



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy

Tula Rasi: 20.05 Tihi 16 – 17

271621368

Gulika 5:06AM – 6:51AM
Yama 1:49PM – 3:34PM
Rahu 8:36AM – 10:20AM

Vishakha Until 8:35AM Sun
Siddhi Until 1:08PM
Taitila Until 10:02PM

Ganesha: Purple *Sunrise:* 5:06AM
Muruga: White *Sunset:* 7:03PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 8:35AM Sun

Prathama* Until 8:52AM

Moon – Orange
Chaitra•Chaitra

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Then Routine Work - Marana Yoga

1

Sunday, April 24, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Trieste, Italy

Vrischika Rasi: 2.02 Tihi 17 – 18

271621369

Gulika 3:35PM – 5:19PM
Yama 12:05PM – 1:50PM
Rahu 5:19PM – 7:04PM

Vishakha Until 8:35AM
Vyatipata* Until 1:53PM
Vanija Until 12:08AM Mon

Ganesha: Purple *Sunrise:* 5:05AM
Muruga: White *Sunset:* 7:04PM

Sun 1 Sutra 7
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Dvitiya Until 11:06AM

Moon – Orange
Chaitra•Chaitra

Bhuloka Day

2

Monday, April 25, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Trieste, Italy

Vrischika Rasi: 14.04 Tihi 18 – 19

271621369

Gulika 1:50PM – 3:35PM
Yama 10:19AM – 12:04PM
Rahu 6:48AM – 8:34AM

Anuradha Until 11:08AM
Variyan Until 2:23PM
Bava Until 1:57AM Tue

Ganesha: Purple *Sunrise:* 5:03AM
Muruga: White *Sunset:* 7:06PM

Sun 2 Sutra 8
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Tritiya Until 1:04PM

Moon – Orange
Chaitra•Chaitra

Bhuloka Day

3

Tuesday, April 26, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Vrischika Rasi: 26.13 Tihi 19 – 20

271621369

Gulika 12:04PM – 1:50PM
Yama 8:33AM – 10:19AM
Rahu 3:36PM – 5:21PM

Jyeshtha* Until 1:12PM
Parigha* Until 2:39PM
Kaulava Until 3:23AM Wed

Ganesha: Purple *Sunrise:* 5:01AM
Muruga: White *Sunset:* 7:07PM

Sun 3 Sutra 9
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Chaturthi* Until 2:42PM

Moon – Orange
Chaitra•Chaitra

Bhuloka Day

Until 1:12PM

Then Creative Work - Amrita Yoga

4

Wednesday, April 27, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy

Dhanus Rasi: 8.32 Tihi 20 – 21

281621369

Gulika 10:18AM – 12:04PM
Yama 6:46AM – 8:32AM
Rahu 12:04PM – 1:50PM

Mula* Until 3:13PM
Shiva Until 2:38PM
Gara Until 4:22AM Thu

Ganesha: Clear *Sunrise:* 5:00AM
Muruga: White *Sunset:* 7:08PM

Sun 4 Sutra 10
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Panchami Until 3:55PM

Moon – Light Blue
Chaitra•Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

5

Thursday, April 28, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Dhanus Rasi: 21.04 Tihi 21 – 22

281621369

Gulika 8:31AM – 10:18AM
Yama 4:58AM – 6:45AM
Rahu 1:50PM – 3:37PM

Purvashadha* Until 4:34PM
Siddha Until 2:11PM
Visti Until 4:48AM Fri

Ganesha: Clear *Sunrise:* 4:58AM
Muruga: White *Sunset:* 7:10PM

Sun 5 Sutra 11
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga

Shashthi* Until 4:39PM

Moon – Light Blue
Chaitra•Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

6

Friday, April 29, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Makara Rasi: 3.5 Tihi 22 – 23

281621369

Gulika 6:44AM – 8:30AM
Yama 3:37PM – 5:24PM
Rahu 10:17AM – 12:04PM

Uttarashadha Until 5:12PM
Sadhya Until 1:18PM
Balava Until 4:36AM Sat

Ganesha: Clear *Sunrise:* 4:57AM
Muruga: White *Sunset:* 7:11PM

Sun 6 Sutra 12
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Saptami Until 4:46PM

Moon – Light Blue
Chaitra•Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

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Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Makara Rasi: 16.56 Tihi 23 – 24

291621369

Gulika 4:55AM – 6:42AM
Yama 1:51PM – 3:38PM
Rahu 8:29AM – 10:17AM

Shravana Until 5:29PM
Subha Until 11:55AM
Taitila Until 3:42AM Sun

Ganesha: White *Sunrise:* 4:55AM
Muruga: White *Sunset:* 7:12PM

Sun 7 Sutra 13
Durmukha 5118
Moon 4 - Phase 2
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 4:13PM

Moon – Purple
Chaitra•Chaitra

Bhuloka Day

Sunday, May 1, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Trieste, Italy

Kumbha Rasi: 0.24 Tihi 24 – 25

291621369

Gulika 3:38PM – 5:26PM
Yama 12:04PM – 1:51PM
Rahu 5:26PM – 7:13PM

Dhanishtha Until 4:54PM
Sukla Until 9:56AM
Vanija Until 2:05AM Mon

Ganesha: White *Sunrise:* 4:54AM
Muruga: White *Sunset:* 7:13PM

Sun 8 Sutra 14
Durmukha 5118
Moon 4 - Phase 2
Navami

Routine Work Marana Yoga

Navami* Until 2:58PM

Moon – Purple
Chaitra•Chaitra

Bhuloka Day

Until 4:54PM

Then Creative Work - Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1

Monday, May 2, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Trieste, Italy

Kumbha Rasi: 14.17 Tithi 25 – 26

Gulika 1:51PM – 3:39PM
Yama 10:16AM – 12:03PM
Rahu 6:40AM – 8:28AMShatabhishak Until 3:30PM
Brahma Until 7:24AM
Bava Until 11:49PM
Dashami Until 1:01PMGanesha: Yellow Sunrise: 4:52AM
Muruga: White Sunset: 7:15PM
Nataraja: Purple
Moon – Purple
Chaitra•ChaitraSun 9 Sutra 15
Durmukha 5118
Moon 4 - Phase 3
2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 3:30PM

Then Routine Work - Marana Yoga

2

Tuesday, May 3, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Trieste, Italy

Kumbha Rasi: 28.36 Tithi 26 – 27

Gulika 12:03PM – 1:51PM
Yama 8:27AM – 10:15AM
Rahu 3:40PM – 5:28PMPurvaprossthapada* Until 1:47PM
Vaidhriti* Until 12:50AM Wed
Kaulava Until 8:59PM
Ekadashi* Until 10:27AMGanesha: Yellow Sunrise: 4:51AM
Muruga: White Sunset: 7:16PM
Nataraja: Purple
Moon – Clear
Chaitra•ChaitraSun 10 Sutra 16
Durmukha 5118
Moon 4 - Phase 3
2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 1:47PM

Then Creative Work - Amrita Yoga

3

Wednesday, May 4, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprossthapada/Revati Nakshatra Vishkambha* Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau

Trieste, Italy

Meena Rasi: 13.17 Tithi 27 – 28

Gulika 10:15AM – 12:03PM
Yama 6:38AM – 8:26AM
Rahu 12:03PM – 1:52PMUttaraprossthapada Until 11:25AM
Vishkambha* Until 8:59PM
Vanija Until 3:54AM Thu
Dvadashi* Until 7:22AM
Pradosha Vrata (Fasting)Ganesha: Yellow Sunrise: 4:49AM
Muruga: White Sunset: 7:17PM
Nataraja: Purple
Moon – Clear
Chaitra•ChaitraSun 11 Sutra 17
Durmukha 5118
Moon 4 - Phase 3
2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 11:25AM

Then Routine Work - Marana Yoga

4

Thursday, May 5, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Trieste, Italy

Meena Rasi: 28.17 Tithi 29

Gulika 8:26AM – 10:14AM
Yama 4:48AM – 6:37AM
Rahu 1:52PM – 3:41PMRevati Until 8:34AM
Priti Until 4:54PM
Visti Until 2:06PM
Chaturdashi* Until 12:13AM FriGanesha: Yellow Sunrise: 4:48AM
Muruga: White Sunset: 7:18PM
Nataraja: Purple
Moon – Clear
Chaitra•ChaitraSun 12 Sutra 18
Durmukha 5118
Moon 4 - Phase 3
2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 8:34AM

Then Creative Work - Amrita Yoga

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Friday, May 6, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Trieste, Italy

Mesha Rasi: 13.27 Tithi 30

Gulika 6:36AM – 8:25AM
Yama 3:41PM – 5:30PM
Rahu 10:14AM – 12:03PMBharani Until 2:52AM Sat
Ayushman Until 12:41PM
Catuspada Until 10:21AM
Amavasya* Until 8:27PMGanesha: Red Sunrise: 4:47AM
Muruga: White Sunset: 7:20PM
Nataraja: Purple
Moon – White
Chaitra•ChaitraSun 13 Sutra 19
Durmukha 5118
Moon 4 - Phase 3
Amavasya

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 2:52AM Sat

Then Creative Work - Amrita Yoga

Saturday, May 7, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau

Trieste, Italy

Mesha Rasi: 28.38 Tithi 1 – 2

Gulika 4:45AM – 6:35AM
Yama 1:52PM – 3:42PM
Rahu 8:24AM – 10:14AMKrittika Until 11:57PM
Saubhagya Until 8:31AM
Kintughna Until 6:37AM
Prathama* Until 4:47PMGanesha: Red Sunrise: 4:45AM
Muruga: White Sunset: 7:21PM
Nataraja: Purple
Moon – White
Vaisaka•ChaitraSun 14 Sutra 20
Durmukha 5118
Moon 4 - Phase 3
Prathama

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

1 Sunday, May 8, 2016

Vrishabha Rasi: 13.4 Tithi 2 - 3
Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Rohini Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau
Gulika 3:42PM - 5:32PM
Yama 12:03PM - 1:53PM
Rahu 5:32PM - 7:22PM

Mother's Day

Rohini Until 9:38PM
Athiganda* Until 12:49AM Mon
Taitila Until 11:52PM
Dvitiya Until 1:24PM

Ganesh: Yellow Sunrise: 4:44AM
Muruga: White Sunset: 7:22PM
Nataraja: Purple
Moon - Yellow
Vaisaka-Chaitra

Trieste, Italy Sun 15 Sutra 21
Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2 Monday, May 9, 2016

Vrishabha Rasi: 28.25 Tithi 3 - 4
Family Home Evening
Creative Work Amrita Yoga
Until 7:41PM
Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau
Gulika 1:53PM - 3:43PM
Yama 10:13AM - 12:03PM
Rahu 6:33AM - 8:23AM

Akshaya Tritiya

Mrigashira Until 7:41PM
Sukarma Until 9:33PM
Vanija Until 9:11PM
Tritiya Until 10:26AM

Ganesh: Yellow Sunrise: 4:43AM
Muruga: White Sunset: 7:23PM
Nataraja: Purple
Moon - Yellow
Vaisaka-Chaitra

Trieste, Italy Sun 16 Sutra 22
Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3 Tuesday, May 10, 2016

Mithuna Rasi: 12.46 Tithi 4 - 5
Routine Work Marana Yoga
Until 6:15PM
Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Andra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau
Gulika 12:03PM - 1:53PM
Yama 8:22AM - 10:12AM
Rahu 3:44PM - 5:34PM

Andra Until 6:15PM
Dhriti Until 6:51PM
Bava Until 7:10PM
Chaturthi* Until 8:04AM

Ganesh: Yellow Sunrise: 4:41AM
Muruga: White Sunset: 7:24PM
Nataraja: Purple
Moon - Yellow
Vaisaka-Chaitra

Trieste, Italy Sun 17 Sutra 23
Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4 Wednesday, May 11, 2016

Mithuna Rasi: 26.38 Tithi 5 - 6
Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau
Gulika 10:12AM - 12:03PM
Yama 6:31AM - 8:21AM
Rahu 12:03PM - 1:54PM

Punarvasu Until 5:54PM
Shula* Until 4:46PM
Taitila Until 5:37AM Thu
Panchami Until 6:26AM

Ganesh: White Sunrise: 4:40AM
Muruga: White Sunset: 7:26PM
Nataraja: Purple
Moon - Blue
Vaisaka-Chaitra

Trieste, Italy Sun 18 Sutra 24
Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Devaloka Day

5 Thursday, May 12, 2016

Kataka Rasi: 10.01 Tithi 7
Creative Work Amrita Yoga
Until 6:14PM
Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Pushya Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau
Gulika 8:21AM - 10:12AM
Yama 4:39AM - 6:30AM
Rahu 1:54PM - 3:45PM

Pushya Until 6:14PM
Ganda* Until 3:23PM
Gara Until 5:34PM
Saptami Until 5:41AM Fri

Ganesh: White Sunrise: 4:39AM
Muruga: White Sunset: 7:27PM
Nataraja: Purple
Moon - Blue
Vaisaka-Chaitra

Trieste, Italy Sun 19 Sutra 25
Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Devaloka Day

Friday, May 13, 2016

Retreat Star
Kataka Rasi: 22.56 Tithi 8
Routine Work Marana Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Visti* Karana Ashtamyam Titau
Gulika 6:29AM - 8:20AM
Yama 3:45PM - 5:37PM
Rahu 10:11AM - 12:03PM

Ashlesha* Until 7:15PM
Vridhhi Until 2:41PM
Visti Until 6:04PM
Ashtami* Until 6:36AM Sat

Ganesh: White Sunrise: 4:38AM
Muruga: White Sunset: 7:28PM
Nataraja: Purple
Moon - Blue
Vaisaka-Chaitra

Trieste, Italy Sun 20 Sutra 26
Durmukha 5118
Moon 4 - Phase 4
Ashtami

Devaloka Day

Saturday, May 14, 2016

Retreat Star
Simha Rasi: 5.28 Tithi 8 - 9
Creative Work Amrita Yoga
Until 9:22PM
Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Magha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau
Gulika 4:36AM - 6:28AM
Yama 1:54PM - 3:46PM
Rahu 8:20AM - 10:11AM

Magha* Until 9:22PM
Dhruva Until 2:36PM
Balava Until 7:21PM
Ashtami* Until 6:36AM

Ganesh: Clear Sunrise: 4:36AM
Muruga: White Sunset: 7:29PM
Nataraja: Purple
Moon - Red
Vaisaka-Vaikasi

Trieste, Italy Sun 21 Sutra 27
Durmukha 5118
Moon 4 - Phase 4
Navami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1 Sunday, May 15, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Trieste, Italy Sun 22 Sutra 28	
Simha Rasi: 17.41	Tithi 9 – 10	Gulika 3:47PM – 5:38PM	Purvaphalguni Until 11:54PM	Ganesha: Purple	<i>Sunrise:</i> 4:35AM	Durmukha 5118	
		Yama 12:03PM – 1:55PM	Vyaghata* Until 3:03PM	Muruga: White	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 5	
		253621369 Rahu 5:38PM – 7:30PM	Taitila Until 9:16PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 8:13AM	Moon – Red		Bhuloka Day	
Until 11:54PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

2 Monday, May 16, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Trieste, Italy Sun 23 Sutra 29	
Simha Rasi: 29.41	Tithi 10 – 11	Gulika 1:55PM – 3:47PM	Uttaraphalguni Until 2:40AM Tue	Ganesha: Purple	<i>Sunrise:</i> 4:34AM	Durmukha 5118	
Family Home Evening		Yama 10:11AM – 12:03PM	Harshana Until 3:52PM	Muruga: White	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 5	
		253621369 Rahu 6:26AM – 8:18AM	Vanija Until 11:36PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 10:22AM	Moon – Red		Bhuloka Day	
				Vaisaka-Vaikasi			

3 Tuesday, May 17, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 24 Sutra 30	
Kanya Rasi: 11.33	Tithi 11 – 12	Gulika 12:03PM – 1:55PM	Hasta Until 5:56AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:33AM	Durmukha 5118	
		Yama 8:18AM – 10:10AM	Vajra* Until 4:52PM	Muruga: White	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 5	
		263621369 Rahu 3:48PM – 5:40PM	Bava Until 2:10AM Wed	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:51PM	Moon – Green		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 6:AM to 9:AM	

4 Wednesday, May 18, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Trieste, Italy Sun 25 Sutra 31	
Kanya Rasi: 23.21	Tithi 12 – 13	Gulika 10:10AM – 12:03PM	Chitra Until 9:02AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:32AM	Durmukha 5118	
		Yama 6:25AM – 8:17AM	Siddhi Until 5:57PM	Muruga: White	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 5	
		263721369 Rahu 12:03PM – 1:56PM	Kaulava Until 4:44AM Thu	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 3:26PM	Moon – Green		Devaloka Day	
Until 9:02AM Thu				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

5 Thursday, May 19, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 26 Sutra 32	
Tula Rasi: 5.1	Tithi 13 – 14	Gulika 8:17AM – 10:10AM	Chitra Until 9:02AM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Durmukha 5118	
		Yama 4:31AM – 6:24AM	Vyatipata* Until 6:59PM	Muruga: White	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 5	
		263721369 Rahu 1:56PM – 3:49PM	Gara Until 7:09AM Fri	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 5:57PM	Moon – Green		Devaloka Day	
Until 9:02AM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

6 Friday, May 20, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Varyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Trieste, Italy Sun 27 Sutra 33	
Tula Rasi: 17.01	Tithi 14	Gulika 6:23AM – 8:16AM	Svati Until 11:49AM	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Durmukha 5118	
		Yama 3:49PM – 5:43PM	Varyan Until 7:50PM	Muruga: White	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 5	
		263721369 Rahu 10:10AM – 12:03PM	Gara Until 7:09AM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:15PM	Moon – Green		Devaloka Day	
		Vaikasi Visakam		Vaisaka-Vaikasi			

○ Saturday, May 21, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Trieste, Italy Sun 28 Sutra 34	
Copper Retreat Star		Gulika 4:29AM – 6:23AM	Vishakha Until 2:40PM	Ganesha: Clear	<i>Sunrise:</i> 4:29AM	Durmukha 5118	
Tula Rasi: 28.58	Tithi 15	Yama 1:57PM – 3:50PM	Parigha* Until 8:28PM	Muruga: White	<i>Sunset:</i> 7:37PM	Moon 4 - Phase 5	
		273721369 Rahu 8:16AM – 10:10AM	Visti Until 9:20AM	Nataraja: Purple		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 10:17PM	Moon – Orange		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 9:AM to 12:PM	

○ Sunday, May 22, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Trieste, Italy Sun 29 Sutra 35	
Silver Retreat Star		Gulika 3:51PM – 5:44PM	Anuradha Until 5:03PM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM	Durmukha 5118	
Vrischika Rasi: 11.03	Tithi 16	Yama 12:03PM – 1:57PM	Shiva Until 8:53PM	Muruga: White	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 5	
		273721369 Rahu 5:44PM – 7:38PM	Balava Until 11:11AM	Nataraja: Purple		Prathama	
Routine Work	Marana Yoga		Prathama* Until 11:58PM	Moon – Orange		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 9:AM to 12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 23, 2016
Gold Retreat Star

Vrischika Rasi: 23.16 Tihti 17
Family Home Evening
Creative Work Siddha Yoga

273721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 1:57PM – 3:51PM
Yama 10:09AM – 12:03PM
Rahu 6:21AM – 8:15AM

Jyeshtha* Until 6:56PM
Siddha Until 8:59PM
Tailila Until 12:42PM
Dvitiya Until 1:19AM Tue

Ganesh: Clear *Sunrise:* 4:27AM
Muruga: White *Sunset:* 7:39PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Trieste, Italy
Sun 1 Sutra 36
Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Tuesday, May 24, 2016

Dhanus Rasi: 5.37 Tihti 18
Creative Work Amrita Yoga
Until 8:48PM
Then Creative Work - Siddha Yoga

283721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:03PM – 1:57PM
Yama 8:15AM – 10:09AM
Rahu 3:52PM – 5:46PM

Mula* Until 8:48PM
Sadhya Until 8:50PM
Vanija Until 1:52PM
Tritiya Until 2:17AM Wed

Ganesh: White *Sunrise:* 4:26AM
Muruga: White *Sunset:* 7:40PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Trieste, Italy
Sun 2 Sutra 37
Durmukha 5118
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Wednesday, May 25, 2016

Dhanus Rasi: 18.08 Tihti 19
Creative Work Amrita Yoga

383721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 10:09AM – 12:03PM
Yama 6:20AM – 8:14AM
Rahu 12:03PM – 1:58PM

Purvashadha* Until 10:08PM
Subha Until 8:24PM
Bava Until 2:39PM
Chaturthi* Until 2:52AM Thu

Ganesh: Clear *Sunrise:* 4:26AM
Muruga: White *Sunset:* 7:41PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Trieste, Italy
Sun 3 Sutra 38
Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Thursday, May 26, 2016

Makara Rasi: 0.5 Tihti 20
Routine Work Marana Yoga
Until 10:54PM
Then Creative Work - Siddha Yoga

383721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 8:14AM – 10:09AM
Yama 4:25AM – 6:19AM
Rahu 1:58PM – 3:53PM

Uttarashadha Until 10:54PM
Sukla Until 7:37PM
Kaulava Until 3:02PM
Panchami Until 3:02AM Fri

Ganesh: Clear *Sunrise:* 4:25AM
Muruga: White *Sunset:* 7:42PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Trieste, Italy
Sun 4 Sutra 39
Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Friday, May 27, 2016

Makara Rasi: 13.45 Tihti 21
Routine Work Marana Yoga
Until 11:31PM
Then Creative Work - Siddha Yoga

393731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:19AM – 8:14AM
Yama 3:53PM – 5:48PM
Rahu 10:09AM – 12:04PM

Shravana Until 11:31PM
Brahma Until 6:29PM
Gara Until 2:57PM
Shashthi* Until 2:43AM Sat

Ganesh: White *Sunrise:* 4:24AM
Muruga: Clear *Sunset:* 7:43PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Trieste, Italy
Sun 5 Sutra 40
Durmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

5

Saturday, May 28, 2016

Makara Rasi: 26.54 Tihti 22
Creative Work Siddha Yoga
Until 11:29PM
Then Creative Work - Amrita Yoga

393731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:23AM – 6:18AM
Yama 1:59PM – 3:54PM
Rahu 8:14AM – 10:09AM

Dhanishtha Until 11:29PM
Indra Until 4:57PM
Visti Until 2:24PM
Saptami Until 1:54AM Sun

Ganesh: White *Sunrise:* 4:23AM
Muruga: Clear *Sunset:* 7:44PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Trieste, Italy
Sun 6 Sutra 41
Durmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

D

Sunday, May 29, 2016
Retreat Star

Kumbha Rasi: 10.2 Tihti 23
Creative Work Siddha Yoga

394731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:54PM – 5:50PM
Yama 12:04PM – 1:59PM
Rahu 5:50PM – 7:45PM

Shatabhishak Until 10:45PM
Vaidhriti* Until 2:59PM
Balava Until 1:18PM
Ashtami* Until 12:31AM Mon

Ganesh: Yellow *Sunrise:* 4:23AM
Muruga: Clear *Sunset:* 7:45PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Trieste, Italy
Sun 7 Sutra 42
Durmukha 5118
Moon 5 - Phase 6
Ashtami

Devaloka Day

Monday, May 30, 2016
Retreat Star

Kumbha Rasi: 24.05 Tihti 24
Family Home Evening
Routine Work Marana Yoga
Until 9:47PM
Then Creative Work - Siddha Yoga

314731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Navamyam Titau

Gulika 1:59PM – 3:55PM
Yama 10:08AM – 12:04PM
Rahu 6:18AM – 8:13AM

Purvaproshtapada* Until 9:47PM
Vishkambha* Until 12:34PM
Tailila Until 11:38AM
Navami* Until 10:36PM

Ganesh: Clear *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 7:46PM
Nataraja: Purple
Moon – Clear
Vaisaka-Vaikasi

Trieste, Italy
Sun 8 Sutra 43
Durmukha 5118
Moon 5 - Phase 6
Navami


Devaloka Day

1		Tuesday, May 31, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau		Trieste, Italy Sun 9 Sutra 44	
Meena Rasi: 8.11	Tithi 25	Gulika	12:04PM – 2:00PM	Uttaraproshtapada Until 8:09PM	Ganesh: Clear	<i>Sunrise:</i> 4:21AM	Durmukha 5118		
		Yama	8:13AM – 10:08AM	Priti Until 9:44AM	Muruga: Clear	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 7		
		314731369 Rahu	3:55PM – 5:51PM	Vanija Until 9:27AM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dashami Until 8:10PM	Moon – Clear		Devaloka Day		
Until 8:09PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga									

2		Wednesday, June 1, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 10 Sutra 45	
Meena Rasi: 22.37	Tithi 26 – 27	Gulika	10:08AM – 12:04PM	Revati Until 5:57PM	Ganesh: Clear	<i>Sunrise:</i> 4:21AM	Durmukha 5118		
		Yama	6:17AM – 8:13AM	Ayushman Until 6:29AM	Muruga: Clear	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 7		
		314731369 Rahu	12:04PM – 2:00PM	Bava Until 6:48AM	Nataraja: Purple		2nd Phase		
Routine Work	Marana Yoga			Ekadashi* Until 5:18PM	Moon – Clear		Devaloka Day		
					Vaisaka-Vaikasi				

3		Thursday, June 2, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 11 Sutra 46	
Mesha Rasi: 7.19	Tithi 27 – 28	Gulika	8:12AM – 10:08AM	Ashvini Until 3:42PM	Ganesh: White	<i>Sunrise:</i> 4:20AM	Durmukha 5118		
		Yama	4:20AM – 6:16AM	Sobhana Until 11:10PM	Muruga: Clear	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 7		
		324731369 Rahu	2:00PM – 3:56PM	Gara Until 12:27AM Fri	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dvadashi* Until 2:07PM	Moon – White		Bhuloka Day		
Until 3:42PM				<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

4		Friday, June 3, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 12 Sutra 47	
Mesha Rasi: 22.13	Tithi 28 – 29	Gulika	6:16AM – 8:12AM	Bharani Until 1:08PM	Ganesh: White	<i>Sunrise:</i> 4:20AM	Durmukha 5118		
		Yama	3:57PM – 5:53PM	Athiganda* Until 7:16PM	Muruga: Clear	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 7		
		324731369 Rahu	10:08AM – 12:05PM	Visti Until 9:02PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Trayodashi* Until 10:44AM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

		Saturday, June 4, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni/Naga* Karana Chaturdashi/Amavasyayam Titau		Trieste, Italy Sun 13 Sutra 48	
Retreat Star		Gulika	4:19AM – 6:16AM	Krittika Until 10:24AM	Ganesh: White	<i>Sunrise:</i> 4:19AM	Durmukha 5118		
Vrishabha Rasi: 7.1	Tithi 29 – 30	Yama	2:01PM – 3:57PM	Sukarma Until 3:24PM	Muruga: Clear	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 7		
		324731369 Rahu	8:12AM – 10:08AM	Naga Until 4:00AM Sun	Nataraja: Purple		Amavasya		
Creative Work	Amrita Yoga			Chaturdashi* Until 7:18AM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Sunday, June 5, 2016		Retreat Star				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau		Trieste, Italy Sun 14 Sutra 49	
Vrishabha Rasi: 22.02	Tithi 1	Gulika	3:58PM – 5:54PM	Rohini Until 8:04AM	Ganesh: Green	<i>Sunrise:</i> 4:19AM	Durmukha 5118		
		Yama	12:05PM – 2:01PM	Dhriti Until 11:41AM	Muruga: Clear	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 7		
		334731361 Rahu	5:54PM – 7:51PM	Kintughna Until 2:27PM	Nataraja: White		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 12:58AM Mon	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1		Monday, June 6, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Mithuna Rasi: 6.41		Tithi 2		Ardra Nakshatra Shula*Gandha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15 Sutra 50	
Family Home Evening		334731361		Gulika 2:02PM – 3:58PM	Ardra Until 4:08AM Tue	Ganesh: Green <i>Sunrise:</i> 4:19AM	Durmukha 5118
Creative Work Siddha Yoga				Yama 10:08AM – 12:05PM	Shula* Until 8:14AM	Muruga: Clear <i>Sunset:</i> 7:51PM	Moon 5 - Phase 8
				Rahu 6:15AM – 8:12AM	Balava Until 11:37AM	Nataraja: White	3rd Phase
					Dvitiya Until 10:22PM	Moon – Yellow	Bhuloka Day
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM

2		Tuesday, June 7, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Mithuna Rasi: 21		Tithi 3		Punarvasu Nakshatra Vriddhi Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 16 Sutra 51	
Creative Work Siddha Yoga		344731361		Gulika 12:05PM – 2:02PM	Punarvasu Until 3:16AM Wed	Ganesh: White <i>Sunrise:</i> 4:18AM	Durmukha 5118
				Yama 8:12AM – 10:09AM	Vriddhi Until 2:45AM Wed	Muruga: Clear <i>Sunset:</i> 7:52PM	Moon 5 - Phase 8
				Rahu 3:59PM – 5:55PM	Tailila Until 9:19AM	Nataraja: White	3rd Phase
					Tritiya Until 8:23PM	Moon – Blue	Bhuloka Day
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM

3		Wednesday, June 8, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Kataka Rasi: 4.53		Tithi 4		Pushya Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau		Sun 17 Sutra 52	
Creative Work Siddha Yoga		344731361		Gulika 10:09AM – 12:05PM	Pushya Until 3:01AM Thu	Ganesh: White <i>Sunrise:</i> 4:18AM	Durmukha 5118
				Yama 6:15AM – 8:12AM	Dhruva Until 12:52AM Thu	Muruga: Clear <i>Sunset:</i> 7:53PM	Moon 5 - Phase 8
				Rahu 12:05PM – 2:02PM	Vanija Until 7:41AM	Nataraja: White	3rd Phase
					Chaturthi* Until 7:08PM	Moon – Blue	Bhuloka Day
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM

4		Thursday, June 9, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Kataka Rasi: 18.18		Tithi 5		Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Sun 18 Sutra 53	
Creative Work Siddha Yoga		344731361		Gulika 8:12AM – 10:09AM	Ashlesha* Until 3:27AM Fri	Ganesh: White <i>Sunrise:</i> 4:18AM	Durmukha 5118
Until 3:27AM Fri				Yama 4:18AM – 6:15AM	Vyaghata* Until 11:41PM	Muruga: Clear <i>Sunset:</i> 7:53PM	Moon 5 - Phase 8
Then Routine Work - Marana Yoga				Rahu 2:03PM – 4:00PM	Bava Until 6:50AM	Nataraja: White	3rd Phase
					Panchami Until 6:43PM	Moon – Blue	Bhuloka Day
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM

5		Friday, June 10, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Simha Rasi: 1.16		Tithi 6		Magha* Nakshatra Harshana Yoga Kaulava/Tailila Karana Shashthyam Titau		Sun 19 Sutra 54	
Routine Work Marana Yoga		354731361		Gulika 6:15AM – 8:12AM	Magha* Until 5:01AM Sat	Ganesh: Clear <i>Sunrise:</i> 4:18AM	Durmukha 5118
Until 5:01AM Sat				Yama 4:00PM – 5:57PM	Harshana Until 11:11PM	Muruga: Clear <i>Sunset:</i> 7:54PM	Moon 5 - Phase 8
Then Creative Work - Siddha Yoga				Rahu 10:09AM – 12:06PM	Kaulava Until 6:51AM	Nataraja: White	3rd Phase
					Shashthi* Until 7:09PM	Moon – Red	Devaloka Day
						Jyeshtha-Vaikasi	

6		Saturday, June 11, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Simha Rasi: 13.5		Tithi 7		Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20 Sutra 55	
Creative Work Siddha Yoga		355731361		Gulika 4:17AM – 6:15AM	Purvaphalguni Until 7:09AM Sun	Ganesh: Purple <i>Sunrise:</i> 4:17AM	Durmukha 5118
Until 7:09AM Sun				Yama 2:03PM – 4:00PM	Vajra* Until 11:16PM	Muruga: Clear <i>Sunset:</i> 7:55PM	Moon 5 - Phase 8
Then Creative Work - Amrita Yoga				Rahu 8:12AM – 10:09AM	Gara Until 7:41AM	Nataraja: White	3rd Phase
					Saptami Until 8:22PM	Moon – Red	Sivaloka Day
						Jyeshtha-Vaikasi	

☾		Sunday, June 12, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Retreat Star				Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21 Sutra 56	
Simha Rasi: 26.05		Tithi 8				Durmukha 5118	
Creative Work Siddha Yoga		355831361		Gulika 4:01PM – 5:58PM	Purvaphalguni Until 7:09AM	Ganesh: Clear <i>Sunrise:</i> 4:17AM	Moon 5 - Phase 8
Until 7:09AM				Yama 12:06PM – 2:03PM	Siddhi Until 11:50PM	Muruga: Clear <i>Sunset:</i> 7:55PM	Ashtami
Then Creative Work - Amrita Yoga				Rahu 5:58PM – 7:55PM	Visti Until 9:16AM	Nataraja: White	
					Ashtami* Until 10:14PM	Moon – Red	Devaloka Day
						Jyeshtha-Vaikasi	

☽		Monday, June 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Retreat Star				Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 57	
Kanya Rasi: 8.05		Tithi 9				Durmukha 5118	
Family Home Evening		355831361		Gulika 2:04PM – 4:01PM	Uttaraphalguni Until 9:39AM	Ganesh: Clear <i>Sunrise:</i> 4:17AM	Moon 5 - Phase 8
Creative Work Siddha Yoga				Yama 10:09AM – 12:06PM	Vyatipata* Until 12:44AM Tue	Muruga: Clear <i>Sunset:</i> 7:56PM	Navami
				Rahu 6:14AM – 8:12AM	Balava Until 11:22AM	Nataraja: White	
					Navami* Until 12:32AM Tue	Moon – Red	Devaloka Day
						Jyeshtha-Vaikasi	

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1 Tuesday, June 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Kanya Rasi: 19.58 Tihti 10		Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 58	
365831361		Gulika 12:07PM – 2:04PM	Hasta Until 12:48PM	Ganesha: Purple <i>Sunrise:</i> 4:17AM	Durmukha 5118		
Creative Work Siddha Yoga		Yama 8:12AM – 10:09AM	Variyan Until 1:45AM Wed	Muruga: Clear <i>Sunset:</i> 7:56PM	Moon 5 - Phase 9		
		Rahu 4:01PM – 5:59PM	Tailila Until 1:48PM	Nataraja: White	4th Phase		
			Dashami Until 3:02AM Wed	Moon – Green	Bhuloka Day		
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM		

2 Wednesday, June 15, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Tula Rasi: 1.47 Tihti 11		Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 59	
365831361		Gulika 10:09AM – 12:07PM	Chitra Until 3:52PM	Ganesha: Purple <i>Sunrise:</i> 4:17AM	Durmukha 5118		
Creative Work Siddha Yoga		Yama 6:15AM – 8:12AM	Parigha* Until 2:46AM Thu	Muruga: Clear <i>Sunset:</i> 7:56PM	Moon 5 - Phase 9		
		Rahu 12:07PM – 2:04PM	Vanija Until 4:18PM	Nataraja: White	4th Phase		
			Ekadashi Until 5:29AM Thu	Moon – Green	Bhuloka Day		
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM		

3 Thursday, June 16, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Tula Rasi: 13.38 Tihti 12		Svati Nakshatra Shiva Yoga Bava Karana Dvadashyam Titau				Sun 25 Sutra 60	
365831361		Gulika 8:12AM – 10:10AM	Svati Until 6:38PM	Ganesha: Purple <i>Sunrise:</i> 4:17AM	Durmukha 5118		
Creative Work Amrita Yoga		Yama 4:17AM – 6:15AM	Shiva Until 3:38AM Fri	Muruga: Clear <i>Sunset:</i> 7:57PM	Moon 5 - Phase 9		
Until 6:38PM		Rahu 2:04PM – 4:02PM	Bava Until 6:39PM	Nataraja: White	4th Phase		
Then Creative Work - Siddha Yoga			Dvadashi Until 7:42AM Fri	Moon – Green	Bhuloka Day		
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM		

4 Friday, June 17, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Tula Rasi: 25.34 Tihti 12 – 13		Vishakha Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 61	
375831361		Gulika 6:15AM – 8:12AM	Vishakha Until 9:27PM	Ganesha: Clear <i>Sunrise:</i> 4:17AM	Durmukha 5118		
Creative Work Siddha Yoga		Yama 4:02PM – 6:00PM	Siddha Until 4:14AM Sat	Muruga: Clear <i>Sunset:</i> 7:57PM	Moon 5 - Phase 9		
		Rahu 10:10AM – 12:07PM	Kaulava Until 8:43PM	Nataraja: White	4th Phase		
			Dvadashi Until 7:42AM	Moon – Orange	Devaloka Day		
			<i>Pradosha Vrata</i>	Jyeshtha•Ani			

5 Saturday, June 18, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Vrischika Rasi: 7.38 Tihti 13 – 14		Anuradha Nakshatra Sadhya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 62	
375831361		Gulika 4:17AM – 6:15AM	Anuradha Until 11:44PM	Ganesha: Clear <i>Sunrise:</i> 4:17AM	Durmukha 5118		
Creative Work Siddha Yoga		Yama 2:05PM – 4:02PM	Sadhya Until 4:31AM Sun	Muruga: Clear <i>Sunset:</i> 7:58PM	Moon 5 - Phase 9		
		Rahu 8:12AM – 10:10AM	Gara Until 10:24PM	Nataraja: White	4th Phase		
			Trayodashi Until 9:36AM	Moon – Orange	Devaloka Day		
				Jyeshtha•Ani			

○ Sunday, June 19, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Copper Retreat Star		Jyeshtha* Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 63	
Vrischika Rasi: 19.52 Tihti 14 – 15						Durmukha 5118	
375831361		Gulika 4:03PM – 6:00PM	Jyeshtha* Until 1:26AM Mon	Ganesha: Clear <i>Sunrise:</i> 4:17AM	Moon 5 - Phase 9		
Routine Work Marana Yoga		Yama 12:08PM – 2:05PM	Subha Until 4:29AM Mon	Muruga: Clear <i>Sunset:</i> 7:58PM	Purnima		
Until 1:26AM Mon		Rahu 6:00PM – 7:58PM	Visti Until 11:39PM	Nataraja: White			
Then Creative Work - Siddha Yoga			Chaturdashi* Until 11:04AM	Moon – Orange	Devaloka Day		
		Father's Day		Jyeshtha•Ani			

Monday, June 20, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Trieste, Italy	
Silver Retreat Star		Mula* Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 64	
Dhanus Rasi: 2.17 Tihti 15 – 16						Durmukha 5118	
386831361		Gulika 2:05PM – 4:03PM	Mula* Until 3:01AM Tue	Ganesha: Yellow <i>Sunrise:</i> 4:18AM	Moon 5 - Phase 9		
Family Home Evening		Yama 10:10AM – 12:08PM	Sukla Until 4:05AM Tue	Muruga: Clear <i>Sunset:</i> 7:58PM	Prathama		
Creative Work Siddha Yoga		Rahu 6:15AM – 8:13AM	Balava Until 12:27AM Tue	Nataraja: White			
			Purnima* Until 12:05PM	Moon – Light Blue	Devaloka Day		
				Jyeshtha•Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Trieste, Italy

Dhanus Rasi: 14.54 Tihi 16 – 17

386831361

Gulika 12:08PM – 2:06PM
Yama 8:13AM – 10:10AM
Rahu 4:03PM – 6:01PM

Purvashadha* Until 4:02AM Wed
Brahma Until 3:21AM Wed
Taitila Until 12:49AM Wed
Prathama* Until 12:40PM

Ganesha: Yellow *Sunrise: 4:18AM*
Muruga: Clear *Sunset: 7:58PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 4:02AM Wed
Then Creative Work - Amrita Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam

Trieste, Italy

Dhanus Rasi: 27.43 Tihi 17 – 18

386831361

Gulika 10:11AM – 12:08PM
Yama 6:16AM – 8:13AM
Rahu 12:08PM – 2:06PM

Uttarashadha Until 4:30AM Thu
Indra Until 2:19AM Thu
Vanija Until 12:48AM Thu
Dvitiya Until 12:50PM

Ganesha: Yellow *Sunrise: 4:18AM*
Muruga: Clear *Sunset: 7:58PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sun 1 Sutra 66
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 4:30AM Thu
Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam

Trieste, Italy

Makara Rasi: 10.43 Tihi 18 – 19

396831361

Gulika 8:13AM – 10:11AM
Yama 4:18AM – 6:16AM
Rahu 2:06PM – 4:03PM

Shravana Until 4:55AM Fri
Vaidhriti* Until 12:59AM Fri
Bava Until 12:24AM Fri
Tritiya Until 12:38PM

Ganesha: Blue *Sunrise: 4:18AM*
Muruga: Clear *Sunset: 7:58PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 2 Sutra 67
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Then Creative Work - Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Trieste, Italy

Makara Rasi: 23.55 Tihi 19 – 20

396831361

Gulika 6:16AM – 8:14AM
Yama 4:04PM – 6:01PM
Rahu 10:11AM – 12:09PM

Dhanishtha Until 4:51AM Sat
Vishkambha* Until 11:22PM
Kaulava Until 11:40PM
Chaturthi* Until 12:03PM

Ganesha: Blue *Sunrise: 4:19AM*
Muruga: Clear *Sunset: 7:59PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 3 Sutra 68
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 4:51AM Sat
Then Creative Work - Amrita Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam

Trieste, Italy

Kumbha Rasi: 7.18 Tihi 20 – 21

396831361

Gulika 4:19AM – 6:17AM
Yama 2:06PM – 4:04PM
Rahu 8:14AM – 10:11AM

Shatabhishak Until 4:17AM Sun
Priti Until 9:29PM
Gara Until 10:34PM
Panchami Until 11:08AM

Ganesha: Blue *Sunrise: 4:19AM*
Muruga: Clear *Sunset: 7:59PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 4 Sutra 69
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 4:17AM Sun
Then Creative Work - Siddha Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam

Trieste, Italy

Kumbha Rasi: 20.53 Tihi 21 – 22

316831361

Gulika 4:04PM – 6:01PM
Yama 12:09PM – 2:06PM
Rahu 6:01PM – 7:59PM

Purvaproshtapada* Until 3:40AM Mon
Ayushman Until 7:18PM
Visti Until 9:08PM
Shashthi* Until 9:52AM

Ganesha: Purple *Sunrise: 4:19AM*
Muruga: Clear *Sunset: 7:59PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 5 Sutra 70
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Monday, June 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam

Trieste, Italy

Meena Rasi: 4.4 Tihi 22 – 23

316831361

Gulika 2:07PM – 4:04PM
Yama 10:12AM – 12:09PM
Rahu 6:17AM – 8:15AM

Uttaraproshtapada Until 2:33AM Tue
Saubhagya Until 4:51PM
Balava Until 7:21PM
Saptami Until 8:16AM

Ganesha: Purple *Sunrise: 4:20AM*
Muruga: Clear *Sunset: 7:59PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 6 Sutra 71
Durmukha 5118
Moon 6 - Phase 10
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Family Home Evening

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Trieste, Italy

Meena Rasi: 18.41 Tihi 23 – 24

317831361

Gulika 12:09PM – 2:07PM
Yama 8:15AM – 10:12AM
Rahu 4:04PM – 6:01PM

Revati Until 12:59AM Wed
Sobhana Until 2:08PM
Gara Until 4:02AM Wed
Ashtami* Until 6:19AM

Ganesha: Clear *Sunrise: 4:20AM*
Muruga: Clear *Sunset: 7:59PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 7 Sutra 72
Durmukha 5118
Moon 6 - Phase 10
Navami

Devaloka Day


Creative Work Siddha Yoga
Until 12:59AM Wed
Then Routine Work - Marana Yoga

1		Wednesday, June 29, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 73		Durmukha 5118	
Mesha Rasi: 2.53	Tithi 25	Gulika 10:12AM – 12:10PM	Ashvini Until 11:24PM	Ganesha: Purple	<i>Sunrise:</i> 4:21AM		
		Yama 6:18AM – 8:15AM	Athiganda* Until 11:09AM	Muruga: Clear	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 11	
		327831361 Rahu 12:10PM – 2:07PM	Vanija Until 2:49PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 1:30AM Thu	Moon – White		Bhuloka Day	
Until 11:24PM				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

2		Thursday, June 30, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 74		Durmukha 5118	
Mesha Rasi: 17.17	Tithi 26	Gulika 8:16AM – 10:13AM	Bharani Until 9:29PM	Ganesha: Purple	<i>Sunrise:</i> 4:21AM		
		Yama 4:21AM – 6:19AM	Sukarma Until 7:57AM	Muruga: Clear	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 11	
		327831361 Rahu 2:07PM – 4:04PM	Bava Until 12:09PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 10:45PM	Moon – White		Bhuloka Day	
Until 9:29PM				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

3		Friday, July 1, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Krittika Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 75		Durmukha 5118	
Vrishabha Rasi: 1.49	Tithi 27	Gulika 6:19AM – 8:16AM	Krittika Until 7:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:22AM		
		Yama 4:04PM – 6:01PM	Shula* Until 1:14AM Sat	Muruga: Clear	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 11	
		327831361 Rahu 10:13AM – 12:10PM	Kaulava Until 9:21AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 7:54PM	Moon – White		Bhuloka Day	
Until 7:18PM				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

4		Saturday, July 2, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Rohini/Mrigashira Nakshatra Ganda* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 76		Durmukha 5118	
Vrishabha Rasi: 16.24	Tithi 28 – 29	Gulika 4:23AM – 6:19AM	Rohini Until 5:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:23AM		
		Yama 2:07PM – 4:04PM	Ganda* Until 9:53PM	Muruga: Clear	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 11	
		327831361 Rahu 8:16AM – 10:13AM	Gara Until 6:29AM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 5:04PM	Moon – Yellow		Bhuloka Day	
Until 5:26PM			<i>Pradosha Vrata (Fasting)</i>	Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

		Sunday, July 3, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Retreat Star		Mrigashira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 77	
Mithuna Rasi: 0.55	Tithi 29 – 30	Gulika 4:04PM – 6:01PM	Mrigashira Until 3:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:23AM		
		Yama 12:10PM – 2:07PM	Vriddhi Until 6:42PM	Muruga: Clear	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 11	
		327831361 Rahu 6:01PM – 7:58PM	Catuspada Until 1:11AM Mon	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 2:24PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

Monday, July 4, 2016		Retreat Star		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 78		Durmukha 5118	
Mithuna Rasi: 15.15	Tithi 30 – 1	Gulika 2:07PM – 4:04PM	Ardra Until 1:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:24AM		
Family Home Evening		Yama 10:14AM – 12:11PM	Dhruva Until 3:46PM	Muruga: Clear	<i>Sunset:</i> 7:57PM	Moon 6 - Phase 11	
		338831361 Rahu 6:21AM – 8:17AM	Kintughna Until 11:01PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 12:01PM	Moon – Yellow		Bhuloka Day	
Until 1:52PM				Ashada-Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Tuesday, July 5, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 14 Sutra 79
Mithuna Rasi: 29.19	Tithi 1 – 2	Gulika 12:11PM – 2:07PM	Punarvasu Until 12:56PM	Ganesh: Light Blue <i>Sunrise:</i> 4:25AM	Durmukha 5118	
		Yama 8:18AM – 10:14AM	Vyaghata* Until 1:14PM	Muruga: Clear <i>Sunset:</i> 7:57PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	348831361 Rahu 4:04PM – 6:00PM	Balava Until 9:22PM	Nataraja: White	3rd Phase	
			Prathama* Until 10:06AM	Moon – Blue		Bhuloka Day
				Ashada*Ani		Devaloka Time: 12:PM to 3:PM

2 Wednesday, July 6, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 15 Sutra 80
Kataka Rasi: 13.02	Tithi 2 – 3	Gulika 10:14AM – 12:11PM	Pushya Until 12:27PM	Ganesh: Purple <i>Sunrise:</i> 4:25AM	Durmukha 5118	
		Yama 6:22AM – 8:18AM	Harshana Until 11:13AM	Muruga: Clear <i>Sunset:</i> 7:56PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448831361 Rahu 12:11PM – 2:07PM	Taitila Until 8:22PM	Nataraja: White	3rd Phase	
			Dvitiya Until 8:46AM	Moon – Blue		Bhuloka Day
				Ashada*Ani		Devaloka Time: 12:PM to 3:PM

3 Thursday, July 7, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Trieste, Italy Sun 16 Sutra 81
Kataka Rasi: 26.21	Tithi 3 – 4	Gulika 8:18AM – 10:15AM	Ashlesha* Until 12:31PM	Ganesh: Light Blue <i>Sunrise:</i> 4:26AM	Durmukha 5118	
		Yama 4:26AM – 6:22AM	Vajra* Until 9:45AM	Muruga: Clear <i>Sunset:</i> 7:56PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448931361 Rahu 2:07PM – 4:04PM	Vanija Until 8:07PM	Nataraja: White	3rd Phase	
Until 12:31PM			Tritiya Until 8:08AM	Moon – Blue		Bhuloka Day
Then Creative Work - Amrita Yoga				Ashada*Ani		Devaloka Time: 12:PM to 3:PM

4 Friday, July 8, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 17 Sutra 82
Simha Rasi: 9.16	Tithi 4 – 5	Gulika 6:23AM – 8:19AM	Magha* Until 1:40PM	Ganesh: Purple <i>Sunrise:</i> 4:27AM	Durmukha 5118	
		Yama 4:03PM – 5:59PM	Siddhi Until 8:54AM	Muruga: Clear <i>Sunset:</i> 7:56PM	Moon 6 - Phase 12	
Routine Work	Marana Yoga	458931361 Rahu 10:15AM – 12:11PM	Bava Until 8:39PM	Nataraja: White	3rd Phase	
Until 1:40PM			Chaturthi* Until 8:16AM	Moon – Red		Bhuloka Day
Then Creative Work - Siddha Yoga				Ashada*Ani		Devaloka Time: 12:PM to 3:PM

5 Saturday, July 9, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy Sun 18 Sutra 83
Simha Rasi: 21.5	Tithi 5 – 6	Gulika 4:28AM – 6:23AM	Purvaphalguni Until 3:23PM	Ganesh: Purple <i>Sunrise:</i> 4:28AM	Durmukha 5118	
		Yama 2:07PM – 4:03PM	Vyatipata* Until 8:40AM	Muruga: Clear <i>Sunset:</i> 7:55PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	458931361 Rahu 8:19AM – 10:15AM	Kaulava Until 9:54PM	Nataraja: White	3rd Phase	
Until 3:23PM			Panchami Until 9:10AM	Moon – Red		Bhuloka Day
Then Routine Work - Marana Yoga				Ashada*Ani		Devaloka Time: 12:PM to 3:PM

6 Sunday, July 10, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 19 Sutra 84
Kanya Rasi: 4.05	Tithi 6 – 7	Gulika 4:03PM – 5:59PM	Uttaraphalguni Until 5:33PM	Ganesh: Purple <i>Sunrise:</i> 4:28AM	Durmukha 5118	
		Yama 12:11PM – 2:07PM	Variyan Until 8:56AM	Muruga: Clear <i>Sunset:</i> 7:54PM	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	458931361 Rahu 5:59PM – 7:54PM	Gara Until 11:45PM	Nataraja: White	3rd Phase	
			Shashthi* Until 10:45AM	Moon – Red		Bhuloka Day
		Chidambaram Abhishekam		Ashada*Ani		Devaloka Time: 12:PM to 3:PM

Monday, July 11, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy Sun 20 Sutra 85
Retreat Star		Gulika 2:07PM – 4:03PM	Hasta Until 8:29PM	Ganesh: Orange <i>Sunrise:</i> 4:29AM	Durmukha 5118	
Kanya Rasi: 16.08	Tithi 7 – 8	Yama 10:16AM – 12:12PM	Parigha* Until 9:37AM	Muruga: Clear <i>Sunset:</i> 7:54PM	Moon 6 - Phase 12	
Family Home Evening		469931361 Rahu 6:25AM – 8:20AM	Visti Until 2:00AM Tue	Nataraja: White	Ashtami	
Creative Work	Siddha Yoga		Saptami Until 12:49PM	Moon – Green		Devaloka Day
Until 8:29PM				Ashada*Ani		
Then Routine Work - Prabalarishta Yoga						

Tuesday, July 12, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy Sun 21 Sutra 86
Retreat Star		Gulika 12:12PM – 2:07PM	Chitra Until 11:27PM	Ganesh: Orange <i>Sunrise:</i> 4:30AM	Durmukha 5118	
Kanya Rasi: 28.02	Tithi 8 – 9	Yama 8:21AM – 10:16AM	Shiva Until 10:32AM	Muruga: Clear <i>Sunset:</i> 7:53PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	469931361 Rahu 4:02PM – 5:58PM	Balava Until 4:24AM Wed	Nataraja: White	Navami	
			Ashtami* Until 3:10PM	Moon – Green		Devaloka Day
				Ashada*Ani		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Wednesday, July 13, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Tula Rasi: 9.53		Tithi 9 - 10		469931361		Svati Until 2:13AM Thu		Sun 22 Sutra 87	
Creative Work		Siddha Yoga		Gulika 10:17AM - 12:12PM		Ganesh: Orange		Sunrise: 4:31AM	
				Yama 6:26AM - 8:21AM		Muruga: Clear		Sunset: 7:53PM	
				Rahu 12:12PM - 2:07PM		Nataraja: White		Moon 6 - Phase 13	
						Moon - Green		4th Phase	
						Navami* Until 5:34PM		Devaloka Day	
						Ashada*Ani			


2		Thursday, July 14, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Tula Rasi: 21.47		Tithi 10		479931361		Vishakha Until 5:05AM Fri		Sun 23 Sutra 88	
Creative Work		Siddha Yoga		Gulika 8:22AM - 10:17AM		Ganesh: Green		Sunrise: 4:32AM	
				Yama 4:32AM - 6:27AM		Muruga: Clear		Sunset: 7:52PM	
				Rahu 2:07PM - 4:02PM		Nataraja: White		Moon 6 - Phase 13	
						Moon - Orange		4th Phase	
						Dashami Until 7:47PM		Bhuloka Day	
						Ashada*Ani		Devaloka Time: 12:PM to 3:PM	


3		Friday, July 15, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 3.47		Tithi 11		479931361		Anuradha Until 7:25AM Sat		Sun 24 Sutra 89	
Creative Work		Siddha Yoga		Gulika 6:28AM - 8:22AM		Ganesh: Green		Sunrise: 4:33AM	
				Yama 4:02PM - 5:56PM		Muruga: Clear		Sunset: 7:51PM	
				Rahu 10:17AM - 12:12PM		Nataraja: White		Moon 6 - Phase 13	
						Moon - Orange		4th Phase	
						Ekadashi Until 9:39PM		Bhuloka Day	
						Ashada*Ani		Devaloka Time: 12:PM to 3:PM	

4		Saturday, July 16, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 15.56		Tithi 12		479931362		Anuradha Until 7:25AM		Sun 25 Sutra 90	
Creative Work		Siddha Yoga		Gulika 4:34AM - 6:28AM		Ganesh: Green		Sunrise: 4:34AM	
				Yama 2:07PM - 4:01PM		Muruga: Clear		Sunset: 7:50PM	
				Rahu 8:23AM - 10:17AM		Nataraja: Clear		Moon 6 - Phase 13	
						Moon - Orange		4th Phase	
						Dvadashi Until 11:03PM		Devaloka Day	
						Ashada*Adi			

5		Sunday, July 17, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 28.17		Tithi 13		479931362		Jyeshtha* Until 9:05AM		Sun 26 Sutra 91	
Routine Work		Marana Yoga		Gulika 4:01PM - 5:55PM		Ganesh: Green		Sunrise: 4:35AM	
Until 9:05AM				Yama 12:12PM - 2:06PM		Muruga: Clear		Sunset: 7:50PM	
Then Creative Work - Amrita Yoga				Rahu 5:55PM - 7:50PM		Nataraja: Clear		Moon 6 - Phase 13	
						Moon - Orange		4th Phase	
						Trayodashi Until 11:55PM		Devaloka Day	
						Pradosha Vrata		Ashada*Adi	

6		Monday, July 18, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 10.54		Tithi 14		481931362		Mula* Until 10:33AM		Sun 27 Sutra 92	
Family Home Evening				Gulika 2:06PM - 4:00PM		Ganesh: Blue		Sunrise: 4:36AM	
Creative Work		Siddha Yoga		Yama 10:18AM - 12:12PM		Muruga: Clear		Sunset: 7:49PM	
Until 10:33AM				Rahu 6:30AM - 8:24AM		Nataraja: Clear		Moon 6 - Phase 13	
Then Routine Work - Marana Yoga						Moon - Light Blue		4th Phase	
						Chaturdashi* Until 12:14AM Tue		Subha Sivaloka Day	
						Ashada*Adi			

		Tuesday, July 19, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Copper Retreat Star				481931362		Purvashadha* Until 11:20AM		Sun 28 Sutra 93	
Dhanus Rasi: 23.46		Tithi 15		Gulika 12:12PM - 2:06PM		Ganesh: Blue		Sunrise: 4:37AM	
Creative Work		Siddha Yoga		Yama 8:24AM - 10:18AM		Muruga: Clear		Sunset: 7:48PM	
Until 11:20AM				Rahu 4:00PM - 5:54PM		Nataraja: Clear		Moon 6 - Phase 13	
Then Routine Work - Prabalarishta Yoga						Moon - Light Blue		Purnima	
						Purnima* Until 12:01AM Wed		Subha Sivaloka Day	
						Ashada*Adi			

		Wednesday, July 20, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Silver Retreat Star				481931362		Uttarashadha Until 11:27AM		Sun 29 Sutra 94	
Makara Rasi: 6.53		Tithi 16		Gulika 10:19AM - 12:12PM		Ganesh: Blue		Sunrise: 4:38AM	
Creative Work		Amrita Yoga		Yama 6:31AM - 8:25AM		Muruga: Clear		Sunset: 7:47PM	
Until 11:27AM				Rahu 12:12PM - 2:06PM		Nataraja: Clear		Moon 6 - Phase 13	
Then Creative Work - Siddha Yoga						Moon - Light Blue		Prathama	
						Prathama* Until 11:20PM		Subha Sivaloka Day	
						Ashada*Adi			



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy
Sun 1 Sutra 95

Makara Rasi: 20.16 Tihti 17

Gulika 8:26AM – 10:19AM
Yama 4:39AM – 6:32AM
491931362 **Rahu** 2:06PM – 3:59PM

Shravana Until 11:26AM
Priti Until 8:40AM
Taitila Until 10:51AM
Dvitiya Until 10:14PM

Ganesha: Yellow *Sunrise:* 4:39AM
Muruga: Clear *Sunset:* 7:46PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Trieste, Italy
Sun 2 Sutra 96

Kumbha Rasi: 3.51 Tihti 18

Gulika 6:33AM – 8:26AM
Yama 3:59PM – 5:52PM
491931362 **Rahu** 10:19AM – 12:12PM

Dhanishtha Until 10:55AM
Ayushman Until 6:38AM
Vanija Until 9:35AM
Tritiya Until 8:49PM

Ganesha: Yellow *Sunrise:* 4:40AM
Muruga: Clear *Sunset:* 7:45PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy
Sun 3 Sutra 97

Kumbha Rasi: 17.37 Tihti 19

Gulika 4:41AM – 6:34AM
Yama 2:05PM – 3:58PM
491931362 **Rahu** 8:27AM – 10:19AM

Shatabhishak Until 9:57AM
Sobhana Until 1:56AM Sun
Bava Until 8:01AM
Chaturthi* Until 7:08PM

Ganesha: Yellow *Sunrise:* 4:41AM
Muruga: Clear *Sunset:* 7:44PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga
Until 9:57AM

Sivaloka Day

Then Routine Work - Marana Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy
Sun 4 Sutra 98

Meena Rasi: 1.32 Tihti 20 – 21

Gulika 3:58PM – 5:50PM
Yama 12:12PM – 2:05PM
411931362 **Rahu** 5:50PM – 7:43PM

Purvaproshtapada* Until 9:04AM
Athiganda* Until 11:19PM
Kaulava Until 6:14AM
Panchami Until 5:15PM

Ganesha: Red *Sunrise:* 4:42AM
Muruga: Clear *Sunset:* 7:43PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 9:04AM

Then Creative Work - Amrita Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy
Sun 5 Sutra 99

Meena Rasi: 15.33 Tihti 21 – 22

Family Home Evening

Gulika 2:05PM – 3:57PM
Yama 10:20AM – 12:12PM
411931362 **Rahu** 6:35AM – 8:28AM

Uttaraproshtapada Until 7:52AM
Sukarma Until 8:36PM
Visti Until 2:11AM Tue
Shashthi* Until 3:14PM

Ganesha: Red *Sunrise:* 4:43AM
Muruga: Clear *Sunset:* 7:42PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Tuesday, July 26, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy
Sun 6 Sutra 100

Meena Rasi: 29.4 Tihti 22 – 23

Gulika 12:12PM – 2:04PM
Yama 8:28AM – 10:20AM
411931362 **Rahu** 3:57PM – 5:49PM

Revati Until 6:25AM
Dhriti Until 5:48PM
Balava Until 12:00AM Wed
Saptami Until 1:06PM

Ganesha: Red *Sunrise:* 4:44AM
Muruga: Clear *Sunset:* 7:41PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy
Sun 7 Sutra 101

Mesha Rasi: 13.5 Tihti 23 – 24

Gulika 10:21AM – 12:12PM
Yama 6:37AM – 8:29AM
421931362 **Rahu** 12:12PM – 2:04PM

Bharani Until 3:40AM Thu
Shula* Until 2:55PM
Taitila Until 9:46PM
Ashtami* Until 10:52AM

Ganesha: Green *Sunrise:* 4:45AM
Muruga: Clear *Sunset:* 7:39PM
Nataraja: Clear
Moon – White
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 3:40AM Thu

Then Routine Work - Marana Yoga

1 Thursday, July 28, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Krittika Nakshatra Ganda* Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 102		Durmukha 5118	
Mesha Rasi: 28.02 Tihi 24 – 25		Gulika 8:29AM – 10:21AM	Krittika Until 2:03AM Fri	Ganesha: Green <i>Sunrise:</i> 4:46AM			
421931362		Yama 4:46AM – 6:38AM	Ganda* Until 12:02PM	Muruga: Clear <i>Sunset:</i> 7:38PM	Moon 7 - Phase 15		
Routine Work Marana Yoga		Rahu 2:04PM – 3:55PM	Vanija Until 7:29PM	Nataraja: Clear	2nd Phase		
			Navami* Until 8:36AM	Moon – White	Subha Sivaloka Day		
				Ashada*Adi			

2 Friday, July 29, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 103		Durmukha 5118	
Vrishabha Rasi: 12.14 Tihi 25 – 26		Gulika 6:39AM – 8:30AM	Rohini Until 12:45AM Sat	Ganesha: Green <i>Sunrise:</i> 4:47AM			
432931362		Yama 3:55PM – 5:46PM	Vriddhi Until 9:09AM	Muruga: Clear <i>Sunset:</i> 7:37PM	Moon 7 - Phase 15		
Routine Work Marana Yoga		Rahu 10:21AM – 12:12PM	Balava Until 4:08AM Sat	Nataraja: Clear	2nd Phase		
Until 12:45AM Sat			Dashami Until 6:20AM	Moon – Yellow	Devaloka Day		
Then Creative Work - Siddha Yoga				Ashada*Adi			

3 Saturday, July 30, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 104		Durmukha 5118	
Vrishabha Rasi: 26.25 Tihi 27		Gulika 4:49AM – 6:39AM	Mrigashira Until 11:27PM	Ganesha: Green <i>Sunrise:</i> 4:49AM			
432931362		Yama 2:03PM – 3:54PM	Dhruva Until 6:18AM	Muruga: Clear <i>Sunset:</i> 7:36PM	Moon 7 - Phase 15		
Creative Work Siddha Yoga		Rahu 8:30AM – 10:21AM	Kaulava Until 3:05PM	Nataraja: Clear	2nd Phase		
			Dvadashi* Until 2:04AM Sun	Moon – Yellow	Devaloka Day		
				Ashada*Adi			

4 Sunday, July 31, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Ardra Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 105		Durmukha 5118	
Mithuna Rasi: 10.29 Tihi 28		Gulika 3:53PM – 5:44PM	Ardra Until 10:13PM	Ganesha: Purple <i>Sunrise:</i> 4:50AM			
432131362		Yama 12:12PM – 2:03PM	Harshana Until 1:04AM Mon	Muruga: Clear <i>Sunset:</i> 7:35PM	Moon 7 - Phase 15		
Creative Work Siddha Yoga		Rahu 5:44PM – 7:35PM	Gara Until 1:08PM	Nataraja: Clear	2nd Phase		
			Trayodashi* Until 12:14AM Mon	Moon – Yellow	Devaloka Day		
			<i>Pradosha Vrata (Fasting)</i>	Ashada*Adi			

5 Monday, August 1, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Trieste, Italy	
Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 106		Durmukha 5118	
Mithuna Rasi: 24.23 Tihi 29		Gulika 2:02PM – 3:53PM	Punarvasu Until 9:37PM	Ganesha: Light Blue <i>Sunrise:</i> 4:51AM			
442131362		Yama 10:22AM – 12:12PM	Vajra* Until 10:50PM	Muruga: Clear <i>Sunset:</i> 7:33PM	Moon 7 - Phase 15		
Family Home Evening		Rahu 6:41AM – 8:31AM	Visti Until 11:27AM	Nataraja: Clear	2nd Phase		
Creative Work Amrita Yoga			Chaturdashi* Until 10:45PM	Moon – Blue	Devaloka Day		
Until 9:37PM				Ashada*Adi			
Then Creative Work - Siddha Yoga							

Tuesday, August 2, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Retreat Star		Sun 13		Sutra 107		Durmukha 5118	
Kataka Rasi: 8.04 Tihi 30		Gulika 12:12PM – 2:02PM	Pushya Until 9:18PM	Ganesha: Light Blue <i>Sunrise:</i> 4:52AM			
442131362		Yama 8:32AM – 10:22AM	Siddhi Until 8:58PM	Muruga: Clear <i>Sunset:</i> 7:32PM	Moon 7 - Phase 15		
Creative Work Siddha Yoga		Rahu 3:52PM – 5:42PM	Catuspada Until 10:11AM	Nataraja: Clear	Amavasya		
			Amavasya* Until 9:43PM	Moon – Blue	Devaloka Day		
				Ashada*Adi			

Wednesday, August 3, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Retreat Star		Sun 14		Sutra 108		Durmukha 5118	
Kataka Rasi: 21.28 Tihi 1		Gulika 10:22AM – 12:12PM	Ashlesha* Until 9:24PM	Ganesha: Light Blue <i>Sunrise:</i> 4:53AM			
442131362		Yama 6:43AM – 8:33AM	Vyatipata* Until 7:33PM	Muruga: Clear <i>Sunset:</i> 7:31PM	Moon 7 - Phase 15		
Creative Work Siddha Yoga		Rahu 12:12PM – 2:02PM	Kintughna Until 9:25AM	Nataraja: Clear	Prathama		
			Prathama* Until 9:14PM	Moon – Blue	Devaloka Day		
				Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1 Thursday, August 4, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15 Sutra 109		Durumukha 5118		Moon 7 - Phase 16	
Simha Rasi: 4.34	Tithi 2	Gulika 8:33AM - 10:22AM	Magha* Until 10:25PM	Ganesh: Purple <i>Sunrise: 4:54AM</i>	<i>Sunset: 7:29PM</i>	Devaloka Day	
		Yama 4:54AM - 6:44AM	Variyan Until 6:37PM	Muruga: Clear			
	452131362	Rahu 2:01PM - 3:51PM	Balava Until 9:15AM	Nataraja: Clear			
Creative Work	Amrita Yoga		Dvitiya Until 9:24PM	Moon - Red			
Until 10:25PM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

2 Friday, August 5, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 16 Sutra 110		Durumukha 5118		Moon 7 - Phase 16	
Simha Rasi: 17.19	Tithi 3	Gulika 6:45AM - 8:34AM	Purvaphalguni Until 11:55PM	Ganesh: Purple <i>Sunrise: 4:56AM</i>	<i>Sunset: 7:28PM</i>	Devaloka Day	
		Yama 3:50PM - 5:39PM	Parigha* Until 6:13PM	Muruga: Clear			
	452131362	Rahu 10:23AM - 12:12PM	Taitila Until 9:45AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Tritiya Until 10:13PM	Moon - Red			
				Sravana-Adi			

3 Saturday, August 6, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 17 Sutra 111		Durumukha 5118		Moon 7 - Phase 16	
Simha Rasi: 29.47	Tithi 4	Gulika 4:57AM - 6:45AM	Uttaraphalguni Until 1:51AM Sun	Ganesh: Purple <i>Sunrise: 4:57AM</i>	<i>Sunset: 7:26PM</i>	Bhuloka Day	
		Yama 2:00PM - 3:49PM	Shiva Until 6:19PM	Muruga: Purple			
	452141362	Rahu 8:34AM - 10:23AM	Vanija Until 10:53AM	Nataraja: Clear			
Routine Work	Marana Yoga		Chaturthi* Until 11:39PM	Moon - Red			
Until 1:51AM Sun				Sravana-Adi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

4 Sunday, August 7, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau		Sun 18 Sutra 112		Durumukha 5118		Moon 7 - Phase 16	
Kanya Rasi: 12	Tithi 5	Gulika 3:48PM - 5:37PM	Hasta Until 4:35AM Mon	Ganesh: Clear <i>Sunrise: 4:58AM</i>	<i>Sunset: 7:25PM</i>	Devaloka Day	
		Yama 12:11PM - 2:00PM	Siddha Until 6:47PM	Muruga: Purple			
	462141362	Rahu 5:37PM - 7:25PM	Bava Until 12:35PM	Nataraja: Clear			
Creative Work	Amrita Yoga		Panchami Until 1:34AM Mon	Moon - Green			
Until 4:35AM Mon		Nag Panchami		Sravana-Adi			
Then Routine Work - Prabalarishta Yoga							

5 Monday, August 8, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy	
Chitra Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 19 Sutra 113		Durumukha 5118		Moon 7 - Phase 16	
Kanya Rasi: 24.02	Tithi 6	Gulika 1:59PM - 3:47PM	Chitra Until 7:26AM Tue	Ganesh: Clear <i>Sunrise: 4:59AM</i>	<i>Sunset: 7:24PM</i>	Devaloka Day	
Family Home Evening		Yama 10:23AM - 12:11PM	Sadhya Until 7:34PM	Muruga: Purple			
	462141362	Rahu 6:47AM - 8:35AM	Kaulava Until 2:42PM	Nataraja: Clear			
Routine Work	Prabalarishta Yoga		Shashthi* Until 3:50AM Tue	Moon - Green			
Until 7:26AM Tue				Sravana-Adi			
Then Creative Work - Siddha Yoga							

6 Tuesday, August 9, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20 Sutra 114		Durumukha 5118		Moon 7 - Phase 16	
Tula Rasi: 5.56	Tithi 7	Gulika 12:11PM - 1:59PM	Chitra Until 7:26AM	Ganesh: Clear <i>Sunrise: 5:00AM</i>	<i>Sunset: 7:22PM</i>	Devaloka Day	
		Yama 8:36AM - 10:23AM	Subha Until 8:30PM	Muruga: Purple			
	462141362	Rahu 3:47PM - 5:34PM	Gara Until 5:03PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Saptami Until 6:13AM Wed	Moon - Green			
				Sravana-Adi			

Wednesday, August 10, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Retreat Star		Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 115		Durumukha 5118	
Tula Rasi: 17.49	Tithi 7 - 8	Gulika 10:24AM - 12:11PM	Svati Until 10:13AM	Ganesh: Clear <i>Sunrise: 5:02AM</i>	<i>Sunset: 7:21PM</i>	Devaloka Day	
		Yama 6:49AM - 8:36AM	Sukla Until 9:23PM	Muruga: Purple			
	462141362	Rahu 12:11PM - 1:58PM	Visti Until 7:25PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Saptami Until 6:13AM	Moon - Green			
				Sravana-Adi			

Thursday, August 11, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Retreat Star		Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 116		Durumukha 5118	
Tula Rasi: 29.44	Tithi 8 - 9	Gulika 8:37AM - 10:24AM	Vishakha Until 1:13PM	Ganesh: Clear <i>Sunrise: 5:03AM</i>	<i>Sunset: 7:19PM</i>	Devaloka Day	
		Yama 5:03AM - 6:50AM	Brahma Until 10:08PM	Muruga: Purple			
	473141362	Rahu 1:58PM - 3:45PM	Balava Until 9:35PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ashtami* Until 8:31AM	Moon - Orange			
				Sravana-Adi			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy

Sutra 124

Kumbha Rasi: 13.09 Tihi 16 – 17

Gulika 6:57AM – 8:41AM

Shatabhishak Until 5:26PM

Ganesha: White Sunrise: 5:12AM

Durmukha 5118

Yama 3:38PM – 5:22PM

Athiganda* Until 12:46PM

Muruga: Purple Sunset: 7:06PM

Moon 8 - Phase 18

593141362 Rahu 10:25AM – 12:09PM

Taitila Until 7:29PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Prathama* Until 8:34AM

Moon – Purple

Sivaloka Day

Sravana-Avani

1

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantra Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 125

Kumbha Rasi: 27.22 Tihi 17 – 18

Gulika 5:14AM – 6:57AM

Purvaprosarthapada* Until 3:59PM

Ganesha: White Sunrise: 5:14AM

Durmukha 5118

Yama 1:53PM – 3:37PM

Sukarma Until 9:48AM

Muruga: Purple Sunset: 7:04PM

Moon 8 - Phase 18

513141362 Rahu 8:41AM – 10:25AM

Visti Until 3:48AM Sun

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Dvitiya Until 6:17AM

Moon – Clear

Sivaloka Day

Until 3:59PM

Sravana-Avani

Then Creative Work - Siddha Yoga

2

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthiyam Titau

Trieste, Italy

Sun 2 Sutra 126

Meena Rasi: 11.43 Tihi 19

Gulika 3:36PM – 5:19PM

Uttaraprosarthapada Until 2:13PM

Ganesha: White Sunrise: 5:15AM

Durmukha 5118

Yama 12:09PM – 1:52PM

Dhriti Until 6:42AM

Muruga: Purple Sunset: 7:03PM

Moon 8 - Phase 18

513141362 Rahu 5:19PM – 7:03PM

Bava Until 2:32PM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Chaturthi* Until 1:13AM Mon

Moon – Clear

Sivaloka Day

Sravana-Avani

3

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 127

Meena Rasi: 26.08 Tihi 20

Gulika 1:52PM – 3:35PM

Revati Until 12:16PM

Ganesha: White Sunrise: 5:16AM

Durmukha 5118

Yama 10:25AM – 12:08PM

Ganda* Until 12:18AM Tue

Muruga: Purple Sunset: 7:01PM

Moon 8 - Phase 18

Family Home Evening

513141362 Rahu 6:59AM – 8:42AM

Kaulava Until 11:56AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 10:37PM

Moon – Clear

Sivaloka Day

Sravana-Avani

4

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sun 4 Sutra 128

Mesha Rasi: 10.32 Tihi 21

Gulika 12:08PM – 1:51PM

Ashvini Until 10:39AM

Ganesha: Clear Sunrise: 5:17AM

Durmukha 5118

Yama 8:43AM – 10:25AM

Vriddhi Until 9:12PM

Muruga: Purple Sunset: 6:59PM

Moon 8 - Phase 18

523141362 Rahu 3:34PM – 5:16PM

Gara Until 9:23AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 8:07PM

Moon – White

Devaloka Day

Sravana-Avani

5

Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 5 Sutra 129

Mesha Rasi: 24.52 Tihi 22 – 23

Gulika 10:26AM – 12:08PM

Bharani Until 9:01AM

Ganesha: Clear Sunrise: 5:18AM

Durmukha 5118

Yama 7:01AM – 8:43AM

Dhruva Until 6:13PM

Muruga: Purple Sunset: 6:57PM

Moon 8 - Phase 18

523141362 Rahu 12:08PM – 1:50PM

Visti Until 6:57AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Saptami Until 5:47PM

Moon – White

Devaloka Day

Sravana-Avani

Until 9:01AM

Then Creative Work - Amrita Yoga

D

Thursday, August 25, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sun 6 Sutra 130

Vrishabha Rasi: 9.04 Tihi 23 – 24

Gulika 8:44AM – 10:26AM

Krittika Until 7:26AM

Ganesha: Clear Sunrise: 5:20AM

Durmukha 5118

Yama 5:20AM – 7:02AM

Vyaghata* Until 3:25PM

Muruga: Purple Sunset: 6:56PM

Moon 8 - Phase 18

524241362 Rahu 1:50PM – 3:32PM

Taitila Until 2:42AM Fri

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Krishna Janmashtami

Ashtami* Until 3:39PM

Moon – White

Devaloka Day

Sravana-Avani

Friday, August 26, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Trieste, Italy

Sun 7 Sutra 131

Vrishabha Rasi: 23.07 Tihi 24 – 25

Gulika 7:03AM – 8:44AM

Rohini Until 6:22AM

Ganesha: Purple Sunrise: 5:21AM

Durmukha 5118

Yama 3:31PM – 5:12PM

Harshana Until 12:49PM

Muruga: Purple Sunset: 6:54PM

Moon 8 - Phase 18

534241362 Rahu 10:26AM – 12:07PM

Vanija Until 12:57AM Sat

Nataraja: Clear

Navami

Routine Work Marana Yoga

Navami* Until 1:46PM

Moon – Yellow

Sivaloka Day

Sravana-Avani

Until 6:22AM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Saturday, August 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 8 Sutra 132 Durmukha 5118	
Mithuna Rasi: 6.59	Tithi 25 – 26	Gulika 5:22AM – 7:03AM	Ardra Until 4:40AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:22AM		
		Yama 1:48PM – 3:30PM	Vajra* Until 10:27AM	Muruga: Purple	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 Rahu 8:45AM – 10:26AM	Bava Until 11:32PM	Nataraja: Purple		2nd Phase	
			Dashami Until 12:11PM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

2		Sunday, August 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 9 Sutra 133 Durmukha 5118	
Mithuna Rasi: 20.4	Tithi 26 – 27	Gulika 3:29PM – 5:09PM	Punarvasu Until 4:33AM Mon	Ganesh: Clear	<i>Sunrise:</i> 5:23AM		
		Yama 12:07PM – 1:48PM	Siddhi Until 8:20AM	Muruga: Purple	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 Rahu 5:09PM – 6:50PM	Kaulava Until 10:27PM	Nataraja: Purple		2nd Phase	
			Ekadashi* Until 10:55AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

3		Monday, August 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 10 Sutra 134 Durmukha 5118	
Kataka Rasi: 4.08	Tithi 27 – 28	Gulika 1:47PM – 3:27PM	Pushya Until 4:41AM Tue	Ganesh: Clear	<i>Sunrise:</i> 5:25AM		
Family Home Evening		Yama 10:26AM – 12:06PM	Vyatipata* Until 6:32AM	Muruga: Purple	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 Rahu 7:05AM – 8:46AM	Gara Until 9:45PM	Nataraja: Purple		2nd Phase	
			Dvadashi* Until 10:02AM	Moon – Blue		Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani		Devaloka Time: 9:AM to12:PM	

4		Tuesday, August 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 11 Sutra 135 Durmukha 5118	
Kataka Rasi: 17.23	Tithi 28 – 29	Gulika 12:06PM – 1:46PM	Ashlesha* Until 5:06AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:26AM		
		Yama 8:46AM – 10:26AM	Parigha* Until 3:54AM Wed	Muruga: Purple	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 Rahu 3:26PM – 5:06PM	Visti Until 9:30PM	Nataraja: Purple		2nd Phase	
			Trayodashi* Until 9:33AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

		Wednesday, August 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Trieste, Italy Sun 12 Sutra 136 Durmukha 5118	
Retreat Star		Gulika 10:26AM – 12:06PM	Magha* Until 6:19AM Thu	Ganesh: Orange	<i>Sunrise:</i> 5:27AM		
Simha Rasi: 0.23	Tithi 29 – 30	Yama 7:07AM – 8:46AM	Shiva Until 3:11AM Thu	Muruga: Purple	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 Rahu 12:06PM – 1:46PM	Catuspada Until 9:44PM	Nataraja: Purple		Amavasya	
			Chaturdashi* Until 9:32AM	Moon – Red		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

Thursday, September 1, 2016		Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Trieste, Italy Sun 13 Sutra 137 Durmukha 5118	
Simha Rasi: 13.09	Tithi 30 – 1	Gulika 8:47AM – 10:26AM	Magha* Until 6:19AM	Ganesh: Orange	<i>Sunrise:</i> 5:28AM		
		Yama 5:28AM – 7:08AM	Siddha Until 2:49AM Fri	Muruga: Purple	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 19	
Creative Work	Amrita Yoga	544241363 Rahu 1:45PM – 3:24PM	Kintughna Until 10:29PM	Nataraja: Purple		Prathama	
Until 6:19AM		Annular Solar Eclipse	Amavasya* Until 10:02AM	Moon – Red		Bhuloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Friday, September 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Trieste, Italy Sun 14 Sutra 138	
Simha Rasi: 25.41	Tithi 1 – 2	Gulika 7:08AM – 8:47AM	Purvaphalguni Until 7:54AM	Ganesh: Orange	<i>Sunrise:</i> 5:29AM	Durmukha 5118	
		Yama 3:23PM – 5:02PM	Sadhya Until 2:53AM Sat	Muruga: Purple	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 20	
		554241363 Rahu 10:26AM – 12:05PM	Balava Until 11:45PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 11:02AM	Moon – Red		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 9:AM to 12:PM	
2		Saturday, September 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau		Trieste, Italy Sun 15 Sutra 139	
Kanya Rasi: 7.59	Tithi 2 – 3	Gulika 5:31AM – 7:09AM	Uttaraphalguni Until 9:47AM	Ganesh: Orange	<i>Sunrise:</i> 5:31AM	Durmukha 5118	
		Yama 1:43PM – 3:22PM	Subha Until 3:18AM Sun	Muruga: Purple	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 20	
		554241363 Rahu 8:48AM – 10:26AM	Taitila Until 1:29AM Sun	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 12:33PM	Moon – Red		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 9:AM to 12:PM	
3		Sunday, September 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Trieste, Italy Sun 16 Sutra 140	
Kanya Rasi: 20.07	Tithi 3 – 4	Gulika 3:21PM – 4:59PM	Hasta Until 12:25PM	Ganesh: Clear	<i>Sunrise:</i> 5:32AM	Durmukha 5118	
		Yama 12:05PM – 1:43PM	Sukla Until 3:59AM Mon	Muruga: Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 20	
		564241363 Rahu 4:59PM – 6:37PM	Vanija Until 3:36AM Mon	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 2:29PM	Moon – Green		Bhuloka Day	
Until 12:25PM				Bhadrapada*Avani		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							
4		Monday, September 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Trieste, Italy Sun 17 Sutra 141	
Tula Rasi: 2.05	Tithi 4 – 5	Gulika 1:42PM – 3:20PM	Chitra Until 3:12PM	Ganesh: Clear	<i>Sunrise:</i> 5:33AM	Durmukha 5118	
Family Home Evening		Yama 10:26AM – 12:04PM	Brahma Until 4:51AM Tue	Muruga: Purple	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20	
Routine Work	Prabalarishta Yoga	564241363 Rahu 7:11AM – 8:49AM	Bava Until 5:58AM Tue	Nataraja: Purple		3rd Phase	
Until 3:12PM			Chaturthi* Until 4:44PM	Moon – Green		Bhuloka Day	
Then Creative Work - Amrita Yoga		Ganesh Chaturthi		Bhadrapada*Avani		Devaloka Time: 9:AM to 12:PM	
5		Tuesday, September 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Balava Karana Panchamyam Titau		Trieste, Italy Sun 18 Sutra 142	
Tula Rasi: 13.59	Tithi 5	Gulika 12:04PM – 1:41PM	Svati Until 5:59PM	Ganesh: Clear	<i>Sunrise:</i> 5:34AM	Durmukha 5118	
		Yama 8:49AM – 10:26AM	Indra Until 5:48AM Wed	Muruga: Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20	
		564241363 Rahu 3:19PM – 4:56PM	Balava Until 7:10PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 7:10PM	Moon – Green		Bhuloka Day	
Until 5:59PM				Bhadrapada*Avani		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							
6		Wednesday, September 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau		Trieste, Italy Sun 19 Sutra 143	
Tula Rasi: 25.5	Tithi 6	Gulika 10:27AM – 12:04PM	Vishakha Until 9:07PM	Ganesh: Clear	<i>Sunrise:</i> 5:35AM	Durmukha 5118	
		Yama 7:12AM – 8:50AM	Vaidhriti* Until 6:40AM Thu	Muruga: Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20	
		575241363 Rahu 12:04PM – 1:41PM	Kaulava Until 8:24AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 9:35PM	Moon – Orange		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:AM to 9:AM	
Retreat Star		Thursday, September 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Trieste, Italy Sun 20 Sutra 144	
Vrischika Rasi: 7.44	Tithi 7	Gulika 8:50AM – 10:27AM	Anuradha Until 11:53PM	Ganesh: Clear	<i>Sunrise:</i> 5:37AM	Durmukha 5118	
		Yama 5:37AM – 7:13AM	Vaidhriti* Until 6:40AM	Muruga: Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20	
		575241363 Rahu 1:40PM – 3:16PM	Gara Until 10:45AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 11:48PM	Moon – Orange		Bhuloka Day	
Until 11:53PM				Bhadrapada*Avani		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga							
Retreat Star		Friday, September 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau		Trieste, Italy Sun 21 Sutra 145	
Vrischika Rasi: 19.43	Tithi 8	Gulika 7:14AM – 8:50AM	Jyeshtha* Until 2:08AM Sat	Ganesh: Clear	<i>Sunrise:</i> 5:38AM	Durmukha 5118	
		Yama 3:15PM – 4:52PM	Vishkambha* Until 7:20AM	Muruga: Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20	
		575241363 Rahu 10:27AM – 12:03PM	Visti Until 12:48PM	Nataraja: Purple		Ashtami	
Routine Work	Marana Yoga		Ashtami* Until 1:39AM Sat	Moon – Orange		Bhuloka Day	
Until 2:08AM Sat				Bhadrapada*Avani		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							
Retreat Star		Saturday, September 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Trieste, Italy Sun 22 Sutra 146	
Dhanus Rasi: 1.53	Tithi 9	Gulika 5:39AM – 7:15AM	Mula* Until 4:11AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:39AM	Durmukha 5118	
		Yama 1:38PM – 3:14PM	Priti Until 7:42AM	Muruga: Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20	
		585241363 Rahu 8:51AM – 10:27AM	Balava Until 2:24PM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga		Navami* Until 2:57AM Sun	Moon – Light Blue		Bhuloka Day	
				Bhadrapada*Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Dhanus Rasi: 14.16		Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dashamyam Titau		Sun 23		Sutra 147	
Tithi 10		Gulika 3:13PM – 4:49PM	Purvashadha* Until 5:24AM Mon	Ganesha: Purple	<i>Sunrise:</i> 5:40AM	Durmukha 5118	
585241363		Yama 12:02PM – 1:38PM	Ayushman Until 7:36AM	Muruga: Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 21	
Creative Work Siddha Yoga		Rahu 4:49PM – 6:24PM	Tailila Until 3:23PM	Nataraja: Purple	Moon – Light Blue		
Until 5:24AM Mon		Grandparent's Day		Bhadrapada-Avani		Bhuloka Day	
Then Routine Work - Marana Yoga							

2 Monday, September 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy	
Dhanus Rasi: 26.58		Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 148	
Tithi 11		Gulika 1:37PM – 3:12PM	Uttarashadha Until 5:45AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	Durmukha 5118	
585241363		Yama 10:27AM – 12:02PM	Saubhagya Until 6:58AM	Muruga: Purple	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 21	
Creative Work Siddha Yoga		Rahu 7:17AM – 8:52AM	Vanija Until 3:39PM	Nataraja: Purple	Moon – Light Blue		
Until 5:45AM Tue		Ekadashi Until 3:29AM Tue		Bhadrapada-Avani		Bhuloka Day	
Then Creative Work - Siddha Yoga							

3 Tuesday, September 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Makara Rasi: 10.02		Shravana Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 149	
Tithi 12		Gulika 12:01PM – 1:36PM	Shravana Until 5:39AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Durmukha 5118	
595241363		Yama 8:52AM – 10:27AM	Athiganda* Until 3:55AM Wed	Muruga: Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 21	
Creative Work Siddha Yoga		Rahu 3:11PM – 4:45PM	Bava Until 3:09PM	Nataraja: Purple	Moon – Purple		
Until 5:39AM Wed		Dvadashi Until 2:36AM Wed		Bhadrapada-Avani		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga		Devaloka Time: 6:AM to 9:AM					

4 Wednesday, September 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Makara Rasi: 23.31		Dhanishtha Nakshatra Sukarma Yoga Kaulava/Tailila Karana Trayodashyam Titau		Sun 26		Sutra 150	
Tithi 13		Gulika 10:27AM – 12:01PM	Dhanishtha Until 4:42AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	Durmukha 5118	
595241363		Yama 7:18AM – 8:53AM	Sukarma Until 1:31AM Thu	Muruga: Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 21	
Creative Work Siddha Yoga		Rahu 12:01PM – 1:35PM	Kaulava Until 1:55PM	Nataraja: Purple	Moon – Purple		
Until 4:42AM Thu		Trayodashi Until 1:01AM Thu		Bhadrapada-Avani		Bhuloka Day	
Then Creative Work - Siddha Yoga		Pradosha Vrata					

5 Thursday, September 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Kumbha Rasi: 7.25		Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 151	
Tithi 14		Gulika 8:53AM – 10:27AM	Shatabhishak Until 3:02AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Durmukha 5118	
595241363		Yama 5:45AM – 7:19AM	Dhriti Until 10:38PM	Muruga: Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 21	
Creative Work Siddha Yoga		Rahu 1:35PM – 3:08PM	Gara Until 12:00PM	Nataraja: Purple	Moon – Purple		
Until 5:39AM Wed		Chaturdashi* Until 10:49PM		Bhadrapada-Avani		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga		Devaloka Time: 6:AM to 9:AM					

Friday, September 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Copper Retreat Star		Purvaprosarthapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Sun 27		Sutra 152	
Kumbha Rasi: 21.41		Gulika 7:20AM – 8:53AM	Purvaprosarthapada* Until 1:11AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:46AM	Durmukha 5118	
Tithi 15		Yama 3:07PM – 4:41PM	Shula* Until 7:20PM	Muruga: Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 21	
516241363		Rahu 10:27AM – 12:00PM	Visti Until 9:33AM	Nataraja: Purple	Moon – Clear		
Creative Work Siddha Yoga		Purnima* Until 8:08PM		Bhadrapada-Puratasi		Devaloka Day	
Until 5:39AM Wed		Penumbra Lunar Eclipse					

Saturday, September 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Silver Retreat Star		Uttaraprosarthapada Nakshatra Ganda*/Vridhi Yoga Balava/Tailila Karana Prathama/Dvilayam Titau		Sun 27		Sutra 153	
Meena Rasi: 6.16		Gulika 5:48AM – 7:21AM	Uttaraprosarthapada Until 10:53PM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	Durmukha 5118	
Tithi 16 – 17		Yama 1:33PM – 3:06PM	Ganda* Until 3:45PM	Muruga: Purple	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 21	
516241363		Rahu 8:54AM – 10:27AM	Balava Until 6:41AM	Nataraja: Purple	Moon – Clear		
Creative Work Siddha Yoga		Prathama* Until 5:07PM		Bhadrapada-Puratasi		Devaloka Day	
Until 10:53PM							
Then Routine Work - Prabalarishta Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy
Sun 1 Sutra 154

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Meena Rasi: 21.04 Tihi 17 - 18

516241363

Gulika 3:05PM - 4:38PM
Yama 12:00PM - 1:32PM
Rahu 4:38PM - 6:10PM

Revati Until 8:17PM
Vriddhi Until 12:01PM
Vanija Until 12:17AM Mon
Dvitiya Until 1:54PM

