



Tuesday, April 19, 2011
Gold Retreat Star

Tula Rasi: 20.1 Tithi 17
272456158
Routine Work Marana Yoga
Until 8.00PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 12:23PM – 2:06PM
Yama 8:58AM – 10:40AM
Rahu 3:49PM – 5:31PM

Visakha Until 3:05AM Wed
Siddhi Until 6:34PM
Taitila Until 10:31AM
Dvitiya Until 8:49PM

Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Chaitra-Chaitra

Milan, Italy
Sutra 7
Khara 5113
Moon 4 - Phase 1
1st Phase

1

Wednesday, April 20, 2011

Wrischika Rasi: 4.51 Tithi 18
272456158
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visiti* Karana Tritiya Yam Titau

Gulika 10:40AM – 12:23PM
Yama 7:14AM – 8:57AM
Rahu 12:23PM – 2:06PM

Anuradha Until 2:15AM Thu
Vyatipata* Until 3:40PM
Vanija Until 7:42AM
Tritiya Until 6:47PM

Ganesha: Yellow *Sunrise:* 5:31AM
Muruqa: Yellow *Sunset:* 7:15PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Chaitra-Chaitra

Milan, Italy
Sutra 8
Khara 5113
Moon 4 - Phase 1
1st Phase

2

Thursday, April 21, 2011

Wrischika Rasi: 19.08 Tithi 19 – 20
272456158
Creative Work Siddha Yoga
Until 8.00PM then Prabalarishta Yoga
Until 12:38AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 8:56AM – 10:39AM
Yama 5:29AM – 7:12AM
Rahu 2:06PM – 3:50PM

Jyeshtha* Until 12:38AM Fri
Variyan Until 12:36PM
Kaulava Until 3:27AM Fri
Chaturthi* Until 4:23PM

Ganesha: Yellow *Sunrise:* 5:29AM
Muruqa: Yellow *Sunset:* 7:16PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Chaitra-Chaitra

Milan, Italy
Sutra 9
Khara 5113
Moon 4 - Phase 1
1st Phase

3

Friday, April 22, 2011

Dhanus Rasi: 2.56 Tithi 20 – 21
282456158
No Yoga
Until 8.00PM then Siddha Yoga
Until 1:12AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 7:11AM – 8:55AM
Yama 3:50PM – 5:34PM
Rahu 10:39AM – 12:22PM

Mula* Until 1:12AM Sat
Parigha* Until 10:36AM
Gara Until 3:35AM Sat
Panchami Until 3:35PM

Ganesha: Blue *Sunrise:* 5:27AM
Muruqa: Yellow *Sunset:* 7:18PM
Nataraja: Clear
Moon – Light Blue

Sivaloka Day
Chaitra-Chaitra

Milan, Italy
Sutra 10
Khara 5113
Moon 4 - Phase 1
1st Phase

4

Saturday, April 23, 2011

Dhanus Rasi: 16.16 Tithi 21 – 22
282466158
Routine Work Marana Yoga
Until 8.00PM then Siddha Yoga
Until 1:13AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visiti* Karana Shasthi*/Saptami Yam Titau

Gulika 5:26AM – 7:10AM
Yama 2:06PM – 3:51PM
Rahu 8:54AM – 10:38AM

Purvashadha* Until 1:13AM Sun
Shiva Until 8:56AM
Visiti Until 2:53AM Sun
Shasthi* Until 2:53PM

Ganesha: Blue *Sunrise:* 5:26AM
Muruqa: Red *Sunset:* 7:19PM
Nataraja: Clear
Moon – Light Blue

Sivaloka Day
Chaitra-Chaitra

Milan, Italy
Sutra 11
Khara 5113
Moon 4 - Phase 1
1st Phase

5

Sunday, April 24, 2011

Dhanus Rasi: 29.09 Tithi 22 – 23
282466158
Creative Work Amrita Yoga
Until 7.59PM then Marana Yoga
Until 2:02AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 3:51PM – 5:36PM
Yama 12:22PM – 2:07PM
Rahu 5:36PM – 7:20PM

Uttarashadha Until 2:02AM Mon
Siddha Until 8:01AM
Balava Until 3:03AM Mon
Saptami Until 3:03PM

Ganesha: Blue *Sunrise:* 5:24AM
Muruqa: Red *Sunset:* 7:20PM
Nataraja: Clear
Moon – Light Blue

Sivaloka Day
Chaitra-Chaitra

Milan, Italy
Sutra 12
Khara 5113
Moon 4 - Phase 1
1st Phase



Monday, April 25, 2011
Retreat Star

Makara Rasi: 11.4 Tithi 23 – 24
293466159
Family Home Evening
Creative Work Amrita Yoga
Until 7.59PM then Siddha Yoga
Until 5:19AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 2:07PM – 3:52PM
Yama 10:37AM – 12:22PM
Rahu 7:07AM – 8:52AM

Sravana Until 5:19AM Tue
Sadhya Until 7:52AM
Taitila Until 5:57AM Tue
Ashtami* Until 4:51PM

Ganesha: Green *Sunrise:* 5:22AM
Muruqa: Red *Sunset:* 7:22PM
Nataraja: Purple
Moon – Purple

Devaloka Day
Chaitra-Chaitra

Milan, Italy
Sutra 13
Khara 5113
Moon 4 - Phase 1
Ashtami

Tuesday, April 26, 2011
Retreat Star

Makara Rasi: 23.55 Tithi 24
293466159
Routine Work Marana Yoga
Until 7.59PM then Prabalarishta Yoga
Until 7:24AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Subha/Sukla Yoga Gara Karana Navami* Yam Titau

Gulika 12:22PM – 2:07PM
Yama 8:51AM – 10:36AM
Rahu 3:52PM – 5:38PM

Dhanishtha Until 7:24AM Wed
Subha Until 8:05AM
Gara Until 7:32AM Wed
Navami* Until 6:27PM

Ganesha: Green *Sunrise:* 5:21AM
Muruqa: Red *Sunset:* 7:23PM
Nataraja: Purple
Moon – Purple

Devaloka Day
Chaitra-Chaitra

Milan, Italy
Sutra 14
Khara 5113
Moon 4 - Phase 1
Navami


1	Wednesday, April 27, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau				Milan, Italy
	Kumbha Rasi: 5.58	Tithi 25	Gulika 10:36AM – 12:22PM	Dhanishtha Until 7:24AM	Ganesha: Red	<i>Sunrise:</i> 5:19AM	Sutra 15 Khara 5113
		293566159	Yama 7:05AM – 8:50AM	Sukla Until 8:39AM	Muruqa: Red	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 2
			Rahu 12:22PM – 2:07PM	Vanija Until 7:22AM	Nataraja: Purple		2nd Phase
	Routine Work Prabalarishta Yoga			Dasami Until 8:28PM	Chaitra-Chaitra		Sivaloka Day
	Until 7:24AM then Siddha Yoga						
	Until 7:59PM then Marana Yoga						

2	Thursday, April 28, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau				Milan, Italy
	Kumbha Rasi: 17.54	Tithi 26	Gulika 8:49AM – 10:35AM	Satabhisha Until 10:12AM	Ganesha: Red	<i>Sunrise:</i> 5:17AM	Sutra 16 Khara 5113
		293566159	Yama 5:17AM – 7:03AM	Brahma Until 9:27AM	Muruqa: Red	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 2
			Rahu 2:07PM – 3:53PM	Bava Until 9:39AM	Nataraja: Purple		2nd Phase
	Routine Work Marana Yoga			Ekadasi* Until 10:44PM	Chaitra-Chaitra		Sivaloka Day
	Until 10:12AM then Siddha Yoga						

3	Friday, April 29, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau				Milan, Italy
	Kumbha Rasi: 29.46	Tithi 27	Gulika 7:02AM – 8:49AM	Purvaprostapada* Until 1:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Sutra 17 Khara 5113
		213566159	Yama 3:54PM – 5:40PM	Indra Until 10:21AM	Muruqa: Red	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 2
			Rahu 10:35AM – 12:21PM	Kaulava Until 12:03PM	Nataraja: Purple		2nd Phase
	Creative Work Siddha Yoga			Dvdadasi* Until 1:08AM Sat	Chaitra-Chaitra		Sivaloka Day

4	Saturday, April 30, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Uttaraprostapada*/Revall Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Milan, Italy
	Meena Rasi: 11.38	Tithi 28	Gulika 5:14AM – 7:01AM	Uttaraprostapada Until 4:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM	Sutra 18 Khara 5113
		213566159	Yama 2:08PM – 3:55PM	Vaidhriti* Until 11:16AM	Muruqa: Red	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 2
			Rahu 8:48AM – 10:34AM	Gara Until 2:28PM	Nataraja: Purple		2nd Phase
	Creative Work Siddha Yoga			Trayodasi* Until 3:33AM Sun	Chaitra-Chaitra		Sivaloka Day
	Until 4:04PM then Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			
	Until 7:58PM then Amrita Yoga						

5	Sunday, May 1, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Milan, Italy
	Meena Rasi: 23.32	Tithi 29	Gulika 3:55PM – 5:42PM	Revati Until 6:56PM	Ganesha: Clear	<i>Sunrise:</i> 5:13AM	Sutra 19 Khara 5113
		213566159	Yama 12:21PM – 2:08PM	Vishkambha* Until 12:07PM	Muruqa: Red	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 2
			Rahu 5:42PM – 7:29PM	Visti Until 4:48PM	Nataraja: Purple		2nd Phase
	Creative Work Amrita Yoga			Chaturdasi* Until 5:53AM Mon	Chaitra-Chaitra		Sivaloka Day
	Until 6:56PM then Siddha Yoga						

	Monday, May 2, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Catuspada* Karana Amavasya* Yam Titau				Milan, Italy
	Retreat Star		Gulika 2:08PM – 3:56PM	Asvini Until 9:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:11AM	Sutra 20 Khara 5113
Mesha Rasi: 5.3	Tithi 30		Yama 10:34AM – 12:21PM	Priti Until 12:51PM	Muruqa: Red	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 2
Family Home Evening	223566159		Rahu 6:59AM – 8:46AM	Catuspada Until 6:59PM	Nataraja: Purple		Amavasya
Creative Work Siddha Yoga				Amavasya* Until 7:52AM Tue	Chaitra-Chaitra		Sivaloka Day

	Tuesday, May 3, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Milan, Italy
	Retreat Star		Gulika 12:21PM – 2:08PM	Bharani Until 12:12AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:10AM	Sutra 21 Khara 5113
Mesha Rasi: 17.34	Tithi 30 – 1		Yama 8:45AM – 10:33AM	Ayushman Until 1:24PM	Muruqa: Red	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 2
	223566159		Rahu 3:56PM – 5:44PM	Kintughna Until 8:58PM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga				Amavasya* Until 7:52AM	Vaisaka-Chaitra		Sivaloka Day
Until 7:58PM then Marana Yoga							
Until 12:12AM Wed then Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Wednesday, May 4, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Milan, Italy Sutra 22 Khara 5113
	Mesha Rasi: 29.45 Tithi 1 – 2 223566159	Gulika 10:33AM – 12:21PM Yama 6:57AM – 8:45AM Rahu 12:21PM – 2:09PM	Krittika Until 2:30AM Thu Saubhagya Until 1:44PM Balava Until 10:41PM Prathama* Until 9:35AM	Ganesha: Orange <i>Sunrise:</i> 5:08AM Muruqa: Red <i>Sunset:</i> 7:33PM Nataraja: Purple Moon – White Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 7.58PM then Marana Yoga					


2	Thursday, May 5, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Milan, Italy Sutra 23 Khara 5113
	Wrishabha Rasi: 12.05 Tithi 2 – 3 233566159	Gulika 8:44AM – 10:32AM Yama 5:07AM – 6:55AM Rahu 2:09PM – 3:57PM	Rohini Until 2:47AM Fri Sobhana Until 1:48PM Taitila Until 10:34PM Dvitiya Until 10:34AM	Ganesha: Clear <i>Sunrise:</i> 5:07AM Muruqa: Red <i>Sunset:</i> 7:34PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 2:47AM Fri then Siddha Yoga					

3	Friday, May 6, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Milan, Italy Sutra 24 Khara 5113
	Wrishabha Rasi: 24.35 Tithi 3 – 4 233566159	Gulika 6:54AM – 8:43AM Yama 3:58PM – 5:47PM Rahu 10:32AM – 12:20PM	Mrigasira Until 4:19AM Sat Athiganda* Until 1:01PM Vanija Until 11:30PM Tritiya Until 11:30AM	Ganesha: Clear <i>Sunrise:</i> 5:06AM Muruqa: Red <i>Sunset:</i> 7:35PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
Creative Work Siddha Yoga					

4	Saturday, May 7, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Milan, Italy Sutra 25 Khara 5113
	Mithuna Rasi: 7.17 Tithi 4 – 5 233566159	Gulika 5:04AM – 6:53AM Yama 2:09PM – 3:57PM Rahu 8:42AM – 10:31AM	Ardra Until 5:29AM Sun Sukarma Until 12:26PM Bava Until 12:03AM Sun Chaturthi* Until 12:03PM	Ganesha: Clear <i>Sunrise:</i> 5:04AM Muruqa: Red <i>Sunset:</i> 7:37PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
Creative Work Siddha Yoga					

5	Sunday, May 8, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Milan, Italy Sutra 26 Khara 5113
	Mithuna Rasi: 20.13 Tithi 5 – 6 243566159	Gulika 3:59PM – 5:48PM Yama 12:20PM – 2:10PM Rahu 5:48PM – 7:38PM	Punarvasu Until 6:14AM Mon Dhriti Until 11:28AM Kaulava Until 12:07AM Mon Panchami Until 12:07PM	Ganesha: Purple <i>Sunrise:</i> 5:03AM Muruqa: Red <i>Sunset:</i> 7:38PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 7.58PM then Amrita Yoga Until 6:14AM Mon then Siddha Yoga					

6	Monday, May 9, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Milan, Italy Sutra 27 Khara 5113
	Kataka Rasi: 3.25 Tithi 6 – 7 Family Home Evening 244566159	Gulika 2:10PM – 4:00PM Yama 10:31AM – 12:20PM Rahu 6:51AM – 8:41AM	Pushya Until 6:29AM Tue Shula* Until 10:02AM Gara Until 10:18PM Shasthi* Until 11:13AM	Ganesha: Clear <i>Sunrise:</i> 5:02AM Muruqa: Red <i>Sunset:</i> 7:39PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
Creative Work Siddha Yoga					

	Tuesday, May 10, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Milan, Italy Sutra 28 Khara 5113
	Retreat Star Kataka Rasi: 16.55 Tithi 7 – 8 244566159	Gulika 12:20PM – 2:10PM Yama 8:40AM – 10:30AM Rahu 4:00PM – 5:50PM	Aslesha* Until 4:27AM Wed Ganda* Until 7:58AM Visti Until 9:19PM Saptami Until 10:14AM	Ganesha: Clear <i>Sunrise:</i> 5:00AM Muruqa: Red <i>Sunset:</i> 7:40PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 3 Ashtami Sivaloka Day
Creative Work Siddha Yoga					

7	Wednesday, May 11, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Milan, Italy Sutra 29 Khara 5113
	Retreat Star Simha Rasi: 0.44 Tithi 8 – 9 254566159	Gulika 10:30AM – 12:20PM Yama 6:49AM – 8:40AM Rahu 12:20PM – 2:11PM	Magha* Until 3:37AM Thu Dhruva Until 2:58AM Thu Balava Until 7:44PM Ashtami* Until 8:40AM	Ganesha: White <i>Sunrise:</i> 4:59AM Muruqa: Red <i>Sunset:</i> 7:41PM Nataraja: Purple Moon – Red Vaisaka-Chaitra	Moon 4 - Phase 3 Navami Devaloka Day
Creative Work Siddha Yoga Until 7.58PM then Amrita Yoga Until 3:37AM Thu then no yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

1	Thursday, May 12, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Navami*/Dasami Yam Titau				Milan, Italy
	Simha Rasi: 14.52 Tithi 9 – 10 No Yoga Until 7.58PM then Siddha Yoga	254566159	Gulika 8:39AM – 10:30AM Yama 4:58AM – 6:48AM Rahu 2:11PM – 4:01PM	Purvaphalguni* Until 2:13AM Fri Vyaghata* Until 12:07AM Fri Gara Until 4:38AM Fri Navami* Until 6:29AM	Ganesha: White <i>Sunrise:</i> 4:58AM Muruqa: Red <i>Sunset:</i> 7:43PM Nataraja: Purple Moon – Red Vaisaka-Chaitra	Sutra 30 Khara 5113 Moon 4 - Phase 4 4th Phase Devaloka Day

2	Friday, May 13, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadasi Yam Titau				Milan, Italy
	Simha Rasi: 29.19 Tithi 11 Creative Work Siddha Yoga Until 7.57PM then Marana Yoga	254566159	Gulika 6:47AM – 8:38AM Yama 4:02PM – 5:53PM Rahu 10:29AM – 12:20PM	Uttaraphalguni Until 11:05PM Harshana Until 7:52PM Vanija Until 2:12PM Ekadasi Until 12:29AM Sat	Ganesha: White <i>Sunrise:</i> 4:56AM Muruqa: Red <i>Sunset:</i> 7:44PM Nataraja: Purple Moon – Red Vaisaka-Chaitra	Sutra 31 Khara 5113 Moon 4 - Phase 4 4th Phase Devaloka Day

3	Saturday, May 14, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadasi Yam Titau				Milan, Italy
	Kanya Rasi: 14.01 Tithi 12 Routine Work Marana Yoga Until 7.57PM then Amrita Yoga Until 8.55PM then Siddha Yoga	264566159	Gulika 4:55AM – 6:46AM Yama 2:11PM – 4:03PM Rahu 8:38AM – 10:29AM	Hasta Until 8:55PM Vajra* Until 4:23PM Bava Until 11:15AM Dvadasi Until 9:32PM	Ganesha: Yellow <i>Sunrise:</i> 4:55AM Muruqa: Red <i>Sunset:</i> 7:45PM Nataraja: Purple Moon – Green Vaisaka-Chaitra	Sutra 32 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day

4	Sunday, May 15, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Milan, Italy
	Kanya Rasi: 28.5 Tithi 13 Creative Work Siddha Yoga Until 7.57PM then Amrita Yoga	264566159	Gulika 4:03PM – 5:55PM Yama 12:20PM – 2:12PM Rahu 5:55PM – 7:46PM	Chitra Until 6:31PM Siddhi Until 12:42PM Kaulava Until 8:02AM Trayodasi Until 6:20PM <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 7:46PM Nataraja: Purple Moon – Green Vaisaka-Vaikasi	Sutra 33 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day

5	Monday, May 16, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Vyalipata*Varjyan Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau				Milan, Italy
	Tula Rasi: 13.42 Tithi 14 – 15 Family Home Evening Creative Work Amrita Yoga Until 4.05PM then Marana Yoga	264566159	Gulika 2:12PM – 4:04PM Yama 10:28AM – 12:20PM Rahu 6:45AM – 8:37AM	Svati Until 4:05PM Vyatipata* Until 8:57AM Visli Until 1:22AM Tue Chaturdasi* Until 3:04PM	Ganesha: Yellow <i>Sunrise:</i> 4:53AM Muruqa: Red <i>Sunset:</i> 7:47PM Nataraja: Purple Moon – Green Vaisaka-Vaikasi	Sutra 34 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day

○	Tuesday, May 17, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Milan, Italy
	Copper Retreat Star Tula Rasi: 28.28 Tithi 15 – 16 Routine Work Marana Yoga Until 1.48PM then Siddha Yoga	274566159	Gulika 12:20PM – 2:12PM Yama 8:36AM – 10:28AM Rahu 4:04PM – 5:56PM	Visakha Until 1:48PM Parigha* Until 2:40AM Wed Balava Until 10:17PM Purnima* Until 12:00PM	Ganesha: Blue <i>Sunrise:</i> 4:52AM Muruqa: Red <i>Sunset:</i> 7:48PM Nataraja: Purple Moon – Orange Vaisaka-Vaikasi	Sutra 35 Khara 5113 Moon 4 - Phase 4 Purnima Devaloka Day

○	Wednesday, May 18, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau				Milan, Italy
	Silver Retreat Star Vrischika Rasi: 12.59 Tithi 16 – 17 Creative Work Siddha Yoga	274566159	Gulika 10:28AM – 12:20PM Yama 6:43AM – 8:35AM Rahu 12:20PM – 2:13PM	Anuradha Until 12:19PM Shiva Until 11:13PM Taitila Until 8:40PM Prathama* Until 9:35AM	Ganesha: Blue <i>Sunrise:</i> 4:51AM Muruqa: Red <i>Sunset:</i> 7:50PM Nataraja: Purple Moon – Orange Vaisaka-Vaikasi	Sutra 36 Khara 5113 Moon 4 - Phase 4 Prathama Devaloka Day



Thursday, May 19, 2011
Gold Retreat Star

Vrischika Rasi: 27.1 Titthi 17 – 18
274566159
Creative Work Siddha Yoga
Until 7.58PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 8:35AM – 10:28AM **Jyeshtha* Until 10:51AM**
Yama 4:50AM – 6:42AM Siddha Until 8:19PM
Rahu 2:13PM – 4:05PM Vanija Until 6:24PM
Dvitiya Until 7:20AM

Ganesha: Blue *Sunrise:* 4:50AM
Muruqa: Red *Sunset:* 7:51PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Milan, Italy
Sun 1
Sutra 37
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

1

Friday, May 20, 2011

Dhanus Rasi: 10.57 Titthi 19
284566159
No Yoga
Until 10:24AM then Siddha Yoga
Until 7.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 6:42AM – 8:34AM **Mula* Until 10:24AM**
Yama 4:06PM – 5:59PM Sadhya Until 6:55PM
Rahu 10:27AM – 12:20PM Bava Until 5:47PM
Chaturthi* Until 5:47AM Sat

Ganesha: Red *Sunrise:* 4:49AM
Muruqa: Red *Sunset:* 7:52PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Milan, Italy
Sun 2
Sutra 38
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

2

Saturday, May 21, 2011

Dhanus Rasi: 24.19 Titthi 20
285566159
Routine Work Marana Yoga
Until 10:20AM then no yoga
Until 7.58PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 4:48AM – 6:41AM **Purvashadha* Until 10:20AM**
Yama 2:13PM – 4:07PM Subha Until 5:13PM
Rahu 8:34AM – 10:27AM Kaulava Until 4:59PM
Panchami Until 4:59AM Sun

Ganesha: Yellow *Sunrise:* 4:48AM
Muruqa: Red *Sunset:* 7:53PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Milan, Italy
Sun 3
Sutra 39
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

3

Sunday, May 22, 2011

Makara Rasi: 7.16 Titthi 21
285666159
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha*/Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 4:07PM – 6:01PM **Uttarashadha Until 11:02AM**
Yama 12:20PM – 2:14PM Sukla Until 4:12PM
Rahu 6:01PM – 7:54PM Gara Until 5:00PM
Shasthi* Until 5:00AM Mon

Ganesha: Red *Sunrise:* 4:47AM
Muruqa: Red *Sunset:* 7:54PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Milan, Italy
Sun 4
Sutra 40
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

4

Monday, May 23, 2011

Makara Rasi: 19.53 Titthi 22
295666159
Family Home Evening
Creative Work Amrita Yoga
Until 12:55PM then Siddha Yoga
Until 7.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti* Karana Saptami Yam Titau
Gulika 2:14PM – 4:08PM **Sravana Until 12:55PM**
Yama 10:27AM – 12:20PM Brahma Until 4:34PM
Rahu 6:40AM – 8:33AM Visti Until 6:47PM
Saptami Until 7:07AM Tue

Ganesha: Green *Sunrise:* 4:46AM
Muruqa: Red *Sunset:* 7:55PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Milan, Italy
Sun 5
Sutra 41
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day



Tuesday, May 24, 2011
Retreat Star

Kumbha Rasi: 2.11 Titthi 22 – 23
295666159
Routine Work Marana Yoga
Until 7.58PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 12:21PM – 2:14PM **Dhanishtha Until 2:58PM**
Yama 8:33AM – 10:27AM Indra Until 4:41PM
Rahu 4:08PM – 6:02PM Balava Until 8:12PM
Saptami Until 7:07AM

Ganesha: Green *Sunrise:* 4:45AM
Muruqa: Red *Sunset:* 7:56PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Milan, Italy
Sun 6
Sutra 42
Khara 5113
Moon 5 - Phase 5
Ashtami

Devaloka Day

Wednesday, May 25, 2011
Retreat Star

Kumbha Rasi: 14.17 Titthi 23 – 24
295666159
Creative Work Siddha Yoga
Until 5:25PM then Amrita Yoga
Until 7.58PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 10:27AM – 12:21PM **Satabhisha Until 5:25PM**
Yama 6:38AM – 8:32AM Vaidhriti* Until 5:11PM
Rahu 12:21PM – 2:15PM Taitila Until 10:05PM
Ashtami* Until 8:59AM

Ganesha: Green *Sunrise:* 4:44AM
Muruqa: Red *Sunset:* 7:57PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Milan, Italy
Sun 7
Sutra 43
Khara 5113
Moon 5 - Phase 5
Navami

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

1	Thursday, May 26, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Milan, Italy
	Kumbha Rasi: 26.15 Tithi 24 – 25 315666159	Gulika 8:32AM – 10:26AM Yama 4:43AM – 6:38AM Rahu 2:15PM – 4:09PM	Purvaprostapada* Until 8:10PM Vishkambha* Until 5:56PM Vanija Until 12:15AM Fri Navami* Until 11:10AM	Ganesha: Clear <i>Sunrise:</i> 4:43AM Muruqa: Red <i>Sunset:</i> 7:58PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 8 Sutra 44 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga				


2	Friday, May 27, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Milan, Italy
	Meena Rasi: 8.09 Tithi 25 – 26 315666159	Gulika 6:37AM – 8:32AM Yama 4:10PM – 6:05PM Rahu 10:26AM – 12:21PM	Uttaraprostapada Until 11:02PM Priti Until 6:49PM Bava Until 2:35AM Sat Dasami Until 1:29PM	Ganesha: Clear <i>Sunrise:</i> 4:43AM Muruqa: Red <i>Sunset:</i> 7:59PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 9 Sutra 45 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 11:02PM then Prabalarishta Yoga				

3	Saturday, May 28, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Milan, Italy
	Meena Rasi: 20.02 Tithi 26 – 27 315666159	Gulika 4:42AM – 6:37AM Yama 2:16PM – 4:10PM Rahu 8:31AM – 10:26AM	Revati Until 1:55AM Sun Ayushman Until 7:42PM Kaulava Until 4:54AM Sun Ekadasi* Until 3:49PM	Ganesha: Clear <i>Sunrise:</i> 4:42AM Muruqa: Red <i>Sunset:</i> 8:00PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 10 Sutra 46 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Routine Work Prabalarishta Yoga Until 7:58PM then Amrita Yoga Until 1:55AM Sun then Siddha Yoga				

4	Sunday, May 29, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Talitla/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Milan, Italy
	Mesha Rasi: 1.59 Tithi 27 – 28 325666159	Gulika 4:11PM – 6:06PM Yama 12:21PM – 2:16PM Rahu 6:06PM – 8:01PM	Asvini Until 4:42AM Mon Saubhagya Until 8:30PM Gara Until 7:08AM Mon Dvadasi* Until 6:02PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 4:41AM Muruqa: Red <i>Sunset:</i> 8:01PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 11 Sutra 47 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Creative Work Siddha Yoga				

5	Monday, May 30, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Milan, Italy
	Mesha Rasi: 14.01 Tithi 28 325666159	Gulika 2:16PM – 4:12PM Yama 10:26AM – 12:21PM Rahu 6:36AM – 8:31AM	Bharani Until 6:54AM Tue Sobhana Until 9:07PM Gara Until 6:57AM Trayodasi* Until 8:02PM	Ganesha: Purple <i>Sunrise:</i> 4:40AM Muruqa: Red <i>Sunset:</i> 8:02PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 12 Sutra 48 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga				

6	Tuesday, May 31, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Milan, Italy
	Mesha Rasi: 26.13 Tithi 29 326666159	Gulika 12:21PM – 2:17PM Yama 8:31AM – 10:26AM Rahu 4:12PM – 6:07PM	Bharani Until 6:54AM Athiganda* Until 9:27PM Visti Until 8:37AM Chaturdasi* Until 9:43PM	Ganesha: Light Blue <i>Sunrise:</i> 4:40AM Muruqa: Red <i>Sunset:</i> 8:03PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 13 Sutra 49 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Creative Work Siddha Yoga Until 7:59PM then Amrita Yoga				

	Wednesday, June 1, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Milan, Italy
	Retreat Star Vrishabha Rasi: 8.35 Tithi 30 326666159	Gulika 10:26AM – 12:21PM Yama 6:35AM – 8:30AM Rahu 12:21PM – 2:17PM	Krittika Until 8:36AM Sukarma Until 8:21PM Catuspada Until 9:34AM Amavasya* Until 9:34PM	Ganesha: Light Blue <i>Sunrise:</i> 4:39AM Muruqa: Red <i>Sunset:</i> 8:04PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 14 Sutra 50 Khara 5113 Moon 5 - Phase 6 Amavasya Devaloka Day
	Creative Work Amrita Yoga Until 8:36AM then Siddha Yoga Until 7:59PM then Marana Yoga				

Retreat Star	Thursday, June 2, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Milan, Italy
	Vrishabha Rasi: 21.11 Tithi 1 336666159	Gulika 8:30AM – 10:26AM Yama 4:39AM – 6:34AM Rahu 2:17PM – 4:13PM	Rohini Until 9:58AM Dhriti Until 7:58PM Kintughna Until 10:18AM Prathama* Until 10:18PM	Ganesha: Purple <i>Sunrise:</i> 4:39AM Muruqa: Red <i>Sunset:</i> 8:05PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Sun 15 Sutra 51 Khara 5113 Moon 5 - Phase 6 Prathama Devaloka Day
	Routine Work Marana Yoga Until 7:59PM then Siddha Yoga				

1	Friday, June 3, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Milan, Italy
	Mithuna Rasi: 4.01	Tithi 2			Sun 16
		336666159	Gulika 6:34AM – 8:30AM Yama 4:14PM – 6:09PM Rahu 10:26AM – 12:22PM	Mrigasira Until 10:55AM Shula* Until 7:12PM Balava Until 10:34AM Dvitiya Until 10:34PM	Sutra 52 Khara 5113 Moon 5 - Phase 7 3rd Phase
	Creative Work	Siddha Yoga		Ganesha: Purple <i>Sunrise:</i> 4:38AM Muruqa: Red <i>Sunset:</i> 8:05PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Devaloka Day


2	Saturday, June 4, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Tritiya Yam Titau		Milan, Italy
	Mithuna Rasi: 17.04	Tithi 3			Sun 17
		336666159	Gulika 4:38AM – 6:34AM Yama 2:18PM – 4:14PM Rahu 8:30AM – 10:26AM	Ardra Until 11:25AM Ganda* Until 6:02PM Tailila Until 10:22AM Tritiya Until 10:22PM	Sutra 53 Khara 5113 Moon 5 - Phase 7 3rd Phase
	Creative Work	Siddha Yoga		Ganesha: Purple <i>Sunrise:</i> 4:38AM Muruqa: Red <i>Sunset:</i> 8:06PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Devaloka Day

3	Sunday, June 5, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visiti* Karana Chaturthi* Yam Titau		Milan, Italy
	Kataka Rasi: 0.21	Tithi 4			Sun 18
		346666151	Gulika 4:14PM – 6:11PM Yama 12:22PM – 2:18PM Rahu 6:11PM – 8:07PM	Punarvasu Until 11:07AM Vridhhi Until 4:28PM Vanija Until 9:25AM Chaturthi* Until 8:30PM	Sutra 54 Khara 5113 Moon 5 - Phase 7 3rd Phase
	Creative Work	Siddha Yoga		Ganesha: Light Blue <i>Sunrise:</i> 4:37AM Muruqa: Red <i>Sunset:</i> 8:07PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Devaloka Day

4	Monday, June 6, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau		Milan, Italy
	Kataka Rasi: 13.52	Tithi 5			Sun 19
	Family Home Evening	346666151	Gulika 2:19PM – 4:15PM Yama 10:26AM – 12:22PM Rahu 6:33AM – 8:30AM	Pushya Until 10:48AM Dhruva Until 1:58PM Bava Until 8:24AM Panchami Until 7:29PM	Sutra 55 Khara 5113 Moon 5 - Phase 7 3rd Phase
	Creative Work	Siddha Yoga		Ganesha: Light Blue <i>Sunrise:</i> 4:37AM Muruqa: Red <i>Sunset:</i> 8:08PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Devaloka Day

5	Tuesday, June 7, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Shasthi* Yam Titau		Milan, Italy
	Kataka Rasi: 27.35	Tithi 6			Sun 20
		347666151	Gulika 12:22PM – 2:19PM Yama 8:29AM – 10:26AM Rahu 4:15PM – 6:12PM	Aslesha* Until 10:09AM Vyaghata* Until 11:49AM Kaulava Until 7:00AM Shasthi* Until 6:04PM	Sutra 56 Khara 5113 Moon 5 - Phase 7 3rd Phase
	Creative Work	Siddha Yoga		Ganesha: Purple <i>Sunrise:</i> 4:36AM Muruqa: Red <i>Sunset:</i> 8:08PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Devaloka Day

6	Wednesday, June 8, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Vanija/Visiti* Karana Saptami/Ashtami* Yam Titau		Milan, Italy
	Simha Rasi: 11.3	Tithi 7 – 8			Sun 21
		357666151	Gulika 10:26AM – 12:23PM Yama 6:33AM – 8:29AM Rahu 12:23PM – 2:19PM	Magha* Until 9:09AM Harshana Until 9:21AM Visiti Until 3:23AM Thu Saptami Until 4:18PM	Sutra 57 Khara 5113 Moon 5 - Phase 7 3rd Phase
	Creative Work	Siddha Yoga		Ganesha: Clear <i>Sunrise:</i> 4:36AM Muruqa: Red <i>Sunset:</i> 8:09PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Sivaloka Day

	Thursday, June 9, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Milan, Italy
	Simha Rasi: 25.35	Tithi 8 – 9			Sun 22
	Retreat Star	357666151	Gulika 8:29AM – 10:26AM Yama 4:36AM – 6:33AM Rahu 2:20PM – 4:16PM	Purvaphalguni* Until 7:51AM Vajra* Until 6:36AM Balava Until 1:17AM Fri Ashtami* Until 2:13PM	Sutra 58 Khara 5113 Moon 5 - Phase 7 Ashtami
	No Yoga			Ganesha: Clear <i>Sunrise:</i> 4:36AM Muruqa: Red <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Sivaloka Day

7	Friday, June 10, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipala* Yoga Kaulava/Tailila Karana Navami*/Dasami Yam Titau		Milan, Italy
	Kanya Rasi: 9.5	Tithi 9 – 10			Sun 23
	Retreat Star	357666151	Gulika 6:32AM – 8:29AM Yama 4:17PM – 6:13PM Rahu 10:26AM – 12:23PM	Uttaraphalguni Until 6:17AM Vyatipala* Until 12:57AM Sat Tailila Until 10:54PM Navami* Until 11:50AM	Sutra 59 Khara 5113 Moon 5 - Phase 7 Navami
	Creative Work	Siddha Yoga		Ganesha: Clear <i>Sunrise:</i> 4:36AM Muruqa: Red <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Sivaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

1 Saturday, June 11, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Milan, Italy
 Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 60
 Khara 5113
 Kanya Rasi: 24.12 Tithi 10 – 11 367666151
Gulika 4:35AM – 6:32AM **Chitra Until 3:23AM Sun** **Ganesha:** White *Sunrise:* 4:35AM
Yama 2:20PM – 4:17PM Variyan Until 9:46PM **Muruqa:** Red *Sunset:* 8:11PM Moon 5 - Phase 8
Rahu 8:29AM – 10:26AM Vanija Until 8:18PM **Nataraja:** Purple 4th Phase
 Routine Work Marana Yoga **Devaloka Day**
 Until 8.01PM then Siddha Yoga **Jyeshtha-Vaikasi**

2 Sunday, June 12, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Milan, Italy
 Svati Nakshatra Parigha* Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau Sun 25 Sutra 61
 Khara 5113
 Tula Rasi: 8.37 Tithi 11 – 12 367666151
Gulika 4:17PM – 6:14PM **Svati Until 1:30AM Mon** **Ganesha:** White *Sunrise:* 4:35AM
Yama 12:23PM – 2:20PM Parigha* Until 6:29PM **Muruqa:** Red *Sunset:* 8:11PM Moon 5 - Phase 8
Rahu 6:14PM – 8:11PM Balava Until 4:40AM Mon **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga **Devaloka Day**
 Until 8.01PM then Amrita Yoga **Jyeshtha-Vaikasi**
 Until 1:30AM Mon then Marana Yoga

3 Monday, June 13, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Milan, Italy
 Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 62
 Khara 5113
 Tula Rasi: 23.03 Tithi 13 377666151
Gulika 2:21PM – 4:18PM **Visakha Until 11:38PM** **Ganesha:** Yellow *Sunrise:* 4:35AM
Yama 10:26AM – 12:24PM Shiva Until 3:13PM **Muruqa:** Red *Sunset:* 8:12PM Moon 5 - Phase 8
Rahu 6:32AM – 8:29AM Kaulava Until 2:53PM **Nataraja:** Purple 4th Phase
 Routine Work Marana Yoga **Sivaloka Day**
 Until 11:38PM then Siddha Yoga **Vaikasi Visakam** **Trayodasi Until 1:58AM Tue** **Jyeshtha-Vaikasi**
Pradosha Vrata

4 Tuesday, June 14, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Milan, Italy
 Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi* Yam Titau Sun 27 Sutra 63
 Khara 5113
 Vrishchika Rasi: 7.23 Tithi 14 378666151
Gulika 12:24PM – 2:21PM **Anuradha Until 9:55PM** **Ganesha:** White *Sunrise:* 4:35AM
Yama 8:29AM – 10:27AM Siddha Until 12:06PM **Muruqa:** Red *Sunset:* 8:12PM Moon 5 - Phase 8
Rahu 4:18PM – 6:15PM Gara Until 12:20PM **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga **Subha Sivaloka Day**
Chaturdasi* Until 11:25PM **Jyeshtha-Vaikasi**

Wednesday, June 15, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Milan, Italy
 Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnima* Yam Titau Sun 28 Sutra 64
 Khara 5113
 Vrishchika Rasi: 21.32 Tithi 15 378666151
Gulika 10:27AM – 12:24PM **Jyeshtha* Until 8:31PM** **Ganesha:** White *Sunrise:* 4:35AM
Yama 6:32AM – 8:29AM Sadhya Until 9:15AM **Muruqa:** Red *Sunset:* 8:13PM Moon 5 - Phase 8
Rahu 12:24PM – 2:21PM Visti Until 10:07AM **Nataraja:** Purple Purnima
 Creative Work Siddha Yoga **Subha Sivaloka Day**
Purnima* Until 9:12PM **Jyeshtha-Ani**

Thursday, June 16, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Milan, Italy
 Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama* Yam Titau Sun 29 Sutra 65
 Khara 5113
 Dhanus Rasi: 5.26 Tithi 16 388766151
Gulika 8:30AM – 10:27AM **Mula* Until 7:32PM** **Ganesha:** Blue *Sunrise:* 4:35AM
Yama 4:35AM – 6:32AM Subha Until 6:48AM **Muruqa:** Red *Sunset:* 8:13PM Moon 5 - Phase 8
Rahu 2:21PM – 4:19PM Balava Until 8:22AM **Nataraja:** Purple Prathama
 Creative Work Siddha Yoga **Devaloka Day**
Prathama* Until 7:27PM **Jyeshtha-Ani**



Friday, June 17, 2011
Gold Retreat Star

Dhanu Rasi: 19.02 Tithi 17
388766151
Creative Work Siddha Yoga
Until 8.02PM then Marana Yoga
Until 8.05PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 6:32AM – 8:30AM **Purvashadha* Until 8:05PM**
Yama 4:19PM – 6:16PM **Brahma Until 3:38AM Sat**
Rahu 10:27AM – 12:24PM **Taitila Until 7:17AM**
Dvitiya Until 7:17PM

Ganesha: Blue *Sunrise:* 4:35AM
Muruqa: Red *Sunset:* 8:14PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha-Ani

Milan, Italy
Sun 1 **Sutra 66**
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

1

Saturday, June 18, 2011

Makara Rasi: 2.17 Tithi 18
388766151
No Yoga
Until 8.02PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 4:35AM – 6:32AM **Uttarashadha Until 8:14PM**
Yama 2:22PM – 4:19PM **Indra Until 2:08AM Sun**
Rahu 8:30AM – 10:27AM **Vanija Until 6:41AM**
Tritiya Until 6:41PM

Ganesha: Blue *Sunrise:* 4:35AM
Muruqa: Red *Sunset:* 8:14PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha-Ani

Milan, Italy
Sun 2 **Sutra 67**
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

2

Sunday, June 19, 2011

Makara Rasi: 15.13 Tithi 19
398766151
Creative Work Amrita Yoga
Until 9.00PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 4:20PM – 6:17PM **Sravana Until 9:00PM**
Yama 12:25PM – 2:22PM **Vaidhriti* Until 1:12AM Mon**
Rahu 6:17PM – 8:14PM **Bava Until 6:45AM**
Chaturthi* Until 6:45PM

Ganesha: Red *Sunrise:* 4:35AM
Muruqa: Red *Sunset:* 8:14PM
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Milan, Italy
Sun 3 **Sutra 68**
Khara 5113
Moon 6 - Phase 9
1st Phase

Sivaloka Day

Father's Day

3

Monday, June 20, 2011

Makara Rasi: 27.49 Tithi 20
399766151
Family Home Evening
Creative Work Siddha Yoga
Until 8.03PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 2:22PM – 4:20PM **Dhanishtha Until 11:42PM**
Yama 10:28AM – 12:25PM **Vishkambha* Until 2:16AM Tue**
Rahu 6:33AM – 8:30AM **Kaulava Until 7:35AM**
Panchami Until 8:41PM

Ganesha: Blue *Sunrise:* 4:35AM
Muruqa: Red *Sunset:* 8:15PM
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Milan, Italy
Sun 4 **Sutra 69**
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

4

Tuesday, June 21, 2011

Kumbha Rasi: 10.09 Tithi 21
399766151
Routine Work Marana Yoga
Until 8.03PM then Siddha Yoga
Until 1.42AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 12:25PM – 2:23PM **Satabhisha Until 1:42AM Wed**
Yama 8:30AM – 10:28AM **Priti Until 2:20AM Wed**
Rahu 4:20PM – 6:17PM **Gara Until 8:56AM**
Shasthi* Until 10:01PM

Ganesha: Blue *Sunrise:* 4:35AM
Muruqa: Red *Sunset:* 8:15PM
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Milan, Italy
Sun 5 **Sutra 70**
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

5

Wednesday, June 22, 2011

Kumbha Rasi: 22.17 Tithi 22
319766151
Creative Work Amrita Yoga
Until 8.03PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 10:28AM – 12:25PM **Purvaprostapada* Until 4:06AM Thu**
Yama 6:33AM – 8:31AM **Ayushman Until 2:48AM Thu**
Rahu 12:25PM – 2:23PM **Visti Until 10:43AM**
Saptami Until 11:49PM

Ganesha: Purple *Sunrise:* 4:36AM
Muruqa: Red *Sunset:* 8:15PM
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Milan, Italy
Sun 6 **Sutra 71**
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day



Thursday, June 23, 2011
Retreat Star

Meena Rasi: 4.17 Tithi 23
319766151
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 8:31AM – 10:28AM **Uttaraprostapada Until 6:57AM Fri**
Yama 4:36AM – 6:33AM **Saubhagya Until 3:31AM Fri**
Rahu 2:23PM – 4:20PM **Balava Until 12:50PM**
Ashtami* Until 1:55AM Fri

Ganesha: Purple *Sunrise:* 4:36AM
Muruqa: Red *Sunset:* 8:15PM
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Milan, Italy
Sun 7 **Sutra 72**
Khara 5113
Moon 6 - Phase 9
Ashtami

Subha Sivaloka Day

Friday, June 24, 2011
Retreat Star

Meena Rasi: 16.11 Tithi 24
319766151
Creative Work Siddha Yoga
Until 8.03PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 6:34AM – 8:31AM **Uttaraprostapada Until 6:57AM**
Yama 4:21PM – 6:18PM **Sobhana Until 4:22AM Sat**
Rahu 10:28AM – 12:26PM **Taitila Until 3:05PM**
Navami* Until 4:11AM Sat

Ganesha: Purple *Sunrise:* 4:36AM
Muruqa: Red *Sunset:* 8:15PM
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Milan, Italy
Sun 8 **Sutra 73**
Khara 5113
Moon 6 - Phase 9
Navami

Subha Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94

1 Saturday, June 25, 2011
 Meena Rasi: 28.06 Tithi 25
 Routine Work Prabalarishta Yoga
 Until 9:48AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
 Revati/Asvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dasami Yam Titau

Gulika 4:37AM – 6:34AM
Yama 2:23PM – 4:21PM
Rahu 8:31AM – 10:29AM

Revati Until 9:48AM
Athiganda* Until 5:14AM Sun
Vanija Until 5:22PM
Dasami Until 6:26AM Sun

Ganesha: Purple
Muruqa: Red
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:37AM
Sunset: 8:15PM

Sun 9
Sutra 74
 Khara 5113
 Moon 6 - Phase 10
 2nd Phase
Subha Sivaloka Day

2 Sunday, June 26, 2011
 Mesha Rasi: 10.04 Tithi 26 – 26
 Creative Work Siddha Yoga
 Until 12:31PM then no yoga
 Until 8:04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Asvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau

Gulika 4:21PM – 6:18PM
Yama 12:26PM – 2:24PM
Rahu 6:18PM – 8:15PM

Asvini Until 12:31PM
Sukarma Until 6:00AM Mon
Bava Until 7:31PM
Dasami Until 6:26AM

Ganesha: Clear
Muruqa: Red
Nataraja: Purple
Moon – White
Jyeshtha-Ani

Sunrise: 4:37AM
Sunset: 8:15PM

Sun 10
Sutra 75
 Khara 5113
 Moon 6 - Phase 10
 2nd Phase
Sivaloka Day

3 Monday, June 27, 2011
 Mesha Rasi: 22.1 Tithi 26 – 27
Family Home Evening
 Creative Work Siddha Yoga
 Until 3:00PM then no yoga
 Until 8:04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
 Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau

Gulika 2:24PM – 4:21PM
Yama 10:29AM – 12:26PM
Rahu 6:35AM – 8:32AM

Bharani Until 3:00PM
Dhriti Until 6:04AM Tue
Kaulava Until 9:23PM
Ekadasi* Until 8:18AM

Ganesha: Clear
Muruqa: Red
Nataraja: Purple
Moon – White
Jyeshtha-Ani

Sunrise: 4:37AM
Sunset: 8:15PM

Sun 11
Sutra 76
 Khara 5113
 Moon 6 - Phase 10
 2nd Phase
Sivaloka Day

4 Tuesday, June 28, 2011
 Vishabha Rasi: 4.28 Tithi 27 – 28
 Creative Work Siddha Yoga
 Until 4:14PM then Amrita Yoga
 Until 8:04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
 Krittika/Rohini Nakshatra Dhriti/Shrula Yoga Tatila/Gara Karana Dvadasi*/Trayodasi* Yam Titau

Gulika 12:27PM – 2:24PM
Yama 8:32AM – 10:29AM
Rahu 4:21PM – 6:18PM

Krittika Until 4:14PM
Dhriti Until 6:04AM
Gara Until 9:25PM
Dvadasi* Until 9:25AM
Pradosha Vrata (Fasting)

Ganesha: Red
Muruqa: Red
Nataraja: Purple
Moon – White
Jyeshtha-Ani

Sunrise: 4:38AM
Sunset: 8:15PM

Sun 12
Sutra 77
 Khara 5113
 Moon 6 - Phase 10
 2nd Phase
Sivaloka Day

5 Wednesday, June 29, 2011
 Vishabha Rasi: 17 Tithi 28 – 29
 Creative Work Siddha Yoga
 Until 8:04PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
 Rohini/Mrigasira Nakshatra Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau

Gulika 10:30AM – 12:27PM
Yama 6:35AM – 8:33AM
Rahu 12:27PM – 2:24PM

Rohini Until 5:41PM
Ganda* Until 4:38AM Thu
Visti Until 10:15PM
Trayodasi* Until 10:15AM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Purple
Moon – Yellow
Jyeshtha-Ani

Sunrise: 4:38AM
Sunset: 8:15PM

Sun 13
Sutra 78
 Khara 5113
 Moon 6 - Phase 10
 2nd Phase
Sivaloka Day

Thursday, June 30, 2011
Retreat Star
 Vishabha Rasi: 29.5 Tithi 29 – 30
 Routine Work Marana Yoga
 Until 8:05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
 Mrigasira Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau

Gulika 8:33AM – 10:30AM
Yama 4:39AM – 6:36AM
Rahu 2:24PM – 4:21PM

Mrigasira Until 6:36PM
Vriddhi Until 3:51AM Fri
Catuspada Until 10:29PM
Chaturdasi* Until 10:29AM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Purple
Moon – Yellow
Jyeshtha-Ani

Sunrise: 4:39AM
Sunset: 8:15PM

Sun 14
Sutra 79
 Khara 5113
 Moon 6 - Phase 10
 Amavasya
Sivaloka Day

Friday, July 1, 2011
Retreat Star
 Mithuna Rasi: 12.59 Tithi 30 – 1
 Creative Work Siddha Yoga
 Until 8:05PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
 Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau

Gulika 6:36AM – 8:33AM
Yama 4:21PM – 6:18PM
Rahu 10:30AM – 12:27PM

Ardra Until 6:57PM
Dhruva Until 2:32AM Sat
Kintughna Until 10:06PM
Amavasya* Until 10:06AM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Purple
Moon – Yellow
Ashada-Ani

Sunrise: 4:39AM
Sunset: 8:15PM

Sun 15
Sutra 80
 Khara 5113
 Moon 6 - Phase 10
 Prathama
Sivaloka Day

1	Saturday, July 2, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Milan, Italy
	Mithuna Rasi: 26.26 Tithi 1 – 2	341776151	Gulika 4:40AM – 6:37AM Yama 2:24PM – 4:21PM Rahu 8:34AM – 10:30AM	Punarvasu Until 5:49PM Vyaghata* Until 11:27PM Balava Until 7:56PM Prathama* Until 8:52AM	Ganesha: Red <i>Sunrise:</i> 4:40AM Muruqa: Yellow <i>Sunset:</i> 8:15PM Nataraja: Purple Moon – Blue Ashada-Ani
	Routine Work Marana Yoga Until 5:49PM then Siddha Yoga				


2	Sunday, July 3, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Milan, Italy
	Kataka Rasi: 10.1 Tithi 2 – 3	341776151	Gulika 4:21PM – 6:18PM Yama 12:28PM – 2:24PM Rahu 6:18PM – 8:15PM	Pushya Until 5:09PM Harshana Until 9:18PM Taitila Until 6:31PM Dvitiya Until 7:26AM	Ganesha: Red <i>Sunrise:</i> 4:40AM Muruqa: Yellow <i>Sunset:</i> 8:15PM Nataraja: Purple Moon – Blue Ashada-Ani
	Creative Work Siddha Yoga				

3	Monday, July 4, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Milan, Italy
	Kataka Rasi: 24.07 Tithi 4	341776151	Gulika 2:24PM – 4:21PM Yama 10:31AM – 12:28PM Rahu 6:38AM – 8:34AM	Aslesha* Until 4:06PM Vajra* Until 6:48PM Vanija Until 4:41PM Chaturthi* Until 3:46AM Tue	Ganesha: Red <i>Sunrise:</i> 4:41AM Muruqa: Yellow <i>Sunset:</i> 8:14PM Nataraja: Purple Moon – Blue Ashada-Ani
	Family Home Evening Creative Work Siddha Yoga				

4	Tuesday, July 5, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau		Milan, Italy
	Simha Rasi: 8.13 Tithi 5	351776151	Gulika 12:28PM – 2:24PM Yama 8:35AM – 10:31AM Rahu 4:21PM – 6:18PM	Magha* Until 2:47PM Siddhi Until 4:03PM Bava Until 2:34PM Panchami Until 1:38AM Wed	Ganesha: Blue <i>Sunrise:</i> 4:42AM Muruqa: Yellow <i>Sunset:</i> 8:14PM Nataraja: Purple Moon – Red Ashada-Ani
	Creative Work Siddha Yoga Until 8:06PM then Amrita Yoga				

5	Wednesday, July 6, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Milan, Italy
	Simha Rasi: 22.25 Tithi 6	351776151	Gulika 10:32AM – 12:28PM Yama 6:39AM – 8:35AM Rahu 12:28PM – 2:24PM	Purvaphalguni* Until 1:18PM Vyatipata* Until 1:08PM Kaulava Until 12:16PM Shashti* Until 11:21PM	Ganesha: Blue <i>Sunrise:</i> 4:42AM Muruqa: Yellow <i>Sunset:</i> 8:14PM Nataraja: Purple Moon – Red Ashada-Ani
	Creative Work Amrita Yoga Until 8:06PM then Prabalarishta Yoga				

6	Thursday, July 7, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Milan, Italy
	Kanya Rasi: 6.38 Tithi 7	451776151	Gulika 8:36AM – 10:32AM Yama 4:43AM – 6:39AM Rahu 2:24PM – 4:21PM	Uttaraphalguni Until 11:46AM Variyan Until 10:10AM Gara Until 9:54AM Saptami Until 8:59PM	Ganesha: Red <i>Sunrise:</i> 4:43AM Muruqa: Yellow <i>Sunset:</i> 8:13PM Nataraja: Purple Moon – Red Ashada-Ani
	Routine Work Prabalarishta Yoga Until 11:46AM then no yoga Until 8:06PM then Amrita Yoga		Chidambaram Abhishekam		

	Friday, July 8, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Milan, Italy
	Kanya Rasi: 20.52 Tithi 8	462776151	Gulika 6:40AM – 8:36AM Yama 4:21PM – 6:17PM Rahu 10:32AM – 12:28PM	Hasta Until 10:14AM Parigha* Until 7:13AM Visti Until 7:33AM Ashtami* Until 6:38PM	Ganesha: Yellow <i>Sunrise:</i> 4:44AM Muruqa: Yellow <i>Sunset:</i> 8:13PM Nataraja: Purple Moon – Green Ashada-Ani
	Creative Work Amrita Yoga Until 10:14AM then Siddha Yoga Until 8:06PM then Marana Yoga				

7	Saturday, July 9, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Milan, Italy
	Tula Rasi: 5.03 Tithi 9 – 10	462776151	Gulika 4:45AM – 6:41AM Yama 2:24PM – 4:20PM Rahu 8:37AM – 10:33AM	Chitra Until 8:46AM Siddha Until 1:40AM Sun Taitila Until 3:26AM Sun Navami* Until 4:21PM	Ganesha: Yellow <i>Sunrise:</i> 4:45AM Muruqa: Yellow <i>Sunset:</i> 8:12PM Nataraja: Purple Moon – Green Ashada-Ani
	Routine Work Marana Yoga Until 8:46AM then Siddha Yoga				


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

1	Sunday, July 10, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Sun 24	Milan, Italy Sutra 89 Khara 5113
	Tula Rasi: 19.1 Tithi 10 – 11 462776151	Gulika 4:20PM – 6:16PM Yama 12:29PM – 2:24PM Rahu 6:16PM – 8:12PM	Svati Until 7:26AM Sadhya Until 10:53PM Vanija Until 1:18AM Mon Dasami Until 2:13PM	Ganesha: Yellow <i>Sunrise:</i> 4:45AM Muruqa: Yellow <i>Sunset:</i> 8:12PM Nataraja: Purple Moon – Green Ashada•Ani		Moon 6 - Phase 12 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 7:26AM then Marana Yoga						

2	Monday, July 11, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau			Sun 25	Milan, Italy Sutra 90 Khara 5113
	Vrischika Rasi: 3.11 Tithi 11 – 12 Family Home Evening 472876151	Gulika 2:24PM – 4:20PM Yama 10:33AM – 12:29PM Rahu 6:42AM – 8:37AM	Visakha Until 6:16AM Subha Until 8:17PM Bava Until 11:20PM Ekadasi Until 12:16PM	Ganesha: Yellow <i>Sunrise:</i> 4:46AM Muruqa: Yellow <i>Sunset:</i> 8:11PM Nataraja: Purple Moon – Orange Ashada•Ani		Moon 6 - Phase 12 4th Phase Sivaloka Day
Routine Work Marana Yoga Until 6:16AM then Siddha Yoga						

3	Tuesday, July 12, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Sun 26	Milan, Italy Sutra 91 Khara 5113
	Vrischika Rasi: 17.04 Tithi 12 – 13 472876151	Gulika 12:29PM – 2:24PM Yama 8:38AM – 10:33AM Rahu 4:20PM – 6:15PM	Jyeshtha* Until 4:11AM Wed Sukla Until 5:53PM Kaulava Until 9:38PM Dvadasi Until 10:33AM <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 4:47AM Muruqa: Yellow <i>Sunset:</i> 8:11PM Nataraja: Purple Moon – Orange Ashada•Ani		Moon 6 - Phase 12 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 4:11AM Wed then Marana Yoga						

4	Wednesday, July 13, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Sun 27	Milan, Italy Sutra 92 Khara 5113
	Dhanus Rasi: 0.46 Tithi 13 – 14 482876151	Gulika 10:34AM – 12:29PM Yama 6:43AM – 8:38AM Rahu 12:29PM – 2:24PM	Mula* Until 3:32AM Thu Brahma Until 4:26PM Gara Until 8:14PM Trayodasi Until 9:09AM	Ganesha: White <i>Sunrise:</i> 4:48AM Muruqa: Yellow <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – Light Blue Ashada•Ani		Moon 6 - Phase 12 4th Phase Subha Sivaloka Day
Routine Work Marana Yoga Until 8:07PM then Siddha Yoga						

	Thursday, July 14, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Sun 28	Milan, Italy Sutra 93 Khara 5113
	Copper Retreat Star Dhanus Rasi: 14.17 Tithi 14 – 15 482876151	Gulika 8:39AM – 10:34AM Yama 4:49AM – 6:44AM Rahu 2:24PM – 4:19PM	Purvashadha* Until 4:52AM Fri Indra Until 2:30PM Visti Until 8:18PM Chaturdasi* Until 8:18AM	Ganesha: White <i>Sunrise:</i> 4:49AM Muruqa: Yellow <i>Sunset:</i> 8:09PM Nataraja: Purple Moon – Light Blue Ashada•Ani		Moon 6 - Phase 12 Purnima Subha Sivaloka Day
Creative Work Siddha Yoga Satguru Purnima						

5	Friday, July 15, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Sun 29	Milan, Italy Sutra 94 Khara 5113
	Silver Retreat Star Dhanus Rasi: 27.33 Tithi 15 – 16 482876151	Gulika 6:45AM – 8:39AM Yama 4:19PM – 6:14PM Rahu 10:34AM – 12:29PM	Uttarashadha Until 4:59AM Sat Vaidhriti* Until 12:58PM Balava Until 7:39PM Purnima* Until 7:39AM	Ganesha: White <i>Sunrise:</i> 4:50AM Muruqa: Yellow <i>Sunset:</i> 8:09PM Nataraja: Purple Moon – Light Blue Ashada•Ani		Moon 6 - Phase 12 Prathama Subha Sivaloka Day
Creative Work Siddha Yoga Until 8:07PM then no yoga Until 4:59AM Sat then Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



Saturday, July 16, 2011
Gold Retreat Star

Makara Rasi: 10.35 Tithi 16 – 17
492876151
Creative Work Siddha Yoga
Until 8.07PM then Amrita Yoga
Until 5:33AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 4:51AM – 6:45AM **Sravana Until 5:33AM Sun**
Yama 2:24PM – 4:19PM **Vishkambha* Until 11:52AM**
Rahu 8:40AM – 10:35AM **Taitila Until 7:31PM**
Prathama* Until 7:31AM

Ganesha: Clear *Sunrise:* 4:51AM
Muruqa: Yellow *Sunset:* 8:08PM
Nataraja: Purple
Moon – Purple
Ashada-Adi

Milan, Italy
Sutra 95
Khara 5113
Moon 7 - Phase 13
1st Phase
Sivaloka Day

1

Sunday, July 17, 2011

Makara Rasi: 23.2 Tithi 17 – 18
492876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 4:18PM – 6:13PM **Dhanishtha Until 7:38AM Mon**
Yama 12:29PM – 2:24PM **Priti Until 11:36AM**
Rahu 6:13PM – 8:07PM **Vanija Until 7:54PM**
Dvitiya Until 7:54AM

Ganesha: Clear *Sunrise:* 4:52AM
Muruqa: Yellow *Sunset:* 8:07PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Milan, Italy
Sun 1
Sutra 96
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

2

Monday, July 18, 2011

Kumbha Rasi: 5.51 Tithi 18 – 19
492876152
Family Home Evening
Creative Work Siddha Yoga
Until 8.07PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 2:24PM – 4:18PM **Dhanishtha Until 7:38AM**
Yama 10:35AM – 12:29PM **Ayushman Until 11:22AM**
Rahu 6:47AM – 8:41AM **Bava Until 10:08PM**
Tritiya Until 9:02AM

Ganesha: Clear *Sunrise:* 4:52AM
Muruqa: Yellow *Sunset:* 8:06PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Milan, Italy
Sun 2
Sutra 97
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

3

Tuesday, July 19, 2011

Kumbha Rasi: 18.08 Tithi 19 – 20
492876152
Routine Work Marana Yoga
Until 8.07PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 12:30PM – 2:24PM **Satabhisha Until 9:43AM**
Yama 8:41AM – 10:36AM **Saubhagya Until 11:31AM**
Rahu 4:18PM – 6:12PM **Kaulava Until 11:34PM**
Chaturthi* Until 10:29AM

Ganesha: Clear *Sunrise:* 4:53AM
Muruqa: Yellow *Sunset:* 8:06PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Milan, Italy
Sun 3
Sutra 98
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

4

Wednesday, July 20, 2011

Meena Rasi: 0.15 Tithi 20 – 21
412876152
Creative Work Amrita Yoga
Until 12:09PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:36AM – 12:30PM **Purvaprostapada* Until 12:09PM**
Yama 6:48AM – 8:42AM **Sobhana Until 12:01PM**
Rahu 12:30PM – 2:23PM **Gara Until 1:25AM Thu**
Panchami Until 12:19PM

Ganesha: Yellow *Sunrise:* 4:54AM
Muruqa: Yellow *Sunset:* 8:05PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Milan, Italy
Sun 4
Sutra 99
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

5

Thursday, July 21, 2011

Meena Rasi: 12.14 Tithi 21 – 22
412876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Ahiganda*/Sukarma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 8:43AM – 10:36AM **Uttaraprostapada Until 2:52PM**
Yama 4:55AM – 6:49AM **Ahiganda* Until 12:46PM**
Rahu 2:23PM – 4:17PM **Visti Until 3:33AM Fri**
Shasthi* Until 2:27PM

Ganesha: Yellow *Sunrise:* 4:55AM
Muruqa: Yellow *Sunset:* 8:04PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Milan, Italy
Sun 5
Sutra 100
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

6

Friday, July 22, 2011

Meena Rasi: 24.08 Tithi 22 – 23
413876152
Creative Work Siddha Yoga
Until 5.44PM then Amrita Yoga
Until 8.08PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 6:50AM – 8:43AM **Revati Until 5:44PM**
Yama 4:16PM – 6:10PM **Sukarma Until 1:38PM**
Rahu 10:36AM – 12:30PM **Balava Until 5:50AM Sat**
Saptami Until 4:45PM

Ganesha: White *Sunrise:* 4:56AM
Muruqa: Yellow *Sunset:* 8:03PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Milan, Italy
Sun 6
Sutra 101
Khara 5113
Moon 7 - Phase 13
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM



Saturday, July 23, 2011
Retreat Star

Mesha Rasi: 6.02 Tithi 23
423876152
Creative Work Siddha Yoga
Until 8:37PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Asvini Nakshatra Dhriti/Shula* Yoga Kaulava Karana Ashtami* Yam Titau
Gulika 4:58AM – 6:51AM **Asvini Until 8:37PM**
Yama 2:23PM – 4:16PM **Dhriti Until 2:32PM**
Rahu 8:44AM – 10:37AM **Kaulava Until 8:09AM Sun**
Ashtami* Until 7:04PM

Ganesha: Yellow *Sunrise:* 4:58AM
Muruqa: Yellow *Sunset:* 8:02PM
Nataraja: Clear
Moon – White
Ashada-Adi

Milan, Italy
Sun 7
Sutra 102
Khara 5113
Moon 7 - Phase 13
Ashtami
Devaloka Day

Sunday, July 24, 2011
Retreat Star

Mesha Rasi: 17.59 Tithi 24
423876152
No Yoga
Until 8.08PM then Siddha Yoga
Until 11:21PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 4:15PM – 6:08PM **Bharani Until 11:21PM**
Yama 12:30PM – 2:23PM **Shula* Until 3:18PM**
Rahu 6:08PM – 8:01PM **Taitila Until 8:09AM**
Navami* Until 9:14PM

Ganesha: Yellow *Sunrise:* 4:59AM
Muruqa: Yellow *Sunset:* 8:01PM
Nataraja: Clear
Moon – White
Ashada-Adi

Milan, Italy
Sun 8
Sutra 103
Khara 5113
Moon 7 - Phase 13
Navami
Devaloka Day

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418


1	Monday, July 25, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dasami Yam Titau					Milan, Italy
	433876152	Gulika 2:22PM – 4:15PM Yama 10:37AM – 12:30PM Rahu 6:52AM – 8:45AM	Krittika Until 1:49AM Tue Ganda* Until 3:49PM Vanija Until 10:00AM Dasami Until 11:06PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – White Ashada*Adi	<i>Sunrise:</i> 5:00AM <i>Sunset:</i> 8:00PM	Sun 9 Suntra 104 Khara 5113 Moon 7 - Phase 14 2nd Phase	Devaloka Day
Vishabha Rasi: 0.05 Tilthi 25 Family Home Evening No Yoga Until 8.08PM then Siddha Yoga Until 1:49AM Tue then Amrita Yoga							


2	Tuesday, July 26, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau					Milan, Italy
	433876152	Gulika 12:30PM – 2:22PM Yama 8:45AM – 10:37AM Rahu 4:14PM – 6:06PM	Rohini Until 2:09AM Wed Vridhi Until 3:12PM Bava Until 10:55AM Ekadasi* Until 10:55PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Ashada*Adi	<i>Sunrise:</i> 5:01AM <i>Sunset:</i> 7:59PM	Sun 10 Suntra 105 Khara 5113 Moon 7 - Phase 14 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Vishabha Rasi: 12.25 Tilthi 26 Creative Work Amrita Yoga Until 8.08PM then Siddha Yoga							

3	Wednesday, July 27, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau					Milan, Italy
	433876152	Gulika 10:38AM – 12:30PM Yama 6:54AM – 8:46AM Rahu 12:30PM – 2:22PM	Mrigasira Until 3:26AM Thu Dhruva Until 2:45PM Kaulava Until 11:34AM Dvadasi* Until 11:34PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Ashada*Adi	<i>Sunrise:</i> 5:02AM <i>Sunset:</i> 7:59PM	Sun 11 Suntra 106 Khara 5113 Moon 7 - Phase 14 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Vishabha Rasi: 25.04 Tilthi 27 Creative Work Siddha Yoga Until 8.08PM then Marana Yoga							

4	Thursday, July 28, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau					Milan, Italy
	433876152	Gulika 8:46AM – 10:38AM Yama 5:03AM – 6:55AM Rahu 2:21PM – 4:13PM	Ardra Until 4:03AM Fri Vyaghata* Until 1:42PM Gara Until 11:29AM Trayodasi* Until 11:29PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Ashada*Adi	<i>Sunrise:</i> 5:03AM <i>Sunset:</i> 7:56PM	Sun 12 Suntra 107 Khara 5113 Moon 7 - Phase 14 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Mithuna Rasi: 8.03 Tilthi 28 Routine Work Marana Yoga Until 8.08PM then Siddha Yoga							

5	Friday, July 29, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau					Milan, Italy
	443876152	Gulika 6:55AM – 8:47AM Yama 4:12PM – 6:04PM Rahu 10:38AM – 12:30PM	Punarvasu Until 2:23AM Sat Harshana Until 11:33AM Visti Until 10:15AM Chaturdasi* Until 9:20PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Blue Ashada*Adi	<i>Sunrise:</i> 5:04AM <i>Sunset:</i> 7:59PM	Sun 13 Suntra 108 Khara 5113 Moon 7 - Phase 14 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Mithuna Rasi: 21.27 Tilthi 29 Creative Work Siddha Yoga Until 8.08PM then Marana Yoga Until 2:23AM Sat then Siddha Yoga							

	Saturday, July 30, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau					Milan, Italy
	443876152	Gulika 5:05AM – 6:56AM Yama 2:21PM – 4:12PM Rahu 8:47AM – 10:39AM	Pushya Until 1:37AM Sun Vajra* Until 9:19AM Catuspada Until 8:44AM Amavasya* Until 7:48PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Blue Ashada*Adi	<i>Sunrise:</i> 5:05AM <i>Sunset:</i> 7:54PM	Sun 14 Suntra 109 Khara 5113 Moon 7 - Phase 14 Amavasya	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Retreat Star Kataka Rasi: 5.14 Tilthi 30 Creative Work Siddha Yoga							

	Sunday, July 31, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipala* Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau					Milan, Italy
	443876152	Gulika 4:11PM – 6:02PM Yama 12:30PM – 2:20PM Rahu 6:02PM – 7:53PM	Aslesha* Until 12:15AM Mon Siddhi Until 6:31AM Kintughna Until 6:34AM Prathama* Until 5:39PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Blue Sravana*Adi	<i>Sunrise:</i> 5:06AM <i>Sunset:</i> 7:53PM	Sun 15 Suntra 110 Khara 5113 Moon 7 - Phase 14 Prathama	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Retreat Star Kataka Rasi: 19.21 Tilthi 1 – 2 Creative Work Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

1	Monday, August 1, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Milan, Italy
	Simha Rasi: 3.44 Tithi 2 - 3 Family Home Evening 453876152 Creative Work Siddha Yoga	Gulika 2:20PM - 4:11PM Yama 10:39AM - 12:30PM Rahu 6:58AM - 8:48AM	Magha* Until 9:21PM Variyan Until 11:28PM Taitila Until 12:38AM Tue Dvitiya Until 2:21PM

Ganesha: Blue *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 7:52PM
Nataraja: Clear
Moon - Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2	Tuesday, August 2, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Milan, Italy
	Simha Rasi: 18.17 Tithi 3 - 4 Creative Work Siddha Yoga Until 7:24PM then Amrita Yoga	Gulika 12:29PM - 2:20PM Yama 8:49AM - 10:39AM Rahu 4:10PM - 6:00PM	Purvaphalguni* Until 7:24PM Parigha* Until 8:12PM Vanija Until 9:54PM Tritiya Until 11:37AM

Ganesha: Blue *Sunrise:* 5:09AM
Muruqa: Yellow *Sunset:* 7:50PM
Nataraja: Clear
Moon - Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3	Wednesday, August 3, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Vistil*/Bava Karana Chaturthi*/Panchami Yam Titau	Milan, Italy
	Kanya Rasi: 2.53 Tithi 4 - 5 Creative Work Amrita Yoga Until 5:22PM then Siddha Yoga Until 8:07PM then no yoga	Gulika 10:39AM - 12:29PM Yama 7:00AM - 8:50AM Rahu 12:29PM - 2:19PM	Uttaraphalguni Until 5:22PM Shiva Until 5:36PM Bava Until 7:06PM Chaturthi* Until 8:49AM

Nag Panchami

Ganesha: Blue *Sunrise:* 5:10AM
Muruqa: Yellow *Sunset:* 7:49PM
Nataraja: Clear
Moon - Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4	Thursday, August 4, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau	Milan, Italy
	Kanya Rasi: 17.26 Tithi 5 - 6 No Yoga Until 4:07PM then Siddha Yoga	Gulika 8:50AM - 10:40AM Yama 5:11AM - 7:01AM Rahu 2:19PM - 4:08PM	Hasta Until 4:07PM Siddha Until 2:08PM Taitila Until 4:15AM Fri Panchami Until 6:06AM

Ganesha: Yellow *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 7:48PM
Nataraja: Clear
Moon - Green
Sravana-Adi

Devaloka Day

5	Friday, August 5, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svatil Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Milan, Italy
	Tula Rasi: 1.5 Tithi 7 Creative Work Siddha Yoga	Gulika 7:01AM - 8:51AM Yama 4:08PM - 5:57PM Rahu 10:40AM - 12:29PM	Chitra Until 2:17PM Sadhya Until 10:53AM Gara Until 2:31PM Saptami Until 1:36AM Sat

Ganesha: Yellow *Sunrise:* 5:12AM
Muruqa: Yellow *Sunset:* 7:46PM
Nataraja: Clear
Moon - Green
Sravana-Adi

Devaloka Day

6	Saturday, August 6, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Vistil*/Bava Karana Ashtami* Yam Titau	Milan, Italy
	Tula Rasi: 16.02 Tithi 8 Creative Work Siddha Yoga Until 8:07PM then Marana Yoga	Gulika 5:13AM - 7:02AM Yama 2:18PM - 4:07PM Rahu 8:51AM - 10:40AM	Svati Until 12:48PM Subha Until 7:58AM Vistil Until 12:13PM Ashtami* Until 11:18PM

Ganesha: Yellow *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 7:45PM
Nataraja: Clear
Moon - Green
Sravana-Adi

Devaloka Day

7	Sunday, August 7, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Milan, Italy
	Vrischika Rasi: 0.01 Tithi 9 Routine Work Marana Yoga Until 8:07PM then Siddha Yoga	Gulika 4:06PM - 5:55PM Yama 12:29PM - 2:18PM Rahu 5:55PM - 7:44PM	Visakha Until 11:42AM Brahma Until 2:44AM Mon Balava Until 10:20AM Navami* Until 9:25PM

Ganesha: White *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 7:44PM
Nataraja: Clear
Moon - Orange
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishṇa Yajur Veda, Svetu 3.2. VE, 621

1	Monday, August 8, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau			Milan, Italy
	Vrischika Rasi: 13.46 Tilthi 10	Gulika 2:17PM – 4:05PM	Anuradha Until 10:59AM	Ganesha: White <i>Sunrise:</i> 5:16AM	Sun 23 Sutra 118 Khara 5113
	Family Home Evening 474976152	Yama 10:41AM – 12:29PM	Indra Until 1:52AM Tue	Muruqa: Yellow <i>Sunset:</i> 7:42PM	Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 7:04AM – 8:52AM	Taitila Until 8:53AM	Nataraja: Clear Moon – Orange	4th Phase
		Dasami Until 7:57PM	Sravana*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Tuesday, August 9, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Milan, Italy
	Vrischika Rasi: 27.17 Tilthi 11	Gulika 12:29PM – 2:17PM	Jyeshtha* Until 11:01AM	Ganesha: White <i>Sunrise:</i> 5:17AM	Sun 24 Sutra 119 Khara 5113
	Family Home Evening 474976152	Yama 8:53AM – 10:41AM	Vaidhriti* Until 11:54PM	Muruqa: Yellow <i>Sunset:</i> 7:41PM	Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 4:05PM – 5:53PM	Vanija Until 7:59AM	Nataraja: Clear Moon – Orange	4th Phase
Until 11:01AM then Amrita Yoga Until 8:07PM then Marana Yoga		Ekadasi Until 7:59PM	Sravana*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Wednesday, August 10, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau			Milan, Italy
	Dhanus Rasi: 10.35 Tilthi 12	Gulika 10:41AM – 12:29PM	Mula* Until 11:03AM	Ganesha: Clear <i>Sunrise:</i> 5:18AM	Sun 25 Sutra 120 Khara 5113
	Family Home Evening 484976152	Yama 7:06AM – 8:53AM	Vishkambha* Until 10:17PM	Muruqa: Yellow <i>Sunset:</i> 7:39PM	Moon 7 - Phase 16
	Routine Work Marana Yoga	Rahu 12:29PM – 2:16PM	Bava Until 7:17AM	Nataraja: Clear Moon – Light Blue	4th Phase
Until 11:03AM then Amrita Yoga Until 8:07PM then Siddha Yoga		Dvdasi Until 7:17PM	Sravana*Adi	Devaloka Day	

4	Thursday, August 11, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Milan, Italy
	Dhanus Rasi: 23.43 Tilthi 13	Gulika 8:54AM – 10:41AM	Purvashadha* Until 11:28AM	Ganesha: Clear <i>Sunrise:</i> 5:19AM	Sun 26 Sutra 121 Khara 5113
	Family Home Evening 484976152	Yama 5:19AM – 7:06AM	Priti Until 9:02PM	Muruqa: Yellow <i>Sunset:</i> 7:38PM	Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 2:16PM – 4:03PM	Kaulava Until 6:59AM	Nataraja: Clear Moon – Light Blue	4th Phase
		Trayodasi Until 6:59PM	Sravana*Adi	Devaloka Day	
			<i>Pradosha Vrata</i>		

5	Friday, August 12, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Srivana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Milan, Italy
	Makara Rasi: 6.37 Tilthi 14	Gulika 7:07AM – 8:54AM	Uttarashadha Until 12:14PM	Ganesha: Clear <i>Sunrise:</i> 5:20AM	Sun 27 Sutra 122 Khara 5113
	Family Home Evening 484976152	Yama 4:02PM – 5:49PM	Ayushman Until 8:06PM	Muruqa: Yellow <i>Sunset:</i> 7:38PM	Moon 7 - Phase 16
	Creative Work Siddha Yoga	Rahu 10:41AM – 12:28PM	Gara Until 7:04AM	Nataraja: Clear Moon – Light Blue	4th Phase
		Chaturdasi* Until 7:04PM	Sravana*Adi	Devaloka Day	

○	Saturday, August 13, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Srivana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau			Milan, Italy
	Copper Retreat Star	Gulika 5:22AM – 7:08AM	Sravana Until 1:21PM	Ganesha: Purple <i>Sunrise:</i> 5:22AM	Sun 28 Sutra 123 Khara 5113
	Makara Rasi: 19.21 Tilthi 15	Yama 2:15PM – 4:01PM	Saubhagya Until 8:32PM	Muruqa: Yellow <i>Sunset:</i> 7:35PM	Moon 7 - Phase 16
	Family Home Evening 494976152	Rahu 8:55AM – 10:41AM	Visti Until 7:32AM	Nataraja: Clear Moon – Purple	Purnima
Creative Work Siddha Yoga	Raksha Bandhan	Purnima* Until 7:32PM	Sravana*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

○	Sunday, August 14, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau			Milan, Italy
	Silver Retreat Star	Gulika 4:00PM – 5:47PM	Dhanishtha Until 3:34PM	Ganesha: Purple <i>Sunrise:</i> 5:23AM	Sun 29 Sutra 124 Khara 5113
	Kumbha Rasi: 1.53 Tilthi 16	Yama 12:28PM – 2:14PM	Sobhana Until 8:14PM	Muruqa: Yellow <i>Sunset:</i> 7:33PM	Moon 7 - Phase 16
	Family Home Evening 494976152	Rahu 5:47PM – 7:33PM	Balava Until 8:36AM	Nataraja: Clear Moon – Purple	Prathama
Creative Work Siddha Yoga		Prathama* Until 9:41PM	Sravana*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634



Monday, August 15, 2011
Gold Retreat Star

Kumbha Rasi: 14.14 Tithi 17
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 5:32PM then no yoga
Until 8.06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 2:14PM – 4:00PM **Satabhisha Until 5:32PM**
Yama 10:42AM – 12:28PM **Athiganda* Until 8:16PM**
Rahu 7:10AM – 8:56AM **Taitila Until 9:55AM**
Dvitiya Until 11:01PM

Ganesha: Purple *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 7:31PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

Milan, Italy
Sun 1 **Sutra 125**
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Tuesday, August 16, 2011

Kumbha Rasi: 26.25 Tithi 18
414976152
Routine Work Marana Yoga
Until 7:50PM then Amrita Yoga
Until 8.05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 12:27PM – 2:13PM **Purvaprostapada* Until 7:50PM**
Yama 8:56AM – 10:42AM **Sukarma Until 8:37PM**
Rahu 3:59PM – 5:44PM **Vanija Until 11:37AM**
Tritiya Until 12:42AM Wed

Ganesha: White *Sunrise:* 5:25AM
Muruqa: Yellow *Sunset:* 7:30PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

Milan, Italy
Sun 2 **Sutra 126**
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Wednesday, August 17, 2011

Meena Rasi: 8.28 Tithi 19
415976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 10:42AM – 12:27PM **Uttaraprostapada Until 10:25PM**
Yama 7:12AM – 8:57AM **Dhriti Until 9:14PM**
Rahu 12:27PM – 2:12PM **Bava Until 1:38PM**
Chaturthi* Until 2:43AM Thu

Ganesha: Clear *Sunrise:* 5:26AM
Muruqa: Yellow *Sunset:* 7:28PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Milan, Italy
Sun 3 **Sutra 127**
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

3

Thursday, August 18, 2011

Meena Rasi: 20.23 Tithi 20
515976152
Creative Work Siddha Yoga
Until 1:14AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 8:57AM – 10:42AM **Revati Until 1:14AM Fri**
Yama 5:28AM – 7:12AM **Shula* Until 10:03PM**
Rahu 2:12PM – 3:57PM **Kaulava Until 3:53PM**
Panchami Until 4:59AM Fri

Ganesha: Purple *Sunrise:* 5:28AM
Muruqa: Yellow *Sunset:* 7:26PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Milan, Italy
Sun 4 **Sutra 128**
Khara 5113
Moon 8 - Phase 17
1st Phase

Sivaloka Day

4

Friday, August 19, 2011

Mesha Rasi: 2.15 Tithi 21
525976152
Creative Work Amrita Yoga
Until 8.05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini Nakshatra Ganda* Yoga Gara Karana Shasthi* Yam Titau
Gulika 7:13AM – 8:58AM **Asvini Until 4:10AM Sat**
Yama 3:56PM – 5:40PM **Ganda* Until 11:00PM**
Rahu 10:42AM – 12:27PM **Gara Until 6:17PM**
Shasthi* Until 7:37AM Sat

Ganesha: Clear *Sunrise:* 5:29AM
Muruqa: Yellow *Sunset:* 7:25PM
Nataraja: Clear
Moon – White
Sravana-Avani

Milan, Italy
Sun 5 **Sutra 129**
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

5

Saturday, August 20, 2011

Mesha Rasi: 14.06 Tithi 21 – 22
525976152
Creative Work Siddha Yoga
Until 8.05PM then no yoga
Until 7:18AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 5:30AM – 7:14AM **Bharani Until 7:18AM Sun**
Yama 2:11PM – 3:55PM **Vriddhi Until 11:57PM**
Rahu 8:58AM – 10:42AM **Visti Until 8:42PM**
Shasthi* Until 7:37AM

Ganesha: Clear *Sunrise:* 5:30AM
Muruqa: Yellow *Sunset:* 7:23PM
Nataraja: Clear
Moon – White
Sravana-Avani

Milan, Italy
Sun 6 **Sutra 130**
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day



Sunday, August 21, 2011
Retreat Star

Mesha Rasi: 26.01 Tithi 22 – 23
525976152
No Yoga
Until 7:18AM then Siddha Yoga
Until 8.04PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 3:54PM – 5:38PM **Bharani Until 7:18AM**
Yama 12:26PM – 2:10PM **Dhruva Until 12:47AM Mon**
Rahu 5:38PM – 7:21PM **Balava Until 10:59PM**
Krishna Janmashtami **Saptami Until 9:53AM**

Ganesha: Clear *Sunrise:* 5:31AM
Muruqa: Yellow *Sunset:* 7:21PM
Nataraja: Clear
Moon – White
Sravana-Avani

Milan, Italy
Sun 7 **Sutra 131**
Khara 5113
Moon 8 - Phase 17
Ashtami

Devaloka Day

Monday, August 22, 2011
Retreat Star

Vrishabha Rasi: 8.05 Tithi 23 – 24
Family Home Evening 525976152
No Yoga
Until 9:50AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 2:10PM – 3:53PM **Krittika Until 9:50AM**
Yama 10:43AM – 12:26PM **Vyaghata* Until 1:21AM Tue**
Rahu 7:16AM – 8:59AM **Taitila Until 12:56AM Tue**
Ashtami* Until 11:51AM

Ganesha: Clear *Sunrise:* 5:32AM
Muruqa: Yellow *Sunset:* 7:20PM
Nataraja: Clear
Moon – White
Sravana-Avani

Milan, Italy
Sun 8 **Sutra 132**
Khara 5113
Moon 8 - Phase 17
Navami

Devaloka Day


1	Tuesday, August 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Milan, Italy
	535976152	Gulika 12:26PM – 2:09PM Yama 9:00AM – 10:43AM Rahu 3:52PM – 5:35PM	Rohini Until 11:26AM Harshana Until 12:05AM Wed Vanija Until 12:41AM Wed Navami* Until 12:41PM	Ganesha: White <i>Sunrise:</i> 5:34AM Muruqa: Yellow <i>Sunset:</i> 7:18PM Nataraja: Clear Moon – Yellow Sravana*Avani	Sun 9 Sutra 133 Khara 5113 Moon 8 - Phase 18 2nd Phase Sivaloka Day
Creative Work Amrita Yoga Until 11:26AM then Siddha Yoga					

2	Wednesday, August 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Milan, Italy
	535976152	Gulika 10:43AM – 12:26PM Yama 7:18AM – 9:00AM Rahu 12:26PM – 2:08PM	Mrigasira Until 12:44PM Vajra* Until 11:38PM Bava Until 1:20AM Thu Dasami Until 1:20PM	Ganesha: White <i>Sunrise:</i> 5:35AM Muruqa: Yellow <i>Sunset:</i> 7:16PM Nataraja: Clear Moon – Yellow Sravana*Avani	Sun 10 Sutra 134 Khara 5113 Moon 8 - Phase 18 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 8:04PM then Marana Yoga					

3	Thursday, August 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Milan, Italy
	535976152	Gulika 9:01AM – 10:43AM Yama 5:36AM – 7:18AM Rahu 2:08PM – 3:50PM	Ardra Until 1:16PM Siddhi Until 10:29PM Kaulava Until 11:43PM Ekadasi* Until 12:38PM	Ganesha: White <i>Sunrise:</i> 5:36AM Muruqa: Yellow <i>Sunset:</i> 7:15PM Nataraja: Clear Moon – Yellow Sravana*Avani	Sun 11 Sutra 135 Khara 5113 Moon 8 - Phase 18 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 1:16PM then Amrita Yoga Until 8:03PM then Siddha Yoga					

4	Friday, August 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Milan, Italy
	546976152	Gulika 7:19AM – 9:01AM Yama 3:49PM – 5:31PM Rahu 10:43AM – 12:25PM	Punarvasu Until 12:28PM Vyatipata* Until 7:35PM Gara Until 10:44PM Dvadasi* Until 11:40AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow <i>Sunrise:</i> 5:37AM Muruqa: Yellow <i>Sunset:</i> 7:13PM Nataraja: Clear Moon – Blue Sravana*Avani	Sun 12 Sutra 136 Khara 5113 Moon 8 - Phase 18 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 12:28PM then Marana Yoga Until 8:03PM then Siddha Yoga					

5	Saturday, August 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Milan, Italy
	546976152	Gulika 5:38AM – 7:20AM Yama 2:06PM – 3:48PM Rahu 9:02AM – 10:43AM	Pushya Until 11:24AM Variyan Until 5:02PM Visti Until 8:54PM Trayodasi* Until 9:50AM	Ganesha: White <i>Sunrise:</i> 5:38AM Muruqa: Yellow <i>Sunset:</i> 7:11PM Nataraja: Clear Moon – Blue Sravana*Avani	Sun 13 Sutra 137 Khara 5113 Moon 8 - Phase 18 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 11:24AM then Marana Yoga Until 8:03PM then Siddha Yoga					

	Sunday, August 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Naga* Karana Chaturdasi*/Amavasya* Yam Titau			Milan, Italy
	546976153	Gulika 3:47PM – 5:28PM Yama 12:24PM – 2:06PM Rahu 5:28PM – 7:09PM	Aslesha* Until 9:22AM Parigha* Until 1:19PM Naga Until 3:42AM Mon Chaturdasi* Until 7:07AM	Ganesha: White <i>Sunrise:</i> 5:40AM Muruqa: Yellow <i>Sunset:</i> 7:09PM Nataraja: White Moon – Blue Sravana*Avani	Sun 14 Sutra 138 Khara 5113 Moon 8 - Phase 18 Amavasya Devaloka Day
Retreat Star Creative Work Siddha Yoga Until 9:22AM then Marana Yoga Until 8:03PM then Siddha Yoga					

Retreat Star	Monday, August 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Milan, Italy
	556976153	Gulika 2:05PM – 3:46PM Yama 10:43AM – 12:24PM Rahu 7:22AM – 9:03AM	Magha* Until 7:09AM Shiva Until 9:48AM Kintughna Until 2:24PM Prathama* Until 12:41AM Tue	Ganesha: Green <i>Sunrise:</i> 5:41AM Muruqa: Yellow <i>Sunset:</i> 7:07PM Nataraja: White Moon – Red Bhadrapada*Avani	Sun 15 Sutra 139 Khara 5113 Moon 8 - Phase 18 Prathama Devaloka Day
Simha Rasi: 12.37 Tithi 1 Creative Work Siddha Yoga					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743


1	Tuesday, August 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Milan, Italy
	Simha Rasi: 27.33 Tithi 2 566176153	Gulika 12:24PM – 2:04PM Yama 9:03AM – 10:43AM Rahu 3:45PM – 5:25PM	Uttaraphalguni Until 1:55AM Wed Sadhya Until 1:57AM Wed Balava Until 11:02AM Dvitiya Until 9:19PM	Ganesha: Blue <i>Sunrise:</i> 5:42AM Muruqa: Yellow <i>Sunset:</i> 7:06PM Nataraja: White Moon – Red Bhadrapada-Avani	Sun 16 Sutra 140 Khara 5113 Moon 8 - Phase 19 3rd Phase Devaloka Day
	Creative Work Amrita Yoga Until 1:55AM Wed then Siddha Yoga				


2	Wednesday, August 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau			Milan, Italy
	Kanya Rasi: 12.32 Tithi 3 – 4 566176153	Gulika 10:43AM – 12:24PM Yama 7:23AM – 9:03AM Rahu 12:24PM – 2:04PM	Hasta Until 11:16PM Subha Until 10:00PM Taitila Until 7:33AM Tritiya Until 5:50PM	Ganesha: Blue <i>Sunrise:</i> 5:43AM Muruqa: Yellow <i>Sunset:</i> 7:04PM Nataraja: White Moon – Green Bhadrapada-Avani	Sun 17 Sutra 141 Khara 5113 Moon 8 - Phase 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 8:02PM then no yoga Until 11:16PM then Siddha Yoga				

3	Thursday, September 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Milan, Italy
	Kanya Rasi: 27.27 Tithi 4 – 5 566176153	Gulika 9:04AM – 10:44AM Yama 5:45AM – 7:24AM Rahu 2:03PM – 3:43PM	Chitra Until 8:44PM Sukla Until 6:11PM Bava Until 12:48AM Fri Chaturthi* Until 2:31PM	Ganesha: Blue <i>Sunrise:</i> 5:45AM Muruqa: Yellow <i>Sunset:</i> 7:02PM Nataraja: White Moon – Green Bhadrapada-Avani	Sun 18 Sutra 142 Khara 5113 Moon 8 - Phase 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga	Ganesha Chaturthi			

4	Friday, September 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Milan, Italy
	Tula Rasi: 12.09 Tithi 5 – 6 566176153	Gulika 7:25AM – 9:04AM Yama 3:41PM – 5:21PM Rahu 10:44AM – 12:23PM	Svati Until 7:27PM Brahma Until 3:16PM Kaulava Until 11:03PM Panchami Until 11:58AM	Ganesha: Blue <i>Sunrise:</i> 5:46AM Muruqa: Yellow <i>Sunset:</i> 7:00PM Nataraja: White Moon – Green Bhadrapada-Avani	Sun 19 Sutra 143 Khara 5113 Moon 8 - Phase 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 7:27PM then Marana Yoga Until 8:01PM then Siddha Yoga				

5	Saturday, September 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau			Milan, Italy
	Tula Rasi: 26.33 Tithi 6 – 7 577176153	Gulika 5:47AM – 7:26AM Yama 2:01PM – 3:40PM Rahu 9:05AM – 10:44AM	Visakha Until 5:38PM Indra Until 12:01PM Gara Until 8:25PM Shasthi* Until 9:20AM	Ganesha: Blue <i>Sunrise:</i> 5:47AM Muruqa: Yellow <i>Sunset:</i> 6:58PM Nataraja: White Moon – Orange Bhadrapada-Avani	Sun 20 Sutra 144 Khara 5113 Moon 8 - Phase 19 3rd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga Until 8:01PM then Marana Yoga				

	Sunday, September 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Milan, Italy
	Retreat Star Vrischika Rasi: 10.35 Tithi 7 – 8 577176153	Gulika 3:39PM – 5:18PM Yama 12:22PM – 2:01PM Rahu 5:18PM – 6:56PM	Anuradha Until 4:25PM Vaidhriti* Until 9:20AM Visti Until 6:26PM Saptami Until 7:21AM	Ganesha: Blue <i>Sunrise:</i> 5:48AM Muruqa: Yellow <i>Sunset:</i> 6:56PM Nataraja: White Moon – Orange Bhadrapada-Avani	Sun 21 Sutra 145 Khara 5113 Moon 8 - Phase 19 Ashtami Subha Sivaloka Day
	Routine Work Marana Yoga Until 8:00PM then Siddha Yoga				

	Monday, September 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Ashtami*/Navami* Yam Titau			Milan, Italy
	Retreat Star Vrischika Rasi: 24.16 Tithi 8 – 9 Family Home Evening 577176153	Gulika 2:00PM – 3:38PM Yama 10:44AM – 12:22PM Rahu 7:27AM – 9:06AM	Jyeshtha* Until 4:34PM Vishkambha* Until 7:19AM Kaulava Until 6:02PM Ashtami* Until 6:02AM	Ganesha: Blue <i>Sunrise:</i> 5:49AM Muruqa: Yellow <i>Sunset:</i> 6:54PM Nataraja: White Moon – Orange Bhadrapada-Avani	Sun 22 Sutra 146 Khara 5113 Moon 8 - Phase 19 Navami Subha Sivaloka Day
	Creative Work Siddha Yoga Until 8:00PM then Amrita Yoga				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

1	Tuesday, September 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau	Milan, Italy
	Sun 23	Sutra 147	Khara 5113
Dhanus Rasi: 7.37	Tithi 10	Gulika 12:22PM – 1:59PM Yama 9:06AM – 10:44AM Rahu 3:37PM – 5:15PM	Mula* Until 4:33PM Ayushman Until 4:29AM Wed Taitila Until 5:17PM Dasami Until 5:17AM Wed
587176153		Ganesha: Yellow <i>Sunrise:</i> 5:51AM Muruqa: Yellow <i>Sunset:</i> 6:53PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Sivaloka Day Moon 8 - Phase 20 4th Phase
Creative Work Amrita Yoga Until 4:33PM then Siddha Yoga Until 8.00PM then Amrita Yoga			

2	Wednesday, September 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Milan, Italy
	Sun 24	Sutra 148	Khara 5113
Dhanus Rasi: 20.41	Tithi 11	Gulika 10:44AM – 12:21PM Yama 7:29AM – 9:06AM Rahu 12:21PM – 1:59PM	Purvashadha* Until 5:04PM Saubhagya Until 3:18AM Thu Vanija Until 5:07PM Ekadasi Until 5:07AM Thu
587176153		Ganesha: Yellow <i>Sunrise:</i> 5:52AM Muruqa: Yellow <i>Sunset:</i> 6:51PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Sivaloka Day Moon 8 - Phase 20 4th Phase
Creative Work Amrita Yoga Until 7.59PM then Siddha Yoga			

3	Thursday, September 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau	Milan, Italy
	Sun 25	Sutra 149	Khara 5113
Makara Rasi: 3.29	Tithi 12	Gulika 9:07AM – 10:44AM Yama 5:53AM – 7:30AM Rahu 1:58PM – 3:35PM	Uttarashadha Until 6:01PM Sobhana Until 2:32AM Fri Bava Until 5:26PM Dvadasi Until 6:10AM Fri
587176153		Ganesha: Yellow <i>Sunrise:</i> 5:53AM Muruqa: Yellow <i>Sunset:</i> 6:49PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Sivaloka Day Moon 8 - Phase 20 4th Phase
Creative Work Siddha Yoga			

4	Friday, September 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Milan, Italy
	Sun 26	Sutra 150	Khara 5113
Makara Rasi: 16.06	Tithi 12 – 13	Gulika 7:31AM – 9:07AM Yama 3:34PM – 5:10PM Rahu 10:44AM – 12:21PM	Sravana Until 8:28PM Athiganda* Until 3:39AM Sat Kaulava Until 7:15PM Dvadasi Until 6:10AM
597176153		Ganesha: White <i>Sunrise:</i> 5:54AM Muruqa: Yellow <i>Sunset:</i> 6:47PM Nataraja: White Moon – Purple Bhadrapada*Avani	Subha Sivaloka Day Moon 8 - Phase 20 4th Phase
Creative Work Siddha Yoga			

Pradosha Vrata

5	Saturday, September 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Milan, Italy
	Sun 27	Sutra 151	Khara 5113
Makara Rasi: 28.32	Tithi 13 – 14	Gulika 5:55AM – 7:32AM Yama 1:56PM – 3:33PM Rahu 9:08AM – 10:44AM	Dhanishtha Until 10:15PM Sukarma Until 3:30AM Sun Gara Until 8:24PM Trayodasi Until 7:19AM
598176153		Ganesha: Yellow <i>Sunrise:</i> 5:55AM Muruqa: Yellow <i>Sunset:</i> 6:49PM Nataraja: White Moon – Purple Bhadrapada*Avani	Sivaloka Day Moon 8 - Phase 20 4th Phase
Creative Work Siddha Yoga		Chidambaram Abhishekam	

○	Sunday, September 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Milan, Italy
	Sun 28	Sutra 152	Khara 5113
Kumbha Rasi: 10.5	Tithi 14 – 15	Gulika 3:31PM – 5:07PM Yama 12:20PM – 1:56PM Rahu 5:07PM – 6:43PM	Satabhisha Until 12:19AM Mon Dhriti Until 3:37AM Mon Visti Until 9:53PM Chaturdasi* Until 8:47AM
598176153		Ganesha: Yellow <i>Sunrise:</i> 5:57AM Muruqa: Yellow <i>Sunset:</i> 6:43PM Nataraja: White Moon – Purple Bhadrapada*Avani	Sivaloka Day Moon 8 - Phase 20 Purnima
Creative Work Siddha Yoga Until 12:19AM Mon then no yoga		Grandparent's Day	

○	Monday, September 12, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Milan, Italy
	Sun 29	Sutra 153	Khara 5113
Kumbha Rasi: 23.01	Tithi 15 – 16	Gulika 1:55PM – 3:30PM Yama 10:44AM – 12:20PM Rahu 7:33AM – 9:09AM	Purvaprostapada* Until 2:39AM Tue Shula* Until 3:59AM Tue Balava Until 11:38PM Purnima* Until 10:32AM
518186153		Ganesha: Yellow <i>Sunrise:</i> 5:58AM Muruqa: White <i>Sunset:</i> 6:41PM Nataraja: White Moon – Clear Bhadrapada*Avani	Subha Sivaloka Day Moon 8 - Phase 20 Prathama
Family Home Evening No Yoga Until 7.58PM then Marana Yoga Until 2:39AM Tue then Amrita Yoga			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



Tuesday, September 13, 2011
Gold Retreat Star

Meena Rasi: 5.04 Tithi 16 – 17
518186153
Creative Work Amrita Yoga
Until 7.57PM then Siddha Yoga
Until 5:13AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 12:19PM – 1:54PM **Uttaraprostapada Until 5:13AM Wed**
Yama 9:09AM – 10:44AM **Ganda* Until 4:33AM Wed**
Rahu 3:29PM – 5:04PM **Taitila Until 1:38AM Wed**
Prathama* Until 12:33PM

Ganesha: Yellow *Sunrise: 5:59AM*
Muruqa: White *Sunset: 6:39PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Milan, Italy
Sutra 154
Khara 5113
Moon 9 - Phase 21
1st Phase

1

Wednesday, September 14, 2011

Meena Rasi: 17.01 Tithi 17 – 18
518186153
Routine Work Marana Yoga
Until 7.57PM then Siddha Yoga
Until 8:14AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 10:44AM – 12:19PM **Revati Until 8:14AM Thu**
Yama 7:35AM – 9:09AM **Vriddhi Until 5:18AM Thu**
Rahu 12:19PM – 1:53PM **Vanija Until 3:52AM Thu**
Dvitiya Until 2:46PM

Ganesha: Yellow *Sunrise: 6:00AM*
Muruqa: White *Sunset: 6:37PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Milan, Italy
Sutra 155
Khara 5113
Moon 9 - Phase 21
1st Phase

2

Thursday, September 15, 2011

Meena Rasi: 28.53 Tithi 18 – 19
518186153
Creative Work Siddha Yoga
Until 8:14AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Asvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 9:10AM – 10:44AM **Revati Until 8:14AM**
Yama 6:01AM – 7:36AM **Dhruva Until 6:33AM Fri**
Rahu 1:53PM – 3:27PM **Bava Until 6:16AM Fri**
Tritiya Until 5:11PM

Ganesha: Yellow *Sunrise: 6:01AM*
Muruqa: White *Sunset: 6:35PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Milan, Italy
Sutra 156
Khara 5113
Moon 9 - Phase 21
1st Phase

3

Friday, September 16, 2011

Mesha Rasi: 10.43 Tithi 19
529186153
Creative Work Amrita Yoga
Until 11:14AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 7:36AM – 9:10AM **Asvini Until 11:14AM**
Yama 3:26PM – 5:00PM **Dhruva Until 6:33AM**
Rahu 10:44AM – 12:18PM **Bava Until 6:35AM**
Chaturthi* Until 7:40PM

Ganesha: Red *Sunrise: 6:03AM*
Muruqa: White *Sunset: 6:34PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Avani

Milan, Italy
Sutra 157
Khara 5113
Moon 9 - Phase 21
1st Phase

4

Saturday, September 17, 2011

Mesha Rasi: 22.33 Tithi 20
529186153
Creative Work Siddha Yoga
Until 2:15PM then Amrita Yoga
Until 7.56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 6:04AM – 7:37AM **Bharani Until 2:15PM**
Yama 1:51PM – 3:25PM **Vyaghata* Until 7:32AM**
Rahu 9:11AM – 10:44AM **Kaulava Until 9:05AM**
Panchami Until 10:10PM

Ganesha: Red *Sunrise: 6:04AM*
Muruqa: White *Sunset: 6:32PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Milan, Italy
Sutra 158
Khara 5113
Moon 9 - Phase 21
1st Phase

5

Sunday, September 18, 2011

Vrishabha Rasi: 4.26 Tithi 21
529186153
Creative Work Siddha Yoga
Until 7.55PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 3:24PM – 4:57PM **Krittika Until 5:07PM**
Yama 12:17PM – 1:50PM **Harshana Until 8:23AM**
Rahu 4:57PM – 6:30PM **Gara Until 11:27AM**
Shasthi* Until 12:32AM Mon

Ganesha: Red *Sunrise: 6:05AM*
Muruqa: White *Sunset: 6:30PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Milan, Italy
Sutra 159
Khara 5113
Moon 9 - Phase 21
1st Phase

6

Monday, September 19, 2011

Vrishabha Rasi: 16.28 Tithi 22
539186153
Family Home Evening
Creative Work Amrita Yoga
Until 7:44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 1:50PM – 3:22PM **Rohini Until 7:44PM**
Yama 10:44AM – 12:17PM **Vajra* Until 8:59AM**
Rahu 7:39AM – 9:12AM **Visti Until 1:30PM**
Saptami Until 2:36AM Tue

Ganesha: Green *Sunrise: 6:06AM*
Muruqa: White *Sunset: 6:28PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Milan, Italy
Sutra 160
Khara 5113
Moon 9 - Phase 21
1st Phase



Tuesday, September 20, 2011
Retreat Star

Vrishabha Rasi: 28.44 Tithi 23
539186153
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 12:17PM – 1:49PM **Mrigasira Until 8:39PM**
Yama 9:12AM – 10:44AM **Siddhi Until 8:57AM**
Rahu 3:21PM – 4:54PM **Balava Until 2:19PM**
Ashtami* Until 2:19AM Wed

Ganesha: Green *Sunrise: 6:07AM*
Muruqa: White *Sunset: 6:28PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Milan, Italy
Sutra 161
Khara 5113
Moon 9 - Phase 21
Ashtami

Wednesday, September 21, 2011

Retreat Star

Mithuna Rasi: 11.18 Tithi 24
539186153
Creative Work Siddha Yoga
Until 7.54PM then Marana Yoga
Until 10:03PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 10:44AM – 12:16PM **Ardra Until 10:03PM**
Yama 7:41AM – 9:12AM **Vyatipata* Until 8:34AM**
Rahu 12:16PM – 1:48PM **Taitila Until 3:07PM**
Navami* Until 3:07AM Thu

Ganesha: Green *Sunrise: 6:09AM*
Muruqa: White *Sunset: 6:24PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Milan, Italy
Sutra 162
Khara 5113
Moon 9 - Phase 21
Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda, Svetu 2.9. UpP, 192


1	Thursday, September 22, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau				Milan, Italy
	Mithuna Rasi: 24.17	Tithi 25	Gulika 9:13AM – 10:44AM	Punarvasu Until 10:42PM	Ganesha: Orange <i>Sunrise: 6:10AM</i>	Sun 9	Sutra 163 Khara 5113
		549186153	Yama 6:10AM – 7:41AM	Variyan Until 7:30AM	Muruqa: White <i>Sunset: 6:22PM</i>		Moon 9 - Phase 22
			Rahu 1:47PM – 3:19PM	Vanija Until 3:07PM	Nataraja: White		2nd Phase
				Dasami Until 3:07AM Fri	Bhadrapada•Puratasi		Subha Sivaloka Day

2	Friday, September 23, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau				Milan, Italy
	Kataka Rasi: 7.44	Tithi 26	Gulika 7:42AM – 9:13AM	Pushya Until 9:19PM	Ganesha: Green <i>Sunrise: 6:11AM</i>	Sun 10	Sutra 164 Khara 5113
		549286153	Yama 3:18PM – 4:49PM	Shiva Until 2:59AM Sat	Muruqa: White <i>Sunset: 6:20PM</i>		Moon 9 - Phase 22
			Rahu 10:44AM – 12:16PM	Bava Until 1:32PM	Nataraja: White		2nd Phase
				Ekadasi* Until 12:37AM Sat	Bhadrapada•Puratasi		Sivaloka Day

3	Saturday, September 24, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Milan, Italy
	Kataka Rasi: 21.41	Tithi 27	Gulika 6:12AM – 7:43AM	Aslesha* Until 8:16PM	Ganesha: Purple <i>Sunrise: 6:12AM</i>	Sun 11	Sutra 165 Khara 5113
		541286153	Yama 1:46PM – 3:17PM	Siddha Until 12:26AM Sun	Muruqa: White <i>Sunset: 6:18PM</i>		Moon 9 - Phase 22
			Rahu 9:14AM – 10:45AM	Kaulava Until 11:45AM	Nataraja: White		2nd Phase
				Dvdadasi* Until 10:50PM	Bhadrapada•Puratasi		Sivaloka Day

4	Sunday, September 25, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Milan, Italy
	Simha Rasi: 6.06	Tithi 28	Gulika 3:16PM – 4:46PM	Magha* Until 5:34PM	Ganesha: Light Blue <i>Sunrise: 6:14AM</i>	Sun 12	Sutra 166 Khara 5113
		551286153	Yama 12:15PM – 1:45PM	Sadhya Until 8:11PM	Muruqa: White <i>Sunset: 6:16PM</i>		Moon 9 - Phase 22
			Rahu 4:46PM – 6:16PM	Gara Until 8:52AM	Nataraja: White		2nd Phase
				Trayodasi* Until 7:09PM	Bhadrapada•Puratasi		Sivaloka Day
							<i>Pradosha Vrata (Fasting)</i>

5	Monday, September 26, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Milan, Italy
	Simha Rasi: 20.56	Tithi 29 – 30	Gulika 1:44PM – 3:14PM	Purvaphalguni* Until 3:11PM	Ganesha: Light Blue <i>Sunrise: 6:15AM</i>	Sun 13	Sutra 167 Khara 5113
		551286153	Yama 10:45AM – 12:15PM	Subha Until 4:28PM	Muruqa: White <i>Sunset: 6:14PM</i>		Moon 9 - Phase 22
			Rahu 7:45AM – 9:15AM	Catuspada Until 2:16AM Tue	Nataraja: White		2nd Phase
				Chaturdasi* Until 3:59PM	Bhadrapada•Puratasi		Sivaloka Day

	Tuesday, September 27, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Milan, Italy
	Retreat Star		Gulika 12:14PM – 1:44PM	Uttaraphalguni Until 12:20PM	Ganesha: Light Blue <i>Sunrise: 6:16AM</i>	Sun 14	Sutra 168 Khara 5113
	Kanya Rasi: 6.02	Tithi 30 – 1	Yama 9:15AM – 10:45AM	Sukla Until 12:20PM	Muruqa: White <i>Sunset: 6:12PM</i>		Moon 9 - Phase 22
		551286153	Rahu 3:13PM – 4:43PM	Kintughna Until 10:37PM	Nataraja: White		Amavasya
				Amavasya* Until 12:20PM	Bhadrapada•Puratasi		Sivaloka Day

Retreat Star	Wednesday, September 28, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Milan, Italy
	Kanya Rasi: 21.17	Tithi 1 – 2	Gulika 10:45AM – 12:14PM	Hasta Until 9:17AM	Ganesha: Light Blue <i>Sunrise: 6:17AM</i>	Sun 15	Sutra 169 Khara 5113
		661286153	Yama 7:46AM – 9:16AM	Brahma Until 8:00AM	Muruqa: White <i>Sunset: 6:10PM</i>		Moon 9 - Phase 22
			Rahu 12:14PM – 1:43PM	Balava Until 6:45PM	Nataraja: White		Prathama
				Prathama* Until 8:28AM	Ashvina•Puratasi		Sivaloka Day
			Navaratri Begins				

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM


1	Thursday, September 29, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiya Yam Titau				Milan, Italy
	Tula Rasi: 6.29	Tithi 3				Sun 16	Sutra 170 Khara 5113
		661286153	Gulika 9:16AM – 10:45AM Yama 6:19AM – 7:47AM Rahu 1:42PM – 3:11PM	Chitra Until 6:18AM Vaidhriti* Until 11:44PM Taitila Until 2:57PM Tritiya Until 1:14AM Fri	Ganesha: Light Blue <i>Sunrise: 6:19AM</i> Muruqa: White <i>Sunset: 6:09PM</i> Nataraja: White Moon – Green Ashvina•Puratasi		Moon 9 - Phase 23 3rd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 6:18AM then Amrita Yoga Until 7:52PM then Siddha Yoga						


2	Friday, September 30, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Milan, Italy
	Tula Rasi: 21.28	Tithi 4				Sun 17	Sutra 171 Khara 5113
		671286153	Gulika 7:48AM – 9:16AM Yama 3:10PM – 4:38PM Rahu 10:45AM – 12:13PM	Visakha Until 12:59AM Sat Vishkambha* Until 7:47PM Vanija Until 11:31AM Chaturthi* Until 9:48PM	Ganesha: Purple <i>Sunrise: 6:20AM</i> Muruqa: White <i>Sunset: 6:07PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi		Moon 9 - Phase 23 3rd Phase Sivaloka Day
	Routine Work Marana Yoga Until 7:51PM then Siddha Yoga						

3	Saturday, October 1, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau				Milan, Italy
	Vrischika Rasi: 6.08	Tithi 5				Sun 18	Sutra 172 Khara 5113
		671286153	Gulika 6:21AM – 7:49AM Yama 1:41PM – 3:09PM Rahu 9:17AM – 10:45AM	Anuradha Until 12:04AM Sun Priti Until 5:00PM Bava Until 8:50AM Panchami Until 7:55PM	Ganesha: Purple <i>Sunrise: 6:21AM</i> Muruqa: White <i>Sunset: 6:05PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi		Moon 9 - Phase 23 3rd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 7:51PM then Marana Yoga						

4	Sunday, October 2, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Shasthi*/Saplami Yam Titau				Milan, Italy
	Vrischika Rasi: 20.22	Tithi 6 – 7				Sun 19	Sutra 173 Khara 5113
		671286153	Gulika 3:08PM – 4:35PM Yama 12:13PM – 1:40PM Rahu 4:35PM – 6:03PM	Jyeshtha* Until 10:30PM Ayushman Until 1:58PM Kaulava Until 6:31AM Shasthi* Until 5:35PM	Ganesha: Purple <i>Sunrise: 6:22AM</i> Muruqa: White <i>Sunset: 6:03PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi		Moon 9 - Phase 23 3rd Phase Sivaloka Day
	Routine Work Marana Yoga Until 7:51PM then Siddha Yoga						

5	Monday, October 3, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Milan, Italy
	Dhanus Rasi: 4.1	Tithi 7 – 8				Sun 20	Sutra 174 Khara 5113
	Family Home Evening	681286153	Gulika 1:39PM – 3:07PM Yama 10:45AM – 12:12PM Rahu 7:51AM – 9:18AM	Mula* Until 10:55PM Saubhagya Until 12:03PM Visti Until 4:55AM Tue Saptami Until 4:55PM	Ganesha: Clear <i>Sunrise: 6:23AM</i> Muruqa: White <i>Sunset: 6:01PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi		Moon 9 - Phase 23 3rd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga Until 7:50PM then Amrita Yoga Until 10:55PM then Siddha Yoga						

	Tuesday, October 4, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Milan, Italy
	Retreat Star					Sun 21	Sutra 175 Khara 5113
	Dhanus Rasi: 17.32	Tithi 8 – 9					Sutra 175 Khara 5113
		682286153	Gulika 12:12PM – 1:39PM Yama 9:18AM – 10:45AM Rahu 3:06PM – 4:32PM	Purvashadha* Until 10:51PM Sobhana Until 10:19AM Balava Until 4:09AM Wed Ashtami* Until 4:09PM	Ganesha: Orange <i>Sunrise: 6:25AM</i> Muruqa: White <i>Sunset: 5:59PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi		Moon 9 - Phase 23 Ashtami Subha Sivaloka Day
	Creative Work Siddha Yoga Until 7:50PM then Amrita Yoga						

	Wednesday, October 5, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Milan, Italy
	Retreat Star					Sun 22	Sutra 176 Khara 5113
	Makara Rasi: 0.31	Tithi 9 – 10					Sutra 176 Khara 5113
		682286153	Gulika 10:45AM – 12:12PM Yama 7:52AM – 9:19AM Rahu 12:12PM – 1:38PM	Uttarashadha Until 11:30PM Athiganda* Until 9:13AM Taitila Until 4:09AM Thu Navami* Until 4:09PM	Ganesha: Orange <i>Sunrise: 6:26AM</i> Muruqa: White <i>Sunset: 5:57PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi		Moon 9 - Phase 23 Navami Subha Sivaloka Day
	Creative Work Amrita Yoga Until 7:50PM then Siddha Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

1	Thursday, October 6, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Milan, Italy
				Sun 23	Sutra 177 Khara 5113
Makara Rasi: 13.12	Tithi 10 - 11	692286153	Gulika 9:19AM - 10:45AM Yama 6:27AM - 7:53AM Rahu 1:37PM - 3:03PM	Sravana Until 2:17AM Fri Sukarma Until 8:52AM Vanija Until 6:51AM Fri Dasami Until 5:46PM	Ganesha: Green <i>Sunrise: 6:27AM</i> Muruqa: White <i>Sunset: 5:55PM</i> Nataraja: White Moon - Purple Ashvina•Puratasi
Creative Work	Siddha Yoga				Sivaloka Day

2	Friday, October 7, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visti* Karana Ekadasi Yam Titau		Milan, Italy
				Sun 24	Sutra 178 Khara 5113
Makara Rasi: 25.37	Tithi 11	692286153	Gulika 7:54AM - 9:20AM Yama 3:02PM - 4:28PM Rahu 10:45AM - 12:11PM	Dhanishtha Until 4:05AM Sat Dhriti Until 8:43AM Visti Until 8:04AM Sat Ekadasi Until 6:59PM	Ganesha: Green <i>Sunrise: 6:29AM</i> Muruqa: White <i>Sunset: 5:54PM</i> Nataraja: White Moon - Purple Ashvina•Puratasi
Creative Work	Siddha Yoga		Vijaya Dasami		Sivaloka Day
Until 4:05AM Sat then Amrita Yoga					

3	Saturday, October 8, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau		Milan, Italy
				Sun 25	Sutra 179 Khara 5113
Kumbha Rasi: 7.52	Tithi 12	692286154	Gulika 6:30AM - 7:55AM Yama 1:36PM - 3:01PM Rahu 9:20AM - 10:46AM	Satabhisha Until 6:02AM Sun Shula* Until 8:54AM Bava Until 7:30AM Dvadasi Until 8:35PM	Ganesha: Green <i>Sunrise: 6:30AM</i> Muruqa: White <i>Sunset: 5:52PM</i> Nataraja: Yellow Moon - Purple Ashvina•Puratasi
Creative Work	Amrita Yoga		Kadaitswami Mahasamadhi		Devaloka Day
Until 7.49PM then Siddha Yoga					

4	Sunday, October 9, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Milan, Italy
				Sun 26	Sutra 180 Khara 5113
Kumbha Rasi: 19.59	Tithi 13	692286154	Gulika 3:00PM - 4:25PM Yama 12:10PM - 1:35PM Rahu 4:25PM - 5:50PM	Satabhisha Until 6:02AM Ganda* Until 9:20AM Kaulava Until 9:24AM Trayodasi Until 10:30PM <i>Pradosha Vrata</i>	Ganesha: Green <i>Sunrise: 6:31AM</i> Muruqa: White <i>Sunset: 5:50PM</i> Nataraja: Yellow Moon - Purple Ashvina•Puratasi
Creative Work	Siddha Yoga		Chidambaram Abhishekam		Devaloka Day
Until 7.49PM then no yoga					

5	Monday, October 10, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Milan, Italy
				Sun 27	Sutra 181 Khara 5113
Meena Rasi: 2	Tithi 14	612286154	Gulika 1:35PM - 2:59PM Yama 10:46AM - 12:10PM Rahu 7:57AM - 9:21AM	Purvaprostapada* Until 8:40AM Vridhi Until 9:56AM Gara Until 11:32AM Chaturdasi* Until 12:37AM Tue	Ganesha: Blue <i>Sunrise: 6:32AM</i> Muruqa: White <i>Sunset: 5:48PM</i> Nataraja: Yellow Moon - Clear Ashvina•Puratasi
Family Home Evening	No Yoga				Devaloka Day
Until 8:40AM then Siddha Yoga					
Until 7.48PM then Amrita Yoga					

○	Tuesday, October 11, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau		Milan, Italy
	Copper Retreat Star			Sun 28	Sutra 182 Khara 5113
Meena Rasi: 13.56	Tithi 15	612286154	Gulika 12:10PM - 1:34PM Yama 9:22AM - 10:46AM Rahu 2:58PM - 4:22PM	Uttaraprostapada Until 11:27AM Dhruva Until 10:41AM Visti Until 1:49PM Purnima* Until 2:55AM Wed	Ganesha: Blue <i>Sunrise: 6:34AM</i> Muruqa: White <i>Sunset: 5:46PM</i> Nataraja: Yellow Moon - Clear Ashvina•Puratasi
Creative Work	Amrita Yoga				Devaloka Day
Until 11:27AM then Siddha Yoga					
Until 7.48PM then Marana Yoga					

○	Wednesday, October 12, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Milan, Italy
	Silver Retreat Star			Sun 29	Sutra 183 Khara 5113
Meena Rasi: 25.49	Tithi 16	612286154	Gulika 10:46AM - 12:10PM Yama 7:59AM - 9:22AM Rahu 12:10PM - 1:33PM	Revati Until 2:21PM Vyaghata* Until 11:32AM Balava Until 4:14PM Prathama* Until 5:19AM Thu	Ganesha: Blue <i>Sunrise: 6:35AM</i> Muruqa: White <i>Sunset: 5:46PM</i> Nataraja: Yellow Moon - Clear Ashvina•Puratasi
Routine Work	Marana Yoga				Devaloka Day
Until 7.48PM then Amrita Yoga					

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM



Thursday, October 13, 2011
Gold Retreat Star

Mesha Rasi: 7.4 Tithi 17
622286154
Creative Work Amrita Yoga
Until 5:19PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini/Bharani Nakshatra Harshana/Vajra* Yoga Tailita Karana Dvitiya Yam Titau

Gulika 9:23AM – 10:46AM **Asvini Until 5:19PM**
Yama 6:36AM – 8:00AM Harshana Until 12:27PM
Rahu 1:33PM – 2:56PM Tailita Until 6:43PM
Dvitiya Until 8:07AM Fri

Milan, Italy
Sutra 184
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day

Ganesha: Red *Sunrise:* 6:38AM
Muruqa: White *Sunset:* 5:43PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

1 **Friday, October 14, 2011**

Mesha Rasi: 19.31 Tithi 17 – 18
622286154
Creative Work Siddha Yoga
Until 8:18PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 8:00AM – 9:23AM **Bharani Until 8:18PM**
Yama 2:55PM – 4:18PM Vajra* Until 1:22PM
Rahu 10:46AM – 12:09PM Vanija Until 9:13PM
Dvitiya Until 8:07AM

Milan, Italy
Sutra 185
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day

Ganesha: Red *Sunrise:* 6:38AM
Muruqa: White *Sunset:* 5:41PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

2 **Saturday, October 15, 2011**

Virshabha Rasi: 1.23 Tithi 18 – 19
622286154
Creative Work Amrita Yoga
Until 7:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 6:39AM – 8:01AM **Krittika Until 11:13PM**
Yama 1:32PM – 2:54PM Siddhi Until 2:14PM
Rahu 9:24AM – 10:46AM Bava Until 11:39PM
Tritiya Until 10:34AM

Milan, Italy
Sutra 186
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day

Ganesha: Red *Sunrise:* 6:39AM
Muruqa: White *Sunset:* 5:39PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

3 **Sunday, October 16, 2011**

Virshabha Rasi: 13.2 Tithi 19 – 20
632286154
Creative Work Siddha Yoga
Until 7:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 2:53PM – 4:15PM **Rohini Until 2:00AM Mon**
Yama 12:09PM – 1:31PM Vyatipata* Until 2:58PM
Rahu 4:15PM – 5:37PM Kaulava Until 1:56AM Mon
Chaturthi* Until 12:51PM

Milan, Italy
Sutra 187
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day

Ganesha: Green *Sunrise:* 6:40AM
Muruqa: White *Sunset:* 5:37PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

4 **Monday, October 17, 2011**

Virshabha Rasi: 25.25 Tithi 20 – 21
632286154
Family Home Evening
Creative Work Amrita Yoga
Until 7:47PM then Siddha Yoga
Until 4:30AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira Nakshatra Variyan/Parigha* Yoga Tailita/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 1:30PM – 2:52PM **Mrigasira Until 4:30AM Tue**
Yama 10:47AM – 12:09PM Variyan Until 3:28PM
Rahu 8:03AM – 9:25AM Gara Until 3:56AM Tue
Panchami Until 2:50PM

Milan, Italy
Sutra 188
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day

Ganesha: Green *Sunrise:* 6:42AM
Muruqa: White *Sunset:* 5:36PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

5 **Tuesday, October 18, 2011**

Mithuna Rasi: 7.41 Tithi 21 – 22
633386154
Routine Work Marana Yoga
Until 7:46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 12:08PM – 1:30PM **Ardra Until 4:43AM Wed**
Yama 9:26AM – 10:47AM Parigha* Until 2:54PM
Rahu 2:51PM – 4:13PM Visti Until 3:32AM Wed
Shasthi* Until 3:32PM

Milan, Italy
Sutra 189
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day

Ganesha: Green *Sunrise:* 6:43AM
Muruqa: White *Sunset:* 5:34PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

6 **Wednesday, October 19, 2011**

Mithuna Rasi: 20.15 Tithi 22 – 23
643386154
Creative Work Siddha Yoga
Until 7:46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 10:47AM – 12:08PM **Punarvasu Until 6:19AM Thu**
Yama 8:05AM – 9:26AM Shiva Until 2:31PM
Rahu 12:08PM – 1:29PM Balava Until 4:24AM Thu
Saptami Until 4:24PM

Milan, Italy
Sutra 190
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day

Ganesha: Orange *Sunrise:* 6:44AM
Muruqa: White *Sunset:* 5:32PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Thursday, October 20, 2011
Retreat Star

Kataka Rasi: 3.1 Tithi 23 – 24
643386154
Creative Work Amrita Yoga
Until 7:46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Tailita Karana Ashtami*/Navami* Yam Titau

Gulika 9:27AM – 10:47AM **Punarvasu Until 6:19AM**
Yama 6:46AM – 8:06AM Siddha Until 1:33PM
Rahu 1:29PM – 2:49PM Tailita Until 4:34AM Fri
Ashtami* Until 4:34PM

Milan, Italy
Sutra 191
Khara 5113
Moon 10 - Phase 25
Ashtami
Sivaloka Day

Ganesha: Orange *Sunrise:* 6:46AM
Muruqa: White *Sunset:* 5:31PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Friday, October 21, 2011
Retreat Star

Kataka Rasi: 16.29 Tithi 24 – 25
643386154
Routine Work Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Gulika 8:07AM – 9:27AM **Pushya Until 6:18AM**
Yama 2:48PM – 4:09PM Sadhya Until 11:27AM
Rahu 10:48AM – 12:08PM Vanija Until 2:12AM Sat
Navami* Until 3:08PM

Milan, Italy
Sutra 192
Khara 5113
Moon 10 - Phase 25
Navami
Sivaloka Day

Ganesha: Orange *Sunrise:* 6:47AM
Muruqa: White *Sunset:* 5:29PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

1	Saturday, October 22, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Milan, Italy
	Simha Rasi: 0.17	Tithi 25 - 26	653386154	Gulika 6:48AM - 8:08AM Yama 1:28PM - 2:47PM Rahu 9:28AM - 10:48AM	Magha* Until 4:22AM Sun Subha Until 9:07AM Bava Until 12:43AM Sun Dasami Until 1:39PM	Ganesha: Light Blue <i>Sunrise: 6:48AM</i> Muruqa: White <i>Sunset: 5:27PM</i> Nataraja: Yellow Moon - Red Ashvina-Aipasi	Sun 9 Sutra 193 Khara 5113 Moon 10 - Phase 26 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 7.46PM then Marana Yoga Until 4:22AM Sun then Siddha Yoga							

2	Sunday, October 23, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Milan, Italy
	Simha Rasi: 14.33	Tithi 26 - 27	653386154	Gulika 2:47PM - 4:06PM Yama 12:08PM - 1:27PM Rahu 4:06PM - 5:26PM	Purvaphalguni* Until 1:23AM Mon Sukla Until 6:02AM Kaulava Until 9:13PM Ekadasi* Until 10:56AM	Ganesha: Light Blue <i>Sunrise: 6:50AM</i> Muruqa: White <i>Sunset: 5:26PM</i> Nataraja: Yellow Moon - Red Ashvina-Aipasi	Sun 10 Sutra 194 Khara 5113 Moon 10 - Phase 26 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 1:23AM Mon then Marana Yoga							

3	Monday, October 24, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Milan, Italy
	Simha Rasi: 29.14	Tithi 27 - 28	653386154	Gulika 1:27PM - 2:46PM Yama 10:48AM - 12:07PM Rahu 8:10AM - 9:29AM	Uttaraphalguni Until 11:13PM Indra Until 10:31PM Gara Until 6:19PM Dvadasi* Until 8:02AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise: 6:51AM</i> Muruqa: White <i>Sunset: 5:24PM</i> Nataraja: Yellow Moon - Red Ashvina-Aipasi	Sun 11 Sutra 195 Khara 5113 Moon 10 - Phase 26 2nd Phase Devaloka Day
Family Home Evening Routine Work Marana Yoga Until 7.45PM then Amrita Yoga Until 11:13PM then Siddha Yoga							

4	Tuesday, October 25, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Milan, Italy
	Kanya Rasi: 14.15	Tithi 29	663386154	Gulika 12:07PM - 1:26PM Yama 9:30AM - 10:49AM Rahu 2:45PM - 4:04PM	Hasta Until 8:32PM Vaidhriti* Until 6:30PM Visti Until 2:51PM Chaturdasi* Until 1:08AM Wed	Ganesha: Purple <i>Sunrise: 6:52AM</i> Muruqa: White <i>Sunset: 5:22PM</i> Nataraja: Yellow Moon - Green Ashvina-Aipasi	Sun 12 Sutra 196 Khara 5113 Moon 10 - Phase 26 2nd Phase Devaloka Day
Creative Work Siddha Yoga Deepavali Hindu Solidarity Day							

	Wednesday, October 26, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Milan, Italy
	Retreat Star			Gulika 10:49AM - 12:07PM Yama 8:12AM - 9:30AM Rahu 12:07PM - 1:26PM	Chitra Until 5:31PM Vishkambha* Until 2:11PM Catuspada Until 11:03AM Amavasya* Until 9:20PM	Ganesha: Purple <i>Sunrise: 6:54AM</i> Muruqa: White <i>Sunset: 5:21PM</i> Nataraja: Yellow Moon - Green Ashvina-Aipasi	Sun 13 Sutra 197 Khara 5113 Moon 10 - Phase 26 Amavasya Devaloka Day
Kanya Rasi: 29.28 Tithi 30 663386154 Creative Work Siddha Yoga Until 7.45PM then Amrita Yoga		Subramuniyaswami Mahasamadhi					

Retreat Star	Thursday, October 27, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau				Milan, Italy
	Tula Rasi: 14.43	Tithi 1 - 2	663386154	Gulika 9:31AM - 10:49AM Yama 6:55AM - 8:13AM Rahu 1:25PM - 2:43PM	Svati Until 2:27PM Priti Until 9:48AM Kintughna Until 7:11AM Prathama* Until 5:28PM	Ganesha: Purple <i>Sunrise: 6:55AM</i> Muruqa: White <i>Sunset: 5:19PM</i> Nataraja: Yellow Moon - Green Karttika-Aipasi	Sun 14 Sutra 198 Khara 5113 Moon 10 - Phase 26 Prathama Devaloka Day
Creative Work Amrita Yoga Until 2:27PM then Siddha Yoga Until 7.45PM then Marana Yoga		Skanda Shasthi Begins					

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140


1	Friday, October 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Milan, Italy
	Tula Rasi: 29.5 Tithi 2 – 3 673386154	Gulika 8:14AM – 9:32AM Yama 2:42PM – 4:00PM Rahu 10:49AM – 12:07PM	Sun 15 Sutra 199 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 11:35AM then Siddha Yoga		Visakha Until 11:35AM Saubhagya Until 1:38AM Sat Taitila Until 12:07AM Sat Dvitiya Until 1:50PM	Ganesha: Light Blue <i>Sunrise:</i> 6:56AM Muruqa: White <i>Sunset:</i> 5:18PM Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			


2	Saturday, October 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Milan, Italy
	Vrischika Rasi: 14.41 Tithi 3 – 4 673386154	Gulika 6:58AM – 8:15AM Yama 1:24PM – 2:42PM Rahu 9:32AM – 10:50AM	Sun 16 Sutra 200 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 7.45PM then Marana Yoga		Anuradha Until 9:24AM Sobhana Until 10:56PM Vanija Until 10:07PM Tritiya Until 11:02AM	Ganesha: Light Blue <i>Sunrise:</i> 6:58AM Muruqa: White <i>Sunset:</i> 5:16PM Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			

3	Sunday, October 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Milan, Italy
	Vrischika Rasi: 29.07 Tithi 4 – 5 673386154	Gulika 2:41PM – 3:58PM Yama 12:07PM – 1:24PM Rahu 3:58PM – 5:15PM	Sun 17 Sutra 201 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 7:30AM then Amrita Yoga Until 7.45PM then Siddha Yoga		Jyeshtha* Until 7:30AM Athiganda* Until 7:33PM Bava Until 7:27PM Chaturthi* Until 8:22AM	Ganesha: Light Blue <i>Sunrise:</i> 6:59AM Muruqa: White <i>Sunset:</i> 5:15PM Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			

4	Monday, October 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau	Milan, Italy
	Dhanus Rasi: 13.07 Tithi 5 – 6 Family Home Evening 683386154	Gulika 1:23PM – 2:40PM Yama 10:50AM – 12:07PM Rahu 8:17AM – 9:34AM	Sun 18 Sutra 202 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 6:23AM then Marana Yoga Until 7.45PM then Siddha Yoga		Mula* Until 6:23AM Sukarma Until 4:55PM Taitila Until 4:42AM Tue Panchami Until 6:33AM	Ganesha: Orange <i>Sunrise:</i> 7:00AM Muruqa: White <i>Sunset:</i> 5:13PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

5	Tuesday, November 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau	Milan, Italy
	Dhanus Rasi: 26.37 Tithi 7 684386154	Gulika 12:07PM – 1:23PM Yama 9:34AM – 10:51AM Rahu 2:39PM – 3:55PM	Sun 19 Sutra 203 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 6:05AM then Prabalarishta Yoga Until 7.45PM then Amrita Yoga		Purvashadha* Until 6:05AM Dhriti Until 3:40PM Gara Until 5:34PM Saptami Until 5:34AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:02AM Muruqa: White <i>Sunset:</i> 5:12PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

	Wednesday, November 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Milan, Italy
	Retreat Star Makara Rasi: 9.42 Tithi 8 684386154	Gulika 10:51AM – 12:07PM Yama 8:19AM – 9:35AM Rahu 12:07PM – 1:23PM	Sun 20 Sutra 204 Khara 5113 Moon 10 - Phase 27 Ashtami
Creative Work Amrita Yoga Until 6:33AM then Siddha Yoga		Uttarashadha Until 6:33AM Shula* Until 2:24PM Visti Until 5:25PM Ashtami* Until 6:02AM Thu	Ganesha: Clear <i>Sunrise:</i> 7:03AM Muruqa: White <i>Sunset:</i> 5:10PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

	Thursday, November 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Milan, Italy
	Retreat Star Makara Rasi: 22.23 Tithi 8 – 9 694386154	Gulika 9:36AM – 10:51AM Yama 7:05AM – 8:20AM Rahu 1:22PM – 2:38PM	Sun 21 Sutra 205 Khara 5113 Moon 10 - Phase 27 Navami
Creative Work Siddha Yoga		Sravana Until 7:53AM Ganda* Until 2:22PM Balava Until 7:07PM Ashtami* Until 6:02AM	Ganesha: White <i>Sunrise:</i> 7:05AM Muruqa: White <i>Sunset:</i> 5:09PM Nataraja: Yellow Moon – Purple Karttika-Aipasi
Devaloka Day			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

1	Friday, November 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Milan, Italy
	Kumbha Rasi: 4.47 Tithi 9 – 10 694386154	Gulika 8:21AM – 9:36AM Yama 2:37PM – 3:52PM Rahu 10:52AM – 12:07PM	Dhanishtha Until 9:45AM Vriddhi Until 2:15PM Taitila Until 8:27PM Navami* Until 7:21AM	Ganesha: White <i>Sunrise:</i> 7:06AM Muruqa: White <i>Sunset:</i> 5:07PM Nataraja: Yellow Moon – Purple Karttika-Aipasi	Sun 22 Sutra 206 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 7.45PM then Amrita Yoga					

2	Saturday, November 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Milan, Italy
	Kumbha Rasi: 16.58 Tithi 10 – 11 694386154	Gulika 7:07AM – 8:22AM Yama 1:22PM – 2:36PM Rahu 9:37AM – 10:52AM	Satabhisha Until 12:05PM Dhruva Until 2:33PM Vanija Until 10:15PM Dasami Until 9:10AM	Ganesha: White <i>Sunrise:</i> 7:07AM Muruqa: White <i>Sunset:</i> 5:06PM Nataraja: Yellow Moon – Purple Karttika-Aipasi	Sun 23 Sutra 207 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
Creative Work Amrita Yoga Until 12:05PM then Siddha Yoga					

3	Sunday, November 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Milan, Italy
	Kumbha Rasi: 28.59 Tithi 11 – 12 614386154	Gulika 2:36PM – 3:50PM Yama 12:07PM – 1:21PM Rahu 3:50PM – 5:05PM	Purvaprostapada* Until 2:43PM Vyaghata* Until 3:08PM Bava Until 12:24AM Mon Ekadasi Until 11:19AM	Ganesha: Blue <i>Sunrise:</i> 7:09AM Muruqa: White <i>Sunset:</i> 5:05PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 24 Sutra 208 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 2:43PM then Amrita Yoga Until 7.45PM then Siddha Yoga					

4	Monday, November 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada*/Revall Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Milan, Italy
	Meena Rasi: 10.54 Tithi 12 – 13 Family Home Evening 714386154	Gulika 1:21PM – 2:35PM Yama 10:53AM – 12:07PM Rahu 8:24AM – 9:39AM	Uttaraprostapada Until 5:32PM Harshana Until 3:53PM Kaulava Until 2:46AM Tue Dvadasi Until 1:41PM	Ganesha: Red <i>Sunrise:</i> 7:10AM Muruqa: White <i>Sunset:</i> 5:04PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 25 Sutra 209 Khara 5113 Moon 10 - Phase 28 4th Phase Sivaloka Day
Creative Work Siddha Yoga		<i>Pradosha Vrata</i>			

5	Tuesday, November 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau			Milan, Italy
	Meena Rasi: 22.46 Tithi 13 – 14 714386154	Gulika 12:07PM – 1:21PM Yama 9:39AM – 10:53AM Rahu 2:35PM – 3:48PM	Revati Until 8:28PM Vajra* Until 4:44PM Gara Until 5:14AM Wed Trayodasi Until 4:09PM	Ganesha: Red <i>Sunrise:</i> 7:12AM Muruqa: White <i>Sunset:</i> 5:02PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 26 Sutra 210 Khara 5113 Moon 10 - Phase 28 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 7.45PM then Marana Yoga					

6	Wednesday, November 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdasi* Yam Titau			Milan, Italy
	Mesha Rasi: 4.37 Tithi 14 724386154	Gulika 10:54AM – 12:07PM Yama 8:27AM – 9:40AM Rahu 12:07PM – 1:21PM	Asvini Until 11:25PM Siddhi Until 5:37PM Vanija Until 7:45AM Thu Chaturdasi* Until 6:39PM	Ganesha: Blue <i>Sunrise:</i> 7:13AM Muruqa: White <i>Sunset:</i> 5:01PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sun 27 Sutra 211 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
Routine Work Marana Yoga Until 7.45PM then Amrita Yoga Until 11:25PM then Siddha Yoga					

○	Thursday, November 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau			Milan, Italy
	Copper Retreat Star Mesha Rasi: 16.29 Tithi 15 724386154	Gulika 9:41AM – 10:54AM Yama 7:14AM – 8:28AM Rahu 1:20PM – 2:33PM	Bharani Until 2:21AM Fri Vyatipata* Until 6:27PM Visti Until 8:02AM Purnima* Until 9:08PM	Ganesha: Blue <i>Sunrise:</i> 7:14AM Muruqa: White <i>Sunset:</i> 5:00PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sun 28 Sutra 212 Khara 5113 Moon 10 - Phase 28 Purnima Devaloka Day
Creative Work Siddha Yoga					

○	Friday, November 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau			Milan, Italy
	Silver Retreat Star Mesha Rasi: 28.25 Tithi 16 724386154	Gulika 8:29AM – 9:42AM Yama 2:33PM – 3:46PM Rahu 10:54AM – 12:07PM	Krittika Until 5:11AM Sat Variyan Until 7:13PM Balava Until 10:24AM Prathama* Until 11:30PM	Ganesha: Blue <i>Sunrise:</i> 7:16AM Muruqa: White <i>Sunset:</i> 4:59PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sun 29 Sutra 213 Khara 5113 Moon 10 - Phase 28 Prathama Devaloka Day
Creative Work Siddha Yoga Until 7.45PM then Amrita Yoga					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



Saturday, November 12, 2011
Gold Retreat Star

Wrishabha Rasi: 10.25 Tithi 17
735486154
Creative Work Amrita Yoga
Until 7.45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 7:17AM – 8:30AM **Rohini Until 7:38AM Sun**
Yama 1:20PM – 2:32PM Parigha* Until 7:49PM
Rahu 9:42AM – 10:55AM Taitila Until 12:36PM
Dvitiya Until 1:42AM Sun

Ganesha: Red *Sunrise:* 7:17AM
Muruqa: White *Sunset:* 4:58PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Milan, Italy
Sun 1 **Sutra 214**
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

1 **Sunday, November 13, 2011**

Wrishabha Rasi: 22.31 Tithi 18
735486154
Creative Work Siddha Yoga
Until 7.45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 2:32PM – 3:44PM **Rohini Until 7:38AM**
Yama 12:07PM – 1:20PM Shiva Until 8:13PM
Rahu 3:44PM – 4:56PM Vanija Until 2:34PM
Tritiya Until 3:39AM Mon

Ganesha: Yellow *Sunrise:* 7:19AM
Muruqa: White *Sunset:* 4:56PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Milan, Italy
Sun 2 **Sutra 215**
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

2 **Monday, November 14, 2011**

Mithuna Rasi: 4.47 Tithi 19
735486154
Family Home Evening
Creative Work Amrita Yoga
Until 9:47AM then Siddha Yoga
Until 7.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 1:20PM – 2:31PM **Mrigasira Until 9:47AM**
Yama 10:56AM – 12:08PM Siddha Until 8:21PM
Rahu 8:32AM – 9:44AM Bava Until 4:12PM
Chaturthi* Until 5:17AM Tue

Ganesha: Yellow *Sunrise:* 7:20AM
Muruqa: White *Sunset:* 4:55PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Milan, Italy
Sun 3 **Sutra 216**
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

3 **Tuesday, November 15, 2011**

Mithuna Rasi: 17.13 Tithi 20
735486154
Routine Work Marana Yoga
Until 11:08AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 12:08PM – 1:19PM **Ardra Until 11:08AM**
Yama 9:45AM – 10:56AM Sadhya Until 7:07PM
Rahu 2:31PM – 3:43PM Kaulava Until 4:28PM
Panchami Until 4:28AM Wed

Ganesha: Yellow *Sunrise:* 7:21AM
Muruqa: White *Sunset:* 4:54PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Milan, Italy
Sun 4 **Sutra 217**
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

4 **Wednesday, November 16, 2011**

Mithuna Rasi: 29.54 Tithi 21
745486154
Creative Work Siddha Yoga
Until 7.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 10:57AM – 12:08PM **Punarvasu Until 12:20PM**
Yama 8:34AM – 9:45AM Subha Until 6:31PM
Rahu 12:08PM – 1:19PM Gara Until 5:07PM
Shasthi* Until 5:07AM Thu

Ganesha: White *Sunrise:* 7:23AM
Muruqa: White *Sunset:* 4:53PM
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

Milan, Italy
Sun 5 **Sutra 218**
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day

5 **Thursday, November 17, 2011**

Kataka Rasi: 12.52 Tithi 22
745486155
Creative Work Amrita Yoga
Until 1:01PM then Siddha Yoga
Until 7.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 9:46AM – 10:57AM **Pushya Until 1:01PM**
Yama 7:24AM – 8:35AM Sukla Until 5:26PM
Rahu 1:19PM – 2:30PM Visti Until 5:13PM
Saptami Until 5:13AM Fri

Ganesha: White *Sunrise:* 7:24AM
Muruqa: White *Sunset:* 4:52PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Milan, Italy
Sun 6 **Sutra 219**
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day

Retreat Star
Friday, November 18, 2011

Kataka Rasi: 26.09 Tithi 23
745486155
Routine Work Marana Yoga
Until 7.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 8:36AM – 9:47AM **Aslesha* Until 12:36PM**
Yama 2:30PM – 3:41PM Brahma Until 3:08PM
Rahu 10:58AM – 12:08PM Balava Until 3:50PM
Ashtami* Until 2:55AM Sat

Ganesha: White *Sunrise:* 7:25AM
Muruqa: White *Sunset:* 4:51PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Milan, Italy
Sun 7 **Sutra 220**
Khara 5113
Moon 11 - Phase 29
Ashtami

Devaloka Day

Retreat Star
Saturday, November 19, 2011

Simha Rasi: 9.48 Tithi 24
755486155
Creative Work Amrita Yoga
Until 12:03PM then Marana Yoga
Until 7.47PM then Siddha Yoga


Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 7:27AM – 8:37AM **Magha* Until 12:03PM**
Yama 1:19PM – 2:30PM Indra Until 1:00PM
Rahu 9:48AM – 10:58AM Taitila Until 2:39PM
Navami* Until 1:44AM Sun

Ganesha: Clear *Sunrise:* 7:27AM
Muruqa: White *Sunset:* 4:50PM
Nataraja: Red
Moon – Red
Karttika•Karttikai

Milan, Italy
Sun 8 **Sutra 221**
Khara 5113
Moon 11 - Phase 29
Navami

Sivaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

1	Sunday, November 20, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau	Milan, Italy Sutra 222 Khara 5113
	Simha Rasi: 23.5 Tithi 25 755486155	Gulika 2:29PM – 3:39PM Yama 12:09PM – 1:19PM Rahu 3:39PM – 4:50PM	Sun 9 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 10:52AM then Amrita Yoga Until 7:47PM then Marana Yoga	Purvaphalguni* Until 10:52AM Vaidhriti* Until 10:17AM Vanija Until 12:47PM Dasami Until 11:51PM	Ganesha: Clear <i>Sunrise:</i> 7:28AM Muruqa: White <i>Sunset:</i> 4:50PM Nataraja: Red Moon – Red Karttika•Karttikai
			Sivaloka Day
2	Monday, November 21, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau	Milan, Italy Sutra 223 Khara 5113
	Kanya Rasi: 8.13 Tithi 26 Family Home Evening 755486155	Gulika 1:19PM – 2:29PM Yama 10:59AM – 12:09PM Rahu 8:39AM – 9:49AM	Sun 10 Moon 11 - Phase 30 2nd Phase
	Routine Work Marana Yoga Until 8:51AM then Siddha Yoga	Uttaraphalguni Until 8:51AM Vishkambha* Until 6:55AM Bava Until 9:56AM Ekadasi* Until 8:13PM	Ganesha: Clear <i>Sunrise:</i> 7:29AM Muruqa: White <i>Sunset:</i> 4:49PM Nataraja: Red Moon – Red Karttika•Karttikai
			Sivaloka Day
3	Tuesday, November 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Milan, Italy Sutra 224 Khara 5113
	Kanya Rasi: 22.55 Tithi 27 – 28 766486155	Gulika 12:09PM – 1:19PM Yama 9:59AM – 11:09AM Rahu 2:29PM – 3:38PM	Sun 11 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga	Hasta Until 6:40AM Ayushman Until 11:21PM Kaulava Until 7:02AM Dvadasi* Until 5:19PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 7:31AM Muruqa: White <i>Sunset:</i> 4:48PM Nataraja: Red Moon – Green Karttika•Karttikai
			Devaloka Day
4	Wednesday, November 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Milan, Italy Sutra 225 Khara 5113
	Tula Rasi: 7.5 Tithi 28 – 29 766486155	Gulika 11:00AM – 12:10PM Yama 8:41AM – 9:51AM Rahu 12:10PM – 1:19PM	Sun 12 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 7:48PM then Amrita Yoga Until 1:28AM Thu then Siddha Yoga	Svati Until 1:28AM Thu Saubhagya Until 7:28PM Visti Until 12:20AM Thu Trayodasi* Until 2:02PM	Ganesha: Clear <i>Sunrise:</i> 7:32AM Muruqa: White <i>Sunset:</i> 4:47PM Nataraja: Red Moon – Green Karttika•Karttikai
			Sivaloka Day
	Thursday, November 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Milan, Italy Sutra 226 Khara 5113
	Retreat Star Tula Rasi: 22.51 Tithi 29 – 30 776486155	Gulika 9:52AM – 11:01AM Yama 7:33AM – 8:42AM Rahu 1:19PM – 2:28PM	Sun 13 Moon 11 - Phase 30 Amavasya
	Creative Work Siddha Yoga Until 7:48PM then Marana Yoga Until 10:46PM then Siddha Yoga	Visakha Until 10:46PM Sobhana Until 3:25PM Catuspada Until 8:53PM Chaturdasi* Until 10:36AM	Ganesha: Orange <i>Sunrise:</i> 7:33AM Muruqa: White <i>Sunset:</i> 4:47PM Nataraja: Red Moon – Orange Karttika•Karttikai
			Sivaloka Day
	Friday, November 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau	Milan, Italy Sutra 227 Khara 5113
	Retreat Star Vrischika Rasi: 7.5 Tithi 30 – 1 776486155	Gulika 8:43AM – 9:52AM Yama 2:28PM – 3:37PM Rahu 11:01AM – 12:10PM	Sun 14 Moon 11 - Phase 30 Prathama
	Creative Work Siddha Yoga	Anuradha Until 8:08PM Athiganda* Until 11:26AM Bava Until 3:48AM Sat Amavasya* Until 7:14AM	Ganesha: Orange <i>Sunrise:</i> 7:35AM Muruqa: White <i>Sunset:</i> 4:46PM Nataraja: Red Moon – Orange Margasira•Karttikai
			Sivaloka Day

1	Saturday, November 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Milan, Italy
			Sun 15 Sutra 228 Khara 5113
Vrischika Rasi: 22.37	Tithi 2		
	776486155		
Creative Work	Siddha Yoga		
Until 7.48PM then Amrita Yoga			
Gulika	7:36AM – 8:45AM	Jyeshtha* Until 6:39PM	Ganesha: Orange <i>Sunrise: 7:36AM</i>
Yama	1:19PM – 2:28PM	Sukarma Until 7:51AM	Muruqa: White <i>Sunset: 4:45PM</i>
Rahu	9:53AM – 11:02AM	Balava Until 3:07PM	Nataraja: Red
		Dvitiya Until 2:12AM Sun	Moon – Orange
			Margasira-Karttikai
			Sivaloka Day


2	Sunday, November 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiya Yam Titau	Milan, Italy
			Sun 16 Sutra 229 Khara 5113
Dhanus Rasi: 7.06	Tithi 3		
	786486155		
Creative Work	Amrita Yoga		
Until 4:41PM then Siddha Yoga			
Until 7.49PM then Marana Yoga			
Gulika	2:28PM – 3:36PM	Mula* Until 4:41PM	Ganesha: Clear <i>Sunrise: 7:37AM</i>
Yama	12:11PM – 1:19PM	Shula* Until 1:43AM Mon	Muruqa: White <i>Sunset: 4:45PM</i>
Rahu	3:36PM – 4:45PM	Taitila Until 12:24PM	Nataraja: Red
		Tritiya Until 11:28PM	Moon – Light Blue
			Margasira-Karttikai
			Sivaloka Day

3	Monday, November 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chalurthi* Yam Titau	Milan, Italy
			Sun 17 Sutra 230 Khara 5113
Dhanus Rasi: 21.11	Tithi 4		
Family Home Evening	786486155		
Routine Work	Marana Yoga		
Until 7.49PM then Prabalarishtha Yoga			
Gulika	1:19PM – 2:28PM	Purvashadha* Until 3:23PM	Ganesha: Clear <i>Sunrise: 7:38AM</i>
Yama	11:03AM – 12:11PM	Ganda* Until 10:54PM	Muruqa: White <i>Sunset: 4:44PM</i>
Rahu	8:47AM – 9:55AM	Vanija Until 10:25AM	Nataraja: Red
		Chaturthi* Until 9:29PM	Moon – Light Blue
			Margasira-Karttikai
			Sivaloka Day

4	Tuesday, November 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau	Milan, Italy
			Sun 18 Sutra 231 Khara 5113
Makara Rasi: 4.5	Tithi 5		
	786486155		
Routine Work	Prabalarishtha Yoga		
Until 3:31PM then Siddha Yoga			
Gulika	12:12PM – 1:20PM	Uttarashadha Until 3:31PM	Ganesha: Clear <i>Sunrise: 7:40AM</i>
Yama	9:56AM – 11:04AM	Vriddhi Until 9:49PM	Muruqa: White <i>Sunset: 4:44PM</i>
Rahu	2:28PM – 3:36PM	Bava Until 9:30AM	Nataraja: Red
		Panchami Until 9:30PM	Moon – Light Blue
			Margasira-Karttikai
			Sivaloka Day

5	Wednesday, November 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Milan, Italy
			Sun 19 Sutra 232 Khara 5113
Makara Rasi: 18.03	Tithi 6		
	797486155		
Creative Work	Siddha Yoga		
Until 3:45PM then Prabalarishtha Yoga			
Until 7.50PM then Siddha Yoga			
Gulika	11:04AM – 12:12PM	Sravana Until 3:45PM	Ganesha: Clear <i>Sunrise: 7:41AM</i>
Yama	8:49AM – 9:56AM	Dhruva Until 8:18PM	Muruqa: White <i>Sunset: 4:43PM</i>
Rahu	12:12PM – 1:20PM	Kaulava Until 9:07AM	Nataraja: Red
		Shasthi* Until 9:07PM	Moon – Purple
			Margasira-Karttikai
			Sivaloka Day

6	Thursday, December 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau	Milan, Italy
			Sun 20 Sutra 233 Khara 5113
Kumbha Rasi: 0.51	Tithi 7		
	797486155		
Creative Work	Siddha Yoga		
Until 5:37PM then Marana Yoga			
Until 7.50PM then Siddha Yoga			
Gulika	9:57AM – 11:05AM	Dhanishtha Until 5:37PM	Ganesha: Clear <i>Sunrise: 7:42AM</i>
Yama	7:42AM – 8:49AM	Vyaghata* Until 8:30PM	Muruqa: White <i>Sunset: 4:43PM</i>
Rahu	1:20PM – 2:27PM	Gara Until 9:51AM	Nataraja: Red
		Saptami Until 10:57PM	Moon – Purple
			Margasira-Karttikai
			Sivaloka Day

	Friday, December 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau	Milan, Italy
	Retreat Star		Sun 21 Sutra 234 Khara 5113
Kumbha Rasi: 13.19	Tithi 8		
	797486155		
Creative Work	Siddha Yoga		
Gulika	8:50AM – 9:58AM	Satabhisha Until 7:22PM	Ganesha: Clear <i>Sunrise: 7:43AM</i>
Yama	2:27PM – 3:35PM	Harshana Until 8:15PM	Muruqa: White <i>Sunset: 4:42PM</i>
Rahu	11:05AM – 12:13PM	Visti Until 11:03AM	Nataraja: Red
		Ashtami* Until 12:09AM Sat	Moon – Purple
			Margasira-Karttikai
			Sivaloka Day

Saturday, December 3, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau	Milan, Italy
			Sun 22 Sutra 235 Khara 5113
Kumbha Rasi: 25.31	Tithi 9		
	717486155		
Creative Work	Siddha Yoga		
Until 9:39PM then Amrita Yoga			
Gulika	7:44AM – 8:51AM	Purvaprostapada* Until 9:39PM	Ganesha: Yellow <i>Sunrise: 7:44AM</i>
Yama	1:20PM – 2:28PM	Vajra* Until 8:28PM	Muruqa: White <i>Sunset: 4:42PM</i>
Rahu	9:59AM – 11:06AM	Balava Until 12:51PM	Nataraja: Red
		Navami* Until 1:56AM Sun	Moon – Clear
			Margasira-Karttikai
			Sivaloka Day

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

1	Sunday, December 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Tailila/Gara Karana Dasami Yam Titau			Milan, Italy Sutra 236 Khara 5113
	Meena Rasi: 7.31 Titithi 10 717486155	Gulika 2:28PM – 3:35PM Yama 12:13PM – 1:21PM Rahu 3:35PM – 4:42PM	Uttaraprostapada Until 12:18AM Mon Siddhi Until 9:03PM Taitila Until 3:02PM Dasami Until 4:08AM Mon	Ganesha: Yellow <i>Sunrise:</i> 7:45AM Muruqa: White <i>Sunset:</i> 4:42PM Nataraja: Red Moon – Clear Margasira-Karttikai	Sun 23 Moon 11 - Phase 32 4th Phase Sivaloka Day
Creative Work Amrita Yoga Until 7.51PM then Siddha Yoga					

2	Monday, December 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Milan, Italy Sutra 237 Khara 5113
	Meena Rasi: 19.25 Titithi 11 Family Home Evening 717496155	Gulika 1:21PM – 2:28PM Yama 11:07AM – 12:14PM Rahu 8:53AM – 10:00AM	Revati Until 3:11AM Tue Vyatipata* Until 9:50PM Vanija Until 5:29PM Ekadasi Until 6:58AM Tue	Ganesha: Yellow <i>Sunrise:</i> 7:46AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Red Moon – Clear Margasira-Karttikai	Sun 24 Moon 11 - Phase 32 4th Phase Devaloka Day
Creative Work Siddha Yoga					

3	Tuesday, December 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Milan, Italy Sutra 238 Khara 5113
	Mesha Rasi: 1.15 Titithi 11 – 12 727496155	Gulika 12:14PM – 1:21PM Yama 10:07AM – 11:08AM Rahu 2:28PM – 3:34PM	Asvini Until 6:27AM Wed Variyan Until 10:43PM Bava Until 8:03PM Ekadasi Until 6:58AM	Ganesha: White <i>Sunrise:</i> 7:47AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Red Moon – White Margasira-Karttikai	Sun 25 Moon 11 - Phase 32 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 7.52PM then Marana Yoga					

4	Wednesday, December 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Milan, Italy Sutra 239 Khara 5113
	Mesha Rasi: 13.06 Titithi 12 – 13 728496155	Gulika 11:08AM – 12:15PM Yama 8:55AM – 10:02AM Rahu 12:15PM – 1:21PM	Asvini Until 6:27AM Parigha* Until 11:35PM Kaulava Until 10:35PM Dvadasi Until 9:30AM <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise:</i> 7:48AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Red Moon – White Margasira-Karttikai	Sun 26 Moon 11 - Phase 32 4th Phase Devaloka Day
Routine Work Marana Yoga Until 7.53PM then Siddha Yoga					

5	Thursday, December 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Milan, Italy Sutra 240 Khara 5113
	Mesha Rasi: 25.01 Titithi 13 – 14 728596155	Gulika 10:02AM – 11:09AM Yama 7:49AM – 8:56AM Rahu 1:22PM – 2:28PM	Bharani Until 9:18AM Shiva Until 12:19AM Fri Gara Until 12:59AM Fri Trayodasi Until 11:54AM	Ganesha: White <i>Sunrise:</i> 7:49AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Red Moon – White Margasira-Karttikai	Sun 27 Moon 11 - Phase 32 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 9:18AM then Marana Yoga Until 7.53PM then Siddha Yoga		Krittika Deepam			

○	Friday, December 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Milan, Italy Sutra 241 Khara 5113
	Copper Retreat Star Vrishabha Rasi: 7.03 Titithi 14 – 15 728596155	Gulika 8:57AM – 10:03AM Yama 2:28PM – 3:35PM Rahu 11:09AM – 12:16PM	Krittika Until 11:54AM Siddha Until 12:52AM Sat Visti Until 3:09AM Sat Chaturdasi* Until 2:03PM	Ganesha: White <i>Sunrise:</i> 7:50AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Red Moon – White Margasira-Karttikai	Moon 11 - Phase 32 Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 11:54AM then Marana Yoga Until 7.53PM then Amrita Yoga		Sivalaya Deepam			

○	Saturday, December 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Milan, Italy Sutra 242 Khara 5113
	Silver Retreat Star Vrishabha Rasi: 19.13 Titithi 15 – 16 738596155	Gulika 7:51AM – 8:58AM Yama 1:22PM – 2:28PM Rahu 10:04AM – 11:10AM	Rohini Until 2:13PM Sadhya Until 1:07AM Sun Balava Until 4:59AM Sun Purnima* Until 3:53PM	Ganesha: Clear <i>Sunrise:</i> 7:51AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Red Moon – Yellow Margasira-Karttikai	Moon 11 - Phase 32 Prathama Devaloka Day
Creative Work Amrita Yoga Until 2:13PM then Siddha Yoga		Vinayaga Viratam Begins			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛṣṇa Yajur Veda, Kathau 2.2.12. UpR, 640



Sunday, December 11, 2011
Gold Retreat Star

Mithuna Rasi: 1.35 Tithi 16 – 17
738596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 2:29PM – 3:35PM **Mrigasira** **Until 3:24PM**
Yama 12:17PM – 1:23PM **Subha** **Until 11:41PM**
Rahu 3:35PM – 4:41PM **Taitila** **Until 4:23AM Mon**
Prathama* **Until 4:23PM**

Ganesha: Clear *Sunrise: 7:52AM*
Muruqa: Clear *Sunset: 4:41PM*
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Milan, Italy
Sun 1 **Sutra 243**
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

1

Monday, December 12, 2011

Mithuna Rasi: 14.08 Tithi 17 – 18
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 4:49PM then Amrita Yoga
Until 7:55PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 1:23PM – 2:29PM **Ardra** **Until 4:49PM**
Yama 11:11AM – 12:17PM **Sukla** **Until 11:16PM**
Rahu 8:59AM – 10:05AM **Vanija** **Until 5:18AM Tue**
Dvitiya **Until 5:18PM**

Ganesha: Clear *Sunrise: 7:53AM*
Muruqa: Clear *Sunset: 4:41PM*
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Milan, Italy
Sun 2 **Sutra 244**
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

2

Tuesday, December 13, 2011

Mithuna Rasi: 26.55 Tithi 18 – 19
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 12:18PM – 1:23PM **Punarvasu** **Until 5:52PM**
Yama 10:06AM – 11:12AM **Brahma** **Until 10:30PM**
Rahu 2:29PM – 3:35PM **Bava** **Until 5:47AM Wed**
Tritiya **Until 5:47PM**

Ganesha: Clear *Sunrise: 7:54AM*
Muruqa: Clear *Sunset: 4:41PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Milan, Italy
Sun 3 **Sutra 245**
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

3

Wednesday, December 14, 2011

Kataka Rasi: 9.54 Tithi 19 – 20
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 11:12AM – 12:18PM **Pushya** **Until 6:29PM**
Yama 9:01AM – 10:06AM **Indra** **Until 9:20PM**
Rahu 12:18PM – 1:24PM **Kaulava** **Until 5:50AM Thu**
Chaturthi* **Until 5:50PM**

Ganesha: Clear *Sunrise: 7:55AM*
Muruqa: Clear *Sunset: 4:41PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Milan, Italy
Sun 4 **Sutra 246**
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

4

Thursday, December 15, 2011

Kataka Rasi: 23.07 Tithi 20 – 21
749596155
Creative Work Siddha Yoga
Until 6:42PM then Amrita Yoga
Until 7:56PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:07AM – 11:13AM **Aslesha*** **Until 6:42PM**
Yama 7:56AM – 9:01AM **Vaidhriti*** **Until 7:48PM**
Rahu 1:24PM – 2:30PM **Gara** **Until 5:26AM Fri**
Panchami **Until 5:26PM**

Ganesha: Clear *Sunrise: 7:56AM*
Muruqa: Clear *Sunset: 4:41PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Milan, Italy
Sun 5 **Sutra 247**
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

5

Friday, December 16, 2011

Simha Rasi: 6.34 Tithi 21 – 22
759596155
Routine Work Marana Yoga
Until 5:37PM then Siddha Yoga
Until 7:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 9:02AM – 10:08AM **Magha*** **Until 5:37PM**
Yama 2:30PM – 3:36PM **Vishkambha*** **Until 5:04PM**
Rahu 11:13AM – 12:19PM **Visti** **Until 2:51AM Sat**
Shasthi* **Until 3:47PM**

Ganesha: White *Sunrise: 7:56AM*
Muruqa: Clear *Sunset: 4:42PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Milan, Italy
Sun 6 **Sutra 248**
Khara 5113
Moon 12 - Phase 33
1st Phase

Sivaloka Day



Saturday, December 17, 2011
Retreat Star

Simha Rasi: 20.14 Tithi 22 – 23
859596155
Routine Work Marana Yoga
Until 7:57PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlami* Yam Titau
Gulika 7:57AM – 9:03AM **Purvaphalguni*** **Until 5:02PM**
Yama 1:25PM – 2:31PM **Priti** **Until 2:54PM**
Rahu 10:08AM – 11:14AM **Balava** **Until 1:39AM Sun**
Saptami **Until 2:34PM**

Ganesha: Clear *Sunrise: 7:57AM*
Muruqa: Clear *Sunset: 4:42PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Milan, Italy
Sun 7 **Sutra 249**
Khara 5113
Moon 12 - Phase 33
Ashtami

Devaloka Day

Sunday, December 18, 2011

Retreat Star

Kanya Rasi: 4.08 Tithi 23 – 24
859596155
Creative Work Amrita Yoga
Until 7:58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 2:31PM – 3:37PM **Uttaraphalguni** **Until 4:04PM**
Yama 12:20PM – 1:26PM **Ayushman** **Until 12:22PM**
Rahu 3:37PM – 4:42PM **Taitila** **Until 12:01AM Mon**
Ashtami* **Until 12:57PM**

Ganesha: Clear *Sunrise: 7:58AM*
Muruqa: Clear *Sunset: 4:42PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Milan, Italy
Sun 8 **Sutra 250**
Khara 5113
Moon 12 - Phase 33
Navami

Devaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718


1	Monday, December 19, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Milan, Italy
					Sun 9 Sutra 251 Khara 5113
Kanya Rasi: 18.15	Tithi 24 – 25	Gulika 1:26PM – 2:32PM	Hasta Until 2:42PM	Ganesha: White <i>Sunrise:</i> 7:58AM	
Family Home Evening	869596155	Yama 11:15AM – 12:20PM	Saubhagya Until 9:29AM	Muruqa: Clear <i>Sunset:</i> 4:43PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 9:04AM – 10:09AM	Vanija Until 9:58PM	Nataraja: Red	2nd Phase
Until 2:42PM then Prabalarishta Yoga			Navami* Until 10:54AM	Margasira-Markali	Sivaloka Day
Until 7.58PM then Siddha Yoga					

2	Tuesday, December 20, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Milan, Italy
					Sun 10 Sutra 252 Khara 5113
Tula Rasi: 2.35	Tithi 25 – 26	Gulika 12:21PM – 1:26PM	Chitra Until 1:00PM	Ganesha: White <i>Sunrise:</i> 7:59AM	
	869596155	Yama 10:10AM – 11:15AM	Sobhana Until 6:14AM	Muruqa: Clear <i>Sunset:</i> 4:43PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 2:32PM – 3:37PM	Bava Until 7:33PM	Nataraja: Red	2nd Phase
			Dasami Until 8:29AM	Moon – Green	Sivaloka Day
				Margasira-Markali	

3	Wednesday, December 21, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau			Milan, Italy
					Sun 11 Sutra 253 Khara 5113
Tula Rasi: 17.04	Tithi 27	Gulika 11:16AM – 12:21PM	Svati Until 10:41AM	Ganesha: White <i>Sunrise:</i> 8:00AM	
	861596155	Yama 9:05AM – 10:10AM	Sukarma Until 10:59PM	Muruqa: Clear <i>Sunset:</i> 4:43PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 12:21PM – 1:27PM	Kaulava Until 4:04PM	Nataraja: Red	2nd Phase
		Day 1 of Pancha Ganapati	Dvadasi* Until 2:21AM Thu	Moon – Green	Sivaloka Day
				Margasira-Markali	

4	Thursday, December 22, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Milan, Italy
					Sun 12 Sutra 254 Khara 5113
Wrishchika Rasi: 1.39	Tithi 28	Gulika 10:11AM – 11:17AM	Visakha Until 8:41AM	Ganesha: Yellow <i>Sunrise:</i> 8:00AM	
	871596155	Yama 8:00AM – 9:06AM	Dhriti Until 7:35PM	Muruqa: Clear <i>Sunset:</i> 4:44PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 1:27PM – 2:33PM	Gara Until 1:23PM	Nataraja: Red	2nd Phase
		Day 2 of Pancha Ganapati	Trayodasi* Until 11:40PM	Moon – Orange	Devaloka Day
			<i>Pradosha Vrata (Fasting)</i>	Margasira-Markali	

5	Friday, December 23, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Milan, Italy
					Sun 13 Sutra 255 Khara 5113
Wrishchika Rasi: 16.14	Tithi 29	Gulika 9:06AM – 10:12AM	Anuradha Until 6:45AM	Ganesha: Yellow <i>Sunrise:</i> 8:01AM	
	871596155	Yama 2:34PM – 3:39PM	Shula* Until 4:51PM	Muruqa: Clear <i>Sunset:</i> 4:44PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 11:17AM – 12:23PM	Visti Until 11:04AM	Nataraja: Red	2nd Phase
Until 6:45AM then Prabalarishta Yoga		Day 3 of Pancha Ganapati	Chaturdasi* Until 10:09PM	Moon – Orange	Devaloka Day
Until 8.00PM then Siddha Yoga				Margasira-Markali	

	Saturday, December 24, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Milan, Italy
	Retreat Star				Sun 14 Sutra 256 Khara 5113
Dhanus Rasi: 0.43	Tithi 30	Gulika 8:01AM – 9:06AM	Mula* Until 3:38AM Sun	Ganesha: Red <i>Sunrise:</i> 8:01AM	
	881596155	Yama 1:29PM – 2:34PM	Ganda* Until 1:24PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 10:12AM – 11:17AM	Catuspada Until 8:22AM	Nataraja: Red	Amavasya
Until 8.01PM then Amrita Yoga		Day 4 of Pancha Ganapati	Amavasya* Until 7:27PM	Moon – Light Blue	Devaloka Day
Until 3:38AM Sun then Siddha Yoga				Margasira-Markali	

Retreat Star	Sunday, December 25, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau			Milan, Italy
					Sun 15 Sutra 257 Khara 5113
Dhanus Rasi: 14.59	Tithi 1 – 2	Gulika 2:35PM – 3:40PM	Purvashadha* Until 2:01AM Mon	Ganesha: Red <i>Sunrise:</i> 8:01AM	
	881596155	Yama 12:24PM – 1:29PM	Vridhhi Until 10:15AM	Muruqa: Clear <i>Sunset:</i> 4:46PM	Moon 12 - Phase 34
Creative Work	Siddha Yoga	Rahu 3:40PM – 4:46PM	Kintughna Until 6:03AM	Nataraja: Red	Prathama
Until 8.01PM then Marana Yoga		Day 5 of Pancha Ganapati	Prathama* Until 5:07PM	Moon – Light Blue	Devaloka Day
				Pausha-Markali	

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

1	Monday, December 26, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Milan, Italy Sutra 258 Khara 5113
	Dhanu Rasi: 28.59 Tithi 2 – 3 Family Home Evening Routine Work Marana Yoga Until 8.02PM then Prabalarishta Yoga Until 12:54AM Tue then Siddha Yoga	Gulika 1:30PM – 2:35PM Yama 11:18AM – 12:24PM Rahu 9:07AM – 10:13AM	Uttarashadha Until 12:54AM Tue Dhruva Until 7:35AM Taitila Until 2:25AM Tue Dvitiya Until 3:20PM	Ganesha: Red <i>Sunrise:</i> 8:02AM Muruqa: Clear <i>Sunset:</i> 4:46PM Nataraja: Yellow Moon – Light Blue Pausha-Markali		Sun 16 Moon 12 - Phase 35 3rd Phase Devaloka Day

2	Tuesday, December 27, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Milan, Italy Sutra 259 Khara 5113
	Makara Rasi: 12.37 Tithi 3 – 4 Creative Work Siddha Yoga Until 1:48AM Wed then Prabalarishta Yoga	Gulika 12:25PM – 1:30PM Yama 10:13AM – 11:19AM Rahu 2:36PM – 3:41PM	Sravana Until 1:48AM Wed Harshana Until 4:17AM Wed Vanija Until 2:53AM Wed Tritiya Until 2:53PM	Ganesha: Yellow <i>Sunrise:</i> 8:02AM Muruqa: Clear <i>Sunset:</i> 4:47PM Nataraja: Yellow Moon – Purple Pausha-Markali		Sun 17 Moon 12 - Phase 35 3rd Phase Devaloka Day


3	Wednesday, December 28, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Milan, Italy Sutra 260 Khara 5113
	Makara Rasi: 25.52 Tithi 4 – 5 Routine Work Prabalarishta Yoga Until 8:03PM then Siddha Yoga Until 1:57AM Thu then Marana Yoga	Gulika 11:19AM – 12:25PM Yama 9:08AM – 10:14AM Rahu 12:25PM – 1:31PM	Dhanishtha Until 1:57AM Thu Vajra* Until 2:41AM Thu Bava Until 2:25AM Thu Chaturthi* Until 2:25PM	Ganesha: Yellow <i>Sunrise:</i> 8:02AM Muruqa: Clear <i>Sunset:</i> 4:48PM Nataraja: Yellow Moon – Purple Pausha-Markali		Sun 18 Moon 12 - Phase 35 3rd Phase Devaloka Day

4	Thursday, December 29, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Milan, Italy Sutra 261 Khara 5113
	Kumbha Rasi: 8.44 Tithi 5 – 6 Routine Work Marana Yoga Until 8:03PM then Siddha Yoga	Gulika 10:14AM – 11:20AM Yama 8:02AM – 9:08AM Rahu 1:31PM – 2:37PM	Satabhisha Until 2:47AM Fri Siddhi Until 1:43AM Fri Kaulava Until 2:42AM Fri Panchami Until 2:42PM	Ganesha: Yellow <i>Sunrise:</i> 8:02AM Muruqa: Clear <i>Sunset:</i> 4:49PM Nataraja: Yellow Moon – Purple Pausha-Markali		Sun 19 Moon 12 - Phase 35 3rd Phase Devaloka Day

5	Friday, December 30, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Milan, Italy Sutra 262 Khara 5113
	Kumbha Rasi: 21.17 Tithi 6 – 7 Creative Work Siddha Yoga	Gulika 9:09AM – 10:14AM Yama 2:38PM – 3:44PM Rahu 11:20AM – 12:26PM	Purvaprostapada* Until 6:07AM Sat Vyatipata* Until 2:49AM Sat Gara Until 5:39AM Sat Shasthi* Until 4:33PM	Ganesha: Yellow <i>Sunrise:</i> 8:03AM Muruqa: Clear <i>Sunset:</i> 4:49PM Nataraja: Yellow Moon – Clear Pausha-Markali		Sun 20 Moon 12 - Phase 35 3rd Phase Devaloka Day

Vinayaga Viratam Ends

6	Saturday, December 31, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Variyan Yoga Vanija Karana Saptami Yam Titau				Milan, Italy Sutra 263 Khara 5113
	Meena Rasi: 3.32 Tithi 7 Creative Work Siddha Yoga Until 8:04PM then Amrita Yoga	Gulika 8:03AM – 9:09AM Yama 1:32PM – 2:38PM Rahu 10:15AM – 11:21AM	Uttaraprostapada Until 8:12AM Sun Variyan Until 2:56AM Sun Vanija Until 7:19AM Sun Saptami Until 6:14PM	Ganesha: Blue <i>Sunrise:</i> 8:03AM Muruqa: Clear <i>Sunset:</i> 4:50PM Nataraja: Yellow Moon – Clear Pausha-Markali		Sun 21 Moon 12 - Phase 35 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Sunday, January 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Milan, Italy Sutra 264 Khara 5113
	Retreat Star Meena Rasi: 15.34 Tithi 8 Creative Work Amrita Yoga Until 8:05PM then Siddha Yoga	Gulika 2:40PM – 3:46PM Yama 12:27PM – 1:34PM Rahu 3:46PM – 4:52PM	Uttaraprostapada Until 8:12AM Parigha* Until 3:27AM Mon Visti Until 7:17AM Ashtami* Until 8:22PM	Ganesha: Blue <i>Sunrise:</i> 8:03AM Muruqa: Clear <i>Sunset:</i> 4:52PM Nataraja: Yellow Moon – Clear Pausha-Markali		Sun 22 Moon 12 - Phase 35 Ashtami Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, January 2, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau				Milan, Italy Sutra 265 Khara 5113
	Meena Rasi: 27.28 Tithi 9 Family Home Evening Creative Work Siddha Yoga	Gulika 1:34PM – 2:40PM Yama 11:22AM – 12:28PM Rahu 9:09AM – 10:15AM	Revati Until 11:05AM Shiva Until 4:13AM Tue Balava Until 9:44AM Navami* Until 10:49PM	Ganesha: Yellow <i>Sunrise:</i> 8:03AM Muruqa: Clear <i>Sunset:</i> 4:53PM Nataraja: Yellow Moon – Clear Pausha-Markali		Sun 23 Moon 12 - Phase 35 Navami Devaloka Day

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

1	Tuesday, January 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Tailila/Gara Karana Dasami Yam Titau	Milan, Italy Sutra 266 Khara 5113
	Mesha Rasi: 9.18 Tithi 10 822696156	Gulika 12:28PM – 1:35PM Yama 10:16AM – 11:22AM Rahu 2:41PM – 3:48PM	Asvini Until 2:05PM Siddha Until 5:06AM Wed Tailila Until 12:19PM Dasami Until 1:24AM Wed

Creative Work Siddha Yoga
Until 8.06PM then Marana Yoga

Ganesha: White <i>Sunrise:</i> 8:03AM	Muruqa: Clear <i>Sunset:</i> 4:54PM	Moon 12 - Phase 36 4th Phase
Nataraja: Yellow Moon – White	Pausha-Markali	Sivaloka Day

2	Wednesday, January 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Milan, Italy Sutra 267 Khara 5113
	Mesha Rasi: 21.09 Tithi 11 822696156	Gulika 11:22AM – 12:29PM Yama 9:09AM – 10:16AM Rahu 12:29PM – 1:35PM	Bharani Until 5:02PM Sadhya Until 6:01AM Thu Vanija Until 2:51PM Ekadasi Until 3:57AM Thu

Routine Work Marana Yoga
Until 5:02PM then Amrita Yoga
Until 8.06PM then Marana Yoga

Ganesha: White <i>Sunrise:</i> 8:03AM	Muruqa: Clear <i>Sunset:</i> 4:55PM	Moon 12 - Phase 36 4th Phase
Nataraja: Yellow Moon – White	Pausha-Markali	Sivaloka Day

3	Thursday, January 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadasi Yam Titau	Milan, Italy Sutra 268 Khara 5113
	Vrishabha Rasi: 3.05 Tithi 12 822696156	Gulika 10:16AM – 11:23AM Yama 8:03AM – 9:09AM Rahu 1:36PM – 2:43PM	Krittika Until 7:49PM Sadhya Until 6:01AM Bava Until 5:12PM Dvadasi Until 6:05AM Fri

Routine Work Marana Yoga

Ganesha: White <i>Sunrise:</i> 8:03AM	Muruqa: Clear <i>Sunset:</i> 4:56PM	Moon 12 - Phase 36 4th Phase
Nataraja: Yellow Moon – White	Pausha-Markali	Sivaloka Day

4	Friday, January 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Milan, Italy Sutra 269 Khara 5113
	Vrishabha Rasi: 15.13 Tithi 12 – 13 832696156	Gulika 9:09AM – 10:16AM Yama 2:43PM – 3:50PM Rahu 11:23AM – 12:30PM	Rohini Until 10:15PM Subha Until 6:24AM Kaulava Until 7:11PM Dvadasi Until 6:05AM <i>Pradosha Vrata</i>

Routine Work Marana Yoga
Until 8.07PM then Amrita Yoga
Until 10:15PM then Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 8:03AM	Muruqa: Clear <i>Sunset:</i> 4:57PM	Moon 12 - Phase 36 4th Phase
Nataraja: Yellow Moon – Yellow	Pausha-Markali	Devaloka Day

5	Saturday, January 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Milan, Italy Sutra 270 Khara 5113
	Vrishabha Rasi: 27.32 Tithi 13 – 14 832696156	Gulika 8:02AM – 9:09AM Yama 1:37PM – 2:44PM Rahu 10:16AM – 11:23AM	Mrigasira Until 10:51PM Sukla Until 6:20AM Gara Until 7:27PM Trayodasi Until 7:27AM

Creative Work Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 8:02AM	Muruqa: Clear <i>Sunset:</i> 4:58PM	Moon 12 - Phase 36 4th Phase
Nataraja: Yellow Moon – Yellow	Pausha-Markali	Devaloka Day

○	Sunday, January 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Milan, Italy Sutra 271 Khara 5113
	Mithuna Rasi: 10.08 Tithi 14 – 15 832696156	Gulika 2:45PM – 3:52PM Yama 12:31PM – 1:38PM Rahu 3:52PM – 4:59PM	Ardra Until 12:12AM Mon Indra Until 4:42AM Mon Visti Until 8:18PM Chaturdasi* Until 8:18AM

Creative Work Siddha Yoga
Until 12:12AM Mon then Amrita Yoga

Tiruvembavai

Ganesha: Clear <i>Sunrise:</i> 8:02AM	Muruqa: Clear <i>Sunset:</i> 4:59PM	Moon 12 - Phase 36 Purnima
Nataraja: Yellow Moon – Yellow	Pausha-Markali	Devaloka Day

○	Monday, January 9, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Milan, Italy Sutra 272 Khara 5113
	Mithuna Rasi: 23.02 Tithi 15 – 16 842696156	Gulika 1:38PM – 2:46PM Yama 11:24AM – 12:31PM Rahu 9:09AM – 10:16AM	Punarvasu Until 1:02AM Tue Vaidhriti* Until 3:43AM Tue Balava Until 8:33PM Purnima* Until 8:33AM

Creative Work Amrita Yoga
Until 8.09PM then Siddha Yoga

Ganesha: Purple <i>Sunrise:</i> 8:02AM	Muruqa: Clear <i>Sunset:</i> 5:00PM	Moon 12 - Phase 36 Prathama
Nataraja: Yellow Moon – Blue	Pausha-Markali	Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 6.12 Tithi 16 – 17
842696156
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 12:31PM – 1:39PM **Pushya Until 1:20AM Wed**
Yama 10:16AM – 11:24AM **Vishkambha* Until 2:15AM Wed**
Rahu 2:47PM – 3:54PM **Taitila Until 8:15PM**
Prathama* Until 8:15AM

Ganesha: Purple *Sunrise:* 8:01AM
Muruqa: Clear *Sunset:* 5:02PM
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Milan, Italy
Sutra 273
Khara 5113
Moon 13 - Phase 37
1st Phase

Sivaloka Day

1

Wednesday, January 11, 2012

Kataka Rasi: 19.38 Tithi 17 – 18
842696156
Creative Work Siddha Yoga
Until 11:47PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 11:24AM – 12:32PM **Aslesha* Until 11:47PM**
Yama 9:09AM – 10:16AM **Priti Until 11:07PM**
Rahu 12:32PM – 1:40PM **Vanija Until 6:23PM**
Dvitiya Until 7:19AM

Ganesha: Purple *Sunrise:* 8:01AM
Muruqa: Clear *Sunset:* 5:03PM
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Milan, Italy
Sun 1 Sutra 274
Khara 5113
Moon 13 - Phase 37
1st Phase

Sivaloka Day

2

Thursday, January 12, 2012

Simha Rasi: 3.17 Tithi 18 – 19
852696156
Creative Work Amrita Yoga
Until 8:10PM then Marana Yoga
Until 11:14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Balava Karana Tritiya/Chaturthi* Yam Titau
Gulika 10:16AM – 11:24AM **Magha* Until 11:14PM**
Yama 8:01AM – 9:08AM **Ayushman Until 8:59PM**
Rahu 1:40PM – 2:48PM **Balava Until 4:18AM Fri**
Tritiya Until 6:09AM

Ganesha: Clear *Sunrise:* 8:01AM
Muruqa: Clear *Sunset:* 5:04PM
Nataraja: Yellow
Moon – Red
Pausha-Markali

Milan, Italy
Sun 2 Sutra 275
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day

3

Friday, January 13, 2012

Simha Rasi: 17.06 Tithi 20
852696156
Creative Work Siddha Yoga
Until 8:10PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 9:08AM – 10:16AM **Purvaphalguni* Until 10:24PM**
Yama 2:49PM – 3:57PM **Saubhagya Until 6:34PM**
Rahu 11:25AM – 12:33PM **Kaulava Until 3:45PM**
Panchami Until 2:50AM Sat

Ganesha: Clear *Sunrise:* 8:00AM
Muruqa: Clear *Sunset:* 5:05PM
Nataraja: Yellow
Moon – Red
Pausha-Markali

Milan, Italy
Sun 3 Sutra 276
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day

4

Saturday, January 14, 2012

Kanya Rasi: 1.02 Tithi 21
853696156
Routine Work Marana Yoga
Until 8:10PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 8:00AM – 9:08AM **Uttaraphalguni Until 9:22PM**
Yama 1:41PM – 2:50PM **Sobhana Until 3:58PM**
Rahu 10:16AM – 11:25AM **Gara Until 2:03PM**
Shasthi* Until 1:08AM Sun

Ganesha: Purple *Sunrise:* 8:00AM
Muruqa: Clear *Sunset:* 5:06PM
Nataraja: Yellow
Moon – Red
Pausha-Thai

Milan, Italy
Sun 4 Sutra 277
Khara 5113
Moon 13 - Phase 37
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Sunday, January 15, 2012

Kanya Rasi: 15.04 Tithi 22
863696156
Creative Work Amrita Yoga
Until 8:11PM then Siddha Yoga
Until 8:11PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 2:51PM – 3:59PM **Hasta Until 8:11PM**
Yama 12:33PM – 1:42PM **Athiganda* Until 1:15PM**
Rahu 3:59PM – 5:08PM **Visti Until 12:12PM**
Saptami Until 11:17PM

Ganesha: Clear *Sunrise:* 7:59AM
Muruqa: Clear *Sunset:* 5:08PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Milan, Italy
Sun 5 Sutra 278
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day



Monday, January 16, 2012
Retreat Star

Kanya Rasi: 29.08 Tithi 23
Family Home Evening 863696156
Routine Work Prabalarishta Yoga
Until 6:55PM then Amrita Yoga
Until 8:11PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 1:43PM – 2:51PM **Chitra Until 6:55PM**
Yama 11:25AM – 12:34PM **Sukarma Until 10:26AM**
Rahu 9:07AM – 10:16AM **Balava Until 10:15AM**
Ashtami* Until 9:20PM

Ganesha: Clear *Sunrise:* 7:58AM
Muruqa: Clear *Sunset:* 5:09PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Milan, Italy
Sun 6 Sutra 279
Khara 5113
Moon 13 - Phase 37
Ashtami

Devaloka Day

Tuesday, January 17, 2012
Retreat Star

Tula Rasi: 13.15 Tithi 24
863696156
Creative Work Siddha Yoga
Until 5:35PM then Marana Yoga
Until 8:12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 12:34PM – 1:43PM **Svati Until 5:35PM**
Yama 10:16AM – 11:25AM **Dhriti Until 7:33AM**
Rahu 2:52PM – 4:01PM **Taitila Until 8:14AM**
Navami* Until 7:18PM

Ganesha: Clear *Sunrise:* 7:58AM
Muruqa: Clear *Sunset:* 5:10PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Milan, Italy
Sun 7 Sutra 280
Khara 5113
Moon 13 - Phase 37
Navami

Devaloka Day

1 **Wednesday, January 18, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Milan, Italy
 Visakha/Anuradha Nakshatra Ganda* Yoga Vanija/Bava Karana Dasami/Ekadasi* Yam Titau **Sun 8 Sutra 281**
 Khara 5113
Gulika 11:25AM – 12:34PM **Visakha Until 4:12PM** **Ganesha:** White *Sunrise:* 7:57AM
Yama 9:06AM – 10:16AM **Ganda* Until 1:58AM Thu** **Muruqa:** Clear *Sunset:* 5:12PM Moon 13 - Phase 38
Rahu 12:34PM – 1:44PM **Vanija Until 6:10AM** **Nataraja:** Yellow
 Moon – Orange
Pausha*Thai **Bhuloka Day**
 Devaloka Time: 3:PM to 6:PM
 Tula Rasi: 27.23 Tithi 25 – 26 873696156
 Creative Work Siddha Yoga

2 **Thursday, January 19, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Milan, Italy
 Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau **Sun 9 Sutra 282**
 Khara 5113
Gulika 10:16AM – 11:25AM **Anuradha Until 2:50PM** **Ganesha:** White *Sunrise:* 7:56AM
Yama 7:56AM – 9:06AM **Vriddhi Until 11:04PM** **Muruqa:** Clear *Sunset:* 5:13PM Moon 13 - Phase 38
Rahu 1:44PM – 2:54PM **Kaulava Until 2:16AM Fri** **Nataraja:** Yellow
 Moon – Orange
Pausha*Thai **Bhuloka Day**
 Devaloka Time: 3:PM to 6:PM
 Vrischika Rasi: 11.31 Tithi 26 – 27 873696156
 Creative Work Siddha Yoga
 Until 8:12PM then Prabalarishtha Yoga

3 **Friday, January 20, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Milan, Italy
 Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau **Sun 10 Sutra 283**
 Khara 5113
Gulika 9:05AM – 10:15AM **Jyeshtha* Until 1:32PM** **Ganesha:** White *Sunrise:* 7:56AM
Yama 2:55PM – 4:05PM **Dhruva Until 8:13PM** **Muruqa:** Clear *Sunset:* 5:14PM Moon 13 - Phase 38
Rahu 11:25AM – 12:35PM **Gara Until 12:17AM Sat** **Nataraja:** Yellow
 Moon – Orange
Pausha*Thai **Bhuloka Day**
 Devaloka Time: 3:PM to 6:PM
 Routine Work Prabalarishtha Yoga
 Until 1:32PM then no yoga
 Until 8:12PM then Siddha Yoga
Pradosha Vrata (Fasting)

4 **Saturday, January 21, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Milan, Italy
 Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau **Sun 11 Sutra 284**
 Khara 5113
Gulika 7:55AM – 9:05AM **Mula* Until 12:22PM** **Ganesha:** Green *Sunrise:* 7:55AM
Yama 1:45PM – 2:55PM **Vyaghata* Until 5:30PM** **Muruqa:** Clear *Sunset:* 5:16PM Moon 13 - Phase 38
Rahu 10:15AM – 11:25AM **Visti Until 10:26PM** **Nataraja:** Yellow
 Moon – Light Blue
Pausha*Thai **Bhuloka Day**
 Devaloka Time: 3:PM to 6:PM
 Dhanus Rasi: 9.37 Tithi 28 – 29 883696156
 Creative Work Siddha Yoga
 Until 12:22PM then Marana Yoga
 Until 8:13PM then Siddha Yoga

Retreat Star **Sunday, January 22, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Milan, Italy
 Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau **Sun 12 Sutra 285**
 Khara 5113
Gulika 2:56PM – 4:07PM **Purvashadha* Until 11:27AM** **Ganesha:** Green *Sunrise:* 7:54AM
Yama 12:36PM – 1:46PM **Harshana Until 3:01PM** **Muruqa:** Clear *Sunset:* 5:17PM Moon 13 - Phase 38
Rahu 4:07PM – 5:17PM **Catuspada Until 8:52PM** **Nataraja:** Yellow
 Moon – Light Blue
Pausha*Thai **Bhuloka Day**
 Devaloka Time: 3:PM to 6:PM
 Dhanus Rasi: 23.29 Tithi 29 – 30 883696156
 Creative Work Siddha Yoga
 Until 11:27AM then Amrita Yoga
 Until 8:13PM then Marana Yoga

Retreat Star **Monday, January 23, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Milan, Italy
 Uttarashadha*/Sravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau **Sun 13 Sutra 286**
 Khara 5113
Gulika 1:46PM – 2:57PM **Uttarashadha Until 11:14AM** **Ganesha:** Green *Sunrise:* 7:53AM
Yama 11:25AM – 12:36PM **Vajra* Until 1:20PM** **Muruqa:** Clear *Sunset:* 5:18PM Moon 13 - Phase 38
Rahu 9:04AM – 10:14AM **Kintughna Until 8:48PM** **Nataraja:** Yellow
 Moon – Light Blue
Magha*Thai **Bhuloka Day**
 Devaloka Time: 3:PM to 6:PM
 Makara Rasi: 7.1 Tithi 30 – 1 883696156
Family Home Evening
 Routine Work Marana Yoga
 Until 11:14AM then Amrita Yoga
 Until 8:13PM then Siddha Yoga

1	Tuesday, January 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyaltipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau				Milan, Italy
	Makara Rasi: 20.35 Tithi 1 – 2	Gulika 12:36PM – 1:47PM	Sravana Until 11:05AM	Ganesha: White	<i>Sunrise:</i> 7:52AM	Sun 14 Sutra 287 Khara 5113
	893696156	Yama 10:14AM – 11:25AM	Siddhi Until 11:27AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 13 - Phase 39 3rd Phase
		Rahu 2:58PM – 4:09PM	Balava Until 8:00PM	Nataraja: Yellow		
			Prathama* Until 8:00AM	Moon – Purple		
				Magha*Thai		
					Bhuloka Day	
					Devaloka Time: 3:PM to 6:PM	

2	Wednesday, January 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyaltipata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau				Milan, Italy
	Kumbha Rasi: 3.42 Tithi 2 – 3	Gulika 11:25AM – 12:36PM	Dhanishtha Until 11:28AM	Ganesha: Green	<i>Sunrise:</i> 7:51AM	Sun 15 Sutra 288 Khara 5113
	993696156	Yama 9:03AM – 10:14AM	Vyaltipata* Until 10:04AM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 13 - Phase 39 3rd Phase
		Rahu 12:36PM – 1:48PM	Taitila Until 7:47PM	Nataraja: Yellow		
			Dvitiya Until 7:47AM	Moon – Purple		
				Magha*Thai		
					Bhuloka Day	
					Devaloka Time: 3:PM to 6:PM	

3	Thursday, January 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau				Milan, Italy
	Kumbha Rasi: 16.31 Tithi 3 – 4	Gulika 10:13AM – 11:25AM	Satabhisha Until 12:25PM	Ganesha: Green	<i>Sunrise:</i> 7:50AM	Sun 16 Sutra 289 Khara 5113
	993696156	Yama 7:50AM – 9:02AM	Variyan Until 9:12AM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 13 - Phase 39 3rd Phase
		Rahu 1:48PM – 3:00PM	Vanija Until 8:11PM	Nataraja: Yellow		
			Tritiya Until 8:11AM	Moon – Purple		
				Magha*Thai		
					Bhuloka Day	
					Devaloka Time: 3:PM to 6:PM	

4	Friday, January 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Milan, Italy
	Kumbha Rasi: 29.03 Tithi 4 – 5	Gulika 9:01AM – 10:13AM	Purvaprostapada* Until 2:34PM	Ganesha: Blue	<i>Sunrise:</i> 7:49AM	Sun 17 Sutra 290 Khara 5113
	913796156	Yama 3:00PM – 4:12PM	Parigha* Until 9:03AM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 13 - Phase 39 3rd Phase
		Rahu 11:25AM – 12:37PM	Bava Until 10:32PM	Nataraja: Yellow		
			Chaturthi* Until 9:27AM	Moon – Clear		
				Magha*Thai		
					Sivaloka Day	

5	Saturday, January 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Milan, Italy
	Meena Rasi: 11.19 Tithi 5 – 6	Gulika 7:48AM – 9:00AM	Uttaraprostapada Until 4:43PM	Ganesha: Red	<i>Sunrise:</i> 7:48AM	Sun 18 Sutra 291 Khara 5113
	914796156	Yama 1:49PM – 3:01PM	Shiva Until 9:10AM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Moon 13 - Phase 39 3rd Phase
		Rahu 10:13AM – 11:25AM	Kaulava Until 12:11AM Sun	Nataraja: Yellow		
			Panchami Until 11:06AM	Moon – Clear		
				Magha*Thai		
					Devaloka Day	

6	Sunday, January 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bharu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Milan, Italy
	Meena Rasi: 23.21 Tithi 6 – 7	Gulika 3:02PM – 4:14PM	Revati Until 7:18PM	Ganesha: Red	<i>Sunrise:</i> 7:47AM	Sun 19 Sutra 292 Khara 5113
	914796156	Yama 12:37PM – 1:50PM	Siddha Until 9:40AM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Moon 13 - Phase 39 3rd Phase
		Rahu 4:14PM – 5:27PM	Gara Until 2:19AM Mon	Nataraja: Yellow		
			Shasthi* Until 1:13PM	Moon – Clear		
				Magha*Thai		
					Devaloka Day	

Monday, January 30, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Milan, Italy
	Mesha Rasi: 5.15 Tithi 7 – 8	Gulika 1:50PM – 3:03PM	Asvini Until 10:10PM	Ganesha: Blue	<i>Sunrise:</i> 7:46AM	Sun 20 Sutra 293 Khara 5113
	924796156	Yama 11:24AM – 12:37PM	Sadhya Until 10:27AM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 13 - Phase 39 3rd Phase
		Rahu 8:59AM – 10:12AM	Visti Until 4:45AM Tue	Nataraja: Yellow		
			Saptami Until 3:40PM	Moon – White		
				Magha*Thai		
					Bhuloka Day	
					Devaloka Time: 3:PM to 6:PM	

Tuesday, January 31, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava Karana Ashtami* Yam Titau				Milan, Italy
	Mesha Rasi: 17.04 Tithi 8	Gulika 12:37PM – 1:51PM	Bharani Until 1:11AM Wed	Ganesha: Blue	<i>Sunrise:</i> 7:45AM	Sun 21 Sutra 294 Khara 5113
	924796156	Yama 10:11AM – 11:24AM	Subha Until 11:21AM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 13 - Phase 39 Ashtami
		Rahu 3:04PM – 4:17PM	Bava Until 7:21AM Wed	Nataraja: Yellow		
			Ashtami* Until 6:16PM	Moon – White		
				Magha*Thai		
					Bhuloka Day	
					Devaloka Time: 3:PM to 6:PM	

Wednesday, February 1, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau				Milan, Italy
	Mesha Rasi: 28.55 Tithi 9	Gulika 11:24AM – 12:37PM	Krittika Until 4:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:45AM	Sun 22 Sutra 295 Khara 5113
	924796156	Yama 8:58AM – 10:11AM	Sukla Until 12:15PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 13 - Phase 39 Navami
		Rahu 12:37PM – 1:51PM	Balava Until 7:44AM	Nataraja: Yellow		
			Navami* Until 8:50PM	Moon – White		
				Magha*Thai		
					Bhuloka Day	
					Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

1 Thursday, February 2, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Milan, Italy
 Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau Sun 23 Sutra 296
 Khara 5113
Gulika 10:11AM – 11:24AM **Rohini Until 6:42AM Fri** **Ganesha:** Yellow *Sunrise:* 7:44AM
Yama 7:44AM – 8:57AM **Brahma Until 12:57PM** **Muruqa:** White *Sunset:* 5:31PM Moon 13 - Phase 40
 934797156 **Rahu** 1:51PM – 3:04PM **Taitila Until 10:05AM** **Nataraja:** Yellow
 Routine Work Marana Yoga **Moon – Yellow** **Sivaloka Day**
 Until 6:42AM Fri then Siddha Yoga **Magha-Thai**

2 Friday, February 3, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Milan, Italy
 Rohini/Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau Sun 24 Sutra 297
 Khara 5113
Gulika 8:56AM – 10:10AM **Rohini Until 6:42AM** **Ganesha:** Yellow *Sunrise:* 7:43AM
Yama 3:05PM – 4:19PM **Indra Until 1:17PM** **Muruqa:** White *Sunset:* 5:33PM Moon 13 - Phase 40
 934797156 **Rahu** 11:24AM – 12:38PM **Vanija Until 12:00PM** **Nataraja:** Yellow
 Routine Work Marana Yoga **Moon – Yellow** **Sivaloka Day**
 Until 6:42AM then Siddha Yoga **Ekadasi Until 1:06AM Sat** **Magha-Thai**

3 Saturday, February 4, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Milan, Italy
 Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau Sun 25 Sutra 298
 Khara 5113
Gulika 7:41AM – 8:55AM **Mrigasira Until 8:21AM** **Ganesha:** Yellow *Sunrise:* 7:41AM
Yama 1:52PM – 3:06PM **Vaidhriti* Until 12:36PM** **Muruqa:** White *Sunset:* 5:34PM Moon 13 - Phase 40
 934797157 **Rahu** 10:10AM – 11:24AM **Bava Until 12:43PM** **Nataraja:** White
 Creative Work Siddha Yoga **Moon – Yellow** **Subha Sivaloka Day**
Dvadasi Until 12:43AM Sun **Magha-Thai**

4 Sunday, February 5, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Milan, Italy
 Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 299
 Khara 5113
Gulika 3:07PM – 4:21PM **Ardra Until 9:26AM** **Ganesha:** Yellow *Sunrise:* 7:40AM
Yama 12:38PM – 1:52PM **Vishkambha* Until 11:52AM** **Muruqa:** White *Sunset:* 5:36PM Moon 13 - Phase 40
 934797157 **Rahu** 4:21PM – 5:36PM **Kaulava Until 1:15PM** **Nataraja:** White
 Creative Work Siddha Yoga **Moon – Yellow** **Subha Sivaloka Day**
 Until 8:15PM then Amrita Yoga **Trayodasi Until 1:15AM Mon** **Magha-Thai**
Pradosha Vrata

5 Monday, February 6, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Milan, Italy
 Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau Sun 27 Sutra 300
 Khara 5113
Gulika 1:53PM – 3:07PM **Punarvasu Until 9:32AM** **Ganesha:** White *Sunrise:* 7:39AM
Yama 11:23AM – 12:38PM **Priti Until 10:11AM** **Muruqa:** White *Sunset:* 5:37PM Moon 13 - Phase 40
 944797157 **Rahu** 8:54AM – 10:08AM **Gara Until 1:01PM** **Nataraja:** White
 Creative Work Amrita Yoga **Moon – Blue** **Sivaloka Day**
 Until 9:32AM then Siddha Yoga **Thai Pusam** **Chaturdasi* Until 1:01AM Tue** **Magha-Thai**

○ Tuesday, February 7, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Milan, Italy
 Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau Sun 28 Sutra 301
 Khara 5113
Gulika 12:38PM – 1:53PM **Pushya Until 9:15AM** **Ganesha:** White *Sunrise:* 7:38AM
Yama 10:08AM – 11:23AM **Ayushman Until 8:17AM** **Muruqa:** White *Sunset:* 5:39PM Moon 13 - Phase 40
 944797157 **Rahu** 3:08PM – 4:23PM **Visti Until 11:34AM** **Nataraja:** White
 Creative Work Siddha Yoga **Moon – Blue** **Sivaloka Day**
Purnima* Until 10:39PM **Magha-Thai**

Wednesday, February 8, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Milan, Italy
 Aslesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau Sun 29 Sutra 302
 Khara 5113
Gulika 11:23AM – 12:38PM **Aslesha* Until 8:22AM** **Ganesha:** White *Sunrise:* 7:36AM
Yama 8:52AM – 10:07AM **Sobhana Until 3:11AM Thu** **Muruqa:** Yellow *Sunset:* 5:40PM Moon 13 - Phase 40
 944797167 **Rahu** 12:38PM – 1:54PM **Balava Until 10:02AM** **Nataraja:** Blue
 Creative Work Siddha Yoga **Moon – Blue** **Bhuloka Day**
 Until 8:15PM then Amrita Yoga **Prathama* Until 9:07PM** **Magha-Thai** **Devaloka Time: 12:PM to 3:PM**



Thursday, February 9, 2012
Gold Retreat Star

Simha Rasi: 12.44 Tithi 17
955797267
Creative Work Amrita Yoga
Until 7:01AM then no yoga
Until 8.15PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 10:06AM – 11:22AM **Magha* Until 7:01AM**
Yama 7:35AM – 8:51AM **Athiganda* Until 12:18AM Fri**
Rahu 1:54PM – 3:10PM **Taitila Until 7:59AM**
Dvitiya Until 7:04PM

Ganesha: White *Sunrise: 7:35AM*
Muruqa: White *Sunset: 5:41PM*
Nataraja: Yellow
Moon – Red
Magha*Thai

Milan, Italy
Sun 1 **Sutra 303**
Khara 5113
Moon 1 - Phase 41
1st Phase

Subha Sivaloka Day

1

Friday, February 10, 2012

Simha Rasi: 27.02 Tithi 18 – 19
955797267
Creative Work Siddha Yoga
Until 8.15PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 8:50AM – 10:06AM **Uttaraphalguni Until 4:13AM Sat**
Yama 3:10PM – 4:27PM **Sukarma Until 9:08PM**
Rahu 11:22AM – 12:38PM **Bava Until 3:46AM Sat**
Tritiya Until 4:41PM

Ganesha: White *Sunrise: 7:33AM*
Muruqa: White *Sunset: 5:43PM*
Nataraja: Yellow
Moon – Red
Magha*Thai

Milan, Italy
Sun 2 **Sutra 304**
Khara 5113
Moon 1 - Phase 41
1st Phase

Subha Sivaloka Day

2

Saturday, February 11, 2012

Kanya Rasi: 11.26 Tithi 19 – 20
955797267
Routine Work Marana Yoga
Until 8.16PM then Amrita Yoga
Until 2:25AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasla Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 7:32AM – 8:49AM **Hasla Until 2:25AM Sun**
Yama 1:55PM – 3:11PM **Dhriti Until 5:50PM**
Rahu 10:05AM – 11:22AM **Kaulava Until 1:14AM Sun**
Chaturthi* Until 2:09PM

Ganesha: Clear *Sunrise: 7:32AM*
Muruqa: White *Sunset: 5:44PM*
Nataraja: Yellow
Moon – Green
Magha*Thai

Milan, Italy
Sun 3 **Sutra 305**
Khara 5113
Moon 1 - Phase 41
1st Phase

Sivaloka Day

3

Sunday, February 12, 2012

Kanya Rasi: 25.48 Tithi 20 – 21
955797267
Creative Work Siddha Yoga
Until 8.16PM then Prabalarishta Yoga
Until 12:37AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 3:12PM – 4:29PM **Chitra Until 12:37AM Mon**
Yama 12:38PM – 1:55PM **Shula* Until 2:33PM**
Rahu 4:29PM – 5:46PM **Gara Until 10:43PM**
Panchami Until 11:38AM

Ganesha: Clear *Sunrise: 7:31AM*
Muruqa: White *Sunset: 5:46PM*
Nataraja: Yellow
Moon – Green
Magha*Thai

Milan, Italy
Sun 4 **Sutra 306**
Khara 5113
Moon 1 - Phase 41
1st Phase

Sivaloka Day

4

Monday, February 13, 2012

Tula Rasi: 10.06 Tithi 21 – 22
Family Home Evening 955797267
Creative Work Amrita Yoga
Until 8.15PM then Siddha Yoga
Until 10:58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 1:55PM – 3:13PM **Svati Until 10:58PM**
Yama 11:21AM – 12:38PM **Ganda* Until 11:23AM**
Rahu 8:46AM – 10:04AM **Visti Until 8:20PM**
Shasthi* Until 9:16AM

Ganesha: Clear *Sunrise: 7:29AM*
Muruqa: White *Sunset: 5:47PM*
Nataraja: Yellow
Moon – Green
Magha*Mas

Milan, Italy
Sun 5 **Sutra 307**
Khara 5113
Moon 1 - Phase 41
1st Phase

Sivaloka Day

Retreat Star

Tuesday, February 14, 2012

Tula Rasi: 24.16 Tithi 22 – 23
975797267
Routine Work Marana Yoga
Until 8.15PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 12:38PM – 1:56PM **Visakha Until 9:32PM**
Yama 10:03AM – 11:20AM **Vriddhi Until 8:26AM**
Rahu 3:13PM – 4:31PM **Balava Until 6:12PM**
Saptami Until 7:07AM

Ganesha: Purple *Sunrise: 7:28AM*
Muruqa: White *Sunset: 5:49PM*
Nataraja: Yellow
Moon – Orange
Magha*Mas

Milan, Italy
Sun 6 **Sutra 308**
Khara 5113
Moon 1 - Phase 41
Ashtami

Subha Sivaloka Day

Wednesday, February 15, 2012

Retreat Star

Vrischika Rasi: 8.18 Tithi 24
975797267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 11:20AM – 12:38PM **Anuradha Until 8:21PM**
Yama 8:44AM – 10:02AM **Vyaghata* Until 3:02AM Thu**
Rahu 12:38PM – 1:56PM **Taitila Until 4:20PM**
Navami* Until 3:24AM Thu

Ganesha: Purple *Sunrise: 7:26AM*
Muruqa: White *Sunset: 5:50PM*
Nataraja: Yellow
Moon – Orange
Magha*Mas

Milan, Italy
Sun 7 **Sutra 309**
Khara 5113
Moon 1 - Phase 41
Navami

Subha Sivaloka Day


1	Thursday, February 16, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau			Milan, Italy
	Wrischika Rasi: 22.1 Tithi 25 975797267	Gulika 10:01AM – 11:20AM Yama 7:25AM – 8:43AM Rahu 1:56PM – 3:15PM	Jyeshtha* Until 7:26PM Harshana Until 12:34AM Fri Vanija Until 2:44PM Dasami Until 1:49AM Fri	Ganesha: Purple <i>Sunrise: 7:25AM</i> Muruqa: White <i>Sunset: 5:51PM</i> Nataraja: Yellow Moon – Orange Magha+Masi	Sun 8 Sutra 310 Khara 5113 Moon 1 - Phase 42 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 8.15PM then no yoga					

2	Friday, February 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau			Milan, Italy
	Dhanus Rasi: 5.53 Tithi 26 985797267	Gulika 8:42AM – 10:00AM Yama 3:15PM – 4:34PM Rahu 11:19AM – 12:38PM	Mula* Until 6:45PM Vajra* Until 10:19PM Bava Until 1:25PM Ekadasi* Until 12:30AM Sat	Ganesha: Clear <i>Sunrise: 7:23AM</i> Muruqa: White <i>Sunset: 5:53PM</i> Nataraja: Yellow Moon – Light Blue Magha+Masi	Sun 9 Sutra 311 Khara 5113 Moon 1 - Phase 42 2nd Phase Sivaloka Day
No Yoga Until 6:45PM then Siddha Yoga Until 8.15PM then Marana Yoga					

3	Saturday, February 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau			Milan, Italy
	Dhanus Rasi: 19.28 Tithi 27 985797267	Gulika 7:21AM – 8:41AM Yama 1:57PM – 3:16PM Rahu 10:00AM – 11:19AM	Purvashadha* Until 7:17PM Siddhi Until 9:20PM Kaulava Until 12:54PM Dvadasi* Until 12:54AM Sun	Ganesha: Clear <i>Sunrise: 7:21AM</i> Muruqa: White <i>Sunset: 5:54PM</i> Nataraja: Yellow Moon – Light Blue Magha+Masi	Sun 10 Sutra 312 Khara 5113 Moon 1 - Phase 42 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 7:17PM then no yoga Until 8.15PM then Amrita Yoga					

4	Sunday, February 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Milan, Italy
	Makara Rasi: 2.54 Tithi 28 986797267	Gulika 3:17PM – 4:36PM Yama 12:38PM – 1:57PM Rahu 4:36PM – 5:56PM	Uttarashadha Until 7:07PM Vyatipata* Until 7:27PM Gara Until 12:04PM Trayodasi* Until 12:04AM Mon <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise: 7:20AM</i> Muruqa: White <i>Sunset: 5:56PM</i> Nataraja: Yellow Moon – Light Blue Magha+Masi	Sun 11 Sutra 313 Khara 5113 Moon 1 - Phase 42 2nd Phase Devaloka Day
Creative Work Amrita Yoga					

5	Monday, February 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Milan, Italy
	Makara Rasi: 16.09 Tithi 29 996797267	Gulika 1:58PM – 3:17PM Yama 11:18AM – 12:38PM Rahu 8:38AM – 9:58AM	Sravana Until 7:16PM Variyan Until 5:51PM Visti Until 11:34AM Chaturdasi* Until 11:34PM	Ganesha: Light Blue <i>Sunrise: 7:18AM</i> Muruqa: White <i>Sunset: 5:57PM</i> Nataraja: Yellow Moon – Purple Magha+Masi	Sun 12 Sutra 314 Khara 5113 Moon 1 - Phase 42 2nd Phase Devaloka Day
Family Home Evening Creative Work Amrita Yoga Until 7:16PM then Siddha Yoga Until 8.15PM then Marana Yoga					

	Tuesday, February 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Milan, Italy
	Retreat Star Makara Rasi: 29.13 Tithi 30 996897267	Gulika 12:38PM – 1:58PM Yama 9:57AM – 11:17AM Rahu 3:18PM – 4:38PM	Dhanishtha Until 7:45PM Parigha* Until 4:35PM Catuspada Until 11:27AM Amavasya* Until 11:27PM	Ganesha: Orange <i>Sunrise: 7:17AM</i> Muruqa: White <i>Sunset: 5:59PM</i> Nataraja: Yellow Moon – Purple Magha+Masi	Sun 13 Sutra 315 Khara 5113 Moon 1 - Phase 42 Amavasya Sivaloka Day
Routine Work Marana Yoga Until 8.15PM then Siddha Yoga					

Retreat Star	Wednesday, February 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Milan, Italy
	Kumbha Rasi: 12.04 Tithi 1 996897267	Gulika 11:17AM – 12:37PM Yama 8:36AM – 9:56AM Rahu 12:37PM – 1:58PM	Satabhisha Until 8:39PM Shiva Until 3:41PM Kintughna Until 11:46AM Prathama* Until 11:46PM	Ganesha: Orange <i>Sunrise: 7:15AM</i> Muruqa: White <i>Sunset: 6:00PM</i> Nataraja: Yellow Moon – Purple Phalgun+Masi	Sun 14 Sutra 316 Khara 5113 Moon 1 - Phase 42 Prathama Sivaloka Day
Creative Work Siddha Yoga Until 8.15PM then Marana Yoga Until 8:39PM then Siddha Yoga					

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

1	Thursday, February 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Milan, Italy
	Kumbha Rasi: 24.41 Tithi 2	Gulika 9:55AM – 11:16AM Purvaprostapada* Until 11:17PM	Ganesha: Green <i>Sunrise:</i> 7:13AM	Sun 15 Sutra 317	Khara 5113
	916897267	Yama 7:13AM – 8:34AM Siddha Until 3:53PM	Muruqa: White <i>Sunset:</i> 6:01PM		Moon 1 - Phase 43
Creative Work Siddha Yoga	Rahu 1:58PM – 3:19PM Balava Until 1:07PM	Nataraja: Yellow			3rd Phase
		Dvitiya Until 2:13AM Fri	Phalguna-Masi	Subha Sivaloka Day	

2	Friday, February 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau			Milan, Italy
	Meena Rasi: 7.05 Tithi 3	Gulika 8:33AM – 9:54AM Uttaraprostapada Until 1:09AM Sat	Ganesha: Green <i>Sunrise:</i> 7:12AM	Sun 16 Sutra 318	Khara 5113
	916897267	Yama 3:20PM – 4:41PM Sadhya Until 3:45PM	Muruqa: White <i>Sunset:</i> 6:03PM		Moon 1 - Phase 43
Creative Work Siddha Yoga	Rahu 11:16AM – 12:37PM Taitila Until 2:27PM	Nataraja: Yellow			3rd Phase
Until 1:09AM Sat then Prabalarishta Yoga		Tritiya Until 3:33AM Sat	Phalguna-Masi	Subha Sivaloka Day	

3	Saturday, February 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Milan, Italy
	Meena Rasi: 19.16 Tithi 4	Gulika 7:10AM – 8:32AM Revati Until 3:28AM Sun	Ganesha: Green <i>Sunrise:</i> 7:10AM	Sun 17 Sutra 319	Khara 5113
	916897267	Yama 1:59PM – 3:21PM Subha Until 4:01PM	Muruqa: White <i>Sunset:</i> 6:04PM		Moon 1 - Phase 43
Routine Work Prabalarishta Yoga	Rahu 9:54AM – 11:15AM Vanija Until 4:15PM	Nataraja: Yellow			3rd Phase
Until 8.14PM then Amrita Yoga		Chaturthi* Until 5:21AM Sun	Phalguna-Masi	Subha Sivaloka Day	
Until 3:28AM Sun then Siddha Yoga	Subramuniyaswami Siva Vision Day				

4	Sunday, February 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Bava Karana Panchami Yam Titau			Milan, Italy
	Mesha Rasi: 1.16 Tithi 5	Gulika 3:21PM – 4:43PM Asvini Until 6:24AM Mon	Ganesha: Green <i>Sunrise:</i> 7:08AM	Sun 18 Sutra 320	Khara 5113
	927897267	Yama 12:37PM – 1:59PM Sukla Until 4:37PM	Muruqa: White <i>Sunset:</i> 6:06PM		Moon 1 - Phase 43
Creative Work Siddha Yoga	Rahu 4:43PM – 6:06PM Bava Until 6:27PM	Nataraja: Yellow			3rd Phase
		Panchami Until 7:51AM Mon	Phalguna-Masi	Devaloka Day	

5	Monday, February 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Milan, Italy
	Mesha Rasi: 13.08 Tithi 5 – 6	Gulika 1:59PM – 3:22PM Asvini Until 6:24AM	Ganesha: Green <i>Sunrise:</i> 7:07AM	Sun 19 Sutra 321	Khara 5113
	927897267	Yama 11:14AM – 12:37PM Brahma Until 5:29PM	Muruqa: White <i>Sunset:</i> 6:07PM		Moon 1 - Phase 43
Family Home Evening	Rahu 8:29AM – 9:52AM Kaulava Until 8:56PM	Nataraja: Yellow			3rd Phase
Creative Work Siddha Yoga		Panchami Until 7:51AM	Phalguna-Masi	Devaloka Day	

6	Tuesday, February 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau			Milan, Italy
	Mesha Rasi: 24.56 Tithi 6 – 7	Gulika 12:37PM – 2:00PM Bharani Until 9:28AM	Ganesha: Green <i>Sunrise:</i> 7:05AM	Sun 20 Sutra 322	Khara 5113
	927897267	Yama 9:51AM – 11:14AM Indra Until 6:27PM	Muruqa: White <i>Sunset:</i> 6:08PM		Moon 1 - Phase 43
Creative Work Siddha Yoga	Rahu 3:22PM – 4:45PM Gara Until 11:34PM	Nataraja: Yellow			3rd Phase
Until 8.14PM then Amrita Yoga		Shasthi* Until 10:29AM	Phalguna-Masi	Devaloka Day	

	Wednesday, February 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Milan, Italy
	Retreat Star	Gulika 11:13AM – 12:36PM Krittika Until 12:31PM	Ganesha: Green <i>Sunrise:</i> 7:03AM	Sun 21 Sutra 323	Khara 5113
	Vrishabha Rasi: 6.44 Tithi 7 – 8	Yama 8:26AM – 9:50AM Vaidhriti* Until 7:25PM	Muruqa: White <i>Sunset:</i> 6:10PM		Moon 1 - Phase 43
927897267	Rahu 12:36PM – 2:00PM Visti Until 2:11AM Thu	Nataraja: Yellow			Ashtami
Creative Work Amrita Yoga		Saptami Until 1:06PM	Phalguna-Masi	Devaloka Day	
Until 12:31PM then Siddha Yoga					
Until 8.14PM then Marana Yoga					

Retreat Star	Thursday, March 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Milan, Italy
	Vrishabha Rasi: 18.39 Tithi 8 – 9	Gulika 9:48AM – 11:12AM Rohini Until 3:22PM	Ganesha: Red <i>Sunrise:</i> 6:59AM	Sun 22 Sutra 324	Khara 5113
	937897267	Yama 6:59AM – 8:24AM Vishkambha* Until 8:12PM	Muruqa: White <i>Sunset:</i> 6:12PM		Moon 1 - Phase 43
Routine Work Marana Yoga	Rahu 2:00PM – 3:24PM Balava Until 4:34AM Fri	Nataraja: Yellow			Navami
Until 8.13PM then Siddha Yoga		Ashtami* Until 3:29PM	Phalguna-Masi	Sivaloka Day	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

1	Friday, March 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Priti Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Milan, Italy
	Mithuna Rasi: 0.46 Tithi 9 – 10 937897267	Gulika 8:22AM – 9:47AM Yama 3:25PM – 4:49PM Rahu 11:11AM – 12:36PM	Mrigasira Until 5:49PM Priti Until 8:37PM Taitila Until 6:32AM Sat Navami* Until 5:26PM	Ganesha: Red <i>Sunrise:</i> 6:58AM Muruqa: White <i>Sunset:</i> 6:14PM Nataraja: Yellow Moon – Yellow Phalguna-Masi	Sun 23 Sutra 325 Khara 5113 Moon 1 - Phase 44 4th Phase Sivaloka Day
Creative Work Siddha Yoga					

2	Saturday, March 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Gara Karana Dasami Yam Titau			Milan, Italy
	Mithuna Rasi: 13.09 Tithi 10 937897267	Gulika 6:56AM – 8:21AM Yama 2:00PM – 3:25PM Rahu 9:46AM – 11:11AM	Ardra Until 6:38PM Ayushman Until 7:27PM Gara Until 5:42AM Sun Dasami Until 5:42PM	Ganesha: Red <i>Sunrise:</i> 6:56AM Muruqa: White <i>Sunset:</i> 6:15PM Nataraja: Yellow Moon – Yellow Phalguna-Masi	Sun 24 Sutra 326 Khara 5113 Moon 1 - Phase 44 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 6:38PM then Marana Yoga Until 8:13PM then Siddha Yoga					

3	Sunday, March 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Milan, Italy
	Mithuna Rasi: 25.56 Tithi 11 148897267	Gulika 3:26PM – 4:51PM Yama 12:35PM – 2:01PM Rahu 4:51PM – 6:17PM	Punarvasu Until 7:40PM Saubhagya Until 6:41PM Vanija Until 6:09AM Ekadasi Until 6:09PM	Ganesha: Green <i>Sunrise:</i> 6:54AM Muruqa: White <i>Sunset:</i> 6:17PM Nataraja: Yellow Moon – Blue Phalguna-Masi	Sun 25 Sutra 327 Khara 5113 Moon 1 - Phase 44 4th Phase Devaloka Day
Creative Work Siddha Yoga					

4	Monday, March 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Milan, Italy
	Kataka Rasi: 9.08 Tithi 12 – 13 Family Home Evening 148817267 Creative Work Siddha Yoga	Gulika 2:01PM – 3:26PM Yama 11:09AM – 12:35PM Rahu 8:18AM – 9:44AM	Pushya Until 6:55PM Sobhana Until 4:26PM Kaulava Until 3:55AM Tue Dvadasi Until 4:50PM <i>Pradosha Vrata</i>	Ganesha: Green <i>Sunrise:</i> 6:52AM Muruqa: White <i>Sunset:</i> 6:18PM Nataraja: Yellow Moon – Blue Phalguna-Masi	Sun 26 Sutra 328 Khara 5113 Moon 1 - Phase 44 4th Phase Devaloka Day

5	Tuesday, March 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Milan, Italy
	Kataka Rasi: 22.48 Tithi 13 – 14 148817267	Gulika 12:35PM – 2:01PM Yama 9:43AM – 11:09AM Rahu 3:27PM – 4:53PM	Aslesha* Until 6:21PM Athiganda* Until 2:19PM Gara Until 2:41AM Wed Trayodasi Until 3:37PM	Ganesha: Green <i>Sunrise:</i> 6:50AM Muruqa: White <i>Sunset:</i> 6:19PM Nataraja: Yellow Moon – Blue Phalguna-Masi	Sun 27 Sutra 329 Khara 5113 Moon 1 - Phase 44 4th Phase Devaloka Day
Creative Work Siddha Yoga					

○	Wednesday, March 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Milan, Italy
	Copper Retreat Star Simha Rasi: 6.53 Tithi 14 – 15 158817267	Gulika 11:08AM – 12:35PM Yama 8:15AM – 9:42AM Rahu 12:35PM – 2:01PM	Magha* Until 5:03PM Sukarma Until 11:30AM Visti Until 12:41AM Thu Chaturdasi* Until 1:36PM	Ganesha: Red <i>Sunrise:</i> 6:49AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: Yellow Moon – Red Phalguna-Masi	Sun 28 Sutra 330 Khara 5113 Moon 1 - Phase 44 Purnima Sivaloka Day
Creative Work Siddha Yoga Until 5:03PM then Amrita Yoga Until 8:12PM then no yoga		Chidambaram Abhishekam			

○	Thursday, March 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Milan, Italy
	Silver Retreat Star Simha Rasi: 21.21 Tithi 15 – 16 158817267	Gulika 9:41AM – 11:07AM Yama 6:47AM – 8:14AM Rahu 2:01PM – 3:28PM	Purvaphalguni* Until 2:31PM Dhriti Until 7:58AM Balava Until 8:51PM Purnima* Until 10:34AM	Ganesha: Red <i>Sunrise:</i> 6:47AM Muruqa: White <i>Sunset:</i> 6:22PM Nataraja: Yellow Moon – Red Phalguna-Masi	Sun 29 Sutra 331 Khara 5113 Moon 1 - Phase 44 Prathama Sivaloka Day
No Yoga Until 2:31PM then Prabalarishta Yoga Until 8:12PM then Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



Friday, March 9, 2012
Gold Retreat Star

Kanya Rasi: 6.03 Tithi 16 – 17
159817267
Creative Work Siddha Yoga
Until 12:19PM then Amrita Yoga
Until 8.11PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika **8:12AM – 9:40AM** **Uttaraphalguni Until 12:19PM**
Yama **3:29PM – 4:56PM** **Ganda* Until 12:25AM Sat**
Rahu **11:07AM – 12:34PM** **Taitila Until 4:13AM Sat**
Prathama* Until 7:38AM

Ganesha: Red *Sunrise:* 6:45AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: Yellow
Moon – Red
Phalguna-Masi

Sivaloka Day

Milan, Italy
Sutra 332
Khara 5113
Moon 2 - Phase 45
1st Phase

1

Saturday, March 10, 2012

Kanya Rasi: 20.53 Tithi 18
169817267
Routine Work Marana Yoga
Until 8.11PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika **6:43AM – 8:11AM** **Hasta Until 9:55AM**
Yama **2:02PM – 3:29PM** **Vriddhi Until 8:40PM**
Rahu **9:38AM – 11:06AM** **Vanija Until 2:47PM**
Tritiya Until 1:04AM Sun

Ganesha: Blue *Sunrise:* 6:43AM
Muruqa: White *Sunset:* 6:25PM
Nataraja: Yellow
Moon – Green
Phalguna-Masi

Devaloka Day

Milan, Italy
Sun 1 Sutra 333
Khara 5113
Moon 2 - Phase 45
1st Phase

2

Sunday, March 11, 2012

Tula Rasi: 5.41 Tithi 19
169817267
Creative Work Siddha Yoga
Until 8.11PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika **3:30PM – 4:58PM** **Chitra Until 7:33AM**
Yama **12:34PM – 2:02PM** **Dhruva Until 4:57PM**
Rahu **4:58PM – 6:26PM** **Bava Until 11:41AM**
Chaturthi* Until 9:58PM

Ganesha: Blue *Sunrise:* 6:41AM
Muruqa: White *Sunset:* 6:26PM
Nataraja: Yellow
Moon – Green
Phalguna-Masi

Devaloka Day

Milan, Italy
Sun 2 Sutra 334
Khara 5113
Moon 2 - Phase 45
1st Phase

3

Monday, March 12, 2012

Tula Rasi: 20.22 Tithi 20
179817267
Family Home Evening
Routine Work Marana Yoga
Until 4:13AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika **2:02PM – 3:30PM** **Visakha Until 4:13AM Tue**
Yama **11:05AM – 12:33PM** **Vyaghata* Until 1:56PM**
Rahu **8:08AM – 9:36AM** **Kaulava Until 9:01AM**
Panchami Until 8:05PM

Ganesha: Red *Sunrise:* 6:39AM
Muruqa: White *Sunset:* 6:27PM
Nataraja: Yellow
Moon – Orange
Phalguna-Masi

Sivaloka Day

Milan, Italy
Sun 3 Sutra 335
Khara 5113
Moon 2 - Phase 45
1st Phase

4

Tuesday, March 13, 2012

Vrischika Rasi: 4.5 Tithi 21 – 22
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika **12:33PM – 2:02PM** **Anuradha Until 2:18AM Wed**
Yama **9:35AM – 11:04AM** **Harshana Until 10:32AM**
Rahu **3:31PM – 5:00PM** **Gara Until 6:19AM**
Shasthi* Until 5:24PM

Ganesha: Red *Sunrise:* 6:37AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: Yellow
Moon – Orange
Phalguna-Masi

Sivaloka Day

Milan, Italy
Sun 4 Sutra 336
Khara 5113
Moon 2 - Phase 45
1st Phase

5

Wednesday, March 14, 2012

Vrischika Rasi: 19 Tithi 22 – 23
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika **11:03AM – 12:33PM** **Jyeshtha* Until 12:51AM Thu**
Yama **8:05AM – 9:34AM** **Vajra* Until 7:36AM**
Rahu **12:33PM – 2:02PM** **Balava Until 2:18AM Thu**
Saptami Until 3:14PM

Ganesha: Red *Sunrise:* 6:36AM
Muruqa: White *Sunset:* 6:30PM
Nataraja: Yellow
Moon – Orange
Phalguna-Panguni

Sivaloka Day

Milan, Italy
Sun 5 Sutra 337
Khara 5113
Moon 2 - Phase 45
1st Phase



Thursday, March 15, 2012
Retreat Star

Dhanus Rasi: 2.53 Tithi 23 – 24
189817268
Creative Work Siddha Yoga
Until 8.10PM then no yoga
Until 11:55PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika **9:33AM – 11:03AM** **Mula* Until 11:55PM**
Yama **6:34AM – 8:03AM** **Vyatipata* Until 2:28AM Fri**
Rahu **2:02PM – 3:32PM** **Taitila Until 12:40AM Fri**
Ashtami* Until 1:36PM

Ganesha: Green *Sunrise:* 6:34AM
Muruqa: White *Sunset:* 6:31PM
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Sivaloka Day

Milan, Italy
Sun 6 Sutra 338
Khara 5113
Moon 2 - Phase 45
Ashtami

Friday, March 16, 2012
Retreat Star

Dhanus Rasi: 16.28 Tithi 24 – 25
189817268
Creative Work Siddha Yoga
Until 8.09PM then Marana Yoga
Until 12:49AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika **8:02AM – 9:32AM** **Purvashadha* Until 12:49AM Sat**
Yama **3:32PM – 5:02PM** **Variyan Until 1:47AM Sat**
Rahu **11:02AM – 12:32PM** **Vanija Until 1:02AM Sat**
Navami* Until 1:02PM

Ganesha: Green *Sunrise:* 6:32AM
Muruqa: White *Sunset:* 6:32PM
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Sivaloka Day


Milan, Italy
Sun 7 Sutra 339
Khara 5113
Moon 2 - Phase 45
Navami

1	Saturday, March 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Milan, Italy
	Dhanus Rasi: 29.49 Tithi 25 – 26 No Yoga Until 8.09PM then Amrita Yoga	189917268	Gulika 6:30AM – 8:00AM Yama 2:02PM – 3:33PM Rahu 9:31AM – 11:01AM	Uttarashadha Until 12:49AM Sun Parigha* Until 12:04AM Sun Bava Until 12:22AM Sun Dasami Until 12:22PM	Ganesha: White <i>Sunrise:</i> 6:30AM Muruqa: White <i>Sunset:</i> 6:34PM Nataraja: White Moon – Light Blue Phalguna-Panguni	Sun 8 Sutra 340 Khara 5113 Moon 2 - Phase 46 2nd Phase Sivaloka Day

2	Sunday, March 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Milan, Italy
	Makara Rasi: 12.55 Tithi 26 – 27 Creative Work Amrita Yoga Until 1:14AM Mon then Siddha Yoga	191917268	Gulika 3:33PM – 5:04PM Yama 12:32PM – 2:02PM Rahu 5:04PM – 6:35PM	Sravana Until 1:14AM Mon Shiva Until 10:45PM Kaulava Until 12:09AM Mon Ekadasi* Until 12:09PM	Ganesha: Purple <i>Sunrise:</i> 6:28AM Muruqa: White <i>Sunset:</i> 6:35PM Nataraja: White Moon – Purple Phalguna-Panguni	Sun 9 Sutra 341 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

3	Monday, March 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Milan, Italy
	Makara Rasi: 25.49 Tithi 27 – 28 Family Home Evening Creative Work Siddha Yoga Until 8.09PM then Marana Yoga	191917268	Gulika 2:03PM – 3:34PM Yama 11:00AM – 12:31PM Rahu 7:57AM – 9:29AM	Dhanishtha Until 2:02AM Tue Siddha Until 9:47PM Gara Until 12:20AM Tue Dvadasi* Until 12:20PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 6:26AM Muruqa: White <i>Sunset:</i> 6:36PM Nataraja: White Moon – Purple Phalguna-Panguni	Sun 10 Sutra 342 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

4	Tuesday, March 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Milan, Italy
	Kumbha Rasi: 8.32 Tithi 28 – 29 Routine Work Marana Yoga Until 8.08PM then Siddha Yoga Until 3:11AM Wed then Amrita Yoga	191917268	Gulika 12:31PM – 2:03PM Yama 9:28AM – 10:59AM Rahu 3:34PM – 5:06PM	Satabhisha Until 3:11AM Wed Sadhya Until 9:09PM Visti Until 12:53AM Wed Trayodasi* Until 12:53PM	Ganesha: Purple <i>Sunrise:</i> 6:24AM Muruqa: White <i>Sunset:</i> 6:38PM Nataraja: White Moon – Purple Phalguna-Panguni	Sun 11 Sutra 343 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

	Wednesday, March 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Milan, Italy
	Retreat Star Kumbha Rasi: 21.04 Tithi 29 – 30 Creative Work Amrita Yoga Until 8.08PM then Siddha Yoga	111917268	Gulika 10:59AM – 12:31PM Yama 7:54AM – 9:27AM Rahu 12:31PM – 2:03PM	Purvaprostapada* Until 6:32AM Thu Subha Until 9:57PM Catuspada Until 3:36AM Thu Chaturdasi* Until 2:31PM	Ganesha: Clear <i>Sunrise:</i> 6:22AM Muruqa: White <i>Sunset:</i> 6:39PM Nataraja: White Moon – Clear Phalguna-Panguni	Sun 12 Sutra 344 Khara 5113 Moon 2 - Phase 46 Amavasya Subha Sivaloka Day

	Thursday, March 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Milan, Italy
	Retreat Star Meena Rasi: 3.26 Tithi 30 – 1 Creative Work Siddha Yoga	111917268	Gulika 9:25AM – 10:58AM Yama 6:20AM – 7:53AM Rahu 2:03PM – 3:35PM	Uttaraprostapada Until 8:06AM Fri Sukla Until 9:55PM Kintughna Until 4:59AM Fri Amavasya* Until 3:53PM	Ganesha: Clear <i>Sunrise:</i> 6:20AM Muruqa: White <i>Sunset:</i> 6:40PM Nataraja: White Moon – Clear Chaitra-Panguni	Sun 13 Sutra 345 Khara 5113 Moon 2 - Phase 46 Prathama Subha Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

1	Friday, March 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Milan, Italy
	Meena Rasi: 15.37 Tithi 1 – 2	Gulika 7:51AM – 9:24AM Yama 3:36PM – 5:09PM Rahu 10:57AM – 12:30PM	Uttaraprostapada Until 8:06AM Brahma Until 10:11PM Balava Until 6:43AM Sat Prathama* Until 5:38PM	Ganesha: Clear <i>Sunrise:</i> 6:19AM Muruqa: White <i>Sunset:</i> 6:42PM Nataraja: White Moon – Clear Chaitra•Panguni	Sun 14 Sutra 346 Khara 5113 Moon 2 - Phase 47 3rd Phase
Creative Work Siddha Yoga Until 8.07PM then Prabalarishta Yoga		Subha Sivaloka Day			

2	Saturday, March 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Milan, Italy
	Meena Rasi: 27.4 Tithi 2	Gulika 6:17AM – 7:50AM Yama 2:03PM – 3:36PM Rahu 9:23AM – 10:56AM	Revati Until 10:41AM Indra Until 10:44PM Balava Until 6:37AM Dvitiya Until 7:42PM	Ganesha: Clear <i>Sunrise:</i> 6:17AM Muruqa: White <i>Sunset:</i> 6:43PM Nataraja: White Moon – Clear Chaitra•Panguni	Sun 15 Sutra 347 Khara 5113 Moon 2 - Phase 47 3rd Phase
Routine Work Prabalarishta Yoga Until 10:41AM then Siddha Yoga		Subha Sivaloka Day			
		Chellappaswami Mahasamadhi			

3	Sunday, March 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhrili* Yoga Tailila/Gara Karana Tritiya Yam Titau			Milan, Italy
	Mesha Rasi: 9.34 Tithi 3	Gulika 3:37PM – 5:10PM Yama 12:29PM – 2:03PM Rahu 5:10PM – 6:44PM	Asvini Until 1:32PM Vaidhrili* Until 11:32PM Tailila Until 8:58AM Tritiya Until 10:04PM	Ganesha: Orange <i>Sunrise:</i> 6:15AM Muruqa: White <i>Sunset:</i> 6:44PM Nataraja: White Moon – White Chaitra•Panguni	Sun 16 Sutra 348 Khara 5113 Moon 2 - Phase 47 3rd Phase
Creative Work Siddha Yoga Until 1:32PM then no yoga Until 8.07PM then Siddha Yoga		Subha Sivaloka Day			

4	Monday, March 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Chaturthi* Yam Titau			Milan, Italy
	Mesha Rasi: 21.23 Tithi 4	Gulika 2:03PM – 3:37PM Yama 10:55AM – 12:29PM Rahu 7:47AM – 9:21AM	Bharani Until 4:34PM Vishkambha* Until 12:30AM Tue Vanija Until 11:32AM Chaturthi* Until 12:37AM Tue	Ganesha: Orange <i>Sunrise:</i> 6:13AM Muruqa: White <i>Sunset:</i> 6:45PM Nataraja: White Moon – White Chaitra•Panguni	Sun 17 Sutra 349 Khara 5113 Moon 2 - Phase 47 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 4:34PM then no yoga Until 8.06PM then Siddha Yoga		Subha Sivaloka Day			

5	Tuesday, March 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau			Milan, Italy
	Vrishabha Rasi: 3.1 Tithi 5	Gulika 12:29PM – 2:03PM Yama 9:20AM – 10:54AM Rahu 3:38PM – 5:12PM	Krittika Until 7:41PM Priti Until 1:34AM Wed Bava Until 2:11PM Panchami Until 3:16AM Wed	Ganesha: Orange <i>Sunrise:</i> 6:11AM Muruqa: White <i>Sunset:</i> 6:47PM Nataraja: White Moon – White Chaitra•Panguni	Sun 18 Sutra 350 Khara 5113 Moon 2 - Phase 47 3rd Phase
Creative Work Siddha Yoga Until 7:41PM then Amrita Yoga Until 8.06PM then Siddha Yoga		Subha Sivaloka Day			

6	Wednesday, March 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava/Tailila Karana Shasthi* Yam Titau			Milan, Italy
	Vrishabha Rasi: 14.58 Tithi 6	Gulika 10:54AM – 12:29PM Yama 7:44AM – 9:19AM Rahu 12:29PM – 2:03PM	Rohini Until 10:45PM Ayushman Until 2:34AM Thu Kaulava Until 4:47PM Shasthi* Until 6:05AM Thu	Ganesha: Red <i>Sunrise:</i> 6:09AM Muruqa: White <i>Sunset:</i> 6:48PM Nataraja: White Moon – Yellow Chaitra•Panguni	Sun 19 Sutra 351 Khara 5113 Moon 2 - Phase 47 3rd Phase
Creative Work Siddha Yoga Until 8.06PM then Marana Yoga		Subha Sivaloka Day			

Retreat Star	Thursday, March 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau			Milan, Italy
	Vrishabha Rasi: 26.51 Tithi 6 – 7	Gulika 9:18AM – 10:53AM Yama 6:07AM – 7:42AM Rahu 2:03PM – 3:39PM	Mrigasira Until 1:38AM Fri Saubhagya Until 3:24AM Fri Gara Until 7:11PM Shasthi* Until 6:05AM	Ganesha: Red <i>Sunrise:</i> 6:07AM Muruqa: White <i>Sunset:</i> 6:49PM Nataraja: White Moon – Yellow Chaitra•Panguni	Sun 20 Sutra 352 Khara 5113 Moon 2 - Phase 47 3rd Phase
Routine Work Marana Yoga Until 8.06PM then Siddha Yoga		Subha Sivaloka Day			

Retreat Star	Friday, March 30, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visli* Karana Saptami/Ashtami* Yam Titau			Milan, Italy
	Mithuna Rasi: 8.56 Tithi 7 – 8	Gulika 7:41AM – 9:17AM Yama 3:39PM – 5:15PM Rahu 10:52AM – 12:28PM	Ardra Until 4:09AM Sat Sobhana Until 3:54AM Sat Visli Until 9:10PM Saptami Until 8:04AM	Ganesha: Red <i>Sunrise:</i> 6:05AM Muruqa: White <i>Sunset:</i> 6:51PM Nataraja: White Moon – Yellow Chaitra•Panguni	Sun 21 Sutra 353 Khara 5113 Moon 2 - Phase 47 Ashtami
Creative Work Siddha Yoga Until 4:09AM Sat then Marana Yoga		Subha Sivaloka Day			

Retreat Star	Saturday, March 31, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Milan, Italy
	Mithuna Rasi: 21.17 Tithi 8 – 9	Gulika 6:03AM – 7:40AM Yama 2:04PM – 3:40PM Rahu 9:16AM – 10:52AM	Punarvasu Until 4:15AM Sun Athiganda* Until 2:19AM Sun Balava Until 9:10PM Ashtami* Until 9:10AM	Ganesha: Blue <i>Sunrise:</i> 6:03AM Muruqa: White <i>Sunset:</i> 6:52PM Nataraja: White Moon – Blue Chaitra•Panguni	Sun 22 Sutra 354 Khara 5113 Moon 2 - Phase 47 Navami
Routine Work Marana Yoga Until 8.05PM then Siddha Yoga		Sri Rama Navami	Sivaloka Day		

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

1	Sunday, April 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dasami Yam Titau	Milan, Italy
	Kataka Rasi: 4.01 Tithi 9 – 10 142917268	Gulika 3:40PM – 5:16PM Yama 12:28PM – 2:04PM Rahu 5:16PM – 6:52PM	Sun 23 Sutra 355 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga	Pushya Until 5:22AM Mon Sukarma Until 1:40AM Mon Taitila Until 9:42PM Navami* Until 9:42AM	Ganesha: Blue <i>Sunrise: 6:03AM</i> Muruqa: White <i>Sunset: 6:52PM</i> Nataraja: White Moon – Blue Chaitra•Panguni
			Sivaloka Day

2	Monday, April 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Milan, Italy
	Kataka Rasi: 17.1 Tithi 10 – 11 Family Home Evening 142917268	Gulika 2:04PM – 3:40PM Yama 10:51AM – 12:27PM Rahu 7:38AM – 9:14AM	Sun 24 Sutra 356 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga	Aslesha* Until 4:00AM Tue Dhriti Until 11:04PM Vanija Until 8:10PM Dasami Until 9:05AM	Ganesha: Blue <i>Sunrise: 6:02AM</i> Muruqa: White <i>Sunset: 6:53PM</i> Nataraja: White Moon – Blue Chaitra•Panguni
		Yogaswami Mahasamadhi	Sivaloka Day

3	Tuesday, April 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Milan, Italy
	Simha Rasi: 0.48 Tithi 11 – 12 152917268	Gulika 12:27PM – 2:04PM Yama 9:13AM – 10:50AM Rahu 3:41PM – 5:18PM	Sun 25 Sutra 357 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga	Magha* Until 3:29AM Wed Shula* Until 9:00PM Bava Until 6:58PM Ekadasi Until 7:53AM	Ganesha: Yellow <i>Sunrise: 6:00AM</i> Muruqa: White <i>Sunset: 6:54PM</i> Nataraja: White Moon – Red Chaitra•Panguni
Until 3:29AM Wed then Amrita Yoga			Subha Sivaloka Day

4	Wednesday, April 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Milan, Italy
	Simha Rasi: 14.55 Tithi 13 152917268	Gulika 10:50AM – 12:27PM Yama 7:35AM – 9:12AM Rahu 12:27PM – 2:04PM	Sun 26 Sutra 358 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Amrita Yoga	Purvaphalguni* Until 12:48AM Thu Ganda* Until 5:24PM Kaulava Until 4:06PM Trayodasi Until 2:23AM Thu <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise: 5:58AM</i> Muruqa: White <i>Sunset: 6:56PM</i> Nataraja: White Moon – Red Chaitra•Panguni
Until 8:04PM then no yoga			Subha Sivaloka Day
Until 12:48AM Thu then Prabalarishta Yoga			

5	Thursday, April 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Milan, Italy
	Simha Rasi: 29.28 Tithi 14 152917268	Gulika 9:11AM – 10:49AM Yama 5:56AM – 7:34AM Rahu 2:04PM – 3:42PM	Sun 27 Sutra 359 Khara 5113 Moon 2 - Phase 48 4th Phase
Routine Work	Prabalarishta Yoga	Uttaraphalguni Until 10:51PM Vridhi Until 2:06PM Gara Until 1:25PM Chaturdasi* Until 11:42PM	Ganesha: Yellow <i>Sunrise: 5:56AM</i> Muruqa: White <i>Sunset: 6:57PM</i> Nataraja: White Moon – Red Chaitra•Panguni
Until 8:04PM then Siddha Yoga			Subha Sivaloka Day
Until 10:51PM then Amrita Yoga			

○	Friday, April 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Milan, Italy
	Kanya Rasi: 14.22 Tithi 15 162917268	Gulika 7:32AM – 9:10AM Yama 3:42PM – 5:20PM Rahu 10:48AM – 12:26PM	Sun 28 Sutra 360 Khara 5113 Moon 2 - Phase 48 Purnima
Creative Work	Amrita Yoga	Hasta Until 8:22PM Dhruva Until 10:18AM Visti Until 10:09AM Purnima* Until 8:26PM	Ganesha: White <i>Sunrise: 5:54AM</i> Muruqa: White <i>Sunset: 6:58PM</i> Nataraja: White Moon – Green Chaitra•Panguni
Until 8:04PM then Marana Yoga		Panguni Uttiram Hanuman Jayanti	Sivaloka Day

○	Saturday, April 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Prathama*/Dvitiya Yam Titau	Milan, Italy
	Kanya Rasi: 29.26 Tithi 16 – 17 162917268	Gulika 5:52AM – 7:31AM Yama 2:04PM – 3:43PM Rahu 9:09AM – 10:48AM	Sun 29 Sutra 361 Khara 5113 Moon 2 - Phase 48 Prathama
Routine Work	Marana Yoga	Chitra Until 5:33PM Vyaghata* Until 6:11AM Balava Until 6:33AM Prathama* Until 4:50PM	Ganesha: White <i>Sunrise: 5:52AM</i> Muruqa: White <i>Sunset: 6:59PM</i> Nataraja: White Moon – Green Chaitra•Panguni
Until 5:33PM then Siddha Yoga			Sivaloka Day



Sunday, April 8, 2012
Gold Retreat Star

Tula Rasi: 14.35 Tithi 17 – 18
162917268
Creative Work Siddha Yoga
Until 2:40PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 3:43PM – 5:22PM **Svati Until 2:40PM**
Yama 12:26PM – 2:04PM **Vajra* Until 10:01PM**
Rahu 5:22PM – 7:01PM **Vanija Until 11:26PM**
Dvitiya Until 1:09PM

Ganesha: White *Sunrise: 5:50AM*
Muruqa: White *Sunset: 7:01PM*
Nataraja: White
Moon – Green
Chaitra•Panguni

Milan, Italy
Sun 1 Sutra 362
Khara 5113
Moon 3 - Phase 49
1st Phase
Sivaloka Day

1

Monday, April 9, 2012

Tula Rasi: 29.37 Tithi 18 – 19
172917268
Family Home Evening
Routine Work Marana Yoga
Until 11:58AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 2:05PM – 3:44PM **Visakha Until 11:58AM**
Yama 10:46AM – 12:25PM **Siddhi Until 6:00PM**
Rahu 7:28AM – 9:07AM **Bava Until 7:55PM**
Tritiya Until 9:38AM

Ganesha: Clear *Sunrise: 5:49AM*
Muruqa: White *Sunset: 7:02PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Milan, Italy
Sun 2 Sutra 363
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

2

Tuesday, April 10, 2012

Vrischika Rasi: 14.24 Tithi 19 – 20
172117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Taitila Karana Chaturthi*/Panchami Yam Titau
Gulika 12:25PM – 2:05PM **Anuradha Until 9:53AM**
Yama 9:06AM – 10:46AM **Vyatipata* Until 2:53PM**
Rahu 3:44PM – 5:24PM **Taitila Until 4:43AM Wed**
Chaturthi* Until 6:34AM

Ganesha: Red *Sunrise: 5:47AM*
Muruqa: White *Sunset: 7:03PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Milan, Italy
Sun 3 Sutra 364
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

3

Wednesday, April 11, 2012

Vrischika Rasi: 28.52 Tithi 21
173117268
Creative Work Siddha Yoga
Until 7:57AM then Marana Yoga
Until 8:02PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 10:45AM – 12:25PM **Jyeshtha* Until 7:57AM**
Yama 7:25AM – 9:05AM **Variyan Until 11:31AM**
Rahu 12:25PM – 2:05PM **Gara Until 2:55PM**
Shasthi* Until 2:00AM Thu

Ganesha: Blue *Sunrise: 5:45AM*
Muruqa: White *Sunset: 7:05PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Milan, Italy
Sun 4 Sutra 365
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Subha Sivaloka Day

4

Thursday, April 12, 2012

Dhanus Rasi: 12.56 Tithi 22
183117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 9:04AM – 10:44AM **Mula* Until 6:41AM**
Yama 5:43AM – 7:24AM **Parigha* Until 8:45AM**
Rahu 2:05PM – 3:45PM **Visti Until 12:54PM**
Saptami Until 11:58PM

Ganesha: Red *Sunrise: 5:43AM*
Muruqa: White *Sunset: 7:06PM*
Nataraja: White
Moon – Light Blue
Chaitra•Panguni

Milan, Italy
Sun 5 Sutra 366
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day



Friday, April 13, 2012
Retreat Star

Dhanus Rasi: 26.37 Tithi 23
183117268
Creative Work Siddha Yoga
Until 8:02PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 7:22AM – 9:03AM **Purvashadha* Until 6:05AM**
Yama 3:46PM – 5:26PM **Shiva Until 6:40AM**
Rahu 10:44AM – 12:24PM **Balava Until 12:04PM**
Ashtami* Until 12:04AM Sat

Ganesha: Red *Sunrise: 5:41AM*
Muruqa: White *Sunset: 7:07PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Milan, Italy
Sun 6 Sutra 1
Nandana 5114
Moon 3 - Phase 49
Ashtami
Subha Sivaloka Day

Saturday, April 14, 2012
Retreat Star

Makara Rasi: 9.56 Tithi 24
283117268
No Yoga
Until 6:07AM then Siddha Yoga
Until 8:01PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 5:40AM – 7:21AM **Uttarashadha Until 6:07AM**
Yama 2:05PM – 3:46PM **Sadhya Until 3:53AM Sun**
Rahu 9:02AM – 10:43AM **Taitila Until 11:24AM**
Navami* Until 11:24PM

Ganesha: Blue *Sunrise: 5:40AM*
Muruqa: White *Sunset: 7:08PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Milan, Italy
Sun 7 Sutra 2
Nandana 5114
Moon 3 - Phase 49
Navami
Subha Subha Sivaloka Day

Chidambaram Abhishekam


1	Sunday, April 15, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Subha Yoga Vanija/Vistii* Karana Dasami Yam Titau			Milan, Italy
	Makara Rasi: 22.55 Tithi 25 293117268	Gulika 3:47PM – 5:28PM Yama 12:24PM – 2:05PM Rahu 5:28PM – 7:10PM	Sravana Until 6:46AM Subha Until 2:48AM Mon Vanija Until 11:23AM Dasami Until 11:23PM	Ganesha: Red <i>Sunrise: 5:38AM</i> Muruqa: White <i>Sunset: 7:10PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra	Sun 8 Sutra 3 Nandana 5114 Moon 3 - Phase 1 2nd Phase Subha Sivaloka Day
	Creative Work Amrita Yoga Until 6:46AM then Siddha Yoga				

2	Monday, April 16, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau			Milan, Italy
	Kumbha Rasi: 5.38 Tithi 26 Family Home Evening 293117268 Creative Work Siddha Yoga Until 8:01PM then Marana Yoga	Gulika 2:05PM – 3:47PM Yama 10:42AM – 12:24PM Rahu 7:18AM – 9:00AM	Dhanishtha Until 8:05AM Sukla Until 3:45AM Tue Bava Until 11:56AM Ekadasi* Until 11:56PM	Ganesha: Red <i>Sunrise: 5:36AM</i> Muruqa: White <i>Sunset: 7:11PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra	Sun 9 Sutra 4 Nandana 5114 Moon 3 - Phase 1 2nd Phase Subha Sivaloka Day

3	Tuesday, April 17, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi* Yam Titau			Milan, Italy
	Kumbha Rasi: 18.07 Tithi 27 293117268	Gulika 12:23PM – 2:06PM Yama 8:59AM – 10:41AM Rahu 3:48PM – 5:30PM	Satabhisha Until 9:47AM Brahma Until 3:32AM Wed Kaulava Until 1:33PM Dvadasi* Until 2:39AM Wed	Ganesha: Red <i>Sunrise: 5:34AM</i> Muruqa: White <i>Sunset: 7:12PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra	Sun 10 Sutra 5 Nandana 5114 Moon 3 - Phase 1 2nd Phase Subha Sivaloka Day
	Routine Work Marana Yoga Until 8:01PM then Amrita Yoga				

4	Wednesday, April 18, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Milan, Italy
	Meena Rasi: 0.24 Tithi 28 213117268	Gulika 10:40AM – 12:23PM Yama 7:15AM – 8:58AM Rahu 12:23PM – 2:06PM	Purvaprostapada* Until 11:53AM Indra Until 3:39AM Thu Gara Until 3:03PM Trayodasi* Until 4:09AM Thu <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise: 5:33AM</i> Muruqa: White <i>Sunset: 7:14PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra	Sun 11 Sutra 6 Nandana 5114 Moon 3 - Phase 1 2nd Phase Subha Sivaloka Day
	Creative Work Amrita Yoga Until 11:53AM then Siddha Yoga				

5	Thursday, April 19, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vaidhriti* Yoga Vistii*/Sakuni* Karana Chaturdasi* Yam Titau			Milan, Italy
	Meena Rasi: 12.32 Tithi 29 213117268	Gulika 8:57AM – 10:40AM Yama 5:31AM – 7:14AM Rahu 2:06PM – 3:49PM	Uttaraprostapada Until 2:17PM Vaidhriti* Until 4:04AM Fri Vistii Until 4:54PM Chaturdasi* Until 5:59AM Fri	Ganesha: Clear <i>Sunrise: 5:31AM</i> Muruqa: White <i>Sunset: 7:15PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra	Sun 12 Sutra 7 Nandana 5114 Moon 3 - Phase 1 2nd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga				

	Friday, April 20, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Asvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasya* Yam Titau			Milan, Italy
	Retreat Star Meena Rasi: 24.32 Tithi 30 213117268	Gulika 7:13AM – 8:56AM Yama 3:49PM – 5:33PM Rahu 10:39AM – 12:23PM	Revati Until 4:57PM Vishkambha* Until 4:43AM Sat Catuspada Until 7:02PM Amavasya* Until 8:17AM Sat	Ganesha: Clear <i>Sunrise: 5:29AM</i> Muruqa: White <i>Sunset: 7:16PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra	Sun 13 Sutra 8 Nandana 5114 Moon 3 - Phase 1 Amavasya Subha Sivaloka Day
	Creative Work Siddha Yoga Until 4:57PM then Amrita Yoga Until 8:00PM then Siddha Yoga				

	Saturday, April 21, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Milan, Italy
	Retreat Star Mesha Rasi: 6.26 Tithi 30 – 1 223117268	Gulika 5:28AM – 7:11AM Yama 2:06PM – 3:50PM Rahu 8:55AM – 10:39AM	Asvini Until 7:49PM Priti Until 5:34AM Sun Kintughna Until 9:23PM Amavasya* Until 8:17AM	Ganesha: Orange <i>Sunrise: 5:28AM</i> Muruqa: White <i>Sunset: 7:17PM</i> Nataraja: White Moon – White Vaisaka-Chaitra	Sun 14 Sutra 9 Nandana 5114 Moon 3 - Phase 1 Prathama Subha Sivaloka Day
	Creative Work Siddha Yoga Until 8:00PM then no yoga				

1	Sunday, April 22, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama* Dvitiya Yam Titau				Milan, Italy
	Mesha Rasi: 18.15 Tithi 1 – 2 223117268	Gulika 3:50PM – 5:35PM Yama 12:22PM – 2:06PM Rahu 5:35PM – 7:19PM	Bharani Until 10:50PM Ayushman Until 7:00AM Mon Balava Until 11:54PM Prathama* Until 10:48AM	Ganesha: Orange <i>Sunrise:</i> 5:26AM Muruqa: White <i>Sunset:</i> 7:19PM Nataraja: White Moon – White Vaisaka-Chaitra	Sun 15 Sutra 10 Nandana 5114 Moon 3 - Phase 2 3rd Phase	
No Yoga Until 8.00PM then Siddha Yoga Until 10:50PM then no yoga		Subha Sivaloka Day				

2	Monday, April 23, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Milan, Italy
	Wrishabha Rasi: 0.02 Tithi 2 – 3 Family Home Evening 223117268	Gulika 2:07PM – 3:51PM Yama 10:38AM – 12:22PM Rahu 7:09AM – 8:53AM	Krittika Until 1:56AM Tue Ayushman Until 7:00AM Taitila Until 2:30AM Tue Dvitiya Until 1:24PM	Ganesha: Orange <i>Sunrise:</i> 5:24AM Muruqa: White <i>Sunset:</i> 7:20PM Nataraja: White Moon – White Vaisaka-Chaitra	Sun 16 Sutra 11 Nandana 5114 Moon 3 - Phase 2 3rd Phase	
No Yoga Until 7.59PM then Siddha Yoga Until 1:56AM Tue then Amrita Yoga		Subha Sivaloka Day				

3	Tuesday, April 24, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Milan, Italy
	Wrishabha Rasi: 11.49 Tithi 3 – 4 233117269	Gulika 12:22PM – 2:07PM Yama 8:52AM – 10:37AM Rahu 3:52PM – 5:36PM	Rohini Until 5:02AM Wed Saubhagya Until 8:04AM Vanija Until 5:06AM Wed Tritiya Until 4:00PM	Ganesha: Clear <i>Sunrise:</i> 5:23AM Muruqa: White <i>Sunset:</i> 7:21PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 17 Sutra 12 Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Creative Work Amrita Yoga Until 7.59PM then Siddha Yoga		Sivaloka Day				

4	Wednesday, April 25, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Sobhana/Athiganda* Yoga Visti* Karana Chaturthi* Yam Titau				Milan, Italy
	Wrishabha Rasi: 23.39 Tithi 4 234117269	Gulika 10:37AM – 12:22PM Yama 7:06AM – 8:51AM Rahu 12:22PM – 2:07PM	Mrigasira Until 8:09AM Thu Sobhana Until 9:02AM Visti Until 7:35AM Thu Chaturthi* Until 6:29PM	Ganesha: White <i>Sunrise:</i> 5:21AM Muruqa: White <i>Sunset:</i> 7:22PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 18 Sutra 13 Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Creative Work Siddha Yoga Until 7.59PM then Marana Yoga		Devaloka Day				

5	Thursday, April 26, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau				Milan, Italy
	Mithuna Rasi: 5.35 Tithi 5 234117269	Gulika 8:50AM – 10:36AM Yama 5:19AM – 7:05AM Rahu 2:07PM – 3:53PM	Mrigasira Until 8:09AM Athiganda* Until 9:48AM Bava Until 7:39AM Panchami Until 8:44PM	Ganesha: White <i>Sunrise:</i> 5:19AM Muruqa: White <i>Sunset:</i> 7:24PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 19 Sutra 14 Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Routine Work Marana Yoga Until 7.59PM then Siddha Yoga		Devaloka Day				

6	Friday, April 27, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Milan, Italy
	Mithuna Rasi: 17.43 Tithi 6 234117269	Gulika 7:04AM – 8:50AM Yama 3:53PM – 5:39PM Rahu 10:36AM – 12:21PM	Ardra Until 10:35AM Sukarma Until 10:15AM Kaulava Until 9:31AM Shasthi* Until 10:36PM	Ganesha: White <i>Sunrise:</i> 5:18AM Muruqa: White <i>Sunset:</i> 7:25PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 20 Sutra 15 Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Creative Work Siddha Yoga Until 7.59PM then Marana Yoga		Devaloka Day				

Retreat Star	Saturday, April 28, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau				Milan, Italy
	Kataka Rasi: 0.04 Tithi 7 244117269	Gulika 5:16AM – 7:03AM Yama 2:07PM – 3:54PM Rahu 8:49AM – 10:35AM	Punarvasu Until 12:01PM Dhriti Until 9:57AM Gara Until 10:26AM Saptami Until 10:26PM	Ganesha: Clear <i>Sunrise:</i> 5:16AM Muruqa: White <i>Sunset:</i> 7:26PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 21 Sutra 16 Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Routine Work Marana Yoga Until 12:01PM then Siddha Yoga		Sivaloka Day				

Retreat Star	Sunday, April 29, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Milan, Italy
	Kataka Rasi: 12.46 Tithi 8 244117269	Gulika 3:54PM – 5:41PM Yama 12:21PM – 2:08PM Rahu 5:41PM – 7:27PM	Pushya Until 1:13PM Shula* Until 9:23AM Visti Until 11:01AM Ashtami* Until 11:01PM	Ganesha: Clear <i>Sunrise:</i> 5:15AM Muruqa: White <i>Sunset:</i> 7:27PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 22 Sutra 17 Nandana 5114 Moon 3 - Phase 2 Ashtami	
Creative Work Siddha Yoga		Sivaloka Day				

Retreat Star	Monday, April 30, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Viddhi Yoga Balava/Kaulava Karana Navami* Yam Titau				Milan, Italy
	Kataka Rasi: 25.5 Tithi 9 Family Home Evening 244117269	Gulika 2:08PM – 3:55PM Yama 10:34AM – 12:21PM Rahu 7:00AM – 8:47AM	Aslesha* Until 1:08PM Ganda* Until 8:10AM Balava Until 10:26AM Navami* Until 9:30PM	Ganesha: Clear <i>Sunrise:</i> 5:13AM Muruqa: White <i>Sunset:</i> 7:29PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 23 Sutra 18 Nandana 5114 Moon 3 - Phase 2 Navami	
Creative Work Siddha Yoga		Sivaloka Day				


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. *Krishna Yajur Veda, Maitu 4.3. bo UpR, 810*

1	Tuesday, May 1, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Milan, Italy
	Simha Rasi: 9.22	Tithi 10	254117269	Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau	Sun 24 Sutra 19 Nandana 5114
Creative Work	Siddha Yoga			Ganesha: Purple Sunrise: 5:10AM	
Until 7.58PM then Amrita Yoga				Muruqa: White Sunset: 7:31PM	Moon 3 - Phase 3
				Nataraja: Clear	4th Phase
				Moon - Red	
				Vaisaka-Chaitra	Devaloka Day

2	Wednesday, May 2, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Milan, Italy
	Simha Rasi: 23.2	Tithi 11	254117269	Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Sun 25 Sutra 20 Nandana 5114
Creative Work	Amrita Yoga			Ganesha: Purple Sunrise: 5:09AM	
Until 7.58PM then Prabalarishta Yoga				Muruqa: White Sunset: 7:32PM	Moon 3 - Phase 3
				Nataraja: Clear	4th Phase
				Moon - Red	
				Vaisaka-Chaitra	Devaloka Day

3	Thursday, May 3, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Milan, Italy
	Kanya Rasi: 7.46	Tithi 12 - 13	254117269	Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Sun 26 Sutra 21 Nandana 5114
Routine Work	Prabalarishta Yoga			Ganesha: Purple Sunrise: 5:07AM	
Until 9:34AM then no yoga				Muruqa: White Sunset: 7:34PM	Moon 3 - Phase 3
Until 7.58PM then Amrita Yoga				Nataraja: Clear	4th Phase
				Moon - Red	
				Vaisaka-Chaitra	Devaloka Day
					<i>Pradosha Vrata</i>

4	Friday, May 4, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			Milan, Italy
	Kanya Rasi: 22.35	Tithi 13 - 14	264117269	Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Sun 27 Sutra 22 Nandana 5114
Creative Work	Amrita Yoga			Ganesha: Clear Sunrise: 5:06AM	
Until 7:12AM then Siddha Yoga				Muruqa: White Sunset: 7:35PM	Moon 3 - Phase 3
Until 7.58PM then Marana Yoga				Nataraja: Clear	4th Phase
				Moon - Green	
				Vaisaka-Chaitra	Sivaloka Day

	Saturday, May 5, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Milan, Italy
	Copper Retreat Star	Tithi 14 - 15	264217269	Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Sutra 23 Nandana 5114
Creative Work	Siddha Yoga			Ganesha: White Sunrise: 5:05AM	
Until 1:44AM Sun then Marana Yoga				Muruqa: White Sunset: 7:36PM	Moon 3 - Phase 3
				Nataraja: Clear	Purnima
				Moon - Green	
				Vaisaka-Chaitra	Subha Sivaloka Day

Sunday, May 6, 2012	Silver Retreat Star	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Milan, Italy
	Tula Rasi: 22.52	Tithi 16	274217269	Visakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau	Sutra 24 Nandana 5114
Routine Work	Marana Yoga			Ganesha: Yellow Sunrise: 5:03AM	
Until 10:44PM then Siddha Yoga				Muruqa: White Sunset: 7:37PM	Moon 3 - Phase 3
				Nataraja: Clear	Prathama
				Moon - Orange	
				Vaisaka-Chaitra	Sivaloka Day