



Tuesday, May 5, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal
Sutra 23

Virschika Rasi: 0.13 Tithi 16 – 17
279979269
Routine Work Marana Yoga
Until 11:52AM
Then Creative Work - Siddha Yoga

Gulika 11:46AM – 1:26PM
Yama 8:27AM – 10:07AM
Rahu 3:05PM – 4:45PM

Vishakha Until 11:52AM
Varyan Until 10:46PM
Taitila Until 10:08PM
Prathama* Until 9:58AM

Ganesha: Blue *Sunrise: 5:08AM*
Muruga: White *Sunset: 6:25PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Devaloka Day

Manmatha 5117
Moon 4 - Phase 3
1st Phase

1

Wednesday, May 6, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal
Sutra 24

Virschika Rasi: 13.02 Tithi 17 – 18
271979269
Creative Work Siddha Yoga

Gulika 10:06AM – 11:46AM
Yama 6:47AM – 8:26AM
Rahu 11:46AM – 1:26PM

Anuradha Until 12:41PM
Parigha* Until 9:42PM
Vanija Until 10:06PM
Dvitiya Until 10:09AM

Ganesha: Yellow *Sunrise: 5:07AM*
Muruga: White *Sunset: 6:25PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Sivaloka Day

Manmatha 5117
Moon 4 - Phase 3
1st Phase

2

Thursday, May 7, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Visti*/Bava Karana Tritiya/Chaturhyam Titau

Kathmandu, Nepal
Sutra 25

Virschika Rasi: 26.07 Tithi 18 – 19
271979269
Routine Work Prabalarishta Yoga
Until 12:54PM
Then Creative Work - Siddha Yoga

Gulika 8:26AM – 10:06AM
Yama 5:06AM – 6:46AM
Rahu 1:26PM – 3:06PM

Jyeshtha* Until 12:54PM
Shiva Until 8:17PM
Bava Until 9:37PM
Tritiya Until 9:53AM

Ganesha: Yellow *Sunrise: 5:06AM*
Muruga: White *Sunset: 6:26PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Sivaloka Day

Manmatha 5117
Moon 4 - Phase 3
1st Phase

3

Friday, May 8, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal
Sutra 26

Dhanus Rasi: 9.23 Tithi 19 – 20
281979269
Creative Work Amrita Yoga
Until 1:02PM
Then Routine Work - Prabalarishta Yoga

Gulika 6:46AM – 8:26AM
Yama 3:06PM – 4:46AM
Rahu 10:06AM – 11:46AM

Mula* Until 1:02PM
Siddha Until 6:33PM
Kaulava Until 8:46PM
Chaturthi* Until 9:13AM

Ganesha: White *Sunrise: 5:05AM*
Muruga: White *Sunset: 6:26PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Subha Sivaloka Day

Manmatha 5117
Moon 4 - Phase 3
1st Phase

4

Saturday, May 9, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal
Sutra 27

Dhanus Rasi: 22.52 Tithi 20 – 21
281179269
Creative Work Siddha Yoga
Until 12:40PM
Then Routine Work - Marana Yoga

Gulika 5:05AM – 6:45AM
Yama 1:26PM – 3:06PM
Rahu 8:25AM – 10:06AM

Purvashadha* Until 12:40PM
Sadhya Until 4:33PM
Gara Until 7:34PM
Panchami Until 8:11AM

Ganesha: Yellow *Sunrise: 5:05AM*
Muruga: White *Sunset: 6:27PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Sivaloka Day

Manmatha 5117
Moon 4 - Phase 3
1st Phase

5

Sunday, May 10, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal
Sutra 28

Makara Rasi: 6.33 Tithi 21 – 22
281179269
Creative Work Amrita Yoga

Gulika 3:07PM – 4:47PM
Yama 11:46AM – 1:26PM
Rahu 4:47PM – 6:28PM

Uttarashadha Until 11:50AM
Subha Until 2:18PM
Visti Until 6:02PM
Shashthi* Until 6:49AM

Ganesha: Yellow *Sunrise: 5:04AM*
Muruga: White *Sunset: 6:28PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Sivaloka Day

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Chidambaram Abhishekam
Mother's Day

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Monday, May 11, 2015
Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal
Sutra 29

Makara Rasi: 20.25 Tithi 23
291179269
Family Home Evening
Creative Work Amrita Yoga
Until 10:59AM
Then Creative Work - Siddha Yoga

Gulika 1:26PM – 3:07PM
Yama 10:05AM – 11:46AM
Rahu 6:44AM – 8:25AM

Shravana Until 10:59AM
Sukla Until 11:47AM
Balava Until 4:13PM
Ashtami* Until 3:11AM Tue

Ganesha: White *Sunrise: 5:03AM*
Muruga: White *Sunset: 6:28PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Devaloka Day

Manmatha 5117
Moon 4 - Phase 3
Ashtami

Tuesday, May 12, 2015
Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal
Sutra 30

Kumbha Rasi: 4.28 Tithi 24
291179269
Creative Work Siddha Yoga
Until 9:43AM
Then Routine Work - Marana Yoga

Gulika 11:46AM – 1:26PM
Yama 8:24AM – 10:05AM
Rahu 3:07PM – 4:48PM


Dhanishtha Until 9:43AM
Brahma Until 9:03AM
Taitila Until 2:07PM
Navami* Until 12:58AM Wed

Ganesha: White *Sunrise: 5:03AM*
Muruga: White *Sunset: 6:29PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Devaloka Day

Manmatha 5117
Moon 4 - Phase 3
Navami

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Wednesday, May 13, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau		Kathmandu, Nepal Sutra 31				
Kumbha Rasi: 18.41	Tithi 25	291179269	Gulika 10:05AM – 11:46AM Yama 6:43AM – 8:24AM Rahu 11:46AM – 1:27PM	Shatabhishak Until 8:03AM Indra Until 6:08AM Vanija Until 11:47AM Dashami Until 10:31PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Purple Vaisaka-Chaitra	Sunrise: 5:02AM Sunset: 6:29PM	Manmatha 5117 Moon 4 - Phase 4 2nd Phase			
Creative Work Siddha Yoga Until 8:03AM Then Creative Work - Amrita Yoga						Devaloka Day				
2		Thursday, May 14, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Kathmandu, Nepal Sutra 32				
Meena Rasi: 3.02	Tithi 26	211179269	Gulika 8:24AM – 10:05AM Yama 5:02AM – 6:43AM Rahu 1:27PM – 3:08PM	Purvaproshtapada* Until 6:27AM Vishkambha* Until 11:46PM Bava Until 9:14AM Ekadashi* Until 7:54PM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Clear Vaisaka-Chaitra	Sunrise: 5:02AM Sunset: 6:30PM	Manmatha 5117 Moon 4 - Phase 4 2nd Phase			
Creative Work Siddha Yoga						Devaloka Day				
3		Friday, May 15, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Priti Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Kathmandu, Nepal Sutra 33				
Meena Rasi: 17.3	Tithi 27 – 28	211179269	Gulika 6:42AM – 8:23AM Yama 3:08PM – 4:49PM Rahu 10:05AM – 11:46AM	Revati Until 2:33AM Sat Priti Until 8:30PM Kaulava Until 6:35AM Dvadashi* Until 5:12PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 5:01AM Sunset: 6:30PM	Manmatha 5117 Moon 4 - Phase 4 2nd Phase			
Creative Work Siddha Yoga						Devaloka Day				
4		Saturday, May 16, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sutra 34				
Mesha Rasi: 1.59	Tithi 28 – 29	222179269	Gulika 5:00AM – 6:42AM Yama 1:27PM – 3:08PM Rahu 8:23AM – 10:04AM	Ashvini Until 12:50AM Sun Ayushman Until 5:13PM Visti Until 1:15AM Sun Trayodashi* Until 2:32PM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 5:00AM Sunset: 6:31PM	Manmatha 5117 Moon 4 - Phase 4 2nd Phase			
Creative Work Siddha Yoga Until 12:50AM Sun Then Routine Work - Prabalarishta Yoga						Devaloka Day				
		Sunday, May 17, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bharani Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kathmandu, Nepal Sutra 35				
Retreat Star		Mesha Rasi: 16.25		Tithi 29 – 30	222179269	Gulika 3:09PM – 4:50PM Yama 11:46AM – 1:27PM Rahu 4:50PM – 6:32PM	Bharani Until 11:11PM Saubhagya Until 2:05PM Catuspada Until 10:49PM Chaturdashi* Until 11:59AM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 5:00AM Sunset: 6:32PM	Manmatha 5117 Moon 4 - Phase 4 Amavasya
Routine Work Prabalarishta Yoga Until 11:11PM Then Creative Work - Siddha Yoga						Devaloka Day				
Monday, May 18, 2015		Retreat Star		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kathmandu, Nepal Sutra 36				
Vrishabha Rasi: 0.41	Tithi 30 – 1	222179269	Gulika 1:27PM – 3:09PM Yama 10:04AM – 11:46AM Rahu 6:41AM – 8:23AM	Krittika Until 9:44PM Sobhana Until 11:11AM Kintughna Until 8:43PM Amavasya* Until 9:42AM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – White Jyeshtha-Vaikasi	Sunrise: 4:59AM Sunset: 6:32PM	Manmatha 5117 Moon 4 - Phase 4 Prathama			
Family Home Evening Routine Work Marana Yoga Until 9:44PM Then Creative Work - Amrita Yoga						Devaloka Day				

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time


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1	Tuesday, May 19, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kathmandu, Nepal Sutra 37
232179269	232179269	Gulika 11:46AM – 1:28PM Yama 8:22AM – 10:04AM Rahu 3:09PM – 4:51PM	Rohini Until 9:01PM Athiganda* Until 8:35AM Balava Until 7:04PM Prathama* Until 7:48AM
232179269	232179269	Ganesha: Purple <i>Sunrise:</i> 4:59AM Muruga: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 4:59AM <i>Sunset:</i> 6:33PM Devaloka Day
Manmatha 5117	Manmatha 5117		Moon 4 - Phase 5 3rd Phase
Wisrabha Rasi: 14.42	Tithi 1 – 2		
Creative Work Amrita Yoga			
Until 9:01PM			
Then Creative Work - Siddha Yoga			
2	Wednesday, May 20, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kathmandu, Nepal Sutra 38
232179269	232179269	Gulika 10:04AM – 11:46AM Yama 6:40AM – 8:22AM Rahu 11:46AM – 1:28PM	Mrigashira Until 8:45PM Sukarma Until 6:26AM Taitila Until 6:00PM Dvitiya Until 6:26AM
232179269	232179269	Ganesha: Purple <i>Sunrise:</i> 4:58AM Muruga: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 4:58AM <i>Sunset:</i> 6:33PM Devaloka Day
Manmatha 5117	Manmatha 5117		Moon 4 - Phase 5 3rd Phase
Wisrabha Rasi: 28.25	Tithi 2 – 3		
Creative Work Siddha Yoga			
Then Creative Work - Siddha Yoga			
3	Thursday, May 21, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau	Kathmandu, Nepal Sutra 39
232179269	232179269	Gulika 8:22AM – 10:04AM Yama 4:58AM – 6:40AM Rahu 1:28PM – 3:10PM	Ardra Until 8:59PM Shula* Until 3:42AM Fri Vanija Until 5:36PM Chaturthi* Until 5:39AM Fri
232179269	232179269	Ganesha: Purple <i>Sunrise:</i> 4:58AM Muruga: White <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 4:58AM <i>Sunset:</i> 6:34PM Devaloka Day
Manmatha 5117	Manmatha 5117		Moon 4 - Phase 5 3rd Phase
Mithuna Rasi: 11.46	Tithi 4		
Routine Work Marana Yoga			
Until 8:59PM			
Then Creative Work - Amrita Yoga			
4	Friday, May 22, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau	Kathmandu, Nepal Sutra 40
242179269	242179269	Gulika 6:40AM – 8:22AM Yama 3:10PM – 4:52PM Rahu 10:04AM – 11:46AM	Punarvasu Until 10:15PM Ganda* Until 3:12AM Sat Bava Until 5:55PM Panchami Until 6:20AM Sat
242179269	242179269	Ganesha: Clear <i>Sunrise:</i> 4:58AM Muruga: White <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – Blue	<i>Sunrise:</i> 4:58AM <i>Sunset:</i> 6:34PM Sivaloka Day
Manmatha 5117	Manmatha 5117		Moon 4 - Phase 5 3rd Phase
Mithuna Rasi: 24.44	Tithi 5		
Creative Work Siddha Yoga			
Until 10:15PM			
Then Routine Work - Marana Yoga			
5	Saturday, May 23, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kathmandu, Nepal Sutra 41
242179269	242179269	Gulika 4:57AM – 6:39AM Yama 1:28PM – 3:11PM Rahu 8:22AM – 10:04AM	Pushya Until 12:03AM Sun Vriddhi Until 3:15AM Sun Kaulava Until 6:58PM Panchami Until 6:20AM
242179269	242179269	Ganesha: Clear <i>Sunrise:</i> 4:57AM Muruga: White <i>Sunset:</i> 6:35PM Nataraja: Clear Moon – Blue	<i>Sunrise:</i> 4:57AM <i>Sunset:</i> 6:35PM Sivaloka Day
Manmatha 5117	Manmatha 5117		Moon 4 - Phase 5 3rd Phase
Kataka Rasi: 7.22	Tithi 5 – 6		
Creative Work Siddha Yoga			
Then Creative Work - Siddha Yoga			
6	Sunday, May 24, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kathmandu, Nepal Sutra 42
242179269	242179269	Gulika 3:11PM – 4:53PM Yama 11:46AM – 1:28PM Rahu 4:53PM – 6:36PM	Ashlesha* Until 2:17AM Mon Dhruva Until 3:44AM Mon Gara Until 8:39PM Shashthi* Until 7:43AM
242179269	242179269	Ganesha: Clear <i>Sunrise:</i> 4:57AM Muruga: White <i>Sunset:</i> 6:36PM Nataraja: Clear Moon – Blue	<i>Sunrise:</i> 4:57AM <i>Sunset:</i> 6:36PM Sivaloka Day
Manmatha 5117	Manmatha 5117		Moon 4 - Phase 5 3rd Phase
Kataka Rasi: 19.41	Tithi 6 – 7		
Creative Work Siddha Yoga			
Until 2:17AM Mon			
Then Routine Work - Marana Yoga			
Monday, May 25, 2015	Retreat Star	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Kathmandu, Nepal Sutra 43
252179269	252179269	Gulika 1:29PM – 3:11PM Yama 10:04AM – 11:46AM Rahu 6:39AM – 8:21AM	Magha* Until 5:18AM Tue Vyaghata* Until 4:34AM Tue Visti Until 10:50PM Saptami Until 9:41AM
252179269	252179269	Ganesha: White <i>Sunrise:</i> 4:56AM Muruga: White <i>Sunset:</i> 6:36PM Nataraja: Clear Moon – Red	<i>Sunrise:</i> 4:56AM <i>Sunset:</i> 6:36PM Devaloka Day
Manmatha 5117	Manmatha 5117		Moon 4 - Phase 5 Ashtami
Simha Rasi: 1.46	Tithi 7 – 8		
Family Home Evening			
Routine Work Marana Yoga			
Until 5:18AM Tue			
Then Creative Work - Siddha Yoga			
Tuesday, May 26, 2015	Retreat Star	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kathmandu, Nepal Sutra 44
352179269	352179269	Gulika 11:46AM – 1:29PM Yama 8:21AM – 10:04AM Rahu 3:11PM – 4:54PM	Purvaphalguni Until 8:21AM Wed Harshana Until 5:37AM Wed Balava Until 1:19AM Wed Ashtami* Until 12:02PM
352179269	352179269	Ganesha: Clear <i>Sunrise:</i> 4:56AM Muruga: White <i>Sunset:</i> 6:37PM Nataraja: Clear Moon – Red	<i>Sunrise:</i> 4:56AM <i>Sunset:</i> 6:37PM Sivaloka Day
Manmatha 5117	Manmatha 5117		Moon 4 - Phase 5 Navami
Simha Rasi: 13.4	Tithi 8 – 9		
Creative Work Siddha Yoga			
Until 8:21AM Wed			
Then Creative Work - Amrita Yoga			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1	Wednesday, May 27, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kathmandu, Nepal Sutra 45 Manmatha 5117
Simha Rasi: 25.3	Tithi 9 – 10	Gulika 10:04AM – 11:46AM Yama 6:38AM – 8:21AM Rahu 11:46AM – 1:29PM	Purvaphalguni Until 8:21AM Vajra* Until 6:37AM Thu Taitila Until 3:50AM Thu Navami* Until 2:34PM
352179269		Ganesha: Clear Muruḡa: White Nataraja: Clear Moon – Red	Sunrise: 4:56AM Sunset: 6:37PM
Creative Work Amrita Yoga			Sivaloka Day
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2	Thursday, May 28, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sutra 46 Manmatha 5117
Kanya Rasi: 7.19	Tithi 10 – 11	Gulika 8:21AM – 10:04AM Yama 4:55AM – 6:38AM Rahu 1:29PM – 3:12PM	Uttaraphalguni Until 11:14AM Vajra* Until 6:37AM Vanija Until 6:09AM Fri Dashami Until 5:00PM
352179269		Ganesha: Clear Muruḡa: White Nataraja: Clear Moon – Red	Sunrise: 4:55AM Sunset: 6:38PM
Amrita Yoga			Sivaloka Day
Until 11:14AM			
Then Routine Work - Marana Yoga			
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3	Friday, May 29, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau	Kathmandu, Nepal Sutra 47 Manmatha 5117
Kanya Rasi: 19.14	Tithi 11	Gulika 6:38AM – 8:21AM Yama 3:12PM – 4:55PM Rahu 10:04AM – 11:47AM	Hasta Until 2:11PM Siddhi Until 7:29AM Vanija Until 6:09AM Ekadashi Until 7:08PM
363179269		Ganesha: Clear Muruḡa: White Nataraja: Clear Moon – Green	Sunrise: 4:55AM Sunset: 6:38PM
Creative Work Amrita Yoga			Sivaloka Day
Until 2:11PM			
Then Creative Work - Siddha Yoga			
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4	Saturday, May 30, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Dvadashyam Titau	Kathmandu, Nepal Sutra 48 Manmatha 5117
Tula Rasi: 1.18	Tithi 12	Gulika 4:55AM – 6:38AM Yama 1:30PM – 3:13PM Rahu 8:21AM – 10:04AM	Chitra Until 4:31PM Vyatipata* Until 8:02AM Bava Until 8:03AM Dvadashi Until 8:46PM
363179269		Ganesha: Clear Muruḡa: White Nataraja: Clear Moon – Green	Sunrise: 4:55AM Sunset: 6:39PM
Routine Work Marana Yoga			Sivaloka Day
Until 4:31PM			
Then Creative Work - Siddha Yoga			
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5	Sunday, May 31, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Variyan/Parigaha* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kathmandu, Nepal Sutra 49 Manmatha 5117
Tula Rasi: 14	Tithi 13	Gulika 3:13PM – 4:56PM Yama 11:47AM – 1:30PM Rahu 4:56PM – 6:39PM	Svati Until 6:06PM Variyan Until 8:06AM Kaulava Until 9:22AM Trayodashi Until 9:47PM <i>Pradosha Vrata</i>
363179269		Ganesha: Clear Muruḡa: White Nataraja: Clear Moon – Green	Sunrise: 4:55AM Sunset: 6:39PM
Creative Work Siddha Yoga			Sivaloka Day
Until 6:06PM			
Then Routine Work - Marana Yoga			
<hr/>			
6	Monday, June 1, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigaha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau	Kathmandu, Nepal Sutra 50 Manmatha 5117
Tula Rasi: 26.11	Tithi 14	Gulika 1:30PM – 3:13PM Yama 10:04AM – 11:47AM Rahu 6:38AM – 8:21AM	Vishakha Until 7:23PM Parigaha* Until 7:42AM Gara Until 10:04AM Chaturdashi* Until 10:09PM
373179269		Ganesha: White Muruḡa: White Nataraja: Clear Moon – Orange	Sunrise: 4:54AM Sunset: 6:40PM
Family Home Evening		Vaikasi Visakam	Subha Sivaloka Day
Routine Work Marana Yoga			
Until 7:23PM			
Then Creative Work - Siddha Yoga			
<hr/>			
	Tuesday, June 2, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau	Kathmandu, Nepal Sutra 51 Manmatha 5117
Vrischika Rasi: 9.04	Tithi 15	Gulika 11:47AM – 1:30PM Yama 8:21AM – 10:04AM Rahu 3:14PM – 4:57PM	Anuradha Until 7:53PM Shiva Until 6:49AM Visti Until 10:07AM Purnima* Until 9:53PM
373179269		Ganesha: White Muruḡa: White Nataraja: Clear Moon – Orange	Sunrise: 4:54AM Sunset: 6:40PM
Creative Work Siddha Yoga			Subha Sivaloka Day
Until 7:53PM			
Then Routine Work - Marana Yoga			
<hr/>			
	Wednesday, June 3, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau	Kathmandu, Nepal Sutra 52 Manmatha 5117
Vrischika Rasi: 22.14	Tithi 16	Gulika 10:04AM – 11:47AM Yama 6:37AM – 8:21AM Rahu 11:47AM – 1:31PM	Jyeshtha* Until 7:42PM Sadhya Until 3:38AM Thu Balava Until 9:34AM Prathama* Until 9:05PM
373279269		Ganesha: Yellow Muruḡa: White Nataraja: Clear Moon – Orange	Sunrise: 4:54AM Sunset: 6:41PM
Creative Work Siddha Yoga			Sivaloka Day
Until 7:42PM			
Then Routine Work - Marana Yoga			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, June 4, 2015
Gold Retreat Star

Dhanus Rasi: 5.43 Tithi 17
383279261
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 53
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 8:21AM – 10:04AM **Mula* Until 7:23PM**
Yama 4:54AM – 6:37AM Subha Until 1:31AM Fri
Rahu 1:31PM – 3:14PM Taitila Until 8:32AM
Dvitiya Until 7:51PM

Ganesha: Blue *Sunrise:* 4:54AM
Muruga: White *Sunset:* 6:41PM
Nataraja: Clear
Moon – Light Blue
Jyeshtha-Vaikasi

Devaloka Day

1 **Friday, June 5, 2015**

Dhanus Rasi: 19.25 Tithi 18
383279261
Routine Work Prabalarishta Yoga
Until 6:34PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Kathmandu, Nepal
Sun 2 Sutra 54
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 6:37AM – 8:21AM **Purvashadha* Until 6:34PM**
Yama 3:15PM – 4:58PM Sukla Until 11:08PM
Rahu 10:04AM – 11:48AM Vanija Until 7:07AM
Tritiya Until 6:16PM

Ganesha: Blue *Sunrise:* 4:54AM
Muruga: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Light Blue
Jyeshtha-Vaikasi

Devaloka Day

2 **Saturday, June 6, 2015**

Makara Rasi: 3.17 Tithi 19 – 20
383279261
Routine Work Marana Yoga
Until 5:23PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal
Sun 3 Sutra 55
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 4:54AM – 6:37AM **Uttarashadha Until 5:23PM**
Yama 1:31PM – 3:15PM Brahma Until 8:35PM
Rahu 8:21AM – 10:04AM Kaulava Until 3:31AM Sun
Chaturthi* Until 4:28PM

Ganesha: Blue *Sunrise:* 4:54AM
Muruga: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Light Blue
Jyeshtha-Vaikasi

Devaloka Day

3 **Sunday, June 7, 2015**

Makara Rasi: 17.16 Tithi 20 – 21
393279261
Creative Work Amrita Yoga
Until 4:20PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Kathmandu, Nepal
Sun 4 Sutra 56
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 3:15PM – 4:59PM **Shravana Until 4:20PM**
Yama 11:48AM – 1:32PM Indra Until 5:57PM
Rahu 4:59PM – 6:42PM Gara Until 1:30AM Mon
Panchami Until 2:30PM

Ganesha: Red *Sunrise:* 4:54AM
Muruga: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Vaikasi

Sivaloka Day

4 **Monday, June 8, 2015**

Kumbha Rasi: 1.2 Tithi 21 – 22
393279261
Family Home Evening
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 57
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 1:32PM – 3:16PM **Dhanishtha Until 3:03PM**
Yama 10:05AM – 11:48AM Vaidhriti* Until 3:12PM
Rahu 6:37AM – 8:21AM Visti Until 11:25PM
Shashthi* Until 12:26PM

Ganesha: Red *Sunrise:* 4:54AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Vaikasi

Sivaloka Day

Retreat Star **Tuesday, June 9, 2015**

Kumbha Rasi: 15.27 Tithi 22 – 23
393279261
Routine Work Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 58
Manmatha 5117
Moon 5 - Phase 7
Ashtami

Gulika 11:48AM – 1:32PM **Shatabhishak Until 1:35PM**
Yama 8:21AM – 10:05AM Vishkambha* Until 12:26PM
Rahu 3:16PM – 5:00PM Balava Until 9:17PM
Saptami Until 10:20AM

Ganesha: Red *Sunrise:* 4:53AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Vaikasi

Sivaloka Day

Retreat Star **Wednesday, June 10, 2015**

Kumbha Rasi: 29.34 Tithi 23 – 24
313279261
Creative Work Amrita Yoga
Until 12:22PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 59
Manmatha 5117
Moon 5 - Phase 7
Navami

Gulika 10:05AM – 11:49AM **Purvaprossthapada* Until 12:22PM**
Yama 6:37AM – 8:21AM Priti Until 9:40AM
Rahu 11:49AM – 1:32PM Taitila Until 7:09PM
Ashtami* Until 8:12AM

Ganesha: Clear *Sunrise:* 4:53AM
Muruga: White *Sunset:* 6:44PM
Nataraja: Clear
Moon – Clear
Jyeshtha-Vaikasi

Sivaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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1	Thursday, June 11, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Gara/Visti* Karana Navami/Dashmyam Titau			Kathmandu, Nepal Sun 8 Sutra 60
	Meena Rasi: 13.42 Tilthi 24 – 25	Gulika 8:21AM – 10:05AM	Uttaraproshtapada Until 11:01AM	Ganesha: Clear <i>Sunrise:</i> 4:53AM	Manmatha 5117
	313279261	Yama 4:53AM – 6:37AM	Ayushman Until 6:52AM	Muruqa: White <i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
	Creative Work Siddha Yoga	Rahu 1:33PM – 3:16PM	Visti Until 3:57AM Fri	Nataraja: Clear	2nd Phase
		Navami* Until 6:04AM	Jyeshtha-Vaikasi	Sivaloka Day	

2	Friday, June 12, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau			Kathmandu, Nepal Sun 9 Sutra 61
	Meena Rasi: 27.49 Tilthi 26	Gulika 6:37AM – 8:21AM	Revati Until 9:33AM	Ganesha: Clear <i>Sunrise:</i> 4:53AM	Manmatha 5117
	313279261	Yama 3:17PM – 5:01PM	Sobhana Until 1:23AM Sat	Muruqa: White <i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
	Creative Work Siddha Yoga	Rahu 10:05AM – 11:49AM	Bava Until 2:55PM	Nataraja: Clear	2nd Phase
Until 9:33AM		Ekadashi* Until 1:53AM Sat	Jyeshtha-Vaikasi	Sivaloka Day	
Then Creative Work - Amrita Yoga					

3	Saturday, June 13, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Kathmandu, Nepal Sun 10 Sutra 62
	Mesha Rasi: 11.53 Tilthi 27	Gulika 4:54AM – 6:37AM	Ashvini Until 8:26AM	Ganesha: Clear <i>Sunrise:</i> 4:54AM	Manmatha 5117
	324279261	Yama 1:33PM – 3:17PM	Athiganda* Until 10:44PM	Muruqa: White <i>Sunset:</i> 6:45PM	Moon 5 - Phase 8
	Creative Work Siddha Yoga	Rahu 8:21AM – 10:05AM	Kaulava Until 12:55PM	Nataraja: Clear	2nd Phase
		Dvadashi* Until 11:56PM	Jyeshtha-Vaikasi	Sivaloka Day	

4	Sunday, June 14, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau			Kathmandu, Nepal Sun 11 Sutra 63
	Mesha Rasi: 25.53 Tilthi 28	Gulika 3:17PM – 5:01PM	Bharani Until 7:19AM	Ganesha: Clear <i>Sunrise:</i> 4:54AM	Manmatha 5117
	324279261	Yama 11:49AM – 1:33PM	Sukarma Until 8:15PM	Muruqa: White <i>Sunset:</i> 6:45PM	Moon 5 - Phase 8
	Routine Work Prabalarishta Yoga	Rahu 5:01PM – 6:45PM	Gara Until 11:02AM	Nataraja: Clear	2nd Phase
Until 7:19AM		Trayodashi* Until 10:10PM	Jyeshtha-Vaikasi	Sivaloka Day	
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>			

5	Monday, June 15, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Kathmandu, Nepal Sun 12 Sutra 64
	Vrishabha Rasi: 9.45 Tilthi 29	Gulika 1:34PM – 3:18PM	Krittika Until 6:16AM	Ganesha: Clear <i>Sunrise:</i> 4:54AM	Manmatha 5117
	324279261	Yama 10:06AM – 11:50AM	Dhriti Until 6:00PM	Muruqa: White <i>Sunset:</i> 6:46PM	Moon 5 - Phase 8
	Family Home Evening	Rahu 6:38AM – 8:22AM	Visti Until 9:24AM	Nataraja: Clear	2nd Phase
Routine Work Marana Yoga		Chaturdashi* Until 8:41PM	Jyeshtha-Ani	Sivaloka Day	
Until 6:16AM					
Then Creative Work - Amrita Yoga					

	Tuesday, June 16, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Kathmandu, Nepal Sun 13 Sutra 65
	Retreat Star	Gulika 11:50AM – 1:34PM	Mrigashira Until 5:38AM Wed	Ganesha: Orange <i>Sunrise:</i> 4:54AM	Manmatha 5117
	Vrishabha Rasi: 23.26 Tilthi 30	Yama 8:22AM – 10:06AM	Shula* Until 4:01PM	Muruqa: White <i>Sunset:</i> 6:46PM	Moon 5 - Phase 8
	334279261	Rahu 3:18PM – 5:02PM	Catuspada Until 8:05AM	Nataraja: Clear	Amavasya
Creative Work Siddha Yoga		Amavasya* Until 7:34PM	Jyeshtha-Ani	Sivaloka Day	

6	Wednesday, June 17, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Kintughna*/Bava Karana Prathamayam Titau			Kathmandu, Nepal Sun 14 Sutra 66
	Retreat Star	Gulika 10:06AM – 11:50AM	Ardra Until 5:50AM Thu	Ganesha: Orange <i>Sunrise:</i> 4:54AM	Manmatha 5117
	Mithuna Rasi: 6.51 Tilthi 1	Yama 6:38AM – 8:22AM	Ganda* Until 2:26PM	Muruqa: Yellow <i>Sunset:</i> 6:46PM	Moon 5 - Phase 8
	334289261	Rahu 11:50AM – 1:34PM	Kintughna Until 7:13AM	Nataraja: Clear	Prathama
Creative Work Siddha Yoga		Prathama* Until 6:57PM	Ashada Adhika-Ani	Devaloka Day	
Until 5:50AM Thu					
Then Creative Work - Amrita Yoga					

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1	Thursday, June 18, 2015		Manmatha Nama Samvatsare Utarayane Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 67
	Mithuna Rasi: 20 Tithi 2 334289261	Gulika 8:22AM – 10:06AM Yama 4:54AM – 6:38AM Rahu 1:34PM – 3:18PM	Punarvasu Until 6:56AM Fri Vriddhi Until 1:19PM Balava Until 6:52AM Dvitiya Until 6:54PM	Ganesha: Orange <i>Sunrise:</i> 4:54AM Muruga: Yellow <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – Yellow	Devaloka Day		
Creative Work Amrita Yoga Until 6:56AM Fri Then Routine Work - Marana Yoga							
2	Friday, June 19, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 68
	Kataka Rasi: 2.5 Tithi 3 344289261	Gulika 6:38AM – 8:22AM Yama 3:19PM – 5:03PM Rahu 10:06AM – 11:50AM	Punarvasu Until 6:56AM Dhruva Until 12:39PM Taitila Until 7:08AM Tritiya Until 7:30PM	Ganesha: Clear <i>Sunrise:</i> 4:54AM Muruga: Yellow <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Blue	Devaloka Day		
Creative Work Siddha Yoga Until 6:56AM Then Routine Work - Marana Yoga							
3	Saturday, June 20, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 69
	Kataka Rasi: 15.22 Tithi 4 344289261	Gulika 4:54AM – 6:38AM Yama 1:35PM – 3:19PM Rahu 8:23AM – 10:07AM	Pushya Until 8:30AM Vyaghata* Until 12:31PM Vanija Until 8:03AM Chaturthi* Until 8:43PM	Ganesha: Clear <i>Sunrise:</i> 4:54AM Muruga: Yellow <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Blue	Devaloka Day		
Creative Work Siddha Yoga Until 8:30AM Then Routine Work - Marana Yoga							
4	Sunday, June 21, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 70
	Kataka Rasi: 27.38 Tithi 5 344289261	Gulika 3:19PM – 5:03PM Yama 11:51AM – 1:35PM Rahu 5:03PM – 6:47PM	Ashlesha* Until 10:30AM Harshana Until 12:52PM Bava Until 9:35AM Panchami Until 10:32PM	Ganesha: Clear <i>Sunrise:</i> 4:55AM Muruga: Yellow <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Blue	Devaloka Day		
Creative Work Siddha Yoga Until 10:30AM Then Routine Work - Marana Yoga		Father's Day					
5	Monday, June 22, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Kathmandu, Nepal Sun 19 Sutra 71
	Simha Rasi: 9.4 Tithi 6 354289261	Gulika 1:35PM – 3:19PM Yama 10:07AM – 11:51AM Rahu 6:39AM – 8:23AM	Magha* Until 1:20PM Vajra* Until 1:34PM Kaulava Until 11:38AM Shashthi* Until 12:46AM Tue	Ganesha: Purple <i>Sunrise:</i> 4:55AM Muruga: Yellow <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Red	Sivaloka Day		
Family Home Evening Routine Work Marana Yoga Until 1:20PM Then Creative Work - Siddha Yoga							
6	Tuesday, June 23, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 72
	Simha Rasi: 21.34 Tithi 7 354289261	Gulika 11:51AM – 1:35PM Yama 8:23AM – 10:07AM Rahu 3:19PM – 5:03PM	Purvaphalguni Until 4:19PM Siddhi Until 2:33PM Gara Until 2:02PM Saptami Until 3:16AM Wed	Ganesha: Purple <i>Sunrise:</i> 4:55AM Muruga: Yellow <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Red	Sivaloka Day		
Creative Work Siddha Yoga Until 4:19PM Then Creative Work - Amrita Yoga							
☽	Wednesday, June 24, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 73
	Kanya Rasi: 3.23 Tithi 8 354289261	Gulika 10:07AM – 11:52AM Yama 6:39AM – 8:23AM Rahu 11:52AM – 1:36PM	Uttaraphalguni Until 7:14PM Vyatipata* Until 3:37PM Visti Until 4:33PM Ashtami* Until 5:45AM Thu	Ganesha: Purple <i>Sunrise:</i> 4:55AM Muruga: Yellow <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Red	Sivaloka Day		
Retreat Star Creative Work Amrita Yoga Until 7:14PM Then Routine Work - Marana Yoga		Chidambaram Abhishekam					
☽	Thursday, June 25, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan/Parigha* Yoga Balava Karana Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 74
	Kanya Rasi: 15.13 Tithi 9 365289261	Gulika 8:24AM – 10:08AM Yama 4:56AM – 6:40AM Rahu 1:36PM – 3:20PM	Hasta Until 10:20PM Variyan Until 4:35PM Balava Until 6:56PM Navami* Until 7:58AM Fri	Ganesha: Purple <i>Sunrise:</i> 4:56AM Muruga: Yellow <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Green	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Routine Work Marana Yoga Until 10:20PM Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 26, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 23 Sutra 75
	Kanya Rasi: 27.09 Tithi 9 – 10 365289261	Gulika 6:40AM – 8:24AM Yama 3:20PM – 5:04PM Rahu 10:08AM – 11:52AM	Chitra Until 12:52AM Sat Parigha* Until 5:16PM Taitila Until 8:56PM Navami* Until 7:58AM	Ganesha: Purple <i>Sunrise:</i> 4:56AM Muruga: Yellow <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Green Bhuloka Day Devaloka Time: 3:PM to 6:PM


2	Saturday, June 27, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 24 Sutra 76
	Tula Rasi: 9.16 Tithi 10 – 11 365289261	Gulika 4:56AM – 6:40AM Yama 1:36PM – 3:20PM Rahu 8:24AM – 10:08AM	Svati Until 2:39AM Sun Shiva Until 5:32PM Vanija Until 10:21PM Dashami Until 9:42AM	Ganesha: Purple <i>Sunrise:</i> 4:56AM Muruga: Yellow <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Green Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Sunday, June 28, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Kathmandu, Nepal Sun 25 Sutra 77
	Tula Rasi: 21.39 Tithi 11 – 12 375389261	Gulika 3:20PM – 5:04PM Yama 11:52AM – 1:36PM Rahu 5:04PM – 6:48PM	Vishakha Until 4:02AM Mon Siddha Until 5:14PM Bava Until 11:03PM Ekadashi Until 10:46AM	Ganesha: White <i>Sunrise:</i> 4:56AM Muruga: Yellow <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Orange Sivaloka Day

4	Monday, June 29, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kathmandu, Nepal Sun 26 Sutra 78
	Vrischika Rasi: 4.22 Tithi 12 – 13 Family Home Evening 375389261 Creative Work Siddha Yoga Until 4:32AM Tue Then Routine Work - Marana Yoga	Gulika 1:36PM – 3:20PM Yama 10:09AM – 11:53AM Rahu 6:41AM – 8:25AM	Anuradha Until 4:32AM Tue Sadhya Until 4:22PM Kaulava Until 10:59PM Dvadashi Until 11:05AM <i>Pradosha Vrata</i>	Ganesha: White <i>Sunrise:</i> 4:57AM Muruga: Yellow <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Orange Sivaloka Day

5	Tuesday, June 30, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 27 Sutra 79
	Vrischika Rasi: 17.28 Tithi 13 – 14 375389261	Gulika 11:53AM – 1:37PM Yama 8:25AM – 10:09AM Rahu 3:21PM – 5:04PM	Jyeshtha* Until 4:11AM Wed Subha Until 2:55PM Gara Until 10:13PM Trayodashi Until 10:40AM	Ganesha: White <i>Sunrise:</i> 4:57AM Muruga: Yellow <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Orange Sivaloka Day

	Wednesday, July 1, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kathmandu, Nepal Sutra 80
	Copper Retreat Star	Dhanus Rasi: 0.56 Tithi 14 – 15 385389261	Gulika 10:09AM – 11:53AM Yama 6:41AM – 8:25AM Rahu 11:53AM – 1:37PM	Mula* Until 3:33AM Thu Sukla Until 12:55PM Visti Until 8:49PM Chaturdashi* Until 9:34AM

	Thursday, July 2, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kathmandu, Nepal Sutra 81
	Silver Retreat Star	Dhanus Rasi: 14.45 Tithi 15 – 16 385389261	Gulika 8:25AM – 10:09AM Yama 4:58AM – 6:42AM Rahu 1:37PM – 3:21PM	Purvashadha* Until 2:18AM Fri Brahma Until 10:29AM Balava Until 6:55PM Purnima* Until 7:54AM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda



Friday, July 3, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal
Sutra 82

Dhanu Rasi: 28.51 Tithi 17
385389261
Routine Work Marana Yoga
Until 12:35AM Sat
Then Creative Work - Siddha Yoga

Gulika 6:42AM – 8:26AM
Yama 3:21PM – 5:05PM
Rahu 10:10AM – 11:53AM

Uttarashadha Until 12:35AM Sat
Indra Until 7:42AM
Taitila Until 4:38PM
Dvitiya Until 3:23AM Sat

Ganesha: Yellow *Sunrise:* 4:58AM
Muruga: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – Light Blue
Ashada Adhika-Ani

Manmatha 5117
Moon 6 - Phase 11
1st Phase

Devaloka Day

1

Saturday, July 4, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 83

Makara Rasi: 13.09 Tithi 18
396389261
Creative Work Siddha Yoga

Gulika 4:59AM – 6:42AM
Yama 1:37PM – 3:21PM
Rahu 8:26AM – 10:10AM

Shravana Until 10:57PM
Vishkambha* Until 1:30AM Sun
Vanija Until 2:07PM
Tritiya Until 12:48AM Sun

Ganesha: Yellow *Sunrise:* 4:59AM
Muruga: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – Purple
Ashada Adhika-Ani

Manmatha 5117
Moon 6 - Phase 11
1st Phase

Devaloka Day

2

Sunday, July 5, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal
Sun 2 Sutra 84

Makara Rasi: 27.33 Tithi 19
396389261
Routine Work Marana Yoga
Until 9:08PM
Then Creative Work - Siddha Yoga

Gulika 3:21PM – 5:05PM
Yama 11:54AM – 1:37PM
Rahu 5:05PM – 6:48PM

Dhanishtha Until 9:08PM
Priti Until 10:20PM
Bava Until 11:31AM
Chaturthi* Until 10:11PM

Ganesha: Yellow *Sunrise:* 4:59AM
Muruga: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – Purple
Ashada Adhika-Ani

Manmatha 5117
Moon 6 - Phase 11
1st Phase

Devaloka Day

3

Monday, July 6, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal
Sun 3 Sutra 85

Kumbha Rasi: 11.58 Tithi 20
396389261
Family Home Evening
Creative Work Siddha Yoga
Until 7:14PM
Then Routine Work - Marana Yoga

Gulika 1:37PM – 3:21PM
Yama 10:10AM – 11:54AM
Rahu 6:43AM – 8:27AM

Shatabhishak Until 7:14PM
Ayushman Until 7:10PM
Kaulava Until 8:54AM
Panchami Until 7:37PM

Ganesha: Yellow *Sunrise:* 4:59AM
Muruga: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – Purple
Ashada Adhika-Ani

Manmatha 5117
Moon 6 - Phase 11
1st Phase

Devaloka Day

4

Tuesday, July 7, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprossthapada*Uttaraprossthapada Nakshatra Saubhagya/Sobhana Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal
Sun 4 Sutra 86

Kumbha Rasi: 26.2 Tithi 21 – 22
416389261
Routine Work Marana Yoga
Until 5:45PM
Then Creative Work - Amrita Yoga

Gulika 11:54AM – 1:38PM
Yama 8:27AM – 10:10AM
Rahu 3:21PM – 5:05PM

Purvaprossthapada* Until 5:45PM
Saubhagya Until 4:08PM
Gara Until 6:24AM
Shashthi* Until 5:12PM

Ganesha: Purple *Sunrise:* 5:00AM
Muruga: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – Clear
Ashada Adhika-Ani

Manmatha 5117
Moon 6 - Phase 11
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Wednesday, July 8, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprossthapada/Revati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 87

Meena Rasi: 10.34 Tithi 22 – 23
416389261
Creative Work Siddha Yoga
Until 4:19PM
Then Routine Work - Marana Yoga

Gulika 10:11AM – 11:54AM
Yama 6:44AM – 8:27AM
Rahu 11:54AM – 1:38PM

Uttaraprossthapada Until 4:19PM
Sobhana Until 1:17PM
Balava Until 1:57AM Thu
Saptami Until 2:58PM

Ganesha: Purple *Sunrise:* 5:00AM
Muruga: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – Clear
Ashada Adhika-Ani

Manmatha 5117
Moon 6 - Phase 11
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, July 9, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 88

Meena Rasi: 24.4 Tithi 23 – 24
416389261
Creative Work Siddha Yoga
Until 2:58PM
Then Creative Work - Amrita Yoga

Gulika 8:27AM – 10:11AM
Yama 5:01AM – 6:44AM
Rahu 1:38PM – 3:21PM

Revati Until 2:58PM
Athiganda* Until 10:35AM
Taitila Until 12:03AM Fri
Ashtami* Until 12:57PM

Ganesha: Purple *Sunrise:* 5:01AM
Muruga: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – Clear
Ashada Adhika-Ani

Manmatha 5117
Moon 6 - Phase 11
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, July 10, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 89

Mesha Rasi: 8.37 Tithi 24 – 25
426389261
Creative Work Amrita Yoga
Until 2:09PM
Then Creative Work - Siddha Yoga

Gulika 6:44AM – 8:28AM
Yama 3:21PM – 5:04PM
Rahu 10:11AM – 11:54AM

Ashvini Until 2:09PM
Sukarma Until 8:05AM
Vanija Until 10:25PM
Navami* Until 11:11AM

Ganesha: Clear *Sunrise:* 5:01AM
Muruga: Yellow *Sunset:* 6:48PM
Nataraja: Clear
Moon – White
Ashada Adhika-Ani

Manmatha 5117
Moon 6 - Phase 11
Navami

Devaloka Day

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 11, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 8 Sutra 90
	Mesha Rasi: 22.25 Tithi 25 – 26 426389261	Gulika 5:02AM – 6:45AM Yama 1:38PM – 3:21PM Rahu 8:28AM – 10:11AM	Bharani Until 1:26PM Shula* Until 3:43AM Sun Bava Until 9:01PM Dashami Until 9:40AM	Ganesha: Clear <i>Sunrise:</i> 5:02AM Muruga: Yellow <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – White Ashada Adhika-Ani

Creative Work Siddha Yoga
Until 1:26PM
Then Creative Work - Amrita Yoga

2	Sunday, July 12, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kathmandu, Nepal Sun 9 Sutra 91
	Virshabha Rasi: 6.02 Tithi 26 – 27 427389261	Gulika 3:21PM – 5:04PM Yama 11:55AM – 1:38PM Rahu 5:04PM – 6:47PM	Krittika Until 12:51PM Ganda* Until 1:53AM Mon Kaulava Until 7:55PM Ekadashi* Until 8:25AM	Ganesha: White <i>Sunrise:</i> 5:02AM Muruga: Yellow <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – White Ashada Adhika-Ani


Creative Work Siddha Yoga

3	Monday, July 13, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Kathmandu, Nepal Sun 10 Sutra 92
	Virshabha Rasi: 19.31 Tithi 27 – 28 Family Home Evening 437389261	Gulika 1:38PM – 3:21PM Yama 10:12AM – 11:55AM Rahu 6:46AM – 8:29AM	Rohini Until 12:51PM Vriddhi Until 12:19AM Tue Gara Until 7:07PM Dvadashi* Until 7:28AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow <i>Sunrise:</i> 5:03AM Muruga: Yellow <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Yellow Ashada Adhika-Ani

Creative Work Amrita Yoga

4	Tuesday, July 14, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Vistit* Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 11 Sutra 93
	Mithuna Rasi: 2.47 Tithi 28 – 29 437389261	Gulika 11:55AM – 1:38PM Yama 8:29AM – 10:12AM Rahu 3:21PM – 5:04PM	Mrigashira Until 1:03PM Dhruva Until 11:01PM Vistit Until 6:42PM Trayodashi* Until 6:51AM	Ganesha: Yellow <i>Sunrise:</i> 5:03AM Muruga: Yellow <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Yellow Ashada Adhika-Ani

Creative Work Siddha Yoga
Until 1:03PM
Then Routine Work - Marana Yoga

	Wednesday, July 15, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kathmandu, Nepal Sun 12 Sutra 94
	Retreat Star Mithuna Rasi: 15.52 Tithi 29 – 30 437389261	Gulika 10:12AM – 11:55AM Yama 6:46AM – 8:29AM Rahu 11:55AM – 1:38PM	Ardra Until 1:31PM Vyaghata* Until 10:06PM Catuspada Until 6:42PM Chaturdashi* Until 6:38AM	Ganesha: Yellow <i>Sunrise:</i> 5:03AM Muruga: Yellow <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Yellow Ashada Adhika-Ani

Creative Work Siddha Yoga

4	Thursday, July 16, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kathmandu, Nepal Sun 13 Sutra 95
	Retreat Star Mithuna Rasi: 28.42 Tithi 30 – 1 447389261	Gulika 8:30AM – 10:12AM Yama 5:04AM – 6:47AM Rahu 1:38PM – 3:21PM	Punarvasu Until 2:45PM Harshana Until 9:35PM Kintughna Until 7:12PM Amavasya* Until 6:52AM	Ganesha: Red <i>Sunrise:</i> 5:04AM Muruga: Yellow <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – Blue Ashada-Ani

Creative Work Amrita Yoga

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Friday, July 17, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kathmandu, Nepal Sun 14 Sutra 96
	Kataka Rasi: 11.18 Tithi 1 – 2 447389262	Gulika 6:47AM – 8:30AM Yama 3:21PM – 5:03PM Rahu 10:13AM – 11:55AM	Pushya Until 4:21PM Vajra* Until 9:28PM Balava Until 8:14PM Prathama* Until 7:38AM	Ganesha: Red <i>Sunrise: 5:04AM</i> Muruqa: Yellow <i>Sunset: 6:46PM</i> Nataraja: Purple Moon – Blue Ashada-Adi

Routine Work Marana Yoga
Sivaloka Day

2	Saturday, July 18, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 97
	Kataka Rasi: 23.39 Tithi 2 – 3 448389262	Gulika 5:05AM – 6:48AM Yama 1:38PM – 3:20PM Rahu 8:30AM – 10:13AM	Ashlesha* Until 6:19PM Siddhi Until 9:46PM Taitila Until 9:49PM Dvitiya Until 8:56AM	Ganesha: Blue <i>Sunrise: 5:05AM</i> Muruqa: Yellow <i>Sunset: 6:46PM</i> Nataraja: Purple Moon – Blue Ashada-Adi

Routine Work Marana Yoga
Until 6:19PM
Then Creative Work - Amrita Yoga
Devaloka Day

3	Sunday, July 19, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kathmandu, Nepal Sun 16 Sutra 98
	Simha Rasi: 5.47 Tithi 3 – 4 458389262	Gulika 3:20PM – 5:03PM Yama 11:55AM – 1:38PM Rahu 5:03PM – 6:45PM	Magha* Until 9:04PM Vyatipata* Until 10:27PM Vanija Until 11:52PM Tritiya Until 10:46AM	Ganesha: Blue <i>Sunrise: 5:06AM</i> Muruqa: Yellow <i>Sunset: 6:45PM</i> Nataraja: Purple Moon – Red Ashada-Adi

Routine Work Marana Yoga
Until 9:04PM
Then Creative Work - Siddha Yoga
Devaloka Day

4	Monday, July 20, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kathmandu, Nepal Sun 17 Sutra 99
	Simha Rasi: 17.46 Tithi 4 – 5 458389262	Gulika 1:38PM – 3:20PM Yama 10:13AM – 11:55AM Rahu 6:48AM – 8:31AM	Purvaphalguni Until 12:01AM Tue Varyan Until 11:23PM Bava Until 2:16AM Tue Chaturthi* Until 1:00PM	Ganesha: Blue <i>Sunrise: 5:06AM</i> Muruqa: Yellow <i>Sunset: 6:45PM</i> Nataraja: Purple Moon – Red Ashada-Adi

Family Home Evening
Creative Work Siddha Yoga
Until 12:01AM Tue
Then Creative Work - Amrita Yoga
Devaloka Day

5	Tuesday, July 21, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kathmandu, Nepal Sun 18 Sutra 100
	Simha Rasi: 29.36 Tithi 5 – 6 458389262	Gulika 11:55AM – 1:38PM Yama 8:31AM – 10:13AM Rahu 3:20PM – 5:02PM	Uttaraphalguni Until 2:59AM Wed Parigha* Until 12:29AM Wed Kaulava Until 4:50AM Wed Panchami Until 3:31PM	Ganesha: Blue <i>Sunrise: 5:07AM</i> Muruqa: Yellow <i>Sunset: 6:44PM</i> Nataraja: Purple Moon – Red Ashada-Adi

Creative Work Amrita Yoga
Until 2:59AM Wed
Then Routine Work - Marana Yoga
Devaloka Day

6	Wednesday, July 22, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Taitila Karana Shashthyam Titau		Kathmandu, Nepal Sun 19 Sutra 101
	Kanya Rasi: 11.23 Tithi 6 468389262	Gulika 10:13AM – 11:56AM Yama 6:49AM – 8:31AM Rahu 11:56AM – 1:38PM	Hasta Until 6:15AM Thu Shiva Until 1:35AM Thu Taitila Until 6:06PM Shashthi* Until 6:06PM	Ganesha: Yellow <i>Sunrise: 5:07AM</i> Muruqa: Yellow <i>Sunset: 6:44PM</i> Nataraja: Purple Moon – Green Ashada-Adi

Routine Work Marana Yoga
Until 6:15AM Thu
Then Creative Work - Siddha Yoga
Sivaloka Day

Retreat Star	Thursday, July 23, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		Kathmandu, Nepal Sun 20 Sutra 102
	Kanya Rasi: 23.12 Tithi 7 468489262	Gulika 8:32AM – 10:14AM Yama 5:08AM – 6:50AM Rahu 1:38PM – 3:20PM	Hasta Until 6:15AM Siddha Until 2:28AM Fri Gara Until 7:22AM Saptami Until 8:30PM	Ganesha: White <i>Sunrise: 5:08AM</i> Muruqa: Yellow <i>Sunset: 6:44PM</i> Nataraja: Purple Moon – Green Ashada-Adi

Routine Work Marana Yoga
Until 6:15AM
Then Creative Work - Siddha Yoga
Subha Sivaloka Day

Retreat Star	Friday, July 24, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau		Kathmandu, Nepal Sun 21 Sutra 103
	Tula Rasi: 5.07 Tithi 8 468489262	Gulika 6:50AM – 8:32AM Yama 3:19PM – 5:01PM Rahu 10:14AM – 11:56AM	Chitra Until 9:03AM Sadhya Until 3:00AM Sat Visti Until 9:34AM Ashtami* Until 10:28PM	Ganesha: White <i>Sunrise: 5:08AM</i> Muruqa: Yellow <i>Sunset: 6:43PM</i> Nataraja: Purple Moon – Green Ashada-Adi

Creative Work Siddha Yoga
Subha Sivaloka Day

Retreat Star	Saturday, July 25, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		Kathmandu, Nepal Sun 22 Sutra 104
	Tula Rasi: 17.15 Tithi 9 469489262	Gulika 5:09AM – 6:50AM Yama 1:37PM – 3:19PM Rahu 8:32AM – 10:14AM	Svati Until 11:12AM Subha Until 3:02AM Sun Balava Until 11:15AM Navami* Until 11:49PM	Ganesha: Yellow <i>Sunrise: 5:09AM</i> Muruqa: Yellow <i>Sunset: 6:43PM</i> Nataraja: Purple Moon – Green Ashada-Adi

Creative Work Siddha Yoga
Sivaloka Day

1	Sunday, July 26, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau	Kathmandu, Nepal Sun 23 Sutra 105
	Tula Rasi: 29.39 Tilthi 10 479489262	Gulika 3:19PM – 5:00PM Yama 11:56AM – 1:37PM Rahu 5:00PM – 6:42PM	Vishakha Until 12:58PM Sukla Until 2:26AM Mon Taitila Until 12:14PM Dashami Until 12:24AM Mon

Routine Work Marana Yoga

Ganesha: White *Sunrise:* 5:09AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Purple
Moon – Orange

Ashada-Adi **Devaloka Day**

2	Monday, July 27, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau	Kathmandu, Nepal Sun 24 Sutra 106
	Vrischika Rasi: 12.25 Tilthi 11 479489262	Gulika 1:37PM – 3:19PM Yama 10:14AM – 11:56AM Rahu 6:51AM – 8:33AM	Anuradha Until 1:48PM Brahma Until 1:12AM Tue Vanija Until 12:25PM Ekadashi Until 12:10AM Tue

Family Home Evening Siddha Yoga

Ganesha: White *Sunrise:* 5:10AM
Muruga: Yellow *Sunset:* 6:41PM
Nataraja: Purple
Moon – Orange

Ashada-Adi **Devaloka Day**

3	Tuesday, July 28, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau	Kathmandu, Nepal Sun 25 Sutra 107
	Vrischika Rasi: 25.35 Tilthi 12 479489262	Gulika 11:56AM – 1:37PM Yama 8:33AM – 10:14AM Rahu 3:18PM – 5:00PM	Jyeshtha* Until 1:42PM Indra Until 11:21PM Bava Until 11:46AM Dvadashi Until 11:09PM

Routine Work Marana Yoga
Until 1:42PM
Then Creative Work - Amrita Yoga

Ganesha: White *Sunrise:* 5:10AM
Muruga: Yellow *Sunset:* 6:41PM
Nataraja: Purple
Moon – Orange

Ashada-Adi **Devaloka Day**

4	Wednesday, July 29, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kathmandu, Nepal Sun 26 Sutra 108
	Dhanus Rasi: 9.11 Tilthi 13 489489262	Gulika 10:14AM – 11:56AM Yama 6:52AM – 8:33AM Rahu 11:56AM – 1:37PM	Mula* Until 1:08PM Vaidhriti* Until 8:53PM Kaulava Until 10:22AM Trayodashi Until 9:24PM <i>Pradosha Vrata</i>

Routine Work Marana Yoga
Until 1:08PM
Then Creative Work - Amrita Yoga

Ganesha: Clear *Sunrise:* 5:11AM
Muruga: Yellow *Sunset:* 6:40PM
Nataraja: Purple
Moon – Light Blue

Ashada-Adi **Sivaloka Day**

5	Thursday, July 30, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 27 Sutra 109
	Dhanus Rasi: 23.13 Tilthi 14 489489262	Gulika 8:33AM – 10:14AM Yama 5:11AM – 6:52AM Rahu 1:37PM – 3:18PM	Purvashadha* Until 11:47AM Vishkambha* Until 5:57PM Gara Until 8:19AM Chaturdashi* Until 7:04PM

Creative Work Siddha Yoga
Until 11:47AM
Then Routine Work - Marana Yoga

Ganesha: Clear *Sunrise:* 5:11AM
Muruga: Yellow *Sunset:* 6:40PM
Nataraja: Purple
Moon – Light Blue

Ashada-Adi **Sivaloka Day**

○	Friday, July 31, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Kathmandu, Nepal Sutra 110
	Copper Retreat Star Makara Rasi: 8 Tilthi 15 – 16 489489262	Gulika 6:53AM – 8:34AM Yama 3:17PM – 4:58PM Rahu 10:15AM – 11:55AM	Uttarashadha Until 9:48AM Priti Until 2:39PM Balava Until 2:49AM Sat Purnima* Until 4:18PM

Routine Work Marana Yoga

Satguru Purnima

Ganesha: Clear *Sunrise:* 5:12AM
Muruga: Yellow *Sunset:* 6:39PM
Nataraja: Purple
Moon – Light Blue

Ashada-Adi **Sivaloka Day**

○	Saturday, August 1, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Kathmandu, Nepal Sutra 111
	Silver Retreat Star Makara Rasi: 22.15 Tilthi 16 – 17 499489262	Gulika 5:12AM – 6:53AM Yama 1:36PM – 3:17PM Rahu 8:34AM – 10:15AM	Shravana Until 7:45AM Ayushman Until 11:05AM Taitila Until 11:39PM Prathama* Until 1:14PM

Creative Work Siddha Yoga

Ganesha: Purple *Sunrise:* 5:12AM
Muruga: Yellow *Sunset:* 6:38PM
Nataraja: Purple
Moon – Purple

Ashada-Adi **Devaloka Day**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, August 2, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 112
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 7.02 Tilthi 17 - 18
411489262
Creative Work Siddha Yoga
Until 2:50AM Mon
Then Routine Work - Marana Yoga

Gulika 3:17PM - 4:57PM
Yama 11:55AM - 1:36PM
Rahu 4:57PM - 6:38PM

Shatabhishak Until 2:50AM Mon
Saubhagya Until 7:23AM
Vanija Until 8:25PM
Dvitiya Until 10:01AM

Ganesha: White *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 6:38PM
Nataraja: Purple
Moon - Purple
Ashada-Adi

Devaloka Day

1

Monday, August 3, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprossthapada* Nakshatra Athiganda* Yoga Visti*/Balava Karana Triliya/Chaturthiyam Titau

Kathmandu, Nepal
Sun 2 Sutra 113
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 21.51 Tilthi 18 - 19
411489262
Family Home Evening
Routine Work Marana Yoga
Until 12:41AM Tue
Then Creative Work - Amrita Yoga

Gulika 1:36PM - 3:16PM
Yama 10:15AM - 11:55AM
Rahu 6:54AM - 8:34AM

Purvaprossthapada* Until 12:41AM Tue
Athiganda* Until 12:04AM Tue
Balava Until 3:44AM Tue
Tritiya Until 6:49AM

Ganesha: Purple *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 6:37PM
Nataraja: Purple
Moon - Clear
Ashada-Adi

Devaloka Day

2

Tuesday, August 4, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprossthapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal
Sun 3 Sutra 114
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Meena Rasi: 6.34 Tilthi 20
411489262
Creative Work Amrita Yoga
Until 10:38PM
Then Creative Work - Siddha Yoga

Gulika 11:55AM - 1:36PM
Yama 8:35AM - 10:15AM
Rahu 3:16PM - 4:56PM

Uttaraprossthapada Until 10:38PM
Sukarma Until 8:39PM
Kaulava Until 2:18PM
Panchami Until 12:55AM Wed

Ganesha: Purple *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 6:36PM
Nataraja: Purple
Moon - Clear
Ashada-Adi

Devaloka Day

3

Wednesday, August 5, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal
Sun 4 Sutra 115
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Meena Rasi: 21.05 Tilthi 21
411489262
Routine Work Marana Yoga

Gulika 10:15AM - 11:55AM
Yama 6:55AM - 8:35AM
Rahu 11:55AM - 1:35PM

Revati Until 8:47PM
Dhriti Until 5:31PM
Gara Until 11:39AM
Shashthi* Until 10:27PM

Ganesha: Purple *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 6:36PM
Nataraja: Purple
Moon - Clear
Ashada-Adi

Devaloka Day

4

Thursday, August 6, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saplamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 116
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Mesha Rasi: 5.21 Tilthi 22
421489262
Creative Work Amrita Yoga
Until 7:37PM
Then Creative Work - Siddha Yoga

Gulika 8:35AM - 10:15AM
Yama 5:15AM - 6:55AM
Rahu 1:35PM - 3:15PM

Ashvini Until 7:37PM
Shula* Until 2:41PM
Visti Until 9:23AM
Saptami Until 8:23PM

Ganesha: Clear *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 6:35PM
Nataraja: Purple
Moon - White
Ashada-Adi

Sivaloka Day

D

Friday, August 7, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 117
Manmatha 5117
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 19.2 Tilthi 23
421489262
Creative Work Siddha Yoga

Gulika 6:55AM - 8:35AM
Yama 3:15PM - 4:54PM
Rahu 10:15AM - 11:55AM

Bharani Until 6:46PM
Ganda* Until 12:14PM
Balava Until 7:33AM
Ashtami* Until 6:47PM

Ganesha: Clear *Sunrise:* 5:16AM
Muruqa: Yellow *Sunset:* 6:34PM
Nataraja: Purple
Moon - White
Ashada-Adi

Sivaloka Day

Saturday, August 8, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 118
Manmatha 5117
Moon 7 - Phase 15
Navami

Vrishabha Rasi: 3.01 Tilthi 24 - 25
421489262
Creative Work Amrita Yoga

Gulika 5:16AM - 6:56AM
Yama 1:34PM - 3:14PM
Rahu 8:35AM - 10:15AM

Krittika Until 6:15PM
Vridhhi Until 10:11AM
Taitila Until 6:11AM
Navami* Until 5:39PM

Ganesha: Clear *Sunrise:* 5:16AM
Muruqa: Yellow *Sunset:* 6:33PM
Nataraja: Purple
Moon - White
Ashada-Adi

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1	Sunday, August 9, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau	Kathmandu, Nepal Sun 8 Sutra 119	Manmatha 5117	Moon 7 - Phase 16 2nd Phase	Devaloka Day	Ashada-Adi	Ganesha: White Sunrise: 5:17AM	Muruga: Yellow Sunset: 6:33PM	Nataraja: Purple Moon - Yellow	Gulika 3:14PM - 4:53PM Yama 11:55AM - 1:34PM Rahu 4:53PM - 6:33PM	Rohini Until 6:28PM Dhruva Until 8:28AM Bava Until 4:50AM Mon Dashami Until 4:59PM


2	Monday, August 10, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 9 Sutra 120	Manmatha 5117	Moon 7 - Phase 16 2nd Phase	Devaloka Day	Ashada-Adi	Ganesha: White Sunrise: 5:17AM	Muruga: Yellow Sunset: 6:32PM	Nataraja: Purple Moon - Yellow	Gulika 1:34PM - 3:13PM Yama 10:15AM - 11:54AM Rahu 6:56AM - 8:36AM	Mrigashira Until 6:59PM Vyaghata* Until 7:08AM Kaulava Until 4:50AM Tue Ekadashi* Until 4:46PM

3	Tuesday, August 11, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 10 Sutra 121	Manmatha 5117	Moon 7 - Phase 16 2nd Phase	Devaloka Day	Ashada-Adi	Ganesha: White Sunrise: 5:18AM	Muruga: White Sunset: 6:31PM	Nataraja: Clear Moon - Yellow	Gulika 11:54AM - 1:33PM Yama 8:36AM - 10:15AM Rahu 3:13PM - 4:52PM	Ardra Until 7:47PM Harshana Until 6:11AM Gara Until 5:17AM Wed Dvadashi* Until 4:59PM <i>Pradosha Vrata (Fasting)</i>

4	Wednesday, August 12, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Vanji/Visti* Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 11 Sutra 122	Manmatha 5117	Moon 7 - Phase 16 2nd Phase	Devaloka Day	Ashada-Adi	Ganesha: Orange Sunrise: 5:18AM	Muruga: White Sunset: 6:30PM	Nataraja: Clear Moon - Blue	Gulika 10:15AM - 11:54AM Yama 6:57AM - 8:36AM Rahu 11:54AM - 1:33PM	Punarvasu Until 9:20PM Siddhi Until 5:15AM Thu Visti Until 6:11AM Thu Trayodashi* Until 5:40PM

5	Thursday, August 13, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 12 Sutra 123	Manmatha 5117	Moon 7 - Phase 16 2nd Phase	Devaloka Day	Ashada-Adi	Ganesha: Orange Sunrise: 5:19AM	Muruga: White Sunset: 6:29PM	Nataraja: Clear Moon - Blue	Gulika 8:36AM - 10:15AM Yama 5:19AM - 6:58AM Rahu 1:33PM - 3:12PM	Pushya Until 11:09PM Vyatipata* Until 5:20AM Fri Visti Until 6:11AM Chaturdashi* Until 6:47PM

	Friday, August 14, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kathmandu, Nepal Sun 13 Sutra 124	Manmatha 5117	Moon 7 - Phase 16 Amavasya	Devaloka Day	Ashada-Adi	Ganesha: Orange Sunrise: 5:19AM	Muruga: White Sunset: 6:28PM	Nataraja: Clear Moon - Blue	Gulika 6:58AM - 8:36AM Yama 3:11PM - 4:50PM Rahu 10:15AM - 11:54AM	Ashlesha* Until 1:14AM Sat Variyan Until 5:44AM Sat Catuspada Until 7:32AM Amavasya* Until 8:21PM

	Saturday, August 15, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau	Kathmandu, Nepal Sun 14 Sutra 125	Manmatha 5117	Moon 7 - Phase 16 Prathama	Devaloka Day	Savana-Adi	Ganesha: Clear Sunrise: 5:20AM	Muruga: White Sunset: 6:28PM	Nataraja: Clear Moon - Red	Gulika 5:20AM - 6:58AM Yama 1:32PM - 3:11PM Rahu 8:37AM - 10:15AM	Magha* Until 4:03AM Sun Parigha* Until 6:27AM Sun Kintughna Until 9:19AM Prathama* Until 10:20PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Sunday, August 16, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 126
	Simha Rasi: 14.17	Tithi 2	Gulika 3:10PM – 4:48PM	Purvaphalguni Until 7:01AM Mon	Ganesha: Clear	Sunrise: 5:20AM	Manmatha 5117
		452489362	Yama 11:53AM – 1:32PM	Parigha* Until 6:27AM	Muruga: White	Sunset: 6:27PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga		Rahu 4:48PM – 6:27PM	Balava Until 11:29AM	Nataraja: Clear		3rd Phase
				Dvitiya Until 12:40AM Mon	Moon – Red		Devaloka Day
					Sravana-Adi		


2	Monday, August 17, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 127
	Simha Rasi: 26.1	Tithi 3	Gulika 1:31PM – 3:09PM	Purvaphalguni Until 7:01AM	Ganesha: White	Sunrise: 5:21AM	Manmatha 5117
Family Home Evening		452589362	Yama 10:15AM – 11:53AM	Shiva Until 7:25AM	Muruga: White	Sunset: 6:26PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga		Rahu 6:59AM – 8:37AM	Taitila Until 1:58PM	Nataraja: Clear		3rd Phase
				Tritiya Until 3:15AM Tue	Moon – Red		Bhuloka Day
					Sravana-Avani		Devaloka Time: 6:PM to 9:PM

3	Tuesday, August 18, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 128
	Kanya Rasi: 7.56	Tithi 4	Gulika 11:53AM – 1:31PM	Uttaraphalguni Until 10:00AM	Ganesha: Green	Sunrise: 5:21AM	Manmatha 5117
		552589362	Yama 8:37AM – 10:15AM	Siddha Until 8:31AM	Muruga: White	Sunset: 6:25PM	Moon 7 - Phase 17
Creative Work	Amrita Yoga		Rahu 3:09PM – 4:47PM	Vanija Until 4:37PM	Nataraja: Clear		3rd Phase
Until 10:00AM				Chaturthi* Until 5:55AM Wed	Moon – Red		Bhuloka Day
Then Creative Work - Siddha Yoga					Sravana-Avani		Devaloka Time: 6:PM to 9:PM

4	Wednesday, August 19, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava Karana Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 129
	Kanya Rasi: 19.42	Tithi 5	Gulika 10:15AM – 11:53AM	Hasta Until 1:22PM	Ganesha: White	Sunrise: 5:22AM	Manmatha 5117
		562589362	Yama 6:59AM – 8:37AM	Sadhya Until 9:39AM	Muruga: White	Sunset: 6:24PM	Moon 7 - Phase 17
Routine Work	Marana Yoga		Rahu 11:53AM – 1:31PM	Bava Until 7:15PM	Nataraja: Clear		3rd Phase
Until 1:22PM				Panchami Until 8:28AM Thu	Moon – Green		Bhuloka Day
Then Creative Work - Siddha Yoga					Sravana-Avani		Devaloka Time: 6:PM to 9:PM



5	Thursday, August 20, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 19 Sutra 130
	Tula Rasi: 1.31	Tithi 5 – 6	Gulika 8:37AM – 10:15AM	Chitra Until 4:24PM	Ganesha: White	Sunrise: 5:22AM	Manmatha 5117
		562589362	Yama 5:22AM – 7:00AM	Subha Until 10:42AM	Muruga: White	Sunset: 6:23PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga		Rahu 1:30PM – 3:08PM	Kaulava Until 9:40PM	Nataraja: Clear		3rd Phase
Until 4:24PM			Nag Panchami	Panchami Until 8:28AM	Moon – Green		Bhuloka Day
Then Creative Work - Amrita Yoga					Sravana-Avani		Devaloka Time: 6:PM to 9:PM

6	Friday, August 21, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 131
	Tula Rasi: 13.26	Tithi 6 – 7	Gulika 7:00AM – 8:37AM	Svati Until 6:54PM	Ganesha: White	Sunrise: 5:23AM	Manmatha 5117
		562589362	Yama 3:07PM – 4:45PM	Sukla Until 11:28AM	Muruga: White	Sunset: 6:22PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga		Rahu 10:15AM – 11:52AM	Gara Until 11:39PM	Nataraja: Clear		3rd Phase
				Shashthi* Until 10:42AM	Moon – Green		Bhuloka Day
					Sravana-Avani		Devaloka Time: 6:PM to 9:PM

	Saturday, August 22, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manla Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 132
	Retreat Star		Gulika 5:23AM – 7:00AM	Vishakha Until 9:10PM	Ganesha: Clear	Sunrise: 5:23AM	Manmatha 5117
Tula Rasi: 25.32	Tithi 7 – 8	572589362	Yama 1:29PM – 3:06PM	Brahma Until 11:51AM	Muruga: White	Sunset: 6:21PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga		Rahu 8:38AM – 10:15AM	Visti Until 1:02AM Sun	Nataraja: Clear		Ashtami
				Saptami Until 12:25PM	Moon – Orange		Devaloka Day
					Sravana-Avani		

Sunday, August 23, 2015	Retreat Star		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 133
	Vrischika Rasi: 7.55	Tithi 8 – 9	Gulika 3:06PM – 4:43PM	Anuradha Until 10:34PM	Ganesha: Clear	Sunrise: 5:24AM	Manmatha 5117
		572589362	Yama 11:52AM – 1:29PM	Indra Until 11:42AM	Muruga: White	Sunset: 6:20PM	Moon 7 - Phase 17
Routine Work	Marana Yoga		Rahu 4:43PM – 6:20PM	Balava Until 1:40AM Mon	Nataraja: Clear		Navami
				Ashtami* Until 1:26PM	Moon – Orange		Devaloka Day
					Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1	Monday, August 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kathmandu, Nepal Sun 23 Sutra 134 Manmatha 5117
	Vrischika Rasi: 20.38 Tithi 9 – 10 Family Home Evening 572589362 Creative Work Siddha Yoga	Gulika 1:28PM – 3:05PM Yama 10:15AM – 11:52AM Rahu 7:01AM – 8:38AM	Jyeshtha* Until 11:01PM Vaidhriti* Until 10:55AM Taitila Until 1:29AM Tue Navami* Until 1:40PM
Devaloka Day			
2	Tuesday, August 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 24 Sutra 135 Manmatha 5117
	Dhanus Rasi: 3.46 Tithi 10 – 11 583589362 Creative Work Amrita Yoga Until 10:57PM Then Creative Work - Siddha Yoga	Gulika 11:51AM – 1:28PM Yama 8:38AM – 10:15AM Rahu 3:05PM – 4:41PM	Mula* Until 10:57PM Vishkambha* Until 9:30AM Vanija Until 12:29AM Wed Dashami Until 1:04PM
Devaloka Day			
3	Wednesday, August 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Vistit*/Bava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 25 Sutra 136 Manmatha 5117
	Dhanus Rasi: 17.22 Tithi 11 – 12 583589362 Creative Work Amrita Yoga	Gulika 10:15AM – 11:51AM Yama 7:02AM – 8:38AM Rahu 11:51AM – 1:27PM	Purvashadha* Until 9:58PM Priti Until 7:26AM Bava Until 10:43PM Ekadashi Until 11:40AM
Devaloka Day			
4	Thursday, August 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 26 Sutra 137 Manmatha 5117
	Makara Rasi: 1.24 Tithi 12 – 13 583589362 Routine Work Marana Yoga Until 8:11PM Then Creative Work - Siddha Yoga	Gulika 8:38AM – 10:14AM Yama 5:26AM – 7:02AM Rahu 1:27PM – 3:03PM	Uttarashadha Until 8:11PM Saubhagya Until 1:32AM Fri Kaulava Until 8:16PM Dvadashi Until 9:33AM <i>Pradosha Vrata</i>
Devaloka Day			
5	Friday, August 28, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Sobhana Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 27 Sutra 138 Manmatha 5117
	Makara Rasi: 15.52 Tithi 13 – 14 593589363 Routine Work Marana Yoga Until 6:08PM Then Creative Work - Siddha Yoga	Gulika 7:02AM – 8:38AM Yama 3:03PM – 4:39PM Rahu 10:14AM – 11:50AM	Shravana Until 6:08PM Sobhana Until 9:57PM Vanija Until 3:39AM Sat Trayodashi Until 6:50AM
Devaloka Day			
	Saturday, August 29, 2015 Copper Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Vistit*/Bava Karana Purnimayam Titau	Kathmandu, Nepal Sutra 139 Manmatha 5117
	Kumbha Rasi: 0.4 Tithi 15 593589363 Creative Work Siddha Yoga Until 3:35PM Then Creative Work - Amrita Yoga	Gulika 5:27AM – 7:02AM Yama 1:26PM – 3:02PM Rahu 8:38AM – 10:14AM	Dhanishtha Until 3:35PM Athiganda* Until 6:02PM Vistit Until 1:57PM Purnima* Until 12:10AM Sun
Devaloka Day			
	Sunday, August 30, 2015 Silver Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosthapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau	Kathmandu, Nepal Sutra 140 Manmatha 5117
	Kumbha Rasi: 15.42 Tithi 16 593589363 Creative Work Siddha Yoga	Gulika 3:01PM – 4:37PM Yama 11:50AM – 1:26PM Rahu 4:37PM – 6:13PM	Shatabhishak Until 12:41PM Sukarma Until 1:58PM Balava Until 10:23AM Prathama* Until 8:33PM
Devaloka Day			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, August 31, 2015
Gold Retreat Star

Meena Rasi: 0.49 Tithi 17 - 18
Family Home Evening 513589363
Routine Work Marana Yoga
Until 10:00AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti/Shula* Yoga Taitila/Vanija Karana Dvitiya/Trilayam Titau

Gulika 1:25PM - 3:01PM
Yama 10:14AM - 11:50AM
Rahu 7:03AM - 8:38AM

Purvaprosarthapada* Until 10:00AM
Dhriti Until 9:54AM
Taitila Until 6:45AM
Dvitiya Until 4:56PM

Ganesha: White *Sunrise:* 5:27AM
Muruga: White *Sunset:* 6:12PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Kathmandu, Nepal
Sun 1 Sutra 141
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Devaloka Day

1

Tuesday, September 1, 2015

Meena Rasi: 15.51 Tithi 18 - 19
513589363
Creative Work Amrita Yoga
Until 7:17AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Ganda* Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Gulika 11:49AM - 1:25PM
Yama 8:39AM - 10:14AM
Rahu 3:00PM - 4:35PM

Uttaraprosarthapada Until 7:17AM
Ganda* Until 2:05AM Wed
Bava Until 11:53PM
Tritiya Until 1:29PM

Ganesha: White *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:10PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Kathmandu, Nepal
Sun 2 Sutra 142
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Devaloka Day

2

Wednesday, September 2, 2015

Mesha Rasi: 0.42 Tithi 19 - 20
523589363
Routine Work Marana Yoga
Until 2:48AM Thu
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:14AM - 11:49AM
Yama 7:03AM - 8:39AM
Rahu 11:49AM - 1:24PM

Ashvini Until 2:48AM Thu
Vriddhi Until 10:38PM
Kaulava Until 8:56PM
Chaturthi* Until 10:20AM

Ganesha: Clear *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:09PM
Nataraja: Purple
Moon - White
Sravana-Avani

Kathmandu, Nepal
Sun 3 Sutra 143
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Thursday, September 3, 2015

Mesha Rasi: 15.14 Tithi 20 - 21
523589363
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Gulika 8:39AM - 10:14AM
Yama 5:29AM - 7:04AM
Rahu 1:23PM - 2:58PM

Bharani Until 1:17AM Fri
Dhruva Until 7:33PM
Gara Until 6:29PM
Panchami Until 7:37AM

Ganesha: Clear *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:08PM
Nataraja: Purple
Moon - White
Sravana-Avani

Kathmandu, Nepal
Sun 4 Sutra 144
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Friday, September 4, 2015

Mesha Rasi: 29.25 Tithi 22
523589363
Creative Work Siddha Yoga
Until 12:13AM Sat
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Saptamyam Titau

Gulika 7:04AM - 8:39AM
Yama 2:58PM - 4:32PM
Rahu 10:13AM - 11:48AM

Krittika Until 12:13AM Sat
Vyaghata* Until 4:59PM
Visti Until 4:36PM
Saptami Until 3:54AM Sat

Ganesha: Clear *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:07PM
Nataraja: Purple
Moon - White
Sravana-Avani

Kathmandu, Nepal
Sun 5 Sutra 145
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Saturday, September 5, 2015
Retreat Star

Vrishabha Rasi: 13.11 Tithi 23
533589363
Creative Work Amrita Yoga
Until 12:06AM Sun
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 5:30AM - 7:04AM
Yama 1:22PM - 2:57PM
Rahu 8:39AM - 10:13AM

Rohini Until 12:06AM Sun
Harshana Until 2:56PM
Balava Until 3:23PM
Ashtami* Until 3:00AM Sun

Ganesha: Purple *Sunrise:* 5:30AM
Muruga: White *Sunset:* 6:06PM
Nataraja: Purple
Moon - Yellow
Sravana-Avani

Kathmandu, Nepal
Sun 6 Sutra 146
Manmatha 5117
Moon 8 - Phase 19
Ashtami

Devaloka Day

Sunday, September 6, 2015

Retreat Star

Vrishabha Rasi: 26.35 Tithi 24
533589363
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:56PM - 4:31PM
Yama 11:48AM - 1:22PM
Rahu 4:31PM - 6:05PM

Mrigashira Until 12:28AM Mon
Vajra* Until 1:23PM
Taitila Until 2:49PM
Navami* Until 2:46AM Mon

Ganesha: Purple *Sunrise:* 5:30AM
Muruga: White *Sunset:* 6:05PM
Nataraja: Purple
Moon - Yellow
Sravana-Avani

Kathmandu, Nepal
Sun 7 Sutra 147
Manmatha 5117
Moon 8 - Phase 19
Navami

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Monday, September 7, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau				Kathmandu, Nepal Sun 8 Sutra 148 Manmatha 5117
	Mithuna Rasi: 9.38	Tithi 25	Gulika 1:21PM – 2:56PM	Ardra Until 1:19AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:31AM	
	Family Home Evening	533589363	Yama 10:13AM – 11:47AM	Siddhi Until 12:22PM	Muruga: White	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	Rahu 7:05AM – 8:39AM	Vanija Until 2:54PM	Nataraja: Purple		2nd Phase
			Dashami Until 3:09AM Tue		Sravana-Avani		Devaloka Day

2	Tuesday, September 8, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 149 Manmatha 5117
	Mithuna Rasi: 22.22	Tithi 26	Gulika 11:47AM – 1:21PM	Punarvasu Until 3:01AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	
		543589363	Yama 8:39AM – 10:13AM	Vyatipata* Until 11:50AM	Muruga: White	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	Rahu 2:55PM – 4:29PM	Bava Until 3:35PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 4:06AM Wed		Sravana-Avani		Bhuloka Day Devaloka Time: 9:AM to 12:PM

3	Wednesday, September 9, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 150 Manmatha 5117
	Kataka Rasi: 4.52	Tithi 27	Gulika 10:13AM – 11:47AM	Pushya Until 5:03AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:32AM	
		544599363	Yama 7:05AM – 8:39AM	Varyan Until 11:42AM	Muruga: Green	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	Rahu 11:47AM – 1:20PM	Kaulava Until 4:48PM	Nataraja: Purple		2nd Phase
			Dvadashi* Until 5:34AM Thu		Sravana-Avani		Bhuloka Day

4	Thursday, September 10, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara Karana Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 151 Manmatha 5117
	Kataka Rasi: 17.08	Tithi 28	Gulika 8:39AM – 10:13AM	Ashlesha* Until 7:20AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:32AM	
		544599363	Yama 5:32AM – 7:06AM	Parigha* Until 11:56AM	Muruga: Green	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	Rahu 1:20PM – 2:53PM	Gara Until 6:29PM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 7:27AM Fri <i>Pradosha Vrata (Fasting)</i>		Sravana-Avani		Bhuloka Day

5	Friday, September 11, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 152 Manmatha 5117
	Kataka Rasi: 29.14	Tithi 28 – 29	Gulika 7:06AM – 8:39AM	Ashlesha* Until 7:20AM	Ganesha: Clear	<i>Sunrise:</i> 5:32AM	
		544699363	Yama 2:53PM – 4:26PM	Shiva Until 12:30PM	Muruga: Green	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	Rahu 10:12AM – 11:46AM	Visti Until 8:33PM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 7:27AM		Sravana-Avani		Bhuloka Day Devaloka Time: 9:AM to 12:PM

●	Saturday, September 12, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 13 Sutra 153 Manmatha 5117
	Retreat Star		Gulika 5:33AM – 7:06AM	Magha* Until 10:17AM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM	
	Simha Rasi: 11.12	Tithi 29 – 30	Yama 1:19PM – 2:52PM	Siddha Until 1:17PM	Muruga: Green	<i>Sunset:</i> 5:58PM	Moon 8 - Phase 20
		554699363	Rahu 8:39AM – 10:12AM	Catuspada Until 10:55PM	Nataraja: Purple		Amavasya
			Chaturdashi* Until 9:41AM		Sravana-Avani		Bhuloka Day Devaloka Time: 9:AM to 12:PM

●	Sunday, September 13, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 154 Manmatha 5117
	Retreat Star		Gulika 2:51PM – 4:24PM	Purvaphalguni Until 1:18PM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM	
	Simha Rasi: 23.04	Tithi 30 – 1	Yama 11:45AM – 1:18PM	Sadhya Until 2:17PM	Muruga: Green	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 20
		554699363	Rahu 4:24PM – 5:57PM	Kintughna Until 1:31AM Mon	Nataraja: Purple		Prathama
			Amavasya* Until 12:11PM		Bhadrapada-Avani		Bhuloka Day Devaloka Time: 9:AM to 12:PM
			Grandparent's Day Partial Solar Eclipse				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Monday, September 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Kathmandu, Nepal Sun 15 Sutra 155
	Kanya Rasi: 4.51 Tithi 1 – 2	Gulika 1:18PM – 2:50PM	Uttaraphalguni Until 4:18PM	Ganesha: Orange <i>Sunrise:</i> 5:34AM	Manmatha 5117
	Family Home Evening 554699363	Yama 10:12AM – 11:45AM	Subha Until 3:23PM	Muruqa: Green <i>Sunset:</i> 5:56PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga	Rahu 7:07AM – 8:39AM	Balava Until 4:11AM Tue	Nataraja: Purple	3rd Phase
		Prathama* Until 2:49PM		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

2	Tuesday, September 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Kathmandu, Nepal Sun 16 Sutra 156
	Kanya Rasi: 16.37 Tithi 2 – 3	Gulika 11:44AM – 1:17PM	Hasta Until 7:40PM	Ganesha: Clear <i>Sunrise:</i> 5:34AM	Manmatha 5117
	Family Home Evening 554699363	Yama 8:39AM – 10:12AM	Sukla Until 4:29PM	Muruqa: Green <i>Sunset:</i> 5:55PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga	Rahu 2:50PM – 4:22PM	Taitila Until 6:50AM Wed	Nataraja: Purple	3rd Phase
		Dvitiya Until 5:30PM		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

3	Wednesday, September 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau			Kathmandu, Nepal Sun 17 Sutra 157
	Kanya Rasi: 28.24 Tithi 3	Gulika 10:12AM – 11:44AM	Chitra Until 10:44PM	Ganesha: Clear <i>Sunrise:</i> 5:35AM	Manmatha 5117
	Family Home Evening 554699363	Yama 7:07AM – 8:39AM	Brahma Until 5:31PM	Muruqa: Green <i>Sunset:</i> 5:53PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga	Rahu 11:44AM – 1:16PM	Taitila Until 6:50AM	Nataraja: Purple	3rd Phase
		Tritiya Until 8:04PM		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

4	Thursday, September 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vanija/Vishti* Karana Chaturthiyam Titau			Kathmandu, Nepal Sun 18 Sutra 158
	Tula Rasi: 10.15 Tithi 4	Gulika 8:39AM – 10:12AM	Svati Until 1:23AM Fri	Ganesha: Clear <i>Sunrise:</i> 5:35AM	Manmatha 5117
	Family Home Evening 554699363	Yama 5:35AM – 7:07AM	Indra Until 6:23PM	Muruqa: Green <i>Sunset:</i> 5:52PM	Moon 8 - Phase 21
	Creative Work Amrita Yoga	Rahu 1:16PM – 2:48PM	Vanija Until 9:18AM	Nataraja: Purple	3rd Phase
Until 1:23AM Fri	Ganesha Chaturthi		Chaturthi* Until 10:23PM	Bhuloka Day Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga					

5	Friday, September 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau			Kathmandu, Nepal Sun 19 Sutra 159
	Tula Rasi: 22.13 Tithi 5	Gulika 7:08AM – 8:39AM	Vishakha Until 3:58AM Sat	Ganesha: Purple <i>Sunrise:</i> 5:36AM	Manmatha 5117
	Family Home Evening 554699363	Yama 2:47PM – 4:19PM	Vaidhriti* Until 6:56PM	Muruqa: Green <i>Sunset:</i> 5:51PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga	Rahu 10:11AM – 11:43AM	Bava Until 11:26AM	Nataraja: Purple	3rd Phase
		Panchami Until 12:18AM Sat		Devaloka Day Devaloka Time: 9:AM to 12:PM	

6	Saturday, September 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau			Kathmandu, Nepal Sun 20 Sutra 160
	Vrischika Rasi: 4.22 Tithi 6	Gulika 5:36AM – 7:08AM	Anuradha Until 5:50AM Sun	Ganesha: Purple <i>Sunrise:</i> 5:36AM	Manmatha 5117
	Family Home Evening 554699363	Yama 1:15PM – 2:46PM	Vishkambha* Until 7:06PM	Muruqa: Green <i>Sunset:</i> 5:50PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga	Rahu 8:40AM – 10:11AM	Kaulava Until 1:06PM	Nataraja: Purple	3rd Phase
Until 5:50AM Sun	Shashthi* Until 1:41AM Sun		Bhadrapada-Puratasi	Devaloka Day Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga					

7	Sunday, September 20, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Gara/Vanija Karana Saptamyam Titau			Kathmandu, Nepal Sun 21 Sutra 161
	Retreat Star	Gulika 2:46PM – 4:17PM	Jyeshtha* Until 6:55AM Mon	Ganesha: Purple <i>Sunrise:</i> 5:36AM	Manmatha 5117
	Vrischika Rasi: 16.44 Tithi 7	Yama 11:43AM – 1:14PM	Priti Until 6:48PM	Muruqa: Green <i>Sunset:</i> 5:49PM	Moon 8 - Phase 21
	Family Home Evening 554699363	Rahu 4:17PM – 5:49PM	Gara Until 2:10PM	Nataraja: Purple	3rd Phase
Routine Work Marana Yoga	Saptami Until 2:25AM Mon		Bhadrapada-Puratasi	Devaloka Day Devaloka Time: 9:AM to 12:PM	
Until 6:55AM Mon					
Then Creative Work - Siddha Yoga					

8	Monday, September 21, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau			Kathmandu, Nepal Sun 22 Sutra 162
	Retreat Star	Gulika 1:14PM – 2:45PM	Jyeshtha* Until 6:55AM	Ganesha: Clear <i>Sunrise:</i> 5:37AM	Manmatha 5117
	Vrischika Rasi: 29.25 Tithi 8	Yama 10:11AM – 11:42AM	Ayushman Until 5:55PM	Muruqa: Green <i>Sunset:</i> 5:48PM	Moon 8 - Phase 21
	Family Home Evening 5575699363	Rahu 7:08AM – 8:40AM	Visti Until 2:32PM	Nataraja: Purple	Ashtami
Creative Work Siddha Yoga	Ashtami* Until 2:24AM Tue		Bhadrapada-Puratasi	Bhuloka Day Devaloka Time: 6:AM to 9:AM	

9	Tuesday, September 22, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau			Kathmandu, Nepal Sun 23 Sutra 163
	Retreat Star	Gulika 11:42AM – 1:13PM	Mula* Until 7:34AM	Ganesha: White <i>Sunrise:</i> 5:37AM	Manmatha 5117
	Dhanu Rasi: 12.28 Tithi 9	Yama 8:40AM – 10:11AM	Saubhagya Until 4:27PM	Muruqa: Green <i>Sunset:</i> 5:46PM	Moon 8 - Phase 21
	Family Home Evening 585699363	Rahu 2:44PM – 4:15PM	Balava Until 2:08PM	Nataraja: Purple	Navami
Creative Work Amrita Yoga	Navami* Until 1:37AM Wed		Bhadrapada-Puratasi	Bhuloka Day Devaloka Time: 9:AM to 12:PM	
Until 7:34AM					
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 23, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Dashamyam Titau			Kathmandu, Nepal Sun 24 Sutra 164
	Dhanu Rasi: 25.55 Tithi 10 585699363	Gulika 10:11AM – 11:42AM Yama 7:09AM – 8:40AM Rahu 11:42AM – 1:13PM	Purvashadha* Until 7:18AM Sobhana Until 2:22PM Taitila Until 12:58PM Dashami Until 12:05AM Thu	Ganesha: White <i>Sunrise:</i> 5:38AM Muruga: Green <i>Sunset:</i> 5:45PM Nataraja: Purple Moon – Light Blue Bhadrapada-Puratasi	Manmatha 5117 Moon 8 - Phase 22 4th Phase Bhuloka Day

2	Thursday, September 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau			Kathmandu, Nepal Sun 25 Sutra 165
	Makara Rasi: 9.49 Tithi 11 585699363	Gulika 8:40AM – 10:10AM Yama 5:38AM – 7:09AM Rahu 1:12PM – 2:43PM	Uttarashadha Until 6:10AM Athiganda* Until 11:41AM Vanija Until 11:04AM Ekadashi Until 9:51PM	Ganesha: White <i>Sunrise:</i> 5:38AM Muruga: Green <i>Sunset:</i> 5:44PM Nataraja: Purple Moon – Light Blue Bhadrapada-Puratasi	Manmatha 5117 Moon 8 - Phase 22 4th Phase Bhuloka Day

3	Friday, September 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau			Kathmandu, Nepal Sun 26 Sutra 166
	Makara Rasi: 24.08 Tithi 12 595699363	Gulika 7:09AM – 8:40AM Yama 2:42PM – 4:12PM Rahu 10:10AM – 11:41AM	Dhanishtha Until 2:25AM Sat Sukarma Until 8:29AM Bava Until 8:31AM Dvadashti Until 7:01PM	Ganesha: Yellow <i>Sunrise:</i> 5:39AM Muruga: Green <i>Sunset:</i> 5:43PM Nataraja: Purple Moon – Purple Bhadrapada-Puratasi	Manmatha 5117 Moon 8 - Phase 22 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM

4	Saturday, September 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Kathmandu, Nepal Sun 27 Sutra 167
	Kumbha Rasi: 8.52 Tithi 13 – 14 595699363	Gulika 5:39AM – 7:10AM Yama 1:11PM – 2:41PM Rahu 8:40AM – 10:10AM	Shatabhishak Until 11:40PM Shula* Until 12:53AM Sun Gara Until 2:00AM Sun Trayodashi Until 3:45PM <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 5:39AM Muruga: Green <i>Sunset:</i> 5:42PM Nataraja: Purple Moon – Purple Bhadrapada-Puratasi	Manmatha 5117 Moon 8 - Phase 22 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM

○	Sunday, September 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Kathmandu, Nepal Sutra 168
	Copper Retreat Star	Kumbha Rasi: 23.53 Tithi 14 – 15 515699363	Gulika 2:40PM – 4:11PM Yama 11:40AM – 1:10PM Rahu 4:11PM – 5:41PM	Purvaproshtapada* Until 8:55PM Ganda* Until 8:43PM Visti Until 10:18PM Chaturdashi* Until 12:09PM	Ganesha: Yellow <i>Sunrise:</i> 5:40AM Muruga: Green <i>Sunset:</i> 5:41PM Nataraja: Purple Moon – Clear Bhadrapada-Puratasi

○	Monday, September 28, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kathmandu, Nepal Sutra 169
	Silver Retreat Star	Meena Rasi: 9.05 Tithi 15 – 16 615699363	Gulika 1:10PM – 2:40PM Yama 10:10AM – 11:40AM Rahu 7:10AM – 8:40AM	Uttaraproshtapada Until 5:57PM Vriddhi Until 4:28PM Balava Until 6:31PM Purnima* Until 8:24AM	Ganesha: Blue <i>Sunrise:</i> 5:40AM Muruga: Green <i>Sunset:</i> 5:40PM Nataraja: Purple Moon – Clear Bhadrapada-Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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Tuesday, September 29, 2015

Gold Retreat Star

Meena Rasi: 24.17

Tithi 17

616699363

Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal
Sutra 170

Gulika 11:40AM – 1:09PM
Yama 8:40AM – 10:10AM
Rahu 2:39PM – 4:09PM

Revati Until 2:55PM
Dhruva Until 12:16PM
Taitila Until 2:50PM

Ganesha: Blue *Sunrise:* 5:41AM
Muruga: Green *Sunset:* 5:38PM
Nataraja: Purple
Moon – Clear

Manmatha 5117
Moon 9 - Phase 23
1st Phase

Dvitiya Until 1:03AM Wed

Bhadrapada-Puratasi

Bhuloka Day

1

Wednesday, September 30, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 171

Mesha Rasi: 9.21

Tithi 18

626699363

Routine Work Marana Yoga

Until 12:23PM

Then Creative Work - Siddha Yoga

Gulika 10:10AM – 11:39AM
Yama 7:11AM – 8:40AM
Rahu 11:39AM – 1:09PM

Ashvini Until 12:23PM
Vyaghata* Until 8:15AM
Vanija Until 11:23AM
Tritiya Until 9:47PM

Ganesha: Red *Sunrise:* 5:41AM
Muruga: Green *Sunset:* 5:37PM
Nataraja: Purple
Moon – White

Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Thursday, October 1, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal
Sun 2 Sutra 172

Mesha Rasi: 24.08

Tithi 19

626699363

Creative Work Siddha Yoga

Until 10:08AM

Then Routine Work - Marana Yoga

Gulika 8:40AM – 10:10AM
Yama 5:42AM – 7:11AM
Rahu 1:08PM – 2:38PM

Bharani Until 10:08AM
Vajra* Until 1:16AM Fri
Bava Until 8:20AM
Chaturthi* Until 6:58PM

Ganesha: Red *Sunrise:* 5:42AM
Muruga: Green *Sunset:* 5:36PM
Nataraja: Purple
Moon – White

Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Friday, October 2, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal
Sun 3 Sutra 173

Virshabha Rasi: 8.32

Tithi 20 – 21

626699363

Creative Work Siddha Yoga

Until 8:18AM

Then Routine Work - Marana Yoga

Gulika 7:11AM – 8:40AM
Yama 2:37PM – 4:06PM
Rahu 10:09AM – 11:39AM

Krittika Until 8:18AM
Siddhi Until 10:31PM
Gara Until 3:58AM Sat
Panchami Until 4:47PM

Ganesha: Red *Sunrise:* 5:42AM
Muruga: Green *Sunset:* 5:35PM
Nataraja: Purple
Moon – White

Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Saturday, October 3, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal
Sun 4 Sutra 174

Virshabha Rasi: 22.31

Tithi 21 – 22

636699363

Creative Work Amrita Yoga

Until 7:25AM

Then Creative Work - Siddha Yoga

Gulika 5:43AM – 7:11AM
Yama 1:07PM – 2:36PM
Rahu 8:40AM – 10:09AM

Rohini Until 7:25AM
Vyatipata* Until 8:22PM
Visti Until 2:52AM Sun
Shashthi* Until 3:18PM

Ganesha: Green *Sunrise:* 5:43AM
Muruga: Green *Sunset:* 5:34PM
Nataraja: Purple
Moon – Yellow

Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhadrapada-Puratasi

Bhuloka Day

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Sunday, October 4, 2015

Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 175

Mithuna Rasi: 6.01

Tithi 22 – 23

636699363

Creative Work Siddha Yoga

Gulika 2:35PM – 4:04PM
Yama 11:38AM – 1:07PM
Rahu 4:04PM – 5:33PM

Mrigashira Until 7:09AM
Variyan Until 6:49PM
Balava Until 2:35AM Mon
Saptami Until 2:36PM

Ganesha: Green *Sunrise:* 5:43AM
Muruga: Green *Sunset:* 5:33PM
Nataraja: Purple
Moon – Yellow

Manmatha 5117
Moon 9 - Phase 23
Ashtami

Bhadrapada-Puratasi

Bhuloka Day

Monday, October 5, 2015

Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 176

Mithuna Rasi: 19.05

Tithi 23 – 24

636699363

Family Home Evening

Creative Work Siddha Yoga

Until 7:31AM

Then Creative Work - Amrita Yoga

Gulika 1:06PM – 2:35PM
Yama 10:09AM – 11:38AM
Rahu 7:12AM – 8:41AM

Ardra Until 7:31AM
Parigha* Until 5:55PM
Taitila Until 3:05AM Tue
Ashtami* Until 2:43PM

Ganesha: Green *Sunrise:* 5:44AM
Muruga: Green *Sunset:* 5:32PM
Nataraja: Purple
Moon – Yellow

Manmatha 5117
Moon 9 - Phase 23
Navami

Bhadrapada-Puratasi

Bhuloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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1	Tuesday, October 6, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 7 Sutra 177
	Kataka Rasi: 1.47 Tithi 24 – 25 646799363	Gulika 11:37AM – 1:06PM Yama 8:41AM – 10:09AM Rahu 2:34PM – 4:02PM	Punarvasu Until 8:57AM Shiva Until 5:37PM Vanija Until 4:18AM Wed Navami* Until 3:35PM	Ganesha: Clear <i>Sunrise:</i> 5:44AM Muruga: Green <i>Sunset:</i> 5:31PM Nataraja: Purple Moon – Blue Bhadrpadapada*Puratasi Bhuloka Day Devaloka Time: 6:AM to 9:AM

2	Wednesday, October 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 8 Sutra 178
	Kataka Rasi: 14.1 Tithi 25 – 26 646799363	Gulika 10:09AM – 11:37AM Yama 7:13AM – 8:41AM Rahu 11:37AM – 1:05PM	Pushya Until 10:54AM Siddha Until 5:47PM Bava Until 6:07AM Thu Dashami Until 5:08PM	Ganesha: Clear <i>Sunrise:</i> 5:45AM Muruga: Green <i>Sunset:</i> 5:29PM Nataraja: Purple Moon – Blue Bhadrpadapada*Puratasi Bhuloka Day Devaloka Time: 6:AM to 9:AM

3	Thursday, October 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Kathmandu, Nepal Sun 9 Sutra 179
	Kataka Rasi: 26.17 Tithi 26 647799364	Gulika 8:41AM – 10:09AM Yama 5:45AM – 7:13AM Rahu 1:05PM – 2:33PM	Ashlesha* Until 1:13PM Sadhya Until 6:21PM Bava Until 6:07AM Ekadashi* Until 7:11PM	Ganesha: Orange <i>Sunrise:</i> 5:45AM Muruga: Green <i>Sunset:</i> 5:28PM Nataraja: Clear Moon – Blue Bhadrpadapada*Puratasi Devaloka Day

Creative Work Siddha Yoga
Until 1:13PM
Then Creative Work - Amrita Yoga

4	Friday, October 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kathmandu, Nepal Sun 10 Sutra 180
	Simha Rasi: 8.15 Tithi 27 657799364	Gulika 7:13AM – 8:41AM Yama 2:32PM – 4:00PM Rahu 10:09AM – 11:36AM	Magha* Until 4:15PM Subha Until 7:13PM Kaulava Until 8:24AM Dvadashi* Until 9:38PM	Ganesha: Light Blue <i>Sunrise:</i> 5:46AM Muruga: Green <i>Sunset:</i> 5:27PM Nataraja: Clear Moon – Red Bhadrpadapada*Puratasi Bhuloka Day Devaloka Time: 6:PM to 9:PM


Routine Work Marana Yoga
Until 4:15PM
Then Creative Work - Siddha Yoga

5	Saturday, October 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Kathmandu, Nepal Sun 11 Sutra 181
	Simha Rasi: 20.05 Tithi 28 657799364	Gulika 5:46AM – 7:14AM Yama 1:04PM – 2:31PM Rahu 8:41AM – 10:09AM	Purvaphalguni Until 7:21PM Sukla Until 8:13PM Gara Until 10:57AM Trayodashi* Until 12:16AM Sun <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise:</i> 5:46AM Muruga: Green <i>Sunset:</i> 5:26PM Nataraja: Clear Moon – Red Bhadrpadapada*Puratasi Bhuloka Day Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 7:21PM
Then Routine Work - Marana Yoga

6	Sunday, October 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kathmandu, Nepal Sun 12 Sutra 182
	Kanya Rasi: 1.53 Tithi 29 657799364	Gulika 2:31PM – 3:58PM Yama 11:36AM – 1:03PM Rahu 3:58PM – 5:25PM	Uttaraphalguni Until 10:22PM Brahma Until 9:18PM Visti Until 1:39PM Chaturdashi* Until 2:59AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 5:47AM Muruga: Green <i>Sunset:</i> 5:25PM Nataraja: Clear Moon – Red Bhadrpadapada*Puratasi Bhuloka Day Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

	Monday, October 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kathmandu, Nepal Sun 13 Sutra 183
	Retreat Star Kanya Rasi: 13.39 Tithi 30 Family Home Evening 667799364	Gulika 1:03PM – 2:30PM Yama 10:09AM – 11:36AM Rahu 7:14AM – 8:41AM	Hasta Until 1:40AM Tue Indra Until 10:21PM Catuspada Until 4:20PM Amavasya* Until 5:37AM Tue	Ganesha: Purple <i>Sunrise:</i> 5:47AM Muruga: Green <i>Sunset:</i> 5:24PM Nataraja: Clear Moon – Green Bhadrpadapada*Puratasi Bhuloka Day Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Mahalaya Amavasai (Tamil Nadu)

Retreat Star	Tuesday, October 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna* Karana Prathamayam Titau		Kathmandu, Nepal Sun 14 Sutra 184
	Kanya Rasi: 25.28 Tithi 1 667799364	Gulika 11:35AM – 1:02PM Yama 8:42AM – 10:08AM Rahu 2:29PM – 3:56PM	Chitra Until 4:38AM Wed Vaidhriti* Until 11:15PM Kintughna Until 6:53PM Prathama* Until 8:04AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:48AM Muruga: Green <i>Sunset:</i> 5:23PM Nataraja: Clear Moon – Green Ashvina*Puratasi Bhuloka Day Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Navaratri Begins

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time

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1	Wednesday, October 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 185
	Tula Rasi: 7.2 Tithi 1 – 2 668799364	Gulika 10:08AM – 11:35AM Yama 7:15AM – 8:42AM Rahu 11:35AM – 1:02PM	Svati Until 7:11AM Thu Vishkambha* Until 11:59PM Balava Until 9:12PM Prathama* Until 8:04AM	Ganesha: Light Blue <i>Sunrise:</i> 5:48AM Muruga: Green <i>Sunset:</i> 5:22PM Nataraja: Clear Moon – Green Bhuloka Day Devaloka Time: 6:PM to 9:PM


2	Thursday, October 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 186
	Tula Rasi: 19.19 Tithi 2 – 3 668799364	Gulika 8:42AM – 10:08AM Yama 5:49AM – 7:15AM Rahu 1:01PM – 2:28PM	Svati Until 7:11AM Priti Until 12:29AM Fri Taitila Until 11:12PM Dvitiya Until 10:13AM	Ganesha: Light Blue <i>Sunrise:</i> 5:49AM Muruga: Green <i>Sunset:</i> 5:21PM Nataraja: Clear Moon – Green Bhuloka Day Devaloka Time: 6:PM to 9:PM


3	Friday, October 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Kathmandu, Nepal Sun 17 Sutra 187
	Vrischika Rasi: 1.26 Tithi 3 – 4 678799364	Gulika 7:16AM – 8:42AM Yama 2:27PM – 3:54PM Rahu 10:08AM – 11:35AM	Vishakha Until 9:43AM Ayushman Until 12:38AM Sat Vanija Until 12:48AM Sat Tritiya Until 12:02PM	Ganesha: Purple <i>Sunrise:</i> 5:49AM Muruga: Green <i>Sunset:</i> 5:20PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 6:PM to 9:PM

4	Saturday, October 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Kathmandu, Nepal Sun 18 Sutra 188
	Vrischika Rasi: 13.43 Tithi 4 – 5 678799364	Gulika 5:50AM – 7:16AM Yama 1:01PM – 2:27PM Rahu 8:42AM – 10:08AM	Anuradha Until 11:41AM Saubhagya Until 12:28AM Sun Bava Until 1:57AM Sun Chaturthi* Until 1:25PM	Ganesha: Purple <i>Sunrise:</i> 5:50AM Muruga: Green <i>Sunset:</i> 5:19PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 6:PM to 9:PM

5	Sunday, October 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kathmandu, Nepal Sun 19 Sutra 189
	Vrischika Rasi: 26.12 Tithi 5 – 6 678799364	Gulika 2:26PM – 3:52PM Yama 11:34AM – 1:00PM Rahu 3:52PM – 5:18PM	Jyeshtha* Until 1:02PM Sobhana Until 11:55PM Kaulava Until 2:35AM Mon Panchami Until 2:19PM	Ganesha: Purple <i>Sunrise:</i> 5:51AM Muruga: Green <i>Sunset:</i> 5:18PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 6:PM to 9:PM

6	Monday, October 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kathmandu, Nepal Sun 20 Sutra 190
	Dhanus Rasi: 8.55 Tithi 6 – 7 688799364	Gulika 1:00PM – 2:26PM Yama 10:08AM – 11:34AM Rahu 7:17AM – 8:43AM	Mula* Until 2:11PM Athiganda* Until 10:54PM Gara Until 2:39AM Tue Shashthi* Until 2:40PM	Ganesha: Clear <i>Sunrise:</i> 5:51AM Muruga: Green <i>Sunset:</i> 5:17PM Nataraja: Clear Moon – Light Blue Devaloka Day

	Tuesday, October 20, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau		Kathmandu, Nepal Sun 21 Sutra 191
	Retreat Star Dhanus Rasi: 21.56 Tithi 7 – 8 688799364	Gulika 11:34AM – 1:00PM Yama 8:43AM – 10:08AM Rahu 2:25PM – 3:51PM	Purvashadha* Until 2:35PM Sukarma Until 9:25PM Vistil Until 2:05AM Wed Saptami Until 2:26PM	Ganesha: Clear <i>Sunrise:</i> 5:52AM Muruga: Green <i>Sunset:</i> 5:16PM Nataraja: Clear Moon – Light Blue Ashvina-Aipasi Devaloka Day

	Wednesday, October 21, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kathmandu, Nepal Sun 22 Sutra 192
	Retreat Star Makara Rasi: 5.16 Tithi 8 – 9 689799364	Gulika 10:08AM – 11:34AM Yama 7:18AM – 8:43AM Rahu 11:34AM – 12:59PM	Uttarashadha Until 2:12PM Dhriti Until 7:26PM Balava Until 12:53AM Thu Ashtami* Until 1:33PM	Ganesha: Purple <i>Sunrise:</i> 5:52AM Muruga: Green <i>Sunset:</i> 5:15PM Nataraja: Clear Moon – Light Blue Ashvina-Aipasi Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1	Thursday, October 22, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kathmandu, Nepal Sun 23 Sutra 193
	Makara Rasi: 18.58 Tithi 9 – 10 699799364	Gulika 8:43AM – 10:08AM Yama 5:53AM – 7:18AM Rahu 12:59PM – 2:24PM	Shravana Until 1:30PM Shula* Until 4:55PM Taitila Until 11:03PM Navami* Until 12:01PM

Creative Work Siddha Yoga

Devaloka Day

Ashvina-Aipasi

2	Friday, October 23, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 24 Sutra 194
	Kumbha Rasi: 3.03 Tithi 10 – 11 699799364	Gulika 7:18AM – 8:43AM Yama 2:23PM – 3:48PM Rahu 10:08AM – 11:33AM	Dhanishtha Until 12:03PM Ganda* Until 1:55PM Vanija Until 8:38PM Dashami Until 9:54AM

Creative Work Siddha Yoga

Devaloka Day

Ashvina-Aipasi

3	Saturday, October 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mantra Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vridhi/Dhruva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 25 Sutra 195
	Kumbha Rasi: 17.3 Tithi 11 – 12 699799364	Gulika 5:54AM – 7:19AM Yama 12:58PM – 2:23PM Rahu 8:44AM – 10:09AM	Shatabhishak Until 9:56AM Vridhi Until 10:31AM Balava Until 4:08AM Sun Ekadashi Until 7:14AM

Creative Work Amrita Yoga
Until 9:56AM
Then Routine Work - Marana Yoga

Devaloka Day

Ashvina-Aipasi

4	Sunday, October 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kathmandu, Nepal Sun 26 Sutra 196
	Meena Rasi: 2.17 Tithi 13 619799364	Gulika 2:22PM – 3:47PM Yama 11:33AM – 12:58PM Rahu 3:47PM – 5:12PM	Purvaprosarthapada* Until 7:41AM Dhruva Until 6:46AM Kaulava Until 2:29PM Trayodashi Until 12:44AM Mon <i>Pradosha Vrata</i>

Creative Work Siddha Yoga
Until 7:41AM
Then Creative Work - Amrita Yoga

Devaloka Day


Ashvina-Aipasi

5	Monday, October 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 27 Sutra 197
	Meena Rasi: 17.17 Tithi 14 Family Home Evening 619799364	Gulika 12:58PM – 2:22PM Yama 10:09AM – 11:33AM Rahu 7:20AM – 8:44AM	Revati Until 2:04AM Tue Harshana Until 10:40PM Gara Until 10:59AM Chaturdashi* Until 9:10PM

Creative Work Siddha Yoga

Devaloka Day


Ashvina-Aipasi

	Tuesday, October 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau	Kathmandu, Nepal Sutra 198
	Copper Retreat Star Mesha Rasi: 2.23 Tithi 15 – 16 629799364	Gulika 11:33AM – 12:57PM Yama 8:44AM – 10:09AM Rahu 2:22PM – 3:46PM	Ashvini Until 11:25PM Vajra* Until 6:33PM Visti Until 7:24AM Purnima* Until 5:36PM

Creative Work Siddha Yoga

Sivaloka Day

Ashvina-Aipasi

	Wednesday, October 28, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Kathmandu, Nepal Sutra 199
	Silver Retreat Star Mesha Rasi: 17.26 Tithi 16 – 17 629799364	Gulika 10:09AM – 11:33AM Yama 7:21AM – 8:45AM Rahu 11:33AM – 12:57PM	Bharani Until 8:50PM Siddhi Until 2:34PM Taitila Until 12:36AM Thu Prathama* Until 2:11PM

Creative Work Siddha Yoga
Until 8:50PM
Then Creative Work - Amrita Yoga

Sivaloka Day

Ashvina-Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 29, 2015
Gold Retreat Star

Vrishabha Rasi: 2.17 Tithi 17 – 18
621799364
Routine Work Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Vyalipata* Varyan Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau
Gulika 8:45AM – 10:09AM **Krittika** **Until 6:29PM**
Yama 5:57AM – 7:21AM **Vyatipata*** **Until 10:51AM**
Rahu 12:57PM – 2:21PM **Vanija** **Until 9:42PM**
Dvitiya **Until 11:04AM**

Kathmandu, Nepal
Sun 1 Sutra 200
Manmatha 5117
Moon 10 - Phase 27
1st Phase

Ganesha: White *Sunrise:* 5:57AM
Muruga: Green *Sunset:* 5:08PM
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sivaloka Day

Friday, October 30, 2015

1

Vrishabha Rasi: 16.5 Tithi 18 – 19
631799364
Routine Work Marana Yoga
Until 4:57PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan/Parigaha* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau
Gulika 7:22AM – 8:45AM **Rohini** **Until 4:57PM**
Yama 2:20PM – 3:44PM **Variyan** **Until 7:31AM**
Rahu 10:09AM – 11:33AM **Bava** **Until 7:23PM**
Tritiya **Until 8:27AM**

Kathmandu, Nepal
Sun 2 Sutra 201
Manmatha 5117
Moon 10 - Phase 27
1st Phase

Ganesha: Yellow *Sunrise:* 5:58AM
Muruga: Green *Sunset:* 5:08PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Devaloka Day

Saturday, October 31, 2015

2

Mithuna Rasi: 0.56 Tithi 19 – 20
631899364
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau
Gulika 5:59AM – 7:22AM **Mrigashira** **Until 3:57PM**
Yama 12:56PM – 2:20PM **Shiva** **Until 2:29AM Sun**
Rahu 8:46AM – 10:09AM **Taitila** **Until 5:13AM Sun**
Chaturthi* **Until 6:27AM**

Kathmandu, Nepal
Sun 3 Sutra 202
Manmatha 5117
Moon 10 - Phase 27
1st Phase

Ganesha: Blue *Sunrise:* 5:59AM
Muruga: Green *Sunset:* 5:07PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Sunday, November 1, 2015

3

Mithuna Rasi: 14.35 Tithi 21
631899364
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha Yoga Gara/Vanija Karana Shashthiyam Titau
Gulika 2:19PM – 3:43PM **Ardra** **Until 3:35PM**
Yama 11:33AM – 12:56PM **Siddha** **Until 12:54AM Mon**
Rahu 3:43PM – 5:06PM **Gara** **Until 4:56PM**
Shashthi* **Until 4:49AM Mon**

Kathmandu, Nepal
Sun 4 Sutra 203
Manmatha 5117
Moon 10 - Phase 27
1st Phase

Ganesha: Blue *Sunrise:* 5:59AM
Muruga: Green *Sunset:* 5:06PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Monday, November 2, 2015

4

Mithuna Rasi: 27.46 Tithi 22
641899364
Family Home Evening
Creative Work Amrita Yoga
Until 4:21PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 12:56PM – 2:19PM **Punarvasu** **Until 4:21PM**
Yama 10:09AM – 11:33AM **Sadhya** **Until 12:01AM Tue**
Rahu 7:23AM – 8:46AM **Visti** **Until 4:59PM**
Saptami **Until 5:18AM Tue**

Kathmandu, Nepal
Sun 5 Sutra 204
Manmatha 5117
Moon 10 - Phase 27
1st Phase

Ganesha: Red *Sunrise:* 6:00AM
Muruga: Green *Sunset:* 5:05PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Devaloka Day

Tuesday, November 3, 2015



Retreat Star

Kataka Rasi: 10.31 Tithi 23
641899364
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 11:33AM – 12:56PM **Pushya** **Until 5:49PM**
Yama 8:47AM – 10:10AM **Subha** **Until 11:47PM**
Rahu 2:19PM – 3:42PM **Balava** **Until 5:53PM**
Ashtami* **Until 6:37AM Wed**

Kathmandu, Nepal
Sun 6 Sutra 205
Manmatha 5117
Moon 10 - Phase 27
Ashtami

Ganesha: Red *Sunrise:* 6:01AM
Muruga: Green *Sunset:* 5:05PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Devaloka Day

Wednesday, November 4, 2015

Retreat Star

Kataka Rasi: 22.54 Tithi 23 – 24
641899364
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 10:10AM – 11:33AM **Ashlesha*** **Until 7:50PM**
Yama 7:24AM – 8:47AM **Sukla** **Until 12:05AM Thu**
Rahu 11:33AM – 12:55PM **Taitila** **Until 7:33PM**
Ashtami* **Until 6:37AM**

Kathmandu, Nepal
Sun 7 Sutra 206
Manmatha 5117
Moon 10 - Phase 27
Navami

Ganesha: Red *Sunrise:* 6:01AM
Muruga: Green *Sunset:* 5:04PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Devaloka Day


After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1	Thursday, November 5, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 8 Sutra 207
	Simha Rasi: 5 Tithi 24 – 25 651899364	Gulika 8:47AM – 10:10AM Yama 6:02AM – 7:25AM Rahu 12:55PM – 2:18PM	Magha* Until 10:44PM Brahma Until 12:48AM Fri Vanija Until 9:48PM Navami* Until 8:36AM	Ganesha: Green <i>Sunrise:</i> 6:02AM Muruga: Green <i>Sunset:</i> 5:03PM Nataraja: Clear Moon – Red
	Creative Work Amrita Yoga Until 10:44PM Then Creative Work - Siddha Yoga			Bhuloka Day Devaloka Time: 6:PM to 9:PM
2	Friday, November 6, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 9 Sutra 208
	Simha Rasi: 16.55 Tithi 25 – 26 651899364	Gulika 7:25AM – 8:48AM Yama 2:18PM – 3:40PM Rahu 10:10AM – 11:33AM	Purvaphalguni Until 1:49AM Sat Indra Until 1:47AM Sat Bava Until 12:26AM Sat Dashami Until 11:04AM	Ganesha: Green <i>Sunrise:</i> 6:03AM Muruga: Green <i>Sunset:</i> 5:03PM Nataraja: Clear Moon – Red
	Creative Work Siddha Yoga Until 1:49AM Sat Then Routine Work - Marana Yoga			Bhuloka Day Devaloka Time: 6:PM to 9:PM
3	Saturday, November 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kathmandu, Nepal Sun 10 Sutra 209
	Simha Rasi: 28.42 Tithi 26 – 27 751899364	Gulika 6:03AM – 7:26AM Yama 12:55PM – 2:17PM Rahu 8:48AM – 10:10AM	Uttaraphalguni Until 4:51AM Sun Vaidhriti* Until 2:50AM Sun Kaulava Until 3:12AM Sun Ekadashi* Until 1:47PM	Ganesha: Red <i>Sunrise:</i> 6:03AM Muruga: Green <i>Sunset:</i> 5:02PM Nataraja: Clear Moon – Red
	Routine Work Marana Yoga Until 4:51AM Sun Then Creative Work - Amrita Yoga			Devaloka Day
4	Sunday, November 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Kathmandu, Nepal Sun 11 Sutra 210
	Kanya Rasi: 10.28 Tithi 27 – 28 762899364	Gulika 2:17PM – 3:39PM Yama 11:33AM – 12:55PM Rahu 3:39PM – 5:01PM	Hasta Until 8:09AM Mon Vishkambha* Until 3:51AM Mon Gara Until 5:53AM Mon Dvadashi* Until 4:32PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red <i>Sunrise:</i> 6:04AM Muruga: Green <i>Sunset:</i> 5:01PM Nataraja: Clear Moon – Green
	Creative Work Amrita Yoga Until 8:09AM Mon Then Routine Work - Prabalarishta Yoga			Devaloka Day
5	Monday, November 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Vanija Karana Trayodashyam Titau		Kathmandu, Nepal Sun 12 Sutra 211
	Kanya Rasi: 22.16 Tithi 28 762899364	Gulika 12:55PM – 2:17PM Yama 10:11AM – 11:33AM Rahu 7:27AM – 8:49AM	Hasta Until 8:09AM Priti Until 4:42AM Tue Vanija Until 7:07PM Trayodashi* Until 7:07PM	Ganesha: Red <i>Sunrise:</i> 6:05AM Muruga: Green <i>Sunset:</i> 5:01PM Nataraja: Clear Moon – Green
	Family Home Evening Creative Work Siddha Yoga Until 8:09AM Then Routine Work - Prabalarishta Yoga	Subramuniyaswami Mahasamadhi		Devaloka Day
6	Tuesday, November 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kathmandu, Nepal Sun 13 Sutra 212
	Tula Rasi: 4.09 Tithi 29 762899364	Gulika 11:33AM – 12:55PM Yama 8:49AM – 10:11AM Rahu 2:17PM – 3:38PM	Chitra Until 11:01AM Ayushman Until 5:16AM Wed Visti Until 8:20AM Chaturdashi* Until 9:24PM	Ganesha: Red <i>Sunrise:</i> 6:06AM Muruga: Green <i>Sunset:</i> 5:00PM Nataraja: Clear Moon – Green
	Creative Work Siddha Yoga Then Routine Work - Prabalarishta Yoga	Deepavali Hindu Solidarity Day		Devaloka Day
Retreat Star	Wednesday, November 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kathmandu, Nepal Sun 14 Sutra 213
	Tula Rasi: 16.1 Tithi 30 762899364	Gulika 10:11AM – 11:33AM Yama 7:28AM – 8:50AM Rahu 11:33AM – 12:55PM	Svati Until 1:23PM Saubhagya Until 5:32AM Thu Catuspada Until 10:25AM Amavasya* Until 11:18PM	Ganesha: Red <i>Sunrise:</i> 6:06AM Muruga: Green <i>Sunset:</i> 5:00PM Nataraja: Clear Moon – Green
	Creative Work Siddha Yoga			Devaloka Day
Retreat Star	Thursday, November 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Kathmandu, Nepal Sun 15 Sutra 214
	Tula Rasi: 28.22 Tithi 1 772899364	Gulika 8:50AM – 10:12AM Yama 6:07AM – 7:29AM Rahu 12:55PM – 2:16PM	Vishakha Until 3:41PM Sobhana Until 5:29AM Fri Kintughna Until 12:06PM Prathama* Until 12:45AM Fri	Ganesha: Yellow <i>Sunrise:</i> 6:07AM Muruga: Green <i>Sunset:</i> 4:59PM Nataraja: Clear Moon – Orange
	Creative Work Siddha Yoga	Skanda Shasthi Begins		Devaloka Day Karttika/Aipasi

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Friday, November 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kathmandu, Nepal Sun 16 Sutra 215 Manmatha 5117
	Vrischika Rasi: 10.43 Tithi 2 772899364	Gulika 7:29AM – 8:51AM Yama 2:16PM – 3:37PM Rahu 10:12AM – 11:33AM	Anuradha Until 5:23PM Athiganda* Until 5:05AM Sat Balava Until 1:20PM Dvitiya Until 1:46AM Sat
Creative Work Siddha Yoga Until 5:23PM Then Routine Work - Marana Yoga		Ganesha: Yellow <i>Sunrise:</i> 6:08AM Muruga: Green <i>Sunset:</i> 4:59PM Nataraja: Clear Moon – Orange Karttika-Aipasi	Devaloka Day
2	Saturday, November 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manla Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau	Kathmandu, Nepal Sun 17 Sutra 216 Manmatha 5117
	Vrischika Rasi: 23.16 Tithi 3 772899364	Gulika 6:09AM – 7:30AM Yama 12:55PM – 2:16PM Rahu 8:51AM – 10:12AM	Jyeshtha* Until 6:32PM Sukarma Until 4:22AM Sun Tailila Until 2:09PM Tritiya Until 2:22AM Sun
Creative Work Siddha Yoga		Ganesha: Yellow <i>Sunrise:</i> 6:09AM Muruga: Green <i>Sunset:</i> 4:58PM Nataraja: Clear Moon – Orange Karttika-Aipasi	Devaloka Day
3	Sunday, November 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Kathmandu, Nepal Sun 18 Sutra 217 Manmatha 5117
	Dhanus Rasi: 6.01 Tithi 4 782899364	Gulika 2:16PM – 3:37PM Yama 11:34AM – 12:55PM Rahu 3:37PM – 4:58PM	Mula* Until 7:35PM Dhriti Until 3:21AM Mon Vanija Until 2:33PM Chaturthi* Until 2:34AM Mon
Creative Work Amrita Yoga Until 7:35PM Then Creative Work - Siddha Yoga		Ganesha: Red <i>Sunrise:</i> 6:09AM Muruga: Green <i>Sunset:</i> 4:58PM Nataraja: Clear Moon – Light Blue Karttika-Aipasi	Devaloka Day
4	Monday, November 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau	Kathmandu, Nepal Sun 19 Sutra 218 Manmatha 5117
	Dhanus Rasi: 18.58 Tithi 5 782899364	Gulika 12:55PM – 2:16PM Yama 10:13AM – 11:34AM Rahu 7:31AM – 8:52AM	Purvashadha* Until 8:06PM Shula* Until 2:00AM Tue Bava Until 2:32PM Panchami Until 2:21AM Tue
Family Home Evening Routine Work Marana Yoga		Ganesha: Red <i>Sunrise:</i> 6:10AM Muruga: Green <i>Sunset:</i> 4:57PM Nataraja: Clear Moon – Light Blue Karttika-Aipasi	Devaloka Day
5	Tuesday, November 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau	Kathmandu, Nepal Sun 20 Sutra 219 Manmatha 5117
	Makara Rasi: 2.06 Tithi 6 782899365	Gulika 11:34AM – 12:55PM Yama 8:52AM – 10:13AM Rahu 2:16PM – 3:36PM	Uttarashadha Until 8:03PM Ganda* Until 12:20AM Wed Kaulava Until 2:07PM Shashthi* Until 1:44AM Wed
Routine Work Prabalarishta Yoga Until 8:03PM Then Creative Work - Siddha Yoga		Ganesha: Red <i>Sunrise:</i> 6:11AM Muruga: Green <i>Sunset:</i> 4:57PM Nataraja: White Moon – Light Blue Karttika-Kartikai	Bhuloka Day Devaloka Time: 9:AM to12:PM
6	Wednesday, November 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau	Kathmandu, Nepal Sun 21 Sutra 220 Manmatha 5117
	Makara Rasi: 15.28 Tithi 7 792899365	Gulika 10:14AM – 11:34AM Yama 7:32AM – 8:53AM Rahu 11:34AM – 12:55PM	Shravana Until 7:54PM Vriddhi Until 10:21PM Gara Until 1:17PM Saptami Until 12:41AM Thu
Creative Work Siddha Yoga Until 7:54PM Then Routine Work - Prabalarishta Yoga		Ganesha: Blue <i>Sunrise:</i> 6:12AM Muruga: Green <i>Sunset:</i> 4:57PM Nataraja: White Moon – Purple Karttika-Kartikai	Devaloka Day
	Thursday, November 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Kathmandu, Nepal Sun 22 Sutra 221 Manmatha 5117
	Makara Rasi: 29.05 Tithi 8 792899365	Gulika 8:53AM – 10:14AM Yama 6:12AM – 7:33AM Rahu 12:55PM – 2:15PM	Dhanishtha Until 7:10PM Dhruva Until 7:59PM Visti* Until 12:00PM Ashtami* Until 11:11PM
Creative Work Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 6:12AM Muruga: Green <i>Sunset:</i> 4:56PM Nataraja: White Moon – Purple Karttika-Kartikai	Devaloka Day
Retreat Star	Friday, November 20, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau	Kathmandu, Nepal Sun 23 Sutra 222 Manmatha 5117
	Kumbha Rasi: 12.58 Tithi 9 792899365	Gulika 7:34AM – 8:54AM Yama 2:15PM – 3:36PM Rahu 10:14AM – 11:35AM	Shatabhishak Until 5:51PM Vyaghata* Until 5:16PM Balava Until 10:17AM Navami* Until 9:15PM
Creative Work Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 6:13AM Muruga: Green <i>Sunset:</i> 4:56PM Nataraja: White Moon – Purple Karttika-Kartikai	Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 21, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau	Kathmandu, Nepal Sun 24 Sutra 223 Manmatha 5117
	Kumbha Rasi: 27.07 Tithi 10 713899365	Gulika 6:14AM – 7:34AM Yama 12:55PM – 2:15PM Rahu 8:54AM – 10:15AM	Purvaprosarthapada* Until 4:24PM Harshana Until 2:14PM Taitila Until 8:08AM Dashami Until 6:54PM

Routine Work Marana Yoga
Until 4:24PM
Then Creative Work - Siddha Yoga

Ganesha: Clear Muruga: Green Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 4:56PM	Bhuloka Day Devaloka Time: 6:AM to 9:AM
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2	Sunday, November 22, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 25 Sutra 224 Manmatha 5117
	Meena Rasi: 11.31 Tithi 11 – 12 713899365	Gulika 2:15PM – 3:35PM Yama 11:35AM – 12:55PM Rahu 3:35PM – 4:56PM	Uttaraprosarthapada Until 2:28PM Vajra* Until 10:53AM Bava Until 2:48AM Mon Ekadashi Until 4:13PM

Creative Work Amrita Yoga

Ganesha: Clear Muruga: Green Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:15AM <i>Sunset:</i> 4:56PM	Bhuloka Day Devaloka Time: 6:AM to 9:AM
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3	Monday, November 23, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Myalpala* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 26 Sutra 225 Manmatha 5117
	Meena Rasi: 26.08 Tithi 12 – 13 Family Home Evening 713899365	Gulika 12:55PM – 2:15PM Yama 10:15AM – 11:35AM Rahu 7:35AM – 8:55AM	Revati Until 12:08PM Siddhi Until 7:19AM Kaulava Until 11:46PM Dvadashi Until 1:17PM <i>Pradosha Vrata</i>


Creative Work Siddha Yoga

Ganesha: Clear Muruga: Green Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:16AM <i>Sunset:</i> 4:55PM	Bhuloka Day Devaloka Time: 6:AM to 9:AM
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4	Tuesday, November 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 27 Sutra 226 Manmatha 5117
	Mesha Rasi: 10.53 Tithi 13 – 14 723899365	Gulika 11:36AM – 12:56PM Yama 8:56AM – 10:16AM Rahu 2:15PM – 3:35PM	Ashvini Until 9:56AM Varyan Until 11:53PM Gara Until 8:41PM Trayodashi Until 10:13AM

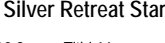
Creative Work Siddha Yoga

Ganesha: Purple Muruga: Green Nataraja: White Moon – White	<i>Sunrise:</i> 6:16AM <i>Sunset:</i> 4:55PM	Bhuloka Day Devaloka Time: 6:AM to 9:AM
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	Wednesday, November 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau	Kathmandu, Nepal Sun 28 Sutra 227 Manmatha 5117
	Mesha Rasi: 25.4 Tithi 14 – 15 723999365	Gulika 10:16AM – 11:36AM Yama 7:37AM – 8:57AM Rahu 11:36AM – 12:56PM	Bharani Until 7:36AM Parigha* Until 8:14PM Bava Until 4:14AM Thu Chaturdashi* Until 7:09AM

Creative Work Siddha Yoga
Until 7:36AM
Then Creative Work - Amrita Yoga

Ganesha: Clear Muruga: Green Nataraja: White Moon – White	<i>Sunrise:</i> 6:17AM <i>Sunset:</i> 4:55PM	Bhuloka Day Devaloka Time: 9:AM to 12:PM
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	Thursday, November 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau	Kathmandu, Nepal Sun 29 Sutra 228 Manmatha 5117
	Vrishabha Rasi: 10.2 Tithi 16 733999365	Gulika 8:57AM – 10:17AM Yama 6:18AM – 7:37AM Rahu 12:56PM – 2:16PM	Rohini Until 3:35AM Fri Shiva Until 4:48PM Balava Until 2:54PM Prathama* Until 1:38AM Fri

Routine Work Marana Yoga
Until 3:35AM Fri
Then Creative Work - Siddha Yoga

Ganesha: White Muruga: Green Nataraja: White Moon – Yellow	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 4:55PM	Bhuloka Day Devaloka Time: 9:AM to 12:PM
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Vinayaga Viratam Begins

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Friday, November 27, 2015
Gold Retreat Star

Wrishabha Rasi: 24.46 Tilthi 17
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal
Sutra 229

Gulika 7:38AM – 8:58AM
Yama 2:16PM – 3:35PM
Rahu 10:17AM – 11:37AM

Mrigashira Until 2:12AM Sat
Siddha Until 1:40PM
Taitila Until 12:31PM
Dvitiya Until 11:31PM

Ganesha: White *Sunrise:* 6:19AM
Muruga: Green *Sunset:* 4:55PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Manmatha 5117
Moon 11 - Phase 31
1st Phase

Devaloka Day

1

Saturday, November 28, 2015

Mithuna Rasi: 8.51 Tilthi 18
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 230

Gulika 6:19AM – 7:39AM
Yama 12:56PM – 2:16PM
Rahu 8:58AM – 10:18AM

Ardra Until 1:19AM Sun
Sadhya Until 11:00AM
Vanija Until 10:42AM
Tritiya Until 10:01PM

Ganesha: White *Sunrise:* 6:19AM
Muruga: Green *Sunset:* 4:55PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Manmatha 5117
Moon 11 - Phase 31
1st Phase

Devaloka Day

2

Sunday, November 29, 2015

Mithuna Rasi: 22.32 Tilthi 19
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal
Sun 2 Sutra 231

Gulika 2:16PM – 3:35PM
Yama 11:37AM – 12:57PM
Rahu 3:35PM – 4:54PM

Punarvasu Until 1:30AM Mon
Subha Until 8:54AM
Bava Until 9:34AM
Chaturthi* Until 9:17PM

Ganesha: Yellow *Sunrise:* 6:20AM
Muruga: Green *Sunset:* 4:54PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Manmatha 5117
Moon 11 - Phase 31
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Monday, November 30, 2015

Kataka Rasi: 5.46 Tilthi 20
Family Home Evening
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal
Sun 3 Sutra 232

Gulika 12:57PM – 2:16PM
Yama 10:18AM – 11:38AM
Rahu 7:40AM – 8:59AM

Pushya Until 2:20AM Tue
Sukla Until 7:24AM
Kaulava Until 9:15AM
Panchami Until 9:23PM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruga: Green *Sunset:* 4:54PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Manmatha 5117
Moon 11 - Phase 31
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

4

Tuesday, December 1, 2015

Kataka Rasi: 18.35 Tilthi 21
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal
Sun 4 Sutra 233

Gulika 11:38AM – 12:57PM
Yama 9:00AM – 10:19AM
Rahu 2:16PM – 3:35PM

Ashlesha* Until 3:49AM Wed
Brahma Until 6:35AM
Gara Until 9:47AM
Shashthi* Until 10:20PM

Ganesha: Yellow *Sunrise:* 6:22AM
Muruga: Green *Sunset:* 4:54PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Manmatha 5117
Moon 11 - Phase 31
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

5

Wednesday, December 2, 2015

Simha Rasi: 1.01 Tilthi 22
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 234

Gulika 10:19AM – 11:38AM
Yama 7:41AM – 9:00AM
Rahu 11:38AM – 12:57PM

Magha* Until 6:21AM Thu
Indra Until 6:24AM
Visti Until 11:08AM
Saptami Until 12:04AM Thu

Ganesha: Blue *Sunrise:* 6:22AM
Muruga: Green *Sunset:* 4:54PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Manmatha 5117
Moon 11 - Phase 31
1st Phase

Devaloka Day

D

Thursday, December 3, 2015
Retreat Star

Simha Rasi: 13.09 Tilthi 23
733999365
Creative Work Amrita Yoga
Until 6:21AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 235

Gulika 9:01AM – 10:20AM
Yama 6:23AM – 7:42AM
Rahu 12:58PM – 2:17PM

Magha* Until 6:21AM
Vaidhriti* Until 6:45AM
Balava Until 1:11PM
Ashtami* Until 2:23AM Fri

Ganesha: Blue *Sunrise:* 6:23AM
Muruga: Green *Sunset:* 4:54PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Manmatha 5117
Moon 11 - Phase 31
Ashtami

Devaloka Day

Friday, December 4, 2015
Retreat Star

Simha Rasi: 25.04 Tilthi 24
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 236

Gulika 7:43AM – 9:02AM
Yama 2:17PM – 3:36PM
Rahu 10:20AM – 11:39AM

Purvaphalguni Until 9:13AM
Vishkambha* Until 7:30AM
Taitila Until 3:44PM
Navami* Until 5:04AM Sat

Ganesha: Blue *Sunrise:* 6:24AM
Muruga: Green *Sunset:* 4:55PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Manmatha 5117
Moon 11 - Phase 31
Navami

Devaloka Day

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Saturday, December 5, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija Karana Dashmyam Titau				Kathmandu, Nepal Sun 8 Sutra 237 Manmatha 5117
	Kanya Rasi: 6.52	Tithi 25	Gulika 6:25AM – 7:43AM	Uttaraphalguni Until 12:11PM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	
			Yama 12:58PM – 2:17PM	Priti Until 8:30AM	Muruga: Green	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
	Routine Work	Marana Yoga	Rahu 9:02AM – 10:21AM	Vanija Until 6:29PM	Nataraja: White		2nd Phase
			Dashami Until 7:49AM Sun	Karttika-Kartikai		Devaloka Day	

2	Sunday, December 6, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 238 Manmatha 5117
	Kanya Rasi: 18.39	Tithi 26 – 26	Gulika 2:17PM – 3:36PM	Hasta Until 3:30PM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	
			Yama 11:40AM – 12:59PM	Ayushman Until 9:29AM	Muruga: Green	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
	Creative Work	Amrita Yoga	Rahu 3:36PM – 4:55PM	Bava Until 9:10PM	Nataraja: White		2nd Phase
			Dashami Until 7:49AM	Karttika-Kartikai		Bhuloka Day	
Then Creative Work - Siddha Yoga							

3	Monday, December 7, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 239 Manmatha 5117
	Tula Rasi: 0.29	Tithi 26 – 27	Gulika 12:59PM – 2:18PM	Chitra Until 6:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM	
	Family Home Evening		Yama 10:22AM – 11:40AM	Saubhagya Until 10:21AM	Muruga: Green	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
	Routine Work	Prabalarishta Yoga	Rahu 7:45AM – 9:03AM	Kaulava Until 11:35PM	Nataraja: White		2nd Phase
			Ekadashi* Until 10:24AM	Karttika-Kartikai		Bhuloka Day	
Then Creative Work - Amrita Yoga							

4	Tuesday, December 8, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 240 Manmatha 5117
	Tula Rasi: 12.27	Tithi 27 – 28	Gulika 11:41AM – 12:59PM	Svati Until 8:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	
			Yama 9:04AM – 10:22AM	Sobhana Until 10:57AM	Muruga: Green	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	Rahu 2:18PM – 3:36PM	Gara Until 1:32AM Wed	Nataraja: White		2nd Phase
			Dvadashi* Until 12:36PM	Karttika-Kartikai		Bhuloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Wednesday, December 9, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 241 Manmatha 5117
	Tula Rasi: 24.37	Tithi 28 – 29	Gulika 10:23AM – 11:41AM	Vishakha Until 10:55PM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	
			Yama 7:46AM – 9:04AM	Athiganda* Until 11:08AM	Muruga: Red	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	Rahu 11:41AM – 1:00PM	Visti Until 2:57AM Thu	Nataraja: White		2nd Phase
			Trayodashi* Until 2:17PM	Karttika-Kartikai		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

6	Thursday, December 10, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 13 Sutra 242 Manmatha 5117
	Vrischika Rasi: 7	Tithi 29 – 30	Gulika 9:05AM – 10:23AM	Anuradha Until 12:23AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	
			Yama 6:28AM – 7:47AM	Sukarma Until 10:55AM	Muruga: Red	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	Rahu 1:00PM – 2:19PM	Catuspada Until 3:47AM Fri	Nataraja: White		2nd Phase
			Chaturdashi* Until 3:25PM	Karttika-Kartikai		Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

●	Friday, December 11, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 243 Manmatha 5117
	Retreat Star		Gulika 7:47AM – 9:06AM	Jyeshtha* Until 1:10AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	
	Vrischika Rasi: 19.38	Tithi 30 – 1	Yama 2:19PM – 3:37PM	Dhriti Until 10:18AM	Muruga: Red	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 32
	Routine Work	Marana Yoga	Rahu 10:24AM – 11:42AM	Kintughna Until 4:06AM Sat	Nataraja: White		Amavasya
			Amavasya* Until 3:59PM	Karttika-Kartikai		Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

●	Saturday, December 12, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 244 Manmatha 5117
	Retreat Star		Gulika 6:29AM – 7:48AM	Mula* Until 1:48AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	
	Dhanus Rasi: 2.31	Tithi 1 – 2	Yama 1:01PM – 2:19PM	Shula* Until 9:14AM	Muruga: Red	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 32
	Creative Work	Siddha Yoga	Rahu 9:06AM – 10:24AM	Balava Until 3:56AM Sun	Nataraja: White		Prathama
			Prathama* Until 4:03PM	Margasira-Kartikai		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Sunday, December 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau	Kathmandu, Nepal Sun 16 Sutra 245 Manmatha 5117
Dhanus Rasi: 15.38	Tithi 2 – 3	Gulika 2:20PM – 3:38PM Yama 11:43AM – 1:01PM Rahu 3:38PM – 4:56PM	Purvashadha* Until 1:53AM Mon Ganda* Until 7:51AM Taitila Until 3:23AM Mon Dvitiya Until 3:41PM
784919365		Ganesha: Blue <i>Sunrise: 6:30AM</i> Muruqa: Red <i>Sunset: 4:56PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga			
Until 1:53AM Mon			
Then Routine Work - Marana Yoga			
2	Monday, December 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kathmandu, Nepal Sun 17 Sutra 246 Manmatha 5117
Dhanus Rasi: 28.57	Tithi 3 – 4	Gulika 1:02PM – 2:20PM Yama 10:25AM – 11:44AM Rahu 7:49AM – 9:07AM	Uttarashadha Until 1:31AM Tue Vridhhi Until 6:11AM Vanija Until 2:31AM Tue Tritiya Until 2:58PM
784919365		Ganesha: Blue <i>Sunrise: 6:31AM</i> Muruqa: Red <i>Sunset: 4:57PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Family Home Evening			
Routine Work Marana Yoga			
Until 1:31AM Tue			
Then Creative Work - Siddha Yoga			
3	Tuesday, December 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kathmandu, Nepal Sun 18 Sutra 247 Manmatha 5117
Makara Rasi: 12.26	Tithi 4 – 5	Gulika 11:44AM – 1:02PM Yama 9:08AM – 10:26AM Rahu 2:21PM – 3:39PM	Shravana Until 1:11AM Wed Vyaghata* Until 2:06AM Wed Bava Until 1:24AM Wed Chaturthi* Until 1:58PM
794919365		Ganesha: Yellow <i>Sunrise: 6:31AM</i> Muruqa: Red <i>Sunset: 4:57PM</i> Nataraja: White Moon – Purple Margasira-Karttikai	Devaloka Day
Creative Work Siddha Yoga			
Until 1:11AM Wed			
Then Routine Work - Prabalarishta Yoga			
4	Wednesday, December 16, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kathmandu, Nepal Sun 19 Sutra 248 Manmatha 5117
Makara Rasi: 26.04	Tithi 5 – 6	Gulika 10:26AM – 11:45AM Yama 7:50AM – 9:08AM Rahu 11:45AM – 1:03PM	Dhanishtha Until 12:29AM Thu Harshana Until 11:49PM Kaulava Until 12:03AM Thu Panchami Until 12:44PM
794919365		Ganesha: Yellow <i>Sunrise: 6:32AM</i> Muruqa: Red <i>Sunset: 4:57PM</i> Nataraja: White Moon – Purple Margasira-Markali	Devaloka Day
Routine Work Prabalarishta Yoga			
Until 12:29AM Thu			
Then Creative Work - Siddha Yoga		Markali Pillaiyar Vinayaga Viratam Ends	
5	Thursday, December 17, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kathmandu, Nepal Sun 20 Sutra 249 Manmatha 5117
Kumbha Rasi: 9.49	Tithi 6 – 7	Gulika 9:09AM – 10:27AM Yama 6:33AM – 7:51AM Rahu 1:03PM – 2:21PM	Shatabhishak Until 11:27PM Vajra* Until 9:20PM Gara Until 10:30PM Shashthi* Until 11:17AM
894919365		Ganesha: Blue <i>Sunrise: 6:33AM</i> Muruqa: Red <i>Sunset: 4:58PM</i> Nataraja: White Moon – Purple Margasira-Markali	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga			
D	Friday, December 18, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Kathmandu, Nepal Sun 21 Sutra 250 Manmatha 5117
Kumbha Rasi: 23.42	Tithi 7 – 8	Gulika 7:51AM – 9:09AM Yama 2:22PM – 3:40PM Rahu 10:27AM – 11:46AM	Purvaproshtapada* Until 10:30PM Siddhi Until 6:43PM Visti Until 8:45PM Saptami Until 9:38AM
815919365		Ganesha: Yellow <i>Sunrise: 6:33AM</i> Muruqa: Red <i>Sunset: 4:58PM</i> Nataraja: White Moon – Clear Margasira-Markali	Devaloka Day
Creative Work Siddha Yoga			
Retreat Star			
Until 9:13PM			
Then Routine Work - Prabalarishta Yoga			
Saturday, December 19, 2015	Retreat Star	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kathmandu, Nepal Sun 22 Sutra 251 Manmatha 5117
Meena Rasi: 7.43	Tithi 8 – 9	Gulika 6:34AM – 7:52AM Yama 1:04PM – 2:22PM Rahu 9:10AM – 10:28AM	Uttaraproshtapada Until 9:13PM Vyatipata* Until 3:57PM Balava Until 6:48PM Ashtami* Until 7:47AM
815919365		Ganesha: Yellow <i>Sunrise: 6:34AM</i> Muruqa: Red <i>Sunset: 4:58PM</i> Nataraja: White Moon – Clear Margasira-Markali	Devaloka Day
Creative Work Siddha Yoga			
Until 9:13PM			
Then Routine Work - Prabalarishta Yoga			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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1	Sunday, December 20, 2015		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 252 Manmatha 5117
	Meena Rasi: 21.5	Tithi 10	Gulika 2:23PM – 3:41PM	Revati Until 7:37PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	
			Yama 11:47AM – 1:05PM	Variyan Until 1:00PM	Muruqa: Red	<i>Sunset:</i> 4:59PM	Moon 11 - Phase 34
		815119365	Rahu 3:41PM – 4:59PM	Taitila Until 4:41PM	Nataraja: White		4th Phase
Creative Work Amrita Yoga Until 7:37PM Then Creative Work - Siddha Yoga			Dashami Until 3:32AM Mon	Margasira -Markali		Devaloka Day	

2	Monday, December 21, 2015		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 253 Manmatha 5117
	Mesha Rasi: 6.05	Tithi 11	Gulika 1:05PM – 2:23PM	Ashvini Until 6:10PM	Ganesha: White	<i>Sunrise:</i> 6:35AM	
	Family Home Evening	825119365	Yama 10:29AM – 11:47AM	Parigha* Until 9:57AM	Muruqa: Red	<i>Sunset:</i> 4:59PM	Moon 11 - Phase 34
			Rahu 7:53AM – 9:11AM	Vanija Until 2:25PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga		Vaikuntha Ekadasi	Ekadashi Until 1:13AM Tue	Margasira -Markali		Sivaloka Day	
		Gita Jayanthi					
		Day 1 of Pancha Ganapati					

3	Tuesday, December 22, 2015		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 254 Manmatha 5117
	Mesha Rasi: 20.23	Tithi 12	Gulika 11:48AM – 1:06PM	Bharani Until 4:30PM	Ganesha: White	<i>Sunrise:</i> 6:35AM	
		825119365	Yama 9:11AM – 10:30AM	Shiva Until 6:50AM	Muruqa: Red	<i>Sunset:</i> 5:00PM	Moon 11 - Phase 34
			Rahu 2:24PM – 3:42PM	Bava Until 12:04PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga		Day 2 of Pancha Ganapati	Dvadashi Until 10:52PM	Margasira -Markali		Sivaloka Day	

4	Wednesday, December 23, 2015		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 255 Manmatha 5117
	Vrishabha Rasi: 4.43	Tithi 13	Gulika 10:30AM – 11:48AM	Krittika Until 2:44PM	Ganesha: White	<i>Sunrise:</i> 6:36AM	
		825119365	Yama 7:54AM – 9:12AM	Sadhya Until 12:36AM Thu	Muruqa: Red	<i>Sunset:</i> 5:00PM	Moon 11 - Phase 34
			Rahu 11:48AM – 1:06PM	Kaulava Until 9:43AM	Nataraja: White		4th Phase
Creative Work Amrita Yoga Until 2:44PM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati	Trayodashi Until 8:34PM	Margasira -Markali		Sivaloka Day	
			<i>Pradosha Vrata</i>				

5	Thursday, December 24, 2015		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 256 Manmatha 5117
	Vrishabha Rasi: 18.58	Tithi 14	Gulika 9:12AM – 10:31AM	Rohini Until 1:24PM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	
		835119365	Yama 6:36AM – 7:54AM	Subha Until 9:43PM	Muruqa: Red	<i>Sunset:</i> 5:01PM	Moon 11 - Phase 34
			Rahu 1:07PM – 2:25PM	Gara Until 7:30AM	Nataraja: White		4th Phase
Routine Work Marana Yoga		Day 4 of Pancha Ganapati	Chaturdashi* Until 6:28PM	Margasira -Markali		Devaloka Day	

	Friday, December 25, 2015		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kathmandu, Nepal Sutra 257 Manmatha 5117
	Copper Retreat Star		Gulika 7:55AM – 9:13AM	Mrigashira Until 12:13PM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	
	Mithuna Rasi: 3.03	Tithi 15 – 16	Yama 2:25PM – 3:43PM	Sukla Until 7:06PM	Muruqa: Red	<i>Sunset:</i> 5:01PM	Moon 11 - Phase 34
		835119365	Rahu 10:31AM – 11:49AM	Balava Until 3:59AM Sat	Nataraja: White		Purnima
Creative Work Siddha Yoga		Day 5 of Pancha Ganapati	Purnima* Until 4:41PM	Margasira -Markali		Devaloka Day	

Saturday, December 26, 2015	Silver Retreat Star		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Kathmandu, Nepal Sutra 258 Manmatha 5117
	Gulika 6:37AM – 7:55AM	Ardra Until 11:19AM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM			
	Mithuna Rasi: 16.53	Tithi 16 – 17	Yama 1:08PM – 2:26PM	Brahma Until 4:51PM	Muruqa: Red	<i>Sunset:</i> 5:02PM	Moon 11 - Phase 34
		835119365	Rahu 9:13AM – 10:32AM	Taitila Until 2:58AM Sun	Nataraja: White		Prathama
Creative Work Siddha Yoga		Prathama* Until 3:23PM	Margasira -Markali			Devaloka Day	
		Ardra Darshanam					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Sunday, December 27, 2015
Gold Retreat Star

Kataka Rasi: 0.24 Tithi 17 – 18
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvilya/Tritiyam Titau

Kathmandu, Nepal
Sun 1 Sutra 259
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 2:26PM – 3:45PM **Punarvasu Until 11:17AM**
Yama 11:50AM – 1:08PM Indra Until 3:07PM
Rahu 3:45PM – 5:03PM Vanija Until 2:37AM Mon
Dvitiya Until 2:41PM

Ganesha: Clear *Sunrise: 6:38AM*
Muruqa: Red *Sunset: 5:03PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Devaloka Day

1

Monday, December 28, 2015

Kataka Rasi: 13.33 Tithi 18 – 19
Family Home Evening 846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal
Sun 2 Sutra 260
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 1:09PM – 2:27PM **Pushya Until 11:46AM**
Yama 10:32AM – 11:51AM Vaidhriti* Until 1:54PM
Rahu 7:56AM – 9:14AM Bava Until 3:00AM Tue
Tritiya Until 2:41PM

Ganesha: Clear *Sunrise: 6:38AM*
Muruqa: Red *Sunset: 5:03PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Devaloka Day

2

Tuesday, December 29, 2015

Kataka Rasi: 26.2 Tithi 19 – 20
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal
Sun 3 Sutra 261
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 11:51AM – 1:09PM **Ashlesha* Until 12:50PM**
Yama 9:15AM – 10:33AM Vishkambha* Until 1:17PM
Rahu 2:27PM – 3:46PM Kaulava Until 4:09AM Wed
Chaturthi* Until 3:28PM

Ganesha: Clear *Sunrise: 6:38AM*
Muruqa: Red *Sunset: 5:04PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Devaloka Day

3

Wednesday, December 30, 2015

Simha Rasi: 8.46 Tithi 20 – 21
856119366
Creative Work Siddha Yoga
Until 2:56PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal
Sun 4 Sutra 262
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 10:33AM – 11:52AM **Magha* Until 2:56PM**
Yama 7:57AM – 9:15AM Priti Until 1:14PM
Rahu 11:52AM – 1:10PM Gara Until 6:00AM Thu
Panchami Until 4:58PM

Ganesha: White *Sunrise: 6:39AM*
Muruqa: Red *Sunset: 5:05PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

4

Thursday, December 31, 2015

Simha Rasi: 20.55 Tithi 21
856119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal
Sun 5 Sutra 263
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 9:16AM – 10:34AM **Purvaphalguni Until 5:29PM**
Yama 6:39AM – 7:57AM Ayushman Until 1:39PM
Rahu 1:10PM – 2:29PM Vanija Until 6:00AM
Shashthi* Until 7:06PM

Ganesha: White *Sunrise: 6:39AM*
Muruqa: Red *Sunset: 5:05PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

5

Friday, January 1, 2016

Kanya Rasi: 2.52 Tithi 22
856119366
Creative Work Siddha Yoga
Until 8:17PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 264
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 7:58AM – 9:16AM **Uttaraphalguni Until 8:17PM**
Yama 2:30PM – 3:48PM Saubhagya Until 2:26PM
Rahu 10:35AM – 11:53AM Visti Until 8:22AM
Saptami Until 9:40PM

Ganesha: White *Sunrise: 6:40AM*
Muruqa: Red *Sunset: 5:07PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Bhuloka Day
Devaloka Time: 12:PM to 3:PM



Saturday, January 2, 2016
Retreat Star

Kanya Rasi: 14.41 Tithi 23
866119366
Routine Work Marana Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 265
Manmatha 5117
Moon 12 - Phase 35
Ashtami

Gulika 6:40AM – 7:58AM **Hasta Until 11:34PM**
Yama 1:12PM – 2:30PM Sobhana Until 3:25PM
Rahu 9:17AM – 10:35AM Balava Until 11:03AM
Ashtami* Until 12:23AM Sun

Ganesha: Yellow *Sunrise: 6:40AM*
Muruqa: Red *Sunset: 5:07PM*
Nataraja: Green
Moon – Green
Margasira-Markali

Devaloka Day

Sunday, January 3, 2016
Retreat Star

Kanya Rasi: 26.29 Tithi 24
866119366
Creative Work Siddha Yoga
Until 2:35AM Mon
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Navamyam Titau

Kathmandu, Nepal
Sun 8 Sutra 266
Manmatha 5117
Moon 12 - Phase 35
Navami

Gulika 2:31PM – 3:49PM **Chitra Until 2:35AM Mon**
Yama 11:54AM – 1:12PM Athiganda* Until 4:20PM
Rahu 3:49PM – 5:08PM Tailila Until 1:45PM
Navami* Until 3:00AM Mon

Ganesha: Yellow *Sunrise: 6:40AM*
Muruqa: Red *Sunset: 5:08PM*
Nataraja: Green
Moon – Green
Margasira-Markali

Devaloka Day

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

1	Monday, January 4, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau	Kathmandu, Nepal Sun 9 Sutra 267 Manmatha 5117
Tula Rasi: 8.21	Tithi 25	Gulika 1:13PM – 2:32PM Yama 10:36AM – 11:54AM Rahu 7:59AM – 9:17AM	Svati Until 5:06AM Tue Sukarma Until 5:04PM Vanija Until 4:12PM Dashami Until 5:14AM Tue
Family Home Evening Creative Work Amrita Yoga Until 5:06AM Tue Then Routine Work - Marana Yoga	867119366		Ganesha: Blue <i>Sunrise:</i> 6:40AM Muruqa: Red <i>Sunset:</i> 5:09PM Nataraja: Green Moon – Green Margasira-Markali Sivaloka Day
2	Tuesday, January 5, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Bava Karana Ekadashyam Titau	Kathmandu, Nepal Sun 10 Sutra 268 Manmatha 5117
Tula Rasi: 20.22	Tithi 26	Gulika 11:55AM – 1:14PM Yama 9:18AM – 10:36AM Rahu 2:32PM – 3:51PM	Vishakha Until 7:25AM Wed Dhriti Until 5:27PM Bava Until 6:10PM Ekadashi* Until 6:54AM Wed
Routine Work Marana Yoga Until 7:25AM Wed Then Creative Work - Siddha Yoga	877119366	Subramuniyaswami Jayanti	Ganesha: Red <i>Sunrise:</i> 6:40AM Muruqa: Red <i>Sunset:</i> 5:09PM Nataraja: Green Moon – Orange Margasira-Markali Devaloka Day
3	Wednesday, January 6, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 11 Sutra 269 Manmatha 5117
Virschika Rasi: 2.35	Tithi 26 – 27	Gulika 10:37AM – 11:55AM Yama 7:59AM – 9:18AM Rahu 11:55AM – 1:14PM	Vishakha Until 7:25AM Shula* Until 5:21PM Kaulava Until 7:31PM Ekadashi* Until 6:54AM
Creative Work Siddha Yoga	877119366		Ganesha: Red <i>Sunrise:</i> 6:41AM Muruqa: Red <i>Sunset:</i> 5:10PM Nataraja: Green Moon – Orange Margasira-Markali Devaloka Day
4	Thursday, January 7, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 12 Sutra 270 Manmatha 5117
Virschika Rasi: 15.07	Tithi 27 – 28	Gulika 9:18AM – 10:37AM Yama 6:41AM – 7:59AM Rahu 1:15PM – 2:33PM	Anuradha Until 8:56AM Ganda* Until 4:45PM Gara Until 8:11PM Dvadashi* Until 7:55AM <i>Pradosha Vrata (Fasting)</i>
Creative Work Siddha Yoga Until 8:56AM Then Routine Work - Prabalarishta Yoga	877119366		Ganesha: Red <i>Sunrise:</i> 6:41AM Muruqa: Red <i>Sunset:</i> 5:11PM Nataraja: Green Moon – Orange Margasira-Markali Devaloka Day
5	Friday, January 8, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 13 Sutra 271 Manmatha 5117
Virschika Rasi: 27.56	Tithi 28 – 29	Gulika 8:00AM – 9:18AM Yama 2:34PM – 3:53PM Rahu 10:37AM – 11:56AM	Jyeshtha* Until 9:38AM Vridhi Until 3:39PM Visti Until 8:11PM Trayodashi* Until 8:15AM
Routine Work Marana Yoga Until 9:38AM Then Creative Work - Amrita Yoga	877119366		Ganesha: Red <i>Sunrise:</i> 6:41AM Muruqa: Red <i>Sunset:</i> 5:12PM Nataraja: Green Moon – Orange Margasira-Markali Devaloka Day
Retreat Star	Saturday, January 9, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kathmandu, Nepal Sun 14 Sutra 272 Manmatha 5117
Dhanus Rasi: 11.05	Tithi 29 – 30	Gulika 6:41AM – 8:00AM Yama 1:16PM – 2:34PM Rahu 9:19AM – 10:38AM	Mula* Until 10:00AM Dhruva Until 2:01PM Catuspada Until 7:33PM Chaturdashi* Until 7:55AM
Creative Work Siddha Yoga	887119366	Hanumath Jayanthi (Tamil Nadu)	Ganesha: Yellow <i>Sunrise:</i> 6:41AM Muruqa: Red <i>Sunset:</i> 5:12PM Nataraja: Green Moon – Light Blue Margasira-Markali Devaloka Day
Retreat Star	Sunday, January 10, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kathmandu, Nepal Sun 15 Sutra 273 Manmatha 5117
Dhanus Rasi: 24.34	Tithi 30 – 1	Gulika 2:35PM – 3:54PM Yama 11:57AM – 1:16PM Rahu 3:54PM – 5:13PM	Purvashadha* Until 9:41AM Vyaghata* Until 11:59AM Kintughna Until 6:25PM Amavasya* Until 7:01AM
Creative Work Siddha Yoga Until 9:41AM Then Creative Work - Amrita Yoga	888119366		Ganesha: White <i>Sunrise:</i> 6:41AM Muruqa: Red <i>Sunset:</i> 5:13PM Nataraja: Green Moon – Light Blue Pausha-Markali Bhuloka Day Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Monday, January 11, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 274
	Makara Rasi: 8.17 Tithi 2 Family Home Evening 888119366 Routine Work Marana Yoga Until 8:48AM Then Creative Work - Amrita Yoga	Gulika 1:17PM – 2:36PM Yama 10:38AM – 11:57AM Rahu 8:00AM – 9:19AM	Uttarashadha Until 8:48AM Harshana Until 9:37AM Balava Until 4:53PM Dvitiya Until 3:59AM Tue	Ganesha: White <i>Sunrise:</i> 6:41AM Muruga: Red <i>Sunset:</i> 5:14PM Nataraja: Green Moon – Light Blue Pausha-Markali


2	Tuesday, January 12, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddha Yoga Taitila/Gara Karana Tritiyayam Titau		Kathmandu, Nepal Sun 17 Sutra 275
	Makara Rasi: 22.14 Tithi 3 898119366 Creative Work Siddha Yoga	Gulika 11:58AM – 1:17PM Yama 9:19AM – 10:39AM Rahu 2:36PM – 3:55PM	Shravana Until 7:52AM Vajra* Until 6:59AM Taitila Until 3:04PM Tritiya Until 2:04AM Wed	Ganesha: Green <i>Sunrise:</i> 6:41AM Muruga: Red <i>Sunset:</i> 5:15PM Nataraja: Green Moon – Purple Pausha-Markali


3	Wednesday, January 13, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipala* Yoga Vanija/Visti* Karana Chaturthyam Titau		Kathmandu, Nepal Sun 18 Sutra 276
	Kumbha Rasi: 6.18 Tithi 4 898219366 Routine Work Prabalarishta Yoga Until 6:36AM Then Creative Work - Siddha Yoga	Gulika 10:39AM – 11:58AM Yama 8:00AM – 9:20AM Rahu 11:58AM – 1:18PM	Dhanishtha Until 6:36AM Vyatipala* Until 1:19AM Thu Vanija Until 1:05PM Chaturthi* Until 12:02AM Thu	Ganesha: Red <i>Sunrise:</i> 6:41AM Muruga: Red <i>Sunset:</i> 5:15PM Nataraja: Green Moon – Purple Pausha-Markali

4	Thursday, January 14, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau		Kathmandu, Nepal Sun 19 Sutra 277
	Kumbha Rasi: 20.26 Tithi 5 818211366 Creative Work Siddha Yoga	Gulika 9:20AM – 10:39AM Yama 6:41AM – 8:00AM Rahu 1:18PM – 2:37PM	Purvaproshtpada* Until 3:51AM Fri Variyan Until 10:24PM Bava Until 11:01AM Panchami Until 9:57PM	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruga: Green <i>Sunset:</i> 5:16PM Nataraja: Green Moon – Clear Pausha-Markali

5	Friday, January 15, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Kathmandu, Nepal Sun 20 Sutra 278
	Meena Rasi: 4.35 Tithi 6 818211366 Creative Work Siddha Yoga Until 2:29AM Sat Then Routine Work - Prabalarishta Yoga	Gulika 8:00AM – 9:20AM Yama 2:38PM – 3:58PM Rahu 10:39AM – 11:59AM	Uttaraproshtpada Until 2:29AM Sat Parigha* Until 7:30PM Kaulava Until 8:56AM Shashthi* Until 7:54PM	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruga: Green <i>Sunset:</i> 5:17PM Nataraja: Green Moon – Clear Pausha-Thai

6	Saturday, January 16, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Kathmandu, Nepal Sun 21 Sutra 279
	Meena Rasi: 18.44 Tithi 7 – 8 818211366 Routine Work Prabalarishta Yoga Until 1:02AM Sun Then Creative Work - Siddha Yoga	Gulika 6:41AM – 8:00AM Yama 1:19PM – 2:39PM Rahu 9:20AM – 10:40AM	Revati Until 1:02AM Sun Shiva Until 4:39PM Gara Until 6:54AM Saptami Until 5:53PM	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruga: Green <i>Sunset:</i> 5:18PM Nataraja: Green Moon – Clear Pausha-Thai

	Sunday, January 17, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kathmandu, Nepal Sun 22 Sutra 280
	Retreat Star Mesha Rasi: 2.49 Tithi 8 – 9 829211366 Creative Work Siddha Yoga Until 11:56PM Then Routine Work - Prabalarishta Yoga	Gulika 2:39PM – 3:59PM Yama 12:00PM – 1:19PM Rahu 3:59PM – 5:19PM	Ashvini Until 11:56PM Siddha Until 1:51PM Balava Until 3:02AM Mon Ashtami* Until 3:57PM	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruga: Green <i>Sunset:</i> 5:19PM Nataraja: Green Moon – White Pausha-Thai

	Monday, January 18, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 23 Sutra 281
	Retreat Star Mesha Rasi: 16.52 Tithi 9 – 10 Family Home Evening 829211366 Creative Work Siddha Yoga Until 10:48PM Then Routine Work - Marana Yoga	Gulika 1:20PM – 2:40PM Yama 10:40AM – 12:00PM Rahu 8:00AM – 9:20AM	Bharani Until 10:48PM Sadhya Until 11:07AM Taitila Until 1:15AM Tue Navami* Until 2:07PM	Ganesha: Clear <i>Sunrise:</i> 6:40AM Muruga: Green <i>Sunset:</i> 5:19PM Nataraja: Green Moon – White Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time


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1	Tuesday, January 19, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 282
	839211366	89211366	Gulika 12:00PM – 1:20PM Yama 9:20AM – 10:40AM Rahu 2:40PM – 4:00PM	Krittika Until 9:39PM Subha Until 8:30AM Vanija Until 11:35PM Dashami Until 12:23PM	Ganesha: Clear Muruga: Green Nataraja: Green Moon – White Pausha*Thai	Sunrise: 6:40AM Sunset: 5:20PM	Manmatha 5117 Moon 12 - Phase 38 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Until 9:39PM Then Creative Work - Amrita Yoga							

2	Wednesday, January 20, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 283
	839211366	89211366	Gulika 10:40AM – 12:01PM Yama 8:00AM – 9:20AM Rahu 12:01PM – 1:21PM	Rohini Until 8:56PM Brahma Until 3:34AM Thu Bava Until 10:05PM Ekadashi Until 10:47AM	Ganesha: White Muruga: Green Nataraja: Green Moon – Yellow Pausha*Thai	Sunrise: 6:40AM Sunset: 5:21PM	Manmatha 5117 Moon 12 - Phase 38 4th Phase Bhuloka Day
Creative Work Siddha Yoga							

3	Thursday, January 21, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 284
	839211366	89211366	Gulika 9:20AM – 10:41AM Yama 6:40AM – 8:00AM Rahu 1:21PM – 2:41PM	Mrigashira Until 8:19PM Indra Until 1:24AM Fri Kaulava Until 8:49PM Dvadashi Until 9:24AM <i>Pradosha Vrata</i>	Ganesha: White Muruga: Green Nataraja: Green Moon – Yellow Pausha*Thai	Sunrise: 6:40AM Sunset: 5:22PM	Manmatha 5117 Moon 12 - Phase 38 4th Phase Bhuloka Day
Routine Work Marana Yoga							

4	Friday, January 22, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 285
	839211366	89211366	Gulika 8:00AM – 9:20AM Yama 2:42PM – 4:02PM Rahu 10:41AM – 12:01PM	Ardra Until 7:51PM Vaidhriti* Until 11:28PM Gara Until 7:52PM Trayodashi Until 8:17AM	Ganesha: White Muruga: Green Nataraja: Green Moon – Yellow Pausha*Thai	Sunrise: 6:39AM Sunset: 5:23PM	Manmatha 5117 Moon 12 - Phase 38 4th Phase Bhuloka Day
Creative Work Siddha Yoga							

	Saturday, January 23, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal Sutra 286
	Copper Retreat Star		839211366	89211366	Gulika 6:39AM – 8:00AM Yama 1:22PM – 2:42PM Rahu 9:20AM – 10:41AM	Punarvasu Until 8:06PM Vishkambha* Until 9:53PM Visti Until 7:21PM Chaturdashi* Until 7:32AM	Ganesha: Yellow Muruga: Green Nataraja: Green Moon – Blue Pausha*Thai
Creative Work Siddha Yoga							

5	Sunday, January 24, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kathmandu, Nepal Sutra 287
	Silver Retreat Star		849211366	89211366	Gulika 2:43PM – 4:04PM Yama 12:02PM – 1:22PM Rahu 4:04PM – 5:24PM	Pushya Until 8:41PM Priti Until 8:44PM Balava Until 7:20PM Purnima* Until 7:15AM Thai Pusam	Ganesha: Yellow Muruga: Green Nataraja: Green Moon – Blue Pausha*Thai
Creative Work Siddha Yoga							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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Monday, January 25, 2016
Gold Retreat Star

Kataka Rasi: 21.37 Tithi 16 – 17
Family Home Evening 941211366
Creative Work Siddha Yoga
Until 9:42PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam Kathmandu, Nepal
Ashlesha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau Sutra 288
Gulika 1:23PM – 2:43PM **Ashlesha* Until 9:42PM** **Ganesha:** Blue *Sunrise:* 6:39AM Manmatha 5117
Yama 10:41AM – 12:02PM **Ayushman Until 8:00PM** **Muruqa:** Green *Sunset:* 5:25PM Moon 1 - Phase 39
Rahu 7:59AM – 9:20AM **Taitila Until 7:55PM** **Nataraja:** Green 1st Phase
Moon – Blue **Bhuloka Day**
Pausha*Thai

1 Tuesday, January 26, 2016

Simha Rasi: 4.14 Tithi 17 – 18
951211366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam Kathmandu, Nepal
Magha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau Sun 1 Sutra 289
Gulika 12:02PM – 1:23PM **Magha* Until 11:37PM** **Ganesha:** Yellow *Sunrise:* 6:38AM Manmatha 5117
Yama 9:20AM – 10:41AM **Saubhagya Until 7:45PM** **Muruqa:** Green *Sunset:* 5:26PM Moon 1 - Phase 39
Rahu 2:44PM – 4:05PM **Vanija Until 9:07PM** **Nataraja:** Green 1st Phase
Moon – Red **Bhuloka Day**
Dvitiya Until 8:25AM **Pausha*Thai** **Devaloka Time: 6:AM to 9:AM**

2 Wednesday, January 27, 2016

Simha Rasi: 16.35 Tithi 18 – 19
951211366
Creative Work Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukhtayam Kathmandu, Nepal
Purvaphalguni Nakshatra Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau Sun 2 Sutra 290
Gulika 10:41AM – 12:02PM **Purvaphalguni Until 1:56AM Thu** **Ganesha:** Yellow *Sunrise:* 6:38AM Manmatha 5117
Yama 7:59AM – 9:20AM **Sobhana Until 7:58PM** **Muruqa:** Green *Sunset:* 5:27PM Moon 1 - Phase 39
Rahu 12:02PM – 1:23PM **Bava Until 10:54PM** **Nataraja:** Green 1st Phase
Moon – Red **Bhuloka Day**
Tritiya Until 9:55AM **Pausha*Thai** **Devaloka Time: 6:AM to 9:AM**

3 Thursday, January 28, 2016

Simha Rasi: 28.41 Tithi 19 – 20
951211366
Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yukhtayam Kathmandu, Nepal
Uttaraphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Sun 3 Sutra 291
Gulika 9:20AM – 10:41AM **Uttaraphalguni Until 4:32AM Fri** **Ganesha:** Yellow *Sunrise:* 6:37AM Manmatha 5117
Yama 6:37AM – 7:59AM **Athiganda* Until 8:33PM** **Muruqa:** Green *Sunset:* 5:27PM Moon 1 - Phase 39
Rahu 1:24PM – 2:45PM **Kaulava Until 1:11AM Fri** **Nataraja:** Green 1st Phase
Moon – Red **Bhuloka Day**
Chaturthi* Until 11:58AM **Pausha*Thai** **Devaloka Time: 6:AM to 9:AM**

4 Friday, January 29, 2016

Kanya Rasi: 10.38 Tithi 20 – 21
961211366
Creative Work Amrita Yoga
Until 7:45AM Sat
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukhtayam Kathmandu, Nepal
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau Sun 4 Sutra 292
Gulika 7:58AM – 9:20AM **Hasta Until 7:45AM Sat** **Ganesha:** White *Sunrise:* 6:37AM Manmatha 5117
Yama 2:45PM – 4:07PM **Sukarma Until 9:23PM** **Muruqa:** Green *Sunset:* 5:28PM Moon 1 - Phase 39
Rahu 10:41AM – 12:03PM **Gara Until 3:47AM Sat** **Nataraja:** Green 1st Phase
Moon – Green **Bhuloka Day**
Panchami Until 2:26PM **Pausha*Thai**

5 Saturday, January 30, 2016

Kanya Rasi: 22.28 Tithi 21 – 22
961211366
Routine Work Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukhtayam Kathmandu, Nepal
Hasta/Chitra Nakshatra Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau Sun 5 Sutra 293
Gulika 6:36AM – 7:58AM **Hasta Until 7:45AM** **Ganesha:** White *Sunrise:* 6:36AM Manmatha 5117
Yama 1:24PM – 2:46PM **Dhriti Until 10:22PM** **Muruqa:** Green *Sunset:* 5:29PM Moon 1 - Phase 39
Rahu 9:20AM – 10:41AM **Visti Until 6:28AM Sun** **Nataraja:** Green 1st Phase
Moon – Green **Bhuloka Day**
Shashthi* Until 5:06PM **Pausha*Thai**

6 Sunday, January 31, 2016

Tula Rasi: 4.16 Tithi 22
961211366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yukhtayam Kathmandu, Nepal
Chitra/Svati Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau Sun 6 Sutra 294
Gulika 2:46PM – 4:08PM **Chitra Until 10:50AM** **Ganesha:** White *Sunrise:* 6:36AM Manmatha 5117
Yama 12:03PM – 1:25PM **Shula* Until 11:14PM** **Muruqa:** Green *Sunset:* 5:30PM Moon 1 - Phase 39
Rahu 4:08PM – 5:30PM **Visti Until 6:28AM** **Nataraja:** Green 1st Phase
Moon – Green **Bhuloka Day**
Saptami Until 7:44PM **Pausha*Thai**

Monday, February 1, 2016
Retreat Star

Tula Rasi: 16.08 Tithi 23
961211366
Family Home Evening
Creative Work Amrita Yoga
Until 1:34PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam Kathmandu, Nepal
Svati/Vishakha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau Sun 7 Sutra 295
Gulika 1:25PM – 2:46PM **Svati Until 1:34PM** **Ganesha:** White *Sunrise:* 6:36AM Manmatha 5117
Yama 10:41AM – 12:03PM **Ganda* Until 11:54PM** **Muruqa:** Green *Sunset:* 5:30PM Moon 1 - Phase 39
Rahu 7:58AM – 9:19AM **Balava Until 8:59AM** **Nataraja:** Green Ashtami
Moon – Green **Bhuloka Day**
Ashtami* Until 10:05PM **Pausha*Thai**

Tuesday, February 2, 2016

Retreat Star

Tula Rasi: 28.08 Tithi 24
971211366
Routine Work Marana Yoga
Until 4:13PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam Kathmandu, Nepal
Vishakha/Anuradha Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau Sun 8 Sutra 296
Gulika 12:03PM – 1:25PM **Vishakha Until 4:13PM** **Ganesha:** Clear *Sunrise:* 6:35AM Manmatha 5117
Yama 9:19AM – 10:41AM **Vriddhi Until 12:11AM Wed** **Muruqa:** Green *Sunset:* 5:31PM Moon 1 - Phase 39
Rahu 2:47PM – 4:09PM **Taitila Until 11:07AM** **Nataraja:** Green Navami
Moon – Orange **Bhuloka Day**
Navami* Until 11:56PM **Pausha*Thai** **Devaloka Time: 6:AM to 9:AM**

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 3, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhruva Yoga Vanija/Visli* Karana Dashamyam Titau	Kathmandu, Nepal Sun 9 Sutra 297
	Manmatha 5117		
Vrischika Rasi: 10.22	Tithi 25	971211366	
Creative Work	Siddha Yoga		
		Gulika 10:41AM – 12:03PM Yama 7:57AM – 9:19AM Rahu 12:03PM – 1:25PM	Anuradha Until 6:07PM Dhruva Until 11:56PM Vanija Until 12:38PM Dashami Until 1:06AM Thu
			Ganesha: Clear <i>Sunrise:</i> 6:35AM Muruga: Green <i>Sunset:</i> 5:31PM Nataraja: Green Moon – Orange Bhuloka Day Devaloka Time: 6:AM to 9:AM Pausha*Thai

2	Thursday, February 4, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Kathmandu, Nepal Sun 10 Sutra 298
	Manmatha 5117		
Vrischika Rasi: 22.54	Tithi 26	972211367	
Routine Work	Prabalarishta Yoga		
Until 7:08PM			
Then Creative Work	Siddha Yoga		
		Gulika 9:19AM – 10:41AM Yama 6:34AM – 7:57AM Rahu 1:26PM – 2:48PM	Jyeshtha* Until 7:08PM Vyaghata* Until 11:08PM Bava Until 1:26PM Ekadashi* Until 1:31AM Fri
			Ganesha: Orange <i>Sunrise:</i> 6:34AM Muruga: Green <i>Sunset:</i> 5:32PM Nataraja: White Moon – Orange Bhuloka Day Devaloka Time: 6:AM to 9:AM Pausha*Thai

3	Friday, February 5, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Kathmandu, Nepal Sun 11 Sutra 299
	Manmatha 5117		
Dhanus Rasi: 5.47	Tithi 27	982211367	
Creative Work	Amrita Yoga		
Until 7:43PM			
Then Routine Work	Prabalarishta Yoga		
		Gulika 7:56AM – 9:19AM Yama 2:48PM – 4:11PM Rahu 10:41AM – 12:03PM	Mula* Until 7:43PM Harshana Until 9:44PM Kaulava Until 1:27PM Dvadashi* Until 1:09AM Sat
			Ganesha: Light Blue <i>Sunrise:</i> 6:34AM Muruga: Green <i>Sunset:</i> 5:33PM Nataraja: White Moon – Light Blue Bhuloka Day Pausha*Thai

4	Saturday, February 6, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau	Kathmandu, Nepal Sun 12 Sutra 300
	Manmatha 5117		
Dhanus Rasi: 19.04	Tithi 28	982211367	
Creative Work	Siddha Yoga		
Until 7:25PM			
Then Routine Work	Marana Yoga		
		Gulika 6:33AM – 7:56AM Yama 1:26PM – 2:49PM Rahu 9:18AM – 10:41AM	Purvashadha* Until 7:25PM Vajra* Until 7:45PM Gara Until 12:43PM Trayodashi* Until 12:04AM Sun <i>Pradosha Vrata (Fasting)</i>
			Ganesha: Light Blue <i>Sunrise:</i> 6:33AM Muruga: Green <i>Sunset:</i> 5:34PM Nataraja: White Moon – Light Blue Bhuloka Day Pausha*Thai

5	Sunday, February 7, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Visli*/Sakuni* Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 13 Sutra 301
	Manmatha 5117		
Makara Rasi: 2.44	Tithi 29	982311367	
Creative Work	Amrita Yoga		
Until 5:03PM			
Then Creative Work	Siddha Yoga		
		Gulika 2:49PM – 4:12PM Yama 12:04PM – 1:26PM Rahu 4:12PM – 5:34PM	Uttarashadha Until 6:21PM Siddhi Until 5:15PM Visli Until 11:19AM Chaturdashi* Until 10:22PM
			Ganesha: Purple <i>Sunrise:</i> 6:33AM Muruga: Green <i>Sunset:</i> 5:34PM Nataraja: White Moon – Light Blue Bhuloka Day Pausha*Thai

Monday, February 8, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kathmandu, Nepal Sun 14 Sutra 302
	Manmatha 5117		
Makara Rasi: 16.45	Tithi 30	992311367	
Family Home Evening			
Creative Work	Amrita Yoga		
Until 5:03PM			
Then Creative Work	Siddha Yoga		
		Gulika 1:26PM – 2:49PM Yama 10:41AM – 12:04PM Rahu 7:55AM – 9:18AM	Shravana Until 5:03PM Vyatipata* Until 2:22PM Catuspada Until 9:20AM Amavasya* Until 8:10PM
			Ganesha: Light Blue <i>Sunrise:</i> 6:32AM Muruga: Green <i>Sunset:</i> 5:35PM Nataraja: White Moon – Purple Bhuloka Day Pausha*Thai

Tuesday, February 9, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau	Kathmandu, Nepal Sun 15 Sutra 303
	Manmatha 5117		
Kumbha Rasi: 1.04	Tithi 1 – 2	992311367	
Creative Work	Siddha Yoga		
Until 3:15PM			
Then Routine Work	Marana Yoga		
		Gulika 12:04PM – 1:27PM Yama 9:17AM – 10:41AM Rahu 2:50PM – 4:13PM	Dhanishtha Until 3:15PM Variyan Until 11:08AM Kintughna Until 6:57AM Prathama* Until 5:37PM
			Ganesha: Light Blue <i>Sunrise:</i> 6:31AM Muruga: Green <i>Sunset:</i> 5:36PM Nataraja: White Moon – Purple Bhuloka Day Magha*Thai

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time

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1	Wednesday, February 10, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvilya/Trilyayam Titau	Kathmandu, Nepal Sun 16 Sutra 304
	Kumbha Rasi: 15.35 Tithi 2 - 3 992311367	Gulika 10:40AM - 12:04PM Yama 7:54AM - 9:17AM Rahu 12:04PM - 1:27PM	Shatabhishak Until 1:05PM Parigha* Until 7:42AM Taitila Until 1:27AM Thu Dvitiya Until 2:51PM

Creative Work Siddha Yoga
Until 1:05PM
Then Creative Work - Amrita Yoga

Ganesha: Light Blue Muruga: Green Nataraja: White Moon - Purple	<i>Sunrise:</i> 6:31AM <i>Sunset:</i> 5:37PM	Manmatha 5117 Moon 1 - Phase 41 3rd Phase
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Bhuloka Day

2	Thursday, February 11, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Trilya/Chaturthyam Titau	Kathmandu, Nepal Sun 17 Sutra 305
	Meena Rasi: 0.13 Tithi 3 - 4 912311367	Gulika 9:17AM - 10:40AM Yama 6:30AM - 7:53AM Rahu 1:27PM - 2:51PM	Purvaproshtapada* Until 11:07AM Siddha Until 12:40AM Fri Vanija Until 10:38PM Tritiya Until 12:01PM

Creative Work Siddha Yoga

Ganesha: Orange Muruga: Green Nataraja: White Moon - Clear	<i>Sunrise:</i> 6:30AM <i>Sunset:</i> 5:37PM	Manmatha 5117 Moon 1 - Phase 41 3rd Phase
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Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3	Friday, February 12, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kathmandu, Nepal Sun 18 Sutra 306
	Meena Rasi: 14.49 Tithi 4 - 5 912311367	Gulika 7:53AM - 9:16AM Yama 2:51PM - 4:15PM Rahu 10:40AM - 12:04PM	Uttaraproshtapada Until 9:03AM Sadhya Until 9:15PM Bava Until 7:55PM Chaturthi* Until 9:14AM

Creative Work Siddha Yoga

Ganesha: Orange Muruga: Green Nataraja: White Moon - Clear	<i>Sunrise:</i> 6:29AM <i>Sunset:</i> 5:38PM	Manmatha 5117 Moon 1 - Phase 41 3rd Phase
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Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4	Saturday, February 13, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau	Kathmandu, Nepal Sun 19 Sutra 307
	Meena Rasi: 29.18 Tithi 5 - 6 912311367	Gulika 6:28AM - 7:52AM Yama 1:27PM - 2:51PM Rahu 9:16AM - 10:40AM	Revati Until 7:00AM Subha Until 6:01PM Taitila Until 4:14AM Sun Panchami Until 6:36AM

Routine Work Prabalarishta Yoga
Until 7:00AM
Then Creative Work - Siddha Yoga

Ganesha: Orange Muruga: Green Nataraja: White Moon - Clear	<i>Sunrise:</i> 6:28AM <i>Sunset:</i> 5:39PM	Manmatha 5117 Moon 1 - Phase 41 3rd Phase
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Bhuloka Day
Devaloka Time: 6:AM to 9:AM

5	Sunday, February 14, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau	Kathmandu, Nepal Sun 20 Sutra 308
	Mesha Rasi: 13.38 Tithi 7 922311367	Gulika 2:52PM - 4:16PM Yama 12:04PM - 1:28PM Rahu 4:16PM - 5:40PM	Bharani Until 4:07AM Mon Sukla Until 2:59PM Gara Until 3:10PM Saptami Until 2:09AM Mon

Routine Work Prabalarishta Yoga
Until 4:07AM Mon
Then Routine Work - Marana Yoga

Ganesha: Green Muruga: Green Nataraja: White Moon - White	<i>Sunrise:</i> 6:28AM <i>Sunset:</i> 5:40PM	Manmatha 5117 Moon 1 - Phase 41 3rd Phase
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Bhuloka Day

Monday, February 15, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau	Kathmandu, Nepal Sun 21 Sutra 309
	Mesha Rasi: 27.45 Tithi 8 Family Home Evening 922311367	Gulika 1:28PM - 2:52PM Yama 10:39AM - 12:04PM Rahu 7:51AM - 9:15AM	Krittika Until 2:59AM Tue Brahma Until 12:15PM Visti Until 1:16PM Ashtami* Until 12:26AM Tue

Routine Work Marana Yoga
Until 2:59AM Tue
Then Creative Work - Amrita Yoga

Ganesha: Green Muruga: Green Nataraja: White Moon - White	<i>Sunrise:</i> 6:27AM <i>Sunset:</i> 5:40PM	Manmatha 5117 Moon 1 - Phase 41 Ashtami
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Bhuloka Day

Tuesday, February 16, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau	Kathmandu, Nepal Sun 22 Sutra 310
	Vrishabha Rasi: 11.38 Tithi 9 932311367	Gulika 12:04PM - 1:28PM Yama 9:15AM - 10:39AM Rahu 2:52PM - 4:17PM	Rohini Until 2:30AM Wed Indra Until 9:48AM Balava Until 11:44AM Navami* Until 11:06PM

Creative Work Amrita Yoga
Until 2:30AM Wed
Then Creative Work - Siddha Yoga

Ganesha: Red Muruga: Green Nataraja: White Moon - Yellow	<i>Sunrise:</i> 6:26AM <i>Sunset:</i> 5:41PM	Manmatha 5117 Moon 1 - Phase 41 Navami
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Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1	Wednesday, February 17, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau		Kathmandu, Nepal Sun 23 Sutra 311
	933311367	Gulika 10:39AM – 12:04PM Yama 7:50AM – 9:14AM Rahu 12:04PM – 1:28PM	Mrigashira Until 2:16AM Thu Vaidhriti* Until 7:38AM Taitila Until 10:36AM Dashami Until 10:09PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM Muruga: Green <i>Sunset:</i> 5:42PM Nataraja: White Moon – Yellow Magha-Masi

Manmatha 5117
Moon 1 - Phase 42
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 2:16AM Thu
Then Routine Work - Marana Yoga

2	Thursday, February 18, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Priti Yoga Vanija/Visli* Karana Ekadashyam Titau		Kathmandu, Nepal Sun 24 Sutra 312
	933311367	Gulika 9:14AM – 10:39AM Yama 6:25AM – 7:49AM Rahu 1:28PM – 2:53PM	Ardra Until 2:16AM Fri Priti Until 4:18AM Fri Vanija Until 9:51AM Ekadashi Until 9:36PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM Muruga: Green <i>Sunset:</i> 5:42PM Nataraja: White Moon – Yellow Magha-Masi

Manmatha 5117
Moon 1 - Phase 42
4th Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 2:16AM Fri
Then Creative Work - Siddha Yoga

3	Friday, February 19, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Kathmandu, Nepal Sun 25 Sutra 313
	943311367	Gulika 7:49AM – 9:14AM Yama 2:53PM – 4:18PM Rahu 10:38AM – 12:03PM	Punarvasu Until 2:59AM Sat Ayushman Until 3:06AM Sat Bava Until 9:31AM Dvadashi Until 9:29PM	Ganesha: Blue <i>Sunrise:</i> 6:24AM Muruga: Green <i>Sunset:</i> 5:43PM Nataraja: White Moon – Blue Magha-Masi

Manmatha 5117
Moon 1 - Phase 42
4th Phase

Bhuloka Day

Creative Work Siddha Yoga

4	Saturday, February 20, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Kathmandu, Nepal Sun 26 Sutra 314
	943311367	Gulika 6:23AM – 7:48AM Yama 1:28PM – 2:53PM Rahu 9:13AM – 10:38AM	Pushya Until 3:59AM Sun Saubhagya Until 2:16AM Sun Kaulava Until 9:36AM Trayodashi Until 9:48PM <i>Pradosha Vrata</i>	Ganesha: Blue <i>Sunrise:</i> 6:23AM Muruga: Green <i>Sunset:</i> 5:44PM Nataraja: White Moon – Blue Magha-Masi

Manmatha 5117
Moon 1 - Phase 42
4th Phase

Bhuloka Day

Creative Work Siddha Yoga

5	Sunday, February 21, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Kathmandu, Nepal Sun 27 Sutra 315
	943311367	Gulika 2:54PM – 4:19PM Yama 12:03PM – 1:28PM Rahu 4:19PM – 5:44PM	Ashlesha* Until 5:16AM Mon Sobhana Until 1:48AM Mon Gara Until 10:09AM Chaturdashi* Until 10:34PM	Ganesha: Blue <i>Sunrise:</i> 6:22AM Muruga: Green <i>Sunset:</i> 5:44PM Nataraja: White Moon – Blue Magha-Masi

Manmatha 5117
Moon 1 - Phase 42
4th Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 5:16AM Mon
Then Routine Work - Marana Yoga

○	Monday, February 22, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Visli*/Bava Karana Purnimayam Titau		Kathmandu, Nepal Sutra 316
	953311367	Gulika 1:29PM – 2:54PM Yama 10:38AM – 12:03PM Rahu 7:47AM – 9:12AM	Magha* Until 7:20AM Tue Athiganda* Until 1:40AM Tue Visli Until 11:09AM Purnima* Until 11:49PM	Ganesha: Red <i>Sunrise:</i> 6:21AM Muruga: Green <i>Sunset:</i> 5:45PM Nataraja: White Moon – Red Magha-Masi

Manmatha 5117
Moon 1 - Phase 42
Purnima

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Simha Rasi: 0.17 Tithi 15
Family Home Evening
Routine Work Marana Yoga
Until 7:20AM Tue
Then Creative Work - Siddha Yoga

○	Tuesday, February 23, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau		Kathmandu, Nepal Sutra 317
	953311367	Gulika 12:03PM – 1:29PM Yama 9:12AM – 10:37AM Rahu 2:54PM – 4:20PM	Magha* Until 7:20AM Sukarma Until 1:54AM Wed Balava Until 12:39PM Prathama* Until 1:32AM Wed	Ganesha: Red <i>Sunrise:</i> 6:20AM Muruga: Green <i>Sunset:</i> 5:46PM Nataraja: White Moon – Red Magha-Masi

Manmatha 5117
Moon 1 - Phase 42
Prathama

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Simha Rasi: 12.38 Tithi 16
Silver Retreat Star
Creative Work Siddha Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Wednesday, February 24, 2016
Gold Retreat Star

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal
Sutra 318

Simha Rasi: 24.48 Tithi 17
953311367
Creative Work Amrita Yoga

Gulika 10:37AM – 12:03PM
Yama 7:45AM – 9:11AM
Rahu 12:03PM – 1:29PM

Purvaphalguni Until 9:41AM
Dhriti Until 2:28AM Thu
Tailila Until 2:35PM
Dvitiya Until 3:40AM Thu

Ganesha: Red *Sunrise:* 6:19AM
Muruqa: Green *Sunset:* 5:46PM
Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Thursday, February 25, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 319

Kanya Rasi: 6.49 Tithi 18
953311367
Amrita Yoga

Gulika 9:10AM – 10:37AM
Yama 6:18AM – 7:44AM
Rahu 1:29PM – 2:55PM

Uttaraphalguni Until 12:13PM
Shula* Until 3:14AM Fri
Vanija Until 4:53PM
Tritiya Until 6:07AM Fri

Ganesha: Red *Sunrise:* 6:18AM
Muruqa: Green *Sunset:* 5:47PM
Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 12:13PM
Then Routine Work - Marana Yoga

2

Friday, February 26, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal
Sun 2 Sutra 320

Kanya Rasi: 18.42 Tithi 18 – 19
963311367
Amrita Yoga

Gulika 7:44AM – 9:10AM
Yama 2:55PM – 4:21PM
Rahu 10:36AM – 12:02PM

Hasta Until 3:22PM
Ganda* Until 4:10AM Sat
Bava Until 7:26PM
Tritiya Until 6:07AM

Ganesha: Green *Sunrise:* 6:17AM
Muruqa: Green *Sunset:* 5:48PM
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Until 3:22PM
Then Creative Work - Siddha Yoga

3

Saturday, February 27, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal
Sun 3 Sutra 321

Tula Rasi: 0.32 Tithi 19 – 20
963311367
Marana Yoga

Gulika 6:16AM – 7:43AM
Yama 1:29PM – 2:55PM
Rahu 9:09AM – 10:36AM

Chitra Until 6:27PM
Vriddhi Until 5:09AM Sun
Kaulava Until 10:05PM
Chaturthi* Until 8:44AM

Ganesha: Green *Sunrise:* 6:16AM
Muruqa: Green *Sunset:* 5:48PM
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Until 6:27PM
Then Creative Work - Siddha Yoga

4

Sunday, February 28, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Tailila/Gara Karana Panchami/Shashtyayam Titau

Kathmandu, Nepal
Sun 4 Sutra 322

Tula Rasi: 12.21 Tithi 20 – 21
963311367
Siddha Yoga

Gulika 2:55PM – 4:22PM
Yama 12:02PM – 1:29PM
Rahu 4:22PM – 5:49PM

Svati Until 9:18PM
Dhruva Until 5:59AM Mon
Gara Until 12:38AM Mon
Panchami Until 11:22AM

Ganesha: Green *Sunrise:* 6:15AM
Muruqa: Green *Sunset:* 5:49PM
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Until 9:18PM
Then Routine Work - Marana Yoga

5

Monday, February 29, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 323

Tula Rasi: 24.13 Tithi 21 – 22
973311367
Family Home Evening
Marana Yoga

Gulika 1:29PM – 2:56PM
Yama 10:35AM – 12:02PM
Rahu 7:41AM – 9:08AM

Vishakha Until 12:15AM Tue
Vyaghata* Until 6:36AM Tue
Visti Until 2:55AM Tue
Shashthi* Until 1:48PM

Ganesha: Orange *Sunrise:* 6:14AM
Muruqa: Green *Sunset:* 5:49PM
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 12:15AM Tue
Then Creative Work - Siddha Yoga

6

Tuesday, March 1, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 324

Vrischika Rasi: 6.13 Tithi 22 – 23
973311367
Siddha Yoga

Gulika 12:02PM – 1:29PM
Yama 9:07AM – 10:34AM
Rahu 2:56PM – 4:23PM

Anuradha Until 2:36AM Wed
Vyaghata* Until 6:36AM
Balava Until 4:42AM Wed
Saptami Until 3:51PM

Ganesha: Orange *Sunrise:* 6:12AM
Muruqa: Green *Sunset:* 5:51PM
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Retreat Star

Wednesday, March 2, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 325

Vrischika Rasi: 18.24 Tithi 23 – 24
973311367
Siddha Yoga

Gulika 10:34AM – 12:01PM
Yama 7:39AM – 9:06AM
Rahu 12:01PM – 1:29PM

Jyeshtha* Until 4:10AM Thu
Harshana Until 6:52AM
Tailila Until 5:50AM Thu
Ashtami* Until 5:20PM

Ganesha: Orange *Sunrise:* 6:11AM
Muruqa: Green *Sunset:* 5:51PM
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Thursday, March 3, 2016

Retreat Star

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Vajra*/Siddhi Yoga Gara Karana Navamyam Titau

Kathmandu, Nepal
Sun 8 Sutra 326

Dhanu Rasi: 0.52 Tithi 24
984311367
Siddha Yoga

Gulika 9:06AM – 10:33AM
Yama 6:10AM – 7:38AM
Rahu 1:29PM – 2:56PM

Mula* Until 5:19AM Fri
Vajra* Until 6:35AM
Gara Until 6:06PM
Navami* Until 6:06PM

Ganesha: Purple *Sunrise:* 6:10AM
Muruqa: Green *Sunset:* 5:52PM
Nataraja: White
Moon – Light Blue
Magha-Masi


Bhuloka Day

Until 5:19AM Fri
Then Routine Work - Prabalarishta Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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1	Friday, March 4, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyalipata* Yoga Vanija/Visli* Karana Dashamyam Titau		Kathmandu, Nepal Sun 9 Sutra 327
Dhanus Rasi: 13.41	Tithi 25	Gulika 7:37AM – 9:05AM	Purvashadha* Until 5:32AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:09AM
	984411367	Yama 2:57PM – 4:25PM	Vyatipata* Until 4:16AM Sat	Muruga: Green <i>Sunset:</i> 5:52PM
Routine Work Prabalarishta Yoga		Rahu 10:33AM – 12:01PM	Vanija Until 6:12AM	Nataraja: White
Until 5:32AM Sat			Dashami Until 6:04PM	Moon – Light Blue
Then Routine Work - Marana Yoga				Magha-Masi
				Bhuloka Day
2	Saturday, March 5, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kathmandu, Nepal Sun 10 Sutra 328
Dhanus Rasi: 26.55	Tithi 26 – 27	Gulika 6:08AM – 7:36AM	Uttarashadha Until 4:49AM Sun	Ganesha: White <i>Sunrise:</i> 6:08AM
	184411367	Yama 1:29PM – 2:57PM	Variyan Until 2:08AM Sun	Muruga: Green <i>Sunset:</i> 5:53PM
Routine Work Marana Yoga		Rahu 9:05AM – 10:33AM	Kaulava Until 4:32AM Sun	Nataraja: White
Until 4:49AM Sun			Ekadashi* Until 5:13PM	Moon – Light Blue
Then Creative Work - Amrita Yoga				Magha-Masi
				Bhuloka Day
3	Sunday, March 6, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Kathmandu, Nepal Sun 11 Sutra 329
Makara Rasi: 10.35	Tithi 27 – 28	Gulika 2:57PM – 4:25PM	Shravana Until 3:42AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:07AM
	194411367	Yama 12:00PM – 1:29PM	Parigha* Until 11:27PM	Muruga: Green <i>Sunset:</i> 5:54PM
Creative Work Amrita Yoga		Rahu 4:25PM – 5:54PM	Gara Until 2:35AM Mon	Nataraja: White
Until 3:42AM Mon			Dvadashi* Until 3:37PM	Moon – Purple
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Magha-Masi
				Bhuloka Day
				Devaloka Time: 6:AM to 9:AM
4	Monday, March 7, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 12 Sutra 330
Makara Rasi: 24.41	Tithi 28 – 29	Gulika 1:29PM – 2:57PM	Dhanishtha Until 1:51AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:06AM
Family Home Evening	194421367	Yama 10:32AM – 12:00PM	Shiva Until 8:17PM	Muruga: White <i>Sunset:</i> 5:54PM
Creative Work Siddha Yoga		Rahu 7:35AM – 9:03AM	Visli Until 12:02AM Tue	Nataraja: White
Until 1:51AM Tue			Trayodashi* Until 1:21PM	Moon – Purple
Then Routine Work - Marana Yoga		Mahasivaratri (Lunar)		Magha-Masi
				Bhuloka Day
				Devaloka Time: 6:AM to 9:AM
	Tuesday, March 8, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kathmandu, Nepal Sun 13 Sutra 331
	Retreat Star	Gulika 12:00PM – 1:29PM	Shatabhishak Until 11:25PM	Ganesha: Clear <i>Sunrise:</i> 6:05AM
Kumbha Rasi: 9.11	Tithi 29 – 30	Yama 9:03AM – 10:31AM	Siddha Until 4:41PM	Muruga: White <i>Sunset:</i> 5:55PM
	194421367	Rahu 2:57PM – 4:26PM	Catuspada Until 9:02PM	Nataraja: White
Routine Work Marana Yoga			Chaturdashi* Until 10:34AM	Moon – Purple
				Magha-Masi
				Bhuloka Day
				Devaloka Time: 6:AM to 9:AM
Wednesday, March 9, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau			Kathmandu, Nepal Sun 14 Sutra 332
	Retreat Star	Gulika 10:31AM – 12:00PM	Purvaproshtapada* Until 8:59PM	Ganesha: Purple <i>Sunrise:</i> 6:04AM
Kumbha Rasi: 23.59	Tithi 30 – 1	Yama 7:33AM – 9:02AM	Sadhya Until 12:51PM	Muruga: White <i>Sunset:</i> 5:55PM
	114421367	Rahu 12:00PM – 1:29PM	Bava Until 4:00AM Thu	Nataraja: White
Creative Work Amrita Yoga			Amavasya* Until 7:23AM	Moon – Clear
Until 8:59PM		Total Solar Eclipse		Phalgun-Masi
Then Creative Work - Siddha Yoga				Bhuloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1	Thursday, March 10, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kathmandu, Nepal Sun 15 Sutra 333 Manmatha 5117
Meena Rasi: 8.57	Tithi 2	Gulika 9:01AM – 10:30AM Yama 6:03AM – 7:32AM Rahu 1:29PM – 2:58PM	Uttaraproshtapada Until 6:18PM Subha Until 8:52AM Balava Until 2:17PM Dvitiya Until 12:32AM Fri
Creative Work Siddha Yoga	114421367	Ganesha: Purple <i>Sunrise:</i> 6:03AM Muruḡa: White <i>Sunset:</i> 5:56PM Nataraja: White Moon – Clear	Bhuloka Day
<hr/>			
2	Friday, March 11, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau	Kathmandu, Nepal Sun 16 Sutra 334 Manmatha 5117
Meena Rasi: 23.58	Tithi 3	Gulika 7:31AM – 9:01AM Yama 2:58PM – 4:27PM Rahu 10:30AM – 11:59AM	Revati Until 3:31PM Brahma Until 12:55AM Sat Taitila Until 10:51AM Tritiya Until 9:10PM
Creative Work Siddha Yoga Until 3:31PM Then Creative Work - Amrita Yoga	114421367	Ganesha: Purple <i>Sunrise:</i> 6:02AM Muruḡa: White <i>Sunset:</i> 5:56PM Nataraja: White Moon – Clear	Bhuloka Day
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3	Saturday, March 12, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthyam Titau	Kathmandu, Nepal Sun 17 Sutra 335 Manmatha 5117
Mesha Rasi: 8.53	Tithi 4	Gulika 6:01AM – 7:30AM Yama 1:28PM – 2:58PM Rahu 9:00AM – 10:29AM	Ashvini Until 1:12PM Indra Until 9:13PM Vanija Until 7:35AM Chaturthi* Until 6:02PM
Creative Work Siddha Yoga	124421367	Ganesha: Light Blue <i>Sunrise:</i> 6:01AM Muruḡa: White <i>Sunset:</i> 5:57PM Nataraja: White Moon – White	Bhuloka Day
<hr/>			
4	Sunday, March 13, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kathmandu, Nepal Sun 18 Sutra 336 Manmatha 5117
Mesha Rasi: 23.35	Tithi 5 – 6	Gulika 2:58PM – 4:28PM Yama 11:59AM – 1:28PM Rahu 4:28PM – 5:57PM	Bharani Until 11:05AM Vaidhriti* Until 5:49PM Kaulava Until 2:03AM Mon Panchami Until 3:15PM
Routine Work Prabalarishta Yoga Until 11:05AM Then Creative Work - Siddha Yoga	124421367	Ganesha: Light Blue <i>Sunrise:</i> 6:00AM Muruḡa: White <i>Sunset:</i> 5:57PM Nataraja: White Moon – White	Bhuloka Day
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5	Monday, March 14, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kathmandu, Nepal Sun 19 Sutra 337 Manmatha 5117
Vrishabha Rasi: 7.58	Tithi 6 – 7	Gulika 1:28PM – 2:58PM Yama 10:28AM – 11:58AM Rahu 7:29AM – 8:58AM	Krittika Until 9:16AM Vishkambha* Until 2:49PM Gara Until 12:00AM Tue Shashthi* Until 12:56PM
Family Home Evening Routine Work Marana Yoga Until 9:16AM Then Creative Work - Amrita Yoga	124421367	Ganesha: Light Blue <i>Sunrise:</i> 5:59AM Muruḡa: White <i>Sunset:</i> 5:58PM Nataraja: White Moon – White	Bhuloka Day
<hr/>			
Retreat Star	Tuesday, March 15, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Kathmandu, Nepal Sun 20 Sutra 338 Manmatha 5117
Vrishabha Rasi: 22.01	Tithi 7 – 8	Gulika 11:58AM – 1:28PM Yama 8:58AM – 10:28AM Rahu 2:58PM – 4:28PM	Rohini Until 8:17AM Priti Until 12:17PM Visti Until 10:33PM Saptami Until 11:11AM
Creative Work Amrita Yoga Until 8:17AM Then Creative Work - Siddha Yoga	135421368	Ganesha: Clear <i>Sunrise:</i> 5:58AM Muruḡa: White <i>Sunset:</i> 5:58PM Nataraja: Clear Moon – Yellow	Devaloka Day
<hr/>			
Retreat Star	Wednesday, March 16, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kathmandu, Nepal Sun 21 Sutra 339 Manmatha 5117
Mithuna Rasi: 5.4	Tithi 8 – 9	Gulika 10:27AM – 11:58AM Yama 7:27AM – 8:57AM Rahu 11:58AM – 1:28PM	Mrigashira Until 7:45AM Ayushman Until 10:12AM Balava Until 9:43PM Ashtami* Until 10:02AM
Creative Work Siddha Yoga	135421368	Ganesha: Clear <i>Sunrise:</i> 5:56AM Muruḡa: White <i>Sunset:</i> 5:59PM Nataraja: Clear Moon – Yellow	Devaloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time

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1	Thursday, March 17, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau			Kathmandu, Nepal Sun 22 Sutra 340
	Mithuna Rasi: 18.59 Tithi 9 – 10 135421368	Gulika 8:56AM – 10:27AM Yama 5:55AM – 7:26AM Rahu 1:28PM – 2:58PM	Ardra Until 7:41AM Saubhagya Until 8:39AM Taitila Until 9:32PM Navami* Until 9:32AM	Ganesha: Clear <i>Sunrise:</i> 5:55AM Muruga: White <i>Sunset:</i> 6:00PM Nataraja: Clear Moon – Yellow	Manmatha 5117 Moon 2 - Phase 46 4th Phase Devaloka Day
Routine Work Marana Yoga Until 7:41AM Then Creative Work - Amrita Yoga		Phalguna-Panguni			

2	Friday, March 18, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			Kathmandu, Nepal Sun 23 Sutra 341
	Kataka Rasi: 1.58 Tithi 10 – 11 145421368	Gulika 7:25AM – 8:56AM Yama 2:59PM – 4:29PM Rahu 10:26AM – 11:57AM	Punarvasu Until 8:32AM Sobhana Until 7:36AM Vanija Until 9:56PM Dashami Until 9:38AM	Ganesha: White <i>Sunrise:</i> 5:54AM Muruga: White <i>Sunset:</i> 6:00PM Nataraja: Clear Moon – Blue	Manmatha 5117 Moon 2 - Phase 46 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga Until 8:32AM Then Routine Work - Marana Yoga		Phalguna-Panguni			

3	Saturday, March 19, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau			Kathmandu, Nepal Sun 24 Sutra 342
	Kataka Rasi: 14.4 Tithi 11 – 12 145421368	Gulika 5:53AM – 7:24AM Yama 1:28PM – 2:59PM Rahu 8:55AM – 10:26AM	Pushya Until 9:47AM Athiganda* Until 6:58AM Bava Until 10:53PM Ekadashi Until 10:19AM	Ganesha: White <i>Sunrise:</i> 5:53AM Muruga: White <i>Sunset:</i> 6:01PM Nataraja: Clear Moon – Blue	Manmatha 5117 Moon 2 - Phase 46 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga Until 9:47AM Then Routine Work - Marana Yoga		Phalguna-Panguni			

4	Sunday, March 20, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Kathmandu, Nepal Sun 25 Sutra 343
	Kataka Rasi: 27.08 Tithi 12 – 13 145421368	Gulika 2:59PM – 4:30PM Yama 11:57AM – 1:28PM Rahu 4:30PM – 6:01PM	Ashlesha* Until 11:23AM Sukarma Until 6:46AM Kaulava Until 12:20AM Mon Dvadashi Until 11:32AM	Ganesha: White <i>Sunrise:</i> 5:52AM Muruga: White <i>Sunset:</i> 6:01PM Nataraja: Clear Moon – Blue	Manmatha 5117 Moon 2 - Phase 46 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga Until 11:23AM Then Routine Work - Marana Yoga		Phalguna-Panguni <i>Pradosha Vrata</i>			

5	Monday, March 21, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Kathmandu, Nepal Sun 26 Sutra 344
	Simha Rasi: 9.24 Tithi 13 – 14 155421368	Gulika 1:28PM – 2:59PM Yama 10:25AM – 11:56AM Rahu 7:22AM – 8:54AM	Magha* Until 1:45PM Dhriti Until 6:56AM Gara Until 2:11AM Tue Trayodashi Until 1:11PM	Ganesha: Yellow <i>Sunrise:</i> 5:51AM Muruga: White <i>Sunset:</i> 6:02PM Nataraja: Clear Moon – Red	Manmatha 5117 Moon 2 - Phase 46 4th Phase Devaloka Day
Routine Work Marana Yoga Until 1:45PM Then Creative Work - Siddha Yoga		Phalguna-Panguni			

6	Tuesday, March 22, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Kathmandu, Nepal Sun 27 Sutra 345
	Simha Rasi: 21.3 Tithi 14 – 15 155421368	Gulika 11:56AM – 1:28PM Yama 8:53AM – 10:24AM Rahu 2:59PM – 4:31PM	Purvaphalguni Until 4:18PM Shula* Until 7:22AM Visti Until 4:22AM Wed Chaturdashi* Until 3:13PM	Ganesha: Yellow <i>Sunrise:</i> 5:50AM Muruga: White <i>Sunset:</i> 6:02PM Nataraja: Clear Moon – Red	Manmatha 5117 Moon 2 - Phase 46 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 4:18PM Then Creative Work - Amrita Yoga		Phalguna-Panguni			

O	Wednesday, March 23, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kathmandu, Nepal Sutra 346
	Copper Retreat Star	Kanya Rasi: 3.29 Tithi 15 – 16 155421368	Gulika 10:24AM – 11:56AM Yama 7:20AM – 8:52AM Rahu 11:56AM – 1:27PM	Uttaraphalguni Until 6:57PM Ganda* Until 8:03AM Balava Until 6:48AM Thu Purnima* Until 5:32PM	Ganesha: Yellow <i>Sunrise:</i> 5:49AM Muruga: White <i>Sunset:</i> 6:03PM Nataraja: Clear Moon – Red
Creative Work Amrita Yoga Until 6:57PM Then Routine Work - Marana Yoga		Phalguna-Panguni Purnima Devaloka Day			

O	Thursday, March 24, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau			Kathmandu, Nepal Sutra 347
	Silver Retreat Star	Kanya Rasi: 15.22 Tithi 16 166421368	Gulika 8:51AM – 10:23AM Yama 5:48AM – 7:19AM Rahu 1:27PM – 2:59PM	Hasta Until 10:07PM Vridhhi Until 8:55AM Balava Until 6:48AM Prathama* Until 8:02PM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM Muruga: White <i>Sunset:</i> 6:03PM Nataraja: Clear Moon – Green
Routine Work Marana Yoga Until 10:07PM Then Creative Work - Siddha Yoga		Phalguna-Panguni			Devaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda



Friday, March 25, 2016
Gold Retreat Star

Kanya Rasi: 27.13 Tilthi 17
166421368

Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 348

Gulika 7:19AM – 8:51AM
Yama 2:59PM – 4:32PM
Rahu 10:23AM – 11:55AM

Chitra Until 1:10AM Sat
Dhruva Until 9:51AM
Taitila Until 9:21AM
Dvitiya Until 10:37PM

Ganesha: Yellow *Sunrise:* 5:46AM
Muruga: White *Sunset:* 6:04PM
Nataraja: Clear
Moon – Green

Phalguna-Panguni

Devaloka Day

1

Saturday, March 26, 2016

Tula Rasi: 9.02 Tilthi 18
166421368

Creative Work Siddha Yoga

Until 4:01AM Sun

Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visli* Karana Tritiyayam Titau

Kathmandu, Nepal
Sun 2 Sutra 349

Gulika 5:45AM – 7:18AM
Yama 1:27PM – 2:59PM
Rahu 8:50AM – 10:22AM

Svati Until 4:01AM Sun
Vyaghata* Until 10:49AM
Vanija Until 11:56AM
Tritiya Until 1:10AM Sun

Ganesha: Yellow *Sunrise:* 5:45AM
Muruga: White *Sunset:* 6:04PM
Nataraja: Clear
Moon – Green

Phalguna-Panguni

Devaloka Day

2

Sunday, March 27, 2016

Tula Rasi: 20.53 Tilthi 19
176421368

Routine Work Marana Yoga

Until 7:04AM Mon

Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal
Sun 3 Sutra 350

Gulika 3:00PM – 4:32PM
Yama 11:54AM – 1:27PM
Rahu 4:32PM – 6:05PM

Vishakha Until 7:04AM Mon
Harshana Until 11:45AM
Bava Until 2:25PM
Chaturthi* Until 3:34AM Mon

Ganesha: Blue *Sunrise:* 5:44AM
Muruga: White *Sunset:* 6:05PM
Nataraja: Clear
Moon – Orange

Phalguna-Panguni

Sivaloka Day

3

Monday, March 28, 2016

Vrischika Rasi: 2.47 Tilthi 20
176421368

Routine Work Marana Yoga

Until 7:04AM

Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal
Sun 4 Sutra 351

Gulika 1:27PM – 3:00PM
Yama 10:21AM – 11:54AM
Rahu 7:16AM – 8:49AM

Vishakha Until 7:04AM
Vajra* Until 12:29PM
Kaulava Until 4:42PM
Panchami Until 5:41AM Tue

Ganesha: Blue *Sunrise:* 5:43AM
Muruga: White *Sunset:* 6:05PM
Nataraja: Clear
Moon – Orange

Phalguna-Panguni

Sivaloka Day

4

Tuesday, March 29, 2016

Vrischika Rasi: 14.49 Tilthi 21
176521368

Creative Work Siddha Yoga

Until 9:39AM

Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara Karana Shashthyam Titau

Kathmandu, Nepal
Sun 5 Sutra 352

Gulika 11:54AM – 1:27PM
Yama 8:48AM – 10:21AM
Rahu 3:00PM – 4:33PM

Anuradha Until 9:39AM
Siddhi Until 1:00PM
Gara Until 6:37PM
Shashthi* Until 7:23AM Wed

Ganesha: Red *Sunrise:* 5:42AM
Muruga: White *Sunset:* 6:06PM
Nataraja: Clear
Moon – Orange

Phalguna-Panguni

Devaloka Day

5

Wednesday, March 30, 2016

Vrischika Rasi: 27 Tilthi 21 – 22
176521368

Creative Work Siddha Yoga

Until 11:39AM

Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Varyan Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 353

Gulika 10:20AM – 11:54AM
Yama 7:14AM – 8:47AM
Rahu 11:54AM – 1:27PM

Jyeshtha* Until 11:39AM
Vyatipata* Until 1:11PM
Visli Until 8:03PM
Shashthi* Until 7:23AM

Ganesha: Red *Sunrise:* 5:41AM
Muruga: White *Sunset:* 6:06PM
Nataraja: Clear
Moon – Orange

Phalguna-Panguni

Devaloka Day

D

Thursday, March 31, 2016

Retreat Star

Dhanus Rasi: 9.26 Tilthi 22 – 23
186521368

Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 354

Gulika 8:46AM – 10:20AM
Yama 5:40AM – 7:13AM
Rahu 1:27PM – 3:00PM

Mula* Until 1:24PM
Varyan Until 12:53PM
Balava Until 8:51PM
Saptami Until 8:31AM

Ganesha: Green *Sunrise:* 5:40AM
Muruga: White *Sunset:* 6:07PM
Nataraja: Clear
Moon – Light Blue

Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Friday, April 1, 2016

Retreat Star

Dhanus Rasi: 22.1 Tilthi 23 – 24
187521368

Routine Work Prabalarishta Yoga

Until 2:19PM

Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal
Sun 8 Sutra 355

Gulika 7:13AM – 8:46AM
Yama 3:00PM – 4:33PM
Rahu 10:20AM – 11:53AM

Purvashadha* Until 2:19PM
Parigha* Until 12:04PM
Taitila Until 8:55PM
Ashtami* Until 8:58AM

Ganesha: Red *Sunrise:* 5:40AM
Muruga: White *Sunset:* 6:07PM
Nataraja: Clear
Moon – Light Blue

Phalguna-Panguni

Devaloka Day

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1	Saturday, April 2, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Kathmandu, Nepal Sun 9 Sutra 356
	Makara Rasi: 5.16 Tithi 24 – 25 187521368	Gulika 5:39AM – 7:12AM Yama 1:27PM – 3:00PM Rahu 8:46AM – 10:19AM	Uttarashadha Until 2:19PM Shiva Until 10:38AM Vanija Until 8:12PM Navami* Until 8:38AM	Ganesha: Red <i>Sunrise:</i> 5:39AM Muruga: White <i>Sunset:</i> 6:07PM Nataraja: Clear Moon – Light Blue Phalguna-Panguni
	Routine Work Marana Yoga Until 2:19PM Then Creative Work - Siddha Yoga			Manmatha 5117 Moon 3 - Phase 48 2nd Phase Devaloka Day
2	Sunday, April 3, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 10 Sutra 357
	Makara Rasi: 18.48 Tithi 25 – 26 197521368	Gulika 3:00PM – 4:34PM Yama 11:53AM – 1:26PM Rahu 4:34PM – 6:08PM	Shravana Until 1:51PM Siddha Until 8:34AM Bava Until 6:41PM Dashami Until 7:31AM	Ganesha: Green <i>Sunrise:</i> 5:37AM Muruga: White <i>Sunset:</i> 6:08PM Nataraja: Clear Moon – Purple Phalguna-Panguni
	Creative Work Amrita Yoga Until 1:51PM Then Routine Work - Marana Yoga			Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day
3	Monday, April 4, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kathmandu, Nepal Sun 11 Sutra 358
	Kumbha Rasi: 2.47 Tithi 27 Family Home Evening 197521368	Gulika 1:26PM – 3:00PM Yama 10:18AM – 11:52AM Rahu 7:10AM – 8:44AM	Dhanishtha Until 12:30PM Subha Until 2:42AM Tue Kaulava Until 4:28PM Dvadashi* Until 3:06AM Tue	Ganesha: Green <i>Sunrise:</i> 5:36AM Muruga: White <i>Sunset:</i> 6:08PM Nataraja: Clear Moon – Purple Phalguna-Panguni
	Creative Work Siddha Yoga			Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day
4	Tuesday, April 5, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Kathmandu, Nepal Sun 12 Sutra 359
	Kumbha Rasi: 17.13 Tithi 28 197521368	Gulika 11:52AM – 1:26PM Yama 8:44AM – 10:18AM Rahu 3:00PM – 4:35PM	Shatabhishak Until 10:23AM Sukla Until 11:02PM Gara Until 1:38PM Trayodashi* Until 12:01AM Wed <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green <i>Sunrise:</i> 5:35AM Muruga: White <i>Sunset:</i> 6:09PM Nataraja: Clear Moon – Purple Phalguna-Panguni
	Routine Work Marana Yoga			Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day
5	Wednesday, April 6, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprosnthapada*Uttaraprosnthapada Nakshatra Brahma Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Kathmandu, Nepal Sun 13 Sutra 360
	Meena Rasi: 2.02 Tithi 29 117521368	Gulika 10:17AM – 11:52AM Yama 7:09AM – 8:43AM Rahu 11:52AM – 1:26PM	Purvaprosnthapada* Until 8:03AM Brahma Until 7:03PM Visti Until 10:20AM Chaturdashi* Until 8:33PM	Ganesha: Orange <i>Sunrise:</i> 5:34AM Muruga: White <i>Sunset:</i> 6:09PM Nataraja: Clear Moon – Clear Phalguna-Panguni
	Creative Work Amrita Yoga Until 8:03AM Then Creative Work - Siddha Yoga			Manmatha 5117 Moon 3 - Phase 48 2nd Phase Devaloka Day
●	Thursday, April 7, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Kathmandu, Nepal Sun 14 Sutra 361
	Retreat Star Meena Rasi: 17.07 Tithi 30 – 1 118521368	Gulika 8:42AM – 10:17AM Yama 5:33AM – 7:08AM Rahu 1:26PM – 3:01PM	Revati Until 2:10AM Fri Indra Until 2:53PM Catuspada Until 6:44AM Amavasya* Until 4:50PM	Ganesha: Green <i>Sunrise:</i> 5:33AM Muruga: White <i>Sunset:</i> 6:10PM Nataraja: Clear Moon – Clear Phalguna-Panguni
	Creative Work Siddha Yoga Until 2:10AM Fri Then Creative Work - Amrita Yoga			Manmatha 5117 Moon 3 - Phase 48 Amavasya Bhuloka Day Devaloka Time: 6:PM to 9:PM
●	Friday, April 8, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 362
	Retreat Star Mesha Rasi: 2.2 Tithi 1 – 2 128521368	Gulika 7:07AM – 8:42AM Yama 3:01PM – 4:36PM Rahu 10:16AM – 11:51AM	Ashvini Until 11:20PM Vaidhriti* Until 10:36AM Balava Until 11:13PM Prathama* Until 1:04PM	Ganesha: White <i>Sunrise:</i> 5:32AM Muruga: White <i>Sunset:</i> 6:10PM Nataraja: Clear Moon – White Chaitra-Panguni
	Creative Work Amrita Yoga Until 11:20PM Then Creative Work - Siddha Yoga	Chellappaswami Mahasamadhi		Manmatha 5117 Moon 3 - Phase 48 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Saturday, April 9, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 363
	Mesha Rasi: 17.31	Tithi 2 – 3	Gulika 5:31AM – 7:06AM	Bharani Until 8:34PM	Ganesha: White	<i>Sunrise:</i> 5:31AM	Manmatha 5117
			Yama 1:26PM – 3:01PM	Vishkambha* Until 6:25AM	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 49
		128521368	Rahu 8:41AM – 10:16AM	Taitila Until 7:38PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga Until 8:34PM Then Creative Work - Amrita Yoga			Dvitiya Until 9:23AM	Chaitra+Panguni	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

2	Sunday, April 10, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Vanija/Visiti* Karana Chaturthiyam Titau				Kathmandu, Nepal Sun 17 Sutra 364
	Vishabha Rasi: 2.31	Tithi 4	Gulika 3:01PM – 4:36PM	Krittika Until 6:00PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Manmatha 5117
			Yama 11:51AM – 1:26PM	Ayushman Until 10:45PM	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 49
		128521368	Rahu 4:36PM – 6:11PM	Vanija Until 4:24PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 2:56AM Mon	Chaitra+Panguni	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

3	Monday, April 11, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal Sun 18
	Vishabha Rasi: 17.12	Tithi 5	Gulika 1:26PM – 3:01PM	Rohini Until 4:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Manmatha 5117
	Family Home Evening		Yama 10:15AM – 11:50AM	Saubhagya Until 7:30PM	Muruqa: White	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 49
		138521368	Rahu 7:04AM – 8:40AM	Bava Until 1:39PM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Panchami Until 12:29AM Tue	Chaitra+Panguni	Devaloka Day		

4	Tuesday, April 12, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kathmandu, Nepal Sun 19
	Mithuna Rasi: 1.28	Tithi 6	Gulika 11:50AM – 1:26PM	Mrigashira Until 2:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Manmatha 5117
			Yama 8:39AM – 10:15AM	Sobhana Until 4:49PM	Muruqa: White	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 49
		138521368	Rahu 3:01PM – 4:37PM	Kaulava Until 11:31AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga Until 2:54PM Then Routine Work - Marana Yoga			Shashthi* Until 10:42PM	Chaitra+Panguni	Devaloka Day		

5	Wednesday, April 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau				Kathmandu, Nepal Sun 20
	Mithuna Rasi: 15.17	Tithi 7	Gulika 10:14AM – 11:50AM	Ardra Until 2:11PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Durmukha 5118
			Yama 7:03AM – 8:38AM	Athiganda* Until 2:42PM	Muruqa: White	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 49
		138521368	Rahu 11:50AM – 1:26PM	Gara Until 10:07AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga		Tamil New Year	Saptami Until 9:41PM	Chaitra+Chaitra	Devaloka Day		

D	Thursday, April 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visiti*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 21
	Retreat Star		Gulika 8:38AM – 10:14AM	Punarvasu Until 2:33PM	Ganesha: White	<i>Sunrise:</i> 5:26AM	Durmukha 5118
	Mithuna Rasi: 28.4	Tithi 8	Yama 5:26AM – 7:02AM	Sukarma Until 1:14PM	Muruqa: White	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 49
		249521368	Rahu 1:26PM – 3:02PM	Visiti Until 9:30AM	Nataraja: Clear		Ashtami
Creative Work Amrita Yoga			Ashtami* Until 9:28PM	Chaitra+Chaitra	Sivaloka Day		

D	Friday, April 15, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 22
	Retreat Star		Gulika 7:01AM – 8:37AM	Pushya Until 3:33PM	Ganesha: White	<i>Sunrise:</i> 5:25AM	Durmukha 5118
	Kataka Rasi: 11.37	Tithi 9	Yama 3:02PM – 4:38PM	Dhriti Until 12:24PM	Muruqa: White	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 49
		249521368	Rahu 10:13AM – 11:49AM	Balava Until 9:40AM	Nataraja: Clear		Navami
Routine Work Marana Yoga		Sri Rama Navami	Navami* Until 10:01PM	Chaitra+Chaitra	Sivaloka Day		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1	Saturday, April 16, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mantā Vasara Yuktayam Ashlesha* Magha* Nakshatra Shula* Ganda* Yoga Taitila/Gara Karana Dashamyam Titau	Kathmandu, Nepal Sun 23
Kataka Rasi: 24.12	Tithi 10	Gulika 5:24AM – 7:00AM Yama 1:25PM – 3:02PM Rahu 8:36AM – 10:13AM	Ashlesha* Until 5:04PM Shula* Until 12:07PM Taitila Until 10:36AM Dashami Until 11:17PM
249521368		Ganesha: White <i>Sunrise:</i> 5:24AM Muruḡa: White <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – Blue	Durmukha 5118 Moon 3 - Phase 1 4th Phase Sivaloka Day Chaitra*Chaitra
Routine Work	Marana Yoga		
Until 5:04PM			
Then Creative Work - Amrita Yoga			
2	Sunday, April 17, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Ganda* Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau	Kathmandu, Nepal Sun 24
Simha Rasi: 6.3	Tithi 11	Gulika 3:02PM – 4:39PM Yama 11:49AM – 1:25PM Rahu 4:39PM – 6:15PM	Magha* Until 7:30PM Ganda* Until 12:20PM Vanija Until 12:09PM Ekadashi Until 1:06AM Mon
259521368		Ganesha: Clear <i>Sunrise:</i> 5:23AM Muruḡa: White <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – Red	Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day Chaitra*Chaitra
Routine Work	Marana Yoga		
Until 7:30PM			
Then Creative Work - Siddha Yoga			
3	Monday, April 18, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau	Kathmandu, Nepal Sun 25 Sutra 1
Simha Rasi: 18.35	Tithi 12	Gulika 1:25PM – 3:02PM Yama 10:12AM – 11:49AM Rahu 6:58AM – 8:35AM	Purvaphalguni Until 10:12PM Vriddhi Until 12:56PM Bava Until 2:12PM Dvadashi Until 3:20AM Tue
259521368		Ganesha: Clear <i>Sunrise:</i> 5:22AM Muruḡa: White <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Red	Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day Chaitra*Chaitra
Family Home Evening			
Creative Work	Siddha Yoga		
4	Tuesday, April 19, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kathmandu, Nepal Sun 26 Sutra 2
Kanya Rasi: 0.31	Tithi 13	Gulika 11:48AM – 1:25PM Yama 8:35AM – 10:12AM Rahu 3:02PM – 4:39PM	Uttaraphalguni Until 1:00AM Wed Dhruva Until 1:45PM Kaulava Until 4:34PM Trayodashi Until 5:49AM Wed <i>Pradosha Vrata</i>
259521368		Ganesha: Clear <i>Sunrise:</i> 5:21AM Muruḡa: White <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Red	Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day Chaitra*Chaitra
Creative Work	Amrita Yoga		
Until 1:00AM Wed			
Then Routine Work - Marana Yoga			
5	Wednesday, April 20, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 27 Sutra 3
Kanya Rasi: 12.22	Tithi 14	Gulika 10:11AM – 11:48AM Yama 6:57AM – 8:34AM Rahu 11:48AM – 1:25PM	Hasta Until 4:15AM Thu Vyaghata* Until 2:44PM Gara Until 7:07PM Chaturdashi* Until 8:23AM Thu
269521368		Ganesha: Purple <i>Sunrise:</i> 5:20AM Muruḡa: White <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Green	Durmukha 5118 Moon 3 - Phase 1 4th Phase Sivaloka Day Chaitra*Chaitra
Routine Work	Marana Yoga		
Until 4:15AM Thu			
Then Creative Work - Siddha Yoga			
○	Thursday, April 21, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Kathmandu, Nepal Sutra 4
Kanya Rasi: 24.11	Tithi 14 – 15	Gulika 8:33AM – 10:11AM Yama 5:19AM – 6:56AM Rahu 1:25PM – 3:03PM	Chitra Until 7:20AM Fri Harshana Until 3:47PM Visti Until 9:42PM Chaturdashi* Until 8:23AM
269521368		Ganesha: Purple <i>Sunrise:</i> 5:19AM Muruḡa: White <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Green	Durmukha 5118 Moon 3 - Phase 1 Purnima Sivaloka Day Chaitra*Chaitra
Creative Work	Siddha Yoga		
		Chitra Purnima (Tamil Nadu) Hanuman Jayanti	
○	Friday, April 22, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Kathmandu, Nepal Sutra 5
Tula Rasi: 6	Tithi 15 – 16	Gulika 6:55AM – 8:33AM Yama 3:03PM – 4:40PM Rahu 10:10AM – 11:48AM	Chitra Until 7:20AM Vajra* Until 4:45PM Balava Until 12:12AM Sat Purnima* Until 10:56AM
261521368		Ganesha: Purple <i>Sunrise:</i> 5:18AM Muruḡa: White <i>Sunset:</i> 6:18PM Nataraja: Clear Moon – Green	Durmukha 5118 Moon 3 - Phase 1 Prathama Sivaloka Day Chaitra*Chaitra
Creative Work	Siddha Yoga		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time

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