



**Tuesday, April 19, 2011**  
**Gold Retreat Star**

Tula Rasi: 16.52      Titli 17  
272456158  
Creative Work    Siddha Yoga  
Until 11:01AM then Marana Yoga  
Until 1.18AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau

<b>Gulika</b>	<b>11:53AM – 1:27PM</b>	<b>Svati Until 11:01AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:36AM
<b>Yama</b>	<b>8:45AM – 10:19AM</b>	<b>Siddhi Until 11:49PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:10PM
<b>Rahu</b>	<b>3:01PM – 4:36PM</b>	<b>Taitila Until 3:48PM</b>	<b>Nataraja:</b> Clear	

**Dvitiya Until 2:05AM Wed**  
**Chaitra-Chaitra**

Pyinmana, Myanmar  
**Sutra 6**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**1**

**Wednesday, April 20, 2011**

Wrischika Rasi: 1.38      Titli 18  
272456158  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Visakha/Anuradha Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Tritiya Yam Titau

<b>Gulika</b>	<b>10:19AM – 11:53AM</b>	<b>Visakha Until 8:54AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:36AM
<b>Yama</b>	<b>7:10AM – 8:44AM</b>	<b>Vyatipata* Until 9:09PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:10PM
<b>Rahu</b>	<b>11:53AM – 1:27PM</b>	<b>Vanija Until 1:14PM</b>	<b>Nataraja:</b> Clear	

**Tritiya Until 12:19AM Thu**  
**Chaitra-Chaitra**

Pyinmana, Myanmar  
**Sutra 7**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**2**

**Thursday, April 21, 2011**

Wrischika Rasi: 16.01      Titli 19  
272456158  
Creative Work    Siddha Yoga  
Until 1.18AM Fri then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau

<b>Gulika</b>	<b>8:44AM – 10:18AM</b>	<b>Anuradha Until 7:07AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:35AM
<b>Yama</b>	<b>5:35AM – 7:09AM</b>	<b>Variyan Until 5:55PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:10PM
<b>Rahu</b>	<b>1:27PM – 3:01PM</b>	<b>Bava Until 10:39AM</b>	<b>Nataraja:</b> Clear	

**Chaturthi\* Until 9:44PM**  
**Chaitra-Chaitra**

Pyinmana, Myanmar  
**Sutra 8**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**3**

**Friday, April 22, 2011**

Wrischika Rasi: 29.55      Titli 20  
272456158  
Routine Work    Prabalarishta Yoga  
Until 6:08AM then no yoga  
Until 1.18AM Sat then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchami Yam Titau

<b>Gulika</b>	<b>7:09AM – 8:43AM</b>	<b>Jyeshtha* Until 6:08AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:34AM
<b>Yama</b>	<b>3:01PM – 4:36PM</b>	<b>Parigha* Until 4:07PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:10PM
<b>Rahu</b>	<b>10:18AM – 11:52AM</b>	<b>Kaulava Until 9:10AM</b>	<b>Nataraja:</b> Clear	

**Panchami Until 9:10PM**  
**Chaitra-Chaitra**

Pyinmana, Myanmar  
**Sutra 9**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**4**

**Saturday, April 23, 2011**

Dhanus Rasi: 13.21      Titli 21  
282466158  
Routine Work    Marana Yoga  
Until 1.18AM Sun then Siddha Yoga  
Until 6:37AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shasthi\* Yam Titau

<b>Gulika</b>	<b>5:34AM – 7:08AM</b>	<b>Purvashadha* Until 6:37AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:34AM
<b>Yama</b>	<b>1:27PM – 3:01PM</b>	<b>Shiva Until 2:17PM</b>	<b>Muruqa:</b> Red	<i>Sunset:</i> 6:11PM
<b>Rahu</b>	<b>8:43AM – 10:18AM</b>	<b>Gara Until 8:16AM</b>	<b>Nataraja:</b> Clear	

**Shasthi\* Until 8:16PM**  
**Chaitra-Chaitra**

Pyinmana, Myanmar  
**Sutra 10**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**5**

**Sunday, April 24, 2011**

Dhanus Rasi: 26.2      Titli 22  
282466158  
Creative Work    Siddha Yoga  
Until 6:37AM then Amrita Yoga  
Until 1.17AM Mon then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptami Yam Titau

<b>Gulika</b>	<b>3:01PM – 4:36PM</b>	<b>Purvashadha* Until 6:37AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:33AM
<b>Yama</b>	<b>11:52AM – 1:27PM</b>	<b>Siddha Until 1:13PM</b>	<b>Muruqa:</b> Red	<i>Sunset:</i> 6:11PM
<b>Rahu</b>	<b>4:36PM – 6:11PM</b>	<b>Visti Until 8:15AM</b>	<b>Nataraja:</b> Clear	

**Saptami Until 8:15PM**  
**Chaitra-Chaitra**

Pyinmana, Myanmar  
**Sutra 11**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**



**Monday, April 25, 2011**  
**Retreat Star**

Makara Rasi: 8.56      Titli 23  
283466159  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 8:08AM then Amrita Yoga  
Until 1.17AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

<b>Gulika</b>	<b>1:27PM – 3:01PM</b>	<b>Uttarashadha Until 8:08AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:33AM
<b>Yama</b>	<b>10:17AM – 11:52AM</b>	<b>Sadhya Until 1:19PM</b>	<b>Muruqa:</b> Red	<i>Sunset:</i> 6:11PM
<b>Rahu</b>	<b>7:07AM – 8:42AM</b>	<b>Balava Until 9:16AM</b>	<b>Nataraja:</b> Purple	

**Ashtami\* Until 10:22PM**  
**Chaitra-Chaitra**

Pyinmana, Myanmar  
**Sutra 12**  
Khara 5113  
Moon 4 - Phase 1  
Ashtami

**Sivaloka Day**

**Tuesday, April 26, 2011**  
**Retreat Star**

Makara Rasi: 21.14      Titli 24  
293466159  
Creative Work    Siddha Yoga  
Until 10:12AM then Marana Yoga  
Until 1.17AM Wed then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navami\* Yam Titau

<b>Gulika</b>	<b>11:52AM – 1:27PM</b>	<b>Sravana Until 10:12AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:32AM
<b>Yama</b>	<b>8:42AM – 10:17AM</b>	<b>Subha Until 1:26PM</b>	<b>Muruqa:</b> Red	<i>Sunset:</i> 6:11PM
<b>Rahu</b>	<b>3:02PM – 4:36PM</b>	<b>Taitila Until 10:45AM</b>	<b>Nataraja:</b> Purple	

**Navami\* Until 11:50PM**  
**Chaitra-Chaitra**

Pyinmana, Myanmar  
**Sutra 13**  
Khara 5113  
Moon 4 - Phase 1  
Navami

**Devaloka Day**


<b>1</b>	<b>Wednesday, April 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau							Pyinmana, Myanmar <b>Sutra 14</b> Khara 5113
	Kumbha Rasi: 3.19      Tithi 25 293566159	<b>Gulika</b> 10:16AM – 11:51AM <b>Yama</b> 7:06AM – 8:41AM <b>Rahu</b> 11:51AM – 1:27PM	<b>Dhanishtha</b> Until 12:42PM Sukla Until 1:56PM Vanija Until 12:41PM <b>Dasami</b> Until 1:46AM Thu	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>				Moon 4 - Phase 2 2nd Phase	<b>Sivaloka Day</b>
	Routine Work    Prabalarishta Yoga Until 12:42PM then Siddha Yoga Until 1.17AM Thu then Marana Yoga								

<b>2</b>	<b>Thursday, April 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau							Pyinmana, Myanmar <b>Sutra 15</b> Khara 5113
	Kumbha Rasi: 15.16      Tithi 26 293566159	<b>Gulika</b> 8:41AM – 10:16AM <b>Yama</b> 5:31AM – 7:06AM <b>Rahu</b> 1:26PM – 3:02PM	<b>Satabhisha</b> Until 3:28PM Brahma Until 2:42PM Bava Until 2:55PM <b>Ekadasi*</b> Until 4:00AM Fri	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>				Moon 4 - Phase 2 2nd Phase	<b>Sivaloka Day</b>
	Routine Work    Marana Yoga Until 3:28PM then Siddha Yoga								

<b>3</b>	<b>Friday, April 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau							Pyinmana, Myanmar <b>Sutra 16</b> Khara 5113
	Kumbha Rasi: 27.09      Tithi 27 213566159	<b>Gulika</b> 7:05AM – 8:41AM <b>Yama</b> 3:02PM – 4:37PM <b>Rahu</b> 10:16AM – 11:51AM	<b>Purvaprostapada*</b> Until 6:22PM Indra Until 3:35PM Kaulava Until 5:18PM <b>Dvadasi*</b> Until 6:37AM Sat	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>				Moon 4 - Phase 2 2nd Phase	<b>Sivaloka Day</b>
	Creative Work    Siddha Yoga								

<b>4</b>	<b>Saturday, April 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manu Vasara Yuktayam Uttaraprostapada Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau							Pyinmana, Myanmar <b>Sutra 17</b> Khara 5113
	Meena Rasi: 9.01      Tithi 27 – 28 213566159	<b>Gulika</b> 5:30AM – 7:05AM <b>Yama</b> 1:26PM – 3:02PM <b>Rahu</b> 8:40AM – 10:16AM	<b>Uttaraprostapada</b> Until 9:18PM Vaidhriti* Until 4:30PM Gara Until 7:43PM <b>Dvadasi*</b> Until 6:37AM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>				Moon 4 - Phase 2 2nd Phase	<b>Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 9:18PM then Prabalarishta Yoga Until 1.16AM Sun then Amrita Yoga								

<b>5</b>	<b>Sunday, May 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau							Pyinmana, Myanmar <b>Sutra 18</b> Khara 5113
	Meena Rasi: 20.54      Tithi 28 – 29 213566159	<b>Gulika</b> 3:02PM – 4:37PM <b>Yama</b> 11:51AM – 1:26PM <b>Rahu</b> 4:37PM – 6:13PM	<b>Revati</b> Until 12:12AM Mon Vishkambha* Until 5:23PM Visti Until 10:04PM <b>Trayodasi*</b> Until 8:59AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>				Moon 4 - Phase 2 2nd Phase	<b>Sivaloka Day</b>
	Creative Work    Amrita Yoga Until 12:12AM Mon then Siddha Yoga								

	<b>Monday, May 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau							Pyinmana, Myanmar <b>Sutra 19</b> Khara 5113
	<b>Retreat Star</b> Mesha Rasi: 2.51      Tithi 29 – 30 <b>Family Home Evening</b> 223566159	<b>Gulika</b> 1:26PM – 3:02PM <b>Yama</b> 10:15AM – 11:51AM <b>Rahu</b> 7:04AM – 8:40AM	<b>Asvini</b> Until 2:58AM Tue Priti Until 6:08PM Catuspada Until 12:18AM Tue <b>Chaturdasi*</b> Until 11:13AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra-Chaitra</b>					Moon 4 - Phase 2 Amavasya
	Creative Work    Siddha Yoga								

	<b>Tuesday, May 3, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau							Pyinmana, Myanmar <b>Sutra 20</b> Khara 5113
	<b>Retreat Star</b> Mesha Rasi: 14.53      Tithi 30 – 1 223566159	<b>Gulika</b> 11:51AM – 1:26PM <b>Yama</b> 8:39AM – 10:15AM <b>Rahu</b> 3:02PM – 4:38PM	<b>Bharani</b> Until 5:33AM Wed Ayushman Until 6:44PM Kintughna Until 2:20AM Wed <b>Amavasya*</b> Until 1:14PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>				Moon 4 - Phase 2 Prathama	<b>Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 1.16AM Wed then Marana Yoga Until 5:33AM Wed then Amrita Yoga								

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Wednesday, May 4, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Pyinmana, Myanmar
			<b>Sutra 21</b> Khara 5113
Mesha Rasi: 27.03	Tithi 1 – 2	<b>Gulika</b> 10:15AM – 11:51AM <b>Yama</b> 7:03AM – 8:39AM <b>Rahu</b> 11:51AM – 1:26PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>
Creative Work Amrita Yoga Until 1.16AM Thu then Marana Yoga	223566159	<b>Krittika Until 7:19AM Thu</b> Saubhagya Until 7:07PM Balava Until 4:07AM Thu <b>Prathama* Until 3:01PM</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>2</b>	<b>Thursday, May 5, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Pyinmana, Myanmar
			<b>Sutra 22</b> Khara 5113
Wrishabha Rasi: 9.2	Tithi 2 – 3	<b>Gulika</b> 8:39AM – 10:15AM <b>Yama</b> 5:27AM – 7:03AM <b>Rahu</b> 1:26PM – 3:02PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>
Routine Work Marana Yoga	223566159	<b>Krittika Until 7:19AM</b> Sobhana Until 7:15PM Taitila Until 5:35AM Fri <b>Dvitiya Until 4:29PM</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Friday, May 6, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Athiganda* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Pyinmana, Myanmar
			<b>Sutra 23</b> Khara 5113
Wrishabha Rasi: 21.48	Tithi 3 – 4	<b>Gulika</b> 7:03AM – 8:39AM <b>Yama</b> 3:02PM – 4:38PM <b>Rahu</b> 10:14AM – 11:50AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>
Routine Work Marana Yoga Until 8:50AM then Siddha Yoga	223566159	<b>Rohini Until 8:50AM</b> Athiganda* Until 6:08PM Vanija Until 4:38AM Sat <b>Tritiya Until 4:38PM</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Saturday, May 7, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Pyinmana, Myanmar
			<b>Sutra 24</b> Khara 5113
Mithuna Rasi: 4.28	Tithi 4 – 5	<b>Gulika</b> 5:26AM – 7:02AM <b>Yama</b> 1:26PM – 3:02PM <b>Rahu</b> 8:38AM – 10:14AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>
Creative Work Siddha Yoga	223566159	<b>Mrigasira Until 10:05AM</b> Sukarma Until 5:38PM Bava Until 5:16AM Sun <b>Chaturthi* Until 5:16PM</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>5</b>	<b>Sunday, May 8, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Pyinmana, Myanmar
			<b>Sutra 25</b> Khara 5113
Mithuna Rasi: 17.2	Tithi 5 – 6	<b>Gulika</b> 3:02PM – 4:39PM <b>Yama</b> 11:50AM – 1:26PM <b>Rahu</b> 4:39PM – 6:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:15PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>
Creative Work Siddha Yoga Until 1.16AM Mon then Amrita Yoga	223566159	<b>Ardra Until 10:55AM</b> Dhriti Until 4:46PM Kaulava Until 5:27AM Mon <b>Panchami Until 5:27PM</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>6</b>	<b>Monday, May 9, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Pyinmana, Myanmar
			<b>Sutra 26</b> Khara 5113
Kataka Rasi: 0.28	Tithi 6 – 7	<b>Gulika</b> 1:26PM – 3:03PM <b>Yama</b> 10:14AM – 11:50AM <b>Rahu</b> 7:02AM – 8:38AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:15PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>
<b>Family Home Evening</b> Creative Work Amrita Yoga Until 11:17AM then Siddha Yoga	244566159	<b>Punarvasu Until 11:17AM</b> Shula* Until 3:27PM Gara Until 5:06AM Tue <b>Shasthi* Until 5:06PM</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Tuesday, May 10, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Pyinmana, Myanmar
			<b>Sutra 27</b> Khara 5113
Kataka Rasi: 13.54	Tithi 7 – 8	<b>Gulika</b> 11:50AM – 1:26PM <b>Yama</b> 8:38AM – 10:14AM <b>Rahu</b> 3:03PM – 4:39PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:15PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>
Creative Work Siddha Yoga	244566159	<b>Pushya Until 10:45AM</b> Ganda* Until 1:07PM Visti Until 2:28AM Wed <b>Saptami Until 3:24PM</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Wednesday, May 11, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Pyinmana, Myanmar
			<b>Sutra 28</b> Khara 5113
Kataka Rasi: 27.39	Tithi 8 – 9	<b>Gulika</b> 10:14AM – 11:50AM <b>Yama</b> 7:01AM – 8:37AM <b>Rahu</b> 11:50AM – 1:26PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:16PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>
Creative Work Siddha Yoga Until 1.15AM Thu then Amrita Yoga	244566159	<b>Aslesha* Until 10:02AM</b> Vridhhi Until 10:54AM Balava Until 1:02AM Thu <b>Ashtami* Until 1:57PM</b>	Moon 4 - Phase 3 Ashtami <b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Thursday, May 12, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Dhruva/Vyaghala* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Pyinmana, Myanmar
			<b>Sutra 29</b> Khara 5113
Simha Rasi: 11.43	Tithi 9 – 10	<b>Gulika</b> 8:37AM – 10:14AM <b>Yama</b> 5:24AM – 7:01AM <b>Rahu</b> 1:27PM – 3:03PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:16PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>
Creative Work Amrita Yoga Until 8:46AM then no yoga Until 1.15AM Fri then Siddha Yoga	254566159	<b>Magha* Until 8:46AM</b> Dhruva Until 8:10AM Taitila Until 10:59PM <b>Navami* Until 11:55AM</b>	Moon 4 - Phase 3 Navami <b>Devaloka Day</b>

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

**1 Friday, May 13, 2011** Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pynmana, Myanmar  
 Purvaphalguni\*/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau **Sutra 30**  
 Khara 5113  
 Simha Rasi: 26.07 Tithi 10 – 11 264566159 **Gulika** 7:00AM – 8:37AM **Purvaphalguni\* Until 6:54AM** **Ganesha:** White *Sunrise:* 5:24AM  
**Yama** 3:03PM – 4:40PM Harshana Until 1:01AM Sat **Muruqa:** Red *Sunset:* 6:16PM Moon 4 - Phase 4  
**Rahu** 10:14AM – 11:50AM Vanija Until 7:20PM **Nataraja:** Purple Moon – Red 4th Phase  
 Creative Work Siddha Yoga **Dasami Until 9:03AM** **Vaisaka-Chaitra** **Devaloka Day**  
 Until 1.15AM Sat then Marana Yoga

**2 Saturday, May 14, 2011** Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pynmana, Myanmar  
 Hasta Nakshatra Vajra\* Yoga Visti\*/Balava Karana Ekadasi/Dvadasi Yam Titau **Sutra 31**  
 Khara 5113  
 Kanya Rasi: 10.45 Tithi 11 – 12 264566159 **Gulika** 5:24AM – 7:00AM **Hasta Until 2:08AM Sun** **Ganesha:** Yellow *Sunrise:* 5:24AM  
**Yama** 1:27PM – 3:03PM Vajra\* Until 9:36PM **Muruqa:** Red *Sunset:* 6:17PM Moon 4 - Phase 4  
**Rahu** 8:37AM – 10:13AM Balava Until 2:45AM Sun **Nataraja:** Purple Moon – Green 4th Phase  
 Routine Work Marana Yoga **Ekadasi Until 6:11AM** **Vaisaka-Chaitra** **Sivaloka Day**  
 Until 1.15AM Sun then Amrita Yoga  
 Until 2:08AM Sun then Siddha Yoga

**3 Sunday, May 15, 2011** Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pynmana, Myanmar  
 Chitra Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau **Sutra 32**  
 Khara 5113  
 Kanya Rasi: 25.34 Tithi 13 264566159 **Gulika** 3:03PM – 4:40PM **Chitra Until 11:46PM** **Ganesha:** Yellow *Sunrise:* 5:23AM  
**Yama** 11:50AM – 1:27PM Siddhi Until 5:56PM **Muruqa:** Red *Sunset:* 6:17PM Moon 4 - Phase 4  
**Rahu** 4:40PM – 6:17PM Kaulava Until 1:18PM **Nataraja:** Purple Moon – Green 4th Phase  
 Creative Work Siddha Yoga **Trayodasi Until 11:35PM** **Vaisaka-Vaikasi** **Sivaloka Day**  
 Until 1.15AM Mon then Amrita Yoga  
*Pradosha Vrata*

**4 Monday, May 16, 2011** Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pynmana, Myanmar  
 Svati Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau **Sutra 33**  
 Khara 5113  
 Tula Rasi: 10.25 Tithi 14 264566159 **Gulika** 1:27PM – 3:04PM **Svati Until 9:19PM** **Ganesha:** Yellow *Sunrise:* 5:23AM  
**Yama** 10:13AM – 11:50AM Vyatipata\* Until 2:11PM **Muruqa:** Red *Sunset:* 6:17PM Moon 4 - Phase 4  
**Rahu** 7:00AM – 8:37AM Gara Until 10:03AM **Nataraja:** Purple Moon – Green 4th Phase  
**Family Home Evening** **Chaturdasi\* Until 8:20PM** **Vaisaka-Vaikasi** **Sivaloka Day**  
 Creative Work Amrita Yoga  
 Until 9:19PM then Marana Yoga

**○ Tuesday, May 17, 2011** Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Pynmana, Myanmar  
 Visakha Nakshatra Variyan/Parigha\* Yoga Visti\*/Balava Karana Purnima\*/Prathama\* Yam Titau **Sutra 34**  
 Khara 5113  
 Tula Rasi: 25.13 Tithi 15 – 16 274566159 **Gulika** 11:50AM – 1:27PM **Visakha Until 6:59PM** **Ganesha:** Blue *Sunrise:* 5:23AM  
**Yama** 8:36AM – 10:13AM Variyan Until 10:34AM **Muruqa:** Red *Sunset:* 6:17PM Moon 4 - Phase 4  
**Rahu** 3:04PM – 4:41PM Visti Until 6:55AM **Nataraja:** Purple Moon – Orange 4th Phase  
 Routine Work Marana Yoga **Purnima\* Until 5:12PM** **Vaisaka-Vaikasi** **Devaloka Day**  
 Until 6:59PM then Siddha Yoga

**Wednesday, May 18, 2011** Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Pynmana, Myanmar  
 Anuradha/Jyeshtha\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau **Sutra 35**  
 Khara 5113  
 Vrischika Rasi: 9.48 Tithi 16 – 17 274566159 **Gulika** 10:13AM – 11:50AM **Anuradha Until 5:47PM** **Ganesha:** Blue *Sunrise:* 5:22AM  
**Yama** 6:59AM – 8:36AM Parigha\* Until 7:19AM **Muruqa:** Red *Sunset:* 6:18PM Moon 4 - Phase 4  
**Rahu** 11:50AM – 1:27PM Taitila Until 2:09AM Thu **Nataraja:** Purple Moon – Orange Prathama  
 Creative Work Siddha Yoga **Prathama\* Until 3:04PM** **Vaisaka-Vaikasi** **Devaloka Day**



**Thursday, May 19, 2011**  
**Gold Retreat Star**

Vrischika Rasi: 24.04 Tithi 18 – 18  
274566159  
Creative Work Siddha Yoga  
Until 1.16AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika 8:36AM – 10:13AM**  
Yama 5:22AM – 6:59AM  
**Rahu 1:27PM – 3:04PM**  
**Jyeshtha\* Until 4:10PM**  
Siddha Until 1:37AM Fri  
Vanija Until 11:44PM  
**Dvitiya Until 12:40PM**

Ganesha: Blue *Sunrise: 5:22AM*  
Muruqa: Red *Sunset: 6:18PM*  
Nataraja: Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

Pyinmana, Myanmar  
**Sun 1 Sutra 36**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**1 Friday, May 20, 2011**

Dhanus Rasi: 7.56 Tithi 18 – 19  
284566159  
No Yoga  
Until 3:57PM then Siddha Yoga  
Until 1.16AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika 6:59AM – 8:36AM**  
Yama 3:04PM – 4:41PM  
**Rahu 10:13AM – 11:50AM**  
**Mula\* Until 3:57PM**  
Sadhya Until 12:26AM Sat  
Bava Until 11:23PM  
**Tritiya Until 11:23AM**

Ganesha: Red *Sunrise: 5:22AM*  
Muruqa: Red *Sunset: 6:19PM*  
Nataraja: Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Pyinmana, Myanmar  
**Sun 2 Sutra 37**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**2 Saturday, May 21, 2011**

Dhanus Rasi: 21.24 Tithi 19 – 20  
284566159  
Routine Work Marana Yoga  
Until 3:43PM then no yoga  
Until 1.16AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika 5:22AM – 6:59AM**  
Yama 1:27PM – 3:05PM  
**Rahu 8:36AM – 10:13AM**  
**Purvashadha\* Until 3:43PM**  
Subha Until 10:34PM  
Kaulava Until 10:24PM  
**Chaturthi\* Until 10:24AM**

Ganesha: Red *Sunrise: 5:22AM*  
Muruqa: Red *Sunset: 6:19PM*  
Nataraja: Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Pyinmana, Myanmar  
**Sun 3 Sutra 38**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**3 Sunday, May 22, 2011**

Makara Rasi: 4.27 Tithi 20 – 21  
285566159  
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Sukla Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika 3:05PM – 4:42PM**  
Yama 11:50AM – 1:28PM  
**Rahu 4:42PM – 6:19PM**  
**Uttarashadha Until 4:15PM**  
Sukla Until 9:25PM  
Gara Until 10:14PM  
**Panchami Until 10:14AM**

Ganesha: Yellow *Sunrise: 5:21AM*  
Muruqa: Red *Sunset: 6:19PM*  
Nataraja: Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Pyinmana, Myanmar  
**Sun 4 Sutra 39**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**4 Monday, May 23, 2011**

Makara Rasi: 17.07 Tithi 21 – 22  
295666159  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 6:26PM then Siddha Yoga  
Until 1.16AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Brahma Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika 1:28PM – 3:05PM**  
Yama 10:13AM – 11:50AM  
**Rahu 6:59AM – 8:36AM**  
**Sravana Until 6:26PM**  
Brahma Until 10:03PM  
Visti Until 12:20AM Tue  
**Shasthi\* Until 11:14AM**

Ganesha: Green *Sunrise: 5:21AM*  
Muruqa: Red *Sunset: 6:20PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Pyinmana, Myanmar  
**Sun 5 Sutra 40**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**Tuesday, May 24, 2011**  
**Retreat Star**

Makara Rasi: 29.29 Tithi 22 – 23  
295666159  
Routine Work Marana Yoga  
Until 1.16AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika 11:50AM – 1:28PM**  
Yama 8:36AM – 10:13AM  
**Rahu 3:05PM – 4:43PM**  
**Dhanishtha Until 8:21PM**  
Indra Until 10:03PM  
Balava Until 1:37AM Wed  
**Saptami Until 12:32PM**

Ganesha: Green *Sunrise: 5:21AM*  
Muruqa: Red *Sunset: 6:20PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Pyinmana, Myanmar  
**Sun 6 Sutra 41**  
Khara 5113  
Moon 5 - Phase 5  
Ashtami

**Devaloka Day**

**Wednesday, May 25, 2011**  
**Retreat Star**

Kumbha Rasi: 11.38 Tithi 23 – 24  
295666159  
Creative Work Siddha Yoga  
Until 10:44PM then Amrita Yoga  
Until 1.16AM Thu then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha Nakshatra Vaidhriti\* Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika 10:13AM – 11:51AM**  
Yama 6:58AM – 8:36AM  
**Rahu 11:51AM – 1:28PM**  
**Satabhisha Until 10:44PM**  
Vaidhriti\* Until 10:29PM  
Tailila Until 3:25AM Thu  
**Ashtami\* Until 2:19PM**

Ganesha: Green *Sunrise: 5:21AM*  
Muruqa: Red *Sunset: 6:20PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Pyinmana, Myanmar  
**Sun 7 Sutra 42**  
Khara 5113  
Moon 5 - Phase 5  
Navami

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

<b>1</b>	<b>Thursday, May 26, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Pinyinmana, Myanmar
	Kumbha Rasi: 23.37    Titli 24 – 25 315666159	<b>Gulika</b> 8:36AM – 10:13AM <b>Yama</b> 5:21AM – 6:58AM <b>Rahu</b> 1:28PM – 3:06PM	<b>Sun 8</b> <b>Sutra 43</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Creative Work    Siddha Yoga	<b>Purvaprostapada* Until 1:26AM Fri</b> <b>Vishkambha* Until 11:11PM</b> <b>Vanija Until 5:32AM Fri</b> <b>Navami* Until 4:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>


<b>2</b>	<b>Friday, May 27, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti* Karana Dasami Yam Titau	Pinyinmana, Myanmar
	Meena Rasi: 5.31    Titli 25 315666159	<b>Gulika</b> 6:58AM – 8:36AM <b>Yama</b> 3:06PM – 4:43PM <b>Rahu</b> 10:13AM – 11:51AM	<b>Sun 9</b> <b>Sutra 44</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Creative Work    Siddha Yoga Until 4:17AM Sat then Prabalarishta Yoga	<b>Uttaraprostapada Until 4:17AM Sat</b> <b>Priti Until 12:03AM Sat</b> <b>Visti Until 7:50AM Sat</b> <b>Dasami Until 6:45PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>

<b>3</b>	<b>Saturday, May 28, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadasi* Yam Titau	Pinyinmana, Myanmar
	Meena Rasi: 17.25    Titli 26 315666159	<b>Gulika</b> 5:20AM – 6:58AM <b>Yama</b> 1:28PM – 3:06PM <b>Rahu</b> 8:36AM – 10:13AM	<b>Sun 10</b> <b>Sutra 45</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Routine Work    Prabalarishta Yoga Until 1.16AM Sun then Amrita Yoga Until 7:20AM Sun then Siddha Yoga	<b>Revati Until 7:20AM Sun</b> <b>Ayushman Until 12:57AM Sun</b> <b>Bava Until 8:00AM</b> <b>Ekadasi* Until 9:05PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>

<b>4</b>	<b>Sunday, May 29, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Saubhagya Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau	Pinyinmana, Myanmar
	Meena Rasi: 29.2    Titli 27 315666159	<b>Gulika</b> 3:06PM – 4:44PM <b>Yama</b> 11:51AM – 1:29PM <b>Rahu</b> 4:44PM – 6:22PM	<b>Sun 11</b> <b>Sutra 46</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Creative Work    Amrita Yoga Until 7:20AM then Siddha Yoga	<b>Revati Until 7:20AM</b> <b>Saubhagya Until 1:47AM Mon</b> <b>Kaulava Until 10:15AM</b> <b>Dvadasi* Until 11:21PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>

<b>5</b>	<b>Monday, May 30, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Pinyinmana, Myanmar
	Mesha Rasi: 11.21    Titli 28 Family Home Evening 325666159	<b>Gulika</b> 1:29PM – 3:07PM <b>Yama</b> 10:13AM – 11:51AM <b>Rahu</b> 6:58AM – 8:36AM	<b>Sun 12</b> <b>Sutra 47</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Creative Work    Siddha Yoga	<b>Asvini Until 9:58AM</b> <b>Sobhana Until 2:26AM Tue</b> <b>Gara Until 12:19PM</b> <b>Trayodasi* Until 1:24AM Tue</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>

<b>6</b>	<b>Tuesday, May 31, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Pinyinmana, Myanmar
	Mesha Rasi: 23.31    Titli 29 326666159	<b>Gulika</b> 11:51AM – 1:29PM <b>Yama</b> 8:36AM – 10:13AM <b>Rahu</b> 3:07PM – 4:45PM	<b>Sun 13</b> <b>Sutra 48</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Creative Work    Siddha Yoga Until 1.17AM Wed then Amrita Yoga	<b>Bharani Until 12:19PM</b> <b>Athiganda* Until 2:50AM Wed</b> <b>Visti Until 2:04PM</b> <b>Chaturdasi* Until 3:09AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>

	<b>Wednesday, June 1, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Pinyinmana, Myanmar
	<b>Retreat Star</b> Vrishabha Rasi: 5.5    Titli 30 326666159	<b>Gulika</b> 10:14AM – 11:51AM <b>Yama</b> 6:58AM – 8:36AM <b>Rahu</b> 11:51AM – 1:29PM	<b>Sun 14</b> <b>Sutra 49</b> Khara 5113 Moon 5 - Phase 6 Amavasya
	Creative Work    Amrita Yoga Until 1:41PM then Siddha Yoga Until 1.17AM Thu then Marana Yoga	<b>Krittika Until 1:41PM</b> <b>Sukarma Until 1:25AM Thu</b> <b>Catuspada Until 2:39PM</b> <b>Amavasya* Until 2:39AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:23PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>

	<b>Thursday, June 2, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Pinyinmana, Myanmar
	<b>Retreat Star</b> Vrishabha Rasi: 18.23    Titli 1 336666159	<b>Gulika</b> 8:36AM – 10:14AM <b>Yama</b> 5:20AM – 6:58AM <b>Rahu</b> 1:29PM – 3:07PM	<b>Sun 15</b> <b>Sutra 50</b> Khara 5113 Moon 5 - Phase 6 Prathama
	Routine Work    Marana Yoga Until 1.17AM Fri then Siddha Yoga	<b>Rohini Until 3:08PM</b> <b>Dhriti Until 1:08AM Fri</b> <b>Kintughna Until 3:28PM</b> <b>Prathama* Until 3:28AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:23PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>

<b>1</b>	<b>Friday, June 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Pyinmana, Myanmar
	Mithuna Rasi: 1.09	Tithi 2	<b>Gulika</b> 6:58AM – 8:36AM <b>Yama</b> 3:08PM – 4:45PM <b>Rahu</b> 10:14AM – 11:52AM	<b>Mrigasira Until 4:11PM</b> Shula* Until 12:27AM Sat Balava Until 3:51PM <b>Dvitiya Until 3:51AM Sat</b>	<b>Sun 16</b> <b>Sutra 51</b> Khara 5113 Moon 5 - Phase 7 3rd Phase
	336666159			<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:23PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Creative Work Siddha Yoga					


<b>2</b>	<b>Saturday, June 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Tailita/Gara Karana Tritiya Yam Titau		Pyinmana, Myanmar
	Mithuna Rasi: 14.1	Tithi 3	<b>Gulika</b> 5:20AM – 6:58AM <b>Yama</b> 1:30PM – 3:08PM <b>Rahu</b> 8:36AM – 10:14AM	<b>Ardra Until 4:47PM</b> Ganda* Until 11:23PM Tailita Until 3:45PM <b>Tritiya Until 3:45AM Sun</b>	<b>Sun 17</b> <b>Sutra 52</b> Khara 5113 Moon 5 - Phase 7 3rd Phase
	336666159			<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Creative Work Siddha Yoga Until 4:47PM then Marana Yoga Until 1:17AM Sun then Siddha Yoga					


<b>3</b>	<b>Sunday, June 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Pyinmana, Myanmar
	Mithuna Rasi: 27.24	Tithi 4	<b>Gulika</b> 3:08PM – 4:46PM <b>Yama</b> 11:52AM – 1:30PM <b>Rahu</b> 4:46PM – 6:24PM	<b>Punarvasu Until 4:57PM</b> Vriddhi Until 9:54PM Vanija Until 2:29PM <b>Chaturthi* Until 1:34AM Mon</b>	<b>Sun 18</b> <b>Sutra 53</b> Khara 5113 Moon 5 - Phase 7 3rd Phase
	346666159			<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Creative Work Siddha Yoga					

<b>4</b>	<b>Monday, June 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchami Yam Titau		Pyinmana, Myanmar
	Kataka Rasi: 10.52	Tithi 5	<b>Gulika</b> 1:30PM – 3:08PM <b>Yama</b> 10:14AM – 11:52AM <b>Rahu</b> 6:58AM – 8:36AM	<b>Pushya Until 3:57PM</b> Dhruva Until 7:06PM Bava Until 1:33PM <b>Panchami Until 12:38AM Tue</b>	<b>Sun 19</b> <b>Sutra 54</b> Khara 5113 Moon 5 - Phase 7 3rd Phase
	346666151			<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Family Home Evening Creative Work Siddha Yoga					

<b>5</b>	<b>Tuesday, June 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Shasthi* Yam Titau		Pyinmana, Myanmar
	Kataka Rasi: 24.32	Tithi 6	<b>Gulika</b> 11:52AM – 1:30PM <b>Yama</b> 8:36AM – 10:14AM <b>Rahu</b> 3:09PM – 4:47PM	<b>Aslesha* Until 3:22PM</b> Vyaghata* Until 5:01PM Kaulava Until 12:14PM <b>Shasthi* Until 11:18PM</b>	<b>Sun 20</b> <b>Sutra 55</b> Khara 5113 Moon 5 - Phase 7 3rd Phase
	347666151			<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:25PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Creative Work Siddha Yoga					

<b>6</b>	<b>Wednesday, June 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptami Yam Titau		Pyinmana, Myanmar
	Simha Rasi: 8.25	Tithi 7	<b>Gulika</b> 10:14AM – 11:53AM <b>Yama</b> 6:58AM – 8:36AM <b>Rahu</b> 11:53AM – 1:31PM	<b>Magha* Until 2:27PM</b> Harshana Until 2:38PM Gara Until 10:32AM <b>Saptami Until 9:37PM</b>	<b>Sun 21</b> <b>Sutra 56</b> Khara 5113 Moon 5 - Phase 7 3rd Phase
	357666151			<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:25PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 2:27PM then Amrita Yoga Until 1:18AM Thu then no yoga					

	<b>Thursday, June 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtami* Yam Titau		Pyinmana, Myanmar
	Simha Rasi: 22.28	Tithi 8	<b>Gulika</b> 8:36AM – 10:15AM <b>Yama</b> 5:20AM – 6:58AM <b>Rahu</b> 1:31PM – 3:09PM	<b>Purvaphalguni* Until 1:13PM</b> Vajra* Until 11:57AM Visti Until 8:31AM <b>Ashtami* Until 7:35PM</b>	<b>Sun 22</b> <b>Sutra 57</b> Khara 5113 Moon 5 - Phase 7 Ashtami
	357666151			<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:25PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>
Retreat Star No Yoga Until 1:13PM then Prabalarishta Yoga Until 1:18AM Fri then Siddha Yoga					

	<b>Friday, June 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Siddhi*/Vyatipata* Yoga Balava/Tailita Karana Navami*/Dasami Yam Titau		Pyinmana, Myanmar
	Kanya Rasi: 6.41	Tithi 9 – 10	<b>Gulika</b> 6:58AM – 8:37AM <b>Yama</b> 3:09PM – 4:47PM <b>Rahu</b> 10:15AM – 11:53AM	<b>Uttaraphalguni Until 11:42AM</b> Siddhi Until 9:00AM Balava Until 6:11AM <b>Navami* Until 5:16PM</b>	<b>Sun 23</b> <b>Sutra 58</b> Khara 5113 Moon 5 - Phase 7 Navami
	357666151			<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 11:42AM then Amrita Yoga Until 1:18AM Sat then Marana Yoga					

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

**1 Saturday, June 11, 2011**  
 Kanya Rasi: 21.01    Tithi 10 – 11    367666151  
 Routine Work    Marana Yoga  
 Until 1.19AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

**Gulika** 5:20AM – 6:59AM    **Hasta** **Until 9:58AM**  
**Yama** 1:31PM – 3:10PM    **Variyan** **Until 3:12AM Sun**  
**Rahu** 8:37AM – 10:15AM    **Vanija** **Until 1:47AM Sun**  
**Dasami** **Until 2:43PM**

**Ganesha:** White    *Sunrise:* 5:20AM  
**Muruqa:** Red    *Sunset:* 6:26PM  
**Nataraja:** Purple  
 Moon – Green  
**Jyeshtha-Vaikasi**

Pyinmana, Myanmar    **Sun 24**    **Sutra 59**  
 Khara 5113  
 Moon 5 - Phase 8  
 4th Phase  
**Devaloka Day**

**2 Sunday, June 12, 2011**  
 Tula Rasi: 5.26    Tithi 11 – 12    367666151  
 Creative Work    Siddha Yoga  
 Until 1.19AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Chitra/Svati Nakshatra Parigha\* Yoga Visti\*/Bava Karana Ekadasi/Dvadasi Yam Titau

**Gulika** 3:10PM – 4:48PM    **Chitra** **Until 8:07AM**  
**Yama** 11:53AM – 1:32PM    **Parigha\*** **Until 11:56PM**  
**Rahu** 4:48PM – 6:26PM    **Bava** **Until 11:05PM**  
**Ekadasi** **Until 12:00PM**

**Ganesha:** White    *Sunrise:* 5:20AM  
**Muruqa:** Red    *Sunset:* 6:26PM  
**Nataraja:** Purple  
 Moon – Green  
**Jyeshtha-Vaikasi**

Pyinmana, Myanmar    **Sun 25**    **Sutra 60**  
 Khara 5113  
 Moon 5 - Phase 8  
 4th Phase  
**Devaloka Day**

**3 Monday, June 13, 2011**  
 Tula Rasi: 19.52    Tithi 12 – 13    367666151  
**Family Home Evening**  
 Creative Work    Amrita Yoga  
 Until 6:14AM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam  
 Svati/Visakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau

**Gulika** 1:32PM – 3:10PM    **Svati** **Until 6:14AM**  
**Yama** 10:15AM – 11:54AM    **Shiva** **Until 8:39PM**  
**Rahu** 6:59AM – 8:37AM    **Kaulava** **Until 8:22PM**  
**Dvadasi** **Until 9:17AM**  
*Pradosha Vrata*

**Ganesha:** White    *Sunrise:* 5:21AM  
**Muruqa:** Red    *Sunset:* 6:27PM  
**Nataraja:** Purple  
 Moon – Green  
**Jyeshtha-Vaikasi**

Pyinmana, Myanmar    **Sun 26**    **Sutra 61**  
 Khara 5113  
 Moon 5 - Phase 8  
 4th Phase  
**Devaloka Day**

**4 Tuesday, June 14, 2011**  
 Vrischika Rasi: 4.14    Tithi 13 – 14    378666151  
 Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam  
 Anuradha Nakshatra Siddha/Sadhya Yoga Tailita/Vanija Karana Trayodasi/Chaturdasi\* Yam Titau

**Gulika** 11:54AM – 1:32PM    **Anuradha** **Until 3:20AM Wed**  
**Yama** 8:37AM – 10:16AM    **Siddha** **Until 5:29PM**  
**Rahu** 3:10PM – 4:49PM    **Vanija** **Until 4:51AM Wed**  
**Trayodasi** **Until 6:42AM**

**Ganesha:** White    *Sunrise:* 5:21AM  
**Muruqa:** Red    *Sunset:* 6:27PM  
**Nataraja:** Purple  
 Moon – Orange  
**Jyeshtha-Vaikasi**

Pyinmana, Myanmar    **Sun 27**    **Sutra 62**  
 Khara 5113  
 Moon 5 - Phase 8  
 4th Phase  
**Subha Sivaloka Day**

**Wednesday, June 15, 2011**  
**Copper Retreat Star**  
 Vrischika Rasi: 18.26    Tithi 15    378666151  
 Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam  
 Jyeshtha\* Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Purnima\* Yam Titau

**Gulika** 10:16AM – 11:54AM    **Jyeshtha\*** **Until 1:50AM Thu**  
**Yama** 6:59AM – 8:37AM    **Sadhya** **Until 2:33PM**  
**Rahu** 11:54AM – 1:32PM    **Visti** **Until 3:28PM**  
**Purnima\*** **Until 2:33AM Thu**

**Ganesha:** White    *Sunrise:* 5:21AM  
**Muruqa:** Red    *Sunset:* 6:27PM  
**Nataraja:** Purple  
 Moon – Orange  
**Jyeshtha-Ani**

Pyinmana, Myanmar    **Sutra 63**  
 Khara 5113  
 Moon 5 - Phase 8  
 Purnima  
**Subha Sivaloka Day**

**Thursday, June 16, 2011**  
**Silver Retreat Star**  
 Dhanus Rasi: 2.23    Tithi 16    388666151  
 Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
 Mula\* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama\* Yam Titau

**Gulika** 8:38AM – 10:16AM    **Mula\*** **Until 12:45AM Fri**  
**Yama** 5:21AM – 6:59AM    **Subha** **Until 12:01PM**  
**Rahu** 1:32PM – 3:11PM    **Balava** **Until 1:36PM**  
**Prathama\*** **Until 12:41AM Fri**

**Ganesha:** Yellow    *Sunrise:* 5:21AM  
**Muruqa:** Red    *Sunset:* 6:27PM  
**Nataraja:** Purple  
 Moon – Light Blue  
**Jyeshtha-Ani**

Pyinmana, Myanmar    **Sutra 64**  
 Khara 5113  
 Moon 5 - Phase 8  
 Prathama  
**Sivaloka Day**





**Friday, June 17, 2011**  
**Gold Retreat Star**

Dhanus Rasi: 16.04      Tithi 17  
388766151  
Creative Work    Siddha Yoga  
Until 1.20AM Sat then Marana Yoga  
Until 1:35AM Sat then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiya Yam Titau  
**Gulika**    6:59AM – 8:38AM    **Purvashadha\* Until 1:35AM Sat**  
**Yama**       3:11PM – 4:49PM       Sukla Until 10:14AM  
**Rahu**       10:16AM – 11:54AM      Tailila Until 12:49PM  
**Dvitiya Until 12:49AM Sat**

Pyinmana, Myanmar  
**Sun 1      Sutra 65**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Devaloka Day**

**1 Saturday, June 18, 2011**

Dhanus Rasi: 29.23      Tithi 18  
388766151  
No Yoga  
Until 1.20AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visiti\* Karana Tritiya Yam Titau  
**Gulika**    5:21AM – 7:00AM    **Uttarashadha Until 1:35AM Sun**  
**Yama**       1:33PM – 3:11PM       Brahma Until 8:36AM  
**Rahu**       8:38AM – 10:16AM      Vanija Until 12:03PM  
**Tritiya Until 12:03AM Sun**

Pyinmana, Myanmar  
**Sun 2      Sutra 66**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Devaloka Day**

**2 Sunday, June 19, 2011**

Makara Rasi: 12.23      Tithi 19  
398766151  
Creative Work    Amrita Yoga  
Until 2:13AM Mon then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    3:11PM – 4:50PM    **Sravana Until 2:13AM Mon**  
**Yama**       11:55AM – 1:33PM      Indra Until 7:33AM  
**Rahu**       4:50PM – 6:28PM      Bava Until 11:59AM  
**Chaturthi\* Until 11:59PM**  
**Father's Day**

Pyinmana, Myanmar  
**Sun 3      Sutra 67**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Sivaloka Day**

**3 Monday, June 20, 2011**

Makara Rasi: 25.03      Tithi 20  
399766151  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 1.20AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Tailila Karana Panchami Yam Titau  
**Gulika**    1:33PM – 3:12PM    **Dhanishtha Until 5:13AM Tue**  
**Yama**       10:17AM – 11:55AM      Vaidhriti\* Until 7:08AM  
**Rahu**       7:00AM – 8:38AM      Kaulava Until 1:09PM  
**Panchami Until 2:14AM Tue**

Pyinmana, Myanmar  
**Sun 4      Sutra 68**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**4 Tuesday, June 21, 2011**

Kumbha Rasi: 7.27      Tithi 21  
399766151  
Routine Work    Marana Yoga  
Until 1.21AM Wed then Siddha Yoga  
Until 6:46AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    11:55AM – 1:34PM    **Satabhisha Until 6:46AM Wed**  
**Yama**       8:39AM – 10:17AM      Vishkambha\* Until 7:06AM  
**Rahu**       3:12PM – 4:50PM      Gara Until 2:22PM  
**Shasthi\* Until 3:28AM Wed**

Pyinmana, Myanmar  
**Sun 5      Sutra 69**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**5 Wednesday, June 22, 2011**

Kumbha Rasi: 19.37      Tithi 22  
399766151  
Creative Work    Siddha Yoga  
Until 6:46AM then Amrita Yoga  
Until 1.21AM Thu then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Priti/Ayushman Yoga Visiti\*/Bava Karana Sapthami Yam Titau  
**Gulika**    10:17AM – 11:55AM    **Satabhisha Until 6:46AM**  
**Yama**       7:00AM – 8:39AM       Priti Until 7:29AM  
**Rahu**       11:55AM – 1:34PM      Visiti Until 4:05PM  
**Sapthami Until 5:10AM Thu**

Pyinmana, Myanmar  
**Sun 6      Sutra 70**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**Thursday, June 23, 2011**  
**Retreat Star**

Meena Rasi: 1.38      Tithi 23  
319766151  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Ayushman/Saubhagya Yoga Balava Karana Ashtami\* Yam Titau  
**Gulika**    8:39AM – 10:17AM    **Purvaprostapada\* Until 9:24AM**  
**Yama**       5:22AM – 7:01AM       Ayushman Until 8:10AM  
**Rahu**       1:34PM – 3:12PM      Balava Until 6:07PM  
**Ashtami\* Until 7:16AM Fri**

Pyinmana, Myanmar  
**Sun 7      Sutra 71**  
Khara 5113  
Moon 6 - Phase 9  
Ashtami  
**Subha Sivaloka Day**

**Friday, June 24, 2011**  
**Retreat Star**

Meena Rasi: 13.34      Tithi 23 – 24  
319766151  
Creative Work    Siddha Yoga  
Until 1.21AM Sat then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada\*/Revali Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    7:01AM – 8:39AM    **Uttaraprostapada Until 12:12PM**  
**Yama**       3:13PM – 4:51PM       Saubhagya Until 9:00AM  
**Rahu**       10:18AM – 11:56AM      Tailila Until 8:22PM  
**Ashtami\* Until 7:16AM**

Pyinmana, Myanmar  
**Sun 8      Sutra 72**  
Khara 5113  
Moon 6 - Phase 9  
Navami  
**Subha Sivaloka Day**

<b>1</b>	<b>Saturday, June 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Pyinmana, Myanmar
	Meena Rasi: 25.28    Tithi 24 – 25 319766151	<b>Gulika</b> 5:23AM – 7:01AM <b>Yama</b> 1:34PM – 3:13PM <b>Rahu</b> 8:39AM – 10:18AM	<b>Revati Until 3:04PM</b> Sobhana Until 9:52AM Vanija Until 10:39PM <b>Navami* Until 9:34AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Clear <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:29PM	<b>Sun 9    Sutra 73</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Subha Sivaloka Day</b>


<b>2</b>	<b>Sunday, June 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Pyinmana, Myanmar
	Mesha Rasi: 7.25    Tithi 25 – 26 329766151	<b>Gulika</b> 3:13PM – 4:51PM <b>Yama</b> 11:56AM – 1:35PM <b>Rahu</b> 4:51PM – 6:30PM	<b>Asvini Until 5:50PM</b> Athiganda* Until 10:40AM Bava Until 12:51AM Mon <b>Dasami Until 11:45AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:30PM	<b>Sun 10    Sutra 74</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Monday, June 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Pyinmana, Myanmar
	Mesha Rasi: 19.29    Tithi 26 – 27 329766151	<b>Gulika</b> 1:35PM – 3:13PM <b>Yama</b> 10:18AM – 11:57AM <b>Rahu</b> 7:02AM – 8:40AM	<b>Bharani Until 8:22PM</b> Sukarma Until 11:15AM Kaulava Until 2:47AM Tue <b>Ekadasi* Until 1:42PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:30PM	<b>Sun 11    Sutra 75</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, June 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Pyinmana, Myanmar
	Wrishabha Rasi: 1.44    Tithi 27 – 28 321766151	<b>Gulika</b> 11:57AM – 1:35PM <b>Yama</b> 8:40AM – 10:18AM <b>Rahu</b> 3:13PM – 4:52PM	<b>Krittika Until 10:33PM</b> Dhriti Until 11:30AM Gara Until 2:28AM Wed <b>Dvadasi* Until 2:28PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:30PM	<b>Sun 12    Sutra 76</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>5</b>	<b>Wednesday, June 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Pyinmana, Myanmar
	Wrishabha Rasi: 14.13    Tithi 28 – 29 331776151	<b>Gulika</b> 10:19AM – 11:57AM <b>Yama</b> 7:02AM – 8:40AM <b>Rahu</b> 11:57AM – 1:35PM	<b>Rohini Until 10:51PM</b> Shula* Until 10:56AM Visti Until 3:25AM Thu <b>Trayodasi* Until 3:25PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:30PM	<b>Sun 13    Sutra 77</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>6</b>	<b>Thursday, June 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Ganda*/Vridhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Pyinmana, Myanmar
	Wrishabha Rasi: 26.59    Tithi 29 – 30 331776151	<b>Gulika</b> 8:41AM – 10:19AM <b>Yama</b> 5:24AM – 7:02AM <b>Rahu</b> 1:35PM – 3:14PM	<b>Mrigasira Until 11:53PM</b> Ganda* Until 10:16AM Catuspada Until 3:47AM Fri <b>Chaturdasi* Until 3:47PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:30PM	<b>Sun 14    Sutra 78</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

	<b>Friday, July 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Pyinmana, Myanmar
	<b>Retreat Star</b> Mithuna Rasi: 10.04    Tithi 30 – 1 331776151	<b>Gulika</b> 7:03AM – 8:41AM <b>Yama</b> 3:14PM – 4:52PM <b>Rahu</b> 10:19AM – 11:57AM	<b>Ardra Until 12:21AM Sat</b> Vridhi Until 9:04AM Kintughna Until 3:32AM Sat <b>Amavasya* Until 3:32PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:30PM	<b>Sun 15    Sutra 79</b> Khara 5113 Moon 6 - Phase 10 Amavasya <b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Saturday, July 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Pyinmana, Myanmar
	Mithuna Rasi: 23.26    Tithi 1 – 2 341776151	<b>Gulika</b> 5:25AM – 7:03AM <b>Yama</b> 1:36PM – 3:14PM <b>Rahu</b> 8:41AM – 10:19AM	<b>Punarvasu Until 10:57PM</b> Dhruva Until 7:15AM Balava Until 1:05AM Sun <b>Prathama* Until 2:00PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>	<i>Sunrise:</i> 5:25AM <i>Sunset:</i> 6:30PM	<b>Sun 16    Sutra 80</b> Khara 5113 Moon 6 - Phase 10 Prathama <b>Sivaloka Day</b>

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49


<b>1</b>	<b>Sunday, July 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Pyinmana, Myanmar	
	Kataka Rasi: 7.07	Tithi 2 - 3	341776151	<b>Gulika</b> 3:14PM - 4:52PM <b>Yama</b> 11:58AM - 1:36PM <b>Rahu</b> 4:52PM - 6:30PM	<b>Pushya Until 10:23PM</b> Harshana Until 2:31AM Mon Taitila Until 11:46PM <b>Dvitiya Until 12:41PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon - Blue <b>Ashada-Ani</b>
	Creative Work	Siddha Yoga				


<b>2</b>	<b>Monday, July 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Pyinmana, Myanmar	
	Kataka Rasi: 21.01	Tithi 3 - 4	341776151	<b>Gulika</b> 1:36PM - 3:14PM <b>Yama</b> 10:20AM - 11:58AM <b>Rahu</b> 7:03AM - 8:42AM	<b>Aslesha* Until 9:25PM</b> Vajra* Until 12:05AM Tue Vanija Until 10:01PM <b>Tritiya Until 10:56AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon - Blue <b>Ashada-Ani</b>
	Family Home Evening	Siddha Yoga				

<b>3</b>	<b>Tuesday, July 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Pyinmana, Myanmar	
	Simha Rasi: 5.05	Tithi 4 - 5	351776151	<b>Gulika</b> 11:58AM - 1:36PM <b>Yama</b> 8:42AM - 10:20AM <b>Rahu</b> 3:14PM - 4:52PM	<b>Magha* Until 8:08PM</b> Siddhi Until 9:23PM Bava Until 7:57PM <b>Chaturthi* Until 8:52AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon - Red <b>Ashada-Ani</b>
	Creative Work	Siddha Yoga				
	Until 1.24AM Wed then Amrita Yoga					

<b>4</b>	<b>Wednesday, July 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Vyatipata* Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau		Pyinmana, Myanmar	
	Simha Rasi: 19.16	Tithi 5 - 6	351776151	<b>Gulika</b> 10:20AM - 11:58AM <b>Yama</b> 7:04AM - 8:42AM <b>Rahu</b> 11:58AM - 1:36PM	<b>Purvaphalguni* Until 6:41PM</b> Vyatipata* Until 6:30PM Taitila Until 4:45AM Thu <b>Panchami Until 6:36AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon - Red <b>Ashada-Ani</b>
	Creative Work	Amrita Yoga				
	Until 1.24AM Thu then Prabalarishta Yoga					

<b>5</b>	<b>Thursday, July 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Pyinmana, Myanmar	
	Kanya Rasi: 3.3	Tithi 7	451776151	<b>Gulika</b> 8:42AM - 10:20AM <b>Yama</b> 5:26AM - 7:04AM <b>Rahu</b> 1:36PM - 3:14PM	<b>Uttaraphalguni Until 5:09PM</b> Variyan Until 3:32PM Gara Until 3:19PM <b>Saptami Until 2:24AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon - Red <b>Ashada-Ani</b>
	Routine Work	Prabalarishta Yoga				
	Until 5:09PM then no yoga					
	Until 1.24AM Fri then Amrita Yoga					

	<b>Friday, July 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Pyinmana, Myanmar	
	Kanya Rasi: 17.44	Tithi 8	461776151	<b>Gulika</b> 7:05AM - 8:43AM <b>Yama</b> 3:15PM - 4:53PM <b>Rahu</b> 10:21AM - 11:59AM	<b>Hasta Until 3:37PM</b> Parigha* Until 12:34PM Visti Until 12:57PM <b>Ashtami* Until 12:02AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon - Green <b>Ashada-Ani</b>
	Creative Work	Amrita Yoga				
	Until 3:37PM then Siddha Yoga					
	Until 1.24AM Sat then Marana Yoga					

	<b>Saturday, July 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navami* Yam Titau		Pyinmana, Myanmar	
	Tula Rasi: 1.55	Tithi 9	462776151	<b>Gulika</b> 5:27AM - 7:05AM <b>Yama</b> 1:37PM - 3:15PM <b>Rahu</b> 8:43AM - 10:21AM	<b>Chitra Until 2:08PM</b> Shiva Until 9:40AM Balava Until 10:40AM <b>Navami* Until 9:44PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon - Green <b>Ashada-Ani</b>
	Routine Work	Marana Yoga				
	Until 2:08PM then Siddha Yoga					


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishṇa Yajur Veda, Maitu 3.2. UpH, 418

<b>1</b>	<b>Sunday, July 10, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dasami Yam Titau		Pyinmana, Myanmar
					<b>Sun 24 Sutra 88</b> Khara 5113
Tula Rasi: 16.03	Tithi 10	462776151	<b>Gulika</b> 3:15PM – 4:53PM <b>Yama</b> 11:59AM – 1:37PM <b>Rahu</b> 4:53PM – 6:30PM	<b>Svati Until 12:46PM</b> Siddha Until 6:52AM Taitila Until 8:29AM <b>Dasami Until 7:34PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada*Ani</b>
Creative Work Siddha Yoga Until 12:46PM then Marana Yoga					<b>Sivaloka Day</b>

<b>2</b>	<b>Monday, July 11, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Vanija/Bava Karana Ekadasi/Dvadasi Yam Titau		Pyinmana, Myanmar
					<b>Sun 25 Sutra 89</b> Khara 5113
Vrischika Rasi: 0.05	Tithi 11 – 12	472876151	<b>Gulika</b> 1:37PM – 3:15PM <b>Yama</b> 10:21AM – 11:59AM <b>Rahu</b> 7:05AM – 8:43AM	<b>Visakha Until 11:33AM</b> Subha Until 1:33AM Tue Vanija Until 6:29AM <b>Ekadasi Until 5:34PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>
Family Home Evening Routine Work Marana Yoga Until 11:33AM then Siddha Yoga					<b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, July 12, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Pyinmana, Myanmar
					<b>Sun 26 Sutra 90</b> Khara 5113
Vrischika Rasi: 14	Tithi 12 – 13	472876151	<b>Gulika</b> 11:59AM – 1:37PM <b>Yama</b> 8:43AM – 10:21AM <b>Rahu</b> 3:15PM – 4:53PM	<b>Anuradha Until 10:34AM</b> Sukla Until 11:06PM Kaulava Until 2:53AM Wed <b>Dvadasi Until 3:48PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>
Creative Work Siddha Yoga					<b>Sivaloka Day</b>

<b>4</b>	<b>Wednesday, July 13, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Pyinmana, Myanmar
					<b>Sun 27 Sutra 91</b> Khara 5113
Vrischika Rasi: 27.46	Tithi 13 – 14	472876151	<b>Gulika</b> 10:21AM – 11:59AM <b>Yama</b> 7:06AM – 8:44AM <b>Rahu</b> 11:59AM – 1:37PM	<b>Jyeshtha* Until 9:51AM</b> Brahma Until 8:54PM Gara Until 1:24AM Thu <b>Trayodasi Until 2:19PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>
Creative Work Siddha Yoga Until 9:51AM then Marana Yoga Until 1:25AM Thu then Siddha Yoga					<b>Sivaloka Day</b>

	<b>Thursday, July 14, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Pyinmana, Myanmar
	<b>Copper Retreat Star</b>				<b>Sutra 92</b> Khara 5113
Dhanus Rasi: 11.19	Tithi 14 – 15	482876151	<b>Gulika</b> 8:44AM – 10:22AM <b>Yama</b> 5:29AM – 7:06AM <b>Rahu</b> 1:37PM – 3:15PM	<b>Mula* Until 9:44AM</b> Indra Until 7:57PM Visti Until 1:49AM Fri <b>Chaturdasi* Until 1:49PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada*Ani</b>
Creative Work Siddha Yoga			<b>Satguru Purnima</b>		<b>Subha Sivaloka Day</b>

	<b>Friday, July 15, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Pyinmana, Myanmar
	<b>Silver Retreat Star</b>				<b>Sutra 93</b> Khara 5113
Dhanus Rasi: 24.38	Tithi 15 – 16	482876151	<b>Gulika</b> 7:06AM – 8:44AM <b>Yama</b> 3:15PM – 4:52PM <b>Rahu</b> 10:22AM – 11:59AM	<b>Purvashadha* Until 9:44AM</b> Vaidhriti* Until 6:19PM Balava Until 1:03AM Sat <b>Purnima* Until 1:03PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada*Ani</b>
Creative Work Siddha Yoga Until 1:25AM Sat then no yoga					<b>Subha Sivaloka Day</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



**Saturday, July 16, 2011**  
**Gold Retreat Star**

Makara Rasi: 7.43    Titthi 16 – 17  
482876151  
No Yoga  
Until 10:12AM then Siddha Yoga  
Until 1.25AM Sun then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika** 5:29AM – 7:07AM  
**Yama** 1:37PM – 3:15PM  
**Rahu** 8:44AM – 10:22AM

**Uttarashadha** Until 10:12AM  
**Vishkambha\*** Until 5:07PM  
**Taitila** Until 12:48AM Sun  
**Prathama\*** Until 12:48PM

Pyinmana, Myanmar  
**Sutra 94**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Subha Sivaloka Day**

**Ganesha:** White    *Sunrise:* 5:29AM  
**Muruqa:** Yellow    *Sunset:* 6:30PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Ashada-Ani**

**1**

**Sunday, July 17, 2011**

Makara Rasi: 20.32    Titthi 17 – 18  
492876152  
Creative Work    Amrita Yoga  
Until 11:09AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 3:15PM – 4:52PM  
**Yama** 12:00PM – 1:37PM  
**Rahu** 4:52PM – 6:30PM

**Sravana** Until 11:09AM  
**Priti** Until 4:22PM  
**Vanija** Until 1:04AM Mon  
**Dvitiya** Until 1:04PM

Pyinmana, Myanmar  
**Sun 1    Sutra 95**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**Ganesha:** Clear    *Sunrise:* 5:29AM  
**Muruqa:** Yellow    *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

**2**

**Monday, July 18, 2011**

Kumbha Rasi: 3.07    Titthi 18 – 19  
492876152  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 1.25AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 1:37PM – 3:15PM  
**Yama** 10:22AM – 12:00PM  
**Rahu** 7:07AM – 8:45AM

**Dhanishtha** Until 1:07PM  
**Ayushman** Until 4:49PM  
**Bava** Until 3:39AM Tue  
**Tritiya** Until 2:34PM

Pyinmana, Myanmar  
**Sun 2    Sutra 96**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**Ganesha:** Clear    *Sunrise:* 5:30AM  
**Muruqa:** Yellow    *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

**3**

**Tuesday, July 19, 2011**

Kumbha Rasi: 15.27    Titthi 19 – 20  
492876152  
Routine Work    Marana Yoga  
Until 1.25AM Wed then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 12:00PM – 1:37PM  
**Yama** 8:45AM – 10:22AM  
**Rahu** 3:15PM – 4:52PM

**Satabhisha** Until 3:06PM  
**Saubhagya** Until 4:53PM  
**Kaulava** Until 5:00AM Wed  
**Chaturthi\*** Until 3:54PM

Pyinmana, Myanmar  
**Sun 3    Sutra 97**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**Ganesha:** Clear    *Sunrise:* 5:30AM  
**Muruqa:** Yellow    *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

**4**

**Wednesday, July 20, 2011**

Kumbha Rasi: 27.35    Titthi 20 – 21  
412876152  
Creative Work    Amrita Yoga  
Until 5:29PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 10:23AM – 12:00PM  
**Yama** 7:08AM – 8:45AM  
**Rahu** 12:00PM – 1:37PM

**Purvaprostapada\*** Until 5:29PM  
**Sobhana** Until 5:19PM  
**Gara** Until 6:46AM Thu  
**Panchami** Until 5:40PM

Pyinmana, Myanmar  
**Sun 4    Sutra 98**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**Ganesha:** Yellow    *Sunrise:* 5:30AM  
**Muruqa:** Yellow    *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

**5**

**Thursday, July 21, 2011**

Meena Rasi: 10    Titthi 21  
412876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika** 8:45AM – 10:23AM  
**Yama** 5:31AM – 7:08AM  
**Rahu** 1:37PM – 3:15PM

**Uttaraprostapada** Until 8:09PM  
**Athiganda\*** Until 6:01PM  
**Gara** Until 6:39AM  
**Shasthi\*** Until 7:45PM

Pyinmana, Myanmar  
**Sun 5    Sutra 99**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**Ganesha:** Yellow    *Sunrise:* 5:31AM  
**Muruqa:** Yellow    *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

**6**

**Friday, July 22, 2011**

Meena Rasi: 21.31    Titthi 22  
413876152  
Creative Work    Siddha Yoga  
Until 10:59PM then Amrita Yoga  
Until 1.25AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika** 7:08AM – 8:46AM  
**Yama** 3:14PM – 4:52PM  
**Rahu** 10:23AM – 12:00PM

**Revati** Until 10:59PM  
**Sukarma** Until 6:52PM  
**Visti** Until 8:56AM  
**Saptami** Until 10:01PM

Pyinmana, Myanmar  
**Sun 6    Sutra 100**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** White    *Sunrise:* 5:31AM  
**Muruqa:** Yellow    *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

**Retreat Star**

**Saturday, July 23, 2011**

Mesha Rasi: 3.24    Titthi 23  
423876152  
Creative Work    Siddha Yoga  
Until 1:52AM Sun then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam  
Asvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika** 5:31AM – 7:09AM  
**Yama** 1:37PM – 3:14PM  
**Rahu** 8:46AM – 10:23AM

**Asvini** Until 1:52AM Sun  
**Dhriti** Until 7:47PM  
**Balava** Until 11:15AM  
**Ashtami\*** Until 12:20AM Sun

Pyinmana, Myanmar  
**Sun 7    Sutra 101**  
Khara 5113  
Moon 7 - Phase 13  
Ashtami

**Devaloka Day**

**Ganesha:** Yellow    *Sunrise:* 5:31AM  
**Muruqa:** Yellow    *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

**Sunday, July 24, 2011**

**Retreat Star**

Mesha Rasi: 15.2    Titthi 24  
423876152  
No Yoga  
Until 1.26AM Mon then Siddha Yoga  
Until 4:40AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Shula\* Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika** 3:14PM – 4:51PM  
**Yama** 12:00PM – 1:37PM  
**Rahu** 4:51PM – 6:28PM



**Bharani** Until 4:40AM Mon  
**Shula\*** Until 8:35PM  
**Taitila** Until 1:28PM  
**Navami\*** Until 2:34AM Mon

Pyinmana, Myanmar  
**Sun 8    Sutra 102**  
Khara 5113  
Moon 7 - Phase 13  
Navami

**Devaloka Day**

**Ganesha:** Yellow    *Sunrise:* 5:32AM  
**Muruqa:** Yellow    *Sunset:* 6:28PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

<b>1</b>	<b>Monday, July 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau		Pyinmana, Myanmar
	Mesha Rasi: 27.24      Tithi 25 Family Home Evening No Yoga Until 1.26AM Tue then Siddha Yoga Until 6:36AM Tue then Amrita Yoga	423876152	<b>Gulika</b> 1:37PM – 3:14PM <b>Yama</b> 10:23AM – 12:00PM <b>Rahu</b> 7:09AM – 8:46AM	<b>Krittika Until 6:36AM Tue</b> Ganda* Until 9:10PM Vanija Until 3:25PM Dasami Until 4:30AM Tue	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:28PM <b>Nataraja:</b> Clear Moon – White <b>Ashada*Adi</b>
<b>2</b>	<b>Tuesday, July 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau		Pyinmana, Myanmar
	Wrishabha Rasi: 9.41      Tithi 26 Creative Work      Siddha Yoga Until 6:36AM then Amrita Yoga Until 1.26AM Wed then Siddha Yoga	423876152	<b>Gulika</b> 12:00PM – 1:37PM <b>Yama</b> 8:46AM – 10:23AM <b>Rahu</b> 3:14PM – 4:51PM	<b>Krittika Until 6:36AM</b> Vriddhi Until 8:16PM Bava Until 3:59PM Ekadasi* Until 3:59AM Wed	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:28PM <b>Nataraja:</b> Clear Moon – White <b>Ashada*Adi</b>
<b>3</b>	<b>Wednesday, July 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Pyinmana, Myanmar
	Wrishabha Rasi: 22.14      Tithi 27 Creative Work      Siddha Yoga Until 1.26AM Thu then Marana Yoga	433876152	<b>Gulika</b> 10:23AM – 12:00PM <b>Yama</b> 7:09AM – 8:46AM <b>Rahu</b> 12:00PM – 1:37PM	<b>Rohini Until 8:01AM</b> Dhruva Until 7:57PM Kaulava Until 4:47PM Dvadasi* Until 4:47AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>
<b>4</b>	<b>Thursday, July 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Pyinmana, Myanmar
	Mithuna Rasi: 5.09      Tithi 28 Routine Work      Marana Yoga Until 1.26AM Fri then Siddha Yoga	433876152	<b>Gulika</b> 8:46AM – 10:23AM <b>Yama</b> 5:33AM – 7:10AM <b>Rahu</b> 1:37PM – 3:14PM	<b>Mrigasira Until 8:48AM</b> Vyaghata* Until 7:02PM Gara Until 4:52PM Trayodasi* Until 4:52AM Fri <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>
<b>5</b>	<b>Friday, July 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Pyinmana, Myanmar
	Mithuna Rasi: 18.27      Tithi 29 Creative Work      Siddha Yoga Until 1.26AM Sat then Marana Yoga	433876152	<b>Gulika</b> 7:10AM – 8:47AM <b>Yama</b> 3:13PM – 4:50PM <b>Rahu</b> 10:23AM – 12:00PM	<b>Ardra Until 8:39AM</b> Harshana Until 4:41PM Visti Until 3:23PM Chaturdasi* Until 2:28AM Sat	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>
	<b>Saturday, July 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Pyinmana, Myanmar
	<b>Retreat Star</b> Kataka Rasi: 2.09      Tithi 30 Routine Work      Marana Yoga Until 8:02AM then Siddha Yoga	443876152	<b>Gulika</b> 5:33AM – 7:10AM <b>Yama</b> 1:37PM – 3:13PM <b>Rahu</b> 8:47AM – 10:23AM	<b>Punarvasu Until 8:02AM</b> Vajra* Until 2:34PM Catuspada Until 2:01PM Amavasya* Until 1:06AM Sun	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Clear Moon – Blue <b>Ashada*Adi</b>
	<b>Sunday, July 31, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Pyinmana, Myanmar
	<b>Retreat Star</b> Kataka Rasi: 16.13      Tithi 1 Creative Work      Siddha Yoga	443876152	<b>Gulika</b> 3:13PM – 4:50PM <b>Yama</b> 12:00PM – 1:36PM <b>Rahu</b> 4:50PM – 6:26PM	<b>Pushya Until 6:47AM</b> Siddhi Until 11:53AM Kintughna Until 11:59AM Prathama* Until 11:04PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Adi</b>

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

<b>1</b>	<b>Monday, August 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyatipata/Variyan Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Pyinmana, Myanmar
	Simha Rasi: 0.33      Tithi 2 Family Home Evening      453876152 Creative Work      Siddha Yoga	<b>Gulika</b> 1:36PM – 3:13PM <b>Yama</b> 10:23AM – 12:00PM <b>Rahu</b> 7:11AM – 8:47AM	<b>Magha* Until 2:28AM Tue</b> Vyatipata* Until 8:45AM Balava Until 9:11AM <b>Dvitiya Until 7:28PM</b>

**Ganesha:** Blue      *Sunrise:* 5:34AM  
**Muruqa:** Yellow      *Sunset:* 6:26PM  
**Nataraja:** Clear  
Moon – Red  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Tuesday, August 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthi* Yam Titau	Pyinmana, Myanmar
	Simha Rasi: 15.04      Tithi 3 – 4 Creative Work      Siddha Yoga Until 12:33AM Wed then Amrita Yoga	<b>Gulika</b> 12:00PM – 1:36PM <b>Yama</b> 8:47AM – 10:23AM <b>Rahu</b> 3:13PM – 4:49PM	<b>Purvaphalguni* Until 12:33AM Wed</b> Parigha* Until 1:21AM Wed Tailila Until 6:30AM <b>Tritiya Until 4:47PM</b>

**Ganesha:** Blue      *Sunrise:* 5:34AM  
**Muruqa:** Yellow      *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Red  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Wednesday, August 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Pyinmana, Myanmar
	Simha Rasi: 29.4      Tithi 4 – 5 Creative Work      Amrita Yoga Until 10:32PM then Siddha Yoga Until 1.25AM Thu then no yoga	<b>Gulika</b> 10:23AM – 12:00PM <b>Yama</b> 7:11AM – 8:47AM <b>Rahu</b> 12:00PM – 1:36PM	<b>Uttaraphalguni Until 10:32PM</b> Shiva Until 10:01PM Bava Until 12:15AM Thu <b>Chaturthi* Until 1:58PM</b>

**Nag Panchami**

**Ganesha:** Blue      *Sunrise:* 5:35AM  
**Muruqa:** Yellow      *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Red  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Thursday, August 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasia Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Pyinmana, Myanmar
	Kanya Rasi: 14.14      Tithi 5 – 6 No Yoga Until 9:36PM then Siddha Yoga	<b>Gulika</b> 8:47AM – 10:23AM <b>Yama</b> 5:35AM – 7:11AM <b>Rahu</b> 1:36PM – 3:12PM	<b>Hasta Until 9:36PM</b> Siddha Until 7:35PM Kaulava Until 10:42PM <b>Panchami Until 11:37AM</b>

**Ganesha:** Yellow      *Sunrise:* 5:35AM  
**Muruqa:** Yellow      *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Green  
**Sravana-Adi**

**Devaloka Day**

<b>5</b>	<b>Friday, August 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Pyinmana, Myanmar
	Kanya Rasi: 28.4      Tithi 6 – 7 Creative Work      Siddha Yoga	<b>Gulika</b> 7:11AM – 8:47AM <b>Yama</b> 3:12PM – 4:48PM <b>Rahu</b> 10:23AM – 12:00PM	<b>Chitra Until 7:43PM</b> Sadhya Until 4:18PM Gara Until 7:58PM <b>Shasthi* Until 8:53AM</b>

**Ganesha:** Yellow      *Sunrise:* 5:35AM  
**Muruqa:** Yellow      *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Green  
**Sravana-Adi**

**Devaloka Day**

<b>D</b>	<b>Saturday, August 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Bava Karana Saptami/Ashtami* Yam Titau	Pyinmana, Myanmar
	<b>Retreat Star</b> Tula Rasi: 12.55      Tithi 7 – 8 Creative Work      Siddha Yoga Until 1.25AM Sun then Marana Yoga	<b>Gulika</b> 5:35AM – 7:11AM <b>Yama</b> 1:35PM – 3:12PM <b>Rahu</b> 8:47AM – 10:23AM	<b>Svati Until 6:09PM</b> Subha Until 1:18PM Bava Until 4:40AM Sun <b>Saptami Until 6:30AM</b>

**Ganesha:** Yellow      *Sunrise:* 5:35AM  
**Muruqa:** Yellow      *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Green  
**Sravana-Adi**

**Devaloka Day**

<b>S</b>	<b>Sunday, August 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Pyinmana, Myanmar
	<b>Retreat Star</b> Tula Rasi: 26.56      Tithi 9 Routine Work      Marana Yoga Until 1.25AM Mon then Siddha Yoga	<b>Gulika</b> 3:11PM – 4:47PM <b>Yama</b> 11:59AM – 1:35PM <b>Rahu</b> 4:47PM – 6:23PM	<b>Visakha Until 4:57PM</b> Sukla Until 10:39AM Balava Until 3:36PM <b>Navami* Until 2:41AM Mon</b>

**Ganesha:** White      *Sunrise:* 5:36AM  
**Muruqa:** Yellow      *Sunset:* 6:23PM  
**Nataraja:** Clear  
Moon – Orange  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

<b>1</b>	<b>Monday, August 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau		Pyinmana, Myanmar
	Vrischika Rasi: 10.44      Tilthi 10	<b>Gulika</b> 1:35PM – 3:11PM <b>Anuradha Until 4:09PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:36AM	<b>Sun 23      Sutra 117</b> Khara 5113
	<b>Family Home Evening</b> 474976152	<b>Yama</b> 10:23AM – 11:59AM <b>Brahma Until 8:23AM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:23PM	Moon 7 - Phase 16
	Creative Work      Siddha Yoga	<b>Rahu</b> 7:12AM – 8:48AM <b>Taitila Until 2:03PM</b>	<b>Nataraja:</b> Clear Moon – Orange	4th Phase
		<b>Dasami Until 1:08AM Tue</b>	<b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Tuesday, August 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Pyinmana, Myanmar
	Vrischika Rasi: 24.19      Tilthi 11	<b>Gulika</b> 11:59AM – 1:35PM <b>Jyeshtha* Until 4:30PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:36AM	<b>Sun 24      Sutra 118</b> Khara 5113
	<b>Family Home Evening</b> 474976152	<b>Yama</b> 8:48AM – 10:23AM <b>Indra Until 6:30AM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:22PM	Moon 7 - Phase 16
	Creative Work      Siddha Yoga	<b>Rahu</b> 3:11PM – 4:46PM <b>Vanija Until 1:30PM</b>	<b>Nataraja:</b> Clear Moon – Orange	4th Phase
	Until 4:30PM then Amrita Yoga	<b>Ekadasi Until 1:30AM Wed</b>	<b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Until 1.25AM Wed then Marana Yoga			

<b>3</b>	<b>Wednesday, August 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau		Pyinmana, Myanmar
	Dhanus Rasi: 7.4      Tilthi 12	<b>Gulika</b> 10:23AM – 11:59AM <b>Mula* Until 4:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:36AM	<b>Sun 25      Sutra 119</b> Khara 5113
	<b>Family Home Evening</b> 484976152	<b>Yama</b> 7:12AM – 8:48AM <b>Vishkambha* Until 3:40AM Thu</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:22PM	Moon 7 - Phase 16
	Routine Work      Marana Yoga	<b>Rahu</b> 11:59AM – 1:35PM <b>Bava Until 12:42PM</b>	<b>Nataraja:</b> Clear Moon – Light Blue	4th Phase
	Until 4:27PM then Amrita Yoga	<b>Dvadasi Until 12:42AM Thu</b>	<b>Sravana-Adi</b>	<b>Devaloka Day</b>
	Until 1.24AM Thu then Siddha Yoga			

<b>4</b>	<b>Thursday, August 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Pyinmana, Myanmar
	Dhanus Rasi: 20.5      Tilthi 13	<b>Gulika</b> 8:48AM – 10:23AM <b>Purvashadha* Until 4:47PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:37AM	<b>Sun 26      Sutra 120</b> Khara 5113
	<b>Family Home Evening</b> 484976152	<b>Yama</b> 5:37AM – 7:12AM <b>Priti Until 2:19AM Fri</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:21PM	Moon 7 - Phase 16
	Creative Work      Siddha Yoga	<b>Rahu</b> 1:34PM – 3:10PM <b>Kaulava Until 12:19PM</b>	<b>Nataraja:</b> Clear Moon – Light Blue	4th Phase
		<b>Trayodasi Until 12:19AM Fri</b>	<b>Sravana-Adi</b>	<b>Devaloka Day</b>
		<i>Pradosha Vrata</i>		

<b>5</b>	<b>Friday, August 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Pyinmana, Myanmar
	Makara Rasi: 3.47      Tilthi 14	<b>Gulika</b> 7:12AM – 8:48AM <b>Uttarashadha Until 5:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:37AM	<b>Sun 27      Sutra 121</b> Khara 5113
	<b>Family Home Evening</b> 484976152	<b>Yama</b> 3:10PM – 4:45PM <b>Ayushman Until 1:19AM Sat</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM	Moon 7 - Phase 16
	Creative Work      Siddha Yoga	<b>Rahu</b> 10:23AM – 11:59AM <b>Gara Until 12:18PM</b>	<b>Nataraja:</b> Clear Moon – Light Blue	4th Phase
		<b>Chaturdasi* Until 12:18AM Sat</b>	<b>Sravana-Adi</b>	<b>Devaloka Day</b>

<b>○</b>	<b>Saturday, August 13, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Sravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau		Pyinmana, Myanmar
	<b>Copper Retreat Star</b>	<b>Gulika</b> 5:37AM – 7:12AM <b>Sravana Until 6:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:37AM	<b>Sun 27      Sutra 122</b> Khara 5113
	Makara Rasi: 16.34      Tilthi 15	<b>Yama</b> 1:34PM – 3:09PM <b>Saubhagya Until 12:39AM Sun</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:20PM	Moon 7 - Phase 16
	<b>Family Home Evening</b> 494976152	<b>Rahu</b> 8:48AM – 10:23AM <b>Visti Until 12:42PM</b>	<b>Nataraja:</b> Clear Moon – Purple	Purnima
	Creative Work      Siddha Yoga	<b>Raksha Bandhan</b>	<b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>○</b>	<b>Sunday, August 14, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Pyinmana, Myanmar
	<b>Silver Retreat Star</b>	<b>Gulika</b> 3:09PM – 4:44PM <b>Dhanishtha Until 9:04PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:37AM	<b>Sun 28      Sutra 123</b> Khara 5113
	Makara Rasi: 29.08      Tilthi 16	<b>Yama</b> 11:58AM – 1:34PM <b>Sobhana Until 1:42AM Mon</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:19PM	Moon 7 - Phase 16
	<b>Family Home Evening</b> 494976152	<b>Rahu</b> 4:44PM – 6:19PM <b>Balava Until 2:08PM</b>	<b>Nataraja:</b> Clear Moon – Purple	Prathama
	Creative Work      Siddha Yoga	<b>Prathama* Until 3:14AM Mon</b>	<b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634





**Monday, August 15, 2011**  
**Gold Retreat Star**

Kumbha Rasi: 11.31      Tithi 17  
**Family Home Evening**      494976152  
Creative Work      Siddha Yoga  
Until 10:57PM then no yoga  
Until 1.24AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha Nakshatra Athiganda\* Yoga Tailila/Gara Karana Dvitiya Yam Titau

**Gulika**      1:33PM – 3:08PM      **Satabhisha Until 10:57PM**  
**Yama**      10:23AM – 11:58AM      **Athiganda\* Until 1:40AM Tue**  
**Rahu**      7:13AM – 8:48AM      **Taitila Until 3:23PM**  
**Dvitiya Until 4:28AM Tue**

Pyinmana, Myanmar  
**Sun 1 Sutra 124**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Purple      *Sunrise:* 5:37AM  
**Muruqa:** Yellow      *Sunset:* 6:19PM  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Adi**

**1**

**Tuesday, August 16, 2011**

Kumbha Rasi: 23.44      Tithi 18  
414976152  
Routine Work      Marana Yoga  
Until 1:11AM Wed then Amrita Yoga  
Until 1.23AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**      11:58AM – 1:33PM      **Purvaprostapada\* Until 1:11AM Wed**  
**Yama**      8:48AM – 10:23AM      **Sukarma Until 1:57AM Wed**  
**Rahu**      3:08PM – 4:43PM      **Vanija Until 5:00PM**  
**Tritiya Until 6:05AM Wed**

Pyinmana, Myanmar  
**Sun 2 Sutra 125**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** White      *Sunrise:* 5:38AM  
**Muruqa:** Yellow      *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Adi**

**2**

**Wednesday, August 17, 2011**

Meena Rasi: 5.49      Tithi 19  
414976152  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada Nakshatra Dhriti Yoga Bava Karana Chaturthi\* Yam Titau

**Gulika**      10:23AM – 11:58AM      **Uttaraprostapada Until 3:43AM Thu**  
**Yama**      7:13AM – 8:48AM      **Dhriti Until 2:31AM Thu**  
**Rahu**      11:58AM – 1:33PM      **Bava Until 6:57PM**  
**Chaturthi\* Until 8:04AM Thu**

Pyinmana, Myanmar  
**Sun 3 Sutra 126**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** White      *Sunrise:* 5:38AM  
**Muruqa:** Yellow      *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

**3**

**Thursday, August 18, 2011**

Meena Rasi: 17.46      Tithi 19 – 20  
515976152  
Creative Work      Siddha Yoga  
Until 6:44AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**      8:48AM – 10:23AM      **Revati Until 6:44AM Fri**  
**Yama**      5:38AM – 7:13AM      **Shula\* Until 3:18AM Fri**  
**Rahu**      1:32PM – 3:07PM      **Kaulava Until 9:09PM**  
**Chaturthi\* Until 8:04AM**

Pyinmana, Myanmar  
**Sun 4 Sutra 127**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**

**Ganesha:** Purple      *Sunrise:* 5:38AM  
**Muruqa:** Yellow      *Sunset:* 6:17PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

**4**

**Friday, August 19, 2011**

Meena Rasi: 29.38      Tithi 20 – 21  
515976152  
Creative Work      Siddha Yoga  
Until 6:44AM then Amrita Yoga  
Until 1.23AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Asvini Nakshatra Ganda\* Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**      7:13AM – 8:48AM      **Revati Until 6:44AM**  
**Yama**      3:07PM – 4:42PM      **Ganda\* Until 4:13AM Sat**  
**Rahu**      10:23AM – 11:57AM      **Gara Until 11:32PM**  
**Panchami Until 10:26AM**

Pyinmana, Myanmar  
**Sun 5 Sutra 128**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**

**Ganesha:** Purple      *Sunrise:* 5:38AM  
**Muruqa:** Yellow      *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

**5**

**Saturday, August 20, 2011**

Mesha Rasi: 11.29      Tithi 21 – 22  
525976152  
Creative Work      Siddha Yoga  
Until 1.23AM Sun then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Asvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**      5:38AM – 7:13AM      **Asvini Until 9:42AM**  
**Yama**      1:32PM – 3:06PM      **Vriddhi Until 5:11AM Sun**  
**Rahu**      8:48AM – 10:22AM      **Visti Until 1:57AM Sun**  
**Shasthi\* Until 12:52PM**

Pyinmana, Myanmar  
**Sun 6 Sutra 129**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 5:38AM  
**Muruqa:** Yellow      *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

**6**

**Sunday, August 21, 2011**

Mesha Rasi: 23.23      Tithi 22 – 23  
525976152  
No Yoga  
Until 12:35PM then Siddha Yoga  
Until 1.22AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**      3:06PM – 4:40PM      **Bharani Until 12:35PM**  
**Yama**      11:57AM – 1:31PM      **Dhruva Until 6:05AM Mon**  
**Rahu**      4:40PM – 6:15PM      **Balava Until 4:17AM Mon**  
**Saptami Until 3:11PM**

Pyinmana, Myanmar  
**Sun 7 Sutra 130**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 5:39AM  
**Muruqa:** Yellow      *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**



**Monday, August 22, 2011**  
**Retreat Star**

Vrishabha Rasi: 5.24      Tithi 23 – 24  
**Family Home Evening**      525976152  
No Yoga  
Until 3:11PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**      1:31PM – 3:05PM      **Krittika Until 3:11PM**  
**Yama**      10:22AM – 11:57AM      **Dhruva Until 6:05AM**  
**Rahu**      7:13AM – 8:48AM      **Taitila Until 6:20AM Tue**  
**Ashtami\* Until 5:14PM**

Pyinmana, Myanmar  
**Sun 8 Sutra 131**  
Khara 5113  
Moon 8 - Phase 17  
Ashtami

**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 5:39AM  
**Muruqa:** Yellow      *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

**Tuesday, August 23, 2011**

**Retreat Star**

Vrishabha Rasi: 17.39      Tithi 24  
535976152  
Creative Work      Amrita Yoga  
Until 4:30PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Vyaghata\*/Harshana Yoga Gara Karana Navami\* Yam Titau

**Gulika**      11:56AM – 1:31PM      **Rohini Until 4:30PM**  
**Yama**      8:48AM – 10:22AM      **Vyaghata\* Until 6:17AM**  
**Rahu**      3:05PM – 4:39PM      **Gara Until 5:44AM Wed**  
**Navami\* Until 5:44PM**

Pyinmana, Myanmar  
**Sun 9 Sutra 132**  
Khara 5113  
Moon 8 - Phase 17  
Navami

**Sivaloka Day**

**Ganesha:** White      *Sunrise:* 5:39AM  
**Muruqa:** Yellow      *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Yellow  
**Sravana-Avani**


Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda, Brihadu 1.5.16. UpH, 89

<b>1</b>	<b>Wednesday, August 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Vajra* Yoga Vanija/Visti* Karana Dasami Yam Titau	Pinyinmana, Myanmar
	Mithuna Rasi: 0.12      Tithi 25 535976152	<b>Gulika</b> 10:22AM – 11:56AM <b>Yama</b> 7:13AM – 8:48AM <b>Rahu</b> 11:56AM – 1:30PM	<b>Sun 10 Sutra 133</b> Khara 5113 Moon 8 - Phase 18 2nd Phase
Creative Work    Siddha Yoga Until 1.22AM Thu then Marana Yoga		<b>Mrigasira Until 5:56PM</b> Vajra* Until 4:50AM Thu Vanija Until 6:34AM <b>Dasami Until 6:34PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>
<b>Sivaloka Day</b>			

<b>2</b>	<b>Thursday, August 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Siddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau	Pinyinmana, Myanmar
	Mithuna Rasi: 13.09      Tithi 26 535976152	<b>Gulika</b> 8:48AM – 10:22AM <b>Yama</b> 5:39AM – 7:13AM <b>Rahu</b> 1:30PM – 3:04PM	<b>Sun 11 Sutra 134</b> Khara 5113 Moon 8 - Phase 18 2nd Phase
Routine Work    Marana Yoga Until 6:39PM then Amrita Yoga Until 1.21AM Fri then Siddha Yoga		<b>Ardra Until 6:39PM</b> Siddhi Until 3:51AM Fri Bava Until 6:36AM <b>Ekadasi* Until 6:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>
<b>Sivaloka Day</b>			

<b>3</b>	<b>Friday, August 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Pinyinmana, Myanmar
	Mithuna Rasi: 26.32      Tithi 27 – 28 545976152	<b>Gulika</b> 7:13AM – 8:47AM <b>Yama</b> 3:04PM – 4:38PM <b>Rahu</b> 10:21AM – 11:55AM	<b>Sun 12 Sutra 135</b> Khara 5113 Moon 8 - Phase 18 2nd Phase
Creative Work    Siddha Yoga Until 5:39PM then Marana Yoga Until 1.21AM Sat then Siddha Yoga		<b>Punarvasu Until 5:39PM</b> Vyatipata* Until 12:45AM Sat Gara Until 3:55AM Sat <b>Dvadasi* Until 4:51PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Avani</b>
<b>Devaloka Day</b>			

<b>4</b>	<b>Saturday, August 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Pinyinmana, Myanmar
	Kataka Rasi: 10.23      Tithi 28 – 29 546976152	<b>Gulika</b> 5:40AM – 7:13AM <b>Yama</b> 1:29PM – 3:03PM <b>Rahu</b> 8:47AM – 10:21AM	<b>Sun 13 Sutra 136</b> Khara 5113 Moon 8 - Phase 18 2nd Phase
Creative Work    Siddha Yoga Until 4:45PM then Marana Yoga Until 1.21AM Sun then Siddha Yoga		<b>Pushya Until 4:45PM</b> Variyan Until 10:22PM Visti Until 2:16AM Sun <b>Trayodasi* Until 3:12PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:11PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Avani</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			

	<b>Sunday, August 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Pinyinmana, Myanmar
	<b>Retreat Star</b> Kataka Rasi: 24.41      Tithi 29 – 30 546976153	<b>Gulika</b> 3:02PM – 4:36PM <b>Yama</b> 11:55AM – 1:29PM <b>Rahu</b> 4:36PM – 6:10PM	<b>Sun 14 Sutra 137</b> Khara 5113 Moon 8 - Phase 18 Amavasya
Creative Work    Siddha Yoga Until 2:30PM then Marana Yoga Until 1.20AM Mon then Siddha Yoga		<b>Aslesha* Until 2:30PM</b> Parigha* Until 6:27PM Catuspada Until 10:33PM <b>Chaturdasi* Until 12:15PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:10PM <b>Nataraja:</b> White Moon – Blue <b>Sravana*Avani</b>
<b>Devaloka Day</b>			

<b>Monday, August 29, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Pinyinmana, Myanmar
	Simha Rasi: 9.2      Tithi 30 – 1 <b>Family Home Evening</b> 556976153	<b>Gulika</b> 1:28PM – 3:02PM <b>Yama</b> 10:21AM – 11:55AM <b>Rahu</b> 7:14AM – 8:47AM	<b>Sun 15 Sutra 138</b> Khara 5113 Moon 8 - Phase 18 Prathama
Creative Work    Siddha Yoga		<b>Magha* Until 12:23PM</b> Shiva Until 3:02PM Kintughna Until 7:39PM <b>Amavasya* Until 9:22AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:09PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada*Avani</b>
<b>Devaloka Day</b>			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

<b>1</b>	<b>Tuesday, August 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama*/Dvitiya Yam Titau		Pyinmana, Myanmar
	Simha Rasi: 24.14	Tithi 1 – 2	566176153		Sun 16 Sutra 139 Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 11:54AM – 1:28PM	<b>Purvaphalguni* Until 9:53AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM
	Until 9:53AM then Amrita Yoga		<b>Yama</b> 8:47AM – 10:21AM	Siddha Until 11:14AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:09PM
			<b>Rahu</b> 3:01PM – 4:35PM	Kaulava Until 2:37AM Wed	<b>Nataraja:</b> White
				<b>Prathama* Until 6:03AM</b>	Moon – Red
					<b>Devaloka Day</b>
					<b>Bhadrapada*Avani</b>

<b>2</b>	<b>Wednesday, August 31, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau		Pyinmana, Myanmar
	Kanya Rasi: 9.14	Tithi 3	566176153		Sun 17 Sutra 140 Khara 5113
	Creative Work Amrita Yoga		<b>Gulika</b> 10:21AM – 11:54AM	<b>Uttaraphalguni Until 7:13AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM
	Until 7:13AM then Siddha Yoga		<b>Yama</b> 7:14AM – 8:47AM	Sadhya Until 7:17AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:08PM
	Until 1.20AM Thu then no yoga		<b>Rahu</b> 11:54AM – 1:27PM	Taitila Until 12:52PM	<b>Nataraja:</b> White
				<b>Tritiya Until 11:09PM</b>	Moon – Red
					<b>Devaloka Day</b>
					<b>Bhadrapada*Avani</b>

<b>3</b>	<b>Thursday, September 1, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Pyinmana, Myanmar
	Kanya Rasi: 24.11	Tithi 4	566176153		Sun 18 Sutra 141 Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 8:47AM – 10:20AM	<b>Chitra Until 1:59AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM
			<b>Yama</b> 5:40AM – 7:14AM	Sukla Until 11:26PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:07PM
			<b>Rahu</b> 1:27PM – 3:00PM	Vanija Until 9:29AM	<b>Nataraja:</b> White
				<b>Chaturthi* Until 7:46PM</b>	Moon – Green
					<b>Devaloka Day</b>
			<b>Ganesha Chaturthi</b>		<b>Bhadrapada*Avani</b>

<b>4</b>	<b>Friday, September 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Kaulava Karana Panchami/Shasthi* Yam Titau		Pyinmana, Myanmar
	Tula Rasi: 8.56	Tithi 5 – 6	566176153		Sun 19 Sutra 142 Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 7:14AM – 8:47AM	<b>Svati Until 12:59AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM
	Until 12:59AM Sat then Marana Yoga		<b>Yama</b> 3:00PM – 4:33PM	Brahma Until 8:46PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:06PM
	Until 1.19AM Sat then Siddha Yoga		<b>Rahu</b> 10:20AM – 11:53AM	Bava Until 6:27AM	<b>Nataraja:</b> White
				<b>Panchami Until 5:31PM</b>	Moon – Green
					<b>Devaloka Day</b>
					<b>Bhadrapada*Avani</b>

<b>5</b>	<b>Saturday, September 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Pyinmana, Myanmar
	Tula Rasi: 23.24	Tithi 6 – 7	577176153		Sun 20 Sutra 143 Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 5:40AM – 7:14AM	<b>Visakha Until 11:02PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM
	Until 1.19AM Sun then Marana Yoga		<b>Yama</b> 1:26PM – 2:59PM	Indra Until 5:24PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:06PM
			<b>Rahu</b> 8:47AM – 10:20AM	Gara Until 1:50AM Sun	<b>Nataraja:</b> White
				<b>Shasthi* Until 2:45PM</b>	Moon – Orange
					<b>Subha Sivaloka Day</b>
					<b>Bhadrapada*Avani</b>

<b>D</b>	<b>Sunday, September 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Pyinmana, Myanmar
	<b>Retreat Star</b>				Sun 21 Sutra 144 Khara 5113
	Vrischika Rasi: 7.31	Tithi 7 – 8	577176153		Moon 8 - Phase 19
	Routine Work Marana Yoga		<b>Gulika</b> 2:59PM – 4:32PM	<b>Anuradha Until 9:41PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:41AM
	Until 1.18AM Mon then Siddha Yoga		<b>Yama</b> 11:53AM – 1:26PM	Vaidhriti* Until 2:36PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:05PM
			<b>Rahu</b> 4:32PM – 6:05PM	Visti Until 11:42PM	<b>Nataraja:</b> White
				<b>Saptami Until 12:38PM</b>	Moon – Orange
					<b>Subha Sivaloka Day</b>
					<b>Bhadrapada*Avani</b>

<b>Monday, September 5, 2011</b>	<b>Retreat Star</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Pyinmana, Myanmar
					Sun 22 Sutra 145 Khara 5113
	Vrischika Rasi: 21.17	Tithi 8 – 9	577176153		Moon 8 - Phase 19
	<b>Family Home Evening</b>		<b>Gulika</b> 1:25PM – 2:58PM	<b>Jyeshtha* Until 10:06PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:41AM
	Creative Work Siddha Yoga		<b>Yama</b> 10:19AM – 11:52AM	Vishkambha* Until 12:49PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:04PM
	Until 1.18AM Tue then Amrita Yoga		<b>Rahu</b> 7:14AM – 8:47AM	Balava Until 11:36PM	<b>Nataraja:</b> White
				<b>Ashtami* Until 11:36AM</b>	Moon – Orange
					<b>Subha Sivaloka Day</b>
					<b>Bhadrapada*Avani</b>

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

<b>1</b>	<b>Tuesday, September 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Pyinmana, Myanmar
	Dhanus Rasi: 4.42    Tithi 9 – 10 587176153	<b>Gulika</b> 11:52AM – 1:25PM <b>Yama</b> 8:46AM – 10:19AM <b>Rahu</b> 2:58PM – 4:30PM	<b>Sun 23 Sutra 146</b> Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work    Amrita Yoga Until 9:56PM then Siddha Yoga Until 1.18AM Wed then Amrita Yoga		<b>Mula* Until 9:56PM</b> Priti Until 11:00AM Taitila Until 10:42PM <b>Navami* Until 10:42AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:03PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
<b>Sivaloka Day</b>			

<b>2</b>	<b>Wednesday, September 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Pyinmana, Myanmar
	Dhanus Rasi: 17.49    Tithi 10 – 11 587176153	<b>Gulika</b> 10:19AM – 11:52AM <b>Yama</b> 7:14AM – 8:46AM <b>Rahu</b> 11:52AM – 1:24PM	<b>Sun 24 Sutra 147</b> Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work    Amrita Yoga Until 1.17AM Thu then Siddha Yoga		<b>Purvashadha* Until 10:21PM</b> Ayushman Until 9:43AM Vanija Until 10:24PM <b>Dasami Until 10:24AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:02PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
<b>Sivaloka Day</b>			

<b>3</b>	<b>Thursday, September 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Pyinmana, Myanmar
	Makara Rasi: 0.41    Tithi 11 – 12 587176153	<b>Gulika</b> 8:46AM – 10:19AM <b>Yama</b> 5:41AM – 7:14AM <b>Rahu</b> 1:24PM – 2:57PM	<b>Sun 25 Sutra 148</b> Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work    Siddha Yoga		<b>Uttarashadha Until 11:13PM</b> Saubhagya Until 8:52AM Bava Until 10:37PM <b>Ekadasi Until 10:37AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:02PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
<b>Sivaloka Day</b>			

<b>4</b>	<b>Friday, September 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Pyinmana, Myanmar
	Makara Rasi: 13.2    Tithi 12 – 13 597176153	<b>Gulika</b> 7:14AM – 8:46AM <b>Yama</b> 2:56PM – 4:28PM <b>Rahu</b> 10:19AM – 11:51AM	<b>Sun 26 Sutra 149</b> Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work    Siddha Yoga		<b>Sravana Until 2:01AM Sat</b> Sobhana Until 8:33AM Kaulava Until 11:16PM <b>Dvadasi Until 11:16AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:01PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
<b>Subha Sivaloka Day</b>			
<i>Pradosha Vrata</i>			

<b>5</b>	<b>Saturday, September 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Pyinmana, Myanmar
	Makara Rasi: 25.49    Tithi 13 – 14 598176153	<b>Gulika</b> 5:41AM – 7:14AM <b>Yama</b> 1:23PM – 2:55PM <b>Rahu</b> 8:46AM – 10:18AM	<b>Sun 27 Sutra 150</b> Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work    Siddha Yoga		<b>Dhanishtha Until 3:43AM Sun</b> Athiganda* Until 8:20AM Gara Until 1:54AM Sun <b>Trayodasi Until 12:49PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:00PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
<b>Sivaloka Day</b>			
<b>Chidambaram Abhishekam</b>			

<b>○</b>	<b>Sunday, September 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Pyinmana, Myanmar
	Kumbha Rasi: 8.08    Tithi 14 – 15 598176153	<b>Gulika</b> 2:55PM – 4:27PM <b>Yama</b> 11:50AM – 1:23PM <b>Rahu</b> 4:27PM – 5:59PM	<b>Sun 28 Sutra 151</b> Khara 5113 Moon 8 - Phase 20 Purnima
Creative Work    Siddha Yoga Until 5:44AM Mon then no yoga		<b>Satabhisha Until 5:44AM Mon</b> Sukarma Until 8:24AM Visti Until 3:19AM Mon <b>Chaturdasi* Until 2:13PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:59PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
<b>Sivaloka Day</b>			
<b>Grandparent's Day</b>			

<b>○</b>	<b>Monday, September 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Pyinmana, Myanmar
	Kumbha Rasi: 20.2    Tithi 15 – 16 518186153	<b>Gulika</b> 1:22PM – 2:54PM <b>Yama</b> 10:18AM – 11:50AM <b>Rahu</b> 7:14AM – 8:46AM	<b>Sun 29 Sutra 152</b> Khara 5113 Moon 8 - Phase 20 Prathama
Family Home Evening No Yoga Until 1.16AM Tue then Marana Yoga Until 7:51AM Tue then Amrita Yoga		<b>Purvaprostapada* Until 7:51AM Tue</b> Dhriti Until 8:42AM Balava Until 5:00AM Tue <b>Purnima* Until 3:55PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM <b>Nataraja:</b> White Moon – Clear <b>Bhadrapada*Avani</b>
<b>Subha Sivaloka Day</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



**Tuesday, September 13, 2011**  
**Gold Retreat Star**

Meena Rasi: 2.25    Tihti 16 – 17  
518186153  
Routine Work    Marana Yoga  
Until 7:51AM then Amrita Yoga  
Until 1.15AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    11:50AM – 1:22PM    **Purvaprostapada\* Until 7:51AM**  
**Yama**       8:46AM – 10:18AM    **Shula\* Until 9:13AM**  
**Rahu**       2:54PM – 4:26PM       **Taitila Until 6:57AM Wed**  
**Prathama\* Until 5:52PM**

Pyinmana, Myanmar  
**Sutra 153**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Subha Sivaloka Day**

**Ganesha:** Yellow    *Sunrise:* 5:42AM  
**Muruqa:** White    *Sunset:* 5:58PM  
**Nataraja:** White  
Moon – Clear  
**Bhadrapada\*Avani**

**1**

**Wednesday, September 14, 2011**

Meena Rasi: 14.23    Tihti 17  
518186153  
Creative Work    Siddha Yoga  
Until 10:34AM then Marana Yoga  
Until 1.15AM Thu then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada\*/Revati Nakshatra Ganda\*/Vridhhi Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**       10:17AM – 11:49AM    **Uttaraprostapada Until 10:34AM**  
**Yama**       7:14AM – 8:45AM       **Ganda\* Until 9:56AM**  
**Rahu**       11:49AM – 1:21PM       **Taitila Until 6:57AM**  
**Dvitiya Until 8:03PM**

Pyinmana, Myanmar  
**Sun 1 Sutra 154**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Subha Sivaloka Day**

**Ganesha:** Yellow    *Sunrise:* 5:42AM  
**Muruqa:** White    *Sunset:* 5:57PM  
**Nataraja:** White  
Moon – Clear  
**Bhadrapada\*Avani**

**2**

**Thursday, September 15, 2011**

Meena Rasi: 26.16    Tihti 18  
518186153  
Creative Work    Siddha Yoga  
Until 1:28PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Asvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**       8:45AM – 10:17AM    **Revati Until 1:28PM**  
**Yama**       5:42AM – 7:14AM       **Vridhhi Until 10:48AM**  
**Rahu**       1:21PM – 2:52PM       **Vanija Until 9:19AM**  
**Tritiya Until 10:25PM**

Pyinmana, Myanmar  
**Sun 2 Sutra 155**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Subha Sivaloka Day**

**Ganesha:** Yellow    *Sunrise:* 5:42AM  
**Muruqa:** White    *Sunset:* 5:56PM  
**Nataraja:** White  
Moon – Clear  
**Bhadrapada\*Avani**

**3**

**Friday, September 16, 2011**

Mesha Rasi: 8.06    Tihti 19  
529186153  
Creative Work    Amrita Yoga  
Until 4:27PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**       7:14AM – 8:45AM       **Asvini Until 4:27PM**  
**Yama**       2:52PM – 4:24PM       **Dhruva Until 11:46AM**  
**Rahu**       10:17AM – 11:49AM    **Bava Until 11:49AM**  
**Chaturthi\* Until 12:54AM Sat**

Pyinmana, Myanmar  
**Sun 3 Sutra 156**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Subha Sivaloka Day**

**Ganesha:** Red       *Sunrise:* 5:42AM  
**Muruqa:** White    *Sunset:* 5:55PM  
**Nataraja:** White  
Moon – White  
**Bhadrapada\*Avani**

**4**

**Saturday, September 17, 2011**

Mesha Rasi: 19.56    Tihti 20  
529186153  
Creative Work    Siddha Yoga  
Until 7:28PM then Amrita Yoga  
Until 1.14AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**       5:42AM – 7:14AM       **Bharani Until 7:28PM**  
**Yama**       1:20PM – 2:51PM       **Vyaghata\* Until 12:46PM**  
**Rahu**       8:45AM – 10:17AM    **Kaulava Until 2:19PM**  
**Panchami Until 3:25AM Sun**

Pyinmana, Myanmar  
**Sun 4 Sutra 157**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Subha Sivaloka Day**

**Ganesha:** Red       *Sunrise:* 5:42AM  
**Muruqa:** White    *Sunset:* 5:54PM  
**Nataraja:** White  
Moon – White  
**Bhadrapada\*Puratasi**

**5**

**Sunday, September 18, 2011**

Vrishabha Rasi: 1.48    Tihti 21  
529186153  
Creative Work    Siddha Yoga  
Until 1.13AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**       2:51PM – 4:22PM       **Krittika Until 10:24PM**  
**Yama**       11:48AM – 1:19PM       **Harshana Until 1:39PM**  
**Rahu**       4:22PM – 5:54PM       **Gara Until 4:43PM**  
**Shasthi\* Until 5:49AM Mon**

Pyinmana, Myanmar  
**Sun 5 Sutra 158**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Subha Sivaloka Day**

**Ganesha:** Red       *Sunrise:* 5:42AM  
**Muruqa:** White    *Sunset:* 5:54PM  
**Nataraja:** White  
Moon – White  
**Bhadrapada\*Puratasi**

**6**

**Monday, September 19, 2011**

Vrishabha Rasi: 13.48    Tihti 22  
539186153  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 1.13AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Visti\* Karana Saptami Yam Titau  
**Gulika**       1:19PM – 2:50PM       **Rohini Until 1:04AM Tue**  
**Yama**       10:16AM – 11:47AM    **Vajra\* Until 2:19PM**  
**Rahu**       7:14AM – 8:45AM       **Visti Until 6:52PM**  
**Saptami Until 7:21AM Tue**

Pyinmana, Myanmar  
**Sun 6 Sutra 159**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Subha Subha Sivaloka Day**

**Ganesha:** Green    *Sunrise:* 5:42AM  
**Muruqa:** White    *Sunset:* 5:53PM  
**Nataraja:** White  
Moon – Yellow  
**Bhadrapada\*Puratasi**



**Tuesday, September 20, 2011**  
**Retreat Star**

Vrishabha Rasi: 26    Tihti 22 – 23  
539186153  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**       11:47AM – 1:18PM    **Mrigasira Until 3:20AM Wed**  
**Yama**       8:45AM – 10:16AM    **Siddhi Until 2:37PM**  
**Rahu**       2:50PM – 4:21PM       **Balava Until 7:21PM**  
**Saptami Until 7:21AM**

Pyinmana, Myanmar  
**Sun 7 Sutra 160**  
Khara 5113  
Moon 9 - Phase 21  
Ashtami

**Subha Subha Sivaloka Day**

**Ganesha:** Green    *Sunrise:* 5:42AM  
**Muruqa:** White    *Sunset:* 5:52PM  
**Nataraja:** White  
Moon – Yellow  
**Bhadrapada\*Puratasi**

**Wednesday, September 21, 2011**

**Retreat Star**

Mithuna Rasi: 8.3    Tihti 23 – 24  
539186153  
Creative Work    Siddha Yoga  
Until 1.12AM Thu then Marana Yoga  
Until 3:14AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**       10:16AM – 11:47AM    **Ardra Until 3:14AM Thu**  
**Yama**       7:14AM – 8:45AM       **Vyatipata\* Until 1:45PM**  
**Rahu**       11:47AM – 1:18PM    **Taitila Until 8:18PM**  
**Ashtami\* Until 8:18AM**

Pyinmana, Myanmar  
**Sun 8 Sutra 161**  
Khara 5113  
Moon 9 - Phase 21  
Navami

**Subha Subha Sivaloka Day**

**Ganesha:** Green    *Sunrise:* 5:42AM  
**Muruqa:** White    *Sunset:* 5:51PM  
**Nataraja:** White  
Moon – Yellow  
**Bhadrapada\*Puratasi**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192


<b>1</b>	<b>Thursday, September 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Pyinmana, Myanmar
	Mithuna Rasi: 21.23    Tithi 24 – 25 549186153	<b>Gulika</b> 8:44AM – 10:15AM <b>Yama</b> 5:43AM – 7:13AM <b>Rahu</b> 1:17PM – 2:48PM	<b>Punarvasu Until 4:04AM Fri</b> Variyan Until 12:51PM Vanija Until 8:29PM <b>Navami* Until 8:29AM</b>	<b>Sun 9 Sutra 162</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
	Creative Work    Amrita Yoga Until 1.12AM Fri then Siddha Yoga Until 4:04AM Fri then Marana Yoga		<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:50PM <b>Nataraja:</b> White Moon – Blue <b>Bhadrapada*Puratasi</b>	<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Friday, September 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau		Pyinmana, Myanmar
	Kataka Rasi: 4.43    Tithi 25 – 26 549286153	<b>Gulika</b> 7:13AM – 8:44AM <b>Yama</b> 2:48PM – 4:19PM <b>Rahu</b> 10:15AM – 11:46AM	<b>Pushya Until 2:29AM Sat</b> Parigha* Until 10:49AM Bava Until 6:42PM <b>Dasami Until 7:38AM</b>	<b>Sun 10 Sutra 163</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
	Routine Work    Marana Yoga Until 1.12AM Sat then Siddha Yoga Until 2:29AM Sat then Marana Yoga		<b>Ganesha:</b> Green <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:50PM <b>Nataraja:</b> White Moon – Blue <b>Bhadrapada*Puratasi</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, September 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Shiva/Siddha Yoga Balava/Taitila Karana Ekadasi*/Dvadasi* Yam Titau		Pyinmana, Myanmar
	Kataka Rasi: 18.34    Tithi 26 – 27 541286153	<b>Gulika</b> 5:43AM – 7:13AM <b>Yama</b> 1:16PM – 2:47PM <b>Rahu</b> 8:44AM – 10:15AM	<b>Aslesha* Until 1:37AM Sun</b> Shiva Until 8:27AM Taitila Until 4:12AM Sun <b>Ekadasi* Until 6:03AM</b>	<b>Sun 11 Sutra 164</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
	Routine Work    Marana Yoga Until 1.11AM Sun then Siddha Yoga Until 1:37AM Sun then Marana Yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:49PM <b>Nataraja:</b> White Moon – Blue <b>Bhadrapada*Puratasi</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Sunday, September 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Pyinmana, Myanmar
	Simha Rasi: 2.53    Tithi 28 551286153	<b>Gulika</b> 2:47PM – 4:17PM <b>Yama</b> 11:45AM – 1:16PM <b>Rahu</b> 4:17PM – 5:48PM	<b>Magha* Until 10:43PM</b> Sadhya Until 1:20AM Mon Gara Until 2:01PM <b>Trayodasi* Until 12:19AM Mon</b> <i>Pradosha Vrata (Fasting)</i>	<b>Sun 12 Sutra 165</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
	Routine Work    Marana Yoga Until 10:43PM then Siddha Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:48PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada*Puratasi</b>	<b>Sivaloka Day</b>

<b>5</b>	<b>Monday, September 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Pyinmana, Myanmar
	Simha Rasi: 17.38    Tithi 29 551286153	<b>Gulika</b> 1:16PM – 2:46PM <b>Yama</b> 10:15AM – 11:45AM <b>Rahu</b> 7:13AM – 8:44AM	<b>Purvaphalguni* Until 8:28PM</b> Subha Until 9:45PM Visti Until 11:00AM <b>Chaturdasi* Until 9:17PM</b>	<b>Sun 13 Sutra 166</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
	Family Home Evening Creative Work    Siddha Yoga Until 8:28PM then Marana Yoga Until 1.11AM Tue then Amrita Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:47PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada*Puratasi</b>	<b>Sivaloka Day</b>

	<b>Tuesday, September 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Pyinmana, Myanmar
	Kanya Rasi: 2.41    Tithi 30 – 1 551286153	<b>Gulika</b> 11:45AM – 1:15PM <b>Yama</b> 8:44AM – 10:14AM <b>Rahu</b> 2:45PM – 4:16PM	<b>Uttaraphalguni Until 5:42PM</b> Sukla Until 5:41PM Catuspada Until 7:26AM <b>Amavasya* Until 5:43PM</b>	<b>Sun 14 Sutra 167</b> Khara 5113 Moon 9 - Phase 22 Amavasya
	Retreat Star Creative Work    Amrita Yoga Until 5:42PM then Siddha Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:46PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada*Puratasi</b>	<b>Sivaloka Day</b>

	<b>Wednesday, September 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Pyinmana, Myanmar
	Kanya Rasi: 17.55    Tithi 1 – 2 661286153	<b>Gulika</b> 10:14AM – 11:44AM <b>Yama</b> 7:13AM – 8:44AM <b>Rahu</b> 11:44AM – 1:15PM	<b>Hasta Until 2:40PM</b> Brahma Until 1:23PM Balava Until 12:09AM Thu <b>Prathama* Until 1:52PM</b>	<b>Sun 15 Sutra 168</b> Khara 5113 Moon 9 - Phase 22 Prathama
	Retreat Star Creative Work    Siddha Yoga	<b>Navaratri Begins</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:46PM <b>Nataraja:</b> White Moon – Green <b>Ashvina*Puratasi</b>	<b>Sivaloka Day</b>

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM


<b>1</b>	<b>Thursday, September 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Pyinmana, Myanmar
	Tula Rasi: 3.08      Tithi 2 – 3 661286153	<b>Gulika</b> 8:44AM – 10:14AM <b>Yama</b> 5:43AM – 7:14AM <b>Rahu</b> 1:14PM – 2:44PM	<b>Chitra Until 11:39AM</b> Indra Until 9:05AM Taitila Until 8:19PM <b>Dvitiya Until 10:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:45PM <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>
	Creative Work Siddha Yoga Until 11:39AM then Amrita Yoga Until 1.10AM Fri then Siddha Yoga			Sun 16 Sutra 169 Khara 5113 Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>


<b>2</b>	<b>Friday, September 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Vishkambha* Yoga Gara/Visti* Karana Tritiya/Chaturthi* Yam Titau		Pyinmana, Myanmar
	Tula Rasi: 18.11      Tithi 3 – 4 661286153	<b>Gulika</b> 7:14AM – 8:44AM <b>Yama</b> 2:44PM – 4:14PM <b>Rahu</b> 10:14AM – 11:44AM	<b>Svati Until 8:55AM</b> Vishkambha* Until 1:02AM Sat Visti Until 3:03AM Sat <b>Tritiya Until 6:29AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:44PM <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>
	Creative Work Siddha Yoga Until 8:55AM then Marana Yoga Until 1.09AM Sat then Siddha Yoga			Sun 17 Sutra 170 Khara 5113 Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, October 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Visakha/Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau		Pyinmana, Myanmar
	Vrischika Rasi: 2.55      Tithi 5 671286153	<b>Gulika</b> 5:44AM – 7:14AM <b>Yama</b> 1:13PM – 2:43PM <b>Rahu</b> 8:43AM – 10:13AM	<b>Visakha Until 6:42AM</b> Priti Until 10:29PM Bava Until 2:21PM <b>Panchami Until 1:26AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> White <i>Sunset:</i> 5:43PM <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>
	Creative Work Siddha Yoga Until 1.09AM Sun then Marana Yoga			Sun 18 Sutra 171 Khara 5113 Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Sunday, October 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Pyinmana, Myanmar
	Vrischika Rasi: 17.16      Tithi 6 671286153	<b>Gulika</b> 2:43PM – 4:13PM <b>Yama</b> 11:43AM – 1:13PM <b>Rahu</b> 4:13PM – 5:42PM	<b>Jyeshtha* Until 3:50AM Mon</b> Ayushman Until 7:17PM Kaulava Until 11:51AM <b>Shasthi* Until 10:55PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> White <i>Sunset:</i> 5:42PM <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>
	Routine Work Marana Yoga Until 1.09AM Mon then Siddha Yoga			Sun 19 Sutra 172 Khara 5113 Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>

<b>5</b>	<b>Monday, October 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptami Yam Titau		Pyinmana, Myanmar
	Dhanus Rasi: 1.1      Tithi 7 681286153	<b>Gulika</b> 1:12PM – 2:42PM <b>Yama</b> 10:13AM – 11:43AM <b>Rahu</b> 7:14AM – 8:43AM	<b>Mula* Until 4:28AM Tue</b> Saubhagya Until 5:35PM Gara Until 10:30AM <b>Saptami Until 10:30PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> White <i>Sunset:</i> 5:42PM <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>
	Family Home Evening Creative Work Siddha Yoga Until 1.08AM Tue then Amrita Yoga Until 4:28AM Tue then Siddha Yoga			Sun 20 Sutra 173 Khara 5113 Moon 9 - Phase 23 3rd Phase <b>Subha Sivaloka Day</b>

	<b>Tuesday, October 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau		Pyinmana, Myanmar
	<b>Retreat Star</b> Dhanus Rasi: 14.37      Tithi 8 681286153	<b>Gulika</b> 11:42AM – 1:12PM <b>Yama</b> 8:43AM – 10:13AM <b>Rahu</b> 2:42PM – 4:11PM	<b>Purvashadha* Until 4:14AM Wed</b> Sobhana Until 3:41PM Visti Until 9:33AM <b>Ashtami* Until 9:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> White <i>Sunset:</i> 5:41PM <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>
	Creative Work Siddha Yoga Until 1.08AM Wed then Amrita Yoga			Sun 21 Sutra 174 Khara 5113 Moon 9 - Phase 23 Ashtami <b>Subha Sivaloka Day</b>

	<b>Wednesday, October 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navami* Yam Titau		Pyinmana, Myanmar
	<b>Retreat Star</b> Dhanus Rasi: 27.41      Tithi 9 682286153	<b>Gulika</b> 10:13AM – 11:42AM <b>Yama</b> 7:14AM – 8:43AM <b>Rahu</b> 11:42AM – 1:12PM	<b>Uttarashadha Until 4:44AM Thu</b> Athiganda* Until 2:27PM Balava Until 9:24AM <b>Navami* Until 9:24PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> White <i>Sunset:</i> 5:40PM <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>
	Creative Work Amrita Yoga Until 1.08AM Thu then Siddha Yoga			Sun 22 Sutra 175 Khara 5113 Moon 9 - Phase 23 Navami <b>Subha Sivaloka Day</b>

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

<b>1</b>	<b>Thursday, October 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Tailita/Gara Karana Dasami Yam Titau		Pyinmana, Myanmar
	Makara Rasi: 10.25      Tilthi 10 692286153	<b>Gulika</b> 8:43AM – 10:12AM <b>Yama</b> 5:44AM – 7:14AM <b>Rahu</b> 1:11PM – 2:41PM	<b>Sravana Until 6:52AM Fri</b> Sukarma Until 2:23PM Tailita Until 10:15AM <b>Dasami Until 11:20PM</b>	<b>Sun 23 Sutra 176</b> Khara 5113 Moon 9 - Phase 24 4th Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga		<b>Ganesha:</b> Green <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> White <i>Sunset:</i> 5:39PM <b>Nataraja:</b> White Moon – Purple <b>Ashvina•Puratasi</b>	

<b>2</b>	<b>Friday, October 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visiti* Karana Ekadasi Yam Titau		Pyinmana, Myanmar
	Makara Rasi: 22.54      Tilthi 11 692286153	<b>Gulika</b> 7:14AM – 8:43AM <b>Yama</b> 2:40PM – 4:09PM <b>Rahu</b> 10:12AM – 11:42AM	<b>Sravana Until 6:52AM</b> Dhriti Until 2:09PM Vanija Until 11:22AM <b>Ekadasi Until 12:27AM Sat</b>	<b>Sun 24 Sutra 177</b> Khara 5113 Moon 9 - Phase 24 4th Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga	<b>Vijaya Dasami</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> White <i>Sunset:</i> 5:39PM <b>Nataraja:</b> White Moon – Purple <b>Ashvina•Puratasi</b>	

<b>3</b>	<b>Saturday, October 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 5.11      Tilthi 12 692286154	<b>Gulika</b> 5:45AM – 7:14AM <b>Yama</b> 1:10PM – 2:40PM <b>Rahu</b> 8:43AM – 10:12AM	<b>Dhanishtha Until 8:58AM</b> Shula* Until 2:16PM Bava Until 12:54PM <b>Dvadasi Until 1:59AM Sun</b>	<b>Sun 25 Sutra 178</b> Khara 5113 Moon 9 - Phase 24 4th Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 8:58AM then Amrita Yoga Until 1:07AM Sun then Siddha Yoga	<b>Kadaitswami Mahasamadhi</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> White <i>Sunset:</i> 5:38PM <b>Nataraja:</b> Yellow Moon – Purple <b>Ashvina•Puratasi</b>	

<b>4</b>	<b>Sunday, October 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Tailita Karana Trayodasi Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 17.19      Tilthi 13 692286154	<b>Gulika</b> 2:39PM – 4:08PM <b>Yama</b> 11:41AM – 1:10PM <b>Rahu</b> 4:08PM – 5:37PM	<b>Satabhisha Until 11:22AM</b> Ganda* Until 2:39PM Kaulava Until 2:45PM <b>Trayodasi Until 3:50AM Mon</b> <i>Pradosha Vrata</i>	<b>Sun 26 Sutra 179</b> Khara 5113 Moon 9 - Phase 24 4th Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 1:07AM Mon then no yoga		<b>Ganesha:</b> Green <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> White <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Yellow Moon – Purple <b>Ashvina•Puratasi</b>	

<b>5</b>	<b>Monday, October 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 29.21      Tilthi 14 <b>Family Home Evening</b> 612286154 No Yoga	<b>Gulika</b> 1:10PM – 2:39PM <b>Yama</b> 10:12AM – 11:41AM <b>Rahu</b> 7:14AM – 8:43AM	<b>Purvaprostapada* Until 1:58PM</b> Vridhi Until 3:14PM Gara Until 4:50PM <b>Chaturdasi* Until 5:55AM Tue</b>	<b>Sun 27 Sutra 180</b> Khara 5113 Moon 9 - Phase 24 4th Phase <b>Devaloka Day</b>
	Until 1:58PM then Siddha Yoga Until 1:06AM Tue then Amrita Yoga	<b>Chidambaram Abhishekam</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> White <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>	

<b>○</b>	<b>Tuesday, October 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visiti* Karana Purnima* Yam Titau		Pyinmana, Myanmar
	Meena Rasi: 11.19      Tilthi 15 612286154	<b>Gulika</b> 11:40AM – 1:09PM <b>Yama</b> 8:43AM – 10:12AM <b>Rahu</b> 2:38PM – 4:07PM	<b>Uttaraprostapada Until 4:43PM</b> Dhruva Until 3:57PM Visiti Until 7:05PM <b>Purnima* Until 8:23AM Wed</b>	<b>Sutra 181</b> Khara 5113 Moon 9 - Phase 24 Purnima <b>Devaloka Day</b>
	Creative Work    Amrita Yoga Until 4:43PM then Siddha Yoga Until 1:06AM Wed then Marana Yoga		<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> White <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>	

<b>○</b>	<b>Wednesday, October 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Pyinmana, Myanmar
	Meena Rasi: 23.12      Tilthi 15 – 16 612286154	<b>Gulika</b> 10:11AM – 11:40AM <b>Yama</b> 7:14AM – 8:43AM <b>Rahu</b> 11:40AM – 1:09PM	<b>Revati Until 7:36PM</b> Vyaghata* Until 4:47PM Balava Until 9:28PM <b>Purnima* Until 8:23AM</b>	<b>Sutra 182</b> Khara 5113 Moon 9 - Phase 24 Prathama <b>Devaloka Day</b>
	Routine Work    Marana Yoga Until 1:06AM Thu then Amrita Yoga		<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> White <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>	

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM





**Thursday, October 13, 2011**  
**Gold Retreat Star**

Mesha Rasi: 5.04    Tithi 16 – 17  
622286154  
Creative Work    Amrita Yoga  
Until 10:33PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    8:43AM – 10:11AM    **Asvini Until 10:33PM**  
**Yama**       5:46AM – 7:14AM       Harshana Until 5:41PM  
**Rahu**       1:08PM – 2:37PM       Taitila Until 11:56PM  
**Prathama\* Until 10:51AM**

**Ganesha:** Red    *Sunrise:* 5:46AM  
**Muruqa:** White    *Sunset:* 5:34PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Pyinmana, Myanmar  
**Sutra 183**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**1**

**Friday, October 14, 2011**

Mesha Rasi: 16.54    Tithi 17 – 18  
622286154  
Creative Work    Siddha Yoga  
Until 1:32AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**       7:14AM – 8:43AM    **Bharani Until 1:32AM Sat**  
**Yama**       2:37PM – 4:05PM       Vajra\* Until 6:36PM  
**Rahu**       10:11AM – 11:40AM    Vanija Until 2:26AM Sat  
**Dvitiya Until 1:21PM**

**Ganesha:** Red    *Sunrise:* 5:46AM  
**Muruqa:** White    *Sunset:* 5:34PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Pyinmana, Myanmar  
**Sun 1 Sutra 184**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**2**

**Saturday, October 15, 2011**

Mesha Rasi: 28.46    Tithi 18 – 19  
622286154  
Creative Work    Amrita Yoga  
Until 1.05AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**       5:46AM – 7:14AM    **Krittika Until 4:28AM Sun**  
**Yama**       1:08PM – 2:36PM       Siddhi Until 7:30PM  
**Rahu**       8:43AM – 10:11AM    Bava Until 4:54AM Sun  
**Tritiya Until 3:49PM**

**Ganesha:** Red    *Sunrise:* 5:46AM  
**Muruqa:** White    *Sunset:* 5:33PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Pyinmana, Myanmar  
**Sun 2 Sutra 185**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**3**

**Sunday, October 16, 2011**

Wrishabha Rasi: 10.41    Tithi 19  
632286154  
Creative Work    Siddha Yoga  
Until 1.05AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\* Yoga Balava Karana Chaturthi\* Yam Titau  
**Gulika**       2:36PM – 4:04PM    **Rohini Until 7:12AM Mon**  
**Yama**       11:39AM – 1:07PM       Vyatipata\* Until 8:16PM  
**Rahu**       4:04PM – 5:32PM       Balava Until 7:14AM Mon  
**Chaturthi\* Until 6:08PM**

**Ganesha:** Green    *Sunrise:* 5:46AM  
**Muruqa:** White    *Sunset:* 5:32PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**

Pyinmana, Myanmar  
**Sun 3 Sutra 186**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**4**

**Monday, October 17, 2011**

Wrishabha Rasi: 22.44    Tithi 20  
632286154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 1.05AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Variyan Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**       1:07PM – 2:35PM    **Rohini Until 7:12AM**  
**Yama**       10:11AM – 11:39AM    Variyan Until 8:49PM  
**Rahu**       7:15AM – 8:43AM       Kaulava Until 7:07AM  
**Panchami Until 8:13PM**

**Ganesha:** Green    *Sunrise:* 5:46AM  
**Muruqa:** White    *Sunset:* 5:32PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**

Pyinmana, Myanmar  
**Sun 4 Sutra 187**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**5**

**Tuesday, October 18, 2011**

Mithuna Rasi: 4.58    Tithi 21  
633386154  
Creative Work    Siddha Yoga  
Until 9:25AM then Marana Yoga  
Until 1.04AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**       11:39AM – 1:07PM    **Mrigasira Until 9:25AM**  
**Yama**       8:43AM – 10:11AM    Parigha\* Until 9:02PM  
**Rahu**       2:35PM – 4:03PM       Gara Until 8:47AM  
**Shasthi\* Until 9:53PM**

**Ganesha:** Green    *Sunrise:* 5:47AM  
**Muruqa:** White    *Sunset:* 5:31PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

Pyinmana, Myanmar  
**Sun 5 Sutra 188**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**6**

**Wednesday, October 19, 2011**

Mithuna Rasi: 17.27    Tithi 22  
633386154  
Creative Work    Siddha Yoga  
Until 1.04AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**       10:11AM – 11:39AM    **Ardra Until 10:43AM**  
**Yama**       7:15AM – 8:43AM       Shiva Until 7:42PM  
**Rahu**       11:39AM – 1:07PM       Visti Until 9:34AM  
**Saptami Until 9:34PM**

**Ganesha:** Green    *Sunrise:* 5:47AM  
**Muruqa:** White    *Sunset:* 5:30PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

Pyinmana, Myanmar  
**Sun 6 Sutra 189**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**



**Thursday, October 20, 2011**  
**Retreat Star**

Kataka Rasi: 0.16    Tithi 23  
643386154  
Creative Work    Amrita Yoga  
Until 1.04AM Fri then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**       8:43AM – 10:11AM    **Punarvasu Until 11:39AM**  
**Yama**       5:47AM – 7:15AM       Siddha Until 6:52PM  
**Rahu**       1:06PM – 2:34PM       Balava Until 9:54AM  
**Ashtami\* Until 9:54PM**

**Ganesha:** Orange    *Sunrise:* 5:47AM  
**Muruqa:** White    *Sunset:* 5:30PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

Pyinmana, Myanmar  
**Sun 7 Sutra 190**  
Khara 5113  
Moon 10 - Phase 25  
Ashtami

**Sivaloka Day**

**Friday, October 21, 2011**

**Retreat Star**

Kataka Rasi: 13.31    Tithi 24  
643386154  
Routine Work    Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**       7:15AM – 8:43AM    **Pushya Until 11:25AM**  
**Yama**       2:34PM – 4:01PM       Sadhya Until 4:34PM  
**Rahu**       10:11AM – 11:38AM    Taitila Until 9:09AM  
**Navami\* Until 8:14PM**

**Ganesha:** Orange    *Sunrise:* 5:47AM  
**Muruqa:** White    *Sunset:* 5:29PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

Pyinmana, Myanmar  
**Sun 8 Sutra 191**  
Khara 5113  
Moon 10 - Phase 25  
Navami

**Sivaloka Day**


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

<b>1</b>	<b>Saturday, October 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dasami Yam Titau		Pynmana, Myanmar
	Kataka Rasi: 27.12      Tithi 25 643386154	<b>Gulika</b> 5:48AM – 7:15AM <b>Yama</b> 1:06PM – 2:33PM <b>Rahu</b> 8:43AM – 10:11AM	<b>Aslesha* Until 10:48AM</b> Subha Until 2:25PM Vanija Until 7:52AM <b>Dasami Until 6:56PM</b>	<b>Sun 9 Sutra 192</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
	Routine Work Marana Yoga Until 10:48AM then Amrita Yoga Until 1.04AM Sun then Marana Yoga		<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> White <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Yellow Moon – Blue <b>Ashvina-Aipasi</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, October 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Pynmana, Myanmar
	Simha Rasi: 11.22      Tithi 26 – 27 653386154	<b>Gulika</b> 2:33PM – 4:00PM <b>Yama</b> 11:38AM – 1:05PM <b>Rahu</b> 4:00PM – 5:28PM	<b>Magha* Until 9:09AM</b> Sukla Until 11:09AM Kaulava Until 2:18AM Mon <b>Ekadasi* Until 4:01PM</b>	<b>Sun 10 Sutra 193</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
	Routine Work Marana Yoga Until 9:09AM then Siddha Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> White <i>Sunset:</i> 5:28PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Monday, October 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Brahma/Indra Yoga Talitla/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Pynmana, Myanmar
	Simha Rasi: 25.58      Tithi 27 – 28 653386154	<b>Gulika</b> 1:05PM – 2:33PM <b>Yama</b> 10:10AM – 11:38AM <b>Rahu</b> 7:16AM – 8:43AM	<b>Purvaphalguni* Until 7:08AM</b> Brahma Until 7:46AM Gara Until 11:33PM <b>Dvadasi* Until 1:16PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Sun 11 Sutra 194</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
	Family Home Evening Creative Work Siddha Yoga Until 7:08AM then Marana Yoga Until 1.03AM Tue then Amrita Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> White <i>Sunset:</i> 5:27PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

<b>4</b>	<b>Tuesday, October 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Pynmana, Myanmar
	Kanya Rasi: 10.55      Tithi 28 – 29 663386154	<b>Gulika</b> 11:38AM – 1:05PM <b>Yama</b> 8:43AM – 10:10AM <b>Rahu</b> 2:32PM – 4:00PM	<b>Hasta Until 1:52AM Wed</b> Vaidhriti* Until 11:50PM Visti Until 8:12PM <b>Trayodasi* Until 9:55AM</b>	<b>Sun 12 Sutra 195</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
	Creative Work Siddha Yoga <b>Deepavali Hindu Solidarity Day</b>		<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> White <i>Sunset:</i> 5:27PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

	<b>Wednesday, October 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Naga* Karana Chaturdasi*/Amavasya* Yam Titau		Pynmana, Myanmar
	<b>Retreat Star</b> Kanya Rasi: 26.06      Tithi 29 – 30 663386154	<b>Gulika</b> 10:10AM – 11:38AM <b>Yama</b> 7:16AM – 8:43AM <b>Rahu</b> 11:38AM – 1:05PM	<b>Chitra Until 10:54PM</b> Vishkambha* Until 7:34PM Naga Until 2:44AM Thu <b>Chaturdasi* Until 6:09AM</b>	<b>Sun 13 Sutra 196</b> Khara 5113 Moon 10 - Phase 26 Amavasya
	Creative Work Siddha Yoga Until 1.03AM Thu then Amrita Yoga	<b>Subramuniyaswami Mahasamadhi</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> White <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

<b>Retreat Star</b>	<b>Thursday, October 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Pynmana, Myanmar
	Tula Rasi: 11.22      Tithi 1 663386154	<b>Gulika</b> 8:43AM – 10:10AM <b>Yama</b> 5:49AM – 7:16AM <b>Rahu</b> 1:05PM – 2:32PM	<b>Svati Until 7:50PM</b> Priti Until 3:11PM Kintughna Until 12:34PM <b>Prathama* Until 10:51PM</b>	<b>Sun 14 Sutra 197</b> Khara 5113 Moon 10 - Phase 26 Prathama
	Creative Work Amrita Yoga Until 7:50PM then Siddha Yoga Until 1.03AM Fri then Marana Yoga	<b>Skanda Shasthi Begins</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> White <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Yellow Moon – Green <b>Karttika-Aipasi</b>	<b>Devaloka Day</b>

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

<b>1</b>	<b>Friday, October 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Pyinmana, Myanmar <b>Sun 15 Sutra 198</b> Khara 5113
Tula Rasi: 26.31	Tithi 2	<b>Gulika</b> 7:16AM – 8:43AM <b>Yama</b> 2:31PM – 3:58PM <b>Rahu</b> 10:10AM – 11:37AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM <b>Nataraja:</b> Yellow Moon – Orange <b>Devaloka Day</b> <b>Karttika-Aipasi</b>
Routine Work	Marana Yoga		
Until 4:54PM then Siddha Yoga			
<b>2</b>	<b>Saturday, October 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Pyinmana, Myanmar <b>Sun 16 Sutra 199</b> Khara 5113
Virschika Rasi: 11.26	Tithi 3 – 4	<b>Gulika</b> 5:50AM – 7:17AM <b>Yama</b> 1:04PM – 2:31PM <b>Rahu</b> 8:44AM – 10:10AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM <b>Nataraja:</b> Yellow Moon – Orange <b>Devaloka Day</b> <b>Karttika-Aipasi</b>
Creative Work	Siddha Yoga		
Until 1.03AM Sun then Marana Yoga			
<b>3</b>	<b>Sunday, October 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Pyinmana, Myanmar <b>Sun 17 Sutra 200</b> Khara 5113
Virschika Rasi: 25.58	Tithi 4 – 5	<b>Gulika</b> 2:31PM – 3:58PM <b>Yama</b> 11:37AM – 1:04PM <b>Rahu</b> 3:58PM – 5:24PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> White <i>Sunset:</i> 5:24PM <b>Nataraja:</b> Yellow Moon – Orange <b>Devaloka Day</b> <b>Karttika-Aipasi</b>
Routine Work	Marana Yoga		
Until 12:54PM then Amrita Yoga			
Until 1.03AM Mon then Siddha Yoga			
<b>4</b>	<b>Monday, October 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Pyinmana, Myanmar <b>Sun 18 Sutra 201</b> Khara 5113
Dhanus Rasi: 10.04	Tithi 5 – 6	<b>Gulika</b> 1:04PM – 2:31PM <b>Yama</b> 10:11AM – 11:37AM <b>Rahu</b> 7:17AM – 8:44AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> White <i>Sunset:</i> 5:24PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Sivaloka Day</b> <b>Karttika-Aipasi</b>
<b>Family Home Evening</b>			
Creative Work	Siddha Yoga		
Until 11:37AM then Marana Yoga			
Until 1.03AM Tue then Siddha Yoga			
<b>5</b>	<b>Tuesday, November 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Talila/Gara Karana Shasthi*/Saptami Yam Titau	Pyinmana, Myanmar <b>Sun 19 Sutra 202</b> Khara 5113
Dhanus Rasi: 23.41	Tithi 6 – 7	<b>Gulika</b> 11:37AM – 1:04PM <b>Yama</b> 8:44AM – 10:11AM <b>Rahu</b> 2:30PM – 3:57PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> White <i>Sunset:</i> 5:23PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Sivaloka Day</b> <b>Karttika-Aipasi</b>
Creative Work	Siddha Yoga		
Until 11:31AM then Prabalarishta Yoga			
Until 1.03AM Wed then Amrita Yoga			
<b>W</b>	<b>Wednesday, November 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Sravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Pyinmana, Myanmar <b>Sun 20 Sutra 203</b> Khara 5113
<b>Retreat Star</b>		<b>Gulika</b> 10:11AM – 11:37AM <b>Yama</b> 7:18AM – 8:44AM <b>Rahu</b> 11:37AM – 1:04PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> White <i>Sunset:</i> 5:23PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Sivaloka Day</b> <b>Karttika-Aipasi</b>
Makara Rasi: 6.51	Tithi 7 – 8		
Creative Work	Amrita Yoga		
Until 11:49AM then Siddha Yoga			
<b>Th</b>	<b>Thursday, November 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Pyinmana, Myanmar <b>Sun 21 Sutra 204</b> Khara 5113
<b>Retreat Star</b>		<b>Gulika</b> 8:44AM – 10:11AM <b>Yama</b> 5:52AM – 7:18AM <b>Rahu</b> 1:04PM – 2:30PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> White <i>Sunset:</i> 5:23PM <b>Nataraja:</b> Yellow Moon – Purple <b>Devaloka Day</b> <b>Karttika-Aipasi</b>
Makara Rasi: 19.37	Tithi 8 – 9		
Creative Work	Siddha Yoga		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

<b>1</b>	<b>Friday, November 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 2.04    Titithi 9 – 10 694386154	<b>Gulika</b> 7:18AM – 8:45AM <b>Yama</b> 2:30PM – 3:56PM <b>Rahu</b> 10:11AM – 11:37AM	<b>Dhanishtha Until 3:11PM</b> Vriddhi Until 7:41PM Taitila Until 1:53AM Sat <b>Navami* Until 12:48PM</b>	<b>Sun 22 Sutra 205</b> Khara 5113 Moon 10 - Phase 28 4th Phase
	Creative Work    Siddha Yoga Until 1.03AM Sat then Amrita Yoga		<b>Ganesha: White</b> <i>Sunrise: 5:52AM</i> <b>Muruqa: White</b> <i>Sunset: 5:22PM</i> <b>Nataraja: Yellow</b> Moon – Purple <b>Karttika-Aipasi</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Saturday, November 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 14.17    Titithi 10 – 11 694386154	<b>Gulika</b> 5:52AM – 7:19AM <b>Yama</b> 1:03PM – 2:30PM <b>Rahu</b> 8:45AM – 10:11AM	<b>Satabhisha Until 5:26PM</b> Dhruva Until 7:54PM Vanija Until 3:36AM Sun <b>Dasami Until 2:31PM</b>	<b>Sun 23 Sutra 206</b> Khara 5113 Moon 10 - Phase 28 4th Phase
	Creative Work    Amrita Yoga Until 5:26PM then Siddha Yoga		<b>Ganesha: White</b> <i>Sunrise: 5:52AM</i> <b>Muruqa: White</b> <i>Sunset: 5:22PM</i> <b>Nataraja: Yellow</b> Moon – Purple <b>Karttika-Aipasi</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, November 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 26.2    Titithi 11 – 12 614386154	<b>Gulika</b> 2:29PM – 3:55PM <b>Yama</b> 11:37AM – 1:03PM <b>Rahu</b> 3:55PM – 5:22PM	<b>Purvaprostapada* Until 8:00PM</b> Vyaghata* Until 8:25PM Bava Until 5:41AM Mon <b>Ekadasi Until 4:36PM</b>	<b>Sun 24 Sutra 207</b> Khara 5113 Moon 10 - Phase 28 4th Phase
	Creative Work    Siddha Yoga Until 8:00PM then Amrita Yoga Until 1.03AM Mon then Siddha Yoga		<b>Ganesha: Blue</b> <i>Sunrise: 5:53AM</i> <b>Muruqa: White</b> <i>Sunset: 5:22PM</i> <b>Nataraja: Yellow</b> Moon – Clear <b>Karttika-Aipasi</b>	<b>Devaloka Day</b>

<b>4</b>	<b>Monday, November 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Harshana Yoga Balava Karana Dvadasi Yam Titau		Pyinmana, Myanmar
	Meena Rasi: 8.16    Titithi 12 <b>Family Home Evening</b> 714386154	<b>Gulika</b> 1:03PM – 2:29PM <b>Yama</b> 10:11AM – 11:37AM <b>Rahu</b> 7:19AM – 8:45AM	<b>Uttaraprostapada Until 10:48PM</b> Harshana Until 9:09PM Balava Until 8:01AM Tue <b>Dvadasi Until 6:55PM</b>	<b>Sun 25 Sutra 208</b> Khara 5113 Moon 10 - Phase 28 4th Phase
	Creative Work    Siddha Yoga		<b>Ganesha: Red</b> <i>Sunrise: 5:53AM</i> <b>Muruqa: White</b> <i>Sunset: 5:21PM</i> <b>Nataraja: Yellow</b> Moon – Clear <b>Karttika-Aipasi</b>	<b>Sivaloka Day</b>

<b>5</b>	<b>Tuesday, November 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Pyinmana, Myanmar
	Meena Rasi: 20.09    Titithi 13 714386154	<b>Gulika</b> 11:37AM – 1:03PM <b>Yama</b> 8:45AM – 10:11AM <b>Rahu</b> 2:29PM – 3:55PM	<b>Revati Until 1:42AM Wed</b> Vajra* Until 9:59PM Kaulava Until 8:17AM <b>Trayodasi Until 9:23PM</b> <i>Pradosha Vrata</i>	<b>Sun 26 Sutra 209</b> Khara 5113 Moon 10 - Phase 28 4th Phase
	Creative Work    Siddha Yoga Until 1.03AM Wed then Marana Yoga		<b>Ganesha: Red</b> <i>Sunrise: 5:54AM</i> <b>Muruqa: White</b> <i>Sunset: 5:21PM</i> <b>Nataraja: Yellow</b> Moon – Clear <b>Karttika-Aipasi</b>	<b>Sivaloka Day</b>

<b>6</b>	<b>Wednesday, November 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Pyinmana, Myanmar
	Mesha Rasi: 2    Titithi 14 724386154	<b>Gulika</b> 10:12AM – 11:37AM <b>Yama</b> 7:20AM – 8:46AM <b>Rahu</b> 11:37AM – 1:03PM	<b>Asvini Until 4:40AM Thu</b> Siddhi Until 10:51PM Gara Until 10:48AM <b>Chaturdasi* Until 11:53PM</b>	<b>Sun 27 Sutra 210</b> Khara 5113 Moon 10 - Phase 28 4th Phase
	Routine Work    Marana Yoga Until 1.03AM Thu then Amrita Yoga Until 4:40AM Thu then Siddha Yoga		<b>Ganesha: Blue</b> <i>Sunrise: 5:54AM</i> <b>Muruqa: White</b> <i>Sunset: 5:21PM</i> <b>Nataraja: Yellow</b> Moon – White <b>Karttika-Aipasi</b>	<b>Devaloka Day</b>

<b>○</b>	<b>Thursday, November 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau		Pyinmana, Myanmar
	Mesha Rasi: 13.52    Titithi 15 724386154	<b>Gulika</b> 8:46AM – 10:12AM <b>Yama</b> 5:55AM – 7:20AM <b>Rahu</b> 1:03PM – 2:29PM	<b>Bharani Until 7:47AM Fri</b> Vyatipata* Until 11:43PM Visti Until 1:17PM <b>Purnima* Until 2:22AM Fri</b>	<b>Sutra 211</b> Khara 5113 Moon 10 - Phase 28 Purnima
	Creative Work    Siddha Yoga		<b>Ganesha: Blue</b> <i>Sunrise: 5:55AM</i> <b>Muruqa: White</b> <i>Sunset: 5:20PM</i> <b>Nataraja: Yellow</b> Moon – White <b>Karttika-Aipasi</b>	<b>Devaloka Day</b>

<b>○</b>	<b>Friday, November 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau		Pyinmana, Myanmar
	Mesha Rasi: 25.46    Titithi 16 724386154	<b>Gulika</b> 7:21AM – 8:46AM <b>Yama</b> 2:29PM – 3:54PM <b>Rahu</b> 10:12AM – 11:38AM	<b>Bharani Until 7:47AM</b> Variyan Until 12:30AM Sat Balava Until 3:41PM <b>Prathama* Until 4:46AM Sat</b>	<b>Sutra 212</b> Khara 5113 Moon 10 - Phase 28 Prathama
	Creative Work    Siddha Yoga Until 1.03AM Sat then Amrita Yoga		<b>Ganesha: Blue</b> <i>Sunrise: 5:55AM</i> <b>Muruqa: White</b> <i>Sunset: 5:20PM</i> <b>Nataraja: Yellow</b> Moon – White <b>Karttika-Aipasi</b>	<b>Devaloka Day</b>

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



**Saturday, November 12, 2011**  
**Gold Retreat Star**

Wrishabha Rasi: 7.45 Tithi 17  
734486154  
Creative Work Amrita Yoga  
Until 1.03AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Tailila/Gara Karana Dvitiya Yam Titau  
**Gulika** 5:55AM – 7:21AM  
**Yama** 1:03PM – 2:29PM  
**Rahu** 8:47AM – 10:12AM  
**Krittika** Until 10:30AM  
Parigha\* Until 1:08AM Sun  
Tailila Until 5:55PM  
**Dvitiya** Until 6:51AM Sun

**Ganesha:** Blue *Sunrise:* 5:55AM  
**Muruqa:** White *Sunset:* 5:20PM  
**Nataraja:** Yellow  
Moon – White  
**Karttika-Aipasi**

Pyinmana, Myanmar  
**Sutra 213**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**1**

**Sunday, November 13, 2011**

Wrishabha Rasi: 19.5 Tithi 17 – 18  
734486154  
Creative Work Siddha Yoga  
Until 1.03AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 2:29PM – 3:54PM  
**Yama** 11:38AM – 1:03PM  
**Rahu** 3:54PM – 5:20PM  
**Rohini** Until 1:00PM  
Shiva Until 1:36AM Mon  
Vanija Until 7:56PM  
**Dvitiya** Until 6:51AM

**Ganesha:** Red *Sunrise:* 5:56AM  
**Muruqa:** White *Sunset:* 5:20PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika-Aipasi**

Pyinmana, Myanmar  
**Sun 1 Sutra 214**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**2**

**Monday, November 14, 2011**

Mithuna Rasi: 2.04 Tithi 18 – 19  
735486154  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 3:13PM then Siddha Yoga  
Until 1.04AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 1:03PM – 2:29PM  
**Yama** 10:13AM – 11:38AM  
**Rahu** 7:22AM – 8:47AM  
**Mrigasira** Until 3:13PM  
Siddha Until 1:47AM Tue  
Bava Until 9:39PM  
**Tritiya** Until 8:33AM

**Ganesha:** Yellow *Sunrise:* 5:56AM  
**Muruqa:** White *Sunset:* 5:19PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika-Aipasi**

Pyinmana, Myanmar  
**Sun 2 Sutra 215**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**3**

**Tuesday, November 15, 2011**

Mithuna Rasi: 14.28 Tithi 19 – 20  
735486154  
Routine Work Marana Yoga  
Until 4:14PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika** 11:38AM – 1:03PM  
**Yama** 8:48AM – 10:13AM  
**Rahu** 2:29PM – 3:54PM  
**Ardra** Until 4:14PM  
Sadhya Until 12:15AM Wed  
Kaulava Until 9:33PM  
**Chaturthi\*** Until 9:33AM

**Ganesha:** Yellow *Sunrise:* 5:57AM  
**Muruqa:** White *Sunset:* 5:19PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika-Aipasi**

Pyinmana, Myanmar  
**Sun 3 Sutra 216**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**4**

**Wednesday, November 16, 2011**

Mithuna Rasi: 27.05 Tithi 20 – 21  
745486154  
Creative Work Siddha Yoga  
Until 1.04AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika** 10:13AM – 11:38AM  
**Yama** 7:23AM – 8:48AM  
**Rahu** 11:38AM – 1:03PM  
**Punarvasu** Until 5:33PM  
Subha Until 11:44PM  
Gara Until 10:19PM  
**Panchami** Until 10:19AM

**Ganesha:** White *Sunrise:* 5:57AM  
**Muruqa:** White *Sunset:* 5:19PM  
**Nataraja:** Yellow  
Moon – Blue  
**Karttika-Aipasi**

Pyinmana, Myanmar  
**Sun 4 Sutra 217**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**5**

**Thursday, November 17, 2011**

Kataka Rasi: 9.59 Tithi 21 – 22  
745486155  
Creative Work Amrita Yoga  
Until 6:21PM then Siddha Yoga  
Until 1.04AM Fri then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Sukla Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika** 8:48AM – 10:13AM  
**Yama** 5:58AM – 7:23AM  
**Rahu** 1:04PM – 2:29PM  
**Pushya** Until 6:21PM  
Sukla Until 10:46PM  
Visti Until 10:33PM  
**Shasthi\*** Until 10:33AM

**Ganesha:** White *Sunrise:* 5:58AM  
**Muruqa:** White *Sunset:* 5:19PM  
**Nataraja:** Red  
Moon – Blue  
**Karttika-Karttikai**

Pyinmana, Myanmar  
**Sun 5 Sutra 218**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**



**Friday, November 18, 2011**  
**Retreat Star**

Kataka Rasi: 23.11 Tithi 22 – 23  
745486155  
Routine Work Marana Yoga  
Until 1.04AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika** 7:24AM – 8:49AM  
**Yama** 2:29PM – 3:54PM  
**Rahu** 10:14AM – 11:39AM  
**Aslesha\*** Until 5:41PM  
Brahma Until 8:14PM  
Balava Until 8:54PM  
**Saptami** Until 9:49AM

**Ganesha:** White *Sunrise:* 5:58AM  
**Muruqa:** White *Sunset:* 5:19PM  
**Nataraja:** Red  
Moon – Blue  
**Karttika-Karttikai**

Pyinmana, Myanmar  
**Sun 6 Sutra 219**  
Khara 5113  
Moon 11 - Phase 29  
Ashtami

**Devaloka Day**

**Saturday, November 19, 2011**  
**Retreat Star**

Simha Rasi: 6.45 Tithi 23 – 24  
755486155  
Creative Work Amrita Yoga  
Until 5:17PM then Marana Yoga  
Until 1.04AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika** 5:59AM – 7:24AM  
**Yama** 1:04PM – 2:29PM  
**Rahu** 8:49AM – 10:14AM  
**Magha\*** Until 5:17PM  
Indra Until 6:14PM  
Tailila Until 7:52PM  
**Ashtami\*** Until 8:47AM

**Ganesha:** Clear *Sunrise:* 5:59AM  
**Muruqa:** White *Sunset:* 5:19PM  
**Nataraja:** Red  
Moon – Red  
**Karttika-Karttikai**

Pyinmana, Myanmar  
**Sun 7 Sutra 220**  
Khara 5113  
Moon 11 - Phase 29  
Navami

**Sivaloka Day**

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140


<b>1</b>	<b>Sunday, November 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Gara/Visti* Karana Navami*/Dasami Yam Tilau	Pinyinmana, Myanmar
	Simha Rasi: 20.42      Tithi 24 – 25 755486155	<b>Gulika</b> 2:29PM – 3:54PM <b>Yama</b> 11:39AM – 1:04PM <b>Rahu</b> 3:54PM – 5:19PM	<b>Sun 8 Sutra 221</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 4:14PM then Amrita Yoga Until 1.05AM Mon then Marana Yoga	<b>Purvaphalguni* Until 4:14PM</b> Vaidhrili* Until 3:39PM Visti Until 6:09PM <b>Navami* Until 7:04AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:00AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>
			<b>Sivaloka Day</b>

<b>2</b>	<b>Monday, November 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Tilau	Pinyinmana, Myanmar
	Kanya Rasi: 5.01      Tithi 26 <b>Family Home Evening</b> 755486155	<b>Gulika</b> 1:04PM – 2:29PM <b>Yama</b> 10:15AM – 11:39AM <b>Rahu</b> 7:25AM – 8:50AM	<b>Sun 9 Sutra 222</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
	Routine Work Marana Yoga Until 1:59PM then Siddha Yoga	<b>Uttaraphalguni Until 1:59PM</b> Vishkambha* Until 12:04PM Bava Until 3:03PM <b>Ekadasi* Until 1:20AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:00AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>
			<b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, November 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Tilau	Pinyinmana, Myanmar
	Kanya Rasi: 19.39      Tithi 27 765486155	<b>Gulika</b> 11:40AM – 1:04PM <b>Yama</b> 8:50AM – 10:15AM <b>Rahu</b> 2:29PM – 3:54PM	<b>Sun 10 Sutra 223</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga	<b>Hasta Until 11:54AM</b> Priti Until 8:36AM Kaulava Until 12:15PM <b>Dvadasi* Until 10:32PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>
			<b>Devaloka Day</b>

<b>4</b>	<b>Wednesday, November 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodasi* Yam Tilau	Pinyinmana, Myanmar
	Tula Rasi: 4.32      Tithi 28 766486155	<b>Gulika</b> 10:15AM – 11:40AM <b>Yama</b> 7:26AM – 8:50AM <b>Rahu</b> 11:40AM – 1:05PM	<b>Sun 11 Sutra 224</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 1.05AM Thu then Amrita Yoga	<b>Chitra Until 9:25AM</b> Saubhagya Until 12:45AM Thu Gara Until 9:03AM <b>Trayodasi* Until 7:20PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>
			<b>Sivaloka Day</b>

<b>5</b>	<b>Thursday, November 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Tilau	Pinyinmana, Myanmar
	Tula Rasi: 19.32      Tithi 29 – 30 766486155	<b>Gulika</b> 8:51AM – 10:16AM <b>Yama</b> 6:02AM – 7:26AM <b>Rahu</b> 1:05PM – 2:29PM	<b>Sun 12 Sutra 225</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Amrita Yoga Until 6:45AM then Siddha Yoga Until 1.06AM Fri then Marana Yoga	<b>Svati Until 6:45AM</b> Sobhana Until 8:44PM Catuspada Until 2:11AM Fri <b>Chaturdasi* Until 3:54PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:02AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>
			<b>Sivaloka Day</b>

	<b>Friday, November 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Tilau	Pinyinmana, Myanmar
	<b>Retreat Star</b> Vrischika Rasi: 4.32      Tithi 30 – 1 776486155	<b>Gulika</b> 7:27AM – 8:51AM <b>Yama</b> 2:30PM – 3:54PM <b>Rahu</b> 10:16AM – 11:40AM	<b>Sun 13 Sutra 226</b> Khara 5113 Moon 11 - Phase 30 Amavasya
	Creative Work Siddha Yoga	<b>Anuradha Until 1:25AM Sat</b> Athiganda* Until 4:43PM Kintughna Until 10:47PM <b>Amavasya* Until 12:30PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:02AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Orange <b>Karttika•Karttikai</b>
			<b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Saturday, November 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Tilau	Pinyinmana, Myanmar
	Vrischika Rasi: 19.23      Tithi 1 – 2 776486155	<b>Gulika</b> 6:03AM – 7:27AM <b>Yama</b> 1:05PM – 2:30PM <b>Rahu</b> 8:52AM – 10:16AM	<b>Sun 14 Sutra 227</b> Khara 5113 Moon 11 - Phase 30 Prathama
	Creative Work Siddha Yoga Until 1.06AM Sun then Amrita Yoga	<b>Jyeshtha* Until 11:00PM</b> Sukarma Until 12:56PM Balava Until 7:39PM <b>Prathama* Until 9:21AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:03AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira•Karttikai</b>
			<b>Sivaloka Day</b>


<b>1</b>	<b>Sunday, November 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau		Pyinmana, Myanmar
	Dhanus Rasi: 3.56      Tithi 2 – 3 786486155	<b>Gulika</b> 2:30PM – 3:54PM <b>Yama</b> 11:41AM – 1:05PM <b>Rahu</b> 3:54PM – 5:19PM	<b>Mula* Until 10:06PM</b> Dhriti Until 9:49AM Gara Until 4:55AM Mon Dvitiya Until 6:45AM	<b>Sun 15 Sutra 228</b> Khara 5113 Moon 11 - Phase 31 3rd Phase
	Creative Work Amrita Yoga Until 10:06PM then Siddha Yoga Until 1.07AM Mon then Marana Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:03AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>


<b>2</b>	<b>Monday, November 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Chaturthi* Yam Titau		Pyinmana, Myanmar
	Dhanus Rasi: 18.07      Tithi 4 <b>Family Home Evening</b> 786486155	<b>Gulika</b> 1:06PM – 2:30PM <b>Yama</b> 10:17AM – 11:41AM <b>Rahu</b> 7:28AM – 8:53AM	<b>Purvashadha* Until 8:39PM</b> Shula* Until 6:50AM Vanija Until 3:40PM Chaturthi* Until 2:45AM Tue	<b>Sun 16 Sutra 229</b> Khara 5113 Moon 11 - Phase 31 3rd Phase
	Routine Work Marana Yoga Until 1.07AM Tue then Prabalarishta Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:04AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, November 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau		Pyinmana, Myanmar
	Makara Rasi: 1.52      Tithi 5 797486155	<b>Gulika</b> 11:42AM – 1:06PM <b>Yama</b> 8:53AM – 10:17AM <b>Rahu</b> 2:30PM – 3:55PM	<b>Uttarashadha Until 9:01PM</b> Vriddhi Until 3:18AM Wed Bava Until 3:01PM Panchami Until 3:01AM Wed	<b>Sun 17 Sutra 230</b> Khara 5113 Moon 11 - Phase 31 3rd Phase
	Routine Work Prabalarishta Yoga Until 9:01PM then Siddha Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:05AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Wednesday, November 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Pyinmana, Myanmar
	Makara Rasi: 15.1      Tithi 6 797486155	<b>Gulika</b> 10:18AM – 11:42AM <b>Yama</b> 7:29AM – 8:54AM <b>Rahu</b> 11:42AM – 1:06PM	<b>Sravana Until 9:04PM</b> Dhruva Until 1:37AM Thu Kaulava Until 2:26PM Shasthi* Until 2:26AM Thu	<b>Sun 18 Sutra 231</b> Khara 5113 Moon 11 - Phase 31 3rd Phase
	Creative Work Siddha Yoga Until 9:04PM then Prabalarishta Yoga Until 1.08AM Thu then Siddha Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:05AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>5</b>	<b>Thursday, December 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau		Pyinmana, Myanmar
	Makara Rasi: 28.04      Tithi 7 797486155	<b>Gulika</b> 8:54AM – 10:18AM <b>Yama</b> 6:06AM – 7:30AM <b>Rahu</b> 1:07PM – 2:31PM	<b>Dhanishtha Until 9:53PM</b> Vyaghata* Until 12:39AM Fri Gara Until 2:41PM Saptami Until 2:41AM Fri	<b>Sun 19 Sutra 232</b> Khara 5113 Moon 11 - Phase 31 3rd Phase
	Creative Work Siddha Yoga Until 9:53PM then Marana Yoga Until 1.08AM Fri then Siddha Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:06AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

	<b>Friday, December 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau		Pyinmana, Myanmar
	<b>Retreat Star</b> Kumbha Rasi: 10.35      Tithi 8 797486155	<b>Gulika</b> 7:30AM – 8:55AM <b>Yama</b> 2:31PM – 3:55PM <b>Rahu</b> 10:19AM – 11:43AM	<b>Satabhisha Until 12:49AM Sat</b> Harshana Until 1:41AM Sat Visti Until 4:31PM Ashtami* Until 5:36AM Sat	<b>Sun 20 Sutra 233</b> Khara 5113 Moon 11 - Phase 31 Ashtami
	Creative Work Siddha Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:06AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

	<b>Saturday, December 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava Karana Navami* Yam Titau		Pyinmana, Myanmar
	<b>Retreat Star</b> Kumbha Rasi: 22.5      Tithi 9 717486155	<b>Gulika</b> 6:07AM – 7:31AM <b>Yama</b> 1:07PM – 2:31PM <b>Rahu</b> 8:55AM – 10:19AM	<b>Purvaprostapada* Until 2:59AM Sun</b> Vajra* Until 1:49AM Sun Balava Until 6:11PM Navami* Until 7:13AM Sun	<b>Sun 21 Sutra 234</b> Khara 5113 Moon 11 - Phase 31 Navami
	Creative Work Siddha Yoga Until 2:59AM Sun then Amrita Yoga		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:07AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

<b>1</b>	<b>Sunday, December 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Pyinmana, Myanmar
	Meena Rasi: 4.53    Tithi 9 – 10 717486155	<b>Gulika</b> 2:32PM – 3:56PM <b>Yama</b> 11:44AM – 1:08PM <b>Rahu</b> 3:56PM – 5:20PM	<b>Sun 22 Sutra 235</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Amrita Yoga Until 1.09AM Mon then Siddha Yoga		<b>Uttaraprostapada Until 5:34AM Mon</b> <b>Siddhi Until 2:20AM Mon</b> <b>Taitila Until 8:19PM</b> <b>Navami* Until 7:13AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:07AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>

<b>2</b>	<b>Monday, December 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Pyinmana, Myanmar
	Meena Rasi: 16.47    Tithi 10 – 11 <b>Family Home Evening</b> 717496155 Creative Work    Siddha Yoga	<b>Gulika</b> 1:08PM – 2:32PM <b>Yama</b> 10:20AM – 11:44AM <b>Rahu</b> 7:32AM – 8:56AM	<b>Sun 23 Sutra 236</b> Khara 5113 Moon 11 - Phase 32 4th Phase
		<b>Revati Until 8:43AM Tue</b> <b>Vyatipata* Until 3:05AM Tue</b> <b>Vanija Until 10:43PM</b> <b>Dasami Until 9:38AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:08AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>

<b>3</b>	<b>Tuesday, December 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Pyinmana, Myanmar
	Meena Rasi: 28.38    Tithi 11 – 12 717496155	<b>Gulika</b> 11:44AM – 1:08PM <b>Yama</b> 8:57AM – 10:20AM <b>Rahu</b> 2:32PM – 3:56PM	<b>Sun 24 Sutra 237</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Siddha Yoga Until 1.10AM Wed then Marana Yoga		<b>Revati Until 8:43AM</b> <b>Variyan Until 3:58AM Wed</b> <b>Bava Until 1:16AM Wed</b> <b>Ekadasi Until 12:10PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>

<b>4</b>	<b>Wednesday, December 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Pyinmana, Myanmar
	Mesha Rasi: 10.29    Tithi 12 – 13 728496155	<b>Gulika</b> 10:21AM – 11:45AM <b>Yama</b> 7:33AM – 8:57AM <b>Rahu</b> 11:45AM – 1:09PM	<b>Sun 25 Sutra 238</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Routine Work    Marana Yoga Until 1.10AM Thu then Siddha Yoga		<b>Asvini Until 11:42AM</b> <b>Parigha* Until 4:50AM Thu</b> <b>Kaulava Until 3:49AM Thu</b> <b>Dvadasi Until 2:43PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>

<b>5</b>	<b>Thursday, December 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Pyinmana, Myanmar
	Mesha Rasi: 22.23    Tithi 13 – 14 728596155	<b>Gulika</b> 8:58AM – 10:21AM <b>Yama</b> 6:10AM – 7:34AM <b>Rahu</b> 1:09PM – 2:33PM	<b>Sun 26 Sutra 239</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Siddha Yoga Until 2:34PM then Marana Yoga Until 1.11AM Fri then Siddha Yoga		<b>Bharani Until 2:34PM</b> <b>Shiva Until 5:36AM Fri</b> <b>Gara Until 6:15AM Fri</b> <b>Trayodasi Until 5:10PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:10AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>

<b>6</b>	<b>Friday, December 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Pyinmana, Myanmar
	Vrishabha Rasi: 4.23    Tithi 14 728596155	<b>Gulika</b> 7:34AM – 8:58AM <b>Yama</b> 2:33PM – 3:57PM <b>Rahu</b> 10:22AM – 11:46AM	<b>Sun 27 Sutra 240</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Siddha Yoga Until 5:15PM then Marana Yoga Until 1.11AM Sat then Amrita Yoga		<b>Krittika Until 5:15PM</b> <b>Siddha Until 6:12AM Sat</b> <b>Gara Until 6:18AM</b> <b>Chaturdasi* Until 7:23PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:10AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>

<b>○</b>	<b>Saturday, December 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnima* Yam Titau	Pyinmana, Myanmar
	Vrishabha Rasi: 16.31    Tithi 15 738596155	<b>Gulika</b> 6:11AM – 7:35AM <b>Yama</b> 1:10PM – 2:34PM <b>Rahu</b> 8:59AM – 10:22AM	<b>Sun 28 Sutra 241</b> Khara 5113 Moon 11 - Phase 32 Purnima
Creative Work    Amrita Yoga Until 7:38PM then Siddha Yoga		<b>Rohini Until 7:38PM</b> <b>Sadhya Until 6:32AM Sun</b> <b>Visti Until 8:12AM</b> <b>Purnima* Until 9:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:11AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>

<b>○</b>	<b>Sunday, December 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigasira Nakshatra Subha Yoga Balava/Kaulava Karana Prathama* Yam Titau	Pyinmana, Myanmar
	Vrishabha Rasi: 28.5    Tithi 16 738596155	<b>Gulika</b> 2:34PM – 3:58PM <b>Yama</b> 11:47AM – 1:10PM <b>Rahu</b> 3:58PM – 5:22PM	<b>Sun 29 Sutra 242</b> Khara 5113 Moon 11 - Phase 32 Prathama
Creative Work    Siddha Yoga		<b>Mrigasira Until 8:28PM</b> <b>Subha Until 4:47AM Mon</b> <b>Balava Until 9:44AM</b> <b>Prathama* Until 10:50PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:12AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>

Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640





**Monday, December 12, 2011**  
**Gold Retreat Star**

Mithuna Rasi: 11.21      Tithi 17  
**Family Home Evening**      738596155  
Creative Work      Siddha Yoga  
Until 9:59PM then Amrita Yoga  
Until 1.13AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Tailita/Gara Karana Dvitiya Yam Titau

**Gulika**      1:11PM – 2:35PM      **Ardra Until 9:59PM**  
**Yama**      10:23AM – 11:47AM      Sukla Until 4:27AM Tue  
**Rahu**      7:36AM – 9:00AM      Tailita Until 10:26AM  
**Dvitiya Until 10:26PM**

Pyinmana, Myanmar  
**Sun 1      Sutra 243**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 6:12AM  
**Muruqa:** Clear      *Sunset:* 5:22PM  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

**1**

**Tuesday, December 13, 2011**

Mithuna Rasi: 24.04      Tithi 18  
749596155  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**      11:48AM – 1:11PM      **Punarvasu Until 11:06PM**  
**Yama**      9:00AM – 10:24AM      Brahma Until 3:45AM Wed  
**Rahu**      2:35PM – 3:59PM      Vanija Until 11:01AM  
**Tritiya Until 11:01PM**

Pyinmana, Myanmar  
**Sun 2      Sutra 244**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 6:13AM  
**Muruqa:** Clear      *Sunset:* 5:23PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**2**

**Wednesday, December 14, 2011**

Kataka Rasi: 7.01      Tithi 19  
749596155  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**      10:24AM – 11:48AM      **Pushya Until 11:49PM**  
**Yama**      7:37AM – 9:01AM      Indra Until 2:40AM Thu  
**Rahu**      11:48AM – 1:12PM      Bava Until 11:10AM  
**Chaturthi\* Until 11:10PM**

Pyinmana, Myanmar  
**Sun 3      Sutra 245**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 6:13AM  
**Muruqa:** Clear      *Sunset:* 5:23PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**3**

**Thursday, December 15, 2011**

Kataka Rasi: 20.11      Tithi 20  
749596155  
Creative Work      Siddha Yoga  
Until 12:08AM Fri then Amrita Yoga  
Until 1.14AM Fri then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Tailita Karana Panchami Yam Titau

**Gulika**      9:01AM – 10:25AM      **Aslesha\* Until 12:08AM Fri**  
**Yama**      6:14AM – 7:37AM      Vaidhriti\* Until 1:13AM Fri  
**Rahu**      1:12PM – 2:36PM      Kaulava Until 10:52AM  
**Panchami Until 10:52PM**

Pyinmana, Myanmar  
**Sun 4      Sutra 246**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 6:14AM  
**Muruqa:** Clear      *Sunset:* 5:23PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**4**

**Friday, December 16, 2011**

Simha Rasi: 3.34      Tithi 21  
759596155  
Routine Work      Marana Yoga  
Until 10:44PM then Siddha Yoga  
Until 1.15AM Sat then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika**      7:38AM – 9:02AM      **Magha\* Until 10:44PM**  
**Yama**      2:36PM – 4:00PM      Vishkambha\* Until 10:13PM  
**Rahu**      10:25AM – 11:49AM      Gara Until 9:48AM  
**Shasthi\* Until 8:53PM**

Pyinmana, Myanmar  
**Sun 5      Sutra 247**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Sivaloka Day**

**Ganesha:** White      *Sunrise:* 6:14AM  
**Muruqa:** Clear      *Sunset:* 5:24PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**5**

**Saturday, December 17, 2011**

Simha Rasi: 17.11      Tithi 22  
859596155  
Routine Work      Marana Yoga  
Until 1.15AM Sun then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam  
Purvaphalguni\* Nakshatra Priti Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika**      6:15AM – 7:39AM      **Purvaphalguni\* Until 10:15PM**  
**Yama**      1:13PM – 2:37PM      Priti Until 8:08PM  
**Rahu**      9:02AM – 10:26AM      Visti Until 8:41AM  
**Saptami Until 7:46PM**

Pyinmana, Myanmar  
**Sun 6      Sutra 248**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 6:15AM  
**Muruqa:** Clear      *Sunset:* 5:24PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**



**Sunday, December 18, 2011**  
**Retreat Star**

Kanya Rasi: 1.02      Tithi 23  
859596155  
Creative Work      Amrita Yoga  
Until 1.16AM Mon then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika**      2:37PM – 4:01PM      **Uttaraphalguni Until 9:22PM**  
**Yama**      11:50AM – 1:14PM      Ayushman Until 5:40PM  
**Rahu**      4:01PM – 5:25PM      Balava Until 7:09AM  
**Ashtami\* Until 6:14PM**

Pyinmana, Myanmar  
**Sun 7      Sutra 249**  
Khara 5113  
Moon 12 - Phase 33  
Ashtami

**Devaloka Day**

**Ganesha:** Clear      *Sunrise:* 6:15AM  
**Muruqa:** Clear      *Sunset:* 5:25PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Monday, December 19, 2011**  
**Retreat Star**

Kanya Rasi: 15.07      Tithi 24 – 25  
**Family Home Evening**      869596155  
Creative Work      Siddha Yoga  
Until 8:05PM then Prabalarishta Yoga  
Until 1.16AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

**Gulika**      1:14PM – 2:38PM      **Hasta Until 8:05PM**  
**Yama**      10:27AM – 11:50AM      Saubhagya Until 2:51PM  
**Rahu**      7:40AM – 9:03AM      Vanija Until 3:21AM Tue  
**Navami\* Until 4:17PM**

Pyinmana, Myanmar  
**Sun 8      Sutra 250**  
Khara 5113  
Moon 12 - Phase 33  
Navami

**Sivaloka Day**

**Ganesha:** White      *Sunrise:* 6:16AM  
**Muruqa:** Clear      *Sunset:* 5:25PM  
**Nataraja:** Red  
Moon – Green  
**Margasira-Markali**


As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

<b>1</b>	<b>Tuesday, December 20, 2011</b>		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Pynmana, Myanmar
	Kanya Rasi: 29.24	Tithi 25 – 26	<b>Gulika</b>	<b>11:51AM – 1:15PM</b>	<b>Chitra Until 6:27PM</b>	<b>Ganesha: White</b>	<b>Sun 9 Sutra 251</b>
		869596155	<b>Yama</b>	<b>9:04AM – 10:27AM</b>	<b>Sobhana Until 11:42AM</b>	<b>Muruqa: Clear</b>	Khara 5113
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>2:38PM – 4:02PM</b>	<b>Bava Until 1:01AM Wed</b>	<b>Nataraja: Red</b>	Moon 12 - Phase 34	
				<b>Dasami Until 1:56PM</b>	<b>Moon – Green</b>	2nd Phase	
					<b>Margasira*Markali</b>	<b>Sivaloka Day</b>	

<b>2</b>	<b>Wednesday, December 21, 2011</b>		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Pynmana, Myanmar
	Tula Rasi: 13.52	Tithi 26 – 27	<b>Gulika</b>	<b>10:28AM – 11:51AM</b>	<b>Svati Until 3:49PM</b>	<b>Ganesha: White</b>	<b>Sun 10 Sutra 252</b>
		861596155	<b>Yama</b>	<b>7:41AM – 9:04AM</b>	<b>Athiganda* Until 8:08AM</b>	<b>Muruqa: Clear</b>	Khara 5113
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>11:51AM – 1:15PM</b>	<b>Kaulava Until 9:11PM</b>	<b>Nataraja: Red</b>	Moon 12 - Phase 34	
				<b>Ekadasi* Until 10:54AM</b>	<b>Moon – Green</b>	2nd Phase	
		<b>Day 1 of Pancha Ganapati</b>			<b>Margasira*Markali</b>	<b>Sivaloka Day</b>	

<b>3</b>	<b>Thursday, December 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Pynmana, Myanmar
	Tula Rasi: 28.26	Tithi 27 – 28	<b>Gulika</b>	<b>9:05AM – 10:28AM</b>	<b>Visakha Until 1:51PM</b>	<b>Ganesha: Yellow</b>	<b>Sun 11 Sutra 253</b>
		871596155	<b>Yama</b>	<b>6:17AM – 7:41AM</b>	<b>Dhriti Until 12:45AM Fri</b>	<b>Muruqa: Clear</b>	Khara 5113
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>1:16PM – 2:39PM</b>	<b>Gara Until 6:32PM</b>	<b>Nataraja: Red</b>	Moon 12 - Phase 34	
				<b>Dvadasi* Until 8:14AM</b>	<b>Moon – Orange</b>	2nd Phase	
		<b>Day 2 of Pancha Ganapati</b>		<i>Pradosha Vrata (Fasting)</i>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>	

<b>4</b>	<b>Friday, December 23, 2011</b>		Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Pynmana, Myanmar
	Vrischika Rasi: 13.01	Tithi 29	<b>Gulika</b>	<b>7:42AM – 9:05AM</b>	<b>Anuradha Until 11:50AM</b>	<b>Ganesha: Yellow</b>	<b>Sun 12 Sutra 254</b>
		871596155	<b>Yama</b>	<b>2:40PM – 4:03PM</b>	<b>Shula* Until 9:20PM</b>	<b>Muruqa: Clear</b>	Khara 5113
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>10:29AM – 11:52AM</b>	<b>Visti Until 4:35PM</b>	<b>Nataraja: Red</b>	Moon 12 - Phase 34	
Until 11:50AM then Prabalarishta Yoga				<b>Chaturdasi* Until 3:40AM Sat</b>	<b>Moon – Orange</b>	2nd Phase	
Until 1.18AM Sat then Siddha Yoga		<b>Day 3 of Pancha Ganapati</b>			<b>Margasira*Markali</b>	<b>Devaloka Day</b>	

	<b>Saturday, December 24, 2011</b>		Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Pynmana, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b>	<b>6:18AM – 7:42AM</b>	<b>Jyeshtha* Until 10:14AM</b>	<b>Ganesha: Yellow</b>	<b>Sun 13 Sutra 255</b>
	Vrischika Rasi: 27.32	Tithi 30	<b>Yama</b>	<b>1:17PM – 2:40PM</b>	<b>Ganda* Until 6:51PM</b>	<b>Muruqa: Clear</b>	Khara 5113
	871596155	<b>Rahu</b>	<b>9:06AM – 10:29AM</b>	<b>Catuspada Until 1:50PM</b>	<b>Nataraja: Red</b>	Moon 12 - Phase 34	
Creative Work	Siddha Yoga			<b>Amavasya* Until 12:55AM Sun</b>	<b>Moon – Orange</b>	Amavasya	
Until 1.19AM Sun then Amrita Yoga		<b>Day 4 of Pancha Ganapati</b>			<b>Margasira*Markali</b>	<b>Devaloka Day</b>	

<b>5</b>	<b>Sunday, December 25, 2011</b>		Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Pynmana, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b>	<b>2:41PM – 4:04PM</b>	<b>Mula* Until 8:31AM</b>	<b>Ganesha: Red</b>	<b>Sun 14 Sutra 256</b>
	Dhanus Rasi: 11.52	Tithi 1	<b>Yama</b>	<b>11:53AM – 1:17PM</b>	<b>Vriddhi Until 3:37PM</b>	<b>Muruqa: Clear</b>	Khara 5113
	881596155	<b>Rahu</b>	<b>4:04PM – 5:28PM</b>	<b>Kintughna Until 11:25AM</b>	<b>Nataraja: Red</b>	Moon 12 - Phase 34	
Creative Work	Amrita Yoga			<b>Prathama* Until 10:29PM</b>	<b>Moon – Light Blue</b>	Prathama	
Until 8:31AM then Siddha Yoga		<b>Day 5 of Pancha Ganapati</b>			<b>Pausha*Markali</b>	<b>Devaloka Day</b>	
Until 1.19AM Mon then Marana Yoga							

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

<b>1</b>	<b>Monday, December 26, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Pyinmana, Myanmar
	Dhanus Rasi: 25.55      Tithi 2 Family Home Evening      881596155 Routine Work      Marana Yoga Until 1.20AM Tue then Prabalarishta Yoga	<b>Gulika</b> 1:18PM – 2:41PM <b>Yama</b> 10:30AM – 11:54AM <b>Rahu</b> 7:43AM – 9:07AM	<b>Purvashadha* Until 7:17AM</b> Dhruva Until 12:50PM Balava Until 9:30AM <b>Dvitiya Until 8:34PM</b>

Sun 15      Sutra 257  
Khara 5113  
Moon 12 - Phase 35  
3rd Phase  
**Devaloka Day**

<b>2</b>	<b>Tuesday, December 27, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Tritiya Yam Titau	Pyinmana, Myanmar
	Makara Rasi: 9.38      Tithi 3 Routine Work      Prabalarishta Yoga Until 6:41AM then Siddha Yoga	<b>Gulika</b> 11:54AM – 1:18PM <b>Yama</b> 9:07AM – 10:31AM <b>Rahu</b> 2:42PM – 4:05PM	<b>Uttarashadha Until 6:41AM</b> Vyaghata* Until 10:55AM Tailila Until 8:24AM <b>Tritiya Until 8:24PM</b>

Sun 16      Sutra 258  
Khara 5113  
Moon 12 - Phase 35  
3rd Phase  
**Devaloka Day**

<b>3</b>	<b>Wednesday, December 28, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Pyinmana, Myanmar
	Makara Rasi: 22.58      Tithi 4 Creative Work      Siddha Yoga Until 6:40AM then Prabalarishta Yoga Until 1.21AM Thu then Siddha Yoga	<b>Gulika</b> 10:31AM – 11:55AM <b>Yama</b> 7:44AM – 9:08AM <b>Rahu</b> 11:55AM – 1:19PM	<b>Sravana Until 6:40AM</b> Harshana Until 9:10AM Vanija Until 7:46AM <b>Chaturthi* Until 7:46PM</b>

Sun 17      Sutra 259  
Khara 5113  
Moon 12 - Phase 35  
3rd Phase  
**Devaloka Day**

<b>4</b>	<b>Thursday, December 29, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vajra*/Siddhi* Yoga Bava/Balava Karana Panchami Yam Titau	Pyinmana, Myanmar
	Kumbha Rasi: 5.56      Tithi 5 Creative Work      Siddha Yoga Until 7:22AM then Marana Yoga Until 1.21AM Fri then Siddha Yoga	<b>Gulika</b> 9:08AM – 10:32AM <b>Yama</b> 6:21AM – 7:44AM <b>Rahu</b> 1:19PM – 2:43PM	<b>Dhanishtha Until 7:22AM</b> Vajra* Until 8:04AM Bava Until 7:53AM <b>Panchami Until 7:53PM</b>

Sun 18      Sutra 260  
Khara 5113  
Moon 12 - Phase 35  
3rd Phase  
**Devaloka Day**


<b>5</b>	<b>Friday, December 30, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Pyinmana, Myanmar
	Kumbha Rasi: 18.32      Tithi 6 Creative Work      Siddha Yoga	<b>Gulika</b> 7:45AM – 9:09AM <b>Yama</b> 2:43PM – 4:07PM <b>Rahu</b> 10:32AM – 11:56AM	<b>Satabhisha Until 8:56AM</b> Siddhi Until 7:41AM Kaulava Until 8:57AM <b>Shasthi* Until 10:03PM</b>

Sun 19      Sutra 261  
Khara 5113  
Moon 12 - Phase 35  
3rd Phase  
**Devaloka Day**

<b>6</b>	<b>Saturday, December 31, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Saptami Yam Titau	Pyinmana, Myanmar
	Meena Rasi: 0.5      Tithi 7 Creative Work      Siddha Yoga Until 1.22AM Sun then Amrita Yoga	<b>Gulika</b> 6:22AM – 7:45AM <b>Yama</b> 1:20PM – 2:44PM <b>Rahu</b> 9:09AM – 10:33AM	<b>Purvaprostapada* Until 10:59AM</b> Vyatipata* Until 7:42AM Gara Until 10:30AM <b>Saptami Until 11:36PM</b>

Sun 20      Sutra 262  
Khara 5113  
Moon 12 - Phase 35  
3rd Phase  
**Devaloka Day**

Vinayaga Viratam Ends

	<b>Sunday, January 1, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Pyinmana, Myanmar
	Meena Rasi: 12.55      Tithi 8 Creative Work      Amrita Yoga Until 1.23AM Mon then Siddha Yoga	<b>Gulika</b> 2:45PM – 4:09PM <b>Yama</b> 11:57AM – 1:21PM <b>Rahu</b> 4:09PM – 5:33PM	<b>Uttaraprostapada Until 1:30PM</b> Variyan Until 8:08AM Visti Until 12:33PM <b>Ashtami* Until 1:39AM Mon</b>

Sun 21      Sutra 263  
Khara 5113  
Moon 12 - Phase 35  
Ashtami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>Monday, January 2, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau	Pyinmana, Myanmar
	Meena Rasi: 24.5      Tithi 9 Family Home Evening      812696156 Creative Work      Siddha Yoga	<b>Gulika</b> 1:22PM – 2:46PM <b>Yama</b> 10:34AM – 11:58AM <b>Rahu</b> 7:46AM – 9:10AM	<b>Revati Until 4:19PM</b> Parigha* Until 8:52AM Balava Until 2:57PM <b>Navami* Until 4:03AM Tue</b>

Sun 22      Sutra 264  
Khara 5113  
Moon 12 - Phase 35  
Navami  
**Devaloka Day**

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

<b>1</b>	<b>Tuesday, January 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dasami Yam Titau	Pyinmana, Myanmar <b>Sun 23 Sutra 265</b> Khara 5113
	Mesha Rasi: 6.41      Tithi 10 822696156	<b>Gulika</b> 11:58AM – 1:22PM <b>Yama</b> 9:11AM – 10:34AM <b>Rahu</b> 2:46PM – 4:10PM	<b>Asvini Until 7:18PM</b> Shiva Until 9:44AM Taitila Until 5:31PM <b>Dasami Until 7:00AM Wed</b>

Creative Work Siddha Yoga  
Until 1.24AM Wed then Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 6:23AM	Moon 12 - Phase 36 4th Phase
<b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM	
<b>Nataraja:</b> Yellow Moon – White	

**Sivaloka Day**  
**Pausha-Markali**

<b>2</b>	<b>Wednesday, January 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Pyinmana, Myanmar <b>Sun 24 Sutra 266</b> Khara 5113
	Mesha Rasi: 18.32      Tithi 10 – 11 822696156	<b>Gulika</b> 10:35AM – 11:59AM <b>Yama</b> 7:47AM – 9:11AM <b>Rahu</b> 11:59AM – 1:23PM	<b>Bharani Until 10:17PM</b> Siddha Until 10:36AM Vanija Until 8:05PM <b>Dasami Until 7:00AM</b>

Routine Work Marana Yoga  
Until 10:17PM then Amrita Yoga  
Until 1.24AM Thu then Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 6:23AM	Moon 12 - Phase 36 4th Phase
<b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM	
<b>Nataraja:</b> Yellow Moon – White	

**Sivaloka Day**  
**Pausha-Markali**

<b>3</b>	<b>Thursday, January 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau	Pyinmana, Myanmar <b>Sun 25 Sutra 267</b> Khara 5113
	Mrishabha Rasi: 0.27      Tithi 11 – 12 822696156	<b>Gulika</b> 9:11AM – 10:35AM <b>Yama</b> 6:24AM – 7:47AM <b>Rahu</b> 1:23PM – 2:47PM	<b>Krittika Until 1:07AM Fri</b> Sadhya Until 11:20AM Bava Until 10:29PM <b>Ekadasi Until 9:24AM</b>

Routine Work Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 6:24AM	Moon 12 - Phase 36 4th Phase
<b>Muruqa:</b> Clear <i>Sunset:</i> 5:35PM	
<b>Nataraja:</b> Yellow Moon – White	

**Sivaloka Day**  
**Pausha-Markali**

<b>4</b>	<b>Friday, January 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Pyinmana, Myanmar <b>Sun 26 Sutra 268</b> Khara 5113
	Mrishabha Rasi: 12.31      Tithi 12 – 13 832696156	<b>Gulika</b> 7:48AM – 9:12AM <b>Yama</b> 2:48PM – 4:12PM <b>Rahu</b> 10:36AM – 12:00PM	<b>Rohini Until 3:38AM Sat</b> Subha Until 11:47AM Kaulava Until 12:34AM Sat <b>Dvadasi Until 11:28AM</b>

Routine Work Marana Yoga  
Until 1.25AM Sat then Amrita Yoga  
Until 3:38AM Sat then Siddha Yoga

<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM	Moon 12 - Phase 36 4th Phase
<b>Muruqa:</b> Clear <i>Sunset:</i> 5:36PM	
<b>Nataraja:</b> Yellow Moon – Yellow	

**Devaloka Day**  
**Pausha-Markali**  
*Pradosha Vrata*

<b>5</b>	<b>Saturday, January 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi Yam Titau	Pyinmana, Myanmar <b>Sun 27 Sutra 269</b> Khara 5113
	Mrishabha Rasi: 24.47      Tithi 13 – 14 832696156	<b>Gulika</b> 6:24AM – 7:48AM <b>Yama</b> 1:24PM – 2:48PM <b>Rahu</b> 9:12AM – 10:36AM	<b>Mrigasira Until 3:55AM Sun</b> Sukla Until 11:26AM Gara Until 12:30AM Sun <b>Trayodasi Until 12:30PM</b>

Creative Work Siddha Yoga

<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM	Moon 12 - Phase 36 4th Phase
<b>Muruqa:</b> Clear <i>Sunset:</i> 5:36PM	
<b>Nataraja:</b> Yellow Moon – Yellow	

**Devaloka Day**  
**Pausha-Markali**

<b>○</b>	<b>Sunday, January 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdasi/Purnima Yam Titau	Pyinmana, Myanmar <b>Sutra 270</b> Khara 5113
	<b>Copper Retreat Star</b> Mithuna Rasi: 7.2      Tithi 14 – 15 832696156	<b>Gulika</b> 2:49PM – 4:13PM <b>Yama</b> 12:01PM – 1:25PM <b>Rahu</b> 4:13PM – 5:37PM	<b>Ardra Until 5:23AM Mon</b> Brahma Until 11:03AM Visti Until 1:27AM Mon <b>Chaturdasi* Until 1:27PM</b>

Creative Work Siddha Yoga  
Until 5:23AM Mon then Amrita Yoga

<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM	Moon 12 - Phase 36 Purnima
<b>Muruqa:</b> Clear <i>Sunset:</i> 5:37PM	
<b>Nataraja:</b> Yellow Moon – Yellow	

**Devaloka Day**  
**Pausha-Markali**  
Tiruvembavai

<b>○</b>	<b>Monday, January 9, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Purnima*/Prathama Yam Titau	Pyinmana, Myanmar <b>Sutra 271</b> Khara 5113
	<b>Silver Retreat Star</b> Mithuna Rasi: 20.09      Tithi 15 – 16 842696156	<b>Gulika</b> 1:25PM – 2:49PM <b>Yama</b> 10:37AM – 12:01PM <b>Rahu</b> 7:49AM – 9:13AM	<b>Punarvasu Until 6:08AM Tue</b> Indra Until 10:10AM Balava Until 1:51AM Tue <b>Purnima* Until 1:51PM</b>

Creative Work Amrita Yoga  
Until 1.26AM Tue then Siddha Yoga

<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:25AM	Moon 12 - Phase 36 Prathama
<b>Muruqa:</b> Clear <i>Sunset:</i> 5:37PM	
<b>Nataraja:</b> Yellow Moon – Blue	

**Sivaloka Day**  
**Pausha-Markali**

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



**Tuesday, January 10, 2012**  
**Gold Retreat Star**

Kataka Rasi: 3.16    Tithi 16 – 17  
842696156

Creative Work    Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika** 12:01PM – 1:26PM  
**Yama** 9:13AM – 10:37AM  
**Rahu** 2:50PM – 4:14PM

**Punarvasu Until 6:08AM**  
**Vaidhriti\* Until 8:48AM**  
**Taitila Until 1:40AM Wed**  
**Prathama\* Until 1:40PM**

**Ganesha:** Purple    *Sunrise:* 6:25AM  
**Muruqa:** Clear    *Sunset:* 5:38PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Pyinmana, Myanmar  
**Sutra 272**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**1**

**Wednesday, January 11, 2012**

Kataka Rasi: 16.38    Tithi 17 – 18  
842696156

Creative Work    Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 10:38AM – 12:02PM  
**Yama** 7:49AM – 9:13AM  
**Rahu** 12:02PM – 1:26PM

**Pushya Until 6:02AM**  
**Vishkambha\* Until 6:55AM**  
**Vanija Until 11:29PM**  
**Dvitiya Until 12:25PM**

**Ganesha:** Purple    *Sunrise:* 6:25AM  
**Muruqa:** Clear    *Sunset:* 5:39PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Pyinmana, Myanmar  
**Sun 1 Sutra 273**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**2**

**Thursday, January 12, 2012**

Simha Rasi: 0.15    Tithi 18 – 19  
852696156

Creative Work    Amrita Yoga  
Until 1.28AM Fri then Marana Yoga  
Until 4:26AM Fri then Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 9:14AM – 10:38AM  
**Yama** 6:25AM – 7:49AM  
**Rahu** 1:26PM – 2:51PM

**Magha\* Until 4:26AM Fri**  
**Ayushman Until 2:11AM Fri**  
**Bava Until 10:24PM**  
**Tritiya Until 11:20AM**

**Ganesha:** Clear    *Sunrise:* 6:25AM  
**Muruqa:** Clear    *Sunset:* 5:39PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Pyinmana, Myanmar  
**Sun 2 Sutra 274**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**3**

**Friday, January 13, 2012**

Simha Rasi: 14.02    Tithi 19 – 20  
852696156

Creative Work    Siddha Yoga  
Until 1.28AM Sat then Marana Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 7:50AM – 9:14AM  
**Yama** 2:51PM – 4:15PM  
**Rahu** 10:38AM – 12:03PM

**Purvaphalguni\* Until 3:39AM Sat**  
**Saubhagya Until 11:50PM**  
**Kaulava Until 9:00PM**  
**Chaturthi\* Until 9:55AM**

**Ganesha:** Clear    *Sunrise:* 6:25AM  
**Muruqa:** Clear    *Sunset:* 5:40PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Pyinmana, Myanmar  
**Sun 3 Sutra 275**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**4**

**Saturday, January 14, 2012**

Simha Rasi: 27.57    Tithi 20 – 21  
853696156

Routine Work    Marana Yoga  
Until 1.28AM Sun then Amrita Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 6:25AM – 7:50AM  
**Yama** 1:27PM – 2:52PM  
**Rahu** 9:14AM – 10:39AM

**Uttaraphalguni Until 2:40AM Sun**  
**Sobhana Until 9:16PM**  
**Gara Until 7:20PM**  
**Panchami Until 8:16AM**

**Ganesha:** Purple    *Sunrise:* 6:25AM  
**Muruqa:** Clear    *Sunset:* 5:40PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Pyinmana, Myanmar  
**Sun 4 Sutra 276**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Sunday, January 15, 2012**

Kanya Rasi: 11.57    Tithi 21 – 22  
863696156

Creative Work    Amrita Yoga  
Until 1.29AM Mon then Siddha Yoga  
Until 1:31AM Mon then Prabalarishta Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Vanija/Bava Karana Shasthi\*/Saptami Yam Titau

**Gulika** 2:52PM – 4:17PM  
**Yama** 12:03PM – 1:28PM  
**Rahu** 4:17PM – 5:41PM

**Hasta Until 1:31AM Mon**  
**Athiganda\* Until 6:34PM**  
**Bava Until 4:36AM Mon**  
**Shasthi\* Until 6:26AM**

**Ganesha:** Clear    *Sunrise:* 6:26AM  
**Muruqa:** Clear    *Sunset:* 5:41PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Pyinmana, Myanmar  
**Sun 5 Sutra 277**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**



**Monday, January 16, 2012**  
**Retreat Star**

Kanya Rasi: 26.01    Tithi 23  
863696156

**Family Home Evening**  
Routine Work    Prabalarishta Yoga  
Until 12:15AM Tue then Amrita Yoga  
Until 1.29AM Tue then Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika** 1:28PM – 2:53PM  
**Yama** 10:39AM – 12:04PM  
**Rahu** 7:50AM – 9:15AM

**Chitra Until 12:15AM Tue**  
**Sukarma Until 3:46PM**  
**Balava Until 3:35PM**  
**Ashtami\* Until 2:40AM Tue**

**Ganesha:** Clear    *Sunrise:* 6:26AM  
**Muruqa:** Clear    *Sunset:* 5:42PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Pyinmana, Myanmar  
**Sun 6 Sutra 278**  
Khara 5113  
Moon 13 - Phase 37  
Ashtami

**Devaloka Day**

**Tuesday, January 17, 2012**  
**Retreat Star**

Tula Rasi: 10.08    Tithi 24  
863696156

Creative Work    Siddha Yoga  
Until 10:56PM then Marana Yoga  
Until 1.29AM Wed then Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika** 12:04PM – 1:28PM  
**Yama** 9:15AM – 10:39AM  
**Rahu** 2:53PM – 4:18PM

**Svati Until 10:56PM**  
**Dhriti Until 12:54PM**  
**Taitila Until 1:34PM**  
**Navami\* Until 12:39AM Wed**

**Ganesha:** Clear    *Sunrise:* 6:26AM  
**Muruqa:** Clear    *Sunset:* 5:42PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Pyinmana, Myanmar  
**Sun 7 Sutra 279**  
Khara 5113  
Moon 13 - Phase 37  
Navami

**Devaloka Day**


<b>1</b>	<b>Wednesday, January 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Visakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau	Pyinmana, Myanmar
	Tula Rasi: 24.16      Tithi 25 873696156	<b>Gulika</b> 10:40AM – 12:04PM <b>Yama</b> 7:50AM – 9:15AM <b>Rahu</b> 12:04PM – 1:29PM	<b>Sun 8 Sutra 280</b> Khara 5113 Moon 13 - Phase 38 2nd Phase
Creative Work    Siddha Yoga		<b>Visakha Until 9:34PM</b> Shula* Until 10:00AM Vanija Until 11:31AM <b>Dasami Until 10:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Yellow Moon – Orange <b>Pausha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Thursday, January 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ekadasi* Yam Titau	Pyinmana, Myanmar
	Wrischika Rasi: 8.23      Tithi 26 873696156	<b>Gulika</b> 9:15AM – 10:40AM <b>Yama</b> 6:26AM – 7:50AM <b>Rahu</b> 1:29PM – 2:54PM	<b>Sun 9 Sutra 281</b> Khara 5113 Moon 13 - Phase 38 2nd Phase
Creative Work    Siddha Yoga Until 1.30AM Fri then Prabalarishta Yoga		<b>Anuradha Until 8:11PM</b> Ganda* Until 7:05AM Bava Until 9:27AM <b>Ekadasi* Until 8:32PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Yellow Moon – Orange <b>Pausha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Friday, January 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau	Pyinmana, Myanmar
	Wrischika Rasi: 22.3      Tithi 27 873696156	<b>Gulika</b> 7:51AM – 9:15AM <b>Yama</b> 2:54PM – 4:19PM <b>Rahu</b> 10:40AM – 12:05PM	<b>Sun 10 Sutra 282</b> Khara 5113 Moon 13 - Phase 38 2nd Phase
Routine Work    Prabalarishta Yoga Until 6:51PM then no yoga Until 1.30AM Sat then Siddha Yoga		<b>Jyeshtha* Until 6:51PM</b> Dhruva Until 1:33AM Sat Kaulava Until 7:27AM <b>Dvadasi* Until 6:31PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:44PM <b>Nataraja:</b> Yellow Moon – Orange <b>Pausha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Saturday, January 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Pyinmana, Myanmar
	Dhanus Rasi: 6.32      Tithi 28 – 29 883696156	<b>Gulika</b> 6:26AM – 7:51AM <b>Yama</b> 1:30PM – 2:55PM <b>Rahu</b> 9:15AM – 10:40AM	<b>Sun 11 Sutra 283</b> Khara 5113 Moon 13 - Phase 38 2nd Phase
Creative Work    Siddha Yoga Until 5:39PM then Marana Yoga Until 1.31AM Sun then Siddha Yoga		<b>Mula* Until 5:39PM</b> Vyaghata* Until 10:48PM Visti Until 3:43AM Sun <b>Trayodasi* Until 4:39PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:44PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Pausha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>5</b>	<b>Sunday, January 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Pyinmana, Myanmar
	Dhanus Rasi: 20.26      Tithi 29 – 30 883696156	<b>Gulika</b> 2:55PM – 4:20PM <b>Yama</b> 12:05PM – 1:30PM <b>Rahu</b> 4:20PM – 5:45PM	<b>Sun 12 Sutra 284</b> Khara 5113 Moon 13 - Phase 38 2nd Phase
Creative Work    Siddha Yoga Until 4:40PM then Amrita Yoga Until 1.31AM Mon then Marana Yoga		<b>Purvashadha* Until 4:40PM</b> Harshana Until 8:15PM Catuspada Until 2:05AM Mon <b>Chaturdasi* Until 3:00PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:45PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Pausha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Monday, January 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Pyinmana, Myanmar
	<b>Retreat Star</b> Makara Rasi: 4.1      Tithi 30 – 1 <b>Family Home Evening</b> 883696156	<b>Gulika</b> 1:31PM – 2:56PM <b>Yama</b> 10:41AM – 12:06PM <b>Rahu</b> 7:51AM – 9:16AM	<b>Uttarashadha Until 4:47PM</b> Vajra* Until 6:51PM Kintughna Until 2:21AM Tue <b>Amavasya* Until 2:21PM</b>
Routine Work    Marana Yoga Until 4:47PM then Amrita Yoga Until 1.31AM Tue then Siddha Yoga			<b>Ganesha:</b> Green <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Pausha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Tuesday, January 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Pyinmana, Myanmar
	<b>Retreat Star</b> Makara Rasi: 17.38      Tithi 1 – 2 893696156	<b>Gulika</b> 12:06PM – 1:31PM <b>Yama</b> 9:16AM – 10:41AM <b>Rahu</b> 2:56PM – 4:21PM	<b>Sun 14 Sutra 286</b> Khara 5113 Moon 13 - Phase 38 Prathama
Creative Work    Siddha Yoga Until 4:31PM then Marana Yoga Until 1.31AM Wed then Prabalarishta Yoga		<b>Sravana Until 4:31PM</b> Siddhi Until 4:52PM Balava Until 1:26AM Wed <b>Prathama* Until 1:26PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Yellow Moon – Purple <b>Magha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

<b>1</b>	<b>Wednesday, January 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 0.5      Tithi 2 – 3 993696156	<b>Gulika</b> 10:41AM – 12:06PM <b>Yama</b> 7:51AM – 9:16AM <b>Rahu</b> 12:06PM – 1:31PM	<b>Dhanishtha Until 4:46PM</b> Vyatipata* Until 3:22PM Taitila Until 1:05AM Thu <b>Dvitiya Until 1:05PM</b>	<b>Sun 15 Sutra 287</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work Prabalarishta Yoga Until 4:46PM then Siddha Yoga Until 1:32AM Thu then Marana Yoga			<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>2</b>	<b>Thursday, January 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 13.43      Tithi 3 – 4 993696156	<b>Gulika</b> 9:16AM – 10:41AM <b>Yama</b> 6:25AM – 7:51AM <b>Rahu</b> 1:32PM – 2:57PM	<b>Satabhisha Until 5:36PM</b> Variyan Until 2:23PM Vanija Until 1:20AM Fri <b>Tritiya Until 1:20PM</b>	<b>Sun 16 Sutra 288</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work Marana Yoga Until 5:36PM then Siddha Yoga			<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Friday, January 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 26.19      Tithi 4 – 5 913796156	<b>Gulika</b> 7:51AM – 9:16AM <b>Yama</b> 2:57PM – 4:22PM <b>Rahu</b> 10:41AM – 12:07PM	<b>Purvaprostapada* Until 8:03PM</b> Parigha* Until 2:32PM Bava Until 4:02AM Sat <b>Chaturthi* Until 2:56PM</b>	<b>Sun 17 Sutra 289</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga			<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha-Thai</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Saturday, January 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Pyinmana, Myanmar
	Meena Rasi: 8.37      Tithi 5 – 6 914796156	<b>Gulika</b> 6:25AM – 7:51AM <b>Yama</b> 1:32PM – 2:58PM <b>Rahu</b> 9:16AM – 10:41AM	<b>Uttaraprostapada Until 10:05PM</b> Shiva Until 2:32PM Kaulava Until 5:34AM Sun <b>Panchami Until 4:28PM</b>	<b>Sun 18 Sutra 290</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga Until 10:05PM then Prabalarishta Yoga Until 1:32AM Sun then Amrita Yoga			<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha-Thai</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Sunday, January 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila Karana Shasthi* Yam Titau		Pyinmana, Myanmar
	Meena Rasi: 20.43      Tithi 6 914796156	<b>Gulika</b> 2:58PM – 4:23PM <b>Yama</b> 12:07PM – 1:32PM <b>Rahu</b> 4:23PM – 5:49PM	<b>Revati Until 12:35AM Mon</b> Siddha Until 2:58PM Taitila Until 7:35AM Mon <b>Shasthi* Until 6:30PM</b>	<b>Sun 19 Sutra 291</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Amrita Yoga Until 12:35AM Mon then Siddha Yoga			<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha-Thai</b>	<b>Devaloka Day</b>

<b>6</b>	<b>Monday, January 30, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau		Pyinmana, Myanmar
	Mesha Rasi: 2.38      Tithi 7 <b>Family Home Evening</b> 924796156	<b>Gulika</b> 1:33PM – 2:58PM <b>Yama</b> 10:42AM – 12:07PM <b>Rahu</b> 7:50AM – 9:16AM	<b>Asvini Until 3:24AM Tue</b> Sadhya Until 3:41PM Gara Until 7:48AM <b>Saptami Until 8:53PM</b>	<b>Sun 20 Sutra 292</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga			<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha-Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Tuesday, January 31, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau		Pyinmana, Myanmar
	Mesha Rasi: 14.28      Tithi 8 924796156	<b>Gulika</b> 12:07PM – 1:33PM <b>Yama</b> 9:16AM – 10:42AM <b>Rahu</b> 2:59PM – 4:24PM	<b>Bharani Until 6:45AM Wed</b> Subha Until 4:35PM Visti Until 10:22AM <b>Ashtami* Until 11:28PM</b>	<b>Sun 21 Sutra 293</b> Khara 5113 Moon 13 - Phase 39 Ashtami
Creative Work Siddha Yoga Until 1:33AM Wed then Marana Yoga Until 6:45AM Wed then Amrita Yoga			<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha-Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>	<b>Wednesday, February 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau		Pyinmana, Myanmar
	Mesha Rasi: 26.17      Tithi 9 924796156	<b>Gulika</b> 10:42AM – 12:07PM <b>Yama</b> 7:50AM – 9:16AM <b>Rahu</b> 12:07PM – 1:33PM	<b>Bharani Until 6:45AM</b> Sukla Until 5:30PM Balava Until 12:58PM <b>Navami* Until 2:04AM Thu</b>	<b>Sun 22 Sutra 294</b> Khara 5113 Moon 13 - Phase 39 Navami
Routine Work Marana Yoga Until 6:45AM then Amrita Yoga Until 1:33AM Thu then Marana Yoga			<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha-Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

<b>1</b>	<b>Thursday, February 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dasami Yam Titau	Pinyinmana, Myanmar
	944797156		Sun 23 Sutra 295 Khara 5113
944797156	934796156		Moon 13 - Phase 40 4th Phase
Routine Work	Marana Yoga		
		<b>Gulika</b> 9:16AM – 10:42AM <b>Yama</b> 6:24AM – 7:50AM <b>Rahu</b> 1:33PM – 2:59PM	<b>Krittika Until 9:36AM</b> Brahma Until 6:15PM Taitila Until 3:23PM <b>Dasami Until 4:28AM Fri</b>
		<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha-Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Friday, February 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Pinyinmana, Myanmar
	944797156		Sun 24 Sutra 296 Khara 5113
944797156	934797156		Moon 13 - Phase 40 4th Phase
Routine Work	Marana Yoga		
Until 12:06PM then Siddha Yoga		<b>Gulika</b> 7:50AM – 9:16AM <b>Yama</b> 2:59PM – 4:25PM <b>Rahu</b> 10:42AM – 12:08PM	<b>Rohini Until 12:06PM</b> Indra Until 6:41PM Vanija Until 5:25PM <b>Ekadasi Until 6:30AM Sat</b>
		<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Yellow <b>Magha-Thai</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, February 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti* Yoga Bava Karana Dvadasi Yam Titau	Pinyinmana, Myanmar
	944797156		Sun 25 Sutra 297 Khara 5113
944797156	934797157		Moon 13 - Phase 40 4th Phase
Creative Work	Siddha Yoga		
		<b>Gulika</b> 6:24AM – 7:50AM <b>Yama</b> 1:34PM – 2:59PM <b>Rahu</b> 9:16AM – 10:42AM	<b>Mrigasira Until 1:28PM</b> Vaidhriti* Until 5:44PM Bava Until 5:48PM <b>Dvadasi Until 6:29AM Sun</b>
		<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Magha-Thai</b>	<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Sunday, February 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Pinyinmana, Myanmar
	944797157		Sun 26 Sutra 298 Khara 5113
944797157	934797157		Moon 13 - Phase 40 4th Phase
Creative Work	Siddha Yoga		
Until 1:33AM Mon then Amrita Yoga		<b>Gulika</b> 3:00PM – 4:26PM <b>Yama</b> 12:08PM – 1:34PM <b>Rahu</b> 4:26PM – 5:52PM	<b>Ardra Until 2:41PM</b> Vishkambha* Until 5:08PM Kaulava Until 6:29PM <b>Dvadasi Until 6:29AM</b>
		<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Magha-Thai</b>	<b>Subha Sivaloka Day</b>
			<i>Pradosha Vrata</i>

<b>5</b>	<b>Monday, February 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Pinyinmana, Myanmar
	944797157		Sun 27 Sutra 299 Khara 5113
944797157	934797157		Moon 13 - Phase 40 4th Phase
Creative Work	Amrita Yoga		
Until 3:13PM then Siddha Yoga		<b>Gulika</b> 1:34PM – 3:00PM <b>Yama</b> 10:42AM – 12:08PM <b>Rahu</b> 7:49AM – 9:16AM	<b>Punarvasu Until 3:13PM</b> Priti Until 3:54PM Gara Until 6:26PM <b>Trayodasi Until 6:26AM</b>
		<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Magha-Thai</b>	<b>Sivaloka Day</b>
		<b>Thai Pusam</b>	

<b>○</b>	<b>Tuesday, February 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau	Pinyinmana, Myanmar
	944797157		Sun 28 Sutra 300 Khara 5113
944797157	934797157		Moon 13 - Phase 40 Purnima
Creative Work	Siddha Yoga		
		<b>Gulika</b> 12:08PM – 1:34PM <b>Yama</b> 9:15AM – 10:42AM <b>Rahu</b> 3:00PM – 4:27PM	<b>Pushya Until 2:25PM</b> Ayushman Until 1:28PM Visti Until 4:43PM <b>Purnima* Until 3:48AM Wed</b>
		<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Magha-Thai</b>	<b>Sivaloka Day</b>

<b>○</b>	<b>Wednesday, February 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Pinyinmana, Myanmar
	944797157		Sun 29 Sutra 301 Khara 5113
944797157	934797157		Moon 13 - Phase 40 Prathama
Creative Work	Siddha Yoga		
Until 1:33AM Thu then Amrita Yoga		<b>Gulika</b> 10:42AM – 12:08PM <b>Yama</b> 7:49AM – 9:15AM <b>Rahu</b> 12:08PM – 1:34PM	<b>Aslesha* Until 1:39PM</b> Saubhagya Until 11:08AM Balava Until 3:19PM <b>Prathama* Until 2:24AM Thu</b>
		<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Magha-Thai</b>	<b>Sivaloka Day</b>





**Thursday, February 9, 2012**  
**Gold Retreat Star**

Simha Rasi: 10      Tithi 17  
954797167  
Creative Work    Amrita Yoga  
Until 12:24PM then no yoga  
Until 1.33AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**    9:15AM – 10:42AM    **Magha\* Until 12:24PM**  
**Yama**      6:22AM – 7:49AM      Sobhana Until 8:21AM  
**Rahu**      1:34PM – 3:01PM      Taitila Until 1:22PM

**Ganesha:** Clear      *Sunrise:* 6:22AM  
**Muruqa:** Yellow    *Sunset:* 5:54PM  
**Nataraja:** Blue  
Moon – Red  
**Magha\*Thai**

**Dvitiya Until 12:27AM Fri**

Pyinmana, Myanmar  
**Sutra 302**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Devaloka Day**

**1**

**Friday, February 10, 2012**

Simha Rasi: 23.52      Tithi 18  
955797267  
Creative Work    Siddha Yoga  
Until 1.33AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**    7:48AM – 9:15AM    **Purvaphalguni\* Until 10:47AM**  
**Yama**      3:01PM – 4:28PM      Sukarma Until 2:34AM Sat  
**Rahu**      10:41AM – 12:08PM    Vanija Until 11:03AM

**Ganesha:** White      *Sunrise:* 6:22AM  
**Muruqa:** White    *Sunset:* 5:54PM  
**Nataraja:** Yellow  
Moon – Red  
**Magha\*Thai**

**Tritiya Until 10:07PM**

Pyinmana, Myanmar  
**Sun 1 Sutra 303**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Subha Sivaloka Day**

**2**

**Saturday, February 11, 2012**

Kanya Rasi: 8.15      Tithi 19  
955797267  
Routine Work    Marana Yoga  
Until 1.33AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    6:22AM – 7:48AM    **Uttaraphalguni Until 9:00AM**  
**Yama**      1:35PM – 3:01PM      Dhriti Until 11:16PM  
**Rahu**      9:15AM – 10:41AM    Bava Until 8:32AM

**Ganesha:** White      *Sunrise:* 6:22AM  
**Muruqa:** White    *Sunset:* 5:54PM  
**Nataraja:** Yellow  
Moon – Red  
**Magha\*Thai**

**Chaturthi\* Until 7:36PM**

Pyinmana, Myanmar  
**Sun 2 Sutra 304**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Subha Sivaloka Day**

**3**

**Sunday, February 12, 2012**

Kanya Rasi: 22.38      Tithi 20 – 21  
965797267  
Creative Work    Amrita Yoga  
Until 7:12AM then Siddha Yoga  
Until 1.33AM Mon then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasla/Chitra Nakshatra Shula\* Yoga Kaulava/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    3:01PM – 4:28PM    **Hasta Until 7:12AM**  
**Yama**      12:08PM – 1:35PM      Shula\* Until 7:58PM  
**Rahu**      4:28PM – 5:55PM      Gara Until 4:09AM Mon

**Ganesha:** Clear      *Sunrise:* 6:21AM  
**Muruqa:** White    *Sunset:* 5:55PM  
**Nataraja:** Yellow  
Moon – Green  
**Magha\*Thai**

**Panchami Until 5:04PM**

Pyinmana, Myanmar  
**Sun 3 Sutra 305**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**

**4**

**Monday, February 13, 2012**

Tula Rasi: 6.57      Tithi 21 – 22  
**Family Home Evening**    965797267  
Creative Work    Amrita Yoga  
Until 1.33AM Tue then Siddha Yoga  
Until 4:22AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi\* Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    1:35PM – 3:02PM    **Svati Until 4:22AM Tue**  
**Yama**      10:41AM – 12:08PM    Ganda\* Until 4:47PM  
**Rahu**      7:48AM – 9:14AM      Visti Until 1:44AM Tue

**Ganesha:** Clear      *Sunrise:* 6:21AM  
**Muruqa:** White    *Sunset:* 5:55PM  
**Nataraja:** Yellow  
Moon – Green  
**Magha\*Mas**

**Shasthi\* Until 2:40PM**

Pyinmana, Myanmar  
**Sun 4 Sutra 306**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**



**Tuesday, February 14, 2012**  
**Retreat Star**

Tula Rasi: 21.09      Tithi 22 – 23  
975797267  
Routine Work    Marana Yoga  
Until 1.33AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    12:08PM – 1:35PM    **Visakha Until 2:53AM Wed**  
**Yama**      9:14AM – 10:41AM      Vridhhi Until 1:46PM  
**Rahu**      3:02PM – 4:29PM      Balava Until 11:32PM

**Ganesha:** Purple      *Sunrise:* 6:20AM  
**Muruqa:** White    *Sunset:* 5:56PM  
**Nataraja:** Yellow  
Moon – Orange  
**Magha\*Mas**

**Saptami Until 12:28PM**

Pyinmana, Myanmar  
**Sun 5 Sutra 307**  
Khara 5113  
Moon 1 - Phase 41  
Ashtami

**Subha Sivaloka Day**

**Wednesday, February 15, 2012**  
**Retreat Star**

Vrischika Rasi: 5.13      Tithi 23 – 24  
975797267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Nyaghata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    10:41AM – 12:08PM    **Anuradha Until 1:38AM Thu**  
**Yama**      7:47AM – 9:14AM      Dhruva Until 11:00AM  
**Rahu**      12:08PM – 1:35PM      Taitila Until 9:36PM

**Ganesha:** Purple      *Sunrise:* 6:20AM  
**Muruqa:** White    *Sunset:* 5:56PM  
**Nataraja:** Yellow  
Moon – Orange  
**Magha\*Mas**

**Ashtami\* Until 10:32AM**

Pyinmana, Myanmar  
**Sun 6 Sutra 308**  
Khara 5113  
Moon 1 - Phase 41  
Navami

**Subha Sivaloka Day**


<b>1</b>	<b>Thursday, February 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Pyinmana, Myanmar
	Wrischika Rasi: 19.07    Tithi 24 – 25 985797267	<b>Gulika</b> 9:14AM – 10:41AM <b>Yama</b> 6:19AM – 7:47AM <b>Rahu</b> 1:35PM – 3:02PM	<b>Jyeshtha* Until 12:39AM Fri</b> Vyaghata* Until 8:28AM Vanija Until 7:57PM <b>Navami* Until 8:53AM</b>	<b>Sun 7 Sutra 309</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work    Siddha Yoga Until 1.33AM Fri then no yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> White <i>Sunset:</i> 5:56PM <b>Nataraja:</b> Yellow Moon – Orange <b>Magha-Masi</b>	<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Friday, February 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau		Pyinmana, Myanmar
	Dhanus Rasi: 2.52    Tithi 25 – 26 985797267	<b>Gulika</b> 7:46AM – 9:13AM <b>Yama</b> 3:02PM – 4:30PM <b>Rahu</b> 10:41AM – 12:08PM	<b>Mula* Until 11:56PM</b> Harshana Until 6:10AM Bava Until 6:35PM <b>Dasami Until 7:30AM</b>	<b>Sun 8 Sutra 310</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	No Yoga Until 11:56PM then Siddha Yoga Until 1.33AM Sat then Marana Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> White <i>Sunset:</i> 5:57PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, February 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Taitila Karana Ekadasi*/Dvadasi* Yam Titau		Pyinmana, Myanmar
	Dhanus Rasi: 16.29    Tithi 26 – 27 985797267	<b>Gulika</b> 6:18AM – 7:46AM <b>Yama</b> 1:35PM – 3:02PM <b>Rahu</b> 9:13AM – 10:40AM	<b>Purvashadha* Until 12:48AM Sun</b> Siddhi Until 2:50AM Sun Taitila Until 6:25PM <b>Ekadasi* Until 6:25AM</b>	<b>Sun 9 Sutra 311</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Routine Work    Marana Yoga Until 12:48AM Sun then no yoga Until 1.33AM Sun then Amrita Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> White <i>Sunset:</i> 5:57PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Sunday, February 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Pyinmana, Myanmar
	Dhanus Rasi: 29.56    Tithi 28 986797267	<b>Gulika</b> 3:03PM – 4:30PM <b>Yama</b> 12:08PM – 1:35PM <b>Rahu</b> 4:30PM – 5:57PM	<b>Uttarashadha Until 12:34AM Mon</b> Vyatipata* Until 12:53AM Mon Gara Until 5:31PM <b>Trayodasi* Until 5:31AM Mon</b> <i>Pradosha Vrata (Fasting)</i>	<b>Sun 10 Sutra 312</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work    Amrita Yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> White <i>Sunset:</i> 5:57PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Monday, February 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Pyinmana, Myanmar
	Makara Rasi: 13.14    Tithi 29 Family Home Evening    996797267	<b>Gulika</b> 1:35PM – 3:03PM <b>Yama</b> 10:40AM – 12:08PM <b>Rahu</b> 7:45AM – 9:12AM	<b>Sravana Until 12:38AM Tue</b> Variyan Until 11:14PM Visti Until 4:57PM <b>Chaturdasi* Until 4:57AM Tue</b>	<b>Sun 11 Sutra 313</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work    Amrita Yoga Until 12:38AM Tue then Siddha Yoga Until 1.33AM Tue then Marana Yoga	<b>Mahasivaratri</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:17AM <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	<b>Devaloka Day</b>

	<b>Tuesday, February 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Pyinmana, Myanmar
	<b>Retreat Star</b> Makara Rasi: 26.21    Tithi 30 996897267	<b>Gulika</b> 12:07PM – 1:35PM <b>Yama</b> 9:12AM – 10:40AM <b>Rahu</b> 3:03PM – 4:30PM	<b>Dhanishtha Until 1:03AM Wed</b> Parigha* Until 9:53PM Catuspada Until 4:45PM <b>Amavasya* Until 4:45AM Wed</b>	<b>Sun 12 Sutra 314</b> Khara 5113 Moon 1 - Phase 42 Amavasya
	Routine Work    Marana Yoga Until 1.33AM Wed then Siddha Yoga		<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:17AM <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	<b>Sivaloka Day</b>

	<b>Wednesday, February 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Pyinmana, Myanmar
	<b>Retreat Star</b> Kumbha Rasi: 9.15    Tithi 1 996897267	<b>Gulika</b> 10:40AM – 12:07PM <b>Yama</b> 7:44AM – 9:12AM <b>Rahu</b> 12:07PM – 1:35PM	<b>Satabhisha Until 1:51AM Thu</b> Shiva Until 8:54PM Kintughna Until 4:58PM <b>Prathama* Until 4:58AM Thu</b>	<b>Sun 13 Sutra 315</b> Khara 5113 Moon 1 - Phase 42 Prathama
	Creative Work    Siddha Yoga Until 1.33AM Thu then Marana Yoga Until 1:51AM Thu then Siddha Yoga		<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:16AM <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM <b>Nataraja:</b> Yellow Moon – Purple <b>Phalgun-Masi</b>	<b>Sivaloka Day</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda, Svetu 6.11. UpM, 95

<b>1</b>	<b>Thursday, February 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha Yoga Balava Karana Dvitiya Yam Titau	Pinyinman, Myanmar
	Sun 14 Sutra 316 Khara 5113		
Kumbha Rasi: 21.55	Tithi 2		
916897267			
Creative Work	Siddha Yoga		
		<b>Gulika 9:11AM – 10:39AM</b>	<b>Purvaprostapada* Until 4:49AM Fri</b>
		<b>Yama 6:16AM – 7:44AM</b>	<b>Siddha Until 9:24PM</b>
		<b>Rahu 1:35PM – 3:03PM</b>	<b>Balava Until 6:41PM</b>
			<b>Dvitiya Until 6:49AM Fri</b>
			<b>Ganesha: Green Sunrise: 6:16AM</b>
			<b>Muruqa: White Sunset: 5:59PM</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – Clear</b>
			<b>Phalguna-Masi</b>
			<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Friday, February 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Pinyinman, Myanmar
	Sun 15 Sutra 317 Khara 5113		
Meena Rasi: 4.22	Tithi 2 – 3		
916897267			
Creative Work	Siddha Yoga		
Until 6:08AM Sat then Prabalarishta Yoga			
		<b>Gulika 7:43AM – 9:11AM</b>	<b>Uttaraprostapada Until 6:08AM Sat</b>
		<b>Yama 3:03PM – 4:31PM</b>	<b>Sadhya Until 9:11PM</b>
		<b>Rahu 10:39AM – 12:07PM</b>	<b>Taitila Until 7:54PM</b>
			<b>Dvitiya Until 6:49AM</b>
			<b>Ganesha: Green Sunrise: 6:15AM</b>
			<b>Muruqa: White Sunset: 5:59PM</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – Clear</b>
			<b>Phalguna-Masi</b>
			<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Saturday, February 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Pinyinman, Myanmar
	Sun 16 Sutra 318 Khara 5113		
Meena Rasi: 16.36	Tithi 3 – 4		
916897267			
Creative Work	Siddha Yoga		
Until 6:08AM then Prabalarishta Yoga			
Until 1:32AM Sun then Amrita Yoga			
		<b>Gulika 6:15AM – 7:43AM</b>	<b>Uttaraprostapada Until 6:08AM</b>
		<b>Yama 1:35PM – 3:03PM</b>	<b>Subha Until 9:22PM</b>
		<b>Rahu 9:11AM – 10:39AM</b>	<b>Vanija Until 9:36PM</b>
			<b>Tritiya Until 8:31AM</b>
			<b>Ganesha: Green Sunrise: 6:15AM</b>
			<b>Muruqa: White Sunset: 5:59PM</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – Clear</b>
			<b>Phalguna-Masi</b>
			<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Sunday, February 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Pinyinman, Myanmar
	Sun 17 Sutra 319 Khara 5113		
Meena Rasi: 28.38	Tithi 4 – 5		
917897267			
Creative Work	Amrita Yoga		
Until 8:44AM then Siddha Yoga			
		<b>Gulika 3:03PM – 4:31PM</b>	<b>Revati Until 8:44AM</b>
		<b>Yama 12:07PM – 1:35PM</b>	<b>Sukla Until 9:54PM</b>
		<b>Rahu 4:31PM – 6:00PM</b>	<b>Bava Until 11:43PM</b>
			<b>Chaturthi* Until 10:38AM</b>
			<b>Ganesha: Orange Sunrise: 6:14AM</b>
			<b>Muruqa: White Sunset: 6:00PM</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – Clear</b>
			<b>Phalguna-Masi</b>
			<b>Sivaloka Day</b>
			<b>Subramuniyaswami Siva Vision Day</b>

<b>5</b>	<b>Monday, February 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Pinyinman, Myanmar
	Sun 18 Sutra 320 Khara 5113		
Mesha Rasi: 10.31	Tithi 5 – 6		
927897267			
Family Home Evening			
Creative Work	Siddha Yoga		
		<b>Gulika 1:35PM – 3:03PM</b>	<b>Asvini Until 11:37AM</b>
		<b>Yama 10:38AM – 12:07PM</b>	<b>Brahma Until 10:43PM</b>
		<b>Rahu 7:42AM – 9:10AM</b>	<b>Kaulava Until 2:09AM Tue</b>
			<b>Panchami Until 1:04PM</b>
			<b>Ganesha: Green Sunrise: 6:13AM</b>
			<b>Muruqa: White Sunset: 6:00PM</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – White</b>
			<b>Phalguna-Masi</b>
			<b>Devaloka Day</b>

<b>6</b>	<b>Tuesday, February 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Pinyinman, Myanmar
	Sun 19 Sutra 321 Khara 5113		
Mesha Rasi: 22.2	Tithi 6 – 7		
927897267			
Creative Work	Siddha Yoga		
Until 1:32AM Wed then Amrita Yoga			
		<b>Gulika 12:06PM – 1:35PM</b>	<b>Bharani Until 2:40PM</b>
		<b>Yama 9:10AM – 10:38AM</b>	<b>Indra Until 11:40PM</b>
		<b>Rahu 3:03PM – 4:32PM</b>	<b>Gara Until 4:46AM Wed</b>
			<b>Shasthi* Until 3:41PM</b>
			<b>Ganesha: Green Sunrise: 6:13AM</b>
			<b>Muruqa: White Sunset: 6:00PM</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – White</b>
			<b>Phalguna-Masi</b>
			<b>Devaloka Day</b>

<b>7</b>	<b>Wednesday, February 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija Karana Saptami Yam Titau	Pinyinman, Myanmar
	Sun 20 Sutra 322 Khara 5113		
Retreat Star			
Vrishabha Rasi: 4.08	Tithi 7		
927897267			
Creative Work	Amrita Yoga		
Until 5:45PM then Siddha Yoga			
Until 1:31AM Thu then Marana Yoga			
		<b>Gulika 10:38AM – 12:06PM</b>	<b>Krittika Until 5:45PM</b>
		<b>Yama 7:41AM – 9:09AM</b>	<b>Vaidhriti* Until 12:39AM Thu</b>
		<b>Rahu 12:06PM – 1:35PM</b>	<b>Vanija Until 7:24AM Thu</b>
			<b>Saptami Until 6:19PM</b>
			<b>Ganesha: Green Sunrise: 6:12AM</b>
			<b>Muruqa: White Sunset: 6:00PM</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – White</b>
			<b>Phalguna-Masi</b>
			<b>Devaloka Day</b>

<b>8</b>	<b>Thursday, March 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Pinyinman, Myanmar
	Sun 21 Sutra 323 Khara 5113		
Retreat Star			
Vrishabha Rasi: 16.01	Tithi 8		
937897267			
Routine Work	Marana Yoga		
Until 1:31AM Fri then Siddha Yoga			
		<b>Gulika 9:08AM – 10:37AM</b>	<b>Rohini Until 8:39PM</b>
		<b>Yama 6:11AM – 7:40AM</b>	<b>Vishkambha* Until 1:29AM Fri</b>
		<b>Rahu 1:35PM – 3:03PM</b>	<b>Visti Until 7:40AM</b>
			<b>Ashtami* Until 8:46PM</b>
			<b>Ganesha: Red Sunrise: 6:11AM</b>
			<b>Muruqa: White Sunset: 6:01PM</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – Yellow</b>
			<b>Phalguna-Masi</b>
			<b>Sivaloka Day</b>

<b>9</b>	<b>Friday, March 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau	Pinyinman, Myanmar
	Sun 22 Sutra 324 Khara 5113		
Retreat Star			
Vrishabha Rasi: 28.04	Tithi 9		
937897267			
Creative Work	Siddha Yoga		
		<b>Gulika 7:39AM – 9:08AM</b>	<b>Mrigasira Until 11:13PM</b>
		<b>Yama 3:03PM – 4:32PM</b>	<b>Priti Until 2:00AM Sat</b>
		<b>Rahu 10:37AM – 12:06PM</b>	<b>Balava Until 9:45AM</b>
			<b>Navami* Until 10:50PM</b>
			<b>Ganesha: Red Sunrise: 6:10AM</b>
			<b>Muruqa: White Sunset: 6:01PM</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – Yellow</b>
			<b>Phalguna-Masi</b>
			<b>Sivaloka Day</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

<b>1</b>	<b>Saturday, March 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Tailita/Gara Karana Dasami Yam Titau		Pyinmana, Myanmar
	Mithuna Rasi: 10.23      Tithi 10 937897267	<b>Gulika</b> 6:09AM – 7:38AM <b>Yama</b> 1:34PM – 3:03PM <b>Rahu</b> 9:07AM – 10:36AM	<b>Ardra Until 11:45PM</b> Ayushman Until 12:34AM Sun Tailita Until 10:47AM <b>Dasami Until 10:47PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:09AM <b>Muruqa:</b> White <i>Sunset:</i> 6:01PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalgun-Masi</b>
	Creative Work    Siddha Yoga Until 11:45PM then Marana Yoga Until 1.31AM Sun then Siddha Yoga			Sun 23 <b>Sutra 325</b> Khara 5113 Moon 1 - Phase 44 4th Phase <b>Sivaloka Day</b>
<b>2</b>	<b>Sunday, March 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Pyinmana, Myanmar
	Mithuna Rasi: 23.04      Tithi 11 948897267	<b>Gulika</b> 3:03PM – 4:33PM <b>Yama</b> 12:05PM – 1:34PM <b>Rahu</b> 4:33PM – 6:02PM	<b>Punarvasu Until 12:57AM Mon</b> Saubhagya Until 11:58PM Vanija Until 11:25AM <b>Ekadasi Until 11:25PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:09AM <b>Muruqa:</b> White <i>Sunset:</i> 6:02PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalgun-Masi</b>
	Creative Work    Siddha Yoga			Sun 24 <b>Sutra 326</b> Khara 5113 Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
<b>3</b>	<b>Monday, March 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau		Pyinmana, Myanmar
	Kataka Rasi: 6.11      Tithi 12 Family Home Evening      148817267	<b>Gulika</b> 1:34PM – 3:03PM <b>Yama</b> 10:36AM – 12:05PM <b>Rahu</b> 7:37AM – 9:07AM	<b>Pushya Until 11:59PM</b> Sobhana Until 9:31PM Bava Until 10:48AM <b>Dvadasi Until 9:53PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:08AM <b>Muruqa:</b> White <i>Sunset:</i> 6:02PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalgun-Masi</b>
	Creative Work    Siddha Yoga			Sun 25 <b>Sutra 327</b> Khara 5113 Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
<b>4</b>	<b>Tuesday, March 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda* Yoga Kaulava/Tailita Karana Trayodasi Yam Titau		Pyinmana, Myanmar
	Kataka Rasi: 19.44      Tithi 13 148817267	<b>Gulika</b> 12:05PM – 1:34PM <b>Yama</b> 9:06AM – 10:35AM <b>Rahu</b> 3:03PM – 4:33PM	<b>Aslesha* Until 11:35PM</b> Athiganda* Until 7:33PM Kaulava Until 9:46AM <b>Trayodasi Until 8:51PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:07AM <b>Muruqa:</b> White <i>Sunset:</i> 6:02PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalgun-Masi</b>
	Creative Work    Siddha Yoga			Sun 26 <b>Sutra 328</b> Khara 5113 Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
<b>5</b>	<b>Wednesday, March 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Pyinmana, Myanmar
	Simha Rasi: 3.45      Tithi 14 158817267	<b>Gulika</b> 10:35AM – 12:05PM <b>Yama</b> 7:36AM – 9:06AM <b>Rahu</b> 12:05PM – 1:34PM	<b>Magha* Until 10:26PM</b> Sukarma Until 4:53PM Gara Until 7:55AM <b>Chaturdasi* Until 7:00PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:07AM <b>Muruqa:</b> White <i>Sunset:</i> 6:02PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalgun-Masi</b>
	Creative Work    Siddha Yoga Until 10:26PM then Amrita Yoga Until 1.30AM Thu then no yoga	<b>Chidambaram Abhishekam</b>		Sun 27 <b>Sutra 329</b> Khara 5113 Moon 1 - Phase 44 4th Phase <b>Sivaloka Day</b>
<b>○</b>	<b>Thursday, March 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Pyinmana, Myanmar
	Simha Rasi: 18.08      Tithi 15 – 16 158817267	<b>Gulika</b> 9:05AM – 10:35AM <b>Yama</b> 6:06AM – 7:36AM <b>Rahu</b> 1:34PM – 3:03PM	<b>Purvaphalguni* Until 7:40PM</b> Dhriti Until 1:08PM Balava Until 1:59AM Fri <b>Purnima* Until 3:42PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:06AM <b>Muruqa:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalgun-Masi</b>
	No Yoga Until 7:40PM then Prabalarishta Yoga Until 1.30AM Fri then Siddha Yoga	<b>Holi</b>		Sun 28 <b>Sutra 330</b> Khara 5113 Moon 1 - Phase 44 Purnima <b>Sivaloka Day</b>
<b>○</b>	<b>Friday, March 9, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Tailita Karana Prathama*/Dvitiya Yam Titau		Pyinmana, Myanmar
	Kanya Rasi: 2.47      Tithi 16 – 17 158817267	<b>Gulika</b> 7:35AM – 9:05AM <b>Yama</b> 3:03PM – 4:33PM <b>Rahu</b> 10:34AM – 12:04PM	<b>Uttaraphalguni Until 5:32PM</b> Shula* Until 9:38AM Tailita Until 11:08PM <b>Prathama* Until 12:51PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:05AM <b>Muruqa:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalgun-Masi</b>
	Creative Work    Siddha Yoga Until 5:32PM then Amrita Yoga Until 1.29AM Sat then Marana Yoga			Sun 29 <b>Sutra 331</b> Khara 5113 Moon 1 - Phase 44 Prathama <b>Sivaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



**Saturday, March 10, 2012**  
**Gold Retreat Star**

Kanya Rasi: 17.36 Tithi 17 - 18  
169817267  
Routine Work Marana Yoga  
Until 1.29AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 6:05AM - 7:34AM  
**Yama** 1:34PM - 3:03PM  
**Rahu** 9:04AM - 10:34AM  
**Hasta** Until 3:10PM  
**Vriddhi** Until 1:55AM Sun  
**Vanija** Until 8:02PM  
**Dvitiya** Until 9:45AM

**Ganesha:** Blue *Sunrise:* 6:05AM  
**Muruqa:** White *Sunset:* 6:03PM  
**Nataraja:** Yellow  
Moon - Green  
**Phalguna-Masi**

Pyinmana, Myanmar  
**Sun 1 Sutra 332**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**Devaloka Day**

**1**

**Sunday, March 11, 2012**

Tula Rasi: 2.26 Tithi 18 - 19  
169817267  
Creative Work Siddha Yoga  
Until 1.29AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Visti\*/Balava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 3:03PM - 4:33PM  
**Yama** 12:03PM - 1:33PM  
**Rahu** 4:33PM - 6:03PM  
**Chitra** Until 12:47PM  
**Dhruva** Until 10:11PM  
**Balava** Until 3:11AM Mon  
**Tritiya** Until 6:36AM

**Ganesha:** Blue *Sunrise:* 6:04AM  
**Muruqa:** White *Sunset:* 6:03PM  
**Nataraja:** Yellow  
Moon - Green  
**Phalguna-Masi**

Pyinmana, Myanmar  
**Sun 2 Sutra 333**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**Devaloka Day**

**2**

**Monday, March 12, 2012**

Tula Rasi: 17.09 Tithi 20  
169817267  
Family Home Evening  
Creative Work Amrita Yoga  
Until 10:34AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Visakha Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika** 1:33PM - 3:03PM  
**Yama** 10:33AM - 12:03PM  
**Rahu** 7:33AM - 9:03AM  
**Svati** Until 10:34AM  
**Vyaghata\*** Until 6:36PM  
**Kaulava** Until 1:57PM  
**Panchami** Until 12:14AM Tue

**Ganesha:** Blue *Sunrise:* 6:03AM  
**Muruqa:** White *Sunset:* 6:03PM  
**Nataraja:** Yellow  
Moon - Green  
**Phalguna-Masi**

Pyinmana, Myanmar  
**Sun 3 Sutra 334**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**Devaloka Day**

**3**

**Tuesday, March 13, 2012**

Vrischika Rasi: 1.4 Tithi 21  
179817267  
Routine Work Marana Yoga  
Until 8:52AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 12:03PM - 1:33PM  
**Yama** 9:03AM - 10:33AM  
**Rahu** 3:03PM - 4:33PM  
**Visakha** Until 8:52AM  
**Harshana** Until 3:58PM  
**Gara** Until 11:46AM  
**Shasthi\*** Until 10:51PM

**Ganesha:** Red *Sunrise:* 6:02AM  
**Muruqa:** White *Sunset:* 6:04PM  
**Nataraja:** Yellow  
Moon - Orange  
**Phalguna-Masi**

Pyinmana, Myanmar  
**Sun 4 Sutra 335**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**Sivaloka Day**

**4**

**Wednesday, March 14, 2012**

Vrischika Rasi: 15.54 Tithi 22  
179817267  
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika** 10:32AM - 12:03PM  
**Yama** 7:32AM - 9:02AM  
**Rahu** 12:03PM - 1:33PM  
**Anuradha** Until 7:19AM  
**Vajra\*** Until 12:55PM  
**Visti** Until 9:28AM  
**Saptami** Until 8:33PM

**Ganesha:** Red *Sunrise:* 6:02AM  
**Muruqa:** White *Sunset:* 6:04PM  
**Nataraja:** Yellow  
Moon - Orange  
**Phalguna-Panguni**

Pyinmana, Myanmar  
**Sun 5 Sutra 336**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**Sivaloka Day**



**Thursday, March 15, 2012**  
**Retreat Star**

Vrischika Rasi: 29.5 Tithi 23  
179817268  
Creative Work Siddha Yoga  
Until 1.28AM Fri then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 9:02AM - 10:32AM  
**Yama** 6:01AM - 7:31AM  
**Rahu** 1:33PM - 3:03PM  
**Jyeshtha\*** Until 6:16AM  
**Siddhi** Until 10:21AM  
**Balava** Until 7:44AM  
**Ashtami\*** Until 6:48PM

**Ganesha:** Red *Sunrise:* 6:01AM  
**Muruqa:** White *Sunset:* 6:04PM  
**Nataraja:** White  
Moon - Orange  
**Phalguna-Panguni**

Pyinmana, Myanmar  
**Sun 6 Sutra 337**  
Khara 5113  
Moon 2 - Phase 45  
Ashtami

**Subha Sivaloka Day**

**Friday, March 16, 2012**  
**Retreat Star**

Dhanus Rasi: 13.29 Tithi 24  
189817268  
Creative Work Siddha Yoga  
Until 1.27AM Sat then Marana Yoga  
Until 6:19AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Vyatipata\*/Variyan Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika** 7:31AM - 9:01AM  
**Yama** 3:03PM - 4:34PM  
**Rahu** 10:32AM - 12:02PM  
**Purvashadha\*** Until 6:19AM Sat  
**Vyatipata\*** Until 8:24AM  
**Taitila** Until 6:33AM  
**Navami\*** Until 6:33PM

**Ganesha:** Green *Sunrise:* 6:00AM  
**Muruqa:** White *Sunset:* 6:04PM  
**Nataraja:** White  
Moon - Light Blue  
**Phalguna-Panguni**

Pyinmana, Myanmar  
**Sun 7 Sutra 338**  
Khara 5113  
Moon 2 - Phase 45  
Navami

**Sivaloka Day**


<b>1</b>	<b>Saturday, March 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Pyinmana, Myanmar
	Dhanus Rasi: 26.53    Tithi 25 – 26 No Yoga Until 1.27AM Sun then Amrita Yoga	<b>Gulika</b> 5:59AM – 7:30AM <b>Yama</b> 1:32PM – 3:03PM <b>Rahu</b> 9:01AM – 10:31AM	<b>Uttarashadha Until 6:13AM Sun</b> Variyan Until 6:36AM Bava Until 5:46AM Sun Dasami Until 5:46PM	<b>Sun 8 Sutra 339</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, March 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Pyinmana, Myanmar
	Makara Rasi: 10.02    Tithi 26 – 27 Creative Work Amrita Yoga Until 6:39AM Mon then Siddha Yoga	<b>Gulika</b> 3:03PM – 4:34PM <b>Yama</b> 12:01PM – 1:32PM <b>Rahu</b> 4:34PM – 6:04PM	<b>Sravana Until 6:39AM Mon</b> Shiva Until 4:04AM Mon Kaulava Until 5:27AM Mon Ekadasi* Until 5:27PM	<b>Sun 9 Sutra 340</b> Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

<b>3</b>	<b>Monday, March 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddha Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Pyinmana, Myanmar
	Makara Rasi: 22.59    Tithi 27 – 28 Family Home Evening Creative Work Amrita Yoga Until 6:39AM then Siddha Yoga Until 1.27AM Tue then Marana Yoga	<b>Gulika</b> 1:32PM – 3:03PM <b>Yama</b> 10:30AM – 12:01PM <b>Rahu</b> 7:29AM – 8:59AM	<b>Sravana Until 6:39AM</b> Siddha Until 3:01AM Tue Gara Until 5:33AM Tue Dvadasi* Until 5:33PM <i>Pradosha Vrata (Fasting)</i>	<b>Sun 10 Sutra 341</b> Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

<b>4</b>	<b>Tuesday, March 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 5.44    Tithi 28 Routine Work Marana Yoga Until 1.26AM Wed then Siddha Yoga	<b>Gulika</b> 12:01PM – 1:32PM <b>Yama</b> 8:59AM – 10:30AM <b>Rahu</b> 3:03PM – 4:34PM	<b>Dhanishtha Until 7:43AM</b> Sadhya Until 2:19AM Wed Gara Until 6:02AM Trayodasi* Until 6:02PM	<b>Sun 11 Sutra 342</b> Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

<b>5</b>	<b>Wednesday, March 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Pyinmana, Myanmar
	Kumbha Rasi: 18.19    Tithi 29 Creative Work Siddha Yoga Until 9:23AM then Amrita Yoga Until 1.26AM Thu then Siddha Yoga	<b>Gulika</b> 10:29AM – 12:01PM <b>Yama</b> 7:27AM – 8:58AM <b>Rahu</b> 12:01PM – 1:32PM	<b>Satabhisha Until 9:23AM</b> Subha Until 3:26AM Thu Visti Until 6:57AM Chaturdasi* Until 8:02PM	<b>Sun 12 Sutra 343</b> Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

	<b>Thursday, March 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Pyinmana, Myanmar
	Meena Rasi: 0.43    Tithi 30 Creative Work Siddha Yoga	<b>Gulika</b> 8:58AM – 10:29AM <b>Yama</b> 5:55AM – 7:27AM <b>Rahu</b> 1:31PM – 3:03PM	<b>Purvaprostapada* Until 11:15AM</b> Sukla Until 3:20AM Fri Catuspada Until 8:14AM Amavasya* Until 9:20PM	<b>Sun 13 Sutra 344</b> Khara 5113 Moon 2 - Phase 46 Amavasya Subha Sivaloka Day

	<b>Friday, March 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Pyinmana, Myanmar
	Meena Rasi: 12.56    Tithi 1 Creative Work Siddha Yoga Until 1.25AM Sat then Prabalarishta Yoga	<b>Gulika</b> 7:26AM – 8:57AM <b>Yama</b> 3:03PM – 4:34PM <b>Rahu</b> 10:29AM – 12:00PM	<b>Uttaraprostapada Until 1:27PM</b> Brahma Until 3:32AM Sat Kintughna Until 9:54AM Prathama* Until 11:00PM	<b>Sun 14 Sutra 345</b> Khara 5113 Moon 2 - Phase 46 Prathama Subha Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP, 287

<b>1</b>	<b>Saturday, March 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Pyinmana, Myanmar
	Mesha Rasi: 25.01      Tithi 2 111917268	<b>Gulika</b> 5:54AM – 7:25AM <b>Yama</b> 1:31PM – 3:03PM <b>Rahu</b> 8:57AM – 10:28AM	<b>Revati Until 3:58PM</b> Indra Until 4:02AM Sun Balava Until 11:54AM <b>Dvitiya Until 24:60PM</b>	<b>Sun 15 Sutra 346</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Routine Work Prabalarishta Yoga Until 3:58PM then Siddha Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:54AM <b>Muruqa:</b> White <i>Sunset:</i> 6:05PM <b>Nataraja:</b> White Moon – Clear <b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>


<b>2</b>	<b>Sunday, March 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiya Yam Titau		Pyinmana, Myanmar
	Mesha Rasi: 6.57      Tithi 3 121917268	<b>Gulika</b> 3:02PM – 4:34PM <b>Yama</b> 11:59AM – 1:31PM <b>Rahu</b> 4:34PM – 6:06PM	<b>Asvini Until 6:46PM</b> Vaidhriti* Until 4:47AM Mon Taitila Until 2:13PM <b>Tritiya Until 3:18AM Mon</b>	<b>Sun 16 Sutra 347</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work Siddha Yoga Until 6:46PM then no yoga Until 1.25AM Mon then Siddha Yoga	<b>Chellappaswami Mahasamadhi</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:53AM <b>Muruqa:</b> White <i>Sunset:</i> 6:06PM <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Monday, March 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Pyinmana, Myanmar
	Mesha Rasi: 18.47      Tithi 4 121917268	<b>Gulika</b> 1:31PM – 3:02PM <b>Yama</b> 10:27AM – 11:59AM <b>Rahu</b> 7:24AM – 8:56AM	<b>Bharani Until 9:46PM</b> Vishkambha* Until 6:09AM Tue Vanija Until 4:44PM <b>Chaturthi* Until 6:17AM Tue</b>	<b>Sun 17 Sutra 348</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Family Home Evening Creative Work Siddha Yoga Until 9:46PM then no yoga Until 1.24AM Tue then Siddha Yoga		<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> White <i>Sunset:</i> 6:06PM <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Tuesday, March 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Pyinmana, Myanmar
	Mrishabha Rasi: 0.34      Tithi 4 – 5 121917268	<b>Gulika</b> 11:59AM – 1:31PM <b>Yama</b> 8:55AM – 10:27AM <b>Rahu</b> 3:02PM – 4:34PM	<b>Krittika Until 12:53AM Wed</b> Vishkambha* Until 6:09AM Bava Until 7:23PM <b>Chaturthi* Until 6:17AM</b>	<b>Sun 18 Sutra 349</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work Siddha Yoga Until 12:53AM Wed then Amrita Yoga Until 1.24AM Wed then Siddha Yoga		<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> White <i>Sunset:</i> 6:06PM <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, March 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Pyinmana, Myanmar
	Mrishabha Rasi: 12.21      Tithi 5 – 6 132917268	<b>Gulika</b> 10:27AM – 11:58AM <b>Yama</b> 7:23AM – 8:55AM <b>Rahu</b> 11:58AM – 1:30PM	<b>Rohini Until 3:59AM Thu</b> Priti Until 7:11AM Kaulava Until 10:00PM <b>Panchami Until 8:55AM</b>	<b>Sun 19 Sutra 350</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work Siddha Yoga Until 1.24AM Thu then Marana Yoga		<b>Ganesha:</b> Red <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> White <i>Sunset:</i> 6:06PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

<b>6</b>	<b>Thursday, March 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shasthi*/Saplami Yam Titau		Pyinmana, Myanmar
	Mrishabha Rasi: 24.13      Tithi 6 – 7 132917268	<b>Gulika</b> 8:54AM – 10:26AM <b>Yama</b> 5:50AM – 7:22AM <b>Rahu</b> 1:30PM – 3:02PM	<b>Mrigasira Until 6:51AM Fri</b> Ayushman Until 8:04AM Gara Until 12:28AM Fri <b>Shasthi* Until 11:22AM</b>	<b>Sun 20 Sutra 351</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Routine Work Marana Yoga Until 1.23AM Fri then Siddha Yoga		<b>Ganesha:</b> Red <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> White <i>Sunset:</i> 6:06PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

	<b>Friday, March 30, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Pyinmana, Myanmar
	<b>Retreat Star</b> Mithuna Rasi: 6.14      Tithi 7 – 8 132917268	<b>Gulika</b> 7:21AM – 8:54AM <b>Yama</b> 3:02PM – 4:34PM <b>Rahu</b> 10:26AM – 11:58AM	<b>Mrigasira Until 6:51AM</b> Saubhagya Until 8:39AM Visti Until 2:33AM Sat <b>Saptami Until 1:28PM</b>	<b>Sun 21 Sutra 352</b> Khara 5113 Moon 2 - Phase 47 Ashtami
	Creative Work Siddha Yoga		<b>Ganesha:</b> Red <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> White <i>Sunset:</i> 6:06PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>	<b>Saturday, March 31, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Pyinmana, Myanmar
	Mithuna Rasi: 18.32      Tithi 8 – 9 132917268	<b>Gulika</b> 5:49AM – 7:21AM <b>Yama</b> 1:30PM – 3:02PM <b>Rahu</b> 8:53AM – 10:25AM	<b>Ardra Until 8:43AM</b> Sobhana Until 8:34AM Balava Until 2:14AM Sun <b>Ashtami* Until 2:14PM</b>	<b>Sun 22 Sutra 353</b> Khara 5113 Moon 2 - Phase 47 Navami
	Creative Work Siddha Yoga Until 8:43AM then Marana Yoga Until 1.23AM Sun then Siddha Yoga	<b>Sri Rama Navami</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> White <i>Sunset:</i> 6:07PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

<b>1</b>	<b>Sunday, April 1, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Pinyinmana, Myanmar
	Kataka Rasi: 1.1      Tithi 9 – 10 142917268	<b>Gulika</b> 3:02PM – 4:34PM <b>Yama</b> 11:58AM – 1:30PM <b>Rahu</b> 4:34PM – 6:07PM	<b>Punarvasu</b> Until 10:01AM Athiganda* Until 8:04AM Taitila Until 2:57AM Mon <b>Navami*</b> Until 2:57PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:49AM <i>Sunset:</i> 6:07PM	<b>Sun 23 Sutra 354</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga						

<b>2</b>	<b>Monday, April 2, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Pinyinmana, Myanmar
	Kataka Rasi: 14.13      Tithi 10 – 11 <b>Family Home Evening</b> 142917268 Creative Work    Siddha Yoga	<b>Gulika</b> 1:30PM – 3:02PM <b>Yama</b> 10:25AM – 11:57AM <b>Rahu</b> 7:20AM – 8:53AM	<b>Pushya</b> Until 10:12AM Sukarma Until 6:47AM Vanija Until 1:12AM Tue <b>Dasami</b> Until 2:08PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:48AM <i>Sunset:</i> 6:07PM	<b>Sun 24 Sutra 355</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Sivaloka Day</b>
		<b>Yogaswami Mahasamadhi</b>				

<b>3</b>	<b>Tuesday, April 3, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Pinyinmana, Myanmar
	Kataka Rasi: 27.45      Tithi 11 – 12 142917268	<b>Gulika</b> 11:57AM – 1:29PM <b>Yama</b> 8:52AM – 10:24AM <b>Rahu</b> 3:02PM – 4:34PM	<b>Aslesha*</b> Until 9:51AM Shula* Until 2:14AM Wed Bava Until 12:12AM Wed <b>Ekadasi</b> Until 1:07PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:47AM <i>Sunset:</i> 6:07PM	<b>Sun 25 Sutra 356</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga						

<b>4</b>	<b>Wednesday, April 4, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Pinyinmana, Myanmar
	Simha Rasi: 11.46      Tithi 12 – 13 152917268	<b>Gulika</b> 10:24AM – 11:57AM <b>Yama</b> 7:19AM – 8:51AM <b>Rahu</b> 11:57AM – 1:29PM	<b>Magha*</b> Until 8:41AM Ganda* Until 11:34PM Kaulava Until 10:18PM <b>Dvadasi</b> Until 11:13AM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Red <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:46AM <i>Sunset:</i> 6:07PM	<b>Sun 26 Sutra 357</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga Until 8:41AM then Amrita Yoga Until 1:22AM Thu then no yoga						

<b>5</b>	<b>Thursday, April 5, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Pinyinmana, Myanmar
	Simha Rasi: 26.14      Tithi 13 – 14 152917268	<b>Gulika</b> 8:51AM – 10:24AM <b>Yama</b> 5:46AM – 7:18AM <b>Rahu</b> 1:29PM – 3:02PM	<b>Purvaphalguni*</b> Until 6:42AM Vriddhi Until 7:18PM Gara Until 6:36PM <b>Trayodasi</b> Until 8:19AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Red <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:46AM <i>Sunset:</i> 6:07PM	<b>Sun 27 Sutra 358</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Subha Sivaloka Day</b>
No Yoga Until 6:42AM then Prabalarishta Yoga Until 1:22AM Fri then Siddha Yoga						

<b>○</b>	<b>Friday, April 6, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau				Pinyinmana, Myanmar
	<b>Copper Retreat Star</b> Kanya Rasi: 11.03      Tithi 15 162917268	<b>Gulika</b> 7:18AM – 8:50AM <b>Yama</b> 3:02PM – 4:35PM <b>Rahu</b> 10:23AM – 11:56AM	<b>Hasta</b> Until 1:39AM Sat Dhruva Until 3:35PM Visti Until 3:27PM <b>Purnima*</b> Until 1:44AM Sat	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Green <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:45AM <i>Sunset:</i> 6:07PM	<b>Sutra 359</b> Khara 5113 Moon 2 - Phase 48 Purnima <b>Sivaloka Day</b>
Creative Work    Amrita Yoga Until 1.21AM Sat then Marana Yoga		<b>Panguni Uttiram</b> <b>Hanuman Jayanti</b>				

<b>○</b>	<b>Saturday, April 7, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau				Pinyinmana, Myanmar
	<b>Silver Retreat Star</b> Kanya Rasi: 26.06      Tithi 16 162917268	<b>Gulika</b> 5:44AM – 7:17AM <b>Yama</b> 1:29PM – 3:02PM <b>Rahu</b> 8:50AM – 10:23AM	<b>Chitra</b> Until 10:54PM Vyaghata* Until 11:32AM Balava Until 11:54AM <b>Prathama*</b> Until 10:11PM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Green <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:44AM <i>Sunset:</i> 6:08PM	<b>Sutra 360</b> Khara 5113 Moon 2 - Phase 48 Prathama <b>Sivaloka Day</b>
Routine Work    Marana Yoga Until 10:54PM then Siddha Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1





**Sunday, April 8, 2012**  
**Gold Retreat Star**

Tula Rasi: 11.14      Tithi 17  
162917268  
Creative Work    Siddha Yoga  
Until 8:01PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**      3:02PM – 4:35PM      **Svati Until 8:01PM**  
**Yama**        11:56AM – 1:29PM      Harshana Until 7:21AM  
**Rahu**        4:35PM – 6:08PM      Taitila Until 8:12AM  
Dvitiya Until 6:30PM

**Ganesha:** White      *Sunrise:* 5:43AM  
**Muruqa:** White      *Sunset:* 6:08PM  
**Nataraja:** White  
Moon – Green  
Chaitra•Panguni

Pyinmana, Myanmar  
**Sun 1    Sutra 361**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**Sivaloka Day**

**1**

**Monday, April 9, 2012**

Tula Rasi: 26.19      Tithi 18 – 19  
172917268  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 5:15PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**      1:28PM – 3:02PM      **Visakha Until 5:15PM**  
**Yama**        10:22AM – 11:55AM      Siddhi Until 11:16PM  
**Rahu**        7:16AM – 8:49AM      Bava Until 1:13AM Tue  
Tritiya Until 2:55PM

**Ganesha:** Clear      *Sunrise:* 5:43AM  
**Muruqa:** White      *Sunset:* 6:08PM  
**Nataraja:** White  
Moon – Orange  
Chaitra•Panguni

Pyinmana, Myanmar  
**Sun 2    Sutra 362**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**Subha Sivaloka Day**

**2**

**Tuesday, April 10, 2012**

Vrischika Rasi: 11.1      Tithi 19 – 20  
172117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**      11:55AM – 1:28PM      **Anuradha Until 2:49PM**  
**Yama**        8:48AM – 10:22AM      Vyatipata\* Until 7:31PM  
**Rahu**        3:02PM – 4:35PM      Kaulava Until 10:00PM  
Chaturthi\* Until 11:43AM

**Ganesha:** Red      *Sunrise:* 5:42AM  
**Muruqa:** White      *Sunset:* 6:08PM  
**Nataraja:** White  
Moon – Orange  
Chaitra•Panguni

Pyinmana, Myanmar  
**Sun 3    Sutra 363**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**Subha Sivaloka Day**

**3**

**Wednesday, April 11, 2012**

Vrischika Rasi: 25.42      Tithi 20 – 21  
173117268  
Creative Work    Siddha Yoga  
Until 1:22PM then Marana Yoga  
Until 1:20AM Thu then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyani/Parigha\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**      10:21AM – 11:55AM      **Jyeshtha\* Until 1:22PM**  
**Yama**        7:15AM – 8:48AM      Varyani Until 4:55PM  
**Rahu**        11:55AM – 1:28PM      Gara Until 8:21PM  
Panchami Until 9:17AM

**Ganesha:** Blue      *Sunrise:* 5:41AM  
**Muruqa:** White      *Sunset:* 6:08PM  
**Nataraja:** White  
Moon – Orange  
Chaitra•Panguni

Pyinmana, Myanmar  
**Sun 4    Sutra 364**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**Subha Subha Sivaloka Day**

**4**

**Thursday, April 12, 2012**

Dhanus Rasi: 9.52      Tithi 21 – 22  
183117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shasthi\*/Saplami Yam Titau  
**Gulika**      8:47AM – 10:21AM      **Mula\* Until 11:57AM**  
**Yama**        5:40AM – 7:14AM      Parigha\* Until 2:01PM  
**Rahu**        1:28PM – 3:01PM      Visti Until 6:10PM  
Shasthi\* Until 7:06AM

**Ganesha:** Red      *Sunrise:* 5:40AM  
**Muruqa:** White      *Sunset:* 6:08PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra•Panguni

Pyinmana, Myanmar  
**Sun 5    Sutra 365**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**Subha Sivaloka Day**



**Friday, April 13, 2012**  
**Retreat Star**

Dhanus Rasi: 23.38      Tithi 23  
183117268  
Creative Work    Siddha Yoga  
Until 1:20AM Sat then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**      7:13AM – 8:47AM      **Purvashadha\* Until 11:36AM**  
**Yama**        3:01PM – 4:35PM      Shiva Until 12:10PM  
**Rahu**        10:21AM – 11:54AM      Balava Until 5:36PM  
Ashtami\* Until 5:36AM Sat  
Tamil New Year

**Ganesha:** Red      *Sunrise:* 5:40AM  
**Muruqa:** White      *Sunset:* 6:09PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra•Chaitra

Pyinmana, Myanmar  
**Sun 6    Sutra 1**  
Nandana 5114  
Moon 3 - Phase 49  
Ashtami

**Subha Sivaloka Day**

**Saturday, April 14, 2012**  
**Retreat Star**

Makara Rasi: 7.01      Tithi 24  
283117268  
No Yoga  
Until 11:30AM then Siddha Yoga  
Until 1:19AM Sun then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**      5:39AM – 7:13AM      **Uttarashadha Until 11:30AM**  
**Yama**        1:28PM – 3:01PM      Siddha Until 10:23AM  
**Rahu**        8:47AM – 10:20AM      Taitila Until 4:47PM  
Navami\* Until 4:47AM Sun  
Chidambaram Abhishekam

**Ganesha:** Blue      *Sunrise:* 5:39AM  
**Muruqa:** White      *Sunset:* 6:09PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra•Chaitra

Pyinmana, Myanmar  
**Sun 7    Sutra 2**  
Nandana 5114  
Moon 3 - Phase 49  
Navami

**Subha Subha Sivaloka Day**


<b>1</b>	<b>Sunday, April 15, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dasami Yam Titau	Pyinmana, Myanmar
	Makara Rasi: 20.05      Tithi 25 293117268	<b>Gulika</b> 3:01PM – 4:35PM <b>Yama</b> 11:54AM – 1:28PM <b>Rahu</b> 4:35PM – 6:09PM	<b>Sun 8      Sutra 3</b> Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Creative Work    Amrita Yoga Until 12:01PM then Siddha Yoga	<b>Sravana Until 12:01PM</b> Sadhya Until 9:12AM Vanija Until 4:38PM <b>Dasami Until 4:38AM Mon</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:38AM</i> <b>Muruqa:</b> White <i>Sunset: 6:09PM</i> <b>Nataraja:</b> White Moon – Purple <b>Subha Sivaloka Day</b> <b>Chaitra-Chaitra</b>

<b>2</b>	<b>Monday, April 16, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau	Pyinmana, Myanmar
	Kumbha Rasi: 2.5      Tithi 26 <b>Family Home Evening</b> 293117268 Creative Work    Siddha Yoga Until 1.19AM Tue then Marana Yoga	<b>Gulika</b> 1:27PM – 3:01PM <b>Yama</b> 10:20AM – 11:53AM <b>Rahu</b> 7:12AM – 8:46AM	<b>Sun 9      Sutra 4</b> Nandana 5114 Moon 3 - Phase 1 2nd Phase
		<b>Dhanishtha Until 1:04PM</b> Subha Until 8:29AM Bava Until 5:04PM <b>Ekadasi* Until 5:04AM Tue</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:38AM</i> <b>Muruqa:</b> White <i>Sunset: 6:09PM</i> <b>Nataraja:</b> White Moon – Purple <b>Subha Sivaloka Day</b> <b>Chaitra-Chaitra</b>

<b>3</b>	<b>Tuesday, April 17, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Sukla/Brahma Yoga Kaulava Karana Dvadasi* Yam Titau	Pyinmana, Myanmar
	Kumbha Rasi: 15.22      Tithi 27 293117268	<b>Gulika</b> 11:53AM – 1:27PM <b>Yama</b> 8:45AM – 10:19AM <b>Rahu</b> 3:01PM – 4:35PM	<b>Sun 10      Sutra 5</b> Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Routine Work    Marana Yoga Until 1.19AM Wed then Amrita Yoga	<b>Satabhisha Until 3:16PM</b> Sukla Until 8:22AM Kaulava Until 7:03PM <b>Dvadasi* Until 7:23AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:37AM</i> <b>Muruqa:</b> White <i>Sunset: 6:09PM</i> <b>Nataraja:</b> White Moon – Purple <b>Subha Sivaloka Day</b> <b>Chaitra-Chaitra</b>

<b>4</b>	<b>Wednesday, April 18, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada*/Uttaraprostapada* Nakshatra Brahma/Indra Yoga Talitla/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Pyinmana, Myanmar
	Kumbha Rasi: 27.42      Tithi 27 – 28 213117268	<b>Gulika</b> 10:19AM – 11:53AM <b>Yama</b> 7:11AM – 8:45AM <b>Rahu</b> 11:53AM – 1:27PM	<b>Sun 11      Sutra 6</b> Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Creative Work    Amrita Yoga Until 5:17PM then Siddha Yoga	<b>Purvaprostapada* Until 5:17PM</b> Brahma Until 8:25AM Gara Until 8:28PM <b>Dvadasi* Until 7:23AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise: 5:36AM</i> <b>Muruqa:</b> White <i>Sunset: 6:10PM</i> <b>Nataraja:</b> White Moon – Clear <b>Subha Sivaloka Day</b> <b>Chaitra-Chaitra</b>

<b>5</b>	<b>Thursday, April 19, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprostapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Pyinmana, Myanmar
	Meena Rasi: 9.52      Tithi 28 – 29 213117268	<b>Gulika</b> 8:44AM – 10:19AM <b>Yama</b> 5:36AM – 7:10AM <b>Rahu</b> 1:27PM – 3:01PM	<b>Sun 12      Sutra 7</b> Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Creative Work    Siddha Yoga	<b>Uttaraprostapada Until 7:37PM</b> Indra Until 8:46AM Visti Until 10:15PM <b>Trayodasi* Until 9:09AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:36AM</i> <b>Muruqa:</b> White <i>Sunset: 6:10PM</i> <b>Nataraja:</b> White Moon – Clear <b>Subha Sivaloka Day</b> <b>Chaitra-Chaitra</b>

	<b>Friday, April 20, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Pyinmana, Myanmar
	Meena Rasi: 21.53      Tithi 29 – 30 213117268	<b>Gulika</b> 7:09AM – 8:44AM <b>Yama</b> 3:01PM – 4:36PM <b>Rahu</b> 10:18AM – 11:53AM	<b>Sun 13      Sutra 8</b> Nandana 5114 Moon 3 - Phase 1 Amavasya
	<b>Retreat Star</b> Creative Work    Siddha Yoga Until 10:13PM then Amrita Yoga Until 1.18AM Sat then Siddha Yoga	<b>Revati Until 10:13PM</b> Vaidhriti* Until 9:23AM Catuspada Until 12:19AM Sat <b>Chaturdasi* Until 11:14AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:35AM</i> <b>Muruqa:</b> White <i>Sunset: 6:10PM</i> <b>Nataraja:</b> White Moon – Clear <b>Subha Sivaloka Day</b> <b>Chaitra-Chaitra</b>

	<b>Saturday, April 21, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Pyinmana, Myanmar
	Mesha Rasi: 3.49      Tithi 30 – 1 223117268	<b>Gulika</b> 5:34AM – 7:09AM <b>Yama</b> 1:27PM – 3:01PM <b>Rahu</b> 8:43AM – 10:18AM	<b>Sun 14      Sutra 9</b> Nandana 5114 Moon 3 - Phase 1 Prathama
	<b>Retreat Star</b> Creative Work    Siddha Yoga Until 1.18AM Sun then no yoga	<b>Asvini Until 1:03AM Sun</b> Vishkambha* Until 10:11AM Kintughna Until 2:38AM Sun <b>Amavasya* Until 1:32PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:34AM</i> <b>Muruqa:</b> White <i>Sunset: 6:10PM</i> <b>Nataraja:</b> White Moon – White <b>Subha Sivaloka Day</b> <b>Vaisaka-Chaitra</b>

<b>1</b>	<b>Sunday, April 22, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Pyinmana, Myanmar
	Mesha Rasi: 15.38      Tithi 1 – 2	Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Sun 15      Sutra 10
	223117268	<b>Gulika</b> 3:01PM – 4:36PM	<b>Bharani</b> <b>Until 4:03AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:34AM	Nandana 5114	
	No Yoga	<b>Yama</b> 11:52AM – 1:27PM	<b>Priti</b> <b>Until 11:09AM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:11PM	Moon 3 - Phase 2	
Until 1.18AM Mon then Siddha Yoga		<b>Rahu</b> 4:36PM – 6:11PM	<b>Balava</b> <b>Until 5:07AM Mon</b>	<b>Nataraja:</b> White	3rd Phase	
Until 4:03AM Mon then no yoga			<b>Prathama*</b> <b>Until 4:01PM</b>	<b>Moon – White</b>	<b>Subha Sivaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>2</b>	<b>Monday, April 23, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Pyinmana, Myanmar
	Mesha Rasi: 27.26      Tithi 2	Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Dvitiya Yam Titau				Sun 16      Sutra 11
<b>Family Home Evening</b>	223117268	<b>Gulika</b> 1:27PM – 3:01PM	<b>Krittika</b> <b>Until 7:35AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:33AM	Nandana 5114	
No Yoga		<b>Yama</b> 10:17AM – 11:52AM	<b>Ayushman</b> <b>Until 12:12PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:11PM	Moon 3 - Phase 2	
Until 1.17AM Tue then Siddha Yoga		<b>Rahu</b> 7:08AM – 8:43AM	<b>Kaulava</b> <b>Until 7:42AM Tue</b>	<b>Nataraja:</b> White	3rd Phase	
Until 7:35AM Tue then Amrita Yoga			<b>Dvitiya</b> <b>Until 6:37PM</b>	<b>Moon – White</b>	<b>Subha Sivaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>3</b>	<b>Tuesday, April 24, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Pyinmana, Myanmar
	Wrishabha Rasi: 9.13      Tithi 3	Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Tritiya Yam Titau				Sun 17      Sutra 12
	223117269	<b>Gulika</b> 11:52AM – 1:27PM	<b>Krittika</b> <b>Until 7:35AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:33AM	Nandana 5114	
Creative Work      Siddha Yoga		<b>Yama</b> 8:42AM – 10:17AM	<b>Saubhagya</b> <b>Until 1:16PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:11PM	Moon 3 - Phase 2	
Until 7:35AM then Amrita Yoga		<b>Rahu</b> 3:01PM – 4:36PM	<b>Taitila</b> <b>Until 8:08AM</b>	<b>Nataraja:</b> Clear	3rd Phase	
Until 1.17AM Wed then Siddha Yoga			<b>Tritiya</b> <b>Until 9:13PM</b>	<b>Moon – White</b>	<b>Sivaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>4</b>	<b>Wednesday, April 25, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Pyinmana, Myanmar
	Wrishabha Rasi: 21.02      Tithi 4	Rohini/Mrigasira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Sun 18      Sutra 13
	234117269	<b>Gulika</b> 10:17AM – 11:52AM	<b>Rohini</b> <b>Until 10:37AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:32AM	Nandana 5114	
Creative Work      Siddha Yoga		<b>Yama</b> 7:07AM – 8:42AM	<b>Sobhana</b> <b>Until 2:16PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:11PM	Moon 3 - Phase 2	
Until 1.17AM Thu then Marana Yoga		<b>Rahu</b> 11:52AM – 1:27PM	<b>Vanija</b> <b>Until 10:39AM</b>	<b>Nataraja:</b> Clear	3rd Phase	
			<b>Chaturthi*</b> <b>Until 11:44PM</b>	<b>Moon – Yellow</b>	<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>5</b>	<b>Thursday, April 26, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Pyinmana, Myanmar
	Mithuna Rasi: 2.56      Tithi 5	Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau				Sun 19      Sutra 14
	234117269	<b>Gulika</b> 8:41AM – 10:16AM	<b>Mrigasira</b> <b>Until 1:27PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:31AM	Nandana 5114	
Routine Work      Marana Yoga		<b>Yama</b> 5:31AM – 7:06AM	<b>Athiganda*</b> <b>Until 3:06PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:11PM	Moon 3 - Phase 2	
Until 1.17AM Fri then Siddha Yoga		<b>Rahu</b> 1:26PM – 3:01PM	<b>Bava</b> <b>Until 12:58PM</b>	<b>Nataraja:</b> Clear	3rd Phase	
			<b>Panchami</b> <b>Until 2:03AM Fri</b>	<b>Moon – Yellow</b>	<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>6</b>	<b>Friday, April 27, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Pyinmana, Myanmar
	Mithuna Rasi: 15.01      Tithi 6	Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Sun 20      Sutra 15
	234117269	<b>Gulika</b> 7:06AM – 8:41AM	<b>Ardra</b> <b>Until 3:58PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:31AM	Nandana 5114	
Creative Work      Siddha Yoga		<b>Yama</b> 3:02PM – 4:37PM	<b>Sukarma</b> <b>Until 3:38PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:12PM	Moon 3 - Phase 2	
Until 1.17AM Sat then Marana Yoga		<b>Rahu</b> 10:16AM – 11:51AM	<b>Kaulava</b> <b>Until 2:56PM</b>	<b>Nataraja:</b> Clear	3rd Phase	
			<b>Shasthi*</b> <b>Until 4:01AM Sat</b>	<b>Moon – Yellow</b>	<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>Retreat Star</b>	<b>Saturday, April 28, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Pyinmana, Myanmar
	Mithuna Rasi: 27.19      Tithi 7	Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau				Sun 21      Sutra 16
	244117269	<b>Gulika</b> 5:30AM – 7:06AM	<b>Punarvasu</b> <b>Until 5:06PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM	Nandana 5114	
Routine Work      Marana Yoga		<b>Yama</b> 1:26PM – 3:02PM	<b>Dhriti</b> <b>Until 3:02PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:12PM	Moon 3 - Phase 2	
Until 5:06PM then Siddha Yoga		<b>Rahu</b> 8:41AM – 10:16AM	<b>Gara</b> <b>Until 3:31PM</b>	<b>Nataraja:</b> Clear	3rd Phase	
			<b>Saptami</b> <b>Until 3:31AM Sun</b>	<b>Moon – Blue</b>	<b>Sivaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>Retreat Star</b>	<b>Sunday, April 29, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Pyinmana, Myanmar
	Kataka Rasi: 9.56      Tithi 8	Pushya Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Sun 22      Sutra 17
	244117269	<b>Gulika</b> 3:02PM – 4:37PM	<b>Pushya</b> <b>Until 6:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM	Nandana 5114	
Creative Work      Siddha Yoga		<b>Yama</b> 11:51AM – 1:26PM	<b>Shula*</b> <b>Until 2:37PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:12PM	Moon 3 - Phase 2	
		<b>Rahu</b> 4:37PM – 6:12PM	<b>Visti</b> <b>Until 4:15PM</b>	<b>Nataraja:</b> Clear	Ashtami	
			<b>Ashtami*</b> <b>Until 4:15AM Mon</b>	<b>Moon – Blue</b>	<b>Sivaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>Retreat Star</b>	<b>Monday, April 30, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Pyinmana, Myanmar
	Kataka Rasi: 22.55      Tithi 9	Aslesha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navami* Yam Titau				Sun 23      Sutra 18
	244117269	<b>Gulika</b> 1:26PM – 3:02PM	<b>Aslesha*</b> <b>Until 7:05PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:29AM	Nandana 5114	
<b>Family Home Evening</b>		<b>Yama</b> 10:15AM – 11:51AM	<b>Ganda*</b> <b>Until 1:33PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:12PM	Moon 3 - Phase 2	
Creative Work      Siddha Yoga		<b>Rahu</b> 7:05AM – 8:40AM	<b>Balava</b> <b>Until 4:13PM</b>	<b>Nataraja:</b> Clear	Navami	
			<b>Navami*</b> <b>Until 4:13AM Tue</b>	<b>Moon – Blue</b>	<b>Sivaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Tuesday, May 1, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Pyinmana, Myanmar
	Simha Rasi: 6.2      Tithi 10	Magha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau			Sun 24      Sutra 19
	254117269	<b>Gulika</b> 11:51AM – 1:26PM	<b>Magha* Until 6:00PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:28AM	Nandana 5114
		<b>Yama</b> 8:39AM – 10:15AM	Vriddhi Until 11:21AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:13PM	Moon 3 - Phase 3
		<b>Rahu</b> 3:02PM – 4:37PM	Taitila Until 2:36PM	<b>Nataraja:</b> Clear	4th Phase
	Creative Work      Siddha Yoga		<b>Dasami Until 1:41AM Wed</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
	Until 1.16AM Wed then Amrita Yoga				

<b>2</b>	<b>Wednesday, May 2, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Pyinmana, Myanmar
	Simha Rasi: 20.13      Tithi 11	Purvaphalguni*/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Sun 25      Sutra 20
	254117269	<b>Gulika</b> 10:15AM – 11:51AM	<b>Purvaphalguni* Until 5:04PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:28AM	Nandana 5114
		<b>Yama</b> 7:03AM – 8:39AM	Dhruva Until 8:55AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:13PM	Moon 3 - Phase 3
		<b>Rahu</b> 11:51AM – 1:26PM	Vanija Until 12:55PM	<b>Nataraja:</b> Clear	4th Phase
	Creative Work      Amrita Yoga		<b>Ekadasi Until 12:00PM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>
	Until 1.16AM Thu then Prabalarishta Yoga			<b>Vaisaka-Chaitra</b>	

<b>3</b>	<b>Thursday, May 3, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Pyinmana, Myanmar
	Kanya Rasi: 4.33      Tithi 12	Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadasi Yam Titau			Sun 26      Sutra 21
	254117269	<b>Gulika</b> 8:39AM – 10:15AM	<b>Uttaraphalguni Until 2:43PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:27AM	Nandana 5114
		<b>Yama</b> 5:27AM – 7:03AM	Harshana Until 1:47AM Fri	<b>Muruqa:</b> White <i>Sunset:</i> 6:14PM	Moon 3 - Phase 3
		<b>Rahu</b> 1:26PM – 3:02PM	Bava Until 10:05AM	<b>Nataraja:</b> Clear	4th Phase
	Routine Work      Prabalarishta Yoga		<b>Dvadasi Until 8:22PM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>
	Until 2:43PM then no yoga			<b>Vaisaka-Chaitra</b>	
	Until 1.16AM Fri then Amrita Yoga				

<b>4</b>	<b>Friday, May 4, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			Pyinmana, Myanmar
	Kanya Rasi: 19.17      Tithi 13 – 14	Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Gara Karana Trayodasi*/Chaturdasi* Yam Titau			Sun 27      Sutra 22
	264117269	<b>Gulika</b> 7:03AM – 8:39AM	<b>Hasta Until 12:29PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:27AM	Nandana 5114
		<b>Yama</b> 3:02PM – 4:38PM	Vajra* Until 10:13PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:14PM	Moon 3 - Phase 3
		<b>Rahu</b> 10:14AM – 11:50AM	Kaulava Until 7:04AM	<b>Nataraja:</b> Clear	4th Phase
	Creative Work      Amrita Yoga		<b>Trayodasi Until 5:21PM</b>	<b>Moon – Green</b>	<b>Sivaloka Day</b>
	Until 12:29PM then Siddha Yoga			<b>Vaisaka-Chaitra</b>	
	Until 1.16AM Sat then Marana Yoga		<i>Pradosha Vrata</i>		

	<b>Saturday, May 5, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Pyinmana, Myanmar
	<b>Copper Retreat Star</b>	Chitra/Svati Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Sutra 23
	Tula Rasi: 4.19      Tithi 14 – 15	<b>Gulika</b> 5:26AM – 7:02AM	<b>Chitra Until 9:46AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:26AM	Nandana 5114
	264217269	<b>Yama</b> 1:26PM – 3:02PM	Siddhi Until 6:13PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:14PM	Moon 3 - Phase 3
		<b>Rahu</b> 8:38AM – 10:14AM	Visti Until 12:06AM Sun	<b>Nataraja:</b> Clear	Purnima
	Routine Work      Marana Yoga		<b>Chaturdasi* Until 1:49PM</b>	<b>Moon – Green</b>	<b>Subha Sivaloka Day</b>
	Until 9:46AM then Siddha Yoga			<b>Vaisaka-Chaitra</b>	

	<b>Sunday, May 6, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Pyinmana, Myanmar
	<b>Silver Retreat Star</b>	Svati/Visakha Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Sutra 24
	Tula Rasi: 19.31      Tithi 15 – 16	<b>Gulika</b> 3:02PM – 4:38PM	<b>Svati Until 6:47AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:26AM	Nandana 5114
	264217269	<b>Yama</b> 11:50AM – 1:26PM	Vyatipata* Until 1:58PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:14PM	Moon 3 - Phase 3
		<b>Rahu</b> 4:38PM – 6:14PM	Balava Until 8:17PM	<b>Nataraja:</b> Clear	Prathama
	Creative Work      Siddha Yoga		<b>Purnima* Until 9:59AM</b>	<b>Moon – Green</b>	<b>Subha Sivaloka Day</b>
	Until 6:47AM then Marana Yoga			<b>Vaisaka-Chaitra</b>	