



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa

Sutra 6

Tula Rasi: 19.35 Tihi 16 – 17

261621368 Rahu 10:00AM – 11:23AM

Gulika 7:16AM – 8:38AM

Yama 2:07PM – 3:30PM

Svati Until 6:38AM

Siddhi Until 2:08PM

Taitila Until 11:02PM

Prathama* Until 9:52AM

Ganesha: Clear

Muruga: White

Nataraja: Clear

Moon – Green
Chaitra•Chaitra

Sunrise: 7:16AM

Sunset: 6:14PM

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Sunday, April 24, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 7

Vrischika Rasi: 1.32 Tihi 17 – 18

271621369 Rahu 4:51PM – 6:13PM

Gulika 3:29PM – 4:51PM

Yama 12:45PM – 2:07PM

Vishakha Until 9:35AM

Vyatipata* Until 2:53PM

Vanija Until 1:08AM Mon

Dvitiya Until 12:06PM

Ganesha: Purple

Muruga: White

Nataraja: Purple

Moon – Orange
Chaitra•Chaitra

Sunrise: 7:17AM

Sunset: 6:13PM

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Bhuloka Day

Routine Work Marana Yoga

Monday, April 25, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Cape Town, South Africa

Sun 2 Sutra 8

Vrischika Rasi: 13.34 Tihi 18 – 19

271621369 Rahu 8:39AM – 10:01AM

Gulika 2:07PM – 3:29PM

Yama 11:23AM – 12:45PM

Anuradha Until 12:08PM

Variyan Until 3:23PM

Bava Until 2:57AM Tue

Tritiya Until 2:04PM

Ganesha: Purple

Muruga: White

Nataraja: Purple

Moon – Orange
Chaitra•Chaitra

Sunrise: 7:17AM

Sunset: 6:12PM

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Tuesday, April 26, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa

Sun 3 Sutra 9

Vrischika Rasi: 25.43 Tihi 19 – 20

271621369 Rahu 3:28PM – 4:50PM

Gulika 12:45PM – 2:06PM

Yama 10:01AM – 11:23AM

Jyeshtha* Until 2:12PM

Parigha* Until 3:39PM

Kaulava Until 4:23AM Wed

Chaturthi* Until 3:42PM

Ganesha: Purple

Muruga: White

Nataraja: Purple

Moon – Orange
Chaitra•Chaitra

Sunrise: 7:18AM

Sunset: 6:11PM

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Bhuloka Day

Routine Work Marana Yoga

Until 2:12PM

Then Creative Work - Amrita Yoga

Wednesday, April 27, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa

Sun 4 Sutra 10

Dhanus Rasi: 8.01 Tihi 20 – 21

281621369 Rahu 12:44PM – 2:06PM

Gulika 11:23AM – 12:44PM

Yama 8:40AM – 10:02AM

Mula* Until 4:13PM

Shiva Until 3:38PM

Gara Until 5:22AM Thu

Panchami Until 4:55PM

Ganesha: Clear

Muruga: White

Nataraja: Purple

Moon – Light Blue
Chaitra•Chaitra

Sunrise: 7:19AM

Sunset: 6:10PM

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Bhuloka Day

Routine Work Marana Yoga

Until 4:13PM

Then Creative Work - Amrita Yoga

Devaloka Time: 6:AM to 9:AM

Thursday, April 28, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa

Sun 5 Sutra 11

Dhanus Rasi: 20.32 Tihi 21 – 22

281621369 Rahu 2:06PM – 3:27PM

Gulika 10:02AM – 11:23AM

Yama 7:19AM – 8:41AM

Purvashadha* Until 5:34PM

Siddha Until 3:11PM

Visti Until 5:48AM Fri

Shashthi* Until 5:39PM

Ganesha: Clear

Muruga: White

Nataraja: Purple

Moon – Light Blue
Chaitra•Chaitra

Sunrise: 7:19AM

Sunset: 6:09PM

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 5:34PM

Then Routine Work - Marana Yoga

Devaloka Time: 6:AM to 9:AM

Friday, April 29, 2016

6

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa

Sun 6 Sutra 12

Makara Rasi: 3.18 Tihi 22 – 23

281621369 Rahu 11:23AM – 12:44PM

Gulika 8:41AM – 10:02AM

Yama 3:26PM – 4:47PM

Uttarashadha Until 6:12PM

Sadhya Until 2:18PM

Balava Until 5:36AM Sat

Saptami Until 5:46PM

Ganesha: Clear

Muruga: White

Nataraja: Purple

Moon – Light Blue
Chaitra•Chaitra

Sunrise: 7:20AM

Sunset: 6:08PM

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Bhuloka Day

Routine Work Marana Yoga

Devaloka Time: 6:AM to 9:AM

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa

Sun 7 Sutra 13

Makara Rasi: 16.23 Tihi 23 – 24

291621369 Rahu 10:03AM – 11:23AM

Gulika 7:21AM – 8:42AM

Yama 2:05PM – 3:26PM

Shravana Until 6:29PM

Subha Until 12:55PM

Taitila Until 4:42AM Sun

Ashtami* Until 5:13PM

Ganesha: White

Muruga: White

Nataraja: Purple

Moon – Purple
Chaitra•Chaitra

Sunrise: 7:21AM

Sunset: 6:07PM

Durmukha 5118

Moon 4 - Phase 2

Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Sunday, May 1, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Cape Town, South Africa

Sun 8 Sutra 14

Makara Rasi: 29.5 Tihi 24 – 25

291621369 Rahu 4:46PM – 6:06PM

Gulika 3:25PM – 4:46PM

Yama 12:44PM – 2:04PM

Dhanishtha Until 5:54PM

Sukla Until 10:56AM

Vanija Until 3:05AM Mon

Navami* Until 3:58PM

Ganesha: White

Muruga: White

Nataraja: Purple

Moon – Purple
Chaitra•Chaitra

Sunrise: 7:22AM

Sunset: 6:06PM

Durmukha 5118

Moon 4 - Phase 2

Navami

Bhuloka Day

Routine Work Marana Yoga

Until 5:54PM

Then Creative Work - Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1

Monday, May 2, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam TitauCape Town, South Africa
Sun 9 Sutra 15Kumbha Rasi: 13.42 Tithi 25 – 26
Family Home Evening

292621369

Gulika 2:04PM – 3:25PM
Yama 11:23AM – 12:44PM
Rahu 8:43AM – 10:03AMShatabhishak Until 4:30PM
Brahma Until 8:24AM
Bava Until 12:49AM Tue
Dashami Until 2:01PMGanesha: Yellow Sunrise: 7:22AM
Muruga: White Sunset: 6:05PM
Nataraja: Purple
Moon – Purple
Chaitra•ChaitraDurmukha 5118
Moon 4 - Phase 3
2nd PhaseBhuloka Day
Devaloka Time: 9:AM to12:PMCreative Work Siddha Yoga
Until 4:30PM
Then Routine Work - Marana Yoga

2

Tuesday, May 3, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam TitauCape Town, South Africa
Sun 10 Sutra 16

Kumbha Rasi: 27.59 Tithi 26 – 27

212621369

Gulika 12:44PM – 2:04PM
Yama 10:03AM – 11:24AM
Rahu 3:24PM – 4:44PMPurvaprosarthapada* Until 2:47PM
Vaidhriti* Until 1:50AM Wed
Kaulava Until 9:59PM
Ekadashi* Until 11:27AMGanesha: Yellow Sunrise: 7:23AM
Muruga: White Sunset: 6:04PM
Nataraja: Purple
Moon – Clear
Chaitra•ChaitraDurmukha 5118
Moon 4 - Phase 3
2nd PhaseBhuloka Day
Devaloka Time: 9:AM to12:PMRoutine Work Marana Yoga
Until 2:47PM
Then Creative Work - Amrita Yoga

3

Wednesday, May 4, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Vishkambha* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam TitauCape Town, South Africa
Sun 11 Sutra 17

Meena Rasi: 12.4 Tithi 27 – 28

212621369

Gulika 11:24AM – 12:44PM
Yama 8:44AM – 10:04AM
Rahu 12:44PM – 2:04PMUttaraprosarthapada Until 12:25PM
Vishkambha* Until 9:59PM
Gara Until 6:41PM
Dvadashi* Until 8:22AM
Pradosha Vrata (Fasting)Ganesha: Yellow Sunrise: 7:24AM
Muruga: White Sunset: 6:03PM
Nataraja: Purple
Moon – Clear
Chaitra•ChaitraDurmukha 5118
Moon 4 - Phase 3
2nd PhaseBhuloka Day
Devaloka Time: 9:AM to12:PMCreative Work Siddha Yoga
Until 12:25PM
Then Routine Work - Marana Yoga

4

Thursday, May 5, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam TitauCape Town, South Africa
Sun 12 Sutra 18

Meena Rasi: 27.4 Tithi 29

212621369

Gulika 10:04AM – 11:24AM
Yama 7:25AM – 8:44AM
Rahu 2:03PM – 3:23PMRevati Until 9:34AM
Priti Until 5:54PM
Visti Until 3:06PM
Chaturdashi* Until 1:13AM FriGanesha: Yellow Sunrise: 7:25AM
Muruga: White Sunset: 6:02PM
Nataraja: Purple
Moon – Clear
Chaitra•ChaitraDurmukha 5118
Moon 4 - Phase 3
2nd PhaseBhuloka Day
Devaloka Time: 9:AM to12:PMCreative Work Siddha Yoga
Until 9:34AM
Then Creative Work - Amrita Yoga

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Friday, May 6, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam TitauCape Town, South Africa
Sun 13 Sutra 19

Mesha Rasi: 12.49 Tithi 30

222621369

Gulika 8:45AM – 10:04AM
Yama 3:23PM – 4:42PM
Rahu 11:24AM – 12:43PMAshvini Until 6:48AM
Ayushman Until 1:41PM
Catuspada Until 11:21AM
Amavasya* Until 9:27PMGanesha: Red Sunrise: 7:25AM
Muruga: White Sunset: 6:02PM
Nataraja: Purple
Moon – White
Chaitra•ChaitraDurmukha 5118
Moon 4 - Phase 3
AmavasyaBhuloka Day
Devaloka Time: 9:AM to12:PMCreative Work Amrita Yoga
Until 6:48AM
Then Creative Work - Siddha Yoga

Saturday, May 7, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam TitauCape Town, South Africa
Sun 14 Sutra 20

Mesha Rasi: 28 Tithi 1 – 2

222621369

Gulika 7:26AM – 8:45AM
Yama 2:03PM – 3:22PM
Rahu 10:05AM – 11:24AMKrittika Until 12:57AM Sun
Saubhagya Until 9:31AM
Kintughna Until 7:37AM
Prathama* Until 5:47PMGanesha: Red Sunrise: 7:26AM
Muruga: White Sunset: 6:01PM
Nataraja: Purple
Moon – White
Vaisaka•ChaitraDurmukha 5118
Moon 4 - Phase 3
PrathamaBhuloka Day
Devaloka Time: 9:AM to12:PMCreative Work Amrita Yoga
Until 12:57AM Sun
Then Creative Work - Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

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|--|--|---|--|--------------------------------|-------------------------|-----------------------------|
| 1 Sunday, May 8, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | Cape Town, South Africa | |
| Rohini Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | | Sun 15 Sutra 21 | |
| Gulika 3:22PM – 4:41PM | | Rohini Until 10:38PM | | Ganesh: Yellow Sunrise: 7:27AM | | Durmukha 5118 |
| Yama 12:43PM – 2:02PM | | Athiganda* Until 1:49AM Mon | | Muruga: White Sunset: 6:00PM | | Moon 4 - Phase 4 |
| 232621369 Rahu 4:41PM – 6:00PM | | Taitila Until 12:52AM Mon | | Nataraja: Purple | | 3rd Phase |
| Creative Work Siddha Yoga | | Dvitiya Until 2:24PM | | Moon – Yellow | | Bhuloka Day |
| Mother's Day | | | | Vaisaka-Chaitra | | Devaloka Time: 9:AM to12:PM |

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| 2 Monday, May 9, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam | | | Cape Town, South Africa | |
| Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | | | | Sun 16 Sutra 22 | |
| Gulika 2:02PM – 3:21PM | | Mrigashira Until 8:41PM | | Ganesh: Yellow Sunrise: 7:28AM | | Durmukha 5118 |
| Yama 11:24AM – 12:43PM | | Sukarma Until 10:33PM | | Muruga: White Sunset: 5:59PM | | Moon 4 - Phase 4 |
| 232621369 Rahu 8:47AM – 10:05AM | | Vanija Until 10:11PM | | Nataraja: Purple | | 3rd Phase |
| Creative Work Amrita Yoga | | Tritiya Until 11:26AM | | Moon – Yellow | | Bhuloka Day |
| Until 8:41PM | | Akshaya Tritiya | | Vaisaka-Chaitra | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

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|---|--|---|--|--------------------------------|-------------------------|-----------------------------|
| 3 Tuesday, May 10, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | Cape Town, South Africa | |
| Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | | Sun 17 Sutra 23 | |
| Gulika 12:43PM – 2:02PM | | Ardra Until 7:15PM | | Ganesh: Yellow Sunrise: 7:28AM | | Durmukha 5118 |
| Yama 10:06AM – 11:25AM | | Dhriti Until 7:51PM | | Muruga: White Sunset: 5:59PM | | Moon 4 - Phase 4 |
| 232621369 Rahu 3:21PM – 4:40PM | | Bava Until 8:10PM | | Nataraja: Purple | | 3rd Phase |
| Routine Work Marana Yoga | | Chaturthi* Until 9:04AM | | Moon – Yellow | | Bhuloka Day |
| Until 7:15PM | | | | Vaisaka-Chaitra | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

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|--|--|---|--|-------------------------------|-------------------------|---------------------|
| 4 Wednesday, May 11, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam | | | Cape Town, South Africa | |
| Punarvasu Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | | Sun 18 Sutra 24 | |
| Gulika 11:25AM – 12:43PM | | Punarvasu Until 6:54PM | | Ganesh: White Sunrise: 7:29AM | | Durmukha 5118 |
| Yama 8:48AM – 10:06AM | | Shula* Until 5:46PM | | Muruga: White Sunset: 5:57PM | | Moon 4 - Phase 4 |
| 242621369 Rahu 12:43PM – 2:02PM | | Kaulava Until 6:56PM | | Nataraja: Purple | | 3rd Phase |
| Creative Work Siddha Yoga | | Panchami Until 7:26AM | | Moon – Blue | | Devaloka Day |
| | | | | Vaisaka-Chaitra | | |

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|---|--|--|--|-------------------------------|-------------------------|---------------------|
| 5 Thursday, May 12, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam | | | Cape Town, South Africa | |
| Pushya Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | | Sun 19 Sutra 25 | |
| Gulika 10:07AM – 11:25AM | | Pushya Until 7:14PM | | Ganesh: White Sunrise: 7:30AM | | Durmukha 5118 |
| Yama 7:30AM – 8:48AM | | Ganda* Until 4:23PM | | Muruga: White Sunset: 5:57PM | | Moon 4 - Phase 4 |
| 242621369 Rahu 2:02PM – 3:20PM | | Gara Until 6:34PM | | Nataraja: Purple | | 3rd Phase |
| Creative Work Amrita Yoga | | Shashthi* Until 6:37AM | | Moon – Blue | | Devaloka Day |
| Until 7:14PM | | | | Vaisaka-Chaitra | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|--|--|---|--|-------------------------------|-------------------------|---------------------|
| Friday, May 13, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam | | | Cape Town, South Africa | |
| Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | | Sun 20 Sutra 26 | |
| Gulika 8:49AM – 10:07AM | | Ashlesha* Until 8:15PM | | Ganesh: White Sunrise: 7:31AM | | Durmukha 5118 |
| Yama 3:20PM – 4:38PM | | Vridhhi Until 3:41PM | | Muruga: White Sunset: 5:56PM | | Moon 4 - Phase 4 |
| 242621369 Rahu 11:25AM – 12:43PM | | Visti Until 7:04PM | | Nataraja: Purple | | Ashtami |
| Routine Work Marana Yoga | | Saptami Until 6:41AM | | Moon – Blue | | Devaloka Day |
| | | | | Vaisaka-Chaitra | | |

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| Saturday, May 14, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam | | | Cape Town, South Africa | |
| Magha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | | Sun 21 Sutra 27 | |
| Gulika 7:31AM – 8:49AM | | Magha* Until 10:22PM | | Ganesh: Clear Sunrise: 7:31AM | | Durmukha 5118 |
| Yama 2:01PM – 3:19PM | | Dhruva Until 3:36PM | | Muruga: White Sunset: 5:55PM | | Moon 4 - Phase 4 |
| 252621369 Rahu 10:07AM – 11:25AM | | Balava Until 8:21PM | | Nataraja: Purple | | Navami |
| Creative Work Amrita Yoga | | Ashtami* Until 7:36AM | | Moon – Red | | Bhuloka Day |
| Until 10:22PM | | | | Vaisaka-Vaikasi | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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|----------|-----------------------------|--------------|--|--|-------------------------|------------------------|--|
| 1 | Sunday, May 15, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Cape Town, South Africa Sun 22 Sutra 28 |
| | Simha Rasi: 17.11 | Tithi 9 – 10 | Gulika 3:19PM – 4:37PM | Purvaphalguni Until 12:54AM Mon | Ganesha: Purple | <i>Sunrise:</i> 7:32AM | Durmukha 5118 |
| | | | Yama 12:43PM – 2:01PM | Vyaghata* Until 4:03PM | Muruga: White | <i>Sunset:</i> 5:55PM | Moon 4 - Phase 5 |
| | Creative Work | Siddha Yoga | 253621369 Rahu 4:37PM – 5:55PM | Taitila Until 10:16PM | Nataraja: Purple | | 4th Phase |
| | | | Navami* Until 9:13AM | Moon – Red | | Bhuloka Day | |
| | | | | Vaisaka-Vaikasi | | | |


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|----------|-----------------------------|---------------|---|--|-------------------------|------------------------|--|
| 2 | Monday, May 16, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Cape Town, South Africa Sun 23 Sutra 29 |
| | Simha Rasi: 29.11 | Tithi 10 – 11 | Gulika 2:01PM – 3:19PM | Uttaraphalguni Until 3:40AM Tue | Ganesha: Purple | <i>Sunrise:</i> 7:33AM | Durmukha 5118 |
| | Family Home Evening | | Yama 11:26AM – 12:43PM | Harshana Until 4:52PM | Muruga: White | <i>Sunset:</i> 5:54PM | Moon 4 - Phase 5 |
| | Creative Work | Siddha Yoga | 253621369 Rahu 8:50AM – 10:08AM | Vanija Until 12:36AM Tue | Nataraja: Purple | | 4th Phase |
| | | | Dashami Until 11:22AM | Moon – Red | | Bhuloka Day | |
| | | | | Vaisaka-Vaikasi | | | |


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|----------|------------------------------|---------------|--|-------------------------------|-------------------------|-----------------------------|--|
| 3 | Tuesday, May 17, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Cape Town, South Africa Sun 24 Sutra 30 |
| | Kanya Rasi: 11.04 | Tithi 11 – 12 | Gulika 12:43PM – 2:01PM | Hasta Until 6:56AM Wed | Ganesha: Clear | <i>Sunrise:</i> 7:33AM | Durmukha 5118 |
| | | | Yama 10:08AM – 11:26AM | Vajra* Until 5:52PM | Muruga: White | <i>Sunset:</i> 5:53PM | Moon 4 - Phase 5 |
| | Creative Work | Siddha Yoga | 263621369 Rahu 3:18PM – 4:36PM | Bava Until 3:10AM Wed | Nataraja: Purple | | 4th Phase |
| | | | Ekadashi Until 1:51PM | Moon – Green | | Bhuloka Day | |
| | | | | Vaisaka-Vaikasi | | Devaloka Time: 6:AM to 9:AM | |

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|----------|--------------------------------|---------------|---|---------------------------|-------------------------|------------------------|--|
| 4 | Wednesday, May 18, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Cape Town, South Africa Sun 25 Sutra 31 |
| | Kanya Rasi: 22.52 | Tithi 12 – 13 | Gulika 11:26AM – 12:43PM | Hasta Until 6:56AM | Ganesha: Purple | <i>Sunrise:</i> 7:34AM | Durmukha 5118 |
| | | | Yama 8:51AM – 10:09AM | Siddhi Until 6:57PM | Muruga: White | <i>Sunset:</i> 5:53PM | Moon 4 - Phase 5 |
| | Routine Work | Marana Yoga | 263721369 Rahu 12:43PM – 2:01PM | Kaulava Until 5:44AM Thu | Nataraja: Purple | | 4th Phase |
| | | | Dvadashi Until 4:26PM | Moon – Green | | Devaloka Day | |
| | | | | Vaisaka-Vaikasi | | | |
| | | | | <i>Pradosha Vrata</i> | | | |

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|----------|-------------------------------|-------------|--|-----------------------------|-------------------------|------------------------|--|
| 5 | Thursday, May 19, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Taitila Karana Trayodashyam Titau | | | | Cape Town, South Africa Sun 26 Sutra 32 |
| | Tula Rasi: 4.4 | Tithi 13 | Gulika 10:09AM – 11:26AM | Chitra Until 10:02AM | Ganesha: Purple | <i>Sunrise:</i> 7:35AM | Durmukha 5118 |
| | | | Yama 7:35AM – 8:52AM | Vyatipata* Until 7:59PM | Muruga: White | <i>Sunset:</i> 5:52PM | Moon 4 - Phase 5 |
| | Creative Work | Siddha Yoga | 263721369 Rahu 2:01PM – 3:18PM | Taitila Until 6:57PM | Nataraja: Purple | | 4th Phase |
| | | | Trayodashi Until 6:57PM | Moon – Green | | Devaloka Day | |
| | | | | Vaisaka-Vaikasi | | | |

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|----------|-----------------------------|-------------|--|----------------------------|-------------------------|------------------------|--|
| 6 | Friday, May 20, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Varyan Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Cape Town, South Africa Sun 27 Sutra 33 |
| | Tula Rasi: 16.31 | Tithi 14 | Gulika 8:53AM – 10:10AM | Svati Until 12:49PM | Ganesha: Purple | <i>Sunrise:</i> 7:35AM | Durmukha 5118 |
| | | | Yama 3:18PM – 4:35PM | Varyan Until 8:50PM | Muruga: White | <i>Sunset:</i> 5:52PM | Moon 4 - Phase 5 |
| | Creative Work | Siddha Yoga | 263721369 Rahu 11:27AM – 12:44PM | Gara Until 8:09AM | Nataraja: Purple | | 4th Phase |
| | | | Chaturdashi* Until 9:15PM | Moon – Green | | Devaloka Day | |
| | | | Vaikasi Visakam | Vaisaka-Vaikasi | | | |

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|---|-------------------------------|-------------|--|------------------------------|-------------------------|------------------------------|--|
|  | Saturday, May 21, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Cape Town, South Africa Sun 28 Sutra 34 |
| | Copper Retreat Star | | Gulika 7:36AM – 8:53AM | Vishakha Until 3:40PM | Ganesha: Clear | <i>Sunrise:</i> 7:36AM | Durmukha 5118 |
| | Tula Rasi: 28.28 | Tithi 15 | Yama 2:00PM – 3:17PM | Parigha* Until 9:28PM | Muruga: White | <i>Sunset:</i> 5:51PM | Moon 4 - Phase 5 |
| | Creative Work | Siddha Yoga | 273721369 Rahu 10:10AM – 11:27AM | Visti Until 10:20AM | Nataraja: Purple | | Purnima |
| | | | Purnima* Until 11:17PM | Moon – Orange | | Bhuloka Day | |
| | | | | Vaisaka-Vaikasi | | Devaloka Time: 9:AM to 12:PM | |

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|---|-----------------------------|-------------|--|------------------------------|-------------------------|------------------------------|--|
|  | Sunday, May 22, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Cape Town, South Africa Sun 29 Sutra 35 |
| | Silver Retreat Star | | Gulika 3:17PM – 4:34PM | Anuradha Until 6:03PM | Ganesha: Clear | <i>Sunrise:</i> 7:37AM | Durmukha 5118 |
| | Vrischika Rasi: 10.32 | Tithi 16 | Yama 12:44PM – 2:00PM | Shiva Until 9:53PM | Muruga: White | <i>Sunset:</i> 5:50PM | Moon 4 - Phase 5 |
| | Routine Work | Marana Yoga | 273721369 Rahu 4:34PM – 5:50PM | Balava Until 12:11PM | Nataraja: Purple | | Prathama |
| | | | Prathama* Until 12:58AM Mon | Moon – Orange | | Bhuloka Day | |
| | | | | Vaisaka-Vaikasi | | Devaloka Time: 9:AM to 12:PM | |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 23, 2016

Gold Retreat Star

Vrischika Rasi: 22.45 Tihti 17
Family Home Evening
Creative Work Siddha Yoga

273721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 2:00PM – 3:17PM
Yama 11:27AM – 12:44PM
Rahu 8:54AM – 10:11AM

Jyeshtha* Until 7:56PM
Siddha Until 9:59PM
Tailila Until 1:42PM
Dvitiya Until 2:19AM Tue

Ganesh: Clear Sunrise: 7:38AM
Muruga: White Sunset: 5:50PM
Nataraja: Purple
Moon – Orange

Vaisaka-Vaikasi
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Cape Town, South Africa
Sun 1 Sutra 36
Durmukha 5118
Moon 5 - Phase 6
1st Phase

1

Tuesday, May 24, 2016

Dhanus Rasi: 5.06 Tihti 18
Creative Work Amrita Yoga
Until 9:48PM
Then Creative Work - Siddha Yoga

283721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:44PM – 2:00PM
Yama 10:11AM – 11:27AM
Rahu 3:17PM – 4:33PM

Mula* Until 9:48PM
Sadhya Until 9:50PM
Vanija Until 2:52PM
Tritiya Until 3:17AM Wed

Ganesh: White Sunrise: 7:38AM
Muruga: White Sunset: 5:50PM
Nataraja: Purple
Moon – Light Blue

Vaisaka-Vaikasi
Devaloka Day
Devaloka Time: 9:AM to 12:PM

Cape Town, South Africa
Sun 2 Sutra 37
Durmukha 5118
Moon 5 - Phase 6
1st Phase

2

Wednesday, May 25, 2016

Dhanus Rasi: 17.37 Tihti 19
Creative Work Amrita Yoga

383721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:28AM – 12:44PM
Yama 8:55AM – 10:11AM
Rahu 12:44PM – 2:00PM

Purvashadha* Until 11:08PM
Subha Until 9:24PM
Bava Until 3:39PM
Chaturthi* Until 3:52AM Thu

Ganesh: Clear Sunrise: 7:39AM
Muruga: White Sunset: 5:49PM
Nataraja: Purple
Moon – Light Blue

Vaisaka-Vaikasi
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Cape Town, South Africa
Sun 3 Sutra 38
Durmukha 5118
Moon 5 - Phase 6
1st Phase

3

Thursday, May 26, 2016

Makara Rasi: 0.19 Tihti 20
Routine Work Marana Yoga
Until 11:54PM
Then Creative Work - Siddha Yoga

383721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 10:12AM – 11:28AM
Yama 7:39AM – 8:56AM
Rahu 2:00PM – 3:16PM

Uttarashadha Until 11:54PM
Sukla Until 8:37PM
Kaulava Until 4:02PM
Panchami Until 4:02AM Fri

Ganesh: Clear Sunrise: 7:39AM
Muruga: White Sunset: 5:49PM
Nataraja: Purple
Moon – Light Blue

Vaisaka-Vaikasi
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Cape Town, South Africa
Sun 4 Sutra 39
Durmukha 5118
Moon 5 - Phase 6
1st Phase

4

Friday, May 27, 2016

Makara Rasi: 13.13 Tihti 21
Routine Work Marana Yoga
Until 12:31AM Sat
Then Creative Work - Siddha Yoga

393731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:56AM – 10:12AM
Yama 3:16PM – 4:32PM
Rahu 11:28AM – 12:44PM

Shravana Until 12:31AM Sat
Brahma Until 7:29PM
Gara Until 3:57PM
Shashthi* Until 3:43AM Sat

Ganesh: White Sunrise: 7:40AM
Muruga: Clear Sunset: 5:48PM
Nataraja: Purple
Moon – Purple

Vaisaka-Vaikasi
Sivaloka Day

Cape Town, South Africa
Sun 5 Sutra 40
Durmukha 5118
Moon 5 - Phase 6
1st Phase

5

Saturday, May 28, 2016

Makara Rasi: 26.21 Tihti 22
Creative Work Siddha Yoga

393731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:41AM – 8:57AM
Yama 2:00PM – 3:16PM
Rahu 10:13AM – 11:28AM

Dhanishtha Until 12:29AM Sun
Indra Until 5:57PM
Visti Until 3:24PM
Saptami Until 2:54AM Sun

Ganesh: White Sunrise: 7:41AM
Muruga: Clear Sunset: 5:48PM
Nataraja: Purple
Moon – Purple

Vaisaka-Vaikasi
Sivaloka Day

Cape Town, South Africa
Sun 6 Sutra 41
Durmukha 5118
Moon 5 - Phase 6
1st Phase

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Sunday, May 29, 2016

Retreat Star

Kumbha Rasi: 9.46 Tihti 23
Creative Work Siddha Yoga

394731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:16PM – 4:32PM
Yama 12:44PM – 2:00PM
Rahu 4:32PM – 5:48PM

Shatabhishak Until 11:45PM
Vaidhriti* Until 3:59PM
Balava Until 2:18PM
Ashtami* Until 1:31AM Mon

Ganesh: Yellow Sunrise: 7:41AM
Muruga: Clear Sunset: 5:48PM
Nataraja: Purple
Moon – Purple

Vaisaka-Vaikasi
Devaloka Day

Cape Town, South Africa
Sun 7 Sutra 42
Durmukha 5118
Moon 5 - Phase 6
Ashtami

Monday, May 30, 2016

Retreat Star

Kumbha Rasi: 23.31 Tihti 24
Family Home Evening
Routine Work Marana Yoga
Until 10:47PM
Then Creative Work - Siddha Yoga

314731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Navamyam Titau

Gulika 2:00PM – 3:16PM
Yama 11:29AM – 12:45PM
Rahu 8:58AM – 10:13AM

Purvaproshtapada* Until 10:47PM
Vishkambha* Until 1:34PM
Tailila Until 12:38PM
Navami* Until 11:36PM

Ganesh: Clear Sunrise: 7:42AM
Muruga: Clear Sunset: 5:47PM
Nataraja: Purple
Moon – Clear

Vaisaka-Vaikasi
Devaloka Day


Cape Town, South Africa
Sun 8 Sutra 43
Durmukha 5118
Moon 5 - Phase 6
Navami

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|----------------------------------|-------------|------------------------------|-------------------|---------------------------------------|-------------------------|--|---------------------|---|--|
| 1 | | Tuesday, May 31, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Dashamyam Titau | | Cape Town, South Africa Sun 9 Sutra 44 | |
| Meena Rasi: 7.35 | Tithi 25 | Gulika | 12:45PM – 2:00PM | Uttaraproshtapada Until 9:09PM | Ganesh: Clear | <i>Sunrise:</i> 7:43AM | Durmukha 5118 | | |
| | | Yama | 10:14AM – 11:29AM | Priti Until 10:44AM | Muruga: Clear | <i>Sunset:</i> 5:47PM | Moon 5 - Phase 7 | | |
| | | 314731369 Rahu | 3:16PM – 4:31PM | Vanija Until 10:27AM | Nataraja: Purple | | 2nd Phase | | |
| Creative Work | Amrita Yoga | | | Dashami Until 9:10PM | Moon – Clear | | Devaloka Day | | |
| Until 9:09PM | | | | | Vaisaka-Vaikasi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 2 | | Wednesday, June 1, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau | | Cape Town, South Africa Sun 10 Sutra 45 | |
| Meena Rasi: 22.01 | Tithi 26 | Gulika | 11:29AM – 12:45PM | Revati Until 6:57PM | Ganesh: Clear | <i>Sunrise:</i> 7:43AM | Durmukha 5118 | | |
| | | Yama | 8:59AM – 10:14AM | Ayushman Until 7:29AM | Muruga: Clear | <i>Sunset:</i> 5:47PM | Moon 5 - Phase 7 | | |
| | | 314731369 Rahu | 12:45PM – 2:00PM | Bava Until 7:48AM | Nataraja: Purple | | 2nd Phase | | |
| Routine Work | Marana Yoga | | | Ekadashi* Until 6:18PM | Moon – Clear | | Devaloka Day | | |
| | | | | | Vaisaka-Vaikasi | | | | |

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| 3 | | Thursday, June 2, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | Cape Town, South Africa Sun 11 Sutra 46 | |
| Mesha Rasi: 6.42 | Tithi 27 – 28 | Gulika | 10:14AM – 11:30AM | Ashvini Until 4:42PM | Ganesh: White | <i>Sunrise:</i> 7:44AM | Durmukha 5118 | | |
| | | Yama | 7:44AM – 8:59AM | Sobhana Until 12:10AM Fri | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 7 | | |
| | | 324731369 Rahu | 2:00PM – 3:16PM | Gara Until 1:27AM Fri | Nataraja: Purple | | 2nd Phase | | |
| Creative Work | Amrita Yoga | | | Dvadashi* Until 3:07PM | Moon – White | | Bhuloka Day | | |
| Until 4:42PM | | | | <i>Pradosha Vrata (Fasting)</i> | Vaisaka-Vaikasi | | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Friday, June 3, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau | | Cape Town, South Africa Sun 12 Sutra 47 | |
| Mesha Rasi: 21.35 | Tithi 28 – 29 | Gulika | 8:59AM – 10:15AM | Bharani Until 2:08PM | Ganesh: White | <i>Sunrise:</i> 7:44AM | Durmukha 5118 | | |
| | | Yama | 3:16PM – 4:31PM | Athiganda* Until 8:16PM | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 7 | | |
| | | 324731369 Rahu | 11:30AM – 12:45PM | Visti Until 10:02PM | Nataraja: Purple | | 2nd Phase | | |
| Creative Work | Siddha Yoga | | | Trayodashi* Until 11:44AM | Moon – White | | Bhuloka Day | | |
| | | | | | Vaisaka-Vaikasi | | Devaloka Time: 12:PM to 3:PM | | |

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|  | | Saturday, June 4, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Cape Town, South Africa Sun 13 Sutra 48 | |
| Retreat Star | | Gulika | 7:45AM – 9:00AM | Krittika Until 11:24AM | Ganesh: White | <i>Sunrise:</i> 7:45AM | Durmukha 5118 | | |
| Vrishabha Rasi: 6.33 | Tithi 29 – 30 | Yama | 2:01PM – 3:16PM | Sukarma Until 4:24PM | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 7 | | |
| | | 324731369 Rahu | 10:15AM – 11:30AM | Catuspada Until 6:38PM | Nataraja: Purple | | Amavasya | | |
| Creative Work | Amrita Yoga | | | Chaturdashi* Until 8:18AM | Moon – White | | Bhuloka Day | | |
| | | | | | Vaisaka-Vaikasi | | Devaloka Time: 12:PM to 3:PM | | |

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| Retreat Star | | Sunday, June 5, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau | | Cape Town, South Africa Sun 14 Sutra 49 | |
| Vrishabha Rasi: 21.26 | Tithi 1 | Gulika | 3:16PM – 4:31PM | Rohini Until 9:04AM | Ganesh: Green | <i>Sunrise:</i> 7:45AM | Durmukha 5118 | | |
| | | Yama | 12:46PM – 2:01PM | Dhriti Until 12:41PM | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 7 | | |
| | | 334731361 Rahu | 4:31PM – 5:46PM | Kintughna Until 3:27PM | Nataraja: White | | Prathama | | |
| Creative Work | Siddha Yoga | | | Prathama* Until 1:58AM Mon | Moon – Yellow | | Bhuloka Day | | |
| | | | | | Jyeshtha-Vaikasi | | Devaloka Time: 12:PM to 3:PM | | |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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| 1 | | Monday, June 6, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Cape Town, South Africa Sun 15 Sutra 50 | |
| Mithuna Rasi: 6.05 | Tithi 2 | Gulika | 2:01PM – 3:16PM | Mrigashira Until 6:56AM | Ganesh: Green | <i>Sunrise:</i> 7:46AM | Durmukha 5118 |
| Family Home Evening | 334731361 | Yama | 11:31AM – 12:46PM | Shula* Until 9:14AM | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 8 |
| Creative Work | Amrita Yoga | Rahu | 9:01AM – 10:16AM | Balava Until 12:37PM | Nataraja: White | | 3rd Phase |
| Until 6:56AM | | | | Dvitiya Until 11:22PM | Moon – Yellow | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | | Jyeshtha-Vaikasi | Devaloka Time: 12:PM to 3:PM | |

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| 2 | | Tuesday, June 7, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Tritiyayam Titau | | Cape Town, South Africa Sun 16 Sutra 51 | |
| Mithuna Rasi: 20.25 | Tithi 3 | Gulika | 12:46PM – 2:01PM | Punarvasu Until 4:16AM Wed | Ganesh: White | <i>Sunrise:</i> 7:46AM | Durmukha 5118 |
| | 344731361 | Yama | 10:16AM – 11:31AM | Ganda* Until 6:13AM | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 8 |
| Creative Work | Siddha Yoga | Rahu | 3:16PM – 4:31PM | Tailila Until 10:19AM | Nataraja: White | | 3rd Phase |
| | | | | Tritiya Until 9:23PM | Moon – Blue | | Bhuloka Day |
| | | | | | Jyeshtha-Vaikasi | Devaloka Time: 12:PM to 3:PM | |

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| 3 | | Wednesday, June 8, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau | | Cape Town, South Africa Sun 17 Sutra 52 | |
| Kataka Rasi: 4.19 | Tithi 4 | Gulika | 11:31AM – 12:46PM | Pushya Until 4:01AM Thu | Ganesh: White | <i>Sunrise:</i> 7:47AM | Durmukha 5118 |
| | 344731361 | Yama | 9:02AM – 10:16AM | Dhruva Until 1:52AM Thu | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 8 |
| Creative Work | Siddha Yoga | Rahu | 12:46PM – 2:01PM | Vanija Until 8:41AM | Nataraja: White | | 3rd Phase |
| | | | | Chaturthi* Until 8:08PM | Moon – Blue | | Bhuloka Day |
| | | | | | Jyeshtha-Vaikasi | Devaloka Time: 12:PM to 3:PM | |

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|---------------------------------|-------------|-------------------------------|-------------------|--|------------------------|--|--------------------|
| 4 | | Thursday, June 9, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau | | Cape Town, South Africa Sun 18 Sutra 53 | |
| Kataka Rasi: 17.45 | Tithi 5 | Gulika | 10:17AM – 11:32AM | Ashlesha* Until 4:27AM Fri | Ganesh: White | <i>Sunrise:</i> 7:47AM | Durmukha 5118 |
| | 344731361 | Yama | 7:47AM – 9:02AM | Vyaghata* Until 12:41AM Fri | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 8 |
| Creative Work | Siddha Yoga | Rahu | 2:01PM – 3:16PM | Bava Until 7:50AM | Nataraja: White | | 3rd Phase |
| Until 4:27AM Fri | | | | Panchami Until 7:43PM | Moon – Blue | | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | | Jyeshtha-Vaikasi | Devaloka Time: 12:PM to 3:PM | |

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| 5 | | Friday, June 10, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Harshana Yoga Kaulava/Tailila Karana Shashthyam Titau | | Cape Town, South Africa Sun 19 Sutra 54 | |
| Simha Rasi: 0.44 | Tithi 6 | Gulika | 9:02AM – 10:17AM | Magha* Until 6:01AM Sat | Ganesh: Clear | <i>Sunrise:</i> 7:48AM | Durmukha 5118 |
| | 354731361 | Yama | 3:16PM – 4:31PM | Harshana Until 12:11AM Sat | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 8 |
| Routine Work | Marana Yoga | Rahu | 11:32AM – 12:47PM | Kaulava Until 7:51AM | Nataraja: White | | 3rd Phase |
| Until 6:01AM Sat | | | | Shashthi* Until 8:09PM | Moon – Red | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | Jyeshtha-Vaikasi | | |

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| 6 | | Saturday, June 11, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau | | Cape Town, South Africa Sun 20 Sutra 55 | |
| Simha Rasi: 13.19 | Tithi 7 | Gulika | 7:48AM – 9:03AM | Magha* Until 6:01AM | Ganesh: Purple | <i>Sunrise:</i> 7:48AM | Durmukha 5118 |
| | 355731361 | Yama | 2:01PM – 3:16PM | Vajra* Until 12:16AM Sun | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 8 |
| Creative Work | Amrita Yoga | Rahu | 10:17AM – 11:32AM | Gara Until 8:41AM | Nataraja: White | | 3rd Phase |
| Until 6:01AM | | | | Saptami Until 9:22PM | Moon – Red | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | Jyeshtha-Vaikasi | | |

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| ☾ | | Sunday, June 12, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau | | Cape Town, South Africa Sun 21 Sutra 56 | |
| Retreat Star | | Gulika | 3:16PM – 4:31PM | Purvaphalguni Until 8:09AM | Ganesh: Clear | <i>Sunrise:</i> 7:49AM | Durmukha 5118 |
| Simha Rasi: 25.34 | Tithi 8 | Yama | 12:47PM – 2:02PM | Siddhi Until 12:50AM Mon | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 8 |
| Creative Work | Siddha Yoga | Rahu | 4:31PM – 5:46PM | Visti Until 10:16AM | Nataraja: White | | Ashtami |
| Until 8:09AM | | | | Ashtami* Until 11:14PM | Moon – Red | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | | Jyeshtha-Vaikasi | | |

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| ☽ | | Monday, June 13, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau | | Cape Town, South Africa Sun 22 Sutra 57 | |
| Retreat Star | | Gulika | 2:02PM – 3:16PM | Uttaraphalguni Until 10:39AM | Ganesh: Clear | <i>Sunrise:</i> 7:49AM | Durmukha 5118 |
| Kanya Rasi: 7.35 | Tithi 9 | Yama | 11:33AM – 12:47PM | Vyatipata* Until 1:44AM Tue | Muruga: Clear | <i>Sunset:</i> 5:46PM | Moon 5 - Phase 8 |
| Family Home Evening | 355831361 | Rahu | 9:03AM – 10:18AM | Balava Until 12:22PM | Nataraja: White | | Navami |
| Creative Work | Siddha Yoga | | | Navami* Until 1:32AM Tue | Moon – Red | | Devaloka Day |
| | | | | | Jyeshtha-Vaikasi | | |

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| 1 | Tuesday, June 14, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau | | | | Cape Town, South Africa Sun 23 Sutra 58 | |
| | Kanya Rasi: 19.29 | Titthi 10 | 365831361 | Gulika Yama Rahu | 12:47PM – 2:02PM 10:18AM – 11:33AM 3:17PM – 4:31PM | Hasta Until 1:48PM Variyan Until 2:45AM Wed Tailila Until 2:48PM Dashami Until 4:02AM Wed | Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green Jyeshtha•Ani | Sunrise: 7:49AM Sunset: 5:46PM Moon 5 - Phase 9 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM |
| | Creative Work Siddha Yoga | | | | | | | |
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| 2 | Wednesday, June 15, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Cape Town, South Africa Sun 24 Sutra 59 | |
| | Tula Rasi: 1.18 | Titthi 11 | 365831361 | Gulika Yama Rahu | 11:33AM – 12:48PM 9:04AM – 10:19AM 12:48PM – 2:02PM | Chitra Until 4:52PM Parigha* Until 3:46AM Thu Vanija Until 5:18PM Ekadashi Until 6:29AM Thu | Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green Jyeshtha•Ani | Sunrise: 7:50AM Sunset: 5:46PM Moon 5 - Phase 9 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM |
| | Creative Work Siddha Yoga | | | | | | | |
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| 3 | Thursday, June 16, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Cape Town, South Africa Sun 25 Sutra 60 | |
| | Tula Rasi: 13.08 | Titthi 11 – 12 | 365831361 | Gulika Yama Rahu | 10:19AM – 11:33AM 7:50AM – 9:04AM 2:02PM – 3:17PM | Svati Until 7:38PM Shiva Until 4:38AM Fri Bava Until 7:39PM Ekadashi Until 6:29AM | Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green Jyeshtha•Ani | Sunrise: 7:50AM Sunset: 5:46PM Moon 5 - Phase 9 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM |
| | Creative Work Amrita Yoga Until 7:38PM Then Creative Work - Siddha Yoga | | | | | | | |
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| 4 | Friday, June 17, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Cape Town, South Africa Sun 26 Sutra 61 | |
| | Tula Rasi: 25.04 | Titthi 12 – 13 | 375831361 | Gulika Yama Rahu | 9:05AM – 10:19AM 3:17PM – 4:32PM 11:34AM – 12:48PM | Vishakha Until 10:27PM Siddha Until 5:14AM Sat Kaulava Until 9:43PM Dvadashi Until 8:42AM | Ganesh: Clear Muruga: Clear Nataraja: White Moon – Orange Jyeshtha•Ani | Sunrise: 7:50AM Sunset: 5:46PM Moon 5 - Phase 9 4th Phase Devaloka Day |
| | Creative Work Siddha Yoga | | <i>Pradosha Vrata</i> | | | | | |
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| 5 | Saturday, June 18, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Cape Town, South Africa Sun 27 Sutra 62 | |
| | Vrischika Rasi: 7.08 | Titthi 13 – 14 | 375831361 | Gulika Yama Rahu | 7:51AM – 9:05AM 2:03PM – 3:17PM 10:19AM – 11:34AM | Anuradha Until 12:44AM Sun Sadhya Until 5:31AM Sun Gara Until 11:24PM Trayodashi Until 10:36AM | Ganesh: Clear Muruga: Clear Nataraja: White Moon – Orange Jyeshtha•Ani | Sunrise: 7:51AM Sunset: 5:46PM Moon 5 - Phase 9 4th Phase Devaloka Day |
| | Creative Work Siddha Yoga Until 12:44AM Sun Then Routine Work - Marana Yoga | | | | | | | |
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| O | Sunday, June 19, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Cape Town, South Africa Sutra 63 | | | |
| | Copper Retreat Star | | Vrischika Rasi: 19.21 | Titthi 14 – 15 | 375831361 | Gulika Yama Rahu | 3:17PM – 4:32PM 12:49PM – 2:03PM 4:32PM – 5:46PM | Jyeshtha* Until 2:26AM Mon Subha Until 5:29AM Mon Visti Until 12:39AM Mon Chaturdashi* Until 12:04PM | Ganesh: Clear Muruga: Clear Nataraja: White Moon – Orange Jyeshtha•Ani | Sunrise: 7:51AM Sunset: 5:46PM Moon 5 - Phase 9 Purnima Devaloka Day |
| | Routine Work Marana Yoga Until 2:26AM Mon Then Creative Work - Siddha Yoga | | Father's Day | | | | | | | |
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| M | Monday, June 20, 2016 | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Cape Town, South Africa Sutra 64 | | | |
| | Silver Retreat Star | | Dhanus Rasi: 1.46 | Titthi 15 – 16 | 386831361 | Gulika Yama Rahu | 2:03PM – 3:18PM 11:34AM – 12:49PM 9:05AM – 10:20AM | Mula* Until 4:01AM Tue Sukla Until 5:05AM Tue Balava Until 1:27AM Tue Purnima* Until 1:05PM | Ganesh: Yellow Muruga: Clear Nataraja: White Moon – Light Blue Jyeshtha•Ani | Sunrise: 7:51AM Sunset: 5:47PM Moon 5 - Phase 9 Prathama Devaloka Day |
| | Family Home Evening Creative Work Siddha Yoga | | | | | | | | | |
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That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Cape Town, South Africa

Dhanus Rasi: 14.22 Tithi 16 – 17

386831361

Gulika 12:49PM – 2:03PM
Yama 10:20AM – 11:35AM
Rahu 3:18PM – 4:32PM

Purvashadha* Until 5:02AM Wed
Brahma Until 4:21AM Wed
Tailila Until 1:49AM Wed
Prathama* Until 1:40PM

Ganesha: Yellow *Sunrise: 7:51AM*
Muruga: Clear *Sunset: 5:47PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sutra 65
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 5:02AM Wed
Then Creative Work - Amrita Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam

Cape Town, South Africa

Dhanus Rasi: 27.11 Tithi 17 – 18

386831361

Gulika 11:35AM – 12:49PM
Yama 9:06AM – 10:20AM
Rahu 12:49PM – 2:04PM

Uttarashadha Until 5:30AM Thu
Indra Until 3:19AM Thu
Vanija Until 1:48AM Thu
Dvitiya Until 1:50PM

Ganesha: Yellow *Sunrise: 7:51AM*
Muruga: Clear *Sunset: 5:47PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sun 1 Sutra 66
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 5:30AM Thu
Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam

Cape Town, South Africa

Makara Rasi: 10.1 Tithi 18 – 19

396831361

Gulika 10:21AM – 11:35AM
Yama 7:52AM – 9:06AM
Rahu 2:04PM – 3:18PM

Shravana Until 5:55AM Fri
Vaidhriti* Until 1:59AM Fri
Bava Until 1:24AM Fri
Tritiya Until 1:38PM

Ganesha: Blue *Sunrise: 7:52AM*
Muruga: Clear *Sunset: 5:47PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 2 Sutra 67
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 5:30AM Thu
Then Creative Work - Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Cape Town, South Africa

Makara Rasi: 23.22 Tithi 19 – 20

396831361

Gulika 9:06AM – 10:21AM
Yama 3:19PM – 4:33PM
Rahu 11:35AM – 12:50PM

Dhanishtha Until 5:51AM Sat
Vishkambha* Until 12:22AM Sat
Kaulava Until 12:40AM Sat
Chaturthi* Until 1:03PM

Ganesha: Blue *Sunrise: 7:52AM*
Muruga: Clear *Sunset: 5:48PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 3 Sutra 68
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 5:51AM Sat
Then Creative Work - Amrita Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam

Cape Town, South Africa

Kumbha Rasi: 6.44 Tithi 20 – 21

396831361

Gulika 7:52AM – 9:06AM
Yama 2:04PM – 3:19PM
Rahu 10:21AM – 11:35AM

Shatabhishak Until 5:17AM Sun
Priti Until 10:29PM
Gara Until 11:34PM
Panchami Until 12:08PM

Ganesha: Blue *Sunrise: 7:52AM*
Muruga: Clear *Sunset: 5:48PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 4 Sutra 69
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 5:17AM Sun
Then Creative Work - Siddha Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam

Cape Town, South Africa

Kumbha Rasi: 20.19 Tithi 21 – 22

316831361

Gulika 3:19PM – 4:34PM
Yama 12:50PM – 2:05PM
Rahu 4:34PM – 5:48PM

Purvaproshtapada* Until 4:40AM Mon
Ayushman Until 8:18PM
Visti Until 10:08PM
Shashthi* Until 10:52AM

Ganesha: Purple *Sunrise: 7:52AM*
Muruga: Clear *Sunset: 5:48PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 5 Sutra 70
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 5:51AM Sat
Then Creative Work - Amrita Yoga

Monday, June 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam

Cape Town, South Africa

Meena Rasi: 4.06 Tithi 22 – 23

316831361

Gulika 2:05PM – 3:19PM
Yama 11:36AM – 12:50PM
Rahu 9:07AM – 10:21AM

Uttaraproshtapada Until 3:33AM Tue
Saubhagya Until 5:51PM
Balava Until 8:21PM
Saptami Until 9:16AM

Ganesha: Purple *Sunrise: 7:52AM*
Muruga: Clear *Sunset: 5:49PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 6 Sutra 71
Durmukha 5118
Moon 6 - Phase 10
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 5:51AM Sat
Then Creative Work - Amrita Yoga

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Cape Town, South Africa

Meena Rasi: 18.05 Tithi 23 – 24

317831361

Gulika 12:51PM – 2:05PM
Yama 10:21AM – 11:36AM
Rahu 3:20PM – 4:34PM

Revati Until 1:59AM Wed
Sobhana Until 3:08PM
Tailila Until 6:14PM
Ashtami* Until 7:19AM

Ganesha: Clear *Sunrise: 7:52AM*
Muruga: Clear *Sunset: 5:49PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 7 Sutra 72
Durmukha 5118
Moon 6 - Phase 10
Navami

Devaloka Day

Creative Work Siddha Yoga
Until 1:59AM Wed
Then Routine Work - Marana Yoga

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| 1 | | Wednesday, June 29, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam | | Cape Town, South Africa | |
| Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau | | Sun 8 Sutra 73 | | Durumukha 5118 | | Moon 6 - Phase 11 | |
| Mesha Rasi: 2.18 | Tithi 25 | Gulika 11:36AM – 12:51PM | Ashvini Until 12:24AM Thu | Ganesh: Purple <i>Sunrise: 7:52AM</i> | | | |
| | | Yama 9:07AM – 10:21AM | Athiganda* Until 12:09PM | Muruga: Clear <i>Sunset: 5:49PM</i> | | | 2nd Phase |
| | | 327831361 Rahu 12:51PM – 2:05PM | Vanija Until 3:49PM | Nataraja: White | | | |
| Routine Work | Marana Yoga | | Dashami Until 2:30AM Thu | Moon – White | | Bhuloka Day | |
| Until 12:24AM Thu | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM | |
| Then Creative Work | - Siddha Yoga | | | | | | |

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| 2 | | Thursday, June 30, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam | | Cape Town, South Africa | |
| Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau | | Sun 9 Sutra 74 | | Durumukha 5118 | | Moon 6 - Phase 11 | |
| Mesha Rasi: 16.41 | Tithi 26 | Gulika 10:22AM – 11:36AM | Bharani Until 10:29PM | Ganesh: Purple <i>Sunrise: 7:52AM</i> | | | |
| | | Yama 7:52AM – 9:07AM | Sukarma Until 8:57AM | Muruga: Clear <i>Sunset: 5:50PM</i> | | | 2nd Phase |
| | | 327831361 Rahu 2:06PM – 3:20PM | Bava Until 1:09PM | Nataraja: White | | | |
| Creative Work | Siddha Yoga | | Ekadashi* Until 11:45PM | Moon – White | | Bhuloka Day | |
| Until 10:29PM | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM | |
| Then Routine Work | - Marana Yoga | | | | | | |

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| 3 | | Friday, July 1, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam | | Cape Town, South Africa | |
| Krittika Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Sun 10 Sutra 75 | | Durumukha 5118 | | Moon 6 - Phase 11 | |
| Vrishabha Rasi: 1.13 | Tithi 27 | Gulika 9:07AM – 10:22AM | Krittika Until 8:18PM | Ganesh: Purple <i>Sunrise: 7:52AM</i> | | | |
| | | Yama 3:21PM – 4:35PM | Shula* Until 2:14AM Sat | Muruga: Clear <i>Sunset: 5:50PM</i> | | | 2nd Phase |
| | | 327831361 Rahu 11:36AM – 12:51PM | Kaulava Until 10:21AM | Nataraja: White | | | |
| Creative Work | Siddha Yoga | | Dvadashi* Until 8:54PM | Moon – White | | Bhuloka Day | |
| Until 8:18PM | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM | |
| Then Routine Work | - Marana Yoga | | | | | | |

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| 4 | | Saturday, July 2, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam | | Cape Town, South Africa | |
| Rohini Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau | | Sun 11 Sutra 76 | | Durumukha 5118 | | Moon 6 - Phase 11 | |
| Vrishabha Rasi: 15.47 | Tithi 28 | Gulika 7:52AM – 9:07AM | Rohini Until 6:26PM | Ganesh: Light Blue <i>Sunrise: 7:52AM</i> | | | |
| | | Yama 2:06PM – 3:21PM | Ganda* Until 10:53PM | Muruga: Clear <i>Sunset: 5:51PM</i> | | | 2nd Phase |
| | | 327831361 Rahu 10:22AM – 11:36AM | Gara Until 7:29AM | Nataraja: White | | | |
| Creative Work | Amrita Yoga | | Trayodashi* Until 6:04PM | Moon – Yellow | | Bhuloka Day | |
| Until 6:26PM | | | <i>Pradosha Vrata (Fasting)</i> | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM | |
| Then Creative Work | - Siddha Yoga | | | | | | |

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| 5 | | Sunday, July 3, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Cape Town, South Africa | |
| Mrigashira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Sun 12 Sutra 77 | | Durumukha 5118 | | Moon 6 - Phase 11 | |
| Mithuna Rasi: 0.19 | Tithi 29 – 30 | Gulika 3:21PM – 4:36PM | Mrigashira Until 4:34PM | Ganesh: Light Blue <i>Sunrise: 7:52AM</i> | | | |
| | | Yama 12:52PM – 2:06PM | Vriddhi Until 7:42PM | Muruga: Clear <i>Sunset: 5:51PM</i> | | | 2nd Phase |
| | | 327831361 Rahu 4:36PM – 5:51PM | Catuspada Until 2:11AM Mon | Nataraja: White | | | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 3:24PM | Moon – Yellow | | Bhuloka Day | |
| | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM | |

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|--|---------------|--|-------------------------------|--|--|------------------------------|----------|
| Monday, July 4, 2016 | | Retreat Star | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam | | Cape Town, South Africa | |
| Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 13 Sutra 78 | | Durumukha 5118 | | Moon 6 - Phase 11 | |
| Mithuna Rasi: 14.4 | Tithi 30 – 1 | Gulika 2:07PM – 3:22PM | Ardra Until 2:52PM | Ganesh: Purple <i>Sunrise: 7:52AM</i> | | | |
| Family Home Evening | | Yama 11:37AM – 12:52PM | Dhruva Until 4:46PM | Muruga: Clear <i>Sunset: 5:51PM</i> | | | Amavasya |
| | | 327831361 Rahu 9:07AM – 10:22AM | Kintughna Until 12:01AM Tue | Nataraja: White | | | |
| Creative Work | Siddha Yoga | | Amavasya* Until 1:01PM | Moon – Yellow | | Bhuloka Day | |
| Until 2:52PM | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM | |
| Then Creative Work | - Amrita Yoga | | | | | | |

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|---|-------------|---------------------------------------|--------------------------------|---|--|------------------------------|----------|
| Tuesday, July 5, 2016 | | Retreat Star | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam | | Cape Town, South Africa | |
| Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Sun 14 Sutra 79 | | Durumukha 5118 | | Moon 6 - Phase 11 | |
| Mithuna Rasi: 28.44 | Tithi 1 – 2 | Gulika 12:52PM – 2:07PM | Punarvasu Until 1:56PM | Ganesh: Light Blue <i>Sunrise: 7:52AM</i> | | | |
| | | Yama 10:22AM – 11:37AM | Vyaghata* Until 2:14PM | Muruga: Clear <i>Sunset: 5:52PM</i> | | | Prathama |
| | | 348831361 Rahu 3:22PM – 4:37PM | Balava Until 10:22PM | Nataraja: White | | | |
| Creative Work | Siddha Yoga | | Prathama* Until 11:06AM | Moon – Blue | | Bhuloka Day | |
| | | | | Ashada-Ani | | Devaloka Time: 12:PM to 3:PM | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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|----------|--------------------------------|-------------|--|----------------------------|------------------------|------------------------|--|--|
| 1 | Wednesday, July 6, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Cape Town, South Africa Sun 15 Sutra 80 | |
| | Kataka Rasi: 12.28 | Tithi 2 – 3 | Gulika 11:37AM – 12:52PM | Pushya Until 1:27PM | Ganesha: Purple | <i>Sunrise:</i> 7:52AM | Durmukha 5118 | |
| | | | Yama 9:07AM – 10:22AM | Harshana Until 12:13PM | Muruga: Clear | <i>Sunset:</i> 5:52PM | Moon 6 - Phase 12 | |
| | Creative Work | Siddha Yoga | 448831361 Rahu 12:52PM – 2:07PM | Taitila Until 9:22PM | Nataraja: White | | 3rd Phase | |
| | | | Dvitiya Until 9:46AM | Moon – Blue | | | Bhuloka Day | |
| | | | | Ashada*Ani | | | Devaloka Time: 12:PM to 3:PM | |

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|----------|-------------------------------|-------------|--|-------------------------------|----------------------------|------------------------|--|--|
| 2 | Thursday, July 7, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau | | | | Cape Town, South Africa Sun 16 Sutra 81 | |
| | Kataka Rasi: 25.49 | Tithi 3 – 4 | Gulika 10:22AM – 11:37AM | Ashlesha* Until 1:31PM | Ganesha: Light Blue | <i>Sunrise:</i> 7:51AM | Durmukha 5118 | |
| | | | Yama 7:51AM – 9:07AM | Vajra* Until 10:45AM | Muruga: Clear | <i>Sunset:</i> 5:53PM | Moon 6 - Phase 12 | |
| | Creative Work | Siddha Yoga | 448931361 Rahu 2:07PM – 3:23PM | Vanija Until 9:07PM | Nataraja: White | | 3rd Phase | |
| | | | Tritiya Until 9:08AM | Moon – Blue | | | Bhuloka Day | |
| | | | | Ashada*Ani | | | Devaloka Time: 12:PM to 3:PM | |
| | | | | | | | Then Creative Work - Amrita Yoga | |

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|----------|-----------------------------|-------------|--|----------------------------|------------------------|------------------------|--|--|
| 3 | Friday, July 8, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Cape Town, South Africa Sun 17 Sutra 82 | |
| | Simha Rasi: 8.44 | Tithi 4 – 5 | Gulika 9:06AM – 10:22AM | Magha* Until 2:40PM | Ganesha: Purple | <i>Sunrise:</i> 7:51AM | Durmukha 5118 | |
| | | | Yama 3:23PM – 4:38PM | Siddhi Until 9:54AM | Muruga: Clear | <i>Sunset:</i> 5:54PM | Moon 6 - Phase 12 | |
| | Routine Work | Marana Yoga | 458931361 Rahu 11:37AM – 12:52PM | Bava Until 9:39PM | Nataraja: White | | 3rd Phase | |
| | | | Chaturthi* Until 9:16AM | Moon – Red | | | Bhuloka Day | |
| | | | | Ashada*Ani | | | Devaloka Time: 12:PM to 3:PM | |
| | | | | | | | Then Creative Work - Siddha Yoga | |

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| 4 | Saturday, July 9, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varians Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Cape Town, South Africa Sun 18 Sutra 83 | |
| | Simha Rasi: 21.19 | Tithi 5 – 6 | Gulika 7:51AM – 9:06AM | Purvaphalguni Until 4:23PM | Ganesha: Purple | <i>Sunrise:</i> 7:51AM | Durmukha 5118 | |
| | | | Yama 2:08PM – 3:23PM | Vyatipata* Until 9:40AM | Muruga: Clear | <i>Sunset:</i> 5:54PM | Moon 6 - Phase 12 | |
| | Creative Work | Siddha Yoga | 458931361 Rahu 10:22AM – 11:37AM | Kaulava Until 10:54PM | Nataraja: White | | 3rd Phase | |
| | | | Panchami Until 10:10AM | Moon – Red | | | Bhuloka Day | |
| | | | | Ashada*Ani | | | Devaloka Time: 12:PM to 3:PM | |
| | | | | | | | Then Routine Work - Marana Yoga | |

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|----------|------------------------------|-------------|--|------------------------------------|------------------------|------------------------|--|--|
| 5 | Sunday, July 10, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Cape Town, South Africa Sun 19 Sutra 84 | |
| | Kanya Rasi: 3.35 | Tithi 6 – 7 | Gulika 3:24PM – 4:39PM | Uttaraphalguni Until 6:33PM | Ganesha: Purple | <i>Sunrise:</i> 7:51AM | Durmukha 5118 | |
| | | | Yama 12:53PM – 2:08PM | Varians Until 9:56AM | Muruga: Clear | <i>Sunset:</i> 5:55PM | Moon 6 - Phase 12 | |
| | Creative Work | Amrita Yoga | 458931361 Rahu 4:39PM – 5:55PM | Gara Until 12:45AM Mon | Nataraja: White | | 3rd Phase | |
| | | | Shashthi* Until 11:45AM | Moon – Red | | | Bhuloka Day | |
| | | | | Ashada*Ani | | | Devaloka Time: 12:PM to 3:PM | |
| | | | | | | | Chidambaram Abhishekam | |

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| D | Monday, July 11, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Cape Town, South Africa Sun 20 Sutra 85 | |
| | Retreat Star | | Gulika 2:08PM – 3:24PM | Hasta Until 9:29PM | Ganesha: Orange | <i>Sunrise:</i> 7:50AM | Durmukha 5118 | |
| | Kanya Rasi: 15.38 | Tithi 7 – 8 | Yama 11:37AM – 12:53PM | Parigha* Until 10:37AM | Muruga: Clear | <i>Sunset:</i> 5:55PM | Moon 6 - Phase 12 | |
| | Family Home Evening | | 469931361 Rahu 9:06AM – 10:22AM | Visti Until 3:00AM Tue | Nataraja: White | | Ashtami | |
| | | | Saptami Until 1:49PM | Moon – Green | | | Devaloka Day | |
| | | | | Ashada*Ani | | | Then Routine Work - Prabalarishta Yoga | |

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| D | Tuesday, July 12, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Cape Town, South Africa Sun 21 Sutra 86 | |
| | Retreat Star | | Gulika 12:53PM – 2:09PM | Chitra Until 12:27AM Wed | Ganesha: Orange | <i>Sunrise:</i> 7:50AM | Durmukha 5118 | |
| | Kanya Rasi: 27.32 | Tithi 8 – 9 | Yama 10:21AM – 11:37AM | Shiva Until 11:32AM | Muruga: Clear | <i>Sunset:</i> 5:56PM | Moon 6 - Phase 12 | |
| | Creative Work | Siddha Yoga | 469931361 Rahu 3:24PM – 4:40PM | Balava Until 5:24AM Wed | Nataraja: White | | Navami | |
| | | | Ashtami* Until 4:10PM | Moon – Green | | | Devaloka Day | |
| | | | | Ashada*Ani | | | | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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| 1 Wednesday, July 13, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Cape Town, South Africa |
| Tula Rasi: 9.24 | | Svati Nakshatra Siddha/Sadhya Yoga Kaulava Karana Navamyam Titau | | | | Sun 22 Sutra 87 |
| Tithi 9 | | Gulika 11:37AM – 12:53PM | Svati Until 3:13AM Thu | Ganesh: Orange | <i>Sunrise:</i> 7:50AM | Durmukha 5118 |
| 469931361 | | Yama 9:06AM – 10:21AM | Siddha Until 12:29PM | Muruga: Clear | <i>Sunset:</i> 5:56PM | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga | Rahu 12:53PM – 2:09PM | Kaulava Until 6:34PM | Nataraja: White | | 4th Phase |
| | | | Navami* Until 6:34PM | Moon – Green | | Devaloka Day |
| | | | | Ashada*Ani | | |

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| 2 Thursday, July 14, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Cape Town, South Africa |
| Tula Rasi: 21.17 | | Vishakha Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dashamyam Titau | | | | Sun 23 Sutra 88 |
| Tithi 10 | | Gulika 10:21AM – 11:37AM | Vishakha Until 6:05AM Fri | Ganesh: Green | <i>Sunrise:</i> 7:49AM | Durmukha 5118 |
| 479931361 | | Yama 7:49AM – 9:05AM | Sadhya Until 1:22PM | Muruga: Clear | <i>Sunset:</i> 5:57PM | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga | Rahu 2:09PM – 3:25PM | Tailila Until 7:43AM | Nataraja: White | | 4th Phase |
| | | | Dashami Until 8:47PM | Moon – Orange | | Bhuloka Day |
| | | | | Ashada*Ani | | Devaloka Time: 12:PM to 3:PM |

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| 3 Friday, July 15, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Cape Town, South Africa |
| Vrischika Rasi: 3.17 | | Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Sun 24 Sutra 89 |
| Tithi 11 | | Gulika 9:05AM – 10:21AM | Vishakha Until 6:05AM | Ganesh: Green | <i>Sunrise:</i> 7:49AM | Durmukha 5118 |
| 479931361 | | Yama 3:25PM – 4:41PM | Subha Until 2:01PM | Muruga: Clear | <i>Sunset:</i> 5:58PM | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga | Rahu 11:37AM – 12:53PM | Vanija Until 9:47AM | Nataraja: White | | 4th Phase |
| | | | Ekadashi Until 10:39PM | Moon – Orange | | Bhuloka Day |
| | | | | Ashada*Ani | | Devaloka Time: 12:PM to 3:PM |

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| 4 Saturday, July 16, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Cape Town, South Africa |
| Vrischika Rasi: 15.25 | | Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau | | | | Sun 25 Sutra 90 |
| Tithi 12 | | Gulika 7:49AM – 9:05AM | Anuradha Until 8:25AM | Ganesh: Green | <i>Sunrise:</i> 7:49AM | Durmukha 5118 |
| 479931361 | | Yama 2:10PM – 3:26PM | Sukla Until 2:19PM | Muruga: Clear | <i>Sunset:</i> 5:58PM | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga | Rahu 10:21AM – 11:37AM | Bava Until 11:26AM | Nataraja: White | | 4th Phase |
| | | | Dvadashi Until 12:03AM Sun | Moon – Orange | | Bhuloka Day |
| | | | | Ashada*Adi | | Devaloka Time: 12:PM to 3:PM |

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|----------------------------------|-------------|--|-------------------------------------|------------------------|------------------------|-------------------------|
| 5 Sunday, July 17, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Cape Town, South Africa |
| Vrischika Rasi: 27.46 | | Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau | | | | Sun 26 Sutra 91 |
| Tithi 13 | | Gulika 3:26PM – 4:42PM | Jyeshtha* Until 10:05AM | Ganesh: Green | <i>Sunrise:</i> 7:48AM | Durmukha 5118 |
| 479931362 | | Yama 12:53PM – 2:10PM | Brahma Until 2:13PM | Muruga: Clear | <i>Sunset:</i> 5:59PM | Moon 6 - Phase 13 |
| Routine Work | Marana Yoga | Rahu 4:42PM – 5:59PM | Kaulava Until 12:34PM | Nataraja: Clear | | 4th Phase |
| Until 10:05AM | | | Trayodashi Until 12:55AM Mon | Moon – Orange | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata</i> | Ashada*Adi | | |

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| 6 Monday, July 18, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Cape Town, South Africa |
| Dhanu Rasi: 10.22 | | Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Sun 27 Sutra 92 |
| Tithi 14 | | Gulika 2:10PM – 3:26PM | Mula* Until 11:33AM | Ganesh: Blue | <i>Sunrise:</i> 7:48AM | Durmukha 5118 |
| 481931362 | | Yama 11:37AM – 12:54PM | Indra Until 1:42PM | Muruga: Clear | <i>Sunset:</i> 5:59PM | Moon 6 - Phase 13 |
| Family Home Evening | Siddha Yoga | Rahu 9:04AM – 10:21AM | Gara Until 1:10PM | Nataraja: Clear | | 4th Phase |
| Creative Work | | | Chaturdashi* Until 1:14AM Tue | Moon – Light Blue | | Subha Sivaloka Day |
| Until 11:33AM | | | | Ashada*Adi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|--|-------------|---|-----------------------------------|------------------------|------------------------|---------------------------|
| ○ Tuesday, July 19, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Cape Town, South Africa |
| Copper Retreat Star | | Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Sutra 93 |
| Dhanu Rasi: 23.13 | | Gulika 12:54PM – 2:10PM | Purvashadha* Until 12:20PM | Ganesh: Blue | <i>Sunrise:</i> 7:47AM | Durmukha 5118 |
| Tithi 15 | | Yama 10:20AM – 11:37AM | Vaidhriti* Until 12:44PM | Muruga: Clear | <i>Sunset:</i> 6:00PM | Moon 6 - Phase 13 |
| 481931362 | | Rahu 3:27PM – 4:43PM | Visti Until 1:12PM | Nataraja: Clear | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 1:01AM Wed | Moon – Light Blue | | Subha Sivaloka Day |
| Until 12:20PM | | Satguru Purnima | | Ashada*Adi | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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|----------------------------------|-------------|--|------------------------------------|------------------------|------------------------|---------------------------|
| Wednesday, July 20, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Cape Town, South Africa |
| Silver Retreat Star | | Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Sutra 94 |
| Makara Rasi: 6.2 | | Gulika 11:37AM – 12:54PM | Uttarashadha Until 12:27PM | Ganesh: Blue | <i>Sunrise:</i> 7:47AM | Durmukha 5118 |
| Tithi 16 | | Yama 9:03AM – 10:20AM | Vishkambha* Until 11:22AM | Muruga: Clear | <i>Sunset:</i> 6:01PM | Moon 6 - Phase 13 |
| 481931362 | | Rahu 12:54PM – 2:10PM | Balava Until 12:45PM | Nataraja: Clear | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 12:20AM Thu | Moon – Light Blue | | Subha Sivaloka Day |
| Until 12:27PM | | | | Ashada*Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Cape Town, South Africa

Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Sun 1 Sutra 95

Makara Rasi: 19.42 Tihi 17

Gulika 10:20AM - 11:37AM

Shravana Until 12:26PM

Ganesha: Yellow Sunrise: 7:46AM

Durmukha 5118

Yama 7:46AM - 9:03AM

Priti Until 9:40AM

Muruga: Clear Sunset: 6:01PM

Moon 7 - Phase 14

491931362 Rahu 2:11PM - 3:27PM

Taitila Until 11:51AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 11:14PM

Moon - Purple
Ashada•Adi

Sivaloka Day

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Cape Town, South Africa

Sun 2 Sutra 96

Kumbha Rasi: 3.17 Tihi 18

Gulika 9:03AM - 10:20AM

Dhanishtha Until 11:55AM

Ganesha: Yellow Sunrise: 7:45AM

Durmukha 5118

Yama 3:28PM - 4:45PM

Ayushman Until 7:38AM

Muruga: Clear Sunset: 6:02PM

Moon 7 - Phase 14

491931362 Rahu 11:37AM - 12:54PM

Vanija Until 10:35AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 9:49PM

Moon - Purple
Ashada•Adi

Sivaloka Day

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Cape Town, South Africa

Sun 3 Sutra 97

Kumbha Rasi: 17.02 Tihi 19

Gulika 7:45AM - 9:02AM

Shatabhishak Until 10:57AM

Ganesha: Yellow Sunrise: 7:45AM

Durmukha 5118

Yama 2:11PM - 3:28PM

Sobhana Until 2:56AM Sun

Muruga: Clear Sunset: 6:03PM

Moon 7 - Phase 14

491931362 Rahu 10:19AM - 11:37AM

Bava Until 9:01AM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Chaturthi* Until 8:08PM

Moon - Purple
Ashada•Adi

Sivaloka Day

Until 10:57AM

Then Routine Work - Marana Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa

Sun 4 Sutra 98

Meena Rasi: 0.57 Tihi 20

Gulika 3:29PM - 4:46PM

Purvaproshtapada* Until 10:04AM

Ganesha: Red Sunrise: 7:44AM

Durmukha 5118

Yama 12:54PM - 2:11PM

Athiganda* Until 12:19AM Mon

Muruga: Clear Sunset: 6:03PM

Moon 7 - Phase 14

411931362 Rahu 4:46PM - 6:03PM

Kaulava Until 7:14AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 6:15PM

Moon - Clear
Ashada•Adi

Sivaloka Day

Until 10:04AM

Then Creative Work - Amrita Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa

Sun 5 Sutra 99

Meena Rasi: 14.58 Tihi 21 - 22

Gulika 2:11PM - 3:29PM

Uttaraproshtapada Until 8:52AM

Ganesha: Red Sunrise: 7:44AM

Durmukha 5118

Yama 11:36AM - 12:54PM

Sukarma Until 9:36PM

Muruga: Clear Sunset: 6:04PM

Moon 7 - Phase 14

Family Home Evening 411931362 Rahu 9:01AM - 10:19AM

Visti Until 3:11AM Tue

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 4:14PM

Moon - Clear
Ashada•Adi

Sivaloka Day

Tuesday, July 26, 2016

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Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa

Sun 6 Sutra 100

Meena Rasi: 29.04 Tihi 22 - 23

Gulika 12:54PM - 2:11PM

Revati Until 7:25AM

Ganesha: Red Sunrise: 7:43AM

Durmukha 5118

Yama 10:18AM - 11:36AM

Dhriti Until 6:48PM

Muruga: Clear Sunset: 6:05PM

Moon 7 - Phase 14

411931362 Rahu 3:29PM - 4:47PM

Balava Until 1:00AM Wed

Nataraja: Clear

Ashtami

Creative Work Siddha Yoga

Saptami Until 2:06PM

Moon - Clear
Ashada•Adi

Sivaloka Day

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa

Sun 7 Sutra 101

Mesha Rasi: 13.14 Tihi 23 - 24

Gulika 11:36AM - 12:54PM

Ashvini Until 6:08AM

Ganesha: Green Sunrise: 7:42AM

Durmukha 5118

Yama 9:00AM - 10:18AM

Shula* Until 3:55PM

Muruga: Clear Sunset: 6:05PM

Moon 7 - Phase 14

421931362 Rahu 12:54PM - 2:12PM

Taitila Until 10:46PM

Nataraja: Clear

Navami

Routine Work Marana Yoga

Ashtami* Until 11:52AM

Moon - White
Ashada•Adi

Subha Sivaloka Day

Until 6:08AM

Then Creative Work - Siddha Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | Thursday, July 28, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Cape Town, South Africa Sun 8 Sutra 102 |
| | Mesha Rasi: 27.26 | Tithi 24 – 25 | Gulika 10:18AM – 11:36AM | Krittika Until 3:03AM Fri | Ganesh: Green | Sunrise: 7:42AM | Durmukha 5118 |
| | | | Yama 7:42AM – 9:00AM | Ganda* Until 1:02PM | Muruga: Clear | Sunset: 6:06PM | Moon 7 - Phase 15 |
| | Routine Work | Marana Yoga | 421931362 Rahu 2:12PM – 3:30PM | Vanija Until 8:29PM | Nataraja: Clear | | 2nd Phase |
| | | | Navami* Until 9:36AM | Moon – White | | Subha Sivaloka Day | |
| | | | | Ashada*Adi | | | |

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| 2 | Friday, July 29, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Cape Town, South Africa Sun 9 Sutra 103 |
| | Vrishabha Rasi: 11.39 | Tithi 25 – 26 | Gulika 8:59AM – 10:17AM | Rohini Until 1:45AM Sat | Ganesh: Green | Sunrise: 7:41AM | Durmukha 5118 |
| | | | Yama 3:30PM – 4:48PM | Vriddhi Until 10:09AM | Muruga: Clear | Sunset: 6:07PM | Moon 7 - Phase 15 |
| | Routine Work | Marana Yoga | 432931362 Rahu 11:35AM – 12:54PM | Bava Until 6:14PM | Nataraja: Clear | | 2nd Phase |
| | | | Dashami Until 7:20AM | Moon – Yellow | | Devaloka Day | |
| | | | | Ashada*Adi | | | |

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| 3 | Saturday, July 30, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Cape Town, South Africa Sun 10 Sutra 104 |
| | Vrishabha Rasi: 25.49 | Tithi 27 | Gulika 7:40AM – 8:58AM | Mrigashira Until 12:27AM Sun | Ganesh: Green | Sunrise: 7:40AM | Durmukha 5118 |
| | | | Yama 2:12PM – 3:30PM | Dhruva Until 7:18AM | Muruga: Clear | Sunset: 6:07PM | Moon 7 - Phase 15 |
| | Creative Work | Siddha Yoga | 432931362 Rahu 10:17AM – 11:35AM | Kaulava Until 4:05PM | Nataraja: Clear | | 2nd Phase |
| | | | Dvadashi* Until 3:04AM Sun | Moon – Yellow | | Devaloka Day | |
| | | | | Ashada*Adi | | | |

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| 4 | Sunday, July 31, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Cape Town, South Africa Sun 11 Sutra 105 |
| | Mithuna Rasi: 9.54 | Tithi 28 | Gulika 3:31PM – 4:49PM | Ardra Until 11:13PM | Ganesh: Purple | Sunrise: 7:39AM | Durmukha 5118 |
| | | | Yama 12:54PM – 2:12PM | Harshana Until 2:04AM Mon | Muruga: Clear | Sunset: 6:08PM | Moon 7 - Phase 15 |
| | Creative Work | Siddha Yoga | 432131362 Rahu 4:49PM – 6:08PM | Gara Until 2:08PM | Nataraja: Clear | | 2nd Phase |
| | | | Trayodashi* Until 1:14AM Mon | Moon – Yellow | | Devaloka Day | |
| | | | <i>Pradosha Vrata (Fasting)</i> | Ashada*Adi | | | |

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| 5 | Monday, August 1, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Cape Town, South Africa Sun 12 Sutra 106 |
| | Mithuna Rasi: 23.49 | Tithi 29 | Gulika 2:12PM – 3:31PM | Punarvasu Until 10:37PM | Ganesh: Light Blue | Sunrise: 7:38AM | Durmukha 5118 |
| | Family Home Evening | | Yama 11:35AM – 12:54PM | Vajra* Until 11:50PM | Muruga: Clear | Sunset: 6:09PM | Moon 7 - Phase 15 |
| | Creative Work | Amrita Yoga | 442131362 Rahu 8:57AM – 10:16AM | Visti Until 12:27PM | Nataraja: Clear | | 2nd Phase |
| | | | Chaturdashi* Until 11:45PM | Moon – Blue | | Devaloka Day | |
| | | | | Ashada*Adi | | | |

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| | Tuesday, August 2, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Cape Town, South Africa Sun 13 Sutra 107 |
| | Retreat Star | | Gulika 12:53PM – 2:12PM | Pushya Until 10:18PM | Ganesh: Light Blue | Sunrise: 7:38AM | Durmukha 5118 |
| | Kataka Rasi: 7.31 | Tithi 30 | Yama 10:16AM – 11:35AM | Siddhi Until 9:58PM | Muruga: Clear | Sunset: 6:09PM | Moon 7 - Phase 15 |
| | Creative Work | Siddha Yoga | 442131362 Rahu 3:31PM – 4:50PM | Catuspada Until 11:11AM | Nataraja: Clear | | Amavasya |
| | | | Amavasya* Until 10:43PM | Moon – Blue | | Devaloka Day | |
| | | | | Ashada*Adi | | | |

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| Retreat Star | Wednesday, August 3, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Cape Town, South Africa Sun 14 Sutra 108 |
| | Kataka Rasi: 20.55 | Tithi 1 | Gulika 11:34AM – 12:53PM | Ashlesha* Until 10:24PM | Ganesh: Light Blue | Sunrise: 7:37AM | Durmukha 5118 |
| | | | Yama 8:56AM – 10:15AM | Vyatipata* Until 8:33PM | Muruga: Clear | Sunset: 6:10PM | Moon 7 - Phase 15 |
| | Creative Work | Siddha Yoga | 442131362 Rahu 12:53PM – 2:13PM | Kintughna Until 10:25AM | Nataraja: Clear | | Prathama |
| | | | Prathama* Until 10:14PM | Moon – Blue | | Devaloka Day | |
| | | | | Sravana*Adi | | | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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| 1 | | Thursday, August 4, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam | | Cape Town, South Africa | |
| Simha Rasi: 4.01 | | Tithi 2 | | Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Sun 15 | | Sutra 109 | |
| | | Gulika | 10:15AM – 11:34AM | Magha* Until 11:25PM | Ganesh: Purple | <i>Sunrise:</i> 7:36AM | Durmukha 5118 | | |
| | | Yama | 7:36AM – 8:55AM | Variyan Until 7:37PM | Muruga: Clear | <i>Sunset:</i> 6:11PM | Moon 7 - Phase 16 | | |
| Creative Work Amrita Yoga | | 452131362 | Rahu | 2:13PM – 3:32PM | Nataraja: Clear | | 3rd Phase | | |
| Until 11:25PM | | | | Balava Until 10:15AM | Moon – Red | | Devaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | Dvitiya Until 10:24PM | Sravana-Adi | | | | |

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| 2 | | Friday, August 5, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam | | Cape Town, South Africa | |
| Simha Rasi: 16.47 | | Tithi 3 | | Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau | | Sun 16 | | Sutra 110 | |
| | | Gulika | 8:55AM – 10:14AM | Purvaphalguni Until 12:55AM Sat | Ganesh: Purple | <i>Sunrise:</i> 7:35AM | Durmukha 5118 | | |
| | | Yama | 3:32PM – 4:52PM | Parigha* Until 7:13PM | Muruga: Clear | <i>Sunset:</i> 6:11PM | Moon 7 - Phase 16 | | |
| Creative Work Siddha Yoga | | 452131362 | Rahu | 11:34AM – 12:53PM | Nataraja: Clear | | 3rd Phase | | |
| Until 12:55AM Sat | | | | Taitila Until 10:45AM | Moon – Red | | Devaloka Day | | |
| Then Routine Work - Marana Yoga | | | | Tritiya Until 11:13PM | Sravana-Adi | | | | |

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| 3 | | Saturday, August 6, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam | | Cape Town, South Africa | |
| Simha Rasi: 29.16 | | Tithi 4 | | Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau | | Sun 17 | | Sutra 111 | |
| | | Gulika | 7:34AM – 8:54AM | Uttaraphalguni Until 2:51AM Sun | Ganesh: Purple | <i>Sunrise:</i> 7:34AM | Durmukha 5118 | | |
| | | Yama | 2:13PM – 3:33PM | Shiva Until 7:19PM | Muruga: Clear | <i>Sunset:</i> 6:12PM | Moon 7 - Phase 16 | | |
| Routine Work Marana Yoga | | 452131362 | Rahu | 10:14AM – 11:33AM | Nataraja: Clear | | 3rd Phase | | |
| Until 2:51AM Sun | | | | Vanija Until 11:53AM | Moon – Red | | Devaloka Day | | |
| Then Creative Work - Amrita Yoga | | | | Chaturthi* Until 12:39AM Sun | Sravana-Adi | | | | |

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| 4 | | Sunday, August 7, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Cape Town, South Africa | |
| Kanya Rasi: 11.3 | | Tithi 5 | | Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau | | Sun 18 | | Sutra 112 | |
| | | Gulika | 3:33PM – 4:53PM | Hasta Until 5:35AM Mon | Ganesh: Clear | <i>Sunrise:</i> 7:33AM | Durmukha 5118 | | |
| | | Yama | 12:53PM – 2:13PM | Siddha Until 7:47PM | Muruga: Purple | <i>Sunset:</i> 6:13PM | Moon 7 - Phase 16 | | |
| Creative Work Amrita Yoga | | 462141362 | Rahu | 4:53PM – 6:13PM | Nataraja: Clear | | 3rd Phase | | |
| Until 5:35AM Mon | | | | Bava Until 1:35PM | Moon – Green | | Devaloka Day | | |
| Then Routine Work - Prabalarishta Yoga | | | | Panchami Until 2:34AM Mon | Sravana-Adi | | | | |

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| 5 | | Monday, August 8, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam | | Cape Town, South Africa | |
| Kanya Rasi: 23.32 | | Tithi 6 | | Chitra Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthayam Titau | | Sun 19 | | Sutra 113 | |
| Family Home Evening | | Gulika | 2:13PM – 3:33PM | Chitra Until 8:26AM Tue | Ganesh: Clear | <i>Sunrise:</i> 7:32AM | Durmukha 5118 | | |
| Routine Work Prabalarishta Yoga | | 462141362 | Rahu | 8:52AM – 10:13AM | Muruga: Purple | <i>Sunset:</i> 6:14PM | Moon 7 - Phase 16 | | |
| Until 8:26AM Tue | | | | Sadhya Until 8:34PM | Nataraja: Clear | | 3rd Phase | | |
| Then Creative Work - Siddha Yoga | | | | Kaulava Until 3:42PM | Moon – Green | | Devaloka Day | | |
| | | | | Shashthi* Until 4:50AM Tue | Sravana-Adi | | | | |

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| 6 | | Tuesday, August 9, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam | | Cape Town, South Africa | |
| Tula Rasi: 5.27 | | Tithi 7 | | Chitra/Svati Nakshatra Subha Yoga Gara Karana Saptamyam Titau | | Sun 20 | | Sutra 114 | |
| | | Gulika | 12:53PM – 2:13PM | Chitra Until 8:26AM | Ganesh: Clear | <i>Sunrise:</i> 7:31AM | Durmukha 5118 | | |
| | | Yama | 10:12AM – 11:32AM | Subha Until 9:30PM | Muruga: Purple | <i>Sunset:</i> 6:14PM | Moon 7 - Phase 16 | | |
| Creative Work Siddha Yoga | | 462141362 | Rahu | 3:33PM – 4:54PM | Nataraja: Clear | | 3rd Phase | | |
| | | | | Gara Until 6:03PM | Moon – Green | | Devaloka Day | | |
| | | | | Saptami Until 7:13AM Wed | Sravana-Adi | | | | |

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| Retreat Star | | Wednesday, August 10, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam | | Cape Town, South Africa | |
| Tula Rasi: 17.19 | | Tithi 7 – 8 | | Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Sun 21 | | Sutra 115 | |
| | | Gulika | 11:32AM – 12:53PM | Svati Until 11:13AM | Ganesh: Clear | <i>Sunrise:</i> 7:30AM | Durmukha 5118 | | |
| | | Yama | 8:51AM – 10:11AM | Sukla Until 10:23PM | Muruga: Purple | <i>Sunset:</i> 6:15PM | Moon 7 - Phase 16 | | |
| Creative Work Siddha Yoga | | 462141362 | Rahu | 12:53PM – 2:13PM | Nataraja: Clear | | Ashtami | | |
| | | | | Visti Until 8:25PM | Moon – Green | | Devaloka Day | | |
| | | | | Saptami Until 7:13AM | Sravana-Adi | | | | |

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| Retreat Star | | Thursday, August 11, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam | | Cape Town, South Africa | |
| Tula Rasi: 29.14 | | Tithi 8 – 9 | | Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Sun 22 | | Sutra 116 | |
| | | Gulika | 10:11AM – 11:32AM | Vishakha Until 2:13PM | Ganesh: Clear | <i>Sunrise:</i> 7:29AM | Durmukha 5118 | | |
| | | Yama | 7:29AM – 8:50AM | Brahma Until 11:08PM | Muruga: Purple | <i>Sunset:</i> 6:16PM | Moon 7 - Phase 16 | | |
| Creative Work Siddha Yoga | | 473141362 | Rahu | 2:13PM – 3:34PM | Nataraja: Clear | | Navami | | |
| | | | | Balava Until 10:35PM | Moon – Orange | | Devaloka Day | | |
| | | | | Ashtami* Until 9:31AM | Sravana-Adi | | | | |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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| 1 | Friday, August 12, 2016 | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam | Cape Town, South Africa |
| | Anuradha/Jyeshtha* Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashyam Titau | Sun 23 Sutra 117 | |
| Vrischika Rasi: 11.14 | Tithi 9 – 10 | Gulika 8:49AM – 10:10AM Anuradha Until 4:44PM | Ganesh: Clear <i>Sunrise: 7:28AM</i> Muruga: Purple <i>Sunset: 6:16PM</i> Nataraja: Clear Moon – Orange |
| 473141362 | Rahu 11:31AM – 12:52PM | Indra Until 11:37PM Taitila Until 12:22AM Sat Navami* Until 11:31AM | Durmukha 5118 Moon 7 - Phase 17 4th Phase |
| Creative Work Siddha Yoga Until 4:44PM Then Routine Work - Marana Yoga | Varalakshmi Vratam | | Devaloka Day |

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| 2 | Saturday, August 13, 2016 | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam | Cape Town, South Africa |
| | Jyeshtha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | Sun 24 Sutra 118 | |
| Vrischika Rasi: 23.25 | Tithi 10 – 11 | Gulika 7:27AM – 8:48AM Jyeshtha* Until 6:37PM | Ganesh: Clear <i>Sunrise: 7:27AM</i> Muruga: Purple <i>Sunset: 6:17PM</i> Nataraja: Clear Moon – Orange |
| 473141362 | Rahu 10:10AM – 11:31AM | Vaidhriti* Until 11:39PM Vanija Until 1:38AM Sun Dashami Until 1:04PM | Durmukha 5118 Moon 7 - Phase 17 4th Phase |
| Creative Work Siddha Yoga | | | Devaloka Day |

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| 3 | Sunday, August 14, 2016 | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | Cape Town, South Africa |
| | Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau | Sun 25 Sutra 119 | |
| Dhanus Rasi: 5.5 | Tithi 11 – 12 | Gulika 3:35PM – 4:56PM Mula* Until 8:14PM | Ganesh: White <i>Sunrise: 7:26AM</i> Muruga: Purple <i>Sunset: 6:18PM</i> Nataraja: Clear Moon – Light Blue |
| 483141362 | Rahu 4:56PM – 6:18PM | Vishkambha* Until 11:13PM Bava Until 2:17AM Mon Ekadashi Until 2:02PM | Durmukha 5118 Moon 7 - Phase 17 4th Phase |
| Creative Work Amrita Yoga Until 8:14PM Then Creative Work - Siddha Yoga | | | Sivaloka Day |

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| 4 | Monday, August 15, 2016 | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam | Cape Town, South Africa |
| | Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau | Sun 26 Sutra 120 | |
| Dhanus Rasi: 18.31 | Tithi 12 – 13 | Gulika 2:13PM – 3:35PM Purvashadha* Until 9:04PM | Ganesh: White <i>Sunrise: 7:25AM</i> Muruga: Purple <i>Sunset: 6:18PM</i> Nataraja: Clear Moon – Light Blue |
| 483141362 | Rahu 8:47AM – 10:08AM | Priti Until 10:18PM Kaulava Until 2:16AM Tue Dvodashi Until 2:21PM | Durmukha 5118 Moon 7 - Phase 17 4th Phase |
| Family Home Evening Routine Work Marana Yoga | | | Sivaloka Day |
| | | <i>Pradosha Vrata</i> | |

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| 5 | Tuesday, August 16, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam | Cape Town, South Africa |
| | Uttarashadha Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Sun 27 Sutra 121 | |
| Makara Rasi: 1.32 | Tithi 13 – 14 | Gulika 12:51PM – 2:13PM Uttarashadha Until 9:06PM | Ganesh: White <i>Sunrise: 7:24AM</i> Muruga: Purple <i>Sunset: 6:19PM</i> Nataraja: Clear Moon – Light Blue |
| 483141362 | Rahu 3:35PM – 4:57PM | Ayushman Until 8:49PM Gara Until 1:37AM Wed Trayodashi Until 2:00PM | Durmukha 5118 Moon 7 - Phase 17 4th Phase |
| Routine Work Prabalarishta Yoga Until 9:06PM Then Creative Work - Siddha Yoga | | | Sivaloka Day |

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| ○ | Wednesday, August 17, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam | Cape Town, South Africa |
| | Copper Retreat Star Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | Sun 28 Sutra 122 | |
| Makara Rasi: 14.54 | Tithi 14 – 15 | Gulika 11:29AM – 12:51PM Shravana Until 8:50PM | Ganesh: White <i>Sunrise: 7:23AM</i> Muruga: Purple <i>Sunset: 6:20PM</i> Nataraja: Clear Moon – Purple |
| 593141362 | Rahu 8:45AM – 10:07AM 12:51PM – 2:13PM | Saubhagya Until 6:52PM Visti Until 12:22AM Thu Chaturdashi* Until 1:02PM | Durmukha 5118 Moon 7 - Phase 17 Purnima |
| Creative Work Siddha Yoga Until 8:50PM Then Routine Work - Prabalarishta Yoga | Raksha Bandhan | | Sivaloka Day |

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| ○ | Thursday, August 18, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam | Cape Town, South Africa |
| | Silver Retreat Star Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Sun 29 Sutra 123 | |
| Makara Rasi: 28.35 | Tithi 15 – 16 | Gulika 10:06AM – 11:29AM Dhanishtha Until 7:54PM | Ganesh: White <i>Sunrise: 7:22AM</i> Muruga: Purple <i>Sunset: 6:20PM</i> Nataraja: Clear Moon – Purple |
| 593141362 | Rahu 7:22AM – 8:44AM 2:13PM – 3:36PM | Sobhana Until 4:30PM Balava Until 10:37PM Purnima* Until 11:31AM | Durmukha 5118 Moon 7 - Phase 17 Prathama |
| Creative Work Siddha Yoga | | | Sivaloka Day |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa

Kumbha Rasi: 12.34 Tithi 16 – 17

Gulika 8:43AM – 10:06AM

Shatabhishak Until 6:26PM

Ganesha: White Sunrise: 7:20AM

Sutra 124

Yama 3:36PM – 4:59PM

Athiganda* Until 1:46PM

Muruga: Purple Sunset: 6:21PM

Durmukha 5118

593141362 Rahu 11:28AM – 12:51PM

Taitila Until 8:29PM

Nataraja: Clear

Moon 8 - Phase 18

Creative Work Siddha Yoga

Prathama* Until 9:34AM

Moon – Purple
Sravana-Avani

Sivaloka Day

1

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Cape Town, South Africa

Kumbha Rasi: 26.46 Tithi 17 – 18

Gulika 7:19AM – 8:42AM

Purvaprosarthapada* Until 4:59PM

Ganesha: White Sunrise: 7:19AM

Sun 1 Sutra 125

Yama 2:13PM – 3:36PM

Sukarma Until 10:48AM

Muruga: Purple Sunset: 6:22PM

Durmukha 5118

513141362 Rahu 10:05AM – 11:28AM

Vanija Until 6:05PM

Nataraja: Clear

Moon 8 - Phase 18

Routine Work Marana Yoga

Dvitiya Until 7:17AM

Moon – Clear
Sravana-Avani

Sivaloka Day

Until 4:59PM

Then Creative Work - Siddha Yoga

2

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthiyam Titau

Cape Town, South Africa

Meena Rasi: 11.07 Tithi 19

Gulika 3:36PM – 4:59PM

Uttaraprosarthapada Until 3:13PM

Ganesha: White Sunrise: 7:18AM

Sun 2 Sutra 126

Yama 12:50PM – 2:13PM

Dhriti Until 7:42AM

Muruga: Purple Sunset: 6:22PM

Durmukha 5118

513141362 Rahu 4:59PM – 6:22PM

Bava Until 3:32PM

Nataraja: Clear

Moon 8 - Phase 18

Creative Work Amrita Yoga

Chaturthi* Until 2:13AM Mon

Moon – Clear
Sravana-Avani

Sivaloka Day

3

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa

Meena Rasi: 25.32 Tithi 20

Gulika 2:13PM – 3:37PM

Revati Until 1:16PM

Ganesha: White Sunrise: 7:17AM

Sun 3 Sutra 127

Yama 11:27AM – 12:50PM

Ganda* Until 1:18AM Tue

Muruga: Purple Sunset: 6:23PM

Durmukha 5118

Family Home Evening

513141362 Rahu 8:40AM – 10:03AM

Kaulava Until 12:56PM

Nataraja: Clear

Moon 8 - Phase 18

Creative Work Siddha Yoga

Panchami Until 11:37PM

Moon – Clear
Sravana-Avani

Sivaloka Day

4

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa

Mesha Rasi: 9.56 Tithi 21

Gulika 12:50PM – 2:13PM

Ashvini Until 11:39AM

Ganesha: Clear Sunrise: 7:16AM

Sun 4 Sutra 128

Yama 10:03AM – 11:26AM

Vriddhi Until 10:12PM

Muruga: Purple Sunset: 6:24PM

Durmukha 5118

523141362 Rahu 3:37PM – 5:00PM

Gara Until 10:23AM

Nataraja: Clear

Moon 8 - Phase 18

Creative Work Siddha Yoga

Shashthi* Until 9:07PM

Moon – White
Sravana-Avani

Devaloka Day

5

Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Cape Town, South Africa

Mesha Rasi: 24.16 Tithi 22

Gulika 11:26AM – 12:50PM

Bharani Until 10:01AM

Ganesha: Clear Sunrise: 7:15AM

Sun 5 Sutra 129

Yama 8:38AM – 10:02AM

Dhruva Until 7:13PM

Muruga: Purple Sunset: 6:24PM

Durmukha 5118

523141362 Rahu 12:50PM – 2:13PM

Visti Until 7:57AM

Nataraja: Clear

Moon 8 - Phase 18

Creative Work Siddha Yoga

Saptami Until 6:47PM

Moon – White
Sravana-Avani

Devaloka Day

Until 10:01AM

Then Creative Work - Amrita Yoga

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Thursday, August 25, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa

Vrishabha Rasi: 8.28 Tithi 23 – 24

Gulika 10:01AM – 11:25AM

Krittika Until 8:26AM

Ganesha: Clear Sunrise: 7:13AM

Sun 6 Sutra 130

Yama 7:13AM – 8:37AM

Vyaghata* Until 4:25PM

Muruga: Purple Sunset: 6:25PM

Durmukha 5118

524241362 Rahu 2:13PM – 3:37PM

Taitila Until 3:42AM Fri

Nataraja: Clear

Moon 8 - Phase 18

Routine Work Marana Yoga

Krishna Janmashtami

Ashtami* Until 4:39PM

Moon – White
Sravana-Avani

Devaloka Day

Friday, August 26, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Cape Town, South Africa

Vrishabha Rasi: 22.32 Tithi 24 – 25

Gulika 8:36AM – 10:01AM

Rohini Until 7:22AM

Ganesha: Purple Sunrise: 7:12AM

Sun 7 Sutra 131

Yama 3:37PM – 5:02PM

Harshana Until 1:49PM

Muruga: Purple Sunset: 6:26PM

Durmukha 5118

534241362 Rahu 11:25AM – 12:49PM

Vanija Until 1:57AM Sat

Nataraja: Clear

Moon 8 - Phase 18

Routine Work Marana Yoga

Navami* Until 2:46PM

Moon – Yellow
Sravana-Avani

Sivaloka Day

Until 7:22AM


Then Creative Work - Siddha Yoga

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|--------------------|--|----------------------------------|-------------------|---|-------------------------|--|-------------------|-------------------------|--|
| 1 | | Saturday, August 27, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam | | Cape Town, South Africa | |
| Mithuna Rasi: 6.24 | | Tithi 25 – 26 | | Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Sun 8 | | Sutra 132 | |
| 544241363 | | Gulika | 7:11AM – 8:35AM | Mrigashira Until 6:26AM | Ganesh: Purple | <i>Sunrise:</i> 7:11AM | Durmukha 5118 | | |
| Creative Work | | Yama | 2:13PM – 3:38PM | Vajra* Until 11:27AM | Muruga: Purple | <i>Sunset:</i> 6:27PM | Moon 8 - Phase 19 | | |
| Siddha Yoga | | Rahu | 10:00AM – 11:24AM | Bava Until 12:32AM Sun | Nataraja: Purple | 2nd Phase | | | |
| | | | | Dashami Until 1:11PM | Moon – Yellow | Devaloka Day | | | |
| | | | | | Sravana-Avani | | | | |

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| 2 | | Sunday, August 28, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Cape Town, South Africa | |
| Mithuna Rasi: 20.05 | | Tithi 26 – 27 | | Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Sun 9 | | Sutra 133 | |
| 544241363 | | Gulika | 3:38PM – 5:02PM | Punarvasu Until 5:33AM Mon | Ganesh: Clear | <i>Sunrise:</i> 7:10AM | Durmukha 5118 | | |
| Creative Work | | Yama | 12:48PM – 2:13PM | Siddhi Until 9:20AM | Muruga: Purple | <i>Sunset:</i> 6:27PM | Moon 8 - Phase 19 | | |
| Siddha Yoga | | Rahu | 5:02PM – 6:27PM | Kaulava Until 11:27PM | Nataraja: Purple | 2nd Phase | | | |
| | | | | Ekadashi* Until 11:55AM | Moon – Blue | Bhuloka Day | | | |
| | | | | | Sravana-Avani | Devaloka Time: 9:AM to12:PM | | | |

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| 3 | | Monday, August 29, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam | | Cape Town, South Africa | | |
| Kataka Rasi: 3.34 | | Tithi 27 – 28 | | Pushya Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | Sun 10 | | Sutra 134 | | |
| 544241363 | | Gulika | 2:13PM – 3:38PM | Pushya Until 5:41AM Tue | Ganesh: Clear | <i>Sunrise:</i> 7:08AM | Durmukha 5118 | | | |
| Family Home Evening | | Yama | 11:23AM – 12:48PM | Vyatipata* Until 7:32AM | Muruga: Purple | <i>Sunset:</i> 6:28PM | Moon 8 - Phase 19 | | | |
| Creative Work | | Rahu | 8:33AM – 9:58AM | Gara Until 10:45PM | Nataraja: Purple | 2nd Phase | | | | |
| Siddha Yoga | | | | | | Moon – Blue | Bhuloka Day | | | |
| | | | | Dvadashi* Until 11:02AM | Sravana-Avani | Devaloka Time: 9:AM to12:PM | | | | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | | | | |

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| 4 | | Tuesday, August 30, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam | | Cape Town, South Africa | |
| Kataka Rasi: 16.5 | | Tithi 28 – 29 | | Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Sun 11 | | Sutra 135 | |
| 544241363 | | Gulika | 12:48PM – 2:13PM | Ashlesha* Until 6:06AM Wed | Ganesh: Clear | <i>Sunrise:</i> 7:07AM | Durmukha 5118 | | |
| Creative Work | | Yama | 9:57AM – 11:23AM | Variyan Until 6:02AM | Muruga: Purple | <i>Sunset:</i> 6:29PM | Moon 8 - Phase 19 | | |
| Siddha Yoga | | Rahu | 3:38PM – 5:03PM | Visti Until 10:30PM | Nataraja: Purple | 2nd Phase | | | |
| | | | | Trayodashi* Until 10:33AM | Moon – Blue | Bhuloka Day | | | |
| | | | | | Sravana-Avani | Devaloka Time: 9:AM to12:PM | | | |

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|  | | Wednesday, August 31, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam | | Cape Town, South Africa | |
| Kataka Rasi: 29.51 | | Tithi 29 – 30 | | Ashlesha*/Magha* Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Sun 12 | | Sutra 136 | |
| 544241363 | | Gulika | 11:22AM – 12:47PM | Ashlesha* Until 6:06AM | Ganesh: Clear | <i>Sunrise:</i> 7:06AM | Durmukha 5118 | | |
| Creative Work | | Yama | 8:31AM – 9:57AM | Shiva Until 4:11AM Thu | Muruga: Purple | <i>Sunset:</i> 6:29PM | Moon 8 - Phase 19 | | |
| Siddha Yoga | | Rahu | 12:47PM – 2:13PM | Catuspada Until 10:44PM | Nataraja: Purple | Amavasya | | | |
| | | | | Chaturdashi* Until 10:32AM | Moon – Blue | Bhuloka Day | | | |
| | | | | | Sravana-Avani | Devaloka Time: 9:AM to12:PM | | | |

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| Retreat Star | | Thursday, September 1, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam | | Cape Town, South Africa | | |
| Simha Rasi: 12.37 | | Tithi 30 – 1 | | Magha*/Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 13 | | Sutra 137 | | |
| 544241363 | | Gulika | 9:56AM – 11:21AM | Magha* Until 7:19AM | Ganesh: Orange | <i>Sunrise:</i> 7:04AM | Durmukha 5118 | | | |
| Creative Work | | Yama | 7:04AM – 8:30AM | Siddha Until 3:49AM Fri | Muruga: Purple | <i>Sunset:</i> 6:30PM | Moon 8 - Phase 19 | | | |
| Amrita Yoga | | Rahu | 2:13PM – 3:38PM | Kintughna Until 11:29PM | Nataraja: Purple | Prathama | | | | |
| Until 7:19AM | | Annular Solar Eclipse | | | | Moon – Red | Bhuloka Day | | | |
| Then Creative Work - Siddha Yoga | | | | Amavasya* Until 11:02AM | Bhadrapada-Avani | Devaloka Time: 9:AM to12:PM | | | | |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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| 1 | | Friday, September 2, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Cape Town, South Africa Sun 14 Sutra 138 | |
| Simha Rasi: 25.1 | Tithi 1 – 2 | Gulika 8:29AM – 9:55AM | Purvaphalguni Until 8:54AM | Ganesh: Orange | <i>Sunrise:</i> 7:03AM | | Durmukha 5118 |
| | | Yama 3:39PM – 5:05PM | Sadhya Until 3:53AM Sat | Muruga: Purple | <i>Sunset:</i> 6:31PM | | Moon 8 - Phase 20 |
| | | Rahu 11:21AM – 12:47PM | Balava Until 12:45AM Sat | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Prathama* Until 12:02PM | Moon – Red | | Bhuloka Day | |
| | | | | Bhadrapada*Avani | | Devaloka Time: 9:AM to 12:2PM | |
| 2 | | Saturday, September 3, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Cape Town, South Africa Sun 15 Sutra 139 | |
| Kanya Rasi: 7.28 | Tithi 2 – 3 | Gulika 7:02AM – 8:28AM | Uttaraphalguni Until 10:47AM | Ganesh: Orange | <i>Sunrise:</i> 7:02AM | | Durmukha 5118 |
| | | Yama 2:13PM – 3:39PM | Subha Until 4:18AM Sun | Muruga: Purple | <i>Sunset:</i> 6:31PM | | Moon 8 - Phase 20 |
| | | Rahu 9:54AM – 11:20AM | Taitila Until 2:29AM Sun | Nataraja: Purple | | | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 1:33PM | Moon – Red | | Bhuloka Day | |
| | | | | Bhadrapada*Avani | | Devaloka Time: 9:AM to 12:PM | |
| 3 | | Sunday, September 4, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Cape Town, South Africa Sun 16 Sutra 140 | |
| Kanya Rasi: 19.36 | Tithi 3 – 4 | Gulika 3:39PM – 5:05PM | Hasta Until 1:25PM | Ganesh: Clear | <i>Sunrise:</i> 7:00AM | | Durmukha 5118 |
| | | Yama 12:46PM – 2:13PM | Sukla Until 4:59AM Mon | Muruga: Purple | <i>Sunset:</i> 6:32PM | | Moon 8 - Phase 20 |
| | | Rahu 5:05PM – 6:32PM | Vanija Until 4:36AM Mon | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Amrita Yoga | | Tritiya Until 3:29PM | Moon – Green | | Bhuloka Day | |
| Until 1:25PM | | | | Bhadrapada*Avani | | Devaloka Time: 9:AM to 12:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| 4 | | Monday, September 5, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau | | Cape Town, South Africa Sun 17 Sutra 141 | |
| Tula Rasi: 1.35 | Tithi 4 – 5 | Gulika 2:12PM – 3:39PM | Chitra Until 4:12PM | Ganesh: Clear | <i>Sunrise:</i> 6:59AM | | Durmukha 5118 |
| Family Home Evening | | Yama 11:19AM – 12:46PM | Brahma Until 5:51AM Tue | Muruga: Purple | <i>Sunset:</i> 6:32PM | | Moon 8 - Phase 20 |
| Routine Work | Prabalarishta Yoga | Rahu 8:26AM – 9:52AM | Bava Until 6:58AM Tue | Nataraja: Purple | | | 3rd Phase |
| Until 4:12PM | | | Chaturthi* Until 5:44PM | Moon – Green | | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | Ganesh Chaturthi | | Bhadrapada*Avani | | Devaloka Time: 9:AM to 12:PM | |
| 5 | | Tuesday, September 6, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau | | Cape Town, South Africa Sun 18 Sutra 142 | |
| Tula Rasi: 13.29 | Tithi 5 | Gulika 12:45PM – 2:12PM | Svati Until 6:59PM | Ganesh: Clear | <i>Sunrise:</i> 6:58AM | | Durmukha 5118 |
| | | Yama 9:52AM – 11:19AM | Indra Until 6:48AM Wed | Muruga: Purple | <i>Sunset:</i> 6:33PM | | Moon 8 - Phase 20 |
| | | Rahu 3:39PM – 5:06PM | Bava Until 6:58AM | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 8:10PM | Moon – Green | | Bhuloka Day | |
| Until 6:59PM | | | | Bhadrapada*Avani | | Devaloka Time: 9:AM to 12:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |
| 6 | | Wednesday, September 7, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shasthyam Titau | | Cape Town, South Africa Sun 19 Sutra 143 | |
| Tula Rasi: 25.21 | Tithi 6 | Gulika 11:18AM – 12:45PM | Vishakha Until 10:07PM | Ganesh: Clear | <i>Sunrise:</i> 6:56AM | | Durmukha 5118 |
| | | Yama 8:24AM – 9:51AM | Indra Until 6:48AM | Muruga: Purple | <i>Sunset:</i> 6:34PM | | Moon 8 - Phase 20 |
| | | Rahu 12:45PM – 2:12PM | Kaulava Until 9:24AM | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 10:35PM | Moon – Orange | | Bhuloka Day | |
| | | | | Bhadrapada*Avani | | Devaloka Time: 6:AM to 9:AM | |
| Retreat Star | | Thursday, September 8, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau | | Cape Town, South Africa Sun 20 Sutra 144 | |
| Vrischika Rasi: 7.14 | Tithi 7 | Gulika 9:50AM – 11:17AM | Anuradha Until 12:53AM Fri | Ganesh: Clear | <i>Sunrise:</i> 6:55AM | | Durmukha 5118 |
| | | Yama 6:55AM – 8:23AM | Vaidhriti* Until 7:40AM | Muruga: Purple | <i>Sunset:</i> 6:34PM | | Moon 8 - Phase 20 |
| | | Rahu 2:12PM – 3:40PM | Gara Until 11:45AM | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 12:48AM Fri | Moon – Orange | | Bhuloka Day | |
| Until 12:53AM Fri | | | | Bhadrapada*Avani | | Devaloka Time: 6:AM to 9:AM | |
| Then Routine Work - Marana Yoga | | | | | | | |
| Retreat Star | | Friday, September 9, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visi*/Bava Karana Ashtamyam Titau | | Cape Town, South Africa Sun 21 Sutra 145 | |
| Vrischika Rasi: 19.13 | Tithi 8 | Gulika 8:21AM – 9:49AM | Jyeshtha* Until 3:08AM Sat | Ganesh: Clear | <i>Sunrise:</i> 6:54AM | | Durmukha 5118 |
| | | Yama 3:40PM – 5:07PM | Vishkambha* Until 8:20AM | Muruga: Purple | <i>Sunset:</i> 6:35PM | | Moon 8 - Phase 20 |
| | | Rahu 11:17AM – 12:44PM | Visti Until 1:48PM | Nataraja: Purple | | | Ashtami |
| Routine Work | Marana Yoga | | Ashtami* Until 2:39AM Sat | Moon – Orange | | Bhuloka Day | |
| Until 3:08AM Sat | | | | Bhadrapada*Avani | | Devaloka Time: 6:AM to 9:AM | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| Retreat Star | | Saturday, September 10, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau | | Cape Town, South Africa Sun 22 Sutra 146 | |
| Dhanus Rasi: 1.22 | Tithi 9 | Gulika 6:52AM – 8:20AM | Mula* Until 5:11AM Sun | Ganesh: Purple | <i>Sunrise:</i> 6:52AM | | Durmukha 5118 |
| | | Yama 2:12PM – 3:40PM | Priti Until 8:42AM | Muruga: Purple | <i>Sunset:</i> 6:36PM | | Moon 8 - Phase 20 |
| | | Rahu 9:48AM – 11:16AM | Balava Until 3:24PM | Nataraja: Purple | | | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 3:57AM Sun | Moon – Light Blue | | Bhuloka Day | |
| | | | | Bhadrapada*Avani | | | |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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| 1 Sunday, September 11, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Cape Town, South Africa | |
| Dhanus Rasi: 13.45 Tiithi 10 | | Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dashamyam Titau | | | | Sun 23 Sutra 147 | |
| 585241363 | | Gulika 3:40PM – 5:08PM | Purvashadha* Until 6:24AM Mon | Ganesh: Purple <i>Sunrise:</i> 6:51AM | Durmukha 5118 | | |
| Creative Work Siddha Yoga | | Yama 12:44PM – 2:12PM | Ayushman Until 8:36AM | Muruga: Purple <i>Sunset:</i> 6:36PM | Moon 8 - Phase 21 | | |
| Until 6:24AM Mon | | Rahu 5:08PM – 6:36PM | Tailila Until 4:23PM | Nataraja: Purple | 4th Phase | | |
| Then Routine Work - Marana Yoga | | Grandparent's Day | | Moon – Light Blue | Bhuloka Day | | |
| | | Dashami Until 4:35AM Mon | | Bhadrapada-Avani | | | |

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|-------------------------------------|--|--|----------------------------------|--|--------------------|-------------------------|--|
| 2 Monday, September 12, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Cape Town, South Africa | |
| Dhanus Rasi: 26.26 Tiithi 11 | | Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Sun 24 Sutra 148 | |
| 585241363 | | Gulika 2:12PM – 3:40PM | Purvashadha* Until 6:24AM | Ganesh: Purple <i>Sunrise:</i> 6:50AM | Durmukha 5118 | | |
| Family Home Evening | | Yama 11:15AM – 12:43PM | Saubhagya Until 7:58AM | Muruga: Purple <i>Sunset:</i> 6:37PM | Moon 8 - Phase 21 | | |
| Routine Work Marana Yoga | | Rahu 8:18AM – 9:47AM | Vanija Until 4:39PM | Nataraja: Purple | 4th Phase | | |
| | | Ekadashi Until 4:29AM Tue | | Moon – Light Blue | Bhuloka Day | | |
| | | Dvadasashi Until 3:36AM Wed | | Bhadrapada-Avani | | | |

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|--------------------------------------|--|--|----------------------------------|--|--------------------|-------------------------|--|
| 3 Tuesday, September 13, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Cape Town, South Africa | |
| Makara Rasi: 9.29 Tiithi 12 | | Uttarashadha*/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau | | | | Sun 25 Sutra 149 | |
| 585241363 | | Gulika 12:43PM – 2:12PM | Uttarashadha Until 6:45AM | Ganesh: Purple <i>Sunrise:</i> 6:48AM | Durmukha 5118 | | |
| Routine Work Prabalarishta Yoga | | Yama 9:46AM – 11:14AM | Sobhana Until 6:45AM | Muruga: Purple <i>Sunset:</i> 6:38PM | Moon 8 - Phase 21 | | |
| Until 6:45AM | | Rahu 3:40PM – 5:09PM | Bava Until 4:09PM | Nataraja: Purple | 4th Phase | | |
| Then Creative Work - Siddha Yoga | | Dvadasashi Until 3:36AM Wed | | Moon – Light Blue | Bhuloka Day | | |
| | | Dvadasashi Until 3:36AM Wed | | Bhadrapada-Avani | | | |

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|--|--|--|------------------------------|---|-----------------------------|-------------------------|--|
| 4 Wednesday, September 14, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Cape Town, South Africa | |
| Makara Rasi: 22.57 Tiithi 13 | | Shravana/Dhanishta Nakshatra Sukarma Yoga Kaulava/Tailila Karana Trayodashyam Titau | | | | Sun 26 Sutra 150 | |
| 595241363 | | Gulika 11:14AM – 12:43PM | Shravana Until 6:39AM | Ganesh: Clear <i>Sunrise:</i> 6:47AM | Durmukha 5118 | | |
| Creative Work Siddha Yoga | | Yama 8:16AM – 9:45AM | Sukarma Until 2:31AM Thu | Muruga: Purple <i>Sunset:</i> 6:38PM | Moon 8 - Phase 21 | | |
| Until 6:39AM | | Rahu 12:43PM – 2:12PM | Kaulava Until 2:55PM | Nataraja: Purple | 4th Phase | | |
| Then Routine Work - Prabalarishta Yoga | | Avani Avittam | | Moon – Purple | Bhuloka Day | | |
| | | Trayodashi Until 2:01AM Thu | | Bhadrapada-Avani | Devaloka Time: 6:AM to 9:AM | | |
| | | <i>Pradosha Vrata</i> | | | | | |

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|---------------------------------------|--|---|--------------------------------------|---|-----------------------------|-------------------------|--|
| 5 Thursday, September 15, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Cape Town, South Africa | |
| Kumbha Rasi: 6.5 Tiithi 14 | | Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Sun 27 Sutra 151 | |
| 595241363 | | Gulika 9:44AM – 11:13AM | Shatabhishak Until 4:02AM Fri | Ganesh: Clear <i>Sunrise:</i> 6:46AM | Durmukha 5118 | | |
| Creative Work Siddha Yoga | | Yama 6:46AM – 8:15AM | Dhriti Until 11:38PM | Muruga: Purple <i>Sunset:</i> 6:39PM | Moon 8 - Phase 21 | | |
| | | Rahu 2:12PM – 3:41PM | Gara Until 1:00PM | Nataraja: Purple | 4th Phase | | |
| | | Chidambaram Abhishekam | | Moon – Purple | Bhuloka Day | | |
| | | Chaturdashi* Until 11:49PM | | Bhadrapada-Avani | Devaloka Time: 6:AM to 9:AM | | |

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|-----------------------------------|--|--|---|--|---------------------|-------------------------|--|
| Friday, September 16, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Cape Town, South Africa | |
| ○ Copper Retreat Star | | Purvaproshtapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Sutra 152 | |
| Kumbha Rasi: 21.05 Tiithi 15 | | 516241363 | | | | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Gulika 8:14AM – 9:43AM | Purvaproshtapada* Until 2:11AM Sat | Ganesh: Purple <i>Sunrise:</i> 6:44AM | Moon 8 - Phase 21 | | |
| | | Yama 3:41PM – 5:10PM | Shula* Until 8:20PM | Muruga: Purple <i>Sunset:</i> 6:40PM | Purnima | | |
| | | Rahu 11:13AM – 12:42PM | Visti Until 10:33AM | Nataraja: Purple | | | |
| | | Penumbra Lunar Eclipse | | Moon – Clear | Devaloka Day | | |
| | | Purnima* Until 9:08PM | | Bhadrapada-Puratasi | | | |

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|--|--|--|--|--|---------------------|-------------------------|--|
| Saturday, September 17, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Cape Town, South Africa | |
| ○ Silver Retreat Star | | Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Sutra 153 | |
| Meena Rasi: 5.4 Tiithi 16 | | 516241363 | | | | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Gulika 6:43AM – 8:12AM | Uttaraproshtapada Until 11:53PM | Ganesh: Purple <i>Sunrise:</i> 6:43AM | Moon 8 - Phase 21 | | |
| Until 11:53PM | | Yama 2:11PM – 3:41PM | Ganda* Until 4:45PM | Muruga: Purple <i>Sunset:</i> 6:40PM | Prathama | | |
| Then Routine Work - Prabalarishta Yoga | | Rahu 9:42AM – 11:12AM | Balava Until 7:41AM | Nataraja: Purple | | | |
| | | Prathama* Until 6:07PM | | Moon – Clear | Devaloka Day | | |
| | | | | Bhadrapada-Puratasi | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa
Sun 1 Sutra 154

Meena Rasi: 20.26 Tihi 17 - 18

516241363

Gulika 3:41PM - 5:11PM
Yama 12:41PM - 2:11PM
Rahu 5:11PM - 6:41PM

Revati Until 9:17PM
Vriddhi Until 1:01PM
Vanija Until 1:17AM Mon
Dvitiya Until 2:54PM

Ganesha: Purple *Sunrise:* 6:41AM
Muruga: Purple *Sunset:* 6:41PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga
Until 9:17PM

Then Creative Work - Siddha Yoga

Devaloka Day

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Cape Town, South Africa
Sun 2 Sutra 155

Mesha Rasi: 5.18 Tihi 18 - 19

526341363

Gulika 2:11PM - 3:41PM
Yama 11:11AM - 12:41PM
Rahu 8:10AM - 9:40AM

Ashvini Until 6:58PM
Dhruva Until 9:13AM
Bava Until 10:04PM
Tritiya Until 11:39AM

Ganesha: Purple *Sunrise:* 6:40AM
Muruga: Purple *Sunset:* 6:42PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa
Sun 3 Sutra 156

Mesha Rasi: 20.07 Tihi 19 - 20

526341363

Gulika 12:41PM - 2:11PM
Yama 9:40AM - 11:10AM
Rahu 3:42PM - 5:12PM

Bharani Until 4:40PM
Harshana Until 1:56AM Wed
Kaulava Until 7:00PM
Chaturthi* Until 8:29AM

Ganesha: Purple *Sunrise:* 6:39AM
Muruga: Purple *Sunset:* 6:42PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtiyam Titau

Cape Town, South Africa
Sun 4 Sutra 157

Vrishabha Rasi: 4.46 Tihi 21

526341363

Gulika 11:09AM - 12:40PM
Yama 8:08AM - 9:39AM
Rahu 12:40PM - 2:11PM

Krittika Until 2:30PM
Vajra* Until 10:38PM
Gara Until 4:14PM
Shashti* Until 2:58AM Thu

Ganesha: Purple *Sunrise:* 6:37AM
Muruga: Purple *Sunset:* 6:43PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga
Until 2:30PM

Then Creative Work - Siddha Yoga

Bhuloka Day

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Cape Town, South Africa
Sun 5 Sutra 158

Vrishabha Rasi: 19.1 Tihi 22

536341363

Gulika 9:38AM - 11:09AM
Yama 6:36AM - 8:07AM
Rahu 2:11PM - 3:42PM

Rohini Until 1:00PM
Siddhi Until 7:42PM
Visti Until 1:51PM
Saptami Until 12:49AM Fri

Ganesha: Clear *Sunrise:* 6:36AM
Muruga: Purple *Sunset:* 6:44PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

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Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa
Sun 6 Sutra 159

Mithuna Rasi: 3.17 Tihi 23

536341363

Gulika 8:06AM - 9:37AM
Yama 3:42PM - 5:13PM
Rahu 11:08AM - 12:40PM

Mrigashira Until 11:50AM
Vyatipata* Until 5:10PM
Balava Until 11:57AM
Ashtami* Until 11:11PM

Ganesha: Clear *Sunrise:* 6:34AM
Muruga: Purple *Sunset:* 6:45PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
Ashtami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa
Sun 7 Sutra 160

Mithuna Rasi: 17.03 Tihi 24

537341363

Gulika 6:33AM - 8:05AM
Yama 2:11PM - 3:42PM
Rahu 9:36AM - 11:08AM

Ardra Until 11:02AM
Variyan Until 3:02PM
Taitila Until 10:35AM
Navami* Until 10:05PM

Ganesha: White *Sunrise:* 6:33AM
Muruga: Purple *Sunset:* 6:45PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
Navami

Creative Work Siddha Yoga

Devaloka Day

| | | | | | | |
|-------------------------------------|-------------|---|--------------------------------|----------------------------|-----------------------------|--|
| 1 Sunday, September 25, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Cape Town, South Africa Sun 8 Sutra 161 |
| Kataka Rasi: 0.31 | Tithi 25 | Gulika 3:42PM – 5:14PM | Punarvasu Until 11:05AM | Ganesha: Yellow | <i>Sunrise:</i> 6:32AM | Durmukha 5118 |
| | | Yama 12:39PM – 2:11PM | Parigha* Until 1:22PM | Muruga: Purple | <i>Sunset:</i> 6:46PM | Moon 9 - Phase 23 |
| Creative Work | Siddha Yoga | 547341363 Rahu 5:14PM – 6:46PM | Vanija Until 9:46AM | Nataraja: Purple | | 2nd Phase |
| | | | Dashami Until 9:33PM | Moon – Blue | | Bhuloka Day |
| | | | | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |

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|-------------------------------------|-------------|---|-------------------------------|----------------------------|-----------------------------|--|
| 2 Monday, September 26, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau | | | | Cape Town, South Africa Sun 9 Sutra 162 |
| Kataka Rasi: 13.4 | Tithi 26 | Gulika 2:11PM – 3:43PM | Pushya Until 11:31AM | Ganesha: Yellow | <i>Sunrise:</i> 6:30AM | Durmukha 5118 |
| Family Home Evening | | Yama 11:06AM – 12:38PM | Shiva Until 12:08PM | Muruga: Purple | <i>Sunset:</i> 6:47PM | Moon 9 - Phase 23 |
| Creative Work | Siddha Yoga | 547341363 Rahu 8:02AM – 9:34AM | Bava Until 9:30AM | Nataraja: Purple | | 2nd Phase |
| | | | Ekadashi* Until 9:33PM | Moon – Blue | | Bhuloka Day |
| | | | | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |

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|--------------------------------------|-------------|---|--------------------------------|----------------------------|------------------------|---|
| 3 Tuesday, September 27, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Cape Town, South Africa Sun 10 Sutra 163 |
| Kataka Rasi: 26.34 | Tithi 27 | Gulika 12:38PM – 2:10PM | Ashlesha* Until 12:18PM | Ganesha: White | <i>Sunrise:</i> 6:29AM | Durmukha 5118 |
| | | Yama 9:34AM – 11:06AM | Siddha Until 11:17AM | Muruga: Purple | <i>Sunset:</i> 6:47PM | Moon 9 - Phase 23 |
| Creative Work | Siddha Yoga | 647341363 Rahu 3:43PM – 5:15PM | Kaulava Until 9:45AM | Nataraja: Purple | | 2nd Phase |
| | | | Dvadashi* Until 10:03PM | Moon – Blue | | Devaloka Day |
| | | | | Bhadrapada-Puratasi | | |

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|--|-------------|--|----------------------------------|----------------------------|-----------------------------|---|
| 4 Wednesday, September 28, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Cape Town, South Africa Sun 11 Sutra 164 |
| Simha Rasi: 9.13 | Tithi 28 | Gulika 11:05AM – 12:38PM | Magha* Until 1:52PM | Ganesha: Yellow | <i>Sunrise:</i> 6:28AM | Durmukha 5118 |
| | | Yama 8:00AM – 9:33AM | Sadhya Until 10:50AM | Muruga: Purple | <i>Sunset:</i> 6:48PM | Moon 9 - Phase 23 |
| Creative Work | Siddha Yoga | 657341363 Rahu 12:38PM – 2:10PM | Gara Until 10:31AM | Nataraja: Purple | | 2nd Phase |
| Until 1:52PM | | | Trayodashi* Until 11:02PM | Moon – Red | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata (Fasting)</i> | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |

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|---------------------------------------|-------------|--|---------------------------------------|----------------------------|-----------------------------|---|
| 5 Thursday, September 29, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Cape Town, South Africa Sun 12 Sutra 165 |
| Simha Rasi: 21.4 | Tithi 29 | Gulika 9:32AM – 11:05AM | Purvaphalguni Until 3:43PM | Ganesha: Yellow | <i>Sunrise:</i> 6:26AM | Durmukha 5118 |
| | | Yama 6:26AM – 7:59AM | Subha Until 10:45AM | Muruga: Purple | <i>Sunset:</i> 6:49PM | Moon 9 - Phase 23 |
| Creative Work | Siddha Yoga | 657341363 Rahu 2:10PM – 3:43PM | Visti Until 11:43AM | Nataraja: Purple | | 2nd Phase |
| | | | Chaturdashi* Until 12:27AM Fri | Moon – Red | | Bhuloka Day |
| | | | | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |

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|-----------------------------------|-------------|--|------------------------------------|----------------------------|------------------------|---|
| Friday, September 30, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Cape Town, South Africa Sun 13 Sutra 166 |
| Retreat Star | | Gulika 7:58AM – 9:31AM | Uttaraphalguni Until 5:47PM | Ganesha: Blue | <i>Sunrise:</i> 6:25AM | Durmukha 5118 |
| Kanya Rasi: 3.56 | Tithi 30 | Yama 3:43PM – 5:16PM | Sukla Until 10:56AM | Muruga: Purple | <i>Sunset:</i> 6:49PM | Moon 9 - Phase 23 |
| Creative Work | Siddha Yoga | 658341363 Rahu 11:04AM – 12:37PM | Catuspada Until 1:19PM | Nataraja: Purple | | Amavasya |
| Until 5:47PM | | | Amavasya* Until 2:14AM Sat | Moon – Red | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | Mahalaya Amavasai (Tamil Nadu) | | Bhadrapada-Puratasi | | |

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|----------------------------------|-------------|--|-----------------------------------|-------------------------|------------------------|---|
| Saturday, October 1, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Cape Town, South Africa Sun 14 Sutra 167 |
| Retreat Star | | Gulika 6:24AM – 7:57AM | Hasta Until 8:29PM | Ganesha: Blue | <i>Sunrise:</i> 6:24AM | Durmukha 5118 |
| Kanya Rasi: 16.04 | Tithi 1 | Yama 2:10PM – 3:43PM | Brahma Until 11:23AM | Muruga: Purple | <i>Sunset:</i> 6:50PM | Moon 9 - Phase 23 |
| Routine Work | Marana Yoga | 668341363 Rahu 9:30AM – 11:03AM | Kintughna Until 3:16PM | Nataraja: Purple | | Prathama |
| | | | Prathama* Until 4:20AM Sun | Moon – Green | | Bhuloka Day |
| | | Navaratri Begins | | Ashvina-Puratasi | | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

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| 1 | | Sunday, October 2, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Cape Town, South Africa Sun 15 Sutra 168 Durmukha 5118 | |
| Kanya Rasi: 28.04 | Tithi 2 | Gulika 3:44PM – 5:17PM | Chitra Until 11:16PM | Ganesh: Blue | <i>Sunrise:</i> 6:22AM | | |
| | | Yama 12:37PM – 2:10PM | Indra Until 12:05PM | Muruga: Purple | <i>Sunset:</i> 6:51PM | | Moon 9 - Phase 24 |
| Creative Work | Siddha Yoga | 668341363 Rahu 5:17PM – 6:51PM | Balava Until 5:29PM | Nataraja: Purple | | | 3rd Phase |
| | | | Dvitiya Until 6:39AM Mon | Moon – Green | | Bhuloka Day | |
| | | | | Ashvina•Puratasi | | | |
| 2 | | Monday, October 3, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Cape Town, South Africa Sun 16 Sutra 169 Durmukha 5118 | |
| Tula Rasi: 9.59 | Tithi 2 – 3 | Gulika 2:10PM – 3:44PM | Svati Until 2:02AM Tue | Ganesh: Blue | <i>Sunrise:</i> 6:21AM | | |
| Family Home Evening | | Yama 11:02AM – 12:36PM | Vaidhriti* Until 12:54PM | Muruga: Purple | <i>Sunset:</i> 6:52PM | | Moon 9 - Phase 24 |
| Creative Work | Amrita Yoga | 668341363 Rahu 7:55AM – 9:29AM | Taitila Until 7:54PM | Nataraja: Purple | | | 3rd Phase |
| Until 2:02AM Tue | | | Dvitiya Until 6:39AM | Moon – Green | | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | Ashvina•Puratasi | | | |
| 3 | | Tuesday, October 4, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | Cape Town, South Africa Sun 17 Sutra 170 Durmukha 5118 | |
| Tula Rasi: 21.52 | Tithi 3 – 4 | Gulika 12:36PM – 2:10PM | Vishakha Until 5:13AM Wed | Ganesh: Blue | <i>Sunrise:</i> 6:19AM | | |
| | | Yama 9:28AM – 11:02AM | Vishkambha* Until 1:49PM | Muruga: Purple | <i>Sunset:</i> 6:52PM | | Moon 9 - Phase 24 |
| Routine Work | Marana Yoga | 678341363 Rahu 3:44PM – 5:18PM | Vanija Until 10:24PM | Nataraja: Purple | | | 3rd Phase |
| Until 5:13AM Wed | | | Tritiya Until 9:07AM | Moon – Orange | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | Ashvina•Puratasi | | | |
| 4 | | Wednesday, October 5, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Cape Town, South Africa Sun 18 Sutra 171 Durmukha 5118 | |
| Vrischika Rasi: 3.43 | Tithi 4 – 5 | Gulika 11:01AM – 12:36PM | Anuradha Until 8:09AM Thu | Ganesh: Blue | <i>Sunrise:</i> 6:18AM | | |
| | | Yama 7:53AM – 9:27AM | Priti Until 2:45PM | Muruga: Purple | <i>Sunset:</i> 6:53PM | | Moon 9 - Phase 24 |
| Creative Work | Siddha Yoga | 678341363 Rahu 12:36PM – 2:10PM | Bava Until 12:52AM Thu | Nataraja: Purple | | | 3rd Phase |
| Until 8:09AM Thu | | | Chaturthi* Until 11:37AM | Moon – Orange | | Bhuloka Day | |
| Then Routine Work - Prabalarishta Yoga | | | | Ashvina•Puratasi | | | |
| 5 | | Thursday, October 6, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Cape Town, South Africa Sun 19 Sutra 172 Durmukha 5118 | |
| Vrischika Rasi: 15.35 | Tithi 5 – 6 | Gulika 9:26AM – 11:01AM | Anuradha Until 8:09AM | Ganesh: Blue | <i>Sunrise:</i> 6:17AM | | |
| | | Yama 6:17AM – 7:51AM | Ayushman Until 3:34PM | Muruga: Purple | <i>Sunset:</i> 6:54PM | | Moon 9 - Phase 24 |
| Creative Work | Siddha Yoga | 678341363 Rahu 2:10PM – 3:45PM | Kaulava Until 3:10AM Fri | Nataraja: Purple | | | 3rd Phase |
| Until 8:09AM | | | Panchami Until 2:01PM | Moon – Orange | | Bhuloka Day | |
| Then Routine Work - Prabalarishta Yoga | | | | Ashvina•Puratasi | | | |
| 6 | | Friday, October 7, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Cape Town, South Africa Sun 20 Sutra 173 Durmukha 5118 | |
| Vrischika Rasi: 27.32 | Tithi 6 – 7 | Gulika 7:50AM – 9:25AM | Jyeshtha* Until 10:43AM | Ganesh: Red | <i>Sunrise:</i> 6:15AM | | |
| | | Yama 3:45PM – 5:20PM | Saubhagya Until 4:12PM | Muruga: Purple | <i>Sunset:</i> 6:55PM | | Moon 9 - Phase 24 |
| Routine Work | Marana Yoga | 679341364 Rahu 11:00AM – 12:35PM | Gara Until 5:07AM Sat | Nataraja: Clear | | | 3rd Phase |
| Until 10:43AM | | | Shashthi* Until 4:10PM | Moon – Orange | | Devaloka Day | |
| Then Creative Work - Amrita Yoga | | | | Ashvina•Puratasi | | | |
| Retreat Star | | Saturday, October 8, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Ahiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Cape Town, South Africa Sun 21 Sutra 174 Durmukha 5118 | |
| Dhanus Rasi: 9.38 | Tithi 7 – 8 | Gulika 6:14AM – 7:49AM | Mula* Until 1:14PM | Ganesh: Blue | <i>Sunrise:</i> 6:14AM | | |
| | | Yama 2:10PM – 3:45PM | Sobhana Until 4:31PM | Muruga: Purple | <i>Sunset:</i> 6:55PM | | Moon 9 - Phase 24 |
| Creative Work | Siddha Yoga | 689341364 Rahu 9:24AM – 11:00AM | Visti Until 6:34AM Sun | Nataraja: Clear | | | 3rd Phase |
| | | | Saptami Until 5:54PM | Moon – Light Blue | | Sivaloka Day | |
| | | | | Ashvina•Puratasi | | | |
| Retreat Star | | Sunday, October 9, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau | | Cape Town, South Africa Sun 22 Sutra 175 Durmukha 5118 | |
| Dhanus Rasi: 21.56 | Tithi 8 | Gulika 3:45PM – 5:21PM | Purvashadha* Until 3:03PM | Ganesh: Blue | <i>Sunrise:</i> 6:13AM | | |
| | | Yama 12:34PM – 2:10PM | Athiganda* Until 4:22PM | Muruga: Purple | <i>Sunset:</i> 6:56PM | | Moon 9 - Phase 24 |
| Creative Work | Siddha Yoga | 689341364 Rahu 5:21PM – 6:56PM | Visti Until 6:34AM | Nataraja: Clear | | | Ashtami |
| Until 3:03PM | | | Ashtami* Until 7:02PM | Moon – Light Blue | | Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | Durga Ashtami | | Ashvina•Puratasi | | | |
| Retreat Star | | Monday, October 10, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau | | Cape Town, South Africa Sun 23 Sutra 176 Durmukha 5118 | |
| Makara Rasi: 4.32 | Tithi 9 | Gulika 2:10PM – 3:46PM | Uttarashadha Until 4:01PM | Ganesh: Blue | <i>Sunrise:</i> 6:12AM | | |
| Family Home Evening | | Yama 10:59AM – 12:34PM | Sukarma Until 3:40PM | Muruga: Clear | <i>Sunset:</i> 6:57PM | | Moon 9 - Phase 24 |
| Routine Work | Marana Yoga | 689351364 Rahu 7:47AM – 9:23AM | Balava Until 7:21AM | Nataraja: Clear | | | Navami |
| Until 4:01PM | | | Navami* Until 7:26PM | Moon – Light Blue | | Subha Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | Saraswathi Puja (Tamil Nadu) | | Ashvina•Puratasi | | | |

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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| 1 | Tuesday, October 11, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Dashamyam Titau | | | | Cape Town, South Africa Sun 24 Sutra 177 |
| | Makara Rasi: 17.31 | Tithi 10 | Gulika 12:34PM – 2:10PM | Shravana Until 4:30PM | Ganesh: Yellow <i>Sunrise:</i> 6:10AM | | Durmukha 5118 |
| | | | Yama 9:22AM – 10:58AM | Dhriti Until 2:22PM | Muruga: Clear <i>Sunset:</i> 6:58PM | | Moon 9 - Phase 25 |
| | Creative Work | Siddha Yoga | 699351364 Rahu 3:46PM – 5:22PM | Tailila Until 7:21AM | Nataraja: Clear | | 4th Phase |
| | | | Dashami Until 7:01PM | Moon – Purple | | Sivaloka Day | |
| | | | | Ashvina•Puratasi | | | |

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| 2 | Wednesday, October 12, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau | | | | Cape Town, South Africa Sun 25 Sutra 178 |
| | Kumbha Rasi: 0.55 | Tithi 11 – 12 | Gulika 10:58AM – 12:34PM | Dhanishtha Until 4:02PM | Ganesh: Yellow <i>Sunrise:</i> 6:09AM | | Durmukha 5118 |
| | | | Yama 7:45AM – 9:21AM | Shula* Until 12:22PM | Muruga: Clear <i>Sunset:</i> 6:58PM | | Moon 9 - Phase 25 |
| | Routine Work | Prabalarishta Yoga | 699351364 Rahu 12:34PM – 2:10PM | Vanija Until 6:31AM | Nataraja: Clear | | 4th Phase |
| Until 4:02PM | | | Ekadashi Until 5:46PM | Moon – Purple | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Ashvina•Puratasi | | | |

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| 3 | Thursday, October 13, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Mridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Cape Town, South Africa Sun 26 Sutra 179 |
| | Kumbha Rasi: 14.47 | Tithi 12 – 13 | Gulika 9:21AM – 10:57AM | Shatabhishak Until 2:40PM | Ganesh: Yellow <i>Sunrise:</i> 6:08AM | | Durmukha 5118 |
| | | | Yama 6:08AM – 7:44AM | Ganda* Until 9:45AM | Muruga: Clear <i>Sunset:</i> 6:59PM | | Moon 9 - Phase 25 |
| | Creative Work | Siddha Yoga | 699351364 Rahu 2:10PM – 3:46PM | Kaulava Until 2:32AM Fri | Nataraja: Clear | | 4th Phase |
| | | Kadaitswami Mahasamadhi | Dvadashi Until 3:46PM | Moon – Purple | | Sivaloka Day | |
| | | | <i>Pradosha Vrata</i> | Ashvina•Puratasi | | | |

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| 4 | Friday, October 14, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Cape Town, South Africa Sun 27 Sutra 180 |
| | Kumbha Rasi: 29.07 | Tithi 13 – 14 | Gulika 7:43AM – 9:20AM | Purvaproshtapada* Until 12:54PM | Ganesh: White <i>Sunrise:</i> 6:07AM | | Durmukha 5118 |
| | | | Yama 3:47PM – 5:23PM | Vriddhi Until 6:36AM | Muruga: Clear <i>Sunset:</i> 7:00PM | | Moon 9 - Phase 25 |
| | Creative Work | Siddha Yoga | 611451364 Rahu 10:57AM – 12:33PM | Gara Until 11:36PM | Nataraja: Clear | | 4th Phase |
| | | Chidambaram Abhishekam | Trayodashi Until 1:07PM | Moon – Clear | | Devaloka Day | |
| | | | | Ashvina•Puratasi | | | |

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| ○ | Saturday, October 15, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Cape Town, South Africa Sutra 181 |
| | Copper Retreat Star | | Gulika 6:05AM – 7:42AM | Uttarproshthapada Until 10:30AM | Ganesh: White <i>Sunrise:</i> 6:05AM | | Durmukha 5118 |
| | Meena Rasi: 13.51 | Tithi 14 – 15 | Yama 2:10PM – 3:47PM | Vyaghata* Until 10:59PM | Muruga: Clear <i>Sunset:</i> 7:01PM | | Moon 9 - Phase 25 |
| | Creative Work | Siddha Yoga | 611451364 Rahu 9:19AM – 10:56AM | Visti Until 8:14PM | Nataraja: Clear | | Purnima |
| Until 10:30AM | | | Chaturdashi* Until 9:56AM | Moon – Clear | | Devaloka Day | |
| Then Routine Work - Prabalarishta Yoga | | | | Ashvina•Puratasi | | | |

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| ○ | Sunday, October 16, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau | | | | Cape Town, South Africa Sutra 182 |
| | Silver Retreat Star | | Gulika 3:47PM – 5:24PM | Revati Until 7:37AM | Ganesh: White <i>Sunrise:</i> 6:04AM | | Durmukha 5118 |
| | Meena Rasi: 28.53 | Tithi 15 – 16 | Yama 12:33PM – 2:10PM | Harshana Until 6:49PM | Muruga: Clear <i>Sunset:</i> 7:02PM | | Moon 9 - Phase 25 |
| | Creative Work | Amrita Yoga | 611451364 Rahu 5:24PM – 7:02PM | Kaulava Until 2:42AM Mon | Nataraja: Clear | | Prathama |
| Until 7:37AM | | | Purnima* Until 6:25AM | Moon – Clear | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Ashvina•Puratasi | | | |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Mesha Rasi: 14.05 Tihi 17
Family Home Evening
Creative Work Siddha Yoga

621451364

Gulika 2:10PM – 3:47PM
Yama 10:55AM – 12:33PM
Rahu 7:40AM – 9:18AM

Bharani Until 1:52AM Tue
Vajra* Until 2:33PM
Taitila Until 12:51PM
Dvitiya Until 10:59PM

Ganesha: Clear *Sunrise:* 6:03AM
Muruga: Clear *Sunset:* 7:02PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Cape Town, South Africa
Sutra 183
Durmukha 5118
Moon 10 - Phase 26
1st Phase

Sivaloka Day

Tuesday, October 18, 2016

1

Mesha Rasi: 29.16 Tihi 18
Creative Work Siddha Yoga
Until 10:58PM
Then Creative Work - Amrita Yoga

621451364

Gulika 12:32PM – 2:10PM
Yama 9:17AM – 10:55AM
Rahu 3:48PM – 5:25PM

Krittika Until 10:58PM
Siddhi Until 10:22AM
Vanija Until 9:11AM
Tritiya Until 7:24PM

Ganesha: Clear *Sunrise:* 6:02AM
Muruga: Clear *Sunset:* 7:03PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Cape Town, South Africa
Sun 1 Sutra 184
Durmukha 5118
Moon 10 - Phase 26
1st Phase

Sivaloka Day

Wednesday, October 19, 2016

2

Vrishabha Rasi: 14.16 Tihi 19 – 20
Creative Work Siddha Yoga

631451364

Gulika 10:54AM – 12:32PM
Yama 7:38AM – 9:16AM
Rahu 12:32PM – 2:10PM

Rohini Until 8:41PM
Vyatipata* Until 6:24AM
Kaulava Until 2:41AM Thu
Chaturthi* Until 4:08PM

Ganesha: Purple *Sunrise:* 6:00AM
Muruga: Clear *Sunset:* 7:04PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Cape Town, South Africa
Sun 2 Sutra 185
Durmukha 5118
Moon 10 - Phase 26
1st Phase

Devaloka Day

Thursday, October 20, 2016

3

Vrishabha Rasi: 28.59 Tihi 20 – 21
Routine Work Marana Yoga

631451364

Gulika 9:16AM – 10:54AM
Yama 5:59AM – 7:38AM
Rahu 2:10PM – 3:48PM

Mrigashira Until 6:46PM
Parigha* Until 11:31PM
Gara Until 12:11AM Fri
Panchami Until 1:21PM

Ganesha: Purple *Sunrise:* 5:59AM
Muruga: Clear *Sunset:* 7:05PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Cape Town, South Africa
Sun 3 Sutra 186
Durmukha 5118
Moon 10 - Phase 26
1st Phase

Devaloka Day

Friday, October 21, 2016

4

Mithuna Rasi: 13.18 Tihi 21 – 22
Creative Work Siddha Yoga

631451364

Gulika 7:37AM – 9:15AM
Yama 3:49PM – 5:27PM
Rahu 10:53AM – 12:32PM

Ardra Until 5:19PM
Shiva Until 8:51PM
Visti Until 10:19PM
Shashthi* Until 11:09AM

Ganesha: Purple *Sunrise:* 5:58AM
Muruga: Clear *Sunset:* 7:06PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Cape Town, South Africa
Sun 4 Sutra 187
Durmukha 5118
Moon 10 - Phase 26
1st Phase

Devaloka Day

Saturday, October 22, 2016

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Retreat Star

Mithuna Rasi: 27.11 Tihi 22 – 23
Creative Work Siddha Yoga

641451364

Gulika 5:57AM – 7:36AM
Yama 2:10PM – 3:49PM
Rahu 9:14AM – 10:53AM

Punarvasu Until 4:53PM
Siddha Until 6:44PM
Balava Until 9:12PM
Saptami Until 9:39AM

Ganesha: Clear *Sunrise:* 5:57AM
Muruga: Clear *Sunset:* 7:06PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Cape Town, South Africa
Sun 5 Sutra 188
Durmukha 5118
Moon 10 - Phase 26
Ashtami

Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Kataka Rasi: 10.37 Tihi 23 – 24
Creative Work Siddha Yoga

641451364

Gulika 3:49PM – 5:28PM
Yama 12:32PM – 2:11PM
Rahu 5:28PM – 7:07PM

Pushya Until 5:03PM
Sadhya Until 5:14PM
Taitila Until 8:51PM
Ashtami* Until 8:55AM

Ganesha: Clear *Sunrise:* 5:56AM
Muruga: Clear *Sunset:* 7:07PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Cape Town, South Africa
Sun 6 Sutra 189
Durmukha 5118
Moon 10 - Phase 26
Navami

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | | Monday, October 24, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Cape Town, South Africa Sun 7 Sutra 190 | |
| Kataka Rasi: 23.38 | Tithi 24 – 25 | Gulika | 2:11PM – 3:50PM | Ashlesha* Until 5:47PM | Ganesha: Clear | <i>Sunrise:</i> 5:55AM | Durmukha 5118 | | |
| Family Home Evening | 641451364 | Yama | 10:52AM – 12:32PM | Subha Until 4:20PM | Muruga: Clear | <i>Sunset:</i> 7:08PM | Moon 10 - Phase 27 | | |
| Creative Work | Siddha Yoga | Rahu | 7:34AM – 9:13AM | Vanija Until 9:14PM | Nataraja: Clear | Moon – Blue | | Sivaloka Day | |
| Until 5:47PM | | | | Navami* Until 8:56AM | Ashvina-Aipasi | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 2 | | Tuesday, October 25, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Cape Town, South Africa Sun 8 Sutra 191 | |
| Simha Rasi: 6.19 | Tithi 25 – 26 | Gulika | 12:31PM – 2:11PM | Magha* Until 7:28PM | Ganesha: Clear | <i>Sunrise:</i> 5:54AM | Durmukha 5118 | | |
| | 652451364 | Yama | 9:13AM – 10:52AM | Sukla Until 3:55PM | Muruga: Clear | <i>Sunset:</i> 7:09PM | Moon 10 - Phase 27 | | |
| Creative Work | Siddha Yoga | Rahu | 3:50PM – 5:30PM | Bava Until 10:17PM | Nataraja: Clear | Moon – Red | | Sivaloka Day | |
| | | | | Dashami Until 9:40AM | Ashvina-Aipasi | | | | |

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| 3 | | Wednesday, October 26, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Cape Town, South Africa Sun 9 Sutra 192 | |
| Simha Rasi: 18.44 | Tithi 26 – 27 | Gulika | 10:52AM – 12:31PM | Purvaphalguni Until 9:32PM | Ganesha: Clear | <i>Sunrise:</i> 5:53AM | Durmukha 5118 | | |
| | 652451364 | Yama | 7:32AM – 9:12AM | Brahma Until 3:57PM | Muruga: Clear | <i>Sunset:</i> 7:10PM | Moon 10 - Phase 27 | | |
| Creative Work | Amrita Yoga | Rahu | 12:31PM – 2:11PM | Kaulava Until 11:51PM | Nataraja: Clear | Moon – Red | | Sivaloka Day | |
| | | | | Ekadashi* Until 10:59AM | Ashvina-Aipasi | | | | |

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| 4 | | Thursday, October 27, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | | Cape Town, South Africa Sun 10 Sutra 193 | |
| Kanya Rasi: 0.56 | Tithi 27 – 28 | Gulika | 9:11AM – 10:51AM | Uttaraphalguni Until 11:49PM | Ganesha: Clear | <i>Sunrise:</i> 5:52AM | Durmukha 5118 | | |
| | 652451364 | Yama | 5:52AM – 7:31AM | Indra Until 4:20PM | Muruga: Clear | <i>Sunset:</i> 7:11PM | Moon 10 - Phase 27 | | |
| | Amrita Yoga | Rahu | 2:11PM – 3:51PM | Gara Until 1:49AM Fri | Nataraja: Clear | Moon – Red | | Sivaloka Day | |
| Until 11:49PM | | | | Dvadashi* Until 12:47PM | Ashvina-Aipasi | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 5 | | Friday, October 28, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Cape Town, South Africa Sun 11 Sutra 194 | |
| Kanya Rasi: 13 | Tithi 28 – 29 | Gulika | 7:31AM – 9:11AM | Hasta Until 2:42AM Sat | Ganesha: Orange | <i>Sunrise:</i> 5:51AM | Durmukha 5118 | | |
| | 662451364 | Yama | 3:51PM – 5:32PM | Vaidhriti* Until 4:55PM | Muruga: Clear | <i>Sunset:</i> 7:12PM | Moon 10 - Phase 27 | | |
| Creative Work | Amrita Yoga | Rahu | 10:51AM – 12:31PM | Visti Until 4:04AM Sat | Nataraja: Clear | Moon – Green | | Sivaloka Day | |
| Until 2:42AM Sat | | | | Trayodashi* Until 2:54PM | Ashvina-Aipasi | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 6 | | Saturday, October 29, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Cape Town, South Africa Sun 12 Sutra 195 | |
| Kanya Rasi: 24.58 | Tithi 29 – 30 | Gulika | 5:50AM – 7:30AM | Chitra Until 5:34AM Sun | Ganesha: Orange | <i>Sunrise:</i> 5:50AM | Durmukha 5118 | | |
| | 662451364 | Yama | 2:11PM – 3:52PM | Vishkambha* Until 5:40PM | Muruga: Clear | <i>Sunset:</i> 7:13PM | Moon 10 - Phase 27 | | |
| Routine Work | Marana Yoga | Rahu | 9:10AM – 10:51AM | Catuspada Until 6:28AM Sun | Nataraja: Clear | Moon – Green | | Sivaloka Day | |
| Until 5:34AM Sun | | | | Chaturdashi* Until 5:14PM | Ashvina-Aipasi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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|---------------------------------|-------------|---------------------------------|------------------|-------------------------------|------------------------|---|--------------------|---|--|
| ● | | Sunday, October 30, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Cape Town, South Africa Sun 13 Sutra 196 | |
| Retreat Star | | Gulika | 3:52PM – 5:33PM | Svati Until 8:21AM Mon | Ganesha: Orange | <i>Sunrise:</i> 5:49AM | Durmukha 5118 | | |
| Tula Rasi: 6.52 | Tithi 30 | Yama | 12:31PM – 2:12PM | Priti Until 6:31PM | Muruga: Clear | <i>Sunset:</i> 7:13PM | Moon 10 - Phase 27 | | |
| | 662451364 | Rahu | 5:33PM – 7:13PM | Catuspada Until 6:28AM | Nataraja: Clear | Moon – Green | | Sivaloka Day | |
| Creative Work | Siddha Yoga | | | Amavasya* Until 7:41PM | Ashvina-Aipasi | | | | |
| Until 8:21AM Mon | | | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| Monday, October 31, 2016 | | Retreat Star | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau | | Cape Town, South Africa Sun 14 Sutra 197 | |
| Tula Rasi: 18.44 | Tithi 1 | Gulika | 2:12PM – 3:53PM | Svati Until 8:21AM | Ganesha: Orange | <i>Sunrise:</i> 5:48AM | Durmukha 5118 | | |
| Family Home Evening | 662451364 | Yama | 10:50AM – 12:31PM | Ayushman Until 7:22PM | Muruga: Clear | <i>Sunset:</i> 7:14PM | Moon 10 - Phase 27 | | |
| Creative Work | Amrita Yoga | Rahu | 7:28AM – 9:09AM | Kintughna Until 8:58AM | Nataraja: Clear | Moon – Green | | Sivaloka Day | |
| Until 8:21AM | | | | Prathama* Until 10:12PM | Kartika-Aipasi | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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|----------|---|-----------------------------|---|-------------------------------|----------------------|------------------------|-------------------------|--|
| 1 | Tuesday, November 1, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Vrischika Rasi: 0.37 Tithi 2 | | Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Sun 15 Sutra 198 | |
| | 672451364 | | Gulika 12:31PM – 2:12PM | Vishakha Until 11:29AM | Ganesh: Clear | <i>Sunrise:</i> 5:47AM | Durmukha 5118 | |
| | Routine Work Marana Yoga Until 11:29AM Then Creative Work - Siddha Yoga | | Yama 9:09AM – 10:50AM | Saubhagya Until 8:14PM | Muruga: Clear | <i>Sunset:</i> 7:15PM | Moon 10 - Phase 28 | |
| | | Rahu 3:53PM – 5:34PM | Balava Until 11:28AM | Nataraja: Clear | | 3rd Phase | | |
| | | | Dvitiya Until 12:41AM Wed | Moon – Orange | | Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

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| 2 | Wednesday, November 2, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Vrischika Rasi: 12.29 Tithi 3 | | Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau | | | | Sun 16 Sutra 199 | |
| | 672451364 | | Gulika 10:50AM – 12:31PM | Anuradha Until 2:25PM | Ganesh: Clear | <i>Sunrise:</i> 5:46AM | Durmukha 5118 | |
| | Creative Work Siddha Yoga | | Yama 7:27AM – 9:08AM | Sobhana Until 9:03PM | Muruga: Clear | <i>Sunset:</i> 7:16PM | Moon 10 - Phase 28 | |
| | | Rahu 12:31PM – 2:12PM | Tailila Until 1:56PM | Nataraja: Clear | | 3rd Phase | | |
| | | | Tritiya Until 3:06AM Thu | Moon – Orange | | Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

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| 3 | Thursday, November 3, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Vrischika Rasi: 24.24 Tithi 4 | | Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Sun 17 Sutra 200 | |
| | 672451364 | | Gulika 9:08AM – 10:49AM | Jyeshtha* Until 5:03PM | Ganesh: Clear | <i>Sunrise:</i> 5:45AM | Durmukha 5118 | |
| | Routine Work Prabalarishta Yoga Until 5:03PM Then Creative Work - Siddha Yoga | | Yama 5:45AM – 7:26AM | Athiganda* Until 9:44PM | Muruga: Clear | <i>Sunset:</i> 7:17PM | Moon 10 - Phase 28 | |
| | | Rahu 2:12PM – 3:54PM | Vanija Until 4:16PM | Nataraja: Clear | | 3rd Phase | | |
| | | | Chaturthi* Until 5:20AM Fri | Moon – Orange | | Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

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| 4 | Friday, November 4, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Dhanus Rasi: 6.23 Tithi 5 | | Mula* Nakshatra Sukarma Yoga Bava Karana Panchamyam Titau | | | | Sun 18 Sutra 201 | |
| | 682451364 | | Gulika 7:26AM – 9:07AM | Mula* Until 7:48PM | Ganesh: Purple | <i>Sunrise:</i> 5:44AM | Durmukha 5118 | |
| | Creative Work Amrita Yoga Until 7:48PM Then Routine Work - Prabalarishta Yoga | | Yama 3:54PM – 5:36PM | Sukarma Until 10:15PM | Muruga: Clear | <i>Sunset:</i> 7:18PM | Moon 10 - Phase 28 | |
| | | Rahu 10:49AM – 12:31PM | Bava Until 6:22PM | Nataraja: Clear | | 3rd Phase | | |
| | | | Panchami Until 7:17AM Sat | Moon – Light Blue | | Subha Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

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| 5 | Saturday, November 5, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Dhanus Rasi: 18.29 Tithi 5 – 6 | | Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Sun 19 Sutra 202 | |
| | 682451364 | | Gulika 5:43AM – 7:25AM | Purvashadha* Until 10:02PM | Ganesh: Purple | <i>Sunrise:</i> 5:43AM | Durmukha 5118 | |
| | Creative Work Siddha Yoga Until 10:02PM Then Routine Work - Marana Yoga | | Yama 2:13PM – 3:55PM | Dhriti Until 10:29PM | Muruga: Clear | <i>Sunset:</i> 7:19PM | Moon 10 - Phase 28 | |
| | | Rahu 9:07AM – 10:49AM | Kaulava Until 8:07PM | Nataraja: Clear | | 3rd Phase | | |
| | | | Panchami Until 7:17AM | Moon – Light Blue | | Subha Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

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| 6 | Sunday, November 6, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Makara Rasi: 0.45 Tithi 6 – 7 | | Uttarashadha Nakshatra Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | | | Sun 20 Sutra 203 | |
| | 782451364 | | Gulika 3:55PM – 5:38PM | Uttarashadha Until 11:36PM | Ganesh: Clear | <i>Sunrise:</i> 5:42AM | Durmukha 5118 | |
| | Creative Work Amrita Yoga | | Yama 12:31PM – 2:13PM | Shula* Until 10:17PM | Muruga: Clear | <i>Sunset:</i> 7:20PM | Moon 10 - Phase 28 | |
| | | Rahu 5:38PM – 7:20PM | Gara Until 9:22PM | Nataraja: Clear | | 3rd Phase | | |
| | | | Shashthi* Until 8:48AM | Moon – Light Blue | | Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

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| D | Monday, November 7, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Retreat Star | | Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Sun 21 Sutra 204 | |
| | Makara Rasi: 13.16 Tithi 7 – 8 | | | | | | Durmukha 5118 | |
| | 793451364 | | Gulika 2:14PM – 3:56PM | Shravana Until 12:50AM Tue | Ganesh: Clear | <i>Sunrise:</i> 5:41AM | Moon 10 - Phase 28 | |
| Family Home Evening | | Yama 10:49AM – 12:31PM | Ganda* Until 9:35PM | Muruga: Clear | <i>Sunset:</i> 7:21PM | Ashtami | | |
| Creative Work Amrita Yoga Until 12:50AM Tue Then Creative Work - Siddha Yoga | | Rahu 7:24AM – 9:06AM | Visti Until 9:56PM | Nataraja: Clear | | 3rd Phase | | |
| | | | Saptami Until 9:43AM | Moon – Purple | | Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

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| | Tuesday, November 8, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Retreat Star | | Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Sun 22 Sutra 205 | |
| | Makara Rasi: 26.07 Tithi 8 – 9 | | | | | | Durmukha 5118 | |
| | 793551364 | | Gulika 12:31PM – 2:14PM | Dhanishtha Until 1:08AM Wed | Ganesh: Purple | <i>Sunrise:</i> 5:41AM | Moon 10 - Phase 28 | |
| Creative Work Siddha Yoga | | Yama 9:06AM – 10:49AM | Vriddhi Until 8:18PM | Muruga: Clear | <i>Sunset:</i> 7:22PM | Navami | | |
| | | Rahu 3:56PM – 5:39PM | Balava Until 9:44PM | Nataraja: Clear | | 3rd Phase | | |
| | | | Ashtami* Until 9:55AM | Moon – Purple | | Subha Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


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| 1 | Wednesday, November 9, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Kumbha Rasi: 9.22 Tithi 9 – 10 | | Shatabhishak Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Sun 23 Sutra 206 | |
| | | Gulika | 10:48AM – 12:31PM | Shatabhishak Until 12:30AM Thu | Ganesha: Purple | <i>Sunrise:</i> 5:40AM | Durmukha 5118 | |
| | 793551364 | Rahu | 12:31PM – 2:14PM | Dhruva Until 6:21PM | Muruga: Clear | <i>Sunset:</i> 7:23PM | Moon 10 - Phase 29 | |
| Creative Work Siddha Yoga | | | Taitila Until 8:42PM | Nataraja: Clear | | 4th Phase | | |
| | | | Navami* Until 9:18AM | Moon – Purple | | Subha Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

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| 2 | Thursday, November 10, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Kumbha Rasi: 23.05 Tithi 10 – 11 | | Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Sun 24 Sutra 207 | |
| | | Gulika | 9:05AM – 10:48AM | Purvaproshtapada* Until 11:23PM | Ganesha: Blue | <i>Sunrise:</i> 5:39AM | Durmukha 5118 | |
| | 713551364 | Rahu | 2:14PM – 3:57PM | Vyaghata* Until 3:46PM | Muruga: Clear | <i>Sunset:</i> 7:24PM | Moon 10 - Phase 29 | |
| Creative Work Siddha Yoga | | | Vanija Until 6:53PM | Nataraja: Clear | | 4th Phase | | |
| | | | Dashami Until 7:52AM | Moon – Clear | | Subha Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

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| 3 | Friday, November 11, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Meena Rasi: 7.17 Tithi 12 | | Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau | | | | Sun 25 Sutra 208 | |
| | | Gulika | 7:22AM – 9:05AM | Uttaraproshtapada Until 9:26PM | Ganesha: Blue | <i>Sunrise:</i> 5:38AM | Durmukha 5118 | |
| | 713551364 | Rahu | 10:48AM – 12:31PM | Harshana Until 12:37PM | Muruga: Clear | <i>Sunset:</i> 7:25PM | Moon 10 - Phase 29 | |
| Creative Work Siddha Yoga | | | Bava Until 4:21PM | Nataraja: Clear | | 4th Phase | | |
| | | | Dvadashi Until 2:50AM Sat | Moon – Clear | | Subha Sivaloka Day | | |
| | | | | Karttika•Aipasi | | | | |

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| 4 | Saturday, November 12, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Meena Rasi: 21.56 Tithi 13 | | Revati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Sun 26 Sutra 209 | |
| | | Gulika | 5:38AM – 7:21AM | Revati Until 6:48PM | Ganesha: Blue | <i>Sunrise:</i> 5:38AM | Durmukha 5118 | |
| | 713551364 | Rahu | 9:05AM – 10:48AM | Vajra* Until 8:56AM | Muruga: Clear | <i>Sunset:</i> 7:26PM | Moon 10 - Phase 29 | |
| Routine Work Prabalarishta Yoga | | | Kaulava Until 1:14PM | Nataraja: Clear | | 4th Phase | | |
| Until 6:48PM | | | Trayodashi Until 11:29PM | Moon – Clear | | Subha Sivaloka Day | | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata</i> | Karttika•Aipasi | | | | |

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| 5 | Sunday, November 13, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Mesha Rasi: 6.57 Tithi 14 | | Ashvini/Bharani Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Sun 27 Sutra 210 | |
| | | Gulika | 3:59PM – 5:43PM | Ashvini Until 4:03PM | Ganesha: Yellow | <i>Sunrise:</i> 5:37AM | Durmukha 5118 | |
| | 723551364 | Rahu | 5:43PM – 7:26PM | Vyatipata* Until 12:36AM Mon | Muruga: Clear | <i>Sunset:</i> 7:26PM | Moon 10 - Phase 29 | |
| Creative Work Siddha Yoga | | | Gara Until 9:41AM | Nataraja: Clear | | 4th Phase | | |
| Until 4:03PM | | | Chaturdashi* Until 7:47PM | Moon – White | | Sivaloka Day | | |
| Then Routine Work - Prabalarishta Yoga | | | | Karttika•Aipasi | | | | |

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|  | Monday, November 14, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Copper Retreat Star | | Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Sutra 211 | |
| | Mesha Rasi: 22.13 Tithi 15 – 16 | | | | | | Durmukha 5118 | |
| | Family Home Evening | | Gulika | 2:16PM – 4:00PM | Bharani Until 12:57PM | Ganesha: Yellow | <i>Sunrise:</i> 5:36AM | Moon 10 - Phase 29 |
| 723551364 | Rahu | 7:20AM – 9:04AM | Variyan Until 8:10PM | Muruga: Clear | <i>Sunset:</i> 7:27PM | Purnima | | |
| Creative Work Siddha Yoga | | | Balava Until 1:58AM Tue | Nataraja: Clear | | Sivaloka Day | | |
| Until 12:57PM | | | Purnima* Until 3:54PM | Moon – White | | | | |
| Then Routine Work - Marana Yoga | | | | Karttika•Aipasi | | | | |

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| ○ | Tuesday, November 15, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Silver Retreat Star | | Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | | | Sutra 212 | |
| | Vrishabha Rasi: 7.32 Tithi 16 – 17 | | | | | | Durmukha 5118 | |
| | Silver Retreat Star | | Gulika | 12:32PM – 2:16PM | Krittika Until 9:42AM | Ganesha: Yellow | <i>Sunrise:</i> 5:36AM | Moon 10 - Phase 29 |
| 723551364 | Rahu | 4:00PM – 5:44PM | Parigha* Until 3:47PM | Muruga: Clear | <i>Sunset:</i> 7:28PM | Prathama | | |
| Creative Work Siddha Yoga | | | Taitila Until 10:10PM | Nataraja: Clear | | Sivaloka Day | | |
| Until 9:42AM | | | Prathama* Until 12:02PM | Moon – White | | | | |
| Then Creative Work - Amrita Yoga | | | | Karttika•Aipasi | | | | |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 16, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Cape Town, South Africa Sun 1 Sutra 213

Vrshabha Rasi: 22.46 Tithi 17 - 18

733551365

Gulika 10:48AM - 12:32PM
Yama 7:19AM - 9:04AM
Rahu 12:32PM - 2:17PM

Rohini Until 6:53AM
Shiva Until 11:36AM
Vanija Until 6:38PM
Dvitiya Until 8:20AM

Ganesha: White Sunrise: 5:35AM
Muruga: Clear Sunset: 7:29PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthayam Titau

Cape Town, South Africa Sun 2 Sutra 214

Mithuna Rasi: 7.43 Tithi 19

733551365

Gulika 9:04AM - 10:48AM
Yama 5:35AM - 7:19AM
Rahu 2:17PM - 4:01PM

Ardra Until 2:03AM Fri
Siddha Until 7:42AM
Bava Until 3:32PM
Chaturthi* Until 2:12AM Fri

Ganesha: White Sunrise: 5:35AM
Muruga: Clear Sunset: 7:30PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 2:03AM Fri

Then Creative Work - Siddha Yoga

2

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa Sun 3 Sutra 215

Mithuna Rasi: 22.16 Tithi 20

743551365

Gulika 7:19AM - 9:03AM
Yama 4:02PM - 5:47PM
Rahu 10:48AM - 12:33PM

Punarvasu Until 12:47AM Sat
Subha Until 1:25AM Sat
Kaulava Until 1:04PM
Panchami Until 12:05AM Sat

Ganesha: Clear Sunrise: 5:34AM
Muruga: Clear Sunset: 7:31PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthayam Titau

Cape Town, South Africa Sun 4 Sutra 216

Kataka Rasi: 6.2 Tithi 21

743551365

Gulika 5:34AM - 7:18AM
Yama 2:18PM - 4:03PM
Rahu 9:03AM - 10:48AM

Pushya Until 12:11AM Sun
Sukla Until 11:11PM
Gara Until 11:20AM
Shashthi* Until 10:47PM

Ganesha: Clear Sunrise: 5:34AM
Muruga: Clear Sunset: 7:32PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Cape Town, South Africa Sun 5 Sutra 217

Kataka Rasi: 19.54 Tithi 22

743551365

Gulika 4:03PM - 5:48PM
Yama 12:33PM - 2:18PM
Rahu 5:48PM - 7:33PM

Ashlesha* Until 12:17AM Mon
Brahma Until 9:40PM
Visti Until 10:28AM
Saptami Until 10:21PM

Ganesha: Clear Sunrise: 5:33AM
Muruga: Clear Sunset: 7:33PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 12:17AM Mon

Then Routine Work - Marana Yoga

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa Sun 6 Sutra 218

Simha Rasi: 2.59 Tithi 23

754551365

Gulika 2:19PM - 4:04PM
Yama 10:48AM - 12:33PM
Rahu 7:18AM - 9:03AM

Magha* Until 1:33AM Tue
Indra Until 8:50PM
Balava Until 10:30AM
Ashtami* Until 10:49PM

Ganesha: Clear Sunrise: 5:33AM
Muruga: Clear Sunset: 7:34PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
Ashtami

Devaloka Day

Routine Work Marana Yoga

Until 1:33AM Tue

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa Sun 7 Sutra 219

Simha Rasi: 15.38 Tithi 24

754551365

Gulika 12:34PM - 2:19PM
Yama 9:03AM - 10:48AM
Rahu 4:04PM - 5:50PM

Purvaphalguni Until 3:24AM Wed
Vaidhriti* Until 8:35PM
Taitila Until 11:22AM
Navami* Until 12:04AM Wed

Ganesha: Clear Sunrise: 5:32AM
Muruga: Clear Sunset: 7:35PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
Navami

Devaloka Day

Creative Work Siddha Yoga

Until 3:24AM Wed

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


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|---------------------------------|--|--|--|--|-----------------------|------------------------|-------------------------|
| 1 | Wednesday, November 23, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yukhtayam | | | | Cape Town, South Africa |
| | Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau | | | | | | Sun 8 Sutra 220 |
| | Simha Rasi: 27.59 | Tithi 25 | Gulika 10:48AM – 12:34PM | Uttaraphalguni Until 5:39AM Thu | Ganesha: Clear | <i>Sunrise:</i> 5:32AM | Durmukha 5118 |
| | | Yama 7:17AM – 9:03AM | Vishkambha* Until 8:51PM | Muruga: Clear | <i>Sunset:</i> 7:36PM | Moon 11 - Phase 31 | |
| | | 754551365 Rahu 12:34PM – 2:19PM | Vanija Until 12:57PM | Nataraja: White | | 2nd Phase | |
| Creative Work Amrita Yoga | | Dashami Until 1:56AM Thu | | Moon – Red | Devaloka Day | | |
| Until 5:39AM Thu | | | | Karttika-Karttikai | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 2 | Thursday, November 24, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yukhtayam | | | | Cape Town, South Africa |
| | Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau | | | | | | Sun 9 Sutra 221 |
| | Kanya Rasi: 10.05 | Tithi 26 | Gulika 9:03AM – 10:49AM | Hasta Until 8:36AM Fri | Ganesha: Purple | <i>Sunrise:</i> 5:32AM | Durmukha 5118 |
| | | Yama 5:32AM – 7:17AM | Priti Until 9:28PM | Muruga: Clear | <i>Sunset:</i> 7:37PM | Moon 11 - Phase 31 | |
| | | 764551365 Rahu 2:20PM – 4:06PM | Bava Until 3:04PM | Nataraja: White | | 2nd Phase | |
| Routine Work Marana Yoga | | Ekadashi* Until 4:14AM Fri | | Moon – Green | Bhuloka Day | | |
| Until 8:36AM Fri | | | | Karttika-Karttikai | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|----------------------------------|--|---|--|---------------------------|------------------------------|------------------------|-------------------------|
| 3 | Friday, November 25, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yukhtayam | | | | Cape Town, South Africa |
| | Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | | | Sun 10 Sutra 222 |
| | Kanya Rasi: 22.02 | Tithi 27 | Gulika 7:17AM – 9:03AM | Hasta Until 8:36AM | Ganesha: Purple | <i>Sunrise:</i> 5:31AM | Durmukha 5118 |
| | | Yama 4:06PM – 5:52PM | Ayushman Until 10:15PM | Muruga: Clear | <i>Sunset:</i> 7:38PM | Moon 11 - Phase 31 | |
| | | 764551365 Rahu 10:49AM – 12:34PM | Kaulava Until 5:29PM | Nataraja: White | | 2nd Phase | |
| Creative Work Amrita Yoga | | Dvadashi* Until 6:45AM Sat | | Moon – Green | Bhuloka Day | | |
| Until 8:36AM | | | | Karttika-Karttikai | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | Saturday, November 26, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yukhtayam | | | | Cape Town, South Africa |
| | Chitra/Svati Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | | | Sun 11 Sutra 223 |
| | Tula Rasi: 3.54 | Tithi 27 – 28 | Gulika 5:31AM – 7:17AM | Chitra Until 11:35AM | Ganesha: Purple | <i>Sunrise:</i> 5:31AM | Durmukha 5118 |
| | | Yama 2:21PM – 4:07PM | Saubhagya Until 11:08PM | Muruga: Clear | <i>Sunset:</i> 7:39PM | Moon 11 - Phase 31 | |
| | | 764551365 Rahu 9:03AM – 10:49AM | Gara Until 8:03PM | Nataraja: White | | 2nd Phase | |
| Routine Work Marana Yoga | | Dvadashi* Until 6:45AM | | Moon – Green | Bhuloka Day | | |
| Until 11:35AM | | | | Karttika-Karttikai | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Siddha Yoga | | <i>Pradosha Vrata (Fasting)</i> | | | | | |

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| 5 | Sunday, November 27, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yukhtayam | | | | Cape Town, South Africa |
| | Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | | | Sun 12 Sutra 224 |
| | Tula Rasi: 15.44 | Tithi 28 – 29 | Gulika 4:07PM – 5:53PM | Svati Until 2:25PM | Ganesha: Purple | <i>Sunrise:</i> 5:31AM | Durmukha 5118 |
| | | Yama 12:35PM – 2:21PM | Sobhana Until 12:01AM Mon | Muruga: Clear | <i>Sunset:</i> 7:40PM | Moon 11 - Phase 31 | |
| | | 764551365 Rahu 5:53PM – 7:40PM | Visti Until 10:38PM | Nataraja: White | | 2nd Phase | |
| Creative Work Siddha Yoga | | Trayodashi* Until 9:20AM | | Moon – Green | Bhuloka Day | | |
| Until 2:25PM | | | | Karttika-Karttikai | Devaloka Time: 12:PM to 3:PM | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|  | Monday, November 28, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yukhtayam | | | | Cape Town, South Africa |
| | Retreat Star | | Vishakha/Anuradha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Sun 13 Sutra 225 |
| | Tula Rasi: 27.36 | Tithi 29 – 30 | Gulika 2:22PM – 4:08PM | Vishakha Until 5:33PM | Ganesha: Light Blue | <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | | Yama 10:49AM – 12:35PM | Athiganda* Until 12:49AM Tue | Muruga: Clear | <i>Sunset:</i> 7:40PM | Moon 11 - Phase 31 | |
| | | 774551365 Rahu 7:17AM – 9:03AM | Catuspada Until 1:07AM Tue | Nataraja: White | | Amavasya | |
| Routine Work Marana Yoga | | Chaturdashi* Until 11:52AM | | Moon – Orange | Bhuloka Day | | |
| Until 5:33PM | | | | Karttika-Karttikai | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Retreat Star | Tuesday, November 29, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yukhtayam | | | | Cape Town, South Africa |
| | Retreat Star | | Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Sun 14 Sutra 226 |
| | Vriscika Rasi: 9.3 | Tithi 30 – 1 | Gulika 12:36PM – 2:22PM | Anuradha Until 8:22PM | Ganesha: Light Blue | <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | | Yama 9:03AM – 10:49AM | Sukarma Until 1:31AM Wed | Muruga: Clear | <i>Sunset:</i> 7:41PM | Moon 11 - Phase 31 | |
| | | 774551365 Rahu 4:09PM – 5:55PM | Kintughna Until 3:27AM Wed | Nataraja: White | | Prathama | |
| Creative Work Siddha Yoga | | Amavasya* Until 2:17PM | | Moon – Orange | Bhuloka Day | | |
| Until 8:22PM | | | | Margasira-Karttikai | Devaloka Time: 12:PM to 3:PM | | |
| Then Routine Work - Marana Yoga | | | | | | | |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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| 1 | Wednesday, November 30, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam | | Cape Town, South Africa |
| | Vrischika Rasi: 21.28 Tithi 1 – 2 | | Jyeshtha* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Sun 15 Sutra 227 |
| | | Gulika 10:50AM – 12:36PM | Jyeshtha* Until 10:52PM | Ganesh: Light Blue <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | | Yama 7:17AM – 9:03AM | Dhriti Until 2:06AM Thu | Muruga: Clear <i>Sunset:</i> 7:42PM | Moon 11 - Phase 32 |
| | | 784551365 Rahu 12:36PM – 2:23PM | Balava Until 5:37AM Thu | Nataraja: White | 3rd Phase |
| | Creative Work Siddha Yoga | | Prathama* Until 4:33PM | Moon – Orange | Bhuloka Day |
| | Until 10:52PM | | | Margasira-Karttikai | Devaloka Time: 12:PM to 3:PM |
| | Then Routine Work - Marana Yoga | | | | |

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| 2 | Thursday, December 1, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam | | Cape Town, South Africa |
| | Dhanus Rasi: 3.29 Tithi 2 | | Mula* Nakshatra Shula* Yoga Kaulava Karana Dvitiyayam Titau | | Sun 16 Sutra 228 |
| | | Gulika 9:03AM – 10:50AM | Mula* Until 1:30AM Fri | Ganesh: Purple <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | | Yama 5:30AM – 7:17AM | Shula* Until 2:29AM Fri | Muruga: Clear <i>Sunset:</i> 7:43PM | Moon 11 - Phase 32 |
| | | 784551365 Rahu 2:23PM – 4:10PM | Kaulava Until 6:36PM | Nataraja: White | 3rd Phase |
| | Creative Work Siddha Yoga | | Dvitiya Until 6:36PM | Moon – Light Blue | Bhuloka Day |
| | Until 1:30AM Fri | | | Margasira-Karttikai | Devaloka Time: 12:PM to 3:PM |
| | Then Routine Work - Prabalarishta Yoga | | | | |

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|----------|------------------------------------|---|---|--|------------------------------|
| 3 | Friday, December 2, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam | | Cape Town, South Africa |
| | Dhanus Rasi: 16 Tithi 3 | | Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau | | Sun 17 Sutra 229 |
| | | Gulika 7:17AM – 9:03AM | Purvashadha* Until 3:43AM Sat | Ganesh: Purple <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | | Yama 4:10PM – 5:57PM | Ganda* Until 2:41AM Sat | Muruga: Clear <i>Sunset:</i> 7:44PM | Moon 11 - Phase 32 |
| | | 784551365 Rahu 10:50AM – 12:37PM | Taitila Until 7:34AM | Nataraja: White | 3rd Phase |
| | Routine Work Prabalarishta Yoga | | Tritiya Until 8:24PM | Moon – Light Blue | Bhuloka Day |
| | Until 3:43AM Sat | | | Margasira-Karttikai | Devaloka Time: 12:PM to 3:PM |
| | Then Routine Work - Marana Yoga | | | | |

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| 4 | Saturday, December 3, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam | | Cape Town, South Africa |
| | Dhanus Rasi: 27.49 Tithi 4 | | Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthayam Titau | | Sun 18 Sutra 230 |
| | | Gulika 5:30AM – 7:17AM | Uttarashadha Until 5:26AM Sun | Ganesh: Purple <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | | Yama 2:24PM – 4:11PM | Vriddhi Until 2:38AM Sun | Muruga: Clear <i>Sunset:</i> 7:45PM | Moon 11 - Phase 32 |
| | | 784551365 Rahu 9:04AM – 10:50AM | Vanija Until 9:13AM | Nataraja: White | 3rd Phase |
| | Routine Work Marana Yoga | | Chaturthi* Until 9:54PM | Moon – Light Blue | Bhuloka Day |
| | Until 5:26AM Sun | | | Margasira-Karttikai | Devaloka Time: 12:PM to 3:PM |
| | Then Creative Work - Amrita Yoga | | | | |

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| 5 | Sunday, December 4, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Cape Town, South Africa |
| | Makara Rasi: 10.12 Tithi 5 | | Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau | | Sun 19 Sutra 231 |
| | | Gulika 4:12PM – 5:59PM | Shravana Until 7:02AM Mon | Ganesh: Clear <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | | Yama 12:38PM – 2:25PM | Dhruva Until 2:14AM Mon | Muruga: Clear <i>Sunset:</i> 7:46PM | Moon 11 - Phase 32 |
| | | 795651365 Rahu 5:59PM – 7:46PM | Bava Until 10:30AM | Nataraja: White | 3rd Phase |
| | Creative Work Amrita Yoga | | Panchami Until 10:58PM | Moon – Purple | Devaloka Day |
| | Until 7:02AM Mon | | | Margasira-Karttikai | |
| | Then Creative Work - Siddha Yoga | | | | |

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| 6 | Monday, December 5, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam | | Cape Town, South Africa |
| | Makara Rasi: 22.46 Tithi 6 | | Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthiyam Titau | | Sun 20 Sutra 232 |
| | | Gulika 2:25PM – 4:12PM | Shravana Until 7:02AM | Ganesh: Clear <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | Family Home Evening | Yama 10:51AM – 12:38PM | Vyaghata* Until 1:26AM Tue | Muruga: Clear <i>Sunset:</i> 7:46PM | Moon 11 - Phase 32 |
| | | 795651365 Rahu 7:17AM – 9:04AM | Kaulava Until 11:19AM | Nataraja: White | 3rd Phase |
| | Creative Work Amrita Yoga | | Shashthi* Until 11:30PM | Moon – Purple | Devaloka Day |
| | Until 7:02AM | | | Margasira-Karttikai | |
| | Then Creative Work - Siddha Yoga | | | | |

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| Retreat Star | Tuesday, December 6, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam | | Cape Town, South Africa |
| | Kumbha Rasi: 6 Tithi 7 | | Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau | | Sun 21 Sutra 233 |
| | | Gulika 12:39PM – 2:26PM | Dhanishtha Until 7:57AM | Ganesh: Clear <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | | Yama 9:04AM – 10:51AM | Harshana Until 12:09AM Wed | Muruga: Clear <i>Sunset:</i> 7:47PM | Moon 11 - Phase 32 |
| | | 795651365 Rahu 4:13PM – 6:00PM | Gara Until 11:33AM | Nataraja: White | 3rd Phase |
| | Creative Work Siddha Yoga | | Saptami Until 11:24PM | Moon – Purple | Devaloka Day |
| | Until 7:57AM | | | Margasira-Karttikai | |
| | Then Routine Work - Marana Yoga | | | | |

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| Retreat Star | Wednesday, December 7, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam | | Cape Town, South Africa |
| | Kumbha Rasi: 18.46 Tithi 8 | | Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau | | Sun 22 Sutra 234 |
| | | Gulika 10:52AM – 12:39PM | Shatabhishak Until 8:03AM | Ganesh: Clear <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | | Yama 7:17AM – 9:04AM | Vajra* Until 10:17PM | Muruga: Clear <i>Sunset:</i> 7:48PM | Moon 11 - Phase 32 |
| | | 795651365 Rahu 12:39PM – 2:26PM | Visti Until 11:07AM | Nataraja: White | Ashtami |
| | Creative Work Siddha Yoga | | Ashtami* Until 10:37PM | Moon – Purple | Devaloka Day |
| | Until 8:03AM | | | Margasira-Karttikai | |
| | Then Creative Work - Amrita Yoga | | | | |

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| Retreat Star | Thursday, December 8, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam | | Cape Town, South Africa |
| | Meena Rasi: 2.18 Tithi 9 | | Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau | | Sun 23 Sutra 235 |
| | | Gulika 9:05AM – 10:52AM | Purvaproshtapada* Until 7:47AM | Ganesh: Red <i>Sunrise:</i> 5:30AM | Durmukha 5118 |
| | | Yama 5:30AM – 7:17AM | Siddhi Until 7:53PM | Muruga: Clear <i>Sunset:</i> 7:49PM | Moon 11 - Phase 32 |
| | | 715651365 Rahu 2:27PM – 4:14PM | Balava Until 9:58AM | Nataraja: White | Navami |
| | Creative Work Siddha Yoga | | Navami* Until 9:07PM | Moon – Clear | Devaloka Day |
| | | | | Margasira-Karttikai | |


The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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| 1 | | Friday, December 9, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dashamyam Titau | | Cape Town, South Africa Sun 24 Sutra 236 | |
| Meena Rasi: 16.16 | Tithi 10 | Gulika | 7:18AM – 9:05AM | Uttaraproshtapada Until 6:40AM | Ganesh: Red | <i>Sunrise:</i> 5:30AM | Durmukha 5118 | | |
| | | Yama | 4:15PM – 6:02PM | Vyatipata* Until 4:57PM | Muruga: Clear | <i>Sunset:</i> 7:50PM | Moon 11 - Phase 33 | | |
| | | 715651365 Rahu | 10:52AM – 12:40PM | Taitila Until 8:07AM | Nataraja: White | | 4th Phase | | |
| Creative Work | Siddha Yoga | | | Dashami Until 6:56PM | Moon – Clear | | Devaloka Day | | |
| | | | | | Margasira•Karttikai | | | | |

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| 2 | | Saturday, December 10, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Cape Town, South Africa Sun 25 Sutra 237 | |
| Mesha Rasi: 0.39 | Tithi 11 – 12 | Gulika | 5:30AM – 7:18AM | Ashvini Until 2:39AM Sun | Ganesh: Blue | <i>Sunrise:</i> 5:30AM | Durmukha 5118 | | |
| | | Yama | 2:28PM – 4:15PM | Variyan Until 1:31PM | Muruga: Clear | <i>Sunset:</i> 7:50PM | Moon 11 - Phase 33 | | |
| | | 725651365 Rahu | 9:05AM – 10:53AM | Bava Until 2:38AM Sun | Nataraja: White | | 4th Phase | | |
| Creative Work | Siddha Yoga | | | Bava Until 2:38AM Sun | Moon – White | | Bhuloka Day | | |
| Until 2:39AM Sun | | | | Ekadashi Until 4:11PM | Margasira•Karttikai | | Devaloka Time: 12:PM to 3:PM | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | | |

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| 3 | | Sunday, December 11, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Cape Town, South Africa Sun 26 Sutra 238 | |
| Mesha Rasi: 15.24 | Tithi 12 – 13 | Gulika | 4:16PM – 6:03PM | Bharani Until 11:59PM | Ganesh: Blue | <i>Sunrise:</i> 5:30AM | Durmukha 5118 | | |
| | | Yama | 12:41PM – 2:28PM | Parigha* Until 9:42AM | Muruga: Clear | <i>Sunset:</i> 7:51PM | Moon 11 - Phase 33 | | |
| | | 725651365 Rahu | 6:03PM – 7:51PM | Kaulava Until 11:15PM | Nataraja: White | | 4th Phase | | |
| Routine Work | Prabalarishta Yoga | | | Dvadashi Until 12:58PM | Moon – White | | Bhuloka Day | | |
| Until 11:59PM | | | | <i>Pradosha Vrata</i> | Margasira•Karttikai | | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Monday, December 12, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Cape Town, South Africa Sun 27 Sutra 239 | |
| Vrishabha Rasi: 0.26 | Tithi 13 – 14 | Gulika | 2:29PM – 4:17PM | Krittika Until 8:59PM | Ganesh: Blue | <i>Sunrise:</i> 5:31AM | Durmukha 5118 | | |
| Family Home Evening | | Yama | 10:54AM – 12:41PM | Siddha Until 1:23AM Tue | Muruga: Clear | <i>Sunset:</i> 7:52PM | Moon 11 - Phase 33 | | |
| | | 725651365 Rahu | 7:18AM – 9:06AM | Gara Until 7:38PM | Nataraja: White | | 4th Phase | | |
| Routine Work | Marana Yoga | | | Trayodashi Until 9:27AM | Moon – White | | Bhuloka Day | | |
| Until 8:59PM | | Krittika Deepam | | | Margasira•Karttikai | | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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|  | | Tuesday, December 13, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau | | Cape Town, South Africa Sun 28 Sutra 240 | |
| Vrishabha Rasi: 15.37 | Tithi 15 | Gulika | 12:42PM – 2:29PM | Rohini Until 6:11PM | Ganesh: Red | <i>Sunrise:</i> 5:31AM | Durmukha 5118 | | |
| | | Yama | 9:06AM – 10:54AM | Sadhya Until 9:08PM | Muruga: White | <i>Sunset:</i> 7:52PM | Moon 11 - Phase 33 | | |
| | | 736661365 Rahu | 4:17PM – 6:05PM | Visti Until 3:57PM | Nataraja: White | | Purnima | | |
| Creative Work | Amrita Yoga | | | Purnima* Until 2:08AM Wed | Moon – Yellow | | Bhuloka Day | | |
| Until 6:11PM | | | | | Margasira•Karttikai | | Devaloka Time: 6:AM to 9:AM | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| ○ | | Wednesday, December 14, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau | | Cape Town, South Africa Sun 29 Sutra 241 | |
| Mithuna Rasi: 0.46 | Tithi 16 | Gulika | 10:54AM – 12:42PM | Mrigashira Until 3:24PM | Ganesh: Red | <i>Sunrise:</i> 5:31AM | Durmukha 5118 | | |
| | | Yama | 7:19AM – 9:07AM | Subha Until 5:03PM | Muruga: White | <i>Sunset:</i> 7:53PM | Moon 11 - Phase 33 | | |
| | | 736661365 Rahu | 12:42PM – 2:30PM | Balava Until 12:24PM | Nataraja: White | | Prathama | | |
| Creative Work | Siddha Yoga | | | Prathama* Until 10:42PM | Moon – Yellow | | Bhuloka Day | | |
| | | | | | Margasira•Karttikai | | Devaloka Time: 6:AM to 9:AM | | |
| | | | | Vinayaga Viratam Begins | | | | | |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa

Sutra 242

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 15.44 Tiithi 17

736661365

Gulika 9:07AM – 10:55AM
Yama 5:32AM – 7:19AM
Rahu 2:30PM – 4:18PM

Ardra **Until 12:47PM**
Sukla Until 1:12PM
Taitila Until 9:08AM

Ganesha: Red *Sunrise:* 5:32AM
Muruga: White *Sunset:* 7:54PM

Nataraja: White
Moon – Yellow

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 12:47PM

Then Creative Work - Amrita Yoga

Markali Pillaiyar

Dvitiya **Until 7:39PM**

Margasira•**Markali**

1 Friday, December 16, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Cape Town, South Africa

Sun 1 Sutra 243

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 0.22 Tiithi 18 – 19

846661365

Gulika 7:20AM – 9:08AM
Yama 4:19PM – 6:07PM
Rahu 10:55AM – 12:43PM

Punarvasu **Until 10:57AM**
Brahma Until 9:46AM
Vanija Until 6:20AM

Ganesha: Red *Sunrise:* 5:32AM
Muruga: White *Sunset:* 7:54PM

Nataraja: White
Moon – Blue

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 10:57AM

Then Routine Work - Marana Yoga

Markali Pillaiyar

Tritiya **Until 5:09PM**

Margasira•**Markali**

2 Saturday, December 17, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa

Sun 2 Sutra 244

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 14.32 Tiithi 19 – 20

846661365

Gulika 5:32AM – 7:20AM
Yama 2:31PM – 4:19PM
Rahu 9:08AM – 10:56AM

Pushya **Until 9:39AM**
Indra Until 6:54AM
Kaulava Until 2:48AM Sun

Ganesha: Red *Sunrise:* 5:32AM
Muruga: White *Sunset:* 7:55PM

Nataraja: White
Moon – Blue

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 9:39AM

Then Routine Work - Marana Yoga

Markali Pillaiyar

Chaturthi* **Until 3:22PM**

Margasira•**Markali**

3 Sunday, December 18, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa

Sun 3 Sutra 245

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 28.14 Tiithi 20 – 21

846661365

Gulika 4:20PM – 6:08PM
Yama 12:44PM – 2:32PM
Rahu 6:08PM – 7:56PM

Ashlesha* **Until 8:59AM**
Vishkambha* Until 3:04AM Mon
Gara Until 2:18AM Mon

Ganesha: Red *Sunrise:* 5:33AM
Muruga: White *Sunset:* 7:56PM

Nataraja: White
Moon – Blue

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 8:59AM

Then Routine Work - Marana Yoga

Markali Pillaiyar

Panchami **Until 2:25PM**

Margasira•**Markali**

4 Monday, December 19, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa

Sun 4 Sutra 246

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Simha Rasi: 11.26 Tiithi 21 – 22

856661365

Gulika 2:32PM – 4:20PM
Yama 10:57AM – 12:45PM
Rahu 7:21AM – 9:09AM

Magha* **Until 9:29AM**
Priti Until 2:12AM Tue
Visti Until 2:43AM Tue

Ganesha: Green *Sunrise:* 5:33AM
Muruga: White *Sunset:* 7:56PM

Nataraja: White
Moon – Red

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Family Home Evening
Routine Work Marana Yoga
Until 9:29AM

Then Creative Work - Siddha Yoga

Markali Pillaiyar

Shashthi* **Until 2:23PM**

Margasira•**Markali**

5 Tuesday, December 20, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa

Sun 5 Sutra 247

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Simha Rasi: 24.12 Tiithi 22 – 23

856661365

Gulika 12:45PM – 2:33PM
Yama 9:09AM – 10:57AM
Rahu 4:21PM – 6:09PM

Purvaphalguni **Until 10:42AM**
Ayushman Until 1:57AM Wed
Balava Until 3:57AM Wed

Ganesha: Green *Sunrise:* 5:34AM
Muruga: White *Sunset:* 7:57PM

Nataraja: White
Moon – Red

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 10:42AM

Then Creative Work - Amrita Yoga

Markali Pillaiyar

Saptami **Until 3:13PM**

Margasira•**Markali**

Retreat Star Wednesday, December 21, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa

Sun 6 Sutra 248

Durmukha 5118

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 7 Tiithi 23 – 24

857661365

Gulika 10:58AM – 12:46PM
Yama 7:22AM – 9:10AM
Rahu 12:46PM – 2:33PM

Uttaraphalguni **Until 12:30PM**
Saubhagya Until 2:14AM Thu
Taitila Until 5:51AM Thu

Ganesha: White *Sunrise:* 5:34AM
Muruga: White *Sunset:* 7:57PM

Nataraja: White
Moon – Red

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 12:30PM

Then Routine Work - Marana Yoga

Day 1 of Pancha Ganapati

Ashtami* **Until 4:48PM**

Margasira•**Markali**

Retreat Star Thursday, December 22, 2016

Durmukha Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana Yoga Gara Karana Navamyam Titau

Cape Town, South Africa

Sun 7 Sutra 249

Durmukha 5118

Moon 12 - Phase 34

Navami

Kanya Rasi: 18.43 Tiithi 24

867661365

Gulika 9:10AM – 10:58AM
Yama 5:35AM – 7:22AM
Rahu 2:34PM – 4:22PM

Hasta **Until 3:12PM**
Sobhana Until 2:53AM Fri
Gara Until 6:58PM

Ganesha: Clear *Sunrise:* 5:35AM
Muruga: White *Sunset:* 7:58PM

Nataraja: White
Moon – Green

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 3:12PM

Then Creative Work - Siddha Yoga

Day 2 of Pancha Ganapati

Navami* **Until 6:58PM**

Margasira•**Markali**

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang


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| 1 | Friday, December 23, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | | Chitra Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Sun 8 Sutra 250 | |
| | Tula Rasi: 0.4 | Tithi 25 | Gulika 7:23AM – 9:11AM | Chitra Until 6:06PM | Ganesh: Clear | <i>Sunrise:</i> 5:35AM | Durmukha 5118 | |
| | | | Yama 4:22PM – 6:10PM | Athiganda* Until 3:42AM Sat | Muruga: White | <i>Sunset:</i> 7:58PM | Moon 12 - Phase 35 | |
| Creative Work | Siddha Yoga | 867661365 Rahu 10:59AM – 12:47PM | Vanija Until 8:12AM | Nataraja: White | | 2nd Phase | | |
| | | | Day 3 of Pancha Ganapati | Dashami Until 9:28PM | Moon – Green | Bhuloka Day | | |
| | | | | | Margasira-Markali | Devaloka Time: 6:AM to 9:AM | | |


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| 2 | Saturday, December 24, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | | Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 9 Sutra 251 | |
| | Tula Rasi: 12.32 | Tithi 26 | Gulika 5:36AM – 7:24AM | Svati Until 8:57PM | Ganesh: Clear | <i>Sunrise:</i> 5:36AM | Durmukha 5118 | |
| | | | Yama 2:35PM – 4:23PM | Sukarma Until 4:35AM Sun | Muruga: White | <i>Sunset:</i> 7:58PM | Moon 12 - Phase 35 | |
| Creative Work | Siddha Yoga | 867661365 Rahu 9:11AM – 10:59AM | Bava Until 10:47AM | Nataraja: White | | 2nd Phase | | |
| | | | Day 4 of Pancha Ganapati | Ekadashi* Until 12:04AM Sun | Moon – Green | Bhuloka Day | | |
| | | | | | Margasira-Markali | Devaloka Time: 6:AM to 9:AM | | |

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| 3 | Sunday, December 25, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | | Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Sun 10 Sutra 252 | |
| | Tula Rasi: 24.22 | Tithi 27 | Gulika 4:23PM – 6:11PM | Vishakha Until 12:06AM Mon | Ganesh: Purple | <i>Sunrise:</i> 5:36AM | Durmukha 5118 | |
| | | | Yama 12:48PM – 2:35PM | Dhriti Until 5:25AM Mon | Muruga: White | <i>Sunset:</i> 7:59PM | Moon 12 - Phase 35 | |
| Routine Work | Marana Yoga | 877661365 Rahu 6:11PM – 7:59PM | Kaulava Until 1:23PM | Nataraja: White | | 2nd Phase | | |
| Until 12:06AM Mon | | | | Moon – Orange | | Bhuloka Day | | |
| Then Creative Work | Siddha Yoga | | Dvadashi* Until 2:37AM Mon | Margasira-Markali | | | | |

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| 4 | Monday, December 26, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | | Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 11 Sutra 253 | |
| | Vrischika Rasi: 6.15 | Tithi 28 | Gulika 2:36PM – 4:24PM | Anuradha Until 2:54AM Tue | Ganesh: Purple | <i>Sunrise:</i> 5:37AM | Durmukha 5118 | |
| | Family Home Evening | | Yama 11:00AM – 12:48PM | Shula* Until 6:04AM Tue | Muruga: White | <i>Sunset:</i> 7:59PM | Moon 12 - Phase 35 | |
| Creative Work | Siddha Yoga | 877661366 Rahu 7:25AM – 9:12AM | Gara Until 3:51PM | Nataraja: Green | | 2nd Phase | | |
| Until 2:54AM Tue | | | Trayodashi* Until 4:59AM Tue | Moon – Orange | | Bhuloka Day | | |
| Then Routine Work | Marana Yoga | | <i>Pradosha Vrata (Fasting)</i> | Margasira-Markali | | | | |

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| 5 | Tuesday, December 27, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | | Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti* Karana Chaturdashyam Titau | | | | Sun 12 Sutra 254 | |
| | Vrischika Rasi: 18.12 | Tithi 29 | Gulika 12:49PM – 2:36PM | Jyeshtha* Until 5:17AM Wed | Ganesh: Clear | <i>Sunrise:</i> 5:37AM | Durmukha 5118 | |
| | | | Yama 9:13AM – 11:01AM | Shula* Until 6:04AM | Muruga: White | <i>Sunset:</i> 8:00PM | Moon 12 - Phase 35 | |
| Routine Work | Marana Yoga | 878661366 Rahu 4:24PM – 6:12PM | Visti Until 6:05PM | Nataraja: Green | | 2nd Phase | | |
| | | | Chaturdashi* Until 7:04AM Wed | Moon – Orange | | Bhuloka Day | | |
| | | | | Margasira-Markali | | Devaloka Time: 9:AM to 12:PM | | |

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|  | Wednesday, December 28, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Retreat Star | | Mula* Nakshatra Ganda*/Vridhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Sun 13 Sutra 255 | |
| | Dhanus Rasi: 0.16 | Tithi 29 – 30 | Gulika 11:01AM – 12:49PM | Mula* Until 7:43AM Thu | Ganesh: Orange | <i>Sunrise:</i> 5:38AM | Durmukha 5118 | |
| | | | Yama 7:26AM – 9:14AM | Ganda* Until 6:32AM | Muruga: White | <i>Sunset:</i> 8:00PM | Moon 12 - Phase 35 | |
| Routine Work | Marana Yoga | 888661366 Rahu 12:49PM – 2:37PM | Catuspada Until 8:01PM | Nataraja: Green | | Amavasya | | |
| Until 7:43AM Thu | | | | Moon – Light Blue | | Bhuloka Day | | |
| Then Creative Work | Siddha Yoga | | Chaturdashi* Until 7:04AM | Margasira-Markali | | Devaloka Time: 9:AM to 12:PM | | |

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|  | Thursday, December 29, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Retreat Star | | Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Sun 14 Sutra 256 | |
| | Dhanus Rasi: 12.27 | Tithi 30 – 1 | Gulika 9:14AM – 11:02AM | Mula* Until 7:43AM | Ganesh: Light Blue | <i>Sunrise:</i> 5:39AM | Durmukha 5118 | |
| | | | Yama 5:39AM – 7:26AM | Vridhi Until 6:47AM | Muruga: White | <i>Sunset:</i> 8:00PM | Moon 12 - Phase 35 | |
| Creative Work | Siddha Yoga | 888761366 Rahu 2:37PM – 4:25PM | Kintughna Until 9:37PM | Nataraja: Green | | Prathama | | |
| | | | Amavasya* Until 8:50AM | Moon – Light Blue | | Bhuloka Day | | |
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| 1 Friday, December 30, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | Cape Town, South Africa Sun 15 Sutra 257 Durmukha 5118 |
| Dhanus Rasi: 24.46 | Tithi 1 – 2 | Gulika 7:27AM – 9:15AM Yama 4:25PM – 6:13PM 888761366 Rahu 11:02AM – 12:50PM | Purvashadha* Until 9:39AM Dhruva Until 6:45AM Balava Until 10:52PM Prathama* Until 10:16AM | Ganesha: Light Blue <i>Sunrise:</i> 5:40AM Muruga: White <i>Sunset:</i> 8:00PM Nataraja: Green Moon – Light Blue Pausha-Markali | Moon 12 - Phase 36 3rd Phase Bhuloka Day |
| Routine Work Prabalarishta Yoga Until 9:39AM Then Routine Work - Marana Yoga | | | | | |

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| 2 Saturday, December 31, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau | | | Cape Town, South Africa Sun 16 Sutra 258 Durmukha 5118 |
| Makara Rasi: 7.14 | Tithi 2 – 3 | Gulika 5:40AM – 7:28AM Yama 2:38PM – 4:25PM 888761366 Rahu 9:15AM – 11:03AM | Uttarashadha Until 11:05AM Vyaghata* Until 6:27AM Tailila Until 11:45PM Dvitiya Until 11:20AM | Ganesha: Light Blue <i>Sunrise:</i> 5:40AM Muruga: White <i>Sunset:</i> 8:01PM Nataraja: Green Moon – Light Blue Pausha-Markali | Moon 12 - Phase 36 3rd Phase Bhuloka Day |
| Routine Work Marana Yoga Until 11:05AM Then Creative Work - Siddha Yoga | | | | | |

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|---|-------------|--|--|---|--|
| 3 Sunday, January 1, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | | Cape Town, South Africa Sun 17 Sutra 259 Durmukha 5118 |
| Makara Rasi: 19.53 | Tithi 3 – 4 | Gulika 4:25PM – 6:13PM Yama 12:50PM – 2:38PM 898761366 Rahu 6:13PM – 8:01PM | Shravana Until 12:28PM Vajra* Until 5:01AM Mon Vanija Until 12:15AM Mon Tritiya Until 12:02PM | Ganesha: Purple <i>Sunrise:</i> 5:40AM Muruga: White <i>Sunset:</i> 8:01PM Nataraja: Green Moon – Purple Pausha-Markali | Moon 12 - Phase 36 3rd Phase Bhuloka Day |
| Creative Work Amrita Yoga Until 12:28PM Then Routine Work - Marana Yoga | | | | | |

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| 4 Monday, January 2, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | Cape Town, South Africa Sun 18 Sutra 260 Durmukha 5118 |
| Kumbha Rasi: 2.42 | Tithi 4 – 5 | Gulika 2:38PM – 4:26PM Yama 11:03AM – 12:51PM 898761366 Rahu 7:28AM – 9:16AM | Dhanishtha Until 1:19PM Siddhi Until 3:49AM Tue Bava Until 12:21AM Tue Chaturthi* Until 12:20PM | Ganesha: Purple <i>Sunrise:</i> 5:41AM Muruga: White <i>Sunset:</i> 8:01PM Nataraja: Green Moon – Purple Pausha-Markali | Moon 12 - Phase 36 3rd Phase Bhuloka Day |
| Family Home Evening Creative Work Siddha Yoga | | | | | |

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|---|-------------|---|---|--|--|
| 5 Tuesday, January 3, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | Cape Town, South Africa Sun 19 Sutra 261 Durmukha 5118 |
| Kumbha Rasi: 15.44 | Tithi 5 – 6 | Gulika 12:51PM – 2:39PM Yama 9:17AM – 11:04AM 899761366 Rahu 4:26PM – 6:14PM | Shatabhishak Until 1:36PM Vyatipata* Until 2:17AM Wed Kaulava Until 11:59PM Panchami Until 12:12PM | Ganesha: Clear <i>Sunrise:</i> 5:42AM Muruga: White <i>Sunset:</i> 8:01PM Nataraja: Green Moon – Purple Pausha-Markali | Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Routine Work Marana Yoga Vinayaga Viratam Ends | | | | | |

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|---|-------------|--|--|---|--|
| 6 Wednesday, January 4, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | | Cape Town, South Africa Sun 20 Sutra 262 Durmukha 5118 |
| Kumbha Rasi: 28.59 | Tithi 6 – 7 | Gulika 11:04AM – 12:52PM Yama 7:30AM – 9:17AM 819761366 Rahu 12:52PM – 2:39PM | Purvaproshtapada* Until 1:44PM Variyan Until 12:21AM Thu Gara Until 11:09PM Shashthi* Until 11:36AM | Ganesha: Red <i>Sunrise:</i> 5:43AM Muruga: White <i>Sunset:</i> 8:01PM Nataraja: Green Moon – Clear Pausha-Markali | Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Creative Work Amrita Yoga Until 1:44PM Then Creative Work - Siddha Yoga | | | | | |

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|---|-------------|--|---|---|--|
| Retreat Star Thursday, January 5, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | Cape Town, South Africa Sun 21 Sutra 263 Durmukha 5118 |
| Meena Rasi: 12.31 | Tithi 7 – 8 | Gulika 9:18AM – 11:05AM Yama 5:43AM – 7:31AM 819761366 Rahu 2:39PM – 4:27PM | Uttaraproshtapada Until 1:14PM Parigha* Until 10:02PM Visti Until 9:48PM Saptami Until 10:31AM | Ganesha: Red <i>Sunrise:</i> 5:43AM Muruga: White <i>Sunset:</i> 8:01PM Nataraja: Green Moon – Clear Pausha-Markali | Moon 12 - Phase 36 Ashtami Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Creative Work Siddha Yoga Subramuniyaswami Jayanti | | | | | |

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|--|-------------|--|--|---|---|
| Retreat Star Friday, January 6, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | Cape Town, South Africa Sun 22 Sutra 264 Durmukha 5118 |
| Meena Rasi: 26.21 | Tithi 8 – 9 | Gulika 7:31AM – 9:18AM Yama 4:27PM – 6:14PM 819761366 Rahu 11:06AM – 12:53PM | Revati Until 12:05PM Shiva Until 7:20PM Balava Until 7:58PM Ashtami* Until 8:55AM | Ganesha: Red <i>Sunrise:</i> 5:44AM Muruga: White <i>Sunset:</i> 8:01PM Nataraja: Green Moon – Clear Pausha-Markali | Moon 12 - Phase 36 Navami Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Creative Work Siddha Yoga Until 12:05PM Then Creative Work - Amrita Yoga | | | | | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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|------------------------------------|--------------|--|------------------------------|---|---|
| 1 Saturday, January 7, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Gara Karana Navami/Dashmyam Titau | | | Cape Town, South Africa Sun 23 Sutra 265 |
| Mesha Rasi: 10.28 | Tithi 9 – 10 | Gulika 5:45AM – 7:32AM | Ashvini Until 10:47AM | Ganesha: Blue <i>Sunrise:</i> 5:45AM | Durmukha 5118 |
| | | Yama 2:40PM – 4:27PM | Siddha Until 4:15PM | Muruga: White <i>Sunset:</i> 8:01PM | Moon 12 - Phase 37 |
| | | 829761366 Rahu 9:19AM – 11:06AM | Gara Until 4:22AM Sun | Nataraja: Green | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 6:51AM | Moon – White | Devaloka Day |
| | | | | Pausha-Markali | |

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|----------------------------------|--------------------|--|----------------------------------|---|---|
| 2 Sunday, January 8, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau | | | Cape Town, South Africa Sun 24 Sutra 266 |
| Mesha Rasi: 24.53 | Tithi 11 | Gulika 4:27PM – 6:14PM | Bharani Until 8:55AM | Ganesha: Blue <i>Sunrise:</i> 5:46AM | Durmukha 5118 |
| | | Yama 12:54PM – 2:40PM | Sadhya Until 12:52PM | Muruga: White <i>Sunset:</i> 8:01PM | Moon 12 - Phase 37 |
| | | 829761366 Rahu 6:14PM – 8:01PM | Vanija Until 3:01PM | Nataraja: Green | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Ekadashi Until 1:33AM Mon | Moon – White | Devaloka Day |
| Until 8:55AM | | Vaikuntha Ekadasi | | Pausha-Markali | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 3 Monday, January 9, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau | | | Cape Town, South Africa Sun 25 Sutra 267 |
| Vrishabha Rasi: 9.31 | Tithi 12 | Gulika 2:41PM – 4:28PM | Krittika Until 6:37AM | Ganesha: Blue <i>Sunrise:</i> 5:47AM | Durmukha 5118 |
| Family Home Evening | | Yama 11:07AM – 12:54PM | Subha Until 9:16AM | Muruga: White <i>Sunset:</i> 8:01PM | Moon 12 - Phase 37 |
| | | 829761366 Rahu 7:34AM – 9:20AM | Bava Until 12:04PM | Nataraja: Green | 4th Phase |
| Routine Work | Marana Yoga | | Dvadashi Until 10:31PM | Moon – White | Devaloka Day |
| Until 6:37AM | | | | Pausha-Markali | |
| Then Creative Work - Amrita Yoga | | | | | |

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| 4 Tuesday, January 10, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | Cape Town, South Africa Sun 26 Sutra 268 |
| Vrishabha Rasi: 24.18 | Tithi 13 | Gulika 12:54PM – 2:41PM | Mrigashira Until 2:02AM Wed | Ganesha: Clear <i>Sunrise:</i> 5:48AM | Durmukha 5118 |
| | | Yama 9:21AM – 11:08AM | Brahma Until 1:44AM Wed | Muruga: White <i>Sunset:</i> 8:01PM | Moon 12 - Phase 37 |
| | | 831761366 Rahu 4:28PM – 6:14PM | Kaulava Until 8:59AM | Nataraja: Green | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 7:25PM | Moon – Yellow | Bhuloka Day |
| | | | | Pausha-Markali | Devaloka Time: 9:AM to 12:PM |
| | | | <i>Pradosha Vrata</i> | | |

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| 5 Wednesday, January 11, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | Cape Town, South Africa Sun 27 Sutra 269 |
| Mithuna Rasi: 9.05 | Tithi 14 – 15 | Gulika 11:08AM – 12:55PM | Ardra Until 11:39PM | Ganesha: Clear <i>Sunrise:</i> 5:48AM | Durmukha 5118 |
| | | Yama 7:35AM – 9:22AM | Indra Until 10:05PM | Muruga: White <i>Sunset:</i> 8:01PM | Moon 12 - Phase 37 |
| | | 831761366 Rahu 12:55PM – 2:41PM | Visti Until 2:58AM Thu | Nataraja: Green | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 4:23PM | Moon – Yellow | Bhuloka Day |
| | | | | Pausha-Markali | Devaloka Time: 9:AM to 12:PM |
| | | Ardra Darshanam | | | |

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|-----------------------------------|---------------|---|-------------------------------|--|--------------------------------------|
| Thursday, January 12, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | Cape Town, South Africa Sutra 270 |
| Mithuna Rasi: 23.46 | Tithi 15 – 16 | Gulika 9:22AM – 11:09AM | Punarvasu Until 9:49PM | Ganesha: White <i>Sunrise:</i> 5:49AM | Durmukha 5118 |
| | | Yama 5:49AM – 7:36AM | Vaidhriti* Until 6:37PM | Muruga: White <i>Sunset:</i> 8:01PM | Moon 12 - Phase 37 |
| | | 841761366 Rahu 2:42PM – 4:28PM | Balava Until 12:20AM Fri | Nataraja: Green | Purnima |
| Creative Work | Amrita Yoga | | Purnima* Until 1:35PM | Moon – Blue | Devaloka Day |
| | | | | Pausha-Markali | |

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|---------------------------------|---------------|--|--------------------------------|--|--------------------------------------|
| Friday, January 13, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | | Cape Town, South Africa Sutra 271 |
| Kataka Rasi: 8.13 | Tithi 16 – 17 | Gulika 7:37AM – 9:23AM | Pushya Until 8:18PM | Ganesha: White <i>Sunrise:</i> 5:50AM | Durmukha 5118 |
| | | Yama 4:28PM – 6:14PM | Vishkambha* Until 3:31PM | Muruga: White <i>Sunset:</i> 8:01PM | Moon 12 - Phase 37 |
| | | 841761366 Rahu 11:09AM – 12:56PM | Taitila Until 10:11PM | Nataraja: Green | Prathama |
| Routine Work | Marana Yoga | | Prathama* Until 11:10AM | Moon – Blue | Devaloka Day |
| | | | | Pausha-Markali | |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada



Saturday, January 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Cape Town, South Africa
Sun 1 Sutra 272

Kataka Rasi: 22.19 Tihi 17 - 18

Gulika 5:51AM - 7:37AM
Yama 2:42PM - 4:28PM
841761366 Rahu 9:24AM - 11:10AM

Ashlesha* Until 7:14PM
Priti Until 12:53PM
Vanija Until 8:39PM
Dvitiya Until 9:18AM

Ganesha: White Sunrise: 5:51AM
Muruga: White Sunset: 8:01PM
Nataraja: Green
Moon - Blue
Pausha*Thai

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga
Until 7:14PM
Then Creative Work - Amrita Yoga

Thai Pongal

Devaloka Day

1

Sunday, January 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Cape Town, South Africa
Sun 2 Sutra 273

Simha Rasi: 5.59 Tihi 18 - 19

Gulika 4:28PM - 6:14PM
Yama 12:56PM - 2:42PM
851761366 Rahu 6:14PM - 8:00PM

Magha* Until 7:10PM
Ayushman Until 10:48AM
Bava Until 7:51PM
Tritiya Until 8:08AM

Ganesha: Yellow Sunrise: 5:52AM
Muruga: White Sunset: 8:00PM
Nataraja: Green
Moon - Red
Pausha*Thai

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga
Until 7:10PM
Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2

Monday, January 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa
Sun 3 Sutra 274

Simha Rasi: 19.15 Tihi 19 - 20

Family Home Evening

Gulika 2:42PM - 4:28PM
Yama 11:11AM - 12:57PM
851761366 Rahu 7:39AM - 9:25AM

Purvaphalguni Until 7:45PM
Saubhagya Until 9:20AM
Kaulava Until 7:52PM
Chaturthi* Until 7:44AM

Ganesha: Yellow Sunrise: 5:53AM
Muruga: White Sunset: 8:00PM
Nataraja: Green
Moon - Red
Pausha*Thai

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Tuesday, January 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa
Sun 4 Sutra 275

Kanya Rasi: 2.05 Tihi 20 - 21

Gulika 12:57PM - 2:43PM
Yama 9:25AM - 11:11AM
851761366 Rahu 4:28PM - 6:14PM

Uttaraphalguni Until 8:57PM
Sobhana Until 8:30AM
Gara Until 8:41PM
Panchami Until 8:09AM

Ganesha: Yellow Sunrise: 5:54AM
Muruga: White Sunset: 8:00PM
Nataraja: Green
Moon - Red
Pausha*Thai

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Creative Work Amrita Yoga
Until 8:57PM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

4

Wednesday, January 18, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa
Sun 5 Sutra 276

Kanya Rasi: 14.35 Tihi 21 - 22

Gulika 11:12AM - 12:57PM
Yama 7:41AM - 9:26AM
861761366 Rahu 12:57PM - 2:43PM

Hasta Until 11:08PM
Athiganda* Until 8:15AM
Visti Until 10:13PM
Shashthi* Until 9:21AM

Ganesha: Blue Sunrise: 5:55AM
Muruga: White Sunset: 8:00PM
Nataraja: Green
Moon - Green
Pausha*Thai

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga
Until 11:08PM

Then Creative Work - Siddha Yoga

Devaloka Day

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Thursday, January 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa
Sun 6 Sutra 277

Kanya Rasi: 26.47 Tihi 22 - 23

Gulika 9:27AM - 11:12AM
Yama 5:56AM - 7:41AM
861761366 Rahu 2:43PM - 4:28PM

Chitra Until 1:42AM Fri
Sukarma Until 8:29AM
Balava Until 12:18AM Fri
Saptami Until 11:11AM

Ganesha: Blue Sunrise: 5:56AM
Muruga: White Sunset: 7:59PM
Nataraja: Green
Moon - Green
Pausha*Thai

Durmukha 5118
Moon 1 - Phase 38
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Friday, January 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa
Sun 7 Sutra 278

Tula Rasi: 8.48 Tihi 23 - 24

Gulika 7:42AM - 9:27AM
Yama 4:28PM - 6:14PM
861761366 Rahu 11:13AM - 12:58PM

Svati Until 4:24AM Sat
Dhriti Until 9:05AM
Taitila Until 2:43AM Sat
Ashtami* Until 1:28PM

Ganesha: Blue Sunrise: 5:57AM
Muruga: White Sunset: 7:59PM
Nataraja: Green
Moon - Green
Pausha*Thai

Durmukha 5118
Moon 1 - Phase 38
Navami

Creative Work Siddha Yoga

Devaloka Day

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|---------------------------------|------------------------------------|------------------------------|---|--|---|---------------|-------------------------|--|
| 1 | Saturday, January 21, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Tula Rasi: 20.42 Tihi 24 – 25 | | Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Sun 8 Sutra 279 | |
| | 872761366 | | Gulika 5:58AM – 7:43AM | Vishakha Until 7:31AM Sun | Ganesha: Blue <i>Sunrise:</i> 5:58AM | Durmukha 5118 | | |
| Creative Work Siddha Yoga | | Yama 2:43PM – 4:28PM | Shula* Until 9:52AM | Muruga: White <i>Sunset:</i> 7:58PM | Moon 1 - Phase 39 | | | |
| Until 7:31AM Sun | | Rahu 9:28AM – 11:13AM | Vanija Until 5:16AM Sun | Nataraja: Green | 2nd Phase | | | |
| Then Routine Work - Marana Yoga | | | Navami* Until 3:58PM | Moon – Orange | Bhuloka Day | | | |
| | | | | Pausha*Thai | | | | |


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| 2 | Sunday, January 22, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Vrischika Rasi: 2.34 Tihi 25 | | Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Visti* Karana Dashamyam Titau | | | | Sun 9 Sutra 280 | |
| | 872761366 | | Gulika 4:28PM – 6:13PM | Vishakha Until 7:31AM | Ganesha: Blue <i>Sunrise:</i> 5:59AM | Durmukha 5118 | | |
| Routine Work Marana Yoga | | Yama 12:58PM – 2:43PM | Ganda* Until 10:41AM | Muruga: White <i>Sunset:</i> 7:58PM | Moon 1 - Phase 39 | | | |
| | | Rahu 6:13PM – 7:58PM | Visti Until 6:29PM | Nataraja: Green | 2nd Phase | | | |
| | | | Dashami Until 6:29PM | Moon – Orange | Bhuloka Day | | | |
| | | | | Pausha*Thai | | | | |


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|------------------------------|------------------------------------|-------------------------------|--|--|--|---------------|-------------------------|--|
| 3 | Monday, January 23, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Vrischika Rasi: 14.28 Tihi 26 | | Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 10 Sutra 281 | |
| | 872861366 | | Gulika 2:43PM – 4:28PM | Anuradha Until 10:23AM | Ganesha: Red <i>Sunrise:</i> 6:00AM | Durmukha 5118 | | |
| Family Home Evening | | Yama 11:14AM – 12:59PM | Vriddhi Until 11:26AM | Muruga: White <i>Sunset:</i> 7:58PM | Moon 1 - Phase 39 | | | |
| Creative Work Siddha Yoga | | Rahu 7:45AM – 9:29AM | Bava Until 7:42AM | Nataraja: Green | 2nd Phase | | | |
| | | | Ekadashi* Until 8:49PM | Moon – Orange | Bhuloka Day | | | |
| | | | | Pausha*Thai | Devaloka Time: 9:AM to 12:PM | | | |

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| 4 | Tuesday, January 24, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Vrischika Rasi: 26.28 Tihi 27 | | Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Sun 11 Sutra 282 | |
| | 972861366 | | Gulika 12:59PM – 2:43PM | Jyeshtha* Until 12:49PM | Ganesha: Blue <i>Sunrise:</i> 6:01AM | Durmukha 5118 | | |
| Routine Work Marana Yoga | | Yama 9:30AM – 11:14AM | Dhruva Until 11:57AM | Muruga: White <i>Sunset:</i> 7:57PM | Moon 1 - Phase 39 | | | |
| Until 12:49PM | | Rahu 4:28PM – 6:13PM | Kaulava Until 9:54AM | Nataraja: Green | 2nd Phase | | | |
| Then Creative Work - Amrita Yoga | | | Dvadashi* Until 10:50PM | Moon – Orange | Devaloka Day | | | |
| | | | | Pausha*Thai | | | | |

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| 5 | Wednesday, January 25, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Dhanus Rasi: 8.37 Tihi 28 | | Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 12 Sutra 283 | |
| | 982861366 | | Gulika 11:15AM – 12:59PM | Mula* Until 3:12PM | Ganesha: Red <i>Sunrise:</i> 6:02AM | Durmukha 5118 | | |
| Routine Work Marana Yoga | | Yama 7:46AM – 9:30AM | Vyaghata* Until 12:11PM | Muruga: White <i>Sunset:</i> 7:57PM | Moon 1 - Phase 39 | | | |
| Until 3:12PM | | Rahu 12:59PM – 2:44PM | Gara Until 11:42AM | Nataraja: Green | 2nd Phase | | | |
| Then Creative Work - Amrita Yoga | | | Trayodashi* Until 12:25AM Thu | Moon – Light Blue | Bhuloka Day | | | |
| | | | <i>Pradosha Vrata (Fasting)</i> | Pausha*Thai | Devaloka Time: 9:AM to 12:PM | | | |

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| 6 | Thursday, January 26, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Dhanus Rasi: 20.56 Tihi 29 | | Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Sun 13 Sutra 284 | |
| | 982861366 | | Gulika 9:31AM – 11:15AM | Purvashadha* Until 4:59PM | Ganesha: Red <i>Sunrise:</i> 6:03AM | Durmukha 5118 | | |
| Creative Work Siddha Yoga | | Yama 6:03AM – 7:47AM | Harshana Until 12:06PM | Muruga: White <i>Sunset:</i> 7:56PM | Moon 1 - Phase 39 | | | |
| Until 4:59PM | | Rahu 2:44PM – 4:28PM | Visti Until 1:03PM | Nataraja: Green | 2nd Phase | | | |
| Then Routine Work - Marana Yoga | | | Chaturdashi* Until 1:31AM Fri | Moon – Light Blue | Bhuloka Day | | | |
| | | | | Pausha*Thai | Devaloka Time: 9:AM to 12:PM | | | |

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|---|---------------------------------|-------------------------------|---|--|------------------------------|--|-------------------------|--|
|  | Friday, January 27, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Retreat Star | | Uttarashadha Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Sun 14 Sutra 285 | |
| | Makara Rasi: 3.29 Tihi 30 | | Uttarashadha Until 6:08PM | | | | Durmukha 5118 | |
| Routine Work Marana Yoga | | Gulika 7:48AM – 9:32AM | Vajra* Until 11:36AM | Ganesha: Red <i>Sunrise:</i> 6:04AM | Moon 1 - Phase 39 | | | |
| | | Yama 4:28PM – 6:11PM | Catuspada Until 1:54PM | Muruga: White <i>Sunset:</i> 7:55PM | Amavasya | | | |
| | | Rahu 11:16AM – 1:00PM | Amavasya* Until 2:07AM Sat | Nataraja: Green | Bhuloka Day | | | |
| | | | | Moon – Light Blue | Devaloka Time: 9:AM to 12:PM | | | |
| | | | | Pausha*Thai | | | | |

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|---|-----------------------------------|-------------------------------|---|---|------------------------------|--|-------------------------|--|
|  | Saturday, January 28, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Cape Town, South Africa | |
| | Retreat Star | | Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Sun 15 Sutra 286 | |
| | Makara Rasi: 16.14 Tihi 1 | | Shravana Until 7:07PM | | | | Durmukha 5118 | |
| Routine Work Siddha Yoga | | Gulika 6:05AM – 7:49AM | Siddhi Until 10:44AM | Ganesha: Yellow <i>Sunrise:</i> 6:05AM | Moon 1 - Phase 39 | | | |
| | | Yama 2:44PM – 4:27PM | Kintughna Until 2:15PM | Muruga: White <i>Sunset:</i> 7:55PM | Prathama | | | |
| | | Rahu 9:32AM – 11:16AM | Prathama* Until 2:14AM Sun | Nataraja: Green | Bhuloka Day | | | |
| | | | | Moon – Purple | Devaloka Time: 9:AM to 12:PM | | | |
| | | | | Magha*Thai | | | | |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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|-----------------------------------|-------------|--|---------------------------------|--|---|
| 1 Sunday, January 29, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* /Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | Cape Town, South Africa Sun 16 Sutra 287 |
| Makara Rasi: 29.14 | Tithi 2 | Gulika 4:27PM – 6:11PM | Dhanishtha Until 7:31PM | Ganesh: Yellow <i>Sunrise:</i> 6:06AM | Durmukha 5118 |
| | | Yama 1:00PM – 2:44PM | Vyatipata* Until 9:31AM | Muruga: White <i>Sunset:</i> 7:54PM | Moon 1 - Phase 40 |
| | | 992861366 Rahu 6:11PM – 7:54PM | Balava Until 2:08PM | Nataraja: Green | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 1:54AM Mon | Moon – Purple | Bhuloka Day |
| Until 7:31PM | | | | Magha-Thai | Devaloka Time: 9:AM to 12:PM |
| Then Creative Work - Siddha Yoga | | | | | |

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|-----------------------------------|-------------|--|----------------------------------|--|---|
| 2 Monday, January 30, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau | | | Cape Town, South Africa Sun 17 Sutra 288 |
| Kumbha Rasi: 12.27 | Tithi 3 | Gulika 2:43PM – 4:27PM | Shatabhishak Until 7:22PM | Ganesh: Yellow <i>Sunrise:</i> 6:07AM | Durmukha 5118 |
| Family Home Evening | | Yama 11:17AM – 1:00PM | Variyan Until 7:57AM | Muruga: White <i>Sunset:</i> 7:54PM | Moon 1 - Phase 40 |
| Creative Work | Siddha Yoga | 992861366 Rahu 7:50AM – 9:33AM | Tailila Until 1:36PM | Nataraja: Green | 3rd Phase |
| Until 7:22PM | | | Tritiya Until 1:11AM Tue | Moon – Purple | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | Magha-Thai | Devaloka Time: 9:AM to 12:PM |

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|------------------------------------|-------------|--|---------------------------------------|---|---|
| 3 Tuesday, January 31, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau | | | Cape Town, South Africa Sun 18 Sutra 289 |
| Kumbha Rasi: 25.53 | Tithi 4 | Gulika 1:00PM – 2:43PM | Purvaproshtapada* Until 7:10PM | Ganesh: White <i>Sunrise:</i> 6:08AM | Durmukha 5118 |
| | | Yama 9:34AM – 11:17AM | Parigha* Until 6:06AM | Muruga: White <i>Sunset:</i> 7:53PM | Moon 1 - Phase 40 |
| | | 912861366 Rahu 4:27PM – 6:10PM | Vanija Until 12:43PM | Nataraja: Green | 3rd Phase |
| Routine Work | Marana Yoga | | Chaturthi* Until 12:08AM Wed | Moon – Clear | Devaloka Day |
| Until 7:10PM | | | | Magha-Thai | |
| Then Creative Work - Amrita Yoga | | | | | |

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| 4 Wednesday, February 1, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau | | | Cape Town, South Africa Sun 19 Sutra 290 |
| Meena Rasi: 9.29 | Tithi 5 | Gulika 11:17AM – 1:00PM | Uttaraproshtapada Until 6:32PM | Ganesh: White <i>Sunrise:</i> 6:08AM | Durmukha 5118 |
| | | Yama 7:51AM – 9:34AM | Siddha Until 1:40AM Thu | Muruga: White <i>Sunset:</i> 7:53PM | Moon 1 - Phase 40 |
| | | 912861366 Rahu 1:00PM – 2:43PM | Bava Until 11:30AM | Nataraja: Green | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 10:46PM | Moon – Clear | Devaloka Day |
| Until 6:32PM | | | | Magha-Thai | |
| Then Routine Work - Marana Yoga | | | | | |

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|-------------------------------------|-------------|---|-------------------------------|---|---|
| 5 Thursday, February 2, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau | | | Cape Town, South Africa Sun 20 Sutra 291 |
| Meena Rasi: 23.16 | Tithi 6 | Gulika 9:35AM – 11:18AM | Revati Until 5:29PM | Ganesh: White <i>Sunrise:</i> 6:09AM | Durmukha 5118 |
| | | Yama 6:09AM – 7:52AM | Sadhya Until 11:08PM | Muruga: White <i>Sunset:</i> 7:52PM | Moon 1 - Phase 40 |
| | | 912861366 Rahu 2:43PM – 4:26PM | Kaulava Until 10:01AM | Nataraja: Green | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 9:10PM | Moon – Clear | Devaloka Day |
| Until 5:29PM | | | | Magha-Thai | |
| Then Creative Work - Amrita Yoga | | | | | |

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|-----------------------------------|-------------|---|-----------------------------|---|---|
| 6 Friday, February 3, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau | | | Cape Town, South Africa Sun 21 Sutra 292 |
| Mesha Rasi: 7.11 | Tithi 7 | Gulika 7:52AM – 9:35AM | Ashvini Until 4:29PM | Ganesh: White <i>Sunrise:</i> 6:10AM | Durmukha 5118 |
| | | Yama 4:26PM – 6:09PM | Subha Until 8:25PM | Muruga: White <i>Sunset:</i> 7:51PM | Moon 1 - Phase 40 |
| | | 923861367 Rahu 11:18AM – 1:01PM | Gara Until 8:17AM | Nataraja: White | 3rd Phase |
| Creative Work | Amrita Yoga | | Saptami Until 7:19PM | Moon – White | Bhuloka Day |
| Until 4:29PM | | | | Magha-Thai | |
| Then Creative Work - Siddha Yoga | | | | | |

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|----------------------------------|-------------|--|------------------------------|---|---|
| Retreat Star | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Visti*/Balava Karana Ashtami/Navamyam Titau | | | Cape Town, South Africa Sun 22 Sutra 293 |
| Mesha Rasi: 21.16 | Tithi 8 – 9 | Gulika 6:11AM – 7:53AM | Bharani Until 3:09PM | Ganesh: White <i>Sunrise:</i> 6:11AM | Durmukha 5118 |
| | | Yama 2:43PM – 4:26PM | Sukla Until 5:32PM | Muruga: White <i>Sunset:</i> 7:51PM | Moon 1 - Phase 40 |
| | | 923861367 Rahu 9:36AM – 11:18AM | Visti Until 6:20AM | Nataraja: White | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 5:16PM | Moon – White | Bhuloka Day |
| Until 3:09PM | | | | Magha-Thai | |
| Then Creative Work - Amrita Yoga | | | | | |


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|---------------------|--------------|---|------------------------------|---|---|
| Retreat Star | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau | | | Cape Town, South Africa Sun 23 Sutra 294 |
| Vrisabha Rasi: 5.26 | Tithi 9 – 10 | Gulika 4:25PM – 6:08PM | Krittika Until 1:31PM | Ganesh: White <i>Sunrise:</i> 6:12AM | Durmukha 5118 |
| | | Yama 1:01PM – 2:43PM | Brahma Until 2:32PM | Muruga: White <i>Sunset:</i> 7:50PM | Moon 1 - Phase 40 |
| | | 923861367 Rahu 6:08PM – 7:50PM | Tailila Until 1:56AM Mon | Nataraja: White | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 3:04PM | Moon – White | Bhuloka Day |
| | | | | Magha-Thai | |

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| 1 | | Monday, February 6, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam | | Cape Town, South Africa | |
| Vrishabha Rasi: 19.43 | | Tithi 10 – 11 | | Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Sun 24 | | Sutra 295 | |
| Family Home Evening | | 933861367 | | Gulika 2:43PM – 4:25PM | Rohini Until 12:02PM | Ganesh: Clear | <i>Sunrise:</i> 6:13AM | Durmukha 5118 | |
| Creative Work | | Amrita Yoga | | Yama 11:19AM – 1:01PM | Indra Until 11:26AM | Muruga: White | <i>Sunset:</i> 7:49PM | Moon 1 - Phase 41 | |
| | | | | Rahu 7:55AM – 9:37AM | Vanija Until 11:35PM | Nataraja: White | | 4th Phase | |
| | | | | | Dashami Until 12:44PM | Moon – Yellow | | Bhuloka Day | |
| | | | | | | Magha-Thai | | Devaloka Time: 6:AM to 9:AM | |

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| 2 | | Tuesday, February 7, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam | | Cape Town, South Africa | |
| Mithuna Rasi: 4.02 | | Tithi 11 – 12 | | Mrigashira/Ardra Nakshatra Vaidhriti*/Mishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Sun 25 | | Sutra 296 | |
| Creative Work | | Siddha Yoga | | Gulika 1:01PM – 2:43PM | Mrigashira Until 10:23AM | Ganesh: Clear | <i>Sunrise:</i> 6:14AM | Durmukha 5118 | |
| Until 10:23AM | | | | Yama 9:37AM – 11:19AM | Vaidhriti* Until 8:18AM | Muruga: White | <i>Sunset:</i> 7:48PM | Moon 1 - Phase 41 | |
| Then Routine Work - Marana Yoga | | | | Rahu 4:25PM – 6:06PM | Bava Until 9:14PM | Nataraja: White | | 4th Phase | |
| | | | | | Ekadashi Until 10:23AM | Moon – Yellow | | Bhuloka Day | |
| | | | | | | Magha-Thai | | Devaloka Time: 6:AM to 9:AM | |

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| 3 | | Wednesday, February 8, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam | | Cape Town, South Africa | |
| Mithuna Rasi: 18.2 | | Tithi 12 – 13 | | Ardra/Punarvasu Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Sun 26 | | Sutra 297 | |
| Creative Work | | Siddha Yoga | | Gulika 11:19AM – 1:01PM | Ardra Until 8:38AM | Ganesh: Clear | <i>Sunrise:</i> 6:15AM | Durmukha 5118 | |
| | | | | Yama 7:56AM – 9:38AM | Priti Until 2:13AM Thu | Muruga: White | <i>Sunset:</i> 7:47PM | Moon 1 - Phase 41 | |
| | | | | Rahu 1:01PM – 2:43PM | Kaulava Until 6:59PM | Nataraja: White | | 4th Phase | |
| | | | | | Dvadashi Until 8:04AM | Moon – Yellow | | Bhuloka Day | |
| | | | | | <i>Pradosha Vrata</i> | Magha-Thai | | Devaloka Time: 6:AM to 9:AM | |

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| 4 | | Thursday, February 9, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam | | Cape Town, South Africa | |
| Kataka Rasi: 2.33 | | Tithi 14 | | Punarvasu/Pushya Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau | | Sun 27 | | Sutra 298 | |
| Creative Work | | Amrita Yoga | | Gulika 9:38AM – 11:20AM | Punarvasu Until 7:19AM | Ganesh: Purple | <i>Sunrise:</i> 6:16AM | Durmukha 5118 | |
| | | | | Yama 6:16AM – 7:57AM | Ayushman Until 11:25PM | Muruga: White | <i>Sunset:</i> 7:47PM | Moon 1 - Phase 41 | |
| | | | | Rahu 2:42PM – 4:24PM | Gara Until 4:56PM | Nataraja: White | | 4th Phase | |
| | | | | | Chaturdashi* Until 4:01AM Fri | Moon – Blue | | Bhuloka Day | |
| | | | | Thai Pusam | | Magha-Thai | | | |

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|  | | Friday, February 10, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam | | Cape Town, South Africa | |
| Copper Retreat Star | | Tithi 15 | | Pushya/Ashlesha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau | | Sun 28 | | Sutra 299 | |
| Kataka Rasi: 16.34 | | | | Gulika 7:58AM – 9:39AM | Pushya Until 6:08AM | Ganesh: Purple | <i>Sunrise:</i> 6:17AM | Durmukha 5118 | |
| Routine Work | | Marana Yoga | | Yama 4:23PM – 6:05PM | Saubhagya Until 8:55PM | Muruga: White | <i>Sunset:</i> 7:46PM | Moon 1 - Phase 41 | |
| | | | | Rahu 11:20AM – 1:01PM | Visti Until 3:14PM | Nataraja: White | | Purnima | |
| | | | | | Purnima* Until 2:31AM Sat | Moon – Blue | | Bhuloka Day | |
| | | | | | | Magha-Thai | | | |

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| 5 | | Saturday, February 11, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam | | Cape Town, South Africa | |
| Silver Retreat Star | | Tithi 16 | | Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau | | Sun 28 | | Sutra 300 | |
| Simha Rasi: 0.21 | | | | Gulika 6:18AM – 7:58AM | Magha* Until 5:06AM Sun | Ganesh: Clear | <i>Sunrise:</i> 6:18AM | Durmukha 5118 | |
| Creative Work | | Amrita Yoga | | Yama 2:42PM – 4:23PM | Sobhana Until 6:50PM | Muruga: White | <i>Sunset:</i> 7:45PM | Moon 1 - Phase 41 | |
| Until 5:06AM Sun | | | | Rahu 9:39AM – 11:20AM | Balava Until 1:59PM | Nataraja: White | | Prathama | |
| Then Creative Work - Siddha Yoga | | | | | Prathama* Until 1:32AM Sun | Moon – Red | | Bhuloka Day | |
| | | | | Penumbral Lunar Eclipse | | Magha-Thai | | Devaloka Time: 6:AM to 9:AM | |



Sunday, February 12, 2017

Gold Retreat Star

Simha Rasi: 13.49 Tihti 17

953861367

Gulika 4:22PM – 6:03PM
Yama 1:01PM – 2:42PM
Rahu 6:03PM – 7:44PM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa
 Sutra 301

Purvaphalguni Until 5:26AM Mon
Athiganda* Until 5:10PM
Tailila Until 1:17PM
Dvitiya Until 1:09AM Mon

Ganesha: Clear *Sunrise:* 6:19AM
Muruga: White *Sunset:* 7:44PM
Nataraja: White
 Moon – Red
Magha-Masi

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

1

Monday, February 13, 2017

Simha Rasi: 26.58 Tihti 18

Family Home Evening

953861367

Gulika 2:42PM – 4:22PM
Yama 11:21AM – 1:01PM
Rahu 8:00AM – 9:40AM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
 Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Tritiyayam Titau

Cape Town, South Africa
 Sun 1 Sutra 302

Uttaraphalguni Until 6:15AM Tue
Sukarma Until 4:01PM
Vanija Until 1:14PM
Tritiya Until 1:26AM Tue

Ganesha: Clear *Sunrise:* 6:19AM
Muruga: White *Sunset:* 7:43PM
Nataraja: White
 Moon – Red
Magha-Masi

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

2

Tuesday, February 14, 2017

Kanya Rasi: 9.46 Tihti 19

Creative Work Amrita Yoga
 Until 6:15AM
 Then Creative Work - Siddha Yoga

953861367

Gulika 1:01PM – 2:41PM
Yama 9:41AM – 11:21AM
Rahu 4:21PM – 6:02PM

Maha Sankatahara Chaturthi

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Cape Town, South Africa
 Sun 2 Sutra 303

Uttaraphalguni Until 6:15AM
Dhriti Until 3:24PM
Bava Until 1:51PM
Chaturthi* Until 2:23AM Wed

Ganesha: Clear *Sunrise:* 6:20AM
Muruga: White *Sunset:* 7:42PM
Nataraja: White
 Moon – Red
Magha-Masi

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

3

Wednesday, February 15, 2017

Kanya Rasi: 22.17 Tihti 20

Routine Work Marana Yoga
 Until 8:01AM
 Then Creative Work - Siddha Yoga

963861367

Gulika 11:21AM – 1:01PM
Yama 8:01AM – 9:41AM
Rahu 1:01PM – 2:41PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Panchamyam Titau

Cape Town, South Africa
 Sun 3 Sutra 304

Hasta Until 8:01AM
Shula* Until 3:15PM
Kaulava Until 3:06PM
Panchami Until 3:56AM Thu

Ganesha: White *Sunrise:* 6:21AM
Muruga: White *Sunset:* 7:41PM
Nataraja: White
 Moon – Green
Magha-Masi

Bhuloka Day

4

Thursday, February 16, 2017

Tula Rasi: 4.32 Tihti 21

Creative Work Siddha Yoga
 Until 10:12AM
 Then Creative Work - Amrita Yoga

963961367

Gulika 9:42AM – 11:21AM
Yama 6:22AM – 8:02AM
Rahu 2:41PM – 4:20PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
 Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa
 Sun 4 Sutra 305

Chitra Until 10:12AM
Ganda* Until 3:31PM
Gara Until 4:55PM
Shashthi* Until 5:58AM Fri

Ganesha: Yellow *Sunrise:* 6:22AM
Muruga: White *Sunset:* 7:40PM
Nataraja: White
 Moon – Green
Magha-Masi

Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

5

Friday, February 17, 2017

Tula Rasi: 16.36 Tihti 22

Creative Work Siddha Yoga

964961367

Gulika 8:03AM – 9:42AM
Yama 4:20PM – 5:59PM
Rahu 11:22AM – 1:01PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Visti* Karana Saptamyam Titau

Cape Town, South Africa
 Sun 5 Sutra 306

Svati Until 12:37PM
Vridhi Until 4:07PM
Visti Until 7:08PM
Saptami Until 8:18AM Sat

Ganesha: White *Sunrise:* 6:23AM
Muruga: White *Sunset:* 7:39PM
Nataraja: White
 Moon – Green
Magha-Masi

Bhuloka Day

D

Saturday, February 18, 2017

Retreat Star

Tula Rasi: 28.33 Tihti 22 – 23

Creative Work Siddha Yoga

974971367

Gulika 6:24AM – 8:03AM
Yama 2:40PM – 4:19PM
Rahu 9:43AM – 11:22AM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa
 Sun 6 Sutra 307

Vishakha Until 3:38PM
Dhruva Until 4:52PM
Balava Until 9:33PM
Saptami Until 8:18AM

Ganesha: Yellow *Sunrise:* 6:24AM
Muruga: Yellow *Sunset:* 7:38PM
Nataraja: White
 Moon – Orange
Magha-Masi

Devaloka Day

Sunday, February 19, 2017

Retreat Star

Vrischika Rasi: 10.26 Tihti 23 – 24

Routine Work Marana Yoga

974971367

Gulika 4:19PM – 5:58PM
Yama 1:01PM – 2:40PM
Rahu 5:58PM – 7:37PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Anuradha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Cape Town, South Africa
 Sun 7 Sutra 308

Anuradha Until 6:32PM
Vyaghata* Until 5:40PM
Tailila Until 11:59PM
Ashtami* Until 10:46AM

Ganesha: Yellow *Sunrise:* 6:25AM
Muruga: Yellow *Sunset:* 7:37PM
Nataraja: White
 Moon – Orange
Magha-Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | Monday, February 20, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Cape Town, South Africa Sun 8 Sutra 309 | |
| | Gulika | 2:39PM – 4:18PM | Jyeshtha* Until 9:07PM | Ganesh: Yellow | Sunrise: 6:26AM | Durmukha 5118 | | |
| | Yama | 11:22AM – 1:01PM | Harshana Until 6:22PM | Muruga: Yellow | Sunset: 7:36PM | Moon 2 - Phase 43 | | |
| | Family Home Evening | 984971367 Rahu | 8:05AM – 9:43AM | Nataraja: White | Moon – Orange | | | |
| Creative Work Siddha Yoga | | Vanija Until 2:14AM Tue | | Moon – Orange | | Devaloka Day | | |
| | | Navami* Until 1:07PM | | Magha-Masi | | | | |


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| 2 | Tuesday, February 21, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Cape Town, South Africa Sun 9 Sutra 310 | |
| | Gulika | 1:01PM – 2:39PM | Mula* Until 11:42PM | Ganesh: Blue | Sunrise: 6:27AM | Durmukha 5118 | | |
| | Yama | 9:44AM – 11:22AM | Vajra* Until 6:48PM | Muruga: Yellow | Sunset: 7:35PM | Moon 2 - Phase 43 | | |
| | Family Home Evening | 984971367 Rahu | 4:18PM – 5:56PM | Nataraja: White | Moon – Light Blue | | | |
| Creative Work Amrita Yoga | | Bava Until 4:05AM Wed | | Moon – Light Blue | | Bhuloka Day | | |
| Until 11:42PM | | Dashami Until 3:12PM | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |


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| 3 | Wednesday, February 22, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Cape Town, South Africa Sun 10 Sutra 311 | |
| | Gulika | 11:22AM – 1:01PM | Purvashadha* Until 1:38AM Thu | Ganesh: Blue | Sunrise: 6:28AM | Durmukha 5118 | | |
| | Yama | 8:06AM – 9:44AM | Siddhi Until 6:52PM | Muruga: Yellow | Sunset: 7:33PM | Moon 2 - Phase 43 | | |
| | Family Home Evening | 984971367 Rahu | 1:01PM – 2:39PM | Nataraja: White | Moon – Light Blue | | | |
| Creative Work Amrita Yoga | | Kaulava Until 5:24AM Thu | | Moon – Light Blue | | Bhuloka Day | | |
| Until 1:38AM Thu | | Ekadashi* Until 4:48PM | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 4 | Thursday, February 23, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau | | | | Cape Town, South Africa Sun 11 Sutra 312 | |
| | Gulika | 9:45AM – 11:22AM | Uttarashadha Until 2:49AM Fri | Ganesh: Blue | Sunrise: 6:29AM | Durmukha 5118 | | |
| | Yama | 6:29AM – 8:07AM | Vyatipata* Until 6:31PM | Muruga: Yellow | Sunset: 7:32PM | Moon 2 - Phase 43 | | |
| | Family Home Evening | 984971367 Rahu | 2:38PM – 4:16PM | Nataraja: White | Moon – Light Blue | | | |
| Routine Work Marana Yoga | | Gara Until 6:05AM Fri | | Moon – Light Blue | | Bhuloka Day | | |
| | | Dvadashi* Until 5:48PM | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM | | |
| | | <i>Pradosha Vrata (Fasting)</i> | | | | | | |

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| 5 | Friday, February 24, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Cape Town, South Africa Sun 12 Sutra 313 | |
| | Gulika | 8:07AM – 9:45AM | Shravana Until 3:41AM Sat | Ganesh: Blue | Sunrise: 6:30AM | Durmukha 5118 | | |
| | Yama | 4:16PM – 5:53PM | Varyan Until 5:38PM | Muruga: Yellow | Sunset: 7:31PM | Moon 2 - Phase 43 | | |
| | Family Home Evening | 994971367 Rahu | 11:23AM – 1:00PM | Nataraja: White | Moon – Purple | | | |
| Routine Work Marana Yoga | | Gara Until 6:05AM | | Moon – Purple | | Bhuloka Day | | |
| Until 3:41AM Sat | | Trayodashi* Until 6:10PM | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Siddha Yoga | | Mahasivaratri (Lunar) | | Mahasivaratri (Solar) | | | | |

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| 6 | Saturday, February 25, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Cape Town, South Africa Sun 13 Sutra 314 | |
| | Gulika | 6:30AM – 8:08AM | Dhanishtha Until 3:46AM Sun | Ganesh: Blue | Sunrise: 6:30AM | Durmukha 5118 | | |
| | Yama | 2:38PM – 4:15PM | Parigha* Until 4:15PM | Muruga: Yellow | Sunset: 7:30PM | Moon 2 - Phase 43 | | |
| | Family Home Evening | 994971367 Rahu | 9:45AM – 11:23AM | Nataraja: White | Moon – Purple | | | |
| Creative Work Siddha Yoga | | Visti Until 6:07AM | | Moon – Purple | | Bhuloka Day | | |
| | | Chaturdashi* Until 5:53PM | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM | | |

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|  | Sunday, February 26, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Cape Town, South Africa Sun 14 Sutra 315 | |
| | Gulika | 4:14PM – 5:52PM | Shatabhishak Until 3:09AM Mon | Ganesh: Blue | Sunrise: 6:31AM | Durmukha 5118 | | |
| | Yama | 1:00PM – 2:37PM | Shiva Until 2:25PM | Muruga: Yellow | Sunset: 7:29PM | Moon 2 - Phase 43 | | |
| | Family Home Evening | 994971367 Rahu | 5:52PM – 7:29PM | Nataraja: White | Moon – Purple | | | |
| Creative Work Siddha Yoga | | Kintughna Until 4:22AM Mon | | Moon – Purple | | Bhuloka Day | | |
| Until 3:09AM Mon | | Amavasya* Until 4:59PM | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM | | |
| Then Routine Work - Marana Yoga | | Annular Solar Eclipse | | | | | | |

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|  | Monday, February 27, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Cape Town, South Africa Sun 15 Sutra 316 | |
| | Gulika | 2:37PM – 4:14PM | Purvaproshtapada* Until 2:23AM Tue | Ganesh: Yellow | Sunrise: 6:32AM | Durmukha 5118 | | |
| | Yama | 11:23AM – 1:00PM | Siddha Until 12:09PM | Muruga: Yellow | Sunset: 7:28PM | Moon 2 - Phase 43 | | |
| | Family Home Evening | 914971367 Rahu | 8:09AM – 9:46AM | Nataraja: White | Moon – Clear | | | |
| Routine Work Marana Yoga | | Balava Until 2:45AM Tue | | Moon – Clear | | Devaloka Day | | |
| Until 2:23AM Tue | | Prathama* Until 3:35PM | | Phalguna-Masi | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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| 1 | | Tuesday, February 28, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Cape Town, South Africa Sun 16 Sutra 317 | |
| Meena Rasi: 5.25 | Tithi 2 – 3 | Gulika | 1:00PM – 2:36PM | Uttaraproshtapada Until 1:09AM Wed | Ganesh: Yellow | <i>Sunrise:</i> 6:33AM | | Durmukha 5118 | |
| | | Yama | 9:46AM – 11:23AM | Sadhya Until 9:34AM | Muruga: Yellow | <i>Sunset:</i> 7:26PM | | Moon 2 - Phase 44 | |
| | | 914971367 Rahu | 4:13PM – 5:50PM | Taitila Until 12:48AM Wed | Nataraja: White | | | 3rd Phase | |
| Creative Work | Amrita Yoga | | | Dvitiya Until 1:48PM | Moon – Clear | | | Devaloka Day | |
| Until 1:09AM Wed | | | | | Phalguna-Masi | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 2 | | Wednesday, March 1, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | Cape Town, South Africa Sun 17 Sutra 318 | |
| Meena Rasi: 19.31 | Tithi 3 – 4 | Gulika | 11:23AM – 12:59PM | Revati Until 11:32PM | Ganesh: Yellow | <i>Sunrise:</i> 6:35AM | | Durmukha 5118 | |
| | | Yama | 8:11AM – 9:47AM | Subha Until 6:45AM | Muruga: Yellow | <i>Sunset:</i> 7:24PM | | Moon 2 - Phase 44 | |
| | | 914971367 Rahu | 12:59PM – 2:35PM | Vanija Until 10:38PM | Nataraja: White | | | 3rd Phase | |
| Routine Work | Marana Yoga | | | Tritiya Until 11:43AM | Moon – Clear | | | Devaloka Day | |
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Subramuniyaswami Siva Vision Day

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| 3 | | Thursday, March 2, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Cape Town, South Africa Sun 18 Sutra 319 | |
| Mesha Rasi: 3.44 | Tithi 4 – 5 | Gulika | 9:47AM – 11:23AM | Ashvini Until 10:06PM | Ganesh: Yellow | <i>Sunrise:</i> 6:36AM | | Durmukha 5118 | |
| | | Yama | 6:36AM – 8:11AM | Brahma Until 12:42AM Fri | Muruga: Yellow | <i>Sunset:</i> 7:23PM | | Moon 2 - Phase 44 | |
| | | 925971367 Rahu | 2:35PM – 4:11PM | Bava Until 8:21PM | Nataraja: White | | | 3rd Phase | |
| Creative Work | Amrita Yoga | | | Chaturthi* Until 9:29AM | Moon – White | | | Devaloka Day | |
| Until 10:06PM | | | | | Phalguna-Masi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Friday, March 3, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | | Cape Town, South Africa Sun 19 Sutra 320 | |
| Mesha Rasi: 18.01 | Tithi 5 – 6 | Gulika | 8:12AM – 9:48AM | Bharani Until 8:30PM | Ganesh: Yellow | <i>Sunrise:</i> 6:36AM | | Durmukha 5118 | |
| | | Yama | 4:10PM – 5:46PM | Indra Until 9:39PM | Muruga: Yellow | <i>Sunset:</i> 7:21PM | | Moon 2 - Phase 44 | |
| | | 925971367 Rahu | 11:23AM – 12:59PM | Kaulava Until 6:02PM | Nataraja: White | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Panchami Until 7:10AM | Moon – White | | | Devaloka Day | |
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| 5 | | Saturday, March 4, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau | | Cape Town, South Africa Sun 20 Sutra 321 | |
| Vrishabha Rasi: 2.18 | Tithi 7 | Gulika | 6:37AM – 8:13AM | Krittika Until 6:50PM | Ganesh: Yellow | <i>Sunrise:</i> 6:37AM | | Durmukha 5118 | |
| | | Yama | 2:34PM – 4:09PM | Vaidhriti* Until 6:37PM | Muruga: Yellow | <i>Sunset:</i> 7:20PM | | Moon 2 - Phase 44 | |
| | | 925971367 Rahu | 9:48AM – 11:23AM | Gara Until 3:46PM | Nataraja: White | | | 3rd Phase | |
| Creative Work | Amrita Yoga | | | Saptami Until 2:39AM Sun | Moon – White | | | Devaloka Day | |
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| 6 | | Sunday, March 5, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkamba*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau | | Cape Town, South Africa Sun 21 Sutra 322 | |
| Retreat Star | | Gulika | 4:09PM – 5:44PM | Rohini Until 5:32PM | Ganesh: White | <i>Sunrise:</i> 6:38AM | | Durmukha 5118 | |
| Vrishabha Rasi: 16.31 | Tithi 8 | Yama | 12:58PM – 2:34PM | Vishkamba* Until 3:42PM | Muruga: Yellow | <i>Sunset:</i> 7:19PM | | Moon 2 - Phase 44 | |
| | | 135971367 Rahu | 5:44PM – 7:19PM | Visti Until 1:36PM | Nataraja: White | | | Ashtami | |
| Creative Work | Siddha Yoga | | | Ashtami* Until 12:33AM Mon | Moon – Yellow | | | Sivaloka Day | |
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| 7 | | Monday, March 6, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau | | Cape Town, South Africa Sun 22 Sutra 323 | |
| Retreat Star | | Gulika | 2:33PM – 4:08PM | Mrigashira Until 4:16PM | Ganesh: White | <i>Sunrise:</i> 6:39AM | | Durmukha 5118 | |
| Mithuna Rasi: 0.38 | Tithi 9 | Yama | 11:23AM – 12:58PM | Priti Until 12:54PM | Muruga: Yellow | <i>Sunset:</i> 7:18PM | | Moon 2 - Phase 44 | |
| Family Home Evening | | 135971367 Rahu | 8:14AM – 9:49AM | Balava Until 11:35AM | Nataraja: White | | | Navami | |
| Creative Work | Amrita Yoga | | | Navami* Until 10:38PM | Moon – Yellow | | | Sivaloka Day | |
| Until 4:16PM | | | | | Phalguna-Masi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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| 1 | | Tuesday, March 7, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam | | Cape Town, South Africa | |
| Mithuna Rasi: 14.4 | | Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau | | Sun 23 | | Sutra 324 | | Durumukha 5118 | |
| Routine Work | | Gulika | 12:58PM – 2:33PM | Ardra Until 3:02PM | Ganesha: White | <i>Sunrise:</i> 6:40AM | | | |
| Marana Yoga | | Yama | 9:49AM – 11:23AM | Ayushman Until 10:15AM | Muruga: Yellow | <i>Sunset:</i> 7:16PM | Moon 2 - Phase 45 | | |
| Until 3:02PM | | 135971367 Rahu | 4:07PM – 5:42PM | Taitila Until 9:45AM | Nataraja: White | | | | |
| Then Creative Work - Siddha Yoga | | | | Dashami Until 8:54PM | Moon – Yellow | Sivaloka Day | | | |
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| 2 | | Wednesday, March 8, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam | | Cape Town, South Africa | |
| Mithuna Rasi: 28.32 | | Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau | | Sun 24 | | Sutra 325 | | Durumukha 5118 | |
| Creative Work | | Gulika | 11:23AM – 12:58PM | Punarvasu Until 2:20PM | Ganesha: Clear | <i>Sunrise:</i> 6:40AM | | | |
| Siddha Yoga | | Yama | 8:15AM – 9:49AM | Saubhagya Until 7:47AM | Muruga: Yellow | <i>Sunset:</i> 7:15PM | Moon 2 - Phase 45 | | |
| Until 1:45PM | | 145971367 Rahu | 12:58PM – 2:32PM | Vanija Until 8:09AM | Nataraja: White | | | | |
| Then Creative Work - Siddha Yoga | | | | Ekadashi Until 7:25PM | Moon – Blue | Devaloka Day | | | |
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| 3 | | Thursday, March 9, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam | | Cape Town, South Africa | |
| Kataka Rasi: 12.16 | | Pushya/Ashlesha* Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau | | Sun 25 | | Sutra 326 | | Durumukha 5118 | |
| Creative Work | | Gulika | 9:49AM – 11:23AM | Pushya Until 1:45PM | Ganesha: Clear | <i>Sunrise:</i> 6:41AM | | | |
| Amrita Yoga | | Yama | 6:41AM – 8:15AM | Athiganda* Until 3:30AM Fri | Muruga: Yellow | <i>Sunset:</i> 7:14PM | Moon 2 - Phase 45 | | |
| Until 1:45PM | | 145971367 Rahu | 2:32PM – 4:06PM | Bava Until 6:48AM | Nataraja: White | | | | |
| Then Creative Work - Siddha Yoga | | | | Dvadashi Until 6:13PM | Moon – Blue | Devaloka Day | | | |
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| 4 | | Friday, March 10, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam | | Cape Town, South Africa | |
| Kataka Rasi: 25.49 | | Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Sun 26 | | Sutra 327 | | Durumukha 5118 | |
| Routine Work | | Gulika | 8:16AM – 9:50AM | Ashlesha* Until 1:20PM | Ganesha: Clear | <i>Sunrise:</i> 6:42AM | | | |
| Marana Yoga | | Yama | 4:05PM – 5:39PM | Sukarma Until 1:47AM Sat | Muruga: Yellow | <i>Sunset:</i> 7:13PM | Moon 2 - Phase 45 | | |
| Until 1:45PM | | 145971367 Rahu | 11:23AM – 12:57PM | Gara Until 5:06AM Sat | Nataraja: White | | | | |
| Then Creative Work - Siddha Yoga | | | | Trayodashi Until 5:22PM | Moon – Blue | Devaloka Day | | | |
| | | | | | Phalguna-Masi | | | | |
| | | | | | <i>Pradosha Vrata</i> | | | | |

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| 5 | | Saturday, March 11, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam | | Cape Town, South Africa | |
| Simha Rasi: 9.08 | | Magha*/Purvaphalguni Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Sun 27 | | Sutra 328 | | Durumukha 5118 | |
| Creative Work | | Gulika | 6:43AM – 8:16AM | Magha* Until 1:36PM | Ganesha: Clear | <i>Sunrise:</i> 6:43AM | | | |
| Amrita Yoga | | Yama | 2:31PM – 4:04PM | Dhriti Until 12:24AM Sun | Muruga: Yellow | <i>Sunset:</i> 7:11PM | Moon 2 - Phase 45 | | |
| Until 1:36PM | | 156971367 Rahu | 9:50AM – 11:23AM | Visti Until 4:51AM Sun | Nataraja: White | | | | |
| Then Creative Work - Siddha Yoga | | Chidambaram Abhishekam | | Chaturdashi* Until 4:54PM | Moon – Red | Devaloka Day | | | |
| | | | | | Phalguna-Masi | | | | |

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| 0 | | Sunday, March 12, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Cape Town, South Africa | |
| Simha Rasi: 22.15 | | Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Sun 28 | | Sutra 329 | | Durumukha 5118 | |
| Creative Work | | Gulika | 4:03PM – 5:37PM | Purvaphalguni Until 2:09PM | Ganesha: Clear | <i>Sunrise:</i> 6:44AM | | | |
| Siddha Yoga | | Yama | 12:57PM – 2:30PM | Shula* Until 11:21PM | Muruga: Yellow | <i>Sunset:</i> 7:10PM | Moon 2 - Phase 45 | | |
| Until 2:09PM | | 156971367 Rahu | 5:37PM – 7:10PM | Balava Until 5:05AM Mon | Nataraja: White | | | | |
| Then Creative Work - Amrita Yoga | | Holi | | Purnima* Until 4:53PM | Moon – Red | Devaloka Day | | | |
| | | | | | Phalguna-Masi | | | | |

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|-------------------------------|--|---|-------------------|------------------------------------|------------------------|--|-------------------|-------------------------|--|
| Monday, March 13, 2017 | | Silver Retreat Star | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam | | Cape Town, South Africa | |
| Kanya Rasi: 5.08 | | Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | Sun 29 | | Sutra 330 | | Durumukha 5118 | |
| Family Home Evening | | Gulika | 2:30PM – 4:03PM | Uttaraphalguni Until 3:01PM | Ganesha: Clear | <i>Sunrise:</i> 6:44AM | | | |
| Creative Work | | Yama | 11:23AM – 12:57PM | Ganda* Until 10:42PM | Muruga: Yellow | <i>Sunset:</i> 7:09PM | Moon 2 - Phase 45 | | |
| Siddha Yoga | | 156171367 Rahu | 8:17AM – 9:50AM | Taitila Until 5:49AM Tue | Nataraja: White | | | | |
| | | | | Prathama* Until 5:22PM | Moon – Red | Devaloka Day | | | |
| | | | | | Phalguna-Masi | | | | |



Tuesday, March 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara Karana Dvitiyayam Titau

Cape Town, South Africa
Sun 1 Sutra 331

Kanya Rasi: 17.46 Tiithi 17

Gulika 12:56PM – 2:29PM
Yama 9:51AM – 11:23AM
166171368 **Rahu** 4:02PM – 5:34PM

Hasta Until 4:41PM
Vriddhi Until 10:27PM
Gara Until 6:21PM

Ganesh: Purple *Sunrise:* 6:45AM
Muruga: Yellow *Sunset:* 7:07PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Dvitiya Until 6:21PM

Moon – Green
Phalguna-Panguni

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Wednesday, March 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Cape Town, South Africa
Sun 2 Sutra 332

Tula Rasi: 0.11 Tiithi 18

Gulika 11:23AM – 12:56PM
Yama 8:18AM – 9:51AM
166171368 **Rahu** 12:56PM – 2:28PM

Chitra Until 6:40PM
Dhruva Until 10:33PM
Vanija Until 7:03AM
Tritiya Until 7:49PM

Ganesh: Purple *Sunrise:* 6:46AM
Muruga: Yellow *Sunset:* 7:06PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Moon – Green
Phalguna-Panguni

2

Thursday, March 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Cape Town, South Africa
Sun 3 Sutra 333

Tula Rasi: 12.24 Tiithi 19

Gulika 9:51AM – 11:23AM
Yama 6:47AM – 8:19AM
166171368 **Rahu** 2:28PM – 4:00PM

Svati Until 8:54PM
Vyaghata* Until 10:58PM
Bava Until 8:44AM
Chaturthi* Until 9:42PM

Ganesh: Purple *Sunrise:* 6:47AM
Muruga: Yellow *Sunset:* 7:05PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga

Devaloka Day

Moon – Green
Phalguna-Panguni

Until 8:54PM
Then Creative Work - Siddha Yoga

3

Friday, March 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Harshana Yoga Kaulava/Tailila Karana Panchamyam Titau

Cape Town, South Africa
Sun 4 Sutra 334

Tula Rasi: 24.28 Tiithi 20

Gulika 8:19AM – 9:51AM
Yama 3:59PM – 5:31PM
176171368 **Rahu** 11:23AM – 12:55PM

Vishakha Until 11:46PM
Harshana Until 11:39PM
Kaulava Until 10:48AM
Panchami Until 11:56PM

Ganesh: Clear *Sunrise:* 6:48AM
Muruga: Yellow *Sunset:* 7:03PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Moon – Orange
Phalguna-Panguni

4

Saturday, March 18, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa
Sun 5 Sutra 335

Vrischika Rasi: 6.25 Tiithi 21

Gulika 6:48AM – 8:20AM
Yama 2:27PM – 3:59PM
176171368 **Rahu** 9:52AM – 11:23AM

Anuradha Until 2:39AM Sun
Vajra* Until 12:27AM Sun
Gara Until 1:08PM
Shashthi* Until 2:20AM Sun

Ganesh: Clear *Sunrise:* 6:48AM
Muruga: Yellow *Sunset:* 7:02PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Moon – Orange
Phalguna-Panguni

Until 2:39AM Sun
Then Routine Work - Marana Yoga

5

Sunday, March 19, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Cape Town, South Africa
Sun 6 Sutra 336

Vrischika Rasi: 18.19 Tiithi 22

Gulika 3:58PM – 5:29PM
Yama 12:55PM – 2:26PM
177171368 **Rahu** 5:29PM – 7:01PM

Jyeshtha* Until 5:22AM Mon
Siddhi Until 1:16AM Mon
Visti Until 3:34PM
Saptami Until 4:44AM Mon

Ganesh: Purple *Sunrise:* 6:49AM
Muruga: Yellow *Sunset:* 7:01PM

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Moon – Orange
Phalguna-Panguni

Until 5:22AM Mon
Then Creative Work - Siddha Yoga

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Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa
Sun 7 Sutra 337

Dhanus Rasi: 0.13 Tiithi 23

Gulika 2:26PM – 3:57PM
Yama 11:23AM – 12:55PM
187171368 **Rahu** 8:21AM – 9:52AM

Mula* Until 8:14AM Tue
Vyatipata* Until 2:00AM Tue
Balava Until 5:54PM
Ashtami* Until 6:57AM Tue

Ganesh: Clear *Sunrise:* 6:50AM
Muruga: Yellow *Sunset:* 6:59PM

Durmukha 5118
Moon 3 - Phase 46
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Moon – Light Blue
Phalguna-Panguni

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Cape Town, South Africa
Sun 8 Sutra 338

Dhanus Rasi: 12.12 Tiithi 23 – 24

Gulika 12:54PM – 2:25PM
Yama 9:52AM – 11:23AM
187171368 **Rahu** 3:56PM – 5:27PM

Mula* Until 8:14AM
Variyan Until 2:24AM Wed
Tailila Until 7:56PM
Ashtami* Until 6:57AM

Ganesh: Clear *Sunrise:* 6:51AM
Muruga: Yellow *Sunset:* 6:58PM

Durmukha 5118
Moon 3 - Phase 46
Navami

Creative Work Amrita Yoga

Sivaloka Day

Moon – Light Blue
Phalguna-Panguni

Until 8:14AM
Then Creative Work - Siddha Yoga

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|-------------------|---------------|----------------------------------|-------------------|--|-------------------------|--|---------------------|
| 1 | | Wednesday, March 22, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Cape Town, South Africa Sun 9 Sutra 339 | |
| Dhanus Rasi: 24.2 | Tithi 24 – 25 | Gulika | 11:23AM – 12:54PM | Purvashadha* Until 10:32AM | Ganesha: Clear | <i>Sunrise:</i> 6:51AM | Durmukha 5118 |
| | | Yama | 8:22AM – 9:53AM | Parigha* Until 2:25AM Thu | Muruga: Yellow | <i>Sunset:</i> 6:57PM | Moon 3 - Phase 47 |
| Creative Work | Amrita Yoga | 187171368 Rahu | 12:54PM – 2:25PM | Vanija Until 9:28PM | Nataraja: Clear | | 2nd Phase |
| | | | | Navami* Until 8:45AM | Moon – Light Blue | | Sivaloka Day |
| | | | | | Phalguna*Panguni | | |

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| 2 | | Thursday, March 23, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau | | Cape Town, South Africa Sun 10 Sutra 340 | |
| Makara Rasi: 6.43 | Tithi 25 – 26 | Gulika | 9:53AM – 11:23AM | Uttarashadha Until 12:06PM | Ganesha: Clear | <i>Sunrise:</i> 6:52AM | Durmukha 5118 |
| | | Yama | 6:52AM – 8:22AM | Shiva Until 1:54AM Fri | Muruga: Yellow | <i>Sunset:</i> 6:55PM | Moon 3 - Phase 47 |
| Routine Work | Marana Yoga | 187171368 Rahu | 2:24PM – 3:54PM | Bava Until 10:19PM | Nataraja: Clear | | 2nd Phase |
| Until 12:06PM | | | | Dashami Until 9:57AM | Moon – Light Blue | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | Phalguna*Panguni | | |

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| 3 | | Friday, March 24, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau | | Cape Town, South Africa Sun 11 Sutra 341 | |
| Makara Rasi: 19.25 | Tithi 26 – 27 | Gulika | 8:23AM – 9:53AM | Shravana Until 1:15PM | Ganesha: White | <i>Sunrise:</i> 6:53AM | Durmukha 5118 |
| | | Yama | 3:54PM – 5:24PM | Siddha Until 12:45AM Sat | Muruga: Yellow | <i>Sunset:</i> 6:54PM | Moon 3 - Phase 47 |
| Routine Work | Marana Yoga | 197171368 Rahu | 11:23AM – 12:53PM | Kaulava Until 10:23PM | Nataraja: Clear | | 2nd Phase |
| Until 1:15PM | | | | Ekadashi* Until 10:26AM | Moon – Purple | | Subha Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | Phalguna*Panguni | | |

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| 4 | | Saturday, March 25, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau | | Cape Town, South Africa Sun 12 Sutra 342 | |
| Kumbha Rasi: 2.29 | Tithi 27 – 28 | Gulika | 6:54AM – 8:23AM | Dhanishtha Until 1:29PM | Ganesha: Clear | <i>Sunrise:</i> 6:54AM | Durmukha 5118 |
| | | Yama | 2:23PM – 3:53PM | Sadhya Until 11:00PM | Muruga: Yellow | <i>Sunset:</i> 6:52PM | Moon 3 - Phase 47 |
| Creative Work | Siddha Yoga | 198171368 Rahu | 9:53AM – 11:23AM | Gara Until 9:40PM | Nataraja: Clear | | 2nd Phase |
| Until 1:29PM | | | | Dvadashi* Until 10:06AM | Moon – Purple | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | <i>Pradosha Vrata (Fasting)</i> | Phalguna*Panguni | | |

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| 5 | | Sunday, March 26, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Cape Town, South Africa Sun 13 Sutra 343 | |
| Kumbha Rasi: 15.59 | Tithi 28 – 29 | Gulika | 3:52PM – 5:22PM | Shatabhishak Until 12:49PM | Ganesha: Clear | <i>Sunrise:</i> 6:54AM | Durmukha 5118 |
| | | Yama | 12:53PM – 2:22PM | Subha Until 8:41PM | Muruga: Yellow | <i>Sunset:</i> 6:51PM | Moon 3 - Phase 47 |
| Creative Work | Siddha Yoga | 198171368 Rahu | 5:22PM – 6:51PM | Visti Until 8:14PM | Nataraja: Clear | | 2nd Phase |
| | | | | Trayodashi* Until 9:01AM | Moon – Purple | | Sivaloka Day |
| | | | | | Phalguna*Panguni | | |

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| Monday, March 27, 2017 | | Retreat Star | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Cape Town, South Africa Sun 14 Sutra 344 | |
| Kumbha Rasi: 29.54 | Tithi 29 – 30 | Gulika | 2:22PM – 3:51PM | Purvaproshtapada* Until 11:48AM | Ganesha: White | <i>Sunrise:</i> 6:55AM | Durmukha 5118 |
| Family Home Evening | | Yama | 11:23AM – 12:52PM | Sukla Until 5:51PM | Muruga: Yellow | <i>Sunset:</i> 6:50PM | Moon 3 - Phase 47 |
| Routine Work | Marana Yoga | 118171368 Rahu | 8:24AM – 9:54AM | Catuspada Until 6:10PM | Nataraja: Clear | | Amavasya |
| Until 11:48AM | | | | Chaturdashi* Until 7:15AM | Moon – Clear | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | Phalguna*Panguni | | |

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| Tuesday, March 28, 2017 | | Retreat Star | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau | | Cape Town, South Africa Sun 15 Sutra 345 | |
| Meena Rasi: 14.1 | Tithi 1 | Gulika | 12:52PM – 2:21PM | Uttaraproshtapada Until 10:08AM | Ganesha: White | <i>Sunrise:</i> 6:56AM | Durmukha 5118 |
| | | Yama | 9:54AM – 11:23AM | Brahma Until 2:39PM | Muruga: Yellow | <i>Sunset:</i> 6:48PM | Moon 3 - Phase 47 |
| Creative Work | Amrita Yoga | 118171368 Rahu | 3:50PM – 5:19PM | Kintughna Until 3:38PM | Nataraja: Clear | | Prathama |
| Until 10:08AM | | | | Prathama* Until 2:13AM Wed | Moon – Clear | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | Yugadhi | | | Chaitra*Panguni | | |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | | Wednesday, March 29, 2017 | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam | | Cape Town, South Africa | |
| Meena Rasi: 28.43 | | Tithi 2 | | Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Sun 16 Sutra 346 | | |
| Routine Work | | Marana Yoga | | Gulika 11:23AM – 12:52PM | | Ganesh: White Sunrise: 6:56AM | | |
| | | 118171368 | | Rahu 12:52PM – 2:21PM | | Durumukha 5118 | | |
| | | Chellappaswami Mahasamadhi | | Yama 8:25AM – 9:54AM | | Moon 3 - Phase 48 | | |
| | | | | Indra Until 11:11AM | | 3rd Phase | | |
| | | | | Balava Until 12:46PM | | Devaloka Day | | |
| | | | | Dvitiya Until 11:15PM | | Chaitra-Panguni | | |

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| 2 | | Thursday, March 30, 2017 | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam | | Cape Town, South Africa | |
| Mesha Rasi: 13.25 | | Tithi 3 | | Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau | | Sun 17 Sutra 347 | | |
| Creative Work | | Siddha Yoga | | Gulika 9:54AM – 11:23AM | | Durumukha 5118 | | |
| | | 128171368 | | Rahu 2:20PM – 3:49PM | | Moon 3 - Phase 48 | | |
| | | | | Yama 6:57AM – 8:26AM | | 3rd Phase | | |
| | | | | Vaidhriti* Until 7:33AM | | Devaloka Day | | |
| | | | | Taitila Until 9:44AM | | Chaitra-Panguni | | |
| | | | | Tritiya Until 8:11PM | | | | |

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| 3 | | Friday, March 31, 2017 | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam | | Cape Town, South Africa | |
| Mesha Rasi: 28.09 | | Tithi 4 – 5 | | Krittika Nakshatra Priti Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau | | Sun 18 Sutra 348 | | |
| Creative Work | | Siddha Yoga | | Gulika 8:26AM – 9:55AM | | Durumukha 5118 | | |
| Until 1:13AM Sat | | Then Creative Work - Amrita Yoga | | Rahu 11:23AM – 12:51PM | | Moon 3 - Phase 48 | | |
| | | | | Yama 3:48PM – 5:16PM | | 3rd Phase | | |
| | | | | Priti Until 12:20AM Sat | | Devaloka Day | | |
| | | | | Vanija Until 6:41AM | | Chaitra-Panguni | | |
| | | | | Chaturthi* Until 5:11PM | | | | |

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| 4 | | Saturday, April 1, 2017 | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam | | Cape Town, South Africa | |
| Vrishabha Rasi: 12.49 | | Tithi 5 – 6 | | Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Sun 19 Sutra 349 | | |
| Creative Work | | Amrita Yoga | | Gulika 6:58AM – 8:26AM | | Durumukha 5118 | | |
| Until 11:23PM | | Then Creative Work - Siddha Yoga | | Rahu 9:55AM – 11:23AM | | Moon 3 - Phase 48 | | |
| | | | | Yama 2:20PM – 3:48PM | | 3rd Phase | | |
| | | | | Ayushman Until 8:56PM | | Subha Sivaloka Day | | |
| | | | | Kaulava Until 1:03AM Sun | | Chaitra-Panguni | | |
| | | | | Panchami Until 2:21PM | | | | |

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| 5 | | Sunday, April 2, 2017 | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Cape Town, South Africa | |
| Vrishabha Rasi: 27.17 | | Tithi 6 – 7 | | Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Sun 20 Sutra 350 | | |
| Creative Work | | Siddha Yoga | | Gulika 3:47PM – 5:15PM | | Durumukha 5118 | | |
| | | | | Rahu 5:15PM – 6:43PM | | Moon 3 - Phase 48 | | |
| | | | | Yama 12:51PM – 2:19PM | | 3rd Phase | | |
| | | | | Saubhagya Until 5:48PM | | Subha Sivaloka Day | | |
| | | | | Gara Until 10:41PM | | Chaitra-Panguni | | |
| | | | | Shashthi* Until 11:48AM | | | | |

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| Monday, April 3, 2017 | | Retreat Star | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam | | Cape Town, South Africa | |
| Mithuna Rasi: 11.31 | | Tithi 7 – 8 | | Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Sun 21 Sutra 351 | | |
| Family Home Evening | | Creative Work | | Gulika 2:18PM – 3:46PM | | Durumukha 5118 | | |
| Until 8:22PM | | Then Creative Work - Amrita Yoga | | Rahu 8:27AM – 9:55AM | | Moon 3 - Phase 48 | | |
| | | | | Yama 11:23AM – 12:51PM | | Ashtami | | |
| | | | | Sobhana Until 3:00PM | | Subha Sivaloka Day | | |
| | | | | Visti Until 8:43PM | | Chaitra-Panguni | | |
| | | | | Saptami Until 9:38AM | | | | |

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| Tuesday, April 4, 2017 | | Retreat Star | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam | | Cape Town, South Africa | |
| Mithuna Rasi: 25.28 | | Tithi 8 – 9 | | Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Sun 22 Sutra 352 | | |
| Creative Work | | Siddha Yoga | | Gulika 12:50PM – 2:18PM | | Durumukha 5118 | | |
| | | | | Rahu 3:45PM – 5:13PM | | Moon 3 - Phase 48 | | |
| | | | | Yama 9:55AM – 11:23AM | | Navami | | |
| | | | | Athiganda* Until 12:32PM | | Sivaloka Day | | |
| | | | | Balava Until 7:13PM | | Chaitra-Panguni | | |
| | | | | Ashtami* Until 7:53AM | | | | |

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| 1 | | Wednesday, April 5, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Cape Town, South Africa Sun 23 Sutra 353 | |
| Kataka Rasi: 9.09 | Tithi 9 – 10 | Gulika | 11:23AM – 12:50PM | Pushya Until 7:23PM | Ganesha: Red | <i>Sunrise:</i> 7:01AM | | Durmukha 5118 | |
| | | Yama | 8:28AM – 9:55AM | Sukarma Until 10:28AM | Muruga: Yellow | <i>Sunset:</i> 6:39PM | | Moon 3 - Phase 49 | |
| Creative Work | Siddha Yoga | 149171368 Rahu | 12:50PM – 2:17PM | Taitila Until 6:10PM | Nataraja: Clear | | | 4th Phase | |
| | | | | Navami* Until 6:37AM | Moon – Blue | | Sivaloka Day | | |
| | | | | | Chaitra-Panguni | | | | |

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| 2 | | Thursday, April 6, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau | | Cape Town, South Africa Sun 24 Sutra 354 | |
| Kataka Rasi: 22.33 | Tithi 11 | Gulika | 9:56AM – 11:23AM | Ashlesha* Until 7:21PM | Ganesha: Red | <i>Sunrise:</i> 7:02AM | | Durmukha 5118 | |
| | | Yama | 7:02AM – 8:29AM | Dhriti Until 8:47AM | Muruga: Yellow | <i>Sunset:</i> 6:38PM | | Moon 3 - Phase 49 | |
| Creative Work | Siddha Yoga | 149171368 Rahu | 2:17PM – 3:44PM | Vanija Until 5:36PM | Nataraja: Clear | | | 4th Phase | |
| Until 7:21PM | | | | Ekadashi Until 5:27AM Fri | Moon – Blue | | Sivaloka Day | | |
| Then Creative Work - Amrita Yoga | | Yogaswami Mahasamadhi | | | Chaitra-Panguni | | | | |

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| 3 | | Friday, April 7, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau | | Cape Town, South Africa Sun 25 Sutra 355 | |
| Simha Rasi: 5.43 | Tithi 12 | Gulika | 8:29AM – 9:56AM | Magha* Until 8:04PM | Ganesha: Yellow | <i>Sunrise:</i> 7:02AM | | Durmukha 5118 | |
| | | Yama | 3:43PM – 5:10PM | Shula* Until 7:25AM | Muruga: Yellow | <i>Sunset:</i> 6:37PM | | Moon 3 - Phase 49 | |
| Routine Work | Marana Yoga | 159271368 Rahu | 11:23AM – 12:49PM | Bava Until 5:28PM | Nataraja: Clear | | | 4th Phase | |
| Until 8:04PM | | | | Dvadashi Until 5:32AM Sat | Moon – Red | | Sivaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | Chaitra-Panguni | | | | |

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| 4 | | Saturday, April 8, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Cape Town, South Africa Sun 26 Sutra 356 | |
| Simha Rasi: 18.39 | Tithi 13 | Gulika | 7:03AM – 8:30AM | Purvaphalguni Until 9:02PM | Ganesha: Yellow | <i>Sunrise:</i> 7:03AM | | Durmukha 5118 | |
| | | Yama | 2:16PM – 3:42PM | Ganda* Until 6:25AM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | | Moon 3 - Phase 49 | |
| Creative Work | Siddha Yoga | 151271368 Rahu | 9:56AM – 11:23AM | Kaulava Until 5:45PM | Nataraja: Clear | | | 4th Phase | |
| Until 9:02PM | | | | Trayodashi Until 6:02AM Sun | Moon – Red | | Sivaloka Day | | |
| Then Routine Work - Marana Yoga | | | | <i>Pradosha Vrata</i> | Chaitra-Panguni | | | | |

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| 5 | | Sunday, April 9, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Cape Town, South Africa Sun 27 Sutra 357 | |
| Kanya Rasi: 1.23 | Tithi 13 – 14 | Gulika | 3:41PM – 5:08PM | Uttaraphalguni Until 10:14PM | Ganesha: Yellow | <i>Sunrise:</i> 7:04AM | | Durmukha 5118 | |
| | | Yama | 12:49PM – 2:15PM | Dhruva Until 5:22AM Mon | Muruga: Yellow | <i>Sunset:</i> 6:34PM | | Moon 3 - Phase 49 | |
| Creative Work | Amrita Yoga | 151271368 Rahu | 5:08PM – 6:34PM | Gara Until 6:27PM | Nataraja: Clear | | | 4th Phase | |
| | | | | Trayodashi Until 6:02AM | Moon – Red | | Sivaloka Day | | |
| | | | | | Chaitra-Panguni | | | | |

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| Monday, April 10, 2017 | | Copper Retreat Star | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Cape Town, South Africa Sun 28 Sutra 358 | |
| Kanya Rasi: 13.57 | Tithi 14 – 15 | Gulika | 2:15PM – 3:41PM | Hasta Until 12:08AM Tue | Ganesha: Blue | <i>Sunrise:</i> 7:05AM | | Durmukha 5118 | |
| Family Home Evening | | Yama | 11:23AM – 12:49PM | Vyaghata* Until 5:17AM Tue | Muruga: Yellow | <i>Sunset:</i> 6:33PM | | Moon 3 - Phase 49 | |
| Creative Work | Siddha Yoga | 161271368 Rahu | 8:31AM – 9:57AM | Visti Until 7:31PM | Nataraja: Clear | | | Purnima | |
| | | | | Chaturdashi* Until 6:55AM | Moon – Green | | Devaloka Day | | |
| | | Panguni Uttiram | | | Chaitra-Panguni | | | | |
| | | Hanuman Jayanti | | | | | | | |

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| Tuesday, April 11, 2017 | | Silver Retreat Star | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Cape Town, South Africa Sun 29 Sutra 359 | |
| Kanya Rasi: 26.2 | Tithi 15 – 16 | Gulika | 12:48PM – 2:14PM | Chitra Until 2:12AM Wed | Ganesha: Blue | <i>Sunrise:</i> 7:05AM | | Durmukha 5118 | |
| | | Yama | 9:57AM – 11:23AM | Harshana Until 5:30AM Wed | Muruga: Yellow | <i>Sunset:</i> 6:31PM | | Moon 3 - Phase 49 | |
| Creative Work | Siddha Yoga | 161271368 Rahu | 3:40PM – 5:06PM | Balava Until 8:57PM | Nataraja: Clear | | | Prathama | |
| | | | | Purnima* Until 8:10AM | Moon – Green | | Devaloka Day | | |
| | | | | | Chaitra-Panguni | | | | |



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa

Sutra 360

Durmukha 5118

Moon 4 - Phase 50

1st Phase

Tula Rasi: 8.35 Tihi 16 - 17

161271368

Gulika 11:23AM - 12:48PM
Yama 8:31AM - 9:57AM
Rahu 12:48PM - 2:14PM

Svati Until 4:25AM Thu
Vajra* Until 5:55AM Thu
Taitila Until 10:44PM
Prathama* Until 9:47AM

Ganesha: Blue *Sunrise:* 7:06AM
Muruga: Yellow *Sunset:* 6:30PM
Nataraja: Clear
Moon - Green
Chaitra-Panguni

Devaloka Day

Creative Work Siddha Yoga

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 361

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Tula Rasi: 20.42 Tihi 17 - 18

171271368

Gulika 9:57AM - 11:23AM
Yama 7:07AM - 8:32AM
Rahu 2:13PM - 3:38PM

Vishakha Until 7:14AM Fri
Siddhi Until 6:34AM Fri
Vanija Until 12:47AM Fri
Dvitiya Until 11:42AM

Ganesha: Red *Sunrise:* 7:07AM
Muruga: Yellow *Sunset:* 6:29PM
Nataraja: Clear
Moon - Orange
Chaitra-Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Tamil New Year

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Cape Town, South Africa

Sun 2 Sutra 362

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Vrischika Rasi: 2.42 Tihi 18 - 19

271271368

Gulika 8:32AM - 9:57AM
Yama 3:38PM - 5:03PM
Rahu 11:22AM - 12:48PM

Vishakha Until 7:14AM
Siddhi Until 6:34AM
Bava Until 3:04AM Sat
Tritiya Until 1:53PM

Ganesha: Blue *Sunrise:* 7:07AM
Muruga: Yellow *Sunset:* 6:28PM
Nataraja: Clear
Moon - Orange
Chaitra-Chaitra

Devaloka Day

Creative Work Siddha Yoga

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa

Sun 3 Sutra 363

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Vrischika Rasi: 14.38 Tihi 19 - 20

271271368

Gulika 7:08AM - 8:33AM
Yama 2:12PM - 3:37PM
Rahu 9:58AM - 11:22AM

Anuradha Until 10:06AM
Vyatipata* Until 7:23AM
Kaulava Until 5:30AM Sun
Chaturthi* Until 4:15PM

Ganesha: Blue *Sunrise:* 7:08AM
Muruga: Yellow *Sunset:* 6:26PM
Nataraja: Clear
Moon - Orange
Chaitra-Chaitra

Devaloka Day

Creative Work Siddha Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Taitila Karana Panchamyam Titau

Cape Town, South Africa

Sun 4 Sutra 364

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Vrischika Rasi: 26.31 Tihi 20

271271368

Gulika 3:36PM - 5:01PM
Yama 12:47PM - 2:12PM
Rahu 5:01PM - 6:25PM

Jyeshtha* Until 12:52PM
Variyan Until 8:15AM
Taitila Until 6:41PM
Panchami Until 6:41PM

Ganesha: Blue *Sunrise:* 7:09AM
Muruga: Yellow *Sunset:* 6:25PM
Nataraja: Clear
Moon - Orange
Chaitra-Chaitra

Devaloka Day

Routine Work Marana Yoga

Until 12:52PM

Then Creative Work - Amrita Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa

Sun 5 Sutra 1

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Dhanus Rasi: 8.23 Tihi 21

281271368

Gulika 2:11PM - 3:35PM
Yama 11:22AM - 12:47PM
Rahu 8:34AM - 9:58AM

Mula* Until 3:56PM
Parigha* Until 9:08AM
Gara Until 7:54AM
Shashthi* Until 9:02PM

Ganesha: Red *Sunrise:* 7:10AM
Muruga: Yellow *Sunset:* 6:24PM
Nataraja: Clear
Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 3:56PM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Cape Town, South Africa

Sun 6 Sutra 2

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Dhanus Rasi: 20.2 Tihi 22

281271368

Gulika 12:47PM - 2:11PM
Yama 9:58AM - 11:22AM
Rahu 3:35PM - 4:59PM

Purvashadha* Until 6:36PM
Shiva Until 9:53AM
Visti Until 10:07AM
Saptami Until 11:05PM

Ganesha: Red *Sunrise:* 7:10AM
Muruga: Yellow *Sunset:* 6:23PM
Nataraja: Clear
Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 6:36PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa

Sun 7 Sutra 3

Hemalamba 5119

Moon 4 - Phase 50

Ashtami

Makara Rasi: 2.25 Tihi 23

282271368

Gulika 11:23AM - 12:46PM
Yama 8:35AM - 9:59AM
Rahu 12:46PM - 2:10PM

Uttarashadha Until 8:38PM
Siddha Until 10:17AM
Balava Until 11:57AM
Ashtami* Until 12:37AM Thu

Ganesha: Yellow *Sunrise:* 7:11AM
Muruga: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 8:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa

Sun 8 Sutra 4

Hemalamba 5119

Moon 4 - Phase 50

Navami

Makara Rasi: 14.45 Tihi 24

292271368

Gulika 9:59AM - 11:23AM
Yama 7:12AM - 8:35AM
Rahu 2:10PM - 3:33PM

Shravana Until 10:21PM
Sadhya Until 10:15AM
Taitila Until 1:09PM
Navami* Until 1:27AM Fri

Ganesha: White *Sunrise:* 7:12AM
Muruga: Yellow *Sunset:* 6:20PM
Nataraja: Clear
Moon - Purple
Chaitra-Chaitra

Devaloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 Friday, April 21, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Sun 9 Sutra 5 | |
| | | Gulika | 8:36AM – 9:59AM | Dhanishtha Until 11:07PM | Ganesh: White | <i>Sunrise:</i> 7:13AM | Hemalamba 5119 |
| Makara Rasi: 27.23 | Tithi 25 | Yama | 3:33PM – 4:56PM | Subha Until 9:39AM | Muruga: Yellow | <i>Sunset:</i> 6:19PM | Moon 4 - Phase 1 |
| | | 292271368 | Rahu 11:23AM – 12:46PM | Vanija Until 1:35PM | Nataraja: Clear | | 2nd Phase |
| Creative Work | Siddha Yoga | | | | | Moon – Purple | Devaloka Day |
| | | | | | | Chaitra•Chaitra | |

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| 2 Saturday, April 22, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 10 Sutra 6 | |
| | | Gulika | 7:13AM – 8:36AM | Shatabhishak Until 10:53PM | Ganesh: White | <i>Sunrise:</i> 7:13AM | Hemalamba 5119 |
| Kumbha Rasi: 10.27 | Tithi 26 | Yama | 2:09PM – 3:32PM | Sukla Until 8:22AM | Muruga: Yellow | <i>Sunset:</i> 6:18PM | Moon 4 - Phase 1 |
| | | 292271368 | Rahu 9:59AM – 11:23AM | Bava Until 1:09PM | Nataraja: Clear | | 2nd Phase |
| Creative Work | Amrita Yoga | | | | | Moon – Purple | Devaloka Day |
| Until 10:53PM | | | | | | Chaitra•Chaitra | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 3 Sunday, April 23, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Sun 11 Sutra 7 | |
| | | Gulika | 3:31PM – 4:54PM | Purvaproshtapada* Until 10:08PM | Ganesh: Light Blue | <i>Sunrise:</i> 7:14AM | Hemalamba 5119 |
| Kumbha Rasi: 23.58 | Tithi 27 | Yama | 12:45PM – 2:08PM | Brahma Until 6:24AM | Muruga: Yellow | <i>Sunset:</i> 6:17PM | Moon 4 - Phase 1 |
| | | 212271368 | Rahu 4:54PM – 6:17PM | Kaulava Until 11:53AM | Nataraja: Clear | | 2nd Phase |
| Creative Work | Siddha Yoga | | | | | Moon – Clear | Devaloka Day |
| Until 10:08PM | | | | | | Chaitra•Chaitra | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 4 Monday, April 24, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 12 Sutra 8 | |
| | | Gulika | 2:08PM – 3:31PM | Uttaraproshtapada Until 8:32PM | Ganesh: Light Blue | <i>Sunrise:</i> 7:15AM | Hemalamba 5119 |
| Meena Rasi: 7.58 | Tithi 28 | Yama | 11:23AM – 12:45PM | Vaidhriti* Until 12:39AM Tue | Muruga: Yellow | <i>Sunset:</i> 6:16PM | Moon 4 - Phase 1 |
| Family Home Evening | | 212271369 | Rahu 8:37AM – 10:00AM | Gara Until 9:50AM | Nataraja: Purple | | 2nd Phase |
| Creative Work | Siddha Yoga | | | | | Moon – Clear | Bhuloka Day |
| | | | | | | Chaitra•Chaitra | Devaloka Time: 12:PM to 3:PM |
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| | | | | | | <i>Pradosha Vrata (Fasting)</i> | |

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| 5 Tuesday, April 25, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | Revati Nakshatra Vishkambha* Yoga Visti*/Caluspada* Karana Chaturdashi/Amavasyam Titau | | | | Sun 13 Sutra 9 | |
| | | Gulika | 12:45PM – 2:07PM | Revati Until 6:13PM | Ganesh: Light Blue | <i>Sunrise:</i> 7:16AM | Hemalamba 5119 |
| Meena Rasi: 22.24 | Tithi 29 – 30 | Yama | 10:00AM – 11:23AM | Vishkambha* Until 9:03PM | Muruga: Yellow | <i>Sunset:</i> 6:15PM | Moon 4 - Phase 1 |
| | | 212271369 | Rahu 3:30PM – 4:52PM | Visti Until 7:09AM | Nataraja: Purple | | 2nd Phase |
| Creative Work | Siddha Yoga | | | | | Moon – Clear | Bhuloka Day |
| | | | | | | Chaitra•Chaitra | Devaloka Time: 12:PM to 3:PM |
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| Wednesday, April 26, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau | | | | Sun 14 Sutra 10 | |
| | | Gulika | 11:23AM – 12:45PM | Ashvini Until 3:47PM | Ganesh: Purple | <i>Sunrise:</i> 7:16AM | Hemalamba 5119 |
| Mesha Rasi: 7.13 | Tithi 30 – 1 | Yama | 8:38AM – 10:01AM | Priti Until 5:09PM | Muruga: Yellow | <i>Sunset:</i> 6:14PM | Moon 4 - Phase 1 |
| | | 222271369 | Rahu 12:45PM – 2:07PM | Kintughna Until 12:30AM Thu | Nataraja: Purple | | Amavasya |
| Routine Work | Marana Yoga | | | | | Moon – White | Bhuloka Day |
| Until 3:47PM | | | | | | Chaitra•Chaitra | Devaloka Time: 12:PM to 3:PM |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Thursday, April 27, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Cape Town, South Africa | |
| | | Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvityayam Titau | | | | Sun 15 Sutra 11 | |
| | | Gulika | 10:01AM – 11:23AM | Bharani Until 1:00PM | Ganesh: Purple | <i>Sunrise:</i> 7:17AM | Hemalamba 5119 |
| Mesha Rasi: 22.15 | Tithi 1 – 2 | Yama | 7:17AM – 8:39AM | Ayushman Until 1:04PM | Muruga: Yellow | <i>Sunset:</i> 6:12PM | Moon 4 - Phase 1 |
| | | 222271369 | Rahu 2:07PM – 3:29PM | Balava Until 8:52PM | Nataraja: Purple | | Prathama |
| Creative Work | Siddha Yoga | | | | | Moon – White | Bhuloka Day |
| Until 1:00PM | | | | | | Vaisaka•Chaitra | Devaloka Time: 12:PM to 3:PM |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 1 | Friday, April 28, 2017 | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau | Cape Town, South Africa Sun 16 Sutra 12 Hemalamba 5119 |
| | Wrishabha Rasi: 7.22 Tithi 2 – 3 222271369 | Gulika 8:39AM – 10:01AM Yama 3:28PM – 4:50PM Rahu 11:23AM – 12:45PM | Krittika Until 10:03AM Saubhagya Until 8:58AM Gara Until 3:30AM Sat Dvitiya Until 7:02AM |

Creative Work Siddha Yoga
Until 10:03AM
Then Routine Work - Marana Yoga

| | | |
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| Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – White Vaisaka-Chaitra | <i>Sunrise:</i> 7:18AM <i>Sunset:</i> 6:11PM | Bhuloka Day Devaloka Time: 12:PM to 3:PM |
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| 2 | Saturday, April 29, 2017 | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau | Cape Town, South Africa Sun 17 Sutra 13 Hemalamba 5119 |
| | Wrishabha Rasi: 22.23 Tithi 4 232271369 | Gulika 7:18AM – 8:40AM Yama 2:06PM – 3:27PM Rahu 10:01AM – 11:23AM | Rohini Until 7:29AM Athiganda* Until 1:12AM Sun Vanija Until 1:51PM Chaturthi* Until 12:15AM Sun |

Creative Work Amrita Yoga
Until 7:29AM
Then Creative Work - Siddha Yoga

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| Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon – Yellow Vaisaka-Chaitra | <i>Sunrise:</i> 7:18AM <i>Sunset:</i> 6:10PM | Bhuloka Day Devaloka Time: 12:PM to 3:PM |
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| 3 | Sunday, April 30, 2017 | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau | Cape Town, South Africa Sun 18 Sutra 14 Hemalamba 5119 |
| | Mithuna Rasi: 7.12 Tithi 5 232271369 | Gulika 3:27PM – 4:48PM Yama 12:44PM – 2:06PM Rahu 4:48PM – 6:09PM | Ardra Until 3:01AM Mon Sukarma Until 9:46PM Bava Until 10:47AM Panchami Until 9:24PM |

Creative Work Siddha Yoga
Until 3:01AM Mon
Then Creative Work - Amrita Yoga

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|--|---|--|
| Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon – Yellow Vaisaka-Chaitra | <i>Sunrise:</i> 7:19AM <i>Sunset:</i> 6:09PM | Bhuloka Day Devaloka Time: 12:PM to 3:PM |
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| 4 | Monday, May 1, 2017 | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau | Cape Town, South Africa Sun 19 Sutra 15 Hemalamba 5119 |
| | Mithuna Rasi: 21.41 Tithi 6 Family Home Evening 242271369 | Gulika 2:05PM – 3:26PM Yama 11:23AM – 12:44PM Rahu 8:42AM – 10:02AM | Punarvasu Until 1:46AM Tue Dhriti Until 6:48PM Kaulava Until 8:11AM Shashthi* Until 7:05PM |

Creative Work Amrita Yoga
Until 1:46AM Tue
Then Creative Work - Siddha Yoga

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|--|---|---------------------|
| Ganesh: Orange Muruga: Yellow Nataraja: Purple Moon – Blue Vaisaka-Chaitra | <i>Sunrise:</i> 7:21AM <i>Sunset:</i> 6:07PM | Devaloka Day |
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| 5 | Tuesday, May 2, 2017 | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau | Cape Town, South Africa Sun 20 Sutra 16 Hemalamba 5119 |
| | Kataka Rasi: 5.46 Tithi 7 – 8 243371369 | Gulika 12:44PM – 2:05PM Yama 10:03AM – 11:23AM Rahu 3:25PM – 4:46PM | Pushya Until 1:01AM Wed Shula* Until 4:19PM Gara Until 6:10AM Saptami Until 5:23PM |

Creative Work Siddha Yoga

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|--|---|---------------------|
| Ganesh: Orange Muruga: Yellow Nataraja: Purple Moon – Blue Vaisaka-Chaitra | <i>Sunrise:</i> 7:21AM <i>Sunset:</i> 6:06PM | Devaloka Day |
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| D | Wednesday, May 3, 2017 | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Cape Town, South Africa Sun 21 Sutra 17 Hemalamba 5119 |
| | Kataka Rasi: 19.28 Tithi 8 – 9 243381369 | Gulika 11:23AM – 12:44PM Yama 8:43AM – 10:03AM Rahu 12:44PM – 2:04PM | Ashlesha* Until 12:47AM Thu Ganda* Until 2:23PM Balava Until 4:06AM Thu Ashtami* Until 4:21PM |

Creative Work Siddha Yoga
Until 12:47AM Thu
Then Creative Work - Amrita Yoga

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| Ganesh: Orange Muruga: Blue Nataraja: Purple Moon – Blue Vaisaka-Chaitra | <i>Sunrise:</i> 7:22AM <i>Sunset:</i> 6:05PM | Bhuloka Day Devaloka Time: 6:AM to 9:AM |
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| D | Thursday, May 4, 2017 | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vridhdi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Cape Town, South Africa Sun 22 Sutra 18 Hemalamba 5119 |
| | Simha Rasi: 2.46 Tithi 9 – 10 253381369 | Gulika 10:03AM – 11:23AM Yama 7:23AM – 8:43AM Rahu 2:04PM – 3:24PM | Magha* Until 1:30AM Fri Vridhdi Until 1:00PM Taitila Until 4:03AM Fri Navami* Until 3:59PM |

Creative Work Amrita Yoga
Until 1:30AM Fri
Then Creative Work - Siddha Yoga

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|--|---|--------------------|
| Ganesh: Green Muruga: Blue Nataraja: Purple Moon – Red Vaisaka-Chaitra | <i>Sunrise:</i> 7:23AM <i>Sunset:</i> 6:04PM | Bhuloka Day |
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Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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| 1 Friday, May 5, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Cape Town, South Africa Sun 23 Sutra 19 |
| Simha Rasi: 15.44 | Tithi 10 – 11 | Gulika 8:44AM – 10:04AM | Purvaphalguni Until 2:37AM Sat | Ganesh: Green <i>Sunrise: 7:24AM</i> | | Hemalamba 5119 |
| | | Yama 3:24PM – 4:44PM | Dhruva Until 12:05PM | Muruga: Blue <i>Sunset: 6:04PM</i> | | Moon 4 - Phase 3 |
| | | 253381369 Rahu 11:24AM – 12:44PM | Vanija Until 4:35AM Sat | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 4:14PM | Moon – Red | | Bhuloka Day |
| Until 2:37AM Sat | | | | Vaisaka-Chaitra | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 2 Saturday, May 6, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Visli*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Cape Town, South Africa Sun 24 Sutra 20 |
| Simha Rasi: 28.25 | Tithi 11 – 12 | Gulika 7:24AM – 8:44AM | Uttaraphalguni Until 4:05AM Sun | Ganesh: Green <i>Sunrise: 7:24AM</i> | | Hemalamba 5119 |
| | | Yama 2:03PM – 3:23PM | Vyaghata* Until 11:36AM | Muruga: Blue <i>Sunset: 6:03PM</i> | | Moon 4 - Phase 3 |
| | | 253381369 Rahu 10:04AM – 11:24AM | Bava Until 5:36AM Sun | Nataraja: Purple | | 4th Phase |
| Routine Work | Marana Yoga | | Ekadashi Until 5:01PM | Moon – Red | | Bhuloka Day |
| Until 4:05AM Sun | | | | Vaisaka-Chaitra | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 3 Sunday, May 7, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Balava Karana Dvadashyam Titau | | | | Cape Town, South Africa Sun 25 Sutra 21 |
| Kanya Rasi: 10.54 | Tithi 12 | Gulika 3:23PM – 4:42PM | Hasta Until 6:14AM Mon | Ganesh: Red <i>Sunrise: 7:25AM</i> | | Hemalamba 5119 |
| | | Yama 12:43PM – 2:03PM | Harshana Until 11:30AM | Muruga: Blue <i>Sunset: 6:02PM</i> | | Moon 4 - Phase 3 |
| | | 263381369 Rahu 4:42PM – 6:02PM | Balava Until 6:15PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Dvadashi Until 6:15PM | Moon – Green | | Bhuloka Day |
| Until 6:14AM Mon | | | | Vaisaka-Chaitra | | Devaloka Time: 6:AM to 9:AM |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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| 4 Monday, May 8, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Cape Town, South Africa Sun 26 Sutra 22 |
| Kanya Rasi: 23.12 | Tithi 13 | Gulika 2:03PM – 3:22PM | Hasta Until 6:14AM | Ganesh: Red <i>Sunrise: 7:26AM</i> | | Hemalamba 5119 |
| Family Home Evening | | Yama 11:24AM – 12:43PM | Vajra* Until 11:40AM | Muruga: Blue <i>Sunset: 6:01PM</i> | | Moon 4 - Phase 3 |
| Creative Work | Siddha Yoga | 263381369 Rahu 8:45AM – 10:05AM | Kaulava Until 7:01AM | Nataraja: Purple | | 4th Phase |
| Until 6:14AM | | | Trayodashi Until 7:49PM | Moon – Green | | Bhuloka Day |
| Then Routine Work - Prabalarishta Yoga | | | <i>Pradosha Vrata</i> | Vaisaka-Chaitra | | Devaloka Time: 6:AM to 9:AM |

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| 5 Tuesday, May 9, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Cape Town, South Africa Sun 27 Sutra 23 |
| Tula Rasi: 5.23 | Tithi 14 | Gulika 12:43PM – 2:02PM | Chitra Until 8:32AM | Ganesh: Red <i>Sunrise: 7:27AM</i> | | Hemalamba 5119 |
| | | Yama 10:05AM – 11:24AM | Siddhi Until 12:04PM | Muruga: Blue <i>Sunset: 6:00PM</i> | | Moon 4 - Phase 3 |
| | | 263381369 Rahu 3:22PM – 4:41PM | Gara Until 8:44AM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 9:40PM | Moon – Green | | Bhuloka Day |
| | | | | Vaisaka-Chaitra | | Devaloka Time: 6:AM to 9:AM |

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| Wednesday, May 10, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Visli*/Bava Karana Purnimayam Titau | | | | Cape Town, South Africa Sutra 24 |
| Copper Retreat Star | | Gulika 11:24AM – 12:43PM | Svati Until 10:54AM | Ganesh: Red <i>Sunrise: 7:27AM</i> | | Hemalamba 5119 |
| Tula Rasi: 17.27 | Tithi 15 | Yama 8:46AM – 10:05AM | Vyatipata* Until 12:40PM | Muruga: Blue <i>Sunset: 5:59PM</i> | | Moon 4 - Phase 3 |
| | | 263381369 Rahu 12:43PM – 2:02PM | Visli Until 10:42AM | Nataraja: Purple | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 11:44PM | Moon – Green | | Bhuloka Day |
| | | Budha Purnima (Tamil Nadu) | | Vaisaka-Chaitra | | Devaloka Time: 6:AM to 9:AM |

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| Thursday, May 11, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Cape Town, South Africa Sutra 25 |
| Silver Retreat Star | | Gulika 10:06AM – 11:24AM | Vishakha Until 1:48PM | Ganesh: Blue <i>Sunrise: 7:28AM</i> | | Hemalamba 5119 |
| Tula Rasi: 29.26 | Tithi 16 | Yama 7:28AM – 8:47AM | Variyan Until 1:23PM | Muruga: Blue <i>Sunset: 5:58PM</i> | | Moon 4 - Phase 3 |
| | | 273381369 Rahu 2:02PM – 3:21PM | Balava Until 12:51PM | Nataraja: Purple | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 1:58AM Fri | Moon – Orange | | Bhuloka Day |
| | | | | Vaisaka-Chaitra | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda