



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal

Sutra 6

Tula Rasi: 17.51      Tihi 16 – 17

261621368

**Gulika** 5:17AM – 6:55AM  
**Yama** 1:25PM – 3:03PM  
**Rahu** 8:32AM – 10:10AM

**Svati** Until 10:08AM  
**Siddhi** Until 5:38PM  
**Taitila** Until 2:32AM Sun  
**Prathama\*** Until 1:22PM

**Ganesha:** Clear      *Sunrise:* 5:17AM  
**Muruga:** White      *Sunset:* 6:19PM  
**Nataraja:** Clear  
Moon – Green  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

Creative Work      Siddha Yoga

Sunday, April 24, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal

Sun 1      Sutra 7

Tula Rasi: 29.47      Tihi 17 – 18

271621369

**Gulika** 3:03PM – 4:41PM  
**Yama** 11:47AM – 1:25PM  
**Rahu** 4:41PM – 6:19PM

**Vishakha** Until 1:05PM  
**Vyatipata\*** Until 6:23PM  
**Vanija** Until 4:38AM Mon  
**Dvitiya** Until 3:36PM

**Ganesha:** Purple      *Sunrise:* 5:16AM  
**Muruga:** White      *Sunset:* 6:19PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**

Routine Work      Marana Yoga

Monday, April 25, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal

Sun 2      Sutra 8

Vrischika Rasi: 11.48      Tihi 18 – 19

271621369

**Gulika** 1:25PM – 3:03PM  
**Yama** 10:09AM – 11:47AM  
**Rahu** 6:53AM – 8:31AM

**Anuradha** Until 3:38PM  
**Variyan** Until 6:53PM  
**Bava** Until 6:27AM Tue  
**Tritiya** Until 5:34PM

**Ganesha:** Purple      *Sunrise:* 5:15AM  
**Muruga:** White      *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**

Creative Work      Siddha Yoga

Tuesday, April 26, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal

Sun 3      Sutra 9

Vrischika Rasi: 23.56      Tihi 19

271621369

**Gulika** 11:47AM – 1:25PM  
**Yama** 8:31AM – 10:09AM  
**Rahu** 3:04PM – 4:42PM

**Jyeshtha\*** Until 5:42PM  
**Parigha\*** Until 7:09PM  
**Bava** Until 6:27AM  
**Chaturthi\*** Until 7:12PM

**Ganesha:** Purple      *Sunrise:* 5:14AM  
**Muruga:** White      *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**

Routine Work      Marana Yoga  
Until 5:42PM  
Then Creative Work - Amrita Yoga

Wednesday, April 27, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Mula\* Nakshatra Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal

Sun 4      Sutra 10

Dhanus Rasi: 6.13      Tihi 20

281621369

**Gulika** 10:09AM – 11:47AM  
**Yama** 6:52AM – 8:30AM  
**Rahu** 11:47AM – 1:25PM

**Mula\*** Until 7:43PM  
**Shiva** Until 7:08PM  
**Kaulava** Until 7:53AM  
**Panchami** Until 8:25PM

**Ganesha:** Clear      *Sunrise:* 5:13AM  
**Muruga:** White      *Sunset:* 6:21PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work      Marana Yoga  
Until 7:43PM  
Then Creative Work - Amrita Yoga

Thursday, April 28, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha\* Nakshatra Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal

Sun 5      Sutra 11

Dhanus Rasi: 18.42      Tihi 21

281621369

**Gulika** 8:30AM – 10:08AM  
**Yama** 5:12AM – 6:51AM  
**Rahu** 1:25PM – 3:04PM

**Purvashadha\*** Until 9:04PM  
**Siddha** Until 6:41PM  
**Gara** Until 8:52AM  
**Shashthi\*** Until 9:09PM

**Ganesha:** Clear      *Sunrise:* 5:12AM  
**Muruga:** White      *Sunset:* 6:21PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga  
Until 9:04PM  
Then Routine Work - Marana Yoga

Friday, April 29, 2016

6

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarahadha Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 6      Sutra 12

Makara Rasi: 1.25      Tihi 22

281621369

**Gulika** 6:50AM – 8:29AM  
**Yama** 3:04PM – 4:43PM  
**Rahu** 10:08AM – 11:47AM

**Uttarahadha** Until 9:42PM  
**Sadhya** Until 5:48PM  
**Visti** Until 9:18AM  
**Saptami** Until 9:16PM

**Ganesha:** Clear      *Sunrise:* 5:12AM  
**Muruga:** White      *Sunset:* 6:22PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work      Marana Yoga

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sun 7      Sutra 13

Makara Rasi: 14.27      Tihi 23

291621369

**Gulika** 5:11AM – 6:50AM  
**Yama** 1:26PM – 3:05PM  
**Rahu** 8:29AM – 10:08AM

**Shravana** Until 9:59PM  
**Subha** Until 4:25PM  
**Balava** Until 9:06AM  
**Ashtami\*** Until 8:43PM

**Ganesha:** White      *Sunrise:* 5:11AM  
**Muruga:** White      *Sunset:* 6:22PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 2  
Ashtami

**Bhuloka Day**

Creative Work      Siddha Yoga

Sunday, May 1, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal

Sun 8      Sutra 14

Makara Rasi: 27.5      Tihi 24

291621369

**Gulika** 3:05PM – 4:44PM  
**Yama** 11:46AM – 1:26PM  
**Rahu** 4:44PM – 6:23PM

**Dhanishtha** Until 9:24PM  
**Sukla** Until 2:26PM  
**Taitila** Until 8:12AM  
**Navami\*** Until 7:28PM

**Ganesha:** White      *Sunrise:* 5:10AM  
**Muruga:** White      *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**

Routine Work      Marana Yoga  
Until 9:24PM  
Then Creative Work - Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

<b>1 Monday, May 2, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal	
Shatabhishak Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 15				Dur mukha 5118	
Kumbha Rasi: 11.39 Tithi 25 – 26		<b>Gulika</b> 1:26PM – 3:05PM	<b>Shatabhishak</b> Until 8:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM		
<b>Family Home Evening</b>		Yama 10:07AM – 11:46AM	Brahma Until 11:54AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 3	
Creative Work Siddha Yoga		<b>Rahu</b> 6:48AM – 8:28AM	Vanija Until 6:35AM	<b>Nataraja:</b> Purple			2nd Phase
Until 8:00PM		<b>Dashami</b> Until 5:31PM		Moon – Purple			
Then Routine Work - Marana Yoga				<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to12:PM

<b>2 Tuesday, May 3, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal	
Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 16				Dur mukha 5118	
Kumbha Rasi: 25.53 Tithi 26 – 27		<b>Gulika</b> 11:46AM – 1:26PM	<b>Purvaproshtapada*</b> Until 6:17PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM		
Routine Work Marana Yoga		Yama 8:27AM – 10:07AM	Indra Until 8:52AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 3	
Until 6:17PM		<b>Rahu</b> 3:05PM – 4:45PM	Kaulava Until 1:29AM Wed	<b>Nataraja:</b> Purple			2nd Phase
Then Creative Work - Amrita Yoga		<b>Ekadashi*</b> Until 2:57PM		Moon – Clear			
				<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to12:PM

<b>3 Wednesday, May 4, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal	
Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 17				Dur mukha 5118	
Meena Rasi: 10.31 Tithi 27 – 28		<b>Gulika</b> 10:07AM – 11:46AM	<b>Uttaraproshtapada</b> Until 3:55PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM		
Creative Work Siddha Yoga		Yama 6:47AM – 8:27AM	Vishkambha* Until 1:29AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 3	
Until 3:55PM		<b>Rahu</b> 11:46AM – 1:26PM	Gara Until 10:11PM	<b>Nataraja:</b> Purple			2nd Phase
Then Routine Work - Marana Yoga		<b>Dvadashi*</b> Until 11:52AM		Moon – Clear			
		<i>Pradosha Vrata (Fasting)</i>		<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to12:PM

<b>4 Thursday, May 5, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal	
Revati/Ashvini Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 18				Dur mukha 5118	
Meena Rasi: 25.28 Tithi 28 – 29		<b>Gulika</b> 8:26AM – 10:06AM	<b>Revati</b> Until 1:04PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM		
Creative Work Siddha Yoga		Yama 5:07AM – 6:47AM	Priti Until 9:24PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 3	
Until 1:04PM		<b>Rahu</b> 1:26PM – 3:06PM	Visti Until 6:36PM	<b>Nataraja:</b> Purple			2nd Phase
Then Creative Work - Amrita Yoga		<b>Trayodashi*</b> Until 8:24AM		Moon – Clear			
				<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to12:PM

<b>Friday, May 6, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal	
<b>Retreat Star</b>		Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Caluspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 19		Dur mukha 5118	
Mesha Rasi: 11 Tithi 30		<b>Gulika</b> 6:46AM – 8:26AM	<b>Ashvini</b> Until 10:18AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:06AM		
Creative Work Amrita Yoga		Yama 3:06PM – 4:46PM	Ayushman Until 5:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 3	
Until 10:18AM		<b>Rahu</b> 10:06AM – 11:46AM	Catuspada Until 2:51PM	<b>Nataraja:</b> Purple			Amavasya
Then Creative Work - Siddha Yoga		<b>Amavasya*</b> Until 12:57AM Sat		Moon – White			
				<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to12:PM

<b>Saturday, May 7, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal	
<b>Retreat Star</b>		Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 20		Dur mukha 5118	
Mesha Rasi: 25.47 Tithi 1		<b>Gulika</b> 5:05AM – 6:46AM	<b>Bharani</b> Until 7:22AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:05AM		
Creative Work Siddha Yoga		Yama 1:26PM – 3:06PM	Saubhagya Until 1:01PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 3	
Until 7:22AM		<b>Rahu</b> 8:26AM – 10:06AM	Kintughna Until 11:07AM	<b>Nataraja:</b> Purple			Prathama
Then Creative Work - Amrita Yoga		<b>Prathama*</b> Until 9:17PM		Moon – White			
				<b>Vaisaka•Chaitra</b>	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1 Sunday, May 8, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal		
Rohini Nakshatra Sobhana/Athiganda* Yoga Balava/Tailila Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 21				
Vrishabha Rasi: 10.52 Tithi 2 - 3		<b>Gulika</b> 3:06PM - 4:47PM	<b>Rohini Until 2:08AM Mon</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:05AM
Creative Work Siddha Yoga		Yama 11:46AM - 1:26PM	Sobhana Until 9:02AM	<b>Muruga:</b> White <i>Sunset:</i> 6:27PM
Until 2:08AM Mon		232621369 <b>Rahu</b> 4:47PM - 6:27PM	Balava Until 7:34AM	<b>Nataraja:</b> Purple
Then Creative Work - Amrita Yoga		<b>Mother's Day</b>		Moon - Yellow
		<b>Dvitiya Until 5:54PM</b>		<b>Vaisaka-Chaitra</b>
				<b>Bhuloka Day</b>
				Devaloka Time: 9:AM to 12:PM

<b>2 Monday, May 9, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Kathmandu, Nepal		
Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau Sun 16 Sutra 22				
Vrishabha Rasi: 25.41 Tithi 3 - 4		<b>Gulika</b> 1:26PM - 3:07PM	<b>Mrigashira Until 12:11AM Tue</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:04AM
<b>Family Home Evening</b>		Yama 10:05AM - 11:46AM	Sukarma Until 2:03AM Tue	<b>Muruga:</b> White <i>Sunset:</i> 6:28PM
Creative Work Amrita Yoga		232621369 <b>Rahu</b> 6:44AM - 8:25AM	Vanija Until 1:41AM Tue	<b>Nataraja:</b> Purple
Until 12:11AM Tue		<b>Akshaya Tritiya</b>		Moon - Yellow
Then Routine Work - Marana Yoga		<b>Tritiya Until 2:56PM</b>		<b>Vaisaka-Chaitra</b>
				<b>Bhuloka Day</b>
				Devaloka Time: 9:AM to 12:PM

<b>3 Tuesday, May 10, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal		
Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 23				
Mithuna Rasi: 10.06 Tithi 4 - 5		<b>Gulika</b> 11:46AM - 1:26PM	<b>Ardra Until 10:45PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:03AM
Routine Work Marana Yoga		Yama 8:25AM - 10:05AM	Dhriti Until 11:21PM	<b>Muruga:</b> White <i>Sunset:</i> 6:28PM
Until 10:45PM		232621369 <b>Rahu</b> 3:07PM - 4:48PM	Bava Until 11:40PM	<b>Nataraja:</b> Purple
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		Moon - Yellow
		<b>Chaturthi* Until 12:34PM</b>		<b>Vaisaka-Chaitra</b>
				<b>Bhuloka Day</b>
				Devaloka Time: 9:AM to 12:PM

<b>4 Wednesday, May 11, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Kathmandu, Nepal		
Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau Sun 18 Sutra 24				
Mithuna Rasi: 24.04 Tithi 5 - 6		<b>Gulika</b> 10:05AM - 11:46AM	<b>Punarvasu Until 10:24PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:03AM
Creative Work Siddha Yoga		Yama 6:43AM - 8:24AM	Shula* Until 9:16PM	<b>Muruga:</b> White <i>Sunset:</i> 6:29PM
		242621369 <b>Rahu</b> 11:46AM - 1:26PM	Kaulava Until 10:26PM	<b>Nataraja:</b> Purple
		<b>Panchami Until 10:56AM</b>		Moon - Blue
				<b>Vaisaka-Chaitra</b>
				<b>Devaloka Day</b>

<b>5 Thursday, May 12, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Kathmandu, Nepal		
Pushya Nakshatra Ganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 25				
Kataka Rasi: 7.32 Tithi 6 - 7		<b>Gulika</b> 8:24AM - 10:05AM	<b>Pushya Until 10:44PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:02AM
Creative Work Amrita Yoga		Yama 5:02AM - 6:43AM	Ganda* Until 7:53PM	<b>Muruga:</b> White <i>Sunset:</i> 6:29PM
Until 10:44PM		242621369 <b>Rahu</b> 1:27PM - 3:08PM	Gara Until 10:04PM	<b>Nataraja:</b> Purple
Then Creative Work - Siddha Yoga		<b>Shashthi* Until 10:07AM</b>		Moon - Blue
				<b>Vaisaka-Chaitra</b>
				<b>Devaloka Day</b>

<b>Friday, May 13, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal		
<b>Retreat Star</b>		Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 26		
Kataka Rasi: 20.33 Tithi 7 - 8		<b>Gulika</b> 6:43AM - 8:24AM	<b>Ashlesha* Until 11:45PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:02AM
Routine Work Marana Yoga		Yama 3:08PM - 4:49PM	Vriddhi Until 7:11PM	<b>Muruga:</b> White <i>Sunset:</i> 6:30PM
		242621369 <b>Rahu</b> 10:05AM - 11:46AM	Visti Until 10:34PM	<b>Nataraja:</b> Purple
		<b>Saptami Until 10:11AM</b>		Moon - Blue
				<b>Vaisaka-Chaitra</b>
				<b>Devaloka Day</b>

<b>Saturday, May 14, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Kathmandu, Nepal		
<b>Retreat Star</b>		Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 27		
Simha Rasi: 3.09 Tithi 8 - 9		<b>Gulika</b> 5:01AM - 6:42AM	<b>Magha* Until 1:52AM Sun</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:01AM
Creative Work Amrita Yoga		Yama 1:27PM - 3:08PM	Dhruva Until 7:06PM	<b>Muruga:</b> White <i>Sunset:</i> 6:30PM
Until 1:52AM Sun		252621369 <b>Rahu</b> 8:23AM - 10:05AM	Balava Until 11:51PM	<b>Nataraja:</b> Purple
Then Creative Work - Siddha Yoga		<b>Ashtami* Until 11:06AM</b>		Moon - Red
				<b>Vaisaka-Vaikasi</b>
				<b>Bhuloka Day</b>
				Devaloka Time: 9:AM to 12:PM

1

Sunday, May 15, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam

Kathmandu, Nepal

Simha Rasi: 15.25      Tithi 9 – 10

Gulika 3:08PM – 4:50PM  
Yama 11:46AM – 1:27PM  
Rahu 4:50PM – 6:31PMPurvaphalguni Until 4:24AM Mon  
Vyaghata\* Until 7:33PM  
Taitila Until 1:46AM Mon  
Navami\* Until 12:43PMGanesha: Purple      Sunrise: 5:00AM  
Muruga: White      Sunset: 6:31PM  
Nataraja: Purple  
Moon – Red  
Vaisaka-VaikasiSun 22      Sutra 28  
Durmukha 5118  
Moon 4 - Phase 5  
4th Phase

Bhuloka Day

Creative Work      Siddha Yoga

2

Monday, May 16, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Kathmandu, Nepal

Simha Rasi: 27.27      Tithi 10 – 11

Gulika 1:27PM – 3:09PM  
Yama 10:04AM – 11:46AM  
Rahu 6:41AM – 8:23AMUttaraphalguni Until 7:10AM Tue  
Harshana Until 8:22PM  
Vanija Until 4:06AM Tue  
Dashami Until 2:52PMGanesha: Purple      Sunrise: 5:00AM  
Muruga: White      Sunset: 6:32PM  
Nataraja: Purple  
Moon – Red  
Vaisaka-VaikasiSun 23      Sutra 29  
Durmukha 5118  
Moon 4 - Phase 5  
4th Phase

Bhuloka Day

Creative Work      Siddha Yoga

3

Tuesday, May 17, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Vajra\* Yoga Visti\*/Bava Karana Ekadashi/Dvadashyam Titau

Kathmandu, Nepal

Kanya Rasi: 9.2      Tithi 11 – 12

Gulika 11:46AM – 1:27PM  
Yama 8:23AM – 10:04AM  
Rahu 3:09PM – 4:51PMUttaraphalguni Until 7:10AM  
Vajra\* Until 9:22PM  
Bava Until 6:40AM Wed  
Ekadashi Until 5:21PMGanesha: Purple      Sunrise: 4:59AM  
Muruga: White      Sunset: 6:32PM  
Nataraja: Purple  
Moon – Red  
Vaisaka-VaikasiSun 24      Sutra 30  
Durmukha 5118  
Moon 4 - Phase 5  
4th Phase

Bhuloka Day

Creative Work      Amrita Yoga  
Until 7:10AM

Then Creative Work - Siddha Yoga

4

Wednesday, May 18, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Siddhi Yoga Bava/Balava Karana Dvadashyam Titau

Kathmandu, Nepal

Kanya Rasi: 21.08      Tithi 12

Gulika 10:04AM – 11:46AM  
Yama 6:41AM – 8:22AM  
Rahu 11:46AM – 1:28PMHasta Until 10:26AM  
Siddhi Until 10:27PM  
Bava Until 6:40AM  
Dvadashi Until 7:56PMGanesha: Purple      Sunrise: 4:59AM  
Muruga: White      Sunset: 6:33PM  
Nataraja: Purple  
Moon – Green  
Vaisaka-VaikasiSun 25      Sutra 31  
Durmukha 5118  
Moon 4 - Phase 5  
4th Phase

Devaloka Day

Routine Work      Marana Yoga  
Until 10:26AM

Then Creative Work - Siddha Yoga

5

Thursday, May 19, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Trayodashyam Titau

Kathmandu, Nepal

Tula Rasi: 2.56      Tithi 13

Gulika 8:22AM – 10:04AM  
Yama 4:58AM – 6:40AM  
Rahu 1:28PM – 3:10PMChitra Until 1:32PM  
Vyatipata\* Until 11:29PM  
Kaulava Until 9:14AM  
Trayodashi Until 10:27PM  
Pradosha VrataGanesha: Purple      Sunrise: 4:58AM  
Muruga: White      Sunset: 6:33PM  
Nataraja: Purple  
Moon – Green  
Vaisaka-VaikasiSun 26      Sutra 32  
Durmukha 5118  
Moon 4 - Phase 5  
4th Phase

Devaloka Day

Creative Work      Siddha Yoga  
Until 1:32PM

Then Creative Work - Amrita Yoga

6

Friday, May 20, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau

Kathmandu, Nepal

Tula Rasi: 14.47      Tithi 14

Gulika 6:40AM – 8:22AM  
Yama 3:10PM – 4:52PM  
Rahu 10:04AM – 11:46AMSvati Until 4:19PM  
Variyan Until 12:20AM Sat  
Gara Until 11:39AM  
Chaturdashi\* Until 12:45AM SatGanesha: Purple      Sunrise: 4:58AM  
Muruga: White      Sunset: 6:34PM  
Nataraja: Purple  
Moon – Green  
Vaisaka-VaikasiSun 27      Sutra 33  
Durmukha 5118  
Moon 4 - Phase 5  
4th Phase

Devaloka Day

Creative Work      Siddha Yoga

O

Saturday, May 21, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Parigha\* Yoga Visti\*/Bava Karana Purnimayam Titau

Kathmandu, Nepal

Tula Rasi: 26.43      Tithi 15

Gulika 4:58AM – 6:40AM  
Yama 1:28PM – 3:10PM  
Rahu 8:22AM – 10:04AMVishakha Until 7:10PM  
Parigha\* Until 12:58AM Sun  
Visti Until 1:50PM  
Purnima\* Until 2:47AM SunGanesha: Clear      Sunrise: 4:58AM  
Muruga: White      Sunset: 6:34PM  
Nataraja: Purple  
Moon – Orange  
Vaisaka-VaikasiSun 28      Sutra 34  
Durmukha 5118  
Moon 4 - Phase 5  
Purnima

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work      Siddha Yoga

Vaikasi Visakam

Sunday, May 22, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau

Kathmandu, Nepal

Vrischika Rasi: 8.46      Tithi 16

Gulika 3:11PM – 4:53PM  
Yama 11:46AM – 1:28PM  
Rahu 4:53PM – 6:35PMAnuradha Until 9:33PM  
Shiva Until 1:23AM Mon  
Balava Until 3:41PM  
Prathama\* Until 4:28AM MonGanesha: Clear      Sunrise: 4:57AM  
Muruga: White      Sunset: 6:35PM  
Nataraja: Purple  
Moon – Orange  
Vaisaka-VaikasiSun 29      Sutra 35  
Durmukha 5118  
Moon 4 - Phase 5  
Prathama

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work      Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang



**Monday, May 23, 2016**  
**Gold Retreat Star**

Vrischika Rasi: 20.58    Tihti 17  
**Family Home Evening**  
Creative Work    Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

**Gulika**    1:28PM – 3:11PM    **Jyeshtha\* Until 11:26PM**  
Yama    10:04AM – 11:46AM    Siddha Until 1:29AM Tue  
**Rahu**    6:39AM – 8:21AM    Tailila Until 5:12PM  
Dvitiya Until 5:49AM Tue

**Ganesha:** Clear    *Sunrise:* 4:57AM  
**Muruga:** White    *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

Kathmandu, Nepal  
Sutra 36  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Tuesday, May 24, 2016**

Dhanus Rasi: 3.17    Tihti 18  
Creative Work    Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Sadhya Yoga Vanija Karana Tritiyayam Titau

**Gulika**    11:46AM – 1:29PM    **Mula\* Until 1:18AM Wed**  
Yama    8:21AM – 10:04AM    Sadhya Until 1:20AM Wed  
**Rahu**    3:11PM – 4:54PM    Vanija Until 6:22PM  
Tritiya Until 6:47AM Wed

**Ganesha:** White    *Sunrise:* 4:56AM  
**Muruga:** White    *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Kathmandu, Nepal  
Sun 1    Sutra 37  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Wednesday, May 25, 2016**

Dhanus Rasi: 15.47    Tihti 18 – 19  
Creative Work    Amrita Yoga  
Until 2:38AM Thu  
Then Routine Work - Marana Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Gulika**    10:04AM – 11:46AM    **Purvashadha\* Until 2:38AM Thu**  
Yama    6:39AM – 8:21AM    Subha Until 12:54AM Thu  
**Rahu**    11:46AM – 1:29PM    Bava Until 7:09PM  
Tritiya Until 6:47AM

**Ganesha:** Clear    *Sunrise:* 4:56AM  
**Muruga:** White    *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Kathmandu, Nepal  
Sun 2    Sutra 38  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Thursday, May 26, 2016**

Dhanus Rasi: 28.27    Tihti 19 – 20  
Routine Work    Marana Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**    8:21AM – 10:04AM    **Uttarashadha Until 3:24AM Fri**  
Yama    4:56AM – 6:38AM    Sukla Until 12:07AM Fri  
**Rahu**    1:29PM – 3:12PM    Kaulava Until 7:32PM  
Chaturthi\* Until 7:22AM

**Ganesha:** Clear    *Sunrise:* 4:56AM  
**Muruga:** White    *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Kathmandu, Nepal  
Sun 3    Sutra 39  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Friday, May 27, 2016**

Makara Rasi: 11.19    Tihti 20 – 21  
Routine Work    Marana Yoga  
Until 4:01AM Sat  
Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

**Gulika**    6:38AM – 8:21AM    **Shravana Until 4:01AM Sat**  
Yama    3:12PM – 4:55PM    Brahma Until 10:59PM  
**Rahu**    10:04AM – 11:47AM    Gara Until 7:27PM  
Panchami Until 7:32AM

**Ganesha:** White    *Sunrise:* 4:55AM  
**Muruga:** Clear    *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Kathmandu, Nepal  
Sun 4    Sutra 40  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Sivaloka Day**

**5**

**Saturday, May 28, 2016**

Makara Rasi: 24.25    Tihti 21 – 22  
Creative Work    Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika**    4:55AM – 6:38AM    **Dhanishtha Until 3:59AM Sun**  
Yama    1:30PM – 3:12PM    Indra Until 9:27PM  
**Rahu**    8:21AM – 10:04AM    Visti Until 6:54PM  
Shashthi\* Until 7:13AM

**Ganesha:** White    *Sunrise:* 4:55AM  
**Muruga:** Clear    *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Kathmandu, Nepal  
Sun 5    Sutra 41  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Sivaloka Day**

**D**

**Sunday, May 29, 2016**  
**Retreat Star**

Kumbha Rasi: 7.47    Tihti 22 – 23  
Creative Work    Siddha Yoga  
Until 3:15AM Mon  
Then Routine Work - Marana Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

**Gulika**    3:13PM – 4:56PM    **Shatabhishak Until 3:15AM Mon**  
Yama    11:47AM – 1:30PM    Vaidhriti\* Until 7:29PM  
**Rahu**    4:56PM – 6:39PM    Kaulava Until 5:01AM Mon  
Saptami Until 6:24AM

**Ganesha:** White    *Sunrise:* 4:55AM  
**Muruga:** Clear    *Sunset:* 6:39PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Kathmandu, Nepal  
Sun 6    Sutra 42  
Durmukha 5118  
Moon 5 - Phase 6  
Ashtami

**Sivaloka Day**

**Monday, May 30, 2016**  
**Retreat Star**

Kumbha Rasi: 21.29    Tihti 24  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 2:17AM Tue  
Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkamba\*/Priti Yoga Tailila/Gara Karana Navamyam Titau

**Gulika**    1:30PM – 3:13PM    **Purvaproshtapada\* Until 2:17AM Tue**  
Yama    10:04AM – 11:47AM    Vishkamba\* Until 5:04PM  
**Rahu**    6:38AM – 8:21AM    Tailila Until 4:08PM  
Navami\* Until 3:06AM Tue

**Ganesha:** Clear    *Sunrise:* 4:55AM  
**Muruga:** Clear    *Sunset:* 6:39PM  
**Nataraja:** Purple  
Moon – Clear  
**Vaisaka-Vaikasi**

Kathmandu, Nepal  
Sun 7    Sutra 43  
Durmukha 5118  
Moon 5 - Phase 6  
Navami


**Devaloka Day**

<b>1</b>		<b>Tuesday, May 31, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Dashamyam Titau		Kathmandu, Nepal Sun 8 Sutra 44	
Meena Rasi: 5.31	Tithi 25	<b>Gulika</b>	<b>11:47AM – 1:30PM</b>	<b>Uttaraproshtapada Until 12:39AM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:54AM	Durmukha 5118		
		Yama	8:21AM – 10:04AM	Priti Until 2:14PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7		
		314731369 <b>Rahu</b>	3:13PM – 4:57PM	Vanija Until 1:57PM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Amrita Yoga			<b>Dashami Until 12:40AM Wed</b>	Moon – Clear		<b>Devaloka Day</b>		
Until 12:39AM Wed					<b>Vaisaka-Vaikasi</b>				
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Wednesday, June 1, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Kathmandu, Nepal Sun 9 Sutra 45	
Meena Rasi: 19.53	Tithi 26	<b>Gulika</b>	<b>10:04AM – 11:47AM</b>	<b>Revati Until 10:27PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:54AM	Durmukha 5118		
		Yama	6:37AM – 8:21AM	Ayushman Until 10:59AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7		
		314731369 <b>Rahu</b>	11:47AM – 1:30PM	Bava Until 11:18AM	<b>Nataraja:</b> Purple		2nd Phase		
Routine Work	Marana Yoga			<b>Ekadashi* Until 9:48PM</b>	Moon – Clear		<b>Devaloka Day</b>		
					<b>Vaisaka-Vaikasi</b>				

<b>3</b>		<b>Thursday, June 2, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kathmandu, Nepal Sun 10 Sutra 46	
Mesha Rasi: 4.32	Tithi 27	<b>Gulika</b>	<b>8:21AM – 10:04AM</b>	<b>Ashvini Until 8:12PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM	Durmukha 5118		
		Yama	4:54AM – 6:37AM	Saubhagya Until 7:25AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7		
		324731369 <b>Rahu</b>	1:31PM – 3:14PM	Kaulava Until 8:15AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Amrita Yoga			<b>Dvadashi* Until 6:37PM</b>	Moon – White		<b>Bhuloka Day</b>		
Until 8:12PM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Friday, June 3, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 11 Sutra 47	
Mesha Rasi: 19.25	Tithi 28 – 29	<b>Gulika</b>	<b>6:37AM – 8:21AM</b>	<b>Bharani Until 5:38PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM	Durmukha 5118		
		Yama	3:14PM – 4:58PM	Athiganda* Until 11:46PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7		
		324731369 <b>Rahu</b>	10:04AM – 11:48AM	Visti Until 1:32AM Sat	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Trayodashi* Until 3:14PM</b>	Moon – White		<b>Bhuloka Day</b>		
				<i>Pradosha Vrata (Fasting)</i>	<b>Vaisaka-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM		

		<b>Saturday, June 4, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau		Kathmandu, Nepal Sun 12 Sutra 48	
<b>Retreat Star</b>		<b>Gulika</b>	<b>4:54AM – 6:37AM</b>	<b>Krittika Until 2:54PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM	Durmukha 5118		
Vrishabha Rasi: 4.22	Tithi 29 – 30	Yama	1:31PM – 3:15PM	Sukarma Until 7:54PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7		
		324731369 <b>Rahu</b>	8:21AM – 10:04AM	Catuspada Until 10:08PM	<b>Nataraja:</b> Purple		Amavasya		
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 11:48AM</b>	Moon – White		<b>Bhuloka Day</b>		
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM		

<b>Retreat Star</b>		<b>Sunday, June 5, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kathmandu, Nepal Sun 13 Sutra 49	
Vrishabha Rasi: 19.16	Tithi 30 – 1	<b>Gulika</b>	<b>3:15PM – 4:58PM</b>	<b>Rohini Until 12:34PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:54AM	Durmukha 5118		
		Yama	11:48AM – 1:31PM	Dhriti Until 4:11PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7		
		334731361 <b>Rahu</b>	4:58PM – 6:42PM	Kintughna Until 6:57PM	<b>Nataraja:</b> White		Prathama		
Creative Work	Siddha Yoga			<b>Amavasya* Until 8:30AM</b>	Moon – Yellow		<b>Bhuloka Day</b>		
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM		

<b>1</b>		<b>Monday, June 6, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 3.58		Tithi 2		Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 14		Sutra 50	
<b>Family Home Evening</b>		334731361		<b>Gulika</b>	1:32PM – 3:15PM	<b>Mrigashira Until 10:26AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:54AM	Durmukha 5118
Creative Work		Amrita Yoga		Yama	10:04AM – 11:48AM	Shula* Until 12:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8
Until 10:26AM				<b>Rahu</b>	6:37AM – 8:21AM	Balava Until 4:07PM	<b>Nataraja:</b> White	3rd Phase	
Then Creative Work - Siddha Yoga						Dvitiya Until 2:52AM Tue	Moon – Yellow	<b>Bhuloka Day</b>	
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM		

<b>2</b>		<b>Tuesday, June 7, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 18.21		Tithi 3		Ardra/Punarvasu Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 15		Sutra 51	
Routine Work		Marana Yoga		<b>Gulika</b>	11:48AM – 1:32PM	<b>Ardra Until 8:38AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:54AM	Durmukha 5118
Until 8:38AM				Yama	8:21AM – 10:05AM	Ganda* Until 9:43AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
Then Creative Work - Siddha Yoga				<b>Rahu</b>	3:16PM – 4:59PM	Tailila Until 1:49PM	<b>Nataraja:</b> White	3rd Phase	
						Tritiya Until 12:53AM Wed	Moon – Yellow	<b>Bhuloka Day</b>	
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM		

<b>3</b>		<b>Wednesday, June 8, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Kataka Rasi: 2.19		Tithi 4		Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau		Sun 16		Sutra 52	
Creative Work		Siddha Yoga		<b>Gulika</b>	10:05AM – 11:48AM	<b>Punarvasu Until 7:46AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:53AM	Durmukha 5118
Until 8:38AM				Yama	6:37AM – 8:21AM	Vridhi Until 7:15AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
Then Creative Work - Siddha Yoga				<b>Rahu</b>	11:48AM – 1:32PM	Vanija Until 12:11PM	<b>Nataraja:</b> White	3rd Phase	
						Chaturthi* Until 11:38PM	Moon – Blue	<b>Bhuloka Day</b>	
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM		

<b>4</b>		<b>Thursday, June 9, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
Kataka Rasi: 15.49		Tithi 5		Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Sun 17		Sutra 53	
Creative Work		Amrita Yoga		<b>Gulika</b>	8:21AM – 10:05AM	<b>Pushya Until 7:31AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:53AM	Durmukha 5118
Until 7:31AM				Yama	4:53AM – 6:37AM	Vyaghata* Until 4:11AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
Then Creative Work - Siddha Yoga				<b>Rahu</b>	1:32PM – 3:16PM	Bava Until 11:20AM	<b>Nataraja:</b> White	3rd Phase	
						Panchami Until 11:13PM	Moon – Blue	<b>Bhuloka Day</b>	
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM		

<b>5</b>		<b>Friday, June 10, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Kataka Rasi: 28.52		Tithi 6		Ashlesha*/Magha* Nakshatra Harshana Yoga Kaulava/Tailila Karana Shashthiyam Titau		Sun 18		Sutra 54	
Routine Work		Marana Yoga		<b>Gulika</b>	6:37AM – 8:21AM	<b>Ashlesha* Until 7:57AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:53AM	Durmukha 5118
Until 9:31AM				Yama	3:16PM – 5:00PM	Harshana Until 3:41AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
Then Creative Work - Siddha Yoga				<b>Rahu</b>	10:05AM – 11:49AM	Kaulava Until 11:21AM	<b>Nataraja:</b> White	3rd Phase	
						Shashthi* Until 11:39PM	Moon – Blue	<b>Bhuloka Day</b>	
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM		

<b>6</b>		<b>Saturday, June 11, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Simha Rasi: 11.3		Tithi 7		Magha*/Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 19		Sutra 55	
Creative Work		Amrita Yoga		<b>Gulika</b>	4:53AM – 6:37AM	<b>Magha* Until 9:31AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:53AM	Durmukha 5118
Until 9:31AM				Yama	1:33PM – 3:17PM	Vajra* Until 3:46AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
Then Creative Work - Siddha Yoga				<b>Rahu</b>	8:21AM – 10:05AM	Gara Until 12:11PM	<b>Nataraja:</b> White	3rd Phase	
						Saptami Until 12:52AM Sun	Moon – Red	<b>Sivaloka Day</b>	
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM		

<b>Retreat Star</b>		<b>Sunday, June 12, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Simha Rasi: 23.48		Tithi 8		Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 20		Sutra 56	
Creative Work		Siddha Yoga		<b>Gulika</b>	3:17PM – 5:01PM	<b>Purvaphalguni Until 11:39AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:54AM	Durmukha 5118
Until 11:39AM				Yama	11:49AM – 1:33PM	Siddhi Until 4:20AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 8
Then Creative Work - Amrita Yoga				<b>Rahu</b>	5:01PM – 6:45PM	Visti Until 1:46PM	<b>Nataraja:</b> White	Ashtami	
						Ashtami* Until 2:44AM Mon	Moon – Red	<b>Devaloka Day</b>	
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM		

<b>Retreat Star</b>		<b>Monday, June 13, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Kanya Rasi: 5.51		Tithi 9		Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 21		Sutra 57	
<b>Family Home Evening</b>		355831361		<b>Gulika</b>	1:33PM – 3:17PM	<b>Uttaraphalguni Until 2:09PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:54AM	Durmukha 5118
Creative Work		Siddha Yoga		Yama	10:05AM – 11:49AM	Vyatipata* Until 5:14AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 8
Until 11:39AM				<b>Rahu</b>	6:38AM – 8:21AM	Balava Until 3:52PM	<b>Nataraja:</b> White	Navami	
Then Creative Work - Siddha Yoga						Navami* Until 5:02AM Tue	Moon – Red	<b>Devaloka Day</b>	
						Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM		

<b>1</b>	<b>Tuesday, June 14, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal	
			Hasta/Chitra Nakshatra Variyan Yoga Taitila Karana Dashamyam Titau				Sun 22 Sutra 58	
	Kanya Rasi: 17.45	Tithi 10	<b>Gulika</b> 11:50AM – 1:34PM	<b>Hasta</b> Until 5:18PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:54AM	Durmukha 5118	
			Yama 8:22AM – 10:06AM	Variyan Until 6:15AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9	
		365831361 <b>Rahu</b> 3:18PM – 5:02PM	Taitila Until 6:18PM	<b>Nataraja:</b> White		4th Phase		
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:32AM Wed	Moon – Green		<b>Bhuloka Day</b>		
				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM		


<b>2</b>	<b>Wednesday, June 15, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal	
			Chitra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 59	
	Kanya Rasi: 29.35	Tithi 10 – 11	<b>Gulika</b> 10:06AM – 11:50AM	<b>Chitra</b> Until 8:22PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:54AM	Durmukha 5118	
			Yama 6:38AM – 8:22AM	Variyan Until 6:15AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9	
		365831361 <b>Rahu</b> 11:50AM – 1:34PM	Vanija Until 8:48PM	<b>Nataraja:</b> White		4th Phase		
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:32AM	Moon – Green		<b>Bhuloka Day</b>		
				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM		


<b>3</b>	<b>Thursday, June 16, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal	
			Svati Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 60	
	Tula Rasi: 11.25	Tithi 11 – 12	<b>Gulika</b> 8:22AM – 10:06AM	<b>Svati</b> Until 11:08PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:54AM	Durmukha 5118	
			Yama 4:54AM – 6:38AM	Parigha* Until 7:16AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9	
		365831361 <b>Rahu</b> 1:34PM – 3:18PM	Bava Until 11:09PM	<b>Nataraja:</b> White		4th Phase		
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 9:59AM	Moon – Green		<b>Bhuloka Day</b>		
Until 11:08PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga								

<b>4</b>	<b>Friday, June 17, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal	
			Vishakha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 61	
	Tula Rasi: 23.19	Tithi 12 – 13	<b>Gulika</b> 6:38AM – 8:22AM	<b>Vishakha</b> Until 1:57AM Sat	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:54AM	Durmukha 5118	
			Yama 3:18PM – 5:02PM	Shiva Until 8:08AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9	
		375831361 <b>Rahu</b> 10:06AM – 11:50AM	Kaulava Until 1:13AM Sat	<b>Nataraja:</b> White		4th Phase		
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 12:12PM	Moon – Orange		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				
				<i>Pradosha Vrata</i>				

<b>5</b>	<b>Saturday, June 18, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal	
			Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26 Sutra 62	
	Vrischika Rasi: 5.22	Tithi 13 – 14	<b>Gulika</b> 4:54AM – 6:38AM	<b>Anuradha</b> Until 4:14AM Sun	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:54AM	Durmukha 5118	
			Yama 1:34PM – 3:19PM	Siddha Until 8:44AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 5 - Phase 9	
		375831361 <b>Rahu</b> 8:22AM – 10:06AM	Gara Until 2:54AM Sun	<b>Nataraja:</b> White		4th Phase		
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 2:06PM	Moon – Orange		<b>Devaloka Day</b>		
Until 4:14AM Sun				<b>Jyeshtha-Ani</b>				
Then Routine Work - Marana Yoga								

<b>6</b>	<b>Sunday, June 19, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal	
			Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 63	
	Vrischika Rasi: 17.34	Tithi 14 – 15	<b>Gulika</b> 3:19PM – 5:03PM	<b>Jyeshtha*</b> Until 5:56AM Mon	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:54AM	Durmukha 5118	
			Yama 11:51AM – 1:35PM	Sadhya Until 9:01AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 5 - Phase 9	
		375831361 <b>Rahu</b> 5:03PM – 6:47PM	Visti Until 4:09AM Mon	<b>Nataraja:</b> White		4th Phase		
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 3:34PM	Moon – Orange		<b>Devaloka Day</b>		
Until 5:56AM Mon				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

	<b>Monday, June 20, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal	
	<b>Copper Retreat Star</b>		Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 28 Sutra 64	
	Vrischika Rasi: 29.56	Tithi 15 – 16	<b>Gulika</b> 1:35PM – 3:19PM	<b>Mula*</b> Until 7:31AM Tue	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:55AM	Durmukha 5118	
	<b>Family Home Evening</b>		Yama 10:07AM – 11:51AM	Subha Until 8:59AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 5 - Phase 9	
		376831361 <b>Rahu</b> 6:39AM – 8:23AM	Balava Until 4:57AM Tue	<b>Nataraja:</b> White		Purnima		
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 4:35PM	Moon – Orange		<b>Sivaloka Day</b>		
				<b>Jyeshtha-Ani</b>				

	<b>Tuesday, June 21, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal	
	<b>Silver Retreat Star</b>		Mula*/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sun 29 Sutra 65	
	Dhanus Rasi: 12.31	Tithi 16 – 17	<b>Gulika</b> 11:51AM – 1:35PM	<b>Mula*</b> Until 7:31AM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:55AM	Durmukha 5118	
			Yama 8:23AM – 10:07AM	Sukla Until 8:35AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 5 - Phase 9	
		386831361 <b>Rahu</b> 3:19PM – 5:03PM	Taitila Until 5:19AM Wed	<b>Nataraja:</b> White		Prathama		
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 5:10PM	Moon – Light Blue		<b>Devaloka Day</b>		
Until 7:31AM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Wednesday, June 22, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam

Kathmandu, Nepal

Dhanus Rasi: 25.18 Tihi 17 – 18

386831361

**Gulika** 10:07AM – 11:51AM  
Yama 6:39AM – 8:23AM  
**Rahu** 11:51AM – 1:35PM

**Purvashadha\* Until 8:32AM**  
Brahma Until 7:51AM  
Vanija Until 5:18AM Thu  
Dvitiya Until 5:20PM

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

*Sunrise:* 4:55AM  
*Sunset:* 6:48PM

Sun 1 Sutra 66  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Thursday, June 23, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

Kathmandu, Nepal

Makara Rasi: 8.16 Tihi 18 – 19

386831361

**Gulika** 8:23AM – 10:07AM  
Yama 4:55AM – 6:39AM  
**Rahu** 1:36PM – 3:20PM

**Uttarashadha Until 9:00AM**  
Indra Until 6:49AM  
Bava Until 4:54AM Fri  
Tritiya Until 5:08PM

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

*Sunrise:* 4:55AM  
*Sunset:* 6:48PM

Sun 2 Sutra 67  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

Devaloka Day

Routine Work Marana Yoga  
Until 9:00AM  
Then Creative Work - Siddha Yoga

Friday, June 24, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

Kathmandu, Nepal

Makara Rasi: 21.26 Tihi 19 – 20

396831361

**Gulika** 6:40AM – 8:24AM  
Yama 3:20PM – 5:04PM  
**Rahu** 10:08AM – 11:52AM

**Shravana Until 9:25AM**  
Vishkambha\* Until 3:52AM Sat  
Kaulava Until 4:10AM Sat  
Chatrthi\* Until 4:33PM

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 4:56AM  
*Sunset:* 6:48PM

Sun 3 Sutra 68  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

Sivaloka Day

Routine Work Marana Yoga  
Until 9:25AM  
Then Creative Work - Siddha Yoga

Saturday, June 25, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal

Kumbha Rasi: 4.47 Tihi 20 – 21

396831361

**Gulika** 4:56AM – 6:40AM  
Yama 1:36PM – 3:20PM  
**Rahu** 8:24AM – 10:08AM

**Dhanishtha Until 9:21AM**  
Priti Until 1:59AM Sun  
Gara Until 3:04AM Sun  
Panchami Until 3:38PM

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 4:56AM  
*Sunset:* 6:48PM

Sun 4 Sutra 69  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga  
Until 9:21AM  
Then Creative Work - Amrita Yoga

Sunday, June 26, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal

Kumbha Rasi: 18.19 Tihi 21 – 22

396831361

**Gulika** 3:20PM – 5:04PM  
Yama 11:52AM – 1:36PM  
**Rahu** 5:04PM – 6:48PM

**Shatabhishak Until 8:47AM**  
Ayushman Until 11:48PM  
Visti Until 1:38AM Mon  
Shashthi\* Until 2:22PM

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 4:56AM  
*Sunset:* 6:48PM

Sun 5 Sutra 70  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Monday, June 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal

Meena Rasi: 2.04 Tihi 22 – 23

316831361

**Gulika** 1:36PM – 3:20PM  
Yama 10:08AM – 11:52AM  
**Rahu** 6:40AM – 8:24AM

**Purvaproshtapada\* Until 8:10AM**  
Saubhagya Until 9:21PM  
Balava Until 11:51PM  
Saptami Until 12:46PM

**Ganesha:** Purple  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 4:56AM  
*Sunset:* 6:48PM

Sun 6 Sutra 71  
Durmukha 5118  
Moon 6 - Phase 10  
Ashtami

Sivaloka Day

Family Home Evening  
Routine Work Marana Yoga  
Until 8:10AM  
Then Creative Work - Siddha Yoga

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada\*/Revali Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal

Meena Rasi: 16.02 Tihi 23 – 24

317831361

**Gulika** 11:53AM – 1:36PM  
Yama 8:25AM – 10:09AM  
**Rahu** 3:20PM – 5:04PM

**Uttaraproshtapada Until 7:03AM**  
Sobhana Until 6:38PM  
Taitila Until 9:44PM  
Ashtami\* Until 10:49AM

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 4:57AM  
*Sunset:* 6:48PM

Sun 7 Sutra 72  
Durmukha 5118  
Moon 6 - Phase 10  
Navami

Devaloka Day

Creative Work Amrita Yoga  
Until 7:03AM  
Then Creative Work - Siddha Yoga

<b>1</b>		<b>Wednesday, June 29, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Mesha Rasi: 0.13		Tithi 24 – 25		Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 73	
		<b>Gulika</b>	<b>10:09AM – 11:53AM</b>	<b>Ashvini Until 3:54AM Thu</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:57AM	Durmukha 5118		
		Yama	6:41AM – 8:25AM	Athiganda* Until 3:39PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11		
Routine Work Marana Yoga		327831361	<b>Rahu</b>	11:53AM – 1:37PM	Nataraja: White	2nd Phase			
Until 3:54AM Thu				Vanija Until 7:19PM	Moon – White	<b>Bhuloka Day</b>			
Then Creative Work - Siddha Yoga				Navami* Until 8:32AM	Jyeshtha*Ani	Devaloka Time: 12:PM to 3:PM			

<b>2</b>		<b>Thursday, June 30, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
Mesha Rasi: 14.35		Tithi 25 – 26		Bharani Nakshatra Sukarma/Dhriti Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 74	
		<b>Gulika</b>	<b>8:25AM – 10:09AM</b>	<b>Bharani Until 1:59AM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:57AM	Durmukha 5118		
		Yama	4:57AM – 6:41AM	Sukarma Until 12:27PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11		
Creative Work Siddha Yoga		327831361	<b>Rahu</b>	1:37PM – 3:21PM	Nataraja: White	2nd Phase			
				Balava Until 3:15AM Fri	Moon – White	<b>Bhuloka Day</b>			
				Dashami Until 6:00AM	Jyeshtha*Ani	Devaloka Time: 12:PM to 3:PM			

<b>3</b>		<b>Friday, July 1, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Mesha Rasi: 29.05		Tithi 27		Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 75	
		<b>Gulika</b>	<b>6:42AM – 8:25AM</b>	<b>Krittika Until 11:48PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:58AM	Durmukha 5118		
		Yama	3:21PM – 5:05PM	Dhriti Until 9:08AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11		
Creative Work Siddha Yoga		327831361	<b>Rahu</b>	10:09AM – 11:53AM	Nataraja: White	2nd Phase			
Until 11:48PM				Kaulava Until 1:51PM	Moon – White	<b>Bhuloka Day</b>			
Then Routine Work - Marana Yoga				Dvadashi* Until 12:24AM Sat	Jyeshtha*Ani	Devaloka Time: 12:PM to 3:PM			

<b>4</b>		<b>Saturday, July 2, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Vrisabha Rasi: 13.4		Tithi 28		Rohini Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 76	
		<b>Gulika</b>	<b>4:58AM – 6:42AM</b>	<b>Rohini Until 9:56PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:58AM	Durmukha 5118		
		Yama	1:37PM – 3:21PM	Ganda* Until 2:23AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11		
Creative Work Amrita Yoga		327831361	<b>Rahu</b>	8:26AM – 10:10AM	Nataraja: White	2nd Phase			
Until 9:56PM				Gara Until 10:59AM	Moon – Yellow	<b>Bhuloka Day</b>			
Then Creative Work - Siddha Yoga				Trayodashi* Until 9:34PM	Jyeshtha*Ani	Devaloka Time: 12:PM to 3:PM			
				<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Sunday, July 3, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Vrisabha Rasi: 28.12		Tithi 29		Mrigashira Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 77	
		<b>Gulika</b>	<b>3:21PM – 5:05PM</b>	<b>Mrigashira Until 8:04PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:59AM	Durmukha 5118		
		Yama	11:53AM – 1:37PM	Vriddhi Until 11:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11		
Creative Work Siddha Yoga		327831361	<b>Rahu</b>	5:05PM – 6:48PM	Nataraja: White	2nd Phase			
				Visti Until 8:13AM	Moon – Yellow	<b>Bhuloka Day</b>			
				Chaturdashi* Until 6:54PM	Jyeshtha*Ani	Devaloka Time: 12:PM to 3:PM			

<b>Monday, July 4, 2016</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 12.35		Tithi 30 – 1		Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 78	
<b>Family Home Evening</b>		<b>Gulika</b>	<b>1:37PM – 3:21PM</b>	<b>Ardra Until 6:22PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:59AM	Durmukha 5118		
Creative Work Siddha Yoga		Yama	10:10AM – 11:54AM	Dhruva Until 8:16PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11		
Until 6:22PM		327831361	<b>Rahu</b>	6:43AM – 8:26AM	Nataraja: White	Amavasya			
Then Creative Work - Amrita Yoga				Kintughna Until 3:31AM Tue	Moon – Yellow	<b>Bhuloka Day</b>			
				Amavasya* Until 4:31PM	Jyeshtha*Ani	Devaloka Time: 12:PM to 3:PM			

<b>Tuesday, July 5, 2016</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 26.43		Tithi 1 – 2		Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Sutra 79	
		<b>Gulika</b>	<b>11:54AM – 1:37PM</b>	<b>Punarvasu Until 5:26PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:59AM	Durmukha 5118		
		Yama	8:27AM – 10:10AM	Vyaghata* Until 5:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11		
Creative Work Siddha Yoga		348831361	<b>Rahu</b>	3:21PM – 5:05PM	Nataraja: White	Prathama			
				Balava Until 1:52AM Wed	Moon – Blue	<b>Bhuloka Day</b>			
				Prathama* Until 2:36PM	Ashada*Ani	Devaloka Time: 12:PM to 3:PM			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, July 6, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 80	
Kataka Rasi: 10.29	Tithi 2 – 3	<b>Gulika</b>	10:10AM – 11:54AM	<b>Pushya</b> Until 4:57PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:00AM	Durmukha 5118		
		Yama	6:43AM – 8:27AM	Harshana Until 3:43PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	448831361 <b>Rahu</b>	11:54AM – 1:38PM	Taitila Until 12:52AM Thu	<b>Nataraja:</b> White		3rd Phase		
				<b>Dvitiya</b> Until 1:16PM	Moon – Blue		<b>Bhuloka Day</b>		
					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>2</b>		<b>Thursday, July 7, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kathmandu, Nepal Sun 16 Sutra 81	
Kataka Rasi: 23.53	Tithi 3 – 4	<b>Gulika</b>	8:27AM – 10:11AM	<b>Ashlesha*</b> Until 5:01PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:00AM	Durmukha 5118		
		Yama	5:00AM – 6:44AM	Vajra* Until 2:15PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	448931361 <b>Rahu</b>	1:38PM – 3:21PM	Vanija Until 12:37AM Fri	<b>Nataraja:</b> White		3rd Phase		
Until 5:01PM				<b>Tritiya</b> Until 12:38PM	Moon – Blue		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>3</b>		<b>Friday, July 8, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kathmandu, Nepal Sun 17 Sutra 82	
Simha Rasi: 6.53	Tithi 4 – 5	<b>Gulika</b>	6:44AM – 8:27AM	<b>Magha*</b> Until 6:10PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:01AM	Durmukha 5118		
		Yama	3:21PM – 5:04PM	Siddhi Until 1:24PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12		
Routine Work	Marana Yoga	458931361 <b>Rahu</b>	10:11AM – 11:54AM	Bava Until 1:09AM Sat	<b>Nataraja:</b> White		3rd Phase		
Until 6:10PM				<b>Chaturthi*</b> Until 12:46PM	Moon – Red		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>4</b>		<b>Saturday, July 9, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kathmandu, Nepal Sun 18 Sutra 83	
Simha Rasi: 19.3	Tithi 5 – 6	<b>Gulika</b>	5:01AM – 6:44AM	<b>Purvaphalguni</b> Until 7:53PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:01AM	Durmukha 5118		
		Yama	1:38PM – 3:21PM	Vyatipata* Until 1:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	458931361 <b>Rahu</b>	8:28AM – 10:11AM	Kaulava Until 2:24AM Sun	<b>Nataraja:</b> White		3rd Phase		
Until 7:53PM				<b>Panchami</b> Until 1:40PM	Moon – Red		<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>5</b>		<b>Sunday, July 10, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kathmandu, Nepal Sun 19 Sutra 84	
Kanya Rasi: 1.49	Tithi 6 – 7	<b>Gulika</b>	3:21PM – 5:04PM	<b>Uttaraphalguni</b> Until 10:03PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	Durmukha 5118		
		Yama	11:55AM – 1:38PM	Variyan Until 1:26PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12		
Creative Work	Amrita Yoga	458931361 <b>Rahu</b>	5:04PM – 6:48PM	Gara Until 4:15AM Mon	<b>Nataraja:</b> White		3rd Phase		
				<b>Shashthi*</b> Until 3:15PM	Moon – Red		<b>Bhuloka Day</b>		
		Chidambaram Abhishekam			<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>6</b>		<b>Monday, July 11, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kathmandu, Nepal Sun 20 Sutra 85	
Kanya Rasi: 13.53	Tithi 7 – 8	<b>Gulika</b>	1:38PM – 3:21PM	<b>Hasta</b> Until 12:59AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:02AM	Durmukha 5118		
Family Home Evening		Yama	10:12AM – 11:55AM	Parigha* Until 2:07PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	469931361 <b>Rahu</b>	6:45AM – 8:28AM	Visti Until 6:30AM Tue	<b>Nataraja:</b> White		3rd Phase		
				<b>Saptami</b> Until 5:19PM	Moon – Green		<b>Devaloka Day</b>		
					<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Tuesday, July 12, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Kathmandu, Nepal Sun 21 Sutra 86	
Kanya Rasi: 25.49	Tithi 8	<b>Gulika</b>	11:55AM – 1:38PM	<b>Chitra</b> Until 3:57AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:03AM	Durmukha 5118		
		Yama	8:29AM – 10:12AM	Shiva Until 3:02PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	469931361 <b>Rahu</b>	3:21PM – 5:04PM	Visti Until 6:30AM	<b>Nataraja:</b> White		Ashtami		
				<b>Ashtami*</b> Until 7:40PM	Moon – Green		<b>Devaloka Day</b>		
					<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Wednesday, July 13, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Kathmandu, Nepal Sun 22 Sutra 87	
Tula Rasi: 7.4	Tithi 9	<b>Gulika</b>	10:12AM – 11:55AM	<b>Svati</b> Until 6:43AM Thu	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:03AM	Durmukha 5118		
		Yama	6:46AM – 8:29AM	Siddha Until 3:59PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	469931361 <b>Rahu</b>	11:55AM – 1:38PM	Balava Until 8:54AM	<b>Nataraja:</b> White		Navami		
				<b>Navami*</b> Until 10:04PM	Moon – Green		<b>Devaloka Day</b>		
					<b>Ashada*Ani</b>				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1 Thursday, July 14, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal
Svati/Vishakha Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dashamyam Titau						Sun 23 Sutra 88
Tula Rasi: 19.33	Tithi 10	<b>Gulika</b> 8:29AM – 10:12AM	<b>Svati Until 6:43AM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:03AM	Durmukha 5118
		Yama 5:03AM – 6:46AM	Sadhya Until 4:52PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 13
	469931361	<b>Rahu</b> 1:38PM – 3:21PM	Tailila Until 11:13AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 12:17AM Fri</b>	Moon – Green		<b>Devaloka Day</b>
Until 6:43AM				<b>Ashada•Ani</b>		
Then Creative Work - Siddha Yoga						

<b>2 Friday, July 15, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal
Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 24 Sutra 89
Vrischika Rasi: 1.31	Tithi 11	<b>Gulika</b> 6:47AM – 8:30AM	<b>Vishakha Until 9:35AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:04AM	Durmukha 5118
		Yama 3:21PM – 5:03PM	Subha Until 5:31PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 13
	479931361	<b>Rahu</b> 10:12AM – 11:55AM	Vanija Until 1:17PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 2:09AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Ashada•Ani</b>		Devaloka Time: 12:PM to 3:PM

<b>3 Saturday, July 16, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal
Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau						Sun 25 Sutra 90
Vrischika Rasi: 13.38	Tithi 12	<b>Gulika</b> 5:04AM – 6:47AM	<b>Anuradha Until 11:55AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:04AM	Durmukha 5118
		Yama 1:38PM – 3:21PM	Sukla Until 5:49PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 13
	479931361	<b>Rahu</b> 8:30AM – 10:13AM	Bava Until 2:56PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 3:33AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Ashada•Adi</b>		Devaloka Time: 12:PM to 3:PM

<b>4 Sunday, July 17, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal
Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau						Sun 26 Sutra 91
Vrischika Rasi: 25.58	Tithi 13	<b>Gulika</b> 3:20PM – 5:03PM	<b>Jyeshtha* Until 1:35PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:05AM	Durmukha 5118
		Yama 11:55AM – 1:38PM	Brahma Until 5:43PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 13
	479931362	<b>Rahu</b> 5:03PM – 6:46PM	Kaulava Until 4:04PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 4:25AM Mon</b>	Moon – Orange		<b>Devaloka Day</b>
Until 1:35PM			<i>Pradosha Vrata</i>	<b>Ashada•Adi</b>		
Then Creative Work - Amrita Yoga						

<b>5 Monday, July 18, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal
Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau						Sun 27 Sutra 92
Dhanus Rasi: 8.31	Tithi 14	<b>Gulika</b> 1:38PM – 3:20PM	<b>Mula* Until 3:03PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:06AM	Durmukha 5118
<b>Family Home Evening</b>		Yama 10:13AM – 11:55AM	Indra Until 5:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	489931362	<b>Rahu</b> 6:48AM – 8:30AM	Gara Until 4:40PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 4:44AM Tue</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Until 3:03PM				<b>Ashada•Adi</b>		
Then Routine Work - Marana Yoga						

<b>○ Tuesday, July 19, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal
<b>Copper Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 93
Dhanus Rasi: 21.2	Tithi 15	<b>Gulika</b> 11:55AM – 1:38PM	<b>Purvashadha* Until 3:50PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:06AM	Durmukha 5118
		Yama 8:31AM – 10:13AM	Vaidhriti* Until 4:14PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13
	481931362	<b>Rahu</b> 3:20PM – 5:02PM	Visti Until 4:42PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 4:31AM Wed</b>	Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 3:50PM		<b>Satguru Purnima</b>		<b>Ashada•Adi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Wednesday, July 20, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal
<b>Silver Retreat Star</b>		Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 94
Makara Rasi: 4.25	Tithi 16	<b>Gulika</b> 10:13AM – 11:55AM	<b>Uttarashadha Until 3:57PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:07AM	Durmukha 5118
		Yama 6:49AM – 8:31AM	Vishkambha* Until 2:52PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 13
	481931362	<b>Rahu</b> 11:55AM – 1:38PM	Balava Until 4:15PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 3:50AM Thu</b>	Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 3:57PM				<b>Ashada•Adi</b>		
Then Creative Work - Siddha Yoga						



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Kathmandu, Nepal

Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Sutra 95

Makara Rasi: 17.44    Tiithi 17

Gulika 8:31AM - 10:13AM

Shravana Until 3:56PM

Ganesh: Yellow    Sunrise: 5:07AM

Durmukha 5118

Yama 5:07AM - 6:49AM

Priti Until 1:10PM

Muruga: Clear    Sunset: 6:44PM

Moon 7 - Phase 14

491931362 Rahu 1:38PM - 3:20PM

Taitila Until 3:21PM

Nataraja: Clear

1st Phase

Creative Work    Siddha Yoga

Dvitiya Until 2:44AM Fri

Moon - Purple  
Ashada•Adi

Sivaloka Day

1

Friday, July 22, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kathmandu, Nepal

Kumbha Rasi: 1.17    Tiithi 18

Gulika 6:50AM - 8:32AM

Dhanishtha Until 3:25PM

Ganesh: Yellow    Sunrise: 5:08AM

Durmukha 5118

Yama 3:20PM - 5:02PM

Ayushman Until 11:08AM

Muruga: Clear    Sunset: 6:44PM

Moon 7 - Phase 14

491931362 Rahu 10:14AM - 11:56AM

Vanija Until 2:05PM

Nataraja: Clear

1st Phase

Creative Work    Siddha Yoga

Tritiya Until 1:19AM Sat

Moon - Purple  
Ashada•Adi

Sivaloka Day

2

Saturday, July 23, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaprossthapada\* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal

Kumbha Rasi: 15.02    Tiithi 19

Gulika 5:08AM - 6:50AM

Shatabhishak Until 2:27PM

Ganesh: Yellow    Sunrise: 5:08AM

Durmukha 5118

Yama 1:37PM - 3:19PM

Saubhagya Until 8:52AM

Muruga: Clear    Sunset: 6:43PM

Moon 7 - Phase 14

491931362 Rahu 8:32AM - 10:14AM

Bava Until 12:31PM

Nataraja: Clear

1st Phase

Creative Work    Amrita Yoga

Chaturthi\* Until 11:38PM

Moon - Purple  
Ashada•Adi

Sivaloka Day

Until 2:27PM

Then Routine Work - Marana Yoga

3

Sunday, July 24, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprossthapada\*/Uttarprosthapada Nakshatra Sobhana/Alhiganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal

Kumbha Rasi: 28.55    Tiithi 20

Gulika 3:19PM - 5:01PM

Purvaprossthapada\* Until 1:34PM

Ganesh: Red    Sunrise: 5:09AM

Durmukha 5118

Yama 11:56AM - 1:37PM

Sobhana Until 6:26AM

Muruga: Clear    Sunset: 6:43PM

Moon 7 - Phase 14

411931362 Rahu 5:01PM - 6:43PM

Kaulava Until 10:44AM

Nataraja: Clear

1st Phase

Creative Work    Siddha Yoga

Panchami Until 9:45PM

Moon - Clear  
Ashada•Adi

Sivaloka Day

Until 1:34PM

Then Creative Work - Amrita Yoga

4

Monday, July 25, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarprosthapada/Revati Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal

Meena Rasi: 12.55    Tiithi 21

Gulika 1:37PM - 3:19PM

Uttarprosthapada Until 12:22PM

Ganesh: Red    Sunrise: 5:09AM

Durmukha 5118

Yama 10:14AM - 11:56AM

Sukarma Until 1:06AM Tue

Muruga: Clear    Sunset: 6:42PM

Moon 7 - Phase 14

Family Home Evening    411931362 Rahu 6:51AM - 8:32AM

Gara Until 8:47AM

Nataraja: Clear

1st Phase

Creative Work    Siddha Yoga

Shashthi\* Until 7:44PM

Moon - Clear  
Ashada•Adi

Sivaloka Day

5

Tuesday, July 26, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal

Meena Rasi: 27.01    Tiithi 22 - 23

Gulika 11:56AM - 1:37PM

Revati Until 10:55AM

Ganesh: Red    Sunrise: 5:10AM

Durmukha 5118

Yama 8:33AM - 10:14AM

Dhriti Until 10:18PM

Muruga: Clear    Sunset: 6:41PM

Moon 7 - Phase 14

411931362 Rahu 3:19PM - 5:00PM

Visti Until 6:41AM

Nataraja: Clear

1st Phase

Creative Work    Siddha Yoga

Saptami Until 5:36PM

Moon - Clear  
Ashada•Adi

Sivaloka Day

D

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal

Mesha Rasi: 11.1    Tiithi 23 - 24

Gulika 10:14AM - 11:56AM

Ashvini Until 9:38AM

Ganesh: Green    Sunrise: 5:10AM

Durmukha 5118

Yama 6:52AM - 8:33AM

Shula\* Until 7:25PM

Muruga: Clear    Sunset: 6:41PM

Moon 7 - Phase 14

421931362 Rahu 11:56AM - 1:37PM

Taitila Until 2:16AM Thu

Nataraja: Clear

Ashtami

Routine Work    Marana Yoga

Ashtami\* Until 3:22PM

Moon - White  
Ashada•Adi

Subha Sivaloka Day

Until 9:38AM

Then Creative Work - Siddha Yoga

Thursday, July 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kathmandu, Nepal

Mesha Rasi: 25.22    Tiithi 24 - 25

Gulika 8:33AM - 10:14AM

Bharani Until 8:10AM

Ganesh: Green    Sunrise: 5:11AM

Durmukha 5118

Yama 5:11AM - 6:52AM

Ganda\* Until 4:32PM

Muruga: Clear    Sunset: 6:40PM

Moon 7 - Phase 14

421931362 Rahu 1:37PM - 3:18PM

Vanija Until 11:59PM

Nataraja: Clear

Navami

Creative Work    Siddha Yoga

Navami\* Until 1:06PM

Moon - White  
Ashada•Adi

Subha Sivaloka Day

Until 8:10AM

Then Routine Work - Marana Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1 Friday, July 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekashyam Titau				Kathmandu, Nepal Sun 8 Sutra 103 Durmukha 5118	
Vrishabha Rasi: 9.35	Tithi 25 – 26	<b>Gulika</b> 6:52AM – 8:33AM	<b>Krittika</b> Until 6:33AM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:11AM		
		Yama 3:18PM – 4:59PM	Vridhhi Until 1:39PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 15	
		422931362 <b>Rahu</b> 10:14AM – 11:56AM	Bava Until 9:44PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 10:50AM	Moon – White		<b>Sivaloka Day</b>	
Until 6:33AM				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>2 Saturday, July 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Kathmandu, Nepal Sun 9 Sutra 104 Durmukha 5118	
Vrishabha Rasi: 23.46	Tithi 26 – 27	<b>Gulika</b> 5:12AM – 6:53AM	<b>Mrigashira</b> Until 3:57AM Sun	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:12AM		
		Yama 1:36PM – 3:17PM	Dhruva Until 10:48AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 15	
		432931362 <b>Rahu</b> 8:34AM – 10:15AM	Kaulava Until 7:35PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:38AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>3 Sunday, July 31, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 10 Sutra 105 Durmukha 5118	
Mithuna Rasi: 7.51	Tithi 27 – 28	<b>Gulika</b> 3:17PM – 4:58PM	<b>Ardra</b> Until 2:43AM Mon	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:12AM		
		Yama 11:55AM – 1:36PM	Vyaghata* Until 8:05AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 15	
		432131362 <b>Rahu</b> 4:58PM – 6:38PM	Vanija Until 4:44AM Mon	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 6:34AM	Moon – Yellow		<b>Devaloka Day</b>	
Until 2:43AM Mon			<i>Pradosha Vrata (Fasting)</i>	<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>4 Monday, August 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 11 Sutra 106 Durmukha 5118	
Mithuna Rasi: 21.48	Tithi 29	<b>Gulika</b> 1:36PM – 3:17PM	<b>Punarvasu</b> Until 2:07AM Tue	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:13AM		
<b>Family Home Evening</b>		Yama 10:15AM – 11:55AM	Vajra* Until 3:20AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 15	
		442131362 <b>Rahu</b> 6:54AM – 8:34AM	Visti Until 3:57PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 3:15AM Tue	Moon – Blue		<b>Devaloka Day</b>	
Until 2:07AM Tue				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>● Tuesday, August 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal Sun 12 Sutra 107 Durmukha 5118	
<b>Retreat Star</b>		<b>Gulika</b> 11:55AM – 1:36PM	<b>Pushya</b> Until 1:48AM Wed	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:13AM		
Kataka Rasi: 5.32	Tithi 30	Yama 8:34AM – 10:15AM	Siddhi Until 1:28AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 15	
		442131362 <b>Rahu</b> 3:16PM – 4:57PM	Catuspada Until 2:41PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:13AM Wed	Moon – Blue		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>Wednesday, August 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal Sun 13 Sutra 108 Durmukha 5118	
<b>Retreat Star</b>		<b>Gulika</b> 10:15AM – 11:55AM	<b>Ashlesha*</b> Until 1:54AM Thu	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:14AM		
Kataka Rasi: 18.59	Tithi 1	Yama 6:54AM – 8:35AM	Vyatipata* Until 12:03AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 15	
		442131362 <b>Rahu</b> 11:55AM – 1:36PM	Kintughna Until 1:55PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:44AM Thu	Moon – Blue		<b>Devaloka Day</b>	
Until 1:54AM Thu				<b>Sravana*Adi</b>			
Then Creative Work - Amrita Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1 Thursday, August 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 14 Sutra 109 Durmukha 5118
Simha Rasi: 2.08	Tithi 2	<b>Gulika</b> 8:35AM – 10:15AM Yama 5:14AM – 6:55AM Rahu 1:35PM – 3:15PM	<b>Magha* Until 2:55AM Fri</b> Variyan Until 11:07PM Balava Until 1:45PM Dvitiya Until 1:54AM Fri	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Red <b>Sravana-Adi</b>	<i>Sunrise:</i> 5:14AM <i>Sunset:</i> 6:36PM	Moon 7 - Phase 16 3rd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 2:55AM Fri Then Creative Work - Siddha Yoga						

<b>2 Friday, August 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 110 Durmukha 5118
Simha Rasi: 14.57	Tithi 3	<b>Gulika</b> 6:55AM – 8:35AM Yama 3:15PM – 4:55PM Rahu 10:15AM – 11:55AM	<b>Purvaphalguni Until 4:25AM Sat</b> Parigha* Until 10:43PM Tailila Until 2:15PM Tritiya Until 2:43AM Sat	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Red <b>Sravana-Adi</b>	<i>Sunrise:</i> 5:15AM <i>Sunset:</i> 6:35PM	Moon 7 - Phase 16 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 4:25AM Sat Then Routine Work - Marana Yoga						

<b>3 Saturday, August 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Kathmandu, Nepal Sun 16 Sutra 111 Durmukha 5118
Simha Rasi: 27.28	Tithi 4	<b>Gulika</b> 5:16AM – 6:55AM Yama 1:35PM – 3:15PM Rahu 8:35AM – 10:15AM	<b>Uttaraphalguni Until 6:21AM Sun</b> Shiva Until 10:49PM Vanija Until 3:23PM Chaturthi* Until 4:09AM Sun	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Red <b>Sravana-Adi</b>	<i>Sunrise:</i> 5:16AM <i>Sunset:</i> 6:34PM	Moon 7 - Phase 16 3rd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 6:21AM Sun Then Creative Work - Amrita Yoga						

<b>4 Sunday, August 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal Sun 17 Sutra 112 Durmukha 5118
Kanya Rasi: 9.44	Tithi 5	<b>Gulika</b> 3:14PM – 4:54PM Yama 11:55AM – 1:34PM Rahu 4:54PM – 6:33PM	<b>Uttaraphalguni Until 6:21AM</b> Siddha Until 11:17PM Bava Until 5:05PM Panchami Until 6:04AM Mon	<b>Ganesha:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> Clear Moon – Red <b>Sravana-Adi</b>	<i>Sunrise:</i> 5:16AM <i>Sunset:</i> 6:33PM	Moon 7 - Phase 16 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Creative Work Amrita Yoga						

<b>5 Monday, August 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 18 Sutra 113 Durmukha 5118
Kanya Rasi: 21.47	Tithi 5 – 6	<b>Gulika</b> 1:34PM – 3:14PM Yama 10:15AM – 11:55AM Rahu 6:56AM – 8:36AM	<b>Hasta Until 9:05AM</b> Sadhya Until 12:04AM Tue Kaulava Until 7:12PM Panchami Until 6:04AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Clear Moon – Green <b>Sravana-Adi</b>	<i>Sunrise:</i> 5:17AM <i>Sunset:</i> 6:33PM	Moon 7 - Phase 16 3rd Phase <b>Devaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Until 9:05AM Then Routine Work - Prabalarishta Yoga		<b>Nag Panchami</b>				

<b>6 Tuesday, August 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 19 Sutra 114 Durmukha 5118
Tula Rasi: 3.43	Tithi 6 – 7	<b>Gulika</b> 11:54AM – 1:34PM Yama 8:36AM – 10:15AM Rahu 3:13PM – 4:52PM	<b>Chitra Until 11:56AM</b> Subha Until 1:00AM Wed Gara Until 9:33PM Shashthi* Until 8:20AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Clear Moon – Green <b>Sravana-Adi</b>	<i>Sunrise:</i> 5:17AM <i>Sunset:</i> 6:32PM	Moon 7 - Phase 16 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga						

<b>Wednesday, August 10, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 20 Sutra 115 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> 10:15AM – 11:54AM Yama 6:57AM – 8:36AM Rahu 11:54AM – 1:33PM	<b>Svati Until 2:43PM</b> Sukla Until 1:53AM Thu Visti Until 11:55PM Saptami Until 10:43AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Clear Moon – Green <b>Sravana-Adi</b>	<i>Sunrise:</i> 5:18AM <i>Sunset:</i> 6:31PM	Moon 7 - Phase 16 Ashtami <b>Devaloka Day</b>
Tula Rasi: 15.35 Tithi 7 – 8 Creative Work Siddha Yoga						

<b>Thursday, August 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 21 Sutra 116 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> 8:36AM – 10:15AM Yama 5:18AM – 6:57AM Rahu 1:33PM – 3:12PM	<b>Vishakha Until 5:43PM</b> Brahma Until 2:38AM Fri Balava Until 2:05AM Fri Ashtami* Until 1:01PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>	<i>Sunrise:</i> 5:18AM <i>Sunset:</i> 6:30PM	Moon 7 - Phase 16 Navami <b>Devaloka Day</b>
Tula Rasi: 27.29 Tithi 8 – 9 Creative Work Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>1</b>	<b>Friday, August 12, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kathmandu, Nepal Sun 22 Sutra 117 Durmukha 5118
	Vrischika Rasi: 9.29    Tihti 9 – 10 473141362	<b>Gulika</b> 6:58AM – 8:36AM Yama 3:12PM – 4:50PM <b>Rahu</b> 10:15AM – 11:54AM  Varalakshmi Vratam	<b>Anuradha Until 8:14PM</b> Indra Until 3:07AM Sat Taitila Until 3:52AM Sat Navami* Until 3:01PM

<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:19AM	Moon 7 - Phase 17 4th Phase
<b>Muruga:</b> Purple <i>Sunset:</i> 6:29PM	
<b>Nataraja:</b> Clear	
Moon – Orange	
<b>Devaloka Day</b>	

<b>2</b>	<b>Saturday, August 13, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 23 Sutra 118 Durmukha 5118
	Vrischika Rasi: 21.38    Tihti 10 – 11 473141362	<b>Gulika</b> 5:19AM – 6:58AM Yama 1:32PM – 3:11PM <b>Rahu</b> 8:36AM – 10:15AM  Varalakshmi Vratam	<b>Jyeshtha* Until 10:07PM</b> Vaidhriti* Until 3:09AM Sun Vanija Until 5:08AM Sun Dashami Until 4:34PM

<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:19AM	Moon 7 - Phase 17 4th Phase
<b>Muruga:</b> Purple <i>Sunset:</i> 6:28PM	
<b>Nataraja:</b> Clear	
Moon – Orange	
<b>Devaloka Day</b>	

<b>3</b>	<b>Sunday, August 14, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau	Kathmandu, Nepal Sun 24 Sutra 119 Durmukha 5118
	Dhanus Rasi: 4    Tihti 11 – 12 483141362	<b>Gulika</b> 3:11PM – 4:49PM Yama 11:54AM – 1:32PM <b>Rahu</b> 4:49PM – 6:28PM  Amrita Yoga	<b>Mula* Until 11:44PM</b> Vishkambha* Until 2:43AM Mon Bava Until 5:47AM Mon Ekadashi Until 5:32PM

<b>Ganesh:</b> White <i>Sunrise:</i> 5:20AM	Moon 7 - Phase 17 4th Phase
<b>Muruga:</b> Purple <i>Sunset:</i> 6:28PM	
<b>Nataraja:</b> Clear	
Moon – Light Blue	
<b>Sivaloka Day</b>	

<b>4</b>	<b>Monday, August 15, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau	Kathmandu, Nepal Sun 25 Sutra 120 Durmukha 5118
	Dhanus Rasi: 16.39    Tihti 12 – 13 <b>Family Home Evening</b> 483141362	<b>Gulika</b> 1:32PM – 3:10PM Yama 10:15AM – 11:53AM <b>Rahu</b> 6:59AM – 8:37AM  Marana Yoga	<b>Purvashadha* Until 12:34AM Tue</b> Priti Until 1:48AM Tue Kaulava Until 5:46AM Tue Dvodashi Until 5:51PM <i>Pradosha Vrata</i>


<b>Ganesh:</b> White <i>Sunrise:</i> 5:20AM	Moon 7 - Phase 17 4th Phase
<b>Muruga:</b> Purple <i>Sunset:</i> 6:27PM	
<b>Nataraja:</b> Clear	
Moon – Light Blue	
<b>Sivaloka Day</b>	

<b>5</b>	<b>Tuesday, August 16, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 26 Sutra 121 Durmukha 5118
	Dhanus Rasi: 29.37    Tihti 13 – 14 483141362	<b>Gulika</b> 11:53AM – 1:31PM Yama 8:37AM – 10:15AM <b>Rahu</b> 3:09PM – 4:48PM  Prabalarishta Yoga	<b>Uttarashadha Until 12:36AM Wed</b> Ayushman Until 12:19AM Wed Gara Until 5:07AM Wed Trayodashi Until 5:30PM

<b>Ganesh:</b> White <i>Sunrise:</i> 5:21AM	Moon 7 - Phase 17 4th Phase
<b>Muruga:</b> Purple <i>Sunset:</i> 6:26PM	
<b>Nataraja:</b> Clear	
Moon – Light Blue	
<b>Sivaloka Day</b>	

<b>6</b>	<b>Wednesday, August 17, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Kathmandu, Nepal Sun 27 Sutra 122 Durmukha 5118
	Makara Rasi: 12.56    Tihti 14 – 15 593141362	<b>Gulika</b> 10:15AM – 11:53AM Yama 6:59AM – 8:37AM <b>Rahu</b> 11:53AM – 1:31PM  Siddha Yoga	<b>Shravana Until 12:20AM Thu</b> Saubhagya Until 10:22PM Visti Until 3:52AM Thu Chaturdashi* Until 4:32PM

<b>Ganesh:</b> White <i>Sunrise:</i> 5:21AM	Moon 7 - Phase 17 4th Phase
<b>Muruga:</b> Purple <i>Sunset:</i> 6:25PM	
<b>Nataraja:</b> Clear	
Moon – Purple	
<b>Sivaloka Day</b>	

	<b>Thursday, August 18, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Kathmandu, Nepal Sun 28 Sutra 123 Durmukha 5118
	Makara Rasi: 26.34    Tihti 15 – 16 593141362	<b>Gulika</b> 8:37AM – 10:15AM Yama 5:22AM – 6:59AM <b>Rahu</b> 1:31PM – 3:08PM  Siddha Yoga	<b>Dhanishtha Until 11:24PM</b> Sobhana Until 8:00PM Balava Until 2:07AM Fri Purnima* Until 3:01PM

<b>Ganesh:</b> White <i>Sunrise:</i> 5:22AM	Moon 7 - Phase 17 Purnima
<b>Muruga:</b> Purple <i>Sunset:</i> 6:24PM	
<b>Nataraja:</b> Clear	
Moon – Purple	
<b>Sivaloka Day</b>	

<b>Friday, August 19, 2016</b>	<b>Silver Retreat Star</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Kathmandu, Nepal Sun 29 Sutra 124 Durmukha 5118
	Kumbha Rasi: 10.31    Tihti 16 – 17 593141362	<b>Gulika</b> 7:00AM – 8:37AM Yama 3:08PM – 4:45PM <b>Rahu</b> 10:15AM – 11:53AM  Siddha Yoga	<b>Shatabhishak Until 9:56PM</b> Athiganda* Until 5:16PM Taitila Until 11:59PM Prathama* Until 1:04PM

<b>Ganesh:</b> White <i>Sunrise:</i> 5:22AM	Moon 7 - Phase 17 Prathama
<b>Muruga:</b> Purple <i>Sunset:</i> 6:23PM	
<b>Nataraja:</b> Clear	
Moon – Purple	
<b>Sivaloka Day</b>	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda





Saturday, August 20, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 125

Durmukha 5118

Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 24.41 Tihi 17 - 18

513141362

**Gulika** 5:23AM - 7:00AM  
**Yama** 1:30PM - 3:07PM  
**Rahu** 8:37AM - 10:15AM

**Purvaproshtapada\* Until 8:29PM**  
Sukarma Until 2:18PM  
Vanija Until 9:35PM  
**Dvitiya Until 10:47AM**

**Ganesh:** White *Sunrise:* 5:23AM  
**Muruga:** Purple *Sunset:* 6:22PM  
**Nataraja:** Clear  
Moon - Clear  
**Sravana-Avani**

**Sivaloka Day**

Routine Work Marana Yoga  
Until 8:29PM

Then Creative Work - Siddha Yoga

1

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Kathmandu, Nepal

Sun 2 Sutra 126

Durmukha 5118

Moon 8 - Phase 18  
1st Phase

Meena Rasi: 9.01 Tihi 18 - 19

513141362

**Gulika** 3:06PM - 4:44PM  
**Yama** 11:52AM - 1:29PM  
**Rahu** 4:44PM - 6:21PM

**Uttaraproshtapada Until 6:43PM**  
Dhriti Until 11:12AM  
Bava Until 7:02PM  
**Tritiya Until 8:18AM**

**Ganesh:** White *Sunrise:* 5:23AM  
**Muruga:** Purple *Sunset:* 6:21PM  
**Nataraja:** Clear  
Moon - Clear  
**Sravana-Avani**

**Sivaloka Day**

Creative Work Amrita Yoga

2

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal

Sun 3 Sutra 127

Durmukha 5118

Moon 8 - Phase 18  
1st Phase

Meena Rasi: 23.26 Tihi 20

513141362

**Gulika** 1:29PM - 3:06PM  
**Yama** 10:15AM - 11:52AM  
**Rahu** 7:01AM - 8:38AM

**Revati Until 4:46PM**  
Shula\* Until 7:59AM  
Kaulava Until 4:26PM  
**Panchami Until 3:07AM Tue**

**Ganesh:** White *Sunrise:* 5:24AM  
**Muruga:** Purple *Sunset:* 6:20PM  
**Nataraja:** Clear  
Moon - Clear  
**Sravana-Avani**

**Sivaloka Day**

Family Home Evening  
Creative Work Siddha Yoga

3

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal

Sun 4 Sutra 128

Durmukha 5118

Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 7.5 Tihi 21

523141362

**Gulika** 11:52AM - 1:28PM  
**Yama** 8:38AM - 10:15AM  
**Rahu** 3:05PM - 4:42PM

**Ashvini Until 3:09PM**  
Vriddhi Until 1:42AM Wed  
Gara Until 1:53PM  
**Shashthi\* Until 12:37AM Wed**

**Ganesh:** Clear *Sunrise:* 5:24AM  
**Muruga:** Purple *Sunset:* 6:19PM  
**Nataraja:** Clear  
Moon - White  
**Sravana-Avani**

**Devaloka Day**

Creative Work Siddha Yoga

4

Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 5 Sutra 129

Durmukha 5118

Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 22.11 Tihi 22

523141362

**Gulika** 10:15AM - 11:51AM  
**Yama** 7:01AM - 8:38AM  
**Rahu** 11:51AM - 1:28PM

**Bharani Until 1:31PM**  
Dhruva Until 10:43PM  
Visti Until 11:27AM  
**Saptami Until 10:17PM**

**Ganesh:** Clear *Sunrise:* 5:25AM  
**Muruga:** Purple *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon - White  
**Sravana-Avani**

**Devaloka Day**

Creative Work Siddha Yoga

Until 1:31PM  
Then Creative Work - Amrita Yoga

●

Thursday, August 25, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 130

Durmukha 5118

Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 6.25 Tihi 23

523241362

**Gulika** 8:38AM - 10:15AM  
**Yama** 5:25AM - 7:02AM  
**Rahu** 1:27PM - 3:04PM

**Krittika Until 11:56AM**  
Vyaghata\* Until 7:55PM  
Balava Until 9:12AM  
**Ashtami\* Until 8:09PM**

**Ganesh:** White *Sunrise:* 5:25AM  
**Muruga:** Purple *Sunset:* 6:17PM  
**Nataraja:** Clear  
Moon - White  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Krishna Janmashtami

Friday, August 26, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 131

Durmukha 5118

Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 20.29 Tihi 24

534241362

**Gulika** 7:02AM - 8:38AM  
**Yama** 3:03PM - 4:40PM  
**Rahu** 10:14AM - 11:51AM

**Rohini Until 10:52AM**  
Harshana Until 5:19PM  
Taitila Until 7:12AM  
**Navami\* Until 6:16PM**

**Ganesh:** Purple *Sunrise:* 5:26AM  
**Muruga:** Purple *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon - Yellow  
**Sravana-Avani**

**Sivaloka Day**

Routine Work Marana Yoga

Until 10:52AM


Then Creative Work - Siddha Yoga


<b>1</b>	<b>Saturday, August 27, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 8 Sutra 132 Durmukha 5118
	Mithuna Rasi: 4.23	Tithi 25 – 26	<b>Gulika</b> 5:26AM – 7:02AM	<b>Mrigashira</b> Until 9:56AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:26AM	
			Yama 1:27PM – 3:03PM	Vajra* Until 2:57PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	534241363 <b>Rahu</b> 8:38AM – 10:14AM	Bava Until 4:02AM Sun	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami</b> Until 4:41PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>	<b>Sunday, August 28, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 133 Durmukha 5118
	Mithuna Rasi: 18.07	Tithi 26 – 27	<b>Gulika</b> 3:02PM – 4:38PM	<b>Ardra</b> Until 9:10AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:27AM	
			Yama 11:50AM – 1:26PM	Siddhi Until 12:50PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	534241363 <b>Rahu</b> 4:38PM – 6:14PM	Kaulava Until 2:57AM Mon	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi*</b> Until 3:25PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>3</b>	<b>Monday, August 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 10 Sutra 134 Durmukha 5118
	Kataka Rasi: 1.37	Tithi 27 – 28	<b>Gulika</b> 1:26PM – 3:01PM	<b>Punarvasu</b> Until 9:03AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:27AM	
	<b>Family Home Evening</b>		Yama 10:14AM – 11:50AM	Vyatipata* Until 11:02AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 19
	Creative Work	Amrita Yoga	544241363 <b>Rahu</b> 7:03AM – 8:38AM	Gara Until 2:15AM Tue	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dvadashi*</b> Until 2:32PM	Moon – Blue		<b>Bhuloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Tuesday, August 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 11 Sutra 135 Durmukha 5118
	Kataka Rasi: 14.55	Tithi 28 – 29	<b>Gulika</b> 11:50AM – 1:25PM	<b>Pushya</b> Until 9:11AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:27AM	
			Yama 8:38AM – 10:14AM	Variyan Until 9:32AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	544241363 <b>Rahu</b> 3:01PM – 4:36PM	Visti Until 2:00AM Wed	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi*</b> Until 2:03PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

	<b>Wednesday, August 31, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 12 Sutra 136 Durmukha 5118
	<b>Retreat Star</b>		<b>Gulika</b> 10:14AM – 11:49AM	<b>Ashlesha*</b> Until 9:36AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:28AM	
	Kataka Rasi: 27.58	Tithi 29 – 30	Yama 7:03AM – 8:39AM	Parigha* Until 8:24AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 19
	Creative Work	Siddha Yoga	544241363 <b>Rahu</b> 11:49AM – 1:25PM	Catuspada Until 2:14AM Thu	<b>Nataraja:</b> Purple		Amavasya
			<b>Chaturdashi*</b> Until 2:02PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

	<b>Thursday, September 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 13 Sutra 137 Durmukha 5118
	<b>Retreat Star</b>		<b>Gulika</b> 8:39AM – 10:14AM	<b>Magha*</b> Until 10:49AM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:28AM	
	Simha Rasi: 10.46	Tithi 30 – 1	Yama 5:28AM – 7:03AM	Shiva Until 7:41AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 19
	Creative Work	Amrita Yoga	554241363 <b>Rahu</b> 1:24PM – 2:59PM	Kintughna Until 2:59AM Fri	<b>Nataraja:</b> Purple		Prathama
			<b>Annular Solar Eclipse</b>	Moon – Red		<b>Bhuloka Day</b>	
			<b>Amavasya*</b> Until 2:32PM	<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>		<b>Friday, September 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kathmandu, Nepal Sun 14 Sutra 138	
Simha Rasi: 23.21	Tithi 1 – 2	<b>Gulika</b> 7:04AM – 8:39AM	<b>Purvaphalguni Until 12:24PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:29AM	Durmukha 5118	
		<b>Yama</b> 2:58PM – 4:33PM	Siddha Until 7:19AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 20	
		554241363 <b>Rahu</b> 10:14AM – 11:49AM	Balava Until 4:15AM Sat	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Prathama* Until 3:32PM</b>	Moon – Red			<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>			Devaloka Time: 9:AM to 12:PM
<b>2</b>		<b>Saturday, September 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 139	
Kanya Rasi: 5.41	Tithi 2 – 3	<b>Gulika</b> 5:29AM – 7:04AM	<b>Uttaraphalguni Until 2:17PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:29AM	Durmukha 5118	
		<b>Yama</b> 1:23PM – 2:58PM	Sadhya Until 7:23AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 20	
		554241363 <b>Rahu</b> 8:39AM – 10:13AM	Taitila Until 5:59AM Sun	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya Until 5:03PM</b>	Moon – Red			<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>			Devaloka Time: 9:AM to 12:PM
<b>3</b>		<b>Sunday, September 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Gara Karana Tritiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 140	
Kanya Rasi: 17.5	Tithi 3	<b>Gulika</b> 2:57PM – 4:32PM	<b>Hasta Until 4:55PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:30AM	Durmukha 5118	
		<b>Yama</b> 11:48AM – 1:22PM	Subha Until 7:48AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 20	
		564241363 <b>Rahu</b> 4:32PM – 6:06PM	Gara Until 6:59PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya Until 6:59PM</b>	Moon – Green			<b>Bhuloka Day</b>
Until 4:55PM				<b>Bhadrapada-Avani</b>			Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Monday, September 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau		Kathmandu, Nepal Sun 17 Sutra 141	
Kanya Rasi: 29.51	Tithi 4	<b>Gulika</b> 1:22PM – 2:56PM	<b>Chitra Until 7:42PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:30AM	Durmukha 5118	
<b>Family Home Evening</b>		<b>Yama</b> 10:13AM – 11:48AM	Sukla Until 8:29AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 20	
Routine Work	Prabalarishta Yoga	564241363 <b>Rahu</b> 7:05AM – 8:39AM	Vanija Until 8:06AM	<b>Nataraja:</b> Purple		3rd Phase	
Until 7:42PM			<b>Chaturthi* Until 9:14PM</b>	Moon – Green			<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga		<b>Ganesh Chaturthi</b>		<b>Bhadrapada-Avani</b>			Devaloka Time: 9:AM to 12:PM
<b>5</b>		<b>Tuesday, September 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau		Kathmandu, Nepal Sun 18 Sutra 142	
Tula Rasi: 11.45	Tithi 5	<b>Gulika</b> 11:47AM – 1:21PM	<b>Svati Until 10:29PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:31AM	Durmukha 5118	
		<b>Yama</b> 8:39AM – 10:13AM	Brahma Until 9:21AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 20	
		564241363 <b>Rahu</b> 2:56PM – 4:30PM	Bava Until 10:28AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 11:40PM</b>	Moon – Green			<b>Bhuloka Day</b>
Until 10:29PM				<b>Bhadrapada-Avani</b>			Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Wednesday, September 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shasthyam Titau		Kathmandu, Nepal Sun 19 Sutra 143	
Tula Rasi: 23.37	Tithi 6	<b>Gulika</b> 10:13AM – 11:47AM	<b>Vishakha Until 1:37AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:31AM	Durmukha 5118	
		<b>Yama</b> 7:05AM – 8:39AM	Indra Until 10:18AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20	
		575241363 <b>Rahu</b> 11:47AM – 1:21PM	Kaulava Until 12:54PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 2:05AM Thu</b>	Moon – Orange			<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>			Devaloka Time: 6:AM to 9:AM
<b>Retreat Star</b>		<b>Thursday, September 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Kathmandu, Nepal Sun 20 Sutra 144	
Vrischika Rasi: 5.3	Tithi 7	<b>Gulika</b> 8:39AM – 10:13AM	<b>Anuradha Until 4:23AM Fri</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:32AM	Durmukha 5118	
		<b>Yama</b> 5:32AM – 7:05AM	Vaidhriti* Until 11:10AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20	
		575241363 <b>Rahu</b> 1:20PM – 2:54PM	Gara Until 3:15PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 4:18AM Fri</b>	Moon – Orange			<b>Bhuloka Day</b>
Until 4:23AM Fri				<b>Bhadrapada-Avani</b>			Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Friday, September 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau		Kathmandu, Nepal Sun 21 Sutra 145	
Vrischika Rasi: 17.28	Tithi 8	<b>Gulika</b> 7:06AM – 8:39AM	<b>Jyeshtha* Until 6:38AM Sat</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:32AM	Durmukha 5118	
		<b>Yama</b> 2:53PM – 4:27PM	Vishkambha* Until 11:50AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 20	
		575241363 <b>Rahu</b> 10:13AM – 11:46AM	Visti Until 5:18PM	<b>Nataraja:</b> Purple		Ashtami	
Routine Work	Marana Yoga		<b>Ashtami* Until 6:09AM Sat</b>	Moon – Orange			<b>Bhuloka Day</b>
Until 6:38AM Sat				<b>Bhadrapada-Avani</b>			Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Saturday, September 10, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kathmandu, Nepal Sun 22 Sutra 146	
Vrischika Rasi: 29.35	Tithi 8 – 9	<b>Gulika</b> 5:32AM – 7:06AM	<b>Jyeshtha* Until 6:38AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:32AM	Durmukha 5118	
		<b>Yama</b> 1:19PM – 2:53PM	Priti Until 12:12PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 20	
		575241363 <b>Rahu</b> 8:39AM – 10:12AM	Balava Until 6:54PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 6:09AM</b>	Moon – Orange			<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>			Devaloka Time: 6:AM to 9:AM

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 11, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailita Karana Navami/Dashmyam Titau				Kathmandu, Nepal Sun 23 Sutra 147
Dhanus Rasi: 11.55	Tithi 9 – 10	<b>Gulika</b> 2:52PM – 4:25PM	<b>Mula* Until 8:41AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:33AM	Durmukha 5118
		Yama 11:45AM – 1:19PM	Ayushman Until 12:06PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 8 - Phase 21
	585241363	<b>Rahu</b> 4:25PM – 5:58PM	Tailita Until 7:53PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Navami* Until 7:27AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 8:41AM		<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, September 12, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 148
Dhanus Rasi: 24.34	Tithi 10 – 11	<b>Gulika</b> 1:18PM – 2:51PM	<b>Purvashadha* Until 9:54AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:33AM	Durmukha 5118
<b>Family Home Evening</b>		Yama 10:12AM – 11:45AM	Saubhagya Until 11:28AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 21
	585241363	<b>Rahu</b> 7:06AM – 8:39AM	Vanija Until 8:09PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 8:05AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>		

<b>3 Tuesday, September 13, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Kathmandu, Nepal Sun 25 Sutra 149
Makara Rasi: 7.34	Tithi 11 – 12	<b>Gulika</b> 11:45AM – 1:18PM	<b>Uttarashadha Until 10:15AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:34AM	Durmukha 5118
		Yama 8:39AM – 10:12AM	Sobhana Until 10:15AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:56PM	Moon 8 - Phase 21
	585241363	<b>Rahu</b> 2:50PM – 4:23PM	Bava Until 7:39PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi Until 7:59AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 10:15AM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, September 14, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 150
Makara Rasi: 20.58	Tithi 12 – 13	<b>Gulika</b> 10:12AM – 11:44AM	<b>Shravana Until 10:09AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:34AM	Durmukha 5118
		Yama 7:07AM – 8:39AM	Athiganda* Until 8:25AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 21
	595241363	<b>Rahu</b> 11:44AM – 1:17PM	Kaulava Until 6:25PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvodashi Until 7:06AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 10:09AM		<b>Avani Avittam</b>		<b>Bhadrapada-Avani</b>	<i>Devaloka Time: 6:AM to 9:AM</i>	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

<b>5 Thursday, September 15, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 151
Kumbha Rasi: 4.47	Tithi 14	<b>Gulika</b> 8:39AM – 10:12AM	<b>Dhanishtha Until 9:12AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:35AM	Durmukha 5118
		Yama 5:35AM – 7:07AM	Sukarma Until 6:01AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 8 - Phase 21
	595241363	<b>Rahu</b> 1:16PM – 2:49PM	Gara Until 4:30PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:19AM Fri</b>	Moon – Purple		<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>	<i>Devaloka Time: 6:AM to 9:AM</i>	

<b>Friday, September 16, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Kathmandu, Nepal Sun 28 Sutra 152
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:07AM – 8:39AM	<b>Shatabhishak Until 7:32AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:35AM	Durmukha 5118
Kumbha Rasi: 18.59	Tithi 15	Yama 2:48PM – 4:20PM	Shula* Until 11:50PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 8 - Phase 21
	596241363	<b>Rahu</b> 10:12AM – 11:44AM	Visti Until 2:03PM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 12:38AM Sat</b>	Moon – Purple		<b>Devaloka Day</b>
		<b>Penumbra Lunar Eclipse</b>		<b>Bhadrapada-Puratasi</b>		

<b>Saturday, September 17, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sun 29 Sutra 153
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:36AM – 7:08AM	<b>Uttaraproshtapada Until 3:23AM Sun</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:36AM	Durmukha 5118
Meena Rasi: 3.31	Tithi 16	Yama 1:15PM – 2:47PM	Ganda* Until 8:15PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:51PM	Moon 8 - Phase 21
	516241363	<b>Rahu</b> 8:39AM – 10:11AM	Balava Until 11:11AM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 9:37PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 3:23AM Sun				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal  
Sun 1 Sutra 154

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Meena Rasi: 18.16      Tihti 17

**Gulika** 2:46PM – 4:18PM  
**Yama** 11:43AM – 1:15PM  
**Rahu** 4:18PM – 5:50PM

**Revati Until 12:47AM Mon**  
**Vriddhi Until 4:31PM**  
**Taitila Until 8:03AM**  
**Dvitiya Until 6:24PM**

**Ganesha:** Purple      *Sunrise:* 5:36AM  
**Muruga:** Purple      *Sunset:* 5:50PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Puratasi**

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 12:47AM Mon  
Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal  
Sun 2 Sutra 155

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 3.08      Tihti 18 – 19

**Family Home Evening**      526341363

Creative Work    Siddha Yoga

**Gulika** 1:14PM – 2:46PM  
**Yama** 10:11AM – 11:43AM  
**Rahu** 7:08AM – 8:40AM

**Ashvini Until 10:28PM**  
**Dhruva Until 12:43PM**  
**Bava Until 1:34AM Tue**  
**Tritiya Until 3:09PM**

**Ganesha:** Purple      *Sunrise:* 5:36AM  
**Muruga:** Purple      *Sunset:* 5:49PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal  
Sun 3 Sutra 156

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 17.58      Tihti 19 – 20

**Gulika** 11:42AM – 1:14PM  
**Yama** 8:40AM – 10:11AM  
**Rahu** 2:45PM – 4:16PM

**Bharani Until 8:10PM**  
**Vyaghata\* Until 8:59AM**  
**Kaulava Until 10:30PM**  
**Chaturthi\* Until 11:59AM**

**Ganesha:** Purple      *Sunrise:* 5:37AM  
**Muruga:** Purple      *Sunset:* 5:48PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Creative Work    Siddha Yoga

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal  
Sun 4 Sutra 157

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 2.38      Tihti 20 – 21

**Gulika** 10:11AM – 11:42AM  
**Yama** 7:09AM – 8:40AM  
**Rahu** 11:42AM – 1:13PM

**Krittika Until 6:00PM**  
**Vajra\* Until 2:08AM Thu**  
**Gara Until 7:44PM**  
**Panchami Until 9:03AM**

**Ganesha:** Purple      *Sunrise:* 5:37AM  
**Muruga:** Purple      *Sunset:* 5:46PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Creative Work    Amrita Yoga

Until 6:00PM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal  
Sun 5 Sutra 158

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 17.05      Tihti 21 – 22

**Gulika** 8:40AM – 10:11AM  
**Yama** 5:38AM – 7:09AM  
**Rahu** 1:13PM – 2:43PM

**Rohini Until 4:30PM**  
**Siddhi Until 11:12PM**  
**Bava Until 4:19AM Fri**  
**Shashthi\* Until 6:28AM**

**Ganesha:** Clear      *Sunrise:* 5:38AM  
**Muruga:** Purple      *Sunset:* 5:45PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work    Marana Yoga

5

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal  
Sun 6 Sutra 159

Durmukha 5118

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 1.14      Tihti 23

**Gulika** 7:09AM – 8:40AM  
**Yama** 2:43PM – 4:13PM  
**Rahu** 10:10AM – 11:41AM

**Mrigashira Until 3:20PM**  
**Vyatipata\* Until 8:40PM**  
**Balava Until 3:27PM**  
**Ashtami\* Until 2:41AM Sat**

**Ganesha:** Clear      *Sunrise:* 5:38AM  
**Muruga:** Purple      *Sunset:* 5:44PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal  
Sun 7 Sutra 160

Durmukha 5118

Moon 9 - Phase 22

Navami

Mithuna Rasi: 15.04      Tihti 24

**Gulika** 5:39AM – 7:09AM  
**Yama** 1:11PM – 2:42PM  
**Rahu** 8:40AM – 10:10AM

**Ardra Until 2:32PM**  
**Variyan Until 6:32PM**  
**Taitila Until 2:05PM**  
**Navami\* Until 1:35AM Sun**

**Ganesha:** White      *Sunrise:* 5:39AM  
**Muruga:** Purple      *Sunset:* 5:43PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Puratasi**

**Devaloka Day**

Creative Work    Siddha Yoga

<b>1 Sunday, September 25, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal			
Mithuna Rasi: 28.34    Tihti 25		Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau Sun 8    Sutra 161			
547341363		<b>Gulika</b> 2:41PM – 4:12PM	<b>Punarvasu</b> Until 2:35PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:39AM	Durmukha 5118
Creative Work    Siddha Yoga		Yama 11:41AM – 1:11PM	Parigha* Until 4:52PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:42PM	Moon 9 - Phase 23
		<b>Rahu</b> 4:12PM – 5:42PM	Vanija Until 1:16PM	<b>Nataraja:</b> Purple	2nd Phase
			<b>Dashami</b> Until 1:03AM Mon	Moon – Blue	<b>Bhuloka Day</b>
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM

<b>2 Monday, September 26, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Kathmandu, Nepal			
Kataka Rasi: 11.46    Tihti 26		Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau Sun 9    Sutra 162			
547341363		<b>Gulika</b> 1:10PM – 2:40PM	<b>Pushya</b> Until 3:01PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:40AM	Durmukha 5118
Creative Work    Siddha Yoga		Yama 10:10AM – 11:40AM	Shiva Until 3:38PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 23
		<b>Rahu</b> 7:10AM – 8:40AM	Bava Until 1:00PM	<b>Nataraja:</b> Purple	2nd Phase
			<b>Ekadashi*</b> Until 1:03AM Tue	Moon – Blue	<b>Bhuloka Day</b>
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM

<b>3 Tuesday, September 27, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal			
Kataka Rasi: 24.42    Tihti 27		Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 10    Sutra 163			
647341363		<b>Gulika</b> 11:40AM – 1:10PM	<b>Ashlesha*</b> Until 3:48PM	<b>Ganesh:</b> White <i>Sunrise:</i> 5:40AM	Durmukha 5118
Creative Work    Siddha Yoga		Yama 8:40AM – 10:10AM	Siddha Until 2:47PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:40PM	Moon 9 - Phase 23
		<b>Rahu</b> 2:40PM – 4:10PM	Kaulava Until 1:15PM	<b>Nataraja:</b> Purple	2nd Phase
			<b>Dvadashi*</b> Until 1:33AM Wed	Moon – Blue	<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

<b>4 Wednesday, September 28, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Kathmandu, Nepal			
Simha Rasi: 7.23    Tihti 28		Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11    Sutra 164			
657341363		<b>Gulika</b> 10:10AM – 11:40AM	<b>Magha*</b> Until 5:22PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:41AM	Durmukha 5118
Creative Work    Siddha Yoga		Yama 7:10AM – 8:40AM	Sadhya Until 2:20PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:38PM	Moon 9 - Phase 23
Until 5:22PM		<b>Rahu</b> 11:40AM – 1:09PM	Gara Until 2:01PM	<b>Nataraja:</b> Purple	2nd Phase
Then Creative Work - Amrita Yoga			<b>Trayodashi*</b> Until 2:32AM Thu	Moon – Red	<b>Bhuloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>	<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM

<b>5 Thursday, September 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Kathmandu, Nepal			
Simha Rasi: 19.52    Tihti 29		Purvaphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 12    Sutra 165			
657341363		<b>Gulika</b> 8:40AM – 10:10AM	<b>Purvaphalguni</b> Until 7:13PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:41AM	Durmukha 5118
Creative Work    Siddha Yoga		Yama 5:41AM – 7:11AM	Subha Until 2:15PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 23
		<b>Rahu</b> 1:09PM – 2:38PM	Visti Until 3:13PM	<b>Nataraja:</b> Purple	2nd Phase
			<b>Chaturdashi*</b> Until 3:57AM Fri	Moon – Red	<b>Bhuloka Day</b>
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM

<b>Friday, September 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal			
<b>Retreat Star</b>		Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 13    Sutra 166			
Kanya Rasi: 2.1    Tihti 30		Uttaraphalguni Until 9:17PM			
658341363		<b>Gulika</b> 7:11AM – 8:40AM	Sukla Until 2:26PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:42AM	Durmukha 5118
Creative Work    Siddha Yoga		Yama 2:38PM – 4:07PM	Catuspada Until 4:49PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:36PM	Moon 9 - Phase 23
Until 9:17PM		<b>Rahu</b> 10:10AM – 11:39AM	<b>Amavasya*</b> Until 5:44AM Sat	<b>Nataraja:</b> Purple	Amavasya
Then Creative Work - Amrita Yoga		<b>Mahalaya Amavasai (Tamil Nadu)</b>		Moon – Red	<b>Bhuloka Day</b>
				<b>Bhadrapada-Puratasi</b>	

<b>Saturday, October 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Kathmandu, Nepal			
<b>Retreat Star</b>		Hasta Nakshatra Brahma/Indra Yoga Kintughna* Karana Prathamayam Titau Sun 14    Sutra 167			
Kanya Rasi: 14.18    Tihti 1		Hasta Until 11:59PM			
668341363		<b>Gulika</b> 5:42AM – 7:11AM	Brahma Until 2:53PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:42AM	Durmukha 5118
Routine Work    Marana Yoga		Yama 1:08PM – 2:37PM	Kintughna Until 6:46PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:35PM	Moon 9 - Phase 23
		<b>Rahu</b> 8:40AM – 10:09AM	<b>Prathama*</b> Until 7:50AM Sun	<b>Nataraja:</b> Purple	Prathama
		<b>Navaratri Begins</b>		Moon – Green	<b>Bhuloka Day</b>
				<b>Ashvina-Puratasi</b>	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1 Sunday, October 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 168 Durmukha 5118
Kanya Rasi: 26.2	Tithi 1 – 2	<b>Gulika</b> 2:36PM – 4:05PM	<b>Chitra Until 2:46AM Mon</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:43AM		
		Yama 11:38AM – 1:07PM	Indra Until 3:35PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:34PM		Moon 9 - Phase 24 3rd Phase
	668341363	<b>Rahu</b> 4:05PM – 5:34PM	Balava Until 8:59PM	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Prathama* Until 7:50AM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 2:46AM Mon				<b>Ashvina•Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>2 Monday, October 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 169 Durmukha 5118
Tula Rasi: 8.16	Tithi 2 – 3	<b>Gulika</b> 1:07PM – 2:35PM	<b>Svati Until 5:32AM Tue</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:43AM		
<b>Family Home Evening</b>		Yama 10:09AM – 11:38AM	Vaidhriti* Until 4:24PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:33PM		Moon 9 - Phase 24 3rd Phase
	668341363	<b>Rahu</b> 7:12AM – 8:40AM	Taitila Until 11:24PM	<b>Nataraja:</b> Purple		
Creative Work Amrita Yoga			<b>Dvitiya Until 10:09AM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 5:32AM Tue				<b>Ashvina•Puratasi</b>		
Then Routine Work - Marana Yoga						

<b>3 Tuesday, October 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 170 Durmukha 5118
Tula Rasi: 20.08	Tithi 3 – 4	<b>Gulika</b> 11:38AM – 1:06PM	<b>Vishakha Until 8:43AM Wed</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:44AM		
		Yama 8:41AM – 10:09AM	Vishkambha* Until 5:19PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:32PM		Moon 9 - Phase 24 3rd Phase
	678341363	<b>Rahu</b> 2:35PM – 4:03PM	Vanija Until 1:54AM Wed	<b>Nataraja:</b> Purple		
Routine Work Marana Yoga			<b>Tritiya Until 12:37PM</b>	Moon – Orange	<b>Bhuloka Day</b>	
Until 8:43AM Wed				<b>Ashvina•Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, October 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 171 Durmukha 5118
Vrischika Rasi: 1.59	Tithi 4 – 5	<b>Gulika</b> 10:09AM – 11:37AM	<b>Vishakha Until 8:43AM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:44AM		
		Yama 7:12AM – 8:41AM	Priti Until 6:15PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:31PM		Moon 9 - Phase 24 3rd Phase
	678341363	<b>Rahu</b> 11:37AM – 1:06PM	Bava Until 4:22AM Thu	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Chaturthi* Until 3:07PM</b>	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Ashvina•Puratasi</b>		

<b>5 Thursday, October 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 19 Sutra 172 Durmukha 5118
Vrischika Rasi: 13.51	Tithi 5 – 6	<b>Gulika</b> 8:41AM – 10:09AM	<b>Anuradha Until 11:39AM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:45AM		
		Yama 5:45AM – 7:13AM	Ayushman Until 7:04PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:29PM		Moon 9 - Phase 24 3rd Phase
	678341363	<b>Rahu</b> 1:05PM – 2:33PM	Kaulava Until 6:40AM Fri	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Panchami Until 5:31PM</b>	Moon – Orange	<b>Bhuloka Day</b>	
Until 11:39AM				<b>Ashvina•Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>6 Friday, October 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau				Kathmandu, Nepal Sun 20 Sutra 173 Durmukha 5118
Vrischika Rasi: 25.47	Tithi 6	<b>Gulika</b> 7:13AM – 8:41AM	<b>Jyeshtha* Until 2:13PM</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:45AM		
		Yama 2:33PM – 4:00PM	Saubhagya Until 7:42PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:28PM		Moon 9 - Phase 24 3rd Phase
	679341364	<b>Rahu</b> 10:09AM – 11:37AM	Kaulava Until 6:40AM	<b>Nataraja:</b> Clear		
Routine Work Marana Yoga			<b>Shashthi* Until 7:40PM</b>	Moon – Orange	<b>Devaloka Day</b>	
Until 2:13PM				<b>Ashvina•Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Saturday, October 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Gara/Vanija Karana Saptamyam Titau				Kathmandu, Nepal Sun 21 Sutra 174 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> 5:46AM – 7:13AM	<b>Mula* Until 4:44PM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:46AM		
Dhanu Rasi: 7.52	Tithi 7	Yama 1:04PM – 2:32PM	Sobhana Until 8:01PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:27PM		Moon 9 - Phase 24 3rd Phase
	689341364	<b>Rahu</b> 8:41AM – 10:09AM	Gara Until 8:37AM	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga			<b>Saptami Until 9:24PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
				<b>Ashvina•Puratasi</b>		

<b>Sunday, October 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 22 Sutra 175 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> 2:31PM – 3:59PM	<b>Purvashadha* Until 6:33PM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:46AM		
Dhanu Rasi: 20.08	Tithi 8	Yama 11:36AM – 1:04PM	Athiganda* Until 7:52PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM		Moon 9 - Phase 24 Ashtami
	689341364	<b>Rahu</b> 3:59PM – 5:26PM	Visti Until 10:04AM	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga			<b>Ashtami* Until 10:32PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
Until 6:33PM		<b>Durga Ashtami</b>		<b>Ashvina•Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Monday, October 10, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 23 Sutra 176 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> 1:03PM – 2:31PM	<b>Uttarashadha Until 7:31PM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:47AM		
Makara Rasi: 2.41	Tithi 9	Yama 10:09AM – 11:36AM	Sukarma Until 7:10PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:25PM		Moon 9 - Phase 24 Navami
<b>Family Home Evening</b>	689341364	<b>Rahu</b> 7:14AM – 8:41AM	Balava Until 10:51AM	<b>Nataraja:</b> Clear		
Routine Work Marana Yoga			<b>Navami* Until 10:56PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
Until 7:31PM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina•Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>1 Tuesday, October 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 24 Sutra 177 Durmukha 5118
Makara Rasi: 15.35	Tithi 10	<b>Gulika</b> 11:36AM – 1:03PM	<b>Shravana Until 8:00PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:47AM		
		Yama 8:41AM – 10:09AM	Dhriti Until 5:52PM	<b>Muruga:</b> Clear <i>Sunset:</i> 5:24PM		Moon 9 - Phase 25
		699351364 <b>Rahu</b> 2:30PM – 3:57PM	Taitila Until 10:51AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 10:31PM</b>	Moon – Purple	<b>Sivaloka Day</b>	
				<b>Ashvina•Puratasi</b>		

<b>2 Wednesday, October 12, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Ekadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 178 Durmukha 5118
Makara Rasi: 28.56	Tithi 11	<b>Gulika</b> 10:08AM – 11:35AM	<b>Dhanishtha Until 7:32PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:48AM		
		Yama 7:15AM – 8:42AM	Shula* Until 3:52PM	<b>Muruga:</b> Clear <i>Sunset:</i> 5:23PM		Moon 9 - Phase 25
		699351364 <b>Rahu</b> 11:35AM – 1:02PM	Vanija Until 10:01AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi Until 9:16PM</b>	Moon – Purple	<b>Sivaloka Day</b>	
Until 7:32PM				<b>Ashvina•Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>3 Thursday, October 13, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Dvadashyam Titau				Kathmandu, Nepal Sun 26 Sutra 179 Durmukha 5118
Kumbha Rasi: 12.44	Tithi 12	<b>Gulika</b> 8:42AM – 10:08AM	<b>Shatabhishak Until 6:10PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:48AM		
		Yama 5:48AM – 7:15AM	Ganda* Until 1:15PM	<b>Muruga:</b> Clear <i>Sunset:</i> 5:22PM		Moon 9 - Phase 25
		699351364 <b>Rahu</b> 1:02PM – 2:29PM	Bava Until 8:23AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 7:16PM</b>	Moon – Purple	<b>Sivaloka Day</b>	
		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina•Puratasi</b>		

<b>4 Friday, October 14, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vridhhi/Dhruva Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 180 Durmukha 5118
Kumbha Rasi: 27	Tithi 13 – 14	<b>Gulika</b> 7:15AM – 8:42AM	<b>Purvaprossthapada* Until 4:24PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:49AM		
		Yama 2:28PM – 3:55PM	Vridhhi Until 10:06AM	<b>Muruga:</b> Clear <i>Sunset:</i> 5:21PM		Moon 9 - Phase 25
		619451364 <b>Rahu</b> 10:08AM – 11:35AM	Kaulava Until 6:02AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 4:37PM</b>	Moon – Clear	<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>	<i>Pradosha Vrata</i>	<b>Ashvina•Puratasi</b>		

<b>○ Saturday, October 15, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal Sun 28 Sutra 181 Durmukha 5118
<b>Copper Retreat Star</b>		<b>Gulika</b> 5:49AM – 7:16AM	<b>Uttaraprossthapada Until 2:00PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:49AM		
Meena Rasi: 11.41	Tithi 14 – 15	Yama 1:01PM – 2:27PM	Dhruva Until 6:27AM	<b>Muruga:</b> Clear <i>Sunset:</i> 5:20PM		Moon 9 - Phase 25
		611451364 <b>Rahu</b> 8:42AM – 10:08AM	Visti Until 11:44PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:26PM</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 2:00PM				<b>Ashvina•Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, October 16, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kathmandu, Nepal Sun 29 Sutra 182 Durmukha 5118
<b>Silver Retreat Star</b>		<b>Gulika</b> 2:27PM – 3:53PM	<b>Revati Until 11:07AM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:50AM		
Meena Rasi: 26.41	Tithi 15 – 16	Yama 11:35AM – 1:01PM	Harshana Until 10:19PM	<b>Muruga:</b> Clear <i>Sunset:</i> 5:19PM		Moon 9 - Phase 25
		611451364 <b>Rahu</b> 3:53PM – 5:19PM	Balava Until 8:05PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Purnima* Until 9:55AM</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 11:07AM				<b>Ashvina•Puratasi</b>		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 17, 2016

Gold Retreat Star

Mesha Rasi: 11.52    Tihi 16 – 17

Family Home Evening

Creative Work    Siddha Yoga

621451364

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam

Ashvini/Bharani Nakshatra Vajra\* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gulika 1:00PM – 2:26PM

Yama 10:08AM – 11:34AM

Rahu 7:16AM – 8:42AM

Ashvini Until 8:18AM

Vajra\* Until 6:03PM

Gara Until 2:29AM Tue

Prathama\* Until 6:12AM

Ganesha: Clear

Sunrise: 5:51AM

Muruga: Clear

Sunset: 5:18PM

Nataraja: Clear

Moon – White

Ashvina-Aipasi

Kathmandu, Nepal

Sutra 183

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Sivaloka Day

Tuesday, October 18, 2016

1

Mesha Rasi: 27.03    Tihi 18

Creative Work    Siddha Yoga

621451364

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam

Krittika Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visli\* Karana Tritiyayam Titau

Gulika 11:34AM – 1:00PM

Yama 8:43AM – 10:08AM

Rahu 2:26PM – 3:51PM

Krittika Until 2:28AM Wed

Siddhi Until 1:52PM

Vanija Until 12:41PM

Tritiya Until 10:54PM

Ganesha: Clear

Sunrise: 5:51AM

Muruga: Clear

Sunset: 5:17PM

Nataraja: Clear

Moon – White

Ashvina-Aipasi

Kathmandu, Nepal

Sun 1    Sutra 184

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Sivaloka Day

Wednesday, October 19, 2016

2

Vrishabha Rasi: 12.06    Tihi 19

Creative Work    Siddha Yoga

Until 12:11AM Thu

Then Routine Work - Marana Yoga

631451364

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam

Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:08AM – 11:34AM

Yama 7:17AM – 8:43AM

Rahu 11:34AM – 1:00PM

Rohini Until 12:11AM Thu

Vyatipata\* Until 9:54AM

Bava Until 9:14AM

Chaturthi\* Until 7:38PM

Ganesha: Purple

Sunrise: 5:52AM

Muruga: Clear

Sunset: 5:16PM

Nataraja: Clear

Moon – Yellow

Ashvina-Aipasi

Kathmandu, Nepal

Sun 2    Sutra 185

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Devaloka Day

Thursday, October 20, 2016

3

Vrishabha Rasi: 26.52    Tihi 20 – 21

Routine Work    Marana Yoga

631451364

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam

Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Gulika 8:43AM – 10:08AM

Yama 5:52AM – 7:18AM

Rahu 12:59PM – 2:25PM

Mrigashira Until 10:16PM

Variyan Until 6:14AM

Kaulava Until 6:11AM

Panchami Until 4:51PM

Ganesha: Purple

Sunrise: 5:52AM

Muruga: Clear

Sunset: 5:15PM

Nataraja: Clear

Moon – Yellow

Ashvina-Aipasi

Kathmandu, Nepal

Sun 3    Sutra 186

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Devaloka Day

Friday, October 21, 2016

4

Mithuna Rasi: 11.14    Tihi 21 – 22

Creative Work    Siddha Yoga

631451364

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam

Ardra Nakshatra Shiva Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Gulika 7:18AM – 8:43AM

Yama 2:24PM – 3:49PM

Rahu 10:08AM – 11:34AM

Ardra Until 8:49PM

Shiva Until 12:21AM Sat

Visli Until 1:49AM Sat

Shashthi\* Until 2:39PM

Ganesha: Purple

Sunrise: 5:53AM

Muruga: Clear

Sunset: 5:14PM

Nataraja: Clear

Moon – Yellow

Ashvina-Aipasi

Kathmandu, Nepal

Sun 4    Sutra 187

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Devaloka Day

Saturday, October 22, 2016

Retreat Star

Mithuna Rasi: 25.11    Tihi 22 – 23

Creative Work    Siddha Yoga

641451364

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam

Punarvasu Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 5:53AM – 7:18AM

Yama 12:58PM – 2:23PM

Rahu 8:43AM – 10:08AM

Punarvasu Until 8:23PM

Siddha Until 10:14PM

Balava Until 12:42AM Sun

Saptami Until 1:09PM

Ganesha: Clear

Sunrise: 5:53AM

Muruga: Clear

Sunset: 5:13PM

Nataraja: Clear

Moon – Blue

Ashvina-Aipasi

Kathmandu, Nepal

Sun 5    Sutra 188

Durmukha 5118

Moon 10 - Phase 26

Ashtami

Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Kataka Rasi: 8.41    Tihi 23 – 24

Creative Work    Siddha Yoga

641451364

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam

Pushya Nakshatra Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:23PM – 3:48PM

Yama 11:33AM – 12:58PM

Rahu 3:48PM – 5:13PM

Pushya Until 8:33PM

Sadhya Until 8:44PM

Taitila Until 12:21AM Mon

Ashtami\* Until 12:25PM

Ganesha: Clear

Sunrise: 5:54AM

Muruga: Clear

Sunset: 5:13PM

Nataraja: Clear

Moon – Blue

Ashvina-Aipasi

Kathmandu, Nepal

Sun 6    Sutra 189

Durmukha 5118

Moon 10 - Phase 26

Navami

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

Monday, October 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kathmandu, Nepal Sun 7 Sutra 190	
1	Kataka Rasi: 21.46	Tithi 24 – 25	Gulika 12:58PM – 2:22PM	Ashlesha* Until 9:17PM	Ganesh: Clear	Sunrise: 5:55AM	Durmukha 5118
	Family Home Evening	641451364	Yama 10:09AM – 11:33AM	Subha Until 7:50PM	Muruga: Clear	Sunset: 5:12PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	Rahu 7:19AM – 8:44AM	Vanija Until 12:44AM Tue	Nataraja: Clear		2nd Phase
	Until 9:17PM			Navami* Until 12:26PM	Moon – Blue		Sivaloka Day
	Then Routine Work - Marana Yoga				Ashvina-Aipasi		

Tuesday, October 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 8 Sutra 191	
2	Simha Rasi: 4.29	Tithi 25 – 26	Gulika 11:33AM – 12:58PM	Magha* Until 10:58PM	Ganesh: Clear	Sunrise: 5:55AM	Durmukha 5118
		652451364	Yama 8:44AM – 10:09AM	Sukla Until 7:25PM	Muruga: Clear	Sunset: 5:11PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	Rahu 2:22PM – 3:46PM	Bava Until 1:47AM Wed	Nataraja: Clear		2nd Phase
				Dashami Until 1:10PM	Moon – Red		Sivaloka Day
					Ashvina-Aipasi		

Wednesday, October 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 192	
3	Simha Rasi: 16.56	Tithi 26 – 27	Gulika 10:09AM – 11:33AM	Purvaphalguni Until 1:02AM Thu	Ganesh: Clear	Sunrise: 5:56AM	Durmukha 5118
		652451364	Yama 7:20AM – 8:44AM	Brahma Until 7:27PM	Muruga: Clear	Sunset: 5:10PM	Moon 10 - Phase 27
	Creative Work	Amrita Yoga	Rahu 11:33AM – 12:57PM	Kaulava Until 3:21AM Thu	Nataraja: Clear		2nd Phase
				Ekadashi* Until 2:29PM	Moon – Red		Sivaloka Day
					Ashvina-Aipasi		

Thursday, October 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 10 Sutra 193	
4	Simha Rasi: 29.1	Tithi 27 – 28	Gulika 8:45AM – 10:09AM	Uttaraphalguni Until 3:19AM Fri	Ganesh: Clear	Sunrise: 5:57AM	Durmukha 5118
		652451364	Yama 5:57AM – 7:21AM	Indra Until 7:50PM	Muruga: Clear	Sunset: 5:09PM	Moon 10 - Phase 27
	Amrita Yoga		Rahu 12:57PM – 2:21PM	Gara Until 5:19AM Fri	Nataraja: Clear		2nd Phase
				Dvadashi* Until 4:17PM	Moon – Red		Sivaloka Day
					Ashvina-Aipasi		
					Pradosha Vrata (Fasting)		

Friday, October 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija Karana Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 194	
5	Kanya Rasi: 11.15	Tithi 28	Gulika 7:21AM – 8:45AM	Hasta Until 6:12AM Sat	Ganesh: Orange	Sunrise: 5:57AM	Durmukha 5118
		662451364	Yama 2:21PM – 3:45PM	Vaidhriti* Until 8:25PM	Muruga: Clear	Sunset: 5:08PM	Moon 10 - Phase 27
	Creative Work	Amrita Yoga	Rahu 10:09AM – 11:33AM	Vanija Until 6:24PM	Nataraja: Clear		2nd Phase
	Until 6:12AM Sat			Trayodashi* Until 6:24PM	Moon – Green		Sivaloka Day
	Then Routine Work - Marana Yoga				Ashvina-Aipasi		

Saturday, October 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 195	
6	Kanya Rasi: 23.13	Tithi 29	Gulika 5:58AM – 7:22AM	Hasta Until 6:12AM	Ganesh: Orange	Sunrise: 5:58AM	Durmukha 5118
		662451364	Yama 12:56PM – 2:20PM	Vishkambha* Until 9:10PM	Muruga: Clear	Sunset: 5:08PM	Moon 10 - Phase 27
	Routine Work	Marana Yoga	Rahu 8:45AM – 10:09AM	Visti Until 7:34AM	Nataraja: Clear		2nd Phase
				Chaturdashi* Until 8:44PM	Moon – Green		Sivaloka Day
					Ashvina-Aipasi		
					Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day		

Sunday, October 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal Sun 13 Sutra 196	
Retreat Star	Tula Rasi: 5.08	Tithi 30	Gulika 2:20PM – 3:43PM	Chitra Until 9:04AM	Ganesh: Orange	Sunrise: 5:59AM	Durmukha 5118
		662451364	Yama 11:33AM – 12:56PM	Priti Until 10:01PM	Muruga: Clear	Sunset: 5:07PM	Moon 10 - Phase 27
	Creative Work	Siddha Yoga	Rahu 3:43PM – 5:07PM	Catuspada Until 9:58AM	Nataraja: Clear		Amavasya
				Amavasya* Until 11:11PM	Moon – Green		Sivaloka Day
					Ashvina-Aipasi		

Monday, October 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 197	
Retreat Star	Tula Rasi: 17.01	Tithi 1	Gulika 12:56PM – 2:19PM	Svati Until 11:51AM	Ganesh: Orange	Sunrise: 5:59AM	Durmukha 5118
	Family Home Evening	662451364	Yama 10:09AM – 11:33AM	Ayushman Until 10:52PM	Muruga: Clear	Sunset: 5:06PM	Moon 10 - Phase 27
	Creative Work	Amrita Yoga	Rahu 7:23AM – 8:46AM	Kintughna Until 12:28PM	Nataraja: Clear		Prathama
	Until 11:51AM			Prathama* Until 1:42AM Tue	Moon – Green		Sivaloka Day
	Then Routine Work - Marana Yoga				Kartika-Aipasi		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>	<b>Tuesday, November 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Tritiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 198 Durmukha 5118
	Tula Rasi: 28.52	Tithi 2	<b>Gulika</b> 11:33AM – 12:56PM <b>Vishakha</b> Until 2:59PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:00AM <b>Sunset:</b> 5:05PM		
	Routine Work Until 2:59PM Then Creative Work - Siddha Yoga	Marana Yoga 672451364	<b>Rahu</b> 2:19PM – 3:42PM	Saubhagya Until 11:44PM Balava Until 2:58PM Dvitiya Until 4:11AM Wed			

<b>2</b>	<b>Wednesday, November 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 199 Durmukha 5118
	Vrischika Rasi: 10.45	Tithi 3	<b>Gulika</b> 10:10AM – 11:33AM <b>Anuradha</b> Until 5:55PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:01AM <b>Sunset:</b> 5:05PM		
	Creative Work Siddha Yoga	672451364	<b>Rahu</b> 7:24AM – 8:47AM 11:33AM – 12:56PM	Sobhana Until 12:33AM Thu Tailila Until 5:26PM Tritiya Until 6:36AM Thu			

<b>3</b>	<b>Thursday, November 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 200 Durmukha 5118
	Vrischika Rasi: 22.4	Tithi 3 – 4	<b>Gulika</b> 8:47AM – 10:10AM <b>Jyeshtha*</b> Until 8:33PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:01AM <b>Sunset:</b> 5:04PM		
	Routine Work Until 8:33PM Then Creative Work - Siddha Yoga	Prabalarishta Yoga 672451364	<b>Rahu</b> 6:01AM – 7:24AM 12:55PM – 2:18PM	Athiganda* Until 1:14AM Fri Vanija Until 7:46PM Tritiya Until 6:36AM			

<b>4</b>	<b>Friday, November 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 201 Durmukha 5118
	Dhanus Rasi: 4.38	Tithi 4 – 5	<b>Gulika</b> 7:25AM – 8:47AM <b>Mula*</b> Until 11:18PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:02AM <b>Sunset:</b> 5:03PM		
	Creative Work Until 11:18PM Then Routine Work - Prabalarishta Yoga	Amrita Yoga 682451364	<b>Rahu</b> 2:18PM – 3:41PM 10:10AM – 11:33AM	Sukarma Until 1:45AM Sat Bava Until 9:52PM Chaturthi* Until 8:50AM			

<b>5</b>	<b>Saturday, November 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 19 Sutra 202 Durmukha 5118
	Dhanus Rasi: 16.43	Tithi 5 – 6	<b>Gulika</b> 6:03AM – 7:25AM <b>Purvashadha*</b> Until 1:32AM Sun	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:03PM		
	Creative Work Until 1:32AM Sun Then Creative Work - Amrita Yoga	Siddha Yoga 682451364	<b>Rahu</b> 12:55PM – 2:18PM 8:48AM – 10:10AM	Dhriti Until 1:59AM Sun Kaulava Until 11:37PM Panchami Until 10:47AM			

<b>6</b>	<b>Sunday, November 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 203 Durmukha 5118
	Dhanus Rasi: 28.57	Tithi 6 – 7	<b>Gulika</b> 2:17PM – 3:40PM <b>Uttarashadha</b> Until 3:06AM Mon	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:02PM		
	Creative Work Amrita Yoga	682451364	<b>Rahu</b> 11:33AM – 12:55PM 3:40PM – 5:02PM	Shula* Until 1:47AM Mon Gara Until 12:52AM Mon Shashthi* Until 12:18PM			

<b>D</b>	<b>Monday, November 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 204 Durmukha 5118
	<b>Retreat Star</b>		<b>Gulika</b> 12:55PM – 2:17PM <b>Shravana</b> Until 4:20AM Tue	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 5:01PM		
	Makara Rasi: 11.26	Tithi 7 – 8	<b>Rahu</b> 10:11AM – 11:33AM 7:26AM – 8:49AM	Ganda* Until 1:05AM Tue Visti Until 1:26AM Tue Saptami Until 1:13PM			

<b>D</b>	<b>Tuesday, November 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 205 Durmukha 5118
	<b>Retreat Star</b>		<b>Gulika</b> 11:33AM – 12:55PM <b>Dhanishtha</b> Until 4:38AM Wed	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 5:01PM		
	Makara Rasi: 24.13	Tithi 8 – 9	<b>Rahu</b> 8:49AM – 10:11AM 2:17PM – 3:39PM	Vriddhi Until 11:48PM Balava Until 1:14AM Wed Ashtami* Until 1:25PM			

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 206
	Kumbha Rasi: 7.25	Tithi 9 – 10	<b>Gulika</b> 10:11AM – 11:33AM	<b>Shatabhishak</b> Until 4:00AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:06AM	Durmukha 5118
			Yama 7:27AM – 8:49AM	Dhruva Until 9:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	793551364 <b>Rahu</b> 11:33AM – 12:55PM	Taitila Until 12:12AM Thu	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami*</b> Until 12:48PM	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			


<b>2</b>	<b>Thursday, November 10, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Kathmandu, Nepal Sun 24 Sutra 207
	Kumbha Rasi: 21.04	Tithi 10 – 11	<b>Gulika</b> 8:50AM – 10:11AM	<b>Purvaproshtapada*</b> Until 2:53AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:06AM	Durmukha 5118
			Yama 6:06AM – 7:28AM	Vyaghata* Until 7:16PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	713551364 <b>Rahu</b> 12:55PM – 2:16PM	Vanija Until 10:23PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 11:22AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			

<b>3</b>	<b>Friday, November 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Kathmandu, Nepal Sun 25 Sutra 208
	Meena Rasi: 5.11	Tithi 11 – 12	<b>Gulika</b> 7:29AM – 8:50AM	<b>Uttaraproshtapada</b> Until 12:56AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:07AM	Durmukha 5118
			Yama 2:16PM – 3:38PM	Harshana Until 4:07PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	713551364 <b>Rahu</b> 10:12AM – 11:33AM	Bava Until 7:51PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 9:11AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			
						Then Routine Work - Prabalarishta Yoga	

<b>4</b>	<b>Saturday, November 12, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Balava/Taitila Karana Dvodashi/Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 209
	Meena Rasi: 19.46	Tithi 12 – 13	<b>Gulika</b> 6:08AM – 7:29AM	<b>Revati</b> Until 10:18PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:08AM	Durmukha 5118
			Yama 12:55PM – 2:16PM	Vajra* Until 12:26PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29
	Routine Work	Prabalarishta Yoga	713551364 <b>Rahu</b> 8:51AM – 10:12AM	Taitila Until 2:59AM Sun	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvodashi</b> Until 6:20AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			
						Then Creative Work - Siddha Yoga	

<b>5</b>	<b>Sunday, November 13, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 210
	Mesha Rasi: 4.44	Tithi 14	<b>Gulika</b> 2:16PM – 3:37PM	<b>Ashvini</b> Until 7:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:09AM	Durmukha 5118
			Yama 11:33AM – 12:55PM	Siddhi Until 8:23AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29
	Creative Work	Siddha Yoga	723551364 <b>Rahu</b> 3:37PM – 4:58PM	Gara Until 1:11PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Chaturdashi*</b> Until 11:17PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			
						Then Routine Work - Prabalarishta Yoga	

	<b>Monday, November 14, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Kathmandu, Nepal Sutra 211
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:55PM – 2:16PM	<b>Bharani</b> Until 4:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:09AM	Durmukha 5118
	Mesha Rasi: 19.58	Tithi 15	Yama 10:13AM – 11:34AM	Variyan Until 11:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29
	<b>Family Home Evening</b>		723551364 <b>Rahu</b> 7:30AM – 8:52AM	Visti Until 9:22AM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima*</b> Until 7:24PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			
						Then Routine Work - Marana Yoga	

	<b>Tuesday, November 15, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sutra 212
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:34AM – 12:55PM	<b>Krittika</b> Until 1:12PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:10AM	Durmukha 5118
	Vrishabha Rasi: 5.19	Tithi 16 – 17	Yama 8:52AM – 10:13AM	Parigha* Until 7:17PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 29
			723551364 <b>Rahu</b> 2:16PM – 3:37PM	Taitila Until 1:40AM Wed	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 3:32PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			
						Then Creative Work - Amrita Yoga	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 16, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Kathmandu, Nepal

Sun 1 Sutra 213

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrshabha Rasi: 20.34 Tihi 17 - 18

733551365

Gulika 10:13AM - 11:34AM

Yama 7:32AM - 8:52AM

Rahu 11:34AM - 12:55PM

Rohini Until 10:23AM

Shiva Until 3:06PM

Vanija Until 10:08PM

Dvitiya Until 11:50AM

Ganesha: White Sunrise: 6:11AM

Muruga: Clear Sunset: 4:57PM

Nataraja: Clear

Moon - Yellow

Karttika-Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

1

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Visti'/Bava Karana Tritiya/Chaturtham Titau

Kathmandu, Nepal

Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 5.34 Tihi 18 - 19

733551365

Gulika 8:53AM - 10:14AM

Yama 6:12AM - 7:32AM

Rahu 12:55PM - 2:15PM

Mrigashira Until 7:46AM

Siddha Until 11:12AM

Bava Until 7:02PM

Tritiya Until 8:30AM

Ganesha: White Sunrise: 6:12AM

Muruga: Clear Sunset: 4:57PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal

Sun 3 Sutra 215

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 20.1 Tihi 20

733551365

Gulika 7:33AM - 8:53AM

Yama 2:15PM - 3:36PM

Rahu 10:14AM - 11:34AM

Punarvasu Until 4:17AM Sat

Sadhya Until 7:46AM

Kaulava Until 4:34PM

Panchami Until 3:35AM Sat

Ganesha: Clear Sunrise: 6:12AM

Muruga: Clear Sunset: 4:56PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal

Sun 4 Sutra 216

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 4.19 Tihi 21

733551365

Gulika 6:13AM - 7:34AM

Yama 12:55PM - 2:15PM

Rahu 8:54AM - 10:14AM

Pushya Until 3:41AM Sun

Sukla Until 2:41AM Sun

Gara Until 2:50PM

Shashthi\* Until 2:17AM Sun

Ganesha: Clear Sunrise: 6:13AM

Muruga: Clear Sunset: 4:56PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha\* Nakshatra Brahma Yoga Visti'/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 5 Sutra 217

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 17.57 Tihi 22

733551365

Gulika 2:15PM - 3:36PM

Yama 11:35AM - 12:55PM

Rahu 3:36PM - 4:56PM

Ashlesha\* Until 3:47AM Mon

Brahma Until 1:10AM Mon

Visti Until 1:58PM

Saptami Until 1:51AM Mon

Ganesha: Clear Sunrise: 6:14AM

Muruga: Clear Sunset: 4:56PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 3:47AM Mon

Then Routine Work - Marana Yoga

D

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Magha\* Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 218

Durmukha 5118

Moon 11 - Phase 30

Ashtami

Simha Rasi: 1.06 Tihi 23

733551365

Gulika 12:55PM - 2:15PM

Yama 10:15AM - 11:35AM

Rahu 7:35AM - 8:55AM

Magha\* Until 5:03AM Tue

Indra Until 12:20AM Tue

Balava Until 2:00PM

Ashtami\* Until 2:19AM Tue

Ganesha: Purple Sunrise: 6:15AM

Muruga: Clear Sunset: 4:56PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga

Until 5:03AM Tue

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 219

Durmukha 5118

Moon 11 - Phase 30

Navami

Simha Rasi: 13.49 Tihi 24

734551365

Gulika 11:35AM - 12:55PM

Yama 8:55AM - 10:15AM

Rahu 2:15PM - 3:35PM

Purvaphalguni Until 6:54AM Wed

Vaidhriti\* Until 12:05AM Wed

Taitila Until 2:52PM

Navami\* Until 3:34AM Wed

Ganesha: Clear Sunrise: 6:16AM

Muruga: Clear Sunset: 4:55PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 6:54AM Wed

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Wednesday, November 23, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		Kathmandu, Nepal Sun 8 Sutra 220 Durmukha 5118	
Simha Rasi: 26.12	Tithi 25	<b>Gulika</b> 10:16AM – 11:36AM	<b>Purvaphalguni Until 6:54AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:16AM		
		Yama 7:36AM – 8:56AM	Vishkambha* Until 12:21AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31	
		754551365 <b>Rahu</b> 11:36AM – 12:56PM	Vanija Until 4:27PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 5:26AM Thu</b>	Moon – Red		<b>Devaloka Day</b>	
				Karttika-Karttikai			
<b>2</b>		<b>Thursday, November 24, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava Karana Ekadashyam Titau		Kathmandu, Nepal Sun 9 Sutra 221 Durmukha 5118	
Kanya Rasi: 8.2	Tithi 26	<b>Gulika</b> 8:57AM – 10:16AM	<b>Uttaraphalguni Until 9:09AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:17AM		
		Yama 6:17AM – 7:37AM	Priti Until 12:58AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31	
		754551365 <b>Rahu</b> 12:56PM – 2:15PM	Bava Until 6:34PM	<b>Nataraja:</b> White		2nd Phase	
	Amrita Yoga		<b>Ekadashi* Until 7:44AM Fri</b>	Moon – Red		<b>Devaloka Day</b>	
Until 9:09AM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Friday, November 25, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Kathmandu, Nepal Sun 10 Sutra 222 Durmukha 5118	
Kanya Rasi: 20.17	Tithi 26 – 27	<b>Gulika</b> 7:37AM – 8:57AM	<b>Hasta Until 12:06PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:18AM		
		Yama 2:16PM – 3:35PM	Ayushman Until 1:45AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31	
		754551365 <b>Rahu</b> 10:17AM – 11:36AM	Kaulava Until 8:59PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi* Until 7:44AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 12:06PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Saturday, November 26, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mantra Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Tailita/Gara Karana Dvodashi/Trayodashyam Titau		Kathmandu, Nepal Sun 11 Sutra 223 Durmukha 5118	
Tula Rasi: 2.1	Tithi 27 – 28	<b>Gulika</b> 6:19AM – 7:38AM	<b>Chitra Until 3:05PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:19AM		
		Yama 12:56PM – 2:16PM	Saubhagya Until 2:38AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31	
		754551365 <b>Rahu</b> 8:58AM – 10:17AM	Gara Until 11:33PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Dvodashi* Until 10:15AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 3:05PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				
<b>5</b>		<b>Sunday, November 27, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 12 Sutra 224 Durmukha 5118	
Tula Rasi: 14.01	Tithi 28 – 29	<b>Gulika</b> 2:16PM – 3:35PM	<b>Svati Until 5:55PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:19AM		
		Yama 11:37AM – 12:56PM	Sobhana Until 3:31AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31	
		754551365 <b>Rahu</b> 3:35PM – 4:55PM	Visti Until 2:08AM Mon	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 12:50PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 5:55PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Monday, November 28, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau		Kathmandu, Nepal Sun 13 Sutra 225 Durmukha 5118	
Tula Rasi: 25.52	Tithi 29 – 30	<b>Gulika</b> 12:57PM – 2:16PM	<b>Vishakha Until 9:03PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 6:20AM		
<b>Family Home Evening</b>		Yama 10:18AM – 11:37AM	Athiganda* Until 4:19AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31	
		774551365 <b>Rahu</b> 7:39AM – 8:59AM	Catuspada Until 4:37AM Tue	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Chaturdashil* Until 3:22PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 9:03PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Tuesday, November 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kathmandu, Nepal Sun 14 Sutra 226 Durmukha 5118	
Vriscika Rasi: 7.46	Tithi 30 – 1	<b>Gulika</b> 11:38AM – 12:57PM	<b>Anuradha Until 11:52PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 6:21AM		
		Yama 8:59AM – 10:18AM	Sukarma Until 5:01AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31	
		774551365 <b>Rahu</b> 2:16PM – 3:35PM	Kintughna Until 6:57AM Wed	<b>Nataraja:</b> White		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 5:47PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 11:52PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, November 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau		Kathmandu, Nepal Sun 15 Sutra 227 Durmukha 5118	
Vriscika Rasi: 19.43	Tithi 1	<b>Gulika</b> 10:19AM – 11:38AM	<b>Jyeshtha* Until 2:22AM Thu</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 6:22AM		
		Yama 7:41AM – 9:00AM	Dhriti Until 5:36AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31	
		774551365 <b>Rahu</b> 11:38AM – 12:57PM	Kintughna Until 6:57AM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 8:03PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				Margasira-Karttikai		Devaloka Time: 12:PM to 3:PM	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>	<b>Thursday, December 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal	
			Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 228	
Dhanus Rasi: 1.43	Tithi 2	<b>Gulika</b>	<b>9:00AM – 10:19AM</b>	<b>Mula* Until 5:00AM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:22AM	Durmukha 5118	
		Yama	6:22AM – 7:41AM	Shula* Until 5:59AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 32	
		784551365 <b>Rahu</b>	<b>12:57PM – 2:16PM</b>	Balava Until 9:07AM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga			<b>Dvitiya Until 10:06PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>		
Until 5:00AM Fri					<b>Margasira•Karttikai</b>	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Prabalarishta Yoga								

<b>2</b>	<b>Friday, December 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal	
			Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 229	
Dhanus Rasi: 13.49	Tithi 3	<b>Gulika</b>	<b>7:42AM – 9:01AM</b>	<b>Purvashadha* Until 7:13AM Sat</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:23AM	Durmukha 5118	
		Yama	2:17PM – 3:36PM	Ganda* Until 6:11AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 32	
		784551365 <b>Rahu</b>	<b>10:20AM – 11:39AM</b>	Taitila Until 11:04AM	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Prabalarishta Yoga			<b>Tritiya Until 11:54PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>		
Until 7:13AM Sat					<b>Margasira•Karttikai</b>	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

<b>3</b>	<b>Saturday, December 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal	
			Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Sun 18 Sutra 230	
Dhanus Rasi: 26.02	Tithi 4	<b>Gulika</b>	<b>6:24AM – 7:43AM</b>	<b>Purvashadha* Until 7:13AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:24AM	Durmukha 5118	
		Yama	12:58PM – 2:17PM	Ganda* Until 6:11AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32	
		784551365 <b>Rahu</b>	<b>9:02AM – 10:20AM</b>	Vanija Until 12:43PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga			<b>Chaturthi* Until 1:24AM Sun</b>	Moon – Light Blue	<b>Bhuloka Day</b>		
Until 7:13AM					<b>Margasira•Karttikai</b>	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

<b>4</b>	<b>Sunday, December 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal	
			Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 231	
Makara Rasi: 8.23	Tithi 5	<b>Gulika</b>	<b>2:17PM – 3:36PM</b>	<b>Uttarashadha Until 8:56AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:25AM	Durmukha 5118	
		Yama	11:40AM – 12:58PM	Vridhhi Until 6:08AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32	
		785651365 <b>Rahu</b>	<b>3:36PM – 4:55PM</b>	Bava Until 2:00PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Amrita Yoga			<b>Panchami Until 2:28AM Mon</b>	Moon – Light Blue	<b>Bhuloka Day</b>		
Until 7:13AM Sat					<b>Margasira•Karttikai</b>	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

<b>5</b>	<b>Monday, December 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal	
			Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20 Sutra 232	
Makara Rasi: 20.55	Tithi 6	<b>Gulika</b>	<b>12:59PM – 2:17PM</b>	<b>Shravana Until 10:32AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:25AM	Durmukha 5118	
<b>Family Home Evening</b>		Yama	10:21AM – 11:40AM	Vyaghata* Until 4:56AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32	
		795651365 <b>Rahu</b>	<b>7:44AM – 9:03AM</b>	Kaulava Until 2:49PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Amrita Yoga			<b>Shashthi* Until 3:00AM Tue</b>	Moon – Purple	<b>Devaloka Day</b>		
Until 10:32AM					<b>Margasira•Karttikai</b>			
Then Creative Work - Siddha Yoga								

<b>6</b>	<b>Tuesday, December 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal	
			Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 233	
Kumbha Rasi: 3.43	Tithi 7	<b>Gulika</b>	<b>11:40AM – 12:59PM</b>	<b>Dhanishtha Until 11:27AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:26AM	Durmukha 5118	
		Yama	9:03AM – 10:22AM	Harshana Until 3:39AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32	
		795651365 <b>Rahu</b>	<b>2:18PM – 3:36PM</b>	Gara Until 3:03PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga			<b>Saptami Until 2:54AM Wed</b>	Moon – Purple	<b>Devaloka Day</b>		
Until 11:27AM					<b>Margasira•Karttikai</b>			
Then Routine Work - Marana Yoga								

<b>☾</b>	<b>Wednesday, December 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal	
	<b>Retreat Star</b>		Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22 Sutra 234	
Kumbha Rasi: 16.49	Tithi 8	<b>Gulika</b>	<b>10:22AM – 11:41AM</b>	<b>Shatabhishak Until 11:33AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:27AM	Durmukha 5118	
		Yama	7:45AM – 9:04AM	Vajra* Until 1:47AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32	
		795651365 <b>Rahu</b>	<b>11:41AM – 12:59PM</b>	Visti Until 2:37PM	<b>Nataraja:</b> White		Ashtami	
Creative Work	Siddha Yoga			<b>Ashtami* Until 2:07AM Thu</b>	Moon – Purple	<b>Devaloka Day</b>		
Until 11:33AM					<b>Margasira•Karttikai</b>			
Then Creative Work - Amrita Yoga								

<b>☽</b>	<b>Thursday, December 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal	
	<b>Retreat Star</b>		Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Sun 23 Sutra 235	
Meena Rasi: 0.18	Tithi 9	<b>Gulika</b>	<b>9:04AM – 10:23AM</b>	<b>Purvaproshtapada* Until 11:17AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:27AM	Durmukha 5118	
		Yama	6:27AM – 7:46AM	Siddhi Until 11:23PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32	
		715651365 <b>Rahu</b>	<b>1:00PM – 2:18PM</b>	Balava Until 1:28PM	<b>Nataraja:</b> White		Navami	
Creative Work	Siddha Yoga			<b>Navami* Until 12:37AM Fri</b>	Moon – Clear	<b>Devaloka Day</b>		
Until 11:33AM					<b>Margasira•Karttikai</b>			
Then Routine Work - Marana Yoga								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	<b>Friday, December 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 24 Sutra 236
	Meena Rasi: 14.12	Tithi 10	715651365	Gulika 7:47AM – 9:05AM Yama 2:19PM – 3:37PM Rahu 10:23AM – 11:42AM	Uttaraproshtapada Until 10:10AM Vyatipata* Until 8:27PM Taitila Until 11:37AM Dashami Until 10:26PM	Ganesha: Red Sunrise: 6:28AM Muruga: Clear Sunset: 4:55PM Nataraja: White Moon – Clear Margasira•Karttikai	Dur mukha 5118 Moon 11 - Phase 33 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

2	<b>Saturday, December 10, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 237
	Meena Rasi: 28.31	Tithi 11	715651365	Gulika 6:29AM – 7:47AM Yama 1:01PM – 2:19PM Rahu 9:06AM – 10:24AM	Revati Until 8:17AM Varyan Until 5:01PM Vanija Until 9:08AM Ekadashi Until 7:41PM	Ganesha: Red Sunrise: 6:29AM Muruga: Clear Sunset: 4:56PM Nataraja: White Moon – Clear Margasira•Karttikai	Dur mukha 5118 Moon 11 - Phase 33 4th Phase <b>Devaloka Day</b>
	Routine Work Prabalarishta Yoga Until 8:17AM Then Creative Work - Siddha Yoga						

3	<b>Sunday, December 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 238
	Mesha Rasi: 13.14	Tithi 12 – 13	725651365	Gulika 2:19PM – 3:38PM Yama 11:43AM – 1:01PM Rahu 3:38PM – 4:56PM	Ashvini Until 6:09AM Parigha* Until 1:12PM Bava Until 6:08AM Dvadashi Until 4:28PM <i>Pradosha Vrata</i>	Ganesha: Blue Sunrise: 6:29AM Muruga: Clear Sunset: 4:56PM Nataraja: White Moon – White Margasira•Karttikai	Dur mukha 5118 Moon 11 - Phase 33 4th Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Creative Work Siddha Yoga Until 6:09AM Then Routine Work - Prabalarishta Yoga						

4	<b>Monday, December 12, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 239
	Mesha Rasi: 28.14	Tithi 13 – 14	725651365	Gulika 1:01PM – 2:20PM Yama 10:25AM – 11:43AM Rahu 7:48AM – 9:07AM	Krittika Until 12:29AM Tue Shiva Until 9:08AM Gara Until 11:08PM Trayodashi Until 12:57PM	Ganesha: Blue Sunrise: 6:30AM Muruga: Clear Sunset: 4:56PM Nataraja: White Moon – White Margasira•Karttikai	Dur mukha 5118 Moon 11 - Phase 33 4th Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Family Home Evening Routine Work Marana Yoga Until 12:29AM Tue Then Creative Work - Amrita Yoga						

O	<b>Tuesday, December 13, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal Sutra 240		
	<b>Copper Retreat Star</b>		Vrishabha Rasi: 13.24	Tithi 14 – 15	736661365	Gulika 11:44AM – 1:02PM Yama 9:07AM – 10:25AM Rahu 2:20PM – 3:38PM	Rohini Until 9:41PM Sadhya Until 12:38AM Wed Visti Until 7:27PM Chaturdashi* Until 9:16AM	Ganesha: Red Sunrise: 6:31AM Muruga: White Sunset: 4:57PM Nataraja: White Moon – Yellow Margasira•Karttikai	Dur mukha 5118 Moon 11 - Phase 33 Purnima <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work Amrita Yoga Until 9:41PM Then Creative Work - Siddha Yoga								

O	<b>Wednesday, December 14, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sutra 241		
	<b>Silver Retreat Star</b>		Vrishabha Rasi: 28.34	Tithi 16	736661365	Gulika 10:26AM – 11:44AM Yama 7:50AM – 9:08AM Rahu 11:44AM – 1:02PM	Mrigashira Until 6:54PM Subha Until 8:33PM Balava Until 3:54PM Prathama* Until 2:12AM Thu	Ganesha: Red Sunrise: 6:31AM Muruga: White Sunset: 4:57PM Nataraja: White Moon – Yellow Margasira•Karttikai	Dur mukha 5118 Moon 11 - Phase 33 Prathama <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work Siddha Yoga								
	Vinayaga Viratam Begins								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal

Sutra 242

Mithuna Rasi: 13.34 Tihti 17

736661365

**Gulika** 9:08AM – 10:26AM  
**Yama** 6:32AM – 7:50AM  
**Rahu** 1:03PM – 2:21PM

**Ardra** Until 4:17PM  
Sukla Until 4:42PM  
Tailila Until 12:38PM

**Ganesha:** Red *Sunrise:* 6:32AM  
**Muruga:** White *Sunset:* 4:57PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Routine Work Marana Yoga  
Until 4:17PM

Markali Pillaiyar

Dvitiya Until 11:09PM

Moon – Yellow  
Margasira-Markali

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 243

Mithuna Rasi: 28.15 Tihti 18

846661365

**Gulika** 7:51AM – 9:09AM  
**Yama** 2:21PM – 3:40PM  
**Rahu** 10:27AM – 11:45AM

**Punarvasu** Until 2:27PM  
Brahma Until 1:16PM  
Vanija Until 9:50AM

**Ganesha:** Red *Sunrise:* 6:33AM  
**Muruga:** White *Sunset:* 4:58PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work Siddha Yoga  
Until 2:27PM

Tritiya Until 8:39PM

Moon – Blue  
Margasira-Markali

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal

Sun 2 Sutra 244

Kataka Rasi: 12.3 Tihti 19

846661365

**Gulika** 6:33AM – 7:51AM  
**Yama** 1:04PM – 2:22PM  
**Rahu** 9:09AM – 10:27AM

**Pushya** Until 1:09PM  
Indra Until 10:24AM  
Bava Until 7:41AM

**Ganesha:** Red *Sunrise:* 6:33AM  
**Muruga:** White *Sunset:* 4:58PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work Siddha Yoga  
Until 1:09PM

Chaturthi\* Until 6:52PM

Moon – Blue  
Margasira-Markali

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal

Sun 3 Sutra 245

Kataka Rasi: 26.16 Tihti 20 – 21

846661365

**Gulika** 2:22PM – 3:40PM  
**Yama** 11:46AM – 1:04PM  
**Rahu** 3:40PM – 4:58PM

**Ashlesha\*** Until 12:29PM  
Vaidhriti\* Until 8:08AM  
Kaulava Until 6:18AM

**Ganesha:** Red *Sunrise:* 6:34AM  
**Muruga:** White *Sunset:* 4:58PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work Siddha Yoga  
Until 12:29PM

Panchami Until 5:55PM

Moon – Blue  
Margasira-Markali

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal

Sun 4 Sutra 246

Simha Rasi: 9.32 Tihti 21 – 22

856661365

**Gulika** 1:05PM – 2:23PM  
**Yama** 10:29AM – 11:47AM  
**Rahu** 7:52AM – 9:10AM

**Magha\*** Until 12:59PM  
Vishkambha\* Until 6:34AM  
Visti Until 6:13AM Tue

**Ganesha:** Green *Sunrise:* 6:34AM  
**Muruga:** White *Sunset:* 4:59PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Family Home Evening  
Routine Work Marana Yoga  
Until 12:59PM

Shashthi\* Until 5:53PM

Moon – Red  
Margasira-Markali

**Bhuloka Day**

Tuesday, December 20, 2016

5

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 5 Sutra 247

Simha Rasi: 22.22 Tihti 22

856661365

**Gulika** 11:47AM – 1:05PM  
**Yama** 9:11AM – 10:29AM  
**Rahu** 2:23PM – 3:41PM

**Purvaphalguni** Until 2:12PM  
Ayushman Until 5:27AM Wed  
Visti Until 6:13AM

**Ganesha:** Green *Sunrise:* 6:35AM  
**Muruga:** White *Sunset:* 4:59PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work Siddha Yoga  
Until 2:12PM

Saptami Until 6:43PM

Moon – Red  
Margasira-Markali

**Bhuloka Day**

Wednesday, December 21, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 248

Kanya Rasi: 4.49 Tihti 23

857661365

**Gulika** 10:30AM – 11:48AM  
**Yama** 7:53AM – 9:11AM  
**Rahu** 11:48AM – 1:06PM

**Uttaraphalguni** Until 4:00PM  
Saubhagya Until 5:44AM Thu  
Balava Until 7:27AM

**Ganesha:** White *Sunrise:* 6:35AM  
**Muruga:** White *Sunset:* 5:00PM

Durmukha 5118  
Moon 12 - Phase 34  
Ashtami

Creative Work Amrita Yoga  
Until 4:00PM

Day 1 of Pancha Ganapati

Ashtami\* Until 8:18PM

Moon – Red  
Margasira-Markali

**Bhuloka Day**

Thursday, December 22, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Tailila/Gara Karana Navamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 249

Kanya Rasi: 16.58 Tihti 24

867661365

**Gulika** 9:12AM – 10:30AM  
**Yama** 6:36AM – 7:54AM  
**Rahu** 1:06PM – 2:24PM

**Hasta** Until 6:42PM  
Sobhana Until 6:23AM Fri  
Tailila Until 9:21AM

**Ganesha:** Clear *Sunrise:* 6:36AM  
**Muruga:** White *Sunset:* 5:00PM

Durmukha 5118  
Moon 12 - Phase 34  
Navami

Routine Work Marana Yoga  
Until 6:42PM

Day 2 of Pancha Ganapati

Navami\* Until 10:28PM

Moon – Green  
Margasira-Markali

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang


<b>1</b>	<b>Friday, December 23, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Kathmandu, Nepal Sun 8 Sutra 250
	Kanya Rasi: 28.56	Tithi 25	867661365	<b>Gulika</b> 7:54AM – 9:12AM <b>Yama</b> 2:25PM – 3:43PM <b>Rahu</b> 10:31AM – 11:49AM	<b>Chitra Until 9:36PM</b> Sobhana Until 6:23AM Vanija Until 11:42AM <b>Dashami Until 12:58AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:36AM</i> <b>Muruga:</b> White <i>Sunset: 5:01PM</i> <b>Nataraja:</b> White Moon – Green	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Creative Work	Siddha Yoga	<b>Day 3 of Pancha Ganapati</b>		<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM


<b>2</b>	<b>Saturday, December 24, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sukarma/Sukarma Yoga Bava/Balava Karana Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 251
	Tula Rasi: 10.48	Tithi 26	867661365	<b>Gulika</b> 6:37AM – 7:55AM <b>Yama</b> 1:07PM – 2:25PM <b>Rahu</b> 9:13AM – 10:31AM	<b>Svati Until 12:27AM Sun</b> Athiganda* Until 7:12AM Bava Until 2:17PM <b>Ekadashi* Until 3:34AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:37AM</i> <b>Muruga:</b> White <i>Sunset: 5:01PM</i> <b>Nataraja:</b> White Moon – Green	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Creative Work	Siddha Yoga	<b>Day 4 of Pancha Ganapati</b>		<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM
	Until 12:27AM Sun Then Routine Work - Marana Yoga						

<b>3</b>	<b>Sunday, December 25, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 252
	Tula Rasi: 22.38	Tithi 27	877661365	<b>Gulika</b> 2:26PM – 3:44PM <b>Yama</b> 11:50AM – 1:08PM <b>Rahu</b> 3:44PM – 5:02PM	<b>Vishakha Until 3:36AM Mon</b> Sukarma Until 8:05AM Kaulava Until 4:53PM <b>Dvadashi* Until 6:07AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:37AM</i> <b>Muruga:</b> White <i>Sunset: 5:02PM</i> <b>Nataraja:</b> White Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Routine Work	Marana Yoga	<b>Day 5 of Pancha Ganapati</b>		<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM
	Until 3:36AM Mon Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Monday, December 26, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 253
	Vrischika Rasi: 4.31	Tithi 27 – 28	877661366	<b>Gulika</b> 1:08PM – 2:26PM <b>Yama</b> 10:32AM – 11:50AM <b>Rahu</b> 7:56AM – 9:14AM	<b>Anuradha Until 6:24AM Tue</b> Dhriti Until 8:55AM Gara Until 7:21PM <b>Dvadashi* Until 6:07AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise: 6:38AM</i> <b>Muruga:</b> White <i>Sunset: 5:03PM</i> <b>Nataraja:</b> Green Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Family Home Evening	Creative Work	Siddha Yoga	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to 12:PM	
	Until 6:24AM Tue Then Routine Work - Marana Yoga						

<b>5</b>	<b>Tuesday, December 27, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 254
	Vrischika Rasi: 16.27	Tithi 28 – 29	878661366	<b>Gulika</b> 11:51AM – 1:09PM <b>Yama</b> 9:14AM – 10:32AM <b>Rahu</b> 2:27PM – 3:45PM	<b>Anuradha Until 6:24AM</b> Shula* Until 9:34AM Visti Until 9:35PM <b>Trayodashi* Until 8:29AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:38AM</i> <b>Muruga:</b> White <i>Sunset: 5:03PM</i> <b>Nataraja:</b> Green Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Creative Work	Siddha Yoga	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to 12:PM		
	Until 6:24AM Then Routine Work - Marana Yoga						

	<b>Wednesday, December 28, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 13 Sutra 255
	<b>Retreat Star</b>		878661366	<b>Gulika</b> 10:33AM – 11:51AM <b>Yama</b> 7:57AM – 9:15AM <b>Rahu</b> 11:51AM – 1:09PM	<b>Jyeshtha* Until 8:47AM</b> Ganda* Until 10:02AM Catuspada Until 11:31PM <b>Chaturdashi* Until 10:34AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:38AM</i> <b>Muruga:</b> White <i>Sunset: 5:04PM</i> <b>Nataraja:</b> Green Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 Amavasya
	Vrischika Rasi: 28.3	Tithi 29 – 30	<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Bhuloka Day</b>		Devaloka Time: 9:AM to 12:PM
	Until 8:47AM Then Routine Work - Marana Yoga						

	<b>Thursday, December 29, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 256
	<b>Retreat Star</b>		888761366	<b>Gulika</b> 9:15AM – 10:33AM <b>Yama</b> 6:39AM – 7:57AM <b>Rahu</b> 1:10PM – 2:28PM	<b>Mula* Until 11:13AM</b> Vridhi Until 10:17AM Kintughna Until 1:07AM Fri <b>Amavasya* Until 12:20PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:39AM</i> <b>Muruga:</b> White <i>Sunset: 5:05PM</i> <b>Nataraja:</b> Green Moon – Light Blue	Durmukha 5118 Moon 12 - Phase 35 Prathama
	Dhanus Rasi: 10.4	Tithi 30 – 1	<b>Bhuloka Day</b>		Devaloka Time: 9:AM to 12:PM		
	Creative Work Siddha Yoga Then Routine Work - Marana Yoga						

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

<b>1</b>	<b>Friday, December 30, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 257 Durmukha 5118
	Dhanus Rasi: 22.58	Tithi 1 – 2	<b>Gulika</b> 7:57AM – 9:16AM Yama 2:29PM – 3:47PM 888761366 <b>Rahu</b> 10:34AM – 11:52AM	<b>Purvashadha* Until 1:09PM</b> Dhruva Until 10:15AM Balava Until 2:22AM Sat Prathama* Until 1:46PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:39AM</i> <b>Muruga:</b> White <i>Sunset: 5:05PM</i> <b>Nataraja:</b> Green Moon – Light Blue Pausha-Markali	Moon 12 - Phase 36 3rd Phase	<b>Bhuloka Day</b>
Routine Work Prabalarishta Yoga Until 1:09PM Then Routine Work - Marana Yoga							

<b>2</b>	<b>Saturday, December 31, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 258 Durmukha 5118
	Makara Rasi: 5.25	Tithi 2 – 3	<b>Gulika</b> 6:39AM – 7:58AM Yama 1:11PM – 2:29PM 888761366 <b>Rahu</b> 9:16AM – 10:34AM	<b>Uttarashadha Until 2:35PM</b> Vyaghata* Until 9:57AM Taitila Until 3:15AM Sun Dvitiya Until 2:50PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:39AM</i> <b>Muruga:</b> White <i>Sunset: 5:06PM</i> <b>Nataraja:</b> Green Moon – Light Blue Pausha-Markali	Moon 12 - Phase 36 3rd Phase	<b>Bhuloka Day</b>
Routine Work Marana Yoga Until 2:35PM Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Sunday, January 1, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 259 Durmukha 5118
	Makara Rasi: 18.02	Tithi 3 – 4	<b>Gulika</b> 2:29PM – 3:48PM Yama 11:53AM – 1:11PM 898761366 <b>Rahu</b> 3:48PM – 5:06PM	<b>Shravana Until 3:58PM</b> Harshana Until 9:24AM Vanija Until 3:45AM Mon Tritiya Until 3:32PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:39AM</i> <b>Muruga:</b> White <i>Sunset: 5:06PM</i> <b>Nataraja:</b> Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase	<b>Bhuloka Day</b>
Creative Work Amrita Yoga Until 3:58PM Then Routine Work - Marana Yoga							

<b>4</b>	<b>Monday, January 2, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 260 Durmukha 5118
	Kumbha Rasi: 0.49	Tithi 4 – 5	<b>Gulika</b> 1:11PM – 2:30PM Yama 10:35AM – 11:53AM 898761366 <b>Rahu</b> 7:58AM – 9:16AM	<b>Dhanishtha Until 4:49PM</b> Vajra* Until 8:31AM Bava Until 3:51AM Tue Chaturthi* Until 3:50PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:40AM</i> <b>Muruga:</b> White <i>Sunset: 5:07PM</i> <b>Nataraja:</b> Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase	<b>Bhuloka Day</b>
Family Home Evening Creative Work Siddha Yoga							

<b>5</b>	<b>Tuesday, January 3, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 19 Sutra 261 Durmukha 5118
	Kumbha Rasi: 13.49	Tithi 5 – 6	<b>Gulika</b> 11:54AM – 1:12PM Yama 9:17AM – 10:35AM 899761366 <b>Rahu</b> 2:30PM – 3:49PM	<b>Shatabhishak Until 5:06PM</b> Siddhi Until 7:19AM Kaulava Until 3:29AM Wed Panchami Until 3:42PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:40AM</i> <b>Muruga:</b> White <i>Sunset: 5:07PM</i> <b>Nataraja:</b> Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
Routine Work Marana Yoga Vinayaga Viratam Ends							

<b>6</b>	<b>Wednesday, January 4, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 262 Durmukha 5118
	Kumbha Rasi: 27.02	Tithi 6 – 7	<b>Gulika</b> 10:35AM – 11:54AM Yama 7:59AM – 9:17AM 819761366 <b>Rahu</b> 11:54AM – 1:12PM	<b>Purvaproshtapada* Until 5:14PM</b> Variyan Until 3:51AM Thu Gara Until 2:39AM Thu Shashthi* Until 3:06PM	<b>Ganesha:</b> Red <i>Sunrise: 6:40AM</i> <b>Muruga:</b> White <i>Sunset: 5:08PM</i> <b>Nataraja:</b> Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
Creative Work Amrita Yoga Until 5:14PM Then Creative Work - Siddha Yoga							

<b>D</b>	<b>Thursday, January 5, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 263 Durmukha 5118
	<b>Retreat Star</b>		<b>Gulika</b> 9:17AM – 10:36AM Yama 6:40AM – 7:59AM 819761366 <b>Rahu</b> 1:13PM – 2:32PM	<b>Uttaraproshtapada Until 4:44PM</b> Parigha* Until 1:32AM Fri Visti Until 1:18AM Fri Saptami Until 2:01PM	<b>Ganesha:</b> Red <i>Sunrise: 6:40AM</i> <b>Muruga:</b> White <i>Sunset: 5:09PM</i> <b>Nataraja:</b> Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 Ashtami	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
Creative Work Siddha Yoga Subramuniyaswami Jayanti							

<b>D</b>	<b>Friday, January 6, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 264 Durmukha 5118
	<b>Retreat Star</b>		<b>Gulika</b> 7:59AM – 9:18AM Yama 2:32PM – 3:51PM 819761366 <b>Rahu</b> 10:36AM – 11:55AM	<b>Revati Until 3:35PM</b> Shiva Until 10:50PM Balava Until 11:28PM Ashtami* Until 12:25PM	<b>Ganesha:</b> Red <i>Sunrise: 6:40AM</i> <b>Muruga:</b> White <i>Sunset: 5:09PM</i> <b>Nataraja:</b> Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 Navami	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
Creative Work Siddha Yoga Until 3:35PM Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 7, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Ashvini/Bharani Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 265		Durumukha 5118					
Mesha Rasi: 8.24	Tithi 9 – 10	<b>Gulika</b>	6:41AM – 7:59AM	<b>Ashvini Until 2:17PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:41AM			
		<b>Yama</b>	1:14PM – 2:33PM	Siddha Until 7:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:10PM		Moon 12 - Phase 37	
		<b>Rahu</b>	9:18AM – 10:37AM	Taitila Until 9:11PM	<b>Nataraja:</b> Green			4th Phase	
Creative Work	Siddha Yoga			<b>Navami* Until 10:21AM</b>	Moon – White			<b>Devaloka Day</b>	
					<b>Pausha-Markali</b>				

<b>2</b>		<b>Sunday, January 8, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 266		Durumukha 5118					
Mesha Rasi: 22.46	Tithi 10 – 11	<b>Gulika</b>	2:33PM – 3:52PM	<b>Bharani Until 12:25PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:41AM			
		<b>Yama</b>	11:56AM – 1:15PM	Sadhya Until 4:22PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:11PM		Moon 12 - Phase 37	
		<b>Rahu</b>	3:52PM – 5:11PM	Vanija Until 6:31PM	<b>Nataraja:</b> Green			4th Phase	
Routine Work	Prabalarishta Yoga			<b>Vanija Until 6:31PM</b>	Moon – White			<b>Devaloka Day</b>	
Until 12:25PM		<b>Vaikuntha Ekadasi</b>		<b>Dashami Until 7:52AM</b>	<b>Pausha-Markali</b>				
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Monday, January 9, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 267		Durumukha 5118					
Vrishabha Rasi: 7.23	Tithi 12	<b>Gulika</b>	1:15PM – 2:34PM	<b>Krittika Until 10:07AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:41AM			
<b>Family Home Evening</b>		<b>Yama</b>	10:37AM – 11:56AM	Subha Until 12:46PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:12PM		Moon 12 - Phase 37	
		<b>Rahu</b>	8:00AM – 9:18AM	Bava Until 3:34PM	<b>Nataraja:</b> Green			4th Phase	
Routine Work	Marana Yoga			<b>Bava Until 3:34PM</b>	Moon – White			<b>Devaloka Day</b>	
Until 10:07AM				<b>Dvadashi Until 2:01AM Tue</b>	<b>Pausha-Markali</b>				
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Tuesday, January 10, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 268		Durumukha 5118					
Vrishabha Rasi: 22.08	Tithi 13	<b>Gulika</b>	11:57AM – 1:16PM	<b>Rohini Until 7:55AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:41AM			
		<b>Yama</b>	9:19AM – 10:38AM	Sukla Until 9:01AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:12PM		Moon 12 - Phase 37	
		<b>Rahu</b>	2:34PM – 3:53PM	Kaulava Until 12:29PM	<b>Nataraja:</b> Green			4th Phase	
Creative Work	Amrita Yoga			<b>Kaulava Until 12:29PM</b>	Moon – Yellow			<b>Bhuloka Day</b>	
Until 7:55AM				<b>Trayodashi Until 10:55PM</b>	<b>Pausha-Markali</b>			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>					

<b>5</b>		<b>Wednesday, January 11, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Ardra Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 269		Durumukha 5118					
Mithuna Rasi: 6.56	Tithi 14	<b>Gulika</b>	10:38AM – 11:57AM	<b>Ardra Until 3:09AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:41AM			
		<b>Yama</b>	8:00AM – 9:19AM	Indra Until 1:35AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 5:13PM		Moon 12 - Phase 37	
		<b>Rahu</b>	11:57AM – 1:16PM	Gara Until 9:24AM	<b>Nataraja:</b> Green			4th Phase	
Creative Work	Siddha Yoga			<b>Gara Until 9:24AM</b>	Moon – Yellow			<b>Bhuloka Day</b>	
Until 3:09AM Thu				<b>Chaturdashi* Until 7:53PM</b>	<b>Pausha-Markali</b>			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga		<b>Ardra Darshanam</b>							

<b>○</b>		<b>Thursday, January 12, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
<b>Copper Retreat Star</b>		Punarvasu Nakshatra Vaidhriti* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Sun 28 Sutra 270		Durumukha 5118			
Mithuna Rasi: 21.38	Tithi 15 – 16	<b>Gulika</b>	9:19AM – 10:38AM	<b>Punarvasu Until 1:19AM Fri</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:41AM			
		<b>Yama</b>	6:41AM – 8:00AM	Vaidhriti* Until 10:07PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:14PM		Moon 12 - Phase 37	
		<b>Rahu</b>	1:17PM – 2:36PM	Visti Until 6:28AM	<b>Nataraja:</b> Green			Purnima	
Creative Work	Amrita Yoga			<b>Visti Until 6:28AM</b>	Moon – Blue			<b>Devaloka Day</b>	
Until 1:19AM Fri				<b>Purnima* Until 5:05PM</b>	<b>Pausha-Markali</b>				
Then Routine Work - Marana Yoga									

<b>Friday, January 13, 2017</b>		<b>Silver Retreat Star</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29 Sutra 271		Durumukha 5118					
Kataka Rasi: 6.07	Tithi 16 – 17	<b>Gulika</b>	8:00AM – 9:19AM	<b>Pushya Until 11:48PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:41AM			
		<b>Yama</b>	2:36PM – 3:55PM	Vishkambha* Until 7:01PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:15PM		Moon 12 - Phase 37	
		<b>Rahu</b>	10:39AM – 11:58AM	Taitila Until 1:41AM Sat	<b>Nataraja:</b> Green			Prathama	
Routine Work	Marana Yoga			<b>Taitila Until 1:41AM Sat</b>	Moon – Blue			<b>Devaloka Day</b>	
				<b>Prathama* Until 2:40PM</b>	<b>Pausha-Markali</b>				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Saturday, January 14, 2017

Gold Retreat Star

Kataka Rasi: 20.17 Tihi 17 - 18

841761366

Gulika 6:41AM - 8:00AM  
Yama 1:18PM - 2:37PM  
Rahu 9:20AM - 10:39AM

Ashlesha\* Until 10:44PM  
Priti Until 4:23PM  
Vanija Until 12:09AM Sun

Ganesha: White Sunrise: 6:41AM  
Muruga: White Sunset: 5:15PM  
Nataraja: Green  
Moon - Blue  
Pausha\*Thai

Kathmandu, Nepal  
Sun 1 Sutra 272  
Dur mukha 5118  
Moon 1 - Phase 38  
1st Phase

Routine Work Marana Yoga  
Until 10:44PM

Then Creative Work - Amrita Yoga

Thai Pongal

Dvitiya Until 12:48PM

Devaloka Day

1

Sunday, January 15, 2017

Simha Rasi: 4.02 Tihi 18 - 19

851761366

Gulika 2:37PM - 3:57PM  
Yama 11:59AM - 1:18PM  
Rahu 3:57PM - 5:16PM

Magha\* Until 10:40PM  
Ayushman Until 2:18PM  
Bava Until 11:21PM  
Tritiya Until 11:38AM

Ganesha: Yellow Sunrise: 6:41AM  
Muruga: White Sunset: 5:16PM  
Nataraja: Green  
Moon - Red  
Pausha\*Thai

Kathmandu, Nepal  
Sun 2 Sutra 273  
Dur mukha 5118  
Moon 1 - Phase 38  
1st Phase

Routine Work Marana Yoga  
Until 10:40PM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2

Monday, January 16, 2017

Simha Rasi: 17.2 Tihi 19 - 20

851761366

Gulika 1:18PM - 2:38PM  
Yama 10:39AM - 11:59AM  
Rahu 8:00AM - 9:20AM

Purvaphalguni Until 11:15PM  
Saubhagya Until 12:50PM  
Kaulava Until 11:22PM  
Chaturthi\* Until 11:14AM

Ganesha: Yellow Sunrise: 6:41AM  
Muruga: White Sunset: 5:17PM  
Nataraja: Green  
Moon - Red  
Pausha\*Thai

Kathmandu, Nepal  
Sun 3 Sutra 274  
Dur mukha 5118  
Moon 1 - Phase 38  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Tuesday, January 17, 2017

Kanya Rasi: 0.14 Tihi 20 - 21

851761366

Gulika 11:59AM - 1:19PM  
Yama 9:20AM - 10:40AM  
Rahu 2:39PM - 3:58PM

Uttaraphalguni Until 12:27AM Wed  
Sobhana Until 12:00PM  
Gara Until 12:11AM Wed  
Panchami Until 11:39AM

Ganesha: Yellow Sunrise: 6:41AM  
Muruga: White Sunset: 5:18PM  
Nataraja: Green  
Moon - Red  
Pausha\*Thai

Kathmandu, Nepal  
Sun 4 Sutra 275  
Dur mukha 5118  
Moon 1 - Phase 38  
1st Phase

Creative Work Amrita Yoga  
Until 12:27AM Wed

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

4

Wednesday, January 18, 2017

Kanya Rasi: 12.47 Tihi 21 - 22

861761366

Gulika 10:40AM - 12:00PM  
Yama 8:00AM - 9:20AM  
Rahu 12:00PM - 1:19PM

Hasta Until 2:38AM Thu  
Athiganda\* Until 11:45AM  
Vistil Until 1:43AM Thu  
Shashthi\* Until 12:51PM

Ganesha: Blue Sunrise: 6:41AM  
Muruga: White Sunset: 5:19PM  
Nataraja: Green  
Moon - Green  
Pausha\*Thai

Kathmandu, Nepal  
Sun 5 Sutra 276  
Dur mukha 5118  
Moon 1 - Phase 38  
1st Phase

Routine Work Marana Yoga  
Until 2:38AM Thu

Then Creative Work - Siddha Yoga

Devaloka Day

5

Thursday, January 19, 2017

Retreat Star

Kanya Rasi: 25.01 Tihi 22 - 23

861761366

Gulika 9:20AM - 10:40AM  
Yama 6:40AM - 8:00AM  
Rahu 1:20PM - 2:40PM

Chitra Until 5:12AM Fri  
Sukarma Until 11:59AM  
Balava Until 3:48AM Fri  
Saptami Until 2:41PM

Ganesha: Blue Sunrise: 6:40AM  
Muruga: White Sunset: 5:19PM  
Nataraja: Green  
Moon - Green  
Pausha\*Thai

Kathmandu, Nepal  
Sun 6 Sutra 277  
Dur mukha 5118  
Moon 1 - Phase 38  
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Friday, January 20, 2017

Retreat Star

Tula Rasi: 7.03 Tihi 23 - 24

861761366

Gulika 8:00AM - 9:20AM  
Yama 2:40PM - 4:00PM  
Rahu 10:40AM - 12:00PM

Svati Until 7:54AM Sat  
Dhriti Until 12:35PM  
Taitila Until 6:13AM Sat  
Ashtami\* Until 4:58PM

Ganesha: Blue Sunrise: 6:40AM  
Muruga: White Sunset: 5:20PM  
Nataraja: Green  
Moon - Green  
Pausha\*Thai

Kathmandu, Nepal  
Sun 7 Sutra 278  
Dur mukha 5118  
Moon 1 - Phase 38  
Navami

Creative Work Siddha Yoga

Devaloka Day

<b>1</b>		<b>Saturday, January 21, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Tula Rasi: 18.58		Tihti 24		Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Navamyam Titau		Sun 8		Sutra 279	
		<b>Gulika</b>	6:40AM – 8:00AM	<b>Svati</b> Until 7:54AM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:40AM	Durmukha 5118		
		Yama	1:21PM – 2:41PM	Shula* Until 1:22PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39		
Creative Work		862761366	<b>Rahu</b>	9:20AM – 10:40AM	Nataraja: Green	2nd Phase			
Siddha Yoga				Tailila Until 6:13AM	Moon – Green	<b>Bhuloka Day</b>			
				<b>Navami*</b> Until 7:28PM	Pausha*Thai	Devaloka Time: 6:AM to 9:AM			

<b>2</b>		<b>Sunday, January 22, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Vrischika Rasi: 0.5		Tihti 25		Vishakha/Anuradha Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 280	
		<b>Gulika</b>	2:41PM – 4:02PM	<b>Vishakha</b> Until 11:01AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:40AM	Durmukha 5118		
		Yama	12:01PM – 1:21PM	Ganda* Until 2:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 39		
Routine Work		872761366	<b>Rahu</b>	4:02PM – 5:22PM	Nataraja: Green	2nd Phase			
Marana Yoga				Vanija Until 8:46AM	Moon – Orange	<b>Bhuloka Day</b>			
				<b>Dashami</b> Until 9:59PM	Pausha*Thai	Devaloka Time: 6:AM to 9:AM			

<b>3</b>		<b>Monday, January 23, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Vrischika Rasi: 12.44		Tihti 26		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Sutra 281	
<b>Family Home Evening</b>		<b>Gulika</b>	1:21PM – 2:42PM	<b>Anuradha</b> Until 1:53PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:39AM	Durmukha 5118		
		Yama	10:41AM – 12:01PM	Vriddhi Until 2:56PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 39		
Creative Work		872861366	<b>Rahu</b>	8:00AM – 9:20AM	Nataraja: Green	2nd Phase			
Siddha Yoga				Bava Until 11:12AM	Moon – Orange	<b>Bhuloka Day</b>			
				<b>Ekadashi*</b> Until 12:19AM Tue	Pausha*Thai	Devaloka Time: 9:AM to 12:PM			

<b>4</b>		<b>Tuesday, January 24, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
Vrischika Rasi: 24.43		Tihti 27		Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Dvadashyam Titau		Sun 11		Sutra 282	
		<b>Gulika</b>	12:01PM – 1:22PM	<b>Jyeshtha*</b> Until 4:19PM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:39AM	Durmukha 5118		
		Yama	9:20AM – 10:41AM	Dhruva Until 3:27PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 39		
Routine Work		972861366	<b>Rahu</b>	2:42PM – 4:03PM	Nataraja: Green	2nd Phase			
Marana Yoga				Kaulava Until 1:24PM	Moon – Orange	<b>Devaloka Day</b>			
Until 4:19PM				<b>Dvadashi*</b> Until 2:20AM Wed	Pausha*Thai	Devaloka Time: 9:AM to 12:PM			
Then Creative Work - Amrita Yoga									

<b>5</b>		<b>Wednesday, January 25, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Dhanus Rasi: 6.5		Tihti 28		Mula*/Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Sutra 283	
		<b>Gulika</b>	10:41AM – 12:02PM	<b>Mula*</b> Until 6:42PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:39AM	Durmukha 5118		
		Yama	8:00AM – 9:20AM	Vyaghata* Until 3:41PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 39		
Routine Work		982861366	<b>Rahu</b>	12:02PM – 1:22PM	Nataraja: Green	2nd Phase			
Marana Yoga				Gara Until 3:12PM	Moon – Light Blue	<b>Bhuloka Day</b>			
Until 6:42PM				<b>Trayodashi*</b> Until 3:55AM Thu	Pausha*Thai	Devaloka Time: 9:AM to 12:PM			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>					

<b>6</b>		<b>Thursday, January 26, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
Dhanus Rasi: 19.08		Tihti 29		Purvashadha*/Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 284	
		<b>Gulika</b>	9:20AM – 10:41AM	<b>Purvashadha*</b> Until 8:29PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:39AM	Durmukha 5118		
		Yama	6:39AM – 7:59AM	Harshana Until 3:36PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 39		
Creative Work		982861366	<b>Rahu</b>	1:23PM – 2:43PM	Nataraja: Green	2nd Phase			
Siddha Yoga				Visti Until 4:33PM	Moon – Light Blue	<b>Bhuloka Day</b>			
Until 8:29PM				<b>Chaturdashi*</b> Until 5:01AM Fri	Pausha*Thai	Devaloka Time: 9:AM to 12:PM			
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Friday, January 27, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Makara Rasi: 1.38		Tihti 30		Uttarashadha Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14		Sutra 285	
		<b>Gulika</b>	7:59AM – 9:20AM	<b>Uttarashadha</b> Until 9:38PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:38AM	Durmukha 5118		
		Yama	2:44PM – 4:05PM	Vajra* Until 3:06PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 39		
Routine Work		982861366	<b>Rahu</b>	10:41AM – 12:02PM	Nataraja: Green	Amavasya			
Marana Yoga				Catuspada Until 5:24PM	Moon – Light Blue	<b>Bhuloka Day</b>			
				<b>Amavasya*</b> Until 5:37AM Sat	Pausha*Thai	Devaloka Time: 9:AM to 12:PM			

<b>Retreat Star</b>		<b>Saturday, January 28, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Makara Rasi: 14.22		Tihti 1		Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15		Sutra 286	
		<b>Gulika</b>	6:38AM – 7:59AM	<b>Shravana</b> Until 10:37PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:38AM	Durmukha 5118		
		Yama	1:23PM – 2:44PM	Siddhi Until 2:14PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 39		
Creative Work		992861366	<b>Rahu</b>	9:20AM – 10:41AM	Nataraja: Green	Prathama			
Siddha Yoga				Kintughna Until 5:45PM	Moon – Purple	<b>Bhuloka Day</b>			
				<b>Prathama*</b> Until 5:44AM Sun	Magha*Thai	Devaloka Time: 9:AM to 12:PM			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1 Sunday, January 29, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal			
		Dhanishtha Nakshatra Vyatipata* /Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 287			
Makara Rasi: 27.2	Tithi 2	<b>Gulika</b> 2:45PM – 4:06PM	<b>Dhanishtha Until 11:01PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:37AM	Durmukha 5118
		Yama 12:02PM – 1:24PM	Vyatipata* Until 1:01PM	<b>Muruga:</b> White <i>Sunset:</i> 5:27PM	Moon 1 - Phase 40
		992861366 <b>Rahu</b> 4:06PM – 5:27PM	Balava Until 5:38PM	<b>Nataraja:</b> Green	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 5:24AM Mon</b>	Moon – Purple	<b>Bhuloka Day</b>
Until 11:01PM				<b>Magha-Thai</b>	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga					

<b>2 Monday, January 30, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Kathmandu, Nepal			
		Shatabhishak Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau Sun 17 Sutra 288			
Kumbha Rasi: 10.31	Tithi 3	<b>Gulika</b> 1:24PM – 2:45PM	<b>Shatabhishak Until 10:52PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:37AM	Durmukha 5118
<b>Family Home Evening</b>		Yama 10:41AM – 12:03PM	Variyan Until 11:27AM	<b>Muruga:</b> White <i>Sunset:</i> 5:28PM	Moon 1 - Phase 40
Creative Work	Siddha Yoga	992861366 <b>Rahu</b> 7:58AM – 9:20AM	Tailila Until 5:06PM	<b>Nataraja:</b> Green	3rd Phase
Until 10:52PM			<b>Tritiya Until 4:41AM Tue</b>	Moon – Purple	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>	Devaloka Time: 9:AM to12:PM

<b>3 Tuesday, January 31, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal			
		Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau Sun 18 Sutra 289			
Kumbha Rasi: 23.55	Tithi 4	<b>Gulika</b> 12:03PM – 1:24PM	<b>Purvaproshtapada* Until 10:40PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:36AM	Durmukha 5118
		Yama 9:20AM – 10:41AM	Parigha* Until 9:36AM	<b>Muruga:</b> White <i>Sunset:</i> 5:29PM	Moon 1 - Phase 40
		912861366 <b>Rahu</b> 2:46PM – 4:07PM	Vanija Until 4:13PM	<b>Nataraja:</b> Green	3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 3:38AM Wed</b>	Moon – Clear	<b>Devaloka Day</b>
Until 10:40PM				<b>Magha-Thai</b>	
Then Creative Work - Amrita Yoga					

<b>4 Wednesday, February 1, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Kathmandu, Nepal			
		Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau Sun 19 Sutra 290			
Meena Rasi: 7.29	Tithi 5	<b>Gulika</b> 10:41AM – 12:03PM	<b>Uttaraproshtapada Until 10:02PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:36AM	Durmukha 5118
		Yama 7:58AM – 9:20AM	Shiva Until 7:31AM	<b>Muruga:</b> White <i>Sunset:</i> 5:29PM	Moon 1 - Phase 40
		912861366 <b>Rahu</b> 12:03PM – 1:24PM	Bava Until 3:00PM	<b>Nataraja:</b> Green	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 2:16AM Thu</b>	Moon – Clear	<b>Devaloka Day</b>
Until 10:02PM				<b>Magha-Thai</b>	
Then Routine Work - Marana Yoga					

<b>5 Thursday, February 2, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Kathmandu, Nepal			
		Revati Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau Sun 20 Sutra 291			
Meena Rasi: 21.14	Tithi 6	<b>Gulika</b> 9:19AM – 10:41AM	<b>Revati Until 8:59PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:36AM	Durmukha 5118
		Yama 6:36AM – 7:58AM	Sadhya Until 2:38AM Fri	<b>Muruga:</b> White <i>Sunset:</i> 5:30PM	Moon 1 - Phase 40
		912861366 <b>Rahu</b> 1:25PM – 2:46PM	Kaulava Until 1:31PM	<b>Nataraja:</b> Green	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 12:40AM Fri</b>	Moon – Clear	<b>Devaloka Day</b>
Until 8:59PM				<b>Magha-Thai</b>	
Then Creative Work - Amrita Yoga					

<b>6 Friday, February 3, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal			
		Ashvini Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau Sun 21 Sutra 292			
Mesha Rasi: 5.09	Tithi 7	<b>Gulika</b> 7:57AM – 9:19AM	<b>Ashvini Until 7:59PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:35AM	Durmukha 5118
		Yama 2:47PM – 4:09PM	Subha Until 11:55PM	<b>Muruga:</b> White <i>Sunset:</i> 5:31PM	Moon 1 - Phase 40
		923861367 <b>Rahu</b> 10:41AM – 12:03PM	Gara Until 11:47AM	<b>Nataraja:</b> White	3rd Phase
Creative Work	Amrita Yoga		<b>Saptami Until 10:49PM</b>	Moon – White	<b>Bhuloka Day</b>
Until 7:59PM				<b>Magha-Thai</b>	
Then Creative Work - Siddha Yoga					

<b>☾ Saturday, February 4, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Kathmandu, Nepal			
		Bharani Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau Sun 22 Sutra 293			
Mesha Rasi: 19.12	Tithi 8	<b>Gulika</b> 6:35AM – 7:57AM	<b>Bharani Until 6:39PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:35AM	Durmukha 5118
		Yama 1:25PM – 2:47PM	Sukla Until 9:02PM	<b>Muruga:</b> White <i>Sunset:</i> 5:31PM	Moon 1 - Phase 40
		923861367 <b>Rahu</b> 9:19AM – 10:41AM	Visti Until 9:50AM	<b>Nataraja:</b> White	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:46PM</b>	Moon – White	<b>Bhuloka Day</b>
Until 6:39PM				<b>Magha-Thai</b>	
Then Creative Work - Amrita Yoga					


<b>☀ Sunday, February 5, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal			
		Krittika/Rohini Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau Sun 23 Sutra 294			
Vrisabha Rasi: 3.22	Tithi 9	<b>Gulika</b> 2:48PM – 4:10PM	<b>Krittika Until 5:01PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:34AM	Durmukha 5118
		Yama 12:03PM – 1:26PM	Brahma Until 6:02PM	<b>Muruga:</b> White <i>Sunset:</i> 5:32PM	Moon 1 - Phase 40
		923861367 <b>Rahu</b> 4:10PM – 5:32PM	Balava Until 7:42AM	<b>Nataraja:</b> White	Navami
Creative Work	Siddha Yoga		<b>Navami* Until 6:34PM</b>	Moon – White	<b>Bhuloka Day</b>
				<b>Magha-Thai</b>	

<b>1</b>		<b>Monday, February 6, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Kathmandu, Nepal	
Vrishabha Rasi: 17.38		Tithi 10 – 11		Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Sun 24 Sutra 295	
<b>Family Home Evening</b>		933861367		<b>Gulika</b> 1:26PM – 2:48PM	<b>Rohini Until 3:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM
Creative Work		Amrita Yoga		Yama 10:41AM – 12:03PM	Indra Until 2:56PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:33PM
				<b>Rahu</b> 7:56AM – 9:19AM	Vanija Until 3:05AM Tue	<b>Nataraja:</b> White	Moon 1 - Phase 41
					<b>Dashami Until 4:14PM</b>	Moon – Yellow	4th Phase
						<b>Magha*Thai</b>	<b>Bhuloka Day</b>
							Devaloka Time: 6:AM to 9:AM

<b>2</b>		<b>Tuesday, February 7, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal	
Mithuna Rasi: 1.57		Tithi 11 – 12		Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 296	
Creative Work		Siddha Yoga		<b>Gulika</b> 12:03PM – 1:26PM	<b>Mrigashira Until 1:53PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM
Until 1:53PM				Yama 9:18AM – 10:41AM	Vaidhriti* Until 11:48AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:34PM
Then Routine Work - Marana Yoga				<b>Rahu</b> 2:49PM – 4:11PM	Bava Until 12:44AM Wed	<b>Nataraja:</b> White	Moon 1 - Phase 41
					<b>Ekadashi Until 1:53PM</b>	Moon – Yellow	4th Phase
						<b>Magha*Thai</b>	<b>Bhuloka Day</b>
							Devaloka Time: 6:AM to 9:AM

<b>3</b>		<b>Wednesday, February 8, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Kathmandu, Nepal	
Mithuna Rasi: 16.16		Tithi 12 – 13		Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 297	
Creative Work		Siddha Yoga		<b>Gulika</b> 10:41AM – 12:04PM	<b>Ardra Until 12:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM
				Yama 7:55AM – 9:18AM	Vishkambha* Until 8:41AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:34PM
				<b>Rahu</b> 12:04PM – 1:26PM	Kaulava Until 10:29PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
					<b>Dvadashi Until 11:34AM</b>	Moon – Yellow	4th Phase
					<i>Pradosha Vrata</i>	<b>Magha*Thai</b>	<b>Bhuloka Day</b>
							Devaloka Time: 6:AM to 9:AM

<b>4</b>		<b>Thursday, February 9, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Kathmandu, Nepal	
Kataka Rasi: 0.29		Tithi 13 – 14		Punarvasu/Pushya Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 298	
Creative Work		Amrita Yoga		<b>Gulika</b> 9:18AM – 10:41AM	<b>Punarvasu Until 10:49AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM
				Yama 6:32AM – 7:55AM	Ayushman Until 2:55AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 5:35PM
				<b>Rahu</b> 1:26PM – 2:49PM	Gara Until 8:26PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
					<b>Trayodashi Until 9:24AM</b>	Moon – Blue	4th Phase
				<b>Thai Pusam</b>		<b>Magha*Thai</b>	<b>Bhuloka Day</b>

		<b>Friday, February 10, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal	
<b>Copper Retreat Star</b>		Pushya/Ashlesha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 299	
Kataka Rasi: 14.32		Tithi 14 – 15		<b>Gulika</b> 7:54AM – 9:17AM	<b>Pushya Until 9:38AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM
Routine Work		Marana Yoga		Yama 2:50PM – 4:13PM	Saubhagya Until 12:25AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 5:36PM
				<b>Rahu</b> 10:41AM – 12:04PM	Visti Until 6:44PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
					<b>Chaturdashi* Until 7:31AM</b>	Moon – Blue	Purnima
						<b>Magha*Thai</b>	<b>Bhuloka Day</b>

<b>0</b>		<b>Saturday, February 11, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Kathmandu, Nepal	
<b>Silver Retreat Star</b>		Ashlesha*/Magha* Nakshatra Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Sutra 300	
Kataka Rasi: 28.22		Tithi 15 – 16		<b>Gulika</b> 6:31AM – 7:54AM	<b>Ashlesha* Until 8:43AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM
Routine Work		Marana Yoga		Yama 1:27PM – 2:50PM	Sobhana Until 10:20PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:37PM
Until 8:43AM				<b>Rahu</b> 9:17AM – 10:40AM	Kaulava Until 5:02AM Sun	<b>Nataraja:</b> White	Moon 1 - Phase 41
Then Creative Work - Amrita Yoga					<b>Purnima* Until 6:01AM</b>	Moon – Blue	Prathama
				<b>Penumbral Lunar Eclipse</b>		<b>Magha*Thai</b>	<b>Bhuloka Day</b>

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

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Sunday, February 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal

Sutra 301

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Simha Rasi: 11.53      Tihti 17

**Gulika** 2:51PM – 4:14PM  
**Yama** 12:04PM – 1:27PM  
**Rahu** 4:14PM – 5:37PM

**Magha\* Until 8:36AM**  
**Athiganda\* Until 8:40PM**  
**Tailila Until 4:47PM**

**Ganesha:** Clear  
**Muruga:** White  
**Nataraja:** White  
Moon – Red

*Sunrise:* 6:30AM  
*Sunset:* 5:37PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work      Marana Yoga  
Until 8:36AM

Then Creative Work - Siddha Yoga

1

Monday, February 13, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kathmandu, Nepal

Sun 1      Sutra 302

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Simha Rasi: 25.04      Tihti 18

**Gulika** 1:27PM – 2:51PM  
**Yama** 10:40AM – 12:04PM  
**Rahu** 7:53AM – 9:16AM

**Purvaphalguni Until 8:56AM**  
**Sukarma Until 7:31PM**  
**Vanija Until 4:44PM**

**Ganesha:** Clear  
**Muruga:** White  
**Nataraja:** White  
Moon – Red

*Sunrise:* 6:29AM  
*Sunset:* 5:38PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**Family Home Evening**  
Creative Work      Siddha Yoga

Then Creative Work - Siddha Yoga

2

Tuesday, February 14, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal

Sun 2      Sutra 303

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 7.55      Tihti 19

**Gulika** 12:04PM – 1:27PM  
**Yama** 9:16AM – 10:40AM  
**Rahu** 2:51PM – 4:15PM

**Uttaraphalguni Until 9:45AM**  
**Dhriti Until 6:54PM**  
**Bava Until 5:21PM**

**Ganesha:** Clear  
**Muruga:** White  
**Nataraja:** White  
Moon – Red

*Sunrise:* 6:28AM  
*Sunset:* 5:39PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work      Amrita Yoga  
Until 9:45AM

Then Creative Work - Siddha Yoga

3

Wednesday, February 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\* Yoga Kaulava Karana Panchamyam Titau

Kathmandu, Nepal

Sun 3      Sutra 304

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 20.28      Tihti 20

**Gulika** 10:40AM – 12:04PM  
**Yama** 7:52AM – 9:16AM  
**Rahu** 12:04PM – 1:28PM

**Hasta Until 11:31AM**  
**Shula\* Until 6:45PM**  
**Kaulava Until 6:36PM**

**Ganesha:** White  
**Muruga:** White  
**Nataraja:** White  
Moon – Green

*Sunrise:* 6:28AM  
*Sunset:* 5:40PM

**Bhuloka Day**

Magha-Masi

Routine Work      Marana Yoga  
Until 11:31AM

Then Creative Work - Siddha Yoga

4

Thursday, February 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\* Yoga Tailila/Gara Karana Panchami/Shashtyam Titau

Kathmandu, Nepal

Sun 4      Sutra 305

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Tula Rasi: 2.46      Tihti 20 – 21

**Gulika** 9:15AM – 10:39AM  
**Yama** 6:27AM – 7:51AM  
**Rahu** 1:28PM – 2:52PM

**Chitra Until 1:42PM**  
**Ganda\* Until 7:01PM**  
**Gara Until 8:25PM**

**Ganesha:** Yellow  
**Muruga:** White  
**Nataraja:** White  
Moon – Green

*Sunrise:* 6:27AM  
*Sunset:* 5:40PM

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work      Siddha Yoga  
Until 1:42PM

Then Creative Work - Amrita Yoga

5

Friday, February 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shashtih/Saptamyam Titau

Kathmandu, Nepal

Sun 5      Sutra 306

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Tula Rasi: 14.51      Tihti 21 – 22

**Gulika** 7:51AM – 9:15AM  
**Yama** 2:52PM – 4:17PM  
**Rahu** 10:39AM – 12:04PM

**Svati Until 4:07PM**  
**Vriddhi Until 7:37PM**  
**Visti Until 10:38PM**

**Ganesha:** Yellow  
**Muruga:** White  
**Nataraja:** White  
Moon – Green

*Sunrise:* 6:26AM  
*Sunset:* 5:41PM

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work      Siddha Yoga

D

Saturday, February 18, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal

Sun 6      Sutra 307

Durmukha 5118

Moon 2 - Phase 42

Ashtami

Tula Rasi: 26.49      Tihti 22 – 23

**Gulika** 6:25AM – 7:50AM  
**Yama** 1:28PM – 2:53PM  
**Rahu** 9:14AM – 10:39AM

**Vishakha Until 7:08PM**  
**Dhruva Until 8:22PM**  
**Balava Until 1:03AM Sun**

**Ganesha:** Yellow  
**Muruga:** Yellow  
**Nataraja:** White  
Moon – Orange

*Sunrise:* 6:25AM  
*Sunset:* 5:42PM

**Devaloka Day**

Magha-Masi

Creative Work      Siddha Yoga

Sunday, February 19, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal

Sun 7      Sutra 308

Durmukha 5118

Moon 2 - Phase 42

Navami

Vrischika Rasi: 8.43      Tihti 23 – 24

**Gulika** 2:53PM – 4:18PM  
**Yama** 12:03PM – 1:28PM  
**Rahu** 4:18PM – 5:42PM

**Anuradha Until 10:02PM**  
**Vyaghata\* Until 9:10PM**  
**Tailila Until 3:29AM Mon**

**Ganesha:** Yellow  
**Muruga:** Yellow  
**Nataraja:** White  
Moon – Orange

*Sunrise:* 6:25AM  
*Sunset:* 5:42PM

**Devaloka Day**

Magha-Masi

Routine Work      Marana Yoga

**Ashtami\* Until 2:16PM**

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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<b>1</b>		<b>Monday, February 20, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 8 Sutra 309	
Vrischika Rasi: 20.37	Tithi 24 – 25	<b>Gulika</b>	1:28PM – 2:53PM	<b>Jyeshtha* Until 12:37AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:24AM	Durmukha 5118
<b>Family Home Evening</b>	974971367	Yama	10:38AM – 12:03PM	Harshana Until 9:52PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:43PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		<b>Rahu</b>	7:49AM – 9:14AM	Vanija Until 5:44AM Tue	<b>Nataraja:</b> White		2nd Phase
Until 12:37AM Tue				<b>Navami* Until 4:37PM</b>	Moon – Orange		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Magha-Masi</b>		

<b>2</b>		<b>Tuesday, February 21, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti* Karana Dashamyam Titau		Kathmandu, Nepal Sun 9 Sutra 310	
Dhanus Rasi: 3	Tithi 25	<b>Gulika</b>	12:03PM – 1:28PM	<b>Mula* Until 3:12AM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:23AM	Durmukha 5118
	984971367	Yama	9:13AM – 10:38AM	Vajra* Until 10:18PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		<b>Rahu</b>	2:53PM – 4:19PM	Visti Until 6:42PM	<b>Nataraja:</b> White		2nd Phase
				<b>Dashami Until 6:42PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
					<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>3</b>		<b>Wednesday, February 22, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Kathmandu, Nepal Sun 10 Sutra 311	
Dhanus Rasi: 14.45	Tithi 26	<b>Gulika</b>	10:38AM – 12:03PM	<b>Purvashadha* Until 5:08AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:22AM	Durmukha 5118
	984971367	Yama	7:47AM – 9:13AM	Siddhi Until 10:22PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		<b>Rahu</b>	12:03PM – 1:28PM	Bava Until 7:35AM	<b>Nataraja:</b> White		2nd Phase
Until 5:08AM Thu				<b>Ekadashi* Until 8:18PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>4</b>		<b>Thursday, February 23, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Dvadashyam Titau		Kathmandu, Nepal Sun 11 Sutra 312	
Dhanus Rasi: 27.06	Tithi 27	<b>Gulika</b>	9:12AM – 10:38AM	<b>Uttarashadha Until 6:19AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:21AM	Durmukha 5118
	984971367	Yama	6:21AM – 7:47AM	Vyatipata* Until 10:01PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 43
Routine Work Marana Yoga		<b>Rahu</b>	1:29PM – 2:54PM	Kaulava Until 8:54AM	<b>Nataraja:</b> White		2nd Phase
				<b>Dvadashi* Until 9:18PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
					<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>5</b>		<b>Friday, February 24, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Kathmandu, Nepal Sun 12 Sutra 313	
Makara Rasi: 9.44	Tithi 28	<b>Gulika</b>	7:46AM – 9:12AM	<b>Uttarashadha Until 6:19AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:20AM	Durmukha 5118
	984971367	Yama	2:54PM – 4:20PM	Variyan Until 9:08PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 43
Routine Work Marana Yoga		<b>Rahu</b>	10:37AM – 12:03PM	Gara Until 9:35AM	<b>Nataraja:</b> White		2nd Phase
				<b>Trayodashi* Until 9:40PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
		<b>Mahasivaratri (Lunar)</b>		<i>Pradosha Vrata (Fasting)</i>	<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM
		<b>Mahasivaratri (Solar)</b>					

<b>6</b>		<b>Saturday, February 25, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kathmandu, Nepal Sun 13 Sutra 314	
Makara Rasi: 22.41	Tithi 29	<b>Gulika</b>	6:19AM – 7:45AM	<b>Shravana Until 7:11AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:19AM	Durmukha 5118
	994971367	Yama	1:29PM – 2:55PM	Parigha* Until 7:45PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		<b>Rahu</b>	9:11AM – 10:37AM	Visti Until 9:37AM	<b>Nataraja:</b> White		2nd Phase
				<b>Chaturdashi* Until 9:23PM</b>	Moon – Purple		<b>Bhuloka Day</b>
					<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>●</b>		<b>Sunday, February 26, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kathmandu, Nepal Sun 14 Sutra 315	
<b>Retreat Star</b>		<b>Gulika</b>	2:55PM – 4:21PM	<b>Dhanishtha Until 7:16AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:18AM	Durmukha 5118
Kumbha Rasi: 5.57	Tithi 30	Yama	12:03PM – 1:29PM	Shiva Until 5:55PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 43
	994971367	<b>Rahu</b>	4:21PM – 5:47PM	Catuspada Until 9:01AM	<b>Nataraja:</b> White		Amavasya
Routine Work Marana Yoga				<b>Amavasya* Until 8:29PM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 7:16AM		<b>Annular Solar Eclipse</b>			<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga							

<b>●</b>		<b>Monday, February 27, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashadhapada* Nakshatra Siddha/Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau		Kathmandu, Nepal Sun 15 Sutra 316	
<b>Retreat Star</b>		<b>Gulika</b>	1:29PM – 2:55PM	<b>Shatabhishak Until 6:39AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:17AM	Durmukha 5118
Kumbha Rasi: 19.32	Tithi 1	Yama	10:36AM – 12:02PM	Siddha Until 3:39PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 43
<b>Family Home Evening</b>	994971367	<b>Rahu</b>	7:44AM – 9:10AM	Kintughna Until 7:52AM	<b>Nataraja:</b> White		Prathama
Creative Work Siddha Yoga				<b>Prathama* Until 7:05PM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 6:39AM					<b>Phalguna-Masi</b>		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		Tuesday, February 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 317	
Meena Rasi: 3.23	Tithi 2 – 3	<b>Gulika</b>	12:02PM – 1:29PM	<b>Uttaraproshtapada Until 4:39AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:16AM	Durmukha 5118		
		Yama	9:09AM – 10:36AM	Sadhya Until 1:04PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 44		
		914971367 <b>Rahu</b>	2:55PM – 4:22PM	Balava Until 6:15AM	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Amrita Yoga			<b>Dvitiya Until 5:18PM</b>	Moon – Clear		<b>Devaloka Day</b>		
Until 4:39AM Wed					<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga									

<b>2</b>		Wednesday, March 1, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kathmandu, Nepal Sun 17 Sutra 318	
Meena Rasi: 17.27	Tithi 3 – 4	<b>Gulika</b>	10:35AM – 12:02PM	<b>Revati Until 3:02AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:14AM	Durmukha 5118		
		Yama	7:41AM – 9:08AM	Subha Until 10:15AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 44		
		914971367 <b>Rahu</b>	12:02PM – 1:29PM	Vanija Until 2:08AM Thu	<b>Nataraja:</b> White		3rd Phase		
Routine Work	Marana Yoga			<b>Tritiya Until 3:13PM</b>	Moon – Clear		<b>Devaloka Day</b>		
Until 3:02AM Thu					<b>Phalguna-Masi</b>				
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Siva Vision Day</b>							

<b>3</b>		Thursday, March 2, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kathmandu, Nepal Sun 18 Sutra 319	
Mesha Rasi: 1.4	Tithi 4 – 5	<b>Gulika</b>	9:08AM – 10:35AM	<b>Ashvini Until 1:36AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:13AM	Durmukha 5118		
		Yama	6:13AM – 7:41AM	Sukla Until 7:15AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 44		
		925971367 <b>Rahu</b>	1:29PM – 2:56PM	Bava Until 11:51PM	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Amrita Yoga			<b>Chaturthi* Until 12:59PM</b>	Moon – White		<b>Devaloka Day</b>		
Until 1:36AM Fri					<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga									

<b>4</b>		Friday, March 3, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kathmandu, Nepal Sun 19 Sutra 320	
Mesha Rasi: 15.56	Tithi 5 – 6	<b>Gulika</b>	7:40AM – 9:07AM	<b>Bharani Until 12:00AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:12AM	Durmukha 5118		
		Yama	2:56PM – 4:23PM	Indra Until 1:09AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 44		
		925971367 <b>Rahu</b>	10:34AM – 12:02PM	Kaulava Until 9:32PM	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Siddha Yoga			<b>Panchami Until 10:40AM</b>	Moon – White		<b>Devaloka Day</b>		
					<b>Phalguna-Masi</b>				

<b>5</b>		Saturday, March 4, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kathmandu, Nepal Sun 20 Sutra 321	
Vrishabha Rasi: 0.13	Tithi 6 – 7	<b>Gulika</b>	6:11AM – 7:39AM	<b>Krittika Until 10:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:11AM	Durmukha 5118		
		Yama	1:29PM – 2:56PM	Vaidhriti* Until 10:07PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 44		
		925971367 <b>Rahu</b>	9:06AM – 10:34AM	Gara Until 7:16PM	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Amrita Yoga			<b>Shashthi* Until 8:22AM</b>	Moon – White		<b>Devaloka Day</b>		
					<b>Phalguna-Masi</b>				

<b>☾</b>		Sunday, March 5, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		Kathmandu, Nepal Sun 21 Sutra 322	
<b>Retreat Star</b>		<b>Gulika</b>	2:56PM – 4:24PM	<b>Rohini Until 9:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM	Durmukha 5118		
Vrishabha Rasi: 14.27	Tithi 7 – 8	Yama	12:01PM – 1:29PM	Vishkambha* Until 7:12PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 44		
		135971367 <b>Rahu</b>	4:24PM – 5:52PM	Bava Until 4:03AM Mon	<b>Nataraja:</b> White		Ashtami		
Creative Work	Siddha Yoga			<b>Saptami Until 6:09AM</b>	Moon – Yellow		<b>Sivaloka Day</b>		
					<b>Phalguna-Masi</b>				

<b>☾</b>		Monday, March 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Kathmandu, Nepal Sun 22 Sutra 323	
<b>Retreat Star</b>		<b>Gulika</b>	1:29PM – 2:57PM	<b>Mrigashira Until 7:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:09AM	Durmukha 5118		
Vrishabha Rasi: 28.35	Tithi 9	Yama	10:33AM – 12:01PM	Priti Until 4:24PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 44		
<b>Family Home Evening</b>		135971367 <b>Rahu</b>	7:37AM – 9:05AM	Balava Until 3:05PM	<b>Nataraja:</b> White		Navami		
Creative Work	Amrita Yoga			<b>Navami* Until 2:08AM Tue</b>	Moon – Yellow		<b>Sivaloka Day</b>		
Until 7:46PM					<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga									

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>	<b>Tuesday, March 7, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 324
	Mithuna Rasi: 12.37	Tithi 10	<b>Gulika</b>	12:01PM – 1:29PM	<b>Ardra</b> Until 6:32PM	<b>Ganesha:</b> White	Sunrise: 6:08AM
			Yama	9:05AM – 10:33AM	Ayushman Until 1:45PM	<b>Muruga:</b> Yellow	Sunset: 5:53PM
	Routine Work	Marana Yoga	135971367	<b>Rahu</b>	2:57PM – 4:25PM	Nataraja: White	Moon 2 - Phase 45
Until 6:32PM				Tailila Until 1:15PM	Moon – Yellow	4th Phase	
Then Creative Work - Siddha Yoga				<b>Dashami</b> Until 12:24AM Wed	<b>Phalguna-Masi</b>	<b>Sivaloka Day</b>	

<b>2</b>	<b>Wednesday, March 8, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 325
	Mithuna Rasi: 26.32	Tithi 11	<b>Gulika</b>	10:32AM – 12:00PM	<b>Punarvasu</b> Until 5:50PM	<b>Ganesha:</b> Clear	Sunrise: 6:07AM
			Yama	7:36AM – 9:04AM	Saubhagya Until 11:17AM	<b>Muruga:</b> Yellow	Sunset: 5:54PM
	Creative Work	Siddha Yoga	145971367	<b>Rahu</b>	12:00PM – 1:29PM	Nataraja: White	Moon 2 - Phase 45
				Vanija Until 11:39AM	Moon – Blue	4th Phase	
				<b>Ekadashi</b> Until 10:55PM	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	

<b>3</b>	<b>Thursday, March 9, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 326
	Kataka Rasi: 10.16	Tithi 12	<b>Gulika</b>	9:03AM – 10:32AM	<b>Pushya</b> Until 5:15PM	<b>Ganesha:</b> Clear	Sunrise: 6:06AM
			Yama	6:06AM – 7:35AM	Sobhana Until 9:02AM	<b>Muruga:</b> Yellow	Sunset: 5:54PM
	Creative Work	Amrita Yoga	145971367	<b>Rahu</b>	1:29PM – 2:57PM	Nataraja: White	Moon 2 - Phase 45
Until 5:15PM				Bava Until 10:18AM	Moon – Blue	4th Phase	
Then Creative Work - Siddha Yoga				<b>Dvadashi</b> Until 9:43PM	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	

<b>4</b>	<b>Friday, March 10, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Tailila Karana Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 327
	Kataka Rasi: 23.5	Tithi 13	<b>Gulika</b>	7:34AM – 9:03AM	<b>Ashlesha*</b> Until 4:50PM	<b>Ganesha:</b> Clear	Sunrise: 6:05AM
			Yama	2:57PM – 4:26PM	Athiganda* Until 7:00AM	<b>Muruga:</b> Yellow	Sunset: 5:55PM
	Routine Work	Marana Yoga	145971367	<b>Rahu</b>	10:31AM – 12:00PM	Nataraja: White	Moon 2 - Phase 45
				Kaulava Until 9:16AM	Moon – Blue	4th Phase	
				<b>Trayodashi</b> Until 8:52PM	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Saturday, March 11, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 328
	Simha Rasi: 7.13	Tithi 14	<b>Gulika</b>	6:04AM – 7:33AM	<b>Magha*</b> Until 5:06PM	<b>Ganesha:</b> Clear	Sunrise: 6:04AM
			Yama	1:29PM – 2:57PM	Dhriti Until 3:54AM Sun	<b>Muruga:</b> Yellow	Sunset: 5:55PM
	Creative Work	Amrita Yoga	156971367	<b>Rahu</b>	9:02AM – 10:31AM	Nataraja: White	Moon 2 - Phase 45
Until 5:06PM				Gara Until 8:36AM	Moon – Red	4th Phase	
Then Creative Work - Siddha Yoga				<b>Chaturdashi*</b> Until 8:24PM	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	
				<b>Chidambaram Abhishekam</b>			

<b>○</b>	<b>Sunday, March 12, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Kathmandu, Nepal Sutra 329
	<b>Copper Retreat Star</b>		<b>Gulika</b>	2:58PM – 4:27PM	<b>Purvaphalguni</b> Until 5:39PM	<b>Ganesha:</b> Clear	Sunrise: 6:03AM
	Simha Rasi: 20.22	Tithi 15	Yama	11:59AM – 1:29PM	Shula* Until 2:51AM Mon	<b>Muruga:</b> Yellow	Sunset: 5:56PM
	Creative Work	Siddha Yoga	156971367	<b>Rahu</b>	4:27PM – 5:56PM	Nataraja: White	Moon 2 - Phase 45
Until 5:39PM				Visti Until 8:21AM	Moon – Red	Purnima	
Then Creative Work - Amrita Yoga				<b>Purnima*</b> Until 8:23PM	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	
				<b>Holi</b>			

<b>○</b>	<b>Monday, March 13, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sutra 330
	<b>Silver Retreat Star</b>		<b>Gulika</b>	1:28PM – 2:58PM	<b>Uttaraphalguni</b> Until 6:31PM	<b>Ganesha:</b> Clear	Sunrise: 6:02AM
	Kanya Rasi: 3.16	Tithi 16	Yama	10:30AM – 11:59AM	Ganda* Until 2:12AM Tue	<b>Muruga:</b> Yellow	Sunset: 5:56PM
	Family Home Evening		156171367	<b>Rahu</b>	7:31AM – 9:01AM	Nataraja: White	Moon 2 - Phase 45
Creative Work				Balava Until 8:35AM	Moon – Red	Prathama	
				<b>Prathama*</b> Until 8:52PM	<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	



Tuesday, March 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Vriddhi Yoga Tailila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal  
Sun 1 Sutra 331

Kanya Rasi: 15.56 Tithi 17

Gulika 11:59AM – 1:28PM  
Yama 9:00AM – 10:29AM  
Rahu 2:58PM – 4:27PM

Hasta Until 8:11PM  
Vriddhi Until 1:57AM Wed  
Tailila Until 9:19AM

Ganesh: Purple Sunrise: 6:01AM  
Muruga: Yellow Sunset: 5:57PM  
Nataraja: White

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Dvitiya Until 9:51PM

Moon – Green  
Phalguna-Panguni

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

1

Wednesday, March 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kathmandu, Nepal  
Sun 2 Sutra 332

Kanya Rasi: 28.23 Tithi 18

Gulika 10:29AM – 11:59AM  
Yama 7:29AM – 8:59AM  
Rahu 11:59AM – 1:28PM

Chitra Until 10:10PM  
Dhruva Until 2:03AM Thu  
Vanija Until 10:33AM  
Tritiya Until 11:19PM

Ganesh: Purple Sunrise: 6:00AM  
Muruga: Yellow Sunset: 5:57PM  
Nataraja: Clear

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Creative Work Siddha Yoga

Moon – Green  
Phalguna-Panguni

**Devaloka Day**

2

Thursday, March 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal  
Sun 3 Sutra 333

Tula Rasi: 10.38 Tithi 19

Gulika 8:58AM – 10:28AM  
Yama 5:59AM – 7:29AM  
Rahu 1:28PM – 2:58PM

Svati Until 12:24AM Fri  
Vyaghata\* Until 2:28AM Fri  
Bava Until 12:14PM  
Chaturthi\* Until 1:12AM Fri

Ganesh: Purple Sunrise: 5:59AM  
Muruga: Yellow Sunset: 5:58PM  
Nataraja: Clear

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Creative Work Amrita Yoga

Until 12:24AM Fri

Then Creative Work - Siddha Yoga

Moon – Green  
Phalguna-Panguni

**Devaloka Day**

3

Friday, March 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Harshana Yoga Kaulava/Tailila Karana Panchamyam Titau

Kathmandu, Nepal  
Sun 4 Sutra 334

Tula Rasi: 22.43 Tithi 20

Gulika 7:28AM – 8:58AM  
Yama 2:58PM – 4:28PM  
Rahu 10:28AM – 11:58AM

Vishakha Until 3:16AM Sat  
Harshana Until 3:09AM Sat  
Kaulava Until 2:18PM  
Panchami Until 3:26AM Sat

Ganesh: Clear Sunrise: 5:58AM  
Muruga: Yellow Sunset: 5:58PM  
Nataraja: Clear

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Creative Work Siddha Yoga

Moon – Orange  
Phalguna-Panguni

**Sivaloka Day**

4

Saturday, March 18, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal  
Sun 5 Sutra 335

Vrischika Rasi: 4.41 Tithi 21

Gulika 5:56AM – 7:27AM  
Yama 1:28PM – 2:58PM  
Rahu 8:57AM – 10:27AM

Anuradha Until 6:09AM Sun  
Vajra\* Until 3:57AM Sun  
Gara Until 4:38PM  
Shashthi\* Until 5:50AM Sun

Ganesh: Clear Sunrise: 5:56AM  
Muruga: Yellow Sunset: 5:59PM  
Nataraja: Clear

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Creative Work Siddha Yoga

Until 6:09AM Sun

Then Routine Work - Marana Yoga

Moon – Orange  
Phalguna-Panguni

**Sivaloka Day**

5

Sunday, March 19, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi Yoga Visti\* Karana Saptamyam Titau

Kathmandu, Nepal  
Sun 6 Sutra 336

Vrischika Rasi: 16.35 Tithi 22

Gulika 2:58PM – 4:29PM  
Yama 11:57AM – 1:28PM  
Rahu 4:29PM – 6:00PM

Anuradha Until 6:09AM  
Siddhi Until 4:46AM Mon  
Visti Until 7:04PM  
Saptami Until 8:14AM Mon

Ganesh: Purple Sunrise: 5:55AM  
Muruga: Yellow Sunset: 6:00PM  
Nataraja: Clear

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Routine Work Marana Yoga

Moon – Orange  
Phalguna-Panguni

**Subha Sivaloka Day**

D

Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal  
Sun 7 Sutra 337

Vrischika Rasi: 28.29 Tithi 22 – 23

Gulika 1:28PM – 2:59PM  
Yama 10:26AM – 11:57AM  
Rahu 7:25AM – 8:56AM

Jyeshtha\* Until 8:52AM  
Vyatipata\* Until 5:30AM Tue  
Balava Until 9:24PM  
Saptami Until 8:14AM

Ganesh: Purple Sunrise: 5:54AM  
Muruga: Yellow Sunset: 6:00PM  
Nataraja: Clear

Durmukha 5118  
Moon 3 - Phase 46  
Ashtami

Creative Work Siddha Yoga

Moon – Orange  
Phalguna-Panguni

**Subha Sivaloka Day**

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal  
Sun 8 Sutra 338

Dhanus Rasi: 10.26 Tithi 23 – 24

Gulika 11:57AM – 1:28PM  
Yama 8:55AM – 10:26AM  
Rahu 2:59PM – 4:30PM

Mula\* Until 11:44AM  
Variyan Until 5:54AM Wed  
Tailila Until 11:26PM  
Ashtami\* Until 10:27AM

Ganesh: Clear Sunrise: 5:53AM  
Muruga: Yellow Sunset: 6:01PM  
Nataraja: Clear

Durmukha 5118  
Moon 3 - Phase 46  
Navami

Creative Work Amrita Yoga

Until 11:44AM

Then Creative Work - Siddha Yoga

Moon – Light Blue  
Phalguna-Panguni

**Sivaloka Day**

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 22, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Kathmandu, Nepal	
Dhanus Rasi: 22.33		Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9		Sutra 339	
Tihi 24 – 25		<b>Gulika</b>	<b>10:25AM – 11:57AM</b>	<b>Purvashadha* Until 2:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM	Durmukha 5118
187171368		Yama	7:23AM – 8:54AM	Parigha* Until 5:55AM Thu	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:01PM	Moon 3 - Phase 47
Creative Work	Amrita Yoga	<b>Rahu</b>	<b>11:57AM – 1:28PM</b>	Vanija Until 12:58AM Thu	<b>Nataraja:</b> Clear		2nd Phase
				<b>Navami* Until 12:15PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
					<b>Phalguna•Panguni</b>		

<b>2</b>		<b>Thursday, March 23, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Kathmandu, Nepal	
Makara Rasi: 4.53		Uttarashadha/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Sun 10		Sutra 340	
Tihi 25 – 26		<b>Gulika</b>	<b>8:54AM – 10:25AM</b>	<b>Uttarashadha Until 3:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM	Durmukha 5118
187171368		Yama	5:51AM – 7:22AM	Shiva Until 5:24AM Fri	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	<b>Rahu</b>	<b>1:28PM – 2:59PM</b>	Bava Until 1:49AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Until 3:36PM				<b>Dashami Until 1:27PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Phalguna•Panguni</b>		

<b>3</b>		<b>Friday, March 24, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal	
Makara Rasi: 17.32		Shravana/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Sun 11		Sutra 341	
Tihi 26 – 27		<b>Gulika</b>	<b>7:21AM – 8:53AM</b>	<b>Shravana Until 4:45PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM	Durmukha 5118
197171368		Yama	2:59PM – 4:31PM	Siddha Until 4:15AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	<b>Rahu</b>	<b>10:24AM – 11:56AM</b>	Kaulava Until 1:53AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Until 4:45PM				<b>Ekadashi* Until 1:56PM</b>	Moon – Purple	<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Phalguna•Panguni</b>		

<b>4</b>		<b>Saturday, March 25, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Kathmandu, Nepal	
Kumbha Rasi: 0.34		Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Talila/Gara Karana Dvadashti/Trayodashyam Titau		Sun 12		Sutra 342	
Tihi 27 – 28		<b>Gulika</b>	<b>5:49AM – 7:20AM</b>	<b>Dhanishtha Until 4:59PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM	Durmukha 5118
198171368		Yama	1:27PM – 2:59PM	Sadhya Until 2:30AM Sun	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:03PM	Moon 3 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>8:52AM – 10:24AM</b>	Gara Until 1:10AM Sun	<b>Nataraja:</b> Clear		2nd Phase
Until 4:59PM				<b>Dvadashti* Until 1:36PM</b>	Moon – Purple	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Phalguna•Panguni</b>		
					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Sunday, March 26, 2017</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal	
Kumbha Rasi: 14		Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 343	
Tihi 28 – 29		<b>Gulika</b>	<b>2:59PM – 4:31PM</b>	<b>Shatabhishak Until 4:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:48AM	Durmukha 5118
198171368		Yama	11:55AM – 1:27PM	Subha Until 12:11AM Mon	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:03PM	Moon 3 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>4:31PM – 6:03PM</b>	Visti Until 11:44PM	<b>Nataraja:</b> Clear		2nd Phase
Until 4:59PM				<b>Trayodashi* Until 12:31PM</b>	Moon – Purple	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Phalguna•Panguni</b>		

<b>Monday, March 27, 2017</b>		<b>Retreat Star</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Kathmandu, Nepal	
Kumbha Rasi: 27.51		Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashmi/Amavasyayam Titau		Sun 14		Sutra 344	
Tihi 29 – 30		<b>Gulika</b>	<b>1:27PM – 2:59PM</b>	<b>Purvaproshtapada* Until 3:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:46AM	Durmukha 5118
118171368		Yama	10:23AM – 11:55AM	Sukla Until 9:21PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:04PM	Moon 3 - Phase 47
Family Home Evening		<b>Rahu</b>	<b>7:19AM – 8:51AM</b>	Catuspada Until 9:40PM	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga			<b>Chaturdashmi* Until 10:45AM</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 3:18PM					<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga							

<b>Tuesday, March 28, 2017</b>		<b>Retreat Star</b>				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal	
Meena Rasi: 12.04		Uttaraproshtapada*/Revali Nakshatra Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 15		Sutra 345	
Tihi 30 – 1		<b>Gulika</b>	<b>11:55AM – 1:27PM</b>	<b>Uttaraproshtapada Until 1:38PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:45AM	Durmukha 5118
118171368		Yama	8:50AM – 10:22AM	Brahma Until 6:09PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:04PM	Moon 3 - Phase 47
Creative Work	Amrita Yoga	<b>Rahu</b>	<b>2:59PM – 4:32PM</b>	Kintughna Until 7:08PM	<b>Nataraja:</b> Clear		Prathama
Until 1:38PM				<b>Amavasya* Until 8:26AM</b>	Moon – Clear	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Yugadhi</b>			<b>Chaitra•Panguni</b>		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 29, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Meena Rasi: 26.35		Tithi 2		Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16		Sutra 346	
Routine Work		Marana Yoga		<b>Gulika</b> 10:22AM – 11:54AM	<b>Revati Until 11:27AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:44AM	Durmukha 5118	
				Yama 7:17AM – 8:49AM	Indra Until 2:41PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 48	
		118171368		<b>Rahu</b> 11:54AM – 1:27PM	Balava Until 4:16PM	<b>Nataraja:</b> Clear	Moon – Clear		3rd Phase
		Chellappaswami Mahasamadhi		<b>Dvitiya Until 2:45AM Thu</b>		<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	

<b>2</b>		<b>Thursday, March 30, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
Mesha Rasi: 11.16		Tithi 3		Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 17		Sutra 347	
Creative Work		Amrita Yoga		<b>Gulika</b> 8:49AM – 10:21AM	<b>Ashvini Until 9:21AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:43AM	Durmukha 5118	
Until 9:21AM				Yama 5:43AM – 7:16AM	Vaidhriti* Until 11:03AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 48	
Then Creative Work - Siddha Yoga		128171368		<b>Rahu</b> 1:27PM – 3:00PM	Taitila Until 1:14PM	<b>Nataraja:</b> Clear	Moon – White		3rd Phase
				<b>Tritiya Until 11:41PM</b>		<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	

<b>3</b>		<b>Friday, March 31, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Mesha Rasi: 26.01		Tithi 4		Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 18		Sutra 348	
Creative Work		Siddha Yoga		<b>Gulika</b> 7:15AM – 8:48AM	<b>Bharani Until 7:03AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:42AM	Durmukha 5118	
				Yama 3:00PM – 4:33PM	Vishkambha* Until 7:24AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 48	
		128171368		<b>Rahu</b> 10:21AM – 11:54AM	Vanija Until 10:11AM	<b>Nataraja:</b> Clear	Moon – White		3rd Phase
				<b>Chaturthi* Until 8:41PM</b>		<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	

<b>4</b>		<b>Saturday, April 1, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Vrishabha Rasi: 10.41		Tithi 5 – 6		Rohini Nakshatra Ayushman Yoga Bava/Kaulava Karana Panchami/Shashtyam Titau		Sun 19		Sutra 349	
Creative Work		Amrita Yoga		<b>Gulika</b> 5:42AM – 7:15AM	<b>Rohini Until 2:53AM Sun</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:42AM	Durmukha 5118	
Until 2:53AM Sun				Yama 1:27PM – 3:00PM	Ayushman Until 12:26AM Sun	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 48	
Then Creative Work - Siddha Yoga		139171368		<b>Rahu</b> 8:48AM – 10:21AM	Bava Until 7:15AM	<b>Nataraja:</b> Clear	Moon – Yellow		3rd Phase
				<b>Panchami Until 5:51PM</b>		<b>Chaitra•Panguni</b>		<b>Subha Sivaloka Day</b>	

<b>5</b>		<b>Sunday, April 2, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Vrishabha Rasi: 25.11		Tithi 6 – 7		Mrigashira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Sun 20		Sutra 350	
Creative Work		Siddha Yoga		<b>Gulika</b> 3:00PM – 4:33PM	<b>Mrigashira Until 1:15AM Mon</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:41AM	Durmukha 5118	
				Yama 11:54AM – 1:27PM	Saubhagya Until 9:18PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 48	
		139171368		<b>Rahu</b> 4:33PM – 6:06PM	Gara Until 2:11AM Mon	<b>Nataraja:</b> Clear	Moon – Yellow		3rd Phase
				<b>Shashthi* Until 3:18PM</b>		<b>Chaitra•Panguni</b>		<b>Subha Sivaloka Day</b>	

<b>Monday, April 3, 2017</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 9.28		Tithi 7 – 8		Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21		Sutra 351	
Family Home Evening				<b>Gulika</b> 1:27PM – 3:00PM	<b>Ardra Until 11:52PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:40AM	Durmukha 5118	
Creative Work		Siddha Yoga		Yama 10:20AM – 11:53AM	Sobhana Until 6:30PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 48	
Until 11:52PM		139171368		<b>Rahu</b> 7:13AM – 8:46AM	Visti Until 12:13AM Tue	<b>Nataraja:</b> Clear	Moon – Yellow		Ashtami
Then Creative Work - Amrita Yoga				<b>Saptami Until 1:08PM</b>		<b>Chaitra•Panguni</b>		<b>Subha Sivaloka Day</b>	

<b>Tuesday, April 4, 2017</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 23.28		Tithi 8 – 9		Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Sutra 352	
Creative Work		Siddha Yoga		<b>Gulika</b> 11:53AM – 1:27PM	<b>Punarvasu Until 11:13PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:39AM	Durmukha 5118	
				Yama 8:46AM – 10:19AM	Athiganda* Until 4:02PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 48	
		149171368		<b>Rahu</b> 3:00PM – 4:34PM	Balava Until 10:43PM	<b>Nataraja:</b> Clear	Moon – Blue		Navami
		Sri Rama Navami		<b>Ashtami* Until 11:23AM</b>		<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>	


<b>1</b>		<b>Wednesday, April 5, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 23 Sutra 353 Durmukha 5118	
Kataka Rasi: 7.1	Tithi 9 – 10	<b>Gulika</b>	<b>10:19AM – 11:53AM</b>	<b>Pushya Until 10:53PM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 5:37AM</i>			
		Yama	7:11AM – 8:45AM	Sukarma Until 1:58PM	<b>Muruga: Yellow</b>	<i>Sunset: 6:08PM</i>			Moon 3 - Phase 49
Creative Work	Siddha Yoga	149171368 <b>Rahu</b>	<b>11:53AM – 1:26PM</b>	Taitila Until 9:40PM	<b>Nataraja: Clear</b>				4th Phase
				<b>Navami* Until 10:07AM</b>	<b>Moon – Blue</b>			<b>Sivaloka Day</b>	
					<b>Chaitra•Panguni</b>				

<b>2</b>		<b>Thursday, April 6, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 24 Sutra 354 Durmukha 5118	
Kataka Rasi: 20.37	Tithi 10 – 11	<b>Gulika</b>	<b>8:44AM – 10:18AM</b>	<b>Ashlesha* Until 10:51PM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 5:36AM</i>			
		Yama	5:36AM – 7:10AM	Dhriti Until 12:17PM	<b>Muruga: Yellow</b>	<i>Sunset: 6:08PM</i>			Moon 3 - Phase 49
Creative Work	Siddha Yoga	149171368 <b>Rahu</b>	<b>1:26PM – 3:00PM</b>	Vanija Until 9:06PM	<b>Nataraja: Clear</b>				4th Phase
Until 10:51PM				<b>Vanija Until 9:06PM</b>	<b>Moon – Blue</b>			<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Yogaswami Mahasamadhi</b>		<b>Dashami Until 9:18AM</b>	<b>Chaitra•Panguni</b>				

<b>3</b>		<b>Friday, April 7, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shula*/Ganda*/Vridhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Kathmandu, Nepal Sun 25 Sutra 355 Durmukha 5118	
Simha Rasi: 3.49	Tithi 11 – 12	<b>Gulika</b>	<b>7:09AM – 8:44AM</b>	<b>Magha* Until 11:34PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:35AM</i>			
		Yama	3:00PM – 4:35PM	Shula* Until 10:55AM	<b>Muruga: Yellow</b>	<i>Sunset: 6:09PM</i>			Moon 3 - Phase 49
Routine Work	Marana Yoga	159271368 <b>Rahu</b>	<b>10:18AM – 11:52AM</b>	Bava Until 8:58PM	<b>Nataraja: Clear</b>				4th Phase
Until 11:34PM				<b>Ekadashi Until 8:57AM</b>	<b>Moon – Red</b>			<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Chaitra•Panguni</b>				

<b>4</b>		<b>Saturday, April 8, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kathmandu, Nepal Sun 26 Sutra 356 Durmukha 5118	
Simha Rasi: 16.46	Tithi 12 – 13	<b>Gulika</b>	<b>5:34AM – 7:09AM</b>	<b>Purvaphalguni Until 12:32AM Sun</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:34AM</i>			
		Yama	1:26PM – 3:01PM	Ganda* Until 9:55AM	<b>Muruga: Yellow</b>	<i>Sunset: 6:09PM</i>			Moon 3 - Phase 49
Creative Work	Siddha Yoga	151271368 <b>Rahu</b>	<b>8:43AM – 10:17AM</b>	Kaulava Until 9:15PM	<b>Nataraja: Clear</b>				4th Phase
Until 12:32AM Sun				<b>Dvadashi Until 9:02AM</b>	<b>Moon – Red</b>			<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>	<b>Chaitra•Panguni</b>				

<b>5</b>		<b>Sunday, April 9, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 27 Sutra 357 Durmukha 5118	
Simha Rasi: 29.32	Tithi 13 – 14	<b>Gulika</b>	<b>3:01PM – 4:35PM</b>	<b>Uttaraphalguni Until 1:44AM Mon</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:33AM</i>			
		Yama	11:51AM – 1:26PM	Vridhi Until 9:16AM	<b>Muruga: Yellow</b>	<i>Sunset: 6:10PM</i>			Moon 3 - Phase 49
Creative Work	Amrita Yoga	151271368 <b>Rahu</b>	<b>4:35PM – 6:10PM</b>	Gara Until 9:57PM	<b>Nataraja: Clear</b>				4th Phase
Until 1:44AM Mon				<b>Trayodashi Until 9:32AM</b>	<b>Moon – Red</b>			<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Chaitra•Panguni</b>				

		<b>Monday, April 10, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kathmandu, Nepal Sun 28 Sutra 358 Durmukha 5118	
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>1:26PM – 3:01PM</b>	<b>Hasta Until 3:38AM Tue</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:32AM</i>			
Kanya Rasi: 12.08	Tithi 14 – 15	Yama	10:16AM – 11:51AM	Dhruva Until 8:52AM	<b>Muruga: Yellow</b>	<i>Sunset: 6:10PM</i>			Moon 3 - Phase 49
<b>Family Home Evening</b>		161271368 <b>Rahu</b>	<b>7:07AM – 8:42AM</b>	Visti Until 11:01PM	<b>Nataraja: Clear</b>				Purnima
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 10:25AM</b>	<b>Moon – Green</b>			<b>Devaloka Day</b>	
		<b>Panguni Uttiram</b>			<b>Chaitra•Panguni</b>				
		<b>Hanuman Jayanti</b>							

<b>6</b>		<b>Tuesday, April 11, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kathmandu, Nepal Sun 29 Sutra 359 Durmukha 5118	
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>11:51AM – 1:26PM</b>	<b>Chitra Until 5:42AM Wed</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:31AM</i>			
Kanya Rasi: 24.32	Tithi 15 – 16	Yama	8:41AM – 10:16AM	Vyaghata* Until 8:47AM	<b>Muruga: Yellow</b>	<i>Sunset: 6:11PM</i>			Moon 3 - Phase 49
Creative Work	Siddha Yoga	161271368 <b>Rahu</b>	<b>3:01PM – 4:36PM</b>	Balava Until 12:27AM Wed	<b>Nataraja: Clear</b>				Prathama
				<b>Purnima* Until 11:40AM</b>	<b>Moon – Green</b>			<b>Devaloka Day</b>	
					<b>Chaitra•Panguni</b>				





Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Kathmandu, Nepal

Tula Rasi: 6.49 Tihi 16 - 17

Gulika 10:15AM - 11:51AM  
Yama 7:05AM - 8:40AM  
Rahu 11:51AM - 1:26PM

Svati Until 7:55AM Thu  
Harshana Until 9:00AM  
Taitila Until 2:14AM Thu  
Prathama\* Until 1:17PM

Ganesh: Blue Sunrise: 5:30AM  
Muruga: Yellow Sunset: 6:11PM  
Nataraja: Clear  
Moon - Green  
Chaitra-Panguni

Sutra 360  
Durmukha 5118  
Moon 4 - Phase 50  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Thursday, April 13, 2017

1

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam

Kathmandu, Nepal

Tula Rasi: 18.56 Tihi 17 - 18

Gulika 8:40AM - 10:15AM  
Yama 5:29AM - 7:04AM  
Rahu 1:26PM - 3:01PM

Svati Until 7:55AM  
Vajra\* Until 9:25AM  
Vanija Until 4:17AM Fri  
Dvitiya Until 3:12PM

Ganesh: Blue Sunrise: 5:29AM  
Muruga: Yellow Sunset: 6:12PM  
Nataraja: Clear  
Moon - Green  
Chaitra-Panguni

Sun 1 Sutra 361  
Durmukha 5118  
Moon 4 - Phase 50  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 7:55AM

Then Creative Work - Siddha Yoga

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Kathmandu, Nepal

Vrischika Rasi: 0.58 Tihi 18 - 19

Gulika 7:03AM - 8:39AM  
Yama 3:01PM - 4:37PM  
Rahu 10:15AM - 11:50AM

Vishakha Until 10:44AM  
Siddhi Until 10:04AM  
Bava Until 6:34AM Sat  
Tritiya Until 5:23PM

Ganesh: Blue Sunrise: 5:28AM  
Muruga: Yellow Sunset: 6:12PM  
Nataraja: Clear  
Moon - Orange  
Chaitra-Chaitra

Sun 2 Sutra 362  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Tamil New Year

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Kathmandu, Nepal

Vrischika Rasi: 12.53 Tihi 19

Gulika 5:27AM - 7:03AM  
Yama 1:26PM - 3:01PM  
Rahu 8:38AM - 10:14AM

Anuradha Until 1:36PM  
Vyatipata\* Until 10:53AM  
Bava Until 6:34AM  
Chaturthi\* Until 7:45PM

Ganesh: Blue Sunrise: 5:27AM  
Muruga: Yellow Sunset: 6:13PM  
Nataraja: Clear  
Moon - Orange  
Chaitra-Chaitra

Sun 3 Sutra 363  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Kathmandu, Nepal

Vrischika Rasi: 24.46 Tihi 20

Gulika 3:02PM - 4:38PM  
Yama 11:50AM - 1:26PM  
Rahu 4:38PM - 6:13PM

Jyeshtha\* Until 4:22PM  
Varyan Until 11:45AM  
Kaulava Until 9:00AM  
Panchami Until 10:11PM

Ganesh: Blue Sunrise: 5:26AM  
Muruga: Yellow Sunset: 6:13PM  
Nataraja: Clear  
Moon - Orange  
Chaitra-Chaitra

Sun 4 Sutra 364  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 4:22PM

Then Creative Work - Amrita Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Kathmandu, Nepal

Dhanus Rasi: 6.39 Tihi 21

Gulika 1:26PM - 3:02PM  
Yama 10:13AM - 11:49AM  
Rahu 7:01AM - 8:37AM

Mula\* Until 7:26PM  
Parigha\* Until 12:38PM  
Gara Until 11:24AM  
Shashthi\* Until 12:32AM Tue

Ganesh: Red Sunrise: 5:25AM  
Muruga: Yellow Sunset: 6:14PM  
Nataraja: Clear  
Moon - Light Blue  
Chaitra-Chaitra

Sun 5 Sutra 1  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 7:26PM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Kathmandu, Nepal

Dhanus Rasi: 18.35 Tihi 22

Gulika 11:49AM - 1:25PM  
Yama 8:36AM - 10:13AM  
Rahu 3:02PM - 4:38PM

Purvashadha\* Until 10:06PM  
Shiva Until 1:23PM  
Visti Until 1:37PM  
Saptami Until 2:35AM Wed

Ganesh: Red Sunrise: 5:24AM  
Muruga: Yellow Sunset: 6:15PM  
Nataraja: Clear  
Moon - Light Blue  
Chaitra-Chaitra

Sun 6 Sutra 2  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 10:06PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Kathmandu, Nepal

Makara Rasi: 0.39 Tihi 23

Gulika 10:12AM - 11:49AM  
Yama 6:59AM - 8:36AM  
Rahu 11:49AM - 1:25PM

Uttarashadha Until 12:08AM Thu  
Siddha Until 1:47PM  
Balava Until 3:27PM  
Ashtami\* Until 4:07AM Thu

Ganesh: Yellow Sunrise: 5:23AM  
Muruga: Yellow Sunset: 6:15PM  
Nataraja: Clear  
Moon - Light Blue  
Chaitra-Chaitra

Sun 7 Sutra 3  
Hemalamba 5119  
Moon 4 - Phase 50  
Ashtami

Sivaloka Day

Creative Work Amrita Yoga

Until 12:08AM Thu

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Kathmandu, Nepal

Makara Rasi: 12.56 Tihi 24

Gulika 8:35AM - 10:12AM  
Yama 5:22AM - 6:58AM  
Rahu 1:25PM - 3:02PM

Shravana Until 1:51AM Fri  
Sadhya Until 1:45PM  
Taitila Until 4:39PM  
Navami\* Until 4:57AM Fri

Ganesh: White Sunrise: 5:22AM  
Muruga: Yellow Sunset: 6:16PM  
Nataraja: Clear  
Moon - Purple  
Chaitra-Chaitra

Sun 8 Sutra 4  
Hemalamba 5119  
Moon 4 - Phase 50  
Navami

Devaloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

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<b>1 Friday, April 21, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam			Kathmandu, Nepal	
Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Vistli* Karana Dashamyam Titau		Sun 9 Sutra 5		Hemalamba 5119		
Makara Rasi: 25.31	Tithi 25	<b>Gulika</b> 6:58AM – 8:35AM	<b>Dhanishtha Until 2:37AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise: 5:21AM</i>	Moon 4 - Phase 1	
		Yama 3:02PM – 4:39PM	Subha Until 1:09PM	<b>Muruga:</b> Yellow <i>Sunset: 6:16PM</i>	2nd Phase	
		292271368 <b>Rahu</b> 10:12AM – 11:48AM	Vanija Until 5:05PM	<b>Nataraja:</b> Clear	Moon – Purple	
Creative Work	Siddha Yoga		<b>Dashami Until 4:58AM Sat</b>	<b>Chaitra•Chaitra</b>	<b>Devaloka Day</b>	
Until 2:37AM Sat						
Then Creative Work - Amrita Yoga						

<b>2 Saturday, April 22, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam			Kathmandu, Nepal	
Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 6		Hemalamba 5119		
Kumbha Rasi: 8.31	Tithi 26	<b>Gulika</b> 5:20AM – 6:57AM	<b>Shatabhishak Until 2:23AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise: 5:20AM</i>	Moon 4 - Phase 1	
		Yama 1:25PM – 3:02PM	Sukla Until 11:52AM	<b>Muruga:</b> Yellow <i>Sunset: 6:17PM</i>	2nd Phase	
		292271368 <b>Rahu</b> 8:34AM – 10:11AM	Bava Until 4:39PM	<b>Nataraja:</b> Clear	Moon – Purple	
Creative Work	Amrita Yoga		<b>Ekadashi* Until 4:06AM Sun</b>	<b>Chaitra•Chaitra</b>	<b>Devaloka Day</b>	
Until 2:23AM Sun						
Then Creative Work - Siddha Yoga						

<b>3 Sunday, April 23, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Kathmandu, Nepal	
Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 7		Hemalamba 5119		
Kumbha Rasi: 21.58	Tithi 27	<b>Gulika</b> 3:03PM – 4:40PM	<b>Purvaproshtapada* Until 1:38AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:19AM</i>	Moon 4 - Phase 1	
		Yama 11:48AM – 1:25PM	Brahma Until 9:54AM	<b>Muruga:</b> Yellow <i>Sunset: 6:17PM</i>	2nd Phase	
		212271368 <b>Rahu</b> 4:40PM – 6:17PM	Kaulava Until 3:23PM	<b>Nataraja:</b> Clear	Moon – Clear	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 2:26AM Mon</b>	<b>Chaitra•Chaitra</b>	<b>Devaloka Day</b>	
Until 2:26AM Mon						
Then Creative Work - Siddha Yoga						

<b>4 Monday, April 24, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam			Kathmandu, Nepal	
Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 8		Hemalamba 5119		
Meena Rasi: 5.53	Tithi 28	<b>Gulika</b> 1:25PM – 3:03PM	<b>Uttaraproshtapada Until 12:02AM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:18AM</i>	Moon 4 - Phase 1	
<b>Family Home Evening</b>		Yama 10:10AM – 11:48AM	Indra Until 7:19AM	<b>Muruga:</b> Yellow <i>Sunset: 6:18PM</i>	2nd Phase	
		212271368 <b>Rahu</b> 6:55AM – 8:33AM	Gara Until 1:20PM	<b>Nataraja:</b> Clear	Moon – Clear	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 12:03AM Tue</b>	<b>Chaitra•Chaitra</b>	<b>Devaloka Day</b>	
Until 12:03AM Tue			<i>Pradosha Vrata (Fasting)</i>			
Then Creative Work - Siddha Yoga						

<b>5 Tuesday, April 25, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam			Kathmandu, Nepal	
Revati Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 9		Hemalamba 5119		
Meena Rasi: 20.16	Tithi 29	<b>Gulika</b> 11:48AM – 1:25PM	<b>Revati Until 9:43PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:17AM</i>	Moon 4 - Phase 1	
		Yama 8:32AM – 10:10AM	Vishkambha* Until 12:33AM Wed	<b>Muruga:</b> Yellow <i>Sunset: 6:18PM</i>	2nd Phase	
		212271369 <b>Rahu</b> 3:03PM – 4:41PM	Visti Until 10:39AM	<b>Nataraja:</b> Purple	Moon – Clear	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:06PM</b>	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	
Until 9:06PM					Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga						

<b>Wednesday, April 26, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Kathmandu, Nepal	
<b>Retreat Star</b>		Ashvini Nakshatra Priti Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 14 Sutra 10	
Mesha Rasi: 5.02	Tithi 30 – 1	<b>Gulika</b> 10:10AM – 11:47AM	<b>Ashvini Until 7:17PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:16AM</i>	Hemalamba 5119	
		Yama 6:54AM – 8:32AM	Priti Until 8:39PM	<b>Muruga:</b> Yellow <i>Sunset: 6:19PM</i>	Moon 4 - Phase 1	
		222271369 <b>Rahu</b> 11:47AM – 1:25PM	Catuspada Until 7:29AM	<b>Nataraja:</b> Purple	Amavasya	
Routine Work	Marana Yoga		<b>Amavasya* Until 5:45PM</b>	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	
Until 7:17PM					Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga						

<b>Thursday, April 27, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Kathmandu, Nepal	
<b>Retreat Star</b>		Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Sun 15 Sutra 11	
Mesha Rasi: 20.02	Tithi 1 – 2	<b>Gulika</b> 8:31AM – 10:09AM	<b>Bharani Until 4:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:15AM</i>	Hemalamba 5119	
		Yama 5:15AM – 6:53AM	Ayushman Until 4:34PM	<b>Muruga:</b> Yellow <i>Sunset: 6:19PM</i>	Moon 4 - Phase 1	
		222271369 <b>Rahu</b> 1:25PM – 3:03PM	Balava Until 12:22AM Fri	<b>Nataraja:</b> Purple	Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 2:10PM</b>	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	
Until 4:30PM					Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga						

<b>1 Friday, April 28, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Kathmandu, Nepal Sun 16 Sutra 12 Hemalamba 5119	
Wrishabha Rasi: 5.1	Tithi 2 – 3	<b>Gulika</b> 6:52AM – 8:31AM	<b>Krittika</b> Until 1:33PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM	
		Yama 3:04PM – 4:42PM	Saubhagya Until 12:28PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:20PM	Moon 4 - Phase 2
		222271369 <b>Rahu</b> 10:09AM – 11:47AM	Taitila Until 8:46PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 10:32AM	Moon – White		<b>Bhuloka Day</b>
Until 1:33PM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

<b>2 Saturday, April 29, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Alhiganda* Yoga Gara/Visti* Karana Tritiya/Chaturthayam Titau			Kathmandu, Nepal Sun 17 Sutra 13 Hemalamba 5119	
Wrishabha Rasi: 20.13	Tithi 3 – 4	<b>Gulika</b> 5:13AM – 6:52AM	<b>Rohini</b> Until 10:59AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:13AM	
		Yama 1:25PM – 3:04PM	Sobhana Until 8:28AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 4 - Phase 2
		232271369 <b>Rahu</b> 8:30AM – 10:09AM	Visti Until 3:45AM Sun	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 7:00AM	Moon – Yellow		<b>Bhuloka Day</b>
Until 10:59AM		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

<b>3 Sunday, April 30, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau			Kathmandu, Nepal Sun 18 Sutra 14 Hemalamba 5119	
Mithuna Rasi: 5.04	Tithi 5	<b>Gulika</b> 3:04PM – 4:43PM	<b>Mrigashira</b> Until 8:36AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:13AM	
		Yama 11:47AM – 1:25PM	Sukarma Until 1:16AM Mon	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:21PM	Moon 4 - Phase 2
		232271369 <b>Rahu</b> 4:43PM – 6:21PM	Bava Until 2:17PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 12:54AM Mon	Moon – Yellow		<b>Bhuloka Day</b>
Until 6:31AM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

<b>4 Monday, May 1, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau			Kathmandu, Nepal Sun 19 Sutra 15 Hemalamba 5119	
Mithuna Rasi: 19.35	Tithi 6	<b>Gulika</b> 1:25PM – 3:04PM	<b>Ardra</b> Until 6:31AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:11AM	
<b>Family Home Evening</b>		Yama 10:08AM – 11:47AM	Dhriti Until 10:18PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:22PM	Moon 4 - Phase 2
		232271369 <b>Rahu</b> 6:50AM – 8:29AM	Kaulava Until 11:41AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 10:35PM	Moon – Yellow		<b>Bhuloka Day</b>
Until 6:31AM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

<b>5 Tuesday, May 2, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau			Kathmandu, Nepal Sun 20 Sutra 16 Hemalamba 5119	
Kataka Rasi: 3.44	Tithi 7	<b>Gulika</b> 11:46AM – 1:26PM	<b>Pushya</b> Until 4:31AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:10AM	
		Yama 8:28AM – 10:07AM	Shula* Until 7:49PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 2
		243371369 <b>Rahu</b> 3:05PM – 4:44PM	Gara Until 9:40AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 8:53PM	Moon – Blue		<b>Devaloka Day</b>
Until 4:17AM Thu				<b>Vaisaka-Chaitra</b>		
Then Creative Work - Amrita Yoga						

<b>Wednesday, May 3, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Visti*/Bava Karana Ashtamyam Titau			Kathmandu, Nepal Sun 21 Sutra 17 Hemalamba 5119	
<b>Retreat Star</b>		<b>Gulika</b> 10:07AM – 11:46AM	<b>Ashlesha*</b> Until 4:17AM Thu	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:09AM	
Kataka Rasi: 17.29	Tithi 8	Yama 6:49AM – 8:28AM	Ganda* Until 5:53PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 2
		243371369 <b>Rahu</b> 11:46AM – 1:26PM	Visti Until 8:18AM	<b>Nataraja:</b> Purple		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 7:51PM	Moon – Blue		<b>Devaloka Day</b>
Until 4:17AM Thu				<b>Vaisaka-Chaitra</b>		
Then Creative Work - Amrita Yoga						

<b>Thursday, May 4, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vridhdi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau			Kathmandu, Nepal Sun 22 Sutra 18 Hemalamba 5119	
<b>Retreat Star</b>		<b>Gulika</b> 8:27AM – 10:07AM	<b>Magha*</b> Until 5:00AM Fri	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:08AM	
Simha Rasi: 0.51	Tithi 9	Yama 5:08AM – 6:48AM	Vridhdi Until 4:30PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 2
		253381369 <b>Rahu</b> 1:26PM – 3:05PM	Balava Until 7:36AM	<b>Nataraja:</b> Purple		Navami
Creative Work	Amrita Yoga		<b>Navami*</b> Until 7:29PM	Moon – Red		<b>Bhuloka Day</b>
Until 5:00AM Fri				<b>Vaisaka-Chaitra</b>		
Then Creative Work - Siddha Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1 Friday, May 5, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal			
Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dashamyam Titau Sun 23 Sutra 19		Hemalamba 5119			
Simha Rasi: 13.52	Tithi 10	<b>Gulika</b> 6:47AM – 8:27AM	<b>Purvaphalguni Until 6:07AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:08AM	
		Yama 3:05PM – 4:45PM	Dhruva Until 3:35PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:24PM	Moon 4 - Phase 3
		253381369 <b>Rahu</b> 10:06AM – 11:46AM	Tailila Until 7:33AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:44PM</b>	Moon – Red	<b>Bhuloka Day</b>
Until 6:07AM Sat				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>2 Saturday, May 6, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Kathmandu, Nepal			
Purvaphalguni Nakshatra Dhruva/Vyaghata* Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 24 Sutra 20		Hemalamba 5119			
Simha Rasi: 26.35	Tithi 11	<b>Gulika</b> 5:07AM – 6:47AM	<b>Purvaphalguni Until 6:07AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:07AM	
		Yama 1:26PM – 3:06PM	Vyaghata* Until 3:06PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:25PM	Moon 4 - Phase 3
		253381369 <b>Rahu</b> 8:26AM – 10:06AM	Vanija Until 8:05AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 8:31PM</b>	Moon – Red	<b>Bhuloka Day</b>
Until 6:07AM				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>3 Sunday, May 7, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal			
Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 21		Hemalamba 5119			
Kanya Rasi: 9.05	Tithi 12	<b>Gulika</b> 3:06PM – 4:46PM	<b>Uttaraphalguni Until 7:35AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:06AM	
		Yama 11:46AM – 1:26PM	Harshana Until 3:00PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:26PM	Moon 4 - Phase 3
		253381369 <b>Rahu</b> 4:46PM – 6:26PM	Bava Until 9:06AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi Until 9:45PM</b>	Moon – Red	<b>Bhuloka Day</b>
Until 9:44AM				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Prabalarishta Yoga					

<b>4 Monday, May 8, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Kathmandu, Nepal			
Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Trayodashyam Titau Sun 26 Sutra 22		Hemalamba 5119			
Kanya Rasi: 21.25	Tithi 13	<b>Gulika</b> 1:26PM – 3:06PM	<b>Hasta Until 9:44AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:06AM	
<b>Family Home Evening</b>		Yama 10:06AM – 11:46AM	Vajra* Until 3:10PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:26PM	Moon 4 - Phase 3
		263381369 <b>Rahu</b> 6:46AM – 8:26AM	Kaulava Until 10:31AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 11:19PM</b>	Moon – Green	<b>Bhuloka Day</b>
Until 9:44AM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

<b>5 Tuesday, May 9, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal			
Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 23		Hemalamba 5119			
Tula Rasi: 3.37	Tithi 14	<b>Gulika</b> 11:46AM – 1:26PM	<b>Chitra Until 12:02PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:05AM	
		Yama 8:25AM – 10:06AM	Siddhi Until 3:34PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:27PM	Moon 4 - Phase 3
		263381369 <b>Rahu</b> 3:06PM – 4:47PM	Gara Until 12:14PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:10AM Wed</b>	Moon – Green	<b>Bhuloka Day</b>
Until 9:44AM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga					

<b>Wednesday, May 10, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Kathmandu, Nepal			
<b>Copper Retreat Star</b>		Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau Sun 27 Sutra 24			
Tula Rasi: 15.41	Tithi 15	<b>Gulika</b> 10:05AM – 11:46AM	<b>Svati Until 2:24PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:04AM	Hemalamba 5119
		Yama 6:45AM – 8:25AM	Vyatipata* Until 4:10PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:27PM	Moon 4 - Phase 3
		263381369 <b>Rahu</b> 11:46AM – 1:26PM	Visti Until 2:12PM	<b>Nataraja:</b> Purple	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 3:14AM Thu</b>	Moon – Green	<b>Bhuloka Day</b>
Until 9:44AM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga		<b>Budha Purnima (Tamil Nadu)</b>			

<b>Thursday, May 11, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Kathmandu, Nepal			
<b>Silver Retreat Star</b>		Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 25 Sutra 25			
Tula Rasi: 27.42	Tithi 16	<b>Gulika</b> 8:25AM – 10:05AM	<b>Vishakha Until 5:18PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:03AM	Hemalamba 5119
		Yama 5:03AM – 6:44AM	Variyan Until 4:53PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:28PM	Moon 4 - Phase 3
		273381369 <b>Rahu</b> 1:26PM – 3:07PM	Balava Until 4:21PM	<b>Nataraja:</b> Purple	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 5:28AM Fri</b>	Moon – Orange	<b>Bhuloka Day</b>
Until 9:44AM				<b>Vaisaka-Chaitra</b>	
Then Routine Work - Prabalarishta Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda