



Tuesday, April 19, 2011
Gold Retreat Star

Tula Rasi: 20.47 Tithi 17
272456158
Routine Work Marana Yoga
Until 6.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 12:33PM – 2:14PM **Visakha Until 2:05AM Wed**
Yama 9:11AM – 10:52AM **Siddhi Until 5:34PM**
Rahu 3:55PM – 5:36PM **Taitila Until 9:32AM**
Dvitiya Until 7:49PM

Ganesha: Yellow *Sunrise:* 5:49AM
Muruqa: Yellow *Sunset:* 7:17PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Porto, Portugal
Sutra 7
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

1

Wednesday, April 20, 2011

Wrishchika Rasi: 5.28 Tithi 18 – 19
272456158
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Vanija/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 10:51AM – 12:33PM **Anuradha Until 1:13AM Thu**
Yama 7:29AM – 9:10AM **Vyatipata* Until 2:38PM**
Rahu 12:33PM – 2:14PM **Vanija Until 6:40AM**
Tritiya Until 5:44PM

Ganesha: Yellow *Sunrise:* 5:47AM
Muruqa: Yellow *Sunset:* 7:18PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Porto, Portugal
Sutra 8
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

2

Thursday, April 21, 2011

Wrishchika Rasi: 19.43 Tithi 19 – 20
272456158
Creative Work Siddha Yoga
Until 6.59PM then Prabalarishla Yoga
Until 11:38PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 9:09AM – 10:51AM **Jyeshtha* Until 11:38PM**
Yama 5:46AM – 7:27AM **Variyan Until 11:36AM**
Rahu 2:14PM – 3:56PM **Kaulava Until 2:27AM Fri**
Chaturthi* Until 3:22PM

Ganesha: Yellow *Sunrise:* 5:46AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Porto, Portugal
Sutra 9
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

3

Friday, April 22, 2011

Dhanus Rasi: 3.29 Tithi 20 – 21
282456158
No Yoga
Until 6.59PM then Siddha Yoga
Until 12:10AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 7:26AM – 9:08AM **Mula* Until 12:10AM Sat**
Yama 3:56PM – 5:38PM **Parigha* Until 9:33AM**
Rahu 10:50AM – 12:32PM **Gara Until 2:32AM Sat**
Panchami Until 2:32PM

Ganesha: Blue *Sunrise:* 5:44AM
Muruqa: Yellow *Sunset:* 7:20PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Porto, Portugal
Sutra 10
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

4

Saturday, April 23, 2011

Dhanus Rasi: 16.48 Tithi 21 – 22
282466158
Routine Work Marana Yoga
Until 6.58PM then Siddha Yoga
Until 12:13AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 5:43AM – 7:25AM **Purvashadha* Until 12:13AM Sun**
Yama 2:14PM – 3:57PM **Shiva Until 7:56AM**
Rahu 9:07AM – 10:50AM **Visti Until 1:53AM Sun**
Shasthi* Until 1:53PM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: Red *Sunset:* 7:21PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Porto, Portugal
Sutra 11
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day



Sunday, April 24, 2011
Retreat Star

Dhanus Rasi: 29.41 Tithi 22 – 23
282466158
Creative Work Amrita Yoga
Until 6.58PM then Marana Yoga
Until 1:04AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 3:57PM – 5:40PM **Uttarashadha Until 1:04AM Mon**
Yama 12:32PM – 2:15PM **Siddha Until 7:07AM**
Rahu 5:40PM – 7:23PM **Balava Until 2:05AM Mon**
Saptami Until 2:05PM

Ganesha: Blue *Sunrise:* 5:41AM
Muruqa: Red *Sunset:* 7:23PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Porto, Portugal
Sutra 12
Khara 5113
Moon 4 - Phase 1
Ashtami

Sivaloka Day

Monday, April 25, 2011

Retreat Star

Makara Rasi: 12.11 Tithi 23 – 24
293466159
Family Home Evening
Creative Work Amrita Yoga
Until 6.58PM then Siddha Yoga
Until 4:17AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 2:15PM – 3:58PM **Sravana Until 4:17AM Tue**
Yama 10:49AM – 12:32PM **Sadhya Until 6:50AM**
Rahu 7:23AM – 9:06AM **Taitila Until 4:55AM Tue**
Ashtami* Until 3:49PM

Ganesha: Green *Sunrise:* 5:40AM
Muruqa: Red *Sunset:* 7:24PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Porto, Portugal
Sutra 13
Khara 5113
Moon 4 - Phase 1
Navami

Devaloka Day

1	Tuesday, April 26, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Porto, Portugal Sutra 14 Khara 5113
	Makara Rasi: 24.25 Titithi 24 – 25 293466159	Gulika 12:32PM – 2:15PM Yama 9:05AM – 10:48AM Rahu 3:58PM – 5:41PM	Dhanishtha Until 6:24AM Wed Subha Until 7:04AM Vanija Until 6:31AM Wed Navami* Until 5:26PM

Routine Work Marana Yoga
Until 6:58PM then Prabalarishta Yoga
Until 6:24AM Wed then Siddha Yoga

Ganesha: Green <i>Sunrise:</i> 5:39AM	Devaloka Day
Muruqa: Red <i>Sunset:</i> 7:25PM	
Nataraja: Purple Moon – Purple	

2	Wednesday, April 27, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau	Porto, Portugal Sutra 15 Khara 5113
	Kumbha Rasi: 6.28 Titithi 25 293566159	Gulika 10:48AM – 12:31PM Yama 7:21AM – 9:04AM Rahu 12:31PM – 2:15PM	Dhanishtha Until 6:24AM Sukla Until 7:39AM Vanija Until 6:22AM Dasami Until 7:28PM

Routine Work Prabalarishta Yoga
Until 6:24AM then Siddha Yoga
Until 6:58PM then Marana Yoga

Ganesha: Red <i>Sunrise:</i> 5:37AM	Sivaloka Day
Muruqa: Red <i>Sunset:</i> 7:26PM	
Nataraja: Purple Moon – Purple	

3	Thursday, April 28, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau	Porto, Portugal Sutra 16 Khara 5113
	Kumbha Rasi: 18.23 Titithi 26 293566159	Gulika 9:04AM – 10:47AM Yama 5:36AM – 7:20AM Rahu 2:15PM – 3:59PM	Satabhisha Until 9:13AM Brahma Until 8:28AM Bava Until 8:39AM Ekadasi* Until 9:45PM

Routine Work Marana Yoga
Until 9:13AM then Siddha Yoga

Ganesha: Red <i>Sunrise:</i> 5:36AM	Sivaloka Day
Muruqa: Red <i>Sunset:</i> 7:27PM	
Nataraja: Purple Moon – Purple	

4	Friday, April 29, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadasi* Yam Titau	Porto, Portugal Sutra 17 Khara 5113
	Meena Rasi: 0.16 Titithi 27 213566159	Gulika 7:19AM – 9:03AM Yama 3:59PM – 5:44PM Rahu 10:47AM – 12:31PM	Purvaprostapada* Until 12:08PM Indra Until 9:22AM Kaulava Until 11:03AM Dvadasi* Until 12:09AM Sat

Creative Work Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 5:34AM	Sivaloka Day
Muruqa: Red <i>Sunset:</i> 7:28PM	
Nataraja: Purple Moon – Clear	

5	Saturday, April 30, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Porto, Portugal Sutra 18 Khara 5113
	Meena Rasi: 12.08 Titithi 28 213566159	Gulika 5:33AM – 7:18AM Yama 2:15PM – 4:00PM Rahu 9:02AM – 10:47AM	Uttaraprostapada Until 3:04PM Vaidhriti* Until 10:17AM Gara Until 1:28PM Trayodasi* Until 2:34AM Sun <i>Pradosha Vrata (Fasting)</i>


Creative Work Siddha Yoga
Until 3:04PM then Prabalarishta Yoga
Until 6:57PM then Amrita Yoga

Ganesha: Clear <i>Sunrise:</i> 5:33AM	Sivaloka Day
Muruqa: Red <i>Sunset:</i> 7:29PM	
Nataraja: Purple Moon – Clear	

6	Sunday, May 1, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Porto, Portugal Sutra 19 Khara 5113
	Meena Rasi: 24.02 Titithi 29 213566159	Gulika 4:00PM – 5:45PM Yama 12:31PM – 2:16PM Rahu 5:45PM – 7:30PM	Revati Until 5:56PM Vishkambha* Until 11:08AM Visti Until 3:48PM Chaturdasi* Until 4:53AM Mon

Creative Work Amrita Yoga
Until 5:56PM then Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 5:32AM	Sivaloka Day
Muruqa: Red <i>Sunset:</i> 7:30PM	
Nataraja: Purple Moon – Clear	

	Monday, May 2, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Porto, Portugal Sutra 20 Khara 5113
	Retreat Star Mesha Rasi: 6 Titithi 30 Family Home Evening 223566159	Gulika 2:16PM – 4:01PM Yama 10:46AM – 12:31PM Rahu 7:16AM – 9:01AM	Asvini Until 8:40PM Priti Until 11:51AM Catuspada Until 5:59PM Amavasya* Until 6:52AM Tue

Creative Work Siddha Yoga

Ganesha: Orange <i>Sunrise:</i> 5:31AM	Sivaloka Day
Muruqa: Red <i>Sunset:</i> 7:31PM	
Nataraja: Purple Moon – White	

	Tuesday, May 3, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Porto, Portugal Sutra 21 Khara 5113
	Retreat Star Mesha Rasi: 18.04 Titithi 30 – 1 223566159	Gulika 12:31PM – 2:16PM Yama 9:00AM – 10:45AM Rahu 4:01PM – 5:47PM	Bharani Until 11:12PM Ayushman Until 12:24PM Kintughna Until 7:57PM Amavasya* Until 6:52AM

Creative Work Siddha Yoga
Until 6:57PM then Marana Yoga
Until 11:12PM then Amrita Yoga

Ganesha: Orange <i>Sunrise:</i> 5:29AM	Sivaloka Day
Muruqa: Red <i>Sunset:</i> 7:32PM	
Nataraja: Purple Moon – White	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Wednesday, May 4, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Porto, Portugal
	Wrishabha Rasi: 0.16 Tithi 1 – 2	223566159	Gulika 10:45AM – 12:31PM Yama 7:14AM – 8:59AM Rahu 12:31PM – 2:16PM	Sutra 22 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work Amrita Yoga Until 6.57PM then Marana Yoga		Krittika Until 1:29AM Thu Saubhagya Until 12:43PM Balava Until 9:39PM Prathama* Until 8:34AM	Ganesha: Orange <i>Sunrise:</i> 5:28AM Muruqa: Red <i>Sunset:</i> 7:33PM Nataraja: Purple Moon – White Vaisaka-Chaitra
				Sivaloka Day


2	Thursday, May 5, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Porto, Portugal
	Wrishabha Rasi: 13 Tithi 2 – 3	233566159	Gulika 8:59AM – 10:45AM Yama 5:27AM – 7:13AM Rahu 2:16PM – 4:02PM	Sutra 23 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Routine Work Marana Yoga Until 1:49AM Fri then Siddha Yoga		Rohini Until 1:49AM Fri Sobhana Until 12:46PM Taitila Until 9:37PM Dvitiya Until 9:37AM	Ganesha: Clear <i>Sunrise:</i> 5:27AM Muruqa: Red <i>Sunset:</i> 7:34PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra
				Sivaloka Day

3	Friday, May 6, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Porto, Portugal
	Wrishabha Rasi: 25.06 Tithi 3 – 4	233566159	Gulika 7:12AM – 8:58AM Yama 4:03PM – 5:49PM Rahu 10:44AM – 12:30PM	Sutra 24 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work Siddha Yoga		Mrigasira Until 3:21AM Sat Athiganda* Until 12:02PM Vanija Until 10:32PM Tritiya Until 10:32AM	Ganesha: Clear <i>Sunrise:</i> 5:26AM Muruqa: Red <i>Sunset:</i> 7:35PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra
				Sivaloka Day

4	Saturday, May 7, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Porto, Portugal
	Mithuna Rasi: 7.49 Tithi 4 – 5	233566159	Gulika 5:24AM – 7:11AM Yama 2:17PM – 4:03PM Rahu 8:57AM – 10:44AM	Sutra 25 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work Siddha Yoga		Ardra Until 4:30AM Sun Sukarma Until 11:27AM Bava Until 11:03PM Chaturthi* Until 11:03AM	Ganesha: Clear <i>Sunrise:</i> 5:24AM Muruqa: Red <i>Sunset:</i> 7:36PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra
				Sivaloka Day

5	Sunday, May 8, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Porto, Portugal
	Mithuna Rasi: 20.46 Tithi 5 – 6	243566159	Gulika 4:04PM – 5:50PM Yama 12:30PM – 2:17PM Rahu 5:50PM – 7:37PM	Sutra 26 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work Siddha Yoga Until 6.56PM then Amrita Yoga Until 5:13AM Mon then Siddha Yoga		Punarvasu Until 5:13AM Mon Dhriti Until 10:28AM Kaulava Until 11:06PM Panchami Until 11:06AM	Ganesha: Purple <i>Sunrise:</i> 5:23AM Muruqa: Red <i>Sunset:</i> 7:37PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra
		Mother's Day		Subha Sivaloka Day

6	Monday, May 9, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Porto, Portugal
	Kataka Rasi: 3.58 Tithi 6 – 7	244566159	Gulika 2:17PM – 4:04PM Yama 10:43AM – 12:30PM Rahu 7:09AM – 8:56AM	Sutra 27 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Family Home Evening Creative Work Siddha Yoga		Pushya Until 3:46AM Tue Shula* Until 9:01AM Gara Until 9:21PM Shasthi* Until 10:16AM	Ganesha: Clear <i>Sunrise:</i> 5:22AM Muruqa: Red <i>Sunset:</i> 7:38PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra
				Sivaloka Day

	Tuesday, May 10, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Porto, Portugal
	Retreat Star		Gulika 12:30PM – 2:17PM Yama 8:56AM – 10:43AM Rahu 4:05PM – 5:52PM	Sutra 28 Khara 5113 Moon 4 - Phase 3 Ashtami
	Kataka Rasi: 17.29 Tithi 7 – 8	244566159	Aslesha* Until 3:28AM Wed Ganda* Until 6:59AM Visti Until 8:20PM Saptami Until 9:16AM	Ganesha: Clear <i>Sunrise:</i> 5:21AM Muruqa: Red <i>Sunset:</i> 7:39PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra
	Creative Work Siddha Yoga			Sivaloka Day

7	Wednesday, May 11, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Porto, Portugal
	Retreat Star		Gulika 10:43AM – 12:30PM Yama 7:07AM – 8:55AM Rahu 12:30PM – 2:18PM	Sutra 29 Khara 5113 Moon 4 - Phase 3 Navami
	Simha Rasi: 1.19 Tithi 8 – 9	254566159	Magha* Until 2:37AM Thu Dhruva Until 1:58AM Thu Balava Until 6:44PM Ashtami* Until 7:40AM	Ganesha: White <i>Sunrise:</i> 5:20AM Muruqa: Red <i>Sunset:</i> 7:40PM Nataraja: Purple Moon – Red Vaisaka-Chaitra
	Creative Work Siddha Yoga Until 6.56PM then Amrita Yoga Until 2:37AM Thu then no yoga			Devaloka Day


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

1	Thursday, May 12, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dasami Yam Titau				Porto, Portugal
	Simha Rasi: 15.28	Tithi 10	Gulika 8:54AM – 10:42AM	Purvaphalguni* Until 1:12AM Fri	Ganesha: White	<i>Sunrise:</i> 5:19AM	Sutra 30
		254566159	Yama 5:19AM – 7:07AM	Vyaghata* Until 11:06PM	Muruqa: Red	<i>Sunset:</i> 7:41PM	Khara 5113
	No Yoga		Rahu 2:18PM – 4:06PM	Taitila Until 4:32PM	Nataraja: Purple		Moon 4 - Phase 4
Until 6.56PM then Siddha Yoga			Dasami Until 3:37AM Fri	Vaisaka-Chaitra		4th Phase	
						Devaloka Day	

2	Friday, May 13, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadasi Yam Titau				Porto, Portugal
	Simha Rasi: 29.56	Tithi 11	Gulika 7:06AM – 8:54AM	Uttaraphalguni Until 10:07PM	Ganesha: White	<i>Sunrise:</i> 5:18AM	Sutra 31
		254566159	Yama 4:06PM – 5:54PM	Harshana Until 6:54PM	Muruqa: Red	<i>Sunset:</i> 7:42PM	Khara 5113
	Creative Work	Siddha Yoga	Rahu 10:42AM – 12:30PM	Vanija Until 1:13PM	Nataraja: Purple		Moon 4 - Phase 4
Until 6.56PM then Marana Yoga			Ekadasi Until 11:31PM	Vaisaka-Chaitra		4th Phase	
						Devaloka Day	

3	Saturday, May 14, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadasi Yam Titau				Porto, Portugal
	Kanya Rasi: 14.37	Tithi 12	Gulika 5:17AM – 7:05AM	Hasta Until 7:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:17AM	Sutra 32
		264566159	Yama 2:18PM – 4:07PM	Vajra* Until 3:24PM	Muruqa: Red	<i>Sunset:</i> 7:43PM	Khara 5113
	Routine Work	Marana Yoga	Rahu 8:53AM – 10:42AM	Bava Until 10:15AM	Nataraja: Purple		Moon 4 - Phase 4
Until 6.56PM then Amrita Yoga			Dvadasi Until 8:33PM	Vaisaka-Chaitra		4th Phase	
Until 7:56PM then Siddha Yoga						Sivaloka Day	

4	Sunday, May 15, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Porto, Portugal
	Kanya Rasi: 29.28	Tithi 13 – 14	Gulika 4:07PM – 5:56PM	Chitra Until 5:32PM	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM	Sutra 33
		264566159	Yama 12:30PM – 2:19PM	Siddhi Until 11:42AM	Muruqa: Red	<i>Sunset:</i> 7:44PM	Khara 5113
	Creative Work	Siddha Yoga	Rahu 5:56PM – 7:44PM	Kaulava Until 7:03AM	Nataraja: Purple		Moon 4 - Phase 4
Until 6.56PM then Amrita Yoga			Trayodasi Until 5:20PM	Vaisaka-Vaikasi		4th Phase	
						Sivaloka Day	
						<i>Pradosha Vrata</i>	

	Monday, May 16, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Vyalipata*Varyan Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau				Porto, Portugal
	Copper Retreat Star		Gulika 2:19PM – 4:08PM	Svati Until 3:05PM	Ganesha: Yellow	<i>Sunrise:</i> 5:15AM	Sutra 34
	Tula Rasi: 14.19	Tithi 14 – 15	Yama 10:41AM – 12:30PM	Vyatipata* Until 7:58AM	Muruqa: Red	<i>Sunset:</i> 7:45PM	Khara 5113
	Family Home Evening	264566159	Rahu 7:04AM – 8:52AM	Visli Until 12:22AM Tue	Nataraja: Purple		Moon 4 - Phase 4
Creative Work	Amrita Yoga		Chaturdasi* Until 2:05PM	Vaisaka-Vaikasi		Purnima	
Until 3:05PM then Marana Yoga						Sivaloka Day	

	Tuesday, May 17, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Porto, Portugal
	Silver Retreat Star		Gulika 12:30PM – 2:19PM	Visakha Until 12:50PM	Ganesha: Blue	<i>Sunrise:</i> 5:14AM	Sutra 35
	Tula Rasi: 29.04	Tithi 15 – 16	Yama 8:52AM – 10:41AM	Parigha* Until 1:38AM Wed	Muruqa: Red	<i>Sunset:</i> 7:46PM	Khara 5113
		274566159	Rahu 4:08PM – 5:57PM	Balava Until 9:19PM	Nataraja: Purple		Moon 4 - Phase 4
Routine Work	Marana Yoga		Purnima* Until 11:02AM	Vaisaka-Vaikasi		Prathama	
Until 12:50PM then Siddha Yoga						Devaloka Day	



Wednesday, May 18, 2011
Gold Retreat Star

Vrischika Rasi: 13.35 Tithi 16 – 17
274566159

Creative Work Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama* Dvitiya Yam Titau

Gulika 10:41AM – 12:30PM **Anuradha Until 11:18AM**
Yama 7:02AM – 8:51AM Shiva Until 10:12PM
Rahu 12:30PM – 2:19PM Taitila Until 7:38PM
Prathama* Until 8:34AM

Ganesha: Blue *Sunrise:* 5:13AM
Muruqa: Red *Sunset:* 7:47PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Porto, Portugal
Sutra 36
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

1

Thursday, May 19, 2011

Vrischika Rasi: 27.45 Tithi 17 – 18
274566159

Creative Work Siddha Yoga
Until 6.56PM then no yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Visti* Karana Dvitiya/Tritiya Yam Titau

Gulika 8:51AM – 10:41AM **Jyeshtha* Until 9:52AM**
Yama 5:12AM – 7:02AM Siddha Until 7:19PM
Rahu 2:20PM – 4:09PM Visti Until 4:29AM Fri
Dvitiya Until 6:20AM

Ganesha: Blue *Sunrise:* 5:12AM
Muruqa: Red *Sunset:* 7:48PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Porto, Portugal
Sun 1 Sutra 37
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

2

Friday, May 20, 2011

Dhanus Rasi: 11.31 Tithi 19
284566159

No Yoga
Until 9:21AM then Siddha Yoga
Until 6.56PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 7:01AM – 8:51AM **Mula* Until 9:21AM**
Yama 4:10PM – 5:59PM Sadhya Until 5:52PM
Rahu 10:40AM – 12:30PM Bava Until 4:44PM
Chaturthi* Until 4:44AM Sat

Ganesha: Red *Sunrise:* 5:11AM
Muruqa: Red *Sunset:* 7:49PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Porto, Portugal
Sun 2 Sutra 38
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

3

Saturday, May 21, 2011

Dhanus Rasi: 24.52 Tithi 20
285566159

Routine Work Marana Yoga
Until 9:20AM then no yoga
Until 6.56PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 5:10AM – 7:00AM **Purvashadha* Until 9:20AM**
Yama 2:20PM – 4:10PM Subha Until 4:12PM
Rahu 8:50AM – 10:40AM Kaulava Until 3:58PM
Panchami Until 3:58AM Sun

Ganesha: Yellow *Sunrise:* 5:10AM
Muruqa: Red *Sunset:* 7:50PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Porto, Portugal
Sun 3 Sutra 39
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

4

Sunday, May 22, 2011

Makara Rasi: 7.49 Tithi 21
285666159

Creative Work Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha*/Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 4:11PM – 6:01PM **Uttarashadha Until 10:03AM**
Yama 12:30PM – 2:20PM Sukla Until 3:13PM
Rahu 6:01PM – 7:51PM Gara Until 4:01PM
Shasthi* Until 4:01AM Mon

Ganesha: Red *Sunrise:* 5:10AM
Muruqa: Red *Sunset:* 7:51PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Porto, Portugal
Sun 4 Sutra 40
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

5

Monday, May 23, 2011

Makara Rasi: 20.23 Tithi 22
295666159

Family Home Evening
Creative Work Amrita Yoga
Until 11:53AM then Siddha Yoga
Until 6.57PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 2:21PM – 4:11PM **Sravana Until 11:53AM**
Yama 10:40AM – 12:30PM Brahma Until 3:32PM
Rahu 6:59AM – 8:50AM Visti Until 5:44PM
Saptami Until 6:05AM Tue

Ganesha: Green *Sunrise:* 5:09AM
Muruqa: Red *Sunset:* 7:52PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Porto, Portugal
Sun 5 Sutra 41
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day



Tuesday, May 24, 2011
Retreat Star

Kumbha Rasi: 2.42 Tithi 22 – 23
295666159

Routine Work Marana Yoga
Until 6.57PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 12:30PM – 2:21PM **Dhanishtha Until 1:57PM**
Yama 8:49AM – 10:40AM Indra Until 3:40PM
Rahu 4:12PM – 6:02PM Balava Until 7:11PM
Saptami Until 6:05AM

Ganesha: Green *Sunrise:* 5:08AM
Muruqa: Red *Sunset:* 7:53PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Porto, Portugal
Sun 6 Sutra 42
Khara 5113
Moon 5 - Phase 5
Ashtami

Devaloka Day

Wednesday, May 25, 2011
Retreat Star

Kumbha Rasi: 14.47 Tithi 23 – 24
295666159

Creative Work Siddha Yoga
Until 4:25PM then Amrita Yoga
Until 6.57PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha*/Purvaprostapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 10:40AM – 12:31PM **Satabhisha Until 4:25PM**
Yama 6:58AM – 8:49AM Vaidhriti* Until 4:11PM
Rahu 12:31PM – 2:21PM Taitila Until 9:04PM
Ashtami* Until 7:59AM

Ganesha: Green *Sunrise:* 5:07AM
Muruqa: Red *Sunset:* 7:54PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Porto, Portugal
Sun 7 Sutra 43
Khara 5113
Moon 5 - Phase 5
Navami

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

1	Thursday, May 26, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha*/Prili Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Porto, Portugal
	Kumbha Rasi: 26.45 Tithi 24 – 25 315666159	Gulika 8:49AM – 10:40AM Yama 5:07AM – 6:58AM Rahu 2:22PM – 4:13PM	Purvaprostapada* Until 7:10PM Vishkambha* Until 4:57PM Vanija Until 11:15PM Navami* Until 10:10AM	Ganesha: Clear Muruqa: Red Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	<i>Sunrise:</i> 5:07AM <i>Sunset:</i> 7:55PM	Sun 8 Sutra 44 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
Creative Work Siddha Yoga						


2	Friday, May 27, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Prili/Ayushman Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Porto, Portugal
	Meena Rasi: 8.38 Tithi 25 – 26 315666159	Gulika 6:57AM – 8:48AM Yama 4:13PM – 6:04PM Rahu 10:40AM – 12:31PM	Uttaraprostapada Until 10:03PM Prili Until 5:50PM Bava Until 1:35AM Sat Dasami Until 12:29PM	Ganesha: Clear Muruqa: Red Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	<i>Sunrise:</i> 5:06AM <i>Sunset:</i> 7:55PM	Sun 9 Sutra 45 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 10:03PM then Prabalarishta Yoga						

3	Saturday, May 28, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Porto, Portugal
	Meena Rasi: 20.32 Tithi 26 – 27 315666159	Gulika 5:05AM – 6:57AM Yama 2:22PM – 4:14PM Rahu 8:48AM – 10:39AM	Revati Until 12:56AM Sun Ayushman Until 6:43PM Kaulava Until 3:55AM Sun Ekadasi* Until 2:49PM	Ganesha: Clear Muruqa: Red Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	<i>Sunrise:</i> 5:05AM <i>Sunset:</i> 7:56PM	Sun 10 Sutra 46 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
Routine Work Prabalarishta Yoga Until 6:57PM then Amrita Yoga Until 12:56AM Sun then Siddha Yoga						

4	Sunday, May 29, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Talila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Porto, Portugal
	Mesha Rasi: 2.29 Tithi 27 – 28 325666159	Gulika 4:14PM – 6:05PM Yama 12:31PM – 2:22PM Rahu 6:05PM – 7:57PM	Asvini Until 3:42AM Mon Saubhagya Until 7:30PM Gara Until 6:08AM Mon Dvadasi* Until 5:02PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruqa: Red Nataraja: Purple Moon – White Vaisaka-Vaikasi	<i>Sunrise:</i> 5:05AM <i>Sunset:</i> 7:57PM	Sun 11 Sutra 47 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
Creative Work Siddha Yoga						

5	Monday, May 30, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija Karana Trayodasi* Yam Titau				Porto, Portugal
	Mesha Rasi: 14.32 Tithi 28 325666159	Gulika 2:23PM – 4:14PM Yama 10:39AM – 12:31PM Rahu 6:56AM – 8:48AM	Bharani Until 6:17AM Tue Sobhana Until 8:06PM Vanija Until 8:07AM Tue Trayodasi* Until 7:01PM	Ganesha: Purple Muruqa: Red Nataraja: Purple Moon – White Vaisaka-Vaikasi	<i>Sunrise:</i> 5:04AM <i>Sunset:</i> 7:58PM	Sun 12 Sutra 48 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga						

6	Tuesday, May 31, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Porto, Portugal
	Mesha Rasi: 26.44 Tithi 29 326666159	Gulika 12:31PM – 2:23PM Yama 8:48AM – 10:39AM Rahu 4:15PM – 6:07PM	Krittika Until 7:38AM Wed Athiganda* Until 8:26PM Visti Until 7:35AM Chaturdasi* Until 8:41PM	Ganesha: Light Blue Muruqa: Red Nataraja: Purple Moon – White Vaisaka-Vaikasi	<i>Sunrise:</i> 5:04AM <i>Sunset:</i> 7:59PM	Sun 13 Sutra 49 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 6:57PM then Amrita Yoga Until 7:38AM Wed then Siddha Yoga						

	Wednesday, June 1, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Porto, Portugal
	Retreat Star Vrishabha Rasi: 9.07 Tithi 30 326666159	Gulika 10:39AM – 12:31PM Yama 6:55AM – 8:47AM Rahu 12:31PM – 2:23PM	Krittika Until 7:38AM Sukarma Until 7:23PM Catuspada Until 8:36AM Amavasya* Until 8:36PM	Ganesha: Light Blue Muruqa: Red Nataraja: Purple Moon – White Vaisaka-Vaikasi	<i>Sunrise:</i> 5:03AM <i>Sunset:</i> 7:59PM	Sun 14 Sutra 50 Khara 5113 Moon 5 - Phase 6 Amavasya Devaloka Day
Creative Work Amrita Yoga Until 7:38AM then Siddha Yoga Until 6:58PM then Marana Yoga						

Retreat Star	Thursday, June 2, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Porto, Portugal
	Vrishabha Rasi: 21.43 Tithi 1 336666159	Gulika 8:47AM – 10:39AM Yama 5:03AM – 6:55AM Rahu 2:24PM – 4:16PM	Rohini Until 8:59AM Dhriti Until 7:00PM Kintughna Until 9:19AM Prathama* Until 9:19PM	Ganesha: Purple Muruqa: Red Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	<i>Sunrise:</i> 5:03AM <i>Sunset:</i> 8:00PM	Sun 15 Sutra 51 Khara 5113 Moon 5 - Phase 6 Prathama Devaloka Day
Routine Work Marana Yoga Until 6:58PM then Siddha Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

1	Friday, June 3, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Porto, Portugal
	Sun 16	Sutra 52 Khara 5113	
Mithuna Rasi: 4.32	Tithi 2		
336666159			
Creative Work	Siddha Yoga		
Gulika	6:55AM – 8:47AM	Mrigasira Until 9:55AM	Ganesha: Purple <i>Sunrise:</i> 5:03AM
Yama	4:16PM – 6:08PM	Shula* Until 6:13PM	Muruqa: Red <i>Sunset:</i> 8:01PM
Rahu	10:39AM – 12:32PM	Balava Until 9:34AM	Nataraja: Purple
		Dvitiya Until 9:34PM	Moon – Yellow
			Jyeshtha-Vaikasi
			Devaloka Day


2	Saturday, June 4, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Tritiya Yam Titau	Porto, Portugal
	Sun 17	Sutra 53 Khara 5113	
Mithuna Rasi: 17.37	Tithi 3		
336666159			
Creative Work	Siddha Yoga		
Until 10:24AM then Marana Yoga			
Until 6:58PM then Siddha Yoga			
Gulika	5:02AM – 6:55AM	Ardra Until 10:24AM	Ganesha: Purple <i>Sunrise:</i> 5:02AM
Yama	2:24PM – 4:17PM	Ganda* Until 5:02PM	Muruqa: Red <i>Sunset:</i> 8:01PM
Rahu	8:47AM – 10:39AM	Tailila Until 9:21AM	Nataraja: Purple
		Tritiya Until 9:21PM	Moon – Yellow
			Jyeshtha-Vaikasi
			Devaloka Day

3	Sunday, June 5, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Vishti* Karana Chaturthi* Yam Titau	Porto, Portugal
	Sun 18	Sutra 54 Khara 5113	
Kataka Rasi: 0.55	Tithi 4		
346666151			
Creative Work	Siddha Yoga		
Gulika	4:17PM – 6:10PM	Punarvasu Until 10:09AM	Ganesha: Light Blue <i>Sunrise:</i> 5:02AM
Yama	12:32PM – 2:25PM	Vridhhi Until 3:27PM	Muruqa: Red <i>Sunset:</i> 8:02PM
Rahu	6:10PM – 8:02PM	Vanija Until 8:28AM	Nataraja: Purple
		Chaturthi* Until 7:32PM	Moon – Blue
			Jyeshtha-Vaikasi
			Devaloka Day

4	Monday, June 6, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau	Porto, Portugal
	Sun 19	Sutra 55 Khara 5113	
Kataka Rasi: 14.26	Tithi 5		
Family Home Evening	346666151		
Creative Work	Siddha Yoga		
Gulika	2:25PM – 4:17PM	Pushya Until 9:50AM	Ganesha: Light Blue <i>Sunrise:</i> 5:02AM
Yama	10:39AM – 12:32PM	Dhruva Until 12:59PM	Muruqa: Red <i>Sunset:</i> 8:03PM
Rahu	6:54AM – 8:47AM	Bava Until 7:26AM	Nataraja: Purple
		Panchami Until 6:30PM	Moon – Blue
			Jyeshtha-Vaikasi
			Devaloka Day

5	Tuesday, June 7, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Shasthi*/Saptami Yam Titau	Porto, Portugal
	Sun 20	Sutra 56 Khara 5113	
Kataka Rasi: 28.1	Tithi 6 – 7		
347666151			
Creative Work	Siddha Yoga		
Gulika	12:32PM – 2:25PM	Aslesha* Until 9:10AM	Ganesha: Purple <i>Sunrise:</i> 5:01AM
Yama	8:47AM – 10:40AM	Vyaghata* Until 10:50AM	Muruqa: Red <i>Sunset:</i> 8:03PM
Rahu	4:18PM – 6:11PM	Kaulava Until 6:00AM	Nataraja: Purple
		Shasthi* Until 5:05PM	Moon – Blue
			Jyeshtha-Vaikasi
			Devaloka Day

6	Wednesday, June 8, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Vanija/Vishti* Karana Saptami*/Ashtami* Yam Titau	Porto, Portugal
	Sun 21	Sutra 57 Khara 5113	
Simha Rasi: 12.05	Tithi 7 – 8		
357666151			
Creative Work	Siddha Yoga		
Until 8:09AM then Amrita Yoga			
Until 6:59PM then no yoga			
Gulika	10:40AM – 12:33PM	Magha* Until 8:09AM	Ganesha: Clear <i>Sunrise:</i> 5:01AM
Yama	6:54AM – 8:47AM	Harshana Until 8:21AM	Muruqa: Red <i>Sunset:</i> 8:04PM
Rahu	12:33PM – 2:25PM	Vishti Until 2:23AM Thu	Nataraja: Purple
		Saptami Until 3:18PM	Moon – Red
			Jyeshtha-Vaikasi
			Sivaloka Day

	Thursday, June 9, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Porto, Portugal
	Sun 22	Sutra 58 Khara 5113	
Simha Rasi: 26.11	Tithi 8 – 9		
357666151			
No Yoga			
Until 6:50AM then Prabalarishta Yoga			
Until 6:59PM then Siddha Yoga			
Gulika	8:47AM – 10:40AM	Purvaphalguni* Until 6:50AM	Ganesha: Clear <i>Sunrise:</i> 5:01AM
Yama	5:01AM – 6:54AM	Siddhi Until 2:56AM Fri	Muruqa: Red <i>Sunset:</i> 8:05PM
Rahu	2:26PM – 4:19PM	Balava Until 12:16AM Fri	Nataraja: Purple
		Ashtami* Until 1:12PM	Moon – Red
			Jyeshtha-Vaikasi
			Sivaloka Day

Retreat Star	Friday, June 10, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Navami*/Dasami Yam Titau	Porto, Portugal
	Sun 23	Sutra 59 Khara 5113	
Kanya Rasi: 10.26	Tithi 9 – 10		
367666151			
Creative Work	Amrita Yoga		
Until 6:59PM then Marana Yoga			
Gulika	6:54AM – 8:47AM	Hasta Until 4:07AM Sat	Ganesha: White <i>Sunrise:</i> 5:01AM
Yama	4:19PM – 6:12PM	Vyatipata* Until 11:56PM	Muruqa: Red <i>Sunset:</i> 8:05PM
Rahu	10:40AM – 12:33PM	Tailila Until 9:53PM	Nataraja: Purple
		Navami* Until 10:48AM	Moon – Green
			Jyeshtha-Vaikasi
			Devaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

1 Saturday, June 11, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Porto, Portugal
 Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 60
 Khara 5113
 Kanya Rasi: 24.48 Tithi 10 - 11 367666151
Gulika 5:00AM - 6:54AM **Chitra** Until 2:21AM Sun **Ganesha:** White *Sunrise:* 5:00AM
Yama 2:26PM - 4:19PM Variyan Until 8:45PM **Muruqa:** Red *Sunset:* 8:06PM Moon 5 - Phase 8
Rahu 8:47AM - 10:40AM Vanija Until 7:16PM **Nataraja:** Purple 4th Phase
 Routine Work Marana Yoga **Moon - Green** **Devaloka Day**
 Until 6:59PM then Siddha Yoga **Jyeshtha-Vaikasi**

2 Sunday, June 12, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Porto, Portugal
 Svati Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Dvadasi Yam Titau Sun 25 Sutra 61
 Khara 5113
 Tula Rasi: 9.14 Tithi 12 367666151
Gulika 4:20PM - 6:13PM **Svati** Until 12:28AM Mon **Ganesha:** White *Sunrise:* 5:00AM
Yama 12:33PM - 2:26PM Parigha* Until 5:28PM **Muruqa:** Red *Sunset:* 8:06PM Moon 5 - Phase 8
Rahu 6:13PM - 8:06PM Bava Until 4:33PM **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga **Moon - Green** **Devaloka Day**
 Until 7:00PM then Amrita Yoga **Dvadasi** Until 3:38AM Mon **Jyeshtha-Vaikasi**
 Until 12:28AM Mon then Marana Yoga

3 Monday, June 13, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Porto, Portugal
 Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 62
 Khara 5113
 Tula Rasi: 23.39 Tithi 13 377666151
Gulika 2:27PM - 4:20PM **Visakha** Until 10:36PM **Ganesha:** Yellow *Sunrise:* 5:00AM
Yama 10:40AM - 12:33PM Shiva Until 2:12PM **Muruqa:** Red *Sunset:* 8:07PM Moon 5 - Phase 8
Rahu 6:54AM - 8:47AM Kaulava Until 1:51PM **Nataraja:** Purple 4th Phase
 Routine Work Marana Yoga **Moon - Orange** **Sivaloka Day**
 Until 12:36PM then Siddha Yoga **Vaikasi Visakam** **Trayodasi** Until 12:56AM Tue **Jyeshtha-Vaikasi**
Pradosha Vrata

4 Tuesday, June 14, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Porto, Portugal
 Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi* Yam Titau Sun 27 Sutra 63
 Khara 5113
 Vrishchika Rasi: 7.58 Tithi 14 378666151
Gulika 12:34PM - 2:27PM **Anuradha** Until 8:54PM **Ganesha:** White *Sunrise:* 5:00AM
Yama 8:47AM - 10:40AM Siddha Until 11:05AM **Muruqa:** Red *Sunset:* 8:07PM Moon 5 - Phase 8
Rahu 4:20PM - 6:14PM Gara Until 11:19AM **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga **Moon - Orange** **Subha Sivaloka Day**
Chaturdasi* Until 10:24PM **Jyeshtha-Vaikasi**

Wednesday, June 15, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Porto, Portugal
Copper Retreat Star Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnima* Yam Titau Sun 28 Sutra 64
 Khara 5113
 Vrishchika Rasi: 22.07 Tithi 15 378666151
Gulika 10:40AM - 12:34PM **Jyeshtha*** Until 7:31PM **Ganesha:** White *Sunrise:* 5:00AM
Yama 6:54AM - 8:47AM Sadhya Until 8:15AM **Muruqa:** Red *Sunset:* 8:07PM Moon 5 - Phase 8
Rahu 12:34PM - 2:27PM Visti Until 9:07AM **Nataraja:** Purple Purnima
 Creative Work Siddha Yoga **Moon - Orange** **Subha Sivaloka Day**
Purnima* Until 8:12PM **Jyeshtha-Ani**

Thursday, June 16, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Porto, Portugal
Silver Retreat Star Mula* Nakshatra Sukla Yoga Balava/Kaulava Karana Prathama* Yam Titau Sun 29 Sutra 65
 Khara 5113
 Dhanus Rasi: 6.01 Tithi 16 388766151
Gulika 8:47AM - 10:41AM **Mula*** Until 6:33PM **Ganesha:** Blue *Sunrise:* 5:00AM
Yama 5:00AM - 6:54AM Sukla Until 3:10AM Fri **Muruqa:** Red *Sunset:* 8:08PM Moon 5 - Phase 8
Rahu 2:28PM - 4:21PM Balava Until 7:23AM **Nataraja:** Purple Prathama
 Creative Work Siddha Yoga **Moon - Light Blue** **Devaloka Day**
Prathama* Until 6:28PM **Jyeshtha-Ani**



Friday, June 17, 2011
Gold Retreat Star

Dhanu Rasi: 19.35 Titthi 17 - 18
388766151
Creative Work Siddha Yoga
Until 7.01PM then Marana Yoga
Until 7.03PM then no yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Brahma Yoga Taitila/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 6:54AM - 8:47AM **Purvashadha* Until 7:03PM**
Yama 4:21PM - 6:15PM **Brahma Until 2:36AM Sat**
Rahu 10:41AM - 12:34PM **Taitila Until 6:15AM**
Dvitiya Until 6:15PM

Ganesha: Blue *Sunrise: 5:00AM*
Muruqa: Red *Sunset: 8:08PM*
Nataraja: Purple
Moon - Light Blue
Jyeshtha-Ani

Porto, Portugal
Sun 1 Sutra 66
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

1

Saturday, June 18, 2011

Makara Rasi: 2.5 Titthi 18 - 19
388766151
No Yoga
Until 7.01PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Vistil/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 5:00AM - 6:54AM **Uttarashadha Until 7:13PM**
Yama 2:28PM - 4:22PM **Indra Until 1:08AM Sun**
Rahu 8:47AM - 10:41AM **Bava Until 5:40AM Sun**
Tritiya Until 5:40PM

Ganesha: Blue *Sunrise: 5:00AM*
Muruqa: Red *Sunset: 8:09PM*
Nataraja: Purple
Moon - Light Blue
Jyeshtha-Ani

Porto, Portugal
Sun 2 Sutra 67
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

2

Sunday, June 19, 2011

Makara Rasi: 15.44 Titthi 19
398766151
Creative Work Amrita Yoga
Until 8:01PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Vaidhriti* Yoga Balava Karana Chaturthi* Yam Titau
Gulika 4:22PM - 6:15PM **Sravana Until 8:01PM**
Yama 12:35PM - 2:28PM **Vaidhriti* Until 12:14AM Mon**
Rahu 6:15PM - 8:09PM **Balava Until 5:46AM Mon**
Chaturthi* Until 5:46PM

Ganesha: Red *Sunrise: 5:01AM*
Muruqa: Red *Sunset: 8:09PM*
Nataraja: Purple
Moon - Purple
Jyeshtha-Ani

Porto, Portugal
Sun 3 Sutra 68
Khara 5113
Moon 6 - Phase 9
1st Phase

Sivaloka Day

Father's Day

3

Monday, June 20, 2011

Makara Rasi: 28.2 Titthi 20
399766151
Family Home Evening
Creative Work Siddha Yoga
Until 7.01PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 2:28PM - 4:22PM **Dhanishtha Until 10:40PM**
Yama 10:41AM - 12:35PM **Vishkambha* Until 1:14AM Tue**
Rahu 6:54AM - 8:48AM **Kaulava Until 6:33AM**
Panchami Until 7:38PM

Ganesha: Blue *Sunrise: 5:01AM*
Muruqa: Red *Sunset: 8:09PM*
Nataraja: Purple
Moon - Purple
Jyeshtha-Ani

Porto, Portugal
Sun 4 Sutra 69
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

4

Tuesday, June 21, 2011

Kumbha Rasi: 10.4 Titthi 21
399766151
Routine Work Marana Yoga
Until 7.02PM then Siddha Yoga
Until 12:41AM Wed then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 12:35PM - 2:29PM **Satabhisha Until 12:41AM Wed**
Yama 8:48AM - 10:42AM **Priti Until 1:20AM Wed**
Rahu 4:22PM - 6:16PM **Gara Until 7:54AM**
Shasthi* Until 9:00PM

Ganesha: Blue *Sunrise: 5:01AM*
Muruqa: Red *Sunset: 8:09PM*
Nataraja: Purple
Moon - Purple
Jyeshtha-Ani

Porto, Portugal
Sun 5 Sutra 70
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

5

Wednesday, June 22, 2011

Kumbha Rasi: 22.47 Titthi 22
319766151
Creative Work Amrita Yoga
Until 7.02PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada* Nakshatra Ayushman Yoga Vistil/Bava Karana Saptami Yam Titau
Gulika 10:42AM - 12:35PM **Purvaprostapada* Until 3:06AM Thu**
Yama 6:55AM - 8:48AM **Ayushman Until 1:48AM Thu**
Rahu 12:35PM - 2:29PM **Vistil Until 9:43AM**
Saptami Until 10:48PM

Ganesha: Purple *Sunrise: 5:01AM*
Muruqa: Red *Sunset: 8:10PM*
Nataraja: Purple
Moon - Clear
Jyeshtha-Ani

Porto, Portugal
Sun 6 Sutra 71
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day



Thursday, June 23, 2011
Retreat Star

Meena Rasi: 4.46 Titthi 23
319766151
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 8:48AM - 10:42AM **Uttaraprostapada Until 5:47AM Fri**
Yama 5:01AM - 6:55AM **Saubhagya Until 2:31AM Fri**
Rahu 2:29PM - 4:23PM **Balava Until 11:50AM**
Ashtami* Until 12:55AM Fri

Ganesha: Purple *Sunrise: 5:01AM*
Muruqa: Red *Sunset: 8:10PM*
Nataraja: Purple
Moon - Clear
Jyeshtha-Ani

Porto, Portugal
Sun 7 Sutra 72
Khara 5113
Moon 6 - Phase 9
Ashtami

Subha Sivaloka Day

Friday, June 24, 2011
Retreat Star

Meena Rasi: 16.41 Titthi 24
319766151
Creative Work Siddha Yoga
Until 7.02PM then Prabalarishta Yoga
Until 8:48AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 6:55AM - 8:49AM **Revati Until 8:48AM Sat**
Yama 4:23PM - 6:16PM **Sobhana Until 3:23AM Sat**
Rahu 10:42AM - 12:36PM **Taitila Until 2:06PM**
Navami* Until 3:11AM Sat

Ganesha: Purple *Sunrise: 5:02AM*
Muruqa: Red *Sunset: 8:10PM*
Nataraja: Purple
Moon - Clear
Jyeshtha-Ani

Porto, Portugal
Sun 8 Sutra 73
Khara 5113
Moon 6 - Phase 9
Navami

Subha Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10-2.13. MA, 94

1	Saturday, June 25, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dasami Yam Titau	Porto, Portugal
	Meena Rasi: 28.36 Tithi 25 319766151	Gulika 5:02AM – 6:55AM Yama 2:29PM – 4:23PM Rahu 8:49AM – 10:42AM	Sun 9 Sutra 74 Khara 5113 Moon 6 - Phase 10 2nd Phase
Routine Work Prabalarishta Yoga Until 8:48AM then Siddha Yoga		Revati Until 8:48AM Athiganda* Until 4:15AM Sun Vanija Until 4:22PM Dasami Until 5:28AM Sun	Ganesha: Purple <i>Sunrise:</i> 5:02AM Muruqa: Red <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – Clear Jyeshtha-Ani
Subha Sivaloka Day			

2	Sunday, June 26, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Sukarma Yoga Bava Karana Ekadasi* Yam Titau	Porto, Portugal
	Mesha Rasi: 10.34 Tithi 26 329766151	Gulika 4:23PM – 6:17PM Yama 12:36PM – 2:30PM Rahu 6:17PM – 8:10PM	Sun 10 Sutra 75 Khara 5113 Moon 6 - Phase 10 2nd Phase
Creative Work Siddha Yoga Until 11:31AM then no yoga Until 7:03PM then Siddha Yoga		Asvini Until 11:31AM Sukarma Until 5:00AM Mon Bava Until 6:31PM Ekadasi* Until 7:16AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:02AM Muruqa: Red <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – White Jyeshtha-Ani
Sivaloka Day			

3	Monday, June 27, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Porto, Portugal
	Mesha Rasi: 22.41 Tithi 26 – 27 329766151	Gulika 2:30PM – 4:23PM Yama 10:43AM – 12:36PM Rahu 6:56AM – 8:50AM	Sun 11 Sutra 76 Khara 5113 Moon 6 - Phase 10 2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 1:59PM then no yoga Until 7:03PM then Siddha Yoga		Bharani Until 1:59PM Dhriti Until 5:30AM Tue Kaulava Until 8:22PM Ekadasi* Until 7:16AM	Ganesha: Clear <i>Sunrise:</i> 5:03AM Muruqa: Red <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – White Jyeshtha-Ani
Sivaloka Day			

4	Tuesday, June 28, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Porto, Portugal
	Wrishabha Rasi: 4.59 Tithi 27 – 28 321766151	Gulika 12:37PM – 2:30PM Yama 8:50AM – 10:43AM Rahu 4:23PM – 6:17PM	Sun 12 Sutra 77 Khara 5113 Moon 6 - Phase 10 2nd Phase
Creative Work Siddha Yoga Until 3:16PM then Amrita Yoga Until 7:03PM then Siddha Yoga		Krittika Until 3:16PM Shula* Until 3:57AM Wed Gara Until 8:28PM Dvadasi* Until 8:28AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red <i>Sunrise:</i> 5:03AM Muruqa: Red <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – White Jyeshtha-Ani
Sivaloka Day			

5	Wednesday, June 29, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Porto, Portugal
	Wrishabha Rasi: 17.32 Tithi 28 – 29 331776151	Gulika 10:43AM – 12:37PM Yama 6:57AM – 8:50AM Rahu 12:37PM – 2:30PM	Sun 13 Sutra 78 Khara 5113 Moon 6 - Phase 10 2nd Phase
Creative Work Siddha Yoga Until 7:03PM then Marana Yoga		Rohini Until 4:43PM Ganda* Until 3:39AM Thu Visti Until 9:16PM Trayodasi* Until 9:16AM	Ganesha: Yellow <i>Sunrise:</i> 5:03AM Muruqa: Yellow <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – Yellow Jyeshtha-Ani
Sivaloka Day			

	Thursday, June 30, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Porto, Portugal
	Retreat Star Mithuna Rasi: 0.23 Tithi 29 – 30 331776151	Gulika 8:50AM – 10:44AM Yama 5:04AM – 6:57AM Rahu 2:30PM – 4:23PM	Sun 14 Sutra 79 Khara 5113 Moon 6 - Phase 10 Amavasya
Routine Work Marana Yoga Until 7:03PM then Siddha Yoga		Mrigasira Until 5:36PM Vriddhi Until 2:51AM Fri Catuspada Until 9:29PM Chaturdasi* Until 9:29AM	Ganesha: Yellow <i>Sunrise:</i> 5:04AM Muruqa: Yellow <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – Yellow Jyeshtha-Ani
Sivaloka Day			

Friday, July 1, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Porto, Portugal
	Mithuna Rasi: 13.32 Tithi 30 – 1 331776151	Gulika 6:58AM – 8:51AM Yama 4:23PM – 6:17PM Rahu 10:44AM – 12:37PM	Sun 15 Sutra 80 Khara 5113 Moon 6 - Phase 10 Prathama
Creative Work Siddha Yoga Until 7:04PM then Marana Yoga		Ardra Until 5:55PM Dhruva Until 1:31AM Sat Kintughna Until 7:54PM Amavasya* Until 8:50AM	Ganesha: Yellow <i>Sunrise:</i> 5:04AM Muruqa: Yellow <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – Yellow Ashada-Ani
Sivaloka Day			

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

1	Saturday, July 2, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Porto, Portugal
	Mithuna Rasi: 27	Tithi 1 – 2	341776151		Sun 16 Sutra 81 Khara 5113 Moon 6 - Phase 11 3rd Phase
	Routine Work	Marana Yoga			Sivaloka Day
	Until 4:51PM then Siddha Yoga				


2	Sunday, July 3, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Harshana Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau		Porto, Portugal
	Kataka Rasi: 10.44	Tithi 2 – 3	341776151		Sun 17 Sutra 82 Khara 5113 Moon 6 - Phase 11 3rd Phase
	Creative Work	Siddha Yoga			Sivaloka Day

3	Monday, July 4, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Porto, Portugal
	Kataka Rasi: 24.41	Tithi 4	341776151		Sun 18 Sutra 83 Khara 5113 Moon 6 - Phase 11 3rd Phase
	Family Home Evening				Sivaloka Day
	Creative Work Siddha Yoga				

4	Tuesday, July 5, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau		Porto, Portugal
	Simha Rasi: 8.48	Tithi 5	351776151		Sun 19 Sutra 84 Khara 5113 Moon 6 - Phase 11 3rd Phase
	Creative Work	Siddha Yoga			Subha Sivaloka Day
	Until 7.04PM then Amrita Yoga				

5	Wednesday, July 6, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Porto, Portugal
	Simha Rasi: 23	Tithi 6	351776151		Sun 20 Sutra 85 Khara 5113 Moon 6 - Phase 11 3rd Phase
	Creative Work	Amrita Yoga			Subha Sivaloka Day
	Until 7.04PM then Prabalarishta Yoga				

6	Thursday, July 7, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Porto, Portugal
	Kanya Rasi: 7.14	Tithi 7	451776151		Sun 21 Sutra 86 Khara 5113 Moon 6 - Phase 11 3rd Phase
	Routine Work	Prabalarishta Yoga			Sivaloka Day
	Until 10:45AM then no yoga				
	Until 7.05PM then Amrita Yoga				

	Friday, July 8, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ashtami*/Navami* Yam Titau		Porto, Portugal
	Kanya Rasi: 21.28	Tithi 8 – 9	462776151		Sun 22 Sutra 87 Khara 5113 Moon 6 - Phase 11 Ashtami
	Creative Work	Amrita Yoga			Sivaloka Day
	Until 9:13AM then Siddha Yoga				
	Until 7.05PM then Marana Yoga				

Retreat Star	Saturday, July 9, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Porto, Portugal
	Tula Rasi: 5.38	Tithi 9 – 10	462776151		Sun 23 Sutra 88 Khara 5113 Moon 6 - Phase 11 Navami
	Routine Work	Marana Yoga			Sivaloka Day
	Until 7:45AM then Siddha Yoga				


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishṇa Yajur Veda, Maitu 3.2. UpH, 418

1	Sunday, July 10, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Tilau		Porto, Portugal
					Sun 24 Sutra 89 Khara 5113
Tula Rasi: 19.45	Tithi 10 – 11	462776151	Gulika 4:23PM – 6:15PM Yama 12:39PM – 2:31PM Rahu 6:15PM – 8:07PM	Svati Until 6:26AM Sadhya Until 9:53PM Vanija Until 12:17AM Mon Dasami Until 1:12PM	Ganesha: Yellow <i>Sunrise:</i> 5:10AM Muruqa: Yellow <i>Sunset:</i> 8:07PM Nataraja: Purple Moon – Green Ashada•Ani
Creative Work Siddha Yoga Until 6:26AM then Marana Yoga					Sivaloka Day Moon 6 - Phase 12 4th Phase

2	Monday, July 11, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Tilau		Porto, Portugal
					Sun 25 Sutra 90 Khara 5113
Vrischika Rasi: 3.46	Tithi 11 – 12	472876151	Gulika 2:31PM – 4:23PM Yama 10:47AM – 12:39PM Rahu 7:03AM – 8:55AM	Anuradha Until 4:08AM Tue Subha Until 7:17PM Bava Until 10:20PM Ekadasi Until 11:16AM	Ganesha: Yellow <i>Sunrise:</i> 5:10AM Muruqa: Yellow <i>Sunset:</i> 8:07PM Nataraja: Purple Moon – Orange Ashada•Ani
Family Home Evening Creative Work Siddha Yoga					Sivaloka Day Moon 6 - Phase 12 4th Phase

3	Tuesday, July 12, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Tilau		Porto, Portugal
					Sun 26 Sutra 91 Khara 5113
Vrischika Rasi: 17.38	Tithi 12 – 13	472876151	Gulika 12:39PM – 2:31PM Yama 8:55AM – 10:47AM Rahu 4:23PM – 6:15PM	Jyeshtha* Until 3:12AM Wed Sukla Until 4:54PM Kaulava Until 8:39PM Dvadasi Until 9:34AM <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 5:11AM Muruqa: Yellow <i>Sunset:</i> 8:06PM Nataraja: Purple Moon – Orange Ashada•Ani
Creative Work Siddha Yoga Until 3:12AM Wed then Marana Yoga					Sivaloka Day Moon 6 - Phase 12 4th Phase

4	Wednesday, July 13, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Tilau		Porto, Portugal
					Sun 27 Sutra 92 Khara 5113
Dhanus Rasi: 1.2	Tithi 13 – 14	482876151	Gulika 10:47AM – 12:39PM Yama 7:04AM – 8:55AM Rahu 12:39PM – 2:31PM	Mula* Until 2:34AM Thu Brahma Until 3:24PM Gara Until 7:15PM Trayodasi Until 8:11AM	Ganesha: White <i>Sunrise:</i> 5:12AM Muruqa: Yellow <i>Sunset:</i> 8:06PM Nataraja: Purple Moon – Light Blue Ashada•Ani
Routine Work Marana Yoga Until 7:06PM then Siddha Yoga					Subha Sivaloka Day Moon 6 - Phase 12 4th Phase

	Thursday, July 14, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Tilau		Porto, Portugal
	Copper Retreat Star				Sun 28 Sutra 93 Khara 5113
Dhanus Rasi: 14.5	Tithi 14 – 15	482876151	Gulika 8:56AM – 10:47AM Yama 5:13AM – 7:04AM Rahu 2:31PM – 4:22PM	Purvashadha* Until 3:50AM Fri Indra Until 1:29PM Visti Until 7:16PM Chaturdasi* Until 7:16AM	Ganesha: White <i>Sunrise:</i> 5:13AM Muruqa: Yellow <i>Sunset:</i> 8:05PM Nataraja: Purple Moon – Light Blue Ashada•Ani
Creative Work Siddha Yoga			Satguru Purnima		Subha Sivaloka Day Moon 6 - Phase 12 Purnima

	Friday, July 15, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Tilau		Porto, Portugal
	Silver Retreat Star				Sun 29 Sutra 94 Khara 5113
Dhanus Rasi: 28.06	Tithi 15 – 16	482876151	Gulika 7:05AM – 8:56AM Yama 4:22PM – 6:13PM Rahu 10:48AM – 12:39PM	Uttarashadha Until 3:58AM Sat Vaidhriti* Until 11:57AM Balava Until 6:38PM Purnima* Until 6:38AM	Ganesha: White <i>Sunrise:</i> 5:14AM Muruqa: Yellow <i>Sunset:</i> 8:05PM Nataraja: Purple Moon – Light Blue Ashada•Ani
Creative Work Siddha Yoga Until 7:06PM then no yoga Until 3:58AM Sat then Siddha Yoga					Subha Sivaloka Day Moon 6 - Phase 12 Prathama

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maiti 6.34. UpM, 104



Saturday, July 16, 2011
Gold Retreat Star

Makara Rasi: 11.07 Tithi 16 – 17
492876151
Creative Work Siddha Yoga
Until 7.06PM then Amrita Yoga
Until 4:34AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 5:14AM – 7:06AM **Sravana Until 4:34AM Sun**
Yama 2:31PM – 4:22PM **Vishkambha* Until 10:52AM**
Rahu 8:57AM – 10:48AM **Taitila Until 6:31PM**
Prathama* Until 6:31AM

Ganesha: Clear *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 8:04PM
Nataraja: Purple
Moon – Purple
Ashada-Adi

Porto, Portugal
Sutra 95
Khara 5113
Moon 7 - Phase 13
1st Phase
Sivaloka Day

1

Sunday, July 17, 2011

Makara Rasi: 23.52 Tithi 17 – 18
492876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 4:21PM – 6:13PM **Dhanishtha Until 6:36AM Mon**
Yama 12:39PM – 2:30PM **Priti Until 10:34AM**
Rahu 6:13PM – 8:04PM **Vanija Until 6:56PM**
Dvitiya Until 6:56AM

Ganesha: Clear *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 8:04PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Porto, Portugal
Sun 1 Sutra 96
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

2

Monday, July 18, 2011

Kumbha Rasi: 6.22 Tithi 18 – 19
492876152
Family Home Evening
Creative Work Siddha Yoga
Until 7.06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 2:30PM – 4:21PM **Dhanishtha Until 6:36AM**
Yama 10:49AM – 12:39PM **Ayushman Until 10:20AM**
Rahu 7:07AM – 8:58AM **Bava Until 9:05PM**
Tritiya Until 8:00AM

Ganesha: Clear *Sunrise:* 5:16AM
Muruqa: Yellow *Sunset:* 8:03PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Porto, Portugal
Sun 2 Sutra 97
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

3

Tuesday, July 19, 2011

Kumbha Rasi: 18.39 Tithi 19 – 20
492876152
Routine Work Marana Yoga
Until 7.06PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 12:39PM – 2:30PM **Satabhisha Until 8:42AM**
Yama 8:58AM – 10:49AM **Saubhagya Until 10:31AM**
Rahu 4:21PM – 6:12PM **Kaulava Until 10:33PM**
Chaturthi* Until 9:28AM

Ganesha: Clear *Sunrise:* 5:17AM
Muruqa: Yellow *Sunset:* 8:02PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Porto, Portugal
Sun 3 Sutra 98
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

4

Wednesday, July 20, 2011

Meena Rasi: 0.46 Tithi 20 – 21
412876152
Creative Work Amrita Yoga
Until 11:09AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:49AM – 12:40PM **Purvaprostapada* Until 11:09AM**
Yama 7:08AM – 8:59AM **Sobhana Until 11:01AM**
Rahu 12:40PM – 2:30PM **Gara Until 12:24AM Thu**
Panchami Until 11:19AM

Ganesha: Yellow *Sunrise:* 5:18AM
Muruqa: Yellow *Sunset:* 8:01PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Porto, Portugal
Sun 4 Sutra 99
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

5

Thursday, July 21, 2011

Meena Rasi: 12.44 Tithi 21 – 22
412876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Ahiganda*/Sukarma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 8:59AM – 10:49AM **Uttaraprostapada Until 1:53PM**
Yama 5:18AM – 7:09AM **Ahiganda* Until 11:46AM**
Rahu 2:30PM – 4:20PM **Visti Until 2:33AM Fri**
Shasthi* Until 1:27PM

Ganesha: Yellow *Sunrise:* 5:18AM
Muruqa: Yellow *Sunset:* 8:01PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Porto, Portugal
Sun 5 Sutra 100
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

6

Friday, July 22, 2011

Meena Rasi: 24.38 Tithi 22 – 23
413876152
Creative Work Siddha Yoga
Until 4:44PM then Amrita Yoga
Until 7.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 7:09AM – 9:00AM **Revati Until 4:44PM**
Yama 4:20PM – 6:10PM **Sukarma Until 12:39PM**
Rahu 10:50AM – 12:40PM **Balava Until 4:51AM Sat**
Saptami Until 3:45PM

Ganesha: White *Sunrise:* 5:19AM
Muruqa: Yellow *Sunset:* 8:00PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Porto, Portugal
Sun 6 Sutra 101
Khara 5113
Moon 7 - Phase 13
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM



Saturday, July 23, 2011
Retreat Star

Mesha Rasi: 6.32 Tithi 23
423876152
Creative Work Siddha Yoga
Until 7:37PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Asvini Nakshatra Dhriti/Shula* Yoga Kaulava Karana Ashtami* Yam Titau
Gulika 5:20AM – 7:10AM **Asvini Until 7:37PM**
Yama 2:30PM – 4:19PM **Dhriti Until 1:33PM**
Rahu 9:00AM – 10:50AM **Kaulava Until 7:10AM Sun**
Ashtami* Until 6:04PM

Ganesha: Yellow *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 7:59PM
Nataraja: Clear
Moon – White
Ashada-Adi

Porto, Portugal
Sun 7 Sutra 102
Khara 5113
Moon 7 - Phase 13
Ashtami
Devaloka Day

Sunday, July 24, 2011

Retreat Star

Mesha Rasi: 18.29 Tithi 24
423876152
No Yoga
Until 7.06PM then Siddha Yoga
Until 10:21PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 4:19PM – 6:09PM **Bharani Until 10:21PM**
Yama 12:40PM – 2:29PM **Shula* Until 2:19PM**
Rahu 6:09PM – 7:58PM **Taitila Until 7:08AM**
Navami* Until 8:14PM

Ganesha: Yellow *Sunrise:* 5:21AM
Muruqa: Yellow *Sunset:* 7:59PM
Nataraja: Clear
Moon – White
Ashada-Adi

Porto, Portugal
Sun 8 Sutra 103
Khara 5113
Moon 7 - Phase 13
Navami
Devaloka Day

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418


1	Monday, July 25, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dasami Yam Titau			Porto, Portugal Sun 9 Sutra 104 Khara 5113		
	Wrishabha Rasi: 1 Family Home Evening No Yoga	Tithi 25 423876152	Gulika 2:29PM - 4:19PM Yama 10:50AM - 12:40PM Rahu 7:11AM - 9:01AM	Krittika Until 12:48AM Tue Ganda* Until 2:48PM Vanija Until 8:59AM Dasami Until 10:04PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon - White Ashada*Adi	Sunrise: 5:22AM Sunset: 7:57PM	Moon 7 - Phase 14 2nd Phase Devaloka Day	
	Until 7.06PM then Siddha Yoga Until 12:48AM Tue then Amrita Yoga							


2	Tuesday, July 26, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau			Porto, Portugal Sun 10 Sutra 105 Khara 5113		
	Wrishabha Rasi: 12.56 Creative Work Amrita Yoga	Tithi 26 433876152	Gulika 12:40PM - 2:29PM Yama 9:01AM - 10:51AM Rahu 4:18PM - 6:07PM	Rohini Until 1:11AM Wed Vridhi Until 2:14PM Bava Until 9:57AM Ekadasi* Until 9:57PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon - Yellow Ashada*Adi	Sunrise: 5:23AM Sunset: 7:56PM	Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Until 7.06PM then Siddha Yoga							

3	Wednesday, July 27, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau			Porto, Portugal Sun 11 Sutra 106 Khara 5113		
	Wrishabha Rasi: 25.35 Creative Work Siddha Yoga	Tithi 27 433876152	Gulika 10:51AM - 12:40PM Yama 7:13AM - 9:02AM Rahu 12:40PM - 2:29PM	Mrigasira Until 2:27AM Thu Dhruva Until 1:46PM Kaulava Until 10:34AM Dvadasi* Until 10:34PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon - Yellow Ashada*Adi	Sunrise: 5:24AM Sunset: 7:55PM	Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Until 7.06PM then Marana Yoga							

4	Thursday, July 28, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Porto, Portugal Sun 12 Sutra 107 Khara 5113		
	Mithuna Rasi: 9 Routine Work Marana Yoga	Tithi 28 433876152	Gulika 9:02AM - 10:51AM Yama 5:25AM - 7:14AM Rahu 2:28PM - 4:17PM	Ardra Until 3:02AM Fri Vyaghata* Until 12:41PM Gara Until 10:27AM Trayodasi* Until 10:27PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon - Yellow Ashada*Adi	Sunrise: 5:25AM Sunset: 7:54PM	Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Until 7.06PM then Siddha Yoga							

5	Friday, July 29, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Porto, Portugal Sun 13 Sutra 108 Khara 5113		
	Mithuna Rasi: 22.01 Creative Work Siddha Yoga	Tithi 29 443876152	Gulika 7:14AM - 9:03AM Yama 4:17PM - 6:05PM Rahu 10:51AM - 12:40PM	Punarvasu Until 1:25AM Sat Harshana Until 10:35AM Visti Until 9:17AM Chaturdasi* Until 8:21PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon - Blue Ashada*Adi	Sunrise: 5:26AM Sunset: 7:53PM	Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Until 7.06PM then Marana Yoga Until 1:25AM Sat then Siddha Yoga							

	Saturday, July 30, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Porto, Portugal Sun 14 Sutra 109 Khara 5113		
	Retreat Star		Gulika 5:27AM - 7:15AM Yama 2:28PM - 4:16PM Rahu 9:03AM - 10:51AM	Pushya Until 12:37AM Sun Vajra* Until 8:19AM Catuspada Until 7:44AM Amavasya* Until 6:48PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon - Blue Ashada*Adi	Sunrise: 5:27AM Sunset: 7:52PM	Moon 7 - Phase 14 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Kataka Rasi: 5.49 Creative Work Siddha Yoga	Tithi 30 443876152						

	Sunday, July 31, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Porto, Portugal Sun 15 Sutra 110 Khara 5113		
	Retreat Star		Gulika 4:15PM - 6:03PM Yama 12:40PM - 2:28PM Rahu 6:03PM - 7:51PM	Aslesha* Until 11:14PM Vyatipata* Until 2:50AM Mon Balava Until 3:42AM Mon Prathama* Until 4:37PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon - Blue Sravana*Adi	Sunrise: 5:28AM Sunset: 7:51PM	Moon 7 - Phase 14 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Kataka Rasi: 19.57 Creative Work Siddha Yoga	Tithi 1 - 2 443876152						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

1	Monday, August 1, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Porto, Portugal
	Simha Rasi: 4.21 Tithi 2 - 3 Family Home Evening 453876152 Creative Work Siddha Yoga	Gulika 2:27PM - 4:15PM Yama 10:52AM - 12:39PM Rahu 7:16AM - 9:04AM	Magha* Until 8:23PM Variyan Until 10:30PM Taitila Until 11:40PM Dvitiya Until 1:23PM

Sun 16 **Sutra 111**
Khara 5113
Moon 7 - Phase 15
3rd Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2	Tuesday, August 2, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Porto, Portugal
	Simha Rasi: 18.54 Tithi 3 - 4 Creative Work Siddha Yoga Until 6:25PM then Amrita Yoga	Gulika 12:39PM - 2:27PM Yama 9:05AM - 10:52AM Rahu 4:14PM - 6:02PM	Purvaphalguni* Until 6:25PM Parigha* Until 7:14PM Vanija Until 8:56PM Tritiya Until 10:39AM

Sun 17 **Sutra 112**
Khara 5113
Moon 7 - Phase 15
3rd Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3	Wednesday, August 3, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Vistii/Bava Karana Chaturthi/Panchami Yam Titau	Porto, Portugal
	Kanya Rasi: 3.3 Tithi 4 - 5 Creative Work Amrita Yoga Until 4:24PM then Siddha Yoga Until 7.06PM then no yoga	Gulika 10:52AM - 12:39PM Yama 7:18AM - 9:05AM Rahu 12:39PM - 2:27PM	Uttaraphalguni Until 4:24PM Shiva Until 4:33PM Bava Until 6:07PM Chaturthi* Until 7:50AM

Sun 18 **Sutra 113**
Khara 5113
Moon 7 - Phase 15
3rd Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4	Thursday, August 4, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Porto, Portugal
	Kanya Rasi: 18.02 Tithi 6 No Yoga Until 3:05PM then Siddha Yoga	Gulika 9:05AM - 10:52AM Yama 5:32AM - 7:18AM Rahu 2:26PM - 4:13PM	Hasta Until 3:05PM Siddha Until 1:06PM Kaulava Until 4:08PM Shasthi* Until 3:13AM Fri

Sun 19 **Sutra 114**
Khara 5113
Moon 7 - Phase 15
3rd Phase
Devaloka Day

5	Friday, August 5, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Porto, Portugal
	Tula Rasi: 2.26 Tithi 7 Creative Work Siddha Yoga	Gulika 7:19AM - 9:06AM Yama 4:12PM - 5:59PM Rahu 10:53AM - 12:39PM	Chitra Until 1:16PM Sadhya Until 9:52AM Gara Until 1:29PM Saptami Until 12:34AM Sat

Sun 20 **Sutra 115**
Khara 5113
Moon 7 - Phase 15
3rd Phase
Devaloka Day

6	Saturday, August 6, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Vistii/Bava Karana Ashtami* Yam Titau	Porto, Portugal
	Tula Rasi: 16.37 Tithi 8 Creative Work Siddha Yoga Until 7.06PM then Marana Yoga	Gulika 5:34AM - 7:20AM Yama 2:25PM - 4:12PM Rahu 9:06AM - 10:53AM	Svati Until 11:48AM Subha Until 6:58AM Vistii Until 11:12AM Ashtami* Until 10:17PM

Sun 21 **Sutra 116**
Khara 5113
Moon 7 - Phase 15
Ashtami
Devaloka Day

7	Sunday, August 7, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Porto, Portugal
	Vrischika Rasi: 0.35 Tithi 9 Routine Work Marana Yoga Until 7.06PM then Siddha Yoga	Gulika 4:11PM - 5:57PM Yama 12:39PM - 2:25PM Rahu 5:57PM - 7:43PM	Visakha Until 10:42AM Brahma Until 1:45AM Mon Balava Until 9:21AM Navami* Until 8:25PM

Sun 22 **Sutra 117**
Khara 5113
Moon 7 - Phase 15
Navami
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621


1	Monday, August 8, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau	Porto, Portugal Sun 23 Sutra 118 Khara 5113
	Vrischika Rasi: 14.2 Tithi 10	Gulika 2:25PM – 4:10PM Anuradha Until 10:01AM	Ganesha: White <i>Sunrise:</i> 5:36AM
	Family Home Evening 474976152	Yama 10:53AM – 12:39PM Indra Until 12:50AM Tue	Muruqa: Yellow <i>Sunset:</i> 7:42PM Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 7:21AM – 9:07AM Taitila Until 7:54AM	Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Dasami Until 6:59PM	Sravana-Adi

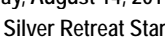
2	Tuesday, August 9, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Porto, Portugal Sun 24 Sutra 119 Khara 5113
	Vrischika Rasi: 27.5 Tithi 11	Gulika 12:39PM – 2:24PM Jyeshtha* Until 9:59AM	Ganesha: White <i>Sunrise:</i> 5:37AM
	Family Home Evening 474976152	Yama 9:08AM – 10:53AM Vaidhriti* Until 10:52PM	Muruqa: Yellow <i>Sunset:</i> 7:41PM Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 4:10PM – 5:55PM Vanija Until 6:57AM	Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Ekadasi Until 6:57PM	Sravana-Adi

3	Wednesday, August 10, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau	Porto, Portugal Sun 25 Sutra 120 Khara 5113
	Dhanus Rasi: 11.09 Tithi 12	Gulika 10:53AM – 12:39PM Mula* Until 10:02AM	Ganesha: Clear <i>Sunrise:</i> 5:38AM
	Family Home Evening 484976152	Yama 7:23AM – 9:08AM Vishkambha* Until 9:17PM	Muruqa: Yellow <i>Sunset:</i> 7:40PM Moon 7 - Phase 16
	Routine Work Marana Yoga	Rahu 12:39PM – 2:24PM Bava Until 6:16AM	Nataraja: Clear Moon – Light Blue Devaloka Day
		Dvadasi Until 6:16PM	Sravana-Adi

4	Thursday, August 11, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti* Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Porto, Portugal Sun 26 Sutra 121 Khara 5113
	Dhanus Rasi: 24.15 Tithi 13 – 14	Gulika 9:08AM – 10:53AM Purvashadha* Until 10:28AM	Ganesha: Clear <i>Sunrise:</i> 5:39AM
	Family Home Evening 484976152	Yama 5:39AM – 7:23AM Priti Until 8:02PM	Muruqa: Yellow <i>Sunset:</i> 7:38PM Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 2:23PM – 4:08PM Gara Until 5:58AM Fri	Nataraja: Clear Moon – Light Blue Devaloka Day
		Trayodasi Until 5:58PM	Sravana-Adi
			<i>Pradosha Vrata</i>

5	Friday, August 12, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Porto, Portugal Sun 27 Sutra 122 Khara 5113
	Makara Rasi: 7.1 Tithi 14	Gulika 7:24AM – 9:09AM Uttarashadha Until 11:15AM	Ganesha: Clear <i>Sunrise:</i> 5:40AM
	Family Home Evening 484976152	Yama 4:08PM – 5:52PM Ayushman Until 7:07PM	Muruqa: Yellow <i>Sunset:</i> 7:37PM Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 10:54AM – 12:38PM Gara Until 6:04AM	Nataraja: Clear Moon – Light Blue Devaloka Day
		Chaturdasi* Until 6:04PM	Sravana-Adi

	Saturday, August 13, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau	Porto, Portugal Sutra 123 Khara 5113
	Copper Retreat Star	Gulika 5:41AM – 7:25AM Sravana Until 12:23PM	Ganesha: Purple <i>Sunrise:</i> 5:41AM
	Makara Rasi: 19.53 Tithi 15	Yama 2:22PM – 4:07PM Saubhagya Until 7:29PM	Muruqa: Yellow <i>Sunset:</i> 7:36PM Moon 7 - Phase 16
	Family Home Evening 494976152	Rahu 9:09AM – 10:54AM Visti Until 6:33AM	Nataraja: Clear Moon – Purple Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Purnima* Until 6:33PM	Sravana-Adi
			Raksha Bandhan

	Sunday, August 14, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Porto, Portugal Sutra 124 Khara 5113
	Silver Retreat Star	Gulika 4:06PM – 5:50PM Dhanishtha Until 2:32PM	Ganesha: Purple <i>Sunrise:</i> 5:42AM
	Kumbha Rasi: 2.24 Tithi 16	Yama 12:38PM – 2:22PM Sobhana Until 7:12PM	Muruqa: Yellow <i>Sunset:</i> 7:34PM Moon 7 - Phase 16
	Family Home Evening 494976152	Rahu 5:50PM – 7:34PM Balava Until 7:33AM	Nataraja: Clear Moon – Purple Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Prathama* Until 8:39PM	Sravana-Adi

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634



Monday, August 15, 2011
Gold Retreat Star

Kumbha Rasi: 14.45 Tithi 17
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 4:30PM then no yoga
Until 7.04PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 2:21PM – 4:05PM **Satabhisha Until 4:30PM**
Yama 10:54AM – 12:38PM **Athiganda* Until 7:15PM**
Rahu 7:26AM – 9:10AM **Taitila Until 8:54AM**
Dvitiya Until 9:59PM

Ganesha: Purple *Sunrise:* 5:43AM
Muruqa: Yellow *Sunset:* 7:33PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

Porto, Portugal
Sun 1 Sutra 125
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Tuesday, August 16, 2011

Kumbha Rasi: 26.55 Tithi 18
414976152
Routine Work Marana Yoga
Until 6:49PM then Amrita Yoga
Until 7.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 12:37PM – 2:21PM **Purvaprostapada* Until 6:49PM**
Yama 9:10AM – 10:54AM **Sukarma Until 7:37PM**
Rahu 4:04PM – 5:48PM **Vanija Until 10:36AM**
Tritiya Until 11:42PM

Ganesha: White *Sunrise:* 5:44AM
Muruqa: Yellow *Sunset:* 7:31PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

Porto, Portugal
Sun 2 Sutra 126
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Wednesday, August 17, 2011

Meena Rasi: 8.58 Tithi 19
415976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 10:54AM – 12:37PM **Uttaraprostapada Until 9:25PM**
Yama 7:28AM – 9:11AM **Dhriti Until 8:14PM**
Rahu 12:37PM – 2:20PM **Bava Until 12:38PM**
Chaturthi* Until 1:43AM Thu

Ganesha: Clear *Sunrise:* 5:45AM
Muruqa: Yellow *Sunset:* 7:30PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Porto, Portugal
Sun 3 Sutra 127
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

3

Thursday, August 18, 2011

Meena Rasi: 20.53 Tithi 20
515976152
Creative Work Siddha Yoga
Until 12:14AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 9:11AM – 10:54AM **Revati Until 12:14AM Fri**
Yama 5:46AM – 7:28AM **Shula* Until 9:04PM**
Rahu 2:20PM – 4:03PM **Kaulava Until 2:54PM**
Panchami Until 3:59AM Fri

Ganesha: Purple *Sunrise:* 5:46AM
Muruqa: Yellow *Sunset:* 7:29PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Porto, Portugal
Sun 4 Sutra 128
Khara 5113
Moon 8 - Phase 17
1st Phase

Sivaloka Day

4

Friday, August 19, 2011

Mesha Rasi: 2.44 Tithi 21
525976152
Creative Work Amrita Yoga
Until 7.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini Nakshatra Ganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 7:29AM – 9:12AM **Asvini Until 3:11AM Sat**
Yama 4:02PM – 5:44PM **Ganda* Until 10:01PM**
Rahu 10:54AM – 12:37PM **Gara Until 5:18PM**
Shasthi* Until 6:37AM Sat

Ganesha: Clear *Sunrise:* 5:47AM
Muruqa: Yellow *Sunset:* 7:27PM
Nataraja: Clear
Moon – White
Sravana-Avani

Porto, Portugal
Sun 5 Sutra 129
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

5

Saturday, August 20, 2011

Mesha Rasi: 15 Tithi 21 – 22
525976152
Creative Work Siddha Yoga
Until 7.03PM then no yoga
Until 6:18AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 5:48AM – 7:30AM **Bharani Until 6:18AM Sun**
Yama 2:19PM – 4:01PM **Vriddhi Until 10:58PM**
Rahu 9:12AM – 10:54AM **Visti Until 7:43PM**
Shasthi* Until 6:37AM

Ganesha: Clear *Sunrise:* 5:48AM
Muruqa: Yellow *Sunset:* 7:26PM
Nataraja: Clear
Moon – White
Sravana-Avani

Porto, Portugal
Sun 6 Sutra 130
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day



Sunday, August 21, 2011
Retreat Star

Mesha Rasi: 26.31 Tithi 22 – 23
525976152
No Yoga
Until 6:18AM then Siddha Yoga
Until 7.03PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 4:00PM – 5:42PM **Bharani Until 6:18AM**
Yama 12:36PM – 2:18PM **Dhruva Until 11:47PM**
Rahu 5:42PM – 7:24PM **Balava Until 9:59PM**
Krishna Janmashtami **Saptami Until 8:53AM**

Ganesha: Clear *Sunrise:* 5:49AM
Muruqa: Yellow *Sunset:* 7:24PM
Nataraja: Clear
Moon – White
Sravana-Avani

Porto, Portugal
Sun 7 Sutra 131
Khara 5113
Moon 8 - Phase 17
Ashtami

Devaloka Day

Monday, August 22, 2011
Retreat Star

Virshabha Rasi: 8.35 Tithi 23 – 24
Family Home Evening 525976152
No Yoga
Until 8:49AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 2:18PM – 3:59PM **Krittika Until 8:49AM**
Yama 10:54AM – 12:36PM **Vyaghata* Until 12:20AM Tue**
Rahu 7:31AM – 9:13AM **Taitila Until 11:55PM**
Ashtami* Until 10:50AM

Ganesha: Clear *Sunrise:* 5:50AM
Muruqa: Yellow *Sunset:* 7:23PM
Nataraja: Clear
Moon – White
Sravana-Avani

Porto, Portugal
Sun 8 Sutra 132
Khara 5113
Moon 8 - Phase 17
Navami

Devaloka Day


1	Tuesday, August 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Porto, Portugal
	535976152		Sun 9 Sutra 133 Khara 5113
Wrishabha Rasi: 20.55	Tithi 24 – 25	Gulika 12:36PM – 2:17PM Yama 9:13AM – 10:54AM Rahu 3:58PM – 5:40PM	Rohini Until 10:28AM Harshana Until 11:07PM Vanija Until 11:43PM Navami* Until 11:43AM
Creative Work Amrita Yoga Until 10:28AM then Siddha Yoga		Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Yellow Sravana*Avani	Sunrise: 5:51AM Sunset: 7:21PM Moon 8 - Phase 18 2nd Phase Sivaloka Day

2	Wednesday, August 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Porto, Portugal
	535976152		Sun 10 Sutra 134 Khara 5113
Mithuna Rasi: 3.34	Tithi 25 – 26	Gulika 10:55AM – 12:36PM Yama 7:33AM – 9:14AM Rahu 12:36PM – 2:17PM	Mrigasira Until 11:44AM Vajra* Until 10:39PM Bava Until 12:21AM Thu Dasami Until 12:21PM
Creative Work Siddha Yoga Until 7:02PM then Marana Yoga		Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Yellow Sravana*Avani	Sunrise: 5:52AM Sunset: 7:20PM Moon 8 - Phase 18 2nd Phase Sivaloka Day

3	Thursday, August 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Porto, Portugal
	535976152		Sun 11 Sutra 135 Khara 5113
Mithuna Rasi: 16.37	Tithi 26 – 27	Gulika 9:14AM – 10:55AM Yama 5:53AM – 7:33AM Rahu 2:16PM – 3:57PM	Ardra Until 11:48AM Siddhi Until 9:28PM Kaulava Until 10:46PM Ekadasi* Until 11:41AM
Routine Work Marana Yoga Until 11:48AM then Amrita Yoga Until 7:02PM then Siddha Yoga		Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Yellow Sravana*Avani	Sunrise: 5:53AM Sunset: 7:18PM Moon 8 - Phase 18 2nd Phase Sivaloka Day

4	Friday, August 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Porto, Portugal
	545976152		Sun 12 Sutra 136 Khara 5113
Kataka Rasi: 0.08	Tithi 27 – 28	Gulika 7:34AM – 9:14AM Yama 3:56PM – 5:36PM Rahu 10:55AM – 12:35PM	Punarvasu Until 11:30AM Vyatipata* Until 6:36PM Gara Until 9:45PM Dvadasi* Until 10:41AM
Creative Work Siddha Yoga Until 11:30AM then Marana Yoga Until 7:02PM then Siddha Yoga		Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – Blue Sravana*Avani	Sunrise: 5:54AM Sunset: 7:16PM Moon 8 - Phase 18 2nd Phase Devaloka Day <i>Pradosha Vrata (Fasting)</i>

5	Saturday, August 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan*/Parigha* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Porto, Portugal
	546976152		Sun 13 Sutra 137 Khara 5113
Kataka Rasi: 14.07	Tithi 28 – 29	Gulika 5:55AM – 7:35AM Yama 2:15PM – 3:55PM Rahu 9:15AM – 10:55AM	Pushya Until 10:23AM Variyan Until 4:02PM Visti Until 7:53PM Trayodasi* Until 8:49AM
Creative Work Siddha Yoga Until 10:23AM then Marana Yoga Until 7:02PM then Siddha Yoga		Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Blue Sravana*Avani	Sunrise: 5:55AM Sunset: 7:15PM Moon 8 - Phase 18 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Sunday, August 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Naga* Karana Chaturdasi*/Amavasya* Yam Titau	Porto, Portugal
	546976153		Sun 14 Sutra 138 Khara 5113
Kataka Rasi: 28.31	Tithi 29 – 30	Gulika 3:54PM – 5:34PM Yama 12:34PM – 2:14PM Rahu 5:34PM – 7:13PM	Aslesha* Until 8:23AM Parigha* Until 12:21PM Naga Until 2:43AM Mon Chaturdasi* Until 6:09AM
Creative Work Siddha Yoga Until 8:23AM then Marana Yoga Until 7:01PM then Siddha Yoga		Ganesha: White Muruqa: Yellow Nataraja: White Moon – Blue Sravana*Avani	Sunrise: 5:56AM Sunset: 7:13PM Moon 8 - Phase 18 Amavasya Devaloka Day

Retreat Star	Monday, August 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Porto, Portugal
	556176153		Sun 15 Sutra 139 Khara 5113
Simha Rasi: 13.14	Tithi 1	Gulika 2:13PM – 3:53PM Yama 10:55AM – 12:34PM Rahu 7:36AM – 9:15AM	Magha* Until 6:09AM Shiva Until 8:48AM Kintughna Until 1:25PM Prathama* Until 11:42PM
Family Home Evening Creative Work Siddha Yoga		Ganesha: Blue Muruqa: Yellow Nataraja: White Moon – Red Bhadrapada*Avani	Sunrise: 5:57AM Sunset: 7:12PM Moon 8 - Phase 18 Prathama Devaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743


1	Tuesday, August 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Porto, Portugal
	Simha Rasi: 28.1 Tithi 2 566176153	Gulika 12:34PM – 2:13PM Yama 9:16AM – 10:55AM Rahu 3:52PM – 5:31PM	Sun 16 Sutra 140 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Amrita Yoga Until 12:55AM Wed then Siddha Yoga		Uttaraphalguni Until 12:55AM Wed Sadhya Until 12:57AM Wed Balava Until 10:02AM Dvitiya Until 8:19PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM Muruqa: Yellow <i>Sunset:</i> 7:10PM Nataraja: White Moon – Red Bhadrapada-Avani
			Devaloka Day

2	Wednesday, August 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau	Porto, Portugal
	Kanya Rasi: 13.1 Tithi 3 – 4 566176153	Gulika 10:55AM – 12:33PM Yama 7:37AM – 9:16AM Rahu 12:33PM – 2:12PM	Sun 17 Sutra 141 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 7:00PM then no yoga Until 10:16PM then Siddha Yoga		Hasta Until 10:16PM Subha Until 9:01PM Taitila Until 6:33AM Tritiya Until 4:50PM	Ganesha: Blue <i>Sunrise:</i> 5:59AM Muruqa: Yellow <i>Sunset:</i> 7:08PM Nataraja: White Moon – Green Bhadrapada-Avani
			Devaloka Day

3	Thursday, September 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Porto, Portugal
	Kanya Rasi: 28.04 Tithi 4 – 5 566176153	Gulika 9:16AM – 10:55AM Yama 6:00AM – 7:38AM Rahu 2:12PM – 3:50PM	Sun 18 Sutra 142 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga		Chitra Until 7:45PM Sukla Until 5:12PM Bava Until 11:48PM Chaturthi* Until 1:31PM	Ganesha: Blue <i>Sunrise:</i> 6:00AM Muruqa: Yellow <i>Sunset:</i> 7:07PM Nataraja: White Moon – Green Bhadrapada-Avani
		Ganesha Chaturthi	Devaloka Day

4	Friday, September 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Porto, Portugal
	Tula Rasi: 12.46 Tithi 5 – 6 566176153	Gulika 7:39AM – 9:17AM Yama 3:49PM – 5:27PM Rahu 10:55AM – 12:33PM	Sun 19 Sutra 143 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 6:25PM then Marana Yoga Until 7:00PM then Siddha Yoga		Svati Until 6:25PM Brahma Until 2:14PM Kaulava Until 10:00PM Panchami Until 10:56AM	Ganesha: Blue <i>Sunrise:</i> 6:01AM Muruqa: Yellow <i>Sunset:</i> 7:05PM Nataraja: White Moon – Green Bhadrapada-Avani
			Devaloka Day

5	Saturday, September 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Porto, Portugal
	Tula Rasi: 27.08 Tithi 6 – 7 577176153	Gulika 6:02AM – 7:39AM Yama 2:10PM – 3:48PM Rahu 9:17AM – 10:55AM	Sun 20 Sutra 144 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 6:59PM then Marana Yoga		Visakha Until 4:37PM Indra Until 11:01AM Gara Until 7:24PM Shasthi* Until 8:19AM	Ganesha: Blue <i>Sunrise:</i> 6:02AM Muruqa: Yellow <i>Sunset:</i> 7:04PM Nataraja: White Moon – Orange Bhadrapada-Avani
			Subha Sivaloka Day

	Sunday, September 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Bava Karana Saptami/Ashtami* Yam Titau	Porto, Portugal
	Retreat Star Vrischika Rasi: 11.1 Tithi 7 – 8 577176153	Gulika 3:47PM – 5:24PM Yama 12:32PM – 2:10PM Rahu 5:24PM – 7:02PM	Sun 21 Sutra 145 Khara 5113 Moon 8 - Phase 19 Ashtami
Routine Work Marana Yoga Until 6:59PM then Siddha Yoga		Anuradha Until 3:26PM Vaidhriti* Until 8:21AM Bava Until 4:31AM Mon Saptami Until 6:22AM	Ganesha: Blue <i>Sunrise:</i> 6:02AM Muruqa: Yellow <i>Sunset:</i> 7:02PM Nataraja: White Moon – Orange Bhadrapada-Avani
			Subha Sivaloka Day

Monday, September 5, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navami* Yam Titau	Porto, Portugal
	Vrischika Rasi: 24.5 Tithi 9 Family Home Evening 577176153	Gulika 2:09PM – 3:46PM Yama 10:55AM – 12:32PM Rahu 7:41AM – 9:18AM	Sun 22 Sutra 146 Khara 5113 Moon 8 - Phase 19 Navami
Creative Work Siddha Yoga Until 6:59PM then Amrita Yoga		Jyeshtha* Until 3:32PM Vishkambha* Until 6:17AM Balava Until 5:00PM Navami* Until 5:00AM Tue	Ganesha: Blue <i>Sunrise:</i> 6:03AM Muruqa: Yellow <i>Sunset:</i> 7:00PM Nataraja: White Moon – Orange Bhadrapada-Avani
			Subha Sivaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

1	Tuesday, September 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Tailila/Gara Karana Dasami Yam Titau	Porto, Portugal Sun 23 Sutra 147 Khara 5113
	Dhanus Rasi: 8.1 Tithi 10 587176153	Gulika 12:32PM – 2:08PM Yama 9:18AM – 10:55AM Rahu 3:45PM – 5:22PM	Mula* Until 3:32PM Ayushman Until 3:29AM Wed Tailila Until 4:16PM Dasami Until 4:16AM Wed
	Creative Work Amrita Yoga Until 3:32PM then Siddha Yoga Until 6:58PM then Amrita Yoga	Ganesha: Yellow <i>Sunrise:</i> 6:04AM Muruqa: Yellow <i>Sunset:</i> 6:59PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Moon 8 - Phase 20 4th Phase Sivaloka Day
2	Wednesday, September 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Porto, Portugal Sun 24 Sutra 148 Khara 5113
	Dhanus Rasi: 21.13 Tithi 11 587176153	Gulika 10:55AM – 12:31PM Yama 7:42AM – 9:18AM Rahu 12:31PM – 2:08PM	Purvashadha* Until 4:04PM Saubhagya Until 2:19AM Thu Vanija Until 4:07PM Ekadasi Until 4:07AM Thu
	Creative Work Amrita Yoga Until 6:58PM then Siddha Yoga	Ganesha: Yellow <i>Sunrise:</i> 6:05AM Muruqa: Yellow <i>Sunset:</i> 6:57PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Moon 8 - Phase 20 4th Phase Sivaloka Day
3	Thursday, September 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Sravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau	Porto, Portugal Sun 25 Sutra 149 Khara 5113
	Makara Rasi: 4.01 Tithi 12 587176153	Gulika 9:19AM – 10:55AM Yama 6:06AM – 7:43AM Rahu 2:07PM – 3:43PM	Uttarashadha Until 5:03PM Sobhana Until 1:33AM Fri Bava Until 4:27PM Dvadasi Until 4:27AM Fri
	Creative Work Siddha Yoga	Ganesha: Yellow <i>Sunrise:</i> 6:06AM Muruqa: Yellow <i>Sunset:</i> 6:55PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Moon 8 - Phase 20 4th Phase Sivaloka Day
4	Friday, September 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Trayodasi Yam Titau	Porto, Portugal Sun 26 Sutra 150 Khara 5113
	Makara Rasi: 16.37 Tithi 13 597176153	Gulika 7:43AM – 9:19AM Yama 3:42PM – 5:18PM Rahu 10:55AM – 12:31PM	Sravana Until 7:26PM Athiganda* Until 2:37AM Sat Kaulava Until 6:12PM Trayodasi Until 6:17AM Sat <i>Pradosha Vrata</i>
	Creative Work Siddha Yoga	Ganesha: White <i>Sunrise:</i> 6:07AM Muruqa: Yellow <i>Sunset:</i> 6:54PM Nataraja: White Moon – Purple Bhadrapada*Avani	Moon 8 - Phase 20 4th Phase Subha Sivaloka Day
5	Saturday, September 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Porto, Portugal Sun 27 Sutra 151 Khara 5113
	Makara Rasi: 29.04 Tithi 13 – 14 598176153	Gulika 6:08AM – 7:44AM Yama 2:06PM – 3:41PM Rahu 9:19AM – 10:55AM	Dhanishtha Until 9:13PM Sukarma Until 2:29AM Sun Gara Until 7:22PM Trayodasi Until 6:17AM
	Creative Work Siddha Yoga Chidambaram Abhishekam	Ganesha: Yellow <i>Sunrise:</i> 6:08AM Muruqa: Yellow <i>Sunset:</i> 6:52PM Nataraja: White Moon – Purple Bhadrapada*Avani	Moon 8 - Phase 20 4th Phase Sivaloka Day
○	Sunday, September 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Porto, Portugal Sutra 152 Khara 5113
	Copper Retreat Star Kumbha Rasi: 11.21 Tithi 14 – 15 598176153	Gulika 3:40PM – 5:15PM Yama 12:30PM – 2:05PM Rahu 5:15PM – 6:50PM	Satabhisha Until 11:18PM Dhriti Until 2:36AM Mon Visti Until 8:51PM Chaturdasi* Until 7:46AM
	Creative Work Siddha Yoga Until 11:18PM then no yoga Grandparent's Day	Ganesha: Yellow <i>Sunrise:</i> 6:09AM Muruqa: Yellow <i>Sunset:</i> 6:50PM Nataraja: White Moon – Purple Bhadrapada*Avani	Moon 8 - Phase 20 Purnima Sivaloka Day
○	Monday, September 12, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Porto, Portugal Sutra 153 Khara 5113
	Silver Retreat Star Kumbha Rasi: 23.31 Tithi 15 – 16 Family Home Evening 518186153 No Yoga	Gulika 2:04PM – 3:39PM Yama 10:55AM – 12:29PM Rahu 7:45AM – 9:20AM	Purvaprostapada* Until 1:38AM Tue Shula* Until 2:58AM Tue Balava Until 10:37PM Purnima* Until 9:32AM
	Until 6:56PM then Marana Yoga Until 1:38AM Tue then Amrita Yoga	Ganesha: Yellow <i>Sunrise:</i> 6:10AM Muruqa: White <i>Sunset:</i> 6:48PM Nataraja: White Moon – Clear Bhadrapada*Avani	Moon 8 - Phase 20 Prathama Subha Sivaloka Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



Tuesday, September 13, 2011
Gold Retreat Star

Meena Rasi: 5.34 Titli 16 – 17
518186153
Creative Work Amrita Yoga
Until 6.56PM then Siddha Yoga
Until 4:13AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 12:29PM – 2:04PM **Uttaraprostapada Until 4:13AM Wed**
Yama 9:20AM – 10:55AM **Ganda* Until 3:33AM Wed**
Rahu 3:38PM – 5:12PM **Taitila Until 12:38AM Wed**
Prathama* Until 11:33AM

Porto, Portugal
Sutra 154
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: White *Sunset:* 6:47PM
Nataraja: White
Moon – Clear
Bhadrapada*Avani

1

Wednesday, September 14, 2011

Meena Rasi: 17.31 Titli 17 – 18
518186153
Routine Work Marana Yoga
Until 6.56PM then Siddha Yoga
Until 7:14AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 10:55AM – 12:29PM **Revati Until 7:14AM Thu**
Yama 7:47AM – 9:21AM **Vriddhi Until 4:18AM Thu**
Rahu 12:29PM – 2:03PM **Vanija Until 2:52AM Thu**
Dvitiya Until 1:47PM

Porto, Portugal
Sun 1 Sutra 155
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 6:45PM
Nataraja: White
Moon – Clear
Bhadrapada*Avani

2

Thursday, September 15, 2011

Meena Rasi: 29.23 Titli 18 – 19
518186153
Creative Work Siddha Yoga
Until 7:14AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Asvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 9:21AM – 10:55AM **Revati Until 7:14AM**
Yama 6:13AM – 7:47AM **Dhruva Until 5:12AM Fri**
Rahu 2:02PM – 3:36PM **Bava Until 5:17AM Fri**
Tritiya Until 4:11PM

Porto, Portugal
Sun 2 Sutra 156
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise:* 6:13AM
Muruqa: White *Sunset:* 6:43PM
Nataraja: White
Moon – Clear
Bhadrapada*Avani

3

Friday, September 16, 2011

Mesha Rasi: 11.13 Titli 19
529186153
Creative Work Amrita Yoga
Until 10:15AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini/Bharani Nakshatra Vyaghata* Yoga Balava Karana Chaturthi* Yam Titau
Gulika 7:48AM – 9:21AM **Asvini Until 10:15AM**
Yama 3:35PM – 5:08PM **Vyaghata* Until 6:33AM Sat**
Rahu 10:55AM – 12:28PM **Balava Until 7:47AM Sat**
Chaturthi* Until 6:41PM

Porto, Portugal
Sun 3 Sutra 157
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – White
Bhadrapada*Avani

4

Saturday, September 17, 2011

Mesha Rasi: 23.02 Titli 20
529186153
Creative Work Siddha Yoga
Until 1:15PM then Amrita Yoga
Until 6.55PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 6:15AM – 7:48AM **Bharani Until 1:15PM**
Yama 2:01PM – 3:34PM **Vyaghata* Until 6:33AM**
Rahu 9:22AM – 10:55AM **Kaulava Until 8:06AM**
Panchami Until 9:11PM

Porto, Portugal
Sun 4 Sutra 158
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise:* 6:15AM
Muruqa: White *Sunset:* 6:40PM
Nataraja: White
Moon – White
Bhadrapada*Puratasi

5

Sunday, September 18, 2011

Vrishabha Rasi: 4.56 Titli 21
529186153
Creative Work Siddha Yoga
Until 6.54PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 3:33PM – 5:06PM **Krittika Until 4:08PM**
Yama 12:27PM – 2:00PM **Harshana Until 7:24AM**
Rahu 5:06PM – 6:38PM **Gara Until 10:27AM**
Shasthi* Until 11:32PM

Porto, Portugal
Sun 5 Sutra 159
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise:* 6:16AM
Muruqa: White *Sunset:* 6:38PM
Nataraja: White
Moon – White
Bhadrapada*Puratasi

6

Monday, September 19, 2011

Vrishabha Rasi: 16.59 Titli 22
539186153
Family Home Evening
Creative Work Amrita Yoga
Until 6.43PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 1:59PM – 3:32PM **Rohini Until 6:43PM**
Yama 10:55AM – 12:27PM **Vajra* Until 7:59AM**
Rahu 7:50AM – 9:22AM **Visti Until 12:29PM**
Saptami Until 1:35AM Tue

Porto, Portugal
Sun 6 Sutra 160
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Green *Sunrise:* 6:17AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi



Tuesday, September 20, 2011
Retreat Star

Vrishabha Rasi: 29.15 Titli 23
539186153
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 12:27PM – 1:59PM **Mrigasira Until 7:42PM**
Yama 9:23AM – 10:55AM **Siddhi Until 7:59AM**
Rahu 3:31PM – 5:03PM **Balava Until 1:22PM**
Ashtami* Until 1:22AM Wed

Porto, Portugal
Sun 7 Sutra 161
Khara 5113
Moon 9 - Phase 21
Ashtami
Subha Sivaloka Day
Ganesha: Green *Sunrise:* 6:18AM
Muruqa: White *Sunset:* 6:35PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Wednesday, September 21, 2011

Retreat Star

Mithuna Rasi: 11.5 Titli 24
539186153
Creative Work Siddha Yoga
Until 6.53PM then Marana Yoga
Until 9:04PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Varyian Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 10:55AM – 12:26PM **Ardra Until 9:04PM**
Yama 7:51AM – 9:23AM **Vyatipata* Until 7:35AM**
Rahu 12:26PM – 1:58PM **Taitila Until 2:08PM**
Navami* Until 2:08AM Thu

Porto, Portugal
Sun 8 Sutra 162
Khara 5113
Moon 9 - Phase 21
Navami
Subha Sivaloka Day
Ganesha: Green *Sunrise:* 6:19AM
Muruqa: White *Sunset:* 6:33PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi


With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192

1	Thursday, September 22, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam				Porto, Portugal
			Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau				Sun 9 Sutra 163 Khara 5113
Mithuna Rasi: 24.5	Tithi 25	549186153	Gulika 9:23AM – 10:55AM	Punarvasu Until 9:41PM	Ganesha: Orange <i>Sunrise:</i> 6:20AM		
			Yama 6:20AM – 7:52AM	Variyan Until 6:29AM	Muruqa: White <i>Sunset:</i> 6:31PM	Moon 9 - Phase 22	
			Rahu 1:57PM – 3:29PM	Vanija Until 2:05PM	Nataraja: White	2nd Phase	
Creative Work Amrita Yoga				Dasami Until 2:05AM Fri	Subha Sivaloka Day		
Until 6:53PM then Siddha Yoga					Bhadrapada*Puratasi		
Until 9:41PM then Marana Yoga							

2	Friday, September 23, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Porto, Portugal
			Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau				Sun 10 Sutra 164 Khara 5113
Kataka Rasi: 8.19	Tithi 26	549286153	Gulika 7:52AM – 9:23AM	Pushya Until 8:20PM	Ganesha: Green <i>Sunrise:</i> 6:21AM		
			Yama 3:28PM – 4:59PM	Shiva Until 2:00AM Sat	Muruqa: White <i>Sunset:</i> 6:30PM	Moon 9 - Phase 22	
			Rahu 10:55AM – 12:26PM	Bava Until 12:34PM	Nataraja: White	2nd Phase	
Routine Work Marana Yoga				Ekadasi* Until 11:38PM	Sivaloka Day		
Until 6:52PM then Siddha Yoga					Bhadrapada*Puratasi		
Until 8:20PM then Marana Yoga							

3	Saturday, September 24, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Porto, Portugal
			Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Sun 11 Sutra 165 Khara 5113
Kataka Rasi: 22.16	Tithi 27	541286153	Gulika 6:22AM – 7:53AM	Aslesha* Until 7:15PM	Ganesha: Purple <i>Sunrise:</i> 6:22AM		
			Yama 1:56PM – 3:27PM	Siddha Until 11:25PM	Muruqa: White <i>Sunset:</i> 6:28PM	Moon 9 - Phase 22	
			Rahu 9:24AM – 10:55AM	Kaulava Until 10:44AM	Nataraja: White	2nd Phase	
Routine Work Marana Yoga				Dvadasi* Until 9:49PM	Sivaloka Day		
Until 6:52PM then Siddha Yoga					Bhadrapada*Puratasi		
Until 7:15PM then Marana Yoga							

4	Sunday, September 25, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
			Magha*/Purvaphalguni* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Sun 12 Sutra 166 Khara 5113
Simha Rasi: 6.43	Tithi 28	551286153	Gulika 3:26PM – 4:56PM	Magha* Until 4:35PM	Ganesha: Light Blue <i>Sunrise:</i> 6:23AM		
			Yama 12:25PM – 1:55PM	Sadhya Until 7:12PM	Muruqa: White <i>Sunset:</i> 6:26PM	Moon 9 - Phase 22	
			Rahu 4:56PM – 6:26PM	Gara Until 7:54AM	Nataraja: White	2nd Phase	
Routine Work Marana Yoga				Trayodasi* Until 6:11PM	Sivaloka Day		
Until 4:35PM then Siddha Yoga					Bhadrapada*Puratasi		
				<i>Pradosha Vrata (Fasting)</i>			

	Monday, September 26, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Porto, Portugal
	Retreat Star		Purvaphalguni*/Uttaraphalguni* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Sun 13 Sutra 167 Khara 5113
Simha Rasi: 21.34	Tithi 29 – 30	551286153	Gulika 1:55PM – 3:25PM	Purvaphalguni* Until 2:11PM	Ganesha: Light Blue <i>Sunrise:</i> 6:24AM		
Family Home Evening			Yama 10:55AM – 12:25PM	Subha Until 3:28PM	Muruqa: White <i>Sunset:</i> 6:25PM	Moon 9 - Phase 22	
Creative Work Siddha Yoga			Rahu 7:54AM – 9:24AM	Catuspada Until 1:16AM Tue	Nataraja: White	Amavasya	
Until 2:11PM then Marana Yoga				Chaturdasi* Until 2:59PM	Sivaloka Day		
Until 6:51PM then Amrita Yoga					Bhadrapada*Puratasi		

Retreat Star	Tuesday, September 27, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
			Uttaraphalguni*/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Sun 14 Sutra 168 Khara 5113
Kanya Rasi: 6.41	Tithi 30 – 1	551286153	Gulika 12:24PM – 1:54PM	Uttaraphalguni Until 11:19AM	Ganesha: Light Blue <i>Sunrise:</i> 6:25AM		
			Yama 9:25AM – 10:54AM	Sukla Until 11:19AM	Muruqa: White <i>Sunset:</i> 6:23PM	Moon 9 - Phase 22	
			Rahu 3:24PM – 4:53PM	Kintughna Until 9:36PM	Nataraja: White	Prathama	
Creative Work Amrita Yoga				Amavasya* Until 11:19AM	Sivaloka Day		
Until 11:19AM then Siddha Yoga			Navaratri Begins		Ashvina*Puratasi		

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

1	Wednesday, September 28, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Prathama*/Dvitiya Yam Titau				Porto, Portugal
	Kanya Rasi: 21.55	Tithi 1 – 2	Gulika 10:55AM – 12:24PM	Hasta Until 8:16AM	Ganesha: Light Blue <i>Sunrise: 6:27AM</i>	Sun 15 Sutra 169	Khara 5113
	661286153		Yama 7:56AM – 9:25AM	Brahma Until 6:59AM	Muruqa: White <i>Sunset: 6:21PM</i>		Moon 9 - Phase 23
Creative Work	Siddha Yoga	Rahu 12:24PM – 1:53PM	Kaulava Until 4:01AM Thu	Nataraja: White		3rd Phase	
			Prathama* Until 7:27AM	Ashvina•Puratasi		Sivaloka Day	


2	Thursday, September 29, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiya Yam Titau				Porto, Portugal
	Tula Rasi: 7.07	Tithi 3	Gulika 9:26AM – 10:55AM	Svati Until 2:38AM Fri	Ganesha: Light Blue <i>Sunrise: 6:28AM</i>	Sun 16 Sutra 170	Khara 5113
	661286153		Yama 6:28AM – 7:57AM	Vaidhriti* Until 10:44PM	Muruqa: White <i>Sunset: 6:19PM</i>		Moon 9 - Phase 23
Creative Work	Amrita Yoga	Rahu 1:52PM – 3:21PM	Taitila Until 1:57PM	Nataraja: White		3rd Phase	
Until 6:50PM then Siddha Yoga			Tritiya Until 12:14AM Fri	Ashvina•Puratasi		Sivaloka Day	
Until 2:38AM Fri then Marana Yoga							


3	Friday, September 30, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Porto, Portugal
	Tula Rasi: 22.05	Tithi 4	Gulika 7:57AM – 9:26AM	Visakha Until 12:00PM	Ganesha: Purple <i>Sunrise: 6:29AM</i>	Sun 17 Sutra 171	Khara 5113
	671286153		Yama 3:20PM – 4:49PM	Vishkambha* Until 6:47PM	Muruqa: White <i>Sunset: 6:18PM</i>		Moon 9 - Phase 23
Routine Work	Marana Yoga	Rahu 10:55AM – 12:23PM	Vanija Until 10:31AM	Nataraja: White		3rd Phase	
Until 12:00PM then Siddha Yoga			Chaturthi* Until 8:48PM	Ashvina•Puratasi		Sivaloka Day	

4	Saturday, October 1, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau				Porto, Portugal
	Vrischika Rasi: 6.44	Tithi 5	Gulika 6:30AM – 7:58AM	Anuradha Until 11:02PM	Ganesha: Purple <i>Sunrise: 6:30AM</i>	Sun 18 Sutra 172	Khara 5113
	671286153		Yama 1:51PM – 3:19PM	Priti Until 3:58PM	Muruqa: White <i>Sunset: 6:16PM</i>		Moon 9 - Phase 23
Creative Work	Siddha Yoga	Rahu 9:26AM – 10:55AM	Bava Until 7:48AM	Nataraja: White		3rd Phase	
Until 6:50PM then Marana Yoga			Panchami Until 6:53PM	Ashvina•Puratasi		Sivaloka Day	

5	Sunday, October 2, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Porto, Portugal
	Vrischika Rasi: 20.57	Tithi 6 – 7	Gulika 3:18PM – 4:46PM	Jyeshtha* Until 9:30PM	Ganesha: Purple <i>Sunrise: 6:31AM</i>	Sun 19 Sutra 173	Khara 5113
	671286153		Yama 12:23PM – 1:51PM	Ayushman Until 12:58PM	Muruqa: White <i>Sunset: 6:14PM</i>		Moon 9 - Phase 23
Routine Work	Marana Yoga	Rahu 4:46PM – 6:14PM	Gara Until 3:40AM Mon	Nataraja: White		3rd Phase	
Until 6:49PM then Siddha Yoga			Shasthi* Until 4:35PM	Ashvina•Puratasi		Sivaloka Day	

6	Monday, October 3, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Porto, Portugal
	Dhanus Rasi: 4.44	Tithi 7 – 8	Gulika 1:50PM – 3:17PM	Mula* Until 9:53PM	Ganesha: Clear <i>Sunrise: 6:32AM</i>	Sun 20 Sutra 174	Khara 5113
	681286153		Yama 10:55AM – 12:22PM	Saubhagya Until 11:01AM	Muruqa: White <i>Sunset: 6:13PM</i>		Moon 9 - Phase 23
Family Home Evening		Rahu 7:59AM – 9:27AM	Visti Until 3:53AM Tue	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 3:53PM	Ashvina•Puratasi		Subha Sivaloka Day	
Until 6:49PM then Amrita Yoga							
Until 9:53PM then Siddha Yoga							

	Tuesday, October 4, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Porto, Portugal
	Retreat Star		Gulika 12:22PM – 1:49PM	Purvashadha* Until 9:51PM	Ganesha: Orange <i>Sunrise: 6:33AM</i>	Sun 21 Sutra 175	Khara 5113
	Dhanus Rasi: 18.05	Tithi 8 – 9	Yama 9:27AM – 10:55AM	Sobhana Until 9:18AM	Muruqa: White <i>Sunset: 6:11PM</i>		Moon 9 - Phase 23
682286153		Rahu 3:16PM – 4:44PM	Balava Until 3:09AM Wed	Nataraja: White		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 3:09PM	Ashvina•Puratasi		Subha Sivaloka Day	
Until 6:49PM then Amrita Yoga							

	Wednesday, October 5, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Porto, Portugal
	Retreat Star		Gulika 10:55AM – 12:22PM	Uttarashadha Until 10:31PM	Ganesha: Orange <i>Sunrise: 6:34AM</i>	Sun 22 Sutra 176	Khara 5113
	Makara Rasi: 1.04	Tithi 9 – 10	Yama 8:01AM – 9:28AM	Athiganda* Until 8:14AM	Muruqa: White <i>Sunset: 6:09PM</i>		Moon 9 - Phase 23
682286153		Rahu 12:22PM – 1:49PM	Taitila Until 3:10AM Thu	Nataraja: White		Navami	
Creative Work	Amrita Yoga		Navami* Until 3:10PM	Ashvina•Puratasi		Subha Sivaloka Day	
Until 6:48PM then Siddha Yoga							

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

1	Thursday, October 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Porto, Portugal Sun 23 Sutra 177 Khara 5113
	Makara Rasi: 13.43 Titli 10 – 11 692286153	Gulika 9:28AM – 10:55AM Yama 6:35AM – 8:01AM Rahu 1:48PM – 3:15PM Vijaya Dasami	Sravana Until 1:14AM Fri Sukarma Until 7:50AM Vanija Until 5:48AM Fri Dasami Until 4:43PM

Ganesha: Green <i>Sunrise:</i> 6:35AM	Moon 9 - Phase 24 4th Phase Sivaloka Day
Muruqa: White <i>Sunset:</i> 6:08PM	
Nataraja: White Moon – Purple	
Ashvina•Puratasi	

2	Friday, October 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Porto, Portugal Sun 24 Sutra 178 Khara 5113
	Makara Rasi: 26.08 Titli 11 – 12 692286153	Gulika 8:02AM – 9:28AM Yama 3:14PM – 4:40PM Rahu 10:55AM – 12:21PM Kadaitswami Mahasamadhi	Dhanishtha Until 3:03AM Sat Dhriti Until 7:41AM Bava Until 7:02AM Sat Ekadasi Until 5:57PM

Ganesha: Green <i>Sunrise:</i> 6:36AM	Moon 9 - Phase 24 4th Phase Sivaloka Day
Muruqa: White <i>Sunset:</i> 6:06PM	
Nataraja: White Moon – Purple	
Ashvina•Puratasi	

3	Saturday, October 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau	Porto, Portugal Sun 25 Sutra 179 Khara 5113
	Kumbha Rasi: 8.23 Titli 12 692286154	Gulika 6:37AM – 8:03AM Yama 1:47PM – 3:13PM Rahu 9:29AM – 10:55AM Kadaitswami Mahasamadhi	Satabhisha Until 5:15AM Sun Shula* Until 7:53AM Bava Until 6:29AM Dvadasi Until 7:34PM

Ganesha: Green <i>Sunrise:</i> 6:37AM	Moon 9 - Phase 24 4th Phase Devaloka Day
Muruqa: White <i>Sunset:</i> 6:05PM	
Nataraja: Yellow Moon – Purple	
Ashvina•Puratasi	

4	Sunday, October 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Porto, Portugal Sun 26 Sutra 180 Khara 5113
	Kumbha Rasi: 20.29 Titli 13 612286154	Gulika 3:12PM – 4:37PM Yama 12:20PM – 1:46PM Rahu 4:37PM – 6:03PM Chidambaram Abhishekam	Purvaprostapada* Until 7:40AM Mon Ganda* Until 8:20AM Kaulava Until 8:24AM Trayodasi Until 9:29PM <i>Pradosha Vrata</i>

Ganesha: Blue <i>Sunrise:</i> 6:38AM	Moon 9 - Phase 24 4th Phase Devaloka Day
Muruqa: White <i>Sunset:</i> 6:03PM	
Nataraja: Yellow Moon – Clear	
Ashvina•Puratasi	

5	Monday, October 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Porto, Portugal Sun 27 Sutra 181 Khara 5113
	Meena Rasi: 2.3 Titli 14 Family Home Evening 612286154 No Yoga	Gulika 1:45PM – 3:11PM Yama 10:55AM – 12:20PM Rahu 8:04AM – 9:30AM Chaturdasi* Until 11:37PM	Purvaprostapada* Until 7:40AM Vridhhi Until 8:57AM Gara Until 10:32AM Chaturdasi* Until 11:37PM

Ganesha: Blue <i>Sunrise:</i> 6:39AM	Moon 9 - Phase 24 4th Phase Devaloka Day
Muruqa: White <i>Sunset:</i> 6:01PM	
Nataraja: Yellow Moon – Clear	
Ashvina•Puratasi	

○	Tuesday, October 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Porto, Portugal Sun 28 Sutra 182 Khara 5113
	Meena Rasi: 14.26 Titli 15 612286154	Gulika 12:20PM – 1:45PM Yama 9:30AM – 10:55AM Rahu 3:10PM – 4:35PM Purnima* Until 1:55AM Wed	Uttaraprostapada Until 10:28AM Dhruva Until 9:42AM Visti Until 12:49PM Purnima* Until 1:55AM Wed

Ganesha: Blue <i>Sunrise:</i> 6:40AM	Moon 9 - Phase 24 Purnima Devaloka Day
Muruqa: White <i>Sunset:</i> 6:00PM	
Nataraja: Yellow Moon – Clear	
Ashvina•Puratasi	

○	Wednesday, October 12, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Porto, Portugal Sun 29 Sutra 183 Khara 5113
	Meena Rasi: 26.19 Titli 16 612286154	Gulika 10:55AM – 12:20PM Yama 8:06AM – 9:30AM Rahu 12:20PM – 1:44PM Prathama* Until 4:20AM Thu	Revati Until 1:22PM Vyaghata* Until 10:33AM Balava Until 3:14PM Prathama* Until 4:20AM Thu

Ganesha: Blue <i>Sunrise:</i> 6:41AM	Moon 9 - Phase 24 Prathama Devaloka Day
Muruqa: White <i>Sunset:</i> 5:58PM	
Nataraja: Yellow Moon – Clear	
Ashvina•Puratasi	

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM



Thursday, October 13, 2011
Gold Retreat Star

Mesha Rasi: 8.1 Tithi 17
622286154
Creative Work Amrita Yoga
Until 4:20PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini/Bharani Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 9:31AM – 10:55AM
Yama 6:42AM – 8:07AM
Rahu 1:44PM – 3:08PM
Asvini Until 4:20PM
Harshana Until 11:28AM
Tailila Until 5:43PM
Dvitiya Until 7:08AM Fri

Porto, Portugal
Sutra 184
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise: 6:42AM*
Muruqa: White *Sunset: 5:57PM*
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

1

Friday, October 14, 2011

Mesha Rasi: 20.01 Tithi 17 – 18
622286154
Creative Work Siddha Yoga
Until 7:18PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 8:07AM – 9:31AM
Yama 3:07PM – 4:31PM
Rahu 10:55AM – 12:19PM
Bharani Until 7:18PM
Vajra* Until 12:23PM
Vanija Until 8:13PM
Dvitiya Until 7:08AM

Porto, Portugal
Sun 1 Sutra 185
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise: 6:43AM*
Muruqa: White *Sunset: 5:55PM*
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

2

Saturday, October 15, 2011

Wrishabha Rasi: 1.53 Tithi 18 – 19
622286154
Creative Work Amrita Yoga
Until 6:46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 6:45AM – 8:08AM
Yama 1:43PM – 3:06PM
Rahu 9:32AM – 10:55AM
Krittika Until 10:14PM
Siddhi Until 1:15PM
Bava Until 10:40PM
Tritiya Until 9:34AM

Porto, Portugal
Sun 2 Sutra 186
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise: 6:45AM*
Muruqa: White *Sunset: 5:53PM*
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

3

Sunday, October 16, 2011

Wrishabha Rasi: 13.5 Tithi 19 – 20
632286154
Creative Work Siddha Yoga
Until 6:46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 3:05PM – 4:29PM
Yama 12:19PM – 1:42PM
Rahu 4:29PM – 5:52PM
Rohini Until 24:60PM
Vyatipata* Until 1:58PM
Kaulava Until 12:56AM Mon
Chaturthi* Until 11:50AM

Porto, Portugal
Sun 3 Sutra 187
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day
Ganesha: Green *Sunrise: 6:46AM*
Muruqa: White *Sunset: 5:52PM*
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

4

Monday, October 17, 2011

Wrishabha Rasi: 25.55 Tithi 20 – 21
632286154
Family Home Evening
Creative Work Amrita Yoga
Until 6:45PM then Siddha Yoga
Until 3:30AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 1:41PM – 3:04PM
Yama 10:56AM – 12:19PM
Rahu 8:10AM – 9:33AM
Mrigasira Until 3:30AM Tue
Variyan Until 2:27PM
Gara Until 2:55AM Tue
Panchami Until 1:49PM

Porto, Portugal
Sun 4 Sutra 188
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day
Ganesha: Green *Sunrise: 6:47AM*
Muruqa: White *Sunset: 5:50PM*
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

5

Tuesday, October 18, 2011

Mithuna Rasi: 8.13 Tithi 21 – 22
633386154
Routine Work Marana Yoga
Until 6:45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 12:18PM – 1:41PM
Yama 9:33AM – 10:56AM
Rahu 3:04PM – 4:26PM
Ardra Until 3:46AM Wed
Parigha* Until 1:56PM
Visti Until 2:35AM Wed
Shasthi* Until 2:35PM

Porto, Portugal
Sun 5 Sutra 189
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day
Ganesha: Green *Sunrise: 6:48AM*
Muruqa: White *Sunset: 5:49PM*
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

6

Wednesday, October 19, 2011

Mithuna Rasi: 20.47 Tithi 22 – 23
643386154
Creative Work Siddha Yoga
Until 6:45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 10:56AM – 12:18PM
Yama 8:11AM – 9:34AM
Rahu 12:18PM – 1:40PM
Punarvasu Until 5:11AM Thu
Shiva Until 1:32PM
Balava Until 3:25AM Thu
Saptami Until 3:25PM

Porto, Portugal
Sun 6 Sutra 190
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day
Ganesha: Orange *Sunrise: 6:49AM*
Muruqa: White *Sunset: 5:47PM*
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Retreat Star

Thursday, October 20, 2011

Kataka Rasi: 3.43 Tithi 23 – 24
643386154
Creative Work Amrita Yoga
Until 6:45PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau
Gulika 9:34AM – 10:56AM
Yama 6:50AM – 8:12AM
Rahu 1:40PM – 3:02PM
Pushya Until 5:56AM Fri
Siddha Until 12:32PM
Tailila Until 3:33AM Fri
Ashtami* Until 3:33PM

Porto, Portugal
Sun 7 Sutra 191
Khara 5113
Moon 10 - Phase 25
Ashtami
Sivaloka Day
Ganesha: Orange *Sunrise: 6:50AM*
Muruqa: White *Sunset: 5:46PM*
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Friday, October 21, 2011

Retreat Star

Kataka Rasi: 17.04 Tithi 24 – 25
643386154
Routine Work Marana Yoga
Until 4:11AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika 8:13AM – 9:35AM
Yama 3:01PM – 4:23PM
Rahu 10:56AM – 12:18PM
Aslesha* Until 4:11AM Sat
Sadhya Until 10:29AM
Vanija Until 1:14AM Sat
Navami* Until 2:09PM

Porto, Portugal
Sun 8 Sutra 192
Khara 5113
Moon 10 - Phase 25
Navami
Sivaloka Day
Ganesha: Orange *Sunrise: 6:51AM*
Muruqa: White *Sunset: 5:44PM*
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

1	Saturday, October 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Porto, Portugal Sun 9 Sutra 193 Khara 5113
	Simha Rasi: 0.52 Tithi 25 – 26 653386154	Gulika 6:52AM – 8:14AM Yama 1:39PM – 3:00PM Rahu 9:35AM – 10:56AM	Magha* Until 3:22AM Sun Subha Until 8:07AM Bava Until 11:43PM Dasami Until 12:39PM

Creative Work Amrita Yoga
Until 6.44PM then Marana Yoga
Until 3:22AM Sun then Siddha Yoga

Ganesha: Light Blue <i>Sunrise:</i> 6:52AM	Muruqa: White <i>Sunset:</i> 5:43PM	Moon 10 - Phase 26
Nataraja: Yellow	Ashvina-Aipasi	Devaloka Day

2	Sunday, October 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Porto, Portugal Sun 10 Sutra 194 Khara 5113
	Simha Rasi: 15.09 Tithi 26 – 27 653386154	Gulika 3:00PM – 4:21PM Yama 12:18PM – 1:39PM Rahu 4:21PM – 5:42PM	Purvaphalguni* Until 12:25AM Mon Brahma Until 1:04AM Mon Kaulava Until 8:15PM Ekadasi* Until 9:58AM

Creative Work Siddha Yoga
Until 12:25AM Mon then Marana Yoga

Ganesha: Light Blue <i>Sunrise:</i> 6:53AM	Muruqa: White <i>Sunset:</i> 5:42PM	Moon 10 - Phase 26
Nataraja: Yellow	Ashvina-Aipasi	Devaloka Day

3	Monday, October 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Vanija Karana Dvadasi*/Trayodasi* Yam Titau	Porto, Portugal Sun 11 Sutra 195 Khara 5113
	Simha Rasi: 29.52 Tithi 27 – 28 653386154	Gulika 1:38PM – 2:59PM Yama 10:57AM – 12:17PM Rahu 8:15AM – 9:36AM	Uttaraphalguni Until 10:14PM Indra Until 9:31PM Vanija Until 3:37AM Tue Dvadasi* Until 7:02AM <i>Pradosha Vrata (Fasting)</i>


Family Home Evening
Routine Work Marana Yoga
Until 6.44PM then Amrita Yoga
Until 10:14PM then Siddha Yoga

Ganesha: Light Blue <i>Sunrise:</i> 6:55AM	Muruqa: White <i>Sunset:</i> 5:40PM	Moon 10 - Phase 26
Nataraja: Yellow	Ashvina-Aipasi	Devaloka Day

4	Tuesday, October 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Porto, Portugal Sun 12 Sutra 196 Khara 5113
	Kanya Rasi: 14.53 Tithi 29 663386154	Gulika 12:17PM – 1:38PM Yama 9:37AM – 10:57AM Rahu 2:58PM – 4:18PM	Hasta Until 7:31PM Vaidhriti* Until 5:29PM Visti Until 1:50PM Chaturdasi* Until 12:07AM Wed

Creative Work Siddha Yoga
Deepavali Hindu Solidarity Day

Ganesha: Purple <i>Sunrise:</i> 6:56AM	Muruqa: White <i>Sunset:</i> 5:39PM	Moon 10 - Phase 26
Nataraja: Yellow	Ashvina-Aipasi	Devaloka Day

	Wednesday, October 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Porto, Portugal Sun 13 Sutra 197 Khara 5113
	Tula Rasi: 0.07 Tithi 30 663386154	Gulika 10:57AM – 12:17PM Yama 8:17AM – 9:37AM Rahu 12:17PM – 1:37PM	Chitra Until 4:30PM Vishkambha* Until 1:10PM Catuspada Until 10:02AM Amavasya* Until 8:19PM

Retreat Star
Creative Work Siddha Yoga
Until 6.44PM then Amrita Yoga
Subramuniyaswami Mahasamadhi

Ganesha: Purple <i>Sunrise:</i> 6:57AM	Muruqa: White <i>Sunset:</i> 5:37PM	Moon 10 - Phase 26
Nataraja: Yellow	Ashvina-Aipasi	Devaloka Day

Retreat Star	Thursday, October 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau	Porto, Portugal Sun 14 Sutra 198 Khara 5113
	Tula Rasi: 15.21 Tithi 1 – 2 663386154	Gulika 9:38AM – 10:57AM Yama 6:58AM – 8:18AM Rahu 1:37PM – 2:57PM	Svati Until 1:26PM Priti Until 8:47AM Kintughna Until 6:10AM Prathama* Until 4:27PM

Creative Work Amrita Yoga
Until 1:26PM then Siddha Yoga
Until 6.44PM then Marana Yoga
Skanda Shasthi Begins

Ganesha: Purple <i>Sunrise:</i> 6:58AM	Muruqa: White <i>Sunset:</i> 5:36PM	Moon 10 - Phase 26
Nataraja: Yellow	Karttika-Aipasi	Devaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140


1	Friday, October 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Visakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Porto, Portugal
	Vischika Rasi: 0.28 Tithi 2 - 3 673386154	Gulika 8:19AM - 9:38AM Yama 2:56PM - 4:15PM Rahu 10:58AM - 12:17PM	Sun 15 Sutra 199 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 10:35AM then Siddha Yoga		Visakha Until 10:35AM Saubhagya Until 12:38AM Sat Taitila Until 11:07PM Dvitiya Until 12:50PM	Ganesha: Light Blue <i>Sunrise:</i> 6:59AM Muruqa: White <i>Sunset:</i> 5:35PM Nataraja: Yellow Moon - Orange Karttika-Aipasi
			Devaloka Day


2	Saturday, October 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Porto, Portugal
	Vischika Rasi: 15.17 Tithi 3 - 4 673386154	Gulika 7:00AM - 8:20AM Yama 1:36PM - 2:55PM Rahu 9:39AM - 10:58AM	Sun 16 Sutra 200 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 6.44PM then Marana Yoga		Anuradha Until 8:22AM Sobhana Until 9:53PM Vanija Until 9:04PM Tritiya Until 9:59AM	Ganesha: Light Blue <i>Sunrise:</i> 7:00AM Muruqa: White <i>Sunset:</i> 5:33PM Nataraja: Yellow Moon - Orange Karttika-Aipasi
			Devaloka Day

3	Sunday, October 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Porto, Portugal
	Vischika Rasi: 29.43 Tithi 4 - 5 673386154	Gulika 2:54PM - 4:13PM Yama 12:17PM - 1:36PM Rahu 4:13PM - 5:32PM	Sun 17 Sutra 201 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 6:29AM then Amrita Yoga Until 6.44PM then Siddha Yoga		Jyeshtha* Until 6:29AM Athiganda* Until 6:32PM Bava Until 6:26PM Chaturthi* Until 7:21AM	Ganesha: Light Blue <i>Sunrise:</i> 7:02AM Muruqa: White <i>Sunset:</i> 5:32PM Nataraja: Yellow Moon - Orange Karttika-Aipasi
			Devaloka Day

4	Monday, October 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Porto, Portugal
	Dhanus Rasi: 13.41 Tithi 6 Family Home Evening 683386154	Gulika 1:35PM - 2:54PM Yama 10:58AM - 12:17PM Rahu 8:21AM - 9:40AM	Sun 18 Sutra 202 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 6.44PM then Siddha Yoga Until 5:58AM Tue then Prabalarishta Yoga		Purvashadha* Until 5:58AM Tue Sukarma Until 4:38PM Kaulava Until 5:32PM Shasthi* Until 5:32AM Tue	Ganesha: Orange <i>Sunrise:</i> 7:03AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Yellow Moon - Light Blue Karttika-Aipasi
		Skanda Shasthi	Sivaloka Day

5	Tuesday, November 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau	Porto, Portugal
	Dhanus Rasi: 27.11 Tithi 7 684386154	Gulika 12:17PM - 1:35PM Yama 9:40AM - 10:59AM Rahu 2:53PM - 4:11PM	Sun 19 Sutra 203 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Prabalarishta Yoga Until 6.44PM then Amrita Yoga Until 5:40AM Wed then Siddha Yoga		Uttarashadha Until 5:40AM Wed Dhriti Until 2:39PM Gara Until 4:32PM Saptami Until 4:32AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:04AM Muruqa: White <i>Sunset:</i> 5:30PM Nataraja: Yellow Moon - Light Blue Karttika-Aipasi
			Sivaloka Day

	Wednesday, November 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Porto, Portugal
	Retreat Star Makara Rasi: 10.14 Tithi 8 694386154	Gulika 10:59AM - 12:17PM Yama 8:23AM - 9:41AM Rahu 12:17PM - 1:35PM	Sun 20 Sutra 204 Khara 5113 Moon 10 - Phase 27 Ashtami
Creative Work Siddha Yoga		Sravana Until 6:50AM Thu Shula* Until 1:24PM Visti Until 4:26PM Ashtami* Until 4:26AM Thu	Ganesha: White <i>Sunrise:</i> 7:05AM Muruqa: White <i>Sunset:</i> 5:28PM Nataraja: Yellow Moon - Purple Karttika-Aipasi
			Devaloka Day

	Thursday, November 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navami* Yam Titau	Porto, Portugal
	Retreat Star Makara Rasi: 22.55 Tithi 9 694386154	Gulika 9:42AM - 10:59AM Yama 7:06AM - 8:24AM Rahu 1:34PM - 2:52PM	Sun 21 Sutra 205 Khara 5113 Moon 10 - Phase 27 Navami
Creative Work Siddha Yoga		Sravana Until 6:50AM Ganda* Until 1:20PM Balava Until 6:04PM Navami* Until 6:20AM Fri	Ganesha: White <i>Sunrise:</i> 7:06AM Muruqa: White <i>Sunset:</i> 5:27PM Nataraja: Yellow Moon - Purple Karttika-Aipasi
			Devaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

1	Friday, November 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Porto, Portugal
	Kumbha Rasi: 5.18 Tithi 9 – 10 694386154	Gulika 8:25AM – 9:42AM Yama 2:51PM – 4:09PM Rahu 10:59AM – 12:17PM	Sun 22 Sutra 206 Khara 5113 Moon 10 - Phase 28 4th Phase
Creative Work Siddha Yoga Until 6.44PM then Amrita Yoga		Dhanishtha Until 8:44AM Vriddhi Until 1:14PM Taitila Until 7:25PM Navami* Until 6:20AM	Ganesha: White <i>Sunrise: 7:08AM</i> Muruqa: White <i>Sunset: 5:26PM</i> Nataraja: Yellow Moon – Purple Karttika-Aipasi

Devaloka Day

2	Saturday, November 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Porto, Portugal
	Kumbha Rasi: 17.28 Tithi 10 – 11 694386154	Gulika 7:09AM – 8:26AM Yama 1:34PM – 2:51PM Rahu 9:43AM – 11:00AM	Sun 23 Sutra 207 Khara 5113 Moon 10 - Phase 28 4th Phase
Creative Work Amrita Yoga Until 11:05AM then Siddha Yoga		Satabhisha Until 11:05AM Dhruva Until 1:33PM Vanija Until 9:15PM Dasami Until 8:09AM	Ganesha: White <i>Sunrise: 7:09AM</i> Muruqa: White <i>Sunset: 5:25PM</i> Nataraja: Yellow Moon – Purple Karttika-Aipasi

Devaloka Day

3	Sunday, November 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Porto, Portugal
	Kumbha Rasi: 29.28 Tithi 11 – 12 614386154	Gulika 2:50PM – 4:07PM Yama 12:17PM – 1:34PM Rahu 4:07PM – 5:24PM	Sun 24 Sutra 208 Khara 5113 Moon 10 - Phase 28 4th Phase
Creative Work Siddha Yoga Until 1:43PM then Amrita Yoga Until 6.44PM then Siddha Yoga		Purvaprostapada* Until 1:43PM Vyaghata* Until 2:08PM Bava Until 11:25PM Ekadasi Until 10:19AM	Ganesha: Blue <i>Sunrise: 7:10AM</i> Muruqa: White <i>Sunset: 5:24PM</i> Nataraja: Yellow Moon – Clear Karttika-Aipasi

Devaloka Day

4	Monday, November 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Porto, Portugal
	Meena Rasi: 11.23 Tithi 12 – 13 Family Home Evening 714386154	Gulika 1:33PM – 2:50PM Yama 11:00AM – 12:17PM Rahu 8:28AM – 9:44AM	Sun 25 Sutra 209 Khara 5113 Moon 10 - Phase 28 4th Phase
Creative Work Siddha Yoga		Uttaraprostapada Until 4:33PM Harshana Until 2:54PM Kaulava Until 1:47AM Tue Dvadasi Until 12:41PM	Ganesha: Red <i>Sunrise: 7:11AM</i> Muruqa: White <i>Sunset: 5:23PM</i> Nataraja: Yellow Moon – Clear Karttika-Aipasi

Pradosha Vrata

Sivaloka Day

5	Tuesday, November 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau	Porto, Portugal
	Meena Rasi: 23.16 Tithi 13 – 14 714386154	Gulika 12:17PM – 1:33PM Yama 9:45AM – 11:01AM Rahu 2:49PM – 4:05PM	Sun 26 Sutra 210 Khara 5113 Moon 10 - Phase 28 4th Phase
Creative Work Siddha Yoga Until 6.44PM then Marana Yoga		Revati Until 7:29PM Vajra* Until 3:45PM Gara Until 4:15AM Wed Trayodasi Until 3:10PM	Ganesha: Red <i>Sunrise: 7:12AM</i> Muruqa: White <i>Sunset: 5:22PM</i> Nataraja: Yellow Moon – Clear Karttika-Aipasi

Sivaloka Day

6	Wednesday, November 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Porto, Portugal
	Mesha Rasi: 5.07 Tithi 14 – 15 724386154	Gulika 11:01AM – 12:17PM Yama 8:29AM – 9:45AM Rahu 12:17PM – 1:33PM	Sun 27 Sutra 211 Khara 5113 Moon 10 - Phase 28 4th Phase
Routine Work Marana Yoga Until 6.44PM then Amrita Yoga Until 10:26PM then Siddha Yoga		Asvini Until 10:26PM Siddhi Until 4:37PM Visti Until 6:46AM Thu Chaturdasi* Until 5:40PM	Ganesha: Blue <i>Sunrise: 7:14AM</i> Muruqa: White <i>Sunset: 5:20PM</i> Nataraja: Yellow Moon – White Karttika-Aipasi

Devaloka Day

○	Thursday, November 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnima* Yam Titau	Porto, Portugal
	Mesha Rasi: 16.59 Tithi 15 724386154	Gulika 9:46AM – 11:01AM Yama 7:15AM – 8:30AM Rahu 1:33PM – 2:48PM	Sun 28 Sutra 212 Khara 5113 Moon 10 - Phase 28 Purnima
Creative Work Siddha Yoga		Bharani Until 1:21AM Fri Vyatipata* Until 5:28PM Visti Until 7:03AM Purnima* Until 8:08PM	Ganesha: Blue <i>Sunrise: 7:15AM</i> Muruqa: White <i>Sunset: 5:19PM</i> Nataraja: Yellow Moon – White Karttika-Aipasi

Devaloka Day

○	Friday, November 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau	Porto, Portugal
	Mesha Rasi: 28.55 Tithi 16 724386154	Gulika 8:31AM – 9:47AM Yama 2:48PM – 4:03PM Rahu 11:02AM – 12:17PM	Sun 29 Sutra 213 Khara 5113 Moon 10 - Phase 28 Prathama
Creative Work Siddha Yoga Until 6.44PM then Amrita Yoga		Krittika Until 4:11AM Sat Variyan Until 6:13PM Balava Until 9:25AM Prathama* Until 10:30PM	Ganesha: Blue <i>Sunrise: 7:16AM</i> Muruqa: White <i>Sunset: 5:18PM</i> Nataraja: Yellow Moon – White Karttika-Aipasi

Devaloka Day



Saturday, November 12, 2011
Gold Retreat Star

Wrishabha Rasi: 10.55 Tithi 17
735486154
Creative Work Amrita Yoga
Until 6.44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 7:17AM – 8:32AM **Rohini Until 6:37AM Sun**
Yama 1:32PM – 2:47PM **Parigha* Until 6:49PM**
Rahu 9:47AM – 11:02AM **Taitila Until 11:36AM**
Dvitiya Until 12:41AM Sun

Ganesha: Red *Sunrise:* 7:17AM
Muruqa: White *Sunset:* 5:18PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Porto, Portugal
Sun 1 Sutra 214
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

1

Sunday, November 13, 2011

Wrishabha Rasi: 23.02 Tithi 18
735486154
Creative Work Siddha Yoga
Until 6.44PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 2:47PM – 4:02PM **Rohini Until 6:37AM**
Yama 12:17PM – 1:32PM **Shiva Until 7:13PM**
Rahu 4:02PM – 5:17PM **Vanija Until 1:33PM**
Tritiya Until 2:38AM Mon

Ganesha: Yellow *Sunrise:* 7:18AM
Muruqa: White *Sunset:* 5:17PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Porto, Portugal
Sun 2 Sutra 215
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

2

Monday, November 14, 2011

Mithuna Rasi: 5.17 Tithi 19
735486154
Family Home Evening
Creative Work Amrita Yoga
Until 8:45AM then Siddha Yoga
Until 6.44PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 1:32PM – 2:47PM **Mrigasira Until 8:45AM**
Yama 11:03AM – 12:18PM **Siddha Until 7:20PM**
Rahu 8:34AM – 9:49AM **Bava Until 3:10PM**
Chaturthi* Until 4:15AM Tue

Ganesha: Yellow *Sunrise:* 7:19AM
Muruqa: White *Sunset:* 5:16PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Porto, Portugal
Sun 3 Sutra 216
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

3

Tuesday, November 15, 2011

Mithuna Rasi: 17.45 Tithi 20
735486154
Routine Work Marana Yoga
Until 10:10AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 12:18PM – 1:32PM **Ardra Until 10:10AM**
Yama 9:49AM – 11:03AM **Sadhya Until 6:09PM**
Rahu 2:46PM – 4:01PM **Kaulava Until 3:30PM**
Panchami Until 3:30AM Wed

Ganesha: Yellow *Sunrise:* 7:21AM
Muruqa: White *Sunset:* 5:15PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Porto, Portugal
Sun 4 Sutra 217
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

4

Wednesday, November 16, 2011

Kataka Rasi: 0.26 Tithi 21
745486154
Creative Work Siddha Yoga
Until 6.45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 11:04AM – 12:18PM **Punarvasu Until 11:21AM**
Yama 8:36AM – 9:50AM **Subha Until 5:32PM**
Rahu 12:18PM – 1:32PM **Gara Until 4:08PM**
Shasthi* Until 4:08AM Thu

Ganesha: White *Sunrise:* 7:22AM
Muruqa: White *Sunset:* 5:14PM
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

Porto, Portugal
Sun 5 Sutra 218
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day

5

Thursday, November 17, 2011

Kataka Rasi: 13.25 Tithi 22
745486155
Creative Work Amrita Yoga
Until 12:01PM then Siddha Yoga
Until 6.45PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 9:51AM – 11:04AM **Pushya Until 12:01PM**
Yama 7:23AM – 8:37AM **Sukla Until 4:25PM**
Rahu 1:32PM – 2:46PM **Visti* Until 4:12PM**
Saptami Until 4:12AM Fri

Ganesha: White *Sunrise:* 7:23AM
Muruqa: White *Sunset:* 5:13PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Porto, Portugal
Sun 6 Sutra 219
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day



Friday, November 18, 2011
Retreat Star

Kataka Rasi: 26.43 Tithi 23
745486155
Routine Work Marana Yoga
Until 6.45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 8:38AM – 9:51AM **Aslesha* Until 11:38AM**
Yama 2:45PM – 3:59PM **Brahma Until 2:10PM**
Rahu 11:05AM – 12:18PM **Balava Until 2:53PM**
Ashtami* Until 1:57AM Sat

Ganesha: White *Sunrise:* 7:24AM
Muruqa: White *Sunset:* 5:12PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Porto, Portugal
Sun 7 Sutra 220
Khara 5113
Moon 11 - Phase 29
Ashtami

Devaloka Day

Saturday, November 19, 2011
Retreat Star

Simha Rasi: 10.23 Tithi 24
755486155
Creative Work Amrita Yoga
Until 11:04AM then Marana Yoga
Until 6.45PM then Siddha Yoga


Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 7:25AM – 8:39AM **Magha* Until 11:04AM**
Yama 1:32PM – 2:45PM **Indra Until 12:01PM**
Rahu 9:52AM – 11:05AM **Taitila Until 1:40PM**
Navami* Until 12:45AM Sun

Ganesha: Clear *Sunrise:* 7:25AM
Muruqa: White *Sunset:* 5:12PM
Nataraja: Red
Moon – Red
Karttika•Karttikai

Porto, Portugal
Sun 8 Sutra 221
Khara 5113
Moon 11 - Phase 29
Navami

Sivaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

1	Sunday, November 20, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau	Porto, Portugal
	Simha Rasi: 24.25 Tithi 25 755486155	Gulika 2:45PM – 3:58PM Yama 12:19PM – 1:32PM Rahu 3:58PM – 5:11PM	Sun 9 Sutra 222 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 9:51AM then Amrita Yoga Until 6.46PM then Marana Yoga	Purvaphalguni* Until 9:51AM Vaidhriti* Until 9:16AM Vanija Until 11:46AM Dasami Until 10:50PM	Ganesha: Clear <i>Sunrise:</i> 7:27AM Muruqa: White <i>Sunset:</i> 5:11PM Nataraja: Red Moon – Red Karttika•Karttikai
Sivaloka Day			
2	Monday, November 21, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau	Porto, Portugal
	Kanya Rasi: 8.49 Tithi 26 Family Home Evening 755486155	Gulika 1:32PM – 2:45PM Yama 11:06AM – 12:19PM Rahu 8:41AM – 9:53AM	Sun 10 Sutra 223 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Routine Work Marana Yoga Until 7:53AM then Siddha Yoga	Uttaraphalguni Until 7:53AM Priti Until 1:57AM Tue Bava Until 8:58AM Ekadasi* Until 7:15PM	Ganesha: Clear <i>Sunrise:</i> 7:28AM Muruqa: White <i>Sunset:</i> 5:10PM Nataraja: Red Moon – Red Karttika•Karttikai
Sivaloka Day			
3	Tuesday, November 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Porto, Portugal
	Kanya Rasi: 23.32 Tithi 27 – 28 766486155	Gulika 12:19PM – 1:32PM Yama 9:54AM – 12:07AM Rahu 2:45PM – 3:57PM	Sun 11 Sutra 224 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga	Chitra Until 3:01AM Wed Ayushman Until 10:22PM Kaulava Until 6:03AM Dvadasi* Until 4:20PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 7:29AM Muruqa: White <i>Sunset:</i> 5:10PM Nataraja: Red Moon – Green Karttika•Karttikai
Devaloka Day			
4	Wednesday, November 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Porto, Portugal
	Tula Rasi: 8.28 Tithi 28 – 29 766486155	Gulika 11:07AM – 12:20PM Yama 8:42AM – 9:55AM Rahu 12:20PM – 1:32PM	Sun 12 Sutra 225 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 6.46PM then Amrita Yoga Until 12:28AM Thu then Siddha Yoga	Svati Until 12:28AM Thu Saubhagya Until 6:28PM Visti Until 11:20PM Trayodasi* Until 1:03PM	Ganesha: Clear <i>Sunrise:</i> 7:30AM Muruqa: White <i>Sunset:</i> 5:09PM Nataraja: Red Moon – Green Karttika•Karttikai
Sivaloka Day			
	Thursday, November 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Porto, Portugal
	Retreat Star Tula Rasi: 23.29 Tithi 29 – 30 776486155	Gulika 9:56AM – 11:08AM Yama 7:31AM – 8:43AM Rahu 1:32PM – 2:44PM	Sun 13 Sutra 226 Khara 5113 Moon 11 - Phase 30 Amavasya
	Creative Work Siddha Yoga Until 6.47PM then Marana Yoga Until 9:46PM then Siddha Yoga	Visakha Until 9:46PM Sobhana Until 2:25PM Catuspada Until 7:53PM Chaturdasi* Until 9:36AM	Ganesha: Orange <i>Sunrise:</i> 7:31AM Muruqa: White <i>Sunset:</i> 5:09PM Nataraja: Red Moon – Orange Karttika•Karttikai
Sivaloka Day			
	Friday, November 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau	Porto, Portugal
	Retreat Star Vrischika Rasi: 8.27 Tithi 30 – 1 776486155	Gulika 8:44AM – 9:56AM Yama 2:44PM – 3:56PM Rahu 11:08AM – 12:20PM	Sun 14 Sutra 227 Khara 5113 Moon 11 - Phase 30 Prathama
	Creative Work Siddha Yoga	Anuradha Until 7:09PM Athiganda* Until 10:26AM Bava Until 2:49AM Sat Amavasya* Until 6:14AM	Ganesha: Orange <i>Sunrise:</i> 7:32AM Muruqa: White <i>Sunset:</i> 5:08PM Nataraja: Red Moon – Orange Margasira•Karttikai
Sivaloka Day			

1	Saturday, November 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Porto, Portugal
			Sun 15 Sutra 228 Khara 5113
Vrischika Rasi: 23.14	Tithi 2	Gulika 7:33AM – 8:45AM Yama 1:32PM – 2:44PM Rahu 9:57AM – 11:09AM	Jyeshtha* Until 5:36PM Sukarma Until 6:48AM Balava Until 2:04PM Dvitiya Until 1:09AM Sun
Creative Work Siddha Yoga Until 6.47PM then Amrita Yoga	786486155	Ganesha: Orange <i>Sunrise:</i> 7:33AM Muruqa: White <i>Sunset:</i> 5:08PM Nataraja: Red Moon – Orange Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 3rd Phase


2	Sunday, November 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiya Yam Titau	Porto, Portugal
			Sun 16 Sutra 229 Khara 5113
Dhanus Rasi: 7.42	Tithi 3	Gulika 2:44PM – 3:56PM Yama 12:21PM – 1:32PM Rahu 3:56PM – 5:07PM	Mula* Until 3:39PM Shula* Until 12:42AM Mon Taitila Until 11:23AM Tritiya Until 10:27PM
Creative Work Amrita Yoga Until 3:39PM then Siddha Yoga Until 6.47PM then Marana Yoga	786486155	Ganesha: Clear <i>Sunrise:</i> 7:35AM Muruqa: White <i>Sunset:</i> 5:07PM Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 3rd Phase

3	Monday, November 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chalurthi* Yam Titau	Porto, Portugal
			Sun 17 Sutra 230 Khara 5113
Dhanus Rasi: 21.46	Tithi 4	Gulika 1:33PM – 2:44PM Yama 11:10AM – 12:21PM Rahu 8:47AM – 9:58AM	Purvashadha* Until 2:24PM Ganda* Until 9:54PM Vanija Until 9:25AM Chaturthi* Until 8:30PM
Family Home Evening Routine Work Marana Yoga Until 6.48PM then Prabalarishta Yoga	786486155	Ganesha: Clear <i>Sunrise:</i> 7:36AM Muruqa: White <i>Sunset:</i> 5:07PM Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 3rd Phase

4	Tuesday, November 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau	Porto, Portugal
			Sun 18 Sutra 231 Khara 5113
Makara Rasi: 5.24	Tithi 5	Gulika 12:22PM – 1:33PM Yama 9:59AM – 11:10AM Rahu 2:44PM – 3:55PM	Uttarashadha Until 2:29PM Vriddhi Until 8:47PM Bava Until 8:28AM Panchami Until 8:28PM
Routine Work Prabalarishta Yoga Until 2:29PM then Siddha Yoga	786486155	Ganesha: Clear <i>Sunrise:</i> 7:37AM Muruqa: White <i>Sunset:</i> 5:06PM Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 3rd Phase

5	Wednesday, November 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Porto, Portugal
			Sun 19 Sutra 232 Khara 5113
Makara Rasi: 18.35	Tithi 6	Gulika 11:11AM – 12:22PM Yama 8:49AM – 10:00AM Rahu 12:22PM – 1:33PM	Sravana Until 2:45PM Dhruva Until 7:18PM Kaulava Until 8:07AM Shasthi* Until 8:07PM
Creative Work Siddha Yoga Until 2:45PM then Prabalarishta Yoga Until 6.49PM then Siddha Yoga	797486155	Ganesha: Clear <i>Sunrise:</i> 7:38AM Muruqa: White <i>Sunset:</i> 5:06PM Nataraja: Red Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 3rd Phase

6	Thursday, December 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau	Porto, Portugal
			Sun 20 Sutra 233 Khara 5113
Kumbha Rasi: 1.23	Tithi 7	Gulika 10:01AM – 11:11AM Yama 7:39AM – 8:50AM Rahu 1:33PM – 2:44PM	Dhanishtha Until 4:34PM Vyaghata* Until 7:28PM Gara Until 8:48AM Saptami Until 9:53PM
Creative Work Siddha Yoga Until 4:34PM then Marana Yoga Until 6.49PM then Siddha Yoga	797486155	Ganesha: Clear <i>Sunrise:</i> 7:39AM Muruqa: White <i>Sunset:</i> 5:06PM Nataraja: Red Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 3rd Phase

	Friday, December 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau	Porto, Portugal
	Retreat Star		Sun 21 Sutra 234 Khara 5113
Kumbha Rasi: 13.5	Tithi 8	Gulika 8:51AM – 10:01AM Yama 2:44PM – 3:55PM Rahu 11:12AM – 12:23PM	Satabhisha Until 6:20PM Harshana Until 7:13PM Visti Until 10:02AM Ashtami* Until 11:07PM
Creative Work Siddha Yoga	797486155	Ganesha: Clear <i>Sunrise:</i> 7:40AM Muruqa: White <i>Sunset:</i> 5:05PM Nataraja: Red Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 Ashtami

Saturday, December 3, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau	Porto, Portugal
			Sun 22 Sutra 235 Khara 5113
Kumbha Rasi: 26.01	Tithi 9	Gulika 7:41AM – 8:51AM Yama 1:34PM – 2:44PM Rahu 10:02AM – 11:12AM	Purvaprostapada* Until 8:38PM Vajra* Until 7:28PM Balava Until 11:50AM Navami* Until 12:56AM Sun
Creative Work Siddha Yoga Until 8:38PM then Amrita Yoga	717486155	Ganesha: Yellow <i>Sunrise:</i> 7:41AM Muruqa: White <i>Sunset:</i> 5:05PM Nataraja: Red Moon – Clear Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 Navami

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

1	Sunday, December 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dasami Yam Titau	Porto, Portugal Sun 23 Sutra 236 Khara 5113
	Meena Rasi: 8.01 Tithi 10 717486155	Gulika 2:44PM – 3:55PM Yama 12:23PM – 1:34PM Rahu 3:55PM – 5:05PM	Uttaraprostapada Until 11:18PM Siddhi Until 8:03PM Taitila Until 2:03PM Dasami Until 3:08AM Mon

Creative Work Amrita Yoga
Until 6.50PM then Siddha Yoga

Ganesha: Yellow <i>Sunrise:</i> 7:42AM	Moon 11 - Phase 32 4th Phase
Muruqa: White <i>Sunset:</i> 5:05PM	
Nataraja: Red Moon – Clear	

Sivaloka Day
Margasira-Karttikai

2	Monday, December 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visi* Karana Ekadasi Yam Titau	Porto, Portugal Sun 24 Sutra 237 Khara 5113
	Meena Rasi: 19.54 Tithi 11 Family Home Evening 717496155	Gulika 1:34PM – 2:44PM Yama 11:14AM – 12:24PM Rahu 8:53AM – 10:03AM	Revati Until 2:12AM Tue Vyatipata* Until 8:51PM Vanija Until 4:30PM Ekadasi Until 5:36AM Tue

Creative Work Siddha Yoga

Ganesha: Yellow <i>Sunrise:</i> 7:43AM	Moon 11 - Phase 32 4th Phase
Muruqa: Clear <i>Sunset:</i> 5:05PM	
Nataraja: Red Moon – Clear	

Devaloka Day
Margasira-Karttikai

3	Tuesday, December 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Bava Karana Dvadasi Yam Titau	Porto, Portugal Sun 25 Sutra 238 Khara 5113
	Mesha Rasi: 1.45 Tithi 12 727496155	Gulika 12:24PM – 1:34PM Yama 10:04AM – 11:14AM Rahu 2:45PM – 3:55PM	Asvini Until 5:11AM Wed Variyan Until 9:44PM Bava Until 7:04PM Dvadasi Until 8:30AM Wed

Creative Work Siddha Yoga
Until 6.51PM then Marana Yoga

Ganesha: White <i>Sunrise:</i> 7:44AM	Moon 11 - Phase 32 4th Phase
Muruqa: Clear <i>Sunset:</i> 5:05PM	
Nataraja: Red Moon – White	

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Margasira-Karttikai

4	Wednesday, December 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Porto, Portugal Sun 26 Sutra 239 Khara 5113
	Mesha Rasi: 14 Tithi 12 – 13 728496155	Gulika 11:15AM – 12:25PM Yama 8:55AM – 10:05AM Rahu 12:25PM – 1:35PM	Bharani Until 8:18AM Thu Parigha* Until 10:35PM Kaulava Until 9:36PM Dvadasi Until 8:30AM

Routine Work Marana Yoga
Until 6.51PM then Siddha Yoga
Until 8:18AM Thu then Marana Yoga

Ganesha: Clear <i>Sunrise:</i> 7:45AM	Moon 11 - Phase 32 4th Phase
Muruqa: Clear <i>Sunset:</i> 5:05PM	
Nataraja: Red Moon – White	

Devaloka Day
Margasira-Karttikai
Pradosha Vrata

5	Thursday, December 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Porto, Portugal Sun 27 Sutra 240 Khara 5113
	Mesha Rasi: 25.31 Tithi 13 – 14 728596155	Gulika 10:05AM – 11:15AM Yama 7:46AM – 8:55AM Rahu 1:35PM – 2:45PM	Bharani Until 8:18AM Shiva Until 11:19PM Gara Until 11:59PM Trayodasi Until 10:54AM

Creative Work Siddha Yoga
Until 8:18AM then Marana Yoga
Until 6.52PM then Siddha Yoga

Ganesha: White <i>Sunrise:</i> 7:46AM	Moon 11 - Phase 32 4th Phase
Muruqa: Clear <i>Sunset:</i> 5:05PM	
Nataraja: Red Moon – White	

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Margasira-Karttikai

Krittika Deepam

○	Friday, December 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visi* Karana Chaturdasi*/Purnima* Yam Titau	Porto, Portugal Sutra 241 Khara 5113
	Copper Retreat Star Vrishabha Rasi: 7.33 Tithi 14 – 15 728596155	Gulika 8:56AM – 10:06AM Yama 2:45PM – 3:55PM Rahu 11:16AM – 12:26PM	Krittika Until 10:54AM Siddha Until 11:51PM Visi Until 2:08AM Sat Chaturdasi* Until 1:03PM

Creative Work Siddha Yoga
Until 10:54AM then Marana Yoga
Until 6.52PM then Amrita Yoga

Ganesha: White <i>Sunrise:</i> 7:47AM	Moon 11 - Phase 32 Purnima
Muruqa: Clear <i>Sunset:</i> 5:05PM	
Nataraja: Red Moon – White	

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Margasira-Karttikai

Sivalaya Deepam

○	Saturday, December 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Porto, Portugal Sutra 242 Khara 5113
	Silver Retreat Star Vrishabha Rasi: 19.44 Tithi 15 – 16 738596155	Gulika 7:47AM – 8:57AM Yama 1:36PM – 2:45PM Rahu 10:07AM – 11:16AM	Rohini Until 1:12PM Sadhya Until 12:06AM Sun Balava Until 3:57AM Sun Purnima* Until 2:52PM

Creative Work Amrita Yoga
Until 1:12PM then Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 7:47AM	Moon 11 - Phase 32 Prathama
Muruqa: Clear <i>Sunset:</i> 5:05PM	
Nataraja: Red Moon – Yellow	

Devaloka Day
Margasira-Karttikai

Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛṣṇa Yajur Veda, Kathau 2.2.12. UpR, 640



Sunday, December 11, 2011
Gold Retreat Star

Mithuna Rasi: 2.06 Tithi 16 – 17
738596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 2:46PM – 3:55PM
Yama 12:27PM – 1:36PM
Rahu 3:55PM – 5:05PM
Mrigasira Until 2:26PM
Subha Until 10:44PM
Taitila Until 3:26AM Mon
Prathama* Until 3:26PM

Ganesha: Clear *Sunrise: 7:48AM*
Muruqa: Clear *Sunset: 5:05PM*
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Porto, Portugal
Sutra 243
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

1

Monday, December 12, 2011

Mithuna Rasi: 14.4 Tithi 17 – 18
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 3:51PM then Amrita Yoga
Until 6:54PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 1:36PM – 2:46PM
Yama 11:17AM – 12:27PM
Rahu 8:59AM – 10:08AM
Ardra Until 3:51PM
Sukla Until 10:18PM
Vanija Until 4:20AM Tue
Dvitiya Until 4:20PM

Ganesha: Clear *Sunrise: 7:49AM*
Muruqa: Clear *Sunset: 5:05PM*
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Porto, Portugal
Sun 1 Sutra 244
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

2

Tuesday, December 13, 2011

Mithuna Rasi: 27.27 Tithi 18 – 19
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 12:27PM – 1:37PM
Yama 10:09AM – 11:18AM
Rahu 2:46PM – 3:56PM
Punarvasu Until 4:52PM
Brahma Until 9:30PM
Bava Until 4:48AM Wed
Tritiya Until 4:48PM

Ganesha: Clear *Sunrise: 7:50AM*
Muruqa: Clear *Sunset: 5:05PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Porto, Portugal
Sun 2 Sutra 245
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

3

Wednesday, December 14, 2011

Kataka Rasi: 10.27 Tithi 19 – 20
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Aslesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 11:19AM – 12:28PM
Yama 9:00AM – 10:09AM
Rahu 12:28PM – 1:37PM
Pushya Until 5:29PM
Indra Until 8:19PM
Kaulava Until 4:50AM Thu
Chaturthi* Until 4:50PM

Ganesha: Clear *Sunrise: 7:51AM*
Muruqa: Clear *Sunset: 5:05PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Porto, Portugal
Sun 3 Sutra 246
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

4

Thursday, December 15, 2011

Kataka Rasi: 23.4 Tithi 20 – 21
749596155
Creative Work Siddha Yoga
Until 5:41PM then Amrita Yoga
Until 6:55PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha*/Magha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:10AM – 11:19AM
Yama 7:51AM – 9:01AM
Rahu 1:38PM – 2:47PM
Aslesha* Until 5:41PM
Vaidhriti* Until 6:46PM
Gara Until 4:25AM Fri
Panchami Until 4:25PM

Ganesha: Clear *Sunrise: 7:51AM*
Muruqa: Clear *Sunset: 5:06PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Porto, Portugal
Sun 4 Sutra 247
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

5

Friday, December 16, 2011

Simha Rasi: 7.07 Tithi 21 – 22
759596155
Routine Work Marana Yoga
Until 4:39PM then Siddha Yoga
Until 6:55PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Vishkamba*/Priti Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 9:01AM – 10:10AM
Yama 2:47PM – 3:57PM
Rahu 11:20AM – 12:29PM
Magha* Until 4:39PM
Vishkamba* Until 4:06PM
Visti Until 1:53AM Sat
Shasthi* Until 2:49PM

Ganesha: White *Sunrise: 7:52AM*
Muruqa: Clear *Sunset: 5:06PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Porto, Portugal
Sun 5 Sutra 248
Khara 5113
Moon 12 - Phase 33
1st Phase

Sivaloka Day

Retreat Star

Saturday, December 17, 2011

Simha Rasi: 20.48 Tithi 22 – 23
859596155
Routine Work Marana Yoga
Until 6:56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlami* Yam Titau
Gulika 7:53AM – 9:02AM
Yama 1:39PM – 2:48PM
Rahu 10:11AM – 11:20AM
Purvaphalguni* Until 4:03PM
Priti Until 1:55PM
Balava Until 12:40AM Sun
Saptami Until 1:35PM

Ganesha: Clear *Sunrise: 7:53AM*
Muruqa: Clear *Sunset: 5:06PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Porto, Portugal
Sun 6 Sutra 249
Khara 5113
Moon 12 - Phase 33
Ashtami

Devaloka Day

Sunday, December 18, 2011

Retreat Star

Kanya Rasi: 4.43 Tithi 23 – 24
859596155
Creative Work Amrita Yoga
Until 6:56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni*/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 2:48PM – 3:57PM
Yama 12:30PM – 1:39PM
Rahu 3:57PM – 5:07PM
Uttaraphalguni Until 3:04PM
Ayushman Until 11:22AM
Taitila Until 11:01PM
Ashtami* Until 11:57AM

Ganesha: Clear *Sunrise: 7:53AM*
Muruqa: Clear *Sunset: 5:07PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Porto, Portugal
Sun 7 Sutra 250
Khara 5113
Moon 12 - Phase 33
Navami

Devaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718


1	Monday, December 19, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Porto, Portugal
			Sun 8 Sutra 251 Khara 5113
Kanya Rasi: 18.51	Tithi 24 – 25	Gulika 1:40PM – 2:49PM	Hasta Until 1:41PM
Family Home Evening	869596155	Yama 11:21AM – 12:30PM	Saubhagya Until 8:27AM
Creative Work	Siddha Yoga	Rahu 9:03AM – 10:12AM	Vanija Until 8:57PM
Until 1:41PM then Prabalarishta Yoga			Navami* Until 9:53AM
Until 6:57PM then Siddha Yoga			Ganesha: White <i>Sunrise: 7:54AM</i>
			Muruqa: Clear <i>Sunset: 5:07PM</i>
			Nataraja: Red
			Moon – Green
			Margasira-Markali
			Sivaloka Day

2	Tuesday, December 20, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Porto, Portugal
			Sun 9 Sutra 252 Khara 5113
Tula Rasi: 3.11	Tithi 25 – 26	Gulika 12:31PM – 1:40PM	Chitra Until 11:58AM
Family Home Evening	869596155	Yama 10:13AM – 11:22AM	Athiganda* Until 1:16AM Wed
Creative Work	Siddha Yoga	Rahu 2:49PM – 3:58PM	Bava Until 6:31PM
Until 1:41PM then Prabalarishta Yoga			Dasami Until 7:27AM
Until 6:57PM then Siddha Yoga			Ganesha: White <i>Sunrise: 7:55AM</i>
			Muruqa: Clear <i>Sunset: 5:07PM</i>
			Nataraja: Red
			Moon – Green
			Margasira-Markali
			Sivaloka Day

3	Wednesday, December 21, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Porto, Portugal
			Sun 10 Sutra 253 Khara 5113
Tula Rasi: 17.41	Tithi 27	Gulika 11:22AM – 12:31PM	Svati Until 9:43AM
Family Home Evening	861596155	Yama 9:04AM – 10:13AM	Sukarma Until 10:00PM
Creative Work	Siddha Yoga	Rahu 12:31PM – 1:41PM	Kaulava Until 3:06PM
Until 1:41PM then Prabalarishta Yoga			Dvadasi* Until 1:23AM Thu
Until 6:57PM then Siddha Yoga			Ganesha: White <i>Sunrise: 7:55AM</i>
			Muruqa: Clear <i>Sunset: 5:08PM</i>
			Nataraja: Red
			Moon – Green
			Margasira-Markali
			Sivaloka Day

4	Thursday, December 22, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Porto, Portugal
			Sun 11 Sutra 254 Khara 5113
Vrischika Rasi: 2.16	Tithi 28	Gulika 10:14AM – 11:23AM	Visakha Until 7:43AM
Family Home Evening	871596155	Yama 7:56AM – 9:05AM	Dhriti Until 6:36PM
Creative Work	Siddha Yoga	Rahu 1:41PM – 2:50PM	Gara Until 12:25PM
Until 1:41PM then Prabalarishta Yoga			Trayodasi* Until 10:42PM
Until 6:57PM then Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>
			Ganesha: Yellow <i>Sunrise: 7:56AM</i>
			Muruqa: Clear <i>Sunset: 5:08PM</i>
			Nataraja: Red
			Moon – Orange
			Margasira-Markali
			Devaloka Day

5	Friday, December 23, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Porto, Portugal
			Sun 12 Sutra 255 Khara 5113
Vrischika Rasi: 16.5	Tithi 29	Gulika 9:05AM – 10:14AM	Jyeshtha* Until 4:34AM Sat
Family Home Evening	871596155	Yama 2:51PM – 4:00PM	Shula* Until 3:49PM
Creative Work	Prabalarishta Yoga	Rahu 11:23AM – 12:32PM	Visti Until 10:02AM
Until 6:59PM then Siddha Yoga			Chaturdasi* Until 9:06PM
Until 6:59PM then Siddha Yoga			Ganesha: Yellow <i>Sunrise: 7:56AM</i>
			Muruqa: Clear <i>Sunset: 5:09PM</i>
			Nataraja: Red
			Moon – Orange
			Margasira-Markali
			Devaloka Day

	Saturday, December 24, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Porto, Portugal
	Retreat Star		Sun 13 Sutra 256 Khara 5113
Dhanus Rasi: 1.19	Tithi 30	Gulika 7:56AM – 9:06AM	Mula* Until 2:36AM Sun
Family Home Evening	881596155	Yama 1:42PM – 2:51PM	Ganda* Until 12:22PM
Creative Work	Siddha Yoga	Rahu 10:15AM – 11:24AM	Catuspada Until 7:21AM
Until 6:59PM then Amrita Yoga			Amavasya* Until 6:25PM
Until 2:36AM Sun then Siddha Yoga			Ganesha: Red <i>Sunrise: 7:56AM</i>
			Muruqa: Clear <i>Sunset: 5:09PM</i>
			Nataraja: Red
			Moon – Light Blue
			Margasira-Markali
			Devaloka Day

Retreat Star	Sunday, December 25, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Porto, Portugal
			Sun 14 Sutra 257 Khara 5113
Dhanus Rasi: 15.35	Tithi 1 – 2	Gulika 2:52PM – 4:01PM	Purvashadha* Until 1:00AM Mon
Family Home Evening	881596155	Yama 12:33PM – 1:43PM	Vridhhi Until 9:15AM
Creative Work	Siddha Yoga	Rahu 4:01PM – 5:10PM	Balava Until 3:12AM Mon
Until 7:00PM then Marana Yoga			Prathama* Until 4:07PM
Until 7:00PM then Marana Yoga			Ganesha: Red <i>Sunrise: 7:57AM</i>
			Muruqa: Clear <i>Sunset: 5:10PM</i>
			Nataraja: Red
			Moon – Light Blue
			Pausha-Markali
			Devaloka Day

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

1	Monday, December 26, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Porto, Portugal
	Dhanu Rasi: 29.33 Tithi 2 – 3 Family Home Evening 881596156 Routine Work Marana Yoga Until 7.00PM then Prabalarishta Yoga Until 11:55PM then Siddha Yoga	Gulika 1:43PM – 2:52PM Yama 11:25AM – 12:34PM Rahu 9:06AM – 10:16AM	Uttarashadha Until 11:55PM Dhruva Until 6:35AM Taitila Until 1:26AM Tue Dvitiya Until 2:21PM	Ganesha: Red <i>Sunrise:</i> 7:57AM Muruqa: Clear <i>Sunset:</i> 5:11PM Nataraja: Yellow Moon – Light Blue Pausha-Markali

2	Tuesday, December 27, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sraavana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Porto, Portugal
	Makara Rasi: 13.1 Tithi 3 – 4 Creative Work Siddha Yoga Until 12:46AM Wed then Prabalarishta Yog	Gulika 12:34PM – 1:44PM Yama 10:16AM – 11:25AM Rahu 2:53PM – 4:02PM	Sraavana Until 12:46AM Wed Harshana Until 3:15AM Wed Vanija Until 1:51AM Wed Tritiya Until 1:51PM	Ganesha: Yellow <i>Sunrise:</i> 7:58AM Muruqa: Clear <i>Sunset:</i> 5:11PM Nataraja: Yellow Moon – Purple Pausha-Markali


3	Wednesday, December 28, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Porto, Portugal
	Makara Rasi: 26.25 Tithi 4 – 5 Routine Work Prabalarishta Yoga Until 7.01PM then Siddha Yoga Until 12:57AM Thu then Marana Yoga	Gulika 11:26AM – 12:35PM Yama 9:07AM – 10:16AM Rahu 12:35PM – 1:44PM	Dhanishtha Until 12:57AM Thu Vajra* Until 1:41AM Thu Bava Until 1:25AM Thu Chaturthi* Until 1:25PM	Ganesha: Yellow <i>Sunrise:</i> 7:58AM Muruqa: Clear <i>Sunset:</i> 5:12PM Nataraja: Yellow Moon – Purple Pausha-Markali

4	Thursday, December 29, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Porto, Portugal
	Kumbha Rasi: 9.16 Tithi 5 – 6 Routine Work Marana Yoga Until 7.02PM then Siddha Yoga	Gulika 10:17AM – 11:26AM Yama 7:58AM – 9:07AM Rahu 1:45PM – 2:54PM	Satabhisha Until 1:49AM Fri Siddhi Until 12:44AM Fri Kaulava Until 1:44AM Fri Panchami Until 1:44PM	Ganesha: Yellow <i>Sunrise:</i> 7:58AM Muruqa: Clear <i>Sunset:</i> 5:13PM Nataraja: Yellow Moon – Purple Pausha-Markali

5	Friday, December 30, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Porto, Portugal
	Kumbha Rasi: 21.47 Tithi 6 – 7 Creative Work Siddha Yoga	Gulika 9:08AM – 10:17AM Yama 2:55PM – 4:04PM Rahu 11:27AM – 12:36PM	Purvaprostapada* Until 5:05AM Sat Vyatipata* Until 1:48AM Sat Gara Until 4:37AM Sat Shasthi* Until 3:31PM	Ganesha: Yellow <i>Sunrise:</i> 7:58AM Muruqa: Clear <i>Sunset:</i> 5:14PM Nataraja: Yellow Moon – Clear Pausha-Markali

Vinayaga Viratam Ends

6	Saturday, December 31, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Porto, Portugal
	Meena Rasi: 4.02 Tithi 7 – 8 Creative Work Siddha Yoga Until 7.03PM then Amrita Yoga	Gulika 7:59AM – 9:08AM Yama 1:46PM – 2:55PM Rahu 10:18AM – 11:27AM	Uttaraprostapada Until 7:13AM Sun Variyan Until 1:56AM Sun Visti Until 6:18AM Sun Saptami Until 5:13PM	Ganesha: Blue <i>Sunrise:</i> 7:59AM Muruqa: Clear <i>Sunset:</i> 5:14PM Nataraja: Yellow Moon – Clear Pausha-Markali

	Sunday, January 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau		Porto, Portugal
	Meena Rasi: 16.04 Tithi 8 Creative Work Amrita Yoga Until 7.04PM then Siddha Yoga	Gulika 2:57PM – 4:06PM Yama 12:37PM – 1:47PM Rahu 4:06PM – 5:16PM	Uttaraprostapada Until 7:13AM Parigha* Until 2:27AM Mon Visti Until 6:17AM Ashtami* Until 7:23PM	Ganesha: Blue <i>Sunrise:</i> 7:59AM Muruqa: Clear <i>Sunset:</i> 5:16PM Nataraja: Yellow Moon – Clear Pausha-Markali

Monday, January 2, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau		Porto, Portugal
	Meena Rasi: 27.57 Tithi 9 Family Home Evening 812696156 Creative Work Siddha Yoga	Gulika 1:48PM – 2:57PM Yama 11:28AM – 12:38PM Rahu 9:09AM – 10:18AM	Revati Until 10:06AM Shiva Until 3:14AM Tue Balava Until 8:45AM Navami* Until 9:50PM	Ganesha: Yellow <i>Sunrise:</i> 7:59AM Muruqa: Clear <i>Sunset:</i> 5:17PM Nataraja: Yellow Moon – Clear Pausha-Markali

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

1	Tuesday, January 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dasami Yam Titau	Porto, Portugal Sun 23 Sutra 266 Khara 5113
	Mesha Rasi: 9.47 Tithi 10 822696156	Gulika 12:38PM – 1:48PM Yama 10:19AM – 11:28AM Rahu 2:58PM – 4:08PM	Asvini Until 1:05PM Siddha Until 4:07AM Wed Taitila Until 11:20AM Dasami Until 12:25AM Wed

Creative Work Siddha Yoga
Until 7.05PM then Marana Yoga

Ganesha: White <i>Sunrise:</i> 7:59AM	Muruqa: Clear <i>Sunset:</i> 5:18PM	Moon 12 - Phase 36 4th Phase
Nataraja: Yellow Moon – White	Pausha-Markali	Sivaloka Day

2	Wednesday, January 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Porto, Portugal Sun 24 Sutra 267 Khara 5113
	Mesha Rasi: 21.38 Tithi 11 822696156	Gulika 11:29AM – 12:39PM Yama 9:09AM – 10:19AM Rahu 12:39PM – 1:49PM	Bharani Until 4:03PM Sadhya Until 4:58AM Thu Vanija Until 1:52PM Ekadasi Until 2:58AM Thu

Routine Work Marana Yoga
Until 4:03PM then Amrita Yoga
Until 7.05PM then Marana Yoga

Ganesha: White <i>Sunrise:</i> 7:59AM	Muruqa: Clear <i>Sunset:</i> 5:19PM	Moon 12 - Phase 36 4th Phase
Nataraja: Yellow Moon – White	Pausha-Markali	Sivaloka Day

3	Thursday, January 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Subha Yoga Bava/Balava Karana Dvadasi Yam Titau	Porto, Portugal Sun 25 Sutra 268 Khara 5113
	Mrishabha Rasi: 4 Tithi 12 822696156	Gulika 10:19AM – 11:29AM Yama 7:59AM – 9:09AM Rahu 1:49PM – 2:59PM	Krittika Until 6:48PM Subha Until 5:38AM Fri Bava Until 4:12PM Dvadasi Until 5:17AM Fri

Routine Work Marana Yoga

Ganesha: White <i>Sunrise:</i> 7:59AM	Muruqa: Clear <i>Sunset:</i> 5:20PM	Moon 12 - Phase 36 4th Phase
Nataraja: Yellow Moon – White	Pausha-Markali	Sivaloka Day

4	Friday, January 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Porto, Portugal Sun 26 Sutra 269 Khara 5113
	Mrishabha Rasi: 15.43 Tithi 13 832696156	Gulika 9:09AM – 10:19AM Yama 3:00PM – 4:10PM Rahu 11:29AM – 12:40PM	Rohini Until 9:14PM Sukla Until 6:00AM Sat Kaulava Until 6:10PM Trayodasi Until 6:30AM Sat <i>Pradosha Vrata</i>

Routine Work Marana Yoga
Until 7.06PM then Amrita Yoga
Until 9.14PM then Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 7:59AM	Muruqa: Clear <i>Sunset:</i> 5:21PM	Moon 12 - Phase 36 4th Phase
Nataraja: Yellow Moon – Yellow	Pausha-Markali	Devaloka Day

5	Saturday, January 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Brahma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Porto, Portugal Sun 27 Sutra 270 Khara 5113
	Mrishabha Rasi: 28.04 Tithi 13 – 14 832696156	Gulika 7:59AM – 9:09AM Yama 1:50PM – 3:01PM Rahu 10:19AM – 11:30AM	Mrigasira Until 9:54PM Brahma Until 4:14AM Sun Gara Until 6:30PM Trayodasi Until 6:30AM

Creative Work Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 7:59AM	Muruqa: Clear <i>Sunset:</i> 5:22PM	Moon 12 - Phase 36 4th Phase
Nataraja: Yellow Moon – Yellow	Pausha-Markali	Devaloka Day

○	Sunday, January 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Porto, Portugal Sutra 271 Khara 5113
	Copper Retreat Star Mithuna Rasi: 10.4 Tithi 14 – 15 832696156	Gulika 3:02PM – 4:12PM Yama 12:41PM – 1:51PM Rahu 4:12PM – 5:23PM	Ardra Until 11:14PM Indra Until 3:43AM Mon Visti Until 7:19PM Chaturdasi* Until 7:19AM

Creative Work Siddha Yoga
Until 11:14PM then Amrita Yoga

Tiruvembavai

Ganesha: Clear <i>Sunrise:</i> 7:59AM	Muruqa: Clear <i>Sunset:</i> 5:23PM	Moon 12 - Phase 36 Purnima
Nataraja: Yellow Moon – Yellow	Pausha-Markali	Devaloka Day

○	Monday, January 9, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Porto, Portugal Sutra 272 Khara 5113
	Silver Retreat Star Mithuna Rasi: 23.34 Tithi 15 – 16 842696156	Gulika 1:52PM – 3:02PM Yama 11:30AM – 12:41PM Rahu 9:09AM – 10:20AM	Punarvasu Until 12:02AM Tue Vaidhriti* Until 2:43AM Tue Balava Until 7:33PM Purnima* Until 7:33AM

Creative Work Amrita Yoga
Until 7.07PM then Siddha Yoga

Ganesha: Purple <i>Sunrise:</i> 7:58AM	Muruqa: Clear <i>Sunset:</i> 5:24PM	Moon 12 - Phase 36 Prathama
Nataraja: Yellow Moon – Blue	Pausha-Markali	Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 6.45 Tithi 16 – 17
842696156

Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Porto, Portugal
Sutra 273
Khara 5113

Gulika 12:41PM – 1:52PM
Yama 10:20AM – 11:31AM
Rahu 3:03PM – 4:14PM

Pushya Until 12:18AM Wed
Vishkambha* Until 1:14AM Wed
Taitila Until 7:14PM
Prathama* Until 7:14AM

Ganesha: Purple *Sunrise: 7:58AM*
Muruqa: Clear *Sunset: 5:25PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Sivaloka Day

Moon 13 - Phase 37
1st Phase

1

Wednesday, January 11, 2012

Kataka Rasi: 20.11 Tithi 17 – 18
842696156

Creative Work Siddha Yoga
Until 10:49PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Priti Yoga Gara/Visti* Karana Dvitiya/Tritiya Yam Titau

Porto, Portugal
Sun 1 Sutra 274
Khara 5113

Gulika 11:31AM – 12:42PM
Yama 9:09AM – 10:20AM
Rahu 12:42PM – 1:53PM

Aslesha* Until 10:49PM
Priti Until 10:08PM
Visti Until 4:30AM Thu
Dvitiya Until 6:21AM

Ganesha: Purple *Sunrise: 7:58AM*
Muruqa: Clear *Sunset: 5:26PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Sivaloka Day

Moon 13 - Phase 37
1st Phase

2

Thursday, January 12, 2012

Simha Rasi: 3.51 Tithi 19
852696156

Creative Work Amrita Yoga
Until 7:08PM then Marana Yoga
Until 10:15PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthi* Yam Titau

Porto, Portugal
Sun 2 Sutra 275
Khara 5113

Gulika 10:20AM – 11:31AM
Yama 7:58AM – 9:09AM
Rahu 1:53PM – 3:04PM

Magha* Until 10:15PM
Ayushman Until 8:00PM
Bava Until 4:15PM
Chaturthi* Until 3:20AM Fri

Ganesha: Clear *Sunrise: 7:58AM*
Muruqa: Clear *Sunset: 5:27PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Devaloka Day

Moon 13 - Phase 37
1st Phase

3

Friday, January 13, 2012

Simha Rasi: 17.4 Tithi 20
852696156

Creative Work Siddha Yoga
Until 7:09PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchami Yam Titau

Porto, Portugal
Sun 3 Sutra 276
Khara 5113

Gulika 9:09AM – 10:20AM
Yama 3:05PM – 4:17PM
Rahu 11:31AM – 12:43PM

Purvaphalguni* Until 9:25PM
Saubhagya Until 5:35PM
Kaulava Until 2:46PM
Panchami Until 1:50AM Sat

Ganesha: Clear *Sunrise: 7:57AM*
Muruqa: Clear *Sunset: 5:28PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Devaloka Day

Moon 13 - Phase 37
1st Phase

4

Saturday, January 14, 2012

Kanya Rasi: 1.37 Tithi 21
853696156

Routine Work Marana Yoga
Until 7:09PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Porto, Portugal
Sun 4 Sutra 277
Khara 5113

Gulika 7:57AM – 9:08AM
Yama 1:54PM – 3:06PM
Rahu 10:20AM – 11:31AM

Uttaraphalguni Until 8:22PM
Sobhana Until 2:58PM
Gara Until 1:04PM
Shasthi* Until 12:08AM Sun

Ganesha: Purple *Sunrise: 7:57AM*
Muruqa: Clear *Sunset: 5:29PM*
Nataraja: Yellow
Moon – Red
Pausha-Thai

Thai Pongal

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 13 - Phase 37
1st Phase

5

Sunday, January 15, 2012

Kanya Rasi: 15.38 Tithi 22
863696156

Creative Work Amrita Yoga
Until 7:10PM then Siddha Yoga
Until 7:11PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptami Yam Titau

Porto, Portugal
Sun 5 Sutra 278
Khara 5113

Gulika 3:07PM – 4:18PM
Yama 12:43PM – 1:55PM
Rahu 4:18PM – 5:30PM

Hasta Until 7:11PM
Athiganda* Until 12:14PM
Visti Until 11:12AM
Saptami Until 10:17PM

Ganesha: Clear *Sunrise: 7:56AM*
Muruqa: Clear *Sunset: 5:30PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Devaloka Day

Moon 13 - Phase 37
1st Phase



Monday, January 16, 2012
Retreat Star

Kanya Rasi: 29.43 Tithi 23
863696156

Family Home Evening
Routine Work Prabalarishta Yoga
Until 5:55PM then Amrita Yoga
Until 7:10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Porto, Portugal
Sun 6 Sutra 279
Khara 5113

Gulika 1:56PM – 3:07PM
Yama 11:32AM – 12:44PM
Rahu 9:08AM – 10:20AM

Chitra Until 5:55PM
Sukarma Until 9:25AM
Balava Until 9:15AM
Ashtami* Until 8:19PM

Ganesha: Clear *Sunrise: 7:56AM*
Muruqa: Clear *Sunset: 5:31PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Devaloka Day

Moon 13 - Phase 37
Ashtami

Tuesday, January 17, 2012
Retreat Star

Tula Rasi: 13.5 Tithi 24
863696156

Creative Work Siddha Yoga
Until 4:34PM then Marana Yoga
Until 7:10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navami* Yam Titau

Porto, Portugal
Sun 7 Sutra 280
Khara 5113

Gulika 12:44PM – 1:56PM
Yama 10:20AM – 11:32AM
Rahu 3:08PM – 4:20PM

Svati Until 4:34PM
Dhriti Until 6:32AM
Taitila Until 7:13AM
Navami* Until 6:18PM

Ganesha: Clear *Sunrise: 7:55AM*
Muruqa: Clear *Sunset: 5:32PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Devaloka Day


Moon 13 - Phase 37
Navami

1 Wednesday, January 18, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Porto, Portugal
 Visakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau Sun 8 Sutra 281
 Khara 5113
 Tula Rasi: 27.58 Tithi 25 – 26 873696156
Gulika 11:32AM – 12:44PM **Visakha** Until 3:12PM **Ganesha:** White *Sunrise:* 7:55AM
Yama 9:07AM – 10:20AM Ganda* Until 12:58AM Thu **Muruqa:** Clear *Sunset:* 5:34PM Moon 13 - Phase 38
Rahu 12:44PM – 1:57PM Bava Until 3:19AM Thu **Nataraja:** Yellow
 Moon – Orange
Pausha*Thai
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

2 Thursday, January 19, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Porto, Portugal
 Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau Sun 9 Sutra 282
 Khara 5113
 Vrischika Rasi: 12.06 Tithi 26 – 27 873696156
Gulika 10:19AM – 11:32AM **Anuradha** Until 1:50PM **Ganesha:** White *Sunrise:* 7:54AM
Yama 7:54AM – 9:07AM Vriddhi Until 10:03PM **Muruqa:** Clear *Sunset:* 5:35PM Moon 13 - Phase 38
Rahu 1:57PM – 3:10PM Kaulava Until 1:16AM Fri **Nataraja:** Yellow
 Moon – Orange
Pausha*Thai
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

3 Friday, January 20, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Porto, Portugal
 Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau Sun 10 Sutra 283
 Khara 5113
 Vrischika Rasi: 26.11 Tithi 27 – 28 873696156
Gulika 9:07AM – 10:19AM **Jyeshtha*** Until 12:32PM **Ganesha:** White *Sunrise:* 7:54AM
Yama 3:10PM – 4:23PM Dhruva Until 7:13PM **Muruqa:** Clear *Sunset:* 5:36PM Moon 13 - Phase 38
Rahu 11:32AM – 12:45PM Gara Until 11:16PM **Nataraja:** Yellow
 Moon – Orange
Pausha*Thai
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
Pradosha Vrata (Fasting)

4 Saturday, January 21, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Porto, Portugal
 Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau Sun 11 Sutra 284
 Khara 5113
 Dhanus Rasi: 10.12 Tithi 28 – 29 883696156
Gulika 7:53AM – 9:06AM **Mula*** Until 11:22AM **Ganesha:** Green *Sunrise:* 7:53AM
Yama 1:58PM – 3:11PM Vyaghata* Until 4:30PM **Muruqa:** Clear *Sunset:* 5:37PM Moon 13 - Phase 38
Rahu 10:19AM – 11:32AM Visti Until 9:27PM **Nataraja:** Yellow
 Moon – Light Blue
Pausha*Thai
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

 **Sunday, January 22, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Porto, Portugal
 Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau Sun 12 Sutra 285
 Khara 5113
 Dhanus Rasi: 24.04 Tithi 29 – 30 883696156
Gulika 3:12PM – 4:25PM **Purvashadha*** Until 10:28AM **Ganesha:** Green *Sunrise:* 7:52AM
Yama 12:45PM – 1:59PM Harshana Until 2:01PM **Muruqa:** Clear *Sunset:* 5:38PM Moon 13 - Phase 38
Rahu 4:25PM – 5:38PM Catuspada Until 7:53PM **Nataraja:** Yellow
 Moon – Light Blue
Pausha*Thai
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
Retreat Star
 Amavasya

Monday, January 23, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Porto, Portugal
 Uttarashadha/Sravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau Sun 13 Sutra 286
 Khara 5113
 Makara Rasi: 7.44 Tithi 30 – 1 883696156
Gulika 1:59PM – 3:13PM **Uttarashadha** Until 10:12AM **Ganesha:** Green *Sunrise:* 7:52AM
Yama 11:32AM – 12:46PM Vajra* Until 12:18PM **Muruqa:** Clear *Sunset:* 5:40PM Moon 13 - Phase 38
Rahu 9:05AM – 10:19AM Kintughna Until 7:45PM **Nataraja:** Yellow
 Moon – Light Blue
Magha*Thai
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
Retreat Star
 Prathama
Family Home Evening
 Routine Work Marana Yoga
 Until 10:12AM then Amrita Yoga
 Until 7:12PM then Siddha Yoga

1	Tuesday, January 24, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau				Porto, Portugal
	Makara Rasi: 21.08 Tithi 1 – 2 893696156	Gulika 12:46PM – 2:00PM Yama 10:19AM – 11:32AM Rahu 3:13PM – 4:27PM	Sravana Until 10:04AM Siddhi Until 10:26AM Balava Until 6:59PM Prathama* Until 6:59AM	Ganesha: White Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	<i>Sunrise:</i> 7:51AM <i>Sunset:</i> 5:41PM	Sun 14 Sutra 287 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga Until 10:04AM then Marana Yoga Until 7:12PM then Prabalarishta Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				


2	Wednesday, January 25, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan/Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau				Porto, Portugal
	Kumbha Rasi: 4.14 Tithi 2 – 3 993696156	Gulika 11:32AM – 12:46PM Yama 9:04AM – 10:18AM Rahu 12:46PM – 2:00PM	Dhanishtha Until 10:28AM Vyatipata* Until 9:04AM Taitila Until 6:47PM Dvitiya Until 6:47AM	Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	<i>Sunrise:</i> 7:50AM <i>Sunset:</i> 5:42PM	Sun 15 Sutra 288 Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work Prabalarishta Yoga Until 10:28AM then Siddha Yoga Until 7:12PM then Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				

3	Thursday, January 26, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau				Porto, Portugal
	Kumbha Rasi: 17.03 Tithi 3 – 4 993696156	Gulika 10:18AM – 11:32AM Yama 7:49AM – 9:04AM Rahu 2:01PM – 3:15PM	Satabhisha Until 11:27AM Variyan Until 8:13AM Vanija Until 8:24PM Tritiya Until 7:19AM	Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	<i>Sunrise:</i> 7:49AM <i>Sunset:</i> 5:43PM	Sun 16 Sutra 289 Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work Marana Yoga Until 11:27AM then Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				

4	Friday, January 27, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Porto, Portugal
	Kumbha Rasi: 29.34 Tithi 4 – 5 913796156	Gulika 9:03AM – 10:18AM Yama 3:16PM – 4:30PM Rahu 11:32AM – 12:47PM	Purvaprostapada* Until 1:32PM Parigha* Until 8:02AM Bava Until 9:30PM Chaturthi* Until 8:25AM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	<i>Sunrise:</i> 7:49AM <i>Sunset:</i> 5:43PM	Sun 17 Sutra 290 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga		Sivaloka Day				

5	Saturday, January 28, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Porto, Portugal
	Meena Rasi: 11.49 Tithi 5 – 6 914796156	Gulika 7:48AM – 9:03AM Yama 2:02PM – 3:16PM Rahu 10:17AM – 11:32AM	Uttaraprostapada Until 3:42PM Shiva Until 8:09AM Kaulava Until 11:11PM Panchami Until 10:05AM	Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	<i>Sunrise:</i> 7:48AM <i>Sunset:</i> 5:46PM	Sun 18 Sutra 291 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga Until 3:42PM then Prabalarishta Yoga Until 7:13PM then Amrita Yoga		Devaloka Day				

6	Sunday, January 29, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Porto, Portugal
	Meena Rasi: 23.51 Tithi 6 – 7 914796156	Gulika 3:17PM – 4:32PM Yama 12:47PM – 2:02PM Rahu 4:32PM – 5:47PM	Revati Until 6:18PM Siddha Until 8:40AM Gara Until 1:19AM Mon Shasthi* Until 12:13PM	Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	<i>Sunrise:</i> 7:47AM <i>Sunset:</i> 5:47PM	Sun 19 Sutra 292 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Amrita Yoga Until 6:18PM then Siddha Yoga		Devaloka Day				

	Monday, January 30, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Porto, Portugal
	Retreat Star Mesha Rasi: 5.44 Tithi 7 – 8 Family Home Evening 924796156	Gulika 2:02PM – 3:18PM Yama 11:32AM – 12:47PM Rahu 9:01AM – 10:17AM	Asvini Until 9:11PM Sadhya Until 9:27AM Visti Until 3:46AM Tue Saptami Until 2:41PM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	<i>Sunrise:</i> 7:46AM <i>Sunset:</i> 5:48PM	Sun 20 Sutra 293 Khara 5113 Moon 13 - Phase 39 Ashtami
Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				

7	Tuesday, January 31, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Porto, Portugal
	Retreat Star Mesha Rasi: 17.34 Tithi 8 – 9 924796156	Gulika 12:47PM – 2:03PM Yama 10:16AM – 11:32AM Rahu 3:18PM – 4:34PM	Bharani Until 12:12AM Wed Subha Until 10:22AM Balava Until 6:22AM Wed Ashtami* Until 5:17PM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	<i>Sunrise:</i> 7:45AM <i>Sunset:</i> 5:50PM	Sun 21 Sutra 294 Khara 5113 Moon 13 - Phase 39 Navami
Creative Work Siddha Yoga Until 7:13PM then Marana Yoga Until 12:12AM Wed then Amrita Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

1	Wednesday, February 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Porto, Portugal Sun 22 Sutra 295 Khara 5113
	Mesha Rasi: 29.24 Tithi 9 934796156	Gulika 11:32AM – 12:47PM Yama 9:01AM – 10:16AM Rahu 12:47PM – 2:03PM	Krittika Until 3:11AM Thu Sukla Until 11:15AM Balava Until 6:45AM Navami* Until 7:51PM

Creative Work Amrita Yoga
Until 7.14PM then Marana Yoga

Ganesha: Blue <i>Sunrise: 7:45AM</i>	Muruqa: Clear <i>Sunset: 5:50PM</i>	Moon 13 - Phase 40 4th Phase
Nataraja: Yellow Moon – White	Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Thursday, February 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau	Porto, Portugal Sun 23 Sutra 296 Khara 5113
	Mrishabha Rasi: 11.21 Tithi 10 934797156	Gulika 10:16AM – 11:32AM Yama 7:44AM – 9:00AM Rahu 2:03PM – 3:19PM	Rohini Until 5:58AM Fri Brahma Until 11:56AM Taitila Until 9:05AM Dasami Until 10:11PM

Routine Work Marana Yoga
Until 5:58AM Fri then Siddha Yoga

Ganesha: Yellow <i>Sunrise: 7:44AM</i>	Muruqa: White <i>Sunset: 5:51PM</i>	Moon 13 - Phase 40 4th Phase
Nataraja: Yellow Moon – Yellow	Magha*Thai	Sivaloka Day

3	Friday, February 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Porto, Portugal Sun 24 Sutra 297 Khara 5113
	Mrishabha Rasi: 23.3 Tithi 11 934797156	Gulika 8:59AM – 10:15AM Yama 3:20PM – 4:36PM Rahu 11:31AM – 12:48PM	Mrigasira Until 7:23AM Sat Indra Until 12:16PM Vanija Until 10:59AM Ekadasi Until 12:05AM Sat

Creative Work Siddha Yoga

Ganesha: Yellow <i>Sunrise: 7:43AM</i>	Muruqa: White <i>Sunset: 5:52PM</i>	Moon 13 - Phase 40 4th Phase
Nataraja: Yellow Moon – Yellow	Magha*Thai	Sivaloka Day

4	Saturday, February 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau	Porto, Portugal Sun 25 Sutra 298 Khara 5113
	Mithuna Rasi: 5.55 Tithi 12 934797157	Gulika 7:42AM – 8:58AM Yama 2:04PM – 3:20PM Rahu 10:15AM – 11:31AM	Mrigasira Until 7:23AM Vaidhriti* Until 11:38AM Bava Until 11:45AM Dvadasi Until 11:45PM

Creative Work Siddha Yoga

Ganesha: Yellow <i>Sunrise: 7:42AM</i>	Muruqa: White <i>Sunset: 5:53PM</i>	Moon 13 - Phase 40 4th Phase
Nataraja: White Moon – Yellow	Magha*Thai	Subha Sivaloka Day

5	Sunday, February 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Porto, Portugal Sun 26 Sutra 299 Khara 5113
	Mithuna Rasi: 18.41 Tithi 13 934797157	Gulika 3:21PM – 4:38PM Yama 12:48PM – 2:04PM Rahu 4:38PM – 5:55PM	Ardra Until 8:26AM Vishkambha* Until 10:52AM Kaulava Until 12:15PM Trayodasi Until 12:15AM Mon <i>Pradosha Vrata</i>

Creative Work Siddha Yoga
Until 7.14PM then Amrita Yoga

Ganesha: Yellow <i>Sunrise: 7:41AM</i>	Muruqa: White <i>Sunset: 5:53PM</i>	Moon 13 - Phase 40 4th Phase
Nataraja: White Moon – Yellow	Magha*Thai	Subha Sivaloka Day

6	Monday, February 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Porto, Portugal Sun 27 Sutra 300 Khara 5113
	Kataka Rasi: 1.5 Tithi 14 Family Home Evening 944797157	Gulika 2:05PM – 3:22PM Yama 11:31AM – 12:48PM Rahu 8:57AM – 10:14AM	Punarvasu Until 8:35AM Priti Until 9:14AM Gara Until 11:32AM Chaturdasi* Until 10:37PM

Creative Work Amrita Yoga
Until 8:35AM then Siddha Yoga

Ganesha: White <i>Sunrise: 7:40AM</i>	Muruqa: White <i>Sunset: 5:56PM</i>	Moon 13 - Phase 40 4th Phase
Nataraja: White Moon – Blue	Magha*Thai	Sivaloka Day
Thai Pusam		

○	Tuesday, February 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau	Porto, Portugal Sutra 301 Khara 5113
	Copper Retreat Star Kataka Rasi: 15.21 Tithi 15 944797157	Gulika 12:48PM – 2:05PM Yama 10:13AM – 11:31AM Rahu 3:22PM – 4:40PM	Pushya Until 8:16AM Ayushman Until 7:19AM Visti Until 10:36AM Purnima* Until 9:40PM

Creative Work Siddha Yoga

Ganesha: White <i>Sunrise: 7:39AM</i>	Muruqa: White <i>Sunset: 5:57PM</i>	Moon 13 - Phase 40 Purnima
Nataraja: White Moon – Blue	Magha*Thai	Sivaloka Day

○	Wednesday, February 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Porto, Portugal Sutra 302 Khara 5113
	Silver Retreat Star Kataka Rasi: 29.12 Tithi 16 944797167	Gulika 11:30AM – 12:48PM Yama 8:55AM – 10:13AM Rahu 12:48PM – 2:06PM	Aslesha* Until 7:22AM Sobhana Until 2:11AM Thu Balava Until 9:02AM Prathama* Until 8:07PM

Creative Work Siddha Yoga
Until 7.14PM then Amrita Yoga

Ganesha: White <i>Sunrise: 7:38AM</i>	Muruqa: Yellow <i>Sunset: 5:58PM</i>	Moon 13 - Phase 40 Prathama
Nataraja: Blue Moon – Blue	Magha*Thai	Bhuloka Day Devaloka Time: 12:PM to 3:PM



Thursday, February 9, 2012
Gold Retreat Star

Simha Rasi: 13.2 Tithi 17 – 18
955797267
No Yoga
Until 7.14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Porto, Portugal
Purvaphalguni* Nakshatra Athiganda* Yoga Taitila/Vanija Karana Dvitiya/Tritiya Yam Titau Sun 1 Sutra 303
Khara 5113
Gulika 10:12AM – 11:30AM Purvaphalguni* Until 4:51AM Fri Ganesha: White Sunrise: 7:36AM
Yama 7:36AM – 8:54AM Athiganda* Until 11:17PM Muruqa: White Sunset: 6:00PM Moon 1 - Phase 41
Rahu 2:06PM – 3:24PM Taitila Until 6:58AM Nataraja: Yellow Moon – Red 1st Phase
Dvitiya Until 6:03PM Magha*Thai Subha Sivaloka Day



Friday, February 10, 2012

Simha Rasi: 27.38 Tithi 18 – 19
955797267
Creative Work Siddha Yoga
Until 7.14PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Porto, Portugal
Uttaraphalguni Nakshatra Sukarma Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau Sun 2 Sutra 304
Khara 5113
Gulika 8:53AM – 10:12AM Uttaraphalguni Until 3:11AM Sat Ganesha: White Sunrise: 7:35AM
Yama 3:24PM – 4:43PM Sukarma Until 8:06PM Muruqa: White Sunset: 6:01PM Moon 1 - Phase 41
Rahu 11:30AM – 12:48PM Bava Until 2:44AM Sat Nataraja: Yellow Moon – Red 1st Phase
Tritiya Until 3:40PM Magha*Thai Subha Sivaloka Day



Saturday, February 11, 2012

Kanya Rasi: 12.02 Tithi 19 – 20
955797267
Routine Work Marana Yoga
Until 7.14PM then Amrita Yoga
Until 1:23AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Porto, Portugal
Hasla Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau Sun 3 Sutra 305
Khara 5113
Gulika 7:34AM – 8:53AM Hasta Until 1:23AM Sun Ganesha: Clear Sunrise: 7:34AM
Yama 2:07PM – 3:25PM Dhriti Until 4:48PM Muruqa: White Sunset: 6:02PM Moon 1 - Phase 41
Rahu 10:11AM – 11:30AM Kaulava Until 12:12AM Sun Nataraja: Yellow Moon – Green 1st Phase
Chaturthi* Until 1:07PM Magha*Thai Sivaloka Day



Sunday, February 12, 2012

Kanya Rasi: 26.24 Tithi 20 – 21
955797267
Creative Work Siddha Yoga
Until 7.14PM then Prabalarishta Yoga
Until 11:36PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Porto, Portugal
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau Sun 4 Sutra 306
Khara 5113
Gulika 3:26PM – 4:44PM Chitra Until 11:36PM Ganesha: Clear Sunrise: 7:33AM
Yama 12:48PM – 2:07PM Shula* Until 1:31PM Muruqa: White Sunset: 6:03PM Moon 1 - Phase 41
Rahu 4:44PM – 6:03PM Gara Until 9:41PM Nataraja: Yellow Moon – Green 1st Phase
Panchami Until 10:36AM Magha*Thai Sivaloka Day



Monday, February 13, 2012

Tula Rasi: 10.41 Tithi 21 – 22
955797267
Family Home Evening
Creative Work Amrita Yoga
Until 7.14PM then Siddha Yoga
Until 9:57PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Porto, Portugal
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau Sun 5 Sutra 307
Khara 5113
Gulika 2:07PM – 3:26PM Svati Until 9:57PM Ganesha: Clear Sunrise: 7:32AM
Yama 11:29AM – 12:48PM Ganda* Until 10:22AM Muruqa: White Sunset: 6:04PM Moon 1 - Phase 41
Rahu 8:51AM – 10:10AM Visti Until 7:19PM Nataraja: Yellow Moon – Green 1st Phase
Shasthi* Until 8:15AM Magha*Masī Sivaloka Day



Tuesday, February 14, 2012
Retreat Star

Tula Rasi: 24.52 Tithi 22 – 23
975797267
Routine Work Marana Yoga
Until 7.14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Porto, Portugal
Visakha Nakshatra Vridhi/Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtami* Yam Titau Sun 6 Sutra 308
Khara 5113
Gulika 12:48PM – 2:07PM Visakha Until 8:32PM Ganesha: Purple Sunrise: 7:30AM
Yama 10:09AM – 11:29AM Vridhi Until 7:25AM Muruqa: White Sunset: 6:06PM Moon 1 - Phase 41
Rahu 3:27PM – 4:46PM Kaulava Until 4:16AM Wed Nataraja: Yellow Moon – Orange Ashtami
Saptami Until 6:07AM Magha*Masī Subha Sivaloka Day

Wednesday, February 15, 2012
Retreat Star

Vrischika Rasi: 8.53 Tithi 24
975797267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Porto, Portugal
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navami* Yam Titau Sun 7 Sutra 309
Khara 5113
Gulika 11:28AM – 12:48PM Anuradha Until 7:21PM Ganesha: Purple Sunrise: 7:29AM
Yama 8:49AM – 10:08AM Vyaghata* Until 2:03AM Thu Muruqa: White Sunset: 6:07PM Moon 1 - Phase 41
Rahu 12:48PM – 2:08PM Taitila Until 3:20PM Nataraja: Yellow Moon – Orange Navami
Navami* Until 2:24AM Thu Magha*Masī Subha Sivaloka Day


1	Thursday, February 16, 2012	Khara Nama Samvatsare Utarayane Moksha Ritu Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau	Porto, Portugal
			Sun 8 Sutra 310 Khara 5113
Wrischika Rasi: 22.44	Tithi 25	Gulika 10:08AM – 11:28AM Yama 7:28AM – 8:48AM Rahu 2:08PM – 3:28PM	Jyeshtha* Until 6:27PM Harshana Until 11:34PM Vanija Until 1:45PM Dasami Until 12:50AM Fri
Creative Work Siddha Yoga Until 7.14PM then no yoga	985797267		Ganesha: Purple <i>Sunrise: 7:28AM</i> Muruqa: White <i>Sunset: 6:08PM</i> Nataraja: Yellow Moon – Orange Magha+Masi
			Subha Sivaloka Day

2	Friday, February 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritu Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau	Porto, Portugal
			Sun 9 Sutra 311 Khara 5113
Dhanus Rasi: 6.28	Tithi 26	Gulika 8:47AM – 10:07AM Yama 3:29PM – 4:49PM Rahu 11:27AM – 12:48PM	Mula* Until 5:47PM Vajra* Until 9:21PM Bava Until 12:27PM Ekadasi* Until 11:31PM
No Yoga Until 5:47PM then Siddha Yoga Until 7.14PM then Marana Yoga	985797267		Ganesha: Clear <i>Sunrise: 7:26AM</i> Muruqa: White <i>Sunset: 6:09PM</i> Nataraja: Yellow Moon – Light Blue Magha+Masi
			Sivaloka Day

3	Saturday, February 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritu Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Porto, Portugal
			Sun 10 Sutra 312 Khara 5113
Dhanus Rasi: 20.02	Tithi 27	Gulika 7:25AM – 8:46AM Yama 2:08PM – 3:29PM Rahu 10:06AM – 11:27AM	Purvashadha* Until 6:15PM Siddhi Until 8:18PM Kaulava Until 11:51AM Dvadasi* Until 11:51PM
Routine Work Marana Yoga Until 6:15PM then no yoga Until 7.14PM then Amrita Yoga	985797267		Ganesha: Clear <i>Sunrise: 7:25AM</i> Muruqa: White <i>Sunset: 6:11PM</i> Nataraja: Yellow Moon – Light Blue Magha+Masi
			Sivaloka Day

4	Sunday, February 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritu Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Porto, Portugal
			Sun 11 Sutra 313 Khara 5113
Makara Rasi: 3.27	Tithi 28	Gulika 3:30PM – 4:51PM Yama 12:48PM – 2:09PM Rahu 4:51PM – 6:12PM	Uttarashadha Until 6:05PM Vyatipata* Until 6:25PM Gara Until 11:02AM Trayodasi* Until 11:02PM
Creative Work Amrita Yoga Until 6:15PM then Siddha Yoga Until 7.14PM then Marana Yoga	986797267		Ganesha: Purple <i>Sunrise: 7:24AM</i> Muruqa: White <i>Sunset: 6:12PM</i> Nataraja: Yellow Moon – Light Blue Magha+Masi
		Mahasivaratri	Devaloka Day
			<i>Pradosha Vrata (Fasting)</i>

5	Monday, February 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritu Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Porto, Portugal
			Sun 12 Sutra 314 Khara 5113
Makara Rasi: 16.42	Tithi 29	Gulika 2:09PM – 3:30PM Yama 11:26AM – 12:48PM Rahu 8:44AM – 10:05AM	Sravana Until 6:15PM Variyan Until 4:50PM Visti Until 10:33AM Chaturdasi* Until 10:33PM
Family Home Evening Creative Work Amrita Yoga Until 6:15PM then Siddha Yoga Until 7.14PM then Marana Yoga	996797267		Ganesha: Light Blue <i>Sunrise: 7:22AM</i> Muruqa: White <i>Sunset: 6:13PM</i> Nataraja: Yellow Moon – Purple Magha+Masi
			Devaloka Day

	Tuesday, February 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritu Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Porto, Portugal
			Sun 13 Sutra 315 Khara 5113
Makara Rasi: 29.46	Tithi 30	Gulika 12:47PM – 2:09PM Yama 10:04AM – 11:26AM Rahu 3:31PM – 4:53PM	Dhanishtha Until 6:45PM Parigha* Until 3:35PM Catuspada Until 10:28AM Amavasya* Until 10:28PM
Routine Work Marana Yoga Until 7.14PM then Siddha Yoga	996897267		Ganesha: Orange <i>Sunrise: 7:21AM</i> Muruqa: White <i>Sunset: 6:14PM</i> Nataraja: Yellow Moon – Purple Magha+Masi
			Sivaloka Day

Retreat Star	Wednesday, February 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritu Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Porto, Portugal
			Sun 14 Sutra 316 Khara 5113
Kumbha Rasi: 13	Tithi 1	Gulika 11:25AM – 12:47PM Yama 8:41AM – 10:03AM Rahu 12:47PM – 2:09PM	Satabhisha Until 7:40PM Shiva Until 2:42PM Kintughna Until 10:47AM Prathama* Until 10:47PM
Creative Work Siddha Yoga Until 7.14PM then Marana Yoga Until 7:40PM then Siddha Yoga	996897267		Ganesha: Orange <i>Sunrise: 7:19AM</i> Muruqa: White <i>Sunset: 6:15PM</i> Nataraja: Yellow Moon – Purple Phalgun+Masi
			Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

1	Thursday, February 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Porto, Portugal
	Sun 15	Sutra 317	Khara 5113
Kumbha Rasi: 25.13	Tithi 2		Moon 1 - Phase 43
916897267			3rd Phase
Creative Work	Siddha Yoga		
		Gulika 10:03AM – 11:25AM	Purvaprostapada* Until 10:14PM
		Yama 7:18AM – 8:40AM	Siddha Until 2:50PM
		Rahu 2:10PM – 3:32PM	Balava Until 12:05PM
			Dvitiya Until 1:10AM Fri
			Ganesha: Green <i>Sunrise: 7:18AM</i>
			Muruqa: White <i>Sunset: 6:17PM</i>
			Nataraja: Yellow
			Moon – Clear
			Phalguna-Masi
			Subha Sivaloka Day


2	Friday, February 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Tritiya Yam Titau	Porto, Portugal
	Sun 16	Sutra 318	Khara 5113
Meena Rasi: 8	Tithi 3		Moon 1 - Phase 43
916897267			3rd Phase
Creative Work	Siddha Yoga		
Until 12:08AM Sat then Prabalarishta Yoga			
		Gulika 8:39AM – 10:02AM	Uttaraprostapada Until 12:08AM Sat
		Yama 3:32PM – 4:55PM	Sadhya Until 2:44PM
		Rahu 11:24AM – 12:47PM	Tailila Until 1:26PM
			Tritiya Until 2:31AM Sat
			Ganesha: Green <i>Sunrise: 7:16AM</i>
			Muruqa: White <i>Sunset: 6:18PM</i>
			Nataraja: Yellow
			Moon – Clear
			Phalguna-Masi
			Subha Sivaloka Day

3	Saturday, February 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Porto, Portugal
	Sun 17	Sutra 319	Khara 5113
Meena Rasi: 19.46	Tithi 4		Moon 1 - Phase 43
916897267			3rd Phase
Routine Work	Prabalarishta Yoga		
Until 7.13PM then Amrita Yoga			
Until 2:27AM Sun then Siddha Yoga			
		Gulika 7:15AM – 8:38AM	Revati Until 2:27AM Sun
		Yama 2:10PM – 3:33PM	Subha Until 3:01PM
		Rahu 10:01AM – 11:24AM	Vanija Until 3:15PM
			Chaturthi* Until 4:21AM Sun
			Ganesha: Green <i>Sunrise: 7:15AM</i>
			Muruqa: White <i>Sunset: 6:19PM</i>
			Nataraja: Yellow
			Moon – Clear
			Phalguna-Masi
			Subha Sivaloka Day

4	Sunday, February 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchami Yam Titau	Porto, Portugal
	Sun 18	Sutra 320	Khara 5113
Mesha Rasi: 1.46	Tithi 5		Moon 1 - Phase 43
927897267			3rd Phase
Creative Work	Siddha Yoga		
		Gulika 3:33PM – 4:57PM	Asvini Until 5:08AM Mon
		Yama 12:47PM – 2:10PM	Sukla Until 3:38PM
		Rahu 4:57PM – 6:20PM	Bava Until 5:28PM
			Panchami Until 6:52AM Mon
			Ganesha: Green <i>Sunrise: 7:13AM</i>
			Muruqa: White <i>Sunset: 6:20PM</i>
			Nataraja: Yellow
			Moon – White
			Phalguna-Masi
			Devaloka Day

5	Monday, February 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Porto, Portugal
	Sun 19	Sutra 321	Khara 5113
Mesha Rasi: 13.38	Tithi 5 – 6		Moon 1 - Phase 43
927897267			3rd Phase
Family Home Evening			
Creative Work	Siddha Yoga		
		Gulika 2:10PM – 3:34PM	Bharani Until 8:29AM Tue
		Yama 11:23AM – 12:47PM	Brahma Until 4:29PM
		Rahu 8:36AM – 9:59AM	Kaulava Until 7:57PM
			Panchami Until 6:52AM
			Ganesha: Green <i>Sunrise: 7:12AM</i>
			Muruqa: White <i>Sunset: 6:21PM</i>
			Nataraja: Yellow
			Moon – White
			Phalguna-Masi
			Devaloka Day

6	Tuesday, February 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Porto, Portugal
	Sun 20	Sutra 322	Khara 5113
Mesha Rasi: 25.25	Tithi 6 – 7		Moon 1 - Phase 43
927897267			3rd Phase
Creative Work	Siddha Yoga		
Until 7.13PM then Amrita Yoga			
		Gulika 12:46PM – 2:10PM	Bharani Until 8:29AM
		Yama 9:58AM – 11:22AM	Indra Until 5:28PM
		Rahu 3:34PM – 4:58PM	Gara Until 10:36PM
			Shasthi* Until 9:30AM
			Ganesha: Green <i>Sunrise: 7:10AM</i>
			Muruqa: White <i>Sunset: 6:22PM</i>
			Nataraja: Yellow
			Moon – White
			Phalguna-Masi
			Devaloka Day

	Wednesday, February 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Porto, Portugal
	Sun 21	Sutra 323	Khara 5113
Vrishabha Rasi: 7.14	Tithi 7 – 8		Moon 1 - Phase 43
927897267			Ashtami
Creative Work	Amrita Yoga		
Until 11:32AM then Siddha Yoga			
Until 7.12PM then Marana Yoga			
		Gulika 11:22AM – 12:46PM	Krittika Until 11:32AM
		Yama 8:33AM – 9:58AM	Vaidhriti* Until 6:26PM
		Rahu 12:46PM – 2:11PM	Visti Until 1:12AM Thu
			Saptami Until 12:06PM
			Ganesha: Green <i>Sunrise: 7:09AM</i>
			Muruqa: White <i>Sunset: 6:24PM</i>
			Nataraja: Yellow
			Moon – White
			Phalguna-Masi
			Devaloka Day

Retreat Star	Thursday, March 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Porto, Portugal
	Sun 22	Sutra 324	Khara 5113
Vrishabha Rasi: 19.09	Tithi 8 – 9		Moon 1 - Phase 43
937897267			Navami
Routine Work	Marana Yoga		
Until 7.12PM then Siddha Yoga			
		Gulika 9:56AM – 11:21AM	Rohini Until 2:22PM
		Yama 7:06AM – 8:31AM	Vishkambha* Until 7:12PM
		Rahu 2:11PM – 3:36PM	Balava Until 3:34AM Fri
			Ashtami* Until 2:29PM
			Ganesha: Red <i>Sunrise: 7:06AM</i>
			Muruqa: White <i>Sunset: 6:26PM</i>
			Nataraja: Yellow
			Moon – Yellow
			Phalguna-Masi
			Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

1	Friday, March 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Priti Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Porto, Portugal Sun 23 Sutra 325 Khara 5113
	Mithuna Rasi: 1.16 Tithi 9 – 10 937897267 Creative Work Siddha Yoga	Gulika 8:30AM – 9:55AM Yama 3:36PM – 5:02PM Rahu 11:20AM – 12:46PM	Mrigasira Until 4:48PM Priti Until 7:35PM Taitila Until 5:31AM Sat Navami* Until 4:25PM
2	Saturday, March 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Porto, Portugal Sun 24 Sutra 326 Khara 5113
	Mithuna Rasi: 13.41 Tithi 10 – 11 937897267 Creative Work Siddha Yoga Until 5:40PM then Marana Yoga Until 7:12PM then Siddha Yoga	Gulika 7:03AM – 8:28AM Yama 2:11PM – 3:37PM Rahu 9:54AM – 11:20AM	Ardra Until 5:40PM Ayushman Until 6:29PM Vanija Until 4:44AM Sun Dasami Until 4:44PM
3	Sunday, March 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Porto, Portugal Sun 25 Sutra 327 Khara 5113
	Mithuna Rasi: 26.28 Tithi 11 – 12 148897267 Creative Work Siddha Yoga	Gulika 3:37PM – 5:03PM Yama 12:45PM – 2:11PM Rahu 5:03PM – 6:29PM	Punarvasu Until 6:40PM Saubhagya Until 5:41PM Bava Until 5:09AM Mon Ekadasi Until 5:09PM
4	Monday, March 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Porto, Portugal Sun 26 Sutra 328 Khara 5113
	Kataka Rasi: 9.42 Tithi 12 – 13 Family Home Evening 148817267 Creative Work Siddha Yoga	Gulika 2:11PM – 3:38PM Yama 11:19AM – 12:45PM Rahu 8:26AM – 9:52AM	Pushya Until 5:57PM Sobhana Until 3:29PM Kaulava Until 2:57AM Tue Dvadasi Until 3:53PM <i>Pradosha Vrata</i>
5	Tuesday, March 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau	Porto, Portugal Sun 27 Sutra 329 Khara 5113
	Kataka Rasi: 23.23 Tithi 13 – 14 148817267 Creative Work Siddha Yoga	Gulika 12:45PM – 2:11PM Yama 9:51AM – 11:18AM Rahu 3:38PM – 5:05PM	Aslesha* Until 5:21PM Athiganda* Until 1:19PM Gara Until 1:42AM Wed Trayodasi Until 2:37PM
○	Wednesday, March 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Porto, Portugal Sun 28 Sutra 330 Khara 5113
	Copper Retreat Star Simha Rasi: 7.29 Tithi 14 – 15 158817267 Creative Work Siddha Yoga Until 4:01PM then Amrita Yoga Until 7:11PM then no yoga	Gulika 11:17AM – 12:44PM Yama 8:23AM – 9:50AM Rahu 12:44PM – 2:12PM	Magha* Until 4:01PM Sukarma Until 10:28AM Visti Until 11:39PM Chaturdasi* Until 12:35PM
○	Thursday, March 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Porto, Portugal Sun 29 Sutra 331 Khara 5113
	Silver Retreat Star Simha Rasi: 21.57 Tithi 15 – 16 158817267 No Yoga Until 1:32PM then Prabalarishta Yoga Until 7:10PM then Siddha Yoga	Gulika 9:49AM – 11:17AM Yama 6:55AM – 8:22AM Rahu 2:12PM – 3:39PM	Purvaphalguni* Until 1:32PM Dhriti Until 7:00AM Balava Until 7:53PM Purnima* Until 9:36AM

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



Friday, March 9, 2012
Gold Retreat Star

Kanya Rasi: 6.4 Tithi 16 – 17
158817267
Creative Work Siddha Yoga
Until 11:20AM then Amrita Yoga
Until 7.10PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Gara Karana Prathama*/Dvitiya Yam Titau
Gulika 8:21AM – 9:48AM **Uttaraphalguni Until 11:20AM**
Yama 3:39PM – 5:07PM Ganda* Until 11:25PM
Rahu 11:16AM – 12:44PM Gara Until 3:13AM Sat
Prathama* Until 6:39AM

Ganesha: Red *Sunrise:* 6:53AM
Muruqa: White *Sunset:* 6:35PM
Nataraja: Yellow
Moon – Red
Phalgun-Masi

Porto, Portugal
Sutra 332
Khara 5113
Moon 2 - Phase 45
1st Phase
Sivaloka Day

1

Saturday, March 10, 2012

Kanya Rasi: 21.3 Tithi 18
169817267
Routine Work Marana Yoga
Until 7.10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 6:51AM – 8:19AM **Hasta Until 8:56AM**
Yama 2:12PM – 3:40PM Vriddhi Until 7:41PM
Rahu 9:47AM – 11:16AM Vanija Until 1:48PM
Tritiya Until 12:05AM Sun

Ganesha: Blue *Sunrise:* 6:51AM
Muruqa: White *Sunset:* 6:36PM
Nataraja: Yellow
Moon – Green
Phalgun-Masi

Porto, Portugal
Sun 1 Sutra 333
Khara 5113
Moon 2 - Phase 45
1st Phase
Devaloka Day

2

Sunday, March 11, 2012

Tula Rasi: 6.19 Tithi 19
169817267
Creative Work Siddha Yoga
Until 7.10PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 3:40PM – 5:09PM **Chitra Until 6:34AM**
Yama 12:43PM – 2:12PM Dhruva Until 3:58PM
Rahu 5:09PM – 6:37PM Bava Until 10:42AM
Chaturthi* Until 8:59PM

Ganesha: Blue *Sunrise:* 6:50AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: Yellow
Moon – Green
Phalgun-Masi

Porto, Portugal
Sun 2 Sutra 334
Khara 5113
Moon 2 - Phase 45
1st Phase
Devaloka Day

3

Monday, March 12, 2012

Tula Rasi: 20.59 Tithi 20
Family Home Evening 179817267
Routine Work Marana Yoga
Until 3:11AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 2:12PM – 3:41PM **Visakha Until 3:11AM Tue**
Yama 11:14AM – 12:43PM Vyaghata* Until 12:53PM
Rahu 8:17AM – 9:46AM Kaulava Until 7:58AM
Panchami Until 7:03PM

Ganesha: Red *Sunrise:* 6:48AM
Muruqa: White *Sunset:* 6:38PM
Nataraja: Yellow
Moon – Orange
Phalgun-Masi

Porto, Portugal
Sun 3 Sutra 335
Khara 5113
Moon 2 - Phase 45
1st Phase
Sivaloka Day

4

Tuesday, March 13, 2012

Vrischika Rasi: 5.25 Tithi 21 – 22
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 12:43PM – 2:12PM **Anuradha Until 1:16AM Wed**
Yama 9:45AM – 11:14AM Harshana Until 9:31AM
Rahu 3:41PM – 5:10PM Visti Until 3:27AM Wed
Shasthi* Until 4:22PM

Ganesha: Red *Sunrise:* 6:46AM
Muruqa: White *Sunset:* 6:39PM
Nataraja: Yellow
Moon – Orange
Phalgun-Masi

Porto, Portugal
Sun 4 Sutra 336
Khara 5113
Moon 2 - Phase 45
1st Phase
Sivaloka Day



Wednesday, March 14, 2012
Retreat Star

Vrischika Rasi: 19.35 Tithi 22 – 23
179817268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 11:13AM – 12:43PM **Jyeshtha* Until 11:51PM**
Yama 8:14AM – 9:44AM Vajra* Until 6:36AM
Rahu 12:43PM – 2:12PM Balava Until 1:18AM Thu
Saptami Until 2:13PM

Ganesha: Red *Sunrise:* 6:45AM
Muruqa: White *Sunset:* 6:40PM
Nataraja: White
Moon – Orange
Phalgun-Panguni

Porto, Portugal
Sun 5 Sutra 337
Khara 5113
Moon 2 - Phase 45
Ashtami
Subha Sivaloka Day

Thursday, March 15, 2012
Retreat Star

Dhanus Rasi: 3.27 Tithi 23 – 24
189817268
Creative Work Siddha Yoga
Until 7.08PM then no yoga
Until 10:56PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 9:43AM – 11:12AM **Mula* Until 10:56PM**
Yama 6:43AM – 8:13AM Vyatipata* Until 1:29AM Fri
Rahu 2:12PM – 3:42PM Taitila Until 11:42PM
Ashtami* Until 12:37PM

Ganesha: Green *Sunrise:* 6:43AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – Light Blue
Phalgun-Panguni

Porto, Portugal
Sun 6 Sutra 338
Khara 5113
Moon 2 - Phase 45
Navami
Sivaloka Day


1	Friday, March 16, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Porto, Portugal
	Dhanus Rasi: 17.02 Tithi 24 – 25 189917268	Gulika 8:12AM – 9:42AM Yama 3:42PM – 5:12PM Rahu 11:12AM – 12:42PM	Sun 7 Sutra 339 Khara 5113 Moon 2 - Phase 46 2nd Phase
	Creative Work Siddha Yoga Until 7.08PM then Marana Yoga Until 11:47PM then no yoga	Purvashadha* Until 11:47PM Variyan Until 12:45AM Sat Vanija Until 12:00PM Navami* Until 12:00PM	Ganesha: Green <i>Sunrise:</i> 6:41AM Muruqa: White <i>Sunset:</i> 6:43PM Nataraja: White Moon – Light Blue Phalguna-Panguni
			Sivaloka Day

2	Saturday, March 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau	Porto, Portugal
	Makara Rasi: 0.22 Tithi 25 – 26 189917268	Gulika 6:40AM – 8:10AM Yama 2:12PM – 3:43PM Rahu 9:41AM – 11:11AM	Sun 8 Sutra 340 Khara 5113 Moon 2 - Phase 46 2nd Phase
	No Yoga Until 7.08PM then Amrita Yoga	Uttarashadha Until 11:48PM Parigha* Until 11:03PM Bava Until 11:21PM Dasami Until 11:21AM	Ganesha: White <i>Sunrise:</i> 6:40AM Muruqa: White <i>Sunset:</i> 6:44PM Nataraja: White Moon – Light Blue Phalguna-Panguni
			Sivaloka Day

3	Sunday, March 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Porto, Portugal
	Makara Rasi: 13.27 Tithi 26 – 27 191917268	Gulika 3:43PM – 5:14PM Yama 12:41PM – 2:12PM Rahu 5:14PM – 6:45PM	Sun 9 Sutra 341 Khara 5113 Moon 2 - Phase 46 2nd Phase
	Creative Work Amrita Yoga Until 12:14AM Mon then Siddha Yoga	Sravana Until 12:14AM Mon Shiva Until 9:45PM Kaulava Until 11:09PM Ekadasi* Until 11:09AM	Ganesha: Purple <i>Sunrise:</i> 6:38AM Muruqa: White <i>Sunset:</i> 6:45PM Nataraja: White Moon – Purple Phalguna-Panguni
			Subha Subha Sivaloka Day

4	Monday, March 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Porto, Portugal
	Makara Rasi: 26.21 Tithi 27 – 28 Family Home Evening 191917268	Gulika 2:12PM – 3:44PM Yama 11:10AM – 12:41PM Rahu 8:08AM – 9:39AM	Sun 10 Sutra 342 Khara 5113 Moon 2 - Phase 46 2nd Phase
	Creative Work Siddha Yoga Until 7.07PM then Marana Yoga	Dhanishtha Until 1:03AM Tue Siddha Until 8:48PM Gara Until 11:21PM Dvadasi* Until 11:21AM	Ganesha: Purple <i>Sunrise:</i> 6:36AM Muruqa: White <i>Sunset:</i> 6:46PM Nataraja: White Moon – Purple Phalguna-Panguni
			Subha Subha Sivaloka Day
			<i>Pradosha Vrata (Fasting)</i>

5	Tuesday, March 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Porto, Portugal
	Kumbha Rasi: 9.03 Tithi 28 – 29 191917268	Gulika 12:41PM – 2:12PM Yama 9:38AM – 11:09AM Rahu 3:44PM – 5:15PM	Sun 11 Sutra 343 Khara 5113 Moon 2 - Phase 46 2nd Phase
	Routine Work Marana Yoga Until 7.07PM then Siddha Yoga Until 2:13AM Wed then Amrita Yoga	Satabhisha Until 2:13AM Wed Sadhya Until 8:11PM Visti Until 11:55PM Trayodasi* Until 11:55AM	Ganesha: Purple <i>Sunrise:</i> 6:35AM Muruqa: White <i>Sunset:</i> 6:47PM Nataraja: White Moon – Purple Phalguna-Panguni
			Subha Subha Sivaloka Day

	Wednesday, March 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Porto, Portugal
	Retreat Star Kumbha Rasi: 21.35 Tithi 29 – 30 111917268	Gulika 11:09AM – 12:41PM Yama 8:05AM – 9:37AM Rahu 12:41PM – 2:12PM	Sun 12 Sutra 344 Khara 5113 Moon 2 - Phase 46 Amavasya
	Creative Work Amrita Yoga Until 7.07PM then Siddha Yoga	Purvaprostapada* Until 5:30AM Thu Subha Until 8:55PM Catuspada Until 2:34AM Thu Chaturdasi* Until 1:28PM	Ganesha: Clear <i>Sunrise:</i> 6:33AM Muruqa: White <i>Sunset:</i> 6:48PM Nataraja: White Moon – Clear Phalguna-Panguni
			Subha Sivaloka Day

Retreat Star	Thursday, March 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Porto, Portugal
	Meena Rasi: 3.56 Tithi 30 – 1 111917268	Gulika 9:36AM – 11:08AM Yama 6:31AM – 8:04AM Rahu 2:12PM – 3:45PM	Sun 13 Sutra 345 Khara 5113 Moon 2 - Phase 46 Prathama
	Creative Work Siddha Yoga	Uttaraprostapada Until 7:05AM Fri Sukla Until 8:53PM Kintughna Until 3:57AM Fri Amavasya* Until 2:52PM	Ganesha: Clear <i>Sunrise:</i> 6:31AM Muruqa: White <i>Sunset:</i> 6:49PM Nataraja: White Moon – Clear Chaitra-Panguni
			Subha Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP, 287

1	Friday, March 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam			Porto, Portugal
		Uttaraprostapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Sun 14 Sutra 346
Meena Rasi: 16.07	Tithi 1 - 2	Gulika 8:02AM - 9:35AM	Uttaraprostapada Until 7:05AM	Ganesha: Clear <i>Sunrise: 6:30AM</i>	Khara 5113
	111917268	Yama 3:45PM - 5:18PM	Brahma Until 9:10PM	Muruqa: White <i>Sunset: 6:50PM</i>	Moon 2 - Phase 47
Creative Work Siddha Yoga		Rahu 11:07AM - 12:40PM	Balava Until 5:42AM Sat	Nataraja: White	3rd Phase
Until 7.06PM then Prabalarishta Yoga			Prathama* Until 4:37PM	Chaitra•Panguni	Subha Sivaloka Day

2	Saturday, March 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam			Porto, Portugal
		Revati/Asvini Nakshatra Indra Yoga Kaulava Karana Dvitiya Yam Titau			Sun 15 Sutra 347
Meena Rasi: 28.1	Tithi 2	Gulika 6:28AM - 8:01AM	Revati Until 9:41AM	Ganesha: Clear <i>Sunrise: 6:28AM</i>	Khara 5113
	111917268	Yama 2:13PM - 3:45PM	Indra Until 9:45PM	Muruqa: White <i>Sunset: 6:51PM</i>	Moon 2 - Phase 47
Routine Work Prabalarishta Yoga		Rahu 9:34AM - 11:07AM	Kaulava Until 7:48AM Sun	Nataraja: White	3rd Phase
Until 9:41AM then Siddha Yoga		Chellappaswami Mahasamadhi	Dvitiya Until 6:42PM	Moon - Clear	Subha Sivaloka Day
				Chaitra•Panguni	

3	Sunday, March 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam			Porto, Portugal
		Asvini/Bharani Nakshatra Vaidhrithi* Yoga Taitila/Gara Karana Tritiya Yam Titau			Sun 16 Sutra 348
Mesha Rasi: 10.04	Tithi 3	Gulika 3:46PM - 5:19PM	Asvini Until 12:32PM	Ganesha: Orange <i>Sunrise: 6:26AM</i>	Khara 5113
	121917268	Yama 12:39PM - 2:13PM	Vaidhrithi* Until 10:33PM	Muruqa: White <i>Sunset: 6:52PM</i>	Moon 2 - Phase 47
Creative Work Siddha Yoga		Rahu 5:19PM - 6:52PM	Taitila Until 7:59AM	Nataraja: White	3rd Phase
Until 12:32PM then no yoga			Tritiya Until 9:04PM	Moon - White	Subha Sivaloka Day
Until 7.06PM then Siddha Yoga				Chaitra•Panguni	

4	Monday, March 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam			Porto, Portugal
		Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Sun 17 Sutra 349
Mesha Rasi: 21.53	Tithi 4	Gulika 2:13PM - 3:46PM	Bharani Until 3:35PM	Ganesha: Orange <i>Sunrise: 6:25AM</i>	Khara 5113
Family Home Evening	121917268	Yama 11:05AM - 12:39PM	Vishkambha* Until 11:32PM	Muruqa: White <i>Sunset: 6:53PM</i>	Moon 2 - Phase 47
Creative Work Siddha Yoga		Rahu 7:58AM - 9:32AM	Vanija Until 10:33AM	Nataraja: White	3rd Phase
Until 3:35PM then no yoga			Chaturthi* Until 11:38PM	Moon - White	Subha Sivaloka Day
Until 7.05PM then Siddha Yoga				Chaitra•Panguni	

5	Tuesday, March 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam			Porto, Portugal
		Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau			Sun 18 Sutra 350
Vrishabha Rasi: 3.39	Tithi 5	Gulika 12:39PM - 2:13PM	Krittika Until 6:42PM	Ganesha: Orange <i>Sunrise: 6:23AM</i>	Khara 5113
	121917268	Yama 9:31AM - 11:05AM	Priti Until 12:35AM Wed	Muruqa: White <i>Sunset: 6:54PM</i>	Moon 2 - Phase 47
Creative Work Siddha Yoga		Rahu 3:47PM - 5:21PM	Bava Until 1:12PM	Nataraja: White	3rd Phase
Until 6:42PM then Amrita Yoga			Panchami Until 2:18AM Wed	Moon - White	Subha Sivaloka Day
Until 7.05PM then Siddha Yoga				Chaitra•Panguni	

6	Wednesday, March 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam			Porto, Portugal
		Rohini Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			Sun 19 Sutra 351
Vrishabha Rasi: 15.27	Tithi 6	Gulika 11:04AM - 12:38PM	Rohini Until 9:46PM	Ganesha: Red <i>Sunrise: 6:21AM</i>	Khara 5113
	132917268	Yama 7:56AM - 9:30AM	Ayushman Until 1:35AM Thu	Muruqa: White <i>Sunset: 6:56PM</i>	Moon 2 - Phase 47
Creative Work Siddha Yoga		Rahu 12:38PM - 2:13PM	Kaulava Until 3:48PM	Nataraja: White	3rd Phase
Until 7.05PM then Marana Yoga			Shasthi* Until 4:54AM Thu	Moon - Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star	Thursday, March 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam			Porto, Portugal
		Mrigasira Nakshatra Saubhagya Yoga Gara Karana Saptami Yam Titau			Sun 20 Sutra 352
Vrishabha Rasi: 27.21	Tithi 7	Gulika 9:29AM - 11:03AM	Mrigasira Until 12:38AM Fri	Ganesha: Red <i>Sunrise: 6:20AM</i>	Khara 5113
	132917268	Yama 6:20AM - 7:54AM	Saubhagya Until 2:25AM Fri	Muruqa: White <i>Sunset: 6:57PM</i>	Moon 2 - Phase 47
Routine Work Marana Yoga		Rahu 2:13PM - 3:47PM	Gara Until 6:11PM	Nataraja: White	3rd Phase
Until 7.04PM then Siddha Yoga			Saptami Until 7:03AM Fri	Moon - Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star	Friday, March 30, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam			Porto, Portugal
		Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Sun 21 Sutra 353
Mithuna Rasi: 9.26	Tithi 7 - 8	Gulika 7:53AM - 9:28AM	Ardra Until 3:08AM Sat	Ganesha: Red <i>Sunrise: 6:18AM</i>	Khara 5113
	132917268	Yama 3:48PM - 5:23PM	Sobhana Until 2:53AM Sat	Muruqa: White <i>Sunset: 6:58PM</i>	Moon 2 - Phase 47
Creative Work Siddha Yoga		Rahu 11:03AM - 12:38PM	Visti Until 8:09PM	Nataraja: White	Ashtami
Until 3:08AM Sat then Marana Yoga			Saptami Until 7:03AM	Moon - Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star	Saturday, March 31, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam			Porto, Portugal
		Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Sun 22 Sutra 354
Mithuna Rasi: 21.49	Tithi 8 - 9	Gulika 6:16AM - 7:52AM	Punarvasu Until 3:17AM Sun	Ganesha: Blue <i>Sunrise: 6:16AM</i>	Khara 5113
	142917268	Yama 2:13PM - 3:48PM	Athiganda* Until 1:21AM Sun	Muruqa: White <i>Sunset: 6:59PM</i>	Moon 2 - Phase 47
Routine Work Marana Yoga		Rahu 9:27AM - 11:02AM	Balava Until 8:12PM	Nataraja: White	Navami
Until 7.04PM then Siddha Yoga		Sri Rama Navami	Ashtami* Until 8:12AM	Moon - Blue	Sivaloka Day
				Chaitra•Panguni	

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

1	Sunday, April 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Porto, Portugal
	Kataka Rasi: 4.32 Titithi 9 – 10 142917268	Gulika 3:48PM – 5:23PM Yama 12:37PM – 2:13PM Rahu 5:23PM – 6:59PM	Sun 23 Sutra 355 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga	Pushya Until 4:23AM Mon Sukarma Until 12:41AM Mon Taitila Until 8:42PM Navami* Until 8:42AM	Ganesha: Blue <i>Sunrise:</i> 6:16AM Muruqa: White <i>Sunset:</i> 6:59PM Nataraja: White Moon – Blue Chaitra•Panguni
			Sivaloka Day

2	Monday, April 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Porto, Portugal
	Kataka Rasi: 17.43 Titithi 10 – 11 Family Home Evening 142917268	Gulika 2:13PM – 3:49PM Yama 11:02AM – 12:37PM Rahu 7:50AM – 9:26AM	Sun 24 Sutra 356 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga	Aslesha* Until 3:03AM Tue Dhriti Until 10:06PM Vanija Until 7:13PM Dasami Until 8:08AM	Ganesha: Blue <i>Sunrise:</i> 6:15AM Muruqa: White <i>Sunset:</i> 7:00PM Nataraja: White Moon – Blue Chaitra•Panguni
		Yogaswami Mahasamadhi	Sivaloka Day

3	Tuesday, April 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau	Porto, Portugal
	Simha Rasi: 1.23 Titithi 11 – 12 152917268	Gulika 12:37PM – 2:13PM Yama 9:25AM – 11:01AM Rahu 3:49PM – 5:25PM	Sun 25 Sutra 357 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga	Magha* Until 2:29AM Wed Shula* Until 8:00PM Balava Until 5:03AM Wed Ekadasi Until 6:54AM	Ganesha: Yellow <i>Sunrise:</i> 6:13AM Muruqa: White <i>Sunset:</i> 7:01PM Nataraja: White Moon – Red Chaitra•Panguni
Until 2:29AM Wed then Amrita Yoga			Subha Sivaloka Day

4	Wednesday, April 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Porto, Portugal
	Simha Rasi: 15.31 Titithi 13 152917268	Gulika 11:00AM – 12:37PM Yama 7:48AM – 9:24AM Rahu 12:37PM – 2:13PM	Sun 26 Sutra 358 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Amrita Yoga	Purvaphalguni* Until 11:50PM Ganda* Until 4:27PM Kaulava Until 3:08PM Trayodasi Until 1:25AM Thu <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 6:11AM Muruqa: White <i>Sunset:</i> 7:02PM Nataraja: White Moon – Red Chaitra•Panguni
Until 7:03PM then no yoga Until 11:50PM then Prabalarishta Yoga			Subha Sivaloka Day

5	Thursday, April 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Porto, Portugal
	Kanya Rasi: 0.05 Titithi 14 152917268	Gulika 9:23AM – 11:00AM Yama 6:10AM – 7:46AM Rahu 2:13PM – 3:50PM	Sun 27 Sutra 359 Khara 5113 Moon 2 - Phase 48 4th Phase
Routine Work	Prabalarishta Yoga	Uttaraphalguni Until 9:52PM Vridhhi Until 1:07PM Gara Until 12:26PM Chaturdasi* Until 10:43PM	Ganesha: Yellow <i>Sunrise:</i> 6:10AM Muruqa: White <i>Sunset:</i> 7:03PM Nataraja: White Moon – Red Chaitra•Panguni
Until 7:03PM then Siddha Yoga Until 9:52PM then Amrita Yoga			Subha Sivaloka Day

○	Friday, April 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Porto, Portugal
	Kanya Rasi: 14.59 Titithi 15 162917268	Gulika 7:45AM – 9:22AM Yama 3:50PM – 5:27PM Rahu 10:59AM – 12:36PM	Sun 28 Sutra 360 Khara 5113 Moon 2 - Phase 48 Purnima
Creative Work	Amrita Yoga	Hasta Until 7:22PM Dhruva Until 9:18AM Visti Until 9:09AM Purnima* Until 7:26PM	Ganesha: White <i>Sunrise:</i> 6:08AM Muruqa: White <i>Sunset:</i> 7:04PM Nataraja: White Moon – Green Chaitra•Panguni
Until 7:02PM then Marana Yoga		Panguni Uttiram Hanuman Jayanti	Sivaloka Day

○	Saturday, April 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau	Porto, Portugal
	Tula Rasi: 0.04 Titithi 16 – 17 162917268	Gulika 6:06AM – 7:44AM Yama 2:13PM – 3:50PM Rahu 9:21AM – 10:58AM	Sun 29 Sutra 361 Khara 5113 Moon 2 - Phase 48 Prathama
Routine Work	Marana Yoga	Chitra Until 4:33PM Harshana Until 1:11AM Sun Taitila Until 2:06AM Sun Prathama* Until 3:49PM	Ganesha: White <i>Sunrise:</i> 6:06AM Muruqa: White <i>Sunset:</i> 7:05PM Nataraja: White Moon – Green Chaitra•Panguni
Until 4:33PM then Siddha Yoga			Sivaloka Day



Sunday, April 8, 2012
Gold Retreat Star

Tula Rasi: 15.13 Tithi 17 - 18
162917268
Creative Work Siddha Yoga
Until 1:40PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 3:51PM - 5:29PM **Svati Until 1:40PM**
Yama 12:35PM - 2:13PM **Vajra* Until 9:00PM**
Rahu 5:29PM - 7:06PM **Vanija Until 10:25PM**
Dvitiya Until 12:08PM

Ganesha: White *Sunrise: 6:05AM*
Muruqa: White *Sunset: 7:06PM*
Nataraja: White
Moon - Green
Chaitra•Panguni

Porto, Portugal
Sun 1 Sutra 362
Khara 5113
Moon 3 - Phase 49
1st Phase
Sivaloka Day

1

Monday, April 9, 2012

Vrischika Rasi: 0.14 Tithi 18 - 19
Family Home Evening 172917268
Routine Work Marana Yoga
Until 10:58AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 2:13PM - 3:51PM **Visakha Until 10:58AM**
Yama 10:57AM - 12:35PM **Siddhi Until 5:00PM**
Rahu 7:41AM - 9:19AM **Bava Until 6:55PM**
Tritiya Until 8:38AM

Ganesha: Clear *Sunrise: 6:03AM*
Muruqa: White *Sunset: 7:07PM*
Nataraja: White
Moon - Orange
Chaitra•Panguni

Porto, Portugal
Sun 2 Sutra 363
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

2

Tuesday, April 10, 2012

Vrischika Rasi: 15.01 Tithi 20
172117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 12:35PM - 2:13PM **Anuradha Until 8:50AM**
Yama 9:18AM - 10:57AM **Vyatipata* Until 1:51PM**
Rahu 3:52PM - 5:30PM **Kaulava Until 4:36PM**
Panchami Until 3:40AM Wed

Ganesha: Red *Sunrise: 6:02AM*
Muruqa: White *Sunset: 7:08PM*
Nataraja: White
Moon - Orange
Chaitra•Panguni

Porto, Portugal
Sun 3 Sutra 364
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

3

Wednesday, April 11, 2012

Vrischika Rasi: 29.28 Tithi 21
173117268
Creative Work Siddha Yoga
Until 6:56AM then Marana Yoga
Until 7:01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 10:56AM - 12:35PM **Jyeshtha* Until 6:56AM**
Yama 7:39AM - 9:17AM **Variyan Until 10:30AM**
Rahu 12:35PM - 2:13PM **Gara Until 1:54PM**
Shasthi* Until 12:58AM Thu

Ganesha: Blue *Sunrise: 6:00AM*
Muruqa: White *Sunset: 7:09PM*
Nataraja: White
Moon - Orange
Chaitra•Panguni

Porto, Portugal
Sun 4 Sutra 365
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Subha Sivaloka Day

4

Thursday, April 12, 2012

Dhanus Rasi: 13.31 Tithi 22
183117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 9:16AM - 10:55AM **Purvashadha* Until 4:33AM Fri**
Yama 5:58AM - 7:37AM **Parigha* Until 7:46AM**
Rahu 2:13PM - 3:52PM **Visti Until 11:54AM**
Saptami Until 10:59PM

Ganesha: Red *Sunrise: 5:58AM*
Muruqa: White *Sunset: 7:10PM*
Nataraja: White
Moon - Light Blue
Chaitra•Panguni

Porto, Portugal
Sun 5 Sutra 366
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day



Friday, April 13, 2012
Retreat Star

Dhanus Rasi: 27.11 Tithi 23
183117268
Creative Work Siddha Yoga
Until 7:00PM then no yoga
Until 5:40AM Sat then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 7:36AM - 9:15AM **Uttarashadha Until 5:40AM Sat**
Yama 3:53PM - 5:32PM **Siddha Until 4:30AM Sat**
Rahu 10:55AM - 12:34PM **Balava Until 11:01AM**
Ashtami* Until 11:01PM

Ganesha: Red *Sunrise: 5:57AM*
Muruqa: White *Sunset: 7:12PM*
Nataraja: White
Moon - Light Blue
Chaitra•Chaitra

Porto, Portugal
Sun 6 Sutra 1
Nandana 5114
Moon 3 - Phase 49
Ashtami
Subha Sivaloka Day

Saturday, April 14, 2012
Retreat Star

Makara Rasi: 10.29 Tithi 24
293117268
Creative Work Siddha Yoga
Until 7:00PM then Amrita Yoga
Until 5:44AM Sun then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 5:55AM - 7:35AM **Sravana Until 5:44AM Sun**
Yama 2:14PM - 3:53PM **Sadhya Until 2:53AM Sun**
Rahu 9:15AM - 10:54AM **Taitila Until 10:23AM**
Navami* Until 10:23PM

Ganesha: Red *Sunrise: 5:55AM*
Muruqa: White *Sunset: 7:13PM*
Nataraja: White
Moon - Purple
Chaitra•Chaitra

Porto, Portugal
Sun 7 Sutra 2
Nandana 5114
Moon 3 - Phase 49
Navami
Subha Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">1</h1> <p style="margin: 0;">Sunday, April 15, 2012</p> <p style="margin: 0;">Makara Rasi: 23.27 Tithi 25</p> <p style="margin: 0;">293117268</p> <p style="margin: 0;">Creative Work Siddha Yoga</p>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dasami Yam Titau			Porto, Portugal Sun 8 Sutra 3 Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Gulika 3:54PM – 5:34PM Yama 12:34PM – 2:14PM Rahu 5:34PM – 7:14PM	Dhanishtha Until 7:02AM Mon Subha Until 1:49AM Mon Vanija Until 10:24AM Dasami Until 10:24PM	Ganesha: Red <i>Sunrise: 5:54AM</i> Muruqa: White <i>Sunset: 7:14PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra	Subha Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">2</h1> <p style="margin: 0;">Monday, April 16, 2012</p> <p style="margin: 0;">Kumbha Rasi: 6.09 Tithi 26</p> <p style="margin: 0;">Family Home Evening 293117268</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 7.00PM then Marana Yoga</p>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau			Porto, Portugal Sun 9 Sutra 4 Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Gulika 2:14PM – 3:54PM Yama 10:53AM – 12:33PM Rahu 7:32AM – 9:13AM	Dhanishtha Until 7:02AM Sukla Until 2:43AM Tue Bava Until 11:25AM Ekadasi* Until 12:30AM Tue	Ganesha: Red <i>Sunrise: 5:52AM</i> Muruqa: White <i>Sunset: 7:15PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra	Subha Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">3</h1> <p style="margin: 0;">Tuesday, April 17, 2012</p> <p style="margin: 0;">Kumbha Rasi: 18.37 Tithi 27</p> <p style="margin: 0;">293117268</p> <p style="margin: 0;">Routine Work Marana Yoga</p> <p style="margin: 0;">Until 6.59PM then Amrita Yoga</p>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau			Porto, Portugal Sun 10 Sutra 5 Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Gulika 12:33PM – 2:14PM Yama 9:12AM – 10:53AM Rahu 3:54PM – 5:35PM	Satabhisha Until 8:45AM Brahma Until 2:30AM Wed Kaulava Until 12:31PM Dvadasi* Until 1:37AM Wed	Ganesha: Red <i>Sunrise: 5:51AM</i> Muruqa: White <i>Sunset: 7:16PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra	Subha Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">4</h1> <p style="margin: 0;">Wednesday, April 18, 2012</p> <p style="margin: 0;">Meena Rasi: 0.54 Tithi 28</p> <p style="margin: 0;">213117268</p> <p style="margin: 0;">Creative Work Amrita Yoga</p> <p style="margin: 0;">Until 10:52AM then Siddha Yoga</p>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Porto, Portugal Sun 11 Sutra 6 Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Gulika 10:52AM – 12:33PM Yama 7:30AM – 9:11AM Rahu 12:33PM – 2:14PM	Purvaprostapada* Until 10:52AM Indra Until 2:38AM Thu Gara Until 2:02PM Trayodasi* Until 3:08AM Thu <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise: 5:49AM</i> Muruqa: White <i>Sunset: 7:17PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra	Subha Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">5</h1> <p style="margin: 0;">Thursday, April 19, 2012</p> <p style="margin: 0;">Meena Rasi: 13.02 Tithi 29</p> <p style="margin: 0;">213117268</p> <p style="margin: 0;">Creative Work Siddha Yoga</p>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Vaidhrili* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Porto, Portugal Sun 12 Sutra 7 Nandana 5114 Moon 3 - Phase 1 2nd Phase
	Gulika 9:10AM – 10:51AM Yama 5:48AM – 7:29AM Rahu 2:14PM – 3:55PM	Uttaraprostapada Until 1:16PM Vaidhrili* Until 3:04AM Fri Visti Until 3:54PM Chaturdasi* Until 4:59AM Fri	Ganesha: Clear <i>Sunrise: 5:48AM</i> Muruqa: White <i>Sunset: 7:18PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra	Subha Sivaloka Day

<div style="display: flex; align-items: center;"> <div style="width: 20px; height: 20px; background-color: black; border-radius: 50%; margin-right: 5px;"></div> <div> <h1 style="font-size: 2em; margin: 0;">Friday, April 20, 2012</h1> <p style="margin: 0;">Retreat Star</p> <p style="margin: 0;">Meena Rasi: 25.02 Tithi 30</p> <p style="margin: 0;">213117268</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 3:57PM then Amrita Yoga</p> <p style="margin: 0;">Until 6:59PM then Siddha Yoga</p> </div> </div>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Asvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasya* Yam Titau			Porto, Portugal Sun 13 Sutra 8 Nandana 5114 Moon 3 - Phase 1 Amavasya
	Gulika 7:28AM – 9:09AM Yama 3:56PM – 5:37PM Rahu 10:51AM – 12:33PM	Revati Until 3:57PM Vishkambha* Until 3:43AM Sat Catuspada Until 6:02PM Amavasya* Until 7:18AM Sat	Ganesha: Clear <i>Sunrise: 5:46AM</i> Muruqa: White <i>Sunset: 7:19PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra	Subha Sivaloka Day

<p style="margin: 0;">Saturday, April 21, 2012</p> <p style="margin: 0;">Retreat Star</p> <p style="margin: 0;">Mesha Rasi: 6.55 Tithi 30 – 1</p> <p style="margin: 0;">223117268</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 6:50PM then no yoga</p>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Porto, Portugal Sun 14 Sutra 9 Nandana 5114 Moon 3 - Phase 1 Prathama
	Gulika 5:45AM – 7:27AM Yama 2:14PM – 3:56PM Rahu 9:08AM – 10:50AM	Asvini Until 6:50PM Priti Until 4:35AM Sun Kintughna Until 8:23PM Amavasya* Until 7:18AM	Ganesha: Orange <i>Sunrise: 5:45AM</i> Muruqa: White <i>Sunset: 7:20PM</i> Nataraja: White Moon – White Vaisaka-Chaitra	Subha Sivaloka Day

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda, Brihadu 1.4.14. bo UpH,84

1 Sunday, April 22, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama* Dvitiya Yam Titau			Porto, Portugal Sun 15 Sutra 10 Nandana 5114
Mesha Rasi: 18.44	Tithi 1 – 2	Gulika 3:57PM – 5:39PM	Bharani Until 9:51PM	Ganesha: Orange <i>Sunrise:</i> 5:43AM	Moon 3 - Phase 2
	223117268	Yama 12:32PM – 2:14PM	Ayushman Until 6:01AM Mon	Muruqa: White <i>Sunset:</i> 7:21PM	3rd Phase
No Yoga		Rahu 5:39PM – 7:21PM	Balava Until 10:55PM	Nataraja: White	
Until 6.58PM then Siddha Yoga			Prathama* Until 9:49AM	Moon – White	Subha Sivaloka Day
Until 9:51PM then no yoga				Vaisaka-Chaitra	
2 Monday, April 23, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Porto, Portugal Sun 16 Sutra 11 Nandana 5114
Wrishabha Rasi: 0.31	Tithi 2 – 3	Gulika 2:14PM – 3:57PM	Krittika Until 12:57AM Tue	Ganesha: Orange <i>Sunrise:</i> 5:42AM	Moon 3 - Phase 2
Family Home Evening	223117268	Yama 10:49AM – 12:32PM	Ayushman Until 6:01AM	Muruqa: White <i>Sunset:</i> 7:22PM	3rd Phase
No Yoga		Rahu 7:24AM – 9:07AM	Taitila Until 1:31AM Tue	Nataraja: White	
Until 6.58PM then Siddha Yoga			Dvitiya Until 12:25PM	Moon – White	Subha Sivaloka Day
Until 12:57AM Tue then Amrita Yoga				Vaisaka-Chaitra	
3 Tuesday, April 24, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Porto, Portugal Sun 17 Sutra 12 Nandana 5114
Wrishabha Rasi: 12.19	Tithi 3 – 4	Gulika 12:32PM – 2:15PM	Rohini Until 4:03AM Wed	Ganesha: Clear <i>Sunrise:</i> 5:40AM	Moon 3 - Phase 2
	233117269	Yama 9:06AM – 10:49AM	Saubhagya Until 7:05AM	Muruqa: White <i>Sunset:</i> 7:23PM	3rd Phase
Creative Work Amrita Yoga		Rahu 3:57PM – 5:40PM	Vanija Until 4:07AM Wed	Nataraja: Clear	
Until 6.58PM then Siddha Yoga			Tritiya Until 3:01PM	Moon – Yellow	Sivaloka Day
				Vaisaka-Chaitra	
4 Wednesday, April 25, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Porto, Portugal Sun 18 Sutra 13 Nandana 5114
Wrishabha Rasi: 24.08	Tithi 4 – 5	Gulika 10:48AM – 12:32PM	Mrigasira Until 7:09AM Thu	Ganesha: White <i>Sunrise:</i> 5:39AM	Moon 3 - Phase 2
	234117269	Yama 7:22AM – 9:05AM	Sobhana Until 8:03AM	Muruqa: White <i>Sunset:</i> 7:24PM	3rd Phase
Creative Work Siddha Yoga		Rahu 12:32PM – 2:15PM	Bava Until 6:35AM Thu	Nataraja: Clear	
Until 6.58PM then Marana Yoga			Chaturthi* Until 5:30PM	Moon – Yellow	Devaloka Day
				Vaisaka-Chaitra	
5 Thursday, April 26, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau			Porto, Portugal Sun 19 Sutra 14 Nandana 5114
Mithuna Rasi: 6.05	Tithi 5	Gulika 9:04AM – 10:48AM	Mrigasira Until 7:09AM	Ganesha: White <i>Sunrise:</i> 5:37AM	Moon 3 - Phase 2
	234117269	Yama 5:37AM – 7:21AM	Athiganda* Until 8:48AM	Muruqa: White <i>Sunset:</i> 7:25PM	3rd Phase
Routine Work Marana Yoga		Rahu 2:15PM – 3:58PM	Bava Until 6:39AM	Nataraja: Clear	
Until 6.58PM then Siddha Yoga			Panchami Until 7:44PM	Moon – Yellow	Devaloka Day
				Vaisaka-Chaitra	
6 Friday, April 27, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			Porto, Portugal Sun 20 Sutra 15 Nandana 5114
Mithuna Rasi: 18.13	Tithi 6	Gulika 7:20AM – 9:04AM	Ardra Until 9:34AM	Ganesha: White <i>Sunrise:</i> 5:36AM	Moon 3 - Phase 2
	234117269	Yama 3:59PM – 5:43PM	Sukarma Until 9:14AM	Muruqa: White <i>Sunset:</i> 7:26PM	3rd Phase
Creative Work Siddha Yoga		Rahu 10:47AM – 12:31PM	Kaulava Until 8:30AM	Nataraja: Clear	
Until 6.57PM then Marana Yoga			Shasthi* Until 9:35PM	Moon – Yellow	Devaloka Day
				Vaisaka-Chaitra	
Saturday, April 28, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau			Porto, Portugal Sun 21 Sutra 16 Nandana 5114
Retreat Star		Gulika 5:35AM – 7:19AM	Punarvasu Until 11:03AM	Ganesha: Clear <i>Sunrise:</i> 5:35AM	Moon 3 - Phase 2
Kataka Rasi: 0.35	Tithi 7	Yama 2:15PM – 3:59PM	Dhriti Until 8:59AM	Muruqa: White <i>Sunset:</i> 7:27PM	3rd Phase
	244117269	Rahu 9:03AM – 10:47AM	Gara Until 9:29AM	Nataraja: Clear	
Routine Work Marana Yoga			Saptami Until 9:29PM	Moon – Blue	Sivaloka Day
Until 11:03AM then Siddha Yoga				Vaisaka-Chaitra	
Sunday, April 29, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Porto, Portugal Sun 22 Sutra 17 Nandana 5114
Retreat Star		Gulika 4:00PM – 5:44PM	Pushya Until 12:13PM	Ganesha: Clear <i>Sunrise:</i> 5:33AM	Moon 3 - Phase 2
Kataka Rasi: 13.18	Tithi 8	Yama 12:31PM – 2:15PM	Shula* Until 8:24AM	Muruqa: White <i>Sunset:</i> 7:29PM	Ashtami
	244117269	Rahu 5:44PM – 7:29PM	Visti Until 10:01AM	Nataraja: Clear	
Creative Work Siddha Yoga			Ashtami* Until 10:01PM	Moon – Blue	Sivaloka Day
				Vaisaka-Chaitra	
Monday, April 30, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navami* Yam Titau			Porto, Portugal Sun 23 Sutra 18 Nandana 5114
Retreat Star		Gulika 2:16PM – 4:00PM	Aslesha* Until 12:11PM	Ganesha: Clear <i>Sunrise:</i> 5:32AM	Moon 3 - Phase 2
Kataka Rasi: 26.23	Tithi 9	Yama 10:46AM – 12:31PM	Ganda* Until 7:04AM	Muruqa: White <i>Sunset:</i> 7:30PM	Navami
Family Home Evening	244117269	Rahu 7:17AM – 9:01AM	Balava Until 9:29AM	Nataraja: Clear	
Creative Work Siddha Yoga			Navami* Until 8:33PM	Moon – Blue	Sivaloka Day
				Vaisaka-Chaitra	


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Tuesday, May 1, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau				Porto, Portugal
	Simha Rasi: 9.56 Tithi 10	Gulika 12:31PM – 2:16PM	Magha* Until 11:50AM	Ganesha: Purple <i>Sunrise:</i> 5:29AM	Sun 24 Sutra 19	Nandana 5114
	254117269	Yama 9:00AM – 10:45AM	Dhruva Until 2:31AM Wed	Muruqa: White <i>Sunset:</i> 7:32PM	Moon 3 - Phase 3	
Creative Work Siddha Yoga	Rahu 4:01PM – 5:46PM	Taitila Until 8:26AM	Nataraja: Clear	Moon – Red		4th Phase
Until 6:57PM then Amrita Yoga		Dasami Until 7:30PM	Vaisaka-Chaitra	Devaloka Day		

2	Wednesday, May 2, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Bava Karana Ekadasi/Dvadasi Yam Titau				Porto, Portugal
	Simha Rasi: 23.56 Tithi 11 – 12	Gulika 10:45AM – 12:30PM	Purvaphalguni* Until 10:41AM	Ganesha: Purple <i>Sunrise:</i> 5:28AM	Sun 25 Sutra 20	Nandana 5114
	254117269	Yama 7:14AM – 8:59AM	Vyaghata* Until 11:54PM	Muruqa: White <i>Sunset:</i> 7:33PM	Moon 3 - Phase 3	
Creative Work Amrita Yoga	Rahu 12:30PM – 2:16PM	Vanija Until 6:31AM	Nataraja: Clear	Moon – Red		4th Phase
Until 6:57PM then Prabalarishta Yoga		Ekadasi Until 5:36PM	Vaisaka-Chaitra	Devaloka Day		

3	Thursday, May 3, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Porto, Portugal
	Kanya Rasi: 8.23 Tithi 12 – 13	Gulika 8:59AM – 10:45AM	Uttaraphalguni Until 8:35AM	Ganesha: Purple <i>Sunrise:</i> 5:27AM	Sun 26 Sutra 21	Nandana 5114
	254117269	Yama 5:27AM – 7:13AM	Harshana Until 7:39PM	Muruqa: White <i>Sunset:</i> 7:34PM	Moon 3 - Phase 3	
Routine Work Prabalarishta Yoga	Rahu 2:16PM – 4:02PM	Kaulava Until 12:31AM Fri	Nataraja: Clear	Moon – Red		4th Phase
Until 8:35AM then no yoga		Dvadasi Until 2:14PM	Vaisaka-Chaitra	Devaloka Day		
Until 6:57PM then Amrita Yoga		<i>Pradosha Vrata</i>				

4	Friday, May 4, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Porto, Portugal
	Kanya Rasi: 23.12 Tithi 13 – 14	Gulika 7:12AM – 8:58AM	Hasta Until 6:12AM	Ganesha: Clear <i>Sunrise:</i> 5:26AM	Sun 27 Sutra 22	Nandana 5114
	264117269	Yama 4:03PM – 5:49PM	Vajra* Until 3:58PM	Muruqa: White <i>Sunset:</i> 7:35PM	Moon 3 - Phase 3	
Creative Work Amrita Yoga	Rahu 10:44AM – 12:30PM	Gara Until 9:21PM	Nataraja: Clear	Moon – Green		4th Phase
Until 6:12AM then Siddha Yoga		Trayodasi Until 11:04AM	Vaisaka-Chaitra	Sivaloka Day		
Until 6:56PM then Marana Yoga						

	Saturday, May 5, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Bava Karana Chaturdasi*/Purnima* Yam Titau				Porto, Portugal
	Copper Retreat Star	Gulika 5:25AM – 7:11AM	Svati Until 12:44AM Sun	Ganesha: White <i>Sunrise:</i> 5:25AM	Sutra 23	Nandana 5114
	Tula Rasi: 8.17 Tithi 14 – 15	Yama 2:17PM – 4:03PM	Siddhi Until 11:52AM	Muruqa: White <i>Sunset:</i> 7:36PM	Moon 3 - Phase 3	
264217269	Rahu 8:57AM – 10:44AM	Bava Until 4:00AM Sun	Nataraja: Clear	Moon – Green		Purnima
Creative Work Siddha Yoga		Chaturdasi* Until 7:25AM	Vaisaka-Chaitra	Subha Sivaloka Day		
Until 12:44AM Sun then Marana Yoga						

	Sunday, May 6, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Visakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau				Porto, Portugal
	Silver Retreat Star	Gulika 4:04PM – 5:50PM	Visakha Until 9:43PM	Ganesha: Yellow <i>Sunrise:</i> 5:23AM	Sutra 24	Nandana 5114
	Tula Rasi: 23.31 Tithi 16	Yama 12:30PM – 2:17PM	Vyatipata* Until 7:36AM	Muruqa: White <i>Sunset:</i> 7:37PM	Moon 3 - Phase 3	
274217269	Rahu 5:50PM – 7:37PM	Balava Until 1:52PM	Nataraja: Clear	Moon – Orange		Prathama
Routine Work Marana Yoga		Prathama* Until 12:09AM Mon	Vaisaka-Chaitra	Sivaloka Day		
Until 9:43PM then Siddha Yoga						