Ganesha: Purple *Sunrise:* 5:49AM
Muruga: Purple *Sunset:* 6:10PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga
Until 8:17PM

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Trieste, Italy
Sun 2 Sutra 155

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 5.55 Tihi 18 - 19

526341363

Gulika 1:32PM - 3:04PM
Yama 10:27AM - 11:59AM
Rahu 7:22AM - 8:55AM

Ashvini Until 5:58PM
Dhruva Until 8:13AM
Bava Until 9:04PM
Tritiya Until 10:39AM

Ganesha: Purple *Sunrise:* 5:50AM
Muruga: Purple *Sunset:* 6:09PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy
Sun 3 Sutra 156

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 20.44 Tihi 19 - 20

526341363

Gulika 11:59AM - 1:31PM
Yama 8:55AM - 10:27AM
Rahu 3:03PM - 4:35PM

Bharani Until 3:40PM
Harshana Until 12:56AM Wed
Kaulava Until 6:00PM
Chaturthi* Until 7:29AM

Ganesha: Purple *Sunrise:* 5:51AM
Muruga: Purple *Sunset:* 6:07PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtiyam Titau

Trieste, Italy
Sun 4 Sutra 157

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 5.22 Tihi 21

526341363

Gulika 10:27AM - 11:59AM
Yama 7:24AM - 8:56AM
Rahu 11:59AM - 1:30PM

Krittika Until 1:30PM
Vajra* Until 9:38PM
Gara Until 3:14PM
Shashti* Until 1:58AM Thu

Ganesha: Purple *Sunrise:* 5:53AM
Muruga: Purple *Sunset:* 6:05PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga
Until 1:30PM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Trieste, Italy
Sun 5 Sutra 158

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 19.46 Tihi 22

536341363

Gulika 8:56AM - 10:27AM
Yama 5:54AM - 7:25AM
Rahu 1:29PM - 3:00PM

Rohini Until 12:00PM
Siddhi Until 6:42PM
Visti Until 12:51PM
Saptami Until 11:49PM

Ganesha: Clear *Sunrise:* 5:54AM
Muruga: Purple *Sunset:* 6:03PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

5

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy
Sun 6 Sutra 159

Durmukha 5118

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 3.52 Tihi 23

536341363

Gulika 7:26AM - 8:56AM
Yama 2:59PM - 4:30PM
Rahu 10:27AM - 11:58AM

Mrigashira Until 10:50AM
Vyatipata* Until 4:10PM
Balava Until 10:57AM
Ashtami* Until 10:11PM

Ganesha: Clear *Sunrise:* 5:55AM
Muruga: Purple *Sunset:* 6:01PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy
Sun 7 Sutra 160

Durmukha 5118

Moon 9 - Phase 22

Navami

Mithuna Rasi: 17.37 Tihi 24

537341363

Gulika 5:56AM - 7:27AM
Yama 1:28PM - 2:58PM
Rahu 8:57AM - 10:27AM

Ardra Until 10:02AM
Variyan Until 2:02PM
Taitila Until 9:35AM
Navami* Until 9:05PM

Ganesha: White *Sunrise:* 5:56AM
Muruga: Purple *Sunset:* 5:59PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

1 Sunday, September 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Kataka Rasi: 1.04		Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 161	
Tihti 25		Gulika 2:57PM – 4:27PM	Punarvasu Until 10:05AM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM	Durmukha 5118	
547341363		Yama 11:57AM – 1:27PM	Parigha* Until 12:22PM	Muruga: Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	Rahu 4:27PM – 5:57PM	Vanija Until 8:46AM	Nataraja: Purple	Moon – Blue		
			Dashami Until 8:33PM	Bhadrapada-Puratasi	Bhuloka Day Devaloka Time: 9:AM to12:PM		

2 Monday, September 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Trieste, Italy	
Kataka Rasi: 14.13		Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 162	
Tihti 26		Gulika 1:26PM – 2:56PM	Pushya Until 10:31AM	Ganesha: Yellow	<i>Sunrise:</i> 5:59AM	Durmukha 5118	
Family Home Evening		Yama 10:27AM – 11:57AM	Shiva Until 11:08AM	Muruga: Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 23	
547341363		Rahu 7:28AM – 8:58AM	Bava Until 8:30AM	Nataraja: Purple	Moon – Blue		
Creative Work	Siddha Yoga				Bhadrapada-Puratasi	Bhuloka Day Devaloka Time: 9:AM to12:PM	
			Ekadashi* Until 8:33PM				

3 Tuesday, September 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Kataka Rasi: 27.05		Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 163	
Tihti 27		Gulika 11:57AM – 1:26PM	Ashlesha* Until 11:18AM	Ganesha: White	<i>Sunrise:</i> 6:00AM	Durmukha 5118	
547341363		Yama 8:58AM – 10:27AM	Siddha Until 10:17AM	Muruga: Purple	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	Rahu 2:55PM – 4:24PM	Kaulava Until 8:45AM	Nataraja: Purple	Moon – Blue		
			Dvadashi* Until 9:03PM	Bhadrapada-Puratasi	Devaloka Day		

4 Wednesday, September 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Simha Rasi: 9.44		Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 164	
Tihti 28		Gulika 10:27AM – 11:56AM	Magha* Until 12:52PM	Ganesha: Yellow	<i>Sunrise:</i> 6:01AM	Durmukha 5118	
547341363		Yama 7:30AM – 8:59AM	Sadhya Until 9:50AM	Muruga: Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	Rahu 11:56AM – 1:25PM	Gara Until 9:31AM	Nataraja: Purple	Moon – Red		
Until 12:52PM					Bhadrapada-Puratasi	Bhuloka Day Devaloka Time: 9:AM to12:PM	
			Trayodashi* Until 10:02PM	<i>Pradosha Vrata (Fasting)</i>			
Then Creative Work - Amrita Yoga							

5 Thursday, September 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Simha Rasi: 22.11		Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 165	
Tihti 29		Gulika 8:59AM – 10:27AM	Purvaphalguni Until 2:43PM	Ganesha: Yellow	<i>Sunrise:</i> 6:02AM	Durmukha 5118	
547341363		Yama 6:02AM – 7:31AM	Subha Until 9:45AM	Muruga: Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	Rahu 1:24PM – 2:53PM	Visti Until 10:43AM	Nataraja: Purple	Moon – Red		
			Chaturdashi* Until 11:27PM	Bhadrapada-Puratasi	Bhuloka Day Devaloka Time: 9:AM to12:PM		

Friday, September 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Retreat Star		Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 166	
Kanya Rasi: 4.27		Gulika 7:32AM – 9:00AM	Uttaraphalguni Until 4:47PM	Ganesha: Blue	<i>Sunrise:</i> 6:04AM	Durmukha 5118	
Tihti 30		Yama 2:51PM – 4:19PM	Sukla Until 9:56AM	Muruga: Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 23	
547341363		Rahu 10:28AM – 11:56AM	Catuspada Until 12:19PM	Nataraja: Purple	Moon – Red		
Creative Work	Siddha Yoga	Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi	Bhuloka Day	
Until 4:47PM		Amavasya* Until 1:14AM Sat					
Then Creative Work - Amrita Yoga							

Saturday, October 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Retreat Star		Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 167	
Kanya Rasi: 16.34		Gulika 6:05AM – 7:32AM	Hasta Until 7:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:05AM	Durmukha 5118	
Tihti 1		Yama 1:23PM – 2:50PM	Brahma Until 10:23AM	Muruga: Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 23	
547341363		Rahu 9:00AM – 10:28AM	Kintughna Until 2:16PM	Nataraja: Purple	Moon – Green		
Routine Work	Marana Yoga	Navaratri Begins			Ashvina-Puratasi	Bhuloka Day	
			Prathama* Until 3:20AM Sun				

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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1		Sunday, October 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy Sun 15 Sutra 168 Durmukha 5118	
Kanya Rasi: 28.34	Tithi 2	Gulika	2:49PM – 4:16PM	Chitra Until 10:16PM	Ganesh: Blue	<i>Sunrise:</i> 6:06AM			
		Yama	11:55AM – 1:22PM	Indra Until 11:05AM	Muruga: Purple	<i>Sunset:</i> 5:44PM		Moon 9 - Phase 24	3rd Phase
Creative Work	Siddha Yoga	668341363 Rahu	4:16PM – 5:44PM	Balava Until 4:29PM	Nataraja: Purple				
				Dvitiya Until 5:39AM Mon	Moon – Green		Bhuloka Day		
					Ashvina•Puratasi				
2		Monday, October 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila Karana Tritiyayam Titau				Trieste, Italy Sun 16 Sutra 169 Durmukha 5118	
Tula Rasi: 10.29	Tithi 3	Gulika	1:21PM – 2:48PM	Svati Until 1:02AM Tue	Ganesh: Blue	<i>Sunrise:</i> 6:07AM			
Family Home Evening		Yama	10:28AM – 11:55AM	Vaidhriti* Until 11:54AM	Muruga: Purple	<i>Sunset:</i> 5:42PM		Moon 9 - Phase 24	3rd Phase
Creative Work	Amrita Yoga	668341363 Rahu	7:34AM – 9:01AM	Tailila Until 6:54PM	Nataraja: Purple				
Until 1:02AM Tue				Tritiya Until 8:07AM Tue	Moon – Green		Bhuloka Day		
Then Routine Work - Marana Yoga					Ashvina•Puratasi				
3		Tuesday, October 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Trieste, Italy Sun 17 Sutra 170 Durmukha 5118	
Tula Rasi: 22.21	Tithi 3 – 4	Gulika	11:54AM – 1:21PM	Vishakha Until 4:13AM Wed	Ganesh: Blue	<i>Sunrise:</i> 6:09AM			
		Yama	9:01AM – 10:28AM	Vishkambha* Until 12:49PM	Muruga: Purple	<i>Sunset:</i> 5:40PM		Moon 9 - Phase 24	3rd Phase
Routine Work	Marana Yoga	678341363 Rahu	2:47PM – 4:13PM	Vanija Until 9:24PM	Nataraja: Purple				
Until 4:13AM Wed				Tritiya Until 8:07AM	Moon – Orange		Bhuloka Day		
Then Creative Work - Siddha Yoga					Ashvina•Puratasi				
4		Wednesday, October 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 18 Sutra 171 Durmukha 5118	
Vrischika Rasi: 4.13	Tithi 4 – 5	Gulika	10:28AM – 11:54AM	Anuradha Until 7:09AM Thu	Ganesh: Blue	<i>Sunrise:</i> 6:10AM			
		Yama	7:36AM – 9:02AM	Priti Until 1:45PM	Muruga: Purple	<i>Sunset:</i> 5:38PM		Moon 9 - Phase 24	3rd Phase
Creative Work	Siddha Yoga	678341363 Rahu	11:54AM – 1:20PM	Bava Until 11:52PM	Nataraja: Purple				
Until 7:09AM Thu				Chaturthi* Until 10:37AM	Moon – Orange		Bhuloka Day		
Then Routine Work - Prabalarishta Yoga					Ashvina•Puratasi				
5		Thursday, October 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy Sun 19 Sutra 172 Durmukha 5118	
Vrischika Rasi: 16.05	Tithi 5 – 6	Gulika	9:02AM – 10:28AM	Anuradha Until 7:09AM	Ganesh: Blue	<i>Sunrise:</i> 6:11AM			
		Yama	6:11AM – 7:37AM	Ayushman Until 2:34PM	Muruga: Purple	<i>Sunset:</i> 5:36PM		Moon 9 - Phase 24	3rd Phase
Creative Work	Siddha Yoga	678341363 Rahu	1:19PM – 2:45PM	Kaulava Until 2:10AM Fri	Nataraja: Purple				
Until 7:09AM				Panchami Until 1:01PM	Moon – Orange		Bhuloka Day		
Then Routine Work - Prabalarishta Yoga					Ashvina•Puratasi				
6		Friday, October 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 20 Sutra 173 Durmukha 5118	
Vrischika Rasi: 28.02	Tithi 6 – 7	Gulika	7:38AM – 9:03AM	Jyeshtha* Until 9:43AM	Ganesh: Red	<i>Sunrise:</i> 6:13AM			
		Yama	2:44PM – 4:09PM	Saubhagya Until 3:12PM	Muruga: Purple	<i>Sunset:</i> 5:34PM		Moon 9 - Phase 24	3rd Phase
Routine Work	Marana Yoga	679341364 Rahu	10:28AM – 11:53AM	Gara Until 4:07AM Sat	Nataraja: Clear				
Until 9:43AM				Shashthi* Until 3:10PM	Moon – Orange		Devaloka Day		
Then Creative Work - Amrita Yoga					Ashvina•Puratasi				
Retreat Star		Saturday, October 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Ahiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy Sun 21 Sutra 174 Durmukha 5118	
Dhanus Rasi: 10.09	Tithi 7 – 8	Gulika	6:14AM – 7:39AM	Mula* Until 12:14PM	Ganesh: Blue	<i>Sunrise:</i> 6:14AM			
		Yama	1:18PM – 2:43PM	Sobhana Until 3:31PM	Muruga: Purple	<i>Sunset:</i> 5:32PM		Moon 9 - Phase 24	3rd Phase
Creative Work	Siddha Yoga	689341364 Rahu	9:03AM – 10:28AM	Visti Until 5:34AM Sun	Nataraja: Clear				
				Saptami Until 4:54PM	Moon – Light Blue		Sivaloka Day		
					Ashvina•Puratasi				
Retreat Star		Sunday, October 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava Karana Ashtamyam Titau				Trieste, Italy Sun 22 Sutra 175 Durmukha 5118	
Dhanus Rasi: 22.28	Tithi 8	Gulika	2:42PM – 4:06PM	Purvashadha* Until 2:03PM	Ganesh: Blue	<i>Sunrise:</i> 6:15AM			
		Yama	11:53AM – 1:17PM	Athiganda* Until 3:22PM	Muruga: Purple	<i>Sunset:</i> 5:31PM		Moon 9 - Phase 24	Ashtami
Creative Work	Siddha Yoga	689341364 Rahu	4:06PM – 5:31PM	Bava Until 6:02PM	Nataraja: Clear				
Until 2:03PM				Ashtami* Until 6:02PM	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga		Durga Ashtami			Ashvina•Puratasi				
Retreat Star		Monday, October 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy Sun 23 Sutra 176 Durmukha 5118	
Makara Rasi: 5.04	Tithi 9	Gulika	1:17PM – 2:41PM	Uttarashadha Until 3:01PM	Ganesh: Blue	<i>Sunrise:</i> 6:16AM			
Family Home Evening		Yama	10:29AM – 11:53AM	Sukarma Until 2:40PM	Muruga: Clear	<i>Sunset:</i> 5:29PM		Moon 9 - Phase 24	Navami
Routine Work	Marana Yoga	689351364 Rahu	7:40AM – 9:05AM	Balava Until 6:21AM	Nataraja: Clear				
Until 3:01PM				Navami* Until 6:26PM	Moon – Light Blue		Subha Sivaloka Day		
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)			Ashvina•Puratasi				

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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1 Tuesday, October 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24		Sutra 177		Durmukha 5118	
Makara Rasi: 18.04	Tithi 10	Gulika 11:52AM – 1:16PM	Shravana Until 3:30PM	Ganesh: Yellow	<i>Sunrise:</i> 6:18AM		
		Yama 9:05AM – 10:29AM	Dhriti Until 1:22PM	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25	
	699351364	Rahu 2:40PM – 4:03PM	Tailila Until 6:21AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 6:01PM	Moon – Purple		Sivaloka Day	
				Ashvina•Puratasi			

2 Wednesday, October 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 178		Durmukha 5118	
Kumbha Rasi: 1.29	Tithi 11 – 12	Gulika 10:29AM – 11:52AM	Dhanishtha Until 3:02PM	Ganesh: Yellow	<i>Sunrise:</i> 6:19AM		
		Yama 7:42AM – 9:06AM	Shula* Until 11:22AM	Muruga: Clear	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 25	
	699351364	Rahu 11:52AM – 1:15PM	Bava Until 3:53AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga		Ekadashi Until 4:46PM	Moon – Purple		Sivaloka Day	
Until 3:02PM				Ashvina•Puratasi			
Then Creative Work - Siddha Yoga							

3 Thursday, October 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Middhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 179		Durmukha 5118	
Kumbha Rasi: 15.22	Tithi 12 – 13	Gulika 9:06AM – 10:29AM	Shatabhishak Until 1:40PM	Ganesh: Yellow	<i>Sunrise:</i> 6:20AM		
		Yama 6:20AM – 7:43AM	Ganda* Until 8:45AM	Muruga: Clear	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25	
	699351364	Rahu 1:15PM – 2:38PM	Kaulava Until 1:32AM Fri	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 2:46PM	Moon – Purple		Sivaloka Day	
		Kadaitswami Mahasamadhi	<i>Pradosha Vrata</i>	Ashvina•Puratasi			

4 Friday, October 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Purvaproshtapada*/Uttarproshthapada Nakshatra Dhruva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 180		Durmukha 5118	
Kumbha Rasi: 29.43	Tithi 13 – 14	Gulika 7:44AM – 9:07AM	Purvaproshtapada* Until 11:54AM	Ganesh: White	<i>Sunrise:</i> 6:22AM		
		Yama 2:37PM – 3:59PM	Dhruva Until 1:57AM Sat	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 25	
	611451364	Rahu 10:29AM – 11:52AM	Gara Until 10:36PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 12:07PM	Moon – Clear		Devaloka Day	
		Chidambaram Abhishekam		Ashvina•Puratasi			

○ Saturday, October 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Copper Retreat Star		Uttarproshthapada/Revati Nakshatra Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 181	
Meena Rasi: 14.28	Tithi 14 – 15	Gulika 6:23AM – 7:45AM	Uttarproshthapada Until 9:30AM	Ganesh: White	<i>Sunrise:</i> 6:23AM		
		Yama 1:14PM – 2:36PM	Vyaghata* Until 9:59PM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 25	
	611451364	Rahu 9:07AM – 10:29AM	Vistil Until 7:14PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:56AM	Moon – Clear		Devaloka Day	
Until 9:30AM				Ashvina•Puratasi			
Then Routine Work - Prabalarishta Yoga							

Sunday, October 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Silver Retreat Star		Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 182	
Meena Rasi: 29.31	Tithi 16	Gulika 2:35PM – 3:56PM	Revati Until 6:37AM	Ganesh: White	<i>Sunrise:</i> 6:24AM		
		Yama 11:51AM – 1:13PM	Harshana Until 5:49PM	Muruga: Clear	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 25	
	611451364	Rahu 3:56PM – 5:18PM	Balava Until 3:35PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 1:42AM Mon	Moon – Clear		Devaloka Day	
Until 6:37AM				Ashvina•Puratasi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 183

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 14.43 Tihi 17

Family Home Evening 621451364

Creative Work Siddha Yoga

Gulika 1:12PM – 2:34PM

Yama 10:30AM – 11:51AM

Rahu 7:47AM – 9:08AM

Bharani Until 12:52AM Tue

Vajra* Until 1:33PM

Taitila Until 11:51AM

Dvitiya Until 9:59PM

Ganesha: Clear Sunrise: 6:26AM

Muruga: Clear Sunset: 5:16PM

Nataraja: Clear

Moon – White

Ashvina-Aipasi

Sivaloka Day

Tuesday, October 18, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 184

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 29.53 Tihi 18

Creative Work Siddha Yoga

Until 9:58PM

Then Creative Work - Amrita Yoga

Gulika 11:51AM – 1:12PM

Yama 9:09AM – 10:30AM

Rahu 2:33PM – 3:54PM

Krittika Until 9:58PM

Siddhi Until 9:22AM

Vanija Until 8:11AM

Tritiya Until 6:24PM

Ganesha: Clear Sunrise: 6:27AM

Muruga: Clear Sunset: 5:15PM

Nataraja: Clear

Moon – White

Ashvina-Aipasi

Sivaloka Day

Wednesday, October 19, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 2 Sutra 185

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 14.53 Tihi 19 – 20

Creative Work Siddha Yoga

Gulika 10:30AM – 11:51AM

Yama 7:49AM – 9:09AM

Rahu 11:51AM – 1:11PM

Rohini Until 7:41PM

Variyan Until 1:44AM Thu

Kaulava Until 1:41AM Thu

Chaturthi* Until 3:08PM

Ganesha: Purple Sunrise: 6:28AM

Muruga: Clear Sunset: 5:13PM

Nataraja: Clear

Moon – Yellow

Ashvina-Aipasi

Devaloka Day

Thursday, October 20, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy

Sun 3 Sutra 186

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 29.35 Tihi 20 – 21

Routine Work Marana Yoga

Gulika 9:10AM – 10:30AM

Yama 6:30AM – 7:50AM

Rahu 1:11PM – 2:31PM

Mrigashira Until 5:46PM

Parigha* Until 10:31PM

Gara Until 11:11PM

Panchami Until 12:21PM

Ganesha: Purple Sunrise: 6:30AM

Muruga: Clear Sunset: 5:11PM

Nataraja: Clear

Moon – Yellow

Ashvina-Aipasi

Devaloka Day

Friday, October 21, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sun 4 Sutra 187

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 13.53 Tihi 21 – 22

Creative Work Siddha Yoga

Gulika 7:51AM – 9:11AM

Yama 2:30PM – 3:50PM

Rahu 10:30AM – 11:50AM

Ardra Until 4:19PM

Shiva Until 7:51PM

Visli Until 9:19PM

Shashthi* Until 10:09AM

Ganesha: Purple Sunrise: 6:31AM

Muruga: Clear Sunset: 5:10PM

Nataraja: Clear

Moon – Yellow

Ashvina-Aipasi

Devaloka Day

Saturday, October 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 5 Sutra 188

Durmukha 5118

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 27.44 Tihi 22 – 23

Creative Work Siddha Yoga

Gulika 6:32AM – 7:52AM

Yama 1:10PM – 2:29PM

Rahu 9:11AM – 10:31AM

Punarvasu Until 3:53PM

Siddha Until 5:44PM

Balava Until 8:12PM

Saptami Until 8:39AM

Ganesha: Clear Sunrise: 6:32AM

Muruga: Clear Sunset: 5:08PM

Nataraja: Clear

Moon – Blue

Ashvina-Aipasi

Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sun 6 Sutra 189

Durmukha 5118

Moon 10 - Phase 26

Navami

Kataka Rasi: 11.1 Tihi 23 – 24

Creative Work Siddha Yoga

Gulika 2:28PM – 3:47PM

Yama 11:50AM – 1:09PM

Rahu 3:47PM – 5:06PM

Pushya Until 4:03PM

Sadhya Until 4:14PM

Taitila Until 7:51PM

Ashtami* Until 7:55AM

Ganesha: Clear Sunrise: 6:34AM

Muruga: Clear Sunset: 5:06PM

Nataraja: Clear

Moon – Blue

Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1		Monday, October 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Trieste, Italy Sun 7
Kataka Rasi: 24.1	Tithi 24 – 25	Gulika	1:09PM – 2:27PM	Ashlesha* Until 4:47PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM		Durmukha 5118
Family Home Evening	641451364	Yama	10:31AM – 11:50AM	Subha Until 3:20PM	Muruga: Clear	<i>Sunset:</i> 5:05PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	Rahu	7:54AM – 9:13AM	Vanija Until 8:14PM	Nataraja: Clear			2nd Phase
Until 4:47PM				Navami* Until 7:56AM	Moon – Blue		Sivaloka Day	
Then Routine Work - Marana Yoga					Ashvina-Aipasi			

2		Tuesday, October 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Trieste, Italy Sun 8
Simha Rasi: 6.51	Tithi 25 – 26	Gulika	11:50AM – 1:08PM	Magha* Until 6:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM		Durmukha 5118
	652451364	Yama	9:13AM – 10:31AM	Sukla Until 2:55PM	Muruga: Clear	<i>Sunset:</i> 5:03PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	Rahu	2:26PM – 3:45PM	Bava Until 9:17PM	Nataraja: Clear			2nd Phase
				Dashami Until 8:40AM	Moon – Red		Sivaloka Day	
					Ashvina-Aipasi			

3		Wednesday, October 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 9
Simha Rasi: 19.15	Tithi 26 – 27	Gulika	10:32AM – 11:50AM	Purvaphalguni Until 8:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM		Durmukha 5118
	652451364	Yama	7:56AM – 9:14AM	Brahma Until 2:57PM	Muruga: Clear	<i>Sunset:</i> 5:02PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	Rahu	11:50AM – 1:08PM	Kaulava Until 10:51PM	Nataraja: Clear			2nd Phase
				Ekadashi* Until 9:59AM	Moon – Red		Sivaloka Day	
					Ashvina-Aipasi			

4		Thursday, October 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Trieste, Italy Sun 10
Kanya Rasi: 1.27	Tithi 27 – 28	Gulika	9:14AM – 10:32AM	Uttaraphalguni Until 10:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM		Durmukha 5118
	652451364	Yama	6:39AM – 7:57AM	Indra Until 3:20PM	Muruga: Clear	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 27
	Amrita Yoga	Rahu	1:07PM – 2:25PM	Gara Until 12:49AM Fri	Nataraja: Clear			2nd Phase
Until 10:49PM				Dvadashi* Until 11:47AM	Moon – Red		Sivaloka Day	
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>	Ashvina-Aipasi			

5		Friday, October 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 11
Kanya Rasi: 13.3	Tithi 28 – 29	Gulika	7:58AM – 9:15AM	Hasta Until 1:42AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:41AM		Durmukha 5118
	662451364	Yama	2:24PM – 3:41PM	Vaidhriti* Until 3:55PM	Muruga: Clear	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	Rahu	10:32AM – 11:50AM	Visti Until 3:04AM Sat	Nataraja: Clear			2nd Phase
Until 1:42AM Sat				Trayodashi* Until 1:54PM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga		Deepavali Hindu Solidarity Day			Ashvina-Aipasi			

6		Saturday, October 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy Sun 12
Kanya Rasi: 25.28	Tithi 29 – 30	Gulika	6:42AM – 7:59AM	Chitra Until 4:34AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:42AM		Durmukha 5118
	662451364	Yama	1:06PM – 2:23PM	Vishkambha* Until 4:40PM	Muruga: Clear	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 27
Routine Work	Marana Yoga	Rahu	9:16AM – 10:33AM	Catuspada Until 5:28AM Sun	Nataraja: Clear			2nd Phase
Until 4:34AM Sun				Chaturdashi* Until 4:14PM	Moon – Green		Sivaloka Day	
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi			Ashvina-Aipasi			

Retreat Star		Sunday, October 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga* Karana Amavasyayam Titau				Trieste, Italy Sun 13
Tula Rasi: 7.22	Tithi 30	Gulika	2:23PM – 3:39PM	Svati Until 7:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:43AM		Durmukha 5118
	662451364	Yama	11:49AM – 1:06PM	Priti Until 5:31PM	Muruga: Clear	<i>Sunset:</i> 4:56PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	Rahu	3:39PM – 4:56PM	Naga Until 6:41PM	Nataraja: Clear			Amavasya
Until 7:21AM Mon				Amavasya* Until 6:41PM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga					Ashvina-Aipasi			

Retreat Star		Monday, October 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Trieste, Italy Sun 14
Tula Rasi: 19.14	Tithi 1	Gulika	1:06PM – 2:22PM	Svati Until 7:21AM	Ganesha: Orange	<i>Sunrise:</i> 6:45AM		Durmukha 5118
Family Home Evening	662451364	Yama	10:33AM – 11:49AM	Ayushman Until 6:22PM	Muruga: Clear	<i>Sunset:</i> 4:54PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	Rahu	8:01AM – 9:17AM	Kintughna Until 7:58AM	Nataraja: Clear			Prathama
Until 7:21AM				Prathama* Until 9:12PM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins			Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Tuesday, November 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy		
	Vrischika Rasi: 1.06 Tithi 2		Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 198		
	672451364		Gulika 11:49AM – 1:05PM Yama 9:18AM – 10:34AM Rahu 2:21PM – 3:37PM	Vishakha Until 10:29AM Saubhagya Until 7:14PM Balava Until 10:28AM Dvitiya Until 11:41PM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Orange Karttika•Aipasi	Sunrise: 6:46AM Sunset: 4:53PM	Durumukha 5118 Moon 10 - Phase 28 3rd Phase Sivaloka Day		
Routine Work Marana Yoga Until 10:29AM Then Creative Work - Siddha Yoga									

2	Wednesday, November 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy		
	Vrischika Rasi: 12.59 Tithi 3		Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 199		
	672451364		Gulika 10:34AM – 11:49AM Yama 8:03AM – 9:18AM Rahu 11:49AM – 1:05PM	Anuradha Until 1:25PM Sobhana Until 8:03PM Tailila Until 12:56PM Tritiya Until 2:06AM Thu	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Orange Karttika•Aipasi	Sunrise: 6:48AM Sunset: 4:51PM	Durumukha 5118 Moon 10 - Phase 28 3rd Phase Sivaloka Day		
Creative Work Siddha Yoga									

3	Thursday, November 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy		
	Vrischika Rasi: 24.54 Tithi 4		Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 200		
	672451364		Gulika 9:19AM – 10:34AM Yama 6:49AM – 8:04AM Rahu 1:05PM – 2:20PM	Jyeshtha* Until 4:03PM Athiganda* Until 8:44PM Vanija Until 3:16PM Chaturthi* Until 4:20AM Fri	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Orange Karttika•Aipasi	Sunrise: 6:49AM Sunset: 4:50PM	Durumukha 5118 Moon 10 - Phase 28 3rd Phase Sivaloka Day		
Routine Work Prabalarishta Yoga Until 4:03PM Then Creative Work - Siddha Yoga									

4	Friday, November 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy		
	Dhanus Rasi: 6.53 Tithi 5		Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 201		
	682451364		Gulika 8:05AM – 9:20AM Yama 2:19PM – 3:34PM Rahu 10:35AM – 11:49AM	Mula* Until 6:48PM Sukarma Until 9:15PM Bava Until 5:22PM Panchami Until 6:17AM Sat	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Sunrise: 6:50AM Sunset: 4:49PM	Durumukha 5118 Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day		
Creative Work Amrita Yoga Until 6:48PM Then Routine Work - Prabalarishta Yoga									

5	Saturday, November 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy		
	Dhanus Rasi: 18.59 Tithi 5 – 6		Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 19 Sutra 202		
	682451364		Gulika 6:52AM – 8:06AM Yama 1:04PM – 2:18PM Rahu 9:21AM – 10:35AM	Purvashadha* Until 9:02PM Dhriti Until 9:29PM Kaulava Until 7:07PM Panchami Until 6:17AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Sunrise: 6:52AM Sunset: 4:47PM	Durumukha 5118 Moon 10 - Phase 28 3rd Phase Subha Sivaloka Day		
Creative Work Siddha Yoga Until 9:02PM Then Routine Work - Marana Yoga									

6	Sunday, November 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy		
	Makara Rasi: 1.16 Tithi 6 – 7		Uttarashadha Nakshatra Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 203		
	782451364		Gulika 2:18PM – 3:32PM Yama 11:50AM – 1:04PM Rahu 3:32PM – 4:46PM	Uttarashadha Until 10:36PM Shula* Until 9:17PM Gara Until 8:22PM Shashthi* Until 7:48AM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Sunrise: 6:53AM Sunset: 4:46PM	Durumukha 5118 Moon 10 - Phase 28 3rd Phase Sivaloka Day		
Creative Work Amrita Yoga									

D	Monday, November 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy			
	Retreat Star		Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 204			
	Makara Rasi: 13.48 Tithi 7 – 8		793451364				Gulika 1:03PM – 2:17PM Yama 10:36AM – 11:50AM Rahu 8:08AM – 9:22AM	Shravana Until 11:50PM Ganda* Until 8:35PM Visti Until 8:56PM Saptami Until 8:43AM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Purple Karttika•Aipasi	Sunrise: 6:55AM Sunset: 4:45PM
Family Home Evening Creative Work Amrita Yoga Until 11:50PM Then Creative Work - Siddha Yoga										

	Tuesday, November 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy			
	Retreat Star		Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 205			
	Makara Rasi: 26.4 Tithi 8 – 9		793551364				Gulika 11:50AM – 1:03PM Yama 9:23AM – 10:36AM Rahu 2:17PM – 3:30PM	Dhanishtha Until 12:08AM Wed Vriddhi Until 7:18PM Balava Until 8:44PM Ashtami* Until 8:55AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple Karttika•Aipasi	Sunrise: 6:56AM Sunset: 4:43PM
Creative Work Siddha Yoga										

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Trieste, Italy Sun 23
	Kumbha Rasi: 9.56 Tithi 9 – 10 Creative Work Siddha Yoga Until 11:30PM Then Creative Work - Amrita Yoga	793551364	Gulika 10:37AM – 11:50AM Yama 8:10AM – 9:24AM Rahu 11:50AM – 1:03PM	Shatabhishak Until 11:30PM Dhruva Until 5:21PM Taitila Until 7:42PM Navami* Until 8:18AM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Purple Karttika-Aipasi	Sunrise: 6:57AM Sunset: 4:42PM	Durumukha 5118 Moon 10 - Phase 29 4th Phase Subha Sivaloka Day

2	Thursday, November 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Gara/Visli* Karana Dashami/Ekadashyam Titau				Trieste, Italy Sun 24
	Kumbha Rasi: 23.4 Tithi 10 – 11 Creative Work Siddha Yoga	713551364	Gulika 9:24AM – 10:37AM Yama 6:59AM – 8:11AM Rahu 1:03PM – 2:15PM	Purvaproshtapada* Until 10:23PM Vyaghata* Until 2:46PM Visli Until 4:41AM Fri Dashami Until 6:52AM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear Karttika-Aipasi	Sunrise: 6:59AM Sunset: 4:41PM	Durumukha 5118 Moon 10 - Phase 29 4th Phase Subha Sivaloka Day

3	Friday, November 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				Trieste, Italy Sun 25
	Meena Rasi: 7.53 Tithi 12 Creative Work Siddha Yoga	713551364	Gulika 8:13AM – 9:25AM Yama 2:15PM – 3:27PM Rahu 10:38AM – 11:50AM	Uttaraproshtapada Until 8:26PM Harshana Until 11:37AM Bava Until 3:21PM Dvadashi Until 1:50AM Sat	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear Karttika-Aipasi	Sunrise: 7:00AM Sunset: 4:40PM	Durumukha 5118 Moon 10 - Phase 29 4th Phase Subha Sivaloka Day

4	Saturday, November 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Trieste, Italy Sun 26
	Meena Rasi: 22.33 Tithi 13 Routine Work Prabalarishta Yoga Until 5:48PM Then Creative Work - Siddha Yoga	713551364	Gulika 7:01AM – 8:14AM Yama 1:02PM – 2:14PM Rahu 9:26AM – 10:38AM	Revati Until 5:48PM Vajra* Until 7:56AM Kaulava Until 12:14PM Trayodashi Until 10:29PM <i>Pradosha Vrata</i>	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear Karttika-Aipasi	Sunrise: 7:01AM Sunset: 4:39PM	Durumukha 5118 Moon 10 - Phase 29 4th Phase Subha Sivaloka Day

5	Sunday, November 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Trieste, Italy Sun 27
	Mesha Rasi: 7.35 Tithi 14 Creative Work Siddha Yoga Until 3:03PM Then Routine Work - Prabalarishta Yoga	723551364	Gulika 2:14PM – 3:26PM Yama 11:50AM – 1:02PM Rahu 3:26PM – 4:38PM	Ashvini Until 3:03PM Vyatipata* Until 11:36PM Gara Until 8:41AM Chaturdashi* Until 6:47PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White Karttika-Aipasi	Sunrise: 7:03AM Sunset: 4:38PM	Durumukha 5118 Moon 10 - Phase 29 4th Phase Sivaloka Day

	Monday, November 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Trieste, Italy Sun 27
	Copper Retreat Star		Mesha Rasi: 22.51 Tithi 15 – 16 Family Home Evening Creative Work Siddha Yoga Until 11:57AM Then Routine Work - Marana Yoga	723551364	Gulika 1:02PM – 2:14PM Yama 10:39AM – 11:50AM Rahu 8:16AM – 9:27AM	Bharani Until 11:57AM Variyan Until 7:10PM Balava Until 12:58AM Tue Purnima* Until 2:54PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White Karttika-Aipasi

○	Tuesday, November 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 27
	Silver Retreat Star		Vrisabha Rasi: 8.11 Tithi 16 – 17 Creative Work Siddha Yoga Until 8:42AM Then Creative Work - Amrita Yoga	723551364	Gulika 11:51AM – 1:02PM Yama 9:28AM – 10:39AM Rahu 2:13PM – 3:24PM	Krittika Until 8:42AM Parigha* Until 2:47PM Taitila Until 9:10PM Prathama* Until 11:02AM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White Karttika-Aipasi

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 16, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam

Trieste, Italy

Vrishabha Rasi: 23.23 Tiithi 17 - 18

733551365

Gulika

10:40AM - 11:51AM

Mrigashira Until 3:16AM Thu

Ganesh: White

Sunrise: 7:07AM

Sun 1

Sutra 213

Yama

8:18AM - 9:29AM

Shiva Until 10:36AM

Muruga: Clear

Sunset: 4:35PM

Moon 11 - Phase 30

Rahu

11:51AM - 1:02PM

Visti Until 4:00AM Thu

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

1st Phase

Creative Work Siddha Yoga

Until 3:16AM Thu

Then Routine Work - Marana Yoga

1

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam

Trieste, Italy

Mithuna Rasi: 8.2 Tiithi 19

733551365

Gulika

9:30AM - 10:40AM

Ardra Until 1:03AM Fri

Ganesh: White

Sunrise: 7:08AM

Sun 2

Sutra 214

Yama

7:08AM - 8:19AM

Siddha Until 6:42AM

Muruga: Clear

Sunset: 4:34PM

Moon 11 - Phase 30

Rahu

1:02PM - 2:12PM

Bava Until 2:32PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

1st Phase

Routine Work Marana Yoga

Until 1:03AM Fri

Then Creative Work - Siddha Yoga

2

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam

Trieste, Italy

Mithuna Rasi: 22.52 Tiithi 20

743551365

Gulika

8:20AM - 9:30AM

Punarvasu Until 11:47PM

Ganesh: Clear

Sunrise: 7:10AM

Sun 3

Sutra 215

Yama

2:12PM - 3:22PM

Subha Until 12:25AM Sat

Muruga: Clear

Sunset: 4:33PM

Moon 11 - Phase 30

Rahu

10:41AM - 11:51AM

Kaulava Until 12:04PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Devaloka Day

1st Phase

Creative Work Siddha Yoga

Until 11:47PM

Then Routine Work - Marana Yoga

3

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam

Trieste, Italy

Kataka Rasi: 6.55 Tiithi 21

743551365

Gulika

7:11AM - 8:21AM

Pushya Until 11:11PM

Ganesh: Clear

Sunrise: 7:11AM

Sun 4

Sutra 216

Yama

1:02PM - 2:12PM

Sukla Until 10:11PM

Muruga: Clear

Sunset: 4:32PM

Moon 11 - Phase 30

Rahu

9:31AM - 10:41AM

Gara Until 10:20AM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Devaloka Day

1st Phase

Creative Work Siddha Yoga

Until 11:11PM

Then Routine Work - Marana Yoga

4

Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam

Trieste, Italy

Kataka Rasi: 20.27 Tiithi 22

743551365

Gulika

2:11PM - 3:21PM

Ashlesha* Until 11:17PM

Ganesh: Clear

Sunrise: 7:12AM

Sun 5

Sutra 217

Yama

11:52AM - 1:02PM

Brahma Until 8:40PM

Muruga: Clear

Sunset: 4:31PM

Moon 11 - Phase 30

Rahu

3:21PM - 4:31PM

Visti Until 9:28AM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Devaloka Day

1st Phase

Creative Work Siddha Yoga

Until 11:17PM

Then Routine Work - Marana Yoga

5

Monday, November 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam

Trieste, Italy

Retreat Star

Simha Rasi: 3.31 Tiithi 23

754551365

Gulika

1:02PM - 2:11PM

Magha* Until 12:33AM Tue

Ganesh: Clear

Sunrise: 7:14AM

Sun 6

Sutra 218

Yama

10:42AM - 11:52AM

Indra Until 7:50PM

Muruga: Clear

Sunset: 4:30PM

Moon 11 - Phase 30

Rahu

8:23AM - 9:33AM

Balava Until 9:30AM

Nataraja: White

Moon - Red

Karttika-Karttikai

Devaloka Day

Ashtami

Routine Work Marana Yoga

Until 12:33AM Tue

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam

Trieste, Italy

Retreat Star

Simha Rasi: 16.1 Tiithi 24

754551365

Gulika

11:52AM - 1:02PM

Purvaphalguni Until 2:24AM Wed

Ganesh: Clear

Sunrise: 7:15AM

Sun 7

Sutra 219

Yama

9:34AM - 10:43AM

Vaidhriti* Until 7:35PM

Muruga: Clear

Sunset: 4:30PM

Moon 11 - Phase 30

Rahu

2:11PM - 3:20PM

Taitila Until 10:22AM

Nataraja: White

Moon - Red

Karttika-Karttikai

Devaloka Day

Navami

Creative Work Siddha Yoga

Until 2:24AM Wed

Then Creative Work - Amrita Yoga


1		Wednesday, November 23, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yukhtayam		Trieste, Italy	
Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 220		Durmukha 5118	
Simha Rasi: 28.29	Tithi 25	Gulika	10:43AM – 11:53AM	Uttaraphalguni Until 4:39AM Thu	Ganesha: Clear <i>Sunrise: 7:16AM</i>		
		Yama	8:25AM – 9:34AM	Vishkambha* Until 7:51PM	Muruga: Clear <i>Sunset: 4:29PM</i>	Moon 11 - Phase 31	
		754551365 Rahu	11:53AM – 1:02PM	Vanija Until 11:57AM	Nataraja: White	2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 12:56AM Thu	Moon – Red	Devaloka Day	
Until 4:39AM Thu					Karttika-Karttikai		
Then Routine Work - Marana Yoga							

2		Thursday, November 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yukhtayam		Trieste, Italy	
Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 221		Durmukha 5118	
Kanya Rasi: 10.35	Tithi 26	Gulika	9:35AM – 10:44AM	Hasta Until 7:36AM Fri	Ganesha: Purple <i>Sunrise: 7:18AM</i>		
		Yama	7:18AM – 8:26AM	Priti Until 8:28PM	Muruga: Clear <i>Sunset: 4:28PM</i>	Moon 11 - Phase 31	
		754551365 Rahu	1:02PM – 2:10PM	Bava Until 2:04PM	Nataraja: White	2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 3:14AM Fri	Moon – Green	Bhuloka Day	
Until 7:36AM Fri					Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

3		Friday, November 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yukhtayam		Trieste, Italy	
Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 222		Durmukha 5118	
Kanya Rasi: 22.31	Tithi 27	Gulika	8:27AM – 9:36AM	Hasta Until 7:36AM Fri	Ganesha: Purple <i>Sunrise: 7:19AM</i>		
		Yama	2:10PM – 3:19PM	Ayushman Until 9:15PM	Muruga: Clear <i>Sunset: 4:27PM</i>	Moon 11 - Phase 31	
		754551365 Rahu	10:45AM – 11:53AM	Kaulava Until 4:29PM	Nataraja: White	2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 5:45AM Sat	Moon – Green	Bhuloka Day	
Until 7:36AM					Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

4		Saturday, November 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yukhtayam		Trieste, Italy	
Chitra/Svati Nakshatra Saubhagya Yoga Gara Karana Trayodashyam Titau		Sun 11		Sutra 223		Durmukha 5118	
Tula Rasi: 4.23	Tithi 28	Gulika	7:20AM – 8:28AM	Chitra Until 10:35AM	Ganesha: Purple <i>Sunrise: 7:20AM</i>		
		Yama	1:02PM – 2:10PM	Saubhagya Until 10:08PM	Muruga: Clear <i>Sunset: 4:27PM</i>	Moon 11 - Phase 31	
		754551365 Rahu	9:37AM – 10:45AM	Gara Until 7:03PM	Nataraja: White	2nd Phase	
Routine Work	Marana Yoga			Trayodashi* Until 8:20AM Sun	Moon – Green	Bhuloka Day	
Until 10:35AM				<i>Pradosha Vrata (Fasting)</i>	Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

5		Sunday, November 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yukhtayam		Trieste, Italy	
Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 224		Durmukha 5118	
Tula Rasi: 16.14	Tithi 28 – 29	Gulika	2:10PM – 3:18PM	Svati Until 1:25PM	Ganesha: Purple <i>Sunrise: 7:21AM</i>		
		Yama	11:54AM – 1:02PM	Sobhana Until 11:01PM	Muruga: Clear <i>Sunset: 4:26PM</i>	Moon 11 - Phase 31	
		754551365 Rahu	3:18PM – 4:26PM	Visti Until 9:38PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 8:20AM	Moon – Green	Bhuloka Day	
Until 1:25PM					Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

		Monday, November 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yukhtayam		Trieste, Italy	
Retreat Star		Vishakha/Anuradha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 225	
Tula Rasi: 28.06	Tithi 29 – 30	Gulika	1:02PM – 2:10PM	Vishakha Until 4:33PM	Ganesha: Light Blue <i>Sunrise: 7:23AM</i>		
Family Home Evening		Yama	10:46AM – 11:54AM	Athiganda* Until 11:49PM	Muruga: Clear <i>Sunset: 4:26PM</i>	Moon 11 - Phase 31	
		774551365 Rahu	8:30AM – 9:38AM	Catuspada Until 12:07AM Tue	Nataraja: White	Amavasya	
Routine Work	Marana Yoga			Chaturdashi* Until 10:52AM	Moon – Orange	Bhuloka Day	
Until 4:33PM					Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

Tuesday, November 29, 2016		Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yukhtayam		Trieste, Italy	
Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 226		Durmukha 5118	
Vriscika Rasi: 10	Tithi 30 – 1	Gulika	11:55AM – 1:02PM	Anuradha Until 7:22PM	Ganesha: Light Blue <i>Sunrise: 7:24AM</i>		
		Yama	9:39AM – 10:47AM	Sukarma Until 12:31AM Wed	Muruga: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 31	
		774551365 Rahu	2:10PM – 3:18PM	Kintughna Until 2:27AM Wed	Nataraja: White	Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 1:17PM	Moon – Orange	Bhuloka Day	
Until 7:22PM					Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Wednesday, November 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 21.58		Titthi 1 – 2		Jyeshtha* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 227	
Creative Work		Siddha Yoga		Gulika 10:47AM – 11:55AM		Jyeshtha* Until 9:52PM	
Until 9:52PM		Then Routine Work - Marana Yoga		Yama 8:32AM – 9:40AM		Ganesh: Light Blue Sunrise: 7:25AM	
				784551365 Rahu 11:55AM – 1:02PM		Muruga: Clear Sunset: 4:25PM	
						Moon 11 - Phase 32	
						Nataraja: White	
						Moon – Orange	
						Margasira•Karttikai	
						Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

2		Thursday, December 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 3.59		Titthi 2 – 3		Mula* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 228	
Creative Work		Siddha Yoga		Gulika 9:41AM – 10:48AM		Mula* Until 12:30AM Fri	
Until 12:30AM Fri		Then Routine Work - Prabalarishta Yoga		Yama 7:26AM – 8:33AM		Ganesh: Purple Sunrise: 7:26AM	
				784551365 Rahu 1:03PM – 2:10PM		Muruga: Clear Sunset: 4:25PM	
						Moon 11 - Phase 32	
						Nataraja: White	
						Moon – Light Blue	
						Margasira•Karttikai	
						Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

3		Friday, December 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 16.06		Titthi 3		Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17 Sutra 229	
Routine Work		Prabalarishta Yoga		Gulika 8:34AM – 9:41AM		Purvashadha* Until 2:43AM Sat	
Until 2:43AM Sat		Then Routine Work - Marana Yoga		Yama 2:10PM – 3:17PM		Ganesh: Purple Sunrise: 7:27AM	
				784551365 Rahu 10:49AM – 11:56AM		Muruga: Clear Sunset: 4:24PM	
						Moon 11 - Phase 32	
						Nataraja: White	
						Moon – Light Blue	
						Margasira•Karttikai	
						Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

4		Saturday, December 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 28.2		Titthi 4		Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 18 Sutra 230	
Routine Work		Marana Yoga		Gulika 7:28AM – 8:35AM		Uttarashadha Until 4:26AM Sun	
Until 4:26AM Sun		Then Creative Work - Amrita Yoga		Yama 1:03PM – 2:10PM		Ganesh: Purple Sunrise: 7:28AM	
				784551365 Rahu 9:42AM – 10:49AM		Muruga: Clear Sunset: 4:24PM	
						Moon 11 - Phase 32	
						Nataraja: White	
						Moon – Light Blue	
						Margasira•Karttikai	
						Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

5		Sunday, December 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 10.43		Titthi 5		Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau		Sun 19 Sutra 231	
Creative Work		Amrita Yoga		Gulika 2:10PM – 3:17PM		Shravana Until 6:02AM Mon	
Until 6:02AM Mon		Then Creative Work - Siddha Yoga		Yama 11:57AM – 1:03PM		Ganesh: Clear Sunrise: 7:29AM	
				795651365 Rahu 3:17PM – 4:24PM		Muruga: Clear Sunset: 4:24PM	
						Moon 11 - Phase 32	
						Nataraja: White	
						Moon – Purple	
						Margasira•Karttikai	
						Devaloka Day	

6		Monday, December 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 23.18		Titthi 6		Shravana Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 20 Sutra 232	
Family Home Evening		Creative Work		Gulika 1:04PM – 2:10PM		Shravana Until 6:02AM	
Until 6:02AM		Then Creative Work - Siddha Yoga		Yama 10:50AM – 11:57AM		Ganesh: Clear Sunrise: 7:30AM	
				795651365 Rahu 8:37AM – 9:44AM		Muruga: Clear Sunset: 4:23PM	
						Moon 11 - Phase 32	
						Nataraja: White	
						Moon – Purple	
						Margasira•Karttikai	
						Devaloka Day	

Retreat Star		Tuesday, December 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 6.08		Titthi 7		Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21 Sutra 233	
Creative Work		Siddha Yoga		Gulika 11:57AM – 1:04PM		Dhanishtha Until 6:57AM	
Until 6:57AM		Then Routine Work - Marana Yoga		Yama 9:44AM – 10:51AM		Ganesh: Clear Sunrise: 7:31AM	
				795651365 Rahu 2:10PM – 3:17PM		Muruga: Clear Sunset: 4:23PM	
						Moon 11 - Phase 32	
						Nataraja: White	
						Moon – Purple	
						Margasira•Karttikai	
						Devaloka Day	

Retreat Star		Wednesday, December 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 19.19		Titthi 8		Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 22 Sutra 234	
Creative Work		Siddha Yoga		Gulika 10:51AM – 11:58AM		Shatabhishak Until 7:03AM	
Until 7:03AM		Then Creative Work - Amrita Yoga		Yama 8:39AM – 9:45AM		Ganesh: Clear Sunrise: 7:33AM	
				795651365 Rahu 11:58AM – 1:04PM		Muruga: Clear Sunset: 4:23PM	
						Moon 11 - Phase 32	
						Nataraja: White	
						Moon – Purple	
						Margasira•Karttikai	
						Devaloka Day	

Retreat Star		Thursday, December 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Meena Rasi: 2.52		Titthi 9		Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Sun 23 Sutra 235	
Creative Work		Siddha Yoga		Gulika 9:46AM – 10:52AM		Purvaproshtapada* Until 6:47AM	
				Yama 7:33AM – 8:40AM		Ganesh: Red Sunrise: 7:33AM	
				715651365 Rahu 1:04PM – 2:11PM		Muruga: Clear Sunset: 4:23PM	
						Moon 11 - Phase 32	
						Nataraja: White	
						Moon – Clear	
						Margasira•Karttikai	
						Devaloka Day	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1 Friday, December 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Meena Rasi: 16.51 Tihi 10 – 11		Revati Nakshatra Vyatipata*/Variyan Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 236	
715651365		Gulika 8:40AM – 9:47AM	Revati Until 3:47AM Sat	Ganesh: Red <i>Sunrise:</i> 7:34AM	Durmukha 5118		
Creative Work Siddha Yoga		Yama 2:11PM – 3:17PM	Vyatipata* Until 3:57PM	Muruga: Clear <i>Sunset:</i> 4:23PM	Moon 11 - Phase 33		
		Rahu 10:53AM – 11:59AM	Taitila Until 7:07AM	Nataraja: White	4th Phase		
			Dashami Until 5:56PM	Moon – Clear	Devaloka Day		
				Margasira•Karttikai			

2 Saturday, December 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Mesha Rasi: 1.15 Tihi 11 – 12		Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 237	
725651365		Gulika 7:35AM – 8:41AM	Ashvini Until 1:39AM Sun	Ganesh: Blue <i>Sunrise:</i> 7:35AM	Durmukha 5118		
Creative Work Siddha Yoga		Yama 1:05PM – 2:11PM	Variyan Until 12:31PM	Muruga: Clear <i>Sunset:</i> 4:23PM	Moon 11 - Phase 33		
Until 1:39AM Sun		Rahu 9:47AM – 10:53AM	Bava Until 1:38AM Sun	Nataraja: White	4th Phase		
Then Routine Work - Prabalarishta Yoga			Ekadashi Until 3:11PM	Moon – White	Bhuloka Day		
		Gita Jayanthi		Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM		

3 Sunday, December 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Mesha Rasi: 16.01 Tihi 12 – 13		Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 238	
725651365		Gulika 2:11PM – 3:17PM	Bharani Until 10:59PM	Ganesh: Blue <i>Sunrise:</i> 7:36AM	Durmukha 5118		
Routine Work Prabalarishta Yoga		Yama 12:00PM – 1:06PM	Parigha* Until 8:42AM	Muruga: Clear <i>Sunset:</i> 4:23PM	Moon 11 - Phase 33		
Until 10:59PM		Rahu 3:17PM – 4:23PM	Kaulava Until 10:15PM	Nataraja: White	4th Phase		
Then Creative Work - Siddha Yoga			Dvadashi Until 11:58AM	Moon – White	Bhuloka Day		
			<i>Pradosha Vrata</i>	Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM		

4 Monday, December 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy	
Vrishabha Rasi: 1.04 Tihi 13 – 14		Krittika Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 239	
725651365		Gulika 1:06PM – 2:12PM	Krittika Until 7:59PM	Ganesh: Blue <i>Sunrise:</i> 7:37AM	Durmukha 5118		
Family Home Evening		Yama 10:54AM – 12:00PM	Siddha Until 12:23AM Tue	Muruga: Clear <i>Sunset:</i> 4:23PM	Moon 11 - Phase 33		
Routine Work Marana Yoga		Rahu 8:43AM – 9:49AM	Gara Until 6:38PM	Nataraja: White	4th Phase		
Until 7:59PM			Trayodashi Until 8:27AM	Moon – White	Bhuloka Day		
Then Creative Work - Amrita Yoga		Krittika Deepam		Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM		

○ Tuesday, December 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Copper Retreat Star		Rohini/Mrigashira Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 240	
Vrishabha Rasi: 16.15 Tihi 15		Gulika 12:01PM – 1:06PM	Rohini Until 5:11PM	Ganesh: Red <i>Sunrise:</i> 7:38AM	Durmukha 5118		
736661365		Yama 9:49AM – 10:55AM	Sadhya Until 8:08PM	Muruga: White <i>Sunset:</i> 4:23PM	Moon 11 - Phase 33		
Creative Work Amrita Yoga		Rahu 2:12PM – 3:18PM	Visti Until 2:57PM	Nataraja: White	Purnima		
Until 5:11PM			Purnima* Until 1:08AM Wed	Moon – Yellow	Bhuloka Day		
Then Creative Work - Siddha Yoga				Margasira•Karttikai	Devaloka Time: 6:AM to 9:AM		

Wednesday, December 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Silver Retreat Star		Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 241	
Mithuna Rasi: 1.23 Tihi 16		Gulika 10:56AM – 12:01PM	Mrigashira Until 2:24PM	Ganesh: Red <i>Sunrise:</i> 7:39AM	Durmukha 5118		
736661365		Yama 8:44AM – 9:50AM	Subha Until 4:03PM	Muruga: White <i>Sunset:</i> 4:24PM	Moon 11 - Phase 33		
Creative Work Siddha Yoga		Rahu 12:01PM – 1:07PM	Balava Until 11:24AM	Nataraja: White	Prathama		
			Prathama* Until 9:42PM	Moon – Yellow	Bhuloka Day		
				Margasira•Karttikai	Devaloka Time: 6:AM to 9:AM		

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 242

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 16.21 Tihti 17

736661365

Gulika 9:51AM – 10:56AM
Yama 7:39AM – 8:45AM
Rahu 1:07PM – 2:13PM

Ardra Until 11:47AM
Sukla Until 12:12PM
Taitila Until 8:08AM

Ganesha: Red *Sunrise:* 7:39AM
Muruga: White *Sunset:* 4:24PM

Nataraja: White

Moon – Yellow

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 11:47AM

Markali Pillaiyar

Dvitiya Until 6:39PM

Margasira-Markali

Then Creative Work - Amrita Yoga

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Trieste, Italy

Sun 1 Sutra 243

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 0.58 Tihti 18 – 19

846661365

Gulika 8:46AM – 9:51AM
Yama 2:13PM – 3:19PM
Rahu 10:57AM – 12:02PM

Punarvasu Until 9:57AM
Brahma Until 8:46AM
Bava Until 3:11AM Sat
Tritiya Until 4:09PM

Ganesha: Red *Sunrise:* 7:40AM
Muruga: White *Sunset:* 4:24PM

Nataraja: White

Moon – Blue

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 9:57AM

Then Routine Work - Marana Yoga

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 2 Sutra 244

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 15.07 Tihti 19 – 20

846661365

Gulika 7:41AM – 8:46AM
Yama 1:08PM – 2:14PM
Rahu 9:52AM – 10:57AM

Pushya Until 8:39AM
Vaidhriti* Until 3:38AM Sun
Kaulava Until 1:48AM Sun
Chaturthi* Until 2:22PM

Ganesha: Red *Sunrise:* 7:41AM
Muruga: White *Sunset:* 4:24PM

Nataraja: White

Moon – Blue

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 8:39AM

Then Routine Work - Marana Yoga

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkamba* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy

Sun 3 Sutra 245

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 28.48 Tihti 20 – 21

846661365

Gulika 2:14PM – 3:19PM
Yama 12:03PM – 1:09PM
Rahu 3:19PM – 4:25PM

Ashlesha* Until 7:59AM
Vishkamba* Until 2:04AM Mon
Gara Until 1:18AM Mon
Panchami Until 1:25PM

Ganesha: Red *Sunrise:* 7:41AM
Muruga: White *Sunset:* 4:25PM

Nataraja: White

Moon – Blue

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:59AM

Then Routine Work - Marana Yoga

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sun 4 Sutra 246

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Simha Rasi: 11.59 Tihti 21 – 22

856661365

Gulika 1:09PM – 2:14PM
Yama 10:58AM – 12:04PM
Rahu 8:47AM – 9:53AM

Magha* Until 8:29AM
Priti Until 1:12AM Tue
Visti Until 1:43AM Tue
Shashthi* Until 1:23PM

Ganesha: Green *Sunrise:* 7:42AM
Muruga: White *Sunset:* 4:25PM

Nataraja: White

Moon – Red

Bhuloka Day

Margasira-Markali

Routine Work Marana Yoga

Until 8:29AM

Then Creative Work - Siddha Yoga

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 5 Sutra 247

Durmukha 5118

Moon 12 - Phase 34

Ashtami

Simha Rasi: 24.43 Tihti 22 – 23

857661365

Gulika 12:04PM – 1:10PM
Yama 9:53AM – 10:59AM
Rahu 2:15PM – 3:20PM

Purvaphalguni Until 9:42AM
Ayushman Until 12:57AM Wed
Balava Until 2:57AM Wed
Saptami Until 2:13PM

Ganesha: White *Sunrise:* 7:43AM
Muruga: White *Sunset:* 4:26PM

Nataraja: White

Moon – Red

Bhuloka Day

Margasira-Markali

Creative Work Siddha Yoga

Until 9:42AM

Then Creative Work - Amrita Yoga

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sun 6 Sutra 248

Durmukha 5118

Moon 12 - Phase 34

Navami

Kanya Rasi: 7.07 Tihti 23 – 24

857661365

Gulika 10:59AM – 12:05PM
Yama 8:48AM – 9:54AM
Rahu 12:05PM – 1:10PM

Uttaraphalguni Until 11:30AM
Saubhagya Until 1:14AM Thu
Taitila Until 4:51AM Thu
Ashtami* Until 3:48PM

Ganesha: White *Sunrise:* 7:43AM
Muruga: White *Sunset:* 4:26PM

Nataraja: White

Moon – Red

Bhuloka Day

Margasira-Markali

Creative Work Amrita Yoga

Until 11:30AM

Then Routine Work - Marana Yoga

Day 1 of Pancha Ganapati

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Thursday, December 22, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yuktayam		Trieste, Italy	
Kanya Rasi: 19.13 Tihti 24 – 25		Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 249	
867661365		Gulika 9:54AM – 11:00AM	Hasta Until 2:12PM	Ganesha: Clear <i>Sunrise:</i> 7:44AM	Durmukha 5118
Routine Work Marana Yoga		Yama 7:44AM – 8:49AM	Sobhana Until 1:53AM Fri	Muruga: White <i>Sunset:</i> 4:27PM	Moon 12 - Phase 35
Until 2:12PM		Rahu 1:11PM – 2:16PM	Vanija Until 7:12AM Fri	Nataraja: White	2nd Phase
Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		Moon – Green	Bhuloka Day
		Navami* Until 5:58PM		Margasira*Markali	Devaloka Time: 6:AM to 9:AM

2 Friday, December 23, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yuktayam		Trieste, Italy	
Tula Rasi: 1.1 Tihti 25		Chitra/Svati Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 250	
867661365		Gulika 8:49AM – 9:55AM	Chitra Until 5:06PM	Ganesha: Clear <i>Sunrise:</i> 7:44AM	Durmukha 5118
Creative Work Siddha Yoga		Yama 2:16PM – 3:22PM	Athiganda* Until 2:42AM Sat	Muruga: White <i>Sunset:</i> 4:27PM	Moon 12 - Phase 35
		Rahu 11:00AM – 12:06PM	Vanija Until 7:12AM	Nataraja: White	2nd Phase
		Day 3 of Pancha Ganapati		Moon – Green	Bhuloka Day
		Dashami Until 8:28PM		Margasira*Markali	Devaloka Time: 6:AM to 9:AM

3 Saturday, December 24, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Manta Vasara Yuktayam		Trieste, Italy	
Tula Rasi: 13.01 Tihti 26		Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 251	
867661365		Gulika 7:44AM – 8:50AM	Svati Until 7:57PM	Ganesha: Clear <i>Sunrise:</i> 7:44AM	Durmukha 5118
Creative Work Siddha Yoga		Yama 1:12PM – 2:17PM	Sukarma Until 3:35AM Sun	Muruga: White <i>Sunset:</i> 4:28PM	Moon 12 - Phase 35
		Rahu 9:55AM – 11:01AM	Bava Until 9:47AM	Nataraja: White	2nd Phase
		Day 4 of Pancha Ganapati		Moon – Green	Bhuloka Day
		Ekadashi* Until 11:04PM		Margasira*Markali	Devaloka Time: 6:AM to 9:AM

4 Sunday, December 25, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Bhanu Vasara Yuktayam		Trieste, Italy	
Tula Rasi: 24.52 Tihti 27		Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 252	
877661365		Gulika 2:18PM – 3:23PM	Vishakha Until 11:06PM	Ganesha: Purple <i>Sunrise:</i> 7:45AM	Durmukha 5118
Routine Work Marana Yoga		Yama 12:07PM – 1:12PM	Dhriti Until 4:25AM Mon	Muruga: White <i>Sunset:</i> 4:29PM	Moon 12 - Phase 35
		Rahu 3:23PM – 4:29PM	Kaulava Until 12:23PM	Nataraja: White	2nd Phase
		Day 5 of Pancha Ganapati		Moon – Orange	Bhuloka Day
		Dvadashi* Until 1:37AM Mon		Margasira*Markali	

5 Monday, December 26, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 6.45 Tihti 28		Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 253	
877661366		Gulika 1:13PM – 2:18PM	Anuradha Until 1:54AM Tue	Ganesha: Purple <i>Sunrise:</i> 7:45AM	Durmukha 5118
Family Home Evening		Yama 11:02AM – 12:07PM	Shula* Until 5:04AM Tue	Muruga: White <i>Sunset:</i> 4:29PM	Moon 12 - Phase 35
Creative Work Siddha Yoga		Rahu 8:51AM – 9:56AM	Gara Until 2:51PM	Nataraja: Green	2nd Phase
Until 1:54AM Tue		Trayodashi* Until 3:59AM Tue		Moon – Orange	Bhuloka Day
Then Routine Work - Marana Yoga		<i>Pradosha Vrata (Fasting)</i>		Margasira*Markali	

6 Tuesday, December 27, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 18.42 Tihti 29		Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 254	
878661366		Gulika 12:08PM – 1:13PM	Jyeshtha* Until 4:17AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:45AM	Durmukha 5118
Routine Work Marana Yoga		Yama 9:57AM – 11:02AM	Ganda* Until 5:32AM Wed	Muruga: White <i>Sunset:</i> 4:30PM	Moon 12 - Phase 35
		Rahu 2:19PM – 3:24PM	Visti Until 5:05PM	Nataraja: Green	2nd Phase
		Chaturdashi* Until 6:04AM Wed		Moon – Orange	Bhuloka Day
				Margasira*Markali	Devaloka Time: 9:AM to 12:PM

Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 0.46 Tihti 29 – 30		Mula* Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 255	
888661366		Gulika 11:03AM – 12:08PM	Mula* Until 6:43AM Thu	Ganesha: Orange <i>Sunrise:</i> 7:46AM	Durmukha 5118
Routine Work Marana Yoga		Yama 8:51AM – 9:57AM	Vriddhi Until 5:47AM Thu	Muruga: White <i>Sunset:</i> 4:31PM	Moon 12 - Phase 35
Until 6:43AM Thu		Rahu 12:08PM – 1:14PM	Catuspada Until 7:01PM	Nataraja: Green	Amavasya
Then Creative Work - Siddha Yoga		Chaturdashi* Until 6:04AM		Moon – Light Blue	Bhuloka Day
		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali	Devaloka Time: 9:AM to 12:PM

Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 12.58 Tihti 30 – 1		Mula*/Purvashadha* Nakshatra Dhruva Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 256	
888761366		Gulika 9:57AM – 11:03AM	Mula* Until 6:43AM	Ganesha: Light Blue <i>Sunrise:</i> 7:46AM	Durmukha 5118
Creative Work Siddha Yoga		Yama 7:46AM – 8:51AM	Dhruva Until 5:45AM Fri	Muruga: White <i>Sunset:</i> 4:32PM	Moon 12 - Phase 35
		Rahu 1:14PM – 2:20PM	Kintughna Until 8:37PM	Nataraja: Green	Prathama
		Amavasya* Until 7:50AM		Moon – Light Blue	Bhuloka Day
				Pausha*Markali	

1 Friday, December 30, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 15 Sutra 257 Durmukha 5118	
Dhanus Rasi: 25.17	Tithi 1 – 2	Gulika 8:52AM – 9:58AM	Purvashadha* Until 8:39AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:46AM		
		Yama 2:21PM – 3:27PM	Vyaghata* Until 5:27AM Sat	Muruga: White	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 36	
		888761366 Rahu 11:03AM – 12:09PM	Balava Until 9:52PM	Nataraja: Green		3rd Phase	
Routine Work	Prabalarishta Yoga		Prathama* Until 9:16AM	Moon – Light Blue		Bhuloka Day	
Until 8:39AM				Pausha-Markali			
Then Routine Work - Marana Yoga							

2 Saturday, December 31, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 16 Sutra 258 Durmukha 5118	
Makara Rasi: 7.46	Tithi 2 – 3	Gulika 7:46AM – 8:52AM	Uttarashadha Until 10:05AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:46AM		
		Yama 1:16PM – 2:21PM	Harshana Until 4:54AM Sun	Muruga: White	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 36	
		888761366 Rahu 9:58AM – 11:04AM	Taitila Until 10:45PM	Nataraja: Green		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 10:20AM	Moon – Light Blue		Bhuloka Day	
Until 10:05AM				Pausha-Markali			
Then Creative Work - Siddha Yoga							

3 Sunday, January 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Trieste, Italy Sun 17 Sutra 259 Durmukha 5118	
Makara Rasi: 20.25	Tithi 3 – 4	Gulika 2:21PM – 3:27PM	Shravana Until 11:28AM	Ganesha: Purple	<i>Sunrise:</i> 7:46AM		
		Yama 12:10PM – 1:16PM	Vajra* Until 4:01AM Mon	Muruga: White	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 36	
		898761366 Rahu 3:27PM – 4:33PM	Vanija Until 11:15PM	Nataraja: Green		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 11:02AM	Moon – Purple		Bhuloka Day	
Until 11:28AM				Pausha-Markali			
Then Routine Work - Marana Yoga							

4 Monday, January 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 18 Sutra 260 Durmukha 5118	
Kumbha Rasi: 3.14	Tithi 4 – 5	Gulika 1:16PM – 2:22PM	Dhanishtha Until 12:19PM	Ganesha: Purple	<i>Sunrise:</i> 7:46AM		
Family Home Evening		Yama 11:04AM – 12:10PM	Siddhi Until 2:49AM Tue	Muruga: White	<i>Sunset:</i> 4:34PM	Moon 12 - Phase 36	
		898761366 Rahu 8:52AM – 9:58AM	Bava Until 11:21PM	Nataraja: Green		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 11:20AM	Moon – Purple		Bhuloka Day	
				Pausha-Markali			

5 Tuesday, January 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy Sun 19 Sutra 261 Durmukha 5118	
Kumbha Rasi: 16.17	Tithi 5 – 6	Gulika 12:11PM – 1:17PM	Shatabhishak Until 12:36PM	Ganesha: Clear	<i>Sunrise:</i> 7:46AM		
		Yama 9:58AM – 11:04AM	Vyatipata* Until 1:17AM Wed	Muruga: White	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 36	
		899761366 Rahu 2:23PM – 3:29PM	Kaulava Until 10:59PM	Nataraja: Green		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 11:12AM	Moon – Purple		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 9:AM to12:PM	

Vinayaga Viratam Ends

6 Wednesday, January 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 20 Sutra 262 Durmukha 5118	
Kumbha Rasi: 29.33	Tithi 6 – 7	Gulika 11:05AM – 12:11PM	Purvaproshtapada* Until 12:44PM	Ganesha: Red	<i>Sunrise:</i> 7:46AM		
		Yama 8:52AM – 9:59AM	Variyan Until 11:21PM	Muruga: White	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 36	
		819761366 Rahu 12:11PM – 1:17PM	Gara Until 10:09PM	Nataraja: Green		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 10:36AM	Moon – Clear		Bhuloka Day	
Until 12:44PM				Pausha-Markali		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

Retreat Star Thursday, January 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy Sun 21 Sutra 263 Durmukha 5118	
Meena Rasi: 13.05	Tithi 7 – 8	Gulika 9:59AM – 11:05AM	Uttaraproshtapada Until 12:14PM	Ganesha: Red	<i>Sunrise:</i> 7:46AM		
		Yama 7:46AM – 8:52AM	Parigha* Until 9:02PM	Muruga: White	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 36	
		819761366 Rahu 1:18PM – 2:24PM	Visti Until 8:48PM	Nataraja: Green		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 9:31AM	Moon – Clear		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 9:AM to12:PM	

Subramuniyaswami Jayanti

Retreat Star Friday, January 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy Sun 22 Sutra 264 Durmukha 5118	
Meena Rasi: 26.56	Tithi 8 – 9	Gulika 8:52AM – 9:59AM	Revati Until 11:05AM	Ganesha: Red	<i>Sunrise:</i> 7:46AM		
		Yama 2:25PM – 3:32PM	Shiva Until 6:20PM	Muruga: White	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 36	
		819761366 Rahu 11:05AM – 12:12PM	Balava Until 6:58PM	Nataraja: Green		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 7:55AM	Moon – Clear		Bhuloka Day	
Until 11:05AM				Pausha-Markali		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Mesha Rasi: 11.04		Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 265		Durmukha 5118	
Tihti 10		Gulika 7:46AM – 8:52AM	Ashvini Until 9:47AM	Ganesha: Blue	<i>Sunrise:</i> 7:46AM				
829761366		Yama 1:19PM – 2:26PM	Siddha Until 3:15PM	Muruga: White	<i>Sunset:</i> 4:39PM	Moon 12 - Phase 37			
Creative Work Siddha Yoga		Rahu 9:59AM – 11:06AM	Taitila Until 4:41PM	Nataraja: Green			4th Phase		
			Dashami Until 3:22AM Sun	Moon – White			Devaloka Day		
				Pausha-Markali					

2		Sunday, January 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Mesha Rasi: 25.29		Bharani/Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 266		Durmukha 5118	
Tihti 11		Gulika 2:27PM – 3:33PM	Bharani Until 7:55AM	Ganesha: Blue	<i>Sunrise:</i> 7:45AM				
829761366		Yama 12:13PM – 1:20PM	Sadhya Until 11:52AM	Muruga: White	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 37			
Routine Work Prabalarishta Yoga		Rahu 3:33PM – 4:40PM	Vanija Until 2:01PM	Nataraja: Green			4th Phase		
Until 7:55AM			Ekadashi Until 12:33AM Mon	Moon – White			Devaloka Day		
Then Creative Work - Siddha Yoga		Vaikuntha Ekadasi		Pausha-Markali					

3		Monday, January 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Vrishabha Rasi: 10.08		Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 267		Durmukha 5118	
Tihti 12		Gulika 1:20PM – 2:27PM	Rohini Until 3:25AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 7:45AM				
839761366		Yama 11:06AM – 12:13PM	Subha Until 8:16AM	Muruga: White	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 37			
Family Home Evening		Rahu 8:52AM – 9:59AM	Bava Until 11:04AM	Nataraja: Green			4th Phase		
Creative Work Amrita Yoga			Dvadashi Until 9:31PM	Moon – Yellow			Bhuloka Day		
Until 3:25AM Tue				Pausha-Markali			Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga									

4		Tuesday, January 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Vrishabha Rasi: 24.55		Mrigashira Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 268		Durmukha 5118	
Tihti 13		Gulika 12:14PM – 1:21PM	Mrigashira Until 1:02AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:45AM				
831761366		Yama 9:59AM – 11:06AM	Brahma Until 12:44AM Wed	Muruga: White	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 37			
Creative Work Siddha Yoga		Rahu 2:28PM – 3:35PM	Kaulava Until 7:59AM	Nataraja: Green			4th Phase		
			Trayodashi Until 6:25PM	Moon – Yellow			Bhuloka Day		
			<i>Pradosha Vrata</i>	Pausha-Markali			Devaloka Time: 9:AM to12:PM		

5		Wednesday, January 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Mithuna Rasi: 9.43		Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 269		Durmukha 5118	
Tihti 14 – 15		Gulika 11:07AM – 12:14PM	Ardra Until 10:39PM	Ganesha: Clear	<i>Sunrise:</i> 7:44AM				
831761366		Yama 8:52AM – 9:59AM	Indra Until 9:05PM	Muruga: White	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 37			
Creative Work Siddha Yoga		Rahu 12:14PM – 1:22PM	Visti Until 1:58AM Thu	Nataraja: Green			4th Phase		
			Chaturdashi* Until 3:23PM	Moon – Yellow			Bhuloka Day		
				Pausha-Markali			Devaloka Time: 9:AM to12:PM		
		Ardra Darshanam							

○		Thursday, January 12, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Copper Retreat Star		Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 270		Durmukha 5118	
Mithuna Rasi: 24.23		Gulika 9:59AM – 11:07AM	Punarvasu Until 8:49PM	Ganesha: White	<i>Sunrise:</i> 7:44AM				
Tihti 15 – 16		Yama 7:44AM – 8:52AM	Vaidhriti* Until 5:37PM	Muruga: White	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 37			
841761366		Rahu 1:22PM – 2:30PM	Balava Until 11:20PM	Nataraja: Green			Purnima		
Creative Work Amrita Yoga			Purnima* Until 12:35PM	Moon – Blue			Devaloka Day		
				Pausha-Markali					

Friday, January 13, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Kataka Rasi: 8.49		Pushya Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29		Sutra 271		Durmukha 5118	
Tihti 16 – 17		Gulika 8:51AM – 9:59AM	Pushya Until 7:18PM	Ganesha: White	<i>Sunrise:</i> 7:44AM				
841761366		Yama 2:31PM – 3:38PM	Vishkambha* Until 2:31PM	Muruga: White	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 37			
Routine Work Marana Yoga		Rahu 11:07AM – 12:15PM	Taitila Until 9:11PM	Nataraja: Green			Prathama		
			Prathama* Until 10:10AM	Moon – Blue			Devaloka Day		
				Pausha-Markali					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Saturday, January 14, 2017

Gold Retreat Star

Kataka Rasi: 22.53 Tihi 17 - 18

Routine Work Marana Yoga
Until 6:14PM

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Pritii/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:43AM - 8:51AM
Yama 1:23PM - 2:31PM
Rahu 9:59AM - 11:07AM

Thai Pongal

Ashlesha* Until 6:14PM
Priti Until 11:53AM
Vanija Until 7:39PM
Dvitiya Until 8:18AM

Ganesha: White
Muruga: White
Nataraja: Green
Moon - Blue
Pausha*Thai

Sunrise: 7:43AM
Sunset: 4:47PM

Devaloka Day

Trieste, Italy
Sun 1 Sutra 272
Durmukha 5118
Moon 1 - Phase 38
1st Phase

1

Sunday, January 15, 2017

Simha Rasi: 6.34 Tihi 18 - 19

Routine Work Marana Yoga
Until 6:10PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:32PM - 3:40PM
Yama 12:16PM - 1:24PM
Rahu 3:40PM - 4:49PM

Thai Pongal

Magha* Until 6:10PM
Ayushman Until 9:48AM
Bava Until 6:51PM
Tritiya Until 7:08AM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon - Red
Pausha*Thai

Sunrise: 7:43AM
Sunset: 4:49PM

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Trieste, Italy
Sun 2 Sutra 273
Durmukha 5118
Moon 1 - Phase 38
1st Phase

2

Monday, January 16, 2017

Simha Rasi: 19.47 Tihi 19 - 20

Family Home Evening
Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:25PM - 2:33PM
Yama 11:08AM - 12:16PM
Rahu 8:51AM - 9:59AM

Thai Pongal

Purvaphalguni Until 6:45PM
Saubhagya Until 8:20AM
Kaulava Until 6:52PM
Chaturthi* Until 6:44AM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon - Red
Pausha*Thai

Sunrise: 7:42AM
Sunset: 4:50PM

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Trieste, Italy
Sun 3 Sutra 274
Durmukha 5118
Moon 1 - Phase 38
1st Phase

3

Tuesday, January 17, 2017

Kanya Rasi: 2.37 Tihi 20 - 21

Creative Work Amrita Yoga
Until 7:57PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 12:16PM - 1:25PM
Yama 9:59AM - 11:08AM
Rahu 2:34PM - 3:43PM

Thai Pongal

Uttaraphalguni Until 7:57PM
Sobhana Until 7:30AM
Gara Until 7:41PM
Panchami Until 7:09AM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon - Red
Pausha*Thai

Sunrise: 7:41AM
Sunset: 4:51PM

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Trieste, Italy
Sun 4 Sutra 275
Durmukha 5118
Moon 1 - Phase 38
1st Phase

4

Wednesday, January 18, 2017

Kanya Rasi: 15.05 Tihi 21 - 22

Routine Work Marana Yoga
Until 10:08PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 11:08AM - 12:17PM
Yama 8:50AM - 9:59AM
Rahu 12:17PM - 1:26PM

Thai Pongal

Hasta Until 10:08PM
Athiganda* Until 7:15AM
Visti Until 9:13PM
Shashthi* Until 8:21AM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:41AM
Sunset: 4:53PM

Devaloka Day

Trieste, Italy
Sun 5 Sutra 276
Durmukha 5118
Moon 1 - Phase 38
1st Phase

5

Thursday, January 19, 2017

Retreat Star

Kanya Rasi: 27.17 Tihi 22 - 23

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 9:59AM - 11:08AM
Yama 7:40AM - 8:49AM
Rahu 1:26PM - 2:35PM

Thai Pongal

Chitra Until 12:42AM Fri
Sukarma Until 7:29AM
Balava Until 11:18PM
Saptami Until 10:11AM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:40AM
Sunset: 4:54PM

Devaloka Day

Trieste, Italy
Sun 6 Sutra 277
Durmukha 5118
Moon 1 - Phase 38
Ashtami

Friday, January 20, 2017

Retreat Star

Tula Rasi: 9.17 Tihi 23 - 24

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:49AM - 9:58AM
Yama 2:36PM - 3:46PM
Rahu 11:08AM - 12:17PM

Thai Pongal

Svati Until 3:24AM Sat
Dhriti Until 8:05AM
Taitila Until 1:43AM Sat
Ashtami* Until 12:28PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:39AM
Sunset: 4:55PM

Devaloka Day

Trieste, Italy
Sun 7 Sutra 278
Durmukha 5118
Moon 1 - Phase 38
Navami

1		Saturday, January 21, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Tula Rasi: 21.11		Tihti 24 – 25		872761366		Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 279	
Creative Work		Siddha Yoga		872761366		Gulika 7:39AM – 8:48AM		Vishakha Until 6:31AM Sun	
Until 6:31AM Sun		Then Routine Work - Marana Yoga		872761366		Yama 1:27PM – 2:37PM		Shula* Until 8:52AM	
				872761366		Rahu 9:58AM – 11:08AM		Vanija Until 4:16AM Sun	
								Navami* Until 2:58PM	
								Ganesha: Blue Sunrise: 7:39AM	
								Muruga: White Sunset: 4:57PM	
								Nataraja: Green Moon – Orange	
								Pausha*Thai	
								Bhuloka Day	

2		Sunday, January 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 3.04		Tihti 25 – 26		872761366		Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 280	
Routine Work		Marana Yoga		872761366		Gulika 2:38PM – 3:48PM		Vishakha Until 6:31AM	
				872761366		Yama 12:18PM – 1:28PM		Ganda* Until 9:41AM	
				872761366		Rahu 3:48PM – 4:58PM		Bava Until 6:42AM Mon	
								Dashami Until 5:29PM	
								Ganesha: Blue Sunrise: 7:38AM	
								Muruga: White Sunset: 4:58PM	
								Nataraja: Green Moon – Orange	
								Pausha*Thai	
								Bhuloka Day	

3		Monday, January 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 14.58		Tihti 26		872861366		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 281	
Family Home Evening		Creative Work		872861366		Gulika 1:28PM – 2:39PM		Anuradha Until 9:23AM	
Siddha Yoga				872861366		Yama 11:08AM – 12:18PM		Vriddhi Until 10:26AM	
				872861366		Rahu 8:47AM – 9:58AM		Bava Until 6:42AM	
								Ekadashi* Until 7:49PM	
								Ganesha: Red Sunrise: 7:37AM	
								Muruga: White Sunset: 4:59PM	
								Nataraja: Green Moon – Orange	
								Pausha*Thai	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

4		Tuesday, January 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 26.59		Tihti 27		972861366		Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 282	
Routine Work		Marana Yoga		972861366		Gulika 12:18PM – 1:29PM		Jyeshtha* Until 11:49AM	
Until 11:49AM		Then Creative Work - Amrita Yoga		972861366		Yama 9:57AM – 11:08AM		Dhruva Until 10:57AM	
				972861366		Rahu 2:40PM – 3:50PM		Kaulava Until 8:54AM	
								Dvadashi* Until 9:50PM	
								Ganesha: Blue Sunrise: 7:36AM	
								Muruga: White Sunset: 5:01PM	
								Nataraja: Green Moon – Orange	
								Pausha*Thai	
								Devaloka Day	

5		Wednesday, January 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 9.08		Tihti 28		982861366		Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 283	
Routine Work		Marana Yoga		982861366		Gulika 11:08AM – 12:19PM		Mula* Until 2:12PM	
Until 2:12PM		Then Creative Work - Amrita Yoga		982861366		Yama 8:46AM – 9:57AM		Vyaghata* Until 11:11AM	
				982861366		Rahu 12:19PM – 1:30PM		Gara Until 10:42AM	
								Trayodashi* Until 11:25PM	
								Pradosha Vrata (Fasting)	
								Ganesha: Red Sunrise: 7:35AM	
								Muruga: White Sunset: 5:02PM	
								Nataraja: Green Moon – Light Blue	
								Pausha*Thai	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

6		Thursday, January 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 21.28		Tihti 29		982861366		Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 284	
Creative Work		Siddha Yoga		982861366		Gulika 9:57AM – 11:08AM		Purvashadha* Until 3:59PM	
Until 3:59PM		Then Routine Work - Marana Yoga		982861366		Yama 7:34AM – 8:45AM		Harshana Until 11:06AM	
				982861366		Rahu 1:30PM – 2:41PM		Visti Until 12:03PM	
								Chaturdashi* Until 12:31AM Fri	
								Ganesha: Red Sunrise: 7:34AM	
								Muruga: White Sunset: 5:04PM	
								Nataraja: Green Moon – Light Blue	
								Pausha*Thai	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

Retreat Star		Friday, January 27, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 4.01		Tihti 30		982861366		Uttarashadha*/Shravana Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 285	
Routine Work		Marana Yoga		982861366		Gulika 8:45AM – 9:56AM		Uttarashadha Until 5:08PM	
				982861366		Yama 2:42PM – 3:54PM		Vajra* Until 10:36AM	
				982861366		Rahu 11:08AM – 12:19PM		Catuspada Until 12:54PM	
								Amavasya* Until 1:07AM Sat	
								Ganesha: Red Sunrise: 7:33AM	
								Muruga: White Sunset: 5:05PM	
								Nataraja: Green Moon – Light Blue	
								Pausha*Thai	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

Retreat Star		Saturday, January 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 16.47		Tihti 1		992861366		Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 286	
Creative Work		Siddha Yoga		992861366		Gulika 7:32AM – 8:44AM		Shravana Until 6:07PM	
				992861366		Yama 1:31PM – 2:43PM		Siddhi Until 9:44AM	
				992861366		Rahu 9:56AM – 11:08AM		Kintughna Until 1:15PM	
								Prathama* Until 1:14AM Sun	
								Ganesha: Yellow Sunrise: 7:32AM	
								Muruga: White Sunset: 5:06PM	
								Nataraja: Green Moon – Purple	
								Magha*Thai	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

1 Sunday, January 29, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Makara Rasi: 29.47 Tithi 2		Dhanishtha Nakshatra Vyatipata* Varyayan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 287	
992861366		Gulika 2:44PM – 3:56PM	Dhanishtha Until 6:31PM	Ganesha: Yellow	<i>Sunrise:</i> 7:31AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 12:20PM – 1:32PM	Vyatipata* Until 8:31AM	Muruga: White	<i>Sunset:</i> 5:08PM	Moon 1 - Phase 40	
Until 6:31PM		Rahu 3:56PM – 5:08PM	Balava Until 1:08PM	Nataraja: Green	Moon – Purple		
Then Creative Work - Siddha Yoga		Dvitiya Until 12:54AM Mon			Magha-Thai	Bhuloka Day	
					Devaloka Time: 9:AM to 12:PM		

2 Monday, January 30, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy	
Kumbha Rasi: 13.01 Tithi 3		Shatabhishak Nakshatra Varyayan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 288	
992861366		Gulika 1:32PM – 2:44PM	Shatabhishak Until 6:22PM	Ganesha: Yellow	<i>Sunrise:</i> 7:30AM	Durmukha 5118	
Family Home Evening		Yama 11:07AM – 12:20PM	Variyan Until 6:57AM	Muruga: White	<i>Sunset:</i> 5:09PM	Moon 1 - Phase 40	
Creative Work Siddha Yoga		Rahu 8:43AM – 9:55AM	Tailila Until 12:36PM	Nataraja: Green	Moon – Purple		
Until 6:22PM		Tritiya Until 12:11AM Tue			Magha-Thai	Bhuloka Day	
Then Routine Work - Marana Yoga					Devaloka Time: 9:AM to 12:PM		

3 Tuesday, January 31, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Kumbha Rasi: 26.26 Tithi 4		Purvaprossthapada* Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18 Sutra 289	
912861366		Gulika 12:20PM – 1:33PM	Purvaprossthapada* Until 6:10PM	Ganesha: White	<i>Sunrise:</i> 7:29AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 9:54AM – 11:07AM	Shiva Until 3:01AM Wed	Muruga: White	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 40	
Until 6:10PM		Rahu 2:45PM – 3:58PM	Vanija Until 11:43AM	Nataraja: Green	Moon – Clear		
Then Creative Work - Amrita Yoga		Chaturthi* Until 11:08PM			Magha-Thai	Devaloka Day	

4 Wednesday, February 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Meena Rasi: 10.03 Tithi 5		Uttaraprossthapada/Revati Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 290	
912861366		Gulika 11:07AM – 12:20PM	Uttaraprossthapada Until 5:32PM	Ganesha: White	<i>Sunrise:</i> 7:29AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 8:42AM – 9:54AM	Siddha Until 12:40AM Thu	Muruga: White	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 40	
Until 5:32PM		Rahu 12:20PM – 1:33PM	Bava Until 10:30AM	Nataraja: Green	Moon – Clear		
Then Routine Work - Marana Yoga		Panchami Until 9:46PM			Magha-Thai	Devaloka Day	

5 Thursday, February 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Meena Rasi: 23.5 Tithi 6		Revati/Ashvini Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashtyayam Titau				Sun 20 Sutra 291	
912861366		Gulika 9:54AM – 11:07AM	Revati Until 4:29PM	Ganesha: White	<i>Sunrise:</i> 7:28AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 7:28AM – 8:41AM	Sadhya Until 10:08PM	Muruga: White	<i>Sunset:</i> 5:12PM	Moon 1 - Phase 40	
Until 4:29PM		Rahu 1:33PM – 2:46PM	Kaulava Until 9:01AM	Nataraja: Green	Moon – Clear		
Then Creative Work - Amrita Yoga		Shashti* Until 8:10PM			Magha-Thai	Devaloka Day	

6 Friday, February 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Mesha Rasi: 7.46 Tithi 7		Ashvini/Bharani Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 292	
923861367		Gulika 8:40AM – 9:53AM	Ashvini Until 3:29PM	Ganesha: White	<i>Sunrise:</i> 7:27AM	Durmukha 5118	
Creative Work Amrita Yoga		Yama 2:47PM – 4:00PM	Subha Until 7:25PM	Muruga: White	<i>Sunset:</i> 5:14PM	Moon 1 - Phase 40	
Until 3:29PM		Rahu 11:07AM – 12:20PM	Gara Until 7:17AM	Nataraja: White	Moon – White		
Then Creative Work - Siddha Yoga		Saptami Until 6:19PM			Magha-Thai	Bhuloka Day	

Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Mesha Rasi: 21.51 Tithi 8 – 9		Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 293	
923861367		Gulika 7:26AM – 8:39AM	Bharani Until 2:09PM	Ganesha: White	<i>Sunrise:</i> 7:26AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 1:34PM – 2:48PM	Sukla Until 4:32PM	Muruga: White	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 40	
Until 2:09PM		Rahu 9:53AM – 11:07AM	Balava Until 3:12AM Sun	Nataraja: White	Moon – White		
Then Creative Work - Amrita Yoga		Ashtami* Until 4:16PM			Magha-Thai	Bhuloka Day	


Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Vrisabha Rasi: 6.02 Tithi 9 – 10		Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Sun 23 Sutra 294	
923861367		Gulika 2:48PM – 4:02PM	Krittika Until 12:31PM	Ganesha: White	<i>Sunrise:</i> 7:24AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 12:20PM – 1:34PM	Brahma Until 1:32PM	Muruga: White	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 40	
		Rahu 4:02PM – 5:16PM	Tailila Until 12:56AM Mon	Nataraja: White	Moon – White		
		Navami* Until 2:04PM			Magha-Thai	Bhuloka Day	

1		Monday, February 6, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Vrisha Rasi: 20.19		Gulika 1:35PM – 2:49PM		Rohini Until 11:02AM		Ganesh: Clear		Sun 24 Sutra 295	
Family Home Evening		Yama 11:06AM – 12:20PM		Indra Until 10:26AM		Sunrise: 7:23AM		Durmukha 5118	
Creative Work Amrita Yoga		Rahu 8:37AM – 9:52AM		Vanija Until 10:35PM		Sunset: 5:18PM		Moon 1 - Phase 41	
				Dashami Until 11:44AM		Nataraja: White		4th Phase	
						Moon – Yellow		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	

2		Tuesday, February 7, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Mithuna Rasi: 4.38		Gulika 12:21PM – 1:35PM		Mrigashira Until 9:23AM		Ganesh: Clear		Sun 25 Sutra 296	
Creative Work Siddha Yoga		Yama 9:51AM – 11:06AM		Vaidhriti* Until 7:18AM		Sunrise: 7:22AM		Durmukha 5118	
Until 9:23AM		Rahu 2:50PM – 4:05PM		Bava Until 8:14PM		Sunset: 5:19PM		Moon 1 - Phase 41	
Then Routine Work - Marana Yoga				Ekadashi Until 9:23AM		Nataraja: White		4th Phase	
						Moon – Yellow		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	

3		Wednesday, February 8, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Mithuna Rasi: 18.56		Gulika 11:06AM – 12:21PM		Ardra Until 7:38AM		Ganesh: Clear		Sun 26 Sutra 297	
Creative Work Siddha Yoga		Yama 8:35AM – 9:51AM		Priti Until 1:13AM Thu		Sunrise: 7:20AM		Durmukha 5118	
		Rahu 12:21PM – 1:36PM		Taitila Until 4:54AM Thu		Sunset: 5:21PM		Moon 1 - Phase 41	
				Dvadashi Until 7:04AM		Nataraja: White		4th Phase	
						Moon – Yellow		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	
				Pradosha Vrata					

4		Thursday, February 9, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Kataka Rasi: 3.08		Gulika 9:50AM – 11:05AM		Punarvasu Until 6:19AM		Ganesh: Purple		Sun 27 Sutra 298	
Creative Work Amrita Yoga		Yama 7:19AM – 8:34AM		Ayushman Until 10:25PM		Sunrise: 7:19AM		Durmukha 5118	
		Rahu 1:36PM – 2:52PM		Gara Until 3:56PM		Sunset: 5:22PM		Moon 1 - Phase 41	
				Chaturdashi* Until 3:01AM Fri		Nataraja: White		4th Phase	
						Moon – Blue		Bhuloka Day	
						Magha-Thai			
				Thai Pusam					

		Friday, February 10, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Kataka Rasi: 17.09		Gulika 8:33AM – 9:49AM		Ashlesha* Until 4:13AM Sat		Ganesh: Purple		Sun 29 Sutra 299	
Routine Work Marana Yoga		Yama 2:52PM – 4:08PM		Saubhagya Until 7:55PM		Sunrise: 7:18AM		Durmukha 5118	
Until 4:13AM Sat		Rahu 11:05AM – 12:21PM		Visti Until 2:14PM		Sunset: 5:24PM		Moon 1 - Phase 41	
Then Creative Work - Amrita Yoga				Purnima* Until 1:31AM Sat		Nataraja: White		Purnima	
						Moon – Blue		Bhuloka Day	
						Magha-Thai			

5		Saturday, February 11, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Simha Rasi: 0.55		Gulika 7:16AM – 8:32AM		Magha* Until 4:06AM Sun		Ganesh: Clear		Sun 30 Sutra 300	
Creative Work Amrita Yoga		Yama 1:37PM – 2:53PM		Sobhana Until 5:50PM		Sunrise: 7:16AM		Durmukha 5118	
Until 4:06AM Sun		Rahu 9:49AM – 11:05AM		Balava Until 12:59PM		Sunset: 5:25PM		Moon 1 - Phase 41	
Then Creative Work - Siddha Yoga				Prathama* Until 12:32AM Sun		Nataraja: White		Prathama	
						Moon – Red		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	
		Penumbral Lunar Eclipse							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

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Sunday, February 12, 2017

Gold Retreat Star

Simha Rasi: 14.23 Tihti 17

953861367

Gulika 2:54PM – 4:10PM
Yama 12:21PM – 1:37PM
Rahu 4:10PM – 5:27PM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 301

Durmukha 5118

Moon 2 - Phase 42
 1st Phase

Purvaphalguni Until 4:26AM Mon
Athiganda* Until 4:10PM
Tailila Until 12:17PM
Dvitiya Until 12:09AM Mon

Ganesha: Clear *Sunrise:* 7:15AM
Muruga: White *Sunset:* 5:27PM
Nataraja: White
 Moon – Red
Magha-Masi

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

1

Monday, February 13, 2017

Simha Rasi: 27.3 Tihti 18

Family Home Evening

Creative Work Siddha Yoga

953861367

Gulika 1:38PM – 2:54PM
Yama 11:04AM – 12:21PM
Rahu 8:30AM – 9:47AM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
 Uttaraaphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 302

Durmukha 5118

Moon 2 - Phase 42
 1st Phase

Uttaraaphalguni Until 5:15AM Tue
Sukarma Until 3:01PM
Vanija Until 12:14PM
Tritiya Until 12:26AM Tue

Ganesha: Clear *Sunrise:* 7:13AM
Muruga: White *Sunset:* 5:28PM
Nataraja: White
 Moon – Red
Magha-Masi

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

2

Tuesday, February 14, 2017

Kanya Rasi: 10.18 Tihti 19

Creative Work Siddha Yoga

963861367

Gulika 12:21PM – 1:38PM
Yama 9:46AM – 11:04AM
Rahu 2:55PM – 4:12PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy

Sun 2 Sutra 303

Durmukha 5118

Moon 2 - Phase 42
 1st Phase

Hasta Until 7:01AM Wed
Dhriti Until 2:24PM
Bava Until 12:51PM
Chaturthi* Until 1:23AM Wed

Ganesha: White *Sunrise:* 7:12AM
Muruga: White *Sunset:* 5:30PM
Nataraja: White
 Moon – Green
Magha-Masi

Bhuloka Day

3

Wednesday, February 15, 2017

Kanya Rasi: 22.47 Tihti 20

Routine Work Marana Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

963861367

Gulika 11:03AM – 12:21PM
Yama 8:28AM – 9:46AM
Rahu 12:21PM – 1:38PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 304

Durmukha 5118

Moon 2 - Phase 42
 1st Phase

Hasta Until 7:01AM
Shula* Until 2:15PM
Kaulava Until 2:06PM
Panchami Until 2:56AM Thu

Ganesha: White *Sunrise:* 7:10AM
Muruga: White *Sunset:* 5:31PM
Nataraja: White
 Moon – Green
Magha-Masi

Bhuloka Day

4

Thursday, February 16, 2017

Tula Rasi: 5.02 Tihti 21

Creative Work Siddha Yoga

Until 9:12AM

Then Creative Work - Amrita Yoga

963961367

Gulika 9:45AM – 11:03AM
Yama 7:09AM – 8:27AM
Rahu 1:39PM – 2:57PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
 Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sun 4 Sutra 305

Durmukha 5118

Moon 2 - Phase 42
 1st Phase

Chitra Until 9:12AM
Ganda* Until 2:31PM
Gara Until 3:55PM
Shashthi* Until 4:58AM Fri

Ganesha: Yellow *Sunrise:* 7:09AM
Muruga: White *Sunset:* 5:32PM
Nataraja: White
 Moon – Green
Magha-Masi

Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

5

Friday, February 17, 2017

Tula Rasi: 17.06 Tihti 22

Creative Work Siddha Yoga

964961367

Gulika 8:26AM – 9:44AM
Yama 2:57PM – 4:16PM
Rahu 11:02AM – 12:21PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Visti* Karana Saptamyam Titau

Trieste, Italy

Sun 5 Sutra 306

Durmukha 5118

Moon 2 - Phase 42
 1st Phase

Svati Until 11:37AM
Vridhi Until 3:07PM
Visti Until 6:08PM
Saptami Until 7:18AM Sat

Ganesha: White *Sunrise:* 7:07AM
Muruga: White *Sunset:* 5:34PM
Nataraja: White
 Moon – Green
Magha-Masi

Bhuloka Day

D

Saturday, February 18, 2017

Retreat Star

Tula Rasi: 29.02 Tihti 22 – 23

Creative Work Siddha Yoga

974971367

Gulika 7:06AM – 8:25AM
Yama 1:39PM – 2:58PM
Rahu 9:43AM – 11:02AM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 6 Sutra 307

Durmukha 5118

Moon 2 - Phase 42
 Ashtami

Vishakha Until 2:38PM
Dhruva Until 3:52PM
Balava Until 8:33PM
Saptami Until 7:18AM

Ganesha: Yellow *Sunrise:* 7:06AM
Muruga: Yellow *Sunset:* 5:35PM
Nataraja: White
 Moon – Orange
Magha-Masi

Devaloka Day

Sunday, February 19, 2017

Retreat Star

Vrischika Rasi: 10.56 Tihti 23 – 24

Routine Work Marana Yoga

974971367

Gulika 2:59PM – 4:18PM
Yama 12:21PM – 1:40PM
Rahu 4:18PM – 5:37PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sun 7 Sutra 308

Durmukha 5118

Moon 2 - Phase 42
 Navami

Anuradha Until 5:32PM
Vyaghata* Until 4:40PM
Tailila Until 10:59PM
Ashtami* Until 9:46AM

Ganesha: Yellow *Sunrise:* 7:04AM
Muruga: Yellow *Sunset:* 5:37PM
Nataraja: White
 Moon – Orange
Magha-Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1		Monday, February 20, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 22.51		Tithi 24 – 25		Jyeshtha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 309	
Family Home Evening		984971367		Gulika	1:40PM – 2:59PM	Jyeshtha* Until 8:07PM	Ganesha: Yellow	<i>Sunrise: 7:03AM</i>	Durmukha 5118
Creative Work Siddha Yoga				Yama	11:01AM – 12:20PM	Harshana Until 5:22PM	Muruga: Yellow	<i>Sunset: 5:38PM</i>	Moon 2 - Phase 43
				Rahu	8:22AM – 9:42AM	Vanija Until 1:14AM Tue	Nataraja: White	Moon – Orange	
						Navami* Until 12:07PM	Magha-Masi	Devaloka Day	

2		Tuesday, February 21, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 4.52		Tithi 25 – 26		Mula* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 310	
Creative Work Amrita Yoga		984971367		Gulika	12:20PM – 1:40PM	Mula* Until 10:42PM	Ganesha: Blue	<i>Sunrise: 7:01AM</i>	Durmukha 5118
Until 10:42PM				Yama	9:41AM – 11:01AM	Vajra* Until 5:48PM	Muruga: Yellow	<i>Sunset: 5:40PM</i>	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				Rahu	3:00PM – 4:20PM	Bava Until 3:05AM Wed	Nataraja: White	Moon – Light Blue	
						Dashami Until 2:12PM	Magha-Masi	Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

3		Wednesday, February 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 17.02		Tithi 26 – 27		Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 311	
Creative Work Amrita Yoga		984971367		Gulika	11:00AM – 12:20PM	Purvashadha* Until 12:38AM Thu	Ganesha: Blue	<i>Sunrise: 6:59AM</i>	Durmukha 5118
Until 12:38AM Thu				Yama	8:20AM – 9:40AM	Siddhi Until 5:52PM	Muruga: Yellow	<i>Sunset: 5:41PM</i>	Moon 2 - Phase 43
Then Routine Work - Marana Yoga				Rahu	12:20PM – 1:40PM	Kaulava Until 4:24AM Thu	Nataraja: White	Moon – Light Blue	
						Ekadashi* Until 3:48PM	Magha-Masi	Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

4		Thursday, February 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 29.27		Tithi 27 – 28		Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 312	
Routine Work Marana Yoga		984971367		Gulika	9:39AM – 11:00AM	Uttarashadha Until 1:49AM Fri	Ganesha: Blue	<i>Sunrise: 6:58AM</i>	Durmukha 5118
				Yama	6:58AM – 8:18AM	Vyatipata* Until 5:31PM	Muruga: Yellow	<i>Sunset: 5:42PM</i>	Moon 2 - Phase 43
				Rahu	1:41PM – 3:01PM	Gara Until 5:05AM Fri	Nataraja: White	Moon – Light Blue	
						Dvadashi* Until 4:48PM	Magha-Masi	Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	
								<i>Pradosha Vrata (Fasting)</i>	

5		Friday, February 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 12.08		Tithi 28 – 29		Shravana Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 313	
Routine Work Marana Yoga		994971367		Gulika	8:17AM – 9:38AM	Shravana Until 2:41AM Sat	Ganesha: Blue	<i>Sunrise: 6:56AM</i>	Durmukha 5118
Until 2:41AM Sat				Yama	3:02PM – 4:23PM	Varyan Until 4:38PM	Muruga: Yellow	<i>Sunset: 5:44PM</i>	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				Rahu	10:59AM – 12:20PM	Visti Until 5:07AM Sat	Nataraja: White	Moon – Purple	
						Trayodashi* Until 5:10PM	Magha-Masi	Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	
								Mahasivaratri (Lunar)	
								Mahasivaratri (Solar)	

6		Saturday, February 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 25.08		Tithi 29 – 30		Dhanishtha Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 314	
Creative Work Siddha Yoga		994971367		Gulika	6:54AM – 8:16AM	Dhanishtha Until 2:46AM Sun	Ganesha: Blue	<i>Sunrise: 6:54AM</i>	Durmukha 5118
				Yama	1:41PM – 3:03PM	Parigha* Until 3:15PM	Muruga: Yellow	<i>Sunset: 5:45PM</i>	Moon 2 - Phase 43
				Rahu	9:37AM – 10:59AM	Catuspada Until 4:31AM Sun	Nataraja: White	Moon – Purple	
						Chaturdashi* Until 4:53PM	Magha-Masi	Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

Retreat Star		Sunday, February 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 8.28		Tithi 30 – 1		Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 315	
Creative Work Siddha Yoga		994971367		Gulika	3:03PM – 4:25PM	Shatabhishak Until 2:09AM Mon	Ganesha: Blue	<i>Sunrise: 6:53AM</i>	Durmukha 5118
Until 2:09AM Mon				Yama	12:20PM – 1:41PM	Shiva Until 1:25PM	Muruga: Yellow	<i>Sunset: 5:47PM</i>	Moon 2 - Phase 43
Then Routine Work - Marana Yoga				Rahu	4:25PM – 5:47PM	Kintughna Until 3:22AM Mon	Nataraja: White	Moon – Purple	
						Amavasya* Until 3:59PM	Magha-Masi	Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	
								Annular Solar Eclipse	

Retreat Star		Monday, February 27, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 22.07		Tithi 1 – 2		Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 316	
Family Home Evening		914971367		Gulika	1:42PM – 3:04PM	Purvaproshtapada* Until 1:23AM Tue	Ganesha: Yellow	<i>Sunrise: 6:51AM</i>	Durmukha 5118
Routine Work Marana Yoga				Yama	10:57AM – 12:20PM	Siddha Until 11:09AM	Muruga: Yellow	<i>Sunset: 5:48PM</i>	Moon 2 - Phase 43
Until 1:23AM Tue				Rahu	8:13AM – 9:35AM	Balava Until 1:45AM Tue	Nataraja: White	Moon – Clear	
Then Creative Work - Amrita Yoga						Prathama* Until 2:35PM	Phalguna-Masi	Devaloka Day	

1		Tuesday, March 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Mithuna Rasi: 15.14		Tihti 10		Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 324	
Routine Work		Marana Yoga		Gulika 10:18PM – 1:43PM		Ardra Until 2:02PM		Ganesha: White Sunrise: 6:35AM	
Until 2:02PM		135971367		Yama 9:26AM – 10:52AM		Ayushman Until 9:15AM		Muruga: Yellow Sunset: 6:00PM	
Then Creative Work - Siddha Yoga		Rahu 3:09PM – 4:35PM		Taitila Until 8:45AM		Nataraja: White		Moon 2 - Phase 45	
				Dashami Until 7:54PM		Moon – Yellow		Sivaloka Day	
						Phalgun-Masi			

2		Wednesday, March 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Mithuna Rasi: 29.07		Tihti 11		Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 325	
Creative Work		Siddha Yoga		Gulika 10:51AM – 12:17PM		Punarvasu Until 1:20PM		Ganesha: Clear Sunrise: 6:33AM	
Until 12:45PM		145971367		Yama 7:59AM – 9:25AM		Saubhagya Until 6:47AM		Muruga: Yellow Sunset: 6:02PM	
Then Creative Work - Siddha Yoga		Rahu 12:17PM – 1:44PM		Vanija Until 7:09AM		Nataraja: White		Moon 2 - Phase 45	
				Ekadashi Until 6:25PM		Moon – Blue		Devaloka Day	
						Phalgun-Masi			

3		Thursday, March 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Kataka Rasi: 12.5		Tihti 12 – 13		Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25		Sutra 326	
Creative Work		Amrita Yoga		Gulika 9:24AM – 10:51AM		Pushya Until 12:45PM		Ganesha: Clear Sunrise: 6:31AM	
Until 12:45PM		145971367		Yama 6:31AM – 7:58AM		Athiganda* Until 2:30AM Fri		Muruga: Yellow Sunset: 6:03PM	
Then Creative Work - Siddha Yoga		Rahu 1:44PM – 3:10PM		Kaulava Until 4:46AM Fri		Nataraja: White		Moon 2 - Phase 45	
				Dvadashi Until 5:13PM		Moon – Blue		Devaloka Day	
						Pradosha Vrata			
						Phalgun-Masi			

4		Friday, March 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Kataka Rasi: 26.22		Tihti 13 – 14		Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26		Sutra 327	
Routine Work		Marana Yoga		Gulika 7:56AM – 9:23AM		Ashlesha* Until 12:20PM		Ganesha: Clear Sunrise: 6:30AM	
Until 12:45PM		145971367		Yama 3:11PM – 4:38PM		Sukarma Until 12:47AM Sat		Muruga: Yellow Sunset: 6:04PM	
Then Creative Work - Siddha Yoga		Rahu 10:50AM – 12:17PM		Gara Until 4:06AM Sat		Nataraja: White		Moon 2 - Phase 45	
				Trayodashi Until 4:22PM		Moon – Blue		Devaloka Day	
						Phalgun-Masi			

5		Saturday, March 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Simha Rasi: 9.41		Tihti 14 – 15		Magha*/Purvaphalguni Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 328	
Creative Work		Amrita Yoga		Gulika 6:28AM – 7:55AM		Magha* Until 12:36PM		Ganesha: Clear Sunrise: 6:28AM	
Until 12:36PM		156971367		Yama 1:44PM – 3:11PM		Dhriti Until 11:24PM		Muruga: Yellow Sunset: 6:06PM	
Then Creative Work - Siddha Yoga		Rahu 9:22AM – 10:49AM		Visti Until 3:51AM Sun		Nataraja: White		Moon 2 - Phase 45	
				Chidambaram Abhishekam		Moon – Red		Devaloka Day	
				Chaturdashi* Until 3:54PM		Phalgun-Masi			

0		Sunday, March 12, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Simha Rasi: 22.48		Tihti 15 – 16		Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 329	
Creative Work		Siddha Yoga		Gulika 3:12PM – 4:39PM		Purvaphalguni Until 1:09PM		Ganesha: Clear Sunrise: 6:26AM	
Until 1:09PM		156971367		Yama 12:16PM – 1:44PM		Shula* Until 10:21PM		Muruga: Yellow Sunset: 6:07PM	
Then Creative Work - Amrita Yoga		Rahu 4:39PM – 6:07PM		Balava Until 4:05AM Mon		Nataraja: White		Moon 2 - Phase 45	
				Purnima* Until 3:53PM		Moon – Red		Devaloka Day	
				Holi		Phalgun-Masi			

Monday, March 13, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Kanya Rasi: 5.4		Tihti 16 – 17		Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29		Sutra 330	
Family Home Evening		156171367		Gulika 1:44PM – 3:12PM		Uttaraphalguni Until 2:01PM		Ganesha: Clear Sunrise: 6:24AM	
Creative Work		Siddha Yoga		Yama 10:48AM – 12:16PM		Ganda* Until 9:42PM		Muruga: Yellow Sunset: 6:08PM	
				Rahu 7:52AM – 9:20AM		Taitila Until 4:49AM Tue		Nataraja: White	
						Prathama* Until 4:22PM		Moon – Red	
						Phalgun-Masi		Devaloka Day	



Tuesday, March 14, 2017

Gold Retreat Star

Kanya Rasi: 18.17 Tihti 17 - 18

Creative Work Siddha Yoga

166171368

Gulika 12:16PM - 1:44PM
Yama 9:19AM - 10:47AM
Rahu 3:13PM - 4:41PM

Karadaiyan Nombu (Tamil Nadu)

Hasta Until 3:41PM
Vridhhi Until 9:27PM
Vanija Until 6:03AM Wed
Dvitiya Until 5:21PM

Ganesh: Purple *Sunrise:* 6:22AM
Muruga: Yellow *Sunset:* 6:10PM
Nataraja: White
Moon - Green

Phalguna-Panguni **Bhuloka Day**
Devaloka Time: 12:PM to 3:PM

Trieste, Italy
Sun 1 Sutra 331
Durmukha 5118
Moon 3 - Phase 46
1st Phase

1

Wednesday, March 15, 2017

Tula Rasi: 0.41 Tihti 18

Creative Work Siddha Yoga

166171368

Gulika 10:47AM - 12:16PM
Yama 7:49AM - 9:18AM
Rahu 12:16PM - 1:45PM

Karadaiyan Nombu (Tamil Nadu)

Chitra Until 5:40PM
Dhruva Until 9:33PM
Vanija Until 6:03AM
Tritiya Until 6:49PM

Ganesh: Purple *Sunrise:* 6:20AM
Muruga: Yellow *Sunset:* 6:11PM
Nataraja: Clear
Moon - Green

Phalguna-Panguni **Devaloka Day**

Trieste, Italy
Sun 2 Sutra 332
Durmukha 5118
Moon 3 - Phase 46
1st Phase

2

Thursday, March 16, 2017

Tula Rasi: 12.55 Tihti 19

Creative Work Amrita Yoga
Until 7:54PM
Then Creative Work - Siddha Yoga

166171368

Gulika 9:17AM - 10:46AM
Yama 6:18AM - 7:48AM
Rahu 1:45PM - 3:14PM

Karadaiyan Nombu (Tamil Nadu)

Svati Until 7:54PM
Vyaghata* Until 9:58PM
Bava Until 7:44AM
Chaturthi* Until 8:42PM

Ganesh: Purple *Sunrise:* 6:18AM
Muruga: Yellow *Sunset:* 6:12PM
Nataraja: Clear
Moon - Green

Phalguna-Panguni **Devaloka Day**

Trieste, Italy
Sun 3 Sutra 333
Durmukha 5118
Moon 3 - Phase 46
1st Phase

3

Friday, March 17, 2017

Tula Rasi: 24.58 Tihti 20

Creative Work Siddha Yoga

176171368

Gulika 7:46AM - 9:16AM
Yama 3:14PM - 4:44PM
Rahu 10:45AM - 12:15PM

Karadaiyan Nombu (Tamil Nadu)

Vishakha Until 10:46PM
Harshana Until 10:39PM
Kaulava Until 9:48AM
Panchami Until 10:56PM

Ganesh: Clear *Sunrise:* 6:16AM
Muruga: Yellow *Sunset:* 6:14PM
Nataraja: Clear
Moon - Orange

Phalguna-Panguni **Sivaloka Day**

Trieste, Italy
Sun 4 Sutra 334
Durmukha 5118
Moon 3 - Phase 46
1st Phase

4

Saturday, March 18, 2017

Vrischika Rasi: 6.55 Tihti 21

Creative Work Siddha Yoga
Until 1:39AM Sun
Then Routine Work - Marana Yoga

177171368

Gulika 6:15AM - 7:45AM
Yama 1:45PM - 3:15PM
Rahu 9:15AM - 10:45AM

Karadaiyan Nombu (Tamil Nadu)

Anuradha Until 1:39AM Sun
Vajra* Until 11:27PM
Gara Until 12:08PM
Shashthi* Until 1:20AM Sun

Ganesh: Purple *Sunrise:* 6:15AM
Muruga: Yellow *Sunset:* 6:15PM
Nataraja: Clear
Moon - Orange

Phalguna-Panguni **Subha Sivaloka Day**

Trieste, Italy
Sun 5 Sutra 335
Durmukha 5118
Moon 3 - Phase 46
1st Phase

5

Sunday, March 19, 2017

Vrischika Rasi: 18.49 Tihti 22

Routine Work Marana Yoga
Until 4:22AM Mon
Then Creative Work - Siddha Yoga

177171368

Gulika 3:15PM - 4:46PM
Yama 12:15PM - 1:45PM
Rahu 4:46PM - 6:16PM

Karadaiyan Nombu (Tamil Nadu)

Jyeshtha* Until 4:22AM Mon
Siddhi Until 12:16AM Mon
Visti Until 2:34PM
Saptami Until 3:44AM Mon

Ganesh: Purple *Sunrise:* 6:13AM
Muruga: Yellow *Sunset:* 6:16PM
Nataraja: Clear
Moon - Orange

Phalguna-Panguni **Subha Sivaloka Day**

Trieste, Italy
Sun 6 Sutra 336
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Monday, March 20, 2017

Retreat Star

Dhanus Rasi: 0.43 Tihti 23

Family Home Evening
Creative Work Siddha Yoga

187171368

Gulika 1:45PM - 3:16PM
Yama 10:43AM - 12:14PM
Rahu 7:42AM - 9:12AM

Karadaiyan Nombu (Tamil Nadu)

Mula* Until 7:14AM Tue
Vyatipata* Until 1:00AM Tue
Balava Until 4:54PM
Ashtami* Until 5:57AM Tue

Ganesh: Clear *Sunrise:* 6:11AM
Muruga: Yellow *Sunset:* 6:18PM
Nataraja: Clear
Moon - Light Blue

Phalguna-Panguni **Sivaloka Day**

Trieste, Italy
Sun 7 Sutra 337
Durmukha 5118
Moon 3 - Phase 46
Ashtami

Tuesday, March 21, 2017

Retreat Star

Dhanus Rasi: 12.42 Tihti 24

Creative Work Amrita Yoga
Until 7:14AM
Then Creative Work - Siddha Yoga

187171368

Gulika 12:14PM - 1:45PM
Yama 9:11AM - 10:43AM
Rahu 3:16PM - 4:48PM

Karadaiyan Nombu (Tamil Nadu)

Mula* Until 7:14AM
Variyan Until 1:24AM Wed
Taitila Until 6:56PM
Navami* Until 7:45AM Wed

Ganesh: Clear *Sunrise:* 6:09AM
Muruga: Yellow *Sunset:* 6:19PM
Nataraja: Clear
Moon - Light Blue

Phalguna-Panguni **Sivaloka Day**

Trieste, Italy
Sun 8 Sutra 338
Durmukha 5118
Moon 3 - Phase 46
Navami

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 22, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 24.5		Tithi 24 – 25		Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9 Sutra 339	
Creative Work		Amrita Yoga		Gulika 10:42AM – 12:14PM		Durumukha 5118	
		187171368		Purvashadha* Until 9:32AM		Moon 3 - Phase 47	
		Rahu		Parigha* Until 1:25AM Thu		2nd Phase	
				Vanija Until 8:28PM		Sivaloka Day	
				Navami* Until 7:45AM		Phalguna•Panguni	

2		Thursday, March 23, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 7.14		Tithi 25 – 26		Uttarashadha*/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 340	
Routine Work		Marana Yoga		Gulika 9:09AM – 10:41AM		Durumukha 5118	
Until 11:06AM		187171368		Uttarashadha* Until 11:06AM		Moon 3 - Phase 47	
Then Creative Work - Siddha Yoga		Rahu		Shiva Until 12:54AM Fri		2nd Phase	
				Bava Until 9:19PM		Sivaloka Day	
				Dashami Until 8:57AM		Phalguna•Panguni	

3		Friday, March 24, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 19.57		Tithi 26 – 27		Shravana*/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Sun 11 Sutra 341	
Routine Work		Marana Yoga		Gulika 7:36AM – 9:08AM		Durumukha 5118	
Until 12:15PM		197171368		Shravana* Until 12:15PM		Moon 3 - Phase 47	
Then Creative Work - Siddha Yoga		Rahu		Siddha Until 11:45PM		2nd Phase	
				Kaulava Until 9:23PM		Subha Sivaloka Day	
				Ekadashi* Until 9:26AM		Phalguna•Panguni	

4		Saturday, March 25, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 3.03		Tithi 27 – 28		Shatabhishak*/Shatabhishak Nakshatra Sadhya Yoga Taltila/Gara Karana Dvodashi/Trayodashyam Titau		Sun 12 Sutra 342	
Creative Work		Siddha Yoga		Gulika 6:01AM – 7:34AM		Durumukha 5118	
Until 12:29PM		198171368		Dhanishtha Until 12:29PM		Moon 3 - Phase 47	
Then Creative Work - Amrita Yoga		Rahu		Sadhya Until 10:00PM		2nd Phase	
				Gara Until 8:40PM		Sivaloka Day	
				Dvodashi* Until 9:06AM		Phalguna•Panguni	
				Pradosha Vrata (Fasting)			

5		Sunday, March 26, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 16.34		Tithi 28 – 29		Shatabhishak*/Purvaproshtapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 343	
Creative Work		Siddha Yoga		Gulika 3:19PM – 4:52PM		Durumukha 5118	
Until 12:29PM		198171368		Shatabhishak* Until 11:49AM		Moon 3 - Phase 47	
Then Creative Work - Amrita Yoga		Rahu		Subha Until 7:41PM		2nd Phase	
				Visti Until 7:14PM		Sivaloka Day	
				Trayodashi* Until 8:01AM		Phalguna•Panguni	

Monday, March 27, 2017		Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Meena Rasi: 0.29		Tithi 29 – 30		Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 344	
Family Home Evening		118171368		Gulika 1:46PM – 3:19PM		Durumukha 5118	
Routine Work		Marana Yoga		Purvaproshtapada* Until 10:48AM		Moon 3 - Phase 47	
Until 10:48AM		Rahu		Sukla Until 4:51PM		Amavasya	
Then Creative Work - Siddha Yoga				Naga Until 3:56AM Tue		Devaloka Day	
				Chaturdashi* Until 6:15AM		Phalguna•Panguni	

Tuesday, March 28, 2017		Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Meena Rasi: 14.46		Tithi 1		Uttaraproshtapada*/Revali Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 345	
Creative Work		Amrita Yoga		Gulika 12:12PM – 1:46PM		Durumukha 5118	
Until 9:08AM		118171368		Uttaraproshtapada* Until 9:08AM		Moon 3 - Phase 47	
Then Creative Work - Siddha Yoga		Rahu		Brahma Until 1:39PM		Prathama	
		Yugadhi		Kintughna Until 2:38PM		Devaloka Day	
				Prathama* Until 1:13AM Wed		Chaitra•Panguni	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 29, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Meena Rasi: 29.19		Tithi 2		Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16 Sutra 346	
Routine Work		Marana Yoga		Gulika 10:37AM – 12:11PM		Ganesh: White Sunrise: 5:54AM	
		118171368		Rahu 12:11PM – 1:46PM		Durumukha 5118	
		Chellappaswami Mahasamadhi		Revati Until 6:57AM		Moon 3 - Phase 48	
				Yama 7:28AM – 9:03AM		3rd Phase	
				Indra Until 10:11AM		Devaloka Day	
				Balava Until 11:46AM		Chaitra-Panguni	
				Dvitiya Until 10:15PM			

2		Thursday, March 30, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Mesha Rasi: 14.02		Tithi 3		Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17 Sutra 347	
Creative Work		Siddha Yoga		Gulika 9:01AM – 10:36AM		Durumukha 5118	
		128171368		Rahu 1:46PM – 3:21PM		Moon 3 - Phase 48	
				Bharani Until 2:33AM Fri		3rd Phase	
				Vaidhriti* Until 6:33AM		Devaloka Day	
				Taitila Until 8:44AM		Chaitra-Panguni	
				Tritiya Until 7:11PM			

3		Friday, March 31, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Mesha Rasi: 28.46		Tithi 4 – 5		Krittika Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 348	
Creative Work		Siddha Yoga		Gulika 7:25AM – 9:00AM		Durumukha 5118	
Until 12:13AM Sat		Then Creative Work - Amrita Yoga		Rahu 10:36AM – 12:11PM		Moon 3 - Phase 48	
				Krittika Until 12:13AM Sat		3rd Phase	
				Priti Until 11:20PM		Sivaloka Day	
				Bava Until 2:45AM Sat		Chaitra-Panguni	
				Chaturthi* Until 4:11PM			

4		Saturday, April 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Vrishabha Rasi: 13.25		Tithi 5 – 6		Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 349	
Creative Work		Amrita Yoga		Gulika 5:50AM – 7:25AM		Durumukha 5118	
Until 10:23PM		Then Creative Work - Siddha Yoga		Rahu 9:00AM – 10:36AM		Moon 3 - Phase 48	
				Rohini Until 10:23PM		3rd Phase	
				Ayushman Until 7:56PM		Subha Sivaloka Day	
				Kaulava Until 12:03AM Sun		Chaitra-Panguni	
				Panchami Until 1:21PM			

5		Sunday, April 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Vrishabha Rasi: 27.53		Tithi 6 – 7		Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 350	
Creative Work		Siddha Yoga		Gulika 3:22PM – 4:58PM		Durumukha 5118	
				Rahu 4:58PM – 6:33PM		Moon 3 - Phase 48	
				Mrigashira Until 8:45PM		3rd Phase	
				Saubhagya Until 4:48PM		Subha Sivaloka Day	
				Gara Until 9:41PM		Chaitra-Panguni	
				Shashthi* Until 10:48AM			

Monday, April 3, 2017		Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Mithuna Rasi: 12.06		Tithi 7 – 8		Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 351	
Family Home Evening		Creative Work		Gulika 1:46PM – 3:22PM		Durumukha 5118	
Until 7:22PM		Then Creative Work - Amrita Yoga		Rahu 7:22AM – 8:58AM		Moon 3 - Phase 48	
				Ardra Until 7:22PM		Ashtami	
				Sobhana Until 2:00PM		Subha Sivaloka Day	
				Visti Until 7:43PM		Chaitra-Panguni	
				Saptami Until 8:38AM			

Tuesday, April 4, 2017		Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Mithuna Rasi: 26.03		Tithi 8 – 9		Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 352	
Creative Work		Siddha Yoga		Gulika 12:10PM – 1:46PM		Durumukha 5118	
				Rahu 3:23PM – 4:59PM		Moon 3 - Phase 48	
				Punarvasu Until 6:43PM		Navami	
				Athiganda* Until 11:32AM		Sivaloka Day	
				Balava Until 6:13PM		Chaitra-Panguni	
				Ashtami* Until 6:53AM			

1	Wednesday, April 5, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy	
	Kataka Rasi: 9.43		Pushya Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dashamyam Titau		Sun 23		Sutra 353	
	Tihti 10		Gulika 10:33AM – 12:10PM	Pushya Until 6:23PM	Ganesha: Red	<i>Sunrise:</i> 5:42AM	Durmukha 5118	
	149171368		Yama 7:19AM – 8:56AM	Sukarma Until 9:28AM	Muruga: Yellow	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49	
Creative Work Siddha Yoga		Rahu 12:10PM – 1:47PM	Tailila Until 5:10PM	Nataraja: Clear		4th Phase		
			Dashami Until 4:48AM Thu	Moon – Blue		Sivaloka Day		
				Chaitra-Panguni				

2	Thursday, April 6, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy	
	Kataka Rasi: 23.06		Ashlesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 354	
	Tihti 11		Gulika 8:55AM – 10:32AM	Ashlesha* Until 6:21PM	Ganesha: Red	<i>Sunrise:</i> 5:40AM	Durmukha 5118	
	149171368		Yama 5:40AM – 7:18AM	Dhriti Until 7:47AM	Muruga: Yellow	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49	
Creative Work Siddha Yoga		Rahu 1:47PM – 3:24PM	Vanija Until 4:36PM	Nataraja: Clear		4th Phase		
Until 6:21PM			Vanija Until 4:36PM	Moon – Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi	Ekadashi Until 4:27AM Fri	Chaitra-Panguni				

3	Friday, April 7, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
	Simha Rasi: 6.15		Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 355	
	Tihti 12		Gulika 7:16AM – 8:54AM	Magha* Until 7:04PM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM	Durmukha 5118	
	159271368		Yama 3:24PM – 5:02PM	Shula* Until 6:25AM	Muruga: Yellow	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 49	
Routine Work Marana Yoga		Rahu 10:31AM – 12:09PM	Bava Until 4:28PM	Nataraja: Clear		4th Phase		
Until 7:04PM			Bava Until 4:28PM	Moon – Red		Sivaloka Day		
Then Creative Work - Siddha Yoga			Dvadashi Until 4:32AM Sat	Chaitra-Panguni				

4	Saturday, April 8, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy	
	Simha Rasi: 19.11		Purvaphalguni Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Trayodashyam Titau		Sun 26		Sutra 356	
	Tihti 13		Gulika 5:37AM – 7:15AM	Purvaphalguni Until 8:02PM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	Durmukha 5118	
	151271368		Yama 1:47PM – 3:25PM	Vriddhi Until 4:46AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 49	
Creative Work Siddha Yoga		Rahu 8:53AM – 10:31AM	Kaulava Until 4:45PM	Nataraja: Clear		4th Phase		
Until 8:02PM			Kaulava Until 4:45PM	Moon – Red		Sivaloka Day		
Then Routine Work - Marana Yoga			Trayodashi Until 5:02AM Sun	Chaitra-Panguni				
			<i>Pradosha Vrata</i>					

5	Sunday, April 9, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
	Kanya Rasi: 1.55		Uttaraphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 357	
	Tihti 14		Gulika 3:25PM – 5:04PM	Uttaraphalguni Until 9:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	Durmukha 5118	
	151271368		Yama 12:09PM – 1:47PM	Dhruva Until 4:22AM Mon	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 49	
Creative Work Amrita Yoga		Rahu 5:04PM – 6:42PM	Gara Until 5:27PM	Nataraja: Clear		4th Phase		
			Gara Until 5:27PM	Moon – Red		Sivaloka Day		
			Chaturdashi* Until 5:55AM Mon	Chaitra-Panguni				

○	Monday, April 10, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy	
	Copper Retreat Star		Hasta Nakshatra Vyaghata* Yoga Visti* Karana Purnimayam Titau		Sun 28		Sutra 358	
	Kanya Rasi: 14.28		Gulika 1:47PM – 3:26PM	Hasta Until 11:08PM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM	Durmukha 5118	
	Tihti 15		Yama 10:29AM – 12:08PM	Vyaghata* Until 4:17AM Tue	Muruga: Yellow	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 49	
Family Home Evening		Rahu 7:12AM – 8:51AM	Visti Until 6:31PM	Nataraja: Clear		Purnima		
Creative Work Siddha Yoga			Visti Until 6:31PM	Moon – Green		Devaloka Day		
Until 11:08PM			Purnima* Until 7:10AM Tue	Chaitra-Panguni				
Then Routine Work - Prabalarishta Yoga		Panguni Uttiram						
		Hanuman Jayanti						

	Tuesday, April 11, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
	Silver Retreat Star		Chitra Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 359	
	Kanya Rasi: 26.51		Gulika 12:08PM – 1:47PM	Chitra Until 1:12AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	Durmukha 5118	
	Tihti 15 – 16		Yama 8:50AM – 10:29AM	Harshana Until 4:30AM Wed	Muruga: Yellow	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 49	
161271368		Rahu 3:26PM – 5:06PM	Balava Until 7:57PM	Nataraja: Clear		Prathama		
Creative Work Siddha Yoga			Balava Until 7:57PM	Moon – Green		Devaloka Day		
			Purnima* Until 7:10AM	Chaitra-Panguni				



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy

Sutra 360

Durmukha 5118

Tula Rasi: 9.05

Tithi 16 - 17

161271368

Gulika

10:28AM - 12:08PM

Yama

7:09AM - 8:49AM

Rahu

12:08PM - 1:47PM

Svati Until 3:25AM Thu

Vajra* Until 4:55AM Thu

Taitila Until 9:44PM

Prathama* Until 8:47AM

Ganesha: Blue

Sunrise: 5:29AM

Muruga: Yellow

Sunset: 6:46PM

Nataraja: Clear

Moon - Green
Chaitra-Panguni

Devaloka Day

Moon 4 - Phase 50

1st Phase

Creative Work Siddha Yoga

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 361

Hemalamba 5119

Tula Rasi: 21.12

Tithi 17 - 18

171271368

Gulika

8:47AM - 10:27AM

Yama

5:28AM - 7:08AM

Rahu

1:47PM - 3:27PM

Vishakha Until 6:14AM Fri

Siddhi Until 5:34AM Fri

Vanija Until 11:47PM

Dvitiya Until 10:42AM

Ganesha: Red

Sunrise: 5:28AM

Muruga: Yellow

Sunset: 6:47PM

Nataraja: Clear

Moon - Orange
Chaitra-Chaitra

Sivaloka Day

Moon 4 - Phase 50

1st Phase

Creative Work Siddha Yoga

Tamil New Year

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Trieste, Italy

Sun 2 Sutra 362

Hemalamba 5119

Vrischika Rasi: 3.12

Tithi 18 - 19

271271368

Gulika

7:06AM - 8:46AM

Yama

3:28PM - 5:08PM

Rahu

10:27AM - 12:07PM

Vishakha Until 6:14AM

Vyatipata* Until 6:23AM Sat

Bava Until 2:04AM Sat

Tritiya Until 12:53PM

Ganesha: Blue

Sunrise: 5:26AM

Muruga: Yellow

Sunset: 6:49PM

Nataraja: Clear

Moon - Orange
Chaitra-Chaitra

Devaloka Day

Moon 4 - Phase 50

1st Phase

Creative Work Siddha Yoga

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 363

Hemalamba 5119

Vrischika Rasi: 15.07

Tithi 19 - 20

271271368

Gulika

5:24AM - 7:05AM

Yama

1:48PM - 3:28PM

Rahu

8:45AM - 10:26AM

Anuradha Until 9:06AM

Vyatipata* Until 6:23AM

Kaulava Until 4:30AM Sun

Chaturthi* Until 3:15PM

Ganesha: Blue

Sunrise: 5:24AM

Muruga: Yellow

Sunset: 6:50PM

Nataraja: Clear

Moon - Orange
Chaitra-Chaitra

Devaloka Day

Moon 4 - Phase 50

1st Phase

Creative Work Siddha Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy

Sun 4 Sutra 364

Hemalamba 5119

Vrischika Rasi: 27

Tithi 20 - 21

271271368

Gulika

3:29PM - 5:10PM

Yama

12:07PM - 1:48PM

Rahu

5:10PM - 6:51PM

Jyeshtha* Until 11:52AM

Variyan Until 7:15AM

Gara Until 6:54AM Mon

Panchami Until 5:41PM

Ganesha: Blue

Sunrise: 5:22AM

Muruga: Yellow

Sunset: 6:51PM

Nataraja: Clear

Moon - Orange
Chaitra-Chaitra

Devaloka Day

Moon 4 - Phase 50

1st Phase

Routine Work Marana Yoga

Until 11:52AM

Then Creative Work - Amrita Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sun 5 Sutra 1

Hemalamba 5119

Dhanus Rasi: 8.53

Tithi 21

281271368

Gulika

1:48PM - 3:29PM

Yama

10:25AM - 12:06PM

Rahu

7:02AM - 8:43AM

Mula* Until 2:56PM

Parigha* Until 8:08AM

Gara Until 6:54AM

Shashthi* Until 8:02PM

Ganesha: Red

Sunrise: 5:20AM

Muruga: Yellow

Sunset: 6:53PM

Nataraja: Clear

Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Moon 4 - Phase 50

1st Phase

Creative Work Siddha Yoga

Until 2:56PM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Trieste, Italy

Sun 6 Sutra 2

Hemalamba 5119

Dhanus Rasi: 20.5

Tithi 22

281271368

Gulika

12:06PM - 1:48PM

Yama

8:42AM - 10:24AM

Rahu

3:30PM - 5:12PM

Purvashadha* Until 5:36PM

Shiva Until 8:53AM

Visti Until 9:07AM

Saptami Until 10:05PM

Ganesha: Red

Sunrise: 5:19AM

Muruga: Yellow

Sunset: 6:54PM

Nataraja: Clear

Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Moon 4 - Phase 50

1st Phase

Creative Work Siddha Yoga

Until 5:36PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy

Sun 7 Sutra 3

Hemalamba 5119

Makara Rasi: 2.56

Tithi 23

282271368

Gulika

10:24AM - 12:06PM

Yama

6:59AM - 8:41AM

Rahu

12:06PM - 1:48PM

Uttarashadha Until 7:38PM

Siddha Until 9:17AM

Balava Until 10:57AM

Ashtami* Until 11:37PM

Ganesha: Yellow

Sunrise: 5:17AM

Muruga: Yellow

Sunset: 6:55PM

Nataraja: Clear

Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Moon 4 - Phase 50

Ashtami

Creative Work Amrita Yoga

Until 7:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy

Sun 8 Sutra 4

Hemalamba 5119

Makara Rasi: 15.16

Tithi 24

292271368

Gulika

8:40AM - 10:23AM

Yama

5:15AM - 6:58AM

Rahu

1:48PM - 3:31PM

Shravana Until 9:21PM

Sadhya Until 9:15AM

Taitila Until 12:09PM

Navami* Until 12:27AM Fri

Ganesha: White

Sunrise: 5:15AM

Muruga: Yellow

Sunset: 6:56PM

Nataraja: Clear

Moon - Purple
Chaitra-Chaitra

Devaloka Day

Moon 4 - Phase 50

Navami

Creative Work Siddha Yoga

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, April 21, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Trieste, Italy			
Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau Sun 9 Sutra 5		Hemalamba 5119			
Makara Rasi: 27.56	Tithi 25	Gulika 6:56AM – 8:39AM	Dhanishtha Until 10:07PM	Ganesha: White <i>Sunrise:</i> 5:13AM	
		Yama 3:32PM – 5:15PM	Subha Until 8:39AM	Muruga: Yellow <i>Sunset:</i> 6:58PM	Moon 4 - Phase 1
		292271368 Rahu 10:22AM – 12:06PM	Vanija Until 12:35PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:28AM Sat	Moon – Purple	Devaloka Day
				Chaitra•Chaitra	

2 Saturday, April 22, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Trieste, Italy			
Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 6		Hemalamba 5119			
Kumbha Rasi: 11	Tithi 26	Gulika 5:12AM – 6:55AM	Shatabhishak Until 9:53PM	Ganesha: White <i>Sunrise:</i> 5:12AM	
		Yama 1:49PM – 3:32PM	Sukla Until 7:22AM	Muruga: Yellow <i>Sunset:</i> 6:59PM	Moon 4 - Phase 1
		292271368 Rahu 8:39AM – 10:22AM	Bava Until 12:09PM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 11:36PM	Moon – Purple	Devaloka Day
Until 9:53PM				Chaitra•Chaitra	
Then Routine Work - Marana Yoga					

3 Sunday, April 23, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Trieste, Italy			
Purvaproshtapada* Nakshatra Indra Yoga Kaulava/Tailila Karana Dvadashyam Titau Sun 11 Sutra 7		Hemalamba 5119			
Kumbha Rasi: 24.32	Tithi 27	Gulika 3:33PM – 5:16PM	Purvaproshtapada* Until 9:08PM	Ganesha: Light Blue <i>Sunrise:</i> 5:10AM	
		Yama 12:05PM – 1:49PM	Indra Until 2:49AM Mon	Muruga: Yellow <i>Sunset:</i> 7:00PM	Moon 4 - Phase 1
		212271368 Rahu 5:16PM – 7:00PM	Kaulava Until 10:53AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 9:56PM	Moon – Clear	Devaloka Day
Until 9:08PM				Chaitra•Chaitra	
Then Creative Work - Amrita Yoga					

4 Monday, April 24, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Trieste, Italy			
Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 8		Hemalamba 5119			
Meena Rasi: 8.33	Tithi 28	Gulika 1:49PM – 3:33PM	Uttaraproshtapada Until 7:32PM	Ganesha: Light Blue <i>Sunrise:</i> 5:08AM	
Family Home Evening		Yama 10:21AM – 12:05PM	Vaidhriti* Until 11:39PM	Muruga: Yellow <i>Sunset:</i> 7:01PM	Moon 4 - Phase 1
		212271369 Rahu 6:52AM – 8:37AM	Gara Until 8:50AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 7:33PM	Moon – Clear	Bhuloka Day
				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM
			<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, April 25, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Trieste, Italy			
Revati/Ashvini Nakshatra Vishkambha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 9		Hemalamba 5119			
Meena Rasi: 23.01	Tithi 29 – 30	Gulika 12:05PM – 1:49PM	Revati Until 5:13PM	Ganesha: Light Blue <i>Sunrise:</i> 5:07AM	
		Yama 8:36AM – 10:20AM	Vishkambha* Until 8:03PM	Muruga: Yellow <i>Sunset:</i> 7:03PM	Moon 4 - Phase 1
		212271369 Rahu 3:34PM – 5:18PM	Visti Until 6:09AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:36PM	Moon – Clear	Bhuloka Day
				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM

Wednesday, April 26, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Trieste, Italy			
Retreat Star		Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 10			
Mesha Rasi: 7.5	Tithi 30 – 1	Gulika 10:20AM – 12:05PM	Ashvini Until 2:47PM	Ganesha: Purple <i>Sunrise:</i> 5:05AM	Hemalamba 5119
		Yama 6:50AM – 8:35AM	Priti Until 4:09PM	Muruga: Yellow <i>Sunset:</i> 7:04PM	Moon 4 - Phase 1
		222271369 Rahu 12:05PM – 1:49PM	Kintughna Until 11:30PM	Nataraja: Purple	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 1:15PM	Moon – White	Bhuloka Day
Until 2:47PM				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga					

Thursday, April 27, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Trieste, Italy			
Retreat Star		Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvityayam Titau Sun 15 Sutra 11			
Mesha Rasi: 22.53	Tithi 1 – 2	Gulika 8:34AM – 10:19AM	Bharani Until 12:00PM	Ganesha: Purple <i>Sunrise:</i> 5:03AM	Hemalamba 5119
		Yama 5:03AM – 6:49AM	Ayushman Until 12:04PM	Muruga: Yellow <i>Sunset:</i> 7:05PM	Moon 4 - Phase 1
		222271369 Rahu 1:50PM – 3:35PM	Balava Until 7:52PM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 9:40AM	Moon – White	Bhuloka Day
Until 12:00PM				Vaisaka•Chaitra	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

1		Friday, April 28, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Gara Karana Dvitiya/Trityayam Titau		Trieste, Italy Sun 16 Sutra 12	
Vrishabha Rasi: 7.59 Tithi 2 – 3		Gulika 6:47AM – 8:33AM	Krittika Until 9:03AM	Ganesha: Purple <i>Sunrise: 5:02AM</i>	Hemalamba 5119		
		Yama 3:35PM – 5:21PM	Saubhagya Until 7:58AM	Muruga: Yellow <i>Sunset: 7:07PM</i>	Moon 4 - Phase 2		
Creative Work Siddha Yoga Until 9:03AM Then Routine Work - Marana Yoga		222271369 Rahu 10:19AM – 12:04PM	Gara Until 2:30AM Sat Dvitiya Until 6:02AM	Nataraja: Purple Moon – White Vaisaka•Chaitra	Bhuloka Day Devaloka Time: 12:PM to 3:PM		

2		Saturday, April 29, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau		Trieste, Italy Sun 17 Sutra 13	
Vrishabha Rasi: 23.01 Tithi 4		Gulika 5:00AM – 6:46AM	Rohini Until 6:29AM	Ganesha: Light Blue <i>Sunrise: 5:00AM</i>	Hemalamba 5119		
		Yama 1:50PM – 3:36PM	Athiganda* Until 12:12AM Sun Vanija Until 12:51PM	Muruga: Yellow <i>Sunset: 7:08PM</i>	Moon 4 - Phase 2		
Creative Work Amrita Yoga Until 6:29AM Then Creative Work - Siddha Yoga		232271369 Rahu 8:32AM – 10:18AM	Chaturthi* Until 11:15PM	Nataraja: Purple Moon – Yellow Vaisaka•Chaitra	Bhuloka Day Devaloka Time: 12:PM to 3:PM		

3		Sunday, April 30, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Trieste, Italy Sun 18 Sutra 14	
Mithuna Rasi: 7.49 Tithi 5		Gulika 3:37PM – 5:23PM	Ardra Until 2:01AM Mon	Ganesha: Light Blue <i>Sunrise: 4:59AM</i>	Hemalamba 5119		
		Yama 12:04PM – 1:50PM	Sukarma Until 8:46PM Bava Until 9:47AM	Muruga: Yellow <i>Sunset: 7:09PM</i>	Moon 4 - Phase 2		
Creative Work Siddha Yoga Until 2:01AM Mon Then Creative Work - Amrita Yoga		232271369 Rahu 5:23PM – 7:09PM	Panchami Until 8:24PM	Nataraja: Purple Moon – Yellow Vaisaka•Chaitra	Bhuloka Day Devaloka Time: 12:PM to 3:PM		

4		Monday, May 1, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau		Trieste, Italy Sun 19 Sutra 15	
Mithuna Rasi: 22.17 Tithi 6		Gulika 1:51PM – 3:38PM	Punarvasu Until 12:46AM Tue	Ganesha: Orange <i>Sunrise: 4:56AM</i>	Hemalamba 5119		
Family Home Evening		Yama 10:17AM – 12:04PM	Dhriti Until 5:48PM Kaulava Until 7:11AM	Muruga: Yellow <i>Sunset: 7:12PM</i>	Moon 4 - Phase 2		
Creative Work Amrita Yoga Until 12:46AM Tue Then Creative Work - Siddha Yoga		242271369 Rahu 6:43AM – 8:30AM	Shashthi* Until 6:05PM	Nataraja: Purple Moon – Blue Vaisaka•Chaitra	Devaloka Day		

5		Tuesday, May 2, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Trieste, Italy Sun 20 Sutra 16	
Kataka Rasi: 6.21 Tithi 7 – 8		Gulika 12:03PM – 1:51PM	Pushya Until 12:01AM Wed	Ganesha: Orange <i>Sunrise: 4:54AM</i>	Hemalamba 5119		
		Yama 8:29AM – 10:16AM	Shula* Until 3:19PM Visti Until 3:48AM Wed	Muruga: Yellow <i>Sunset: 7:13PM</i>	Moon 4 - Phase 2		
Creative Work Siddha Yoga		243371369 Rahu 3:38PM – 5:26PM	Saptami Until 4:23PM	Nataraja: Purple Moon – Blue Vaisaka•Chaitra	Devaloka Day		

Retreat Star		Wednesday, May 3, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Trieste, Italy Sun 21 Sutra 17	
Kataka Rasi: 20.01 Tithi 8 – 9		Gulika 10:16AM – 12:03PM	Ashlesha* Until 11:47PM	Ganesha: Orange <i>Sunrise: 4:53AM</i>	Hemalamba 5119		
		Yama 6:40AM – 8:28AM	Ganda* Until 1:23PM Balava Until 3:06AM Thu	Muruga: Blue <i>Sunset: 7:14PM</i>	Moon 4 - Phase 2		
Creative Work Siddha Yoga		243381369 Rahu 12:03PM – 1:51PM	Ashtami* Until 3:21PM	Nataraja: Purple Moon – Blue Vaisaka•Chaitra	Bhuloka Day Devaloka Time: 6:AM to 9:AM		

Retreat Star		Thursday, May 4, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vridhdi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Trieste, Italy Sun 22 Sutra 18	
Simha Rasi: 3.19 Tithi 9 – 10		Gulika 8:27AM – 10:15AM	Magha* Until 12:30AM Fri	Ganesha: Green <i>Sunrise: 4:51AM</i>	Hemalamba 5119		
		Yama 4:51AM – 6:39AM	Vridhdi Until 12:00PM Taitila Until 3:03AM Fri	Muruga: Blue <i>Sunset: 7:15PM</i>	Moon 4 - Phase 2		
Creative Work Amrita Yoga Until 12:30AM Fri Then Creative Work - Siddha Yoga		253381369 Rahu 1:51PM – 3:39PM	Navami* Until 2:59PM	Nataraja: Purple Moon – Red Vaisaka•Chaitra	Bhuloka Day		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Friday, May 5, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Trieste, Italy			
Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 23 Sutra 19		Gulika 6:38AM – 8:26AM	Purvaphalguni Until 1:37AM Sat	Ganesha: Green <i>Sunrise:</i> 4:50AM	Hemalamba 5119
Simha Rasi: 16.16	Tithi 10 – 11	Yama 3:40PM – 5:28PM	Dhruva Until 11:05AM	Muruga: Blue <i>Sunset:</i> 7:17PM	Moon 4 - Phase 3
	253381369	Rahu 10:15AM – 12:03PM	Vanija Until 3:35AM Sat	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:14PM	Moon – Red	Bhuloka Day
Until 1:37AM Sat				Vaisaka•Chaitra	
Then Routine Work - Marana Yoga					

2 Saturday, May 6, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Trieste, Italy			
Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau Sun 24 Sutra 20		Gulika 4:48AM – 6:37AM	Uttaraphalguni Until 3:05AM Sun	Ganesha: Green <i>Sunrise:</i> 4:48AM	Hemalamba 5119
Simha Rasi: 28.57	Tithi 11 – 12	Yama 1:52PM – 3:40PM	Vyaghata* Until 10:36AM	Muruga: Blue <i>Sunset:</i> 7:18PM	Moon 4 - Phase 3
	253381369	Rahu 8:26AM – 10:14AM	Bava Until 4:36AM Sun	Nataraja: Purple	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 4:01PM	Moon – Red	Bhuloka Day
Until 3:05AM Sun				Vaisaka•Chaitra	
Then Creative Work - Amrita Yoga					

3 Sunday, May 7, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Trieste, Italy			
Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 25 Sutra 21		Gulika 3:41PM – 5:30PM	Hasta Until 5:14AM Mon	Ganesha: Red <i>Sunrise:</i> 4:47AM	Hemalamba 5119
Kanya Rasi: 11.25	Tithi 12 – 13	Yama 12:03PM – 1:52PM	Harshana Until 10:30AM	Muruga: Blue <i>Sunset:</i> 7:19PM	Moon 4 - Phase 3
	263381369	Rahu 5:30PM – 7:19PM	Kaulava Until 6:01AM Mon	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 5:15PM	Moon – Green	Bhuloka Day
Until 5:14AM Mon			<i>Pradosha Vrata</i>	Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga					

4 Monday, May 8, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Trieste, Italy			
Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 22		Gulika 1:52PM – 3:42PM	Chitra Until 7:32AM Tue	Ganesha: Red <i>Sunrise:</i> 4:45AM	Hemalamba 5119
Kanya Rasi: 23.43	Tithi 13	Yama 10:14AM – 12:03PM	Vajra* Until 10:40AM	Muruga: Blue <i>Sunset:</i> 7:20PM	Moon 4 - Phase 3
Family Home Evening	263381369	Rahu 6:35AM – 8:24AM	Kaulava Until 6:01AM	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 6:49PM	Moon – Green	Bhuloka Day
Until 7:32AM Tue				Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

5 Tuesday, May 9, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Trieste, Italy			
Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 23		Gulika 12:03PM – 1:53PM	Chitra Until 7:32AM	Ganesha: Red <i>Sunrise:</i> 4:44AM	Hemalamba 5119
Tula Rasi: 5.53	Tithi 14	Yama 8:24AM – 10:13AM	Siddhi Until 11:04AM	Muruga: Blue <i>Sunset:</i> 7:22PM	Moon 4 - Phase 3
	263381369	Rahu 3:42PM – 5:32PM	Gara Until 7:44AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:40PM	Moon – Green	Bhuloka Day
				Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM

Wednesday, May 10, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Trieste, Italy			
Copper Retreat Star		Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Purnimayam Titau Sutra 24			
Tula Rasi: 17.57	Tithi 15	Gulika 10:13AM – 12:03PM	Svati Until 9:54AM	Ganesha: Red <i>Sunrise:</i> 4:43AM	Hemalamba 5119
	263381369	Yama 6:33AM – 8:23AM	Vyatipata* Until 11:40AM	Muruga: Blue <i>Sunset:</i> 7:23PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	Rahu 12:03PM – 1:53PM	Vistil Until 9:42AM	Nataraja: Purple	Purnima
				Moon – Green	Bhuloka Day
		Budha Purnima (Tamil Nadu)	Purnima* Until 10:44PM	Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM

Thursday, May 11, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Trieste, Italy			
Silver Retreat Star		Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau Sutra 25			
Tula Rasi: 29.56	Tithi 16	Gulika 8:22AM – 10:12AM	Vishakha Until 12:48PM	Ganesha: Blue <i>Sunrise:</i> 4:42AM	Hemalamba 5119
	273381369	Yama 4:42AM – 6:32AM	Variyan Until 12:23PM	Muruga: Blue <i>Sunset:</i> 7:24PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	Rahu 1:53PM – 3:43PM	Balava Until 11:51AM	Nataraja: Purple	Prathama
				Moon – Orange	Bhuloka Day
			Prathama* Until 12:58AM Fri	Vaisaka•Chaitra	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda