



Thursday, May 11, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Variyan/Parigha\* Yoga Kaulava Karana Prathamayam Titau

Albany, NY

Sutra 25

Hemalamba 5119

Moon 5 - Phase 4

1st Phase

Vrischika Rasi: 2.55    Tihti 16

273381369

**Gulika** 8:14AM – 10:02AM  
Yama 4:37AM – 6:25AM  
**Rahu** 1:39PM – 3:27PM

**Vishakha** Until 6:48AM  
Variyan Until 6:23AM  
Kaulava Until 6:58PM  
**Prathama\*** Until 6:58PM

**Ganesha:** Blue    *Sunrise:* 4:37AM  
**Muruga:** Blue    *Sunset:* 7:04PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

Creative Work    Siddha Yoga

Friday, May 12, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\*/Shiva Yoga Tailila/Gara Karana Dvitiyayam Titau

Albany, NY

Sun 1    Sutra 26

Hemalamba 5119

Moon 5 - Phase 4

1st Phase

Vrischika Rasi: 14.5    Tihti 17

273381369

**Gulika** 6:24AM – 8:13AM  
Yama 3:28PM – 5:16PM  
**Rahu** 10:02AM – 11:50AM

**Anuradha** Until 9:40AM  
Parigha\* Until 7:13AM  
Tailila Until 8:10AM  
**Dvitiya** Until 9:20PM

**Ganesha:** Blue    *Sunrise:* 4:36AM  
**Muruga:** Blue    *Sunset:* 7:05PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

Creative Work    Siddha Yoga

Until 9:40AM

Then Routine Work - Marana Yoga

Saturday, May 13, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Albany, NY

Sun 2    Sutra 27

Hemalamba 5119

Moon 5 - Phase 4

1st Phase

Vrischika Rasi: 26.43    Tihti 18

273381369

**Gulika** 4:35AM – 6:24AM  
Yama 1:39PM – 3:28PM  
**Rahu** 8:12AM – 10:01AM

**Jyeshtha\*** Until 12:26PM  
Shiva Until 8:09AM  
Vanija Until 10:33AM  
**Tritiya** Until 11:44PM

**Ganesha:** Blue    *Sunrise:* 4:35AM  
**Muruga:** Blue    *Sunset:* 7:06PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

Creative Work    Siddha Yoga

Sunday, May 14, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY

Sun 3    Sutra 28

Hemalamba 5119

Moon 5 - Phase 4

1st Phase

Dhanus Rasi: 8.35    Tihti 19

283381369

**Gulika** 3:29PM – 5:18PM  
Yama 11:50AM – 1:40PM  
**Rahu** 5:18PM – 7:07PM

**Mula\*** Until 3:33PM  
Siddha Until 9:04AM  
Bava Until 12:57PM  
**Chaturthi\*** Until 2:05AM Mon

**Ganesha:** Yellow    *Sunrise:* 4:34AM  
**Muruga:** Blue    *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga

Until 3:33PM

Then Creative Work - Siddha Yoga

Monday, May 15, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Kaulava/Tailila Karana Panchamyam Titau

Albany, NY

Sun 4    Sutra 29

Hemalamba 5119

Moon 5 - Phase 4

1st Phase

Dhanus Rasi: 20.3    Tihti 20

283381369

**Gulika** 1:40PM – 3:29PM  
Yama 10:01AM – 11:50AM  
**Rahu** 6:22AM – 8:11AM

**Purvashadha\*** Until 6:22PM  
Sadhya Until 9:55AM  
Kaulava Until 3:14PM  
**Panchami** Until 4:15AM Tue

**Ganesha:** Yellow    *Sunrise:* 4:32AM  
**Muruga:** Blue    *Sunset:* 7:08PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Family Home Evening

Routine Work    Marana Yoga

Tuesday, May 16, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sun 5    Sutra 30

Hemalamba 5119

Moon 5 - Phase 4

1st Phase

Makara Rasi: 2.29    Tihti 21

284381369

**Gulika** 11:50AM – 1:40PM  
Yama 8:11AM – 10:01AM  
**Rahu** 3:30PM – 5:20PM

**Uttarashadha** Until 8:43PM  
Subha Until 10:36AM  
Gara Until 5:13PM  
**Shashthi\*** Until 6:02AM Wed

**Ganesha:** Red    *Sunrise:* 4:31AM  
**Muruga:** Blue    *Sunset:* 7:09PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work    Prabalarishta Yoga

Until 8:43PM

Then Creative Work - Siddha Yoga

Wednesday, May 17, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Albany, NY

Sun 6    Sutra 31

Hemalamba 5119

Moon 5 - Phase 4

1st Phase

Makara Rasi: 14.37    Tihti 21 – 22

294381369

**Gulika** 10:00AM – 11:50AM  
Yama 6:20AM – 8:10AM  
**Rahu** 11:50AM – 1:40PM

**Shravana** Until 10:56PM  
Sukla Until 10:56AM  
Visti Until 6:45PM  
**Shashthi\*** Until 6:02AM

**Ganesha:** Green    *Sunrise:* 4:30AM  
**Muruga:** Blue    *Sunset:* 7:10PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**

Creative Work    Siddha Yoga

Until 10:56PM

Then Routine Work - Prabalarishta Yoga

Thursday, May 18, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sun 7    Sutra 32

Hemalamba 5119

Moon 5 - Phase 4

Ashtami

Makara Rasi: 26.59    Tihti 22 – 23

294381369

**Gulika** 8:10AM – 10:00AM  
Yama 4:30AM – 6:20AM  
**Rahu** 1:41PM – 3:31PM

**Dhanishtha** Until 12:19AM Fri  
Brahma Until 10:49AM  
Balava Until 7:37PM  
**Saptami** Until 7:15AM

**Ganesha:** Green    *Sunrise:* 4:30AM  
**Muruga:** Blue    *Sunset:* 7:11PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**

Creative Work    Siddha Yoga

Friday, May 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Albany, NY

Sun 8    Sutra 33

Hemalamba 5119

Moon 5 - Phase 4

Navami

Kumbha Rasi: 9.41    Tihti 23 – 24

294381369

**Gulika** 6:19AM – 8:10AM  
Yama 3:31PM – 5:22PM  
**Rahu** 10:00AM – 11:50AM

**Shatabhishak** Until 12:46AM Sat  
Indra Until 10:08AM  
Tailila Until 7:42PM  
**Ashtami\*** Until 7:45AM

**Ganesha:** Green    *Sunrise:* 4:29AM  
**Muruga:** Blue    *Sunset:* 7:12PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**

Creative Work    Siddha Yoga

Until 12:46AM Sat

Then Routine Work - Marana Yoga

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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<b>1 Saturday, May 20, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Albany, NY Sun 9 Sutra 34 Hemalamba 5119
Kumbha Rasi: 22.48	Tithi 24 – 25	<b>Gulika</b> 4:28AM – 6:18AM	<b>Purvaproshtapada* Until 12:40AM Sun</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:28AM		
		Yama 1:41PM – 3:32PM	Vaidhriti* Until 8:46AM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:13PM		Moon 5 - Phase 5
		214381369 <b>Rahu</b> 8:09AM – 10:00AM	Vanija Until 6:55PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 7:24AM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 12:40AM Sun				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>2 Sunday, May 21, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha*/Priti Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Albany, NY Sun 10 Sutra 35 Hemalamba 5119
Meena Rasi: 6.23	Tithi 25 – 26	<b>Gulika</b> 3:32PM – 5:23PM	<b>Uttaraproshtapada Until 11:36PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:27AM		
		Yama 11:51AM – 1:42PM	Vishkambha* Until 6:43AM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:14PM		Moon 5 - Phase 5
		214381369 <b>Rahu</b> 5:23PM – 7:14PM	Balava Until 4:11AM Mon	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami Until 6:12AM</b>	Moon – Clear		<b>Bhuloka Day</b>
				<b>Vaisaka-Vaikasi</b>		

<b>3 Monday, May 22, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau				Albany, NY Sun 11 Sutra 36 Hemalamba 5119
Meena Rasi: 20.27	Tithi 27	<b>Gulika</b> 1:42PM – 3:33PM	<b>Revati Until 9:41PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:26AM		
<b>Family Home Evening</b>		Yama 10:00AM – 11:51AM	Ayushman Until 12:45AM Tue	<b>Muruga:</b> Blue <i>Sunset:</i> 7:15PM		Moon 5 - Phase 5
		214381369 <b>Rahu</b> 6:17AM – 8:08AM	Kaulava Until 2:56PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 1:29AM Tue</b>	Moon – Clear		<b>Bhuloka Day</b>
				<b>Vaisaka-Vaikasi</b>		

<b>4 Tuesday, May 23, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Albany, NY Sun 12 Sutra 37 Hemalamba 5119
Mesha Rasi: 4.59	Tithi 28	<b>Gulika</b> 11:51AM – 1:42PM	<b>Ashvini Until 7:27PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 4:25AM		
		Yama 8:08AM – 9:59AM	Saubhagya Until 9:01PM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:16PM		Moon 5 - Phase 5
		224381369 <b>Rahu</b> 3:33PM – 5:25PM	Gara Until 11:56AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 10:14PM</b>	Moon – White		<b>Bhuloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>	<b>Vaisaka-Vaikasi</b>		<b>Tour Day</b>

<b>5 Wednesday, May 24, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Albany, NY Sun 13 Sutra 38 Hemalamba 5119
Mesha Rasi: 19.55	Tithi 29	<b>Gulika</b> 9:59AM – 11:51AM	<b>Bharani Until 4:40PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 4:24AM		
		Yama 6:16AM – 8:08AM	Sobhana Until 4:58PM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:17PM		Moon 5 - Phase 5
		224381369 <b>Rahu</b> 11:51AM – 1:42PM	Visti Until 8:29AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:36PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 4:40PM				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>Thursday, May 25, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Albany, NY Sun 14 Sutra 39 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b> 8:07AM – 9:59AM	<b>Krittika Until 1:32PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:24AM		
Vrishabha Rasi: 5.07	Tithi 30 – 1	Yama 4:24AM – 6:16AM	Athiganda* Until 12:43PM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:18PM		Moon 5 - Phase 5
		324381369 <b>Rahu</b> 1:43PM – 3:34PM	Kintughna Until 12:50AM Fri	<b>Nataraja:</b> Purple		Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 2:46PM</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Vaisaka-Vaikasi</b>		

<b>Friday, May 26, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Albany, NY Sun 15 Sutra 40 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b> 6:15AM – 8:07AM	<b>Rohini Until 10:37AM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 4:23AM		
Vrishabha Rasi: 20.23	Tithi 1 – 2	Yama 3:35PM – 5:27PM	Sukarma Until 8:25AM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:19PM		Moon 5 - Phase 5
		334381369 <b>Rahu</b> 9:59AM – 11:51AM	Balava Until 9:00PM	<b>Nataraja:</b> Purple		Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 10:53AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 10:37AM				<b>Jyeshtha-Vaikasi</b>		
Then Creative Work - Siddha Yoga						

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>	<b>Saturday, May 27, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Albany, NY
	Mithuna Rasi: 5.35    Tithi 2 – 3		Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Sun 16    Sutra 41
	Creative Work    Siddha Yoga	334481369	<b>Gulika</b> 4:22AM – 6:15AM	<b>Mrigashira</b> <b>Until 7:42AM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:22AM	Hemalamba 5119	
			Yama    1:43PM – 3:35PM	Shula* <b>Until 12:16AM Sun</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:20PM	Moon 5 - Phase 6	
		<b>Rahu</b> 8:07AM – 9:59AM	Gara <b>Until 3:42AM Sun</b>	<b>Nataraja:</b> Purple	3rd Phase		
		<b>Dvitiya</b> <b>Until 7:08AM</b>		Moon – Yellow	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>			

<b>2</b>	<b>Sunday, May 28, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Albany, NY
	Mithuna Rasi: 20.32    Tithi 4		Punarvasu Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17    Sutra 42
	Creative Work    Siddha Yoga	345481369	<b>Gulika</b> 3:36PM – 5:28PM	<b>Punarvasu</b> <b>Until 2:59AM Mon</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:22AM	Hemalamba 5119	
			Yama    11:51AM – 1:44PM	Ganda* <b>Until 8:40PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:21PM	Moon 5 - Phase 6	
		<b>Rahu</b> 5:28PM – 7:21PM	Vanija <b>Until 2:09PM</b>	<b>Nataraja:</b> Purple	3rd Phase		
		<b>Chaturthi*</b> <b>Until 12:43AM Mon</b>		Moon – Blue	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>			

<b>3</b>	<b>Monday, May 29, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Albany, NY
	Kataka Rasi: 5.08    Tithi 5		Pushya Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 18    Sutra 43
	Family Home Evening Creative Work    Siddha Yoga	345481369	<b>Gulika</b> 1:44PM – 3:36PM	<b>Pushya</b> <b>Until 1:29AM Tue</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:21AM	Hemalamba 5119	
			Yama    9:59AM – 11:51AM	Vriddhi <b>Until 5:35PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:22PM	Moon 5 - Phase 6	
		<b>Rahu</b> 6:14AM – 8:06AM	Bava <b>Until 11:28AM</b>	<b>Nataraja:</b> Purple	3rd Phase		
		<b>Panchami</b> <b>Until 10:21PM</b>		Moon – Blue	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>			

<b>4</b>	<b>Tuesday, May 30, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Albany, NY
	Kataka Rasi: 19.17    Tithi 6		Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19    Sutra 44
	Creative Work    Siddha Yoga	345481369	<b>Gulika</b> 11:51AM – 1:44PM	<b>Ashlesha*</b> <b>Until 12:34AM Wed</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:21AM	Hemalamba 5119	
			Yama    8:06AM – 9:59AM	Dhruva <b>Until 3:02PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:22PM	Moon 5 - Phase 6	
		<b>Rahu</b> 3:37PM – 5:30PM	Kaulava <b>Until 9:27AM</b>	<b>Nataraja:</b> Purple	3rd Phase		
		<b>Shashthi*</b> <b>Until 8:42PM</b>		Moon – Blue	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>			

<b>5</b>	<b>Wednesday, May 31, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Albany, NY
	Simha Rasi: 2.58    Tithi 7		Magha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20    Sutra 45
	Creative Work    Siddha Yoga	355481369	<b>Gulika</b> 9:59AM – 11:52AM	<b>Magha*</b> <b>Until 12:43AM Thu</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:20AM	Hemalamba 5119	
			Yama    6:13AM – 8:06AM	Vyaghata* <b>Until 1:07PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:23PM	Moon 5 - Phase 6	
		<b>Rahu</b> 11:52AM – 1:44PM	Gara <b>Until 8:11AM</b>	<b>Nataraja:</b> Purple	3rd Phase		
		<b>Saptami</b> <b>Until 7:50PM</b>		Moon – Red	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM		

<b>D</b>	<b>Thursday, June 1, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Albany, NY
	<b>Retreat Star</b>		Purvaphalguni Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21    Sutra 46
	Simha Rasi: 16.12    Tithi 8	355481369	<b>Gulika</b> 8:06AM – 9:59AM	<b>Purvaphalguni</b> <b>Until 1:29AM Fri</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:20AM	Hemalamba 5119	
			Yama    4:20AM – 6:13AM	Harshana <b>Until 11:51AM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:24PM	Moon 5 - Phase 6	
		<b>Rahu</b> 1:45PM – 3:38PM	Visti <b>Until 7:42AM</b>	<b>Nataraja:</b> Purple	Ashtami		
		<b>Ashtami*</b> <b>Until 7:44PM</b>		Moon – Red	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM		

<b>D</b>	<b>Friday, June 2, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Albany, NY
	<b>Retreat Star</b>		Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22    Sutra 47
	Simha Rasi: 29.03    Tithi 9	355481369	<b>Gulika</b> 6:12AM – 8:05AM	<b>Uttaraphalguni</b> <b>Until 2:46AM Sat</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:19AM	Hemalamba 5119	
			Yama    3:38PM – 5:32PM	Vajra* <b>Until 11:09AM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 7:25PM	Moon 5 - Phase 6	
		<b>Rahu</b> 9:59AM – 11:52AM	Balava <b>Until 7:59AM</b>	<b>Nataraja:</b> Purple	Navami		
		<b>Navami*</b> <b>Until 8:22PM</b>		Moon – Red	<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM		
				Then Routine Work - Marana Yoga			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1 Saturday, June 3, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Albany, NY			
		Hasta Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Dashamyam Titau Sun 23 Sutra 48			
Kanya Rasi: 11.35	Tithi 10	<b>Gulika</b> 4:19AM – 6:12AM	<b>Hasta</b> Until 4:55AM Sun	<b>Ganesha:</b> White <i>Sunrise:</i> 4:19AM	Hemalamba 5119
		Yama 1:45PM – 3:39PM	Siddhi Until 10:59AM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:25PM	Moon 5 - Phase 7
		365481369 <b>Rahu</b> 8:05AM – 9:59AM	Tailila Until 8:56AM	<b>Nataraja:</b> Purple	4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 9:35PM	Moon – Green	<b>Bhuloka Day</b>
Until 4:55AM Sun				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Siddha Yoga					

<b>2 Sunday, June 4, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Albany, NY			
		Chitra Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 24 Sutra 49			
Kanya Rasi: 23.53	Tithi 11	<b>Gulika</b> 3:39PM – 5:33PM	<b>Chitra</b> Until 7:18AM Mon	<b>Ganesha:</b> White <i>Sunrise:</i> 4:18AM	Hemalamba 5119
		Yama 11:52AM – 1:46PM	Vyatipata* Until 11:13AM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:26PM	Moon 5 - Phase 7
		365481369 <b>Rahu</b> 5:33PM – 7:26PM	Vanija Until 10:24AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 11:16PM	Moon – Green	<b>Bhuloka Day</b>
Until 7:18AM Mon				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Amrita Yoga					

<b>3 Monday, June 5, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY			
		Chitra/Svati Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 50			
Tula Rasi: 6	Tithi 12	<b>Gulika</b> 1:46PM – 3:40PM	<b>Chitra</b> Until 7:18AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:18AM	Hemalamba 5119
<b>Family Home Evening</b>		Yama 9:59AM – 11:52AM	Variyan Until 11:43AM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:27PM	Moon 5 - Phase 7
		365481361 <b>Rahu</b> 6:11AM – 8:05AM	Bava Until 12:15PM	<b>Nataraja:</b> White	4th Phase
Routine Work	Prabalarishta Yoga		<b>Dvadashi</b> Until 1:16AM Tue	Moon – Green	<b>Bhuloka Day</b>
Until 7:18AM				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Amrita Yoga					

<b>4 Tuesday, June 6, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY			
		Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Kaulava/Tailila Karana Trayodashyam Titau Sun 26 Sutra 51			
Tula Rasi: 18.01	Tithi 13	<b>Gulika</b> 11:53AM – 1:46PM	<b>Svati</b> Until 9:48AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:18AM	Hemalamba 5119
		Yama 8:05AM – 9:59AM	Parigha* Until 12:26PM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:28PM	Moon 5 - Phase 7
		365481361 <b>Rahu</b> 3:40PM – 5:34PM	Kaulava Until 2:22PM	<b>Nataraja:</b> White	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 3:28AM Wed	Moon – Green	<b>Bhuloka Day</b>
Until 9:48AM		<b>Vaikasi Visakam</b>	<i>Pradosha Vrata</i>	<b>Jyeshtha-Vaikasi</b>	
Then Routine Work - Marana Yoga					

<b>5 Wednesday, June 7, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Albany, NY			
		Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 52			
Tula Rasi: 29.57	Tithi 14	<b>Gulika</b> 9:59AM – 11:53AM	<b>Vishakha</b> Until 12:47PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:17AM	Hemalamba 5119
		Yama 6:11AM – 8:05AM	Shiva Until 1:17PM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:28PM	Moon 5 - Phase 7
		376481361 <b>Rahu</b> 11:53AM – 1:47PM	Gara Until 4:38PM	<b>Nataraja:</b> White	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 5:47AM Thu	Moon – Orange	<b>Devaloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	

<b>Thursday, June 8, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY			
		Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Visti* Karana Purnimayam Titau Sutra 53			
Vrischika Rasi: 11.51	Tithi 15	<b>Gulika</b> 8:05AM – 9:59AM	<b>Anuradha</b> Until 3:42PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:17AM	Hemalamba 5119
		Yama 4:17AM – 6:11AM	Siddha Until 2:11PM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:29PM	Moon 5 - Phase 7
		376481361 <b>Rahu</b> 1:47PM – 3:41PM	Visti Until 6:59PM	<b>Nataraja:</b> White	Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 8:08AM Fri	Moon – Orange	<b>Devaloka Day</b>
Until 3:42PM				<b>Jyeshtha-Vaikasi</b>	
Then Routine Work - Prabalarishta Yoga					

<b>Friday, June 9, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Albany, NY			
		Jyeshtha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sutra 54			
Vrischika Rasi: 23.44	Tithi 15 – 16	<b>Gulika</b> 6:11AM – 8:05AM	<b>Jyeshtha*</b> Until 6:28PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:17AM	Hemalamba 5119
		Yama 3:41PM – 5:35PM	Sadhya Until 3:06PM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:29PM	Moon 5 - Phase 7
		376481361 <b>Rahu</b> 9:59AM – 11:53AM	Balava Until 9:20PM	<b>Nataraja:</b> White	Prathama
Routine Work	Marana Yoga		<b>Purnima*</b> Until 8:08AM	Moon – Orange	<b>Devaloka Day</b>
Until 6:28PM				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Amrita Yoga					

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



Saturday, June 10, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam

Albany, NY

Dhanus Rasi: 5.37    Tihti 16 – 17

**Gulika** 4:17AM – 6:11AM  
**Yama** 1:47PM – 3:42PM  
**Rahu** 8:05AM – 9:59AM

**Mula\* Until 9:31PM**  
Subha Until 4:01PM  
Taitila Until 11:38PM

**Ganesha:** Yellow    *Sunrise:* 4:17AM  
**Muruga:** Blue    *Sunset:* 7:30PM

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

Creative Work    Siddha Yoga

**Prathama\* Until 10:29AM**

Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Sunday, June 11, 2017

1

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Albany, NY

Dhanus Rasi: 17.32    Tihti 17 – 18

**Gulika** 3:42PM – 5:36PM  
**Yama** 11:53AM – 1:48PM  
**Rahu** 5:36PM – 7:31PM

**Purvashadha\* Until 12:17AM Mon**  
Sukla Until 4:49PM  
Vanija Until 1:49AM Mon  
**Dvitiya Until 12:44PM**

**Ganesha:** Yellow    *Sunrise:* 4:16AM  
**Muruga:** Blue    *Sunset:* 7:31PM

Sun 1    Sutra 56  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

Creative Work    Siddha Yoga

Until 12:17AM Mon

Then Routine Work - Marana Yoga

Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Monday, June 12, 2017

2

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam

Albany, NY

Dhanus Rasi: 29.31    Tihti 18 – 19

**Gulika** 1:48PM – 3:42PM  
**Yama** 9:59AM – 11:54AM  
**Rahu** 6:11AM – 8:05AM

**Uttarashadha Until 2:40AM Tue**  
Brahma Until 5:30PM  
Bava Until 3:45AM Tue  
**Tritiya Until 2:48PM**

**Ganesha:** Yellow    *Sunrise:* 4:16AM  
**Muruga:** Blue    *Sunset:* 7:31PM

Sun 2    Sutra 57  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

Routine Work    Marana Yoga

Until 2:40AM Tue

Then Creative Work - Siddha Yoga

Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Tuesday, June 13, 2017

3

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam

Albany, NY

Makara Rasi: 11.35    Tihti 19 – 20

**Gulika** 11:54AM – 1:48PM  
**Yama** 8:05AM – 9:59AM  
**Rahu** 3:43PM – 5:37PM

**Shravana Until 5:03AM Wed**  
Indra Until 5:57PM  
Kaulava Until 5:20AM Wed  
**Chaturthi\* Until 4:34PM**

**Ganesha:** Blue    *Sunrise:* 4:16AM  
**Muruga:** Blue    *Sunset:* 7:32PM

Sun 3    Sutra 58  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

Creative Work    Siddha Yoga

Until 5:03AM Wed

Then Routine Work - Prabalarishta Yoga

Moon – Purple  
**Jyeshtha-Vaikasi**

**Devaloka Day**

Wednesday, June 14, 2017

4

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam

Albany, NY

Makara Rasi: 23.49    Tihti 20 – 21

**Gulika** 10:00AM – 11:54AM  
**Yama** 6:11AM – 8:05AM  
**Rahu** 11:54AM – 1:49PM

**Dhanishtha Until 6:46AM Thu**  
Vaidhriti\* Until 6:02PM  
Gara Until 6:25AM Thu  
**Panchami Until 5:55PM**

**Ganesha:** Yellow    *Sunrise:* 4:16AM  
**Muruga:** Blue    *Sunset:* 7:32PM

Sun 4    Sutra 59  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

Routine Work    Prabalarishta Yoga

Until 6:46AM Thu

Then Creative Work - Siddha Yoga

Moon – Purple  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Thursday, June 15, 2017

5

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam

Albany, NY

Kumbha Rasi: 6.15    Tihti 21

**Gulika** 8:05AM – 10:00AM  
**Yama** 4:16AM – 6:11AM  
**Rahu** 1:49PM – 3:43PM

**Dhanishtha Until 6:46AM**  
Vishkambha\* Until 5:41PM  
Gara Until 6:25AM  
**Shashthi\* Until 6:43PM**

**Ganesha:** Yellow    *Sunrise:* 4:16AM  
**Muruga:** Blue    *Sunset:* 7:32PM

Sun 5    Sutra 60  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

Creative Work    Siddha Yoga

Moon – Purple  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Friday, June 16, 2017

6

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Albany, NY

Kumbha Rasi: 18.58    Tihti 22

**Gulika** 6:11AM – 8:05AM  
**Yama** 3:44PM – 5:38PM  
**Rahu** 10:00AM – 11:54AM

**Shatabhishak Until 7:44AM**  
Priti Until 4:50PM  
Visti Until 6:52AM  
**Saptami Until 6:49PM**

**Ganesha:** Yellow    *Sunrise:* 4:16AM  
**Muruga:** Blue    *Sunset:* 7:33PM

Sun 6    Sutra 61  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

Creative Work    Siddha Yoga

Moon – Purple  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Saturday, June 17, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam

Albany, NY

Meena Rasi: 2.03    Tihti 23

**Gulika** 4:16AM – 6:11AM  
**Yama** 1:49PM – 3:44PM  
**Rahu** 8:05AM – 10:00AM

**Purvaproshtapada\* Until 8:18AM**  
Ayushman Until 3:22PM  
Balava Until 6:37AM  
**Ashtami\* Until 6:11PM**

**Ganesha:** Clear    *Sunrise:* 4:16AM  
**Muruga:** Blue    *Sunset:* 7:33PM

Sun 7    Sutra 62  
Hemalamba 5119  
Moon 6 - Phase 8  
Ashtami

Routine Work    Marana Yoga

Until 8:18AM

Then Creative Work - Siddha Yoga

Moon – Clear  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Sunday, June 18, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam

Albany, NY

Meena Rasi: 15.32    Tihti 24 – 25

**Gulika** 3:44PM – 5:39PM  
**Yama** 11:55AM – 1:50PM  
**Rahu** 5:39PM – 7:33PM

**Uttaraproshtapada Until 7:58AM**  
Saubhagya Until 1:17PM  
Vanija Until 3:49AM Mon  
**Navami\* Until 4:47PM**

**Ganesha:** Clear    *Sunrise:* 4:16AM  
**Muruga:** Blue    *Sunset:* 7:33PM

Sun 8    Sutra 63  
Hemalamba 5119  
Moon 6 - Phase 8  
Navami

Creative Work    Amrita Yoga

**Father's Day**

Moon – Clear  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time


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<b>1</b>		Monday, June 19, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 9 Sutra 64	
Meena Rasi: 29.28	Tithi 25 – 26	<b>Gulika</b>	1:50PM – 3:44PM	<b>Revati Until 6:44AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:16AM	Hemalamba 5119		
<b>Family Home Evening</b>	317481361	Yama	10:00AM – 11:55AM	Sobhana Until 10:38AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 9		
Creative Work	Siddha Yoga	<b>Rahu</b>	6:11AM – 8:06AM	Bava Until 1:23AM Tue	<b>Nataraja:</b> White	Moon – Clear		2nd Phase	
				<b>Dashami Until 2:40PM</b>	<b>Jyeshtha•Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM			

<b>2</b>		Tuesday, June 20, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Alhiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 10 Sutra 65	
Mesha Rasi: 13.5	Tithi 26 – 27	<b>Gulika</b>	11:55AM – 1:50PM	<b>Bharani Until 2:52AM Wed</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:17AM	Hemalamba 5119		
	327481361	Yama	8:06AM – 10:01AM	Athiganda* Until 7:26AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 9		
Creative Work	Siddha Yoga	<b>Rahu</b>	3:45PM – 5:39PM	Kaulava Until 10:22PM	<b>Nataraja:</b> White	Moon – White		2nd Phase	
Until 2:52AM Wed		<b>Ekadashi* Until 11:55AM</b>				<b>Jyeshtha•Ani</b>	<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga									

<b>3</b>		Wednesday, June 21, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 11 Sutra 66	
Mesha Rasi: 28.36	Tithi 27 – 28	<b>Gulika</b>	10:01AM – 11:56AM	<b>Krittika Until 12:04AM Thu</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:17AM	Hemalamba 5119		
	328581361	Yama	6:11AM – 8:06AM	Dhriti Until 11:51PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 9		
Creative Work	Amrita Yoga	<b>Rahu</b>	11:56AM – 1:50PM	Gara Until 6:57PM	<b>Nataraja:</b> White	Moon – White		2nd Phase	
Until 12:04AM Thu		<b>Dvadashi* Until 8:41AM</b>				<b>Jyeshtha•Ani</b>	<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga	<i>Pradosha Vrata (Fasting)</i>								

<b>4</b>		Thursday, June 22, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 12 Sutra 67	
Vrishabha Rasi: 13.39	Tithi 29	<b>Gulika</b>	8:06AM – 10:01AM	<b>Rohini Until 9:17PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:17AM	Hemalamba 5119		
	338581361	Yama	4:17AM – 6:12AM	Shula* Until 7:42PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 9		
Routine Work	Marana Yoga	<b>Rahu</b>	1:50PM – 3:45PM	Visti Until 3:15PM	<b>Nataraja:</b> White	Moon – Yellow		2nd Phase	
				<b>Chaturdashi* Until 1:21AM Fri</b>	<b>Jyeshtha•Ani</b>	<b>Bhuloka Day</b>			

		Friday, June 23, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 13 Sutra 68	
<b>Retreat Star</b>		<b>Gulika</b>	6:12AM – 8:07AM	<b>Mrigashira Until 6:20PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:17AM	Hemalamba 5119		
Vrishabha Rasi: 28.5	Tithi 30	Yama	3:45PM – 5:40PM	Ganda* Until 3:30PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 9		
	338581361	<b>Rahu</b>	10:01AM – 11:56AM	Catuspada Until 11:28AM	<b>Nataraja:</b> White	Moon – Yellow		Amavasya	
Creative Work	Siddha Yoga	<b>Amavasya* Until 9:34PM</b>				<b>Jyeshtha•Ani</b>	<b>Bhuloka Day</b>		

<b>Retreat Star</b>		Saturday, June 24, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 14 Sutra 69	
Mithuna Rasi: 14.01	Tithi 1 – 2	<b>Gulika</b>	4:18AM – 6:12AM	<b>Ardra Until 3:22PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:18AM	Hemalamba 5119		
	338582361	Yama	1:51PM – 3:45PM	Vridhhi Until 11:23AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 9		
Creative Work	Siddha Yoga	<b>Rahu</b>	8:07AM – 10:02AM	Kintughna Until 7:44AM	<b>Nataraja:</b> White	Moon – Yellow		Prathama	
				<b>Prathama* Until 5:56PM</b>	<b>Ashada•Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudev.org/panchang

# 1

## Sunday, June 25, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Albany, NY

Mithuna Rasi: 29.01    Titthi 2 – 3

**Gulika** 3:46PM – 5:40PM  
**Yama** 11:56AM – 1:51PM  
**Rahu** 5:40PM – 7:35PM

**Punarvasu Until 12:58PM**  
Dhruva Until 7:29AM  
Taitila Until 1:08AM Mon  
Dvitiya Until 2:37PM

**Ganesha:** White    *Sunrise:* 4:18AM  
**Muruga:** Yellow    *Sunset:* 7:35PM  
**Nataraja:** White  
Moon – Blue  
**Ashada\*Ani**

Sun 15    Sutra 70  
Hemalamba 5119  
Moon 6 - Phase 10  
3rd Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

# 2

## Monday, June 26, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Albany, NY

Kataka Rasi: 13.42    Titthi 3 – 4

**Gulika** 1:51PM – 3:46PM  
**Yama** 10:02AM – 11:57AM  
**Rahu** 6:13AM – 8:07AM

**Pushya Until 10:55AM**  
Harshana Until 12:54AM Tue  
Vanija Until 10:36PM  
Tritiya Until 11:46AM

**Ganesha:** White    *Sunrise:* 4:18AM  
**Muruga:** Yellow    *Sunset:* 7:35PM  
**Nataraja:** White  
Moon – Blue  
**Ashada\*Ani**

Sun 16    Sutra 71  
Hemalamba 5119  
Moon 6 - Phase 10  
3rd Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

# 3

## Tuesday, June 27, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vajra\* Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau

Albany, NY

Kataka Rasi: 27.58    Titthi 4 – 5

**Gulika** 11:57AM – 1:51PM  
**Yama** 8:08AM – 10:02AM  
**Rahu** 3:46PM – 5:40PM

**Ashlesha\* Until 9:20AM**  
Vajra\* Until 10:24PM  
Bava Until 8:44PM  
Chaturthi\* Until 9:33AM

**Ganesha:** Yellow    *Sunrise:* 4:19AM  
**Muruga:** Yellow    *Sunset:* 7:35PM  
**Nataraja:** White  
Moon – Blue  
**Ashada\*Ani**

Sun 17    Sutra 72  
Hemalamba 5119  
Moon 6 - Phase 10  
3rd Phase

**Devaloka Day**

Creative Work    Siddha Yoga

# 4

## Wednesday, June 28, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau

Albany, NY

Simha Rasi: 11.46    Titthi 5 – 6

**Gulika** 10:02AM – 11:57AM  
**Yama** 6:14AM – 8:08AM  
**Rahu** 11:57AM – 1:51PM

**Magha\* Until 8:46AM**  
Siddhi Until 8:33PM  
Kaulava Until 7:39PM  
Panchami Until 8:05AM

**Ganesha:** White    *Sunrise:* 4:19AM  
**Muruga:** Yellow    *Sunset:* 7:35PM  
**Nataraja:** White  
Moon – Red  
**Ashada\*Ani**

Sun 18    Sutra 73  
Hemalamba 5119  
Moon 6 - Phase 10  
3rd Phase

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 8:46AM

Then Creative Work - Amrita Yoga

# 5

## Thursday, June 29, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Albany, NY

Simha Rasi: 25.05    Titthi 6 – 7

**Gulika** 8:08AM – 10:03AM  
**Yama** 4:19AM – 6:14AM  
**Rahu** 1:52PM – 3:46PM

**Purvaphalguni Until 8:52AM**  
Vyatipata\* Until 7:22PM  
Gara Until 7:24PM  
Shashthi\* Until 7:24AM

**Ganesha:** White    *Sunrise:* 4:19AM  
**Muruga:** Yellow    *Sunset:* 7:35PM  
**Nataraja:** White  
Moon – Red  
**Ashada\*Ani**

Sun 19    Sutra 74  
Hemalamba 5119  
Moon 6 - Phase 10  
3rd Phase

**Sivaloka Day**

Creative Work    Siddha Yoga

Chidambaram Abhishekam

# 6

## Friday, June 30, 2017

### Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Variyan Yoga Vanija/Visti\* Karana Saptami/Ashtamyam Titau

Albany, NY

Kanya Rasi: 8    Titthi 7 – 8

**Gulika** 6:14AM – 8:09AM  
**Yama** 3:46PM – 5:40PM  
**Rahu** 10:03AM – 11:57AM

**Uttaraphalguni Until 9:36AM**  
Variyan Until 6:46PM  
Visti Until 7:55PM  
Saptami Until 7:32AM

**Ganesha:** White    *Sunrise:* 4:20AM  
**Muruga:** Yellow    *Sunset:* 7:35PM  
**Nataraja:** White  
Moon – Red  
**Ashada\*Ani**

Sun 20    Sutra 75  
Hemalamba 5119  
Moon 6 - Phase 10  
Ashtami

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 9:36AM

Then Creative Work - Amrita Yoga

## Saturday, July 1, 2017

### Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Parigha\* Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Albany, NY

Kanya Rasi: 20.33    Titthi 8 – 9

**Gulika** 4:20AM – 6:15AM  
**Yama** 1:52PM – 3:46PM  
**Rahu** 8:09AM – 10:03AM

**Hasta Until 11:22AM**  
Parigha\* Until 6:44PM  
Balava Until 9:07PM  
Ashtami\* Until 8:25AM

**Ganesha:** Clear    *Sunrise:* 4:20AM  
**Muruga:** Yellow    *Sunset:* 7:35PM  
**Nataraja:** White  
Moon – Green  
**Ashada\*Ani**

Sun 21    Sutra 76  
Hemalamba 5119  
Moon 6 - Phase 10  
Navami

**Devaloka Day**

Routine Work    Marana Yoga

<b>1 Sunday, July 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Albany, NY
Tula Rasi: 2.5      Tithi 9 – 10		Chitra/Svati Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22      Sutra 77
Creative Work      Siddha Yoga	369582361	<b>Gulika</b> 3:46PM – 5:40PM	<b>Chitra Until 1:32PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:21AM	Hemalamba 5119	
		Yama      11:58AM – 1:52PM	Shiva Until 7:08PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:34PM	Moon 6 - Phase 11	
		<b>Rahu</b> 5:40PM – 7:34PM	Taitila Until 10:50PM	<b>Nataraja:</b> White	4th Phase	
			<b>Navami* Until 9:54AM</b>	Moon – Green	<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>		

<b>2 Monday, July 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Albany, NY
Tula Rasi: 14.56      Tithi 10 – 11		Svati/Vishakha Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23      Sutra 78
Family Home Evening Creative Work      Amrita Yoga	369582361	<b>Gulika</b> 1:52PM – 3:46PM	<b>Svati Until 3:57PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:22AM	Hemalamba 5119	
		Yama      10:04AM – 11:58AM	Siddha Until 7:48PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:34PM	Moon 6 - Phase 11	
		<b>Rahu</b> 6:16AM – 8:10AM	Vanija Until 12:56AM Tue	<b>Nataraja:</b> White	4th Phase	
			<b>Dashami Until 11:50AM</b>	Moon – Green	<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>		

<b>3 Tuesday, July 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Albany, NY
Tula Rasi: 26.54      Tithi 11 – 12		Vishakha Nakshatra Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Sun 24      Sutra 79
Routine Work      Marana Yoga	379582361	<b>Gulika</b> 11:58AM – 1:52PM	<b>Vishakha Until 6:57PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:22AM	Hemalamba 5119	
		Yama      8:10AM – 10:04AM	Sadhya Until 8:39PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:34PM	Moon 6 - Phase 11	
		<b>Rahu</b> 3:46PM – 5:40PM	Bava Until 3:13AM Wed	<b>Nataraja:</b> White	4th Phase	
			<b>Ekadashi Until 2:02PM</b>	Moon – Orange	<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>		

<b>4 Wednesday, July 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Albany, NY
Vrischika Rasi: 8.48      Tithi 12 – 13		Anuradha Nakshatra Subha Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Sun 25      Sutra 80
Creative Work      Siddha Yoga	371582361	<b>Gulika</b> 10:04AM – 11:58AM	<b>Anuradha Until 9:53PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:23AM	Hemalamba 5119	
		Yama      6:17AM – 8:10AM	Subha Until 9:36PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:34PM	Moon 6 - Phase 11	
		<b>Rahu</b> 11:58AM – 1:52PM	Kaulava Until 5:35AM Thu	<b>Nataraja:</b> White	4th Phase	
			<b>Dvodashi Until 4:22PM</b>	Moon – Orange	<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>		
				<i>Pradosha Vrata</i>		

<b>5 Thursday, July 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Albany, NY
Vrischika Rasi: 20.4      Tithi 13		Jyeshtha* Nakshatra Sukla Yoga Taitila Karana Trayodashyam Titau				Sun 26      Sutra 81
Routine Work      Prabalarishta Yoga	471582361	<b>Gulika</b> 8:11AM – 10:05AM	<b>Jyeshtha* Until 12:38AM Fri</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:23AM	Hemalamba 5119	
		Yama      4:23AM – 6:17AM	Sukla Until 10:30PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:33PM	Moon 6 - Phase 11	
		<b>Rahu</b> 1:52PM – 3:46PM	Taitila Until 6:44PM	<b>Nataraja:</b> White	4th Phase	
			<b>Trayodashi Until 6:44PM</b>	Moon – Orange	<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>		

<b>6 Friday, July 7, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Albany, NY
Dhanus Rasi: 2.34      Tithi 14		Mula* Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27      Sutra 82
Creative Work      Amrita Yoga	481582361	<b>Gulika</b> 6:18AM – 8:11AM	<b>Mula* Until 3:37AM Sat</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:24AM	Hemalamba 5119	
		Yama      3:46PM – 5:39PM	Brahma Until 11:21PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:33PM	Moon 6 - Phase 11	
		<b>Rahu</b> 10:05AM – 11:59AM	Gara Until 7:54AM	<b>Nataraja:</b> White	4th Phase	
			<b>Chaturdashi* Until 9:00PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>		

<b>7 Saturday, July 8, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Albany, NY
<b>Copper Retreat Star</b>		Purvashadha* Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 83
Dhanus Rasi: 14.31      Tithi 15	481582361	<b>Gulika</b> 4:25AM – 6:18AM	<b>Purvashadha* Until 6:15AM Sun</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:25AM	Hemalamba 5119	
		Yama      1:52PM – 3:46PM	Indra Until 12:05AM Sun	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:33PM	Moon 6 - Phase 11	
		<b>Rahu</b> 8:12AM – 10:05AM	Visti Until 10:06AM	<b>Nataraja:</b> White	Purnima	
			<b>Purnima* Until 11:06PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>		
		<b>Satguru Purnima</b>				

<b>8 Sunday, July 9, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Albany, NY
<b>Silver Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 84
Dhanus Rasi: 26.32      Tithi 16	481582361	<b>Gulika</b> 3:46PM – 5:39PM	<b>Purvashadha* Until 6:15AM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:25AM	Hemalamba 5119	
		Yama      11:59AM – 1:52PM	Vaidhriti* Until 12:36AM Mon	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:32PM	Moon 6 - Phase 11	
		<b>Rahu</b> 5:39PM – 7:32PM	Balava Until 12:05PM	<b>Nataraja:</b> White	Prathama	
			<b>Prathama* Until 12:57AM Mon</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





Monday, July 10, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam

Albany, NY

Uttarashadha/Shravana Nakshatra Vishkambha\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Sun 1 Sutra 85

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

Makara Rasi: 8.39 Tithi 17

Family Home Evening

491582361

Gulika 1:52PM - 3:45PM

Yama 10:06AM - 11:59AM

Rahu 6:19AM - 8:13AM

Uttarashadha Until 8:28AM

Vishkambha\* Until 12:52AM Tue

Tailila Until 1:47PM

Dvitiya Until 2:29AM Tue

Ganesha: Purple

Sunrise: 4:26AM

Muruga: Yellow

Sunset: 7:32PM

Nataraja: White

Moon - Light Blue

Ashada\*Ani

Sivaloka Day

Then Creative Work - Amrita Yoga

Tuesday, July 11, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Albany, NY

Shravana/Dhanishtha Nakshatra Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

Sun 2 Sutra 86

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

Makara Rasi: 20.55 Tithi 18

Creative Work

491582361

Gulika 11:59AM - 1:52PM

Yama 8:13AM - 10:06AM

Rahu 3:45PM - 5:38PM

Shravana Until 10:41AM

Priti Until 12:52AM Wed

Vanija Until 3:07PM

Tritiya Until 3:37AM Wed

Ganesha: Clear

Sunrise: 4:27AM

Muruga: Yellow

Sunset: 7:31PM

Nataraja: White

Moon - Purple

Ashada\*Ani

Devaloka Day

Siddha Yoga

Wednesday, July 12, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam

Albany, NY

Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Sun 3 Sutra 87

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

Kumbha Rasi: 3.2 Tithi 19

Routine Work

491582361

Gulika 10:06AM - 11:59AM

Yama 6:21AM - 8:13AM

Rahu 11:59AM - 1:52PM

Dhanishtha Until 12:20PM

Ayushman Until 12:29AM Thu

Bava Until 4:02PM

Chaturthi\* Until 4:18AM Thu

Ganesha: Clear

Sunrise: 4:28AM

Muruga: Yellow

Sunset: 7:31PM

Nataraja: White

Moon - Purple

Ashada\*Ani

Devaloka Day

Prabalarishta Yoga

Until 12:20PM

Then Creative Work - Siddha Yoga

Thursday, July 13, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam

Albany, NY

Shatabhishak/Purvaproshtapada\* Nakshatra Saubhagya Yoga Kaulava/Tailila Karana Panchamyam Titau

Sun 4 Sutra 88

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

Kumbha Rasi: 15.59 Tithi 20

Creative Work

491582361

Gulika 8:14AM - 10:07AM

Yama 4:28AM - 6:21AM

Rahu 1:52PM - 3:45PM

Shatabhishak Until 1:22PM

Saubhagya Until 11:43PM

Kaulava Until 4:29PM

Panchami Until 4:29AM Fri

Ganesha: Clear

Sunrise: 4:28AM

Muruga: Yellow

Sunset: 7:30PM

Nataraja: White

Moon - Purple

Ashada\*Ani

Devaloka Day

Siddha Yoga

Friday, July 14, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Albany, NY

Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

Sun 5 Sutra 89

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

Kumbha Rasi: 28.52 Tithi 21

Creative Work

411582361

Gulika 6:22AM - 8:14AM

Yama 3:45PM - 5:37PM

Rahu 10:07AM - 11:59AM

Purvaproshtapada\* Until 2:11PM

Sobhana Until 10:31PM

Gara Until 4:23PM

Shashthi\* Until 4:06AM Sat

Ganesha: Clear

Sunrise: 4:29AM

Muruga: Yellow

Sunset: 7:30PM

Nataraja: White

Moon - Clear

Ashada\*Ani

Devaloka Day

Siddha Yoga

Saturday, July 15, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam

Albany, NY

Uttaraproshtapada\*/Revati Nakshatra Athiganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 6 Sutra 90

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

Meena Rasi: 12.02 Tithi 22

Creative Work

412582361

Gulika 4:30AM - 6:22AM

Yama 1:52PM - 3:44PM

Rahu 8:15AM - 10:07AM

Uttaraproshtapada Until 2:18PM

Athiganda\* Until 8:51PM

Visti Until 3:43PM

Saptami Until 3:08AM Sun

Ganesha: Purple

Sunrise: 4:30AM

Muruga: Yellow

Sunset: 7:29PM

Nataraja: White

Moon - Clear

Ashada\*Ani

Bhuloka Day

Siddha Yoga

Until 2:18PM

Then Routine Work - Prabalarishta Yoga

Devaloka Time: 12:PM to 3:PM

Sunday, July 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Albany, NY

Revati/Ashvini Nakshatra Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 7 Sutra 91

Hemalamba 5119

Moon 7 - Phase 12

Ashtami

Meena Rasi: 25.31 Tithi 23

Creative Work

412682362

Gulika 3:44PM - 5:36PM

Yama 12:00PM - 1:52PM

Rahu 5:36PM - 7:28PM

Revati Until 1:40PM

Sukarma Until 6:42PM

Balava Until 2:27PM

Ashtami\* Until 1:36AM Mon

Ganesha: Clear

Sunrise: 4:31AM

Muruga: Yellow

Sunset: 7:28PM

Nataraja: Clear

Moon - Clear

Ashada\*Adi

Sivaloka Day

Amrita Yoga

Until 1:40PM

Then Creative Work - Siddha Yoga

Monday, July 17, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Albany, NY

Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Tailila/Gara Karana Navamyam Titau

Sun 8 Sutra 92

Hemalamba 5119

Moon 7 - Phase 12

Navami

Mesha Rasi: 9.21 Tithi 24

Family Home Evening

422682362

Gulika 1:52PM - 3:44PM

Yama 10:08AM - 12:00PM

Rahu 6:24AM - 8:16AM

Ashvini Until 12:47PM

Dhriti Until 4:07PM

Tailila Until 12:38PM

Navami\* Until 11:30PM

Ganesha: White

Sunrise: 4:32AM

Muruga: Yellow

Sunset: 7:28PM

Nataraja: Clear

Moon - White

Ashada\*Adi

Subha Sivaloka Day

Siddha Yoga

**1 Tuesday, July 18, 2017** Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Albany, NY  
 Bharani/Krittika Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Dashamyam Titau Sun 9 Sutra 93  
 Mesha Rasi: 23.32 Tithi 25 **Gulika** 12:00PM – 1:52PM **Bharani Until 11:13AM** **Ganesh:** White *Sunrise:* 4:33AM Hemalamba 5119  
 Yama 8:16AM – 10:08AM Shula\* Until 1:05PM **Muruga:** Yellow *Sunset:* 7:27PM Moon 7 - Phase 13  
 422682362 **Rahu** 3:43PM – 5:35PM Vanija Until 10:17AM **Nataraja:** Clear 2nd Phase  
 Creative Work Siddha Yoga Dashami Until 8:56PM Moon – White **Subha Sivaloka Day**  
**Ashada\*Adi**

**2 Wednesday, July 19, 2017** Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Albany, NY  
 Krittika/Rohini Nakshatra Ganda\*/Vridhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 94  
 Vrishabha Rasi: 8.01 Tithi 26 – 27 **Gulika** 10:08AM – 12:00PM **Krittika Until 9:05AM** **Ganesh:** White *Sunrise:* 4:33AM Hemalamba 5119  
 Yama 6:25AM – 8:17AM Ganda\* Until 9:43AM **Muruga:** Yellow *Sunset:* 7:26PM Moon 7 - Phase 13  
 422682362 **Rahu** 12:00PM – 1:51PM Bava Until 7:30AM **Nataraja:** Clear 2nd Phase  
 Creative Work Amrita Yoga Moon – White **Subha Sivaloka Day**  
 Until 9:05AM **Ekadashi\* Until 5:58PM** **Ashada\*Adi**  
 Then Creative Work - Siddha Yoga

**3 Thursday, July 20, 2017** Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Albany, NY  
 Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 95  
 Vrishabha Rasi: 22.46 Tithi 27 – 28 **Gulika** 8:17AM – 10:09AM **Rohini Until 6:54AM** **Ganesh:** Yellow *Sunrise:* 4:34AM Hemalamba 5119  
 Yama 4:34AM – 6:26AM Vridhi Until 6:06AM **Muruga:** Yellow *Sunset:* 7:25PM Moon 7 - Phase 13  
 432682362 **Rahu** 1:51PM – 3:43PM Gara Until 1:04AM Fri **Nataraja:** Clear 2nd Phase  
 Routine Work Marana Yoga Moon – Yellow **Sivaloka Day**  
**Ashada\*Adi**  
*Pradosha Vrata (Fasting)*

**4 Friday, July 21, 2017** Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Albany, NY  
 Ardra Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 96  
 Mithuna Rasi: 7.4 Tithi 28 – 29 **Gulika** 6:26AM – 8:18AM **Ardra Until 1:41AM Sat** **Ganesh:** Yellow *Sunrise:* 4:35AM Hemalamba 5119  
 Yama 3:42PM – 5:33PM Vyaghata\* Until 10:26PM **Muruga:** Yellow *Sunset:* 7:25PM Moon 7 - Phase 13  
 432682362 **Rahu** 10:09AM – 12:00PM Visti Until 9:41PM **Nataraja:** Clear 2nd Phase  
 Creative Work Siddha Yoga Moon – Yellow **Sivaloka Day**  
**Ashada\*Adi**  
**Trayodashi\* Until 11:21AM**

**● Saturday, July 22, 2017** Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Albany, NY  
 Punarvasu Nakshatra Harshana Yoga Sakuni\*/Catuspada\* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 97  
 Mithuna Rasi: 22.35 Tithi 29 – 30 **Gulika** 4:36AM – 6:27AM **Punarvasu Until 11:23PM** **Ganesh:** Red *Sunrise:* 4:36AM Hemalamba 5119  
 Yama 1:51PM – 3:42PM Harshana Until 6:40PM **Muruga:** Yellow *Sunset:* 7:24PM Moon 7 - Phase 13  
 442682362 **Rahu** 8:18AM – 10:09AM Catuspada Until 6:22PM **Nataraja:** Clear Amavasya  
 Creative Work Siddha Yoga Moon – Blue **Sivaloka Day**  
**Ashada\*Adi**  
**Chaturdashi\* Until 7:59AM**

**Sunday, July 23, 2017** Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Albany, NY  
 Pushya Nakshatra Vajra\*/Siddhi Yoga Kintughna\*/Bava Karana Prathamayam Titau Sun 14 Sutra 98  
 Kataka Rasi: 7.23 Tithi 1 **Gulika** 3:41PM – 5:32PM **Pushya Until 9:13PM** **Ganesh:** Red *Sunrise:* 4:37AM Hemalamba 5119  
 Yama 12:00PM – 1:51PM Vajra\* Until 3:05PM **Muruga:** Yellow *Sunset:* 7:23PM Moon 7 - Phase 13  
 442682362 **Rahu** 5:32PM – 7:23PM Kintughna Until 3:18PM **Nataraja:** Clear Prathama  
 Creative Work Siddha Yoga Moon – Blue **Sivaloka Day**  
**Prathama\* Until 1:53AM Mon** **Sravana\*Adi**

<b>1</b>		<b>Monday, July 24, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 15 Sutra 99	
Kataka Rasi: 21.57	Tithi 2	<b>Gulika</b>	1:51PM – 3:41PM	<b>Ashlesha* Until 7:20PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:38AM	Hemalamba 5119		
<b>Family Home Evening</b>	442682362	Yama	10:10AM – 12:00PM	Siddhi Until 11:49AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 14		
Creative Work	Siddha Yoga	<b>Rahu</b>	6:29AM – 8:19AM	Balava Until 12:38PM	<b>Nataraja:</b> Clear	Moon – Blue		<b>Sivaloka Day</b>	
Until 7:20PM				<b>Dvitiya Until 11:28PM</b>	<b>Sravana-Adi</b>				
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Tuesday, July 25, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Tritiyayam Titau		Albany, NY Sun 16 Sutra 100	
Simha Rasi: 6.1	Tithi 3	<b>Gulika</b>	12:00PM – 1:50PM	<b>Magha* Until 6:20PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:39AM	Hemalamba 5119		
	452682362	Yama	8:20AM – 10:10AM	Vyatipata* Until 9:01AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 14		
Creative Work	Siddha Yoga	<b>Rahu</b>	3:41PM – 5:31PM	Tailila Until 10:29AM	<b>Nataraja:</b> Clear	Moon – Red		<b>Sivaloka Day</b>	
				<b>Tritiya Until 9:38PM</b>	<b>Sravana-Adi</b>				

<b>3</b>		<b>Wednesday, July 26, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau		Albany, NY Sun 17 Sutra 101	
Simha Rasi: 19.59	Tithi 4	<b>Gulika</b>	10:10AM – 12:00PM	<b>Purvaphalguni Until 5:52PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:40AM	Hemalamba 5119		
	452682362	Yama	6:30AM – 8:20AM	Variyan Until 6:43AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 14		
Creative Work	Amrita Yoga	<b>Rahu</b>	12:00PM – 1:50PM	Vanija Until 9:00AM	<b>Nataraja:</b> Clear	Moon – Red		<b>Sivaloka Day</b>	
				<b>Chaturthi* Until 8:31PM</b>	<b>Sravana-Adi</b>				

<b>4</b>		<b>Thursday, July 27, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 18 Sutra 102	
Kanya Rasi: 3.22	Tithi 5	<b>Gulika</b>	8:20AM – 10:10AM	<b>Uttaraphalguni Until 6:00PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:41AM	Hemalamba 5119		
	452692362	Yama	4:41AM – 6:31AM	Shiva Until 3:59AM Fri	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 14		
	Amrita Yoga	<b>Rahu</b>	1:50PM – 3:40PM	Bava Until 8:16AM	<b>Nataraja:</b> Clear	Moon – Red		<b>Devaloka Day</b>	
Until 6:00PM		<b>Nag Panchami</b>		<b>Panchami Until 8:10PM</b>	<b>Sravana-Adi</b>				
Then Routine Work - Marana Yoga									

<b>5</b>		<b>Friday, July 28, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddha Yoga Kaulava/Tailila Karana Shashthyam Titau		Albany, NY Sun 19 Sutra 103	
Kanya Rasi: 16.2	Tithi 6	<b>Gulika</b>	6:31AM – 8:21AM	<b>Hasta Until 7:12PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:42AM	Hemalamba 5119		
	462692362	Yama	3:39PM – 5:29PM	Siddha Until 3:30AM Sat	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 14		
Creative Work	Amrita Yoga	<b>Rahu</b>	10:10AM – 12:00PM	Kaulava Until 8:18AM	<b>Nataraja:</b> Clear	Moon – Green		<b>Sivaloka Day</b>	
Until 7:12PM				<b>Shashthi* Until 8:35PM</b>	<b>Sravana-Adi</b>				
Then Creative Work - Siddha Yoga									

<b>6</b>		<b>Saturday, July 29, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 20 Sutra 104	
Kanya Rasi: 28.58	Tithi 7	<b>Gulika</b>	4:43AM – 6:32AM	<b>Chitra Until 8:56PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:43AM	Hemalamba 5119		
	463692362	Yama	1:49PM – 3:39PM	Sadhya Until 3:33AM Sun	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 14		
Routine Work	Marana Yoga	<b>Rahu</b>	8:21AM – 10:11AM	Gara Until 9:05AM	<b>Nataraja:</b> Clear	Moon – Green		<b>Devaloka Day</b>	
Until 8:56PM				<b>Saptami Until 9:42PM</b>	<b>Sravana-Adi</b>				
Then Creative Work - Siddha Yoga									

<b>☾</b>		<b>Sunday, July 30, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Subha Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 21 Sutra 105	
<b>Retreat Star</b>		<b>Gulika</b>	3:38PM – 5:27PM	<b>Svati Until 11:03PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:44AM	Hemalamba 5119		
Tula Rasi: 11.17	Tithi 8	Yama	12:00PM – 1:49PM	Subha Until 4:01AM Mon	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 14		
Creative Work	Siddha Yoga	<b>Rahu</b>	5:27PM – 7:16PM	Visti Until 10:30AM	<b>Nataraja:</b> Clear	Moon – Green		<b>Devaloka Day</b>	
Until 11:03PM				<b>Ashtami* Until 11:23PM</b>	<b>Sravana-Adi</b>				
Then Routine Work - Marana Yoga									

<b>☽</b>		<b>Monday, July 31, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 22 Sutra 106	
<b>Retreat Star</b>		<b>Gulika</b>	1:49PM – 3:37PM	<b>Vishakha Until 1:53AM Tue</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:45AM	Hemalamba 5119		
Tula Rasi: 23.23	Tithi 9	Yama	10:11AM – 12:00PM	Sukla Until 4:44AM Tue	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 14		
<b>Family Home Evening</b>	473692362	<b>Rahu</b>	6:34AM – 8:22AM	Balava Until 12:24PM	<b>Nataraja:</b> Clear	Moon – Orange		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga			<b>Navami* Until 1:27AM Tue</b>	<b>Sravana-Adi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		
Until 1:53AM Tue									
Then Creative Work - Siddha Yoga									

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, August 1, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Albany, NY	
Vrischika Rasi: 5.22		Tihti 10		Anuradha Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 107	
473692362		<b>Gulika</b>	12:00PM – 1:48PM	<b>Anuradha Until 4:46AM Wed</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:46AM	Hemalamba 5119		
Creative Work		<b>Yama</b>	8:23AM – 10:11AM	<b>Brahma Until 5:37AM Wed</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 15		
Siddha Yoga		<b>Rahu</b>	3:37PM – 5:25PM	<b>Taitila Until 2:37PM</b>	<b>Nataraja:</b> Clear			4th Phase	
				<b>Dashami Until 3:45AM Wed</b>	<b>Moon – Orange</b>			<b>Bhuloka Day</b>	<b>Tour Day</b>
					<b>Sravana-Adi</b>			Devaloka Time: 6:PM to 9:PM	

<b>2</b>		<b>Wednesday, August 2, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Albany, NY	
Vrischika Rasi: 17.16		Tihti 11		Jyeshtha* Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 108	
473692362		<b>Gulika</b>	10:12AM – 12:00PM	<b>Jyeshtha* Until 7:30AM Thu</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:47AM	Hemalamba 5119		
Creative Work		<b>Yama</b>	6:35AM – 8:23AM	<b>Indra Until 6:33AM Thu</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 15		
Siddha Yoga		<b>Rahu</b>	12:00PM – 1:48PM	<b>Vanija Until 4:57PM</b>	<b>Nataraja:</b> Clear			4th Phase	
				<b>Ekadashi Until 6:06AM Thu</b>	<b>Moon – Orange</b>			<b>Bhuloka Day</b>	
					<b>Sravana-Adi</b>			Devaloka Time: 6:PM to 9:PM	

<b>3</b>		<b>Thursday, August 3, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Albany, NY	
Vrischika Rasi: 29.1		Tihti 11 – 12		Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 109	
473692362		<b>Gulika</b>	8:24AM – 10:12AM	<b>Jyeshtha* Until 7:30AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:48AM	Hemalamba 5119		
Routine Work		<b>Yama</b>	4:48AM – 6:36AM	<b>Indra Until 6:33AM</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 15		
Prabalarishta Yoga		<b>Rahu</b>	1:48PM – 3:36PM	<b>Bava Until 7:16PM</b>	<b>Nataraja:</b> Clear			4th Phase	
Until 7:30AM				<b>Ekadashi Until 6:06AM</b>	<b>Moon – Orange</b>			<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Sravana-Adi</b>			Devaloka Time: 6:PM to 9:PM	

<b>4</b>		<b>Friday, August 4, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Albany, NY	
Dhanus Rasi: 11.05		Tihti 12 – 13		Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 110	
483692362		<b>Gulika</b>	6:37AM – 8:24AM	<b>Mula* Until 10:29AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:49AM	Hemalamba 5119		
Creative Work		<b>Yama</b>	3:35PM – 5:23PM	<b>Vaidhriti* Until 7:21AM</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 15		
Amrita Yoga		<b>Rahu</b>	10:12AM – 12:00PM	<b>Kaulava Until 9:24PM</b>	<b>Nataraja:</b> Clear			4th Phase	
Until 10:29AM				<b>Dvadashi Until 8:20AM</b>	<b>Moon – Light Blue</b>			<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga		<b>Varalakshmi Vratam</b>		<i>Pradosha Vrata</i>	<b>Sravana-Adi</b>				

<b>5</b>		<b>Saturday, August 5, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		Albany, NY	
Dhanus Rasi: 23.07		Tihti 13 – 14		Purvashadha*/Uttarashadha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 111	
483692362		<b>Gulika</b>	4:50AM – 6:37AM	<b>Purvashadha* Until 1:02PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:50AM	Hemalamba 5119		
Creative Work		<b>Yama</b>	1:47PM – 3:34PM	<b>Vishkambha* Until 8:00AM</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 15		
Siddha Yoga		<b>Rahu</b>	8:25AM – 10:12AM	<b>Gara Until 11:14PM</b>	<b>Nataraja:</b> Clear			4th Phase	
Until 1:02PM				<b>Trayodashi Until 10:20AM</b>	<b>Moon – Light Blue</b>			<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Sravana-Adi</b>				

<b>0</b>		<b>Sunday, August 6, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Makara Rasi: 5.16		Tihti 14 – 15		Uttarashadha*/Shravana Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 112	
483692362		<b>Gulika</b>	3:34PM – 5:21PM	<b>Uttarashadha Until 3:06PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:51AM	Hemalamba 5119		
Creative Work		<b>Yama</b>	11:59AM – 1:46PM	<b>Priti Until 8:24AM</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 15		
Amrita Yoga		<b>Rahu</b>	5:21PM – 7:08PM	<b>Visti Until 12:41AM Mon</b>	<b>Nataraja:</b> Clear			Purnima	
Until 1:02PM				<b>Chaturdashi* Until 11:59AM</b>	<b>Moon – Light Blue</b>			<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Raksha Bandhan</b>			<b>Sravana-Adi</b>				

<b>Monday, August 7, 2017</b>		<b>Silver Retreat Star</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY	
Makara Rasi: 17.35		Tihti 15 – 16		Shravana*/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 113	
493692362		<b>Gulika</b>	1:46PM – 3:33PM	<b>Shravana Until 5:03PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:52AM	Hemalamba 5119		
Family Home Evening		<b>Yama</b>	10:12AM – 11:59AM	<b>Ayushman Until 8:27AM</b>	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 15		
Creative Work		<b>Rahu</b>	6:39AM – 8:26AM	<b>Balava Until 1:41AM Tue</b>	<b>Nataraja:</b> Clear			Prathama	
Amrita Yoga				<b>Purnima* Until 1:13PM</b>	<b>Moon – Purple</b>			<b>Bhuloka Day</b>	
Until 5:03PM		<b>Partial Lunar Eclipse</b>			<b>Sravana-Adi</b>			Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga									

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Tuesday, August 8, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 114

Hemalamba 5119

Kumbha Rasi: 0.06 Tihi 16 – 17

Gulika 11:59AM – 1:46PM  
Yama 8:26AM – 10:13AM  
Rahu 3:32PM – 5:19PM

Dhanishtha Until 6:24PM  
Saubhagya Until 8:09AM  
Taitila Until 2:12AM Wed  
Prathama\* Until 1:59PM

Ganesha: White Sunrise: 4:53AM  
Muruga: Blue Sunset: 7:05PM  
Nataraja: Clear  
Moon – Purple  
Sravana-Adi

Moon 8 - Phase 16

1st Phase

Creative Work Siddha Yoga  
Until 6:24PM

Then Routine Work - Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

1

Wednesday, August 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Alhiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sun 1 Sutra 115

Hemalamba 5119

Kumbha Rasi: 12.5 Tihi 17 – 18

Gulika 10:13AM – 11:59AM  
Yama 6:40AM – 8:27AM  
Rahu 11:59AM – 1:45PM

Shatabhishak Until 7:07PM  
Sobhana Until 7:29AM  
Vanija Until 2:15AM Thu  
Dvitiya Until 2:16PM

Ganesha: White Sunrise: 4:54AM  
Muruga: Blue Sunset: 7:04PM  
Nataraja: Clear  
Moon – Purple  
Sravana-Adi

Moon 8 - Phase 16

1st Phase

Creative Work Siddha Yoga  
Until 7:07PM

Then Creative Work - Amrita Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

2

Thursday, August 10, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sun 2 Sutra 116

Hemalamba 5119

Kumbha Rasi: 25.49 Tihi 18 – 19

Gulika 8:27AM – 10:13AM  
Yama 4:55AM – 6:41AM  
Rahu 1:45PM – 3:31PM

Purvaproshtapada\* Until 7:42PM  
Athiganda\* Until 6:26AM  
Bava Until 1:51AM Fri  
Tritiya Until 2:05PM

Ganesha: Clear Sunrise: 4:55AM  
Muruga: Blue Sunset: 7:02PM  
Nataraja: Clear  
Moon – Clear  
Sravana-Adi

Moon 8 - Phase 16

1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

3

Friday, August 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY

Sun 3 Sutra 117

Hemalamba 5119

Meena Rasi: 9.01 Tihi 19 – 20

Gulika 6:42AM – 8:28AM  
Yama 3:30PM – 5:15PM  
Rahu 10:13AM – 11:59AM

Uttaraproshtapada Until 7:42PM  
Dhriti Until 3:18AM Sat  
Kaulava Until 1:01AM Sat  
Chaturthi\* Until 1:28PM

Ganesha: Clear Sunrise: 4:56AM  
Muruga: Blue Sunset: 7:01PM  
Nataraja: Clear  
Moon – Clear  
Sravana-Adi

Moon 8 - Phase 16

1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

4

Saturday, August 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sun 4 Sutra 118

Hemalamba 5119

Meena Rasi: 22.27 Tihi 20 – 21

Gulika 4:57AM – 6:43AM  
Yama 1:44PM – 3:29PM  
Rahu 8:28AM – 10:13AM

Revati Until 7:09PM  
Shula\* Until 1:14AM Sun  
Gara Until 11:47PM  
Panchami Until 12:26PM

Ganesha: Purple Sunrise: 4:57AM  
Muruga: Blue Sunset: 7:00PM  
Nataraja: Clear  
Moon – Clear  
Sravana-Adi

Moon 8 - Phase 16

1st Phase

Routine Work Prabalarishta Yoga  
Until 7:09PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

5

Sunday, August 13, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Ganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Albany, NY

Sun 5 Sutra 119

Hemalamba 5119

Mesha Rasi: 6.06 Tihi 21 – 22

Gulika 3:28PM – 5:13PM  
Yama 11:58AM – 1:43PM  
Rahu 5:13PM – 6:58PM

Ashvini Until 6:32PM  
Ganda\* Until 10:53PM  
Visti Until 10:12PM  
Shashthi\* Until 11:01AM

Ganesha: Clear Sunrise: 4:58AM  
Muruga: Blue Sunset: 6:58PM  
Nataraja: Clear  
Moon – White  
Sravana-Adi

Moon 8 - Phase 16

1st Phase

Creative Work Siddha Yoga  
Until 6:32PM

Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

☾

Monday, August 14, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vriddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sun 6 Sutra 120

Hemalamba 5119

Mesha Rasi: 19.59 Tihi 22 – 23

Gulika 1:43PM – 3:27PM  
Yama 10:13AM – 11:58AM  
Rahu 6:44AM – 8:29AM

Bharani Until 5:26PM  
Vriddhi Until 8:17PM  
Balava Until 8:17PM  
Saptami Until 9:16AM

Ganesha: Clear Sunrise: 5:00AM  
Muruga: Blue Sunset: 6:57PM  
Nataraja: Clear  
Moon – White  
Sravana-Adi

Moon 8 - Phase 16

Ashtami

Creative Work Siddha Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

**Devaloka Day**

Tuesday, August 15, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY

Sun 7 Sutra 121

Hemalamba 5119

Vrishabha Rasi: 4.03 Tihi 23 – 24

Gulika 11:58AM – 1:42PM  
Yama 8:29AM – 10:14AM  
Rahu 3:27PM – 5:11PM

Krittika Until 3:53PM  
Dhruva Until 5:25PM  
Taitila Until 6:04PM  
Ashtami\* Until 7:12AM

Ganesha: Clear Sunrise: 5:01AM  
Muruga: Blue Sunset: 6:55PM  
Nataraja: Clear  
Moon – White  
Sravana-Adi

Moon 8 - Phase 16

Navami

Creative Work Siddha Yoga

Until 3:53PM

Then Creative Work - Amrita Yoga

**Devaloka Day**

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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<b>1</b>		<b>Wednesday, August 16, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Albany, NY	
Rohini/Mrigashira Nakshatra Vyaghata*/Harshana Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8		Sutra 122		Hemalamba 5119	
Vrishabha Rasi: 18.19		<b>Gulika</b>	<b>10:14AM – 11:58AM</b>	<b>Rohini Until 2:22PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:02AM</i>	
Tihti 25		<b>Yama</b>	<b>6:46AM – 8:30AM</b>	<b>Vyaghata* Until 2:21PM</b>	<b>Muruga: Blue</b>	<i>Sunset: 6:54PM</i>	Moon 8 - Phase 17
434792362		<b>Rahu</b>	<b>11:58AM – 1:42PM</b>	<b>Vanija Until 3:37PM</b>	<b>Nataraja: Clear</b>		2nd Phase
Creative Work Siddha Yoga		<b>Dashami Until 2:18AM Thu</b>				<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
						<b>Sravana-Avani</b>	<b>Devaloka Time: 6:PM to 9:PM</b>

<b>2</b>		<b>Thursday, August 17, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Albany, NY	
Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 123		Hemalamba 5119	
Mithuna Rasi: 2.43		<b>Gulika</b>	<b>8:30AM – 10:14AM</b>	<b>Mrigashira Until 12:32PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:03AM</i>	
Tihti 26		<b>Yama</b>	<b>5:03AM – 6:46AM</b>	<b>Harshana Until 11:08AM</b>	<b>Muruga: Blue</b>	<i>Sunset: 6:52PM</i>	Moon 8 - Phase 17
534792362		<b>Rahu</b>	<b>1:41PM – 3:25PM</b>	<b>Bava Until 12:59PM</b>	<b>Nataraja: Clear</b>		2nd Phase
Routine Work Marana Yoga		<b>Ekadashi* Until 11:36PM</b>				<b>Moon – Yellow</b>	<b>Devaloka Day</b>
						<b>Sravana-Avani</b>	

<b>3</b>		<b>Friday, August 18, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Albany, NY	
Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 124		Hemalamba 5119	
Mithuna Rasi: 17.13		<b>Gulika</b>	<b>6:47AM – 8:31AM</b>	<b>Ardra Until 10:28AM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:04AM</i>	
Tihti 27		<b>Yama</b>	<b>3:24PM – 5:07PM</b>	<b>Vajra* Until 7:49AM</b>	<b>Muruga: Blue</b>	<i>Sunset: 6:51PM</i>	Moon 8 - Phase 17
534792362		<b>Rahu</b>	<b>10:14AM – 11:57AM</b>	<b>Kaulava Until 10:15AM</b>	<b>Nataraja: Clear</b>		2nd Phase
Creative Work Siddha Yoga		<b>Dvadashi* Until 8:51PM</b>				<b>Moon – Yellow</b>	<b>Devaloka Day</b>
						<b>Sravana-Avani</b>	

<b>4</b>		<b>Saturday, August 19, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Albany, NY	
Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 125		Hemalamba 5119	
Kataka Rasi: 1.43		<b>Gulika</b>	<b>5:05AM – 6:48AM</b>	<b>Punarvasu Until 8:40AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:05AM</i>	
Tihti 28		<b>Yama</b>	<b>1:40PM – 3:23PM</b>	<b>Vyatipata* Until 1:18AM Sun</b>	<b>Muruga: Blue</b>	<i>Sunset: 6:49PM</i>	Moon 8 - Phase 17
544792362		<b>Rahu</b>	<b>8:31AM – 10:14AM</b>	<b>Gara Until 7:31AM</b>	<b>Nataraja: Clear</b>		2nd Phase
Creative Work Siddha Yoga		<b>Trayodashi* Until 6:10PM</b>				<b>Moon – Blue</b>	<b>Bhuloka Day</b>
						<b>Sravana-Avani</b>	<b>Devaloka Time: 6:PM to 9:PM</b>
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Sunday, August 20, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Albany, NY	
Pushya/Ashlesha* Nakshatra Varyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 126		Hemalamba 5119	
Kataka Rasi: 16.08		<b>Gulika</b>	<b>3:22PM – 5:05PM</b>	<b>Pushya Until 6:52AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:06AM</i>	
Tihti 29 – 30		<b>Yama</b>	<b>11:57AM – 1:40PM</b>	<b>Varyan Until 10:15PM</b>	<b>Muruga: Blue</b>	<i>Sunset: 6:48PM</i>	Moon 8 - Phase 17
544792362		<b>Rahu</b>	<b>5:05PM – 6:48PM</b>	<b>Catuspada Until 2:33AM Mon</b>	<b>Nataraja: Clear</b>		2nd Phase
Creative Work Siddha Yoga		<b>Chaturdashi* Until 3:40PM</b>				<b>Moon – Blue</b>	<b>Bhuloka Day</b>
						<b>Sravana-Avani</b>	<b>Devaloka Time: 6:PM to 9:PM</b>

<b>Monday, August 21, 2017</b>		<b>Retreat Star</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY	
Magha* Nakshatra Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 127		Hemalamba 5119	
Simha Rasi: 0.23		<b>Gulika</b>	<b>1:39PM – 3:21PM</b>	<b>Magha* Until 4:09AM Tue</b>	<b>Ganesha: Green</b>	<i>Sunrise: 5:07AM</i>	
Tihti 30 – 1		<b>Yama</b>	<b>10:14AM – 11:57AM</b>	<b>Parigha* Until 7:29PM</b>	<b>Muruga: Blue</b>	<i>Sunset: 6:46PM</i>	Moon 8 - Phase 17
Family Home Evening		<b>Rahu</b>	<b>6:49AM – 8:32AM</b>	<b>Kintughna Until 12:33AM Tue</b>	<b>Nataraja: Clear</b>		Amavasya
Routine Work Marana Yoga		<b>Amavasya* Until 1:29PM</b>				<b>Moon – Red</b>	<b>Bhuloka Day</b>
Until 4:09AM Tue		<b>Total Solar Eclipse</b>				<b>Sravana-Avani</b>	<b>Devaloka Time: 6:PM to 9:PM</b>
Then Creative Work - Siddha Yoga							

<b>Tuesday, August 22, 2017</b>		<b>Retreat Star</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY	
Purvaphalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Sutra 128		Hemalamba 5119	
Simha Rasi: 14.23		<b>Gulika</b>	<b>11:56AM – 1:38PM</b>	<b>Purvaphalguni Until 3:30AM Wed</b>	<b>Ganesha: Green</b>	<i>Sunrise: 5:08AM</i>	
Tihti 1 – 2		<b>Yama</b>	<b>8:32AM – 10:14AM</b>	<b>Shiva Until 5:07PM</b>	<b>Muruga: Blue</b>	<i>Sunset: 6:45PM</i>	Moon 8 - Phase 17
554792362		<b>Rahu</b>	<b>3:21PM – 5:03PM</b>	<b>Balava Until 11:03PM</b>	<b>Nataraja: Clear</b>		Prathama
Creative Work Siddha Yoga		<b>Prathama* Until 11:43AM</b>				<b>Moon – Red</b>	<b>Bhuloka Day</b>
Until 3:30AM Wed						<b>Bhadrapada-Avani</b>	<b>Devaloka Time: 6:PM to 9:PM</b>
Then Creative Work - Amrita Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Wednesday, August 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Albany, NY Sun 15 Sutra 129
	Simha Rasi: 28.04	Tithi 2 – 3	<b>Gulika</b> 10:14AM – 11:56AM	<b>Uttaraphalguni</b> Until 3:18AM Thu	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:09AM	Hemalamba 5119	
		554792362	<b>Yama</b> 6:51AM – 8:33AM	Siddha Until 3:11PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:43PM	Moon 8 - Phase 18	
			<b>Rahu</b> 11:56AM – 1:38PM	Taitila Until 10:09PM	<b>Nataraja:</b> Clear	3rd Phase	
	Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 10:30AM	Moon – Red	<b>Bhuloka Day</b>	
	Until 3:18AM Thu				<b>Bhadrapada-Avani</b>	Devaloka Time: 6:PM to 9:PM	
	Then Routine Work - Marana Yoga						

<b>2</b>	<b>Thursday, August 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Albany, NY Sun 16 Sutra 130
	Kanya Rasi: 11.23	Tithi 3 – 4	<b>Gulika</b> 8:33AM – 10:14AM	<b>Hasta</b> Until 4:04AM Fri	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:10AM	Hemalamba 5119	
		565792362	<b>Yama</b> 5:10AM – 6:52AM	Sadhya Until 1:47PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:42PM	Moon 8 - Phase 18	
			<b>Rahu</b> 1:37PM – 3:19PM	Vanija Until 9:55PM	<b>Nataraja:</b> Clear	3rd Phase	
	Routine Work	Marana Yoga		<b>Tritiya</b> Until 9:56AM	Moon – Green	<b>Devaloka Day</b>	
	Until 4:04AM Fri		<b>Ganesha</b> Chaturthi		<b>Bhadrapada-Avani</b>		
	Then Creative Work - Siddha Yoga						

<b>3</b>	<b>Friday, August 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY Sun 17 Sutra 131
	Kanya Rasi: 24.21	Tithi 4 – 5	<b>Gulika</b> 6:52AM – 8:33AM	<b>Chitra</b> Until 5:22AM Sat	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:11AM	Hemalamba 5119	
		565792362	<b>Yama</b> 3:18PM – 4:59PM	Subha Until 12:57PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:40PM	Moon 8 - Phase 18	
			<b>Rahu</b> 10:14AM – 11:56AM	Bava Until 10:23PM	<b>Nataraja:</b> Clear	3rd Phase	
	Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 10:03AM	Moon – Green	<b>Devaloka Day</b>	
					<b>Bhadrapada-Avani</b>		

<b>4</b>	<b>Saturday, August 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Albany, NY Sun 18 Sutra 132
	Tula Rasi: 6.59	Tithi 5 – 6	<b>Gulika</b> 5:12AM – 6:53AM	<b>Svati</b> Until 7:07AM Sun	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:12AM	Hemalamba 5119	
		565792362	<b>Yama</b> 1:36PM – 3:17PM	Sukla Until 12:37PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:38PM	Moon 8 - Phase 18	
			<b>Rahu</b> 8:34AM – 10:15AM	Kaulava Until 11:30PM	<b>Nataraja:</b> Clear	3rd Phase	
	Creative Work	Siddha Yoga		<b>Panchami</b> Until 10:51AM	Moon – Green	<b>Devaloka Day</b>	
	Until 7:07AM Sun				<b>Bhadrapada-Avani</b>		
	Then Routine Work - Marana Yoga						

<b>5</b>	<b>Sunday, August 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY Sun 19 Sutra 133
	Tula Rasi: 19.2	Tithi 6 – 7	<b>Gulika</b> 3:16PM – 4:56PM	<b>Svati</b> Until 7:07AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:13AM	Hemalamba 5119	
		565792363	<b>Yama</b> 11:55AM – 1:35PM	Brahma Until 12:46PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:37PM	Moon 8 - Phase 18	
			<b>Rahu</b> 4:56PM – 6:37PM	Gara Until 1:11AM Mon	<b>Nataraja:</b> Purple	3rd Phase	
	Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 12:16PM	Moon – Green	<b>Bhuloka Day</b>	
	Until 7:07AM				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to 12:PM	
	Then Routine Work - Marana Yoga						

<b>Monday, August 28, 2017</b>	<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Albany, NY Sun 20 Sutra 134
	Vrischika Rasi: 1.28	Tithi 7 – 8	<b>Gulika</b> 1:35PM – 3:15PM	<b>Vishakha</b> Until 9:42AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:14AM	Hemalamba 5119	
	<b>Family Home Evening</b>		<b>Yama</b> 10:15AM – 11:55AM	Indra Until 1:18PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:35PM	Moon 8 - Phase 18	
		575792363	<b>Rahu</b> 6:54AM – 8:35AM	Visti Until 3:17AM Tue	<b>Nataraja:</b> Purple	Ashtami	
	Routine Work	Marana Yoga		<b>Saptami</b> Until 2:10PM	Moon – Orange	<b>Devaloka Day</b>	
	Until 9:42AM				<b>Bhadrapada-Avani</b>		
	Then Creative Work - Siddha Yoga						

<b>Tuesday, August 29, 2017</b>	<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 21 Sutra 135
	Vrischika Rasi: 13.27	Tithi 8 – 9	<b>Gulika</b> 11:54AM – 1:34PM	<b>Anuradha</b> Until 12:27PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:15AM	Hemalamba 5119	
		575792363	<b>Yama</b> 8:35AM – 10:15AM	Vaidhriti* Until 2:04PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:33PM	Moon 8 - Phase 18	
			<b>Rahu</b> 3:14PM – 4:54PM	Balava Until 5:36AM Wed	<b>Nataraja:</b> Purple	Navami	
	Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 4:24PM	Moon – Orange	<b>Devaloka Day</b>	
	Until 12:27PM				<b>Bhadrapada-Avani</b>		
	Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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<b>1</b>		<b>Wednesday, August 30, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Albany, NY	
Vrischika Rasi: 25.22		Tithi 9		Jyeshtha* Mula* Nakshatra Vishkambha* Priti Yoga Kaulava Karana Navamyam Titau		Sun 22 Sutra 136	
Creative Work		<b>Gulika</b>	<b>10:15AM - 11:54AM</b>	<b>Jyeshtha* Until 3:11PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:18AM	Hemalamba 5119
Siddha Yoga		Yama	6:56AM - 8:35AM	Vishkambha* Until 2:57PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 19
Until 3:11PM		585792363	<b>Rahu</b>	11:54AM - 1:33PM	<b>Nataraja:</b> Purple		4th Phase
Then Routine Work - Marana Yoga						<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>

<b>2</b>		<b>Thursday, August 31, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY	
Dhanus Rasi: 7.15		Tithi 10		Mula* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 137	
Creative Work		<b>Gulika</b>	<b>8:36AM - 10:15AM</b>	<b>Mula* Until 6:13PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:18AM	Hemalamba 5119
Siddha Yoga		Yama	5:18AM - 6:57AM	Priti Until 3:49PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 19
Until 3:11PM		585792363	<b>Rahu</b>	1:33PM - 3:12PM	<b>Nataraja:</b> Purple		4th Phase
Then Routine Work - Marana Yoga						<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>
							Devaloka Time: 9:AM to 12:PM

<b>3</b>		<b>Friday, September 1, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Albany, NY	
Dhanus Rasi: 19.12		Tithi 11		Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 138	
Routine Work		<b>Gulika</b>	<b>6:57AM - 8:36AM</b>	<b>Purvashadha* Until 8:51PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:19AM	Hemalamba 5119
Prabalarishta Yoga		Yama	3:11PM - 4:50PM	Ayushman Until 4:29PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 19
Until 8:51PM		585792363	<b>Rahu</b>	10:15AM - 11:53AM	<b>Nataraja:</b> Purple		4th Phase
Then Routine Work - Marana Yoga						<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>
							Devaloka Time: 9:AM to 12:PM

<b>4</b>		<b>Saturday, September 2, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Albany, NY	
Makara Rasi: 1.17		Tithi 12		Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 139	
Routine Work		<b>Gulika</b>	<b>5:20AM - 6:58AM</b>	<b>Uttarashadha Until 10:55PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:20AM	Hemalamba 5119
Marana Yoga		Yama	1:32PM - 3:10PM	Saubhagya Until 4:52PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 19
Until 10:55PM		585792363	<b>Rahu</b>	8:36AM - 10:15AM	<b>Nataraja:</b> Purple		4th Phase
Then Creative Work - Siddha Yoga						<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>
							Devaloka Time: 9:AM to 12:PM

<b>5</b>		<b>Sunday, September 3, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Albany, NY	
Makara Rasi: 13.33		Tithi 13		Shravana Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 140	
Creative Work		<b>Gulika</b>	<b>3:09PM - 4:47PM</b>	<b>Shravana Until 12:48AM Mon</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:21AM	Hemalamba 5119
Amrita Yoga		Yama	11:53AM - 1:31PM	Sobhana Until 4:52PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 19
Until 12:48AM Mon		596792363	<b>Rahu</b>	4:47PM - 6:25PM	<b>Nataraja:</b> Purple		4th Phase
Then Creative Work - Siddha Yoga						<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>
							Devaloka Time: 6:AM to 9:AM

<b>6</b>		<b>Monday, September 4, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY	
Makara Rasi: 26.04		Tithi 14		Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 141	
Family Home Evening		<b>Gulika</b>	<b>1:30PM - 3:08PM</b>	<b>Dhanishtha Until 1:56AM Tue</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:22AM	Hemalamba 5119
Creative Work		Yama	10:15AM - 11:52AM	Athiganda* Until 4:23PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 19
Siddha Yoga		596892363	<b>Rahu</b>	6:59AM - 8:37AM	<b>Nataraja:</b> Purple		4th Phase
Until 1:56AM Tue						<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga							

<b>○</b>		<b>Tuesday, September 5, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY	
<b>Copper Retreat Star</b>		Tithi 15		Shatabhishak Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 142	
Kumbha Rasi: 8.51		<b>Gulika</b>	<b>11:52AM - 1:29PM</b>	<b>Shatabhishak Until 2:19AM Wed</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:23AM	Hemalamba 5119
Routine Work		Yama	8:37AM - 10:15AM	Sukarma Until 3:26PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 19
Marana Yoga		596892363	<b>Rahu</b>	3:07PM - 4:44PM	<b>Nataraja:</b> Purple		Purnima
Until 2:19AM Wed						<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga							

<b>○</b>		<b>Wednesday, September 6, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Albany, NY	
<b>Silver Retreat Star</b>		Tithi 16		Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 143	
Kumbha Rasi: 21.56		<b>Gulika</b>	<b>10:15AM - 11:52AM</b>	<b>Purvaproshtapada* Until 2:28AM Thu</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:24AM	Hemalamba 5119
Routine Work		Yama	7:01AM - 8:38AM	Dhriti Until 2:03PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 19
Amrita Yoga		516892363	<b>Rahu</b>	11:52AM - 1:29PM	<b>Nataraja:</b> Purple		Prathama
Until 2:28AM Thu						<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda





Thursday, September 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY

Sutra 144

Meena Rasi: 5.19      Tihi 17

516892363

**Gulika** 8:38AM – 10:15AM  
Yama 5:25AM – 7:02AM  
**Rahu** 1:28PM – 3:05PM

**Uttaraproshtapada** Until 2:00AM Fri  
Shula\* Until 12:12PM  
Taitila Until 12:54PM  
Dvitiya Until 12:14AM Fri

**Ganesha:** White      *Sunrise:* 5:25AM  
**Muruga:** Blue      *Sunset:* 6:18PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Devaloka Day**

Creative Work      Siddha Yoga

Friday, September 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Albany, NY

Sun 1      Sutra 145

Meena Rasi: 18.57      Tihi 18

516892363

**Gulika** 7:02AM – 8:39AM  
Yama 3:04PM – 4:40PM  
**Rahu** 10:15AM – 11:51AM

**Revati** Until 1:01AM Sat  
Ganda\* Until 10:02AM  
Vanija Until 11:32AM  
Tritiya Until 10:42PM

**Ganesha:** White      *Sunrise:* 5:26AM  
**Muruga:** Blue      *Sunset:* 6:16PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Devaloka Day**

Creative Work      Siddha Yoga

Saturday, September 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Albany, NY

Sun 2      Sutra 146

Mesha Rasi: 2.47      Tihi 19

526892363

**Gulika** 5:27AM – 7:03AM  
Yama 1:27PM – 3:03PM  
**Rahu** 8:39AM – 10:15AM

**Ashvini** Until 12:04AM Sun  
Vridhi Until 7:37AM  
Bava Until 9:50AM  
Chaturthi\* Until 8:52PM

**Ganesha:** Clear      *Sunrise:* 5:27AM  
**Muruga:** Blue      *Sunset:* 6:15PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work      Siddha Yoga

Until 12:04AM Sun  
Then Routine Work - Prabarishtha Yoga

Sunday, September 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY

Sun 3      Sutra 147

Mesha Rasi: 16.48      Tihi 20

527892363

**Gulika** 3:02PM – 4:37PM  
Yama 11:50AM – 1:26PM  
**Rahu** 4:37PM – 6:13PM

**Bharani** Until 10:47PM  
Vyaghata\* Until 12:12AM Mon  
Kaulava Until 7:54AM  
Panchami Until 6:52PM

**Ganesha:** White      *Sunrise:* 5:28AM  
**Muruga:** Blue      *Sunset:* 6:13PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Bhuloka Day**

Routine Work      Prabarishtha Yoga

Until 10:47PM  
Then Creative Work - Siddha Yoga

Grandparent's Day

Monday, September 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Harshana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Albany, NY

Sun 4      Sutra 148

Vrishabha Rasi: 0.55      Tihi 21 – 22

527892363

**Gulika** 1:25PM – 3:01PM  
Yama 10:15AM – 11:50AM  
**Rahu** 7:04AM – 8:40AM

**Krittika** Until 9:15PM  
Harshana Until 11:22PM  
Visti Until 3:40AM Tue  
Shashthi\* Until 4:44PM

**Ganesha:** White      *Sunrise:* 5:29AM  
**Muruga:** Blue      *Sunset:* 6:11PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Bhuloka Day**

Routine Work      Marana Yoga

Until 9:15PM  
Then Creative Work - Amrita Yoga

Family Home Evening

Tuesday, September 12, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sun 5      Sutra 149

Vrishabha Rasi: 15.04      Tihi 22 – 23

537892363

**Gulika** 11:50AM – 1:25PM  
Yama 8:40AM – 10:15AM  
**Rahu** 3:00PM – 4:34PM

**Rohini** Until 7:58PM  
Vajra\* Until 8:28PM  
Balava Until 1:28AM Wed  
Saptami Until 2:33PM

**Ganesha:** Clear      *Sunrise:* 5:30AM  
**Muruga:** Blue      *Sunset:* 6:09PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work      Amrita Yoga

Until 7:58PM

Then Creative Work - Siddha Yoga

Wednesday, September 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY

Sun 6      Sutra 150

Vrishabha Rasi: 29.15      Tihi 23 – 24

537892363

**Gulika** 10:15AM – 11:49AM  
Yama 7:06AM – 8:40AM  
**Rahu** 11:49AM – 1:24PM

**Mrigashira** Until 6:32PM  
Siddhi Until 5:35PM  
Taitila Until 11:17PM  
Ashtami\* Until 12:21PM

**Ganesha:** Clear      *Sunrise:* 5:31AM  
**Muruga:** Blue      *Sunset:* 6:08PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, September 14, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata*/Vriyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Albany, NY Sun 7 Sutra 151	
Mithuna Rasi: 13.25	Tithi 24 – 25	<b>Gulika</b>	8:41AM – 10:15AM	<b>Ardra</b> Until 5:00PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
		Yama	5:32AM – 7:06AM	Vyatipata* Until 2:45PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 21		
		537892363 <b>Rahu</b>	1:23PM – 2:57PM	Vanija Until 9:09PM	<b>Nataraja:</b> Purple		2nd Phase		
Routine Work	Marana Yoga			<b>Navami*</b> Until 10:11AM	Moon – Yellow		<b>Bhuloka Day</b>		
Until 5:00PM					<b>Bhadrapada*Avani</b>		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Friday, September 15, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriyan*/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 8 Sutra 152	
Mithuna Rasi: 27.33	Tithi 25 – 26	<b>Gulika</b>	7:07AM – 8:41AM	<b>Punarvasu</b> Until 3:49PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:33AM	Hemalamba 5119		
		Yama	2:56PM – 4:30PM	Variyan Until 11:56AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 21		
		547892363 <b>Rahu</b>	10:15AM – 11:49AM	Bava Until 7:05PM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Dashami</b> Until 8:05AM	Moon – Blue		<b>Bhuloka Day</b>		
Until 3:49PM					<b>Bhadrapada*Avani</b>				
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Saturday, September 16, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 9 Sutra 153	
Kataka Rasi: 11.37	Tithi 26 – 27	<b>Gulika</b>	5:34AM – 7:08AM	<b>Pushya</b> Until 2:38PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:34AM	Hemalamba 5119		
		Yama	1:22PM – 2:55PM	Parigha* Until 9:14AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 21		
		547892363 <b>Rahu</b>	8:41AM – 10:15AM	Taitila Until 4:15AM Sun	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Ekadashi*</b> Until 6:05AM	Moon – Blue		<b>Bhuloka Day</b>		
Until 2:38PM					<b>Bhadrapada*Puratasi</b>				
Then Routine Work - Marana Yoga									

<b>4</b>		<b>Sunday, September 17, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 10 Sutra 154	
Kataka Rasi: 25.35	Tithi 28	<b>Gulika</b>	2:54PM – 4:27PM	<b>Ashlesha*</b> Until 1:28PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:35AM	Hemalamba 5119		
		Yama	11:48AM – 1:21PM	Shiva Until 6:41AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 21		
		548892363 <b>Rahu</b>	4:27PM – 6:00PM	Gara Until 3:26PM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Trayodashi*</b> Until 2:39AM Mon	Moon – Blue		<b>Bhuloka Day</b>		
Until 1:28PM				<i>Pradosha Vrata (Fasting)</i>	<b>Bhadrapada*Puratasi</b>				
Then Routine Work - Marana Yoga									

<b>5</b>		<b>Monday, September 18, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 11 Sutra 155	
Simha Rasi: 9.24	Tithi 29	<b>Gulika</b>	1:20PM – 2:53PM	<b>Magha*</b> Until 12:52PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:37AM	Hemalamba 5119		
<b>Family Home Evening</b>		Yama	10:15AM – 11:48AM	Sadhya Until 2:11AM Tue	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 21		
		558892363 <b>Rahu</b>	7:09AM – 8:42AM	Visti Until 1:59PM	<b>Nataraja:</b> Purple		2nd Phase		
Routine Work	Marana Yoga			<b>Chaturdashi*</b> Until 1:22AM Tue	Moon – Red		<b>Bhuloka Day</b>		
Until 12:52PM					<b>Bhadrapada*Puratasi</b>		<b>Tour Day</b>		
Then Creative Work - Siddha Yoga									

<b>●</b>		<b>Tuesday, September 19, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 12 Sutra 156	
<b>Retreat Star</b>		<b>Gulika</b>	11:47AM – 1:20PM	<b>Purvaphalguni</b> Until 12:28PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:38AM	Hemalamba 5119		
Simha Rasi: 23.01	Tithi 30	Yama	8:42AM – 10:15AM	Subha Until 12:24AM Wed	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 21		
		558892363 <b>Rahu</b>	2:52PM – 4:24PM	Catuspada Until 12:53PM	<b>Nataraja:</b> Purple		Amavasya		
Creative Work	Siddha Yoga			<b>Amavasya*</b> Until 12:28AM Wed	Moon – Red		<b>Bhuloka Day</b>		
Until 12:28PM					<b>Bhadrapada*Puratasi</b>				
Then Creative Work - Amrita Yoga		<b>Mahalaya Amavasai (Tamil Nadu)</b>							

<b>●</b>		<b>Wednesday, September 20, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 13 Sutra 157	
<b>Retreat Star</b>		<b>Gulika</b>	10:15AM – 11:47AM	<b>Uttaraphalguni</b> Until 12:20PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:39AM	Hemalamba 5119		
Kanya Rasi: 6.25	Tithi 1	Yama	7:11AM – 8:43AM	Sukla Until 10:57PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 21		
		558892363 <b>Rahu</b>	11:47AM – 1:19PM	Kintughna Until 12:13PM	<b>Nataraja:</b> Purple		Prathama		
Creative Work	Amrita Yoga			<b>Prathama*</b> Until 12:03AM Thu	Moon – Red		<b>Bhuloka Day</b>		
Until 12:20PM					<b>Ashvina*Puratasi</b>				
Then Routine Work - Marana Yoga		<b>Navaratri Begins</b>							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Thursday, September 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 14 Sutra 158 Hemalamba 5119
Kanya Rasi: 19.32	Tithi 2	<b>Gulika</b> Yama	<b>8:43AM – 10:15AM</b> 5:40AM – 7:11AM	<b>Hasta Until 1:01PM</b> Brahma Until 9:58PM Balava Until 12:04PM Dvitiya Until 12:11AM Fri	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:40AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:53PM <b>Nataraja:</b> Purple Moon – Green <b>Ashvina•Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Routine Work Until 1:01PM Then Creative Work - Siddha Yoga	Marana Yoga	568892363	<b>Rahu</b> 1:18PM – 2:50PM			<b>Bhuloka Day</b>

<b>2</b>		<b>Friday, September 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Tailila/Gara Karana Tritiyayam Titau		Albany, NY Sun 15 Sutra 159 Hemalamba 5119
Tula Rasi: 2.23	Tithi 3	<b>Gulika</b> Yama	<b>7:12AM – 8:44AM</b> 2:49PM – 4:20PM	<b>Chitra Until 2:06PM</b> Indra Until 9:26PM Tailila Until 12:29PM Tritiya Until 12:54AM Sat	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:41AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Purple Moon – Green <b>Ashvina•Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga		568892363	<b>Rahu</b> 10:15AM – 11:46AM			<b>Bhuloka Day</b>

<b>3</b>		<b>Saturday, September 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Chaturthayam Titau		Albany, NY Sun 16 Sutra 160 Hemalamba 5119
Tula Rasi: 14.57	Tithi 4	<b>Gulika</b> Yama	<b>5:42AM – 7:13AM</b> 1:17PM – 2:48PM	<b>Svati Until 3:35PM</b> Vaidhriti* Until 9:19PM Vanija Until 1:29PM Chaturthi* Until 2:11AM Sun	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:42AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Purple Moon – Green <b>Ashvina•Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga		569892363	<b>Rahu</b> 8:44AM – 10:15AM			<b>Bhuloka Day</b>

<b>4</b>		<b>Sunday, September 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishakmbha* Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 17 Sutra 161 Hemalamba 5119
Tula Rasi: 27.17	Tithi 5	<b>Gulika</b> Yama	<b>2:47PM – 4:17PM</b> 11:45AM – 1:16PM	<b>Vishakha Until 5:56PM</b> Vishakmbha* Until 9:38PM Bava Until 3:03PM Panchami Until 3:59AM Mon	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:43AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashvina•Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Routine Work Marana Yoga		579892363	<b>Rahu</b> 4:17PM – 5:48PM			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>5</b>		<b>Monday, September 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Priti Yoga Kaulava/Tailila Karana Shashthiyam Titau		Albany, NY Sun 18 Sutra 162 Hemalamba 5119
Vrischika Rasi: 9.23	Tithi 6	<b>Gulika</b> Yama	<b>1:15PM – 2:46PM</b> 10:15AM – 11:45AM	<b>Anuradha Until 8:32PM</b> Priti Until 10:17PM Kaulava Until 5:04PM Shashthi* Until 6:11AM Tue	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:44AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashvina•Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Family Home Evening Creative Work Siddha Yoga		579892363	<b>Rahu</b> 7:14AM – 8:45AM			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>6</b>		<b>Tuesday, September 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sun 19 Sutra 163 Hemalamba 5119
Vrischika Rasi: 21.22	Tithi 6 – 7	<b>Gulika</b> Yama	<b>11:45AM – 1:15PM</b> 8:45AM – 10:15AM	<b>Jyeshtha* Until 11:15PM</b> Ayushman Until 11:06PM Gara Until 7:24PM Shashthi* Until 6:11AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:45AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:44PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashvina•Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Routine Work Until 11:15PM Then Creative Work - Amrita Yoga	Marana Yoga	579892363	<b>Rahu</b> 2:45PM – 4:15PM			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>Retreat Star</b>		<b>Wednesday, September 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Albany, NY Sun 20 Sutra 164 Hemalamba 5119
Dhanus Rasi: 3.14	Tithi 7 – 8	<b>Gulika</b> Yama	<b>10:15AM – 11:44AM</b> 7:16AM – 8:45AM	<b>Mula* Until 2:23AM Thu</b> Saubhagya Until 12:01AM Thu Visti Until 9:52PM Saptami Until 8:37AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:46AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashvina•Puratasi</b>	Moon 9 - Phase 22 Ashtami
Routine Work Until 2:23AM Thu Then Creative Work - Siddha Yoga	Marana Yoga	689892363	<b>Rahu</b> 11:44AM – 1:14PM			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>Retreat Star</b>		<b>Thursday, September 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Albany, NY Sun 21 Sutra 165 Hemalamba 5119
Dhanus Rasi: 15.07	Tithi 8 – 9	<b>Gulika</b> Yama	<b>8:46AM – 10:15AM</b> 5:47AM – 7:16AM	<b>Purvashadha* Until 5:14AM Fri</b> Sobhana Until 12:51AM Fri Balava Until 12:14AM Fri Ashtami* Until 11:03AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:47AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:41PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashvina•Puratasi</b>	Moon 9 - Phase 22 Navami
Creative Work Until 5:14AM Fri Then Routine Work - Marana Yoga	Siddha Yoga	689892363	<b>Rahu</b> 1:13PM – 2:43PM			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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<b>1 Friday, September 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Albany, NY Sun 22 Sutra 166 Hemalamba 5119
Dhanus Rasi: 27.02	Tithi 9 – 10	<b>Gulika</b> 7:17AM – 8:46AM	<b>Uttarashadha</b> Until 7:33AM Sat	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:48AM		
		Yama 2:41PM – 4:10PM	Athiganda* Until 1:24AM Sat	<b>Muruga:</b> Blue <i>Sunset:</i> 5:39PM		Moon 9 - Phase 23
	689992363	<b>Rahu</b> 10:15AM – 11:44AM	Taitila Until 2:16AM Sat	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 1:17PM	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 7:33AM Sat		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>2 Saturday, September 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY Sun 23 Sutra 167 Hemalamba 5119
Makara Rasi: 9.07	Tithi 10 – 11	<b>Gulika</b> 5:49AM – 7:18AM	<b>Uttarashadha</b> Until 7:33AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:49AM		
		Yama 1:12PM – 2:40PM	Sukarma Until 1:34AM Sun	<b>Muruga:</b> Blue <i>Sunset:</i> 5:37PM		Moon 9 - Phase 23
	689992363	<b>Rahu</b> 8:46AM – 10:15AM	Vanija Until 3:46AM Sun	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 3:05PM	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 7:33AM				<b>Ashvina+Puratasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>3 Sunday, October 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 24 Sutra 168 Hemalamba 5119
Makara Rasi: 21.26	Tithi 11 – 12	<b>Gulika</b> 2:39PM – 4:08PM	<b>Shravana</b> Until 9:38AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:51AM		
		Yama 11:43AM – 1:11PM	Dhriti Until 1:14AM Mon	<b>Muruga:</b> Blue <i>Sunset:</i> 5:36PM		Moon 9 - Phase 23
	691992363	<b>Rahu</b> 4:08PM – 5:36PM	Bava Until 4:35AM Mon	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 4:15PM	Moon – Purple	<b>Bhuloka Day</b>	
Until 9:38AM				<b>Ashvina+Puratasi</b>	Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

<b>4 Monday, October 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 25 Sutra 169 Hemalamba 5119
Kumbha Rasi: 4.03	Tithi 12 – 13	<b>Gulika</b> 1:11PM – 2:38PM	<b>Dhanishtha</b> Until 10:53AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:52AM		
<b>Family Home Evening</b>		Yama 10:15AM – 11:43AM	Shula* Until 12:16AM Tue	<b>Muruga:</b> Blue <i>Sunset:</i> 5:34PM		Moon 9 - Phase 23
	691992363	<b>Rahu</b> 7:19AM – 8:47AM	Kaulava Until 4:39AM Tue	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 4:41PM	Moon – Purple	<b>Bhuloka Day</b>	
		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>	Devaloka Time: 9:AM to 12:PM	
			<i>Pradosha Vrata</i>			

<b>5 Tuesday, October 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 26 Sutra 170 Hemalamba 5119
Kumbha Rasi: 17.01	Tithi 13 – 14	<b>Gulika</b> 11:42AM – 1:10PM	<b>Shatabhishak</b> Until 11:14AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:53AM		
		Yama 8:48AM – 10:15AM	Ganda* Until 10:44PM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:32PM		Moon 9 - Phase 23
	691992363	<b>Rahu</b> 2:37PM – 4:05PM	Gara Until 3:58AM Wed	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 4:22PM	Moon – Purple	<b>Bhuloka Day</b>	
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>	Devaloka Time: 9:AM to 12:PM	

<b>6 Wednesday, October 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY Sun 27 Sutra 171 Hemalamba 5119
Meena Rasi: 0.23	Tithi 14 – 15	<b>Gulika</b> 10:15AM – 11:42AM	<b>Purvaproshtapada*</b> Until 11:11AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:54AM		
		Yama 7:21AM – 8:48AM	Vridhhi Until 8:40PM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:31PM		Moon 9 - Phase 23
	611992363	<b>Rahu</b> 11:42AM – 1:09PM	Visti Until 2:37AM Thu	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 3:21PM	Moon – Clear	<b>Bhuloka Day</b>	
Until 11:11AM				<b>Ashvina+Puratasi</b>	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

<b>Thursday, October 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 28 Sutra 172 Hemalamba 5119
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:48AM – 10:15AM	<b>Uttaraproshtapada</b> Until 10:21AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:55AM		
Meena Rasi: 14.07	Tithi 15 – 16	Yama 5:55AM – 7:22AM	Dhruva Until 6:07PM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:29PM		Moon 9 - Phase 23
	611992363	<b>Rahu</b> 1:09PM – 2:35PM	Balava Until 12:43AM Fri	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 1:42PM	Moon – Clear	<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>	Devaloka Time: 9:AM to 12:PM	

<b>Friday, October 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Albany, NY Sun 29 Sutra 173 Hemalamba 5119
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:22AM – 8:49AM	<b>Revati</b> Until 8:53AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM		
Meena Rasi: 28.11	Tithi 16 – 17	Yama 2:34PM – 4:01PM	Vyaghata* Until 3:11PM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:27PM		Moon 9 - Phase 23
	611992363	<b>Rahu</b> 10:15AM – 11:42AM	Taitila Until 10:24PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:35AM	Moon – Clear	<b>Bhuloka Day</b>	
Until 8:53AM				<b>Ashvina+Puratasi</b>	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

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Saturday, October 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sun 1 Sutra 174

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 12.31    Tihi 17 - 18

621992364

**Gulika** 5:57AM - 7:23AM

**Yama** 1:07PM - 2:33PM

**Rahu** 8:49AM - 10:15AM

**Ashvini** Until 7:21AM

Harshana Until 12:02PM

Vanija Until 7:50PM

**Dvitiya** Until 9:08AM

**Ganesha:** Blue    *Sunrise:* 5:57AM

**Muruga:** Blue    *Sunset:* 5:25PM

**Nataraja:** Clear

Moon - White

**Ashvina•Puratasi**

**Sivaloka Day**

Creative Work    Siddha Yoga

Sunday, October 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sun 2 Sutra 175

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 26.59    Tihi 18 - 19

621992364

**Gulika** 2:32PM - 3:58PM

**Yama** 11:41AM - 1:07PM

**Rahu** 3:58PM - 5:24PM

**Krittika** Until 3:22AM Mon

Vajra\* Until 8:42AM

Balava Until 3:47AM Mon

**Tritiya** Until 6:29AM

**Ganesha:** Blue    *Sunrise:* 5:58AM

**Muruga:** Blue    *Sunset:* 5:24PM

**Nataraja:** Clear

Moon - White

**Ashvina•Puratasi**

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 3:22AM Mon

Then Creative Work - Amrita Yoga

Monday, October 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\* Yoga Kaulava/Tailila Karana Panchamyam Titau

Albany, NY

Sun 3 Sutra 176

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 11.29    Tihi 20

631992364

**Gulika** 1:06PM - 2:31PM

**Yama** 10:15AM - 11:41AM

**Rahu** 7:25AM - 8:50AM

**Rohini** Until 1:38AM Tue

Vyatipata\* Until 2:04AM Tue

Kaulava Until 2:28PM

**Panchami** Until 1:08AM Tue

**Ganesha:** Red    *Sunrise:* 5:59AM

**Muruga:** Blue    *Sunset:* 5:22PM

**Nataraja:** Clear

Moon - Yellow

**Ashvina•Puratasi**

**Devaloka Day**

Creative Work    Amrita Yoga

Until 1:38AM Tue

Then Creative Work - Siddha Yoga

Tuesday, October 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Variyan Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sun 4 Sutra 177

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 25.57    Tihi 21

631992364

**Gulika** 11:40AM - 1:05PM

**Yama** 8:51AM - 10:16AM

**Rahu** 2:30PM - 3:55PM

**Mrigashira** Until 11:55PM

Variyan Until 10:54PM

Gara Until 11:54AM

**Shashthi\*** Until 10:40PM

**Ganesha:** Red    *Sunrise:* 6:01AM

**Muruga:** Blue    *Sunset:* 5:20PM

**Nataraja:** Clear

Moon - Yellow

**Ashvina•Puratasi**

**Devaloka Day**

**Tour Day**

Creative Work    Siddha Yoga

Until 11:55PM

Then Routine Work - Marana Yoga

Wednesday, October 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Parigha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Albany, NY

Sun 5 Sutra 178

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mithuna Rasi: 10.16    Tihi 22

632992364

**Gulika** 10:16AM - 11:40AM

**Yama** 7:26AM - 8:51AM

**Rahu** 11:40AM - 1:05PM

**Ardra** Until 10:18PM

Parigha\* Until 7:57PM

Visti Until 9:32AM

**Saptami** Until 8:27PM

**Ganesha:** Blue    *Sunrise:* 6:02AM

**Muruga:** Blue    *Sunset:* 5:19PM

**Nataraja:** Clear

Moon - Yellow

**Ashvina•Puratasi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work    Siddha Yoga

Thursday, October 12, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sun 6 Sutra 179

Hemalamba 5119

Moon 10 - Phase 24

Ashtami

Mithuna Rasi: 24.25    Tihi 23

642992364

**Gulika** 8:51AM - 10:16AM

**Yama** 6:03AM - 7:27AM

**Rahu** 1:04PM - 2:29PM

**Punarvasu** Until 9:15PM

Shiva Until 5:14PM

Balava Until 7:27AM

**Ashtami\*** Until 6:30PM

**Ganesha:** Red    *Sunrise:* 6:03AM

**Muruga:** Blue    *Sunset:* 5:17PM

**Nataraja:** Clear

Moon - Blue

**Ashvina•Puratasi**

**Devaloka Day**

Creative Work    Amrita Yoga

Friday, October 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Albany, NY

Sun 7 Sutra 180

Hemalamba 5119

Moon 10 - Phase 24

Navami

Kataka Rasi: 8.23    Tihi 24 - 25

642992364

**Gulika** 7:28AM - 8:52AM

**Yama** 2:28PM - 3:51PM

**Rahu** 10:16AM - 11:40AM

**Pushya** Until 8:23PM

Siddha Until 2:45PM

Vanija Until 4:13AM Sat

**Navami\*** Until 4:53PM

**Ganesha:** Red    *Sunrise:* 6:04AM

**Muruga:** Blue    *Sunset:* 5:15PM

**Nataraja:** Clear

Moon - Blue

**Ashvina•Puratasi**

**Devaloka Day**


Routine Work    Marana Yoga

<b>1</b>		<b>Saturday, October 14, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
Kataka Rasi: 22.08		Tithi 25 – 26		Ashlesha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Sutra 181	
642992364		<b>Gulika</b>	6:05AM – 7:29AM	<b>Ashlesha* Until 7:41PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:05AM	Hemalamba 5119		
Routine Work		<b>Yama</b>	1:03PM – 2:27PM	Sadhya Until 12:32PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 25		
Until 7:41PM		<b>Rahu</b>	8:52AM – 10:16AM	Bava Until 3:05AM Sun	<b>Nataraja:</b> Clear	Moon – Blue			
Then Creative Work - Amrita Yoga		Dashami Until 3:35PM				<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>	

<b>2</b>		<b>Sunday, October 15, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Simha Rasi: 5.43		Tithi 26 – 27		Magha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Sutra 182	
652992364		<b>Gulika</b>	2:26PM – 3:49PM	<b>Magha* Until 7:36PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:06AM	Hemalamba 5119		
Routine Work		<b>Yama</b>	11:39AM – 1:02PM	Subha Until 10:36AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 25		
Until 7:36PM		<b>Rahu</b>	3:49PM – 5:12PM	Kaulava Until 2:16AM Mon	<b>Nataraja:</b> Clear	Moon – Red			
Then Creative Work - Siddha Yoga		Ekadashi* Until 2:37PM				<b>Ashvina•Puratasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM			

<b>3</b>		<b>Monday, October 16, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY	
Simha Rasi: 19.06		Tithi 27 – 28		Purvaphalguni Nakshatra Sukla/Brahma Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Sutra 183	
652992364		<b>Gulika</b>	1:02PM – 2:25PM	<b>Purvaphalguni Until 7:42PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:08AM	Hemalamba 5119		
Family Home Evening		<b>Yama</b>	10:16AM – 11:39AM	Sukla Until 8:53AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 25		
Creative Work		<b>Rahu</b>	7:30AM – 8:53AM	Gara Until 1:47AM Tue	<b>Nataraja:</b> Clear	Moon – Red			
Then Creative Work - Siddha Yoga		Dvadashi* Until 1:58PM				<b>Ashvina•Puratasi</b>		<b>Bhuloka Day</b>	
		Pradosha Vrata (Fasting)				Devaloka Time: 6:PM to 9:PM			

<b>4</b>		<b>Tuesday, October 17, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam		Albany, NY	
Kanya Rasi: 2.18		Tithi 28 – 29		Uttaraphalguni Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 184	
652992364		<b>Gulika</b>	11:39AM – 1:01PM	<b>Uttaraphalguni Until 7:58PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:09AM	Hemalamba 5119		
Creative Work		<b>Yama</b>	8:54AM – 10:16AM	Brahma Until 7:27AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 25		
Until 7:58PM		<b>Rahu</b>	2:24PM – 3:46PM	Visti Until 1:40AM Wed	<b>Nataraja:</b> Clear	Moon – Red			
Then Creative Work - Siddha Yoga		Trayodashi* Until 1:40PM				<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b>	
		Deepavali Hindu Solidarity Day				Devaloka Time: 6:PM to 9:PM		<b>Tour Day</b>	

		<b>Wednesday, October 18, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY	
Kanya Rasi: 15.19		Tithi 29 – 30		Hasta Nakshatra Indra/Vaidhrili* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 185	
662992364		<b>Gulika</b>	10:16AM – 11:39AM	<b>Hasta Until 8:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM	Hemalamba 5119		
Routine Work		<b>Yama</b>	7:32AM – 8:54AM	Indra Until 6:18AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 25		
Until 8:55PM		<b>Rahu</b>	11:39AM – 1:01PM	Catuspada Until 1:56AM Thu	<b>Nataraja:</b> Clear	Moon – Green			
Then Creative Work - Siddha Yoga		Chaturdashi* Until 1:44PM				<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM			

<b>Retreat Star</b>		<b>Thursday, October 19, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam		Albany, NY	
Kanya Rasi: 28.09		Tithi 30 – 1		Chitra Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 186	
662992364		<b>Gulika</b>	8:55AM – 10:17AM	<b>Chitra Until 10:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:11AM	Hemalamba 5119		
Creative Work		<b>Yama</b>	6:11AM – 7:33AM	Vishkambha* Until 4:56AM Fri	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 25		
Until 10:08PM		<b>Rahu</b>	1:00PM – 2:22PM	Kintughna Until 2:38AM Fri	<b>Nataraja:</b> Clear	Moon – Green			
Then Creative Work - Amrita Yoga		Amavasya* Until 2:12PM				<b>Kartika•Aipasi</b>		<b>Bhuloka Day</b>	
		Skanda Shasthi Begins				Devaloka Time: 6:PM to 9:PM			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>		<b>Friday, October 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Priti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Albany, NY Sun 14 Sutra 187 Hemalamba 5119
Tula Rasi: 10.46	Tithi 1 – 2	<b>Gulika</b> 7:34AM – 8:55AM	<b>Svati</b> Until 11:37PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:12AM			
		Yama 2:21PM – 3:43PM	Priti Until 4:47AM Sat	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:04PM		Moon 10 - Phase 26	
		662992364 <b>Rahu</b> 10:17AM – 11:38AM	Balava Until 3:47AM Sat	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Prathama* Until 3:08PM</b>	Moon – Green		<b>Bhuloka Day</b>		
				<b>Kartika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM		
<b>2</b>		<b>Saturday, October 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Albany, NY Sun 15 Sutra 188 Hemalamba 5119
Tula Rasi: 23.11	Tithi 2 – 3	<b>Gulika</b> 6:13AM – 7:35AM	<b>Vishakha</b> Until 1:52AM Sun	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:13AM			
		Yama 12:59PM – 2:20PM	Ayushman Until 4:58AM Sun	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:03PM		Moon 10 - Phase 26	
		672992364 <b>Rahu</b> 8:56AM – 10:17AM	Taitila Until 5:24AM Sun	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 4:31PM</b>	Moon – Orange		<b>Bhuloka Day</b>		
Until 1:52AM Sun				<b>Kartika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga								
<b>3</b>		<b>Sunday, October 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Gara Karana Tritiyayam Titau				Albany, NY Sun 16 Sutra 189 Hemalamba 5119
Vrischika Rasi: 5.25	Tithi 3	<b>Gulika</b> 2:20PM – 3:40PM	<b>Anuradha</b> Until 4:22AM Mon	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:15AM			
		Yama 11:38AM – 12:59PM	Saubhagya Until 5:28AM Mon	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:01PM		Moon 10 - Phase 26	
		672992364 <b>Rahu</b> 3:40PM – 5:01PM	Gara Until 6:21PM	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya Until 6:21PM</b>	Moon – Orange		<b>Bhuloka Day</b>		
Until 4:22AM Mon				<b>Kartika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga								
<b>4</b>		<b>Monday, October 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Albany, NY Sun 17 Sutra 190 Hemalamba 5119
Vrischika Rasi: 17.28	Tithi 4	<b>Gulika</b> 12:58PM – 2:19PM	<b>Jyeshtha*</b> Until 7:02AM Tue	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:16AM			
<b>Family Home Evening</b>		Yama 10:17AM – 11:38AM	Sobhana Until 6:16AM Tue	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 26	
		672192364 <b>Rahu</b> 7:36AM – 8:57AM	Vanija Until 7:27AM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 8:35PM</b>	Moon – Orange		<b>Bhuloka Day</b>		
Until 7:02AM Tue				<b>Kartika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga								
<b>5</b>		<b>Tuesday, October 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Albany, NY Sun 18 Sutra 191 Hemalamba 5119
Vrischika Rasi: 29.23	Tithi 5	<b>Gulika</b> 11:38AM – 12:58PM	<b>Jyeshtha*</b> Until 7:02AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:17AM			
		Yama 8:57AM – 10:18AM	Sobhana Until 6:16AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 26	
		672192364 <b>Rahu</b> 2:18PM – 3:38PM	Bava Until 9:50AM	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Marana Yoga		<b>Panchami Until 11:06PM</b>	Moon – Orange		<b>Bhuloka Day</b>		
Until 7:02AM				<b>Kartika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga								
<b>6</b>		<b>Wednesday, October 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Albany, NY Sun 19 Sutra 192 Hemalamba 5119
Dhanus Rasi: 11.14	Tithi 6	<b>Gulika</b> 10:18AM – 11:38AM	<b>Mula*</b> Until 10:15AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:18AM			
		Yama 7:38AM – 8:58AM	Athiganda* Until 7:11AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 26	
		683192364 <b>Rahu</b> 11:38AM – 12:57PM	Kaulava Until 12:26PM	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi* Until 1:43AM Thu</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Until 10:15AM		<b>Skanda Shasthi</b>		<b>Kartika•Aipasi</b>				
Then Creative Work - Amrita Yoga								
<b>Retreat Star</b>		<b>Thursday, October 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY Sun 20 Sutra 193 Hemalamba 5119
Dhanus Rasi: 23.03	Tithi 7	<b>Gulika</b> 8:58AM – 10:18AM	<b>Purvashadha*</b> Until 1:18PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:19AM			
		Yama 6:19AM – 7:39AM	Sukarma Until 8:09AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:55PM		Moon 10 - Phase 26	
		683112364 <b>Rahu</b> 12:57PM – 2:16PM	Gara Until 3:01PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 4:13AM Fri</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Until 1:18PM				<b>Kartika•Aipasi</b>				
Then Routine Work - Marana Yoga								
<b>Retreat Star</b>		<b>Friday, October 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ashtamyam Titau				Albany, NY Sun 21 Sutra 194 Hemalamba 5119
Makara Rasi: 4.56	Tithi 8	<b>Gulika</b> 7:40AM – 8:59AM	<b>Uttarashadha</b> Until 3:59PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:21AM			
		Yama 2:16PM – 3:35PM	Dhriti Until 9:00AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:54PM		Moon 10 - Phase 26	
		683112364 <b>Rahu</b> 10:18AM – 11:37AM	Visti Until 5:22PM	<b>Nataraja:</b> Clear			Ashtami	
Routine Work	Marana Yoga		<b>Ashtami* Until 6:20AM Sat</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
				<b>Kartika•Aipasi</b>				
<b>Retreat Star</b>		<b>Saturday, October 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 22 Sutra 195 Hemalamba 5119
Makara Rasi: 16.57	Tithi 8 – 9	<b>Gulika</b> 6:22AM – 7:41AM	<b>Shravana</b> Until 6:32PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:22AM			
		Yama 12:56PM – 2:15PM	Shula* Until 9:30AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:53PM		Moon 10 - Phase 26	
		693112364 <b>Rahu</b> 9:00AM – 10:18AM	Balava Until 7:13PM	<b>Nataraja:</b> Clear			Navami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 6:20AM</b>	Moon – Purple		<b>Devaloka Day</b>		
				<b>Kartika•Aipasi</b>				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1 Sunday, October 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Albany, NY			
Dhanishtha Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 23 Sutra 196		Hemalamba 5119			
Makara Rasi: 29.13	Tithi 9 – 10	<b>Gulika</b> 2:14PM – 3:33PM	<b>Dhanishtha</b> Until 8:14PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:23AM	
		Yama 11:37AM – 12:56PM	Ganda* Until 9:32AM	<b>Muruga:</b> White <i>Sunset:</i> 4:51PM	Moon 10 - Phase 27
	693112364	<b>Rahu</b> 3:33PM – 4:51PM	Taitila Until 8:21PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 7:52AM	Moon – Purple	<b>Devaloka Day</b>
Until 8:14PM				<b>Karttika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>2 Monday, October 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY			
Shatabhishak Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 197		Hemalamba 5119			
Kumbha Rasi: 11.5	Tithi 10 – 11	<b>Gulika</b> 12:55PM – 2:14PM	<b>Shatabhishak</b> Until 8:59PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM	
<b>Family Home Evening</b>		Yama 10:19AM – 11:37AM	Vridhi Until 8:59AM	<b>Muruga:</b> White <i>Sunset:</i> 4:50PM	Moon 10 - Phase 27
	693112364	<b>Rahu</b> 7:43AM – 9:01AM	Vanija Until 8:40PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:36AM	Moon – Purple	<b>Devaloka Day</b>
Until 8:59PM				<b>Karttika•Aipasi</b>	
Then Routine Work - Marana Yoga					

<b>3 Tuesday, October 31, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY			
Purvaprosarthapada* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau Sun 25 Sutra 198		Hemalamba 5119			
Kumbha Rasi: 24.51	Tithi 11 – 12	<b>Gulika</b> 11:37AM – 12:55PM	<b>Purvaprosarthapada*</b> Until 9:11PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:26AM	
		Yama 9:01AM – 10:19AM	Dhruva Until 7:43AM	<b>Muruga:</b> White <i>Sunset:</i> 4:49PM	Moon 10 - Phase 27
	613112364	<b>Rahu</b> 2:13PM – 3:31PM	Bava Until 8:06PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 8:28AM	Moon – Clear	<b>Devaloka Day</b>
Until 9:11PM				<b>Karttika•Aipasi</b>	
Then Creative Work - Amrita Yoga					

<b>4 Wednesday, November 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Albany, NY			
Uttaraprosarthapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau Sun 26 Sutra 199		Hemalamba 5119			
Meena Rasi: 8.19	Tithi 12 – 13	<b>Gulika</b> 10:20AM – 11:37AM	<b>Uttaraprosarthapada</b> Until 8:26PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:27AM	
		Yama 7:44AM – 9:02AM	Harshana Until 3:16AM Thu	<b>Muruga:</b> White <i>Sunset:</i> 4:47PM	Moon 10 - Phase 27
	613112364	<b>Rahu</b> 11:37AM – 12:55PM	Kaulava Until 6:42PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashti</b> Until 7:29AM	Moon – Clear	<b>Devaloka Day</b>
Until 8:26PM				<b>Karttika•Aipasi</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>		

<b>5 Thursday, November 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY			
Revati Nakshatra Vajra* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 200		Hemalamba 5119			
Meena Rasi: 22.16	Tithi 14	<b>Gulika</b> 9:03AM – 10:20AM	<b>Revati</b> Until 6:51PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:28AM	
		Yama 6:28AM – 7:45AM	Vajra* Until 12:11AM Fri	<b>Muruga:</b> White <i>Sunset:</i> 4:46PM	Moon 10 - Phase 27
	613112364	<b>Rahu</b> 12:54PM – 2:12PM	Gara Until 4:36PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:19AM Fri	Moon – Clear	<b>Devaloka Day</b>
Until 6:51PM				<b>Karttika•Aipasi</b>	
Then Creative Work - Amrita Yoga					

<b>Friday, November 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Albany, NY			
<b>Copper Retreat Star</b>		Ashvini/Bharani Nakshatra Siddhi Yoga Visti*/Bava Karana Purnimayam Titau Sutra 201			
Mesha Rasi: 6.37	Tithi 15	<b>Gulika</b> 7:46AM – 9:03AM	<b>Ashvini</b> Until 5:00PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:29AM	Hemalamba 5119
		Yama 2:11PM – 3:28PM	Siddhi Until 8:42PM	<b>Muruga:</b> White <i>Sunset:</i> 4:45PM	Moon 10 - Phase 27
	623112364	<b>Rahu</b> 10:20AM – 11:37AM	Visti Until 1:56PM	<b>Nataraja:</b> Clear	Purnima
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 12:26AM Sat	Moon – White	<b>Sivaloka Day</b>
Until 5:00PM				<b>Karttika•Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>Saturday, November 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Albany, NY			
<b>Silver Retreat Star</b>		Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Prathamayam Titau Sutra 202			
Mesha Rasi: 21.19	Tithi 16	<b>Gulika</b> 6:31AM – 7:47AM	<b>Bharani</b> Until 2:38PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:31AM	Hemalamba 5119
		Yama 12:54PM – 2:10PM	Vyatipata* Until 4:57PM	<b>Muruga:</b> White <i>Sunset:</i> 4:44PM	Moon 10 - Phase 27
	623112364	<b>Rahu</b> 9:04AM – 10:20AM	Balava Until 10:53AM	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 9:14PM	Moon – White	<b>Sivaloka Day</b>
Until 2:38PM				<b>Karttika•Aipasi</b>	
Then Creative Work - Amrita Yoga					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda





Sunday, November 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan/Parigha\* Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY  
Sun 1 Sutra 203

Hemalamba 5119

Moon 11 - Phase 28  
1st Phase

Vrishabha Rasi: 6.12 Tihi 17 - 18

623112364

**Gulika** 2:10PM - 3:26PM  
**Yama** 11:37AM - 12:53PM  
**Rahu** 3:26PM - 4:42PM

**Krittika** **Until 11:57AM**  
Variyan **Until 1:01PM**  
Taitila **Until 7:35AM**  
**Dvitiya** **Until 5:54PM**

**Ganesha:** White *Sunrise: 6:32AM*  
**Muruga:** White *Sunset: 4:42PM*  
**Nataraja:** Clear  
Moon - White  
**Karttika•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Monday, November 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY  
Sun 2 Sutra 204

Hemalamba 5119

Moon 11 - Phase 28  
1st Phase

Vrishabha Rasi: 21.09 Tihi 18 - 19

733112364

**Gulika** 12:53PM - 2:09PM  
**Yama** 10:21AM - 11:37AM  
**Rahu** 7:49AM - 9:05AM

**Rohini** **Until 9:30AM**  
Parigha\* **Until 9:05AM**  
Bava **Until 1:00AM Tue**  
**Tritiya** **Until 2:35PM**

**Ganesha:** White *Sunrise: 6:33AM*  
**Muruga:** White *Sunset: 4:41PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Karttika•Aipasi**

**Sivaloka Day**

Creative Work Amrita Yoga

Tuesday, November 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY  
Sun 3 Sutra 205

Hemalamba 5119

Moon 11 - Phase 28  
1st Phase

Mithuna Rasi: 6.01 Tihi 19 - 20

733112364

**Gulika** 11:37AM - 12:53PM  
**Yama** 9:06AM - 10:21AM  
**Rahu** 2:09PM - 3:24PM

**Mrigashira** **Until 7:03AM**  
Siddha **Until 1:40AM Wed**  
Kaulava **Until 9:59PM**  
**Chaturthi\*** **Until 11:26AM**

**Ganesha:** White *Sunrise: 6:34AM*  
**Muruga:** White *Sunset: 4:40PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Karttika•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 7:03AM

Then Routine Work - Marana Yoga

Wednesday, November 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY  
Sun 4 Sutra 206

Hemalamba 5119

Moon 11 - Phase 28  
1st Phase

Mithuna Rasi: 20.4 Tihi 20 - 21

744112364

**Gulika** 10:22AM - 11:37AM  
**Yama** 7:51AM - 9:06AM  
**Rahu** 11:37AM - 12:53PM

**Punarvasu** **Until 3:08AM Thu**  
Sadhya **Until 10:23PM**  
Gara **Until 7:21PM**  
**Panchami** **Until 8:36AM**

**Ganesha:** Purple *Sunrise: 6:36AM*  
**Muruga:** White *Sunset: 4:39PM*  
**Nataraja:** Clear  
Moon - Blue  
**Karttika•Aipasi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 3:08AM Thu

Then Creative Work - Amrita Yoga

Thursday, November 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Albany, NY  
Sun 5 Sutra 207

Hemalamba 5119

Moon 11 - Phase 28  
1st Phase

Kataka Rasi: 5.01 Tihi 21 - 22

744112364

**Gulika** 9:07AM - 10:22AM  
**Yama** 6:37AM - 7:52AM  
**Rahu** 12:52PM - 2:08PM

**Pushya** **Until 1:52AM Fri**  
Subha **Until 7:31PM**  
Bava **Until 4:18AM Fri**  
**Shashthi\*** **Until 6:12AM**

**Ganesha:** Purple *Sunrise: 6:37AM*  
**Muruga:** White *Sunset: 4:38PM*  
**Nataraja:** Clear  
Moon - Blue  
**Karttika•Aipasi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 1:52AM Fri

Then Routine Work - Marana Yoga

Friday, November 10, 2017

5

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY  
Sun 6 Sutra 208

Hemalamba 5119

Moon 11 - Phase 28  
Ashtami

Kataka Rasi: 19.02 Tihi 23

744112364

**Gulika** 7:53AM - 9:08AM  
**Yama** 2:07PM - 3:22PM  
**Rahu** 10:23AM - 11:37AM

**Ashlesha\*** **Until 1:00AM Sat**  
Sukla **Until 5:02PM**  
Balava **Until 3:34PM**  
**Ashtami\*** **Until 2:57AM Sat**

**Ganesha:** Purple *Sunrise: 6:38AM*  
**Muruga:** White *Sunset: 4:37PM*  
**Nataraja:** Clear  
Moon - Blue  
**Karttika•Aipasi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 1:00AM Sat

Then Creative Work - Amrita Yoga

Saturday, November 11, 2017

6

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY  
Sun 7 Sutra 209

Hemalamba 5119

Moon 11 - Phase 28  
Navami

Simha Rasi: 2.44 Tihi 24

754112364

**Gulika** 6:39AM - 7:54AM  
**Yama** 12:52PM - 2:07PM  
**Rahu** 9:08AM - 10:23AM

**Magha\*** **Until 12:58AM Sun**  
Brahma **Until 3:01PM**  
Taitila **Until 2:30PM**  
**Navami\*** **Until 2:09AM Sun**

**Ganesha:** Clear *Sunrise: 6:39AM*  
**Muruga:** White *Sunset: 4:36PM*  
**Nataraja:** Clear  
Moon - Red  
**Karttika•Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 12:58AM Sun

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Sunday, November 12, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Simha Rasi: 16.07		Tithi 25		Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 210	
754112364		<b>Gulika</b>	2:06PM – 3:20PM	<b>Purvaphalguni Until 1:17AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM	Hemalamba 5119		
Creative Work		<b>Yama</b>	11:38AM – 12:52PM	Indra Until 1:27PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:35PM	Moon 11 - Phase 29		
Siddha Yoga		<b>Rahu</b>	3:20PM – 4:35PM	Vanija Until 1:59PM	<b>Nataraja:</b> Clear	Moon – Red			
		<b>Dashami Until 1:53AM Mon</b>				<b>Karttika•Aipasi</b>	<b>Devaloka Day</b>		

<b>2</b>		<b>Monday, November 13, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY	
Simha Rasi: 29.13		Tithi 26		Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 211	
754112364		<b>Gulika</b>	12:52PM – 2:06PM	<b>Uttaraphalguni Until 1:55AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:42AM	Hemalamba 5119		
Family Home Evening		<b>Yama</b>	10:24AM – 11:38AM	Vaidhriti* Until 12:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:34PM	Moon 11 - Phase 29		
Creative Work		<b>Rahu</b>	7:56AM – 9:10AM	Bava Until 1:57PM	<b>Nataraja:</b> Clear	Moon – Red			
Siddha Yoga		<b>Ekadashi* Until 2:05AM Tue</b>				<b>Karttika•Aipasi</b>	<b>Devaloka Day</b>		

<b>3</b>		<b>Tuesday, November 14, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam		Albany, NY		
Kanya Rasi: 12.05		Tithi 27		Hasta Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 212		
764112364		<b>Gulika</b>	11:38AM – 12:52PM	<b>Hasta Until 3:15AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM	Hemalamba 5119			
Creative Work		<b>Yama</b>	9:11AM – 10:24AM	Vishkambha* Until 11:22AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:33PM	Moon 11 - Phase 29			
Siddha Yoga		<b>Rahu</b>	2:05PM – 3:19PM	Kaulava Until 2:21PM	<b>Nataraja:</b> Clear	Moon – Green				
		<b>Dvadashi* Until 2:41AM Wed</b>				<b>Karttika•Aipasi</b>	<b>Bhuloka Day</b>			
						Devaloka Time: 6:PM to 9:PM				

<b>4</b>		<b>Wednesday, November 15, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY		
Kanya Rasi: 24.46		Tithi 28		Chitra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 213		
764112364		<b>Gulika</b>	10:25AM – 11:38AM	<b>Chitra Until 4:48AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:44AM	Hemalamba 5119			
Creative Work		<b>Yama</b>	7:58AM – 9:11AM	Priti Until 10:49AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:32PM	Moon 11 - Phase 29			
Siddha Yoga		<b>Rahu</b>	11:38AM – 12:52PM	Gara Until 3:10PM	<b>Nataraja:</b> Clear	Moon – Green				
Until 4:48AM Thu		<b>Subramuniyaswami Mahasamadhi</b>				<b>Trayodashi* Until 3:41AM Thu</b>	<b>Karttika•Aipasi</b>	<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga						Pradosha Vrata (Fasting)				
						Devaloka Time: 6:PM to 9:PM				

<b>5</b>		<b>Thursday, November 16, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY		
Tula Rasi: 7.17		Tithi 29		Svati Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 214		
764112365		<b>Gulika</b>	9:12AM – 10:25AM	<b>Svati Until 6:31AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:46AM	Hemalamba 5119			
Creative Work		<b>Yama</b>	6:46AM – 7:59AM	Ayushman Until 10:31AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:31PM	Moon 11 - Phase 29			
Amrita Yoga		<b>Rahu</b>	12:52PM – 2:05PM	Visti Until 4:20PM	<b>Nataraja:</b> White	Moon – Green				
Until 6:31AM Fri		<b>Chaturdashi* Until 5:01AM Fri</b>				<b>Karttika•Karttikai</b>	<b>Bhuloka Day</b>			
Then Creative Work - Siddha Yoga										

<b>●</b>		<b>Friday, November 17, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY		
<b>Retreat Star</b>		Tithi 30		Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Sutra 215		
764212365		<b>Gulika</b>	8:00AM – 9:13AM	<b>Svati Until 6:31AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:47AM	Hemalamba 5119			
Tula Rasi: 19.38		<b>Yama</b>	2:04PM – 3:17PM	Saubhagya Until 10:30AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 29			
Creative Work		<b>Rahu</b>	10:26AM – 11:39AM	Catuspada Until 5:51PM	<b>Nataraja:</b> White	Moon – Green				
Siddha Yoga		<b>Amavasya* Until 6:43AM Sat</b>				<b>Karttika•Karttikai</b>	<b>Bhuloka Day</b>			
						Devaloka Time: 9:AM to 12:PM				

<b>Retreat Star</b>		<b>Saturday, November 18, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		Albany, NY		
774212365		Tithi 30 – 1		Vishakha/Anuradha Nakshatra Sobhana/Alhiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 216		
774212365		<b>Gulika</b>	6:48AM – 8:01AM	<b>Vishakha Until 8:53AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:48AM	Hemalamba 5119			
Vrischika Rasi: 1.52		<b>Yama</b>	12:51PM – 2:04PM	Sobhana Until 10:46AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 29			
Creative Work		<b>Rahu</b>	9:13AM – 10:26AM	Kintughna Until 7:42PM	<b>Nataraja:</b> White	Moon – Orange				
Siddha Yoga		<b>Amavasya* Until 6:43AM</b>				<b>Margasira•Karttikai</b>	<b>Bhuloka Day</b>			
						Devaloka Time: 9:AM to 12:PM				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Sunday, November 19, 2017</b>	Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Albany, NY Sun 15 Sutra 217 Hemalamba 5119
	Vrischika Rasi: 13.56    Titthi 1 – 2	<b>Gulika</b> 2:04PM – 3:16PM <b>Yama</b> 11:39AM – 12:51PM <b>Rahu</b> 3:16PM – 4:29PM	<b>Anuradha</b> Until 11:25AM Athiganda* Until 11:14AM Balava Until 9:53PM <b>Prathama*</b> Until 8:44AM	<b>Ganesh:</b> Orange <i>Sunrise:</i> 6:49AM <b>Muruga:</b> White <i>Sunset:</i> 4:29PM <b>Nataraja:</b> White Moon – Orange <b>Margasira-Karttikai</b>	Moon 11 - Phase 30 3rd Phase
	Routine Work    Marana Yoga	774212365			<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>2</b>	<b>Monday, November 20, 2017</b>	Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Albany, NY Sun 16 Sutra 218 Hemalamba 5119
	Vrischika Rasi: 25.54    Titthi 2 – 3 <b>Family Home Evening</b>	<b>Gulika</b> 12:51PM – 2:04PM <b>Yama</b> 10:27AM – 11:39AM <b>Rahu</b> 8:03AM – 9:15AM	<b>Jyeshtha*</b> Until 2:04PM Sukarma Until 11:57AM Taitila Until 12:22AM Tue <b>Dvitiya</b> Until 11:04AM	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:50AM <b>Muruga:</b> White <i>Sunset:</i> 4:28PM <b>Nataraja:</b> White Moon – Orange <b>Margasira-Karttikai</b>	Moon 11 - Phase 30 3rd Phase
	Creative Work    Siddha Yoga	775212365			<b>Bhuloka Day</b>

<b>3</b>	<b>Tuesday, November 21, 2017</b>	Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Albany, NY Sun 17 Sutra 219 Hemalamba 5119
	Dhanus Rasi: 7.46    Titthi 3 – 4	<b>Gulika</b> 11:39AM – 12:51PM <b>Yama</b> 9:16AM – 10:28AM <b>Rahu</b> 2:03PM – 3:15PM	<b>Mula*</b> Until 5:17PM Dhriti Until 12:52PM Vanija Until 3:02AM Wed <b>Tritiya</b> Until 1:40PM	<b>Ganesh:</b> White <i>Sunrise:</i> 6:52AM <b>Muruga:</b> White <i>Sunset:</i> 4:27PM <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	Moon 11 - Phase 30 3rd Phase
	Creative Work    Amrita Yoga Until 5:17PM Then Creative Work - Siddha Yoga	785212365			<b>Bhuloka Day</b>

<b>4</b>	<b>Wednesday, November 22, 2017</b>	Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Albany, NY Sun 18 Sutra 220 Hemalamba 5119
	Dhanus Rasi: 19.34    Titthi 4 – 5	<b>Gulika</b> 10:28AM – 11:40AM <b>Yama</b> 8:05AM – 9:16AM <b>Rahu</b> 11:40AM – 12:51PM	<b>Purvashadha*</b> Until 8:26PM Shula* Until 1:51PM Bava Until 5:45AM Thu <b>Chaturthi*</b> Until 4:23PM	<b>Ganesh:</b> White <i>Sunrise:</i> 6:53AM <b>Muruga:</b> White <i>Sunset:</i> 4:27PM <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	Moon 11 - Phase 30 3rd Phase
	Creative Work    Amrita Yoga	785212365			<b>Bhuloka Day</b>

<b>5</b>	<b>Thursday, November 23, 2017</b>	Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Balava Karana Panchamyam Titau			Albany, NY Sun 19 Sutra 221 Hemalamba 5119
	Makara Rasi: 1.22    Titthi 5	<b>Gulika</b> 9:17AM – 10:29AM <b>Yama</b> 6:54AM – 8:06AM <b>Rahu</b> 12:51PM – 2:03PM	<b>Uttarashadha</b> Until 11:21PM Ganda* Until 2:50PM Balava Until 7:03PM <b>Panchami</b> Until 7:03PM	<b>Ganesh:</b> White <i>Sunrise:</i> 6:54AM <b>Muruga:</b> White <i>Sunset:</i> 4:26PM <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	Moon 11 - Phase 30 3rd Phase
	Routine Work    Marana Yoga Until 11:21PM Then Creative Work - Siddha Yoga	785212365			<b>Bhuloka Day</b>

<b>6</b>	<b>Friday, November 24, 2017</b>	Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau			Albany, NY Sun 20 Sutra 222 Hemalamba 5119
	Makara Rasi: 13.12    Titthi 6	<b>Gulika</b> 8:07AM – 9:18AM <b>Yama</b> 2:03PM – 3:14PM <b>Rahu</b> 10:29AM – 11:40AM	<b>Shravana</b> Until 2:19AM Sat Vridhi Until 3:40PM Kaulava Until 8:20AM <b>Shashthi*</b> Until 9:28PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:55AM <b>Muruga:</b> White <i>Sunset:</i> 4:25PM <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	Moon 11 - Phase 30 3rd Phase
	Routine Work    Marana Yoga Until 2:19AM Sat Then Creative Work - Siddha Yoga	795212365			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>D</b>	<b>Saturday, November 25, 2017</b>	Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau			Albany, NY Sun 21 Sutra 223 Hemalamba 5119
	<b>Retreat Star</b>	<b>Gulika</b> 6:56AM – 8:07AM <b>Yama</b> 12:52PM – 2:03PM <b>Rahu</b> 9:19AM – 10:30AM	<b>Dhanishtha</b> Until 4:35AM Sun Dhruva Until 4:08PM Gara Until 10:32AM <b>Saptami</b> Until 11:24PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:56AM <b>Muruga:</b> White <i>Sunset:</i> 4:25PM <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	Moon 11 - Phase 30 3rd Phase
	Makara Rasi: 25.1    Titthi 7	795212365			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work    Siddha Yoga				

<b>D</b>	<b>Sunday, November 26, 2017</b>	Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau			Albany, NY Sun 22 Sutra 224 Hemalamba 5119
	<b>Retreat Star</b>	<b>Gulika</b> 2:03PM – 3:13PM <b>Yama</b> 11:41AM – 12:52PM <b>Rahu</b> 3:13PM – 4:24PM	<b>Shatabhishak</b> Until 6:00AM Mon Vyaghata* Until 4:07PM Visti Until 12:07PM <b>Ashtami*</b> Until 12:36AM Mon	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:58AM <b>Muruga:</b> White <i>Sunset:</i> 4:24PM <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	Moon 11 - Phase 30 Ashtami
	Kumbha Rasi: 7.23    Titthi 8	795212365			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work    Siddha Yoga Until 6:00AM Mon Then Routine Work - Marana Yoga				

<b>D</b>	<b>Monday, November 27, 2017</b>	Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosthapada* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau			Albany, NY Sun 23 Sutra 225 Hemalamba 5119
	<b>Retreat Star</b>	<b>Gulika</b> 12:52PM – 2:02PM <b>Yama</b> 10:31AM – 11:41AM <b>Rahu</b> 8:09AM – 9:20AM	<b>Shatabhishak</b> Until 6:00AM Harshana Until 3:30PM Balava Until 12:54PM <b>Navami*</b> Until 12:57AM Tue	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:59AM <b>Muruga:</b> White <i>Sunset:</i> 4:24PM <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	Moon 11 - Phase 30 Navami
	Kumbha Rasi: 19.55    Titthi 9 <b>Family Home Evening</b>	795212365			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work    Siddha Yoga Until 6:00AM Then Routine Work - Marana Yoga				

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>	<b>Tuesday, November 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Dashamyam Titau				Albany, NY Sun 24 Sutra 226
	Meena Rasi: 2.5	Tithi 10	715212365	<b>Gulika</b> 11:42AM – 12:52PM <b>Yama</b> 9:21AM – 10:31AM <b>Rahu</b> 2:02PM – 3:13PM	<b>Purvaproshtapada* Until 6:52AM</b> <b>Vajra* Until 2:09PM</b> <b>Tailila Until 12:48PM</b> <b>Dashami Until 12:22AM Wed</b>	<b>Ganesha: Yellow</b> <i>Sunrise: 7:00AM</i> <b>Muruga: White</b> <i>Sunset: 4:23PM</i> <b>Nataraja: White</b> Moon – Clear <b>Margasira•Karttikai</b>	Hemalamba 5119 Moon 11 - Phase 31 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Routine Work    Marana Yoga Until 6:52AM Then Creative Work - Amrita Yoga						

<b>2</b>	<b>Wednesday, November 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 25 Sutra 227
	Meena Rasi: 16.16	Tithi 11	715212365	<b>Gulika</b> 10:32AM – 11:42AM <b>Yama</b> 8:11AM – 9:21AM <b>Rahu</b> 11:42AM – 12:52PM	<b>Uttaraproshtapada Until 6:42AM</b> <b>Siddhi Until 12:06PM</b> <b>Vanija Until 11:46AM</b> <b>Ekadashi Until 10:55PM</b>	<b>Ganesha: Yellow</b> <i>Sunrise: 7:01AM</i> <b>Muruga: White</b> <i>Sunset: 4:23PM</i> <b>Nataraja: White</b> Moon – Clear <b>Margasira•Karttikai</b>	Hemalamba 5119 Moon 11 - Phase 31 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work    Siddha Yoga Until 6:42AM Then Routine Work - Marana Yoga		<b>Gita Jayanthi</b>				

<b>3</b>	<b>Thursday, November 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Dvadashyam Titau				Albany, NY Sun 26 Sutra 228
	Mesha Rasi: 0.11	Tithi 12	726212365	<b>Gulika</b> 9:22AM – 10:32AM <b>Yama</b> 7:02AM – 8:12AM <b>Rahu</b> 12:52PM – 2:02PM	<b>Ashvini Until 3:56AM Fri</b> <b>Vyatipata* Until 9:24AM</b> <b>Bava Until 9:55AM</b> <b>Dvadashi Until 8:42PM</b>	<b>Ganesha: Clear</b> <i>Sunrise: 7:02AM</i> <b>Muruga: White</b> <i>Sunset: 4:23PM</i> <b>Nataraja: White</b> Moon – White <b>Margasira•Karttikai</b>	Hemalamba 5119 Moon 11 - Phase 31 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
	Creative Work    Amrita Yoga Until 3:56AM Fri Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Friday, December 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 27 Sutra 229
	Mesha Rasi: 14.35	Tithi 13 – 14	726212365	<b>Gulika</b> 8:13AM – 9:23AM <b>Yama</b> 2:02PM – 3:12PM <b>Rahu</b> 10:33AM – 11:43AM	<b>Bharani Until 1:37AM Sat</b> <b>Variyan Until 6:06AM</b> <b>Kaulava Until 7:21AM</b> <b>Trayodashi Until 5:50PM</b> <i>Pradosha Vrata</i>	<b>Ganesha: Clear</b> <i>Sunrise: 7:03AM</i> <b>Muruga: White</b> <i>Sunset: 4:22PM</i> <b>Nataraja: White</b> Moon – White <b>Margasira•Karttikai</b>	Hemalamba 5119 Moon 11 - Phase 31 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
	Creative Work    Siddha Yoga Until 1:37AM Sat Then Creative Work - Amrita Yoga						

	<b>Saturday, December 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY Sun 28 Sutra 230
	<b>Copper Retreat Star</b>		726212365	<b>Gulika</b> 7:04AM – 8:14AM <b>Yama</b> 12:53PM – 2:02PM <b>Rahu</b> 9:24AM – 10:33AM	<b>Krittika Until 10:45PM</b> <b>Shiva Until 10:18PM</b> <b>Visti Until 12:43AM Sun</b> <b>Chaturdashi* Until 2:30PM</b>	<b>Ganesha: Clear</b> <i>Sunrise: 7:04AM</i> <b>Muruga: White</b> <i>Sunset: 4:22PM</i> <b>Nataraja: White</b> Moon – White <b>Margasira•Karttikai</b>	Hemalamba 5119 Moon 11 - Phase 31 Purnima <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
	Creative Work    Amrita Yoga		<b>Krittika Deepam</b>				

<b>5</b>	<b>Sunday, December 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 29 Sutra 231
	<b>Silver Retreat Star</b>		736212365	<b>Gulika</b> 2:03PM – 3:12PM <b>Yama</b> 11:43AM – 12:53PM <b>Rahu</b> 3:12PM – 4:22PM	<b>Rohini Until 7:56PM</b> <b>Siddha Until 6:01PM</b> <b>Balava Until 9:00PM</b> <b>Purnima* Until 10:52AM</b>	<b>Ganesha: Purple</b> <i>Sunrise: 7:05AM</i> <b>Muruga: White</b> <i>Sunset: 4:22PM</i> <b>Nataraja: White</b> Moon – Yellow <b>Margasira•Karttikai</b>	Hemalamba 5119 Moon 11 - Phase 31 Prathama <b>Devaloka Day</b>
	Creative Work    Siddha Yoga		<b>Vinayaga Viratam Begins</b>				

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Monday, December 4, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 232

Hemalamba 5119

Vrishabha Rasi: 29.43 Tihi 16 – 17

Family Home Evening

736212365

Gulika 12:53PM – 2:03PM  
Yama 10:34AM – 11:44AM  
Rahu 8:16AM – 9:25AM

Mrigashira Until 4:56PM  
Sadhya Until 1:42PM  
Gara Until 3:25AM Tue  
Prathama\* Until 7:06AM

Ganesha: Purple Sunrise: 7:06AM  
Muruga: White Sunset: 4:21PM  
Nataraja: White  
Moon – Yellow  
Margasira•Karttikai

Moon 12 - Phase 32  
1st Phase

Devaloka Day

Then Creative Work - Siddha Yoga

1

Tuesday, December 5, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Tritiyayam Titau

Albany, NY

Sun 1 Sutra 233

Hemalamba 5119

Mithuna Rasi: 14.55 Tihi 18

Routine Work Marana Yoga

736212365

Gulika 11:44AM – 12:54PM  
Yama 9:26AM – 10:35AM  
Rahu 2:03PM – 3:12PM

Ardra Until 1:56PM  
Subha Until 9:30AM  
Vanija Until 1:39PM  
Tritiya Until 11:56PM

Ganesha: Purple Sunrise: 7:07AM  
Muruga: White Sunset: 4:21PM  
Nataraja: White  
Moon – Yellow  
Margasira•Karttikai

Moon 12 - Phase 32  
1st Phase

Devaloka Day

Tour Day

Then Creative Work - Siddha Yoga

2

Wednesday, December 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY

Sun 2 Sutra 234

Hemalamba 5119

Mithuna Rasi: 29.55 Tihi 19

Creative Work Siddha Yoga

746212365

Gulika 10:36AM – 11:45AM  
Yama 8:17AM – 9:26AM  
Rahu 11:45AM – 12:54PM

Punarvasu Until 11:31AM  
Brahma Until 1:50AM Thu  
Bava Until 10:21AM  
Chaturthi\* Until 8:50PM

Ganesha: Clear Sunrise: 7:08AM  
Muruga: White Sunset: 4:21PM  
Nataraja: White  
Moon – Blue  
Margasira•Karttikai

Moon 12 - Phase 32  
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Thursday, December 7, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY

Sun 3 Sutra 235

Hemalamba 5119

Kataka Rasi: 14.35 Tihi 20

Creative Work Amrita Yoga

747212365

Gulika 9:27AM – 10:36AM  
Yama 7:09AM – 8:18AM  
Rahu 12:54PM – 2:03PM

Pushya Until 9:26AM  
Indra Until 10:38PM  
Kaulava Until 7:30AM  
Panchami Until 6:16PM

Ganesha: White Sunrise: 7:09AM  
Muruga: White Sunset: 4:21PM  
Nataraja: White  
Moon – Blue  
Margasira•Karttikai

Moon 12 - Phase 32  
1st Phase

Bhuloka Day

Then Creative Work - Siddha Yoga

4

Friday, December 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Albany, NY

Sun 4 Sutra 236

Hemalamba 5119

Kataka Rasi: 28.52 Tihi 21 – 22

Routine Work Marana Yoga

747212365

Gulika 8:19AM – 9:28AM  
Yama 2:03PM – 3:12PM  
Rahu 10:37AM – 11:46AM

Ashlesha\* Until 7:47AM  
Vaidhriti\* Until 7:56PM  
Visti Until 3:39AM Sat  
Shashthi\* Until 4:20PM

Ganesha: White Sunrise: 7:10AM  
Muruga: White Sunset: 4:21PM  
Nataraja: White  
Moon – Blue  
Margasira•Karttikai

Moon 12 - Phase 32  
1st Phase

Bhuloka Day

5

Saturday, December 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sun 5 Sutra 237

Hemalamba 5119

Simha Rasi: 12.42 Tihi 22 – 23

Creative Work Amrita Yoga

757212365

Gulika 7:11AM – 8:20AM  
Yama 12:55PM – 2:04PM  
Rahu 9:29AM – 10:37AM

Magha\* Until 7:06AM  
Vishkambha\* Until 5:49PM  
Balava Until 2:47AM Sun  
Saptami Until 3:06PM

Ganesha: Yellow Sunrise: 7:11AM  
Muruga: White Sunset: 4:21PM  
Nataraja: White  
Moon – Red  
Margasira•Karttikai

Moon 12 - Phase 32  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

D

Sunday, December 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY

Sun 6 Sutra 238

Hemalamba 5119

Simha Rasi: 26.07 Tihi 23 – 24

Creative Work Siddha Yoga

757212365

Gulika 2:04PM – 3:12PM  
Yama 11:46AM – 12:55PM  
Rahu 3:12PM – 4:21PM

Purvaphalguni Until 6:59AM  
Priti Until 4:17PM  
Taitila Until 2:38AM Mon  
Ashtami\* Until 2:36PM

Ganesha: Yellow Sunrise: 7:12AM  
Muruga: White Sunset: 4:21PM  
Nataraja: White  
Moon – Red  
Margasira•Karttikai

Moon 12 - Phase 32  
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

Monday, December 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Albany, NY

Sun 7 Sutra 239

Hemalamba 5119

Kanya Rasi: 9.1 Tihi 24 – 25

Family Home Evening

757212365

Gulika 12:55PM – 2:04PM  
Yama 10:38AM – 11:47AM  
Rahu 8:21AM – 9:30AM

Uttaraphalguni Until 7:24AM  
Ayushman Until 3:16PM  
Vanija Until 3:09AM Tue  
Navami\* Until 2:48PM

Ganesha: Yellow Sunrise: 7:13AM  
Muruga: White Sunset: 4:21PM  
Nataraja: White  
Moon – Red  
Margasira•Karttikai

Moon 12 - Phase 32  
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, December 12, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Albany, NY Sun 8 Sutra 240	
Kanya Rasi: 21.53	Tithi 25 – 26	<b>Gulika</b>	11:47AM – 12:56PM	<b>Hasta</b> <b>Until 8:44AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 7:14AM	Hemalamba 5119		
		Yama	9:31AM – 10:39AM	Saubhagya <b>Until 2:43PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 4:21PM	Moon 12 - Phase 33		
Creative Work	Siddha Yoga	767312365	<b>Rahu</b> 2:04PM – 3:13PM	Bava <b>Until 4:14AM Wed</b>	<b>Nataraja:</b> White		2nd Phase		
				<b>Dashami</b> <b>Until 3:37PM</b>	Moon – Green		<b>Bhuloka Day</b>		
					<b>Margasira•Karttikai</b>		Devaloka Time: 9:AM to12:PM		

<b>2</b>		<b>Wednesday, December 13, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Albany, NY Sun 9 Sutra 241	
Tula Rasi: 4.22	Tithi 26 – 27	<b>Gulika</b>	10:40AM – 11:48AM	<b>Chitra</b> <b>Until 10:27AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 7:14AM	Hemalamba 5119		
		Yama	8:23AM – 9:31AM	Sobhana <b>Until 2:34PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 4:21PM	Moon 12 - Phase 33		
Creative Work	Siddha Yoga	767312365	<b>Rahu</b> 11:48AM – 12:56PM	Kaulava <b>Until 5:46AM Thu</b>	<b>Nataraja:</b> White		2nd Phase		
				<b>Ekadashi*</b> <b>Until 4:55PM</b>	Moon – Green		<b>Bhuloka Day</b>		
					<b>Margasira•Karttikai</b>		Devaloka Time: 9:AM to12:PM		

<b>3</b>		<b>Thursday, December 14, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Dvodashyam Titau		Albany, NY Sun 10 Sutra 242	
Tula Rasi: 16.4	Tithi 27	<b>Gulika</b>	9:32AM – 10:40AM	<b>Svati</b> <b>Until 12:24PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:15AM	Hemalamba 5119		
		Yama	7:15AM – 8:23AM	Athiganda* <b>Until 2:42PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 4:22PM	Moon 12 - Phase 33		
Creative Work	Amrita Yoga	768312365	<b>Rahu</b> 12:57PM – 2:05PM	Taitila <b>Until 6:39PM</b>	<b>Nataraja:</b> White		2nd Phase		
Until 12:24PM				<b>Dvadashi*</b> <b>Until 6:39PM</b>	Moon – Green		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Margasira•Karttikai</b>				

<b>4</b>		<b>Friday, December 15, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 11 Sutra 243	
Tula Rasi: 28.48	Tithi 28	<b>Gulika</b>	8:24AM – 9:32AM	<b>Vishakha</b> <b>Until 2:59PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:16AM	Hemalamba 5119		
		Yama	2:05PM – 3:14PM	Sukarma <b>Until 3:06PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 4:22PM	Moon 12 - Phase 33		
Creative Work	Siddha Yoga	778312365	<b>Rahu</b> 10:41AM – 11:49AM	Gara <b>Until 7:39AM</b>	<b>Nataraja:</b> White		2nd Phase		
				<b>Trayodashi*</b> <b>Until 8:41PM</b>	Moon – Orange		<b>Bhuloka Day</b>		
		<b>Markali Pillaiyar</b>		<i>Pradosha Vrata (Fasting)</i>	<b>Margasira•Markali</b>				

<b>5</b>		<b>Saturday, December 16, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manla Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 12 Sutra 244	
Vrishchika Rasi: 10.5	Tithi 29	<b>Gulika</b>	7:17AM – 8:25AM	<b>Anuradha</b> <b>Until 5:40PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:17AM	Hemalamba 5119		
		Yama	12:58PM – 2:06PM	Dhriti <b>Until 3:42PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 4:22PM	Moon 12 - Phase 33		
Creative Work	Siddha Yoga	878312365	<b>Rahu</b> 9:33AM – 10:41AM	Visti <b>Until 9:49AM</b>	<b>Nataraja:</b> White		2nd Phase		
				<b>Chaturdashi*</b> <b>Until 10:58PM</b>	Moon – Orange		<b>Bhuloka Day</b>		
					<b>Margasira•Markali</b>				

<b>●</b>		<b>Sunday, December 17, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 13 Sutra 245	
<b>Retreat Star</b>		<b>Gulika</b>	2:06PM – 3:14PM	<b>Jyeshtha*</b> <b>Until 8:23PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:17AM	Hemalamba 5119		
Vrishchika Rasi: 22.47	Tithi 30	Yama	11:50AM – 12:58PM	Shula* <b>Until 4:26PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 4:22PM	Moon 12 - Phase 33		
Routine Work	Marana Yoga	878312365	<b>Rahu</b> 3:14PM – 4:22PM	Catuspada <b>Until 12:13PM</b>	<b>Nataraja:</b> White		Amavasya		
Until 8:23PM				<b>Amavasya*</b> <b>Until 1:28AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga		<b>Hanumath Jayanthi (Tamil Nadu)</b>			<b>Margasira•Markali</b>				

<b>Monday, December 18, 2017</b>		<b>Retreat Star</b>				Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 14 Sutra 246	
Dhanus Rasi: 4.39	Tithi 1	<b>Gulika</b>	12:58PM – 2:07PM	<b>Mula*</b> <b>Until 11:35PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:18AM	Hemalamba 5119		
<b>Family Home Evening</b>		Yama	10:42AM – 11:50AM	Ganda* <b>Until 5:18PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 4:23PM	Moon 12 - Phase 33		
Creative Work	Siddha Yoga	888312365	<b>Rahu</b> 8:26AM – 9:34AM	Kintughna <b>Until 2:47PM</b>	<b>Nataraja:</b> White		Prathama		
Until 11:35PM				<b>Prathama*</b> <b>Until 4:06AM Tue</b>	Moon – Light Blue		<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga					<b>Pausha•Markali</b>				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, December 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY Sun 15 Sutra 247 Hemalamba 5119
Dhanus Rasi: 16.29	Tithi 2	<b>Gulika</b> Yama	11:51AM – 12:59PM 9:35AM – 10:43AM	<b>Purvashadha* Until 2:42AM Wed</b> Vriddhi Until 6:16PM Balava Until 5:28PM <b>Dvitiya Until 6:48AM Wed</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 4:23PM	Moon 12 - Phase 34 3rd Phase	<b>Bhuloka Day</b>
Creative Work Siddha Yoga Until 2:42AM Wed Then Creative Work - Amrita Yoga		888312365	<b>Rahu</b> 2:07PM – 3:15PM					

<b>2</b>		<b>Wednesday, December 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Albany, NY Sun 16 Sutra 248 Hemalamba 5119
Dhanus Rasi: 28.17	Tithi 2 – 3	<b>Gulika</b> Yama	10:43AM – 11:51AM 8:27AM – 9:35AM	<b>Uttarashadha Until 5:36AM Thu</b> Dhruva Until 7:12PM Taitila Until 8:10PM <b>Dvitiya Until 6:48AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 4:24PM	Moon 12 - Phase 34 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga Until 5:36AM Thu Then Creative Work - Siddha Yoga		889312365	<b>Rahu</b> 11:51AM – 12:59PM					

<b>3</b>		<b>Thursday, December 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Albany, NY Sun 17 Sutra 249 Hemalamba 5119
Makara Rasi: 10.06	Tithi 3 – 4	<b>Gulika</b> Yama	9:36AM – 10:44AM 7:20AM – 8:28AM	<b>Shravana Until 8:40AM Fri</b> Vyaghata* Until 8:04PM Vanija Until 10:44PM <b>Tritiya Until 9:27AM</b>	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:24PM	Moon 12 - Phase 34 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga		899312365	<b>Rahu</b> 1:00PM – 2:08PM	<b>Day 1 of Pancha Ganapati</b>				

<b>4</b>		<b>Friday, December 22, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY Sun 18 Sutra 250 Hemalamba 5119
Makara Rasi: 21.59	Tithi 4 – 5	<b>Gulika</b> Yama	8:28AM – 9:36AM 2:08PM – 3:17PM	<b>Shravana Until 8:40AM</b> Harshana Until 8:45PM Bava Until 1:01AM Sat <b>Chaturthi* Until 11:54AM</b>	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:25PM	Moon 12 - Phase 34 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Until 8:40AM Then Creative Work - Siddha Yoga		899312365	<b>Rahu</b> 10:44AM – 11:52AM	<b>Day 2 of Pancha Ganapati</b>				

<b>5</b>		<b>Saturday, December 23, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Albany, NY Sun 19 Sutra 251 Hemalamba 5119
Kumbha Rasi: 4	Tithi 5 – 6	<b>Gulika</b> Yama	7:21AM – 8:29AM 1:01PM – 2:09PM	<b>Dhanishtha Until 11:15AM</b> Vajra* Until 9:04PM Kaulava Until 2:50AM Sun <b>Panchami Until 1:58PM</b>	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:25PM	Moon 12 - Phase 34 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga Until 11:15AM Then Creative Work - Amrita Yoga		899312365	<b>Rahu</b> 9:37AM – 10:45AM	<b>Day 3 of Pancha Ganapati</b> <b>Vinayaga Viratam Ends</b>				

<b>6</b>		<b>Sunday, December 24, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthpada* Nakshatra Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY Sun 20 Sutra 252 Hemalamba 5119
Kumbha Rasi: 16.13	Tithi 6 – 7	<b>Gulika</b> Yama	2:10PM – 3:18PM 11:53AM – 1:01PM	<b>Shatabhishak Until 1:09PM</b> Siddhi Until 8:58PM Gara Until 4:01AM Mon <b>Shashthi* Until 3:29PM</b>	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:26PM	Moon 12 - Phase 34 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga		899312365	<b>Rahu</b> 3:18PM – 4:26PM	<b>Day 4 of Pancha Ganapati</b>				

<b>Monday, December 25, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Vyalipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Albany, NY Sun 21 Sutra 253 Hemalamba 5119
Kumbha Rasi: 28.42	Tithi 7 – 8	<b>Gulika</b> Yama	1:02PM – 2:10PM 10:46AM – 11:54AM	<b>Purvaprosarthpada* Until 2:42PM</b> Vyalipata* Until 8:18PM Visti Until 4:25AM Tue <b>Saptami Until 4:18PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:26PM	Moon 12 - Phase 34 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Family Home Evening Routine Work Marana Yoga Until 2:42PM Then Creative Work - Siddha Yoga		819312365	<b>Rahu</b> 8:30AM – 9:38AM	<b>Day 5 of Pancha Ganapati</b>				

<b>Tuesday, December 26, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthpada*/Revati Nakshatra Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 22 Sutra 254 Hemalamba 5119
Meena Rasi: 11.33	Tithi 8 – 9	<b>Gulika</b> Yama	11:54AM – 1:03PM 9:38AM – 10:46AM	<b>Uttaraprosarthpada Until 3:19PM</b> Variyan Until 6:59PM Balava Until 3:59AM Wed <b>Ashtami* Until 4:18PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:22AM <b>Sunset:</b> 4:27PM	Moon 12 - Phase 34 Ashtami	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga Until 3:19PM Then Creative Work - Siddha Yoga		819312366	<b>Rahu</b> 2:11PM – 3:19PM					

<b>Wednesday, December 27, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Albany, NY Sun 23 Sutra 255 Hemalamba 5119
Meena Rasi: 24.49	Tithi 9 – 10	<b>Gulika</b> Yama	10:47AM – 11:55AM 8:30AM – 9:39AM	<b>Revati Until 2:58PM</b> Parigha* Until 5:01PM Taitila Until 2:43AM Thu <b>Navami* Until 3:26PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:22AM <b>Sunset:</b> 4:28PM	Moon 12 - Phase 34 Navami	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga		819312366	<b>Rahu</b> 11:55AM – 1:03PM					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


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<b>1</b>		<b>Thursday, December 28, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Albany, NY Sun 24 Sutra 256 Hemalamba 5119	
Mesha Rasi: 8.34	Tithi 10 – 11	<b>Gulika</b> 9:39AM – 10:47AM	<b>Ashvini Until 2:06PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:22AM		
		Yama 7:22AM – 8:31AM	Shiva Until 2:25PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:28PM	Moon 12 - Phase 35	
		821312366 <b>Rahu</b> 1:04PM – 2:12PM	Vanija Until 12:40AM Fri	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 1:46PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 2:06PM		<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, December 29, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Visi*/Bava Karana Ekadashi/Dvodashyam Titau		Albany, NY Sun 25 Sutra 257 Hemalamba 5119	
Mesha Rasi: 22.47	Tithi 11 – 12	<b>Gulika</b> 8:31AM – 9:39AM	<b>Bharani Until 12:23PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:23AM		
		Yama 2:13PM – 3:21PM	Siddha Until 11:14AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:29PM	Moon 12 - Phase 35	
		821312366 <b>Rahu</b> 10:48AM – 11:56AM	Bava Until 9:58PM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:22AM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>			

<b>3</b>		<b>Saturday, December 30, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Albany, NY Sun 26 Sutra 258 Hemalamba 5119	
Vrishabha Rasi: 7.27	Tithi 12 – 13	<b>Gulika</b> 7:23AM – 8:31AM	<b>Krittika Until 9:57AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:23AM		
		Yama 1:05PM – 2:13PM	Sadhya Until 7:34AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:30PM	Moon 12 - Phase 35	
		821312366 <b>Rahu</b> 9:40AM – 10:48AM	Kaulava Until 6:44PM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Amrita Yoga		<b>Dvodashi Until 8:23AM</b>	Moon – White		<b>Devaloka Day</b>	
			<i>Pradosha Vrata</i>	<b>Pausha-Markali</b>			

<b>4</b>		<b>Sunday, December 31, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		Albany, NY Sun 27 Sutra 259 Hemalamba 5119	
Vrishabha Rasi: 22.28	Tithi 14	<b>Gulika</b> 2:14PM – 3:22PM	<b>Rohini Until 7:22AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 7:23AM		
		Yama 11:57AM – 1:05PM	Sukla Until 11:16PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 35	
		831312366 <b>Rahu</b> 3:22PM – 4:31PM	Gara Until 3:09PM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:15AM Mon</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM	

		<b>Monday, January 1, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Brahma Yoga Visi*/Bava Karana Purnimayam Titau		Albany, NY Sutra 260 Hemalamba 5119	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:06PM – 2:14PM	<b>Ardra Until 1:11AM Tue</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 7:23AM		
Mithuna Rasi: 7.41	Tithi 15	Yama 10:49AM – 11:57AM	Brahma Until 6:54PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 35	
<b>Family Home Evening</b>		831312366 <b>Rahu</b> 8:32AM – 9:40AM	Visti Until 11:22AM	<b>Nataraja:</b> Green		Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 9:27PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
			<b>Ardra Darshanam</b>	<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM	

<b>Tuesday, January 2, 2018</b>		<b>Silver Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhrili* Yoga Balava/Taila Karana Prathama/Dvitiyayam Titau		Albany, NY Sutra 261 Hemalamba 5119	
Mithuna Rasi: 22.58	Tithi 16 – 17	<b>Gulika</b> 11:58AM – 1:06PM	<b>Punarvasu Until 10:21PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:23AM		
		Yama 9:41AM – 10:49AM	Indra Until 2:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 35	
		841312366 <b>Rahu</b> 2:15PM – 3:24PM	Balava Until 7:34AM	<b>Nataraja:</b> Green		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 5:42PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>			





Wednesday, January 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY  
Sun 1 Sutra 262

Hemalamba 5119

Moon 13 - Phase 36  
1st Phase

Kataka Rasi: 8.08 Tihi 17 - 18

841312366

**Gulika** 10:50AM - 11:58AM  
Yama 8:32AM - 9:41AM  
**Rahu** 11:58AM - 1:07PM

**Pushya** Until 7:40PM  
Vaidhriti\* Until 10:24AM  
Vanija Until 12:35AM Thu  
Dvitiya Until 2:11PM

**Ganesha:** White *Sunrise:* 7:23AM  
**Muruga:** White *Sunset:* 4:33PM  
**Nataraja:** Green  
Moon - Blue  
**Pausha-Markali**

**Devaloka Day**

Creative Work Siddha Yoga

Thursday, January 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Prili Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Albany, NY  
Sun 2 Sutra 263

Hemalamba 5119

Moon 13 - Phase 36  
1st Phase

Kataka Rasi: 23.02 Tihi 18 - 19

841312366

**Gulika** 9:41AM - 10:50AM  
Yama 7:23AM - 8:32AM  
**Rahu** 1:08PM - 2:17PM

**Ashlesha\*** Until 5:16PM  
Vishkambha\* Until 6:32AM  
Bava Until 9:44PM  
Tritiya Until 11:04AM

**Ganesha:** White *Sunrise:* 7:23AM  
**Muruga:** White *Sunset:* 4:34PM  
**Nataraja:** Green  
Moon - Blue  
**Pausha-Markali**

**Devaloka Day**

Creative Work Siddha Yoga

Until 5:16PM

Then Creative Work - Amrita Yoga

Friday, January 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY  
Sun 3 Sutra 264

Hemalamba 5119

Moon 13 - Phase 36  
1st Phase

Simha Rasi: 7.34 Tihi 19 - 20

851312366

**Gulika** 8:32AM - 9:41AM  
Yama 2:17PM - 3:26PM  
**Rahu** 10:50AM - 11:59AM

**Magha\*** Until 3:44PM  
Ayushman Until 12:11AM Sat  
Kaulava Until 7:30PM  
Chaturthi\* Until 8:31AM

**Ganesha:** Clear *Sunrise:* 7:23AM  
**Muruga:** White *Sunset:* 4:35PM  
**Nataraja:** Green  
Moon - Red  
**Pausha-Markali**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

Until 3:44PM

Then Creative Work - Siddha Yoga

Saturday, January 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Albany, NY  
Sun 4 Sutra 265

Hemalamba 5119

Moon 13 - Phase 36  
1st Phase

Simha Rasi: 21.38 Tihi 20 - 21

851412366

**Gulika** 7:23AM - 8:32AM  
Yama 1:09PM - 2:18PM  
**Rahu** 9:41AM - 10:51AM

**Purvaphalguni** Until 2:46PM  
Saubhagya Until 9:52PM  
Vanija Until 5:31AM Sun  
Panchami Until 6:37AM

**Ganesha:** Purple *Sunrise:* 7:23AM  
**Muruga:** White *Sunset:* 4:36PM  
**Nataraja:** Green  
Moon - Red  
**Pausha-Markali**

**Bhuloka Day**

Creative Work Siddha Yoga

Until 2:46PM

Then Routine Work - Marana Yoga

Sunday, January 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Albany, NY  
Sun 5 Sutra 266

Hemalamba 5119

Moon 13 - Phase 36  
1st Phase

Kanya Rasi: 5.14 Tihi 22

852412366

**Gulika** 2:19PM - 3:28PM  
Yama 12:00PM - 1:09PM  
**Rahu** 3:28PM - 4:37PM

**Uttaraphalguni** Until 2:26PM  
Sobhana Until 8:12PM  
Visti Until 5:17PM  
Saptami Until 5:13AM Mon

**Ganesha:** Clear *Sunrise:* 7:23AM  
**Muruga:** White *Sunset:* 4:37PM  
**Nataraja:** Green  
Moon - Red  
**Pausha-Markali**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Monday, January 8, 2018

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY  
Sun 6 Sutra 267

Hemalamba 5119

Moon 13 - Phase 36  
Ashtami

Kanya Rasi: 18.23 Tihi 23

862412366

**Gulika** 1:10PM - 2:19PM  
Yama 10:51AM - 12:01PM  
**Rahu** 8:32AM - 9:42AM

**Hasta** Until 3:11PM  
Athiganda\* Until 7:07PM  
Balava Until 5:23PM  
Ashtami\* Until 5:42AM Tue

**Ganesha:** Purple *Sunrise:* 7:23AM  
**Muruga:** White *Sunset:* 4:38PM  
**Nataraja:** Green  
Moon - Green  
**Pausha-Markali**

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:11PM

Then Routine Work - Prabalarishta Yoga

Tuesday, January 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma Yoga Taitila Karana Navamyam Titau

Albany, NY  
Sun 7 Sutra 268

Hemalamba 5119

Moon 13 - Phase 36  
Navami

Tula Rasi: 1.1 Tihi 24

862412366

**Gulika** 12:01PM - 1:11PM  
Yama 9:42AM - 10:51AM  
**Rahu** 2:20PM - 3:30PM

**Chitra** Until 4:31PM  
Sukarma Until 6:38PM  
Taitila Until 6:14PM  
Navami\* Until 6:54AM Wed

**Ganesha:** Purple *Sunrise:* 7:23AM  
**Muruga:** White *Sunset:* 4:39PM  
**Nataraja:** Green  
Moon - Green  
**Pausha-Markali**

**Devaloka Day**

Creative Work Siddha Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, January 10, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Albany, NY
	Tula Rasi: 13.37	Tithi 24 – 25	<b>Gulika</b> 10:52AM – 12:01PM	<b>Svati</b> Until 6:18PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:23AM	Sun 8	Sutra 269
			Yama 8:32AM – 9:42AM	Dhriti Until 6:39PM	<b>Muruga:</b> White <i>Sunset:</i> 4:40PM		Hemalamba 5119
	Creative Work	Siddha Yoga	862412366 <b>Rahu</b> 12:01PM – 1:11PM	Vanija Until 7:44PM	<b>Nataraja:</b> Green		Moon 13 - Phase 37
			<b>Navami*</b> Until 6:54AM	Moon – Green		2nd Phase	
				<b>Pausha-Markali</b>		<b>Devaloka Day</b>	


<b>2</b>	<b>Thursday, January 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Albany, NY
	Tula Rasi: 25.5	Tithi 25 – 26	<b>Gulika</b> 9:42AM – 10:52AM	<b>Vishakha</b> Until 8:55PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:22AM	Sun 9	Sutra 270
			Yama 7:22AM – 8:32AM	Shula* Until 7:01PM	<b>Muruga:</b> White <i>Sunset:</i> 4:41PM		Hemalamba 5119
	Creative Work	Siddha Yoga	872412366 <b>Rahu</b> 1:12PM – 2:22PM	Bava Until 9:44PM	<b>Nataraja:</b> Green		Moon 13 - Phase 37
			<b>Dashami</b> Until 8:40AM	Moon – Orange		2nd Phase	
				<b>Pausha-Markali</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	

<b>3</b>	<b>Friday, January 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY
	Vrischika Rasi: 7.52	Tithi 26 – 27	<b>Gulika</b> 8:32AM – 9:42AM	<b>Anuradha</b> Until 11:41PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:22AM	Sun 10	Sutra 271
			Yama 2:22PM – 3:32PM	Ganda* Until 7:39PM	<b>Muruga:</b> White <i>Sunset:</i> 4:43PM		Hemalamba 5119
	Creative Work	Siddha Yoga	872412366 <b>Rahu</b> 10:52AM – 12:02PM	Kaulava Until 12:05AM Sat	<b>Nataraja:</b> Green		Moon 13 - Phase 37
			<b>Ekadashi*</b> Until 10:51AM	Moon – Orange		2nd Phase	
				<b>Pausha-Markali</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	
						Then Routine Work - Marana Yoga	

<b>4</b>	<b>Saturday, January 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Vriddhi Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY
	Vrischika Rasi: 19.47	Tithi 27 – 28	<b>Gulika</b> 7:22AM – 8:32AM	<b>Jyeshtha*</b> Until 2:30AM Sun	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:22AM	Sun 11	Sutra 272
			Yama 1:13PM – 2:23PM	Vriddhi Until 8:30PM	<b>Muruga:</b> White <i>Sunset:</i> 4:44PM		Hemalamba 5119
	Creative Work	Siddha Yoga	872412366 <b>Rahu</b> 9:42AM – 10:52AM	Gara Until 2:39AM Sun	<b>Nataraja:</b> Green		Moon 13 - Phase 37
			<b>Dvadashi*</b> Until 1:20PM	Moon – Orange		2nd Phase	
				<b>Pausha-Markali</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	
						Then Creative Work - Amrita Yoga	
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>	<b>Sunday, January 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Albany, NY
	Dhanus Rasi: 1.38	Tithi 28 – 29	<b>Gulika</b> 2:24PM – 3:34PM	<b>Mula*</b> Until 5:44AM Mon	<b>Ganesh:</b> Orange <i>Sunrise:</i> 7:21AM	Sun 12	Sutra 273
			Yama 12:03PM – 1:13PM	Dhruva Until 9:24PM	<b>Muruga:</b> White <i>Sunset:</i> 4:45PM		Hemalamba 5119
	Creative Work	Amrita Yoga	882412366 <b>Rahu</b> 3:34PM – 4:45PM	Visti Until 5:19AM Mon	<b>Nataraja:</b> Green		Moon 13 - Phase 37
			<b>Trayodashi*</b> Until 3:58PM	Moon – Light Blue		2nd Phase	
				<b>Pausha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	
						Then Routine Work - Marana Yoga	

<b>6</b>	<b>Monday, January 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Sakuni* Karana Chaturdashyam Titau				Albany, NY
	Dhanus Rasi: 13.27	Tithi 29	<b>Gulika</b> 1:14PM – 2:25PM	<b>Purvashadha*</b> Until 8:48AM Tue	<b>Ganesh:</b> Orange <i>Sunrise:</i> 7:21AM	Sun 13	Sutra 274
	<b>Family Home Evening</b>		Yama 10:53AM – 12:03PM	Vyaghata* Until 10:19PM	<b>Muruga:</b> White <i>Sunset:</i> 4:46PM		Hemalamba 5119
	Routine Work	Marana Yoga	882412366 <b>Rahu</b> 8:31AM – 9:42AM	Sakuni Until 6:38PM	<b>Nataraja:</b> Green		Moon 13 - Phase 37
			<b>Chaturdashi*</b> Until 6:38PM	Moon – Light Blue		2nd Phase	
				<b>Pausha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	
						Then Routine Work - Prabalarishta Yoga	

	<b>Tuesday, January 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Caluspada*/Naga* Karana Amavasyayam Titau				Albany, NY
	<b>Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:15PM	<b>Purvashadha*</b> Until 8:48AM	<b>Ganesh:</b> Orange <i>Sunrise:</i> 7:20AM	Sun 14	Sutra 275
	Dhanus Rasi: 25.16	Tithi 30	Yama 9:42AM – 10:53AM	Harshana Until 11:13PM	<b>Muruga:</b> White <i>Sunset:</i> 4:47PM		Hemalamba 5119
	<b>Family Home Evening</b>		882412366 <b>Rahu</b> 2:25PM – 3:36PM	Catuspada Until 7:58AM	<b>Nataraja:</b> Green		Moon 13 - Phase 37
			<b>Amavasya*</b> Until 9:14PM	Moon – Light Blue		Amavasya	
				<b>Pausha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	
						Then Routine Work - Prabalarishta Yoga	

<b>Retreat Star</b>	<b>Wednesday, January 17, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Albany, NY
	Makara Rasi: 7.08	Tithi 1	<b>Gulika</b> 10:53AM – 12:04PM	<b>Uttarashadha</b> Until 11:35AM	<b>Ganesh:</b> Orange <i>Sunrise:</i> 7:20AM	Sun 15	Sutra 276
			Yama 8:31AM – 9:42AM	Vajra* Until 11:57PM	<b>Muruga:</b> White <i>Sunset:</i> 4:48PM		Hemalamba 5119
	Creative Work	Amrita Yoga	882412366 <b>Rahu</b> 12:04PM – 1:15PM	Kintughna Until 10:31AM	<b>Nataraja:</b> Green		Moon 13 - Phase 37
			<b>Prathama*</b> Until 11:41PM	Moon – Light Blue		Prathama	
				<b>Magha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	
						Then Creative Work - Siddha Yoga	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Thursday, January 18, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 16 Sutra 277	
Makara Rasi: 19.04	Tithi 2	<b>Gulika</b>	<b>9:42AM – 10:53AM</b>	<b>Shravana Until 2:30PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:19AM	Hemalamba 5119
		Yama	7:19AM – 8:31AM	Siddhi Until 12:30AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 4:50PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	892412366	<b>Rahu</b> 1:16PM – 2:27PM	Balava Until 12:50PM	<b>Nataraja:</b> Green		3rd Phase
				<b>Dvitiya Until 1:52AM Fri</b>	Moon – Purple		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>2</b>		<b>Friday, January 19, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata* Yoga Tailila/Gara Karana Tritiyayam Titau		Albany, NY Sun 17 Sutra 278	
Kumbha Rasi: 1.07	Tithi 3	<b>Gulika</b>	<b>8:30AM – 9:42AM</b>	<b>Dhanishtha Until 4:58PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:19AM	Hemalamba 5119
		Yama	2:28PM – 3:39PM	Vyatipata* Until 12:49AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 4:51PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	892412366	<b>Rahu</b> 10:53AM – 12:05PM	Tailila Until 2:52PM	<b>Nataraja:</b> Green		3rd Phase
				<b>Tritiya Until 3:43AM Sat</b>	Moon – Purple		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>3</b>		<b>Saturday, January 20, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturthyam Titau		Albany, NY Sun 18 Sutra 279	
Kumbha Rasi: 13.18	Tithi 4	<b>Gulika</b>	<b>7:18AM – 8:30AM</b>	<b>Shatabhishak Until 6:52PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:18AM	Hemalamba 5119
		Yama	1:17PM – 2:28PM	Variyan Until 12:47AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 4:52PM	Moon 13 - Phase 38
Creative Work	Amrita Yoga	892412366	<b>Rahu</b> 9:42AM – 10:53AM	Vanija Until 4:29PM	<b>Nataraja:</b> Green		3rd Phase
Until 6:52PM				<b>Chaturthi* Until 5:06AM Sun</b>	Moon – Purple		
Then Routine Work - Marana Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>4</b>		<b>Sunday, January 21, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 19 Sutra 280	
Kumbha Rasi: 25.4	Tithi 5	<b>Gulika</b>	<b>2:29PM – 3:41PM</b>	<b>Purvaproshtapada* Until 8:38PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:17AM	Hemalamba 5119
		Yama	12:05PM – 1:17PM	Parigha* Until 12:22AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 4:53PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	813412366	<b>Rahu</b> 3:41PM – 4:53PM	Bava Until 5:38PM	<b>Nataraja:</b> Green		3rd Phase
Until 8:38PM				<b>Panchami Until 5:58AM Mon</b>	Moon – Clear		
Then Creative Work - Amrita Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>5</b>		<b>Monday, January 22, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva Yoga Kaulava Karana Shashthyam Titau		Albany, NY Sun 20 Sutra 281	
Meena Rasi: 8.16	Tithi 6	<b>Gulika</b>	<b>1:18PM – 2:30PM</b>	<b>Uttaraproshtapada Until 9:40PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:17AM	Hemalamba 5119
<b>Family Home Evening</b>		Yama	10:53AM – 12:06PM	Shiva Until 11:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:54PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	813412366	<b>Rahu</b> 8:29AM – 9:41AM	Kaulava Until 6:12PM	<b>Nataraja:</b> Green		3rd Phase
				<b>Shashthi* Until 6:14AM Tue</b>	Moon – Clear		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>6</b>		<b>Tuesday, January 23, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sun 21 Sutra 282	
Meena Rasi: 21.1	Tithi 6 – 7	<b>Gulika</b>	<b>12:06PM – 1:18PM</b>	<b>Revati Until 9:57PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:16AM	Hemalamba 5119
		Yama	9:41AM – 10:53AM	Siddha Until 10:10PM	<b>Muruga:</b> Green	<i>Sunset:</i> 4:56PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	813422366	<b>Rahu</b> 2:31PM – 3:43PM	Gara Until 6:08PM	<b>Nataraja:</b> Green		3rd Phase
				<b>Shashthi* Until 6:14AM</b>	Moon – Clear		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>Retreat Star</b>		<b>Wednesday, January 24, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 22 Sutra 283	
Mesha Rasi: 4.22	Tithi 8	<b>Gulika</b>	<b>10:53AM – 12:06PM</b>	<b>Ashvini Until 9:53PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:15AM	Hemalamba 5119
		Yama	8:28AM – 9:41AM	Sadhya Until 8:17PM	<b>Muruga:</b> Green	<i>Sunset:</i> 4:57PM	Moon 13 - Phase 38
Routine Work	Marana Yoga	923422366	<b>Rahu</b> 12:06PM – 1:19PM	Visti Until 5:25PM	<b>Nataraja:</b> Green		Ashtami
Until 9:53PM				<b>Ashtami* Until 4:47AM Thu</b>	Moon – White		
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>Retreat Star</b>		<b>Thursday, January 25, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 23 Sutra 284	
Mesha Rasi: 17.58	Tithi 9	<b>Gulika</b>	<b>9:40AM – 10:53AM</b>	<b>Bharani Until 9:01PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:14AM	Hemalamba 5119
		Yama	7:14AM – 8:27AM	Subha Until 5:54PM	<b>Muruga:</b> Green	<i>Sunset:</i> 4:58PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	923422366	<b>Rahu</b> 1:19PM – 2:32PM	Balava Until 4:01PM	<b>Nataraja:</b> Green		Navami
Until 9:01PM				<b>Navami* Until 3:04AM Fri</b>	Moon – White		
Then Routine Work - Marana Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

<b>1 Friday, January 26, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Albany, NY
Krittika Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 285		Hemalamba 5119		
Vrishabha Rasi: 1.56    Tihti 10		<b>Gulika</b> 8:27AM – 9:40AM	<b>Krittika</b> <b>Until 7:24PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:14AM		
923422366		Yama 2:33PM – 3:46PM	Sukla <b>Until 3:00PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:00PM	Moon 13 - Phase 39	
Creative Work    Siddha Yoga		<b>Rahu</b> 10:53AM – 12:07PM	Taitila <b>Until 2:00PM</b>	<b>Nataraja:</b> Green	4th Phase	
Until 7:24PM		Moon – White			<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga		Dashami <b>Until 12:46AM Sat</b>			Magha-Thai	

<b>2 Saturday, January 27, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Albany, NY
Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Ekadashyam Titau		Sun 25 Sutra 286		Hemalamba 5119		
Vrishabha Rasi: 16.17    Tihti 11		<b>Gulika</b> 7:13AM – 8:26AM	<b>Rohini</b> <b>Until 5:33PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:13AM		
933422366		Yama 1:20PM – 2:34PM	Brahma <b>Until 11:40AM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:01PM	Moon 13 - Phase 39	
Creative Work    Amrita Yoga		<b>Rahu</b> 9:40AM – 10:53AM	Vanija <b>Until 11:26AM</b>	<b>Nataraja:</b> Green	4th Phase	
Until 5:33PM		Moon – Yellow			<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		Ekadashi <b>Until 9:58PM</b>			Devaloka Time: 6:AM to 9:AM	

<b>3 Sunday, January 28, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Albany, NY
Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26 Sutra 287		Hemalamba 5119		
Mithuna Rasi: 0.58    Tihti 12		<b>Gulika</b> 2:35PM – 3:48PM	<b>Mrigashira</b> <b>Until 3:10PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:12AM		
933422366		Yama 12:07PM – 1:21PM	Indra <b>Until 8:00AM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:02PM	Moon 13 - Phase 39	
Creative Work    Siddha Yoga		<b>Rahu</b> 3:48PM – 5:02PM	Bava <b>Until 8:26AM</b>	<b>Nataraja:</b> Green	4th Phase	
Until 12:23PM		Moon – Yellow			<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga		Dvadashi <b>Until 6:47PM</b>			Devaloka Time: 6:AM to 9:AM	

<b>4 Monday, January 29, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Albany, NY
Ardra/Punarvasu Nakshatra Vishkambha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 288		Hemalamba 5119		
Mithuna Rasi: 15.54    Tihti 13 – 14		<b>Gulika</b> 1:21PM – 2:35PM	<b>Ardra</b> <b>Until 12:23PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:11AM		
933422366		Yama 10:53AM – 12:07PM	Vishkambha* <b>Until 11:58PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:03PM	Moon 13 - Phase 39	
Family Home Evening		<b>Rahu</b> 8:25AM – 9:39AM	Gara <b>Until 1:38AM Tue</b>	<b>Nataraja:</b> Green	4th Phase	
Creative Work    Siddha Yoga		Moon – Yellow			<b>Bhuloka Day</b>	
Until 12:23PM		Trayodashi <b>Until 3:22PM</b>			Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga		Pradosha Vrata			Magha-Thai	

<b>○ Tuesday, January 30, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Albany, NY
Punarvasu/Pushya Nakshatra Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28 Sutra 289		Hemalamba 5119		
Kataka Rasi: 0.58    Tihti 14 – 15		<b>Gulika</b> 12:07PM – 1:22PM	<b>Punarvasu</b> <b>Until 9:45AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:10AM		
933422366		Yama 9:39AM – 10:53AM	Priti <b>Until 7:53PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:05PM	Moon 13 - Phase 39	
Creative Work    Siddha Yoga		<b>Rahu</b> 2:36PM – 3:50PM	Visti <b>Until 10:08PM</b>	<b>Nataraja:</b> Green	Purnima	
Until 12:23PM		Moon – Blue			<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga		Chaturdashi* <b>Until 11:51AM</b>			Magha-Thai	

<b>Wednesday, January 31, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Albany, NY
Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29 Sutra 290		Hemalamba 5119		
Kataka Rasi: 16    Tihti 15 – 16		<b>Gulika</b> 10:53AM – 12:08PM	<b>Pushya</b> <b>Until 7:03AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:09AM		
933422366		Yama 8:24AM – 9:38AM	Ayushman <b>Until 3:53PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:06PM	Moon 13 - Phase 39	
Creative Work    Siddha Yoga		<b>Rahu</b> 12:08PM – 1:22PM	Balava <b>Until 6:47PM</b>	<b>Nataraja:</b> Green	Prathama	
Until 12:23PM		Moon – Blue			<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga		Purnima* <b>Until 8:25AM</b>			Magha-Thai	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Thursday, February 1, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY  
Sutra 291

Simha Rasi: 0.53      Tiithi 17

**Gulika** 9:38AM – 10:53AM  
Yama 7:09AM – 8:24AM  
Rahu 1:22PM – 2:37PM

**Magha\* Until 2:26AM Fri**  
Saubhagya Until 12:07PM  
Taitila Until 3:44PM  
Dvitiya Until 2:22AM Fri

**Ganesha:** White      *Sunrise:* 7:09AM  
**Muruga:** Green      *Sunset:* 5:06PM  
**Nataraja:** Green  
Moon – Red  
**Magha\*Thai**

Hemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Creative Work    Amrita Yoga  
Until 2:26AM Fri  
Then Creative Work - Siddha Yoga

**Devaloka Day**

1

Friday, February 2, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana/Alhiganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Albany, NY  
Sun 1      Sutra 292

Simha Rasi: 15.28      Tiithi 18

**Gulika** 8:23AM – 9:38AM  
Yama 2:37PM – 3:52PM  
Rahu 10:53AM – 12:08PM

**Purvaphalguni Until 12:50AM Sat**  
Sobhana Until 8:43AM  
Vanija Until 1:09PM  
Tritiya Until 12:04AM Sat

**Ganesha:** White      *Sunrise:* 7:08AM  
**Muruga:** Green      *Sunset:* 5:07PM  
**Nataraja:** Green  
Moon – Red  
**Magha\*Thai**

Hemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Creative Work    Siddha Yoga  
Until 12:50AM Sat  
Then Routine Work - Marana Yoga

**Devaloka Day**

2

Saturday, February 3, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY  
Sun 2      Sutra 293

Simha Rasi: 29.4      Tiithi 19

**Gulika** 7:07AM – 8:22AM  
Yama 1:23PM – 2:38PM  
Rahu 9:37AM – 10:53AM

**Uttaraphalguni Until 11:46PM**  
Sukarma Until 3:23AM Sun  
Bava Until 11:10AM  
Chaturthi\* Until 10:26PM

**Ganesha:** White      *Sunrise:* 7:07AM  
**Muruga:** Green      *Sunset:* 5:09PM  
**Nataraja:** White  
Moon – Red  
**Magha\*Thai**

Hemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Routine Work    Marana Yoga

**Devaloka Day**

**Maha Sankatahara Chaturthi**

3

Sunday, February 4, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY  
Sun 3      Sutra 294

Kanya Rasi: 13.26      Tiithi 20

**Gulika** 2:39PM – 3:54PM  
Yama 12:08PM – 1:23PM  
Rahu 3:54PM – 5:10PM

**Hasta Until 11:44PM**  
Dhriti Until 1:37AM Mon  
Kaulava Until 9:54AM  
Panchami Until 9:33PM

**Ganesha:** White      *Sunrise:* 7:06AM  
**Muruga:** Green      *Sunset:* 5:10PM  
**Nataraja:** White  
Moon – Green  
**Magha\*Thai**

Hemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Creative Work    Amrita Yoga  
Until 11:44PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

4

Monday, February 5, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Shula\* Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY  
Sun 4      Sutra 295

Kanya Rasi: 26.46      Tiithi 21

**Gulika** 1:24PM – 2:40PM  
Yama 10:52AM – 12:08PM  
Rahu 8:21AM – 9:36AM

**Chitra Until 12:21AM Tue**  
Shula\* Until 12:28AM Tue  
Gara Until 9:26AM  
Shashthi\* Until 9:30PM

**Ganesha:** White      *Sunrise:* 7:05AM  
**Muruga:** Green      *Sunset:* 5:11PM  
**Nataraja:** White  
Moon – Green  
**Magha\*Thai**

Hemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Family Home Evening  
Routine Work    Prabalarishta Yoga  
Until 12:21AM Tue

**Bhuloka Day**

Then Creative Work - Siddha Yoga

5

Tuesday, February 6, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Ganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

Albany, NY  
Sun 5      Sutra 296

Tula Rasi: 9.4      Tiithi 22

**Gulika** 12:08PM – 1:24PM  
Yama 9:36AM – 10:52AM  
Rahu 2:40PM – 3:56PM

**Svati Until 1:34AM Wed**  
Ganda\* Until 11:56PM  
Visti Until 9:47AM  
Saptami Until 10:14PM

**Ganesha:** White      *Sunrise:* 7:04AM  
**Muruga:** Green      *Sunset:* 5:13PM  
**Nataraja:** White  
Moon – Green  
**Magha\*Thai**

Hemalamba 5119  
Moon 1 - Phase 40  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**

D

Wednesday, February 7, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY  
Sun 6      Sutra 297

Tula Rasi: 22.12      Tiithi 23

**Gulika** 10:52AM – 12:08PM  
Yama 8:19AM – 9:35AM  
Rahu 12:08PM – 1:25PM

**Vishakha Until 3:47AM Thu**  
Vriddhi Until 11:58PM  
Balava Until 10:54AM  
Ashtami\* Until 11:42PM

**Ganesha:** Clear      *Sunrise:* 7:03AM  
**Muruga:** Green      *Sunset:* 5:14PM  
**Nataraja:** White  
Moon – Orange  
**Magha\*Thai**

Hemalamba 5119  
Moon 1 - Phase 40  
Ashtami

Creative Work    Siddha Yoga

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Thursday, February 8, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY  
Sun 7      Sutra 298

Vrischika Rasi: 4.26      Tiithi 24

**Gulika** 9:35AM – 10:52AM  
Yama 7:01AM – 8:18AM  
Rahu 1:25PM – 2:42PM

**Anuradha Until 6:22AM Fri**  
Dhruva Until 12:24AM Fri  
Taitila Until 12:41PM  
Navami\* Until 1:45AM Fri

**Ganesha:** Clear      *Sunrise:* 7:01AM  
**Muruga:** Green      *Sunset:* 5:15PM  
**Nataraja:** White  
Moon – Orange  
**Magha\*Thai**

Hemalamba 5119  
Moon 1 - Phase 40  
Navami

Creative Work    Siddha Yoga

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Until 6:22AM Fri  
Then Routine Work - Marana Yoga

<b>1</b>		<b>Friday, February 9, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Albany, NY			
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8		Sutra 299		Hemalamba 5119	
Vrischika Rasi: 16.28		Titthi 25		<b>Gulika</b> 8:17AM – 9:34AM	<b>Anuradha</b> Until 6:22AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:00AM
Creative Work Siddha Yoga		974522367		<b>Rahu</b> 10:51AM – 12:08PM	<b>Vyaghata*</b> Until 1:10AM Sat	<b>Muruga:</b> Green	<i>Sunset:</i> 5:16PM
Until 6:22AM					<b>Vanija</b> Until 2:57PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
Then Routine Work - Marana Yoga					<b>Dashami</b> Until 4:11AM Sat	Moon – Orange	2nd Phase
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

<b>2</b>		<b>Saturday, February 10, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Albany, NY			
Jyeshtha*/Mula* Nakshatra Harshana Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 300		Hemalamba 5119	
Vrischika Rasi: 28.22		Titthi 26		<b>Gulika</b> 6:59AM – 8:16AM	<b>Jyeshtha*</b> Until 9:08AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:59AM
Creative Work Siddha Yoga		974522367		<b>Rahu</b> 9:34AM – 10:51AM	<b>Harshana</b> Until 2:07AM Sun	<b>Muruga:</b> Green	<i>Sunset:</i> 5:18PM
Until 6:22AM					<b>Bava</b> Until 5:32PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
Then Routine Work - Marana Yoga					<b>Ekadashi*</b> Until 6:51AM Sun	Moon – Orange	2nd Phase
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Sunday, February 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Albany, NY			
Mula*/Purvashadha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 301		Hemalamba 5119	
Dhanus Rasi: 10.11		Titthi 26 – 27		<b>Gulika</b> 2:44PM – 4:01PM	<b>Mula*</b> Until 12:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:58AM
Creative Work Amrita Yoga		984522367		<b>Rahu</b> 4:01PM – 5:19PM	<b>Vajra*</b> Until 3:04AM Mon	<b>Muruga:</b> Green	<i>Sunset:</i> 5:19PM
Until 12:24PM					<b>Kaulava</b> Until 8:13PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
Then Creative Work - Siddha Yoga					<b>Ekadashi*</b> Until 6:51AM	Moon – Light Blue	2nd Phase
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

<b>4</b>		<b>Monday, February 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Albany, NY			
Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 302		Hemalamba 5119	
Dhanus Rasi: 21.59		Titthi 27 – 28		<b>Gulika</b> 1:26PM – 2:44PM	<b>Purvashadha*</b> Until 3:29PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:56AM
Family Home Evening		984522367		<b>Rahu</b> 8:14AM – 9:32AM	<b>Siddhi</b> Until 3:57AM Tue	<b>Muruga:</b> Green	<i>Sunset:</i> 5:20PM
Routine Work Marana Yoga					<b>Gara</b> Until 10:50PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
					<b>Dvadashi*</b> Until 9:31AM	Moon – Light Blue	2nd Phase
					<i>Pradosha Vrata (Fasting)</i>	<b>Magha-Masi</b>	<b>Bhuloka Day</b>
						Devaloka Time: 6:AM to 9:AM	

<b>5</b>		<b>Tuesday, February 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Albany, NY			
Uttarashadha Nakshatra Vyatipata* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 303		Hemalamba 5119	
Makara Rasi: 3.5		Titthi 28 – 29		<b>Gulika</b> 12:08PM – 1:27PM	<b>Uttarashadha</b> Until 6:13PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:55AM
Routine Work Prabalarishta Yoga		984522367		<b>Rahu</b> 2:45PM – 4:03PM	<b>Vyatipata*</b> Until 4:40AM Wed	<b>Muruga:</b> Green	<i>Sunset:</i> 5:22PM
Until 6:13PM					<b>Visli</b> Until 1:13AM Wed	<b>Nataraja:</b> White	Moon 1 - Phase 41
Then Creative Work - Siddha Yoga					<b>Trayodashi*</b> Until 12:02PM	Moon – Light Blue	2nd Phase
					<b>Mahasivaratri (Lunar)</b>	<b>Magha-Masi</b>	<b>Bhuloka Day</b>
					<b>Mahasivaratri (Solar)</b>	Devaloka Time: 6:AM to 9:AM	

<b>●</b>		<b>Wednesday, February 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Albany, NY			
Shravana Nakshatra Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 304		Hemalamba 5119	
Makara Rasi: 15.47		Titthi 29 – 30		<b>Gulika</b> 10:50AM – 12:08PM	<b>Shravana</b> Until 8:59PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:54AM
Creative Work Siddha Yoga		994522367		<b>Rahu</b> 12:08PM – 1:27PM	<b>Variyan</b> Until 5:05AM Thu	<b>Muruga:</b> Green	<i>Sunset:</i> 5:23PM
Until 8:59PM					<b>Catuspada</b> Until 3:15AM Thu	<b>Nataraja:</b> White	Moon 1 - Phase 41
Then Routine Work - Prabalarishta Yoga					<b>Chaturdashi*</b> Until 2:16PM	Moon – Purple	Amavasya
					<b>Magha-Masi</b>	<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

<b>●</b>		<b>Thursday, February 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY			
Dhanishtha Nakshatra Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 305		Hemalamba 5119	
Makara Rasi: 27.53		Titthi 30 – 1		<b>Gulika</b> 9:30AM – 10:49AM	<b>Dhanishtha</b> Until 11:11PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:52AM
Creative Work Siddha Yoga		994522367		<b>Rahu</b> 1:27PM – 2:46PM	<b>Parigha*</b> Until 5:11AM Fri	<b>Muruga:</b> Green	<i>Sunset:</i> 5:24PM
					<b>Kintughna</b> Until 4:52AM Fri	<b>Nataraja:</b> White	Moon 1 - Phase 41
					<b>Amavasya*</b> Until 4:06PM	Moon – Purple	Prathama
					<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	
					<b>Partial Solar Eclipse</b>	Devaloka Time: 6:AM to 9:AM	

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

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<b>1</b>		<b>Friday, February 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Albany, NY		Shatabhishak Nakshatra Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 15 Sutra 306	
Kumbha Rasi: 10.1		Tithi 1 – 2		995522367		Hemalamba 5119	
Creative Work		Siddha Yoga		Until 12:47AM Sat		Then Routine Work - Marana Yoga	
<b>Gulika</b>	<b>8:10AM – 9:30AM</b>	<b>Shatabhishak Until 12:47AM Sat</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:57AM			
<b>Yama</b>	<b>2:47PM – 4:06PM</b>	Shiva Until 4:57AM Sat	<b>Muruga:</b> Green	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 42		
<b>Rahu</b>	<b>10:49AM – 12:08PM</b>	Balava Until 6:00AM Sat	<b>Nataraja:</b> White				
		<b>Prathama* Until 5:28PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>			

<b>2</b>		<b>Saturday, February 17, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Albany, NY		Purvaprosarthapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 307	
Kumbha Rasi: 22.38		Tithi 2		915522367		Hemalamba 5119	
Routine Work		Marana Yoga		Until 2:15AM Sun		Then Creative Work - Amrita Yoga	
<b>Gulika</b>	<b>6:50AM – 8:09AM</b>	<b>Purvaprosarthapada* Until 2:15AM Sun</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:50AM			
<b>Yama</b>	<b>1:28PM – 2:48PM</b>	Siddha Until 4:20AM Sun	<b>Muruga:</b> Green	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 42		
<b>Rahu</b>	<b>9:29AM – 10:49AM</b>	Kaulava Until 6:00AM	<b>Nataraja:</b> White				
		<b>Dvitiya Until 6:22PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>			
				Devaloka Time: 6:AM to 9:AM			

<b>3</b>		<b>Sunday, February 18, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bharu Vasara Yuktayam Albany, NY		Uttaraprosarthapada Nakshatra Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 308	
Meena Rasi: 5.19		Tithi 3		915522367		Hemalamba 5119	
Creative Work		Amrita Yoga		Until 3:07AM Mon		Then Creative Work - Siddha Yoga	
<b>Gulika</b>	<b>2:48PM – 4:08PM</b>	<b>Uttaraprosarthapada Until 3:07AM Mon</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:48AM			
<b>Yama</b>	<b>12:08PM – 1:28PM</b>	Sadhya Until 3:22AM Mon	<b>Muruga:</b> Green	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 42		
<b>Rahu</b>	<b>4:08PM – 5:28PM</b>	Taitila Until 6:39AM	<b>Nataraja:</b> White				
		<b>Tritiya Until 6:48PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>			
				Devaloka Time: 6:AM to 9:AM			

<b>4</b>		<b>Monday, February 19, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY		Revati Nakshatra Subha Yoga Vanija/Visti* Karana Chaturthyam Titau Sun 18 Sutra 309	
Meena Rasi: 18.13		Tithi 4		915522367		Hemalamba 5119	
Family Home Evening		Creative Work		Siddha Yoga			
<b>Gulika</b>	<b>1:28PM – 2:49PM</b>	<b>Revati Until 3:23AM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:47AM			
<b>Yama</b>	<b>10:48AM – 12:08PM</b>	Subha Until 2:03AM Tue	<b>Muruga:</b> Green	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 42		
<b>Rahu</b>	<b>8:07AM – 9:27AM</b>	Vanija Until 6:51AM	<b>Nataraja:</b> White				
		<b>Chaturthi* Until 6:46PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>			
				Devaloka Time: 6:AM to 9:AM			

**Subramuniyaswami Siva Vision Day**

<b>5</b>		<b>Tuesday, February 20, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY		Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 310	
Mesha Rasi: 1.21		Tithi 5		925522367		Hemalamba 5119	
Creative Work		Siddha Yoga		Until 3:05AM Thu		Then Routine Work - Marana Yoga	
<b>Gulika</b>	<b>12:08PM – 1:29PM</b>	<b>Ashvini Until 3:31AM Wed</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:45AM			
<b>Yama</b>	<b>9:27AM – 10:47AM</b>	Sukla Until 12:23AM Wed	<b>Muruga:</b> Green	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 42		
<b>Rahu</b>	<b>2:49PM – 4:10PM</b>	Bava Until 6:36AM	<b>Nataraja:</b> White				
		<b>Panchami Until 6:17PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>			
				Devaloka Time: 6:AM to 9:AM			

<b>6</b>		<b>Wednesday, February 21, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Albany, NY		Bharani Nakshatra Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 20 Sutra 311	
Mesha Rasi: 14.43		Tithi 6 – 7		925522367		Hemalamba 5119	
Creative Work		Siddha Yoga		Until 3:05AM Thu		Then Routine Work - Marana Yoga	
<b>Gulika</b>	<b>10:47AM – 12:08PM</b>	<b>Bharani Until 3:05AM Thu</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:44AM			
<b>Yama</b>	<b>8:05AM – 9:26AM</b>	Brahma Until 10:23PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 42		
<b>Rahu</b>	<b>12:08PM – 1:29PM</b>	Gara Until 4:47AM Thu	<b>Nataraja:</b> White				
		<b>Shashthi* Until 5:22PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>			
				Devaloka Time: 6:AM to 9:AM			

<b>Retreat Star</b>		<b>Thursday, February 22, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY		Krittika Nakshatra Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 21 Sutra 312	
Mesha Rasi: 28.19		Tithi 7 – 8		925522367		Hemalamba 5119	
Routine Work		Marana Yoga		Until 1:01AM Sat		Then Creative Work - Siddha Yoga	
<b>Gulika</b>	<b>9:25AM – 10:46AM</b>	<b>Krittika Until 2:07AM Fri</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:42AM			
<b>Yama</b>	<b>6:42AM – 8:04AM</b>	Indra Until 8:04PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 42		
<b>Rahu</b>	<b>1:29PM – 2:50PM</b>	Visti Until 3:14AM Fri	<b>Nataraja:</b> White				
		<b>Saptami Until 4:02PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>			
				Devaloka Time: 6:AM to 9:AM			

<b>Retreat Star</b>		<b>Friday, February 23, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Albany, NY		Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 313	
Vrishabha Rasi: 12.1		Tithi 8 – 9		935522367		Hemalamba 5119	
Routine Work		Marana Yoga		Until 1:01AM Sat		Then Creative Work - Siddha Yoga	
<b>Gulika</b>	<b>8:03AM – 9:24AM</b>	<b>Rohini Until 1:01AM Sat</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:41AM			
<b>Yama</b>	<b>2:51PM – 4:13PM</b>	Vaidhriti* Until 5:24PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 42		
<b>Rahu</b>	<b>10:46AM – 12:08PM</b>	Balava Until 1:18AM Sat	<b>Nataraja:</b> White				
		<b>Ashtami* Until 2:18PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>			
				Devaloka Time: 6:AM to 9:AM			

<b>Retreat Star</b>		<b>Saturday, February 24, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Albany, NY		Mrigashira Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 23 Sutra 314	
Vrishabha Rasi: 26.16		Tithi 9 – 10		935522367		Hemalamba 5119	
Creative Work		Siddha Yoga		Until 1:01AM Sat		Then Creative Work - Siddha Yoga	
<b>Gulika</b>	<b>6:39AM – 8:02AM</b>	<b>Mrigashira Until 11:27PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:39AM			
<b>Yama</b>	<b>1:30PM – 2:52PM</b>	Vishkambha* Until 2:27PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 42		
<b>Rahu</b>	<b>9:24AM – 10:46AM</b>	Taitila Until 11:01PM	<b>Nataraja:</b> White				
		<b>Navami* Until 12:11PM</b>	<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>			
				Devaloka Time: 6:AM to 9:AM			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

<b>1</b>	<b>Sunday, February 25, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Pritii/Ayushman Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Albany, NY Sun 24 Sutra 315
	Mithuna Rasi: 10.35	Tithi 10 – 11	<b>Gulika</b> 2:52PM – 4:15PM	<b>Ardra Until 9:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	Hemalamba 5119
			Yama 12:07PM – 1:30PM	Priti Until 11:16AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 43
	Creative Work	Siddha Yoga	935522367 <b>Rahu</b> 4:15PM – 5:37PM	Vanija Until 8:25PM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami Until 9:44AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>		Devaloka Time: 6:AM to 9:AM	

<b>2</b>	<b>Monday, February 26, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vistii/Balava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 25 Sutra 316
	Mithuna Rasi: 25.06	Tithi 11 – 12	<b>Gulika</b> 1:30PM – 2:53PM	<b>Punarvasu Until 7:30PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:36AM	Hemalamba 5119
	<b>Family Home Evening</b>		Yama 10:45AM – 12:07PM	Ayushman Until 7:50AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 43
	Creative Work	Amrita Yoga	946622367 <b>Rahu</b> 7:59AM – 9:22AM	Balava Until 4:10AM Tue	<b>Nataraja:</b> White		4th Phase
			<b>Ekadashi Until 7:02AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>3</b>	<b>Tuesday, February 27, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Albany, NY Sun 26 Sutra 317
	Kataka Rasi: 9.44	Tithi 13	<b>Gulika</b> 12:07PM – 1:30PM	<b>Pushya Until 5:19PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:35AM	Hemalamba 5119
			Yama 9:21AM – 10:44AM	Sobhana Until 12:44AM Wed	<b>Muruga:</b> Green	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 43
	Creative Work	Siddha Yoga	946622367 <b>Rahu</b> 2:53PM – 4:16PM	Kaulava Until 2:43PM	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi Until 1:15AM Wed</b>	Moon – Blue		<b>Bhuloka Day</b>	
			<i>Pradosha Vrata</i>	<b>Phalguna-Masi</b>			

<b>4</b>	<b>Wednesday, February 28, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sun 27 Sutra 318
	Kataka Rasi: 24.23	Tithi 14	<b>Gulika</b> 10:44AM – 12:07PM	<b>Ashlesha* Until 3:03PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:33AM	Hemalamba 5119
			Yama 7:57AM – 9:20AM	Athiganda* Until 9:12PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:41PM	Moon 1 - Phase 43
	Creative Work	Siddha Yoga	946622367 <b>Rahu</b> 12:07PM – 1:30PM	Gara Until 11:50AM	<b>Nataraja:</b> White		4th Phase
			<b>Chidambaram Abhishekam</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Chaturdashi* Until 10:24PM</b>	<b>Phalguna-Masi</b>		

	<b>Thursday, March 1, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Vistii/Bava Karana Purnimayam Titau				Albany, NY Sun 27 Sutra 319
	<b>Copper Retreat Star</b>		<b>Gulika</b> 9:18AM – 10:42AM	<b>Magha* Until 1:12PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:30AM	Hemalamba 5119
	Simha Rasi: 8.59	Tithi 15	Yama 6:30AM – 7:54AM	Sukarma Until 5:52PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 43
	Creative Work	Amrita Yoga	956622367 <b>Rahu</b> 1:31PM – 2:55PM	Visti Until 9:05AM	<b>Nataraja:</b> White		Purnima
			<b>Holi</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Purnima* Until 7:47PM</b>	<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM	

	<b>Friday, March 2, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Albany, NY Sun 28 Sutra 320
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:53AM – 9:17AM	<b>Purvaphalguni Until 11:32AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM	Hemalamba 5119
	Simha Rasi: 23.22	Tithi 16 – 17	Yama 2:55PM – 4:20PM	Dhriti Until 2:49PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 43
	Creative Work	Siddha Yoga	956622367 <b>Rahu</b> 10:42AM – 12:06PM	Balava Until 6:37AM	<b>Nataraja:</b> White		Prathama
			<b>Prathama* Until 5:31PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>		Devaloka Time: 6:AM to 9:AM	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda





Saturday, March 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sun 1 Sutra 321

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Kanya Rasi: 7.29 Tihi 17 - 18

Gulika 6:27AM - 7:52AM

Uttaraphalguni Until 10:11AM

Ganesha: Red Sunrise: 6:27AM

Yama 1:31PM - 2:56PM

Shula\* Until 12:07PM

Muruga: Green Sunset: 5:45PM

Rahu 9:17AM - 10:41AM

Vanija Until 3:06AM Sun

Nataraja: White

Moon - Red

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Sunday, March 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\*/Vridhhi Yoga Visti\*/Bava Karana Tritiya/Chaturchyam Titau

Albany, NY

Sun 2 Sutra 322

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Kanya Rasi: 21.14 Tihi 18 - 19

Gulika 2:56PM - 4:22PM

Hasta Until 9:42AM

Ganesha: Green Sunrise: 6:25AM

Yama 12:06PM - 1:31PM

Ganda\* Until 9:55AM

Muruga: Green Sunset: 5:47PM

Rahu 4:22PM - 5:47PM

Bava Until 2:17AM Mon

Nataraja: White

Moon - Green

Bhuloka Day

Phalgun-Masi

Creative Work Amrita Yoga

Until 9:42AM

Then Creative Work - Siddha Yoga

Monday, March 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Chaturchi/Panchamyam Titau

Albany, NY

Sun 3 Sutra 323

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Tula Rasi: 5 Tihi 19 - 20

Gulika 1:31PM - 2:57PM

Chitra Until 9:45AM

Ganesha: Blue Sunrise: 6:24AM

Yama 10:40AM - 12:06PM

Vridhhi Until 8:17AM

Muruga: Green Sunset: 5:48PM

Rahu 7:49AM - 9:15AM

Kaulava Until 2:13AM Tue

Nataraja: White

Moon - Green

Bhuloka Day

Phalgun-Masi

Routine Work Prabalarishta Yoga

Until 9:45AM

Then Creative Work - Amrita Yoga

Tuesday, March 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Albany, NY

Sun 4 Sutra 324

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Tula Rasi: 17.35 Tihi 20 - 21

Gulika 12:06PM - 1:31PM

Svati Until 10:22AM

Ganesha: Blue Sunrise: 6:22AM

Yama 9:14AM - 10:40AM

Dhruva Until 7:12AM

Muruga: Green Sunset: 5:49PM

Rahu 2:57PM - 4:23PM

Gara Until 2:55AM Wed

Nataraja: White

Moon - Green

Bhuloka Day

Phalgun-Masi

Creative Work Siddha Yoga

Until 10:22AM

Then Routine Work - Marana Yoga

Wednesday, March 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Albany, NY

Sun 5 Sutra 325

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Vrischika Rasi: 0.12 Tihi 21 - 22

Gulika 10:39AM - 12:05PM

Vishakha Until 12:02PM

Ganesha: Red Sunrise: 6:20AM

Yama 7:47AM - 9:13AM

Vyaghata\* Until 6:43AM

Muruga: Green Sunset: 5:50PM

Rahu 12:05PM - 1:32PM

Visti Until 4:19AM Thu

Nataraja: White

Moon - Orange

Bhuloka Day

Phalgun-Masi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Shashthi\* Until 3:30PM

Thursday, March 8, 2018

5

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Saptami/Ashthamyam Titau

Albany, NY

Sun 6 Sutra 326

Hemalamba 5119

Moon 2 - Phase 44

1st Phase

Vrischika Rasi: 12.31 Tihi 22 - 23

Gulika 9:12AM - 10:38AM

Anuradha Until 2:12PM

Ganesha: Red Sunrise: 6:19AM

Yama 6:19AM - 7:45AM

Harshana Until 6:48AM

Muruga: Green Sunset: 5:51PM

Rahu 1:32PM - 2:58PM

Balava Until 6:19AM Fri

Nataraja: White

Moon - Orange

Bhuloka Day

Phalgun-Masi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 2:12PM

Then Routine Work - Prabalarishta Yoga

Friday, March 9, 2018

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sun 7 Sutra 327

Hemalamba 5119

Moon 2 - Phase 44

Ashtami

Vrischika Rasi: 24.34 Tihi 23

Gulika 7:44AM - 9:11AM

Jyeshtha\* Until 4:43PM

Ganesha: Red Sunrise: 6:17AM

Yama 2:59PM - 4:26PM

Vajra\* Until 7:17AM

Muruga: Green Sunset: 5:53PM

Rahu 10:38AM - 12:05PM

Balava Until 6:19AM

Nataraja: White

Moon - Orange

Bhuloka Day

Phalgun-Masi

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 4:43PM

Then Creative Work - Amrita Yoga

Saturday, March 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Tailila/Gara Karana Navamyam Titau

Albany, NY

Sun 8 Sutra 328

Hemalamba 5119

Moon 2 - Phase 44

Navami

Dhanus Rasi: 6.29 Tihi 24

Gulika 6:15AM - 7:43AM

Mula\* Until 7:53PM

Ganesha: Green Sunrise: 6:15AM

Yama 1:32PM - 2:59PM

Siddhi Until 8:06AM

Muruga: Green Sunset: 5:54PM

Rahu 9:10AM - 10:37AM

Tailila Until 8:45AM

Nataraja: White

Moon - Light Blue

Bhuloka Day

Phalgun-Masi

Navami\* Until 10:02PM

Creative Work Siddha Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

<b>1 Sunday, March 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Albany, NY			
Dhanus Rasi: 18.18    Tihti 25		Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Dashamyam Titau Sun 9 Sutra 329		Hemalamba 5119	
187622367		<b>Gulika</b> 3:00PM – 4:27PM	<b>Purvashadha* Until 10:59PM</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:14AM	
Creative Work    Siddha Yoga		Yama 12:04PM – 1:32PM	Vyatipata* Until 9:05AM	<b>Muruga:</b> Green <i>Sunset:</i> 5:55PM	Moon 2 - Phase 45
Until 10:59PM		<b>Rahu</b> 4:27PM – 5:55PM	Vanija Until 11:23AM	<b>Nataraja:</b> White	2nd Phase
Then Creative Work - Amrita Yoga			<b>Dashami Until 12:40AM Mon</b>	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>	

<b>2 Monday, March 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Albany, NY			
Makara Rasi: 0.07    Tihti 26		Uttarashadha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 330		Hemalamba 5119	
188622367		<b>Gulika</b> 1:32PM – 3:00PM	<b>Uttarashadha Until 1:47AM Tue</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:12AM	
Family Home Evening		Yama 10:36AM – 12:04PM	Variyan Until 10:02AM	<b>Muruga:</b> Green <i>Sunset:</i> 5:56PM	Moon 2 - Phase 45
Routine Work    Marana Yoga		<b>Rahu</b> 7:40AM – 9:08AM	Bava Until 1:58PM	<b>Nataraja:</b> White	2nd Phase
Until 1:47AM Tue			<b>Ekadashi* Until 3:09AM Tue</b>	Moon – Light Blue	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna-Masi</b>	Devaloka Time: 9:AM to12:PM

<b>3 Tuesday, March 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Albany, NY			
Makara Rasi: 12.01    Tihti 27		Shravana Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 11 Sutra 331		Hemalamba 5119	
198622367		<b>Gulika</b> 12:04PM – 1:32PM	<b>Shravana Until 4:34AM Wed</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:10AM	
Creative Work    Siddha Yoga		Yama 9:07AM – 10:35AM	Parigha* Until 10:49AM	<b>Muruga:</b> Green <i>Sunset:</i> 5:57PM	Moon 2 - Phase 45
Until 4:34AM Wed		<b>Rahu</b> 3:01PM – 4:29PM	Kaulava Until 4:17PM	<b>Nataraja:</b> White	2nd Phase
Then Routine Work - Prabalarishta Yoga			<b>Dvadashi* Until 5:16AM Wed</b>	Moon – Purple	<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>	

<b>4 Wednesday, March 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Albany, NY			
Makara Rasi: 24.03    Tihti 28		Dhanishtha Nakshatra Shiva/Siddha Yoga Gara Karana Trayodashyam Titau Sun 12 Sutra 332		Hemalamba 5119	
198622367		<b>Gulika</b> 10:35AM – 12:03PM	<b>Dhanishtha Until 6:42AM Thu</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:08AM	
Routine Work    Prabalarishta Yoga		Yama 7:37AM – 9:06AM	Shiva Until 11:18AM	<b>Muruga:</b> Green <i>Sunset:</i> 5:59PM	Moon 2 - Phase 45
Until 6:42AM Thu		<b>Rahu</b> 12:03PM – 1:32PM	Gara Until 6:09PM	<b>Nataraja:</b> White	2nd Phase
Then Creative Work - Siddha Yoga			<b>Trayodashi* Until 6:51AM Thu</b>	Moon – Purple	<b>Devaloka Day</b>
		<b>Karadaiyan Nombu (Tamil Nadu)</b>	<i>Pradosha Vrata (Fasting)</i>	<b>Phalguna-Panguni</b>	

<b>5 Thursday, March 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Albany, NY			
Kumbha Rasi: 6.17    Tihti 28 – 29		Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 13 Sutra 333		Hemalamba 5119	
198622368		<b>Gulika</b> 9:05AM – 10:34AM	<b>Dhanishtha Until 6:42AM</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:07AM	
Creative Work    Siddha Yoga		Yama 6:07AM – 7:36AM	Siddha Until 11:21AM	<b>Muruga:</b> Green <i>Sunset:</i> 6:00PM	Moon 2 - Phase 45
Until 9:13AM		<b>Rahu</b> 1:32PM – 3:01PM	Visti Until 7:27PM	<b>Nataraja:</b> Clear	2nd Phase
Then Creative Work - Siddha Yoga			<b>Trayodashi* Until 6:51AM</b>	Moon – Purple	<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>Friday, March 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Albany, NY			
<b>Retreat Star</b>		Shatabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 14 Sutra 334		Hemalamba 5119	
Kumbha Rasi: 18.48    Tihti 29 – 30		<b>Gulika</b> 7:34AM – 9:04AM	<b>Shatabhishak Until 8:06AM</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:05AM	
198622368		Yama 3:02PM – 4:31PM	Sadhya Until 10:57AM	<b>Muruga:</b> Green <i>Sunset:</i> 6:01PM	Moon 2 - Phase 45
Creative Work    Siddha Yoga		<b>Rahu</b> 10:33AM – 12:03PM	Catuspada Until 8:08PM	<b>Nataraja:</b> Clear	Amavasya
Until 9:13AM			<b>Chaturdashi* Until 7:51AM</b>	Moon – Purple	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>	

<b>Saturday, March 17, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Albany, NY			
<b>Retreat Star</b>		Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 15 Sutra 335		Hemalamba 5119	
Meena Rasi: 1.35    Tihti 30 – 1		<b>Gulika</b> 6:03AM – 7:33AM	<b>Purvaproshtapada* Until 9:13AM</b>	<b>Ganesh:</b> Orange <i>Sunrise:</i> 6:03AM	
118622368		Yama 1:32PM – 3:02PM	Subha Until 10:06AM	<b>Muruga:</b> Green <i>Sunset:</i> 6:02PM	Moon 2 - Phase 45
Routine Work    Marana Yoga		<b>Rahu</b> 9:03AM – 10:33AM	Kintughna Until 8:13PM	<b>Nataraja:</b> Clear	Prathama
Until 9:13AM			<b>Amavasya* Until 8:14AM</b>	Moon – Clear	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1 Sunday, March 18, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Albany, NY Sun 16 Sutra 336 Hemalamba 5119
Meena Rasi: 14.38	Tithi 1 – 2	<b>Gulika</b> 3:03PM – 4:33PM	<b>Uttaraproshtapada</b> Until 9:39AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:01AM	
		Yama 12:02PM – 1:33PM	Sukla Until 8:47AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 46
		119622368 <b>Rahu</b> 4:33PM – 6:03PM	Balava Until 7:47PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Prathama* Until 8:03AM</b>	Moon – Clear		<b>Bhuloka Day</b>
				<b>Chaitra•Panguni</b>		Devaloka Time: 6:PM to 9:PM

<b>2 Monday, March 19, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Andra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Albany, NY Sun 17 Sutra 337 Hemalamba 5119
Meena Rasi: 27.58	Tithi 2 – 3	<b>Gulika</b> 1:33PM – 3:03PM	<b>Revati</b> Until 9:28AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:00AM	
<b>Family Home Evening</b>		Yama 10:31AM – 12:02PM	Brahma Until 7:06AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46
		119622368 <b>Rahu</b> 7:30AM – 9:01AM	Taitila Until 6:55PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 7:23AM	Moon – Clear		<b>Bhuloka Day</b>
		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>		Devaloka Time: 6:PM to 9:PM

<b>3 Tuesday, March 20, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau				Albany, NY Sun 18 Sutra 338 Hemalamba 5119
Mesha Rasi: 11.31	Tithi 3 – 4	<b>Gulika</b> 12:02PM – 1:33PM	<b>Ashvini</b> Until 9:11AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	
		Yama 9:00AM – 10:31AM	Vaidhriti* Until 2:53AM Wed	<b>Muruga:</b> Green	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 46
		129622368 <b>Rahu</b> 3:04PM – 4:35PM	Visti Until 4:57AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 6:19AM	Moon – White		<b>Bhuloka Day</b>
				<b>Chaitra•Panguni</b>		Devaloka Time: 6:PM to 9:PM

<b>4 Wednesday, March 21, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau				Albany, NY Sun 19 Sutra 339 Hemalamba 5119
Mesha Rasi: 25.14	Tithi 5	<b>Gulika</b> 10:30AM – 12:01PM	<b>Bharani</b> Until 8:29AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:56AM	
		Yama 7:28AM – 8:59AM	Vishkambha* Until 12:28AM Thu	<b>Muruga:</b> Green	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 46
		129622368 <b>Rahu</b> 12:01PM – 1:33PM	Bava Until 4:12PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 3:21AM Thu	Moon – White		<b>Bhuloka Day</b>
Until 8:29AM				<b>Chaitra•Panguni</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

<b>5 Thursday, March 22, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Kaulava/Taitila Karana Shashthyam Titau				Albany, NY Sun 20 Sutra 340 Hemalamba 5119
Vrishabha Rasi: 9.05	Tithi 6	<b>Gulika</b> 8:58AM – 10:29AM	<b>Krittika</b> Until 7:25AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:55AM	
		Yama 5:55AM – 7:26AM	Priti Until 9:55PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 46
		129622368 <b>Rahu</b> 1:33PM – 3:04PM	Kaulava Until 2:30PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 1:35AM Fri</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Chaitra•Panguni</b>		Devaloka Time: 6:PM to 9:PM

<b>6 Friday, March 23, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY Sun 21 Sutra 341 Hemalamba 5119
Vrishabha Rasi: 23.03	Tithi 7	<b>Gulika</b> 7:25AM – 8:57AM	<b>Rohini</b> Until 6:28AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM	
		Yama 3:05PM – 4:37PM	Ayushman Until 7:13PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 46
		139722368 <b>Rahu</b> 10:29AM – 12:01PM	Gara Until 12:39PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Saptami</b> Until 11:40PM	Moon – Yellow		<b>Sivaloka Day</b>
Until 6:28AM				<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau				Albany, NY Sun 22 Sutra 342 Hemalamba 5119
Mithuna Rasi: 7.06	Tithi 8	<b>Gulika</b> 5:51AM – 7:23AM	<b>Ardra</b> Until 3:46AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:51AM	
		Yama 1:33PM – 3:05PM	Saubhagya Until 4:26PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 46
		139722368 <b>Rahu</b> 8:56AM – 10:28AM	Visti Until 10:40AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:37PM</b>	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Albany, NY Sun 23 Sutra 343 Hemalamba 5119
Mithuna Rasi: 21.13	Tithi 9	<b>Gulika</b> 3:06PM – 4:38PM	<b>Punarvasu</b> Until 2:29AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM	
		Yama 12:00PM – 1:33PM	Sobhana Until 1:35PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 46
		149722368 <b>Rahu</b> 4:38PM – 6:11PM	Balava Until 8:35AM	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Navami* Until 7:30PM</b>	Moon – Blue		<b>Devaloka Day</b>
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1</b>		<b>Monday, March 26, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Athiganda*/Sukarma Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau		Albany, NY Sun 24 Sutra 344	
Kataka Rasi: 5.24	Tithi 10 – 11	<b>Gulika</b>	1:33PM – 3:06PM	<b>Pushya Until 1:00AM Tue</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:48AM	Hemalamba 5119
<b>Family Home Evening</b>	141722368	Yama	10:27AM – 12:00PM	Athiganda* Until 10:40AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	7:21AM – 8:54AM	Taitila Until 6:25AM	<b>Nataraja:</b> Clear		4th Phase
				<b>Dashami Until 5:18PM</b>	Moon – Blue		<b>Devaloka Day</b>
					<b>Chaitra•Panguni</b>		

<b>2</b>		<b>Tuesday, March 27, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 25 Sutra 345	
Kataka Rasi: 19.37	Tithi 11 – 12	<b>Gulika</b>	12:00PM – 1:33PM	<b>Ashlesha* Until 11:24PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:46AM	Hemalamba 5119
	141722368	Yama	8:53AM – 10:26AM	Sukarma Until 7:43AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	3:07PM – 4:40PM	Bava Until 2:01AM Wed	<b>Nataraja:</b> Clear		4th Phase
				<b>Ekadashi Until 3:05PM</b>	Moon – Blue		<b>Devaloka Day</b>
		<b>Yogaswami Mahasamadhi</b>			<b>Chaitra•Panguni</b>		

<b>3</b>		<b>Wednesday, March 28, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 26 Sutra 346	
Simha Rasi: 3.49	Tithi 12 – 13	<b>Gulika</b>	10:26AM – 11:59AM	<b>Magha* Until 10:08PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:44AM	Hemalamba 5119
	151722368	Yama	7:18AM – 8:52AM	Shula* Until 1:56AM Thu	<b>Muruga:</b> Green	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	11:59AM – 1:33PM	Kaulava Until 11:53PM	<b>Nataraja:</b> Clear		4th Phase
Until 10:08PM				<b>Dvadashi Until 12:55PM</b>	Moon – Red		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>	<b>Chaitra•Panguni</b>		

<b>4</b>		<b>Thursday, March 29, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 27 Sutra 347	
Simha Rasi: 17.56	Tithi 13 – 14	<b>Gulika</b>	8:51AM – 10:25AM	<b>Purvaphalguni Until 8:54PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:42AM	Hemalamba 5119
	151722368	Yama	5:42AM – 7:17AM	Ganda* Until 11:14PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	1:33PM – 3:07PM	Gara Until 9:57PM	<b>Nataraja:</b> Clear		4th Phase
				<b>Trayodashi Until 10:52AM</b>	Moon – Red		<b>Sivaloka Day</b>
					<b>Chaitra•Panguni</b>		

		<b>Friday, March 30, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Albany, NY Sun 28 Sutra 348	
Kanya Rasi: 1.56	Tithi 14 – 15	<b>Gulika</b>	7:15AM – 8:50AM	<b>Uttaraphalguni Until 7:48PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:41AM	Hemalamba 5119
	151722368	Yama	3:08PM – 4:42PM	Vridhhi Until 8:46PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	10:24AM – 11:59AM	Visti Until 8:17PM	<b>Nataraja:</b> Clear		Purnima
Until 7:48PM				<b>Chaturdashi* Until 9:03AM</b>	Moon – Red		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Panguni Uttiram</b>			<b>Chaitra•Panguni</b>		
		<b>Hanuman Jayanti</b>					

		<b>Saturday, March 31, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Albany, NY Sun 29 Sutra 349	
Kanya Rasi: 15.44	Tithi 15 – 16	<b>Gulika</b>	5:39AM – 7:14AM	<b>Hasta Until 7:22PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:39AM	Hemalamba 5119
	161722368	Yama	1:33PM – 3:08PM	Dhruva Until 6:36PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 47
Routine Work	Marana Yoga	<b>Rahu</b>	8:49AM – 10:24AM	Balava Until 7:01PM	<b>Nataraja:</b> Clear		Prathama
				<b>Purnima* Until 7:34AM</b>	Moon – Green		<b>Devaloka Day</b>
					<b>Chaitra•Panguni</b>		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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**Sunday, April 1, 2018**  
**Gold Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY  
Sutra 350

Kanya Rasi: 29.17    Tihi 16 – 17

161722368

**Gulika** 3:08PM – 4:43PM  
Yama 11:58AM – 1:33PM  
**Rahu** 4:43PM – 6:18PM

**Chitra Until 7:18PM**  
Vyaghata\* Until 4:51PM  
Taitila Until 6:15PM  
**Prathama\* Until 6:32AM**

**Ganesh:** Clear    *Sunrise: 5:39AM*  
**Muruga:** Green    *Sunset: 6:18PM*  
**Nataraja:** Clear  
Moon – Green  
**Chaitra•Panguni**

Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

**1**

**Monday, April 2, 2018**

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY  
Sun 1    Sutra 351

Tula Rasi: 12.31    Tihi 17 – 18

161722368

**Gulika** 1:33PM – 3:09PM  
Yama 10:23AM – 11:58AM  
**Rahu** 7:12AM – 8:48AM

**Svati Until 7:40PM**  
Harshana Until 3:36PM  
Vanija Until 6:05PM  
**Dvitiya Until 6:04AM**

**Ganesh:** Clear    *Sunrise: 5:37AM*  
**Muruga:** Green    *Sunset: 6:19PM*  
**Nataraja:** Clear  
Moon – Green  
**Chaitra•Panguni**

Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga

Until 7:40PM

Then Routine Work - Marana Yoga

**2**

**Tuesday, April 3, 2018**

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Albany, NY  
Sun 2    Sutra 352

Tula Rasi: 25.26    Tihi 18 – 19

171722368

**Gulika** 11:58AM – 1:33PM  
Yama 8:47AM – 10:22AM  
**Rahu** 3:09PM – 4:45PM

**Vishakha Until 8:59PM**  
Vajra\* Until 2:49PM  
Bava Until 6:34PM  
**Tritiya Until 6:13AM**

**Ganesh:** Purple    *Sunrise: 5:35AM*  
**Muruga:** Green    *Sunset: 6:20PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**Sivaloka Day**

Routine Work    Marana Yoga

Until 8:59PM

Then Creative Work - Siddha Yoga

**3**

**Wednesday, April 4, 2018**

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY  
Sun 3    Sutra 353

Vrischika Rasi: 8.01    Tihi 19 – 20

171722368

**Gulika** 10:22AM – 11:58AM  
Yama 7:10AM – 8:46AM  
**Rahu** 11:58AM – 1:33PM

**Anuradha Until 10:47PM**  
Siddhi Until 2:34PM  
Kaulava Until 7:43PM  
**Chaturthi\* Until 7:02AM**

**Ganesh:** Purple    *Sunrise: 5:34AM*  
**Muruga:** Green    *Sunset: 6:21PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**Sivaloka Day**

Creative Work    Siddha Yoga

**4**

**Thursday, April 5, 2018**

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY  
Sun 4    Sutra 354

Vrischika Rasi: 20.2    Tihi 20 – 21

172722368

**Gulika** 8:45AM – 10:21AM  
Yama 5:32AM – 7:08AM  
**Rahu** 1:34PM – 3:10PM

**Jyeshtha\* Until 12:59AM Fri**  
Vyatipata\* Until 2:49PM  
Gara Until 9:29PM  
**Panchami Until 8:30AM**

**Ganesh:** Clear    *Sunrise: 5:32AM*  
**Muruga:** Green    *Sunset: 6:22PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**Devaloka Day**

Routine Work    Prabalarishta Yoga

Until 12:59AM Fri

Then Creative Work - Amrita Yoga

**5**

**Friday, April 6, 2018**

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Variyan/Parigaha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Albany, NY  
Sun 5    Sutra 355

Dhanus Rasi: 2.25    Tihi 21 – 22

182722368

**Gulika** 7:07AM – 8:44AM  
Yama 3:10PM – 4:47PM  
**Rahu** 10:20AM – 11:57AM

**Mula\* Until 3:58AM Sat**  
Variyan Until 3:25PM  
Visti Until 11:44PM  
**Shashthi\* Until 10:32AM**

**Ganesh:** White    *Sunrise: 5:30AM*  
**Muruga:** Green    *Sunset: 6:24PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Panguni**

Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work    Amrita Yoga

Until 3:58AM Sat

Then Creative Work - Siddha Yoga

**D**

**Saturday, April 7, 2018**  
**Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Parigaha\*/Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY  
Sun 6    Sutra 356

Dhanus Rasi: 14.2    Tihi 22 – 23

182722368

**Gulika** 5:29AM – 7:06AM  
Yama 1:34PM – 3:11PM  
**Rahu** 8:43AM – 10:20AM

**Purvashadha\* Until 7:01AM Sun**  
Parigaha\* Until 4:20PM  
Balava Until 2:15AM Sun  
**Saptami Until 12:57PM**

**Ganesh:** White    *Sunrise: 5:29AM*  
**Muruga:** Green    *Sunset: 6:25PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Panguni**

Hemalamba 5119  
Moon 3 - Phase 48  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work    Siddha Yoga

Until 7:01AM Sun

Then Creative Work - Amrita Yoga

**Sunday, April 8, 2018**

**Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY  
Sun 7    Sutra 357

Dhanus Rasi: 26.09    Tihi 23 – 24

182722368

**Gulika** 3:11PM – 4:48PM  
Yama 11:56AM – 1:34PM  
**Rahu** 4:48PM – 6:26PM

**Purvashadha\* Until 7:01AM**  
Shiva Until 5:21PM  
Taitila Until 4:50AM Mon  
**Ashtami\* Until 3:32PM**

**Ganesh:** White    *Sunrise: 5:27AM*  
**Muruga:** Green    *Sunset: 6:26PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Panguni**

Hemalamba 5119  
Moon 3 - Phase 48  
Navami

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work    Siddha Yoga

Until 7:01AM

Then Creative Work - Amrita Yoga

<b>1</b>	<b>Monday, April 9, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Gara Karana Navamyam Titau				Albany, NY Sun 8 Sutra 358
	Makara Rasi: 7.59 Family Home Evening Routine Work Marana Yoga Until 9:54AM Then Creative Work - Amrita Yoga	Tithi 24 182722368	<b>Gulika</b> 1:34PM – 3:12PM Yama 10:18AM – 11:56AM <b>Rahu</b> 7:03AM – 8:41AM	<b>Uttarashadha</b> Until 9:54AM Siddha Until 6:15PM Gara Until 6:02PM Navami* Until 6:02PM	<b>Ganesha:</b> White <b>Muruga:</b> Green <b>Nataraja:</b> Clear Moon – Light Blue <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:25AM <i>Sunset:</i> 6:27PM	Hemalamba 5119 Moon 3 - Phase 49 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM


<b>2</b>	<b>Tuesday, April 10, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau				Albany, NY Sun 9 Sutra 359
	Makara Rasi: 19.53 Creative Work Siddha Yoga	Tithi 25 192722368	<b>Gulika</b> 11:56AM – 1:34PM Yama 8:40AM – 10:18AM <b>Rahu</b> 3:12PM – 4:50PM	<b>Shravana</b> Until 12:51PM Sadhya Until 6:55PM Vanija Until 7:11AM Dashami Until 8:10PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Green <b>Nataraja:</b> Clear Moon – Purple <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:28PM	Hemalamba 5119 Moon 3 - Phase 49 2nd Phase <b>Devaloka Day</b>


<b>3</b>	<b>Wednesday, April 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau				Albany, NY Sun 10 Sutra 360
	Kumbha Rasi: 1.59 Routine Work Prabalarishta Yoga Until 3:09PM Then Creative Work - Siddha Yoga	Tithi 26 192722368	<b>Gulika</b> 10:17AM – 11:56AM Yama 7:00AM – 8:39AM <b>Rahu</b> 11:56AM – 1:34PM	<b>Dhanishtha</b> Until 3:09PM Subha Until 7:10PM Bava Until 9:03AM Ekadashi* Until 9:45PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Green <b>Nataraja:</b> Clear Moon – Purple <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:22AM <i>Sunset:</i> 6:29PM	Hemalamba 5119 Moon 3 - Phase 49 2nd Phase <b>Devaloka Day</b>

<b>4</b>	<b>Thursday, April 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Kaulava/Tailila Karana Dvadashyam Titau				Albany, NY Sun 11 Sutra 361
	Kumbha Rasi: 14.19 Creative Work Siddha Yoga	Tithi 27 192722368	<b>Gulika</b> 8:38AM – 10:16AM Yama 5:20AM – 6:59AM <b>Rahu</b> 1:34PM – 3:13PM	<b>Shatabhishak</b> Until 4:39PM Sukla Until 6:52PM Kaulava Until 10:18AM Dvadashi* Until 10:37PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Green <b>Nataraja:</b> Clear Moon – Purple <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:20AM <i>Sunset:</i> 6:30PM	Hemalamba 5119 Moon 3 - Phase 49 2nd Phase <b>Devaloka Day</b>

<b>5</b>	<b>Friday, April 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Brahma Yoga Gara/Vanija Karana Trayodashyam Titau				Albany, NY Sun 12 Sutra 362
	Kumbha Rasi: 26.59 Creative Work Siddha Yoga	Tithi 28 112722368	<b>Gulika</b> 6:58AM – 8:37AM Yama 3:13PM – 4:52PM <b>Rahu</b> 10:16AM – 11:55AM	<b>Purvaproshtapada*</b> Until 5:45PM Brahma Until 6:00PM Gara Until 10:48AM Trayodashi* Until 10:45PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Blue <b>Muruga:</b> Green <b>Nataraja:</b> Clear Moon – Clear <b>Chaitra•Chaitra</b>	<i>Sunrise:</i> 5:19AM <i>Sunset:</i> 6:31PM	Vilamba 5120 Moon 3 - Phase 49 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>6</b>	<b>Saturday, April 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Albany, NY Sun 13 Sutra 363
	Meena Rasi: 10.01 Creative Work Siddha Yoga Until 5:59PM Then Routine Work - Prabalarishta Yoga	Tithi 29 212732368	<b>Gulika</b> 5:17AM – 6:56AM Yama 1:34PM – 3:14PM <b>Rahu</b> 8:36AM – 10:15AM	<b>Uttaraproshtapada</b> Until 5:59PM Indra Until 4:36PM Visti Until 10:34AM Chaturdashi* Until 10:11PM	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear <b>Chaitra•Chaitra</b>	<i>Sunrise:</i> 5:17AM <i>Sunset:</i> 6:33PM	Vilamba 5120 Moon 3 - Phase 49 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

	<b>Sunday, April 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Albany, NY Sun 14 Sutra 364
	Meena Rasi: 23.24 Creative Work Amrita Yoga Until 5:27PM Then Creative Work - Siddha Yoga	Tithi 30 212732368	<b>Gulika</b> 3:14PM – 4:54PM Yama 11:54AM – 1:34PM <b>Rahu</b> 4:54PM – 6:34PM	<b>Revati</b> Until 5:27PM Vaidhriti* Until 2:39PM Catuspada Until 9:40AM Amavasya* Until 8:59PM	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear <b>Chaitra•Chaitra</b>	<i>Sunrise:</i> 5:15AM <i>Sunset:</i> 6:34PM	Vilamba 5120 Moon 3 - Phase 49 Amavasya <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

	<b>Monday, April 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Albany, NY Sun 15 Sutra 1
	Mesha Rasi: 7.07 Family Home Evening Creative Work Siddha Yoga	Tithi 1 222732368	<b>Gulika</b> 1:34PM – 3:15PM Yama 10:14AM – 11:54AM <b>Rahu</b> 6:54AM – 8:34AM	<b>Ashvini</b> Until 4:42PM Vishkambha* Until 12:17PM Kintughna Until 8:13AM Prathama* Until 7:18PM	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White <b>Vaisaka•Chaitra</b>	<i>Sunrise:</i> 5:14AM <i>Sunset:</i> 6:35PM	Vilamba 5120 Moon 3 - Phase 49 Prathama <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, April 17, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sun 16
Mesha Rasi: 21.06	Tithi 2 – 3	<b>Gulika</b>	<b>11:54AM – 1:34PM</b>	<b>Bharani Until 3:26PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:12AM	Sutra 2	
		Yama	8:33AM – 10:13AM	Priti Until 9:37AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:36PM	Vilamba 5120	
		222832368 <b>Rahu</b>	<b>3:15PM – 4:55PM</b>	Balava Until 6:20AM	<b>Nataraja:</b> Clear		Moon 3 - Phase 1	
Creative Work	Siddha Yoga			<b>Dvitiya Until 5:16PM</b>	Moon – White		3rd Phase	
					<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>2</b>		<b>Wednesday, April 18, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Albany, NY Sun 17
Vrishabha Rasi: 5.17	Tithi 3 – 4	<b>Gulika</b>	<b>10:13AM – 11:54AM</b>	<b>Krittika Until 1:48PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:10AM	Sutra 3	
		Yama	6:51AM – 8:32AM	Ayushman Until 6:42AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Vilamba 5120	
		222832368 <b>Rahu</b>	<b>11:54AM – 1:35PM</b>	Vanija Until 1:50AM Thu	<b>Nataraja:</b> Clear		Moon 3 - Phase 1	
Creative Work	Amrita Yoga			<b>Tritiya Until 3:00PM</b>	Moon – White		3rd Phase	
Until 1:48PM		<b>Akshaya Tritiya</b>			<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Thursday, April 19, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 18
Vrishabha Rasi: 19.33	Tithi 4 – 5	<b>Gulika</b>	<b>8:31AM – 10:12AM</b>	<b>Rohini Until 12:20PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:09AM	Sutra 4	
		Yama	5:09AM – 6:50AM	Sobhana Until 12:39AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 6:38PM	Vilamba 5120	
		223832368 <b>Rahu</b>	<b>1:35PM – 3:16PM</b>	Bava Until 11:28PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 1	
Routine Work	Marana Yoga			<b>Chaturthi* Until 12:38PM</b>	Moon – Yellow		3rd Phase	
		<b>Adi Sankara Jayanthi</b>			<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
							Devaloka Time: 6:PM to 9:PM	

<b>4</b>		<b>Friday, April 20, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Albany, NY Sun 19
Mithuna Rasi: 3.5	Tithi 5 – 6	<b>Gulika</b>	<b>6:49AM – 8:30AM</b>	<b>Mrigashira Until 10:43AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:07AM	Sutra 5	
		Yama	3:16PM – 4:58PM	Athiganda* Until 9:38PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:39PM	Vilamba 5120	
		223832368 <b>Rahu</b>	<b>10:12AM – 11:53AM</b>	Kaulava Until 9:08PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 1	
Creative Work	Siddha Yoga			<b>Panchami Until 10:16AM</b>	Moon – Yellow		3rd Phase	
					<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
							Devaloka Time: 6:PM to 9:PM	

<b>5</b>		<b>Saturday, April 21, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sun 20
Mithuna Rasi: 18.05	Tithi 6 – 7	<b>Gulika</b>	<b>5:06AM – 6:48AM</b>	<b>Ardra Until 9:03AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:06AM	Sutra 6	
		Yama	1:35PM – 3:17PM	Sukarma Until 6:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:40PM	Vilamba 5120	
		223832368 <b>Rahu</b>	<b>8:29AM – 10:11AM</b>	Gara Until 6:54PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 1	
Creative Work	Siddha Yoga			<b>Shashthi* Until 7:59AM</b>	Moon – Yellow		3rd Phase	
					<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
							Devaloka Time: 6:PM to 9:PM	

<b>☾</b>		<b>Sunday, April 22, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 21
<b>Retreat Star</b>		<b>Gulika</b>	<b>3:17PM – 4:59PM</b>	<b>Punarvasu Until 7:48AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:04AM	Sutra 7	
Kataka Rasi: 2.16	Tithi 8	Yama	11:53AM – 1:35PM	Dhriti Until 3:55PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:42PM	Vilamba 5120	
		243832368 <b>Rahu</b>	<b>4:59PM – 6:42PM</b>	Visti Until 4:48PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 1	
Creative Work	Siddha Yoga			<b>Ashtami* Until 3:48AM Mon</b>	Moon – Blue		Ashtami	
					<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>☾</b>		<b>Monday, April 23, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 22
<b>Retreat Star</b>		<b>Gulika</b>	<b>1:35PM – 3:18PM</b>	<b>Pushya Until 6:34AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:03AM	Sutra 8	
Kataka Rasi: 16.2	Tithi 9	Yama	10:10AM – 11:53AM	Shula* Until 1:15PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:43PM	Vilamba 5120	
<b>Family Home Evening</b>		243832368 <b>Rahu</b>	<b>6:45AM – 8:28AM</b>	Balava Until 2:53PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 1	
Creative Work	Siddha Yoga			<b>Navami* Until 1:58AM Tue</b>	Moon – Blue		Navami	
					<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>	

<b>1 Tuesday, April 24, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Dashamyam Titau				Albany, NY Sun 23 Sutra 9 Vilamba 5120
Simha Rasi: 0.17	Tithi 10	<b>Gulika</b> Yama 253832369	<b>11:52AM – 1:35PM</b> 8:27AM – 10:10AM <b>Rahu</b> 3:18PM – 5:01PM	<b>Magha* Until 4:37AM Wed</b> Ganda* Until 10:43AM Taitila Until 1:09PM <b>Dashami Until 12:19AM Wed</b>	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka*Chaitra</b>	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 6:44PM Moon 3 - Phase 2 4th Phase <b>Bhuloka Day</b>
Creative Work Siddha Yoga Until 4:37AM Wed Then Creative Work - Amrita Yoga						

<b>2 Wednesday, April 25, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 24 Sutra 10 Vilamba 5120
Simha Rasi: 14.07	Tithi 11	<b>Gulika</b> Yama 253832369	<b>10:09AM – 11:52AM</b> 6:43AM – 8:26AM <b>Rahu</b> 11:52AM – 1:35PM	<b>Purvaphalguni Until 3:56AM Thu</b> Vridhi Until 8:22AM Vanija Until 11:35AM <b>Ekadashi Until 10:52PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka*Chaitra</b>	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 6:45PM Moon 3 - Phase 2 4th Phase <b>Bhuloka Day</b>
Creative Work Amrita Yoga						

<b>3 Thursday, April 26, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau				Albany, NY Sun 25 Sutra 11 Vilamba 5120
Simha Rasi: 27.5	Tithi 12	<b>Gulika</b> Yama 253832369	<b>8:25AM – 10:09AM</b> 4:58AM – 6:42AM <b>Rahu</b> 1:36PM – 3:19PM	<b>Uttaraphalguni Until 3:21AM Fri</b> Dhruva Until 6:09AM Bava Until 10:15AM <b>Dvadashi Until 9:39PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka*Chaitra</b>	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 6:46PM Moon 3 - Phase 2 4th Phase <b>Bhuloka Day</b>
Amrita Yoga						

<b>4 Friday, April 27, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Harshana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Albany, NY Sun 26 Sutra 12 Vilamba 5120
Kanya Rasi: 11.23	Tithi 13	<b>Gulika</b> Yama 263832369	<b>6:40AM – 8:24AM</b> 3:20PM – 5:03PM <b>Rahu</b> 10:08AM – 11:52AM	<b>Hasta Until 3:21AM Sat</b> Harshana Until 2:24AM Sat Kaulava Until 9:10AM <b>Trayodashi Until 8:43PM</b> <i>Pradosha Vrata</i>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Green <b>Vaisaka*Chaitra</b>	<b>Sunrise:</b> 4:57AM <b>Sunset:</b> 6:47PM Moon 3 - Phase 2 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Creative Work Amrita Yoga Until 3:21AM Sat Then Routine Work - Marana Yoga						

<b>5 Saturday, April 28, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sun 27 Sutra 13 Vilamba 5120
Kanya Rasi: 24.47	Tithi 14	<b>Gulika</b> Yama 263832369	<b>4:55AM – 6:39AM</b> 1:36PM – 3:20PM <b>Rahu</b> 8:23AM – 10:08AM	<b>Chitra Until 3:34AM Sun</b> Vajra* Until 12:56AM Sun Gara Until 8:23AM <b>Chaturdashi* Until 8:07PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Green <b>Vaisaka*Chaitra</b>	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 6:48PM Moon 3 - Phase 2 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga Until 3:34AM Sun Then Creative Work - Siddha Yoga						

<b>○ Sunday, April 29, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Siddhi Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sun 28 Sutra 14 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> Yama 263832369	<b>3:21PM – 5:05PM</b> 11:52AM – 1:36PM <b>Rahu</b> 5:05PM – 6:49PM	<b>Svati Until 4:04AM Mon</b> Siddhi Until 11:49PM Visti Until 8:00AM <b>Purnima* Until 7:57PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Green <b>Vaisaka*Chaitra</b>	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:49PM Moon 3 - Phase 2 Purnima <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Tula Rasi: 7.59 Tithi 15 Creative Work Siddha Yoga Until 4:04AM Mon Then Routine Work - Marana Yoga		<b>Budha Purnima (Tamil Nadu)</b>				

<b>Monday, April 30, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY Sun 29 Sutra 15 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> Yama 273832369	<b>1:36PM – 3:21PM</b> 10:07AM – 11:51AM <b>Rahu</b> 6:37AM – 8:22AM	<b>Vishakha Until 5:23AM Tue</b> Vyatipata* Until 11:06PM Balava Until 8:04AM <b>Prathama* Until 8:17PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon – Orange <b>Vaisaka*Chaitra</b>	<b>Sunrise:</b> 4:52AM <b>Sunset:</b> 6:51PM Moon 3 - Phase 2 Prathama <b>Bhuloka Day</b>
Tula Rasi: 20.56 Tithi 16 Family Home Evening Routine Work Marana Yoga Until 5:23AM Tue Then Creative Work - Siddha Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda