



**Tuesday, May 5, 2015**  
**Gold Retreat Star**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain  
Sutra 23

Virschika Rasi: 1.32 Tithi 16 – 17  
279979269  
Routine Work Marana Yoga  
Until 9:22AM  
Then Creative Work - Siddha Yoga

**Gulika** 11:35AM – 1:15PM  
**Yama** 8:17AM – 9:56AM  
**Rahu** 2:54PM – 4:33PM

**Vishakha Until 9:22AM**  
Varyan Until 8:16PM  
Taitila Until 7:38PM  
**Prathama\* Until 7:28AM**

**Ganesha:** Blue *Sunrise: 4:59AM*  
**Muruqa:** White *Sunset: 6:12PM*  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Chaitra**

**Devaloka Day**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**1**

**Wednesday, May 6, 2015**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain  
Sutra 24

Virschika Rasi: 14.23 Tithi 17 – 18  
271979269  
Creative Work Siddha Yoga

**Gulika** 9:56AM – 11:35AM  
**Yama** 6:37AM – 8:17AM  
**Rahu** 11:35AM – 1:15PM

**Anuradha Until 10:11AM**  
Parigha\* Until 7:12PM  
Vanija Until 7:36PM  
**Dvitiya Until 7:39AM**

**Ganesha:** Yellow *Sunrise: 4:58AM*  
**Muruqa:** White *Sunset: 6:13PM*  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Chaitra**

**Sivaloka Day**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**2**

**Thursday, May 7, 2015**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthayam Titau

Manama, Bahrain  
Sutra 25

Virschika Rasi: 27.29 Tithi 18 – 19  
271979269  
Routine Work Prabalarishta Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

**Gulika** 8:16AM – 9:56AM  
**Yama** 4:57AM – 6:37AM  
**Rahu** 1:15PM – 2:54PM

**Jyeshtha\* Until 10:24AM**  
Shiva Until 5:47PM  
Bava Until 7:07PM  
**Tritiya Until 7:23AM**

**Ganesha:** Yellow *Sunrise: 4:57AM*  
**Muruqa:** White *Sunset: 6:13PM*  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Chaitra**

**Sivaloka Day**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**3**

**Friday, May 8, 2015**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain  
Sutra 26

Dhanus Rasi: 10.47 Tithi 19 – 20  
281979269  
Creative Work Amrita Yoga  
Until 10:32AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 6:36AM – 8:16AM  
**Yama** 2:55PM – 4:34PM  
**Rahu** 9:56AM – 11:35AM

**Mula\* Until 10:32AM**  
Siddha Until 4:03PM  
Kaulava Until 6:16PM  
**Chaturthi\* Until 6:43AM**

**Ganesha:** White *Sunrise: 4:57AM*  
**Muruqa:** White *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Subha Sivaloka Day**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**4**

**Saturday, May 9, 2015**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain  
Sutra 27

Dhanus Rasi: 24.17 Tithi 21  
281179269  
Creative Work Siddha Yoga  
Until 10:10AM  
Then Routine Work - Marana Yoga

**Gulika** 4:56AM – 6:36AM  
**Yama** 1:15PM – 2:55PM  
**Rahu** 8:16AM – 9:55AM

**Purvashadha\* Until 10:10AM**  
Sadhya Until 2:03PM  
Gara Until 5:04PM  
**Shashthi\* Until 4:19AM Sun**

**Ganesha:** Yellow *Sunrise: 4:56AM*  
**Muruqa:** White *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Sivaloka Day**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

**5**

**Sunday, May 10, 2015**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

Manama, Bahrain  
Sutra 28

Makara Rasi: 7.59 Tithi 22  
281179269  
Creative Work Amrita Yoga

**Gulika** 2:55PM – 4:35PM  
**Yama** 11:35AM – 1:15PM  
**Rahu** 4:35PM – 6:15PM

**Uttarashadha Until 9:20AM**  
Subha Until 11:48AM  
Visti Until 3:32PM  
**Saptami Until 2:39AM Mon**

**Ganesha:** Yellow *Sunrise: 4:55AM*  
**Muruqa:** White *Sunset: 6:15PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Sivaloka Day**

Manmatha 5117  
Moon 4 - Phase 3  
1st Phase

Chidambaram Abhishekam  
Mother's Day

**D**

**Monday, May 11, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain  
Sutra 29

Makara Rasi: 21.52 Tithi 23  
291179269  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 8:29AM  
Then Creative Work - Siddha Yoga

**Gulika** 1:15PM – 2:55PM  
**Yama** 9:55AM – 11:35AM  
**Rahu** 6:35AM – 8:15AM

**Shravana Until 8:29AM**  
Sukla Until 9:17AM  
Balava Until 1:43PM  
**Ashtami\* Until 12:41AM Tue**

**Ganesha:** White *Sunrise: 4:55AM*  
**Muruqa:** White *Sunset: 6:15PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Chaitra**

**Devaloka Day**

Manmatha 5117  
Moon 4 - Phase 3  
Ashtami

**Tuesday, May 12, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain  
Sutra 30

Kumbha Rasi: 5.56 Tithi 24  
291179269  
Creative Work Siddha Yoga  
Until 7:13AM  
Then Routine Work - Marana Yoga

**Gulika** 11:35AM – 1:15PM  
**Yama** 8:15AM – 9:55AM  
**Rahu** 2:56PM – 4:36PM

**Dhanishtha Until 7:13AM**  
Brahma Until 6:33AM  
Taitila Until 11:37AM  
**Navami\* Until 10:28PM**

**Ganesha:** White *Sunrise: 4:54AM*  
**Muruqa:** White *Sunset: 6:16PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Chaitra**

**Devaloka Day**

Manmatha 5117  
Moon 4 - Phase 3  
Navami

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, May 13, 2015</b>	Manmatha Nama Samvatsare Uтарыне Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau	Manama, Bahrain Sutra 31 Manmatha 5117
Kumbha Rasi: 20.1	Tithi 25	<b>Gulika</b> 9:55AM – 11:35AM <b>Yama</b> 6:34AM – 8:14AM <b>Rahu</b> 11:35AM – 1:15PM	<b>Purvaproshtapada* Until 3:57AM Thu</b> <b>Vaidhriti* Until 12:30AM Thu</b> <b>Vanija Until 9:17AM</b> <b>Dashami Until 8:01PM</b>
211179269		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:54AM <b>Muruga:</b> White <i>Sunset:</i> 6:16PM <b>Nataraja:</b> Clear Moon – Clear	<b>Devaloka Day</b>
Creative Work Amrita Yoga Until 3:57AM Thu Then Creative Work - Siddha Yoga		<b>Vaisaka-Chaitra</b>	
<b>2</b>	<b>Thursday, May 14, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau	Manama, Bahrain Sutra 32 Manmatha 5117
Meena Rasi: 4.33	Tithi 26 – 27	<b>Gulika</b> 8:14AM – 9:55AM <b>Yama</b> 4:53AM – 6:34AM <b>Rahu</b> 1:16PM – 2:56PM	<b>Uttaraproshtapada Until 2:06AM Fri</b> <b>Vishkambha* Until 9:16PM</b> <b>Bava Until 6:44AM</b> <b>Ekadashi* Until 5:24PM</b>
211179269		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:53AM <b>Muruga:</b> White <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – Clear	<b>Devaloka Day</b>
Creative Work Siddha Yoga		<b>Vaisaka-Chaitra</b>	
<b>3</b>	<b>Friday, May 15, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Priti/Shiva Yoga Tailila/Gara Karana Dvadashti/Trayodashyam Titau	Manama, Bahrain Sutra 33 Manmatha 5117
Meena Rasi: 19.01	Tithi 27 – 28	<b>Gulika</b> 6:33AM – 8:14AM <b>Yama</b> 2:56PM – 4:37PM <b>Rahu</b> 9:54AM – 11:35AM	<b>Revati Until 12:03AM Sat</b> <b>Priti Until 6:00PM</b> <b>Gara Until 1:23AM Sat</b> <b>Dvadashti* Until 2:42PM</b> <i>Pradosha Vrata (Fasting)</i>
211179269		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:53AM <b>Muruga:</b> White <i>Sunset:</i> 6:18PM <b>Nataraja:</b> Clear Moon – Clear	<b>Devaloka Day</b>
Creative Work Siddha Yoga		<b>Vaisaka-Vaikasi</b>	
<b>4</b>	<b>Saturday, May 16, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Manama, Bahrain Sutra 34 Manmatha 5117
Mesha Rasi: 3.29	Tithi 28 – 29	<b>Gulika</b> 4:52AM – 6:33AM <b>Yama</b> 1:16PM – 2:57PM <b>Rahu</b> 8:14AM – 9:54AM	<b>Ashvini Until 10:20PM</b> <b>Ayushman Until 2:43PM</b> <b>Visti Until 10:45PM</b> <b>Trayodashi* Until 12:02PM</b>
222179269		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:52AM <b>Muruga:</b> White <i>Sunset:</i> 6:18PM <b>Nataraja:</b> Clear Moon – White	<b>Devaloka Day</b>
Creative Work Siddha Yoga		<b>Vaisaka-Vaikasi</b>	
<b>●</b>	<b>Sunday, May 17, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Manama, Bahrain Sutra 35 Manmatha 5117
Mesha Rasi: 17.55	Tithi 29 – 30	<b>Gulika</b> 2:57PM – 4:38PM <b>Yama</b> 11:35AM – 1:16PM <b>Rahu</b> 4:38PM – 6:19PM	<b>Bharani Until 8:41PM</b> <b>Saubhagya Until 11:35AM</b> <b>Catuspada Until 8:19PM</b> <b>Chaturdashi* Until 9:29AM</b>
222179269		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:52AM <b>Muruga:</b> White <i>Sunset:</i> 6:19PM <b>Nataraja:</b> Clear Moon – White	<b>Devaloka Day</b>
Routine Work Prabalarishta Yoga Until 8:41PM Then Creative Work - Siddha Yoga		<b>Vaisaka-Vaikasi</b>	
<b>Monday, May 18, 2015</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sobhana/Alhiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Manama, Bahrain Sutra 36 Manmatha 5117
Vrishabha Rasi: 2.09	Tithi 30 – 1	<b>Gulika</b> 1:16PM – 2:57PM <b>Yama</b> 9:54AM – 11:35AM <b>Rahu</b> 6:32AM – 8:13AM	<b>Krittika Until 7:14PM</b> <b>Sobhana Until 8:41AM</b> <b>Kintughna Until 6:13PM</b> <b>Amavasya* Until 7:12AM</b>
222179269		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:51AM <b>Muruga:</b> White <i>Sunset:</i> 6:19PM <b>Nataraja:</b> Clear Moon – White	<b>Devaloka Day</b>
Routine Work Marana Yoga Until 7:14PM Then Creative Work - Amrita Yoga		<b>Jyeshtha-Vaikasi</b>	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time


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<b>1</b>	<b>Tuesday, May 19, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau			Manama, Bahrain Sutra 37
232179269	232179269	<b>Gulika</b> 11:35AM – 1:16PM <b>Yama</b> 8:13AM – 9:54AM <b>Rahu</b> 2:57PM – 4:39PM	<b>Rohini Until 6:31PM</b> Athiganda* Until 6:05AM Balava Until 4:34PM <b>Dvitiya Until 3:56AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:51AM <b>Muruga:</b> White <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Yellow <b>Jyeshtha-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Devaloka Day</b>
Wrishabha Rasi: 16.09	Tithi 2				
Creative Work Amrita Yoga Until 6:31PM Then Creative Work - Siddha Yoga					
<b>2</b>	<b>Wednesday, May 20, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau			Manama, Bahrain Sutra 38
232179269	232179269	<b>Gulika</b> 9:54AM – 11:35AM <b>Yama</b> 6:31AM – 8:13AM <b>Rahu</b> 11:35AM – 1:16PM	<b>Mrigashira Until 6:15PM</b> Dhriti Until 2:18AM Thu Taitila Until 3:30PM <b>Tritiya Until 3:11AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:50AM <b>Muruga:</b> White <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Yellow <b>Jyeshtha-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Devaloka Day</b>
Wrishabha Rasi: 29.49	Tithi 3				
Creative Work Siddha Yoga					
<b>3</b>	<b>Thursday, May 21, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau			Manama, Bahrain Sutra 39
232179269	232179269	<b>Gulika</b> 8:13AM – 9:54AM <b>Yama</b> 4:50AM – 6:31AM <b>Rahu</b> 1:17PM – 2:58PM	<b>Ardra Until 6:29PM</b> Shula* Until 1:12AM Fri Vanija Until 3:06PM <b>Chaturthi* Until 3:09AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:50AM <b>Muruga:</b> White <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Clear Moon – Yellow <b>Jyeshtha-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Devaloka Day</b>
Mithuna Rasi: 13.08	Tithi 4				
Routine Work Marana Yoga Until 6:29PM Then Creative Work - Amrita Yoga					
<b>4</b>	<b>Friday, May 22, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau			Manama, Bahrain Sutra 40
242179269	242179269	<b>Gulika</b> 6:31AM – 8:12AM <b>Yama</b> 2:58PM – 4:40PM <b>Rahu</b> 9:54AM – 11:35AM	<b>Punarvasu Until 7:45PM</b> Ganda* Until 12:42AM Sat Bava Until 3:25PM <b>Panchami Until 3:50AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:49AM <b>Muruga:</b> White <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Clear Moon – Blue <b>Jyeshtha-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Sivaloka Day</b>
Mithuna Rasi: 26.04	Tithi 5				
Creative Work Siddha Yoga Until 7:45PM Then Routine Work - Marana Yoga					
<b>5</b>	<b>Saturday, May 23, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau			Manama, Bahrain Sutra 41
242179269	242179269	<b>Gulika</b> 4:49AM – 6:31AM <b>Yama</b> 1:17PM – 2:59PM <b>Rahu</b> 8:12AM – 9:54AM	<b>Pushya Until 9:33PM</b> Vriddhi Until 12:45AM Sun Kaulava Until 4:28PM <b>Shashthi* Until 5:13AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:49AM <b>Muruga:</b> White <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Clear Moon – Blue <b>Jyeshtha-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Sivaloka Day</b>
Kataka Rasi: 8.4	Tithi 6				
Creative Work Siddha Yoga Until 9:33PM Then Routine Work - Marana Yoga					
<b>6</b>	<b>Sunday, May 24, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Gara Karana Saptamyam Titau			Manama, Bahrain Sutra 42
242179269	242179269	<b>Gulika</b> 2:59PM – 4:41PM <b>Yama</b> 11:35AM – 1:17PM <b>Rahu</b> 4:41PM – 6:22PM	<b>Ashlesha* Until 11:47PM</b> Dhruva Until 1:14AM Mon Gara Until 6:09PM <b>Saptami Until 7:11AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:49AM <b>Muruga:</b> White <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Clear Moon – Blue <b>Jyeshtha-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 5 3rd Phase <b>Sivaloka Day</b>
Kataka Rasi: 20.57	Tithi 7				
Creative Work Siddha Yoga Until 11:47PM Then Routine Work - Marana Yoga					
<b>Retreat Star</b>	<b>Monday, May 25, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Manama, Bahrain Sutra 43
252179269	252179269	<b>Gulika</b> 1:17PM – 2:59PM <b>Yama</b> 9:54AM – 11:36AM <b>Rahu</b> 6:30AM – 8:12AM	<b>Magha* Until 2:48AM Tue</b> Vyaghata* Until 2:04AM Tue Visti Until 8:20PM <b>Saptami Until 7:11AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:48AM <b>Muruga:</b> White <i>Sunset:</i> 6:23PM <b>Nataraja:</b> Clear Moon – Red <b>Jyeshtha-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 5 Ashtami <b>Devaloka Day</b>
Simha Rasi: 3.01	Tithi 7 – 8				
Family Home Evening Routine Work Marana Yoga Until 2:48AM Tue Then Creative Work - Siddha Yoga					
<b>Retreat Star</b>	<b>Tuesday, May 26, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Manama, Bahrain Sutra 44
352179269	352179269	<b>Gulika</b> 11:36AM – 1:18PM <b>Yama</b> 8:12AM – 9:54AM <b>Rahu</b> 3:00PM – 4:41PM	<b>Purvaphalguni Until 5:51AM Wed</b> Harshana Until 3:07AM Wed Balava Until 10:49PM <b>Ashtami* Until 9:32AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:48AM <b>Muruga:</b> White <i>Sunset:</i> 6:23PM <b>Nataraja:</b> Clear Moon – Red <b>Jyeshtha-Vaikasi</b>	Manmatha 5117 Moon 4 - Phase 5 Navami <b>Sivaloka Day</b>
Simha Rasi: 14.54	Tithi 8 – 9				
Creative Work Siddha Yoga Until 5:51AM Wed Then Creative Work - Amrita Yoga					

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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<b>1</b>	<b>Wednesday, May 27, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Manama, Bahrain Sutra 45
	Simha Rasi: 26.44      Tithi 9 – 10 352179269	<b>Gulika</b> 9:54AM – 11:36AM <b>Yama</b> 6:30AM – 8:12AM <b>Rahu</b> 11:36AM – 1:18PM	<b>Uttaraphalguni Until 8:44AM Thu</b> Vajra* Until 4:07AM Thu Taitila Until 1:20AM Thu <b>Navami* Until 12:04PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:48AM <b>Muruga:</b> White <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Clear Moon – Red <b>Jyeshtha-Vaikasi</b>
Creative Work    Amrita Yoga Until 8:44AM Thu Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>		
<b>2</b>	<b>Thursday, May 28, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Manama, Bahrain Sutra 46
	Kanya Rasi: 8.34      Tithi 10 – 11 352179269	<b>Gulika</b> 8:12AM – 9:54AM <b>Yama</b> 4:47AM – 6:30AM <b>Rahu</b> 1:18PM – 3:00PM	<b>Uttaraphalguni Until 8:44AM</b> Siddhi Until 4:59AM Fri Vanija Until 3:39AM Fri <b>Dashami Until 2:30PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:47AM <b>Muruga:</b> White <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Clear Moon – Red <b>Jyeshtha-Vaikasi</b>
Routine Work    Marana Yoga		<b>Sivaloka Day</b>		
<b>3</b>	<b>Friday, May 29, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Manama, Bahrain Sutra 47
	Kanya Rasi: 20.29      Tithi 11 – 12 363179269	<b>Gulika</b> 6:29AM – 8:12AM <b>Yama</b> 3:00PM – 4:43PM <b>Rahu</b> 9:54AM – 11:36AM	<b>Hasta Until 11:41AM</b> Vyatipata* Until 5:32AM Sat Bava Until 5:33AM Sat <b>Ekadashi Until 4:38PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:47AM <b>Muruga:</b> White <i>Sunset:</i> 6:25PM <b>Nataraja:</b> Clear Moon – Green <b>Jyeshtha-Vaikasi</b>
Creative Work    Amrita Yoga Until 11:41AM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>		
<b>4</b>	<b>Saturday, May 30, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Balava Karana Dvadashyam Titau		Manama, Bahrain Sutra 48
	Tula Rasi: 2.34      Tithi 12 363179269	<b>Gulika</b> 4:47AM – 6:29AM <b>Yama</b> 1:18PM – 3:01PM <b>Rahu</b> 8:12AM – 9:54AM	<b>Chitra Until 2:01PM</b> Variyan Until 5:36AM Sun Balava Until 6:16PM <b>Dvadashi Until 6:16PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:47AM <b>Muruga:</b> White <i>Sunset:</i> 6:25PM <b>Nataraja:</b> Clear Moon – Green <b>Jyeshtha-Vaikasi</b>
Routine Work    Marana Yoga Until 2:01PM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>		
<b>5</b>	<b>Sunday, May 31, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Manama, Bahrain Sutra 49
	Tula Rasi: 14.53      Tithi 13 363179269	<b>Gulika</b> 3:01PM – 4:43PM <b>Yama</b> 11:36AM – 1:19PM <b>Rahu</b> 4:43PM – 6:26PM	<b>Svati Until 3:36PM</b> Parigha* Until 5:12AM Mon Kaulava Until 6:52AM <b>Trayodashi Until 7:17PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:47AM <b>Muruga:</b> White <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Clear Moon – Green <b>Jyeshtha-Vaikasi</b>
Creative Work    Siddha Yoga Until 3:36PM Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>		
<b>6</b>	<b>Monday, June 1, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Manama, Bahrain Sutra 50
	Tula Rasi: 27.3      Tithi 14 373179269	<b>Gulika</b> 1:19PM – 3:01PM <b>Yama</b> 9:54AM – 11:36AM <b>Rahu</b> 6:29AM – 8:11AM	<b>Vishakha Until 4:53PM</b> Shiva Until 4:19AM Tue Gara Until 7:34AM <b>Chaturdashi* Until 7:39PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Clear Moon – Orange <b>Jyeshtha-Vaikasi</b>
Family Home Evening Routine Work    Marana Yoga Until 4:53PM Then Creative Work - Siddha Yoga		<b>Subha Sivaloka Day</b>		
	<b>Tuesday, June 2, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Manama, Bahrain Sutra 51
	<b>Copper Retreat Star</b> Vrischika Rasi: 10.25      Tithi 15 373179269	<b>Gulika</b> 11:37AM – 1:19PM <b>Yama</b> 8:11AM – 9:54AM <b>Rahu</b> 3:02PM – 4:44PM	<b>Anuradha Until 5:23PM</b> Siddha Until 2:55AM Wed Visti Until 7:37AM <b>Purnima* Until 7:23PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Clear Moon – Orange <b>Jyeshtha-Vaikasi</b>
Creative Work    Siddha Yoga Until 5:23PM Then Routine Work - Marana Yoga		<b>Subha Sivaloka Day</b>		
<b>○</b>	<b>Wednesday, June 3, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Manama, Bahrain Sutra 52
	<b>Silver Retreat Star</b> Vrischika Rasi: 23.38      Tithi 16 373279269	<b>Gulika</b> 9:54AM – 11:37AM <b>Yama</b> 6:29AM – 8:11AM <b>Rahu</b> 11:37AM – 1:19PM	<b>Jyeshtha* Until 5:12PM</b> Sadhya Until 1:08AM Thu Balava Until 7:04AM <b>Prathama* Until 6:35PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Clear Moon – Orange <b>Jyeshtha-Vaikasi</b>
Creative Work    Siddha Yoga Until 5:12PM Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>		

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



**Thursday, June 4, 2015**  
**Gold Retreat Star**

Dhanus Rasi: 7.08    Tithi 18 – 19  
383279261  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Subha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain  
Sun 1    Sutra 53  
Manmatha 5117  
Moon 5 - Phase 7  
1st Phase

**Gulika**    8:11AM – 9:54AM    **Mula\* Until 4:53PM**  
**Yama**       4:46AM – 6:29AM    Subha Until 11:01PM  
**Rahu**       1:20PM – 3:02PM    Taitila Until 6:02AM  
Dvitiya Until 5:21PM

**Ganesha:** Blue    *Sunrise:* 4:46AM  
**Muruga:** White    *Sunset:* 6:28PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Devaloka Day**

**1**

**Friday, June 5, 2015**

Dhanus Rasi: 20.51    Tithi 18 – 19  
383279261  
Routine Work    Prabalarishta Yoga  
Until 4:04PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sukla Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain  
Sun 2    Sutra 54  
Manmatha 5117  
Moon 5 - Phase 7  
1st Phase

**Gulika**    6:29AM – 8:11AM    **Purvashadha\* Until 4:04PM**  
**Yama**       3:03PM – 4:45PM    Sukla Until 8:38PM  
**Rahu**       9:54AM – 11:37AM    Bava Until 2:55AM Sat  
Tritiya Until 3:46PM

**Ganesha:** Blue    *Sunrise:* 4:46AM  
**Muruga:** White    *Sunset:* 6:28PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Devaloka Day**

**2**

**Saturday, June 6, 2015**

Makara Rasi: 4.44    Tithi 19 – 20  
383279261  
Routine Work    Marana Yoga  
Until 2:53PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain  
Sun 3    Sutra 55  
Manmatha 5117  
Moon 5 - Phase 7  
1st Phase

**Gulika**    4:46AM – 6:29AM    **Uttarashadha Until 2:53PM**  
**Yama**       1:20PM – 3:03PM    Brahma Until 6:05PM  
**Rahu**       8:12AM – 9:54AM    Kaulava Until 1:01AM Sun  
Chaturthi\* Until 1:58PM

**Ganesha:** Blue    *Sunrise:* 4:46AM  
**Muruga:** White    *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Devaloka Day**

**3**

**Sunday, June 7, 2015**

Makara Rasi: 18.44    Tithi 20 – 21  
393279261  
Creative Work    Amrita Yoga  
Until 1:50PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain  
Sun 4    Sutra 56  
Manmatha 5117  
Moon 5 - Phase 7  
1st Phase

**Gulika**    3:03PM – 4:46PM    **Shravana Until 1:50PM**  
**Yama**       11:37AM – 1:20PM    Indra Until 3:27PM  
**Rahu**       4:46PM – 6:29PM    Gara Until 11:00PM  
Panchami Until 12:00PM

**Ganesha:** Red    *Sunrise:* 4:46AM  
**Muruga:** White    *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Sivaloka Day**

**4**

**Monday, June 8, 2015**

Kumbha Rasi: 2.49    Tithi 21 – 22  
393279261  
**Family Home Evening**  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Manama, Bahrain  
Sun 5    Sutra 57  
Manmatha 5117  
Moon 5 - Phase 7  
1st Phase

**Gulika**    1:21PM – 3:04PM    **Dhanishtha Until 12:33PM**  
**Yama**       9:55AM – 11:38AM    Vaidhriti\* Until 12:42PM  
**Rahu**       6:29AM – 8:12AM    Visti Until 8:55PM  
Shashthi\* Until 9:56AM

**Ganesha:** Red    *Sunrise:* 4:46AM  
**Muruga:** White    *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Sivaloka Day**

**D**

**Tuesday, June 9, 2015**  
**Retreat Star**

Kumbha Rasi: 16.55    Tithi 22 – 23  
393279261  
Routine Work    Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak\*/Purvaprossthapada\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain  
Sun 6    Sutra 58  
Manmatha 5117  
Moon 5 - Phase 7  
Ashtami

**Gulika**    11:38AM – 1:21PM    **Shatabhishak Until 11:05AM**  
**Yama**       8:12AM – 9:55AM    Vishkambha\* Until 9:56AM  
**Rahu**       3:04PM – 4:47PM    Balava Until 6:47PM  
Saptami Until 7:50AM

**Ganesha:** Red    *Sunrise:* 4:46AM  
**Muruga:** White    *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Sivaloka Day**

**Wednesday, June 10, 2015**  
**Retreat Star**

Meena Rasi: 1.02    Tithi 24  
313279261  
Creative Work    Amrita Yoga  
Until 9:52AM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprossthapada\*/Uttaraprossthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain  
Sun 7    Sutra 59  
Manmatha 5117  
Moon 5 - Phase 7  
Navami

**Gulika**    9:55AM – 11:38AM    **Purvaprossthapada\* Until 9:52AM**  
**Yama**       6:29AM – 8:12AM    Priti Until 7:10AM  
**Rahu**       11:38AM – 1:21PM    Taitila Until 4:39PM  
Navami\* Until 3:34AM Thu

**Ganesha:** Clear    *Sunrise:* 4:46AM  
**Muruga:** White    *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Clear  
**Jyeshtha-Vaikasi**

**Sivaloka Day**

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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<b>1</b>	<b>Thursday, June 11, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau	Manama, Bahrain Sun 8 Sutra 60 Manmatha 5117 Moon 5 - Phase 8 2nd Phase
Meena Rasi: 15.1	Tithi 25	<b>Gulika</b> 8:12AM – 9:55AM <b>Yama</b> 4:46AM – 6:29AM <b>Rahu</b> 1:21PM – 3:04PM	<b>Uttaraproshtapada</b> Until 8:31AM Saubhagya Until 1:36AM Fri Vanija Until 2:31PM Dashami Until 1:27AM Fri
Creative Work Siddha Yoga	313279261	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Clear Moon – Clear	<b>Jyeshtha-Vaikasi</b> <b>Sivaloka Day</b>
<b>2</b>	<b>Friday, June 12, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau	Manama, Bahrain Sun 9 Sutra 61 Manmatha 5117 Moon 5 - Phase 8 2nd Phase
Meena Rasi: 29.17	Tithi 26	<b>Gulika</b> 6:29AM – 8:12AM <b>Yama</b> 3:05PM – 4:48PM <b>Rahu</b> 9:55AM – 11:38AM	<b>Revati</b> Until 7:03AM Sobhana Until 10:53PM Bava Until 12:25PM Ekadashi* Until 11:23PM
Creative Work Siddha Yoga Until 7:03AM Then Creative Work - Amrita Yoga	313279261	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Clear Moon – Clear	<b>Jyeshtha-Vaikasi</b> <b>Sivaloka Day</b>
<b>3</b>	<b>Saturday, June 13, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Manama, Bahrain Sun 10 Sutra 62 Manmatha 5117 Moon 5 - Phase 8 2nd Phase
Mesha Rasi: 13.21	Tithi 27	<b>Gulika</b> 4:46AM – 6:29AM <b>Yama</b> 1:22PM – 3:05PM <b>Rahu</b> 8:12AM – 9:55AM	<b>Bharani</b> Until 4:49AM Sun Athiganda* Until 8:14PM Kaulava Until 10:25AM Dvadashi* Until 9:26PM
Creative Work Siddha Yoga	324279261	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Clear Moon – White	<b>Jyeshtha-Vaikasi</b> <b>Sivaloka Day</b>
<b>4</b>	<b>Sunday, June 14, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau	Manama, Bahrain Sun 11 Sutra 63 Manmatha 5117 Moon 5 - Phase 8 2nd Phase
Mesha Rasi: 27.2	Tithi 28	<b>Gulika</b> 3:05PM – 4:48PM <b>Yama</b> 11:39AM – 1:22PM <b>Rahu</b> 4:48PM – 6:32PM	<b>Krittika</b> Until 3:46AM Mon Sukarma Until 5:45PM Gara Until 8:32AM Trayodashi* Until 7:40PM <i>Pradosha Vrata (Fasting)</i>
Creative Work Siddha Yoga Until 3:46AM Mon Then Creative Work - Amrita Yoga	324279261	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Clear Moon – White	<b>Jyeshtha-Vaikasi</b> <b>Sivaloka Day</b>
<b>5</b>	<b>Monday, June 15, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Manama, Bahrain Sun 12 Sutra 64 Manmatha 5117 Moon 5 - Phase 8 2nd Phase
Vrishabha Rasi: 11.11	Tithi 29	<b>Gulika</b> 1:22PM – 3:05PM <b>Yama</b> 9:56AM – 11:39AM <b>Rahu</b> 6:29AM – 8:12AM	<b>Rohini</b> Until 3:19AM Tue Dhriti Until 3:30PM Visti Until 6:54AM Chaturdashi* Until 6:11PM
Creative Work Amrita Yoga Until 3:19AM Tue Then Creative Work - Siddha Yoga	334279261	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Jyeshtha-Ani</b> <b>Sivaloka Day</b>
<b>Retreat Star</b>	<b>Tuesday, June 16, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau	Manama, Bahrain Sun 13 Sutra 65 Manmatha 5117 Moon 5 - Phase 8 Amavasya
Vrishabha Rasi: 24.5	Tithi 30 – 1	<b>Gulika</b> 11:39AM – 1:22PM <b>Yama</b> 8:13AM – 9:56AM <b>Rahu</b> 3:06PM – 4:49PM	<b>Mrigashira</b> Until 3:08AM Wed Shula* Until 1:31PM Kintughna Until 4:43AM Wed Amavasya* Until 5:04PM
Creative Work Siddha Yoga	334279261	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:46AM <b>Muruga:</b> White <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Jyeshtha-Ani</b> <b>Sivaloka Day</b>
<b>Retreat Star</b>	<b>Wednesday, June 17, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Manama, Bahrain Sun 14 Sutra 66 Manmatha 5117 Moon 5 - Phase 8 Prathama
Mithuna Rasi: 8.14	Tithi 1 – 2	<b>Gulika</b> 9:56AM – 11:39AM <b>Yama</b> 6:30AM – 8:13AM <b>Rahu</b> 11:39AM – 1:23PM	<b>Ardra</b> Until 3:20AM Thu Ganda* Until 11:56AM Balava Until 4:22AM Thu Prathama* Until 4:27PM
Creative Work Siddha Yoga Until 3:20AM Thu Then Creative Work - Amrita Yoga	334289261	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:46AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Ashada Adhika-Ani</b> <b>Devaloka Day</b>

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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<b>1</b>	<b>Thursday, June 18, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 15 Sutra 67
	Mithuna Rasi: 21.21	Tithi 2 - 3	<b>Gulika</b> 8:13AM - 9:56AM <b>Yama</b> 4:46AM - 6:30AM <b>Rahu</b> 1:23PM - 3:06PM	<b>Punarvasu</b> Until 4:26AM Fri Vriddhi Until 10:49AM Taitila Until 4:38AM Fri <b>Dvitiya</b> Until 4:24PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue	<b>Sunrise:</b> 4:46AM <b>Sunset:</b> 6:33PM	Manmatha 5117 Moon 5 - Phase 9 3rd Phase
Creative Work Amrita Yoga Until 4:26AM Fri Then Routine Work - Marana Yoga				<b>Ashada Adhika-Ani</b>		<b>Devaloka Day</b>	
<b>2</b>	<b>Friday, June 19, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Manama, Bahrain Sun 16 Sutra 68
	Kataka Rasi: 4.09	Tithi 3 - 4	<b>Gulika</b> 6:30AM - 8:13AM <b>Yama</b> 3:06PM - 4:50PM <b>Rahu</b> 9:56AM - 11:40AM	<b>Pushya</b> Until 6:00AM Sat Dhruva Until 10:09AM Vanija Until 5:33AM Sat <b>Tritiya</b> Until 5:00PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 6:33PM	Manmatha 5117 Moon 5 - Phase 9 3rd Phase
Routine Work Marana Yoga				<b>Ashada Adhika-Ani</b>		<b>Devaloka Day</b>	
<b>3</b>	<b>Saturday, June 20, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Chaturthyam Titau				Manama, Bahrain Sun 17 Sutra 69
	Kataka Rasi: 16.39	Tithi 4	<b>Gulika</b> 4:47AM - 6:30AM <b>Yama</b> 1:23PM - 3:07PM <b>Rahu</b> 8:13AM - 9:57AM	<b>Pushya</b> Until 6:00AM Vyaghata* Until 10:01AM Visti Until 6:13PM <b>Chaturthi*</b> Until 6:13PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 6:33PM	Manmatha 5117 Moon 5 - Phase 9 3rd Phase
Creative Work Siddha Yoga Until 6:00AM Then Routine Work - Marana Yoga				<b>Ashada Adhika-Ani</b>		<b>Devaloka Day</b>	
<b>4</b>	<b>Sunday, June 21, 2015</b>		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 70
	Kataka Rasi: 28.53	Tithi 5	<b>Gulika</b> 3:07PM - 4:50PM <b>Yama</b> 11:40AM - 1:24PM <b>Rahu</b> 4:50PM - 6:34PM	<b>Ashlesha*</b> Until 8:00AM Harshana Until 10:22AM Bava Until 7:05AM <b>Panchami</b> Until 8:02PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 6:34PM	Manmatha 5117 Moon 5 - Phase 9 3rd Phase
Creative Work Siddha Yoga Until 8:00AM Then Routine Work - Marana Yoga		<b>Father's Day</b>		<b>Ashada Adhika-Ani</b>		<b>Devaloka Day</b>	
<b>5</b>	<b>Monday, June 22, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Manama, Bahrain Sun 19 Sutra 71
	Simha Rasi: 10.55	Tithi 6	<b>Gulika</b> 1:24PM - 3:07PM <b>Yama</b> 9:57AM - 11:40AM <b>Rahu</b> 6:30AM - 8:14AM	<b>Magha*</b> Until 10:50AM Vajra* Until 11:04AM Kaulava Until 9:08AM <b>Shashthi*</b> Until 10:16PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 6:34PM	Manmatha 5117 Moon 5 - Phase 9 3rd Phase
Family Home Evening Routine Work Marana Yoga Until 10:50AM Then Creative Work - Siddha Yoga				<b>Ashada Adhika-Ani</b>		<b>Sivaloka Day</b>	
<b>6</b>	<b>Tuesday, June 23, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saplamyam Titau				Manama, Bahrain Sun 20 Sutra 72
	Simha Rasi: 22.48	Tithi 7	<b>Gulika</b> 11:41AM - 1:24PM <b>Yama</b> 8:14AM - 9:57AM <b>Rahu</b> 3:07PM - 4:51PM	<b>Purvaphalguni</b> Until 1:49PM Siddhi Until 12:03PM Gara Until 11:32AM <b>Saptami</b> Until 12:46AM Wed	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 6:34PM	Manmatha 5117 Moon 5 - Phase 9 3rd Phase
Creative Work Siddha Yoga Until 1:49PM Then Creative Work - Amrita Yoga				<b>Ashada Adhika-Ani</b>		<b>Sivaloka Day</b>	
<b>☽</b>	<b>Wednesday, June 24, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashlamyam Titau				Manama, Bahrain Sun 21 Sutra 73
	<b>Retreat Star</b>		<b>Gulika</b> 9:58AM - 11:41AM <b>Yama</b> 6:31AM - 8:14AM <b>Rahu</b> 11:41AM - 1:24PM	<b>Uttaraphalguni</b> Until 4:44PM Vyatipata* Until 1:07PM Visti Until 2:03PM <b>Ashtami*</b> Until 3:15AM Thu	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 4:48AM <b>Sunset:</b> 6:34PM	Manmatha 5117 Moon 5 - Phase 9 Ashtami
Kanya Rasi: 4.37		Tithi 8	<b>Chidambaram Abhishekam</b>		<b>Ashada Adhika-Ani</b>		<b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 4:44PM Then Routine Work - Marana Yoga							
<b>☽</b>	<b>Thursday, June 25, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain Sun 22 Sutra 74
	<b>Retreat Star</b>		<b>Gulika</b> 8:14AM - 9:58AM <b>Yama</b> 4:48AM - 6:31AM <b>Rahu</b> 1:24PM - 3:08PM	<b>Hasta</b> Until 7:50PM Variyan Until 2:05PM Balava Until 4:26PM <b>Navami*</b> Until 5:28AM Fri	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Green	<b>Sunrise:</b> 4:48AM <b>Sunset:</b> 6:34PM	Manmatha 5117 Moon 5 - Phase 9 Navami
Kanya Rasi: 16.27		Tithi 9			<b>Ashada Adhika-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 7:50PM Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>	<b>Friday, June 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha/Shiva Yoga Taitila Karana Dashamyam Titau	Manama, Bahrain Sun 23 Sutra 75
	Kanya Rasi: 28.24      Tithi 10 365289261	<b>Gulika</b> 6:31AM – 8:15AM <b>Yama</b> 3:08PM – 4:51PM <b>Rahu</b> 9:58AM – 11:41AM	<b>Chitra Until 10:22PM</b> Parigha* Until 2:46PM Taitila Until 6:26PM <b>Dashami Until 7:12AM Sat</b>

<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:48AM	Manmatha 5117
<b>Muruga:</b> Yellow <i>Sunset:</i> 6:34PM	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	4th Phase
Moon – Green	<b>Bhuloka Day</b>
<b>Ashada Adhika-Ani</b>	Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Saturday, June 27, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Manama, Bahrain Sun 24 Sutra 76
	Tula Rasi: 10.32      Tithi 10 – 11 365289261	<b>Gulika</b> 4:48AM – 6:32AM <b>Yama</b> 1:25PM – 3:08PM <b>Rahu</b> 8:15AM – 9:58AM	<b>Svati Until 12:09AM Sun</b> Shiva Until 3:02PM Vanija Until 7:51PM <b>Dashami Until 7:12AM</b>

<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:48AM	Manmatha 5117
<b>Muruga:</b> Yellow <i>Sunset:</i> 6:35PM	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	4th Phase
Moon – Green	<b>Bhuloka Day</b>
<b>Ashada Adhika-Ani</b>	Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Sunday, June 28, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau	Manama, Bahrain Sun 25 Sutra 77
	Tula Rasi: 22.58      Tithi 11 – 12 375389261	<b>Gulika</b> 3:08PM – 4:51PM <b>Yama</b> 11:42AM – 1:25PM <b>Rahu</b> 4:51PM – 6:35PM	<b>Vishakha Until 1:32AM Mon</b> Siddha Until 2:44PM Bava Until 8:33PM <b>Ekadashi Until 8:16AM</b>


<b>Ganesha:</b> White <i>Sunrise:</i> 4:49AM	Manmatha 5117
<b>Muruga:</b> Yellow <i>Sunset:</i> 6:35PM	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	4th Phase
Moon – Orange	<b>Sivaloka Day</b>
<b>Ashada Adhika-Ani</b>	

<b>4</b>	<b>Monday, June 29, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Manama, Bahrain Sun 26 Sutra 78
	Vrischika Rasi: 5.43      Tithi 12 – 13 375389261	<b>Gulika</b> 1:25PM – 3:08PM <b>Yama</b> 9:59AM – 11:42AM <b>Rahu</b> 6:32AM – 8:15AM	<b>Anuradha Until 2:02AM Tue</b> Sadhya Until 1:52PM Kaulava Until 8:29PM <b>Dvadashi Until 8:35AM</b> <i>Pradosha Vrata</i>

<b>Ganesha:</b> White <i>Sunrise:</i> 4:49AM	Manmatha 5117
<b>Muruga:</b> Yellow <i>Sunset:</i> 6:35PM	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	4th Phase
Moon – Orange	<b>Sivaloka Day</b>
<b>Ashada Adhika-Ani</b>	

<b>5</b>	<b>Tuesday, June 30, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Manama, Bahrain Sun 27 Sutra 79
	Vrischika Rasi: 18.51      Tithi 13 – 14 375389261	<b>Gulika</b> 11:42AM – 1:25PM <b>Yama</b> 8:16AM – 9:59AM <b>Rahu</b> 3:08PM – 4:52PM	<b>Jyeshtha* Until 1:41AM Wed</b> Subha Until 12:25PM Gara Until 7:43PM <b>Trayodashi Until 8:10AM</b>

<b>Ganesha:</b> White <i>Sunrise:</i> 4:49AM	Manmatha 5117
<b>Muruga:</b> Yellow <i>Sunset:</i> 6:35PM	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	4th Phase
Moon – Orange	<b>Sivaloka Day</b>
<b>Ashada Adhika-Ani</b>	

	<b>Wednesday, July 1, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau	Manama, Bahrain Sutra 80
	<b>Copper Retreat Star</b>	Dhanus Rasi: 2.21      Tithi 14 – 15 385389261	<b>Gulika</b> 9:59AM – 11:42AM <b>Yama</b> 6:33AM – 8:16AM <b>Rahu</b> 11:42AM – 1:25PM

<b>Mula* Until 1:03AM Thu</b> Sukla Until 10:25AM Vistil Until 6:19PM <b>Chaturdashi* Until 7:04AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:50AM	Manmatha 5117
	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:35PM	Moon 5 - Phase 10
	<b>Nataraja:</b> Clear	Purnima
	Moon – Light Blue	<b>Devaloka Day</b>
	<b>Ashada Adhika-Ani</b>	

<b>Thursday, July 2, 2015</b>	<b>Silver Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau	Manama, Bahrain Sutra 81
	Dhanus Rasi: 16.12      Tithi 16 385389261	<b>Gulika</b> 8:16AM – 9:59AM <b>Yama</b> 4:50AM – 6:33AM <b>Rahu</b> 1:26PM – 3:09PM	<b>Purvashadha* Until 11:48PM</b> Brahma Until 7:59AM Balava Until 4:25PM <b>Prathama* Until 3:17AM Fri</b>

<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:50AM	Manmatha 5117
<b>Muruga:</b> Yellow <i>Sunset:</i> 6:35PM	Moon 5 - Phase 10
<b>Nataraja:</b> Clear	Prathama
Moon – Light Blue	<b>Devaloka Day</b>
<b>Ashada Adhika-Ani</b>	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda





**Friday, July 3, 2015**  
**Gold Retreat Star**

Makara Rasi: 0.2      Tithi 17  
396389261  
Routine Work      Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam      Manama, Bahrain  
Uttarashadha Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau      Sutra 82  
**Gulika**      6:34AM – 8:17AM      **Uttarashadha Until 10:05PM**      **Ganesha:** Yellow      *Sunrise:* 4:50AM      Manmatha 5117  
**Yama**      3:09PM – 4:52PM      **Vaidhriti\* Until 2:10AM Sat**      **Muruga:** Yellow      *Sunset:* 6:35PM      Moon 6 - Phase 11  
**Rahu**      10:00AM – 11:43AM      **Taitila Until 2:08PM**      **Nataraja:** Clear      1st Phase  
**Dvitiya Until 12:53AM Sat**      **Moon – Light Blue**      **Devaloka Day**  
**Ashada Adhika-Ani**

**1 Saturday, July 4, 2015**

Makara Rasi: 14.39      Tithi 18  
396389261  
Creative Work      Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam      Manama, Bahrain  
Shravana Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau      Sun 1      Sutra 83  
**Gulika**      4:51AM – 6:34AM      **Shravana Until 8:27PM**      **Ganesha:** Yellow      *Sunrise:* 4:51AM      Manmatha 5117  
**Yama**      1:26PM – 3:09PM      **Vishkambha\* Until 11:00PM**      **Muruga:** Yellow      *Sunset:* 6:35PM      Moon 6 - Phase 11  
**Rahu**      8:17AM – 10:00AM      **Vanija Until 11:37AM**      **Nataraja:** Clear      1st Phase  
**Tritiya Until 10:18PM**      **Moon – Purple**      **Devaloka Day**  
**Ashada Adhika-Ani**

**2 Sunday, July 5, 2015**

Makara Rasi: 29.04      Tithi 19  
396389261  
Routine Work      Marana Yoga  
Until 6:38PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam      Manama, Bahrain  
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau      Sun 2      Sutra 84  
**Gulika**      3:09PM – 4:52PM      **Dhanishtha Until 6:38PM**      **Ganesha:** Yellow      *Sunrise:* 4:51AM      Manmatha 5117  
**Yama**      11:43AM – 1:26PM      **Priti Until 7:50PM**      **Muruga:** Yellow      *Sunset:* 6:35PM      Moon 6 - Phase 11  
**Rahu**      4:52PM – 6:35PM      **Bava Until 9:01AM**      **Nataraja:** Clear      1st Phase  
**Chaturthi\* Until 7:41PM**      **Moon – Purple**      **Devaloka Day**  
**Ashada Adhika-Ani**

**3 Monday, July 6, 2015**

Kumbha Rasi: 13.28      Tithi 20 – 21  
396389261  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 4:44PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam      Manama, Bahrain  
Shalabhishak/Purvaprossthapada\* Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau      Sun 3      Sutra 85  
**Gulika**      1:26PM – 3:09PM      **Shatabhishak Until 4:44PM**      **Ganesha:** Yellow      *Sunrise:* 4:52AM      Manmatha 5117  
**Yama**      10:00AM – 11:43AM      **Ayushman Until 4:40PM**      **Muruga:** Yellow      *Sunset:* 6:35PM      Moon 6 - Phase 11  
**Rahu**      6:35AM – 8:17AM      **Kaulava Until 6:24AM**      **Nataraja:** Clear      1st Phase  
**Panchami Until 5:07PM**      **Moon – Purple**      **Devaloka Day**  
**Ashada Adhika-Ani**

**4 Tuesday, July 7, 2015**

Kumbha Rasi: 27.49      Tithi 21 – 22  
416389261  
Routine Work      Marana Yoga  
Until 3:15PM  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam      Manama, Bahrain  
Purvaprossthapada\*Uttaraprossthapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau      Sun 4      Sutra 86  
**Gulika**      11:43AM – 1:26PM      **Purvaprossthapada\* Until 3:15PM**      **Ganesha:** Purple      *Sunrise:* 4:52AM      Manmatha 5117  
**Yama**      8:18AM – 10:01AM      **Saubhagya Until 1:38PM**      **Muruga:** Yellow      *Sunset:* 6:35PM      Moon 6 - Phase 11  
**Rahu**      3:09PM – 4:52PM      **Visti Until 1:34AM Wed**      **Nataraja:** Clear      1st Phase  
**Shashthi\* Until 2:42PM**      **Moon – Clear**      **Bhuloka Day**  
**Ashada Adhika-Ani**      **Devaloka Time: 3:PM to 6:PM**

**Wednesday, July 8, 2015**  
**Retreat Star**

Meena Rasi: 12.03      Tithi 22 – 23  
416389261  
Creative Work      Siddha Yoga  
Until 1:49PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam      Manama, Bahrain  
Uttaraprossthapada/Revati Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau      Sun 5      Sutra 87  
**Gulika**      10:01AM – 11:44AM      **Uttaraprossthapada Until 1:49PM**      **Ganesha:** Purple      *Sunrise:* 4:52AM      Manmatha 5117  
**Yama**      6:35AM – 8:18AM      **Sobhana Until 10:47AM**      **Muruga:** Yellow      *Sunset:* 6:35PM      Moon 6 - Phase 11  
**Rahu**      11:44AM – 1:26PM      **Balava Until 11:27PM**      **Nataraja:** Clear      Ashtami  
**Saptami Until 12:28PM**      **Moon – Clear**      **Bhuloka Day**  
**Ashada Adhika-Ani**      **Devaloka Time: 3:PM to 6:PM**

**Thursday, July 9, 2015**  
**Retreat Star**

Meena Rasi: 26.08      Tithi 23 – 24  
416389261  
Creative Work      Siddha Yoga  
Until 12:28PM  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam      Manama, Bahrain  
Revati/Ashvini Nakshatra Athiganda\*/Sukarna Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau      Sun 6      Sutra 88  
**Gulika**      8:18AM – 10:01AM      **Revati Until 12:28PM**      **Ganesha:** Purple      *Sunrise:* 4:53AM      Manmatha 5117  
**Yama**      4:53AM – 6:36AM      **Athiganda\* Until 8:05AM**      **Muruga:** Yellow      *Sunset:* 6:34PM      Moon 6 - Phase 11  
**Rahu**      1:26PM – 3:09PM      **Taitila Until 9:33PM**      **Nataraja:** Clear      Navami  
**Ashtami\* Until 10:27AM**      **Moon – Clear**      **Bhuloka Day**  
**Ashada Adhika-Ani**      **Devaloka Time: 3:PM to 6:PM**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>	<b>Friday, July 10, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Manama, Bahrain Sun 7 Sutra 89 Manmatha 5117
	Mesha Rasi: 10.04 Tithi 24 – 25 426389261	<b>Gulika</b> 6:36AM – 8:19AM <b>Yama</b> 3:09PM – 4:52PM <b>Rahu</b> 10:01AM – 11:44AM	<b>Ashvini Until 11:39AM</b> Dhriti Until 3:19AM Sat Vanija Until 7:55PM <b>Navami* Until 8:41AM</b>
	Creative Work Amrita Yoga Until 11:39AM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Clear Moon – White	<b>Devaloka Day</b> <b>Ashada Adhika-Ani</b>
<b>2</b>	<b>Saturday, July 11, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Manama, Bahrain Sun 8 Sutra 90 Manmatha 5117
	Mesha Rasi: 23.5 Tithi 25 – 26 426389261	<b>Gulika</b> 4:54AM – 6:36AM <b>Yama</b> 1:26PM – 3:09PM <b>Rahu</b> 8:19AM – 10:01AM	<b>Bharani Until 10:56AM</b> Shula* Until 1:13AM Sun Bava Until 6:31PM <b>Dashami Until 7:10AM</b>
	Creative Work Siddha Yoga Until 10:56AM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:54AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Clear Moon – White	<b>Devaloka Day</b> <b>Ashada Adhika-Ani</b>
<b>3</b>	<b>Sunday, July 12, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Kaulava/Tailita Karana Dvadashyam Titau	Manama, Bahrain Sun 9 Sutra 91 Manmatha 5117
	Virshabha Rasi: 7.28 Tithi 27 427389261	<b>Gulika</b> 3:09PM – 4:51PM <b>Yama</b> 11:44AM – 1:27PM <b>Rahu</b> 4:51PM – 6:34PM	<b>Krittika Until 10:21AM</b> Ganda* Until 11:23PM Kaulava Until 5:25PM <b>Dvadashi* Until 4:58AM Mon</b>
	Creative Work Siddha Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 4:54AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Clear Moon – White	<b>Sivaloka Day</b> <b>Ashada Adhika-Ani</b>
<b>4</b>	<b>Monday, July 13, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Manama, Bahrain Sun 10 Sutra 92 Manmatha 5117
	Virshabha Rasi: 20.54 Tithi 28 <b>Family Home Evening</b> 437389261	<b>Gulika</b> 1:27PM – 3:09PM <b>Yama</b> 10:02AM – 11:44AM <b>Rahu</b> 6:37AM – 8:19AM	<b>Rohini Until 10:21AM</b> Vriddhi Until 9:49PM Gara Until 4:37PM <b>Trayodashi* Until 4:21AM Tue</b> <i>Pradosha Vrata (Fasting)</i>
	Creative Work Amrita Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:55AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b> <b>Ashada Adhika-Ani</b>
<b>5</b>	<b>Tuesday, July 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Manama, Bahrain Sun 11 Sutra 93 Manmatha 5117
	Mithuna Rasi: 4.1 Tithi 29 437389261	<b>Gulika</b> 11:44AM – 1:27PM <b>Yama</b> 8:20AM – 10:02AM <b>Rahu</b> 3:09PM – 4:51PM	<b>Mrigashira Until 10:33AM</b> Dhruva Until 8:31PM Visti Until 4:12PM <b>Chaturdashi* Until 4:08AM Wed</b>
	Creative Work Siddha Yoga Until 10:33AM Then Routine Work - Marana Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:55AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b> <b>Ashada Adhika-Ani</b>
<b>Retreat Star</b>	<b>Wednesday, July 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Manama, Bahrain Sun 12 Sutra 94 Manmatha 5117
	Mithuna Rasi: 17.13 Tithi 30 437389261	<b>Gulika</b> 10:02AM – 11:44AM <b>Yama</b> 6:38AM – 8:20AM <b>Rahu</b> 11:44AM – 1:27PM	<b>Ardra Until 11:01AM</b> Vyaghata* Until 7:36PM Catuspada Until 4:12PM <b>Amavasya* Until 4:22AM Thu</b>
	Creative Work Siddha Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:56AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b> <b>Ashada Adhika-Ani</b>
<b>Retreat Star</b>	<b>Thursday, July 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau	Manama, Bahrain Sun 13 Sutra 95 Manmatha 5117
	Kataka Rasi: 0.01 Tithi 1 447389261	<b>Gulika</b> 8:20AM – 10:02AM <b>Yama</b> 4:56AM – 6:38AM <b>Rahu</b> 1:27PM – 3:09PM	<b>Punarvasu Until 12:15PM</b> Harshana Until 7:05PM Kintughna Until 4:42PM <b>Prathama* Until 5:08AM Fri</b>
	Creative Work Amrita Yoga	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:56AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Clear Moon – Blue	<b>Devaloka Day</b> <b>Ashada-Ani</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Friday, July 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Manama, Bahrain Sun 14 Sutra 96
	Kataka Rasi: 12.35      Tithi 2	<b>Gulika</b> 6:39AM – 8:21AM <b>Pushya</b> <b>Until 1:51PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:57AM      Manmatha 5117
	447389262	<b>Yama</b> 3:09PM – 4:51PM <b>Vajra*</b> <b>Until 6:58PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:33PM      Moon 6 - Phase 13
	Routine Work      Marana Yoga	<b>Rahu</b> 10:03AM – 11:45AM <b>Balava</b> <b>Until 5:44PM</b>	<b>Nataraja:</b> Purple      Moon – Blue      3rd Phase
		<b>Dvitiya</b> <b>Until 6:26AM Sat</b>	<b>Ashada-Adi</b> <b>Sivaloka Day</b>

<b>2</b>	<b>Saturday, July 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Manama, Bahrain Sun 15 Sutra 97
	Kataka Rasi: 24.56      Tithi 2 – 3	<b>Gulika</b> 4:57AM – 6:39AM <b>Ashlesha*</b> <b>Until 3:49PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:57AM      Manmatha 5117
	448389262	<b>Yama</b> 1:27PM – 3:08PM <b>Siddhi</b> <b>Until 7:16PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:32PM      Moon 6 - Phase 13
	Routine Work      Marana Yoga	<b>Rahu</b> 8:21AM – 10:03AM <b>Taitila</b> <b>Until 7:19PM</b>	<b>Nataraja:</b> Purple      Moon – Blue      3rd Phase
		<b>Dvitiya</b> <b>Until 6:26AM</b>	<b>Ashada-Adi</b> <b>Devaloka Day</b>
			<b>Then Creative Work - Amrita Yoga</b>

<b>3</b>	<b>Sunday, July 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Manama, Bahrain Sun 16 Sutra 98
	Simha Rasi: 7.03      Tithi 3 – 4	<b>Gulika</b> 3:08PM – 4:50PM <b>Magha*</b> <b>Until 6:34PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:58AM      Manmatha 5117
	458389262	<b>Yama</b> 11:45AM – 1:27PM <b>Vyatipata*</b> <b>Until 7:57PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:32PM      Moon 6 - Phase 13
	Routine Work      Marana Yoga	<b>Rahu</b> 4:50PM – 6:32PM <b>Vanija</b> <b>Until 9:22PM</b>	<b>Nataraja:</b> Purple      Moon – Red      3rd Phase
		<b>Tritiya</b> <b>Until 8:16AM</b>	<b>Ashada-Adi</b> <b>Devaloka Day</b>
			<b>Then Creative Work - Siddha Yoga</b>

<b>4</b>	<b>Monday, July 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Varyan* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Manama, Bahrain Sun 17 Sutra 99
	Simha Rasi: 18.59      Tithi 4 – 5	<b>Gulika</b> 1:26PM – 3:08PM <b>Purvaphalguni</b> <b>Until 9:31PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:58AM      Manmatha 5117
	458389262	<b>Yama</b> 10:03AM – 11:45AM <b>Varyan</b> <b>Until 8:53PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:32PM      Moon 6 - Phase 13
	<b>Family Home Evening</b>	<b>Rahu</b> 6:40AM – 8:21AM <b>Bava</b> <b>Until 11:46PM</b>	<b>Nataraja:</b> Purple      Moon – Red      3rd Phase
		<b>Chaturthi*</b> <b>Until 10:30AM</b>	<b>Ashada-Adi</b> <b>Devaloka Day</b>
			<b>Creative Work      Siddha Yoga</b>


<b>5</b>	<b>Tuesday, July 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Manama, Bahrain Sun 18 Sutra 100
	Kanya Rasi: 0.5      Tithi 5 – 6	<b>Gulika</b> 11:45AM – 1:26PM <b>Uttaraphalguni</b> <b>Until 12:29AM Wed</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:58AM      Manmatha 5117
	458389262	<b>Yama</b> 8:22AM – 10:03AM <b>Parigha*</b> <b>Until 9:59PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:31PM      Moon 6 - Phase 13
	Creative Work      Amrita Yoga	<b>Rahu</b> 3:08PM – 4:50PM <b>Kaulava</b> <b>Until 2:20AM Wed</b>	<b>Nataraja:</b> Purple      Moon – Red      3rd Phase
		<b>Panchami</b> <b>Until 1:01PM</b>	<b>Ashada-Adi</b> <b>Devaloka Day</b>
			<b>Then Routine Work - Marana Yoga</b>

<b>6</b>	<b>Wednesday, July 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Manama, Bahrain Sun 19 Sutra 101
	Kanya Rasi: 12.37      Tithi 6 – 7	<b>Gulika</b> 10:03AM – 11:45AM <b>Hasta</b> <b>Until 3:45AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:59AM      Manmatha 5117
	468389262	<b>Yama</b> 6:40AM – 8:22AM <b>Shiva</b> <b>Until 11:05PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:31PM      Moon 6 - Phase 13
	Routine Work      Marana Yoga	<b>Rahu</b> 11:45AM – 1:26PM <b>Gara</b> <b>Until 4:52AM Thu</b>	<b>Nataraja:</b> Purple      Moon – Green      3rd Phase
		<b>Shashthi*</b> <b>Until 3:36PM</b>	<b>Ashada-Adi</b> <b>Sivaloka Day</b>
			<b>Then Creative Work - Siddha Yoga</b>

<b>Retreat Star</b>	<b>Thursday, July 23, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija Karana Saplamyam Titau	Manama, Bahrain Sun 20 Sutra 102
	Kanya Rasi: 24.26      Tithi 7	<b>Gulika</b> 8:22AM – 10:04AM <b>Chitra</b> <b>Until 6:33AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:59AM      Manmatha 5117
	468489262	<b>Yama</b> 4:59AM – 6:41AM <b>Siddha</b> <b>Until 11:58PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM      Moon 6 - Phase 13
	Creative Work      Siddha Yoga	<b>Rahu</b> 1:26PM – 3:08PM <b>Vanija</b> <b>Until 6:00PM</b>	<b>Nataraja:</b> Purple      Moon – Green      3rd Phase
		<b>Saptami</b> <b>Until 6:00PM</b>	<b>Ashada-Adi</b> <b>Subha Sivaloka Day</b>

<b>Retreat Star</b>	<b>Friday, July 24, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau	Manama, Bahrain Sun 21 Sutra 103
	Tula Rasi: 6.23      Tithi 8	<b>Gulika</b> 6:41AM – 8:22AM <b>Chitra</b> <b>Until 6:33AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:00AM      Manmatha 5117
	468489262	<b>Yama</b> 3:07PM – 4:49PM <b>Sadhya</b> <b>Until 12:30AM Sat</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM      Moon 6 - Phase 13
	Creative Work      Siddha Yoga	<b>Rahu</b> 10:04AM – 11:45AM <b>Visti</b> <b>Until 7:04AM</b>	<b>Nataraja:</b> Purple      Moon – Green      Ashtami
		<b>Ashtami*</b> <b>Until 7:58PM</b>	<b>Ashada-Adi</b> <b>Subha Sivaloka Day</b>

<b>Retreat Star</b>	<b>Saturday, July 25, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau	Manama, Bahrain Sun 22 Sutra 104
	Tula Rasi: 18.31      Tithi 9	<b>Gulika</b> 5:00AM – 6:42AM <b>Svati</b> <b>Until 8:42AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:00AM      Manmatha 5117
	469489262	<b>Yama</b> 1:26PM – 3:07PM <b>Subha</b> <b>Until 12:32AM Sun</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:29PM      Moon 6 - Phase 13
	Creative Work      Siddha Yoga	<b>Rahu</b> 8:23AM – 10:04AM <b>Balava</b> <b>Until 8:45AM</b>	<b>Nataraja:</b> Purple      Moon – Green      Navami
		<b>Navami*</b> <b>Until 9:19PM</b>	<b>Ashada-Adi</b> <b>Sivaloka Day</b>

<b>1</b>	<b>Sunday, July 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau	Manama, Bahrain Sun 23 Sutra 105
	Virschika Rasi: 0.58    Tilthi 10 479489262 Routine Work    Marana Yoga	<b>Gulika</b> 3:07PM – 4:48PM <b>Yama</b> 11:45AM – 1:26PM <b>Rahu</b> 4:48PM – 6:29PM	<b>Vishakha Until 10:28AM</b> Sukla Until 11:56PM Taitila Until 9:44AM Dashami Until 9:54PM
		<b>Ganesha:</b> White <i>Sunrise:</i> 5:01AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:29PM <b>Nataraja:</b> Purple Moon – Orange	Manmatha 5117 Moon 6 - Phase 14 4th Phase <b>Devaloka Day</b>
<b>2</b>	<b>Monday, July 27, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Brahma Yoga Vanija/Visti Karana Ekadashyam Titau	Manama, Bahrain Sun 24 Sutra 106
	Virschika Rasi: 13.46    Tilthi 11 Family Home Evening    479489262 Creative Work    Siddha Yoga	<b>Gulika</b> 1:26PM – 3:07PM <b>Yama</b> 10:04AM – 11:45AM <b>Rahu</b> 6:42AM – 8:23AM	<b>Anuradha Until 11:18AM</b> Brahma Until 10:42PM Vanija Until 9:55AM Ekadashi Until 9:40PM
		<b>Ganesha:</b> White <i>Sunrise:</i> 5:01AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:28PM <b>Nataraja:</b> Purple Moon – Orange	Manmatha 5117 Moon 6 - Phase 14 4th Phase <b>Devaloka Day</b>
<b>3</b>	<b>Tuesday, July 28, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha/Mula Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau	Manama, Bahrain Sun 25 Sutra 107
	Virschika Rasi: 26.59    Tilthi 12 479489262 Routine Work    Marana Yoga Until 11:12AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 11:45AM – 1:26PM <b>Yama</b> 8:23AM – 10:04AM <b>Rahu</b> 3:06PM – 4:47PM	<b>Jyeshtha* Until 11:12AM</b> Indra Until 8:51PM Bava Until 9:16AM Dvadashi Until 8:39PM
		<b>Ganesha:</b> White <i>Sunrise:</i> 5:02AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:28PM <b>Nataraja:</b> Purple Moon – Orange	Manmatha 5117 Moon 6 - Phase 14 4th Phase <b>Devaloka Day</b>
<b>4</b>	<b>Wednesday, July 29, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula/Purvashadha Nakshatra Vaidhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Manama, Bahrain Sun 26 Sutra 108
	Dhanus Rasi: 10.38    Tilthi 13 489489262 Routine Work    Marana Yoga Until 10:38AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 10:04AM – 11:45AM <b>Yama</b> 6:43AM – 8:24AM <b>Rahu</b> 11:45AM – 1:26PM	<b>Mula* Until 10:38AM</b> Vaidhriti* Until 6:23PM Kaulava Until 7:52AM Trayodashi Until 6:54PM <i>Pradosha Vrata</i>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:02AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Purple Moon – Light Blue	Manmatha 5117 Moon 6 - Phase 14 4th Phase <b>Sivaloka Day</b>
<b>5</b>	<b>Thursday, July 30, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Vishkambha/Priti Yoga Vanija/Visti Karana Chaturdashi/Purnimayam Titau	Manama, Bahrain Sun 27 Sutra 109
	Dhanus Rasi: 24.42    Tilthi 14 – 15 489489262 Creative Work    Siddha Yoga Until 9:17AM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:24AM – 10:04AM <b>Yama</b> 5:03AM – 6:43AM <b>Rahu</b> 1:25PM – 3:06PM	<b>Purvashadha* Until 9:17AM</b> Vishkambha* Until 3:27PM Visti Until 3:15AM Fri Chaturdashi* Until 4:34PM
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:03AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Purple Moon – Light Blue	Manmatha 5117 Moon 6 - Phase 14 4th Phase <b>Sivaloka Day</b>
	<b>Friday, July 31, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Manama, Bahrain Sutra 110
	<b>Copper Retreat Star</b> Makara Rasi: 9.07    Tilthi 15 – 16 489489262 Routine Work    Marana Yoga	<b>Gulika</b> 6:44AM – 8:24AM <b>Yama</b> 3:06PM – 4:46PM <b>Rahu</b> 10:05AM – 11:45AM	<b>Uttarashadha Until 7:18AM</b> Priti Until 12:09PM Balava Until 12:19AM Sat Purnima* Until 1:48PM
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:04AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Purple Moon – Light Blue	Manmatha 5117 Moon 6 - Phase 14 Purnima <b>Sivaloka Day</b>
<b>Saturday, August 1, 2015</b>	<b>Silver Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvilijayam Titau	Manama, Bahrain Sutra 111
	Makara Rasi: 23.47    Tilthi 16 – 17 499489262 Creative Work    Siddha Yoga	<b>Gulika</b> 5:04AM – 6:44AM <b>Yama</b> 1:25PM – 3:05PM <b>Rahu</b> 8:24AM – 10:05AM	<b>Dhanishtha Until 2:53AM Sun</b> Ayushman Until 8:35AM Taitila Until 9:09PM Prathama* Until 10:44AM
		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:04AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Purple Moon – Purple	Manmatha 5117 Moon 6 - Phase 14 Prathama <b>Devaloka Day</b>

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, August 2, 2015**  
**Gold Retreat Star**

Kumbha Rasi: 8.35    Tilthi 17 – 18  
491489262  
Creative Work    Siddha Yoga  
Until 12:20AM Mon  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Gara/Visti\* Karana Dvilya/Tritiyayam Titau  
**Gulika**    3:05PM – 4:45PM    **Shatabhishak Until 12:20AM Mon**  
**Yama**       11:45AM – 1:25PM    Sobhana Until 1:11AM Mon  
**Rahu**       4:45PM – 6:25PM       Visti Until 4:19AM Mon  
**Dvitiya Until 7:31AM**

**Ganesha:** White    *Sunrise:* 5:05AM  
**Muruga:** Yellow    *Sunset:* 6:25PM  
**Nataraja:** Purple  
Moon – Purple  
**Ashada-Adi**

Manama, Bahrain  
Sun 1    Sutra 112  
Manmatha 5117  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**1 Monday, August 3, 2015**

Kumbha Rasi: 23.23    Tilthi 19  
**Family Home Evening**    411489262  
Routine Work    Marana Yoga  
Until 10:11PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthiyam Titau  
**Gulika**    1:25PM – 3:04PM    **Purvaproshtapada\* Until 10:11PM**  
**Yama**       10:05AM – 11:45AM    Athiganda\* Until 9:34PM  
**Rahu**       6:45AM – 8:25AM       Bava Until 2:46PM  
**Chaturthi\* Until 1:14AM Tue**

**Ganesha:** Purple    *Sunrise:* 5:05AM  
**Muruga:** Yellow    *Sunset:* 6:24PM  
**Nataraja:** Purple  
Moon – Clear  
**Ashada-Adi**

Manama, Bahrain  
Sun 2    Sutra 113  
Manmatha 5117  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**2 Tuesday, August 4, 2015**

Meena Rasi: 8.05    Tilthi 20  
411489262  
Creative Work    Amrita Yoga  
Until 8:08PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika**    11:45AM – 1:24PM    **Uttaraproshtapada Until 8:08PM**  
**Yama**       8:25AM – 10:05AM    Sukarma Until 6:09PM  
**Rahu**       3:04PM – 4:44PM       Kaulava Until 11:48AM  
**Panchami Until 10:25PM**

**Ganesha:** Purple    *Sunrise:* 5:05AM  
**Muruga:** Yellow    *Sunset:* 6:24PM  
**Nataraja:** Purple  
Moon – Clear  
**Ashada-Adi**

Manama, Bahrain  
Sun 3    Sutra 114  
Manmatha 5117  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**3 Wednesday, August 5, 2015**

Meena Rasi: 22.35    Tilthi 21  
411489262  
Routine Work    Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika**    10:05AM – 11:44AM    **Revati Until 6:17PM**  
**Yama**       6:46AM – 8:25AM       Dhriti Until 3:01PM  
**Rahu**       11:44AM – 1:24PM       Gara Until 9:09AM  
**Shashthi\* Until 7:57PM**

**Ganesha:** Purple    *Sunrise:* 5:06AM  
**Muruga:** Yellow    *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon – Clear  
**Ashada-Adi**

Manama, Bahrain  
Sun 4    Sutra 115  
Manmatha 5117  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**4 Thursday, August 6, 2015**

Mesha Rasi: 6.49    Tilthi 22 – 23  
421489262  
Creative Work    Amrita Yoga  
Until 5:07PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau  
**Gulika**    8:25AM – 10:05AM    **Ashvini Until 5:07PM**  
**Yama**       5:06AM – 6:46AM       Shula\* Until 12:11PM  
**Rahu**       1:24PM – 3:03PM       Visti Until 6:53AM  
**Saptami Until 5:53PM**

**Ganesha:** Clear    *Sunrise:* 5:06AM  
**Muruga:** Yellow    *Sunset:* 6:22PM  
**Nataraja:** Purple  
Moon – White  
**Ashada-Adi**

Manama, Bahrain  
Sun 5    Sutra 116  
Manmatha 5117  
Moon 7 - Phase 15  
1st Phase

**Sivaloka Day**

**Friday, August 7, 2015**  
**Retreat Star**

Mesha Rasi: 20.46    Tilthi 23 – 24  
421489262  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika**    6:46AM – 8:26AM    **Bharani Until 4:16PM**  
**Yama**       3:03PM – 4:42PM       Ganda\* Until 9:44AM  
**Rahu**       10:05AM – 11:44AM    Taitila Until 3:41AM Sat  
**Ashtami\* Until 4:17PM**

**Ganesha:** Clear    *Sunrise:* 5:07AM  
**Muruga:** Yellow    *Sunset:* 6:21PM  
**Nataraja:** Purple  
Moon – White  
**Ashada-Adi**

Manama, Bahrain  
Sun 6    Sutra 117  
Manmatha 5117  
Moon 7 - Phase 15  
Ashtami

**Sivaloka Day**

**Saturday, August 8, 2015**  
**Retreat Star**

Vrishabha Rasi: 4.26    Tilthi 24 – 25  
421489262  
Creative Work    Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika**    5:07AM – 6:47AM    **Krittika Until 3:45PM**  
**Yama**       1:23PM – 3:02PM       Vridhhi Until 7:41AM  
**Rahu**       8:26AM – 10:05AM    Vanija Until 2:47AM Sun  
**Navami\* Until 3:09PM**

**Ganesha:** Clear    *Sunrise:* 5:07AM  
**Muruga:** Yellow    *Sunset:* 6:21PM  
**Nataraja:** Purple  
Moon – White  
**Ashada-Adi**

Manama, Bahrain  
Sun 7    Sutra 118  
Manmatha 5117  
Moon 7 - Phase 15  
Navami

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>	<b>Sunday, August 9, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Manama, Bahrain Sun 8 Sutra 119 Manmatha 5117
	Wishabha Rasi: 17.5 Tithi 26 – 26 431489262	<b>Gulika</b> 3:02PM – 4:41PM <b>Yama</b> 11:44AM – 1:23PM <b>Rahu</b> 4:41PM – 6:20PM	<b>Rohini</b> Until 3:58PM Vyaghata* Until 4:38AM Mon Bava Until 2:20AM Mon Dashami Until 2:29PM

Creative Work Siddha Yoga

**Ganesha:** White *Sunrise:* 5:08AM  
**Muruqa:** Yellow *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Yellow  
**Ashada-Adi**

**Devaloka Day**

<b>2</b>	<b>Monday, August 10, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Manama, Bahrain Sun 9 Sutra 120 Manmatha 5117
	Mithuna Rasi: 0.59 Tithi 26 – 27 431489262	<b>Gulika</b> 1:23PM – 3:02PM <b>Yama</b> 10:05AM – 11:44AM <b>Rahu</b> 6:47AM – 8:26AM	<b>Mrigashira</b> Until 4:29PM Harshana Until 3:41AM Tue Kaulava Until 2:20AM Tue Ekadashi* Until 2:16PM

Creative Work Amrita Yoga  
Until 4:29PM  
Then Creative Work - Siddha Yoga

**Ganesha:** White *Sunrise:* 5:08AM  
**Muruqa:** Yellow *Sunset:* 6:19PM  
**Nataraja:** Purple  
Moon – Yellow  
**Ashada-Adi**

**Devaloka Day**

<b>3</b>	<b>Tuesday, August 11, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau	Manama, Bahrain Sun 10 Sutra 121 Manmatha 5117
	Mithuna Rasi: 13.54 Tithi 27 – 28 431489362	<b>Gulika</b> 11:44AM – 1:22PM <b>Yama</b> 8:26AM – 10:05AM <b>Rahu</b> 3:01PM – 4:40PM	<b>Ardra</b> Until 5:17PM Vajra* Until 3:02AM Wed Gara Until 2:47AM Wed Dvadashi* Until 2:29PM <i>Pradosha Vrata (Fasting)</i>

Routine Work Marana Yoga  
Until 5:17PM  
Then Creative Work - Siddha Yoga

**Ganesha:** White *Sunrise:* 5:09AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Yellow  
**Ashada-Adi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

<b>4</b>	<b>Wednesday, August 12, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Manama, Bahrain Sun 11 Sutra 122 Manmatha 5117
	Mithuna Rasi: 26.37 Tithi 28 – 29 442489362	<b>Gulika</b> 10:05AM – 11:44AM <b>Yama</b> 6:48AM – 8:26AM <b>Rahu</b> 11:44AM – 1:22PM	<b>Punarvasu</b> Until 6:50PM Siddhi Until 2:45AM Thu Visti Until 3:41AM Thu Trayodashi* Until 3:10PM

Creative Work Siddha Yoga

**Ganesha:** Orange *Sunrise:* 5:09AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Blue  
**Ashada-Adi**


**Devaloka Day**

<b>5</b>	<b>Thursday, August 13, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Manama, Bahrain Sun 12 Sutra 123 Manmatha 5117
	Kataka Rasi: 9.07 Tithi 29 – 30 442489362	<b>Gulika</b> 8:27AM – 10:05AM <b>Yama</b> 5:10AM – 6:48AM <b>Rahu</b> 1:22PM – 3:00PM	<b>Pushya</b> Until 8:39PM Vyatipata* Until 2:50AM Fri Catuspada Until 5:02AM Fri Chaturdashi* Until 4:17PM

Creative Work Amrita Yoga  
Until 8:39PM  
Then Creative Work - Siddha Yoga

**Ganesha:** Orange *Sunrise:* 5:10AM  
**Muruqa:** White *Sunset:* 6:17PM  
**Nataraja:** Clear  
Moon – Blue  
**Ashada-Adi**


**Devaloka Day**

	<b>Friday, August 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Manama, Bahrain Sun 13 Sutra 124 Manmatha 5117
	<b>Retreat Star</b> Kataka Rasi: 21.26 Tithi 30 – 1 442489362	<b>Gulika</b> 6:49AM – 8:27AM <b>Yama</b> 3:00PM – 4:38PM <b>Rahu</b> 10:05AM – 11:43AM	<b>Ashlesha*</b> Until 10:44PM Variyan Until 3:14AM Sat Kintughna Until 6:49AM Sat Amavasya* Until 5:51PM

Routine Work Marana Yoga

**Ganesha:** Orange *Sunrise:* 5:10AM  
**Muruqa:** White *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon – Blue  
**Ashada-Adi**

**Devaloka Day**

	<b>Saturday, August 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau	Manama, Bahrain Sun 14 Sutra 125 Manmatha 5117
	<b>Retreat Star</b> Simha Rasi: 3.34 Tithi 1 452489362	<b>Gulika</b> 5:11AM – 6:49AM <b>Yama</b> 1:21PM – 2:59PM <b>Rahu</b> 8:27AM – 10:05AM	<b>Magha*</b> Until 1:33AM Sun Parigha* Until 3:57AM Sun Kintughna Until 6:49AM Prathama* Until 7:50PM

Creative Work Amrita Yoga  
Until 1:33AM Sun  
Then Creative Work - Siddha Yoga

**Ganesha:** Clear *Sunrise:* 5:11AM  
**Muruqa:** White *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Red  
**Sravana-Adi**

**Devaloka Day**

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>1</b>	<b>Sunday, August 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau	Manama, Bahrain Sun 15 Sutra 126
	Simha Rasi: 15.32      Tithi 2 452489362	<b>Gulika</b> 2:59PM – 4:36PM <b>Yama</b> 11:43AM – 1:21PM <b>Rahu</b> 4:36PM – 6:14PM	<b>Purvaphalguni Until 4:31AM Mon</b> Shiva Until 4:55AM Mon Balava Until 8:59AM <b>Dvitiya Until 10:10PM</b>

Creative Work    Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:11AM <b>Muruga:</b> White <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – Red	<b>Devaloka Day</b>
	<b>Sravana-Adi</b>	

<b>2</b>	<b>Monday, August 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau	Manama, Bahrain Sun 16 Sutra 127
	Simha Rasi: 27.23      Tithi 3 <b>Family Home Evening</b> 452589362	<b>Gulika</b> 1:20PM – 2:58PM <b>Yama</b> 10:05AM – 11:43AM <b>Rahu</b> 6:49AM – 8:27AM	<b>Uttaraphalguni Until 7:30AM Tue</b> Siddha Until 6:01AM Tue Taitila Until 11:28AM <b>Tritiya Until 12:45AM Tue</b>

Creative Work    Siddha Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:12AM <b>Muruga:</b> White <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Clear Moon – Red	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
	<b>Sravana-Avani</b>	

<b>3</b>	<b>Tuesday, August 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau	Manama, Bahrain Sun 17 Sutra 128
	Kanya Rasi: 9.1      Tithi 4 552589362	<b>Gulika</b> 11:42AM – 1:20PM <b>Yama</b> 8:27AM – 10:05AM <b>Rahu</b> 2:57PM – 4:35PM	<b>Uttaraphalguni Until 7:30AM</b> Siddha Until 6:01AM Vanija Until 2:07PM <b>Chaturthi* Until 3:25AM Wed</b>

Creative Work    Amrita Yoga Until 7:30AM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:12AM <b>Muruga:</b> White <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Clear Moon – Red	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
	<b>Sravana-Avani</b>	

<b>4</b>	<b>Wednesday, August 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau	Manama, Bahrain Sun 18 Sutra 129
	Kanya Rasi: 20.56      Tithi 5 562589362	<b>Gulika</b> 10:05AM – 11:42AM <b>Yama</b> 6:50AM – 8:27AM <b>Rahu</b> 11:42AM – 1:19PM	<b>Hasta Until 10:52AM</b> Sadhya Until 7:09AM Bava Until 4:45PM <b>Panchami Until 5:58AM Thu</b>


Routine Work    Marana Yoga Until 10:52AM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:13AM <b>Muruga:</b> White <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
	<b>Sravana-Avani</b>	

<b>5</b>	<b>Thursday, August 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava Karana Shashthyam Titau	Manama, Bahrain Sun 19 Sutra 130
	Tula Rasi: 2.44      Tithi 6 562589362	<b>Gulika</b> 8:28AM – 10:05AM <b>Yama</b> 5:13AM – 6:50AM <b>Rahu</b> 1:19PM – 2:56PM	<b>Chitra Until 1:54PM</b> Subha Until 8:12AM Kaulava Until 7:10PM <b>Shashthi* Until 8:12AM Fri</b>

Creative Work    Siddha Yoga Until 1:54PM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:13AM <b>Muruga:</b> White <i>Sunset:</i> 6:11PM <b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
	<b>Sravana-Avani</b>	

<b>6</b>	<b>Friday, August 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Manama, Bahrain Sun 20 Sutra 131
	Tula Rasi: 14.41      Tithi 6 – 7 562589362	<b>Gulika</b> 6:51AM – 8:28AM <b>Yama</b> 2:56PM – 4:33PM <b>Rahu</b> 10:05AM – 11:42AM	<b>Svati Until 4:24PM</b> Sukla Until 8:58AM Gara Until 9:09PM <b>Shashthi* Until 8:12AM</b>

Creative Work    Siddha Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:14AM <b>Muruga:</b> White <i>Sunset:</i> 6:10PM <b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
	<b>Sravana-Avani</b>	



	<b>Saturday, August 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manla Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Manama, Bahrain Sun 21 Sutra 132
	<b>Retreat Star</b> Tula Rasi: 26.49      Tithi 7 – 8 572589362	<b>Gulika</b> 5:14AM – 6:51AM <b>Yama</b> 1:18PM – 2:55PM <b>Rahu</b> 8:28AM – 10:05AM	<b>Vishakha Until 6:40PM</b> Brahma Until 9:21AM Visti Until 10:32PM <b>Saptami Until 9:55AM</b>

Creative Work    Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:14AM <b>Muruga:</b> White <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Clear Moon – Orange	<b>Devaloka Day</b>
	<b>Sravana-Avani</b>	

<b>Sunday, August 23, 2015</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Manama, Bahrain Sun 22 Sutra 133
	Vrischika Rasi: 9.13      Tithi 8 – 9 572589362	<b>Gulika</b> 2:54PM – 4:31PM <b>Yama</b> 11:41AM – 1:18PM <b>Rahu</b> 4:31PM – 6:08PM	<b>Anuradha Until 8:04PM</b> Indra Until 9:12AM Balava Until 11:10PM <b>Ashtami* Until 10:56AM</b>

Routine Work    Marana Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:14AM <b>Muruga:</b> White <i>Sunset:</i> 6:08PM <b>Nataraja:</b> Clear Moon – Orange	<b>Devaloka Day</b>
	<b>Sravana-Avani</b>	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>	<b>Monday, August 24, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Manama, Bahrain Sun 23 Sutra 134 Manmatha 5117
	Vrischika Rasi: 21.59 Tithi 9 – 10 Family Home Evening 572589362 Creative Work Siddha Yoga	<b>Gulika</b> 1:17PM – 2:54PM <b>Yama</b> 10:04AM – 11:41AM <b>Rahu</b> 6:51AM – 8:28AM	<b>Jyeshtha* Until 8:31PM</b> Vaidhriti* Until 8:25AM Taitila Until 10:59PM <b>Navami* Until 11:10AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:15AM <b>Muruqa:</b> White <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Avani</b>
<b>Devaloka Day</b>				
<b>2</b>	<b>Tuesday, August 25, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 135 Manmatha 5117
	Dhanus Rasi: 5.1 Tithi 10 – 11 583589362 Creative Work Amrita Yoga Until 8:27PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:41AM – 1:17PM <b>Yama</b> 8:28AM – 10:04AM <b>Rahu</b> 2:53PM – 4:30PM	<b>Mula* Until 8:27PM</b> Vishkambha* Until 7:00AM Vanija Until 9:59PM <b>Dashami Until 10:34AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:15AM <b>Muruqa:</b> White <i>Sunset:</i> 6:06PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Avani</b>
<b>Devaloka Day</b>				
<b>3</b>	<b>Wednesday, August 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Manama, Bahrain Sun 25 Sutra 136 Manmatha 5117
	Dhanus Rasi: 18.48 Tithi 11 – 12 583589362 Creative Work Amrita Yoga	<b>Gulika</b> 10:04AM – 11:40AM <b>Yama</b> 6:52AM – 8:28AM <b>Rahu</b> 11:40AM – 1:16PM	<b>Purvashadha* Until 7:28PM</b> Ayushman Until 2:14AM Thu Bava Until 8:13PM <b>Ekadashi Until 9:10AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:16AM <b>Muruqa:</b> White <i>Sunset:</i> 6:05PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Avani</b>
<b>Devaloka Day</b>				
<b>4</b>	<b>Thursday, August 27, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 137 Manmatha 5117
	Makara Rasi: 2.53 Tithi 12 – 13 583589362 Routine Work Marana Yoga Until 5:41PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:28AM – 10:04AM <b>Yama</b> 5:16AM – 6:52AM <b>Rahu</b> 1:16PM – 2:52PM	<b>Uttarashadha Until 5:41PM</b> Saubhagya Until 11:02PM Taitila Until 4:20AM Fri <b>Dvadashi Until 7:03AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:16AM <b>Muruqa:</b> White <i>Sunset:</i> 6:04PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Avani</b>
<b>Devaloka Day</b>				
<b>5</b>	<b>Friday, August 28, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 138 Manmatha 5117
	Makara Rasi: 17.24 Tithi 14 593589363 Routine Work Marana Yoga Until 3:38PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:52AM – 8:28AM <b>Yama</b> 2:51PM – 4:27PM <b>Rahu</b> 10:04AM – 11:40AM	<b>Shravana Until 3:38PM</b> Sobhana Until 7:27PM Gara Until 2:48PM <b>Chaturdashi* Until 1:09AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:17AM <b>Muruqa:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> Purple Moon – Purple <b>Sravana-Avani</b>
<b>Devaloka Day</b>				
	<b>Saturday, August 29, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau		Manama, Bahrain Sutra 139 Manmatha 5117
	<b>Copper Retreat Star</b> Kumbha Rasi: 2.14 Tithi 15 593589363 Creative Work Siddha Yoga Until 1:05PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 5:17AM – 6:53AM <b>Yama</b> 1:15PM – 2:51PM <b>Rahu</b> 8:28AM – 10:04AM	<b>Dhanishtha Until 1:05PM</b> Athiganda* Until 3:32PM Visti Until 11:27AM <b>Purnima* Until 9:40PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:17AM <b>Muruqa:</b> White <i>Sunset:</i> 6:02PM <b>Nataraja:</b> Purple Moon – Purple <b>Sravana-Avani</b>
<b>Devaloka Day</b>				
	<b>Sunday, August 30, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau		Manama, Bahrain Sutra 140 Manmatha 5117
	<b>Silver Retreat Star</b> Kumbha Rasi: 17.16 Tithi 16 593589363 Creative Work Siddha Yoga	<b>Gulika</b> 2:50PM – 4:25PM <b>Yama</b> 11:39AM – 1:15PM <b>Rahu</b> 4:25PM – 6:01PM	<b>Shatabhishak Until 10:11AM</b> Sukarma Until 11:28AM Balava Until 7:53AM <b>Prathama* Until 6:03PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:17AM <b>Muruqa:</b> White <i>Sunset:</i> 6:01PM <b>Nataraja:</b> Purple Moon – Purple <b>Sravana-Avani</b>
<b>Devaloka Day</b>				

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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**Monday, August 31, 2015**  
**Gold Retreat Star**

Meena Rasi: 2.23 Tithi 17 - 18  
Family Home Evening 513589363  
Routine Work Marana Yoga  
Until 7:30AM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 1:14PM - 2:49PM  
**Yama** 10:04AM - 11:39AM  
**Rahu** 6:53AM - 8:28AM

**Purvaprosarthapada\* Until 7:30AM**  
**Dhriti Until 7:24AM**  
**Vanija Until 12:42AM Tue**  
**Dvitiya Until 2:26PM**

**Ganesha: White** Sunrise: 5:18AM  
**Muruqa: White** Sunset: 6:00PM  
**Nataraja: Purple**  
Moon - Clear  
**Sravana-Avani**

Manama, Bahrain  
Sun 1 Sutra 141  
Manmatha 5117  
Moon 8 - Phase 19  
1st Phase

**Devaloka Day**

**1**

**Tuesday, September 1, 2015**

Meena Rasi: 17.25 Tithi 18 - 19  
513589363  
Creative Work Siddha Yoga  
Until 2:12AM Wed  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 11:39AM - 1:14PM  
**Yama** 8:28AM - 10:03AM  
**Rahu** 2:49PM - 4:24PM

**Revati Until 2:12AM Wed**  
**Ganda\* Until 11:35PM**  
**Bava Until 9:23PM**  
**Tritiya Until 10:59AM**

**Ganesha: White** Sunrise: 5:18AM  
**Muruqa: White** Sunset: 5:59PM  
**Nataraja: Purple**  
Moon - Clear  
**Sravana-Avani**

Manama, Bahrain  
Sun 2 Sutra 142  
Manmatha 5117  
Moon 8 - Phase 19  
1st Phase

**Devaloka Day**

**2**

**Wednesday, September 2, 2015**

Mesha Rasi: 2.14 Tithi 19 - 20  
523589363  
Routine Work Marana Yoga  
Until 12:18AM Thu  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:03AM - 11:38AM  
**Yama** 6:54AM - 8:28AM  
**Rahu** 11:38AM - 1:13PM

**Ashvini Until 12:18AM Thu**  
**Vriddhi Until 8:08PM**  
**Kaulava Until 6:26PM**  
**Chaturthi\* Until 7:50AM**

**Ganesha: Clear** Sunrise: 5:19AM  
**Muruqa: White** Sunset: 5:58PM  
**Nataraja: Purple**  
Moon - White  
**Sravana-Avani**

Manama, Bahrain  
Sun 3 Sutra 143  
Manmatha 5117  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Thursday, September 3, 2015**

Mesha Rasi: 16.44 Tithi 21  
523589363  
Creative Work Siddha Yoga  
Until 10:47PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 8:29AM - 10:03AM  
**Yama** 5:19AM - 6:54AM  
**Rahu** 1:13PM - 2:47PM

**Bharani Until 10:47PM**  
**Dhruva Until 5:03PM**  
**Gara Until 3:59PM**  
**Shashthi\* Until 2:57AM Fri**

**Ganesha: Clear** Sunrise: 5:19AM  
**Muruqa: White** Sunset: 5:57PM  
**Nataraja: Purple**  
Moon - White  
**Sravana-Avani**

Manama, Bahrain  
Sun 4 Sutra 144  
Manmatha 5117  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Friday, September 4, 2015**

Vrishabha Rasi: 0.52 Tithi 22  
523589363  
Creative Work Siddha Yoga  
Until 9:43PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 6:54AM - 8:29AM  
**Yama** 2:47PM - 4:21PM  
**Rahu** 10:03AM - 11:38AM

**Krittika Until 9:43PM**  
**Vyaghata\* Until 2:29PM**  
**Visti Until 2:06PM**  
**Saptami Until 1:24AM Sat**

**Ganesha: Clear** Sunrise: 5:20AM  
**Muruqa: White** Sunset: 5:56PM  
**Nataraja: Purple**  
Moon - White  
**Sravana-Avani**

Manama, Bahrain  
Sun 5 Sutra 145  
Manmatha 5117  
Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**D**

**Saturday, September 5, 2015**  
**Retreat Star**

Vrishabha Rasi: 15 Tithi 23  
533589363  
Creative Work Amrita Yoga  
Until 9:36PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 5:20AM - 6:54AM  
**Yama** 1:12PM - 2:46PM  
**Rahu** 8:29AM - 10:03AM

**Rohini Until 9:36PM**  
**Harshana Until 12:26PM**  
**Balava Until 12:53PM**  
**Ashtami\* Until 12:30AM Sun**

**Ganesha: Purple** Sunrise: 5:20AM  
**Muruqa: White** Sunset: 5:54PM  
**Nataraja: Purple**  
Moon - Yellow  
**Sravana-Avani**

Manama, Bahrain  
Sun 6 Sutra 146  
Manmatha 5117  
Moon 8 - Phase 19  
Ashtami

**Devaloka Day**

**Sunday, September 6, 2015**

**Retreat Star**

Vrishabha Rasi: 27.58 Tithi 24  
533589363  
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 2:45PM - 4:19PM  
**Yama** 11:37AM - 1:11PM  
**Rahu** 4:19PM - 5:53PM

**Mrigashira Until 9:58PM**  
**Vajra\* Until 10:53AM**  
**Taitila Until 12:19PM**  
**Navami\* Until 12:16AM Mon**

**Ganesha: Purple** Sunrise: 5:20AM  
**Muruqa: White** Sunset: 5:53PM  
**Nataraja: Purple**  
Moon - Yellow  
**Sravana-Avani**

Manama, Bahrain  
Sun 7 Sutra 147  
Manmatha 5117  
Moon 8 - Phase 19  
Navami

**Devaloka Day**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>		<b>Monday, September 7, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau		Manama, Bahrain Sun 8 Sutra 148 Manmatha 5117	
Mithuna Rasi: 10.58	Tithi 25	<b>Gulika</b>	1:10PM – 2:44PM	<b>Ardra Until 10:49PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:21AM	
<b>Family Home Evening</b>	533589363	<b>Yama</b>	10:03AM – 11:37AM	Siddhi Until 9:52AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:52PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	<b>Rahu</b>	6:55AM – 8:29AM	Vanija Until 12:24PM	<b>Nataraja:</b> Purple		2nd Phase
Until 10:49PM				<b>Dashami Until 12:39AM Tue</b>	Moon – Yellow		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Sravana-Avani</b>		
<b>2</b>		<b>Tuesday, September 8, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadashyam Titau		Manama, Bahrain Sun 9 Sutra 149 Manmatha 5117	
Mithuna Rasi: 23.41	Tithi 26	<b>Gulika</b>	11:36AM – 1:10PM	<b>Punarvasu Until 12:31AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	
	543589363	<b>Yama</b>	8:29AM – 10:02AM	Vyatipata* Until 9:20AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:51PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	<b>Rahu</b>	2:44PM – 4:17PM	Bava Until 1:05PM	<b>Nataraja:</b> Purple		2nd Phase
				<b>Ekadashi* Until 1:36AM Wed</b>	Moon – Blue		<b>Bhuloka Day</b>
					<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>
<b>3</b>		<b>Wednesday, September 9, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Manama, Bahrain Sun 10 Sutra 150 Manmatha 5117	
Kataka Rasi: 6.09	Tithi 27	<b>Gulika</b>	10:02AM – 11:36AM	<b>Pushya Until 2:33AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:22AM	
	544599363	<b>Yama</b>	6:55AM – 8:29AM	Variyan Until 9:12AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:50PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	<b>Rahu</b>	11:36AM – 1:09PM	Kaulava Until 2:18PM	<b>Nataraja:</b> Purple		2nd Phase
				<b>Dvadashi* Until 3:04AM Thu</b>	Moon – Blue		<b>Bhuloka Day</b>
					<b>Sravana-Avani</b>		
<b>4</b>		<b>Thursday, September 10, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Manama, Bahrain Sun 11 Sutra 151 Manmatha 5117	
Kataka Rasi: 18.24	Tithi 28	<b>Gulika</b>	8:29AM – 10:02AM	<b>Ashlesha* Until 4:50AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:22AM	
	544599363	<b>Yama</b>	5:22AM – 6:55AM	Parigha* Until 9:26AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:49PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	<b>Rahu</b>	1:09PM – 2:42PM	Gara Until 3:59PM	<b>Nataraja:</b> Purple		2nd Phase
Until 4:50AM Fri				<b>Trayodashi* Until 4:57AM Fri</b>	Moon – Blue		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>	<b>Sravana-Avani</b>		
<b>5</b>		<b>Friday, September 11, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti* Karana Chaturdashyam Titau		Manama, Bahrain Sun 12 Sutra 152 Manmatha 5117	
Simha Rasi: 0.29	Tithi 29	<b>Gulika</b>	6:56AM – 8:29AM	<b>Magha* Until 7:47AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:22AM	
	554699363	<b>Yama</b>	2:42PM – 4:15PM	Shiva Until 10:00AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:48PM	Moon 8 - Phase 20
Routine Work	Marana Yoga	<b>Rahu</b>	10:02AM – 11:35AM	Visti Until 6:03PM	<b>Nataraja:</b> Purple		2nd Phase
Until 7:47AM Sat				<b>Chaturdashi* Until 7:11AM Sat</b>	Moon – Red		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>
<b>Retreat Star</b>		<b>Saturday, September 12, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Manama, Bahrain Sun 13 Sutra 153 Manmatha 5117	
Simha Rasi: 12.26	Tithi 29 – 30	<b>Gulika</b>	5:23AM – 6:56AM	<b>Magha* Until 7:47AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:23AM	
	554699363	<b>Yama</b>	1:08PM – 2:41PM	Siddha Until 10:47AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:47PM	Moon 8 - Phase 20
Creative Work	Amrita Yoga	<b>Rahu</b>	8:29AM – 10:02AM	Catuspada Until 8:25PM	<b>Nataraja:</b> Purple		Amavasya
Until 7:47AM				<b>Chaturdashi* Until 7:11AM</b>	Moon – Red		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>
<b>Retreat Star</b>		<b>Sunday, September 13, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Manama, Bahrain Sun 14 Sutra 154 Manmatha 5117	
Simha Rasi: 24.17	Tithi 30 – 1	<b>Gulika</b>	2:40PM – 4:13PM	<b>Purvaphalguni Until 10:48AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:23AM	
	554699363	<b>Yama</b>	11:34AM – 1:07PM	Sadhya Until 11:47AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:46PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	<b>Rahu</b>	4:13PM – 5:46PM	Kintughna Until 11:01PM	<b>Nataraja:</b> Purple		Prathama
Until 10:48AM				<b>Amavasya* Until 9:41AM</b>	Moon – Red		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga		<b>Grandparent's Day</b>			<b>Bhadrapada-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>
		<b>Partial Solar Eclipse</b>					

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1	<b>Monday, September 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 15 Sutra 155
	Kanya Rasi: 6.05      Tithi 1 – 2	<b>Gulika</b> 1:07PM – 2:39PM	<b>Uttaraphalguni</b> <b>Until 1:48PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:24AM	Manmatha 5117	
	<b>Family Home Evening</b> 554699363	<b>Yama</b> 10:01AM – 11:34AM	<b>Subha</b> <b>Until 12:53PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 5:45PM	Moon 8 - Phase 21	
	Creative Work      Siddha Yoga	<b>Rahu</b> 6:56AM – 8:29AM	<b>Balava</b> <b>Until 1:41AM Tue</b>	<b>Nataraja:</b> Purple	3rd Phase	
			<b>Prathama* Until 12:19PM</b>	<b>Bhadrapada*Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

2	<b>Tuesday, September 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 156
	Kanya Rasi: 17.5      Tithi 2 – 3	<b>Gulika</b> 11:34AM – 1:06PM	<b>Hasta</b> <b>Until 5:10PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:24AM	Manmatha 5117	
	554699363	<b>Yama</b> 8:29AM – 10:01AM	<b>Sukla</b> <b>Until 1:59PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 5:43PM	Moon 8 - Phase 21	
	Creative Work      Siddha Yoga	<b>Rahu</b> 2:39PM – 4:11PM	<b>Taitila</b> <b>Until 4:20AM Wed</b>	<b>Nataraja:</b> Purple	3rd Phase	
			<b>Dvitiya Until 3:00PM</b>	<b>Bhadrapada*Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

3	<b>Wednesday, September 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Manama, Bahrain Sun 17 Sutra 157
	Kanya Rasi: 29.38      Tithi 3 – 4	<b>Gulika</b> 10:01AM – 11:33AM	<b>Chitra</b> <b>Until 8:14PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:24AM	Manmatha 5117	
	554699363	<b>Yama</b> 6:57AM – 8:29AM	<b>Brahma</b> <b>Until 3:01PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 5:42PM	Moon 8 - Phase 21	
	Creative Work      Siddha Yoga	<b>Rahu</b> 11:33AM – 1:06PM	<b>Vanija</b> <b>Until 6:48AM Thu</b>	<b>Nataraja:</b> Purple	3rd Phase	
			<b>Tritiya Until 5:34PM</b>	<b>Bhadrapada*Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

4	<b>Thursday, September 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visiti* Karana Chaturthyam Titau				Manama, Bahrain Sun 18 Sutra 158
	Tula Rasi: 11.29      Tithi 4	<b>Gulika</b> 8:29AM – 10:01AM	<b>Svati</b> <b>Until 10:53PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM	Manmatha 5117	
	554699363	<b>Yama</b> 5:25AM – 6:57AM	<b>Indra</b> <b>Until 3:53PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 5:41PM	Moon 8 - Phase 21	
	Creative Work      Amrita Yoga Until 10:53PM Then Creative Work - Siddha Yoga	<b>Rahu</b> 1:05PM – 2:37PM	<b>Vanija</b> <b>Until 6:48AM</b>	<b>Nataraja:</b> Purple	3rd Phase	
			<b>Ganesha Chaturthi</b>	<b>Chaturthi* Until 7:53PM</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

5	<b>Friday, September 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 19 Sutra 159
	Tula Rasi: 23.29      Tithi 5	<b>Gulika</b> 6:57AM – 8:29AM	<b>Vishakha</b> <b>Until 1:28AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:25AM	Manmatha 5117	
	554699363	<b>Yama</b> 2:36PM – 4:08PM	<b>Vaidhriti*</b> <b>Until 4:26PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 5:40PM	Moon 8 - Phase 21	
	Creative Work      Siddha Yoga	<b>Rahu</b> 10:01AM – 11:33AM	<b>Bava</b> <b>Until 8:56AM</b>	<b>Nataraja:</b> Purple	3rd Phase	
			<b>Panchami Until 9:48PM</b>	<b>Bhadrapada*Puratasi</b>	<b>Devaloka Day</b>	

6	<b>Saturday, September 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau				Manama, Bahrain Sun 20 Sutra 160
	Vrischika Rasi: 5.38      Tithi 6	<b>Gulika</b> 5:26AM – 6:57AM	<b>Anuradha</b> <b>Until 3:20AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:26AM	Manmatha 5117	
	554699363	<b>Yama</b> 1:04PM – 2:36PM	<b>Vishkambha*</b> <b>Until 4:36PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 5:39PM	Moon 8 - Phase 21	
	Creative Work      Siddha Yoga Until 3:20AM Sun Then Routine Work - Marana Yoga	<b>Rahu</b> 8:29AM – 10:01AM	<b>Kaulava</b> <b>Until 10:36AM</b>	<b>Nataraja:</b> Purple	3rd Phase	
			<b>Shashthi* Until 11:11PM</b>	<b>Bhadrapada*Puratasi</b>	<b>Devaloka Day</b>	

7	<b>Sunday, September 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain Sun 21 Sutra 161
	<b>Retreat Star</b>	<b>Gulika</b> 2:35PM – 4:06PM	<b>Jyeshtha*</b> <b>Until 4:25AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:26AM	Manmatha 5117	
	Vrischika Rasi: 18.02      Tithi 7	<b>Yama</b> 11:32AM – 1:03PM	<b>Priti</b> <b>Until 4:18PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 5:38PM	Moon 8 - Phase 21	
	554699363	<b>Rahu</b> 4:06PM – 5:38PM	<b>Gara</b> <b>Until 11:40AM</b>	<b>Nataraja:</b> Purple	3rd Phase	
			<b>Saptami Until 11:55PM</b>	<b>Bhadrapada*Puratasi</b>	<b>Devaloka Day</b>	

8	<b>Monday, September 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau				Manama, Bahrain Sun 22 Sutra 162
	<b>Retreat Star</b>	<b>Gulika</b> 1:03PM – 2:34PM	<b>Mula*</b> <b>Until 5:04AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:26AM	Manmatha 5117	
	Dhanus Rasi: 0.46      Tithi 8	<b>Yama</b> 10:00AM – 11:32AM	<b>Ayushman</b> <b>Until 3:25PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 5:37PM	Moon 8 - Phase 21	
	554699363	<b>Rahu</b> 6:58AM – 8:29AM	<b>Visti</b> <b>Until 12:02PM</b>	<b>Nataraja:</b> Purple	Ashtami	
			<b>Ashtami* Until 11:54PM</b>	<b>Bhadrapada*Puratasi</b>	<b>Bhuloka Day</b>	

9	<b>Tuesday, September 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain Sun 23 Sutra 163
	<b>Retreat Star</b>	<b>Gulika</b> 11:31AM – 1:02PM	<b>Purvashadha*</b> <b>Until 4:48AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:27AM	Manmatha 5117	
	Dhanus Rasi: 13.5      Tithi 9	<b>Yama</b> 8:29AM – 10:00AM	<b>Saubhagya</b> <b>Until 1:57PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 5:36PM	Moon 8 - Phase 21	
	554699363	<b>Rahu</b> 2:33PM – 4:05PM	<b>Balava</b> <b>Until 11:38AM</b>	<b>Nataraja:</b> Purple	Navami	
			<b>Navami* Until 11:07PM</b>	<b>Bhadrapada*Puratasi</b>	<b>Bhuloka Day</b>	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Wednesday, September 23, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau		Manama, Bahrain Sun 24 Sutra 164
	Dhanus Rasi: 27.2 Tithi 10 585699363	<b>Gulika</b> 10:00AM – 11:31AM <b>Yama</b> 6:58AM – 8:29AM <b>Rahu</b> 11:31AM – 1:02PM	<b>Uttarashadha</b> Until 3:40AM Thu Sobhana Until 11:52AM Taitila Until 10:28AM <b>Dashami</b> Until 9:35PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:27AM <b>Muruga:</b> Green <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Bhadrapada-Puratasi</b>

Creative Work Amrita Yoga  
Until 3:40AM Thu  
Then Creative Work - Siddha Yoga

<b>2</b>	<b>Thursday, September 24, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau		Manama, Bahrain Sun 25 Sutra 165
	Makara Rasi: 11.17 Tithi 11 595699363	<b>Gulika</b> 8:29AM – 10:00AM <b>Yama</b> 5:28AM – 6:58AM <b>Rahu</b> 1:01PM – 2:32PM	<b>Shravana</b> Until 2:08AM Fri Athiganda* Until 9:11AM Vanija Until 8:34AM <b>Ekadashi</b> Until 7:21PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM <b>Muruga:</b> Green <i>Sunset:</i> 5:33PM <b>Nataraja:</b> Purple Moon – Purple <b>Bhadrapada-Puratasi</b>

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Friday, September 25, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 166
	Makara Rasi: 25.4 Tithi 12 – 13 595699363	<b>Gulika</b> 6:59AM – 8:29AM <b>Yama</b> 2:31PM – 4:02PM <b>Rahu</b> 10:00AM – 11:30AM	<b>Dhanishtha</b> Until 11:55PM Dhriti Until 2:21AM Sat Bava Until 6:01AM <b>Dvadashi</b> Until 4:31PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM <b>Muruga:</b> Green <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Purple Moon – Purple <b>Bhadrapada-Puratasi</b>

Creative Work Siddha Yoga


**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

<b>4</b>	<b>Saturday, September 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 167
	Kumbha Rasi: 10.25 Tithi 13 – 14 595699363	<b>Gulika</b> 5:29AM – 6:59AM <b>Yama</b> 1:00PM – 2:31PM <b>Rahu</b> 8:29AM – 10:00AM	<b>Shatabhishak</b> Until 9:10PM Shula* Until 10:23PM Gara Until 11:30PM Trayodashi Until 1:15PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:29AM <b>Muruga:</b> Green <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Purple Moon – Purple <b>Bhadrapada-Puratasi</b>

Creative Work Amrita Yoga  
Until 9:10PM  
Then Routine Work - Marana Yoga

**Chidambaram Abhishekam**  
**Kadaitswami Mahasamadhi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

	<b>Sunday, September 27, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Manama, Bahrain Sutra 168
	<b>Copper Retreat Star</b> Kumbha Rasi: 25.28 Tithi 14 – 15 515699363	<b>Gulika</b> 2:30PM – 4:00PM <b>Yama</b> 11:30AM – 1:00PM <b>Rahu</b> 4:00PM – 5:30PM	<b>Purvaproshtapada*</b> Until 6:25PM Ganda* Until 6:13PM Visti Until 7:48PM <b>Chaturdashi*</b> Until 9:39AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:29AM <b>Muruga:</b> Green <i>Sunset:</i> 5:30PM <b>Nataraja:</b> Purple Moon – Clear <b>Bhadrapada-Puratasi</b>

Creative Work Siddha Yoga  
Until 6:25PM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

<b>Monday, September 28, 2015</b>	<b>Silver Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Manama, Bahrain Sutra 169
	Meena Rasi: 10.4 Tithi 16 <b>Family Home Evening</b> 615699363	<b>Gulika</b> 12:59PM – 2:29PM <b>Yama</b> 9:59AM – 11:29AM <b>Rahu</b> 6:59AM – 8:29AM	<b>Uttaraproshtapada</b> Until 3:27PM Vriddhi Until 1:58PM Balava Until 4:01PM <b>Prathama*</b> Until 2:09AM Tue	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:29AM <b>Muruga:</b> Green <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Purple Moon – Clear <b>Bhadrapada-Puratasi</b>

Creative Work Siddha Yoga

**Total Lunar Eclipse**

**Bhuloka Day**

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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**Tuesday, September 29, 2015**  
**Gold Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain  
Sutra 170

Meena Rasi: 25.52      Tithi 17  
626699363

**Gulika** 11:29AM – 12:59PM  
**Yama** 8:29AM – 9:59AM  
**Rahu** 2:28PM – 3:58PM

**Revati Until 12:25PM**  
Dhruva Until 9:46AM  
Taitila Until 12:20PM  
**Dvitiya Until 10:33PM**

**Ganesha:** Blue      *Sunrise:* 5:30AM  
**Muruqa:** Green      *Sunset:* 5:28PM  
**Nataraja:** Purple  
Moon – Clear

**Bhuloka Day**

**Bhadrapada-Puratasi**

Creative Work      Siddha Yoga

**1**

**Wednesday, September 30, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Manama, Bahrain  
Sun 1      Sutra 171

Mesha Rasi: 10.55      Tithi 18  
626699363

**Gulika** 9:59AM – 11:29AM  
**Yama** 7:00AM – 8:29AM  
**Rahu** 11:29AM – 12:58PM

**Ashvini Until 9:53AM**  
Harshana Until 2:04AM Thu  
Vanija Until 8:53AM  
**Tritiya Until 7:17PM**

**Ganesha:** Red      *Sunrise:* 5:30AM  
**Muruqa:** Green      *Sunset:* 5:27PM  
**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Routine Work      Marana Yoga

Until 9:53AM

Then Creative Work - Siddha Yoga

**2**

**Thursday, October 1, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain  
Sun 2      Sutra 172

Mesha Rasi: 25.4      Tithi 19 – 20  
626699363

**Gulika** 8:29AM – 9:59AM  
**Yama** 5:31AM – 7:00AM  
**Rahu** 12:58PM – 2:27PM

**Bharani Until 7:38AM**  
Vajra\* Until 10:46PM  
Kaulava Until 3:19AM Fri  
**Chaturthi\* Until 4:28PM**

**Ganesha:** Red      *Sunrise:* 5:31AM  
**Muruqa:** Green      *Sunset:* 5:26PM  
**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

Until 7:38AM

Then Routine Work - Marana Yoga

**3**

**Friday, October 2, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Manama, Bahrain  
Sun 3      Sutra 173

Wrishabha Rasi: 10.01      Tithi 20 – 21  
636699363

**Gulika** 7:00AM – 8:30AM  
**Yama** 2:26PM – 3:55PM  
**Rahu** 9:59AM – 11:28AM

**Rohini Until 4:55AM Sat**  
Siddhi Until 8:01PM  
Gara Until 1:28AM Sat  
**Panchami Until 2:17PM**

**Ganesha:** Green      *Sunrise:* 5:31AM  
**Muruqa:** Green      *Sunset:* 5:25PM  
**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Routine Work      Marana Yoga

Until 4:55AM Sat

Then Creative Work - Siddha Yoga

**4**

**Saturday, October 3, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*Varyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Manama, Bahrain  
Sun 4      Sutra 174

Wrishabha Rasi: 23.56      Tithi 21 – 22  
636699363

**Gulika** 5:32AM – 7:01AM  
**Yama** 12:57PM – 2:26PM  
**Rahu** 8:30AM – 9:59AM

**Mrigashira Until 4:39AM Sun**  
Vyatipata\* Until 5:52PM  
Visti Until 12:22AM Sun  
**Shashthi\* Until 12:48PM**

**Ganesha:** Green      *Sunrise:* 5:32AM  
**Muruqa:** Green      *Sunset:* 5:24PM  
**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Creative Work      Siddha Yoga

**D**

**Sunday, October 4, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain  
Sun 5      Sutra 175

Mithuna Rasi: 7.24      Tithi 22 – 23  
636699363

**Gulika** 2:25PM – 3:54PM  
**Yama** 11:27AM – 12:56PM  
**Rahu** 3:54PM – 5:23PM

**Ardra Until 5:01AM Mon**  
Variyan Until 4:19PM  
Balava Until 12:05AM Mon  
**Saptami Until 12:06PM**

**Ganesha:** Green      *Sunrise:* 5:32AM  
**Muruqa:** Green      *Sunset:* 5:23PM  
**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Creative Work      Siddha Yoga

Until 5:01AM Mon

Then Creative Work - Amrita Yoga

**Monday, October 5, 2015**

**Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain  
Sun 6      Sutra 176

Mithuna Rasi: 20.26      Tithi 23 – 24  
646699363

**Gulika** 12:56PM – 2:24PM  
**Yama** 9:58AM – 11:27AM  
**Rahu** 7:01AM – 8:30AM

**Punarvasu Until 6:27AM Tue**  
Parigha\* Until 3:25PM  
Taitila Until 12:35AM Tue  
**Ashtami\* Until 12:13PM**

**Ganesha:** Orange      *Sunrise:* 5:32AM  
**Muruqa:** Green      *Sunset:* 5:21PM  
**Nataraja:** Purple  
Moon – Blue

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Creative Work      Amrita Yoga

Until 6:27AM Tue

Then Creative Work - Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>	<b>Tuesday, October 6, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Manama, Bahrain Sun 7 Sutra 177
	Kataka Rasi: 3.05    Tithi 24 – 25 646799363	<b>Gulika</b> 11:27AM – 12:55PM <b>Yama</b> 8:30AM – 9:58AM <b>Rahu</b> 2:24PM – 3:52PM	<b>Punarvasu Until 6:27AM</b> Shiva Until 3:07PM Vanija Until 1:48AM Wed <b>Navami* Until 1:05PM</b>

<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:33AM	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset:</i> 5:20PM	Moon 9 - Phase 24
<b>Nataraja:</b> Purple	2nd Phase
Moon – Blue	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM

<b>2</b>	<b>Wednesday, October 7, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Manama, Bahrain Sun 8 Sutra 178
	Kataka Rasi: 15.26    Tithi 25 – 26 646799363	<b>Gulika</b> 9:58AM – 11:26AM <b>Yama</b> 7:02AM – 8:30AM <b>Rahu</b> 11:26AM – 12:55PM	<b>Pushya Until 8:24AM</b> Siddha Until 3:17PM Bava Until 3:37AM Thu <b>Dashami Until 2:38PM</b>

<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:33AM	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset:</i> 5:19PM	Moon 9 - Phase 24
<b>Nataraja:</b> Purple	2nd Phase
Moon – Blue	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Thursday, October 8, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Manama, Bahrain Sun 9 Sutra 179
	Kataka Rasi: 27.33    Tithi 26 – 27 647799364	<b>Gulika</b> 8:30AM – 9:58AM <b>Yama</b> 5:34AM – 7:02AM <b>Rahu</b> 12:54PM – 2:22PM	<b>Ashlesha* Until 10:43AM</b> Sadhya Until 3:51PM Kaulava Until 5:54AM Fri <b>Ekadashi* Until 4:41PM</b>

<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:34AM	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset:</i> 5:18PM	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	2nd Phase
Moon – Blue	
<b>Devaloka Day</b>	
<b>Bhadrapada-Puratasi</b>	

<b>4</b>	<b>Friday, October 9, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila Karana Dvadashyam Titau	Manama, Bahrain Sun 10 Sutra 180
	Simha Rasi: 9.29    Tithi 27 657799364	<b>Gulika</b> 7:02AM – 8:30AM <b>Yama</b> 2:22PM – 3:49PM <b>Rahu</b> 9:58AM – 11:26AM	<b>Magha* Until 1:45PM</b> Subha Until 4:43PM Taitila Until 7:08PM <b>Dvadashi* Until 7:08PM</b>


<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:34AM	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset:</i> 5:17PM	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	2nd Phase
Moon – Red	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM

<b>5</b>	<b>Saturday, October 10, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau	Manama, Bahrain Sun 11 Sutra 181
	Simha Rasi: 21.19    Tithi 28 657799364	<b>Gulika</b> 5:35AM – 7:02AM <b>Yama</b> 12:53PM – 2:21PM <b>Rahu</b> 8:30AM – 9:58AM	<b>Purvaphalguni Until 4:51PM</b> Sukla Until 5:43PM Gara Until 8:27AM <b>Trayodashi* Until 9:46PM</b> <i>Pradosha Vrata (Fasting)</i>

<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:35AM	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset:</i> 5:16PM	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	2nd Phase
Moon – Red	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM

<b>6</b>	<b>Sunday, October 11, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Manama, Bahrain Sun 12 Sutra 182
	Kanya Rasi: 3.06    Tithi 29 657799364	<b>Gulika</b> 2:20PM – 3:48PM <b>Yama</b> 11:25AM – 12:53PM <b>Rahu</b> 3:48PM – 5:15PM	<b>Uttaraphalguni Until 7:52PM</b> Brahma Until 6:48PM Visti Until 11:09AM <b>Chaturdashi* Until 12:29AM Mon</b>

<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:35AM	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset:</i> 5:15PM	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	2nd Phase
Moon – Red	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM

	<b>Monday, October 12, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Manama, Bahrain Sun 13 Sutra 183
	<b>Retreat Star</b> Kanya Rasi: 14.53    Tithi 30 <b>Family Home Evening</b> 667799364 Creative Work Siddha Yoga Until 11:10PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 12:52PM – 2:20PM <b>Yama</b> 9:58AM – 11:25AM <b>Rahu</b> 7:03AM – 8:30AM	<b>Hasta Until 11:10PM</b> Indra Until 7:51PM Catuspada Until 1:50PM <b>Amavasya* Until 3:07AM Tue</b>

<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:36AM	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset:</i> 5:14PM	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	Amavasya
Moon – Green	
<b>Bhuloka Day</b>	
<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM

<b>Retreat Star</b>	<b>Tuesday, October 13, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau	Manama, Bahrain Sun 14 Sutra 184
	Kanya Rasi: 26.41    Tithi 1 667799364 Creative Work Siddha Yoga	<b>Gulika</b> 11:25AM – 12:52PM <b>Yama</b> 8:31AM – 9:58AM <b>Rahu</b> 2:19PM – 3:46PM	<b>Chitra Until 2:08AM Wed</b> Vaidhriti* Until 8:45PM Kintughna Until 4:23PM <b>Prathama* Until 5:34AM Wed</b>

<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:36AM	Manmatha 5117
<b>Muruga:</b> Green <i>Sunset:</i> 5:13PM	Moon 9 - Phase 24
<b>Nataraja:</b> Clear	Prathama
Moon – Green	
<b>Bhuloka Day</b>	
<b>Ashvina-Puratasi</b>	Devaloka Time: 6:PM to 9:PM

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time

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<b>1</b>	<b>Wednesday, October 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava Karana Dvitiyayam Titau				Manama, Bahrain Sun 15 Sutra 185
	Tula Rasi: 8.34	Tithi 2	<b>Gulika</b> 9:58AM – 11:25AM	<b>Svati Until 4:41AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:37AM	Manmatha 5117
		668799364	<b>Yama</b> 7:04AM – 8:31AM	<b>Vishkambha* Until 9:29PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:12PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	<b>Rahu</b> 11:25AM – 12:51PM	<b>Balava Until 6:42PM</b>	<b>Nataraja:</b> Clear	3rd Phase
			<b>Dvitiya Until 7:43AM Thu</b>	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	


<b>2</b>	<b>Thursday, October 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 186
	Tula Rasi: 20.34	Tithi 2 – 3	<b>Gulika</b> 8:31AM – 9:58AM	<b>Vishakha Until 7:13AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:37AM	Manmatha 5117
		678799364	<b>Yama</b> 5:37AM – 7:04AM	<b>Priti Until 9:59PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:11PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	<b>Rahu</b> 12:51PM – 2:18PM	<b>Taitila Until 8:42PM</b>	<b>Nataraja:</b> Clear	3rd Phase
			<b>Dvitiya Until 7:43AM</b>	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	


<b>3</b>	<b>Friday, October 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Manama, Bahrain Sun 17 Sutra 187
	Vrischika Rasi: 2.42	Tithi 3 – 4	<b>Gulika</b> 7:04AM – 8:31AM	<b>Vishakha Until 7:13AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:38AM	Manmatha 5117
		678799364	<b>Yama</b> 2:17PM – 3:44PM	<b>Ayushman Until 10:08PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:10PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	<b>Rahu</b> 9:58AM – 11:24AM	<b>Vanija Until 10:18PM</b>	<b>Nataraja:</b> Clear	3rd Phase
			<b>Tritiya Until 9:32AM</b>	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Saturday, October 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Vistit*/Bava Karana Chaturthi/Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 188
	Vrischika Rasi: 15.01	Tithi 4 – 5	<b>Gulika</b> 5:38AM – 7:05AM	<b>Anuradha Until 9:11AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:38AM	Manmatha 5117
		678799364	<b>Yama</b> 12:50PM – 2:17PM	<b>Saubhagya Until 9:58PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:09PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:31AM – 9:57AM	<b>Bava Until 11:27PM</b>	<b>Nataraja:</b> Clear	3rd Phase
			<b>Chaturthi* Until 10:55AM</b>	<b>Ashvina+Purasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Sunday, October 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Manama, Bahrain Sun 19 Sutra 189
	Vrischika Rasi: 27.31	Tithi 5 – 6	<b>Gulika</b> 2:16PM – 3:42PM	<b>Jyeshtha* Until 10:32AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:39AM	Manmatha 5117
		678799364	<b>Yama</b> 11:24AM – 12:50PM	<b>Sobhana Until 9:25PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:08PM	Moon 9 - Phase 25
	Routine Work	Marana Yoga	<b>Rahu</b> 3:42PM – 5:08PM	<b>Kaulava Until 12:05AM Mon</b>	<b>Nataraja:</b> Clear	3rd Phase
			<b>Panchami Until 11:49AM</b>	<b>Ashvina+Purasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
			Until 10:32AM Then Creative Work - Amrita Yoga			

<b>6</b>	<b>Monday, October 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 190
	Dhanus Rasi: 10.16	Tithi 6 – 7	<b>Gulika</b> 12:49PM – 2:16PM	<b>Mula* Until 11:41AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:39AM	Manmatha 5117
	<b>Family Home Evening</b>	688799364	<b>Yama</b> 9:57AM – 11:23AM	<b>Athiganda* Until 8:24PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:08PM	Moon 9 - Phase 25
	Creative Work	Siddha Yoga	<b>Rahu</b> 7:05AM – 8:31AM	<b>Gara Until 12:09AM Tue</b>	<b>Nataraja:</b> Clear	3rd Phase
			<b>Shashthi* Until 12:10PM</b>	<b>Ashvina+Purasi</b>	<b>Devaloka Day</b>	
			Until 11:41AM Then Routine Work - Marana Yoga			

	<b>Tuesday, October 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 21 Sutra 191
	<b>Retreat Star</b>		<b>Gulika</b> 11:23AM – 12:49PM	<b>Purvashadha* Until 12:05PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:40AM	Manmatha 5117
	Dhanus Rasi: 23.18	Tithi 7 – 8	<b>Yama</b> 8:32AM – 9:57AM	<b>Sukarma Until 6:55PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:07PM	Moon 9 - Phase 25
		688799364	<b>Rahu</b> 2:15PM – 3:41PM	<b>Vistit Until 11:35PM</b>	<b>Nataraja:</b> Clear	Ashtami
			<b>Durga Ashtami</b>	<b>Saptami Until 11:56AM</b>	<b>Ashvina+Purasi</b>	
			Until 12:05PM Then Routine Work - Prabalarishta Yoga			

	<b>Wednesday, October 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 22 Sutra 192
	<b>Retreat Star</b>		<b>Gulika</b> 9:57AM – 11:23AM	<b>Uttarashadha Until 11:42AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:41AM	Manmatha 5117
	Makara Rasi: 6.4	Tithi 8 – 9	<b>Yama</b> 7:06AM – 8:32AM	<b>Dhriti Until 4:56PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 5:06PM	Moon 9 - Phase 25
		689799364	<b>Rahu</b> 11:23AM – 12:49PM	<b>Balava Until 10:23PM</b>	<b>Nataraja:</b> Clear	Navami
			<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Ashtami* Until 11:03AM</b>	<b>Ashvina+Purasi</b>	
			Until 11:42AM Then Creative Work - Siddha Yoga			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Thursday, October 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Manama, Bahrain Sun 23 Sutra 193
	Makara Rasi: 20.25    Tithi 9 – 10 699799364	<b>Gulika</b> 8:32AM – 9:57AM <b>Yama</b> 5:41AM – 7:07AM <b>Rahu</b> 12:48PM – 2:14PM	<b>Shravana Until 11:00AM</b> Shula* Until 2:25PM Taitila Until 8:33PM <b>Navami* Until 9:31AM</b>

Creative Work    Siddha Yoga

**Ganesha:** Clear    *Sunrise:* 5:41AM  
**Muruga:** Green    *Sunset:* 5:05PM  
**Nataraja:** Clear  
Moon – Purple

**Ashvina•Aipasi**

**Devaloka Day**

<b>2</b>	<b>Friday, October 23, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Manama, Bahrain Sun 24 Sutra 194
	Kumbha Rasi: 4.32    Tithi 10 – 11 699799364	<b>Gulika</b> 7:07AM – 8:32AM <b>Yama</b> 2:13PM – 3:39PM <b>Rahu</b> 9:58AM – 11:23AM	<b>Dhanishtha Until 9:33AM</b> Ganda* Until 11:25AM Vanija Until 6:08PM <b>Dashami Until 7:24AM</b>

Creative Work    Siddha Yoga

**Ganesha:** Clear    *Sunrise:* 5:42AM  
**Muruga:** Green    *Sunset:* 5:04PM  
**Nataraja:** Clear  
Moon – Purple

**Ashvina•Aipasi**

**Devaloka Day**

<b>3</b>	<b>Saturday, October 24, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mantra Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau	Manama, Bahrain Sun 25 Sutra 195
	Kumbha Rasi: 19.02    Tithi 12 699799364	<b>Gulika</b> 5:42AM – 7:07AM <b>Yama</b> 12:48PM – 2:13PM <b>Rahu</b> 8:32AM – 9:58AM	<b>Shatabhishak Until 7:26AM</b> Vridhi Until 8:01AM Bava Until 3:15PM <b>Dvadashi Until 1:38AM Sun</b>

Creative Work    Amrita Yoga  
Until 7:26AM  
Then Routine Work - Marana Yoga

**Ganesha:** Clear    *Sunrise:* 5:42AM  
**Muruga:** Green    *Sunset:* 5:03PM  
**Nataraja:** Clear  
Moon – Purple

**Ashvina•Aipasi**

**Devaloka Day**

<b>4</b>	<b>Sunday, October 25, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosnthapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Manama, Bahrain Sun 26 Sutra 196
	Meena Rasi: 3.5    Tithi 13 619799364	<b>Gulika</b> 2:12PM – 3:37PM <b>Yama</b> 11:23AM – 12:48PM <b>Rahu</b> 3:37PM – 5:02PM	<b>Uttaraprosnthapada Until 2:30AM Mon</b> Vyaghata* Until 12:16AM Mon Kaulava Until 11:59AM <b>Trayodashi Until 10:14PM</b> <i>Pradosha Vrata</i>

Creative Work    Amrita Yoga  
Until 2:30AM Mon  
Then Creative Work - Siddha Yoga

**Ganesha:** Yellow    *Sunrise:* 5:43AM  
**Muruga:** Green    *Sunset:* 5:02PM  
**Nataraja:** Clear  
Moon – Clear

**Ashvina•Aipasi**

**Devaloka Day**


<b>5</b>	<b>Monday, October 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau	Manama, Bahrain Sun 27 Sutra 197
	Meena Rasi: 18.51    Tithi 14 <b>Family Home Evening</b> 619799364	<b>Gulika</b> 12:47PM – 2:12PM <b>Yama</b> 9:58AM – 11:22AM <b>Rahu</b> 7:08AM – 8:33AM	<b>Revati Until 11:34PM</b> Harshana Until 8:10PM Gara Until 8:29AM <b>Chaturdashi* Until 6:40PM</b>

Creative Work    Siddha Yoga

**Ganesha:** Yellow    *Sunrise:* 5:43AM  
**Muruga:** Green    *Sunset:* 5:02PM  
**Nataraja:** Clear  
Moon – Clear

**Ashvina•Aipasi**

**Devaloka Day**


	<b>Tuesday, October 27, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Manama, Bahrain Sutra 198
	<b>Copper Retreat Star</b> Mesha Rasi: 3.57    Tithi 15 – 16 629799364	<b>Gulika</b> 11:22AM – 12:47PM <b>Yama</b> 8:33AM – 9:58AM <b>Rahu</b> 2:12PM – 3:36PM	<b>Ashvini Until 8:55PM</b> Vajra* Until 4:03PM Balava Until 1:23AM Wed <b>Purnima* Until 3:06PM</b>

Creative Work    Siddha Yoga

**Ganesha:** White    *Sunrise:* 5:44AM  
**Muruga:** Green    *Sunset:* 5:01PM  
**Nataraja:** Clear  
Moon – White

**Ashvina•Aipasi**

**Sivaloka Day**

	<b>Wednesday, October 28, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Manama, Bahrain Sutra 199
	<b>Silver Retreat Star</b> Mesha Rasi: 18.59    Tithi 16 – 17 629799364	<b>Gulika</b> 9:58AM – 11:22AM <b>Yama</b> 7:09AM – 8:33AM <b>Rahu</b> 11:22AM – 12:47PM	<b>Bharani Until 6:20PM</b> Siddhi Until 12:04PM Taitila Until 10:06PM <b>Prathama* Until 11:41AM</b>

Creative Work    Siddha Yoga  
Until 6:20PM  
Then Creative Work - Amrita Yoga

**Ganesha:** White    *Sunrise:* 5:45AM  
**Muruga:** Green    *Sunset:* 5:00PM  
**Nataraja:** Clear  
Moon – White

**Ashvina•Aipasi**

**Sivaloka Day**

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





**Thursday, October 29, 2015**  
**Gold Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyalipata/Variyan Yoga Gara/Vanija Karana Dvitiya/Trilayam Titau

Manama, Bahrain  
Sun 1 Sutra 200

Vrishabha Rasi: 3.49 Tithi 17 - 18  
621799364  
Routine Work Marana Yoga

**Gulika** 8:34AM - 9:58AM  
**Yama** 5:45AM - 7:09AM  
**Rahu** 12:46PM - 2:11PM  
**Krittika** Until 3:59PM  
**Vyatipata\*** Until 8:21AM  
**Vanija** Until 7:12PM  
**Dvitiya** Until 8:34AM

**Ganesha:** White *Sunrise: 5:45AM*  
**Muruga:** Green *Sunset: 4:59PM*  
**Nataraja:** Clear  
Moon - White  
**Ashvina•Aipasi**

**Sivaloka Day**

Manmatha 5117  
Moon 10 - Phase 27  
1st Phase

**1**

**Friday, October 30, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Yoga Bava/Balava Karana Chaturtham Titau

Manama, Bahrain  
Sun 2 Sutra 211

Vrishabha Rasi: 18.19 Tithi 19  
631799364  
Routine Work Marana Yoga  
Until 2:27PM  
Then Creative Work - Siddha Yoga

**Gulika** 7:10AM - 8:34AM  
**Yama** 2:10PM - 3:34PM  
**Rahu** 9:58AM - 11:22AM  
**Rohini** Until 2:27PM  
**Parigha\*** Until 2:11AM Sat  
**Bava** Until 4:53PM  
**Chaturthi\*** Until 3:57AM Sat

**Ganesha:** Yellow *Sunrise: 5:46AM*  
**Muruga:** Green *Sunset: 4:58PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Manmatha 5117  
Moon 10 - Phase 27  
1st Phase

**2**

**Saturday, October 31, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain  
Sun 3 Sutra 202

Mithuna Rasi: 2.23 Tithi 20  
631899364  
Creative Work Siddha Yoga

**Gulika** 5:46AM - 7:10AM  
**Yama** 12:46PM - 2:10PM  
**Rahu** 8:34AM - 9:58AM  
**Mrigashira** Until 1:27PM  
**Shiva** Until 11:59PM  
**Kaulava** Until 3:15PM  
**Panchami** Until 2:43AM Sun

**Ganesha:** Blue *Sunrise: 5:46AM*  
**Muruga:** Green *Sunset: 4:58PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Manmatha 5117  
Moon 10 - Phase 27  
1st Phase

**3**

**Sunday, November 1, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha Yoga Gara/Vanija Karana Shashthiyam Titau

Manama, Bahrain  
Sun 4 Sutra 203

Mithuna Rasi: 15.59 Tithi 21  
631899364  
Creative Work Siddha Yoga

**Gulika** 2:10PM - 3:33PM  
**Yama** 11:22AM - 12:46PM  
**Rahu** 3:33PM - 4:57PM  
**Ardra** Until 1:05PM  
**Siddha** Until 10:24PM  
**Gara** Until 2:26PM  
**Shashthi\*** Until 2:19AM Mon

**Ganesha:** Blue *Sunrise: 5:47AM*  
**Muruga:** Green *Sunset: 4:57PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Manmatha 5117  
Moon 10 - Phase 27  
1st Phase

**4**

**Monday, November 2, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Manama, Bahrain  
Sun 5 Sutra 204

Mithuna Rasi: 29.07 Tithi 22  
641899364  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 1:51PM  
Then Creative Work - Siddha Yoga

**Gulika** 12:46PM - 2:09PM  
**Yama** 9:58AM - 11:22AM  
**Rahu** 7:11AM - 8:35AM  
**Punarvasu** Until 1:51PM  
**Sadhya** Until 9:31PM  
**Visti** Until 2:29PM  
**Saptami** Until 2:48AM Tue

**Ganesha:** Red *Sunrise: 5:48AM*  
**Muruga:** Green *Sunset: 4:56PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Devaloka Day**

Manmatha 5117  
Moon 10 - Phase 27  
1st Phase



**Tuesday, November 3, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain  
Sun 6 Sutra 205

Kataka Rasi: 11.49 Tithi 23  
641899364  
Creative Work Siddha Yoga

**Gulika** 11:22AM - 12:45PM  
**Yama** 8:35AM - 9:59AM  
**Rahu** 2:09PM - 3:32PM  
**Pushya** Until 3:19PM  
**Subha** Until 9:17PM  
**Balava** Until 3:23PM  
**Ashtami\*** Until 4:07AM Wed

**Ganesha:** Red *Sunrise: 5:48AM*  
**Muruga:** Green *Sunset: 4:56PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Devaloka Day**

Manmatha 5117  
Moon 10 - Phase 27  
Ashtami

**Wednesday, November 4, 2015**  
**Retreat Star**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain  
Sun 7 Sutra 206

Kataka Rasi: 24.1 Tithi 24  
641899364  
Creative Work Siddha Yoga

**Gulika** 9:59AM - 11:22AM  
**Yama** 7:12AM - 8:36AM  
**Rahu** 11:22AM - 12:45PM  
**Ashlesha\*** Until 5:20PM  
**Sukla** Until 9:35PM  
**Taitila** Until 5:03PM  
**Navami\*** Until 6:06AM Thu

**Ganesha:** Red *Sunrise: 5:49AM*  
**Muruga:** Green *Sunset: 4:55PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Devaloka Day**

Manmatha 5117  
Moon 10 - Phase 27  
Navami

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Thursday, November 5, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Manama, Bahrain Sun 8 Sutra 207
	Simha Rasi: 6.15 Tithi 24 – 25 651899364	<b>Gulika</b> 8:36AM – 9:59AM <b>Yama</b> 5:50AM – 7:13AM <b>Rahu</b> 12:45PM – 2:08PM	<b>Magha* Until 8:14PM</b> Brahma Until 10:18PM Vanija Until 7:18PM <b>Navami* Until 6:06AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:50AM <b>Muruga:</b> Green <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Clear Moon – Red <b>Ashvina-Aipasi</b>
	Creative Work Amrita Yoga Until 8:14PM Then Creative Work - Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>2</b>	<b>Friday, November 6, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vistri/Bava Karana Dashami/Ekadashyam Titau		Manama, Bahrain Sun 9 Sutra 208
	Simha Rasi: 18.08 Tithi 25 – 26 651899364	<b>Gulika</b> 7:13AM – 8:36AM <b>Yama</b> 2:08PM – 3:31PM <b>Rahu</b> 9:59AM – 11:22AM	<b>Purvaphalguni Until 11:19PM</b> Indra Until 11:17PM Bava Until 9:56PM <b>Dashami Until 8:34AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:50AM <b>Muruga:</b> Green <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Clear Moon – Red <b>Ashvina-Aipasi</b>
	Creative Work Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>3</b>	<b>Saturday, November 7, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Manama, Bahrain Sun 10 Sutra 209
	Simha Rasi: 29.56 Tithi 26 – 27 751899364	<b>Gulika</b> 5:51AM – 7:14AM <b>Yama</b> 12:45PM – 2:08PM <b>Rahu</b> 8:37AM – 9:59AM	<b>Uttaraphalguni Until 2:21AM Sun</b> Vaidhriti* Until 12:20AM Sun Kaulava Until 12:42AM Sun <b>Ekadashi* Until 11:17AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:51AM <b>Muruga:</b> Green <i>Sunset:</i> 4:53PM <b>Nataraja:</b> Clear Moon – Red <b>Ashvina-Aipasi</b>
	Routine Work Marana Yoga Until 2:21AM Sun Then Creative Work - Amrita Yoga			<b>Devaloka Day</b>
<b>4</b>	<b>Sunday, November 8, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 11 Sutra 210
	Kanya Rasi: 11.41 Tithi 27 – 28 762899364	<b>Gulika</b> 2:07PM – 3:30PM <b>Yama</b> 11:22AM – 12:45PM <b>Rahu</b> 3:30PM – 4:53PM	<b>Hasta Until 5:39AM Mon</b> Vishkambha* Until 1:21AM Mon Gara Until 3:23AM Mon <b>Dvadashi* Until 2:02PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:52AM <b>Muruga:</b> Green <i>Sunset:</i> 4:53PM <b>Nataraja:</b> Clear Moon – Green <b>Ashvina-Aipasi</b>
	Creative Work Amrita Yoga Until 5:39AM Mon Then Routine Work - Prabalarishta Yoga			<b>Devaloka Day</b>
<b>5</b>	<b>Monday, November 9, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Priti Yoga Vanija/Vistri* Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 12 Sutra 211
	Kanya Rasi: 23.3 Tithi 28 – 29 762899364	<b>Gulika</b> 12:45PM – 2:07PM <b>Yama</b> 10:00AM – 11:22AM <b>Rahu</b> 7:15AM – 8:37AM	<b>Chitra Until 8:31AM Tue</b> Priti Until 2:12AM Tue Vistri Until 5:50AM Tue <b>Trayodashi* Until 4:37PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:52AM <b>Muruga:</b> Green <i>Sunset:</i> 4:52PM <b>Nataraja:</b> Clear Moon – Green <b>Ashvina-Aipasi</b>
	Routine Work Prabalarishta Yoga Until 8:31AM Tue Then Creative Work - Siddha Yoga	<b>Subramuniyaswami Mahasamadhi</b> <b>Deepavali Hindu Solidarity Day</b>		<b>Devaloka Day</b>
<b>6</b>	<b>Tuesday, November 10, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Sakuni* Karana Chaturdashyam Titau		Manama, Bahrain Sun 13 Sutra 212
	Tula Rasi: 5.24 Tithi 29 762899364	<b>Gulika</b> 11:22AM – 12:45PM <b>Yama</b> 8:38AM – 10:00AM <b>Rahu</b> 2:07PM – 3:29PM	<b>Chitra Until 8:31AM</b> Ayushman Until 2:46AM Wed Sakuni Until 6:54PM <b>Chaturdashi* Until 6:54PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:53AM <b>Muruga:</b> Green <i>Sunset:</i> 4:52PM <b>Nataraja:</b> Clear Moon – Green <b>Ashvina-Aipasi</b>
	Creative Work Siddha Yoga			<b>Devaloka Day</b>
<b>Retreat Star</b>	<b>Wednesday, November 11, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Manama, Bahrain Sun 14 Sutra 213
	Tula Rasi: 17.26 Tithi 30 762899364	<b>Gulika</b> 10:00AM – 11:22AM <b>Yama</b> 7:16AM – 8:38AM <b>Rahu</b> 11:22AM – 12:45PM	<b>Svati Until 10:53AM</b> Saubhagya Until 3:02AM Thu Catuspada Until 7:55AM <b>Amavasya* Until 8:48PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:54AM <b>Muruga:</b> Green <i>Sunset:</i> 4:51PM <b>Nataraja:</b> Clear Moon – Green <b>Ashvina-Aipasi</b>
	Creative Work Siddha Yoga			<b>Devaloka Day</b>
<b>Retreat Star</b>	<b>Thursday, November 12, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Manama, Bahrain Sun 15 Sutra 214
	Tula Rasi: 29.38 Tithi 1 772899364	<b>Gulika</b> 8:39AM – 10:01AM <b>Yama</b> 5:55AM – 7:17AM <b>Rahu</b> 12:45PM – 2:07PM	<b>Vishakha Until 1:11PM</b> Sobhana Until 2:59AM Fri Kintughna Until 9:36AM <b>Prathama* Until 10:15PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:55AM <b>Muruga:</b> Green <i>Sunset:</i> 4:51PM <b>Nataraja:</b> Clear Moon – Orange <b>Karttika-Aipasi</b>
	Creative Work Siddha Yoga	<b>Skanda Shasthi Begins</b>		<b>Devaloka Day</b>

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Friday, November 13, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Manama, Bahrain Sun 16 Sutra 215
Vrischika Rasi: 12.01	Tithi 2	<b>Gulika</b> 7:17AM – 8:39AM <b>Yama</b> 2:06PM – 3:28PM <b>Rahu</b> 10:01AM – 11:23AM	<b>Anuradha Until 2:53PM</b> Athiganda* Until 2:35AM Sat Balava Until 10:50AM Dvitiya Until 11:16PM
772899364		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:55AM <b>Muruga:</b> Green <i>Sunset:</i> 4:50PM <b>Nataraja:</b> Clear Moon – Orange	Manmatha 5117 Moon 10 - Phase 29 3rd Phase <b>Devaloka Day</b> <b>Karttika-Aipasi</b>
Creative Work Siddha Yoga Until 2:53PM Then Routine Work - Marana Yoga			
<b>2</b>	<b>Saturday, November 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau	Manama, Bahrain Sun 17 Sutra 216
Vrischika Rasi: 24.35	Tithi 3	<b>Gulika</b> 5:56AM – 7:18AM <b>Yama</b> 12:45PM – 2:06PM <b>Rahu</b> 8:39AM – 10:01AM	<b>Jyeshtha* Until 4:02PM</b> Sukarma Until 1:52AM Sun Tailila Until 11:39AM Tritiya Until 11:52PM
772899364		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM <b>Muruga:</b> Green <i>Sunset:</i> 4:50PM <b>Nataraja:</b> Clear Moon – Orange	Manmatha 5117 Moon 10 - Phase 29 3rd Phase <b>Devaloka Day</b> <b>Karttika-Aipasi</b>
Creative Work Siddha Yoga			
<b>3</b>	<b>Sunday, November 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Manama, Bahrain Sun 18 Sutra 217
Dhanus Rasi: 7.22	Tithi 4	<b>Gulika</b> 2:06PM – 3:28PM <b>Yama</b> 11:23AM – 12:45PM <b>Rahu</b> 3:28PM – 4:49PM	<b>Mula* Until 5:05PM</b> Dhriti Until 12:51AM Mon Vanija Until 12:03PM Chaturthi* Until 12:04AM Mon
772899364		<b>Ganesha:</b> Red <i>Sunrise:</i> 5:57AM <b>Muruga:</b> Green <i>Sunset:</i> 4:49PM <b>Nataraja:</b> Clear Moon – Light Blue	Manmatha 5117 Moon 10 - Phase 29 3rd Phase <b>Devaloka Day</b> <b>Karttika-Aipasi</b>
Creative Work Amrita Yoga Until 5:05PM Then Creative Work - Siddha Yoga			
<b>4</b>	<b>Monday, November 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau	Manama, Bahrain Sun 19 Sutra 218
Dhanus Rasi: 20.19	Tithi 5	<b>Gulika</b> 12:45PM – 2:06PM <b>Yama</b> 10:02AM – 11:23AM <b>Rahu</b> 7:19AM – 8:40AM	<b>Purvashadha* Until 5:36PM</b> Shula* Until 11:30PM Bava Until 12:02PM Panchami Until 11:51PM
782899364		<b>Ganesha:</b> Red <i>Sunrise:</i> 5:57AM <b>Muruga:</b> Green <i>Sunset:</i> 4:49PM <b>Nataraja:</b> Clear Moon – Light Blue	Manmatha 5117 Moon 10 - Phase 29 3rd Phase <b>Devaloka Day</b> <b>Karttika-Kartikai</b>
Family Home Evening Routine Work Marana Yoga			
<b>5</b>	<b>Tuesday, November 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau	Manama, Bahrain Sun 20 Sutra 219
Makara Rasi: 3.29	Tithi 6	<b>Gulika</b> 11:23AM – 12:45PM <b>Yama</b> 8:41AM – 10:02AM <b>Rahu</b> 2:06PM – 3:27PM	<b>Uttarashadha Until 5:33PM</b> Ganda* Until 9:50PM Kaulava Until 11:37AM Shashthi* Until 11:14PM
782899365		<b>Ganesha:</b> Red <i>Sunrise:</i> 5:58AM <b>Muruga:</b> Green <i>Sunset:</i> 4:49PM <b>Nataraja:</b> White Moon – Light Blue	Manmatha 5117 Moon 10 - Phase 29 3rd Phase <b>Devaloka Day</b> <b>Karttika-Kartikai</b> Devaloka Time: 9:AM to12:PM
Routine Work Prabalarishta Yoga Until 5:33PM Then Creative Work - Siddha Yoga		<b>Skanda Shasthi</b>	
<b>6</b>	<b>Wednesday, November 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau	Manama, Bahrain Sun 21 Sutra 220
Makara Rasi: 16.52	Tithi 7	<b>Gulika</b> 10:02AM – 11:24AM <b>Yama</b> 7:20AM – 8:41AM <b>Rahu</b> 11:24AM – 12:45PM	<b>Shravana Until 5:24PM</b> Vriddhi Until 7:51PM Gara Until 10:47AM Saptami Until 10:11PM
792899365		<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:59AM <b>Muruga:</b> Green <i>Sunset:</i> 4:48PM <b>Nataraja:</b> White Moon – Purple	Manmatha 5117 Moon 10 - Phase 29 3rd Phase <b>Devaloka Day</b> <b>Karttika-Kartikai</b>
Creative Work Siddha Yoga Until 5:24PM Then Routine Work - Prabalarishta Yoga			
<b>Retreat Star</b>	<b>Thursday, November 19, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau	Manama, Bahrain Sun 22 Sutra 221
Kumbha Rasi: 0.31	Tithi 8	<b>Gulika</b> 8:42AM – 10:03AM <b>Yama</b> 6:00AM – 7:21AM <b>Rahu</b> 12:45PM – 2:06PM	<b>Dhanishtha Until 4:40PM</b> Dhruva Until 5:29PM Visti Until 9:30AM Ashtami* Until 8:41PM
792899365		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:00AM <b>Muruga:</b> Green <i>Sunset:</i> 4:48PM <b>Nataraja:</b> White Moon – Purple	Manmatha 5117 Moon 10 - Phase 29 Ashtami <b>Devaloka Day</b> <b>Karttika-Kartikai</b>
Creative Work Siddha Yoga			
<b>Retreat Star</b>	<b>Friday, November 20, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau	Manama, Bahrain Sun 23 Sutra 222
Kumbha Rasi: 14.25	Tithi 9	<b>Gulika</b> 7:21AM – 8:42AM <b>Yama</b> 2:06PM – 3:27PM <b>Rahu</b> 10:03AM – 11:24AM	<b>Shatabhishak Until 3:21PM</b> Vyaghata* Until 2:46PM Balava Until 7:47AM Navami* Until 6:45PM
792899365		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:00AM <b>Muruga:</b> Green <i>Sunset:</i> 4:48PM <b>Nataraja:</b> White Moon – Purple	Manmatha 5117 Moon 10 - Phase 29 Navami <b>Devaloka Day</b> <b>Karttika-Kartikai</b>
Creative Work Siddha Yoga			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Saturday, November 21, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproskthapada*/Uttaraproskthapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Manama, Bahrain Sun 24 Sutra 223
	Kumbha Rasi: 28.36    Tithi 10 – 11 713899365	<b>Gulika</b> 6:01AM – 7:22AM <b>Yama</b> 12:45PM – 2:06PM <b>Rahu</b> 8:43AM – 10:03AM	<b>Purvaproskthapada* Until 1:54PM</b> Harshana Until 11:44AM Vanija Until 3:07AM Sun Dashami Until 4:24PM

Routine Work    Marana Yoga Until 1:54PM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:01AM <b>Muruga:</b> Green <i>Sunset:</i> 4:47PM <b>Nataraja:</b> White Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
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<b>2</b>	<b>Sunday, November 22, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproskthapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Manama, Bahrain Sun 25 Sutra 224
	Meena Rasi: 13.02    Tithi 11 – 12 713899365	<b>Gulika</b> 2:06PM – 3:27PM <b>Yama</b> 11:25AM – 12:45PM <b>Rahu</b> 3:27PM – 4:47PM	<b>Uttaraproskthapada Until 11:58AM</b> Vajra* Until 8:23AM Bava Until 12:18AM Mon Ekadashi Until 1:43PM


Creative Work    Amrita Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:02AM <b>Muruga:</b> Green <i>Sunset:</i> 4:47PM <b>Nataraja:</b> White Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
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<b>3</b>	<b>Monday, November 23, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Manama, Bahrain Sun 26 Sutra 225
	Meena Rasi: 27.4    Tithi 12 – 13 713899365	<b>Gulika</b> 12:45PM – 2:06PM <b>Yama</b> 10:04AM – 11:25AM <b>Rahu</b> 7:23AM – 8:44AM	<b>Revati Until 9:38AM</b> Vyatipata* Until 1:08AM Tue Kaulava Until 9:16PM Dvadashi Until 10:47AM <i>Pradosha Vrata</i>

Family Home Evening Creative Work    Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:03AM <b>Muruga:</b> Green <i>Sunset:</i> 4:47PM <b>Nataraja:</b> White Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
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<b>4</b>	<b>Tuesday, November 24, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau	Manama, Bahrain Sun 27 Sutra 226
	Mesha Rasi: 12.26    Tithi 13 – 14 723899365	<b>Gulika</b> 11:25AM – 12:46PM <b>Yama</b> 8:44AM – 10:05AM <b>Rahu</b> 2:06PM – 3:26PM	<b>Ashvini Until 7:26AM</b> Varyan Until 9:23PM Gara Until 6:11PM Trayodashi Until 7:43AM

Creative Work    Siddha Yoga	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:03AM <b>Muruga:</b> Green <i>Sunset:</i> 4:47PM <b>Nataraja:</b> White Moon – White	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
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	<b>Wednesday, November 25, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau	Manama, Bahrain Sutra 227
	Mesha Rasi: 27.12    Tithi 15 723999365	<b>Gulika</b> 10:05AM – 11:25AM <b>Yama</b> 7:24AM – 8:45AM <b>Rahu</b> 11:25AM – 12:46PM	<b>Krittika Until 2:48AM Thu</b> Parigha* Until 5:44PM Visti Until 3:11PM Purnima* Until 1:44AM Thu

Copper Retreat Star Creative Work    Amrita Yoga Until 2:48AM Thu Then Routine Work - Marana Yoga	<b>Krittika Deepam</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:04AM <b>Muruga:</b> Green <i>Sunset:</i> 4:47PM <b>Nataraja:</b> White Moon – White	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
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<b>0</b>	<b>Thursday, November 26, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau	Manama, Bahrain Sutra 228
	Vrishabha Rasi: 11.51    Tithi 16 733999365	<b>Gulika</b> 8:45AM – 10:05AM <b>Yama</b> 6:05AM – 7:25AM <b>Rahu</b> 12:46PM – 2:06PM	<b>Rohini Until 1:05AM Fri</b> Shiva Until 2:18PM Balava Until 12:24PM Prathama* Until 11:08PM

Routine Work    Marana Yoga Until 1:05AM Fri Then Creative Work - Siddha Yoga	<b>Vinayaga Viratam Begins</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:05AM <b>Muruga:</b> Green <i>Sunset:</i> 4:47PM <b>Nataraja:</b> White Moon – Yellow	<b>Devaloka Day</b>
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If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



**Friday, November 27, 2015**  
**Gold Retreat Star**

Wrishabha Rasi: 26.15    Tilthi 17  
733999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain  
Sutra 229

**Gulika**    7:26AM – 8:46AM    **Mrigashira Until 11:42PM**  
**Yama**        2:06PM – 3:26PM    Siddha Until 11:10AM  
**Rahu**        10:06AM – 11:26AM    Taitila Until 10:01AM  
**Dvitiya Until 9:01PM**

**Ganesha:** White    *Sunrise:* 6:06AM  
**Muruga:** Green    *Sunset:* 4:47PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**1**

**Saturday, November 28, 2015**

Mithuna Rasi: 10.18    Tilthi 18  
733999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Manama, Bahrain  
Sun 1    Sutra 230

**Gulika**    6:06AM – 7:26AM    **Ardra Until 10:49PM**  
**Yama**        12:46PM – 2:06PM    Sadhya Until 8:30AM  
**Rahu**        8:46AM – 10:06AM    Vanija Until 8:12AM  
**Tritiya Until 7:31PM**

**Ganesha:** White    *Sunrise:* 6:06AM  
**Muruga:** Green    *Sunset:* 4:46PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**2**

**Sunday, November 29, 2015**

Mithuna Rasi: 23.56    Tilthi 19  
743999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Manama, Bahrain  
Sun 2    Sutra 231

**Gulika**    2:07PM – 3:26PM    **Punarvasu Until 11:00PM**  
**Yama**        11:27AM – 12:47PM    Subha Until 6:24AM  
**Rahu**        3:26PM – 4:46PM    Bava Until 7:04AM  
**Chaturthi\* Until 6:47PM**

**Ganesha:** Yellow    *Sunrise:* 6:07AM  
**Muruga:** Green    *Sunset:* 4:46PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**3**

**Monday, November 30, 2015**

Kataka Rasi: 7.08    Tilthi 20  
743999365  
Family Home Evening  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain  
Sun 3    Sutra 232

**Gulika**    12:47PM – 2:07PM    **Pushya Until 11:50PM**  
**Yama**        10:07AM – 11:27AM    Brahma Until 4:05AM Tue  
**Rahu**        7:28AM – 8:47AM    Kaulava Until 6:45AM  
**Panchami Until 6:53PM**

**Ganesha:** Yellow    *Sunrise:* 6:08AM  
**Muruga:** Green    *Sunset:* 4:46PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**4**

**Tuesday, December 1, 2015**

Kataka Rasi: 19.54    Tilthi 21  
743999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain  
Sun 4    Sutra 233

**Gulika**    11:27AM – 12:47PM    **Ashlesha\* Until 1:19AM Wed**  
**Yama**        8:48AM – 10:08AM    Indra Until 3:54AM Wed  
**Rahu**        2:07PM – 3:27PM    Gara Until 7:17AM  
**Shashthi\* Until 7:50PM**

**Ganesha:** Yellow    *Sunrise:* 6:08AM  
**Muruga:** Green    *Sunset:* 4:46PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**5**

**Wednesday, December 2, 2015**

Simha Rasi: 2.17    Tilthi 22  
753999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Saptamyam Titau

Manama, Bahrain  
Sun 5    Sutra 234

**Gulika**    10:08AM – 11:28AM    **Magha\* Until 3:51AM Thu**  
**Yama**        7:29AM – 8:48AM    Vaidhriti\* Until 4:15AM Thu  
**Rahu**        11:28AM – 12:47PM    Visti Until 8:38AM  
**Saptami Until 9:34PM**

**Ganesha:** Blue    *Sunrise:* 6:09AM  
**Muruga:** Green    *Sunset:* 4:46PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Devaloka Day**

Manmatha 5117  
Moon 11 - Phase 31  
1st Phase

**D**

**Thursday, December 3, 2015**  
**Retreat Star**

Simha Rasi: 14.24    Tilthi 23  
753999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain  
Sun 6    Sutra 235

**Gulika**    8:49AM – 10:09AM    **Purvaphalguni Until 6:43AM Fri**  
**Yama**        6:10AM – 7:29AM    Vishkambha\* Until 5:00AM Fri  
**Rahu**        12:48PM – 2:07PM    Balava Until 10:41AM  
**Ashtami\* Until 11:53PM**

**Ganesha:** Blue    *Sunrise:* 6:10AM  
**Muruga:** Green    *Sunset:* 4:46PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Devaloka Day**

Manmatha 5117  
Moon 11 - Phase 31  
Ashtami

**Friday, December 4, 2015**  
**Retreat Star**

Simha Rasi: 26.18    Tilthi 24  
753999365  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain  
Sun 7    Sutra 236

**Gulika**    7:30AM – 8:50AM    **Purvaphalguni Until 6:43AM**  
**Yama**        2:08PM – 3:27PM    Priti Until 6:00AM Sat  
**Rahu**        10:09AM – 11:29AM    Taitila Until 1:14PM  
**Navami\* Until 2:34AM Sat**

**Ganesha:** Blue    *Sunrise:* 6:11AM  
**Muruga:** Green    *Sunset:* 4:47PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Devaloka Day**

Manmatha 5117  
Moon 11 - Phase 31  
Navami

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>	<b>Saturday, December 5, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sobhana/Ayushman Yoga Vanija/Visli* Karana Dashamyam Titau	Manama, Bahrain Sun 8 Sutra 237 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
	Kanya Rasi: 8.06      Tithi 25 753999365 Routine Work      Marana Yoga	<b>Gulika</b> 6:11AM – 7:31AM <b>Yama</b> 12:48PM – 2:08PM <b>Rahu</b> 8:50AM – 10:10AM	<b>Uttaraphalguni Until 9:41AM</b> Sobhana Until 6:00AM Vanija Until 3:59PM Dashami Until 5:19AM Sun
<b>2</b>	<b>Sunday, December 6, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava Karana Ekadashyam Titau	Manama, Bahrain Sun 9 Sutra 238 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
	Kanya Rasi: 19.53      Tithi 26 764999365 Creative Work      Amrita Yoga Until 1:00PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:08PM – 3:27PM <b>Yama</b> 11:29AM – 12:49PM <b>Rahu</b> 3:27PM – 4:47PM	<b>Hasta Until 1:00PM</b> Ayushman Until 6:59AM Bava Until 6:40PM Ekadashi* Until 7:54AM Mon
<b>3</b>	<b>Monday, December 7, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Manama, Bahrain Sun 10 Sutra 239 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
	Tula Rasi: 1.43      Tithi 26 – 27 Family Home Evening 764999365 Routine Work      Prabalarishta Yoga Until 3:55PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 12:49PM – 2:08PM <b>Yama</b> 10:11AM – 11:30AM <b>Rahu</b> 7:32AM – 8:51AM	<b>Chitra Until 3:55PM</b> Saubhagya Until 7:51AM Kaulava Until 9:05PM Ekadashi* Until 7:54AM
<b>4</b>	<b>Tuesday, December 8, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Manama, Bahrain Sun 11 Sutra 240 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
	Tula Rasi: 13.43      Tithi 27 – 28 764999365 Creative Work      Siddha Yoga Until 6:15PM Then Routine Work - Marana Yoga	<b>Gulika</b> 11:30AM – 12:50PM <b>Yama</b> 8:52AM – 10:11AM <b>Rahu</b> 2:09PM – 3:28PM	<b>Svati Until 6:15PM</b> Sobhana Until 8:27AM Gara Until 11:02PM Dvadashi* Until 10:06AM <i>Pradosha Vrata (Fasting)</i>
<b>5</b>	<b>Wednesday, December 9, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Manama, Bahrain Sun 12 Sutra 241 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
	Tula Rasi: 25.53      Tithi 28 – 29 774919365 Creative Work      Siddha Yoga	<b>Gulika</b> 10:12AM – 11:31AM <b>Yama</b> 7:33AM – 8:52AM <b>Rahu</b> 11:31AM – 12:50PM	<b>Vishakha Until 8:25PM</b> Athiganda* Until 8:38AM Visli Until 12:27AM Thu Trayodashi* Until 11:47AM
<b>●</b>	<b>Thursday, December 10, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau	Manama, Bahrain Sun 13 Sutra 242 Manmatha 5117 Moon 11 - Phase 32 Amavasya
	<b>Retreat Star</b> Vrischika Rasi: 8.19      Tithi 29 – 30 774919365 Creative Work      Siddha Yoga Until 9:53PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 8:53AM – 10:12AM <b>Yama</b> 6:15AM – 7:34AM <b>Rahu</b> 12:50PM – 2:09PM	<b>Anuradha Until 9:53PM</b> Sukarma Until 8:25AM Catuspada Until 1:17AM Fri Chaturdashi* Until 12:55PM
<b>●</b>	<b>Friday, December 11, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukra Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Manama, Bahrain Sun 14 Sutra 243 Manmatha 5117 Moon 11 - Phase 32 Prathama
	<b>Retreat Star</b> Vrischika Rasi: 20.58      Tithi 30 – 1 774919365 Routine Work      Marana Yoga Until 10:40PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:34AM – 8:54AM <b>Yama</b> 2:10PM – 3:29PM <b>Rahu</b> 10:13AM – 11:32AM	<b>Jyeshtha* Until 10:40PM</b> Dhriti Until 7:48AM Kintughna Until 1:36AM Sat Amavasya* Until 1:29PM

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>	<b>Saturday, December 12, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Manama, Bahrain Sun 15 Sutra 244
	Dhanus Rasi: 3.53 Tithi 1 – 2 784919365	<b>Gulika</b> 6:16AM – 7:35AM <b>Yama</b> 12:51PM – 2:10PM <b>Rahu</b> 8:54AM – 10:13AM	<b>Mula* Until 11:18PM</b> <b>Shula* Until 6:44AM</b> Balava Until 1:26AM Sun <b>Prathama* Until 1:33PM</b>

<b>Ganesha:</b> Blue <i>Sunrise: 6:16AM</i>	Manmatha 5117
<b>Muruga:</b> Red <i>Sunset: 4:48PM</i>	Moon 11 - Phase 33
<b>Nataraja:</b> White	3rd Phase
Moon – Light Blue	
<b>Bhuloka Day</b>	
<b>Margasira-Karttikai</b>	Devaloka Time: 12:PM to 3:PM

<b>2</b>	<b>Sunday, December 13, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Manama, Bahrain Sun 16 Sutra 245
	Dhanus Rasi: 17.01 Tithi 2 – 3 784919365	<b>Gulika</b> 2:11PM – 3:29PM <b>Yama</b> 11:33AM – 12:52PM <b>Rahu</b> 3:29PM – 4:48PM	<b>Purvashadha* Until 11:23PM</b> Vriddhi Until 3:41AM Mon Taitila Until 12:53AM Mon <b>Dvitiya Until 1:11PM</b>

<b>Ganesha:</b> Blue <i>Sunrise: 6:17AM</i>	Manmatha 5117
<b>Muruga:</b> Red <i>Sunset: 4:48PM</i>	Moon 11 - Phase 33
<b>Nataraja:</b> White	3rd Phase
Moon – Light Blue	
<b>Bhuloka Day</b>	
<b>Margasira-Karttikai</b>	Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 11:23PM  
Then Creative Work - Amrita Yoga

<b>3</b>	<b>Monday, December 14, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Manama, Bahrain Sun 17 Sutra 246
	Makara Rasi: 0.21 Tithi 3 – 4 784919365	<b>Gulika</b> 12:52PM – 2:11PM <b>Yama</b> 10:14AM – 11:33AM <b>Rahu</b> 7:36AM – 8:55AM	<b>Uttarashadha Until 11:01PM</b> Dhruva Until 1:44AM Tue Vanija Until 12:01AM Tue <b>Tritiya Until 12:28PM</b>

<b>Ganesha:</b> Blue <i>Sunrise: 6:17AM</i>	Manmatha 5117
<b>Muruga:</b> Red <i>Sunset: 4:49PM</i>	Moon 11 - Phase 33
<b>Nataraja:</b> White	3rd Phase
Moon – Light Blue	
<b>Bhuloka Day</b>	
<b>Margasira-Karttikai</b>	Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 11:01PM  
Then Creative Work - Amrita Yoga

<b>4</b>	<b>Tuesday, December 15, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Manama, Bahrain Sun 18 Sutra 247
	Makara Rasi: 13.51 Tithi 4 – 5 794919365	<b>Gulika</b> 11:34AM – 12:52PM <b>Yama</b> 8:56AM – 10:15AM <b>Rahu</b> 2:11PM – 3:30PM	<b>Shravana Until 10:41PM</b> Vyaghata* Until 11:36PM Bava Until 10:54PM <b>Chaturthi* Until 11:28AM</b>

<b>Ganesha:</b> Yellow <i>Sunrise: 6:18AM</i>	Manmatha 5117
<b>Muruga:</b> Red <i>Sunset: 4:49PM</i>	Moon 11 - Phase 33
<b>Nataraja:</b> White	3rd Phase
Moon – Purple	
<b>Devaloka Day</b>	
<b>Margasira-Karttikai</b>	

Creative Work Siddha Yoga

<b>5</b>	<b>Wednesday, December 16, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Manama, Bahrain Sun 19 Sutra 248
	Makara Rasi: 27.29 Tithi 5 – 6 794919365	<b>Gulika</b> 10:15AM – 11:34AM <b>Yama</b> 7:37AM – 8:56AM <b>Rahu</b> 11:34AM – 12:53PM	<b>Dhanishtha Until 9:59PM</b> Harshana Until 9:19PM Kaulava Until 9:33PM <b>Panchami Until 10:14AM</b>


<b>Ganesha:</b> Yellow <i>Sunrise: 6:19AM</i>	Manmatha 5117
<b>Muruga:</b> Red <i>Sunset: 4:49PM</i>	Moon 11 - Phase 33
<b>Nataraja:</b> White	3rd Phase
Moon – Purple	
<b>Devaloka Day</b>	
<b>Margasira-Markali</b>	

Routine Work Prabalarishta Yoga  
Until 9:59PM  
Then Creative Work - Siddha Yoga

<b>6</b>	<b>Thursday, December 17, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Manama, Bahrain Sun 20 Sutra 249
	Kumbha Rasi: 11.16 Tithi 6 – 7 894919365	<b>Gulika</b> 8:57AM – 10:16AM <b>Yama</b> 6:19AM – 7:38AM <b>Rahu</b> 12:53PM – 2:12PM	<b>Shatabhishak Until 8:57PM</b> Vajra* Until 6:50PM Gara Until 8:00PM <b>Shashthi* Until 8:47AM</b>

<b>Ganesha:</b> Blue <i>Sunrise: 6:19AM</i>	Manmatha 5117
<b>Muruga:</b> Red <i>Sunset: 4:50PM</i>	Moon 11 - Phase 33
<b>Nataraja:</b> White	3rd Phase
Moon – Purple	
<b>Bhuloka Day</b>	
<b>Margasira-Markali</b>	Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

	<b>Friday, December 18, 2015</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Manama, Bahrain Sun 21 Sutra 250
	<b>Retreat Star</b> Kumbha Rasi: 25.1 Tithi 7 – 8 815919365	<b>Gulika</b> 7:39AM – 8:57AM <b>Yama</b> 2:13PM – 3:31PM <b>Rahu</b> 10:16AM – 11:35AM	<b>Purvaprossthapada* Until 8:00PM</b> Siddhi Until 4:13PM Visti Until 6:15PM <b>Saptami Until 7:08AM</b>

<b>Ganesha:</b> Yellow <i>Sunrise: 6:20AM</i>	Manmatha 5117
<b>Muruga:</b> Red <i>Sunset: 4:50PM</i>	Moon 11 - Phase 33
<b>Nataraja:</b> White	Ashtami
Moon – Clear	
<b>Devaloka Day</b>	
<b>Margasira-Markali</b>	

Creative Work Siddha Yoga

<b>Saturday, December 19, 2015</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprossthapada Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Navamyam Titau	Manama, Bahrain Sun 22 Sutra 251
	Meena Rasi: 9.11 Tithi 9 815919365	<b>Gulika</b> 6:20AM – 7:39AM <b>Yama</b> 12:54PM – 2:13PM <b>Rahu</b> 8:58AM – 10:17AM	<b>Uttaraprossthapada Until 6:43PM</b> Vyatipata* Until 1:27PM Balava Until 4:18PM <b>Navami* Until 3:15AM Sun</b>

<b>Ganesha:</b> Yellow <i>Sunrise: 6:20AM</i>	Manmatha 5117
<b>Muruga:</b> Red <i>Sunset: 4:51PM</i>	Moon 11 - Phase 33
<b>Nataraja:</b> White	Navami
Moon – Clear	
<b>Devaloka Day</b>	
<b>Margasira-Markali</b>	

Creative Work Siddha Yoga  
Until 6:43PM  
Then Routine Work - Prabalarishta Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Sunday, December 20, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Manama, Bahrain Sun 23 Sutra 252
	Meena Rasi: 23.19	Tithi 10	<b>Gulika</b> 2:14PM – 3:32PM	<b>Revati Until 5:07PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:21AM</i>	Manmatha 5117	
		815119365	<b>Yama</b> 11:36AM – 12:55PM	<b>Variyan Until 10:30AM</b>	<b>Muruqa:</b> Red <i>Sunset: 4:51PM</i>	Moon 11 - Phase 34	
			<b>Rahu</b> 3:32PM – 4:51PM	<b>Taitila Until 2:11PM</b>	<b>Nataraja:</b> White	4th Phase	
				<b>Dashami Until 1:02AM Mon</b>	<b>Margasira-Markali</b>		<b>Devaloka Day</b>
<b>2</b>	<b>Monday, December 21, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 253
	Mesha Rasi: 7.34	Tithi 11	<b>Gulika</b> 12:55PM – 2:14PM	<b>Ashvini Until 3:40PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:21AM</i>	Manmatha 5117	
<b>Family Home Evening</b>		825119365	<b>Yama</b> 10:18AM – 11:37AM	<b>Parigha* Until 7:27AM</b>	<b>Muruqa:</b> Red <i>Sunset: 4:52PM</i>	Moon 11 - Phase 34	
			<b>Rahu</b> 7:40AM – 8:59AM	<b>Vanija Until 11:55AM</b>	<b>Nataraja:</b> White	4th Phase	
			<b>Vaikuntha Ekadasi</b>	<b>Ekadashi Until 10:43PM</b>	<b>Margasira-Markali</b>		<b>Sivaloka Day</b>
			<b>Gita Jayanthi</b>				
			<b>Day 1 of Pancha Ganapati</b>				
<b>3</b>	<b>Tuesday, December 22, 2015</b>		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvodashyam Titau				Manama, Bahrain Sun 25 Sutra 254
	Mesha Rasi: 21.53	Tithi 12	<b>Gulika</b> 11:37AM – 12:56PM	<b>Bharani Until 2:00PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:22AM</i>	Manmatha 5117	
		825119365	<b>Yama</b> 8:59AM – 10:18AM	<b>Siddha Until 1:11AM Wed</b>	<b>Muruqa:</b> Red <i>Sunset: 4:52PM</i>	Moon 11 - Phase 34	
			<b>Rahu</b> 2:15PM – 3:33PM	<b>Bava Until 9:34AM</b>	<b>Nataraja:</b> White	4th Phase	
				<b>Dvodashi Until 8:22PM</b>	<b>Margasira-Markali</b>		<b>Sivaloka Day</b>
			<b>Day 2 of Pancha Ganapati</b>				
<b>4</b>	<b>Wednesday, December 23, 2015</b>		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 255
	Vrishabha Rasi: 6.12	Tithi 13	<b>Gulika</b> 10:19AM – 11:38AM	<b>Krittika Until 12:14PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:22AM</i>	Manmatha 5117	
		825119365	<b>Yama</b> 7:41AM – 9:00AM	<b>Sadhya Until 10:06PM</b>	<b>Muruqa:</b> Red <i>Sunset: 4:56PM</i>	Moon 11 - Phase 34	
			<b>Rahu</b> 11:38AM – 12:56PM	<b>Kaulava Until 7:13AM</b>	<b>Nataraja:</b> White	4th Phase	
				<b>Trayodashi Until 6:04PM</b>	<b>Margasira-Markali</b>		<b>Sivaloka Day</b>
			<b>Day 3 of Pancha Ganapati</b>	<i>Pradosha Vrata</i>			
<b>5</b>	<b>Thursday, December 24, 2015</b>		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Manama, Bahrain Sun 27 Sutra 256
	Vrishabha Rasi: 20.26	Tithi 14 – 15	<b>Gulika</b> 9:00AM – 10:19AM	<b>Rohini Until 10:54AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:23AM</i>	Manmatha 5117	
		835119365	<b>Yama</b> 6:23AM – 7:42AM	<b>Subha Until 7:13PM</b>	<b>Muruqa:</b> Red <i>Sunset: 4:53PM</i>	Moon 11 - Phase 34	
			<b>Rahu</b> 12:57PM – 2:16PM	<b>Visti Until 3:03AM Fri</b>	<b>Nataraja:</b> White	4th Phase	
				<b>Chaturdashi* Until 3:58PM</b>	<b>Margasira-Markali</b>		<b>Devaloka Day</b>
			<b>Day 4 of Pancha Ganapati</b>				
<b>○</b>	<b>Friday, December 25, 2015</b>		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Manama, Bahrain Sun 27 Sutra 256
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:42AM – 9:01AM	<b>Mrigashira Until 9:43AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:23AM</i>	Manmatha 5117	
Mithuna Rasi: 4.3	Tithi 15 – 16	835119365	<b>Yama</b> 2:16PM – 3:35PM	<b>Sukla Until 4:36PM</b>	<b>Muruqa:</b> Red <i>Sunset: 4:54PM</i>	Moon 11 - Phase 34	
			<b>Rahu</b> 10:20AM – 11:39AM	<b>Balava Until 1:29AM Sat</b>	<b>Nataraja:</b> White	Purnima	
				<b>Purnima* Until 2:11PM</b>	<b>Margasira-Markali</b>		<b>Devaloka Day</b>
			<b>Day 5 of Pancha Ganapati</b>				
<b>○</b>	<b>Saturday, December 26, 2015</b>		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Manama, Bahrain Sun 28 Sutra 258
	<b>Silver Retreat Star</b>		<b>Gulika</b> 6:24AM – 7:43AM	<b>Ardra Until 8:49AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:24AM</i>	Manmatha 5117	
Mithuna Rasi: 18.19	Tithi 16 – 17	835119365	<b>Yama</b> 12:58PM – 2:17PM	<b>Brahma Until 2:21PM</b>	<b>Muruqa:</b> Red <i>Sunset: 4:54PM</i>	Moon 11 - Phase 34	
			<b>Rahu</b> 9:01AM – 10:20AM	<b>Taitila Until 12:28AM Sun</b>	<b>Nataraja:</b> White	Prathama	
				<b>Prathama* Until 12:53PM</b>	<b>Margasira-Markali</b>		<b>Devaloka Day</b>
			<b>Ardra Darshanam</b>				

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





**Sunday, December 27, 2015**  
**Gold Retreat Star**

Kataka Rasi: 1.47    Tithi 17 – 18  
846119366  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

**Gulika** 2:17PM – 3:36PM  
**Yama** 11:40AM – 12:58PM  
**Rahu** 3:36PM – 4:55PM  
**Punarvasu Until 8:47AM**  
**Indra Until 12:37PM**  
**Vanija Until 12:07AM Mon**  
**Dvitiya Until 12:11PM**

**Ganesha:** Clear    *Sunrise:* 6:24AM  
**Muruqa:** Red    *Sunset:* 4:55PM  
**Nataraja:** Green  
Moon – Blue  
**Margasira-Markali**

Manama, Bahrain  
Sun 1    Sutra 259  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Devaloka Day**

**1**

**Monday, December 28, 2015**

Kataka Rasi: 14.54    Tithi 18 – 19  
**Family Home Evening**    846119366  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

**Gulika** 12:59PM – 2:18PM  
**Yama** 10:21AM – 11:40AM  
**Rahu** 7:43AM – 9:02AM  
**Pushya Until 9:16AM**  
**Vaidhriti\* Until 11:24AM**  
**Bava Until 12:30AM Tue**  
**Tritiya Until 12:11PM**

**Ganesha:** Clear    *Sunrise:* 6:25AM  
**Muruqa:** Red    *Sunset:* 4:55PM  
**Nataraja:** Green  
Moon – Blue  
**Margasira-Markali**

Manama, Bahrain  
Sun 2    Sutra 260  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Devaloka Day**

**2**

**Tuesday, December 29, 2015**

Kataka Rasi: 27.38    Tithi 19 – 20  
846119366  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 11:41AM – 12:59PM  
**Yama** 9:03AM – 10:22AM  
**Rahu** 2:18PM – 3:37PM  
**Ashlesha\* Until 10:20AM**  
**Vishkambha\* Until 10:47AM**  
**Kaulava Until 1:39AM Wed**  
**Chaturthi\* Until 12:58PM**

**Ganesha:** Clear    *Sunrise:* 6:25AM  
**Muruqa:** Red    *Sunset:* 4:56PM  
**Nataraja:** Green  
Moon – Blue  
**Margasira-Markali**

Manama, Bahrain  
Sun 3    Sutra 261  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Devaloka Day**

**3**

**Wednesday, December 30, 2015**

Simha Rasi: 10.02    Tithi 20 – 21  
856119366  
Creative Work    Siddha Yoga  
Until 12:26PM  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:22AM – 11:41AM  
**Yama** 7:44AM – 9:03AM  
**Rahu** 11:41AM – 1:00PM  
**Magha\* Until 12:26PM**  
**Priti Until 10:44AM**  
**Gara Until 3:30AM Thu**  
**Panchami Until 2:28PM**

**Ganesha:** White    *Sunrise:* 6:25AM  
**Muruqa:** Red    *Sunset:* 4:57PM  
**Nataraja:** Green  
Moon – Red  
**Margasira-Markali**

Manama, Bahrain  
Sun 4    Sutra 262  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**4**

**Thursday, December 31, 2015**

Simha Rasi: 22.1    Tithi 21 – 22  
856119366  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:04AM – 10:23AM  
**Yama** 6:26AM – 7:45AM  
**Rahu** 1:00PM – 2:19PM  
**Purvaphalguni Until 2:59PM**  
**Ayushman Until 11:09AM**  
**Visti Until 5:52AM Fri**  
**Shashthi\* Until 4:36PM**

**Ganesha:** White    *Sunrise:* 6:26AM  
**Muruqa:** Red    *Sunset:* 4:57PM  
**Nataraja:** Green  
Moon – Red  
**Margasira-Markali**

Manama, Bahrain  
Sun 5    Sutra 263  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**5**

**Friday, January 1, 2016**

Kanya Rasi: 4.06    Tithi 22  
856119366  
Creative Work    Siddha Yoga  
Until 5:47PM  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Bava Karana Saptamyam Titau

**Gulika** 7:45AM – 9:04AM  
**Yama** 2:21PM – 3:40PM  
**Rahu** 10:23AM – 11:42AM  
**Uttaraphalguni Until 5:47PM**  
**Saubhagya Until 11:56AM**  
**Bava Until 7:10PM**  
**Saptami Until 7:10PM**

**Ganesha:** White    *Sunrise:* 6:26AM  
**Muruqa:** Red    *Sunset:* 4:59PM  
**Nataraja:** Green  
Moon – Red  
**Margasira-Markali**

Manama, Bahrain  
Sun 6    Sutra 264  
Manmatha 5117  
Moon 12 - Phase 35  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**Retreat Star**

**Saturday, January 2, 2016**

Kanya Rasi: 15.55    Tithi 23  
866119366  
Routine Work    Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:26AM – 7:46AM  
**Yama** 1:02PM – 2:21PM  
**Rahu** 9:05AM – 10:24AM  
**Hasta Until 9:04PM**  
**Sobhana Until 12:55PM**  
**Balava Until 8:33AM**  
**Ashtami\* Until 9:53PM**

**Ganesha:** Yellow    *Sunrise:* 6:26AM  
**Muruqa:** Red    *Sunset:* 4:59PM  
**Nataraja:** Green  
Moon – Green  
**Margasira-Markali**

Manama, Bahrain  
Sun 7    Sutra 265  
Manmatha 5117  
Moon 12 - Phase 35  
Ashtami

**Devaloka Day**

**Sunday, January 3, 2016**

**Retreat Star**

Kanya Rasi: 27.43    Tithi 24  
866119366  
Creative Work    Siddha Yoga  
Until 12:05AM Mon  
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Athiganda\*/Sukarma Yoga Tailila/Gara Karana Navamyam Titau


**Gulika** 2:22PM – 3:41PM  
**Yama** 11:43AM – 1:03PM  
**Rahu** 3:41PM – 5:00PM  
**Chitra Until 12:05AM Mon**  
**Athiganda\* Until 1:50PM**  
**Taitila Until 11:15AM**  
**Navami\* Until 12:30AM Mon**

**Ganesha:** Yellow    *Sunrise:* 6:27AM  
**Muruqa:** Red    *Sunset:* 5:00PM  
**Nataraja:** Green  
Moon – Green  
**Margasira-Markali**

Manama, Bahrain  
Sun 8    Sutra 266  
Manmatha 5117  
Moon 12 - Phase 35  
Navami

**Devaloka Day**

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

<b>1</b>	<b>Monday, January 4, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau	Manama, Bahrain Sun 9 Sutra 267 Manmatha 5117
Tula Rasi: 9.35	Tithi 25	<b>Gulika</b> 1:03PM – 2:22PM <b>Yama</b> 10:25AM – 11:44AM <b>Rahu</b> 7:46AM – 9:05AM	<b>Svati Until 2:36AM Tue</b> Sukarma Until 2:34PM Vanija Until 1:42PM Dashami Until 2:44AM Tue
<b>Family Home Evening</b>	867119366		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:27AM <b>Muruga:</b> Red <i>Sunset:</i> 5:01PM <b>Nataraja:</b> Green Moon – Green
Creative Work Amrita Yoga			<b>Margasira-Markali</b>
Until 2:36AM Tue			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga			
<b>2</b>	<b>Tuesday, January 5, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau	Manama, Bahrain Sun 10 Sutra 268 Manmatha 5117
Tula Rasi: 21.37	Tithi 26	<b>Gulika</b> 11:44AM – 1:04PM <b>Yama</b> 9:06AM – 10:25AM <b>Rahu</b> 2:23PM – 3:42PM	<b>Vishakha Until 4:55AM Wed</b> Dhriti Until 2:57PM Bava Until 3:40PM Ekadashi* Until 4:24AM Wed
Routine Work Marana Yoga	877119366		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:27AM <b>Muruga:</b> Red <i>Sunset:</i> 5:01PM <b>Nataraja:</b> Green Moon – Orange
Until 4:55AM Wed		<b>Subramuniyaswami Jayanti</b>	<b>Margasira-Markali</b>
Then Creative Work - Siddha Yoga			<b>Devaloka Day</b>
<b>3</b>	<b>Wednesday, January 6, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Manama, Bahrain Sun 11 Sutra 269 Manmatha 5117
Vrischika Rasi: 3.53	Tithi 27	<b>Gulika</b> 10:25AM – 11:45AM <b>Yama</b> 7:47AM – 9:06AM <b>Rahu</b> 11:45AM – 1:04PM	<b>Anuradha Until 6:26AM Thu</b> Shula* Until 2:51PM Kaulava Until 5:01PM Dvadashi* Until 5:25AM Thu
Creative Work Siddha Yoga	877119366		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:27AM <b>Muruga:</b> Red <i>Sunset:</i> 5:02PM <b>Nataraja:</b> Green Moon – Orange
Until 6:26AM Thu			<b>Margasira-Markali</b>
Then Routine Work - Prabalarishta Yoga			<b>Devaloka Day</b>
<b>4</b>	<b>Thursday, January 7, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau	Manama, Bahrain Sun 12 Sutra 270 Manmatha 5117
Vrischika Rasi: 16.26	Tithi 28	<b>Gulika</b> 9:06AM – 10:26AM <b>Yama</b> 6:27AM – 7:47AM <b>Rahu</b> 1:05PM – 2:24PM	<b>Anuradha Until 6:26AM</b> Ganda* Until 2:15PM Gara Until 5:41PM Trayodashi* Until 5:45AM Fri <i>Pradosha Vrata (Fasting)</i>
Creative Work Siddha Yoga	877119366		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:27AM <b>Muruga:</b> Red <i>Sunset:</i> 5:03PM <b>Nataraja:</b> Green Moon – Orange
Until 6:26AM			<b>Margasira-Markali</b>
Then Routine Work - Prabalarishta Yoga			<b>Devaloka Day</b>
<b>5</b>	<b>Friday, January 8, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Manama, Bahrain Sun 13 Sutra 271 Manmatha 5117
Vrischika Rasi: 29.17	Tithi 29	<b>Gulika</b> 7:47AM – 9:07AM <b>Yama</b> 2:25PM – 3:44PM <b>Rahu</b> 10:26AM – 11:46AM	<b>Jyeshtha* Until 7:08AM</b> Vridhi Until 1:09PM Visti Until 5:41PM Chaturdashi* Until 5:25AM Sat
Routine Work Marana Yoga	877119366		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:28AM <b>Muruga:</b> Red <i>Sunset:</i> 5:04PM <b>Nataraja:</b> Green Moon – Orange
Until 7:08AM			<b>Margasira-Markali</b>
Then Creative Work - Amrita Yoga			<b>Devaloka Day</b>
	<b>Saturday, January 9, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Manama, Bahrain Sun 14 Sutra 272 Manmatha 5117
Dhanus Rasi: 12.29	Tithi 30	<b>Gulika</b> 6:28AM – 7:47AM <b>Yama</b> 1:06PM – 2:25PM <b>Rahu</b> 9:07AM – 10:26AM	<b>Mula* Until 7:30AM</b> Dhruva Until 11:31AM Catuspada Until 5:03PM Amavasya* Until 4:31AM Sun
Creative Work Siddha Yoga	887119366		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:28AM <b>Muruga:</b> Red <i>Sunset:</i> 5:04PM <b>Nataraja:</b> Green Moon – Light Blue
		<b>Hanumath Jayanthi (Tamil Nadu)</b>	<b>Margasira-Markali</b>
			<b>Devaloka Day</b>
<b>Retreat Star</b>			
<b>6</b>	<b>Sunday, January 10, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau	Manama, Bahrain Sun 15 Sutra 273 Manmatha 5117
Dhanus Rasi: 25.59	Tithi 1	<b>Gulika</b> 2:26PM – 3:45PM <b>Yama</b> 11:46AM – 1:06PM <b>Rahu</b> 3:45PM – 5:05PM	<b>Purvashadha* Until 7:11AM</b> Vyaghata* Until 9:29AM Kintughna Until 3:55PM Prathama* Until 3:10AM Mon
Creative Work Siddha Yoga	888119366		<b>Ganesha:</b> White <i>Sunrise:</i> 6:28AM <b>Muruga:</b> Red <i>Sunset:</i> 5:05PM <b>Nataraja:</b> Green Moon – Light Blue
Until 7:11AM			<b>Pausha-Markali</b>
Then Creative Work - Amrita Yoga			<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>	<b>Monday, January 11, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Manama, Bahrain Sun 16 Sutra 274
	Makara Rasi: 9.44 Tithi 2 Family Home Evening 888119366 Routine Work Marana Yoga Until 6:18AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:07PM – 2:26PM <b>Yama</b> 10:27AM – 11:47AM <b>Rahu</b> 7:47AM – 9:07AM	<b>Uttarashadha Until 6:18AM</b> Harshana Until 7:07AM Balava Until 2:23PM <b>Dvitiya Until 1:29AM Tue</b>


<b>2</b>	<b>Tuesday, January 12, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau	Manama, Bahrain Sun 17 Sutra 275
	Makara Rasi: 23.41 Tithi 3 Creative Work Siddha Yoga 898119366	<b>Gulika</b> 11:47AM – 1:07PM <b>Yama</b> 9:07AM – 10:27AM <b>Rahu</b> 2:27PM – 3:47PM	<b>Dhanishtha Until 4:06AM Wed</b> Siddhi Until 1:42AM Wed Taitila Until 12:34PM <b>Tritiya Until 11:34PM</b>


<b>3</b>	<b>Wednesday, January 13, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau	Manama, Bahrain Sun 18 Sutra 276
	Kumbha Rasi: 7.46 Tithi 4 Creative Work Siddha Yoga 898211366	<b>Gulika</b> 10:28AM – 11:48AM <b>Yama</b> 7:48AM – 9:08AM <b>Rahu</b> 11:48AM – 1:08PM	<b>Shatabhishak Until 2:36AM Thu</b> Vyatipata* Until 10:49PM Vanija Until 10:35AM <b>Chaturthi* Until 9:32PM</b>

<b>4</b>	<b>Thursday, January 14, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau	Manama, Bahrain Sun 19 Sutra 277
	Kumbha Rasi: 21.55 Tithi 5 Creative Work Siddha Yoga 818211366	<b>Gulika</b> 9:08AM – 10:28AM <b>Yama</b> 6:28AM – 7:48AM <b>Rahu</b> 1:08PM – 2:28PM	<b>Purvaproshtapada* Until 1:21AM Fri</b> Variyan Until 7:54PM Bava Until 8:31AM <b>Panchami Until 7:27PM</b>

<b>5</b>	<b>Friday, January 15, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau	Manama, Bahrain Sun 20 Sutra 278
	Meena Rasi: 6.04 Tithi 6 – 7 Creative Work Siddha Yoga 818211366	<b>Gulika</b> 7:48AM – 9:08AM <b>Yama</b> 2:29PM – 3:49PM <b>Rahu</b> 10:28AM – 11:48AM	<b>Uttaraproshtapada Until 11:59PM</b> Parigha* Until 5:00PM Kaulava Until 6:26AM <b>Shashthi* Until 5:24PM</b>

<b>6</b>	<b>Saturday, January 16, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Manama, Bahrain Sun 21 Sutra 279
	Meena Rasi: 20.12 Tithi 7 – 8 Routine Work Prabalarishta Yoga Until 10:32PM Then Creative Work - Siddha Yoga 818211366	<b>Gulika</b> 6:28AM – 7:48AM <b>Yama</b> 1:09PM – 2:29PM <b>Rahu</b> 9:08AM – 10:28AM	<b>Revati Until 10:32PM</b> Shiva Until 2:09PM Visti Until 2:26AM Sun <b>Saptami Until 3:23PM</b>

	<b>Sunday, January 17, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Manama, Bahrain Sun 22 Sutra 280
	Mesha Rasi: 4.17 Tithi 8 – 9 Creative Work Siddha Yoga Until 9:26PM Then Routine Work - Prabalarishta Yoga 829211366	<b>Gulika</b> 2:30PM – 3:50PM <b>Yama</b> 11:49AM – 1:09PM <b>Rahu</b> 3:50PM – 5:11PM	<b>Ashvini Until 9:26PM</b> Siddha Until 11:21AM Balava Until 12:32AM Mon <b>Ashtami* Until 1:27PM</b>

	<b>Monday, January 18, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Manama, Bahrain Sun 23 Sutra 281
	Mesha Rasi: 18.19 Tithi 9 – 10 Family Home Evening 829211366 Creative Work Siddha Yoga Until 8:18PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:10PM – 2:30PM <b>Yama</b> 10:29AM – 11:49AM <b>Rahu</b> 7:48AM – 9:08AM	<b>Bharani Until 8:18PM</b> Sadhya Until 8:37AM Taitila Until 10:45PM <b>Navami* Until 11:37AM</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

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<b>1</b>	<b>Tuesday, January 19, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 282
	839211366	<b>Gulika</b> 11:50AM – 1:10PM <b>Yama</b> 9:08AM – 10:29AM <b>Rahu</b> 2:31PM – 3:51PM	<b>Krittika Until 7:09PM</b> Subha Until 6:00AM Vanija Until 9:05PM <b>Dashami Until 9:53AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:27AM</i> <b>Muruga:</b> Green <i>Sunset: 5:12PM</i> <b>Nataraja:</b> Green Moon – White <b>Pausha*Thai</b>

Manama, Bahrain  
Sun 24 Sutra 282  
Manmatha 5117  
Moon 12 - Phase 38  
4th Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 7:09PM  
Then Creative Work - Amrita Yoga

<b>2</b>	<b>Wednesday, January 20, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Manama, Bahrain Sun 25 Sutra 283
	839211366	<b>Gulika</b> 10:29AM – 11:50AM <b>Yama</b> 7:48AM – 9:08AM <b>Rahu</b> 11:50AM – 1:11PM	<b>Rohini Until 6:26PM</b> Brahma Until 1:04AM Thu Bava Until 7:35PM <b>Ekadashi Until 8:17AM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:27AM</i> <b>Muruga:</b> Green <i>Sunset: 5:13PM</i> <b>Nataraja:</b> Green Moon – Yellow <b>Pausha*Thai</b>

Manama, Bahrain  
Sun 25 Sutra 283  
Manmatha 5117  
Moon 12 - Phase 38  
4th Phase

**Bhuloka Day**

Creative Work Siddha Yoga

<b>3</b>	<b>Thursday, January 21, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 284
	839211366	<b>Gulika</b> 9:08AM – 10:29AM <b>Yama</b> 6:27AM – 7:48AM <b>Rahu</b> 1:11PM – 2:32PM	<b>Mrigashira Until 5:49PM</b> Indra Until 10:54PM Kaulava Until 6:19PM <b>Dvadashi Until 6:54AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> White <i>Sunrise: 6:27AM</i> <b>Muruga:</b> Green <i>Sunset: 5:14PM</i> <b>Nataraja:</b> Green Moon – Yellow <b>Pausha*Thai</b>

Manama, Bahrain  
Sun 26 Sutra 284  
Manmatha 5117  
Moon 12 - Phase 38  
4th Phase

**Bhuloka Day**


Routine Work Marana Yoga

<b>4</b>	<b>Friday, January 22, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 285
	839211366	<b>Gulika</b> 7:47AM – 9:08AM <b>Yama</b> 2:32PM – 3:53PM <b>Rahu</b> 10:29AM – 11:50AM	<b>Ardra Until 5:21PM</b> Vaidhriti* Until 8:58PM Gara Until 5:22PM <b>Chaturdashi* Until 5:02AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise: 6:27AM</i> <b>Muruga:</b> Green <i>Sunset: 5:14PM</i> <b>Nataraja:</b> Green Moon – Yellow <b>Pausha*Thai</b>

Manama, Bahrain  
Sun 27 Sutra 285  
Manmatha 5117  
Moon 12 - Phase 38  
4th Phase

**Bhuloka Day**

Creative Work Siddha Yoga

	<b>Saturday, January 23, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau		Manama, Bahrain Sutra 286
	849211366	<b>Gulika</b> 6:26AM – 7:47AM <b>Yama</b> 1:12PM – 2:33PM <b>Rahu</b> 9:08AM – 10:30AM	<b>Punarvasu Until 5:36PM</b> Vishkambha* Until 7:23PM Visti Until 4:51PM <b>Purnima* Until 4:45AM Sun</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:26AM</i> <b>Muruga:</b> Green <i>Sunset: 5:15PM</i> <b>Nataraja:</b> Green Moon – Blue <b>Pausha*Thai</b>

Manama, Bahrain  
Sutra 286  
Manmatha 5117  
Moon 12 - Phase 38  
Purnima

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

<b>Sunday, January 24, 2016</b>	<b>Silver Retreat Star</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Manama, Bahrain Sutra 287
	849211366	<b>Gulika</b> 2:33PM – 3:55PM <b>Yama</b> 11:51AM – 1:12PM <b>Rahu</b> 3:55PM – 5:16PM	<b>Pushya Until 6:11PM</b> Priti Until 6:14PM Balava Until 4:50PM <b>Prathama* Until 5:02AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:26AM</i> <b>Muruga:</b> Green <i>Sunset: 5:16PM</i> <b>Nataraja:</b> Green Moon – Blue <b>Pausha*Thai</b>

Manama, Bahrain  
Sutra 287  
Manmatha 5117  
Moon 12 - Phase 38  
Prathama

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Thai Pusam

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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**Monday, January 25, 2016**  
**Gold Retreat Star**

Kataka Rasi: 22.57      Tithi 17  
**Family Home Evening**      941211366  
Creative Work      Siddha Yoga  
Until 7:12PM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam  
Ashlesha\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**      1:13PM – 2:34PM  
**Yama**      10:30AM – 11:51AM  
**Rahu**      7:47AM – 9:08AM

**Ashlesha\* Until 7:12PM**  
Ayushman Until 5:30PM  
Taitila Until 5:25PM  
**Dvitiya Until 5:55AM Tue**

**Ganesha:** Blue      *Sunrise:* 6:26AM  
**Muruqa:** Green      *Sunset:* 5:17PM  
**Nataraja:** Green  
Moon – Blue  
**Pausha-Thai**

Manama, Bahrain  
Sutra 288  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

**1 Tuesday, January 26, 2016**

Simha Rasi: 5.32      Tithi 18  
951211366  
Creative Work      Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Magha\* Nakshatra Saubhagya/Sobhana Yoga Vanija Karana Tritiyayam Titau

**Gulika**      11:51AM – 1:13PM  
**Yama**      9:08AM – 10:30AM  
**Rahu**      2:34PM – 3:56PM

**Magha\* Until 9:07PM**  
Saubhagya Until 5:15PM  
Vanija Until 6:37PM  
**Tritiya Until 7:25AM Wed**

**Ganesha:** Yellow      *Sunrise:* 6:25AM  
**Muruqa:** Green      *Sunset:* 5:17PM  
**Nataraja:** Green  
Moon – Red  
**Pausha-Thai**

Manama, Bahrain  
Sun 1      Sutra 289  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**2 Wednesday, January 27, 2016**

Simha Rasi: 17.51      Tithi 18 – 19  
951211366  
Creative Work      Amrita Yoga

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukhtayam  
Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Vistil/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**      10:30AM – 11:52AM  
**Yama**      7:47AM – 9:08AM  
**Rahu**      11:52AM – 1:13PM

**Purvaphalguni Until 11:26PM**  
Sobhana Until 5:28PM  
Bava Until 8:24PM  
**Tritiya Until 7:25AM**

**Ganesha:** Yellow      *Sunrise:* 6:25AM  
**Muruqa:** Green      *Sunset:* 5:18PM  
**Nataraja:** Green  
Moon – Red  
**Pausha-Thai**

Manama, Bahrain  
Sun 2      Sutra 290  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**3 Thursday, January 28, 2016**

Simha Rasi: 29.56      Tithi 19 – 20  
951211366  
Amrita Yoga

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yukhtayam  
Uttaraphalguni Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**      9:08AM – 10:30AM  
**Yama**      6:25AM – 7:46AM  
**Rahu**      1:14PM – 2:35PM

**Uttaraphalguni Until 2:02AM Fri**  
Athiganda\* Until 6:03PM  
Kaulava Until 10:41PM  
**Chaturthi\* Until 9:28AM**

**Ganesha:** Yellow      *Sunrise:* 6:25AM  
**Muruqa:** Green      *Sunset:* 5:19PM  
**Nataraja:** Green  
Moon – Red  
**Pausha-Thai**

Manama, Bahrain  
Sun 3      Sutra 291  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**4 Friday, January 29, 2016**

Kanya Rasi: 11.52      Tithi 20 – 21  
961211366  
Creative Work      Amrita Yoga  
Until 5:15AM Sat  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**      7:46AM – 9:08AM  
**Yama**      2:36PM – 3:58PM  
**Rahu**      10:30AM – 11:52AM

**Hasta Until 5:15AM Sat**  
Sukarma Until 6:53PM  
Gara Until 1:17AM Sat  
**Panchami Until 11:56AM**

**Ganesha:** White      *Sunrise:* 6:24AM  
**Muruqa:** Green      *Sunset:* 5:20PM  
**Nataraja:** Green  
Moon – Green  
**Pausha-Thai**

Manama, Bahrain  
Sun 4      Sutra 292  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

**5 Saturday, January 30, 2016**

Kanya Rasi: 23.41      Tithi 21 – 22  
961211366  
Routine Work      Marana Yoga  
Until 8:20AM Sun  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukhtayam  
Chitra Nakshatra Dhriti Yoga Vanija/Vistil\* Karana Shashthi/Saptamyam Titau

**Gulika**      6:24AM – 7:46AM  
**Yama**      1:14PM – 2:36PM  
**Rahu**      9:08AM – 10:30AM

**Chitra Until 8:20AM Sun**  
Dhriti Until 7:52PM  
Vistil Until 3:58AM Sun  
**Shashthi\* Until 2:36PM**

**Ganesha:** White      *Sunrise:* 6:24AM  
**Muruqa:** Green      *Sunset:* 5:21PM  
**Nataraja:** Green  
Moon – Green  
**Pausha-Thai**

Manama, Bahrain  
Sun 5      Sutra 293  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

**6 Sunday, January 31, 2016**

Tula Rasi: 5.3      Tithi 22 – 23  
961211366  
Creative Work      Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**      2:37PM – 3:59PM  
**Yama**      11:52AM – 1:15PM  
**Rahu**      3:59PM – 5:21PM

**Chitra Until 8:20AM**  
Shula\* Until 8:44PM  
Balava Until 6:29AM Mon  
**Saptami Until 5:14PM**

**Ganesha:** White      *Sunrise:* 6:23AM  
**Muruqa:** Green      *Sunset:* 5:21PM  
**Nataraja:** Green  
Moon – Green  
**Pausha-Thai**

Manama, Bahrain  
Sun 6      Sutra 294  
Manmatha 5117  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

**Monday, February 1, 2016**

**Retreat Star**

Tula Rasi: 17.23      Tithi 23  
961211366  
**Family Home Evening**  
Creative Work      Amrita Yoga  
Until 11:04AM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**      1:15PM – 2:37PM  
**Yama**      10:30AM – 11:52AM  
**Rahu**      7:46AM – 9:08AM

**Svati Until 11:04AM**  
Ganda\* Until 9:24PM  
Balava Until 6:29AM  
**Ashtami\* Until 7:35PM**

**Ganesha:** White      *Sunrise:* 6:23AM  
**Muruqa:** Green      *Sunset:* 5:21PM  
**Nataraja:** Green  
Moon – Green  
**Pausha-Thai**

Manama, Bahrain  
Sun 7      Sutra 295  
Manmatha 5117  
Moon 1 - Phase 39  
Ashtami

**Bhuloka Day**

**Tuesday, February 2, 2016**

**Retreat Star**

Tula Rasi: 29.24      Tithi 24  
971211366  
Routine Work      Marana Yoga  
Until 1:43PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**      11:52AM – 1:15PM  
**Yama**      9:08AM – 10:30AM  
**Rahu**      2:37PM – 4:00PM

**Vishakha Until 1:43PM**  
Vriddhi Until 9:41PM  
Taitila Until 8:37AM  
**Navami\* Until 9:26PM**

**Ganesha:** Clear      *Sunrise:* 6:23AM  
**Muruqa:** Green      *Sunset:* 5:22PM  
**Nataraja:** Green  
Moon – Orange  
**Pausha-Thai**

Manama, Bahrain  
Sun 8      Sutra 296  
Manmatha 5117  
Moon 1 - Phase 39  
Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>	<b>Wednesday, February 3, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Manama, Bahrain Sun 9 Sutra 297 Manmatha 5117
	Vrischika Rasi: 11.4      Tithi 25	<b>Gulika</b> 10:30AM – 11:53AM <b>Yama</b> 7:45AM – 9:07AM <b>Rahu</b> 11:53AM – 1:15PM	<b>Anuradha Until 3:37PM</b> Dhruva Until 9:26PM Vanija Until 10:08AM <b>Dashami Until 10:36PM</b>
	971211366	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:22AM <b>Muruga:</b> Green <i>Sunset:</i> 5:23PM <b>Nataraja:</b> Green Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work      Siddha Yoga	<b>Pausha*Thai</b>	

<b>2</b>	<b>Thursday, February 4, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Manama, Bahrain Sun 10 Sutra 298 Manmatha 5117
	Vrischika Rasi: 24.14      Tithi 26	<b>Gulika</b> 9:07AM – 10:30AM <b>Yama</b> 6:22AM – 7:45AM <b>Rahu</b> 1:15PM – 2:38PM	<b>Jyeshtha* Until 4:38PM</b> Vyaghata* Until 8:38PM Bava Until 10:56AM <b>Ekadashi* Until 11:01PM</b>
	972211367	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:22AM <b>Muruga:</b> Green <i>Sunset:</i> 5:23PM <b>Nataraja:</b> White Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Routine Work      Prabalarishta Yoga Until 4:38PM Then Creative Work - Siddha Yoga	<b>Pausha*Thai</b>	

<b>3</b>	<b>Friday, February 5, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Manama, Bahrain Sun 11 Sutra 299 Manmatha 5117
	Dhanus Rasi: 7.09      Tithi 27	<b>Gulika</b> 7:44AM – 9:07AM <b>Yama</b> 2:38PM – 4:01PM <b>Rahu</b> 10:30AM – 11:53AM	<b>Mula* Until 5:13PM</b> Harshana Until 7:14PM Kaulava Until 10:57AM <b>Dvadashi* Until 10:39PM</b>
	982211367	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:21AM <b>Muruga:</b> Green <i>Sunset:</i> 5:24PM <b>Nataraja:</b> White Moon – Light Blue	<b>Bhuloka Day</b>
	Creative Work      Amrita Yoga Until 5:13PM Then Routine Work - Prabalarishta Yoga	<b>Pausha*Thai</b>	

<b>4</b>	<b>Saturday, February 6, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manla Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi* Yoga Gara/Vanija Karana Trayodashyam Titau	Manama, Bahrain Sun 12 Sutra 300 Manmatha 5117
	Dhanus Rasi: 20.28      Tithi 28	<b>Gulika</b> 6:21AM – 7:44AM <b>Yama</b> 1:16PM – 2:39PM <b>Rahu</b> 9:07AM – 10:30AM	<b>Purvashadha* Until 4:55PM</b> Vajra* Until 5:15PM Gara Until 10:13AM <b>Trayodashi* Until 9:34PM</b> <i>Pradosha Vrata (Fasting)</i>
	982211367	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:21AM <b>Muruga:</b> Green <i>Sunset:</i> 5:25PM <b>Nataraja:</b> White Moon – Light Blue	<b>Bhuloka Day</b>
	Creative Work      Siddha Yoga Until 4:55PM Then Routine Work - Marana Yoga	<b>Pausha*Thai</b>	

<b>5</b>	<b>Sunday, February 7, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Siddhi*/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Manama, Bahrain Sun 13 Sutra 301 Manmatha 5117
	Makara Rasi: 4.1      Tithi 29	<b>Gulika</b> 2:39PM – 4:02PM <b>Yama</b> 11:53AM – 1:16PM <b>Rahu</b> 4:02PM – 5:26PM	<b>Uttarashadha Until 3:51PM</b> Siddhi Until 2:45PM Visti Until 8:49AM <b>Chaturdashi* Until 7:52PM</b>
	982311367	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:20AM <b>Muruga:</b> Green <i>Sunset:</i> 5:26PM <b>Nataraja:</b> White Moon – Light Blue	<b>Bhuloka Day</b>
	Creative Work      Amrita Yoga	<b>Pausha*Thai</b>	

<b>Monday, February 8, 2016</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Manama, Bahrain Sun 14 Sutra 302 Manmatha 5117
	Makara Rasi: 18.14      Tithi 30 – 1	<b>Gulika</b> 1:16PM – 2:40PM <b>Yama</b> 10:30AM – 11:53AM <b>Rahu</b> 7:43AM – 9:06AM	<b>Shravana Until 2:33PM</b> Vyatipata* Until 11:52AM Catuspada Until 6:50AM <b>Amavasya* Until 5:40PM</b>
	<b>Family Home Evening</b> 992311367	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:20AM <b>Muruga:</b> Green <i>Sunset:</i> 5:26PM <b>Nataraja:</b> White Moon – Purple	<b>Bhuloka Day</b>
	Creative Work      Amrita Yoga Until 2:33PM Then Creative Work - Siddha Yoga	<b>Pausha*Thai</b>	

<b>Tuesday, February 9, 2016</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha*/Shatabhishak Nakshatra Varyan/Parigaha* Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Manama, Bahrain Sun 15 Sutra 303 Manmatha 5117
	Kumbha Rasi: 2.35      Tithi 1 – 2	<b>Gulika</b> 11:53AM – 1:17PM <b>Yama</b> 9:06AM – 10:29AM <b>Rahu</b> 2:40PM – 4:04PM	<b>Dhanishtha Until 12:45PM</b> Varyan Until 8:38AM Balava Until 1:46AM Wed <b>Prathama* Until 3:07PM</b>
	992311367	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:19AM <b>Muruga:</b> Green <i>Sunset:</i> 5:27PM <b>Nataraja:</b> White Moon – Purple	<b>Bhuloka Day</b>
	Creative Work      Siddha Yoga Until 12:45PM Then Routine Work - Marana Yoga	<b>Magha*Thai</b>	

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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<b>1</b>	<b>Wednesday, February 10, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau	Manama, Bahrain Sun 16 Sutra 304 Manmatha 5117
Kumbha Rasi: 17.07	Tithi 2 - 3 992311367	<b>Gulika</b> 10:29AM - 11:53AM <b>Yama</b> 7:42AM - 9:06AM <b>Rahu</b> 11:53AM - 1:17PM	<b>Shatabhishak Until 10:35AM</b> Shiva Until 1:42AM Thu Taitila Until 10:57PM <b>Dvitiya Until 12:21PM</b>
Creative Work Siddha Yoga Until 10:35AM Then Creative Work - Amrita Yoga		<b>Ganesha:</b> Light Blue <b>Muruga:</b> Green <b>Nataraja:</b> White Moon - Purple <b>Magha-Thai</b>	<b>Bhuloka Day</b> Sunrise: 6:18AM Sunset: 5:28PM Moon 1 - Phase 41 3rd Phase
<b>2</b>	<b>Thursday, February 11, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Trilaya/Chaturtham Titau	Manama, Bahrain Sun 17 Sutra 305 Manmatha 5117
Meena Rasi: 1.44	Tithi 3 - 4 912311367	<b>Gulika</b> 9:05AM - 10:29AM <b>Yama</b> 6:18AM - 7:41AM <b>Rahu</b> 1:17PM - 2:41PM	<b>Purvaproshtapada* Until 8:37AM</b> Siddha Until 10:10PM Vanija Until 8:08PM <b>Tritiya Until 9:31AM</b>
Creative Work Siddha Yoga		<b>Ganesha:</b> Orange <b>Muruga:</b> Green <b>Nataraja:</b> White Moon - Clear <b>Magha-Thai</b>	<b>Bhuloka Day</b> Sunrise: 6:18AM Sunset: 5:29PM Moon 1 - Phase 41 3rd Phase Devaloka Time: 6:AM to 9:AM
<b>3</b>	<b>Friday, February 12, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau	Manama, Bahrain Sun 18 Sutra 306 Manmatha 5117
Meena Rasi: 16.19	Tithi 4 - 5 912311367	<b>Gulika</b> 7:41AM - 9:05AM <b>Yama</b> 2:41PM - 4:05PM <b>Rahu</b> 10:29AM - 11:53AM	<b>Uttaraproshtapada Until 6:33AM</b> Sadhya Until 6:45PM Balava Until 4:06AM Sat <b>Chaturthi* Until 6:44AM</b>
Creative Work Siddha Yoga		<b>Ganesha:</b> Orange <b>Muruga:</b> Green <b>Nataraja:</b> White Moon - Clear <b>Magha-Thai</b>	<b>Bhuloka Day</b> Sunrise: 6:17AM Sunset: 5:29PM Moon 1 - Phase 41 3rd Phase Devaloka Time: 6:AM to 9:AM
<b>4</b>	<b>Saturday, February 13, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtham Titau	Manama, Bahrain Sun 19 Sutra 307 Manmatha 5117
Mesha Rasi: 0.49	Tithi 6 922311367	<b>Gulika</b> 6:16AM - 7:40AM <b>Yama</b> 1:17PM - 2:41PM <b>Rahu</b> 9:05AM - 10:29AM	<b>Ashvini Until 2:58AM Sun</b> Subha Until 3:31PM Kaulava Until 2:54PM <b>Shashthi* Until 1:44AM Sun</b>
Creative Work Siddha Yoga Until 2:58AM Sun Then Routine Work - Prabalarishta Yoga		<b>Ganesha:</b> Green <b>Muruga:</b> Green <b>Nataraja:</b> White Moon - White <b>Magha-Masi</b>	<b>Bhuloka Day</b> Sunrise: 6:16AM Sunset: 5:30PM Moon 1 - Phase 41 3rd Phase
<b>5</b>	<b>Sunday, February 14, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau	Manama, Bahrain Sun 20 Sutra 308 Manmatha 5117
Mesha Rasi: 15.07	Tithi 7 922311367	<b>Gulika</b> 2:42PM - 4:06PM <b>Yama</b> 11:53AM - 1:17PM <b>Rahu</b> 4:06PM - 5:30PM	<b>Bharani Until 1:37AM Mon</b> Sukla Until 12:29PM Gara Until 12:40PM <b>Saptami Until 11:39PM</b>
Routine Work Prabalarishta Yoga Until 1:37AM Mon Then Routine Work - Marana Yoga		<b>Ganesha:</b> Green <b>Muruga:</b> Green <b>Nataraja:</b> White Moon - White <b>Magha-Masi</b>	<b>Bhuloka Day</b> Sunrise: 6:16AM Sunset: 5:30PM Moon 1 - Phase 41 3rd Phase
<b>Monday, February 15, 2016</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau	Manama, Bahrain Sun 21 Sutra 309 Manmatha 5117
Mesha Rasi: 29.13	Tithi 8 922311367	<b>Gulika</b> 1:18PM - 2:42PM <b>Yama</b> 10:28AM - 11:53AM <b>Rahu</b> 7:39AM - 9:04AM	<b>Krittika Until 12:29AM Tue</b> Brahma Until 9:45AM Visti Until 10:46AM <b>Ashtami* Until 9:56PM</b>
Family Home Evening Routine Work Marana Yoga Until 12:29AM Tue Then Creative Work - Amrita Yoga		<b>Ganesha:</b> Green <b>Muruga:</b> Green <b>Nataraja:</b> White Moon - White <b>Magha-Masi</b>	<b>Bhuloka Day</b> Sunrise: 6:15AM Sunset: 5:31PM Moon 1 - Phase 41 Ashtami
<b>Tuesday, February 16, 2016</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Navamyam Titau	Manama, Bahrain Sun 22 Sutra 310 Manmatha 5117
Virshabha Rasi: 13.04	Tithi 9 932311367	<b>Gulika</b> 11:53AM - 1:18PM <b>Yama</b> 9:03AM - 10:28AM <b>Rahu</b> 2:42PM - 4:07PM	<b>Rohini Until 12:00AM Wed</b> Indra Until 7:18AM Balava Until 9:14AM <b>Navami* Until 8:36PM</b>
Creative Work Amrita Yoga Until 12:00AM Wed Then Creative Work - Siddha Yoga		<b>Ganesha:</b> Red <b>Muruga:</b> Green <b>Nataraja:</b> White Moon - Yellow <b>Magha-Masi</b>	<b>Bhuloka Day</b> Sunrise: 6:14AM Sunset: 5:32PM Moon 1 - Phase 41 Navami Devaloka Time: 6:AM to 9:AM

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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1	<b>Wednesday, February 17, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau	Manama, Bahrain Sun 23 Sutra 311 Manmatha 5117	
	Vrishabha Rasi: 26.43    Tilthi 10	933311367	Moon 1 - Phase 42 4th Phase	
	Creative Work    Siddha Yoga	<b>Gulika</b> 10:28AM – 11:53AM <b>Yama</b> 7:38AM – 9:03AM <b>Rahu</b> 11:53AM – 1:18PM	<b>Mrigashira</b> Until 11:46PM <b>Vishkambha*</b> Until 3:18AM Thu <b>Taitila</b> Until 8:06AM <b>Dashami</b> Until 7:39PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:13AM <b>Muruga:</b> Green <i>Sunset:</i> 5:32PM <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>
			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

2	<b>Thursday, February 18, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Priti Yoga Vanija/Visli* Karana Ekadashyam Titau	Manama, Bahrain Sun 24 Sutra 312 Manmatha 5117	
	Mithuna Rasi: 10.07    Tilthi 11	933311367	Moon 1 - Phase 42 4th Phase	
	Routine Work    Marana Yoga Until 11:46PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:03AM – 10:28AM <b>Yama</b> 6:12AM – 7:38AM <b>Rahu</b> 1:18PM – 2:43PM	<b>Ardra</b> Until 11:46PM <b>Priti</b> Until 1:48AM Fri <b>Vanija</b> Until 7:21AM <b>Ekadashi</b> Until 7:06PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:12AM <b>Muruga:</b> Green <i>Sunset:</i> 5:33PM <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>
			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

3	<b>Friday, February 19, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashtyam Titau	Manama, Bahrain Sun 25 Sutra 313 Manmatha 5117	
	Mithuna Rasi: 23.19    Tilthi 12	943311367	Moon 1 - Phase 42 4th Phase	
	Creative Work    Siddha Yoga	<b>Gulika</b> 7:37AM – 9:02AM <b>Yama</b> 2:43PM – 4:08PM <b>Rahu</b> 10:27AM – 11:53AM	<b>Punarvasu</b> Until 12:29AM Sat <b>Ayushman</b> Until 12:36AM Sat <b>Bava</b> Until 7:01AM <b>Dvadashti</b> Until 6:59PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:12AM <b>Muruga:</b> Green <i>Sunset:</i> 5:34PM <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>
			<b>Bhuloka Day</b>	

4	<b>Saturday, February 20, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Manama, Bahrain Sun 26 Sutra 314 Manmatha 5117	
	Kataka Rasi: 6.17    Tilthi 13	943311367	Moon 1 - Phase 42 4th Phase	
	Creative Work    Siddha Yoga	<b>Gulika</b> 6:11AM – 7:36AM <b>Yama</b> 1:18PM – 2:43PM <b>Rahu</b> 9:02AM – 10:27AM	<b>Pushya</b> Until 1:29AM Sun <b>Saubhagya</b> Until 11:46PM <b>Kaulava</b> Until 7:06AM <b>Trayodashi</b> Until 7:18PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:11AM <b>Muruga:</b> Green <i>Sunset:</i> 5:34PM <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>
			<b>Bhuloka Day</b>	

5	<b>Sunday, February 21, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Manama, Bahrain Sun 27 Sutra 315 Manmatha 5117	
	Kataka Rasi: 19.02    Tilthi 14	943311367	Moon 1 - Phase 42 4th Phase	
	Creative Work    Siddha Yoga Until 2:46AM Mon Then Routine Work - Marana Yoga	<b>Gulika</b> 2:44PM – 4:09PM <b>Yama</b> 11:52AM – 1:18PM <b>Rahu</b> 4:09PM – 5:35PM	<b>Ashlesha*</b> Until 2:46AM Mon <b>Sobhana</b> Until 11:18PM <b>Gara</b> Until 7:39AM <b>Chaturdashi*</b> Until 8:04PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:10AM <b>Muruga:</b> Green <i>Sunset:</i> 5:35PM <b>Nataraja:</b> White Moon – Blue <b>Magha-Masi</b>
		<b>Chidambaram Abhishekam</b>	<b>Bhuloka Day</b>	

O	<b>Monday, February 22, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Visli*/Bava Karana Purnimayam Titau	Manama, Bahrain Sutra 316 Manmatha 5117	
	<b>Copper Retreat Star</b>	953311367	Moon 1 - Phase 42 Purnima	
	Simha Rasi: 1.35    Tilthi 15 Family Home Evening Routine Work    Marana Yoga Until 4:50AM Tue Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:18PM – 2:44PM <b>Yama</b> 10:27AM – 11:52AM <b>Rahu</b> 7:35AM – 9:01AM	<b>Magha*</b> Until 4:50AM Tue <b>Athiganda*</b> Until 11:10PM <b>Visli</b> Until 8:39AM <b>Purnima*</b> Until 9:19PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:09AM <b>Muruga:</b> Green <i>Sunset:</i> 5:36PM <b>Nataraja:</b> White Moon – Red <b>Magha-Masi</b>
			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

O	<b>Tuesday, February 23, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau	Manama, Bahrain Sutra 317 Manmatha 5117	
	<b>Silver Retreat Star</b>	953311367	Moon 1 - Phase 42 Prathama	
	Simha Rasi: 13.55    Tilthi 16 Creative Work    Siddha Yoga Until 7:11AM Wed Then Creative Work - Amrita Yoga	<b>Gulika</b> 11:52AM – 1:18PM <b>Yama</b> 9:00AM – 10:26AM <b>Rahu</b> 2:44PM – 4:10PM	<b>Purvaphalguni</b> Until 7:11AM Wed <b>Sukarma</b> Until 11:24PM <b>Balava</b> Until 10:09AM <b>Prathama*</b> Until 11:02PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:08AM <b>Muruga:</b> Green <i>Sunset:</i> 5:36PM <b>Nataraja:</b> White Moon – Red <b>Magha-Masi</b>
			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





**Wednesday, February 24, 2016**  
**Gold Retreat Star**

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain  
Sun 1 Sutra 318

Simha Rasi: 26.04 Tithi 17  
953311367  
Creative Work Amrita Yoga

**Gulika** 10:26AM – 11:52AM  
**Yama** 7:34AM – 9:00AM  
**Rahu** 11:52AM – 1:18PM

**Purvaphalguni Until 7:11AM**  
Dhriti Until 11:58PM  
Taitila Until 12:05PM  
**Dvitiya Until 1:10AM Thu**

**Ganesha:** Red *Sunrise: 6:07AM*  
**Muruga:** Green *Sunset: 5:37PM*  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**1**

**Thursday, February 25, 2016**

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\* Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Manama, Bahrain  
Sun 2 Sutra 319

Kanya Rasi: 8.04 Tithi 18  
953311367  
Amrita Yoga

**Gulika** 8:59AM – 10:26AM  
**Yama** 6:07AM – 7:33AM  
**Rahu** 1:18PM – 2:45PM

**Uttaraphalguni Until 9:43AM**  
Shula\* Until 12:44AM Fri  
Vanija Until 2:23PM  
**Tritiya Until 3:37AM Fri**

**Ganesha:** Red *Sunrise: 6:07AM*  
**Muruga:** Green *Sunset: 5:37PM*  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 9:43AM  
Then Routine Work - Marana Yoga

**2**

**Friday, February 26, 2016**

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Manama, Bahrain  
Sun 3 Sutra 320

Kanya Rasi: 19.56 Tithi 19  
953311367  
Creative Work Amrita Yoga

**Gulika** 7:32AM – 8:59AM  
**Yama** 2:45PM – 4:11PM  
**Rahu** 10:25AM – 11:52AM

**Hasta Until 12:52PM**  
Ganda\* Until 1:40AM Sat  
Bava Until 4:56PM  
**Chaturthi\* Until 6:14AM Sat**

**Ganesha:** Green *Sunrise: 6:06AM*  
**Muruga:** Green *Sunset: 5:38PM*  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 12:52PM  
Then Creative Work - Siddha Yoga

**3**

**Saturday, February 27, 2016**

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain  
Sun 4 Sutra 321

Tula Rasi: 1.46 Tithi 19 – 20  
953311367  
Routine Work Marana Yoga

**Gulika** 6:05AM – 7:31AM  
**Yama** 1:18PM – 2:45PM  
**Rahu** 8:58AM – 10:25AM

**Chitra Until 3:57PM**  
Vriddhi Until 2:39AM Sun  
Kaulava Until 7:35PM  
**Chaturthi\* Until 6:14AM**

**Ganesha:** Green *Sunrise: 6:05AM*  
**Muruga:** Green *Sunset: 5:39PM*  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 3:57PM  
Then Creative Work - Siddha Yoga

**4**

**Sunday, February 28, 2016**

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Manama, Bahrain  
Sun 5 Sutra 322

Tula Rasi: 13.35 Tithi 20 – 21  
953311367  
Creative Work Siddha Yoga

**Gulika** 2:45PM – 4:12PM  
**Yama** 11:51AM – 1:18PM  
**Rahu** 4:12PM – 5:39PM

**Svati Until 6:48PM**  
Dhruva Until 3:29AM Mon  
Gara Until 10:08PM  
**Panchami Until 8:52AM**

**Ganesha:** Green *Sunrise: 6:04AM*  
**Muruga:** Green *Sunset: 5:39PM*  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 6:48PM  
Then Routine Work - Marana Yoga

**5**

**Monday, February 29, 2016**

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\* Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Manama, Bahrain  
Sun 6 Sutra 323

Tula Rasi: 25.28 Tithi 21 – 22  
973311367  
**Family Home Evening**  
Routine Work Marana Yoga

**Gulika** 1:18PM – 2:45PM  
**Yama** 10:24AM – 11:51AM  
**Rahu** 7:30AM – 8:57AM

**Vishakha Until 9:45PM**  
Vyaghata\* Until 4:06AM Tue  
Visiti Until 12:25AM Tue  
**Shashthi\* Until 11:18AM**

**Ganesha:** Orange *Sunrise: 6:03AM*  
**Muruga:** Green *Sunset: 5:40PM*  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 9:45PM  
Then Creative Work - Siddha Yoga



**Tuesday, March 1, 2016**  
**Retreat Star**

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain  
Sun 7 Sutra 324

Vrischika Rasi: 7.28 Tithi 22 – 23  
973311367  
Creative Work Siddha Yoga

**Gulika** 11:51AM – 1:18PM  
**Yama** 8:56AM – 10:23AM  
**Rahu** 2:46PM – 4:13PM

**Anuradha Until 12:06AM Wed**  
Harshana Until 4:22AM Wed  
Balava Until 2:12AM Wed  
**Saptami Until 1:21PM**

**Ganesha:** Orange *Sunrise: 6:01AM*  
**Muruga:** Green *Sunset: 5:41PM*  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**Wednesday, March 2, 2016**  
**Retreat Star**

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain  
Sun 8 Sutra 325

Vrischika Rasi: 19.41 Tithi 23 – 24  
973311367  
Creative Work Siddha Yoga


**Gulika** 10:23AM – 11:51AM  
**Yama** 7:28AM – 8:55AM  
**Rahu** 11:51AM – 1:18PM

**Jyeshtha\* Until 1:40AM Thu**  
Vajra\* Until 4:05AM Thu  
Taitila Until 3:20AM Thu  
**Ashtami\* Until 2:50PM**

**Ganesha:** Orange *Sunrise: 6:00AM*  
**Muruga:** Green *Sunset: 5:41PM*  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>	<b>Thursday, March 3, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Manama, Bahrain Sun 9 Sutra 326
	Dhanus Rasi: 2.11 Tithi 24 – 25 984411367	<b>Gulika</b> 8:55AM – 10:23AM <b>Yama</b> 5:59AM – 7:27AM <b>Rahu</b> 1:18PM – 2:46PM	<b>Mula* Until 2:49AM Fri</b> Siddhi Until 3:14AM Fri Vanija Until 3:42AM Fri <b>Navami* Until 3:36PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:59AM <b>Muruga:</b> Green <i>Sunset:</i> 5:42PM <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Masi</b>
	Creative Work Siddha Yoga Until 2:49AM Fri Then Routine Work - Prabalarishta Yoga			<b>Bhuloka Day</b>
<b>2</b>	<b>Friday, March 4, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Manama, Bahrain Sun 10 Sutra 327
	Dhanus Rasi: 15.03 Tithi 25 – 26 984411367	<b>Gulika</b> 7:26AM – 8:54AM <b>Yama</b> 2:46PM – 4:14PM <b>Rahu</b> 10:22AM – 11:50AM	<b>Purvashadha* Until 3:02AM Sat</b> Vyatipata* Until 1:46AM Sat Bava Until 3:16AM Sat <b>Dashami Until 3:34PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:58AM <b>Muruga:</b> Green <i>Sunset:</i> 5:42PM <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Masi</b>
	Routine Work Prabalarishta Yoga Until 3:02AM Sat Then Routine Work - Marana Yoga			<b>Bhuloka Day</b>
<b>3</b>	<b>Saturday, March 5, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Manama, Bahrain Sun 11 Sutra 328
	Dhanus Rasi: 28.19 Tithi 26 – 27 184411367	<b>Gulika</b> 5:57AM – 7:25AM <b>Yama</b> 1:18PM – 2:46PM <b>Rahu</b> 8:54AM – 10:22AM	<b>Uttarashadha Until 2:19AM Sun</b> Variyan Until 11:38PM Kaulava Until 2:02AM Sun <b>Ekadashi* Until 2:43PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:57AM <b>Muruga:</b> Green <i>Sunset:</i> 5:43PM <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Masi</b>
	Routine Work Marana Yoga Until 2:19AM Sun Then Creative Work - Amrita Yoga			<b>Bhuloka Day</b>
<b>4</b>	<b>Sunday, March 6, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 12 Sutra 329
	Makara Rasi: 12.02 Tithi 27 – 28 194411367	<b>Gulika</b> 2:47PM – 4:15PM <b>Yama</b> 11:50AM – 1:18PM <b>Rahu</b> 4:15PM – 5:43PM	<b>Shravana Until 1:12AM Mon</b> Parigha* Until 8:57PM Gara Until 12:05AM Mon <b>Dvadashi* Until 1:07PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:56AM <b>Muruga:</b> Green <i>Sunset:</i> 5:43PM <b>Nataraja:</b> White Moon – Purple <b>Magha-Masi</b>
	Creative Work Amrita Yoga Until 1:12AM Mon Then Creative Work - Siddha Yoga			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
<b>5</b>	<b>Monday, March 7, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 13 Sutra 330
	Makara Rasi: 26.11 Tithi 28 – 29 Family Home Evening 194421367	<b>Gulika</b> 1:18PM – 2:47PM <b>Yama</b> 10:21AM – 11:50AM <b>Rahu</b> 7:24AM – 8:52AM	<b>Dhanishtha Until 11:21PM</b> Shiva Until 5:47PM Visti Until 9:32PM <b>Trayodashi* Until 10:51AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:55AM <b>Muruga:</b> White <i>Sunset:</i> 5:44PM <b>Nataraja:</b> White Moon – Purple <b>Magha-Masi</b>
	Creative Work Siddha Yoga <b>Mahasivaratri (Lunar)</b>			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	<b>Tuesday, March 8, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Manama, Bahrain Sun 14 Sutra 331
	<b>Retreat Star</b> Kumbha Rasi: 10.43 Tithi 29 – 30 194421367	<b>Gulika</b> 11:49AM – 1:18PM <b>Yama</b> 8:52AM – 10:20AM <b>Rahu</b> 2:47PM – 4:16PM	<b>Shatabhishak Until 8:55PM</b> Siddha Until 2:11PM Catuspada Until 6:32PM <b>Chaturdashi* Until 8:04AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:54AM <b>Muruga:</b> White <i>Sunset:</i> 5:45PM <b>Nataraja:</b> White Moon – Purple <b>Magha-Masi</b>
	Routine Work Marana Yoga			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
<b>6</b>	<b>Wednesday, March 9, 2016</b>	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Manama, Bahrain Sun 15 Sutra 332
	<b>Retreat Star</b> Kumbha Rasi: 25.32 Tithi 1 114421367	<b>Gulika</b> 10:20AM – 11:49AM <b>Yama</b> 7:22AM – 8:51AM <b>Rahu</b> 11:49AM – 1:18PM	<b>Purvaproshtpada* Until 6:29PM</b> Sadhya Until 10:21AM Kintughna Until 3:14PM <b>Prathama* Until 1:30AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:53AM <b>Muruga:</b> White <i>Sunset:</i> 5:45PM <b>Nataraja:</b> White Moon – Clear <b>Phalgun-Masi</b>
	Creative Work Amrita Yoga Until 6:29PM Then Creative Work - Siddha Yoga	<b>Total Solar Eclipse</b>		<b>Bhuloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time


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<b>1</b>	<b>Thursday, March 10, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau	Manama, Bahrain Sun 16 Sutra 333 Manmatha 5117
Meena Rasi: 10.31	Tithi 2	<b>Gulika</b> 8:50AM – 10:20AM <b>Yama</b> 5:52AM – 7:21AM <b>Rahu</b> 1:18PM – 2:47PM	<b>Uttaraproshtapada</b> Until 3:48PM Subha Until 6:22AM Balava Until 11:47AM Dvitiya Until 10:02PM
Creative Work	Siddha Yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:52AM <b>Muruga:</b> White <i>Sunset:</i> 5:46PM <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Masi</b>
	114421367		<b>Bhuloka Day</b>
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<b>2</b>	<b>Friday, March 11, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau	Manama, Bahrain Sun 17 Sutra 334 Manmatha 5117
Meena Rasi: 25.32	Tithi 3	<b>Gulika</b> 7:20AM – 8:50AM <b>Yama</b> 2:47PM – 4:17PM <b>Rahu</b> 10:19AM – 11:48AM	<b>Revati</b> Until 1:01PM Brahma Until 10:25PM Taitila Until 8:21AM Tritiya Until 6:40PM
Creative Work	Siddha Yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:51AM <b>Muruga:</b> White <i>Sunset:</i> 5:46PM <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Masi</b>
Until 1:01PM	114421367		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Siva Vision Day</b>	
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<b>3</b>	<b>Saturday, March 12, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*Bava Karana Chaturthi/Panchamyam Titau	Manama, Bahrain Sun 18 Sutra 335 Manmatha 5117
Mesha Rasi: 10.25	Tithi 4 – 5	<b>Gulika</b> 5:50AM – 7:19AM <b>Yama</b> 1:18PM – 2:47PM <b>Rahu</b> 8:49AM – 10:19AM	<b>Ashvini</b> Until 10:42AM Indra Until 6:43PM Bava Until 2:06AM Sun Chaturthi* Until 3:32PM
Creative Work	Siddha Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:50AM <b>Muruga:</b> White <i>Sunset:</i> 5:47PM <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>
	124421367		<b>Bhuloka Day</b>
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<b>4</b>	<b>Sunday, March 13, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Manama, Bahrain Sun 19 Sutra 336 Manmatha 5117
Mesha Rasi: 25.05	Tithi 5 – 6	<b>Gulika</b> 2:47PM – 4:17PM <b>Yama</b> 11:48AM – 1:18PM <b>Rahu</b> 4:17PM – 5:47PM	<b>Bharani</b> Until 8:35AM Vaidhriti* Until 3:19PM Kaulava Until 11:33PM Panchami Until 12:45PM
Routine Work	Prabalarishta Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:49AM <b>Muruga:</b> White <i>Sunset:</i> 5:47PM <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>
Until 8:35AM	124421367		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga			
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<b>5</b>	<b>Monday, March 14, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Manama, Bahrain Sun 20 Sutra 337 Manmatha 5117
Virshabha Rasi: 9.27	Tithi 6 – 7	<b>Gulika</b> 1:18PM – 2:48PM <b>Yama</b> 10:18AM – 11:48AM <b>Rahu</b> 7:18AM – 8:48AM	<b>Krittika</b> Until 6:46AM Vishkambha* Until 12:19PM Gara Until 9:30PM Shashthi* Until 10:26AM
Family Home Evening	124421367		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:48AM <b>Muruga:</b> White <i>Sunset:</i> 5:48PM <b>Nataraja:</b> White Moon – White <b>Phalguna-Panguni</b>
Routine Work	Marana Yoga		<b>Bhuloka Day</b>
Until 6:46AM		<b>Karadaiyan Nombu (Tamil Nadu)</b>	
Then Creative Work - Amrita Yoga			
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<b>☾</b>	<b>Tuesday, March 15, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Manama, Bahrain Sun 21 Sutra 338 Manmatha 5117
Virshabha Rasi: 23.27	Tithi 7 – 8	<b>Gulika</b> 11:47AM – 1:18PM <b>Yama</b> 8:47AM – 10:17AM <b>Rahu</b> 2:48PM – 4:18PM	<b>Mrigashira</b> Until 5:15AM Wed Priti Until 9:47AM Visti Until 8:03PM Saptami Until 8:41AM
Creative Work	Siddha Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:47AM <b>Muruga:</b> White <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Panguni</b>
	135421368		<b>Devaloka Day</b>
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	<b>Wednesday, March 16, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Manama, Bahrain Sun 22 Sutra 339 Manmatha 5117
Mithuna Rasi: 7.05	Tithi 8 – 9	<b>Gulika</b> 10:17AM – 11:47AM <b>Yama</b> 7:16AM – 8:46AM <b>Rahu</b> 11:47AM – 1:17PM	<b>Ardra</b> Until 5:11AM Thu Ayushman Until 7:42AM Balava Until 7:13PM Ashtami* Until 7:32AM
Creative Work	Siddha Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:46AM <b>Muruga:</b> White <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Panguni</b>
Until 5:11AM Thu	135421368		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga			

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>	<b>Thursday, March 17, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Manama, Bahrain Sun 23 Sutra 340
	Mithuna Rasi: 20.21 Tithi 9 – 10 145421368	<b>Gulika</b> 8:46AM – 10:16AM <b>Yama</b> 5:45AM – 7:15AM <b>Rahu</b> 1:17PM – 2:48PM	<b>Punarvasu Until 6:02AM Fri</b> Saubhagya Until 6:09AM Taitila Until 7:02PM <b>Navami* Until 7:02AM</b>
	Creative Work Amrita Yoga Until 6:02AM Fri Then Routine Work - Marana Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:45AM <b>Muruga:</b> White <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Clear Moon – Blue	Manmatha 5117 Moon 2 - Phase 46 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>2</b>	<b>Friday, March 18, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Manama, Bahrain Sun 24 Sutra 341
	Kataka Rasi: 3.19 Tithi 10 – 11 145421368	<b>Gulika</b> 7:14AM – 8:45AM <b>Yama</b> 2:48PM – 4:19PM <b>Rahu</b> 10:16AM – 11:46AM	<b>Punarvasu Until 6:02AM</b> Athiganda* Until 4:28AM Sat Vanija Until 7:26PM <b>Dashami Until 7:08AM</b>
	Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM <b>Muruga:</b> White <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Clear Moon – Blue	Manmatha 5117 Moon 2 - Phase 46 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>3</b>	<b>Saturday, March 19, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Manama, Bahrain Sun 25 Sutra 342
	Kataka Rasi: 15.59 Tithi 11 – 12 145421368	<b>Gulika</b> 5:42AM – 7:13AM <b>Yama</b> 1:17PM – 2:48PM <b>Rahu</b> 8:44AM – 10:15AM	<b>Pushya Until 7:17AM</b> Sukarma Until 4:16AM Sun Bava Until 8:23PM <b>Ekadashi Until 7:49AM</b>
	Creative Work Siddha Yoga Until 7:17AM Then Routine Work - Marana Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:42AM <b>Muruga:</b> White <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Clear Moon – Blue	Manmatha 5117 Moon 2 - Phase 46 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>4</b>	<b>Sunday, March 20, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Manama, Bahrain Sun 26 Sutra 343
	Kataka Rasi: 28.25 Tithi 12 – 13 145421368	<b>Gulika</b> 2:48PM – 4:19PM <b>Yama</b> 11:46AM – 1:17PM <b>Rahu</b> 4:19PM – 5:50PM	<b>Ashlesha* Until 8:53AM</b> Dhriti Until 4:26AM Mon Kaulava Until 9:50PM <b>Dvadashi Until 9:02AM</b>
	Creative Work Siddha Yoga Until 8:53AM Then Routine Work - Marana Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:41AM <b>Muruga:</b> White <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Clear Moon – Blue	Manmatha 5117 Moon 2 - Phase 46 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
			<i>Pradosha Vrata</i>
<b>5</b>	<b>Monday, March 21, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Manama, Bahrain Sun 27 Sutra 344
	Simha Rasi: 10.4 Tithi 13 – 14 Family Home Evening 155421368	<b>Gulika</b> 1:17PM – 2:48PM <b>Yama</b> 10:14AM – 11:46AM <b>Rahu</b> 7:12AM – 8:43AM	<b>Magha* Until 11:15AM</b> Shula* Until 4:52AM Tue Gara Until 11:41PM <b>Trayodashi Until 10:41AM</b>
	Routine Work Marana Yoga Until 11:15AM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:40AM <b>Muruga:</b> White <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Clear Moon – Red	Manmatha 5117 Moon 2 - Phase 46 4th Phase <b>Devaloka Day</b>
	<b>Tuesday, March 22, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Manama, Bahrain Sutra 345
	<b>Copper Retreat Star</b> Simha Rasi: 22.45 Tithi 14 – 15 155421368	<b>Gulika</b> 11:45AM – 1:17PM <b>Yama</b> 8:42AM – 10:14AM <b>Rahu</b> 2:48PM – 4:20PM	<b>Purvaphalguni Until 1:48PM</b> Ganda* Until 5:33AM Wed Visti Until 1:52AM Wed <b>Chaturdashi* Until 12:43PM</b>
	Creative Work Siddha Yoga Until 1:48PM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:39AM <b>Muruga:</b> White <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Clear Moon – Red	Manmatha 5117 Moon 2 - Phase 46 Purnima <b>Devaloka Day</b>
		<b>Panguni Uttiram</b>	<b>Phalgunapanguni</b>
<b>○</b>	<b>Wednesday, March 23, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vridhhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Manama, Bahrain Sutra 346
	<b>Silver Retreat Star</b> Kanya Rasi: 4.43 Tithi 15 – 16 155421368	<b>Gulika</b> 10:13AM – 11:45AM <b>Yama</b> 7:10AM – 8:42AM <b>Rahu</b> 11:45AM – 1:17PM	<b>Uttaraphalguni Until 4:27PM</b> Vridhhi Until 6:25AM Thu Balava Until 4:18AM Thu <b>Purnima* Until 3:02PM</b>
	Creative Work Amrita Yoga Until 4:27PM Then Routine Work - Marana Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:38AM <b>Muruga:</b> White <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Clear Moon – Red	Manmatha 5117 Moon 2 - Phase 46 Prathama <b>Devaloka Day</b>
		<b>Penumbral Lunar Eclipse</b>	<b>Phalgunapanguni</b>

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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**Thursday, March 24, 2016**  
**Gold Retreat Star**

Kanya Rasi: 16.37    Titli 16 – 17  
166421368  
Routine Work    Marana Yoga  
Until 7:37PM  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau  
**Gulika** 8:41AM – 10:13AM    **Hasta** Until 7:37PM  
**Yama** 5:37AM – 7:09AM    **Vridhhi** Until 6:25AM  
**Rahu** 1:17PM – 2:48PM    **Taitila** Until 6:51AM Fri  
**Prathama\*** Until 5:32PM

Manama, Bahrain  
Sutra 347  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow    *Sunrise:* 5:37AM  
Muruga: White    *Sunset:* 5:52PM  
Nataraja: Clear  
Moon – Green  
**Phalguna-Panguni**

**1 Friday, March 25, 2016**

Kanya Rasi: 28.26    Titli 17  
166421368  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 7:08AM – 8:40AM    **Chitra** Until 10:40PM  
**Yama** 2:49PM – 4:21PM    **Dhruva** Until 7:21AM  
**Rahu** 10:12AM – 11:44AM    **Taitila** Until 6:51AM  
**Dvitiya** Until 8:07PM

Manama, Bahrain  
Sun 1    Sutra 348  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow    *Sunrise:* 5:36AM  
Muruga: White    *Sunset:* 5:53PM  
Nataraja: Clear  
Moon – Green  
**Phalguna-Panguni**

**2 Saturday, March 26, 2016**

Tula Rasi: 10.16    Titli 18  
166421368  
Creative Work    Siddha Yoga  
Until 1:31AM Sun  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 5:35AM – 7:07AM    **Svati** Until 1:31AM Sun  
**Yama** 1:16PM – 2:49PM    **Vyaghata\*** Until 8:19AM  
**Rahu** 8:39AM – 10:12AM    **Vanija** Until 9:26AM  
**Tritiya** Until 10:40PM

Manama, Bahrain  
Sun 2    Sutra 349  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow    *Sunrise:* 5:35AM  
Muruga: White    *Sunset:* 5:53PM  
Nataraja: Clear  
Moon – Green  
**Phalguna-Panguni**

**3 Sunday, March 27, 2016**

Tula Rasi: 22.07    Titli 19  
176421368  
Routine Work    Marana Yoga  
Until 4:34AM Mon  
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika** 2:49PM – 4:21PM    **Vishakha** Until 4:34AM Mon  
**Yama** 11:44AM – 1:16PM    **Harshana** Until 9:15AM  
**Rahu** 4:21PM – 5:54PM    **Bava** Until 11:55AM  
**Chaturthi\*** Until 1:04AM Mon

Manama, Bahrain  
Sun 3    Sutra 350  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase  
**Sivaloka Day**  
Ganesha: Blue    *Sunrise:* 5:34AM  
Muruga: White    *Sunset:* 5:54PM  
Nataraja: Clear  
Moon – Orange  
**Phalguna-Panguni**

**4 Monday, March 28, 2016**

Vrischika Rasi: 4.02    Titli 20  
176421368  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 7:09AM Tue  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 1:16PM – 2:49PM    **Anuradha** Until 7:09AM Tue  
**Yama** 10:11AM – 11:43AM    **Vajra\*** Until 9:59AM  
**Rahu** 7:05AM – 8:38AM    **Kaulava** Until 2:12PM  
**Panchami** Until 3:11AM Tue

Manama, Bahrain  
Sun 4    Sutra 351  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase  
**Sivaloka Day**  
Ganesha: Blue    *Sunrise:* 5:33AM  
Muruga: White    *Sunset:* 5:54PM  
Nataraja: Clear  
Moon – Orange  
**Phalguna-Panguni**

**5 Tuesday, March 29, 2016**

Vrischika Rasi: 16.05    Titli 21  
176521368  
Creative Work    Siddha Yoga  
Until 7:09AM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 11:43AM – 1:16PM    **Anuradha** Until 7:09AM  
**Yama** 8:37AM – 10:10AM    **Siddhi** Until 10:30AM  
**Rahu** 2:49PM – 4:22PM    **Gara** Until 4:07PM  
**Shashthi\*** Until 4:53AM Wed

Manama, Bahrain  
Sun 5    Sutra 352  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase  
**Devaloka Day**  
Ganesha: Red    *Sunrise:* 5:32AM  
Muruga: White    *Sunset:* 5:55PM  
Nataraja: Clear  
Moon – Orange  
**Phalguna-Panguni**

**6 Wednesday, March 30, 2016**

Vrischika Rasi: 28.17    Titli 22  
176521368  
Creative Work    Siddha Yoga  
Until 9:09AM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saplamyam Titau  
**Gulika** 10:10AM – 11:43AM    **Jyeshtha\*** Until 9:09AM  
**Yama** 7:04AM – 8:37AM    **Vyatipata\*** Until 10:41AM  
**Rahu** 11:43AM – 1:16PM    **Visti** Until 5:33PM  
**Saptami** Until 6:01AM Thu

Manama, Bahrain  
Sun 6    Sutra 353  
Manmatha 5117  
Moon 3 - Phase 47  
1st Phase  
**Devaloka Day**  
Ganesha: Red    *Sunrise:* 5:31AM  
Muruga: White    *Sunset:* 5:55PM  
Nataraja: Clear  
Moon – Orange  
**Phalguna-Panguni**

**Thursday, March 31, 2016**  
**Retreat Star**

Dhanus Rasi: 10.44    Titli 22 – 23  
186521368  
Creative Work    Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau  
**Gulika** 8:36AM – 10:09AM    **Mula\*** Until 10:54AM  
**Yama** 5:30AM – 7:03AM    **Variyan** Until 10:23AM  
**Rahu** 1:16PM – 2:49PM    **Balava** Until 6:21PM  
**Saptami** Until 6:01AM

Manama, Bahrain  
Sun 7    Sutra 354  
Manmatha 5117  
Moon 3 - Phase 47  
Ashtami  
**Bhuloka Day**  
Ganesha: Green    *Sunrise:* 5:30AM  
Muruga: White    *Sunset:* 5:56PM  
Nataraja: Clear  
Moon – Light Blue  
**Phalguna-Panguni**  
**Devaloka Time: 6:PM to 9:PM**

**Friday, April 1, 2016**  
**Retreat Star**

Dhanus Rasi: 23.3    Titli 23 – 24  
187521368  
Routine Work    Prabalarishta Yoga  
Until 11:49AM  
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 7:03AM – 8:36AM    **Purvashadha\*** Until 11:49AM  
**Yama** 2:49PM – 4:22PM    **Parigha\*** Until 9:34AM  
**Rahu** 10:09AM – 11:43AM    **Taitila** Until 6:25PM  
**Ashtami\*** Until 6:28AM

Manama, Bahrain  
Sun 8    Sutra 355  
Manmatha 5117  
Moon 3 - Phase 47  
Navami  
**Devaloka Day**  
Ganesha: Red    *Sunrise:* 5:30AM  
Muruga: White    *Sunset:* 5:56PM  
Nataraja: Clear  
Moon – Light Blue  
**Phalguna-Panguni**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b>	<b>Saturday, April 2, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Manama, Bahrain Sun 9 Sutra 356
	Makara Rasi: 6.39    Tithi 24 – 25 187521368	<b>Gulika</b> 5:28AM – 7:02AM <b>Yama</b> 1:16PM – 2:49PM <b>Rahu</b> 8:35AM – 10:09AM	<b>Uttarashadha Until 11:49AM</b> Shiva Until 8:08AM Visti Until 5:01AM Sun <b>Navami* Until 6:08AM</b>
	Routine Work    Marana Yoga Until 11:49AM Then Creative Work - Siddha Yoga	<b>Ganesha: Red</b> <i>Sunrise: 5:28AM</i> <b>Muruga: White</b> <i>Sunset: 5:56PM</i> <b>Nataraja: Clear</b> Moon – Light Blue <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 2nd Phase <b>Devaloka Day</b>
<b>2</b>	<b>Sunday, April 3, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Manama, Bahrain Sun 10 Sutra 357
	Makara Rasi: 20.14    Tithi 26 197521368	<b>Gulika</b> 2:49PM – 4:23PM <b>Yama</b> 11:42AM – 1:16PM <b>Rahu</b> 4:23PM – 5:57PM	<b>Shravana Until 11:21AM</b> Siddha Until 6:04AM Bava Until 4:11PM <b>Ekadashi* Until 3:09AM Mon</b>
	Creative Work    Amrita Yoga Until 11:21AM Then Routine Work - Marana Yoga	<b>Ganesha: Green</b> <i>Sunrise: 5:27AM</i> <b>Muruga: White</b> <i>Sunset: 5:57PM</i> <b>Nataraja: Clear</b> Moon – Purple <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
<b>3</b>	<b>Monday, April 4, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Manama, Bahrain Sun 11 Sutra 358
	Kumbha Rasi: 4.16    Tithi 27 Family Home Evening 197521368	<b>Gulika</b> 1:15PM – 2:49PM <b>Yama</b> 10:08AM – 11:42AM <b>Rahu</b> 7:00AM – 8:34AM	<b>Dhanishtha Until 10:00AM</b> Subha Until 12:12AM Tue Kaulava Until 1:58PM <b>Dvadashi* Until 12:36AM Tue</b>
	Creative Work    Siddha Yoga	<b>Ganesha: Green</b> <i>Sunrise: 5:26AM</i> <b>Muruga: White</b> <i>Sunset: 5:57PM</i> <b>Nataraja: Clear</b> Moon – Purple <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
<b>4</b>	<b>Tuesday, April 5, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau	Manama, Bahrain Sun 12 Sutra 359
	Kumbha Rasi: 18.45    Tithi 28 197521368	<b>Gulika</b> 11:41AM – 1:15PM <b>Yama</b> 8:33AM – 10:07AM <b>Rahu</b> 2:49PM – 4:23PM	<b>Shatabhishak Until 7:53AM</b> Sukla Until 8:32PM Gara Until 11:08AM <b>Trayodashi* Until 9:31PM</b> <i>Pradosha Vrata (Fasting)</i>
	Routine Work    Marana Yoga	<b>Ganesha: Green</b> <i>Sunrise: 5:25AM</i> <b>Muruga: White</b> <i>Sunset: 5:57PM</i> <b>Nataraja: Clear</b> Moon – Purple <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
<b>5</b>	<b>Wednesday, April 6, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Manama, Bahrain Sun 13 Sutra 360
	Meena Rasi: 4    Tithi 29 117521368	<b>Gulika</b> 10:07AM – 11:41AM <b>Yama</b> 6:58AM – 8:33AM <b>Rahu</b> 11:41AM – 1:15PM	<b>Uttaraproshtapada Until 2:45AM Thu</b> Brahma Until 4:33PM Visti Until 7:50AM <b>Chaturdashi* Until 6:03PM</b>
	Creative Work    Siddha Yoga	<b>Ganesha: Orange</b> <i>Sunrise: 5:24AM</i> <b>Muruga: White</b> <i>Sunset: 5:58PM</i> <b>Nataraja: Clear</b> Moon – Clear <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 2nd Phase <b>Devaloka Day</b>
<b>●</b>	<b>Thursday, April 7, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Manama, Bahrain Sun 14 Sutra 361
	<b>Retreat Star</b> Meena Rasi: 18.43    Tithi 30 – 1 118521368	<b>Gulika</b> 8:32AM – 10:06AM <b>Yama</b> 5:23AM – 6:58AM <b>Rahu</b> 1:15PM – 2:50PM	<b>Revati Until 11:40PM</b> Indra Until 12:23PM Kintughna Until 12:28AM Fri <b>Amavasya* Until 2:20PM</b>
	Creative Work    Siddha Yoga Until 11:40PM Then Creative Work - Amrita Yoga	<b>Ganesha: Green</b> <i>Sunrise: 5:23AM</i> <b>Muruga: White</b> <i>Sunset: 5:58PM</i> <b>Nataraja: Clear</b> Moon – Clear <b>Phalguna-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 Amavasya <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>●</b>	<b>Friday, April 8, 2016</b>	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Manama, Bahrain Sun 15 Sutra 362
	<b>Retreat Star</b> Mesha Rasi: 3.55    Tithi 1 – 2 128521368	<b>Gulika</b> 6:57AM – 8:31AM <b>Yama</b> 2:50PM – 4:24PM <b>Rahu</b> 10:06AM – 11:41AM	<b>Ashvini Until 8:50PM</b> Vaidhriti* Until 8:06AM Balava Until 8:43PM <b>Prathama* Until 10:34AM</b>
	Creative Work    Amrita Yoga Until 8:50PM Then Creative Work - Siddha Yoga	<b>Ganesha: White</b> <i>Sunrise: 5:22AM</i> <b>Muruga: White</b> <i>Sunset: 5:59PM</i> <b>Nataraja: Clear</b> Moon – White <b>Chaitra-Panguni</b>	Manmatha 5117 Moon 3 - Phase 48 Prathama <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>	<b>Saturday, April 9, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau	Manama, Bahrain Sun 16 Sutra 363 Manmatha 5117
	Mesha Rasi: 19.06 Tithi 2 - 3 128521368	<b>Gulika</b> 5:21AM - 6:56AM <b>Yama</b> 1:15PM - 2:50PM <b>Rahu</b> 8:31AM - 10:05AM	<b>Bharani</b> Until 6:04PM Priti Until 11:56PM Gara Until 3:27AM Sun Dvitiya Until 6:53AM
	Creative Work Siddha Yoga Until 6:04PM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:21AM <b>Muruḡa:</b> White <i>Sunset:</i> 5:59PM <b>Nataraja:</b> Clear Moon - White	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>2</b>	<b>Sunday, April 10, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau	Manama, Bahrain Sun 17 Sutra 364 Manmatha 5117
	Virshabha Rasi: 4.04 Tithi 4 128521368	<b>Gulika</b> 2:50PM - 4:25PM <b>Yama</b> 11:40AM - 1:15PM <b>Rahu</b> 4:25PM - 6:00PM	<b>Krittika</b> Until 3:30PM Ayushman Until 8:15PM Vanija Until 1:54PM Chaturthi* Until 12:26AM Mon
	Creative Work Siddha Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:20AM <b>Muruḡa:</b> White <i>Sunset:</i> 6:00PM <b>Nataraja:</b> Clear Moon - White	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<b>3</b>	<b>Monday, April 11, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau	Manama, Bahrain Sun 18 Manmatha 5117
	Virshabha Rasi: 18.43 Tithi 5 Family Home Evening 138521368	<b>Gulika</b> 1:15PM - 2:50PM <b>Yama</b> 10:05AM - 11:40AM <b>Rahu</b> 6:54AM - 8:29AM	<b>Rohini</b> Until 1:42PM Saubhagya Until 5:00PM Bava Until 11:09AM Panchami Until 9:59PM
	Creative Work Amrita Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:19AM <b>Muruḡa:</b> White <i>Sunset:</i> 6:00PM <b>Nataraja:</b> Clear Moon - Yellow	<b>Devaloka Day</b>
<b>4</b>	<b>Tuesday, April 12, 2016</b>	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Manama, Bahrain Sun 19 Manmatha 5117
	Mithuna Rasi: 2.56 Tithi 6 138521368	<b>Gulika</b> 11:39AM - 1:15PM <b>Yama</b> 8:29AM - 10:04AM <b>Rahu</b> 2:50PM - 4:25PM	<b>Mrigashira</b> Until 12:24PM Sobhana Until 2:19PM Kaulava Until 9:01AM Shashthi* Until 8:12PM
	Creative Work Siddha Yoga Until 12:24PM Then Routine Work - Marana Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:18AM <b>Muruḡa:</b> White <i>Sunset:</i> 6:01PM <b>Nataraja:</b> Clear Moon - Yellow	<b>Devaloka Day</b>
<b>5</b>	<b>Wednesday, April 13, 2016</b>	Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau	Manama, Bahrain Sun 20 Durmukha 5118
	Mithuna Rasi: 16.43 Tithi 7 138521368	<b>Gulika</b> 10:04AM - 11:39AM <b>Yama</b> 6:53AM - 8:28AM <b>Rahu</b> 11:39AM - 1:15PM	<b>Ardra</b> Until 11:41AM Athiganda* Until 12:12PM Gara Until 7:37AM Saptami Until 7:11PM
	Creative Work Siddha Yoga Tamil New Year	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:17AM <b>Muruḡa:</b> White <i>Sunset:</i> 6:01PM <b>Nataraja:</b> Clear Moon - Yellow	<b>Devaloka Day</b>
<b>D</b>	<b>Thursday, April 14, 2016</b>	Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau	Manama, Bahrain Sun 21 Durmukha 5118
	<b>Retreat Star</b> Kataka Rasi: 0.02 Tithi 8 249521368	<b>Gulika</b> 8:28AM - 10:03AM <b>Yama</b> 5:16AM - 6:52AM <b>Rahu</b> 1:15PM - 2:50PM	<b>Punarvasu</b> Until 12:03PM Sukarma Until 10:44AM Visti Until 7:00AM Ashtami* Until 6:58PM
	Creative Work Amrita Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:16AM <b>Muruḡa:</b> White <i>Sunset:</i> 6:02PM <b>Nataraja:</b> Clear Moon - Blue	<b>Sivaloka Day</b>
<b>Friday, April 15, 2016</b>	<b>Retreat Star</b>	Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau	Manama, Bahrain Sun 22 Durmukha 5118
	Kataka Rasi: 12.56 Tithi 9 249521368	<b>Gulika</b> 6:51AM - 8:27AM <b>Yama</b> 2:50PM - 4:26PM <b>Rahu</b> 10:03AM - 11:39AM	<b>Pushya</b> Until 1:03PM Dhriti Until 9:54AM Balava Until 7:10AM Navami* Until 7:31PM
	Routine Work Marana Yoga Sri Rama Navami	<b>Ganesha:</b> White <i>Sunrise:</i> 5:15AM <b>Muruḡa:</b> White <i>Sunset:</i> 6:02PM <b>Nataraja:</b> Clear Moon - Blue	<b>Sivaloka Day</b>

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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<b>1</b>	<b>Saturday, April 16, 2016</b>		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mantā Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau				Manama, Bahrain Sun 23
	Kataka Rasi: 25.29	Tithi 10	<b>Gulika</b> 5:14AM – 6:50AM <b>Yama</b> 1:15PM – 2:51PM <b>Rahu</b> 8:26AM – 10:02AM	<b>Ashlesha* Until 2:34PM</b> Shula* Until 9:37AM Taitila Until 8:06AM <b>Dashami Until 8:47PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:14AM <b>Muruga:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> Clear Moon – Blue <b>Chaitra*Chaitra</b>	Durmukha 5118 Moon 3 - Phase 1 4th Phase <b>Sivaloka Day</b>	
Routine Work Marana Yoga Until 2:34PM Then Creative Work - Amrita Yoga							
<b>2</b>	<b>Sunday, April 17, 2016</b>		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Manama, Bahrain Sun 24
	Simha Rasi: 7.46	Tithi 11	<b>Gulika</b> 2:51PM – 4:27PM <b>Yama</b> 11:38AM – 1:14PM <b>Rahu</b> 4:27PM – 6:03PM	<b>Magha* Until 5:00PM</b> Ganda* Until 9:50AM Vanija Until 9:39AM <b>Ekadashi Until 10:36PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:13AM <b>Muruga:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> Clear Moon – Red <b>Chaitra*Chaitra</b>	Durmukha 5118 Moon 3 - Phase 1 4th Phase <b>Devaloka Day</b>	
Routine Work Marana Yoga Until 5:00PM Then Creative Work - Siddha Yoga							
<b>3</b>	<b>Monday, April 18, 2016</b>		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 1
	Simha Rasi: 19.5	Tithi 12	<b>Gulika</b> 1:14PM – 2:51PM <b>Yama</b> 10:02AM – 11:38AM <b>Rahu</b> 6:49AM – 8:25AM	<b>Purvaphalguni Until 7:42PM</b> Vridhhi Until 10:26AM Bava Until 11:42AM <b>Dvadashi Until 12:50AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:12AM <b>Muruga:</b> White <i>Sunset:</i> 6:04PM <b>Nataraja:</b> Clear Moon – Red <b>Chaitra*Chaitra</b>	Durmukha 5118 Moon 3 - Phase 1 4th Phase <b>Devaloka Day</b>	
Family Home Evening Creative Work Siddha Yoga							
<b>4</b>	<b>Tuesday, April 19, 2016</b>		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 2
	Kanya Rasi: 1.46	Tithi 13	<b>Gulika</b> 11:38AM – 1:14PM <b>Yama</b> 8:25AM – 10:01AM <b>Rahu</b> 2:51PM – 4:28PM	<b>Uttaraphalguni Until 10:30PM</b> Dhruva Until 11:15AM Kaulava Until 2:04PM <b>Trayodashi Until 3:19AM Wed</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:11AM <b>Muruga:</b> White <i>Sunset:</i> 6:04PM <b>Nataraja:</b> Clear Moon – Red <b>Chaitra*Chaitra</b>	Durmukha 5118 Moon 3 - Phase 1 4th Phase <b>Devaloka Day</b>	
Creative Work Amrita Yoga Until 10:30PM Then Creative Work - Siddha Yoga							
<b>5</b>	<b>Wednesday, April 20, 2016</b>		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 3
	Kanya Rasi: 14	Tithi 14	<b>Gulika</b> 10:01AM – 11:38AM <b>Yama</b> 6:47AM – 8:24AM <b>Rahu</b> 11:38AM – 1:14PM	<b>Hasta Until 1:45AM Thu</b> Vyaghata* Until 12:14PM Gara Until 4:37PM <b>Chaturdashi* Until 5:53AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:10AM <b>Muruga:</b> White <i>Sunset:</i> 6:05PM <b>Nataraja:</b> Clear Moon – Green <b>Chaitra*Chaitra</b>	Durmukha 5118 Moon 3 - Phase 1 4th Phase <b>Sivaloka Day</b>	
Routine Work Marana Yoga Until 1:45AM Thu Then Creative Work - Siddha Yoga							
	<b>Thursday, April 21, 2016</b>		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti* Karana Purnimayam Titau				Manama, Bahrain Sutra 4
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:23AM – 10:00AM <b>Yama</b> 5:10AM – 6:47AM <b>Rahu</b> 1:14PM – 2:51PM	<b>Chitra Until 4:50AM Fri</b> Harshana Until 1:17PM Visti Until 7:12PM <b>Purnima* Until 8:26AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:10AM <b>Muruga:</b> White <i>Sunset:</i> 6:05PM <b>Nataraja:</b> Clear Moon – Green <b>Chaitra*Chaitra</b>	Durmukha 5118 Moon 3 - Phase 1 Purnima <b>Sivaloka Day</b>	
Kanya Rasi: 25.25 Tithi 15 Creative Work Siddha Yoga		<b>Chitra Purnima (Tamil Nadu)</b> <b>Hanuman Jayanti</b>					
<b>Friday, April 22, 2016</b>	<b>Silver Retreat Star</b>		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Manama, Bahrain Sutra 5
	Tula Rasi: 7.14	Tithi 15 – 16	<b>Gulika</b> 6:46AM – 8:23AM <b>Yama</b> 2:51PM – 4:29PM <b>Rahu</b> 10:00AM – 11:37AM	<b>Svati Until 7:38AM Sat</b> Vajra* Until 2:15PM Balava Until 9:42PM <b>Purnima* Until 8:26AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:09AM <b>Muruga:</b> White <i>Sunset:</i> 6:06PM <b>Nataraja:</b> Clear Moon – Green <b>Chaitra*Chaitra</b>	Durmukha 5118 Moon 3 - Phase 1 Prathama <b>Sivaloka Day</b>	
Creative Work Siddha Yoga							

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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