Saturday, April 23, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sutra 6

Tula Rasi: 19.05 Tithi 16 – 17

Gulika 6:30AM – 8:01AM
Yama 2:03PM – 3:33PM
261621368 Rahu 9:31AM – 11:02AM

Svati Until 7:38AM
Siddhi Until 3:08PM
Taitila Until 12:02AM Sun
Prathama* Until 10:52AM

Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – Green
Chaitra•Chaitra

Sunrise: 6:30AM
Sunset: 6:35PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

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1 Sunday, April 24, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 7

Vrischika Rasi: 1.02 Tithi 17 – 18

Gulika 3:33PM – 5:04PM
Yama 12:32PM – 2:03PM
271621369 Rahu 5:04PM – 6:34PM

Vishakha Until 10:35AM
Vyatipata* Until 3:53PM
Vanija Until 2:08AM Mon
Dvitiya Until 1:06PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Sunrise: 6:30AM
Sunset: 6:34PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga

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2 Monday, April 25, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 8

Vrischika Rasi: 13.04 Tithi 18 – 19
Family Home Evening

Gulika 2:02PM – 3:33PM
Yama 11:01AM – 12:32PM
271621369 Rahu 8:00AM – 9:31AM

Anuradha Until 1:08PM
Variyan Until 4:23PM
Bava Until 3:57AM Tue
Tritiya Until 3:04PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Sunrise: 6:30AM
Sunset: 6:34PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

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3 Tuesday, April 26, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 9

Vrischika Rasi: 25.13 Tithi 19 – 20

Gulika 12:32PM – 2:02PM
Yama 9:31AM – 11:01AM
271621369 Rahu 3:33PM – 5:03PM

Jyeshtha* Until 3:12PM
Parigha* Until 4:39PM
Kaulava Until 5:23AM Wed
Chaturthi* Until 4:42PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Sunrise: 6:30AM
Sunset: 6:34PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 3:12PM
Then Creative Work - Amrita Yoga

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4 Wednesday, April 27, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 10

Dhanus Rasi: 7.31 Tithi 20 – 21

Gulika 11:01AM – 12:32PM
Yama 8:00AM – 9:30AM
281621369 Rahu 12:32PM – 2:02PM

Mula* Until 5:13PM
Shiva Until 4:38PM
Gara Until 6:22AM Thu
Panchami Until 5:55PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 6:29AM
Sunset: 6:34PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 5:13PM
Then Creative Work - Amrita Yoga

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5 Thursday, April 28, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 5 Sutra 11

Dhanus Rasi: 20.01 Tithi 21

Gulika 9:30AM – 11:01AM
Yama 6:29AM – 8:00AM
281621369 Rahu 2:02PM – 3:33PM

Purvashadha* Until 6:34PM
Siddha Until 4:11PM
Gara Until 6:22AM
Shashthi* Until 6:39PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 6:29AM
Sunset: 6:34PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 6:34PM
Then Routine Work - Marana Yoga

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6 Friday, April 29, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 6 Sutra 12

Makara Rasi: 2.46 Tithi 22

Gulika 8:00AM – 9:30AM
Yama 3:32PM – 5:03PM
281621369 Rahu 11:01AM – 12:31PM

Uttarashadha Until 7:12PM
Sadhya Until 3:18PM
Visti Until 6:48AM
Saptami Until 6:46PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 6:29AM
Sunset: 6:33PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Saturday, April 30, 2016
Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 7 Sutra 13

Makara Rasi: 15.49 Tithi 23

Gulika 6:29AM – 8:00AM
Yama 2:02PM – 3:32PM
291621369 Rahu 9:30AM – 11:01AM

Shravana Until 7:29PM
Subha Until 1:55PM
Balava Until 6:36AM
Ashtami* Until 6:13PM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: 6:29AM
Sunset: 6:33PM

Durmukha 5118
Moon 4 - Phase 2
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Sunday, May 1, 2016
Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 8 Sutra 14

Makara Rasi: 29.16 Tithi 24 – 25

Gulika 3:32PM – 5:03PM
Yama 12:31PM – 2:02PM
291621369 Rahu 5:03PM – 6:33PM

Dhanishtha Until 6:54PM
Sukla Until 11:56AM
Vanija Until 4:05AM Mon
Navami* Until 4:58PM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: 6:29AM
Sunset: 6:33PM

Durmukha 5118
Moon 4 - Phase 2
Navami

Bhuloka Day

Routine Work Marana Yoga
Until 6:54PM
Then Creative Work - Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Monday, May 2, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Nairobi, Kenya
Sun 9 Sutra 15

Kumbha Rasi: 13.07 Tithi 25 – 26
Family Home Evening
Creative Work Siddha Yoga
Until 5:30PM
Then Routine Work - Marana Yoga

Gulika	2:01PM – 3:32PM	
Yama	11:00AM – 12:31PM	
292621369 Rahu	7:59AM – 9:30AM	

Shatabhishak Until 5:30PM
Brahma Until 9:24AM
Bava Until 1:49AM Tue
Dashami Until 3:01PM

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: *6:29AM*
Sunset: *6:33PM*

Durmukha 5118
Moon 4 - Phase 3
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

2 Tuesday, May 3, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 10 Sutra 16

Kumbha Rasi: 27.23 Tithi 26 – 27
Routine Work Marana Yoga
Until 3:47PM
Then Creative Work - Amrita Yoga

Gulika	12:31PM – 2:01PM	
Yama	9:30AM – 11:00AM	
212621369 Rahu	3:32PM – 5:02PM	

Purvaproshthapada* Until 3:47PM
Indra Until 6:22AM
Kaulava Until 10:59PM
Ekadashi* Until 12:27PM

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: *6:29AM*
Sunset: *6:33PM*

Durmukha 5118
Moon 4 - Phase 3
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

3 Wednesday, May 4, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 11 Sutra 17

Meena Rasi: 12.03 Tithi 27 – 28
Creative Work Siddha Yoga
Until 1:25PM
Then Routine Work - Marana Yoga

Gulika	11:00AM – 12:31PM	
Yama	7:59AM – 9:30AM	
212621369 Rahu	12:31PM – 2:01PM	

Uttaraproshthapada Until 1:25PM
Vishkambha* Until 10:59PM
Gara Until 7:41PM
Dvadashi* Until 9:22AM

Pradosha Vrata (Fasting)

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: *6:29AM*
Sunset: *6:33PM*

Durmukha 5118
Moon 4 - Phase 3
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

4 Thursday, May 5, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Nairobi, Kenya
Sun 12 Sutra 18

Meena Rasi: 27.02 Tithi 29
Creative Work Siddha Yoga
Until 10:34AM
Then Creative Work - Amrita Yoga

Gulika	9:30AM – 11:00AM	
Yama	6:29AM – 7:59AM	
212621369 Rahu	2:01PM – 3:32PM	

Revati Until 10:34AM
Priti Until 6:54PM
Visti Until 4:06PM
Chaturdashi* Until 2:13AM Fri

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: *6:29AM*
Sunset: *6:33PM*

Durmukha 5118
Moon 4 - Phase 3
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

● Friday, May 6, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Nairobi, Kenya
Sun 13 Sutra 19

Mesha Rasi: 12.11 Tithi 30
Creative Work Amrita Yoga
Until 7:48AM
Then Creative Work - Siddha Yoga

Gulika	7:59AM – 9:30AM	
Yama	3:32PM – 5:02PM	
222621369 Rahu	11:00AM – 12:31PM	

Ashvini Until 7:48AM
Ayushman Until 2:41PM
Catuspada Until 12:21PM
Amavasya* Until 10:27PM

Ganesha: Red
Muruga: White
Nataraja: Purple
Moon – White
Chaitra•Chaitra

Sunrise: *6:29AM*
Sunset: *6:33PM*

Durmukha 5118
Moon 4 - Phase 3
Amavasya
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Saturday, May 7, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau

Nairobi, Kenya
Sun 14 Sutra 20

Mesha Rasi: 27.22 Tithi 1
Creative Work Amrita Yoga
Until 1:57AM Sun
Then Creative Work - Siddha Yoga

Gulika	6:29AM – 7:59AM	
Yama	2:01PM – 3:32PM	
222621369 Rahu	9:30AM – 11:00AM	

Krittika Until 1:57AM Sun
Saubhagya Until 10:31AM
Kintughna Until 8:37AM
Prathama* Until 6:47PM

Ganesha: Red
Muruga: White
Nataraja: Purple
Moon – White
Vaisaka•Chaitra

Sunrise: *6:29AM*
Sunset: *6:33PM*

Durmukha 5118
Moon 4 - Phase 3
Prathama
Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 8, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 15 Sutra 21

Vrishabha Rasi: 12.26 Tithi 2 – 3

Creative Work Siddha Yoga

Gulika	3:32PM – 5:02PM	Rohini Until 11:38PM
Yama	12:30PM – 2:01PM	Sobhana Until 6:32AM
232621369 Rahu	5:02PM – 6:33PM	Taitila Until 1:52AM Mon
		Dvitiya Until 3:24PM

Mother's Day

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:33PM

Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

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2 Monday, May 9, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 16 Sutra 22

Vrishabha Rasi: 27.12 Tithi 3 – 4
Family Home Evening

Creative Work Amrita Yoga
Until 9:41PM
Then Creative Work - Siddha Yoga

Gulika	2:01PM – 3:31PM	Mrigashira Until 9:41PM
Yama	11:00AM – 12:30PM	Sukarma Until 11:33PM
232621369 Rahu	7:59AM – 9:29AM	Vanija Until 11:11PM
		Tritiya Until 12:26PM

Akshaya Tritiya

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

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3 Tuesday, May 10, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 17 Sutra 23

Mithuna Rasi: 11.35 Tithi 4 – 5

Routine Work Marana Yoga
Until 8:15PM
Then Creative Work - Siddha Yoga

Gulika	12:30PM – 2:01PM	Ardra Until 8:15PM
Yama	9:29AM – 11:00AM	Dhriti Until 8:51PM
232621369 Rahu	3:31PM – 5:02PM	Bava Until 9:10PM
		Chaturthi* Until 10:04AM

Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

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4 Wednesday, May 11, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 18 Sutra 24

Mithuna Rasi: 25.29 Tithi 5 – 6

Creative Work Siddha Yoga

Gulika	11:00AM – 12:30PM	Punarvasu Until 7:54PM
Yama	7:59AM – 9:29AM	Shula* Until 6:46PM
242621369 Rahu	12:30PM – 2:01PM	Kaulava Until 7:56PM
		Panchami Until 8:26AM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Devaloka Day

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5 Thursday, May 12, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Ganda*/Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 19 Sutra 25

Kataka Rasi: 8.55 Tithi 6 – 7

Creative Work Amrita Yoga
Until 8:14PM
Then Creative Work - Siddha Yoga

Gulika	9:29AM – 11:00AM	Pushya Until 8:14PM
Yama	6:28AM – 7:59AM	Ganda* Until 5:23PM
242621369 Rahu	2:01PM – 3:31PM	Gara Until 7:34PM
		Shashthi* Until 7:37AM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 4
3rd Phase

Devaloka Day

Friday, May 13, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 20 Sutra 26

Kataka Rasi: 21.53 Tithi 7 – 8

Routine Work Marana Yoga

Gulika	7:59AM – 9:29AM	Ashlesha* Until 9:15PM
Yama	3:31PM – 5:02PM	Vriddhi Until 4:41PM
242621369 Rahu	11:00AM – 12:30PM	Visti Until 8:04PM
		Saptami Until 7:41AM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 4
Ashtami

Devaloka Day

Saturday, May 14, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 21 Sutra 27

Simha Rasi: 4.26 Tithi 8 – 9

Creative Work Amrita Yoga
Until 11:22PM
Then Creative Work - Siddha Yoga

Gulika	6:28AM – 7:59AM	Magha* Until 11:22PM
Yama	2:01PM – 3:31PM	Dhruva Until 4:36PM
252621369 Rahu	9:29AM – 11:00AM	Balava Until 9:21PM
		Ashtami* Until 8:36AM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Red
Vaisaka•Vaikasi

Sunrise: 6:28AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 4
Navami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

1 Sunday, May 15, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 22 Sutra 28

Simha Rasi: 16.41 Tithi 9 – 10
253621369

Gulika	3:31PM – 5:02PM
Yama	12:30PM – 2:01PM
Rahu	5:02PM – 6:32PM

Purvaphalguni Until 1:54AM Mon
Vyaghata* Until 5:03PM
Taitila Until 11:16PM
Navami* Until 10:13AM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Red
Vaisaka•Vaikasi

Sunrise: 6:28AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Creative Work Siddha Yoga

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2 Monday, May 16, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Nairobi, Kenya
Sun 23 Sutra 29

Simha Rasi: 28.41 Tithi 10 – 11
253621369

Gulika	2:01PM – 3:31PM
Yama	11:00AM – 12:30PM
Rahu	7:59AM – 9:29AM

Uttaraphalguni Until 4:40AM Tue
Harshana Until 5:52PM
Vanija Until 1:36AM Tue
Dashami Until 12:22PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Red
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

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3 Tuesday, May 17, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 24 Sutra 30

Kanya Rasi: 10.34 Tithi 11 – 12
263621369

Gulika	12:30PM – 2:01PM
Yama	9:29AM – 11:00AM
Rahu	3:31PM – 5:02PM

Hasta Until 7:56AM Wed
Vajra* Until 6:52PM
Bava Until 4:10AM Wed
Ekadashi Until 2:51PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Green
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

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4 Wednesday, May 18, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 25 Sutra 31

Kanya Rasi: 22.22 Tithi 12 – 13
263721369

Gulika	11:00AM – 12:30PM
Yama	7:59AM – 9:30AM
Rahu	12:30PM – 2:01PM

Hasta Until 7:56AM
Siddhi Until 7:57PM
Kaulava Until 6:44AM Thu
Dvadashi Until 5:26PM

Pradosha Vrata

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Green
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Routine Work Marana Yoga
Until 7:56AM
Then Creative Work - Siddha Yoga

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5 Thursday, May 19, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 32

Tula Rasi: 4.1 Tithi 13
263721369

Gulika	9:30AM – 11:00AM
Yama	6:29AM – 7:59AM
Rahu	2:01PM – 3:31PM

Chitra Until 11:02AM
Vyatipata* Until 8:59PM
Kaulava Until 6:44AM
Trayodashi Until 7:57PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Green
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 11:02AM
Then Creative Work - Amrita Yoga

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6 Friday, May 20, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau

Nairobi, Kenya
Sun 27 Sutra 33

Tula Rasi: 16.02 Tithi 14
263721369

Gulika	7:59AM – 9:30AM
Yama	3:32PM – 5:02PM
Rahu	11:00AM – 12:31PM

Svati Until 1:49PM
Variyan Until 9:50PM
Gara Until 9:09AM
Chaturdashi* Until 10:15PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Green
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Vaikasi Visakam

○ Saturday, May 21, 2016
Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau

Nairobi, Kenya
Sutra 34

Tula Rasi: 27.58 Tithi 15
273721369

Gulika	6:29AM – 7:59AM
Yama	2:01PM – 3:32PM
Rahu	9:30AM – 11:00AM

Vishakha Until 4:40PM
Parigha* Until 10:28PM
Visti Until 11:20AM
Purnima* Until 12:17AM Sun

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Orange
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:32PM

Durmukha 5118
Moon 4 - Phase 5
Purnima

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Sunday, May 22, 2016
Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau

Nairobi, Kenya
Sutra 35

Vrischika Rasi: 10.02 Tithi 16
273721369

Gulika	3:32PM – 5:02PM
Yama	12:31PM – 2:01PM
Rahu	5:02PM – 6:33PM

Anuradha Until 7:03PM
Shiva Until 10:53PM
Balava Until 1:11PM
Prathama* Until 1:58AM Mon

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Orange
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:33PM

Durmukha 5118
Moon 4 - Phase 5
Prathama

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

Monday, May 23, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 36

Vrischika Rasi: 22.14 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

273721369
Gulika 2:01PM – 3:32PM
Yama 11:00AM – 12:31PM
Rahu 7:59AM – 9:30AM

Jyeshtha* Until 8:56PM
Siddha Until 10:59PM
Taitila Until 2:42PM
Dvitiya Until 3:19AM Tue

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Orange
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

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1 Tuesday, May 24, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 2 Sutra 37

Dhanus Rasi: 4.35 Tithi 18
Creative Work Amrita Yoga
Until 10:48PM
Then Creative Work - Siddha Yoga

283721369
Gulika 12:31PM – 2:01PM
Yama 9:30AM – 11:00AM
Rahu 3:32PM – 5:02PM

Mula* Until 10:48PM
Sadhya Until 10:50PM
Vanija Until 3:52PM
Tritiya Until 4:17AM Wed

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Light Blue
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase
Devaloka Day

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2 Wednesday, May 25, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 3 Sutra 38

Dhanus Rasi: 17.05 Tithi 19
Creative Work Amrita Yoga
Until 12:08AM Thu
Then Routine Work - Marana Yoga

383721369
Gulika 11:01AM – 12:31PM
Yama 8:00AM – 9:30AM
Rahu 12:31PM – 2:01PM

Purvashadha* Until 12:08AM Thu
Subha Until 10:24PM
Bava Until 4:39PM
Chaturthi* Until 4:52AM Thu

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

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3 Thursday, May 26, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 4 Sutra 39

Dhanus Rasi: 29.47 Tithi 20
Routine Work Marana Yoga

383721369
Gulika 9:30AM – 11:01AM
Yama 6:29AM – 8:00AM
Rahu 2:02PM – 3:32PM

Uttarashadha Until 12:54AM Fri
Sukla Until 9:37PM
Kaulava Until 5:02PM
Panchami Until 5:02AM Fri

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

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4 Friday, May 27, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 5 Sutra 40

Makara Rasi: 12.4 Tithi 21
Routine Work Marana Yoga
Until 1:31AM Sat
Then Creative Work - Siddha Yoga

393731369
Gulika 8:00AM – 9:30AM
Yama 3:32PM – 5:03PM
Rahu 11:01AM – 12:31PM

Shravana Until 1:31AM Sat
Brahma Until 8:29PM
Gara Until 4:57PM
Shashthi* Until 4:43AM Sat

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – Purple
Vaisaka•Vaikasi

Sunrise: 6:29AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase
Sivaloka Day

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5 Saturday, May 28, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 6 Sutra 41

Makara Rasi: 25.47 Tithi 22
Creative Work Siddha Yoga

393731369
Gulika 6:30AM – 8:00AM
Yama 2:02PM – 3:32PM
Rahu 9:30AM – 11:01AM

Dhanishtha Until 1:29AM Sun
Indra Until 6:57PM
Visti Until 4:24PM
Saptami Until 3:54AM Sun

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – Purple
Vaisaka•Vaikasi

Sunrise: 6:30AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
1st Phase
Sivaloka Day

Sunday, May 29, 2016
Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 7 Sutra 42

Kumbha Rasi: 9.12 Tithi 23
Creative Work Siddha Yoga
Until 12:45AM Mon
Then Routine Work - Marana Yoga

393731369
Gulika 3:32PM – 5:03PM
Yama 12:31PM – 2:02PM
Rahu 5:03PM – 6:33PM

Shatabhishak Until 12:45AM Mon
Vaidhriti* Until 4:59PM
Balava Until 3:18PM
Ashtami* Until 2:31AM Mon

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – Purple
Vaisaka•Vaikasi

Sunrise: 6:30AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
Ashtami
Sivaloka Day

Monday, May 30, 2016
Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshthapada* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 8 Sutra 43

Kumbha Rasi: 22.56 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

314731369
Gulika 2:02PM – 3:33PM
Yama 11:01AM – 12:32PM
Rahu 8:00AM – 9:31AM

Purvaproshthapada* Until 11:47PM
Vishkambha* Until 2:34PM
Taitila Until 1:38PM
Navami* Until 12:36AM Tue

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
Moon – Clear
Vaisaka•Vaikasi

Sunrise: 6:30AM
Sunset: 6:33PM

Durmukha 5118
Moon 5 - Phase 6
Navami
Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1 Tuesday, May 31, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshthapada Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau

Nairobi, Kenya
Sun 9 Sutra 44

Meena Rasi: 7 Tithi 25

Gulika	12:32PM – 2:02PM	Uttaraproshthapada Until 10:09PM
Yama	9:31AM – 11:01AM	Priti Until 11:44AM
314731369 Rahu	3:33PM – 5:03PM	Vanija Until 11:27AM
		Dashami Until 10:10PM

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
Moon – Clear
Vaisaka•Vaikasi

Sunrise: 6:30AM
Sunset: 6:34PM

Durmukha 5118
Moon 5 - Phase 7
2nd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 10:09PM
Then Creative Work - Siddha Yoga

2 Wednesday, June 1, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau

Nairobi, Kenya
Sun 10 Sutra 45

Meena Rasi: 21.24 Tithi 26

Gulika	11:01AM – 12:32PM	Revati Until 7:57PM
Yama	8:01AM – 9:31AM	Ayushman Until 8:29AM
314731369 Rahu	12:32PM – 2:02PM	Bava Until 8:48AM
		Ekadashi* Until 7:18PM

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
Moon – Clear
Vaisaka•Vaikasi

Sunrise: 6:30AM
Sunset: 6:34PM

Durmukha 5118
Moon 5 - Phase 7
2nd Phase

Devaloka Day

Routine Work Marana Yoga

3 Thursday, June 2, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 11 Sutra 46

Mesha Rasi: 6.05 Tithi 27 – 28

Gulika	9:31AM – 11:02AM	Ashvini Until 5:42PM
Yama	6:30AM – 8:01AM	Sobhana Until 1:10AM Fri
324731369 Rahu	2:03PM – 3:33PM	Gara Until 2:27AM Fri
		Dvadashi* Until 4:07PM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – White
Vaisaka•Vaikasi

Sunrise: 6:30AM
Sunset: 6:34PM

Durmukha 5118
Moon 5 - Phase 7
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Pradosha Vrata (Fasting)

Creative Work Amrita Yoga
Until 5:42PM
Then Creative Work - Siddha Yoga

4 Friday, June 3, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya
Sun 12 Sutra 47

Mesha Rasi: 20.58 Tithi 28 – 29

Gulika	8:01AM – 9:31AM	Bharani Until 3:08PM
Yama	3:33PM – 5:04PM	Athiganda* Until 9:16PM
324731369 Rahu	11:02AM – 12:32PM	Visti Until 11:02PM
		Trayodashi* Until 12:44PM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – White
Vaisaka•Vaikasi

Sunrise: 6:31AM
Sunset: 6:34PM

Durmukha 5118
Moon 5 - Phase 7
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

● Saturday, June 4, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Nairobi, Kenya
Sun 13 Sutra 48

Vrishabha Rasi: 5.55 Tithi 29 – 30

Gulika	6:31AM – 8:01AM	Krittika Until 12:24PM
Yama	2:03PM – 3:33PM	Sukarma Until 5:24PM
324731369 Rahu	9:32AM – 11:02AM	Catuspada Until 7:38PM
		Chaturdashi* Until 9:18AM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – White
Vaisaka•Vaikasi

Sunrise: 6:31AM
Sunset: 6:34PM

Durmukha 5118
Moon 5 - Phase 7
Amavasya

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Sunday, June 5, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau

Nairobi, Kenya
Sun 14 Sutra 49

Vrishabha Rasi: 20.49 Tithi 30 – 1

Gulika	3:33PM – 5:04PM	Rohini Until 10:04AM
Yama	12:33PM – 2:03PM	Dhriti Until 1:41PM
334731361 Rahu	5:04PM – 6:34PM	Bava Until 2:58AM Mon
		Amavasya* Until 6:00AM

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Vaikasi

Sunrise: 6:31AM
Sunset: 6:34PM

Durmukha 5118
Moon 5 - Phase 7
Prathama

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1 Monday, June 6, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 15 Sutra 50

Mithuna Rasi: 5.29 Tithi 2
Family Home Evening
Creative Work Amrita Yoga
Until 7:56AM
Then Creative Work - Siddha Yoga

Gulika	2:03PM – 3:34PM	Mrigashira Until 7:56AM
Yama	11:02AM – 12:33PM	Shula* Until 10:14AM
334731361 Rahu	8:02AM – 9:32AM	Balava Until 1:37PM
		Dvitiya Until 12:22AM Tue

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Vaikasi

Sunrise: 6:31AM
Sunset: 6:34PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2 Tuesday, June 7, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Ganda*/Vriddhi Yoga Taitila/Gara Karana Tritiyayam Titau

Nairobi, Kenya
Sun 16 Sutra 51

Mithuna Rasi: 19.49 Tithi 3
Routine Work Marana Yoga
Until 6:08AM
Then Creative Work - Siddha Yoga

Gulika	12:33PM – 2:03PM	Ardra Until 6:08AM
Yama	9:32AM – 11:03AM	Ganda* Until 7:13AM
334731361 Rahu	3:34PM – 5:04PM	Taitila Until 11:19AM
		Tritiya Until 10:23PM

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Vaikasi

Sunrise: 6:31AM
Sunset: 6:35PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

3 Wednesday, June 8, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau

Nairobi, Kenya
Sun 17 Sutra 52

Kataka Rasi: 3.44 Tithi 4
Creative Work Siddha Yoga

Gulika	11:03AM – 12:33PM	Pushya Until 5:01AM Thu
Yama	8:02AM – 9:32AM	Dhruva Until 2:52AM Thu
344731361 Rahu	12:33PM – 2:04PM	Vanija Until 9:41AM
		Chaturthi* Until 9:08PM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Blue
Jyeshtha•Vaikasi

Sunrise: 6:31AM
Sunset: 6:35PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

4 Thursday, June 9, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau

Nairobi, Kenya
Sun 18 Sutra 53

Kataka Rasi: 17.12 Tithi 5
Creative Work Siddha Yoga
Until 5:27AM Fri
Then Routine Work - Marana Yoga

Gulika	9:33AM – 11:03AM	Ashlesha* Until 5:27AM Fri
Yama	6:32AM – 8:02AM	Vyaghata* Until 1:41AM Fri
344731361 Rahu	2:04PM – 3:34PM	Bava Until 8:50AM
		Panchami Until 8:43PM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Blue
Jyeshtha•Vaikasi

Sunrise: 6:32AM
Sunset: 6:35PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

5 Friday, June 10, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau

Nairobi, Kenya
Sun 19 Sutra 54

Simha Rasi: 0.12 Tithi 6
Routine Work Marana Yoga
Until 7:01AM Sat
Then Creative Work - Siddha Yoga

Gulika	8:02AM – 9:33AM	Magha* Until 7:01AM Sat
Yama	3:34PM – 5:05PM	Harshana Until 1:11AM Sat
354731361 Rahu	11:03AM – 12:34PM	Kaulava Until 8:51AM
		Shashthi* Until 9:09PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Jyeshtha•Vaikasi

Sunrise: 6:32AM
Sunset: 6:35PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Devaloka Day

6 Saturday, June 11, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau

Nairobi, Kenya
Sun 20 Sutra 55

Simha Rasi: 12.48 Tithi 7
Creative Work Amrita Yoga
Until 7:01AM
Then Creative Work - Siddha Yoga

Gulika	6:32AM – 8:03AM	Magha* Until 7:01AM
Yama	2:04PM – 3:35PM	Vajra* Until 1:16AM Sun
355731361 Rahu	9:33AM – 11:03AM	Gara Until 9:41AM
		Saptami Until 10:22PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Red
Jyeshtha•Vaikasi

Sunrise: 6:32AM
Sunset: 6:35PM

Durmukha 5118
Moon 5 - Phase 8
3rd Phase
Sivaloka Day

Sunday, June 12, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 21 Sutra 56

Simha Rasi: 25.04 Tithi 8
Creative Work Siddha Yoga
Until 9:09AM
Then Creative Work - Amrita Yoga

Gulika	3:35PM – 5:05PM	Purvaphalguni Until 9:09AM
Yama	12:34PM – 2:04PM	Siddhi Until 1:50AM Mon
355831361 Rahu	5:05PM – 6:36PM	Visti Until 11:16AM
		Ashtami* Until 12:14AM Mon

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Jyeshtha•Vaikasi

Sunrise: 6:32AM
Sunset: 6:36PM

Durmukha 5118
Moon 5 - Phase 8
Ashtami
Devaloka Day

Monday, June 13, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau

Nairobi, Kenya
Sun 22 Sutra 57

Kanya Rasi: 7.06 Tithi 9
Family Home Evening
Creative Work Siddha Yoga

Gulika	2:05PM – 3:35PM	Uttaraphalguni Until 11:39AM
Yama	11:04AM – 12:34PM	Vyatipata* Until 2:44AM Tue
355831361 Rahu	8:03AM – 9:33AM	Balava Until 1:22PM
		Navami* Until 2:32AM Tue

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Jyeshtha•Vaikasi

Sunrise: 6:33AM
Sunset: 6:36PM

Durmukha 5118
Moon 5 - Phase 8
Navami
Devaloka Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1 Tuesday, June 14, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau

Nairobi, Kenya
Sun 23 Sutra 58

Kanya Rasi: 18.59 Tithi 10

Gulika 12:34PM – 2:05PM
Yama 9:34AM – 11:04AM
365831361 Rahu 3:35PM – 5:06PM

Hasta Until 2:48PM
Variyan Until 3:45AM Wed
Taitila Until 3:48PM
Dashami Until 5:02AM Wed

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Jyeshtha•Ani

Sunrise: *6:33AM*
Sunset: *6:36PM*

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

2 Wednesday, June 15, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Parigha* Yoga Vanija Karana Ekadashyam Titau

Nairobi, Kenya
Sun 24 Sutra 59

Tula Rasi: 0.49 Tithi 11

Gulika 11:04AM – 12:35PM
Yama 8:03AM – 9:34AM
365831361 Rahu 12:35PM – 2:05PM

Chitra Until 5:52PM
Parigha* Until 4:46AM Thu
Vanija Until 6:18PM
Ekadashi Until 7:29AM Thu

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Jyeshtha•Ani

Sunrise: *6:33AM*
Sunset: *6:36PM*

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3 Thursday, June 16, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
Svati Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 60

Tula Rasi: 12.39 Tithi 11 – 12

Gulika 9:34AM – 11:04AM
Yama 6:33AM – 8:04AM
365831361 Rahu 2:05PM – 3:36PM

Svati Until 8:38PM
Shiva Until 5:38AM Fri
Bava Until 8:39PM
Ekadashi Until 7:29AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Jyeshtha•Ani

Sunrise: *6:33AM*
Sunset: *6:36PM*

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga
Until 8:38PM
Then Creative Work - Siddha Yoga

4 Friday, June 17, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 61

Tula Rasi: 24.34 Tithi 12 – 13

Gulika 8:04AM – 9:34AM
Yama 3:36PM – 5:06PM
375831361 Rahu 11:05AM – 12:35PM

Vishakha Until 11:27PM
Siddha Until 6:14AM Sat
Kaulava Until 10:43PM
Dvadashi Until 9:42AM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Orange
Jyeshtha•Ani

Sunrise: *6:33AM*
Sunset: *6:37PM*

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Devaloka Day

Pradosha Vrata

Creative Work Siddha Yoga

5 Saturday, June 18, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya
Sun 27 Sutra 62

Vrischika Rasi: 6.37 Tithi 13 – 14

Gulika 6:34AM – 8:04AM
Yama 2:06PM – 3:36PM
375831361 Rahu 9:34AM – 11:05AM

Anuradha Until 1:44AM Sun
Siddha Until 6:14AM
Gara Until 12:24AM Sun
Trayodashi Until 11:36AM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Orange
Jyeshtha•Ani

Sunrise: *6:34AM*
Sunset: *6:37PM*

Durmukha 5118
Moon 5 - Phase 9
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 1:44AM Sun
Then Routine Work - Marana Yoga

○ Sunday, June 19, 2016
Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Nairobi, Kenya
Sutra 63

Vrischika Rasi: 18.5 Tithi 14 – 15

Gulika 3:36PM – 5:07PM
Yama 12:35PM – 2:06PM
375831361 Rahu 5:07PM – 6:37PM

Jyeshtha* Until 3:26AM Mon
Sadhya Until 6:31AM
Visti Until 1:39AM Mon
Chaturdashi* Until 1:04PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Orange
Jyeshtha•Ani

Sunrise: *6:34AM*
Sunset: *6:37PM*

Durmukha 5118
Moon 5 - Phase 9
Purnima

Devaloka Day

Routine Work Marana Yoga
Until 3:26AM Mon
Then Creative Work - Siddha Yoga

Father's Day

Monday, June 20, 2016
Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Nairobi, Kenya
Sutra 64

Dhanus Rasi: 1.14 Tithi 15 – 16
Family Home Evening

Gulika 2:06PM – 3:37PM
Yama 11:05AM – 12:36PM
386831361 Rahu 8:04AM – 9:35AM

Mula* Until 5:01AM Tue
Subha Until 6:29AM
Balava Until 2:27AM Tue
Purnima* Until 2:05PM

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha•Ani

Sunrise: *6:34AM*
Sunset: *6:37PM*

Durmukha 5118
Moon 5 - Phase 9
Prathama

Devaloka Day

Creative Work Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

Tuesday, June 21, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sutra 65

Dhanus Rasi: 13.5 Tithi 16 – 17

Gulika 12:36PM – 2:06PM
Yama 9:35AM – 11:05AM
386831361 Rahu 3:37PM – 5:07PM

Purvashadha* Until 6:02AM Wed
Sukla Until 6:05AM
Taitila Until 2:49AM Wed
Prathama* Until 2:40PM

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha•Ani

Sunrise: 6:34AM
Sunset: 6:38PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 6:02AM Wed
Then Creative Work - Amrita Yoga

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1 Wednesday, June 22, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 66

Dhanus Rasi: 26.38 Tithi 17 – 18

Gulika 11:06AM – 12:36PM
Yama 8:05AM – 9:35AM
386831361 Rahu 12:36PM – 2:07PM

Purvashadha* Until 6:02AM
Indra Until 4:19AM Thu
Vanija Until 2:48AM Thu
Dvitiya Until 2:50PM

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha•Ani

Sunrise: 6:34AM
Sunset: 6:38PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Amrita Yoga

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2 Thursday, June 23, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 67

Makara Rasi: 9.38 Tithi 18 – 19

Gulika 9:36AM – 11:06AM
Yama 6:35AM – 8:05AM
386831361 Rahu 2:07PM – 3:37PM

Uttarashadha Until 6:30AM
Vaidhriti* Until 2:59AM Fri
Bava Until 2:24AM Fri
Tritiya Until 2:38PM

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha•Ani

Sunrise: 6:35AM
Sunset: 6:38PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 6:30AM
Then Creative Work - Siddha Yoga

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3 Friday, June 24, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 68

Makara Rasi: 22.49 Tithi 19 – 20

Gulika 8:05AM – 9:36AM
Yama 3:37PM – 5:08PM
396831361 Rahu 11:06AM – 12:37PM

Shravana Until 6:55AM
Vishkambha* Until 1:22AM Sat
Kaulava Until 1:40AM Sat
Chaturthi* Until 2:03PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha•Ani

Sunrise: 6:35AM
Sunset: 6:38PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 6:55AM
Then Creative Work - Siddha Yoga

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4 Saturday, June 25, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 69

Kumbha Rasi: 6.11 Tithi 20 – 21

Gulika 6:35AM – 8:06AM
Yama 2:07PM – 3:38PM
396831361 Rahu 9:36AM – 11:06AM

Dhanishtha Until 6:51AM
Priti Until 11:29PM
Gara Until 12:34AM Sun
Panchami Until 1:08PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha•Ani

Sunrise: 6:35AM
Sunset: 6:38PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 6:51AM
Then Creative Work - Amrita Yoga

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5 Sunday, June 26, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 70

Kumbha Rasi: 19.45 Tithi 21 – 22

Gulika 3:38PM – 5:08PM
Yama 12:37PM – 2:07PM
396831361 Rahu 5:08PM – 6:39PM

Shatabhishak Until 6:17AM
Ayushman Until 9:18PM
Visti Until 11:08PM
Shashthi* Until 11:52AM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha•Ani

Sunrise: 6:35AM
Sunset: 6:39PM

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Monday, June 27, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshthapada Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 71

Meena Rasi: 3.31 Tithi 22 – 23

Gulika 2:08PM – 3:38PM
Yama 11:07AM – 12:37PM
316831361 Rahu 8:06AM – 9:36AM

Uttaraproshthapada Until 4:33AM Tue
Saubhagya Until 6:51PM
Balava Until 9:21PM
Saptami Until 10:16AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha•Ani

Sunrise: 6:36AM
Sunset: 6:39PM

Durmukha 5118
Moon 6 - Phase 10
Ashtami

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga

Tuesday, June 28, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 72

Meena Rasi: 17.3 Tithi 23 – 24

Gulika 12:37PM – 2:08PM
Yama 9:37AM – 11:07AM
317831361 Rahu 3:38PM – 5:09PM

Revati Until 2:59AM Wed
Sobhana Until 4:08PM
Taitila Until 7:14PM
Ashtami* Until 8:19AM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha•Ani

Sunrise: 6:36AM
Sunset: 6:39PM

Durmukha 5118
Moon 6 - Phase 10
Navami

Devaloka Day

Creative Work Siddha Yoga
Until 2:59AM Wed
Then Routine Work - Marana Yoga

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1 Wednesday, June 29, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Visti* Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 8 Sutra 73

Mesha Rasi: 1.42 Tithi 24 – 25

Gulika 11:07AM – 12:38PM
Yama 8:06AM – 9:37AM
327831361 Rahu 12:38PM – 2:08PM

Ashvini Until 1:24AM Thu
Athiganda* Until 1:09PM
Visti Until 3:30AM Thu
Navami* Until 6:02AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – White
Jyeshtha•Ani

Sunrise: 6:36AM
Sunset: 6:39PM

Durmukha 5118
Moon 6 - Phase 11
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 1:24AM Thu
Then Creative Work - Siddha Yoga

2 Thursday, June 30, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau

Nairobi, Kenya
Sun 9 Sutra 74

Mesha Rasi: 16.05 Tithi 26

Gulika 9:37AM – 11:07AM
Yama 6:36AM – 8:07AM
327831361 Rahu 2:08PM – 3:39PM

Bharani Until 11:29PM
Sukarma Until 9:57AM
Bava Until 2:09PM
Ekadashi* Until 12:45AM Fri

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – White
Jyeshtha•Ani

Sunrise: 6:36AM
Sunset: 6:39PM

Durmukha 5118
Moon 6 - Phase 11
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 11:29PM
Then Routine Work - Marana Yoga

3 Friday, July 1, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau

Nairobi, Kenya
Sun 10 Sutra 75

Vrishabha Rasi: 0.37 Tithi 27

Gulika 8:07AM – 9:37AM
Yama 3:39PM – 5:09PM
327831361 Rahu 11:08AM – 12:38PM

Krittika Until 9:18PM
Dhriti Until 6:38AM
Kaulava Until 11:21AM
Dvadashi* Until 9:54PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – White
Jyeshtha•Ani

Sunrise: 6:36AM
Sunset: 6:40PM

Durmukha 5118
Moon 6 - Phase 11
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 9:18PM
Then Routine Work - Marana Yoga

4 Saturday, July 2, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau

Nairobi, Kenya
Sun 11 Sutra 76

Vrishabha Rasi: 15.11 Tithi 28

Gulika 6:36AM – 8:07AM
Yama 2:09PM – 3:39PM
337831361 Rahu 9:37AM – 11:08AM

Rohini Until 7:26PM
Ganda* Until 11:53PM
Gara Until 8:29AM
Trayodashi* Until 7:04PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Ani

Sunrise: 6:36AM
Sunset: 6:40PM

Durmukha 5118
Moon 6 - Phase 11
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Pradosha Vrata (Fasting)

Creative Work Amrita Yoga
Until 7:26PM
Then Creative Work - Siddha Yoga

5 Sunday, July 3, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Nairobi, Kenya
Sun 12 Sutra 77

Vrishabha Rasi: 29.43 Tithi 29 – 30

Gulika 3:39PM – 5:10PM
Yama 12:38PM – 2:09PM
337831361 Rahu 5:10PM – 6:40PM

Mrigashira Until 5:34PM
Vriddhi Until 8:42PM
Catuspada Until 3:11AM Mon
Chaturdashi* Until 4:24PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Ani

Sunrise: 6:37AM
Sunset: 6:40PM

Durmukha 5118
Moon 6 - Phase 11
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

● Monday, July 4, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Nairobi, Kenya
Sun 13 Sutra 78

Mithuna Rasi: 14.04 Tithi 30 – 1

Gulika 2:09PM – 3:39PM
Yama 11:08AM – 12:39PM
338831361 Rahu 8:07AM – 9:38AM

Ardra Until 3:52PM
Dhruva Until 5:46PM
Kintughna Until 1:01AM Tue
Amavasya* Until 2:01PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Yellow
Jyeshtha•Ani

Sunrise: 6:37AM
Sunset: 6:40PM

Durmukha 5118
Moon 6 - Phase 11
Amavasya

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Family Home Evening
Creative Work Siddha Yoga
Until 3:52PM
Then Creative Work - Amrita Yoga

Tuesday, July 5, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sun 14 Sutra 79

Mithuna Rasi: 28.1 Tithi 1 – 2

Gulika 12:39PM – 2:09PM
Yama 9:38AM – 11:08AM
348831361 Rahu 3:40PM – 5:10PM

Punarvasu Until 2:56PM
Vyaghata* Until 3:14PM
Balava Until 11:22PM
Prathama* Until 12:06PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Blue
Ashada•Ani

Sunrise: 6:37AM
Sunset: 6:40PM

Durmukha 5118
Moon 6 - Phase 11
Prathama

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Wednesday, July 6, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 15 Sutra 80

Kataka Rasi: 11.55 Tithi 2 – 3

Gulika 11:08AM – 12:39PM
Yama 8:08AM – 9:38AM
448831361 Rahu 12:39PM – 2:09PM

Pushya Until 2:27PM
Harshana Until 1:13PM
Taitila Until 10:22PM
Dvitiya Until 10:46AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Blue
Ashada•Ani

Sunrise: 6:37AM
Sunset: 6:41PM

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

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2 Thursday, July 7, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 16 Sutra 81

Kataka Rasi: 25.16 Tithi 3 – 4

Gulika 9:38AM – 11:09AM
Yama 6:37AM – 8:08AM
448931361 Rahu 2:09PM – 3:40PM

Ashlesha* Until 2:31PM
Vajra* Until 11:45AM
Vanija Until 10:07PM
Tritiya Until 10:08AM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Blue
Ashada•Ani

Sunrise: 6:37AM
Sunset: 6:41PM

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 2:31PM
Then Creative Work - Amrita Yoga

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3 Friday, July 8, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 17 Sutra 82

Simha Rasi: 8.13 Tithi 4 – 5

Gulika 8:08AM – 9:38AM
Yama 3:40PM – 5:10PM
458931361 Rahu 11:09AM – 12:39PM

Magha* Until 3:40PM
Siddhi Until 10:54AM
Bava Until 10:39PM
Chaturthi* Until 10:16AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Red
Ashada•Ani

Sunrise: 6:37AM
Sunset: 6:41PM

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 3:40PM
Then Creative Work - Siddha Yoga

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4 Saturday, July 9, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 18 Sutra 83

Simha Rasi: 20.48 Tithi 5 – 6

Gulika 6:38AM – 8:08AM
Yama 2:10PM – 3:40PM
458931361 Rahu 9:38AM – 11:09AM

Purvaphalguni Until 5:23PM
Vyatipata* Until 10:40AM
Kaulava Until 11:54PM
Panchami Until 11:10AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Red
Ashada•Ani

Sunrise: 6:38AM
Sunset: 6:41PM

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 5:23PM
Then Routine Work - Marana Yoga

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5 Sunday, July 10, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 19 Sutra 84

Kanya Rasi: 3.05 Tithi 6 – 7

Gulika 3:40PM – 5:11PM
Yama 12:39PM – 2:10PM
458931361 Rahu 5:11PM – 6:41PM

Uttaraphalguni Until 7:33PM
Variyan Until 10:56AM
Gara Until 1:45AM Mon
Shashthi* Until 12:45PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Red
Ashada•Ani

Sunrise: 6:38AM
Sunset: 6:41PM

Durmukha 5118
Moon 6 - Phase 12
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Chidambaram Abhishekam

Monday, July 11, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 20 Sutra 85

Kanya Rasi: 15.08 Tithi 7 – 8

Gulika 2:10PM – 3:40PM
Yama 11:09AM – 12:40PM
469931361 Rahu 8:08AM – 9:39AM

Hasta Until 10:29PM
Parigha* Until 11:37AM
Visti Until 4:00AM Tue
Saptami Until 2:49PM

Ganesha: Orange
Muruga: Clear
Nataraja: White
Moon – Green
Ashada•Ani

Sunrise: 6:38AM
Sunset: 6:41PM

Durmukha 5118
Moon 6 - Phase 12
Ashtami

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 10:29PM
Then Routine Work - Prabalarishta Yoga

Tuesday, July 12, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 21 Sutra 86

Kanya Rasi: 27.02 Tithi 8 – 9

Gulika 12:40PM – 2:10PM
Yama 9:39AM – 11:09AM
469931361 Rahu 3:41PM – 5:11PM

Chitra Until 1:27AM Wed
Shiva Until 12:32PM
Balava Until 6:24AM Wed
Ashtami* Until 5:10PM

Ganesha: Orange
Muruga: Clear
Nataraja: White
Moon – Green
Ashada•Ani

Sunrise: 6:38AM
Sunset: 6:41PM

Durmukha 5118
Moon 6 - Phase 12
Navami

Devaloka Day

Creative Work Siddha Yoga

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1 Wednesday, July 13, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Svati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau

Nairobi, Kenya | Sun 22 | Sutra 87

Tula Rasi: 8.54 | Tithi 9

Gulika 11:09AM – 12:40PM
Yama 8:09AM – 9:39AM
469931361 Rahu 12:40PM – 2:10PM

Svati Until 4:13AM Thu
Siddha Until 1:29PM
Balava Until 6:24AM
Navami* Until 7:34PM

Ganesha: Orange
Muruga: Clear
Nataraja: White
Moon – Green
Ashada•Ani

Sunrise: 6:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Devaloka Day

Creative Work | Siddha Yoga

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2 Thursday, July 14, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashamyam Titau

Nairobi, Kenya | Sun 23 | Sutra 88

Tula Rasi: 20.47 | Tithi 10

Gulika 9:39AM – 11:09AM
Yama 6:38AM – 8:09AM
479931361 Rahu 2:10PM – 3:41PM

Vishakha Until 7:05AM Fri
Sadhya Until 2:22PM
Taitila Until 8:43AM
Dashami Until 9:47PM

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Orange
Ashada•Ani

Sunrise: 6:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work | Siddha Yoga

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3 Friday, July 15, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau

Nairobi, Kenya | Sun 24 | Sutra 89

Vrischika Rasi: 2.46 | Tithi 11

Gulika 8:09AM – 9:39AM
Yama 3:41PM – 5:11PM
479931361 Rahu 11:10AM – 12:40PM

Vishakha Until 7:05AM
Subha Until 3:01PM
Vanija Until 10:47AM
Ekadashi Until 11:39PM

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Orange
Ashada•Ani

Sunrise: 6:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work | Siddha Yoga

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4 Saturday, July 16, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau

Nairobi, Kenya | Sun 25 | Sutra 90

Vrischika Rasi: 14.55 | Tithi 12

Gulika 6:38AM – 8:09AM
Yama 2:11PM – 3:41PM
479931361 Rahu 9:39AM – 11:10AM

Anuradha Until 9:25AM
Sukla Until 3:19PM
Bava Until 12:26PM
Dvadashi Until 1:03AM Sun

Ganesha: Green
Muruga: Clear
Nataraja: White
Moon – Orange
Ashada•Adi

Sunrise: 6:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work | Siddha Yoga

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5 Sunday, July 17, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau

Nairobi, Kenya | Sun 26 | Sutra 91

Vrischika Rasi: 27.16 | Tithi 13

Gulika 3:41PM – 5:12PM
Yama 12:40PM – 2:11PM
479931362 Rahu 5:12PM – 6:42PM

Jyeshtha* Until 11:05AM
Brahma Until 3:13PM
Kaulava Until 1:34PM
Trayodashi Until 1:55AM Mon

Pradosha Vrata

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon – Orange
Ashada•Adi

Sunrise: 6:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Devaloka Day

Routine Work | Marana Yoga
Until 11:05AM
Then Creative Work - Amrita Yoga

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6 Monday, July 18, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau

Nairobi, Kenya | Sun 27 | Sutra 92

Dhanus Rasi: 9.5 | Tithi 14

Gulika 2:11PM – 3:41PM
Yama 11:10AM – 12:40PM
481931362 Rahu 8:09AM – 9:39AM

Mula* Until 12:33PM
Indra Until 2:42PM
Gara Until 2:10PM
Chaturdashi* Until 2:14AM Tue

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Ashada•Adi

Sunrise: 6:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 13
4th Phase

Subha Sivaloka Day

Family Home Evening
Creative Work | Siddha Yoga
Until 12:33PM
Then Routine Work - Marana Yoga

○ Tuesday, July 19, 2016
Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau

Nairobi, Kenya
Sutra 93

Dhanus Rasi: 22.41 | Tithi 15

Gulika 12:40PM – 2:11PM
Yama 9:39AM – 11:10AM
481931362 Rahu 3:41PM – 5:12PM

Purvashadha* Until 1:20PM
Vaidhriti* Until 1:44PM
Visti Until 2:12PM
Purnima* Until 2:01AM Wed

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Ashada•Adi

Sunrise: 6:39AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 13
Purnima

Subha Sivaloka Day

Satguru Purnima

Creative Work | Siddha Yoga
Until 1:20PM
Then Routine Work - Prabalarishta Yoga

Wednesday, July 20, 2016
Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Prathamayam Titau

Nairobi, Kenya
Sutra 94

Makara Rasi: 5.47 | Tithi 16

Gulika 11:10AM – 12:40PM
Yama 8:09AM – 9:39AM
481931362 Rahu 12:40PM – 2:11PM

Uttarashadha Until 1:27PM
Vishkambha* Until 12:22PM
Balava Until 1:45PM
Prathama* Until 1:20AM Thu

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Ashada•Adi

Sunrise: 6:39AM
Sunset: 6:42PM

Durmukha 5118
Moon 6 - Phase 13
Prathama

Subha Sivaloka Day

Creative Work | Amrita Yoga
Until 1:27PM
Then Creative Work - Siddha Yoga

Thursday, July 21, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 95

Makara Rasi: 19.08 Tithi 17

Gulika 9:40AM – 11:10AM
Yama 6:39AM – 8:09AM
491931362 Rahu 2:11PM – 3:41PM

Shravana Until 1:26PM
Priti Until 10:40AM
Taitila Until 12:51PM
Dvitiya Until 12:14AM Fri

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sunrise: *6:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

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1 Friday, July 22, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 2 Sutra 96

Kumbha Rasi: 2.43 Tithi 18

Gulika 8:09AM – 9:40AM
Yama 3:41PM – 5:12PM
491931362 Rahu 11:10AM – 12:40PM

Dhanishtha Until 12:55PM
Ayushman Until 8:38AM
Vanija Until 11:35AM
Tritiya Until 10:49PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sunrise: *6:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

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2 Saturday, July 23, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 3 Sutra 97

Kumbha Rasi: 16.28 Tithi 19

Gulika 6:39AM – 8:09AM
Yama 2:11PM – 3:41PM
491931362 Rahu 9:40AM – 11:10AM

Shatabhishak Until 11:57AM
Saubhagya Until 6:22AM
Bava Until 10:01AM
Chaturthi* Until 9:08PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sunrise: *6:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 11:57AM
Then Routine Work - Marana Yoga

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3 Sunday, July 24, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 4 Sutra 98

Meena Rasi: 0.22 Tithi 20

Gulika 3:41PM – 5:12PM
Yama 12:41PM – 2:11PM
411931362 Rahu 5:12PM – 6:42PM

Purvaproshthapada* Until 11:04AM
Athiganda* Until 1:19AM Mon
Kaulava Until 8:14AM
Panchami Until 7:15PM

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sunrise: *6:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 11:04AM
Then Creative Work - Amrita Yoga

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4 Monday, July 25, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Sukarma Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 99

Meena Rasi: 14.23 Tithi 21 – 22
Family Home Evening

Gulika 2:11PM – 3:41PM
Yama 11:10AM – 12:41PM
411931362 Rahu 8:09AM – 9:40AM

Uttaraproshthapada Until 9:52AM
Sukarma Until 10:36PM
Gara Until 6:17AM
Shashthi* Until 5:14PM

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sunrise: *6:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

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5 Tuesday, July 26, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 100

Meena Rasi: 28.29 Tithi 22 – 23

Gulika 12:41PM – 2:11PM
Yama 9:40AM – 11:10AM
411931362 Rahu 3:41PM – 5:12PM

Revati Until 8:25AM
Dhriti Until 7:48PM
Balava Until 2:00AM Wed
Saptami Until 3:06PM

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sunrise: *6:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, July 27, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 101

Mesha Rasi: 12.39 Tithi 23 – 24

Gulika 11:10AM – 12:41PM
Yama 8:09AM – 9:40AM
421931362 Rahu 12:41PM – 2:11PM

Ashvini Until 7:08AM
Shula* Until 4:55PM
Taitila Until 11:46PM
Ashtami* Until 12:52PM

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon – White
Ashada•Adi

Sunrise: *6:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 14
Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga
Until 7:08AM
Then Creative Work - Siddha Yoga

Thursday, July 28, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Ganda*/Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 8 Sutra 102

Mesha Rasi: 26.51 Tithi 24 – 25

Gulika 9:40AM – 11:10AM
Yama 6:39AM – 8:09AM
421931362 Rahu 2:11PM – 3:41PM

Krittika Until 4:03AM Fri
Ganda* Until 2:02PM
Vanija Until 9:29PM
Navami* Until 10:36AM

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon – White
Ashada•Adi

Sunrise: *6:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 14
Navami

Subha Sivaloka Day

Routine Work Marana Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1 Friday, July 29, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Nairobi, Kenya
Sun 9 Sutra 103

Vrishabha Rasi: 11.04 Tithi 25 – 26

Gulika	8:09AM – 9:39AM	Rohini Until 2:45AM Sat
Yama	3:41PM – 5:12PM	Vriddhi Until 11:09AM
432931362 Rahu	11:10AM – 12:40PM	Bava Until 7:14PM
		Dashami Until 8:20AM

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashada•Adi

Sunrise: *6:39AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 15
2nd Phase

Devaloka Day

Routine Work Marana Yoga
Until 2:45AM Sat
Then Creative Work - Siddha Yoga

2 Saturday, July 30, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 10 Sutra 104

Vrishabha Rasi: 25.14 Tithi 26 – 27

Gulika	6:38AM – 8:09AM	Mrigashira Until 1:27AM Sun
Yama	2:11PM – 3:41PM	Dhruva Until 8:18AM
432931362 Rahu	9:39AM – 11:10AM	Taitila Until 4:04AM Sun
		Ekadashi* Until 6:08AM

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashada•Adi

Sunrise: *6:38AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 15
2nd Phase

Devaloka Day

Creative Work Siddha Yoga

3 Sunday, July 31, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau

Nairobi, Kenya
Sun 11 Sutra 105

Mithuna Rasi: 9.19 Tithi 28

Gulika	3:41PM – 5:12PM	Ardra Until 12:13AM Mon
Yama	12:40PM – 2:11PM	Harshana Until 3:04AM Mon
432131362 Rahu	5:12PM – 6:42PM	Gara Until 3:08PM
		Trayodashi* Until 2:14AM Mon

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashada•Adi

Sunrise: *6:38AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 15
2nd Phase

Devaloka Day

Pradosha Vrata (Fasting)

Creative Work Siddha Yoga
Until 12:13AM Mon
Then Creative Work - Amrita Yoga

4 Monday, August 1, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Nairobi, Kenya
Sun 12 Sutra 106

Mithuna Rasi: 23.14 Tithi 29

Gulika	2:11PM – 3:41PM	Punarvasu Until 11:37PM
Yama	11:10AM – 12:40PM	Vajra* Until 12:50AM Tue
442131362 Rahu	8:09AM – 9:39AM	Visti Until 1:27PM
		Chaturdashi* Until 12:45AM Tue

Ganesha: Light Blue
Muruga: Clear
Nataraja: Clear
Moon – Blue
Ashada•Adi

Sunrise: *6:38AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 15
2nd Phase

Devaloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 11:37PM
Then Creative Work - Siddha Yoga

● Tuesday, August 2, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Nairobi, Kenya
Sun 13 Sutra 107

Kataka Rasi: 6.56 Tithi 30

Gulika	12:40PM – 2:11PM	Pushya Until 11:18PM
Yama	9:39AM – 11:10AM	Siddhi Until 10:58PM
442131362 Rahu	3:41PM – 5:12PM	Catuspada Until 12:11PM
		Amavasya* Until 11:43PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: Clear
Moon – Blue
Ashada•Adi

Sunrise: *6:38AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 15
Amavasya

Devaloka Day

Creative Work Siddha Yoga

Wednesday, August 3, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau

Nairobi, Kenya
Sun 14 Sutra 108

Kataka Rasi: 20.22 Tithi 1

Gulika	11:10AM – 12:40PM	Ashlesha* Until 11:24PM
Yama	8:09AM – 9:39AM	Vyatipata* Until 9:33PM
442131362 Rahu	12:40PM – 2:11PM	Kintughna Until 11:25AM
		Prathama* Until 11:14PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: Clear
Moon – Blue
Sravana•Adi

Sunrise: *6:38AM*
Sunset: *6:42PM*

Durmukha 5118
Moon 7 - Phase 15
Prathama

Devaloka Day

Creative Work Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1 Thursday, August 4, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 15 Sutra 109

Simha Rasi: 3.29 Tithi 2

452131362

Gulika	9:39AM – 11:10AM
Yama	6:38AM – 8:09AM
Rahu	2:11PM – 3:41PM

Magha* Until 12:25AM Fri
Variyan Until 8:37PM
Balava Until 11:15AM
Dvitiya Until 11:24PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Red
Sravana•Adi

Sunrise: 6:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 12:25AM Fri
Then Creative Work - Siddha Yoga

2 Friday, August 5, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau

Nairobi, Kenya
Sun 16 Sutra 110

Simha Rasi: 16.16 Tithi 3

452131362

Gulika	8:08AM – 9:39AM
Yama	3:41PM – 5:11PM
Rahu	11:09AM – 12:40PM

Purvaphalguni Until 1:55AM Sat
Parigha* Until 8:13PM
Taitila Until 11:45AM
Tritiya Until 12:13AM Sat

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Red
Sravana•Adi

Sunrise: 6:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 1:55AM Sat
Then Routine Work - Marana Yoga

3 Saturday, August 6, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau

Nairobi, Kenya
Sun 17 Sutra 111

Simha Rasi: 28.46 Tithi 4

452131362

Gulika	6:38AM – 8:08AM
Yama	2:10PM – 3:41PM
Rahu	9:39AM – 11:09AM

Uttaraphalguni Until 3:51AM Sun
Shiva Until 8:19PM
Vanija Until 12:53PM
Chaturthi* Until 1:39AM Sun

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Red
Sravana•Adi

Sunrise: 6:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 3:51AM Sun
Then Creative Work - Amrita Yoga

4 Sunday, August 7, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau

Nairobi, Kenya
Sun 18 Sutra 112

Kanya Rasi: 10.59 Tithi 5

462141362

Gulika	3:41PM – 5:11PM
Yama	12:40PM – 2:10PM
Rahu	5:11PM – 6:42PM

Hasta Until 6:35AM Mon
Siddha Until 8:47PM
Bava Until 2:35PM
Panchami Until 3:34AM Mon

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Green
Sravana•Adi

Sunrise: 6:38AM
Sunset: 6:42PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Nag Panchami

Creative Work Amrita Yoga
Until 6:35AM Mon
Then Routine Work - Prabalarishta Yoga

5 Monday, August 8, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau

Nairobi, Kenya
Sun 19 Sutra 113

Kanya Rasi: 23.02 Tithi 6

462141362

Gulika	2:10PM – 3:41PM
Yama	11:09AM – 12:40PM
Rahu	8:08AM – 9:39AM

Hasta Until 6:35AM
Sadhya Until 9:34PM
Kaulava Until 4:42PM
Shashthi* Until 5:50AM Tue

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Green
Sravana•Adi

Sunrise: 6:37AM
Sunset: 6:42PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 6:35AM
Then Routine Work - Prabalarishta Yoga

6 Tuesday, August 9, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Subha Yoga Gara Karana Saptamyam Titau

Nairobi, Kenya
Sun 20 Sutra 114

Tula Rasi: 4.57 Tithi 7

462141362

Gulika	12:39PM – 2:10PM
Yama	9:38AM – 11:09AM
Rahu	3:40PM – 5:11PM

Chitra Until 9:26AM
Subha Until 10:30PM
Gara Until 7:03PM
Saptami Until 8:13AM Wed

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Green
Sravana•Adi

Sunrise: 6:37AM
Sunset: 6:42PM

Durmukha 5118
Moon 7 - Phase 16
3rd Phase

Devaloka Day

Creative Work Siddha Yoga

◗ Wednesday, August 10, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 21 Sutra 115

Tula Rasi: 16.5 Tithi 7 – 8

462141362

Gulika	11:09AM – 12:39PM
Yama	8:08AM – 9:38AM
Rahu	12:39PM – 2:10PM

Svati Until 12:13PM
Sukla Until 11:23PM
Visti Until 9:25PM
Saptami Until 8:13AM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Green
Sravana•Adi

Sunrise: 6:37AM
Sunset: 6:41PM

Durmukha 5118
Moon 7 - Phase 16
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Thursday, August 11, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 22 Sutra 116

Tula Rasi: 28.44 Tithi 8 – 9

473141362

Gulika	9:38AM – 11:09AM
Yama	6:37AM – 8:07AM
Rahu	2:10PM – 3:40PM

Vishakha Until 3:13PM
Brahma Until 12:08AM Fri
Balava Until 11:35PM
Ashtami* Until 10:31AM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Orange
Sravana•Adi

Sunrise: 6:37AM
Sunset: 6:41PM

Durmukha 5118
Moon 7 - Phase 16
Navami

Devaloka Day

Creative Work Siddha Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Friday, August 12, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 23 Sutra 117

Vrischika Rasi: 10.44 Tithi 9 – 10
473141362

Gulika	8:07AM – 9:38AM
Yama	3:40PM – 5:11PM
Rahu	11:08AM – 12:39PM

Anuradha Until 5:44PM
Indra Until 12:37AM Sat
Taitila Until 1:22AM Sat
Navami* Until 12:31PM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Orange
Sravana•Adi

Sunrise: 6:37AM
Sunset: 6:41PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 5:44PM
Then Routine Work - Marana Yoga

Varalakshmi Vratham

2 Saturday, August 13, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Nairobi, Kenya
Sun 24 Sutra 118

Vrischika Rasi: 22.54 Tithi 10 – 11
473141362

Gulika	6:37AM – 8:07AM
Yama	2:09PM – 3:40PM
Rahu	9:38AM – 11:08AM

Jyeshtha* Until 7:37PM
Vaidhriti* Until 12:39AM Sun
Vanija Until 2:38AM Sun
Dashami Until 2:04PM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – Orange
Sravana•Adi

Sunrise: 6:37AM
Sunset: 6:41PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Devaloka Day

Creative Work Siddha Yoga

3 Sunday, August 14, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 119

Dhanus Rasi: 5.18 Tithi 11 – 12
483141362

Gulika	3:40PM – 5:10PM
Yama	12:39PM – 2:09PM
Rahu	5:10PM – 6:41PM

Mula* Until 9:14PM
Vishkambha* Until 12:13AM Mon
Bava Until 3:17AM Mon
Ekadashi Until 3:02PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Sravana•Adi

Sunrise: 6:36AM
Sunset: 6:41PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 9:14PM
Then Creative Work - Siddha Yoga

4 Monday, August 15, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 120

Dhanus Rasi: 17.59 Tithi 12 – 13
483141362

Gulika	2:09PM – 3:39PM
Yama	11:08AM – 12:38PM
Rahu	8:07AM – 9:37AM

Purvashadha* Until 10:04PM
Priti Until 11:18PM
Kaulava Until 3:16AM Tue
Dvadashi Until 3:21PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Sravana•Adi

Sunrise: 6:36AM
Sunset: 6:41PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Sivaloka Day

Pradosha Vrata

Family Home Evening
Routine Work Marana Yoga

5 Tuesday, August 16, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya
Sun 27 Sutra 121

Makara Rasi: 0.59 Tithi 13 – 14
483141362

Gulika	12:38PM – 2:09PM
Yama	9:37AM – 11:08AM
Rahu	3:39PM – 5:10PM

Uttarashadha Until 10:06PM
Ayushman Until 9:49PM
Gara Until 2:37AM Wed
Trayodashi Until 3:00PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Sravana•Avani

Sunrise: 6:36AM
Sunset: 6:40PM

Durmukha 5118
Moon 7 - Phase 17
4th Phase

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 10:06PM
Then Creative Work - Siddha Yoga

○ Wednesday, August 17, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Nairobi, Kenya
Sutra 122

Makara Rasi: 14.2 Tithi 14 – 15
593141362

Gulika	11:07AM – 12:38PM
Yama	8:06AM – 9:37AM
Rahu	12:38PM – 2:09PM

Shravana Until 9:50PM
Saubhagya Until 7:52PM
Visti Until 1:22AM Thu
Chaturdashi* Until 2:02PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Purple
Sravana•Avani

Sunrise: 6:36AM
Sunset: 6:40PM

Durmukha 5118
Moon 7 - Phase 17
Purnima

Sivaloka Day

Creative Work Siddha Yoga
Until 9:50PM
Then Routine Work - Prabalarishta Yoga

Raksha Bandhan

Thursday, August 18, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Nairobi, Kenya
Sutra 123

Makara Rasi: 28.01 Tithi 15 – 16
593141362

Gulika	9:37AM – 11:07AM
Yama	6:35AM – 8:06AM
Rahu	2:08PM – 3:39PM

Dhanishtha Until 8:54PM
Sobhana Until 5:30PM
Balava Until 11:37PM
Purnima* Until 12:31PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Purple
Sravana•Avani

Sunrise: 6:35AM
Sunset: 6:40PM

Durmukha 5118
Moon 7 - Phase 17
Prathama

Sivaloka Day

Creative Work Siddha Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Friday, August 19, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sutra 124

Kumbha Rasi: 11.59 Tithi 16 – 17

Creative Work Siddha Yoga

Gulika	8:06AM – 9:36AM	Shatabhishak Until 7:26PM
Yama	3:39PM – 5:09PM	Athiganda* Until 2:46PM
593141362 Rahu	11:07AM – 12:37PM	Taitila Until 9:29PM
		Prathama* Until 10:34AM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Purple
Sravana•Avani

Sunrise: 6:35AM
Sunset: 6:40PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

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1 Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 125

Kumbha Rasi: 26.1 Tithi 17 – 18

Routine Work Marana Yoga
Until 5:59PM
Then Creative Work - Siddha Yoga

Gulika	6:35AM – 8:05AM	Purvaproshthapada* Until 5:59PM
Yama	2:08PM – 3:38PM	Sukarma Until 11:48AM
513141362 Rahu	9:36AM – 11:07AM	Vanija Until 7:05PM
		Dvitiya Until 8:17AM

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Clear
Sravana•Avani

Sunrise: 6:35AM
Sunset: 6:40PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

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2 Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 126

Meena Rasi: 10.31 Tithi 19

Creative Work Amrita Yoga

Gulika	3:38PM – 5:09PM	Uttaraproshthapada Until 4:13PM
Yama	12:37PM – 2:08PM	Dhriti Until 8:42AM
513141362 Rahu	5:09PM – 6:39PM	Bava Until 4:32PM
		Chaturthi* Until 3:13AM Mon

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Clear
Sravana•Avani

Sunrise: 6:35AM
Sunset: 6:39PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

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3 Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 127

Meena Rasi: 24.56 Tithi 20
Family Home Evening
Creative Work Siddha Yoga

Gulika	2:07PM – 3:38PM	Revati Until 2:16PM
Yama	11:06AM – 12:37PM	Ganda* Until 2:18AM Tue
513141362 Rahu	8:05AM – 9:36AM	Kaulava Until 1:56PM
		Panchami Until 12:37AM Tue

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – Clear
Sravana•Avani

Sunrise: 6:34AM
Sunset: 6:39PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

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4 Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 128

Mesha Rasi: 9.2 Tithi 21

Creative Work Siddha Yoga

Gulika	12:36PM – 2:07PM	Ashvini Until 12:39PM
Yama	9:35AM – 11:06AM	Vriddhi Until 11:12PM
523141362 Rahu	3:38PM – 5:08PM	Gara Until 11:23AM
		Shashthi* Until 10:07PM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – White
Sravana•Avani

Sunrise: 6:34AM
Sunset: 6:39PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Devaloka Day

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5 Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 129

Mesha Rasi: 23.4 Tithi 22

Creative Work Siddha Yoga
Until 11:01AM
Then Creative Work - Amrita Yoga

Gulika	11:06AM – 12:36PM	Bharani Until 11:01AM
Yama	8:04AM – 9:35AM	Dhruva Until 8:13PM
523141362 Rahu	12:36PM – 2:07PM	Visti Until 8:57AM
		Saptami Until 7:47PM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
Moon – White
Sravana•Avani

Sunrise: 6:34AM
Sunset: 6:39PM

Durmukha 5118
Moon 8 - Phase 18
1st Phase

Devaloka Day

Thursday, August 25, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 6 Sutra 130

Vrishabha Rasi: 7.53 Tithi 23 – 24

Routine Work Marana Yoga

Gulika	9:35AM – 11:05AM	Krittika Until 9:26AM
Yama	6:33AM – 8:04AM	Vyaghata* Until 5:25PM
523241362 Rahu	2:07PM – 3:37PM	Balava Until 6:42AM
		Ashtami* Until 5:39PM

Krishna Janmashtami

Ganesha: White
Muruga: Purple
Nataraja: Clear
Moon – White
Sravana•Avani

Sunrise: 6:33AM
Sunset: 6:38PM

Durmukha 5118
Moon 8 - Phase 18
Ashtami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Friday, August 26, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 7 Sutra 131

Vrishabha Rasi: 21.56 Tithi 24 – 25

Routine Work Marana Yoga
Until 8:22AM
Then Creative Work - Siddha Yoga

Gulika	8:04AM – 9:34AM	Rohini Until 8:22AM
Yama	3:37PM – 5:08PM	Harshana Until 2:49PM
534241362 Rahu	11:05AM – 12:36PM	Vanija Until 2:57AM Sat
		Navami* Until 3:46PM

Ganesha: Purple
Muruga: Purple
Nataraja: Clear
Moon – Yellow
Sravana•Avani

Sunrise: 6:33AM
Sunset: 6:38PM

Durmukha 5118
Moon 8 - Phase 18
Navami

Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

1 Saturday, August 27, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Nairobi, Kenya
Sun 8 Sutra 132

Mithuna Rasi: 5.5 Tithi 25 – 26

534241363

Gulika	6:33AM – 8:03AM
Yama	2:06PM – 3:37PM
Rahu	9:34AM – 11:05AM

Mrigashira Until 7:26AM
Vajra* Until 12:27PM
Bava Until 1:32AM Sun
Dashami Until 2:11PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Sravana•Avani

Sunrise: *6:33AM*
Sunset: *6:38PM*

Durmukha 5118
Moon 8 - Phase 19
2nd Phase

Devaloka Day

Creative Work Siddha Yoga

2 Sunday, August 28, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 9 Sutra 133

Mithuna Rasi: 19.32 Tithi 26 – 27

534241363

Gulika	3:36PM – 5:07PM
Yama	12:35PM – 2:06PM
Rahu	5:07PM – 6:38PM

Ardra Until 6:40AM
Siddhi Until 10:20AM
Kaulava Until 12:27AM Mon
Ekadashi* Until 12:55PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Sravana•Avani

Sunrise: *6:33AM*
Sunset: *6:38PM*

Durmukha 5118
Moon 8 - Phase 19
2nd Phase

Devaloka Day

Creative Work Siddha Yoga

3 Monday, August 29, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 10 Sutra 134

Kataka Rasi: 3.01 Tithi 27 – 28

544241363

Gulika	2:05PM – 3:36PM
Yama	11:04AM – 12:35PM
Rahu	8:03AM – 9:33AM

Punarvasu Until 6:33AM
Vyatipata* Until 8:32AM
Gara Until 11:45PM
Dvadashi* Until 12:02PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Blue
Sravana•Avani

Sunrise: *6:32AM*
Sunset: *6:37PM*

Durmukha 5118
Moon 8 - Phase 19
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Family Home Evening
Creative Work Amrita Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

Pradosha Vrata (Fasting)

4 Tuesday, August 30, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya
Sun 11 Sutra 135

Kataka Rasi: 16.17 Tithi 28 – 29

544241363

Gulika	12:34PM – 2:05PM
Yama	9:33AM – 11:04AM
Rahu	3:36PM – 5:06PM

Pushya Until 6:41AM
Variyan Until 7:02AM
Visti Until 11:30PM
Trayodashi* Until 11:33AM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Blue
Sravana•Avani

Sunrise: *6:32AM*
Sunset: *6:37PM*

Durmukha 5118
Moon 8 - Phase 19
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

● Wednesday, August 31, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Nairobi, Kenya
Sun 12 Sutra 136

Kataka Rasi: 29.19 Tithi 29 – 30

544241363

Gulika	11:03AM – 12:34PM
Yama	8:02AM – 9:33AM
Rahu	12:34PM – 2:05PM

Ashlesha* Until 7:06AM
Shiva Until 5:11AM Thu
Catuspada Until 11:44PM
Chaturdashi* Until 11:32AM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Blue
Sravana•Avani

Sunrise: *6:32AM*
Sunset: *6:37PM*

Durmukha 5118
Moon 8 - Phase 19
Amavasya

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Thursday, September 1, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Nairobi, Kenya
Sun 13 Sutra 137

Simha Rasi: 12.06 Tithi 30 – 1

554241363

Gulika	9:33AM – 11:03AM
Yama	6:31AM – 8:02AM
Rahu	2:04PM – 3:35PM

Magha* Until 8:19AM
Siddha Until 4:49AM Fri
Kintughna Until 12:29AM Fri
Amavasya* Until 12:02PM

Ganesha: Orange
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Avani

Sunrise: *6:31AM*
Sunset: *6:36PM*

Durmukha 5118
Moon 8 - Phase 19
Prathama

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Annular Solar Eclipse

Creative Work Amrita Yoga
Until 8:19AM
Then Creative Work - Siddha Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1 Friday, September 2, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sun 14 Sutra 138

Simha Rasi: 24.38 Tithi 1 – 2

Gulika 8:02AM – 9:32AM
Yama 3:35PM – 5:06PM
554241363 Rahu 11:03AM – 12:34PM

Purvaphalguni Until 9:54AM
Sadhya Until 4:53AM Sat
Balava Until 1:45AM Sat
Prathama* Until 1:02PM

Ganesha: Orange
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Avani

Sunrise: 6:31AM
Sunset: 6:36PM

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

2 Saturday, September 3, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 15 Sutra 139

Kanya Rasi: 6.58 Tithi 2 – 3

Gulika 6:30AM – 8:01AM
Yama 2:04PM – 3:35PM
554241363 Rahu 9:32AM – 11:03AM

Uttaraphalguni Until 11:47AM
Subha Until 5:18AM Sun
Taitila Until 3:29AM Sun
Dvitiya Until 2:33PM

Ganesha: Orange
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Avani

Sunrise: 6:30AM
Sunset: 6:36PM

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

3 Sunday, September 4, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 16 Sutra 140

Kanya Rasi: 19.06 Tithi 3 – 4

Gulika 3:34PM – 5:05PM
Yama 12:33PM – 2:04PM
564241363 Rahu 5:05PM – 6:36PM

Hasta Until 2:25PM
Sukla Until 5:59AM Mon
Vanija Until 5:36AM Mon
Tritiya Until 4:29PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Green
Bhadrapada•Avani

Sunrise: 6:30AM
Sunset: 6:36PM

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 2:25PM
Then Creative Work - Siddha Yoga

4 Monday, September 5, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Brahma Yoga Visti* Karana Chaturthyam Titau

Nairobi, Kenya
Sun 17 Sutra 141

Tula Rasi: 1.05 Tithi 4

Gulika 2:03PM – 3:34PM
Yama 11:02AM – 12:33PM
564241363 Rahu 8:00AM – 9:31AM

Chitra Until 5:12PM
Brahma Until 6:51AM Tue
Visti Until 6:44PM
Chaturthi* Until 6:44PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Green
Bhadrapada•Avani

Sunrise: 6:30AM
Sunset: 6:35PM

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Family Home Evening
Routine Work Prabalarishta Yoga
Until 5:12PM
Ganesha Chaturthi
Then Creative Work - Amrita Yoga

5 Tuesday, September 6, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau

Nairobi, Kenya
Sun 18 Sutra 142

Tula Rasi: 12.59 Tithi 5

Gulika 12:32PM – 2:03PM
Yama 9:31AM – 11:01AM
564241363 Rahu 3:34PM – 5:04PM

Svati Until 7:59PM
Brahma Until 6:51AM
Bava Until 7:58AM
Panchami Until 9:10PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Green
Bhadrapada•Avani

Sunrise: 6:29AM
Sunset: 6:35PM

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 7:59PM
Then Routine Work - Marana Yoga

6 Wednesday, September 7, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau

Nairobi, Kenya
Sun 19 Sutra 143

Tula Rasi: 24.51 Tithi 6

Gulika 11:01AM – 12:32PM
Yama 8:00AM – 9:30AM
575241363 Rahu 12:32PM – 2:03PM

Vishakha Until 11:07PM
Indra Until 7:48AM
Kaulava Until 10:24AM
Shashthi* Until 11:35PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Orange
Bhadrapada•Avani

Sunrise: 6:29AM
Sunset: 6:35PM

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Thursday, September 8, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau

Nairobi, Kenya
Sun 20 Sutra 144

Vrischika Rasi: 6.44 Tithi 7

Gulika 9:30AM – 11:01AM
Yama 6:29AM – 7:59AM
575241363 Rahu 2:02PM – 3:33PM

Anuradha Until 1:53AM Fri
Vaidhriti* Until 8:40AM
Gara Until 12:45PM
Saptami Until 1:48AM Fri

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Orange
Bhadrapada•Avani

Sunrise: 6:29AM
Sunset: 6:34PM

Durmukha 5118
Moon 8 - Phase 20
3rd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 1:53AM Fri
Then Routine Work - Marana Yoga

◗ Friday, September 9, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 21 Sutra 145

Vrischika Rasi: 18.43 Tithi 8

Gulika 7:59AM – 9:30AM
Yama 3:33PM – 5:03PM
575241363 Rahu 11:00AM – 12:31PM

Jyeshtha* Until 4:08AM Sat
Vishkambha* Until 9:20AM
Visti Until 2:48PM
Ashtami* Until 3:39AM Sat

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Orange
Bhadrapada•Avani

Sunrise: 6:28AM
Sunset: 6:34PM

Durmukha 5118
Moon 8 - Phase 20
Ashtami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 4:08AM Sat
Then Creative Work - Siddha Yoga

Saturday, September 10, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau

Nairobi, Kenya
Sun 22 Sutra 146

Dhanus Rasi: 0.52 Tithi 9

Gulika 6:28AM – 7:59AM
Yama 2:02PM – 3:32PM
585241363 Rahu 9:29AM – 11:00AM

Mula* Until 6:11AM Sun
Priti Until 9:42AM
Balava Until 4:24PM
Navami* Until 4:57AM Sun

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Bhadrapada•Avani

Sunrise: 6:28AM
Sunset: 6:34PM

Durmukha 5118
Moon 8 - Phase 20
Navami

Bhuloka Day

Creative Work Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides —enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau

Nairobi, Kenya
Sun 23 Sutra 147

Dhanus Rasi: 13.14 Tithi 10
585241363

Gulika 3:32PM – 5:03PM
Yama 12:30PM – 2:01PM
Rahu 5:03PM – 6:33PM

Mula* Until 6:11AM
Ayushman Until 9:36AM
Taitila Until 5:23PM
Dashami Until 5:35AM Mon

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Bhadrapada•Avani

Sunrise: 6:28AM
Sunset: 6:33PM

Durmukha 5118
Moon 8 - Phase 21
4th Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 6:11AM
Then Creative Work - Siddha Yoga

Grandparent's Day

2 Monday, September 12, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau

Nairobi, Kenya
Sun 24 Sutra 148

Dhanus Rasi: 25.54 Tithi 11
585241363

Gulika 2:01PM – 3:32PM
Yama 10:59AM – 12:30PM
Rahu 7:58AM – 9:29AM

Purvashadha* Until 7:24AM
Saubhagya Until 8:58AM
Vanija Until 5:39PM
Ekadashi Until 5:29AM Tue

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Bhadrapada•Avani

Sunrise: 6:27AM
Sunset: 6:33PM

Durmukha 5118
Moon 8 - Phase 21
4th Phase

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga

3 Tuesday, September 13, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 149

Makara Rasi: 8.56 Tithi 12
585241363

Gulika 12:30PM – 2:00PM
Yama 9:28AM – 10:59AM
Rahu 3:31PM – 5:02PM

Uttarashadha Until 7:45AM
Sobhana Until 7:45AM
Bava Until 5:09PM
Dvadashi Until 4:36AM Wed

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Bhadrapada•Avani

Sunrise: 6:27AM
Sunset: 6:33PM

Durmukha 5118
Moon 8 - Phase 21
4th Phase

Bhuloka Day

Routine Work Prabalarishta Yoga
Until 7:45AM
Then Creative Work - Siddha Yoga

4 Wednesday, September 14, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 150

Makara Rasi: 22.23 Tithi 13
595241363

Gulika 10:59AM – 12:29PM
Yama 7:57AM – 9:28AM
Rahu 12:29PM – 2:00PM

Shravana Until 7:39AM
Sukarma Until 3:31AM Thu
Kaulava Until 3:55PM
Trayodashi Until 3:01AM Thu

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Purple
Bhadrapada•Avani

Sunrise: 6:26AM
Sunset: 6:32PM

Durmukha 5118
Moon 8 - Phase 21
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 7:39AM
Then Routine Work - Prabalarishta Yoga

Avani Avittam

Pradosha Vrata

5 Thursday, September 15, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau

Nairobi, Kenya
Sun 27 Sutra 151

Kumbha Rasi: 6.14 Tithi 14
595241363

Gulika 9:28AM – 10:58AM
Yama 6:26AM – 7:57AM
Rahu 2:00PM – 3:31PM

Dhanishtha Until 6:42AM
Dhriti Until 12:38AM Fri
Gara Until 2:00PM
Chaturdashi* Until 12:49AM Fri

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Purple
Bhadrapada•Avani

Sunrise: 6:26AM
Sunset: 6:32PM

Durmukha 5118
Moon 8 - Phase 21
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Chidambaram Abhishekam

○ Friday, September 16, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaproshthapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau

Nairobi, Kenya
Sutra 152

Kumbha Rasi: 20.29 Tithi 15
516241363

Gulika 7:56AM – 9:27AM
Yama 3:30PM – 5:01PM
Rahu 10:58AM – 12:29PM

Purvaproshthapada* Until 3:11AM Sat
Shula* Until 9:20PM
Visti Until 11:33AM
Purnima* Until 10:08PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Clear
Bhadrapada•Puratasi

Sunrise: 6:26AM
Sunset: 6:32PM

Durmukha 5118
Moon 8 - Phase 21
Purnima

Devaloka Day

Creative Work Siddha Yoga

Penumbral Lunar Eclipse

Saturday, September 17, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshthapada Nakshatra Ganda*/Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau

Nairobi, Kenya
Sutra 153

Meena Rasi: 5.03 Tithi 16
516241363

Gulika 6:25AM – 7:56AM
Yama 1:59PM – 3:30PM
Rahu 9:27AM – 10:58AM

Uttaraproshthapada Until 12:53AM Sun
Ganda* Until 5:45PM
Balava Until 8:41AM
Prathama* Until 7:07PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Clear
Bhadrapada•Puratasi

Sunrise: 6:25AM
Sunset: 6:31PM

Durmukha 5118
Moon 8 - Phase 21
Prathama

Devaloka Day

Creative Work Siddha Yoga
Until 12:53AM Sun
Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

Sunday, September 18, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 154

Meena Rasi: 19.49 Tithi 17 – 18

Gulika 3:30PM – 5:00PM
Yama 12:28PM – 1:59PM
516241363 Rahu 5:00PM – 6:31PM

Revati Until 10:17PM
Vriddhi Until 2:01PM
Vanija Until 2:17AM Mon
Dvitiya Until 3:54PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Clear
Bhadrapada•Puratasi

Sunrise: *6:25AM*
Sunset: *6:31PM*

Durmukha 5118
Moon 9 - Phase 22
1st Phase
Devaloka Day

Creative Work Amrita Yoga
Until 10:17PM
Then Creative Work - Siddha Yoga

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1 Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 155

Mesha Rasi: 4.41 Tithi 18 – 19

Gulika 1:58PM – 3:29PM
Yama 10:57AM – 12:28PM
526341363 Rahu 7:55AM – 9:26AM

Ashvini Until 7:58PM
Dhruva Until 10:13AM
Bava Until 11:04PM
Tritiya Until 12:39PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Bhadrapada•Puratasi

Sunrise: *6:24AM*
Sunset: *6:31PM*

Durmukha 5118
Moon 9 - Phase 22
1st Phase
Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

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2 Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 156

Mesha Rasi: 19.3 Tithi 19 – 20

Gulika 12:27PM – 1:58PM
Yama 9:26AM – 10:56AM
526341363 Rahu 3:29PM – 5:00PM

Bharani Until 5:40PM
Vyaghata* Until 6:29AM
Kaulava Until 8:00PM
Chaturthi* Until 9:29AM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Bhadrapada•Puratasi

Sunrise: *6:24AM*
Sunset: *6:30PM*

Durmukha 5118
Moon 9 - Phase 22
1st Phase
Bhuloka Day

Creative Work Siddha Yoga

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3 Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 157

Vrishabha Rasi: 4.1 Tithi 20 – 21

Gulika 10:56AM – 12:27PM
Yama 7:54AM – 9:25AM
526341363 Rahu 12:27PM – 1:58PM

Krittika Until 3:30PM
Vajra* Until 11:38PM
Vanija Until 3:58AM Thu
Panchami Until 6:33AM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Bhadrapada•Puratasi

Sunrise: *6:24AM*
Sunset: *6:30PM*

Durmukha 5118
Moon 9 - Phase 22
1st Phase
Bhuloka Day

Creative Work Amrita Yoga
Until 3:30PM
Then Creative Work - Siddha Yoga

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4 Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 158

Vrishabha Rasi: 18.35 Tithi 22

Gulika 9:25AM – 10:56AM
Yama 6:23AM – 7:54AM
536341363 Rahu 1:57PM – 3:28PM

Rohini Until 2:00PM
Siddhi Until 8:42PM
Visti Until 2:51PM
Saptami Until 1:49AM Fri

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Bhadrapada•Puratasi

Sunrise: *6:23AM*
Sunset: *6:30PM*

Durmukha 5118
Moon 9 - Phase 22
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Friday, September 23, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 159

Mithuna Rasi: 2.41 Tithi 23

Gulika 7:54AM – 9:25AM
Yama 3:28PM – 4:59PM
536341363 Rahu 10:55AM – 12:26PM

Mrigashira Until 12:50PM
Vyatipata* Until 6:10PM
Balava Until 12:57PM
Ashtami* Until 12:11AM Sat

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Bhadrapada•Puratasi

Sunrise: *6:23AM*
Sunset: *6:29PM*

Durmukha 5118
Moon 9 - Phase 22
Ashtami
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 24, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 160

Mithuna Rasi: 16.29 Tithi 24

Gulika 6:23AM – 7:53AM
Yama 1:57PM – 3:28PM
537341363 Rahu 9:24AM – 10:55AM

Ardra Until 12:02PM
Variyan Until 4:02PM
Taitila Until 11:35AM
Navami* Until 11:05PM

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Bhadrapada•Puratasi

Sunrise: *6:23AM*
Sunset: *6:29PM*

Durmukha 5118
Moon 9 - Phase 22
Navami
Devaloka Day

Creative Work Siddha Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

1 Sunday, September 25, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau

Nairobi, Kenya
Sun 8 Sutra 161

Mithuna Rasi: 29.58 Tithi 25
547341363

Gulika 3:27PM – 4:58PM
Yama 12:26PM – 1:56PM
Rahu 4:58PM – 6:29PM

Punarvasu Until 12:05PM
Parigha* Until 2:22PM
Vanija Until 10:46AM
Dashami Until 10:33PM

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Blue
Bhadrapada•Puratasi

Sunrise: 6:22AM
Sunset: 6:29PM

Durmukha 5118
Moon 9 - Phase 23
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

2 Monday, September 26, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau

Nairobi, Kenya
Sun 9 Sutra 162

Kataka Rasi: 13.08 Tithi 26
547341363

Gulika 1:56PM – 3:27PM
Yama 10:54AM – 12:25PM
Rahu 7:53AM – 9:23AM

Pushya Until 12:31PM
Shiva Until 1:08PM
Bava Until 10:30AM
Ekadashi* Until 10:33PM

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Blue
Bhadrapada•Puratasi

Sunrise: 6:22AM
Sunset: 6:29PM

Durmukha 5118
Moon 9 - Phase 23
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Family Home Evening
Creative Work Siddha Yoga

3 Tuesday, September 27, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau

Nairobi, Kenya
Sun 10 Sutra 163

Kataka Rasi: 26.02 Tithi 27
647341363

Gulika 12:25PM – 1:56PM
Yama 9:23AM – 10:54AM
Rahu 3:27PM – 4:57PM

Ashlesha* Until 1:18PM
Siddha Until 12:17PM
Kaulava Until 10:45AM
Dvadashi* Until 11:03PM

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Blue
Bhadrapada•Puratasi

Sunrise: 6:21AM
Sunset: 6:28PM

Durmukha 5118
Moon 9 - Phase 23
2nd Phase

Devaloka Day

Creative Work Siddha Yoga

4 Wednesday, September 28, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau

Nairobi, Kenya
Sun 11 Sutra 164

Simha Rasi: 8.41 Tithi 28
657341363

Gulika 10:54AM – 12:24PM
Yama 7:52AM – 9:23AM
Rahu 12:24PM – 1:55PM

Magha* Until 2:52PM
Sadhya Until 11:50AM
Gara Until 11:31AM
Trayodashi* Until 12:02AM Thu

Pradosha Vrata (Fasting)

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Puratasi

Sunrise: 6:21AM
Sunset: 6:28PM

Durmukha 5118
Moon 9 - Phase 23
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 2:52PM
Then Creative Work - Amrita Yoga

5 Thursday, September 29, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Nairobi, Kenya
Sun 12 Sutra 165

Simha Rasi: 21.09 Tithi 29
657341363

Gulika 9:22AM – 10:53AM
Yama 6:21AM – 7:52AM
Rahu 1:55PM – 3:26PM

Purvaphalguni Until 4:43PM
Subha Until 11:45AM
Visti Until 12:43PM
Chaturdashi* Until 1:27AM Fri

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Puratasi

Sunrise: 6:21AM
Sunset: 6:28PM

Durmukha 5118
Moon 9 - Phase 23
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

● Friday, September 30, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Nairobi, Kenya
Sun 13 Sutra 166

Kanya Rasi: 3.26 Tithi 30
658341363

Gulika 7:51AM – 9:22AM
Yama 3:26PM – 4:56PM
Rahu 10:53AM – 12:24PM

Uttaraphalguni Until 6:47PM
Sukla Until 11:56AM
Catuspada Until 2:19PM
Amavasya* Until 3:14AM Sat

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Red
Bhadrapada•Puratasi

Sunrise: 6:20AM
Sunset: 6:27PM

Durmukha 5118
Moon 9 - Phase 23
Amavasya

Bhuloka Day

Creative Work Siddha Yoga
Until 6:47PM
Then Creative Work - Amrita Yoga

Mahalaya Amavasai (Tamil Nadu)

Saturday, October 1, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau

Nairobi, Kenya
Sun 14 Sutra 167

Kanya Rasi: 15.34 Tithi 1
668341363

Gulika 6:20AM – 7:51AM
Yama 1:54PM – 3:25PM
Rahu 9:22AM – 10:53AM

Hasta Until 9:29PM
Brahma Until 12:23PM
Kintughna Until 4:16PM
Prathama* Until 5:20AM Sun

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Green
Ashvina•Puratasi

Sunrise: 6:20AM
Sunset: 6:27PM

Durmukha 5118
Moon 9 - Phase 23
Prathama

Bhuloka Day

Routine Work Marana Yoga

Navaratri Begins

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1 Sunday, October 2, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Indra/Vaidhriti* Yoga Balava Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 15 Sutra 168

Kanya Rasi: 27.34 Tithi 2

Gulika 3:25PM – 4:56PM
Yama 12:23PM – 1:54PM
668341363 Rahu 4:56PM – 6:27PM

Chitra Until 12:16AM Mon
Indra Until 1:05PM
Balava Until 6:29PM
Dvitiya Until 7:39AM Mon

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Green
Ashvina•Puratasi

Sunrise: 6:20AM
Sunset: 6:27PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 12:16AM Mon
Then Creative Work - Amrita Yoga

2 Monday, October 3, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 16 Sutra 169

Tula Rasi: 9.3 Tithi 2 – 3
Family Home Evening

Gulika 1:54PM – 3:25PM
Yama 10:52AM – 12:23PM
668341363 Rahu 7:50AM – 9:21AM

Svati Until 3:02AM Tue
Vaidhriti* Until 1:54PM
Taitila Until 8:54PM
Dvitiya Until 7:39AM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Green
Ashvina•Puratasi

Sunrise: 6:19AM
Sunset: 6:27PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 3:02AM Tue
Then Routine Work - Marana Yoga

3 Tuesday, October 4, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 17 Sutra 170

Tula Rasi: 21.22 Tithi 3 – 4

Gulika 12:23PM – 1:53PM
Yama 9:21AM – 10:52AM
678341363 Rahu 3:24PM – 4:55PM

Vishakha Until 6:13AM Wed
Vishkambha* Until 2:49PM
Vanija Until 11:24PM
Tritiya Until 10:07AM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Orange
Ashvina•Puratasi

Sunrise: 6:19AM
Sunset: 6:26PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Bhuloka Day

Routine Work Marana Yoga
Until 6:13AM Wed
Then Creative Work - Siddha Yoga

4 Wednesday, October 5, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 18 Sutra 171

Vrischika Rasi: 3.13 Tithi 4 – 5

Gulika 10:51AM – 12:22PM
Yama 7:50AM – 9:20AM
678341363 Rahu 12:22PM – 1:53PM

Vishakha Until 6:13AM
Priti Until 3:45PM
Bava Until 1:52AM Thu
Chaturthi* Until 12:37PM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Orange
Ashvina•Puratasi

Sunrise: 6:19AM
Sunset: 6:26PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Bhuloka Day

Creative Work Siddha Yoga

5 Thursday, October 6, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 19 Sutra 172

Vrischika Rasi: 15.05 Tithi 5 – 6

Gulika 9:20AM – 10:51AM
Yama 6:18AM – 7:49AM
678341363 Rahu 1:53PM – 3:24PM

Anuradha Until 9:09AM
Ayushman Until 4:34PM
Kaulava Until 4:10AM Fri
Panchami Until 3:01PM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Orange
Ashvina•Puratasi

Sunrise: 6:18AM
Sunset: 6:26PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 9:09AM
Then Routine Work - Prabalarishta Yoga

6 Friday, October 7, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 20 Sutra 173

Vrischika Rasi: 27.02 Tithi 6 – 7

Gulika 7:49AM – 9:20AM
Yama 3:24PM – 4:55PM
679341364 Rahu 10:51AM – 12:22PM

Jyeshtha* Until 11:43AM
Saubhagya Until 5:12PM
Gara Until 6:07AM Sat
Shashthi* Until 5:10PM

Ganesha: Red
Muruga: Purple
Nataraja: Clear
Moon – Orange
Ashvina•Puratasi

Sunrise: 6:18AM
Sunset: 6:25PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 11:43AM
Then Creative Work - Amrita Yoga

Saturday, October 8, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau

Nairobi, Kenya
Sun 21 Sutra 174

Dhanus Rasi: 9.08 Tithi 7

Gulika 6:18AM – 7:49AM
Yama 1:52PM – 3:23PM
689341364 Rahu 9:20AM – 10:50AM

Mula* Until 2:14PM
Sobhana Until 5:31PM
Gara Until 6:07AM
Saptami Until 6:54PM

Ganesha: Blue
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Ashvina•Puratasi

Sunrise: 6:18AM
Sunset: 6:25PM

Durmukha 5118
Moon 9 - Phase 24
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga

Sunday, October 9, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 22 Sutra 175

Dhanus Rasi: 21.26 Tithi 8

Gulika 3:23PM – 4:54PM
Yama 12:21PM – 1:52PM
689341364 Rahu 4:54PM – 6:25PM

Purvashadha* Until 4:03PM
Athiganda* Until 5:22PM
Visti Until 7:34AM
Ashtami* Until 8:02PM

Ganesha: Blue
Muruga: Purple
Nataraja: Clear
Moon – Light Blue
Ashvina•Puratasi

Sunrise: 6:17AM
Sunset: 6:25PM

Durmukha 5118
Moon 9 - Phase 24
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 4:03PM
Durga Ashtami
Then Creative Work - Amrita Yoga

Monday, October 10, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau

Nairobi, Kenya
Sun 23 Sutra 176

Makara Rasi: 4.01 Tithi 9
Family Home Evening

Gulika 1:52PM – 3:23PM
Yama 10:50AM – 12:21PM
689351364 Rahu 7:48AM – 9:19AM

Uttarashadha Until 5:01PM
Sukarma Until 4:40PM
Balava Until 8:21AM
Navami* Until 8:26PM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Ashvina•Puratasi

Sunrise: 6:17AM
Sunset: 6:25PM

Durmukha 5118
Moon 9 - Phase 24
Navami

Subha Sivaloka Day

Routine Work Marana Yoga
Until 5:01PM
Saraswathi Puja (Tamil Nadu)
Then Creative Work - Amrita Yoga

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

1 Tuesday, October 11, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau

Nairobi, Kenya
Sun 24 Sutra 177

Makara Rasi: 16.58 Tithi 10

Gulika 12:21PM – 1:52PM
Yama 9:19AM – 10:50AM
699351364 Rahu 3:23PM – 4:54PM

Shravana Until 5:30PM
Dhriti Until 3:22PM
Taitila Until 8:21AM
Dashami Until 8:01PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashvina•Puratasi

Sunrise: 6:17AM
Sunset: 6:25PM

Durmukha 5118
Moon 9 - Phase 25
4th Phase

Sivaloka Day

Creative Work Siddha Yoga

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2 Wednesday, October 12, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 178

Kumbha Rasi: 0.2 Tithi 11

Gulika 10:49AM – 12:20PM
Yama 7:47AM – 9:18AM
699351364 Rahu 12:20PM – 1:51PM

Dhanishtha Until 5:02PM
Shula* Until 1:22PM
Vanija Until 7:31AM
Ekadashi Until 6:46PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashvina•Puratasi

Sunrise: 6:16AM
Sunset: 6:24PM

Durmukha 5118
Moon 9 - Phase 25
4th Phase

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 5:02PM
Then Creative Work - Siddha Yoga

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3 Thursday, October 13, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Ganda*/Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 179

Kumbha Rasi: 14.12 Tithi 12 – 13

Gulika 9:18AM – 10:49AM
Yama 6:16AM – 7:47AM
699351364 Rahu 1:51PM – 3:22PM

Shatabhishak Until 3:40PM
Ganda* Until 10:45AM
Kaulava Until 3:32AM Fri
Dvadashi Until 4:46PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashvina•Puratasi

Sunrise: 6:16AM
Sunset: 6:24PM

Durmukha 5118
Moon 9 - Phase 25
4th Phase

Sivaloka Day

Creative Work Siddha Yoga

Kadaitswami Mahasamadhi

Pradosha Vrata

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4 Friday, October 14, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya
Sun 27 Sutra 180

Kumbha Rasi: 28.31 Tithi 13 – 14

Gulika 7:47AM – 9:18AM
Yama 3:22PM – 4:53PM
611451364 Rahu 10:49AM – 12:20PM

Purvaproshthapada* Until 1:54PM
Vriddhi Until 7:36AM
Gara Until 12:36AM Sat
Trayodashi Until 2:07PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashvina•Puratasi

Sunrise: 6:16AM
Sunset: 6:24PM

Durmukha 5118
Moon 9 - Phase 25
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

○ Saturday, October 15, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Nairobi, Kenya
Sutra 181

Meena Rasi: 13.14 Tithi 14 – 15

Gulika 6:16AM – 7:47AM
Yama 1:51PM – 3:22PM
611451364 Rahu 9:18AM – 10:49AM

Uttaraproshthapada Until 11:30AM
Vyaghata* Until 11:59PM
Visti Until 9:14PM
Chaturdashi* Until 10:56AM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashvina•Puratasi

Sunrise: 6:16AM
Sunset: 6:24PM

Durmukha 5118
Moon 9 - Phase 25
Purnima

Devaloka Day

Creative Work Siddha Yoga
Until 11:30AM
Then Routine Work - Prabalarishta Yoga

Sunday, October 16, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Harshana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau

Nairobi, Kenya
Sutra 182

Meena Rasi: 28.16 Tithi 15 – 16

Gulika 3:22PM – 4:53PM
Yama 12:19PM – 1:51PM
611451364 Rahu 4:53PM – 6:24PM

Revati Until 8:37AM
Harshana Until 7:49PM
Kaulava Until 3:42AM Mon
Purnima* Until 7:25AM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashvina•Puratasi

Sunrise: 6:15AM
Sunset: 6:24PM

Durmukha 5118
Moon 9 - Phase 25
Prathama

Devaloka Day

Creative Work Amrita Yoga
Until 8:37AM
Then Creative Work - Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

Monday, October 17, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sutra 183

Mesha Rasi: 13.26 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

621451364
Gulika 1:50PM – 3:21PM
Yama 10:48AM – 12:19PM
Rahu 7:46AM – 9:17AM

Bharani Until 2:52AM Tue
Vajra* Until 3:33PM
Taitila Until 1:51PM
Dvitiya Until 11:59PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sunrise: 6:15AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 26
1st Phase
Sivaloka Day

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1 Tuesday, October 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 184

Mesha Rasi: 28.38 Tithi 18
Creative Work Siddha Yoga
Until 11:58PM
Then Creative Work - Amrita Yoga

621451364
Gulika 12:19PM – 1:50PM
Yama 9:17AM – 10:48AM
Rahu 3:21PM – 4:52PM

Krittika Until 11:58PM
Siddhi Until 11:22AM
Vanija Until 10:11AM
Tritiya Until 8:24PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sunrise: 6:15AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 26
1st Phase
Sivaloka Day

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2 Wednesday, October 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 2 Sutra 185

Vrishabha Rasi: 13.39 Tithi 19 – 20
Creative Work Siddha Yoga

631451364
Gulika 10:48AM – 12:19PM
Yama 7:46AM – 9:17AM
Rahu 12:19PM – 1:50PM

Rohini Until 9:41PM
Vyatipata* Until 7:24AM
Bava Until 6:44AM
Chaturthi* Until 5:08PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Sunrise: 6:15AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 26
1st Phase
Devaloka Day

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3 Thursday, October 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 3 Sutra 186

Vrishabha Rasi: 28.23 Tithi 20 – 21
Routine Work Marana Yoga

631451364
Gulika 9:17AM – 10:48AM
Yama 6:15AM – 7:46AM
Rahu 1:50PM – 3:21PM

Mrigashira Until 7:46PM
Parigha* Until 12:31AM Fri
Gara Until 1:11AM Fri
Panchami Until 2:21PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Sunrise: 6:15AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 26
1st Phase
Devaloka Day

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4 Friday, October 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 4 Sutra 187

Mithuna Rasi: 12.43 Tithi 21 – 22
Creative Work Siddha Yoga

631451364
Gulika 7:45AM – 9:16AM
Yama 3:21PM – 4:52PM
Rahu 10:48AM – 12:19PM

Ardra Until 6:19PM
Shiva Until 9:51PM
Visti Until 11:19PM
Shashthi* Until 12:09PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Sunrise: 6:14AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 26
1st Phase
Devaloka Day

Saturday, October 22, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 5 Sutra 188

Mithuna Rasi: 26.37 Tithi 22 – 23
Creative Work Siddha Yoga

641451364
Gulika 6:14AM – 7:45AM
Yama 1:50PM – 3:21PM
Rahu 9:16AM – 10:47AM

Punarvasu Until 5:53PM
Siddha Until 7:44PM
Balava Until 10:12PM
Saptami Until 10:39AM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Sunrise: 6:14AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 26
Ashtami
Sivaloka Day

Sunday, October 23, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 6 Sutra 189

Kataka Rasi: 10.04 Tithi 23 – 24
Creative Work Siddha Yoga

641451364
Gulika 3:20PM – 4:52PM
Yama 12:18PM – 1:49PM
Rahu 4:52PM – 6:23PM

Pushya Until 6:03PM
Sadhya Until 6:14PM
Taitila Until 9:51PM
Ashtami* Until 9:55AM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Sunrise: 6:14AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 26
Navami
Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1 Monday, October 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 7 Sutra 190

Kataka Rasi: 23.06 Tithi 24 – 25
Family Home Evening
Creative Work Siddha Yoga
Until 6:47PM
Then Routine Work - Marana Yoga

641451364

Gulika	1:49PM – 3:20PM
Yama	10:47AM – 12:18PM
Rahu	7:45AM – 9:16AM

Ashlesha* Until 6:47PM
Subha Until 5:20PM
Vanija Until 10:14PM
Navami* Until 9:56AM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Sunrise: 6:14AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

2 Tuesday, October 25, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Nairobi, Kenya
Sun 8 Sutra 191

Simha Rasi: 5.48 Tithi 25 – 26
Creative Work Siddha Yoga

652451364

Gulika	12:18PM – 1:49PM
Yama	9:16AM – 10:47AM
Rahu	3:20PM – 4:51PM

Magha* Until 8:28PM
Sukla Until 4:55PM
Bava Until 11:17PM
Dashami Until 10:40AM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Red
Ashvina•Aipasi

Sunrise: 6:14AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

3 Wednesday, October 26, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 9 Sutra 192

Simha Rasi: 18.13 Tithi 26 – 27
Creative Work Amrita Yoga

652451364

Gulika	10:47AM – 12:18PM
Yama	7:45AM – 9:16AM
Rahu	12:18PM – 1:49PM

Purvaphalguni Until 10:32PM
Brahma Until 4:57PM
Kaulava Until 12:51AM Thu
Ekadashi* Until 11:59AM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Red
Ashvina•Aipasi

Sunrise: 6:14AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

4 Thursday, October 27, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 10 Sutra 193

Kanya Rasi: 0.26 Tithi 27 – 28
Amrita Yoga

652451364

Gulika	9:16AM – 10:47AM
Yama	6:13AM – 7:45AM
Rahu	1:49PM – 3:20PM

Uttaraphalguni Until 12:49AM Fri
Indra Until 5:20PM
Gara Until 2:49AM Fri
Dvadashi* Until 1:47PM

Pradosha Vrata (Fasting)

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Red
Ashvina•Aipasi

Sunrise: 6:13AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

5 Friday, October 28, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya
Sun 11 Sutra 194

Kanya Rasi: 12.3 Tithi 28 – 29
Creative Work Amrita Yoga
Until 3:42AM Sat
Then Routine Work - Marana Yoga

662451364

Gulika	7:44AM – 9:16AM
Yama	3:20PM – 4:51PM
Rahu	10:47AM – 12:18PM

Deepavali Hindu Solidarity Day

Hasta Until 3:42AM Sat
Vaidhriti* Until 5:55PM
Visti Until 5:04AM Sat
Trayodashi* Until 3:54PM

Ganesha: Orange
Muruga: Clear
Nataraja: Clear
Moon – Green
Ashvina•Aipasi

Sunrise: 6:13AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

6 Saturday, October 29, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau

Nairobi, Kenya
Sun 12 Sutra 195

Kanya Rasi: 24.28 Tithi 29
Routine Work Marana Yoga
Until 6:34AM Sun
Then Creative Work - Siddha Yoga

662451364

Gulika	6:13AM – 7:44AM
Yama	1:49PM – 3:20PM
Rahu	9:15AM – 10:47AM

Subramuniyaswami Mahasamadhi

Chitra Until 6:34AM Sun
Vishkambha* Until 6:40PM
Sakuni Until 6:14PM
Chaturdashi* Until 6:14PM

Ganesha: Orange
Muruga: Clear
Nataraja: Clear
Moon – Green
Ashvina•Aipasi

Sunrise: 6:13AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 27
2nd Phase
Sivaloka Day

● Sunday, October 30, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Nairobi, Kenya
Sun 13 Sutra 196

Tula Rasi: 6.22 Tithi 30
Creative Work Siddha Yoga

662451364

Gulika	3:20PM – 4:51PM
Yama	12:18PM – 1:49PM
Rahu	4:51PM – 6:22PM

Chitra Until 6:34AM
Priti Until 7:31PM
Catuspada Until 7:28AM
Amavasya* Until 8:41PM

Ganesha: Orange
Muruga: Clear
Nataraja: Clear
Moon – Green
Ashvina•Aipasi

Sunrise: 6:13AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 27
Amavasya
Sivaloka Day

Monday, October 31, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau

Nairobi, Kenya
Sun 14 Sutra 197

Tula Rasi: 18.15 Tithi 1
Family Home Evening
Creative Work Amrita Yoga
Until 9:21AM
Then Routine Work - Marana Yoga

662451364

Gulika	1:49PM – 3:20PM
Yama	10:47AM – 12:18PM
Rahu	7:44AM – 9:15AM

Skanda Shasthi Begins

Svati Until 9:21AM
Ayushman Until 8:22PM
Kintughna Until 9:58AM
Prathama* Until 11:12PM

Ganesha: Orange
Muruga: Clear
Nataraja: Clear
Moon – Green
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 27
Prathama
Sivaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1 Tuesday, November 1, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 15 Sutra 198

Vrischika Rasi: 0.07 Tithi 2

Gulika	12:18PM – 1:49PM	Vishakha Until 12:29PM
Yama	9:15AM – 10:46AM	Saubhagya Until 9:14PM
672451364 Rahu	3:20PM – 4:51PM	Balava Until 12:28PM
		Dvitiya Until 1:41AM Wed

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Orange
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Sivaloka Day

Routine Work Marana Yoga
Until 12:29PM
Then Creative Work - Siddha Yoga

2 Wednesday, November 2, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau

Nairobi, Kenya
Sun 16 Sutra 199

Vrischika Rasi: 11.59 Tithi 3

Gulika	10:46AM – 12:18PM	Anuradha Until 3:25PM
Yama	7:44AM – 9:15AM	Sobhana Until 10:03PM
672451364 Rahu	12:18PM – 1:49PM	Taitila Until 2:56PM
		Tritiya Until 4:06AM Thu

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Orange
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Sivaloka Day

Creative Work Siddha Yoga

3 Thursday, November 3, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau

Nairobi, Kenya
Sun 17 Sutra 200

Vrischika Rasi: 23.54 Tithi 4

Gulika	9:15AM – 10:46AM	Jyeshtha* Until 6:03PM
Yama	6:13AM – 7:44AM	Athiganda* Until 10:44PM
672451364 Rahu	1:49PM – 3:20PM	Vanija Until 5:16PM
		Chaturthi* Until 6:20AM Fri

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Orange
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Sivaloka Day

Routine Work Prabalarishta Yoga
Until 6:03PM
Then Creative Work - Siddha Yoga

4 Friday, November 4, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 18 Sutra 201

Dhanus Rasi: 5.53 Tithi 4 – 5

Gulika	7:44AM – 9:15AM	Mula* Until 8:48PM
Yama	3:20PM – 4:51PM	Sukarma Until 11:15PM
682451364 Rahu	10:46AM – 12:18PM	Bava Until 7:22PM
		Chaturthi* Until 6:20AM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:22PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Subha Sivaloka Day

Creative Work Amrita Yoga
Until 8:48PM
Then Routine Work - Prabalarishta Yoga

5 Saturday, November 5, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 19 Sutra 202

Dhanus Rasi: 17.59 Tithi 5 – 6

Gulika	6:13AM – 7:44AM	Purvashadha* Until 11:02PM
Yama	1:49PM – 3:20PM	Dhriti Until 11:29PM
682451364 Rahu	9:15AM – 10:46AM	Kaulava Until 9:07PM
		Panchami Until 8:17AM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Subha Sivaloka Day

Creative Work Siddha Yoga
Until 11:02PM
Skanda Shasthi
Then Routine Work - Marana Yoga

6 Sunday, November 6, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 20 Sutra 203

Makara Rasi: 0.14 Tithi 6 – 7

Gulika	3:20PM – 4:51PM	Uttarashadha Until 12:36AM Mon
Yama	12:18PM – 1:49PM	Shula* Until 11:17PM
782451364 Rahu	4:51PM – 6:23PM	Gara Until 10:22PM
		Shashthi* Until 9:48AM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 28
3rd Phase
Sivaloka Day

Creative Work Amrita Yoga

Monday, November 7, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 21 Sutra 204

Makara Rasi: 12.45 Tithi 7 – 8

Gulika	1:49PM – 3:20PM	Shravana Until 1:50AM Tue
Yama	10:47AM – 12:18PM	Ganda* Until 10:35PM
793451364 Rahu	7:44AM – 9:15AM	Visti Until 10:56PM
		Saptami Until 10:43AM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – Purple
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 28
Ashtami
Sivaloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 1:50AM Tue
Then Creative Work - Siddha Yoga

Tuesday, November 8, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 22 Sutra 205

Makara Rasi: 25.35 Tithi 8 – 9

Gulika	12:18PM – 1:49PM	Dhanishtha Until 2:08AM Wed
Yama	9:15AM – 10:47AM	Vriddhi Until 9:18PM
793551364 Rahu	3:20PM – 4:52PM	Balava Until 10:44PM
		Ashtami* Until 10:55AM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Purple
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 28
Navami
Subha Sivaloka Day

Creative Work Siddha Yoga

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1 Wednesday, November 9, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 23 Sutra 206

Kumbha Rasi: 8.49 Tithi 9 – 10

Gulika 10:47AM – 12:18PM
Yama 7:44AM – 9:15AM
793551364 Rahu 12:18PM – 1:49PM

Shatabhishak Until 1:30AM Thu
Dhruva Until 7:21PM
Taitila Until 9:42PM
Navami* Until 10:18AM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon – Purple
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 29
4th Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

2 Thursday, November 10, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam
Purvaproshthapada* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Nairobi, Kenya
Sun 24 Sutra 207

Kumbha Rasi: 22.3 Tithi 10 – 11

Gulika 9:16AM – 10:47AM
Yama 6:13AM – 7:44AM
713551364 Rahu 1:49PM – 3:21PM

Purvaproshthapada* Until 12:23AM Fri
Vyaghata* Until 4:46PM
Vanija Until 7:53PM
Dashami Until 8:52AM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Clear
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 29
4th Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

3 Friday, November 11, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam
Uttaraproshthapada Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 208

Meena Rasi: 6.41 Tithi 11 – 12

Gulika 7:44AM – 9:16AM
Yama 3:21PM – 4:52PM
713551364 Rahu 10:47AM – 12:18PM

Uttaraproshthapada Until 10:26PM
Harshana Until 1:37PM
Balava Until 3:50AM Sat
Ekadashi Until 6:41AM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Clear
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 29
4th Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

4 Saturday, November 12, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam
Revati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 209

Meena Rasi: 21.19 Tithi 13

Gulika 6:13AM – 7:45AM
Yama 1:50PM – 3:21PM
713551364 Rahu 9:16AM – 10:47AM

Revati Until 7:48PM
Vajra* Until 9:56AM
Kaulava Until 2:14PM
Trayodashi Until 12:29AM Sun

Pradosha Vrata

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Clear
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:23PM

Durmukha 5118
Moon 10 - Phase 29
4th Phase

Subha Sivaloka Day

Routine Work Prabalarishta Yoga
Until 7:48PM
Then Creative Work - Siddha Yoga

5 Sunday, November 13, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau

Nairobi, Kenya
Sun 27 Sutra 210

Mesha Rasi: 6.19 Tithi 14

Gulika 3:21PM – 4:52PM
Yama 12:18PM – 1:50PM
723551364 Rahu 4:52PM – 6:24PM

Ashvini Until 5:03PM
Vyatipata* Until 1:36AM Mon
Gara Until 10:41AM
Chaturdashi* Until 8:47PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – White
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:24PM

Durmukha 5118
Moon 10 - Phase 29
4th Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 5:03PM
Then Routine Work - Prabalarishta Yoga

○ Monday, November 14, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Variyan Yoga Visti*/Balava Karana Purnima/Prathamayam Titau

Nairobi, Kenya
Sutra 211

Mesha Rasi: 21.34 Tithi 15 – 16

Gulika 1:50PM – 3:21PM
Yama 10:47AM – 12:19PM
723551364 Rahu 7:45AM – 9:16AM

Bharani Until 1:57PM
Variyan Until 9:10PM
Visti Until 6:52AM
Purnima* Until 4:54PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – White
Karttika•Aipasi

Sunrise: 6:13AM
Sunset: 6:24PM

Durmukha 5118
Moon 10 - Phase 29
Purnima

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 1:57PM
Then Routine Work - Marana Yoga

Tuesday, November 15, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sutra 212

Vrishabha Rasi: 6.54 Tithi 16 – 17

Gulika 12:19PM – 1:50PM
Yama 9:16AM – 10:47AM
723551364 Rahu 3:21PM – 4:53PM

Krittika Until 10:42AM
Parigha* Until 4:47PM
Taitila Until 11:10PM
Prathama* Until 1:02PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – White
Karttika•Aipasi

Sunrise: 6:14AM
Sunset: 6:24PM

Durmukha 5118
Moon 10 - Phase 29
Prathama

Sivaloka Day

Creative Work Siddha Yoga
Until 10:42AM
Then Creative Work - Amrita Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

Wednesday, November 16, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 213

Vrishabha Rasi: 22.08 Tithi 17 – 18

Gulika 10:48AM – 12:19PM
Yama 7:45AM – 9:16AM
733551365 Rahu 12:19PM – 1:50PM

Rohini Until 7:53AM
Shiva Until 12:36PM
Vanija Until 7:38PM
Dvitiya Until 9:20AM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Yellow
Karttika•Karttikai

Sunrise: 6:14AM
Sunset: 6:24PM

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

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1 Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 214

Mithuna Rasi: 7.06 Tithi 18 – 19

Gulika 9:17AM – 10:48AM
Yama 6:14AM – 7:45AM
733551365 Rahu 1:50PM – 3:22PM

Ardra Until 3:03AM Fri
Siddha Until 8:42AM
Balava Until 3:12AM Fri
Tritiya Until 6:00AM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Yellow
Karttika•Karttikai

Sunrise: 6:14AM
Sunset: 6:24PM

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 3:03AM Fri
Then Creative Work - Siddha Yoga

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2 Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 215

Mithuna Rasi: 21.4 Tithi 20

Gulika 7:45AM – 9:17AM
Yama 3:22PM – 4:53PM
743551365 Rahu 10:48AM – 12:19PM

Punarvasu Until 1:47AM Sat
Subha Until 2:25AM Sat
Kaulava Until 2:04PM
Panchami Until 1:05AM Sat

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Blue
Karttika•Karttikai

Sunrise: 6:14AM
Sunset: 6:25PM

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga

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3 Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 216

Kataka Rasi: 5.46 Tithi 21

Gulika 6:14AM – 7:46AM
Yama 1:51PM – 3:22PM
743551365 Rahu 9:17AM – 10:48AM

Pushya Until 1:11AM Sun
Sukla Until 12:11AM Sun
Gara Until 12:20PM
Shashthi* Until 11:47PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Blue
Karttika•Karttikai

Sunrise: 6:14AM
Sunset: 6:25PM

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga

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4 Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 217

Kataka Rasi: 19.2 Tithi 22

Gulika 3:23PM – 4:54PM
Yama 12:20PM – 1:51PM
743551365 Rahu 4:54PM – 6:25PM

Ashlesha* Until 1:17AM Mon
Brahma Until 10:40PM
Visti Until 11:28AM
Saptami Until 11:21PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Blue
Karttika•Karttikai

Sunrise: 6:15AM
Sunset: 6:25PM

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 1:17AM Mon
Then Routine Work - Marana Yoga

Monday, November 21, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 218

Simha Rasi: 2.26 Tithi 23

Gulika 1:51PM – 3:23PM
Yama 10:49AM – 12:20PM
754551365 Rahu 7:46AM – 9:17AM

Magha* Until 2:33AM Tue
Indra Until 9:50PM
Balava Until 11:30AM
Ashtami* Until 11:49PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Karttika•Karttikai

Sunrise: 6:15AM
Sunset: 6:25PM

Durmukha 5118
Moon 11 - Phase 30
Ashtami

Devaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 2:33AM Tue
Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 219

Simha Rasi: 15.07 Tithi 24

Gulika 12:20PM – 1:52PM
Yama 9:18AM – 10:49AM
754551365 Rahu 3:23PM – 4:54PM

Purvaphalguni Until 4:24AM Wed
Vaidhriti* Until 9:35PM
Taitila Until 12:22PM
Navami* Until 1:04AM Wed

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Karttika•Karttikai

Sunrise: 6:15AM
Sunset: 6:26PM

Durmukha 5118
Moon 11 - Phase 30
Navami

Devaloka Day

Creative Work Siddha Yoga
Until 4:24AM Wed
Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1 Wednesday, November 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau

Nairobi, Kenya
Sun 8 Sutra 220

Simha Rasi: 27.28 Tithi 25
754551365

Gulika	10:49AM – 12:21PM
Yama	7:47AM – 9:18AM
Rahu	12:21PM – 1:52PM

Uttaraphalguni Until 6:39AM Thu
Vishkambha* Until 9:51PM
Vanija Until 1:57PM
Dashami Until 2:56AM Thu

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Karttika•Karttikai

Sunrise: 6:15AM
Sunset: 6:26PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:39AM Thu
Then Routine Work - Marana Yoga

2 Thursday, November 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau

Nairobi, Kenya
Sun 9 Sutra 221

Kanya Rasi: 9.35 Tithi 26
754551365

Gulika	9:18AM – 10:50AM
Yama	6:16AM – 7:47AM
Rahu	1:52PM – 3:24PM

Uttaraphalguni Until 6:39AM
Priti Until 10:28PM
Bava Until 4:04PM
Ekadashi* Until 5:14AM Fri

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Karttika•Karttikai

Sunrise: 6:16AM
Sunset: 6:26PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Devaloka Day

Routine Work Marana Yoga

3 Friday, November 25, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Ayushman Yoga Kaulava Karana Dvadashyam Titau

Nairobi, Kenya
Sun 10 Sutra 222

Kanya Rasi: 21.32 Tithi 27
764551365

Gulika	7:47AM – 9:19AM
Yama	3:24PM – 4:55PM
Rahu	10:50AM – 12:21PM

Hasta Until 9:36AM
Ayushman Until 11:15PM
Kaulava Until 6:29PM
Dvadashi* Until 7:45AM Sat

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Karttika•Karttikai

Sunrise: 6:16AM
Sunset: 6:27PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga
Until 9:36AM
Then Creative Work - Siddha Yoga

4 Saturday, November 26, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 11 Sutra 223

Tula Rasi: 3.25 Tithi 27 – 28
764551365

Gulika	6:16AM – 7:47AM
Yama	1:53PM – 3:24PM
Rahu	9:19AM – 10:50AM

Chitra Until 12:35PM
Saubhagya Until 12:08AM Sun
Gara Until 9:03PM
Dvadashi* Until 7:45AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Karttika•Karttikai

Sunrise: 6:16AM
Sunset: 6:27PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Pradosha Vrata (Fasting)

Routine Work Marana Yoga
Until 12:35PM
Then Creative Work - Siddha Yoga

5 Sunday, November 27, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya
Sun 12 Sutra 224

Tula Rasi: 15.15 Tithi 28 – 29
764551365

Gulika	3:25PM – 4:56PM
Yama	12:22PM – 1:53PM
Rahu	4:56PM – 6:27PM

Svati Until 3:25PM
Sobhana Until 1:01AM Mon
Visti Until 11:38PM
Trayodashi* Until 10:20AM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Green
Karttika•Karttikai

Sunrise: 6:16AM
Sunset: 6:27PM

Durmukha 5118
Moon 11 - Phase 31
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 3:25PM
Then Routine Work - Marana Yoga

● Monday, November 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Nairobi, Kenya
Sun 13 Sutra 225

Tula Rasi: 27.07 Tithi 29 – 30
774551365

Gulika	1:54PM – 3:25PM
Yama	10:51AM – 12:22PM
Rahu	7:48AM – 9:19AM

Vishakha Until 6:33PM
Athiganda* Until 1:49AM Tue
Catuspada Until 2:07AM Tue
Chaturdashi* Until 12:52PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Orange
Karttika•Karttikai

Sunrise: 6:17AM
Sunset: 6:28PM

Durmukha 5118
Moon 11 - Phase 31
Amavasya

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Family Home Evening
Routine Work Marana Yoga
Until 6:33PM
Then Creative Work - Siddha Yoga

Tuesday, November 29, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Nairobi, Kenya
Sun 14 Sutra 226

Vrischika Rasi: 9.01 Tithi 30 – 1
774551365

Gulika	12:23PM – 1:54PM
Yama	9:20AM – 10:51AM
Rahu	3:25PM – 4:57PM

Anuradha Until 9:22PM
Sukarma Until 2:31AM Wed
Kintughna Until 4:27AM Wed
Amavasya* Until 3:17PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Orange
Margasira•Karttikai

Sunrise: 6:17AM
Sunset: 6:28PM

Durmukha 5118
Moon 11 - Phase 31
Prathama

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 9:22PM
Then Routine Work - Marana Yoga

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1 Wednesday, November 30, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sun 15 Sutra 227

Vrischika Rasi: 20.58 Tithi 1 – 2

774551365

Gulika	10:52AM – 12:23PM
Yama	7:49AM – 9:20AM
Rahu	12:23PM – 1:54PM

Jyeshtha* Until 11:52PM
Dhriti Until 3:06AM Thu
Balava Until 6:37AM Thu
Prathama* Until 5:33PM

Ganesha: Light Blue
Muruga: Clear
Nataraja: White
Moon – Orange
Margasira•Karttikai

Sunrise: 6:17AM
Sunset: 6:29PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 11:52PM
Then Routine Work - Marana Yoga

2 Thursday, December 1, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 16 Sutra 228

Dhanus Rasi: 2.59 Tithi 2

784551365

Gulika	9:21AM – 10:52AM
Yama	6:18AM – 7:49AM
Rahu	1:55PM – 3:26PM

Mula* Until 2:30AM Fri
Shula* Until 3:29AM Fri
Balava Until 6:37AM
Dvitiya Until 7:36PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Light Blue
Margasira•Karttikai

Sunrise: 6:18AM
Sunset: 6:29PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 2:30AM Fri
Then Routine Work - Prabalarishta Yoga

3 Friday, December 2, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau

Nairobi, Kenya
Sun 17 Sutra 229

Dhanus Rasi: 15.05 Tithi 3

784551365

Gulika	7:50AM – 9:21AM
Yama	3:27PM – 4:58PM
Rahu	10:52AM – 12:24PM

Purvashadha* Until 4:43AM Sat
Ganda* Until 3:41AM Sat
Taitila Until 8:34AM
Tritiya Until 9:24PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Light Blue
Margasira•Karttikai

Sunrise: 6:18AM
Sunset: 6:29PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga
Until 4:43AM Sat
Then Routine Work - Marana Yoga

4 Saturday, December 3, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau

Nairobi, Kenya
Sun 18 Sutra 230

Dhanus Rasi: 27.19 Tithi 4

784551365

Gulika	6:19AM – 7:50AM
Yama	1:56PM – 3:27PM
Rahu	9:21AM – 10:53AM

Uttarashadha Until 6:26AM Sun
Vriddhi Until 3:38AM Sun
Vanija Until 10:13AM
Chaturthi* Until 10:54PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Light Blue
Margasira•Karttikai

Sunrise: 6:19AM
Sunset: 6:30PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 6:26AM Sun
Then Creative Work - Amrita Yoga

5 Sunday, December 4, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau

Nairobi, Kenya
Sun 19 Sutra 231

Makara Rasi: 9.41 Tithi 5

785651365

Gulika	3:27PM – 4:59PM
Yama	12:25PM – 1:56PM
Rahu	4:59PM – 6:30PM

Uttarashadha Until 6:26AM
Dhruva Until 3:14AM Mon
Bava Until 11:30AM
Panchami Until 11:58PM

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Light Blue
Margasira•Karttikai

Sunrise: 6:19AM
Sunset: 6:30PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

6 Monday, December 5, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau

Nairobi, Kenya
Sun 20 Sutra 232

Makara Rasi: 22.14 Tithi 6
Family Home Evening

795651365

Gulika	1:56PM – 3:28PM
Yama	10:54AM – 12:25PM
Rahu	7:51AM – 9:22AM

Shravana Until 8:02AM
Vyaghata* Until 2:26AM Tue
Kaulava Until 12:19PM
Shashthi* Until 12:30AM Tue

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Purple
Margasira•Karttikai

Sunrise: 6:19AM
Sunset: 6:31PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 8:02AM
Then Creative Work - Siddha Yoga

Tuesday, December 6, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau

Nairobi, Kenya
Sun 21 Sutra 233

Kumbha Rasi: 5.04 Tithi 7

795651365

Gulika	12:25PM – 1:57PM
Yama	9:23AM – 10:54AM
Rahu	3:28PM – 5:00PM

Dhanishtha Until 8:57AM
Harshana Until 1:09AM Wed
Gara Until 12:33PM
Saptami Until 12:24AM Wed

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Purple
Margasira•Karttikai

Sunrise: 6:20AM
Sunset: 6:31PM

Durmukha 5118
Moon 11 - Phase 32
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 8:57AM
Then Routine Work - Marana Yoga

Wednesday, December 7, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 22 Sutra 234

Kumbha Rasi: 18.12 Tithi 8

795651365

Gulika	10:54AM – 12:26PM
Yama	7:52AM – 9:23AM
Rahu	12:26PM – 1:57PM

Shatabhishak Until 9:03AM
Vajra* Until 11:17PM
Visti Until 12:07PM
Ashtami* Until 11:37PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Purple
Margasira•Karttikai

Sunrise: 6:20AM
Sunset: 6:31PM

Durmukha 5118
Moon 11 - Phase 32
Ashtami

Devaloka Day

Creative Work Siddha Yoga
Until 9:03AM
Then Creative Work - Amrita Yoga

Thursday, December 8, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau

Nairobi, Kenya
Sun 23 Sutra 235

Meena Rasi: 1.44 Tithi 9

715651365

Gulika	9:23AM – 10:55AM
Yama	6:21AM – 7:52AM
Rahu	1:58PM – 3:29PM

Purvaproshthapada* Until 8:47AM
Siddhi Until 8:53PM
Balava Until 10:58AM
Navami* Until 10:07PM

Ganesha: Red
Muruga: Clear
Nataraja: White
Moon – Clear
Margasira•Karttikai

Sunrise: 6:21AM
Sunset: 6:32PM

Durmukha 5118
Moon 11 - Phase 32
Navami

Devaloka Day

Creative Work Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1 Friday, December 9, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dashamyam Titau

Nairobi, Kenya
Sun 24 Sutra 236

Meena Rasi: 15.4 Tithi 10
715651365

Gulika	7:52AM – 9:24AM	Uttaraproshthapada Until 7:40AM
Yama	3:30PM – 5:01PM	Vyatipata* Until 5:57PM
Rahu	10:55AM – 12:27PM	Taitila Until 9:07AM
		Dashami Until 7:56PM

Ganesha: Red
Muruga: Clear
Nataraja: White
Moon – Clear
Margasira•Karttikai

Sunrise: 6:21AM
Sunset: 6:32PM

Durmukha 5118
Moon 11 - Phase 33
4th Phase

Devaloka Day

Creative Work Siddha Yoga

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2 Saturday, December 10, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 237

Mesha Rasi: 0.02 Tithi 11 – 12
725651365

Gulika	6:21AM – 7:53AM	Ashvini Until 3:39AM Sun
Yama	1:59PM – 3:30PM	Variyan Until 2:31PM
Rahu	9:24AM – 10:56AM	Vanija Until 6:38AM
		Ekadashi Until 5:11PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – White
Margasira•Karttikai

Sunrise: 6:21AM
Sunset: 6:33PM

Durmukha 5118
Moon 11 - Phase 33
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 3:39AM Sun
Then Routine Work - Prabalarishta Yoga

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3 Sunday, December 11, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 238

Mesha Rasi: 14.47 Tithi 12 – 13
725651365

Gulika	3:30PM – 5:02PM	Bharani Until 12:59AM Mon
Yama	12:28PM – 1:59PM	Parigha* Until 10:42AM
Rahu	5:02PM – 6:33PM	Kaulava Until 12:15AM Mon
		Dvadashi Until 1:58PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – White
Margasira•Karttikai

Sunrise: 6:22AM
Sunset: 6:33PM

Durmukha 5118
Moon 11 - Phase 33
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Pradosha Vrata

Routine Work Prabalarishta Yoga
Until 12:59AM Mon
Then Routine Work - Marana Yoga

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4 Monday, December 12, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya
Sun 27 Sutra 239

Mesha Rasi: 29.49 Tithi 13 – 14
Family Home Evening
725651365

Gulika	2:00PM – 3:31PM	Krittika Until 9:59PM
Yama	10:57AM – 12:28PM	Shiva Until 6:38AM
Rahu	7:54AM – 9:25AM	Gara Until 8:38PM
		Trayodashi Until 10:27AM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – White
Margasira•Karttikai

Sunrise: 6:22AM
Sunset: 6:34PM

Durmukha 5118
Moon 11 - Phase 33
4th Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Krittika Deepam

Routine Work Marana Yoga
Until 9:59PM
Then Creative Work - Amrita Yoga

○ Tuesday, December 13, 2016
Copper Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Sadhya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau

Nairobi, Kenya
Sutra 240

Vrishabha Rasi: 14.59 Tithi 14 – 15
736661365

Gulika	12:29PM – 2:00PM	Rohini Until 7:11PM
Yama	9:26AM – 10:57AM	Sadhya Until 10:08PM
Rahu	3:31PM – 5:03PM	Bava Until 3:08AM Wed
		Chaturdashi* Until 6:46AM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Yellow
Margasira•Karttikai

Sunrise: 6:23AM
Sunset: 6:34PM

Durmukha 5118
Moon 11 - Phase 33
Purnima

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 7:11PM
Then Creative Work - Siddha Yoga

Wednesday, December 14, 2016
Silver Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau

Nairobi, Kenya
Sutra 241

Mithuna Rasi: 0.08 Tithi 16
736661365

Gulika	10:58AM – 12:29PM	Mrigashira Until 4:24PM
Yama	7:55AM – 9:26AM	Subha Until 6:03PM
Rahu	12:29PM – 2:00PM	Balava Until 1:24PM
		Prathama* Until 11:42PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Yellow
Margasira•Karttikai

Sunrise: 6:23AM
Sunset: 6:35PM

Durmukha 5118
Moon 11 - Phase 33
Prathama

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

Thursday, December 15, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sutra 242

Mithuna Rasi: 15.07 Tithi 17

Gulika 9:27AM – 10:58AM
Yama 6:24AM – 7:55AM
736661365 Rahu 2:01PM – 3:32PM

Ardra Until 1:47PM
Sukla Until 2:12PM
Taitila Until 10:08AM
Dvitiya Until 8:39PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Yellow
Margasira•Markali

Sunrise: 6:24AM
Sunset: 6:35PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 1:47PM
Then Creative Work - Amrita Yoga

Markali Pillaiyar

1 Friday, December 16, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 243

Mithuna Rasi: 29.45 Tithi 18

Gulika 7:56AM – 9:27AM
Yama 3:33PM – 5:04PM
846661365 Rahu 10:59AM – 12:30PM

Punarvasu Until 11:57AM
Brahma Until 10:46AM
Vanija Until 7:20AM
Tritiya Until 6:09PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Blue
Margasira•Markali

Sunrise: 6:24AM
Sunset: 6:36PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 11:57AM
Then Routine Work - Marana Yoga

2 Saturday, December 17, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 2 Sutra 244

Kataka Rasi: 13.58 Tithi 19 – 20

Gulika 6:25AM – 7:56AM
Yama 2:02PM – 3:33PM
846661365 Rahu 9:28AM – 10:59AM

Pushya Until 10:39AM
Indra Until 7:54AM
Kaulava Until 3:48AM Sun
Chaturthi* Until 4:22PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Blue
Margasira•Markali

Sunrise: 6:25AM
Sunset: 6:36PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 10:39AM
Then Routine Work - Marana Yoga

3 Sunday, December 18, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 3 Sutra 245

Kataka Rasi: 27.41 Tithi 20 – 21

Gulika 3:34PM – 5:05PM
Yama 12:31PM – 2:02PM
846661365 Rahu 5:05PM – 6:37PM

Ashlesha* Until 9:59AM
Vishkambha* Until 4:04AM Mon
Gara Until 3:18AM Mon
Panchami Until 3:25PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Blue
Margasira•Markali

Sunrise: 6:25AM
Sunset: 6:37PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 9:59AM
Then Routine Work - Marana Yoga

4 Monday, December 19, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 4 Sutra 246

Simha Rasi: 10.54 Tithi 21 – 22

Gulika 2:03PM – 3:34PM
Yama 11:00AM – 12:31PM
856661365 Rahu 7:57AM – 9:29AM

Magha* Until 10:29AM
Priti Until 3:12AM Tue
Visti Until 3:43AM Tue
Shashthi* Until 3:23PM

Ganesha: Green
Muruga: White
Nataraja: White
Moon – Red
Margasira•Markali

Sunrise: 6:26AM
Sunset: 6:37PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga
Until 10:29AM
Then Creative Work - Siddha Yoga

5 Tuesday, December 20, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 5 Sutra 247

Simha Rasi: 23.41 Tithi 22 – 23

Gulika 12:32PM – 2:03PM
Yama 9:29AM – 11:01AM
856661365 Rahu 3:35PM – 5:06PM

Purvaphalguni Until 11:42AM
Ayushman Until 2:57AM Wed
Balava Until 4:57AM Wed
Saptami Until 4:13PM

Ganesha: Green
Muruga: White
Nataraja: White
Moon – Red
Margasira•Markali

Sunrise: 6:26AM
Sunset: 6:38PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 11:42AM
Then Creative Work - Amrita Yoga

Wednesday, December 21, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 6 Sutra 248

Kanya Rasi: 6.05 Tithi 23 – 24

Gulika 11:01AM – 12:32PM
Yama 7:58AM – 9:30AM
857661365 Rahu 12:32PM – 2:04PM

Uttaraphalguni Until 1:30PM
Saubhagya Until 3:14AM Thu
Taitila Until 6:51AM Thu
Ashtami* Until 5:48PM

Ganesha: White
Muruga: White
Nataraja: White
Moon – Red
Margasira•Markali

Sunrise: 6:27AM
Sunset: 6:38PM

Durmukha 5118
Moon 12 - Phase 34
Ashtami

Bhuloka Day

Creative Work Amrita Yoga
Until 1:30PM
Then Routine Work - Marana Yoga

Day 1 of Pancha Ganapati

Thursday, December 22, 2016
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 249

Kanya Rasi: 18.13 Tithi 24

Gulika 9:30AM – 11:02AM
Yama 6:27AM – 7:59AM
867661365 Rahu 2:04PM – 3:36PM

Hasta Until 4:12PM
Sobhana Until 3:53AM Fri
Taitila Until 6:51AM
Navami* Until 7:58PM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Green
Margasira•Markali

Sunrise: 6:27AM
Sunset: 6:39PM

Durmukha 5118
Moon 12 - Phase 34
Navami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 4:12PM
Then Creative Work - Siddha Yoga

Day 2 of Pancha Ganapati

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

1 Friday, December 23, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau

Nairobi, Kenya | Sun 8 | Sutra 250

Tula Rasi: 0.1 | Tithi 25

867661365

Gulika	7:59AM – 9:31AM
Yama	3:36PM – 5:08PM
Rahu	11:02AM – 12:33PM

Chitra Until 7:06PM
Athiganda* Until 4:42AM Sat
Vanija Until 9:12AM
Dashami Until 10:28PM

Ganesha: Clear | Muruga: White | Nataraja: White | Moon – Green
Sunrise: 6:28AM | *Sunset:* 6:39PM

Durmukha 5118
Moon 12 - Phase 35
2nd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Margasira•Markali

Creative Work | Siddha Yoga

Day 3 of Pancha Ganapati

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2 Saturday, December 24, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau

Nairobi, Kenya | Sun 9 | Sutra 251

Tula Rasi: 12.02 | Tithi 26

867661365

Gulika	6:28AM – 8:00AM
Yama	2:05PM – 3:37PM
Rahu	9:31AM – 11:03AM

Svati Until 9:57PM
Sukarma Until 5:35AM Sun
Bava Until 11:47AM
Ekadashi* Until 1:04AM Sun

Ganesha: Clear | Muruga: White | Nataraja: White | Moon – Green
Sunrise: 6:28AM | *Sunset:* 6:40PM

Durmukha 5118
Moon 12 - Phase 35
2nd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Margasira•Markali

Creative Work | Siddha Yoga

Day 4 of Pancha Ganapati

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3 Sunday, December 25, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau

Nairobi, Kenya | Sun 10 | Sutra 252

Tula Rasi: 23.53 | Tithi 27

877661365

Gulika	3:37PM – 5:09PM
Yama	12:34PM – 2:06PM
Rahu	5:09PM – 6:40PM

Vishakha Until 1:06AM Mon
Dhriti Until 6:25AM Mon
Kaulava Until 2:23PM
Dvadashi* Until 3:37AM Mon

Ganesha: Purple | Muruga: White | Nataraja: White | Moon – Orange
Sunrise: 6:29AM | *Sunset:* 6:40PM

Durmukha 5118
Moon 12 - Phase 35
2nd Phase

Bhuloka Day

Margasira•Markali

Routine Work | Marana Yoga
Until 1:06AM Mon
Then Creative Work - Siddha Yoga

Day 5 of Pancha Ganapati

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4 Monday, December 26, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau

Nairobi, Kenya | Sun 11 | Sutra 253

Vrischika Rasi: 5.45 | Tithi 28

877661366

Gulika	2:06PM – 3:38PM
Yama	11:04AM – 12:35PM
Rahu	8:01AM – 9:32AM

Anuradha Until 3:54AM Tue
Dhriti Until 6:25AM
Gara Until 4:51PM
Trayodashi* Until 5:59AM Tue

Ganesha: Purple | Muruga: White | Nataraja: Green | Moon – Orange
Sunrise: 6:29AM | *Sunset:* 6:41PM

Durmukha 5118
Moon 12 - Phase 35
2nd Phase

Bhuloka Day

Margasira•Markali

Family Home Evening
Creative Work | Siddha Yoga
Until 3:54AM Tue
Then Routine Work - Marana Yoga

Pradosha Vrata (Fasting)

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5 Tuesday, December 27, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti* Karana Chaturdashyam Titau

Nairobi, Kenya | Sun 12 | Sutra 254

Vrischika Rasi: 17.42 | Tithi 29

878661366

Gulika	12:35PM – 2:07PM
Yama	9:33AM – 11:04AM
Rahu	3:38PM – 5:10PM

Jyeshtha* Until 6:17AM Wed
Shula* Until 7:04AM
Visti Until 7:05PM
Chaturdashi* Until 8:04AM Wed

Ganesha: Clear | Muruga: White | Nataraja: Green | Moon – Orange
Sunrise: 6:30AM | *Sunset:* 6:41PM

Durmukha 5118
Moon 12 - Phase 35
2nd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Margasira•Markali

Routine Work | Marana Yoga

● Wednesday, December 28, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Ganda*/Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Nairobi, Kenya | Sun 13 | Sutra 255

Vrischika Rasi: 29.46 | Tithi 29 – 30

878661366

Gulika	11:04AM – 12:36PM
Yama	8:02AM – 9:33AM
Rahu	12:36PM – 2:07PM

Jyeshtha* Until 6:17AM
Ganda* Until 7:32AM
Catuspada Until 9:01PM
Chaturdashi* Until 8:04AM

Ganesha: Clear | Muruga: White | Nataraja: Green | Moon – Orange
Sunrise: 6:30AM | *Sunset:* 6:42PM

Durmukha 5118
Moon 12 - Phase 35
Amavasya

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Margasira•Markali

Creative Work | Siddha Yoga
Until 6:17AM
Then Routine Work - Marana Yoga

Hanumath Jayanthi (Tamil Nadu)

Thursday, December 29, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Nairobi, Kenya | Sun 14 | Sutra 256

Dhanus Rasi: 11.56 | Tithi 30 – 1

888761366

Gulika	9:34AM – 11:05AM
Yama	6:31AM – 8:02AM
Rahu	2:08PM – 3:39PM

Mula* Until 8:43AM
Vriddhi Until 7:47AM
Kintughna Until 10:37PM
Amavasya* Until 9:50AM

Ganesha: Light Blue | Muruga: White | Nataraja: Green | Moon – Light Blue
Sunrise: 6:31AM | *Sunset:* 6:42PM

