



Friday, May 12, 2017
Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Parigha*/Shiva Yoga Tailila Karana Dvitiyayam Titau

Chennai, India

Vrischika Rasi: 9.38 Tihti 17

Gulika 7:20AM – 8:55AM
Yama 3:16PM – 4:51PM
Rahu 10:31AM – 12:06PM

Anuradha Until 8:10PM
Parigha* Until 5:43PM
Tailila Until 6:40PM
Dvitiya Until 7:50AM Sat

Ganesha: Blue *Sunrise:* 5:45AM
Muruga: Blue *Sunset:* 6:27PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 8:10PM
Then Routine Work - Marana Yoga

1 **Saturday, May 13, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Vrischika Rasi: 21.32 Tihti 17 – 18

Gulika 5:45AM – 7:20AM
Yama 1:41PM – 3:16PM
Rahu 8:55AM – 10:30AM

Jyeshtha* Until 10:56PM
Shiva Until 6:39PM
Vanija Until 9:03PM
Dvitiya Until 7:50AM

Ganesha: Blue *Sunrise:* 5:45AM
Muruga: Blue *Sunset:* 6:27PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sun 1 Sutra 26
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 8:10PM
Then Routine Work - Marana Yoga

2 **Sunday, May 14, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India

Dhanus Rasi: 3.24 Tihti 18 – 19

Gulika 3:16PM – 4:52PM
Yama 12:06PM – 1:41PM
Rahu 4:52PM – 6:27PM

Mula* Until 2:03AM Mon
Siddha Until 7:34PM
Bava Until 11:27PM
Tritiya Until 10:14AM

Ganesha: Yellow *Sunrise:* 5:44AM
Muruga: Blue *Sunset:* 6:27PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Sun 2 Sutra 27
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 2:03AM Mon
Then Routine Work - Marana Yoga

3 **Monday, May 15, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Dhanus Rasi: 15.17 Tihti 19 – 20

Gulika 1:41PM – 3:17PM
Yama 10:30AM – 12:06PM
Rahu 7:19AM – 8:55AM

Purvashadha* Until 4:52AM Tue
Sadhya Until 8:25PM
Kaulava Until 1:44AM Tue
Chaturthi* Until 12:35PM

Ganesha: Yellow *Sunrise:* 5:44AM
Muruga: Blue *Sunset:* 6:27PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Sun 3 Sutra 28
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Family Home Evening
Routine Work Marana Yoga
Until 4:52AM Tue
Then Routine Work - Prabalarishta Yoga

4 **Tuesday, May 16, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Dhanus Rasi: 27.13 Tihti 20 – 21

Gulika 12:06PM – 1:41PM
Yama 8:55AM – 10:30AM
Rahu 3:17PM – 4:52PM

Uttarashadha Until 7:13AM Wed
Subha Until 9:06PM
Gara Until 3:43AM Wed
Panchami Until 2:45PM

Ganesha: Yellow *Sunrise:* 5:44AM
Muruga: Blue *Sunset:* 6:28PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Sun 4 Sutra 29
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Prabalarishta Yoga
Until 7:13AM Wed
Then Creative Work - Siddha Yoga

5 **Wednesday, May 17, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Chennai, India

Makara Rasi: 9.17 Tihti 21 – 22

Gulika 10:30AM – 12:06PM
Yama 7:19AM – 8:55AM
Rahu 12:06PM – 1:41PM

Uttarashadha Until 7:13AM
Sukla Until 9:26PM
Visti Until 5:15AM Thu
Shashthi* Until 4:32PM

Ganesha: Red *Sunrise:* 5:44AM
Muruga: Blue *Sunset:* 6:28PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Sun 5 Sutra 30
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 7:13AM
Then Creative Work - Siddha Yoga

6 **Thursday, May 18, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chennai, India

Makara Rasi: 21.33 Tihti 22 – 23

Gulika 8:55AM – 10:30AM
Yama 5:43AM – 7:19AM
Rahu 1:41PM – 3:17PM

Shravana Until 9:26AM
Brahma Until 9:19PM
Balava Until 6:07AM Fri
Saptami Until 5:45PM

Ganesha: Green *Sunrise:* 5:43AM
Muruga: Blue *Sunset:* 6:28PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Sun 6 Sutra 31
Hemalamba 5119
Moon 5 - Phase 4
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Retreat Star
Friday, May 19, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Kumbha Rasi: 4.05 Tihti 23

Gulika 7:19AM – 8:54AM
Yama 3:17PM – 4:53PM
Rahu 10:30AM – 12:06PM

Dhanishtha Until 10:49AM
Indra Until 8:38PM
Balava Until 6:07AM
Ashtami* Until 6:15PM

Ganesha: Green *Sunrise:* 5:43AM
Muruga: Blue *Sunset:* 6:29PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Sun 7 Sutra 32
Hemalamba 5119
Moon 5 - Phase 4
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Retreat Star
Saturday, May 20, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Tailila/Vanija Karana Navami/Dashamyam Titau

Chennai, India

Kumbha Rasi: 17.01 Tihti 24 – 25

Gulika 5:43AM – 7:19AM
Yama 1:42PM – 3:17PM
Rahu 8:54AM – 10:30AM

Shatabhishak Until 11:16AM
Vaidhriti* Until 7:16PM
Tailila Until 6:12AM
Navami* Until 5:54PM

Ganesha: Green *Sunrise:* 5:43AM
Muruga: Blue *Sunset:* 6:29PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Sun 8 Sutra 33
Hemalamba 5119
Moon 5 - Phase 4
Navami

Bhuloka Day

Creative Work Amrita Yoga
Until 11:16AM
Then Routine Work - Marana Yoga

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

1

Sunday, May 21, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Chennai, India

Meena Rasi: 0.23 Tihi 25 – 26

Gulika 3:17PM – 4:53PM
Yama 12:06PM – 1:42PM
Rahu 4:53PM – 6:29PMPurvaproshtapada* Until 11:10AM
Vishkambha* Until 5:13PM
Bava Until 3:48AM Mon
Dashami Until 4:42PMGanesha: Purple Sunrise: 5:43AM
Muruga: Blue Sunset: 6:29PM
Nataraja: Purple
Moon – Clear
Vaisaka-VaikasiSun 9 Sutra 34
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 11:10AM

Then Creative Work - Amrita Yoga

2

Monday, May 22, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Chennai, India

Meena Rasi: 14.14 Tihi 26 – 27

Gulika 1:42PM – 3:18PM
Yama 10:30AM – 12:06PM
Rahu 7:18AM – 8:54AMUttaraproshtapada Until 10:06AM
Priti Until 2:32PM
Kaulava Until 1:26AM Tue
Ekadashi* Until 2:41PMGanesha: Purple Sunrise: 5:43AM
Muruga: Blue Sunset: 6:29PM
Nataraja: Purple
Moon – Clear
Vaisaka-VaikasiSun 10 Sutra 35
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

Family Home Evening

3

Tuesday, May 23, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau

Chennai, India

Meena Rasi: 28.35 Tihi 27 – 28

Gulika 12:06PM – 1:42PM
Yama 8:54AM – 10:30AM
Rahu 3:18PM – 4:54PMRevati Until 8:11AM
Ayushman Until 11:15AM
Gara Until 10:26PM
Dvadashi* Until 11:59AM
Pradosha Vrata (Fasting)Ganesha: Purple Sunrise: 5:42AM
Muruga: Blue Sunset: 6:30PM
Nataraja: Purple
Moon – Clear
Vaisaka-VaikasiSun 11 Sutra 36
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

4

Wednesday, May 24, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Chennai, India

Mesha Rasi: 13.21 Tihi 28 – 29

Gulika 10:30AM – 12:06PM
Yama 7:18AM – 8:54AM
Rahu 12:06PM – 1:42PMBharani Until 3:10AM Thu
Saubhagya Until 7:31AM
Visti Until 6:59PM
Trayodashi* Until 8:44AMGanesha: Light Blue Sunrise: 5:42AM
Muruga: Blue Sunset: 6:30PM
Nataraja: Purple
Moon – White
Vaisaka-VaikasiSun 12 Sutra 37
Hemalamba 5119
Moon 5 - Phase 5
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 3:10AM Thu

Then Routine Work - Marana Yoga

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Thursday, May 25, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Chennai, India

Mesha Rasi: 28.26 Tihi 30

Gulika 8:54AM – 10:30AM
Yama 5:42AM – 7:18AM
Rahu 1:42PM – 3:18PMKrittika Until 12:02AM Fri
Athiganda* Until 11:13PM
Catuspada Until 3:13PM
Amavasya* Until 1:16AM FriGanesha: Light Blue Sunrise: 5:42AM
Muruga: Blue Sunset: 6:30PM
Nataraja: Purple
Moon – White
Vaisaka-VaikasiSun 13 Sutra 38
Hemalamba 5119
Moon 5 - Phase 5
Amavasya

Bhuloka Day

Routine Work Marana Yoga

Friday, May 26, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau

Chennai, India

Vrishabha Rasi: 13.42 Tihi 1

Gulika 7:18AM – 8:54AM
Yama 3:18PM – 4:54PM
Rahu 10:30AM – 12:06PMRohini Until 9:07PM
Sukarma Until 6:55PM
Kintughna Until 11:20AM
Prathama* Until 9:23PMGanesha: Light Blue Sunrise: 5:42AM
Muruga: Blue Sunset: 6:31PM
Nataraja: Purple
Moon – Yellow
Jyeshtha-VaikasiSun 14 Sutra 39
Hemalamba 5119
Moon 5 - Phase 5
Prathama

Bhuloka Day

Routine Work Marana Yoga

Until 9:07PM

Then Creative Work - Siddha Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

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|----------|---------------------------------------|-----------|--|--|---|--------------------|---|
| 1 | Saturday, May 27, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Chennai, India Sun 15 Sutra 40 Hemalamba 5119 |
| | Vrishabha Rasi: 28.58 Tiithi 2 – 3 | 334481369 | Gulika 5:42AM – 7:18AM Yama 1:43PM – 3:19PM Rahu 8:54AM – 10:30AM | Mrigashira Until 6:12PM Dhriti Until 2:44PM Balava Until 7:30AM Dvitiya Until 5:38PM | Ganesh: Purple <i>Sunrise:</i> 5:42AM Muruga: Blue <i>Sunset:</i> 6:31PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi | Bhuloka Day | Moon 5 - Phase 6 3rd Phase |
| | Creative Work Siddha Yoga | | | | | | |
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| 2 | Sunday, May 28, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | | | Chennai, India Sun 16 Sutra 41 Hemalamba 5119 |
| | Mithuna Rasi: 14.02 Tiithi 3 – 4 | 334481369 | Gulika 3:19PM – 4:55PM Yama 12:07PM – 1:43PM Rahu 4:55PM – 6:31PM | Ardra Until 3:28PM Shula* Until 10:46AM Vanija Until 12:39AM Mon Tritiya Until 2:12PM | Ganesh: Purple <i>Sunrise:</i> 5:42AM Muruga: Blue <i>Sunset:</i> 6:31PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi | Bhuloka Day | Moon 5 - Phase 6 3rd Phase |
| | Creative Work Siddha Yoga | | | | | | |
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| 3 | Monday, May 29, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Chennai, India Sun 17 Sutra 42 Hemalamba 5119 |
| | Mithuna Rasi: 28.48 Tiithi 4 – 5 Family Home Evening | 345481369 | Gulika 1:43PM – 3:19PM Yama 10:30AM – 12:07PM Rahu 7:18AM – 8:54AM | Punarvasu Until 1:29PM Ganda* Until 7:10AM Bava Until 9:58PM Chaturthi* Until 11:13AM | Ganesh: Purple <i>Sunrise:</i> 5:42AM Muruga: Blue <i>Sunset:</i> 6:31PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi | Bhuloka Day | Moon 5 - Phase 6 3rd Phase |
| | Creative Work Amrita Yoga Until 1:29PM Then Creative Work - Siddha Yoga | | | | | | |
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| 4 | Tuesday, May 30, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Chennai, India Sun 18 Sutra 43 Hemalamba 5119 |
| | Kataka Rasi: 13.09 Tiithi 5 – 6 | 345481369 | Gulika 12:07PM – 1:43PM Yama 8:54AM – 10:31AM Rahu 3:19PM – 4:56PM | Pushya Until 11:59AM Dhruva Until 1:32AM Wed Kaulava Until 7:57PM Panchami Until 8:51AM | Ganesh: Purple <i>Sunrise:</i> 5:42AM Muruga: Blue <i>Sunset:</i> 6:32PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi | Bhuloka Day | Moon 5 - Phase 6 3rd Phase |
| | Creative Work Siddha Yoga | | | | | | |
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| 5 | Wednesday, May 31, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Chennai, India Sun 19 Sutra 44 Hemalamba 5119 |
| | Kataka Rasi: 27.02 Tiithi 6 – 7 | 345481369 | Gulika 10:31AM – 12:07PM Yama 7:18AM – 8:54AM Rahu 12:07PM – 1:43PM | Ashlesha* Until 11:04AM Vyaghata* Until 11:37PM Gara Until 6:41PM Shashthi* Until 7:12AM | Ganesh: Purple <i>Sunrise:</i> 5:42AM Muruga: Blue <i>Sunset:</i> 6:32PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi | Bhuloka Day | Moon 5 - Phase 6 3rd Phase |
| | Creative Work Siddha Yoga | | | | | | |
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| D | Thursday, June 1, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Chennai, India Sun 20 Sutra 45 Hemalamba 5119 | |
| | Retreat Star | | Simha Rasi: 10.28 Tiithi 7 – 8 | 355481369 | Gulika 8:54AM – 10:31AM Yama 5:42AM – 7:18AM Rahu 1:43PM – 3:20PM | Magha* Until 11:13AM Harshana Until 10:21PM Visti Until 6:12PM Saptami Until 6:20AM | Ganesh: Clear <i>Sunrise:</i> 5:42AM Muruga: Blue <i>Sunset:</i> 6:32PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| | Creative Work Amrita Yoga Until 11:13AM Then Creative Work - Siddha Yoga | | | | | | | |
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| D | Friday, June 2, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Chennai, India Sun 21 Sutra 46 Hemalamba 5119 | |
| | Retreat Star | | Simha Rasi: 23.28 Tiithi 8 – 9 | 355481369 | Gulika 7:18AM – 8:55AM Yama 3:20PM – 4:56PM Rahu 10:31AM – 12:07PM | Purvaphalguni Until 11:59AM Vajra* Until 9:39PM Balava Until 6:29PM Ashtami* Until 6:14AM | Ganesh: Clear <i>Sunrise:</i> 5:42AM Muruga: Blue <i>Sunset:</i> 6:33PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| | Creative Work Siddha Yoga | | | | | | | |
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| 1 Saturday, June 3, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Chennai, India Sun 22 Sutra 47 Hemalamba 5119 Moon 5 - Phase 7 4th Phase |
| Kanya Rasi: 6.08 | Tithi 9 - 10 | Gulika 5:42AM - 7:18AM Yama 1:44PM - 3:20PM Rahu 8:55AM - 10:31AM | Uttaraphalguni Until 1:16PM Siddhi Until 9:29PM Taitila Until 7:26PM Navami* Until 6:52AM | Ganesha: Clear Muruga: Blue Nataraja: Purple Moon - Red Jyeshtha-Vaikasi | <i>Sunrise:</i> 5:42AM <i>Sunset:</i> 6:33PM | Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| Routine Work Marana Yoga | | | | | | |

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| 2 Sunday, June 4, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Chennai, India Sun 23 Sutra 48 Hemalamba 5119 Moon 5 - Phase 7 4th Phase |
| Kanya Rasi: 18.31 | Tithi 10 - 11 | Gulika 3:20PM - 4:57PM Yama 12:08PM - 1:44PM Rahu 4:57PM - 6:33PM | Hasta Until 3:25PM Vyatipata* Until 9:43PM Vanija Until 8:54PM Dashami Until 8:05AM | Ganesha: White Muruga: Blue Nataraja: Purple Moon - Green Jyeshtha-Vaikasi | <i>Sunrise:</i> 5:42AM <i>Sunset:</i> 6:33PM | Bhuloka Day |
| Creative Work Amrita Yoga Until 3:25PM Then Creative Work - Siddha Yoga | | | | | | |

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| 3 Monday, June 5, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau | | | | Chennai, India Sun 24 Sutra 49 Hemalamba 5119 Moon 5 - Phase 7 4th Phase |
| Tula Rasi: 0.43 | Tithi 11 - 12 | Gulika 1:44PM - 3:21PM Yama 10:31AM - 12:08PM Rahu 7:18AM - 8:55AM | Chitra Until 5:48PM Variyan Until 10:13PM Bava Until 10:45PM Ekadashi Until 9:46AM | Ganesha: White Muruga: Blue Nataraja: White Moon - Green Jyeshtha-Vaikasi | <i>Sunrise:</i> 5:42AM <i>Sunset:</i> 6:34PM | Bhuloka Day |
| Family Home Evening Routine Work Prabalarishta Yoga Until 5:48PM Then Creative Work - Amrita Yoga | | | | | | |

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| 4 Tuesday, June 6, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Chennai, India Sun 25 Sutra 50 Hemalamba 5119 Moon 5 - Phase 7 4th Phase |
| Tula Rasi: 12.46 | Tithi 12 - 13 | Gulika 12:08PM - 1:44PM Yama 8:55AM - 10:31AM Rahu 3:21PM - 4:57PM | Svati Until 8:18PM Parigha* Until 10:56PM Kaulava Until 12:52AM Wed Dvadashi Until 11:46AM <i>Pradosha Vrata</i> | Ganesha: White Muruga: Blue Nataraja: White Moon - Green Jyeshtha-Vaikasi | <i>Sunrise:</i> 5:42AM <i>Sunset:</i> 6:34PM | Bhuloka Day |
| Creative Work Siddha Yoga Until 8:18PM Then Routine Work - Marana Yoga | | | | | | |

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| 5 Wednesday, June 7, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Chennai, India Sun 26 Sutra 51 Hemalamba 5119 Moon 5 - Phase 7 4th Phase |
| Tula Rasi: 24.44 | Tithi 13 - 14 | Gulika 10:32AM - 12:08PM Yama 7:19AM - 8:55AM Rahu 12:08PM - 1:45PM | Vishakha Until 11:17PM Shiva Until 11:47PM Gara Until 3:08AM Thu Trayodashi Until 1:58PM | Ganesha: White Muruga: Blue Nataraja: White Moon - Orange Jyeshtha-Vaikasi | <i>Sunrise:</i> 5:42AM <i>Sunset:</i> 6:34PM | Devaloka Day |
| Creative Work Siddha Yoga Vaikasi Visakam | | | | | | |

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|--|---------------|---|--|---|---|--|
| 6 Thursday, June 8, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Chennai, India Sun 27 Sutra 52 Hemalamba 5119 Moon 5 - Phase 7 4th Phase |
| Vrischika Rasi: 6.39 | Tithi 14 - 15 | Gulika 8:55AM - 10:32AM Yama 5:42AM - 7:19AM Rahu 1:45PM - 3:21PM | Anuradha Until 2:12AM Fri Siddha Until 12:41AM Fri Visti Until 5:29AM Fri Chaturdashi* Until 4:17PM | Ganesha: White Muruga: Blue Nataraja: White Moon - Orange Jyeshtha-Vaikasi | <i>Sunrise:</i> 5:42AM <i>Sunset:</i> 6:34PM | Devaloka Day |
| Creative Work Siddha Yoga Until 2:12AM Fri Then Routine Work - Marana Yoga | | | | | | |

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|--|----------|--|---|---|---|--|
| ○ Friday, June 9, 2017 Copper Retreat Star | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sadhya Yoga Bava Karana Purnimayam Titau | | | | Chennai, India Sun 28 Sutra 53 Hemalamba 5119 Moon 5 - Phase 7 Purnima |
| Vrischika Rasi: 18.32 | Tithi 15 | Gulika 7:19AM - 8:55AM Yama 3:22PM - 4:58PM Rahu 10:32AM - 12:08PM | Jyeshtha* Until 4:58AM Sat Sadhya Until 1:36AM Sat Bava Until 6:38PM Purnima* Until 6:38PM | Ganesha: White Muruga: Blue Nataraja: White Moon - Orange Jyeshtha-Vaikasi | <i>Sunrise:</i> 5:42AM <i>Sunset:</i> 6:35PM | Devaloka Day |
| Routine Work Marana Yoga Until 4:58AM Sat Then Creative Work - Siddha Yoga | | | | | | |

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|--|----------|--|---|--|---|---|
| ○ Saturday, June 10, 2017 Silver Retreat Star | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Chennai, India Sun 29 Sutra 54 Hemalamba 5119 Moon 5 - Phase 7 Prathama |
| Dhanus Rasi: 0.25 | Tithi 16 | Gulika 5:42AM - 7:19AM Yama 1:45PM - 3:22PM Rahu 8:55AM - 10:32AM | Mula* Until 8:01AM Sun Subha Until 2:31AM Sun Balava Until 7:50AM Prathama* Until 8:59PM | Ganesha: Yellow Muruga: Blue Nataraja: White Moon - Light Blue Jyeshtha-Vaikasi | <i>Sunrise:</i> 5:42AM <i>Sunset:</i> 6:35PM | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
| Creative Work Siddha Yoga | | | | | | |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



Sunday, June 11, 2017
Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Chennai, India
Sun 1 Sutra 55
Hemalamba 5119

Dhanus Rasi: 12.19 Tiithi 17

Gulika 3:22PM – 4:59PM
Yama 12:09PM – 1:45PM
Rahu 4:59PM – 6:35PM

Mula* Until 8:01AM
Sukla Until 3:19AM Mon
Tailila Until 10:08AM
Dvitiya Until 11:14PM

Ganesha: Yellow *Sunrise: 5:42AM*
Muruga: Blue *Sunset: 6:35PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 8:01AM

Then Creative Work - Siddha Yoga

1

Monday, June 12, 2017

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Chennai, India
Sun 2 Sutra 56
Hemalamba 5119

Dhanus Rasi: 24.16 Tiithi 18

Gulika 1:46PM – 3:22PM
Yama 10:32AM – 12:09PM
Rahu 7:19AM – 8:56AM

Purvashadha* Until 10:47AM
Brahma Until 4:00AM Tue
Vanija Until 12:19PM
Tritiya Until 1:18AM Tue

Ganesha: Yellow *Sunrise: 5:43AM*
Muruga: Blue *Sunset: 6:36PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Family Home Evening
Routine Work Marana Yoga

Then Creative Work - Siddha Yoga

2

Tuesday, June 13, 2017

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India
Sun 3 Sutra 57
Hemalamba 5119

Makara Rasi: 6.17 Tiithi 19

Gulika 12:09PM – 1:46PM
Yama 8:56AM – 10:33AM
Rahu 3:23PM – 4:59PM

Uttarashadha* Until 1:10PM
Indra Until 4:27AM Wed
Bava Until 2:15PM
Chaturthi* Until 3:04AM Wed

Ganesha: Yellow *Sunrise: 5:43AM*
Muruga: Blue *Sunset: 6:36PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Vaikasi

Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga
Until 1:10PM

Then Creative Work - Siddha Yoga

3

Wednesday, June 14, 2017

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Panchamyam Titau

Chennai, India
Sun 4 Sutra 58
Hemalamba 5119

Makara Rasi: 18.26 Tiithi 20

Gulika 10:33AM – 12:09PM
Yama 7:19AM – 8:56AM
Rahu 12:09PM – 1:46PM

Shravana Until 3:33PM
Vaidhriti* Until 4:32AM Thu
Kaulava Until 3:50PM
Panchami Until 4:25AM Thu

Ganesha: Blue *Sunrise: 5:43AM*
Muruga: Blue *Sunset: 6:36PM*
Nataraja: White
Moon – Purple
Jyeshtha-Vaikasi

Moon 6 - Phase 8
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 3:33PM

Then Routine Work - Prabalarishta Yoga

4

Thursday, June 15, 2017

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkamba* Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India
Sun 5 Sutra 59
Hemalamba 5119

Kumbha Rasi: 0.47 Tiithi 21

Gulika 8:56AM – 10:33AM
Yama 5:43AM – 7:20AM
Rahu 1:46PM – 3:23PM

Dhanishtha Until 5:16PM
Vishkamba* Until 4:11AM Fri
Gara Until 4:55PM
Shashthi* Until 5:13AM Fri

Ganesha: Yellow *Sunrise: 5:43AM*
Muruga: Blue *Sunset: 6:36PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

5

Friday, June 16, 2017

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Chennai, India
Sun 6 Sutra 60
Hemalamba 5119

Kumbha Rasi: 13.22 Tiithi 22

Gulika 7:20AM – 8:56AM
Yama 3:23PM – 5:00PM
Rahu 10:33AM – 12:10PM

Shatabhishak Until 6:14PM
Priti Until 3:20AM Sat
Visti Until 5:22PM
Saptami Until 5:19AM Sat

Ganesha: Yellow *Sunrise: 5:43AM*
Muruga: Blue *Sunset: 6:37PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 8
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

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Saturday, June 17, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India
Sun 7 Sutra 61
Hemalamba 5119

Kumbha Rasi: 26.17 Tiithi 23

Gulika 5:43AM – 7:20AM
Yama 1:47PM – 3:23PM
Rahu 8:57AM – 10:33AM

Purvaproshtapada* Until 6:48PM
Ayushman Until 1:52AM Sun
Balava Until 5:07PM
Ashtami* Until 4:41AM Sun

Ganesha: Clear *Sunrise: 5:43AM*
Muruga: Blue *Sunset: 6:37PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 8
Ashtami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 6:48PM

Then Creative Work - Siddha Yoga

Sunday, June 18, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Tailila/Gara Karana Navamyam Titau

Chennai, India
Sun 8 Sutra 62
Hemalamba 5119

Meena Rasi: 9.35 Tiithi 24

Gulika 3:24PM – 5:00PM
Yama 12:10PM – 1:47PM
Rahu 5:00PM – 6:37PM

Uttaraproshtapada Until 6:28PM
Saubhagya Until 11:47PM
Tailila Until 4:05PM
Navami* Until 3:17AM Mon

Ganesha: Clear *Sunrise: 5:43AM*
Muruga: Blue *Sunset: 6:37PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 8
Navami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga


Father's Day

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|---------------------------|--|--|--|---------------------------------|----------------------------|---|------------------------|---|-----------|
| 1 | | Monday, June 19, 2017 | | | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam | | Chennai, India | |
| Meena Rasi: 23.19 | | Revati/Ashvini Nakshatra Sobhana Yoga Vanija/Visli* Karana Dashamyam Titau | | Sun 9 | | Sutra 63 | | Hemalamba 5119 | |
| Family Home Evening | | 317481361 | | Gulika 1:47PM – 3:24PM | Revati Until 5:14PM | Ganesh: Clear | <i>Sunrise:</i> 5:44AM | | |
| Creative Work Siddha Yoga | | Yama 10:34AM – 12:11PM | | Sobhana Until 9:08PM | | Muruga: Blue | <i>Sunset:</i> 6:37PM | Moon 6 - Phase 9 | |
| | | Rahu 7:20AM – 8:57AM | | Vanija Until 2:19PM | | Nataraja: White | Moon – Clear | | 2nd Phase |
| | | | | Dashami Until 1:10AM Tue | | Jyeshtha-Ani | | Bhuloka Day Devaloka Time: 6:AM to 9:AM | |

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| 2 | | Tuesday, June 20, 2017 | | | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam | | Chennai, India | |
| Mesha Rasi: 7.3 | | Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ekadashyam Titau | | Sun 10 | | Sutra 64 | | Hemalamba 5119 | |
| Creative Work Siddha Yoga | | 327481361 | | Gulika 12:11PM – 1:47PM | Ashvini Until 3:39PM | Ganesh: White | <i>Sunrise:</i> 5:44AM | | |
| | | Yama 8:57AM – 10:34AM | | Athiganda* Until 5:56PM | | Muruga: Blue | <i>Sunset:</i> 6:38PM | Moon 6 - Phase 9 | |
| | | Rahu 3:24PM – 5:01PM | | Bava Until 11:53AM | | Nataraja: White | Moon – White | | 2nd Phase |
| | | | | Ekadashi* Until 10:25PM | | Jyeshtha-Ani | | Bhuloka Day | |

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| 3 | | Wednesday, June 21, 2017 | | | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam | | Chennai, India | |
| Mesha Rasi: 22.06 | | Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Sun 11 | | Sutra 65 | | Hemalamba 5119 | |
| Creative Work Siddha Yoga | | 328581361 | | Gulika 10:34AM – 12:11PM | Bharani Until 1:22PM | Ganesh: White | <i>Sunrise:</i> 5:44AM | | |
| Until 1:22PM | | Yama 7:21AM – 8:58AM | | Sukarma Until 2:18PM | | Muruga: Blue | <i>Sunset:</i> 6:38PM | Moon 6 - Phase 9 | |
| Then Creative Work - Amrita Yoga | | Rahu 12:11PM – 1:48PM | | Kaulava Until 8:52AM | | Nataraja: White | Moon – White | | 2nd Phase |
| | | | | Dvadashi* Until 7:11PM | | Jyeshtha-Ani | | Bhuloka Day | |

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| 4 | | Thursday, June 22, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam | | Chennai, India | |
| Vrisabha Rasi: 7.02 | | Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau | | Sun 12 | | Sutra 66 | | Hemalamba 5119 | |
| Routine Work Marana Yoga | | 328581361 | | Gulika 8:58AM – 10:34AM | Krittika Until 10:34AM | Ganesh: White | <i>Sunrise:</i> 5:44AM | | |
| | | Yama 5:44AM – 7:21AM | | Dhriti Until 10:21AM | | Muruga: Blue | <i>Sunset:</i> 6:38PM | Moon 6 - Phase 9 | |
| | | Rahu 1:48PM – 3:25PM | | Visli Until 1:45AM Fri | | Nataraja: White | Moon – White | | 2nd Phase |
| | | | | Trayodashi* Until 3:37PM | | Jyeshtha-Ani | | Bhuloka Day | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | | | |

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|  | | Friday, June 23, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam | | Chennai, India | |
| Retreat Star | | Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Sun 13 | | Sutra 67 | | Hemalamba 5119 | |
| Vrisabha Rasi: 22.11 | | 338581361 | | Gulika 7:21AM – 8:58AM | Rohini Until 7:47AM | Ganesh: Green | <i>Sunrise:</i> 5:45AM | | |
| Routine Work Marana Yoga | | Yama 3:25PM – 5:02PM | | Shula* Until 6:12AM | | Muruga: Blue | <i>Sunset:</i> 6:38PM | Moon 6 - Phase 9 | |
| Until 7:47AM | | Rahu 10:35AM – 12:11PM | | Catuspada Until 9:58PM | | Nataraja: White | Moon – Yellow | | Amavasya |
| Then Creative Work - Siddha Yoga | | | | Chaturdashi* Until 11:51AM | | Jyeshtha-Ani | | Bhuloka Day | |

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| 5 | | Saturday, June 24, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam | | Chennai, India | |
| Retreat Star | | Ardra Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 14 | | Sutra 68 | | Hemalamba 5119 | |
| Mithuna Rasi: 7.23 | | 338581361 | | Gulika 5:45AM – 7:21AM | Ardra Until 1:52AM Sun | Ganesh: Green | <i>Sunrise:</i> 5:45AM | | |
| Creative Work Siddha Yoga | | Yama 1:48PM – 3:25PM | | Vriddhi Until 9:53PM | | Muruga: Blue | <i>Sunset:</i> 6:38PM | Moon 6 - Phase 9 | |
| | | Rahu 8:58AM – 10:35AM | | Kintughna Until 6:14PM | | Nataraja: White | Moon – Yellow | | Prathama |
| | | | | Amavasya* Until 8:04AM | | Ashada-Ani | | Bhuloka Day | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudev.org/panchang

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| 1 Sunday, June 25, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Chennai, India |
| Mithuna Rasi: 22.29 Tithi 2 | | Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Sun 15 Sutra 69 |
| Creative Work Siddha Yoga | 348582361 | Gulika 3:25PM – 5:02PM | Punarvasu Until 11:28PM | Ganesh: White | <i>Sunrise:</i> 5:45AM | Hemalamba 5119 |
| | | Yama 12:12PM – 1:49PM | Dhruva Until 5:59PM | Muruga: Yellow | <i>Sunset:</i> 6:39PM | Moon 6 - Phase 10 |
| | | Rahu 5:02PM – 6:39PM | Balava Until 2:44PM | Nataraja: White | | 3rd Phase |
| | | | Dvitiya Until 1:07AM Mon | Moon – Blue | Bhuloka Day | |
| | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | |

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| 2 Monday, June 26, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Chennai, India |
| Kataka Rasi: 7.19 Tithi 3 | | Pushya Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Sun 16 Sutra 70 |
| Family Home Evening | 348582361 | Gulika 1:49PM – 3:25PM | Pushya Until 9:25PM | Ganesh: White | <i>Sunrise:</i> 5:45AM | Hemalamba 5119 |
| | Creative Work Siddha Yoga | Yama 10:35AM – 12:12PM | Vyaghata* Until 2:27PM | Muruga: Yellow | <i>Sunset:</i> 6:39PM | Moon 6 - Phase 10 |
| | | Rahu 7:22AM – 8:59AM | Taitila Until 11:38AM | Nataraja: White | | 3rd Phase |
| | | | Tritiya Until 10:16PM | Moon – Blue | Bhuloka Day | |
| | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | |

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| 3 Tuesday, June 27, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Chennai, India |
| Kataka Rasi: 21.46 Tithi 4 | | Ashlesha* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Sun 17 Sutra 71 |
| Creative Work Siddha Yoga | 348582361 | Gulika 12:12PM – 1:49PM | Ashlesha* Until 7:50PM | Ganesh: White | <i>Sunrise:</i> 5:45AM | Hemalamba 5119 |
| | | Yama 8:59AM – 10:36AM | Harshana Until 11:24AM | Muruga: Yellow | <i>Sunset:</i> 6:39PM | Moon 6 - Phase 10 |
| | | Rahu 3:26PM – 5:02PM | Vanija Until 9:06AM | Nataraja: White | | 3rd Phase |
| | | | Chaturthi* Until 8:03PM | Moon – Blue | Bhuloka Day | |
| | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | |

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| 4 Wednesday, June 28, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Chennai, India |
| Simha Rasi: 5.47 Tithi 5 | | Magha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau | | | | Sun 18 Sutra 72 |
| Creative Work Siddha Yoga | 359582361 | Gulika 10:36AM – 12:12PM | Magha* Until 7:16PM | Ganesh: White | <i>Sunrise:</i> 5:46AM | Hemalamba 5119 |
| | | Yama 7:22AM – 8:59AM | Vajra* Until 8:54AM | Muruga: Yellow | <i>Sunset:</i> 6:39PM | Moon 6 - Phase 10 |
| | | Rahu 12:12PM – 1:49PM | Bava Until 7:14AM | Nataraja: White | | 3rd Phase |
| | | | Panchami Until 6:35PM | Moon – Red | Sivaloka Day | |
| | | | | Ashada*Ani | | |

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| 5 Thursday, June 29, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Chennai, India |
| Simha Rasi: 19.19 Tithi 6 – 7 | | Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau | | | | Sun 19 Sutra 73 |
| Creative Work Siddha Yoga | 359582361 | Gulika 8:59AM – 10:36AM | Purvaphalguni Until 7:22PM | Ganesh: White | <i>Sunrise:</i> 5:46AM | Hemalamba 5119 |
| | | Yama 5:46AM – 7:23AM | Siddhi Until 7:03AM | Muruga: Yellow | <i>Sunset:</i> 6:39PM | Moon 6 - Phase 10 |
| | | Rahu 1:49PM – 3:26PM | Kaulava Until 6:09AM | Nataraja: White | | 3rd Phase |
| | | | Shashthi* Until 5:54PM | Moon – Red | Sivaloka Day | |
| | | | | Ashada*Ani | | |

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|--------------------------------|-----------|--|------------------------------------|------------------------|------------------------|-------------------|
| 6 Friday, June 30, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Chennai, India |
| Kanya Rasi: 2.24 Tithi 7 | | Uttaraphalguni Nakshatra Varyan Yoga Vanija Karana Saptamyam Titau | | | | Sun 20 Sutra 74 |
| Creative Work Siddha Yoga | 359582361 | Gulika 7:23AM – 9:00AM | Uttaraphalguni Until 8:06PM | Ganesh: White | <i>Sunrise:</i> 5:46AM | Hemalamba 5119 |
| | | Yama 3:26PM – 5:03PM | Varyan Until 5:16AM Sat | Muruga: Yellow | <i>Sunset:</i> 6:39PM | Moon 6 - Phase 10 |
| | | Rahu 10:36AM – 12:13PM | Vanija Until 6:02PM | Nataraja: White | | 3rd Phase |
| | | | Saptami Until 6:02PM | Moon – Red | Sivaloka Day | |
| | | Chidambaram Abhishekam | | Ashada*Ani | | |

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|--|-----------|--|------------------------------|------------------------|------------------------|-------------------|
| Retreat Star Saturday, July 1, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Chennai, India |
| Kanya Rasi: 15.06 Tithi 8 | | Hasta Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Sun 21 Sutra 75 |
| Routine Work Marana Yoga | 369582361 | Gulika 5:47AM – 7:23AM | Hasta Until 9:52PM | Ganesh: Clear | <i>Sunrise:</i> 5:47AM | Hemalamba 5119 |
| | | Yama 1:50PM – 3:26PM | Parigha* Until 5:14AM Sun | Muruga: Yellow | <i>Sunset:</i> 6:40PM | Moon 6 - Phase 10 |
| | | Rahu 9:00AM – 10:36AM | Visti Until 6:25AM | Nataraja: White | | Ashtami |
| | | | Ashtami* Until 6:55PM | Moon – Green | Devaloka Day | |
| | | | | Ashada*Ani | | |

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|--|-----------|--|---------------------------------|------------------------|------------------------|-------------------|
| Retreat Star Sunday, July 2, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Chennai, India |
| Kanya Rasi: 27.29 Tithi 9 | | Chitra Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau | | | | Sun 22 Sutra 76 |
| Creative Work Siddha Yoga | 369582361 | Gulika 3:26PM – 5:03PM | Chitra Until 12:02AM Mon | Ganesh: Clear | <i>Sunrise:</i> 5:47AM | Hemalamba 5119 |
| | | Yama 12:13PM – 1:50PM | Shiva Until 5:38AM Mon | Muruga: Yellow | <i>Sunset:</i> 6:40PM | Moon 6 - Phase 10 |
| | | Rahu 5:03PM – 6:40PM | Balava Until 7:37AM | Nataraja: White | | Navami |
| | | | Navami* Until 8:24PM | Moon – Green | Devaloka Day | |
| | | | | Ashada*Ani | | |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

All times are standard time

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|---------------------------------|-----------|---|-------------------------------|------------------------|------------------------|---------------------|
| Monday, July 3, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Chennai, India |
| 1 | | Svati Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau | | | | Sun 23 Sutra 77 |
| Tula Rasi: 9.4 | Tithi 10 | Gulika 1:50PM – 3:27PM | Svati Until 2:27AM Tue | Ganesha: Clear | <i>Sunrise:</i> 5:47AM | Hemalamba 5119 |
| Family Home Evening | 369582361 | Yama 10:37AM – 12:13PM | Siddha Until 6:18AM Tue | Muruga: Yellow | <i>Sunset:</i> 6:40PM | Moon 6 - Phase 11 |
| Creative Work Amrita Yoga | | Rahu 7:24AM – 9:00AM | Taitila Until 9:20AM | Nataraja: White | | 4th Phase |
| Until 2:27AM Tue | | | Dashami Until 10:20PM | Moon – Green | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | Ashada•Ani | | |

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|----------------------------------|-----------|--|-----------------------------------|------------------------|------------------------|---------------------|
| Tuesday, July 4, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Chennai, India |
| 2 | | Vishakha Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Sun 24 Sutra 78 |
| Tula Rasi: 21.4 | Tithi 11 | Gulika 12:14PM – 1:50PM | Vishakha Until 5:27AM Wed | Ganesha: Purple | <i>Sunrise:</i> 5:47AM | Hemalamba 5119 |
| | 379582361 | Yama 9:00AM – 10:37AM | Siddha Until 6:18AM | Muruga: Yellow | <i>Sunset:</i> 6:40PM | Moon 6 - Phase 11 |
| Routine Work Marana Yoga | | Rahu 3:27PM – 5:03PM | Vanija Until 11:26AM | Nataraja: White | | 4th Phase |
| Until 5:27AM Wed | | | Ekadashi Until 12:32AM Wed | Moon – Orange | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Ashada•Ani | | |

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|--|-----------|--|----------------------------------|------------------------|------------------------|---------------------|
| Wednesday, July 5, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Chennai, India |
| 3 | | Anuradha Nakshatra Sadhya/Sukla Yoga Bava/Balava Karana Dvadashyam Titau | | | | Sun 25 Sutra 79 |
| Vrischika Rasi: 3.35 | Tithi 12 | Gulika 10:37AM – 12:14PM | Anuradha Until 8:23AM Thu | Ganesha: Purple | <i>Sunrise:</i> 5:48AM | Hemalamba 5119 |
| | 371582361 | Yama 7:24AM – 9:01AM | Sadhya Until 7:09AM | Muruga: Yellow | <i>Sunset:</i> 6:40PM | Moon 6 - Phase 11 |
| Creative Work Siddha Yoga | | Rahu 12:14PM – 1:50PM | Bava Until 1:43PM | Nataraja: White | | 4th Phase |
| Until 8:23AM Thu | | | Dvadashi Until 2:52AM Thu | Moon – Orange | | Sivaloka Day |
| Then Routine Work - Prabalarishta Yoga | | | | Ashada•Ani | | |

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|--|-----------|---|------------------------------------|------------------------|------------------------|---------------------|
| Thursday, July 6, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Chennai, India |
| 4 | | Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Sun 26 Sutra 80 |
| Vrischika Rasi: 15.29 | Tithi 13 | Gulika 9:01AM – 10:37AM | Anuradha Until 8:23AM | Ganesha: Clear | <i>Sunrise:</i> 5:48AM | Hemalamba 5119 |
| | 471582361 | Yama 5:48AM – 7:24AM | Subha Until 8:06AM | Muruga: Yellow | <i>Sunset:</i> 6:40PM | Moon 6 - Phase 11 |
| Creative Work Siddha Yoga | | Rahu 1:50PM – 3:27PM | Kaulava Until 4:05PM | Nataraja: White | | 4th Phase |
| Until 8:23AM | | | Trayodashi Until 5:14AM Fri | Moon – Orange | | Devaloka Day |
| Then Routine Work - Prabalarishta Yoga | | | <i>Pradosha Vrata</i> | Ashada•Ani | | |

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|----------------------------------|-----------|--|--------------------------------------|------------------------|------------------------|---------------------|
| Friday, July 7, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Chennai, India |
| 5 | | Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Gara Karana Chaturdashyam Titau | | | | Sun 27 Sutra 81 |
| Vrischika Rasi: 27.22 | Tithi 14 | Gulika 7:25AM – 9:01AM | Jyeshtha* Until 11:08AM | Ganesha: Clear | <i>Sunrise:</i> 5:48AM | Hemalamba 5119 |
| | 471582361 | Yama 3:27PM – 5:04PM | Sukla Until 9:00AM | Muruga: Yellow | <i>Sunset:</i> 6:40PM | Moon 6 - Phase 11 |
| Routine Work Marana Yoga | | Rahu 10:38AM – 12:14PM | Gara Until 6:24PM | Nataraja: White | | 4th Phase |
| Until 11:08AM | | | Chaturdashi* Until 7:30AM Sat | Moon – Orange | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashada•Ani | | |

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|---|----------------------------|--|----------------------------------|------------------------|------------------------|---------------------|
| Saturday, July 8, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Chennai, India |
|  | Copper Retreat Star | Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Sutra 82 |
| Dhanus Rasi: 9.17 | Tithi 14 – 15 | Gulika 5:48AM – 7:25AM | Mula* Until 2:07PM | Ganesha: Purple | <i>Sunrise:</i> 5:48AM | Hemalamba 5119 |
| | 481582361 | Yama 1:51PM – 3:27PM | Brahma Until 9:51AM | Muruga: Yellow | <i>Sunset:</i> 6:40PM | Moon 6 - Phase 11 |
| Creative Work Siddha Yoga | | Rahu 9:01AM – 10:38AM | Visti Until 8:36PM | Nataraja: White | | Purnima |
| | | Satguru Purnima | Chaturdashi* Until 7:30AM | Moon – Light Blue | | Sivaloka Day |
| | | | | Ashada•Ani | | |

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|----------------------------------|---------------|--|----------------------------------|------------------------|------------------------|---------------------|
| Sunday, July 9, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Chennai, India |
| Silver Retreat Star | | Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Sutra 83 |
| Dhanus Rasi: 21.16 | Tithi 15 – 16 | Gulika 3:27PM – 5:04PM | Purvashadha* Until 4:45PM | Ganesha: Purple | <i>Sunrise:</i> 5:49AM | Hemalamba 5119 |
| | 481582361 | Yama 12:14PM – 1:51PM | Indra Until 10:35AM | Muruga: Yellow | <i>Sunset:</i> 6:40PM | Moon 6 - Phase 11 |
| Creative Work Siddha Yoga | | Rahu 5:04PM – 6:40PM | Balava Until 10:35PM | Nataraja: White | | Prathama |
| Until 4:45PM | | | Purnima* Until 9:36AM | Moon – Light Blue | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashada•Ani | | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Monday, July 10, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Chennai, India

Sutra 84

Hemalamba 5119

Makara Rasi: 3.2 Tihi 16 – 17

Gulika 1:51PM – 3:27PM

Uttarashadha Until 6:58PM

Ganesha: Purple

Sunrise: 5:49AM

Moon 7 - Phase 12

Family Home Evening

481582361

Yama 10:38AM – 12:15PM

Vaidhriti* Until 11:06AM

Muruga: Yellow

Sunset: 6:40PM

1st Phase

Routine Work Marana Yoga

Rahu 7:25AM – 9:02AM

Taitila Until 12:17AM Tue

Nataraja: White

Sivaloka Day

Until 6:58PM

Prathama* Until 11:27AM

Moon – Light Blue

Ashada*Ani

Then Creative Work - Amrita Yoga

1

Tuesday, July 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 85

Hemalamba 5119

Makara Rasi: 15.32 Tihi 17 – 18

Gulika 12:15PM – 1:51PM

Shravana Until 9:11PM

Ganesha: Clear

Sunrise: 5:49AM

Moon 7 - Phase 12

491582361

Yama 9:02AM – 10:38AM

Vishkambha* Until 11:22AM

Muruga: Yellow

Sunset: 6:40PM

1st Phase

Creative Work Siddha Yoga

Rahu 3:27PM – 5:04PM

Vanija Until 1:37AM Wed

Nataraja: White

Devaloka Day

Dvitiya Until 12:59PM

Moon – Purple

Ashada*Ani

2

Wednesday, July 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India

Sun 2 Sutra 86

Hemalamba 5119

Makara Rasi: 27.53 Tihi 18 – 19

Gulika 10:38AM – 12:15PM

Dhanishtha Until 10:50PM

Ganesha: Clear

Sunrise: 5:50AM

Moon 7 - Phase 12

491582361

Yama 7:26AM – 9:02AM

Priti Until 11:22AM

Muruga: Yellow

Sunset: 6:40PM

1st Phase

Routine Work Prabalarishta Yoga

Rahu 12:15PM – 1:51PM

Bava Until 2:32AM Thu

Nataraja: White

Devaloka Day

Until 10:50PM

Tritiya Until 2:07PM

Moon – Purple

Ashada*Ani

Then Creative Work - Siddha Yoga

3

Thursday, July 13, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 87

Hemalamba 5119

Kumbha Rasi: 10.25 Tihi 19 – 20

Gulika 9:02AM – 10:39AM

Shatabhishak Until 11:52PM

Ganesha: Clear

Sunrise: 5:50AM

Moon 7 - Phase 12

491582361

Yama 5:50AM – 7:26AM

Ayushman Until 10:59AM

Muruga: Yellow

Sunset: 6:40PM

1st Phase

Creative Work Siddha Yoga

Rahu 1:51PM – 3:27PM

Kaulava Until 2:59AM Fri

Nataraja: White

Devaloka Day

Chaturthi* Until 2:48PM

Moon – Purple

Ashada*Ani

4

Friday, July 14, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaprosnthapada* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4 Sutra 88

Hemalamba 5119

Kumbha Rasi: 23.11 Tihi 20 – 21

Gulika 7:26AM – 9:03AM

Purvaprosnthapada* Until 12:41AM Sat

Ganesha: Clear

Sunrise: 5:50AM

Moon 7 - Phase 12

411582361

Yama 3:28PM – 5:04PM

Saubhagya Until 10:13AM

Muruga: Yellow

Sunset: 6:40PM

1st Phase

Creative Work Siddha Yoga

Rahu 10:39AM – 12:15PM

Gara Until 2:53AM Sat

Nataraja: White

Devaloka Day

Panchami Until 2:59PM

Moon – Clear

Ashada*Ani

5

Saturday, July 15, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraprosnthapada Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 5 Sutra 89

Hemalamba 5119

Meena Rasi: 6.14 Tihi 21 – 22

Gulika 5:50AM – 7:27AM

Uttaraprosnthapada Until 12:48AM Sun

Ganesha: Clear

Sunrise: 5:50AM

Moon 7 - Phase 12

411582361

Yama 1:51PM – 3:28PM

Sobhana Until 9:01AM

Muruga: Yellow

Sunset: 6:40PM

1st Phase

Creative Work Siddha Yoga

Rahu 9:03AM – 10:39AM

Visti Until 2:13AM Sun

Nataraja: White

Devaloka Day

Until 12:48AM Sun

Shashthi* Until 2:36PM

Moon – Clear

Ashada*Ani

Then Creative Work - Amrita Yoga

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Sunday, July 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chennai, India

Sun 6 Sutra 90

Hemalamba 5119

Meena Rasi: 19.35 Tihi 22 – 23

Gulika 3:28PM – 5:04PM

Revati Until 12:10AM Mon

Ganesha: Clear

Sunrise: 5:51AM

Moon 7 - Phase 12

412682361

Yama 12:15PM – 1:51PM

Athiganda* Until 7:21AM

Muruga: Yellow

Sunset: 6:40PM

Ashtami

Creative Work Amrita Yoga

Rahu 5:04PM – 6:40PM

Balava Until 12:57AM Mon

Nataraja: White

Devaloka Day

Until 12:10AM Mon

Saptami Until 1:38PM

Moon – Clear

Ashada*Adi

Then Creative Work - Siddha Yoga

Monday, July 17, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 7 Sutra 91

Hemalamba 5119

Mesha Rasi: 3.16 Tihi 23 – 24

Gulika 1:51PM – 3:28PM

Ashvini Until 11:17PM

Ganesha: White

Sunrise: 5:51AM

Moon 7 - Phase 12

422682362

Yama 10:39AM – 12:15PM

Dhriti Until 2:37AM Tue

Muruga: Yellow

Sunset: 6:40PM

Navami

Family Home Evening

Rahu 7:27AM – 9:03AM

Taitila Until 11:08PM

Nataraja: Clear

Subha Sivaloka Day

Creative Work Siddha Yoga

Ashtami* Until 12:06PM

Moon – White

Ashada*Adi

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time

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1 Tuesday, July 18, 2017 Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Chennai, India
 Bharani Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 8 Sutra 92
Gulika 12:15PM – 1:51PM **Bharani Until 9:43PM** **Ganesh:** White *Sunrise:* 5:51AM Hemalamba 5119
 Mesha Rasi: 17.17 *Tithi* 24 – 25 **Yama** 9:03AM – 10:39AM **Shula* Until 11:35PM** **Muruga:** Yellow *Sunset:* 6:40PM Moon 7 - Phase 13
 422682362 **Rahu** 3:28PM – 5:04PM **Vanija Until 8:47PM** **Nataraja:** Clear 2nd Phase
 Creative Work Siddha Yoga **Navami* Until 10:00AM** **Moon – White** **Subha Sivaloka Day**
Ashada*Adi

2 Wednesday, July 19, 2017 Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Chennai, India
 Kritika Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 9 Sutra 93
Gulika 10:39AM – 12:16PM **Krittika Until 7:35PM** **Ganesh:** White *Sunrise:* 5:51AM Hemalamba 5119
 Vrishabha Rasi: 1.39 *Tithi* 25 – 26 **Yama** 7:27AM – 9:03AM **Ganda* Until 8:13PM** **Muruga:** Yellow *Sunset:* 6:40PM Moon 7 - Phase 13
 422682362 **Rahu** 12:16PM – 1:52PM **Bava Until 6:00PM** **Nataraja:** Clear 2nd Phase
 Creative Work Amrita Yoga **Dashami Until 7:26AM** **Moon – White** **Subha Sivaloka Day**
 Until 7:35PM **Ashada*Adi**
 Then Creative Work - Siddha Yoga

3 Thursday, July 20, 2017 Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Chennai, India
 Rohini Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvodashyam Titau Sun 10 Sutra 94
Gulika 9:04AM – 10:40AM **Rohini Until 5:24PM** **Ganesh:** Yellow *Sunrise:* 5:52AM Hemalamba 5119
 Vrishabha Rasi: 16.17 *Tithi* 27 **Yama** 5:52AM – 7:28AM **Vridhhi Until 4:36PM** **Muruga:** Yellow *Sunset:* 6:39PM Moon 7 - Phase 13
 432682362 **Rahu** 1:52PM – 3:27PM **Kaulava Until 2:53PM** **Nataraja:** Clear 2nd Phase
 Routine Work Marana Yoga **Dvodashi* Until 1:14AM Fri** **Moon – Yellow** **Sivaloka Day**
Ashada*Adi

4 Friday, July 21, 2017 Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Chennai, India
 Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 95
Gulika 7:28AM – 9:04AM **Mrigashira Until 2:53PM** **Ganesh:** Yellow *Sunrise:* 5:52AM Hemalamba 5119
 Mithuna Rasi: 1.08 *Tithi* 28 **Yama** 3:27PM – 5:03PM **Dhruva Until 12:47PM** **Muruga:** Yellow *Sunset:* 6:39PM Moon 7 - Phase 13
 432682362 **Rahu** 10:40AM – 12:16PM **Gara Until 11:34AM** **Nataraja:** Clear 2nd Phase
 Creative Work Siddha Yoga **Trayodashi* Until 9:51PM** **Moon – Yellow** **Sivaloka Day**
Pradosha Vrata (Fasting) **Ashada*Adi**

5 Saturday, July 22, 2017 Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Chennai, India
 Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 96
Gulika 5:52AM – 7:28AM **Ardra Until 12:11PM** **Ganesh:** Yellow *Sunrise:* 5:52AM Hemalamba 5119
 Mithuna Rasi: 16.04 *Tithi* 29 **Yama** 1:52PM – 3:27PM **Vyaghata* Until 8:56AM** **Muruga:** Yellow *Sunset:* 6:39PM Moon 7 - Phase 13
 432682362 **Rahu** 9:04AM – 10:40AM **Visti Until 8:11AM** **Nataraja:** Clear 2nd Phase
 Creative Work Siddha Yoga **Chaturdashi* Until 6:29PM** **Moon – Yellow** **Sivaloka Day**
Ashada*Adi

Sunday, July 23, 2017 Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Chennai, India
 Punarvasu/Pushya Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 13 Sutra 97
Gulika 3:27PM – 5:03PM **Punarvasu Until 9:53AM** **Ganesh:** Red *Sunrise:* 5:53AM Hemalamba 5119
 Kataka Rasi: 0.56 *Tithi* 30 – 1 **Yama** 12:16PM – 1:51PM **Vajra* Until 1:35AM Mon** **Muruga:** Yellow *Sunset:* 6:39PM Moon 7 - Phase 13
 442682362 **Rahu** 5:03PM – 6:39PM **Kintughna Until 1:48AM Mon** **Nataraja:** Clear Amavasya
 Creative Work Siddha Yoga **Amavasya* Until 3:17PM** **Moon – Blue** **Sivaloka Day**
Ashada*Adi

Monday, July 24, 2017 Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chennai, India
 Pushya/Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 14 Sutra 98
Gulika 1:51PM – 3:27PM **Pushya Until 7:43AM** **Ganesh:** Red *Sunrise:* 5:53AM Hemalamba 5119
 Kataka Rasi: 15.37 *Tithi* 1 – 2 **Yama** 10:40AM – 12:16PM **Siddhi Until 10:19PM** **Muruga:** Yellow *Sunset:* 6:39PM Moon 7 - Phase 13
Family Home Evening 442682362 **Rahu** 7:29AM – 9:04AM **Balava Until 11:08PM** **Nataraja:** Clear Prathama
 Creative Work Siddha Yoga **Prathama* Until 12:23PM** **Moon – Blue** **Sivaloka Day**
Sravana*Adi

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|----------------------------------|-------------|-------------------------------|-------------------------|--------------------------------|------------------------|---|---------------------|-------------------|
| 1 | | Tuesday, July 25, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Chennai, India |
| Kataka Rasi: 30 | Tithi 2 - 3 | Gulika | 12:16PM - 1:51PM | Magha* Until 4:50AM Wed | Ganesha: Red | <i>Sunrise:</i> 5:53AM | Sun 15 | Sutra 99 |
| | | Yama | 9:04AM - 10:40AM | Vyatipata* Until 7:31PM | Muruga: Yellow | <i>Sunset:</i> 6:38PM | | Hemalamba 5119 |
| | | 452682362 Rahu | 3:27PM - 5:03PM | Taitila Until 8:59PM | Nataraja: Clear | | | Moon 7 - Phase 14 |
| Creative Work | Siddha Yoga | | | Dvitiya Until 9:58AM | Moon - Blue | | | 3rd Phase |
| Until 4:50AM Wed | | | | | Sravana-Adi | | Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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|----------------|-------------|---------------------------------|--------------------------|---------------------------------------|------------------------|--|---------------------|-------------------|
| 2 | | Wednesday, July 26, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | Chennai, India |
| Simha Rasi: 14 | Tithi 3 - 4 | Gulika | 10:40AM - 12:16PM | Purvaphalguni Until 4:22AM Thu | Ganesha: Yellow | <i>Sunrise:</i> 5:53AM | Sun 16 | Sutra 100 |
| | | Yama | 7:29AM - 9:05AM | Variyan Until 5:13PM | Muruga: Yellow | <i>Sunset:</i> 6:38PM | | Hemalamba 5119 |
| | | 452682362 Rahu | 12:16PM - 1:51PM | Vanija Until 7:30PM | Nataraja: Clear | | | Moon 7 - Phase 14 |
| Creative Work | Amrita Yoga | | | Tritiya Until 8:08AM | Moon - Red | | | 3rd Phase |
| | | | | | Sravana-Adi | | Sivaloka Day | |

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|-------------------|-------------|--------------------------------|-------------------------|--|------------------------|--|---------------------|-------------------|
| 3 | | Thursday, July 27, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Chennai, India |
| Simha Rasi: 27.34 | Tithi 4 - 5 | Gulika | 9:05AM - 10:40AM | Uttaraphalguni Until 4:30AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 5:54AM | Sun 17 | Sutra 101 |
| | | Yama | 5:54AM - 7:29AM | Parigha* Until 3:32PM | Muruga: Blue | <i>Sunset:</i> 6:38PM | | Hemalamba 5119 |
| | | 452692362 Rahu | 1:51PM - 3:27PM | Bava Until 6:46PM | Nataraja: Clear | | | Moon 7 - Phase 14 |
| | Amrita Yoga | | | Chaturthi* Until 7:01AM | Moon - Red | | | 3rd Phase |
| | | Nag Panchami | | | Sravana-Adi | | Devaloka Day | |

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|---------------------------------|-------------|------------------------------|------------------------|-------------------------------|------------------------|---|---------------------|-------------------|
| 4 | | Friday, July 28, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | | Chennai, India |
| Kanya Rasi: 10.43 | Tithi 5 - 6 | Gulika | 7:29AM - 9:05AM | Hasta Until 5:42AM Sat | Ganesha: White | <i>Sunrise:</i> 5:54AM | Sun 18 | Sutra 102 |
| | | Yama | 3:27PM - 5:02PM | Shiva Until 2:29PM | Muruga: Blue | <i>Sunset:</i> 6:38PM | | Hemalamba 5119 |
| | | 452692362 Rahu | 10:40AM - 12:16PM | Kaulava Until 6:48PM | Nataraja: Clear | | | Moon 7 - Phase 14 |
| Creative Work | Amrita Yoga | | | Panchami Until 6:40AM | Moon - Green | | | 3rd Phase |
| Until 5:42AM Sat | | | | | Sravana-Adi | | Sivaloka Day | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 5 | | Saturday, July 29, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Chennai, India |
| Kanya Rasi: 23.29 | Tithi 6 - 7 | Gulika | 5:54AM - 7:29AM | Chitra Until 7:26AM Sun | Ganesha: Clear | <i>Sunrise:</i> 5:54AM | Sun 19 | Sutra 103 |
| | | Yama | 1:51PM - 3:27PM | Siddha Until 2:00PM | Muruga: Blue | <i>Sunset:</i> 6:37PM | | Hemalamba 5119 |
| | | 452692362 Rahu | 9:05AM - 10:40AM | Gara Until 7:35PM | Nataraja: Clear | | | Moon 7 - Phase 14 |
| Routine Work | Marana Yoga | | | Shashthi* Until 7:05AM | Moon - Green | | | 3rd Phase |
| Until 7:26AM Sun | | | | | Sravana-Adi | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| ☾ | | Sunday, July 30, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Chennai, India |
| Retreat Star | | Gulika | 3:26PM - 5:02PM | Chitra Until 7:26AM | Ganesha: Clear | <i>Sunrise:</i> 5:54AM | Sun 20 | Sutra 104 |
| Tula Rasi: 5.55 | Tithi 7 - 8 | Yama | 12:16PM - 1:51PM | Sadhya Until 2:03PM | Muruga: Blue | <i>Sunset:</i> 6:37PM | | Hemalamba 5119 |
| | | 452692362 Rahu | 5:02PM - 6:37PM | Visti Until 9:00PM | Nataraja: Clear | | | Moon 7 - Phase 14 |
| Creative Work | Siddha Yoga | | | Saptami Until 8:12AM | Moon - Green | | | Ashtami |
| | | | | | Sravana-Adi | | Devaloka Day | |

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| ☾ | | Monday, July 31, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Chennai, India |
| Retreat Star | | Gulika | 1:51PM - 3:26PM | Svati Until 9:33AM | Ganesha: Clear | <i>Sunrise:</i> 5:54AM | Sun 21 | Sutra 105 |
| Tula Rasi: 18.07 | Tithi 8 - 9 | Yama | 10:40AM - 12:16PM | Subha Until 2:31PM | Muruga: Blue | <i>Sunset:</i> 6:37PM | | Hemalamba 5119 |
| Family Home Evening | | 452692362 Rahu | 7:30AM - 9:05AM | Balava Until 10:54PM | Nataraja: Clear | | | Moon 7 - Phase 14 |
| Creative Work | Amrita Yoga | | | Ashtami* Until 9:53AM | Moon - Green | | | Navami |
| Until 9:33AM | | | | | Sravana-Adi | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | | | | | |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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| 1 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau | | | | Chennai, India Sun 22 Sutra 106 Hemalamba 5119 |
| Tuesday, August 1, 2017 | | Gulika 12:16PM – 1:51PM | Vishakha Until 12:23PM | Ganesh: Purple <i>Sunrise:</i> 5:55AM | | |
| Vrischika Rasi: 0.08 Tithi 9 – 10 | | Yama 9:05AM – 10:40AM | Sukla Until 3:14PM | Muruga: Blue <i>Sunset:</i> 6:37PM | Moon 7 - Phase 15 | |
| 473692362 | | Rahu 3:26PM – 5:01PM | Taitila Until 1:07AM Wed | Nataraja: Clear | 4th Phase | |
| Routine Work Marana Yoga | | | | | Bhuloka Day | |
| Until 12:23PM | | | | | Devaloka Time: 6:PM to 9:PM | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 2 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Chennai, India Sun 23 Sutra 107 Hemalamba 5119 |
| Wednesday, August 2, 2017 | | Gulika 10:40AM – 12:16PM | Anuradha Until 3:16PM | Ganesh: Purple <i>Sunrise:</i> 5:55AM | | |
| Vrischika Rasi: 12.04 Tithi 10 – 11 | | Yama 7:30AM – 9:05AM | Brahma Until 4:07PM | Muruga: Blue <i>Sunset:</i> 6:36PM | Moon 7 - Phase 15 | |
| 473692362 | | Rahu 12:16PM – 1:51PM | Vanija Until 3:27AM Thu | Nataraja: Clear | 4th Phase | |
| Creative Work Siddha Yoga | | | | | Bhuloka Day | |
| | | | | | Devaloka Time: 6:PM to 9:PM | |

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| 3 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Chennai, India Sun 24 Sutra 108 Hemalamba 5119 |
| Thursday, August 3, 2017 | | Gulika 9:05AM – 10:40AM | Jyeshtha* Until 6:00PM | Ganesh: Purple <i>Sunrise:</i> 5:55AM | | |
| Vrischika Rasi: 23.57 Tithi 11 – 12 | | Yama 5:55AM – 7:30AM | Indra Until 5:03PM | Muruga: Blue <i>Sunset:</i> 6:36PM | Moon 7 - Phase 15 | |
| 473692362 | | Rahu 1:51PM – 3:26PM | Bava Until 5:46AM Fri | Nataraja: Clear | 4th Phase | |
| Routine Work Prabalarishta Yoga | | | | | Bhuloka Day | |
| Until 6:00PM | | | | | Devaloka Time: 6:PM to 9:PM | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava Karana Dvadashyam Titau | | | | Chennai, India Sun 25 Sutra 109 Hemalamba 5119 |
| Friday, August 4, 2017 | | Gulika 7:30AM – 9:05AM | Mula* Until 8:59PM | Ganesh: Clear <i>Sunrise:</i> 5:55AM | | |
| Dhanus Rasi: 5.52 Tithi 12 | | Yama 3:25PM – 5:00PM | Vaidhriti* Until 5:51PM | Muruga: Blue <i>Sunset:</i> 6:36PM | Moon 7 - Phase 15 | |
| 483692362 | | Rahu 10:40AM – 12:15PM | Balava Until 6:50PM | Nataraja: Clear | 4th Phase | |
| Creative Work Amrita Yoga | | | | | Devaloka Day | |
| Until 8:59PM | | Varalakshmi Vratam | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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| 5 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Purvashadha* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Chennai, India Sun 26 Sutra 110 Hemalamba 5119 |
| Saturday, August 5, 2017 | | Gulika 5:55AM – 7:30AM | Purvashadha* Until 11:32PM | Ganesh: Clear <i>Sunrise:</i> 5:55AM | | |
| Dhanus Rasi: 17.5 Tithi 13 | | Yama 1:50PM – 3:25PM | Vishkambha* Until 6:30PM | Muruga: Blue <i>Sunset:</i> 6:35PM | Moon 7 - Phase 15 | |
| 483692362 | | Rahu 9:05AM – 10:40AM | Kaulava Until 7:54AM | Nataraja: Clear | 4th Phase | |
| Creative Work Siddha Yoga | | | | | Devaloka Day | |
| Until 11:32PM | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 6 | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Chennai, India Sun 27 Sutra 111 Hemalamba 5119 |
| Sunday, August 6, 2017 | | Gulika 3:25PM – 5:00PM | Uttarashadha Until 1:36AM Mon | Ganesh: Clear <i>Sunrise:</i> 5:56AM | | |
| Dhanus Rasi: 29.55 Tithi 14 | | Yama 12:15PM – 1:50PM | Priti Until 6:54PM | Muruga: Blue <i>Sunset:</i> 6:35PM | Moon 7 - Phase 15 | |
| 483692362 | | Rahu 5:00PM – 6:35PM | Gara Until 9:44AM | Nataraja: Clear | 4th Phase | |
| Creative Work Amrita Yoga | | | | | Devaloka Day | |
| | | Chaturdashi* Until 10:29PM | | | | |

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| ○ | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ayushman Yoga Visti*/Bava Karana Purnimayam Titau | | | | Chennai, India Sutra 112 Hemalamba 5119 |
| Monday, August 7, 2017 | | Gulika 1:50PM – 3:25PM | Shravana Until 3:33AM Tue | Ganesh: White <i>Sunrise:</i> 5:56AM | | |
| Copper Retreat Star | | Yama 10:40AM – 12:15PM | Ayushman Until 6:57PM | Muruga: Blue <i>Sunset:</i> 6:34PM | Moon 7 - Phase 15 | |
| Makara Rasi: 12.1 Tithi 15 | | Rahu 7:31AM – 9:05AM | Visti Until 11:11AM | Nataraja: Clear | Purnima | |
| Family Home Evening | | | | | Bhuloka Day | |
| 493692362 | | | | | Devaloka Time: 6:PM to 9:PM | |
| Creative Work Amrita Yoga | | Partial Lunar Eclipse | | | | |
| Until 3:33AM Tue | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| ○ | | Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Chennai, India Sutra 113 Hemalamba 5119 |
| Tuesday, August 8, 2017 | | Gulika 12:15PM – 1:50PM | Dhanishtha Until 4:54AM Wed | Ganesh: White <i>Sunrise:</i> 5:56AM | | |
| Silver Retreat Star | | Yama 9:05AM – 10:40AM | Saubhagya Until 6:39PM | Muruga: Blue <i>Sunset:</i> 6:34PM | Moon 7 - Phase 15 | |
| Makara Rasi: 24.36 Tithi 16 | | Rahu 3:24PM – 4:59PM | Balava Until 12:11PM | Nataraja: Clear | Prathama | |
| 493692362 | | | | | Bhuloka Day | |
| Creative Work Siddha Yoga | | Prathama* Until 12:29AM Wed | | | Devaloka Time: 6:PM to 9:PM | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 9, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Chennai, India

Kumbha Rasi: 7.14 Tihti 17

493692362

Gulika 10:40AM – 12:15PM
Yama 7:31AM – 9:05AM
Rahu 12:15PM – 1:49PM

Shatabhishak Until 5:37AM Thu
Sobhana Until 5:59PM
Tailila Until 12:42PM
Dvitiya Until 12:46AM Thu

Ganesha: White *Sunrise:* 5:56AM
Muruga: Blue *Sunset:* 6:34PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

Sun 1 Sutra 114
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Thursday, August 10, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda* Sukarma Yoga Vanija/Visti* Karana Trilyayam Titau

Chennai, India

Kumbha Rasi: 20.07 Tihti 18

413692362

Gulika 9:05AM – 10:40AM
Yama 5:56AM – 7:31AM
Rahu 1:49PM – 3:24PM

Purvaproshtapada* Until 6:12AM Fri
Athiganda* Until 4:56PM
Vanija Until 12:45PM
Tritiya Until 12:35AM Fri

Ganesha: Purple *Sunrise:* 5:56AM
Muruga: Blue *Sunset:* 6:33PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

Sun 2 Sutra 115
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, August 11, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Chennai, India

Meena Rasi: 3.13 Tihti 19

413792362

Gulika 7:31AM – 9:05AM
Yama 3:24PM – 4:58PM
Rahu 10:40AM – 12:14PM

Purvaproshtapada* Until 6:12AM
Sukarma Until 3:32PM
Bava Until 12:21PM
Chaturthi* Until 11:58PM

Ganesha: Clear *Sunrise:* 5:56AM
Muruga: Blue *Sunset:* 6:33PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

Sun 3 Sutra 116
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Saturday, August 12, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada/Revali Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Panchamyam Titau

Chennai, India

Meena Rasi: 16.32 Tihti 20

414792362

Gulika 5:57AM – 7:31AM
Yama 1:49PM – 3:23PM
Rahu 9:05AM – 10:40AM

Uttaraproshtapada Until 6:12AM
Dhriti Until 1:48PM
Kaulava Until 11:31AM
Panchami Until 10:56PM

Ganesha: Purple *Sunrise:* 5:57AM
Muruga: Blue *Sunset:* 6:32PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

Sun 4 Sutra 117
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 6:12AM

Then Routine Work - Prabalarishta Yoga

Sunday, August 13, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India

Mesha Rasi: 0.06 Tihti 21

424792362

Gulika 3:23PM – 4:57PM
Yama 12:14PM – 1:49PM
Rahu 4:57PM – 6:32PM

Ashvini Until 5:02AM Mon
Shula* Until 11:44AM
Gara Until 10:17AM
Shashthi* Until 9:31PM

Ganesha: Clear *Sunrise:* 5:57AM
Muruga: Blue *Sunset:* 6:32PM
Nataraja: Clear
Moon – White
Sravana-Adi

Sun 5 Sutra 118
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Monday, August 14, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Chennai, India

Mesha Rasi: 13.53 Tihti 22

424792362

Gulika 1:48PM – 3:23PM
Yama 10:40AM – 12:14PM
Rahu 7:31AM – 9:05AM

Bharani Until 3:56AM Tue
Ganda* Until 9:23AM
Visti Until 8:42AM
Saptami Until 7:46PM

Ganesha: Clear *Sunrise:* 5:57AM
Muruga: Blue *Sunset:* 6:31PM
Nataraja: Clear
Moon – White
Sravana-Adi

Sun 6 Sutra 119
Hemalamba 5119
Moon 8 - Phase 16
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, August 15, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Balava/Tailila Karana Ashtami/Navamyam Titau

Chennai, India

Mesha Rasi: 27.52 Tihti 23 – 24

424792362

Gulika 12:14PM – 1:48PM
Yama 9:05AM – 10:40AM
Rahu 3:22PM – 4:56PM

Krittika Until 2:23AM Wed
Vridhhi Until 6:47AM
Balava Until 6:47AM
Ashtami* Until 5:42PM

Ganesha: Clear *Sunrise:* 5:57AM
Muruga: Blue *Sunset:* 6:31PM
Nataraja: Clear
Moon – White
Sravana-Adi

Sun 7 Sutra 120
Hemalamba 5119
Moon 8 - Phase 16
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Krishna Janmashtami

Wednesday, August 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Chennai, India

Vrishabha Rasi: 12.03 Tihti 24 – 25

434792362

Gulika 10:39AM – 12:14PM
Yama 7:31AM – 9:05AM
Rahu 12:14PM – 1:48PM

Rohini Until 12:52AM Thu
Vyaghata* Until 12:51AM Thu
Vanija Until 2:07AM Thu
Navami* Until 3:21PM

Ganesha: White *Sunrise:* 5:57AM
Muruga: Blue *Sunset:* 6:30PM
Nataraja: Clear
Moon – Yellow
Sravana-Avani

Sun 8 Sutra 121
Hemalamba 5119
Moon 8 - Phase 16
Navami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 12:52AM Thu


Then Routine Work - Marana Yoga

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| 1 | | Thursday, August 17, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam | | Chennai, India | |
| Vrishabha Rasi: 26.24 | | Gulika 9:05AM – 10:39AM | | Mrigashira Until 11:02PM | | Ganesh: Clear | | Sun 9 Sutra 122 | |
| Tihi 25 – 26 | | Yama 5:57AM – 7:31AM | | Harshana Until 9:38PM | | Sunrise: 5:57AM | | Hemalamba 5119 | |
| 534792362 | | Rahu 1:47PM – 3:22PM | | Bava Until 11:29PM | | Sunset: 6:30PM | | Moon 8 - Phase 17 | |
| Routine Work Marana Yoga | | | | Dashami Until 12:48PM | | Nataraja: Clear | | 2nd Phase | |
| | | | | | | Moon – Yellow | | Devaloka Day | |
| | | | | | | Sravana-Avani | | | |

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|---------------------------|--|--------------------------------|--|-------------------------|--|---|--|---------------------|--|
| 2 | | Friday, August 18, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam | | Chennai, India | |
| Mithuna Rasi: 10.52 | | Gulika 7:31AM – 9:05AM | | Ardra Until 8:58PM | | Ganesh: Clear | | Sun 10 Sutra 123 | |
| Tihi 26 – 27 | | Yama 3:21PM – 4:55PM | | Vajra* Until 6:19PM | | Sunrise: 5:57AM | | Hemalamba 5119 | |
| 534792362 | | Rahu 10:39AM – 12:13PM | | Kaulava Until 8:45PM | | Sunset: 6:29PM | | Moon 8 - Phase 17 | |
| Creative Work Siddha Yoga | | | | Ekadashi* Until 10:06AM | | Nataraja: Clear | | 2nd Phase | |
| | | | | | | Moon – Yellow | | Devaloka Day | |
| | | | | | | Sravana-Avani | | | |

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|---------------------------|--|----------------------------------|--|--------------------------|--|---|--|-----------------------------|--|
| 3 | | Saturday, August 19, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam | | Chennai, India | |
| Mithuna Rasi: 25.22 | | Gulika 5:57AM – 7:31AM | | Punarvasu Until 7:10PM | | Ganesh: White | | Sun 11 Sutra 124 | |
| Tihi 27 – 28 | | Yama 1:47PM – 3:21PM | | Siddhi Until 3:01PM | | Sunrise: 5:57AM | | Hemalamba 5119 | |
| 534792362 | | Rahu 9:05AM – 10:39AM | | Gara Until 6:01PM | | Sunset: 6:29PM | | Moon 8 - Phase 17 | |
| Creative Work Siddha Yoga | | | | Dvadashi* Until 7:21AM | | Nataraja: Clear | | 2nd Phase | |
| | | | | Pradosha Vrata (Fasting) | | Moon – Blue | | Bhuloka Day | |
| | | | | | | Sravana-Avani | | Devaloka Time: 6:PM to 9:PM | |

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|---------------------------|--|--------------------------------|--|-------------------------------|--|---|--|-----------------------------|--|
| 4 | | Sunday, August 20, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Chennai, India | |
| Kataka Rasi: 9.5 | | Gulika 3:20PM – 4:54PM | | Pushya Until 5:22PM | | Ganesh: White | | Sun 12 Sutra 125 | |
| Tihi 29 | | Yama 12:13PM – 1:47PM | | Vyatipata* Until 11:48AM | | Sunrise: 5:57AM | | Hemalamba 5119 | |
| 534792362 | | Rahu 4:54PM – 6:28PM | | Visti Until 3:25PM | | Sunset: 6:28PM | | Moon 8 - Phase 17 | |
| Creative Work Siddha Yoga | | | | Chaturdashi* Until 2:10AM Mon | | Nataraja: Clear | | 2nd Phase | |
| | | | | | | Moon – Blue | | Bhuloka Day | |
| | | | | | | Sravana-Avani | | Devaloka Time: 6:PM to 9:PM | |

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|---|--|--------------------------------|--|-------------------------|--|--|--|-----------------------------|--|
|  | | Monday, August 21, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam | | Chennai, India | |
| Retreat Star | | Gulika 1:46PM – 3:20PM | | Ashlesha* Until 3:40PM | | Ganesh: White | | Sun 13 Sutra 126 | |
| Kataka Rasi: 24.11 | | Yama 10:39AM – 12:12PM | | Variyan Until 8:45AM | | Sunrise: 5:58AM | | Hemalamba 5119 | |
| Tihi 30 | | Rahu 7:31AM – 9:05AM | | Catuspada Until 1:03PM | | Sunset: 6:27PM | | Moon 8 - Phase 17 | |
| Family Home Evening | | | | Amavasya* Until 11:59PM | | Nataraja: Clear | | Amavasya | |
| Creative Work Siddha Yoga | | | | Total Solar Eclipse | | Moon – Blue | | Bhuloka Day | |
| Until 3:40PM | | | | | | Sravana-Avani | | Devaloka Time: 6:PM to 9:PM | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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|---------------------------------|--|-------------------------|--|-------------------------|--|---|--|-----------------------------|--|
| Tuesday, August 22, 2017 | | Retreat Star | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam | | Chennai, India | |
| Simha Rasi: 8.18 | | Gulika 12:12PM – 1:46PM | | Magha* Until 2:39PM | | Ganesh: Green | | Sun 14 Sutra 127 | |
| Tihi 1 | | Yama 9:05AM – 10:39AM | | Shiva Until 6:00AM | | Sunrise: 5:58AM | | Hemalamba 5119 | |
| 534792362 | | Rahu 3:20PM – 4:53PM | | Kintughna Until 11:03AM | | Sunset: 6:27PM | | Moon 8 - Phase 17 | |
| Creative Work Siddha Yoga | | | | Prathama* Until 10:13PM | | Nataraja: Clear | | Prathama | |
| | | | | | | Moon – Red | | Bhuloka Day | |
| | | | | | | Bhadrapada-Avani | | Devaloka Time: 6:PM to 9:PM | |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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| 1 | | Wednesday, August 23, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Chennai, India Sun 15 Sutra 128 Hemalamba 5119 | |
| Simha Rasi: 22.07 | Tithi 2 | Gulika 10:38AM – 12:12PM Yama 7:31AM – 9:05AM Rahu 12:12PM – 1:46PM | Purvaphalguni Until 2:00PM Siddha Until 1:41AM Thu Balava Until 9:33AM Dvitiya Until 9:00PM | Ganesh: Green Muruga: Blue Nataraja: Clear Moon – Red | Sunrise: 5:58AM Sunset: 6:26PM | Moon 8 - Phase 18 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM | |
| Creative Work Amrita Yoga | | | | | | | |
| 2 | | Thursday, August 24, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Tailila/Gara Karana Tritiyayam Titau | | Chennai, India Sun 16 Sutra 129 Hemalamba 5119 | |
| Kanya Rasi: 6 | Tithi 3 | Gulika 9:05AM – 10:38AM Yama 5:58AM – 7:31AM Rahu 1:45PM – 3:19PM | Uttaraphalguni Until 1:48PM Sadhya Until 12:17AM Fri Tailila Until 8:39AM Tritiya Until 8:26PM | Ganesh: Green Muruga: Blue Nataraja: Clear Moon – Red | Sunrise: 5:58AM Sunset: 6:26PM | Moon 8 - Phase 18 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM | |
| Amrita Yoga Until 1:48PM Then Routine Work - Marana Yoga | | | | | | | |
| 3 | | Friday, August 25, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Vanija/Visli* Karana Chaturthyam Titau | | Chennai, India Sun 17 Sutra 130 Hemalamba 5119 | |
| Kanya Rasi: 18.43 | Tithi 4 | Gulika 7:31AM – 9:05AM Yama 3:18PM – 4:52PM Rahu 10:38AM – 12:11PM | Hasta Until 2:34PM Subha Until 11:27PM Vanija Until 8:25AM Chaturthi* Until 8:33PM | Ganesh: Clear Muruga: Blue Nataraja: Clear Moon – Green | Sunrise: 5:58AM Sunset: 6:25PM | Moon 8 - Phase 18 3rd Phase Devaloka Day | |
| Creative Work Amrita Yoga Until 2:34PM Then Creative Work - Siddha Yoga | | Ganesha Chaturthi | | | | | |
| 4 | | Saturday, August 26, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau | | Chennai, India Sun 18 Sutra 131 Hemalamba 5119 | |
| Tula Rasi: 1.29 | Tithi 5 | Gulika 5:58AM – 7:31AM Yama 1:44PM – 3:18PM Rahu 9:05AM – 10:38AM | Chitra Until 3:52PM Sukla Until 11:07PM Bava Until 8:53AM Panchami Until 9:21PM | Ganesh: Clear Muruga: Blue Nataraja: Clear Moon – Green | Sunrise: 5:58AM Sunset: 6:24PM | Moon 8 - Phase 18 3rd Phase Devaloka Day | |
| Routine Work Marana Yoga Until 3:52PM Then Creative Work - Siddha Yoga | | | | | | | |
| 5 | | Sunday, August 27, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau | | Chennai, India Sun 19 Sutra 132 Hemalamba 5119 | |
| Tula Rasi: 13.58 | Tithi 6 | Gulika 3:17PM – 4:51PM Yama 12:11PM – 1:44PM Rahu 4:51PM – 6:24PM | Svati Until 5:37PM Brahma Until 11:16PM Kaulava Until 10:00AM Shashthi* Until 10:46PM | Ganesh: Clear Muruga: Blue Nataraja: Clear Moon – Green | Sunrise: 5:58AM Sunset: 6:24PM | Moon 8 - Phase 18 3rd Phase Devaloka Day | |
| Creative Work Siddha Yoga Until 5:37PM Then Routine Work - Marana Yoga | | | | | | | |
| 6 | | Monday, August 28, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau | | Chennai, India Sun 20 Sutra 133 Hemalamba 5119 | |
| Tula Rasi: 26.11 | Tithi 7 | Gulika 1:44PM – 3:17PM Yama 10:37AM – 12:11PM Rahu 7:31AM – 9:04AM | Vishakha Until 8:12PM Indra Until 11:48PM Gara Until 11:41AM Saptami Until 12:40AM Tue | Ganesh: Purple Muruga: Blue Nataraja: Purple Moon – Orange | Sunrise: 5:58AM Sunset: 6:23PM | Moon 8 - Phase 18 3rd Phase Devaloka Day | |
| Family Home Evening Routine Work Marana Yoga Until 8:12PM Then Creative Work - Siddha Yoga | | | | | | | |
| Retreat Star | | Tuesday, August 29, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau | | Chennai, India Sun 21 Sutra 134 Hemalamba 5119 | |
| Vrischika Rasi: 8.13 | Tithi 8 | Gulika 12:10PM – 1:43PM Yama 9:04AM – 10:37AM Rahu 3:16PM – 4:49PM | Anuradha Until 10:57PM Vaidhriti* Until 12:34AM Wed Visti Until 1:47PM Ashtami* Until 2:54AM Wed | Ganesh: Purple Muruga: Blue Nataraja: Purple Moon – Orange | Sunrise: 5:58AM Sunset: 6:23PM | Moon 8 - Phase 18 Ashtami Devaloka Day | |
| Creative Work Siddha Yoga Until 10:57PM Then Routine Work - Marana Yoga | | | | | | | |
| Retreat Star | | Wednesday, August 30, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau | | Chennai, India Sun 22 Sutra 135 Hemalamba 5119 | |
| Vrischika Rasi: 20.09 | Tithi 9 | Gulika 10:37AM – 12:10PM Yama 7:31AM – 9:04AM Rahu 12:10PM – 1:43PM | Jyeshtha* Until 1:41AM Thu Vishkamba* Until 1:27AM Thu Balava Until 4:06PM Navami* Until 5:16AM Thu | Ganesh: Purple Muruga: Blue Nataraja: Purple Moon – Orange | Sunrise: 5:58AM Sunset: 6:22PM | Moon 8 - Phase 18 Navami Devaloka Day | |
| Creative Work Siddha Yoga | | | | | | | |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

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| 1 Thursday, August 31, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Priti Yoga Tailila Karana Dashamyam Titau | | | | Chennai, India Sun 23 Sutra 136 Hemalamba 5119 |
| Dhanus Rasi: 2.02 | Tithi 10 | Gulika 9:04AM – 10:37AM | Mula* Until 4:43AM Fri | Ganesh: Clear | <i>Sunrise:</i> 5:58AM | |
| | | Yama 5:58AM – 7:31AM | Priti Until 2:19AM Fri | Muruga: Blue | <i>Sunset:</i> 6:21PM | Moon 8 - Phase 19 |
| | | 585792363 Rahu 1:43PM – 3:15PM | Tailila Until 6:27PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 7:34AM Fri | Moon – Light Blue | | Bhuloka Day |
| Until 4:43AM Fri | | | | Bhadrapada-Avani | | Devaloka Time: 9:AM to 12:PM |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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| 2 Friday, September 1, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Chennai, India Sun 24 Sutra 137 Hemalamba 5119 |
| Dhanus Rasi: 13.58 | Tithi 10 – 11 | Gulika 7:31AM – 9:04AM | Purvashadha* Until 7:21AM Sat | Ganesh: Clear | <i>Sunrise:</i> 5:58AM | |
| | | Yama 3:15PM – 4:48PM | Ayushman Until 2:59AM Sat | Muruga: Blue | <i>Sunset:</i> 6:21PM | Moon 8 - Phase 19 |
| | | 585792363 Rahu 10:37AM – 12:09PM | Vanija Until 8:39PM | Nataraja: Purple | | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Dashami Until 7:34AM | Moon – Light Blue | | Bhuloka Day |
| Until 7:21AM Sat | | | | Bhadrapada-Avani | | Devaloka Time: 9:AM to 12:PM |
| Then Routine Work - Marana Yoga | | | | | | |

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| 3 Saturday, September 2, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau | | | | Chennai, India Sun 25 Sutra 138 Hemalamba 5119 |
| Dhanus Rasi: 25.59 | Tithi 11 – 12 | Gulika 5:58AM – 7:31AM | Purvashadha* Until 7:21AM | Ganesh: Clear | <i>Sunrise:</i> 5:58AM | |
| | | Yama 1:42PM – 3:14PM | Saubhagya Until 3:22AM Sun | Muruga: Blue | <i>Sunset:</i> 6:20PM | Moon 8 - Phase 19 |
| | | 585792363 Rahu 9:04AM – 10:36AM | Bava Until 10:29PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 9:36AM | Moon – Light Blue | | Bhuloka Day |
| Until 7:21AM | | | | Bhadrapada-Avani | | Devaloka Time: 9:AM to 12:PM |
| Then Routine Work - Marana Yoga | | | | | | |

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| 4 Sunday, September 3, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Chennai, India Sun 26 Sutra 139 Hemalamba 5119 |
| Makara Rasi: 8.09 | Tithi 12 – 13 | Gulika 3:14PM – 4:47PM | Uttarashadha Until 9:25AM | Ganesh: White | <i>Sunrise:</i> 5:58AM | |
| | | Yama 12:09PM – 1:41PM | Sobhana Until 3:22AM Mon | Muruga: Blue | <i>Sunset:</i> 6:19PM | Moon 8 - Phase 19 |
| | | 586792363 Rahu 4:47PM – 6:19PM | Kaulava Until 11:50PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Dvadashi Until 11:13AM | Moon – Light Blue | | Bhuloka Day |
| Until 11:18AM | | | | Bhadrapada-Avani | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 5 Monday, September 4, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Chennai, India Sun 27 Sutra 140 Hemalamba 5119 |
| Makara Rasi: 20.33 | Tithi 13 – 14 | Gulika 1:41PM – 3:13PM | Shravana Until 11:18AM | Ganesh: White | <i>Sunrise:</i> 5:58AM | |
| Family Home Evening | | Yama 10:36AM – 12:08PM | Athiganda* Until 2:53AM Tue | Muruga: Blue | <i>Sunset:</i> 6:19PM | Moon 8 - Phase 19 |
| | | 586892363 Rahu 7:31AM – 9:03AM | Gara Until 12:36AM Tue | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Trayodashi Until 12:17PM | Moon – Purple | | Devaloka Day |
| Until 11:18AM | | Chidambaram Abhishekam | | Bhadrapada-Avani | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| ○ Tuesday, September 5, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau | | | | Chennai, India Sun 27 Sutra 141 Hemalamba 5119 |
| Copper Retreat Star | | Gulika 12:08PM – 1:41PM | Dhanishtha Until 12:26PM | Ganesh: White | <i>Sunrise:</i> 5:58AM | |
| Kumbha Rasi: 3.13 | Tithi 14 – 15 | Yama 9:03AM – 10:36AM | Sukarma Until 1:56AM Wed | Muruga: Blue | <i>Sunset:</i> 6:18PM | Moon 8 - Phase 19 |
| | | 596892363 Rahu 3:13PM – 4:45PM | Visti Until 12:46AM Wed | Nataraja: Purple | | Purnima |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 12:44PM | Moon – Purple | | Devaloka Day |
| Until 12:26PM | | | | Bhadrapada-Avani | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| Wednesday, September 6, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Chennai, India Sun 28 Sutra 142 Hemalamba 5119 |
| Silver Retreat Star | | Gulika 10:35AM – 12:08PM | Shatabhishak Until 12:49PM | Ganesh: White | <i>Sunrise:</i> 5:58AM | |
| Kumbha Rasi: 16.1 | Tithi 15 – 16 | Yama 7:31AM – 9:03AM | Dhriti Until 12:33AM Thu | Muruga: Blue | <i>Sunset:</i> 6:17PM | Moon 8 - Phase 19 |
| | | 596892363 Rahu 12:08PM – 1:40PM | Balava Until 12:20AM Thu | Nataraja: Purple | | Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 12:36PM | Moon – Purple | | Devaloka Day |
| Until 12:49PM | | | | Bhadrapada-Avani | | |
| Then Creative Work - Amrita Yoga | | | | | | |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Thursday, September 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula* Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Chennai, India

Sutra 143

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Kumbha Rasi: 29.25 Tihi 16 – 17

Gulika 9:03AM – 10:35AM

Purvaprosarthapada* Until 12:58PM

Ganesha: White *Sunrise:* 5:58AM

Yama 5:58AM – 7:31AM

Shula* Until 10:42PM

Muruga: Blue *Sunset:* 6:17PM

516892363 **Rahu** 1:40PM – 3:12PM

Tailila Until 11:24PM

Nataraja: Purple

Moon – Clear

Devaloka Day

Creative Work Siddha Yoga

Prathama* Until 11:54AM

Bhadrapada-Avani

Friday, September 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprosarthapada*/Uttaraprosarthapada Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 144

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Meena Rasi: 12.57 Tihi 17 – 18

Gulika 7:31AM – 9:03AM

Uttaraprosarthapada Until 12:30PM

Ganesha: White *Sunrise:* 5:58AM

Yama 3:11PM – 4:44PM

Ganda* Until 8:32PM

Muruga: Blue *Sunset:* 6:16PM

516892363 **Rahu** 10:35AM – 12:07PM

Vanija Until 10:02PM

Nataraja: Purple

Moon – Clear

Devaloka Day

Creative Work Siddha Yoga

Dvitiya Until 10:44AM

Bhadrapada-Avani

Saturday, September 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Vriddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India

Sun 2 Sutra 145

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Meena Rasi: 26.43 Tihi 18 – 19

Gulika 5:58AM – 7:30AM

Revati Until 11:31AM

Ganesha: White *Sunrise:* 5:58AM

Yama 1:39PM – 3:11PM

Vriddhi Until 6:07PM

Muruga: Blue *Sunset:* 6:15PM

516892363 **Rahu** 9:03AM – 10:35AM

Bava Until 8:20PM

Nataraja: Purple

Moon – Clear

Devaloka Day

Routine Work Prabalarishta Yoga

Tritiya Until 9:12AM

Bhadrapada-Avani

Until 11:31AM

Then Creative Work - Siddha Yoga

Sunday, September 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 146

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Mesha Rasi: 10.4 Tihi 19 – 20

Gulika 3:10PM – 4:42PM

Ashvini Until 10:34AM

Ganesha: Clear *Sunrise:* 5:58AM

Yama 12:06PM – 1:38PM

Dhruva Until 3:28PM

Muruga: Blue *Sunset:* 6:14PM

526892363 **Rahu** 4:42PM – 6:14PM

Kaulava Until 6:24PM

Nataraja: Purple

Moon – White

Bhuloka Day

Creative Work Siddha Yoga

Grandparent's Day

Chaturthi* Until 7:22AM

Bhadrapada-Avani

Devaloka Time: 9:AM to 12:PM

Until 10:34AM

Then Routine Work - Prabalarishta Yoga

Monday, September 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India

Sun 4 Sutra 147

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Mesha Rasi: 24.43 Tihi 21

Gulika 1:38PM – 3:10PM

Bharani Until 9:17AM

Ganesha: White *Sunrise:* 5:58AM

Yama 10:34AM – 12:06PM

Vyaghata* Until 12:42PM

Muruga: Blue *Sunset:* 6:14PM

527892363 **Rahu** 7:30AM – 9:02AM

Gara Until 4:20PM

Nataraja: Purple

Moon – White

Bhuloka Day

Creative Work Siddha Yoga

Shashthi* Until 3:14AM Tue

Bhadrapada-Avani

Until 9:17AM

Then Routine Work - Marana Yoga

Tuesday, September 12, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Chennai, India

Sun 5 Sutra 148

Hemalamba 5119

Moon 9 - Phase 20

1st Phase

Vrishabha Rasi: 8.52 Tihi 22

Gulika 12:06PM – 1:38PM

Krittika Until 7:45AM

Ganesha: White *Sunrise:* 5:58AM

Yama 9:02AM – 10:34AM

Harshana Until 9:52AM

Muruga: Blue *Sunset:* 6:13PM

527892363 **Rahu** 3:09PM – 4:41PM

Visti Until 2:10PM

Nataraja: Purple

Moon – White

Bhuloka Day

Creative Work Siddha Yoga

Saptami Until 1:03AM Wed

Bhadrapada-Avani

Until 7:45AM

Then Creative Work - Amrita Yoga

Wednesday, September 13, 2017

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Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 6 Sutra 149

Hemalamba 5119

Moon 9 - Phase 20

Ashtami

Vrishabha Rasi: 23.02 Tihi 23

Gulika 10:34AM – 12:05PM

Rohini Until 6:28AM

Ganesha: Clear *Sunrise:* 5:58AM

Yama 7:30AM – 9:02AM

Vajra* Until 6:58AM

Muruga: Blue *Sunset:* 6:12PM

537892363 **Rahu** 12:05PM – 1:37PM

Balava Until 11:58AM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Creative Work Siddha Yoga

Ashtami* Until 10:51PM

Bhadrapada-Avani

Devaloka Time: 6:AM to 9:AM

Thursday, September 14, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Tailila/Gara Karana Navamyam Titau

Chennai, India

Sun 7 Sutra 150

Hemalamba 5119

Moon 9 - Phase 20

Navami

Mithuna Rasi: 7.13 Tihi 24

Gulika 9:02AM – 10:33AM

Ardra Until 3:30AM Fri

Ganesha: Clear *Sunrise:* 5:58AM

Yama 5:58AM – 7:30AM

Vyatipata* Until 1:15AM Fri

Muruga: Blue *Sunset:* 6:12PM

537892363 **Rahu** 1:37PM – 3:08PM

Tailila Until 9:47AM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Routine Work Marana Yoga

Navami* Until 8:41PM

Bhadrapada-Avani

Devaloka Time: 6:AM to 9:AM

Until 3:30AM Fri

Then Creative Work - Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time


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| 1 | Friday, September 15, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Variyan Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Chennai, India Sun 8 Sutra 151 Hemalamba 5119 |
| | Mithuna Rasi: 21.23 | Tithi 25 | Gulika 7:30AM – 9:01AM | Punarvasu Until 2:19AM Sat | Ganesh: Purple <i>Sunrise: 5:58AM</i> | | |
| | | | Yama 3:08PM – 4:39PM | Variyan Until 10:26PM | Muruga: Blue <i>Sunset: 6:11PM</i> | | Moon 9 - Phase 21 |
| | Creative Work | Siddha Yoga | 547892363 Rahu 10:33AM – 12:05PM | Vanija Until 7:39AM | Nataraja: Purple | | 2nd Phase |
| | | | Dashami Until 6:35PM | Moon – Blue | | Bhuloka Day | |
| | | | | Bhadrapada •Avani | | | |

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| 2 | Saturday, September 16, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau | | | | Chennai, India Sun 9 Sutra 152 Hemalamba 5119 |
| | Kataka Rasi: 5.29 | Tithi 26 – 27 | Gulika 5:58AM – 7:30AM | Pushya Until 1:08AM Sun | Ganesh: Purple <i>Sunrise: 5:58AM</i> | | |
| | | | Yama 1:36PM – 3:07PM | Parigha* Until 7:44PM | Muruga: Blue <i>Sunset: 6:10PM</i> | | Moon 9 - Phase 21 |
| | Creative Work | Siddha Yoga | 547892363 Rahu 9:01AM – 10:33AM | Kaulava Until 3:40AM Sun | Nataraja: Purple | | 2nd Phase |
| | | | Ekadashi* Until 4:35PM | Moon – Blue | | Bhuloka Day | |
| | | | | Bhadrapada •Puratasi | | | |

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| 3 | Sunday, September 17, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau | | | | Chennai, India Sun 10 Sutra 153 Hemalamba 5119 |
| | Kataka Rasi: 19.29 | Tithi 27 – 28 | Gulika 3:07PM – 4:38PM | Ashlesha* Until 11:58PM | Ganesh: Light Blue <i>Sunrise: 5:58AM</i> | | |
| | | | Yama 12:04PM – 1:35PM | Shiva Until 5:11PM | Muruga: Blue <i>Sunset: 6:09PM</i> | | Moon 9 - Phase 21 |
| | Creative Work | Siddha Yoga | 548892363 Rahu 4:38PM – 6:09PM | Gara Until 1:56AM Mon | Nataraja: Purple | | 2nd Phase |
| | | | Dvodashi* Until 2:45PM | Moon – Blue | | Bhuloka Day | |
| | | | <i>Pradosha Vrata (Fasting)</i> | Bhadrapada •Puratasi | | | |

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| 4 | Monday, September 18, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Chennai, India Sun 11 Sutra 154 Hemalamba 5119 |
| | Simha Rasi: 3.23 | Tithi 28 – 29 | Gulika 1:35PM – 3:06PM | Magha* Until 11:22PM | Ganesh: Purple <i>Sunrise: 5:58AM</i> | | |
| | Family Home Evening | | Yama 10:32AM – 12:04PM | Siddha Until 2:48PM | Muruga: Blue <i>Sunset: 6:09PM</i> | | Moon 9 - Phase 21 |
| | Routine Work | Marana Yoga | 558892363 Rahu 7:30AM – 9:01AM | Visti Until 12:29AM Tue | Nataraja: Purple | | 2nd Phase |
| | | | Trayodashi* Until 1:09PM | Moon – Red | | Bhuloka Day | |
| | | | | Bhadrapada •Puratasi | | | |

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|  | Tuesday, September 19, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Chennai, India Sun 12 Sutra 155 Hemalamba 5119 |
| | Retreat Star | | Gulika 12:03PM – 1:34PM | Purvaphalguni Until 10:58PM | Ganesh: Purple <i>Sunrise: 5:58AM</i> | | |
| | Simha Rasi: 17.05 | Tithi 29 – 30 | Yama 9:01AM – 10:32AM | Sadhya Until 12:41PM | Muruga: Blue <i>Sunset: 6:08PM</i> | | Moon 9 - Phase 21 |
| | Creative Work | Siddha Yoga | 558892363 Rahu 3:06PM – 4:37PM | Catuspada Until 11:23PM | Nataraja: Purple | | Amavasya |
| | | | Chaturdashi* Until 11:52AM | Moon – Red | | Bhuloka Day | |
| | | | Mahalaya Amavasai (Tamil Nadu) | Bhadrapada •Puratasi | | | |

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|  | Wednesday, September 20, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Chennai, India Sun 13 Sutra 156 Hemalamba 5119 |
| | Retreat Star | | Gulika 10:32AM – 12:03PM | Uttaraphalguni Until 10:50PM | Ganesh: Purple <i>Sunrise: 5:58AM</i> | | |
| | Kanya Rasi: 0.35 | Tithi 30 – 1 | Yama 7:29AM – 9:01AM | Subha Until 10:54AM | Muruga: Blue <i>Sunset: 6:07PM</i> | | Moon 9 - Phase 21 |
| | Creative Work | Amrita Yoga | 558892363 Rahu 12:03PM – 1:34PM | Kintughna Until 10:43PM | Nataraja: Purple | | Prathama |
| | | | Amavasya* Until 10:58AM | Moon – Red | | Bhuloka Day | |
| | | | Navaratri Begins | Ashvina •Puratasi | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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| 1 | | Thursday, September 21, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Chennai, India Sun 14 Sutra 157 Hemalamba 5119 | |
| Kanya Rasi: 13.5 | Tithi 1 – 2 | Gulika Yama 5:58AM – 7:29AM | 9:00AM – 10:31AM Rahu 1:33PM – 3:05PM | Hasta Until 11:31PM Sukla Until 9:27AM Balava Until 10:34PM Prathama* Until 10:33AM | Ganesh: Light Blue <i>Sunrise: 5:58AM</i> Muruga: Blue <i>Sunset: 6:07PM</i> Nataraja: Purple Moon – Green Ashvina+Puratasi | Bhuloka Day Moon 9 - Phase 22 3rd Phase | |
| Routine Work Marana Yoga Until 11:31PM Then Creative Work - Siddha Yoga | | 568892363 | | | | | |

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| 2 | | Friday, September 22, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Chennai, India Sun 15 Sutra 158 Hemalamba 5119 | |
| Kanya Rasi: 26.48 | Tithi 2 – 3 | Gulika Yama 5:58AM – 7:29AM | 7:29AM – 9:00AM Rahu 10:31AM – 12:02PM | Chitra Until 12:36AM Sat Brahma Until 8:28AM Taitila Until 10:59PM Dvitiya Until 10:41AM | Ganesh: Light Blue <i>Sunrise: 5:58AM</i> Muruga: Blue <i>Sunset: 6:06PM</i> Nataraja: Purple Moon – Green Ashvina+Puratasi | Bhuloka Day Moon 9 - Phase 22 3rd Phase | |
| Creative Work Siddha Yoga | | 568892363 | | | | | |

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| 3 | | Saturday, September 23, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Chennai, India Sun 16 Sutra 159 Hemalamba 5119 | |
| Tula Rasi: 9.29 | Tithi 3 – 4 | Gulika Yama 5:58AM – 7:29AM | 5:58AM – 7:29AM Rahu 9:00AM – 10:31AM | Svati Until 2:05AM Sun Indra Until 7:56AM Vanija Until 11:59PM Tritiya Until 11:24AM | Ganesh: Light Blue <i>Sunrise: 5:58AM</i> Muruga: Blue <i>Sunset: 6:05PM</i> Nataraja: Purple Moon – Green Ashvina+Puratasi | Bhuloka Day Moon 9 - Phase 22 3rd Phase | |
| Creative Work Siddha Yoga Until 2:05AM Sun Then Routine Work - Marana Yoga | | 568892363 | | | | | |

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| 4 | | Sunday, September 24, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau | | Chennai, India Sun 17 Sutra 160 Hemalamba 5119 | |
| Tula Rasi: 21.55 | Tithi 4 – 5 | Gulika Yama 3:03PM – 4:34PM | 3:03PM – 4:34PM Rahu 4:34PM – 6:04PM | Vishakha Until 4:26AM Mon Vaidhriti* Until 7:49AM Bava Until 1:33AM Mon Chaturthi* Until 12:41PM | Ganesh: Clear <i>Sunrise: 5:58AM</i> Muruga: Blue <i>Sunset: 6:04PM</i> Nataraja: Purple Moon – Orange Ashvina+Puratasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM Moon 9 - Phase 22 3rd Phase | |
| Routine Work Marana Yoga Until 4:26AM Mon Then Creative Work - Siddha Yoga | | 579892363 | | | | | |

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| 5 | | Monday, September 25, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Chennai, India Sun 18 Sutra 161 Hemalamba 5119 | |
| Vrischika Rasi: 4.07 | Tithi 5 – 6 | Gulika Yama 1:32PM – 3:02PM | 1:32PM – 3:02PM Rahu 7:29AM – 9:00AM | Anuradha Until 7:02AM Tue Vishkambha* Until 8:08AM Kaulava Until 3:34AM Tue Panchami Until 2:29PM | Ganesh: Clear <i>Sunrise: 5:58AM</i> Muruga: Blue <i>Sunset: 6:04PM</i> Nataraja: Purple Moon – Orange Ashvina+Puratasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM Moon 9 - Phase 22 3rd Phase | |
| Family Home Evening Creative Work Siddha Yoga Until 7:02AM Tue Then Routine Work - Marana Yoga | | 579892363 | | | | | |

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| 6 | | Tuesday, September 26, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Chennai, India Sun 19 Sutra 162 Hemalamba 5119 | |
| Vrischika Rasi: 16.08 | Tithi 6 – 7 | Gulika Yama 12:01PM – 1:31PM | 12:01PM – 1:31PM Rahu 3:02PM – 4:32PM | Anuradha Until 7:02AM Priti Until 8:47AM Gara Until 5:54AM Wed Shashthi* Until 4:41PM | Ganesh: Clear <i>Sunrise: 5:58AM</i> Muruga: Blue <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Orange Ashvina+Puratasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM Moon 9 - Phase 22 3rd Phase | |
| Creative Work Siddha Yoga Until 7:02AM Then Routine Work - Marana Yoga | | 579892363 | | | | | |

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| Retreat Star | | Wednesday, September 27, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Vanija Karana Saptamyam Titau | | Chennai, India Sun 20 Sutra 163 Hemalamba 5119 | |
| Vrischika Rasi: 28.03 | Tithi 7 | Gulika Yama 10:30AM – 12:00PM | 10:30AM – 12:00PM Rahu 12:00PM – 1:31PM | Jyeshtha* Until 9:45AM Ayushman Until 9:36AM Vanija Until 7:07PM Saptami Until 7:07PM | Ganesh: Purple <i>Sunrise: 5:58AM</i> Muruga: Blue <i>Sunset: 6:02PM</i> Nataraja: Purple Moon – Orange Ashvina+Puratasi | Bhuloka Day Moon 9 - Phase 22 3rd Phase | |
| Creative Work Siddha Yoga Until 9:45AM Then Routine Work - Marana Yoga | | 679892363 | | | | | |

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| Retreat Star | | Thursday, September 28, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Visi*/Bava Karana Ashtamyam Titau | | Chennai, India Sun 21 Sutra 164 Hemalamba 5119 | |
| Dhanus Rasi: 9.55 | Tithi 8 | Gulika Yama 8:59AM – 10:30AM | 8:59AM – 10:30AM Rahu 1:30PM – 3:01PM | Mula* Until 12:53PM Saubhagya Until 10:31AM Visi* Until 8:22AM Ashtami* Until 9:33PM | Ganesh: Clear <i>Sunrise: 5:58AM</i> Muruga: Blue <i>Sunset: 6:02PM</i> Nataraja: Purple Moon – Light Blue Ashvina+Puratasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM Moon 9 - Phase 22 Ashtami | |
| Creative Work Siddha Yoga Then Routine Work - Marana Yoga | | 689892363 | | Durga Ashtami | | | |

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| Retreat Star | | Friday, September 29, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau | | Chennai, India Sun 22 Sutra 165 Hemalamba 5119 | |
| Dhanus Rasi: 21.49 | Tithi 9 | Gulika Yama 7:29AM – 8:59AM | 7:29AM – 8:59AM Rahu 10:29AM – 12:00PM | Purvashadha* Until 3:44PM Sobhana Until 11:21AM Balava Until 10:44AM Navami* Until 11:47PM | Ganesh: Orange <i>Sunrise: 5:59AM</i> Muruga: Blue <i>Sunset: 6:01PM</i> Nataraja: Purple Moon – Light Blue Ashvina+Puratasi | Bhuloka Day Devaloka Time: 6:AM to 9:AM Moon 9 - Phase 22 Navami | |
| Routine Work Prabalarishta Yoga Until 3:44PM Then Routine Work - Marana Yoga | | 689992363 | | Saraswathi Puja (Tamil Nadu) | | | |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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| 1 | | Saturday, September 30, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dashamyam Titau | | Chennai, India Sun 23 Sutra 166 Hemalamba 5119 | |
| Makara Rasi: 3.49 | Tithi 10 | Gulika | 5:59AM – 7:29AM | Uttarashadha Until 6:03PM | Ganesh: Orange | <i>Sunrise:</i> 5:59AM | | | |
| | | Yama | 1:30PM – 3:00PM | Athiganda* Until 11:54AM | Muruga: Blue | <i>Sunset:</i> 6:00PM | Moon 9 - Phase 23 | | |
| | | 689992363 Rahu | 8:59AM – 10:29AM | Tailila Until 12:46PM | Nataraja: Purple | | 4th Phase | | |
| Routine Work | Marana Yoga | | | Dashami Until 1:35AM Sun | Moon – Light Blue | | Bhuloka Day | | |
| Until 6:03PM | | | | | Ashvina•Puratasi | | Devaloka Time: 6:AM to 9:AM | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 2 | | Sunday, October 1, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau | | Chennai, India Sun 24 Sutra 167 Hemalamba 5119 | |
| Makara Rasi: 16.01 | Tithi 11 | Gulika | 2:59PM – 4:29PM | Shravana Until 8:08PM | Ganesh: Red | <i>Sunrise:</i> 5:59AM | | | |
| | | Yama | 11:59AM – 1:29PM | Sukarma Until 12:04PM | Muruga: Blue | <i>Sunset:</i> 6:00PM | Moon 9 - Phase 23 | | |
| | | 691992363 Rahu | 4:29PM – 6:00PM | Vanija Until 2:16PM | Nataraja: Purple | | 4th Phase | | |
| Creative Work | Amrita Yoga | | | Ekadashi Until 2:45AM Mon | Moon – Purple | | Bhuloka Day | | |
| Until 8:08PM | | | | | Ashvina•Puratasi | | Devaloka Time: 9:AM to 12:PM | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 3 | | Monday, October 2, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau | | Chennai, India Sun 25 Sutra 168 Hemalamba 5119 | |
| Makara Rasi: 28.29 | Tithi 12 | Gulika | 1:29PM – 2:59PM | Dhanishtha Until 9:23PM | Ganesh: Red | <i>Sunrise:</i> 5:59AM | | | |
| Family Home Evening | | Yama | 10:29AM – 11:59AM | Dhriti Until 11:44AM | Muruga: Blue | <i>Sunset:</i> 5:59PM | Moon 9 - Phase 23 | | |
| | | 691992363 Rahu | 7:29AM – 8:59AM | Bava Until 3:05PM | Nataraja: Purple | | 4th Phase | | |
| Creative Work | Siddha Yoga | | | Dvadashi Until 3:11AM Tue | Moon – Purple | | Bhuloka Day | | |
| | | | | | Ashvina•Puratasi | | Devaloka Time: 9:AM to 12:PM | | |

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| 4 | | Tuesday, October 3, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau | | Chennai, India Sun 26 Sutra 169 Hemalamba 5119 | |
| Kumbha Rasi: 11.18 | Tithi 13 | Gulika | 11:58AM – 1:28PM | Shatabhishak Until 9:44PM | Ganesh: Red | <i>Sunrise:</i> 5:59AM | | | |
| | | Yama | 8:59AM – 10:28AM | Shula* Until 10:46AM | Muruga: Blue | <i>Sunset:</i> 5:58PM | Moon 9 - Phase 23 | | |
| | | 691992363 Rahu | 2:58PM – 4:28PM | Kaulava Until 3:09PM | Nataraja: Purple | | 4th Phase | | |
| Routine Work | Marana Yoga | | | Trayodashi Until 2:52AM Wed | Moon – Purple | | Bhuloka Day | | |
| | | Kadaitswami Mahasamadhi | | <i>Pradosha Vrata</i> | Ashvina•Puratasi | | Devaloka Time: 9:AM to 12:PM | | |

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| 5 | | Wednesday, October 4, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Chaturdashyam Titau | | Chennai, India Sun 27 Sutra 170 Hemalamba 5119 | |
| Kumbha Rasi: 24.29 | Tithi 14 | Gulika | 10:28AM – 11:58AM | Purvaproshtapada* Until 9:41PM | Ganesh: Yellow | <i>Sunrise:</i> 5:59AM | | | |
| | | Yama | 7:29AM – 8:58AM | Ganda* Until 9:14AM | Muruga: Blue | <i>Sunset:</i> 5:58PM | Moon 9 - Phase 23 | | |
| | | 611992363 Rahu | 11:58AM – 1:28PM | Gara Until 2:28PM | Nataraja: Purple | | 4th Phase | | |
| Creative Work | Amrita Yoga | | | Chaturdashi* Until 1:51AM Thu | Moon – Clear | | Bhuloka Day | | |
| Until 9:41PM | | Chidambaram Abhishekam | | | Ashvina•Puratasi | | Devaloka Time: 9:AM to 12:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| ○ | | Thursday, October 5, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau | | Chennai, India Sutra 171 Hemalamba 5119 | |
| Copper Retreat Star | | Gulika | 8:58AM – 10:28AM | Uttaraproshtapada Until 8:51PM | Ganesh: Yellow | <i>Sunrise:</i> 5:59AM | | | |
| Meena Rasi: 8.04 | Tithi 15 | Yama | 5:59AM – 7:29AM | Vridhi Until 7:10AM | Muruga: Blue | <i>Sunset:</i> 5:57PM | Moon 9 - Phase 23 | | |
| | | 611992363 Rahu | 1:28PM – 2:57PM | Visti Until 1:07PM | Nataraja: Purple | | Purnima | | |
| Creative Work | Siddha Yoga | | | Purnima* Until 12:12AM Fri | Moon – Clear | | Bhuloka Day | | |
| | | | | | Ashvina•Puratasi | | Devaloka Time: 9:AM to 12:PM | | |

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|----------------------------------|-------------|----------------------------|-------------------|--------------------------------|-------------------------|--|------------------------------|---|--|
| Friday, October 6, 2017 | | Silver Retreat Star | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau | | Chennai, India Sutra 172 Hemalamba 5119 | |
| Meena Rasi: 22 | Tithi 16 | Gulika | 7:28AM – 8:58AM | Revati Until 7:23PM | Ganesh: Yellow | <i>Sunrise:</i> 5:59AM | | | |
| | | Yama | 2:57PM – 4:27PM | Vyaghata* Until 1:41AM Sat | Muruga: Blue | <i>Sunset:</i> 5:56PM | Moon 9 - Phase 23 | | |
| | | 611992363 Rahu | 10:28AM – 11:58AM | Balava Until 11:13AM | Nataraja: Purple | | Prathama | | |
| Creative Work | Siddha Yoga | | | Prathama* Until 10:05PM | Moon – Clear | | Bhuloka Day | | |
| Until 7:23PM | | | | | Ashvina•Puratasi | | Devaloka Time: 9:AM to 12:PM | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang



Saturday, October 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India

Sun 1 Sutra 173

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 6.13 Tihti 17

621992364

Gulika 5:59AM - 7:28AM

Yama 1:27PM - 2:56PM

Rahu 8:58AM - 10:28AM

Ashvini Until 5:51PM

Harshana Until 10:32PM

Taitila Until 8:54AM

Dvitiya Until 7:38PM

Ganesha: Blue Sunrise: 5:59AM

Muruga: Blue Sunset: 5:56PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

Sunday, October 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Vanija/Bava Karana Tritiya/Chaturtham Titau

Chennai, India

Sun 2 Sutra 174

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 20.38 Tihti 18 - 19

621992364

Gulika 2:56PM - 4:25PM

Yama 11:57AM - 1:26PM

Rahu 4:25PM - 5:55PM

Bharani Until 3:57PM

Vajra* Until 7:12PM

Vanija Until 6:20AM

Tritiya Until 4:59PM

Ganesha: Blue Sunrise: 5:59AM

Muruga: Blue Sunset: 5:55PM

Nataraja: Clear

Moon - White

Ashvina+Puratasi

Sivaloka Day

Routine Work Prabalarishta Yoga

Until 3:57PM

Then Creative Work - Siddha Yoga

Monday, October 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 175

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 5.08 Tihti 19 - 20

621992364

Gulika 1:26PM - 2:55PM

Yama 10:27AM - 11:57AM

Rahu 7:28AM - 8:58AM

Krittika Until 1:52PM

Siddhi Until 3:51PM

Kaulava Until 12:58AM Tue

Chaturthi* Until 2:17PM

Ganesha: Blue Sunrise: 5:59AM

Muruga: Blue Sunset: 5:54PM

Nataraja: Clear

Moon - White

Ashvina+Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 1:52PM

Then Creative Work - Amrita Yoga

Tuesday, October 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata* Varyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4 Sutra 176

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 19.38 Tihti 20 - 21

631992364

Gulika 11:56AM - 1:26PM

Yama 8:58AM - 10:27AM

Rahu 2:55PM - 4:24PM

Rohini Until 12:08PM

Vyatipata* Until 12:34PM

Gara Until 10:24PM

Panchami Until 11:38AM

Ganesha: Red Sunrise: 5:59AM

Muruga: Blue Sunset: 5:54PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 12:08PM

Then Creative Work - Siddha Yoga

Wednesday, October 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Varyan/Parigha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 5 Sutra 177

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mithuna Rasi: 4.01 Tihti 21 - 22

631992364

Gulika 10:27AM - 11:56AM

Yama 7:28AM - 8:58AM

Rahu 11:56AM - 1:25PM

Mrigashira Until 10:25AM

Varyan Until 9:24AM

Visli Until 8:02PM

Shashthi* Until 9:10AM

Ganesha: Red Sunrise: 5:59AM

Muruga: Blue Sunset: 5:53PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

Thursday, October 12, 2017

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Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Chennai, India

Sun 6 Sutra 178

Hemalamba 5119

Moon 10 - Phase 24

Ashtami

Mithuna Rasi: 18.16 Tihti 22 - 23

632992364

Gulika 8:58AM - 10:27AM

Yama 5:59AM - 7:28AM

Rahu 1:25PM - 2:54PM

Ardra Until 8:48AM

Parigha* Until 6:27AM

Kaulava Until 5:00AM Fri

Saptami Until 6:57AM

Ganesha: Blue Sunrise: 5:59AM

Muruga: Blue Sunset: 5:52PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 8:48AM

Then Creative Work - Amrita Yoga

Friday, October 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Sun 7 Sutra 179

Hemalamba 5119

Moon 10 - Phase 24

Navami

Kataka Rasi: 2.18 Tihti 24

642992364

Gulika 7:28AM - 8:57AM

Yama 2:54PM - 4:23PM

Rahu 10:27AM - 11:56AM

Punarvasu Until 7:45AM

Siddha Until 1:15AM Sat

Taitila Until 4:10PM

Navami* Until 3:23AM Sat

Ganesha: Red Sunrise: 5:59AM

Muruga: Blue Sunset: 5:52PM

Nataraja: Clear

Moon - Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 7:45AM

Then Routine Work - Marana Yoga

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|---------------------------------|-------------|-----------------------------------|-------------------------|---------------------------------|-------------------------|--|---------------------|--------------------|
| 1 | | Saturday, October 14, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau | | Chennai, India |
| Kataka Rasi: 16.08 | Tithi 25 | Gulika | 5:59AM – 7:28AM | Pushya Until 6:53AM | Ganesha: Red | <i>Sunrise: 5:59AM</i> | Sun 8 | Sutra 180 |
| | | Yama | 1:24PM – 2:53PM | Sadhya Until 11:02PM | Muruga: Blue | <i>Sunset: 5:51PM</i> | | Hemalamba 5119 |
| | | 642992364 Rahu | 8:57AM – 10:26AM | Vanija Until 2:43PM | Nataraja: Clear | | | Moon 10 - Phase 25 |
| Creative Work | Siddha Yoga | | | Dashami Until 2:05AM Sun | Moon – Blue | | | 2nd Phase |
| Until 6:53AM | | | | | Ashvina•Puratasi | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 2 | | Sunday, October 15, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau | | Chennai, India |
| Kataka Rasi: 29.48 | Tithi 26 | Gulika | 2:53PM – 4:22PM | Ashlesha* Until 6:11AM | Ganesha: Red | <i>Sunrise: 6:00AM</i> | Sun 9 | Sutra 181 |
| | | Yama | 11:55AM – 1:24PM | Subha Until 9:06PM | Muruga: Blue | <i>Sunset: 5:51PM</i> | | Hemalamba 5119 |
| | | 642992364 Rahu | 4:22PM – 5:51PM | Bava Until 1:35PM | Nataraja: Clear | | | Moon 10 - Phase 25 |
| Creative Work | Siddha Yoga | | | Ekadashi* Until 1:07AM Mon | Moon – Blue | | | 2nd Phase |
| Until 6:11AM | | | | | Ashvina•Puratasi | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 3 | | Monday, October 16, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Chennai, India |
| Simha Rasi: 13.16 | Tithi 27 | Gulika | 1:24PM – 2:53PM | Magha* Until 6:06AM | Ganesha: Green | <i>Sunrise: 6:00AM</i> | Sun 10 | Sutra 182 |
| Family Home Evening | | Yama | 10:26AM – 11:55AM | Sukla Until 7:23PM | Muruga: Blue | <i>Sunset: 5:50PM</i> | | Hemalamba 5119 |
| | | 652992364 Rahu | 7:29AM – 8:57AM | Kaulava Until 12:46PM | Nataraja: Clear | | | Moon 10 - Phase 25 |
| Routine Work | Marana Yoga | | | Dvadashi* Until 12:28AM Tue | Moon – Red | | | 2nd Phase |
| Until 6:06AM | | | | | Ashvina•Puratasi | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | Devaloka Time: 6:PM to 9:PM | |

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| 4 | | Tuesday, October 17, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau | | Chennai, India |
| Simha Rasi: 26.33 | Tithi 28 | Gulika | 11:55AM – 1:23PM | Purvaphalguni Until 6:12AM | Ganesha: Green | <i>Sunrise: 6:00AM</i> | Sun 11 | Sutra 183 |
| | | Yama | 8:57AM – 10:26AM | Brahma Until 5:57PM | Muruga: Blue | <i>Sunset: 5:50PM</i> | | Hemalamba 5119 |
| | | 652992364 Rahu | 2:52PM – 4:21PM | Gara Until 12:17PM | Nataraja: Clear | | | Moon 10 - Phase 25 |
| Creative Work | Siddha Yoga | | | Trayodashi* Until 12:10AM Wed | Moon – Red | | | 2nd Phase |
| Until 6:12AM | | | | | Ashvina•Aipasi | | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | <i>Pradosha Vrata (Fasting)</i> | | | Devaloka Time: 6:PM to 9:PM | |

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| 5 | | Wednesday, October 18, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Chennai, India |
| Kanya Rasi: 9.39 | Tithi 29 | Gulika | 10:26AM – 11:55AM | Uttaraphalguni Until 6:28AM | Ganesha: Green | <i>Sunrise: 6:00AM</i> | Sun 12 | Sutra 184 |
| | | Yama | 7:29AM – 8:57AM | Indra Until 4:48PM | Muruga: Blue | <i>Sunset: 5:49PM</i> | | Hemalamba 5119 |
| | | 652992364 Rahu | 11:55AM – 1:23PM | Visti Until 12:10PM | Nataraja: Clear | | | Moon 10 - Phase 25 |
| Creative Work | Amrita Yoga | | | Chaturdashi* Until 12:14AM Thu | Moon – Red | | | 2nd Phase |
| Until 6:28AM | | | | | Ashvina•Aipasi | | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | Deepavali Hindu Solidarity Day | | | | | Devaloka Time: 6:PM to 9:PM | |

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| Retreat Star | | Thursday, October 19, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Chennai, India |
| Kanya Rasi: 22.34 | Tithi 30 | Gulika | 8:57AM – 10:26AM | Hasta Until 7:25AM | Ganesha: White | <i>Sunrise: 6:00AM</i> | Sun 13 | Sutra 185 |
| | | Yama | 6:00AM – 7:29AM | Vaidhriti* Until 3:57PM | Muruga: Blue | <i>Sunset: 5:48PM</i> | | Hemalamba 5119 |
| | | 662992364 Rahu | 1:23PM – 2:51PM | Catuspada Until 12:26PM | Nataraja: Clear | | | Moon 10 - Phase 25 |
| Routine Work | Marana Yoga | | | Amavasya* Until 12:42AM Fri | Moon – Green | | | Amavasya |
| Until 7:25AM | | | | | Ashvina•Aipasi | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | Devaloka Time: 6:PM to 9:PM | |

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| Retreat Star | | Friday, October 20, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau | | Chennai, India |
| Tula Rasi: 5.16 | Tithi 1 | Gulika | 7:29AM – 8:57AM | Chitra Until 8:38AM | Ganesha: White | <i>Sunrise: 6:00AM</i> | Sun 14 | Sutra 186 |
| | | Yama | 2:51PM – 4:20PM | Vishkambha* Until 3:26PM | Muruga: Blue | <i>Sunset: 5:48PM</i> | | Hemalamba 5119 |
| | | 662992364 Rahu | 10:26AM – 11:54AM | Kintughna Until 1:08PM | Nataraja: Clear | | | Moon 10 - Phase 25 |
| Creative Work | Siddha Yoga | | | Prathama* Until 1:38AM Sat | Moon – Green | | | Prathama |
| | | | | | Karttika•Aipasi | | Bhuloka Day | |
| | | Skanda Shasthi Begins | | | | | Devaloka Time: 6:PM to 9:PM | |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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| 1 | | Saturday, October 21, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Chennai, India Sun 15 Sutra 187 Hemalamba 5119 |
| Tula Rasi: 17.47 | Tithi 2 | Gulika 6:00AM – 7:29AM Yama 1:22PM – 2:51PM Rahu 8:57AM – 10:26AM | Svati Until 10:07AM Priti Until 3:17PM Balava Until 2:17PM Dvitiya Until 3:01AM Sun | Ganesh: White Muruga: Blue Nataraja: Clear Moon – Green | <i>Sunrise:</i> 6:00AM <i>Sunset:</i> 5:47PM | Bhuloka Day Devaloka Time: 6:PM to 9:PM | Moon 10 - Phase 26 3rd Phase | |
| Creative Work | Siddha Yoga | 662992364 | | Karttika-Aipasi | | | | |
| 2 | | Sunday, October 22, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Tritiyayam Titau | | | | Chennai, India Sun 16 Sutra 188 Hemalamba 5119 |
| Vrischika Rasi: 0.05 | Tithi 3 | Gulika 2:50PM – 4:19PM Yama 11:54AM – 1:22PM Rahu 4:19PM – 5:47PM | Vishakha Until 12:22PM Ayushman Until 3:28PM Tailila Until 3:54PM Tritiya Until 4:51AM Mon | Ganesh: Green Muruga: Blue Nataraja: Clear Moon – Orange | <i>Sunrise:</i> 6:01AM <i>Sunset:</i> 5:47PM | Bhuloka Day Devaloka Time: 6:PM to 9:PM | Moon 10 - Phase 26 3rd Phase | |
| Routine Work | Marana Yoga | 672992364 | | Karttika-Aipasi | | | | |
| 3 | | Monday, October 23, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Chennai, India Sun 17 Sutra 189 Hemalamba 5119 |
| Vrischika Rasi: 12.13 | Tithi 4 | Gulika 1:22PM – 2:50PM Yama 10:25AM – 11:54AM Rahu 7:29AM – 8:57AM | Anuradha Until 2:52PM Saubhagya Until 3:58PM Vanija Until 5:57PM Chaturthi* Until 7:05AM Tue | Ganesh: Green Muruga: Blue Nataraja: Clear Moon – Orange | <i>Sunrise:</i> 6:01AM <i>Sunset:</i> 5:46PM | Bhuloka Day Devaloka Time: 6:PM to 9:PM | Moon 10 - Phase 26 3rd Phase | |
| Family Home Evening | | 672992364 | | Karttika-Aipasi | | | | |
| Creative Work | Siddha Yoga | | | | | | | |
| 4 | | Tuesday, October 24, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Ahiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Chennai, India Sun 18 Sutra 190 Hemalamba 5119 |
| Vrischika Rasi: 24.11 | Tithi 4 – 5 | Gulika 11:54AM – 1:22PM Yama 8:57AM – 10:25AM Rahu 2:50PM – 4:18PM | Jyeshtha* Until 5:32PM Sobhana Until 4:46PM Bava Until 8:20PM Chaturthi* Until 7:05AM | Ganesh: Purple Muruga: Blue Nataraja: Clear Moon – Orange | <i>Sunrise:</i> 6:01AM <i>Sunset:</i> 5:46PM | Bhuloka Day Devaloka Time: 6:PM to 9:PM | Moon 10 - Phase 26 3rd Phase | |
| Routine Work | Marana Yoga | 672192364 | | Karttika-Aipasi | | | | |
| Until 5:32PM | | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |
| 5 | | Wednesday, October 25, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ahiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Chennai, India Sun 19 Sutra 191 Hemalamba 5119 |
| Dhanus Rasi: 6.04 | Tithi 5 – 6 | Gulika 10:25AM – 11:53AM Yama 7:29AM – 8:57AM Rahu 11:53AM – 1:21PM | Mula* Until 8:45PM Athiganda* Until 5:41PM Kaulava Until 10:56PM Panchami Until 9:36AM | Ganesh: Purple Muruga: Blue Nataraja: Clear Moon – Light Blue | <i>Sunrise:</i> 6:01AM <i>Sunset:</i> 5:46PM | Sivaloka Day | Moon 10 - Phase 26 3rd Phase | |
| Routine Work | Marana Yoga | 683192364 | | Karttika-Aipasi | | | | |
| Until 8:45PM | | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |
| 6 | | Thursday, October 26, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | | | Chennai, India Sun 20 Sutra 192 Hemalamba 5119 |
| Dhanus Rasi: 17.53 | Tithi 6 – 7 | Gulika 8:57AM – 10:25AM Yama 6:01AM – 7:29AM Rahu 1:21PM – 2:49PM | Purvashadha* Until 11:48PM Sukarma Until 6:39PM Gara Until 1:31AM Fri Shashthi* Until 12:13PM | Ganesh: Purple Muruga: White Nataraja: Clear Moon – Light Blue | <i>Sunrise:</i> 6:01AM <i>Sunset:</i> 5:45PM | Sivaloka Day | Moon 10 - Phase 26 3rd Phase | |
| Creative Work | Siddha Yoga | 683112364 | | Karttika-Aipasi | | | | |
| Until 11:48PM | | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |
| Retreat Star | | Friday, October 27, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Chennai, India Sun 21 Sutra 193 Hemalamba 5119 |
| Dhanus Rasi: 29.43 | Tithi 7 – 8 | Gulika 7:30AM – 8:57AM Yama 2:49PM – 4:17PM Rahu 10:25AM – 11:53AM | Uttarashadha Until 2:29AM Sat Dhriti Until 7:30PM Visti Until 3:52AM Sat Saptami Until 2:43PM | Ganesh: Purple Muruga: White Nataraja: Clear Moon – Light Blue | <i>Sunrise:</i> 6:02AM <i>Sunset:</i> 5:45PM | Sivaloka Day | Moon 10 - Phase 26 Ashtami | |
| Routine Work | Marana Yoga | 683112364 | | Karttika-Aipasi | | | | |
| Until 2:29AM Sat | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |
| Retreat Star | | Saturday, October 28, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Chennai, India Sun 22 Sutra 194 Hemalamba 5119 |
| Makara Rasi: 11.4 | Tithi 8 – 9 | Gulika 6:02AM – 7:30AM Yama 1:21PM – 2:49PM Rahu 8:57AM – 10:25AM | Shravana Until 5:02AM Sun Shula* Until 8:00PM Balava Until 5:43AM Sun Ashtami* Until 4:50PM | Ganesh: Clear Muruga: White Nataraja: Clear Moon – Purple | <i>Sunrise:</i> 6:02AM <i>Sunset:</i> 5:44PM | Devaloka Day | Moon 10 - Phase 26 Navami | |
| Creative Work | Siddha Yoga | 693112364 | | Karttika-Aipasi | | | | |
| Until 5:02AM Sun | | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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|--|-------------|--|------------------------------------|------------------------|------------------------|---------------------|
| 1 Sunday, October 29, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Chennai, India |
| Dhanishtha Nakshatra Ganda* Yoga Kaulava Karana Navamyam Titau | | Sun 23 Sutra 195 | | Hemalamba 5119 | | |
| Makara Rasi: 23.49 | Tithi 9 | Gulika 2:48PM – 4:16PM | Dhanishtha Until 6:44AM Mon | Ganesha: Clear | <i>Sunrise:</i> 6:02AM | |
| | | Yama 11:53AM – 1:21PM | Ganda* Until 8:02PM | Muruga: White | <i>Sunset:</i> 5:44PM | Moon 10 - Phase 27 |
| | 693112364 | Rahu 4:16PM – 5:44PM | Kaulava Until 6:22PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Navami* Until 6:22PM | Moon – Purple | | Devaloka Day |
| Until 6:44AM Mon | | | | Karttika•Aipasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|--|-------------|---|--------------------------------|------------------------|------------------------|---------------------|
| 2 Monday, October 30, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Chennai, India |
| Dhanishtha/Shatabhishak Nakshatra Vriddhi Yoga Tailila/Gara Karana Dashamyam Titau | | Sun 24 Sutra 196 | | Hemalamba 5119 | | |
| Kumbha Rasi: 6.16 | Tithi 10 | Gulika 1:21PM – 2:48PM | Dhanishtha Until 6:44AM | Ganesha: Clear | <i>Sunrise:</i> 6:02AM | |
| Family Home Evening | | Yama 10:25AM – 11:53AM | Vriddhi Until 7:29PM | Muruga: White | <i>Sunset:</i> 5:44PM | Moon 10 - Phase 27 |
| | 693112364 | Rahu 7:30AM – 8:58AM | Tailila Until 6:51AM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 7:06PM | Moon – Purple | | Devaloka Day |
| | | | | Karttika•Aipasi | | |

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|---|-------------|--|----------------------------------|------------------------|------------------------|---------------------|
| 3 Tuesday, October 31, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Chennai, India |
| Shatabhishak/Purvaprossthapada* Nakshatra Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau | | Sun 25 Sutra 197 | | Hemalamba 5119 | | |
| Kumbha Rasi: 19.06 | Tithi 11 | Gulika 11:53AM – 1:20PM | Shatabhishak Until 7:29AM | Ganesha: Clear | <i>Sunrise:</i> 6:03AM | |
| | | Yama 8:58AM – 10:25AM | Dhruva Until 6:13PM | Muruga: White | <i>Sunset:</i> 5:43PM | Moon 10 - Phase 27 |
| | 693112364 | Rahu 2:48PM – 4:16PM | Vanija Until 7:10AM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Ekadashi Until 6:58PM | Moon – Purple | | Devaloka Day |
| | | | | Karttika•Aipasi | | |

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|--|---------------|--|--|------------------------|------------------------|---------------------|
| 4 Wednesday, November 1, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Chennai, India |
| Purvaprossthapada*Uttaraprossthapada Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Sun 26 Sutra 198 | | Hemalamba 5119 | | |
| Meena Rasi: 2.22 | Tithi 12 – 13 | Gulika 10:25AM – 11:53AM | Purvaprossthapada* Until 7:41AM | Ganesha: Yellow | <i>Sunrise:</i> 6:03AM | |
| | | Yama 7:30AM – 8:58AM | Vyaghata* Until 4:18PM | Muruga: White | <i>Sunset:</i> 5:43PM | Moon 10 - Phase 27 |
| | 613112364 | Rahu 11:53AM – 1:20PM | Bava Until 6:36AM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | Dvadashi Until 5:59PM | Moon – Clear | | Devaloka Day |
| Until 7:41AM | | | | Karttika•Aipasi | | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata</i> | | | |

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| 5 Thursday, November 2, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Chennai, India |
| Uttaraprossthapada*/Revali Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | Sun 27 Sutra 199 | | Hemalamba 5119 | | |
| Meena Rasi: 16.07 | Tithi 13 – 14 | Gulika 8:58AM – 10:25AM | Uttaraprossthapada Until 6:56AM | Ganesha: Yellow | <i>Sunrise:</i> 6:03AM | |
| | | Yama 6:03AM – 7:31AM | Harshana Until 1:46PM | Muruga: White | <i>Sunset:</i> 5:42PM | Moon 10 - Phase 27 |
| | 613112364 | Rahu 1:20PM – 2:48PM | Gara Until 3:06AM Fri | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 4:13PM | Moon – Clear | | Devaloka Day |
| | | | | Karttika•Aipasi | | |

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| Friday, November 3, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Chennai, India |
| Copper Retreat Star | | Ashvini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Sutra 200 | | Hemalamba 5119 |
| Mesha Rasi: 0.17 | Tithi 14 – 15 | Gulika 7:31AM – 8:58AM | Ashvini Until 3:30AM Sat | Ganesha: White | <i>Sunrise:</i> 6:04AM | |
| | | Yama 2:47PM – 4:15PM | Vajra* Until 10:41AM | Muruga: White | <i>Sunset:</i> 5:42PM | Moon 10 - Phase 27 |
| | 623112364 | Rahu 10:26AM – 11:53AM | Visti Until 12:26AM Sat | Nataraja: Clear | | Purnima |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 1:49PM | Moon – White | | Sivaloka Day |
| Until 3:30AM Sat | | | | Karttika•Aipasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|-----------------------------------|---------------|--|---------------------------------|------------------------|------------------------|---------------------|
| Saturday, November 4, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Chennai, India |
| Silver Retreat Star | | Bharani Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Sutra 201 | | Hemalamba 5119 |
| Mesha Rasi: 14.51 | Tithi 15 – 16 | Gulika 6:04AM – 7:31AM | Bharani Until 1:08AM Sun | Ganesha: White | <i>Sunrise:</i> 6:04AM | |
| | | Yama 1:20PM – 2:47PM | Siddhi Until 7:12AM | Muruga: White | <i>Sunset:</i> 5:42PM | Moon 10 - Phase 27 |
| | 623112364 | Rahu 8:58AM – 10:26AM | Balava Until 9:23PM | Nataraja: Clear | | Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 10:56AM | Moon – White | | Sivaloka Day |
| | | | | Karttika•Aipasi | | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda



Sunday, November 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Chennai, India

Sutra 202

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mesha Rasi: 29.4 Tihi 16 - 17

623112364

Gulika 2:47PM - 4:14PM

Yama 11:53AM - 1:20PM

Rahu 4:14PM - 5:42PM

Krittika Until 10:27PM

Variyan Until 11:31PM

Taitila Until 6:05PM

Prathama* Until 7:44AM

Ganesha: White *Sunrise:* 6:04AM

Muruga: White *Sunset:* 5:42PM

Nataraja: Clear

Moon - White
Karttika•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Monday, November 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Chennai, India

Sun 1 Sutra 203

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 14.37 Tihi 18

Family Home Evening

633112364

Gulika 1:20PM - 2:47PM

Yama 10:26AM - 11:53AM

Rahu 7:32AM - 8:59AM

Rohini Until 8:00PM

Parigha* Until 7:35PM

Vanija Until 2:45PM

Tritiya Until 1:05AM Tue

Ganesha: Clear *Sunrise:* 6:04AM

Muruga: White *Sunset:* 5:41PM

Nataraja: Clear

Moon - Yellow
Karttika•Aipasi

Devaloka Day

Creative Work Amrita Yoga

Tuesday, November 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Sun 2 Sutra 204

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 29.31 Tihi 19

733112364

Gulika 11:53AM - 1:20PM

Yama 8:59AM - 10:26AM

Rahu 2:47PM - 4:14PM

Mrigashira Until 5:33PM

Shiva Until 3:47PM

Bava Until 11:30AM

Chaturthi* Until 9:56PM

Ganesha: White *Sunrise:* 6:05AM

Muruga: White *Sunset:* 5:41PM

Nataraja: Clear

Moon - Yellow
Karttika•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 5:33PM

Then Routine Work - Marana Yoga

Wednesday, November 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Sun 3 Sutra 205

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 14.17 Tihi 20

734112364

Gulika 10:26AM - 11:53AM

Yama 7:32AM - 8:59AM

Rahu 11:53AM - 1:20PM

Ardra Until 3:15PM

Siddha Until 12:10PM

Kaulava Until 8:29AM

Panchami Until 7:06PM

Ganesha: Clear *Sunrise:* 6:05AM

Muruga: White *Sunset:* 5:41PM

Nataraja: Clear

Moon - Yellow
Karttika•Aipasi

Devaloka Day

Creative Work Siddha Yoga

Thursday, November 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 4 Sutra 206

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 28.47 Tihi 21 - 22

744112364

Gulika 8:59AM - 10:26AM

Yama 6:05AM - 7:32AM

Rahu 1:20PM - 2:47PM

Punarvasu Until 1:38PM

Sadhya Until 8:53AM

Visti Until 3:42AM Fri

Shashthi* Until 4:42PM

Ganesha: Purple *Sunrise:* 6:05AM

Muruga: White *Sunset:* 5:41PM

Nataraja: Clear

Moon - Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Friday, November 10, 2017

5

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chennai, India

Sun 5 Sutra 207

Hemalamba 5119

Moon 11 - Phase 28

Ashtami

Kataka Rasi: 12.57 Tihi 22 - 23

744112364

Gulika 7:33AM - 9:00AM

Yama 2:47PM - 4:14PM

Rahu 10:26AM - 11:53AM

Pushya Until 12:22PM

Subha Until 6:01AM

Balava Until 2:04AM Sat

Saptami Until 2:48PM

Ganesha: Purple *Sunrise:* 6:06AM

Muruga: White *Sunset:* 5:40PM

Nataraja: Clear

Moon - Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Saturday, November 11, 2017

6

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 6 Sutra 208

Hemalamba 5119

Moon 11 - Phase 28

Navami

Kataka Rasi: 26.47 Tihi 23 - 24

744112364

Gulika 6:06AM - 7:33AM

Yama 1:20PM - 2:47PM

Rahu 9:00AM - 10:26AM

Ashlesha* Until 11:30AM

Brahma Until 1:31AM Sun

Taitila Until 1:00AM Sun

Ashtami* Until 1:27PM

Ganesha: Purple *Sunrise:* 6:06AM

Muruga: White *Sunset:* 5:40PM

Nataraja: Clear

Moon - Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:30AM

Then Creative Work - Amrita Yoga

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|----------------------------------|---------------|----------------------------------|------------------|------------------------------|------------------------|---|--|---|--------------------|
| 1 | | Sunday, November 12, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Chennai, India Sun 7 Sutra 209 Hemalamba 5119 | |
| Simha Rasi: 10.17 | Tithi 24 – 25 | Gulika | 2:47PM – 4:13PM | Magha* Until 11:28AM | Ganesh: Clear | <i>Sunrise:</i> 6:07AM | | | |
| | | Yama | 11:53AM – 1:20PM | Indra Until 11:57PM | Muruga: White | <i>Sunset:</i> 5:40PM | | | Moon 11 - Phase 29 |
| | | 754112364 Rahu | 4:13PM – 5:40PM | Vanija Until 12:29AM Mon | Nataraja: Clear | | | | 2nd Phase |
| Routine Work | Marana Yoga | | | Navami* Until 12:39PM | Moon – Red | | | Devaloka Day | |
| Until 11:28AM | | | | | Karttika•Aipasi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 2 | | Monday, November 13, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Chennai, India Sun 8 Sutra 210 Hemalamba 5119 | |
| Simha Rasi: 23.31 | Tithi 25 – 26 | Gulika | 1:20PM – 2:47PM | Purvaphalguni Until 11:47AM | Ganesh: Clear | <i>Sunrise:</i> 6:07AM | | | |
| Family Home Evening | | Yama | 10:27AM – 11:53AM | Vaidhriti* Until 10:43PM | Muruga: White | <i>Sunset:</i> 5:40PM | | | Moon 11 - Phase 29 |
| | | 754112364 Rahu | 7:34AM – 9:00AM | Bava Until 12:27AM Tue | Nataraja: Clear | | | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Dashami Until 12:23PM | Moon – Red | | | Devaloka Day | |
| | | | | | Karttika•Aipasi | | | | |

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| 3 | | Tuesday, November 14, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Chennai, India Sun 9 Sutra 211 Hemalamba 5119 | |
| Kanya Rasi: 6.28 | Tithi 26 – 27 | Gulika | 11:54AM – 1:20PM | Uttaraphalguni Until 12:25PM | Ganesh: Clear | <i>Sunrise:</i> 6:07AM | | | |
| | | Yama | 9:01AM – 10:27AM | Vishkamba* Until 9:52PM | Muruga: White | <i>Sunset:</i> 5:40PM | | | Moon 11 - Phase 29 |
| | | 754112364 Rahu | 2:47PM – 4:13PM | Kaulava Until 12:51AM Wed | Nataraja: Clear | | | | 2nd Phase |
| Creative Work | Amrita Yoga | | | Ekadashi* Until 12:35PM | Moon – Red | | | Devaloka Day | |
| Until 12:25PM | | | | | Karttika•Aipasi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Wednesday, November 15, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | | Chennai, India Sun 10 Sutra 212 Hemalamba 5119 | |
| Kanya Rasi: 19.14 | Tithi 27 – 28 | Gulika | 10:27AM – 11:54AM | Hasta Until 1:45PM | Ganesh: White | <i>Sunrise:</i> 6:08AM | | | |
| | | Yama | 7:34AM – 9:01AM | Priti Until 9:19PM | Muruga: White | <i>Sunset:</i> 5:40PM | | | Moon 11 - Phase 29 |
| | | 764112364 Rahu | 11:54AM – 1:20PM | Gara Until 1:40AM Thu | Nataraja: Clear | | | | 2nd Phase |
| Routine Work | Marana Yoga | | | Dvadashi* Until 1:11PM | Moon – Green | | | Bhuloka Day | |
| Until 1:45PM | | | | | Karttika•Aipasi | | | Devaloka Time: 6:PM to 9:PM | |
| Then Creative Work - Siddha Yoga | | Subramuniyaswami Mahasamadhi | | <i>Pradosha Vrata (Fasting)</i> | | | | | |

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| 5 | | Thursday, November 16, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Chennai, India Sun 11 Sutra 213 Hemalamba 5119 | |
| Tula Rasi: 1.49 | Tithi 28 – 29 | Gulika | 9:01AM – 10:28AM | Chitra Until 3:18PM | Ganesh: White | <i>Sunrise:</i> 6:08AM | | | |
| | | Yama | 6:08AM – 7:35AM | Ayushman Until 9:01PM | Muruga: White | <i>Sunset:</i> 5:40PM | | | Moon 11 - Phase 29 |
| | | 764112364 Rahu | 1:20PM – 2:47PM | Visti Until 2:50AM Fri | Nataraja: Clear | | | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Trayodashi* Until 2:11PM | Moon – Green | | | Bhuloka Day | |
| Until 3:18PM | | | | | Karttika•Karttikai | | | Devaloka Time: 6:PM to 9:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 6 | | Friday, November 17, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Chennai, India Sun 12 Sutra 214 Hemalamba 5119 | |
| Tula Rasi: 14.15 | Tithi 29 – 30 | Gulika | 7:35AM – 9:01AM | Svati Until 5:01PM | Ganesh: Clear | <i>Sunrise:</i> 6:09AM | | | |
| | | Yama | 2:47PM – 4:13PM | Saubhagya Until 9:00PM | Muruga: White | <i>Sunset:</i> 5:40PM | | | Moon 11 - Phase 29 |
| | | 764212365 Rahu | 10:28AM – 11:54AM | Catuspada Until 4:21AM Sat | Nataraja: White | | | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 3:31PM | Moon – Green | | | Bhuloka Day | |
| | | | | | Karttika•Karttikai | | | Devaloka Time: 9:AM to 12:PM | |

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| ● | | Saturday, November 18, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Chennai, India Sun 13 Sutra 215 Hemalamba 5119 | |
| Retreat Star | | Gulika | 6:09AM – 7:35AM | Vishakha Until 7:23PM | Ganesh: Orange | <i>Sunrise:</i> 6:09AM | | | |
| Tula Rasi: 26.32 | Tithi 30 – 1 | Yama | 1:21PM – 2:47PM | Sobhana Until 9:16PM | Muruga: White | <i>Sunset:</i> 5:40PM | | | Moon 11 - Phase 29 |
| | | 774212365 Rahu | 9:02AM – 10:28AM | Kintughna Until 6:12AM Sun | Nataraja: White | | | | Amavasya |
| Creative Work | Siddha Yoga | | | Amavasya* Until 5:13PM | Moon – Orange | | | Bhuloka Day | |
| | | | | | Karttika•Karttikai | | | Devaloka Time: 9:AM to 12:PM | |

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| ● | | Sunday, November 19, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau | | Chennai, India Sun 14 Sutra 216 Hemalamba 5119 | |
| Retreat Star | | Gulika | 2:47PM – 4:13PM | Anuradha Until 9:55PM | Ganesh: Orange | <i>Sunrise:</i> 6:10AM | | | |
| Vrischika Rasi: 8.4 | Tithi 1 | Yama | 11:55AM – 1:21PM | Athiganda* Until 9:44PM | Muruga: White | <i>Sunset:</i> 5:40PM | | | Moon 11 - Phase 29 |
| | | 774212365 Rahu | 4:13PM – 5:40PM | Kintughna Until 6:12AM | Nataraja: White | | | | Prathama |
| Routine Work | Marana Yoga | | | Prathama* Until 7:14PM | Moon – Orange | | | Bhuloka Day | |
| | | | | | Margasira•Karttikai | | | Devaloka Time: 9:AM to 12:PM | |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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|----------------------------------|--|----------------------------------|--|---|------------------------------------|--|------------------------------|
| 1 | | Monday, November 20, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Chennai, India | |
| Vrischika Rasi: 20.41 | | Tithi 2 | | Jyeshtha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Sun 15 Sutra 217 | |
| Family Home Evening | | 774212365 | | Gulika 1:21PM – 2:47PM | Jyeshtha* Until 12:34AM Tue | Ganesh: Orange <i>Sunrise:</i> 6:10AM | Hemalamba 5119 |
| Creative Work Siddha Yoga | | Rahu 7:36AM – 9:02AM | | Yama 10:29AM – 11:55AM | Sukarma Until 10:27PM | Muruga: White <i>Sunset:</i> 5:40PM | Moon 11 - Phase 30 |
| Until 12:34AM Tue | | | | | Balava Until 8:23AM | Nataraja: White | 3rd Phase |
| Then Creative Work - Amrita Yoga | | | | | Dvitiya Until 9:34PM | Moon – Orange | Bhuloka Day |
| | | | | | | Margasira•Karttikai | Devaloka Time: 9:AM to 12:PM |

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|---------------------------|--|-----------------------------------|--|--|-------------------------------|---|--------------------|
| 2 | | Tuesday, November 21, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Chennai, India | |
| Dhanus Rasi: 2.35 | | Tithi 3 | | Mula* Nakshatra Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau | | Sun 16 Sutra 218 | |
| Creative Work Amrita Yoga | | 785212365 | | Gulika 11:55AM – 1:21PM | Mula* Until 3:47AM Wed | Ganesh: White <i>Sunrise:</i> 6:11AM | Hemalamba 5119 |
| | | Rahu 2:47PM – 4:13PM | | Yama 9:03AM – 10:29AM | Dhriti Until 11:22PM | Muruga: White <i>Sunset:</i> 5:40PM | Moon 11 - Phase 30 |
| | | | | | Taitila Until 10:52AM | Nataraja: White | 3rd Phase |
| | | | | | Tritiya Until 12:10AM Wed | Moon – Light Blue | Bhuloka Day |
| | | | | | | Margasira•Karttikai | |

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|---------------------------------|--|-------------------------------------|--|---|--------------------------------------|---|--------------------|
| 3 | | Wednesday, November 22, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Chennai, India | |
| Dhanus Rasi: 14.25 | | Tithi 4 | | Purvashadha* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau | | Sun 17 Sutra 219 | |
| Creative Work Amrita Yoga | | 785212365 | | Gulika 10:29AM – 11:55AM | Purvashadha* Until 6:56AM Thu | Ganesh: White <i>Sunrise:</i> 6:11AM | Hemalamba 5119 |
| Until 6:56AM Thu | | Rahu 11:55AM – 1:21PM | | Yama 7:37AM – 9:03AM | Shula* Until 12:21AM Thu | Muruga: White <i>Sunset:</i> 5:40PM | Moon 11 - Phase 30 |
| Then Routine Work - Marana Yoga | | | | | Vanija Until 1:32PM | Nataraja: White | 3rd Phase |
| | | | | | Chaturthi* Until 2:53AM Thu | Moon – Light Blue | Bhuloka Day |
| | | | | | | Margasira•Karttikai | |

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|---------------------------------|--|------------------------------------|--|---|----------------------------------|--|--------------------|
| 4 | | Thursday, November 23, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Chennai, India | |
| Dhanus Rasi: 26.12 | | Tithi 5 | | Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau | | Sun 18 Sutra 220 | |
| Creative Work Siddha Yoga | | 785212365 | | Gulika 9:04AM – 10:30AM | Purvashadha* Until 6:56AM | Ganesh: White <i>Sunrise:</i> 6:11AM | Hemalamba 5119 |
| Until 6:56AM | | Rahu 1:22PM – 2:48PM | | Yama 6:11AM – 7:38AM | Ganda* Until 1:20AM Fri | Muruga: White <i>Sunset:</i> 5:40PM | Moon 11 - Phase 30 |
| Then Routine Work - Marana Yoga | | | | | Bava Until 4:15PM | Nataraja: White | 3rd Phase |
| | | | | | Panchami Until 5:33AM Fri | Moon – Light Blue | Bhuloka Day |
| | | | | | | Margasira•Karttikai | |

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|--------------------------|--|----------------------------------|--|--|----------------------------------|---|--------------------|
| 5 | | Friday, November 24, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Chennai, India | |
| Makara Rasi: 8 | | Tithi 6 | | Uttarashadha/Shravana Nakshatra Vriddhi Yoga Kaulava Karana Shashthyam Titau | | Sun 19 Sutra 221 | |
| Routine Work Marana Yoga | | 785212365 | | Gulika 7:38AM – 9:04AM | Uttarashadha Until 9:51AM | Ganesh: White <i>Sunrise:</i> 6:12AM | Hemalamba 5119 |
| | | Rahu 10:30AM – 11:56AM | | Yama 2:48PM – 4:14PM | Vriddhi Until 2:10AM Sat | Muruga: White <i>Sunset:</i> 5:40PM | Moon 11 - Phase 30 |
| | | | | | Kaulava Until 6:50PM | Nataraja: White | 3rd Phase |
| | | | | | Shashthi* Until 7:58AM Sat | Moon – Light Blue | Bhuloka Day |
| | | | | | | Margasira•Karttikai | |

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|---------------------------|--|------------------------------------|--|--|-------------------------------|---|-----------------------------|
| 6 | | Saturday, November 25, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Chennai, India | |
| Makara Rasi: 19.55 | | Tithi 6 – 7 | | Shravana/Dhanishtha Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Sun 20 Sutra 222 | |
| Creative Work Siddha Yoga | | 795212365 | | Gulika 6:12AM – 7:38AM | Shravana Until 12:49PM | Ganesh: Clear <i>Sunrise:</i> 6:12AM | Hemalamba 5119 |
| | | Rahu 9:04AM – 10:30AM | | Yama 1:22PM – 2:48PM | Dhruva Until 2:38AM Sun | Muruga: White <i>Sunset:</i> 5:40PM | Moon 11 - Phase 30 |
| | | | | | Gara Until 9:02PM | Nataraja: White | 3rd Phase |
| | | | | | Shashthi* Until 7:58AM | Moon – Purple | Bhuloka Day |
| | | | | | | Margasira•Karttikai | Devaloka Time: 6:AM to 9:AM |

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|----------------------------------|--|----------------------------------|--|---|--------------------------------|---|-----------------------------|
| Retreat Star | | Sunday, November 26, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Chennai, India | |
| Kumbha Rasi: 2.01 | | Tithi 7 – 8 | | Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Sun 21 Sutra 223 | |
| Routine Work Marana Yoga | | 795212365 | | Gulika 2:48PM – 4:14PM | Dhanishtha Until 3:05PM | Ganesh: Clear <i>Sunrise:</i> 6:13AM | Hemalamba 5119 |
| Until 3:05PM | | Rahu 4:14PM – 5:40PM | | Yama 11:56AM – 1:22PM | Vyaghata* Until 2:37AM Mon | Muruga: White <i>Sunset:</i> 5:40PM | Moon 11 - Phase 30 |
| Then Creative Work - Siddha Yoga | | | | | Visti Until 10:37PM | Nataraja: White | Ashtami |
| | | | | | Saptami Until 9:54AM | Moon – Purple | Bhuloka Day |
| | | | | | | Margasira•Karttikai | Devaloka Time: 6:AM to 9:AM |

| | | | | | | | |
|---------------------------------|--|----------------------------------|--|---|----------------------------------|--|-----------------------------|
| Retreat Star | | Monday, November 27, 2017 | | | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Chennai, India | |
| Kumbha Rasi: 14.23 | | Tithi 8 – 9 | | Shatabhishak/Purvashadha* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Sun 22 Sutra 224 | |
| Family Home Evening | | 795212365 | | Gulika 1:23PM – 2:48PM | Shatabhishak Until 4:30PM | Ganesh: Clear <i>Sunrise:</i> 6:14AM | Hemalamba 5119 |
| Creative Work Siddha Yoga | | Rahu 7:39AM – 9:05AM | | Yama 10:31AM – 11:57AM | Harshana Until 2:00AM Tue | Muruga: White <i>Sunset:</i> 5:40PM | Moon 11 - Phase 30 |
| Until 4:30PM | | | | | Balava Until 11:24PM | Nataraja: White | Navami |
| Then Routine Work - Marana Yoga | | | | | Ashtami* Until 11:06AM | Moon – Purple | Bhuloka Day |
| | | | | | | Margasira•Karttikai | Devaloka Time: 6:AM to 9:AM |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1

Tuesday, November 28, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuklayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Chennai, India

Kumbha Rasi: 27.08 Tithi 9 - 10

Gulika 11:57AM - 1:23PM
Yama 9:06AM - 10:31AM
Rahu 2:49PM - 4:14PMPurvaproshtapada* Until 5:22PM
Vajra* Until 12:39AM Wed
Taitila Until 11:18PM
Navami* Until 11:27AMGanesha: Yellow Sunrise: 6:14AM
Muruga: White Sunset: 5:40PM
Nataraja: White
Moon - Clear
Margasira*KarttikaiSun 23 Sutra 225
Hemalamba 5119
Moon 11 - Phase 31
4th PhaseBhuloka Day
Devaloka Time: 6:AM to 9:AMRoutine Work Marana Yoga
Until 5:22PM
Then Creative Work - Amrita Yoga

2

Wednesday, November 29, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuklayam
Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Chennai, India

Meena Rasi: 10.2 Tithi 10 - 11

Gulika 10:32AM - 11:57AM
Yama 7:40AM - 9:06AM
Rahu 11:57AM - 1:23PMUttaraproshtapada Until 5:12PM
Siddhi Until 10:36PM
Vanija Until 10:16PM
Dashami Until 10:52AMGanesha: Yellow Sunrise: 6:15AM
Muruga: White Sunset: 5:40PM
Nataraja: White
Moon - Clear
Margasira*KarttikaiSun 24 Sutra 226
Hemalamba 5119
Moon 11 - Phase 31
4th PhaseBhuloka Day
Devaloka Time: 6:AM to 9:AMCreative Work Siddha Yoga
Until 5:12PM
Then Routine Work - Marana Yoga

3

Thursday, November 30, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuklayam
Revati/Ashvini Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Chennai, India

Meena Rasi: 24.01 Tithi 11 - 12

Gulika 9:06AM - 10:32AM
Yama 6:15AM - 7:41AM
Rahu 1:23PM - 2:49PMRevati Until 4:02PM
Vyatipata* Until 7:54PM
Bava Until 8:25PM
Ekadashi Until 9:25AMGanesha: White Sunrise: 6:15AM
Muruga: White Sunset: 5:41PM
Nataraja: White
Moon - Clear
Margasira*KarttikaiSun 25 Sutra 227
Hemalamba 5119
Moon 11 - Phase 31
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 4:02PM
Then Creative Work - Amrita Yoga

4

Friday, December 1, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuklayam
Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau

Chennai, India

Mesha Rasi: 8.13 Tithi 12 - 13

Gulika 7:41AM - 9:07AM
Yama 2:49PM - 4:15PM
Rahu 10:33AM - 11:58AMAshvini Until 2:26PM
Variyan Until 4:36PM
Taitila Until 4:20AM Sat
Dvadashi Until 7:12AMGanesha: Clear Sunrise: 6:16AM
Muruga: White Sunset: 5:41PM
Nataraja: White
Moon - White
Margasira*KarttikaiSun 26 Sutra 228
Hemalamba 5119
Moon 11 - Phase 31
4th PhaseBhuloka Day
Devaloka Time: 9:AM to 12:PMCreative Work Amrita Yoga
Until 2:26PM
Then Creative Work - Siddha Yoga

5

Saturday, December 2, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuklayam
Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau

Chennai, India

Mesha Rasi: 22.52 Tithi 14

Gulika 6:16AM - 7:42AM
Yama 1:24PM - 2:50PM
Rahu 9:07AM - 10:33AMBharani Until 12:07PM
Parigha* Until 12:51PM
Gara Until 2:44PM
Chaturdashi* Until 1:00AM SunGanesha: Clear Sunrise: 6:16AM
Muruga: White Sunset: 5:41PM
Nataraja: White
Moon - White
Margasira*KarttikaiSun 27 Sutra 229
Hemalamba 5119
Moon 11 - Phase 31
4th PhaseBhuloka Day
Devaloka Time: 9:AM to 12:PMCreative Work Siddha Yoga
Until 12:07PM
Then Creative Work - Amrita Yoga

O

Sunday, December 3, 2017

Copper Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuklayam
Krittika/Rohini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau

Chennai, India

Vrisabha Rasi: 7.51 Tithi 15

Gulika 2:50PM - 4:16PM
Yama 11:59AM - 1:24PM
Rahu 4:16PM - 5:41PMKrittika Until 9:15AM
Shiva Until 8:48AM
Visti Until 11:13AM
Purnima* Until 9:22PMGanesha: Clear Sunrise: 6:17AM
Muruga: White Sunset: 5:41PM
Nataraja: White
Moon - White
Margasira*KarttikaiSutra 230
Hemalamba 5119
Moon 11 - Phase 31
PurnimaBhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Monday, December 4, 2017

Silver Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuklayam
Rohini/Mrigashira Nakshatra Sadhya Yoga Balava/Taitila Karana Prathama/Dvityiyam Titau

Chennai, India

Vrisabha Rasi: 23.03 Tithi 16 - 17

Gulika 1:25PM - 2:50PM
Yama 10:34AM - 11:59AM
Rahu 7:43AM - 9:08AMRohini Until 6:26AM
Sadhya Until 12:12AM Tue
Balava Until 7:30AM
Prathama* Until 5:36PMGanesha: Purple Sunrise: 6:17AM
Muruga: White Sunset: 5:41PM
Nataraja: White
Moon - Yellow
Margasira*KarttikaiSutra 231
Hemalamba 5119
Moon 11 - Phase 31
Prathama

Devaloka Day

Creative Work Amrita Yoga

Vinayaga Viratam Begins



Tuesday, December 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 232

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 8.17 Tihi 17 - 18

736212365

Gulika 12:00PM - 1:25PM
Yama 9:09AM - 10:34AM
Rahu 2:51PM - 4:16PM

Ardra Until 12:26AM Wed
Subha Until 8:00PM
Vanija Until 12:09AM Wed
Dvitiya Until 1:55PM

Ganesha: Purple *Sunrise:* 6:18AM
Muruga: White *Sunset:* 5:42PM
Nataraja: White
Moon - Yellow
Margasira•Karttikai

Devaloka Day

Routine Work Marana Yoga
Until 12:26AM Wed
Then Creative Work - Siddha Yoga

1

Wednesday, December 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India

Sun 2 Sutra 233

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 23.23 Tihi 18 - 19

746212365

Gulika 10:35AM - 12:00PM
Yama 7:44AM - 9:09AM
Rahu 12:00PM - 1:26PM

Punarvasu Until 10:01PM
Sukla Until 3:59PM
Bava Until 8:51PM
Tritiya Until 10:26AM

Ganesha: Clear *Sunrise:* 6:18AM
Muruga: White *Sunset:* 5:42PM
Nataraja: White
Moon - Blue
Margasira•Karttikai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

2

Thursday, December 7, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 234

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 8.13 Tihi 19 - 20

746212365

Gulika 9:10AM - 10:35AM
Yama 6:19AM - 7:44AM
Rahu 1:26PM - 2:51PM

Pushya Until 7:56PM
Brahma Until 12:20PM
Kaulava Until 6:00PM
Chaturthi* Until 7:20AM

Ganesha: Clear *Sunrise:* 6:19AM
Muruga: White *Sunset:* 5:42PM
Nataraja: White
Moon - Blue
Margasira•Karttikai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 7:56PM
Then Creative Work - Siddha Yoga

3

Friday, December 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashtyam Titau

Chennai, India

Sun 4 Sutra 235

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 22.4 Tihi 21

747212365

Gulika 7:45AM - 9:10AM
Yama 2:52PM - 4:17PM
Rahu 10:36AM - 12:01PM

Ashlesha* Until 6:17PM
Indra Until 9:08AM
Gara Until 3:44PM
Shashti* Until 2:50AM Sat

Ganesha: White *Sunrise:* 6:19AM
Muruga: White *Sunset:* 5:43PM
Nataraja: White
Moon - Blue
Margasira•Karttikai

Bhuloka Day

Routine Work Marana Yoga

4

Saturday, December 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Chennai, India

Sun 5 Sutra 236

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Simha Rasi: 6.42 Tihi 22

757212365

Gulika 6:20AM - 7:45AM
Yama 1:27PM - 2:52PM
Rahu 9:11AM - 10:36AM

Magha* Until 5:36PM
Vaidhriti* Until 6:26AM
Visti Until 2:09PM
Saptami Until 1:36AM Sun

Ganesha: Yellow *Sunrise:* 6:20AM
Muruga: White *Sunset:* 5:43PM
Nataraja: White
Moon - Red
Margasira•Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 5:36PM
Then Creative Work - Siddha Yoga

5

Sunday, December 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 6 Sutra 237

Hemalamba 5119

Moon 12 - Phase 32

Ashtami

Simha Rasi: 20.18 Tihi 23

757212365

Gulika 2:53PM - 4:18PM
Yama 12:02PM - 1:27PM
Rahu 4:18PM - 5:43PM

Purvaphalguni Until 5:29PM
Priti Until 2:47AM Mon
Balava Until 1:17PM
Ashtami* Until 1:06AM Mon

Ganesha: Yellow *Sunrise:* 6:21AM
Muruga: White *Sunset:* 5:43PM
Nataraja: White
Moon - Red
Margasira•Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 5:29PM
Then Creative Work - Amrita Yoga

Monday, December 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Sun 7 Sutra 238

Hemalamba 5119

Moon 12 - Phase 32

Navami

Kanya Rasi: 3.29 Tihi 24

757212365

Gulika 1:28PM - 2:53PM
Yama 10:37AM - 12:02PM
Rahu 7:46AM - 9:12AM

Uttaraphalguni Until 5:54PM
Ayushman Until 1:46AM Tue
Taitila Until 1:08PM
Navami* Until 1:18AM Tue

Ganesha: Yellow *Sunrise:* 6:21AM
Muruga: White *Sunset:* 5:44PM
Nataraja: White
Moon - Red
Margasira•Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Family Home Evening
Creative Work Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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|---------------------------|--|---|------------------|--|--------------|-----------------------------|------------------------|
| 1 | | Tuesday, December 12, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam | | Chennai, India | |
| | | Hasta Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Sun 8 Sutra 239 | |
| | | Gulika | 12:03PM – 1:28PM | Hasta | Until 7:14PM | Ganesh: Yellow | <i>Sunrise:</i> 6:22AM |
| Kanya Rasi: 16.21 | | Yama | 9:12AM – 10:38AM | Saubhagya Until 1:13AM Wed | | Muruga: White | <i>Sunset:</i> 5:44PM |
| Tihti 25 | | Rahu | 2:53PM – 4:19PM | Vanija Until 1:39PM | | Nataraja: White | Moon 12 - Phase 33 |
| 767312365 | | | | Dashami Until 2:07AM Wed | | Moon – Green | 2nd Phase |
| Creative Work Siddha Yoga | | | | | | Margasira•Karttikai | Bhuloka Day |
| | | | | | | Devaloka Time: 9:AM to12:PM | |

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|---------------------------|--|---|-------------------|--|--------------|-----------------------------|------------------------|
| 2 | | Wednesday, December 13, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam | | Chennai, India | |
| | | Chitra Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 9 Sutra 240 | |
| | | Gulika | 10:38AM – 12:03PM | Chitra | Until 8:57PM | Ganesh: Yellow | <i>Sunrise:</i> 6:22AM |
| Kanya Rasi: 28.56 | | Yama | 7:47AM – 9:13AM | Sobhana Until 1:04AM Thu | | Muruga: White | <i>Sunset:</i> 5:44PM |
| Tihti 26 | | Rahu | 12:03PM – 1:29PM | Bava Until 2:44PM | | Nataraja: White | Moon 12 - Phase 33 |
| 767312365 | | | | Ekadashi* Until 3:25AM Thu | | Moon – Green | 2nd Phase |
| Creative Work Siddha Yoga | | | | | | Margasira•Karttikai | Bhuloka Day |
| | | | | | | Devaloka Time: 9:AM to12:PM | |

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| 3 | | Thursday, December 14, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam | | Chennai, India | |
| | | Svati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Sun 10 Sutra 241 | |
| | | Gulika | 9:13AM – 10:38AM | Svati | Until 10:54PM | Ganesh: Blue | <i>Sunrise:</i> 6:23AM |
| Tula Rasi: 11.18 | | Yama | 6:23AM – 7:48AM | Athiganda* Until 1:12AM Fri | | Muruga: White | <i>Sunset:</i> 5:45PM |
| Tihti 27 | | Rahu | 1:29PM – 2:54PM | Kaulava Until 4:16PM | | Nataraja: White | Moon 12 - Phase 33 |
| 768312365 | | | | Dvadashi* Until 5:09AM Fri | | Moon – Green | 2nd Phase |
| Creative Work Amrita Yoga | | | | | | Margasira•Karttikai | Bhuloka Day |
| Until 10:54PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | | Friday, December 15, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam | | Chennai, India | |
| | | Vishakha Nakshatra Sukarma Yoga Gara Karana Trayodashyam Titau | | | | Sun 11 Sutra 242 | |
| | | Gulika | 7:48AM – 9:14AM | Vishakha | Until 1:29AM Sat | Ganesh: Blue | <i>Sunrise:</i> 6:23AM |
| Tula Rasi: 23.3 | | Yama | 2:55PM – 4:20PM | Sukarma Until 1:36AM Sat | | Muruga: White | <i>Sunset:</i> 5:45PM |
| Tihti 28 | | Rahu | 10:39AM – 12:04PM | Gara Until 6:09PM | | Nataraja: White | Moon 12 - Phase 33 |
| 778312365 | | | | Trayodashi* Until 7:11AM Sat | | Moon – Orange | 2nd Phase |
| Creative Work Siddha Yoga | | | | Pradosha Vrata (Fasting) | | Margasira•Karttikai | Bhuloka Day |
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| 5 | | Saturday, December 16, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam | | Chennai, India | |
| | | Anuradha Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Sun 12 Sutra 243 | |
| | | Gulika | 6:24AM – 7:49AM | Anuradha | Until 4:10AM Sun | Ganesh: Blue | <i>Sunrise:</i> 6:24AM |
| Vrishchika Rasi: 5.35 | | Yama | 1:30PM – 2:55PM | Dhriti Until 2:12AM Sun | | Muruga: White | <i>Sunset:</i> 5:46PM |
| Tihti 28 – 29 | | Rahu | 9:14AM – 10:39AM | Visti Until 8:19PM | | Nataraja: White | Moon 12 - Phase 33 |
| 878312365 | | | | Trayodashi* Until 7:11AM | | Moon – Orange | 2nd Phase |
| Creative Work Siddha Yoga | | | | | | Margasira•Markali | Bhuloka Day |
| Until 4:10AM Sun | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| ● | | Sunday, December 17, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Chennai, India | |
| | | Retreat Star | | Jyeshtha* Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashii/Amavasyayam Titau | | Sun 13 Sutra 244 | |
| | | Gulika | 2:56PM – 4:21PM | Jyeshtha* | Until 6:53AM Mon | Ganesh: Blue | <i>Sunrise:</i> 6:24AM |
| Vrishchika Rasi: 17.34 | | Yama | 12:05PM – 1:30PM | Shula* Until 2:56AM Mon | | Muruga: White | <i>Sunset:</i> 5:46PM |
| Tihti 29 – 30 | | Rahu | 4:21PM – 5:46PM | Catuspada Until 10:43PM | | Nataraja: White | Moon 12 - Phase 33 |
| 878312365 | | | | Chaturdashii* Until 9:28AM | | Moon – Orange | Amavasya |
| Routine Work Marana Yoga | | | | | | Margasira•Markali | Bhuloka Day |
| Until 6:53AM Mon | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| ● | | Monday, December 18, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam | | Chennai, India | |
| | | Retreat Star | | Jyeshtha*/Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 14 Sutra 245 | |
| | | Gulika | 1:31PM – 2:56PM | Jyeshtha* | Until 6:53AM | Ganesh: Blue | <i>Sunrise:</i> 6:25AM |
| Vrishchika Rasi: 29.28 | | Yama | 10:40AM – 12:06PM | Ganda* Until 3:48AM Tue | | Muruga: White | <i>Sunset:</i> 5:47PM |
| Tihti 30 – 1 | | Rahu | 7:50AM – 9:15AM | Kintughna Until 1:17AM Tue | | Nataraja: White | Moon 12 - Phase 33 |
| 878312365 | | | | Amavasya* Until 11:58AM | | Moon – Orange | Prathama |
| Family Home Evening | | | | | | Pausha•Markali | Bhuloka Day |
| Creative Work Siddha Yoga | | | | | | | |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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| 1 | | Tuesday, December 19, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | Chennai, India |
| Dhanus Rasi: 11.19 | Tithi 1 – 2 | Gulika | 12:06PM – 1:31PM | Mula* Until 10:05AM | Ganesha: Blue | <i>Sunrise: 6:25AM</i> | Sun 15 Sutra 246 |
| | | Yama | 9:16AM – 10:41AM | Vriddhi Until 4:46AM Wed | Muruga: White | <i>Sunset: 5:47PM</i> | Hemalamba 5119 |
| | | 888312365 Rahu | 2:57PM – 4:22PM | Balava Until 3:58AM Wed | Nataraja: White | | Moon 12 - Phase 34 |
| Creative Work | Amrita Yoga | | | Prathama* Until 2:36PM | Moon – Light Blue | | 3rd Phase |
| Until 10:05AM | | | | | Pausha-Markali | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Wednesday, December 20, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | Chennai, India |
| Dhanus Rasi: 23.07 | Tithi 2 – 3 | Gulika | 10:41AM – 12:07PM | Purvashadha* Until 1:12PM | Ganesha: Blue | <i>Sunrise: 6:26AM</i> | Sun 16 Sutra 247 |
| | | Yama | 7:51AM – 9:16AM | Dhruva Until 5:42AM Thu | Muruga: White | <i>Sunset: 5:48PM</i> | Hemalamba 5119 |
| | | 888312365 Rahu | 12:07PM – 1:32PM | Taitila Until 6:40AM Thu | Nataraja: White | | Moon 12 - Phase 34 |
| Creative Work | Amrita Yoga | | | Dvitiya Until 5:18PM | Moon – Light Blue | | 3rd Phase |
| | | | | | Pausha-Markali | | Bhuloka Day |

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| 3 | | Thursday, December 21, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau | | | Chennai, India |
| Makara Rasi: 4.56 | Tithi 3 | Gulika | 9:17AM – 10:42AM | Uttarashadha Until 4:06PM | Ganesha: Yellow | <i>Sunrise: 6:26AM</i> | Sun 17 Sutra 248 |
| | | Yama | 6:26AM – 7:52AM | Vyaghata* Until 6:34AM Fri | Muruga: White | <i>Sunset: 5:48PM</i> | Hemalamba 5119 |
| | | 889312365 Rahu | 1:32PM – 2:58PM | Taitila Until 6:40AM | Nataraja: White | | Moon 12 - Phase 34 |
| Routine Work | Marana Yoga | | | Tritiya Until 7:57PM | Moon – Light Blue | | 3rd Phase |
| Until 4:06PM | | | | | Pausha-Markali | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | | | | Devaloka Time: 9:AM to12:PM |

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| 4 | | Friday, December 22, 2017 | | Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau | | | Chennai, India |
| Makara Rasi: 16.47 | Tithi 4 | Gulika | 7:52AM – 9:17AM | Shravana Until 7:10PM | Ganesha: Red | <i>Sunrise: 6:27AM</i> | Sun 18 Sutra 249 |
| | | Yama | 2:58PM – 4:23PM | Vyaghata* Until 6:34AM | Muruga: White | <i>Sunset: 5:48PM</i> | Hemalamba 5119 |
| | | 899312365 Rahu | 10:42AM – 12:08PM | Vanija Until 9:14AM | Nataraja: White | | Moon 12 - Phase 34 |
| Routine Work | Marana Yoga | | | Chaturthi* Until 10:24PM | Moon – Purple | | 3rd Phase |
| Until 7:10PM | | | | | Pausha-Markali | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | | | | Devaloka Time: 9:AM to12:PM |

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| 5 | | Saturday, December 23, 2017 | | Hemalamba Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau | | | Chennai, India |
| Makara Rasi: 28.44 | Tithi 5 | Gulika | 6:27AM – 7:53AM | Dhanishtha Until 9:45PM | Ganesha: Red | <i>Sunrise: 6:27AM</i> | Sun 19 Sutra 250 |
| | | Yama | 1:33PM – 2:59PM | Harshana Until 7:15AM | Muruga: White | <i>Sunset: 5:49PM</i> | Hemalamba 5119 |
| | | 899312365 Rahu | 9:18AM – 10:43AM | Bava Until 11:31AM | Nataraja: White | | Moon 12 - Phase 34 |
| Creative Work | Siddha Yoga | | | Panchami Until 12:28AM Sun | Moon – Purple | | 3rd Phase |
| Until 9:45PM | | | | | Pausha-Markali | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | | | | Devaloka Time: 9:AM to12:PM |

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| 6 | | Sunday, December 24, 2017 | | Hemalamba Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau | | | Chennai, India |
| Kumbha Rasi: 10.5 | Tithi 6 | Gulika | 2:59PM – 4:24PM | Shatabhishak Until 11:39PM | Ganesha: Red | <i>Sunrise: 6:28AM</i> | Sun 20 Sutra 251 |
| | | Yama | 12:09PM – 1:34PM | Vajra* Until 7:34AM | Muruga: White | <i>Sunset: 5:50PM</i> | Hemalamba 5119 |
| | | 899312365 Rahu | 4:24PM – 5:50PM | Kaulava Until 1:20PM | Nataraja: White | | Moon 12 - Phase 34 |
| Creative Work | Siddha Yoga | | | Shashthi* Until 1:59AM Mon | Moon – Purple | | 3rd Phase |
| | | | | | Pausha-Markali | | Bhuloka Day |
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| Monday, December 25, 2017 | | Retreat Star | | Hemalamba Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau | | | Chennai, India |
| Kumbha Rasi: 23.12 | Tithi 7 | Gulika | 1:34PM – 3:00PM | Purvaproshtapada* Until 1:12AM Tue | Ganesha: Clear | <i>Sunrise: 6:28AM</i> | Sun 21 Sutra 252 |
| Family Home Evening | | Yama | 10:44AM – 12:09PM | Siddhi Until 7:28AM | Muruga: White | <i>Sunset: 5:50PM</i> | Hemalamba 5119 |
| | | 819312365 Rahu | 7:54AM – 9:19AM | Gara Until 2:31PM | Nataraja: White | | Moon 12 - Phase 34 |
| Routine Work | Marana Yoga | | | Saptami Until 2:48AM Tue | Moon – Clear | | 3rd Phase |
| Until 1:12AM Tue | | | | | Pausha-Markali | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | | | | Devaloka Time: 9:AM to12:PM |

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| Tuesday, December 26, 2017 | | Retreat Star | | Hemalamba Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Vaiyan Yoga Visti*/Bava Karana Ashtamyam Titau | | | Chennai, India |
| Meena Rasi: 5.53 | Tithi 8 | Gulika | 12:10PM – 1:35PM | Uttaraproshtapada Until 1:49AM Wed | Ganesha: Clear | <i>Sunrise: 6:29AM</i> | Sun 22 Sutra 253 |
| | | Yama | 9:19AM – 10:44AM | Vyatipata* Until 6:48AM | Muruga: White | <i>Sunset: 5:51PM</i> | Hemalamba 5119 |
| | | 819312366 Rahu | 3:00PM – 4:25PM | Visti Until 2:55PM | Nataraja: Green | | Moon 12 - Phase 34 |
| Creative Work | Amrita Yoga | | | Ashtami* Until 2:48AM Wed | Moon – Clear | | Ashtami |
| Until 1:49AM Wed | | | | | Pausha-Markali | | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | | | | Devaloka Time: 9:AM to12:PM |

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| Wednesday, December 27, 2017 | | Retreat Star | | Hemalamba Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau | | | Chennai, India |
| Meena Rasi: 18.58 | Tithi 9 | Gulika | 10:45AM – 12:10PM | Revati Until 1:28AM Thu | Ganesha: Clear | <i>Sunrise: 6:29AM</i> | Sun 23 Sutra 254 |
| | | Yama | 7:55AM – 9:20AM | Parigha* Until 3:31AM Thu | Muruga: White | <i>Sunset: 5:51PM</i> | Hemalamba 5119 |
| | | 819312366 Rahu | 12:10PM – 1:35PM | Balava Until 2:29PM | Nataraja: Green | | Moon 12 - Phase 34 |
| Routine Work | Marana Yoga | | | Navami* Until 1:56AM Thu | Moon – Clear | | Navami |
| Until 1:28AM Thu | | | | | Pausha-Markali | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | | | | Devaloka Time: 9:AM to12:PM |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


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| 1 | | Thursday, December 28, 2017 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau | | Chennai, India Sun 24 Sutra 255 Hemalamba 5119 | |
| Mesha Rasi: 2.3 | Tithi 10 | Gulika | 9:20AM – 10:45AM | Ashvini Until 12:36AM Fri | Ganesh: Blue | <i>Sunrise:</i> 6:30AM | |
| | | Yama | 6:30AM – 7:55AM | Shiva Until 12:55AM Fri | Muruga: White | <i>Sunset:</i> 5:52PM | Moon 12 - Phase 35 |
| | | 821312366 Rahu | 1:36PM – 3:01PM | Taitila Until 1:13PM | Nataraja: Green | | 4th Phase |
| Creative Work | Amrita Yoga | | | Dashami Until 12:16AM Fri | Moon – White | | Devaloka Day |
| Until 12:36AM Fri | | | | | Pausha-Markali | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Friday, December 29, 2017 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau | | Chennai, India Sun 25 Sutra 256 Hemalamba 5119 | |
| Mesha Rasi: 16.31 | Tithi 11 | Gulika | 7:55AM – 9:21AM | Bharani Until 10:53PM | Ganesh: Blue | <i>Sunrise:</i> 6:30AM | |
| | | Yama | 3:02PM – 4:27PM | Siddha Until 9:44PM | Muruga: White | <i>Sunset:</i> 5:52PM | Moon 12 - Phase 35 |
| | | 821312366 Rahu | 10:46AM – 12:11PM | Vanija Until 11:10AM | Nataraja: Green | | 4th Phase |
| Creative Work | Siddha Yoga | | | Ekadashi Until 9:52PM | Moon – White | | Devaloka Day |
| | | Vaikuntha Ekadasi | | | Pausha-Markali | | |

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| 3 | | Saturday, December 30, 2017 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau | | Chennai, India Sun 26 Sutra 257 Hemalamba 5119 | |
| Vrishabha Rasi: 0.59 | Tithi 12 | Gulika | 6:31AM – 7:56AM | Krittika Until 8:27PM | Ganesh: Blue | <i>Sunrise:</i> 6:31AM | |
| | | Yama | 1:37PM – 3:02PM | Sadhya Until 6:04PM | Muruga: White | <i>Sunset:</i> 5:53PM | Moon 12 - Phase 35 |
| | | 821312366 Rahu | 9:21AM – 10:46AM | Bava Until 8:28AM | Nataraja: Green | | 4th Phase |
| Creative Work | Amrita Yoga | | | Dvadashi Until 6:53PM | Moon – White | | Devaloka Day |
| | | | | | Pausha-Markali | | |

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| 4 | | Sunday, December 31, 2017 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Chennai, India Sun 27 Sutra 258 Hemalamba 5119 | |
| Vrishabha Rasi: 15.52 | Tithi 13 – 14 | Gulika | 3:03PM – 4:28PM | Rohini Until 5:52PM | Ganesh: Yellow | <i>Sunrise:</i> 6:31AM | |
| | | Yama | 12:12PM – 1:37PM | Subha Until 2:03PM | Muruga: White | <i>Sunset:</i> 5:53PM | Moon 12 - Phase 35 |
| | | 831312366 Rahu | 4:28PM – 5:53PM | Gara Until 1:39AM Mon | Nataraja: Green | | 4th Phase |
| Creative Work | Siddha Yoga | | | Trayodashi Until 3:28PM | Moon – Yellow | | Bhuloka Day |
| | | | | | Pausha-Markali | | Devaloka Time: 9:AM to12:PM |
| | | | | <i>Pradosha Vrata</i> | | | |

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|  | | Monday, January 1, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Chennai, India Sutra 259 Hemalamba 5119 | |
| Copper Retreat Star | | Gulika | 1:38PM – 3:03PM | Mrigashira Until 2:53PM | Ganesh: Yellow | <i>Sunrise:</i> 6:31AM | |
| Mithuna Rasi: 1 | Tithi 14 – 15 | Yama | 10:47AM – 12:13PM | Sukla Until 9:46AM | Muruga: White | <i>Sunset:</i> 5:54PM | Moon 12 - Phase 35 |
| Family Home Evening | | 831312366 Rahu | 7:57AM – 9:22AM | Visti Until 9:52PM | Nataraja: Green | | Purnima |
| Creative Work | Amrita Yoga | | | Chaturdashi* Until 11:45AM | Moon – Yellow | | Bhuloka Day |
| Until 2:53PM | | | | | Pausha-Markali | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Tuesday, January 2, 2018 | | Silver Retreat Star | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Chennai, India Sutra 260 Hemalamba 5119 | |
| Mithuna Rasi: 16.17 | Tithi 15 – 16 | Gulika | 12:13PM – 1:38PM | Ardra Until 11:41AM | Ganesh: Yellow | <i>Sunrise:</i> 6:32AM | |
| | | Yama | 9:22AM – 10:48AM | Indra Until 1:05AM Wed | Muruga: White | <i>Sunset:</i> 5:54PM | Moon 12 - Phase 35 |
| | | 831312366 Rahu | 3:04PM – 4:29PM | Balava Until 6:04PM | Nataraja: Green | | Prathama |
| Routine Work | Marana Yoga | | | Purnima* Until 7:57AM | Moon – Yellow | | Bhuloka Day |
| Until 11:41AM | | | | | Pausha-Markali | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | Ardra Darshanam | | | | | |



Wednesday, January 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India

Sutra 261

Hemalamba 5119

Moon 13 - Phase 36

1st Phase

Kataka Rasi: 1.31

Tithi 17

Gulika

10:48AM - 12:14PM

Punarvasu Until 8:51AM

Ganesh: White

Sunrise: 6:32AM

Yama

7:58AM - 9:23AM

Vaidhriti* Until 8:54PM

Muruga: White

Sunset: 5:55PM

841312366

Rahu

12:14PM - 1:39PM

Taitila Until 2:25PM

Nataraja: Green

Moon - Blue

Devaloka Day

Creative Work

Siddha Yoga

Pausha-Markali

Thursday, January 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Chennai, India

Sun 1 Sutra 262

Hemalamba 5119

Moon 13 - Phase 36

1st Phase

Kataka Rasi: 16.33

Tithi 18

Gulika

9:23AM - 10:49AM

Pushya Until 6:10AM

Ganesh: White

Sunrise: 6:33AM

Yama

6:33AM - 7:58AM

Vishkambha* Until 5:02PM

Muruga: White

Sunset: 5:56PM

841312366

Rahu

1:39PM - 3:05PM

Vanija Until 11:05AM

Nataraja: Green

Moon - Blue

Devaloka Day

Creative Work Amrita Yoga

Until 6:10AM

Then Creative Work - Siddha Yoga

Pausha-Markali

Friday, January 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Pritii/Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Sun 2 Sutra 263

Hemalamba 5119

Moon 13 - Phase 36

1st Phase

Simha Rasi: 1.15

Tithi 19

Gulika

7:58AM - 9:24AM

Magha* Until 2:14AM Sat

Ganesh: Clear

Sunrise: 6:33AM

Yama

3:05PM - 4:31PM

Priti Until 1:37PM

Muruga: White

Sunset: 5:56PM

851312366

Rahu

10:49AM - 12:14PM

Bava Until 8:14AM

Nataraja: Green

Moon - Red

Bhuloka Day

Routine Work Marana Yoga

Until 2:14AM Sat

Then Creative Work - Siddha Yoga

Subramuniyaswami Jayanti

Chaturthi* Until 7:01PM

Pausha-Markali

Devaloka Time: 9:AM to12:PM

Saturday, January 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Sun 3 Sutra 264

Hemalamba 5119

Moon 13 - Phase 36

1st Phase

Simha Rasi: 15.32

Tithi 20 - 21

Gulika

6:33AM - 7:59AM

Purvaphalguni Until 1:16AM Sun

Ganesh: Clear

Sunrise: 6:33AM

Yama

1:40PM - 3:06PM

Ayushman Until 10:41AM

Muruga: White

Sunset: 5:57PM

851312366

Rahu

9:24AM - 10:49AM

Gara Until 6:00AM

Nataraja: Green

Moon - Red

Bhuloka Day

Creative Work Siddha Yoga

Until 1:16AM Sun

Then Creative Work - Amrita Yoga

Pausha-Markali

Devaloka Time: 9:AM to12:PM

Sunday, January 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 4 Sutra 265

Hemalamba 5119

Moon 13 - Phase 36

1st Phase

Simha Rasi: 29.2

Tithi 21 - 22

Gulika

3:06PM - 4:32PM

Uttaraphalguni Until 12:56AM Mon

Ganesh: Purple

Sunrise: 6:34AM

Yama

12:15PM - 1:41PM

Saubhagya Until 8:22AM

Muruga: White

Sunset: 5:57PM

851412366

Rahu

4:32PM - 5:57PM

Visti Until 3:47AM Mon

Nataraja: Green

Moon - Red

Bhuloka Day

Creative Work Amrita Yoga

Until 12:56AM Mon

Then Creative Work - Siddha Yoga

Pausha-Markali

Monday, January 8, 2018

5

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chennai, India

Sun 5 Sutra 266

Hemalamba 5119

Moon 13 - Phase 36

1st Phase

Kanya Rasi: 12.41

Tithi 22 - 23

Gulika

1:41PM - 3:07PM

Hasta Until 1:41AM Tue

Ganesh: Purple

Sunrise: 6:34AM

Yama

10:50AM - 12:16PM

Sobhana Until 6:42AM

Muruga: White

Sunset: 5:58PM

862412366

Rahu

7:59AM - 9:25AM

Balava Until 3:53AM Tue

Nataraja: Green

Moon - Green

Devaloka Day

Family Home Evening

Creative Work Siddha Yoga

Saptami Until 3:43PM

Pausha-Markali

Tuesday, January 9, 2018

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 6 Sutra 267

Hemalamba 5119

Moon 13 - Phase 36

Ashtami

Kanya Rasi: 25.37

Tithi 23 - 24

Gulika

12:16PM - 1:42PM

Chitra Until 3:01AM Wed

Ganesh: Purple

Sunrise: 6:34AM

Yama

9:25AM - 10:51AM

Sukarma Until 5:08AM Wed

Muruga: White

Sunset: 5:58PM

862412366

Rahu

3:07PM - 4:33PM

Taitila Until 4:44AM Wed

Nataraja: Green

Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Ashtami* Until 4:12PM

Pausha-Markali

Wednesday, January 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Chennai, India

Sun 7 Sutra 268

Hemalamba 5119

Moon 13 - Phase 36

Navami

Tula Rasi: 8.12

Tithi 24 - 25

Gulika

10:51AM - 12:17PM

Svati Until 4:48AM Thu

Ganesh: Purple

Sunrise: 6:34AM

Yama

8:00AM - 9:26AM

Dhriti Until 5:09AM Thu

Muruga: White

Sunset: 5:59PM

862412366

Rahu

12:17PM - 1:42PM

Vanija Until 6:14AM Thu

Nataraja: Green

Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Navami* Until 5:24PM

Pausha-Markali

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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|-------------------------------------|--|--|----------------------------------|--|-----------------------------|
| 1 Thursday, January 11, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Chennai, India | | | |
| Tula Rasi: 20.31 Tithi 25 | | Vishakha Nakshatra Shula* Yoga Vanija/Visti* Karana Dashamyam Titau Sun 8 Sutra 269 | | | |
| 872412366 | | Gulika 9:26AM – 10:51AM | Vishakha Until 7:25AM Fri | Ganesha: Clear <i>Sunrise:</i> 6:35AM | Hemalamba 5119 |
| Creative Work Siddha Yoga | | Yama 6:35AM – 8:00AM | Shula* Until 5:31AM Fri | Muruga: White <i>Sunset:</i> 5:59PM | Moon 13 - Phase 37 |
| | | Rahu 1:43PM – 3:08PM | Vanija Until 6:14AM | Nataraja: Green | 2nd Phase |
| | | | Dashami Until 7:10PM | Moon – Orange | Bhuloka Day |
| | | | | Pausha-Markali | Devaloka Time: 9:AM to12:PM |

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|------------------------------------|--|---|-------------------------------|--|-----------------------------|
| 2 Friday, January 12, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chennai, India | | | |
| Vrischika Rasi: 2.37 Tithi 26 | | Vishakha/Anuradha Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Sutra 270 | | | |
| 872412366 | | Gulika 8:01AM – 9:26AM | Vishakha Until 7:25AM | Ganesha: Clear <i>Sunrise:</i> 6:35AM | Hemalamba 5119 |
| Creative Work Siddha Yoga | | Yama 3:09PM – 4:34PM | Ganda* Until 6:09AM Sat | Muruga: White <i>Sunset:</i> 6:00PM | Moon 13 - Phase 37 |
| | | Rahu 10:52AM – 12:17PM | Bava Until 8:14AM | Nataraja: Green | 2nd Phase |
| | | | Ekadashi* Until 9:21PM | Moon – Orange | Bhuloka Day |
| | | | | Pausha-Markali | Devaloka Time: 9:AM to12:PM |

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|-------------------------------------|--|---|--------------------------------|--|-----------------------------|
| 3 Saturday, January 13, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chennai, India | | | |
| Vrischika Rasi: 14.35 Tithi 27 | | Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 10 Sutra 271 | | | |
| 872412366 | | Gulika 6:35AM – 8:01AM | Anuradha Until 10:11AM | Ganesha: Clear <i>Sunrise:</i> 6:35AM | Hemalamba 5119 |
| Creative Work Siddha Yoga | | Yama 1:44PM – 3:09PM | Ganda* Until 6:09AM | Muruga: White <i>Sunset:</i> 6:01PM | Moon 13 - Phase 37 |
| | | Rahu 9:26AM – 10:52AM | Kaulava Until 10:35AM | Nataraja: Green | 2nd Phase |
| | | | Dvadashi* Until 11:50PM | Moon – Orange | Bhuloka Day |
| | | | | Pausha-Markali | Devaloka Time: 9:AM to12:PM |

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|-------------------------------------|--|---|-------------------------------------|--|-----------------------------|
| 4 Sunday, January 14, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Chennai, India | | | |
| Vrischika Rasi: 26.27 Tithi 28 | | Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 272 | | | |
| 872412366 | | Gulika 3:10PM – 4:35PM | Jyeshtha* Until 1:00PM | Ganesha: Clear <i>Sunrise:</i> 6:35AM | Hemalamba 5119 |
| Routine Work Marana Yoga | | Yama 12:18PM – 1:44PM | Vridhhi Until 7:00AM | Muruga: White <i>Sunset:</i> 6:01PM | Moon 13 - Phase 37 |
| Until 1:00PM | | Rahu 4:35PM – 6:01PM | Gara Until 1:09PM | Nataraja: Green | 2nd Phase |
| Then Creative Work - Amrita Yoga | | | Trayodashi* Until 2:28AM Mon | Moon – Orange | Bhuloka Day |
| | | Thai Pongal | <i>Pradosha Vrata (Fasting)</i> | Pausha-Thai | Devaloka Time: 9:AM to12:PM |

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|-----------------------------------|--|--|--------------------------------------|---|-----------------------------|
| 5 Monday, January 15, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Chennai, India | | | |
| Dhanus Rasi: 8.17 Tithi 29 | | Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 273 | | | |
| 882412366 | | Gulika 1:44PM – 3:10PM | Mula* Until 4:14PM | Ganesha: Orange <i>Sunrise:</i> 6:35AM | Hemalamba 5119 |
| Family Home Evening | | Yama 10:53AM – 12:19PM | Dhruva Until 7:54AM | Muruga: White <i>Sunset:</i> 6:02PM | Moon 13 - Phase 37 |
| Creative Work Siddha Yoga | | Rahu 8:01AM – 9:27AM | Visti Until 3:49PM | Nataraja: Green | 2nd Phase |
| Until 4:14PM | | | Chaturdashi* Until 5:08AM Tue | Moon – Light Blue | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | Pausha-Thai | Devaloka Time: 9:AM to12:PM |

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|--|--|---|-----------------------------------|---|-----------------------------|
| Tuesday, January 16, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Chennai, India | | | |
| Retreat Star | | Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Catuspada* Karana Amavasyayam Titau Sun 13 Sutra 274 | | | |
| Dhanus Rasi: 20.06 Tithi 30 | | Hemalamba 5119 | | | |
| 882412366 | | Gulika 12:19PM – 1:45PM | Purvashadha* Until 7:18PM | Ganesha: Orange <i>Sunrise:</i> 6:36AM | Moon 13 - Phase 37 |
| Creative Work Siddha Yoga | | Yama 9:27AM – 10:53AM | Vyaghata* Until 8:49AM | Muruga: White <i>Sunset:</i> 6:02PM | Amavasya |
| Until 7:18PM | | Rahu 3:11PM – 4:36PM | Catuspada Until 6:28PM | Nataraja: Green | |
| Then Routine Work - Prabalarishta Yoga | | | Amavasya* Until 7:44AM Wed | Moon – Light Blue | Bhuloka Day |
| | | | | Pausha-Thai | Devaloka Time: 9:AM to12:PM |

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|-------------------------------------|--|---|-----------------------------------|---|-----------------------------|
| Wednesday, January 17, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Chennai, India | | | |
| Retreat Star | | Uttarashadha Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 275 | | | |
| Makara Rasi: 1.56 Tithi 30 – 1 | | Hemalamba 5119 | | | |
| 882412366 | | Gulika 10:53AM – 12:19PM | Uttarashadha Until 10:05PM | Ganesha: Orange <i>Sunrise:</i> 6:36AM | Moon 13 - Phase 37 |
| Creative Work Amrita Yoga | | Yama 8:02AM – 9:28AM | Harshana Until 9:43AM | Muruga: White <i>Sunset:</i> 6:03PM | Prathama |
| Until 10:05PM | | Rahu 12:19PM – 1:45PM | Kintughna Until 9:01PM | Nataraja: Green | |
| Then Creative Work - Siddha Yoga | | | Amavasya* Until 7:44AM | Moon – Light Blue | Bhuloka Day |
| | | | | Magha-Thai | Devaloka Time: 9:AM to12:PM |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

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|----------------------------|----------------------------------|------------------------------------|---|--|---|--|---|
| 1 | | Thursday, January 18, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Chennai, India Sun 15 Sutra 276 | |
| Makara Rasi: 13.5 | Tithi 1 – 2 | Gulika Yama | 9:28AM – 10:54AM 6:36AM – 8:02AM | Shravana Until 1:00AM Fri Vajra* Until 10:27AM | Ganesh: Clear Muruga: White Nataraja: Green Moon – Purple | Sunrise: 6:36AM Sunset: 6:03PM | Hemalamba 5119 Moon 13 - Phase 38 3rd Phase |
| Creative Work | Siddha Yoga | 892412366 | Rahu 1:46PM – 3:11PM | Prathama* Until 10:11AM | Magha*Thai | Bhuloka Day Devaloka Time: 9:AM to 12:PM | |
| 2 | | Friday, January 19, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Chennai, India Sun 16 Sutra 277 | |
| Makara Rasi: 25.5 | Tithi 2 – 3 | Gulika Yama | 8:02AM – 9:28AM 3:12PM – 4:38PM | Dhanishtha Until 3:28AM Sat Siddhi Until 11:00AM | Ganesh: Clear Muruga: White Nataraja: Green Moon – Purple | Sunrise: 6:36AM Sunset: 6:04PM | Hemalamba 5119 Moon 13 - Phase 38 3rd Phase |
| Creative Work | Siddha Yoga | 892412366 | Rahu 10:54AM – 12:20PM | Taitila Until 1:22AM Sat Dvitiya Until 12:22PM | Magha*Thai | Bhuloka Day Devaloka Time: 9:AM to 12:PM | |
| Until 3:28AM Sat | Then Creative Work - Amrita Yoga | | | | | | |
| 3 | | Saturday, January 20, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Chennai, India Sun 17 Sutra 278 | |
| Kumbha Rasi: 7.56 | Tithi 3 – 4 | Gulika Yama | 6:36AM – 8:02AM 1:46PM – 3:12PM | Shatabhishak Until 5:22AM Sun Vyatipata* Until 11:19AM | Ganesh: Clear Muruga: White Nataraja: Green Moon – Purple | Sunrise: 6:36AM Sunset: 6:04PM | Hemalamba 5119 Moon 13 - Phase 38 3rd Phase |
| Creative Work | Amrita Yoga | 892412366 | Rahu 9:28AM – 10:54AM | Vanija Until 2:59AM Sun Tritiya Until 2:13PM | Magha*Thai | Bhuloka Day Devaloka Time: 9:AM to 12:PM | |
| Until 5:22AM Sun | Then Creative Work - Siddha Yoga | | | | | | |
| 4 | | Sunday, January 21, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau | | Chennai, India Sun 18 Sutra 279 | |
| Kumbha Rasi: 20.14 | Tithi 4 – 5 | Gulika Yama | 3:13PM – 4:39PM 12:21PM – 1:47PM | Purvaproshtapada* Until 7:08AM Mon Variyan Until 11:17AM | Ganesh: Green Muruga: White Nataraja: Green Moon – Clear | Sunrise: 6:36AM Sunset: 6:05PM | Hemalamba 5119 Moon 13 - Phase 38 3rd Phase |
| Creative Work | Siddha Yoga | 813412366 | Rahu 4:39PM – 6:05PM | Bava Until 4:08AM Mon Chaturthi* Until 3:36PM | Magha*Thai | Bhuloka Day | |
| | | | | | | | |
| 5 | | Monday, January 22, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Chennai, India Sun 19 Sutra 280 | |
| Meena Rasi: 2.44 | Tithi 5 – 6 | Gulika Yama | 1:47PM – 3:13PM 10:55AM – 12:21PM | Purvaproshtapada* Until 7:08AM Parigha* Until 10:52AM | Ganesh: Green Muruga: White Nataraja: Green Moon – Clear | Sunrise: 6:36AM Sunset: 6:05PM | Hemalamba 5119 Moon 13 - Phase 38 3rd Phase |
| Family Home Evening | | 813412366 | Rahu 8:02AM – 9:29AM | Kaulava Until 4:42AM Tue Panchami Until 4:28PM | Magha*Thai | Bhuloka Day | |
| Routine Work | Marana Yoga | | | | | | |
| Until 7:08AM | Then Creative Work - Siddha Yoga | | | | | | |
| 6 | | Tuesday, January 23, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Chennai, India Sun 20 Sutra 281 | |
| Meena Rasi: 15.29 | Tithi 6 – 7 | Gulika Yama | 12:21PM – 1:47PM 9:29AM – 10:55AM | Uttaraproshtapada Until 8:10AM Shiva Until 10:02AM | Ganesh: Green Muruga: Green Nataraja: Green Moon – Clear | Sunrise: 6:36AM Sunset: 6:06PM | Hemalamba 5119 Moon 13 - Phase 38 3rd Phase |
| Creative Work | Amrita Yoga | 813422366 | Rahu 3:13PM – 4:40PM | Gara Until 4:38AM Wed Shashthi* Until 4:44PM | Magha*Thai | Bhuloka Day | |
| Until 8:10AM | Then Creative Work - Siddha Yoga | | | | | | |
| Retreat Star | | Wednesday, January 24, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau | | Chennai, India Sun 21 Sutra 282 | |
| Meena Rasi: 28.33 | Tithi 7 – 8 | Gulika Yama | 10:55AM – 12:21PM 8:03AM – 9:29AM | Revati Until 8:27AM Siddha Until 8:40AM | Ganesh: Green Muruga: Green Nataraja: Green Moon – Clear | Sunrise: 6:36AM Sunset: 6:06PM | Hemalamba 5119 Moon 13 - Phase 38 3rd Phase |
| Routine Work | Marana Yoga | 813422366 | Rahu 12:21PM – 1:48PM | Visti Until 3:55AM Thu Saptami Until 4:21PM | Magha*Thai | Bhuloka Day | |
| | | | | | | | |
| Retreat Star | | Thursday, January 25, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Chennai, India Sun 22 Sutra 283 | |
| Mesha Rasi: 11.58 | Tithi 8 – 9 | Gulika Yama | 9:29AM – 10:55AM 6:36AM – 8:03AM | Ashvini Until 8:23AM Sadhya Until 6:47AM | Ganesh: Green Muruga: Green Nataraja: Green Moon – White | Sunrise: 6:36AM Sunset: 6:07PM | Hemalamba 5119 Moon 13 - Phase 38 Ashtami |
| Creative Work | Amrita Yoga | 923422366 | Rahu 1:48PM – 3:14PM | Balava Until 2:31AM Fri Ashtami* Until 3:17PM | Magha*Thai | Bhuloka Day | |
| Until 8:23AM | Then Creative Work - Siddha Yoga | | | | | | |
| Retreat Star | | Friday, January 26, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Chennai, India Sun 23 Sutra 284 | |
| Mesha Rasi: 25.46 | Tithi 9 – 10 | Gulika Yama | 8:03AM – 9:29AM 3:15PM – 4:41PM | Bharani Until 7:31AM Sukla Until 1:30AM Sat | Ganesh: Green Muruga: Green Nataraja: Green Moon – White | Sunrise: 6:36AM Sunset: 6:07PM | Hemalamba 5119 Moon 13 - Phase 38 Navami |
| Creative Work | Siddha Yoga | 923422366 | Rahu 10:55AM – 12:22PM | Taitila Until 12:30AM Sat Navami* Until 1:34PM | Magha*Thai | Bhuloka Day | |
| | | | | | | | |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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|----------------------------------|--|---|------------------------|--|-------------------------|------------------------|----------------|
| 1 | | Saturday, January 27, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam | | Chennai, India | |
| Rohini Nakshatra Brahma Yoga | | Gara/Vanija Karana Dashami/Ekodashyam Titau | | Sun 24 | | Sutra 285 | |
| 923422366 | | Gulika | 6:36AM – 8:03AM | Rohini Until 4:03AM Sun | Ganesh: Green | <i>Sunrise:</i> 6:36AM | Hemalamba 5119 |
| Vrishabha Rasi: 9.58 | | Tithi 10 – 11 | | Yama | | 1:48PM – 3:15PM | |
| Creative Work | | Amrita Yoga | | Brahma Until 10:10PM | | Moon 13 - Phase 39 | |
| Until 4:03AM Sun | | 943522366 | | Rahu | 9:29AM – 10:56AM | 4th Phase | |
| Then Creative Work - Siddha Yoga | | | | Vanija Until 9:56PM | | Bhuloka Day | |
| | | | | Dashami Until 11:16AM | | Moon – White | |
| | | | | | | Magha-Thai | |

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| 2 | | Sunday, January 28, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Chennai, India | |
| Mrigashira Nakshatra Indra Yoga | | Visti*/Bava Karana Ekadashi/Dvodashyam Titau | | Sun 25 | | Sutra 286 | |
| 933422366 | | Gulika | 3:15PM – 4:42PM | Mrigashira Until 1:40AM Mon | Ganesh: Red | <i>Sunrise:</i> 6:36AM | Hemalamba 5119 |
| Vrishabha Rasi: 24.31 | | Tithi 11 – 12 | | Yama | | 12:22PM – 1:49PM | |
| Creative Work | | Siddha Yoga | | Indra Until 6:30PM | | Moon 13 - Phase 39 | |
| Until 10:53PM | | 943522366 | | Rahu | 4:42PM – 6:08PM | 4th Phase | |
| Then Creative Work - Siddha Yoga | | | | Bava Until 6:56PM | | Bhuloka Day | |
| | | | | Ekadashi Until 8:28AM | | Moon – Yellow | |
| | | | | | | Magha-Thai | |
| | | | | | | Devaloka Time: 6:AM to 9:AM | |

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| 3 | | Monday, January 29, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam | | Chennai, India | |
| Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Sun 26 | | Sutra 287 | | Hemalamba 5119 | |
| 933422366 | | Gulika | 1:49PM – 3:16PM | Ardra Until 10:53PM | Ganesh: Red | <i>Sunrise:</i> 6:36AM | Hemalamba 5119 |
| Mithuna Rasi: 9.21 | | Tithi 13 | | Yama | | 10:56AM – 12:22PM | |
| Family Home Evening | | 943522366 | | Rahu | 8:03AM – 9:29AM | Moon 13 - Phase 39 | |
| Creative Work | | Siddha Yoga | | Vaidhriti* Until 2:33PM | | 4th Phase | |
| Until 10:53PM | | | | Kaulava Until 3:37PM | | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | Trayodashi Until 1:52AM Tue | | Moon – Yellow | |
| | | | | | | Magha-Thai | |
| | | | | | | Devaloka Time: 6:AM to 9:AM | |
| | | | | | | Pradosha Vrata | |

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|---|--|----------------------------------|-------------------------|--|------------------------|------------------------|----------------|
| 4 | | Tuesday, January 30, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam | | Chennai, India | |
| Punarvasu Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau | | Sun 27 | | Sutra 288 | | Hemalamba 5119 | |
| 943422366 | | Gulika | 12:23PM – 1:49PM | Punarvasu Until 8:15PM | Ganesh: Blue | <i>Sunrise:</i> 6:36AM | Hemalamba 5119 |
| Mithuna Rasi: 24.22 | | Tithi 14 | | Yama | | 9:29AM – 10:56AM | |
| Creative Work | | Siddha Yoga | | Vishkambha* Until 10:28AM | | Moon 13 - Phase 39 | |
| Until 10:53PM | | 943522366 | | Rahu | 3:16PM – 4:43PM | 4th Phase | |
| Then Creative Work - Siddha Yoga | | | | Gara Until 12:08PM | | Bhuloka Day | |
| | | | | Chaturdashi* Until 10:21PM | | Moon – Blue | |
| | | | | | | Magha-Thai | |

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| ○ | | Wednesday, January 31, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam | | Chennai, India | |
| Copper Retreat Star | | Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau | | Sun 28 | | Sutra 289 | |
| 943422366 | | Gulika | 10:56AM – 12:23PM | Pushya Until 5:33PM | Ganesh: Blue | <i>Sunrise:</i> 6:36AM | Hemalamba 5119 |
| Kataka Rasi: 9.26 | | Tithi 15 | | Yama | | 8:03AM – 9:29AM | |
| Creative Work | | Siddha Yoga | | Priti Until 6:23AM | | Moon 13 - Phase 39 | |
| Until 10:53PM | | 943522366 | | Rahu | 12:23PM – 1:49PM | Purnima | |
| Then Creative Work - Siddha Yoga | | | | Visti Until 8:38AM | | Bhuloka Day | |
| | | | | Purnima* Until 6:55PM | | Moon – Blue | |
| | | | | | | Magha-Thai | |
| | | | | | | Total Lunar Eclipse | |
| | | | | | | Thai Pusam | |

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| ○ | | Thursday, February 1, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam | | Chennai, India | |
| Silver Retreat Star | | Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | Sun 29 | | Sutra 290 | |
| 943522366 | | Gulika | 9:29AM – 10:56AM | Ashlesha* Until 2:55PM | Ganesh: Yellow | <i>Sunrise:</i> 6:36AM | Hemalamba 5119 |
| Kataka Rasi: 24.24 | | Tithi 16 – 17 | | Yama | | 6:36AM – 8:03AM | |
| Creative Work | | Siddha Yoga | | Saubhagya Until 10:37PM | | Moon 13 - Phase 39 | |
| Until 2:55PM | | 943522366 | | Rahu | 1:49PM – 3:16PM | Prathama | |
| Then Creative Work - Amrita Yoga | | | | Taitila Until 2:14AM Fri | | Bhuloka Day | |
| | | | | Prathama* Until 3:42PM | | Moon – Blue | |
| | | | | | | Magha-Thai | |
| | | | | | | Devaloka Time: 9:AM to 12:PM | |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

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Friday, February 2, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Chennai, India

Magha*/Purvaphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 291

Hemalamba 5119

Simha Rasi: 9.08 Tihi 17 - 18

Gulika 8:03AM - 9:29AM

Magha* Until 12:56PM

Ganesha: White Sunrise: 6:36AM

Yama 3:16PM - 4:43PM

Sobhana Until 7:13PM

Muruga: Green Sunset: 6:10PM

Moon 1 - Phase 40

953522367 Rahu 10:56AM - 12:23PM

Vanija Until 11:39PM

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Dvitiya Until 12:52PM

Moon - Red

Devaloka Day

Until 12:56PM

Magha*Thai

Then Creative Work - Siddha Yoga

Saturday, February 3, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Chennai, India

Purvaphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 2 Sutra 292

Hemalamba 5119

Simha Rasi: 23.31 Tihi 18 - 19

Gulika 6:36AM - 8:02AM

Purvaphalguni Until 11:20AM

Ganesha: White Sunrise: 6:36AM

Yama 1:50PM - 3:17PM

Athiganda* Until 4:16PM

Muruga: Green Sunset: 6:10PM

Moon 1 - Phase 40

953522367 Rahu 9:29AM - 10:56AM

Bava Until 9:40PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Maha Sankatahara Chaturthi

Tritiya Until 10:34AM

Moon - Red

Devaloka Day

Until 11:20AM

Magha*Thai

Then Routine Work - Marana Yoga

Sunday, February 4, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chennai, India

Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 293

Hemalamba 5119

Kanya Rasi: 7.28 Tihi 19 - 20

Gulika 3:17PM - 4:44PM

Uttaraphalguni Until 10:16AM

Ganesha: Yellow Sunrise: 6:35AM

Yama 12:23PM - 1:50PM

Sukarma Until 1:53PM

Muruga: Green Sunset: 6:11PM

Moon 1 - Phase 40

954522367 Rahu 4:44PM - 6:11PM

Kaulava Until 8:24PM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Chaturthi* Until 8:56AM

Moon - Red

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, February 5, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Chennai, India

Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 294

Hemalamba 5119

Kanya Rasi: 20.59 Tihi 20 - 21

Gulika 1:50PM - 3:17PM

Hasta Until 10:14AM

Ganesha: White Sunrise: 6:35AM

Family Home Evening

Yama 10:56AM - 12:23PM

Dhriti Until 12:07PM

Muruga: Green Sunset: 6:11PM

Moon 1 - Phase 40

964522367 Rahu 8:02AM - 9:29AM

Gara Until 7:56PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Panchami Until 8:03AM

Moon - Green

Bhuloka Day

Until 10:14AM

Magha*Thai

Then Routine Work - Prabalarishta Yoga

Tuesday, February 6, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Chennai, India

Chitra/Svati Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 295

Hemalamba 5119

Tula Rasi: 4.04 Tihi 21 - 22

Gulika 12:23PM - 1:50PM

Chitra Until 10:51AM

Ganesha: White Sunrise: 6:35AM

Yama 9:29AM - 10:56AM

Shula* Until 10:58AM

Muruga: Green Sunset: 6:12PM

Moon 1 - Phase 40

964522367 Rahu 3:18PM - 4:45PM

Visti Until 8:17PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 8:00AM

Moon - Green

Bhuloka Day

Magha*Thai

Wednesday, February 7, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Chennai, India

Svati/Vishakha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 296

Hemalamba 5119

Tula Rasi: 16.45 Tihi 22 - 23

Gulika 10:56AM - 12:23PM

Svati Until 12:04PM

Ganesha: White Sunrise: 6:35AM

Retreat Star

Yama 8:02AM - 9:29AM

Ganda* Until 10:26AM

Muruga: Green Sunset: 6:12PM

Moon 1 - Phase 40

964522367 Rahu 12:23PM - 1:51PM

Balava Until 9:24PM

Nataraja: White

Ashtami

Creative Work Siddha Yoga

Saptami Until 8:44AM

Moon - Green

Bhuloka Day

Magha*Thai

Thursday, February 8, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Chennai, India

Vishakha/Anuradha Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 297

Hemalamba 5119

Tula Rasi: 29.07 Tihi 23 - 24

Gulika 9:29AM - 10:56AM

Vishakha Until 2:17PM

Ganesha: Clear Sunrise: 6:35AM

Yama 6:35AM - 8:02AM

Vridhi Until 10:28AM

Muruga: Green Sunset: 6:12PM

Moon 1 - Phase 40

974522367 Rahu 1:51PM - 3:18PM

Taitila Until 11:11PM

Nataraja: White

Navami

Creative Work Siddha Yoga

Ashtami* Until 10:12AM

Moon - Orange

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Magha*Thai

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|---------------------------------|---------------|--------------------------|-------------------|------------------------------|------------------------|---|-----------------------------|---|--|
| 1 | | Friday, February 9, 2018 | | | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukhtayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Chennai, India Sun 8 Sutra 298 Hemalamba 5119 | |
| Wrishchika Rasi: 11.14 | Tithi 24 – 25 | Gulika | 8:02AM – 9:29AM | Anuradha Until 4:52PM | Ganesha: Clear | <i>Sunrise:</i> 6:34AM | Moon 1 - Phase 41 | | |
| | | Yama | 3:18PM – 4:45PM | Dhruva Until 10:54AM | Muruga: Green | <i>Sunset:</i> 6:13PM | 2nd Phase | | |
| | | 974522367 Rahu | 10:56AM – 12:24PM | Vanija Until 1:27AM Sat | Nataraja: White | | | | |
| Creative Work | Siddha Yoga | | | Navami* Until 12:15PM | Moon – Orange | | Bhuloka Day | | |
| Until 4:52PM | | | | | Magha*Thai | | Devaloka Time: 6:AM to 9:AM | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 2 | | Saturday, February 10, 2018 | | | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukhtayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau | | Chennai, India Sun 9 Sutra 299 Hemalamba 5119 | |
| Wrishchika Rasi: 23.1 | Tithi 25 – 26 | Gulika | 6:34AM – 8:02AM | Jyeshtha* Until 7:38PM | Ganesha: Clear | <i>Sunrise:</i> 6:34AM | Moon 1 - Phase 41 | | |
| | | Yama | 1:51PM – 3:18PM | Vyaghata* Until 11:40AM | Muruga: Green | <i>Sunset:</i> 6:13PM | 2nd Phase | | |
| | | 974522367 Rahu | 9:29AM – 10:56AM | Bava Until 4:02AM Sun | Nataraja: White | | | | |
| Creative Work | Siddha Yoga | | | Dashami Until 2:41PM | Moon – Orange | | Bhuloka Day | | |
| | | | | | Magha*Thai | | Devaloka Time: 6:AM to 9:AM | | |

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| 3 | | Sunday, February 11, 2018 | | | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yukhtayam Mula* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Chennai, India Sun 10 Sutra 300 Hemalamba 5119 | |
| Dhanus Rasi: 5.01 | Tithi 26 – 27 | Gulika | 3:19PM – 4:46PM | Mula* Until 10:54PM | Ganesha: Purple | <i>Sunrise:</i> 6:34AM | Moon 1 - Phase 41 | | |
| | | Yama | 12:24PM – 1:51PM | Harshana Until 12:37PM | Muruga: Green | <i>Sunset:</i> 6:13PM | 2nd Phase | | |
| | | 984522367 Rahu | 4:46PM – 6:13PM | Kaulava Until 6:43AM Mon | Nataraja: White | | | | |
| Creative Work | Amrita Yoga | | | Ekadashi* Until 5:21PM | Moon – Light Blue | | Bhuloka Day | | |
| Until 10:54PM | | | | | Magha*Thai | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Monday, February 12, 2018 | | | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Chennai, India Sun 11 Sutra 301 Hemalamba 5119 | |
| Dhanus Rasi: 16.49 | Tithi 27 | Gulika | 1:51PM – 3:19PM | Purvashadha* Until 1:59AM Tue | Ganesha: Purple | <i>Sunrise:</i> 6:34AM | Moon 1 - Phase 41 | | |
| Family Home Evening | | Yama | 10:56AM – 12:24PM | Vajra* Until 1:34PM | Muruga: Green | <i>Sunset:</i> 6:14PM | 2nd Phase | | |
| Routine Work | Marana Yoga | 984522367 Rahu | 8:01AM – 9:29AM | Kaulava Until 6:43AM | Nataraja: White | | | | |
| Until 1:59AM Tue | | | | Dvadashi* Until 8:01PM | Moon – Light Blue | | Bhuloka Day | | |
| Then Routine Work - Prabalarishta Yoga | | | | | Magha*Thai | | | | |

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| 5 | | Tuesday, February 13, 2018 | | | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yukhtayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau | | Chennai, India Sun 12 Sutra 302 Hemalamba 5119 | |
| Dhanus Rasi: 28.38 | Tithi 28 | Gulika | 12:24PM – 1:51PM | Uttarashadha Until 4:43AM Wed | Ganesha: Purple | <i>Sunrise:</i> 6:33AM | Moon 1 - Phase 41 | | |
| | | Yama | 9:28AM – 10:56AM | Siddhi Until 2:27PM | Muruga: Green | <i>Sunset:</i> 6:14PM | 2nd Phase | | |
| | | 984522367 Rahu | 3:19PM – 4:46PM | Gara Until 9:20AM | Nataraja: White | | | | |
| Routine Work | Prabalarishta Yoga | | | Trayodashi* Until 10:32PM | Moon – Light Blue | | Bhuloka Day | | |
| Until 4:43AM Wed | | | | <i>Pradosha Vrata (Fasting)</i> | Magha*Masi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 6 | | Wednesday, February 14, 2018 | | | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Shravana Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Chennai, India Sun 13 Sutra 303 Hemalamba 5119 | |
| Makara Rasi: 10.32 | Tithi 29 | Gulika | 10:56AM – 12:24PM | Shravana Until 7:29AM Thu | Ganesha: Light Blue | <i>Sunrise:</i> 6:33AM | Moon 1 - Phase 41 | | |
| | | Yama | 8:01AM – 9:28AM | Vyatipata* Until 3:10PM | Muruga: Green | <i>Sunset:</i> 6:14PM | 2nd Phase | | |
| | | 994522367 Rahu | 12:24PM – 1:51PM | Visti Until 11:43AM | Nataraja: White | | | | |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 12:46AM Thu | Moon – Purple | | Bhuloka Day | | |
| | | | | | Magha*Masi | | | | |

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| Retreat Star | | Thursday, February 15, 2018 | | | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukhtayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Chennai, India Sun 14 Sutra 304 Hemalamba 5119 | |
| Makara Rasi: 22.34 | Tithi 30 | Gulika | 9:28AM – 10:56AM | Shravana Until 7:29AM | Ganesha: Light Blue | <i>Sunrise:</i> 6:33AM | Moon 1 - Phase 41 | | |
| | | Yama | 6:33AM – 8:00AM | Variyan Until 3:35PM | Muruga: Green | <i>Sunset:</i> 6:15PM | Amavasya | | |
| | | 994522367 Rahu | 1:51PM – 3:19PM | Catuspada Until 1:45PM | Nataraja: White | | | | |
| Creative Work | Siddha Yoga | | | Amavasya* Until 2:36AM Fri | Moon – Purple | | Bhuloka Day | | |
| | | | | | Magha*Masi | | | | |
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| Retreat Star | | Friday, February 16, 2018 | | | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yukhtayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau | | Chennai, India Sun 15 Sutra 305 Hemalamba 5119 | |
| Kumbha Rasi: 4.46 | Tithi 1 | Gulika | 8:00AM – 9:28AM | Dhanishtha Until 9:41AM | Ganesha: Light Blue | <i>Sunrise:</i> 6:32AM | Moon 1 - Phase 41 | | |
| | | Yama | 3:19PM – 4:47PM | Parigha* Until 3:41PM | Muruga: Green | <i>Sunset:</i> 6:15PM | Prathama | | |
| | | 994522367 Rahu | 10:56AM – 12:24PM | Kintughna Until 3:22PM | Nataraja: White | | | | |
| Creative Work | Siddha Yoga | | | Prathama* Until 3:58AM Sat | Moon – Purple | | Bhuloka Day | | |
| | | | | | Phalguna*Masi | | | | |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

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| 1 | Saturday, February 17, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Chennai, India Sun 16 Sutra 306 Hemalamba 5119 |
| | Kumbha Rasi: 17.09 | Tithi 2 | Gulika 6:32AM – 8:00AM Yama 1:51PM – 3:19PM 995522367 Rahu 9:28AM – 10:56AM | Shatabhishak Until 11:17AM Shiva Until 3:27PM Balava Until 4:30PM Dvitiya Until 4:52AM Sun | Ganesha: Purple Muruga: Green Nataraja: White Moon – Purple Phalguna-Masi | <i>Sunrise:</i> 6:32AM <i>Sunset:</i> 6:15PM | Moon 1 - Phase 42 3rd Phase |
| | Creative Work Amrita Yoga Until 11:17AM Then Routine Work - Marana Yoga | | Bhuloka Day | | | | |

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| 2 | Sunday, February 18, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Triliyayam Titau | | | | Chennai, India Sun 17 Sutra 307 Hemalamba 5119 |
| | Kumbha Rasi: 29.44 | Tithi 3 | Gulika 3:19PM – 4:48PM Yama 12:23PM – 1:51PM 915522367 Rahu 4:48PM – 6:16PM | Purvaprosarthapada* Until 12:45PM Siddha Until 2:50PM Tailila Until 5:09PM Tritiya Until 5:18AM Mon | Ganesha: Clear Muruga: Green Nataraja: White Moon – Clear Phalguna-Masi | <i>Sunrise:</i> 6:31AM <i>Sunset:</i> 6:16PM | Moon 1 - Phase 42 3rd Phase |
| | Creative Work Siddha Yoga Until 12:45PM Then Creative Work - Amrita Yoga | | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | | | |

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|----------|----------------------------------|---------|---|--|---|---|--|
| 3 | Monday, February 19, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Chennai, India Sun 18 Sutra 308 Hemalamba 5119 |
| | Meena Rasi: 12.32 | Tithi 4 | Gulika 1:52PM – 3:20PM Yama 10:55AM – 12:23PM 915522367 Rahu 7:59AM – 9:27AM | Uttaraprosarthapada Until 1:37PM Sadhya Until 1:52PM Vanija Until 5:21PM Chaturthi* Until 5:16AM Tue | Ganesha: Clear Muruga: Green Nataraja: White Moon – Clear Phalguna-Masi | <i>Sunrise:</i> 6:31AM <i>Sunset:</i> 6:16PM | Moon 1 - Phase 42 3rd Phase |
| | Creative Work Siddha Yoga | | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | | | |

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| 4 | Tuesday, February 20, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau | | | | Chennai, India Sun 19 Sutra 309 Hemalamba 5119 |
| | Meena Rasi: 25.35 | Tithi 5 | Gulika 12:23PM – 1:52PM Yama 9:27AM – 10:55AM 915522367 Rahu 3:20PM – 4:48PM | Revati Until 1:53PM Subha Until 12:33PM Bava Until 5:06PM Panchami Until 4:47AM Wed | Ganesha: Clear Muruga: Green Nataraja: White Moon – Clear Phalguna-Masi | <i>Sunrise:</i> 6:31AM <i>Sunset:</i> 6:16PM | Moon 1 - Phase 42 3rd Phase |
| | Creative Work Siddha Yoga | | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | | | |

Subramuniyaswami Siva Vision Day

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| 5 | Wednesday, February 21, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau | | | | Chennai, India Sun 20 Sutra 310 Hemalamba 5119 |
| | Mesha Rasi: 8.5 | Tithi 6 | Gulika 10:55AM – 12:23PM Yama 7:58AM – 9:27AM 925522367 Rahu 12:23PM – 1:51PM | Ashvini Until 2:01PM Sukla Until 10:53AM Kaulava Until 4:24PM Shashthi* Until 3:52AM Thu | Ganesha: White Muruga: Green Nataraja: White Moon – White Phalguna-Masi | <i>Sunrise:</i> 6:30AM <i>Sunset:</i> 6:16PM | Moon 1 - Phase 42 3rd Phase |
| | Routine Work Marana Yoga Until 2:01PM Then Creative Work - Siddha Yoga | | Bhuloka Day | | | | |

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|----------|--|---------|--|---|---|---|--|
| 6 | Thursday, February 22, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saptamyam Titau | | | | Chennai, India Sun 21 Sutra 311 Hemalamba 5119 |
| | Mesha Rasi: 22.2 | Tithi 7 | Gulika 9:26AM – 10:55AM Yama 6:30AM – 7:58AM 925522367 Rahu 1:51PM – 3:20PM | Bharani Until 1:35PM Brahma Until 8:53AM Gara Until 3:17PM Saptami Until 2:32AM Fri | Ganesha: White Muruga: Green Nataraja: White Moon – White Phalguna-Masi | <i>Sunrise:</i> 6:30AM <i>Sunset:</i> 6:17PM | Moon 1 - Phase 42 3rd Phase |
| | Creative Work Siddha Yoga Until 1:35PM Then Routine Work - Marana Yoga | | Bhuloka Day | | | | |

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|----------|--|--|--|---|---|---|--|
| 7 | Friday, February 23, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Chennai, India Sun 22 Sutra 312 Hemalamba 5119 |
| | Retreat Star | | Gulika 7:58AM – 9:26AM Yama 3:20PM – 4:48PM 925522367 Rahu 10:55AM – 12:23PM | Krittika Until 12:37PM Indra Until 6:34AM Visti Until 1:44PM Ashtami* Until 12:48AM Sat | Ganesha: White Muruga: Green Nataraja: White Moon – White Phalguna-Masi | <i>Sunrise:</i> 6:29AM <i>Sunset:</i> 6:17PM | Moon 1 - Phase 42 Ashtami |
| | Vrishabha Rasi: 6.05 Tithi 8 Creative Work Siddha Yoga Until 12:37PM Then Routine Work - Marana Yoga | | Bhuloka Day | | | | |

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|----------|--|--|--|--|---|---|--|
| 8 | Saturday, February 24, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau | | | | Chennai, India Sun 23 Sutra 313 Hemalamba 5119 |
| | Retreat Star | | Gulika 6:29AM – 7:57AM Yama 1:51PM – 3:20PM 935522367 Rahu 9:26AM – 10:54AM | Rohini Until 11:31AM Vishkamba* Until 12:57AM Sun Balava Until 11:48AM Navami* Until 10:41PM | Ganesha: Yellow Muruga: Green Nataraja: White Moon – Yellow Phalguna-Masi | <i>Sunrise:</i> 6:29AM <i>Sunset:</i> 6:17PM | Moon 1 - Phase 42 Navami |
| | Vrishabha Rasi: 20.04 Tithi 9 Creative Work Amrita Yoga Until 11:31AM Then Creative Work - Siddha Yoga | | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | | | |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | Sunday, February 25, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti Yoga Tailila/Gara Karana Dashamyam Titau | | | | Chennai, India Sun 24 Sutra 314 Hemalamba 5119 |
| | Mithuna Rasi: 4.17 | Tithi 10 | Gulika 3:20PM – 4:49PM | Mrigashira Until 9:57AM | Ganesha: Yellow <i>Sunrise:</i> 6:28AM | |
| | | | Yama 12:23PM – 1:51PM | Priti Until 9:46PM | Muruga: Green <i>Sunset:</i> 6:17PM | Moon 1 - Phase 43 |
| | Creative Work | Siddha Yoga | 935522367 Rahu 4:49PM – 6:17PM | Tailila Until 9:31AM | Nataraja: White | 4th Phase |
| | | | Dashami Until 8:14PM | Moon – Yellow | Bhuloka Day Devaloka Time: 6:AM to 9:AM | |
| | | | | Phalguna-Masi | | |

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| 2 | Monday, February 26, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau | | | | Chennai, India Sun 25 Sutra 315 Hemalamba 5119 |
| | Mithuna Rasi: 18.44 | Tithi 11 – 12 | Gulika 1:51PM – 3:20PM | Ardra Until 7:56AM | Ganesha: Yellow <i>Sunrise:</i> 6:28AM | |
| | Family Home Evening | | Yama 10:54AM – 12:23PM | Ayushman Until 6:20PM | Muruga: Green <i>Sunset:</i> 6:17PM | Moon 1 - Phase 43 |
| | Creative Work | Siddha Yoga | 936622367 Rahu 7:57AM – 9:25AM | Vanija Until 6:55AM | Nataraja: White | 4th Phase |
| | | | Ekadashi Until 5:32PM | Moon – Yellow | Bhuloka Day Devaloka Time: 6:AM to 9:AM | |
| | | | | Phalguna-Masi | | |

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| 3 | Tuesday, February 27, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Chennai, India Sun 26 Sutra 316 Hemalamba 5119 |
| | Kataka Rasi: 3.19 | Tithi 12 – 13 | Gulika 12:22PM – 1:51PM | Punarvasu Until 6:00AM | Ganesha: Blue <i>Sunrise:</i> 6:27AM | |
| | | | Yama 9:25AM – 10:54AM | Saubhagya Until 2:48PM | Muruga: Green <i>Sunset:</i> 6:18PM | Moon 1 - Phase 43 |
| | Creative Work | Siddha Yoga | 946622367 Rahu 3:20PM – 4:49PM | Kaulava Until 1:13AM Wed | Nataraja: White | 4th Phase |
| | | | Dvadashi Until 2:40PM | Moon – Blue | Bhuloka Day | |
| | | | <i>Pradosha Vrata</i> | Phalguna-Masi | | |

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| 4 | Wednesday, February 28, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Chennai, India Sun 27 Sutra 317 Hemalamba 5119 |
| | Kataka Rasi: 17.59 | Tithi 13 – 14 | Gulika 10:53AM – 12:22PM | Ashlesha* Until 1:33AM Thu | Ganesha: Blue <i>Sunrise:</i> 6:27AM | |
| | | | Yama 7:56AM – 9:25AM | Sobhana Until 11:14AM | Muruga: Green <i>Sunset:</i> 6:18PM | Moon 1 - Phase 43 |
| | Creative Work | Siddha Yoga | 946622367 Rahu 12:22PM – 1:51PM | Gara Until 10:20PM | Nataraja: White | 4th Phase |
| | | | Trayodashi Until 11:45AM | Moon – Blue | Bhuloka Day | |
| | | | Chidambaram Abhishekam | Phalguna-Masi | | |

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|---|--------------------------------|---|---------------------------------------|-----------------------------|---|---|
| O | Thursday, March 1, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Chennai, India Sutra 318 Hemalamba 5119 |
| | Copper Retreat Star | | Gulika 9:24AM – 10:53AM | Magha* Until 11:42PM | Ganesha: Red <i>Sunrise:</i> 6:26AM | |
| | Simha Rasi: 2.37 | Tithi 14 – 15 | Yama 6:26AM – 7:55AM | Athiganda* Until 7:42AM | Muruga: Green <i>Sunset:</i> 6:18PM | Moon 1 - Phase 43 |
| | Creative Work | Amrita Yoga | 956622367 Rahu 1:51PM – 3:20PM | Visti Until 7:35PM | Nataraja: White | Purnima |
| | | | Chaturdashi* Until 8:54AM | Moon – Red | Bhuloka Day Devaloka Time: 6:AM to 9:AM | |
| | | | Holi | Phalguna-Masi | | |

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| O | Friday, March 2, 2018 | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau | | | | Chennai, India Sutra 319 Hemalamba 5119 |
| | Silver Retreat Star | | Gulika 7:54AM – 9:23AM | Purvaphalguni Until 10:02PM | Ganesha: Red <i>Sunrise:</i> 6:25AM | |
| | Simha Rasi: 17.06 | Tithi 15 – 16 | Yama 3:20PM – 4:49PM | Dhriti Until 1:19AM Sat | Muruga: Green <i>Sunset:</i> 6:18PM | Moon 1 - Phase 43 |
| | Creative Work | Siddha Yoga | 956622367 Rahu 10:53AM – 12:22PM | Kaulava Until 4:01AM Sat | Nataraja: White | Prathama |
| | | | Purnima* Until 6:17AM | Moon – Red | Bhuloka Day Devaloka Time: 6:AM to 9:AM | |
| | | | | Phalguna-Masi | | |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Saturday, March 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India

Sutra 320

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Kanya Rasi: 1.2

Tithi 17

Gulika

6:25AM - 7:54AM

Uttaraphalguni Until 8:41PM

Ganesh: Red

Sunrise: 6:25AM

Yama

1:51PM - 3:20PM

Shula* Until 10:37PM

Muruga: Green

Sunset: 6:18PM

966622367

Rahu

9:23AM - 10:52AM

Taitila Until 3:05PM

Nataraja: White

Moon - Red

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work

Marana Yoga

Sunday, March 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Chennai, India

Sun 1 Sutra 321

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Kanya Rasi: 15.16

Tithi 18

Gulika

3:20PM - 4:49PM

Hasta Until 8:12PM

Ganesh: Green

Sunrise: 6:24AM

Yama

12:21PM - 1:51PM

Ganda* Until 8:25PM

Muruga: Green

Sunset: 6:19PM

966622367

Rahu

4:49PM - 6:19PM

Vanija Until 1:36PM

Nataraja: White

Moon - Green

Bhuloka Day

Phalgunam-Masi

Creative Work

Amrita Yoga

Until 8:12PM

Then Creative Work - Siddha Yoga

Monday, March 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Sun 2 Sutra 322

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Kanya Rasi: 28.48

Tithi 19

Gulika

1:50PM - 3:20PM

Chitra Until 8:15PM

Ganesh: Blue

Sunrise: 6:24AM

Yama

10:52AM - 12:21PM

Vriddhi Until 6:47PM

Muruga: Green

Sunset: 6:19PM

166622367

Rahu

7:53AM - 9:22AM

Bava Until 12:47PM

Nataraja: White

Moon - Green

Bhuloka Day

Phalgunam-Masi

Routine Work

Prabalarishta Yoga

Until 8:15PM

Then Creative Work - Amrita Yoga

Tuesday, March 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Sun 3 Sutra 323

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Tula Rasi: 11.57

Tithi 20

Gulika

12:21PM - 1:50PM

Svati Until 8:52PM

Ganesh: Blue

Sunrise: 6:23AM

Yama

9:22AM - 10:51AM

Dhruva Until 5:42PM

Muruga: Green

Sunset: 6:19PM

167622367

Rahu

3:20PM - 4:49PM

Kaulava Until 12:43PM

Nataraja: White

Moon - Green

Bhuloka Day

Phalgunam-Masi

Creative Work

Siddha Yoga

Until 8:52PM

Then Routine Work - Marana Yoga

Wednesday, March 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India

Sun 4 Sutra 324

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Tula Rasi: 24.43

Tithi 21

Gulika

10:51AM - 12:21PM

Vishakha Until 10:32PM

Ganesh: Red

Sunrise: 6:22AM

Yama

7:52AM - 9:21AM

Vyaghata* Until 5:13PM

Muruga: Green

Sunset: 6:19PM

177622367

Rahu

12:21PM - 1:50PM

Gara Until 1:25PM

Nataraja: White

Moon - Orange

Bhuloka Day

Phalgunam-Masi

Devaloka Time: 6:AM to 9:AM

Creative Work

Siddha Yoga

Thursday, March 8, 2018

5

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Chennai, India

Sun 5 Sutra 325

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Vrischika Rasi: 7.09

Tithi 22

Gulika

9:21AM - 10:51AM

Anuradha Until 12:42AM Fri

Ganesh: Red

Sunrise: 6:22AM

Yama

6:22AM - 7:51AM

Harshana Until 5:18PM

Muruga: Green

Sunset: 6:19PM

177622367

Rahu

1:50PM - 3:20PM

Visti Until 2:49PM

Nataraja: White

Moon - Orange

Bhuloka Day

Phalgunam-Masi

Devaloka Time: 6:AM to 9:AM

Creative Work

Siddha Yoga

Until 12:42AM Fri

Then Routine Work - Marana Yoga

Friday, March 9, 2018

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 6 Sutra 326

Hemalamba 5119

Moon 2 - Phase 44

Ashtami

Vrischika Rasi: 19.19

Tithi 23

Gulika

7:51AM - 9:21AM

Jyeshtha* Until 3:13AM Sat

Ganesh: Red

Sunrise: 6:21AM

Yama

3:20PM - 4:49PM

Vajra* Until 5:47PM

Muruga: Green

Sunset: 6:19PM

177622367

Rahu

10:50AM - 12:20PM

Balava Until 4:49PM

Nataraja: White

Moon - Orange

Bhuloka Day

Phalgunam-Masi

Devaloka Time: 6:AM to 9:AM

Routine Work

Marana Yoga

Until 3:13AM Sat

Then Creative Work - Siddha Yoga

Saturday, March 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Siddhi Yoga Taitila Karana Navamyam Titau

Chennai, India

Sun 7 Sutra 327

Hemalamba 5119

Moon 2 - Phase 44

Navami

Dhanus Rasi: 1.17

Tithi 24

Gulika

6:21AM - 7:50AM

Mula* Until 6:23AM Sun

Ganesh: Green

Sunrise: 6:21AM

Yama

1:50PM - 3:20PM

Siddhi Until 6:36PM

Muruga: Green

Sunset: 6:19PM

187622367

Rahu

9:20AM - 10:50AM

Taitila Until 7:15PM

Nataraja: White

Moon - Light Blue

Bhuloka Day

Phalgunam-Masi

Creative Work

Siddha Yoga

Navami* Until 8:32AM Sun

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|----------------------------------|---------------|---|-----------------------------|--|--|---|
| 1 Sunday, March 11, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Navami/Ekadashyam Titau | | | | Chennai, India Sun 8 Sutra 328 Hemalamba 5119 |
| Dhanus Rasi: 13.08 | Tithi 24 – 25 | Gulika 3:20PM – 4:49PM | Mula* Until 6:23AM | Ganesha: Green <i>Sunrise: 6:20AM</i> | | |
| | | Yama 12:20PM – 1:50PM | Vyatipata* Until 7:35PM | Muruga: Green <i>Sunset: 6:19PM</i> | | Moon 2 - Phase 45 |
| | 187622367 | Rahu 4:49PM – 6:19PM | Vanija Until 9:53PM | Nataraja: White | | 2nd Phase |
| Creative Work | Amrita Yoga | | Navami* Until 8:32AM | Moon – Light Blue | | Bhuloka Day |
| Until 6:23AM | | | | Phalguna-Masi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 2 Monday, March 12, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Chennai, India Sun 9 Sutra 329 Hemalamba 5119 |
| Dhanus Rasi: 24.56 | Tithi 25 – 26 | Gulika 1:49PM – 3:19PM | Purvashadha* Until 9:29AM | Ganesha: Red <i>Sunrise: 6:19AM</i> | | |
| Family Home Evening | | Yama 10:49AM – 12:19PM | Variyan Until 8:32PM | Muruga: Green <i>Sunset: 6:19PM</i> | | Moon 2 - Phase 45 |
| | 188622367 | Rahu 7:49AM – 9:19AM | Bava Until 12:28AM Tue | Nataraja: White | | 2nd Phase |
| Routine Work | Marana Yoga | | Dashami Until 11:10AM | Moon – Light Blue | | Bhuloka Day |
| | | | | Phalguna-Masi | | Devaloka Time: 9:AM to 12:PM |

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| 3 Tuesday, March 13, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Chennai, India Sun 10 Sutra 330 Hemalamba 5119 |
| Makara Rasi: 6.47 | Tithi 26 – 27 | Gulika 12:19PM – 1:49PM | Uttarashadha Until 12:17PM | Ganesha: Red <i>Sunrise: 6:19AM</i> | | |
| | | Yama 9:19AM – 10:49AM | Parigha* Until 9:19PM | Muruga: Green <i>Sunset: 6:20PM</i> | | Moon 2 - Phase 45 |
| | 188622367 | Rahu 3:19PM – 4:49PM | Kaulava Until 2:47AM Wed | Nataraja: White | | 2nd Phase |
| Routine Work | Prabalarishta Yoga | | Ekadashi* Until 1:39PM | Moon – Light Blue | | Bhuloka Day |
| Until 12:17PM | | | | Phalguna-Masi | | Devaloka Time: 9:AM to 12:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 Wednesday, March 14, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Chennai, India Sun 11 Sutra 331 Hemalamba 5119 |
| Makara Rasi: 18.46 | Tithi 27 – 28 | Gulika 10:49AM – 12:19PM | Shravana Until 3:04PM | Ganesha: Green <i>Sunrise: 6:18AM</i> | | |
| | | Yama 7:48AM – 9:18AM | Shiva Until 9:48PM | Muruga: Green <i>Sunset: 6:20PM</i> | | Moon 2 - Phase 45 |
| | 198622367 | Rahu 12:19PM – 1:49PM | Gara Until 4:39AM Thu | Nataraja: White | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dvadashi* Until 3:46PM | Moon – Purple | | Devaloka Day |
| Until 3:04PM | | Karadaiyan Nombu (Tamil Nadu) | <i>Pradosha Vrata (Fasting)</i> | Phalguna-Panguni | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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| 5 Thursday, March 15, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Chennai, India Sun 12 Sutra 332 Hemalamba 5119 |
| Kumbha Rasi: 0.55 | Tithi 28 – 29 | Gulika 9:18AM – 10:48AM | Dhanishtha Until 5:12PM | Ganesha: Green <i>Sunrise: 6:17AM</i> | | |
| | | Yama 6:17AM – 7:48AM | Siddha Until 9:51PM | Muruga: Green <i>Sunset: 6:20PM</i> | | Moon 2 - Phase 45 |
| | 198622368 | Rahu 1:49PM – 3:19PM | Visti Until 5:57AM Fri | Nataraja: Clear | | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 5:21PM | Moon – Purple | | Sivaloka Day |
| | | | | Phalguna-Panguni | | |

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| 6 Friday, March 16, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sadhya Yoga Sakuni* Karana Chaturdashyam Titau | | | | Chennai, India Sun 13 Sutra 333 Hemalamba 5119 |
| Kumbha Rasi: 13.17 | Tithi 29 | Gulika 7:47AM – 9:18AM | Shatabhishak Until 6:36PM | Ganesha: Green <i>Sunrise: 6:17AM</i> | | |
| | | Yama 3:19PM – 4:49PM | Sadhya Until 9:27PM | Muruga: Green <i>Sunset: 6:20PM</i> | | Moon 2 - Phase 45 |
| | 198622368 | Rahu 10:48AM – 12:18PM | Sakuni Until 6:21PM | Nataraja: Clear | | 2nd Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 6:21PM | Moon – Purple | | Sivaloka Day |
| | | | | Phalguna-Panguni | | |

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|----------------------------------|-------------|--|--------------------------------------|---|--|--|
| Retreat Star | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtpada* Nakshatra Subha Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Chennai, India Sun 14 Sutra 334 Hemalamba 5119 |
| Kumbha Rasi: 25.57 | Tithi 30 | Gulika 6:16AM – 7:47AM | Purvaproshtpada* Until 7:43PM | Ganesha: Orange <i>Sunrise: 6:16AM</i> | | |
| | | Yama 1:48PM – 3:19PM | Subha Until 8:36PM | Muruga: Green <i>Sunset: 6:20PM</i> | | Moon 2 - Phase 45 |
| | 118622368 | Rahu 9:17AM – 10:48AM | Catuspada Until 6:38AM | Nataraja: Clear | | Amavasya |
| Routine Work | Marana Yoga | | Amavasya* Until 6:44PM | Moon – Clear | | Devaloka Day |
| Until 7:43PM | | | | Phalguna-Panguni | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|---------------------|-------------|---|--------------------------------------|---|--|--|
| Retreat Star | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Chennai, India Sun 15 Sutra 335 Hemalamba 5119 |
| Meena Rasi: 8.54 | Tithi 1 | Gulika 3:19PM – 4:49PM | Uttaraproshtpada Until 8:09PM | Ganesha: Orange <i>Sunrise: 6:15AM</i> | | |
| | | Yama 12:18PM – 1:48PM | Sukla Until 7:17PM | Muruga: Green <i>Sunset: 6:20PM</i> | | Moon 2 - Phase 45 |
| | 118622368 | Rahu 4:49PM – 6:20PM | Kintughna Until 6:43AM | Nataraja: Clear | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 6:33PM | Moon – Clear | | Devaloka Day |
| | | Yugadhi | | Chaitra-Panguni | | |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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|----------------------------|-------------|-------------------------------|-------------------|---|------------------------|--|-----------------------------|
| 1 | | Monday, March 19, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau | | Chennai, India Sun 16 Sutra 336 Hemalamba 5119 | |
| Meena Rasi: 22.07 | Tithi 2 - 3 | Gulika | 1:48PM - 3:19PM | Revati Until 7:58PM | Ganesha: Green | <i>Sunrise:</i> 6:15AM | |
| Family Home Evening | 119622368 | Yama | 10:47AM - 12:17PM | Brahma Until 5:36PM | Muruga: Green | <i>Sunset:</i> 6:20PM | Moon 2 - Phase 46 |
| Creative Work | Siddha Yoga | Rahu | 7:45AM - 9:16AM | Balava Until 6:17AM | Nataraja: Clear | | 3rd Phase |
| | | | | Dvitiya Until 5:53PM | Moon - Clear | | |
| | | | | | Chaitra-Panguni | Bhuloka Day | Devaloka Time: 6:PM to 9:PM |

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|------------------|-------------|-----------------------------------|------------------|---|------------------------|--|-----------------------------|
| 2 | | Tuesday, March 20, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Chennai, India Sun 17 Sutra 337 Hemalamba 5119 | |
| Mesha Rasi: 5.34 | Tithi 3 - 4 | Gulika | 12:17PM - 1:48PM | Ashvini Until 7:41PM | Ganesha: White | <i>Sunrise:</i> 6:14AM | |
| | 129622368 | Yama | 9:16AM - 10:46AM | Indra Until 3:38PM | Muruga: Green | <i>Sunset:</i> 6:20PM | Moon 2 - Phase 46 |
| Creative Work | Siddha Yoga | Rahu | 3:19PM - 4:49PM | Vanija Until 4:11AM Wed | Nataraja: Clear | | 3rd Phase |
| | | | | | Moon - White | | |
| | | Chellappaswami Mahasamadhi | | Tritiya Until 4:49PM | Chaitra-Panguni | Bhuloka Day | Devaloka Time: 6:PM to 9:PM |

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|----------------------------------|-------------|----------------------------------|-------------------|--|------------------------|--|-----------------------------|
| 3 | | Wednesday, March 21, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Chennai, India Sun 18 Sutra 338 Hemalamba 5119 | |
| Mesha Rasi: 19.12 | Tithi 4 - 5 | Gulika | 10:46AM - 12:17PM | Bharani Until 6:59PM | Ganesha: White | <i>Sunrise:</i> 6:13AM | |
| | 129622368 | Yama | 7:44AM - 9:15AM | Vaidhriti* Until 1:23PM | Muruga: Green | <i>Sunset:</i> 6:20PM | Moon 2 - Phase 46 |
| Creative Work | Siddha Yoga | Rahu | 12:17PM - 1:48PM | Bava Until 2:42AM Thu | Nataraja: Clear | | 3rd Phase |
| Until 6:59PM | | | | | Moon - White | | |
| Then Creative Work - Amrita Yoga | | | | Chaturthi* Until 3:27PM | Chaitra-Panguni | Bhuloka Day | Devaloka Time: 6:PM to 9:PM |

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|----------------------|-------------|---------------------------------|------------------|--|------------------------|--|-----------------------------|
| 4 | | Thursday, March 22, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Chennai, India Sun 19 Sutra 339 Hemalamba 5119 | |
| Vrishabha Rasi: 3.01 | Tithi 5 - 6 | Gulika | 9:15AM - 10:46AM | Krittika Until 5:55PM | Ganesha: White | <i>Sunrise:</i> 6:13AM | |
| | 129622368 | Yama | 6:13AM - 7:44AM | Vishkambha* Until 10:58AM | Muruga: Green | <i>Sunset:</i> 6:20PM | Moon 2 - Phase 46 |
| Routine Work | Marana Yoga | Rahu | 1:47PM - 3:18PM | Kaulava Until 1:00AM Fri | Nataraja: Clear | | 3rd Phase |
| | | | | | Moon - White | | |
| | | | | Panchami Until 1:51PM | Chaitra-Panguni | Bhuloka Day | Devaloka Time: 6:PM to 9:PM |

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|----------------------------------|-------------|-------------------------------|-------------------|---|------------------------|--|-------------------|
| 5 | | Friday, March 23, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Chennai, India Sun 20 Sutra 340 Hemalamba 5119 | |
| Vrishabha Rasi: 16.56 | Tithi 6 - 7 | Gulika | 7:43AM - 9:14AM | Rohini Until 4:58PM | Ganesha: Purple | <i>Sunrise:</i> 6:12AM | |
| | 139722368 | Yama | 3:18PM - 4:49PM | Priti Until 8:25AM | Muruga: Green | <i>Sunset:</i> 6:20PM | Moon 2 - Phase 46 |
| Routine Work | Marana Yoga | Rahu | 10:45AM - 12:16PM | Gara Until 11:09PM | Nataraja: Clear | | 3rd Phase |
| Until 4:58PM | | | | | Moon - Yellow | | |
| Then Creative Work - Siddha Yoga | | | | Shashthi* Until 12:05PM | Chaitra-Panguni | Sivaloka Day | |

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|---------------------|-------------|---------------------------------|------------------|---|------------------------|--|-------------------|
| Retreat Star | | Saturday, March 24, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Chennai, India Sun 21 Sutra 341 Hemalamba 5119 | |
| Mithuna Rasi: 0.56 | Tithi 7 - 8 | Gulika | 6:11AM - 7:43AM | Mrigashira Until 3:44PM | Ganesha: Purple | <i>Sunrise:</i> 6:11AM | |
| | 139722368 | Yama | 1:47PM - 3:18PM | Saubhagya Until 2:56AM Sun | Muruga: Green | <i>Sunset:</i> 6:20PM | Moon 2 - Phase 46 |
| Creative Work | Siddha Yoga | Rahu | 9:14AM - 10:45AM | Visti Until 9:10PM | Nataraja: Clear | | Ashtami |
| | | | | | Moon - Yellow | | |
| | | | | Saptami Until 10:10AM | Chaitra-Panguni | Sivaloka Day | |

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|---------------------|-------------|-------------------------------|------------------|---|------------------------|--|-------------------|
| Retreat Star | | Sunday, March 25, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Chennai, India Sun 22 Sutra 342 Hemalamba 5119 | |
| Mithuna Rasi: 15.02 | Tithi 8 - 9 | Gulika | 3:18PM - 4:49PM | Ardra Until 2:16PM | Ganesha: Purple | <i>Sunrise:</i> 6:11AM | |
| | 139722368 | Yama | 12:16PM - 1:47PM | Sobhana Until 12:05AM Mon | Muruga: Green | <i>Sunset:</i> 6:20PM | Moon 2 - Phase 46 |
| Creative Work | Siddha Yoga | Rahu | 4:49PM - 6:20PM | Balava Until 7:05PM | Nataraja: Clear | | Navami |
| | | | | | Moon - Yellow | | |
| | | Sri Rama Navami | | Ashtami* Until 8:07AM | Chaitra-Panguni | Sivaloka Day | |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudev.org/panchang

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|----------------------------------|--------------|-------------------------------|-------------------|--|------------------------|--|---------------------|
| 1 | | Monday, March 26, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Kaulava/Gara Karana Navami/Dashmyam Titau | | Chennai, India Sun 23 Sutra 343 Hemalamba 5119 | |
| Mithuna Rasi: 29.11 | Tithi 9 - 10 | Gulika | 1:47PM - 3:18PM | Punarvasu Until 12:59PM | Ganesha: Yellow | <i>Sunrise:</i> 6:10AM | |
| Family Home Evening | 141722368 | Yama | 10:44AM - 12:15PM | Athiganda* Until 9:10PM | Muruga: Green | <i>Sunset:</i> 6:21PM | Moon 2 - Phase 47 |
| Creative Work | Amrita Yoga | Rahu | 7:41AM - 9:13AM | Gara Until 3:48AM Tue | Nataraja: Clear | | 4th Phase |
| Until 12:59PM | | | | Navami* Until 6:00AM | Moon - Blue | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | Chaitra-Panguni | | |

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|--------------------|-------------|--------------------------------|------------------|--|------------------------|--|---------------------|
| 2 | | Tuesday, March 27, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau | | Chennai, India Sun 24 Sutra 344 Hemalamba 5119 | |
| Kataka Rasi: 13.23 | Tithi 11 | Gulika | 12:15PM - 1:46PM | Pushya Until 11:30AM | Ganesha: Yellow | <i>Sunrise:</i> 6:09AM | |
| | 141722368 | Yama | 9:12AM - 10:44AM | Sukarma Until 6:13PM | Muruga: Green | <i>Sunset:</i> 6:21PM | Moon 2 - Phase 47 |
| Creative Work | Siddha Yoga | Rahu | 3:18PM - 4:49PM | Vanija Until 2:43PM | Nataraja: Clear | | 4th Phase |
| | | | | Yogaswami Mahasamadhi | Moon - Blue | | Devaloka Day |
| | | | | Ekadashi Until 1:35AM Wed | Chaitra-Panguni | | |

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|--------------------|-------------|----------------------------------|-------------------|--|------------------------|--|---------------------|
| 3 | | Wednesday, March 28, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau | | Chennai, India Sun 25 Sutra 345 Hemalamba 5119 | |
| Kataka Rasi: 27.36 | Tithi 12 | Gulika | 10:43AM - 12:15PM | Ashlesha* Until 9:54AM | Ganesha: Yellow | <i>Sunrise:</i> 6:09AM | |
| | 141722368 | Yama | 7:40AM - 9:12AM | Dhriti Until 3:18PM | Muruga: Green | <i>Sunset:</i> 6:21PM | Moon 2 - Phase 47 |
| Creative Work | Siddha Yoga | Rahu | 12:15PM - 1:46PM | Bava Until 12:31PM | Nataraja: Clear | | 4th Phase |
| | | | | Dvadashi Until 11:25PM | Moon - Blue | | Devaloka Day |
| | | | | | Chaitra-Panguni | | |

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|----------------------------------|-------------|---------------------------------|------------------|---|------------------------|--|---------------------|
| 4 | | Thursday, March 29, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Chennai, India Sun 26 Sutra 346 Hemalamba 5119 | |
| Simha Rasi: 11.46 | Tithi 13 | Gulika | 9:11AM - 10:43AM | Magha* Until 8:38AM | Ganesha: White | <i>Sunrise:</i> 6:08AM | |
| | 151722368 | Yama | 6:08AM - 7:40AM | Shula* Until 12:26PM | Muruga: Green | <i>Sunset:</i> 6:21PM | Moon 2 - Phase 47 |
| Creative Work | Amrita Yoga | Rahu | 1:46PM - 3:18PM | Kaulava Until 10:23AM | Nataraja: Clear | | 4th Phase |
| Until 8:38AM | | | | Trayodashi Until 9:22PM | Moon - Red | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | <i>Pradosha Vrata</i> | Chaitra-Panguni | | |

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|------------------|-------------|-------------------------------|-------------------|---|------------------------|--|---------------------|
| 5 | | Friday, March 30, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vridhhi* Yoga Gara/Vanija Karana Chaturdashyam Titau | | Chennai, India Sun 27 Sutra 347 Hemalamba 5119 | |
| Simha Rasi: 25.5 | Tithi 14 | Gulika | 7:39AM - 9:11AM | Purvaphalguni Until 7:24AM | Ganesha: White | <i>Sunrise:</i> 6:07AM | |
| | 151722368 | Yama | 3:17PM - 4:49PM | Ganda* Until 9:44AM | Muruga: Green | <i>Sunset:</i> 6:21PM | Moon 2 - Phase 47 |
| Creative Work | Siddha Yoga | Rahu | 10:42AM - 12:14PM | Gara Until 8:27AM | Nataraja: Clear | | 4th Phase |
| | | | | Chaturdashi* Until 7:33PM | Moon - Red | | Sivaloka Day |
| | | | | | Chaitra-Panguni | | |

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|----------------------------|-------------|---------------------------------|------------------|---|------------------------|---|---------------------|
| ○ | | Saturday, March 31, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau | | Chennai, India Sutra 348 Hemalamba 5119 | |
| Copper Retreat Star | | Gulika | 6:07AM - 7:39AM | Uttaraphalguni Until 6:18AM | Ganesha: White | <i>Sunrise:</i> 6:07AM | |
| Kanya Rasi: 9.44 | Tithi 15 | Yama | 1:46PM - 3:17PM | Vriddhi Until 7:16AM | Muruga: Green | <i>Sunset:</i> 6:21PM | Moon 2 - Phase 47 |
| | 151722368 | Rahu | 9:10AM - 10:42AM | Visti Until 6:47AM | Nataraja: Clear | | Purnima |
| Routine Work | Marana Yoga | | | Purnima* Until 6:04PM | Moon - Red | | Sivaloka Day |
| | | Panguni Uttiram | | | Chaitra-Panguni | | |
| | | Hanuman Jayanti | | | | | |

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|----------------------------------|---------------|------------------------------|------------------|---|------------------------|---|---------------------|
| ○ | | Sunday, April 1, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | Chennai, India Sutra 349 Hemalamba 5119 | |
| Silver Retreat Star | | Gulika | 3:17PM - 4:49PM | Chitra Until 5:48AM Mon | Ganesha: Clear | <i>Sunrise:</i> 6:07AM | |
| Kanya Rasi: 23.23 | Tithi 16 - 17 | Yama | 12:14PM - 1:46PM | Vyaghata* Until 3:21AM Mon | Muruga: Green | <i>Sunset:</i> 6:21PM | Moon 2 - Phase 47 |
| | 161722368 | Rahu | 4:49PM - 6:21PM | Taitila Until 4:45AM Mon | Nataraja: Clear | | Prathama |
| Creative Work | Siddha Yoga | | | Prathama* Until 5:02PM | Moon - Green | | Devaloka Day |
| Until 5:48AM Mon | | | | | Chaitra-Panguni | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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Monday, April 2, 2018
Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India
Sun 1 Sutra 350
Hemalamba 5119

Tula Rasi: 6.46 Tihi 17 – 18

Gulika 1:45PM – 3:17PM
Yama 10:42AM – 12:13PM
Rahu 7:38AM – 9:10AM

Svati Until 6:10AM Tue
Harshana Until 2:06AM Tue
Vanija Until 4:35AM Tue
Dvitiya Until 4:34PM

Ganesha: Clear *Sunrise: 6:06AM*
Muruga: Green *Sunset: 6:21PM*

Moon 3 - Phase 48
1st Phase

Family Home Evening
Creative Work Amrita Yoga
Until 6:10AM Tue
Then Routine Work - Marana Yoga

Nataraja: Clear
Moon – Green
Devaloka Day
Chaitra•Panguni

1

Tuesday, April 3, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Chennai, India
Sun 2 Sutra 351
Hemalamba 5119

Tula Rasi: 19.49 Tihi 18 – 19

Gulika 12:13PM – 1:45PM
Yama 9:09AM – 10:41AM
Rahu 3:17PM – 4:49PM

Svati Until 6:10AM
Vajra* Until 1:19AM Wed
Bava Until 5:04AM Wed
Tritiya Until 4:43PM

Ganesha: Clear *Sunrise: 6:05AM*
Muruga: Green *Sunset: 6:21PM*

Moon 3 - Phase 48
1st Phase

Creative Work Siddha Yoga
Until 6:10AM
Then Routine Work - Marana Yoga

Nataraja: Clear
Moon – Green
Devaloka Day
Chaitra•Panguni

2

Wednesday, April 4, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India
Sun 3 Sutra 352
Hemalamba 5119

Vrischika Rasi: 2.33 Tihi 19 – 20

Gulika 10:41AM – 12:13PM
Yama 7:37AM – 9:09AM
Rahu 12:13PM – 1:45PM

Vishakha Until 7:29AM
Siddhi Until 1:04AM Thu
Kaulava Until 6:13AM Thu
Chaturthi* Until 5:32PM

Ganesha: Purple *Sunrise: 6:05AM*
Muruga: Green *Sunset: 6:21PM*

Moon 3 - Phase 48
1st Phase

Creative Work Siddha Yoga

Nataraja: Clear
Moon – Orange
Sivaloka Day
Chaitra•Panguni

3

Thursday, April 5, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Panchamyam Titau

Chennai, India
Sun 4 Sutra 353
Hemalamba 5119

Vrischika Rasi: 14.59 Tihi 20

Gulika 9:08AM – 10:40AM
Yama 6:04AM – 7:36AM
Rahu 1:45PM – 3:17PM

Anuradha Until 9:17AM
Vyatipata* Until 1:19AM Fri
Kaulava Until 6:13AM
Panchami Until 7:00PM

Ganesha: Purple *Sunrise: 6:04AM*
Muruga: Green *Sunset: 6:21PM*

Moon 3 - Phase 48
1st Phase

Creative Work Siddha Yoga
Until 9:17AM
Then Routine Work - Prabalarishta Yoga

Nataraja: Clear
Moon – Orange
Sivaloka Day
Chaitra•Panguni

4

Friday, April 6, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Gara/Vanija Karana Shashthiyam Titau

Chennai, India
Sun 5 Sutra 354
Hemalamba 5119

Vrischika Rasi: 27.09 Tihi 21

Gulika 7:36AM – 9:08AM
Yama 3:17PM – 4:49PM
Rahu 10:40AM – 12:12PM

Jyeshtha* Until 11:29AM
Variyan Until 1:55AM Sat
Gara Until 7:59AM
Shashthi* Until 9:02PM

Ganesha: Clear *Sunrise: 6:03AM*
Muruga: Green *Sunset: 6:21PM*

Moon 3 - Phase 48
1st Phase

Routine Work Marana Yoga
Until 11:29AM
Then Creative Work - Amrita Yoga

Nataraja: Clear
Moon – Orange
Devaloka Day
Chaitra•Panguni

5

Saturday, April 7, 2018

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha* Yoga Visti*/Bava Karana Saptamyam Titau

Chennai, India
Sun 6 Sutra 355
Hemalamba 5119

Dhanus Rasi: 9.08 Tihi 22

Gulika 6:03AM – 7:35AM
Yama 1:44PM – 3:17PM
Rahu 9:07AM – 10:40AM

Mula* Until 2:28PM
Parigha* Until 2:50AM Sun
Visti Until 10:14AM
Saptami Until 11:27PM

Ganesha: White *Sunrise: 6:03AM*
Muruga: Green *Sunset: 6:21PM*

Moon 3 - Phase 48
1st Phase

Creative Work Siddha Yoga

Nataraja: Clear
Moon – Light Blue
Bhuloka Day
Chaitra•Panguni
Devaloka Time: 6:PM to 9:PM

D

Sunday, April 8, 2018
Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India
Sun 7 Sutra 356
Hemalamba 5119

Dhanus Rasi: 20.59 Tihi 23

Gulika 3:17PM – 4:49PM
Yama 12:12PM – 1:44PM
Rahu 4:49PM – 6:21PM

Purvashadha* Until 5:31PM
Shiva Until 3:51AM Mon
Balava Until 12:45PM
Ashtami* Until 2:02AM Mon

Ganesha: White *Sunrise: 6:02AM*
Muruga: Green *Sunset: 6:21PM*

Moon 3 - Phase 48
Ashtami

Creative Work Siddha Yoga
Until 5:31PM
Then Creative Work - Amrita Yoga

Nataraja: Clear
Moon – Light Blue
Bhuloka Day
Chaitra•Panguni
Devaloka Time: 6:PM to 9:PM

Monday, April 9, 2018
Retreat Star

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Tailila/Gara Karana Navamyam Titau

Chennai, India
Sun 8 Sutra 357
Hemalamba 5119

Makara Rasi: 2.48 Tihi 24

Gulika 1:44PM – 3:16PM
Yama 10:39AM – 12:11PM
Rahu 7:34AM – 9:06AM

Uttarashadha Until 8:24PM
Siddha Until 4:45AM Tue
Tailila Until 3:20PM
Navami* Until 4:32AM Tue

Ganesha: White *Sunrise: 6:02AM*
Muruga: Green *Sunset: 6:21PM*

Moon 3 - Phase 48
Navami

Routine Work Marana Yoga
Until 8:24PM
Then Creative Work - Amrita Yoga

Nataraja: Clear
Moon – Light Blue
Bhuloka Day
Chaitra•Panguni
Devaloka Time: 6:PM to 9:PM

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|----------------------------------|-------------|--|---------------------------------|---|---|
| 1 Tuesday, April 10, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau | | | Chennai, India Sun 9 Sutra 358 Hemalamba 5119 |
| Makara Rasi: 14.4 | Tithi 25 | Gulika 12:11PM – 1:44PM | Shravana Until 11:21PM | Ganesha: Yellow <i>Sunrise: 6:01AM</i> | |
| | | Yama 9:06AM – 10:39AM | Sadhya Until 5:25AM Wed | Muruga: Green <i>Sunset: 6:21PM</i> | Moon 3 - Phase 49 |
| Creative Work | Siddha Yoga | 192722368 Rahu 3:16PM – 4:49PM | Vanija Until 5:41PM | Nataraja: Clear | 2nd Phase |
| | | | Dashami Until 6:40AM Wed | Moon – Purple | Devaloka Day |
| | | | | Chaitra•Panguni | |

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| 2 Wednesday, April 11, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | Chennai, India Sun 10 Sutra 359 Hemalamba 5119 |
| Makara Rasi: 26.4 | Tithi 25 – 26 | Gulika 10:38AM – 12:11PM | Dhanishtha Until 1:39AM Thu | Ganesha: Yellow <i>Sunrise: 6:00AM</i> | |
| | | Yama 7:33AM – 9:06AM | Subha Until 5:40AM Thu | Muruga: Green <i>Sunset: 6:22PM</i> | Moon 3 - Phase 49 |
| Routine Work | Prabalarishta Yoga | 192722368 Rahu 12:11PM – 1:44PM | Bava Until 7:33PM | Nataraja: Clear | 2nd Phase |
| Until 1:39AM Thu | | | Dashami Until 6:40AM | Moon – Purple | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | Chaitra•Panguni | |

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| 3 Thursday, April 12, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | Chennai, India Sun 11 Sutra 360 Hemalamba 5119 |
| Kumbha Rasi: 8.53 | Tithi 26 – 27 | Gulika 9:05AM – 10:38AM | Shatabhishak Until 3:09AM Fri | Ganesha: Yellow <i>Sunrise: 6:00AM</i> | |
| | | Yama 6:00AM – 7:32AM | Sukla Until 5:22AM Fri | Muruga: Green <i>Sunset: 6:22PM</i> | Moon 3 - Phase 49 |
| Creative Work | Siddha Yoga | 192722368 Rahu 1:43PM – 3:16PM | Kaulava Until 8:48PM | Nataraja: Clear | 2nd Phase |
| | | | Ekadashi* Until 8:15AM | Moon – Purple | Devaloka Day |
| | | | | Chaitra•Panguni | |

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| 4 Friday, April 13, 2018 | | Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | | | Chennai, India Sun 12 Sutra 361 Hemalamba 5119 |
| Kumbha Rasi: 21.25 | Tithi 27 – 28 | Gulika 7:32AM – 9:05AM | Purvaproshtapada* Until 4:15AM Sat | Ganesha: Blue <i>Sunrise: 5:59AM</i> | |
| | | Yama 3:16PM – 4:49PM | Brahma Until 4:30AM Sat | Muruga: Green <i>Sunset: 6:22PM</i> | Moon 3 - Phase 49 |
| Creative Work | Siddha Yoga | 112722368 Rahu 10:38AM – 12:10PM | Gara Until 9:18PM | Nataraja: Clear | 2nd Phase |
| | | | Dvadashi* Until 9:07AM | Moon – Clear | Bhuloka Day |
| | | | <i>Pradosha Vrata (Fasting)</i> | Chaitra•Panguni | Devaloka Time: 6:PM to 9:PM |

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| 5 Saturday, April 14, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | Chennai, India Sun 13 Sutra 362 Vilamba 5120 |
| Meena Rasi: 4.16 | Tithi 28 – 29 | Gulika 5:58AM – 7:31AM | Uttaraproshtapada Until 4:29AM Sun | Ganesha: Blue <i>Sunrise: 5:58AM</i> | |
| | | Yama 1:43PM – 3:16PM | Indra Until 3:06AM Sun | Muruga: White <i>Sunset: 6:22PM</i> | Moon 3 - Phase 49 |
| Creative Work | Siddha Yoga | 112732368 Rahu 9:04AM – 10:37AM | Visti Until 9:04PM | Nataraja: Clear | 2nd Phase |
| Until 4:29AM Sun | | | Trayodashi* Until 9:15AM | Moon – Clear | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | Tamil New Year | | Chaitra•Chaitra | Devaloka Time: 6:PM to 9:PM |

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| ● Sunday, April 15, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vaidhriti* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | Chennai, India Sun 14 Sutra 363 Vilamba 5120 |
| Retreat Star | | Gulika 3:16PM – 4:49PM | Revati Until 3:57AM Mon | Ganesha: Blue <i>Sunrise: 5:58AM</i> | |
| Meena Rasi: 17.3 | Tithi 29 – 30 | Yama 12:10PM – 1:43PM | Vaidhriti* Until 1:09AM Mon | Muruga: White <i>Sunset: 6:22PM</i> | Moon 3 - Phase 49 |
| Creative Work | Amrita Yoga | 212732368 Rahu 4:49PM – 6:22PM | Catuspada Until 8:10PM | Nataraja: Clear | Amavasya |
| Until 3:57AM Mon | | | Chaturdashi* Until 8:41AM | Moon – Clear | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | Chaitra•Chaitra | Devaloka Time: 6:PM to 9:PM |

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| Monday, April 16, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | Chennai, India Sun 15 Sutra 364 Vilamba 5120 |
| Retreat Star | | Gulika 1:43PM – 3:16PM | Ashvini Until 3:12AM Tue | Ganesha: Blue <i>Sunrise: 5:57AM</i> | |
| Mesha Rasi: 1.05 | Tithi 30 – 1 | Yama 10:37AM – 12:10PM | Vishkambha* Until 10:47PM | Muruga: White <i>Sunset: 6:22PM</i> | Moon 3 - Phase 49 |
| Family Home Evening | | 222732368 Rahu 7:30AM – 9:03AM | Kintughna Until 6:43PM | Nataraja: Clear | Prathama |
| Creative Work | Siddha Yoga | | Amavasya* Until 7:29AM | Moon – White | Bhuloka Day |
| | | | | Vaisaka•Chaitra | Devaloka Time: 6:PM to 9:PM |

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| 1 | | Tuesday, April 17, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Chennai, India Sun 16 Sutra 1 Vilamba 5120 | |
| Mesha Rasi: 14.58 | Tithi 2 | Gulika 12:09PM – 1:43PM | Bharani Until 1:56AM Wed | Ganesh: Yellow <i>Sunrise:</i> 5:57AM | <i>Sunset:</i> 6:22PM | Moon 3 - Phase 1 3rd Phase | |
| | | Yama 9:03AM – 10:36AM | Priti Until 8:07PM | Muruga: White | | | |
| | | 222832368 Rahu 3:16PM – 4:49PM | Balava Until 4:50PM | Nataraja: Clear | | | |
| Creative Work | Siddha Yoga | | Dvitiya Until 3:46AM Wed | Moon – White | | Devaloka Day | |
| Until 1:56AM Wed | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 2 | | Wednesday, April 18, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau | | Chennai, India Sun 17 Sutra 2 Vilamba 5120 | |
| Mesha Rasi: 29.04 | Tithi 3 | Gulika 10:36AM – 12:09PM | Krittika Until 12:18AM Thu | Ganesh: Yellow <i>Sunrise:</i> 5:56AM | <i>Sunset:</i> 6:22PM | Moon 3 - Phase 1 3rd Phase | |
| | | Yama 7:29AM – 9:03AM | Ayushman Until 5:12PM | Muruga: White | | | |
| | | 222832368 Rahu 12:09PM – 1:42PM | Taitila Until 2:40PM | Nataraja: Clear | | | |
| Creative Work | Amrita Yoga | | Tritiya Until 1:30AM Thu | Moon – White | | Devaloka Day | |
| Until 12:18AM Thu | | Akshaya Tritiya | | Vaisaka-Chaitra | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 3 | | Thursday, April 19, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau | | Chennai, India Sun 18 Sutra 3 Vilamba 5120 | |
| Vrisabha Rasi: 13.18 | Tithi 4 | Gulika 9:02AM – 10:36AM | Rohini Until 10:50PM | Ganesh: Blue <i>Sunrise:</i> 5:55AM | <i>Sunset:</i> 6:22PM | Moon 3 - Phase 1 3rd Phase | |
| | | Yama 5:55AM – 7:29AM | Saubhagya Until 2:11PM | Muruga: White | | | |
| | | 223832368 Rahu 1:42PM – 3:16PM | Vanija Until 12:20PM | Nataraja: Clear | | | |
| Routine Work | Marana Yoga | | Chaturthi* Until 11:08PM | Moon – Yellow | | Bhuloka Day | |
| | | | | Vaisaka-Chaitra | | Devaloka Time: 6:PM to 9:PM | |

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| 4 | | Friday, April 20, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau | | Chennai, India Sun 19 Sutra 4 Vilamba 5120 | |
| Vrisabha Rasi: 27.35 | Tithi 5 | Gulika 7:28AM – 9:02AM | Mrigashira Until 9:13PM | Ganesh: Blue <i>Sunrise:</i> 5:55AM | <i>Sunset:</i> 6:22PM | Moon 3 - Phase 1 3rd Phase | |
| | | Yama 3:16PM – 4:49PM | Sobhana Until 11:09AM | Muruga: White | | | |
| | | 223832368 Rahu 10:35AM – 12:09PM | Bava Until 9:58AM | Nataraja: Clear | | | |
| Creative Work | Siddha Yoga | | Panchami Until 8:46PM | Moon – Yellow | | Bhuloka Day | |
| | | Adi Sankara Jayanthi | | Vaisaka-Chaitra | | Devaloka Time: 6:PM to 9:PM | |

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| 5 | | Saturday, April 21, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau | | Chennai, India Sun 20 Sutra 5 Vilamba 5120 | |
| Mithuna Rasi: 11.52 | Tithi 6 | Gulika 5:54AM – 7:28AM | Ardra Until 7:33PM | Ganesh: Blue <i>Sunrise:</i> 5:54AM | <i>Sunset:</i> 6:23PM | Moon 3 - Phase 1 3rd Phase | |
| | | Yama 1:42PM – 3:15PM | Athiganda* Until 8:08AM | Muruga: White | | | |
| | | 223832368 Rahu 9:01AM – 10:35AM | Kaulava Until 7:38AM | Nataraja: Clear | | | |
| Creative Work | Siddha Yoga | | Shashthi* Until 6:29PM | Moon – Yellow | | Bhuloka Day | |
| | | | | Vaisaka-Chaitra | | Devaloka Time: 6:PM to 9:PM | |

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| 6 | | Sunday, April 22, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Chennai, India Sun 21 Sutra 6 Vilamba 5120 | |
| Mithuna Rasi: 26.05 | Tithi 7 – 8 | Gulika 3:15PM – 4:49PM | Punarvasu Until 6:18PM | Ganesh: Yellow <i>Sunrise:</i> 5:54AM | <i>Sunset:</i> 6:23PM | Moon 3 - Phase 1 3rd Phase | |
| | | Yama 12:08PM – 1:42PM | Dhriti Until 2:25AM Mon | Muruga: White | | | |
| | | 243832368 Rahu 4:49PM – 6:23PM | Visti Until 3:18AM Mon | Nataraja: Clear | | | |
| Creative Work | Siddha Yoga | | Saptami Until 4:19PM | Moon – Blue | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| Monday, April 23, 2018 | | Retreat Star | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Chennai, India Sun 22 Sutra 7 Vilamba 5120 | |
| Kataka Rasi: 10.11 | Tithi 8 – 9 | Gulika 1:42PM – 3:15PM | Pushya Until 5:04PM | Ganesh: Yellow <i>Sunrise:</i> 5:53AM | <i>Sunset:</i> 6:23PM | Moon 3 - Phase 1 Ashtami | |
| Family Home Evening | | Yama 10:34AM – 12:08PM | Shula* Until 11:45PM | Muruga: White | | | |
| | | 243832368 Rahu 7:27AM – 9:01AM | Balava Until 1:23AM Tue | Nataraja: Clear | | | |
| Creative Work | Siddha Yoga | | Ashtami* Until 2:18PM | Moon – Blue | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| Tuesday, April 24, 2018 | | Retreat Star | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Chennai, India Sun 23 Sutra 8 Vilamba 5120 | |
| Kataka Rasi: 24.11 | Tithi 9 – 10 | Gulika 12:08PM – 1:42PM | Ashlesha* Until 3:51PM | Ganesh: Yellow <i>Sunrise:</i> 5:53AM | <i>Sunset:</i> 6:23PM | Moon 3 - Phase 1 Navami | |
| | | Yama 9:00AM – 10:34AM | Ganda* Until 9:13PM | Muruga: White | | | |
| | | 243832368 Rahu 3:15PM – 4:49PM | Taitila Until 11:39PM | Nataraja: Clear | | | |
| Creative Work | Siddha Yoga | | Navami* Until 12:28PM | Moon – Blue | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time

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| 1 | | Wednesday, April 25, 2018 | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Chennai, India Sun 24 Sutra 9 | |
| Simha Rasi: 8.05 | Tithi 10 – 11 | Gulika | 10:34AM – 12:08PM | Magha* Until 3:07PM | Ganesh: White | <i>Sunrise:</i> 5:52AM | Vilamba 5120 | | |
| | | Yama | 7:26AM – 9:00AM | Vriddhi Until 6:52PM | Muruga: White | <i>Sunset:</i> 6:23PM | Moon 3 - Phase 2 | | |
| | | 253832369 Rahu | 12:08PM – 1:41PM | Vanija Until 10:05PM | Nataraja: Purple | | 4th Phase | | |
| Creative Work | Siddha Yoga | | | Dashami Until 10:49AM | Moon – Red | | Bhuloka Day | | |
| Until 3:07PM | | | | | Vaisaka•Chaitra | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 2 | | Thursday, April 26, 2018 | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Chennai, India Sun 25 Sutra 10 | |
| Simha Rasi: 21.5 | Tithi 11 – 12 | Gulika | 9:00AM – 10:34AM | Purvaphalguni Until 2:26PM | Ganesh: White | <i>Sunrise:</i> 5:52AM | Vilamba 5120 | | |
| | | Yama | 5:52AM – 7:26AM | Dhruva Until 4:39PM | Muruga: White | <i>Sunset:</i> 6:23PM | Moon 3 - Phase 2 | | |
| | | 253832369 Rahu | 1:41PM – 3:15PM | Bava Until 8:45PM | Nataraja: Purple | | 4th Phase | | |
| Creative Work | Siddha Yoga | | | Ekadashi Until 9:22AM | Moon – Red | | Bhuloka Day | | |
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| 3 | | Friday, April 27, 2018 | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Chennai, India Sun 26 Sutra 11 | |
| Kanya Rasi: 5.29 | Tithi 12 – 13 | Gulika | 7:25AM – 8:59AM | Uttaraphalguni Until 1:51PM | Ganesh: White | <i>Sunrise:</i> 5:51AM | Vilamba 5120 | | |
| | | Yama | 3:15PM – 4:49PM | Vyaghata* Until 2:39PM | Muruga: White | <i>Sunset:</i> 6:23PM | Moon 3 - Phase 2 | | |
| | | 253832369 Rahu | 10:33AM – 12:07PM | Kaulava Until 7:40PM | Nataraja: Purple | | 4th Phase | | |
| Creative Work | Siddha Yoga | | | Dvadashi Until 8:09AM | Moon – Red | | Bhuloka Day | | |
| Until 1:51PM | | | | <i>Pradosha Vrata</i> | Vaisaka•Chaitra | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 4 | | Saturday, April 28, 2018 | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | Chennai, India Sun 27 Sutra 12 | |
| Kanya Rasi: 18.57 | Tithi 13 – 14 | Gulika | 5:51AM – 7:25AM | Hasta Until 1:51PM | Ganesh: Clear | <i>Sunrise:</i> 5:51AM | Vilamba 5120 | | |
| | | Yama | 1:41PM – 3:15PM | Harshana Until 12:54PM | Muruga: White | <i>Sunset:</i> 6:24PM | Moon 3 - Phase 2 | | |
| | | 263832369 Rahu | 8:59AM – 10:33AM | Gara Until 6:53PM | Nataraja: Purple | | 4th Phase | | |
| Routine Work | Marana Yoga | | | Trayodashi Until 7:13AM | Moon – Green | | Bhuloka Day | | |
| | | | | | Vaisaka•Chaitra | | Devaloka Time: 6:AM to 9:AM | | |

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| ○ | | Sunday, April 29, 2018 | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Chennai, India Sutra 13 | |
| Copper Retreat Star | | Gulika | 3:15PM – 4:49PM | Chitra Until 2:04PM | Ganesh: Clear | <i>Sunrise:</i> 5:50AM | Vilamba 5120 | | |
| Tula Rasi: 2.14 | Tithi 14 – 15 | Yama | 12:07PM – 1:41PM | Vajra* Until 11:26AM | Muruga: White | <i>Sunset:</i> 6:24PM | Moon 3 - Phase 2 | | |
| | | 263832369 Rahu | 4:49PM – 6:24PM | Visti Until 6:30PM | Nataraja: Purple | | Purnima | | |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 6:37AM | Moon – Green | | Bhuloka Day | | |
| | | Budha Purnima (Tamil Nadu) | | | Vaisaka•Chaitra | | Devaloka Time: 6:AM to 9:AM | | |

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| Monday, April 30, 2018 | | Silver Retreat Star | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Chennai, India Sutra 14 | |
| Tula Rasi: 15.18 | Tithi 15 – 16 | Gulika | 1:41PM – 3:15PM | Svati Until 2:34PM | Ganesh: Clear | <i>Sunrise:</i> 5:50AM | Vilamba 5120 | | |
| Family Home Evening | | Yama | 10:33AM – 12:07PM | Siddhi Until 10:19AM | Muruga: White | <i>Sunset:</i> 6:24PM | Moon 3 - Phase 2 | | |
| | | 263832369 Rahu | 7:24AM – 8:58AM | Balava Until 6:34PM | Nataraja: Purple | | Prathama | | |
| Creative Work | Amrita Yoga | | | Purnima* Until 6:27AM | Moon – Green | | Bhuloka Day | | |
| Until 2:34PM | | | | | Vaisaka•Chaitra | | Devaloka Time: 6:AM to 9:AM | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda