



Tuesday, April 19, 2011
Gold Retreat Star

Tula Rasi: 16.44 Tilthi 17
262456158
Creative Work Siddha Yoga
Until 11:13AM then Marana Yoga
Until 1.30AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 12:05PM – 1:39PM **Svati Until 11:13AM**
Yama 8:57AM – 10:31AM Siddhi Until 12:01AM Wed
Rahu 3:13PM – 4:48PM Gara Until 12:34AM Wed
Dvitiya Until 2:17AM Wed

Ganesha: White *Sunrise:* 5:48AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Green
Chaitra-Chaitra

Yangon, Myanmar
Sutra 6
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

1

Wednesday, April 20, 2011

Wrischika Rasi: 1.31 Tilthi 18
272456158
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Visakha/Anuradha Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 10:30AM – 12:05PM **Visakha Until 9:07AM**
Yama 7:22AM – 8:56AM Vyatipata* Until 9:22PM
Rahu 12:05PM – 1:39PM Vanija Until 1:26PM
Tritiya Until 12:31AM Thu

Ganesha: Yellow *Sunrise:* 5:48AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Yangon, Myanmar
Sutra 7
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

2

Thursday, April 21, 2011

Wrischika Rasi: 15.54 Tilthi 19
272456158
Creative Work Siddha Yoga
Until 1.30AM Fri then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 8:56AM – 10:30AM **Anuradha Until 7:19AM**
Yama 5:47AM – 7:21AM Variyan Until 6:08PM
Rahu 1:39PM – 3:13PM Bava Until 10:51AM
Chaturthi* Until 9:56PM

Ganesha: Yellow *Sunrise:* 5:47AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Yangon, Myanmar
Sutra 8
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

3

Friday, April 22, 2011

Wrischika Rasi: 29.49 Tilthi 20
272456158
Routine Work Prabalarishta Yoga
Until 6:21AM then no yoga
Until 1.30AM Sat then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 7:21AM – 8:55AM **Jyeshtha* Until 6:21AM**
Yama 3:13PM – 4:48PM Parigha* Until 4:19PM
Rahu 10:30AM – 12:04PM Kaulava Until 9:23AM
Panchami Until 9:23PM

Ganesha: Yellow *Sunrise:* 5:46AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Yangon, Myanmar
Sutra 9
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

4

Saturday, April 23, 2011

Dhanus Rasi: 13.14 Tilthi 21
282466158
Creative Work Siddha Yoga
Until 6:10AM then Marana Yoga
Until 1.30AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 5:46AM – 7:20AM **Mula* Until 6:10AM**
Yama 1:39PM – 3:13PM Shiva Until 2:29PM
Rahu 8:55AM – 10:30AM Gara Until 8:28AM
Shasthi* Until 8:28PM

Ganesha: Blue *Sunrise:* 5:46AM
Muruqa: Red *Sunset:* 6:23PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Yangon, Myanmar
Sutra 10
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

5

Sunday, April 24, 2011

Dhanus Rasi: 26.14 Tilthi 22
282466158
Creative Work Siddha Yoga
Until 6:49AM then Amrita Yoga
Until 1.29AM Mon then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 3:13PM – 4:48PM **Purvashadha* Until 6:49AM**
Yama 12:04PM – 1:39PM Siddha Until 1:24PM
Rahu 4:48PM – 6:23PM Visti Until 8:27AM
Saptami Until 8:27PM

Ganesha: Blue *Sunrise:* 5:45AM
Muruqa: Red *Sunset:* 6:23PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Yangon, Myanmar
Sutra 11
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day



Monday, April 25, 2011
Retreat Star

Makara Rasi: 8.5 Tilthi 23
283466159
Family Home Evening
Routine Work Marana Yoga
Until 8:20AM then Amrita Yoga
Until 1.29AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 1:39PM – 3:13PM **Uttarashadha Until 8:20AM**
Yama 10:29AM – 12:04PM Sadhya Until 1:32PM
Rahu 7:19AM – 8:54AM Balava Until 9:29AM
Ashtami* Until 10:34PM

Ganesha: Red *Sunrise:* 5:44AM
Muruqa: Red *Sunset:* 6:23PM
Nataraja: Purple
Moon – Light Blue
Chaitra-Chaitra

Yangon, Myanmar
Sutra 12
Khara 5113
Moon 4 - Phase 1
Ashtami

Sivaloka Day

Tuesday, April 26, 2011
Retreat Star


Makara Rasi: 21.08 Tilthi 24
293466159
Creative Work Siddha Yoga
Until 10:24AM then Marana Yoga
Until 1.29AM Wed then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 12:04PM – 1:39PM **Sravana Until 10:24AM**
Yama 8:54AM – 10:29AM Subha Until 1:38PM
Rahu 3:13PM – 4:48PM Taitila Until 10:57AM
Navami* Until 12:02AM Wed

Ganesha: Green *Sunrise:* 5:44AM
Muruqa: Red *Sunset:* 6:23PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Yangon, Myanmar
Sutra 13
Khara 5113
Moon 4 - Phase 1
Navami

Devaloka Day

1	Wednesday, April 27, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau	Yangon, Myanmar Sutra 14 Khara 5113
	Kumbha Rasi: 3.13 Tithi 25 293566159 Routine Work Prabalarishta Yoga Until 12:54PM then Siddha Yoga Until 1.29AM Thu then Marana Yoga	Gulika 10:28AM – 12:03PM Yama 7:18AM – 8:53AM Rahu 12:03PM – 1:38PM	Dhanishtha Until 12:54PM Sukla Until 2:08PM Vanija Until 12:53PM Dasami Until 1:58AM Thu
2	Thursday, April 28, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau	Yangon, Myanmar Sutra 15 Khara 5113
	Kumbha Rasi: 15.1 Tithi 26 293566159 Routine Work Marana Yoga Until 3:40PM then Siddha Yoga	Gulika 8:53AM – 10:28AM Yama 5:43AM – 7:18AM Rahu 1:38PM – 3:14PM	Satabhisha Until 3:40PM Brahma Until 2:54PM Bava Until 3:07PM Ekadasi* Until 4:12AM Fri
3	Friday, April 29, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Yangon, Myanmar Sutra 16 Khara 5113
	Kumbha Rasi: 27.03 Tithi 27 213566159 Creative Work Siddha Yoga	Gulika 7:17AM – 8:53AM Yama 3:14PM – 4:49PM Rahu 10:28AM – 12:03PM	Purvaprostapada* Until 6:34PM Indra Until 3:47PM Kaulava Until 5:30PM Dvadasi* Until 6:49AM Sat
4	Saturday, April 30, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manu Vasara Yuktayam Uttaraprostapada Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Yangon, Myanmar Sutra 17 Khara 5113
	Meena Rasi: 8.55 Tithi 27 – 28 213566159 Creative Work Siddha Yoga Until 9:30PM then Prabalarishta Yoga Until 1.28AM Sun then Amrita Yoga	Gulika 5:42AM – 7:17AM Yama 1:38PM – 3:14PM Rahu 8:52AM – 10:28AM	Uttaraprostapada Until 9:30PM Vaidhriti* Until 4:42PM Gara Until 7:55PM Dvadasi* Until 6:49AM <i>Pradosha Vrata (Fasting)</i>
5	Sunday, May 1, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Yangon, Myanmar Sutra 18 Khara 5113
	Meena Rasi: 20.48 Tithi 28 – 29 213566159 Creative Work Amrita Yoga Until 12:24AM Mon then Siddha Yoga	Gulika 3:14PM – 4:49PM Yama 12:03PM – 1:38PM Rahu 4:49PM – 6:25PM	Revati Until 12:24AM Mon Vishkambha* Until 5:34PM Visti Until 10:16PM Trayodasi* Until 9:11AM
	Monday, May 2, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Yangon, Myanmar Sutra 19 Khara 5113
	Retreat Star Mesha Rasi: 2.45 Tithi 29 – 30 Family Home Evening 223566159 Creative Work Siddha Yoga	Gulika 1:38PM – 3:14PM Yama 10:27AM – 12:03PM Rahu 7:16AM – 8:52AM	Asvini Until 3:10AM Tue Priti Until 6:20PM Catuspada Until 12:30AM Tue Chaturdasi* Until 11:25AM
Tuesday, May 3, 2011	Retreat Star	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Yangon, Myanmar Sutra 20 Khara 5113
	Mesha Rasi: 14.47 Tithi 30 – 1 223566159 Creative Work Siddha Yoga Until 1.28AM Wed then Marana Yoga Until 5:45AM Wed then Amrita Yoga	Gulika 12:03PM – 1:38PM Yama 8:51AM – 10:27AM Rahu 3:14PM – 4:50PM	Bharani Until 5:45AM Wed Ayushman Until 6:56PM Kintughna Until 2:32AM Wed Amavasya* Until 1:27PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Wednesday, May 4, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Yangon, Myanmar
			Sutra 21 Khara 5113
Mesha Rasi: 26.56	Tithi 1 – 2	Gulika 10:27AM – 12:03PM Yama 7:15AM – 8:51AM Rahu 12:03PM – 1:38PM	Moon 4 - Phase 3 3rd Phase
223566159		Krittika Until 7:31AM Thu Saubhagya Until 7:19PM Balava Until 4:19AM Thu Prathama* Until 3:13PM	Ganesha: Orange <i>Sunrise:</i> 5:40AM Muruqa: Red <i>Sunset:</i> 6:25PM Nataraja: Purple Moon – White Vaisaka-Chaitra
Creative Work Amrita Yoga Until 1.28AM Thu then Marana Yoga			Sivaloka Day

2	Thursday, May 5, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Yangon, Myanmar
			Sutra 22 Khara 5113
Wrishabha Rasi: 9.14	Tithi 2 – 3	Gulika 8:51AM – 10:27AM Yama 5:39AM – 7:15AM Rahu 1:38PM – 3:14PM	Moon 4 - Phase 3 3rd Phase
223566159		Krittika Until 7:31AM Sobhana Until 7:27PM Taitila Until 5:47AM Fri Dvitiya Until 4:42PM	Ganesha: Orange <i>Sunrise:</i> 5:39AM Muruqa: Red <i>Sunset:</i> 6:26PM Nataraja: Purple Moon – White Vaisaka-Chaitra
Routine Work Marana Yoga			Sivaloka Day


3	Friday, May 6, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Athiganda* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Yangon, Myanmar
			Sutra 23 Khara 5113
Wrishabha Rasi: 21.42	Tithi 3 – 4	Gulika 7:15AM – 8:51AM Yama 3:14PM – 4:50PM Rahu 10:26AM – 12:02PM	Moon 4 - Phase 3 3rd Phase
223566159		Rohini Until 9:01AM Athiganda* Until 6:20PM Vanija Until 4:49AM Sat Tritiya Until 4:49PM	Ganesha: Clear <i>Sunrise:</i> 5:39AM Muruqa: Red <i>Sunset:</i> 6:26PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra
Routine Work Marana Yoga Until 9:01AM then Siddha Yoga			Sivaloka Day

4	Saturday, May 7, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
			Sutra 24 Khara 5113
Mithuna Rasi: 4.21	Tithi 4 – 5	Gulika 5:38AM – 7:14AM Yama 1:38PM – 3:14PM Rahu 8:50AM – 10:26AM	Moon 4 - Phase 3 3rd Phase
223566159		Mrigasira Until 10:17AM Sukarma Until 5:50PM Bava Until 5:28AM Sun Chaturthi* Until 5:28PM	Ganesha: Clear <i>Sunrise:</i> 5:38AM Muruqa: Red <i>Sunset:</i> 6:26PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra
Creative Work Siddha Yoga			Sivaloka Day

5	Sunday, May 8, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
			Sutra 25 Khara 5113
Mithuna Rasi: 17.14	Tithi 5 – 6	Gulika 3:14PM – 4:51PM Yama 12:02PM – 1:38PM Rahu 4:51PM – 6:27PM	Moon 4 - Phase 3 3rd Phase
223566159		Ardra Until 11:07AM Dhriti Until 4:58PM Kaulava Until 5:39AM Mon Panchami Until 5:39PM	Ganesha: Clear <i>Sunrise:</i> 5:38AM Muruqa: Red <i>Sunset:</i> 6:27PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra
Creative Work Siddha Yoga Until 1.28AM Mon then Amrita Yoga		Mother's Day	Sivaloka Day

6	Monday, May 9, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Yangon, Myanmar
			Sutra 26 Khara 5113
Kataka Rasi: 0.22	Tithi 6 – 7	Gulika 1:38PM – 3:15PM Yama 10:26AM – 12:02PM Rahu 7:14AM – 8:50AM	Moon 4 - Phase 3 3rd Phase
244566159		Punarvasu Until 11:29AM Shula* Until 3:39PM Gara Until 5:19AM Tue Shasthi* Until 5:19PM	Ganesha: Clear <i>Sunrise:</i> 5:37AM Muruqa: Red <i>Sunset:</i> 6:27PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra
Family Home Evening Creative Work Amrita Yoga Until 11:29AM then Siddha Yoga			Sivaloka Day

	Tuesday, May 10, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda*/Vridhii Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Yangon, Myanmar
			Sutra 27 Khara 5113
Kataka Rasi: 13.47	Tithi 7 – 8	Gulika 12:02PM – 1:38PM Yama 8:50AM – 10:26AM Rahu 3:15PM – 4:51PM	Moon 4 - Phase 3 3rd Phase
244566159		Pushya Until 10:56AM Ganda* Until 1:18PM Visti Until 2:40AM Wed Saptami Until 3:35PM	Ganesha: Clear <i>Sunrise:</i> 5:37AM Muruqa: Red <i>Sunset:</i> 6:27PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra
Creative Work Siddha Yoga			Sivaloka Day

	Wednesday, May 11, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Vridhii/Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Yangon, Myanmar
			Sutra 28 Khara 5113
Kataka Rasi: 27.32	Tithi 8 – 9	Gulika 10:26AM – 12:02PM Yama 7:13AM – 8:49AM Rahu 12:02PM – 1:38PM	Moon 4 - Phase 3 Ashtami
244566159		Aslesha* Until 10:14AM Vridhii Until 11:06AM Balava Until 1:14AM Thu Ashtami* Until 2:09PM	Ganesha: Clear <i>Sunrise:</i> 5:37AM Muruqa: Red <i>Sunset:</i> 6:28PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra
Creative Work Siddha Yoga Until 1.27AM Thu then Amrita Yoga			Sivaloka Day

	Thursday, May 12, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Dhruva/Vyaghala* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
			Sutra 29 Khara 5113
Simha Rasi: 12	Tithi 9 – 10	Gulika 8:49AM – 10:26AM Yama 5:36AM – 7:13AM Rahu 1:38PM – 3:15PM	Moon 4 - Phase 3 Navami
254566159		Magha* Until 8:58AM Dhruva Until 8:22AM Taitila Until 11:11PM Navami* Until 12:07PM	Ganesha: White <i>Sunrise:</i> 5:36AM Muruqa: Red <i>Sunset:</i> 6:28PM Nataraja: Purple Moon – Red Vaisaka-Chaitra
Creative Work Amrita Yoga Until 8:58AM then no yoga Until 1.27AM Fri then Siddha Yoga			Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

1 Friday, May 13, 2011 Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Yangon, Myanmar
 Purvaphalguni*/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau **Sutra 30**
 Khara 5113
 Simha Rasi: 25.59 Tithi 10 – 11 264566159 **Gulika** 7:12AM – 8:49AM **Purvaphalguni* Until 7:06AM** **Ganesha:** White *Sunrise:* 5:36AM
Yama 3:15PM – 4:52PM Harshana Until 1:12AM Sat **Muruqa:** Red *Sunset:* 6:28PM Moon 4 - Phase 4
Rahu 10:25AM – 12:02PM Vanija Until 7:32PM **Nataraja:** Purple Moon – Red 4th Phase
 Creative Work Siddha Yoga **Dasami Until 9:15AM** **Vaisaka-Chaitra** **Devaloka Day**
 Until 1.27AM Sat then Marana Yoga

2 Saturday, May 14, 2011 Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Yangon, Myanmar
 Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau **Sutra 31**
 Khara 5113
 Kanya Rasi: 10.37 Tithi 11 – 12 264566159 **Gulika** 5:36AM – 7:12AM **Hasta Until 2:20AM Sun** **Ganesha:** Yellow *Sunrise:* 5:36AM
Yama 1:39PM – 3:15PM Vajra* Until 9:48PM **Muruqa:** Red *Sunset:* 6:28PM Moon 4 - Phase 4
Rahu 8:49AM – 10:25AM Balava Until 2:57AM Sun **Nataraja:** Purple Moon – Green 4th Phase
 Routine Work Marana Yoga **Ekadasi Until 6:23AM** **Vaisaka-Chaitra** **Sivaloka Day**
 Until 1.27AM Sun then Amrita Yoga
 Until 2.20AM Sun then Siddha Yoga

3 Sunday, May 15, 2011 Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Yangon, Myanmar
 Chitra Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau **Sutra 32**
 Khara 5113
 Kanya Rasi: 25.26 Tithi 13 264566159 **Gulika** 3:15PM – 4:52PM **Chitra Until 11:58PM** **Ganesha:** Yellow *Sunrise:* 5:35AM
Yama 12:02PM – 1:39PM Siddhi Until 6:08PM **Muruqa:** Red *Sunset:* 6:29PM Moon 4 - Phase 4
Rahu 4:52PM – 6:29PM Kaulava Until 1:30PM **Nataraja:** Purple Moon – Green 4th Phase
 Creative Work Siddha Yoga **Trayodasi Until 11:47PM** **Vaisaka-Vaikasi** **Sivaloka Day**
 Until 1.27AM Mon then Amrita Yoga
Pradosha Vrata

4 Monday, May 16, 2011 Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Yangon, Myanmar
 Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdasi* Yam Titau **Sutra 33**
 Khara 5113
 Tula Rasi: 10.18 Tithi 14 264566159 **Gulika** 1:39PM – 3:16PM **Svati Until 9:31PM** **Ganesha:** Yellow *Sunrise:* 5:35AM
Yama 10:25AM – 12:02PM Vyatipata* Until 2:23PM **Muruqa:** Red *Sunset:* 6:29PM Moon 4 - Phase 4
Rahu 7:12AM – 8:48AM Gara Until 10:14AM **Nataraja:** Purple Moon – Green 4th Phase
Family Home Evening **Chaturdasi* Until 8:32PM** **Vaisaka-Vaikasi** **Sivaloka Day**
 Creative Work Amrita Yoga
 Until 9:31PM then Marana Yoga

○ Tuesday, May 17, 2011 Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
 Visakha Nakshatra Variyan/Parigha* Yoga Visti*/Balava Karana Purnima*/Prathama* Yam Titau **Sutra 34**
 Khara 5113
 Tula Rasi: 25.05 Tithi 15 – 16 274566159 **Gulika** 12:02PM – 1:39PM **Visakha Until 7:11PM** **Ganesha:** Blue *Sunrise:* 5:35AM
Yama 8:48AM – 10:25AM Variyan Until 10:45AM **Muruqa:** Red *Sunset:* 6:29PM Moon 4 - Phase 4
Rahu 3:16PM – 4:53PM Visti Until 7:07AM **Nataraja:** Purple Moon – Orange 4th Phase
 Routine Work Marana Yoga **Purnima* Until 5:24PM** **Vaisaka-Vaikasi** **Devaloka Day**
 Until 7:11PM then Siddha Yoga

Wednesday, May 18, 2011 Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Yangon, Myanmar
 Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvittiya Yam Titau **Sutra 35**
 Khara 5113
 Vrishchika Rasi: 9.41 Tithi 16 – 17 274566159 **Gulika** 10:25AM – 12:02PM **Anuradha Until 5:59PM** **Ganesha:** Blue *Sunrise:* 5:34AM
Yama 7:11AM – 8:48AM Parigha* Until 7:32AM **Muruqa:** Red *Sunset:* 6:30PM Moon 4 - Phase 4
Rahu 12:02PM – 1:39PM Taitila Until 2:21AM Thu **Nataraja:** Purple Moon – Orange Prathama
 Creative Work Siddha Yoga **Prathama* Until 3:17PM** **Vaisaka-Vaikasi** **Devaloka Day**



Thursday, May 19, 2011
Gold Retreat Star

Virschika Rasi: 23.57 Tithi 17 – 18
274566159
Creative Work Siddha Yoga
Until 1.28AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 8:48AM – 10:25AM
Yama 5:34AM – 7:11AM
Rahu 1:39PM – 3:16PM
Jyeshtha* Until 4:22PM
Siddha Until 1:49AM Fri
Vanija Until 11:56PM
Dvitiya Until 12:52PM

Ganesha: Blue *Sunrise: 5:34AM*
Muruqa: Red *Sunset: 6:30PM*
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 1 Sutra 36
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

1 Friday, May 20, 2011

Dhanus Rasi: 7.5 Tithi 18 – 19
284566159
No Yoga
Until 4:09PM then Siddha Yoga
Until 1.28AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 7:11AM – 8:48AM
Yama 3:16PM – 4:53PM
Rahu 10:25AM – 12:02PM
Mula* Until 4:09PM
Sadhya Until 12:38AM Sat
Bava Until 11:36PM
Tritiya Until 11:36AM

Ganesha: Red *Sunrise: 5:34AM*
Muruqa: Red *Sunset: 6:30PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 2 Sutra 37
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

2 Saturday, May 21, 2011

Dhanus Rasi: 21.17 Tithi 19 – 20
284566159
Routine Work Marana Yoga
Until 3:55PM then no yoga
Until 1.28AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 5:34AM – 7:11AM
Yama 1:39PM – 3:17PM
Rahu 8:48AM – 10:25AM
Purvashadha* Until 3:55PM
Subha Until 10:46PM
Kaulava Until 10:36PM
Chaturthi* Until 10:36AM

Ganesha: Red *Sunrise: 5:34AM*
Muruqa: Red *Sunset: 6:31PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 3 Sutra 38
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

3 Sunday, May 22, 2011

Makara Rasi: 4.2 Tithi 20 – 21
285566159
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sukla Yoga Tailita/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 3:17PM – 4:54PM
Yama 12:02PM – 1:39PM
Rahu 4:54PM – 6:31PM
Uttarashadha Until 4:27PM
Sukla Until 9:37PM
Gara Until 10:26PM
Panchami Until 10:26AM

Ganesha: Yellow *Sunrise: 5:33AM*
Muruqa: Red *Sunset: 6:31PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 4 Sutra 39
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

4 Monday, May 23, 2011

Makara Rasi: 17.01 Tithi 21 – 22
295666159
Family Home Evening
Creative Work Amrita Yoga
Until 6:38PM then Siddha Yoga
Until 1.28AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 1:40PM – 3:17PM
Yama 10:25AM – 12:02PM
Rahu 7:10AM – 8:48AM
Sravana Until 6:38PM
Brahma Until 10:15PM
Visti Until 12:33AM Tue
Shasthi* Until 11:27AM

Ganesha: Green *Sunrise: 5:33AM*
Muruqa: Red *Sunset: 6:32PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 5 Sutra 40
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

Tuesday, May 24, 2011
Retreat Star

Makara Rasi: 29.23 Tithi 22 – 23
295666159
Routine Work Marana Yoga
Until 1.28AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 12:02PM – 1:40PM
Yama 8:48AM – 10:25AM
Rahu 3:17PM – 4:54PM
Dhanishtha Until 8:34PM
Indra Until 10:15PM
Balava Until 1:50AM Wed
Saptami Until 12:44PM

Ganesha: Green *Sunrise: 5:33AM*
Muruqa: Red *Sunset: 6:32PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 6 Sutra 41
Khara 5113
Moon 5 - Phase 5
Ashtami

Devaloka Day

Wednesday, May 25, 2011
Retreat Star

Kumbha Rasi: 11.32 Tithi 23 – 24
295666159
Creative Work Siddha Yoga
Until 10:56PM then Amrita Yoga
Until 1.28AM Thu then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Ashtami*/Navami* Yam Titau
Gulika 10:25AM – 12:03PM
Yama 7:10AM – 8:48AM
Rahu 12:03PM – 1:40PM
Satabhisha Until 10:56PM
Vaidhriti* Until 10:41PM
Tailita Until 3:37AM Thu
Ashtami* Until 2:31PM

Ganesha: Green *Sunrise: 5:33AM*
Muruqa: Red *Sunset: 6:32PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Yangon, Myanmar
Sun 7 Sutra 42
Khara 5113
Moon 5 - Phase 5
Navami

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

1	Thursday, May 26, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Yangon, Myanmar
	Kumbha Rasi: 23.31	Tithi 24 – 25	315666159	Gulika 8:48AM – 10:25AM	Purvaprostapada* Until 1:38AM Fri	Ganesha: Clear <i>Sunrise: 5:33AM</i>	Sun 8 Sutra 43 Khara 5113
	Creative Work	Siddha Yoga		Yama 5:33AM – 7:10AM	Vishkambha* Until 11:23PM	Muruqa: Red <i>Sunset: 6:33PM</i>	Moon 5 - Phase 6 2nd Phase
			Rahu 1:40PM – 3:18PM	Vanija Until 5:44AM Fri	Nataraja: Purple		Sivaloka Day
				Navami* Until 4:39PM	Vaisaka-Vaikasi		


2	Friday, May 27, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti* Karana Dasami Yam Titau				Yangon, Myanmar
	Meena Rasi: 5.25	Tithi 25	315666159	Gulika 7:10AM – 8:48AM	Uttaraprostapada Until 4:29AM Sat	Ganesha: Clear <i>Sunrise: 5:33AM</i>	Sun 9 Sutra 44 Khara 5113
	Creative Work	Siddha Yoga		Yama 3:18PM – 4:55PM	Priti Until 12:15AM Sat	Muruqa: Red <i>Sunset: 6:33PM</i>	Moon 5 - Phase 6 2nd Phase
			Rahu 10:25AM – 12:03PM	Visti Until 8:02AM Sat	Nataraja: Purple		Sivaloka Day
				Dasami Until 6:57PM	Vaisaka-Vaikasi		


3	Saturday, May 28, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadasi* Yam Titau				Yangon, Myanmar
	Meena Rasi: 17.19	Tithi 26	315666159	Gulika 5:32AM – 7:10AM	Revati Until 7:32AM Sun	Ganesha: Clear <i>Sunrise: 5:32AM</i>	Sun 10 Sutra 45 Khara 5113
	Routine Work	Prabalarishta Yoga		Yama 1:40PM – 3:18PM	Ayushman Until 1:09AM Sun	Muruqa: Red <i>Sunset: 6:33PM</i>	Moon 5 - Phase 6 2nd Phase
			Rahu 8:48AM – 10:25AM	Bava Until 8:12AM	Nataraja: Purple		Sivaloka Day
				Ekadasi* Until 9:17PM	Vaisaka-Vaikasi		

4	Sunday, May 29, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Saubhagya Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau				Yangon, Myanmar
	Meena Rasi: 29.14	Tithi 27	315666159	Gulika 3:18PM – 4:56PM	Revati Until 7:32AM	Ganesha: Clear <i>Sunrise: 5:32AM</i>	Sun 11 Sutra 46 Khara 5113
	Creative Work	Amrita Yoga		Yama 12:03PM – 1:41PM	Saubhagya Until 1:58AM Mon	Muruqa: Red <i>Sunset: 6:34PM</i>	Moon 5 - Phase 6 2nd Phase
			Rahu 4:56PM – 6:34PM	Kaulava Until 10:27AM	Nataraja: Purple		Sivaloka Day
				Dvadasi* Until 11:33PM	Vaisaka-Vaikasi		

5	Monday, May 30, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Yangon, Myanmar
	Mesha Rasi: 11.15	Tithi 28	325666159	Gulika 1:41PM – 3:19PM	Asvini Until 10:10AM	Ganesha: Purple <i>Sunrise: 5:32AM</i>	Sun 12 Sutra 47 Khara 5113
	Family Home Evening			Yama 10:25AM – 12:03PM	Sobhana Until 2:38AM Tue	Muruqa: Red <i>Sunset: 6:34PM</i>	Moon 5 - Phase 6 2nd Phase
			Rahu 7:10AM – 8:48AM	Gara Until 12:31PM	Nataraja: Purple		Devaloka Day
				Trayodasi* Until 1:36AM Tue	Vaisaka-Vaikasi		
				<i>Pradosha Vrata (Fasting)</i>			

6	Tuesday, May 31, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Yangon, Myanmar
	Mesha Rasi: 23.25	Tithi 29	326666159	Gulika 12:03PM – 1:41PM	Bharani Until 12:31PM	Ganesha: Light Blue <i>Sunrise: 5:32AM</i>	Sun 13 Sutra 48 Khara 5113
	Creative Work	Siddha Yoga		Yama 8:48AM – 10:25AM	Athiganda* Until 3:03AM Wed	Muruqa: Red <i>Sunset: 6:34PM</i>	Moon 5 - Phase 6 2nd Phase
			Rahu 3:19PM – 4:57PM	Visti Until 2:16PM	Nataraja: Purple		Devaloka Day
				Chaturdasi* Until 3:22AM Wed	Vaisaka-Vaikasi		

	Wednesday, June 1, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Yangon, Myanmar
	Retreat Star			Gulika 10:26AM – 12:03PM	Krittika Until 1:52PM	Ganesha: Light Blue <i>Sunrise: 5:32AM</i>	Sun 14 Sutra 49 Khara 5113
	Vrishabha Rasi: 5.44	Tithi 30	326666159	Yama 7:10AM – 8:48AM	Sukarma Until 3:07AM Thu	Muruqa: Red <i>Sunset: 6:35PM</i>	Moon 5 - Phase 6 Amavasya
			Rahu 12:03PM – 1:41PM	Catuspada Until 2:50PM	Nataraja: Purple		Devaloka Day
				Amavasya* Until 2:50AM Thu	Vaisaka-Vaikasi		

	Thursday, June 2, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Yangon, Myanmar
	Retreat Star			Gulika 8:48AM – 10:26AM	Rohini Until 3:20PM	Ganesha: Purple <i>Sunrise: 5:32AM</i>	Sun 15 Sutra 50 Khara 5113
	Vrishabha Rasi: 18.17	Tithi 1	336666159	Yama 5:32AM – 7:10AM	Dhriti Until 1:20AM Fri	Muruqa: Red <i>Sunset: 6:35PM</i>	Moon 5 - Phase 6 Prathama
			Rahu 1:41PM – 3:19PM	Kintughna Until 3:40PM	Nataraja: Purple		Devaloka Day
				Prathama* Until 3:40AM Fri	Jyeshtha-Vaikasi		

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

1	Friday, June 3, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 1.03	Tithi 2		Sun 16 Sutra 51 Khara 5113
	336666159			Moon 5 - Phase 7 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day
		Gulika 7:10AM – 8:48AM	Mrigasira Until 4:23PM	Ganesha: Purple <i>Sunrise:</i> 5:32AM
		Yama 3:19PM – 4:57PM	Shula* Until 12:39AM Sat	Muruqa: Red <i>Sunset:</i> 6:35PM
		Rahu 10:26AM – 12:04PM	Balava Until 4:03PM	Nataraja: Purple Moon – Yellow
			Dvitiya Until 4:03AM Sat	Jyeshtha-Vaikasi


2	Saturday, June 4, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Tailita/Gara Karana Tritiya Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 14.03	Tithi 3		Sun 17 Sutra 52 Khara 5113
	336666159			Moon 5 - Phase 7 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day
Until 4:59PM then Marana Yoga				
Until 1.29AM Sun then Siddha Yoga				
		Gulika 5:32AM – 7:10AM	Ardra Until 4:59PM	Ganesha: Purple <i>Sunrise:</i> 5:32AM
		Yama 1:42PM – 3:20PM	Ganda* Until 11:35PM	Muruqa: Red <i>Sunset:</i> 6:36PM
		Rahu 8:48AM – 10:26AM	Tailita Until 3:57PM	Nataraja: Purple Moon – Yellow
			Tritiya Until 3:57AM Sun	Jyeshtha-Vaikasi

3	Sunday, June 5, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 27.17	Tithi 4		Sun 18 Sutra 53 Khara 5113
	346666159			Moon 5 - Phase 7 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day
		Gulika 3:20PM – 4:58PM	Punarvasu Until 5:10PM	Ganesha: Light Blue <i>Sunrise:</i> 5:32AM
		Yama 12:04PM – 1:42PM	Vriddhi Until 10:06PM	Muruqa: Red <i>Sunset:</i> 6:36PM
		Rahu 4:58PM – 6:36PM	Vanija Until 2:41PM	Nataraja: Purple Moon – Blue
			Chaturthi* Until 1:45AM Mon	Jyeshtha-Vaikasi

4	Monday, June 6, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchami Yam Titau	Yangon, Myanmar
	Kataka Rasi: 10.45	Tithi 5		Sun 19 Sutra 54 Khara 5113
	346666151			Moon 5 - Phase 7 3rd Phase
Family Home Evening				Devaloka Day
Creative Work	Siddha Yoga			
		Gulika 1:42PM – 3:20PM	Pushya Until 4:09PM	Ganesha: Light Blue <i>Sunrise:</i> 5:32AM
		Yama 10:26AM – 12:04PM	Dhruva Until 7:18PM	Muruqa: Red <i>Sunset:</i> 6:36PM
		Rahu 7:10AM – 8:48AM	Bava Until 1:45PM	Nataraja: Purple Moon – Blue
			Panchami Until 12:49AM Tue	Jyeshtha-Vaikasi

5	Tuesday, June 7, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana* Yoga Kaulava/Tailita Karana Shasthi* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 24.25	Tithi 6		Sun 20 Sutra 55 Khara 5113
	347666151			Moon 5 - Phase 7 3rd Phase
Creative Work	Siddha Yoga			Devaloka Day
		Gulika 12:04PM – 1:42PM	Aslesha* Until 3:34PM	Ganesha: Purple <i>Sunrise:</i> 5:32AM
		Yama 8:48AM – 10:26AM	Vyaghata* Until 5:13PM	Muruqa: Red <i>Sunset:</i> 6:37PM
		Rahu 3:21PM – 4:59PM	Kaulava Until 12:26PM	Nataraja: Purple Moon – Blue
			Shasthi* Until 11:30PM	Jyeshtha-Vaikasi

6	Wednesday, June 8, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptami Yam Titau	Yangon, Myanmar
	Simha Rasi: 8.17	Tithi 7		Sun 21 Sutra 56 Khara 5113
	357666151			Moon 5 - Phase 7 3rd Phase
Creative Work	Siddha Yoga			Sivaloka Day
Until 2:39PM then Amrita Yoga				
Until 1.30AM Thu then no yoga				
		Gulika 10:26AM – 12:05PM	Magha* Until 2:39PM	Ganesha: Clear <i>Sunrise:</i> 5:32AM
		Yama 7:10AM – 8:48AM	Harshana Until 2:50PM	Muruqa: Red <i>Sunset:</i> 6:37PM
		Rahu 12:05PM – 1:43PM	Gara Until 10:44AM	Nataraja: Purple Moon – Red
			Saptami Until 9:49PM	Jyeshtha-Vaikasi

	Thursday, June 9, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtami* Yam Titau	Yangon, Myanmar
	Simha Rasi: 22.2	Tithi 8		Sun 22 Sutra 57 Khara 5113
	357666151			Moon 5 - Phase 7 Ashtami
No Yoga				Sivaloka Day
Until 1:25PM then Prabalarishta Yoga				
Until 1.30AM Fri then Siddha Yoga				
		Gulika 8:48AM – 10:27AM	Purvaphalguni* Until 1:25PM	Ganesha: Clear <i>Sunrise:</i> 5:32AM
		Yama 5:32AM – 7:10AM	Vajra* Until 12:09PM	Muruqa: Red <i>Sunset:</i> 6:37PM
		Rahu 1:43PM – 3:21PM	Visti Until 8:43AM	Nataraja: Purple Moon – Red
			Ashtami* Until 7:48PM	Jyeshtha-Vaikasi

Retreat Star	Friday, June 10, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalipata* Yoga Balava/Tailita Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
	Kanya Rasi: 6.34	Tithi 9 – 10		Sun 23 Sutra 58 Khara 5113
	357666151			Moon 5 - Phase 7 Navami
Creative Work	Siddha Yoga			Sivaloka Day
Until 11:54AM then Amrita Yoga				
Until 1.30AM Sat then Marana Yoga				
		Gulika 7:10AM – 8:49AM	Uttaraphalguni Until 11:54AM	Ganesha: Clear <i>Sunrise:</i> 5:32AM
		Yama 3:21PM – 4:59PM	Siddhi Until 9:13AM	Muruqa: Red <i>Sunset:</i> 6:38PM
		Rahu 10:27AM – 12:05PM	Balava Until 6:24AM	Nataraja: Purple Moon – Red
			Navami* Until 5:28PM	Jyeshtha-Vaikasi

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

1 Saturday, June 11, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Yangon, Myanmar
 Hasta/Chitra Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 59
 Kanya Rasi: 20.54 Tithi 10 - 11 367666151 **Gulika** 5:32AM - 7:11AM **Hasta** **Until 10:11AM** **Ganesha:** White *Sunrise:* 5:32AM Khara 5113
 Routine Work Marana Yoga **Yama** 1:43PM - 3:22PM **Vyatipata*** **Until 6:04AM** **Muruqa:** Red *Sunset:* 6:38PM Moon 5 - Phase 8
 Until 1.31AM Sun then Siddha Yoga **Rahu** 8:49AM - 10:27AM **Vanija** **Until 2:00AM Sun** **Nataraja:** Purple Moon - Green **Devaloka Day**
Jyeshtha-Vaikasi

2 Sunday, June 12, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Yangon, Myanmar
 Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau Sun 25 Sutra 60
 Tula Rasi: 5.19 Tithi 11 - 12 367666151 **Gulika** 3:22PM - 5:00PM **Chitra** **Until 8:19AM** **Ganesha:** White *Sunrise:* 5:32AM Khara 5113
 Creative Work Siddha Yoga **Yama** 12:05PM - 1:44PM **Parigha*** **Until 12:08AM Mon** **Muruqa:** Red *Sunset:* 6:38PM Moon 5 - Phase 8
 Until 1.31AM Mon then Amrita Yoga **Rahu** 5:00PM - 6:38PM **Bava** **Until 11:18PM** **Nataraja:** Purple Moon - Green **Devaloka Day**
Ekadasi **Until 12:13PM** **Jyeshtha-Vaikasi**

3 Monday, June 13, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Yangon, Myanmar
 Svati/Visakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau Sun 26 Sutra 61
 Tula Rasi: 19.45 Tithi 12 - 13 367666151 **Gulika** 1:44PM - 3:22PM **Svati** **Until 6:26AM** **Ganesha:** White *Sunrise:* 5:33AM Khara 5113
Family Home Evening **Yama** 10:27AM - 12:06PM **Shiva** **Until 8:51PM** **Muruqa:** Red *Sunset:* 6:39PM Moon 5 - Phase 8
 Creative Work Amrita Yoga **Rahu** 7:11AM - 8:49AM **Kaulava** **Until 8:34PM** **Nataraja:** Purple Moon - Green **Devaloka Day**
 Until 6:26AM then Marana Yoga **Vaikasi Visakam** **Dvadasi** **Until 9:30AM** **Jyeshtha-Vaikasi**
Pradosha Vrata

4 Tuesday, June 14, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
 Anuradha Nakshatra Siddha/Sadhya Yoga Talitta/Vanija Karana Trayodasi/Chaturdasi Yam Titau Sun 27 Sutra 62
 Vrischika Rasi: 4.07 Tithi 13 - 14 378666151 **Gulika** 12:06PM - 1:44PM **Anuradha** **Until 3:32AM Wed** **Ganesha:** White *Sunrise:* 5:33AM Khara 5113
 Creative Work Siddha Yoga **Yama** 8:49AM - 10:27AM **Siddha** **Until 5:41PM** **Muruqa:** Red *Sunset:* 6:39PM Moon 5 - Phase 8
Rahu 3:22PM - 5:01PM **Vanija** **Until 5:03AM Wed** **Nataraja:** Purple Moon - Orange **Subha Sivaloka Day**
Trayodasi **Until 6:54AM** **Jyeshtha-Vaikasi**

Wednesday, June 15, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Yangon, Myanmar
Copper Retreat Star **Jyeshtha*** **Until 2:02AM Thu** **Ganesha:** White *Sunrise:* 5:33AM Sutra 63
 Vrischika Rasi: 18.19 Tithi 15 378666151 **Yama** 7:11AM - 8:49AM **Sadhya** **Until 2:45PM** **Muruqa:** Red *Sunset:* 6:39PM Khara 5113
 Creative Work Siddha Yoga **Rahu** 12:06PM - 1:44PM **Visti** **Until 3:40PM** **Nataraja:** Purple Moon - Orange **Subha Sivaloka Day**
Purnima* **Until 2:45AM Thu** **Jyeshtha-Ani**

Thursday, June 16, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Yangon, Myanmar
Silver Retreat Star **Mula*** **Until 12:57AM Fri** **Ganesha:** Yellow *Sunrise:* 5:33AM Sutra 64
 Dhanus Rasi: 2.17 Tithi 16 388666151 **Yama** 5:33AM - 7:11AM **Subha** **Until 12:13PM** **Muruqa:** Red *Sunset:* 6:39PM Khara 5113
 Creative Work Siddha Yoga **Rahu** 1:44PM - 3:23PM **Balava** **Until 1:48PM** **Nataraja:** Purple Moon - Light Blue **Sivaloka Day**
Prathama* **Until 12:53AM Fri** **Jyeshtha-Ani**



Friday, June 17, 2011
Gold Retreat Star

Dhanus Rasi: 15.57 Tithi 17
388766151
Creative Work Siddha Yoga
Until 1.32AM Sat then Marana Yoga
Until 1:47AM Sat then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 7:11AM – 8:50AM **Purvashadha* Until 1:47AM Sat**
Yama 3:23PM – 5:01PM Sukla Until 10:27AM
Rahu 10:28AM – 12:06PM Tailila Until 1:01PM
Dvitiya Until 1:01AM Sat

Ganesha: Blue *Sunrise:* 5:33AM
Muruqa: Red *Sunset:* 6:40PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha-Ani

Yangon, Myanmar
Sun 1 Sutra 65
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

1

Saturday, June 18, 2011

Dhanus Rasi: 29.17 Tithi 18
388766151
No Yoga
Until 1.32AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visiti* Karana Tritiya Yam Titau
Gulika 5:33AM – 7:12AM **Uttarashadha Until 1:47AM Sun**
Yama 1:45PM – 3:23PM Brahma Until 8:48AM
Rahu 8:50AM – 10:28AM Vanija Until 12:16PM
Tritiya Until 12:16AM Sun

Ganesha: Blue *Sunrise:* 5:33AM
Muruqa: Red *Sunset:* 6:40PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha-Ani

Yangon, Myanmar
Sun 2 Sutra 66
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

2

Sunday, June 19, 2011

Makara Rasi: 12.17 Tithi 19
398766151
Creative Work Amrita Yoga
Until 2:25AM Mon then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 3:23PM – 5:02PM **Sravana Until 2:25AM Mon**
Yama 12:07PM – 1:45PM Indra Until 7:45AM
Rahu 5:02PM – 6:40PM Bava Until 12:11PM
Chaturthi* Until 12:11AM Mon

Ganesha: Red *Sunrise:* 5:33AM
Muruqa: Red *Sunset:* 6:40PM
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Yangon, Myanmar
Sun 3 Sutra 67
Khara 5113
Moon 6 - Phase 9
1st Phase

Sivaloka Day

Father's Day

3

Monday, June 20, 2011

Makara Rasi: 24.57 Tithi 20
399766151
Family Home Evening
Creative Work Siddha Yoga
Until 1.33AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Panchami Yam Titau
Gulika 1:45PM – 3:24PM **Dhanishtha Until 5:26AM Tue**
Yama 10:29AM – 12:07PM Vaidhriti* Until 7:20AM
Rahu 7:12AM – 8:50AM Kaulava Until 1:22PM
Panchami Until 2:27AM Tue

Ganesha: Blue *Sunrise:* 5:34AM
Muruqa: Red *Sunset:* 6:40PM
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Yangon, Myanmar
Sun 4 Sutra 68
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

4

Tuesday, June 21, 2011

Kumbha Rasi: 7.21 Tithi 21
399766151
Routine Work Marana Yoga
Until 1.33AM Wed then Siddha Yoga
Until 6:58AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 12:07PM – 1:46PM **Satabhisha Until 6:58AM Wed**
Yama 8:51AM – 10:29AM Vishkambha* Until 7:19AM
Rahu 3:24PM – 5:02PM Gara Until 2:35PM
Shasthi* Until 3:40AM Wed

Ganesha: Blue *Sunrise:* 5:34AM
Muruqa: Red *Sunset:* 6:41PM
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Yangon, Myanmar
Sun 5 Sutra 69
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

5

Wednesday, June 22, 2011

Kumbha Rasi: 19.31 Tithi 22
399766151
Creative Work Siddha Yoga
Until 6:58AM then Amrita Yoga
Until 1.33AM Thu then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Sapthami Yam Titau
Gulika 10:29AM – 12:07PM **Satabhisha Until 6:58AM**
Yama 7:12AM – 8:51AM Priti Until 7:41AM
Rahu 12:07PM – 1:46PM Visti Until 4:17PM
Saptami Until 5:22AM Thu

Ganesha: Blue *Sunrise:* 5:34AM
Muruqa: Red *Sunset:* 6:41PM
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Yangon, Myanmar
Sun 6 Sutra 70
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day



Thursday, June 23, 2011
Retreat Star

Meena Rasi: 1.32 Tithi 23
319766151
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Ayushman/Saubhagya Yoga Balava Karana Ashtami* Yam Titau
Gulika 8:51AM – 10:29AM **Purvaprostapada* Until 9:36AM**
Yama 5:34AM – 7:13AM Ayushman Until 8:21AM
Rahu 1:46PM – 3:24PM Balava Until 6:19PM
Ashtami* Until 7:28AM Fri

Ganesha: Purple *Sunrise:* 5:34AM
Muruqa: Red *Sunset:* 6:41PM
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Yangon, Myanmar
Sun 7 Sutra 71
Khara 5113
Moon 6 - Phase 9
Ashtami

Subha Sivaloka Day

Friday, June 24, 2011
Retreat Star

Meena Rasi: 13.28 Tithi 23 – 24
319766151
Creative Work Siddha Yoga
Until 1.33AM Sat then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprostapada/Revali Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau
Gulika 7:13AM – 8:51AM **Uttaraprostapada Until 12:24PM**
Yama 3:25PM – 5:03PM Saubhagya Until 9:11AM
Rahu 10:30AM – 12:08PM Tailila Until 8:34PM
Ashtami* Until 7:28AM

Ganesha: Purple *Sunrise:* 5:35AM
Muruqa: Red *Sunset:* 6:41PM
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Yangon, Myanmar
Sun 8 Sutra 72
Khara 5113
Moon 6 - Phase 9
Navami

Subha Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94

1	Saturday, June 25, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Yangon, Myanmar
	Meena Rasi: 25.22 Tithi 24 – 25 319766151	Gulika 5:35AM – 7:13AM Yama 1:46PM – 3:25PM Rahu 8:51AM – 10:30AM	Revati Until 3:16PM Sobhana Until 10:04AM Vanija Until 10:51PM Navami* Until 9:46AM	Ganesha: Purple Muruqa: Red Nataraja: Purple Moon – Clear Jyeshtha-Ani	<i>Sunrise:</i> 5:35AM <i>Sunset:</i> 6:41PM	Sun 9 Sutra 73 Khara 5113 Moon 6 - Phase 10 2nd Phase Subha Sivaloka Day


2	Sunday, June 26, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Yangon, Myanmar
	Mesha Rasi: 7.19 Tithi 25 – 26 329766151	Gulika 3:25PM – 5:03PM Yama 12:08PM – 1:47PM Rahu 5:03PM – 6:42PM	Asvini Until 6:02PM Athiganda* Until 10:52AM Bava Until 1:03AM Mon Dasami Until 11:57AM	Ganesha: Clear Muruqa: Red Nataraja: Purple Moon – White Jyeshtha-Ani	<i>Sunrise:</i> 5:35AM <i>Sunset:</i> 6:42PM	Sun 10 Sutra 74 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day

3	Monday, June 27, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Yangon, Myanmar
	Mesha Rasi: 19.23 Tithi 26 – 27 329766151	Gulika 1:47PM – 3:25PM Yama 10:30AM – 12:08PM Rahu 7:14AM – 8:52AM	Bharani Until 8:34PM Sukarma Until 11:27AM Kaulava Until 2:59AM Tue Ekadasi* Until 1:54PM	Ganesha: Clear Muruqa: Red Nataraja: Purple Moon – White Jyeshtha-Ani	<i>Sunrise:</i> 5:35AM <i>Sunset:</i> 6:42PM	Sun 11 Sutra 75 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day

4	Tuesday, June 28, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Yangon, Myanmar
	Wrishabha Rasi: 1.37 Tithi 27 – 28 321766151	Gulika 12:09PM – 1:47PM Yama 8:52AM – 10:30AM Rahu 3:25PM – 5:04PM	Krittika Until 10:45PM Dhriti Until 11:42AM Gara Until 2:40AM Wed Dvadasi* Until 2:40PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red Muruqa: Red Nataraja: Purple Moon – White Jyeshtha-Ani	<i>Sunrise:</i> 5:36AM <i>Sunset:</i> 6:42PM	Sun 12 Sutra 76 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day

5	Wednesday, June 29, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Yangon, Myanmar
	Wrishabha Rasi: 14.07 Tithi 28 – 29 331776151	Gulika 10:31AM – 12:09PM Yama 7:14AM – 8:52AM Rahu 12:09PM – 1:47PM	Rohini Until 11:02PM Shula* Until 11:07AM Visti Until 3:36AM Thu Trayodasi* Until 3:36PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Yellow Jyeshtha-Ani	<i>Sunrise:</i> 5:36AM <i>Sunset:</i> 6:42PM	Sun 13 Sutra 77 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day

6	Thursday, June 30, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Ganda*/Vridhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Yangon, Myanmar
	Wrishabha Rasi: 26.52 Tithi 29 – 30 331776151	Gulika 8:53AM – 10:31AM Yama 5:36AM – 7:14AM Rahu 1:47PM – 3:26PM	Mrigasira Until 12:05AM Fri Ganda* Until 10:27AM Catuspada Until 3:59AM Fri Chaturdasi* Until 3:59PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Yellow Jyeshtha-Ani	<i>Sunrise:</i> 5:36AM <i>Sunset:</i> 6:42PM	Sun 14 Sutra 78 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day

	Friday, July 1, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Yangon, Myanmar
	Retreat Star Mithuna Rasi: 9.57 Tithi 30 – 1 331776151	Gulika 7:15AM – 8:53AM Yama 3:26PM – 5:04PM Rahu 10:31AM – 12:09PM	Ardra Until 12:34AM Sat Vridhi Until 9:16AM Kintughna Until 3:44AM Sat Amavasya* Until 3:44PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Yellow Jyeshtha-Ani	<i>Sunrise:</i> 5:36AM <i>Sunset:</i> 6:42PM	Sun 15 Sutra 79 Khara 5113 Moon 6 - Phase 10 Amavasya Sivaloka Day

7	Saturday, July 2, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Yangon, Myanmar
	Retreat Star Mithuna Rasi: 23.2 Tithi 1 – 2 341776151	Gulika 5:37AM – 7:15AM Yama 1:48PM – 3:26PM Rahu 8:53AM – 10:31AM	Punarvasu Until 11:09PM Dhruva Until 7:27AM Balava Until 1:16AM Sun Prathama* Until 2:12PM	Ganesha: Red Muruqa: Yellow Nataraja: Purple Moon – Blue Ashada-Ani	<i>Sunrise:</i> 5:37AM <i>Sunset:</i> 6:42PM	Sun 16 Sutra 80 Khara 5113 Moon 6 - Phase 10 Prathama Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49


1	Sunday, July 3, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Yangon, Myanmar
	Kataka Rasi: 7	Tithi 2 - 3		Sun 17 Sutra 81 Khara 5113
Creative Work	Siddha Yoga	341776151	Gulika 3:26PM - 5:04PM Yama 12:10PM - 1:48PM Rahu 5:04PM - 6:42PM	Pushya Until 10:35PM Harshana Until 2:43AM Mon Taitila Until 11:57PM Dvitiya Until 12:53PM
			Ganesha: Red <i>Sunrise: 5:37AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Purple Moon - Blue Ashada-Ani	Moon 6 - Phase 11 3rd Phase Sivaloka Day


2	Monday, July 4, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 20.53	Tithi 3 - 4		Sun 18 Sutra 82 Khara 5113
Family Home Evening		341776151	Gulika 1:48PM - 3:26PM Yama 10:32AM - 12:10PM Rahu 7:15AM - 8:54AM	Aslesha* Until 9:37PM Vajra* Until 12:17AM Tue Vanija Until 10:13PM Tritiya Until 11:08AM
Creative Work	Siddha Yoga		Ganesha: Red <i>Sunrise: 5:37AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Purple Moon - Blue Ashada-Ani	Moon 6 - Phase 11 3rd Phase Sivaloka Day

3	Tuesday, July 5, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
	Simha Rasi: 4.58	Tithi 4 - 5		Sun 19 Sutra 83 Khara 5113
Creative Work	Siddha Yoga	351776151	Gulika 12:10PM - 1:48PM Yama 8:54AM - 10:32AM Rahu 3:26PM - 5:04PM	Magha* Until 8:21PM Siddhi Until 9:35PM Bava Until 8:09PM Chaturthi* Until 9:04AM
Until 1.36AM Wed then Amrita Yoga			Ganesha: Blue <i>Sunrise: 5:38AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Purple Moon - Red Ashada-Ani	Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day

4	Wednesday, July 6, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Vyatipata* Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
	Simha Rasi: 19.09	Tithi 5 - 6		Sun 20 Sutra 84 Khara 5113
Creative Work	Amrita Yoga	351776151	Gulika 10:32AM - 12:10PM Yama 7:16AM - 8:54AM Rahu 12:10PM - 1:48PM	Purvaphalguni* Until 6:53PM Vyatipata* Until 6:42PM Taitila Until 4:57AM Thu Panchami Until 6:48AM
Until 1.36AM Thu then Prabalarishta Yoga			Ganesha: Blue <i>Sunrise: 5:38AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Purple Moon - Red Ashada-Ani	Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day

5	Thursday, July 7, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau	Yangon, Myanmar
	Kanya Rasi: 3.23	Tithi 7		Sun 21 Sutra 85 Khara 5113
Routine Work	Prabalarishta Yoga	451776151	Gulika 8:54AM - 10:32AM Yama 5:38AM - 7:16AM Rahu 1:48PM - 3:26PM	Uttaraphalguni Until 5:21PM Variyan Until 3:44PM Gara Until 3:31PM Saptami Until 2:36AM Fri
Until 5:21PM then no yoga			Ganesha: Red <i>Sunrise: 5:38AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Purple Moon - Red Ashada-Ani	Moon 6 - Phase 11 3rd Phase Sivaloka Day
Until 1.36AM Fri then Amrita Yoga			Chidambaram Abhishekam	

	Friday, July 8, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 17.37	Tithi 8		Sun 22 Sutra 86 Khara 5113
Creative Work	Amrita Yoga	461776151	Gulika 7:17AM - 8:55AM Yama 3:27PM - 5:05PM Rahu 10:33AM - 12:11PM	Hasta Until 3:49PM Parigha* Until 12:46PM Visti Until 1:10PM Ashtami* Until 12:14AM Sat
Until 3:49PM then Siddha Yoga			Ganesha: Blue <i>Sunrise: 5:39AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Purple Moon - Green Ashada-Ani	Moon 6 - Phase 11 Ashtami Subha Sivaloka Day
Until 1.36AM Sat then Marana Yoga				

	Saturday, July 9, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navami* Yam Titau	Yangon, Myanmar
	Tula Rasi: 1.49	Tithi 9		Sun 23 Sutra 87 Khara 5113
Routine Work	Marana Yoga	462776151	Gulika 5:39AM - 7:17AM Yama 1:49PM - 3:27PM Rahu 8:55AM - 10:33AM	Chitra Until 2:20PM Shiva Until 9:52AM Balava Until 10:52AM Navami* Until 9:57PM
Until 2:20PM then Siddha Yoga			Ganesha: Yellow <i>Sunrise: 5:39AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Purple Moon - Green Ashada-Ani	Moon 6 - Phase 11 Navami Sivaloka Day


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishṇa Yajur Veda, Maitu 3.2. UpH, 418


1	Sunday, July 10, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dasami Yam Titau				Yangon, Myanmar
	Tula Rasi: 15.56 Tithi 10	462776151	Gulika 3:27PM – 5:05PM	Svati Until 12:58PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Green	Sun 24 Sutra 88 Khara 5113 Moon 6 - Phase 12 4th Phase
Creative Work Siddha Yoga Until 12:58PM then Marana Yoga			Yama 12:11PM – 1:49PM	Siddha Until 7:04AM	Sunrise: 5:39AM Sunset: 6:42PM	Sivaloka Day
			Rahu 5:05PM – 6:42PM	Taitila Until 8:42AM		
				Dasami Until 7:46PM		

2	Monday, July 11, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Vanija/Bava Karana Ekadasi/Dvadasi Yam Titau				Yangon, Myanmar
	Tula Rasi: 29.58 Tithi 11 – 12	472876151	Gulika 1:49PM – 3:27PM	Visakha Until 11:45AM	Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Orange	Sun 25 Sutra 89 Khara 5113 Moon 6 - Phase 12 4th Phase
Family Home Evening Routine Work Marana Yoga Until 11:45AM then Siddha Yoga			Yama 10:33AM – 12:11PM	Subha Until 1:45AM Tue	Sunrise: 5:39AM Sunset: 6:42PM	Sivaloka Day
			Rahu 7:17AM – 8:55AM	Vanija Until 6:42AM		
				Ekadasi Until 5:46PM		

3	Tuesday, July 12, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Yangon, Myanmar
	Vrischika Rasi: 13.53 Tithi 12 – 13	472876151	Gulika 12:11PM – 1:49PM	Anuradha Until 10:46AM	Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Orange	Sun 26 Sutra 90 Khara 5113 Moon 6 - Phase 12 4th Phase
Creative Work Siddha Yoga			Yama 8:55AM – 10:33AM	Sukla Until 11:18PM	Sunrise: 5:40AM Sunset: 6:42PM	Sivaloka Day
			Rahu 3:27PM – 5:05PM	Kaulava Until 3:04AM Wed		
				Dvadasi Until 4:00PM		
				<i>Pradosha Vrata</i>		

4	Wednesday, July 13, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Yangon, Myanmar
	Vrischika Rasi: 27.38 Tithi 13 – 14	472876151	Gulika 10:33AM – 12:11PM	Jyeshtha* Until 10:03AM	Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Orange	Sun 27 Sutra 91 Khara 5113 Moon 6 - Phase 12 4th Phase
Creative Work Siddha Yoga Until 10:03AM then Marana Yoga Until 1:37AM Thu then Siddha Yoga			Yama 7:18AM – 8:56AM	Brahma Until 9:06PM	Sunrise: 5:40AM Sunset: 6:42PM	Sivaloka Day
			Rahu 12:11PM – 1:49PM	Gara Until 1:36AM Thu		
				Trayodasi Until 2:31PM		

	Thursday, July 14, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Yangon, Myanmar
	Copper Retreat Star		Gulika 8:56AM – 10:34AM	Mula* Until 9:56AM	Ganesha: White Muruqa: Yellow Nataraja: Purple Moon – Light Blue	Sun 28 Sutra 92 Khara 5113 Moon 6 - Phase 12 Purnima
Dhanus Rasi: 11.12 Tithi 14 – 15		482876151	Yama 5:40AM – 7:18AM	Indra Until 8:09PM	Sunrise: 5:40AM Sunset: 6:42PM	Subha Sivaloka Day
Creative Work Siddha Yoga			Rahu 1:49PM – 3:27PM	Visti Until 2:01AM Fri		
			Satguru Purnima	Chaturdasi* Until 2:01PM		

	Friday, July 15, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Yangon, Myanmar
	Silver Retreat Star		Gulika 7:18AM – 8:56AM	Purvashadha* Until 9:56AM	Ganesha: White Muruqa: Yellow Nataraja: Purple Moon – Light Blue	Sun 29 Sutra 93 Khara 5113 Moon 6 - Phase 12 Prathama
Dhanus Rasi: 24.32 Tithi 15 – 16		482876151	Yama 3:27PM – 5:04PM	Vaidhriti* Until 6:31PM	Sunrise: 5:41AM Sunset: 6:42PM	Subha Sivaloka Day
Creative Work Siddha Yoga Until 1:37AM Sat then no yoga			Rahu 10:34AM – 12:11PM	Balava Until 1:16AM Sat		
				Purnima* Until 1:16PM		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



Saturday, July 16, 2011
Gold Retreat Star

Makara Rasi: 7.37 Tithi 16 – 17
492876151
No Yoga
Until 10:24AM then Siddha Yoga
Until 1.37AM Sun then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 5:41AM – 7:19AM
Yama 1:49PM – 3:27PM
Rahu 8:56AM – 10:34AM

Uttarashadha Until 10:24AM
Vishkambha* Until 5:19PM
Taitila Until 1:00AM Sun
Prathama* Until 1:00PM

Ganesha: White
Muruqa: Yellow
Nataraja: Purple
Moon – Light Blue
Ashada-Ani

Yangon, Myanmar
Sutra 94
Khara 5113
Moon 7 - Phase 13
1st Phase
Subha Sivaloka Day

1

Sunday, July 17, 2011

Makara Rasi: 20.26 Tithi 17 – 18
492876152
Creative Work Amrita Yoga
Until 11:21AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 3:27PM – 5:04PM
Yama 12:12PM – 1:49PM
Rahu 5:04PM – 6:42PM

Sravana Until 11:21AM
Priti Until 4:33PM
Vanija Until 1:16AM Mon
Dvitiya Until 1:16PM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Clear
Moon – Purple
Ashada-Adi

Yangon, Myanmar
Sun 1 Sutra 95
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

2

Monday, July 18, 2011

Kumbha Rasi: 3.01 Tithi 18 – 19
492876152
Family Home Evening
Creative Work Siddha Yoga
Until 1.37AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 1:49PM – 3:27PM
Yama 10:34AM – 12:12PM
Rahu 7:19AM – 8:57AM

Dhanishtha Until 1:19PM
Ayushman Until 5:01PM
Bava Until 3:52AM Tue
Tritiya Until 2:46PM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Clear
Moon – Purple
Ashada-Adi

Yangon, Myanmar
Sun 2 Sutra 96
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

3

Tuesday, July 19, 2011

Kumbha Rasi: 15.21 Tithi 19 – 20
492876152
Routine Work Marana Yoga
Until 1.37AM Wed then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 12:12PM – 1:49PM
Yama 8:57AM – 10:34AM
Rahu 3:27PM – 5:04PM

Satabhisha Until 3:19PM
Saubhagya Until 5:06PM
Kaulava Until 5:12AM Wed
Chaturthi* Until 4:07PM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Clear
Moon – Purple
Ashada-Adi

Yangon, Myanmar
Sun 3 Sutra 97
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

4

Wednesday, July 20, 2011

Kumbha Rasi: 27.29 Tithi 20 – 21
412876152
Creative Work Amrita Yoga
Until 5:41PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 10:34AM – 12:12PM
Yama 7:20AM – 8:57AM
Rahu 12:12PM – 1:49PM

Purvaprostapada* Until 5:41PM
Sobhana Until 5:31PM
Gara Until 6:58AM Thu
Panchami Until 5:52PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – Clear
Ashada-Adi

Yangon, Myanmar
Sun 4 Sutra 98
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

5

Thursday, July 21, 2011

Meena Rasi: 9.3 Tithi 21
412876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 8:57AM – 10:35AM
Yama 5:43AM – 7:20AM
Rahu 1:49PM – 3:26PM

Uttaraprostapada Until 8:21PM
Athiganda* Until 6:13PM
Gara Until 6:51AM
Shasthi* Until 7:57PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – Clear
Ashada-Adi

Yangon, Myanmar
Sun 5 Sutra 99
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

6

Friday, July 22, 2011

Meena Rasi: 21.25 Tithi 22
413876152
Creative Work Siddha Yoga
Until 11:11PM then Amrita Yoga
Until 1.37AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 7:20AM – 8:57AM
Yama 3:26PM – 5:04PM
Rahu 10:35AM – 12:12PM

Revati Until 11:11PM
Sukarma Until 7:04PM
Visti Until 9:08AM
Saptami Until 10:13PM

Ganesha: White
Muruqa: Yellow
Nataraja: Clear
Moon – Clear
Ashada-Adi

Yangon, Myanmar
Sun 6 Sutra 100
Khara 5113
Moon 7 - Phase 13
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM



Saturday, July 23, 2011
Retreat Star

Mesha Rasi: 3.18 Tithi 23
423876152
Creative Work Siddha Yoga
Until 2:04AM Sun then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam
Asvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 5:43AM – 7:20AM
Yama 1:49PM – 3:26PM
Rahu 8:58AM – 10:35AM

Asvini Until 2:04AM Sun
Dhriti Until 7:58PM
Balava Until 11:27AM
Ashtami* Until 12:32AM Sun

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – White
Ashada-Adi

Yangon, Myanmar
Sun 7 Sutra 101
Khara 5113
Moon 7 - Phase 13
Ashtami
Devaloka Day

Sunday, July 24, 2011
Retreat Star

Mesha Rasi: 15.14 Tithi 24
423876152
No Yoga
Until 1.38AM Mon then Siddha Yoga
Until 4:52AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 3:26PM – 5:03PM
Yama 12:12PM – 1:49PM
Rahu 5:03PM – 6:40PM

Bharani Until 4:52AM Mon
Shula* Until 8:47PM
Taitila Until 1:40PM
Navami* Until 2:46AM Mon

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – White
Ashada-Adi

Yangon, Myanmar
Sun 8 Sutra 102
Khara 5113
Moon 7 - Phase 13
Navami
Devaloka Day

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418


1	Monday, July 25, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau		Yangon, Myanmar
	Mesha Rasi: 27.18 Tithi 25 Family Home Evening 423876152 No Yoga Until 1.38AM Tue then Siddha Yoga Until 6:47AM Tue then Amrita Yoga	Gulika 1:49PM – 3:26PM Yama 10:35AM – 12:12PM Rahu 7:21AM – 8:58AM	Krittika Until 6:47AM Tue Ganda* Until 9:22PM Vanija Until 3:37PM Dasami Until 4:42AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:44AM Muruqa: Yellow <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – White Ashada*Adi	Sun 9 Sutra 103 Khara 5113 Moon 7 - Phase 14 2nd Phase Devaloka Day

2	Tuesday, July 26, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau		Yangon, Myanmar
	Wrishabha Rasi: 9.34 Tithi 26 423876152 Creative Work Siddha Yoga Until 6:47AM then Amrita Yoga Until 1.38AM Wed then Siddha Yoga	Gulika 12:12PM – 1:49PM Yama 8:58AM – 10:35AM Rahu 3:26PM – 5:03PM	Krittika Until 6:47AM Vriddhi Until 8:27PM Bava Until 4:11PM Ekadasi* Until 4:11AM Wed	Ganesha: Yellow <i>Sunrise:</i> 5:44AM Muruqa: Yellow <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – White Ashada*Adi	Sun 10 Sutra 104 Khara 5113 Moon 7 - Phase 14 2nd Phase Devaloka Day

3	Wednesday, July 27, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Yangon, Myanmar
	Wrishabha Rasi: 22.08 Tithi 27 433876152 Creative Work Siddha Yoga Until 1.38AM Thu then Marana Yoga	Gulika 10:35AM – 12:12PM Yama 7:21AM – 8:58AM Rahu 12:12PM – 1:49PM	Rohini Until 8:13AM Dhruva Until 8:09PM Kaulava Until 4:58PM Dvadasi* Until 4:58AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:45AM Muruqa: Yellow <i>Sunset:</i> 6:39PM Nataraja: Clear Moon – Yellow Ashada*Adi	Sun 11 Sutra 105 Khara 5113 Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Thursday, July 28, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Yangon, Myanmar
	Mithuna Rasi: 5.02 Tithi 28 433876152 Routine Work Marana Yoga Until 1.38AM Fri then Siddha Yoga	Gulika 8:58AM – 10:35AM Yama 5:45AM – 7:22AM Rahu 1:49PM – 3:26PM	Mrigasira Until 9:00AM Vyaghata* Until 7:14PM Gara Until 5:04PM Trayodasi* Until 5:04AM Fri <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue <i>Sunrise:</i> 5:45AM Muruqa: Yellow <i>Sunset:</i> 6:39PM Nataraja: Clear Moon – Yellow Ashada*Adi	Sun 12 Sutra 106 Khara 5113 Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

5	Friday, July 29, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Yangon, Myanmar
	Mithuna Rasi: 18.2 Tithi 29 433876152 Creative Work Siddha Yoga Until 1.38AM Sat then Marana Yoga	Gulika 7:22AM – 8:59AM Yama 3:25PM – 5:02PM Rahu 10:35AM – 12:12PM	Ardra Until 8:51AM Harshana Until 4:52PM Visti Until 3:35PM Chaturdasi* Until 2:39AM Sat	Ganesha: Blue <i>Sunrise:</i> 5:45AM Muruqa: Yellow <i>Sunset:</i> 6:39PM Nataraja: Clear Moon – Yellow Ashada*Adi	Sun 13 Sutra 107 Khara 5113 Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Saturday, July 30, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Yangon, Myanmar
	Kataka Rasi: 2.02 Tithi 30 443876152 Routine Work Marana Yoga Until 8:14AM then Siddha Yoga	Gulika 5:45AM – 7:22AM Yama 1:49PM – 3:25PM Rahu 8:59AM – 10:35AM	Punarvasu Until 8:14AM Vajra* Until 2:46PM Catuspada Until 2:13PM Amavasya* Until 1:17AM Sun	Ganesha: Blue <i>Sunrise:</i> 5:45AM Muruqa: Yellow <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Blue Ashada*Adi	Sun 14 Sutra 108 Khara 5113 Moon 7 - Phase 14 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Sunday, July 31, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Yangon, Myanmar
	Kataka Rasi: 16.05 Tithi 1 443876152 Creative Work Siddha Yoga	Gulika 3:25PM – 5:02PM Yama 12:12PM – 1:48PM Rahu 5:02PM – 6:38PM	Pushya Until 7:00AM Siddhi Until 12:05PM Kintughna Until 12:11PM Prathama* Until 11:16PM	Ganesha: Blue <i>Sunrise:</i> 5:46AM Muruqa: Yellow <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Blue Sravana*Adi	Sun 15 Sutra 109 Khara 5113 Moon 7 - Phase 14 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

1	Monday, August 1, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Yangon, Myanmar
	Simha Rasi: 0.26 Tithi 2 Family Home Evening 453876152 Creative Work Siddha Yoga	Gulika 1:48PM – 3:25PM Yama 10:35AM – 12:12PM Rahu 7:22AM – 8:59AM	Magha* Until 2:39AM Tue Vyatipata* Until 8:57AM Balava Until 9:23AM Dvitiya Until 7:40PM

Ganesha: Blue *Sunrise:* 5:46AM
Muruqa: Yellow *Sunset:* 6:38PM
Nataraja: Clear
Moon – Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2	Tuesday, August 2, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthi* Yam Titau	Yangon, Myanmar
	Simha Rasi: 14.57 Tithi 3 – 4 Creative Work Siddha Yoga Until 12:45AM Wed then Amrita Yoga	Gulika 12:12PM – 1:48PM Yama 8:59AM – 10:35AM Rahu 3:25PM – 5:01PM	Purvaphalguni* Until 12:45AM Wed Parigha* Until 1:33AM Wed Tailila Until 6:41AM Tritiya Until 4:59PM

Ganesha: Blue *Sunrise:* 5:46AM
Muruqa: Yellow *Sunset:* 6:37PM
Nataraja: Clear
Moon – Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3	Wednesday, August 3, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
	Simha Rasi: 29.33 Tithi 4 – 5 Creative Work Amrita Yoga Until 10:43PM then Siddha Yoga Until 1.37AM Thu then no yoga	Gulika 10:35AM – 12:12PM Yama 7:23AM – 8:59AM Rahu 12:12PM – 1:48PM	Uttaraphalguni Until 10:43PM Shiva Until 10:13PM Bava Until 12:27AM Thu Chaturthi* Until 2:10PM

Nag Panchami

Ganesha: Blue *Sunrise:* 5:47AM
Muruqa: Yellow *Sunset:* 6:37PM
Nataraja: Clear
Moon – Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4	Thursday, August 4, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasia Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 14.07 Tithi 5 – 6 No Yoga Until 9:49PM then Siddha Yoga	Gulika 8:59AM – 10:35AM Yama 5:47AM – 7:23AM Rahu 1:48PM – 3:24PM	Hasta Until 9:49PM Siddha Until 7:48PM Kaulava Until 10:54PM Panchami Until 11:50AM

Ganesha: Yellow *Sunrise:* 5:47AM
Muruqa: Yellow *Sunset:* 6:36PM
Nataraja: Clear
Moon – Green
Sravana-Adi

Devaloka Day

5	Friday, August 5, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Yangon, Myanmar
	Kanya Rasi: 28.33 Tithi 6 – 7 Creative Work Siddha Yoga	Gulika 7:23AM – 8:59AM Yama 3:24PM – 5:00PM Rahu 10:35AM – 12:12PM	Chitra Until 7:55PM Sadhya Until 4:30PM Gara Until 8:10PM Shasthi* Until 9:06AM

Ganesha: Yellow *Sunrise:* 5:47AM
Muruqa: Yellow *Sunset:* 6:36PM
Nataraja: Clear
Moon – Green
Sravana-Adi

Devaloka Day

D	Saturday, August 6, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Bava Karana Saptami/Ashtami* Yam Titau	Yangon, Myanmar
	Retreat Star Tula Rasi: 12.48 Tithi 7 – 8 Creative Work Siddha Yoga Until 1.37AM Sun then Marana Yoga	Gulika 5:47AM – 7:23AM Yama 1:47PM – 3:23PM Rahu 8:59AM – 10:35AM	Svati Until 6:21PM Subha Until 1:30PM Bava Until 4:52AM Sun Saptami Until 6:42AM

Ganesha: Yellow *Sunrise:* 5:47AM
Muruqa: Yellow *Sunset:* 6:36PM
Nataraja: Clear
Moon – Green
Sravana-Adi

Devaloka Day

S	Sunday, August 7, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Yangon, Myanmar
	Retreat Star Tula Rasi: 26.5 Tithi 9 Routine Work Marana Yoga Until 1.37AM Mon then Siddha Yoga	Gulika 3:23PM – 4:59PM Yama 12:11PM – 1:47PM Rahu 4:59PM – 6:35PM	Visakha Until 5:09PM Sukla Until 10:51AM Balava Until 3:48PM Navami* Until 2:53AM Mon

Ganesha: White *Sunrise:* 5:48AM
Muruqa: Yellow *Sunset:* 6:35PM
Nataraja: Clear
Moon – Orange
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishṇa Yajur Veda, Svetu 3.2. VE, 621

1	Monday, August 8, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau	Yangon, Myanmar
	Vrischika Rasi: 10.38 Tilthi 10	Gulika 1:47PM – 3:23PM Anuradha Until 4:21PM	Sun 23 Sutra 117 Khara 5113
	Family Home Evening 474976152	Yama 10:35AM – 12:11PM Brahma Until 8:34AM	Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 7:24AM – 9:00AM Taitila Until 2:15PM	4th Phase
		Dasami Until 1:20AM Tue	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Ganesha: White <i>Sunrise:</i> 5:48AM	
		Muruqa: Yellow <i>Sunset:</i> 6:35PM	
		Nataraja: Clear	
		Moon – Orange	
		Sravana-Adi	

2	Tuesday, August 9, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Yangon, Myanmar
	Vrischika Rasi: 24.12 Tilthi 11	Gulika 12:11PM – 1:47PM Jyeshtha* Until 4:42PM	Sun 24 Sutra 118 Khara 5113
	474976152	Yama 9:00AM – 10:35AM Indra Until 6:42AM	Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 3:23PM – 4:58PM Vanija Until 1:43PM	4th Phase
	Until 4:42PM then Amrita Yoga	Ekadasi Until 1:43AM Wed	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 1:37AM Wed then Marana Yoga		
		Ganesha: White <i>Sunrise:</i> 5:48AM	
		Muruqa: Yellow <i>Sunset:</i> 6:34PM	
		Nataraja: Clear	
		Moon – Orange	
		Sravana-Adi	

3	Wednesday, August 10, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 7.34 Tilthi 12	Gulika 10:35AM – 12:11PM Mula* Until 4:39PM	Sun 25 Sutra 119 Khara 5113
	484976152	Yama 7:24AM – 9:00AM Vishkambha* Until 3:52AM Thu	Moon 7 - Phase 16
	Routine Work Marana Yoga	Rahu 12:11PM – 1:47PM Bava Until 12:54PM	4th Phase
	Until 4:39PM then Amrita Yoga	Dvadasi Until 12:54AM Thu	Devaloka Day
	Until 1:36AM Thu then Siddha Yoga		
		Ganesha: Clear <i>Sunrise:</i> 5:48AM	
		Muruqa: Yellow <i>Sunset:</i> 6:34PM	
		Nataraja: Clear	
		Moon – Light Blue	
		Sravana-Adi	

4	Thursday, August 11, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 20.43 Tilthi 13	Gulika 9:00AM – 10:35AM Purvashadha* Until 4:59PM	Sun 26 Sutra 120 Khara 5113
	484976152	Yama 5:49AM – 7:24AM Priti Until 2:31AM Fri	Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 1:46PM – 3:22PM Kaulava Until 12:31PM	4th Phase
		Trayodasi Until 12:31AM Fri	Devaloka Day
		<i>Pradosha Vrata</i>	
		Ganesha: Clear <i>Sunrise:</i> 5:49AM	
		Muruqa: Yellow <i>Sunset:</i> 6:32PM	
		Nataraja: Clear	
		Moon – Light Blue	
		Sravana-Adi	

5	Friday, August 12, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Yangon, Myanmar
	Makara Rasi: 3.41 Tilthi 14	Gulika 7:24AM – 9:00AM Uttarashadha Until 5:40PM	Sun 27 Sutra 121 Khara 5113
	484976152	Yama 3:22PM – 4:57PM Ayushman Until 1:31AM Sat	Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 10:35AM – 12:11PM Gara Until 12:30PM	4th Phase
		Chaturdasi* Until 12:30AM Sat	Devaloka Day
		Ganesha: Clear <i>Sunrise:</i> 5:49AM	
		Muruqa: Yellow <i>Sunset:</i> 6:32PM	
		Nataraja: Clear	
		Moon – Light Blue	
		Sravana-Adi	

○	Saturday, August 13, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Sravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau	Yangon, Myanmar
	Copper Retreat Star	Gulika 5:49AM – 7:24AM Sravana Until 6:42PM	Sutra 122 Khara 5113
	Makara Rasi: 16.27 Tilthi 15	Yama 1:46PM – 3:21PM Saubhagya Until 12:50AM Sun	Moon 7 - Phase 16
	494976152	Rahu 9:00AM – 10:35AM Visti Until 12:53PM	Purnima
	Creative Work Siddha Yoga	Purnima* Until 12:53AM Sun	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Raksha Bandhan	
		Ganesha: Purple <i>Sunrise:</i> 5:49AM	
		Muruqa: Yellow <i>Sunset:</i> 6:32PM	
		Nataraja: Clear	
		Moon – Purple	
		Sravana-Adi	

○	Sunday, August 14, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Yangon, Myanmar
	Silver Retreat Star	Gulika 3:21PM – 4:56PM Dhanishtha Until 9:17PM	Sutra 123 Khara 5113
	Makara Rasi: 29.02 Tilthi 16	Yama 12:10PM – 1:46PM Sobhana Until 1:55AM Mon	Moon 7 - Phase 16
	494976152	Rahu 4:56PM – 6:31PM Balava Until 2:21PM	Prathama
	Creative Work Siddha Yoga	Prathama* Until 3:26AM Mon	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Sravana-Adi	
		Ganesha: Purple <i>Sunrise:</i> 5:49AM	
		Muruqa: Yellow <i>Sunset:</i> 6:31PM	
		Nataraja: Clear	
		Moon – Purple	
		Sravana-Adi	

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE,634



Monday, August 15, 2011
Gold Retreat Star

Kumbha Rasi: 11.25 Tithi 17
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 11:09PM then no yoga
Until 1:36AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha Nakshatra Athiganda* Yoga Tailila/Gara Karana Dvitiya Yam Titau

Gulika 1:45PM – 3:20PM **Satabhisha Until 11:09PM**
Yama 10:35AM – 12:10PM **Athiganda* Until 1:52AM Tue**
Rahu 7:25AM – 9:00AM **Taitila Until 3:35PM**
Dvitiya Until 4:40AM Tue

Ganesha: Purple *Sunrise:* 5:49AM
Muruqa: Yellow *Sunset:* 6:31PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

Yangon, Myanmar
Sun 1 Sutra 124
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Tuesday, August 16, 2011

Kumbha Rasi: 23.38 Tithi 18
414976152
Routine Work Marana Yoga
Until 1:35AM Wed then Amrita Yoga
Until 1:23AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 12:10PM – 1:45PM **Purvaprostapada* Until 1:23AM Wed**
Yama 9:00AM – 10:35AM **Sukarma Until 2:09AM Wed**
Rahu 3:20PM – 4:55PM **Vanija Until 5:12PM**
Tritiya Until 6:03AM Wed

Ganesha: White *Sunrise:* 5:50AM
Muruqa: Yellow *Sunset:* 6:30PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

Yangon, Myanmar
Sun 2 Sutra 125
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Wednesday, August 17, 2011

Meena Rasi: 5.43 Tithi 18 – 19
414976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 10:35AM – 12:10PM **Uttaraprostapada Until 3:55AM Thu**
Yama 7:25AM – 9:00AM **Dhriti Until 2:43AM Thu**
Rahu 12:10PM – 1:45PM **Bava Until 7:09PM**
Tritiya Until 6:03AM

Ganesha: White *Sunrise:* 5:50AM
Muruqa: Yellow *Sunset:* 6:29PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Yangon, Myanmar
Sun 3 Sutra 126
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Thursday, August 18, 2011

Meena Rasi: 17.4 Tithi 19 – 20
515976152
Creative Work Siddha Yoga
Until 6:56AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 9:00AM – 10:35AM **Revati Until 6:56AM Fri**
Yama 5:50AM – 7:25AM **Shula* Until 3:30AM Fri**
Rahu 1:44PM – 3:19PM **Kaulava Until 9:21PM**
Chaturthi* Until 8:16AM

Ganesha: Purple *Sunrise:* 5:50AM
Muruqa: Yellow *Sunset:* 6:29PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Yangon, Myanmar
Sun 4 Sutra 127
Khara 5113
Moon 8 - Phase 17
1st Phase

Sivaloka Day

4

Friday, August 19, 2011

Meena Rasi: 29.32 Tithi 20 – 21
515976152
Creative Work Siddha Yoga
Until 6:56AM then Amrita Yoga
Until 1:35AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Asvini Nakshatra Ganda* Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 7:25AM – 9:00AM **Revati Until 6:56AM**
Yama 3:19PM – 4:53PM **Ganda* Until 4:25AM Sat**
Rahu 10:34AM – 12:09PM **Gara Until 11:44PM**
Panchami Until 10:38AM

Ganesha: Purple *Sunrise:* 5:50AM
Muruqa: Yellow *Sunset:* 6:28PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Yangon, Myanmar
Sun 5 Sutra 128
Khara 5113
Moon 8 - Phase 17
1st Phase

Sivaloka Day

5

Saturday, August 20, 2011

Mesha Rasi: 11.23 Tithi 21 – 22
525976152
Creative Work Siddha Yoga
Until 1:35AM Sun then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam
Asvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 5:50AM – 7:25AM **Asvini Until 9:54AM**
Yama 1:44PM – 3:18PM **Vriddhi Until 5:23AM Sun**
Rahu 9:00AM – 10:34AM **Visti Until 2:09AM Sun**
Shasthi* Until 1:04PM

Ganesha: Clear *Sunrise:* 5:50AM
Muruqa: Yellow *Sunset:* 6:28PM
Nataraja: Clear
Moon – White
Sravana-Avani

Yangon, Myanmar
Sun 6 Sutra 129
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

6

Sunday, August 21, 2011

Mesha Rasi: 23.17 Tithi 22 – 23
525976152
No Yoga
Until 12:47PM then Siddha Yoga
Until 1:34AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 3:18PM – 4:52PM **Bharani Until 12:47PM**
Yama 12:09PM – 1:43PM **Dhruva Until 6:17AM Mon**
Rahu 4:52PM – 6:27PM **Balava Until 4:29AM Mon**
Saptami Until 3:23PM

Ganesha: Clear *Sunrise:* 5:51AM
Muruqa: Yellow *Sunset:* 6:27PM
Nataraja: Clear
Moon – White
Sravana-Avani

Yangon, Myanmar
Sun 7 Sutra 130
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day



Monday, August 22, 2011
Retreat Star

Vrishabha Rasi: 5.18 Tithi 23 – 24
Family Home Evening 525976152
No Yoga
Until 3:24PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau

Gulika 1:43PM – 3:17PM **Krittika Until 3:24PM**
Yama 10:34AM – 12:08PM **Dhruva Until 6:17AM**
Rahu 7:25AM – 9:00AM **Taitila Until 6:32AM Tue**
Ashtami* Until 5:26PM

Ganesha: Clear *Sunrise:* 5:51AM
Muruqa: Yellow *Sunset:* 6:26PM
Nataraja: Clear
Moon – White
Sravana-Avani

Yangon, Myanmar
Sun 8 Sutra 131
Khara 5113
Moon 8 - Phase 17
Ashtami

Devaloka Day

Tuesday, August 23, 2011

Retreat Star

Vrishabha Rasi: 17.32 Tithi 24
535976152
Creative Work Amrita Yoga
Until 4:41PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigasira Nakshatra Vyaghata*/Harshana Yoga Gara Karana Navami* Yam Titau

Gulika 12:08PM – 1:43PM **Rohini Until 4:41PM**
Yama 9:00AM – 10:34AM **Vyaghata* Until 6:29AM**
Rahu 3:17PM – 4:51PM **Gara Until 5:56AM Wed**
Navami* Until 5:56PM

Ganesha: White *Sunrise:* 5:51AM
Muruqa: Yellow *Sunset:* 6:26PM
Nataraja: Clear
Moon – Yellow
Sravana-Avani

Yangon, Myanmar
Sun 9 Sutra 132
Khara 5113
Moon 8 - Phase 17
Navami

Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda, Brihadu 1.5.16. UpH, 89

1	Wednesday, August 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dasami Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 0.05 Tithi 25 535976152	Gulika 10:34AM – 12:08PM Yama 7:25AM – 9:00AM Rahu 12:08PM – 1:42PM	Sun 10 Sutra 133 Khara 5113 Moon 8 - Phase 18 2nd Phase
Creative Work Siddha Yoga Until 1.34AM Thu then Marana Yoga		Mrigasira Until 6:08PM Harshana Until 6:10AM Vanija Until 6:45AM Dasami Until 6:45PM	Ganesha: White <i>Sunrise:</i> 5:51AM Muruqa: Yellow <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Yellow Sravana*Avani

Sivaloka Day

2	Thursday, August 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Siddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 13.02 Tithi 26 535976152	Gulika 8:59AM – 10:34AM Yama 5:51AM – 7:25AM Rahu 1:42PM – 3:16PM	Sun 11 Sutra 134 Khara 5113 Moon 8 - Phase 18 2nd Phase
Routine Work Marana Yoga Until 6:51PM then Amrita Yoga Until 1.33AM Fri then Siddha Yoga		Ardra Until 6:51PM Siddhi Until 4:03AM Fri Bava Until 6:48AM Ekadasi* Until 6:48PM	Ganesha: White <i>Sunrise:</i> 5:51AM Muruqa: Yellow <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Yellow Sravana*Avani


Sivaloka Day

3	Friday, August 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 26.25 Tithi 27 – 28 545976152	Gulika 7:25AM – 8:59AM Yama 3:15PM – 4:49PM Rahu 10:33AM – 12:07PM	Sun 12 Sutra 135 Khara 5113 Moon 8 - Phase 18 2nd Phase
Creative Work Siddha Yoga Until 5:51PM then Marana Yoga Until 1.33AM Sat then Siddha Yoga		Punarvasu Until 5:51PM Vyatipata* Until 12:57AM Sat Gara Until 4:07AM Sat Dvadasi* Until 5:02PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow <i>Sunrise:</i> 5:51AM Muruqa: Yellow <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Blue Sravana*Avani

Devaloka Day

4	Saturday, August 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 10.17 Tithi 28 – 29 546976152	Gulika 5:52AM – 7:25AM Yama 1:41PM – 3:15PM Rahu 8:59AM – 10:33AM	Sun 13 Sutra 136 Khara 5113 Moon 8 - Phase 18 2nd Phase
Creative Work Siddha Yoga Until 4:57PM then Marana Yoga Until 1.33AM Sun then Siddha Yoga		Pushya Until 4:57PM Variyan Until 10:34PM Visti Until 2:28AM Sun Trayodasi* Until 3:24PM	Ganesha: White <i>Sunrise:</i> 5:52AM Muruqa: Yellow <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Blue Sravana*Avani

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

	Sunday, August 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 24.34 Tithi 29 – 30 546976153	Gulika 3:14PM – 4:48PM Yama 12:07PM – 1:41PM Rahu 4:48PM – 6:22PM	Sun 14 Sutra 137 Khara 5113 Moon 8 - Phase 18 Amavasya
Creative Work Siddha Yoga Until 2:41PM then Marana Yoga Until 1.32AM Mon then Siddha Yoga		Aslesha* Until 2:41PM Parigha* Until 6:39PM Catuspada Until 10:44PM Chaturdasi* Until 12:27PM	Ganesha: White <i>Sunrise:</i> 5:52AM Muruqa: Yellow <i>Sunset:</i> 6:22PM Nataraja: White Moon – Blue Sravana*Avani

Devaloka Day

Monday, August 29, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Yangon, Myanmar
	Simha Rasi: 9.13 Tithi 30 – 1 Family Home Evening 556976153	Gulika 1:40PM – 3:14PM Yama 10:33AM – 12:07PM Rahu 7:25AM – 8:59AM	Sun 15 Sutra 138 Khara 5113 Moon 8 - Phase 18 Prathama
Creative Work Siddha Yoga		Magha* Until 12:35PM Shiva Until 3:13PM Kintughna Until 7:51PM Amavasya* Until 9:34AM	Ganesha: Green <i>Sunrise:</i> 5:52AM Muruqa: Yellow <i>Sunset:</i> 6:21PM Nataraja: White Moon – Red Bhadrapada*Avani

Devaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. *Kṛṣṇa Yajur Veda, Svetu 6.2. UpR, 743*


1	Tuesday, August 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiya Yam Titau	Yangon, Myanmar
	Simha Rasi: 24.07 Tithi 1 – 2 566176153	Gulika 12:06PM – 1:40PM Yama 8:59AM – 10:33AM Rahu 3:13PM – 4:47PM	Sun 16 Sutra 139 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 10:05AM then Amrita Yoga		Purvaphalguni* Until 10:05AM Siddha Until 11:26AM Kaulava Until 2:49AM Wed Prathama* Until 6:15AM	Ganesha: Blue <i>Sunrise:</i> 5:52AM Muruqa: Yellow <i>Sunset:</i> 6:21PM Nataraja: White Moon – Red Bhadrapada*Avani
Devaloka Day			


2	Wednesday, August 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau	Yangon, Myanmar
	Kanya Rasi: 9.07 Tithi 3 566176153	Gulika 10:32AM – 12:06PM Yama 7:26AM – 8:59AM Rahu 12:06PM – 1:39PM	Sun 17 Sutra 140 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Amrita Yoga Until 7:25AM then Siddha Yoga Until 1.32AM Thu then no yoga		Uttaraphalguni Until 7:25AM Sadhya Until 7:29AM Taitila Until 1:04PM Tritiya Until 11:21PM	Ganesha: Blue <i>Sunrise:</i> 5:52AM Muruqa: Yellow <i>Sunset:</i> 6:20PM Nataraja: White Moon – Red Bhadrapada*Avani
Devaloka Day			

3	Thursday, September 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 24.03 Tithi 4 566176153	Gulika 8:59AM – 10:32AM Yama 5:52AM – 7:26AM Rahu 1:39PM – 3:12PM	Sun 18 Sutra 141 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga		Chitra Until 2:11AM Fri Sukla Until 11:38PM Vanija Until 9:41AM Chaturthi* Until 7:58PM	Ganesha: Blue <i>Sunrise:</i> 5:52AM Muruqa: Yellow <i>Sunset:</i> 6:19PM Nataraja: White Moon – Green Bhadrapada*Avani
Devaloka Day			

4	Friday, September 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
	Tula Rasi: 8.49 Tithi 5 – 6 566176153	Gulika 7:26AM – 8:59AM Yama 3:12PM – 4:45PM Rahu 10:32AM – 12:05PM	Sun 19 Sutra 142 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 1:11AM Sat then Marana Yoga Until 1.31AM Sat then Siddha Yoga		Svati Until 1:11AM Sat Brahma Until 8:59PM Bava Until 6:37AM Panchami Until 4:54PM	Ganesha: Blue <i>Sunrise:</i> 5:52AM Muruqa: Yellow <i>Sunset:</i> 6:18PM Nataraja: White Moon – Green Bhadrapada*Avani
Devaloka Day			

5	Saturday, September 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Yangon, Myanmar
	Tula Rasi: 23.17 Tithi 6 – 7 577176153	Gulika 5:52AM – 7:26AM Yama 1:38PM – 3:11PM Rahu 8:59AM – 10:32AM	Sun 20 Sutra 143 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 1.31AM Sun then Marana Yoga		Visakha Until 11:14PM Indra Until 5:37PM Gara Until 2:02AM Sun Shasthi* Until 2:58PM	Ganesha: Blue <i>Sunrise:</i> 5:52AM Muruqa: Yellow <i>Sunset:</i> 6:18PM Nataraja: White Moon – Orange Bhadrapada*Avani
Subha Sivaloka Day			

	Sunday, September 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Yangon, Myanmar
	Retreat Star Vrischika Rasi: 7.24 Tithi 7 – 8 577176153	Gulika 3:11PM – 4:44PM Yama 12:05PM – 1:38PM Rahu 4:44PM – 6:17PM	Sun 21 Sutra 144 Khara 5113 Moon 8 - Phase 19 Ashtami
Routine Work Marana Yoga Until 1.30AM Mon then Siddha Yoga		Anuradha Until 9:53PM Vaidhriti* Until 2:48PM Visti Until 11:54PM Saptami Until 12:50PM	Ganesha: Blue <i>Sunrise:</i> 5:53AM Muruqa: Yellow <i>Sunset:</i> 6:17PM Nataraja: White Moon – Orange Bhadrapada*Avani
Subha Sivaloka Day			

	Monday, September 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Yangon, Myanmar
	Retreat Star Vrischika Rasi: 21.1 Tithi 8 – 9 Family Home Evening 577176153	Gulika 1:37PM – 3:10PM Yama 10:31AM – 12:04PM Rahu 7:26AM – 8:59AM	Sun 22 Sutra 145 Khara 5113 Moon 8 - Phase 19 Navami
Creative Work Siddha Yoga Until 1.30AM Tue then Amrita Yoga		Jyeshtha* Until 10:18PM Vishkambha* Until 1:01PM Balava Until 11:48PM Ashtami* Until 11:48AM	Ganesha: Blue <i>Sunrise:</i> 5:53AM Muruqa: Yellow <i>Sunset:</i> 6:16PM Nataraja: White Moon – Orange Bhadrapada*Avani
Subha Sivaloka Day			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

1	Tuesday, September 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 4.35 Tithi 9 – 10 587176153	Gulika 12:04PM – 1:37PM Yama 8:58AM – 10:31AM Rahu 3:10PM – 4:42PM	Sun 23 Sutra 146 Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work Amrita Yoga Until 10:09PM then Siddha Yoga Until 1.30AM Wed then Amrita Yoga		Mula* Until 10:09PM Priti Until 11:13AM Taitila Until 10:54PM Navami* Until 10:54AM	Ganesha: Yellow <i>Sunrise:</i> 5:53AM Muruqa: Yellow <i>Sunset:</i> 6:15PM Nataraja: White Moon – Light Blue Bhadrapada*Avani
Sivaloka Day			

2	Wednesday, September 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 17.43 Tithi 10 – 11 587176153	Gulika 10:31AM – 12:04PM Yama 7:26AM – 8:58AM Rahu 12:04PM – 1:36PM	Sun 24 Sutra 147 Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work Amrita Yoga Until 1.29AM Thu then Siddha Yoga		Purvashadha* Until 10:32PM Ayushman Until 9:55AM Vanija Until 10:36PM Dasami Until 10:36AM	Ganesha: Yellow <i>Sunrise:</i> 5:53AM Muruqa: Yellow <i>Sunset:</i> 6:14PM Nataraja: White Moon – Light Blue Bhadrapada*Avani
Sivaloka Day			

3	Thursday, September 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Yangon, Myanmar
	Makara Rasi: 0.34 Tithi 11 – 12 587176153	Gulika 8:58AM – 10:31AM Yama 5:53AM – 7:26AM Rahu 1:36PM – 3:08PM	Sun 25 Sutra 148 Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work Siddha Yoga		Uttarashadha Until 11:25PM Saubhagya Until 9:04AM Bava Until 10:49PM Ekadasi Until 10:49AM	Ganesha: Yellow <i>Sunrise:</i> 5:53AM Muruqa: Yellow <i>Sunset:</i> 6:14PM Nataraja: White Moon – Light Blue Bhadrapada*Avani
Sivaloka Day			

4	Friday, September 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Yangon, Myanmar
	Makara Rasi: 13.13 Tithi 12 – 13 597176153	Gulika 7:26AM – 8:58AM Yama 3:08PM – 4:40PM Rahu 10:31AM – 12:03PM	Sun 26 Sutra 149 Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work Siddha Yoga		Sravana Until 2:13AM Sat Sobhana Until 8:45AM Kaulava Until 11:27PM Dvadasi Until 11:27AM	Ganesha: White <i>Sunrise:</i> 5:53AM Muruqa: Yellow <i>Sunset:</i> 6:13PM Nataraja: White Moon – Purple Bhadrapada*Avani
Subha Sivaloka Day <i>Pradosha Vrata</i>			

5	Saturday, September 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Yangon, Myanmar
	Makara Rasi: 25.42 Tithi 13 – 14 598176153	Gulika 5:53AM – 7:26AM Yama 1:35PM – 3:07PM Rahu 8:58AM – 10:30AM	Sun 27 Sutra 150 Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work Siddha Yoga		Dhanishtha Until 3:56AM Sun Athiganda* Until 8:32AM Gara Until 2:07AM Sun Trayodasi Until 1:01PM	Ganesha: Yellow <i>Sunrise:</i> 5:53AM Muruqa: Yellow <i>Sunset:</i> 6:12PM Nataraja: White Moon – Purple Bhadrapada*Avani
Sivaloka Day			

○	Sunday, September 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 8.02 Tithi 14 – 15 598176153	Gulika 3:07PM – 4:39PM Yama 12:02PM – 1:35PM Rahu 4:39PM – 6:11PM	Sun 28 Sutra 151 Khara 5113 Moon 8 - Phase 20 Purnima
Creative Work Siddha Yoga Until 5:56AM Mon then no yoga		Satabhisha Until 5:56AM Mon Sukarma Until 8:36AM Visti Until 3:31AM Mon Chaturdasi* Until 2:25PM	Ganesha: Yellow <i>Sunrise:</i> 5:53AM Muruqa: Yellow <i>Sunset:</i> 6:11PM Nataraja: White Moon – Purple Bhadrapada*Avani
Sivaloka Day Grandparent's Day			

○	Monday, September 12, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 20.14 Tithi 15 – 16 518186153	Gulika 1:34PM – 3:06PM Yama 10:30AM – 12:02PM Rahu 7:26AM – 8:58AM	Sun 29 Sutra 152 Khara 5113 Moon 8 - Phase 20 Prathama
Family Home Evening No Yoga Until 1.28AM Tue then Marana Yoga Until 8:03AM Tue then Amrita Yoga		Purvaprostapada* Until 8:03AM Tue Dhriti Until 8:54AM Balava Until 5:12AM Tue Purnima* Until 4:07PM	Ganesha: Yellow <i>Sunrise:</i> 5:53AM Muruqa: White <i>Sunset:</i> 6:10PM Nataraja: White Moon – Clear Bhadrapada*Avani
Subha Sivaloka Day			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



Tuesday, September 13, 2011
Gold Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Shula*/Ganda* Yoga Kaulava Karana Prathama* Yam Titau

Yangon, Myanmar
Sutra 153
Khara 5113

Meena Rasi: 2.19 Tithi 16
518186153
Routine Work Marana Yoga
Until 8:03AM then Amrita Yoga
Until 1.27AM Wed then Siddha Yoga

Gulika 12:02PM – 1:34PM
Yama 8:58AM – 10:30AM
Rahu 3:06PM – 4:38PM

Purvaprostapada* Until 8:03AM
Shula* Until 9:25AM
Kaulava Until 7:09AM Wed
Prathama* Until 6:04PM

Ganesha: Yellow *Sunrise: 5:54AM*
Muruqa: White *Sunset: 6:10PM*
Nataraja: White
Moon – Clear
Bhadrapada*Avani

Subha Sivaloka Day

Moon 9 - Phase 21
1st Phase

1

Wednesday, September 14, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada*/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvitiya Yam Titau

Yangon, Myanmar
Sun 1 Sutra 154
Khara 5113

Meena Rasi: 14.17 Tithi 17
518186153
Creative Work Siddha Yoga
Until 10:46AM then Marana Yoga
Until 1.27AM Thu then Siddha Yoga

Gulika 10:29AM – 12:01PM
Yama 7:26AM – 8:57AM
Rahu 12:01PM – 1:33PM

Uttaraprostapada Until 10:46AM
Ganda* Until 10:08AM
Tailila Until 7:09AM
Dvitiya Until 8:15PM

Ganesha: Yellow *Sunrise: 5:54AM*
Muruqa: White *Sunset: 6:09PM*
Nataraja: White
Moon – Clear
Bhadrapada*Avani

Subha Sivaloka Day

Moon 9 - Phase 21
1st Phase

2

Thursday, September 15, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Asvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiya Yam Titau

Yangon, Myanmar
Sun 2 Sutra 155
Khara 5113

Meena Rasi: 26.1 Tithi 18
518186153
Creative Work Siddha Yoga
Until 1:39PM then Amrita Yoga

Gulika 8:57AM – 10:29AM
Yama 5:54AM – 7:26AM
Rahu 1:33PM – 3:04PM

Revati Until 1:39PM
Vridhhi Until 11:00AM
Vanija Until 9:31AM
Tritiya Until 10:37PM

Ganesha: Yellow *Sunrise: 5:54AM*
Muruqa: White *Sunset: 6:08PM*
Nataraja: White
Moon – Clear
Bhadrapada*Avani

Subha Sivaloka Day

Moon 9 - Phase 21
1st Phase

3

Friday, September 16, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau

Yangon, Myanmar
Sun 3 Sutra 156
Khara 5113

Mesha Rasi: 8.01 Tithi 19
529186153
Creative Work Amrita Yoga
Until 4:39PM then Siddha Yoga

Gulika 7:26AM – 8:57AM
Yama 3:04PM – 4:36PM
Rahu 10:29AM – 12:01PM

Asvini Until 4:39PM
Dhruva Until 11:58AM
Bava Until 12:00PM
Chaturthi* Until 1:06AM Sat

Ganesha: Red *Sunrise: 5:54AM*
Muruqa: White *Sunset: 6:07PM*
Nataraja: White
Moon – White
Bhadrapada*Avani

Subha Sivaloka Day

Moon 9 - Phase 21
1st Phase

4

Saturday, September 17, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Panchami Yam Titau

Yangon, Myanmar
Sun 4 Sutra 157
Khara 5113

Mesha Rasi: 19.5 Tithi 20
529186153
Creative Work Siddha Yoga
Until 7:40PM then Amrita Yoga
Until 1.26AM Sun then Siddha Yoga

Gulika 5:54AM – 7:26AM
Yama 1:32PM – 3:03PM
Rahu 8:57AM – 10:29AM

Bharani Until 7:40PM
Vyaghata* Until 12:57PM
Kaulava Until 2:31PM
Panchami Until 3:36AM Sun

Ganesha: Red *Sunrise: 5:54AM*
Muruqa: White *Sunset: 6:06PM*
Nataraja: White
Moon – White
Bhadrapada*Puratasi

Subha Sivaloka Day

Moon 9 - Phase 21
1st Phase

5

Sunday, September 18, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Yangon, Myanmar
Sun 5 Sutra 158
Khara 5113

Vrishabha Rasi: 1.42 Tithi 21
529186153
Creative Work Siddha Yoga
Until 1.25AM Mon then Amrita Yoga

Gulika 3:03PM – 4:34PM
Yama 12:00PM – 1:31PM
Rahu 4:34PM – 6:06PM

Krittika Until 10:36PM
Harshana Until 1:51PM
Gara Until 4:55PM
Shasthi* Until 6:01AM Mon

Ganesha: Red *Sunrise: 5:54AM*
Muruqa: White *Sunset: 6:06PM*
Nataraja: White
Moon – White
Bhadrapada*Puratasi

Subha Sivaloka Day

Moon 9 - Phase 21
1st Phase

6

Monday, September 19, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti* Karana Saptami Yam Titau

Yangon, Myanmar
Sun 6 Sutra 159
Khara 5113

Vrishabha Rasi: 13.42 Tithi 22
539186153
Family Home Evening
Creative Work Amrita Yoga
Until 1:16AM Tue then Siddha Yoga

Gulika 1:31PM – 3:02PM
Yama 10:28AM – 11:59AM
Rahu 7:25AM – 8:57AM

Rohini Until 1:16AM Tue
Vajra* Until 2:32PM
Visti Until 7:04PM
Saptami Until 7:32AM Tue

Ganesha: Green *Sunrise: 5:54AM*
Muruqa: White *Sunset: 6:05PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Subha Subha Sivaloka Day

Moon 9 - Phase 21
1st Phase



Tuesday, September 20, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Yangon, Myanmar
Sun 7 Sutra 160
Khara 5113

Vrishabha Rasi: 25.53 Tithi 22 – 23
539186153
Creative Work Siddha Yoga

Gulika 11:59AM – 1:30PM
Yama 8:57AM – 10:28AM
Rahu 3:02PM – 4:33PM

Mrigasira Until 3:33AM Wed
Siddhi Until 2:49PM
Balava Until 7:32PM
Saptami Until 7:32AM

Ganesha: Green *Sunrise: 5:54AM*
Muruqa: White *Sunset: 6:04PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Subha Subha Sivaloka Day

Moon 9 - Phase 21
Ashtami

Wednesday, September 21, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau

Yangon, Myanmar
Sun 8 Sutra 161
Khara 5113

Mithuna Rasi: 8.23 Tithi 23 – 24
539186153
Creative Work Siddha Yoga
Until 1.24AM Thu then Marana Yoga
Until 3:26AM Thu then Amrita Yoga

Gulika 10:28AM – 11:59AM
Yama 7:25AM – 8:57AM
Rahu 11:59AM – 1:30PM

Ardra Until 3:26AM Thu
Vyatipata* Until 1:57PM
Tailila Until 8:30PM
Ashtami* Until 8:30AM

Ganesha: Green *Sunrise: 5:54AM*
Muruqa: White *Sunset: 6:03PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Subha Subha Sivaloka Day

Moon 9 - Phase 21
Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192

1	Thursday, September 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 21.16 Tithi 24 – 25 549186153	Gulika 8:56AM – 10:27AM Yama 5:54AM – 7:25AM Rahu 1:29PM – 3:00PM	Sun 9 Sutra 162 Khara 5113 Moon 9 - Phase 22 2nd Phase
	Creative Work Amrita Yoga Until 1.24AM Fri then Siddha Yoga Until 4:16AM Fri then Marana Yoga	Punarvasu Until 4:16AM Fri Variyan Until 1:03PM Vanija Until 8:41PM Navami* Until 8:41AM	Ganesha: Orange <i>Sunrise:</i> 5:54AM Muruqa: White <i>Sunset:</i> 6:02PM Nataraja: White Moon – Blue Subha Sivaloka Day Bhadrapada*Puratasi


2	Friday, September 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 4.37 Tithi 25 – 26 549186153	Gulika 7:25AM – 8:56AM Yama 3:00PM – 4:31PM Rahu 10:27AM – 11:58AM	Sun 10 Sutra 163 Khara 5113 Moon 9 - Phase 22 2nd Phase
	Routine Work Marana Yoga Until 1.24AM Sat then Siddha Yoga Until 2:40AM Sat then Marana Yoga	Pushya Until 2:40AM Sat Parigha* Until 11:00AM Bava Until 6:54PM Dasami Until 7:49AM	Ganesha: Orange <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 6:01PM Nataraja: White Moon – Blue Subha Sivaloka Day Bhadrapada*Puratasi

3	Saturday, September 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Shiva/Siddha Yoga Balava/Taitila Karana Ekadasi*/Dvadasi* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 18.26 Tithi 26 – 27 541286153	Gulika 5:55AM – 7:25AM Yama 1:28PM – 2:59PM Rahu 8:56AM – 10:27AM	Sun 11 Sutra 164 Khara 5113 Moon 9 - Phase 22 2nd Phase
	Routine Work Marana Yoga Until 1.23AM Sun then Siddha Yoga Until 1:49AM Sun then Marana Yoga	Aslesha* Until 1:49AM Sun Shiva Until 8:39AM Taitila Until 4:24AM Sun Ekadasi* Until 6:15AM	Ganesha: Purple <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 6:01PM Nataraja: White Moon – Blue Sivaloka Day Bhadrapada*Puratasi

4	Sunday, September 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Yangon, Myanmar
	Simha Rasi: 2.46 Tithi 28 551286153	Gulika 2:59PM – 4:29PM Yama 11:57AM – 1:28PM Rahu 4:29PM – 6:00PM	Sun 12 Sutra 165 Khara 5113 Moon 9 - Phase 22 2nd Phase
	Routine Work Marana Yoga Until 10:55PM then Siddha Yoga	Magha* Until 10:55PM Sadhya Until 1:32AM Mon Gara Until 2:13PM Trayodasi* Until 12:30AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 6:00PM Nataraja: White Moon – Red Sivaloka Day Bhadrapada*Puratasi

Pradosha Vrata (Fasting)

5	Monday, September 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Yangon, Myanmar
	Simha Rasi: 17.3 Tithi 29 551286153	Gulika 1:28PM – 2:58PM Yama 10:26AM – 11:57AM Rahu 7:25AM – 8:56AM	Sun 13 Sutra 166 Khara 5113 Moon 9 - Phase 22 2nd Phase
	Family Home Evening Creative Work Siddha Yoga Until 8:40PM then Marana Yoga Until 1.23AM Tue then Amrita Yoga	Purvaphalguni* Until 8:40PM Subha Until 9:57PM Visti Until 11:12AM Chaturdasi* Until 9:29PM	Ganesha: Light Blue <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 5:59PM Nataraja: White Moon – Red Sivaloka Day Bhadrapada*Puratasi

	Tuesday, September 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Yangon, Myanmar
	Retreat Star Kanya Rasi: 2.34 Tithi 30 – 1 551286153	Gulika 11:57AM – 1:27PM Yama 8:56AM – 10:26AM Rahu 2:57PM – 4:28PM	Sun 14 Sutra 167 Khara 5113 Moon 9 - Phase 22 Amavasya
	Creative Work Amrita Yoga Until 5:54PM then Siddha Yoga	Uttaraphalguni Until 5:54PM Sukla Until 5:53PM Catuspada Until 7:38AM Amavasya* Until 5:55PM	Ganesha: Light Blue <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 5:58PM Nataraja: White Moon – Red Sivaloka Day Bhadrapada*Puratasi

	Wednesday, September 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Yangon, Myanmar
	Retreat Star Kanya Rasi: 17.47 Tithi 1 – 2 661286153	Gulika 10:26AM – 11:56AM Yama 7:25AM – 8:56AM Rahu 11:56AM – 1:27PM	Sun 15 Sutra 168 Khara 5113 Moon 9 - Phase 22 Prathama
	Creative Work Siddha Yoga	Hasta Until 2:52PM Brahma Until 1:35PM Balava Until 12:21AM Thu Prathama* Until 2:04PM	Ganesha: Light Blue <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 5:57PM Nataraja: White Moon – Green Sivaloka Day Ashvina*Puratasi

Navaratri Begins

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM


1	Thursday, September 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Yangon, Myanmar
	Tula Rasi: 3.01 Tithi 2 – 3 661286153	Gulika 8:56AM – 10:26AM Yama 5:55AM – 7:25AM Rahu 1:26PM – 2:56PM	Sun 16 Sutra 169 Khara 5113 Moon 9 - Phase 23 3rd Phase
Creative Work Siddha Yoga Until 11:51AM then Amrita Yoga Until 1.22AM Fri then Siddha Yoga		Chitra Until 11:51AM Indra Until 9:17AM Taitila Until 8:31PM Dvitiya Until 10:14AM	Ganesha: Light Blue <i>Sunrise: 5:55AM</i> Muruqa: White <i>Sunset: 5:57PM</i> Nataraja: White Moon – Green Ashvina•Puratasi


2	Friday, September 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Vishkambha* Yoga Gara/Visiti* Karana Tritiya/Chaturthi* Yam Titau	Yangon, Myanmar
	Tula Rasi: 18.04 Tithi 3 – 4 661286153	Gulika 7:25AM – 8:56AM Yama 2:56PM – 4:26PM Rahu 10:26AM – 11:56AM	Sun 17 Sutra 170 Khara 5113 Moon 9 - Phase 23 3rd Phase
Creative Work Siddha Yoga Until 9:07AM then Marana Yoga Until 1.21AM Sat then Siddha Yoga		Svati Until 9:07AM Vishkambha* Until 1:14AM Sat Visiti Until 3:15AM Sat Tritiya Until 6:41AM	Ganesha: Light Blue <i>Sunrise: 5:55AM</i> Muruqa: White <i>Sunset: 5:56PM</i> Nataraja: White Moon – Green Ashvina•Puratasi

3	Saturday, October 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Visakha/Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau	Yangon, Myanmar
	Vrischika Rasi: 2.48 Tithi 5 671286153	Gulika 5:56AM – 7:25AM Yama 1:25PM – 2:55PM Rahu 8:55AM – 10:25AM	Sun 18 Sutra 171 Khara 5113 Moon 9 - Phase 23 3rd Phase
Creative Work Siddha Yoga Until 1.21AM Sun then Marana Yoga		Visakha Until 6:55AM Priti Until 10:41PM Bava Until 2:34PM Panchami Until 1:38AM Sun	Ganesha: Purple <i>Sunrise: 5:56AM</i> Muruqa: White <i>Sunset: 5:56PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi

4	Sunday, October 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Yangon, Myanmar
	Vrischika Rasi: 17.09 Tithi 6 671286153	Gulika 2:55PM – 4:24PM Yama 11:55AM – 1:25PM Rahu 4:24PM – 5:54PM	Sun 19 Sutra 172 Khara 5113 Moon 9 - Phase 23 3rd Phase
Routine Work Marana Yoga Until 1.21AM Mon then Siddha Yoga		Jyeshtha* Until 4:02AM Mon Ayushman Until 7:30PM Kaulava Until 12:03PM Shasthi* Until 11:08PM	Ganesha: Purple <i>Sunrise: 5:56AM</i> Muruqa: White <i>Sunset: 5:54PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi

5	Monday, October 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptami Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 1.03 Tithi 7 Family Home Evening 681286153	Gulika 1:24PM – 2:54PM Yama 10:25AM – 11:55AM Rahu 7:26AM – 8:55AM	Sun 20 Sutra 173 Khara 5113 Moon 9 - Phase 23 3rd Phase
Creative Work Siddha Yoga Until 1.20AM Tue then Amrita Yoga Until 4:41AM Tue then Siddha Yoga		Mula* Until 4:41AM Tue Saubhagya Until 5:48PM Gara Until 10:43AM Saptami Until 10:43PM	Ganesha: Clear <i>Sunrise: 5:56AM</i> Muruqa: White <i>Sunset: 5:54PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi

	Tuesday, October 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Bava Karana Ashtami* Yam Titau	Yangon, Myanmar
	Retreat Star Dhanus Rasi: 14.31 Tithi 8 681286153	Gulika 11:54AM – 1:24PM Yama 8:55AM – 10:25AM Rahu 2:54PM – 4:23PM	Sun 21 Sutra 174 Khara 5113 Moon 9 - Phase 23 Ashtami
Creative Work Siddha Yoga Until 1.20AM Wed then Amrita Yoga		Purvashadha* Until 4:27AM Wed Sobhana Until 3:53PM Visiti Until 9:46AM Ashtami* Until 9:46PM	Ganesha: Clear <i>Sunrise: 5:56AM</i> Muruqa: White <i>Sunset: 5:53PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi

	Wednesday, October 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navami* Yam Titau	Yangon, Myanmar
	Retreat Star Dhanus Rasi: 27.35 Tithi 9 682286153	Gulika 10:25AM – 11:54AM Yama 7:26AM – 8:55AM Rahu 11:54AM – 1:24PM	Sun 22 Sutra 175 Khara 5113 Moon 9 - Phase 23 Navami
Creative Work Amrita Yoga Until 1.20AM Thu then Siddha Yoga		Uttarashadha Until 4:56AM Thu Athiganda* Until 2:39PM Balava Until 9:36AM Navami* Until 9:36PM	Ganesha: Orange <i>Sunrise: 5:56AM</i> Muruqa: White <i>Sunset: 5:52PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

1	Thursday, October 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Tailita/Gara Karana Dasami Yam Titau	Yangon, Myanmar
	Makara Rasi: 10.19 Tithi 10 Creative Work Siddha Yoga	Gulika 8:55AM – 10:24AM Yama 5:56AM – 7:26AM Rahu 1:23PM – 2:53PM	Sun 23 Sutra 176 Khara 5113 Moon 9 - Phase 24 4th Phase Sivaloka Day

2	Friday, October 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Ekadasi Yam Titau	Yangon, Myanmar
	Makara Rasi: 22.47 Tithi 11 Creative Work Siddha Yoga	Gulika 7:26AM – 8:55AM Yama 2:52PM – 4:21PM Rahu 10:24AM – 11:53AM Vijaya Dasami	Sun 24 Sutra 177 Khara 5113 Moon 9 - Phase 24 4th Phase Sivaloka Day

3	Saturday, October 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 5.05 Tithi 12 Creative Work Siddha Yoga Until 9:11AM then Amrita Yoga Until 1.19AM Sun then Siddha Yoga	Gulika 5:57AM – 7:26AM Yama 1:22PM – 2:51PM Rahu 8:55AM – 10:24AM Kadaitswami Mahasamadhi	Sun 25 Sutra 178 Khara 5113 Moon 9 - Phase 24 4th Phase Devaloka Day

4	Sunday, October 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Tailita Karana Trayodasi Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 17.13 Tithi 13 Creative Work Siddha Yoga Until 1.19AM Mon then no yoga	Gulika 2:51PM – 4:20PM Yama 11:53AM – 1:22PM Rahu 4:20PM – 5:49PM Pradosha Vrata	Sun 26 Sutra 179 Khara 5113 Moon 9 - Phase 24 4th Phase Devaloka Day

5	Monday, October 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 29.15 Tithi 14 Family Home Evening No Yoga Until 2:10PM then Siddha Yoga Until 1.18AM Tue then Amrita Yoga	Gulika 1:22PM – 2:50PM Yama 10:24AM – 11:53AM Rahu 7:26AM – 8:55AM	Sun 27 Sutra 180 Khara 5113 Moon 9 - Phase 24 4th Phase Devaloka Day

○	Tuesday, October 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada*/Revali Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau	Yangon, Myanmar
	Meena Rasi: 11.13 Tithi 14 – 15 Creative Work Amrita Yoga Until 4:55PM then Siddha Yoga Until 1.18AM Wed then Marana Yoga	Gulika 11:52AM – 1:21PM Yama 8:55AM – 10:24AM Rahu 2:50PM – 4:19PM Chidambaram Abhishekam	Sun 28 Sutra 181 Khara 5113 Moon 9 - Phase 24 Purnima Devaloka Day

○	Wednesday, October 12, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Yangon, Myanmar
	Meena Rasi: 23.06 Tithi 15 – 16 Routine Work Marana Yoga Until 1.18AM Thu then Amrita Yoga	Gulika 10:23AM – 11:52AM Yama 7:26AM – 8:55AM Rahu 11:52AM – 1:21PM	Sun 29 Sutra 182 Khara 5113 Moon 9 - Phase 24 Prathama Devaloka Day

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM



Thursday, October 13, 2011
Gold Retreat Star

Mesha Rasi: 4.58 Titithi 16 – 17
622286154
Creative Work Amrita Yoga
Until 10:45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiya Yam Titau
Gulika 8:55AM – 10:23AM **Asvini Until 10:45PM**
Yama 5:58AM – 7:26AM Harshana Until 5:53PM
Rahu 1:20PM – 2:49PM Taitila Until 12:08AM Fri
Prathama* Until 11:03AM

Ganesha: Red *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 5:46PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Yangon, Myanmar
Sutra 183
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

1

Friday, October 14, 2011

Mesha Rasi: 16.48 Titithi 17 – 18
622286154
Creative Work Siddha Yoga
Until 1:44AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 7:26AM – 8:55AM **Bharani Until 1:44AM Sat**
Yama 2:49PM – 4:17PM Vajra* Until 6:48PM
Rahu 10:23AM – 11:52AM Vanija Until 2:38AM Sat
Dvitiya Until 1:33PM

Ganesha: Red *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 5:46PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Yangon, Myanmar
Sun 1 Sutra 184
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

2

Saturday, October 15, 2011

Mesha Rasi: 28.4 Titithi 18 – 19
622286154
Creative Work Amrita Yoga
Until 1.17AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 5:58AM – 7:26AM **Krittika Until 4:40AM Sun**
Yama 1:20PM – 2:48PM Siddhi Until 7:41PM
Rahu 8:55AM – 10:23AM Bava Until 5:06AM Sun
Tritiya Until 4:01PM

Ganesha: Red *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 5:46PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Yangon, Myanmar
Sun 2 Sutra 185
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

3

Sunday, October 16, 2011

Vrishabha Rasi: 10.35 Titithi 19
632286154
Creative Work Siddha Yoga
Until 1.17AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata* Yoga Balava Karana Chaturthi* Yam Titau
Gulika 2:48PM – 4:16PM **Rohini Until 7:24AM Mon**
Yama 11:51AM – 1:19PM Vyatipata* Until 8:28PM
Rahu 4:16PM – 5:44PM Balava Until 7:26AM Mon
Chaturthi* Until 6:20PM

Ganesha: Green *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 5:44PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

Yangon, Myanmar
Sun 3 Sutra 186
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

4

Monday, October 17, 2011

Vrishabha Rasi: 22.38 Titithi 20
632286154
Family Home Evening
Creative Work Amrita Yoga
Until 1.17AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Variyan Yoga Kaulava/Taitila Karana Panchari Yam Titau
Gulika 1:19PM – 2:47PM **Rohini Until 7:24AM**
Yama 10:23AM – 11:51AM Variyan Until 9:01PM
Rahu 7:27AM – 8:55AM Kaulava Until 7:19AM
Panchami Until 8:25PM

Ganesha: Green *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 5:44PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

Yangon, Myanmar
Sun 4 Sutra 187
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

5

Tuesday, October 18, 2011

Mithuna Rasi: 4.52 Titithi 21
633386154
Creative Work Siddha Yoga
Until 9:37AM then Marana Yoga
Until 1.16AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 11:51AM – 1:19PM **Mrigasira Until 9:37AM**
Yama 8:55AM – 10:23AM Parigha* Until 9:14PM
Rahu 2:47PM – 4:15PM Gara Until 9:00AM
Shasthi* Until 10:05PM

Ganesha: Green *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 5:43PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Yangon, Myanmar
Sun 5 Sutra 188
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

6

Wednesday, October 19, 2011

Mithuna Rasi: 17.2 Titithi 22
633386154
Creative Work Siddha Yoga
Until 1.16AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 10:23AM – 11:51AM **Ardra Until 10:54AM**
Yama 7:27AM – 8:55AM Shiva Until 7:54PM
Rahu 11:51AM – 1:19PM Visti Until 9:45AM
Saptami Until 9:45PM

Ganesha: Green *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 5:42PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Yangon, Myanmar
Sun 6 Sutra 189
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

Retreat Star

Thursday, October 20, 2011

Kataka Rasi: 0.1 Titithi 23
643386154
Creative Work Amrita Yoga
Until 1.16AM Fri then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 8:55AM – 10:23AM **Punarvasu Until 11:51AM**
Yama 5:59AM – 7:27AM Siddha Until 7:04PM
Rahu 1:18PM – 2:46PM Balava Until 10:06AM
Ashtami* Until 10:06PM

Ganesha: Orange *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 5:42PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Yangon, Myanmar
Sun 7 Sutra 190
Khara 5113
Moon 10 - Phase 25
Ashtami

Sivaloka Day

Friday, October 21, 2011

Retreat Star

Kataka Rasi: 13.24 Titithi 24
643386154
Routine Work Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 7:27AM – 8:55AM **Pushya Until 11:36AM**
Yama 2:46PM – 4:13PM Sadhya Until 4:46PM
Rahu 10:23AM – 11:50AM Taitila Until 9:21AM
Navami* Until 8:25PM

Ganesha: Orange *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 5:41PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Yangon, Myanmar
Sun 8 Sutra 191
Khara 5113
Moon 10 - Phase 25
Navami

Sivaloka Day


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

1	Saturday, October 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dasami Yam Titau	Yangon, Myanmar
	Kataka Rasi: 27.05 Tithi 25 643386154	Gulika 6:00AM – 7:27AM Yama 1:18PM – 2:45PM Rahu 8:55AM – 10:22AM	Sun 9 Sutra 192 Khara 5113 Moon 10 - Phase 26 2nd Phase
Routine Work Marana Yoga Until 11:00AM then Amrita Yoga Until 1.16AM Sun then Marana Yoga		Aslesha* Until 11:00AM Subha Until 2:37PM Vanija Until 8:04AM Dasami Until 7:08PM	Ganesha: Orange <i>Sunrise: 6:00AM</i> Muruqa: White <i>Sunset: 5:40PM</i> Nataraja: Yellow Moon – Blue Ashvina-Aipasi

2	Sunday, October 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Yangon, Myanmar
	Simha Rasi: 11.14 Tithi 26 – 27 653386154	Gulika 2:45PM – 4:12PM Yama 11:50AM – 1:17PM Rahu 4:12PM – 5:40PM	Sun 10 Sutra 193 Khara 5113 Moon 10 - Phase 26 2nd Phase
Routine Work Marana Yoga Until 9:21AM then Siddha Yoga		Magha* Until 9:21AM Sukla Until 11:21AM Kaulava Until 2:30AM Mon Ekadasi* Until 4:12PM	Ganesha: Light Blue <i>Sunrise: 6:00AM</i> Muruqa: White <i>Sunset: 5:40PM</i> Nataraja: Yellow Moon – Red Ashvina-Aipasi

3	Monday, October 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Yangon, Myanmar
	Simha Rasi: 25.5 Tithi 27 – 28 653386154	Gulika 1:17PM – 2:45PM Yama 10:22AM – 11:50AM Rahu 7:28AM – 8:55AM	Sun 11 Sutra 194 Khara 5113 Moon 10 - Phase 26 2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 7:20AM then Marana Yoga Until 1.15AM Tue then Amrita Yoga		Purvaphalguni* Until 7:20AM Brahma Until 7:57AM Gara Until 11:45PM Dvadasi* Until 1:28PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise: 6:00AM</i> Muruqa: White <i>Sunset: 5:39PM</i> Nataraja: Yellow Moon – Red Ashvina-Aipasi

4	Tuesday, October 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 10.47 Tithi 28 – 29 663386154	Gulika 11:50AM – 1:17PM Yama 8:55AM – 10:22AM Rahu 2:44PM – 4:12PM	Sun 12 Sutra 195 Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work Siddha Yoga Deepavali Hindu Solidarity Day		Hasta Until 2:04AM Wed Vaidhriti* Until 12:02AM Wed Visti Until 8:24PM Trayodasi* Until 10:07AM	Ganesha: Purple <i>Sunrise: 6:01AM</i> Muruqa: White <i>Sunset: 5:39PM</i> Nataraja: Yellow Moon – Green Ashvina-Aipasi

	Wednesday, October 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Naga* Karana Chaturdasi*/Amavasya* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 25.58 Tithi 29 – 30 663386154	Gulika 10:22AM – 11:50AM Yama 7:28AM – 8:55AM Rahu 11:50AM – 1:17PM	Sun 13 Sutra 196 Khara 5113 Moon 10 - Phase 26 Amavasya
Creative Work Siddha Yoga Until 1.15AM Thu then Amrita Yoga		Chitra Until 11:07PM Vishkambha* Until 7:46PM Naga Until 2:56AM Thu Chaturdasi* Until 6:22AM	Ganesha: Purple <i>Sunrise: 6:01AM</i> Muruqa: White <i>Sunset: 5:39PM</i> Nataraja: Yellow Moon – Green Ashvina-Aipasi

Retreat Star	Thursday, October 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Yangon, Myanmar
	Tula Rasi: 11.14 Tithi 1 663386154	Gulika 8:55AM – 10:22AM Yama 6:01AM – 7:28AM Rahu 1:17PM – 2:44PM	Sun 14 Sutra 197 Khara 5113 Moon 10 - Phase 26 Prathama
Creative Work Amrita Yoga Until 8:02PM then Siddha Yoga Until 1.15AM Fri then Marana Yoga		Svati Until 8:02PM Priti Until 3:23PM Kintughna Until 12:46PM Prathama* Until 11:03PM	Ganesha: Purple <i>Sunrise: 6:01AM</i> Muruqa: White <i>Sunset: 5:39PM</i> Nataraja: Yellow Moon – Green Karttika-Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140


1	Friday, October 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Yangon, Myanmar
	Tula Rasi: 26.24 Tithi 2 673386154	Gulika 7:28AM – 8:55AM Yama 2:43PM – 4:10PM Rahu 10:22AM – 11:49AM	Sun 15 Sutra 198 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 5:06PM then Siddha Yoga		Visakha Until 5:06PM Ayushman Until 11:08AM Balava Until 9:03AM Dvitiya Until 7:21PM	Ganesha: Light Blue <i>Sunrise: 6:01AM</i> Muruqa: White <i>Sunset: 5:37PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			


2	Saturday, October 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Yangon, Myanmar
	Virchika Rasi: 11.19 Tithi 3 – 4 673386154	Gulika 6:02AM – 7:29AM Yama 1:16PM – 2:43PM Rahu 8:56AM – 10:22AM	Sun 16 Sutra 199 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 1.15AM Sun then Marana Yoga		Anuradha Until 2:34PM Saubhagya Until 7:16AM Vanija Until 2:21AM Sun Tritiya Until 4:04PM	Ganesha: Light Blue <i>Sunrise: 6:02AM</i> Muruqa: White <i>Sunset: 5:37PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			

3	Sunday, October 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
	Virchika Rasi: 25.51 Tithi 4 – 5 673386154	Gulika 2:43PM – 4:10PM Yama 11:49AM – 1:16PM Rahu 4:10PM – 5:36PM	Sun 17 Sutra 200 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 1:07PM then Amrita Yoga Until 1.15AM Mon then Siddha Yoga		Jyeshtha* Until 1:07PM Athiganda* Until 1:09AM Mon Bava Until 1:04AM Mon Chaturthi* Until 1:59PM	Ganesha: Light Blue <i>Sunrise: 6:02AM</i> Muruqa: White <i>Sunset: 5:36PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			

4	Monday, October 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 9.57 Tithi 5 – 6 Family Home Evening 683386154	Gulika 1:16PM – 2:42PM Yama 10:22AM – 11:49AM Rahu 7:29AM – 8:56AM	Sun 18 Sutra 201 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 11:48AM then Marana Yoga Until 1.15AM Tue then Siddha Yoga		Mula* Until 11:48AM Sukarma Until 10:20PM Kaulava Until 11:02PM Panchami Until 11:58AM	Ganesha: Orange <i>Sunrise: 6:02AM</i> Muruqa: White <i>Sunset: 5:36PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

5	Tuesday, November 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailala/Gara Karana Shasthi*/Saptami Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 23.34 Tithi 6 – 7 684386154	Gulika 11:49AM – 1:16PM Yama 8:56AM – 10:23AM Rahu 2:42PM – 4:09PM	Sun 19 Sutra 202 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 11:43AM then Prabalarishta Yoga Until 1.15AM Wed then Amrita Yoga		Purvashadha* Until 11:43AM Dhriti Until 9:18PM Gara Until 11:13PM Shasthi* Until 11:13AM	Ganesha: Clear <i>Sunrise: 6:03AM</i> Muruqa: White <i>Sunset: 5:35PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

	Wednesday, November 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Sravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Yangon, Myanmar
	Retreat Star Makara Rasi: 6.44 Tithi 7 – 8 684386154	Gulika 10:23AM – 11:49AM Yama 7:30AM – 8:56AM Rahu 11:49AM – 1:16PM	Sun 20 Sutra 203 Khara 5113 Moon 10 - Phase 27 Ashtami
Creative Work Amrita Yoga Until 12:01PM then Siddha Yoga		Uttarashadha Until 12:01PM Shula* Until 7:52PM Visti Until 10:53PM Saptami Until 10:53AM	Ganesha: Clear <i>Sunrise: 6:03AM</i> Muruqa: White <i>Sunset: 5:35PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

	Thursday, November 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Yangon, Myanmar
	Retreat Star Makara Rasi: 19.31 Tithi 8 – 9 694386154	Gulika 8:56AM – 10:23AM Yama 6:04AM – 7:30AM Rahu 1:15PM – 2:42PM	Sun 21 Sutra 204 Khara 5113 Moon 10 - Phase 27 Navami
Creative Work Siddha Yoga		Sravana Until 1:38PM Ganda* Until 8:07PM Balava Until 12:54AM Fri Ashtami* Until 11:49AM	Ganesha: White <i>Sunrise: 6:04AM</i> Muruqa: White <i>Sunset: 5:35PM</i> Nataraja: Yellow Moon – Purple Karttika-Aipasi
Devaloka Day			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

1	Friday, November 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
	Sun 22	Sutra 205	Khara 5113
Kumbha Rasi: 1.58	Tithi 9 – 10	694386154	Moon 10 - Phase 28
Creative Work	Siddha Yoga		4th Phase
Until 1.15AM Sat then Amrita Yoga			Devaloka Day
Gulika	7:30AM – 8:57AM	Dhanishtha Until 3:24PM	Ganesha: White <i>Sunrise: 6:04AM</i>
Yama	2:42PM – 4:08PM	Vriddhi Until 7:53PM	Muruqa: White <i>Sunset: 5:34PM</i>
Rahu	10:23AM – 11:49AM	Taitila Until 2:05AM Sat	Nataraja: Yellow
		Navami* Until 1:00PM	Moon – Purple
			Karttika-Aipasi

2	Saturday, November 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Yangon, Myanmar
	Sun 23	Sutra 206	Khara 5113
Kumbha Rasi: 14.11	Tithi 10 – 11	694386154	Moon 10 - Phase 28
Creative Work	Amrita Yoga		4th Phase
Until 5:38PM then Siddha Yoga			Devaloka Day
Gulika	6:04AM – 7:31AM	Satabhisha Until 5:38PM	Ganesha: White <i>Sunrise: 6:04AM</i>
Yama	1:15PM – 2:41PM	Dhruva Until 8:06PM	Muruqa: White <i>Sunset: 5:34PM</i>
Rahu	8:57AM – 10:23AM	Vanija Until 3:48AM Sun	Nataraja: Yellow
		Dasami Until 2:43PM	Moon – Purple
			Karttika-Aipasi

3	Sunday, November 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Yangon, Myanmar
	Sun 24	Sutra 207	Khara 5113
Kumbha Rasi: 26.14	Tithi 11 – 12	614386154	Moon 10 - Phase 28
Creative Work	Siddha Yoga		4th Phase
Until 8:12PM then Amrita Yoga			Devaloka Day
Until 1.15AM Mon then Siddha Yoga			
Gulika	2:41PM – 4:07PM	Purvaprostapada* Until 8:12PM	Ganesha: Blue <i>Sunrise: 6:05AM</i>
Yama	11:49AM – 1:15PM	Vyaghata* Until 8:37PM	Muruqa: White <i>Sunset: 5:33PM</i>
Rahu	4:07PM – 5:33PM	Bava Until 5:53AM Mon	Nataraja: Yellow
		Ekadasi Until 4:48PM	Moon – Clear
			Karttika-Aipasi

4	Monday, November 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadasi Yam Titau	Yangon, Myanmar
	Sun 25	Sutra 208	Khara 5113
Meena Rasi: 8.1	Tithi 12	714386154	Moon 10 - Phase 28
Family Home Evening			4th Phase
Creative Work	Siddha Yoga		Sivaloka Day
Until 1.15AM Wed then Marana Yoga			
Gulika	1:15PM – 2:41PM	Uttaraprostapada Until 11:00PM	Ganesha: Red <i>Sunrise: 6:05AM</i>
Yama	10:23AM – 11:49AM	Harshana Until 9:21PM	Muruqa: White <i>Sunset: 5:33PM</i>
Rahu	7:31AM – 8:57AM	Bava Until 6:02AM	Nataraja: Yellow
		Dvadasi Until 7:07PM	Moon – Clear
			Karttika-Aipasi

5	Tuesday, November 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Yangon, Myanmar
	Sun 26	Sutra 209	Khara 5113
Meena Rasi: 20.03	Tithi 13	714386154	Moon 10 - Phase 28
Creative Work	Siddha Yoga		4th Phase
Until 1.15AM Wed then Marana Yoga			Sivaloka Day
Gulika	11:49AM – 1:15PM	Revati Until 1:54AM Wed	Ganesha: Red <i>Sunrise: 6:06AM</i>
Yama	8:57AM – 10:23AM	Vajra* Until 10:11PM	Muruqa: White <i>Sunset: 5:33PM</i>
Rahu	2:41PM – 4:07PM	Kaulava Until 8:29AM	Nataraja: Yellow
		Trayodasi Until 9:35PM	Moon – Clear
			Karttika-Aipasi
			<i>Pradosha Vrata</i>

6	Wednesday, November 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Yangon, Myanmar
	Sun 27	Sutra 210	Khara 5113
Mesha Rasi: 1.54	Tithi 14	724386154	Moon 10 - Phase 28
Routine Work	Marana Yoga		4th Phase
Until 1.15AM Thu then Amrita Yoga			Devaloka Day
Until 4:52AM Thu then Siddha Yoga			
Gulika	10:24AM – 11:49AM	Asvini Until 4:52AM Thu	Ganesha: Blue <i>Sunrise: 6:06AM</i>
Yama	7:32AM – 8:58AM	Siddhi Until 11:03PM	Muruqa: White <i>Sunset: 5:33PM</i>
Rahu	11:49AM – 1:15PM	Gara Until 11:00AM	Nataraja: Yellow
		Chaturdasi* Until 12:05AM Thu	Moon – White
			Karttika-Aipasi

○	Thursday, November 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Yangon, Myanmar
	Sun 28	Sutra 211	Khara 5113
Mesha Rasi: 13.46	Tithi 15	724386154	Moon 10 - Phase 28
Creative Work	Siddha Yoga		Purnima
Until 1.15AM Sat then Amrita Yoga			Devaloka Day
Gulika	8:58AM – 10:24AM	Bharani Until 7:59AM Fri	Ganesha: Blue <i>Sunrise: 6:07AM</i>
Yama	6:07AM – 7:32AM	Vyatipata* Until 11:55PM	Muruqa: White <i>Sunset: 5:32PM</i>
Rahu	1:15PM – 2:41PM	Visti Until 1:29PM	Nataraja: Yellow
		Purnima* Until 2:34AM Fri	Moon – White
			Karttika-Aipasi

○	Friday, November 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau	Yangon, Myanmar
	Sun 29	Sutra 212	Khara 5113
Mesha Rasi: 25.4	Tithi 16	724386154	Moon 10 - Phase 28
Creative Work	Siddha Yoga		Prathama
Until 1.15AM Sat then Amrita Yoga			Devaloka Day
Gulika	7:33AM – 8:58AM	Bharani Until 7:59AM	Ganesha: Blue <i>Sunrise: 6:07AM</i>
Yama	2:41PM – 4:06PM	Variyan Until 12:41AM Sat	Muruqa: White <i>Sunset: 5:32PM</i>
Rahu	10:24AM – 11:50AM	Balava Until 3:52PM	Nataraja: Yellow
		Prathama* Until 4:58AM Sat	Moon – White
			Karttika-Aipasi

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



Saturday, November 12, 2011
Gold Retreat Star

Wrishabha Rasi: 7.39 Tithi 17
734486154
Creative Work Amrita Yoga
Until 1.15AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Tailila Karana Dvitiya Yam Titau
Gulika 6:07AM – 7:33AM
Yama 1:15PM – 2:41PM
Rahu 8:59AM – 10:24AM
Krittika Until 10:42AM
Parigha* Until 1:20AM Sun
Taitila Until 6:07PM
Dvitiya Until 7:03AM Sun

Ganesha: Blue *Sunrise: 6:07AM*
Muruqa: White *Sunset: 5:32PM*
Nataraja: Yellow
Moon – White
Karttika•Aipasi

Yangon, Myanmar
Sutra 213
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day

1

Sunday, November 13, 2011

Wrishabha Rasi: 19.44 Tithi 17 – 18
734486154
Creative Work Siddha Yoga
Until 1.15AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 2:41PM – 4:06PM
Yama 11:50AM – 1:15PM
Rahu 4:06PM – 5:32PM
Rohini Until 1:12PM
Shiva Until 1:48AM Mon
Vanija Until 8:08PM
Dvitiya Until 7:03AM

Ganesha: Red *Sunrise: 6:08AM*
Muruqa: White *Sunset: 5:32PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Yangon, Myanmar
Sun 1 Sutra 214
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

2

Monday, November 14, 2011

Mithuna Rasi: 1.57 Tithi 18 – 19
735486154
Family Home Evening
Creative Work Amrita Yoga
Until 3:26PM then Siddha Yoga
Until 1.16AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 1:15PM – 2:41PM
Yama 10:25AM – 11:50AM
Rahu 7:34AM – 8:59AM
Mrigasira Until 3:26PM
Siddha Until 2:00AM Tue
Bava Until 9:51PM
Tritiya Until 8:46AM

Ganesha: Yellow *Sunrise: 6:08AM*
Muruqa: White *Sunset: 5:31PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Yangon, Myanmar
Sun 2 Sutra 215
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

3

Tuesday, November 15, 2011

Mithuna Rasi: 14.21 Tithi 19 – 20
735486154
Routine Work Marana Yoga
Until 4:26PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 11:50AM – 1:15PM
Yama 8:59AM – 10:25AM
Rahu 2:41PM – 4:06PM
Ardra Until 4:26PM
Sadhya Until 12:26AM Wed
Kaulava Until 9:45PM
Chaturthi* Until 9:45AM

Ganesha: Yellow *Sunrise: 6:09AM*
Muruqa: White *Sunset: 5:31PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Yangon, Myanmar
Sun 3 Sutra 216
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

4

Wednesday, November 16, 2011

Mithuna Rasi: 26.58 Tithi 20 – 21
745486154
Creative Work Siddha Yoga
Until 1.16AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:25AM – 11:50AM
Yama 7:35AM – 9:00AM
Rahu 11:50AM – 1:15PM
Punarvasu Until 5:44PM
Subha Until 11:56PM
Gara Until 10:31PM
Panchami Until 10:31AM

Ganesha: White *Sunrise: 6:09AM*
Muruqa: White *Sunset: 5:31PM*
Nataraja: Yellow
Moon – Blue
Karttika•Aipasi

Yangon, Myanmar
Sun 4 Sutra 217
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day

5

Thursday, November 17, 2011

Kataka Rasi: 9.52 Tithi 21 – 22
745486155
Creative Work Amrita Yoga
Until 6:33PM then Siddha Yoga
Until 1.16AM Fri then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 9:00AM – 10:25AM
Yama 6:10AM – 7:35AM
Rahu 1:16PM – 2:41PM
Pushya Until 6:33PM
Sukla Until 10:58PM
Visti Until 10:45PM
Shasthi* Until 10:45AM

Ganesha: White *Sunrise: 6:10AM*
Muruqa: White *Sunset: 5:31PM*
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Yangon, Myanmar
Sun 5 Sutra 218
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day



Friday, November 18, 2011
Retreat Star

Kataka Rasi: 23.05 Tithi 22 – 23
745486155
Routine Work Marana Yoga
Until 1.16AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 7:35AM – 9:01AM
Yama 2:41PM – 4:06PM
Rahu 10:26AM – 11:51AM
Aslesha* Until 5:52PM
Brahma Until 8:25PM
Balava Until 9:05PM
Saptami Until 10:01AM

Ganesha: White *Sunrise: 6:10AM*
Muruqa: White *Sunset: 5:31PM*
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Yangon, Myanmar
Sun 6 Sutra 219
Khara 5113
Moon 11 - Phase 29
Ashtami

Devaloka Day

Saturday, November 19, 2011
Retreat Star

Simha Rasi: 6.38 Tithi 23 – 24
755486155
Creative Work Amrita Yoga
Until 5:29PM then Marana Yoga
Until 1.17AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 6:11AM – 7:36AM
Yama 1:16PM – 2:41PM
Rahu 9:01AM – 10:26AM
Magha* Until 5:29PM
Indra Until 6:26PM
Taitila Until 8:04PM
Ashtami* Until 8:59AM

Ganesha: Clear *Sunrise: 6:11AM*
Muruqa: White *Sunset: 5:31PM*
Nataraja: Red
Moon – Red
Karttika•Karttikai

Yangon, Myanmar
Sun 7 Sutra 220
Khara 5113
Moon 11 - Phase 29
Navami

Sivaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140


1	Sunday, November 20, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili/Vishkambha* Yoga Gara/Vanija Karana Navami/Dasami Yam Titau	Yangon, Myanmar
	Simha Rasi: 20.35 Tithi 24 – 25 755486155	Gulika 2:41PM – 4:06PM Yama 11:51AM – 1:16PM Rahu 4:06PM – 5:31PM	Sun 8 Sutra 221 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 4:26PM then Amrita Yoga Until 1.17AM Mon then Marana Yoga	Purvaphalguni* Until 4:26PM Vaidhrili* Until 3:51PM Vanija Until 6:21PM Navami* Until 7:16AM	Ganesha: Clear <i>Sunrise:</i> 6:11AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Red Karttika•Karttikai


2	Monday, November 21, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 4.53 Tithi 26 Family Home Evening 755486155	Gulika 1:16PM – 2:41PM Yama 10:26AM – 11:51AM Rahu 7:37AM – 9:02AM	Sun 9 Sutra 222 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Routine Work Marana Yoga Until 2:11PM then Siddha Yoga	Uttaraphalguni Until 2:11PM Vishkambha* Until 12:15PM Bava Until 3:14PM Ekadasi* Until 1:31AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:12AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Red Karttika•Karttikai

3	Tuesday, November 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 19.31 Tithi 27 765486155	Gulika 11:52AM – 1:16PM Yama 9:02AM – 10:27AM Rahu 2:41PM – 4:06PM	Sun 10 Sutra 223 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga	Hasta Until 12:06PM Priti Until 8:47AM Kaulava Until 12:27PM Dvadasi* Until 10:44PM	Ganesha: Purple <i>Sunrise:</i> 6:13AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Green Karttika•Karttikai

4	Wednesday, November 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Yangon, Myanmar
	Tula Rasi: 4.24 Tithi 28 766486155	Gulika 10:27AM – 11:52AM Yama 7:38AM – 9:02AM Rahu 11:52AM – 1:16PM	Sun 11 Sutra 224 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 1.18AM Thu then Amrita Yoga	Chitra Until 9:37AM Saubhagya Until 12:57AM Thu Gara Until 9:15AM Trayodasi* Until 7:32PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise:</i> 6:13AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Green Karttika•Karttikai

5	Thursday, November 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Yangon, Myanmar
	Tula Rasi: 19.25 Tithi 29 – 30 766486155	Gulika 9:03AM – 10:27AM Yama 6:14AM – 7:38AM Rahu 1:17PM – 2:41PM	Sun 12 Sutra 225 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Amrita Yoga Until 6:57AM then Siddha Yoga Until 1.18AM Fri then Marana Yoga	Svati Until 6:57AM Sobhana Until 8:56PM Catuspada Until 2:23AM Fri Chaturdasi* Until 4:06PM	Ganesha: Clear <i>Sunrise:</i> 6:14AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Green Karttika•Karttikai

	Friday, November 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Yangon, Myanmar
	Retreat Star Vrischika Rasi: 4.25 Tithi 30 – 1 776486155	Gulika 7:39AM – 9:03AM Yama 2:41PM – 4:06PM Rahu 10:28AM – 11:52AM	Sun 13 Sutra 226 Khara 5113 Moon 11 - Phase 30 Amavasya
	Creative Work Siddha Yoga	Anuradha Until 1:37AM Sat Athiganda* Until 4:55PM Kintughna Until 10:59PM Amavasya* Until 12:42PM	Ganesha: Orange <i>Sunrise:</i> 6:14AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Orange Karttika•Karttikai

	Saturday, November 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhruti Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Yangon, Myanmar
	Retreat Star Vrischika Rasi: 19.15 Tithi 1 – 2 776486155	Gulika 6:15AM – 7:39AM Yama 1:17PM – 2:42PM Rahu 9:04AM – 10:28AM	Sun 14 Sutra 227 Khara 5113 Moon 11 - Phase 30 Prathama
	Creative Work Siddha Yoga Until 1.18AM Sun then Amrita Yoga	Jyeshtha* Until 11:12PM Sukarma Until 1:08PM Balava Until 7:50PM Prathama* Until 9:33AM	Ganesha: Orange <i>Sunrise:</i> 6:15AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Orange Margasira•Karttikai


1	Sunday, November 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 3.49 Tithi 2 – 3 786486155	Gulika 2:42PM – 4:06PM Yama 11:53AM – 1:17PM Rahu 4:06PM – 5:31PM	Sun 15 Sutra 228 Khara 5113 Moon 11 - Phase 31 3rd Phase
Creative Work Amrita Yoga Until 10:19PM then Siddha Yoga Until 1.19AM Mon then Marana Yoga		Mula* Until 10:19PM Dhriti Until 10:01AM Gara Until 6:02PM Dvitiya Until 6:58AM	Ganesha: Clear <i>Sunrise:</i> 6:15AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Light Blue Margasira-Karttikai


2	Monday, November 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Chaturthi* Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 18 Tithi 4 Family Home Evening 786486155	Gulika 1:18PM – 2:42PM Yama 10:29AM – 11:53AM Rahu 7:40AM – 9:05AM	Sun 16 Sutra 229 Khara 5113 Moon 11 - Phase 31 3rd Phase
Routine Work Marana Yoga Until 1.19AM Tue then Prabalarishta Yoga		Purvashadha* Until 8:51PM Shula* Until 7:02AM Vanija Until 3:52PM Chaturthi* Until 2:57AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:16AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Light Blue Margasira-Karttikai

3	Tuesday, November 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau	Yangon, Myanmar
	Makara Rasi: 1.45 Tithi 5 797486155	Gulika 11:54AM – 1:18PM Yama 9:05AM – 10:29AM Rahu 2:42PM – 4:07PM	Sun 17 Sutra 230 Khara 5113 Moon 11 - Phase 31 3rd Phase
Routine Work Prabalarishta Yoga Until 9:13PM then Siddha Yoga		Uttarashadha Until 9:13PM Vriddhi Until 3:31AM Wed Bava Until 3:13PM Panchami Until 3:13AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:16AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Light Blue Margasira-Karttikai

4	Wednesday, November 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Yangon, Myanmar
	Makara Rasi: 15.04 Tithi 6 797486155	Gulika 10:30AM – 11:54AM Yama 7:41AM – 9:06AM Rahu 11:54AM – 1:18PM	Sun 18 Sutra 231 Khara 5113 Moon 11 - Phase 31 3rd Phase
Creative Work Siddha Yoga Until 9:16PM then Prabalarishta Yoga Until 1.20AM Thu then Siddha Yoga		Sravana Until 9:16PM Dhruva Until 1:49AM Thu Kaulava Until 2:38PM Shasthi* Until 2:38AM Thu	Ganesha: Clear <i>Sunrise:</i> 6:17AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Purple Margasira-Karttikai

5	Thursday, December 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau	Yangon, Myanmar
	Makara Rasi: 27.57 Tithi 7 797486155	Gulika 9:06AM – 10:30AM Yama 6:18AM – 7:42AM Rahu 1:19PM – 2:43PM	Sun 19 Sutra 232 Khara 5113 Moon 11 - Phase 31 3rd Phase
Creative Work Siddha Yoga Until 10:05PM then Marana Yoga Until 1.20AM Fri then Siddha Yoga		Dhanishtha Until 10:05PM Vyaghata* Until 12:51AM Fri Gara Until 2:52PM Saptami Until 2:52AM Fri	Ganesha: Clear <i>Sunrise:</i> 6:18AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Purple Margasira-Karttikai

	Friday, December 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visli*/Bava Karana Ashtami* Yam Titau	Yangon, Myanmar
	Retreat Star Kumbha Rasi: 10.29 Tithi 8 797486155	Gulika 7:42AM – 9:07AM Yama 2:43PM – 4:07PM Rahu 10:31AM – 11:55AM	Sun 20 Sutra 233 Khara 5113 Moon 11 - Phase 31 Ashtami
Creative Work Siddha Yoga		Satabhisha Until 1:02AM Sat Harshana Until 1:54AM Sat Visli Until 4:43PM Ashtami* Until 5:49AM Sat	Ganesha: Clear <i>Sunrise:</i> 6:18AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Red Moon – Purple Margasira-Karttikai

	Saturday, December 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava Karana Navami* Yam Titau	Yangon, Myanmar
	Retreat Star Kumbha Rasi: 22.44 Tithi 9 717486155	Gulika 6:19AM – 7:43AM Yama 1:19PM – 2:43PM Rahu 9:07AM – 10:31AM	Sun 21 Sutra 234 Khara 5113 Moon 11 - Phase 31 Navami
Creative Work Siddha Yoga Until 3:12AM Sun then Amrita Yoga		Purvaprostapada* Until 3:12AM Sun Vajra* Until 2:02AM Sun Balava Until 6:23PM Navami* Until 7:25AM Sun	Ganesha: Yellow <i>Sunrise:</i> 6:19AM Muruqa: White <i>Sunset:</i> 5:32PM Nataraja: Red Moon – Clear Margasira-Karttikai

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM



Monday, December 12, 2011
Gold Retreat Star

Mithuna Rasi: 11.14 Tithi 17
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 10:10PM then Amrita Yoga
Until 1.25AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 1:23PM – 2:47PM **Ardra Until 10:10PM**
Yama 10:35AM – 11:59AM Sukla Until 4:38AM Tue
Rahu 7:48AM – 9:12AM Taitila Until 10:38AM
Dvitiya Until 10:38PM

Yangon, Myanmar
Sun 1 Sutra 243
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 6:24AM
Muruqa: Clear *Sunset:* 5:34PM
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Devaloka Day

1

Tuesday, December 13, 2011

Mithuna Rasi: 23.58 Tithi 18
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 12:00PM – 1:23PM **Punarvasu Until 11:18PM**
Yama 9:12AM – 10:36AM Brahma Until 3:57AM Wed
Rahu 2:47PM – 4:11PM Vanija Until 11:13AM
Tritiya Until 11:13PM

Yangon, Myanmar
Sun 2 Sutra 244
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 6:25AM
Muruqa: Clear *Sunset:* 5:34PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

2

Wednesday, December 14, 2011

Kataka Rasi: 6.55 Tithi 19
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 10:36AM – 12:00PM **Pushya Until 12:01AM Thu**
Yama 7:49AM – 9:13AM Indra Until 2:52AM Thu
Rahu 12:00PM – 1:24PM Bava Until 11:22AM
Chaturthi* Until 11:22PM

Yangon, Myanmar
Sun 3 Sutra 245
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 6:25AM
Muruqa: Clear *Sunset:* 5:35PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

3

Thursday, December 15, 2011

Kataka Rasi: 20.04 Tithi 20
749596155
Creative Work Siddha Yoga
Until 12:20AM Fri then Amrita Yoga
Until 1.26AM Fri then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 9:13AM – 10:37AM **Aslesha* Until 12:20AM Fri**
Yama 6:26AM – 7:49AM Vaidhriti* Until 1:25AM Fri
Rahu 1:24PM – 2:48PM Kaulava Until 11:04AM
Panchami Until 11:04PM

Yangon, Myanmar
Sun 4 Sutra 246
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 6:26AM
Muruqa: Clear *Sunset:* 5:35PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

4

Friday, December 16, 2011

Simha Rasi: 3.28 Tithi 21
759596155
Routine Work Marana Yoga
Until 10:56PM then Siddha Yoga
Until 1.27AM Sat then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 7:50AM – 9:14AM **Magha* Until 10:56PM**
Yama 2:48PM – 4:12PM Vishkambha* Until 10:24PM
Rahu 10:37AM – 12:01PM Gara Until 10:00AM
Shasthi* Until 9:04PM

Markali Pillaiyar

Yangon, Myanmar
Sun 5 Sutra 247
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: White *Sunrise:* 6:26AM
Muruqa: Clear *Sunset:* 5:36PM
Nataraja: Red
Moon – Red
Margasira-Markali

Sivaloka Day

5

Saturday, December 17, 2011

Simha Rasi: 17.05 Tithi 22
859596155
Routine Work Marana Yoga
Until 1.27AM Sun then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manita Vasara Yuktayam
Purvaphalguni* Nakshatra Priti Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 6:27AM – 7:51AM **Purvaphalguni* Until 10:27PM**
Yama 1:25PM – 2:49PM Priti Until 8:20PM
Rahu 9:14AM – 10:38AM Visti Until 8:53AM
Saptami Until 7:58PM

Yangon, Myanmar
Sun 6 Sutra 248
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 5:36PM
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day



Sunday, December 18, 2011
Retreat Star

Kanya Rasi: 0.55 Tithi 23
859596155
Creative Work Amrita Yoga
Until 1.28AM Mon then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 2:49PM – 4:13PM **Uttaraphalguni Until 9:34PM**
Yama 12:02PM – 1:26PM Ayushman Until 5:52PM
Rahu 4:13PM – 5:37PM Balava Until 7:21AM
Ashtami* Until 6:26PM

Yangon, Myanmar
Sun 7 Sutra 249
Khara 5113
Moon 12 - Phase 33
Ashtami

Ganesha: Clear *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 5:37PM
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day

Monday, December 19, 2011
Retreat Star

Kanya Rasi: 15 Tithi 24 – 25
Family Home Evening 869596155
Creative Work Siddha Yoga
Until 8:17PM then Prabalarishta Yoga
Until 1.28AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Gulika 1:26PM – 2:50PM **Hasta Until 8:17PM**
Yama 10:39AM – 12:02PM Saubhagya Until 3:03PM
Rahu 7:52AM – 9:15AM Vanija Until 3:33AM Tue
Navami* Until 4:29PM

Yangon, Myanmar
Sun 8 Sutra 250
Khara 5113
Moon 12 - Phase 33
Navami

Ganesha: White *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 5:37PM
Nataraja: Red
Moon – Green
Margasira-Markali

Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

1	Tuesday, December 20, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Yangon, Myanmar
	Kanya Rasi: 29.17	Tithi 25 – 26	Gulika 12:03PM – 1:27PM	Chitra Until 6:39PM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Sun 9 Sutra 251 Khara 5113
	869596155		Yama 9:16AM – 10:39AM	Sobhana Until 11:54AM	Muruqa: Clear	<i>Sunset:</i> 5:37PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 2:50PM – 4:14PM	Bava Until 1:13AM Wed	Nataraja: Red		2nd Phase	
			Dasami Until 2:08PM	Margasira-Markali		Sivaloka Day	

2	Wednesday, December 21, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Yangon, Myanmar
	Tula Rasi: 13.44	Tithi 26 – 27	Gulika 10:40AM – 12:03PM	Svati Until 4:01PM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Sun 10 Sutra 252 Khara 5113
	861596155		Yama 7:53AM – 9:16AM	Athiganda* Until 8:19AM	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 12:03PM – 1:27PM	Kaulava Until 9:23PM	Nataraja: Red		2nd Phase	
			Day 1 of Pancha Ganapati	Ekadasi* Until 11:05AM	Margasira-Markali	Sivaloka Day	

3	Thursday, December 22, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Yangon, Myanmar
	Tula Rasi: 28.19	Tithi 27 – 28	Gulika 9:17AM – 10:40AM	Visakha Until 2:02PM	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM	Sun 11 Sutra 253 Khara 5113
	871596155		Yama 6:29AM – 7:53AM	Dhriti Until 12:57AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 1:28PM – 2:51PM	Gara Until 6:43PM	Nataraja: Red		2nd Phase	
			Day 2 of Pancha Ganapati	Dvadasi* Until 8:26AM	Margasira-Markali	Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

4	Friday, December 23, 2011		Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Yangon, Myanmar
	Vrischika Rasi: 12.54	Tithi 29	Gulika 7:54AM – 9:17AM	Anuradha Until 12:02PM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Sun 12 Sutra 254 Khara 5113
	871596155		Yama 2:52PM – 4:15PM	Shula* Until 9:32PM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 10:41AM – 12:04PM	Visti Until 4:48PM	Nataraja: Red		2nd Phase	
Until 12:02PM then Prabalarishta Yoga			Day 3 of Pancha Ganapati	Chaturdasi* Until 3:52AM Sat	Margasira-Markali	Devaloka Day	
Until 1:30AM Sat then Siddha Yoga							

●	Saturday, December 24, 2011		Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Yangon, Myanmar
	Retreat Star		Gulika 6:30AM – 7:54AM	Jyeshtha* Until 10:26AM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Sun 13 Sutra 255 Khara 5113
	Vrischika Rasi: 27.25	Tithi 30	Yama 1:29PM – 2:52PM	Ganda* Until 7:03PM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 12 - Phase 34
871596155		Rahu 9:18AM – 10:41AM	Catuspada Until 2:02PM	Nataraja: Red		Amavasya	
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Amavasya* Until 1:07AM Sun	Margasira-Markali	Devaloka Day	
Until 1:31AM Sun then Amrita Yoga							

●	Sunday, December 25, 2011		Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Yangon, Myanmar
	Retreat Star		Gulika 2:53PM – 4:16PM	Mula* Until 8:44AM	Ganesha: Red	<i>Sunrise:</i> 6:31AM	Sun 14 Sutra 256 Khara 5113
	Dhanus Rasi: 11.44	Tithi 1	Yama 12:05PM – 1:29PM	Vriddhi Until 3:50PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 12 - Phase 34
881596155		Rahu 4:16PM – 5:40PM	Kintughna Until 11:37AM	Nataraja: Red		Prathama	
Creative Work	Amrita Yoga		Day 5 of Pancha Ganapati	Prathama* Until 10:41PM	Pausha-Markali	Devaloka Day	
Until 8:44AM then Siddha Yoga							
Until 1:31AM Mon then Marana Yoga							

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

1	Monday, December 26, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 25.48 Tithi 2 Family Home Evening 881596155 Routine Work Marana Yoga Until 1.32AM Tue then Prabalarishta Yoga	Gulika 1:30PM – 2:53PM Yama 10:42AM – 12:06PM Rahu 7:55AM – 9:19AM	Purvashadha* Until 7:29AM Dhruva Until 1:02PM Balava Until 9:42AM Dvitiya Until 8:46PM

Sun 15 **Sutra 257**
Khara 5113
Moon 12 - Phase 35
3rd Phase

Devaloka Day

2	Tuesday, December 27, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Tritiya Yam Titau	Yangon, Myanmar
	Makara Rasi: 9.31 Tithi 3 Routine Work Prabalarishta Yoga Until 6:53AM then Siddha Yoga	Gulika 12:06PM – 1:30PM Yama 9:19AM – 10:43AM Rahu 2:54PM – 4:17PM	Uttarashadha Until 6:53AM Vyaghata* Until 11:08AM Tailila Until 8:36AM Tritiya Until 8:36PM

Sun 16 **Sutra 258**
Khara 5113
Moon 12 - Phase 35
3rd Phase

Devaloka Day

3	Wednesday, December 28, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Yangon, Myanmar
	Makara Rasi: 22.52 Tithi 4 Creative Work Siddha Yoga Until 6:52AM then Prabalarishta Yoga Until 1.33AM Thu then Siddha Yoga	Gulika 10:43AM – 12:07PM Yama 7:56AM – 9:20AM Rahu 12:07PM – 1:31PM	Sravana Until 6:52AM Harshana Until 9:22AM Vanija Until 7:58AM Chaturthi* Until 7:58PM

Sun 17 **Sutra 259**
Khara 5113
Moon 12 - Phase 35
3rd Phase

Devaloka Day

4	Thursday, December 29, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vajra*/Siddhi* Yoga Bava/Balava Karana Panchami Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 5.49 Tithi 5 Creative Work Siddha Yoga Until 7:34AM then Marana Yoga Until 1.33AM Fri then Siddha Yoga	Gulika 9:20AM – 10:44AM Yama 6:33AM – 7:56AM Rahu 1:31PM – 2:55PM	Dhanishtha Until 7:34AM Vajra* Until 8:16AM Bava Until 8:05AM Panchami Until 8:05PM

Sun 18 **Sutra 260**
Khara 5113
Moon 12 - Phase 35
3rd Phase

Devaloka Day

5	Friday, December 30, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 18.26 Tithi 6 Creative Work Siddha Yoga	Gulika 7:57AM – 9:21AM Yama 2:55PM – 4:19PM Rahu 10:44AM – 12:08PM	Satabhisha Until 9:08AM Siddhi Until 7:54AM Kaulava Until 9:10AM Shasthi* Until 10:15PM

Sun 19 **Sutra 261**
Khara 5113
Moon 12 - Phase 35
3rd Phase


Devaloka Day

6	Saturday, December 31, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyalipata*/Variyan Yoga Gara/Vanija Karana Saptami Yam Titau	Yangon, Myanmar
	Meena Rasi: 0.44 Tithi 7 Creative Work Siddha Yoga Until 1.34AM Sun then Amrita Yoga	Gulika 6:33AM – 7:57AM Yama 1:32PM – 2:56PM Rahu 9:21AM – 10:45AM	Purvaprostapada* Until 11:11AM Vyatipata* Until 7:54AM Gara Until 10:42AM Saptami Until 11:48PM

Sun 20 **Sutra 262**
Khara 5113
Moon 12 - Phase 35
3rd Phase

Devaloka Day

Vinayaga Viratam Ends

	Sunday, January 1, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Yangon, Myanmar
	Meena Rasi: 12.49 Tithi 8 Creative Work Amrita Yoga Until 1.35AM Mon then Siddha Yoga	Gulika 2:57PM – 4:21PM Yama 12:09PM – 1:33PM Rahu 4:21PM – 5:44PM	Uttaraprostapada Until 1:42PM Variyan Until 8:20AM Visti Until 12:45PM Ashtami* Until 1:51AM Mon

Sun 21 **Sutra 263**
Khara 5113
Moon 12 - Phase 35
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Monday, January 2, 2012	Retreat Star	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau	Yangon, Myanmar
	Meena Rasi: 24.44 Tithi 9 Family Home Evening 812696156 Creative Work Siddha Yoga	Gulika 1:34PM – 2:57PM Yama 10:46AM – 12:10PM Rahu 7:58AM – 9:22AM	Revati Until 4:31PM Parigha* Until 9:03AM Balava Until 3:09PM Navami* Until 4:14AM Tue

Sun 22 **Sutra 264**
Khara 5113
Moon 12 - Phase 35
Navami

Devaloka Day

1	Tuesday, January 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dasami Yam Titau	Yangon, Myanmar
	Mesha Rasi: 6.35 Tithi 10 822696156	Gulika 12:10PM – 1:34PM Yama 9:23AM – 10:46AM Rahu 2:58PM – 4:22PM	Sun 23 Sutra 265 Khara 5113 Moon 12 - Phase 36 4th Phase
	Creative Work Siddha Yoga Until 1.36AM Wed then Marana Yoga	Asvini Until 7:30PM Shiva Until 9:56AM Taitila Until 5:43PM Dasami Until 7:12AM Wed	Ganesha: White <i>Sunrise:</i> 6:35AM Muruqa: Clear <i>Sunset:</i> 5:46PM Nataraja: Yellow Moon – White Pausha-Markali
			Sivaloka Day

2	Wednesday, January 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Yangon, Myanmar
	Mesha Rasi: 18.26 Tithi 10 – 11 822696156	Gulika 10:47AM – 12:11PM Yama 7:59AM – 9:23AM Rahu 12:11PM – 1:35PM	Sun 24 Sutra 266 Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work Marana Yoga Until 10:29PM then Amrita Yoga Until 1.36AM Thu then Marana Yoga	Bharani Until 10:29PM Siddha Until 10:48AM Vanija Until 8:17PM Dasami Until 7:12AM	Ganesha: White <i>Sunrise:</i> 6:35AM Muruqa: Clear <i>Sunset:</i> 5:46PM Nataraja: Yellow Moon – White Pausha-Markali
		Vaikuntha Ekadasi	Sivaloka Day

3	Thursday, January 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau	Yangon, Myanmar
	Mrishabha Rasi: 0.21 Tithi 11 – 12 822696156	Gulika 9:23AM – 10:47AM Yama 6:36AM – 7:59AM Rahu 1:35PM – 2:59PM	Sun 25 Sutra 267 Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work Marana Yoga	Krittika Until 1:19AM Fri Sadhya Until 11:32AM Bava Until 10:41PM Ekadasi Until 9:36AM	Ganesha: White <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 5:47PM Nataraja: Yellow Moon – White Pausha-Markali
		Subramuniyaswami Jayanti	Sivaloka Day

4	Friday, January 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Yangon, Myanmar
	Mrishabha Rasi: 12.25 Tithi 12 – 13 832696156	Gulika 8:00AM – 9:24AM Yama 3:00PM – 4:24PM Rahu 10:48AM – 12:12PM	Sun 26 Sutra 268 Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work Marana Yoga Until 1.37AM Sat then Amrita Yoga Until 3:51AM Sat then Siddha Yoga	Rohini Until 3:51AM Sat Subha Until 11:59AM Kaulava Until 12:46AM Sat Dvadasi Until 11:40AM	Ganesha: Clear <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 5:47PM Nataraja: Yellow Moon – Yellow Pausha-Markali
		<i>Pradosha Vrata</i>	Devaloka Day

5	Saturday, January 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi Yam Titau	Yangon, Myanmar
	Mrishabha Rasi: 24.41 Tithi 13 – 14 832696156	Gulika 6:36AM – 8:00AM Yama 1:36PM – 3:00PM Rahu 9:24AM – 10:48AM	Sun 27 Sutra 269 Khara 5113 Moon 12 - Phase 36 4th Phase
	Creative Work Siddha Yoga	Mrigasira Until 4:07AM Sun Sukla Until 11:37AM Gara Until 12:41AM Sun Trayodasi Until 12:41PM	Ganesha: Clear <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 5:48PM Nataraja: Yellow Moon – Yellow Pausha-Markali
			Devaloka Day

○	Sunday, January 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdasi/Purnima Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 7.14 Tithi 14 – 15 832696156	Gulika 3:01PM – 4:25PM Yama 12:13PM – 1:37PM Rahu 4:25PM – 5:49PM	Sutra 270 Khara 5113 Moon 12 - Phase 36 Purnima
	Creative Work Siddha Yoga Until 5:35AM Mon then Amrita Yoga	Ardra Until 5:35AM Mon Brahma Until 11:14AM Visti Until 1:39AM Mon Chaturdasi* Until 1:39PM	Ganesha: Clear <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 5:49PM Nataraja: Yellow Moon – Yellow Pausha-Markali
		Tiruvembavai	Devaloka Day

○	Monday, January 9, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Purnima*/Prathama Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 20.03 Tithi 15 – 16 842696156	Gulika 1:37PM – 3:01PM Yama 10:49AM – 12:13PM Rahu 8:01AM – 9:25AM	Sutra 271 Khara 5113 Moon 12 - Phase 36 Prathama
	Family Home Evening Creative Work Amrita Yoga Until 1.39AM Tue then Siddha Yoga	Punarvasu Until 6:20AM Tue Indra Until 10:22AM Balava Until 2:03AM Tue Purnima* Until 2:03PM	Ganesha: Purple <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:49PM Nataraja: Yellow Moon – Blue Pausha-Markali
			Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 3.1 Tithi 16 – 17
842696156

Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuklayam
Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Yangon, Myanmar
Sutra 272
Khara 5113

Gulika 12:13PM – 1:37PM
Yama 9:25AM – 10:49AM
Rahu 3:02PM – 4:26PM

Punarvasu Until 6:20AM
Vaidhriti* Until 9:01AM
Taitila Until 1:52AM Wed
Prathama* Until 1:52PM

Ganesha: Purple *Sunrise:* 6:37AM
Muruqa: Clear *Sunset:* 5:50PM
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Sivaloka Day

Moon 13 - Phase 37
1st Phase

1

Wednesday, January 11, 2012

Kataka Rasi: 16.32 Tithi 17 – 18
842696156

Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuklayam
Pushya/Aslesha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Yangon, Myanmar
Sun 1 Sutra 273
Khara 5113

Gulika 10:50AM – 12:14PM
Yama 8:01AM – 9:25AM
Rahu 12:14PM – 1:38PM

Pushya Until 6:14AM
Vishkambha* Until 7:07AM
Vanija Until 11:41PM
Dvitiya Until 12:36PM

Ganesha: Purple *Sunrise:* 6:37AM
Muruqa: Clear *Sunset:* 5:51PM
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Sivaloka Day

Moon 13 - Phase 37
1st Phase

2

Thursday, January 12, 2012

Simha Rasi: 0.08 Tithi 18 – 19
852696156

Creative Work Amrita Yoga
Until 1.40AM Fri then Marana Yoga
Until 4:38AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuklayam
Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Yangon, Myanmar
Sun 2 Sutra 274
Khara 5113

Gulika 9:26AM – 10:50AM
Yama 6:37AM – 8:01AM
Rahu 1:38PM – 3:03PM

Magha* Until 4:38AM Fri
Ayushman Until 2:23AM Fri
Bava Until 10:36PM
Tritiya Until 11:32AM

Ganesha: Clear *Sunrise:* 6:37AM
Muruqa: Clear *Sunset:* 5:51PM
Nataraja: Yellow
Moon – Red
Pausha-Markali

Devaloka Day

Moon 13 - Phase 37
1st Phase

3

Friday, January 13, 2012

Simha Rasi: 13.55 Tithi 19 – 20
852696156

Creative Work Siddha Yoga
Until 1.40AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuklayam
Purvaphalguni* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Yangon, Myanmar
Sun 3 Sutra 275
Khara 5113

Gulika 8:02AM – 9:26AM
Yama 3:03PM – 4:27PM
Rahu 10:50AM – 12:14PM

Purvaphalguni* Until 3:51AM Sat
Saubhagya Until 12:02AM Sat
Kaulava Until 9:11PM
Chaturthi* Until 10:07AM

Ganesha: Clear *Sunrise:* 6:37AM
Muruqa: Clear *Sunset:* 5:52PM
Nataraja: Yellow
Moon – Red
Pausha-Markali

Devaloka Day

Moon 13 - Phase 37
1st Phase

4

Saturday, January 14, 2012

Simha Rasi: 27.5 Tithi 20 – 21
853696156

Routine Work Marana Yoga
Until 1.40AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuklayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Yangon, Myanmar
Sun 4 Sutra 276
Khara 5113

Gulika 6:37AM – 8:02AM
Yama 1:39PM – 3:04PM
Rahu 9:26AM – 10:50AM

Uttaraphalguni Until 2:52AM Sun
Sobhana Until 9:28PM
Gara Until 7:32PM
Panchami Until 8:28AM

Ganesha: Purple *Sunrise:* 6:37AM
Muruqa: Clear *Sunset:* 5:52PM
Nataraja: Yellow
Moon – Red
Pausha-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 13 - Phase 37
1st Phase

5

Sunday, January 15, 2012

Kanya Rasi: 11.5 Tithi 21 – 22
863696156

Creative Work Amrita Yoga
Until 1.41AM Mon then Siddha Yoga
Until 1:43AM Mon then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuklayam
Hasta Nakshatra Athiganda* Yoga Vanija/Bava Karana Shasthi*/Saptami Yam Titau

Yangon, Myanmar
Sun 5 Sutra 277
Khara 5113

Gulika 3:04PM – 4:28PM
Yama 12:15PM – 1:40PM
Rahu 4:28PM – 5:53PM

Hasta Until 1:43AM Mon
Athiganda* Until 6:46PM
Bava Until 4:48AM Mon
Shasthi* Until 6:38AM

Ganesha: Clear *Sunrise:* 6:38AM
Muruqa: Clear *Sunset:* 5:53PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Devaloka Day

Moon 13 - Phase 37
1st Phase

Thai Pongal



Monday, January 16, 2012

Retreat Star

Kanya Rasi: 25.54 Tithi 23
863696156

Family Home Evening
Routine Work Prabalarishta Yoga
Until 12:27AM Tue then Amrita Yoga
Until 1.41AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuklayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Yangon, Myanmar
Sun 6 Sutra 278
Khara 5113

Gulika 1:40PM – 3:05PM
Yama 10:51AM – 12:16PM
Rahu 8:02AM – 9:27AM

Chitra Until 12:27AM Tue
Sukarma Until 3:58PM
Balava Until 3:47PM
Ashtami* Until 2:52AM Tue

Ganesha: Clear *Sunrise:* 6:38AM
Muruqa: Clear *Sunset:* 5:54PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Devaloka Day

Moon 13 - Phase 37
Ashtami

Tuesday, January 17, 2012

Retreat Star

Tula Rasi: 10.01 Tithi 24
863696156

Creative Work Siddha Yoga
Until 11:08PM then Marana Yoga
Until 1.41AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuklayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navami* Yam Titau

Yangon, Myanmar
Sun 7 Sutra 279
Khara 5113

Gulika 12:16PM – 1:40PM
Yama 9:27AM – 10:51AM
Rahu 3:05PM – 4:30PM

Svati Until 11:08PM
Dhriti Until 1:06PM
Taitila Until 1:47PM
Navami* Until 12:51AM Wed

Ganesha: Clear *Sunrise:* 6:38AM
Muruqa: Clear *Sunset:* 5:54PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Devaloka Day

Moon 13 - Phase 37
Navami


1	Wednesday, January 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Visakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau	Yangon, Myanmar
	Tula Rasi: 24.08 Tithi 25 873696156	Gulika 10:52AM – 12:16PM Yama 8:02AM – 9:27AM Rahu 12:16PM – 1:41PM	Sun 8 Sutra 280 Khara 5113 Moon 13 - Phase 38 2nd Phase
Creative Work Siddha Yoga		Visakha Until 9:46PM Shula* Until 10:12AM Vanija Until 11:43AM Dasami Until 10:48PM	Ganesha: White <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:55PM Nataraja: Yellow Moon – Orange Pausha*Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Thursday, January 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ekadasi* Yam Titau	Yangon, Myanmar
	Wrischika Rasi: 8.16 Tithi 26 873696156	Gulika 9:27AM – 10:52AM Yama 6:38AM – 8:02AM Rahu 1:41PM – 3:06PM	Sun 9 Sutra 281 Khara 5113 Moon 13 - Phase 38 2nd Phase
Creative Work Siddha Yoga Until 1.42AM Fri then Prabalarishta Yoga		Anuradha Until 8:23PM Ganda* Until 7:17AM Bava Until 9:40AM Ekadasi* Until 8:44PM	Ganesha: White <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:55PM Nataraja: Yellow Moon – Orange Pausha*Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Friday, January 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau	Yangon, Myanmar
	Wrischika Rasi: 22.23 Tithi 27 873696156	Gulika 8:03AM – 9:27AM Yama 3:06PM – 4:31PM Rahu 10:52AM – 12:17PM	Sun 10 Sutra 282 Khara 5113 Moon 13 - Phase 38 2nd Phase
Routine Work Prabalarishta Yoga Until 7:03PM then no yoga Until 1.42AM Sat then Siddha Yoga		Jyeshtha* Until 7:03PM Dhruva Until 1:45AM Sat Kaulava Until 7:39AM Dvadasi* Until 6:43PM	Ganesha: White <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:56PM Nataraja: Yellow Moon – Orange Pausha*Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Saturday, January 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 6.25 Tithi 28 – 29 883696156	Gulika 6:38AM – 8:03AM Yama 1:42PM – 3:07PM Rahu 9:27AM – 10:52AM	Sun 11 Sutra 283 Khara 5113 Moon 13 - Phase 38 2nd Phase
Creative Work Siddha Yoga Until 5:51PM then Marana Yoga Until 1.43AM Sun then Siddha Yoga		Mula* Until 5:51PM Vyaghata* Until 11:00PM Visti Until 3:55AM Sun Trayodasi* Until 4:51PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:56PM Nataraja: Yellow Moon – Light Blue Pausha*Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

5	Sunday, January 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 20.2 Tithi 29 – 30 883696156	Gulika 3:07PM – 4:32PM Yama 12:17PM – 1:42PM Rahu 4:32PM – 5:57PM	Sun 12 Sutra 284 Khara 5113 Moon 13 - Phase 38 2nd Phase
Creative Work Siddha Yoga Until 4:52PM then Amrita Yoga Until 1.43AM Mon then Marana Yoga		Purvashadha* Until 4:52PM Harshana Until 8:27PM Catuspada Until 2:16AM Mon Chaturdasi* Until 3:12PM	Ganesha: Green <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:57PM Nataraja: Yellow Moon – Light Blue Pausha*Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Monday, January 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Yangon, Myanmar
	Retreat Star Makara Rasi: 4.03 Tithi 30 – 1 Family Home Evening 883696156	Gulika 1:43PM – 3:08PM Yama 10:53AM – 12:18PM Rahu 8:03AM – 9:28AM	Sun 13 Sutra 285 Khara 5113 Moon 13 - Phase 38 Amavasya
Routine Work Marana Yoga Until 4:59PM then Amrita Yoga Until 1.43AM Tue then Siddha Yoga		Uttarashadha Until 4:59PM Vajra* Until 7:04PM Kintughna Until 2:33AM Tue Amavasya* Until 2:33PM	Ganesha: Green <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:58PM Nataraja: Yellow Moon – Light Blue Pausha*Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Tuesday, January 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Yangon, Myanmar
	Retreat Star Makara Rasi: 17.32 Tithi 1 – 2 893696156	Gulika 12:18PM – 1:43PM Yama 9:28AM – 10:53AM Rahu 3:08PM – 4:33PM	Sun 14 Sutra 286 Khara 5113 Moon 13 - Phase 38 Prathama
Creative Work Siddha Yoga Until 4:43PM then Marana Yoga Until 1.43AM Wed then Prabalarishta Yoga		Sravana Until 4:43PM Siddhi Until 5:04PM Balava Until 1:38AM Wed Prathama* Until 1:38PM	Ganesha: White <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:58PM Nataraja: Yellow Moon – Purple Magha*Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

1	Wednesday, January 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 0.43 Tithi 2 – 3 993696156	Gulika 10:53AM – 12:18PM Yama 8:03AM – 9:28AM Rahu 12:18PM – 1:43PM	Sun 15 Sutra 287 Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work Prabalarishta Yoga Until 4:58PM then Siddha Yoga Until 1.44AM Thu then Marana Yoga		Dhanishtha Until 4:58PM Vyatipata* Until 3:34PM Taitila Until 1:17AM Thu Dvitiya Until 1:17PM	Ganesha: Green <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:59PM Nataraja: Yellow Moon – Purple Magha-Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM


2	Thursday, January 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 13.37 Tithi 3 – 4 993696156	Gulika 9:28AM – 10:53AM Yama 6:37AM – 8:03AM Rahu 1:44PM – 3:09PM	Sun 16 Sutra 288 Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work Marana Yoga Until 5:47PM then Siddha Yoga		Satabhisha Until 5:47PM Variyan Until 2:35PM Vanija Until 1:32AM Fri Tritiya Until 1:32PM	Ganesha: Green <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:59PM Nataraja: Yellow Moon – Purple Magha-Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Friday, January 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 26.12 Tithi 4 – 5 913796156	Gulika 8:03AM – 9:28AM Yama 3:09PM – 4:34PM Rahu 10:53AM – 12:19PM	Sun 17 Sutra 289 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga		Purvaprostapada* Until 8:16PM Parigha* Until 2:44PM Bava Until 4:14AM Sat Chaturthi* Until 3:09PM	Ganesha: Blue <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 6:00PM Nataraja: Yellow Moon – Clear Magha-Thai
			Sivaloka Day

4	Saturday, January 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
	Meena Rasi: 8.31 Tithi 5 – 6 914796156	Gulika 6:37AM – 8:03AM Yama 1:44PM – 3:09PM Rahu 9:28AM – 10:53AM	Sun 18 Sutra 290 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga Until 10:18PM then Prabalarishta Yoga Until 1.44AM Sun then Amrita Yoga		Uttaraprostapada Until 10:18PM Shiva Until 2:44PM Kaulava Until 5:46AM Sun Panchami Until 4:40PM	Ganesha: Red <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 6:00PM Nataraja: Yellow Moon – Clear Magha-Thai
			Devaloka Day

5	Sunday, January 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila Karana Shasthi* Yam Titau	Yangon, Myanmar
	Meena Rasi: 20.37 Tithi 6 914796156	Gulika 3:10PM – 4:35PM Yama 12:19PM – 1:44PM Rahu 4:35PM – 6:01PM	Sun 19 Sutra 291 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Amrita Yoga Until 12:47AM Mon then Siddha Yoga		Revati Until 12:47AM Mon Siddha Until 3:10PM Taitila Until 7:47AM Mon Shasthi* Until 6:42PM	Ganesha: Red <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 6:01PM Nataraja: Yellow Moon – Clear Magha-Thai
			Devaloka Day

6	Monday, January 30, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Yangon, Myanmar
	Mesha Rasi: 2.32 Tithi 7 Family Home Evening 924796156	Gulika 1:45PM – 3:10PM Yama 10:53AM – 12:19PM Rahu 8:02AM – 9:28AM	Sun 20 Sutra 292 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga		Asvini Until 3:36AM Tue Sadhya Until 3:53PM Gara Until 7:59AM Saptami Until 9:05PM	Ganesha: Blue <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 6:01PM Nataraja: Yellow Moon – White Magha-Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Tuesday, January 31, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 14.22 Tithi 8 924796156	Gulika 12:19PM – 1:45PM Yama 9:28AM – 10:54AM Rahu 3:11PM – 4:36PM	Sun 21 Sutra 293 Khara 5113 Moon 13 - Phase 39 Ashtami
Creative Work Siddha Yoga Until 1.45AM Wed then Marana Yoga Until 6:57AM Wed then Amrita Yoga		Bharani Until 6:57AM Wed Subha Until 4:47PM Visti Until 10:34AM Ashtami* Until 11:40PM	Ganesha: Blue <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 6:02PM Nataraja: Yellow Moon – White Magha-Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

7	Wednesday, February 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 26.11 Tithi 9 924796156	Gulika 10:54AM – 12:19PM Yama 8:02AM – 9:28AM Rahu 12:19PM – 1:45PM	Sun 22 Sutra 294 Khara 5113 Moon 13 - Phase 39 Navami
Routine Work Marana Yoga Until 6:57AM then Amrita Yoga Until 1.45AM Thu then Marana Yoga		Bharani Until 6:57AM Sukla Until 5:42PM Balava Until 1:10PM Navami* Until 2:15AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 6:02PM Nataraja: Yellow Moon – White Magha-Thai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

1	Thursday, February 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dasami Yam Titau	Yangon, Myanmar
	934796156		Sun 23 Sutra 295 Khara 5113
934796156	934796156		Moon 13 - Phase 40 4th Phase
Routine Work	Marana Yoga		
		Gulika 9:28AM – 10:54AM Yama 6:36AM – 8:02AM Rahu 1:45PM – 3:11PM	Krittika Until 9:48AM Brahma Until 6:27PM Taitila Until 3:35PM Dasami Until 4:40AM Fri
		Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha-Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Friday, February 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Yangon, Myanmar
	934797156		Sun 24 Sutra 296 Khara 5113
934797156	934797156		Moon 13 - Phase 40 4th Phase
Routine Work	Marana Yoga		
Until 12:18PM then Siddha Yoga		Gulika 8:02AM – 9:28AM Yama 3:11PM – 4:37PM Rahu 10:54AM – 12:19PM	Rohini Until 12:18PM Indra Until 6:53PM Vanija Until 5:37PM Ekadasi Until 6:42AM Sat
		Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Yellow Magha-Thai	Sivaloka Day

3	Saturday, February 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti* Yoga Bava Karana Dvadasi Yam Titau	Yangon, Myanmar
	934797157		Sun 25 Sutra 297 Khara 5113
934797157	934797157		Moon 13 - Phase 40 4th Phase
Creative Work	Siddha Yoga		
		Gulika 6:36AM – 8:02AM Yama 1:46PM – 3:11PM Rahu 9:28AM – 10:54AM	Mrigasira Until 1:39PM Vaidhriti* Until 5:56PM Bava Until 6:00PM Dvadasi Until 6:41AM Sun
		Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Magha-Thai	Subha Sivaloka Day

4	Sunday, February 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Yangon, Myanmar
	934797157		Sun 26 Sutra 298 Khara 5113
934797157	934797157		Moon 13 - Phase 40 4th Phase
Creative Work	Siddha Yoga		
Until 1.45AM Mon then Amrita Yoga		Gulika 3:12PM – 4:38PM Yama 12:20PM – 1:46PM Rahu 4:38PM – 6:04PM	Ardra Until 2:53PM Vishkambha* Until 5:20PM Kaulava Until 6:41PM Dvadasi Until 6:41AM
		Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Magha-Thai	Subha Sivaloka Day
			<i>Pradosha Vrata</i>

5	Monday, February 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Yangon, Myanmar
	944797157		Sun 27 Sutra 299 Khara 5113
944797157	944797157		Moon 13 - Phase 40 4th Phase
Family Home Evening	Amrita Yoga		
Until 3:26PM then Siddha Yoga		Gulika 1:46PM – 3:12PM Yama 10:54AM – 12:20PM Rahu 8:01AM – 9:28AM	Punarvasu Until 3:26PM Priti Until 4:06PM Gara Until 6:38PM Trayodasi Until 6:38AM
		Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha-Thai	Sivaloka Day
		Thai Pusam	

○	Tuesday, February 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau	Yangon, Myanmar
	944797157		Sutra 300 Khara 5113
944797157	944797157		Moon 13 - Phase 40 Purnima
Creative Work	Siddha Yoga		
		Gulika 12:20PM – 1:46PM Yama 9:27AM – 10:54AM Rahu 3:12PM – 4:38PM	Pushya Until 2:36PM Ayushman Until 1:40PM Visti Until 4:55PM Purnima* Until 4:00AM Wed
		Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha-Thai	Sivaloka Day

○	Wednesday, February 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Yangon, Myanmar
	944797157		Sutra 301 Khara 5113
944797157	944797157		Moon 13 - Phase 40 Prathama
Creative Work	Siddha Yoga		
Until 1.45AM Thu then Amrita Yoga		Gulika 10:54AM – 12:20PM Yama 8:01AM – 9:27AM Rahu 12:20PM – 1:46PM	Aslesha* Until 1:51PM Saubhagya Until 11:20AM Balava Until 3:31PM Prathama* Until 2:35AM Thu
		Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha-Thai	Sivaloka Day



Thursday, February 9, 2012
Gold Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Yangon, Myanmar
Sutra 302
Khara 5113

Simha Rasi: 9.29 Tithi 17
954797167
Creative Work Amrita Yoga
Until 12:36PM then no yoga
Until 1.45AM Fri then Siddha Yoga

Gulika 9:27AM – 10:54AM **Magha* Until 12:36PM**
Yama 6:34AM – 8:01AM Sobhana Until 8:33AM
Rahu 1:46PM – 3:13PM Taitila Until 1:34PM
Dvitiya Until 12:39AM Fri

Ganesha: Clear *Sunrise: 6:34AM*
Muruqa: Yellow *Sunset: 6:06PM*
Nataraja: Blue
Moon – Red
Magha*Thai

Devaloka Day

Moon 1 - Phase 41
1st Phase

1

Friday, February 10, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Yangon, Myanmar
Sun 1 Sutra 303
Khara 5113

Simha Rasi: 23.46 Tithi 18
955797267
Creative Work Siddha Yoga
Until 1.45AM Sat then Marana Yoga

Gulika 8:00AM – 9:27AM **Purvaphalguni* Until 10:59AM**
Yama 3:13PM – 4:39PM Sukarma Until 2:46AM Sat
Rahu 10:53AM – 12:20PM Vanija Until 11:15AM
Tritiya Until 10:20PM

Ganesha: White *Sunrise: 6:34AM*
Muruqa: White *Sunset: 6:06PM*
Nataraja: Yellow
Moon – Red
Magha*Thai

Subha Sivaloka Day

Moon 1 - Phase 41
1st Phase

2

Saturday, February 11, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi* Yam Titau

Yangon, Myanmar
Sun 2 Sutra 304
Khara 5113

Kanya Rasi: 8.08 Tithi 19
955797267
Routine Work Marana Yoga
Until 1.45AM Sun then Amrita Yoga

Gulika 6:34AM – 8:00AM **Uttaraphalguni Until 9:12AM**
Yama 1:47PM – 3:13PM Dhriti Until 11:29PM
Rahu 9:27AM – 10:53AM Bava Until 8:44AM
Chaturthi* Until 7:49PM

Ganesha: White *Sunrise: 6:34AM*
Muruqa: White *Sunset: 6:06PM*
Nataraja: Yellow
Moon – Red
Magha*Thai

Subha Sivaloka Day

Moon 1 - Phase 41
1st Phase

3

Sunday, February 12, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasla/Chitra Nakshatra Shula* Yoga Kaulava/Gara Karana Panchami/Shasthi* Yam Titau

Yangon, Myanmar
Sun 3 Sutra 305
Khara 5113

Kanya Rasi: 22.31 Tithi 20 – 21
965797267
Creative Work Amrita Yoga
Until 7:24AM then Siddha Yoga
Until 1.45AM Mon then Prabalarishta Yoga

Gulika 3:13PM – 4:40PM **Hasta Until 7:24AM**
Yama 12:20PM – 1:47PM Shula* Until 8:11PM
Rahu 4:40PM – 6:07PM Kaulava Until 6:12AM
Panchami Until 5:17PM

Ganesha: Clear *Sunrise: 6:33AM*
Muruqa: White *Sunset: 6:07PM*
Nataraja: Yellow
Moon – Green
Magha*Thai

Sivaloka Day

Moon 1 - Phase 41
1st Phase

4

Monday, February 13, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Yangon, Myanmar
Sun 4 Sutra 306
Khara 5113

Tula Rasi: 6.5 Tithi 21 – 22
Family Home Evening 965797267
Creative Work Amrita Yoga
Until 1.45AM Tue then Siddha Yoga
Until 4:34AM Tue then Marana Yoga

Gulika 1:47PM – 3:14PM **Svati Until 4:34AM Tue**
Yama 10:53AM – 12:20PM Ganda* Until 4:59PM
Rahu 8:00AM – 9:26AM Visti Until 1:56AM Tue
Shasthi* Until 2:52PM

Ganesha: Clear *Sunrise: 6:33AM*
Muruqa: White *Sunset: 6:07PM*
Nataraja: Yellow
Moon – Green
Magha*Mas

Sivaloka Day

Moon 1 - Phase 41
1st Phase



Tuesday, February 14, 2012
Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Yangon, Myanmar
Sun 5 Sutra 307
Khara 5113

Tula Rasi: 21.02 Tithi 22 – 23
975797267
Routine Work Marana Yoga
Until 1.45AM Wed then Siddha Yoga

Gulika 12:20PM – 1:47PM **Visakha Until 3:05AM Wed**
Yama 9:26AM – 10:53AM Vridhhi Until 1:58PM
Rahu 3:14PM – 4:41PM Balava Until 11:44PM
Saptami Until 12:40PM

Ganesha: Purple *Sunrise: 6:32AM*
Muruqa: White *Sunset: 6:08PM*
Nataraja: Yellow
Moon – Orange
Magha*Mas

Subha Sivaloka Day

Moon 1 - Phase 41
Ashtami

Wednesday, February 15, 2012
Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Yangon, Myanmar
Sun 6 Sutra 308
Khara 5113

Vrischika Rasi: 5.05 Tithi 23 – 24
975797267
Creative Work Siddha Yoga

Gulika 10:53AM – 12:20PM **Anuradha Until 1:50AM Thu**
Yama 7:59AM – 9:26AM Dhruva Until 11:12AM
Rahu 12:20PM – 1:47PM Taitila Until 9:48PM
Ashtami* Until 10:44AM

Ganesha: Purple *Sunrise: 6:32AM*
Muruqa: White *Sunset: 6:08PM*
Nataraja: Yellow
Moon – Orange
Magha*Mas

Subha Sivaloka Day

Moon 1 - Phase 41
Navami

1	Thursday, February 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha Yoga Balava Karana Dvitiya Yam Titau	Yangon, Myanmar
	Sun 14	Sutra 316	Khara 5113
Kumbha Rasi: 21.49	Tithi 2	Gulika 9:23AM – 10:51AM	Purvaprostapada* Until 5:02AM Fri
916897267		Yama 6:28AM – 7:56AM	Siddha Until 9:36PM
Creative Work Siddha Yoga		Rahu 1:47PM – 3:15PM	Balava Until 6:53PM
			Dvitiya Until 7:01AM Fri
			Ganesha: Green Sunrise: 6:28AM
			Muruqa: White Sunset: 6:11PM
			Nataraja: Yellow
			Moon – Clear
			Phalguna-Masi
			Subha Sivaloka Day

2	Friday, February 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Yangon, Myanmar
	Sun 15	Sutra 317	Khara 5113
Meena Rasi: 4.16	Tithi 2 – 3	Gulika 7:55AM – 9:23AM	Uttaraprostapada Until 6:21AM Sat
916897267		Yama 3:15PM – 4:43PM	Sadhya Until 9:23PM
Creative Work Siddha Yoga		Rahu 10:51AM – 12:19PM	Taitila Until 8:07PM
Until 6:21AM Sat then Prabalarishta Yoga			Dvitiya Until 7:01AM
			Ganesha: Green Sunrise: 6:27AM
			Muruqa: White Sunset: 6:11PM
			Nataraja: Yellow
			Moon – Clear
			Phalguna-Masi
			Subha Sivaloka Day

3	Saturday, February 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Yangon, Myanmar
	Sun 16	Sutra 318	Khara 5113
Meena Rasi: 16.3	Tithi 3 – 4	Gulika 6:27AM – 7:55AM	Uttaraprostapada Until 6:21AM
916897267		Yama 1:47PM – 3:15PM	Subha Until 9:34PM
Creative Work Siddha Yoga		Rahu 9:23AM – 10:51AM	Vanija Until 9:48PM
Until 6:21AM then Prabalarishta Yoga			Tritiya Until 8:43AM
Until 1.44AM Sun then Amrita Yoga			Ganesha: Green Sunrise: 6:27AM
			Muruqa: White Sunset: 6:11PM
			Nataraja: Yellow
			Moon – Clear
			Phalguna-Masi
			Subha Sivaloka Day

4	Sunday, February 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
	Sun 17	Sutra 319	Khara 5113
Meena Rasi: 28.32	Tithi 4 – 5	Gulika 3:15PM – 4:43PM	Revati Until 8:56AM
917897267		Yama 12:19PM – 1:47PM	Sukla Until 10:06PM
Creative Work Amrita Yoga		Rahu 4:43PM – 6:12PM	Bava Until 11:55PM
Until 8:56AM then Siddha Yoga			Chaturthi* Until 10:50AM
			Ganesha: Orange Sunrise: 6:26AM
			Muruqa: White Sunset: 6:12PM
			Nataraja: Yellow
			Moon – Clear
			Phalguna-Masi
			Sivaloka Day
			Subramuniyaswami Siva Vision Day

5	Monday, February 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
	Sun 18	Sutra 320	Khara 5113
Mesha Rasi: 10.25	Tithi 5 – 6	Gulika 1:47PM – 3:15PM	Asvini Until 11:49AM
927897267		Yama 10:50AM – 12:19PM	Brahma Until 10:54PM
Family Home Evening		Rahu 7:54AM – 9:22AM	Kaulava Until 2:21AM Tue
Creative Work Siddha Yoga			Panchami Until 1:16PM
			Ganesha: Green Sunrise: 6:25AM
			Muruqa: White Sunset: 6:12PM
			Nataraja: Yellow
			Moon – White
			Phalguna-Masi
			Devaloka Day

6	Tuesday, February 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Yangon, Myanmar
	Sun 19	Sutra 321	Khara 5113
Mesha Rasi: 22.14	Tithi 6 – 7	Gulika 12:18PM – 1:47PM	Bharani Until 2:52PM
927897267		Yama 9:22AM – 10:50AM	Indra Until 11:52PM
Creative Work Siddha Yoga		Rahu 3:15PM – 4:44PM	Gara Until 4:58AM Wed
Until 1.44AM Wed then Amrita Yoga			Shasthi* Until 3:52PM
			Ganesha: Green Sunrise: 6:25AM
			Muruqa: White Sunset: 6:12PM
			Nataraja: Yellow
			Moon – White
			Phalguna-Masi
			Devaloka Day

7	Wednesday, February 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija Karana Saptami Yam Titau	Yangon, Myanmar
	Sun 20	Sutra 322	Khara 5113
Retreat Star		Gulika 10:50AM – 12:18PM	Krittika Until 5:57PM
Vrishabha Rasi: 4.02	Tithi 7	Yama 7:53AM – 9:21AM	Vaidhriti* Until 12:51AM Thu
927897267		Rahu 12:18PM – 1:47PM	Vanija Until 7:36AM Thu
Creative Work Amrita Yoga			Saptami Until 6:30PM
Until 5:57PM then Siddha Yoga			Ganesha: Green Sunrise: 6:24AM
Until 1.44AM Thu then Marana Yoga			Muruqa: White Sunset: 6:12PM
			Nataraja: Yellow
			Moon – White
			Phalguna-Masi
			Devaloka Day

8	Thursday, March 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Yangon, Myanmar
	Sun 21	Sutra 323	Khara 5113
Retreat Star		Gulika 9:20AM – 10:49AM	Rohini Until 8:51PM
Vrishabha Rasi: 15.55	Tithi 8	Yama 6:23AM – 7:52AM	Vishkambha* Until 1:41AM Fri
937897267		Rahu 1:47PM – 3:15PM	Visti Until 7:52AM
Routine Work Marana Yoga			Ashtami* Until 8:58PM
Until 1.43AM Fri then Siddha Yoga			Ganesha: Red Sunrise: 6:23AM
			Muruqa: White Sunset: 6:13PM
			Nataraja: Yellow
			Moon – Yellow
			Phalguna-Masi
			Sivaloka Day

9	Friday, March 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau	Yangon, Myanmar
	Sun 22	Sutra 324	Khara 5113
Retreat Star		Gulika 7:51AM – 9:20AM	Mrigasira Until 11:25PM
Vrishabha Rasi: 27.58	Tithi 9	Yama 3:15PM – 4:44PM	Priti Until 2:12AM Sat
937897267		Rahu 10:49AM – 12:18PM	Balava Until 9:57AM
Creative Work Siddha Yoga			Navami* Until 11:02PM
			Ganesha: Red Sunrise: 6:22AM
			Muruqa: White Sunset: 6:13PM
			Nataraja: Yellow
			Moon – Yellow
			Phalguna-Masi
			Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

1	Saturday, March 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Tailita/Gara Karana Dasami Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 10.17 Tithi 10 937897267	Gulika 6:21AM – 7:50AM Yama 1:46PM – 3:15PM Rahu 9:19AM – 10:48AM	Sun 23 Sutra 325 Khara 5113 Moon 1 - Phase 44 4th Phase
	Creative Work Siddha Yoga Until 11:56PM then Marana Yoga Until 1.43AM Sun then Siddha Yoga	Ardra Until 11:56PM Ayushman Until 12:46AM Sun Taitila Until 10:59AM Dasami Until 10:59PM	Ganesha: Red <i>Sunrise:</i> 6:21AM Muruqa: White <i>Sunset:</i> 6:13PM Nataraja: Yellow Moon – Yellow Phalguna-Masi
			Sivaloka Day
2	Sunday, March 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 22.58 Tithi 11 948897267	Gulika 3:15PM – 4:45PM Yama 12:17PM – 1:46PM Rahu 4:45PM – 6:14PM	Sun 24 Sutra 326 Khara 5113 Moon 1 - Phase 44 4th Phase
	Creative Work Siddha Yoga	Punarvasu Until 1:09AM Mon Saubhagya Until 12:10AM Mon Vanija Until 11:37AM Ekadasi Until 11:37PM	Ganesha: Blue <i>Sunrise:</i> 6:21AM Muruqa: White <i>Sunset:</i> 6:14PM Nataraja: Yellow Moon – Blue Phalguna-Masi
			Devaloka Day
3	Monday, March 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau	Yangon, Myanmar
	Kataka Rasi: 6.04 Tithi 12 Family Home Evening 148817267	Gulika 1:46PM – 3:15PM Yama 10:48AM – 12:17PM Rahu 7:49AM – 9:18AM	Sun 25 Sutra 327 Khara 5113 Moon 1 - Phase 44 4th Phase
	Creative Work Siddha Yoga	Pushya Until 12:10AM Tue Sobhana Until 9:43PM Bava Until 11:00AM Dvadasi Until 10:04PM	Ganesha: Green <i>Sunrise:</i> 6:20AM Muruqa: White <i>Sunset:</i> 6:14PM Nataraja: Yellow Moon – Blue Phalguna-Masi
			Devaloka Day
4	Tuesday, March 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Yangon, Myanmar
	Kataka Rasi: 19.38 Tithi 13 148817267	Gulika 12:17PM – 1:46PM Yama 9:18AM – 10:47AM Rahu 3:15PM – 4:45PM	Sun 26 Sutra 328 Khara 5113 Moon 1 - Phase 44 4th Phase
	Creative Work Siddha Yoga	Aslesha* Until 11:47PM Athiganda* Until 7:45PM Kaulava Until 9:58AM Trayodasi Until 9:03PM	Ganesha: Green <i>Sunrise:</i> 6:19AM Muruqa: White <i>Sunset:</i> 6:14PM Nataraja: Yellow Moon – Blue Phalguna-Masi
			Devaloka Day
			<i>Pradosha Vrata</i>
5	Wednesday, March 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Yangon, Myanmar
	Simha Rasi: 3.38 Tithi 14 158817267	Gulika 10:47AM – 12:16PM Yama 7:48AM – 9:18AM Rahu 12:16PM – 1:46PM	Sun 27 Sutra 329 Khara 5113 Moon 1 - Phase 44 4th Phase
	Creative Work Siddha Yoga Until 10:38PM then Amrita Yoga Until 1.42AM Thu then no yoga	Magha* Until 10:38PM Sukarma Until 5:05PM Gara Until 8:08AM Chaturdasi* Until 7:12PM	Ganesha: Red <i>Sunrise:</i> 6:19AM Muruqa: White <i>Sunset:</i> 6:14PM Nataraja: Yellow Moon – Red Phalguna-Masi
		Chidambaram Abhishekam	Sivaloka Day
○	Thursday, March 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Yangon, Myanmar
	Simha Rasi: 18.01 Tithi 15 – 16 158817267	Gulika 9:17AM – 10:47AM Yama 6:18AM – 7:47AM Rahu 1:46PM – 3:15PM	Sutra 330 Khara 5113 Moon 1 - Phase 44 Purnima
	No Yoga Until 7:51PM then Prabalarishta Yoga Until 1.42AM Fri then Siddha Yoga	Purvaphalguni* Until 7:51PM Dhriti Until 1:19PM Balava Until 2:11AM Fri Purnima* Until 3:54PM	Ganesha: Red <i>Sunrise:</i> 6:18AM Muruqa: White <i>Sunset:</i> 6:15PM Nataraja: Yellow Moon – Red Phalguna-Masi
		Holi	Sivaloka Day
○	Friday, March 9, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau	Yangon, Myanmar
	Kanya Rasi: 2.4 Tithi 16 – 17 158817267	Gulika 7:47AM – 9:17AM Yama 3:15PM – 4:45PM Rahu 10:46AM – 12:16PM	Sutra 331 Khara 5113 Moon 1 - Phase 44 Prathama
	Creative Work Siddha Yoga Until 5.44PM then Amrita Yoga Until 1.41AM Sat then Marana Yoga	Uttaraphalguni Until 5:44PM Shula* Until 9:50AM Taitila Until 11:20PM Prathama* Until 1:03PM	Ganesha: Red <i>Sunrise:</i> 6:17AM Muruqa: White <i>Sunset:</i> 6:15PM Nataraja: Yellow Moon – Red Phalguna-Masi
			Sivaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



Saturday, March 10, 2012
Gold Retreat Star

Kanya Rasi: 17.29 Tithi 17 - 18
169817267
Routine Work Marana Yoga
Until 1.41AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 6:16AM - 7:46AM **Hasta** **Until 3:22PM**
Yama 1:45PM - 3:15PM **Ganda*** **Until 6:07AM**
Rahu 9:16AM - 10:46AM **Vanija** **Until 8:14PM**
Dvitiya **Until 9:56AM**

Ganesha: Blue *Sunrise: 6:16AM*
Muruqa: White *Sunset: 6:15PM*
Nataraja: Yellow
Moon - Green
Phalguna-Masi

Yangon, Myanmar
Sun 1 Sutra 332
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

1

Sunday, March 11, 2012

Tula Rasi: 2.19 Tithi 18 - 19
169817267
Creative Work Siddha Yoga
Until 1.41AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti*/Balava Karana Tritiya/Chaturthi* Yam Titau
Gulika 3:15PM - 4:45PM **Chitra** **Until 12:58PM**
Yama 12:15PM - 1:45PM **Dhruva** **Until 10:22PM**
Rahu 4:45PM - 6:15PM **Balava** **Until 3:23AM Mon**
Tritiya **Until 6:48AM**

Ganesha: Blue *Sunrise: 6:16AM*
Muruqa: White *Sunset: 6:15PM*
Nataraja: Yellow
Moon - Green
Phalguna-Masi

Yangon, Myanmar
Sun 2 Sutra 333
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

2

Monday, March 12, 2012

Tula Rasi: 17.02 Tithi 20
169817267
Family Home Evening
Creative Work Amrita Yoga
Until 10:45AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Visakha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 1:45PM - 3:15PM **Svati** **Until 10:45AM**
Yama 10:45AM - 12:15PM **Vyaghata*** **Until 6:48PM**
Rahu 7:45AM - 9:15AM **Kaulava** **Until 2:08PM**
Panchami **Until 12:26AM Tue**

Ganesha: Blue *Sunrise: 6:15AM*
Muruqa: White *Sunset: 6:15PM*
Nataraja: Yellow
Moon - Green
Phalguna-Masi

Yangon, Myanmar
Sun 3 Sutra 334
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

3

Tuesday, March 13, 2012

Vrischika Rasi: 1.32 Tithi 21
179817267
Routine Work Marana Yoga
Until 9:05AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 12:15PM - 1:45PM **Visakha** **Until 9:05AM**
Yama 9:15AM - 10:45AM **Harshana** **Until 4:10PM**
Rahu 3:15PM - 4:45PM **Gara** **Until 11:58AM**
Shasthi* **Until 11:03PM**

Ganesha: Red *Sunrise: 6:14AM*
Muruqa: White *Sunset: 6:15PM*
Nataraja: Yellow
Moon - Orange
Phalguna-Masi

Yangon, Myanmar
Sun 4 Sutra 335
Khara 5113
Moon 2 - Phase 45
1st Phase

Sivaloka Day

4

Wednesday, March 14, 2012

Vrischika Rasi: 15.47 Tithi 22
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 10:44AM - 12:15PM **Anuradha** **Until 7:31AM**
Yama 7:44AM - 9:14AM **Vajra*** **Until 1:07PM**
Rahu 12:15PM - 1:45PM **Visti** **Until 9:41AM**
Saptami **Until 8:45PM**

Ganesha: Red *Sunrise: 6:14AM*
Muruqa: White *Sunset: 6:16PM*
Nataraja: Yellow
Moon - Orange
Phalguna-Panguni

Yangon, Myanmar
Sun 5 Sutra 336
Khara 5113
Moon 2 - Phase 45
1st Phase

Sivaloka Day



Thursday, March 15, 2012
Retreat Star

Vrischika Rasi: 29.44 Tithi 23
179817268
Creative Work Siddha Yoga
Until 1.40AM Fri then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 9:14AM - 10:44AM **Jyeshtha*** **Until 6:28AM**
Yama 6:13AM - 7:43AM **Siddhi** **Until 10:33AM**
Rahu 1:45PM - 3:15PM **Balava** **Until 7:55AM**
Ashtami* **Until 7:00PM**

Ganesha: Red *Sunrise: 6:13AM*
Muruqa: White *Sunset: 6:16PM*
Nataraja: White
Moon - Orange
Phalguna-Panguni

Yangon, Myanmar
Sun 6 Sutra 337
Khara 5113
Moon 2 - Phase 45
Ashtami

Subha Sivaloka Day

Friday, March 16, 2012
Retreat Star

Dhanus Rasi: 13.23 Tithi 24
189817268
Creative Work Siddha Yoga
Until 1.39AM Sat then Marana Yoga
Until 6:32AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Vyatipata*/Variany Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 7:43AM - 9:13AM **Purvashadha*** **Until 6:32AM Sat**
Yama 3:15PM - 4:46PM **Vyatipata*** **Until 8:37AM**
Rahu 10:44AM - 12:14PM **Taitila** **Until 6:46AM**
Navami* **Until 6:46PM**

Ganesha: Green *Sunrise: 6:12AM*
Muruqa: White *Sunset: 6:16PM*
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Yangon, Myanmar
Sun 7 Sutra 338
Khara 5113
Moon 2 - Phase 45
Navami

Sivaloka Day


1	Saturday, March 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 26.46 Tithi 25 – 26 No Yoga Until 1.39AM Sun then Amrita Yoga	Gulika 6:11AM – 7:42AM Yama 1:44PM – 3:15PM Rahu 9:12AM – 10:43AM	Sun 8 Sutra 339 Khara 5113 Moon 2 - Phase 46 2nd Phase Sivaloka Day


2	Sunday, March 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Yangon, Myanmar
	Makara Rasi: 9.56 Tithi 26 – 27 Creative Work Amrita Yoga	Gulika 3:15PM – 4:46PM Yama 12:13PM – 1:44PM Rahu 4:46PM – 6:16PM	Sun 9 Sutra 340 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Sivaloka Day

3	Monday, March 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddha Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Yangon, Myanmar
	Makara Rasi: 22.52 Tithi 27 – 28 Family Home Evening Creative Work Amrita Yoga Until 6:51AM then Siddha Yoga Until 1.39AM Tue then Marana Yoga	Gulika 1:44PM – 3:15PM Yama 10:42AM – 12:13PM Rahu 7:41AM – 9:11AM	Sun 10 Sutra 341 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

4	Tuesday, March 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 5.38 Tithi 28 Routine Work Marana Yoga Until 1.38AM Wed then Siddha Yoga	Gulika 12:13PM – 1:44PM Yama 9:11AM – 10:42AM Rahu 3:15PM – 4:46PM	Sun 11 Sutra 342 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

5	Wednesday, March 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 18.13 Tithi 29 Creative Work Siddha Yoga Until 9:35AM then Amrita Yoga Until 1.38AM Thu then Siddha Yoga	Gulika 10:41AM – 12:13PM Yama 7:39AM – 9:10AM Rahu 12:13PM – 1:44PM	Sun 12 Sutra 343 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

	Thursday, March 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Yangon, Myanmar
	Meena Rasi: 0.37 Tithi 30 Creative Work Siddha Yoga	Gulika 9:10AM – 10:41AM Yama 6:07AM – 7:39AM Rahu 1:43PM – 3:15PM	Sun 13 Sutra 344 Khara 5113 Moon 2 - Phase 46 Amavasya Subha Sivaloka Day

	Friday, March 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Yangon, Myanmar
	Meena Rasi: 12.5 Tithi 1 Creative Work Siddha Yoga Until 1.37AM Sat then Prabalarishta Yoga	Gulika 7:38AM – 9:09AM Yama 3:15PM – 4:46PM Rahu 10:41AM – 12:12PM	Sun 14 Sutra 345 Khara 5113 Moon 2 - Phase 46 Prathama Subha Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

1	Saturday, March 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Yangon, Myanmar
	Meena Rasi: 24.55 Tithi 2 111917268	Gulika 6:06AM – 7:37AM Yama 1:43PM – 3:15PM Rahu 9:09AM – 10:40AM	Sun 15 Sutra 346 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Routine Work Prabalarishta Yoga Until 4:10PM then Siddha Yoga	Revati Until 4:10PM Indra Until 4:14AM Sun Balava Until 12:06PM Dvitiya Until 1:12AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:06AM Muruqa: White <i>Sunset:</i> 6:17PM Nataraja: White Moon – Clear Subha Sivaloka Day Chaitra•Panguni


2	Sunday, March 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiya Yam Titau	Yangon, Myanmar
	Mesha Rasi: 6.51 Tithi 3 121917268	Gulika 3:14PM – 4:46PM Yama 12:11PM – 1:43PM Rahu 4:46PM – 6:18PM	Sun 16 Sutra 347 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work Siddha Yoga Until 6:58PM then no yoga Until 1.37AM Mon then Siddha Yoga	Asvini Until 6:58PM Vaidhriti* Until 4:59AM Mon Taitila Until 2:24PM Tritiya Until 3:30AM Mon	Ganesha: Orange <i>Sunrise:</i> 6:05AM Muruqa: White <i>Sunset:</i> 6:18PM Nataraja: White Moon – White Subha Sivaloka Day Chaitra•Panguni

3	Monday, March 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 18.41 Tithi 4 121917268	Gulika 1:43PM – 3:14PM Yama 10:39AM – 12:11PM Rahu 7:36AM – 9:08AM	Sun 17 Sutra 348 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Family Home Evening Creative Work Siddha Yoga Until 9:58PM then no yoga Until 1.36AM Tue then Siddha Yoga	Bharani Until 9:58PM Vishkambha* Until 6:21AM Tue Vanija Until 4:56PM Chaturthi* Until 6:29AM Tue	Ganesha: Orange <i>Sunrise:</i> 6:04AM Muruqa: White <i>Sunset:</i> 6:18PM Nataraja: White Moon – White Subha Sivaloka Day Chaitra•Panguni

4	Tuesday, March 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
	Vrishabha Rasi: 0.28 Tithi 4 – 5 121917268	Gulika 12:11PM – 1:43PM Yama 9:07AM – 10:39AM Rahu 3:14PM – 4:46PM	Sun 18 Sutra 349 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work Siddha Yoga Until 1:04AM Wed then Amrita Yoga Until 1.36AM Wed then Siddha Yoga	Krittika Until 1:04AM Wed Vishkambha* Until 6:21AM Bava Until 7:34PM Chaturthi* Until 6:29AM	Ganesha: Orange <i>Sunrise:</i> 6:04AM Muruqa: White <i>Sunset:</i> 6:18PM Nataraja: White Moon – White Subha Sivaloka Day Chaitra•Panguni

5	Wednesday, March 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
	Vrishabha Rasi: 12.15 Tithi 5 – 6 131917268	Gulika 10:39AM – 12:10PM Yama 7:35AM – 9:07AM Rahu 12:10PM – 1:42PM	Sun 19 Sutra 350 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work Siddha Yoga Until 1.36AM Thu then Marana Yoga	Rohini Until 4:10AM Thu Priti Until 7:23AM Kaulava Until 10:12PM Panchami Until 9:07AM	Ganesha: Green <i>Sunrise:</i> 6:03AM Muruqa: White <i>Sunset:</i> 6:18PM Nataraja: White Moon – Yellow Subha Subha Sivaloka Day Chaitra•Panguni

6	Thursday, March 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shasthi*/Saplami Yam Titau	Yangon, Myanmar
	Vrishabha Rasi: 24.07 Tithi 6 – 7 132917268	Gulika 9:06AM – 10:38AM Yama 6:02AM – 7:34AM Rahu 1:42PM – 3:14PM	Sun 20 Sutra 351 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Routine Work Marana Yoga Until 1.36AM Fri then Siddha Yoga	Mrigasira Until 7:03AM Fri Ayushman Until 8:16AM Gara Until 12:40AM Fri Shasthi* Until 11:34AM	Ganesha: Red <i>Sunrise:</i> 6:02AM Muruqa: White <i>Sunset:</i> 6:18PM Nataraja: White Moon – Yellow Subha Sivaloka Day Chaitra•Panguni

	Friday, March 30, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 6.08 Tithi 7 – 8 132917268	Gulika 7:33AM – 9:06AM Yama 3:14PM – 4:46PM Rahu 10:38AM – 12:10PM	Sun 21 Sutra 352 Khara 5113 Moon 2 - Phase 47 Ashtami
	Creative Work Siddha Yoga	Mrigasira Until 7:03AM Saubhagya Until 8:51AM Visti Until 2:45AM Sat Saptami Until 1:40PM	Ganesha: Red <i>Sunrise:</i> 6:01AM Muruqa: White <i>Sunset:</i> 6:18PM Nataraja: White Moon – Yellow Subha Sivaloka Day Chaitra•Panguni

Retreat Star	Saturday, March 31, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 18.25 Tithi 8 – 9 132917268	Gulika 6:01AM – 7:33AM Yama 1:42PM – 3:14PM Rahu 9:05AM – 10:37AM	Sun 22 Sutra 353 Khara 5113 Moon 2 - Phase 47 Navami
	Creative Work Siddha Yoga Until 8:55AM then Marana Yoga Until 1.35AM Sun then Siddha Yoga	Ardra Until 8:55AM Sobhana Until 8:45AM Balava Until 2:26AM Sun Ashtami* Until 2:26PM	Ganesha: Red <i>Sunrise:</i> 6:01AM Muruqa: White <i>Sunset:</i> 6:19PM Nataraja: White Moon – Yellow Subha Sivaloka Day Chaitra•Panguni

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

1	Sunday, April 1, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Yangon, Myanmar
	Kataka Rasi: 1.03	Tithi 9 – 10			Sun 23 Sutra 354 Khara 5113
	142917268		Gulika 3:14PM – 4:46PM Yama 12:10PM – 1:42PM Rahu 4:46PM – 6:19PM	Punarvasu Until 10:13AM Athiganda* Until 8:16AM Taitila Until 3:09AM Mon Navami* Until 3:09PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Chaitra•Panguni
Creative Work	Siddha Yoga				Sivaloka Day

2	Monday, April 2, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Yangon, Myanmar
	Kataka Rasi: 14.07	Tithi 10 – 11			Sun 24 Sutra 355 Khara 5113
	142917268		Gulika 1:42PM – 3:14PM Yama 10:37AM – 12:09PM Rahu 7:32AM – 9:04AM	Pushya Until 10:23AM Sukarma Until 6:59AM Vanija Until 1:24AM Tue Dasami Until 2:19PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Chaitra•Panguni
Family Home Evening	Siddha Yoga		Yogaswami Mahasamadhi		Sivaloka Day

3	Tuesday, April 3, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Yangon, Myanmar
	Kataka Rasi: 27.38	Tithi 11 – 12			Sun 25 Sutra 356 Khara 5113
	142917268		Gulika 12:09PM – 1:41PM Yama 9:04AM – 10:36AM Rahu 3:14PM – 4:46PM	Aslesha* Until 10:03AM Shula* Until 2:26AM Wed Bava Until 12:24AM Wed Ekadasi Until 1:19PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Chaitra•Panguni
Creative Work	Siddha Yoga				Sivaloka Day

4	Wednesday, April 4, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Yangon, Myanmar
	Simha Rasi: 11.39	Tithi 12 – 13			Sun 26 Sutra 357 Khara 5113
	152917268		Gulika 10:36AM – 12:09PM Yama 7:31AM – 9:03AM Rahu 12:09PM – 1:41PM	Magha* Until 8:54AM Ganda* Until 11:46PM Kaulava Until 10:30PM Dvadasi Until 11:25AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Red Chaitra•Panguni
Creative Work	Siddha Yoga			Pradosha Vrata	Subha Sivaloka Day
Until 8:54AM then Amrita Yoga					
Until 1:34AM Thu then no yoga					

5	Thursday, April 5, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Yangon, Myanmar
	Simha Rasi: 26.06	Tithi 13 – 14			Sun 27 Sutra 358 Khara 5113
	152917268		Gulika 9:03AM – 10:36AM Yama 5:58AM – 7:30AM Rahu 1:41PM – 3:14PM	Purvaphalguni* Until 6:54AM Vriddhi Until 7:29PM Gara Until 6:48PM Trayodasi Until 8:31AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Red Chaitra•Panguni
No Yoga					Subha Sivaloka Day
Until 6:54AM then Prabalarishta Yoga					
Until 1:34AM Fri then Siddha Yoga					

○	Friday, April 6, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau		Yangon, Myanmar
	Kanya Rasi: 10.55	Tithi 15			Sutra 359 Khara 5113
	162917268		Gulika 7:30AM – 9:02AM Yama 3:14PM – 4:47PM Rahu 10:35AM – 12:08PM	Hasta Until 1:51AM Sat Dhruva Until 3:47PM Visti Until 3:39PM Purnima* Until 1:56AM Sat	Ganesha: White Muruqa: White Nataraja: White Moon – Green Chaitra•Panguni
Creative Work	Amrita Yoga		Panguni Uttiram		Sivaloka Day
Until 1:33AM Sat then Marana Yoga			Hanuman Jayanti		

○	Saturday, April 7, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Yangon, Myanmar
	Kanya Rasi: 25.59	Tithi 16			Sutra 360 Khara 5113
	162917268		Gulika 5:56AM – 7:29AM Yama 1:41PM – 3:14PM Rahu 9:02AM – 10:35AM	Chitra Until 11:06PM Vyaghata* Until 11:44AM Balava Until 12:06PM Prathama* Until 10:23PM	Ganesha: White Muruqa: White Nataraja: White Moon – Green Chaitra•Panguni
Routine Work	Marana Yoga				Sivaloka Day
Until 11:06PM then Siddha Yoga					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1



Sunday, April 8, 2012
Gold Retreat Star

Tula Rasi: 11.07 Tithi 17
162917268
Creative Work Siddha Yoga
Until 8:13PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 3:14PM – 4:47PM **Svati Until 8:13PM**
Yama 12:07PM – 1:41PM Harshana Until 7:33AM
Rahu 4:47PM – 6:20PM Taitila Until 8:25AM
Dvitiya Until 6:42PM

Ganesha: White *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: White
Moon – Green
Chaitra•Panguni

Sivaloka Day

Yangon, Myanmar
Sun 1 Sutra 361
Khara 5113
Moon 3 - Phase 49
1st Phase

1

Monday, April 9, 2012

Tula Rasi: 26.11 Tithi 18 – 19
172917268
Family Home Evening
Routine Work Marana Yoga
Until 5:27PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 1:40PM – 3:14PM **Visakha Until 5:27PM**
Yama 10:34AM – 12:07PM Siddhi Until 11:28PM
Rahu 7:28AM – 9:01AM Bava Until 1:25AM Tue
Tritiya Until 3:07PM

Ganesha: Clear *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Sivaloka Day

Yangon, Myanmar
Sun 2 Sutra 362
Khara 5113
Moon 3 - Phase 49
1st Phase

2

Tuesday, April 10, 2012

Vrischika Rasi: 11.02 Tithi 19 – 20
172117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 12:07PM – 1:40PM **Anuradha Until 3:00PM**
Yama 9:00AM – 10:34AM Vyatipata* Until 7:43PM
Rahu 3:13PM – 4:47PM Kaulava Until 10:12PM
Chaturthi* Until 11:55AM

Ganesha: Red *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Sivaloka Day

Yangon, Myanmar
Sun 3 Sutra 363
Khara 5113
Moon 3 - Phase 49
1st Phase

3

Wednesday, April 11, 2012

Vrischika Rasi: 25.35 Tithi 20 – 21
173117268
Creative Work Siddha Yoga
Until 1:35PM then Marana Yoga
Until 1.32AM Thu then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:33AM – 12:07PM **Jyeshtha* Until 1:35PM**
Yama 7:27AM – 9:00AM Varyani Until 5:08PM
Rahu 12:07PM – 1:40PM Gara Until 8:34PM
Panchami Until 9:29AM

Ganesha: Blue *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Subha Sivaloka Day

Yangon, Myanmar
Sun 4 Sutra 364
Khara 5113
Moon 3 - Phase 49
1st Phase

4

Thursday, April 12, 2012

Dhanus Rasi: 9.45 Tithi 21 – 22
183117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shasthi*/Saplami Yam Titau
Gulika 8:59AM – 10:33AM **Mula* Until 12:09PM**
Yama 5:27AM – 7:26AM Parigha* Until 2:13PM
Rahu 1:40PM – 3:13PM Visti Until 6:22PM
Shasthi* Until 7:18AM

Ganesha: Red *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: White
Moon – Light Blue
Chaitra•Panguni

Subha Sivaloka Day

Yangon, Myanmar
Sun 5 Sutra 365
Khara 5113
Moon 3 - Phase 49
1st Phase



Friday, April 13, 2012
Retreat Star

Dhanus Rasi: 23.31 Tithi 23
183117268
Creative Work Siddha Yoga
Until 1.32AM Sat then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 7:25AM – 8:59AM **Purvashadha* Until 11:49AM**
Yama 3:13PM – 4:47PM Shiva Until 12:23PM
Rahu 10:33AM – 12:06PM Balava Until 5:49PM
Ashtami* Until 5:49AM Sat

Ganesha: Red *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Subha Sivaloka Day

Yangon, Myanmar
Sun 6 Sutra 1
Nandana 5114
Moon 3 - Phase 49
Ashtami

Saturday, April 14, 2012
Retreat Star

Makara Rasi: 6.55 Tithi 24
283117268
No Yoga
Until 11:42AM then Siddha Yoga
Until 1.31AM Sun then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 5:51AM – 7:25AM **Uttarashadha Until 11:42AM**
Yama 1:40PM – 3:13PM Siddha Until 10:36AM
Rahu 8:58AM – 10:32AM Taitila Until 4:59PM
Navami* Until 4:59AM Sun

Ganesha: Blue *Sunrise:* 5:51AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Subha Subha Sivaloka Day

Yangon, Myanmar
Sun 7 Sutra 2
Nandana 5114
Moon 3 - Phase 49
Navami

Chidambaram Abhishekam


1	Sunday, April 15, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dasami Yam Titau	Yangon, Myanmar
	Makara Rasi: 19.58 Tithi 25 293117268	Gulika 3:13PM – 4:47PM Yama 12:06PM – 1:39PM Rahu 4:47PM – 6:21PM	Sun 8 Sutra 3 Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Creative Work Amrita Yoga Until 12:13PM then Siddha Yoga	Sravana Until 12:13PM Sadhya Until 9:23AM Vanija Until 4:50PM Dasami Until 4:50AM Mon	Ganesha: Red <i>Sunrise:</i> 5:50AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: White Moon – Purple Chaitra-Chaitra
			Subha Sivaloka Day

2	Monday, April 16, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 2.44 Tithi 26 Family Home Evening 293117268 Creative Work Siddha Yoga Until 1.31AM Tue then Marana Yoga	Gulika 1:39PM – 3:13PM Yama 10:31AM – 12:05PM Rahu 7:24AM – 8:58AM	Sun 9 Sutra 4 Nandana 5114 Moon 3 - Phase 1 2nd Phase
		Dhanishtha Until 1:15PM Subha Until 8:41AM Bava Until 5:16PM Ekadasi* Until 6:10AM Tue	Ganesha: Red <i>Sunrise:</i> 5:50AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: White Moon – Purple Chaitra-Chaitra
			Subha Sivaloka Day

3	Tuesday, April 17, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 15.16 Tithi 26 – 27 293117268	Gulika 12:05PM – 1:39PM Yama 8:57AM – 10:31AM Rahu 3:13PM – 4:47PM	Sun 10 Sutra 5 Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Routine Work Marana Yoga Until 1.31AM Wed then Amrita Yoga	Satabhisha Until 3:28PM Sukla Until 8:34AM Kaulava Until 7:16PM Ekadasi* Until 6:10AM	Ganesha: Red <i>Sunrise:</i> 5:49AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: White Moon – Purple Chaitra-Chaitra
			Subha Sivaloka Day

4	Wednesday, April 18, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Brahma/Indra Yoga Talitla/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 27.35 Tithi 28 – 28 213117268	Gulika 10:31AM – 12:05PM Yama 7:22AM – 8:57AM Rahu 12:05PM – 1:39PM	Sun 11 Sutra 6 Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Creative Work Amrita Yoga Until 5:29PM then Siddha Yoga	Purvaprostapada* Until 5:29PM Brahma Until 8:37AM Gara Until 8:41PM Dvadasi* Until 7:35AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise:</i> 5:48AM Muruqa: White <i>Sunset:</i> 6:22PM Nataraja: White Moon – Clear Chaitra-Chaitra
			Subha Sivaloka Day

5	Thursday, April 19, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Yangon, Myanmar
	Meena Rasi: 9.46 Tithi 28 – 29 213117268	Gulika 8:56AM – 10:30AM Yama 5:48AM – 7:22AM Rahu 1:39PM – 3:13PM	Sun 12 Sutra 7 Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Creative Work Siddha Yoga	Uttaraprostapada Until 7:49PM Indra Until 8:58AM Visti Until 10:27PM Trayodasi* Until 9:22AM	Ganesha: Clear <i>Sunrise:</i> 5:48AM Muruqa: White <i>Sunset:</i> 6:22PM Nataraja: White Moon – Clear Chaitra-Chaitra
			Subha Sivaloka Day

	Friday, April 20, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Yangon, Myanmar
	Meena Rasi: 21.47 Tithi 29 – 30 213117268	Gulika 7:21AM – 8:56AM Yama 3:13PM – 4:48PM Rahu 10:30AM – 12:05PM	Sun 13 Sutra 8 Nandana 5114 Moon 3 - Phase 1 Amavasya
	Retreat Star Creative Work Siddha Yoga Until 10:25PM then Amrita Yoga Until 1.30AM Sat then Siddha Yoga	Revati Until 10:25PM Vaidhriti* Until 9:34AM Catuspada Until 12:31AM Sat Chaturdasi* Until 11:26AM	Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruqa: White <i>Sunset:</i> 6:22PM Nataraja: White Moon – Clear Chaitra-Chaitra
			Subha Sivaloka Day

	Saturday, April 21, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 3.43 Tithi 30 – 1 223117268	Gulika 5:46AM – 7:21AM Yama 1:39PM – 3:13PM Rahu 8:55AM – 10:30AM	Sun 14 Sutra 9 Nandana 5114 Moon 3 - Phase 1 Prathama
	Retreat Star Creative Work Siddha Yoga Until 1.30AM Sun then no yoga	Asvini Until 1:15AM Sun Vishkambha* Until 10:23AM Kintughna Until 2:49AM Sun Amavasya* Until 1:44PM	Ganesha: Orange <i>Sunrise:</i> 5:46AM Muruqa: White <i>Sunset:</i> 6:22PM Nataraja: White Moon – White Vaisaka-Chaitra
			Subha Sivaloka Day

1	Sunday, April 22, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Yangon, Myanmar
	Mesha Rasi: 15.32 Tithi 1 – 2	Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Sun 15 Sutra 10
	223117268	Gulika 3:13PM – 4:48PM	Bharani Until 4:15AM Mon	Ganesha: Orange <i>Sunrise:</i> 5:46AM	Nandana 5114
	No Yoga	Yama 12:04PM – 1:39PM	Priti Until 11:21AM	Muruqa: White <i>Sunset:</i> 6:22PM	Moon 3 - Phase 2
Until 1.30AM Mon then Siddha Yoga		Rahu 4:48PM – 6:22PM	Balava Until 5:19AM Mon	Nataraja: White	3rd Phase
Until 4:15AM Mon then no yoga			Prathama* Until 4:13PM	Moon – White	
				Vaisaka-Chaitra	Subha Sivaloka Day

2	Monday, April 23, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam			Yangon, Myanmar
	Mesha Rasi: 27.2 Tithi 2	Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Dvitiya Yam Titau			Sun 16 Sutra 11
Family Home Evening	223117268	Gulika 1:39PM – 3:13PM	Krittika Until 7:47AM Tue	Ganesha: Orange <i>Sunrise:</i> 5:45AM	Nandana 5114
No Yoga		Yama 10:29AM – 12:04PM	Ayushman Until 12:24PM	Muruqa: White <i>Sunset:</i> 6:23PM	Moon 3 - Phase 2
Until 1.29AM Tue then Siddha Yoga		Rahu 7:20AM – 8:55AM	Kaulava Until 7:54AM Tue	Nataraja: White	3rd Phase
Until 7:47AM Tue then Amrita Yoga			Dvitiya Until 6:48PM	Moon – White	
				Vaisaka-Chaitra	Subha Sivaloka Day

3	Tuesday, April 24, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Yangon, Myanmar
	Wrishabha Rasi: 9.07 Tithi 3	Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Tritiya Yam Titau			Sun 17 Sutra 12
	223117269	Gulika 12:04PM – 1:39PM	Krittika Until 7:47AM	Ganesha: Orange <i>Sunrise:</i> 5:45AM	Nandana 5114
Creative Work Siddha Yoga		Yama 8:54AM – 10:29AM	Saubhagya Until 1:28PM	Muruqa: White <i>Sunset:</i> 6:23PM	Moon 3 - Phase 2
Until 7:47AM then Amrita Yoga		Rahu 3:13PM – 4:48PM	Taitila Until 8:19AM	Nataraja: Clear	3rd Phase
Until 1.29AM Wed then Siddha Yoga			Tritiya Until 9:25PM	Moon – White	
				Vaisaka-Chaitra	Sivaloka Day

4	Wednesday, April 25, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Yangon, Myanmar
	Wrishabha Rasi: 20.56 Tithi 4	Rohini/Mrigasira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Sun 18 Sutra 13
	234117269	Gulika 10:29AM – 12:04PM	Rohini Until 10:49AM	Ganesha: White <i>Sunrise:</i> 5:44AM	Nandana 5114
Creative Work Siddha Yoga		Yama 7:19AM – 8:54AM	Sobhana Until 2:28PM	Muruqa: White <i>Sunset:</i> 6:23PM	Moon 3 - Phase 2
Until 1.29AM Thu then Marana Yoga		Rahu 12:04PM – 1:38PM	Vanija Until 10:51AM	Nataraja: Clear	3rd Phase
			Chaturthi* Until 11:56PM	Moon – Yellow	
				Vaisaka-Chaitra	Devaloka Day

5	Thursday, April 26, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Yangon, Myanmar
	Mithuna Rasi: 2.5 Tithi 5	Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau			Sun 19 Sutra 14
	234117269	Gulika 8:53AM – 10:28AM	Mrigasira Until 1:39PM	Ganesha: White <i>Sunrise:</i> 5:43AM	Nandana 5114
Routine Work Marana Yoga		Yama 5:43AM – 7:18AM	Athiganda* Until 3:18PM	Muruqa: White <i>Sunset:</i> 6:23PM	Moon 3 - Phase 2
Until 1.29AM Fri then Siddha Yoga		Rahu 1:38PM – 3:13PM	Bava Until 1:10PM	Nataraja: Clear	3rd Phase
			Panchami Until 2:15AM Fri	Moon – Yellow	
				Vaisaka-Chaitra	Devaloka Day

6	Friday, April 27, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			Yangon, Myanmar
	Mithuna Rasi: 14.55 Tithi 6	Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			Sun 20 Sutra 15
	234117269	Gulika 7:18AM – 8:53AM	Ardra Until 4:11PM	Ganesha: White <i>Sunrise:</i> 5:43AM	Nandana 5114
Creative Work Siddha Yoga		Yama 3:13PM – 4:49PM	Sukarma Until 3:50PM	Muruqa: White <i>Sunset:</i> 6:24PM	Moon 3 - Phase 2
Until 1.29AM Sat then Marana Yoga		Rahu 10:28AM – 12:03PM	Kaulava Until 3:08PM	Nataraja: Clear	3rd Phase
			Shasthi* Until 4:13AM Sat	Moon – Yellow	
				Vaisaka-Chaitra	Devaloka Day

Retreat Star	Saturday, April 28, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Yangon, Myanmar
	Mithuna Rasi: 27.13 Tithi 7	Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau			Sun 21 Sutra 16
	244117269	Gulika 5:42AM – 7:17AM	Punarvasu Until 5:18PM	Ganesha: Clear <i>Sunrise:</i> 5:42AM	Nandana 5114
Routine Work Marana Yoga		Yama 1:38PM – 3:14PM	Dhriti Until 3:14PM	Muruqa: White <i>Sunset:</i> 6:24PM	Moon 3 - Phase 2
Until 5:18PM then Siddha Yoga		Rahu 8:53AM – 10:28AM	Gara Until 3:43PM	Nataraja: Clear	3rd Phase
			Saptami Until 3:43AM Sun	Moon – Blue	
				Vaisaka-Chaitra	Sivaloka Day

Retreat Star	Sunday, April 29, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Yangon, Myanmar
	Kataka Rasi: 9.49 Tithi 8	Pushya Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Sun 22 Sutra 17
	244117269	Gulika 3:14PM – 4:49PM	Pushya Until 6:38PM	Ganesha: Clear <i>Sunrise:</i> 5:42AM	Nandana 5114
Creative Work Siddha Yoga		Yama 12:03PM – 1:38PM	Shula* Until 2:49PM	Muruqa: White <i>Sunset:</i> 6:24PM	Moon 3 - Phase 2
		Rahu 4:49PM – 6:24PM	Visti Until 4:27PM	Nataraja: Clear	Ashtami
			Ashtami* Until 4:27AM Mon	Moon – Blue	
				Vaisaka-Chaitra	Sivaloka Day

Retreat Star	Monday, April 30, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam			Yangon, Myanmar
	Kataka Rasi: 22.48 Tithi 9	Aslesha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navami* Yam Titau			Sun 23 Sutra 18
	244117269	Gulika 1:38PM – 3:14PM	Aslesha* Until 7:17PM	Ganesha: Clear <i>Sunrise:</i> 5:41AM	Nandana 5114
Family Home Evening		Yama 10:27AM – 12:03PM	Ganda* Until 1:45PM	Muruqa: White <i>Sunset:</i> 6:24PM	Moon 3 - Phase 2
Creative Work Siddha Yoga		Rahu 7:17AM – 8:52AM	Balava Until 4:25PM	Nataraja: Clear	Navami
			Navami* Until 4:25AM Tue	Moon – Blue	
				Vaisaka-Chaitra	Sivaloka Day


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Tuesday, May 1, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau			Yangon, Myanmar
	Simha Rasi: 6.13 Tithi 10 254117269	Gulika 12:03PM – 1:38PM Yama 8:51AM – 10:27AM Rahu 3:14PM – 4:49PM	Magha* Until 6:12PM Vriddhi Until 11:33AM Taitila Until 2:48PM Dasami Until 1:53AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:40AM Muruqa: White <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sun 24 Sutra 19 Nandana 5114 Moon 3 - Phase 3 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 1.28AM Wed then Amrita Yoga					

2	Wednesday, May 2, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Yangon, Myanmar
	Simha Rasi: 20.06 Tithi 11 254117269	Gulika 10:27AM – 12:02PM Yama 7:15AM – 8:51AM Rahu 12:02PM – 1:38PM	Purvaphalguni* Until 5:16PM Dhruva Until 9:07AM Vanija Until 1:07PM Ekadasi Until 12:12AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:40AM Muruqa: White <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sun 25 Sutra 20 Nandana 5114 Moon 3 - Phase 3 4th Phase Devaloka Day
Creative Work Amrita Yoga Until 1.28AM Thu then Prabalarishta Yoga					

3	Thursday, May 3, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadasi Yam Titau			Yangon, Myanmar
	Kanya Rasi: 4.26 Tithi 12 254117269	Gulika 8:51AM – 10:27AM Yama 5:39AM – 7:15AM Rahu 1:38PM – 3:14PM	Uttaraphalguni Until 2:55PM Harshana Until 1:58AM Fri Bava Until 10:17AM Dvadasi Until 8:34PM	Ganesha: Purple <i>Sunrise:</i> 5:39AM Muruqa: White <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sun 26 Sutra 21 Nandana 5114 Moon 3 - Phase 3 4th Phase Devaloka Day
Routine Work Prabalarishta Yoga Until 2:55PM then no yoga Until 1.28AM Fri then Amrita Yoga					

4	Friday, May 4, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Gara Karana Trayodasi*/Chaturdasi* Yam Titau			Yangon, Myanmar
	Kanya Rasi: 19.1 Tithi 13 – 14 264117269	Gulika 7:15AM – 8:51AM Yama 3:14PM – 4:50PM Rahu 10:26AM – 12:02PM	Hasta Until 12:41PM Vajra* Until 10:25PM Kaulava Until 7:16AM Trayodasi Until 5:33PM <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise:</i> 5:39AM Muruqa: White <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Green Vaisaka-Chaitra	Sun 27 Sutra 22 Nandana 5114 Moon 3 - Phase 3 4th Phase Sivaloka Day
Creative Work Amrita Yoga Until 12:41PM then Siddha Yoga Until 1.28AM Sat then Marana Yoga					

	Saturday, May 5, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Yangon, Myanmar
	Copper Retreat Star Tula Rasi: 4.11 Tithi 14 – 15 264217269	Gulika 5:38AM – 7:14AM Yama 1:38PM – 3:14PM Rahu 8:50AM – 10:26AM	Chitra Until 9:58AM Siddhi Until 6:25PM Visti Until 12:18AM Sun Chaturdasi* Until 2:01PM	Ganesha: White <i>Sunrise:</i> 5:38AM Muruqa: White <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Green Vaisaka-Chaitra	Sutra 23 Nandana 5114 Moon 3 - Phase 3 Purnima Subha Sivaloka Day
Routine Work Marana Yoga Until 9:58AM then Siddha Yoga					

	Sunday, May 6, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Vyatipata*Varyan Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Yangon, Myanmar
	Silver Retreat Star Tula Rasi: 19.23 Tithi 15 – 16 264217269	Gulika 3:14PM – 4:50PM Yama 12:02PM – 1:38PM Rahu 4:50PM – 6:26PM	Svati Until 6:59AM Vyatipata* Until 2:11PM Balava Until 8:29PM Purnima* Until 10:12AM	Ganesha: White <i>Sunrise:</i> 5:38AM Muruqa: White <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Green Vaisaka-Chaitra	Sutra 24 Nandana 5114 Moon 3 - Phase 3 Prathama Subha Sivaloka Day
Creative Work Siddha Yoga Until 6:59AM then Marana Yoga					