Durmukha 5118
Moon 12 - Phase 35
Prathama

Bhuloka Day

Pausha•Markali

Creative Work | Siddha Yoga

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

1 Friday, December 30, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sun 15 Sutra 257

Dhanus Rasi: 24.15 Tithi 1 – 2

Gulika 8:03AM – 9:34AM
Yama 3:40PM – 5:11PM
888761366 Rahu 11:05AM – 12:37PM

Purvashadha* Until 10:39AM
Dhruva Until 7:45AM
Balava Until 11:52PM
Prathama* Until 11:16AM

Ganesha: Light Blue
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Markali

Sunrise: *6:31AM*
Sunset: *6:43PM*

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day

Routine Work Prabalarishta Yoga
Until 10:39AM
Then Routine Work - Marana Yoga

2 Saturday, December 31, 2016

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 16 Sutra 258

Makara Rasi: 6.43 Tithi 2 – 3

Gulika 6:32AM – 8:03AM
Yama 2:09PM – 3:40PM
888761366 Rahu 9:35AM – 11:06AM

Uttarashadha Until 12:05PM
Vyaghata* Until 7:27AM
Taitila Until 12:45AM Sun
Dvitiya Until 12:20PM

Ganesha: Light Blue
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Markali

Sunrise: *6:32AM*
Sunset: *6:43PM*

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day

Routine Work Marana Yoga
Until 12:05PM
Then Creative Work - Siddha Yoga

3 Sunday, January 1, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 17 Sutra 259

Makara Rasi: 19.21 Tithi 3 – 4

Gulika 3:40PM – 5:12PM
Yama 12:37PM – 2:09PM
898761366 Rahu 5:12PM – 6:43PM

Shravana Until 1:28PM
Harshana Until 6:54AM
Vanija Until 1:15AM Mon
Tritiya Until 1:02PM

Ganesha: Purple
Muruga: White
Nataraja: Green
Moon – Purple
Pausha•Markali

Sunrise: *6:32AM*
Sunset: *6:43PM*

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 1:28PM
Then Routine Work - Marana Yoga

4 Monday, January 2, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 18 Sutra 260

Kumbha Rasi: 2.1 Tithi 4 – 5

Gulika 2:09PM – 3:41PM
Yama 11:06AM – 12:38PM
898761366 Rahu 8:04AM – 9:35AM

Dhanishtha Until 2:19PM
Vajra* Until 6:01AM
Bava Until 1:21AM Tue
Chaturthi* Until 1:20PM

Ganesha: Purple
Muruga: White
Nataraja: Green
Moon – Purple
Pausha•Markali

Sunrise: *6:32AM*
Sunset: *6:44PM*

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

5 Tuesday, January 3, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 19 Sutra 261

Kumbha Rasi: 15.11 Tithi 5 – 6

Gulika 12:38PM – 2:10PM
Yama 9:35AM – 11:07AM
899761366 Rahu 3:41PM – 5:13PM

Shatabhishak Until 2:36PM
Vyatipata* Until 3:17AM Wed
Kaulava Until 12:59AM Wed
Panchami Until 1:12PM

Ganesha: Clear
Muruga: White
Nataraja: Green
Moon – Purple
Pausha•Markali

Sunrise: *6:33AM*
Sunset: *6:44PM*

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga

Vinayaga Viratam Ends

6 Wednesday, January 4, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 20 Sutra 262

Kumbha Rasi: 28.26 Tithi 6 – 7

Gulika 11:07AM – 12:39PM
Yama 8:05AM – 9:36AM
819761366 Rahu 12:39PM – 2:10PM

Purvaproshthapada* Until 2:44PM
Variyan Until 1:21AM Thu
Gara Until 12:09AM Thu
Shashthi* Until 12:36PM

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Clear
Pausha•Markali

Sunrise: *6:33AM*
Sunset: *6:44PM*

Durmukha 5118
Moon 12 - Phase 36
3rd Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 2:44PM
Then Creative Work - Siddha Yoga

Thursday, January 5, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 21 Sutra 263

Meena Rasi: 11.57 Tithi 7 – 8

Gulika 9:36AM – 11:08AM
Yama 6:34AM – 8:05AM
819761366 Rahu 2:11PM – 3:42PM

Uttaraproshthapada Until 2:14PM
Parigha* Until 11:02PM
Visti Until 10:48PM
Saptami Until 11:31AM

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Clear
Pausha•Markali

Sunrise: *6:34AM*
Sunset: *6:45PM*

Durmukha 5118
Moon 12 - Phase 36
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Subramuniyaswami Jayanti

Friday, January 6, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 22 Sutra 264

Meena Rasi: 25.46 Tithi 8 – 9

Gulika 8:05AM – 9:37AM
Yama 3:43PM – 5:14PM
819761366 Rahu 11:08AM – 12:40PM

Revati Until 1:05PM
Shiva Until 8:20PM
Balava Until 8:58PM
Ashtami* Until 9:55AM

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Clear
Pausha•Markali

Sunrise: *6:34AM*
Sunset: *6:45PM*

Durmukha 5118
Moon 12 - Phase 36
Navami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 1:05PM
Then Creative Work - Amrita Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Saturday, January 7, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 23 Sutra 265

Mesha Rasi: 9.53 Tithi 9 – 10

829761366

Gulika	6:34AM – 8:06AM
Yama	2:12PM – 3:43PM
Rahu	9:37AM – 11:09AM

Ashvini Until 11:47AM
Siddha Until 5:15PM
Taitila Until 6:41PM
Navami* Until 7:51AM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – White
Pausha•Markali

Sunrise: 6:34AM
Sunset: 6:46PM

Durmukha 5118
Moon 12 - Phase 37
4th Phase

Devaloka Day

Creative Work Siddha Yoga

2 Sunday, January 8, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau

Nairobi, Kenya
Sun 24 Sutra 266

Mesha Rasi: 24.17 Tithi 11

829761366

Gulika	3:43PM – 5:15PM
Yama	12:41PM – 2:12PM
Rahu	5:15PM – 6:46PM

Bharani Until 9:55AM
Sadhya Until 1:52PM
Vanija Until 4:01PM
Ekadashi Until 2:33AM Mon

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – White
Pausha•Markali

Sunrise: 6:35AM
Sunset: 6:46PM

Durmukha 5118
Moon 12 - Phase 37
4th Phase

Devaloka Day

Routine Work Prabalarishta Yoga
Until 9:55AM
Then Creative Work - Siddha Yoga

Vaikuntha Ekadasi

3 Monday, January 9, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 267

Vrishabha Rasi: 8.55 Tithi 12

829761366

Gulika	2:12PM – 3:44PM
Yama	11:10AM – 12:41PM
Rahu	8:07AM – 9:38AM

Krittika Until 7:37AM
Subha Until 10:16AM
Bava Until 1:04PM
Dvadashi Until 11:31PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – White
Pausha•Markali

Sunrise: 6:35AM
Sunset: 6:47PM

Durmukha 5118
Moon 12 - Phase 37
4th Phase

Devaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 7:37AM
Then Creative Work - Amrita Yoga

4 Tuesday, January 10, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 268

Vrishabha Rasi: 23.41 Tithi 13

831761366

Gulika	12:41PM – 2:13PM
Yama	9:39AM – 11:10AM
Rahu	3:44PM – 5:16PM

Mrigashira Until 3:02AM Wed
Sukla Until 6:31AM
Kaulava Until 9:59AM
Trayodashi Until 8:25PM

Ganesha: Clear
Muruga: White
Nataraja: Green
Moon – Yellow
Pausha•Markali

Sunrise: 6:36AM
Sunset: 6:47PM

Durmukha 5118
Moon 12 - Phase 37
4th Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Pradosha Vrata

Creative Work Siddha Yoga

5 Wednesday, January 11, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau

Nairobi, Kenya
Sun 27 Sutra 269

Mithuna Rasi: 8.29 Tithi 14 – 15

831761366

Gulika	11:10AM – 12:42PM
Yama	8:08AM – 9:39AM
Rahu	12:42PM – 2:13PM

Ardra Until 12:39AM Thu
Indra Until 11:05PM
Gara Until 6:54AM
Chaturdashi* Until 5:23PM

Ganesha: Clear
Muruga: White
Nataraja: Green
Moon – Yellow
Pausha•Markali

Sunrise: 6:36AM
Sunset: 6:47PM

Durmukha 5118
Moon 12 - Phase 37
4th Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 12:39AM Thu
Then Creative Work - Amrita Yoga

Ardra Darshanam

○ Thursday, January 12, 2017

Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Nairobi, Kenya
Sutra 270

Mithuna Rasi: 23.1 Tithi 15 – 16

841761366

Gulika	9:39AM – 11:11AM
Yama	6:37AM – 8:08AM
Rahu	2:14PM – 3:45PM

Punarvasu Until 10:49PM
Vaidhriti* Until 7:37PM
Balava Until 1:20AM Fri
Purnima* Until 2:35PM

Ganesha: White
Muruga: White
Nataraja: Green
Moon – Blue
Pausha•Markali

Sunrise: 6:37AM
Sunset: 6:48PM

Durmukha 5118
Moon 12 - Phase 37
Purnima

Devaloka Day

Creative Work Amrita Yoga

Friday, January 13, 2017

Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sutra 271

Kataka Rasi: 7.37 Tithi 16 – 17

841761366

Gulika	8:08AM – 9:40AM
Yama	3:45PM – 5:17PM
Rahu	11:11AM – 12:43PM

Pushya Until 9:18PM
Vishkambha* Until 4:31PM
Taitila Until 11:11PM
Prathama* Until 12:10PM

Ganesha: White
Muruga: White
Nataraja: Green
Moon – Blue
Pausha•Markali

Sunrise: 6:37AM
Sunset: 6:48PM

Durmukha 5118
Moon 12 - Phase 37
Prathama

Devaloka Day

Routine Work Marana Yoga

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

Saturday, January 14, 2017
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 272

Kataka Rasi: 21.44 Tithi 17 – 18

841761366

Gulika	6:37AM – 8:09AM
Yama	2:14PM – 3:46PM
Rahu	9:40AM – 11:12AM

Ashlesha* Until 8:14PM
Priti Until 1:53PM
Vanija Until 9:39PM
Dvitiya Until 10:18AM

Ganesha: White
Muruga: White
Nataraja: Green
Moon – Blue
Pausha•Thai

Sunrise: 6:37AM
Sunset: 6:48PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 8:14PM
Then Creative Work - Amrita Yoga

Thai Pongal

1 Sunday, January 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 273

Simha Rasi: 5.26 Tithi 18 – 19

851761366

Gulika	3:46PM – 5:17PM
Yama	12:43PM – 2:15PM
Rahu	5:17PM – 6:49PM

Magha* Until 8:10PM
Ayushman Until 11:48AM
Bava Until 8:51PM
Tritiya Until 9:08AM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Red
Pausha•Thai

Sunrise: 6:38AM
Sunset: 6:49PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Marana Yoga
Until 8:10PM
Then Creative Work - Siddha Yoga

2 Monday, January 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 274

Simha Rasi: 18.43 Tithi 19 – 20

851761366

Gulika	2:15PM – 3:46PM
Yama	11:12AM – 12:44PM
Rahu	8:10AM – 9:41AM

Purvaphalguni Until 8:45PM
Saubhagya Until 10:20AM
Kaulava Until 8:52PM
Chaturthi* Until 8:44AM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Red
Pausha•Thai

Sunrise: 6:38AM
Sunset: 6:49PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Family Home Evening
Creative Work Siddha Yoga

3 Tuesday, January 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 275

Kanya Rasi: 1.34 Tithi 20 – 21

851761366

Gulika	12:44PM – 2:15PM
Yama	9:41AM – 11:13AM
Rahu	3:47PM – 5:18PM

Uttaraphalguni Until 9:57PM
Sobhana Until 9:30AM
Gara Until 9:41PM
Panchami Until 9:09AM

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Red
Pausha•Thai

Sunrise: 6:39AM
Sunset: 6:49PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 9:57PM
Then Creative Work - Siddha Yoga

4 Wednesday, January 18, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 276

Kanya Rasi: 14.04 Tithi 21 – 22

861761366

Gulika	11:13AM – 12:44PM
Yama	8:10AM – 9:42AM
Rahu	12:44PM – 2:16PM

Hasta Until 12:08AM Thu
Athiganda* Until 9:15AM
Visti Until 11:13PM
Shashthi* Until 10:21AM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Green
Pausha•Thai

Sunrise: 6:39AM
Sunset: 6:50PM

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 12:08AM Thu
Then Creative Work - Siddha Yoga

Thursday, January 19, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 277

Kanya Rasi: 26.17 Tithi 22 – 23

861761366

Gulika	9:42AM – 11:13AM
Yama	6:39AM – 8:11AM
Rahu	2:16PM – 3:47PM

Chitra Until 2:42AM Fri
Sukarma Until 9:29AM
Balava Until 1:18AM Fri
Saptami Until 12:11PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Green
Pausha•Thai

Sunrise: 6:39AM
Sunset: 6:50PM

Durmukha 5118
Moon 1 - Phase 38
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Friday, January 20, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 278

Tula Rasi: 8.18 Tithi 23 – 24

861761366

Gulika	8:11AM – 9:42AM
Yama	3:48PM – 5:19PM
Rahu	11:14AM – 12:45PM

Svati Until 5:24AM Sat
Dhriti Until 10:05AM
Taitila Until 3:43AM Sat
Ashtami* Until 2:28PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Green
Pausha•Thai

Sunrise: 6:40AM
Sunset: 6:50PM

Durmukha 5118
Moon 1 - Phase 38
Navami

Devaloka Day

Creative Work Siddha Yoga

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1 Saturday, January 21, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya | Sun 8 | Sutra 279

Tula Rasi: 20.12 | Tithi 24 – 25 | 872761366

Gulika	6:40AM – 8:11AM
Yama	2:17PM – 3:48PM
Rahu	9:43AM – 11:14AM

Vishakha Until 8:31AM Sun
Shula* Until 10:52AM
Vanija Until 6:16AM Sun
Navami* Until 4:58PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Orange
Pausha•Thai

Sunrise: 6:40AM
Sunset: 6:51PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase
Bhuloka Day

Creative Work | Siddha Yoga
Until 8:31AM Sun
Then Routine Work - Marana Yoga

2 Sunday, January 22, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Ganda*/Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau

Nairobi, Kenya | Sun 9 | Sutra 280

Vrischika Rasi: 2.04 | Tithi 25 | 872761366

Gulika	3:48PM – 5:19PM
Yama	12:46PM – 2:17PM
Rahu	5:19PM – 6:51PM

Vishakha Until 8:31AM
Ganda* Until 11:41AM
Vanija Until 6:16AM
Dashami Until 7:29PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Orange
Pausha•Thai

Sunrise: 6:40AM
Sunset: 6:51PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase
Bhuloka Day

Routine Work | Marana Yoga

3 Monday, January 23, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau

Nairobi, Kenya | Sun 10 | Sutra 281

Vrischika Rasi: 13.59 | Tithi 26 | 872861366

Gulika	2:17PM – 3:48PM
Yama	11:14AM – 12:46PM
Rahu	8:12AM – 9:43AM

Anuradha Until 11:23AM
Vriddhi Until 12:26PM
Bava Until 8:42AM
Ekadashi* Until 9:49PM

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Orange
Pausha•Thai

Sunrise: 6:41AM
Sunset: 6:51PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Family Home Evening
Creative Work | Siddha Yoga

4 Tuesday, January 24, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau

Nairobi, Kenya | Sun 11 | Sutra 282

Vrischika Rasi: 25.58 | Tithi 27 | 972861366

Gulika	12:46PM – 2:17PM
Yama	9:43AM – 11:15AM
Rahu	3:49PM – 5:20PM

Jyeshtha* Until 1:49PM
Dhruva Until 12:57PM
Kaulava Until 10:54AM
Dvadashi* Until 11:50PM

Ganesha: Blue
Muruga: White
Nataraja: Green
Moon – Orange
Pausha•Thai

Sunrise: 6:41AM
Sunset: 6:51PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase
Devaloka Day

Routine Work | Marana Yoga
Until 1:49PM
Then Creative Work - Amrita Yoga

5 Wednesday, January 25, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau

Nairobi, Kenya | Sun 12 | Sutra 283

Dhanus Rasi: 8.07 | Tithi 28 | 982861366

Gulika	11:15AM – 12:46PM
Yama	8:12AM – 9:44AM
Rahu	12:46PM – 2:18PM

Mula* Until 4:12PM
Vyaghata* Until 1:11PM
Gara Until 12:42PM
Trayodashi* Until 1:25AM Thu

Pradosha Vrata (Fasting)

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Thai

Sunrise: 6:41AM
Sunset: 6:51PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work | Marana Yoga
Until 4:12PM
Then Creative Work - Amrita Yoga

6 Thursday, January 26, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Nairobi, Kenya | Sun 13 | Sutra 284

Dhanus Rasi: 20.25 | Tithi 29 | 982861366

Gulika	9:44AM – 11:15AM
Yama	6:41AM – 8:13AM
Rahu	2:18PM – 3:49PM

Purvashadha* Until 5:59PM
Harshana Until 1:06PM
Visti Until 2:03PM
Chaturdashi* Until 2:31AM Fri

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Thai

Sunrise: 6:41AM
Sunset: 6:52PM

Durmukha 5118
Moon 1 - Phase 39
2nd Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work | Siddha Yoga
Until 5:59PM
Then Routine Work - Marana Yoga

● Friday, January 27, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Nairobi, Kenya | Sun 14 | Sutra 285

Makara Rasi: 2.57 | Tithi 30 | 982861366

Gulika	8:13AM – 9:44AM
Yama	3:49PM – 5:21PM
Rahu	11:15AM – 12:47PM

Uttarashadha Until 7:08PM
Vajra* Until 12:36PM
Catuspada Until 2:54PM
Amavasya* Until 3:07AM Sat

Ganesha: Red
Muruga: White
Nataraja: Green
Moon – Light Blue
Pausha•Thai

Sunrise: 6:42AM
Sunset: 6:52PM

Durmukha 5118
Moon 1 - Phase 39
Amavasya
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work | Marana Yoga

Saturday, January 28, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau

Nairobi, Kenya | Sun 15 | Sutra 286

Makara Rasi: 15.43 | Tithi 1 | 992861366

Gulika	6:42AM – 8:13AM
Yama	2:18PM – 3:49PM
Rahu	9:44AM – 11:16AM

Shravana Until 8:07PM
Siddhi Until 11:44AM
Kintughna Until 3:15PM
Prathama* Until 3:14AM Sun

Ganesha: Yellow
Muruga: White
Nataraja: Green
Moon – Purple
Magha•Thai

Sunrise: 6:42AM
Sunset: 6:52PM

Durmukha 5118
Moon 1 - Phase 39
Prathama
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work | Siddha Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1 Sunday, January 29, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau

Nairobi, Kenya | Sun 16 | Sutra 287

Makara Rasi: 28.41 | Tithi 2

992861366

Gulika	3:50PM – 5:21PM	Dhanishtha Until 8:31PM
Yama	12:47PM – 2:18PM	Vyatipata* Until 10:31AM
Rahu	5:21PM – 6:52PM	Balava Until 3:08PM
		Dvitiya Until 2:54AM Mon

Ganesha: Yellow | Muruga: White | Nataraja: Green | Moon – Purple | Magha•Thai

Sunrise: 6:42AM | *Sunset:* 6:52PM

Durmukha 5118 | Moon 1 - Phase 40 | 3rd Phase

Bhuloka Day | Devaloka Time: 9:AM to12:PM

Routine Work | Marana Yoga
Until 8:31PM
Then Creative Work - Siddha Yoga

2 Monday, January 30, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau

Nairobi, Kenya | Sun 17 | Sutra 288

Kumbha Rasi: 11.54 | Tithi 3

992861366

Gulika	2:19PM – 3:50PM	Shatabhishak Until 8:22PM
Yama	11:16AM – 12:47PM	Variyan Until 8:57AM
Rahu	8:13AM – 9:45AM	Taitila Until 2:36PM
		Tritiya Until 2:11AM Tue

Ganesha: Yellow | Muruga: White | Nataraja: Green | Moon – Purple | Magha•Thai

Sunrise: 6:42AM | *Sunset:* 6:52PM

Durmukha 5118 | Moon 1 - Phase 40 | 3rd Phase

Bhuloka Day | Devaloka Time: 9:AM to12:PM

Family Home Evening
Creative Work | Siddha Yoga
Until 8:22PM
Then Routine Work - Marana Yoga

3 Tuesday, January 31, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam
Purvaproshthapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau

Nairobi, Kenya | Sun 18 | Sutra 289

Kumbha Rasi: 25.19 | Tithi 4

912861366

Gulika	12:47PM – 2:19PM	Purvaproshthapada* Until 8:10PM
Yama	9:45AM – 11:16AM	Parigha* Until 7:06AM
Rahu	3:50PM – 5:21PM	Vanija Until 1:43PM
		Chaturthi* Until 1:08AM Wed

Ganesha: White | Muruga: White | Nataraja: Green | Moon – Clear | Magha•Thai

Sunrise: 6:42AM | *Sunset:* 6:52PM

Durmukha 5118 | Moon 1 - Phase 40 | 3rd Phase

Devaloka Day

Routine Work | Marana Yoga
Until 8:10PM
Then Creative Work - Amrita Yoga

4 Wednesday, February 1, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam
Uttaraproshthapada Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau

Nairobi, Kenya | Sun 19 | Sutra 290

Meena Rasi: 8.55 | Tithi 5

912861366

Gulika	11:16AM – 12:47PM	Uttaraproshthapada Until 7:32PM
Yama	8:14AM – 9:45AM	Siddha Until 2:40AM Thu
Rahu	12:47PM – 2:19PM	Bava Until 12:30PM
		Panchami Until 11:46PM

Ganesha: White | Muruga: White | Nataraja: Green | Moon – Clear | Magha•Thai

Sunrise: 6:42AM | *Sunset:* 6:52PM

Durmukha 5118 | Moon 1 - Phase 40 | 3rd Phase

Devaloka Day

Creative Work | Siddha Yoga
Until 7:32PM
Then Routine Work - Marana Yoga

5 Thursday, February 2, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam
Revati Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau

Nairobi, Kenya | Sun 20 | Sutra 291

Meena Rasi: 22.41 | Tithi 6

912861366

Gulika	9:45AM – 11:16AM	Revati Until 6:29PM
Yama	6:43AM – 8:14AM	Sadhya Until 12:08AM Fri
Rahu	2:19PM – 3:50PM	Kaulava Until 11:01AM
		Shashthi* Until 10:10PM

Ganesha: White | Muruga: White | Nataraja: Green | Moon – Clear | Magha•Thai

Sunrise: 6:43AM | *Sunset:* 6:53PM

Durmukha 5118 | Moon 1 - Phase 40 | 3rd Phase

Devaloka Day

Creative Work | Siddha Yoga
Until 6:29PM
Then Creative Work - Amrita Yoga

6 Friday, February 3, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau

Nairobi, Kenya | Sun 21 | Sutra 292

Mesha Rasi: 6.37 | Tithi 7

923861367

Gulika	8:14AM – 9:45AM	Ashvini Until 5:29PM
Yama	3:50PM – 5:21PM	Subha Until 9:25PM
Rahu	11:16AM – 12:48PM	Gara Until 9:17AM
		Saptami Until 8:19PM

Ganesha: White | Muruga: White | Nataraja: White | Moon – White | Magha•Thai

Sunrise: 6:43AM | *Sunset:* 6:53PM

Durmukha 5118 | Moon 1 - Phase 40 | 3rd Phase

Bhuloka Day

Creative Work | Amrita Yoga
Until 5:29PM
Then Creative Work - Siddha Yoga

Saturday, February 4, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau

Nairobi, Kenya | Sun 22 | Sutra 293

Mesha Rasi: 20.4 | Tithi 8

923861367

Gulika	6:43AM – 8:14AM	Bharani Until 4:09PM
Yama	2:19PM – 3:50PM	Sukla Until 6:32PM
Rahu	9:45AM – 11:17AM	Visti Until 7:20AM
		Ashtami* Until 6:16PM

Ganesha: White | Muruga: White | Nataraja: White | Moon – White | Magha•Thai

Sunrise: 6:43AM | *Sunset:* 6:53PM

Durmukha 5118 | Moon 1 - Phase 40 | Ashtami

Bhuloka Day

Creative Work | Siddha Yoga
Until 4:09PM
Then Creative Work - Amrita Yoga

Sunday, February 5, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Nairobi, Kenya | Sun 23 | Sutra 294

Vrishabha Rasi: 4.51 | Tithi 9 – 10

923861367

Gulika	3:50PM – 5:22PM	Krittika Until 2:31PM
Yama	12:48PM – 2:19PM	Brahma Until 3:32PM
Rahu	5:22PM – 6:53PM	Taitila Until 2:56AM Mon
		Navami* Until 4:04PM

Ganesha: White | Muruga: White | Nataraja: White | Moon – White | Magha•Thai

Sunrise: 6:43AM | *Sunset:* 6:53PM

Durmukha 5118 | Moon 1 - Phase 40 | Navami

Bhuloka Day

Creative Work | Siddha Yoga

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

1 Monday, February 6, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Nairobi, Kenya
Sun 24 Sutra 295

Vrishabha Rasi: 19.08 Tithi 10 – 11
Family Home Evening
Creative Work Amrita Yoga

933861367

Gulika	2:19PM – 3:50PM
Yama	11:17AM – 12:48PM
Rahu	8:14AM – 9:46AM

Rohini Until 1:02PM
Indra Until 12:26PM
Vanija Until 12:35AM Tue
Dashami Until 1:44PM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Yellow
Magha•Thai

Sunrise: *6:43AM*
Sunset: *6:53PM*

Durmukha 5118
Moon 1 - Phase 41
4th Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

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2 Tuesday, February 7, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 296

Mithuna Rasi: 3.27 Tithi 11 – 12
Creative Work Siddha Yoga
Until 11:23AM
Then Routine Work - Marana Yoga

933861367

Gulika	12:48PM – 2:19PM
Yama	9:46AM – 11:17AM
Rahu	3:50PM – 5:22PM

Mrigashira Until 11:23AM
Vaidhriti* Until 9:18AM
Bava Until 10:14PM
Ekadashi Until 11:23AM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Yellow
Magha•Thai

Sunrise: *6:43AM*
Sunset: *6:53PM*

Durmukha 5118
Moon 1 - Phase 41
4th Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

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3 Wednesday, February 8, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 297

Mithuna Rasi: 17.45 Tithi 12 – 13
Creative Work Siddha Yoga

933861367

Gulika	11:17AM – 12:48PM
Yama	8:15AM – 9:46AM
Rahu	12:48PM – 2:19PM

Ardra Until 9:38AM
Vishkambha* Until 6:11AM
Kaulava Until 7:59PM
Dvadashi Until 9:04AM

Pradosha Vrata

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Yellow
Magha•Thai

Sunrise: *6:43AM*
Sunset: *6:53PM*

Durmukha 5118
Moon 1 - Phase 41
4th Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

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4 Thursday, February 9, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Ayushman Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya
Sun 27 Sutra 298

Kataka Rasi: 1.58 Tithi 13 – 14
Creative Work Amrita Yoga

943861367

Gulika	9:46AM – 11:17AM
Yama	6:43AM – 8:15AM
Rahu	2:19PM – 3:51PM

Thai Pusam

Punarvasu Until 8:19AM
Ayushman Until 12:25AM Fri
Vanija Until 5:01AM Fri
Trayodashi Until 6:54AM

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Blue
Magha•Thai

Sunrise: *6:43AM*
Sunset: *6:53PM*

Durmukha 5118
Moon 1 - Phase 41
4th Phase
Bhuloka Day

○ Friday, February 10, 2017
Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau

Nairobi, Kenya
Sutra 299

Kataka Rasi: 15.59 Tithi 15
Routine Work Marana Yoga

943861367

Gulika	8:15AM – 9:46AM
Yama	3:51PM – 5:22PM
Rahu	11:17AM – 12:48PM

Pushya Until 7:08AM
Saubhagya Until 9:55PM
Visti Until 4:14PM
Purnima* Until 3:31AM Sat

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Blue
Magha•Thai

Sunrise: *6:44AM*
Sunset: *6:53PM*

Durmukha 5118
Moon 1 - Phase 41
Purnima
Bhuloka Day

Saturday, February 11, 2017
Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau

Nairobi, Kenya
Sutra 300

Kataka Rasi: 29.47 Tithi 16
Routine Work Marana Yoga
Until 6:13AM
Then Creative Work - Amrita Yoga

943861367

Gulika	6:44AM – 8:15AM
Yama	2:19PM – 3:51PM
Rahu	9:46AM – 11:17AM

Penumbral Lunar Eclipse

Ashlesha* Until 6:13AM
Sobhana Until 7:50PM
Balava Until 2:59PM
Prathama* Until 2:32AM Sun

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Blue
Magha•Thai

Sunrise: *6:44AM*
Sunset: *6:53PM*

Durmukha 5118
Moon 1 - Phase 41
Prathama
Bhuloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

Sunday, February 12, 2017
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sutra 301

Simha Rasi: 13.16 Tithi 17

953861367

Gulika	3:51PM – 5:22PM
Yama	12:48PM – 2:19PM
Rahu	5:22PM – 6:53PM

Magha* Until 6:06AM
Athiganda* Until 6:10PM
Taitila Until 2:17PM
Dvitiya Until 2:09AM Mon

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Red
Magha•Masi

Sunrise: 6:44AM
Sunset: 6:53PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 6:06AM
Then Creative Work - Siddha Yoga

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1 Monday, February 13, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 302

Simha Rasi: 26.25 Tithi 18
Family Home Evening

953861367

Gulika	2:19PM – 3:51PM
Yama	11:17AM – 12:48PM
Rahu	8:15AM – 9:46AM

Purvaphalguni Until 6:26AM
Sukarma Until 5:01PM
Vanija Until 2:14PM
Tritiya Until 2:26AM Tue

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Red
Magha•Masi

Sunrise: 6:44AM
Sunset: 6:53PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

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2 Tuesday, February 14, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 303

Kanya Rasi: 9.14 Tithi 19

953861367

Gulika	12:48PM – 2:19PM
Yama	9:46AM – 11:17AM
Rahu	3:51PM – 5:22PM

Uttaraphalguni Until 7:15AM
Dhriti Until 4:24PM
Bava Until 2:51PM
Chaturthi* Until 3:23AM Wed

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Red
Magha•Masi

Sunrise: 6:44AM
Sunset: 6:53PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 7:15AM
Maha Sankatahara Chaturthi
Then Creative Work - Siddha Yoga

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3 Wednesday, February 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 304

Kanya Rasi: 21.46 Tithi 20

963861367

Gulika	11:17AM – 12:48PM
Yama	8:15AM – 9:46AM
Rahu	12:48PM – 2:19PM

Hasta Until 9:01AM
Shula* Until 4:15PM
Kaulava Until 4:06PM
Panchami Until 4:56AM Thu

Ganesha: White
Muruga: White
Nataraja: White
Moon – Green
Magha•Masi

Sunrise: 6:44AM
Sunset: 6:53PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase
Bhuloka Day

Routine Work Marana Yoga
Until 9:01AM
Then Creative Work - Siddha Yoga

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4 Thursday, February 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 305

Tula Rasi: 4.02 Tithi 21

963961367

Gulika	9:46AM – 11:17AM
Yama	6:44AM – 8:15AM
Rahu	2:19PM – 3:50PM

Chitra Until 11:12AM
Ganda* Until 4:31PM
Gara Until 5:55PM
Shashthi* Until 6:58AM Fri

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Green
Magha•Masi

Sunrise: 6:44AM
Sunset: 6:53PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 11:12AM
Then Creative Work - Amrita Yoga

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5 Friday, February 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 306

Tula Rasi: 16.06 Tithi 21 – 22

964961367

Gulika	8:15AM – 9:46AM
Yama	3:50PM – 5:21PM
Rahu	11:17AM – 12:48PM

Svati Until 1:37PM
Vriddhi Until 5:07PM
Visti Until 8:08PM
Shashthi* Until 6:58AM

Ganesha: White
Muruga: White
Nataraja: White
Moon – Green
Magha•Masi

Sunrise: 6:44AM
Sunset: 6:53PM

Durmukha 5118
Moon 2 - Phase 42
1st Phase
Bhuloka Day

Creative Work Siddha Yoga

Saturday, February 18, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 307

Tula Rasi: 28.03 Tithi 22 – 23

974971367

Gulika	6:44AM – 8:15AM
Yama	2:19PM – 3:50PM
Rahu	9:46AM – 11:17AM

Vishakha Until 4:38PM
Dhruva Until 5:52PM
Balava Until 10:33PM
Saptami Until 9:18AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Orange
Magha•Masi

Sunrise: 6:44AM
Sunset: 6:53PM

Durmukha 5118
Moon 2 - Phase 42
Ashtami
Devaloka Day

Creative Work Siddha Yoga

Sunday, February 19, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 308

Vrischika Rasi: 9.56 Tithi 23 – 24

974971367

Gulika	3:50PM – 5:21PM
Yama	12:48PM – 2:19PM
Rahu	5:21PM – 6:52PM

Anuradha Until 7:32PM
Vyaghata* Until 6:40PM
Taitila Until 12:59AM Mon
Ashtami* Until 11:46AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Orange
Magha•Masi

Sunrise: 6:44AM
Sunset: 6:52PM

Durmukha 5118
Moon 2 - Phase 42
Navami
Devaloka Day

Routine Work Marana Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1 Monday, February 20, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya | Sun 8 | Sutra 309

Vrischika Rasi: 21.52 | Tithi 24 – 25

Family Home Evening | 974971367

Creative Work | Siddha Yoga

Gulika	2:19PM – 3:50PM
Yama	11:17AM – 12:48PM
Rahu	8:15AM – 9:46AM

Jyeshtha* Until 10:07PM
Harshana Until 7:22PM
Vanija Until 3:14AM Tue
Navami* Until 2:07PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Orange
Magha•Masi

Sunrise: 6:44AM
Sunset: 6:52PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase

Devaloka Day

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2 Tuesday, February 21, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Nairobi, Kenya | Sun 9 | Sutra 310

Dhanus Rasi: 3.52 | Tithi 25 – 26

Creative Work | Amrita Yoga

Gulika	12:48PM – 2:19PM
Yama	9:46AM – 11:17AM
Rahu	3:50PM – 5:21PM

984971367

Mula* Until 12:42AM Wed
Vajra* Until 7:48PM
Bava Until 5:05AM Wed
Dashami Until 4:12PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Light Blue
Magha•Masi

Sunrise: 6:44AM
Sunset: 6:52PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

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3 Wednesday, February 22, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya | Sun 10 | Sutra 311

Dhanus Rasi: 16.01 | Tithi 26 – 27

Creative Work | Amrita Yoga
Until 2:38AM Thu
Then Routine Work - Marana Yoga

Gulika	11:17AM – 12:48PM
Yama	8:15AM – 9:46AM
Rahu	12:48PM – 2:19PM

984971367

Purvashadha* Until 2:38AM Thu
Siddhi Until 7:52PM
Kaulava Until 6:24AM Thu
Ekadashi* Until 5:48PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Light Blue
Magha•Masi

Sunrise: 6:43AM
Sunset: 6:52PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

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4 Thursday, February 23, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau

Nairobi, Kenya | Sun 11 | Sutra 312

Dhanus Rasi: 28.25 | Tithi 27

Routine Work | Marana Yoga

Gulika	9:46AM – 11:17AM
Yama	6:43AM – 8:14AM
Rahu	2:19PM – 3:50PM

984971367

Uttarashadha Until 3:49AM Fri
Vyatipata* Until 7:31PM
Kaulava Until 6:24AM
Dvadashi* Until 6:48PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Light Blue
Magha•Masi

Sunrise: 6:43AM
Sunset: 6:52PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

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5 Friday, February 24, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau

Nairobi, Kenya | Sun 12 | Sutra 313

Makara Rasi: 11.04 | Tithi 28

Routine Work | Marana Yoga
Until 4:41AM Sat
Then Creative Work - Siddha Yoga

Gulika	8:14AM – 9:45AM
Yama	3:50PM – 5:21PM
Rahu	11:16AM – 12:47PM

994971367

Mahasivaratri (Lunar)
Mahasivaratri (Solar)

Shravana Until 4:41AM Sat
Variyan Until 6:38PM
Gara Until 7:05AM
Trayodashi* Until 7:10PM

Pradosha Vrata (Fasting)

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Purple
Magha•Masi

Sunrise: 6:43AM
Sunset: 6:52PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

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6 Saturday, February 25, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Nairobi, Kenya | Sun 13 | Sutra 314

Makara Rasi: 24.02 | Tithi 29

Creative Work | Siddha Yoga

Gulika	6:43AM – 8:14AM
Yama	2:18PM – 3:49PM
Rahu	9:45AM – 11:16AM

994971367

Dhanishtha Until 4:46AM Sun
Parigha* Until 5:15PM
Visti Until 7:07AM
Chaturdashi* Until 6:53PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Purple
Magha•Masi

Sunrise: 6:43AM
Sunset: 6:51PM

Durmukha 5118
Moon 2 - Phase 43
2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

● Sunday, February 26, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau

Nairobi, Kenya | Sun 14 | Sutra 315

Kumbha Rasi: 7.21 | Tithi 30 – 1

Creative Work | Siddha Yoga
Until 4:09AM Mon
Then Routine Work - Marana Yoga

Gulika	3:49PM – 5:20PM
Yama	12:47PM – 2:18PM
Rahu	5:20PM – 6:51PM

994971367

Annular Solar Eclipse

Shatabhishak Until 4:09AM Mon
Shiva Until 3:25PM
Catuspada Until 6:31AM
Amavasya* Until 5:59PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Purple
Magha•Masi

Sunrise: 6:43AM
Sunset: 6:51PM

Durmukha 5118
Moon 2 - Phase 43
Amavasya

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Monday, February 27, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam
Purvaproshthapada* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya | Sun 15 | Sutra 316

Kumbha Rasi: 20.58 | Tithi 1 – 2

Family Home Evening | 914971367

Routine Work | Marana Yoga
Until 3:23AM Tue
Then Creative Work - Amrita Yoga

Gulika	2:18PM – 3:49PM
Yama	11:16AM – 12:47PM
Rahu	8:14AM – 9:45AM

Purvaproshthapada* Until 3:23AM Tue
Siddha Until 1:09PM
Balava Until 3:45AM Tue
Prathama* Until 4:35PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Clear
Phalguna•Masi

Sunrise: 6:43AM
Sunset: 6:51PM

Durmukha 5118
Moon 2 - Phase 43
Prathama

Devaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1 Tuesday, February 28, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttaraproshthapada Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 16 Sutra 317

Meena Rasi: 4.5 Tithi 2 – 3

Gulika 12:47PM – 2:18PM
Yama 9:45AM – 11:16AM
914971367 Rahu 3:49PM – 5:20PM

Uttaraproshthapada Until 2:09AM Wed
Sadhya Until 10:34AM
Taitila Until 1:48AM Wed
Dvitiya Until 2:48PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Clear
Phalguna•Masi

Sunrise: *6:43AM*
Sunset: *6:51PM*

Durmukha 5118
Moon 2 - Phase 44
3rd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 2:09AM Wed
Then Routine Work - Marana Yoga

2 Wednesday, March 1, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam
Revati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 17 Sutra 318

Meena Rasi: 18.56 Tithi 3 – 4

Gulika 11:16AM – 12:47PM
Yama 8:14AM – 9:45AM
914971367 Rahu 12:47PM – 2:17PM

Revati Until 12:32AM Thu
Subha Until 7:45AM
Vanija Until 11:38PM
Tritiya Until 12:43PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Clear
Phalguna•Masi

Sunrise: *6:43AM*
Sunset: *6:50PM*

Durmukha 5118
Moon 2 - Phase 44
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 12:32AM Thu
Then Creative Work - Amrita Yoga

Subramuniyaswami Siva Vision Day

3 Thursday, March 2, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 18 Sutra 319

Mesha Rasi: 3.09 Tithi 4 – 5

Gulika 9:44AM – 11:15AM
Yama 6:42AM – 8:13AM
925971367 Rahu 2:17PM – 3:48PM

Ashvini Until 11:06PM
Brahma Until 1:42AM Fri
Bava Until 9:21PM
Chaturthi* Until 10:29AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – White
Phalguna•Masi

Sunrise: *6:42AM*
Sunset: *6:50PM*

Durmukha 5118
Moon 2 - Phase 44
3rd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 11:06PM
Then Creative Work - Siddha Yoga

4 Friday, March 3, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 19 Sutra 320

Mesha Rasi: 17.26 Tithi 5 – 6

Gulika 8:13AM – 9:44AM
Yama 3:48PM – 5:19PM
925971367 Rahu 11:15AM – 12:46PM

Bharani Until 9:30PM
Indra Until 10:39PM
Kaulava Until 7:02PM
Panchami Until 8:10AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – White
Phalguna•Masi

Sunrise: *6:42AM*
Sunset: *6:50PM*

Durmukha 5118
Moon 2 - Phase 44
3rd Phase

Devaloka Day

Creative Work Siddha Yoga

5 Saturday, March 4, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau

Nairobi, Kenya
Sun 20 Sutra 321

Vrishabha Rasi: 1.42 Tithi 7

Gulika 6:42AM – 8:13AM
Yama 2:17PM – 3:48PM
925971367 Rahu 9:44AM – 11:15AM

Krittika Until 7:50PM
Vaidhriti* Until 7:37PM
Gara Until 4:46PM
Saptami Until 3:39AM Sun

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – White
Phalguna•Masi

Sunrise: *6:42AM*
Sunset: *6:50PM*

Durmukha 5118
Moon 2 - Phase 44
3rd Phase

Devaloka Day

Creative Work Amrita Yoga

Sunday, March 5, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 21 Sutra 322

Vrishabha Rasi: 15.55 Tithi 8

Gulika 3:48PM – 5:19PM
Yama 12:46PM – 2:17PM
135971367 Rahu 5:19PM – 6:49PM

Rohini Until 6:32PM
Vishkambha* Until 4:42PM
Visti Until 2:36PM
Ashtami* Until 1:33AM Mon

Ganesha: White
Muruga: Yellow
Nataraja: White
Moon – Yellow
Phalguna•Masi

Sunrise: *6:42AM*
Sunset: *6:49PM*

Durmukha 5118
Moon 2 - Phase 44
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Monday, March 6, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau

Nairobi, Kenya
Sun 22 Sutra 323

Mithuna Rasi: 0.04 Tithi 9
Family Home Evening

Gulika 2:16PM – 3:47PM
Yama 11:15AM – 12:45PM
135971367 Rahu 8:13AM – 9:44AM

Mrigashira Until 5:16PM
Priti Until 1:54PM
Balava Until 12:35PM
Navami* Until 11:38PM

Ganesha: White
Muruga: Yellow
Nataraja: White
Moon – Yellow
Phalguna•Masi

Sunrise: *6:42AM*
Sunset: *6:49PM*

Durmukha 5118
Moon 2 - Phase 44
Navami

Sivaloka Day

Creative Work Amrita Yoga
Until 5:16PM
Then Creative Work - Siddha Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1 Tuesday, March 7, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau

Nairobi, Kenya
Sun 23 Sutra 324

Mithuna Rasi: 14.05 Tithi 10
135971367

Gulika 12:45PM – 2:16PM
Yama 9:43AM – 11:14AM
Rahu 3:47PM – 5:18PM

Ardra Until 4:02PM
Ayushman Until 11:15AM
Taitila Until 10:45AM
Dashami Until 9:54PM

Ganesha: White
Muruga: Yellow
Nataraja: White
Moon – Yellow
Phalguna•Masi

Sunrise: *6:41AM*
Sunset: *6:49PM*

Durmukha 5118
Moon 2 - Phase 45
4th Phase

Sivaloka Day

Routine Work Marana Yoga
Until 4:02PM
Then Creative Work - Siddha Yoga

2 Wednesday, March 8, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau

Nairobi, Kenya
Sun 24 Sutra 325

Mithuna Rasi: 27.58 Tithi 11
145971367

Gulika 11:14AM – 12:45PM
Yama 8:12AM – 9:43AM
Rahu 12:45PM – 2:16PM

Punarvasu Until 3:20PM
Saubhagya Until 8:47AM
Vanija Until 9:09AM
Ekadashi Until 8:25PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Blue
Phalguna•Masi

Sunrise: *6:41AM*
Sunset: *6:49PM*

Durmukha 5118
Moon 2 - Phase 45
4th Phase

Devaloka Day

Creative Work Siddha Yoga

3 Thursday, March 9, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 326

Kataka Rasi: 11.42 Tithi 12
145971367

Gulika 9:43AM – 11:14AM
Yama 6:41AM – 8:12AM
Rahu 2:16PM – 3:47PM

Pushya Until 2:45PM
Sobhana Until 6:32AM
Bava Until 7:48AM
Dvadashi Until 7:13PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Blue
Phalguna•Masi

Sunrise: *6:41AM*
Sunset: *6:48PM*

Durmukha 5118
Moon 2 - Phase 45
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 2:45PM
Then Creative Work - Siddha Yoga

4 Friday, March 10, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 327

Kataka Rasi: 25.15 Tithi 13
145971367

Gulika 8:12AM – 9:43AM
Yama 3:46PM – 5:17PM
Rahu 11:14AM – 12:44PM

Ashlesha* Until 2:20PM
Sukarma Until 2:47AM Sat
Kaulava Until 6:46AM
Trayodashi Until 6:22PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Blue
Phalguna•Masi

Sunrise: *6:41AM*
Sunset: *6:48PM*

Durmukha 5118
Moon 2 - Phase 45
4th Phase

Devaloka Day

Pradosha Vrata

Routine Work Marana Yoga

5 Saturday, March 11, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Dhriti Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau

Nairobi, Kenya
Sun 27 Sutra 328

Simha Rasi: 8.35 Tithi 14 – 15
156971367

Gulika 6:41AM – 8:12AM
Yama 2:15PM – 3:46PM
Rahu 9:42AM – 11:13AM

Magha* Until 2:36PM
Dhriti Until 1:24AM Sun
Gara Until 6:06AM
Chaturdashi* Until 5:54PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Red
Phalguna•Masi

Sunrise: *6:41AM*
Sunset: *6:48PM*

Durmukha 5118
Moon 2 - Phase 45
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 2:36PM
Chidambaram Abhishekam
Then Creative Work - Siddha Yoga

○ Sunday, March 12, 2017
Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Nairobi, Kenya
Sutra 329

Simha Rasi: 21.43 Tithi 15 – 16
156971367

Gulika 3:46PM – 5:17PM
Yama 12:44PM – 2:15PM
Rahu 5:17PM – 6:48PM

Purvaphalguni Until 3:09PM
Shula* Until 12:21AM Mon
Balava Until 6:05AM Mon
Purnima* Until 5:53PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Red
Phalguna•Masi

Sunrise: *6:40AM*
Sunset: *6:48PM*

Durmukha 5118
Moon 2 - Phase 45
Purnima

Devaloka Day

Creative Work Siddha Yoga
Until 3:09PM
Holi
Then Creative Work - Amrita Yoga

Monday, March 13, 2017
Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau

Nairobi, Kenya
Sutra 330

Kanya Rasi: 5 Tithi 16
Family Home Evening
156171367

Gulika 2:15PM – 3:45PM
Yama 11:13AM – 12:44PM
Rahu 8:11AM – 9:42AM

Uttaraphalguni Until 4:01PM
Ganda* Until 11:42PM
Balava Until 6:05AM
Prathama* Until 6:22PM

Ganesha: Clear
Muruga: Yellow
Nataraja: White
Moon – Red
Phalguna•Masi

Sunrise: *6:40AM*
Sunset: *6:47PM*

Durmukha 5118
Moon 2 - Phase 45
Prathama

Devaloka Day

Creative Work Siddha Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

Tuesday, March 14, 2017
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 331

Kanya Rasi: 17.14 Tithi 17
Creative Work Siddha Yoga

Gulika 12:43PM – 2:14PM
Yama 9:42AM – 11:13AM
166171367 Rahu 3:45PM – 5:16PM

Hasta Until 5:41PM
Vriddhi Until 11:27PM
Taitila Until 6:49AM
Dvitiya Until 7:21PM

Ganesha: Purple
Muruga: Yellow
Nataraja: White
Moon – Green
Phalguna•Panguni

Sunrise: 6:40AM
Sunset: 6:47PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Karadaiyan Nombu (Tamil Nadu)

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1 Wednesday, March 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 2 Sutra 332

Kanya Rasi: 29.4 Tithi 18
Creative Work Siddha Yoga

Gulika 11:12AM – 12:43PM
Yama 8:11AM – 9:41AM
166171368 Rahu 12:43PM – 2:14PM

Chitra Until 7:40PM
Dhruva Until 11:33PM
Vanija Until 8:03AM
Tritiya Until 8:49PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Green
Phalguna•Panguni

Sunrise: 6:40AM
Sunset: 6:47PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Devaloka Day

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2 Thursday, March 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 3 Sutra 333

Tula Rasi: 11.54 Tithi 19
Creative Work Amrita Yoga
Until 9:54PM
Then Creative Work - Siddha Yoga

Gulika 9:41AM – 11:12AM
Yama 6:39AM – 8:10AM
166171368 Rahu 2:14PM – 3:45PM

Svati Until 9:54PM
Vyaghata* Until 11:58PM
Bava Until 9:44AM
Chaturthi* Until 10:42PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Green
Phalguna•Panguni

Sunrise: 6:39AM
Sunset: 6:46PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Devaloka Day

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3 Friday, March 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 4 Sutra 334

Tula Rasi: 23.58 Tithi 20
Creative Work Siddha Yoga

Gulika 8:10AM – 9:41AM
Yama 3:44PM – 5:15PM
176171368 Rahu 11:12AM – 12:43PM

Vishakha Until 12:46AM Sat
Harshana Until 12:39AM Sat
Kaulava Until 11:48AM
Panchami Until 12:56AM Sat

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Phalguna•Panguni

Sunrise: 6:39AM
Sunset: 6:46PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Sivaloka Day

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4 Saturday, March 18, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 5 Sutra 335

Vrischika Rasi: 5.55 Tithi 21
Creative Work Siddha Yoga
Until 3:39AM Sun
Then Routine Work - Marana Yoga

Gulika 6:39AM – 8:10AM
Yama 2:13PM – 3:44PM
176171368 Rahu 9:41AM – 11:11AM

Anuradha Until 3:39AM Sun
Vajra* Until 1:27AM Sun
Gara Until 2:08PM
Shashthi* Until 3:20AM Sun

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Phalguna•Panguni

Sunrise: 6:39AM
Sunset: 6:46PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Sivaloka Day

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5 Sunday, March 19, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 6 Sutra 336

Vrischika Rasi: 17.49 Tithi 22
Routine Work Marana Yoga
Until 6:22AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:44PM – 5:14PM
Yama 12:42PM – 2:13PM
177171368 Rahu 5:14PM – 6:45PM

Jyeshtha* Until 6:22AM Mon
Siddhi Until 2:16AM Mon
Visti Until 4:34PM
Saptami Until 5:44AM Mon

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Phalguna•Panguni

Sunrise: 6:39AM
Sunset: 6:45PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Subha Sivaloka Day

Monday, March 20, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Balava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 7 Sutra 337

Vrischika Rasi: 29.43 Tithi 23
Family Home Evening
Creative Work Siddha Yoga

Gulika 2:13PM – 3:43PM
Yama 11:11AM – 12:42PM
177171368 Rahu 8:09AM – 9:40AM

Jyeshtha* Until 6:22AM
Vyatipata* Until 3:00AM Tue
Balava Until 6:54PM
Ashtami* Until 7:57AM Tue

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Phalguna•Panguni

Sunrise: 6:38AM
Sunset: 6:45PM

Durmukha 5118
Moon 3 - Phase 46
Ashtami

Subha Sivaloka Day

Tuesday, March 21, 2017
Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 8 Sutra 338

Dhanus Rasi: 11.41 Tithi 23 – 24
Creative Work Amrita Yoga
Until 9:14AM
Then Creative Work - Siddha Yoga

Gulika 12:41PM – 2:12PM
Yama 9:40AM – 11:11AM
187171368 Rahu 3:43PM – 5:14PM

Mula* Until 9:14AM
Variyan Until 3:24AM Wed
Taitila Until 8:56PM
Ashtami* Until 7:57AM

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Phalguna•Panguni

Sunrise: 6:38AM
Sunset: 6:45PM

Durmukha 5118
Moon 3 - Phase 46
Navami

Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

1 Wednesday, March 22, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya | Sun 9 | Sutra 339

Dhanus Rasi: 23.49 | Tithi 24 – 25 | 187171368

Gulika	11:10AM – 12:41PM
Yama	8:09AM – 9:39AM
Rahu	12:41PM – 2:12PM

Purvashadha* Until 11:32AM
Parigha* Until 3:25AM Thu
Vanija Until 10:28PM
Navami* Until 9:45AM

Ganesha: Clear | Muruga: Yellow | Nataraja: Clear | Moon – Light Blue
Sunrise: 6:38AM | Sunset: 6:44PM
Phalguna•Panguni

Durmukha 5118 | Moon 3 - Phase 47 | 2nd Phase

Sivaloka Day

Creative Work | Amrita Yoga

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2 Thursday, March 23, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Nairobi, Kenya | Sun 10 | Sutra 340

Makara Rasi: 6.11 | Tithi 25 – 26 | 187171368

Gulika	9:39AM – 11:10AM
Yama	6:38AM – 8:08AM
Rahu	2:12PM – 3:42PM

Uttarashadha Until 1:06PM
Shiva Until 2:54AM Fri
Bava Until 11:19PM
Dashami Until 10:57AM

Ganesha: Clear | Muruga: Yellow | Nataraja: Clear | Moon – Light Blue
Sunrise: 6:38AM | Sunset: 6:44PM
Phalguna•Panguni

Durmukha 5118 | Moon 3 - Phase 47 | 2nd Phase

Sivaloka Day

Routine Work | Marana Yoga
Until 1:06PM
Then Creative Work - Siddha Yoga

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3 Friday, March 24, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya | Sun 11 | Sutra 341

Makara Rasi: 18.52 | Tithi 26 – 27 | 197171368

Gulika	8:08AM – 9:39AM
Yama	3:42PM – 5:13PM
Rahu	11:10AM – 12:41PM

Shravana Until 2:15PM
Siddha Until 1:45AM Sat
Kaulava Until 11:23PM
Ekadashi* Until 11:26AM

Ganesha: White | Muruga: Yellow | Nataraja: Clear | Moon – Purple
Sunrise: 6:37AM | Sunset: 6:44PM
Phalguna•Panguni

Durmukha 5118 | Moon 3 - Phase 47 | 2nd Phase

Subha Sivaloka Day

Routine Work | Marana Yoga
Until 2:15PM
Then Creative Work - Siddha Yoga

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4 Saturday, March 25, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya | Sun 12 | Sutra 342

Kumbha Rasi: 1.56 | Tithi 27 – 28 | 198171368

Gulika	6:37AM – 8:08AM
Yama	2:11PM – 3:42PM
Rahu	9:39AM – 11:09AM

Dhanishtha Until 2:29PM
Sadhya Until 12:00AM Sun
Gara Until 10:40PM
Dvadashi* Until 11:06AM

Ganesha: Clear | Muruga: Yellow | Nataraja: Clear | Moon – Purple
Sunrise: 6:37AM | Sunset: 6:43PM
Phalguna•Panguni

Durmukha 5118 | Moon 3 - Phase 47 | 2nd Phase

Sivaloka Day

Pradosha Vrata (Fasting)

Creative Work | Siddha Yoga
Until 2:29PM
Then Creative Work - Amrita Yoga

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5 Sunday, March 26, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshthapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya | Sun 13 | Sutra 343

Kumbha Rasi: 15.25 | Tithi 28 – 29 | 198171368

Gulika	3:41PM – 5:12PM
Yama	12:40PM – 2:11PM
Rahu	5:12PM – 6:43PM

Shatabhishak Until 1:49PM
Subha Until 9:41PM
Visti Until 9:14PM
Trayodashi* Until 10:01AM

Ganesha: Clear | Muruga: Yellow | Nataraja: Clear | Moon – Purple
Sunrise: 6:37AM | Sunset: 6:43PM
Phalguna•Panguni

Durmukha 5118 | Moon 3 - Phase 47 | 2nd Phase

Sivaloka Day

Creative Work | Siddha Yoga

● Monday, March 27, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Nairobi, Kenya | Sun 14 | Sutra 344

Kumbha Rasi: 29.19 | Tithi 29 – 30 | 118171368

Gulika	2:10PM – 3:41PM
Yama	11:09AM – 12:40PM
Rahu	8:07AM – 9:38AM

Purvaproshthapada* Until 12:48PM
Sukla Until 6:51PM
Catuspada Until 7:10PM
Chaturdashi* Until 8:15AM

Ganesha: White | Muruga: Yellow | Nataraja: Clear | Moon – Clear
Sunrise: 6:37AM | Sunset: 6:43PM
Phalguna•Panguni

Durmukha 5118 | Moon 3 - Phase 47 | Amavasya

Devaloka Day

Family Home Evening
Routine Work | Marana Yoga
Until 12:48PM
Then Creative Work - Siddha Yoga

Tuesday, March 28, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttaraproshthapada/Revati Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau

Nairobi, Kenya | Sun 15 | Sutra 345

Meena Rasi: 13.34 | Tithi 1 | 118171368

Gulika	12:39PM – 2:10PM
Yama	9:38AM – 11:09AM
Rahu	3:41PM – 5:12PM

Uttaraproshthapada Until 11:08AM
Brahma Until 3:39PM
Kintughna Until 4:38PM
Prathama* Until 3:13AM Wed

Ganesha: White | Muruga: Yellow | Nataraja: Clear | Moon – Clear
Sunrise: 6:36AM | Sunset: 6:42PM
Chaitra•Panguni

Durmukha 5118 | Moon 3 - Phase 47 | Prathama

Devaloka Day

Yugadhi

Creative Work | Amrita Yoga
Until 11:08AM
Then Creative Work - Siddha Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

1 Wednesday, March 29, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 16 Sutra 346

Meena Rasi: 28.06 Tithi 2

Gulika 11:08AM – 12:39PM
Yama 8:07AM – 9:37AM
118171368 Rahu 12:39PM – 2:10PM

Revati Until 8:57AM
Indra Until 12:11PM
Balava Until 1:46PM
Dvitiya Until 12:15AM Thu

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Chaitra•Panguni

Sunrise: 6:36AM
Sunset: 6:42PM

Durmukha 5118
Moon 3 - Phase 48
3rd Phase

Devaloka Day

Routine Work Marana Yoga

Chellappaswami Mahasamadhi

2 Thursday, March 30, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau

Nairobi, Kenya
Sun 17 Sutra 347

Mesha Rasi: 12.48 Tithi 3

Gulika 9:37AM – 11:08AM
Yama 6:36AM – 8:06AM
128171368 Rahu 2:09PM – 3:40PM

Ashvini Until 6:51AM
Vaidhriti* Until 8:33AM
Taitila Until 10:44AM
Tritiya Until 9:11PM

Ganesha: Green
Muruga: Yellow
Nataraja: Clear
Moon – White
Chaitra•Panguni

Sunrise: 6:36AM
Sunset: 6:42PM

Durmukha 5118
Moon 3 - Phase 48
3rd Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:51AM
Then Creative Work - Siddha Yoga

3 Friday, March 31, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthyam Titau

Nairobi, Kenya
Sun 18 Sutra 348

Mesha Rasi: 27.32 Tithi 4

Gulika 8:06AM – 9:37AM
Yama 3:40PM – 5:11PM
128171368 Rahu 11:08AM – 12:38PM

Krittika Until 2:13AM Sat
Priti Until 1:20AM Sat
Vanija Until 7:41AM
Chaturthi* Until 6:11PM

Ganesha: Green
Muruga: Yellow
Nataraja: Clear
Moon – White
Chaitra•Panguni

Sunrise: 6:35AM
Sunset: 6:41PM

Durmukha 5118
Moon 3 - Phase 48
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 2:13AM Sat
Then Creative Work - Amrita Yoga

4 Saturday, April 1, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 19 Sutra 349

Vrishabha Rasi: 12.12 Tithi 5 – 6

Gulika 6:35AM – 8:06AM
Yama 2:09PM – 3:40PM
139171368 Rahu 9:37AM – 11:08AM

Rohini Until 12:23AM Sun
Ayushman Until 9:56PM
Kaulava Until 2:03AM Sun
Panchami Until 3:21PM

Ganesha: Green
Muruga: Yellow
Nataraja: Clear
Moon – Yellow
Chaitra•Panguni

Sunrise: 6:35AM
Sunset: 6:41PM

Durmukha 5118
Moon 3 - Phase 48
3rd Phase

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 12:23AM Sun
Then Creative Work - Siddha Yoga

5 Sunday, April 2, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 20 Sutra 350

Vrishabha Rasi: 26.41 Tithi 6 – 7

Gulika 3:40PM – 5:10PM
Yama 12:38PM – 2:09PM
139171368 Rahu 5:10PM – 6:41PM

Mrigashira Until 10:45PM
Saubhagya Until 6:48PM
Gara Until 11:41PM
Shashthi* Until 12:48PM

Ganesha: Green
Muruga: Yellow
Nataraja: Clear
Moon – Yellow
Chaitra•Panguni

Sunrise: 6:35AM
Sunset: 6:41PM

Durmukha 5118
Moon 3 - Phase 48
3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Monday, April 3, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 21 Sutra 351

Mithuna Rasi: 10.56 Tithi 7 – 8

Gulika 2:09PM – 3:39PM
Yama 11:07AM – 12:38PM
139171368 Rahu 8:06AM – 9:36AM

Ardra Until 9:22PM
Sobhana Until 4:00PM
Visti Until 9:43PM
Saptami Until 10:38AM

Ganesha: Green
Muruga: Yellow
Nataraja: Clear
Moon – Yellow
Chaitra•Panguni

Sunrise: 6:35AM
Sunset: 6:41PM

Durmukha 5118
Moon 3 - Phase 48
Ashtami

Subha Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 9:22PM
Then Creative Work - Amrita Yoga

Tuesday, April 4, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 22 Sutra 352

Mithuna Rasi: 24.54 Tithi 8 – 9

Gulika 12:37PM – 2:08PM
Yama 9:36AM – 11:07AM
149171368 Rahu 3:39PM – 5:10PM

Punarvasu Until 8:43PM
Athiganda* Until 1:32PM
Balava Until 8:13PM
Ashtami* Until 8:53AM

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Blue
Chaitra•Panguni

Sunrise: 6:35AM
Sunset: 6:40PM

Durmukha 5118
Moon 3 - Phase 48
Navami

Sivaloka Day

Creative Work Siddha Yoga

Sri Rama Navami

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Wednesday, April 5, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 23 Sutra 353

Kataka Rasi: 8.35 Tithi 9 – 10
149171368

Gulika	11:06AM – 12:37PM
Yama	8:05AM – 9:36AM
Rahu	12:37PM – 2:08PM

Pushya Until 8:23PM
Sukarma Until 11:28AM
Taitila Until 7:10PM
Navami* Until 7:37AM

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Blue
Chaitra•Panguni

Sunrise: *6:34AM*
Sunset: *6:40PM*

Durmukha 5118
Moon 3 - Phase 49
4th Phase
Sivaloka Day

Creative Work Siddha Yoga

2 Thursday, April 6, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Nairobi, Kenya
Sun 24 Sutra 354

Kataka Rasi: 22 Tithi 10 – 11
149171368

Gulika	9:36AM – 11:06AM
Yama	6:34AM – 8:05AM
Rahu	2:08PM – 3:38PM

Ashlesha* Until 8:21PM
Dhriti Until 9:47AM
Vanija Until 6:36PM
Dashami Until 6:48AM

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Blue
Chaitra•Panguni

Sunrise: *6:34AM*
Sunset: *6:40PM*

Durmukha 5118
Moon 3 - Phase 49
4th Phase
Sivaloka Day

Creative Work Siddha Yoga
Until 8:21PM
Then Creative Work - Amrita Yoga

Yogaswami Mahasamadhi

3 Friday, April 7, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 355

Simha Rasi: 5.1 Tithi 11 – 12
159271368

Gulika	8:05AM – 9:35AM
Yama	3:38PM – 5:09PM
Rahu	11:06AM – 12:37PM

Magha* Until 9:04PM
Shula* Until 8:25AM
Bava Until 6:28PM
Ekadashi Until 6:27AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Red
Chaitra•Panguni

Sunrise: *6:34AM*
Sunset: *6:39PM*

Durmukha 5118
Moon 3 - Phase 49
4th Phase
Sivaloka Day

Routine Work Marana Yoga
Until 9:04PM
Then Creative Work - Siddha Yoga

4 Saturday, April 8, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Ganda*/Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 356

Simha Rasi: 18.07 Tithi 12 – 13
151271368

Gulika	6:34AM – 8:04AM
Yama	2:07PM – 3:38PM
Rahu	9:35AM – 11:06AM

Purvaphalguni Until 10:02PM
Ganda* Until 7:25AM
Kaulava Until 6:45PM
Dvadashi Until 6:32AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Red
Chaitra•Panguni

Sunrise: *6:34AM*
Sunset: *6:39PM*

Durmukha 5118
Moon 3 - Phase 49
4th Phase
Sivaloka Day

Pradosha Vrata

Creative Work Siddha Yoga
Until 10:02PM
Then Routine Work - Marana Yoga

5 Sunday, April 9, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya
Sun 27 Sutra 357

Kanya Rasi: 0.52 Tithi 13 – 14
151271368

Gulika	3:37PM – 5:08PM
Yama	12:36PM – 2:07PM
Rahu	5:08PM – 6:39PM

Uttaraphalguni Until 11:14PM
Vriddhi Until 6:46AM
Gara Until 7:27PM
Trayodashi Until 7:02AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Red
Chaitra•Panguni

Sunrise: *6:33AM*
Sunset: *6:39PM*

Durmukha 5118
Moon 3 - Phase 49
4th Phase
Sivaloka Day

Creative Work Amrita Yoga

○ Monday, April 10, 2017
Copper Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Nairobi, Kenya
Sutra 358

Kanya Rasi: 13.26 Tithi 14 – 15
161271368

Gulika	2:06PM – 3:37PM
Yama	11:05AM – 12:36PM
Rahu	8:04AM – 9:34AM

Hasta Until 1:08AM Tue
Dhruva Until 6:22AM
Visti Until 8:31PM
Chaturdashi* Until 7:55AM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Sunrise: *6:33AM*
Sunset: *6:38PM*

Durmukha 5118
Moon 3 - Phase 49
Purnima
Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

Panguni Uttiram
Hanuman Jayanti

Tuesday, April 11, 2017
Silver Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Nairobi, Kenya
Sutra 359

Kanya Rasi: 25.5 Tithi 15 – 16
161271368

Gulika	12:35PM – 2:06PM
Yama	9:34AM – 11:05AM
Rahu	3:37PM – 5:07PM

Chitra Until 3:12AM Wed
Vyaghata* Until 6:17AM
Balava Until 9:57PM
Purnima* Until 9:10AM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Sunrise: *6:33AM*
Sunset: *6:38PM*

Durmukha 5118
Moon 3 - Phase 49
Prathama
Devaloka Day

Creative Work Siddha Yoga

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sutra 360

Wednesday, April 12, 2017
Gold Retreat Star

Tula Rasi: 8.05 Tithi 16 – 17
161271368
Creative Work Siddha Yoga

Gulika 11:05AM – 12:35PM
Yama 8:03AM – 9:34AM
Rahu 12:35PM – 2:06PM

Svati Until 5:25AM Thu
Harshana Until 6:30AM
Taitila Until 11:44PM
Prathama* Until 10:47AM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Sunrise: 6:33AM
Sunset: 6:38PM

Durmukha 5118
Moon 4 - Phase 50
1st Phase

Devaloka Day

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 361

1 Thursday, April 13, 2017

Tula Rasi: 20.12 Tithi 17 – 18
171271368
Creative Work Siddha Yoga

Gulika 9:34AM – 11:04AM
Yama 6:32AM – 8:03AM
Rahu 2:06PM – 3:36PM

Tamil New Year

Vishakha Until 8:14AM Fri
Vajra* Until 6:55AM
Vanija Until 1:47AM Fri
Dvitiya Until 12:42PM

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sunrise: 6:32AM
Sunset: 6:38PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Sivaloka Day

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 362

2 Friday, April 14, 2017

Vrischika Rasi: 2.13 Tithi 18 – 19
271271368
Creative Work Siddha Yoga

Gulika 8:03AM – 9:33AM
Yama 3:36PM – 5:07PM
Rahu 11:04AM – 12:35PM

Vishakha Until 8:14AM
Siddhi Until 7:34AM
Bava Until 4:04AM Sat
Tritiya Until 2:53PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sunrise: 6:32AM
Sunset: 6:37PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Devaloka Day

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 363

3 Saturday, April 15, 2017

Vrischika Rasi: 14.08 Tithi 19 – 20
271271368
Creative Work Siddha Yoga

Gulika 6:32AM – 8:03AM
Yama 2:05PM – 3:36PM
Rahu 9:33AM – 11:04AM

Anuradha Until 11:06AM
Vyatipata* Until 8:23AM
Kaulava Until 6:30AM Sun
Chaturthi* Until 5:15PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sunrise: 6:32AM
Sunset: 6:37PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Devaloka Day

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 4 Sutra 364

4 Sunday, April 16, 2017

Vrischika Rasi: 26.01 Tithi 20
271271368
Routine Work Marana Yoga
Until 1:52PM
Then Creative Work - Amrita Yoga

Gulika 3:35PM – 5:06PM
Yama 12:34PM – 2:05PM
Rahu 5:06PM – 6:37PM

Jyeshtha* Until 1:52PM
Variyan Until 9:15AM
Kaulava Until 6:30AM
Panchami Until 7:41PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sunrise: 6:32AM
Sunset: 6:37PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Devaloka Day

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 5 Sutra 1

5 Monday, April 17, 2017

Dhanus Rasi: 7.53 Tithi 21
Family Home Evening
281271368
Creative Work Siddha Yoga
Until 4:56PM
Then Routine Work - Marana Yoga

Gulika 2:05PM – 3:35PM
Yama 11:03AM – 12:34PM
Rahu 8:02AM – 9:33AM

Mula* Until 4:56PM
Parigha* Until 10:08AM
Gara Until 8:54AM
Shashthi* Until 10:02PM

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 6:31AM
Sunset: 6:36PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Sivaloka Day

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 6 Sutra 2

6 Tuesday, April 18, 2017

Dhanus Rasi: 19.5 Tithi 22
281271368
Creative Work Siddha Yoga
Until 7:36PM
Then Routine Work - Prabalarishta Yoga

Gulika 12:34PM – 2:04PM
Yama 9:32AM – 11:03AM
Rahu 3:35PM – 5:06PM

Purvashadha* Until 7:36PM
Shiva Until 10:53AM
Visti Until 11:07AM
Saptami Until 12:05AM Wed

Ganesha: Red
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 6:31AM
Sunset: 6:36PM

Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Sivaloka Day

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 7 Sutra 3

Wednesday, April 19, 2017
Retreat Star

Makara Rasi: 1.55 Tithi 23
282271368
Creative Work Amrita Yoga
Until 9:38PM
Then Creative Work - Siddha Yoga

Gulika 11:03AM – 12:33PM
Yama 8:02AM – 9:32AM
Rahu 12:33PM – 2:04PM

Uttarashadha Until 9:38PM
Siddha Until 11:17AM
Balava Until 12:57PM
Ashtami* Until 1:37AM Thu

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 6:31AM
Sunset: 6:36PM

Hemalamba 5119
Moon 4 - Phase 50
Ashtami

Sivaloka Day

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 8 Sutra 4

Thursday, April 20, 2017
Retreat Star

Makara Rasi: 14.14 Tithi 24
292271368
Creative Work Siddha Yoga

Gulika 9:32AM – 11:03AM
Yama 6:31AM – 8:01AM
Rahu 2:04PM – 3:34PM

Chidambaram Abhishekam

Shravana Until 11:21PM
Sadhya Until 11:15AM
Taitila Until 2:09PM
Navami* Until 2:27AM Fri

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Sunrise: 6:31AM
Sunset: 6:36PM

Hemalamba 5119
Moon 4 - Phase 50
Navami

Devaloka Day

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

1 Friday, April 21, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau

Nairobi, Kenya | Sun 9 | Sutra 5

Makara Rasi: 26.52 | Tithi 25 | 292271368

Gulika	8:01AM – 9:32AM	Dhanishtha Until 12:07AM Sat
Yama	3:34PM – 5:05PM	Subha Until 10:39AM
Rahu	11:02AM – 12:33PM	Vanija Until 2:35PM
		Dashami Until 2:28AM Sat

Ganesha: White | Muruga: Yellow | Nataraja: Clear | Moon – Purple | Chaitra•Chaitra

Sunrise: 6:31AM | *Sunset:* 6:35PM

Hemalamba 5119 | Moon 4 - Phase 1 | 2nd Phase

Devaloka Day

Creative Work | Siddha Yoga
Until 12:07AM Sat
Then Creative Work - Amrita Yoga

2 Saturday, April 22, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau

Nairobi, Kenya | Sun 10 | Sutra 6

Kumbha Rasi: 9.53 | Tithi 26 | 292271368

Gulika	6:30AM – 8:01AM	Shatabhishak Until 11:53PM
Yama	2:03PM – 3:34PM	Sukla Until 9:22AM
Rahu	9:32AM – 11:02AM	Bava Until 2:09PM
		Ekadashi* Until 1:36AM Sun

Ganesha: White | Muruga: Yellow | Nataraja: Clear | Moon – Purple | Chaitra•Chaitra

Sunrise: 6:30AM | *Sunset:* 6:35PM

Hemalamba 5119 | Moon 4 - Phase 1 | 2nd Phase

Devaloka Day

Creative Work | Amrita Yoga
Until 11:53PM
Then Routine Work - Marana Yoga

3 Sunday, April 23, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshthapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau

Nairobi, Kenya | Sun 11 | Sutra 7

Kumbha Rasi: 23.23 | Tithi 27 | 212271368

Gulika	3:34PM – 5:04PM	Purvaproshthapada* Until 11:08PM
Yama	12:33PM – 2:03PM	Brahma Until 7:24AM
Rahu	5:04PM – 6:35PM	Kaulava Until 12:53PM
		Dvadashi* Until 11:56PM

Ganesha: Light Blue | Muruga: Yellow | Nataraja: Clear | Moon – Clear | Chaitra•Chaitra

Sunrise: 6:30AM | *Sunset:* 6:35PM

Hemalamba 5119 | Moon 4 - Phase 1 | 2nd Phase

Devaloka Day

Creative Work | Siddha Yoga
Until 11:08PM
Then Creative Work - Amrita Yoga

4 Monday, April 24, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshthapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau

Nairobi, Kenya | Sun 12 | Sutra 8

Meena Rasi: 7.22 | Tithi 28 | 212271369

Gulika	2:03PM – 3:34PM	Uttaraproshthapada Until 9:32PM
Yama	11:02AM – 12:32PM	Vaidhriti* Until 1:39AM Tue
Rahu	8:01AM – 9:31AM	Gara Until 10:50AM
		Trayodashi* Until 9:33PM

Pradosha Vrata (Fasting)

Ganesha: Light Blue | Muruga: Yellow | Nataraja: Purple | Moon – Clear | Chaitra•Chaitra

Sunrise: 6:30AM | *Sunset:* 6:35PM

Hemalamba 5119 | Moon 4 - Phase 1 | 2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Family Home Evening
Creative Work | Siddha Yoga

5 Tuesday, April 25, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Nairobi, Kenya | Sun 13 | Sutra 9

Meena Rasi: 21.47 | Tithi 29 | 212271369

Gulika	12:32PM – 2:03PM	Revati Until 7:13PM
Yama	9:31AM – 11:02AM	Vishkambha* Until 10:03PM
Rahu	3:33PM – 5:04PM	Visti Until 8:09AM
		Chaturdashi* Until 6:36PM

Ganesha: Light Blue | Muruga: Yellow | Nataraja: Purple | Moon – Clear | Chaitra•Chaitra

Sunrise: 6:30AM | *Sunset:* 6:35PM

Hemalamba 5119 | Moon 4 - Phase 1 | 2nd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work | Siddha Yoga

● Wednesday, April 26, 2017

Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Nairobi, Kenya | Sun 14 | Sutra 10

Mesha Rasi: 6.35 | Tithi 30 – 1 | 222271369

Gulika	11:01AM – 12:32PM	Ashvini Until 4:47PM
Yama	8:00AM – 9:31AM	Priti Until 6:09PM
Rahu	12:32PM – 2:03PM	Kintughna Until 1:30AM Thu
		Amavasya* Until 3:15PM

Ganesha: Purple | Muruga: Yellow | Nataraja: Purple | Moon – White | Chaitra•Chaitra

Sunrise: 6:30AM | *Sunset:* 6:34PM

Hemalamba 5119 | Moon 4 - Phase 1 | Amavasya

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work | Marana Yoga
Until 4:47PM
Then Creative Work - Siddha Yoga

Thursday, April 27, 2017

Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya | Sun 15 | Sutra 11

Mesha Rasi: 21.37 | Tithi 1 – 2 | 222271369

Gulika	9:31AM – 11:01AM	Bharani Until 2:00PM
Yama	6:30AM – 8:00AM	Ayushman Until 2:04PM
Rahu	2:02PM – 3:33PM	Balava Until 9:52PM
		Prathama* Until 11:40AM

Ganesha: Purple | Muruga: Yellow | Nataraja: Purple | Moon – White | Vaisaka•Chaitra

Sunrise: 6:30AM | *Sunset:* 6:34PM

Hemalamba 5119 | Moon 4 - Phase 1 | Prathama

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work | Siddha Yoga
Until 2:00PM
Then Routine Work - Marana Yoga

1 Friday, April 28, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 16 Sutra 12

Vrishabha Rasi: 6.44 Tithi 2 – 3

Creative Work Siddha Yoga
Until 11:03AM
Then Routine Work - Marana Yoga

	Gulika	8:00AM – 9:31AM
	Yama	3:33PM – 5:03PM
222271369	Rahu	11:01AM – 12:32PM

Krittika Until 11:03AM
Saubhagya Until 9:58AM
Taitila Until 6:16PM
Dvitiya Until 8:02AM

Ganesha: Purple
Muruga: Yellow
Nataraja: Purple
Moon – White
Vaisaka•Chaitra

Sunrise: *6:29AM*
Sunset: *6:34PM*

Hemalamba 5119
Moon 4 - Phase 2
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2 Saturday, April 29, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau

Nairobi, Kenya
Sun 17 Sutra 13

Vrishabha Rasi: 21.46 Tithi 4

Creative Work Amrita Yoga
Until 8:29AM
Then Creative Work - Siddha Yoga

	Gulika	6:29AM – 8:00AM
	Yama	2:02PM – 3:33PM
232271369	Rahu	9:30AM – 11:01AM

Rohini Until 8:29AM
Athiganda* Until 2:12AM Sun
Vanija Until 2:51PM
Chaturthi* Until 1:15AM Sun

Ganesha: Light Blue
Muruga: Yellow
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: *6:29AM*
Sunset: *6:34PM*

Hemalamba 5119
Moon 4 - Phase 2
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

3 Sunday, April 30, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau

Nairobi, Kenya
Sun 18 Sutra 14

Mithuna Rasi: 6.35 Tithi 5

Creative Work Siddha Yoga

	Gulika	3:33PM – 5:03PM
	Yama	12:31PM – 2:02PM
232271369	Rahu	5:03PM – 6:34PM

Adi Sankara Jayanthi

Mrigashira Until 6:06AM
Sukarma Until 10:46PM
Bava Until 11:47AM
Panchami Until 10:24PM

Ganesha: Light Blue
Muruga: Yellow
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: *6:29AM*
Sunset: *6:34PM*

Hemalamba 5119
Moon 4 - Phase 2
3rd Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

4 Monday, May 1, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau

Nairobi, Kenya
Sun 19 Sutra 15

Mithuna Rasi: 21.05 Tithi 6
Family Home Evening
Creative Work Amrita Yoga
Until 2:46AM Tue
Then Creative Work - Siddha Yoga

	Gulika	2:02PM – 3:32PM
	Yama	11:01AM – 12:31PM
242271369	Rahu	8:00AM – 9:30AM

Punarvasu Until 2:46AM Tue
Dhriti Until 7:48PM
Kaulava Until 9:11AM
Shashthi* Until 8:05PM

Ganesha: Orange
Muruga: Yellow
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: *6:29AM*
Sunset: *6:33PM*

Hemalamba 5119
Moon 4 - Phase 2
3rd Phase

Devaloka Day

5 Tuesday, May 2, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau

Nairobi, Kenya
Sun 20 Sutra 16

Kataka Rasi: 5.11 Tithi 7

Creative Work Siddha Yoga

	Gulika	12:31PM – 2:02PM
	Yama	9:30AM – 11:00AM
243371369	Rahu	3:32PM – 5:03PM

Pushya Until 2:01AM Wed
Shula* Until 5:19PM
Gara Until 7:10AM
Saptami Until 6:23PM

Ganesha: Orange
Muruga: Yellow
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: *6:29AM*
Sunset: *6:33PM*

Hemalamba 5119
Moon 4 - Phase 2
3rd Phase

Devaloka Day

Wednesday, May 3, 2017

Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Ganda*/Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 21 Sutra 17

Kataka Rasi: 18.54 Tithi 8 – 9

Creative Work Siddha Yoga
Until 1:47AM Thu
Then Creative Work - Amrita Yoga

	Gulika	11:00AM – 12:31PM
	Yama	7:59AM – 9:30AM
243371369	Rahu	12:31PM – 2:01PM

Ashlesha* Until 1:47AM Thu
Ganda* Until 3:23PM
Balava Until 5:06AM Thu
Ashtami* Until 5:21PM

Ganesha: Orange
Muruga: Yellow
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: *6:29AM*
Sunset: *6:33PM*

Hemalamba 5119
Moon 4 - Phase 2
Ashtami

Devaloka Day

Thursday, May 4, 2017

Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Nairobi, Kenya
Sun 22 Sutra 18

Simha Rasi: 2.13 Tithi 9 – 10

Creative Work Amrita Yoga
Until 2:30AM Fri
Then Creative Work - Siddha Yoga

	Gulika	9:30AM – 11:00AM
	Yama	6:29AM – 7:59AM
253381369	Rahu	2:01PM – 3:32PM

Magha* Until 2:30AM Fri
Vriddhi Until 2:00PM
Taitila Until 5:03AM Fri
Navami* Until 4:59PM

Ganesha: Green
Muruga: Blue
Nataraja: Purple
Moon – Red
Vaisaka•Chaitra

Sunrise: *6:29AM*
Sunset: *6:33PM*

Hemalamba 5119
Moon 4 - Phase 2
Navami

Bhuloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Friday, May 5, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Nairobi, Kenya
Sun 23 Sutra 19

Simha Rasi: 15.12 Tithi 10 – 11

Gulika 7:59AM – 9:30AM
Yama 3:32PM – 5:02PM
253381369 Rahu 11:00AM – 12:31PM

Purvaphalguni Until 3:37AM Sat
Dhruva Until 1:05PM
Vanija Until 5:35AM Sat
Dashami Until 5:14PM

Ganesha: Green
Muruga: Blue
Nataraja: Purple
Moon – Red
Vaisaka•Chaitra

Sunrise: 6:29AM
Sunset: 6:33PM

Hemalamba 5119
Moon 4 - Phase 3
4th Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 3:37AM Sat
Then Routine Work - Marana Yoga

2 Saturday, May 6, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Ekadashyam Titau

Nairobi, Kenya
Sun 24 Sutra 20

Simha Rasi: 27.54 Tithi 11

Gulika 6:29AM – 7:59AM
Yama 2:01PM – 3:32PM
253381369 Rahu 9:30AM – 11:00AM

Uttaraphalguni Until 5:05AM Sun
Vyaghata* Until 12:36PM
Visti Until 6:01PM
Ekadashi Until 6:01PM

Ganesha: Green
Muruga: Blue
Nataraja: Purple
Moon – Red
Vaisaka•Chaitra

Sunrise: 6:29AM
Sunset: 6:33PM

Hemalamba 5119
Moon 4 - Phase 3
4th Phase

Bhuloka Day

Routine Work Marana Yoga
Until 5:05AM Sun
Then Creative Work - Amrita Yoga

3 Sunday, May 7, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau

Nairobi, Kenya
Sun 25 Sutra 21

Kanya Rasi: 10.23 Tithi 12

Gulika 3:32PM – 5:02PM
Yama 12:31PM – 2:01PM
263381369 Rahu 5:02PM – 6:33PM

Hasta Until 7:14AM Mon
Harshana Until 12:30PM
Bava Until 6:36AM
Dvadashi Until 7:15PM

Ganesha: Red
Muruga: Blue
Nataraja: Purple
Moon – Green
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:33PM

Hemalamba 5119
Moon 4 - Phase 3
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 7:14AM Mon
Then Routine Work - Prabalarishta Yoga

4 Monday, May 8, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau

Nairobi, Kenya
Sun 26 Sutra 22

Kanya Rasi: 22.41 Tithi 13
Family Home Evening

Gulika 2:01PM – 3:32PM
Yama 11:00AM – 12:30PM
263381369 Rahu 7:59AM – 9:29AM

Hasta Until 7:14AM
Vajra* Until 12:40PM
Kaulava Until 8:01AM
Trayodashi Until 8:49PM

Pradosha Vrata

Ganesha: Red
Muruga: Blue
Nataraja: Purple
Moon – Green
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:33PM

Hemalamba 5119
Moon 4 - Phase 3
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 7:14AM
Then Routine Work - Prabalarishta Yoga

5 Tuesday, May 9, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau

Nairobi, Kenya
Sun 27 Sutra 23

Tula Rasi: 4.52 Tithi 14

Gulika 12:30PM – 2:01PM
Yama 9:29AM – 11:00AM
263381369 Rahu 3:31PM – 5:02PM

Chitra Until 9:32AM
Siddhi Until 1:04PM
Gara Until 9:44AM
Chaturdashi* Until 10:40PM

Ganesha: Red
Muruga: Blue
Nataraja: Purple
Moon – Green
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:32PM

Hemalamba 5119
Moon 4 - Phase 3
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

○ Wednesday, May 10, 2017
Copper Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau

Nairobi, Kenya
Sutra 24

Tula Rasi: 16.57 Tithi 15

Gulika 11:00AM – 12:30PM
Yama 7:59AM – 9:29AM
263381369 Rahu 12:30PM – 2:01PM

Svati Until 11:54AM
Vyatipata* Until 1:40PM
Visti Until 11:42AM
Purnima* Until 12:44AM Thu

Ganesha: Red
Muruga: Blue
Nataraja: Purple
Moon – Green
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:32PM

Hemalamba 5119
Moon 4 - Phase 3
Purnima

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Budha Purnima (Tamil Nadu)

Thursday, May 11, 2017
Silver Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau

Nairobi, Kenya
Sutra 25

Tula Rasi: 28.56 Tithi 16

Gulika 9:29AM – 11:00AM
Yama 6:28AM – 7:59AM
273381369 Rahu 2:01PM – 3:31PM

Vishakha Until 2:48PM
Variyan Until 2:23PM
Balava Until 1:51PM
Prathama* Until 2:58AM Fri

Ganesha: Blue
Muruga: Blue
Nataraja: Purple
Moon – Orange
Vaisaka•Chaitra

Sunrise: 6:28AM
Sunset: 6:32PM

Hemalamba 5119
Moon 4 - Phase 3
Prathama

Bhuloka Day

Creative Work Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda