gulika 6:04AM – 7:38AM | Shatabhishak Until 7:47AM | Ganesha: Purple | <i>Sunrise:</i> 6:04AM | Sun 16 | Sutra 306 |
| | | Yama 1:56PM – 3:30PM | Shiva Until 11:57AM | Muruga: Green | <i>Sunset:</i> 6:39PM | | Hemalamba 5119 |
| | | 995522367 Rahu 9:13AM – 10:47AM | Balava Until 1:00PM | Nataraja: White | | | Moon 1 - Phase 42 |
| Creative Work | Amrita Yoga | | Dvitiya Until 1:22AM Sun | Moon – Purple | | | 3rd Phase |
| Until 7:47AM | | | | Phalguna-Masi | | | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | | | | |

| 2 Sunday, February 18, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Triliyayam Titau | | | | Lusaka, Zambia | |
|----------------------------------|-------------|--|---------------------------------------|------------------------|------------------------|----------------|-----------------------------|
| Meena Rasi: 1.35 | Tithi 3 | Gulika 3:30PM – 5:04PM | Purvaproshtapada* Until 9:15AM | Ganesha: Clear | <i>Sunrise:</i> 6:04AM | Sun 17 | Sutra 307 |
| | | Yama 12:21PM – 1:56PM | Siddha Until 11:20AM | Muruga: Green | <i>Sunset:</i> 6:38PM | | Hemalamba 5119 |
| | | 915522367 Rahu 5:04PM – 6:38PM | Tailila Until 1:39PM | Nataraja: White | | | Moon 1 - Phase 42 |
| Creative Work | Siddha Yoga | | Tritiya Until 1:48AM Mon | Moon – Clear | | | 3rd Phase |
| Until 9:15AM | | | | Phalguna-Masi | | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | | | | Devaloka Time: 6:AM to 9:AM |

| 3 Monday, February 19, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Lusaka, Zambia | |
|----------------------------------|-------------|--|--|------------------------|------------------------|----------------|-----------------------------|
| Meena Rasi: 14.26 | Tithi 4 | Gulika 1:55PM – 3:29PM | Uttaraproshtapada Until 10:07AM | Ganesha: Clear | <i>Sunrise:</i> 6:05AM | Sun 18 | Sutra 308 |
| Family Home Evening | | Yama 10:47AM – 12:21PM | Sadhya Until 10:22AM | Muruga: Green | <i>Sunset:</i> 6:38PM | | Hemalamba 5119 |
| | | 915522367 Rahu 7:39AM – 9:13AM | Vanija Until 1:51PM | Nataraja: White | | | Moon 1 - Phase 42 |
| Creative Work | Siddha Yoga | | Chaturthi* Until 1:46AM Tue | Moon – Clear | | | 3rd Phase |
| Until 9:15AM | | | | Phalguna-Masi | | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | | | | Devaloka Time: 6:AM to 9:AM |

| 4 Tuesday, February 20, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau | | | | Lusaka, Zambia | |
|---|-------------|--|----------------------------------|------------------------|------------------------|----------------|-----------------------------|
| Meena Rasi: 27.3 | Tithi 5 | Gulika 12:21PM – 1:55PM | Revati Until 10:23AM | Ganesha: Clear | <i>Sunrise:</i> 6:05AM | Sun 19 | Sutra 309 |
| | | Yama 9:13AM – 10:47AM | Subha Until 9:03AM | Muruga: Green | <i>Sunset:</i> 6:37PM | | Hemalamba 5119 |
| | | 915522367 Rahu 3:29PM – 5:03PM | Bava Until 1:36PM | Nataraja: White | | | Moon 1 - Phase 42 |
| Creative Work | Siddha Yoga | | Panchami Until 1:17AM Wed | Moon – Clear | | | 3rd Phase |
| Until 10:31AM | | | | Phalguna-Masi | | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | | | | Devaloka Time: 6:AM to 9:AM |
| Subramuniyaswami Siva Vision Day | | | | | | | |

| 5 Wednesday, February 21, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau | | | | Lusaka, Zambia | |
|----------------------------------|-------------|--|------------------------------------|------------------------|------------------------|----------------|--------------------|
| Mesha Rasi: 10.47 | Tithi 6 | Gulika 10:47AM – 12:21PM | Ashvini Until 10:31AM | Ganesha: White | <i>Sunrise:</i> 6:05AM | Sun 20 | Sutra 310 |
| | | Yama 7:39AM – 9:13AM | Sukla Until 7:23AM | Muruga: Green | <i>Sunset:</i> 6:37PM | | Hemalamba 5119 |
| | | 925522367 Rahu 12:21PM – 1:55PM | Kaulava Until 12:54PM | Nataraja: White | | | Moon 1 - Phase 42 |
| Routine Work | Marana Yoga | | Shashthi* Until 12:22AM Thu | Moon – White | | | 3rd Phase |
| Until 10:31AM | | | | Phalguna-Masi | | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | | | | |

| 6 Thursday, February 22, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau | | | | Lusaka, Zambia | |
|---------------------------------|-------------|--|------------------------------|------------------------|------------------------|----------------|--------------------|
| Mesha Rasi: 24.19 | Tithi 7 | Gulika 9:13AM – 10:47AM | Bharani Until 10:05AM | Ganesha: White | <i>Sunrise:</i> 6:06AM | Sun 21 | Sutra 311 |
| | | Yama 6:06AM – 7:39AM | Indra Until 3:04AM Fri | Muruga: Green | <i>Sunset:</i> 6:36PM | | Hemalamba 5119 |
| | | 925522367 Rahu 1:55PM – 3:29PM | Gara Until 11:47AM | Nataraja: White | | | Moon 1 - Phase 42 |
| Creative Work | Siddha Yoga | | Saptami Until 11:02PM | Moon – White | | | 3rd Phase |
| Until 10:05AM | | | | Phalguna-Masi | | | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | | | | |

| Friday, February 23, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Lusaka, Zambia | |
|---------------------------------|-------------|---|------------------------------|------------------------|------------------------|----------------|--------------------|
| Vrishabha Rasi: 8.06 | Tithi 8 | Gulika 7:40AM – 9:13AM | Krittika Until 9:07AM | Ganesha: White | <i>Sunrise:</i> 6:06AM | Sun 22 | Sutra 312 |
| | | Yama 3:28PM – 5:02PM | Vaidhriti* Until 12:24AM Sat | Muruga: Green | <i>Sunset:</i> 6:36PM | | Hemalamba 5119 |
| | | 925522367 Rahu 10:47AM – 12:21PM | Visti Until 10:14AM | Nataraja: White | | | Moon 1 - Phase 42 |
| Creative Work | Siddha Yoga | | Ashtami* Until 9:18PM | Moon – White | | | Ashtami |
| Until 9:07AM | | | | Phalguna-Masi | | | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | | | | |

| Saturday, February 24, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau | | | | Lusaka, Zambia | |
|----------------------------------|-------------|---|-----------------------------|------------------------|------------------------|----------------|-----------------------------|
| Vrishabha Rasi: 22.08 | Tithi 9 | Gulika 6:06AM – 7:40AM | Rohini Until 8:01AM | Ganesha: Yellow | <i>Sunrise:</i> 6:06AM | Sun 23 | Sutra 313 |
| | | Yama 1:54PM – 3:28PM | Vishkamba* Until 9:27PM | Muruga: Green | <i>Sunset:</i> 6:35PM | | Hemalamba 5119 |
| | | 935522367 Rahu 9:13AM – 10:47AM | Balava Until 8:18AM | Nataraja: White | | | Moon 1 - Phase 42 |
| Creative Work | Amrita Yoga | | Navami* Until 7:11PM | Moon – Yellow | | | Navami |
| Until 8:01AM | | | | Phalguna-Masi | | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | | | | Devaloka Time: 6:AM to 9:AM |


He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda


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|----------|------------------------------------|-----------------------------|---|--------------------------------|--|-------------------|---------------------|
| 1 | Sunday, February 25, 2018 | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Lusaka, Zambia |
| | Mithuna Rasi: 6.23 Tihi 10 – 11 | | Mrigashira/Ardra Nakshatra Priti Yoga Tailila/Vanija Karana Dashami/Ekadashyam Titau | | | | Sun 24 Sutra 314 |
| | Creative Work Siddha Yoga | 935522367 | Gulika 3:28PM – 5:01PM | Mrigashira Until 6:27AM | Ganesh: Yellow <i>Sunrise:</i> 6:06AM | Hemalamba 5119 | |
| | | | Yama 12:21PM – 1:54PM | Priti Until 6:16PM | Muruga: Green <i>Sunset:</i> 6:35PM | Moon 1 - Phase 43 | |
| | | Rahu 5:01PM – 6:35PM | Tailila Until 6:01AM | Nataraja: White | 4th Phase | | |
| | | Dashami Until 4:44PM | | Moon – Yellow | Bhuloka Day | | |
| | | | | Phalguna-Masi | Devaloka Time: 6:AM to 9:AM | | |

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|----------------------------------|-------------------------------------|------------------------------|--|-----------------------------------|--|-------------------|---------------------|
| 2 | Monday, February 26, 2018 | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Lusaka, Zambia |
| | Mithuna Rasi: 20.51 Tihi 11 – 12 | | Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vistii/Bava Karana Ekadashi/Dvadashyam Titau | | | | Sun 25 Sutra 315 |
| | Creative Work Amrita Yoga | 946622367 | Gulika 1:54PM – 3:27PM | Punarvasu Until 2:30AM Tue | Ganesh: Blue <i>Sunrise:</i> 6:07AM | Hemalamba 5119 | |
| | | | Yama 10:47AM – 12:20PM | Ayushman Until 2:50PM | Muruga: Green <i>Sunset:</i> 6:34PM | Moon 1 - Phase 43 | |
| Until 2:30AM Tue | | Rahu 7:40AM – 9:14AM | Bava Until 12:38AM Tue | Nataraja: White | 4th Phase | | |
| Then Creative Work - Siddha Yoga | | Ekadashi Until 2:02PM | | Moon – Blue | Bhuloka Day | | |
| | | | | Phalguna-Masi | Devaloka Time: 6:AM to 9:AM | | |

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|----------|-----------------------------------|-------------------------------|---|---------------------------------|--|-------------------|---------------------|
| 3 | Tuesday, February 27, 2018 | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Lusaka, Zambia |
| | Kataka Rasi: 5.28 Tihi 12 – 13 | | Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Sun 26 Sutra 316 |
| | Creative Work Siddha Yoga | 946622367 | Gulika 12:20PM – 1:54PM | Pushya Until 12:19AM Wed | Ganesh: Blue <i>Sunrise:</i> 6:07AM | Hemalamba 5119 | |
| | | | Yama 9:14AM – 10:47AM | Saubhagya Until 11:18AM | Muruga: Green <i>Sunset:</i> 6:33PM | Moon 1 - Phase 43 | |
| | | Rahu 3:27PM – 5:00PM | Kaulava Until 9:43PM | Nataraja: White | 4th Phase | | |
| | | Dvadashi Until 11:10AM | | Moon – Blue | Bhuloka Day | | |
| | | | | Pradosha Vrata | Devaloka Time: 6:AM to 9:AM | | |

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|----------|-------------------------------------|--------------------------------|---|--------------------------------|--|-------------------|---------------------|
| 4 | Wednesday, February 28, 2018 | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Lusaka, Zambia |
| | Kataka Rasi: 20.07 Tihi 13 – 14 | | Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Sun 27 Sutra 317 |
| | Creative Work Siddha Yoga | 946622367 | Gulika 10:47AM – 12:20PM | Ashlesha* Until 10:03PM | Ganesh: Blue <i>Sunrise:</i> 6:07AM | Hemalamba 5119 | |
| | | | Yama 7:40AM – 9:14AM | Sobhana Until 7:44AM | Muruga: Green <i>Sunset:</i> 6:33PM | Moon 1 - Phase 43 | |
| | | Rahu 12:20PM – 1:53PM | Gara Until 6:50PM | Nataraja: White | 4th Phase | | |
| | | Chidambaram Abhishekam | | Moon – Blue | Bhuloka Day | | |
| | | Trayodashi Until 8:15AM | | Phalguna-Masi | Devaloka Time: 6:AM to 9:AM | | |

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|---|--------------------------------|----------------------------------|--|------------------------------|--|-------------------|----------------|
|  | Thursday, March 1, 2018 | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Lusaka, Zambia |
| | Copper Retreat Star | | Magha* Nakshatra Sukarma Yoga Vistii/Bava Karana Purnimayam Titau | | | | Sutra 318 |
| | Creative Work Amrita Yoga | 956622367 | Gulika 9:14AM – 10:47AM | Magha* Until 8:12PM | Ganesh: Red <i>Sunrise:</i> 6:08AM | Hemalamba 5119 | |
| | | | Yama 6:08AM – 7:41AM | Sukarma Until 12:52AM Fri | Muruga: Green <i>Sunset:</i> 6:32PM | Moon 1 - Phase 43 | |
| Until 8:12PM | | Rahu 1:53PM – 3:26PM | Visti Until 4:05PM | Nataraja: White | Purnima | | |
| Then Creative Work - Siddha Yoga | | Holi | | Moon – Red | Bhuloka Day | | |
| | | Purnima* Until 2:47AM Fri | | Phalguna-Masi | Devaloka Time: 6:AM to 9:AM | | |

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|---|------------------------------|------------------------------------|---|-----------------------------------|--|-------------------|----------------|
|  | Friday, March 2, 2018 | | Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Lusaka, Zambia |
| | Silver Retreat Star | | Purvaphalguni Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Sutra 319 |
| | Creative Work Siddha Yoga | 956622367 | Gulika 7:41AM – 9:14AM | Purvaphalguni Until 6:32PM | Ganesh: Red <i>Sunrise:</i> 6:08AM | Hemalamba 5119 | |
| | | | Yama 3:25PM – 4:58PM | Dhriti Until 9:49PM | Muruga: Green <i>Sunset:</i> 6:31PM | Moon 1 - Phase 43 | |
| | | Rahu 10:47AM – 12:19PM | Balava Until 1:37PM | Nataraja: White | Prathama | | |
| | | Prathama* Until 12:31AM Sat | | Moon – Red | Bhuloka Day | | |
| | | | | Phalguna-Masi | Devaloka Time: 6:AM to 9:AM | | |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Saturday, March 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sutra 320

Kanya Rasi: 3.24 Tihti 17

Gulika 6:08AM - 7:41AM

Uttaraphalguni Until 5:11PM

Ganesha: Red Sunrise: 6:08AM

Hemalamba 5119

Yama 1:52PM - 3:25PM

Shula* Until 7:07PM

Muruga: Green Sunset: 6:30PM

Moon 2 - Phase 44

966622367 Rahu 9:14AM - 10:47AM

Taitila Until 11:35AM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Dvitiya Until 10:45PM

Moon - Red
Phalgun-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, March 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 321

Kanya Rasi: 17.16 Tihti 18

Gulika 3:24PM - 4:57PM

Hasta Until 4:42PM

Ganesha: Green Sunrise: 6:08AM

Hemalamba 5119

Yama 12:19PM - 1:52PM

Ganda* Until 4:55PM

Muruga: Green Sunset: 6:30PM

Moon 2 - Phase 44

966622367 Rahu 4:57PM - 6:30PM

Vanija Until 10:06AM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Tritiya Until 9:35PM

Moon - Green
Phalgun-Masi

Bhuloka Day

Until 4:42PM

Then Creative Work - Siddha Yoga

Monday, March 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 322

Tula Rasi: 0.44 Tihti 19

Gulika 1:51PM - 3:24PM

Chitra Until 4:45PM

Ganesha: Blue Sunrise: 6:09AM

Hemalamba 5119

Yama 10:46AM - 12:19PM

Vridhhi Until 3:17PM

Muruga: Green Sunset: 6:29PM

Moon 2 - Phase 44

Family Home Evening 167622367 Rahu 7:41AM - 9:14AM

Bava Until 9:17AM

Nataraja: White

1st Phase

Routine Work Prabalarishta Yoga

Chaturthi* Until 9:08PM

Moon - Green
Phalgun-Masi

Bhuloka Day

Until 4:45PM

Then Creative Work - Amrita Yoga

Tuesday, March 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 323

Tula Rasi: 13.5 Tihti 20

Gulika 12:19PM - 1:51PM

Svati Until 5:22PM

Ganesha: Blue Sunrise: 6:09AM

Hemalamba 5119

Yama 9:14AM - 10:46AM

Dhruva Until 2:12PM

Muruga: Green Sunset: 6:28PM

Moon 2 - Phase 44

167622367 Rahu 3:24PM - 4:56PM

Kaulava Until 9:13AM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Panchami Until 9:27PM

Moon - Green
Phalgun-Masi

Bhuloka Day

Until 5:22PM

Then Routine Work - Marana Yoga

Wednesday, March 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 324

Tula Rasi: 26.33 Tihti 21

Gulika 10:46AM - 12:18PM

Vishakha Until 7:02PM

Ganesha: Red Sunrise: 6:09AM

Hemalamba 5119

Yama 7:41AM - 9:14AM

Vyaghata* Until 1:43PM

Muruga: Green Sunset: 6:28PM

Moon 2 - Phase 44

177622367 Rahu 12:18PM - 1:51PM

Gara Until 9:55AM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 10:30PM

Moon - Orange
Phalgun-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, March 8, 2018

5

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 325

Vrischika Rasi: 8.56 Tihti 22

Gulika 9:14AM - 10:46AM

Anuradha Until 9:12PM

Ganesha: Red Sunrise: 6:09AM

Hemalamba 5119

Yama 6:09AM - 7:41AM

Harshana Until 1:48PM

Muruga: Green Sunset: 6:27PM

Moon 2 - Phase 44

177622367 Rahu 1:50PM - 3:23PM

Visti Until 11:19AM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Saptami Until 12:14AM Fri

Moon - Orange
Phalgun-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 9:12PM

Then Routine Work - Prabalarishta Yoga

Friday, March 9, 2018

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Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 326

Vrischika Rasi: 21.04 Tihti 23

Gulika 7:42AM - 9:14AM

Jyeshtha* Until 11:43PM

Ganesha: Red Sunrise: 6:09AM

Hemalamba 5119

Yama 3:22PM - 4:54PM

Vajra* Until 2:17PM

Muruga: Green Sunset: 6:26PM

Moon 2 - Phase 44

177622367 Rahu 10:46AM - 12:18PM

Balava Until 1:19PM

Nataraja: White

Ashtami

Routine Work Marana Yoga

Ashtami* Until 2:28AM Sat

Moon - Orange
Phalgun-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 11:43PM

Then Creative Work - Amrita Yoga

Saturday, March 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 327

Dhanus Rasi: 3.01 Tihti 24

Gulika 6:10AM - 7:42AM

Mula* Until 2:53AM Sun

Ganesha: Green Sunrise: 6:10AM

Hemalamba 5119

Yama 1:50PM - 3:22PM

Siddhi Until 3:06PM

Muruga: Green Sunset: 6:26PM

Moon 2 - Phase 44

187622367 Rahu 9:14AM - 10:46AM

Taitila Until 3:45PM

Nataraja: White

Navami

Creative Work Siddha Yoga

Navami* Until 5:02AM Sun

Moon - Light Blue
Phalgun-Masi

Bhuloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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|---------------------------------|-----------|--|--------------------------------------|--|--|--------------------|
| 1 Sunday, March 11, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Lusaka, Zambia |
| Dhanus Rasi: 14.51 Tihi 25 | | Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Vanija Karana Dashamyam Titau | | | | Sun 8 Sutra 328 |
| | | Gulika 3:21PM – 4:53PM | Purvashadha* Until 6:00AM Mon | Ganesha: Green <i>Sunrise:</i> 6:10AM | | Hemalamba 5119 |
| | | Yama 12:17PM – 1:49PM | Vyatipata* Until 4:05PM | Muruga: Green <i>Sunset:</i> 6:25PM | | Moon 2 - Phase 45 |
| | 187622367 | Rahu 4:53PM – 6:25PM | Vanija Until 6:23PM | Nataraja: White | | 2nd Phase |
| Creative Work Siddha Yoga | | | Dashami Until 7:40AM Mon | Moon – Light Blue | | Bhuloka Day |
| Until 6:00AM Mon | | | | Phalguna-Masi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 2 Monday, March 12, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Lusaka, Zambia |
| Dhanus Rasi: 26.4 Tihi 25 – 26 | | Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau | | | | Sun 9 Sutra 329 |
| Family Home Evening | | Gulika 1:49PM – 3:21PM | Purvashadha* Until 6:00AM | Ganesha: Red <i>Sunrise:</i> 6:10AM | | Hemalamba 5119 |
| Routine Work Marana Yoga | | Yama 10:45AM – 12:17PM | Variyan Until 5:02PM | Muruga: Green <i>Sunset:</i> 6:24PM | | Moon 2 - Phase 45 |
| Until 6:00AM | 188622367 | Rahu 7:42AM – 9:14AM | Bava Until 8:58PM | Nataraja: White | | 2nd Phase |
| Then Creative Work - Amrita Yoga | | | Dashami Until 7:40AM | Moon – Light Blue | | Bhuloka Day |
| | | | | Phalguna-Masi | | Devaloka Time: 9:AM to12:PM |

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|------------------------------------|-----------|--|----------------------------------|--|--|-----------------------------|
| 3 Tuesday, March 13, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Lusaka, Zambia |
| Makara Rasi: 8.31 Tihi 26 – 27 | | Uttarashadha*/Shravana Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Sun 10 Sutra 330 |
| | | Gulika 12:17PM – 1:49PM | Uttarashadha Until 8:47AM | Ganesha: Red <i>Sunrise:</i> 6:10AM | | Hemalamba 5119 |
| | | Yama 9:13AM – 10:45AM | Parigha* Until 5:49PM | Muruga: Green <i>Sunset:</i> 6:24PM | | Moon 2 - Phase 45 |
| | 188622367 | Rahu 3:20PM – 4:52PM | Kaulava Until 11:17PM | Nataraja: White | | 2nd Phase |
| Routine Work Prabalarishta Yoga | | | Ekadashi* Until 10:09AM | Moon – Light Blue | | Bhuloka Day |
| Until 8:47AM | | | | Phalguna-Masi | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 Wednesday, March 14, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Lusaka, Zambia |
| Makara Rasi: 20.31 Tihi 27 – 28 | | Shravana/Dhanishtha Nakshatra Shiva Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Sun 11 Sutra 331 |
| | | Gulika 10:45AM – 12:17PM | Shravana Until 11:34AM | Ganesha: Green <i>Sunrise:</i> 6:10AM | | Hemalamba 5119 |
| | | Yama 7:42AM – 9:13AM | Shiva Until 6:18PM | Muruga: Green <i>Sunset:</i> 6:23PM | | Moon 2 - Phase 45 |
| | 198622367 | Rahu 12:17PM – 1:48PM | Gara Until 1:09AM Thu | Nataraja: White | | 2nd Phase |
| Creative Work Siddha Yoga | | | Dvadashi* Until 12:16PM | Moon – Purple | | Devaloka Day |
| Until 11:34AM | | Karadaiyan Nombu (Tamil Nadu) | <i>Pradosha Vrata (Fasting)</i> | Phalguna-Panguni | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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|-----------------------------------|-----------|--|---------------------------------|--|--|---------------------|
| 5 Thursday, March 15, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Lusaka, Zambia |
| Kumbha Rasi: 2.42 Tihi 28 – 29 | | Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau | | | | Sun 12 Sutra 332 |
| | | Gulika 9:13AM – 10:45AM | Dhanishtha Until 1:42PM | Ganesha: Green <i>Sunrise:</i> 6:10AM | | Hemalamba 5119 |
| | | Yama 6:10AM – 7:42AM | Siddha Until 6:21PM | Muruga: Green <i>Sunset:</i> 6:22PM | | Moon 2 - Phase 45 |
| | 198622368 | Rahu 1:48PM – 3:19PM | Vistil Until 2:27AM Fri | Nataraja: Clear | | 2nd Phase |
| Creative Work Siddha Yoga | | | Trayodashi* Until 1:51PM | Moon – Purple | | Sivaloka Day |
| | | | | Phalguna-Panguni | | |

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|------------------------------------|-----------|---|----------------------------------|--|--|---------------------|
| Friday, March 16, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Lusaka, Zambia |
| Retreat Star | | Shatabhishak*/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Sun 13 Sutra 333 |
| Kumbha Rasi: 15.07 Tihi 29 – 30 | | Gulika 7:42AM – 9:13AM | Shatabhishak Until 3:06PM | Ganesha: Green <i>Sunrise:</i> 6:11AM | | Hemalamba 5119 |
| | | Yama 3:19PM – 4:50PM | Sadhya Until 5:57PM | Muruga: Green <i>Sunset:</i> 6:21PM | | Moon 2 - Phase 45 |
| | 198622368 | Rahu 10:45AM – 12:16PM | Catuspada Until 3:08AM Sat | Nataraja: Clear | | Amavasya |
| Creative Work Siddha Yoga | | | Chaturdashi* Until 2:51PM | Moon – Purple | | Sivaloka Day |
| | | | | Phalguna-Panguni | | |

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|-----------------------------------|-----------|---|---------------------------------------|---|--|---------------------|
| Saturday, March 17, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Lusaka, Zambia |
| Retreat Star | | Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Sun 14 Sutra 334 |
| Kumbha Rasi: 27.49 Tihi 30 – 1 | | Gulika 6:11AM – 7:42AM | Purvaproshtapada* Until 4:13PM | Ganesha: Orange <i>Sunrise:</i> 6:11AM | | Hemalamba 5119 |
| | | Yama 1:47PM – 3:18PM | Subha Until 5:06PM | Muruga: Green <i>Sunset:</i> 6:21PM | | Moon 2 - Phase 45 |
| | 118622368 | Rahu 9:13AM – 10:44AM | Kintughna Until 3:13AM Sun | Nataraja: Clear | | Prathama |
| Routine Work Marana Yoga | | | Amavasya* Until 3:14PM | Moon – Clear | | Devaloka Day |
| Until 4:13PM | | Yugadhi | | Chaitra-Panguni | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|---------------------------------|-------------|--|---------------------------------------|------------------------|------------------------|--|--|
| 1 Sunday, March 18, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Lusaka, Zambia Sun 15 Sutra 335 Hemalamba 5119 | |
| Meena Rasi: 10.49 | Tithi 1 – 2 | Gulika 3:18PM – 4:49PM | Uttaraproshtapada Until 4:39PM | Ganesha: Green | <i>Sunrise:</i> 6:11AM | | |
| | | Yama 12:15PM – 1:47PM | Sukla Until 3:47PM | Muruga: Green | <i>Sunset:</i> 6:20PM | Moon 2 - Phase 46 | |
| Creative Work | Amrita Yoga | 119622368 Rahu 4:49PM – 6:20PM | Balava Until 2:47AM Mon | Nataraja: Clear | | 3rd Phase | |
| | | | Prathama* Until 3:03PM | Moon – Clear | | Bhuloka Day | |
| | | | | Chaitra-Panguni | | Devaloka Time: 6:PM to 9:PM | |

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|---------------------------------|-------------|--|-----------------------------|------------------------|------------------------|--|--|
| 2 Monday, March 19, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Lusaka, Zambia Sun 16 Sutra 336 Hemalamba 5119 | |
| Meena Rasi: 24.03 | Tithi 2 – 3 | Gulika 1:46PM – 3:17PM | Revati Until 4:28PM | Ganesha: Green | <i>Sunrise:</i> 6:11AM | | |
| Family Home Evening | | Yama 10:44AM – 12:15PM | Brahma Until 2:06PM | Muruga: Green | <i>Sunset:</i> 6:19PM | Moon 2 - Phase 46 | |
| Creative Work | Siddha Yoga | 119622368 Rahu 7:42AM – 9:13AM | Taitila Until 1:55AM Tue | Nataraja: Clear | | 3rd Phase | |
| | | | Dvitiya Until 2:23PM | Moon – Clear | | Bhuloka Day | |
| | | | | Chaitra-Panguni | | Devaloka Time: 6:PM to 9:PM | |

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|----------------------------------|-------------|---|-----------------------------|------------------------|------------------------|--|--|
| 3 Tuesday, March 20, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | Lusaka, Zambia Sun 17 Sutra 337 Hemalamba 5119 | |
| Mesha Rasi: 7.32 | Tithi 3 – 4 | Gulika 12:15PM – 1:46PM | Ashvini Until 4:11PM | Ganesha: White | <i>Sunrise:</i> 6:11AM | | |
| | | Yama 9:13AM – 10:44AM | Indra Until 12:08PM | Muruga: Green | <i>Sunset:</i> 6:19PM | Moon 2 - Phase 46 | |
| Creative Work | Siddha Yoga | 129622368 Rahu 3:17PM – 4:48PM | Vanija Until 12:41AM Wed | Nataraja: Clear | | 3rd Phase | |
| | | | Tritiya Until 1:19PM | Moon – White | | Bhuloka Day | |
| | | Chellappaswami Mahasamadhi | | Chaitra-Panguni | | Devaloka Time: 6:PM to 9:PM | |

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|------------------------------------|-------------|---|---------------------------------|------------------------|------------------------|--|--|
| 4 Wednesday, March 21, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Lusaka, Zambia Sun 18 Sutra 338 Hemalamba 5119 | |
| Mesha Rasi: 21.13 | Tithi 4 – 5 | Gulika 10:44AM – 12:15PM | Bharani Until 3:29PM | Ganesha: White | <i>Sunrise:</i> 6:11AM | | |
| | | Yama 7:42AM – 9:13AM | Vaidhriti* Until 9:53AM | Muruga: Green | <i>Sunset:</i> 6:18PM | Moon 2 - Phase 46 | |
| Creative Work | Siddha Yoga | 129622368 Rahu 12:15PM – 1:45PM | Bava Until 11:12PM | Nataraja: Clear | | 3rd Phase | |
| Until 3:29PM | | | Chaturthi* Until 11:57AM | Moon – White | | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | Chaitra-Panguni | | Devaloka Time: 6:PM to 9:PM | |

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|-----------------------------------|-------------|--|-------------------------------|------------------------|------------------------|--|--|
| 5 Thursday, March 22, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Lusaka, Zambia Sun 19 Sutra 339 Hemalamba 5119 | |
| Vrisabha Rasi: 5.02 | Tithi 5 – 6 | Gulika 9:13AM – 10:44AM | Krittika Until 2:25PM | Ganesha: White | <i>Sunrise:</i> 6:11AM | | |
| | | Yama 6:11AM – 7:42AM | Vishkambha* Until 7:28AM | Muruga: Green | <i>Sunset:</i> 6:17PM | Moon 2 - Phase 46 | |
| Routine Work | Marana Yoga | 129622368 Rahu 1:45PM – 3:16PM | Kaulava Until 9:30PM | Nataraja: Clear | | 3rd Phase | |
| | | | Panchami Until 10:21AM | Moon – White | | Bhuloka Day | |
| | | | | Chaitra-Panguni | | Devaloka Time: 6:PM to 9:PM | |

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|----------------------------------|-------------|---|-------------------------------|------------------------|------------------------|--|--|
| 6 Friday, March 23, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Lusaka, Zambia Sun 20 Sutra 340 Hemalamba 5119 | |
| Vrisabha Rasi: 18.58 | Tithi 6 – 7 | Gulika 7:42AM – 9:13AM | Rohini Until 1:28PM | Ganesha: Purple | <i>Sunrise:</i> 6:12AM | | |
| | | Yama 3:15PM – 4:46PM | Ayushman Until 2:13AM Sat | Muruga: Green | <i>Sunset:</i> 6:16PM | Moon 2 - Phase 46 | |
| Routine Work | Marana Yoga | 139722368 Rahu 10:43AM – 12:14PM | Gara Until 7:39PM | Nataraja: Clear | | 3rd Phase | |
| Until 1:28PM | | | Shashthi* Until 8:35AM | Moon – Yellow | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Chaitra-Panguni | | | |

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|--|-------------|--|---------------------------------|------------------------|------------------------|--|--|
| Retreat Star Saturday, March 24, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mantra Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau | | | | Lusaka, Zambia Sun 21 Sutra 341 Hemalamba 5119 | |
| Mithuna Rasi: 3 | Tithi 7 – 8 | Gulika 6:12AM – 7:42AM | Mrigashira Until 12:14PM | Ganesha: Purple | <i>Sunrise:</i> 6:12AM | | |
| | | Yama 1:44PM – 3:15PM | Saubhagya Until 11:26PM | Muruga: Green | <i>Sunset:</i> 6:16PM | Moon 2 - Phase 46 | |
| Creative Work | Siddha Yoga | 139722368 Rahu 9:13AM – 10:43AM | Bava Until 4:37AM Sun | Nataraja: Clear | | Ashtami | |
| | | | Saptami Until 6:40AM | Moon – Yellow | | Sivaloka Day | |
| | | | | Chaitra-Panguni | | | |

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|--|-------------|--|---------------------------------|------------------------|------------------------|--|--|
| Retreat Star Sunday, March 25, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau | | | | Lusaka, Zambia Sun 22 Sutra 342 Hemalamba 5119 | |
| Mithuna Rasi: 17.06 | Tithi 9 | Gulika 3:14PM – 4:45PM | Ardra Until 10:46AM | Ganesha: Purple | <i>Sunrise:</i> 6:12AM | | |
| | | Yama 12:13PM – 1:44PM | Sobhana Until 8:35PM | Muruga: Green | <i>Sunset:</i> 6:15PM | Moon 2 - Phase 46 | |
| Creative Work | Siddha Yoga | 139722368 Rahu 4:45PM – 6:15PM | Balava Until 3:35PM | Nataraja: Clear | | Navami | |
| | | | Navami* Until 2:30AM Mon | Moon – Yellow | | Sivaloka Day | |
| | | Sri Rama Navami | | Chaitra-Panguni | | | |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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|----------------------------------|-----------|---|----------------------------------|---|--|
| 1 Monday, March 26, 2018 | | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Sukarma Yoga Taitila/Gara Karana Dashamyam Titau | | | Lusaka, Zambia Sun 23 Sutra 343 Hemalamba 5119 |
| Kataka Rasi: 1.16 | Tithi 10 | Gulika 1:43PM – 3:14PM | Punarvasu Until 9:29AM | Ganesha: Yellow <i>Sunrise:</i> 6:12AM | |
| Family Home Evening | 141722368 | Yama 10:43AM – 12:13PM | Athiganda* Until 5:40PM | Muruga: Green <i>Sunset:</i> 6:14PM | Moon 2 - Phase 47 |
| Creative Work Amrita Yoga | | Rahu 7:42AM – 9:13AM | Taitila Until 1:25PM | Nataraja: Clear | 4th Phase |
| Until 9:29AM | | | Dashami Until 12:18AM Tue | Moon – Blue | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | Chaitra-Panguni | |

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|----------------------------------|-----------|--|-------------------------------|---|--|
| 2 Tuesday, March 27, 2018 | | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau | | | Lusaka, Zambia Sun 24 Sutra 344 Hemalamba 5119 |
| Kataka Rasi: 15.28 | Tithi 11 | Gulika 12:13PM – 1:43PM | Pushya Until 8:00AM | Ganesha: Yellow <i>Sunrise:</i> 6:12AM | |
| | 141722368 | Yama 9:12AM – 10:43AM | Sukarma Until 2:43PM | Muruga: Green <i>Sunset:</i> 6:13PM | Moon 2 - Phase 47 |
| Creative Work Siddha Yoga | | Rahu 3:13PM – 4:43PM | Vanija Until 11:13AM | Nataraja: Clear | 4th Phase |
| | | | Ekadashi Until 10:05PM | Moon – Blue | Devaloka Day |
| | | Yogaswami Mahasamadhi | | Chaitra-Panguni | |

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|------------------------------------|-----------|---|-------------------------------|---|--|
| 3 Wednesday, March 28, 2018 | | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau | | | Lusaka, Zambia Sun 25 Sutra 345 Hemalamba 5119 |
| Kataka Rasi: 29.4 | Tithi 12 | Gulika 10:42AM – 12:12PM | Ashlesha* Until 6:24AM | Ganesha: Yellow <i>Sunrise:</i> 6:12AM | |
| | 141722368 | Yama 7:42AM – 9:12AM | Dhriti Until 11:48AM | Muruga: Green <i>Sunset:</i> 6:13PM | Moon 2 - Phase 47 |
| Creative Work Siddha Yoga | | Rahu 12:12PM – 1:43PM | Bava Until 9:01AM | Nataraja: Clear | 4th Phase |
| | | | Dvadashi Until 7:55PM | Moon – Blue | Devaloka Day |
| | | | | Chaitra-Panguni | |

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|-----------------------------------|---------------|--|---------------------------------------|--|--|
| 4 Thursday, March 29, 2018 | | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau | | | Lusaka, Zambia Sun 26 Sutra 346 Hemalamba 5119 |
| Simha Rasi: 13.5 | Tithi 13 – 14 | Gulika 9:12AM – 10:42AM | Purvaphalguni Until 3:54AM Fri | Ganesha: White <i>Sunrise:</i> 6:12AM | |
| | 151722368 | Yama 6:12AM – 7:42AM | Shula* Until 8:56AM | Muruga: Green <i>Sunset:</i> 6:12PM | Moon 2 - Phase 47 |
| Creative Work Siddha Yoga | | Rahu 1:42PM – 3:12PM | Kaulava Until 6:53AM | Nataraja: Clear | 4th Phase |
| | | | Trayodashi Until 5:52PM | Moon – Red | Sivaloka Day |
| | | | <i>Pradosha Vrata</i> | Chaitra-Panguni | |

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|---------------------------------|---------------|---|--|--|--|
| 5 Friday, March 30, 2018 | | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | Lusaka, Zambia Sun 27 Sutra 347 Hemalamba 5119 |
| Simha Rasi: 27.52 | Tithi 14 – 15 | Gulika 7:42AM – 9:12AM | Uttaraphalguni Until 2:48AM Sat | Ganesha: White <i>Sunrise:</i> 6:12AM | |
| | 151722368 | Yama 3:12PM – 4:41PM | Ganda* Until 6:14AM | Muruga: Green <i>Sunset:</i> 6:11PM | Moon 2 - Phase 47 |
| Creative Work Siddha Yoga | | Rahu 10:42AM – 12:12PM | Visti Until 3:17AM Sat | Nataraja: Clear | 4th Phase |
| Until 2:48AM Sat | | | Chaturdashi* Until 4:03PM | Moon – Red | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | Chaitra-Panguni | |

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|-----------------------------------|---------------|--|-------------------------------|--|---|
| ○ Saturday, March 31, 2018 | | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | Lusaka, Zambia Sutra 348 Hemalamba 5119 |
| Copper Retreat Star | | Gulika 6:13AM – 7:42AM | Hasta Until 2:22AM Sun | Ganesha: Clear <i>Sunrise:</i> 6:13AM | |
| Kanya Rasi: 11.44 | Tithi 15 – 16 | Yama 1:41PM – 3:11PM | Dhruva Until 1:36AM Sun | Muruga: Green <i>Sunset:</i> 6:11PM | Moon 2 - Phase 47 |
| | 161722368 | Rahu 9:12AM – 10:42AM | Balava Until 2:01AM Sun | Nataraja: Clear | Purnima |
| Routine Work Marana Yoga | | | Purnima* Until 2:34PM | Moon – Green | Devaloka Day |
| Until 2:22AM Sun | | Panguni Uttiram | | Chaitra-Panguni | |
| Then Creative Work - Siddha Yoga | | Hanuman Jayanti | | | |

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|----------------------------------|---------------|--|--------------------------------|--|---|
| Sunday, April 1, 2018 | | Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | | Lusaka, Zambia Sutra 349 Hemalamba 5119 |
| Silver Retreat Star | | Gulika 3:11PM – 4:41PM | Chitra Until 2:18AM Mon | Ganesha: Clear <i>Sunrise:</i> 6:13AM | |
| Kanya Rasi: 25.22 | Tithi 16 – 17 | Yama 12:12PM – 1:41PM | Vyaghata* Until 11:51PM | Muruga: Green <i>Sunset:</i> 6:11PM | Moon 2 - Phase 47 |
| | 161722368 | Rahu 4:41PM – 6:11PM | Taitila Until 1:15AM Mon | Nataraja: Clear | Prathama |
| Creative Work Siddha Yoga | | | Prathama* Until 1:32PM | Moon – Green | Devaloka Day |
| Until 2:18AM Mon | | | | Chaitra-Panguni | |
| Then Creative Work - Amrita Yoga | | | | | |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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Monday, April 2, 2018
Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 350
Hemalamba 5119

Tula Rasi: 8.41 Tihi 17 – 18

Gulika 1:41PM – 3:11PM
Yama 10:42AM – 12:11PM
Rahu 7:42AM – 9:12AM

Svati Until 2:40AM Tue
Harshana Until 10:36PM
Vanija Until 1:05AM Tue
Dvitiya Until 1:04PM

Ganesh: Clear *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:10PM*
Nataraja: Clear
Moon – Green

Moon 3 - Phase 48
1st Phase

Devaloka Day

Family Home Evening 161722368
Creative Work Amrita Yoga
Until 2:40AM Tue
Then Routine Work - Marana Yoga

1

Tuesday, April 3, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Vajra* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Lusaka, Zambia
Sun 2 Sutra 351
Hemalamba 5119

Tula Rasi: 21.41 Tihi 18 – 19

Gulika 12:11PM – 1:40PM
Yama 9:12AM – 10:41AM
Rahu 3:10PM – 4:40PM

Vishakha Until 3:59AM Wed
Vajra* Until 9:49PM
Bava Until 1:34AM Wed
Tritiya Until 1:13PM

Ganesh: Purple *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:09PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 3:59AM Wed
Then Creative Work - Siddha Yoga

2

Wednesday, April 4, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

Lusaka, Zambia
Sun 3 Sutra 352
Hemalamba 5119

Vrischika Rasi: 4.23 Tihi 19 – 20

Gulika 10:41AM – 12:11PM
Yama 7:42AM – 9:12AM
Rahu 12:11PM – 1:40PM

Anuradha Until 5:47AM Thu
Siddhi Until 9:34PM
Kaulava Until 2:43AM Thu
Chatrthi* Until 2:02PM

Ganesh: Purple *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:08PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 5:47AM Thu
Then Routine Work - Prabalarishta Yoga

3

Thursday, April 5, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia
Sun 4 Sutra 353
Hemalamba 5119

Vrischika Rasi: 16.46 Tihi 20 – 21

Gulika 9:12AM – 10:41AM
Yama 6:13AM – 7:42AM
Rahu 1:40PM – 3:09PM

Jyeshtha* Until 7:59AM Fri
Vyatipata* Until 9:49PM
Gara Until 4:29AM Fri
Panchami Until 3:30PM

Ganesh: Purple *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:08PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48
1st Phase

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 7:59AM Fri
Then Creative Work - Amrita Yoga

4

Friday, April 6, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia
Sun 5 Sutra 354
Hemalamba 5119

Vrischika Rasi: 28.55 Tihi 21 – 22

Gulika 7:42AM – 9:12AM
Yama 3:09PM – 4:38PM
Rahu 10:41AM – 12:10PM

Jyeshtha* Until 7:59AM
Variyan Until 10:25PM
Visti Until 6:44AM Sat
Shashthi* Until 5:32PM

Ganesh: Clear *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:07PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 48
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 7:59AM
Then Creative Work - Amrita Yoga

5

Saturday, April 7, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha* Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia
Sun 6 Sutra 355
Hemalamba 5119

Dhanus Rasi: 10.52 Tihi 22

Gulika 6:13AM – 7:42AM
Yama 1:39PM – 3:08PM
Rahu 9:12AM – 10:41AM

Mula* Until 10:58AM
Parigha* Until 11:20PM
Visti Until 6:44AM
Saptami Until 7:57PM

Ganesh: White *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:06PM*
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

D

Sunday, April 8, 2018
Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 7 Sutra 356
Hemalamba 5119

Dhanus Rasi: 22.43 Tihi 23

Gulika 3:08PM – 4:37PM
Yama 12:10PM – 1:39PM
Rahu 4:37PM – 6:06PM

Purvashadha* Until 2:01PM
Shiva Until 12:21AM Mon
Balava Until 9:15AM
Ashtami* Until 10:32PM

Ganesh: White *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:06PM*
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 2:01PM
Then Creative Work - Amrita Yoga

Monday, April 9, 2018
Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia
Sun 8 Sutra 357
Hemalamba 5119

Makara Rasi: 4.31 Tihi 24

Gulika 1:38PM – 3:07PM
Yama 10:40AM – 12:09PM
Rahu 7:42AM – 9:11AM

Uttarashadha Until 4:54PM
Siddha Until 1:15AM Tue
Taitila Until 11:50AM
Navami* Until 1:02AM Tue

Ganesh: White *Sunrise: 6:14AM*
Muruga: Green *Sunset: 6:05PM*
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 48
Navami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 4:54PM
Then Creative Work - Amrita Yoga

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| 1 Tuesday, April 10, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Lusaka, Zambia Sun 9 Sutra 358 Hemalamba 5119 |
| Makara Rasi: 16.24 | Tithi 25 | Gulika 12:09PM – 1:38PM | Shravana Until 7:51PM | Ganesh: Yellow <i>Sunrise: 6:14AM</i> | Muruga: Green <i>Sunset: 6:04PM</i> | Moon 3 - Phase 49 |
| | | Yama 9:11AM – 10:40AM | Sadhya Until 1:55AM Wed | Nataraja: Clear | | 2nd Phase |
| 192722368 | Rahu 3:07PM – 4:35PM | | Vanija Until 2:11PM | Moon – Purple | Devaloka Day | |
| Creative Work | Siddha Yoga | | Dashami Until 3:10AM Wed | Chaitra•Panguni | | |

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| 2 Wednesday, April 11, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau | | | | Lusaka, Zambia Sun 10 Sutra 359 Hemalamba 5119 |
| Makara Rasi: 28.26 | Tithi 26 | Gulika 10:40AM – 12:09PM | Dhanishtha Until 10:09PM | Ganesh: Yellow <i>Sunrise: 6:14AM</i> | Muruga: Green <i>Sunset: 6:04PM</i> | Moon 3 - Phase 49 |
| | | Yama 7:43AM – 9:11AM | Subha Until 2:10AM Thu | Nataraja: Clear | | 2nd Phase |
| 192722368 | Rahu 12:09PM – 1:37PM | | Bava Until 4:03PM | Moon – Purple | Devaloka Day | |
| Routine Work | Prabalarishta Yoga | | Ekadashi* Until 4:45AM Thu | Chaitra•Panguni | | |
| Until 10:09PM | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 3 Thursday, April 12, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Lusaka, Zambia Sun 11 Sutra 360 Hemalamba 5119 |
| Kumbha Rasi: 10.41 | Tithi 27 | Gulika 9:11AM – 10:40AM | Shatabhishak Until 11:39PM | Ganesh: Yellow <i>Sunrise: 6:14AM</i> | Muruga: Green <i>Sunset: 6:03PM</i> | Moon 3 - Phase 49 |
| | | Yama 6:14AM – 7:43AM | Sukla Until 1:52AM Fri | Nataraja: Clear | | 2nd Phase |
| 192722368 | Rahu 1:37PM – 3:06PM | | Kaulava Until 5:18PM | Moon – Purple | Devaloka Day | |
| Creative Work | Siddha Yoga | | Dvadashi* Until 5:37AM Fri | Chaitra•Panguni | | |

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| 4 Friday, April 13, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Lusaka, Zambia Sun 12 Sutra 361 Hemalamba 5119 |
| Kumbha Rasi: 23.16 | Tithi 28 | Gulika 7:43AM – 9:11AM | Purvaproshtapada* Until 12:45AM Sat | Ganesh: Blue <i>Sunrise: 6:14AM</i> | Muruga: Green <i>Sunset: 6:02PM</i> | Moon 3 - Phase 49 |
| | | Yama 3:05PM – 4:34PM | Brahma Until 1:00AM Sat | Nataraja: Clear | | 2nd Phase |
| 112722368 | Rahu 10:40AM – 12:08PM | | Gara Until 5:48PM | Moon – Clear | Bhuloka Day | |
| Creative Work | Siddha Yoga | | Trayodashi* Until 5:45AM Sat | Chaitra•Panguni | Devaloka Time: 6:PM to 9:PM | |
| | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 5 Saturday, April 14, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Lusaka, Zambia Sun 13 Sutra 362 Vilamba 5120 |
| Meena Rasi: 6.11 | Tithi 29 | Gulika 6:14AM – 7:43AM | Uttaraproshtapada Until 12:59AM Sun | Ganesh: Blue <i>Sunrise: 6:14AM</i> | Muruga: White <i>Sunset: 6:02PM</i> | Moon 3 - Phase 49 |
| | | Yama 1:36PM – 3:05PM | Indra Until 11:36PM | Nataraja: Clear | | 2nd Phase |
| 212732368 | Rahu 9:11AM – 10:39AM | | Visti Until 5:34PM | Moon – Clear | Bhuloka Day | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 5:11AM Sun | Chaitra•Chaitra | Devaloka Time: 6:PM to 9:PM | |
| Until 12:59AM Sun | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Sunday, April 15, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Lusaka, Zambia Sun 14 Sutra 363 Vilamba 5120 |
| Retreat Star | | Gulika 3:04PM – 4:33PM | Revati Until 12:27AM Mon | Ganesh: Blue <i>Sunrise: 6:14AM</i> | Muruga: White <i>Sunset: 6:01PM</i> | Moon 3 - Phase 49 |
| Meena Rasi: 19.28 | Tithi 30 | Yama 12:08PM – 1:36PM | Vaidhriti* Until 9:39PM | Nataraja: Clear | | Amavasya |
| | | 212732368 Rahu 4:33PM – 6:01PM | Catuspada Until 4:40PM | Moon – Clear | Bhuloka Day | |
| Creative Work | Amrita Yoga | | Amavasya* Until 3:59AM Mon | Chaitra•Chaitra | Devaloka Time: 6:PM to 9:PM | |
| Until 12:27AM Mon | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Monday, April 16, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Lusaka, Zambia Sun 15 Sutra 364 Vilamba 5120 |
| Retreat Star | | Gulika 1:36PM – 3:04PM | Ashvini Until 11:42PM | Ganesh: Blue <i>Sunrise: 6:15AM</i> | Muruga: White <i>Sunset: 6:00PM</i> | Moon 3 - Phase 49 |
| Mesha Rasi: 3.05 | Tithi 1 | Yama 10:39AM – 12:07PM | Vishkambha* Until 7:17PM | Nataraja: Clear | | Prathama |
| Family Home Evening | 222732368 Rahu 7:43AM – 9:11AM | | Kintughna Until 3:13PM | Moon – White | Bhuloka Day | |
| Creative Work | Siddha Yoga | | Prathama* Until 2:18AM Tue | Vaisaka•Chaitra | Devaloka Time: 6:PM to 9:PM | |

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| 1 | | Tuesday, April 17, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | Lusaka, Zambia Sun 16 Sutra 1 | |
| Mesha Rasi: 17 | Tithi 2 | Gulika | 12:07PM – 1:35PM | Bharani Until 10:26PM | Ganesh: Yellow | <i>Sunrise:</i> 6:15AM | Vilamba 5120 | |
| | | Yama | 9:11AM – 10:39AM | Priti Until 4:37PM | Muruga: White | <i>Sunset:</i> 6:00PM | Moon 3 - Phase 1 | |
| 222832368 | | Rahu | 3:03PM – 4:31PM | Balava Until 1:20PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Dvitiya Until 12:16AM Wed | Moon – White | | | Devaloka Day |
| | | | | | Vaisaka-Chaitra | | | |

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| 2 | | Wednesday, April 18, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau | | | Lusaka, Zambia Sun 17 Sutra 2 | |
| Vrishabha Rasi: 1.08 | Tithi 3 | Gulika | 10:39AM – 12:07PM | Krittika Until 8:48PM | Ganesh: Yellow | <i>Sunrise:</i> 6:15AM | Vilamba 5120 | |
| | | Yama | 7:43AM – 9:11AM | Ayushman Until 1:42PM | Muruga: White | <i>Sunset:</i> 5:59PM | Moon 3 - Phase 1 | |
| 222832368 | | Rahu | 12:07PM – 1:35PM | Taitila Until 11:10AM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Amrita Yoga | | | Tritiya Until 10:00PM | Moon – White | | | Devaloka Day |
| Until 8:48PM | | Akshaya Tritiya | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| 3 | | Thursday, April 19, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau | | | Lusaka, Zambia Sun 18 Sutra 3 | |
| Vrishabha Rasi: 15.23 | Tithi 4 | Gulika | 9:11AM – 10:39AM | Rohini Until 7:20PM | Ganesh: Blue | <i>Sunrise:</i> 6:15AM | Vilamba 5120 | |
| | | Yama | 6:15AM – 7:43AM | Saubhagya Until 10:41AM | Muruga: White | <i>Sunset:</i> 5:59PM | Moon 3 - Phase 1 | |
| 233832368 | | Rahu | 1:35PM – 3:02PM | Vanija Until 8:50AM | Nataraja: Clear | | 3rd Phase | |
| Routine Work | Marana Yoga | | | Chaturthi* Until 7:38PM | Moon – Yellow | | | Bhuloka Day |
| | | | | | Vaisaka-Chaitra | | | Devaloka Time: 6:PM to 9:PM |

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| 4 | | Friday, April 20, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau | | | Lusaka, Zambia Sun 19 Sutra 4 | |
| Vrishabha Rasi: 29.41 | Tithi 5 – 6 | Gulika | 7:43AM – 9:11AM | Mrigashira Until 5:43PM | Ganesh: Blue | <i>Sunrise:</i> 6:15AM | Vilamba 5120 | |
| | | Yama | 3:02PM – 4:30PM | Sobhana Until 7:39AM | Muruga: White | <i>Sunset:</i> 5:58PM | Moon 3 - Phase 1 | |
| 233832368 | | Rahu | 10:39AM – 12:06PM | Bava Until 6:28AM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Panchami Until 5:16PM | Moon – Yellow | | | Bhuloka Day |
| | | Adi Sankara Jayanthi | | | Vaisaka-Chaitra | | | Devaloka Time: 6:PM to 9:PM |

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| 5 | | Saturday, April 21, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | Lusaka, Zambia Sun 20 Sutra 5 | |
| Mithuna Rasi: 13.56 | Tithi 6 – 7 | Gulika | 6:15AM – 7:43AM | Ardra Until 4:03PM | Ganesh: Blue | <i>Sunrise:</i> 6:15AM | Vilamba 5120 | |
| | | Yama | 1:34PM – 3:02PM | Sukarma Until 1:43AM Sun | Muruga: White | <i>Sunset:</i> 5:57PM | Moon 3 - Phase 1 | |
| 233832368 | | Rahu | 9:11AM – 10:39AM | Gara Until 1:54AM Sun | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Shashthi* Until 2:59PM | Moon – Yellow | | | Bhuloka Day |
| | | | | | Vaisaka-Chaitra | | | Devaloka Time: 6:PM to 9:PM |

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| ☾ | | Sunday, April 22, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | Lusaka, Zambia Sun 21 Sutra 6 | |
| Retreat Star | | Gulika | 3:01PM – 4:29PM | Punarvasu Until 2:48PM | Ganesh: Yellow | <i>Sunrise:</i> 6:16AM | Vilamba 5120 | |
| Mithuna Rasi: 28.08 | Tithi 7 – 8 | Yama | 12:06PM – 1:34PM | Dhriti Until 10:55PM | Muruga: White | <i>Sunset:</i> 5:57PM | Moon 3 - Phase 1 | |
| 243832368 | | Rahu | 4:29PM – 5:57PM | Visti Until 11:48PM | Nataraja: Clear | | Ashtami | |
| Creative Work | Siddha Yoga | | | Saptami Until 12:49PM | Moon – Blue | | | Devaloka Day |
| | | | | | Vaisaka-Chaitra | | | |

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| Monday, April 23, 2018 | | Retreat Star | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | Lusaka, Zambia Sun 22 Sutra 7 | |
| Kataka Rasi: 12.14 | Tithi 8 – 9 | Gulika | 1:33PM – 3:01PM | Pushya Until 1:34PM | Ganesh: Yellow | <i>Sunrise:</i> 6:16AM | Vilamba 5120 | | |
| Family Home Evening | | Yama | 10:38AM – 12:06PM | Shula* Until 8:15PM | Muruga: White | <i>Sunset:</i> 5:56PM | Moon 3 - Phase 1 | | |
| 243832368 | | Rahu | 7:43AM – 9:11AM | Balava Until 9:53PM | Nataraja: Clear | | Navami | | |
| Creative Work | Siddha Yoga | | | Ashtami* Until 10:48AM | Moon – Blue | | | Devaloka Day | |
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| 1 Tuesday, April 24, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau | | | | Lusaka, Zambia Sun 23 Sutra 8 Vilamba 5120 |
| Kataka Rasi: 26.13 | Tithi 9 – 10 | Gulika 12:06PM – 1:33PM | Ashlesha* Until 12:21PM | Ganesha: Yellow | <i>Sunrise:</i> 6:16AM | |
| | | Yama 9:11AM – 10:38AM | Ganda* Until 5:43PM | Muruga: White | <i>Sunset:</i> 5:55PM | Moon 3 - Phase 2 |
| 243832368 | Rahu 3:00PM – 4:28PM | | Taitila Until 8:09PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 8:58AM | Moon – Blue | | Devaloka Day |
| | | | | Vaisaka*Chaitra | | |

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| 2 Wednesday, April 25, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Lusaka, Zambia Sun 24 Sutra 9 Vilamba 5120 |
| Simha Rasi: 10.05 | Tithi 10 – 11 | Gulika 10:38AM – 12:05PM | Magha* Until 11:37AM | Ganesha: White | <i>Sunrise:</i> 6:16AM | |
| | | Yama 7:43AM – 9:11AM | Vridhhi Until 3:22PM | Muruga: White | <i>Sunset:</i> 5:55PM | Moon 3 - Phase 2 |
| 253832369 | Rahu 12:05PM – 1:33PM | | Vanija Until 6:35PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 7:19AM | Moon – Red | | Bhuloka Day |
| Until 11:37AM | | | | Vaisaka*Chaitra | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 3 Thursday, April 26, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau | | | | Lusaka, Zambia Sun 25 Sutra 10 Vilamba 5120 |
| Simha Rasi: 23.5 | Tithi 12 | Gulika 9:11AM – 10:38AM | Purvaphalguni Until 10:56AM | Ganesha: White | <i>Sunrise:</i> 6:16AM | |
| | | Yama 6:16AM – 7:44AM | Dhruva Until 1:09PM | Muruga: White | <i>Sunset:</i> 5:54PM | Moon 3 - Phase 2 |
| 253832369 | Rahu 1:32PM – 3:00PM | | Bava Until 5:15PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 4:39AM Fri | Moon – Red | | Bhuloka Day |
| | | | | Vaisaka*Chaitra | | |

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| 4 Friday, April 27, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Lusaka, Zambia Sun 26 Sutra 11 Vilamba 5120 |
| Kanya Rasi: 7.27 | Tithi 13 | Gulika 7:44AM – 9:11AM | Uttaraphalguni Until 10:21AM | Ganesha: White | <i>Sunrise:</i> 6:16AM | |
| | | Yama 2:59PM – 4:27PM | Vyaghata* Until 11:09AM | Muruga: White | <i>Sunset:</i> 5:54PM | Moon 3 - Phase 2 |
| 253832369 | Rahu 10:38AM – 12:05PM | | Kaulava Until 4:10PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 3:43AM Sat | Moon – Red | | Bhuloka Day |
| Until 10:21AM | | | <i>Pradosha Vrata</i> | Vaisaka*Chaitra | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 5 Saturday, April 28, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Lusaka, Zambia Sun 27 Sutra 12 Vilamba 5120 |
| Kanya Rasi: 20.54 | Tithi 14 | Gulika 6:17AM – 7:44AM | Hasta Until 10:21AM | Ganesha: Clear | <i>Sunrise:</i> 6:17AM | |
| | | Yama 1:32PM – 2:59PM | Harshana Until 9:24AM | Muruga: White | <i>Sunset:</i> 5:53PM | Moon 3 - Phase 2 |
| 263832369 | Rahu 9:11AM – 10:38AM | | Gara Until 3:23PM | Nataraja: Purple | | 4th Phase |
| Routine Work | Marana Yoga | | Chaturdashi* Until 3:07AM Sun | Moon – Green | | Bhuloka Day |
| | | | | Vaisaka*Chaitra | | Devaloka Time: 6:AM to 9:AM |

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| ○ Sunday, April 29, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnimayam Titau | | | | Lusaka, Zambia Sutra 13 Vilamba 5120 |
| Copper Retreat Star | | Gulika 2:59PM – 4:26PM | Chitra Until 10:34AM | Ganesha: Clear | <i>Sunrise:</i> 6:17AM | |
| Tula Rasi: 4.09 | Tithi 15 | Yama 12:05PM – 1:32PM | Vajra* Until 7:56AM | Muruga: White | <i>Sunset:</i> 5:53PM | Moon 3 - Phase 2 |
| 263832369 | Rahu 4:26PM – 5:53PM | | Visti Until 3:00PM | Nataraja: Purple | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 2:57AM Mon | Moon – Green | | Bhuloka Day |
| | | Budha Purnima (Tamil Nadu) | | Vaisaka*Chaitra | | Devaloka Time: 6:AM to 9:AM |

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| Monday, April 30, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Lusaka, Zambia Sutra 14 Vilamba 5120 |
| Silver Retreat Star | | Gulika 1:31PM – 2:58PM | Svati Until 11:04AM | Ganesha: Clear | <i>Sunrise:</i> 6:17AM | |
| Tula Rasi: 17.11 | Tithi 16 | Yama 10:38AM – 12:05PM | Siddhi Until 6:49AM | Muruga: White | <i>Sunset:</i> 5:52PM | Moon 3 - Phase 2 |
| Family Home Evening | 263832369 | Rahu 7:44AM – 9:11AM | Balava Until 3:04PM | Nataraja: Purple | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 3:17AM Tue | Moon – Green | | Bhuloka Day |
| Until 11:04AM | | | | Vaisaka*Chaitra | | Devaloka Time: 6:AM to 9:AM |
| Then Routine Work - Marana Yoga | | | | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda