



**Tuesday, May 5, 2015**  
**Gold Retreat Star**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishkha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar  
Sutra 23

Tula Rasi: 29.47 Tithi 16 – 17  
279979269  
Routine Work Marana Yoga  
Until 12:40PM  
Then Creative Work - Siddha Yoga

**Gulika** 11:50AM – 1:26PM  
**Yama** 8:39AM – 10:15AM  
**Rahu** 3:02PM – 4:38PM

**Vishkha Until 12:40PM**  
Variyan Until 11:34PM  
Taitila Until 10:56PM  
**Prathama\* Until 10:46AM**

**Ganesha:** Blue *Sunrise:* 5:27AM  
**Muruḡa:** White *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Chaitra**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

**1**

**Wednesday, May 6, 2015**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar  
Sutra 24

Virschika Rasi: 12.37 Tithi 17 – 18  
271979269  
Creative Work Siddha Yoga

**Gulika** 10:14AM – 11:50AM  
**Yama** 7:03AM – 8:39AM  
**Rahu** 11:50AM – 1:26PM

**Anuradha Until 1:29PM**  
Parigha\* Until 10:30PM  
Vanija Until 10:54PM  
**Dvitiya Until 10:57AM**

**Ganesha:** Yellow *Sunrise:* 5:27AM  
**Muruḡa:** White *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Chaitra**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**Sivaloka Day**

**2**

**Thursday, May 7, 2015**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Visti\*/Bava Karana Tritiya/Chaturhyam Titau

Pyinmana, Myanmar  
Sutra 25

Virschika Rasi: 25.4 Tithi 18 – 19  
271979269  
Routine Work Prabalarishta Yoga  
Until 1:42PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:38AM – 10:14AM  
**Yama** 5:26AM – 7:02AM  
**Rahu** 1:26PM – 3:02PM

**Jyeshtha\* Until 1:42PM**  
Shiva Until 9:05PM  
Bava Until 10:25PM  
**Tritiya Until 10:41AM**

**Ganesha:** Yellow *Sunrise:* 5:26AM  
**Muruḡa:** White *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Chaitra**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**Sivaloka Day**

**3**

**Friday, May 8, 2015**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar  
Sutra 26

Dhanus Rasi: 8.56 Tithi 19 – 20  
281979269  
Creative Work Amrita Yoga  
Until 1:50PM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 7:02AM – 8:38AM  
**Yama** 3:02PM – 4:39AM  
**Rahu** 10:14AM – 11:50AM

**Mula\* Until 1:50PM**  
Siddha Until 7:21PM  
Kaulava Until 9:34PM  
**Chaturthi\* Until 10:01AM**

**Ganesha:** White *Sunrise:* 5:26AM  
**Muruḡa:** White *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Chaitra**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**Subha Sivaloka Day**

**4**

**Saturday, May 9, 2015**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar  
Sutra 27

Dhanus Rasi: 22.25 Tithi 20 – 21  
281179269  
Creative Work Siddha Yoga  
Until 1:28PM  
Then Routine Work - Marana Yoga

**Gulika** 5:25AM – 7:02AM  
**Yama** 1:26PM – 3:03PM  
**Rahu** 8:38AM – 10:14AM

**Purvashadha\* Until 1:28PM**  
Sadhya Until 5:21PM  
Gara Until 8:22PM  
**Panchami Until 8:59AM**

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruḡa:** White *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Chaitra**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**Sivaloka Day**

**5**

**Sunday, May 10, 2015**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar  
Sutra 28

Makara Rasi: 6.05 Tithi 21 – 22  
281179269  
Creative Work Amrita Yoga

**Gulika** 3:03PM – 4:39PM  
**Yama** 11:50AM – 1:26PM  
**Rahu** 4:39PM – 6:15PM

**Uttarashadha Until 12:38PM**  
Subha Until 3:06PM  
Visti Until 6:50PM  
**Shashthi\* Until 7:37AM**

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruḡa:** White *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Chaitra**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**Sivaloka Day**

**Mother's Day**

**D**

**Monday, May 11, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar  
Sutra 29

Makara Rasi: 19.57 Tithi 23  
291179269  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 11:47AM  
Then Creative Work - Siddha Yoga

**Gulika** 1:26PM – 3:03PM  
**Yama** 10:14AM – 11:50AM  
**Rahu** 7:01AM – 8:37AM

**Shravana Until 11:47AM**  
Sukla Until 12:35PM  
Balava Until 5:01PM  
**Ashtami\* Until 3:59AM Tue**

**Ganesha:** White *Sunrise:* 5:25AM  
**Muruḡa:** White *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Chaitra**

Manmatha 5117  
Moon 4 - Phase 3  
Ashtami

**Devaloka Day**

**Chidambaram Abhishekam**

**Tuesday, May 12, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar  
Sutra 30

Kumbha Rasi: 3.59 Tithi 24  
291179269  
Creative Work Siddha Yoga  
Until 10:31AM  
Then Routine Work - Marana Yoga

**Gulika** 11:50AM – 1:27PM  
**Yama** 8:37AM – 10:14AM  
**Rahu** 3:03PM – 4:39PM

**Dhanishtha Until 10:31AM**  
Brahma Until 9:51AM  
Taitila Until 2:55PM  
**Navami\* Until 1:46AM Wed**

**Ganesha:** White *Sunrise:* 5:24AM  
**Muruḡa:** White *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Chaitra**

Manmatha 5117  
Moon 4 - Phase 3  
Navami

**Devaloka Day**


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, May 13, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau			Pyinmana, Myanmar Sutra 31
	Kumbha Rasi: 18.13      Tithi 25 291179269	<b>Gulika</b> 10:14AM – 11:50AM <b>Yama</b> 7:00AM – 8:37AM <b>Rahu</b> 11:50AM – 1:27PM	<b>Shatabhishak Until 8:51AM</b> Indra Until 6:56AM Vanija Until 12:35PM Dashami Until 11:19PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> White <i>Sunset:</i> 6:16PM <b>Nataraja:</b> Clear Moon – Purple <b>Vaisaka-Chaitra</b>	Manmatha 5117 Moon 4 - Phase 4 2nd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 8:51AM Then Creative Work - Amrita Yoga					

<b>2</b>	<b>Thursday, May 14, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau			Pyinmana, Myanmar Sutra 32
	Meena Rasi: 2.34      Tithi 26 211179269	<b>Gulika</b> 8:37AM – 10:13AM <b>Yama</b> 5:24AM – 7:00AM <b>Rahu</b> 1:27PM – 3:03PM	<b>Purvaproshtapada* Until 7:15AM</b> Vishkambha* Until 12:34AM Fri Bava Until 10:02AM Ekadashi* Until 8:42PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> White <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – Clear <b>Vaisaka-Chaitra</b>	Manmatha 5117 Moon 4 - Phase 4 2nd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga					

<b>3</b>	<b>Friday, May 15, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau			Pyinmana, Myanmar Sutra 33
	Meena Rasi: 17.01      Tithi 27 211179269	<b>Gulika</b> 7:00AM – 8:37AM <b>Yama</b> 3:03PM – 4:00PM <b>Rahu</b> 10:13AM – 11:50AM	<b>Revati Until 3:21AM Sat</b> Priti Until 9:18PM Kaulava Until 7:23AM Dvadashi* Until 6:00PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:23AM <b>Muruqa:</b> White <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – Clear <b>Vaisaka-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 4 2nd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga					

<b>4</b>	<b>Saturday, May 16, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Pyinmana, Myanmar Sutra 34
	Mesha Rasi: 1.31      Tithi 28 – 29 222179269	<b>Gulika</b> 5:23AM – 7:00AM <b>Yama</b> 1:27PM – 3:04PM <b>Rahu</b> 8:37AM – 10:13AM	<b>Ashvini Until 1:38AM Sun</b> Ayushman Until 6:01PM Visti Until 2:03AM Sun Trayodashi* Until 3:20PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:23AM <b>Muruqa:</b> White <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 4 2nd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 1:38AM Sun Then Routine Work - Prabalarishta Yoga					

	<b>Sunday, May 17, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Pyinmana, Myanmar Sutra 35
	<b>Retreat Star</b> Mesha Rasi: 15.56      Tithi 29 – 30 222179269	<b>Gulika</b> 3:04PM – 4:41PM <b>Yama</b> 11:50AM – 1:27PM <b>Rahu</b> 4:41PM – 6:17PM	<b>Bharani Until 11:59PM</b> Saubhagya Until 2:53PM Catuspada Until 11:37PM Chaturdashi* Until 12:47PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:23AM <b>Muruqa:</b> White <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 4 Amavasya <b>Devaloka Day</b>
Routine Work    Prabalarishta Yoga Until 11:59PM Then Creative Work - Siddha Yoga					

<b>Monday, May 18, 2015</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sobhana/Alhiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Pyinmana, Myanmar Sutra 36
	Vrishabha Rasi: 0.13      Tithi 30 – 1 <b>Family Home Evening</b> 222179269	<b>Gulika</b> 1:27PM – 3:04PM <b>Yama</b> 10:13AM – 11:50AM <b>Rahu</b> 6:59AM – 8:36AM	<b>Krittika Until 10:32PM</b> Sobhana Until 11:59AM Kintughna Until 9:31PM Amavasya* Until 10:30AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:22AM <b>Muruqa:</b> White <i>Sunset:</i> 6:18PM <b>Nataraja:</b> Clear Moon – White <b>Jyeshtha-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 4 Prathama <b>Devaloka Day</b>
Routine Work    Marana Yoga Until 10:32PM Then Creative Work - Amrita Yoga					

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

<b>1</b>	<b>Tuesday, May 19, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Pyinmana, Myanmar Sutra 37
Wishabha Rasi: 14.14	Tithi 1 – 2	<b>Gulika</b> 11:50AM – 1:27PM <b>Yama</b> 8:36AM – 10:13AM <b>Rahu</b> 3:04PM – 4:41PM	<b>Rohini Until 9:49PM</b> Athiganda* Until 9:23AM Balava Until 7:52PM <b>Prathama* Until 8:36AM</b>
232179269		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:22AM <b>Muruga:</b> White <i>Sunset:</i> 6:18PM <b>Nataraja:</b> Clear Moon – Yellow	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Devaloka Day</b> <b>Jyeshtha-Vaikasi</b>
Creative Work Amrita Yoga Until 9:49PM Then Creative Work - Siddha Yoga			
<b>2</b>	<b>Wednesday, May 20, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Pyinmana, Myanmar Sutra 38
Wishabha Rasi: 27.58	Tithi 2 – 3	<b>Gulika</b> 10:13AM – 11:50AM <b>Yama</b> 6:59AM – 8:36AM <b>Rahu</b> 11:50AM – 1:27PM	<b>Mrigashira Until 9:33PM</b> Sukarma Until 7:14AM Taitila Until 6:48PM <b>Dvitiya Until 7:14AM</b>
232179269		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:22AM <b>Muruga:</b> White <i>Sunset:</i> 6:19PM <b>Nataraja:</b> Clear Moon – Yellow	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Devaloka Day</b> <b>Jyeshtha-Vaikasi</b>
Creative Work Siddha Yoga			
<b>3</b>	<b>Thursday, May 21, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Pyinmana, Myanmar Sutra 39
Mithuna Rasi: 11.19	Tithi 3 – 4	<b>Gulika</b> 8:36AM – 10:13AM <b>Yama</b> 5:22AM – 6:59AM <b>Rahu</b> 1:27PM – 3:05PM	<b>Ardra Until 9:47PM</b> Shula* Until 4:30AM Fri Vanija Until 6:24PM <b>Tritiya Until 6:29AM</b>
232179269		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:22AM <b>Muruga:</b> White <i>Sunset:</i> 6:19PM <b>Nataraja:</b> Clear Moon – Yellow	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Devaloka Day</b> <b>Jyeshtha-Vaikasi</b>
Routine Work Marana Yoga Until 9:47PM Then Creative Work - Amrita Yoga			
<b>4</b>	<b>Friday, May 22, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Pyinmana, Myanmar Sutra 40
Mithuna Rasi: 24.19	Tithi 4 – 5	<b>Gulika</b> 6:59AM – 8:36AM <b>Yama</b> 3:05PM – 4:42PM <b>Rahu</b> 10:13AM – 11:50AM	<b>Punarvasu Until 11:03PM</b> Ganda* Until 4:00AM Sat Bava Until 6:43PM <b>Chaturthi* Until 6:27AM</b>
242179269		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruga:</b> White <i>Sunset:</i> 6:19PM <b>Nataraja:</b> Clear Moon – Blue	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Sivaloka Day</b> <b>Jyeshtha-Vaikasi</b>
Creative Work Siddha Yoga Until 11:03PM Then Routine Work - Marana Yoga			
<b>5</b>	<b>Saturday, May 23, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Pyinmana, Myanmar Sutra 41
Kataka Rasi: 6.57	Tithi 5 – 6	<b>Gulika</b> 5:21AM – 6:59AM <b>Yama</b> 1:28PM – 3:05PM <b>Rahu</b> 8:36AM – 10:13AM	<b>Pushya Until 12:51AM Sun</b> Vriddhi Until 4:03AM Sun Kaulava Until 7:46PM <b>Panchami Until 7:08AM</b>
242179269		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruga:</b> White <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Blue	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Sivaloka Day</b> <b>Jyeshtha-Vaikasi</b>
Creative Work Siddha Yoga			
<b>6</b>	<b>Sunday, May 24, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Pyinmana, Myanmar Sutra 42
Kataka Rasi: 19.16	Tithi 6 – 7	<b>Gulika</b> 3:05PM – 4:43PM <b>Yama</b> 11:50AM – 1:28PM <b>Rahu</b> 4:43PM – 6:20PM	<b>Ashlesha* Until 3:05AM Mon</b> Dhruva Until 4:32AM Mon Gara Until 9:27PM <b>Shashthi* Until 8:31AM</b>
242179269		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruga:</b> White <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Blue	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Sivaloka Day</b> <b>Jyeshtha-Vaikasi</b>
Creative Work Siddha Yoga Until 3:05AM Mon Then Routine Work - Marana Yoga			
<b>Monday, May 25, 2015</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Pyinmana, Myanmar Sutra 43
Simha Rasi: 1.22	Tithi 7 – 8	<b>Gulika</b> 1:28PM – 3:05PM <b>Yama</b> 10:13AM – 11:51AM <b>Rahu</b> 6:58AM – 8:36AM	<b>Magha* Until 6:06AM Tue</b> Vyaghata* Until 5:22AM Tue Visti Until 11:38PM <b>Saptami Until 10:29AM</b>
252179269		<b>Ganesha:</b> White <i>Sunrise:</i> 5:21AM <b>Muruga:</b> White <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Red	Manmatha 5117 Moon 4 - Phase 5 Ashtami <b>Devaloka Day</b> <b>Jyeshtha-Vaikasi</b>
Routine Work Marana Yoga Until 6:06AM Tue Then Creative Work - Siddha Yoga			
<b>Tuesday, May 26, 2015</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Pyinmana, Myanmar Sutra 44
Simha Rasi: 13.16	Tithi 8 – 9	<b>Gulika</b> 11:51AM – 1:28PM <b>Yama</b> 8:36AM – 10:13AM <b>Rahu</b> 3:06PM – 4:43PM	<b>Magha* Until 6:06AM</b> Harshana Until 6:25AM Wed Balava Until 2:07AM Wed <b>Ashtami* Until 12:50PM</b>
352179269		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruga:</b> White <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Clear Moon – Red	Manmatha 5117 Moon 4 - Phase 5 Navami <b>Sivaloka Day</b> <b>Jyeshtha-Vaikasi</b>
Creative Work Siddha Yoga			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, May 27, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pyinmana, Myanmar Sutra 45				
Simha Rasi: 25.06	Tithi 9 – 10	352179269	<b>Gulika</b> 10:13AM – 11:51AM <b>Yama</b> 6:58AM – 8:36AM <b>Rahu</b> 11:51AM – 1:28PM	<b>Purvaphalguni Until 9:09AM</b> Harshana Until 6:25AM Taitila Until 4:38AM Thu <b>Navami* Until 3:22PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 5:21AM <b>Sunset:</b> 6:21PM	Manmatha 5117 Moon 4 - Phase 6 4th Phase <b>Sivaloka Day</b>			
Creative Work Amrita Yoga										
<b>2</b>		<b>Thursday, May 28, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Pyinmana, Myanmar Sutra 46				
Kanya Rasi: 6.56	Tithi 10 – 11	352179269	<b>Gulika</b> 8:36AM – 10:13AM <b>Yama</b> 5:20AM – 6:58AM <b>Rahu</b> 1:28PM – 3:06PM	<b>Uttaraphalguni Until 12:02PM</b> Vajra* Until 7:25AM Vanija Until 6:57AM Fri <b>Dashami Until 5:48PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:21PM	Manmatha 5117 Moon 4 - Phase 6 4th Phase <b>Sivaloka Day</b>			
Amrita Yoga Until 12:02PM Then Routine Work - Marana Yoga										
<b>3</b>		<b>Friday, May 29, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Pyinmana, Myanmar Sutra 47				
Kanya Rasi: 18.5	Tithi 11	363179269	<b>Gulika</b> 6:58AM – 8:36AM <b>Yama</b> 3:06PM – 4:44PM <b>Rahu</b> 10:13AM – 11:51AM	<b>Hasta Until 2:59PM</b> Siddhi Until 8:17AM Vanija Until 6:57AM <b>Ekadashi Until 7:56PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:22PM	Manmatha 5117 Moon 4 - Phase 6 4th Phase <b>Sivaloka Day</b>			
Creative Work Amrita Yoga Until 2:59PM Then Creative Work - Siddha Yoga										
<b>4</b>		<b>Saturday, May 30, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Dvadashyam Titau		Pyinmana, Myanmar Sutra 48				
Tula Rasi: 0.53	Tithi 12	363179269	<b>Gulika</b> 5:20AM – 6:58AM <b>Yama</b> 1:29PM – 3:07PM <b>Rahu</b> 8:36AM – 10:13AM	<b>Chitra Until 5:19PM</b> Vyatipata* Until 8:50AM Bava Until 8:51AM <b>Dvadashi Until 9:34PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:22PM	Manmatha 5117 Moon 4 - Phase 6 4th Phase <b>Sivaloka Day</b>			
Routine Work Marana Yoga Until 5:19PM Then Creative Work - Siddha Yoga										
<b>5</b>		<b>Sunday, May 31, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pyinmana, Myanmar Sutra 49				
Tula Rasi: 13.11	Tithi 13	363179269	<b>Gulika</b> 3:07PM – 4:45PM <b>Yama</b> 11:51AM – 1:29PM <b>Rahu</b> 4:45PM – 6:22PM	<b>Svati Until 6:54PM</b> Variyan Until 8:54AM Kaulava Until 10:10AM <b>Trayodashi Until 10:35PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:22PM	Manmatha 5117 Moon 4 - Phase 6 4th Phase <b>Sivaloka Day</b>			
Creative Work Siddha Yoga Until 6:54PM Then Routine Work - Marana Yoga										
<b>6</b>		<b>Monday, June 1, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Pyinmana, Myanmar Sutra 50				
Tula Rasi: 25.45	Tithi 14	373179269	<b>Gulika</b> 1:29PM – 3:07PM <b>Yama</b> 10:14AM – 11:51AM <b>Rahu</b> 6:58AM – 8:36AM	<b>Vishakha Until 8:11PM</b> Parigha* Until 8:30AM Gara Until 10:52AM <b>Chaturdashi* Until 10:57PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:23PM	Manmatha 5117 Moon 4 - Phase 6 4th Phase <b>Subha Sivaloka Day</b>			
Family Home Evening Routine Work Marana Yoga Until 8:11PM Then Creative Work - Siddha Yoga		Vaikasi Visakam								
<b>○</b>		<b>Tuesday, June 2, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Pyinmana, Myanmar Sutra 51				
<b>Copper Retreat Star</b>		Vrischika Rasi: 8.37		Tithi 15	373179269	<b>Gulika</b> 11:52AM – 1:29PM <b>Yama</b> 8:36AM – 10:14AM <b>Rahu</b> 3:07PM – 4:45PM	<b>Anuradha Until 8:41PM</b> Shiva Until 7:37AM Visti Until 10:55AM <b>Purnima* Until 10:41PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:23PM	Manmatha 5117 Moon 4 - Phase 6 Purnima <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga Until 8:41PM Then Routine Work - Marana Yoga										
<b>○</b>		<b>Wednesday, June 3, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Pyinmana, Myanmar Sutra 52				
<b>Silver Retreat Star</b>		Vrischika Rasi: 21.48		Tithi 16	373279269	<b>Gulika</b> 10:14AM – 11:52AM <b>Yama</b> 6:58AM – 8:36AM <b>Rahu</b> 11:52AM – 1:30PM	<b>Jyeshtha* Until 8:30PM</b> Siddha Until 6:13AM Balava Until 10:22AM <b>Prathama* Until 9:53PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:23PM	Manmatha 5117 Moon 4 - Phase 6 Prathama <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 8:30PM Then Routine Work - Marana Yoga										

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time

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**Thursday, June 4, 2015**  
**Gold Retreat Star**

Dhanus Rasi: 5.16 Tithi 17  
383279269  
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar  
Sun 1 Sutra 53  
Manmatha 5117  
Moon 5 - Phase 7  
1st Phase

**Gulika** 8:36AM – 10:14AM  
**Yama** 5:20AM – 6:58AM  
**Rahu** 1:30PM – 3:08PM

**Mula\* Until 8:11PM**  
Subha Until 2:19AM Fri  
Taitila Until 9:20AM  
**Dvitiya Until 8:39PM**

**Ganesha:** Blue *Sunrise:* 5:20AM  
**Muruqa:** White *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Devaloka Day**

**1**

**Friday, June 5, 2015**

Dhanus Rasi: 18.57 Tithi 18  
383279269  
Routine Work Prabalarishta Yoga  
Until 7:22PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla Yoga Vanija/Visti\* Karana Tritiyayam Titau

Pyinmana, Myanmar  
Sun 2 Sutra 54  
Manmatha 5117  
Moon 5 - Phase 7  
1st Phase

**Gulika** 6:58AM – 8:36AM  
**Yama** 3:08PM – 4:46PM  
**Rahu** 10:14AM – 11:52AM

**Purvashadha\* Until 7:22PM**  
Sukla Until 11:56PM  
Vanija Until 7:55AM  
**Tritiya Until 7:04PM**

**Ganesha:** Blue *Sunrise:* 5:20AM  
**Muruqa:** White *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Devaloka Day**

**2**

**Saturday, June 6, 2015**

Makara Rasi: 2.49 Tithi 19 – 20  
383279261  
Routine Work Marana Yoga  
Until 6:11PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Brahma Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar  
Sun 3 Sutra 55  
Manmatha 5117  
Moon 5 - Phase 7  
1st Phase

**Gulika** 5:20AM – 6:58AM  
**Yama** 1:30PM – 3:08PM  
**Rahu** 8:36AM – 10:14AM

**Uttarashadha Until 6:11PM**  
Brahma Until 9:23PM  
Bava Until 6:13AM  
**Chaturthi\* Until 5:16PM**

**Ganesha:** Blue *Sunrise:* 5:20AM  
**Muruqa:** White *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Devaloka Day**

**3**

**Sunday, June 7, 2015**

Makara Rasi: 16.49 Tithi 20 – 21  
393279261  
Creative Work Amrita Yoga  
Until 5:08PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar  
Sun 4 Sutra 56  
Manmatha 5117  
Moon 5 - Phase 7  
1st Phase

**Gulika** 3:09PM – 4:47PM  
**Yama** 11:52AM – 1:30PM  
**Rahu** 4:47PM – 6:25PM

**Shravana Until 5:08PM**  
Indra Until 6:45PM  
Gara Until 2:18AM Mon  
**Panchami Until 3:18PM**

**Ganesha:** Red *Sunrise:* 5:20AM  
**Muruqa:** White *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Sivaloka Day**

**4**

**Monday, June 8, 2015**

Kumbha Rasi: 0.52 Tithi 21 – 22  
393279261  
**Family Home Evening**  
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar  
Sun 5 Sutra 57  
Manmatha 5117  
Moon 5 - Phase 7  
1st Phase

**Gulika** 1:31PM – 3:09PM  
**Yama** 10:14AM – 11:53AM  
**Rahu** 6:58AM – 8:36AM

**Dhanishtha Until 3:51PM**  
Vaidhriti\* Until 4:00PM  
Visti Until 12:13AM Tue  
**Shashthi\* Until 1:14PM**

**Ganesha:** Red *Sunrise:* 5:20AM  
**Muruqa:** White *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Sivaloka Day**

**D**

**Tuesday, June 9, 2015**  
**Retreat Star**

Kumbha Rasi: 14.58 Tithi 22 – 23  
393279261  
Routine Work Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaprossthapada\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar  
Sun 6 Sutra 58  
Manmatha 5117  
Moon 5 - Phase 7  
Ashtami

**Gulika** 11:53AM – 1:31PM  
**Yama** 8:36AM – 10:15AM  
**Rahu** 3:09PM – 4:47PM

**Shatabhishak Until 2:23PM**  
Vishkambha\* Until 1:14PM  
Balava Until 10:05PM  
**Saptami Until 11:08AM**

**Ganesha:** Red *Sunrise:* 5:20AM  
**Muruqa:** White *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Sivaloka Day**

**Wednesday, June 10, 2015**  
**Retreat Star**

Kumbha Rasi: 29.06 Tithi 23 – 24  
313279261  
Creative Work Amrita Yoga  
Until 1:10PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprossthapada\*/Uttaraprossthapada Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar  
Sun 7 Sutra 59  
Manmatha 5117  
Moon 5 - Phase 7  
Navami

**Gulika** 10:15AM – 11:53AM  
**Yama** 6:58AM – 8:37AM  
**Rahu** 11:53AM – 1:31PM

**Purvaprossthapada\* Until 1:10PM**  
Priti Until 10:28AM  
Taitila Until 7:57PM  
**Ashtami\* Until 9:00AM**

**Ganesha:** Clear *Sunrise:* 5:20AM  
**Muruqa:** White *Sunset:* 6:26PM  
**Nataraja:** Clear  
Moon – Clear  
**Jyeshtha-Vaikasi**

**Sivaloka Day**

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Thursday, June 11, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Gara/Visti* Karana Navami/Dashmyam Titau	Pyinmana, Myanmar Sun 8 Sutra 60
	Meena Rasi: 13.14    Tithi 24 – 25 313279261	<b>Gulika</b> 8:37AM – 10:15AM <b>Yama</b> 5:20AM – 6:59AM <b>Rahu</b> 1:31PM – 3:10PM	Manmatha 5117 Moon 5 - Phase 8 2nd Phase

Creative Work    Siddha Yoga

**Uttaraproshtapada Until 11:49AM**    **Ganesha:** Clear    *Sunrise:* 5:20AM  
**Ayushman Until 7:40AM**    **Muruqa:** White    *Sunset:* 6:26PM  
**Visti Until 4:45AM Fri**    **Nataraja:** Clear  
**Navami\* Until 6:52AM**    Moon – Clear    **Sivaloka Day**  
**Jyeshtha-Vaikasi**

<b>2</b>	<b>Friday, June 12, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau	Pyinmana, Myanmar Sun 9 Sutra 61
	Meena Rasi: 27.2    Tithi 26 313279261	<b>Gulika</b> 6:59AM – 8:37AM <b>Yama</b> 3:10PM – 4:48PM <b>Rahu</b> 10:15AM – 11:53AM	Manmatha 5117 Moon 5 - Phase 8 2nd Phase

Creative Work    Siddha Yoga  
Until 10:21AM  
Then Creative Work - Amrita Yoga

**Revati Until 10:21AM**    **Ganesha:** Clear    *Sunrise:* 5:20AM  
**Sobhana Until 2:11AM Sat**    **Muruqa:** White    *Sunset:* 6:26PM  
**Bava Until 3:43PM**    **Nataraja:** Clear  
**Ekadashi\* Until 2:41AM Sat**    Moon – Clear    **Sivaloka Day**  
**Jyeshtha-Vaikasi**

<b>3</b>	<b>Saturday, June 13, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Pyinmana, Myanmar Sun 10 Sutra 62
	Mesha Rasi: 11.25    Tithi 27 324279261	<b>Gulika</b> 5:21AM – 6:59AM <b>Yama</b> 1:32PM – 3:10PM <b>Rahu</b> 8:37AM – 10:15AM	Manmatha 5117 Moon 5 - Phase 8 2nd Phase

Creative Work    Siddha Yoga

**Ashvini Until 9:14AM**    **Ganesha:** Clear    *Sunrise:* 5:21AM  
**Athiganda\* Until 11:32PM**    **Muruqa:** White    *Sunset:* 6:27PM  
**Kaulava Until 1:43PM**    **Nataraja:** Clear  
**Dvadashi\* Until 12:44AM Sun**    Moon – White    **Sivaloka Day**  
**Jyeshtha-Vaikasi**

<b>4</b>	<b>Sunday, June 14, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau	Pyinmana, Myanmar Sun 11 Sutra 63
	Mesha Rasi: 25.25    Tithi 28 324279261	<b>Gulika</b> 3:10PM – 4:49PM <b>Yama</b> 11:54AM – 1:32PM <b>Rahu</b> 4:49PM – 6:27PM	Manmatha 5117 Moon 5 - Phase 8 2nd Phase


Routine Work    Prabalarishta Yoga  
Until 8:07AM  
Then Creative Work - Siddha Yoga

**Bharani Until 8:07AM**    **Ganesha:** Clear    *Sunrise:* 5:21AM  
**Sukarma Until 9:03PM**    **Muruqa:** White    *Sunset:* 6:27PM  
**Gara Until 11:50AM**    **Nataraja:** Clear  
**Trayodashi\* Until 10:58PM**    Moon – White    **Sivaloka Day**  
**Jyeshtha-Vaikasi**  
*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Monday, June 15, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Pyinmana, Myanmar Sun 12 Sutra 64
	Vrishabha Rasi: 9.17    Tithi 29 324279261	<b>Gulika</b> 1:32PM – 3:11PM <b>Yama</b> 10:16AM – 11:54AM <b>Rahu</b> 6:59AM – 8:37AM	Manmatha 5117 Moon 5 - Phase 8 2nd Phase

Family Home Evening  
Routine Work    Marana Yoga  
Until 7:04AM  
Then Creative Work - Amrita Yoga

**Krittika Until 7:04AM**    **Ganesha:** Clear    *Sunrise:* 5:21AM  
**Dhriti Until 6:48PM**    **Muruqa:** White    *Sunset:* 6:27PM  
**Visti Until 10:12AM**    **Nataraja:** Clear  
**Chaturdashi\* Until 9:29PM**    Moon – White    **Sivaloka Day**  
**Jyeshtha-Ani**

	<b>Tuesday, June 16, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Pyinmana, Myanmar Sun 13 Sutra 65
	<b>Retreat Star</b> Vrishabha Rasi: 22.59    Tithi 30 334279261	<b>Gulika</b> 11:54AM – 1:32PM <b>Yama</b> 8:38AM – 10:16AM <b>Rahu</b> 3:11PM – 4:49PM	Manmatha 5117 Moon 5 - Phase 8 Amavasya

Creative Work    Amrita Yoga  
Until 6:37AM  
Then Creative Work - Siddha Yoga

**Rohini Until 6:37AM**    **Ganesha:** Orange    *Sunrise:* 5:21AM  
**Shula\* Until 4:49PM**    **Muruqa:** White    *Sunset:* 6:27PM  
**Catuspada Until 8:53AM**    **Nataraja:** Clear  
**Amavasya\* Until 8:22PM**    Moon – Yellow    **Sivaloka Day**  
**Jyeshtha-Ani**

<b>Retreat Star</b>	<b>Wednesday, June 17, 2015</b>	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda*/Vridhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Pyinmana, Myanmar Sun 14 Sutra 66
	Mithuna Rasi: 6.25    Tithi 1 334289261	<b>Gulika</b> 10:16AM – 11:54AM <b>Yama</b> 6:59AM – 8:38AM <b>Rahu</b> 11:54AM – 1:33PM	Manmatha 5117 Moon 5 - Phase 8 Prathama

Creative Work    Siddha Yoga

**Mrigashira Until 6:26AM**    **Ganesha:** Orange    *Sunrise:* 5:21AM  
**Ganda\* Until 3:14PM**    **Muruqa:** Yellow    *Sunset:* 6:28PM  
**Kintughna Until 8:01AM**    **Nataraja:** Clear  
**Prathama\* Until 7:45PM**    Moon – Yellow    **Devaloka Day**  
**Ashada Adhika-Ani**

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

<b>1</b>	<b>Thursday, June 18, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pyinmana, Myanmar Sun 15 Sutra 67
	Mithuna Rasi: 19.34	Tithi 2	<b>Gulika</b> 8:38AM – 10:16AM	<b>Ardra Until 6:38AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:21AM	Manmatha 5117	
		334289261	Yama 5:21AM – 7:00AM	Vriddhi Until 2:07PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:28PM	Moon 5 - Phase 9	
			<b>Rahu</b> 1:33PM – 3:11PM	Balava Until 7:40AM	<b>Nataraja:</b> Clear	3rd Phase	
	Routine Work	Marana Yoga		<b>Dvitiya Until 7:42PM</b>	<b>Ashada Adhika-Ani</b>		<b>Devaloka Day</b>
	Until 6:38AM						
	Then Creative Work - Amrita Yoga						
<b>2</b>	<b>Friday, June 19, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Pyinmana, Myanmar Sun 16 Sutra 68
	Kataka Rasi: 2.25	Tithi 3	<b>Gulika</b> 7:00AM – 8:38AM	<b>Punarvasu Until 7:44AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:22AM	Manmatha 5117	
		344289261	Yama 3:11PM – 4:50PM	Dhruva Until 1:27PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:28PM	Moon 5 - Phase 9	
			<b>Rahu</b> 10:17AM – 11:55AM	Taitila Until 7:56AM	<b>Nataraja:</b> Clear	3rd Phase	
	Creative Work	Siddha Yoga		<b>Tritiya Until 8:18PM</b>	<b>Ashada Adhika-Ani</b>		<b>Devaloka Day</b>
	Until 7:44AM						
	Then Routine Work - Marana Yoga						
<b>3</b>	<b>Saturday, June 20, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visiti* Karana Chaturthiyam Titau				Pyinmana, Myanmar Sun 17 Sutra 69
	Kataka Rasi: 14.57	Tithi 4	<b>Gulika</b> 5:22AM – 7:00AM	<b>Pushya Until 9:18AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:22AM	Manmatha 5117	
		344289261	Yama 1:33PM – 3:12PM	Vyaghata* Until 1:19PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:28PM	Moon 5 - Phase 9	
			<b>Rahu</b> 8:38AM – 10:17AM	Vanija Until 8:51AM	<b>Nataraja:</b> Clear	3rd Phase	
	Creative Work	Siddha Yoga		<b>Chaturthi* Until 9:31PM</b>	<b>Ashada Adhika-Ani</b>		<b>Devaloka Day</b>
	Until 9:18AM						
	Then Routine Work - Marana Yoga						
<b>4</b>	<b>Sunday, June 21, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Pyinmana, Myanmar Sun 18 Sutra 70
	Kataka Rasi: 27.13	Tithi 5	<b>Gulika</b> 3:12PM – 4:50PM	<b>Ashlesha* Until 11:18AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:22AM	Manmatha 5117	
		344289261	Yama 11:55AM – 1:34PM	Harshana Until 1:40PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:29PM	Moon 5 - Phase 9	
			<b>Rahu</b> 4:50PM – 6:29PM	Bava Until 10:23AM	<b>Nataraja:</b> Clear	3rd Phase	
	Creative Work	Siddha Yoga		<b>Panchami Until 11:20PM</b>	<b>Ashada Adhika-Ani</b>		<b>Devaloka Day</b>
	Until 11:18AM		<b>Father's Day</b>				
	Then Routine Work - Marana Yoga						
<b>5</b>	<b>Monday, June 22, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau				Pyinmana, Myanmar Sun 19 Sutra 71
	Simha Rasi: 9.17	Tithi 6	<b>Gulika</b> 1:34PM – 3:12PM	<b>Magha* Until 2:08PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:22AM	Manmatha 5117	
		354289261	Yama 10:17AM – 11:55AM	Vajra* Until 2:22PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:29PM	Moon 5 - Phase 9	
	<b>Family Home Evening</b>		<b>Rahu</b> 7:00AM – 8:39AM	Kaulava Until 12:26PM	<b>Nataraja:</b> Clear	3rd Phase	
	Routine Work	Marana Yoga		<b>Shashthi* Until 1:34AM Tue</b>	<b>Ashada Adhika-Ani</b>		<b>Sivaloka Day</b>
	Until 2:08PM						
	Then Creative Work - Siddha Yoga						
<b>6</b>	<b>Tuesday, June 23, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saplamyam Titau				Pyinmana, Myanmar Sun 20 Sutra 72
	Simha Rasi: 21.1	Tithi 7	<b>Gulika</b> 11:56AM – 1:34PM	<b>Purvaphalguni Until 5:07PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:22AM	Manmatha 5117	
		354289261	Yama 8:39AM – 10:17AM	Siddhi Until 3:21PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:29PM	Moon 5 - Phase 9	
			<b>Rahu</b> 3:12PM – 4:51PM	Gara Until 2:50PM	<b>Nataraja:</b> Clear	3rd Phase	
	Creative Work	Siddha Yoga		<b>Saptami Until 4:04AM Wed</b>	<b>Ashada Adhika-Ani</b>		<b>Sivaloka Day</b>
	Until 5:07PM						
	Then Creative Work - Amrita Yoga						
<b>☽</b>	<b>Wednesday, June 24, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Visiti*/Bava Karana Ashtamyam Titau				Pyinmana, Myanmar Sun 21 Sutra 73
	<b>Retreat Star</b>		<b>Gulika</b> 10:18AM – 11:56AM	<b>Uttaraphalguni Until 8:02PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:23AM	Manmatha 5117	
	Kanya Rasi: 2.59	Tithi 8	Yama 7:01AM – 8:39AM	Vyatipata* Until 4:25PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:29PM	Moon 5 - Phase 9	
		354289261	<b>Rahu</b> 11:56AM – 1:34PM	Visiti Until 5:21PM	<b>Nataraja:</b> Clear	Ashtami	
	Creative Work	Amrita Yoga		<b>Ashtami* Until 6:33AM Thu</b>	<b>Ashada Adhika-Ani</b>		<b>Sivaloka Day</b>
	Until 8:02PM		<b>Chidambaram Abhishekam</b>				
	Then Routine Work - Marana Yoga						
<b>☽</b>	<b>Thursday, June 25, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 74
	<b>Retreat Star</b>		<b>Gulika</b> 8:39AM – 10:18AM	<b>Hasta Until 11:08PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:23AM	Manmatha 5117	
	Kanya Rasi: 14.49	Tithi 8 – 9	Yama 5:23AM – 7:01AM	Variyan Until 5:23PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:29PM	Moon 5 - Phase 9	
		365289261	<b>Rahu</b> 1:34PM – 3:13PM	Balava Until 7:44PM	<b>Nataraja:</b> Clear	Navami	
	Routine Work	Marana Yoga		<b>Ashtami* Until 6:33AM</b>	<b>Ashada Adhika-Ani</b>		<b>Bhuloka Day</b>
	Until 11:08PM						<b>Devaloka Time: 3:PM to 6:PM</b>
	Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>	<b>Friday, June 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Pyinmana, Myanmar Sun 23 Sutra 75
	Kanya Rasi: 26.45 Tithi 9 – 10 365289261 Creative Work Siddha Yoga	<b>Gulika</b> 7:01AM – 8:40AM <b>Yama</b> 3:13PM – 4:51PM <b>Rahu</b> 10:18AM – 11:56AM	<b>Chitra Until 1:40AM Sat</b> Parigha* Until 6:04PM Taitila Until 9:44PM <b>Navami* Until 8:46AM</b>

<b>Ganesha:</b> Purple <i>Sunrise: 5:23AM</i>	Manmatha 5117
<b>Muruqa:</b> Yellow <i>Sunset: 6:30PM</i>	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	4th Phase
Moon – Green	
<b>Ashada Adhika*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Saturday, June 27, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Pyinmana, Myanmar Sun 24 Sutra 76
	Tula Rasi: 8.52 Tithi 10 – 11 365289261 Creative Work Siddha Yoga Until 3:27AM Sun Then Routine Work - Marana Yoga	<b>Gulika</b> 5:23AM – 7:02AM <b>Yama</b> 1:35PM – 3:13PM <b>Rahu</b> 8:40AM – 10:18AM	<b>Svati Until 3:27AM Sun</b> Shiva Until 6:20PM Vanija Until 11:09PM <b>Dashami Until 10:30AM</b>

<b>Ganesha:</b> Purple <i>Sunrise: 5:23AM</i>	Manmatha 5117
<b>Muruqa:</b> Yellow <i>Sunset: 6:30PM</i>	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	4th Phase
Moon – Green	
<b>Ashada Adhika*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Sunday, June 28, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Pyinmana, Myanmar Sun 25 Sutra 77
	Tula Rasi: 21.14 Tithi 11 – 12 375389261 Routine Work Marana Yoga Until 4:50AM Mon Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:13PM – 4:52PM <b>Yama</b> 11:57AM – 1:35PM <b>Rahu</b> 4:52PM – 6:30PM	<b>Vishakha Until 4:50AM Mon</b> Siddha Until 6:02PM Bava Until 11:51PM <b>Ekadashi Until 11:34AM</b>


<b>Ganesha:</b> White <i>Sunrise: 5:24AM</i>	Manmatha 5117
<b>Muruqa:</b> Yellow <i>Sunset: 6:30PM</i>	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	4th Phase
Moon – Orange	
<b>Ashada Adhika*Ani</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Monday, June 29, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Pyinmana, Myanmar Sun 26 Sutra 78
	Vrischika Rasi: 3.56 Tithi 12 – 13 375389261 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 5:20AM Tue Then Routine Work - Marana Yoga	<b>Gulika</b> 1:35PM – 3:13PM <b>Yama</b> 10:19AM – 11:57AM <b>Rahu</b> 7:02AM – 8:40AM	<b>Anuradha Until 5:20AM Tue</b> Sadhya Until 5:10PM Kaulava Until 11:47PM <b>Dvadashi Until 11:53AM</b> <i>Pradosha Vrata</i>

<b>Ganesha:</b> White <i>Sunrise: 5:24AM</i>	Manmatha 5117
<b>Muruqa:</b> Yellow <i>Sunset: 6:30PM</i>	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	4th Phase
Moon – Orange	
<b>Ashada Adhika*Ani</b>	<b>Sivaloka Day</b>

<b>5</b>	<b>Tuesday, June 30, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Pyinmana, Myanmar Sun 27 Sutra 79
	Vrischika Rasi: 17.01 Tithi 13 – 14 375389261 Routine Work Marana Yoga	<b>Gulika</b> 11:57AM – 1:35PM <b>Yama</b> 8:41AM – 10:19AM <b>Rahu</b> 3:14PM – 4:52PM	<b>Jyeshtha* Until 4:59AM Wed</b> Subha Until 3:43PM Gara Until 11:01PM <b>Trayodashi Until 11:28AM</b>

<b>Ganesha:</b> White <i>Sunrise: 5:24AM</i>	Manmatha 5117
<b>Muruqa:</b> Yellow <i>Sunset: 6:30PM</i>	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	4th Phase
Moon – Orange	
<b>Ashada Adhika*Ani</b>	<b>Sivaloka Day</b>

	<b>Wednesday, July 1, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Pyinmana, Myanmar Sutra 80
	<b>Copper Retreat Star</b> Dhanus Rasi: 0.29 Tithi 14 – 15 385389261 Routine Work Marana Yoga Until 4:21AM Thu Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:19AM – 11:57AM <b>Yama</b> 7:03AM – 8:41AM <b>Rahu</b> 11:57AM – 1:36PM	<b>Mula* Until 4:21AM Thu</b> Sukla Until 1:43PM Visti Until 9:37PM <b>Chaturdashi* Until 10:22AM</b>

<b>Ganesha:</b> Yellow <i>Sunrise: 5:24AM</i>	Manmatha 5117
<b>Muruqa:</b> Yellow <i>Sunset: 6:30PM</i>	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	Purnima
Moon – Light Blue	
<b>Ashada Adhika*Ani</b>	<b>Devaloka Day</b>

<b>0</b>	<b>Thursday, July 2, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Pyinmana, Myanmar Sutra 81
	<b>Silver Retreat Star</b> Dhanus Rasi: 14.17 Tithi 15 – 16 385389261 Creative Work Siddha Yoga Until 3:06AM Fri Then Routine Work - Marana Yoga	<b>Gulika</b> 8:41AM – 10:19AM <b>Yama</b> 5:25AM – 7:03AM <b>Rahu</b> 1:36PM – 3:14PM	<b>Purvashadha* Until 3:06AM Fri</b> Brahma Until 11:17AM Balava Until 7:43PM <b>Purnima* Until 8:42AM</b>

<b>Ganesha:</b> Yellow <i>Sunrise: 5:25AM</i>	Manmatha 5117
<b>Muruqa:</b> Yellow <i>Sunset: 6:30PM</i>	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	Prathama
Moon – Light Blue	
<b>Ashada Adhika*Ani</b>	<b>Devaloka Day</b>

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda





**Friday, July 3, 2015**  
**Gold Retreat Star**

Dhanu Rasi: 28.22    Titli 16 – 17  
385389261  
Routine Work    Marana Yoga  
Until 1:23AM Sat  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Gara Karana Prathama/Dvityayam Titau  
**Gulika**    7:03AM – 8:41AM  
**Yama**       3:14PM – 4:52PM  
**Rahu**       10:20AM – 11:58AM  
**Uttarashadha Until 1:23AM Sat**  
Indra Until 8:30AM  
Gara Until 4:11AM Sat  
**Prathama\* Until 6:35AM**

Pyinmana, Myanmar  
Sutra 82  
Manmatha 5117  
Moon 6 - Phase 11  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow    Sunrise: 5:25AM  
Muruga: Yellow     Sunset: 6:30PM  
Nataraja: Clear  
Moon – Light Blue  
**Ashada Adhika-Ani**

**1 Saturday, July 4, 2015**

Makara Rasi: 12.4    Titli 18  
395389261  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Trityayam Titau  
**Gulika**    5:25AM – 7:03AM  
**Yama**       1:36PM – 3:14PM  
**Rahu**       8:42AM – 10:20AM  
**Shravana Until 11:45PM**  
Vishkambha\* Until 2:18AM Sun  
Vanija Until 2:55PM  
**Tritiya Until 1:36AM Sun**

Pyinmana, Myanmar  
Sun 1    Sutra 83  
Manmatha 5117  
Moon 6 - Phase 11  
1st Phase  
**Sivaloka Day**  
Ganesha: Blue       Sunrise: 5:25AM  
Muruga: Yellow     Sunset: 6:30PM  
Nataraja: Clear  
Moon – Purple  
**Ashada Adhika-Ani**

**2 Sunday, July 5, 2015**

Makara Rasi: 27.04    Titli 19  
396389261  
Routine Work    Marana Yoga  
Until 9:56PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika**    3:14PM – 4:52PM  
**Yama**       11:58AM – 1:36PM  
**Rahu**       4:52PM – 6:30PM  
**Dhanishtha Until 9:56PM**  
Priti Until 11:08PM  
Bava Until 12:19PM  
**Chaturthi\* Until 10:59PM**

Pyinmana, Myanmar  
Sun 2    Sutra 84  
Manmatha 5117  
Moon 6 - Phase 11  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow    Sunrise: 5:26AM  
Muruga: Yellow     Sunset: 6:30PM  
Nataraja: Clear  
Moon – Purple  
**Ashada Adhika-Ani**

**3 Monday, July 6, 2015**

Kumbha Rasi: 11.29    Titli 20  
396389261  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 8:02PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika**    1:36PM – 3:14PM  
**Yama**       10:20AM – 11:58AM  
**Rahu**       7:04AM – 8:42AM  
**Shatabhishak Until 8:02PM**  
Ayushman Until 7:58PM  
Kaulava Until 9:42AM  
**Panchami Until 8:25PM**

Pyinmana, Myanmar  
Sun 3    Sutra 85  
Manmatha 5117  
Moon 6 - Phase 11  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow    Sunrise: 5:26AM  
Muruga: Yellow     Sunset: 6:31PM  
Nataraja: Clear  
Moon – Purple  
**Ashada Adhika-Ani**

**4 Tuesday, July 7, 2015**

Kumbha Rasi: 25.51    Titli 21  
416389261  
Routine Work    Marana Yoga  
Until 6:33PM  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshthapada\* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika**    11:58AM – 1:36PM  
**Yama**       8:42AM – 10:20AM  
**Rahu**       3:14PM – 4:52PM  
**Purvaproshthapada\* Until 6:33PM**  
Saubhagya Until 4:56PM  
Gara Until 7:12AM  
**Shashthi\* Until 6:00PM**

Pyinmana, Myanmar  
Sun 4    Sutra 86  
Manmatha 5117  
Moon 6 - Phase 11  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Ganesha: Purple     Sunrise: 5:26AM  
Muruga: Yellow     Sunset: 6:31PM  
Nataraja: Clear  
Moon – Clear  
**Ashada Adhika-Ani**

**5 Wednesday, July 8, 2015**

Meena Rasi: 10.06    Titli 22 – 23  
416389261  
Creative Work    Siddha Yoga  
Until 5:07PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshthapada/Revati Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika**    10:21AM – 11:59AM  
**Yama**       7:05AM – 8:43AM  
**Rahu**       11:59AM – 1:37PM  
**Uttaraproshthapada Until 5:07PM**  
Sobhana Until 2:05PM  
Balava Until 2:45AM Thu  
**Saptami Until 3:46PM**

Pyinmana, Myanmar  
Sun 5    Sutra 87  
Manmatha 5117  
Moon 6 - Phase 11  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Ganesha: Purple     Sunrise: 5:27AM  
Muruga: Yellow     Sunset: 6:31PM  
Nataraja: Clear  
Moon – Clear  
**Ashada Adhika-Ani**

**Thursday, July 9, 2015**  
**Retreat Star**

Meena Rasi: 24.12    Titli 23 – 24  
416389261  
Creative Work    Siddha Yoga  
Until 3:46PM  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika**    8:43AM – 10:21AM  
**Yama**       5:27AM – 7:05AM  
**Rahu**       1:37PM – 3:15PM  
**Revati Until 3:46PM**  
Athiganda\* Until 11:23AM  
Taitila Until 12:51AM Fri  
**Ashtami\* Until 1:45PM**

Pyinmana, Myanmar  
Sun 6    Sutra 88  
Manmatha 5117  
Moon 6 - Phase 11  
Ashtami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Ganesha: Purple     Sunrise: 5:27AM  
Muruga: Yellow     Sunset: 6:31PM  
Nataraja: Clear  
Moon – Clear  
**Ashada Adhika-Ani**

**Friday, July 10, 2015**  
**Retreat Star**

Mesha Rasi: 8.1        Titli 24 – 25  
426389261  
Creative Work    Amrita Yoga  
Until 2:57PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika**    7:05AM – 8:43AM  
**Yama**       3:15PM – 4:53PM  
**Rahu**       10:21AM – 11:59AM  
**Ashvini Until 2:57PM**  
Sukarma Until 8:53AM  
Vanija Until 11:13PM  
**Navami\* Until 11:59AM**

Pyinmana, Myanmar  
Sun 7    Sutra 89  
Manmatha 5117  
Moon 6 - Phase 11  
Navami  
**Devaloka Day**  
Ganesha: Clear       Sunrise: 5:27AM  
Muruga: Yellow     Sunset: 6:30PM  
Nataraja: Clear  
Moon – White  
**Ashada Adhika-Ani**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 11, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Pyinmana, Myanmar Sun 8 Sutra 90
	Mesha Rasi: 21.57 Tithi 25 – 26 426389261	<b>Gulika</b> 5:28AM – 7:05AM <b>Yama</b> 1:37PM – 3:15PM <b>Rahu</b> 8:43AM – 10:21AM	<b>Bharani Until 2:14PM</b> Dhriti Until 6:37AM Bava Until 9:49PM <b>Dashami Until 10:28AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Clear Moon – White <b>Ashada Adhika-Ani</b>

Creative Work Siddha Yoga  
Until 2:14PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

<b>2</b>	<b>Sunday, July 12, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Pyinmana, Myanmar Sun 9 Sutra 91
	Virshabha Rasi: 5.35 Tithi 26 – 27 427389261	<b>Gulika</b> 3:15PM – 4:53PM <b>Yama</b> 11:59AM – 1:37PM <b>Rahu</b> 4:53PM – 6:30PM	<b>Krittika Until 1:39PM</b> Ganda* Until 2:41AM Mon Kaulava Until 8:43PM <b>Ekadashi* Until 9:13AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:28AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Clear Moon – White <b>Ashada Adhika-Ani</b>

Creative Work Siddha Yoga

**Sivaloka Day**

<b>3</b>	<b>Monday, July 13, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Pyinmana, Myanmar Sun 10 Sutra 92
	Virshabha Rasi: 19.04 Tithi 27 – 28 Family Home Evening 437389261	<b>Gulika</b> 1:37PM – 3:15PM <b>Yama</b> 10:21AM – 11:59AM <b>Rahu</b> 7:06AM – 8:44AM	<b>Rohini Until 1:39PM</b> Vriddhi Until 1:07AM Tue Gara Until 7:55PM <b>Dvadashi* Until 8:16AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada Adhika-Ani</b>


Creative Work Amrita Yoga

**Devaloka Day**

<b>4</b>	<b>Tuesday, July 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Pyinmana, Myanmar Sun 11 Sutra 93
	Mithuna Rasi: 2.21 Tithi 28 – 29 437389261	<b>Gulika</b> 11:59AM – 1:37PM <b>Yama</b> 8:44AM – 10:22AM <b>Rahu</b> 3:15PM – 4:52PM	<b>Mrigashira Until 1:51PM</b> Dhruva Until 11:49PM Visti Until 7:30PM <b>Trayodashi* Until 7:39AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:29AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada Adhika-Ani</b>

Creative Work Siddha Yoga  
Until 1:51PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

	<b>Wednesday, July 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Pyinmana, Myanmar Sun 12 Sutra 94
	<b>Retreat Star</b> Mithuna Rasi: 15.26 Tithi 29 – 30 437389261	<b>Gulika</b> 10:22AM – 11:59AM <b>Yama</b> 7:06AM – 8:44AM <b>Rahu</b> 11:59AM – 1:37PM	<b>Ardra Until 2:19PM</b> Vyaghata* Until 10:54PM Catuspada Until 7:30PM <b>Chaturdashi* Until 7:26AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:29AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada Adhika-Ani</b>

Creative Work Siddha Yoga

**Devaloka Day**

<b>Retreat Star</b>	<b>Thursday, July 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Pyinmana, Myanmar Sun 13 Sutra 95
	Mithuna Rasi: 28.16 Tithi 30 – 1 447389261	<b>Gulika</b> 8:44AM – 10:22AM <b>Yama</b> 5:29AM – 7:07AM <b>Rahu</b> 1:37PM – 3:15PM	<b>Punarvasu Until 3:33PM</b> Harshana Until 10:23PM Kintughna Until 8:00PM <b>Amavasya* Until 7:40AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:29AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Clear Moon – Blue <b>Ashada-Ani</b>

Creative Work Amrita Yoga

**Devaloka Day**

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Friday, July 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pyinmana, Myanmar Sun 14 Sutra 96
	Kataka Rasi: 10.53 Tithi 1 – 2 447389262	<b>Gulika</b> 7:07AM – 8:45AM <b>Yama</b> 3:15PM – 4:52PM <b>Rahu</b> 10:22AM – 12:00PM	<b>Pushya</b> <b>Until 5:09PM</b> Vajra* <b>Until 10:16PM</b> Balava <b>Until 9:02PM</b> <b>Prathama* Until 8:26AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:29AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:30PM</i> <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Adi</b>

Routine Work Marana Yoga  
Sivaloka Day

<b>2</b>	<b>Saturday, July 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pyinmana, Myanmar Sun 15 Sutra 97
	Kataka Rasi: 23.14 Tithi 2 – 3 448389262	<b>Gulika</b> 5:30AM – 7:07AM <b>Yama</b> 1:37PM – 3:15PM <b>Rahu</b> 8:45AM – 10:22AM	<b>Ashlesha* Until 7:07PM</b> Siddhi <b>Until 10:34PM</b> Taitila <b>Until 10:37PM</b> <b>Dvitiya Until 9:44AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 5:30AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:30PM</i> <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Adi</b>

Routine Work Marana Yoga  
Until 7:07PM  
Then Creative Work - Amrita Yoga  
Devaloka Day

<b>3</b>	<b>Sunday, July 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Pyinmana, Myanmar Sun 16 Sutra 98
	Simha Rasi: 5.23 Tithi 3 – 4 458389262	<b>Gulika</b> 3:15PM – 4:52PM <b>Yama</b> 12:00PM – 1:37PM <b>Rahu</b> 4:52PM – 6:29PM	<b>Magha* Until 9:52PM</b> Vyatipata* <b>Until 11:15PM</b> Vanija <b>Until 12:40AM Mon</b> <b>Tritiya Until 11:34AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 5:30AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:29PM</i> <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Adi</b>

Routine Work Marana Yoga  
Until 9:52PM  
Then Creative Work - Siddha Yoga  
Devaloka Day

<b>4</b>	<b>Monday, July 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Pyinmana, Myanmar Sun 17 Sutra 99
	Simha Rasi: 17.22 Tithi 4 – 5 458389262	<b>Gulika</b> 1:37PM – 3:15PM <b>Yama</b> 10:23AM – 12:00PM <b>Rahu</b> 7:08AM – 8:45AM	<b>Purvaphalguni Until 12:49AM Tue</b> Varyan <b>Until 12:11AM Tue</b> Bava <b>Until 3:04AM Tue</b> <b>Chaturthi* Until 1:48PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 5:30AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:29PM</i> <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Adi</b>

Family Home Evening  
Creative Work Siddha Yoga  
Until 12:49AM Tue  
Then Creative Work - Amrita Yoga  
Devaloka Day

<b>5</b>	<b>Tuesday, July 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Pyinmana, Myanmar Sun 18 Sutra 100
	Simha Rasi: 29.12 Tithi 5 – 6 458389262	<b>Gulika</b> 12:00PM – 1:37PM <b>Yama</b> 8:45AM – 10:23AM <b>Rahu</b> 3:15PM – 4:52PM	<b>Uttaraphalguni Until 3:47AM Wed</b> Parigha* <b>Until 1:17AM Wed</b> Kaulava <b>Until 5:38AM Wed</b> <b>Panchami Until 4:19PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 5:31AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:29PM</i> <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Adi</b>

Creative Work Amrita Yoga  
Until 3:47AM Wed  
Then Routine Work - Marana Yoga  
Devaloka Day

<b>6</b>	<b>Wednesday, July 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Taitila Karana Shashthyam Titau		Pyinmana, Myanmar Sun 19 Sutra 101
	Kanya Rasi: 10.59 Tithi 6 468389262	<b>Gulika</b> 10:23AM – 12:00PM <b>Yama</b> 7:08AM – 8:46AM <b>Rahu</b> 12:00PM – 1:37PM	<b>Hasta Until 7:03AM Thu</b> Shiva <b>Until 2:23AM Thu</b> Taitila <b>Until 6:54PM</b> <b>Shashthi* Until 6:54PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:31AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:29PM</i> <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Adi</b>

Routine Work Marana Yoga  
Until 7:03AM Thu  
Then Creative Work - Siddha Yoga  
Sivaloka Day

<b>Retreat Star</b>	<b>Thursday, July 23, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		Pyinmana, Myanmar Sun 20 Sutra 102
	Kanya Rasi: 22.48 Tithi 7 468489262	<b>Gulika</b> 8:46AM – 10:23AM <b>Yama</b> 5:31AM – 7:09AM <b>Rahu</b> 1:37PM – 3:14PM	<b>Hasta Until 7:03AM</b> Siddha <b>Until 3:16AM Fri</b> Gara <b>Until 8:10AM</b> <b>Saptami Until 9:18PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:31AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:29PM</i> <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Adi</b>

Routine Work Marana Yoga  
Until 7:03AM  
Then Creative Work - Siddha Yoga  
Subha Sivaloka Day

<b>Retreat Star</b>	<b>Friday, July 24, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		Pyinmana, Myanmar Sun 21 Sutra 103
	Tula Rasi: 4.43 Tithi 8 468489262	<b>Gulika</b> 7:09AM – 8:46AM <b>Yama</b> 3:14PM – 4:51PM <b>Rahu</b> 10:23AM – 12:00PM	<b>Chitra Until 9:51AM</b> Sadhya <b>Until 3:48AM Sat</b> Visti <b>Until 10:22AM</b> <b>Ashtami* Until 11:16PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:32AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:28PM</i> <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Adi</b>

Creative Work Siddha Yoga  
Subha Sivaloka Day

<b>Retreat Star</b>	<b>Saturday, July 25, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		Pyinmana, Myanmar Sun 22 Sutra 104
	Tula Rasi: 16.5 Tithi 9 469489262	<b>Gulika</b> 5:32AM – 7:09AM <b>Yama</b> 1:37PM – 3:14PM <b>Rahu</b> 8:46AM – 10:23AM	<b>Svati Until 12:00PM</b> Subha <b>Until 3:50AM Sun</b> Balava <b>Until 12:03PM</b> <b>Navami* Until 12:37AM Sun</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:32AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:28PM</i> <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Adi</b>

Creative Work Siddha Yoga  
Sivaloka Day

<b>1</b>	<b>Sunday, July 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau	Pyinmana, Myanmar Sun 23 Sutra 105
	Tula Rasi: 29.14      Tilthi 10 479489262	<b>Gulika</b> 3:14PM – 4:51PM <b>Yama</b> 12:00PM – 1:37PM <b>Rahu</b> 4:51PM – 6:28PM	<b>Vishakha</b> Until 1:46PM Sukla Until 3:14AM Mon Taitila Until 1:02PM Dashami Until 1:12AM Mon

Routine Work      Marana Yoga

**Ganesha:** White      *Sunrise:* 5:32AM  
**Muruqa:** Yellow      *Sunset:* 6:28PM  
**Nataraja:** Purple  
Moon – Orange

**Ashada-Adi**      **Devaloka Day**

<b>2</b>	<b>Monday, July 27, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau	Pyinmana, Myanmar Sun 24 Sutra 106
	Virschika Rasi: 11.59      Tilthi 11 479489262	<b>Gulika</b> 1:37PM – 3:14PM <b>Yama</b> 10:23AM – 12:00PM <b>Rahu</b> 7:09AM – 8:46AM	<b>Anuradha</b> Until 2:36PM Brahma Until 2:00AM Tue Vanija Until 1:13PM Ekadashi Until 12:58AM Tue

Family Home Evening      Creative Work      Siddha Yoga

**Ganesha:** White      *Sunrise:* 5:33AM  
**Muruqa:** Yellow      *Sunset:* 6:27PM  
**Nataraja:** Purple  
Moon – Orange

**Ashada-Adi**      **Devaloka Day**

<b>3</b>	<b>Tuesday, July 28, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau	Pyinmana, Myanmar Sun 25 Sutra 107
	Virschika Rasi: 25.08      Tilthi 12 479489262	<b>Gulika</b> 12:00PM – 1:37PM <b>Yama</b> 8:46AM – 10:23AM <b>Rahu</b> 3:14PM – 4:50PM	<b>Jyeshtha*</b> Until 2:30PM Indra Until 12:09AM Wed Bava Until 12:34PM Dvadashi Until 11:57PM

Routine Work      Marana Yoga  
Until 2:30PM  
Then Creative Work - Amrita Yoga

**Ganesha:** White      *Sunrise:* 5:33AM  
**Muruqa:** Yellow      *Sunset:* 6:27PM  
**Nataraja:** Purple  
Moon – Orange

**Ashada-Adi**      **Devaloka Day**

<b>4</b>	<b>Wednesday, July 29, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Pyinmana, Myanmar Sun 26 Sutra 108
	Dhanus Rasi: 8.44      Tilthi 13 489489262	<b>Gulika</b> 10:23AM – 12:00PM <b>Yama</b> 7:10AM – 8:47AM <b>Rahu</b> 12:00PM – 1:37PM	<b>Mula*</b> Until 1:56PM Vaidhriti* Until 9:41PM Kaulava Until 11:10AM Trayodashi Until 10:12PM <i>Pradosha Vrata</i>

Routine Work      Marana Yoga  
Until 1:56PM  
Then Creative Work - Amrita Yoga

**Ganesha:** Clear      *Sunrise:* 5:33AM  
**Muruqa:** Yellow      *Sunset:* 6:27PM  
**Nataraja:** Purple  
Moon – Light Blue

**Ashada-Adi**      **Sivaloka Day**

<b>5</b>	<b>Thursday, July 30, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau	Pyinmana, Myanmar Sun 27 Sutra 109
	Dhanus Rasi: 22.44      Tilthi 14 489489262	<b>Gulika</b> 8:47AM – 10:23AM <b>Yama</b> 5:33AM – 7:10AM <b>Rahu</b> 1:37PM – 3:13PM	<b>Purvashadha*</b> Until 12:35PM Vishkambha* Until 6:45PM Gara Until 9:07AM Chaturdashi* Until 7:52PM

Creative Work      Siddha Yoga  
Until 12:35PM  
Then Routine Work - Marana Yoga

**Ganesha:** Clear      *Sunrise:* 5:33AM  
**Muruqa:** Yellow      *Sunset:* 6:26PM  
**Nataraja:** Purple  
Moon – Light Blue

**Ashada-Adi**      **Sivaloka Day**

<b>○</b>	<b>Friday, July 31, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Visti*/Balava Karana Purnima/Prathamayam Titau	Pyinmana, Myanmar Sutra 110
	<b>Copper Retreat Star</b> Makara Rasi: 7.07      Tilthi 15 – 16 489489262	<b>Gulika</b> 7:10AM – 8:47AM <b>Yama</b> 3:13PM – 4:50PM <b>Rahu</b> 10:23AM – 12:00PM	<b>Uttarashadha</b> Until 10:36AM Priti Until 3:27PM Visti Until 6:33AM Purnima* Until 5:06PM

Routine Work      Marana Yoga

**Satguru Purnima**

**Ganesha:** Clear      *Sunrise:* 5:34AM  
**Muruqa:** Yellow      *Sunset:* 6:26PM  
**Nataraja:** Purple  
Moon – Light Blue

**Ashada-Adi**      **Sivaloka Day**

<b>○</b>	<b>Saturday, August 1, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Pyinmana, Myanmar Sutra 111
	<b>Silver Retreat Star</b> Makara Rasi: 21.45      Tilthi 16 – 17 499489262	<b>Gulika</b> 5:34AM – 7:11AM <b>Yama</b> 1:36PM – 3:13PM <b>Rahu</b> 8:47AM – 10:23AM	<b>Shravana</b> Until 8:33AM Ayushman Until 11:53AM Taitila Until 12:27AM Sun Prathama* Until 2:02PM

Creative Work      Siddha Yoga

**Ganesha:** Purple      *Sunrise:* 5:34AM  
**Muruqa:** Yellow      *Sunset:* 6:26PM  
**Nataraja:** Purple  
Moon – Purple

**Ashada-Adi**      **Devaloka Day**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, August 2, 2015**  
**Gold Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Pyinmana, Myanmar  
Sun 1 Sutra 112

Kumbha Rasi: 6.33    Tilthi 17 – 18  
491489262  
Routine Work    Marana Yoga  
Until 6:11AM  
Then Creative Work - Siddha Yoga

**Gulika**    3:13PM – 4:49PM  
**Yama**      12:00PM – 1:36PM  
**Rahu**      4:49PM – 6:25PM

**Dhanishtha Until 6:11AM**  
**Saubhagya Until 8:11AM**  
**Vanija Until 9:13PM**  
**Dvitiya Until 10:49AM**

**Ganesha:** White    *Sunrise:* 5:34AM  
**Muruqa:** Yellow    *Sunset:* 6:25PM  
**Nataraja:** Purple  
Moon – Purple  
**Ashada-Adi**

**Devaloka Day**

Manmatha 5117  
Moon 7 - Phase 15  
1st Phase

**1**

**Monday, August 3, 2015**

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtpada\* Nakshatra Athiganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar  
Sun 2 Sutra 113

Kumbha Rasi: 21.22    Tilthi 18 – 19  
411489262  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 1:29AM Tue  
Then Creative Work - Amrita Yoga

**Gulika**    1:36PM – 3:12PM  
**Yama**      10:23AM – 12:00PM  
**Rahu**      7:11AM – 8:47AM

**Purvaproshtpada\* Until 1:29AM Tue**  
**Athiganda\* Until 12:52AM Tue**  
**Bava Until 6:04PM**  
**Tritiya Until 7:37AM**

**Ganesha:** Purple    *Sunrise:* 5:35AM  
**Muruqa:** Yellow    *Sunset:* 6:25PM  
**Nataraja:** Purple  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

Manmatha 5117  
Moon 7 - Phase 15  
1st Phase

**2**

**Tuesday, August 4, 2015**

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtpada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar  
Sun 3 Sutra 114

Meena Rasi: 6.05    Tilthi 20  
411489262  
Creative Work    Amrita Yoga  
Until 11:26PM  
Then Creative Work - Siddha Yoga

**Gulika**    12:00PM – 1:36PM  
**Yama**      8:47AM – 10:23AM  
**Rahu**      3:12PM – 4:48PM

**Uttaraproshtpada Until 11:26PM**  
**Sukarma Until 9:27PM**  
**Kaulava Until 3:06PM**  
**Panchami Until 1:43AM Wed**

**Ganesha:** Purple    *Sunrise:* 5:35AM  
**Muruqa:** Yellow    *Sunset:* 6:24PM  
**Nataraja:** Purple  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

Manmatha 5117  
Moon 7 - Phase 15  
1st Phase

**3**

**Wednesday, August 5, 2015**

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar  
Sun 4 Sutra 115

Meena Rasi: 20.36    Tilthi 21  
411489262  
Routine Work    Marana Yoga

**Gulika**    10:23AM – 12:00PM  
**Yama**      7:11AM – 8:47AM  
**Rahu**      12:00PM – 1:36PM

**Revati Until 9:35PM**  
**Dhriti Until 6:19PM**  
**Gara Until 12:27PM**  
**Shashthi\* Until 11:15PM**

**Ganesha:** Purple    *Sunrise:* 5:35AM  
**Muruqa:** Yellow    *Sunset:* 6:24PM  
**Nataraja:** Purple  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

Manmatha 5117  
Moon 7 - Phase 15  
1st Phase

**4**

**Thursday, August 6, 2015**

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Saplamyam Titau

Pyinmana, Myanmar  
Sun 5 Sutra 116

Mesha Rasi: 4.53    Tilthi 22  
421489262  
Creative Work    Amrita Yoga  
Until 8:25PM  
Then Creative Work - Siddha Yoga

**Gulika**    8:47AM – 10:23AM  
**Yama**      5:35AM – 7:11AM  
**Rahu**      1:35PM – 3:12PM

**Ashvini Until 8:25PM**  
**Shula\* Until 3:29PM**  
**Visti Until 10:11AM**  
**Saptami Until 9:11PM**

**Ganesha:** Clear    *Sunrise:* 5:35AM  
**Muruqa:** Yellow    *Sunset:* 6:24PM  
**Nataraja:** Purple  
Moon – White  
**Ashada-Adi**

**Sivaloka Day**

Manmatha 5117  
Moon 7 - Phase 15  
1st Phase

**D**

**Friday, August 7, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Ganda\*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar  
Sun 6 Sutra 117

Mesha Rasi: 18.52    Tilthi 23  
421489262  
Creative Work    Siddha Yoga

**Gulika**    7:12AM – 8:47AM  
**Yama**      3:11PM – 4:47PM  
**Rahu**      10:23AM – 11:59AM

**Bharani Until 7:34PM**  
**Ganda\* Until 1:02PM**  
**Balava Until 8:21AM**  
**Ashtami\* Until 7:35PM**

**Ganesha:** Clear    *Sunrise:* 5:36AM  
**Muruqa:** Yellow    *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon – White  
**Ashada-Adi**

**Sivaloka Day**

Manmatha 5117  
Moon 7 - Phase 15  
Ashtami

**Saturday, August 8, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manla Vasara Yuktayam  
Krittika Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar  
Sun 7 Sutra 118

Vrishabha Rasi: 2.34    Tilthi 24  
421489262  
Creative Work    Amrita Yoga

**Gulika**    5:36AM – 7:12AM  
**Yama**      1:35PM – 3:11PM  
**Rahu**      8:48AM – 10:23AM

**Krittika Until 7:03PM**  
**Vriddhi Until 10:59AM**  
**Taitila Until 6:59AM**  
**Navami\* Until 6:27PM**


**Ganesha:** Clear    *Sunrise:* 5:36AM  
**Muruqa:** Yellow    *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon – White  
**Ashada-Adi**

**Sivaloka Day**

Manmatha 5117  
Moon 7 - Phase 15  
Navami

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



<b>1</b>	<b>Sunday, August 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau	Pyinmana, Myanmar Sun 15 Sutra 126 Manmatha 5117
Simha Rasi: 13.53	Tithi 2 452489362	<b>Gulika</b> 3:08PM – 4:43PM <b>Yama</b> 11:58AM – 1:33PM <b>Rahu</b> 4:43PM – 6:18PM	<b>Purvaphalguni Until 7:49AM Mon</b> Parigha* Until 7:15AM Balava Until 12:17PM <b>Dvitiya Until 1:28AM Mon</b>
Creative Work Siddha Yoga		<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 6:18PM <b>Devaloka Day</b> Sravana-Adi
<hr/>			
<b>2</b>	<b>Monday, August 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Tritiyayam Titau	Pyinmana, Myanmar Sun 16 Sutra 127 Manmatha 5117
Simha Rasi: 25.46	Tithi 3 452589362	<b>Gulika</b> 1:33PM – 3:08PM <b>Yama</b> 10:23AM – 11:58AM <b>Rahu</b> 7:13AM – 8:48AM	<b>Purvaphalguni Until 7:49AM</b> Shiva Until 8:13AM Taitila Until 2:46PM <b>Tritiya Until 4:03AM Tue</b>
Family Home Evening Creative Work Siddha Yoga		<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 6:18PM <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<hr/>			
<b>3</b>	<b>Tuesday, August 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau	Pyinmana, Myanmar Sun 17 Sutra 128 Manmatha 5117
Kanya Rasi: 7.33	Tithi 4 552589362	<b>Gulika</b> 11:57AM – 1:32PM <b>Yama</b> 8:48AM – 10:23AM <b>Rahu</b> 3:07PM – 4:42PM	<b>Uttaraphalguni Until 10:48AM</b> Siddha Until 9:19AM Vanija Until 5:25PM <b>Chaturthi* Until 6:43AM Wed</b>
Creative Work Amrita Yoga Until 10:48AM Then Creative Work - Siddha Yoga		<b>Ganesha:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 6:17PM <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<hr/>			
<b>4</b>	<b>Wednesday, August 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Pyinmana, Myanmar Sun 18 Sutra 129 Manmatha 5117
Kanya Rasi: 19.19	Tithi 4 – 5 562589362	<b>Gulika</b> 10:23AM – 11:57AM <b>Yama</b> 7:13AM – 8:48AM <b>Rahu</b> 11:57AM – 1:32PM	<b>Hasta Until 2:10PM</b> Sadhya Until 10:27AM Bava Until 8:03PM <b>Chaturthi* Until 6:43AM</b>
Routine Work Marana Yoga Until 2:10PM Then Creative Work - Siddha Yoga		<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 6:16PM <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<hr/>			
<b>5</b>	<b>Thursday, August 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Pyinmana, Myanmar Sun 19 Sutra 130 Manmatha 5117
Tula Rasi: 1.07	Tithi 5 – 6 562589362	<b>Gulika</b> 8:48AM – 10:22AM <b>Yama</b> 5:38AM – 7:13AM <b>Rahu</b> 1:32PM – 3:06PM	<b>Chitra Until 5:12PM</b> Subha Until 11:30AM Kaulava Until 10:28PM <b>Panchami Until 9:16AM</b>
Creative Work Siddha Yoga Until 5:12PM Then Creative Work - Amrita Yoga		<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 6:16PM <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
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<b>6</b>	<b>Friday, August 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Pyinmana, Myanmar Sun 20 Sutra 131 Manmatha 5117
Tula Rasi: 13.02	Tithi 6 – 7 562589362	<b>Gulika</b> 7:13AM – 8:48AM <b>Yama</b> 3:06PM – 4:40PM <b>Rahu</b> 10:22AM – 11:57AM	<b>Svati Until 7:42PM</b> Sukla Until 12:16PM Gara Until 12:27AM Sat <b>Shashthi* Until 11:30AM</b>
Creative Work Siddha Yoga		<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 6:15PM <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
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	<b>Saturday, August 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manla Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Pyinmana, Myanmar Sun 21 Sutra 132 Manmatha 5117
<b>Retreat Star</b>	Tula Rasi: 25.08	Tithi 7 – 8 572589362	<b>Gulika</b> 5:39AM – 7:13AM <b>Yama</b> 1:31PM – 3:05PM <b>Rahu</b> 8:48AM – 10:22AM
Creative Work Siddha Yoga		<b>Vishakha Until 9:58PM</b> Brahma Until 12:39PM Visti Until 1:50AM Sun <b>Saptami Until 1:13PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange
		<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 6:14PM <b>Devaloka Day</b> Sravana-Avani	
<hr/>			
<b>Sunday, August 23, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Pyinmana, Myanmar Sun 22 Sutra 133 Manmatha 5117	
<b>Retreat Star</b>	Vrischika Rasi: 7.3	Tithi 8 – 9 572589362	<b>Gulika</b> 3:05PM – 4:39PM <b>Yama</b> 11:56AM – 1:31PM <b>Rahu</b> 4:39PM – 6:14PM
Routine Work Marana Yoga		<b>Anuradha Until 11:22PM</b> Indra Until 12:30PM Balava Until 2:28AM Mon <b>Ashtami* Until 2:14PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Orange
		<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 6:14PM <b>Devaloka Day</b> Sravana-Avani	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Monday, August 24, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Pyinmana, Myanmar Sun 23 Sutra 134 Manmatha 5117
Vrischika Rasi: 20.13 Family Home Evening Creative Work Siddha Yoga	Tithi 9 – 10 572589362	<b>Gulika</b> 1:30PM – 3:04PM <b>Yama</b> 10:22AM – 11:56AM <b>Rahu</b> 7:13AM – 8:48AM	<b>Jyeshtha* Until 11:49PM</b> Vaidhriti* Until 11:43AM Taitila Until 2:17AM Tue <b>Navami* Until 2:28PM</b>
		<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Orange	<b>Sravana-Avani</b> Sunrise: 5:39AM Sunset: 6:13PM Moon 7 - Phase 18 4th Phase <b>Devaloka Day</b>
<b>2</b>	<b>Tuesday, August 25, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Pyinmana, Myanmar Sun 24 Sutra 135 Manmatha 5117
Dhanus Rasi: 3.2 Creative Work Amrita Yoga Until 11:45PM Then Creative Work - Siddha Yoga	Tithi 10 – 11 583589362	<b>Gulika</b> 11:56AM – 1:30PM <b>Yama</b> 8:48AM – 10:22AM <b>Rahu</b> 3:04PM – 4:38PM	<b>Mula* Until 11:45PM</b> Vishkambha* Until 10:18AM Vanija Until 1:17AM Wed <b>Dashami Until 1:52PM</b>
		<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sravana-Avani</b> Sunrise: 5:39AM Sunset: 6:12PM Moon 7 - Phase 18 4th Phase <b>Devaloka Day</b>
<b>3</b>	<b>Wednesday, August 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Vistri*/Bava Karana Ekadashi/Dvadashyam Titau	Pyinmana, Myanmar Sun 25 Sutra 136 Manmatha 5117
Dhanus Rasi: 16.54 Creative Work Amrita Yoga	Tithi 11 – 12 583589362	<b>Gulika</b> 10:21AM – 11:55AM <b>Yama</b> 7:13AM – 8:47AM <b>Rahu</b> 11:55AM – 1:29PM	<b>Purvashadha* Until 10:46PM</b> Priti Until 8:14AM Bava Until 11:31PM <b>Ekadashi Until 12:28PM</b>
		<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sravana-Avani</b> Sunrise: 5:39AM Sunset: 6:12PM Moon 7 - Phase 18 4th Phase <b>Devaloka Day</b>
<b>4</b>	<b>Thursday, August 27, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Pyinmana, Myanmar Sun 26 Sutra 137 Manmatha 5117
Makara Rasi: 0.56 Routine Work Marana Yoga Until 8:59PM Then Creative Work - Siddha Yoga	Tithi 12 – 13 583589362	<b>Gulika</b> 8:47AM – 10:21AM <b>Yama</b> 5:40AM – 7:13AM <b>Rahu</b> 1:29PM – 3:03PM	<b>Uttarashadha Until 8:59PM</b> Saubhagya Until 2:20AM Fri Kaulava Until 9:04PM <b>Dvadashi Until 10:21AM</b> <i>Pradosha Vrata</i>
		<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sravana-Avani</b> Sunrise: 5:40AM Sunset: 6:11PM Moon 7 - Phase 18 4th Phase <b>Devaloka Day</b>
<b>5</b>	<b>Friday, August 28, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Pyinmana, Myanmar Sun 27 Sutra 138 Manmatha 5117
Makara Rasi: 15.23 Routine Work Marana Yoga Until 6:56PM Then Creative Work - Siddha Yoga	Tithi 13 – 14 593589363	<b>Gulika</b> 7:14AM – 8:47AM <b>Yama</b> 3:02PM – 4:36PM <b>Rahu</b> 10:21AM – 11:55AM	<b>Shravana Until 6:56PM</b> Sobhana Until 10:45PM Gara Until 6:06PM <b>Trayodashi Until 7:38AM</b>
		<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Purple	<b>Sravana-Avani</b> Sunrise: 5:40AM Sunset: 6:10PM Moon 7 - Phase 18 4th Phase <b>Devaloka Day</b>
<b>○</b>	<b>Saturday, August 29, 2015</b> <b>Copper Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Vistri*/Bava Karana Purnimayam Titau	Pyinmana, Myanmar Sutra 139 Manmatha 5117
Kumbha Rasi: 0.1 Creative Work Siddha Yoga Until 4:23PM Then Creative Work - Amrita Yoga	Tithi 15 593589363	<b>Gulika</b> 5:40AM – 7:14AM <b>Yama</b> 1:28PM – 3:02PM <b>Rahu</b> 8:47AM – 10:21AM	<b>Dhanishtha Until 4:23PM</b> Athiganda* Until 6:50PM Vistri Until 2:45PM <b>Purnima* Until 12:58AM Sun</b>
		<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Purple	<b>Sravana-Avani</b> Sunrise: 5:40AM Sunset: 6:09PM Moon 7 - Phase 18 Purnima <b>Devaloka Day</b>
<b>○</b>	<b>Sunday, August 30, 2015</b> <b>Silver Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau	Pyinmana, Myanmar Sutra 140 Manmatha 5117
Kumbha Rasi: 15.12 Creative Work Siddha Yoga	Tithi 16 593589363	<b>Gulika</b> 3:01PM – 4:35PM <b>Yama</b> 11:54AM – 1:28PM <b>Rahu</b> 4:35PM – 6:09PM	<b>Shatabhishak Until 1:29PM</b> Sukarma Until 2:46PM Balava Until 11:11AM <b>Prathama* Until 9:21PM</b>
		<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Purple	<b>Sravana-Avani</b> Sunrise: 5:40AM Sunset: 6:09PM Moon 7 - Phase 18 Prathama <b>Devaloka Day</b>

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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**Monday, August 31, 2015**  
**Gold Retreat Star**

Meena Rasi: 0.19 Tithi 17 – 18  
Family Home Evening 513589363  
Routine Work Marana Yoga  
Until 10:48AM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Taitila/Vanija Karana Dvitiya/Trilyayam Titau

**Gulika** 1:27PM – 3:01PM  
**Yama** 10:21AM – 11:54AM  
**Rahu** 7:14AM – 8:47AM

**Purvaprosarthapada\* Until 10:48AM**  
**Dhriti Until 10:42AM**  
**Taitila Until 7:33AM**  
**Dvitiya Until 5:44PM**

**Ganesha: White** Sunrise: 5:40AM  
**Muruga: White** Sunset: 6:08PM  
**Nataraja: Purple**  
Moon – Clear  
**Sravana-Avani**

Pyinmana, Myanmar  
Sun 1 Sutra 141  
Manmatha 5117  
Moon 8 - Phase 19  
1st Phase

**Devaloka Day**

**1**

**Tuesday, September 1, 2015**

Meena Rasi: 15.21 Tithi 18 – 19  
513589363  
Creative Work Amrita Yoga  
Until 8:05AM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Uttaraprosarthapada/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

**Gulika** 11:54AM – 1:27PM  
**Yama** 8:47AM – 10:20AM  
**Rahu** 3:00PM – 4:34PM

**Uttaraprosarthapada Until 8:05AM**  
**Shula\* Until 6:41AM**  
**Bava Until 12:41AM Wed**  
**Tritiya Until 2:17PM**

**Ganesha: White** Sunrise: 5:40AM  
**Muruga: White** Sunset: 6:07PM  
**Nataraja: Purple**  
Moon – Clear  
**Sravana-Avani**

Pyinmana, Myanmar  
Sun 2 Sutra 142  
Manmatha 5117  
Moon 8 - Phase 19  
1st Phase

**Devaloka Day**

**2**

**Wednesday, September 2, 2015**

Mesha Rasi: 0.13 Tithi 19 – 20  
523589363  
Routine Work Marana Yoga  
Until 3:36AM Thu  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:20AM – 11:53AM  
**Yama** 7:14AM – 8:47AM  
**Rahu** 11:53AM – 1:27PM

**Ashvini Until 3:36AM Thu**  
**Vriddhi Until 11:26PM**  
**Kaulava Until 9:44PM**  
**Chaturthi\* Until 11:08AM**

**Ganesha: Clear** Sunrise: 5:40AM  
**Muruga: White** Sunset: 6:06PM  
**Nataraja: Purple**  
Moon – White  
**Sravana-Avani**

Pyinmana, Myanmar  
Sun 3 Sutra 143  
Manmatha 5117  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Thursday, September 3, 2015**

Mesha Rasi: 14.46 Tithi 20 – 21  
523589363  
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

**Gulika** 8:47AM – 10:20AM  
**Yama** 5:40AM – 7:14AM  
**Rahu** 1:26PM – 2:59PM

**Bharani Until 2:05AM Fri**  
**Dhruva Until 8:21PM**  
**Gara Until 7:17PM**  
**Panchami Until 8:25AM**

**Ganesha: Clear** Sunrise: 5:40AM  
**Muruga: White** Sunset: 6:06PM  
**Nataraja: Purple**  
Moon – White  
**Sravana-Avani**

Pyinmana, Myanmar  
Sun 4 Sutra 144  
Manmatha 5117  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Friday, September 4, 2015**

Mesha Rasi: 28.56 Tithi 21 – 22  
523589363  
Creative Work Siddha Yoga  
Until 1:01AM Sat  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Vanija/Bava Karana Shashti/Saptamyam Titau

**Gulika** 7:14AM – 8:47AM  
**Yama** 2:59PM – 4:32PM  
**Rahu** 10:20AM – 11:53AM

**Krittika Until 1:01AM Sat**  
**Vyaghata\* Until 5:47PM**  
**Bava Until 4:42AM Sat**  
**Shashti\* Until 6:15AM**

**Ganesha: Clear** Sunrise: 5:41AM  
**Muruga: White** Sunset: 6:05PM  
**Nataraja: Purple**  
Moon – White  
**Sravana-Avani**

Pyinmana, Myanmar  
Sun 5 Sutra 145  
Manmatha 5117  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**D**

**Saturday, September 5, 2015**  
**Retreat Star**

Vrishabha Rasi: 12.44 Tithi 23  
533589363  
Creative Work Amrita Yoga  
Until 12:54AM Sun  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 5:41AM – 7:14AM  
**Yama** 1:25PM – 2:58PM  
**Rahu** 8:47AM – 10:19AM

**Rohini Until 12:54AM Sun**  
**Harshana Until 3:44PM**  
**Balava Until 4:11PM**  
**Ashtami\* Until 3:48AM Sun**

**Ganesha: Purple** Sunrise: 5:41AM  
**Muruga: White** Sunset: 6:04PM  
**Nataraja: Purple**  
Moon – Yellow  
**Sravana-Avani**

Pyinmana, Myanmar  
Sun 6 Sutra 146  
Manmatha 5117  
Moon 8 - Phase 19  
Ashtami

**Devaloka Day**

**Sunday, September 6, 2015**

**Retreat Star**

Vrishabha Rasi: 26.08 Tithi 24  
533589363  
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 2:58PM – 4:30PM  
**Yama** 11:52AM – 1:25PM  
**Rahu** 4:30PM – 6:03PM

**Mrigashira Until 1:16AM Mon**  
**Vajra\* Until 2:11PM**  
**Taitila Until 3:37PM**  
**Navami\* Until 3:34AM Mon**

**Ganesha: Purple** Sunrise: 5:41AM  
**Muruga: White** Sunset: 6:03PM  
**Nataraja: Purple**  
Moon – Yellow  
**Sravana-Avani**

Pyinmana, Myanmar  
Sun 7 Sutra 147  
Manmatha 5117  
Moon 8 - Phase 19  
Navami

**Devaloka Day**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Monday, September 7, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		Pynmana, Myanmar Sun 8 Sutra 148
	Mithuna Rasi: 9.12      Tithi 25	<b>Gulika</b> 1:24PM – 2:57PM	<b>Ardra</b> Until 2:07AM Tue	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:41AM
	<b>Family Home Evening</b> 533589363	<b>Yama</b> 10:19AM – 11:52AM	<b>Siddhi</b> Until 1:10PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:02PM
	Creative Work    Siddha Yoga	<b>Rahu</b> 7:14AM – 8:46AM	<b>Vanija</b> Until 3:42PM	<b>Nataraja:</b> Purple Moon – Yellow
		<b>Dashami</b> Until 3:57AM Tue		<b>Devaloka Day</b> Savana-Avani

<b>2</b>	<b>Tuesday, September 8, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ekadashyam Titau		Pynmana, Myanmar Sun 9 Sutra 149
	Mithuna Rasi: 21.57      Tithi 26	<b>Gulika</b> 11:51AM – 1:24PM	<b>Punarvasu</b> Until 3:49AM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:41AM
	543589363	<b>Yama</b> 8:46AM – 10:19AM	<b>Vyatipata*</b> Until 12:38PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:02PM
	Creative Work    Siddha Yoga	<b>Rahu</b> 2:57PM – 4:29PM	<b>Bava</b> Until 4:23PM	<b>Nataraja:</b> Purple Moon – Blue
		<b>Ekadashi*</b> Until 4:54AM Wed		<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>3</b>	<b>Wednesday, September 9, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Pynmana, Myanmar Sun 10 Sutra 150
	Kataka Rasi: 4.27      Tithi 27	<b>Gulika</b> 10:19AM – 11:51AM	<b>Pushya</b> Until 5:51AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:41AM
	544599363	<b>Yama</b> 7:14AM – 8:46AM	<b>Varyan</b> Until 12:30PM	<b>Muruqa:</b> Green <i>Sunset:</i> 6:01PM
	Creative Work    Siddha Yoga	<b>Rahu</b> 11:51AM – 1:23PM	<b>Kaulava</b> Until 5:36PM	<b>Nataraja:</b> Purple Moon – Blue
		<b>Dvadashi*</b> Until 6:22AM Thu		<b>Bhuloka Day</b> Savana-Avani

<b>4</b>	<b>Thursday, September 10, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Pynmana, Myanmar Sun 11 Sutra 151
	Kataka Rasi: 16.44      Tithi 27 – 28	<b>Gulika</b> 8:46AM – 10:18AM	<b>Ashlesha*</b> Until 8:08AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:41AM
	544599363	<b>Yama</b> 5:41AM – 7:14AM	<b>Parigha*</b> Until 12:44PM	<b>Muruqa:</b> Green <i>Sunset:</i> 6:00PM
	Creative Work    Siddha Yoga	<b>Rahu</b> 1:23PM – 2:55PM	<b>Gara</b> Until 7:17PM	<b>Nataraja:</b> Purple Moon – Blue
Until 8:08AM Fri			<b>Dvadashi*</b> Until 6:22AM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>	<b>Friday, September 11, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Pynmana, Myanmar Sun 12 Sutra 152
	Kataka Rasi: 28.5      Tithi 28 – 29	<b>Gulika</b> 7:14AM – 8:46AM	<b>Ashlesha*</b> Until 8:08AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:41AM
	544699363	<b>Yama</b> 2:55PM – 4:27PM	<b>Shiva</b> Until 1:18PM	<b>Muruqa:</b> Green <i>Sunset:</i> 5:59PM
	Routine Work    Marana Yoga	<b>Rahu</b> 10:18AM – 11:50AM	<b>Visti</b> Until 9:21PM	<b>Nataraja:</b> Purple Moon – Blue
		<b>Trayodashi*</b> Until 8:15AM		<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>●</b>	<b>Saturday, September 12, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Pynmana, Myanmar Sun 13 Sutra 153
	<b>Retreat Star</b>	<b>Gulika</b> 5:41AM – 7:14AM	<b>Magha*</b> Until 11:05AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:41AM
	Simha Rasi: 10.48      Tithi 29 – 30	<b>Yama</b> 1:22PM – 2:54PM	<b>Siddha</b> Until 2:05PM	<b>Muruqa:</b> Green <i>Sunset:</i> 5:58PM
	554699363	<b>Rahu</b> 8:46AM – 10:18AM	<b>Catuspada</b> Until 11:43PM	<b>Nataraja:</b> Purple Moon – Red
Creative Work    Amrita Yoga			<b>Chaturdashi*</b> Until 10:29AM	
Until 11:05AM			<b>Savana-Avani</b>	
Then Creative Work - Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>●</b>	<b>Sunday, September 13, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Pynmana, Myanmar Sun 14 Sutra 154
	<b>Retreat Star</b>	<b>Gulika</b> 2:54PM – 4:26PM	<b>Purvaphalguni</b> Until 2:06PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:42AM
	Simha Rasi: 22.4      Tithi 30 – 1	<b>Yama</b> 11:50AM – 1:22PM	<b>Sadhya</b> Until 3:05PM	<b>Muruqa:</b> Green <i>Sunset:</i> 5:58PM
	554699363	<b>Rahu</b> 4:26PM – 5:58PM	<b>Kintughna</b> Until 2:19AM Mon	<b>Nataraja:</b> Purple Moon – Red
Creative Work    Siddha Yoga			<b>Amavasya*</b> Until 12:59PM	
Until 2:06PM	<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>	
Then Creative Work - Amrita Yoga	<b>Partial Solar Eclipse</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b>	<b>Monday, September 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pyinmana, Myanmar Sun 15 Sutra 155
	Kanya Rasi: 4.28 Tithi 1 – 2 Family Home Evening 564699363 Creative Work Siddha Yoga	<b>Gulika</b> 1:21PM – 2:53PM <b>Yama</b> 10:17AM – 11:49AM <b>Rahu</b> 7:14AM – 8:45AM	<b>Uttaraphalguni</b> Until 5:06PM Subha Until 4:11PM Balava Until 4:59AM Tue <b>Prathama*</b> Until 3:37PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:57PM <b>Nataraja:</b> Purple Moon – Red <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
				Manmatha 5117 Moon 8 - Phase 21 3rd Phase

<b>2</b>	<b>Tuesday, September 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Kaulava Karana Dvitiyayam Titau		Pyinmana, Myanmar Sun 16 Sutra 156
	Kanya Rasi: 16.14 Tithi 2 564699363 Creative Work Siddha Yoga	<b>Gulika</b> 11:49AM – 1:21PM <b>Yama</b> 8:45AM – 10:17AM <b>Rahu</b> 2:52PM – 4:24PM	<b>Hasta</b> Until 8:28PM Sukla Until 5:17PM Kaulava Until 6:18PM <b>Dvitiya</b> Until 6:18PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:56PM <b>Nataraja:</b> Purple Moon – Green <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
				Manmatha 5117 Moon 8 - Phase 21 3rd Phase

<b>3</b>	<b>Wednesday, September 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau		Pyinmana, Myanmar Sun 17 Sutra 157
	Kanya Rasi: 28.01 Tithi 3 564699363 Creative Work Siddha Yoga	<b>Gulika</b> 10:17AM – 11:49AM <b>Yama</b> 7:14AM – 8:45AM <b>Rahu</b> 11:49AM – 1:20PM	<b>Chitra</b> Until 11:32PM Brahma Until 6:19PM Taitila Until 7:38AM <b>Tritiya</b> Until 8:52PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:55PM <b>Nataraja:</b> Purple Moon – Green <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
				Manmatha 5117 Moon 8 - Phase 21 3rd Phase

<b>4</b>	<b>Thursday, September 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vanija/Vishti* Karana Chaturthyam Titau		Pyinmana, Myanmar Sun 18 Sutra 158
	Tula Rasi: 9.52 Tithi 4 564699363 Creative Work Amrita Yoga Until 2:11AM Fri Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:45AM – 10:17AM <b>Yama</b> 5:42AM – 7:14AM <b>Rahu</b> 1:20PM – 2:51PM	<b>Svati</b> Until 2:11AM Fri Indra Until 7:11PM Vanija Until 10:06AM <b>Chaturthi*</b> Until 11:11PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Purple Moon – Green <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
		<b>Ganesha Chaturthi</b>		Manmatha 5117 Moon 8 - Phase 21 3rd Phase

<b>5</b>	<b>Friday, September 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Pyinmana, Myanmar Sun 19 Sutra 159
	Tula Rasi: 21.49 Tithi 5 564699363 Creative Work Siddha Yoga	<b>Gulika</b> 7:14AM – 8:45AM <b>Yama</b> 2:51PM – 4:22PM <b>Rahu</b> 10:16AM – 11:48AM	<b>Vishakha</b> Until 4:46AM Sat Vaidhriti* Until 7:44PM Bava Until 12:14PM <b>Panchami</b> Until 1:06AM Sat	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Purple Moon – Orange <b>Devaloka Day</b> Bhadrapada-Puratasi
				Manmatha 5117 Moon 8 - Phase 21 3rd Phase

<b>6</b>	<b>Saturday, September 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Pyinmana, Myanmar Sun 20 Sutra 160
	Vrischika Rasi: 3.57 Tithi 6 564699363 Creative Work Siddha Yoga Until 6:38AM Sun Then Routine Work - Marana Yoga	<b>Gulika</b> 5:42AM – 7:14AM <b>Yama</b> 1:19PM – 2:50PM <b>Rahu</b> 8:45AM – 10:16AM	<b>Anuradha</b> Until 6:38AM Sun Vishkambha* Until 7:54PM Kaulava Until 1:54PM <b>Shashthi*</b> Until 2:29AM Sun	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:53PM <b>Nataraja:</b> Purple Moon – Orange <b>Devaloka Day</b> Bhadrapada-Puratasi
				Manmatha 5117 Moon 8 - Phase 21 3rd Phase

<b>Retreat Star</b>	<b>Sunday, September 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Gara/Vanija Karana Saplamyam Titau		Pyinmana, Myanmar Sun 21 Sutra 161
	Vrischika Rasi: 16.19 Tithi 7 564699363 Routine Work Marana Yoga	<b>Gulika</b> 2:50PM – 4:21PM <b>Yama</b> 11:47AM – 1:18PM <b>Rahu</b> 4:21PM – 5:52PM	<b>Anuradha</b> Until 6:38AM Priti Until 7:36PM Gara Until 2:58PM <b>Saptami</b> Until 3:13AM Mon	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Purple Moon – Orange <b>Devaloka Day</b> Bhadrapada-Puratasi
				Manmatha 5117 Moon 8 - Phase 21 3rd Phase

<b>Retreat Star</b>	<b>Monday, September 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau		Pyinmana, Myanmar Sun 22 Sutra 162
	Vrischika Rasi: 28.59 Tithi 8 Family Home Evening 575699363 Creative Work Siddha Yoga	<b>Gulika</b> 1:18PM – 2:49PM <b>Yama</b> 10:16AM – 11:47AM <b>Rahu</b> 7:14AM – 8:45AM	<b>Jyeshtha*</b> Until 7:43AM Ayushman Until 6:43PM Visti Until 3:20PM <b>Ashtami*</b> Until 3:12AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Purple Moon – Orange <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
				Manmatha 5117 Moon 8 - Phase 21 Ashtami

<b>Retreat Star</b>	<b>Tuesday, September 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau		Pyinmana, Myanmar Sun 23 Sutra 163
	Dhanu Rasi: 12.01 Tithi 9 585699363 Creative Work Amrita Yoga Until 8:22AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:46AM – 1:17PM <b>Yama</b> 8:44AM – 10:15AM <b>Rahu</b> 2:48PM – 4:19PM	<b>Mula*</b> Until 8:22AM Saubhagya Until 5:15PM Balava Until 2:56PM <b>Navami*</b> Until 2:25AM Wed	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Bhuloka Day</b> Bhadrapada-Puratasi
				Manmatha 5117 Moon 8 - Phase 21 Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	<b>Wednesday, September 23, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Pynmana, Myanmar Sun 24 Sutra 164
	Dhanu Rasi: 25.27	Tithi 10	585699363	<b>Gulika</b> 10:15AM – 11:46AM <b>Yama</b> 7:13AM – 8:44AM <b>Rahu</b> 11:46AM – 1:17PM	<b>Purvashadha* Until 8:06AM</b> Sobhana Until 3:10PM Taitila Until 1:46PM <b>Dashami Until 12:53AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM <b>Muruga:</b> Green <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Bhadrapada-Puratasi</b>	Manmatha 5117 Moon 8 - Phase 22 4th Phase <b>Bhuloka Day</b>
Creative Work Amrita Yoga							

2	<b>Thursday, September 24, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Pynmana, Myanmar Sun 25 Sutra 165
	Makara Rasi: 9.2	Tithi 11	585699363	<b>Gulika</b> 8:44AM – 10:15AM <b>Yama</b> 5:43AM – 7:13AM <b>Rahu</b> 1:16PM – 2:47PM	<b>Uttarashadha Until 6:58AM</b> Athiganda* Until 12:29PM Vanija Until 11:52AM <b>Ekadashi Until 10:39PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM <b>Muruga:</b> Green <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Bhadrapada-Puratasi</b>	Manmatha 5117 Moon 8 - Phase 22 4th Phase <b>Bhuloka Day</b>
Routine Work Marana Yoga Until 6:58AM Then Creative Work - Siddha Yoga							

3	<b>Friday, September 25, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Pynmana, Myanmar Sun 26 Sutra 166
	Makara Rasi: 23.4	Tithi 12	595699363	<b>Gulika</b> 7:13AM – 8:44AM <b>Yama</b> 2:47PM – 4:17PM <b>Rahu</b> 10:15AM – 11:45AM	<b>Dhanishtha Until 3:13AM Sat</b> Sukarma Until 9:17AM Bava Until 9:19AM <b>Dvadashi Until 7:49PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:43AM <b>Muruga:</b> Green <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Purple Moon – Purple <b>Bhadrapada-Puratasi</b>	Manmatha 5117 Moon 8 - Phase 22 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Until 3:13AM Sat Then Creative Work - Amrita Yoga							

4	<b>Saturday, September 26, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 27 Sutra 167
	Kumbha Rasi: 8.22	Tithi 13 – 14	595699363	<b>Gulika</b> 5:43AM – 7:13AM <b>Yama</b> 1:16PM – 2:46PM <b>Rahu</b> 8:44AM – 10:15AM	<b>Shatabhishak Until 12:28AM Sun</b> Shula* Until 1:41AM Sun Kaulava Until 6:15AM <b>Trayodashi Until 4:33PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:43AM <b>Muruga:</b> Green <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Purple Moon – Purple <b>Bhadrapada-Puratasi</b>	Manmatha 5117 Moon 8 - Phase 22 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Creative Work Amrita Yoga Until 12:28AM Sun Then Creative Work - Siddha Yoga		Chidambaram Abhishekam <b>Kadaitswami Mahasamadhi</b>					

○	<b>Sunday, September 27, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pynmana, Myanmar Sutra 168	
	<b>Copper Retreat Star</b>		Kumbha Rasi: 23.23	Tithi 14 – 15	515699363	<b>Gulika</b> 2:45PM – 4:16PM <b>Yama</b> 11:45AM – 1:15PM <b>Rahu</b> 4:16PM – 5:46PM	<b>Purvaproshtapada* Until 9:43PM</b> Ganda* Until 9:31PM Visti Until 11:06PM <b>Chaturdashi* Until 12:57PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:43AM <b>Muruga:</b> Green <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Clear <b>Bhadrapada-Puratasi</b>
Creative Work Siddha Yoga Until 9:43PM Then Creative Work - Amrita Yoga								

○	<b>Monday, September 28, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pynmana, Myanmar Sutra 169	
	<b>Silver Retreat Star</b>		Meena Rasi: 8.34	Tithi 15 – 16	615699363	<b>Gulika</b> 1:15PM – 2:45PM <b>Yama</b> 10:14AM – 11:44AM <b>Rahu</b> 7:13AM – 8:44AM	<b>Uttaraproshtapada Until 6:45PM</b> Vriddhi Until 5:16PM Balava Until 7:19PM <b>Purnima* Until 9:12AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:43AM <b>Muruga:</b> Green <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Clear <b>Bhadrapada-Puratasi</b>
Creative Work Siddha Yoga		Total Lunar Eclipse						

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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**Tuesday, September 29, 2015**  
**Gold Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar  
Sutra 170

Meena Rasi: 23.47      Tithi 17  
615699363  
Creative Work    Siddha Yoga

**Gulika**    11:44AM – 1:14PM  
**Yama**      8:44AM – 10:14AM  
**Rahu**      2:44PM – 4:15PM

**Revati Until 3:43PM**  
**Dhruva Until 1:04PM**  
**Taitila Until 3:38PM**

**Ganesha:** Blue      *Sunrise:* 5:43AM  
**Muruga:** Green      *Sunset:* 5:45PM

**Nataraja:** Purple  
Moon – Clear      Manmatha 5117  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

**Bhadrapada-Puratasi**

**1**

**Wednesday, September 30, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Pyinmana, Myanmar  
Sun 1      Sutra 171

Mesha Rasi: 8.51      Tithi 18  
626699363  
Routine Work    Marana Yoga  
Until 1:11PM  
Then Creative Work - Siddha Yoga

**Gulika**    10:14AM – 11:44AM  
**Yama**      7:14AM – 8:44AM  
**Rahu**      11:44AM – 1:14PM

**Ashvini Until 1:11PM**  
**Vyaghata\* Until 9:03AM**  
**Vanija Until 12:11PM**  
**Tritiya Until 10:35PM**

**Ganesha:** Red      *Sunrise:* 5:43AM  
**Muruga:** Green      *Sunset:* 5:44PM

**Nataraja:** Purple  
Moon – White      Manmatha 5117  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

**Bhadrapada-Puratasi**      Devaloka Time: 6:AM to 9:AM

**2**

**Thursday, October 1, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar  
Sun 2      Sutra 172

Mesha Rasi: 23.39      Tithi 19  
626699363  
Creative Work    Siddha Yoga  
Until 10:56AM  
Then Routine Work - Marana Yoga

**Gulika**    8:43AM – 10:13AM  
**Yama**      5:44AM – 7:14AM  
**Rahu**      1:13PM – 2:43PM

**Bharani Until 10:56AM**  
**Vajra\* Until 2:04AM Fri**  
**Bava Until 9:08AM**  
**Chaturthi\* Until 7:46PM**

**Ganesha:** Red      *Sunrise:* 5:44AM  
**Muruga:** Green      *Sunset:* 5:43PM

**Nataraja:** Purple  
Moon – White      Manmatha 5117  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

**Bhadrapada-Puratasi**      Devaloka Time: 6:AM to 9:AM

**3**

**Friday, October 2, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar  
Sun 3      Sutra 173

Wrishabha Rasi: 8.04      Tithi 20 – 21  
626699363  
Creative Work    Siddha Yoga  
Until 9:06AM  
Then Routine Work - Marana Yoga

**Gulika**    7:14AM – 8:43AM  
**Yama**      2:43PM – 4:13PM  
**Rahu**      10:13AM – 11:43AM

**Krittika Until 9:06AM**  
**Siddhi Until 11:19PM**  
**Kaulava Until 6:37AM**  
**Panchami Until 5:35PM**

**Ganesha:** Red      *Sunrise:* 5:44AM  
**Muruga:** Green      *Sunset:* 5:42PM

**Nataraja:** Purple  
Moon – White      Manmatha 5117  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

**Bhadrapada-Puratasi**      Devaloka Time: 6:AM to 9:AM

**4**

**Saturday, October 3, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar  
Sun 4      Sutra 174

Wrishabha Rasi: 22.03      Tithi 21 – 22  
636699363  
Creative Work    Amrita Yoga  
Until 8:13AM  
Then Creative Work - Siddha Yoga

**Gulika**    5:44AM – 7:14AM  
**Yama**      1:12PM – 2:42PM  
**Rahu**      8:43AM – 10:13AM

**Rohini Until 8:13AM**  
**Vyatipata\* Until 9:10PM**  
**Visti Until 3:40AM Sun**  
**Shashthi\* Until 4:06PM**

**Ganesha:** Green      *Sunrise:* 5:44AM  
**Muruga:** Green      *Sunset:* 5:42PM

**Nataraja:** Purple  
Moon – Yellow      Manmatha 5117  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

**Bhadrapada-Puratasi**

**5**

**Sunday, October 4, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar  
Sun 5      Sutra 175

Mithuna Rasi: 5.34      Tithi 22 – 23  
636699363  
Creative Work    Siddha Yoga

**Gulika**    2:42PM – 4:11PM  
**Yama**      11:42AM – 1:12PM  
**Rahu**      4:11PM – 5:41PM

**Mrigashira Until 7:57AM**  
**Variyan Until 7:37PM**  
**Balava Until 3:23AM Mon**  
**Saptami Until 3:24PM**

**Ganesha:** Green      *Sunrise:* 5:44AM  
**Muruga:** Green      *Sunset:* 5:41PM

**Nataraja:** Purple  
Moon – Yellow      Manmatha 5117  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

**Bhadrapada-Puratasi**

**D**

**Monday, October 5, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar  
Sun 6      Sutra 176

Mithuna Rasi: 18.4      Tithi 23 – 24  
636699363  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 8:19AM  
Then Creative Work - Amrita Yoga

**Gulika**    1:12PM – 2:41PM  
**Yama**      10:13AM – 11:42AM  
**Rahu**      7:14AM – 8:43AM

**Ardra Until 8:19AM**  
**Parigha\* Until 6:43PM**  
**Taitila Until 3:53AM Tue**  
**Ashtami\* Until 3:31PM**

**Ganesha:** Green      *Sunrise:* 5:44AM  
**Muruga:** Green      *Sunset:* 5:40PM

**Nataraja:** Purple  
Moon – Yellow      Manmatha 5117  
Moon 9 - Phase 23  
Ashtami

**Bhuloka Day**

**Bhadrapada-Puratasi**

**Tuesday, October 6, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Pyinmana, Myanmar  
Sun 7      Sutra 177

Kataka Rasi: 1.22      Tithi 24 – 25  
646799363  
Creative Work    Siddha Yoga

**Gulika**    11:42AM – 1:11PM  
**Yama**      8:43AM – 10:12AM  
**Rahu**      2:41PM – 4:10PM

**Punarvasu Until 9:45AM**  
**Shiva Until 6:25PM**  
**Vanija Until 5:06AM Wed**  
**Navami\* Until 4:23PM**

**Ganesha:** Clear      *Sunrise:* 5:44AM  
**Muruga:** Green      *Sunset:* 5:39PM

**Nataraja:** Purple  
Moon – Blue      Manmatha 5117  
Moon 9 - Phase 23  
Navami

**Bhuloka Day**

**Bhadrapada-Puratasi**      Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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<b>1</b>	<b>Wednesday, October 7, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vasi/ Bava Karana Dashami/Ekadashyam Titau	Pyinmana, Myanmar Sun 8 Sutra 178
	Kataka Rasi: 13.45    Tilthi 25 – 26 646799363	<b>Gulika</b> 10:12AM – 11:42AM <b>Yama</b> 7:14AM – 8:43AM <b>Rahu</b> 11:42AM – 1:11PM	<b>Pushya Until 11:42AM</b> Siddha Until 6:35PM Bava Until 6:55AM Thu Dashami Until 5:56PM

<b>Ganesha:</b> Clear <i>Sunrise: 5:44AM</i>	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset: 5:39PM</i>	Moon 9 - Phase 24
<b>Nataraja:</b> Purple	2nd Phase
Moon – Blue	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM

<b>2</b>	<b>Thursday, October 8, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Pyinmana, Myanmar Sun 9 Sutra 179
	Kataka Rasi: 25.53    Tilthi 26 647799364	<b>Gulika</b> 8:43AM – 10:12AM <b>Yama</b> 5:45AM – 7:14AM <b>Rahu</b> 1:10PM – 2:40PM	<b>Ashlesha* Until 2:01PM</b> Sadhya Until 7:09PM Bava Until 6:55AM Ekadashi* Until 7:59PM

<b>Ganesha:</b> Orange <i>Sunrise: 5:45AM</i>	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset: 5:38PM</i>	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	2nd Phase
Moon – Blue	
<b>Devaloka Day</b>	
<b>Bhadrapada-Puratasi</b>	

<b>3</b>	<b>Friday, October 9, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Pyinmana, Myanmar Sun 10 Sutra 180
	Simha Rasi: 7.51    Tilthi 27 657799364	<b>Gulika</b> 7:14AM – 8:43AM <b>Yama</b> 2:39PM – 4:08PM <b>Rahu</b> 10:12AM – 11:41AM	<b>Magha* Until 5:03PM</b> Subha Until 8:01PM Kaulava Until 9:12AM Dvadashi* Until 10:26PM

<b>Ganesha:</b> Light Blue <i>Sunrise: 5:45AM</i>	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset: 5:37PM</i>	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	2nd Phase
Moon – Red	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM

<b>4</b>	<b>Saturday, October 10, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau	Pyinmana, Myanmar Sun 11 Sutra 181
	Simha Rasi: 19.42    Tilthi 28 657799364	<b>Gulika</b> 5:45AM – 7:14AM <b>Yama</b> 1:10PM – 2:39PM <b>Rahu</b> 8:43AM – 10:12AM	<b>Purvaphalguni Until 8:09PM</b> Sukla Until 9:01PM Gara Until 11:45AM Trayodashi* Until 1:04AM Sun <i>Pradosha Vrata (Fasting)</i>

<b>Ganesha:</b> Light Blue <i>Sunrise: 5:45AM</i>	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset: 5:36PM</i>	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	2nd Phase
Moon – Red	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM

<b>5</b>	<b>Sunday, October 11, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Pyinmana, Myanmar Sun 12 Sutra 182
	Kanya Rasi: 1.29    Tilthi 29 657799364	<b>Gulika</b> 2:38PM – 4:07PM <b>Yama</b> 11:40AM – 1:09PM <b>Rahu</b> 4:07PM – 5:36PM	<b>Uttaraphalguni Until 11:10PM</b> Brahma Until 10:06PM Visti Until 2:27PM Chaturdashi* Until 3:47AM Mon

<b>Ganesha:</b> Light Blue <i>Sunrise: 5:45AM</i>	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset: 5:36PM</i>	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	2nd Phase
Moon – Red	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM

<b>Monday, October 12, 2015</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Pyinmana, Myanmar Sun 13 Sutra 183
	Kanya Rasi: 13.16    Tilthi 30 <b>Family Home Evening</b> 667799364	<b>Gulika</b> 1:09PM – 2:38PM <b>Yama</b> 10:11AM – 11:40AM <b>Rahu</b> 7:14AM – 8:43AM	<b>Hasta Until 2:28AM Tue</b> Indra Until 11:09PM Catuspada Until 5:08PM Amavasya* Until 6:25AM Tue

<b>Ganesha:</b> Purple <i>Sunrise: 5:45AM</i>	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset: 5:35PM</i>	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	Amavasya
Moon – Green	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM

Mahalaya Amavasai (Tamil Nadu)

<b>Tuesday, October 13, 2015</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Pyinmana, Myanmar Sun 14 Sutra 184
	Kanya Rasi: 25.04    Tilthi 30 – 1 667799364	<b>Gulika</b> 11:40AM – 1:08PM <b>Yama</b> 8:43AM – 10:11AM <b>Rahu</b> 2:37PM – 4:06PM	<b>Chitra Until 5:26AM Wed</b> Vaidhriti* Until 12:03AM Wed Kintughna Until 7:41PM Amavasya* Until 6:25AM


<b>Ganesha:</b> Purple <i>Sunrise: 5:46AM</i>	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset: 5:34PM</i>	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	Prathama
Moon – Green	
<b>Bhuloka Day</b>	
<b>Ashvina-Puratasi</b>	Devaloka Time: 6:PM to 9:PM

Navaratri Begins

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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<b>1</b>	<b>Wednesday, October 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Pyinmana, Myanmar Sun 15 Sutra 185
	Tula Rasi: 6.56 Tithi 1 – 2 668799364 Creative Work Siddha Yoga	<b>Gulika</b> 10:11AM – 11:40AM <b>Yama</b> 7:14AM – 8:43AM <b>Rahu</b> 11:40AM – 1:08PM	<b>Svati Until 7:59AM Thu</b> Vishkambha* Until 12:47AM Thu Balava Until 10:00PM <b>Prathama* Until 8:52AM</b>
		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:34PM <b>Nataraja:</b> Clear Moon – Green	Manmatha 5117 Moon 9 - Phase 25 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>2</b>	<b>Thursday, October 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Pyinmana, Myanmar Sun 16 Sutra 186
	Tula Rasi: 18.55 Tithi 2 – 3 668799364 Creative Work Amrita Yoga Until 7:59AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:43AM – 10:11AM <b>Yama</b> 5:46AM – 7:14AM <b>Rahu</b> 1:08PM – 2:36PM	<b>Svati Until 7:59AM</b> Priti Until 1:17AM Fri Taitila Until 12:00AM Fri <b>Dvitiya Until 11:01AM</b>
		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:33PM <b>Nataraja:</b> Clear Moon – Green	Manmatha 5117 Moon 9 - Phase 25 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>3</b>	<b>Friday, October 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau	Pyinmana, Myanmar Sun 17 Sutra 187
	Vrischika Rasi: 1.02 Tithi 3 – 4 678799364 Creative Work Siddha Yoga	<b>Gulika</b> 7:14AM – 8:43AM <b>Yama</b> 2:36PM – 4:04PM <b>Rahu</b> 10:11AM – 11:39AM	<b>Vishakha Until 10:31AM</b> Ayushman Until 1:26AM Sat Vanija Until 1:36AM Sat <b>Tritiya Until 12:50PM</b>
		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Clear Moon – Orange	Manmatha 5117 Moon 9 - Phase 25 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>4</b>	<b>Saturday, October 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau	Pyinmana, Myanmar Sun 18 Sutra 188
	Vrischika Rasi: 13.18 Tithi 4 – 5 678799364 Creative Work Siddha Yoga	<b>Gulika</b> 5:46AM – 7:15AM <b>Yama</b> 1:07PM – 2:35PM <b>Rahu</b> 8:43AM – 10:11AM	<b>Anuradha Until 12:29PM</b> Saubhagya Until 1:16AM Sun Bava Until 2:45AM Sun <b>Chaturthi* Until 2:13PM</b>
		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Clear Moon – Orange	Manmatha 5117 Moon 9 - Phase 25 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>5</b>	<b>Sunday, October 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Pyinmana, Myanmar Sun 19 Sutra 189
	Vrischika Rasi: 25.47 Tithi 5 – 6 678799364 Routine Work Marana Yoga Until 1:50PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:35PM – 4:03PM <b>Yama</b> 11:39AM – 1:07PM <b>Rahu</b> 4:03PM – 5:31PM	<b>Jyeshtha* Until 1:50PM</b> Sobhana Until 12:43AM Mon Kaulava Until 3:23AM Mon <b>Panchami Until 3:07PM</b>
		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Clear Moon – Orange	Manmatha 5117 Moon 9 - Phase 25 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>6</b>	<b>Monday, October 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Pyinmana, Myanmar Sun 20 Sutra 190
	Dhanus Rasi: 8.29 Tithi 6 – 7 Family Home Evening 688799364 Creative Work Siddha Yoga Until 2:59PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:07PM – 2:34PM <b>Yama</b> 10:11AM – 11:39AM <b>Rahu</b> 7:15AM – 8:43AM	<b>Mula* Until 2:59PM</b> Athiganda* Until 11:42PM Gara Until 3:27AM Tue <b>Shashthi* Until 3:28PM</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:30PM <b>Nataraja:</b> Clear Moon – Light Blue	Manmatha 5117 Moon 9 - Phase 25 3rd Phase <b>Devaloka Day</b>
	<b>Tuesday, October 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Vistil* Karana Saptami/Ashamyam Titau	Pyinmana, Myanmar Sun 21 Sutra 191
	<b>Retreat Star</b> Dhanus Rasi: 21.29 Tithi 7 – 8 688799364 Creative Work Siddha Yoga Until 3:23PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 11:38AM – 1:06PM <b>Yama</b> 8:43AM – 10:11AM <b>Rahu</b> 2:34PM – 4:02PM	<b>Purvashadha* Until 3:23PM</b> Sukarma Until 10:13PM Vistil Until 2:53AM Wed <b>Saptami Until 3:14PM</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:30PM <b>Nataraja:</b> Clear Moon – Light Blue	Manmatha 5117 Moon 9 - Phase 25 3rd Phase <b>Devaloka Day</b>
	<b>Wednesday, October 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Pyinmana, Myanmar Sun 22 Sutra 192
	Makara Rasi: 4.49 Tithi 8 – 9 688799364 Creative Work Amrita Yoga Until 3:00PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:11AM – 11:38AM <b>Yama</b> 7:15AM – 8:43AM <b>Rahu</b> 11:38AM – 1:06PM	<b>Uttarashadha Until 3:00PM</b> Dhriti Until 8:14PM Balava Until 1:41AM Thu <b>Ashtami* Until 2:21PM</b>
		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Clear Moon – Light Blue	Manmatha 5117 Moon 9 - Phase 25 Ashtami <b>Sivaloka Day</b>
	<b>Thursday, October 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Pyinmana, Myanmar Sun 23 Sutra 193
	Makara Rasi: 18.3 Tithi 9 – 10 699799364 Creative Work Siddha Yoga	<b>Gulika</b> 8:43AM – 10:11AM <b>Yama</b> 5:48AM – 7:15AM <b>Rahu</b> 1:06PM – 2:33PM	<b>Shravana Until 2:18PM</b> Shula* Until 5:43PM Taitila Until 11:51PM <b>Navami* Until 12:49PM</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Clear Moon – Purple	Manmatha 5117 Moon 9 - Phase 25 Navami <b>Devaloka Day</b>
		<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Ashvina-Aipasi</b>

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

[www.gurudeva.org/panchang](http://www.gurudeva.org/panchang)

<b>1</b>	<b>Friday, October 23, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda 7/Vridhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Pynmana, Myanmar Sun 24 Sutra 194															
	Kumbha Rasi: 2.34    Tithi 10 – 11 699799364	<table border="0" style="width: 100%;"> <tr> <td style="width: 25%;"><b>Gulika</b> 7:15AM – 8:43AM</td> <td style="width: 25%;"><b>Dhanishtha</b> Until 12:51PM</td> <td style="width: 25%;">Ganesha: Clear    <i>Sunrise: 5:48AM</i></td> <td style="width: 25%;"></td> </tr> <tr> <td>Yama 2:33PM – 4:00PM</td> <td>Ganda* Until 2:43PM</td> <td>Muruga: Green    <i>Sunset: 5:28PM</i></td> <td>Manmatha 5117</td> </tr> <tr> <td><b>Rahu</b> 10:10AM – 11:38AM</td> <td>Vanija Until 9:26PM</td> <td>Nataraja: Clear</td> <td>Moon 9 - Phase 26</td> </tr> <tr> <td></td> <td><b>Dashami</b> Until 10:42AM</td> <td>Moon – Purple</td> <td>4th Phase</td> </tr> </table>	<b>Gulika</b> 7:15AM – 8:43AM	<b>Dhanishtha</b> Until 12:51PM	Ganesha: Clear <i>Sunrise: 5:48AM</i>		Yama 2:33PM – 4:00PM	Ganda* Until 2:43PM	Muruga: Green <i>Sunset: 5:28PM</i>	Manmatha 5117	<b>Rahu</b> 10:10AM – 11:38AM	Vanija Until 9:26PM	Nataraja: Clear	Moon 9 - Phase 26		<b>Dashami</b> Until 10:42AM	Moon – Purple	4th Phase
<b>Gulika</b> 7:15AM – 8:43AM	<b>Dhanishtha</b> Until 12:51PM	Ganesha: Clear <i>Sunrise: 5:48AM</i>																
Yama 2:33PM – 4:00PM	Ganda* Until 2:43PM	Muruga: Green <i>Sunset: 5:28PM</i>	Manmatha 5117															
<b>Rahu</b> 10:10AM – 11:38AM	Vanija Until 9:26PM	Nataraja: Clear	Moon 9 - Phase 26															
	<b>Dashami</b> Until 10:42AM	Moon – Purple	4th Phase															
Creative Work    Siddha Yoga		<b>Ashvina•Aipasi</b>																

<b>2</b>	<b>Saturday, October 24, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Vridhi/Dhruva Yoga Visti 7/Bava Karana Ekadashi/Dvadashyam Titau	Pynmana, Myanmar Sun 25 Sutra 195															
	Kumbha Rasi: 17.01    Tithi 11 – 12 699799364	<table border="0" style="width: 100%;"> <tr> <td style="width: 25%;"><b>Gulika</b> 5:48AM – 7:16AM</td> <td style="width: 25%;"><b>Shatabhishak</b> Until 10:44AM</td> <td style="width: 25%;">Ganesha: Clear    <i>Sunrise: 5:48AM</i></td> <td style="width: 25%;"></td> </tr> <tr> <td>Yama 1:05PM – 2:33PM</td> <td>Vridhi Until 11:19AM</td> <td>Muruga: Green    <i>Sunset: 5:27PM</i></td> <td>Manmatha 5117</td> </tr> <tr> <td><b>Rahu</b> 8:43AM – 10:10AM</td> <td>Bava Until 6:33PM</td> <td>Nataraja: Clear</td> <td>Moon 9 - Phase 26</td> </tr> <tr> <td></td> <td><b>Ekadashi</b> Until 8:02AM</td> <td>Moon – Purple</td> <td>4th Phase</td> </tr> </table>	<b>Gulika</b> 5:48AM – 7:16AM	<b>Shatabhishak</b> Until 10:44AM	Ganesha: Clear <i>Sunrise: 5:48AM</i>		Yama 1:05PM – 2:33PM	Vridhi Until 11:19AM	Muruga: Green <i>Sunset: 5:27PM</i>	Manmatha 5117	<b>Rahu</b> 8:43AM – 10:10AM	Bava Until 6:33PM	Nataraja: Clear	Moon 9 - Phase 26		<b>Ekadashi</b> Until 8:02AM	Moon – Purple	4th Phase
<b>Gulika</b> 5:48AM – 7:16AM	<b>Shatabhishak</b> Until 10:44AM	Ganesha: Clear <i>Sunrise: 5:48AM</i>																
Yama 1:05PM – 2:33PM	Vridhi Until 11:19AM	Muruga: Green <i>Sunset: 5:27PM</i>	Manmatha 5117															
<b>Rahu</b> 8:43AM – 10:10AM	Bava Until 6:33PM	Nataraja: Clear	Moon 9 - Phase 26															
	<b>Ekadashi</b> Until 8:02AM	Moon – Purple	4th Phase															
Creative Work    Amrita Yoga Until 10:44AM Then Routine Work - Marana Yoga		<b>Ashvina•Aipasi</b>																

<b>3</b>	<b>Sunday, October 25, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosnthapada 7/Uttaraprosnthapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Pynmana, Myanmar Sun 26 Sutra 196															
	Meena Rasi: 1.47    Tithi 13 619799364	<table border="0" style="width: 100%;"> <tr> <td style="width: 25%;"><b>Gulika</b> 2:32PM – 4:00PM</td> <td style="width: 25%;"><b>Purvaprosnthapada*</b> Until 8:29AM</td> <td style="width: 25%;">Ganesha: Yellow    <i>Sunrise: 5:49AM</i></td> <td style="width: 25%;"></td> </tr> <tr> <td>Yama 11:38AM – 1:05PM</td> <td>Dhruva Until 7:34AM</td> <td>Muruga: Green    <i>Sunset: 5:27PM</i></td> <td>Manmatha 5117</td> </tr> <tr> <td><b>Rahu</b> 4:00PM – 5:27PM</td> <td>Kaulava Until 3:17PM</td> <td>Nataraja: Clear</td> <td>Moon 9 - Phase 26</td> </tr> <tr> <td></td> <td><b>Trayodashi</b> Until 1:32AM Mon <i>Pradosha Vrata</i></td> <td>Moon – Clear</td> <td>4th Phase</td> </tr> </table>	<b>Gulika</b> 2:32PM – 4:00PM	<b>Purvaprosnthapada*</b> Until 8:29AM	Ganesha: Yellow <i>Sunrise: 5:49AM</i>		Yama 11:38AM – 1:05PM	Dhruva Until 7:34AM	Muruga: Green <i>Sunset: 5:27PM</i>	Manmatha 5117	<b>Rahu</b> 4:00PM – 5:27PM	Kaulava Until 3:17PM	Nataraja: Clear	Moon 9 - Phase 26		<b>Trayodashi</b> Until 1:32AM Mon <i>Pradosha Vrata</i>	Moon – Clear	4th Phase
<b>Gulika</b> 2:32PM – 4:00PM	<b>Purvaprosnthapada*</b> Until 8:29AM	Ganesha: Yellow <i>Sunrise: 5:49AM</i>																
Yama 11:38AM – 1:05PM	Dhruva Until 7:34AM	Muruga: Green <i>Sunset: 5:27PM</i>	Manmatha 5117															
<b>Rahu</b> 4:00PM – 5:27PM	Kaulava Until 3:17PM	Nataraja: Clear	Moon 9 - Phase 26															
	<b>Trayodashi</b> Until 1:32AM Mon <i>Pradosha Vrata</i>	Moon – Clear	4th Phase															
Creative Work    Siddha Yoga Until 8:29AM Then Creative Work - Amrita Yoga		<b>Ashvina•Aipasi</b>																

<b>4</b>	<b>Monday, October 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau	Pynmana, Myanmar Sun 27 Sutra 197															
	Meena Rasi: 16.47    Tithi 14 <b>Family Home Evening</b> 619799364	<table border="0" style="width: 100%;"> <tr> <td style="width: 25%;"><b>Gulika</b> 1:05PM – 2:32PM</td> <td style="width: 25%;"><b>Revati</b> Until 2:52AM Tue</td> <td style="width: 25%;">Ganesha: Yellow    <i>Sunrise: 5:49AM</i></td> <td style="width: 25%;"></td> </tr> <tr> <td>Yama 10:10AM – 11:38AM</td> <td>Harshana Until 11:28PM</td> <td>Muruga: Green    <i>Sunset: 5:26PM</i></td> <td>Manmatha 5117</td> </tr> <tr> <td><b>Rahu</b> 7:16AM – 8:43AM</td> <td>Gara Until 11:47AM</td> <td>Nataraja: Clear</td> <td>Moon 9 - Phase 26</td> </tr> <tr> <td></td> <td><b>Chaturdashi*</b> Until 9:58PM</td> <td>Moon – Clear</td> <td>4th Phase</td> </tr> </table>	<b>Gulika</b> 1:05PM – 2:32PM	<b>Revati</b> Until 2:52AM Tue	Ganesha: Yellow <i>Sunrise: 5:49AM</i>		Yama 10:10AM – 11:38AM	Harshana Until 11:28PM	Muruga: Green <i>Sunset: 5:26PM</i>	Manmatha 5117	<b>Rahu</b> 7:16AM – 8:43AM	Gara Until 11:47AM	Nataraja: Clear	Moon 9 - Phase 26		<b>Chaturdashi*</b> Until 9:58PM	Moon – Clear	4th Phase
<b>Gulika</b> 1:05PM – 2:32PM	<b>Revati</b> Until 2:52AM Tue	Ganesha: Yellow <i>Sunrise: 5:49AM</i>																
Yama 10:10AM – 11:38AM	Harshana Until 11:28PM	Muruga: Green <i>Sunset: 5:26PM</i>	Manmatha 5117															
<b>Rahu</b> 7:16AM – 8:43AM	Gara Until 11:47AM	Nataraja: Clear	Moon 9 - Phase 26															
	<b>Chaturdashi*</b> Until 9:58PM	Moon – Clear	4th Phase															
Creative Work    Siddha Yoga		<b>Ashvina•Aipasi</b>																

	<b>Tuesday, October 27, 2015</b> <b>Copper Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti 7/Bava Karana Purnimayam Titau	Pynmana, Myanmar Sutra 198															
	Mesha Rasi: 1.53    Tithi 15 629799364	<table border="0" style="width: 100%;"> <tr> <td style="width: 25%;"><b>Gulika</b> 11:37AM – 1:05PM</td> <td style="width: 25%;"><b>Ashvini</b> Until 12:13AM Wed</td> <td style="width: 25%;">Ganesha: White    <i>Sunrise: 5:49AM</i></td> <td style="width: 25%;"></td> </tr> <tr> <td>Yama 8:43AM – 10:10AM</td> <td>Vajra* Until 7:21PM</td> <td>Muruga: Green    <i>Sunset: 5:26PM</i></td> <td>Manmatha 5117</td> </tr> <tr> <td><b>Rahu</b> 2:32PM – 3:59PM</td> <td>Visti Until 8:12AM</td> <td>Nataraja: Clear</td> <td>Moon 9 - Phase 26</td> </tr> <tr> <td></td> <td><b>Purnima*</b> Until 6:24PM</td> <td>Moon – White</td> <td>Purnima</td> </tr> </table>	<b>Gulika</b> 11:37AM – 1:05PM	<b>Ashvini</b> Until 12:13AM Wed	Ganesha: White <i>Sunrise: 5:49AM</i>		Yama 8:43AM – 10:10AM	Vajra* Until 7:21PM	Muruga: Green <i>Sunset: 5:26PM</i>	Manmatha 5117	<b>Rahu</b> 2:32PM – 3:59PM	Visti Until 8:12AM	Nataraja: Clear	Moon 9 - Phase 26		<b>Purnima*</b> Until 6:24PM	Moon – White	Purnima
<b>Gulika</b> 11:37AM – 1:05PM	<b>Ashvini</b> Until 12:13AM Wed	Ganesha: White <i>Sunrise: 5:49AM</i>																
Yama 8:43AM – 10:10AM	Vajra* Until 7:21PM	Muruga: Green <i>Sunset: 5:26PM</i>	Manmatha 5117															
<b>Rahu</b> 2:32PM – 3:59PM	Visti Until 8:12AM	Nataraja: Clear	Moon 9 - Phase 26															
	<b>Purnima*</b> Until 6:24PM	Moon – White	Purnima															
Creative Work    Siddha Yoga		<b>Ashvina•Aipasi</b>																

<b>○</b>	<b>Wednesday, October 28, 2015</b> <b>Silver Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Pynmana, Myanmar Sutra 199															
	Mesha Rasi: 16.56    Tithi 16 – 17 629799364	<table border="0" style="width: 100%;"> <tr> <td style="width: 25%;"><b>Gulika</b> 10:10AM – 11:37AM</td> <td style="width: 25%;"><b>Bharani</b> Until 9:38PM</td> <td style="width: 25%;">Ganesha: White    <i>Sunrise: 5:50AM</i></td> <td style="width: 25%;"></td> </tr> <tr> <td>Yama 7:16AM – 8:43AM</td> <td>Siddhi Until 3:22PM</td> <td>Muruga: Green    <i>Sunset: 5:25PM</i></td> <td>Manmatha 5117</td> </tr> <tr> <td><b>Rahu</b> 11:37AM – 1:04PM</td> <td>Taitila Until 1:24AM Thu</td> <td>Nataraja: Clear</td> <td>Moon 9 - Phase 26</td> </tr> <tr> <td></td> <td><b>Prathama*</b> Until 2:59PM</td> <td>Moon – White</td> <td>Prathama</td> </tr> </table>	<b>Gulika</b> 10:10AM – 11:37AM	<b>Bharani</b> Until 9:38PM	Ganesha: White <i>Sunrise: 5:50AM</i>		Yama 7:16AM – 8:43AM	Siddhi Until 3:22PM	Muruga: Green <i>Sunset: 5:25PM</i>	Manmatha 5117	<b>Rahu</b> 11:37AM – 1:04PM	Taitila Until 1:24AM Thu	Nataraja: Clear	Moon 9 - Phase 26		<b>Prathama*</b> Until 2:59PM	Moon – White	Prathama
<b>Gulika</b> 10:10AM – 11:37AM	<b>Bharani</b> Until 9:38PM	Ganesha: White <i>Sunrise: 5:50AM</i>																
Yama 7:16AM – 8:43AM	Siddhi Until 3:22PM	Muruga: Green <i>Sunset: 5:25PM</i>	Manmatha 5117															
<b>Rahu</b> 11:37AM – 1:04PM	Taitila Until 1:24AM Thu	Nataraja: Clear	Moon 9 - Phase 26															
	<b>Prathama*</b> Until 2:59PM	Moon – White	Prathama															
Creative Work    Siddha Yoga Until 9:38PM Then Creative Work - Amrita Yoga		<b>Ashvina•Aipasi</b>																

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





**Thursday, October 29, 2015**  
**Gold Retreat Star**

Vrishabha Rasi: 1.48 Tithi 17 – 18  
621799364  
Routine Work Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Vyalipata\*Varyan Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau  
**Gulika** 8:44AM – 10:10AM **Krittika** Until 7:17PM  
**Yama** 5:50AM – 7:17AM **Vyatipata\*** Until 11:39AM  
**Rahu** 1:04PM – 2:31PM **Vanija** Until 10:30PM  
**Dvitiya** Until 11:52AM

Pyinmana, Myanmar  
Sun 1 Sutra 200  
Manmatha 5117  
Moon 10 - Phase 27  
1st Phase  
**Sivaloka Day**  
Ganesha: White *Sunrise: 5:50AM*  
Muruga: Green *Sunset: 5:25PM*  
Nataraja: Clear  
Moon – White  
Ashvina•Aipasi

**Friday, October 30, 2015**

**1**

Vrishabha Rasi: 16.21 Tithi 18 – 19  
631799364  
Routine Work Marana Yoga  
Until 5:45PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan/Parigha\* Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau  
**Gulika** 7:17AM – 8:44AM **Rohini** Until 5:45PM  
**Yama** 2:31PM – 3:58PM **Variyan** Until 8:19AM  
**Rahu** 10:10AM – 11:37AM **Bava** Until 8:11PM  
**Tritiya** Until 9:15AM

Pyinmana, Myanmar  
Sun 2 Sutra 201  
Manmatha 5117  
Moon 10 - Phase 27  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow *Sunrise: 5:50AM*  
Muruga: Green *Sunset: 5:24PM*  
Nataraja: Clear  
Moon – Yellow  
Ashvina•Aipasi

**Saturday, October 31, 2015**

**2**

Mithuna Rasi: 0.29 Tithi 19 – 20  
631899364  
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 5:51AM – 7:17AM **Mrigashira** Until 4:45PM  
**Yama** 1:04PM – 2:31PM **Shiva** Until 3:17AM Sun  
**Rahu** 8:44AM – 10:11AM **Kaulava** Until 6:33PM  
**Chaturthi\*** Until 7:15AM

Pyinmana, Myanmar  
Sun 3 Sutra 202  
Manmatha 5117  
Moon 10 - Phase 27  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM  
Ganesha: Blue *Sunrise: 5:51AM*  
Muruga: Green *Sunset: 5:24PM*  
Nataraja: Clear  
Moon – Yellow  
Ashvina•Aipasi

**Sunday, November 1, 2015**

**3**

Mithuna Rasi: 14.08 Tithi 20 – 21  
631899364  
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau  
**Gulika** 2:30PM – 3:57PM **Ardra** Until 4:23PM  
**Yama** 11:37AM – 1:04PM **Siddha** Until 1:42AM Mon  
**Rahu** 3:57PM – 5:23PM **Vanija** Until 5:37AM Mon  
**Panchami** Until 6:01AM

Pyinmana, Myanmar  
Sun 4 Sutra 203  
Manmatha 5117  
Moon 10 - Phase 27  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM  
Ganesha: Blue *Sunrise: 5:51AM*  
Muruga: Green *Sunset: 5:23PM*  
Nataraja: Clear  
Moon – Yellow  
Ashvina•Aipasi

**Monday, November 2, 2015**

**4**

Mithuna Rasi: 27.2 Tithi 22  
**Family Home Evening**  
641899364  
Creative Work Amrita Yoga  
Until 5:09PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti/Bava Karana Saptamyam Titau  
**Gulika** 1:04PM – 2:30PM **Punarvasu** Until 5:09PM  
**Yama** 10:11AM – 11:37AM **Sadhya** Until 12:49AM Tue  
**Rahu** 7:18AM – 8:44AM **Visti** Until 5:47PM  
**Saptami** Until 6:06AM Tue

Pyinmana, Myanmar  
Sun 5 Sutra 204  
Manmatha 5117  
Moon 10 - Phase 27  
1st Phase  
**Devaloka Day**  
Ganesha: Red *Sunrise: 5:51AM*  
Muruga: Green *Sunset: 5:23PM*  
Nataraja: Clear  
Moon – Blue  
Ashvina•Aipasi

**Tuesday, November 3, 2015**



**Retreat Star**

Kataka Rasi: 10.06 Tithi 22 – 23  
641899364  
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 11:37AM – 1:04PM **Pushya** Until 6:37PM  
**Yama** 8:44AM – 10:11AM **Subha** Until 12:35AM Wed  
**Rahu** 2:30PM – 3:56PM **Balava** Until 6:41PM  
**Saptami** Until 6:06AM

Pyinmana, Myanmar  
Sun 6 Sutra 205  
Manmatha 5117  
Moon 10 - Phase 27  
Ashtami  
**Devaloka Day**  
Ganesha: Red *Sunrise: 5:52AM*  
Muruga: Green *Sunset: 5:23PM*  
Nataraja: Clear  
Moon – Blue  
Ashvina•Aipasi

**Wednesday, November 4, 2015**

**Retreat Star**

Kataka Rasi: 22.29 Tithi 23 – 24  
641899364  
Creative Work Siddha Yoga


Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 10:11AM – 11:37AM **Ashlesha\*** Until 8:38PM  
**Yama** 7:18AM – 8:45AM **Sukla** Until 12:53AM Thu  
**Rahu** 11:37AM – 1:03PM **Taitila** Until 8:21PM  
**Ashtami\*** Until 7:25AM

Pyinmana, Myanmar  
Sun 7 Sutra 206  
Manmatha 5117  
Moon 10 - Phase 27  
Navami  
**Devaloka Day**  
Ganesha: Red *Sunrise: 5:52AM*  
Muruga: Green *Sunset: 5:22PM*  
Nataraja: Clear  
Moon – Blue  
Ashvina•Aipasi


After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Thursday, November 5, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Pyinmana, Myanmar Sun 8 Sutra 207
	Simha Rasi: 5 Tithi 24 – 25 651899364	<b>Gulika</b> 8:45AM – 10:11AM <b>Yama</b> 5:52AM – 7:19AM <b>Rahu</b> 1:03PM – 2:30PM	<b>Magha* Until 11:32PM</b> Brahma Until 1:36AM Fri Vanija Until 10:36PM <b>Navami* Until 9:24AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:52AM <b>Muruga:</b> Green <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Clear Moon – Red
	Creative Work Amrita Yoga Until 11:32PM Then Creative Work - Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	Manmatha 5117 Moon 10 - Phase 28 2nd Phase
<b>2</b>	<b>Friday, November 6, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Pyinmana, Myanmar Sun 9 Sutra 208
	Simha Rasi: 16.31 Tithi 25 – 26 651899364	<b>Gulika</b> 7:19AM – 8:45AM <b>Yama</b> 2:29PM – 3:55PM <b>Rahu</b> 10:11AM – 11:37AM	<b>Purvaphalguni Until 2:37AM Sat</b> Indra Until 2:35AM Sat Bava Until 1:14AM Sat <b>Dashami Until 11:52AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:53AM <b>Muruga:</b> Green <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Clear Moon – Red
	Creative Work Siddha Yoga Until 2:37AM Sat Then Routine Work - Marana Yoga		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	Manmatha 5117 Moon 10 - Phase 28 2nd Phase
<b>3</b>	<b>Saturday, November 7, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Pyinmana, Myanmar Sun 10 Sutra 209
	Simha Rasi: 28.19 Tithi 26 – 27 751899364	<b>Gulika</b> 5:53AM – 7:19AM <b>Yama</b> 1:03PM – 2:29PM <b>Rahu</b> 8:45AM – 10:11AM	<b>Uttaraphalguni Until 5:39AM Sun</b> Vaidhriti* Until 3:38AM Sun Kaulava Until 4:00AM Sun <b>Ekadashi* Until 2:35PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:53AM <b>Muruga:</b> Green <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Clear Moon – Red
	Routine Work Marana Yoga Until 5:39AM Sun Then Creative Work - Amrita Yoga		<b>Devaloka Day</b>	Manmatha 5117 Moon 10 - Phase 28 2nd Phase
<b>4</b>	<b>Sunday, November 8, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Pyinmana, Myanmar Sun 11 Sutra 210
	Kanya Rasi: 10.04 Tithi 27 – 28 762899364	<b>Gulika</b> 2:29PM – 3:55PM <b>Yama</b> 11:37AM – 1:03PM <b>Rahu</b> 3:55PM – 5:21PM	<b>Hasta Until 8:57AM Mon</b> Vishkambha* Until 4:39AM Mon Gara Until 6:41AM Mon <b>Dvadashi* Until 5:20PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:54AM <b>Muruga:</b> Green <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Clear Moon – Green
	Creative Work Amrita Yoga Until 8:57AM Mon Then Routine Work - Prabalarishta Yoga		<b>Devaloka Day</b>	Manmatha 5117 Moon 10 - Phase 28 2nd Phase
<b>5</b>	<b>Monday, November 9, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Pyinmana, Myanmar Sun 12 Sutra 211
	Kanya Rasi: 21.52 Tithi 28 Family Home Evening 762899364	<b>Gulika</b> 1:03PM – 2:29PM <b>Yama</b> 10:12AM – 11:37AM <b>Rahu</b> 7:20AM – 8:46AM	<b>Hasta Until 8:57AM</b> Priti Until 5:30AM Tue Gara Until 6:41AM <b>Trayodashi* Until 7:55PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:54AM <b>Muruga:</b> Green <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Clear Moon – Green
	Creative Work Siddha Yoga Until 8:57AM Then Routine Work - Prabalarishta Yoga	Subramuniyaswami Mahasamadhi	<b>Devaloka Day</b>	Manmatha 5117 Moon 10 - Phase 28 2nd Phase
<b>6</b>	<b>Tuesday, November 10, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pyinmana, Myanmar Sun 13 Sutra 212
	Tula Rasi: 3.45 Tithi 29 762899364	<b>Gulika</b> 11:37AM – 1:03PM <b>Yama</b> 8:46AM – 10:12AM <b>Rahu</b> 2:29PM – 3:55PM	<b>Chitra Until 11:49AM</b> Ayushman Until 6:04AM Wed Visti Until 9:08AM <b>Chaturdashi* Until 10:12PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:55AM <b>Muruga:</b> Green <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Clear Moon – Green
	Creative Work Siddha Yoga	Deepavali Hindu Solidarity Day	<b>Devaloka Day</b>	Manmatha 5117 Moon 10 - Phase 28 2nd Phase
	<b>Wednesday, November 11, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pyinmana, Myanmar Sun 14 Sutra 213
	<b>Retreat Star</b> Tula Rasi: 15.46 Tithi 30 762899364	<b>Gulika</b> 10:12AM – 11:38AM <b>Yama</b> 7:21AM – 8:46AM <b>Rahu</b> 11:38AM – 1:03PM	<b>Svati Until 2:11PM</b> Ayushman Until 6:04AM Catuspada Until 11:13AM <b>Amavasya* Until 12:06AM Thu</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:55AM <b>Muruga:</b> Green <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Clear Moon – Green
	Creative Work Siddha Yoga		<b>Devaloka Day</b>	Manmatha 5117 Moon 10 - Phase 28 Amavasya
<b>Thursday, November 12, 2015</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Pyinmana, Myanmar Sun 15 Sutra 214
	Tula Rasi: 27.57 Tithi 1 772899364	<b>Gulika</b> 8:47AM – 10:12AM <b>Yama</b> 5:55AM – 7:21AM <b>Rahu</b> 1:03PM – 2:29PM	<b>Vishakha Until 4:29PM</b> Saubhagya Until 6:20AM Kintughna Until 12:54PM <b>Prathama* Until 1:33AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:55AM <b>Muruga:</b> Green <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Clear Moon – Orange
	Creative Work Siddha Yoga	Skanda Shasthi Begins	<b>Devaloka Day</b>	Manmatha 5117 Moon 10 - Phase 28 Prathama

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Friday, November 13, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Pyinmana, Myanmar Sun 16 Sutra 215 Manmatha 5117
Vrischika Rasi: 10.18	Tithi 2	<b>Gulika</b> 7:21AM – 8:47AM <b>Yama</b> 2:29PM – 3:54PM <b>Rahu</b> 10:12AM – 11:38AM	<b>Anuradha Until 6:11PM</b> Sobhana Until 6:17AM Balava Until 2:08PM <b>Dvitiya Until 2:34AM Sat</b>
772899364			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM <b>Muruga:</b> Green <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Clear Moon – Orange <b>Karttika-Aipasi</b>
Creative Work Siddha Yoga Until 6:11PM Then Routine Work - Marana Yoga			<b>Devaloka Day</b>
<b>2</b>	<b>Saturday, November 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manla Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau	Pyinmana, Myanmar Sun 17 Sutra 216 Manmatha 5117
Vrischika Rasi: 22.51	Tithi 3	<b>Gulika</b> 5:56AM – 7:22AM <b>Yama</b> 1:03PM – 2:29PM <b>Rahu</b> 8:47AM – 10:13AM	<b>Jyeshtha* Until 7:20PM</b> Sukarma Until 5:10AM Sun Tailila Until 2:57PM <b>Tritiya Until 3:10AM Sun</b>
772899364			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM <b>Muruga:</b> Green <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Clear Moon – Orange <b>Karttika-Aipasi</b>
Creative Work Siddha Yoga			<b>Devaloka Day</b>
<b>3</b>	<b>Sunday, November 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Pyinmana, Myanmar Sun 18 Sutra 217 Manmatha 5117
Dhanus Rasi: 5.35	Tithi 4	<b>Gulika</b> 2:29PM – 3:54PM <b>Yama</b> 11:38AM – 1:03PM <b>Rahu</b> 3:54PM – 5:19PM	<b>Mula* Until 8:23PM</b> Dhriti Until 4:09AM Mon Vanija Until 3:21PM <b>Chaturthi* Until 3:22AM Mon</b>
782899364			<b>Ganesha:</b> Red <i>Sunrise:</i> 5:57AM <b>Muruga:</b> Green <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika-Aipasi</b>
Creative Work Amrita Yoga Until 8:23PM Then Creative Work - Siddha Yoga			<b>Devaloka Day</b>
<b>4</b>	<b>Monday, November 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau	Pyinmana, Myanmar Sun 19 Sutra 218 Manmatha 5117
Dhanus Rasi: 18.31	Tithi 5	<b>Gulika</b> 1:03PM – 2:29PM <b>Yama</b> 10:13AM – 11:38AM <b>Rahu</b> 7:23AM – 8:48AM	<b>Purvashadha* Until 8:54PM</b> Shula* Until 2:48AM Tue Bava Until 3:20PM <b>Panchami Until 3:09AM Tue</b>
782899364			<b>Ganesha:</b> Red <i>Sunrise:</i> 5:57AM <b>Muruga:</b> Green <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika-Aipasi</b>
Family Home Evening Routine Work Marana Yoga			<b>Devaloka Day</b>
<b>5</b>	<b>Tuesday, November 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau	Pyinmana, Myanmar Sun 20 Sutra 219 Manmatha 5117
Makara Rasi: 1.4	Tithi 6	<b>Gulika</b> 11:38AM – 1:04PM <b>Yama</b> 8:48AM – 10:13AM <b>Rahu</b> 2:29PM – 3:54PM	<b>Uttarashadha Until 8:51PM</b> Ganda* Until 1:08AM Wed Kaulava Until 2:55PM <b>Shashthi* Until 2:32AM Wed</b>
782899365		<b>Skanda Shasthi</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:58AM <b>Muruga:</b> Green <i>Sunset:</i> 5:19PM <b>Nataraja:</b> White Moon – Light Blue <b>Karttika-Kartikai</b>
Routine Work Prabalarishta Yoga Until 8:51PM Then Creative Work - Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
<b>6</b>	<b>Wednesday, November 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau	Pyinmana, Myanmar Sun 21 Sutra 220 Manmatha 5117
Makara Rasi: 15.01	Tithi 7	<b>Gulika</b> 10:14AM – 11:39AM <b>Yama</b> 7:24AM – 8:49AM <b>Rahu</b> 11:39AM – 1:04PM	<b>Shravana Until 8:42PM</b> Vriddhi Until 11:09PM Gara Until 2:05PM <b>Saptami Until 1:29AM Thu</b>
792899365			<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM <b>Muruga:</b> Green <i>Sunset:</i> 5:19PM <b>Nataraja:</b> White Moon – Purple <b>Karttika-Kartikai</b>
Creative Work Siddha Yoga Until 8:42PM Then Routine Work - Prabalarishta Yoga			<b>Devaloka Day</b>
	<b>Thursday, November 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Pyinmana, Myanmar Sun 22 Sutra 221 Manmatha 5117
Makara Rasi: 28.37	Tithi 8	<b>Gulika</b> 8:49AM – 10:14AM <b>Yama</b> 5:59AM – 7:24AM <b>Rahu</b> 1:04PM – 2:29PM	<b>Dhanishtha Until 7:58PM</b> Dhruva Until 8:47PM Visti Until 12:48PM <b>Ashtami* Until 11:59PM</b>
792899365			<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:59AM <b>Muruga:</b> Green <i>Sunset:</i> 5:19PM <b>Nataraja:</b> White Moon – Purple <b>Karttika-Kartikai</b>
Creative Work Siddha Yoga			<b>Devaloka Day</b>
<b>Retreat Star</b>			
<b>7</b>	<b>Friday, November 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau	Pyinmana, Myanmar Sun 23 Sutra 222 Manmatha 5117
Kumbha Rasi: 12.29	Tithi 9	<b>Gulika</b> 7:24AM – 8:49AM <b>Yama</b> 2:29PM – 3:54PM <b>Rahu</b> 10:14AM – 11:39AM	<b>Shatabhishak Until 6:39PM</b> Vyaghata* Until 6:04PM Balava Until 11:05AM <b>Navami* Until 10:03PM</b>
792899365			<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:00AM <b>Muruga:</b> Green <i>Sunset:</i> 5:19PM <b>Nataraja:</b> White Moon – Purple <b>Karttika-Kartikai</b>
Creative Work Siddha Yoga			<b>Devaloka Day</b>

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Saturday, November 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau	Pyinmana, Myanmar Sun 24 Sutra 223 Manmatha 5117
	Kumbha Rasi: 26.38 Tithi 10 713899365	<b>Gulika</b> 6:00AM – 7:25AM <b>Yama</b> 1:04PM – 2:29PM <b>Rahu</b> 8:50AM – 10:15AM	<b>Purvaprosarthapada*</b> Until 5:12PM Harshana Until 3:02PM Taitila Until 8:56AM Dashami Until 7:42PM

Routine Work Until 5:12PM Then Creative Work - Siddha Yoga	Marana Yoga	<b>Ganesha:</b> Clear <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Clear	<i>Sunrise:</i> 6:00AM <i>Sunset:</i> 5:19PM	Moon 10 - Phase 30 4th Phase
			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

<b>2</b>	<b>Sunday, November 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Vanja/Bava Karana Ekadashi/Dvadashyam Titau	Pyinmana, Myanmar Sun 25 Sutra 224 Manmatha 5117
	Meena Rasi: 11.02 Tithi 11 – 12 713899365	<b>Gulika</b> 2:29PM – 3:54PM <b>Yama</b> 11:40AM – 1:04PM <b>Rahu</b> 3:54PM – 5:19PM	<b>Uttaraprosarthapada</b> Until 3:16PM Vajra* Until 11:41AM Vanja Until 6:25AM Ekadashi Until 5:01PM


Creative Work Amrita Yoga	<b>Ganesha:</b> Clear <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Clear	<i>Sunrise:</i> 6:01AM <i>Sunset:</i> 5:19PM	Moon 10 - Phase 30 4th Phase
			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Monday, November 23, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Myalpala* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Pyinmana, Myanmar Sun 26 Sutra 225 Manmatha 5117
	Meena Rasi: 25.39 Tithi 12 – 13 Family Home Evening 713899365	<b>Gulika</b> 1:05PM – 2:29PM <b>Yama</b> 10:15AM – 11:40AM <b>Rahu</b> 7:26AM – 8:50AM	<b>Revati</b> Until 12:56PM Siddhi Until 8:07AM Kaulava Until 12:34AM Tue Dvadashi Until 2:05PM <i>Pradosha Vrata</i>

Creative Work Siddha Yoga	<b>Ganesha:</b> Clear <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Clear	<i>Sunrise:</i> 6:01AM <i>Sunset:</i> 5:19PM	Moon 10 - Phase 30 4th Phase
			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>4</b>	<b>Tuesday, November 24, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Pyinmana, Myanmar Sun 27 Sutra 226 Manmatha 5117
	Mesha Rasi: 10.24 Tithi 13 – 14 723899365	<b>Gulika</b> 11:40AM – 1:05PM <b>Yama</b> 8:51AM – 10:16AM <b>Rahu</b> 2:29PM – 3:54PM	<b>Ashvini</b> Until 10:44AM Variyan Until 12:41AM Wed Gara Until 9:29PM Trayodashi Until 11:01AM

Creative Work Siddha Yoga	<b>Ganesha:</b> Purple <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – White	<i>Sunrise:</i> 6:02AM <i>Sunset:</i> 5:19PM	Moon 10 - Phase 30 4th Phase
			<b>Bhuloka Day</b> Karttika-Kartikai

	<b>Wednesday, November 25, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau	Pyinmana, Myanmar Sutra 227 Manmatha 5117
	Mesha Rasi: 25.11 Tithi 14 – 15 723999365	<b>Gulika</b> 10:16AM – 11:40AM <b>Yama</b> 7:27AM – 8:51AM <b>Rahu</b> 11:40AM – 1:05PM	<b>Bharani</b> Until 8:24AM Parigha* Until 9:02PM Visti Until 6:29PM Chaturdashi* Until 7:57AM

Creative Work Until 8:24AM Then Creative Work - Amrita Yoga	Siddha Yoga	<b>Ganesha:</b> Clear <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – White	<i>Sunrise:</i> 6:02AM <i>Sunset:</i> 5:19PM	Moon 10 - Phase 30 Purnima
			<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>4</b>	<b>Thursday, November 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau	Pyinmana, Myanmar Sutra 228 Manmatha 5117
	Vrishabha Rasi: 9.51 Tithi 16 723999365	<b>Gulika</b> 8:52AM – 10:16AM <b>Yama</b> 6:03AM – 7:27AM <b>Rahu</b> 1:05PM – 2:30PM	<b>Krittika</b> Until 6:06AM Shiva Until 5:36PM Balava Until 3:42PM Prathama* Until 2:26AM Fri

Routine Work Marana Yoga	<b>Ganesha:</b> Clear <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – White	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 5:19PM	Moon 10 - Phase 30 Prathama
			<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

Vinayaga Viratam Begins

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



**Friday, November 27, 2015**  
**Gold Retreat Star**

Wrishabha Rasi: 24.17    Tithi 17  
733999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar  
Sutra 229

**Gulika** 7:28AM – 8:52AM  
**Yama** 2:30PM – 3:54PM  
**Rahu** 10:17AM – 11:41AM

**Mrigashira Until 3:00AM Sat**  
**Siddha Until 2:28PM**  
**Taitila Until 1:19PM**  
**Dvitiya Until 12:19AM Sat**

**Ganesha:** White    *Sunrise:* 6:03AM  
**Muruga:** Green    *Sunset:* 5:19PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**1**

**Saturday, November 28, 2015**

Mithuna Rasi: 8.23    Tithi 18  
733999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Pyinmana, Myanmar  
Sun 1    Sutra 230

**Gulika** 6:04AM – 7:28AM  
**Yama** 1:06PM – 2:30PM  
**Rahu** 8:53AM – 10:17AM

**Ardra Until 2:07AM Sun**  
**Sadhya Until 11:48AM**  
**Vanija Until 11:30AM**  
**Tritiya Until 10:49PM**

**Ganesha:** White    *Sunrise:* 6:04AM  
**Muruga:** Green    *Sunset:* 5:19PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**2**

**Sunday, November 29, 2015**

Mithuna Rasi: 22.05    Tithi 19  
743999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar  
Sun 2    Sutra 231

**Gulika** 2:30PM – 3:55PM  
**Yama** 11:42AM – 1:06PM  
**Rahu** 3:55PM – 5:19PM

**Punarvasu Until 2:18AM Mon**  
**Subha Until 9:42AM**  
**Bava Until 10:22AM**  
**Chaturthi\* Until 10:05PM**

**Ganesha:** Yellow    *Sunrise:* 6:05AM  
**Muruga:** Green    *Sunset:* 5:19PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

**Devaloka Time: 9:AM to 12:PM**

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**3**

**Monday, November 30, 2015**

Kataka Rasi: 5.2    Tithi 20  
743999365  
**Family Home Evening**  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar  
Sun 3    Sutra 232

**Gulika** 1:06PM – 2:31PM  
**Yama** 10:18AM – 11:42AM  
**Rahu** 7:29AM – 8:54AM

**Pushya Until 3:08AM Tue**  
**Sukla Until 8:12AM**  
**Kaulava Until 10:03AM**  
**Panchami Until 10:11PM**

**Ganesha:** Yellow    *Sunrise:* 6:05AM  
**Muruga:** Green    *Sunset:* 5:19PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

**Devaloka Time: 9:AM to 12:PM**

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**4**

**Tuesday, December 1, 2015**

Kataka Rasi: 18.1    Tithi 21  
743999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar  
Sun 4    Sutra 233

**Gulika** 11:42AM – 1:07PM  
**Yama** 8:54AM – 10:18AM  
**Rahu** 2:31PM – 3:55PM

**Ashlesha\* Until 4:37AM Wed**  
**Brahma Until 7:23AM**  
**Gara Until 10:35AM**  
**Shashthi\* Until 11:08PM**

**Ganesha:** Yellow    *Sunrise:* 6:06AM  
**Muruga:** Green    *Sunset:* 5:19PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

**Devaloka Time: 9:AM to 12:PM**

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**5**

**Wednesday, December 2, 2015**

Simha Rasi: 0.37    Tithi 22  
753999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Saplamyam Titau

Pyinmana, Myanmar  
Sun 5    Sutra 234

**Gulika** 10:19AM – 11:43AM  
**Yama** 7:30AM – 8:55AM  
**Rahu** 11:43AM – 1:07PM

**Magha\* Until 7:09AM Thu**  
**Indra Until 7:12AM**  
**Visti Until 11:56AM**  
**Saptami Until 12:52AM Thu**

**Ganesha:** Blue    *Sunrise:* 6:06AM  
**Muruga:** Green    *Sunset:* 5:19PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Devaloka Day**

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**D**

**Thursday, December 3, 2015**  
**Retreat Star**

Simha Rasi: 12.45    Tithi 23  
753999365  
Creative Work    Amrita Yoga  
Until 7:09AM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar  
Sun 6    Sutra 235

**Gulika** 8:55AM – 10:19AM  
**Yama** 6:07AM – 7:31AM  
**Rahu** 1:07PM – 2:31PM

**Magha\* Until 7:09AM**  
**Vaidhriti\* Until 7:33AM**  
**Balava Until 1:59PM**  
**Ashtami\* Until 3:11AM Fri**

**Ganesha:** Blue    *Sunrise:* 6:07AM  
**Muruga:** Green    *Sunset:* 5:20PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Devaloka Day**

Manmatha 5117  
Moon 11 - Phase 31  
Ashtami

**Friday, December 4, 2015**  
**Retreat Star**

Simha Rasi: 24.4    Tithi 24  
753999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar  
Sun 7    Sutra 236

**Gulika** 7:31AM – 8:56AM  
**Yama** 2:32PM – 3:56PM  
**Rahu** 10:20AM – 11:44AM

**Purvaphalguni Until 10:01AM**  
**Vishkambha\* Until 8:18AM**  
**Taitila Until 4:32PM**  
**Navami\* Until 5:52AM Sat**

**Ganesha:** Blue    *Sunrise:* 6:07AM  
**Muruga:** Green    *Sunset:* 5:20PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Devaloka Day**

Manmatha 5117  
Moon 11 - Phase 31  
Navami

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>	<b>Saturday, December 5, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija Karana Dashamyam Titau				Pynmana, Myanmar Sun 8 Sutra 237
	Kanya Rasi: 6.29	Tithi 25	<b>Gulika</b> 6:08AM – 7:32AM	<b>Uttaraphalguni</b> Until 12:59PM	<b>Ganesha:</b> Blue <i>Sunrise: 6:08AM</i>		Manmatha 5117
			<b>Yama</b> 1:08PM – 2:32PM	<b>Priti</b> Until 9:18AM	<b>Muruga:</b> Green <i>Sunset: 5:20PM</i>		Moon 11 - Phase 32
	Routine Work	Marana Yoga	<b>Rahu</b> 8:56AM – 10:20AM	<b>Vanija</b> Until 7:17PM	<b>Nataraja:</b> White	<b>Moon – Red</b>	2nd Phase
			<b>Dashami</b> Until 8:37AM Sun	<b>Karttika-Kartikai</b>	<b>Devaloka Day</b>		


<b>2</b>	<b>Sunday, December 6, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Pynmana, Myanmar Sun 9 Sutra 238
	Kanya Rasi: 18.15	Tithi 26 – 26	<b>Gulika</b> 2:32PM – 3:56PM	<b>Hasta</b> Until 4:18PM	<b>Ganesha:</b> Blue <i>Sunrise: 6:09AM</i>		Manmatha 5117
			<b>Yama</b> 11:44AM – 1:08PM	<b>Ayushman</b> Until 10:17AM	<b>Muruga:</b> Green <i>Sunset: 5:20PM</i>		Moon 11 - Phase 32
	Creative Work	Amrita Yoga	<b>Rahu</b> 3:56PM – 5:20PM	<b>Bava</b> Until 9:58PM	<b>Nataraja:</b> White	<b>Moon – Green</b>	2nd Phase
			<b>Dashami</b> Until 8:37AM	<b>Karttika-Kartikai</b>	<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Monday, December 7, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pynmana, Myanmar Sun 10 Sutra 239
	Tula Rasi: 0.05	Tithi 26 – 27	<b>Gulika</b> 1:09PM – 2:33PM	<b>Chitra</b> Until 7:13PM	<b>Ganesha:</b> Blue <i>Sunrise: 6:09AM</i>		Manmatha 5117
	<b>Family Home Evening</b>		<b>Yama</b> 10:21AM – 11:45AM	<b>Saubhagya</b> Until 11:09AM	<b>Muruga:</b> Green <i>Sunset: 5:21PM</i>		Moon 11 - Phase 32
	Routine Work	Prabalarishta Yoga	<b>Rahu</b> 7:33AM – 8:57AM	<b>Kaulava</b> Until 12:23AM Tue	<b>Nataraja:</b> White	<b>Moon – Green</b>	2nd Phase
			<b>Ekadashi*</b> Until 11:12AM	<b>Karttika-Kartikai</b>	<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Tuesday, December 8, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Pynmana, Myanmar Sun 11 Sutra 240
	Tula Rasi: 12.03	Tithi 27 – 28	<b>Gulika</b> 11:45AM – 1:09PM	<b>Svati</b> Until 9:33PM	<b>Ganesha:</b> Blue <i>Sunrise: 6:10AM</i>		Manmatha 5117
			<b>Yama</b> 8:58AM – 10:21AM	<b>Sobhana</b> Until 11:45AM	<b>Muruga:</b> Green <i>Sunset: 5:21PM</i>		Moon 11 - Phase 32
	Creative Work	Siddha Yoga	<b>Rahu</b> 2:33PM – 3:57PM	<b>Gara</b> Until 2:20AM Wed	<b>Nataraja:</b> White	<b>Moon – Green</b>	2nd Phase
			<b>Dvadashi*</b> Until 1:24PM	<b>Karttika-Kartikai</b>	<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Wednesday, December 9, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 12 Sutra 241
	Tula Rasi: 24.12	Tithi 28 – 29	<b>Gulika</b> 10:22AM – 11:46AM	<b>Vishakha</b> Until 11:43PM	<b>Ganesha:</b> Blue <i>Sunrise: 6:10AM</i>		Manmatha 5117
			<b>Yama</b> 7:34AM – 8:58AM	<b>Athiganda*</b> Until 11:56AM	<b>Muruga:</b> Red <i>Sunset: 5:21PM</i>		Moon 11 - Phase 32
	Creative Work	Siddha Yoga	<b>Rahu</b> 11:46AM – 1:10PM	<b>Visti</b> Until 3:45AM Thu	<b>Nataraja:</b> White	<b>Moon – Orange</b>	2nd Phase
			<b>Trayodashi*</b> Until 3:05PM	<b>Karttika-Kartikai</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM		

<b>6</b>	<b>Thursday, December 10, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pynmana, Myanmar Sun 13 Sutra 242
	Vriscika Rasi: 6.35	Tithi 29 – 30	<b>Gulika</b> 8:59AM – 10:22AM	<b>Anuradha</b> Until 1:11AM Fri	<b>Ganesha:</b> Blue <i>Sunrise: 6:11AM</i>		Manmatha 5117
			<b>Yama</b> 6:11AM – 7:35AM	<b>Sukarma</b> Until 11:43AM	<b>Muruga:</b> Red <i>Sunset: 5:21PM</i>		Moon 11 - Phase 32
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:10PM – 2:34PM	<b>Catuspada</b> Until 4:35AM Fri	<b>Nataraja:</b> White	<b>Moon – Orange</b>	2nd Phase
			<b>Chaturdashi*</b> Until 4:13PM	<b>Karttika-Kartikai</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga							

	<b>Friday, December 11, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pynmana, Myanmar Sun 14 Sutra 243
	<b>Retreat Star</b>		<b>Gulika</b> 7:35AM – 8:59AM	<b>Jyeshtha*</b> Until 1:58AM Sat	<b>Ganesha:</b> Blue <i>Sunrise: 6:12AM</i>		Manmatha 5117
	Vriscika Rasi: 19.13	Tithi 30 – 1	<b>Yama</b> 2:34PM – 3:58PM	<b>Dhriti</b> Until 11:06AM	<b>Muruga:</b> Red <i>Sunset: 5:22PM</i>		Moon 11 - Phase 32
	Routine Work	Marana Yoga	<b>Rahu</b> 10:23AM – 11:47AM	<b>Kintughna</b> Until 4:54AM Sat	<b>Nataraja:</b> White	<b>Moon – Orange</b>	Amavasya
			<b>Amavasya*</b> Until 4:47PM	<b>Karttika-Kartikai</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Saturday, December 12, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pynmana, Myanmar Sun 15 Sutra 244
	Dhanus Rasi: 2.05	Tithi 1 – 2	<b>Gulika</b> 6:12AM – 7:36AM	<b>Mula*</b> Until 2:36AM Sun	<b>Ganesha:</b> Blue <i>Sunrise: 6:12AM</i>		Manmatha 5117
			<b>Yama</b> 1:11PM – 2:35PM	<b>Shula*</b> Until 10:02AM	<b>Muruga:</b> Red <i>Sunset: 5:22PM</i>		Moon 11 - Phase 32
	Creative Work	Siddha Yoga	<b>Rahu</b> 9:00AM – 10:23AM	<b>Balava</b> Until 4:44AM Sun	<b>Nataraja:</b> White	<b>Moon – Light Blue</b>	Prathama
			<b>Prathama*</b> Until 4:51PM	<b>Margasira-Kartikai</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>	<b>Sunday, December 13, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau	Pyinmana, Myanmar Sun 16 Sutra 245
	Dhanus Rasi: 15.11 Tithi 2 – 3 784919365	<b>Gulika</b> 2:35PM – 3:59PM <b>Yama</b> 11:48AM – 1:11PM <b>Rahu</b> 3:59PM – 5:23PM	<b>Purvashadha* Until 2:41AM Mon</b> Ganda* Until 8:39AM Taitila Until 4:11AM Mon <b>Dvitiya Until 4:29PM</b>

<b>Ganesha:</b> Blue <b>Muruḡa:</b> Red <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	<i>Sunrise: 6:13AM</i> <i>Sunset: 5:23PM</i>	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
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**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 2:41AM Mon  
Then Routine Work - Marana Yoga

<b>2</b>	<b>Monday, December 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Pyinmana, Myanmar Sun 17 Sutra 246
	Dhanus Rasi: 28.3 Tithi 3 – 4 784919365	<b>Gulika</b> 1:12PM – 2:35PM <b>Yama</b> 10:24AM – 11:48AM <b>Rahu</b> 7:37AM – 9:01AM	<b>Uttarashadha Until 2:19AM Tue</b> Vridhhi Until 6:59AM Vanija Until 3:19AM Tue <b>Tritiya Until 3:46PM</b>

<b>Ganesha:</b> Blue <b>Muruḡa:</b> Red <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	<i>Sunrise: 6:13AM</i> <i>Sunset: 5:23PM</i>	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
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**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 2:19AM Tue  
Then Creative Work - Siddha Yoga

<b>3</b>	<b>Tuesday, December 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Pyinmana, Myanmar Sun 18 Sutra 247
	Makara Rasi: 11.59 Tithi 4 – 5 794919365	<b>Gulika</b> 11:49AM – 1:12PM <b>Yama</b> 9:01AM – 10:25AM <b>Rahu</b> 2:36PM – 4:00PM	<b>Shravana Until 1:59AM Wed</b> Vyaghata* Until 2:54AM Wed Bava Until 2:12AM Wed <b>Chaturthi* Until 2:46PM</b>

<b>Ganesha:</b> Yellow <b>Muruḡa:</b> Red <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	<i>Sunrise: 6:14AM</i> <i>Sunset: 5:23PM</i>	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
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**Devaloka Day**

Creative Work Siddha Yoga  
Until 1:59AM Wed  
Then Routine Work - Prabalarishta Yoga

<b>4</b>	<b>Wednesday, December 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Pyinmana, Myanmar Sun 19 Sutra 248
	Makara Rasi: 25.37 Tithi 5 – 6 794919365	<b>Gulika</b> 10:25AM – 11:49AM <b>Yama</b> 7:38AM – 9:02AM <b>Rahu</b> 11:49AM – 1:13PM	<b>Dhanishtha Until 1:17AM Thu</b> Harshana Until 12:37AM Thu Kaulava Until 12:51AM Thu <b>Panchami Until 1:32PM</b>

<b>Ganesha:</b> Yellow <b>Muruḡa:</b> Red <b>Nataraja:</b> White Moon – Purple <b>Margasira-Markali</b>	<i>Sunrise: 6:14AM</i> <i>Sunset: 5:24PM</i>	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
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**Devaloka Day**

Routine Work Prabalarishta Yoga  
Until 1:17AM Thu  
Then Creative Work - Siddha Yoga

<b>5</b>	<b>Thursday, December 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Pyinmana, Myanmar Sun 20 Sutra 249
	Kumbha Rasi: 9.22 Tithi 6 – 7 894919365	<b>Gulika</b> 9:02AM – 10:26AM <b>Yama</b> 6:15AM – 7:39AM <b>Rahu</b> 1:13PM – 2:37PM	<b>Shatabhishak Until 12:15AM Fri</b> Vajra* Until 10:08PM Gara Until 11:18PM <b>Shashthi* Until 12:05PM</b>

<b>Ganesha:</b> Blue <b>Muruḡa:</b> Red <b>Nataraja:</b> White Moon – Purple <b>Margasira-Markali</b>	<i>Sunrise: 6:15AM</i> <i>Sunset: 5:24PM</i>	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
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**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

<b>D</b>	<b>Friday, December 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Pyinmana, Myanmar Sun 21 Sutra 250
	Kumbha Rasi: 23.14 Tithi 7 – 8 815919365	<b>Gulika</b> 7:39AM – 9:03AM <b>Yama</b> 2:37PM – 4:01PM <b>Rahu</b> 10:26AM – 11:50AM	<b>Purvaproshtapada* Until 11:18PM</b> Siddhi Until 7:31PM Visti Until 9:33PM <b>Saptami Until 10:26AM</b>

<b>Ganesha:</b> Yellow <b>Muruḡa:</b> Red <b>Nataraja:</b> White Moon – Clear <b>Margasira-Markali</b>	<i>Sunrise: 6:15AM</i> <i>Sunset: 5:25PM</i>	Manmatha 5117 Moon 11 - Phase 33 Ashtami
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**Devaloka Day**

Creative Work Siddha Yoga

<b>D</b>	<b>Saturday, December 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Pyinmana, Myanmar Sun 22 Sutra 251
	Meena Rasi: 7.14 Tithi 8 – 9 815919365	<b>Gulika</b> 6:16AM – 7:40AM <b>Yama</b> 1:14PM – 2:38PM <b>Rahu</b> 9:03AM – 10:27AM	<b>Uttaraproshtapada Until 10:01PM</b> Vyatipata* Until 4:45PM Balava Until 7:36PM <b>Ashtami* Until 8:35AM</b>

<b>Ganesha:</b> Yellow <b>Muruḡa:</b> Red <b>Nataraja:</b> White Moon – Clear <b>Margasira-Markali</b>	<i>Sunrise: 6:16AM</i> <i>Sunset: 5:25PM</i>	Manmatha 5117 Moon 11 - Phase 33 Navami
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**Devaloka Day**

Creative Work Siddha Yoga  
Until 10:01PM  
Then Routine Work - Prabalarishta Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Sunday, December 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau	Pyinmana, Myanmar Sun 23 Sutra 252
	Meena Rasi: 21.22 Tithi 9 – 10 815119365	<b>Gulika</b> 2:38PM – 4:02PM <b>Yama</b> 11:51AM – 1:15PM <b>Rahu</b> 4:02PM – 5:26PM	<b>Revati Until 8:25PM</b> Variyan Until 1:48PM Gara Until 4:20AM Mon <b>Navami* Until 6:33AM</b>

Creative Work Amrita Yoga  
Until 8:25PM  
Then Creative Work - Siddha Yoga

<b>Ganesha:</b> Yellow <b>Muruqa:</b> Red <b>Nataraja:</b> White Moon – Clear	<i>Sunrise: 6:16AM</i> <i>Sunset: 5:26PM</i>	Manmatha 5117 Moon 11 - Phase 34 4th Phase
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**Devaloka Day**  
**Margasira-Markali**

<b>2</b>	<b>Monday, December 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Parigha/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau	Pyinmana, Myanmar Sun 24 Sutra 253
	Mesha Rasi: 6 Tithi 11 Family Home Evening 825119365	<b>Gulika</b> 1:15PM – 2:39PM <b>Yama</b> 10:28AM – 11:51AM <b>Rahu</b> 7:41AM – 9:04AM Vaikuntha Ekadasi Gita Jayanthi	<b>Ashvini Until 6:58PM</b> Parigha* Until 10:45AM Vanija Until 3:13PM <b>Ekadashi Until 2:01AM Tue</b>

Creative Work Siddha Yoga

<b>Ganesha:</b> White <b>Muruqa:</b> Red <b>Nataraja:</b> White Moon – White	<i>Sunrise: 6:17AM</i> <i>Sunset: 5:26PM</i>	Manmatha 5117 Moon 11 - Phase 34 4th Phase
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**Sivaloka Day**  
**Margasira-Markali**

**Day 1 of Pancha Ganapati**

<b>3</b>	<b>Tuesday, December 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau	Pyinmana, Myanmar Sun 25 Sutra 254
	Mesha Rasi: 19.55 Tithi 12 825119365	<b>Gulika</b> 11:52AM – 1:16PM <b>Yama</b> 9:05AM – 10:28AM <b>Rahu</b> 2:39PM – 4:03PM	<b>Bharani Until 5:18PM</b> Shiva Until 7:38AM Bava Until 12:52PM <b>Dvadashi Until 11:40PM</b>

Creative Work Siddha Yoga

<b>Ganesha:</b> White <b>Muruqa:</b> Red <b>Nataraja:</b> White Moon – White	<i>Sunrise: 6:17AM</i> <i>Sunset: 5:26PM</i>	Manmatha 5117 Moon 11 - Phase 34 4th Phase
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**Sivaloka Day**  
**Margasira-Markali**

**Day 2 of Pancha Ganapati**

<b>4</b>	<b>Wednesday, December 23, 2015</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Pyinmana, Myanmar Sun 26 Sutra 255
	Vrishabha Rasi: 4.14 Tithi 13 825119365	<b>Gulika</b> 10:29AM – 11:52AM <b>Yama</b> 7:42AM – 9:05AM <b>Rahu</b> 11:52AM – 1:16PM	<b>Krittika Until 3:32PM</b> Sadhya Until 1:24AM Thu Kaulava Until 10:31AM <b>Trayodashi Until 9:22PM</b> <i>Pradosha Vrata</i>

Creative Work Amrita Yoga  
Until 3:32PM  
Then Creative Work - Siddha Yoga

<b>Ganesha:</b> White <b>Muruqa:</b> Red <b>Nataraja:</b> White Moon – White	<i>Sunrise: 6:18AM</i> <i>Sunset: 5:27PM</i>	Manmatha 5117 Moon 11 - Phase 34 4th Phase
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**Sivaloka Day**  
**Margasira-Markali**

**Day 3 of Pancha Ganapati**


<b>5</b>	<b>Thursday, December 24, 2015</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau	Pyinmana, Myanmar Sun 27 Sutra 256
	Vrishabha Rasi: 18.29 Tithi 14 835119365	<b>Gulika</b> 9:06AM – 10:29AM <b>Yama</b> 6:18AM – 7:42AM <b>Rahu</b> 1:17PM – 2:40PM	<b>Rohini Until 2:12PM</b> Subha Until 10:31PM Gara Until 8:18AM <b>Chaturdashi* Until 7:16PM</b>

Routine Work Marana Yoga

<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> White Moon – Yellow	<i>Sunrise: 6:18AM</i> <i>Sunset: 5:28PM</i>	Manmatha 5117 Moon 11 - Phase 34 4th Phase
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**Devaloka Day**  
**Margasira-Markali**

**Day 4 of Pancha Ganapati**

	<b>Friday, December 25, 2015</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Visti*/Balava Karana Purnima/Prathamayam Titau	Pyinmana, Myanmar Sutra 257
	Mithuna Rasi: 2.35 Tithi 15 – 16 835119365	<b>Gulika</b> 7:43AM – 9:06AM <b>Yama</b> 2:41PM – 4:04PM <b>Rahu</b> 10:30AM – 11:53AM	<b>Mrigashira Until 1:01PM</b> Sukla Until 7:54PM Visti Until 6:21AM <b>Purnima* Until 5:29PM</b>

Creative Work Siddha Yoga

<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> White Moon – Yellow	<i>Sunrise: 6:19AM</i> <i>Sunset: 5:28PM</i>	Manmatha 5117 Moon 11 - Phase 34 Purnima
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**Devaloka Day**  
**Margasira-Markali**

**Day 5 of Pancha Ganapati**

<b>Silver Retreat Star</b>	<b>Saturday, December 26, 2015</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Pyinmana, Myanmar Sutra 258
	Mithuna Rasi: 16.26 Tithi 16 – 17 835119365	<b>Gulika</b> 6:19AM – 7:43AM <b>Yama</b> 1:18PM – 2:41PM <b>Rahu</b> 9:07AM – 10:30AM	<b>Ardra Until 12:07PM</b> Brahma Until 5:39PM Taitila Until 3:46AM Sun <b>Prathama* Until 4:11PM</b>

Creative Work Siddha Yoga

<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> White Moon – Yellow	<i>Sunrise: 6:19AM</i> <i>Sunset: 5:29PM</i>	Manmatha 5117 Moon 11 - Phase 34 Prathama
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**Devaloka Day**  
**Margasira-Markali**

**Ardra Darshanam**

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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**Sunday, December 27, 2015**  
**Gold Retreat Star**

Mithuna Rasi: 29.57    Tithi 17 – 18  
846119366  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Dvilya/Tritiyayam Titau

**Gulika**    2:42PM – 4:05PM    **Punarvasu Until 12:05PM**  
**Yama**      11:54AM – 1:18PM    **Indra Until 3:55PM**  
**Rahu**      4:05PM – 5:29PM      **Vanija Until 3:25AM Mon**  
**Dvitiya Until 3:29PM**

**Ganesha:** Clear    *Sunrise: 6:20AM*  
**Muruqa:** Red      *Sunset: 5:29PM*  
**Nataraja:** Green  
Moon – Blue  
**Margasira-Markali**

Pyinmana, Myanmar  
Sun 1    Sutra 259  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Devaloka Day**

**1**

**Monday, December 28, 2015**

Kataka Rasi: 13.07    Tithi 18 – 19  
**Family Home Evening**    846119366  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**    1:19PM – 2:42PM    **Pushya Until 12:34PM**  
**Yama**      10:31AM – 11:55AM    **Vaidhriti\* Until 2:42PM**  
**Rahu**      7:44AM – 9:08AM      **Bava Until 3:48AM Tue**  
**Tritiya Until 3:29PM**

**Ganesha:** Clear    *Sunrise: 6:20AM*  
**Muruqa:** Red      *Sunset: 5:30PM*  
**Nataraja:** Green  
Moon – Blue  
**Margasira-Markali**

Pyinmana, Myanmar  
Sun 2    Sutra 260  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Devaloka Day**

**2**

**Tuesday, December 29, 2015**

Kataka Rasi: 25.55    Tithi 19 – 20  
846119366  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**    11:55AM – 1:19PM    **Ashlesha\* Until 1:38PM**  
**Yama**      9:08AM – 10:32AM    **Vishkambha\* Until 2:05PM**  
**Rahu**      2:43PM – 4:07PM      **Kaulava Until 4:57AM Wed**  
**Chaturthi\* Until 4:16PM**

**Ganesha:** Clear    *Sunrise: 6:21AM*  
**Muruqa:** Red      *Sunset: 5:30PM*  
**Nataraja:** Green  
Moon – Blue  
**Margasira-Markali**

Pyinmana, Myanmar  
Sun 3    Sutra 261  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Devaloka Day**

**3**

**Wednesday, December 30, 2015**

Simha Rasi: 8.22    Tithi 20 – 21  
856119366  
Creative Work    Siddha Yoga  
Until 3:44PM  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

**Gulika**    10:32AM – 11:56AM    **Magha\* Until 3:44PM**  
**Yama**      7:45AM – 9:09AM      **Priti Until 2:02PM**  
**Rahu**      11:56AM – 1:20PM      **Gara Until 6:48AM Thu**  
**Panchami Until 5:46PM**

**Ganesha:** White    *Sunrise: 6:21AM*  
**Muruqa:** Red      *Sunset: 5:31PM*  
**Nataraja:** Green  
Moon – Red  
**Margasira-Markali**

Pyinmana, Myanmar  
Sun 4    Sutra 262  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**4**

**Thursday, December 31, 2015**

Simha Rasi: 20.31    Tithi 21  
856119366  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    9:09AM – 10:33AM    **Purvaphalguni Until 6:17PM**  
**Yama**      6:22AM – 7:45AM      **Ayushman Until 2:27PM**  
**Rahu**      1:20PM – 2:44PM      **Gara Until 6:48AM**  
**Shashthi\* Until 7:54PM**

**Ganesha:** White    *Sunrise: 6:22AM*  
**Muruqa:** Red      *Sunset: 5:31PM*  
**Nataraja:** Green  
Moon – Red  
**Margasira-Markali**

Pyinmana, Myanmar  
Sun 5    Sutra 263  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**5**

**Friday, January 1, 2016**

Kanya Rasi: 2.28    Tithi 22  
856119366  
Creative Work    Siddha Yoga  
Until 9:05PM  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    7:46AM – 9:10AM      **Uttaraphalguni Until 9:05PM**  
**Yama**      2:45PM – 4:09PM      **Saubhagya Until 3:14PM**  
**Rahu**      10:34AM – 11:57AM    **Visti Until 9:10AM**  
**Saptami Until 10:28PM**

**Ganesha:** White    *Sunrise: 6:22AM*  
**Muruqa:** Red      *Sunset: 5:33PM*  
**Nataraja:** Green  
Moon – Red  
**Margasira-Markali**

Pyinmana, Myanmar  
Sun 6    Sutra 264  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**Retreat Star**

**Saturday, January 2, 2016**

Kanya Rasi: 14.17    Tithi 23  
866119366  
Routine Work    Marana Yoga  
Until 12:22AM Sun  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    6:23AM – 7:46AM      **Hasta Until 12:22AM Sun**  
**Yama**      1:22PM – 2:46PM      **Sobhana Until 4:13PM**  
**Rahu**      9:10AM – 10:34AM      **Balava Until 11:51AM**  
**Ashtami\* Until 1:11AM Sun**

**Ganesha:** Yellow    *Sunrise: 6:23AM*  
**Muruqa:** Red      *Sunset: 5:33PM*  
**Nataraja:** Green  
Moon – Green  
**Margasira-Markali**

Pyinmana, Myanmar  
Sun 7    Sutra 265  
Manmatha 5117  
Moon 12 - Phase 35  
Ashtami

**Devaloka Day**

**Sunday, January 3, 2016**

**Retreat Star**

Kanya Rasi: 26.05    Tithi 24  
866119366  
Creative Work    Siddha Yoga  
Until 3:23AM Mon  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Athiganda\*/Sukarma Yoga Tailila/Gara Karana Navamyam Titau

**Gulika**    2:46PM – 4:10PM      **Chitra Until 3:23AM Mon**  
**Yama**      11:58AM – 1:22PM      **Athiganda\* Until 5:08PM**  
**Rahu**      4:10PM – 5:34PM      **Taitila Until 2:33PM**  
**Navami\* Until 3:48AM Mon**

**Ganesha:** Yellow    *Sunrise: 6:23AM*  
**Muruqa:** Red      *Sunset: 5:34PM*  
**Nataraja:** Green  
Moon – Green  
**Margasira-Markali**

Pyinmana, Myanmar  
Sun 8    Sutra 266  
Manmatha 5117  
Moon 12 - Phase 35  
Navami

**Devaloka Day**

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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<b>1</b>	<b>Monday, January 4, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Dashamyam Titau	Pyinmana, Myanmar Sun 9 Sutra 267 Manmatha 5117
	Tula Rasi: 7.57 Tithi 25 Family Home Evening 867119366 Creative Work Amrita Yoga Until 5:54AM Tue Then Routine Work - Marana Yoga	<b>Gulika</b> 1:23PM – 2:47PM <b>Yama</b> 10:35AM – 11:59AM <b>Rahu</b> 7:47AM – 9:11AM	<b>Svati Until 5:54AM Tue</b> Sukarma Until 5:52PM Vanija Until 5:00PM Dashami Until 6:02AM Tue
<b>2</b>	<b>Tuesday, January 5, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Visiti*/Bava Karana Dashami/Ekodashyam Titau	Pyinmana, Myanmar Sun 10 Sutra 268 Manmatha 5117
	Tula Rasi: 19.57 Tithi 26 – 26 867119366 Routine Work Marana Yoga Until 8:13AM Wed Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:59AM – 1:23PM <b>Yama</b> 9:11AM – 10:35AM <b>Rahu</b> 2:47PM – 4:11PM	<b>Vishakha Until 8:13AM Wed</b> Dhriti Until 6:15PM Bava Until 6:58PM Dashami Until 6:02AM
<b>3</b>	<b>Wednesday, January 6, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Pyinmana, Myanmar Sun 11 Sutra 269 Manmatha 5117
	Vrischika Rasi: 2.11 Tithi 26 – 27 877119366 Creative Work Siddha Yoga	<b>Gulika</b> 10:36AM – 12:00PM <b>Yama</b> 7:48AM – 9:12AM <b>Rahu</b> 12:00PM – 1:24PM	<b>Vishakha Until 8:13AM</b> Shula* Until 6:09PM Kaulava Until 8:19PM Ekadashi* Until 7:42AM
<b>4</b>	<b>Thursday, January 7, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhii Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	Pyinmana, Myanmar Sun 12 Sutra 270 Manmatha 5117
	Vrischika Rasi: 14.41 Tithi 27 – 28 877119366 Creative Work Siddha Yoga Until 9:44AM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 9:12AM – 10:36AM <b>Yama</b> 6:24AM – 7:48AM <b>Rahu</b> 1:24PM – 2:48PM	<b>Anuradha Until 9:44AM</b> Ganda* Until 5:33PM Gara Until 8:59PM Dvadashi* Until 8:43AM <i>Pradosha Vrata (Fasting)</i>
<b>5</b>	<b>Friday, January 8, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhii/Dhruva Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau	Pyinmana, Myanmar Sun 13 Sutra 271 Manmatha 5117
	Vrischika Rasi: 27.3 Tithi 28 – 29 877119366 Routine Work Marana Yoga Until 10:26AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:48AM – 9:12AM <b>Yama</b> 2:49PM – 4:13PM <b>Rahu</b> 10:36AM – 12:01PM	<b>Jyeshtha* Until 10:26AM</b> Vridhii Until 4:27PM Visiti Until 8:59PM Trayodashi* Until 9:03AM
<b>6</b>	<b>Saturday, January 9, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Pyinmana, Myanmar Sun 14 Sutra 272 Manmatha 5117
	<b>Retreat Star</b> Dhanus Rasi: 10.39 Tithi 29 – 30 887119366 Creative Work Siddha Yoga	<b>Gulika</b> 6:25AM – 7:49AM <b>Yama</b> 1:25PM – 2:49PM <b>Rahu</b> 9:13AM – 10:37AM	<b>Mula* Until 10:48AM</b> Dhruva Until 2:49PM Catuspada Until 8:21PM Chaturdashi* Until 8:43AM
<b>7</b>	<b>Sunday, January 10, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Pyinmana, Myanmar Sun 15 Sutra 273 Manmatha 5117
	<b>Retreat Star</b> Dhanus Rasi: 24.07 Tithi 30 – 1 888119366 Creative Work Siddha Yoga Until 10:29AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:50PM – 4:14PM <b>Yama</b> 12:01PM – 1:26PM <b>Rahu</b> 4:14PM – 5:38PM	<b>Purvashadha* Until 10:29AM</b> Vyaghata* Until 12:47PM Kintughna Until 7:13PM Amavasya* Until 7:49AM

To such a one who has his stains wiped away, the venerable Sanatcumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>	<b>Monday, January 11, 2016</b>		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Pyinmana, Myanmar Sun 16 Sutra 274
	Makara Rasi: 7.5	Tithi 1 – 2	<b>Gulika</b> 1:26PM – 2:50PM	<b>Uttarashadha</b> Until 9:36AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	Manmatha 5117
<b>Family Home Evening</b>	888119366	<b>Yama</b> 10:38AM – 12:02PM	Harshana Until 10:25AM	<b>Muruga:</b> Red	<i>Sunset:</i> 5:39PM	Moon 12 - Phase 37	
Routine Work Marana Yoga		<b>Rahu</b> 7:49AM – 9:13AM	Kaulava Until 4:47AM Tue	<b>Nataraja:</b> Green		3rd Phase	
Until 9:36AM			<b>Prathama*</b> Until 6:28AM	<b>Pausha-Markali</b>			
Then Creative Work - Amrita Yoga						<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>2</b>	<b>Tuesday, January 12, 2016</b>		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Pyinmana, Myanmar Sun 17 Sutra 275
	Makara Rasi: 21.46	Tithi 3	<b>Gulika</b> 12:02PM – 1:26PM	<b>Shravana</b> Until 8:40AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:25AM	Manmatha 5117
898119366		<b>Yama</b> 9:14AM – 10:38AM	Vajra* Until 7:47AM	<b>Muruga:</b> Red	<i>Sunset:</i> 5:39PM	Moon 12 - Phase 37	
Creative Work Siddha Yoga		<b>Rahu</b> 2:51PM – 4:15PM	Taitila Until 3:52PM	<b>Nataraja:</b> Green		3rd Phase	
			<b>Tritiya</b> Until 2:52AM Wed	<b>Pausha-Markali</b>			
						<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>3</b>	<b>Wednesday, January 13, 2016</b>		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipala* Yoga Vanija/Visti* Karana Chaturthyam Titau				Pyinmana, Myanmar Sun 18 Sutra 276
	Kumbha Rasi: 5.5	Tithi 4	<b>Gulika</b> 10:38AM – 12:03PM	<b>Dhanishtha</b> Until 7:24AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	Manmatha 5117
898219366		<b>Yama</b> 7:50AM – 9:14AM	Vyatipala* Until 2:07AM Thu	<b>Muruga:</b> Red	<i>Sunset:</i> 5:40PM	Moon 12 - Phase 37	
Routine Work Prabalarishta Yoga		<b>Rahu</b> 12:03PM – 1:27PM	Vanija Until 1:53PM	<b>Nataraja:</b> Green		3rd Phase	
Until 7:24AM			<b>Chaturthi*</b> Until 12:50AM Thu	<b>Pausha-Markali</b>			
Then Creative Work - Siddha Yoga						<b>Devaloka Day</b>	

<b>4</b>	<b>Thursday, January 14, 2016</b>		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau				Pyinmana, Myanmar Sun 19 Sutra 277
	Kumbha Rasi: 19.58	Tithi 5	<b>Gulika</b> 9:14AM – 10:39AM	<b>Purvaproshtpada*</b> Until 4:39AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	Manmatha 5117
898211366		<b>Yama</b> 6:25AM – 7:50AM	Variyan Until 11:12PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:40PM	Moon 12 - Phase 37	
Creative Work Siddha Yoga		<b>Rahu</b> 1:27PM – 2:52PM	Bava Until 11:49AM	<b>Nataraja:</b> Green		3rd Phase	
			<b>Panchami</b> Until 10:45PM	<b>Pausha-Markali</b>			
						<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>5</b>	<b>Friday, January 15, 2016</b>		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Pyinmana, Myanmar Sun 20 Sutra 278
	Meena Rasi: 4.07	Tithi 6	<b>Gulika</b> 7:50AM – 9:14AM	<b>Uttaraproshtpada</b> Until 3:17AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Manmatha 5117
818211366		<b>Yama</b> 2:52PM – 4:17PM	Parigha* Until 8:18PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 37	
Creative Work Siddha Yoga		<b>Rahu</b> 10:39AM – 12:03PM	Kaulava Until 9:44AM	<b>Nataraja:</b> Green		3rd Phase	
Until 3:17AM Sat			<b>Shashthi*</b> Until 8:42PM	<b>Pausha-Thai</b>			
Then Routine Work - Prabalarishta Yoga		<b>Thai Pongal</b>				<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>6</b>	<b>Saturday, January 16, 2016</b>		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Saptamyam Titau				Pyinmana, Myanmar Sun 21 Sutra 279
	Meena Rasi: 18.16	Tithi 7	<b>Gulika</b> 6:26AM – 7:50AM	<b>Revati</b> Until 1:50AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Manmatha 5117
818211366		<b>Yama</b> 1:28PM – 2:53PM	Shiva Until 5:27PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 37	
Routine Work Prabalarishta Yoga		<b>Rahu</b> 9:15AM – 10:39AM	Gara Until 7:42AM	<b>Nataraja:</b> Green		3rd Phase	
Until 1:50AM Sun			<b>Saptami</b> Until 6:41PM	<b>Pausha-Thai</b>			
Then Creative Work - Siddha Yoga						<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>☽</b>	<b>Sunday, January 17, 2016</b>		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 280
	<b>Retreat Star</b>		<b>Gulika</b> 2:53PM – 4:18PM	<b>Ashvini</b> Until 12:44AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Manmatha 5117
Mesha Rasi: 2.21	Tithi 8 – 9	<b>Yama</b> 12:04PM – 1:28PM	Siddha Until 2:39PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 37	
829211366		<b>Rahu</b> 4:18PM – 5:42PM	Balava Until 3:50AM Mon	<b>Nataraja:</b> Green		Ashtami	
Creative Work Siddha Yoga			<b>Ashtami*</b> Until 4:45PM	<b>Pausha-Thai</b>			
						<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

<b>☽</b>	<b>Monday, January 18, 2016</b>		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pyinmana, Myanmar Sun 23 Sutra 281
	<b>Retreat Star</b>		<b>Gulika</b> 1:29PM – 2:54PM	<b>Bharani</b> Until 11:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Manmatha 5117
Mesha Rasi: 16.23	Tithi 9 – 10	<b>Yama</b> 10:40AM – 12:04PM	Sadhya Until 11:55AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:43PM	Moon 12 - Phase 37	
829211366		<b>Rahu</b> 7:50AM – 9:15AM	Taitila Until 2:03AM Tue	<b>Nataraja:</b> Green		Navami	
Creative Work Siddha Yoga			<b>Navami*</b> Until 2:55PM	<b>Pausha-Thai</b>			
Until 11:36PM						<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang





**Monday, January 25, 2016**  
**Gold Retreat Star**

Kataka Rasi: 21.12 Tithi 16 – 17  
**Family Home Evening** 941211366  
Creative Work Siddha Yoga  
Until 10:30PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam  
Ashlesha\* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau  
**Gulika** 1:31PM – 2:56PM  
**Yama** 10:41AM – 12:06PM  
**Rahu** 7:51AM – 9:16AM  
**Ashlesha\* Until 10:30PM**  
Ayushman Until 8:48PM  
Taitila Until 8:43PM  
**Prathama\* Until 8:20AM**

Pyinmana, Myanmar Sutra 288  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase  
**Bhuloka Day**  
Pausha-Thai

*Sunrise: 6:26AM*  
*Sunset: 5:47PM*

**1 Tuesday, January 26, 2016**

Simha Rasi: 3.49 Tithi 17 – 18  
951211366  
Creative Work Siddha Yoga  
Until 12:25AM Wed  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Magha\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika** 12:06PM – 1:32PM  
**Yama** 9:16AM – 10:41AM  
**Rahu** 2:57PM – 4:22PM  
**Magha\* Until 12:25AM Wed**  
Saubhagya Until 8:33PM  
Vanija Until 9:55PM  
**Dvitiya Until 9:13AM**

Pyinmana, Myanmar Sun 1 Sutra 289  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM  
Pausha-Thai

*Sunrise: 6:25AM*  
*Sunset: 5:47PM*

**2 Wednesday, January 27, 2016**

Simha Rasi: 16.1 Tithi 18 – 19  
951211366  
Creative Work Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukhtayam  
Purvaphalguni Nakshatra Sobhana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 10:41AM – 12:07PM  
**Yama** 7:51AM – 9:16AM  
**Rahu** 12:07PM – 1:32PM  
**Purvaphalguni Until 2:44AM Thu**  
Sobhana Until 8:46PM  
Bava Until 11:42PM  
**Tritiya Until 10:43AM**

Pyinmana, Myanmar Sun 2 Sutra 290  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM  
Pausha-Thai

*Sunrise: 6:25AM*  
*Sunset: 5:48PM*

**3 Thursday, January 28, 2016**

Simha Rasi: 28.17 Tithi 19 – 20  
951211366  
Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yukhtayam  
Uttaraphalguni Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 9:16AM – 10:41AM  
**Yama** 6:25AM – 7:51AM  
**Rahu** 1:32PM – 2:58PM  
**Uttaraphalguni Until 5:20AM Fri**  
Athiganda\* Until 9:21PM  
Kaulava Until 1:59AM Fri  
**Chaturthi\* Until 12:46PM**

Pyinmana, Myanmar Sun 3 Sutra 291  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM  
Pausha-Thai

*Sunrise: 6:25AM*  
*Sunset: 5:48PM*

**4 Friday, January 29, 2016**

Kanya Rasi: 10.14 Tithi 20 – 21  
961211366  
Creative Work Amrita Yoga  
Until 8:33AM Sat  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 7:50AM – 9:16AM  
**Yama** 2:58PM – 4:23PM  
**Rahu** 10:41AM – 12:07PM  
**Hasta Until 8:33AM Sat**  
Sukarma Until 10:11PM  
Gara Until 4:35AM Sat  
**Panchami Until 3:14PM**

Pyinmana, Myanmar Sun 4 Sutra 292  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase  
**Bhuloka Day**  
Pausha-Thai

*Sunrise: 6:25AM*  
*Sunset: 5:49PM*

**5 Saturday, January 30, 2016**

Kanya Rasi: 22.04 Tithi 21 – 22  
961211366  
Routine Work Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukhtayam  
Hasta/Chitra Nakshatra Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika** 6:25AM – 7:50AM  
**Yama** 1:33PM – 2:58PM  
**Rahu** 9:16AM – 10:42AM  
**Hasta Until 8:33AM**  
Dhriti Until 11:10PM  
Visti Until 7:16AM Sun  
**Shashthi\* Until 5:54PM**

Pyinmana, Myanmar Sun 5 Sutra 293  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase  
**Bhuloka Day**  
Pausha-Thai

*Sunrise: 6:25AM*  
*Sunset: 5:49PM*

**6 Sunday, January 31, 2016**

Tula Rasi: 3.53 Tithi 22  
961211366  
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Chitra/Svati Nakshatra Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika** 2:59PM – 4:24PM  
**Yama** 12:07PM – 1:33PM  
**Rahu** 4:24PM – 5:50PM  
**Chitra Until 11:38AM**  
Shula\* Until 12:02AM Mon  
Visti Until 7:16AM  
**Saptami Until 8:32PM**

Pyinmana, Myanmar Sun 6 Sutra 294  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase  
**Bhuloka Day**  
Pausha-Thai

*Sunrise: 6:25AM*  
*Sunset: 5:50PM*

**Monday, February 1, 2016**  
**Retreat Star**

Tula Rasi: 15.44 Tithi 23  
961211366  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 2:22PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika** 1:33PM – 2:59PM  
**Yama** 10:42AM – 12:07PM  
**Rahu** 7:50AM – 9:16AM  
**Svati Until 2:22PM**  
Ganda\* Until 12:42AM Tue  
Balava Until 9:47AM  
**Ashtami\* Until 10:53PM**

Pyinmana, Myanmar Sun 7 Sutra 295  
Manmatha 5117  
Moon 1 - Phase 39  
Ashtami  
**Bhuloka Day**  
Pausha-Thai

*Sunrise: 6:25AM*  
*Sunset: 5:50PM*

**Tuesday, February 2, 2016**

**Retreat Star**

Tula Rasi: 27.44 Tithi 24  
971211366  
Routine Work Marana Yoga  
Until 5:01PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika** 12:07PM – 1:33PM  
**Yama** 9:16AM – 10:42AM  
**Rahu** 2:59PM – 4:25PM  
**Vishakha Until 5:01PM**  
Vriddhi Until 12:59AM Wed  
Taitila Until 11:55AM  
**Navami\* Until 12:44AM Wed**

Pyinmana, Myanmar Sun 8 Sutra 296  
Manmatha 5117  
Moon 1 - Phase 39  
Navami  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM  
Pausha-Thai

*Sunrise: 6:24AM*  
*Sunset: 5:50PM*

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>	<b>Wednesday, February 3, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhruva Yoga Vanija/Visli* Karana Dashamyam Titau		Pyinmana, Myanmar Sun 9 Sutra 297
	Vrischika Rasi: 9.58      Tithi 25 971211366	<b>Gulika</b> 10:42AM – 12:08PM <b>Yama</b> 7:50AM – 9:16AM <b>Rahu</b> 12:08PM – 1:33PM	<b>Anuradha Until 6:55PM</b> Dhruva Until 12:44AM Thu Vanija Until 1:26PM Dashami Until 1:54AM Thu	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM <b>Muruga:</b> Green <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Green Moon – Orange <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>2</b>	<b>Thursday, February 4, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Pyinmana, Myanmar Sun 10 Sutra 298
	Vrischika Rasi: 22.29      Tithi 26 972211367	<b>Gulika</b> 9:16AM – 10:42AM <b>Yama</b> 6:24AM – 7:50AM <b>Rahu</b> 1:34PM – 2:59PM	<b>Jyeshtha* Until 7:56PM</b> Vyaghata* Until 11:56PM Bava Until 2:14PM Ekadashi* Until 2:19AM Fri	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:24AM <b>Muruga:</b> Green <i>Sunset:</i> 5:51PM <b>Nataraja:</b> White Moon – Orange <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Friday, February 5, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau		Pyinmana, Myanmar Sun 11 Sutra 299
	Dhanus Rasi: 5.21      Tithi 27 982211367	<b>Gulika</b> 7:50AM – 9:16AM <b>Yama</b> 3:00PM – 4:26PM <b>Rahu</b> 10:42AM – 12:08PM	<b>Mula* Until 8:31PM</b> Harshana Until 10:32PM Kaulava Until 2:15PM Dvadashi* Until 1:57AM Sat	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:24AM <b>Muruga:</b> Green <i>Sunset:</i> 5:52PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhuloka Day</b>

<b>4</b>	<b>Saturday, February 6, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau		Pyinmana, Myanmar Sun 12 Sutra 300
	Dhanus Rasi: 18.37      Tithi 28 982211367	<b>Gulika</b> 6:23AM – 7:49AM <b>Yama</b> 1:34PM – 3:00PM <b>Rahu</b> 9:16AM – 10:42AM	<b>Purvashadha* Until 8:13PM</b> Vajra* Until 8:33PM Gara Until 1:31PM Trayodashi* Until 12:52AM Sun <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:23AM <b>Muruga:</b> Green <i>Sunset:</i> 5:52PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhuloka Day</b>

<b>5</b>	<b>Sunday, February 7, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pyinmana, Myanmar Sun 13 Sutra 301
	Makara Rasi: 2.16      Tithi 29 982311367	<b>Gulika</b> 3:00PM – 4:27PM <b>Yama</b> 12:08PM – 1:34PM <b>Rahu</b> 4:27PM – 5:53PM	<b>Uttarashadha Until 7:09PM</b> Siddhi Until 6:03PM Visti Until 12:07PM Chaturdashi* Until 11:10PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:23AM <b>Muruga:</b> Green <i>Sunset:</i> 5:53PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhuloka Day</b>

<b>Monday, February 8, 2016</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pyinmana, Myanmar Sun 14 Sutra 302
	Makara Rasi: 16.17      Tithi 30 <b>Family Home Evening</b> 992311367	<b>Gulika</b> 1:34PM – 3:01PM <b>Yama</b> 10:42AM – 12:08PM <b>Rahu</b> 7:49AM – 9:15AM	<b>Shravana Until 5:51PM</b> Vyatipata* Until 3:10PM Catuspada Until 10:08AM Amavasya* Until 8:58PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:23AM <b>Muruga:</b> Green <i>Sunset:</i> 5:53PM <b>Nataraja:</b> White Moon – Purple <b>Bhuloka Day</b>

<b>Tuesday, February 9, 2016</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Varyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Pyinmana, Myanmar Sun 15 Sutra 303
	Kumbha Rasi: 0.35      Tithi 1 992311367	<b>Gulika</b> 12:08PM – 1:34PM <b>Yama</b> 9:15AM – 10:42AM <b>Rahu</b> 3:01PM – 4:27PM	<b>Dhanishtha Until 4:03PM</b> Varyan Until 11:56AM Kintughna Until 7:45AM Prathama* Until 6:25PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:22AM <b>Muruga:</b> Green <i>Sunset:</i> 5:54PM <b>Nataraja:</b> White Moon – Purple <b>Bhuloka Day</b>

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time

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<b>1</b>	<b>Wednesday, February 10, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Dvilya/Triliyayam Titau	Pyinmana, Myanmar Sun 16 Sutra 304 Manmatha 5117
	Kumbha Rasi: 15.07 Tithi 2 – 3 992311367	<b>Gulika</b> 10:41AM – 12:08PM <b>Yama</b> 7:48AM – 9:15AM <b>Rahu</b> 12:08PM – 1:34PM	<b>Shatabhishak</b> Until 1:53PM <b>Parigha*</b> Until 8:30AM Taitila Until 2:15AM Thu <b>Dvitiya</b> Until 3:39PM

Creative Work Siddha Yoga  
Until 1:53PM  
Then Creative Work - Amrita Yoga

<b>Ganesha:</b> Light Blue <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Purple	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 5:54PM	<b>Magha-Thai</b>	<b>Bhuloka Day</b>
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<b>2</b>	<b>Thursday, February 11, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Trilya/Chaturthyam Titau	Pyinmana, Myanmar Sun 17 Sutra 305 Manmatha 5117
	Kumbha Rasi: 29.43 Tithi 3 – 4 912311367	<b>Gulika</b> 9:15AM – 10:41AM <b>Yama</b> 6:22AM – 7:48AM <b>Rahu</b> 1:35PM – 3:01PM	<b>Purvaproshtapada*</b> Until 11:55AM Siddha Until 1:28AM Fri Vanija Until 11:26PM <b>Tritiya</b> Until 12:49PM

Creative Work Siddha Yoga

<b>Ganesha:</b> Orange <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 5:54PM	<b>Magha-Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
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<b>3</b>	<b>Friday, February 12, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau	Pyinmana, Myanmar Sun 18 Sutra 306 Manmatha 5117
	Meena Rasi: 14.19 Tithi 4 – 5 912311367	<b>Gulika</b> 7:48AM – 9:15AM <b>Yama</b> 3:01PM – 4:28PM <b>Rahu</b> 10:41AM – 12:08PM	<b>Uttaraproshtapada</b> Until 9:51AM Sadhya Until 10:03PM Bava Until 8:43PM <b>Chaturthi*</b> Until 10:02AM

Creative Work Siddha Yoga

<b>Ganesha:</b> Orange <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 5:55PM	<b>Magha-Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
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<b>4</b>	<b>Saturday, February 13, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Pyinmana, Myanmar Sun 19 Sutra 307 Manmatha 5117
	Meena Rasi: 28.49 Tithi 5 – 6 912311367	<b>Gulika</b> 6:21AM – 7:48AM <b>Yama</b> 1:35PM – 3:02PM <b>Rahu</b> 9:14AM – 10:41AM	<b>Revati</b> Until 7:48AM Subha Until 6:49PM Kaulava Until 6:12PM <b>Panchami</b> Until 7:24AM

Routine Work Prabalarishta Yoga  
Until 7:48AM  
Then Creative Work - Siddha Yoga

<b>Ganesha:</b> Orange <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 5:55PM	<b>Magha-Masi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
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<b>5</b>	<b>Sunday, February 14, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau	Pyinmana, Myanmar Sun 20 Sutra 308 Manmatha 5117
	Mesha Rasi: 13.1 Tithi 7 922311367	<b>Gulika</b> 3:02PM – 4:29PM <b>Yama</b> 12:08PM – 1:35PM <b>Rahu</b> 4:29PM – 5:56PM	<b>Ashvini</b> Until 6:16AM Sukla Until 3:47PM Gara Until 3:58PM <b>Saptami</b> Until 2:57AM Mon

Creative Work Siddha Yoga  
Until 6:16AM  
Then Routine Work - Prabalarishta Yoga

<b>Ganesha:</b> Green <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:56PM	<b>Magha-Masi</b>	<b>Bhuloka Day</b>
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<b>D</b>	<b>Monday, February 15, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti/Bava Karana Ashtamyam Titau	Pyinmana, Myanmar Sun 21 Sutra 309 Manmatha 5117
	Mesha Rasi: 27.17 Tithi 8 <b>Family Home Evening</b> 922311367	<b>Gulika</b> 1:35PM – 3:02PM <b>Yama</b> 10:41AM – 12:08PM <b>Rahu</b> 7:47AM – 9:14AM	<b>Krittika</b> Until 3:47AM Tue Brahma Until 1:03PM Visti Until 2:04PM <b>Ashtami*</b> Until 1:14AM Tue

Routine Work Marana Yoga  
Until 3:47AM Tue  
Then Creative Work - Amrita Yoga

<b>Ganesha:</b> Green <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:56PM	<b>Magha-Masi</b>	<b>Bhuloka Day</b>
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<b>D</b>	<b>Tuesday, February 16, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau	Pyinmana, Myanmar Sun 22 Sutra 310 Manmatha 5117
	Vrishabha Rasi: 11.11 Tithi 9 932311367	<b>Gulika</b> 12:08PM – 1:35PM <b>Yama</b> 9:14AM – 10:41AM <b>Rahu</b> 3:02PM – 4:29PM	<b>Rohini</b> Until 3:18AM Wed Indra Until 10:36AM Balava Until 12:32PM <b>Navami*</b> Until 11:54PM

Creative Work Amrita Yoga  
Until 3:18AM Wed  
Then Creative Work - Siddha Yoga

<b>Ganesha:</b> Red <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:56PM	<b>Magha-Masi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
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Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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<b>1</b>	<b>Wednesday, February 17, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau	Pyinmana, Myanmar Sun 23 Sutra 311
	933311367	<b>Gulika</b> 10:41AM – 12:08PM <b>Yama</b> 7:46AM – 9:13AM <b>Rahu</b> 12:08PM – 1:35PM	<b>Mrigashira Until 3:04AM Thu</b> Vaidhriti* Until 8:26AM Taitila Until 11:24AM <b>Dashami Until 10:57PM</b>
Vrishabha Rasi: 24.51 Tithi 10		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:57PM <b>Nataraja:</b> White Moon – Yellow	Manmatha 5117 Moon 1 - Phase 42 4th Phase
Creative Work Siddha Yoga Until 3:04AM Thu Then Routine Work - Marana Yoga		<b>Magha-Masi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
<b>2</b>	<b>Thursday, February 18, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau	Pyinmana, Myanmar Sun 24 Sutra 312
	933311367	<b>Gulika</b> 9:13AM – 10:40AM <b>Yama</b> 6:18AM – 7:46AM <b>Rahu</b> 1:35PM – 3:02PM	<b>Ardra Until 3:04AM Fri</b> Vishkambha* Until 6:36AM Vanija Until 10:39AM <b>Ekadashi Until 10:24PM</b>
Mithuna Rasi: 8.17 Tithi 11		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:57PM <b>Nataraja:</b> White Moon – Yellow	Manmatha 5117 Moon 1 - Phase 42 4th Phase
Routine Work Marana Yoga Until 3:04AM Fri Then Creative Work - Siddha Yoga		<b>Magha-Masi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
<b>3</b>	<b>Friday, February 19, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau	Pyinmana, Myanmar Sun 25 Sutra 313
	933311367	<b>Gulika</b> 7:45AM – 9:13AM <b>Yama</b> 3:03PM – 4:30PM <b>Rahu</b> 10:40AM – 12:08PM	<b>Punarvasu Until 3:47AM Sat</b> Ayushman Until 3:54AM Sat Bava Until 10:19AM <b>Dvadashi Until 10:17PM</b>
Mithuna Rasi: 21.31 Tithi 12		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:57PM <b>Nataraja:</b> White Moon – Blue	Manmatha 5117 Moon 1 - Phase 42 4th Phase
Creative Work Siddha Yoga		<b>Magha-Masi</b>	<b>Bhuloka Day</b>
<b>4</b>	<b>Saturday, February 20, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Pyinmana, Myanmar Sun 26 Sutra 314
	933311367	<b>Gulika</b> 6:17AM – 7:45AM <b>Yama</b> 1:35PM – 3:03PM <b>Rahu</b> 9:12AM – 10:40AM	<b>Pushya Until 4:47AM Sun</b> Saubhagya Until 3:04AM Sun Kaulava Until 10:24AM <b>Trayodashi Until 10:36PM</b> <i>Pradosha Vrata</i>
Kataka Rasi: 4.31 Tithi 13		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:17AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:58PM <b>Nataraja:</b> White Moon – Blue	Manmatha 5117 Moon 1 - Phase 42 4th Phase
Creative Work Siddha Yoga		<b>Magha-Masi</b>	<b>Bhuloka Day</b>
<b>5</b>	<b>Sunday, February 21, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Pyinmana, Myanmar Sun 27 Sutra 315
	933311367	<b>Gulika</b> 3:03PM – 4:30PM <b>Yama</b> 12:07PM – 1:35PM <b>Rahu</b> 4:30PM – 5:58PM	<b>Ashlesha* Until 6:04AM Mon</b> Sobhana Until 2:36AM Mon Gara Until 10:57AM <b>Chaturdashi* Until 11:22PM</b>
Kataka Rasi: 17.18 Tithi 14		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:17AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:58PM <b>Nataraja:</b> White Moon – Blue	Manmatha 5117 Moon 1 - Phase 42 4th Phase
Creative Work Siddha Yoga Until 6:04AM Mon Then Routine Work - Marana Yoga		<b>Magha-Masi</b>	<b>Bhuloka Day</b>
<b>Monday, February 22, 2016</b>	<b>Copper Retreat Star</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau	Pyinmana, Myanmar Sutra 316
	933311367	<b>Gulika</b> 1:35PM – 3:03PM <b>Yama</b> 10:40AM – 12:07PM <b>Rahu</b> 7:44AM – 9:12AM	<b>Ashlesha* Until 6:04AM</b> Athiganda* Until 2:28AM Tue Visti Until 11:57AM <b>Purnima* Until 12:37AM Tue</b>
Kataka Rasi: 29.52 Tithi 15		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:16AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:58PM <b>Nataraja:</b> White Moon – Blue	Manmatha 5117 Moon 1 - Phase 42 Purnima
Family Home Evening Creative Work Siddha Yoga Until 6:04AM Then Routine Work - Marana Yoga		<b>Magha-Masi</b>	<b>Bhuloka Day</b>
<b>Tuesday, February 23, 2016</b>	<b>Silver Retreat Star</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau	Pyinmana, Myanmar Sutra 317
	933311367	<b>Gulika</b> 12:07PM – 1:35PM <b>Yama</b> 9:11AM – 10:39AM <b>Rahu</b> 3:03PM – 4:31PM	<b>Magha* Until 8:08AM</b> Sukarma Until 2:42AM Wed Balava Until 1:27PM <b>Prathama* Until 2:20AM Wed</b>
Simha Rasi: 12.14 Tithi 16		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:16AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:59PM <b>Nataraja:</b> White Moon – Red	Manmatha 5117 Moon 1 - Phase 42 Prathama
Creative Work Siddha Yoga		<b>Magha-Masi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





**Wednesday, February 24, 2016**  
**Gold Retreat Star**

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar  
Sutra 318

Simha Rasi: 24.24      Tithi 17  
953311367  
Creative Work    Amrita Yoga

**Gulika** 10:39AM – 12:07PM  
**Yama** 7:43AM – 9:11AM  
**Rahu** 12:07PM – 1:35PM

**Purvaphalguni Until 10:29AM**  
Dhriti Until 3:16AM Thu  
Taitila Until 3:23PM  
**Dvitiya Until 4:28AM Thu**

**Ganesha:** Red      *Sunrise:* 6:15AM  
**Muruqa:** Green      *Sunset:* 5:59PM  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**1**

**Thursday, February 25, 2016**

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Pyinmana, Myanmar  
Sun 1      Sutra 319

Kanya Rasi: 6.25      Tithi 18  
953311367  
Amrita Yoga

**Gulika** 9:11AM – 10:39AM  
**Yama** 6:15AM – 7:43AM  
**Rahu** 1:35PM – 3:03PM

**Uttaraphalguni Until 1:01PM**  
Shula\* Until 4:02AM Fri  
Vanija Until 5:41PM  
**Tritiya Until 6:55AM Fri**

**Ganesha:** Red      *Sunrise:* 6:15AM  
**Muruqa:** Green      *Sunset:* 5:59PM  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 1:01PM  
Then Routine Work - Marana Yoga

**2**

**Friday, February 26, 2016**

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar  
Sun 2      Sutra 320

Kanya Rasi: 18.19      Tithi 18 – 19  
963311367  
Creative Work    Amrita Yoga

**Gulika** 7:42AM – 9:10AM  
**Yama** 3:03PM – 4:31PM  
**Rahu** 10:39AM – 12:07PM

**Hasta Until 4:10PM**  
Ganda\* Until 4:58AM Sat  
Bava Until 8:14PM  
**Tritiya Until 6:55AM**

**Ganesha:** Green      *Sunrise:* 6:14AM  
**Muruqa:** Green      *Sunset:* 6:00PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 4:10PM  
Then Creative Work - Siddha Yoga

**3**

**Saturday, February 27, 2016**

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar  
Sun 3      Sutra 321

Tula Rasi: 0.08      Tithi 19 – 20  
963311367  
Routine Work    Marana Yoga

**Gulika** 6:13AM – 7:42AM  
**Yama** 1:35PM – 3:03PM  
**Rahu** 9:10AM – 10:38AM

**Chitra Until 7:15PM**  
Vriddhi Until 5:57AM Sun  
Kaulava Until 10:53PM  
**Chaturthi\* Until 9:32AM**

**Ganesha:** Green      *Sunrise:* 6:13AM  
**Muruqa:** Green      *Sunset:* 6:00PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 7:15PM  
Then Creative Work - Siddha Yoga

**4**

**Sunday, February 28, 2016**

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Pyinmana, Myanmar  
Sun 4      Sutra 322

Tula Rasi: 11.57      Tithi 20 – 21  
963311367  
Creative Work    Siddha Yoga

**Gulika** 3:03PM – 4:32PM  
**Yama** 12:06PM – 1:35PM  
**Rahu** 4:32PM – 6:00PM

**Svati Until 10:06PM**  
Dhruva Until 6:47AM Mon  
Gara Until 1:26AM Mon  
**Panchami Until 12:10PM**

**Ganesha:** Green      *Sunrise:* 6:13AM  
**Muruqa:** Green      *Sunset:* 6:00PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 10:06PM  
Then Routine Work - Marana Yoga

**5**

**Monday, February 29, 2016**

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashti/Saptamyam Titau

Pyinmana, Myanmar  
Sun 5      Sutra 323

Tula Rasi: 23.49      Tithi 21 – 22  
973311367  
**Family Home Evening**  
Routine Work    Marana Yoga

**Gulika** 1:35PM – 3:03PM  
**Yama** 10:38AM – 12:06PM  
**Rahu** 7:41AM – 9:09AM

**Vishakha Until 1:03AM Tue**  
Dhruva Until 6:47AM  
Visti Until 3:43AM Tue  
**Shashti\* Until 2:36PM**

**Ganesha:** Orange      *Sunrise:* 6:12AM  
**Muruqa:** Green      *Sunset:* 6:00PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 1:03AM Tue  
Then Creative Work - Siddha Yoga

**6**

**Tuesday, March 1, 2016**

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar  
Sun 6      Sutra 324

Vrischika Rasi: 5.48      Tithi 22 – 23  
973311367  
Creative Work    Siddha Yoga

**Gulika** 12:06PM – 1:35PM  
**Yama** 9:08AM – 10:37AM  
**Rahu** 3:03PM – 4:32PM

**Anuradha Until 3:24AM Wed**  
Vyaghata\* Until 7:24AM  
Balava Until 5:30AM Wed  
**Saptami Until 4:39PM**

**Ganesha:** Orange      *Sunrise:* 6:11AM  
**Muruqa:** Green      *Sunset:* 6:01PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**Retreat Star**

**Wednesday, March 2, 2016**

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar  
Sun 7      Sutra 325

Vrischika Rasi: 17.59      Tithi 23  
973311367  
Creative Work    Siddha Yoga

**Gulika** 10:37AM – 12:06PM  
**Yama** 7:39AM – 9:08AM  
**Rahu** 12:06PM – 1:35PM

**Jyeshtha\* Until 4:58AM Thu**  
Harshana Until 7:40AM  
Kaulava Until 6:08PM  
**Ashtami\* Until 6:08PM**

**Ganesha:** Orange      *Sunrise:* 6:10AM  
**Muruqa:** Green      *Sunset:* 6:01PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**Thursday, March 3, 2016**

**Retreat Star**

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar  
Sun 8      Sutra 326

Dhanu Rasi: 0.27      Tithi 24  
984311367  
Creative Work    Siddha Yoga

**Gulika** 9:07AM – 10:36AM  
**Yama** 6:09AM – 7:38AM  
**Rahu** 1:34PM – 3:03PM


**Mula\* Until 6:07AM Fri**  
Vajra\* Until 7:23AM  
Taitila Until 6:38AM  
**Navami\* Until 6:54PM**

**Ganesha:** Purple      *Sunrise:* 6:09AM  
**Muruqa:** Green      *Sunset:* 6:01PM  
**Nataraja:** White  
Moon – Light Blue  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 6:07AM Fri  
Then Routine Work - Prabalarishta Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>	<b>Friday, March 4, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		Pyinmana, Myanmar Sun 9 Sutra 327
	Dhanus Rasi: 13.15 Tithi 25 984411367	<b>Gulika</b> 7:38AM – 9:07AM <b>Yama</b> 3:03PM – 4:33PM <b>Rahu</b> 10:36AM – 12:05PM	<b>Mula* Until 6:07AM</b> Siddhi Until 6:32AM Vanija Until 7:00AM <b>Dashami Until 6:52PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:09AM <b>Muruga:</b> Green <i>Sunset:</i> 6:02PM <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Masi</b>
Creative Work Amrita Yoga Until 6:07AM Then Routine Work - Prabalarishta Yoga				Manmatha 5117 Moon 2 - Phase 44 2nd Phase <b>Bhuloka Day</b>
<b>2</b>	<b>Saturday, March 5, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Bava/Balava Karana Ekadashyam Titau		Pyinmana, Myanmar Sun 10 Sutra 328
	Dhanus Rasi: 26.28 Tithi 26 184411367	<b>Gulika</b> 6:08AM – 7:37AM <b>Yama</b> 1:34PM – 3:03PM <b>Rahu</b> 9:07AM – 10:36AM	<b>Purvashadha* Until 6:20AM</b> Variyan Until 2:56AM Sun Bava Until 6:34AM <b>Ekadashi* Until 6:01PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:08AM <b>Muruga:</b> Green <i>Sunset:</i> 6:02PM <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Masi</b>
Creative Work Siddha Yoga Until 6:20AM Then Routine Work - Marana Yoga				Manmatha 5117 Moon 2 - Phase 44 2nd Phase <b>Bhuloka Day</b>
<b>3</b>	<b>Sunday, March 6, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Pyinmana, Myanmar Sun 11 Sutra 329
	Makara Rasi: 10.07 Tithi 27 – 28 194411367	<b>Gulika</b> 3:03PM – 4:33PM <b>Yama</b> 12:05PM – 1:34PM <b>Rahu</b> 4:33PM – 6:02PM	<b>Shravana Until 4:30AM Mon</b> Parigha* Until 12:15AM Mon Gara Until 3:23AM Mon <b>Dvadashi* Until 4:25PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:07AM <b>Muruga:</b> Green <i>Sunset:</i> 6:02PM <b>Nataraja:</b> White Moon – Purple <b>Magha-Masi</b>
Creative Work Amrita Yoga Until 4:30AM Mon Then Creative Work - Siddha Yoga				Manmatha 5117 Moon 2 - Phase 44 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
<b>4</b>	<b>Monday, March 7, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Pyinmana, Myanmar Sun 12 Sutra 330
	Makara Rasi: 24.13 Tithi 28 – 29 <b>Family Home Evening</b> 194421367	<b>Gulika</b> 1:34PM – 3:03PM <b>Yama</b> 10:35AM – 12:05PM <b>Rahu</b> 7:36AM – 9:06AM	<b>Dhanishtha Until 2:39AM Tue</b> Shiva Until 9:05PM Visti Until 12:50AM Tue <b>Trayodashi* Until 2:09PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:07AM <b>Muruga:</b> White <i>Sunset:</i> 6:02PM <b>Nataraja:</b> White Moon – Purple <b>Magha-Masi</b>
Creative Work Siddha Yoga Until 2:39AM Tue Then Routine Work - Marana Yoga		<b>Mahasivaratri (Lunar)</b>		Manmatha 5117 Moon 2 - Phase 44 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	<b>Tuesday, March 8, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Pyinmana, Myanmar Sun 13 Sutra 331
	<b>Retreat Star</b> Kumbha Rasi: 8.42 Tithi 29 – 30 194421367	<b>Gulika</b> 12:04PM – 1:34PM <b>Yama</b> 9:05AM – 10:35AM <b>Rahu</b> 3:03PM – 4:33PM	<b>Shatabhishak Until 12:13AM Wed</b> Siddha Until 5:29PM Catuspada Until 9:50PM <b>Chaturdashi* Until 11:22AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:06AM <b>Muruga:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> White Moon – Purple <b>Magha-Masi</b>
Routine Work Marana Yoga Until 12:13AM Wed Then Creative Work - Amrita Yoga				Manmatha 5117 Moon 2 - Phase 44 Amavasya <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
<b>5</b>	<b>Wednesday, March 9, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshthapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Pyinmana, Myanmar Sun 14 Sutra 332
	<b>Retreat Star</b> Kumbha Rasi: 23.29 Tithi 30 – 1 114421367	<b>Gulika</b> 10:34AM – 12:04PM <b>Yama</b> 7:35AM – 9:05AM <b>Rahu</b> 12:04PM – 1:34PM	<b>Purvaproshthapada* Until 9:47PM</b> Sadhya Until 1:39PM Kintughna Until 6:32PM <b>Amavasya* Until 8:11AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:05AM <b>Muruga:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> White Moon – Clear <b>Phalgun-Masi</b>
Creative Work Amrita Yoga Until 9:47PM Then Creative Work - Siddha Yoga		<b>Total Solar Eclipse</b>		Manmatha 5117 Moon 2 - Phase 44 Prathama <b>Bhuloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Thursday, March 10, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau	Pyinmana, Myanmar Sun 15 Sutra 333 Manmatha 5117
	Meena Rasi: 8.27      Tithi 2 114421367 Creative Work    Siddha Yoga	<b>Gulika</b> 9:04AM – 10:34AM <b>Yama</b> 6:05AM – 7:34AM <b>Rahu</b> 1:34PM – 3:03PM	<b>Uttaraproshtapada</b> Until 7:06PM Subha Until 9:40AM Balava Until 3:05PM <b>Dvitiya</b> Until 1:20AM Fri
		<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:05AM <b>Muruga:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> White Moon – Clear	Manmatha 5117 Moon 2 - Phase 45 3rd Phase <b>Bhuloka Day</b>
		<b>Phalguna-Masi</b>	
<b>2</b>	<b>Friday, March 11, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau	Pyinmana, Myanmar Sun 16 Sutra 334 Manmatha 5117
	Meena Rasi: 23.28      Tithi 3 114421367 Creative Work    Siddha Yoga Until 4:19PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:34AM – 9:04AM <b>Yama</b> 3:03PM – 4:33PM <b>Rahu</b> 10:34AM – 12:03PM	<b>Revati</b> Until 4:19PM Brahma Until 1:43AM Sat Taitila Until 11:39AM <b>Tritiya</b> Until 9:58PM
		<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:04AM <b>Muruga:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> White Moon – Clear	Manmatha 5117 Moon 2 - Phase 45 3rd Phase <b>Bhuloka Day</b>
		<b>Phalguna-Masi</b>	
<b>3</b>	<b>Saturday, March 12, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthyam Titau	Pyinmana, Myanmar Sun 17 Sutra 335 Manmatha 5117
	Mesha Rasi: 8.23      Tithi 4 124421367 Creative Work    Siddha Yoga	<b>Gulika</b> 6:03AM – 7:33AM <b>Yama</b> 1:33PM – 3:03PM <b>Rahu</b> 9:03AM – 10:33AM	<b>Ashvini</b> Until 2:00PM Indra Until 10:01PM Vanija Until 8:23AM <b>Chaturthi*</b> Until 6:50PM
		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:03AM <b>Muruga:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> White Moon – White	Manmatha 5117 Moon 2 - Phase 45 3rd Phase <b>Bhuloka Day</b>
		<b>Phalguna-Masi</b>	
<b>4</b>	<b>Sunday, March 13, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Pyinmana, Myanmar Sun 18 Sutra 336 Manmatha 5117
	Mesha Rasi: 23.05      Tithi 5 – 6 124421367 Routine Work    Prabalarishta Yoga Until 11:53AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:03PM – 4:33PM <b>Yama</b> 12:03PM – 1:33PM <b>Rahu</b> 4:33PM – 6:04PM	<b>Bharani</b> Until 11:53AM Vaidhriti* Until 6:37PM Kaulava Until 2:51AM Mon <b>Panchami</b> Until 4:03PM
		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:02AM <b>Muruga:</b> White <i>Sunset:</i> 6:04PM <b>Nataraja:</b> White Moon – White	Manmatha 5117 Moon 2 - Phase 45 3rd Phase <b>Bhuloka Day</b>
		<b>Phalguna-Masi</b>	
<b>5</b>	<b>Monday, March 14, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Pyinmana, Myanmar Sun 19 Sutra 337 Manmatha 5117
	Vrishabha Rasi: 7.3      Tithi 6 – 7 124421367 <b>Family Home Evening</b> Routine Work    Marana Yoga Until 10:04AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:33PM – 3:03PM <b>Yama</b> 10:32AM – 12:03PM <b>Rahu</b> 7:32AM – 9:02AM	<b>Krittika</b> Until 10:04AM Vishkambha* Until 3:37PM Gara Until 12:48AM Tue <b>Shashthi*</b> Until 1:44PM
		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:02AM <b>Muruga:</b> White <i>Sunset:</i> 6:04PM <b>Nataraja:</b> White Moon – White	Manmatha 5117 Moon 2 - Phase 45 3rd Phase <b>Bhuloka Day</b>
		<b>Phalguna-Panguni</b>	
<b>Retreat Star</b>	<b>Tuesday, March 15, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Pyinmana, Myanmar Sun 20 Sutra 338 Manmatha 5117
	Vrishabha Rasi: 21.32      Tithi 7 – 8 135421368 Creative Work    Amrita Yoga Until 9:05AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:02PM – 1:33PM <b>Yama</b> 9:02AM – 10:32AM <b>Rahu</b> 3:03PM – 4:34PM	<b>Rohini</b> Until 9:05AM Priti Until 1:05PM Visti Until 11:21PM <b>Saptami</b> Until 11:59AM
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:01AM <b>Muruga:</b> White <i>Sunset:</i> 6:04PM <b>Nataraja:</b> Clear Moon – Yellow	Manmatha 5117 Moon 2 - Phase 45 Ashtami <b>Devaloka Day</b>
		<b>Phalguna-Panguni</b>	
<b>Retreat Star</b>	<b>Wednesday, March 16, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Pyinmana, Myanmar Sun 21 Sutra 339 Manmatha 5117
	Mithuna Rasi: 5.13      Tithi 8 – 9 135421368 Creative Work    Siddha Yoga	<b>Gulika</b> 10:32AM – 12:02PM <b>Yama</b> 7:31AM – 9:01AM <b>Rahu</b> 12:02PM – 1:33PM	<b>Mrigashira</b> Until 8:33AM Ayushman Until 11:00AM Balava Until 10:31PM <b>Ashtami*</b> Until 10:50AM
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:00AM <b>Muruga:</b> White <i>Sunset:</i> 6:04PM <b>Nataraja:</b> Clear Moon – Yellow	Manmatha 5117 Moon 2 - Phase 45 Navami <b>Devaloka Day</b>
		<b>Phalguna-Panguni</b>	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1</b>	<b>Thursday, March 17, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau	Pyinmana, Myanmar Sun 22 Sutra 340
	Mithuna Rasi: 18.33 Tithi 9 – 10 135421368	<b>Gulika</b> 9:01AM – 10:31AM <b>Yama</b> 5:59AM – 7:30AM <b>Rahu</b> 1:32PM – 3:03PM	<b>Ardra Until 8:29AM</b> Saubhagya Until 9:27AM Taitila Until 10:20PM <b>Navami* Until 10:20AM</b>

Routine Work Marana Yoga  
Until 8:29AM  
Then Creative Work - Amrita Yoga

<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Yellow	<i>Sunrise:</i> 5:59AM <i>Sunset:</i> 6:04PM	Manmatha 5117 Moon 2 - Phase 46 4th Phase
<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>

<b>2</b>	<b>Friday, March 18, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau	Pyinmana, Myanmar Sun 23 Sutra 341
	Kataka Rasi: 1.32 Tithi 10 – 11 145421368	<b>Gulika</b> 7:29AM – 9:00AM <b>Yama</b> 3:03PM – 4:34PM <b>Rahu</b> 10:31AM – 12:01PM	<b>Punarvasu Until 9:20AM</b> Sobhana Until 8:24AM Vanija Until 10:44PM <b>Dashami Until 10:26AM</b>

Creative Work Siddha Yoga  
Until 9:20AM  
Then Routine Work - Marana Yoga

<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Blue	<i>Sunrise:</i> 5:59AM <i>Sunset:</i> 6:04PM	Manmatha 5117 Moon 2 - Phase 46 4th Phase
<b>Phalguna-Panguni</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>3</b>	<b>Saturday, March 19, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Vistil*/Bava Karana Ekadashi/Dvodashyam Titau	Pyinmana, Myanmar Sun 24 Sutra 342
	Kataka Rasi: 14.15 Tithi 11 – 12 145421368	<b>Gulika</b> 5:58AM – 7:29AM <b>Yama</b> 1:32PM – 3:03PM <b>Rahu</b> 8:59AM – 10:30AM	<b>Pushya Until 10:35AM</b> Athiganda* Until 7:46AM Bava Until 11:41PM <b>Ekadashi Until 11:07AM</b>

Creative Work Siddha Yoga  
Until 10:35AM  
Then Routine Work - Marana Yoga

<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Blue	<i>Sunrise:</i> 5:58AM <i>Sunset:</i> 6:05PM	Manmatha 5117 Moon 2 - Phase 46 4th Phase
<b>Phalguna-Panguni</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>4</b>	<b>Sunday, March 20, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau	Pyinmana, Myanmar Sun 25 Sutra 343
	Kataka Rasi: 26.43 Tithi 12 – 13 145421368	<b>Gulika</b> 3:03PM – 4:34PM <b>Yama</b> 12:01PM – 1:32PM <b>Rahu</b> 4:34PM – 6:05PM	<b>Ashlesha* Until 12:11PM</b> Sukarma Until 7:34AM Kaulava Until 1:08AM Mon <b>Dvodashi Until 12:20PM</b>

Creative Work Siddha Yoga  
Until 12:11PM  
Then Routine Work - Marana Yoga

<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Blue	<i>Sunrise:</i> 5:57AM <i>Sunset:</i> 6:05PM	Manmatha 5117 Moon 2 - Phase 46 4th Phase
<b>Phalguna-Panguni</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

*Pradosha Vrata*

<b>5</b>	<b>Monday, March 21, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Pyinmana, Myanmar Sun 26 Sutra 344
	Simha Rasi: 8.59 Tithi 13 – 14 Family Home Evening 155421368	<b>Gulika</b> 1:32PM – 3:03PM <b>Yama</b> 10:29AM – 12:01PM <b>Rahu</b> 7:27AM – 8:58AM	<b>Magha* Until 2:33PM</b> Dhriti Until 7:44AM Gara Until 2:59AM Tue <b>Trayodashi Until 1:59PM</b>


Routine Work Marana Yoga  
Until 2:33PM  
Then Creative Work - Siddha Yoga

<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 5:56AM <i>Sunset:</i> 6:05PM	Manmatha 5117 Moon 2 - Phase 46 4th Phase
<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>

<b>6</b>	<b>Tuesday, March 22, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashy Purnimayam Titau	Pyinmana, Myanmar Sun 27 Sutra 345
	Simha Rasi: 21.06 Tithi 14 – 15 155421368	<b>Gulika</b> 12:00PM – 1:31PM <b>Yama</b> 8:58AM – 10:29AM <b>Rahu</b> 3:03PM – 4:34PM	<b>Purvaphalguni Until 5:06PM</b> Shula* Until 8:10AM Visti Until 5:10AM Wed <b>Chaturdashy* Until 4:01PM</b>

Creative Work Siddha Yoga  
Until 5:06PM  
Then Creative Work - Amrita Yoga

<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 5:55AM <i>Sunset:</i> 6:05PM	Manmatha 5117 Moon 2 - Phase 46 4th Phase
<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>

	<b>Wednesday, March 23, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Bava Karana Purnimayam Titau	Pyinmana, Myanmar Sutra 346
	<b>Copper Retreat Star</b> Kanya Rasi: 3.05 Tithi 15 155421368	<b>Gulika</b> 10:29AM – 12:00PM <b>Yama</b> 7:26AM – 8:57AM <b>Rahu</b> 12:00PM – 1:31PM	<b>Uttaraphalguni Until 7:45PM</b> Ganda* Until 8:51AM Bava Until 6:20PM <b>Purnima* Until 6:20PM</b>

Creative Work Amrita Yoga  
Until 7:45PM  
Then Routine Work - Marana Yoga

<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 5:55AM <i>Sunset:</i> 6:05PM	Manmatha 5117 Moon 2 - Phase 46 Purnima
<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>

**Holi**  
**Panguni Uttiram**  
**Penumbral Lunar Eclipse**

<b>7</b>	<b>Thursday, March 24, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau	Pyinmana, Myanmar Sutra 347
	<b>Silver Retreat Star</b> Kanya Rasi: 14.59 Tithi 16 166421368	<b>Gulika</b> 8:57AM – 10:28AM <b>Yama</b> 5:54AM – 7:25AM <b>Rahu</b> 1:31PM – 3:03PM	<b>Hasta Until 10:55PM</b> Vridhhi Until 9:43AM Balava Until 7:36AM <b>Prathama* Until 8:50PM</b>

Routine Work Marana Yoga  
Until 10:55PM  
Then Creative Work - Siddha Yoga

<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 5:54AM <i>Sunset:</i> 6:05PM	Manmatha 5117 Moon 2 - Phase 46 Prathama
<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda



**Friday, March 25, 2016**  
**Gold Retreat Star**

Kanya Rasi: 26.49      Tithi 17  
166421368  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**      7:25AM – 8:56AM  
**Yama**        3:02PM – 4:34PM  
**Rahu**        10:28AM – 11:59AM

**Chitra Until 1:58AM Sat**  
**Dhruva Until 10:39AM**  
**Taitila Until 10:09AM**  
**Dvitiya Until 11:25PM**

**Ganesha:** Yellow      *Sunrise:* 5:53AM  
**Muruga:** White        *Sunset:* 6:06PM  
**Nataraja:** Clear  
Moon – Green

**Phalguna-Panguni**

Pyinmana, Myanmar  
Sun 1      Sutra 348  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**1**

**Saturday, March 26, 2016**

Tula Rasi: 8.38      Tithi 18  
166421368  
Creative Work    Siddha Yoga  
Until 4:49AM Sun  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visi\* Karana Tritiyayam Titau

**Gulika**      5:52AM – 7:24AM  
**Yama**        1:31PM – 3:02PM  
**Rahu**        8:56AM – 10:27AM

**Svati Until 4:49AM Sun**  
**Vyaghata\* Until 11:37AM**  
**Vanija Until 12:44PM**  
**Tritiya Until 1:58AM Sun**

**Ganesha:** Yellow      *Sunrise:* 5:52AM  
**Muruga:** White        *Sunset:* 6:06PM  
**Nataraja:** Clear  
Moon – Green

**Phalguna-Panguni**

Pyinmana, Myanmar  
Sun 2      Sutra 349  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**2**

**Sunday, March 27, 2016**

Tula Rasi: 20.29      Tithi 19  
176421368  
Routine Work    Marana Yoga  
Until 7:52AM Mon  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika**      3:02PM – 4:34PM  
**Yama**        11:59AM – 1:31PM  
**Rahu**        4:34PM – 6:06PM

**Vishakha Until 7:52AM Mon**  
**Harshana Until 12:33PM**  
**Bava Until 3:13PM**  
**Chaturthi\* Until 4:22AM Mon**

**Ganesha:** Blue        *Sunrise:* 5:52AM  
**Muruga:** White        *Sunset:* 6:06PM  
**Nataraja:** Clear  
Moon – Orange

**Phalguna-Panguni**

Pyinmana, Myanmar  
Sun 3      Sutra 350  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase

**Sivaloka Day**

**3**

**Monday, March 28, 2016**

Vrischika Rasi: 2.23      Tithi 20  
176421368  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 7:52AM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**      1:30PM – 3:02PM  
**Yama**        10:27AM – 11:58AM  
**Rahu**        7:23AM – 8:55AM

**Vishakha Until 7:52AM**  
**Vajra\* Until 1:17PM**  
**Kaulava Until 5:30PM**  
**Panchami Until 6:29AM Tue**

**Ganesha:** Blue        *Sunrise:* 5:51AM  
**Muruga:** White        *Sunset:* 6:06PM  
**Nataraja:** Clear  
Moon – Orange

**Phalguna-Panguni**

Pyinmana, Myanmar  
Sun 4      Sutra 351  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase

**Sivaloka Day**

**4**

**Tuesday, March 29, 2016**

Vrischika Rasi: 14.25      Tithi 20 – 21  
176521368  
Creative Work    Siddha Yoga  
Until 10:27AM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

**Gulika**      11:58AM – 1:30PM  
**Yama**        8:54AM – 10:26AM  
**Rahu**        3:02PM – 4:34PM

**Anuradha Until 10:27AM**  
**Siddhi Until 1:48PM**  
**Gara Until 7:25PM**  
**Panchami Until 6:29AM**

**Ganesha:** Red        *Sunrise:* 5:50AM  
**Muruga:** White        *Sunset:* 6:06PM  
**Nataraja:** Clear  
Moon – Orange

**Phalguna-Panguni**

Pyinmana, Myanmar  
Sun 5      Sutra 352  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**5**

**Wednesday, March 30, 2016**

Vrischika Rasi: 26.36      Tithi 21 – 22  
176521368  
Creative Work    Siddha Yoga  
Until 12:27PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Varyani Yoga Vanija/Visi\* Karana Shashthi/Saplamyam Titau

**Gulika**      10:26AM – 11:58AM  
**Yama**        7:21AM – 8:54AM  
**Rahu**        11:58AM – 1:30PM

**Jyeshtha\* Until 12:27PM**  
**Vyatipata\* Until 1:59PM**  
**Visi Until 8:51PM**  
**Shashthi\* Until 8:11AM**

**Ganesha:** Red        *Sunrise:* 5:49AM  
**Muruga:** White        *Sunset:* 6:06PM  
**Nataraja:** Clear  
Moon – Orange

**Phalguna-Panguni**

Pyinmana, Myanmar  
Sun 6      Sutra 353  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**☾**

**Thursday, March 31, 2016**  
**Retreat Star**

Dhanus Rasi: 9.01      Tithi 22 – 23  
186521368  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Varyani/Parigha\* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

**Gulika**      8:53AM – 10:25AM  
**Yama**        5:49AM – 7:21AM  
**Rahu**        1:30PM – 3:02PM

**Mula\* Until 2:12PM**  
**Varyani Until 1:41PM**  
**Balava Until 9:39PM**  
**Saptami Until 9:19AM**

**Ganesha:** Green      *Sunrise:* 5:49AM  
**Muruga:** White        *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Light Blue

**Phalguna-Panguni**

Pyinmana, Myanmar  
Sun 7      Sutra 354  
Manmatha 5117  
Moon 3 - Phase 47  
Ashtami

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**Friday, April 1, 2016**  
**Retreat Star**

Dhanus Rasi: 21.44      Tithi 23 – 24  
187521368  
Routine Work    Prabalarishta Yoga  
Until 3:07PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**      7:21AM – 8:53AM  
**Yama**        3:02PM – 4:34PM  
**Rahu**        10:25AM – 11:58AM

**Purvashadha\* Until 3:07PM**  
**Parigha\* Until 12:52PM**  
**Taitila Until 9:43PM**  
**Ashtami\* Until 9:46AM**

**Ganesha:** Red        *Sunrise:* 5:49AM  
**Muruga:** White        *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Light Blue

**Phalguna-Panguni**

Pyinmana, Myanmar  
Sun 8      Sutra 355  
Manmatha 5117  
Moon 3 - Phase 47  
Navami

**Devaloka Day**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Saturday, April 2, 2016</b>		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Pynmana, Myanmar Sun 9 Sutra 356	
Makara Rasi: 4.49	Tithi 24 – 25	187521368	<b>Gulika</b> 5:48AM – 7:20AM <b>Yama</b> 1:30PM – 3:02PM <b>Rahu</b> 8:53AM – 10:25AM	<b>Uttarashadha</b> Until 3:07PM Shiva Until 11:26AM Vanija Until 9:00PM <b>Navami*</b> Until 9:26AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:48AM <b>Muruga:</b> White <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 2nd Phase <b>Devaloka Day</b>	
Routine Work Marana Yoga Until 3:07PM Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Sunday, April 3, 2016</b>		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Pynmana, Myanmar Sun 10 Sutra 357	
Makara Rasi: 18.2	Tithi 25 – 26	197521368	<b>Gulika</b> 3:02PM – 4:34PM <b>Yama</b> 11:57AM – 1:29PM <b>Rahu</b> 4:34PM – 6:07PM	<b>Shravana</b> Until 2:39PM Siddha Until 9:22AM Bava Until 7:29PM <b>Dashami</b> Until 8:19AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:47AM <b>Muruga:</b> White <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Clear Moon – Purple <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>	
Creative Work Amrita Yoga Until 2:39PM Then Routine Work - Marana Yoga							
<b>3</b>		<b>Monday, April 4, 2016</b>		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau		Pynmana, Myanmar Sun 11 Sutra 358	
Kumbha Rasi: 2.19	Tithi 26 – 27	197521368	<b>Gulika</b> 1:29PM – 3:02PM <b>Yama</b> 10:24AM – 11:57AM <b>Rahu</b> 7:19AM – 8:51AM	<b>Dhanishtha</b> Until 1:18PM Sadhya Until 6:42AM Taitila Until 3:54AM Tue <b>Ekadashi*</b> Until 6:27AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Clear Moon – Purple <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>	
Family Home Evening Creative Work Siddha Yoga							
<b>4</b>		<b>Tuesday, April 5, 2016</b>		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Pynmana, Myanmar Sun 12 Sutra 359	
Kumbha Rasi: 16.44	Tithi 28	197521368	<b>Gulika</b> 11:56AM – 1:29PM <b>Yama</b> 8:51AM – 10:24AM <b>Rahu</b> 3:02PM – 4:35PM	<b>Shatabhishak</b> Until 11:11AM Sukla Until 11:50PM Gara Until 2:26PM <b>Trayodashi*</b> Until 12:49AM Wed <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Clear Moon – Purple <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>	
Routine Work Marana Yoga							
<b>5</b>		<b>Wednesday, April 6, 2016</b>		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Brahma Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Pynmana, Myanmar Sun 13 Sutra 360	
Meena Rasi: 1.32	Tithi 29	117521368	<b>Gulika</b> 10:23AM – 11:56AM <b>Yama</b> 7:18AM – 8:50AM <b>Rahu</b> 11:56AM – 1:29PM	<b>Purvaproshtapada*</b> Until 8:51AM Brahma Until 7:51PM Visti Until 11:08AM <b>Chaturdashi*</b> Until 9:21PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:45AM <b>Muruga:</b> White <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 2nd Phase <b>Devaloka Day</b>	
Creative Work Amrita Yoga Until 8:51AM Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Thursday, April 7, 2016</b>		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Catuspada/Kintughna* Karana Amavasya/Prathamayam Titau		Pynmana, Myanmar Sun 14 Sutra 361	
Meena Rasi: 16.37	Tithi 30 – 1	118521368	<b>Gulika</b> 8:50AM – 10:23AM <b>Yama</b> 5:44AM – 7:17AM <b>Rahu</b> 1:29PM – 3:02PM	<b>Uttaraproshtapada</b> Until 6:03AM Indra Until 3:41PM Catuspada Until 7:32AM <b>Amavasya*</b> Until 5:38PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:44AM <b>Muruga:</b> White <i>Sunset:</i> 6:08PM <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 Amavasya <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
Creative Work Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, April 8, 2016</b>		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pynmana, Myanmar Sun 15 Sutra 362	
Mesha Rasi: 1.5	Tithi 1 – 2	128521368	<b>Gulika</b> 7:16AM – 8:49AM <b>Yama</b> 3:02PM – 4:35PM <b>Rahu</b> 10:22AM – 11:56AM	<b>Ashvini</b> Until 12:08AM Sat Vaidhrili* Until 11:24AM Balava Until 12:01AM Sat <b>Prathama*</b> Until 1:52PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM <b>Muruga:</b> White <i>Sunset:</i> 6:08PM <b>Nataraja:</b> Clear Moon – White <b>Chaitra-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 Prathama <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
Creative Work Amrita Yoga Until 12:08AM Sat Then Creative Work - Siddha Yoga				Chellappaswami Mahasamadhi			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>	<b>Saturday, April 9, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Pyinmana, Myanmar Sun 16 Sutra 363 Manmatha 5117
	Mesha Rasi: 17.01 Tithi 2 - 3 128521368	<b>Gulika</b> 5:43AM - 7:16AM <b>Yama</b> 1:28PM - 3:02PM <b>Rahu</b> 8:49AM - 10:22AM	<b>Bharani Until 9:22PM</b> Vishkambha* Until 7:13AM Taitila Until 8:26PM <b>Dvitiya Until 10:11AM</b>
	Creative Work Siddha Yoga Until 9:22PM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 6:08PM <b>Nataraja:</b> Clear Moon - White	<b>Chaitra-Panguni</b> <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>2</b>	<b>Sunday, April 10, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau	Pyinmana, Myanmar Sun 17 Sutra 364 Manmatha 5117
	Virshabha Rasi: 2.01 Tithi 3 - 4 128521368	<b>Gulika</b> 3:02PM - 4:35PM <b>Yama</b> 11:55AM - 1:28PM <b>Rahu</b> 4:35PM - 6:08PM	<b>Krittika Until 6:48PM</b> Ayushman Until 11:33PM Visti Until 3:44AM Mon <b>Tritiya Until 6:45AM</b>
	Creative Work Siddha Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 6:08PM <b>Nataraja:</b> Clear Moon - White	<b>Chaitra-Panguni</b> <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>3</b>	<b>Monday, April 11, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau	Pyinmana, Myanmar Sun 18 Manmatha 5117
	Virshabha Rasi: 16.43 Tithi 5 Family Home Evening 138521368	<b>Gulika</b> 1:28PM - 3:01PM <b>Yama</b> 10:21AM - 11:55AM <b>Rahu</b> 7:15AM - 8:48AM	<b>Rohini Until 5:00PM</b> Saubhagya Until 8:18PM Bava Until 2:27PM <b>Panchami Until 1:17AM Tue</b>
	Creative Work Amrita Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> White <i>Sunset:</i> 6:08PM <b>Nataraja:</b> Clear Moon - Yellow	<b>Chaitra-Panguni</b> <b>Devaloka Day</b>

<b>4</b>	<b>Tuesday, April 12, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Pyinmana, Myanmar Sun 19 Manmatha 5117
	Mithuna Rasi: 1 Tithi 6 138521368	<b>Gulika</b> 11:54AM - 1:28PM <b>Yama</b> 8:47AM - 10:21AM <b>Rahu</b> 3:01PM - 4:35PM	<b>Mrigashira Until 3:42PM</b> Sobhana Until 5:37PM Kaulava Until 12:19PM <b>Shashthi* Until 11:30PM</b>
	Creative Work Siddha Yoga Until 3:42PM Then Routine Work - Marana Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> White <i>Sunset:</i> 6:08PM <b>Nataraja:</b> Clear Moon - Yellow	<b>Chaitra-Panguni</b> <b>Devaloka Day</b>

<b>5</b>	<b>Wednesday, April 13, 2016</b>	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau	Pyinmana, Myanmar Sun 20 Durmukha 5118
	Mithuna Rasi: 14.5 Tithi 7 138521368	<b>Gulika</b> 10:21AM - 11:54AM <b>Yama</b> 7:13AM - 8:47AM <b>Rahu</b> 11:54AM - 1:28PM	<b>Ardra Until 2:59PM</b> Athiganda* Until 3:30PM Gara Until 10:55AM <b>Saptami Until 10:29PM</b>
	Creative Work Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> White <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Clear Moon - Yellow	<b>Chaitra-Chaitra</b> <b>Devaloka Day</b>

<b>D</b>	<b>Thursday, April 14, 2016</b>	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau	Pyinmana, Myanmar Sun 21 Durmukha 5118
	<b>Retreat Star</b> Mithuna Rasi: 28.13 Tithi 8 249521368	<b>Gulika</b> 8:47AM - 10:20AM <b>Yama</b> 5:39AM - 7:13AM <b>Rahu</b> 1:28PM - 3:01PM	<b>Punarvasu Until 3:21PM</b> Sukarma Until 2:02PM Visti Until 10:18AM <b>Ashtami* Until 10:16PM</b>
	Creative Work Amrita Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> White <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Clear Moon - Blue	<b>Chaitra-Chaitra</b> <b>Sivaloka Day</b>

<b>D</b>	<b>Friday, April 15, 2016</b>	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau	Pyinmana, Myanmar Sun 22 Durmukha 5118
	<b>Retreat Star</b> Kataka Rasi: 11.11 Tithi 9 249521368	<b>Gulika</b> 7:12AM - 8:46AM <b>Yama</b> 3:01PM - 4:35PM <b>Rahu</b> 10:20AM - 11:54AM	<b>Pushya Until 4:21PM</b> Dhriti Until 1:12PM Balava Until 10:28AM <b>Navami* Until 10:49PM</b>
	Routine Work Marana Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:38AM <b>Muruqa:</b> White <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Clear Moon - Blue	<b>Chaitra-Chaitra</b> <b>Sivaloka Day</b>

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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<b>1</b>	<b>Saturday, April 16, 2016</b>	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mantā Vasara Yuktayam Ashlesha* Magha* Nakshatra Shula* Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Pyinmana, Myanmar Sun 23
	Kataka Rasi: 23.47      Tithi 10 249521368	<b>Gulika</b> 5:38AM – 7:12AM <b>Yama</b> 1:27PM – 3:01PM <b>Rahu</b> 8:46AM – 10:20AM	<b>Ashlesha* Until 5:52PM</b> Shula* Until 12:55PM Taitila Until 11:24AM <b>Dashami Until 12:05AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:38AM <b>Muruga:</b> White <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Clear Moon – Blue <b>Chaitra*Chaitra</b>
Routine Work    Marana Yoga Until 5:52PM Then Creative Work - Amrita Yoga		<b>Sivaloka Day</b> Durmukha 5118 Moon 3 - Phase 1 4th Phase		


<b>2</b>	<b>Sunday, April 17, 2016</b>	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Ganda* Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Pyinmana, Myanmar Sun 24
	Simha Rasi: 6.05      Tithi 11 259521368	<b>Gulika</b> 3:01PM – 4:35PM <b>Yama</b> 11:53AM – 1:27PM <b>Rahu</b> 4:35PM – 6:09PM	<b>Magha* Until 8:18PM</b> Ganda* Until 1:08PM Vanija Until 12:57PM <b>Ekadashi Until 1:54AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:37AM <b>Muruga:</b> White <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Clear Moon – Red <b>Chaitra*Chaitra</b>
Routine Work    Marana Yoga Until 8:18PM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b> Durmukha 5118 Moon 3 - Phase 1 4th Phase		

<b>3</b>	<b>Monday, April 18, 2016</b>	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Pyinmana, Myanmar Sun 25      Sutra 1
	Simha Rasi: 18.11      Tithi 12 Family Home Evening 259521368 Creative Work    Siddha Yoga	<b>Gulika</b> 1:27PM – 3:01PM <b>Yama</b> 10:19AM – 11:53AM <b>Rahu</b> 7:11AM – 8:45AM	<b>Purvaphalguni Until 11:00PM</b> Vriddhi Until 1:44PM Bava Until 3:00PM <b>Dvadashi Until 4:08AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:36AM <b>Muruga:</b> White <i>Sunset:</i> 6:10PM <b>Nataraja:</b> Clear Moon – Red <b>Chaitra*Chaitra</b>
		<b>Devaloka Day</b> Durmukha 5118 Moon 3 - Phase 1 4th Phase		

<b>4</b>	<b>Tuesday, April 19, 2016</b>	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pyinmana, Myanmar Sun 26      Sutra 2
	Kanya Rasi: 0.07      Tithi 13 259521368	<b>Gulika</b> 11:53AM – 1:27PM <b>Yama</b> 8:44AM – 10:19AM <b>Rahu</b> 3:01PM – 4:36PM	<b>Uttaraphalguni Until 1:48AM Wed</b> Dhruva Until 2:33PM Kaulava Until 5:22PM <b>Trayodashi Until 6:37AM Wed</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:36AM <b>Muruga:</b> White <i>Sunset:</i> 6:10PM <b>Nataraja:</b> Clear Moon – Red <b>Chaitra*Chaitra</b>
Creative Work    Amrita Yoga Until 1:48AM Wed Then Routine Work - Marana Yoga		<b>Devaloka Day</b> Durmukha 5118 Moon 3 - Phase 1 4th Phase		

<b>5</b>	<b>Wednesday, April 20, 2016</b>	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Pyinmana, Myanmar Sun 27      Sutra 3
	Kanya Rasi: 11.58      Tithi 13 – 14 269521368	<b>Gulika</b> 10:18AM – 11:53AM <b>Yama</b> 7:09AM – 8:44AM <b>Rahu</b> 11:53AM – 1:27PM	<b>Hasta Until 5:03AM Thu</b> Vyaghata* Until 3:32PM Gara Until 7:55PM <b>Trayodashi Until 6:37AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:35AM <b>Muruga:</b> White <i>Sunset:</i> 6:10PM <b>Nataraja:</b> Clear Moon – Green <b>Chaitra*Chaitra</b>
Routine Work    Marana Yoga Until 5:03AM Thu Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b> Durmukha 5118 Moon 3 - Phase 1 4th Phase		

	<b>Thursday, April 21, 2016</b>	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Pyinmana, Myanmar Sutra 4
	<b>Copper Retreat Star</b> Kanya Rasi: 23.47      Tithi 14 – 15 269521368	<b>Gulika</b> 8:43AM – 10:18AM <b>Yama</b> 5:34AM – 7:09AM <b>Rahu</b> 1:27PM – 3:01PM	<b>Chitra Until 8:08AM Fri</b> Harshana Until 4:35PM Visti Until 10:30PM <b>Chaturdashi* Until 9:11AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:34AM <b>Muruga:</b> White <i>Sunset:</i> 6:10PM <b>Nataraja:</b> Clear Moon – Green <b>Chaitra*Chaitra</b>
Creative Work    Siddha Yoga		<b>Sivaloka Day</b> Durmukha 5118 Moon 3 - Phase 1 Purnima		

	<b>Friday, April 22, 2016</b>	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Pyinmana, Myanmar Sutra 5
	<b>Silver Retreat Star</b> Tula Rasi: 5.37      Tithi 15 – 16 261521368	<b>Gulika</b> 7:08AM – 8:43AM <b>Yama</b> 3:01PM – 4:36PM <b>Rahu</b> 10:18AM – 11:52AM	<b>Chitra Until 8:08AM</b> Vajra* Until 5:33PM Balava Until 1:00AM Sat <b>Purnima* Until 11:44AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:34AM <b>Muruga:</b> White <i>Sunset:</i> 6:11PM <b>Nataraja:</b> Clear Moon – Green <b>Chaitra*Chaitra</b>
Creative Work    Siddha Yoga		<b>Sivaloka Day</b> Durmukha 5118 Moon 3 - Phase 1 Prathama		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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