Saturday, April 23, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 6

Tula Rasi: 17.22 Tithi 16 – 17
261621368

Gulika	5:45AM – 7:20AM
Yama	1:39PM – 3:13PM
Rahu	8:55AM – 10:29AM

Svati Until 11:08AM
Siddhi Until 6:38PM
Taitila Until 3:32AM Sun
Prathama* Until 2:22PM

Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – Green
Chaitra•Chaitra

Sunrise: 5:45AM
Sunset: 6:23PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

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1 Sunday, April 24, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 7

Tula Rasi: 29.17 Tithi 17 – 18
271621369

Gulika	3:13PM – 4:48PM
Yama	12:04PM – 1:39PM
Rahu	4:48PM – 6:23PM

Vishakha Until 2:05PM
Vyatipata* Until 7:23PM
Vanija Until 5:38AM Mon
Dvitiya Until 4:36PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Sunrise: 5:44AM
Sunset: 6:23PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga

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2 Monday, April 25, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 8

Vrischika Rasi: 11.18 Tithi 18
Family Home Evening
271621369

Gulika	1:39PM – 3:13PM
Yama	10:29AM – 12:04PM
Rahu	7:19AM – 8:54AM

Anuradha Until 4:38PM
Variyan Until 7:53PM
Visti Until 6:34PM
Tritiya Until 6:34PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Sunrise: 5:44AM
Sunset: 6:23PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

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3 Tuesday, April 26, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 3 Sutra 9

Vrischika Rasi: 23.26 Tithi 19
271621369

Gulika	12:03PM – 1:38PM
Yama	8:53AM – 10:28AM
Rahu	3:14PM – 4:49PM

Jyeshtha* Until 6:42PM
Parigha* Until 8:09PM
Bava Until 7:27AM
Chaturthi* Until 8:12PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Sunrise: 5:43AM
Sunset: 6:24PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 6:42PM
Then Creative Work - Amrita Yoga

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4 Wednesday, April 27, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 10

Dhanus Rasi: 5.42 Tithi 20
281621369

Gulika	10:28AM – 12:03PM
Yama	7:18AM – 8:53AM
Rahu	12:03PM – 1:38PM

Mula* Until 8:43PM
Shiva Until 8:08PM
Kaulava Until 8:53AM
Panchami Until 9:25PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 5:43AM
Sunset: 6:24PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 8:43PM
Then Creative Work - Amrita Yoga

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5 Thursday, April 28, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 11

Dhanus Rasi: 18.1 Tithi 21
281621369

Gulika	8:53AM – 10:28AM
Yama	5:42AM – 7:17AM
Rahu	1:38PM – 3:14PM

Purvashadha* Until 10:04PM
Siddha Until 7:41PM
Gara Until 9:52AM
Shashthi* Until 10:09PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 5:42AM
Sunset: 6:24PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 10:04PM
Then Routine Work - Marana Yoga

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6 Friday, April 29, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 12

Makara Rasi: 0.53 Tithi 22
281621369

Gulika	7:17AM – 8:52AM
Yama	3:14PM – 4:49PM
Rahu	10:28AM – 12:03PM

Uttarashadha Until 10:42PM
Sadhya Until 6:48PM
Visti Until 10:18AM
Saptami Until 10:16PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 5:42AM
Sunset: 6:24PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Saturday, April 30, 2016
Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 13

Makara Rasi: 13.54 Tithi 23
291621369

Gulika	5:41AM – 7:17AM
Yama	1:38PM – 3:14PM
Rahu	8:52AM – 10:27AM

Shravana Until 10:59PM
Subha Until 5:25PM
Balava Until 10:06AM
Ashtami* Until 9:43PM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: 5:41AM
Sunset: 6:25PM

Durmukha 5118
Moon 4 - Phase 2
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Sunday, May 1, 2016
Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 14

Makara Rasi: 27.17 Tithi 24
291621369

Gulika	3:14PM – 4:49PM
Yama	12:03PM – 1:38PM
Rahu	4:49PM – 6:25PM

Dhanishtha Until 10:24PM
Sukla Until 3:26PM
Taitila Until 9:12AM
Navami* Until 8:28PM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: 5:41AM
Sunset: 6:25PM

Durmukha 5118
Moon 4 - Phase 2
Navami

Bhuloka Day

Routine Work Marana Yoga
Until 10:24PM
Then Creative Work - Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Monday, May 2, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Dashamyam Titau

Yangon, Myanmar
Sun 9 Sutra 15

Kumbha Rasi: 11.04 Tithi 25
Family Home Evening
Creative Work Siddha Yoga
Until 9:00PM
Then Routine Work - Marana Yoga

Gulika 1:38PM – 3:14PM
Yama 10:27AM – 12:03PM
292621369 Rahu 7:16AM – 8:51AM

Shatabhishak Until 9:00PM
Brahma Until 12:54PM
Vanija Until 7:35AM
Dashami Until 6:31PM

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: *5:40AM*
Sunset: *6:25PM*

Durmukha 5118
Moon 4 - Phase 3
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

2 Tuesday, May 3, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshthapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 10 Sutra 16

Kumbha Rasi: 25.17 Tithi 26 – 27
Routine Work Marana Yoga
Until 7:17PM
Then Creative Work - Amrita Yoga

Gulika 12:03PM – 1:38PM
Yama 8:51AM – 10:27AM
212621369 Rahu 3:14PM – 4:50PM

Purvaproshthapada* Until 7:17PM
Indra Until 9:52AM
Kaulava Until 2:29AM Wed
Ekadashi* Until 3:57PM

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: *5:40AM*
Sunset: *6:25PM*

Durmukha 5118
Moon 4 - Phase 3
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

3 Wednesday, May 4, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 11 Sutra 17

Meena Rasi: 9.53 Tithi 27 – 28
Creative Work Siddha Yoga
Until 4:55PM
Then Routine Work - Marana Yoga

Gulika 10:27AM – 12:02PM
Yama 7:15AM – 8:51AM
212621369 Rahu 12:02PM – 1:38PM

Uttaraproshthapada Until 4:55PM
Vaidhriti* Until 6:20AM
Gara Until 11:11PM
Dvadashi* Until 12:52PM

Pradosha Vrata (Fasting)

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: *5:39AM*
Sunset: *6:26PM*

Durmukha 5118
Moon 4 - Phase 3
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

4 Thursday, May 5, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 12 Sutra 18

Meena Rasi: 24.5 Tithi 28 – 29
Creative Work Siddha Yoga
Until 2:04PM
Then Creative Work - Amrita Yoga

Gulika 8:51AM – 10:26AM
Yama 5:39AM – 7:15AM
212621369 Rahu 1:38PM – 3:14PM

Revati Until 2:04PM
Priti Until 10:24PM
Visti Until 7:36PM
Trayodashi* Until 9:24AM

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: *5:39AM*
Sunset: *6:26PM*

Durmukha 5118
Moon 4 - Phase 3
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

● Friday, May 6, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Yangon, Myanmar
Sun 13 Sutra 19

Mesha Rasi: 9.58 Tithi 30
Creative Work Amrita Yoga
Until 11:18AM
Then Creative Work - Siddha Yoga

Gulika 7:14AM – 8:50AM
Yama 3:14PM – 4:50PM
222621369 Rahu 10:26AM – 12:02PM

Ashvini Until 11:18AM
Ayushman Until 6:11PM
Catuspada Until 3:51PM
Amavasya* Until 1:57AM Sat

Ganesha: Red
Muruga: White
Nataraja: Purple
Moon – White
Chaitra•Chaitra

Sunrise: *5:38AM*
Sunset: *6:26PM*

Durmukha 5118
Moon 4 - Phase 3
Amavasya
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Saturday, May 7, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau

Yangon, Myanmar
Sun 14 Sutra 20

Mesha Rasi: 25.1 Tithi 1
Creative Work Siddha Yoga
Until 8:22AM
Then Creative Work - Amrita Yoga

Gulika 5:38AM – 7:14AM
Yama 1:38PM – 3:14PM
222621369 Rahu 8:50AM – 10:26AM

Bharani Until 8:22AM
Saubhagya Until 2:01PM
Kintughna Until 12:07PM
Prathama* Until 10:17PM

Ganesha: Red
Muruga: White
Nataraja: Purple
Moon – White
Vaisaka•Chaitra

Sunrise: *5:38AM*
Sunset: *6:27PM*

Durmukha 5118
Moon 4 - Phase 3
Prathama
Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 8, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 15 Sutra 21

Vrishabha Rasi: 10.15 Tithi 2

Gulika 3:15PM – 4:51PM
Yama 12:02PM – 1:38PM
232621369 Rahu 4:51PM – 6:27PM

Rohini Until 3:08AM Mon
Sobhana Until 10:02AM
Balava Until 8:34AM
Dvitiya Until 6:54PM

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: 5:37AM
Sunset: 6:27PM

Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 3:08AM Mon
Then Creative Work - Amrita Yoga

Mother's Day

2 Monday, May 9, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 16 Sutra 22

Vrishabha Rasi: 25.04 Tithi 3 – 4

Gulika 1:38PM – 3:15PM
Yama 10:26AM – 12:02PM
232621369 Rahu 7:13AM – 8:50AM

Mrigashira Until 1:11AM Tue
Athiganda* Until 6:19AM
Vanija Until 2:41AM Tue
Tritiya Until 3:56PM

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: 5:37AM
Sunset: 6:27PM

Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Family Home Evening
Creative Work Amrita Yoga
Until 1:11AM Tue
Then Routine Work - Marana Yoga

Akshaya Tritiya

3 Tuesday, May 10, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 17 Sutra 23

Mithuna Rasi: 9.31 Tithi 4 – 5

Gulika 12:02PM – 1:38PM
Yama 8:49AM – 10:26AM
232621369 Rahu 3:15PM – 4:51PM

Ardra Until 11:45PM
Dhriti Until 12:21AM Wed
Bava Until 12:40AM Wed
Chaturthi* Until 1:34PM

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: 5:37AM
Sunset: 6:28PM

Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga
Until 11:45PM
Then Creative Work - Siddha Yoga

Adi Sankara Jayanthi

4 Wednesday, May 11, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 18 Sutra 24

Mithuna Rasi: 23.29 Tithi 5 – 6

Gulika 10:26AM – 12:02PM
Yama 7:13AM – 8:49AM
242621369 Rahu 12:02PM – 1:38PM

Punarvasu Until 11:24PM
Shula* Until 10:16PM
Kaulava Until 11:26PM
Panchami Until 11:56AM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: 5:36AM
Sunset: 6:28PM

Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Devaloka Day

Creative Work Siddha Yoga

5 Thursday, May 12, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 19 Sutra 25

Kataka Rasi: 6.59 Tithi 6 – 7

Gulika 8:49AM – 10:25AM
Yama 5:36AM – 7:12AM
242621369 Rahu 1:39PM – 3:15PM

Pushya Until 11:44PM
Ganda* Until 8:53PM
Gara Until 11:04PM
Shashthi* Until 11:07AM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: 5:36AM
Sunset: 6:28PM

Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 11:44PM
Then Creative Work - Siddha Yoga

Friday, May 13, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 20 Sutra 26

Kataka Rasi: 20.01 Tithi 7 – 8

Gulika 7:12AM – 8:49AM
Yama 3:15PM – 4:52PM
242621369 Rahu 10:25AM – 12:02PM

Ashlesha* Until 12:45AM Sat
Vriddhi Until 8:11PM
Visti Until 11:34PM
Saptami Until 11:11AM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: 5:36AM
Sunset: 6:28PM

Durmukha 5118
Moon 4 - Phase 4
Ashtami

Devaloka Day

Routine Work Marana Yoga
Until 12:45AM Sat
Then Creative Work - Amrita Yoga

Saturday, May 14, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 21 Sutra 27

Simha Rasi: 2.38 Tithi 8 – 9

Gulika 5:35AM – 7:12AM
Yama 1:39PM – 3:15PM
252621369 Rahu 8:49AM – 10:25AM

Magha* Until 2:52AM Sun
Dhruva Until 8:06PM
Balava Until 12:51AM Sun
Ashtami* Until 12:06PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Red
Vaisaka•Vaikasi

Sunrise: 5:35AM
Sunset: 6:29PM

Durmukha 5118
Moon 4 - Phase 4
Navami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 2:52AM Sun
Then Creative Work - Siddha Yoga

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

1 Sunday, May 15, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 22 Sutra 28

Simha Rasi: 14.55 Tithi 9 – 10
253621369

Gulika	3:16PM – 4:52PM
Yama	12:02PM – 1:39PM
Rahu	4:52PM – 6:29PM

Purvaphalguni Until 5:24AM Mon
Vyaghata* Until 8:33PM
Taitila Until 2:46AM Mon
Navami* Until 1:43PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Red
Vaisaka•Vaikasi

Sunrise: 5:35AM
Sunset: 6:29PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Creative Work Siddha Yoga

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2 Monday, May 16, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 23 Sutra 29

Simha Rasi: 26.57 Tithi 10 – 11
253621369

Gulika	1:39PM – 3:16PM
Yama	10:25AM – 12:02PM
Rahu	7:11AM – 8:48AM

Uttaraphalguni Until 8:10AM Tue
Harshana Until 9:22PM
Vanija Until 5:06AM Tue
Dashami Until 3:52PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Red
Vaisaka•Vaikasi

Sunrise: 5:35AM
Sunset: 6:29PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

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3 Tuesday, May 17, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti* Karana Ekadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 30

Kanya Rasi: 8.5 Tithi 11
253621369

Gulika	12:02PM – 1:39PM
Yama	8:48AM – 10:25AM
Rahu	3:16PM – 4:53PM

Uttaraphalguni Until 8:10AM
Vajra* Until 10:22PM
Visti Until 6:21PM
Ekadashi Until 6:21PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Red
Vaisaka•Vaikasi

Sunrise: 5:34AM
Sunset: 6:30PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 8:10AM
Then Creative Work - Siddha Yoga

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4 Wednesday, May 18, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Siddhi Yoga Bava/Balava Karana Dvadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 31

Kanya Rasi: 20.39 Tithi 12
263721369

Gulika	10:25AM – 12:02PM
Yama	7:11AM – 8:48AM
Rahu	12:02PM – 1:39PM

Hasta Until 11:26AM
Siddhi Until 11:27PM
Bava Until 7:40AM
Dvadashi Until 8:56PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Green
Vaisaka•Vaikasi

Sunrise: 5:34AM
Sunset: 6:30PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Routine Work Marana Yoga
Until 11:26AM
Then Creative Work - Siddha Yoga

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5 Thursday, May 19, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 32

Tula Rasi: 2.27 Tithi 13
263721369

Gulika	8:48AM – 10:25AM
Yama	5:34AM – 7:11AM
Rahu	1:39PM – 3:16PM

Chitra Until 2:32PM
Vyatipata* Until 12:29AM Fri
Kaulava Until 10:14AM
Trayodashi Until 11:27PM
Pradosha Vrata

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Green
Vaisaka•Vaikasi

Sunrise: 5:34AM
Sunset: 6:30PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 2:32PM
Then Creative Work - Amrita Yoga

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6 Friday, May 20, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 33

Tula Rasi: 14.17 Tithi 14
263721369

Gulika	7:11AM – 8:48AM
Yama	3:17PM – 4:54PM
Rahu	10:25AM – 12:02PM

Svati Until 5:19PM
Variyan Until 1:20AM Sat
Gara Until 12:39PM
Chaturdashi* Until 1:45AM Sat

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Green
Vaisaka•Vaikasi

Sunrise: 5:34AM
Sunset: 6:31PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Creative Work Siddha Yoga

○ Saturday, May 21, 2016
Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau

Yangon, Myanmar
Sutra 34

Tula Rasi: 26.13 Tithi 15
273721369

Gulika	5:33AM – 7:11AM
Yama	1:39PM – 3:17PM
Rahu	8:48AM – 10:25AM

Vishakha Until 8:10PM
Parigha* Until 1:58AM Sun
Visti Until 2:50PM
Purnima* Until 3:47AM Sun

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Orange
Vaisaka•Vaikasi

Sunrise: 5:33AM
Sunset: 6:31PM

Durmukha 5118
Moon 4 - Phase 5
Purnima

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Vaikasi Visakam

Sunday, May 22, 2016
Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau

Yangon, Myanmar
Sutra 35

Vrischika Rasi: 8.16 Tithi 16
273721369

Gulika	3:17PM – 4:54PM
Yama	12:02PM – 1:40PM
Rahu	4:54PM – 6:32PM

Anuradha Until 10:33PM
Shiva Until 2:23AM Mon
Balava Until 4:41PM
Prathama* Until 5:28AM Mon

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Orange
Vaisaka•Vaikasi

Sunrise: 5:33AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 5
Prathama

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

Monday, May 23, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Siddha Yoga Taitila Karana Dvitiyayam Titau

Yangon, Myanmar
Sutra 36

Vrischika Rasi: 20.27 Tithi 17

Family Home Evening
Creative Work Siddha Yoga
Until 12:26AM Tue
Then Creative Work - Amrita Yoga

Gulika	1:40PM – 3:17PM	
Yama	10:25AM – 12:02PM	
273721369 Rahu	7:10AM – 8:48AM	

Jyeshtha* Until 12:26AM Tue
Siddha Until 2:29AM Tue
Taitila Until 6:12PM
Dvitiya Until 6:49AM Tue

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Orange
Vaisaka•Vaikasi

Sunrise: 5:33AM
Sunset: 6:32PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

1 Tuesday, May 24, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 37

Dhanus Rasi: 2.46 Tithi 17 – 18

Creative Work Amrita Yoga

Gulika	12:03PM – 1:40PM	
Yama	8:48AM – 10:25AM	
283721369 Rahu	3:17PM – 4:55PM	

Mula* Until 2:18AM Wed
Sadhya Until 2:20AM Wed
Vanija Until 7:22PM
Dvitiya Until 6:49AM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Light Blue
Vaisaka•Vaikasi

Sunrise: 5:33AM
Sunset: 6:32PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Devaloka Day

2 Wednesday, May 25, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 38

Dhanus Rasi: 15.16 Tithi 18 – 19

Creative Work Amrita Yoga
Until 3:38AM Thu
Then Routine Work - Marana Yoga

Gulika	10:25AM – 12:03PM	
Yama	7:10AM – 8:48AM	
383721369 Rahu	12:03PM – 1:40PM	

Purvashadha* Until 3:38AM Thu
Subha Until 1:54AM Thu
Bava Until 8:09PM
Tritiya Until 7:47AM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Vaisaka•Vaikasi

Sunrise: 5:33AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3 Thursday, May 26, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 39

Dhanus Rasi: 27.55 Tithi 19 – 20

Routine Work Marana Yoga

Gulika	8:48AM – 10:25AM	
Yama	5:33AM – 7:10AM	
383721369 Rahu	1:40PM – 3:18PM	

Uttarashadha Until 4:24AM Fri
Sukla Until 1:07AM Fri
Kaulava Until 8:32PM
Chaturthi* Until 8:22AM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Vaisaka•Vaikasi

Sunrise: 5:33AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

4 Friday, May 27, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 40

Makara Rasi: 10.46 Tithi 20 – 21

Routine Work Marana Yoga
Until 5:01AM Sat
Then Creative Work - Siddha Yoga

Gulika	7:10AM – 8:48AM	
Yama	3:18PM – 4:56PM	
393731369 Rahu	10:25AM – 12:03PM	

Shravana Until 5:01AM Sat
Brahma Until 11:59PM
Gara Until 8:27PM
Panchami Until 8:32AM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – Purple
Vaisaka•Vaikasi

Sunrise: 5:32AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

5 Saturday, May 28, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 41

Makara Rasi: 23.52 Tithi 21 – 22

Creative Work Siddha Yoga

Gulika	5:32AM – 7:10AM	
Yama	1:41PM – 3:18PM	
393731369 Rahu	8:48AM – 10:25AM	

Dhanishtha Until 4:59AM Sun
Indra Until 10:27PM
Visti Until 7:54PM
Shashthi* Until 8:13AM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – Purple
Vaisaka•Vaikasi

Sunrise: 5:32AM
Sunset: 6:34PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

Sunday, May 29, 2016
Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 42

Kumbha Rasi: 7.14 Tithi 22 – 23

Creative Work Siddha Yoga
Until 4:15AM Mon
Then Routine Work - Marana Yoga

Gulika	3:19PM – 4:56PM	
Yama	12:03PM – 1:41PM	
393731369 Rahu	4:56PM – 6:34PM	

Shatabhishak Until 4:15AM Mon
Vaidhriti* Until 8:29PM
Balava Until 6:48PM
Saptami Until 7:24AM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – Purple
Vaisaka•Vaikasi

Sunrise: 5:32AM
Sunset: 6:34PM

Durmukha 5118
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Monday, May 30, 2016
Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshthapada* Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 43

Kumbha Rasi: 20.55 Tithi 23 – 24

Family Home Evening
Routine Work Marana Yoga
Until 3:17AM Tue
Then Creative Work - Amrita Yoga

Gulika	1:41PM – 3:19PM	
Yama	10:25AM – 12:03PM	
314731369 Rahu	7:10AM – 8:48AM	

Purvaproshthapada* Until 3:17AM Tue
Vishkambha* Until 6:04PM
Gara Until 4:06AM Tue
Ashtami* Until 6:01AM

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
Moon – Clear
Vaisaka•Vaikasi

Sunrise: 5:32AM
Sunset: 6:34PM

Durmukha 5118
Moon 5 - Phase 6
Navami

Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1 Tuesday, May 31, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshthapada Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau

Yangon, Myanmar
Sun 8 Sutra 44

Meena Rasi: 4.56 Tithi 25

Gulika 12:03PM – 1:41PM
Yama 8:48AM – 10:26AM
314731369 Rahu 3:19PM – 4:57PM

Uttaraproshthapada Until 1:39AM Wed
Priti Until 3:14PM
Vanija Until 2:57PM
Dashami Until 1:40AM Wed

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
Moon – Clear
Vaisaka•Vaikasi

Sunrise: *5:32AM*
Sunset: *6:35PM*

Durmukha 5118
Moon 5 - Phase 7
2nd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 1:39AM Wed
Then Routine Work - Marana Yoga

2 Wednesday, June 1, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau

Yangon, Myanmar
Sun 9 Sutra 45

Meena Rasi: 19.17 Tithi 26

Gulika 10:26AM – 12:04PM
Yama 7:10AM – 8:48AM
314731369 Rahu 12:04PM – 1:41PM

Revati Until 11:27PM
Ayushman Until 11:59AM
Bava Until 12:18PM
Ekadashi* Until 10:48PM

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
Moon – Clear
Vaisaka•Vaikasi

Sunrise: *5:32AM*
Sunset: *6:35PM*

Durmukha 5118
Moon 5 - Phase 7
2nd Phase

Devaloka Day

Routine Work Marana Yoga

3 Thursday, June 2, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau

Yangon, Myanmar
Sun 10 Sutra 46

Mesha Rasi: 3.56 Tithi 27

Gulika 8:48AM – 10:26AM
Yama 5:32AM – 7:10AM
324731369 Rahu 1:42PM – 3:19PM

Ashvini Until 9:12PM
Saubhagya Until 8:25AM
Kaulava Until 9:15AM
Dvadashi* Until 7:37PM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – White
Vaisaka•Vaikasi

Sunrise: *5:32AM*
Sunset: *6:35PM*

Durmukha 5118
Moon 5 - Phase 7
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga
Until 9:12PM
Then Creative Work - Siddha Yoga

4 Friday, June 3, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 11 Sutra 47

Mesha Rasi: 18.47 Tithi 28 – 29

Gulika 7:10AM – 8:48AM
Yama 3:20PM – 4:58PM
324731369 Rahu 10:26AM – 12:04PM

Bharani Until 6:38PM
Athiganda* Until 12:46AM Sat
Visti Until 2:32AM Sat
Trayodashi* Until 4:14PM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – White
Vaisaka•Vaikasi

Sunrise: *5:32AM*
Sunset: *6:36PM*

Durmukha 5118
Moon 5 - Phase 7
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Pradosha Vrata (Fasting)

Creative Work Siddha Yoga

● Saturday, June 4, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Yangon, Myanmar
Sun 12 Sutra 48

Vrishabha Rasi: 3.44 Tithi 29 – 30

Gulika 5:32AM – 7:10AM
Yama 1:42PM – 3:20PM
324731369 Rahu 8:48AM – 10:26AM

Krittika Until 3:54PM
Sukarma Until 8:54PM
Catuspada Until 11:08PM
Chaturdashi* Until 12:48PM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – White
Vaisaka•Vaikasi

Sunrise: *5:32AM*
Sunset: *6:36PM*

Durmukha 5118
Moon 5 - Phase 7
Amavasya

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Sunday, June 5, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Yangon, Myanmar
Sun 13 Sutra 49

Vrishabha Rasi: 18.39 Tithi 30 – 1

Gulika 3:20PM – 4:58PM
Yama 12:04PM – 1:42PM
334731361 Rahu 4:58PM – 6:36PM

Rohini Until 1:34PM
Dhriti Until 5:11PM
Kintughna Until 7:57PM
Amavasya* Until 9:30AM

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Vaikasi

Sunrise: *5:32AM*
Sunset: *6:36PM*

Durmukha 5118
Moon 5 - Phase 7
Prathama

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1 Monday, June 6, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sun 14 Sutra 50

Mithuna Rasi: 3.22 Tithi 1 – 2
Family Home Evening
Creative Work Amrita Yoga
Until 11:26AM
Then Creative Work - Siddha Yoga

Gulika	1:42PM – 3:21PM	Mrigashira Until 11:26AM
Yama	10:26AM – 12:04PM	Shula* Until 1:44PM
334731361 Rahu	7:10AM – 8:48AM	Kaulava Until 3:52AM Tue
		Prathama* Until 6:28AM

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Vaikasi

Sunrise: 5:32AM
Sunset: 6:37PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2 Tuesday, June 7, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Ganda*/Vriddhi Yoga Taitila/Gara Karana Tritiyayam Titau

Yangon, Myanmar
Sun 15 Sutra 51

Mithuna Rasi: 17.46 Tithi 3
Routine Work Marana Yoga
Until 9:38AM
Then Creative Work - Siddha Yoga

Gulika	12:05PM – 1:43PM	Ardra Until 9:38AM
Yama	8:48AM – 10:26AM	Ganda* Until 10:43AM
334731361 Rahu	3:21PM – 4:59PM	Taitila Until 2:49PM
		Tritiya Until 1:53AM Wed

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Vaikasi

Sunrise: 5:32AM
Sunset: 6:37PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

3 Wednesday, June 8, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau

Yangon, Myanmar
Sun 16 Sutra 52

Kataka Rasi: 1.44 Tithi 4
Creative Work Siddha Yoga

Gulika	10:27AM – 12:05PM	Punarvasu Until 8:46AM
Yama	7:10AM – 8:48AM	Vriddhi Until 8:15AM
344731361 Rahu	12:05PM – 1:43PM	Vanija Until 1:11PM
		Chaturthi* Until 12:38AM Thu

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Blue
Jyeshtha•Vaikasi

Sunrise: 5:32AM
Sunset: 6:37PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

4 Thursday, June 9, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau

Yangon, Myanmar
Sun 17 Sutra 53

Kataka Rasi: 15.16 Tithi 5
Creative Work Amrita Yoga
Until 8:31AM
Then Creative Work - Siddha Yoga

Gulika	8:49AM – 10:27AM	Pushya Until 8:31AM
Yama	5:32AM – 7:10AM	Dhruva Until 6:22AM
344731361 Rahu	1:43PM – 3:21PM	Bava Until 12:20PM
		Panchami Until 12:13AM Fri

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Blue
Jyeshtha•Vaikasi

Sunrise: 5:32AM
Sunset: 6:38PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

5 Friday, June 10, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau

Yangon, Myanmar
Sun 18 Sutra 54

Kataka Rasi: 28.2 Tithi 6
Routine Work Marana Yoga

Gulika	7:11AM – 8:49AM	Ashlesha* Until 8:57AM
Yama	3:22PM – 5:00PM	Harshana Until 4:41AM Sat
344731361 Rahu	10:27AM – 12:05PM	Kaulava Until 12:21PM
		Shashthi* Until 12:39AM Sat

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Blue
Jyeshtha•Vaikasi

Sunrise: 5:32AM
Sunset: 6:38PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

6 Saturday, June 11, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau

Yangon, Myanmar
Sun 19 Sutra 55

Simha Rasi: 10.59 Tithi 7
Creative Work Amrita Yoga
Until 10:31AM
Then Creative Work - Siddha Yoga

Gulika	5:32AM – 7:11AM	Magha* Until 10:31AM
Yama	1:44PM – 3:22PM	Vajra* Until 4:46AM Sun
355731361 Rahu	8:49AM – 10:27AM	Gara Until 1:11PM
		Saptami Until 1:52AM Sun

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Red
Jyeshtha•Vaikasi

Sunrise: 5:32AM
Sunset: 6:38PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Sivaloka Day

Sunday, June 12, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 20 Sutra 56

Simha Rasi: 23.17 Tithi 8
Creative Work Siddha Yoga
Until 12:39PM
Then Creative Work - Amrita Yoga

Gulika	3:22PM – 5:00PM	Purvaphalguni Until 12:39PM
Yama	12:06PM – 1:44PM	Siddhi Until 5:20AM Mon
355831361 Rahu	5:00PM – 6:39PM	Visti Until 2:46PM
		Ashtami* Until 3:44AM Mon

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Jyeshtha•Vaikasi

Sunrise: 5:33AM
Sunset: 6:39PM

Durmukha 5118
Moon 5 - Phase 8
Ashtami
Devaloka Day

Monday, June 13, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau

Yangon, Myanmar
Sun 21 Sutra 57

Kanya Rasi: 5.21 Tithi 9
Family Home Evening
Creative Work Siddha Yoga

Gulika	1:44PM – 3:22PM	Uttaraphalguni Until 3:09PM
Yama	10:27AM – 12:06PM	Vyatipata* Until 6:14AM Tue
355831361 Rahu	7:11AM – 8:49AM	Balava Until 4:52PM
		Navami* Until 6:02AM Tue

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Jyeshtha•Vaikasi

Sunrise: 5:33AM
Sunset: 6:39PM

Durmukha 5118
Moon 5 - Phase 8
Navami
Devaloka Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1 Tuesday, June 14, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 22 Sutra 58

Kanya Rasi: 17.15 Tithi 9 – 10
365831361

Gulika	12:06PM – 1:44PM
Yama	8:49AM – 10:28AM
Rahu	3:23PM – 5:01PM

Hasta Until 6:18PM
Vyatipata* Until 6:14AM
Taitila Until 7:18PM
Navami* Until 6:02AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Jyeshtha•Ani

Sunrise: 5:33AM
Sunset: 6:39PM

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

2 Wednesday, June 15, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 23 Sutra 59

Kanya Rasi: 29.05 Tithi 10 – 11
365831361

Gulika	10:28AM – 12:06PM
Yama	7:11AM – 8:50AM
Rahu	12:06PM – 1:44PM

Chitra Until 9:22PM
Variyan Until 7:15AM
Vanija Until 9:48PM
Dashami Until 8:32AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Jyeshtha•Ani

Sunrise: 5:33AM
Sunset: 6:39PM

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3 Thursday, June 16, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
Svati Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 60

Tula Rasi: 10.55 Tithi 11 – 12
365831361

Gulika	8:50AM – 10:28AM
Yama	5:33AM – 7:11AM
Rahu	1:45PM – 3:23PM

Svati Until 12:08AM Fri
Parigha* Until 8:16AM
Bava Until 12:09AM Fri
Ekadashi Until 10:59AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Jyeshtha•Ani

Sunrise: 5:33AM
Sunset: 6:40PM

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga
Until 12:08AM Fri
Then Creative Work - Siddha Yoga

4 Friday, June 17, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 25 Sutra 61

Tula Rasi: 22.5 Tithi 12 – 13
375831361

Gulika	7:12AM – 8:50AM
Yama	3:23PM – 5:02PM
Rahu	10:28AM – 12:07PM

Vishakha Until 2:57AM Sat
Shiva Until 9:08AM
Kaulava Until 2:13AM Sat
Dvadashi Until 1:12PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Orange
Jyeshtha•Ani

Sunrise: 5:33AM
Sunset: 6:40PM

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Pradosha Vrata

5 Saturday, June 18, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 26 Sutra 62

Vrischika Rasi: 4.52 Tithi 13 – 14
375831361

Gulika	5:33AM – 7:12AM
Yama	1:45PM – 3:23PM
Rahu	8:50AM – 10:28AM

Anuradha Until 5:14AM Sun
Siddha Until 9:44AM
Gara Until 3:54AM Sun
Trayodashi Until 3:06PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Orange
Jyeshtha•Ani

Sunrise: 5:33AM
Sunset: 6:40PM

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 5:14AM Sun
Then Routine Work - Marana Yoga

6 Sunday, June 19, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Yangon, Myanmar
Sun 27 Sutra 63

Vrischika Rasi: 17.03 Tithi 14 – 15
375831361

Gulika	3:24PM – 5:02PM
Yama	12:07PM – 1:45PM
Rahu	5:02PM – 6:40PM

Jyeshtha* Until 6:56AM Mon
Sadhya Until 10:01AM
Visti Until 5:09AM Mon
Chaturdashi* Until 4:34PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Orange
Jyeshtha•Ani

Sunrise: 5:34AM
Sunset: 6:40PM

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Devaloka Day

Routine Work Marana Yoga
Until 6:56AM Mon
Then Creative Work - Siddha Yoga

Father's Day

○ Monday, June 20, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Yangon, Myanmar
Sutra 64

Vrischika Rasi: 29.25 Tithi 15 – 16
376831361

Gulika	1:46PM – 3:24PM
Yama	10:29AM – 12:07PM
Rahu	7:12AM – 8:51AM

Jyeshtha* Until 6:56AM
Subha Until 9:59AM
Balava Until 5:57AM Tue
Purnima* Until 5:35PM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Orange
Jyeshtha•Ani

Sunrise: 5:34AM
Sunset: 6:41PM

Durmukha 5118
Moon 5 - Phase 9
Purnima

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga

Tuesday, June 21, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava Karana Prathamayam Titau

Yangon, Myanmar
Sutra 65

Dhanus Rasi: 11.59 Tithi 16
386831361

Gulika	12:07PM – 1:46PM
Yama	8:51AM – 10:29AM
Rahu	3:24PM – 5:02PM

Mula* Until 8:31AM
Sukla Until 9:35AM
Kaulava Until 6:10PM
Prathama* Until 6:10PM

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha•Ani

Sunrise: 5:34AM
Sunset: 6:41PM

Durmukha 5118
Moon 5 - Phase 9
Prathama

Devaloka Day

Creative Work Amrita Yoga
Until 8:31AM
Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

Wednesday, June 22, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 66

Dhanus Rasi: 24.46 Tithi 17

Gulika 10:29AM – 12:08PM
Yama 7:13AM – 8:51AM
386831361 Rahu 12:08PM – 1:46PM

Purvashadha* Until 9:32AM
Brahma Until 8:51AM
Taitila Until 6:19AM
Dvitiya Until 6:20PM

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha•Ani

Sunrise: 5:34AM
Sunset: 6:41PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Amrita Yoga

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1 Thursday, June 23, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 67

Makara Rasi: 7.43 Tithi 18

Gulika 8:51AM – 10:30AM
Yama 5:35AM – 7:13AM
386831361 Rahu 1:46PM – 3:25PM

Uttarashadha Until 10:00AM
Indra Until 7:49AM
Vanija Until 6:18AM
Tritiya Until 6:08PM

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha•Ani

Sunrise: 5:35AM
Sunset: 6:41PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 10:00AM
Then Creative Work - Siddha Yoga

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2 Friday, June 24, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 68

Makara Rasi: 20.53 Tithi 19 – 20

Gulika 7:13AM – 8:51AM
Yama 3:25PM – 5:03PM
396831361 Rahu 10:30AM – 12:08PM

Shravana Until 10:25AM
Vaidhriti* Until 6:29AM
Kaulava Until 5:10AM Sat
Chaturthi* Until 5:33PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha•Ani

Sunrise: 5:35AM
Sunset: 6:41PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 10:25AM
Then Creative Work - Siddha Yoga

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3 Saturday, June 25, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 69

Kumbha Rasi: 4.13 Tithi 20 – 21

Gulika 5:35AM – 7:13AM
Yama 1:47PM – 3:25PM
396831361 Rahu 8:52AM – 10:30AM

Dhanishtha Until 10:21AM
Priti Until 2:59AM Sun
Gara Until 4:04AM Sun
Panchami Until 4:38PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha•Ani

Sunrise: 5:35AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 10:21AM
Then Creative Work - Amrita Yoga

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4 Sunday, June 26, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 70

Kumbha Rasi: 17.45 Tithi 21 – 22

Gulika 3:25PM – 5:03PM
Yama 12:08PM – 1:47PM
396831361 Rahu 5:03PM – 6:42PM

Shatabhishak Until 9:47AM
Ayushman Until 12:48AM Mon
Visti Until 2:38AM Mon
Shashthi* Until 3:22PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha•Ani

Sunrise: 5:35AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Monday, June 27, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 71

Meena Rasi: 1.3 Tithi 22 – 23
Family Home Evening

Gulika 1:47PM – 3:25PM
Yama 10:30AM – 12:09PM
316831361 Rahu 7:14AM – 8:52AM

Purvaproshthapada* Until 9:10AM
Saubhagya Until 10:21PM
Balava Until 12:51AM Tue
Saptami Until 1:46PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha•Ani

Sunrise: 5:36AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 10
Ashtami

Sivaloka Day

Routine Work Marana Yoga
Until 9:10AM
Then Creative Work - Siddha Yoga

Tuesday, June 28, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 72

Meena Rasi: 15.27 Tithi 23 – 24

Gulika 12:09PM – 1:47PM
Yama 8:52AM – 10:31AM
317831361 Rahu 3:25PM – 5:04PM

Uttaraproshthapada Until 8:03AM
Sobhana Until 7:38PM
Taitila Until 10:44PM
Ashtami* Until 11:49AM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha•Ani

Sunrise: 5:36AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 10
Navami

Devaloka Day

Creative Work Amrita Yoga
Until 8:03AM
Then Creative Work - Siddha Yoga

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1 Wednesday, June 29, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 8 Sutra 73

Meena Rasi: 29.37 Tithi 24 – 25

Gulika 10:31AM – 12:09PM
Yama 7:14AM – 8:53AM
317831361 Rahu 12:09PM – 1:47PM

Revati Until 6:29AM
Athiganda* Until 4:39PM
Vanija Until 8:19PM
Navami* Until 9:32AM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha•Ani

Sunrise: 5:36AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 11
2nd Phase

Devaloka Day

Routine Work Marana Yoga

2 Thursday, June 30, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Sukarma/Dhriti Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 9 Sutra 74

Mesha Rasi: 13.59 Tithi 25 – 26

Gulika 8:53AM – 10:31AM
Yama 5:36AM – 7:15AM
327831361 Rahu 1:48PM – 3:26PM

Bharani Until 2:59AM Fri
Sukarma Until 1:27PM
Balava Until 4:15AM Fri
Dashami Until 7:00AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – White
Jyeshtha•Ani

Sunrise: 5:36AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 11
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3 Friday, July 1, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau

Yangon, Myanmar
Sun 10 Sutra 75

Mesha Rasi: 28.29 Tithi 27

Gulika 7:15AM – 8:53AM
Yama 3:26PM – 5:04PM
327831361 Rahu 10:31AM – 12:09PM

Krittika Until 12:48AM Sat
Dhriti Until 10:08AM
Kaulava Until 2:51PM
Dvadashi* Until 1:24AM Sat

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – White
Jyeshtha•Ani

Sunrise: 5:37AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 11
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 12:48AM Sat
Then Creative Work - Amrita Yoga

4 Saturday, July 2, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau

Yangon, Myanmar
Sun 11 Sutra 76

Vrishabha Rasi: 13.04 Tithi 28

Gulika 5:37AM – 7:15AM
Yama 1:48PM – 3:26PM
337831361 Rahu 8:53AM – 10:31AM

Rohini Until 10:56PM
Shula* Until 6:44AM
Gara Until 11:59AM
Trayodashi* Until 10:34PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Ani

Sunrise: 5:37AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 11
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Pradosha Vrata (Fasting)

Creative Work Amrita Yoga
Until 10:56PM
Then Creative Work - Siddha Yoga

5 Sunday, July 3, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 12 Sutra 77

Vrishabha Rasi: 27.35 Tithi 29

Gulika 3:26PM – 5:04PM
Yama 12:10PM – 1:48PM
337831361 Rahu 5:04PM – 6:42PM

Mrigashira Until 9:04PM
Vriddhi Until 12:12AM Mon
Visti Until 9:13AM
Chaturdashi* Until 7:54PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Ani

Sunrise: 5:37AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 11
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

● Monday, July 4, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Dhruva Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau

Yangon, Myanmar
Sun 13 Sutra 78

Mithuna Rasi: 11.59 Tithi 30 – 1

Gulika 1:48PM – 3:26PM
Yama 10:32AM – 12:10PM
338831361 Rahu 7:16AM – 8:54AM

Ardra Until 7:22PM
Dhruva Until 9:16PM
Catuspada Until 6:41AM
Amavasya* Until 5:31PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Ani

Sunrise: 5:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 11
Amavasya

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Family Home Evening
Creative Work Siddha Yoga
Until 7:22PM
Then Creative Work - Amrita Yoga

Tuesday, July 5, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sun 14 Sutra 79

Mithuna Rasi: 26.08 Tithi 1 – 2

Gulika 12:10PM – 1:48PM
Yama 8:54AM – 10:32AM
348831361 Rahu 3:26PM – 5:04PM

Punarvasu Until 6:26PM
Vyaghata* Until 6:44PM
Balava Until 2:52AM Wed
Prathama* Until 3:36PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Blue
Ashada•Ani

Sunrise: 5:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 11
Prathama

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Wednesday, July 6, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 15 Sutra 80

Kataka Rasi: 9.56 Tithi 2 – 3

Creative Work Siddha Yoga

448831361

Gulika	10:32AM – 12:10PM
Yama	7:16AM – 8:54AM
Rahu	12:10PM – 1:48PM

Pushya Until 5:57PM
Harshana Until 4:43PM
Taitila Until 1:52AM Thu
Dvitiya Until 2:16PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Blue
Ashada•Ani

Sunrise: *5:38AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2 Thursday, July 7, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 16 Sutra 81

Kataka Rasi: 23.2 Tithi 3 – 4

Creative Work Siddha Yoga
Until 6:01PM
Then Creative Work - Amrita Yoga

448931361

Gulika	8:55AM – 10:33AM
Yama	5:39AM – 7:17AM
Rahu	1:49PM – 3:27PM

Ashlesha* Until 6:01PM
Vajra* Until 3:15PM
Vanija Until 1:37AM Fri
Tritiya Until 1:38PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Blue
Ashada•Ani

Sunrise: *5:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

3 Friday, July 8, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 17 Sutra 82

Simha Rasi: 6.21 Tithi 4 – 5

Routine Work Marana Yoga
Until 7:10PM
Then Creative Work - Siddha Yoga

458931361

Gulika	7:17AM – 8:55AM
Yama	3:27PM – 5:05PM
Rahu	10:33AM – 12:11PM

Magha* Until 7:10PM
Siddhi Until 2:24PM
Bava Until 2:09AM Sat
Chaturthi* Until 1:46PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Red
Ashada•Ani

Sunrise: *5:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

4 Saturday, July 9, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 18 Sutra 83

Simha Rasi: 18.59 Tithi 5 – 6

Creative Work Siddha Yoga
Until 8:53PM
Then Routine Work - Marana Yoga

458931361

Gulika	5:39AM – 7:17AM
Yama	1:49PM – 3:27PM
Rahu	8:55AM – 10:33AM

Purvaphalguni Until 8:53PM
Vyatipata* Until 2:10PM
Kaulava Until 3:24AM Sun
Panchami Until 2:40PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Red
Ashada•Ani

Sunrise: *5:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

5 Sunday, July 10, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 19 Sutra 84

Kanya Rasi: 1.18 Tithi 6 – 7

Creative Work Amrita Yoga

458931361

Gulika	3:27PM – 5:05PM
Yama	12:11PM – 1:49PM
Rahu	5:05PM – 6:42PM

Chidambaram Abhishekam

Uttaraphalguni Until 11:03PM
Variyan Until 2:26PM
Gara Until 5:15AM Mon
Shashthi* Until 4:15PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Red
Ashada•Ani

Sunrise: *5:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

6 Monday, July 11, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Parigha*/Shiva Yoga Vanija Karana Saptamyam Titau

Yangon, Myanmar
Sun 20 Sutra 85

Kanya Rasi: 13.23 Tithi 7
Family Home Evening
Creative Work Siddha Yoga

469931361

Gulika	1:49PM – 3:27PM
Yama	10:33AM – 12:11PM
Rahu	7:18AM – 8:55AM

Hasta Until 1:59AM Tue
Parigha* Until 3:07PM
Vanija Until 6:19PM
Saptami Until 6:19PM

Ganesha: Orange
Muruga: Clear
Nataraja: White
Moon – Green
Ashada•Ani

Sunrise: *5:40AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Devaloka Day

Tuesday, July 12, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 21 Sutra 86

Kanya Rasi: 25.19 Tithi 8

Creative Work Siddha Yoga

469931361

Gulika	12:11PM – 1:49PM
Yama	8:56AM – 10:33AM
Rahu	3:27PM – 5:05PM

Chitra Until 4:57AM Wed
Shiva Until 4:02PM
Visti Until 7:30AM
Ashtami* Until 8:40PM

Ganesha: Orange
Muruga: Clear
Nataraja: White
Moon – Green
Ashada•Ani

Sunrise: *5:40AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 12
Ashtami

Devaloka Day

Wednesday, July 13, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Svati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau

Yangon, Myanmar
Sun 22 Sutra 87

Tula Rasi: 7.1 Tithi 9

Creative Work Siddha Yoga

469931361

Gulika	10:34AM – 12:11PM
Yama	7:18AM – 8:56AM
Rahu	12:11PM – 1:49PM

Svati Until 7:43AM Thu
Siddha Until 4:59PM
Balava Until 9:54AM
Navami* Until 11:04PM

Ganesha: Orange
Muruga: Clear
Nataraja: White
Moon – Green
Ashada•Ani

Sunrise: *5:40AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 12
Navami

Devaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1 Thursday, July 14, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashamyam Titau

Yangon, Myanmar
Sun 23 Sutra 88

Tula Rasi: 19.03 Tithi 10

469931361 Gulika 8:56AM – 10:34AM
Yama 5:41AM – 7:18AM
Rahu 1:49PM – 3:27PM

Svati Until 7:43AM
Sadhya Until 5:52PM
Taitila Until 12:13PM
Dashami Until 1:17AM Fri

Ganesha: Orange
Muruga: Clear
Nataraja: White
Moon – Green
Ashada•Ani

Sunrise: *5:41AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 7:43AM
Then Creative Work - Siddha Yoga

2 Friday, July 15, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 89

Vrischika Rasi: 1.01 Tithi 11

479931361 Gulika 7:19AM – 8:56AM
Yama 3:27PM – 5:04PM
Rahu 10:34AM – 12:12PM

Vishakha Until 10:35AM
Subha Until 6:31PM
Vanija Until 2:17PM
Ekadashi Until 3:09AM Sat

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Orange
Ashada•Ani

Sunrise: *5:41AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3 Saturday, July 16, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 90

Vrischika Rasi: 13.08 Tithi 12

479931361 Gulika 5:41AM – 7:19AM
Yama 1:49PM – 3:27PM
Rahu 8:57AM – 10:34AM

Anuradha Until 12:55PM
Sukla Until 6:49PM
Bava Until 3:56PM
Dvadashi Until 4:33AM Sun

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Orange
Ashada•Adi

Sunrise: *5:41AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4 Sunday, July 17, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 91

Vrischika Rasi: 25.26 Tithi 13

479931362 Gulika 3:27PM – 5:04PM
Yama 12:12PM – 1:49PM
Rahu 5:04PM – 6:42PM

Jyeshtha* Until 2:35PM
Brahma Until 6:43PM
Kaulava Until 5:04PM
Trayodashi Until 5:25AM Mon

Pradosha Vrata

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon – Orange
Ashada•Adi

Sunrise: *5:42AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Devaloka Day

Routine Work Marana Yoga
Until 2:35PM
Then Creative Work - Amrita Yoga

5 Monday, July 18, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 92

Dhanus Rasi: 7.59 Tithi 14

489931362 Gulika 1:49PM – 3:27PM
Yama 10:34AM – 12:12PM
Rahu 7:19AM – 8:57AM

Mula* Until 4:03PM
Indra Until 6:12PM
Gara Until 5:40PM
Chaturdashi* Until 5:44AM Tue

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Ashada•Adi

Sunrise: *5:42AM*
Sunset: *6:41PM*

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 4:03PM
Then Routine Work - Marana Yoga

○ Tuesday, July 19, 2016
Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau

Yangon, Myanmar
Sutra 93

Dhanus Rasi: 20.47 Tithi 15

481931362 Gulika 12:12PM – 1:49PM
Yama 8:57AM – 10:34AM
Rahu 3:27PM – 5:04PM

Purvashadha* Until 4:50PM
Vaidhriti* Until 5:14PM
Visti Until 5:42PM
Purnima* Until 5:31AM Wed

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Ashada•Adi

Sunrise: *5:42AM*
Sunset: *6:41PM*

Durmukha 5118
Moon 6 - Phase 13
Purnima

Subha Sivaloka Day

Satguru Purnima

Creative Work Siddha Yoga
Until 4:50PM
Then Routine Work - Prabalarishta Yoga

Wednesday, July 20, 2016
Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Prathamayam Titau

Yangon, Myanmar
Sutra 94

Makara Rasi: 3.52 Tithi 16

481931362 Gulika 10:35AM – 12:12PM
Yama 7:20AM – 8:57AM
Rahu 12:12PM – 1:49PM

Uttarashadha Until 4:57PM
Vishkambha* Until 3:52PM
Balava Until 5:15PM
Prathama* Until 4:50AM Thu

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Ashada•Adi

Sunrise: *5:43AM*
Sunset: *6:41PM*

Durmukha 5118
Moon 6 - Phase 13
Prathama

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 4:57PM
Then Creative Work - Siddha Yoga

Thursday, July 21, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sutra 95

Makara Rasi: 17.11 Tithi 17

Gulika 8:57AM – 10:35AM
Yama 5:43AM – 7:20AM
491931362 Rahu 1:49PM – 3:26PM

Shravana Until 4:56PM
Priti Until 2:10PM
Taitila Until 4:21PM
Dvitiya Until 3:44AM Fri

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sunrise: 5:43AM
Sunset: 6:41PM

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

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1 Friday, July 22, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 96

Kumbha Rasi: 0.43 Tithi 18

Gulika 7:20AM – 8:58AM
Yama 3:26PM – 5:03PM
491931362 Rahu 10:35AM – 12:12PM

Dhanishtha Until 4:25PM
Ayushman Until 12:08PM
Vanija Until 3:05PM
Tritiya Until 2:19AM Sat

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sunrise: 5:43AM
Sunset: 6:41PM

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

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2 Saturday, July 23, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 97

Kumbha Rasi: 14.27 Tithi 19

Gulika 5:44AM – 7:21AM
Yama 1:49PM – 3:26PM
491931362 Rahu 8:58AM – 10:35AM

Shatabhishak Until 3:27PM
Saubhagya Until 9:52AM
Bava Until 1:31PM
Chaturthi* Until 12:38AM Sun

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sunrise: 5:44AM
Sunset: 6:40PM

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 3:27PM
Then Routine Work - Marana Yoga

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3 Sunday, July 24, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 98

Kumbha Rasi: 28.2 Tithi 20

Gulika 3:26PM – 5:03PM
Yama 12:12PM – 1:49PM
411931362 Rahu 5:03PM – 6:40PM

Purvaproshthapada* Until 2:34PM
Sobhana Until 7:26AM
Kaulava Until 11:44AM
Panchami Until 10:45PM

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sunrise: 5:44AM
Sunset: 6:40PM

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 2:34PM
Then Creative Work - Amrita Yoga

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4 Monday, July 25, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 99

Meena Rasi: 12.2 Tithi 21
Family Home Evening

Gulika 1:49PM – 3:26PM
Yama 10:35AM – 12:12PM
411931362 Rahu 7:21AM – 8:58AM

Uttaraproshthapada Until 1:22PM
Sukarma Until 2:06AM Tue
Gara Until 9:47AM
Shashthi* Until 8:44PM

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sunrise: 5:44AM
Sunset: 6:40PM

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

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5 Tuesday, July 26, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 100

Meena Rasi: 26.25 Tithi 22

Gulika 12:12PM – 1:49PM
Yama 8:58AM – 10:35AM
411931362 Rahu 3:26PM – 5:03PM

Revati Until 11:55AM
Dhriti Until 11:18PM
Visti Until 7:41AM
Saptami Until 6:36PM

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sunrise: 5:45AM
Sunset: 6:39PM

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, July 27, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 6 Sutra 101

Mesha Rasi: 10.35 Tithi 23 – 24

Gulika 10:35AM – 12:12PM
Yama 7:22AM – 8:58AM
421931362 Rahu 12:12PM – 1:49PM

Ashvini Until 10:38AM
Shula* Until 8:25PM
Taitila Until 3:16AM Thu
Ashtami* Until 4:22PM

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon – White
Ashada•Adi

Sunrise: 5:45AM
Sunset: 6:39PM

Durmukha 5118
Moon 7 - Phase 14
Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga
Until 10:38AM
Then Creative Work - Siddha Yoga

Thursday, July 28, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 7 Sutra 102

Mesha Rasi: 24.46 Tithi 24 – 25

Gulika 8:59AM – 10:35AM
Yama 5:45AM – 7:22AM
421931362 Rahu 1:49PM – 3:25PM

Bharani Until 9:10AM
Ganda* Until 5:32PM
Vanija Until 12:59AM Fri
Navami* Until 2:06PM

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon – White
Ashada•Adi

Sunrise: 5:45AM
Sunset: 6:39PM

Durmukha 5118
Moon 7 - Phase 14
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 9:10AM
Then Routine Work - Marana Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1 Friday, July 29, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 8 Sutra 103

Vrishabha Rasi: 8.59 Tithi 25 – 26

Gulika 7:22AM – 8:59AM
Yama 3:25PM – 5:02PM
422931362 Rahu 10:35AM – 12:12PM

Krittika Until 7:33AM
Vriddhi Until 2:39PM
Bava Until 10:44PM
Dashami Until 11:50AM

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon – White
Ashada•Adi

Sunrise: *5:45AM*
Sunset: *6:38PM*

Durmukha 5118
Moon 7 - Phase 15
2nd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 7:33AM
Then Routine Work - Marana Yoga

2 Saturday, July 30, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 9 Sutra 104

Vrishabha Rasi: 23.1 Tithi 26 – 27

Gulika 5:46AM – 7:22AM
Yama 1:48PM – 3:25PM
432931362 Rahu 8:59AM – 10:35AM

Rohini Until 6:15AM
Dhruva Until 11:48AM
Kaulava Until 8:35PM
Ekadashi* Until 9:38AM

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashada•Adi

Sunrise: *5:46AM*
Sunset: *6:38PM*

Durmukha 5118
Moon 7 - Phase 15
2nd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:15AM
Then Creative Work - Siddha Yoga

3 Sunday, July 31, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 10 Sutra 105

Mithuna Rasi: 7.16 Tithi 27 – 28

Gulika 3:25PM – 5:01PM
Yama 12:12PM – 1:48PM
432131362 Rahu 5:01PM – 6:38PM

Ardra Until 3:43AM Mon
Vyaghata* Until 9:05AM
Gara Until 6:38PM
Dvadashi* Until 7:34AM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashada•Adi

Sunrise: *5:46AM*
Sunset: *6:38PM*

Durmukha 5118
Moon 7 - Phase 15
2nd Phase

Devaloka Day

Pradosha Vrata (Fasting)

Creative Work Siddha Yoga
Until 3:43AM Mon
Then Creative Work - Amrita Yoga

4 Monday, August 1, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 11 Sutra 106

Mithuna Rasi: 21.13 Tithi 29

Gulika 1:48PM – 3:25PM
Yama 10:35AM – 12:12PM
442131362 Rahu 7:23AM – 8:59AM

Punarvasu Until 3:07AM Tue
Harshana Until 6:34AM
Visti Until 4:57PM
Chaturdashi* Until 4:15AM Tue

Ganesha: Light Blue
Muruga: Clear
Nataraja: Clear
Moon – Blue
Ashada•Adi

Sunrise: *5:46AM*
Sunset: *6:37PM*

Durmukha 5118
Moon 7 - Phase 15
2nd Phase

Devaloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 3:07AM Tue
Then Creative Work - Siddha Yoga

● Tuesday, August 2, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Yangon, Myanmar
Sun 12 Sutra 107

Kataka Rasi: 4.58 Tithi 30

Gulika 12:12PM – 1:48PM
Yama 8:59AM – 10:35AM
442131362 Rahu 3:24PM – 5:01PM

Pushya Until 2:48AM Wed
Siddhi Until 2:28AM Wed
Catuspada Until 3:41PM
Amavasya* Until 3:13AM Wed

Ganesha: Light Blue
Muruga: Clear
Nataraja: Clear
Moon – Blue
Ashada•Adi

Sunrise: *5:47AM*
Sunset: *6:37PM*

Durmukha 5118
Moon 7 - Phase 15
Amavasya

Devaloka Day

Creative Work Siddha Yoga

Wednesday, August 3, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau

Yangon, Myanmar
Sun 13 Sutra 108

Kataka Rasi: 18.26 Tithi 1

Gulika 10:35AM – 12:12PM
Yama 7:23AM – 8:59AM
442131362 Rahu 12:12PM – 1:48PM

Ashlesha* Until 2:54AM Thu
Vyatipata* Until 1:03AM Thu
Kintughna Until 2:55PM
Prathama* Until 2:44AM Thu

Ganesha: Light Blue
Muruga: Clear
Nataraja: Clear
Moon – Blue
Sravana•Adi

Sunrise: *5:47AM*
Sunset: *6:36PM*

Durmukha 5118
Moon 7 - Phase 15
Prathama

Devaloka Day

Creative Work Siddha Yoga
Until 2:54AM Thu
Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1 Thursday, August 4, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 14 Sutra 109

Simha Rasi: 1.35 Tithi 2

Gulika 8:59AM – 10:35AM
Yama 5:47AM – 7:23AM
452131362 Rahu 1:48PM – 3:24PM

Magha* Until 3:55AM Fri
Variyan Until 12:07AM Fri
Balava Until 2:45PM
Dvitiya Until 2:54AM Fri

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Red
Sravana•Adi

Sunrise: 5:47AM
Sunset: 6:36PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 3:55AM Fri
Then Creative Work - Siddha Yoga

2 Friday, August 5, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau

Yangon, Myanmar
Sun 15 Sutra 110

Simha Rasi: 14.25 Tithi 3

Gulika 7:23AM – 8:59AM
Yama 3:23PM – 4:59PM
452131362 Rahu 10:35AM – 12:11PM

Purvaphalguni Until 5:25AM Sat
Parigha* Until 11:43PM
Taitila Until 3:15PM
Tritiya Until 3:43AM Sat

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Red
Sravana•Adi

Sunrise: 5:47AM
Sunset: 6:36PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 5:25AM Sat
Then Routine Work - Marana Yoga

3 Saturday, August 6, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau

Yangon, Myanmar
Sun 16 Sutra 111

Simha Rasi: 26.57 Tithi 4

Gulika 5:48AM – 7:24AM
Yama 1:47PM – 3:23PM
452131362 Rahu 8:59AM – 10:35AM

Uttaraphalguni Until 7:21AM Sun
Shiva Until 11:49PM
Vanija Until 4:23PM
Chaturthi* Until 5:09AM Sun

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Red
Sravana•Adi

Sunrise: 5:48AM
Sunset: 6:35PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 7:21AM Sun
Then Creative Work - Amrita Yoga

4 Sunday, August 7, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Siddha Yoga Bava Karana Panchamyam Titau

Yangon, Myanmar
Sun 17 Sutra 112

Kanya Rasi: 9.13 Tithi 5

Gulika 3:23PM – 4:59PM
Yama 12:11PM – 1:47PM
452141362 Rahu 4:59PM – 6:35PM

Uttaraphalguni Until 7:21AM
Siddha Until 12:17AM Mon
Bava Until 6:05PM
Panchami Until 7:04AM Mon

Ganesha: Purple
Muruga: Purple
Nataraja: Clear
Moon – Red
Sravana•Adi

Sunrise: 5:48AM
Sunset: 6:35PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

5 Monday, August 8, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 18 Sutra 113

Kanya Rasi: 21.17 Tithi 5 – 6
Family Home Evening

Gulika 1:47PM – 3:23PM
Yama 10:35AM – 12:11PM
462141362 Rahu 7:24AM – 9:00AM

Hasta Until 10:05AM
Sadhya Until 1:04AM Tue
Kaulava Until 8:12PM
Panchami Until 7:04AM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Green
Sravana•Adi

Sunrise: 5:48AM
Sunset: 6:34PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 10:05AM
Nag Panchami
Then Routine Work - Prabalarishta Yoga

6 Tuesday, August 9, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 19 Sutra 114

Tula Rasi: 3.13 Tithi 6 – 7

Gulika 12:11PM – 1:47PM
Yama 9:00AM – 10:35AM
462141362 Rahu 3:22PM – 4:58PM

Chitra Until 12:56PM
Subha Until 2:00AM Wed
Gara Until 10:33PM
Shashthi* Until 9:20AM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Green
Sravana•Adi

Sunrise: 5:48AM
Sunset: 6:34PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Creative Work Siddha Yoga

Wednesday, August 10, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 20 Sutra 115

Tula Rasi: 15.06 Tithi 7 – 8

Gulika 10:35AM – 12:11PM
Yama 7:24AM – 9:00AM
462141362 Rahu 12:11PM – 1:46PM

Svati Until 3:43PM
Sukla Until 2:53AM Thu
Visti Until 12:55AM Thu
Saptami Until 11:43AM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Green
Sravana•Adi

Sunrise: 5:49AM
Sunset: 6:33PM

Durmukha 5118
Moon 7 - Phase 16
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Thursday, August 11, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 21 Sutra 116

Tula Rasi: 26.59 Tithi 8 – 9

Gulika 9:00AM – 10:35AM
Yama 5:49AM – 7:24AM
473141362 Rahu 1:46PM – 3:22PM

Vishakha Until 6:43PM
Brahma Until 3:38AM Fri
Balava Until 3:05AM Fri
Ashtami* Until 2:01PM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Orange
Sravana•Adi

Sunrise: 5:49AM
Sunset: 6:32PM

Durmukha 5118
Moon 7 - Phase 16
Navami

Devaloka Day

Creative Work Siddha Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Friday, August 12, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 22 Sutra 117

Vrischika Rasi: 8.58 Tithi 9 – 10

473141362

Gulika 7:24AM – 9:00AM
Yama 3:21PM – 4:57PM
Rahu 10:35AM – 12:10PM

Anuradha Until 9:14PM
Indra Until 4:07AM Sat
Taitila Until 4:52AM Sat
Navami* Until 4:01PM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Orange
Sravana•Adi

Sunrise: 5:49AM
Sunset: 6:32PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 9:14PM
Then Routine Work - Marana Yoga

Varalakshmi Vratham

2 Saturday, August 13, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 23 Sutra 118

Vrischika Rasi: 21.07 Tithi 10 – 11

473141362

Gulika 5:49AM – 7:24AM
Yama 1:46PM – 3:21PM
Rahu 9:00AM – 10:35AM

Jyeshtha* Until 11:07PM
Vaidhriti* Until 4:09AM Sun
Vanija Until 6:08AM Sun
Dashami Until 5:34PM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Orange
Sravana•Adi

Sunrise: 5:49AM
Sunset: 6:31PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Devaloka Day

Creative Work Siddha Yoga

3 Sunday, August 14, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 119

Dhanus Rasi: 3.29 Tithi 11

483141362

Gulika 3:20PM – 4:56PM
Yama 12:10PM – 1:45PM
Rahu 4:56PM – 6:31PM

Mula* Until 12:44AM Mon
Vishkambha* Until 3:43AM Mon
Vanija Until 6:08AM
Ekadashi Until 6:32PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Sravana•Adi

Sunrise: 5:49AM
Sunset: 6:31PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 12:44AM Mon
Then Routine Work - Marana Yoga

4 Monday, August 15, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 120

Dhanus Rasi: 16.07 Tithi 12

483141362

Gulika 1:45PM – 3:20PM
Yama 10:35AM – 12:10PM
Rahu 7:25AM – 9:00AM

Purvashadha* Until 1:34AM Tue
Priti Until 2:48AM Tue
Bava Until 6:47AM
Dvadashi Until 6:51PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Sravana•Adi

Sunrise: 5:50AM
Sunset: 6:30PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Sivaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 1:34AM Tue
Then Routine Work - Prabalarishta Yoga

5 Tuesday, August 16, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 121

Dhanus Rasi: 29.04 Tithi 13

483141362

Gulika 12:10PM – 1:45PM
Yama 9:00AM – 10:35AM
Rahu 3:20PM – 4:55PM

Uttarashadha Until 1:36AM Wed
Ayushman Until 1:19AM Wed
Kaulava Until 6:46AM
Trayodashi Until 6:30PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Sravana•Avani

Sunrise: 5:50AM
Sunset: 6:29PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Sivaloka Day

Pradosha Vrata

Routine Work Prabalarishta Yoga
Until 1:36AM Wed
Then Creative Work - Siddha Yoga

6 Wednesday, August 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Saubhagya Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau

Yangon, Myanmar
Sun 27 Sutra 122

Makara Rasi: 12.22 Tithi 14 – 15

593141362

Gulika 10:35AM – 12:09PM
Yama 7:25AM – 9:00AM
Rahu 12:09PM – 1:44PM

Shravana Until 1:20AM Thu
Saubhagya Until 11:22PM
Gara Until 6:07AM
Chaturdashi* Until 5:32PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Purple
Sravana•Avani

Sunrise: 5:50AM
Sunset: 6:29PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Sivaloka Day

Creative Work Siddha Yoga

○ Thursday, August 18, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Yangon, Myanmar
Sutra 123

Makara Rasi: 26 Tithi 15 – 16

593141362

Gulika 9:00AM – 10:34AM
Yama 5:50AM – 7:25AM
Rahu 1:44PM – 3:19PM

Dhanishtha Until 12:24AM Fri
Sobhana Until 9:00PM
Balava Until 3:07AM Fri
Purnima* Until 4:01PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Purple
Sravana•Avani

Sunrise: 5:50AM
Sunset: 6:28PM

Durmukha 5118
Moon 7 - Phase 17
Purnima

Sivaloka Day

Creative Work Siddha Yoga

Raksha Bandhan

Friday, August 19, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 124

Kumbha Rasi: 9.55 Tithi 16 – 17

593141362

Gulika 7:25AM – 9:00AM
Yama 3:18PM – 4:53PM
Rahu 10:34AM – 12:09PM

Shatabhishak Until 10:56PM
Athiganda* Until 6:16PM
Taitila Until 12:59AM Sat
Prathama* Until 2:04PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Purple
Sravana•Avani

Sunrise: 5:50AM
Sunset: 6:28PM

Durmukha 5118
Moon 7 - Phase 17
Prathama

Sivaloka Day

Creative Work Siddha Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Saturday, August 20, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshthapada* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 125

Kumbha Rasi: 24.05 Tithi 17 – 18

513141362

Gulika	5:51AM – 7:25AM
Yama	1:43PM – 3:18PM
Rahu	9:00AM – 10:34AM

Purvaproshthapada* Until 9:29PM
Sukarma Until 3:18PM
Vanija Until 10:35PM
Dvitiya Until 11:47AM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Clear
Sravana•Avani

Sunrise: 5:51AM
Sunset: 6:27PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 9:29PM
Then Creative Work - Siddha Yoga

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1 Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshthapada Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 126

Meena Rasi: 8.25 Tithi 18 – 19

513141362

Gulika	3:17PM – 4:52PM
Yama	12:08PM – 1:43PM
Rahu	4:52PM – 6:26PM

Uttaraproshthapada Until 7:43PM
Dhriti Until 12:12PM
Bava Until 8:02PM
Tritiya Until 9:18AM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Clear
Sravana•Avani

Sunrise: 5:51AM
Sunset: 6:26PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Creative Work Amrita Yoga

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2 Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 127

Meena Rasi: 22.5 Tithi 19 – 20

513141362

Gulika	1:43PM – 3:17PM
Yama	10:34AM – 12:08PM
Rahu	7:25AM – 9:00AM

Revati Until 5:46PM
Shula* Until 8:59AM
Taitila Until 4:07AM Tue
Chaturthi* Until 6:43AM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Clear
Sravana•Avani

Sunrise: 5:51AM
Sunset: 6:26PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga

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3 Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 128

Mesha Rasi: 7.14 Tithi 21

523141362

Gulika	12:08PM – 1:42PM
Yama	9:00AM – 10:34AM
Rahu	3:16PM – 4:51PM

Ashvini Until 4:09PM
Vriddhi Until 2:42AM Wed
Gara Until 2:53PM
Shashthi* Until 1:37AM Wed

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – White
Sravana•Avani

Sunrise: 5:51AM
Sunset: 6:25PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Devaloka Day

Creative Work Siddha Yoga

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4 Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 129

Mesha Rasi: 21.35 Tithi 22

523141362

Gulika	10:34AM – 12:08PM
Yama	7:25AM – 8:59AM
Rahu	12:08PM – 1:42PM

Bharani Until 2:31PM
Dhruva Until 11:43PM
Visti Until 12:27PM
Saptami Until 11:17PM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – White
Sravana•Avani

Sunrise: 5:51AM
Sunset: 6:24PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 2:31PM
Then Creative Work - Amrita Yoga

Thursday, August 25, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 130

Vrishabha Rasi: 5.49 Tithi 23

523241362

Gulika	8:59AM – 10:33AM
Yama	5:51AM – 7:25AM
Rahu	1:41PM – 3:15PM

Krishna Janmashtami

Krittika Until 12:56PM
Vyaghata* Until 8:55PM
Balava Until 10:12AM
Ashtami* Until 9:09PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – White
Sravana•Avani

Sunrise: 5:51AM
Sunset: 6:24PM

Durmukha 5118
Moon 8 - Phase 18
Ashtami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Friday, August 26, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 131

Vrishabha Rasi: 19.54 Tithi 24

534241362

Gulika	7:25AM – 8:59AM
Yama	3:15PM – 4:49PM
Rahu	10:33AM – 12:07PM

Rohini Until 11:52AM
Harshana Until 6:19PM
Taitila Until 8:12AM
Navami* Until 7:16PM

Ganesha: Purple
Muruga: Purple
Nataraja: Clear
Moon – Yellow
Sravana•Avani

Sunrise: 5:52AM
Sunset: 6:23PM

Durmukha 5118
Moon 8 - Phase 18
Navami

Sivaloka Day

Routine Work Marana Yoga
Until 11:52AM
Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

1 Saturday, August 27, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 8 Sutra 132

Mithuna Rasi: 3.49 Tithi 25 – 26
534241363

Gulika	5:52AM – 7:25AM
Yama	1:41PM – 3:14PM
Rahu	8:59AM – 10:33AM

Mrigashira Until 10:56AM
Vajra* Until 3:57PM
Vanija Until 6:27AM
Dashami Until 5:41PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Sravana•Avani

Sunrise: 5:52AM
Sunset: 6:22PM

Durmukha 5118
Moon 8 - Phase 19
2nd Phase

Devaloka Day

Creative Work Siddha Yoga

2 Sunday, August 28, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 9 Sutra 133

Mithuna Rasi: 17.32 Tithi 26 – 27
534241363

Gulika	3:14PM – 4:48PM
Yama	12:07PM – 1:40PM
Rahu	4:48PM – 6:21PM

Ardra Until 10:10AM
Siddhi Until 1:50PM
Kaulava Until 3:57AM Mon
Ekadashi* Until 4:25PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Sravana•Avani

Sunrise: 5:52AM
Sunset: 6:21PM

Durmukha 5118
Moon 8 - Phase 19
2nd Phase

Devaloka Day

Creative Work Siddha Yoga

3 Monday, August 29, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 10 Sutra 134

Kataka Rasi: 1.04 Tithi 27 – 28
544241363

Gulika	1:40PM – 3:13PM
Yama	10:33AM – 12:06PM
Rahu	7:26AM – 8:59AM

Punarvasu Until 10:03AM
Vyatipata* Until 12:02PM
Gara Until 3:15AM Tue
Dvadashi* Until 3:32PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Blue
Sravana•Avani

Sunrise: 5:52AM
Sunset: 6:21PM

Durmukha 5118
Moon 8 - Phase 19
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Family Home Evening
Creative Work Amrita Yoga
Until 10:03AM
Then Creative Work - Siddha Yoga

Pradosha Vrata (Fasting)

4 Tuesday, August 30, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 11 Sutra 135

Kataka Rasi: 14.22 Tithi 28 – 29
544241363

Gulika	12:06PM – 1:39PM
Yama	8:59AM – 10:32AM
Rahu	3:13PM – 4:46PM

Pushya Until 10:11AM
Variyan Until 10:32AM
Visti Until 3:00AM Wed
Trayodashi* Until 3:03PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Blue
Sravana•Avani

Sunrise: 5:52AM
Sunset: 6:20PM

Durmukha 5118
Moon 8 - Phase 19
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

5 Wednesday, August 31, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Yangon, Myanmar
Sun 12 Sutra 136

Kataka Rasi: 27.26 Tithi 29 – 30
544241363

Gulika	10:32AM – 12:06PM
Yama	7:26AM – 8:59AM
Rahu	12:06PM – 1:39PM

Ashlesha* Until 10:36AM
Parigha* Until 9:24AM
Catuspada Until 3:14AM Thu
Chaturdashi* Until 3:02PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Blue
Sravana•Avani

Sunrise: 5:52AM
Sunset: 6:19PM

Durmukha 5118
Moon 8 - Phase 19
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

● Thursday, September 1, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Yangon, Myanmar
Sun 13 Sutra 137

Simha Rasi: 10.15 Tithi 30 – 1
554241363

Gulika	8:59AM – 10:32AM
Yama	5:52AM – 7:26AM
Rahu	1:39PM – 3:12PM

Magha* Until 11:49AM
Shiva Until 8:41AM
Kintughna Until 3:59AM Fri
Amavasya* Until 3:32PM

Ganesha: Orange
Muruga: Purple
Nataraja: Purple
Moon – Red
Sravana•Avani

Sunrise: 5:52AM
Sunset: 6:18PM

Durmukha 5118
Moon 8 - Phase 19
Amavasya

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 11:49AM
Then Creative Work - Siddha Yoga

Annular Solar Eclipse

Friday, September 2, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sun 14 Sutra 138

Simha Rasi: 22.5 Tithi 1 – 2
554241363

Gulika	7:26AM – 8:59AM
Yama	3:11PM – 4:44PM
Rahu	10:32AM – 12:05PM

Purvaphalguni Until 1:24PM
Siddha Until 8:19AM
Balava Until 5:15AM Sat
Prathama* Until 4:32PM

Ganesha: Orange
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Avani

Sunrise: 5:52AM
Sunset: 6:18PM

Durmukha 5118
Moon 8 - Phase 19
Prathama

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1 Saturday, September 3, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 15 Sutra 139

Kanya Rasi: 5.11 Tithi 2
554241363

Gulika 5:53AM – 7:26AM
Yama 1:38PM – 3:11PM
Rahu 8:59AM – 10:32AM

Uttaraphalguni Until 3:17PM
Sadhya Until 8:23AM
Kaulava Until 6:03PM
Dvitiya Until 6:03PM

Ganesha: Orange
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Avani

Sunrise: *5:53AM*
Sunset: *6:17PM*

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

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2 Sunday, September 4, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Tritiyayam Titau

Yangon, Myanmar
Sun 16 Sutra 140

Kanya Rasi: 17.2 Tithi 3
564241363

Gulika 3:10PM – 4:43PM
Yama 12:04PM – 1:37PM
Rahu 4:43PM – 6:16PM

Hasta Until 5:55PM
Subha Until 8:48AM
Taitila Until 6:59AM
Tritiya Until 7:59PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Green
Bhadrapada•Avani

Sunrise: *5:53AM*
Sunset: *6:16PM*

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 5:55PM
Then Creative Work - Siddha Yoga

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3 Monday, September 5, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau

Yangon, Myanmar
Sun 17 Sutra 141

Kanya Rasi: 29.21 Tithi 4
Family Home Evening
564241363

Gulika 1:37PM – 3:10PM
Yama 10:31AM – 12:04PM
Rahu 7:26AM – 8:58AM

Chitra Until 8:42PM
Sukla Until 9:29AM
Vanija Until 9:06AM
Chaturthi* Until 10:14PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Green
Bhadrapada•Avani

Sunrise: *5:53AM*
Sunset: *6:15PM*

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 8:42PM
Ganesha Chaturthi
Then Creative Work - Amrita Yoga

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4 Tuesday, September 6, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau

Yangon, Myanmar
Sun 18 Sutra 142

Tula Rasi: 11.16 Tithi 5
564241363

Gulika 12:04PM – 1:36PM
Yama 8:58AM – 10:31AM
Rahu 3:09PM – 4:42PM

Svati Until 11:29PM
Brahma Until 10:21AM
Bava Until 11:28AM
Panchami Until 12:40AM Wed

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Green
Bhadrapada•Avani

Sunrise: *5:53AM*
Sunset: *6:14PM*

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 11:29PM
Then Routine Work - Marana Yoga

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5 Wednesday, September 7, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau

Yangon, Myanmar
Sun 19 Sutra 143

Tula Rasi: 23.07 Tithi 6
575241363

Gulika 10:31AM – 12:03PM
Yama 7:26AM – 8:58AM
Rahu 12:03PM – 1:36PM

Vishakha Until 2:37AM Thu
Indra Until 11:18AM
Kaulava Until 1:54PM
Shashthi* Until 3:05AM Thu

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Orange
Bhadrapada•Avani

Sunrise: *5:53AM*
Sunset: *6:14PM*

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

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6 Thursday, September 8, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau

Yangon, Myanmar
Sun 20 Sutra 144

Vrischika Rasi: 5 Tithi 7
575241363

Gulika 8:58AM – 10:31AM
Yama 5:53AM – 7:26AM
Rahu 1:35PM – 3:08PM

Anuradha Until 5:23AM Fri
Vaidhriti* Until 12:10PM
Gara Until 4:15PM
Saptami Until 5:18AM Fri

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Orange
Bhadrapada•Avani

Sunrise: *5:53AM*
Sunset: *6:13PM*

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 5:23AM Fri
Then Routine Work - Marana Yoga

◗ Friday, September 9, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti* Karana Ashtamyam Titau

Yangon, Myanmar
Sun 21 Sutra 145

Vrischika Rasi: 16.58 Tithi 8
575241363

Gulika 7:26AM – 8:58AM
Yama 3:07PM – 4:40PM
Rahu 10:30AM – 12:03PM

Jyeshtha* Until 7:38AM Sat
Vishkambha* Until 12:50PM
Visti Until 6:18PM
Ashtami* Until 7:09AM Sat

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Orange
Bhadrapada•Avani

Sunrise: *5:53AM*
Sunset: *6:12PM*

Durmukha 5118
Moon 8 - Phase 20
Ashtami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 7:38AM Sat
Then Creative Work - Siddha Yoga

Saturday, September 10, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 22 Sutra 146

Vrischika Rasi: 29.04 Tithi 8 – 9
575241363

Gulika 5:53AM – 7:26AM
Yama 1:35PM – 3:07PM
Rahu 8:58AM – 10:30AM

Jyeshtha* Until 7:38AM
Priti Until 1:12PM
Balava Until 7:54PM
Ashtami* Until 7:09AM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Orange
Bhadrapada•Avani

Sunrise: *5:53AM*
Sunset: *6:11PM*

Durmukha 5118
Moon 8 - Phase 20
Navami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides —enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 23 Sutra 147

Dhanus Rasi: 11.24 Tithi 9 – 10

585241363

Gulika	3:06PM – 4:38PM
Yama	12:02PM – 1:34PM
Rahu	4:38PM – 6:10PM

Mula* Until 9:41AM
Ayushman Until 1:06PM
Taitila Until 8:53PM
Navami* Until 8:27AM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Bhadrapada•Avani

Sunrise: *5:53AM*
Sunset: *6:10PM*

Durmukha 5118
Moon 8 - Phase 21
4th Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 9:41AM
Then Creative Work - Siddha Yoga

Grandparent's Day

2 Monday, September 12, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 148

Dhanus Rasi: 24.02 Tithi 10 – 11

585241363

Gulika	1:34PM – 3:06PM
Yama	10:30AM – 12:02PM
Rahu	7:26AM – 8:58AM

Purvashadha* Until 10:54AM
Saubhagya Until 12:28PM
Vanija Until 9:09PM
Dashami Until 9:05AM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Bhadrapada•Avani

Sunrise: *5:54AM*
Sunset: *6:10PM*

Durmukha 5118
Moon 8 - Phase 21
4th Phase

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga

3 Tuesday, September 13, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 149

Makara Rasi: 7.01 Tithi 11 – 12

585241363

Gulika	12:01PM – 1:33PM
Yama	8:57AM – 10:29AM
Rahu	3:05PM – 4:37PM

Uttarashadha Until 11:15AM
Sobhana Until 11:15AM
Bava Until 8:39PM
Ekadashi Until 8:59AM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Bhadrapada•Avani

Sunrise: *5:54AM*
Sunset: *6:09PM*

Durmukha 5118
Moon 8 - Phase 21
4th Phase

Bhuloka Day

Routine Work Prabalarishta Yoga
Until 11:15AM
Then Creative Work - Siddha Yoga

4 Wednesday, September 14, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 150

Makara Rasi: 20.24 Tithi 12 – 13

595241363

Gulika	10:29AM – 12:01PM
Yama	7:26AM – 8:57AM
Rahu	12:01PM – 1:33PM

Shravana Until 11:09AM
Athiganda* Until 9:25AM
Kaulava Until 7:25PM
Dvadashi Until 8:06AM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Purple
Bhadrapada•Avani

Sunrise: *5:54AM*
Sunset: *6:08PM*

Durmukha 5118
Moon 8 - Phase 21
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 11:09AM
Then Routine Work - Prabalarishta Yoga

Avani Avittam

Pradosha Vrata

5 Thursday, September 15, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 151

Kumbha Rasi: 4.12 Tithi 13 – 14

595241363

Gulika	8:57AM – 10:29AM
Yama	5:54AM – 7:26AM
Rahu	1:32PM – 3:04PM

Dhanishtha Until 10:12AM
Sukarma Until 7:01AM
Vanija Until 4:19AM Fri
Trayodashi Until 6:31AM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Purple
Bhadrapada•Avani

Sunrise: *5:54AM*
Sunset: *6:07PM*

Durmukha 5118
Moon 8 - Phase 21
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Chidambaram Abhishekam

○ Friday, September 16, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau

Yangon, Myanmar
Sutra 152

Kumbha Rasi: 18.23 Tithi 15

596241363

Gulika	7:26AM – 8:57AM
Yama	3:03PM – 4:35PM
Rahu	10:29AM – 12:00PM

Shatabhishak Until 8:32AM
Shula* Until 12:50AM Sat
Visti Until 3:03PM
Purnima* Until 1:38AM Sat

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Purple
Bhadrapada•Puratasi

Sunrise: *5:54AM*
Sunset: *6:06PM*

Durmukha 5118
Moon 8 - Phase 21
Purnima

Devaloka Day

Creative Work Siddha Yoga

Penumbral Lunar Eclipse

Saturday, September 17, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau

Yangon, Myanmar
Sutra 153

Meena Rasi: 2.55 Tithi 16

516241363

Gulika	5:54AM – 7:25AM
Yama	1:31PM – 3:03PM
Rahu	8:57AM – 10:28AM

Purvaproshthapada* Until 6:41AM
Ganda* Until 9:15PM
Balava Until 12:11PM
Prathama* Until 10:37PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Clear
Bhadrapada•Puratasi

Sunrise: *5:54AM*
Sunset: *6:06PM*

Durmukha 5118
Moon 8 - Phase 21
Prathama

Devaloka Day

Routine Work Marana Yoga
Until 6:41AM
Then Creative Work - Siddha Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

Sunday, September 18, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 154

Meena Rasi: 17.4 Tithi 17

Gulika	3:02PM – 4:33PM	Revati Until 1:47AM Mon
Yama	11:59AM – 1:31PM	Vriddhi Until 5:31PM
516241363 Rahu	4:33PM – 6:05PM	Taitila Until 9:03AM
		Dvitiya Until 7:24PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Clear
Bhadrapada•Puratasi

Sunrise: 5:54AM
Sunset: 6:05PM

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 1:47AM Mon
Then Creative Work - Siddha Yoga

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1 Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 155

Mesha Rasi: 2.31 Tithi 18 – 19
Family Home Evening

Gulika	1:30PM – 3:02PM	Ashvini Until 11:28PM
Yama	10:28AM – 11:59AM	Dhruva Until 1:43PM
526341363 Rahu	7:25AM – 8:57AM	Bava Until 2:34AM Tue
		Tritiya Until 4:09PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Bhadrapada•Puratasi

Sunrise: 5:54AM
Sunset: 6:04PM

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

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2 Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 156

Mesha Rasi: 17.2 Tithi 19 – 20

Gulika	11:59AM – 1:30PM	Bharani Until 9:10PM
Yama	8:57AM – 10:28AM	Vyaghata* Until 9:59AM
526341363 Rahu	3:01PM – 4:32PM	Kaulava Until 11:30PM
		Chaturthi* Until 12:59PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Bhadrapada•Puratasi

Sunrise: 5:54AM
Sunset: 6:03PM

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

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3 Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 157

Vrishabha Rasi: 2.02 Tithi 20 – 21

Gulika	10:27AM – 11:58AM	Krittika Until 7:00PM
Yama	7:25AM – 8:56AM	Harshana Until 6:26AM
526341363 Rahu	11:58AM – 1:29PM	Gara Until 8:44PM
		Panchami Until 10:03AM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Bhadrapada•Puratasi

Sunrise: 5:54AM
Sunset: 6:02PM

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 7:00PM
Then Creative Work - Siddha Yoga

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4 Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 158

Vrishabha Rasi: 16.29 Tithi 21 – 22

Gulika	8:56AM – 10:27AM	Rohini Until 5:30PM
Yama	5:55AM – 7:25AM	Siddhi Until 12:12AM Fri
536341363 Rahu	1:29PM – 3:00PM	Visti Until 6:21PM
		Shashthi* Until 7:28AM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Bhadrapada•Puratasi

Sunrise: 5:55AM
Sunset: 6:01PM

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Friday, September 23, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 159

Mithuna Rasi: 0.4 Tithi 23

Gulika	7:25AM – 8:56AM	Mrigashira Until 4:20PM
Yama	2:59PM – 4:30PM	Vyatipata* Until 9:40PM
536341363 Rahu	10:27AM – 11:58AM	Balava Until 4:27PM
		Ashtami* Until 3:41AM Sat

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Bhadrapada•Puratasi

Sunrise: 5:55AM
Sunset: 6:01PM

Durmukha 5118
Moon 9 - Phase 22
Ashtami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 24, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 160

Mithuna Rasi: 14.3 Tithi 24

Gulika	5:55AM – 7:25AM	Ardra Until 3:32PM
Yama	1:28PM – 2:59PM	Variyan Until 7:32PM
537341363 Rahu	8:56AM – 10:27AM	Taitila Until 3:05PM
		Navami* Until 2:35AM Sun

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Bhadrapada•Puratasi

Sunrise: 5:55AM
Sunset: 6:00PM

Durmukha 5118
Moon 9 - Phase 22
Navami

Devaloka Day

Creative Work Siddha Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

1 Sunday, September 25, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau

Yangon, Myanmar
Sun 8 Sutra 161

Mithuna Rasi: 28.01 Tithi 25
547341363

Gulika	2:58PM – 4:29PM
Yama	11:57AM – 1:28PM
Rahu	4:29PM – 5:59PM

Punarvasu Until 3:35PM
Parigha* Until 5:52PM
Vanija Until 2:16PM
Dashami Until 2:03AM Mon

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Blue
Bhadrapada•Puratasi

Sunrise: *5:55AM*
Sunset: *5:59PM*

Durmukha 5118
Moon 9 - Phase 23
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

2 Monday, September 26, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau

Yangon, Myanmar
Sun 9 Sutra 162

Kataka Rasi: 11.13 Tithi 26
547341363

Gulika	1:27PM – 2:57PM
Yama	10:26AM – 11:57AM
Rahu	7:25AM – 8:56AM

Pushya Until 4:01PM
Shiva Until 4:38PM
Bava Until 2:00PM
Ekadashi* Until 2:03AM Tue

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Blue
Bhadrapada•Puratasi

Sunrise: *5:55AM*
Sunset: *5:58PM*

Durmukha 5118
Moon 9 - Phase 23
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Family Home Evening
Creative Work Siddha Yoga

3 Tuesday, September 27, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau

Yangon, Myanmar
Sun 10 Sutra 163

Kataka Rasi: 24.1 Tithi 27
647341363

Gulika	11:56AM – 1:27PM
Yama	8:56AM – 10:26AM
Rahu	2:57PM – 4:27PM

Ashlesha* Until 4:48PM
Siddha Until 3:47PM
Kaulava Until 2:15PM
Dvadashi* Until 2:33AM Wed

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Blue
Bhadrapada•Puratasi

Sunrise: *5:55AM*
Sunset: *5:57PM*

Durmukha 5118
Moon 9 - Phase 23
2nd Phase

Devaloka Day

Creative Work Siddha Yoga

4 Wednesday, September 28, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau

Yangon, Myanmar
Sun 11 Sutra 164

Simha Rasi: 6.52 Tithi 28
657341363

Gulika	10:26AM – 11:56AM
Yama	7:25AM – 8:56AM
Rahu	11:56AM – 1:26PM

Magha* Until 6:22PM
Sadhya Until 3:20PM
Gara Until 3:01PM
Trayodashi* Until 3:32AM Thu

Pradosha Vrata (Fasting)

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Puratasi

Sunrise: *5:55AM*
Sunset: *5:57PM*

Durmukha 5118
Moon 9 - Phase 23
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 6:22PM
Then Creative Work - Amrita Yoga

5 Thursday, September 29, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 12 Sutra 165

Simha Rasi: 19.2 Tithi 29
657341363

Gulika	8:56AM – 10:26AM
Yama	5:55AM – 7:25AM
Rahu	1:26PM – 2:56PM

Purvaphalguni Until 8:13PM
Subha Until 3:15PM
Visti Until 4:13PM
Chaturdashi* Until 4:57AM Fri

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Puratasi

Sunrise: *5:55AM*
Sunset: *5:56PM*

Durmukha 5118
Moon 9 - Phase 23
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

● Friday, September 30, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Yangon, Myanmar
Sun 13 Sutra 166

Kanya Rasi: 1.39 Tithi 30
658341363

Gulika	7:25AM – 8:55AM
Yama	2:55PM – 4:25PM
Rahu	10:25AM – 11:55AM

Uttaraphalguni Until 10:17PM
Sukla Until 3:26PM
Catuspada Until 5:49PM
Amavasya* Until 6:44AM Sat

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Puratasi

Sunrise: *5:56AM*
Sunset: *5:55PM*

Durmukha 5118
Moon 9 - Phase 23
Amavasya

Bhuloka Day

Creative Work Siddha Yoga
Until 10:17PM
Then Creative Work - Amrita Yoga

Mahalaya Amavasai (Tamil Nadu)

Saturday, October 1, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Yangon, Myanmar
Sun 14 Sutra 167

Kanya Rasi: 13.48 Tithi 30 – 1
668341363

Gulika	5:56AM – 7:26AM
Yama	1:25PM – 2:55PM
Rahu	8:55AM – 10:25AM

Hasta Until 12:59AM Sun
Brahma Until 3:53PM
Kintughna Until 7:46PM
Amavasya* Until 6:44AM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Green
Ashvina•Puratasi

Sunrise: *5:56AM*
Sunset: *5:54PM*

Durmukha 5118
Moon 9 - Phase 23
Prathama

Bhuloka Day

Routine Work Marana Yoga
Until 12:59AM Sun
Then Creative Work - Siddha Yoga

Navaratri Begins

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1 Sunday, October 2, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sun 15 Sutra 168

Kanya Rasi: 25.5 Tithi 1 – 2

Gulika 2:54PM – 4:24PM
Yama 11:55AM – 1:24PM
668341363 Rahu 4:24PM – 5:54PM

Chitra Until 3:46AM Mon
Indra Until 4:35PM
Balava Until 9:59PM
Prathama* Until 8:50AM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Green
Ashvina•Puratasi

Sunrise: 5:56AM
Sunset: 5:54PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 3:46AM Mon
Then Creative Work - Amrita Yoga

2 Monday, October 3, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 16 Sutra 169

Tula Rasi: 7.46 Tithi 2 – 3

Gulika 1:24PM – 2:54PM
Yama 10:25AM – 11:54AM
668341363 Rahu 7:26AM – 8:55AM

Svati Until 6:32AM Tue
Vaidhriti* Until 5:24PM
Taitila Until 12:24AM Tue
Dvitiya Until 11:09AM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Green
Ashvina•Puratasi

Sunrise: 5:56AM
Sunset: 5:53PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Bhuloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 6:32AM Tue
Then Routine Work - Marana Yoga

3 Tuesday, October 4, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 17 Sutra 170

Tula Rasi: 19.38 Tithi 3 – 4

Gulika 11:54AM – 1:24PM
Yama 8:55AM – 10:25AM
668341363 Rahu 2:53PM – 4:23PM

Svati Until 6:32AM
Vishkambha* Until 6:19PM
Vanija Until 2:54AM Wed
Tritiya Until 1:37PM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Green
Ashvina•Puratasi

Sunrise: 5:56AM
Sunset: 5:52PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 6:32AM
Then Routine Work - Marana Yoga

4 Wednesday, October 5, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 18 Sutra 171

Vrischika Rasi: 1.29 Tithi 4 – 5

Gulika 10:24AM – 11:54AM
Yama 7:26AM – 8:55AM
678341363 Rahu 11:54AM – 1:23PM

Vishakha Until 9:43AM
Priti Until 7:15PM
Bava Until 5:22AM Thu
Chaturthi* Until 4:07PM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Orange
Ashvina•Puratasi

Sunrise: 5:56AM
Sunset: 5:51PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Bhuloka Day

Creative Work Siddha Yoga

5 Thursday, October 6, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava Karana Panchamyam Titau

Yangon, Myanmar
Sun 19 Sutra 172

Vrischika Rasi: 13.22 Tithi 5

Gulika 8:55AM – 10:24AM
Yama 5:56AM – 7:26AM
678341363 Rahu 1:23PM – 2:52PM

Anuradha Until 12:39PM
Ayushman Until 8:04PM
Balava Until 6:31PM
Panchami Until 6:31PM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Orange
Ashvina•Puratasi

Sunrise: 5:56AM
Sunset: 5:51PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 12:39PM
Then Routine Work - Prabalarishta Yoga

6 Friday, October 7, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau

Yangon, Myanmar
Sun 20 Sutra 173

Vrischika Rasi: 25.17 Tithi 6

Gulika 7:26AM – 8:55AM
Yama 2:51PM – 4:21PM
679341364 Rahu 10:24AM – 11:53AM

Jyeshtha* Until 3:13PM
Saubhagya Until 8:42PM
Kaulava Until 7:40AM
Shashthi* Until 8:40PM

Ganesha: Red
Muruga: Purple
Nataraja: Clear
Moon – Orange
Ashvina•Puratasi

Sunrise: 5:57AM
Sunset: 5:50PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 3:13PM
Then Creative Work - Amrita Yoga

Saturday, October 8, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sobhana Yoga Gara/Vanija Karana Saptamyam Titau

Yangon, Myanmar
Sun 21 Sutra 174

Dhanus Rasi: 7.22 Tithi 7

Gulika 5:57AM – 7:26AM
Yama 1:22PM – 2:51PM
689341364 Rahu 8:55AM – 10:24AM

Mula* Until 5:44PM
Sobhana Until 9:01PM
Gara Until 9:37AM
Saptami Until 10:24PM

Ganesha: Blue
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Ashvina•Puratasi

Sunrise: 5:57AM
Sunset: 5:49PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga

Sunday, October 9, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 22 Sutra 175

Dhanus Rasi: 19.37 Tithi 8

Gulika 2:50PM – 4:19PM
Yama 11:53AM – 1:22PM
689341364 Rahu 4:19PM – 5:48PM

Purvashadha* Until 7:33PM
Athiganda* Until 8:52PM
Visti Until 11:04AM
Ashtami* Until 11:32PM

Ganesha: Blue
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Ashvina•Puratasi

Sunrise: 5:57AM
Sunset: 5:48PM

Durmukha 5118
Moon 9 - Phase 24
Ashtami

Sivaloka Day

Durga Ashtami

Creative Work Siddha Yoga
Until 7:33PM
Then Creative Work - Amrita Yoga

Monday, October 10, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau

Yangon, Myanmar
Sun 23 Sutra 176

Makara Rasi: 2.09 Tithi 9

Gulika 1:21PM – 2:50PM
Yama 10:24AM – 11:52AM
689341364 Rahu 7:26AM – 8:55AM

Uttarashadha Until 8:31PM
Sukarma Until 8:10PM
Balava Until 11:51AM
Navami* Until 11:56PM

Ganesha: Blue
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Ashvina•Puratasi

Sunrise: 5:57AM
Sunset: 5:48PM

Durmukha 5118
Moon 9 - Phase 24
Navami

Sivaloka Day

Saraswathi Puja (Tamil Nadu)

Family Home Evening
Routine Work Marana Yoga
Until 8:31PM
Then Creative Work - Amrita Yoga

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

1 Tuesday, October 11, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam
Shravana Nakshatra Dhriti Yoga Taitila/Gara Karana Dashamyam Titau

Yangon, Myanmar
Sun 24 Sutra 177

Makara Rasi: 15.03 Tithi 10

Gulika 11:52AM – 1:21PM
Yama 8:55AM – 10:23AM
699351364 Rahu 2:50PM – 4:18PM

Shravana Until 9:00PM
Dhriti Until 6:52PM
Taitila Until 11:51AM
Dashami Until 11:31PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashvina•Puratasi

Sunrise: *5:57AM*
Sunset: *5:47PM*

Durmukha 5118
Moon 9 - Phase 25
4th Phase

Sivaloka Day

Creative Work Siddha Yoga

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2 Wednesday, October 12, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 178

Makara Rasi: 28.22 Tithi 11

Gulika 10:23AM – 11:52AM
Yama 7:26AM – 8:55AM
699351364 Rahu 11:52AM – 1:20PM

Dhanishtha Until 8:32PM
Shula* Until 4:52PM
Vanija Until 11:01AM
Ekadashi Until 10:16PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashvina•Puratasi

Sunrise: *5:58AM*
Sunset: *5:46PM*

Durmukha 5118
Moon 9 - Phase 25
4th Phase

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 8:32PM
Then Creative Work - Siddha Yoga

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3 Thursday, October 13, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Ganda*/Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau

Yangon, Myanmar
Sun 26 Sutra 179

Kumbha Rasi: 12.09 Tithi 12

Gulika 8:55AM – 10:23AM
Yama 5:58AM – 7:26AM
699351364 Rahu 1:20PM – 2:49PM

Shatabhishak Until 7:10PM
Ganda* Until 2:15PM
Bava Until 9:23AM
Dvadashi Until 8:16PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashvina•Puratasi

Sunrise: *5:58AM*
Sunset: *5:46PM*

Durmukha 5118
Moon 9 - Phase 25
4th Phase

Sivaloka Day

Creative Work Siddha Yoga

Kadaitswami Mahasamadhi

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4 Friday, October 14, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 180

Kumbha Rasi: 26.24 Tithi 13 – 14

Gulika 7:26AM – 8:55AM
Yama 2:48PM – 4:16PM
619451364 Rahu 10:23AM – 11:51AM

Purvaproshthapada* Until 5:24PM
Vriddhi Until 11:06AM
Kaulava Until 7:02AM
Trayodashi Until 5:37PM
Pradosha Vrata

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashvina•Puratasi

Sunrise: *5:58AM*
Sunset: *5:45PM*

Durmukha 5118
Moon 9 - Phase 25
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

○ Saturday, October 15, 2016
Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Yangon, Myanmar
Sutra 181

Meena Rasi: 11.04 Tithi 14 – 15

Gulika 5:58AM – 7:26AM
Yama 1:19PM – 2:48PM
611451364 Rahu 8:55AM – 10:23AM

Uttaraproshthapada Until 3:00PM
Dhruva Until 7:27AM
Visti Until 12:44AM Sun
Chaturdashi* Until 2:26PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashvina•Puratasi

Sunrise: *5:58AM*
Sunset: *5:44PM*

Durmukha 5118
Moon 9 - Phase 25
Purnima

Devaloka Day

Creative Work Siddha Yoga
Until 3:00PM
Then Routine Work - Prabalarishta Yoga

Sunday, October 16, 2016
Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Yangon, Myanmar
Sutra 182

Meena Rasi: 26.03 Tithi 15 – 16

Gulika 2:47PM – 4:15PM
Yama 11:51AM – 1:19PM
611451364 Rahu 4:15PM – 5:44PM

Revati Until 12:07PM
Harshana Until 11:19PM
Balava Until 9:05PM
Purnima* Until 10:55AM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashvina•Puratasi

Sunrise: *5:58AM*
Sunset: *5:44PM*

Durmukha 5118
Moon 9 - Phase 25
Prathama

Devaloka Day

Creative Work Amrita Yoga
Until 12:07PM
Then Creative Work - Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

Monday, October 17, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 183

Mesha Rasi: 11.14 Tithi 16 – 17
Family Home Evening
Creative Work Siddha Yoga

621451364
Gulika 1:19PM – 2:47PM
Yama 10:23AM – 11:51AM
Rahu 7:27AM – 8:55AM

Ashvini Until 9:18AM
Vajra* Until 7:03PM
Gara Until 3:29AM Tue
Prathama* Until 7:12AM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sunrise: 5:59AM
Sunset: 5:43PM

Durmukha 5118
Moon 10 - Phase 26
1st Phase
Sivaloka Day

1 Tuesday, October 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 184

Mesha Rasi: 26.25 Tithi 18
Creative Work Siddha Yoga

621451364
Gulika 11:51AM – 1:19PM
Yama 8:55AM – 10:23AM
Rahu 2:46PM – 4:14PM

Bharani Until 6:22AM
Siddhi Until 2:52PM
Vanija Until 1:41PM
Tritiya Until 11:54PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sunrise: 5:59AM
Sunset: 5:42PM

Durmukha 5118
Moon 10 - Phase 26
1st Phase
Sivaloka Day

2 Wednesday, October 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 185

Vrishabha Rasi: 11.29 Tithi 19
Creative Work Siddha Yoga
Until 1:11AM Thu
Then Routine Work - Marana Yoga

631451364
Gulika 10:23AM – 11:50AM
Yama 7:27AM – 8:55AM
Rahu 11:50AM – 1:18PM

Rohini Until 1:11AM Thu
Vyatipata* Until 10:54AM
Bava Until 10:14AM
Chaturthi* Until 8:38PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Sunrise: 5:59AM
Sunset: 5:42PM

Durmukha 5118
Moon 10 - Phase 26
1st Phase
Devaloka Day

3 Thursday, October 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 3 Sutra 186

Vrishabha Rasi: 26.15 Tithi 20 – 21
Routine Work Marana Yoga

631451364
Gulika 8:55AM – 10:23AM
Yama 5:59AM – 7:27AM
Rahu 1:18PM – 2:46PM

Mrigashira Until 11:16PM
Variyan Until 7:14AM
Kaulava Until 7:11AM
Panchami Until 5:51PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Sunrise: 5:59AM
Sunset: 5:41PM

Durmukha 5118
Moon 10 - Phase 26
1st Phase
Devaloka Day

4 Friday, October 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 4 Sutra 187

Mithuna Rasi: 10.39 Tithi 21 – 22
Creative Work Siddha Yoga

631451364
Gulika 7:27AM – 8:55AM
Yama 2:45PM – 4:13PM
Rahu 10:22AM – 11:50AM

Ardra Until 9:49PM
Shiva Until 1:21AM Sat
Visti Until 2:49AM Sat
Shashthi* Until 3:39PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Sunrise: 6:00AM
Sunset: 5:40PM

Durmukha 5118
Moon 10 - Phase 26
1st Phase
Devaloka Day

Saturday, October 22, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 5 Sutra 188

Mithuna Rasi: 24.37 Tithi 22 – 23
Creative Work Siddha Yoga

641451364
Gulika 6:00AM – 7:27AM
Yama 1:17PM – 2:45PM
Rahu 8:55AM – 10:22AM

Punarvasu Until 9:23PM
Siddha Until 11:14PM
Balava Until 1:42AM Sun
Saptami Until 2:09PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Sunrise: 6:00AM
Sunset: 5:40PM

Durmukha 5118
Moon 10 - Phase 26
Ashtami
Sivaloka Day

Sunday, October 23, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 6 Sutra 189

Kataka Rasi: 8.07 Tithi 23 – 24
Creative Work Siddha Yoga

641451364
Gulika 2:45PM – 4:12PM
Yama 11:50AM – 1:17PM
Rahu 4:12PM – 5:39PM

Pushya Until 9:33PM
Sadhya Until 9:44PM
Taitila Until 1:21AM Mon
Ashtami* Until 1:25PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Sunrise: 6:00AM
Sunset: 5:39PM

Durmukha 5118
Moon 10 - Phase 26
Navami
Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1 Monday, October 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 7 Sutra 190

Kataka Rasi: 21.13 Tithi 24 – 25
Family Home Evening
Creative Work Siddha Yoga
Until 10:17PM
Then Routine Work - Marana Yoga

641451364

Gulika	1:17PM – 2:44PM
Yama	10:22AM – 11:50AM
Rahu	7:28AM – 8:55AM

Ashlesha* Until 10:17PM
Subha Until 8:50PM
Vanija Until 1:44AM Tue
Navami* Until 1:26PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Sunrise: 6:01AM
Sunset: 5:39PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

2 Tuesday, October 25, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 8 Sutra 191

Simha Rasi: 3.58 Tithi 25 – 26
Creative Work Siddha Yoga

652451364

Gulika	11:50AM – 1:17PM
Yama	8:55AM – 10:22AM
Rahu	2:44PM – 4:11PM

Magha* Until 11:58PM
Sukla Until 8:25PM
Bava Until 2:47AM Wed
Dashami Until 2:10PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Red
Ashvina•Aipasi

Sunrise: 6:01AM
Sunset: 5:38PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

3 Wednesday, October 26, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 9 Sutra 192

Simha Rasi: 16.26 Tithi 26 – 27
Creative Work Amrita Yoga

652451364

Gulika	10:22AM – 11:49AM
Yama	7:28AM – 8:55AM
Rahu	11:49AM – 1:17PM

Purvaphalguni Until 2:02AM Thu
Brahma Until 8:27PM
Kaulava Until 4:21AM Thu
Ekadashi* Until 3:29PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Red
Ashvina•Aipasi

Sunrise: 6:01AM
Sunset: 5:38PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

4 Thursday, October 27, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 10 Sutra 193

Simha Rasi: 28.4 Tithi 27 – 28
Amrita Yoga

652451364

Gulika	8:55AM – 10:22AM
Yama	6:01AM – 7:28AM
Rahu	1:16PM – 2:43PM

Uttaraphalguni Until 4:19AM Fri
Indra Until 8:50PM
Gara Until 6:19AM Fri
Dvadashi* Until 5:17PM

Pradosha Vrata (Fasting)

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Red
Ashvina•Aipasi

Sunrise: 6:01AM
Sunset: 5:37PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

5 Friday, October 28, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau

Yangon, Myanmar
Sun 11 Sutra 194

Kanya Rasi: 10.45 Tithi 28
Creative Work Amrita Yoga
Until 7:12AM Sat
Then Routine Work - Marana Yoga

662451364

Gulika	7:29AM – 8:56AM
Yama	2:43PM – 4:10PM
Rahu	10:22AM – 11:49AM

Hasta Until 7:12AM Sat
Vaidhriti* Until 9:25PM
Gara Until 6:19AM
Trayodashi* Until 7:24PM

Ganesha: Orange
Muruga: Clear
Nataraja: Clear
Moon – Green
Ashvina•Aipasi

Sunrise: 6:02AM
Sunset: 5:37PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

6 Saturday, October 29, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 12 Sutra 195

Kanya Rasi: 22.44 Tithi 29
Routine Work Marana Yoga

662451364

Gulika	6:02AM – 7:29AM
Yama	1:16PM – 2:43PM
Rahu	8:56AM – 10:22AM

Subramuniyaswami Mahasamadhi
Deepavali Hindu Solidarity Day

Hasta Until 7:12AM
Vishkambha* Until 10:10PM
Visti Until 8:34AM
Chaturdashi* Until 9:44PM

Ganesha: Orange
Muruga: Clear
Nataraja: Clear
Moon – Green
Ashvina•Aipasi

Sunrise: 6:02AM
Sunset: 5:36PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

● Sunday, October 30, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Yangon, Myanmar
Sun 13 Sutra 196

Tula Rasi: 4.38 Tithi 30
Creative Work Siddha Yoga

662451364

Gulika	2:42PM – 4:09PM
Yama	11:49AM – 1:16PM
Rahu	4:09PM – 5:36PM

Chitra Until 10:04AM
Priti Until 11:01PM
Catuspada Until 10:58AM
Amavasya* Until 12:11AM Mon

Ganesha: Orange
Muruga: Clear
Nataraja: Clear
Moon – Green
Ashvina•Aipasi

Sunrise: 6:02AM
Sunset: 5:36PM

Durmukha 5118
Moon 10 - Phase 27
Amavasya
Sivaloka Day

Monday, October 31, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau

Yangon, Myanmar
Sun 14 Sutra 197

Tula Rasi: 16.31 Tithi 1
Family Home Evening
Creative Work Amrita Yoga
Until 12:51PM
Then Routine Work - Marana Yoga

662451364

Gulika	1:16PM – 2:42PM
Yama	10:23AM – 11:49AM
Rahu	7:29AM – 8:56AM

Skanda Shasthi Begins

Svati Until 12:51PM
Ayushman Until 11:52PM
Kintughna Until 1:28PM
Prathama* Until 2:42AM Tue

Ganesha: Orange
Muruga: Clear
Nataraja: Clear
Moon – Green
Karttika•Aipasi

Sunrise: 6:03AM
Sunset: 5:35PM

Durmukha 5118
Moon 10 - Phase 27
Prathama
Sivaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1 Tuesday, November 1, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 15 Sutra 198

Tula Rasi: 28.23 Tithi 2

Gulika	11:49AM – 1:16PM	Vishakha Until 3:59PM
Yama	8:56AM – 10:23AM	Saubhagya Until 12:44AM Wed
672451364 Rahu	2:42PM – 4:09PM	Balava Until 3:58PM
		Dvitiya Until 5:11AM Wed

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Orange
Karttika•Aipasi

Sunrise: 6:03AM
Sunset: 5:35PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Sivaloka Day

Routine Work Marana Yoga
Until 3:59PM
Then Creative Work - Siddha Yoga

2 Wednesday, November 2, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Sobhana Yoga Taitila Karana Tritiyayam Titau

Yangon, Myanmar
Sun 16 Sutra 199

Vrischika Rasi: 10.15 Tithi 3

Gulika	10:23AM – 11:49AM	Anuradha Until 6:55PM
Yama	7:30AM – 8:56AM	Sobhana Until 1:33AM Thu
672451364 Rahu	11:49AM – 1:15PM	Taitila Until 6:26PM
		Tritiya Until 7:36AM Thu

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Orange
Karttika•Aipasi

Sunrise: 6:04AM
Sunset: 5:35PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Sivaloka Day

Creative Work Siddha Yoga

3 Thursday, November 3, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 17 Sutra 200

Vrischika Rasi: 22.1 Tithi 3 – 4

Gulika	8:57AM – 10:23AM	Jyeshtha* Until 9:33PM
Yama	6:04AM – 7:30AM	Athiganda* Until 2:14AM Fri
672451364 Rahu	1:15PM – 2:42PM	Vanija Until 8:46PM
		Tritiya Until 7:36AM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Orange
Karttika•Aipasi

Sunrise: 6:04AM
Sunset: 5:34PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Sivaloka Day

Routine Work Prabalarishta Yoga
Until 9:33PM
Then Creative Work - Siddha Yoga

4 Friday, November 4, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 18 Sutra 201

Dhanus Rasi: 4.08 Tithi 4 – 5

Gulika	7:31AM – 8:57AM	Mula* Until 12:18AM Sat
Yama	2:41PM – 4:08PM	Sukarma Until 2:45AM Sat
682451364 Rahu	10:23AM – 11:49AM	Bava Until 10:52PM
		Chaturthi* Until 9:50AM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Karttika•Aipasi

Sunrise: 6:04AM
Sunset: 5:34PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Subha Sivaloka Day

Creative Work Amrita Yoga
Until 12:18AM Sat
Then Creative Work - Siddha Yoga

5 Saturday, November 5, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 19 Sutra 202

Dhanus Rasi: 16.12 Tithi 5 – 6

Gulika	6:05AM – 7:31AM	Purvashadha* Until 2:32AM Sun
Yama	1:15PM – 2:41PM	Dhriti Until 2:59AM Sun
682451364 Rahu	8:57AM – 10:23AM	Kaulava Until 12:37AM Sun
		Panchami Until 11:47AM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Karttika•Aipasi

Sunrise: 6:05AM
Sunset: 5:33PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Subha Sivaloka Day

Creative Work Siddha Yoga
Until 2:32AM Sun
Then Creative Work - Amrita Yoga

Skanda Shasthi

6 Sunday, November 6, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 20 Sutra 203

Dhanus Rasi: 28.26 Tithi 6 – 7

Gulika	2:41PM – 4:07PM	Uttarashadha Until 4:06AM Mon
Yama	11:49AM – 1:15PM	Shula* Until 2:47AM Mon
682451364 Rahu	4:07PM – 5:33PM	Gara Until 1:52AM Mon
		Shashthi* Until 1:18PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Karttika•Aipasi

Sunrise: 6:05AM
Sunset: 5:33PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Subha Sivaloka Day

Creative Work Amrita Yoga

◗ Monday, November 7, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 21 Sutra 204

Makara Rasi: 10.54 Tithi 7 – 8

Gulika	1:15PM – 2:41PM	Shravana Until 5:20AM Tue
Yama	10:23AM – 11:49AM	Ganda* Until 2:05AM Tue
793451364 Rahu	7:32AM – 8:57AM	Visti Until 2:26AM Tue
		Saptami Until 2:13PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Purple
Karttika•Aipasi

Sunrise: 6:06AM
Sunset: 5:33PM

Durmukha 5118
Moon 10 - Phase 28
Ashtami
Sivaloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 5:20AM Tue
Then Creative Work - Siddha Yoga

Tuesday, November 8, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 22 Sutra 205

Makara Rasi: 23.41 Tithi 8 – 9

Gulika	11:49AM – 1:15PM	Dhanishtha Until 5:38AM Wed
Yama	8:58AM – 10:24AM	Vriddhi Until 12:48AM Wed
793451364 Rahu	2:41PM – 4:07PM	Balava Until 2:14AM Wed
		Ashtami* Until 2:25PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Purple
Karttika•Aipasi

Sunrise: 6:06AM
Sunset: 5:33PM

Durmukha 5118
Moon 10 - Phase 28
Navami
Sivaloka Day

Creative Work Siddha Yoga

1 Wednesday, November 9, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 23 Sutra 206

Kumbha Rasi: 6.51 Tithi 9 – 10
793551364

Gulika	10:24AM – 11:49AM
Yama	7:32AM – 8:58AM
Rahu	11:49AM – 1:15PM

Shatabhishak Until 5:00AM Thu
Dhruva Until 10:51PM
Taitila Until 1:12AM Thu
Navami* Until 1:48PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Purple
Karttika•Aipasi

Sunrise: 6:07AM
Sunset: 5:32PM

Durmukha 5118
Moon 10 - Phase 29
4th Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

2 Thursday, November 10, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam
Purvaproshthapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 207

Kumbha Rasi: 20.29 Tithi 10 – 11
713551364

Gulika	8:58AM – 10:24AM
Yama	6:07AM – 7:33AM
Rahu	1:15PM – 2:41PM

Purvaproshthapada* Until 3:53AM Fri
Vyaghata* Until 8:16PM
Vanija Until 11:23PM
Dashami Until 12:22PM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Clear
Karttika•Aipasi

Sunrise: 6:07AM
Sunset: 5:32PM

Durmukha 5118
Moon 10 - Phase 29
4th Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

3 Friday, November 11, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam
Uttaraproshthapada Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 208

Meena Rasi: 4.35 Tithi 11 – 12
713551364

Gulika	7:33AM – 8:59AM
Yama	2:41PM – 4:06PM
Rahu	10:24AM – 11:50AM

Uttaraproshthapada Until 1:56AM Sat
Harshana Until 5:07PM
Bava Until 8:51PM
Ekadashi Until 10:11AM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Clear
Karttika•Aipasi

Sunrise: 6:07AM
Sunset: 5:32PM

Durmukha 5118
Moon 10 - Phase 29
4th Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 1:56AM Sat
Then Routine Work - Prabalarishta Yoga

4 Saturday, November 12, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam
Revati Nakshatra Vajra*/Siddhi Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 209

Meena Rasi: 19.09 Tithi 12 – 13
713551364

Gulika	6:08AM – 7:33AM
Yama	1:15PM – 2:41PM
Rahu	8:59AM – 10:24AM

Revati Until 11:18PM
Vajra* Until 1:26PM
Taitila Until 3:59AM Sun
Dvadashi Until 7:20AM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Clear
Karttika•Aipasi

Sunrise: 6:08AM
Sunset: 5:32PM

Durmukha 5118
Moon 10 - Phase 29
4th Phase

Subha Sivaloka Day

Pradosha Vrata

Routine Work Prabalarishta Yoga
Until 11:18PM
Then Creative Work - Siddha Yoga

5 Sunday, November 13, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 210

Mesha Rasi: 4.07 Tithi 14
723551364

Gulika	2:41PM – 4:06PM
Yama	11:50AM – 1:15PM
Rahu	4:06PM – 5:31PM

Ashvini Until 8:33PM
Siddhi Until 9:23AM
Gara Until 2:11PM
Chaturdashi* Until 12:17AM Mon

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – White
Karttika•Aipasi

Sunrise: 6:08AM
Sunset: 5:31PM

Durmukha 5118
Moon 10 - Phase 29
4th Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 8:33PM
Then Routine Work - Prabalarishta Yoga

○ Monday, November 14, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau

Yangon, Myanmar
Sutra 211

Mesha Rasi: 19.2 Tithi 15
723551364

Gulika	1:15PM – 2:41PM
Yama	10:25AM – 11:50AM
Rahu	7:34AM – 8:59AM

Bharani Until 5:27PM
Variyan Until 12:40AM Tue
Visti Until 10:22AM
Purnima* Until 8:24PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – White
Karttika•Aipasi

Sunrise: 6:09AM
Sunset: 5:31PM

Durmukha 5118
Moon 10 - Phase 29
Purnima

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 5:27PM
Then Routine Work - Marana Yoga

Tuesday, November 15, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 212

Vrishabha Rasi: 4.4 Tithi 16 – 17
723551364

Gulika	11:50AM – 1:15PM
Yama	9:00AM – 10:25AM
Rahu	2:41PM – 4:06PM

Krittika Until 2:12PM
Parigha* Until 8:17PM
Balava Until 6:28AM
Prathama* Until 4:32PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – White
Karttika•Aipasi

Sunrise: 6:09AM
Sunset: 5:31PM

Durmukha 5118
Moon 10 - Phase 29
Prathama

Sivaloka Day

Creative Work Siddha Yoga
Until 2:12PM
Then Creative Work - Amrita Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

Wednesday, November 16, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 213

Vrishabha Rasi: 19.56 Tithi 17 – 18

Gulika 10:25AM – 11:50AM
Yama 7:35AM – 9:00AM
733551364 Rahu 11:50AM – 1:16PM

Rohini Until 11:23AM
Shiva Until 4:06PM
Vanija Until 11:08PM
Dvitiya Until 12:50PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Karttika•Karttikai

Sunrise: 6:10AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

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1 Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 214

Mithuna Rasi: 4.56 Tithi 18 – 19

Gulika 9:01AM – 10:26AM
Yama 6:10AM – 7:35AM
733551365 Rahu 1:16PM – 2:41PM

Mrigashira Until 8:46AM
Siddha Until 12:12PM
Bava Until 8:02PM
Tritiya Until 9:30AM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Yellow
Karttika•Karttikai

Sunrise: 6:10AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Sivaloka Day

Routine Work Marana Yoga

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2 Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 215

Mithuna Rasi: 19.34 Tithi 19 – 20

Gulika 7:36AM – 9:01AM
Yama 2:41PM – 4:06PM
733551365 Rahu 10:26AM – 11:51AM

Ardra Until 6:33AM
Sadhya Until 8:46AM
Taitila Until 4:35AM Sat
Chaturthi* Until 6:42AM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Yellow
Karttika•Karttikai

Sunrise: 6:11AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

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3 Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 216

Kataka Rasi: 3.44 Tithi 21

Gulika 6:11AM – 7:36AM
Yama 1:16PM – 2:41PM
743551365 Rahu 9:01AM – 10:26AM

Pushya Until 4:41AM Sun
Sukla Until 3:41AM Sun
Gara Until 3:50PM
Shashthi* Until 3:17AM Sun

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Blue
Karttika•Karttikai

Sunrise: 6:11AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga

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4 Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 217

Kataka Rasi: 17.23 Tithi 22

Gulika 2:41PM – 4:06PM
Yama 11:51AM – 1:16PM
743551365 Rahu 4:06PM – 5:31PM

Ashlesha* Until 4:47AM Mon
Brahma Until 2:10AM Mon
Visti Until 2:58PM
Saptami Until 2:51AM Mon

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Blue
Karttika•Karttikai

Sunrise: 6:12AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 4:47AM Mon
Then Routine Work - Marana Yoga

Monday, November 21, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 218

Simha Rasi: 0.34 Tithi 23

Gulika 1:16PM – 2:41PM
Yama 10:27AM – 11:52AM
753551365 Rahu 7:37AM – 9:02AM

Magha* Until 6:03AM Tue
Indra Until 1:20AM Tue
Balava Until 3:00PM
Ashtami* Until 3:19AM Tue

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Red
Karttika•Karttikai

Sunrise: 6:13AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 30
Ashtami

Sivaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 6:03AM Tue
Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 219

Simha Rasi: 13.17 Tithi 24

Gulika 11:52AM – 1:16PM
Yama 9:02AM – 10:27AM
754551365 Rahu 2:41PM – 4:06PM

Magha* Until 6:03AM
Vaidhriti* Until 1:05AM Wed
Taitila Until 3:52PM
Navami* Until 4:34AM Wed

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Karttika•Karttikai

Sunrise: 6:13AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 30
Navami

Devaloka Day

Creative Work Siddha Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1 Wednesday, November 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau

Yangon, Myanmar
Sun 8 Sutra 220

Simha Rasi: 25.41 Tithi 25

754551365

Gulika 10:27AM – 11:52AM
Yama 7:38AM – 9:03AM
Rahu 11:52AM – 1:17PM

Purvaphalguni Until 7:54AM
Vishkambha* Until 1:21AM Thu
Vanija Until 5:27PM
Dashami Until 6:26AM Thu

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Karttika•Karttikai

Sunrise: 6:14AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Devaloka Day

Creative Work Amrita Yoga

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2 Thursday, November 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 9 Sutra 221

Kanya Rasi: 7.49 Tithi 25 – 26

754551365

Gulika 9:03AM – 10:28AM
Yama 6:14AM – 7:39AM
Rahu 1:17PM – 2:41PM

Uttaraphalguni Until 10:09AM
Priti Until 1:58AM Fri
Bava Until 7:34PM
Dashami Until 6:26AM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Karttika•Karttikai

Sunrise: 6:14AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Devaloka Day

Amrita Yoga
Until 10:09AM
Then Routine Work - Marana Yoga

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3 Friday, November 25, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 10 Sutra 222

Kanya Rasi: 19.48 Tithi 26 – 27

764551365

Gulika 7:39AM – 9:04AM
Yama 2:42PM – 4:06PM
Rahu 10:28AM – 11:53AM

Hasta Until 1:06PM
Ayushman Until 2:45AM Sat
Kaulava Until 9:59PM
Ekadashi* Until 8:44AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Karttika•Karttikai

Sunrise: 6:15AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga
Until 1:06PM
Then Creative Work - Siddha Yoga

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4 Saturday, November 26, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 11 Sutra 223

Tula Rasi: 1.41 Tithi 27 – 28

764551365

Gulika 6:15AM – 7:40AM
Yama 1:17PM – 2:42PM
Rahu 9:04AM – 10:29AM

Chitra Until 4:05PM
Saubhagya Until 3:38AM Sun
Gara Until 12:33AM Sun
Dvadashi* Until 11:15AM

Pradosha Vrata (Fasting)

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Karttika•Karttikai

Sunrise: 6:15AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 4:05PM
Then Creative Work - Siddha Yoga

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5 Sunday, November 27, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 12 Sutra 224

Tula Rasi: 13.31 Tithi 28 – 29

764551365

Gulika 2:42PM – 4:06PM
Yama 11:53AM – 1:18PM
Rahu 4:06PM – 5:31PM

Svati Until 6:55PM
Sobhana Until 4:31AM Mon
Visti Until 3:08AM Mon
Trayodashi* Until 1:50PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Karttika•Karttikai

Sunrise: 6:16AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 6:55PM
Then Routine Work - Marana Yoga

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6 Monday, November 28, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Yangon, Myanmar
Sun 13 Sutra 225

Tula Rasi: 25.23 Tithi 29 – 30

774551365

Gulika 1:18PM – 2:42PM
Yama 10:29AM – 11:54AM
Rahu 7:41AM – 9:05AM

Vishakha Until 10:03PM
Athiganda* Until 5:19AM Tue
Catuspada Until 5:37AM Tue
Chaturdashi* Until 4:22PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Orange
Karttika•Karttikai

Sunrise: 6:16AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Family Home Evening
Routine Work Marana Yoga
Until 10:03PM
Then Creative Work - Siddha Yoga

● Tuesday, November 29, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Sukarma Yoga Naga* Karana Amavasyayam Titau

Yangon, Myanmar
Sun 14 Sutra 226

Vrischika Rasi: 7.16 Tithi 30

774551365

Gulika 11:54AM – 1:18PM
Yama 9:06AM – 10:30AM
Rahu 2:43PM – 4:07PM

Anuradha Until 12:52AM Wed
Sukarma Until 6:01AM Wed
Naga Until 6:47PM
Amavasya* Until 6:47PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Orange
Karttika•Karttikai

Sunrise: 6:17AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 31
Amavasya

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Wednesday, November 30, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau

Yangon, Myanmar
Sun 15 Sutra 227

Vrischika Rasi: 19.13 Tithi 1

774551365

Gulika 10:30AM – 11:54AM
Yama 7:42AM – 9:06AM
Rahu 11:54AM – 1:19PM

Jyeshtha* Until 3:22AM Thu
Sukarma Until 6:01AM
Kintughna Until 7:57AM
Prathama* Until 9:03PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Orange
Margasira•Karttikai

Sunrise: 6:18AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 31
Prathama

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1 Thursday, December 1, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 16 Sutra 228

Dhanus Rasi: 1.13 Tithi 2

Gulika 9:07AM – 10:31AM
Yama 6:18AM – 7:42AM
784551365 Rahu 1:19PM – 2:43PM

Mula* Until 6:00AM Fri
Dhriti Until 6:36AM
Balava Until 10:07AM
Dvitiya Until 11:06PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Light Blue
Margasira•Karttikai

Sunrise: 6:18AM
Sunset: 5:31PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 6:00AM Fri
Then Routine Work - Prabalarishta Yoga

2 Friday, December 2, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau

Yangon, Myanmar
Sun 17 Sutra 229

Dhanus Rasi: 13.19 Tithi 3

Gulika 7:43AM – 9:07AM
Yama 2:43PM – 4:07PM
784551365 Rahu 10:31AM – 11:55AM

Mula* Until 6:00AM
Shula* Until 6:59AM
Taitila Until 12:04PM
Tritiya Until 12:54AM Sat

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Light Blue
Margasira•Karttikai

Sunrise: 6:19AM
Sunset: 5:32PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga
Until 6:00AM
Then Routine Work - Prabalarishta Yoga

3 Saturday, December 3, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Ganda*/Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau

Yangon, Myanmar
Sun 18 Sutra 230

Dhanus Rasi: 25.31 Tithi 4

Gulika 6:19AM – 7:43AM
Yama 1:20PM – 2:44PM
784551365 Rahu 9:07AM – 10:32AM

Purvashadha* Until 8:13AM
Ganda* Until 7:11AM
Vanija Until 1:43PM
Chaturthi* Until 2:24AM Sun

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Light Blue
Margasira•Karttikai

Sunrise: 6:19AM
Sunset: 5:32PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 8:13AM
Then Routine Work - Marana Yoga

4 Sunday, December 4, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau

Yangon, Myanmar
Sun 19 Sutra 231

Makara Rasi: 7.52 Tithi 5

Gulika 2:44PM – 4:08PM
Yama 11:56AM – 1:20PM
785651365 Rahu 4:08PM – 5:32PM

Uttarashadha Until 9:56AM
Vriddhi Until 7:08AM
Bava Until 3:00PM
Panchami Until 3:28AM Mon

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Light Blue
Margasira•Karttikai

Sunrise: 6:20AM
Sunset: 5:32PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

5 Monday, December 5, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau

Yangon, Myanmar
Sun 20 Sutra 232

Makara Rasi: 20.23 Tithi 6
Family Home Evening

Gulika 1:20PM – 2:44PM
Yama 10:32AM – 11:56AM
795651365 Rahu 7:45AM – 9:08AM

Shravana Until 11:32AM
Dhruva Until 6:44AM
Kaulava Until 3:49PM
Shashthi* Until 4:00AM Tue

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Purple
Margasira•Karttikai

Sunrise: 6:21AM
Sunset: 5:32PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 11:32AM
Then Creative Work - Siddha Yoga

6 Tuesday, December 6, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau

Yangon, Myanmar
Sun 21 Sutra 233

Kumbha Rasi: 3.1 Tithi 7

Gulika 11:57AM – 1:21PM
Yama 9:09AM – 10:33AM
795651365 Rahu 2:45PM – 4:09PM

Dhanishtha Until 12:27PM
Harshana Until 4:39AM Wed
Gara Until 4:03PM
Saptami Until 3:54AM Wed

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Purple
Margasira•Karttikai

Sunrise: 6:21AM
Sunset: 5:32PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 12:27PM
Then Routine Work - Marana Yoga

◗ Wednesday, December 7, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 22 Sutra 234

Kumbha Rasi: 16.16 Tithi 8

Gulika 10:33AM – 11:57AM
Yama 7:46AM – 9:10AM
795651365 Rahu 11:57AM – 1:21PM

Shatabhishak Until 12:33PM
Vajra* Until 2:47AM Thu
Visti Until 3:37PM
Ashtami* Until 3:07AM Thu

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Purple
Margasira•Karttikai

Sunrise: 6:22AM
Sunset: 5:33PM

Durmukha 5118
Moon 11 - Phase 32
Ashtami

Devaloka Day

Creative Work Siddha Yoga
Until 12:33PM
Then Creative Work - Amrita Yoga

Thursday, December 8, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau

Yangon, Myanmar
Sun 23 Sutra 235

Kumbha Rasi: 29.44 Tithi 9

Gulika 9:10AM – 10:34AM
Yama 6:22AM – 7:46AM
715651365 Rahu 1:22PM – 2:45PM

Purvaproshthapada* Until 12:17PM
Siddhi Until 12:23AM Fri
Balava Until 2:28PM
Navami* Until 1:37AM Fri

Ganesha: Red
Muruga: Clear
Nataraja: White
Moon – Clear
Margasira•Karttikai

Sunrise: 6:22AM
Sunset: 5:33PM

Durmukha 5118
Moon 11 - Phase 32
Navami

Devaloka Day

Creative Work Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1 Friday, December 9, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau

Yangon, Myanmar
Sun 24 Sutra 236

Meena Rasi: 13.37 Tithi 10

Gulika	7:47AM – 9:11AM	Uttaraproshthapada Until 11:10AM
Yama	2:46PM – 4:10PM	Vyatipata* Until 9:27PM
715651365 Rahu	10:34AM – 11:58AM	Taitila Until 12:37PM
		Dashami Until 11:26PM

Ganesha: Red
Muruga: Clear
Nataraja: White
Moon – Clear
Margasira•Karttikai

Sunrise: 6:23AM
Sunset: 5:33PM

Durmukha 5118
Moon 11 - Phase 33
4th Phase

Devaloka Day

Creative Work Siddha Yoga

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2 Saturday, December 10, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 237

Meena Rasi: 27.55 Tithi 11

Gulika	6:23AM – 7:47AM	Revati Until 9:17AM
Yama	1:22PM – 2:46PM	Variyan Until 6:01PM
715651365 Rahu	9:11AM – 10:35AM	Vanija Until 10:08AM
		Ekadashi Until 8:41PM

Ganesha: Red
Muruga: Clear
Nataraja: White
Moon – Clear
Margasira•Karttikai

Sunrise: 6:23AM
Sunset: 5:34PM

Durmukha 5118
Moon 11 - Phase 33
4th Phase

Devaloka Day

Routine Work Prabalarishta Yoga
Until 9:17AM
Then Creative Work - Siddha Yoga

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3 Sunday, December 11, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 238

Mesha Rasi: 12.37 Tithi 12 – 13

Gulika	2:47PM – 4:10PM	Ashvini Until 7:09AM
Yama	11:59AM – 1:23PM	Parigha* Until 2:12PM
725651365 Rahu	4:10PM – 5:34PM	Bava Until 7:08AM
		Dvadashi Until 5:28PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – White
Margasira•Karttikai

Sunrise: 6:24AM
Sunset: 5:34PM

Durmukha 5118
Moon 11 - Phase 33
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Pradosha Vrata

Creative Work Siddha Yoga
Until 7:09AM
Then Routine Work - Prabalarishta Yoga

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4 Monday, December 12, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 239

Mesha Rasi: 27.36 Tithi 13 – 14

Gulika	1:23PM – 2:47PM	Krittika Until 1:29AM Tue
Yama	10:36AM – 12:00PM	Shiva Until 10:08AM
725651365 Rahu	7:48AM – 9:12AM	Gara Until 12:08AM Tue
		Trayodashi Until 1:57PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – White
Margasira•Karttikai

Sunrise: 6:25AM
Sunset: 5:34PM

Durmukha 5118
Moon 11 - Phase 33
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Family Home Evening
Routine Work Marana Yoga
Until 1:29AM Tue
Then Creative Work - Amrita Yoga

Krittika Deepam

○ Tuesday, December 13, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Yangon, Myanmar
Sutra 240

Vrishabha Rasi: 12.46 Tithi 14 – 15

Gulika	12:00PM – 1:24PM	Rohini Until 10:41PM
Yama	9:13AM – 10:36AM	Sadhya Until 1:38AM Wed
736661365 Rahu	2:47PM – 4:11PM	Visti Until 8:27PM
		Chaturdashi* Until 10:16AM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Yellow
Margasira•Karttikai

Sunrise: 6:25AM
Sunset: 5:35PM

Durmukha 5118
Moon 11 - Phase 33
Purnima

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 10:41PM
Then Creative Work - Siddha Yoga

Wednesday, December 14, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau

Yangon, Myanmar
Sutra 241

Vrishabha Rasi: 27.56 Tithi 15 – 16

Gulika	10:37AM – 12:00PM	Mrigashira Until 7:54PM
Yama	7:49AM – 9:13AM	Subha Until 9:33PM
736661365 Rahu	12:00PM – 1:24PM	Kaulava Until 3:12AM Thu
		Purnima* Until 6:38AM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Yellow
Margasira•Karttikai

Sunrise: 6:26AM
Sunset: 5:35PM

Durmukha 5118
Moon 11 - Phase 33
Prathama

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

Thursday, December 15, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sutra 242

Mithuna Rasi: 12.56 Tithi 17

Gulika 9:14AM – 10:37AM
Yama 6:26AM – 7:50AM
736661365 Rahu 1:25PM – 2:48PM

Ardra Until 5:17PM
Sukla Until 5:42PM
Taitila Until 1:38PM
Dvitiya Until 12:09AM Fri

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Yellow
Margasira•Markali

Sunrise: 6:26AM
Sunset: 5:36PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 5:17PM
Then Creative Work - Amrita Yoga

Markali Pillaiyar

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1 Friday, December 16, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 243

Mithuna Rasi: 27.38 Tithi 18

Gulika 7:51AM – 9:14AM
Yama 2:49PM – 4:12PM
846661365 Rahu 10:38AM – 12:01PM

Punarvasu Until 3:27PM
Brahma Until 2:16PM
Vanija Until 10:50AM
Tritiya Until 9:39PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Blue
Margasira•Markali

Sunrise: 6:27AM
Sunset: 5:36PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 3:27PM
Then Routine Work - Marana Yoga

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2 Saturday, December 17, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 244

Kataka Rasi: 11.55 Tithi 19

Gulika 6:27AM – 7:51AM
Yama 1:26PM – 2:49PM
846661365 Rahu 9:15AM – 10:38AM

Pushya Until 2:09PM
Indra Until 11:24AM
Bava Until 8:41AM
Chaturthi* Until 7:52PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Blue
Margasira•Markali

Sunrise: 6:27AM
Sunset: 5:37PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 2:09PM
Then Routine Work - Marana Yoga

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3 Sunday, December 18, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 245

Kataka Rasi: 25.43 Tithi 20

Gulika 2:50PM – 4:13PM
Yama 12:02PM – 1:26PM
846661365 Rahu 4:13PM – 5:37PM

Ashlesha* Until 1:29PM
Vaidhriti* Until 9:08AM
Kaulava Until 7:18AM
Panchami Until 6:55PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Blue
Margasira•Markali

Sunrise: 6:28AM
Sunset: 5:37PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 1:29PM
Then Routine Work - Marana Yoga

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4 Monday, December 19, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 246

Simha Rasi: 9 Tithi 21

Gulika 1:27PM – 2:50PM
Yama 10:39AM – 12:03PM
856661365 Rahu 7:52AM – 9:16AM

Magha* Until 1:59PM
Vishkambha* Until 7:34AM
Gara Until 6:48AM
Shashthi* Until 6:53PM

Ganesha: Green
Muruga: White
Nataraja: White
Moon – Red
Margasira•Markali

Sunrise: 6:28AM
Sunset: 5:37PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase
Bhuloka Day

Family Home Evening
Routine Work Marana Yoga
Until 1:59PM
Then Creative Work - Siddha Yoga

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5 Tuesday, December 20, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 247

Simha Rasi: 21.5 Tithi 22

Gulika 12:03PM – 1:27PM
Yama 9:16AM – 10:40AM
856661365 Rahu 2:51PM – 4:14PM

Purvaphalguni Until 3:12PM
Priti Until 6:42AM
Visti Until 7:13AM
Saptami Until 7:43PM

Ganesha: Green
Muruga: White
Nataraja: White
Moon – Red
Margasira•Markali

Sunrise: 6:29AM
Sunset: 5:38PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase
Bhuloka Day

Creative Work Siddha Yoga
Until 3:12PM
Then Creative Work - Amrita Yoga

Wednesday, December 21, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 248

Kanya Rasi: 4.18 Tithi 23

Gulika 10:40AM – 12:04PM
Yama 7:53AM – 9:17AM
857661365 Rahu 12:04PM – 1:28PM

Uttaraphalguni Until 5:00PM
Ayushman Until 6:27AM
Balava Until 8:27AM
Ashtami* Until 9:18PM

Ganesha: White
Muruga: White
Nataraja: White
Moon – Red
Margasira•Markali

Sunrise: 6:29AM
Sunset: 5:38PM

Durmukha 5118
Moon 12 - Phase 34
Ashtami
Bhuloka Day

Creative Work Amrita Yoga
Until 5:00PM
Then Routine Work - Marana Yoga

Day 1 of Pancha Ganapati

Thursday, December 22, 2016
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 249

Kanya Rasi: 16.28 Tithi 24

Gulika 9:17AM – 10:41AM
Yama 6:30AM – 7:54AM
867661365 Rahu 1:28PM – 2:52PM

Hasta Until 7:42PM
Saubhagya Until 6:44AM
Taitila Until 10:21AM
Navami* Until 11:28PM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Green
Margasira•Markali

Sunrise: 6:30AM
Sunset: 5:39PM

Durmukha 5118
Moon 12 - Phase 34
Navami
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 7:42PM
Then Creative Work - Siddha Yoga

Day 2 of Pancha Ganapati

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

1 Friday, December 23, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau

Yangon, Myanmar
Sun 8 Sutra 250

Kanya Rasi: 28.26 Tithi 25

867661365

Gulika	7:54AM – 9:18AM
Yama	2:52PM – 4:16PM
Rahu	10:41AM – 12:05PM

Chitra Until 10:36PM
Sobhana Until 7:23AM
Vanija Until 12:42PM
Dashami Until 1:58AM Sat

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Green
Margasira•Markali

Sunrise: 6:30AM
Sunset: 5:39PM

Durmukha 5118
Moon 12 - Phase 35
2nd Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Day 3 of Pancha Ganapati

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2 Saturday, December 24, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ekadashyam Titau

Yangon, Myanmar
Sun 9 Sutra 251

Tula Rasi: 10.19 Tithi 26

867661365

Gulika	6:31AM – 7:55AM
Yama	1:29PM – 2:53PM
Rahu	9:18AM – 10:42AM

Svati Until 1:27AM Sun
Athiganda* Until 8:12AM
Bava Until 3:17PM
Ekadashi* Until 4:34AM Sun

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Green
Margasira•Markali

Sunrise: 6:31AM
Sunset: 5:40PM

Durmukha 5118
Moon 12 - Phase 35
2nd Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 1:27AM Sun
Then Routine Work - Marana Yoga

Day 4 of Pancha Ganapati

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3 Sunday, December 25, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau

Yangon, Myanmar
Sun 10 Sutra 252

Tula Rasi: 22.09 Tithi 27

877661365

Gulika	2:53PM – 4:17PM
Yama	12:06PM – 1:30PM
Rahu	4:17PM – 5:41PM

Vishakha Until 4:36AM Mon
Sukarma Until 9:05AM
Kaulava Until 5:53PM
Dvadashi* Until 7:07AM Mon

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Orange
Margasira•Markali

Sunrise: 6:31AM
Sunset: 5:41PM

Durmukha 5118
Moon 12 - Phase 35
2nd Phase
Bhuloka Day

Routine Work Marana Yoga
Until 4:36AM Mon
Then Creative Work - Siddha Yoga

Day 5 of Pancha Ganapati

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4 Monday, December 26, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 11 Sutra 253

Vrischika Rasi: 4.01 Tithi 27 – 28

877661366

Gulika	1:30PM – 2:54PM
Yama	10:43AM – 12:06PM
Rahu	7:55AM – 9:19AM

Anuradha Until 7:24AM Tue
Dhriti Until 9:55AM
Gara Until 8:21PM
Dvadashi* Until 7:07AM

Ganesha: Purple
Muruga: White
Nataraja: Green
Moon – Orange
Margasira•Markali

Sunrise: 6:32AM
Sunset: 5:41PM

Durmukha 5118
Moon 12 - Phase 35
2nd Phase
Bhuloka Day

Pradosha Vrata (Fasting)

Family Home Evening
Creative Work Siddha Yoga
Until 7:24AM Tue
Then Routine Work - Marana Yoga

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5 Tuesday, December 27, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 12 Sutra 254

Vrischika Rasi: 15.58 Tithi 28 – 29

878661366

Gulika	12:07PM – 1:31PM
Yama	9:20AM – 10:43AM
Rahu	2:54PM – 4:18PM

Anuradha Until 7:24AM
Shula* Until 10:34AM
Visti Until 10:35PM
Trayodashi* Until 9:29AM

Ganesha: Clear
Muruga: White
Nataraja: Green
Moon – Orange
Margasira•Markali

Sunrise: 6:32AM
Sunset: 5:42PM

Durmukha 5118
Moon 12 - Phase 35
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 7:24AM
Then Routine Work - Marana Yoga

● Wednesday, December 28, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Ganda*/Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Yangon, Myanmar
Sun 13 Sutra 255

Vrischika Rasi: 27.59 Tithi 29 – 30

878661366

Gulika	10:44AM – 12:07PM
Yama	7:56AM – 9:20AM
Rahu	12:07PM – 1:31PM

Jyeshtha* Until 9:47AM
Ganda* Until 11:02AM
Catuspada Until 12:31AM Thu
Chaturdashi* Until 11:34AM

Ganesha: Clear
Muruga: White
Nataraja: Green
Moon – Orange
Margasira•Markali

Sunrise: 6:33AM
Sunset: 5:42PM

Durmukha 5118
Moon 12 - Phase 35
Amavasya
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 9:47AM
Then Routine Work - Marana Yoga

Hanumath Jayanthi (Tamil Nadu)

Thursday, December 29, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Yangon, Myanmar
Sun 14 Sutra 256

Dhanus Rasi: 10.09 Tithi 30 – 1

888761366

Gulika	9:21AM – 10:44AM
Yama	6:33AM – 7:57AM
Rahu	1:32PM – 2:55PM

Mula* Until 12:13PM
Vriddhi Until 11:17AM
Kintughna Until 2:07AM Fri
Amavasya* Until 1:20PM

Ganesha: Light Blue
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Markali

Sunrise: 6:33AM
Sunset: 5:43PM

Durmukha 5118
Moon 12 - Phase 35
Prathama
Bhuloka Day

Creative Work Siddha Yoga

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, “Fear not.” Tirumurai 11

1 Friday, December 30, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sun 15 Sutra 257

Dhanus Rasi: 22.27 Tithi 1 – 2

Gulika 7:57AM – 9:21AM
Yama 2:56PM – 4:20PM
888761366 Rahu 10:45AM – 12:08PM

Purvashadha* Until 2:09PM
Dhruva Until 11:15AM
Balava Until 3:22AM Sat
Prathama* Until 2:46PM

Ganesha: Light Blue
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Markali

Sunrise: 6:33AM
Sunset: 5:43PM

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day

Routine Work Prabalarishta Yoga
Until 2:09PM
Then Routine Work - Marana Yoga

2 Saturday, December 31, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 16 Sutra 258

Makara Rasi: 4.53 Tithi 2 – 3

Gulika 6:34AM – 7:58AM
Yama 1:33PM – 2:56PM
888761366 Rahu 9:21AM – 10:45AM

Uttarashadha Until 3:35PM
Vyaghata* Until 10:57AM
Taitila Until 4:15AM Sun
Dvitiya Until 3:50PM

Ganesha: Light Blue
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Markali

Sunrise: 6:34AM
Sunset: 5:44PM

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day

Routine Work Marana Yoga
Until 3:35PM
Then Creative Work - Siddha Yoga

3 Sunday, January 1, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 17 Sutra 259

Makara Rasi: 17.3 Tithi 3 – 4

Gulika 2:56PM – 4:20PM
Yama 12:09PM – 1:33PM
898761366 Rahu 4:20PM – 5:44PM

Shravana Until 4:58PM
Harshana Until 10:24AM
Vanija Until 4:45AM Mon
Tritiya Until 4:32PM

Ganesha: Purple
Muruga: White
Nataraja: Green
Moon – Purple
Pausha•Markali

Sunrise: 6:34AM
Sunset: 5:44PM

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 4:58PM
Then Routine Work - Marana Yoga

4 Monday, January 2, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 18 Sutra 260

Kumbha Rasi: 0.17 Tithi 4 – 5
Family Home Evening

Gulika 1:33PM – 2:57PM
Yama 10:46AM – 12:09PM
898761366 Rahu 7:58AM – 9:22AM

Dhanishtha Until 5:49PM
Vajra* Until 9:31AM
Bava Until 4:51AM Tue
Chaturthi* Until 4:50PM

Ganesha: Purple
Muruga: White
Nataraja: Green
Moon – Purple
Pausha•Markali

Sunrise: 6:34AM
Sunset: 5:44PM

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day

Creative Work Siddha Yoga

5 Tuesday, January 3, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 19 Sutra 261

Kumbha Rasi: 13.16 Tithi 5 – 6

Gulika 12:10PM – 1:34PM
Yama 9:22AM – 10:46AM
899761366 Rahu 2:57PM – 4:21PM

Shatabhishak Until 6:06PM
Siddhi Until 8:19AM
Kaulava Until 4:29AM Wed
Panchami Until 4:42PM

Ganesha: Clear
Muruga: White
Nataraja: Green
Moon – Purple
Pausha•Markali

Sunrise: 6:35AM
Sunset: 5:45PM

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

Vinayaga Viratam Ends

6 Wednesday, January 4, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam
Purvaproshthapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 20 Sutra 262

Kumbha Rasi: 26.29 Tithi 6 – 7

Gulika 10:46AM – 12:10PM
Yama 7:59AM – 9:23AM
819761366 Rahu 12:10PM – 1:34PM

Purvaproshthapada* Until 6:14PM
Vyatipata* Until 6:47AM
Gara Until 3:39AM Thu
Shashthi* Until 4:06PM

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Clear
Pausha•Markali

Sunrise: 6:35AM
Sunset: 5:46PM

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 6:14PM
Then Creative Work - Siddha Yoga

◗ Thursday, January 5, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 21 Sutra 263

Meena Rasi: 9.58 Tithi 7 – 8

Gulika 9:23AM – 10:47AM
Yama 6:35AM – 7:59AM
819761366 Rahu 1:35PM – 2:59PM

Uttaraproshthapada Until 5:44PM
Parigha* Until 2:32AM Fri
Visti Until 2:18AM Fri
Saptami Until 3:01PM

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Clear
Pausha•Markali

Sunrise: 6:35AM
Sunset: 5:46PM

Durmukha 5118
Moon 12 - Phase 36
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Subramuniyaswami Jayanti

Friday, January 6, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 22 Sutra 264

Meena Rasi: 23.44 Tithi 8 – 9

Gulika 7:59AM – 9:23AM
Yama 2:59PM – 4:23PM
819761366 Rahu 10:47AM – 12:11PM

Revati Until 4:35PM
Shiva Until 11:50PM
Balava Until 12:28AM Sat
Ashtami* Until 1:25PM

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Clear
Pausha•Markali

Sunrise: 6:36AM
Sunset: 5:47PM

Durmukha 5118
Moon 12 - Phase 36
Navami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 4:35PM
Then Creative Work - Amrita Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Saturday, January 7, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 23 Sutra 265

Mesha Rasi: 7.48 Tithi 9 – 10

Gulika 6:36AM – 8:00AM
Yama 1:36PM – 3:00PM
829761366 Rahu 9:24AM – 10:48AM

Ashvini Until 3:17PM
Siddha Until 8:45PM
Taitila Until 10:11PM
Navami* Until 11:21AM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – White
Pausha•Markali

Sunrise: 6:36AM
Sunset: 5:47PM

Durmukha 5118
Moon 12 - Phase 37
4th Phase

Devaloka Day

Creative Work Siddha Yoga

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2 Sunday, January 8, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 266

Mesha Rasi: 22.1 Tithi 10 – 11

Gulika 3:00PM – 4:24PM
Yama 12:12PM – 1:36PM
829761366 Rahu 4:24PM – 5:48PM

Bharani Until 1:25PM
Sadhya Until 5:22PM
Vanija Until 7:31PM
Dashami Until 8:52AM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – White
Pausha•Markali

Sunrise: 6:36AM
Sunset: 5:48PM

Durmukha 5118
Moon 12 - Phase 37
4th Phase

Devaloka Day

Routine Work Prabalarishta Yoga
Until 1:25PM
Then Creative Work - Siddha Yoga

Vaikuntha Ekadasi

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3 Monday, January 9, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Subha/Sukla Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 267

Vrishabha Rasi: 6.46 Tithi 11 – 12

Gulika 1:37PM – 3:01PM
Yama 10:48AM – 12:13PM
829761366 Rahu 8:00AM – 9:24AM

Krittika Until 11:07AM
Subha Until 1:46PM
Balava Until 3:01AM Tue
Ekadashi Until 6:03AM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – White
Pausha•Markali

Sunrise: 6:36AM
Sunset: 5:49PM

Durmukha 5118
Moon 12 - Phase 37
4th Phase

Devaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 11:07AM
Then Creative Work - Amrita Yoga

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4 Tuesday, January 10, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 268

Vrishabha Rasi: 21.31 Tithi 13

Gulika 12:13PM – 1:37PM
Yama 9:25AM – 10:49AM
839761366 Rahu 3:01PM – 4:25PM

Rohini Until 8:55AM
Sukla Until 10:01AM
Kaulava Until 1:29PM
Trayodashi Until 11:55PM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Yellow
Pausha•Markali

Sunrise: 6:37AM
Sunset: 5:49PM

Durmukha 5118
Moon 12 - Phase 37
4th Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Pradosha Vrata

Creative Work Amrita Yoga
Until 8:55AM
Then Creative Work - Siddha Yoga

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5 Wednesday, January 11, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 269

Mithuna Rasi: 6.19 Tithi 14

Gulika 10:49AM – 12:13PM
Yama 8:01AM – 9:25AM
831761366 Rahu 12:13PM – 1:37PM

Mrigashira Until 6:32AM
Brahma Until 6:14AM
Gara Until 10:24AM
Chaturdashi* Until 8:53PM

Ganesha: Clear
Muruga: White
Nataraja: Green
Moon – Yellow
Pausha•Markali

Sunrise: 6:37AM
Sunset: 5:50PM

Durmukha 5118
Moon 12 - Phase 37
4th Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Ardra Darshanam

○ Thursday, January 12, 2017
Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau

Yangon, Myanmar
Sutra 270

Mithuna Rasi: 21.02 Tithi 15

Gulika 9:25AM – 10:50AM
Yama 6:37AM – 8:01AM
841761366 Rahu 1:38PM – 3:02PM

Punarvasu Until 2:19AM Fri
Vaidhriti* Until 11:07PM
Visti Until 7:28AM
Purnima* Until 6:05PM

Ganesha: White
Muruga: White
Nataraja: Green
Moon – Blue
Pausha•Markali

Sunrise: 6:37AM
Sunset: 5:51PM

Durmukha 5118
Moon 12 - Phase 37
Purnima

Devaloka Day

Creative Work Amrita Yoga
Until 2:19AM Fri
Then Routine Work - Marana Yoga

Friday, January 13, 2017
Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 271

Kataka Rasi: 5.32 Tithi 16 – 17

Gulika 8:01AM – 9:26AM
Yama 3:03PM – 4:27PM
841761366 Rahu 10:50AM – 12:14PM

Pushya Until 12:48AM Sat
Vishkambha* Until 8:01PM
Taitila Until 2:41AM Sat
Prathama* Until 3:40PM

Ganesha: White
Muruga: White
Nataraja: Green
Moon – Blue
Pausha•Markali

Sunrise: 6:37AM
Sunset: 5:51PM

Durmukha 5118
Moon 12 - Phase 37
Prathama

Devaloka Day

Routine Work Marana Yoga

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

Saturday, January 14, 2017
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 272

Kataka Rasi: 19.41 Tithi 17 – 18

Gulika 6:37AM – 8:02AM
Yama 1:39PM – 3:03PM
841761366 Rahu 9:26AM – 10:50AM

Ashlesha* Until 11:44PM
Priti Until 5:23PM
Vanija Until 1:09AM Sun
Dvitiya Until 1:48PM

Ganesha: White
Muruga: White
Nataraja: Green
Moon – Blue
Pausha•Thai

Sunrise: 6:37AM
Sunset: 5:52PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 11:44PM
Then Creative Work - Amrita Yoga

Thai Pongal

1 Sunday, January 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 273

Simha Rasi: 3.28 Tithi 18 – 19

Gulika 3:04PM – 4:28PM
Yama 12:15PM – 1:39PM
851761366 Rahu 4:28PM – 5:52PM

Magha* Until 11:40PM
Ayushman Until 3:18PM
Bava Until 12:21AM Mon
Tritiya Until 12:38PM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Red
Pausha•Thai

Sunrise: 6:37AM
Sunset: 5:52PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga
Until 11:40PM
Then Creative Work - Siddha Yoga

2 Monday, January 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 274

Simha Rasi: 16.48 Tithi 19 – 20

Gulika 1:40PM – 3:04PM
Yama 10:51AM – 12:15PM
851761366 Rahu 8:02AM – 9:26AM

Purvaphalguni Until 12:15AM Tue
Saubhagya Until 1:50PM
Kaulava Until 12:22AM Tue
Chaturthi* Until 12:14PM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Red
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:53PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Family Home Evening
Creative Work Siddha Yoga
Until 12:15AM Tue
Then Creative Work - Amrita Yoga

3 Tuesday, January 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 275

Simha Rasi: 29.43 Tithi 20 – 21

Gulika 12:16PM – 1:40PM
Yama 9:27AM – 10:51AM
851761366 Rahu 3:05PM – 4:29PM

Uttaraphalguni Until 1:27AM Wed
Sobhana Until 1:00PM
Gara Until 1:11AM Wed
Panchami Until 12:39PM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Red
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:54PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 1:27AM Wed
Then Routine Work - Marana Yoga

4 Wednesday, January 18, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 276

Kanya Rasi: 12.16 Tithi 21 – 22

Gulika 10:51AM – 12:16PM
Yama 8:02AM – 9:27AM
861761366 Rahu 12:16PM – 1:40PM

Hasta Until 3:38AM Thu
Athiganda* Until 12:45PM
Visti Until 2:43AM Thu
Shashthi* Until 1:51PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Green
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:54PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 3:38AM Thu
Then Creative Work - Siddha Yoga

5 Thursday, January 19, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 277

Kanya Rasi: 24.31 Tithi 22 – 23

Gulika 9:27AM – 10:52AM
Yama 6:38AM – 8:02AM
861761366 Rahu 1:41PM – 3:05PM

Chitra Until 6:12AM Fri
Sukarma Until 12:59PM
Balava Until 4:48AM Fri
Saptami Until 3:41PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Green
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:55PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Friday, January 20, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 278

Tula Rasi: 6.34 Tithi 23 – 24

Gulika 8:02AM – 9:27AM
Yama 3:06PM – 4:31PM
861761366 Rahu 10:52AM – 12:17PM

Chitra Until 6:12AM
Dhriti Until 1:35PM
Taitila Until 7:13AM Sat
Ashtami* Until 5:58PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Green
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:55PM

Durmukha 5118
Moon 1 - Phase 38
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Saturday, January 21, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 279

Tula Rasi: 18.28 Tithi 24

Gulika 6:38AM – 8:03AM
Yama 1:42PM – 3:06PM
862761366 Rahu 9:27AM – 10:52AM

Svati Until 8:54AM
Shula* Until 2:22PM
Taitila Until 7:13AM
Navami* Until 8:28PM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Green
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:56PM

Durmukha 5118
Moon 1 - Phase 38
Navami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1 Sunday, January 22, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Ganda*/Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau

Yangon, Myanmar
Sun 9 Sutra 280

Vrischika Rasi: 0.2 Tithi 25

872761366

Gulika	3:07PM – 4:32PM
Yama	12:17PM – 1:42PM
Rahu	4:32PM – 5:56PM

Vishakha Until 12:01PM
Ganda* Until 3:11PM
Vanija Until 9:46AM
Dashami Until 10:59PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Orange
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:56PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase

Bhuloka Day

Routine Work Marana Yoga

2 Monday, January 23, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau

Yangon, Myanmar
Sun 10 Sutra 281

Vrischika Rasi: 12.14 Tithi 26

872861366

Gulika	1:42PM – 3:07PM
Yama	10:52AM – 12:17PM
Rahu	8:03AM – 9:28AM

Anuradha Until 2:53PM
Vriddhi Until 3:56PM
Bava Until 12:12PM
Ekadashi* Until 1:19AM Tue

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Orange
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:57PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Family Home Evening

Creative Work Siddha Yoga

3 Tuesday, January 24, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau

Yangon, Myanmar
Sun 11 Sutra 282

Vrischika Rasi: 24.13 Tithi 27

972861366

Gulika	12:18PM – 1:43PM
Yama	9:28AM – 10:53AM
Rahu	3:08PM – 4:33PM

Jyeshtha* Until 5:19PM
Dhruva Until 4:27PM
Kaulava Until 2:24PM
Dvadashi* Until 3:20AM Wed

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Orange
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:58PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase

Devaloka Day

Routine Work Marana Yoga
Until 5:19PM
Then Creative Work - Amrita Yoga

4 Wednesday, January 25, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau

Yangon, Myanmar
Sun 12 Sutra 283

Dhanus Rasi: 6.2 Tithi 28

982861366

Gulika	10:53AM – 12:18PM
Yama	8:03AM – 9:28AM
Rahu	12:18PM – 1:43PM

Mula* Until 7:42PM
Vyaghata* Until 4:41PM
Gara Until 4:12PM
Trayodashi* Until 4:55AM Thu

Pradosha Vrata (Fasting)

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:58PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga
Until 7:42PM
Then Creative Work - Amrita Yoga

5 Thursday, January 26, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 13 Sutra 284

Dhanus Rasi: 18.37 Tithi 29

982861366

Gulika	9:28AM – 10:53AM
Yama	6:38AM – 8:03AM
Rahu	1:43PM – 3:08PM

Purvashadha* Until 9:29PM
Harshana Until 4:36PM
Visti Until 5:33PM
Chaturdashi* Until 6:01AM Fri

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Thai

Sunrise: 6:38AM
Sunset: 5:59PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 9:29PM
Then Routine Work - Marana Yoga

● Friday, January 27, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Yangon, Myanmar
Sun 14 Sutra 285

Makara Rasi: 1.07 Tithi 29 – 30

982861366

Gulika	8:03AM – 9:28AM
Yama	3:09PM – 4:34PM
Rahu	10:53AM – 12:18PM

Uttarashadha Until 10:38PM
Vajra* Until 4:06PM
Catuspada Until 6:24PM
Chaturdashi* Until 6:01AM

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Thai

Sunrise: 6:37AM
Sunset: 5:59PM

Durmukha 5118
Moon 1 - Phase 39
Amavasya

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

Saturday, January 28, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Yangon, Myanmar
Sun 15 Sutra 286

Makara Rasi: 13.5 Tithi 30 – 1

992861366

Gulika	6:37AM – 8:03AM
Yama	1:44PM – 3:09PM
Rahu	9:28AM – 10:53AM

Shravana Until 11:37PM
Siddhi Until 3:14PM
Kintughna Until 6:45PM
Amavasya* Until 6:37AM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Purple
Magha•Thai

Sunrise: 6:37AM
Sunset: 6:00PM

Durmukha 5118
Moon 1 - Phase 39
Prathama

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1 Sunday, January 29, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sun 16 Sutra 287

Makara Rasi: 26.47 Tithi 1 – 2

992861366

Gulika	3:09PM – 4:35PM
Yama	12:19PM – 1:44PM
Rahu	4:35PM – 6:00PM

Dhanishtha Until 12:01AM Mon
Vyatipata* Until 2:01PM
Balava Until 6:38PM
Prathama* Until 6:44AM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Purple
Magha•Thai

Sunrise: 6:37AM
Sunset: 6:00PM

Durmukha 5118
Moon 1 - Phase 40
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga
Until 12:01AM Mon
Then Creative Work - Siddha Yoga

2 Monday, January 30, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 17 Sutra 288

Kumbha Rasi: 9.58 Tithi 2 – 3
Family Home Evening

992861366

Gulika	1:44PM – 3:10PM
Yama	10:53AM – 12:19PM
Rahu	8:02AM – 9:28AM

Shatabhishak Until 11:52PM
Variyan Until 12:27PM
Taitila Until 6:06PM
Dvitiya Until 6:24AM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Purple
Magha•Thai

Sunrise: 6:37AM
Sunset: 6:01PM

Durmukha 5118
Moon 1 - Phase 40
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 11:52PM
Then Routine Work - Marana Yoga

3 Tuesday, January 31, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam
Purvaproshthapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau

Yangon, Myanmar
Sun 18 Sutra 289

Kumbha Rasi: 23.2 Tithi 4

912861366

Gulika	12:19PM – 1:45PM
Yama	9:28AM – 10:53AM
Rahu	3:10PM – 4:36PM

Purvaproshthapada* Until 11:40PM
Parigha* Until 10:36AM
Vanija Until 5:13PM
Chaturthi* Until 4:38AM Wed

Ganesha: White
Muruga: White
Nataraja: Green
Moon – Clear
Magha•Thai

Sunrise: 6:37AM
Sunset: 6:01PM

Durmukha 5118
Moon 1 - Phase 40
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 11:40PM
Then Creative Work - Amrita Yoga

4 Wednesday, February 1, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam
Uttaraproshthapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau

Yangon, Myanmar
Sun 19 Sutra 290

Meena Rasi: 6.55 Tithi 5

912861366

Gulika	10:53AM – 12:19PM
Yama	8:02AM – 9:28AM
Rahu	12:19PM – 1:45PM

Uttaraproshthapada Until 11:02PM
Shiva Until 8:31AM
Bava Until 4:00PM
Panchami Until 3:16AM Thu

Ganesha: White
Muruga: White
Nataraja: Green
Moon – Clear
Magha•Thai

Sunrise: 6:37AM
Sunset: 6:01PM

Durmukha 5118
Moon 1 - Phase 40
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 11:02PM
Then Routine Work - Marana Yoga

5 Thursday, February 2, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam
Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau

Yangon, Myanmar
Sun 20 Sutra 291

Meena Rasi: 20.4 Tithi 6

912861366

Gulika	9:28AM – 10:54AM
Yama	6:37AM – 8:02AM
Rahu	1:45PM – 3:11PM

Revati Until 9:59PM
Siddha Until 6:10AM
Kaulava Until 2:31PM
Shashthi* Until 1:40AM Fri

Ganesha: White
Muruga: White
Nataraja: Green
Moon – Clear
Magha•Thai

Sunrise: 6:37AM
Sunset: 6:02PM

Durmukha 5118
Moon 1 - Phase 40
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 9:59PM
Then Creative Work - Amrita Yoga

6 Friday, February 3, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau

Yangon, Myanmar
Sun 21 Sutra 292

Mesha Rasi: 4.34 Tithi 7

923861367

Gulika	8:02AM – 9:28AM
Yama	3:11PM – 4:37PM
Rahu	10:54AM – 12:19PM

Ashvini Until 8:59PM
Subha Until 12:55AM Sat
Gara Until 12:47PM
Saptami Until 11:49PM

Ganesha: White
Muruga: White
Nataraja: White
Moon – White
Magha•Thai

Sunrise: 6:36AM
Sunset: 6:02PM

Durmukha 5118
Moon 1 - Phase 40
3rd Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 8:59PM
Then Creative Work - Siddha Yoga

Saturday, February 4, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 22 Sutra 293

Mesha Rasi: 18.37 Tithi 8

923861367

Gulika	6:36AM – 8:02AM
Yama	1:45PM – 3:11PM
Rahu	9:28AM – 10:54AM

Bharani Until 7:39PM
Sukla Until 10:02PM
Visti Until 10:50AM
Ashtami* Until 9:46PM

Ganesha: White
Muruga: White
Nataraja: White
Moon – White
Magha•Thai

Sunrise: 6:36AM
Sunset: 6:03PM

Durmukha 5118
Moon 1 - Phase 40
Ashtami

Bhuloka Day

Creative Work Siddha Yoga
Until 7:39PM
Then Creative Work - Amrita Yoga

Sunday, February 5, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau

Yangon, Myanmar
Sun 23 Sutra 294

Vrishabha Rasi: 2.47 Tithi 9

923861367

Gulika	3:11PM – 4:37PM
Yama	12:20PM – 1:46PM
Rahu	4:37PM – 6:03PM

Krittika Until 6:01PM
Brahma Until 7:02PM
Balava Until 8:42AM
Navami* Until 7:34PM

Ganesha: White
Muruga: White
Nataraja: White
Moon – White
Magha•Thai

Sunrise: 6:36AM
Sunset: 6:03PM

Durmukha 5118
Moon 1 - Phase 40
Navami

Bhuloka Day

Creative Work Siddha Yoga

1 Monday, February 6, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 295

Vrishabha Rasi: 17.02 Tithi 10 – 11
Family Home Evening
Creative Work Amrita Yoga

933861367

Gulika	1:46PM – 3:12PM
Yama	10:54AM – 12:20PM
Rahu	8:02AM – 9:28AM

Rohini Until 4:32PM
Indra Until 3:56PM
Taitila Until 6:26AM
Dashami Until 5:14PM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Yellow
Magha•Thai

Sunrise: *6:36AM*
Sunset: *6:04PM*

Durmukha 5118
Moon 1 - Phase 41
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

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2 Tuesday, February 7, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 296

Mithuna Rasi: 1.22 Tithi 11 – 12
Creative Work Siddha Yoga
Until 2:53PM
Then Routine Work - Marana Yoga

933861367

Gulika	12:20PM – 1:46PM
Yama	9:28AM – 10:54AM
Rahu	3:12PM – 4:38PM

Mrigashira Until 2:53PM
Vaidhriti* Until 12:48PM
Bava Until 1:44AM Wed
Ekadashi Until 2:53PM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Yellow
Magha•Thai

Sunrise: *6:35AM*
Sunset: *6:04PM*

Durmukha 5118
Moon 1 - Phase 41
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

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3 Wednesday, February 8, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 297

Mithuna Rasi: 15.4 Tithi 12 – 13
Creative Work Siddha Yoga

933861367

Gulika	10:54AM – 12:20PM
Yama	8:01AM – 9:27AM
Rahu	12:20PM – 1:46PM

Ardra Until 1:08PM
Vishkambha* Until 9:41AM
Kaulava Until 11:29PM
Dvadashi Until 12:34PM

Pradosha Vrata

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Yellow
Magha•Thai

Sunrise: *6:35AM*
Sunset: *6:05PM*

Durmukha 5118
Moon 1 - Phase 41
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

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4 Thursday, February 9, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 298

Mithuna Rasi: 29.53 Tithi 13 – 14
Creative Work Amrita Yoga

943861367

Gulika	9:27AM – 10:54AM
Yama	6:35AM – 8:01AM
Rahu	1:46PM – 3:12PM

Thai Pusam

Punarvasu Until 11:49AM
Priti Until 6:43AM
Gara Until 9:26PM
Trayodashi Until 10:24AM

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Blue
Magha•Thai

Sunrise: *6:35AM*
Sunset: *6:05PM*

Durmukha 5118
Moon 1 - Phase 41
4th Phase

Bhuloka Day

○ Friday, February 10, 2017
Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Yangon, Myanmar
Sutra 299

Kataka Rasi: 13.58 Tithi 14 – 15
Routine Work Marana Yoga

943861367

Gulika	8:01AM – 9:27AM
Yama	3:13PM – 4:39PM
Rahu	10:54AM – 12:20PM

Pushya Until 10:38AM
Saubhagya Until 1:25AM Sat
Visti Until 7:44PM
Chaturdashi* Until 8:31AM

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Blue
Magha•Thai

Sunrise: *6:34AM*
Sunset: *6:06PM*

Durmukha 5118
Moon 1 - Phase 41
Purnima

Bhuloka Day

Saturday, February 11, 2017
Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Yangon, Myanmar
Sutra 300

Kataka Rasi: 27.47 Tithi 15 – 16
Routine Work Marana Yoga
Until 9:43AM
Then Creative Work - Amrita Yoga

943861367

Gulika	6:34AM – 8:00AM
Yama	1:46PM – 3:13PM
Rahu	9:27AM – 10:53AM

Penumbral Lunar Eclipse

Ashlesha* Until 9:43AM
Sobhana Until 11:20PM
Balava Until 6:29PM
Purnima* Until 7:01AM

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Blue
Magha•Thai

Sunrise: *6:34AM*
Sunset: *6:06PM*

Durmukha 5118
Moon 1 - Phase 41
Prathama

Bhuloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

Sunday, February 12, 2017
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 301

Simha Rasi: 11.19 Tithi 16 – 17

953861367

Gulika	3:13PM – 4:40PM
Yama	12:20PM – 1:47PM
Rahu	4:40PM – 6:06PM

Magha* Until 9:36AM
Athiganda* Until 9:40PM
Gara Until 5:39AM Mon
Prathama* Until 6:02AM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Red
Magha•Masi

Sunrise: 6:34AM
Sunset: 6:06PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 9:36AM
Then Creative Work - Siddha Yoga

1 Monday, February 13, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 302

Simha Rasi: 24.31 Tithi 18

953861367

Gulika	1:47PM – 3:13PM
Yama	10:53AM – 12:20PM
Rahu	8:00AM – 9:27AM

Purvaphalguni Until 9:56AM
Sukarma Until 8:31PM
Vanija Until 5:44PM
Tritiya Until 5:56AM Tue

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Red
Magha•Masi

Sunrise: 6:33AM
Sunset: 6:07PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Family Home Evening
Creative Work Siddha Yoga

2 Tuesday, February 14, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 303

Kanya Rasi: 7.23 Tithi 19

953861367

Gulika	12:20PM – 1:47PM
Yama	9:26AM – 10:53AM
Rahu	3:14PM – 4:40PM

Uttaraphalguni Until 10:45AM
Dhriti Until 7:54PM
Bava Until 6:21PM
Chaturthi* Until 6:53AM Wed

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Red
Magha•Masi

Sunrise: 6:33AM
Sunset: 6:07PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 10:45AM
Then Creative Work - Siddha Yoga

3 Wednesday, February 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 304

Kanya Rasi: 19.58 Tithi 19 – 20

963861367

Gulika	10:53AM – 12:20PM
Yama	7:59AM – 9:26AM
Rahu	12:20PM – 1:47PM

Hasta Until 12:31PM
Shula* Until 7:45PM
Kaulava Until 7:36PM
Chaturthi* Until 6:53AM

Ganesha: White
Muruga: White
Nataraja: White
Moon – Green
Magha•Masi

Sunrise: 6:32AM
Sunset: 6:08PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 12:31PM
Maha Sankatahara Chaturthi
Then Creative Work - Siddha Yoga

4 Thursday, February 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 305

Tula Rasi: 2.15 Tithi 20 – 21

963961367

Gulika	9:26AM – 10:53AM
Yama	6:32AM – 7:59AM
Rahu	1:47PM – 3:14PM

Chitra Until 2:42PM
Ganda* Until 8:01PM
Gara Until 9:25PM
Panchami Until 8:26AM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Green
Magha•Masi

Sunrise: 6:32AM
Sunset: 6:08PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 2:42PM
Then Creative Work - Amrita Yoga

5 Friday, February 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 306

Tula Rasi: 14.21 Tithi 21 – 22

963961367

Gulika	7:58AM – 9:26AM
Yama	3:14PM – 4:41PM
Rahu	10:53AM – 12:20PM

Svati Until 5:07PM
Vriddhi Until 8:37PM
Visti Until 11:38PM
Shashthi* Until 10:28AM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Green
Magha•Masi

Sunrise: 6:31AM
Sunset: 6:08PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Saturday, February 18, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 307

Tula Rasi: 26.19 Tithi 22 – 23

974971367

Gulika	6:31AM – 7:58AM
Yama	1:47PM – 3:14PM
Rahu	9:25AM – 10:53AM

Vishakha Until 8:08PM
Dhruva Until 9:22PM
Balava Until 2:03AM Sun
Saptami Until 12:48PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Orange
Magha•Masi

Sunrise: 6:31AM
Sunset: 6:09PM

Durmukha 5118
Moon 2 - Phase 42
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Sunday, February 19, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 308

Vrischika Rasi: 8.13 Tithi 23 – 24

974971367

Gulika	3:14PM – 4:42PM
Yama	12:20PM – 1:47PM
Rahu	4:42PM – 6:09PM

Anuradha Until 11:02PM
Vyaghata* Until 10:10PM
Taitila Until 4:29AM Mon
Ashtami* Until 3:16PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Orange
Magha•Masi

Sunrise: 6:30AM
Sunset: 6:09PM

Durmukha 5118
Moon 2 - Phase 42
Navami

Devaloka Day

Routine Work Marana Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1 Monday, February 20, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 8 Sutra 309

Vrischika Rasi: 20.07 Tithi 24 – 25
Family Home Evening 974971367
Creative Work Siddha Yoga
Until 1:37AM Tue
Then Creative Work - Amrita Yoga

Gulika 1:47PM – 3:15PM
Yama 10:52AM – 12:20PM
Rahu 7:57AM – 9:25AM

Jyeshtha* Until 1:37AM Tue
Harshana Until 10:52PM
Vanija Until 6:44AM Tue
Navami* Until 5:37PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Orange
Magha•Masi

Sunrise: 6:30AM
Sunset: 6:09PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase
Devaloka Day

2 Tuesday, February 21, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau

Yangon, Myanmar
Sun 9 Sutra 310

Dhanus Rasi: 2.06 Tithi 25
984971367
Creative Work Amrita Yoga

Gulika 12:20PM – 1:47PM
Yama 9:24AM – 10:52AM
Rahu 3:15PM – 4:42PM

Mula* Until 4:12AM Wed
Vajra* Until 11:18PM
Vanija Until 6:44AM
Dashami Until 7:42PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Light Blue
Magha•Masi

Sunrise: 6:29AM
Sunset: 6:10PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

3 Wednesday, February 22, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau

Yangon, Myanmar
Sun 10 Sutra 311

Dhanus Rasi: 14.14 Tithi 26
984971367
Creative Work Amrita Yoga
Until 6:08AM Thu
Then Routine Work - Marana Yoga

Gulika 10:52AM – 12:19PM
Yama 7:56AM – 9:24AM
Rahu 12:19PM – 1:47PM

Purvashadha* Until 6:08AM Thu
Siddhi Until 11:22PM
Bava Until 8:35AM
Ekadashi* Until 9:18PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Light Blue
Magha•Masi

Sunrise: 6:29AM
Sunset: 6:10PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

4 Thursday, February 23, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau

Yangon, Myanmar
Sun 11 Sutra 312

Dhanus Rasi: 26.35 Tithi 27
984971367
Creative Work Siddha Yoga
Until 6:08AM
Then Routine Work - Marana Yoga

Gulika 9:24AM – 10:52AM
Yama 6:28AM – 7:56AM
Rahu 1:47PM – 3:15PM

Purvashadha* Until 6:08AM
Vyatipata* Until 11:01PM
Kaulava Until 9:54AM
Dvadashi* Until 10:18PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Light Blue
Magha•Masi

Sunrise: 6:28AM
Sunset: 6:10PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

5 Friday, February 24, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau

Yangon, Myanmar
Sun 12 Sutra 313

Makara Rasi: 9.12 Tithi 28
984971367
Routine Work Marana Yoga

Gulika 7:56AM – 9:23AM
Yama 3:15PM – 4:43PM
Rahu 10:51AM – 12:19PM

Mahasivaratri (Lunar)
Mahasivaratri (Solar)

Uttarashadha Until 7:19AM
Variyan Until 10:08PM
Gara Until 10:35AM
Trayodashi* Until 10:40PM

Pradosha Vrata (Fasting)

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Light Blue
Magha•Masi

Sunrise: 6:28AM
Sunset: 6:11PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

6 Saturday, February 25, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 13 Sutra 314

Makara Rasi: 22.08 Tithi 29
994971367
Creative Work Siddha Yoga

Gulika 6:27AM – 7:55AM
Yama 1:47PM – 3:15PM
Rahu 9:23AM – 10:51AM

Shravana Until 8:11AM
Parigha* Until 8:45PM
Visti Until 10:37AM
Chaturdashi* Until 10:23PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Purple
Magha•Masi

Sunrise: 6:27AM
Sunset: 6:11PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

● Sunday, February 26, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Yangon, Myanmar
Sun 14 Sutra 315

Kumbha Rasi: 5.23 Tithi 30
994971367
Routine Work Marana Yoga
Until 8:16AM
Then Creative Work - Siddha Yoga

Gulika 3:15PM – 4:43PM
Yama 12:19PM – 1:47PM
Rahu 4:43PM – 6:11PM

Annular Solar Eclipse

Dhanishtha Until 8:16AM
Shiva Until 6:55PM
Catuspada Until 10:01AM
Amavasya* Until 9:29PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Purple
Magha•Masi

Sunrise: 6:27AM
Sunset: 6:11PM

Durmukha 5118
Moon 2 - Phase 43
Amavasya
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Monday, February 27, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Siddha/Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau

Yangon, Myanmar
Sun 15 Sutra 316

Kumbha Rasi: 18.58 Tithi 1
Family Home Evening 994971367
Creative Work Siddha Yoga
Until 7:39AM
Then Routine Work - Marana Yoga

Gulika 1:47PM – 3:15PM
Yama 10:51AM – 12:19PM
Rahu 7:54AM – 9:22AM

Shatabhishak Until 7:39AM
Siddha Until 4:39PM
Kintughna Until 8:52AM
Prathama* Until 8:05PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Purple
Phalguna•Masi

Sunrise: 6:26AM
Sunset: 6:12PM

Durmukha 5118
Moon 2 - Phase 43
Prathama
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1 Tuesday, February 28, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 16 Sutra 317

Meena Rasi: 2.48 Tithi 2

914971367

Gulika	12:19PM – 1:47PM
Yama	9:22AM – 10:50AM
Rahu	3:15PM – 4:44PM

Purvaproshthapada* Until 6:53AM
Sadhya Until 2:04PM
Balava Until 7:15AM
Dvitiya Until 6:18PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Clear
Phalguna•Masi

Sunrise: 6:25AM
Sunset: 6:12PM

Durmukha 5118
Moon 2 - Phase 44
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 6:53AM
Then Creative Work - Amrita Yoga

2 Wednesday, March 1, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam
Revati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 17 Sutra 318

Meena Rasi: 16.52 Tithi 3 – 4

914971367

Gulika	10:50AM – 12:18PM
Yama	7:53AM – 9:21AM
Rahu	12:18PM – 1:47PM

Revati Until 4:02AM Thu
Subha Until 11:15AM
Vanija Until 3:08AM Thu
Tritiya Until 4:13PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Clear
Phalguna•Masi

Sunrise: 6:24AM
Sunset: 6:12PM

Durmukha 5118
Moon 2 - Phase 44
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 4:02AM Thu
Then Creative Work - Amrita Yoga

Subramuniyaswami Siva Vision Day

3 Thursday, March 2, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 18 Sutra 319

Mesha Rasi: 1.04 Tithi 4 – 5

925971367

Gulika	9:21AM – 10:49AM
Yama	6:23AM – 7:52AM
Rahu	1:47PM – 3:15PM

Ashvini Until 2:36AM Fri
Sukla Until 8:15AM
Bava Until 12:51AM Fri
Chaturthi* Until 1:59PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – White
Phalguna•Masi

Sunrise: 6:23AM
Sunset: 6:13PM

Durmukha 5118
Moon 2 - Phase 44
3rd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 2:36AM Fri
Then Creative Work - Siddha Yoga

4 Friday, March 3, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 19 Sutra 320

Mesha Rasi: 15.2 Tithi 5 – 6

925971367

Gulika	7:52AM – 9:20AM
Yama	3:15PM – 4:44PM
Rahu	10:49AM – 12:18PM

Bharani Until 1:00AM Sat
Indra Until 2:09AM Sat
Kaulava Until 10:32PM
Panchami Until 11:40AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – White
Phalguna•Masi

Sunrise: 6:23AM
Sunset: 6:13PM

Durmukha 5118
Moon 2 - Phase 44
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 1:00AM Sat
Then Creative Work - Amrita Yoga

5 Saturday, March 4, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 20 Sutra 321

Mesha Rasi: 29.37 Tithi 6 – 7

925971367

Gulika	6:22AM – 7:51AM
Yama	1:47PM – 3:15PM
Rahu	9:20AM – 10:49AM

Krittika Until 11:20PM
Vaidhriti* Until 11:07PM
Gara Until 8:16PM
Shashthi* Until 9:22AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – White
Phalguna•Masi

Sunrise: 6:22AM
Sunset: 6:13PM

Durmukha 5118
Moon 2 - Phase 44
3rd Phase

Devaloka Day

Creative Work Amrita Yoga

Sunday, March 5, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 21 Sutra 322

Vrishabha Rasi: 13.51 Tithi 7 – 8

135971367

Gulika	3:15PM – 4:44PM
Yama	12:17PM – 1:46PM
Rahu	4:44PM – 6:13PM

Rohini Until 10:02PM
Vishkambha* Until 8:12PM
Visti Until 6:06PM
Saptami Until 7:09AM

Ganesha: White
Muruga: Yellow
Nataraja: White
Moon – Yellow
Phalguna•Masi

Sunrise: 6:21AM
Sunset: 6:13PM

Durmukha 5118
Moon 2 - Phase 44
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Monday, March 6, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau

Yangon, Myanmar
Sun 22 Sutra 323

Vrishabha Rasi: 28 Tithi 9
Family Home Evening

135971367

Gulika	1:46PM – 3:15PM
Yama	10:48AM – 12:17PM
Rahu	7:50AM – 9:19AM

Mrigashira Until 8:46PM
Priti Until 5:24PM
Balava Until 4:05PM
Navami* Until 3:08AM Tue

Ganesha: White
Muruga: Yellow
Nataraja: White
Moon – Yellow
Phalguna•Masi

Sunrise: 6:21AM
Sunset: 6:14PM

Durmukha 5118
Moon 2 - Phase 44
Navami

Sivaloka Day

Creative Work Amrita Yoga
Until 8:46PM
Then Creative Work - Siddha Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1 Tuesday, March 7, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau

Yangon, Myanmar
Sun 23 Sutra 324

Mithuna Rasi: 12.02 Tithi 10

135971367

Gulika	12:17PM – 1:46PM
Yama	9:18AM – 10:48AM
Rahu	3:15PM – 4:45PM

Ardra Until 7:32PM
Ayushman Until 2:45PM
Taitila Until 2:15PM
Dashami Until 1:24AM Wed

Ganesha: White
Muruga: Yellow
Nataraja: White
Moon – Yellow
Phalguna•Masi

Sunrise: *6:20AM*
Sunset: *6:14PM*

Durmukha 5118
Moon 2 - Phase 45
4th Phase

Sivaloka Day

Routine Work Marana Yoga
Until 7:32PM
Then Creative Work - Siddha Yoga

2 Wednesday, March 8, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 325

Mithuna Rasi: 25.57 Tithi 11

145971367

Gulika	10:47AM – 12:17PM
Yama	7:49AM – 9:18AM
Rahu	12:17PM – 1:46PM

Punarvasu Until 6:50PM
Saubhagya Until 12:17PM
Vanija Until 12:39PM
Ekadashi Until 11:55PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Blue
Phalguna•Masi

Sunrise: *6:19AM*
Sunset: *6:14PM*

Durmukha 5118
Moon 2 - Phase 45
4th Phase

Devaloka Day

Creative Work Siddha Yoga

3 Thursday, March 9, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 326

Kataka Rasi: 9.42 Tithi 12

145971367

Gulika	9:18AM – 10:47AM
Yama	6:19AM – 7:48AM
Rahu	1:46PM – 3:15PM

Pushya Until 6:15PM
Sobhana Until 10:02AM
Bava Until 11:18AM
Dvadashi Until 10:43PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Blue
Phalguna•Masi

Sunrise: *6:19AM*
Sunset: *6:14PM*

Durmukha 5118
Moon 2 - Phase 45
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:15PM
Then Creative Work - Siddha Yoga

4 Friday, March 10, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 327

Kataka Rasi: 23.17 Tithi 13

145971367

Gulika	7:47AM – 9:17AM
Yama	3:15PM – 4:45PM
Rahu	10:47AM – 12:16PM

Ashlesha* Until 5:50PM
Athiganda* Until 8:00AM
Kaulava Until 10:16AM
Trayodashi Until 9:52PM

Pradosha Vrata

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Blue
Phalguna•Masi

Sunrise: *6:18AM*
Sunset: *6:15PM*

Durmukha 5118
Moon 2 - Phase 45
4th Phase

Devaloka Day

Routine Work Marana Yoga

5 Saturday, March 11, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 328

Simha Rasi: 6.4 Tithi 14

156971367

Gulika	6:17AM – 7:47AM
Yama	1:46PM – 3:15PM
Rahu	9:17AM – 10:46AM

Magha* Until 6:06PM
Sukarma Until 6:17AM
Gara Until 9:36AM
Chaturdashi* Until 9:24PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Red
Phalguna•Masi

Sunrise: *6:17AM*
Sunset: *6:15PM*

Durmukha 5118
Moon 2 - Phase 45
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:06PM
Chidambaram Abhishekam
Then Creative Work - Siddha Yoga

○ Sunday, March 12, 2017
Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau

Yangon, Myanmar
Sutra 329

Simha Rasi: 19.49 Tithi 15

156971367

Gulika	3:15PM – 4:45PM
Yama	12:16PM – 1:45PM
Rahu	4:45PM – 6:15PM

Purvaphalguni Until 6:39PM
Shula* Until 3:51AM Mon
Visti Until 9:21AM
Purnima* Until 9:23PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Red
Phalguna•Masi

Sunrise: *6:16AM*
Sunset: *6:15PM*

Durmukha 5118
Moon 2 - Phase 45
Purnima

Devaloka Day

Holi

Creative Work Siddha Yoga
Until 6:39PM
Then Creative Work - Amrita Yoga

Monday, March 13, 2017
Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau

Yangon, Myanmar
Sutra 330

Kanya Rasi: 2.44 Tithi 16

156171367

Gulika	1:45PM – 3:15PM
Yama	10:46AM – 12:15PM
Rahu	7:46AM – 9:16AM

Uttaraphalguni Until 7:31PM
Ganda* Until 3:12AM Tue
Balava Until 9:35AM
Prathama* Until 9:52PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Red
Phalguna•Masi

Sunrise: *6:16AM*
Sunset: *6:15PM*

Durmukha 5118
Moon 2 - Phase 45
Prathama

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

Tuesday, March 14, 2017
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 331

Kanya Rasi: 15.25 Tithi 17

Gulika 12:15PM – 1:45PM
Yama 9:15AM – 10:45AM
166171367 Rahu 3:15PM – 4:45PM

Hasta Until 9:11PM
Vriddhi Until 2:57AM Wed
Taitila Until 10:19AM
Dvitiya Until 10:51PM

Ganesha: Purple
Muruga: Yellow
Nataraja: White
Moon – Green
Phalguna•Panguni

Sunrise: 6:15AM
Sunset: 6:15PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

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1 Wednesday, March 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 332

Kanya Rasi: 27.52 Tithi 18

Gulika 10:45AM – 12:15PM
Yama 7:44AM – 9:15AM
166171368 Rahu 12:15PM – 1:45PM

Chitra Until 11:10PM
Dhruva Until 3:03AM Thu
Vanija Until 11:33AM
Tritiya Until 12:19AM Thu

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Green
Phalguna•Panguni

Sunrise: 6:14AM
Sunset: 6:15PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Devaloka Day

Creative Work Siddha Yoga

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2 Thursday, March 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 3 Sutra 333

Tula Rasi: 10.07 Tithi 19

Gulika 9:14AM – 10:44AM
Yama 6:14AM – 7:44AM
166171368 Rahu 1:45PM – 3:15PM

Svati Until 1:24AM Fri
Vyaghata* Until 3:28AM Fri
Bava Until 1:14PM
Chaturthi* Until 2:12AM Fri

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Green
Phalguna•Panguni

Sunrise: 6:14AM
Sunset: 6:16PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 1:24AM Fri
Then Creative Work - Siddha Yoga

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3 Friday, March 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 334

Tula Rasi: 22.13 Tithi 20

Gulika 7:43AM – 9:14AM
Yama 3:15PM – 4:45PM
176171368 Rahu 10:44AM – 12:14PM

Vishakha Until 4:16AM Sat
Harshana Until 4:09AM Sat
Kaulava Until 3:18PM
Panchami Until 4:26AM Sat

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Phalguna•Panguni

Sunrise: 6:13AM
Sunset: 6:16PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

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4 Saturday, March 18, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 335

Vrischika Rasi: 4.11 Tithi 21

Gulika 6:12AM – 7:43AM
Yama 1:45PM – 3:15PM
176171368 Rahu 9:13AM – 10:44AM

Anuradha Until 7:09AM Sun
Vajra* Until 4:57AM Sun
Gara Until 5:38PM
Shashthi* Until 6:50AM Sun

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Phalguna•Panguni

Sunrise: 6:12AM
Sunset: 6:16PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 7:09AM Sun
Then Routine Work - Marana Yoga

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5 Sunday, March 19, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 336

Vrischika Rasi: 16.05 Tithi 21 – 22

Gulika 3:15PM – 4:46PM
Yama 12:14PM – 1:44PM
177171368 Rahu 4:46PM – 6:16PM

Anuradha Until 7:09AM
Siddhi Until 5:46AM Mon
Visti Until 8:04PM
Shashthi* Until 6:50AM

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Phalguna•Panguni

Sunrise: 6:11AM
Sunset: 6:16PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Monday, March 20, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 337

Vrischika Rasi: 27.59 Tithi 22 – 23
Family Home Evening

Gulika 1:44PM – 3:15PM
Yama 10:43AM – 12:13PM
177171368 Rahu 7:41AM – 9:12AM

Jyeshtha* Until 9:52AM
Vyatipata* Until 6:30AM Tue
Balava Until 10:24PM
Saptami Until 9:14AM

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Phalguna•Panguni

Sunrise: 6:10AM
Sunset: 6:16PM

Durmukha 5118
Moon 3 - Phase 46
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 21, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 338

Dhanus Rasi: 9.56 Tithi 23 – 24

Gulika 12:13PM – 1:44PM
Yama 9:11AM – 10:42AM
187171368 Rahu 3:15PM – 4:46PM

Mula* Until 12:44PM
Vyatipata* Until 6:30AM
Taitila Until 12:26AM Wed
Ashtami* Until 11:27AM

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Phalguna•Panguni

Sunrise: 6:10AM
Sunset: 6:17PM

Durmukha 5118
Moon 3 - Phase 46
Navami

Sivaloka Day

Creative Work Amrita Yoga
Until 12:44PM
Then Creative Work - Siddha Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

1 Wednesday, March 22, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 9 Sutra 339

Dhanus Rasi: 22.02 Tithi 24 – 25
187171368

Gulika	10:42AM – 12:13PM
Yama	7:40AM – 9:11AM
Rahu	12:13PM – 1:44PM

Purvashadha* Until 3:02PM
Variyan Until 6:54AM
Vanija Until 1:58AM Thu
Navami* Until 1:15PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Phalguna•Panguni

Sunrise: 6:09AM
Sunset: 6:17PM

Durmukha 5118
Moon 3 - Phase 47
2nd Phase

Sivaloka Day

Creative Work Amrita Yoga

2 Thursday, March 23, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 10 Sutra 340

Makara Rasi: 4.22 Tithi 25 – 26
187171368

Gulika	9:10AM – 10:41AM
Yama	6:08AM – 7:39AM
Rahu	1:44PM – 3:15PM

Uttarashadha Until 4:36PM
Parigha* Until 6:55AM
Bava Until 2:49AM Fri
Dashami Until 2:27PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Phalguna•Panguni

Sunrise: 6:08AM
Sunset: 6:17PM

Durmukha 5118
Moon 3 - Phase 47
2nd Phase

Sivaloka Day

Routine Work Marana Yoga
Until 4:36PM
Then Creative Work - Siddha Yoga

3 Friday, March 24, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 11 Sutra 341

Makara Rasi: 17 Tithi 26 – 27
197171368

Gulika	7:39AM – 9:10AM
Yama	3:15PM – 4:46PM
Rahu	10:41AM – 12:12PM

Shravana Until 5:45PM
Shiva Until 6:24AM
Kaulava Until 2:53AM Sat
Ekadashi* Until 2:56PM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Phalguna•Panguni

Sunrise: 6:07AM
Sunset: 6:17PM

Durmukha 5118
Moon 3 - Phase 47
2nd Phase

Subha Sivaloka Day

Routine Work Marana Yoga
Until 5:45PM
Then Creative Work - Siddha Yoga

4 Saturday, March 25, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 12 Sutra 342

Kumbha Rasi: 0.01 Tithi 27 – 28
198171368

Gulika	6:07AM – 7:38AM
Yama	1:43PM – 3:15PM
Rahu	9:09AM – 10:41AM

Dhanishtha Until 5:59PM
Sadhya Until 3:30AM Sun
Gara Until 2:10AM Sun
Dvadashi* Until 2:36PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Phalguna•Panguni

Sunrise: 6:07AM
Sunset: 6:17PM

Durmukha 5118
Moon 3 - Phase 47
2nd Phase

Sivaloka Day

Pradosha Vrata (Fasting)

Creative Work Siddha Yoga
Until 5:59PM
Then Creative Work - Amrita Yoga

5 Sunday, March 26, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 13 Sutra 343

Kumbha Rasi: 13.26 Tithi 28 – 29
198171368

Gulika	3:15PM – 4:46PM
Yama	12:12PM – 1:43PM
Rahu	4:46PM – 6:17PM

Shatabhishak Until 5:19PM
Subha Until 1:11AM Mon
Visti Until 12:44AM Mon
Trayodashi* Until 1:31PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Phalguna•Panguni

Sunrise: 6:06AM
Sunset: 6:17PM

Durmukha 5118
Moon 3 - Phase 47
2nd Phase

Sivaloka Day

Creative Work Siddha Yoga

● Monday, March 27, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Yangon, Myanmar
Sun 14 Sutra 344

Kumbha Rasi: 27.16 Tithi 29 – 30
118171368

Gulika	1:43PM – 3:14PM
Yama	10:40AM – 12:11PM
Rahu	7:37AM – 9:08AM

Purvaproshthapada* Until 4:18PM
Sukla Until 10:21PM
Catuspada Until 10:40PM
Chaturdashi* Until 11:45AM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Phalguna•Panguni

Sunrise: 6:05AM
Sunset: 6:18PM

Durmukha 5118
Moon 3 - Phase 47
Amavasya

Devaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 4:18PM
Then Creative Work - Siddha Yoga

Tuesday, March 28, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Yangon, Myanmar
Sun 15 Sutra 345

Meena Rasi: 11.28 Tithi 30 – 1
118171368

Gulika	12:11PM – 1:43PM
Yama	9:08AM – 10:39AM
Rahu	3:14PM – 4:46PM

Uttaraproshthapada Until 2:38PM
Brahma Until 7:09PM
Kintughna Until 8:08PM
Amavasya* Until 9:26AM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Chaitra•Panguni

Sunrise: 6:04AM
Sunset: 6:18PM

Durmukha 5118
Moon 3 - Phase 47
Prathama

Devaloka Day

Yugadhi

Creative Work Amrita Yoga
Until 2:38PM
Then Creative Work - Siddha Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

1 Wednesday, March 29, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sun 16 Sutra 346

Meena Rasi: 25.58 Tithi 1 – 2

Gulika 10:39AM – 12:11PM
Yama 7:35AM – 9:07AM
118171368 Rahu 12:11PM – 1:43PM

Revati Until 12:27PM
Indra Until 3:41PM
Kaulava Until 3:45AM Thu
Prathama* Until 6:43AM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Chaitra•Panguni

Sunrise: 6:04AM
Sunset: 6:18PM

Durmukha 5118
Moon 3 - Phase 48
3rd Phase

Devaloka Day

Routine Work Marana Yoga

Chellappaswami Mahasamadhi

2 Thursday, March 30, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau

Yangon, Myanmar
Sun 17 Sutra 347

Mesha Rasi: 10.39 Tithi 3

Gulika 9:07AM – 10:39AM
Yama 6:03AM – 7:35AM
128171368 Rahu 1:42PM – 3:14PM

Ashvini Until 10:21AM
Vaidhriti* Until 12:03PM
Taitila Until 2:14PM
Tritiya Until 12:41AM Fri

Ganesha: Green
Muruga: Yellow
Nataraja: Clear
Moon – White
Chaitra•Panguni

Sunrise: 6:03AM
Sunset: 6:18PM

Durmukha 5118
Moon 3 - Phase 48
3rd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 10:21AM
Then Creative Work - Siddha Yoga

3 Friday, March 31, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau

Yangon, Myanmar
Sun 18 Sutra 348

Mesha Rasi: 25.23 Tithi 4

Gulika 7:34AM – 9:06AM
Yama 3:14PM – 4:46PM
128171368 Rahu 10:38AM – 12:10PM

Bharani Until 8:03AM
Vishkambha* Until 8:24AM
Vanija Until 11:11AM
Chaturthi* Until 9:41PM

Ganesha: Green
Muruga: Yellow
Nataraja: Clear
Moon – White
Chaitra•Panguni

Sunrise: 6:02AM
Sunset: 6:18PM

Durmukha 5118
Moon 3 - Phase 48
3rd Phase

Devaloka Day

Creative Work Siddha Yoga

4 Saturday, April 1, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Ayushman Yoga Bava/Balava Karana Panchamyam Titau

Yangon, Myanmar
Sun 19 Sutra 349

Vrishabha Rasi: 10.04 Tithi 5

Gulika 6:02AM – 7:34AM
Yama 1:42PM – 3:14PM
139171368 Rahu 9:06AM – 10:38AM

Rohini Until 3:53AM Sun
Ayushman Until 1:26AM Sun
Bava Until 8:15AM
Panchami Until 6:51PM

Ganesha: Green
Muruga: Yellow
Nataraja: Clear
Moon – Yellow
Chaitra•Panguni

Sunrise: 6:02AM
Sunset: 6:18PM

Durmukha 5118
Moon 3 - Phase 48
3rd Phase

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 3:53AM Sun
Then Creative Work - Siddha Yoga

5 Sunday, April 2, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 20 Sutra 350

Vrishabha Rasi: 24.35 Tithi 6 – 7

Gulika 3:14PM – 4:46PM
Yama 12:10PM – 1:42PM
139171368 Rahu 4:46PM – 6:18PM

Mrigashira Until 2:15AM Mon
Saubhagya Until 10:18PM
Gara Until 3:11AM Mon
Shashthi* Until 4:18PM

Ganesha: Green
Muruga: Yellow
Nataraja: Clear
Moon – Yellow
Chaitra•Panguni

Sunrise: 6:01AM
Sunset: 6:18PM

Durmukha 5118
Moon 3 - Phase 48
3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Monday, April 3, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 21 Sutra 351

Mithuna Rasi: 8.52 Tithi 7 – 8

Gulika 1:42PM – 3:14PM
Yama 10:37AM – 12:10PM
139171368 Rahu 7:33AM – 9:05AM

Ardra Until 12:52AM Tue
Sobhana Until 7:30PM
Visti Until 1:13AM Tue
Saptami Until 2:08PM

Ganesha: Green
Muruga: Yellow
Nataraja: Clear
Moon – Yellow
Chaitra•Panguni

Sunrise: 6:01AM
Sunset: 6:19PM

Durmukha 5118
Moon 3 - Phase 48
Ashtami

Subha Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga

Tuesday, April 4, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 22 Sutra 352

Mithuna Rasi: 22.53 Tithi 8 – 9

Gulika 12:09PM – 1:42PM
Yama 9:04AM – 10:37AM
149171368 Rahu 3:14PM – 4:46PM

Punarvasu Until 12:13AM Wed
Athiganda* Until 5:02PM
Balava Until 11:43PM
Ashtami* Until 12:23PM

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Blue
Chaitra•Panguni

Sunrise: 6:00AM
Sunset: 6:19PM

Durmukha 5118
Moon 3 - Phase 48
Navami

Sivaloka Day

Creative Work Siddha Yoga

Sri Rama Navami

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Wednesday, April 5, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 23 Sutra 353

Kataka Rasi: 7 Tithi 9 – 10
149171368

Gulika	10:36AM – 12:09PM
Yama	7:31AM – 9:04AM
Rahu	12:09PM – 1:41PM

Pushya Until 11:53PM
Sukarma Until 2:58PM
Taitila Until 10:40PM
Navami* Until 11:07AM

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Blue
Chaitra•Panguni

Sunrise: 5:59AM
Sunset: 6:19PM

Durmukha 5118
Moon 3 - Phase 49
4th Phase

Sivaloka Day

Creative Work Siddha Yoga

2 Thursday, April 6, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 354

Kataka Rasi: 20.04 Tithi 10 – 11
149171368

Gulika	9:03AM – 10:36AM
Yama	5:58AM – 7:31AM
Rahu	1:41PM – 3:14PM

Ashlesha* Until 11:51PM
Dhriti Until 1:17PM
Vanija Until 10:06PM
Dashami Until 10:18AM

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Blue
Chaitra•Panguni

Sunrise: 5:58AM
Sunset: 6:19PM

Durmukha 5118
Moon 3 - Phase 49
4th Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 11:51PM
Then Creative Work - Amrita Yoga

Yogaswami Mahasamadhi

3 Friday, April 7, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 355

Simha Rasi: 3.16 Tithi 11 – 12
159271368

Gulika	7:30AM – 9:03AM
Yama	3:14PM – 4:46PM
Rahu	10:36AM – 12:08PM

Magha* Until 12:34AM Sat
Shula* Until 11:55AM
Bava Until 9:58PM
Ekadashi Until 9:57AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Red
Chaitra•Panguni

Sunrise: 5:58AM
Sunset: 6:19PM

Durmukha 5118
Moon 3 - Phase 49
4th Phase

Sivaloka Day

Routine Work Marana Yoga
Until 12:34AM Sat
Then Creative Work - Siddha Yoga

4 Saturday, April 8, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Ganda*/Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 356

Simha Rasi: 16.14 Tithi 12 – 13
159271368

Gulika	5:57AM – 7:30AM
Yama	1:41PM – 3:14PM
Rahu	9:02AM – 10:35AM

Purvaphalguni Until 1:32AM Sun
Ganda* Until 10:55AM
Kaulava Until 10:15PM
Dvadashi Until 10:02AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Red
Chaitra•Panguni

Sunrise: 5:57AM
Sunset: 6:19PM

Durmukha 5118
Moon 3 - Phase 49
4th Phase

Sivaloka Day

Pradosha Vrata

Creative Work Siddha Yoga
Until 1:32AM Sun
Then Creative Work - Amrita Yoga

5 Sunday, April 9, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 357

Simha Rasi: 29.01 Tithi 13 – 14
151271368

Gulika	3:14PM – 4:47PM
Yama	12:08PM – 1:41PM
Rahu	4:47PM – 6:20PM

Uttaraphalguni Until 2:44AM Mon
Vriddhi Until 10:16AM
Gara Until 10:57PM
Trayodashi Until 10:32AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Red
Chaitra•Panguni

Sunrise: 5:56AM
Sunset: 6:20PM

Durmukha 5118
Moon 3 - Phase 49
4th Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 2:44AM Mon
Then Creative Work - Siddha Yoga

○ Monday, April 10, 2017

Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Yangon, Myanmar
Sutra 358

Kanya Rasi: 12 Tithi 14 – 15
161271368

Gulika	1:41PM – 3:14PM
Yama	10:34AM – 12:07PM
Rahu	7:28AM – 9:01AM

Hasta Until 4:38AM Tue
Dhruva Until 9:52AM
Visti Until 12:01AM Tue
Chaturdashi* Until 11:25AM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Sunrise: 5:55AM
Sunset: 6:20PM

Durmukha 5118
Moon 3 - Phase 49
Purnima

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

Panguni Uttiram
Hanuman Jayanti

Tuesday, April 11, 2017

Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Yangon, Myanmar
Sutra 359

Kanya Rasi: 24.02 Tithi 15 – 16
161271368

Gulika	12:07PM – 1:40PM
Yama	9:01AM – 10:34AM
Rahu	3:14PM – 4:47PM

Chitra Until 6:42AM Wed
Vyaghata* Until 9:47AM
Balava Until 1:27AM Wed
Purnima* Until 12:40PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Sunrise: 5:55AM
Sunset: 6:20PM

Durmukha 5118
Moon 3 - Phase 49
Prathama

Devaloka Day

Creative Work Siddha Yoga

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

Wednesday, April 12, 2017
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 360

Tula Rasi: 6.18 Tithi 16 – 17
161271368

Gulika 10:34AM – 12:07PM
Yama 7:27AM – 9:00AM
Rahu 12:07PM – 1:40PM

Chitra Until 6:42AM
Harshana Until 10:00AM
Taitila Until 3:14AM Thu
Prathama* Until 2:17PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Sunrise: 5:54AM
Sunset: 6:20PM

Durmukha 5118
Moon 4 - Phase 50
1st Phase

Devaloka Day

Creative Work Siddha Yoga

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1 Thursday, April 13, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 361

Tula Rasi: 18.26 Tithi 17 – 18
161271368

Gulika 9:00AM – 10:33AM
Yama 5:53AM – 7:27AM
Rahu 1:40PM – 3:13PM

Svati Until 8:55AM
Vajra* Until 10:25AM
Vanija Until 5:17AM Fri
Dvitiya Until 4:12PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Sunrise: 5:53AM
Sunset: 6:20PM

Durmukha 5118
Moon 4 - Phase 50
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 8:55AM
Then Creative Work - Siddha Yoga

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2 Friday, April 14, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 362

Vrischika Rasi: 0.28 Tithi 18
271271368

Gulika 7:26AM – 8:59AM
Yama 3:13PM – 4:47PM
Rahu 10:33AM – 12:06PM

Vishakha Until 11:44AM
Siddhi Until 11:04AM
Visti Until 6:23PM
Tritiya Until 6:23PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sunrise: 5:52AM
Sunset: 6:20PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Tamil New Year

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3 Saturday, April 15, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 3 Sutra 363

Vrischika Rasi: 12.24 Tithi 19
271271368

Gulika 5:52AM – 7:25AM
Yama 1:40PM – 3:13PM
Rahu 8:59AM – 10:33AM

Anuradha Until 2:36PM
Vyatipata* Until 11:53AM
Bava Until 7:34AM
Chaturthi* Until 8:45PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sunrise: 5:52AM
Sunset: 6:21PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Devaloka Day

Creative Work Siddha Yoga

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4 Sunday, April 16, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 364

Vrischika Rasi: 24.17 Tithi 20
271271368

Gulika 3:13PM – 4:47PM
Yama 12:06PM – 1:40PM
Rahu 4:47PM – 6:21PM

Jyeshtha* Until 5:22PM
Variyan Until 12:45PM
Kaulava Until 10:00AM
Panchami Until 11:11PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sunrise: 5:51AM
Sunset: 6:21PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 5:22PM
Then Creative Work - Amrita Yoga

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5 Monday, April 17, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 1

Dhanus Rasi: 6.1 Tithi 21
281271368

Gulika 1:39PM – 3:13PM
Yama 10:32AM – 12:06PM
Rahu 7:24AM – 8:58AM

Mula* Until 8:26PM
Parigha* Until 1:38PM
Gara Until 12:24PM
Shashthi* Until 1:32AM Tue

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 5:50AM
Sunset: 6:21PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 8:26PM
Then Routine Work - Marana Yoga

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6 Tuesday, April 18, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 2

Dhanus Rasi: 18.05 Tithi 22
281271368

Gulika 12:05PM – 1:39PM
Yama 8:58AM – 10:31AM
Rahu 3:13PM – 4:47PM

Purvashadha* Until 11:06PM
Shiva Until 2:23PM
Visti Until 2:37PM
Saptami Until 3:35AM Wed

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 5:50AM
Sunset: 6:21PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 11:06PM
Then Routine Work - Prabalarishta Yoga

Wednesday, April 19, 2017
Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 3

Makara Rasi: 0.08 Tithi 23
282271368

Gulika 10:31AM – 12:05PM
Yama 7:23AM – 8:57AM
Rahu 12:05PM – 1:39PM

Uttarashadha Until 1:08AM Thu
Siddha Until 2:47PM
Balava Until 4:27PM
Ashtami* Until 5:07AM Thu

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 5:49AM
Sunset: 6:21PM

Hemalamba 5119
Moon 4 - Phase 50
Ashtami

Sivaloka Day

Creative Work Amrita Yoga
Until 1:08AM Thu
Then Creative Work - Siddha Yoga

Thursday, April 20, 2017
Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 4

Makara Rasi: 12.25 Tithi 24
292271368

Gulika 8:57AM – 10:31AM
Yama 5:48AM – 7:22AM
Rahu 1:39PM – 3:13PM

Shravana Until 2:51AM Fri
Sadhya Until 2:45PM
Taitila Until 5:39PM
Navami* Until 5:57AM Fri

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Sunrise: 5:48AM
Sunset: 6:22PM

Hemalamba 5119
Moon 4 - Phase 50
Navami

Devaloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

1 Friday, April 21, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Subha/Sukla Yoga Vanija Karana Dashamyam Titau

Yangon, Myanmar
Sun 9 Sutra 5

Makara Rasi: 24.59 Tithi 25

Gulika 7:22AM – 8:56AM
Yama 3:13PM – 4:48PM
292271368 Rahu 10:30AM – 12:05PM

Dhanishtha Until 3:37AM Sat
Subha Until 2:09PM
Vanija Until 6:05PM
Dashami Until 5:58AM Sat

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Sunrise: *5:48AM*
Sunset: *6:22PM*

Hemalamba 5119
Moon 4 - Phase 1
2nd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 3:37AM Sat
Then Creative Work - Amrita Yoga

2 Saturday, April 22, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau

Yangon, Myanmar
Sun 10 Sutra 6

Kumbha Rasi: 7.58 Tithi 26

Gulika 5:47AM – 7:21AM
Yama 1:39PM – 3:13PM
292271368 Rahu 8:56AM – 10:30AM

Shatabhishak Until 3:23AM Sun
Sukla Until 12:52PM
Bava Until 5:39PM
Ekadashi* Until 5:06AM Sun

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Sunrise: *5:47AM*
Sunset: *6:22PM*

Hemalamba 5119
Moon 4 - Phase 1
2nd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 3:23AM Sun
Then Creative Work - Siddha Yoga

3 Sunday, April 23, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshthapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau

Yangon, Myanmar
Sun 11 Sutra 7

Kumbha Rasi: 21.23 Tithi 27

Gulika 3:13PM – 4:48PM
Yama 12:04PM – 1:39PM
212271368 Rahu 4:48PM – 6:22PM

Purvaproshthapada* Until 2:38AM Mon
Brahma Until 10:54AM
Kaulava Until 4:23PM
Dvadashi* Until 3:26AM Mon

Ganesha: Light Blue
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Chaitra•Chaitra

Sunrise: *5:46AM*
Sunset: *6:22PM*

Hemalamba 5119
Moon 4 - Phase 1
2nd Phase

Devaloka Day

Creative Work Siddha Yoga

4 Monday, April 24, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshthapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau

Yangon, Myanmar
Sun 12 Sutra 8

Meena Rasi: 5.18 Tithi 28
Family Home Evening

Gulika 1:39PM – 3:13PM
Yama 10:30AM – 12:04PM
212271368 Rahu 7:20AM – 8:55AM

Uttaraproshthapada Until 1:02AM Tue
Indra Until 8:19AM
Gara Until 2:20PM
Trayodashi* Until 1:03AM Tue

Pradosha Vrata (Fasting)

Ganesha: Light Blue
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Chaitra•Chaitra

Sunrise: *5:46AM*
Sunset: *6:22PM*

Hemalamba 5119
Moon 4 - Phase 1
2nd Phase

Devaloka Day

Creative Work Siddha Yoga

5 Tuesday, April 25, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 13 Sutra 9

Meena Rasi: 19.4 Tithi 29

Gulika 12:04PM – 1:39PM
Yama 8:55AM – 10:29AM
212271369 Rahu 3:13PM – 4:48PM

Revati Until 10:43PM
Vishkambha* Until 1:33AM Wed
Visti Until 11:39AM
Chaturdashi* Until 10:06PM

Ganesha: Light Blue
Muruga: Yellow
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: *5:45AM*
Sunset: *6:23PM*

Hemalamba 5119
Moon 4 - Phase 1
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

● Wednesday, April 26, 2017
Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Yangon, Myanmar
Sun 14 Sutra 10

Mesha Rasi: 4.25 Tithi 30

Gulika 10:29AM – 12:04PM
Yama 7:19AM – 8:54AM
222271369 Rahu 12:04PM – 1:39PM

Ashvini Until 8:17PM
Priti Until 9:39PM
Catuspada Until 8:29AM
Amavasya* Until 6:45PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Purple
Moon – White
Chaitra•Chaitra

Sunrise: *5:45AM*
Sunset: *6:23PM*

Hemalamba 5119
Moon 4 - Phase 1
Amavasya

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 8:17PM
Then Creative Work - Siddha Yoga

Thursday, April 27, 2017
Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sun 15 Sutra 11

Mesha Rasi: 19.25 Tithi 1 – 2

Gulika 8:54AM – 10:29AM
Yama 5:44AM – 7:19AM
222271369 Rahu 1:38PM – 3:13PM

Bharani Until 5:30PM
Ayushman Until 5:34PM
Balava Until 1:22AM Fri
Prathama* Until 3:10PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Purple
Moon – White
Vaisaka•Chaitra

Sunrise: *5:44AM*
Sunset: *6:23PM*

Hemalamba 5119
Moon 4 - Phase 1
Prathama

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 5:30PM
Then Routine Work - Marana Yoga

1 Friday, April 28, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 16 Sutra 12

Vrishabha Rasi: 4.32 Tithi 2 – 3

Creative Work Siddha Yoga
Until 2:33PM
Then Routine Work - Marana Yoga

Gulika	7:18AM – 8:53AM	
Yama	3:13PM – 4:48PM	
222271369 Rahu	10:28AM – 12:03PM	

Krittika Until 2:33PM
Saubhagya Until 1:28PM
Taitila Until 9:46PM
Dvitiya Until 11:32AM

Ganesha: Purple
Muruga: Yellow
Nataraja: Purple
Moon – White
Vaisaka•Chaitra

Sunrise: *5:43AM*
Sunset: *6:23PM*

Hemalamba 5119
Moon 4 - Phase 2
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2 Saturday, April 29, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 17 Sutra 13

Vrishabha Rasi: 19.35 Tithi 3 – 4

Creative Work Amrita Yoga
Until 11:59AM
Then Creative Work - Siddha Yoga

Gulika	5:43AM – 7:18AM	
Yama	1:38PM – 3:13PM	
232271369 Rahu	8:53AM – 10:28AM	

Akshaya Tritiya

Rohini Until 11:59AM
Sobhana Until 9:28AM
Vanija Until 6:21PM
Tritiya Until 8:00AM

Ganesha: Light Blue
Muruga: Yellow
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: *5:43AM*
Sunset: *6:24PM*

Hemalamba 5119
Moon 4 - Phase 2
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

3 Sunday, April 30, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau

Yangon, Myanmar
Sun 18 Sutra 14

Mithuna Rasi: 4.27 Tithi 5

Creative Work Siddha Yoga

Gulika	3:14PM – 4:49PM	
Yama	12:03PM – 1:38PM	
232271369 Rahu	4:49PM – 6:24PM	

Mrigashira Until 9:36AM
Sukarma Until 2:16AM Mon
Bava Until 3:17PM
Panchami Until 1:54AM Mon

Ganesha: Light Blue
Muruga: Yellow
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: *5:42AM*
Sunset: *6:24PM*

Hemalamba 5119
Moon 4 - Phase 2
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

4 Monday, May 1, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau

Yangon, Myanmar
Sun 19 Sutra 15

Mithuna Rasi: 19 Tithi 6
Family Home Evening

Creative Work Siddha Yoga
Until 7:31AM
Then Creative Work - Amrita Yoga

Gulika	1:38PM – 3:14PM	
Yama	10:27AM – 12:03PM	
232271369 Rahu	7:17AM – 8:52AM	

Ardra Until 7:31AM
Dhriti Until 11:18PM
Kaulava Until 12:41PM
Shashthi* Until 11:35PM

Ganesha: Light Blue
Muruga: Yellow
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: *5:41AM*
Sunset: *6:24PM*

Hemalamba 5119
Moon 4 - Phase 2
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

5 Tuesday, May 2, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau

Yangon, Myanmar
Sun 20 Sutra 16

Kataka Rasi: 3.1 Tithi 7

Creative Work Siddha Yoga

Gulika	12:03PM – 1:38PM	
Yama	8:52AM – 10:27AM	
243371369 Rahu	3:14PM – 4:49PM	

Punarvasu Until 6:16AM
Shula* Until 8:49PM
Gara Until 10:40AM
Saptami Until 9:53PM

Ganesha: Orange
Muruga: Yellow
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: *5:41AM*
Sunset: *6:25PM*

Hemalamba 5119
Moon 4 - Phase 2
3rd Phase

Devaloka Day

Wednesday, May 3, 2017

Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 21 Sutra 17

Kataka Rasi: 16.55 Tithi 8

Creative Work Siddha Yoga
Until 5:17AM Thu
Then Creative Work - Amrita Yoga

Gulika	10:27AM – 12:03PM	
Yama	7:16AM – 8:51AM	
243371369 Rahu	12:03PM – 1:38PM	

Ashlesha* Until 5:17AM Thu
Ganda* Until 6:53PM
Visti Until 9:18AM
Ashtami* Until 8:51PM

Ganesha: Orange
Muruga: Yellow
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: *5:40AM*
Sunset: *6:25PM*

Hemalamba 5119
Moon 4 - Phase 2
Ashtami

Devaloka Day

Thursday, May 4, 2017

Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau

Yangon, Myanmar
Sun 22 Sutra 18

Simha Rasi: 0.18 Tithi 9

Creative Work Amrita Yoga
Until 6:00AM Fri
Then Creative Work - Siddha Yoga

Gulika	8:51AM – 10:27AM	
Yama	5:40AM – 7:15AM	
253381369 Rahu	1:38PM – 3:14PM	

Magha* Until 6:00AM Fri
Vriddhi Until 5:30PM
Balava Until 8:36AM
Navami* Until 8:29PM

Ganesha: Green
Muruga: Blue
Nataraja: Purple
Moon – Red
Vaisaka•Chaitra

Sunrise: *5:40AM*
Sunset: *6:25PM*

Hemalamba 5119
Moon 4 - Phase 2
Navami

Bhuloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Friday, May 5, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau

Yangon, Myanmar
Sun 23 Sutra 19

Simha Rasi: 13.19 Tithi 10

Gulika 7:15AM – 8:51AM
Yama 3:14PM – 4:50PM
253381369 Rahu 10:27AM – 12:02PM

Magha* Until 6:00AM
Dhruva Until 4:35PM
Taitila Until 8:33AM
Dashami Until 8:44PM

Ganesha: Green
Muruga: Blue
Nataraja: Purple
Moon – Red
Vaisaka•Chaitra

Sunrise: 5:39AM
Sunset: 6:26PM

Hemalamba 5119
Moon 4 - Phase 3
4th Phase

Bhuloka Day

Routine Work Marana Yoga
Until 6:00AM
Then Creative Work - Siddha Yoga

2 Saturday, May 6, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau

Yangon, Myanmar
Sun 24 Sutra 20

Simha Rasi: 26.04 Tithi 11

Gulika 5:39AM – 7:15AM
Yama 1:38PM – 3:14PM
253381369 Rahu 8:51AM – 10:26AM

Purvaphalguni Until 7:07AM
Vyaghata* Until 4:06PM
Vanija Until 9:05AM
Ekadashi Until 9:31PM

Ganesha: Green
Muruga: Blue
Nataraja: Purple
Moon – Red
Vaisaka•Chaitra

Sunrise: 5:39AM
Sunset: 6:26PM

Hemalamba 5119
Moon 4 - Phase 3
4th Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 7:07AM
Then Routine Work - Marana Yoga

3 Sunday, May 7, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau

Yangon, Myanmar
Sun 25 Sutra 21

Kanya Rasi: 8.34 Tithi 12

Gulika 3:14PM – 4:50PM
Yama 12:02PM – 1:38PM
253381369 Rahu 4:50PM – 6:26PM

Uttaraphalguni Until 8:35AM
Harshana Until 4:00PM
Bava Until 10:06AM
Dvadashi Until 10:45PM

Ganesha: Green
Muruga: Blue
Nataraja: Purple
Moon – Red
Vaisaka•Chaitra

Sunrise: 5:38AM
Sunset: 6:26PM

Hemalamba 5119
Moon 4 - Phase 3
4th Phase

Bhuloka Day

Creative Work Amrita Yoga

4 Monday, May 8, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau

Yangon, Myanmar
Sun 26 Sutra 22

Kanya Rasi: 20.55 Tithi 13
Family Home Evening

Gulika 1:38PM – 3:14PM
Yama 10:26AM – 12:02PM
263381369 Rahu 7:14AM – 8:50AM

Hasta Until 10:44AM
Vajra* Until 4:10PM
Kaulava Until 11:31AM
Trayodashi Until 12:19AM Tue

Pradosha Vrata

Ganesha: Red
Muruga: Blue
Nataraja: Purple
Moon – Green
Vaisaka•Chaitra

Sunrise: 5:38AM
Sunset: 6:26PM

Hemalamba 5119
Moon 4 - Phase 3
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 10:44AM
Then Routine Work - Prabalarishta Yoga

5 Tuesday, May 9, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau

Yangon, Myanmar
Sun 27 Sutra 23

Tula Rasi: 3.06 Tithi 14

Gulika 12:02PM – 1:38PM
Yama 8:50AM – 10:26AM
263381369 Rahu 3:14PM – 4:51PM

Chitra Until 1:02PM
Siddhi Until 4:34PM
Gara Until 1:14PM
Chaturdashi* Until 2:10AM Wed

Ganesha: Red
Muruga: Blue
Nataraja: Purple
Moon – Green
Vaisaka•Chaitra

Sunrise: 5:37AM
Sunset: 6:27PM

Hemalamba 5119
Moon 4 - Phase 3
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

○ Wednesday, May 10, 2017
Copper Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau

Yangon, Myanmar
Sutra 24

Tula Rasi: 15.11 Tithi 15

Gulika 10:26AM – 12:02PM
Yama 7:13AM – 8:50AM
263381369 Rahu 12:02PM – 1:38PM

Svati Until 3:24PM
Vyatipata* Until 5:10PM
Visti Until 3:12PM
Purnima* Until 4:14AM Thu

Ganesha: Red
Muruga: Blue
Nataraja: Purple
Moon – Green
Vaisaka•Chaitra

Sunrise: 5:37AM
Sunset: 6:27PM

Hemalamba 5119
Moon 4 - Phase 3
Purnima

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Budha Purnima (Tamil Nadu)

Thursday, May 11, 2017
Silver Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau

Yangon, Myanmar
Sutra 25

Tula Rasi: 27.12 Tithi 16

Gulika 8:49AM – 10:26AM
Yama 5:37AM – 7:13AM
273381369 Rahu 1:38PM – 3:15PM

Vishakha Until 6:18PM
Variyan Until 5:53PM
Balava Until 5:21PM
Prathama* Until 6:28AM Fri

Ganesha: Blue
Muruga: Blue
Nataraja: Purple
Moon – Orange
Vaisaka•Chaitra

Sunrise: 5:37AM
Sunset: 6:27PM

Hemalamba 5119
Moon 4 - Phase 3
Prathama

Bhuloka Day

Creative Work Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda