



**Tuesday, April 19, 2011**  
**Gold Retreat Star**

Tula Rasi: 19.32      Tithi 17  
272456158  
Creative Work    Siddha Yoga  
Until 6:44AM then Marana Yoga  
Until 9:02PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    12:05PM – 1:46PM    **Svati Until 6:44AM**  
**Yama**      8:43AM – 10:24AM    **Siddhi Until 7:33PM**  
**Rahu**      3:27PM – 5:08PM      **Taitila Until 11:31AM**  
**Dvitiya Until 9:48PM**

**Ganesha:** White    *Sunrise:* 5:21AM  
**Muruqa:** Yellow    *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Green  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sutra 7**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**1**

**Wednesday, April 20, 2011**

Wrischika Rasi: 4.15      Tithi 18  
272456158  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    10:24AM – 12:05PM    **Anuradha Until 3:17AM Thu**  
**Yama**      7:01AM – 8:42AM      **Vyatipata\* Until 4:42PM**  
**Rahu**      12:05PM – 1:46PM      **Vanija Until 8:44AM**  
**Tritiya Until 7:49PM**

**Ganesha:** Yellow    *Sunrise:* 5:20AM  
**Muruqa:** Yellow    *Sunset:* 6:50PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sutra 8**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**2**

**Thursday, April 21, 2011**

Wrischika Rasi: 18.32      Tithi 19 – 20  
272456158  
Creative Work    Siddha Yoga  
Until 9:01PM then Prabalarishta Yoga  
Until 1:39AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    8:42AM – 10:23AM    **Jyeshtha\* Until 1:39AM Fri**  
**Yama**      5:18AM – 7:00AM      **Variyan Until 1:36PM**  
**Rahu**      1:46PM – 3:28PM      **Bava Until 6:18AM**  
**Chaturthi\* Until 5:23PM**

**Ganesha:** Yellow    *Sunrise:* 5:18AM  
**Muruqa:** Yellow    *Sunset:* 6:51PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sutra 9**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**3**

**Friday, April 22, 2011**

Dhanus Rasi: 2.22      Tithi 20 – 21  
282456158  
No Yoga  
Until 9:01PM then Siddha Yoga  
Until 2:15AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    6:59AM – 8:41AM      **Mula\* Until 2:15AM Sat**  
**Yama**      3:28PM – 5:10PM      **Parigha\* Until 11:38AM**  
**Rahu**      10:23AM – 12:05PM    **Gara Until 4:38AM Sat**  
**Panchami Until 4:38PM**

**Ganesha:** Blue      *Sunrise:* 5:17AM  
**Muruqa:** Yellow    *Sunset:* 6:52PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sutra 10**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**4**

**Saturday, April 23, 2011**

Dhanus Rasi: 15.43      Tithi 21 – 22  
282466158  
Routine Work    Marana Yoga  
Until 9:01PM then Siddha Yoga  
Until 2:14AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    5:15AM – 6:58AM      **Purvashadha\* Until 2:14AM Sun**  
**Yama**      1:47PM – 3:29PM      **Shiva Until 9:56AM**  
**Rahu**      8:40AM – 10:22AM    **Visti Until 3:54AM Sun**  
**Shasthi\* Until 3:54PM**

**Ganesha:** Blue      *Sunrise:* 5:15AM  
**Muruqa:** Red      *Sunset:* 6:53PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sutra 11**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**5**

**Sunday, April 24, 2011**

Dhanus Rasi: 28.37      Tithi 22 – 23  
282466158  
Creative Work    Amrita Yoga  
Until 9:01PM then Marana Yoga  
Until 3:01AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    3:29PM – 5:12PM      **Uttarashadha Until 3:01AM Mon**  
**Yama**      12:04PM – 1:47PM      **Siddha Until 9:00AM**  
**Rahu**      5:12PM – 6:54PM      **Balava Until 4:02AM Mon**  
**Saptami Until 4:02PM**

**Ganesha:** Blue      *Sunrise:* 5:14AM  
**Muruqa:** Red      *Sunset:* 6:54PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sutra 12**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**D**

**Monday, April 25, 2011**  
**Retreat Star**

Makara Rasi: 11.1      Tithi 23 – 24  
293466159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 9:00PM then Siddha Yoga  
Until 6:21AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    1:47PM – 3:30PM      **Sravana Until 6:21AM Tue**  
**Yama**      10:21AM – 12:04PM    **Sadhya Until 8:54AM**  
**Rahu**      6:55AM – 8:38AM      **Taitila Until 6:59AM Tue**  
**Ashtami\* Until 5:54PM**

**Ganesha:** Green    *Sunrise:* 5:13AM  
**Muruqa:** Red      *Sunset:* 6:56PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sutra 13**  
Khara 5113  
Moon 4 - Phase 1  
Ashtami

**Devaloka Day**

**Tuesday, April 26, 2011**  
**Retreat Star**


Makara Rasi: 23.25      Tithi 24  
293466159  
Routine Work    Marana Yoga  
Until 9:00PM then Prabalarishta Yoga  
Until 8:24AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    12:04PM – 1:47PM    **Dhanishtha Until 8:24AM Wed**  
**Yama**      8:38AM – 10:21AM    **Subha Until 9:05AM**  
**Rahu**      3:30PM – 5:13PM      **Taitila Until 6:22AM**  
**Navami\* Until 7:28PM**

**Ganesha:** Green    *Sunrise:* 5:11AM  
**Muruqa:** Red      *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sutra 14**  
Khara 5113  
Moon 4 - Phase 1  
Navami

**Devaloka Day**

<b>1</b>	<b>Wednesday, April 27, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau				Istanbul, Turkey
	Kumbha Rasi: 5.28	Tithi 25	<b>Gulika</b> 10:20AM – 12:04PM	<b>Dhanishtha</b> Until 8:24AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:10AM	<b>Sutra 15</b> Khara 5113
		293566159	<b>Yama</b> 6:53AM – 8:37AM	Sukla Until 9:39AM	<b>Muruqa:</b> Red	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 2
			<b>Rahu</b> 12:04PM – 1:47PM	Vanija Until 8:22AM	<b>Nataraja:</b> Purple		2nd Phase
	Routine Work Prabalarishta Yoga			<b>Dasami</b> Until 9:28PM	<b>Chaitra-Chaitra</b>		<b>Sivaloka Day</b>
	Until 8:24AM then Siddha Yoga						
	Until 9:00PM then Marana Yoga						
<b>2</b>	<b>Thursday, April 28, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau				Istanbul, Turkey
	Kumbha Rasi: 17.24	Tithi 26	<b>Gulika</b> 8:36AM – 10:20AM	<b>Satabhisha</b> Until 11:12AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:08AM	<b>Sutra 16</b> Khara 5113
		293566159	<b>Yama</b> 5:08AM – 6:52AM	Brahma Until 10:26AM	<b>Muruqa:</b> Red	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2
			<b>Rahu</b> 1:47PM – 3:31PM	Bava Until 10:38AM	<b>Nataraja:</b> Purple		2nd Phase
	Routine Work Marana Yoga			<b>Ekadasi*</b> Until 11:44PM	<b>Chaitra-Chaitra</b>		<b>Sivaloka Day</b>
	Until 11:12AM then Siddha Yoga						
<b>3</b>	<b>Friday, April 29, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau				Istanbul, Turkey
	Kumbha Rasi: 29.16	Tithi 27	<b>Gulika</b> 6:51AM – 8:35AM	<b>Purvaprostapada*</b> Until 2:07PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM	<b>Sutra 17</b> Khara 5113
		213566159	<b>Yama</b> 3:32PM – 5:16PM	Indra Until 11:20AM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2
			<b>Rahu</b> 10:19AM – 12:03PM	Kaulava Until 1:02PM	<b>Nataraja:</b> Purple		2nd Phase
	Creative Work Siddha Yoga			<b>Dvdadasi*</b> Until 2:08AM Sat	<b>Chaitra-Chaitra</b>		<b>Sivaloka Day</b>
	Until 9:00PM then Amrita Yoga						
<b>4</b>	<b>Saturday, April 30, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manu Vasara Yuktayam Uttaraprostapada*/Revall Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Istanbul, Turkey
	Meena Rasi: 11.08	Tithi 28	<b>Gulika</b> 5:06AM – 6:50AM	<b>Uttaraprostapada</b> Until 5:03PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:06AM	<b>Sutra 18</b> Khara 5113
		213566159	<b>Yama</b> 1:48PM – 3:32PM	Vaidhriti* Until 12:15PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 2
			<b>Rahu</b> 8:34AM – 10:19AM	Gara Until 3:27PM	<b>Nataraja:</b> Purple		2nd Phase
	Creative Work Siddha Yoga			<b>Trayodasi*</b> Until 4:33AM Sun	<b>Chaitra-Chaitra</b>		<b>Sivaloka Day</b>
	Until 5:03PM then Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			
	Until 9:00PM then Amrita Yoga						
<b>5</b>	<b>Sunday, May 1, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Istanbul, Turkey
	Meena Rasi: 23.02	Tithi 29	<b>Gulika</b> 3:32PM – 5:17PM	<b>Revati</b> Until 7:55PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	<b>Sutra 19</b> Khara 5113
		213566159	<b>Yama</b> 12:03PM – 1:48PM	Vishkambha* Until 1:07PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2
			<b>Rahu</b> 5:17PM – 7:02PM	Visti Until 5:48PM	<b>Nataraja:</b> Purple		2nd Phase
	Creative Work Amrita Yoga			<b>Chaturdasi*</b> Until 6:54AM Mon	<b>Chaitra-Chaitra</b>		<b>Sivaloka Day</b>
	Until 7:55PM then Siddha Yoga						
	<b>Monday, May 2, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		<b>Gulika</b> 1:48PM – 3:33PM	<b>Asvini</b> Until 10:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:03AM	<b>Sutra 20</b> Khara 5113
Mesha Rasi: 5	Tithi 29 – 30		<b>Yama</b> 10:18AM – 12:03PM	Priti Until 1:51PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 2
<b>Family Home Evening</b>	223566159		<b>Rahu</b> 6:48AM – 8:33AM	Catuspada Until 7:59PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work Siddha Yoga				<b>Chaturdasi*</b> Until 6:54AM	<b>Chaitra-Chaitra</b>		<b>Sivaloka Day</b>
	Until 8:59PM then Marana Yoga						
	Until 1:13AM Wed then Amrita Yoga						
<b>Tuesday, May 3, 2011</b>	<b>Retreat Star</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Istanbul, Turkey
	Mesha Rasi: 17.04	Tithi 30 – 1	<b>Gulika</b> 12:03PM – 1:48PM	<b>Bharani</b> Until 1:13AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:02AM	<b>Sutra 21</b> Khara 5113
		223566159	<b>Yama</b> 8:32AM – 10:18AM	Ayushman Until 2:25PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2
			<b>Rahu</b> 3:33PM – 5:19PM	Kintughna Until 9:59PM	<b>Nataraja:</b> Purple		Prathama
	Creative Work Siddha Yoga			<b>Amavasya*</b> Until 8:53AM	<b>Vaisaka-Chaitra</b>		<b>Sivaloka Day</b>
	Until 8:59PM then Marana Yoga						
	Until 1:13AM Wed then Amrita Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Wednesday, May 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Istanbul, Turkey	
	Mesha Rasi: 29.14	Tithi 1 – 2	223566159		<b>Sutra 22</b> Khara 5113 Moon 4 - Phase 3 3rd Phase	
	Creative Work	Amrita Yoga				
	Until 8.59PM then Marana Yoga		<b>Gulika</b> 10:17AM – 12:03PM <b>Yama</b> 6:46AM – 8:32AM <b>Rahu</b> 12:03PM – 1:48PM	<b>Krittika Until 3:31AM Thu</b> Saubhagya Until 2:45PM Balava Until 11:42PM <b>Prathama* Until 10:37AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:01AM</i> <b>Muruqa:</b> Red <i>Sunset: 7:05PM</i> <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>


<b>2</b>	<b>Thursday, May 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Istanbul, Turkey	
	Wrishabha Rasi: 11.34	Tithi 2 – 3	233566159		<b>Sutra 23</b> Khara 5113 Moon 4 - Phase 3 3rd Phase	
	Routine Work	Marana Yoga				
	Until 5:33AM Fri then Siddha Yoga		<b>Gulika</b> 8:31AM – 10:17AM <b>Yama</b> 4:59AM – 6:45AM <b>Rahu</b> 1:49PM – 3:34PM	<b>Rohini Until 5:33AM Fri</b> Sobhana Until 2:50PM Taitila Until 11:31PM <b>Dvitiya Until 11:31AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:59AM</i> <b>Muruqa:</b> Red <i>Sunset: 7:06PM</i> <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Friday, May 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Istanbul, Turkey	
	Wrishabha Rasi: 24.03	Tithi 3 – 4	233566159		<b>Sutra 24</b> Khara 5113 Moon 4 - Phase 3 3rd Phase	
	Creative Work	Siddha Yoga				
			<b>Gulika</b> 6:44AM – 8:30AM <b>Yama</b> 3:35PM – 5:21PM <b>Rahu</b> 10:16AM – 12:03PM	<b>Mrigasira Until 5:17AM Sat</b> Athiganda* Until 1:59PM Vanija Until 12:28AM Sat <b>Tritiya Until 12:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:58AM</i> <b>Muruqa:</b> Red <i>Sunset: 7:07PM</i> <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Saturday, May 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Istanbul, Turkey	
	Mithuna Rasi: 6.45	Tithi 4 – 5	233566159		<b>Sutra 25</b> Khara 5113 Moon 4 - Phase 3 3rd Phase	
	Creative Work	Siddha Yoga				
			<b>Gulika</b> 4:57AM – 6:43AM <b>Yama</b> 1:49PM – 3:35PM <b>Rahu</b> 8:30AM – 10:16AM	<b>Ardra Until 6:37AM Sun</b> Sukarma Until 1:25PM Bava Until 1:02AM Sun <b>Chaturthi* Until 1:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:57AM</i> <b>Muruqa:</b> Red <i>Sunset: 7:08PM</i> <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

<b>5</b>	<b>Sunday, May 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Istanbul, Turkey	
	Mithuna Rasi: 19.4	Tithi 5 – 6	233566159		<b>Sutra 26</b> Khara 5113 Moon 4 - Phase 3 3rd Phase	
	Creative Work	Siddha Yoga				
	Until 8.59PM then Amrita Yoga		<b>Gulika</b> 3:36PM – 5:22PM <b>Yama</b> 12:02PM – 1:49PM <b>Rahu</b> 5:22PM – 7:09PM	<b>Ardra Until 6:37AM</b> Dhriti Until 12:28PM Kaulava Until 1:07AM Mon <b>Panchami Until 1:07PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:56AM</i> <b>Muruqa:</b> Red <i>Sunset: 7:09PM</i> <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>
			<b>Mother's Day</b>			

<b>6</b>	<b>Monday, May 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Istanbul, Turkey	
	Kataka Rasi: 2.51	Tithi 6 – 7	244566159		<b>Sutra 27</b> Khara 5113 Moon 4 - Phase 3 3rd Phase	
	<b>Family Home Evening</b>					
	Creative Work	Amrita Yoga				
	Until 6:53AM then Siddha Yoga		<b>Gulika</b> 1:49PM – 3:36PM <b>Yama</b> 10:15AM – 12:02PM <b>Rahu</b> 6:42AM – 8:29AM	<b>Punarvasu Until 6:53AM</b> Shula* Until 11:04AM Gara Until 11:15PM <b>Shasthi* Until 12:10PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:55AM</i> <b>Muruqa:</b> Red <i>Sunset: 7:10PM</i> <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

	<b>Tuesday, May 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Istanbul, Turkey	
	<b>Retreat Star</b>				<b>Sutra 28</b> Khara 5113 Moon 4 - Phase 3 Ashtami	
	Kataka Rasi: 16.2	Tithi 7 – 8	244566159			
	Creative Work	Siddha Yoga				
			<b>Gulika</b> 12:02PM – 1:50PM <b>Yama</b> 8:28AM – 10:15AM <b>Rahu</b> 3:37PM – 5:24PM	<b>Pushya Until 6:34AM</b> Ganda* Until 8:56AM Visti Until 10:17PM <b>Saptami Until 11:13AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:54AM</i> <b>Muruqa:</b> Red <i>Sunset: 7:11PM</i> <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

	<b>Wednesday, May 11, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Istanbul, Turkey	
	<b>Retreat Star</b>				<b>Sutra 29</b> Khara 5113 Moon 4 - Phase 3 Navami	
	Simha Rasi: 0.08	Tithi 8 – 9	254566159			
	Creative Work	Siddha Yoga				
	Until 8.59PM then Amrita Yoga		<b>Gulika</b> 10:15AM – 12:02PM <b>Yama</b> 6:40AM – 8:27AM <b>Rahu</b> 12:02PM – 1:50PM	<b>Magha* Until 4:37AM Thu</b> Vridhhi Until 6:38AM Balava Until 8:44PM <b>Ashtami* Until 9:40AM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:52AM</i> <b>Muruqa:</b> Red <i>Sunset: 7:12PM</i> <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
	Until 4:37AM Thu then no yoga					

<b>1</b>	<b>Thursday, May 12, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Istanbul, Turkey
	Simha Rasi: 14.17      Tithi 9 – 10 254566159	<b>Gulika</b> 8:27AM – 10:15AM <b>Yama</b> 4:51AM – 6:39AM <b>Rahu</b> 1:50PM – 3:38PM	<b>Purvaphalguni*</b> Until 3:14AM Fri <b>Vyaghata*</b> Until 1:08AM Fri Taitila Until 6:35PM <b>Navami*</b> Until 7:31AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:51AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:13PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>	<b>Sutra 30</b> Khara 5113 Moon 4 - Phase 4 4th Phase <b>Devaloka Day</b>	
	No Yoga Until 8.59PM then Siddha Yoga					

<b>2</b>	<b>Friday, May 13, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadasi Yam Titau				Istanbul, Turkey
	Simha Rasi: 28.43      Tithi 11 254566159	<b>Gulika</b> 6:38AM – 8:26AM <b>Yama</b> 3:38PM – 5:26PM <b>Rahu</b> 10:14AM – 12:02PM	<b>Uttaraphalguni</b> Until 12:04AM Sat Harshana Until 8:51PM Vanija Until 3:10PM <b>Ekadasi</b> Until 1:27AM Sat	<b>Ganesha:</b> White <i>Sunrise:</i> 4:50AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:14PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>	<b>Sutra 31</b> Khara 5113 Moon 4 - Phase 4 4th Phase <b>Devaloka Day</b>	
	Creative Work      Siddha Yoga Until 8.59PM then Marana Yoga					

<b>3</b>	<b>Saturday, May 14, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadasi Yam Titau				Istanbul, Turkey
	Kanya Rasi: 13.23      Tithi 12 264566159	<b>Gulika</b> 4:49AM – 6:38AM <b>Yama</b> 1:50PM – 3:39PM <b>Rahu</b> 8:26AM – 10:14AM	<b>Hasta</b> Until 9:54PM <b>Vajra*</b> Until 5:23PM Bava Until 12:14PM <b>Dvadasi</b> Until 10:31PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:49AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:15PM <b>Nataraja:</b> Purple Moon – Green <b>Vaisaka-Chaitra</b>	<b>Sutra 32</b> Khara 5113 Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>	
	Routine Work      Marana Yoga Until 8.59PM then Amrita Yoga Until 9:54PM then Siddha Yoga					

<b>4</b>	<b>Sunday, May 15, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Istanbul, Turkey
	Kanya Rasi: 28.13      Tithi 13 264566159	<b>Gulika</b> 3:39PM – 5:28PM <b>Yama</b> 12:02PM – 1:51PM <b>Rahu</b> 5:28PM – 7:16PM	<b>Chitra</b> Until 7:31PM Siddhi Until 1:41PM Kaulava Until 9:02AM <b>Trayodasi</b> Until 7:19PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:48AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:16PM <b>Nataraja:</b> Purple Moon – Green <b>Vaisaka-Vaikasi</b>	<b>Sutra 33</b> Khara 5113 Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>	
	Creative Work      Siddha Yoga Until 8.59PM then Amrita Yoga					

<b>5</b>	<b>Monday, May 16, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Vyalipata*Variyan Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau				Istanbul, Turkey
	Tula Rasi: 13.05      Tithi 14 – 15 <b>Family Home Evening</b> 264566159	<b>Gulika</b> 1:51PM – 3:40PM <b>Yama</b> 10:14AM – 12:02PM <b>Rahu</b> 6:36AM – 8:25AM	<b>Svati</b> Until 5:04PM Vyatipata* Until 9:57AM Visli Until 2:21AM Tue <b>Chaturdasi*</b> Until 4:04PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:47AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:17PM <b>Nataraja:</b> Purple Moon – Green <b>Vaisaka-Vaikasi</b>	<b>Sutra 34</b> Khara 5113 Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>	
	Creative Work      Amrita Yoga Until 5.04PM then Marana Yoga					

<b>○</b>	<b>Tuesday, May 17, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Istanbul, Turkey
	<b>Copper Retreat Star</b> Tula Rasi: 27.51      Tithi 15 – 16 274566159	<b>Gulika</b> 12:02PM – 1:51PM <b>Yama</b> 8:24AM – 10:13AM <b>Rahu</b> 3:40PM – 5:29PM	<b>Visakha</b> Until 2:47PM Variyan Until 6:23AM Balava Until 11:16PM <b>Purnima*</b> Until 12:59PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:18PM <b>Nataraja:</b> Purple Moon – Orange <b>Vaisaka-Vaikasi</b>	<b>Sutra 35</b> Khara 5113 Moon 4 - Phase 4 Purnima <b>Devaloka Day</b>	
	Routine Work      Marana Yoga Until 2.47PM then Siddha Yoga					

<b>○</b>	<b>Wednesday, May 18, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau				Istanbul, Turkey
	<b>Silver Retreat Star</b> Vrischika Rasi: 12.23      Tithi 16 – 17 274566159	<b>Gulika</b> 10:13AM – 12:02PM <b>Yama</b> 6:35AM – 8:24AM <b>Rahu</b> 12:02PM – 1:52PM	<b>Anuradha</b> Until 1:21PM Shiva Until 12:15AM Thu Taitila Until 9:42PM <b>Prathama*</b> Until 10:37AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:19PM <b>Nataraja:</b> Purple Moon – Orange <b>Vaisaka-Vaikasi</b>	<b>Sutra 36</b> Khara 5113 Moon 4 - Phase 4 Prathama <b>Devaloka Day</b>	
	Creative Work      Siddha Yoga					



**Thursday, May 19, 2011**  
**Gold Retreat Star**

Virshika Rasi: 26.35 Tithi 17 - 18  
274566159  
Creative Work Siddha Yoga  
Until 8.59PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika 8:23AM - 10:13AM**  
Yama 4:45AM - 6:34AM  
**Rahu 1:52PM - 3:41PM**  
**Jyeshtha\* Until 11:51AM**  
Siddha Until 9:19PM  
Vanija Until 7:25PM  
**Dvitiya Until 8:20AM**

**Ganesha:** Blue *Sunrise: 4:45AM*  
**Muruqa:** Red *Sunset: 7:20PM*  
**Nataraja:** Purple  
Moon - Orange  
**Vaisaka-Vaikasi**

Istanbul, Turkey  
**Sun 1 Sutra 37**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**1**

**Friday, May 20, 2011**

Dhanus Rasi: 10.23 Tithi 18 - 19  
284566159  
No Yoga  
Until 11:26AM then Siddha Yoga  
Until 8.59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika 6:33AM - 8:23AM**  
Yama 3:42PM - 5:31PM  
**Rahu 10:13AM - 12:02PM**  
**Mula\* Until 11:26AM**  
Sadhya Until 7:57PM  
Bava Until 6:51PM  
**Tritiya Until 6:51AM**

**Ganesha:** Red *Sunrise: 4:44AM*  
**Muruqa:** Red *Sunset: 7:21PM*  
**Nataraja:** Purple  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Istanbul, Turkey  
**Sun 2 Sutra 38**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**2**

**Saturday, May 21, 2011**

Dhanus Rasi: 23.46 Tithi 20  
285566159  
Routine Work Marana Yoga  
Until 11:21AM then no yoga  
Until 8.59PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika 4:43AM - 6:33AM**  
Yama 1:52PM - 3:42PM  
**Rahu 8:23AM - 10:13AM**  
**Purvashadha\* Until 11:21AM**  
Subha Until 6:13PM  
Taitila Until 6:00PM  
**Panchami Until 6:00AM**

**Ganesha:** Yellow *Sunrise: 4:43AM*  
**Muruqa:** Red *Sunset: 7:22PM*  
**Nataraja:** Purple  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Istanbul, Turkey  
**Sun 3 Sutra 39**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**3**

**Sunday, May 22, 2011**

Makara Rasi: 6.44 Tithi 21  
285666159  
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Sukla/Brahma Yoga Gara Karana Shasthi\* Yam Titau  
**Gulika 3:43PM - 5:33PM**  
Yama 12:03PM - 1:53PM  
**Rahu 5:33PM - 7:23PM**  
**Uttarashadha Until 12:01PM**  
Sukla Until 5:11PM  
Gara Until 5:59PM  
**Shasthi\* Until 6:44AM Mon**

**Ganesha:** Red *Sunrise: 4:42AM*  
**Muruqa:** Red *Sunset: 7:23PM*  
**Nataraja:** Purple  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Istanbul, Turkey  
**Sun 4 Sutra 40**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**4**

**Monday, May 23, 2011**

Makara Rasi: 19.22 Tithi 21 - 22  
295666159  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 1:57PM then Siddha Yoga  
Until 8.59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika 1:53PM - 3:43PM**  
Yama 10:12AM - 12:03PM  
**Rahu 6:32AM - 8:22AM**  
**Sravana Until 1:57PM**  
Brahma Until 5:36PM  
Visti Until 7:50PM  
**Shasthi\* Until 6:44AM**

**Ganesha:** Green *Sunrise: 4:41AM*  
**Muruqa:** Red *Sunset: 7:24PM*  
**Nataraja:** Purple  
Moon - Purple  
**Vaisaka-Vaikasi**

Istanbul, Turkey  
**Sun 5 Sutra 41**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**



**Tuesday, May 24, 2011**  
**Retreat Star**

Kumbha Rasi: 1.41 Tithi 22 - 23  
295666159  
Routine Work Marana Yoga  
Until 8.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika 12:03PM - 1:53PM**  
Yama 8:22AM - 10:12AM  
**Rahu 3:44PM - 5:34PM**  
**Dhanishtha Until 3:59PM**  
Indra Until 5:41PM  
Balava Until 9:13PM  
**Saptami Until 8:08AM**

**Ganesha:** Green *Sunrise: 4:41AM*  
**Muruqa:** Red *Sunset: 7:25PM*  
**Nataraja:** Purple  
Moon - Purple  
**Vaisaka-Vaikasi**

Istanbul, Turkey  
**Sun 6 Sutra 42**  
Khara 5113  
Moon 5 - Phase 5  
Ashtami

**Devaloka Day**

**Wednesday, May 25, 2011**  
**Retreat Star**

Kumbha Rasi: 13.47 Tithi 23 - 24  
295666159  
Creative Work Siddha Yoga  
Until 6:26PM then Amrita Yoga  
Until 8.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika 10:12AM - 12:03PM**  
Yama 6:31AM - 8:21AM  
**Rahu 12:03PM - 1:53PM**  
**Satabhisha Until 6:26PM**  
Vaidhriti\* Until 6:11PM  
Taitila Until 11:05PM  
**Ashtami\* Until 10:00AM**

**Ganesha:** Green *Sunrise: 4:40AM*  
**Muruqa:** Red *Sunset: 7:25PM*  
**Nataraja:** Purple  
Moon - Purple  
**Vaisaka-Vaikasi**

Istanbul, Turkey  
**Sun 7 Sutra 43**  
Khara 5113  
Moon 5 - Phase 5  
Navami

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

<b>1</b>	<b>Thursday, May 26, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Istanbul, Turkey
	Kumbha Rasi: 25.45    Tithi 24 – 25	<b>Gulika</b> 8:21AM – 10:12AM	<b>Purvaprostapada* Until 9:09PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:39AM	<b>Sun 8    Sutra 44</b> Khara 5113
	315666159	<b>Yama</b> 4:39AM – 6:30AM	<b>Vishkambha* Until 6:56PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:26PM	Moon 5 - Phase 6
	Creative Work    Siddha Yoga	<b>Rahu</b> 1:54PM – 3:45PM	<b>Vanija Until 1:15AM Fri</b>	<b>Nataraja:</b> Purple Moon – Clear	2nd Phase <b>Sivaloka Day</b>
		<b>Navami* Until 12:10PM</b>	<b>Vaisaka-Vaikasi</b>		


<b>2</b>	<b>Friday, May 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Istanbul, Turkey
	Meena Rasi: 7.39    Tithi 25 – 26	<b>Gulika</b> 6:30AM – 8:21AM	<b>Uttaraprostapada Until 12:02AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:39AM	<b>Sun 9    Sutra 45</b> Khara 5113
	315666159	<b>Yama</b> 3:45PM – 5:36PM	<b>Priti Until 7:48PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:27PM	Moon 5 - Phase 6
	Creative Work    Siddha Yoga	<b>Rahu</b> 10:12AM – 12:03PM	<b>Bava Until 3:34AM Sat</b>	<b>Nataraja:</b> Purple Moon – Clear	2nd Phase <b>Sivaloka Day</b>
	Until 12:02AM Sat then Prabalarishta Yoga	<b>Dasami Until 2:29PM</b>	<b>Vaisaka-Vaikasi</b>		

<b>3</b>	<b>Saturday, May 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Istanbul, Turkey
	Meena Rasi: 19.32    Tithi 26 – 27	<b>Gulika</b> 4:38AM – 6:29AM	<b>Revati Until 2:55AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:38AM	<b>Sun 10    Sutra 46</b> Khara 5113
	315666159	<b>Yama</b> 1:54PM – 3:46PM	<b>Ayushman Until 8:42PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:28PM	Moon 5 - Phase 6
	Routine Work    Prabalarishta Yoga	<b>Rahu</b> 8:21AM – 10:12AM	<b>Kaulava Until 5:54AM Sun</b>	<b>Nataraja:</b> Purple Moon – Clear	2nd Phase <b>Sivaloka Day</b>
	Until 9:00PM then Amrita Yoga Until 2:55AM Sun then Siddha Yoga	<b>Ekadasi* Until 4:49PM</b>	<b>Vaisaka-Vaikasi</b>		

<b>4</b>	<b>Sunday, May 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Tailita Karana Dvadasi* Yam Titau			Istanbul, Turkey
	Mesha Rasi: 1.29    Tithi 27	<b>Gulika</b> 3:46PM – 5:37PM	<b>Asvini Until 5:42AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:38AM	<b>Sun 11    Sutra 47</b> Khara 5113
	325666159	<b>Yama</b> 12:03PM – 1:55PM	<b>Saubhagya Until 9:30PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:29PM	Moon 5 - Phase 6
	Creative Work    Siddha Yoga	<b>Rahu</b> 5:37PM – 7:29PM	<b>Tailita Until 8:08AM Mon</b>	<b>Nataraja:</b> Purple Moon – White	2nd Phase <b>Devaloka Day</b>
		<b>Dvadasi* Until 7:02PM</b>	<b>Vaisaka-Vaikasi</b>		

<b>5</b>	<b>Monday, May 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Istanbul, Turkey
	Mesha Rasi: 13.31    Tithi 28	<b>Gulika</b> 1:55PM – 3:46PM	<b>Bharani Until 7:56AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:37AM	<b>Sun 12    Sutra 48</b> Khara 5113
	325666159	<b>Yama</b> 10:12AM – 12:03PM	<b>Sobhana Until 10:07PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:30PM	Moon 5 - Phase 6
	Family Home Evening Creative Work    Siddha Yoga	<b>Rahu</b> 6:29AM – 8:20AM	<b>Gara Until 7:57AM</b>	<b>Nataraja:</b> Purple Moon – White	2nd Phase <b>Devaloka Day</b>
		<b>Trayodasi* Until 9:03PM</b>	<b>Vaisaka-Vaikasi</b>		
		<i>Pradosha Vrata (Fasting)</i>			

<b>6</b>	<b>Tuesday, May 31, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Istanbul, Turkey
	Mesha Rasi: 25.42    Tithi 29	<b>Gulika</b> 12:03PM – 1:55PM	<b>Bharani Until 7:56AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:36AM	<b>Sun 13    Sutra 49</b> Khara 5113
	326666159	<b>Yama</b> 8:20AM – 10:12AM	<b>Athiganda* Until 10:28PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:30PM	Moon 5 - Phase 6
	Creative Work    Siddha Yoga	<b>Rahu</b> 3:47PM – 5:39PM	<b>Visti Until 9:39AM</b>	<b>Nataraja:</b> Purple Moon – White	2nd Phase <b>Devaloka Day</b>
	Until 9:00PM then Amrita Yoga	<b>Chaturdasi* Until 10:44PM</b>	<b>Vaisaka-Vaikasi</b>		

	<b>Wednesday, June 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Istanbul, Turkey
	<b>Retreat Star</b>	<b>Gulika</b> 10:12AM – 12:04PM	<b>Krittika Until 9:34AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:36AM	<b>Sun 14    Sutra 50</b> Khara 5113
	Vrishabha Rasi: 8.04    Tithi 30	<b>Yama</b> 6:28AM – 8:20AM	<b>Sukarma Until 9:18PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:31PM	Moon 5 - Phase 6
	326666159	<b>Rahu</b> 12:04PM – 1:55PM	<b>Catuspada Until 10:31AM</b>	<b>Nataraja:</b> Purple Moon – White	Amavasya <b>Devaloka Day</b>
	Creative Work    Amrita Yoga Until 9:34AM then Siddha Yoga Until 9:00PM then Marana Yoga	<b>Amavasya* Until 10:31PM</b>	<b>Vaisaka-Vaikasi</b>		

	<b>Thursday, June 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Istanbul, Turkey
	<b>Retreat Star</b>	<b>Gulika</b> 8:20AM – 10:12AM	<b>Rohini Until 10:57AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:36AM	<b>Sun 15    Sutra 51</b> Khara 5113
	Vrishabha Rasi: 20.39    Tithi 1	<b>Yama</b> 4:36AM – 6:28AM	<b>Dhriti Until 8:57PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:32PM	Moon 5 - Phase 6
	336666159	<b>Rahu</b> 1:56PM – 3:48PM	<b>Kintughna Until 11:17AM</b>	<b>Nataraja:</b> Purple Moon – Yellow	Prathama <b>Devaloka Day</b>
	Routine Work    Marana Yoga Until 9:00PM then Siddha Yoga	<b>Prathama* Until 11:17PM</b>	<b>Jyeshtha-Vaikasi</b>		

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

<b>1</b>	<b>Friday, June 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Istanbul, Turkey
	Mithuna Rasi: 3.28	Tithi 2	Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Sun 16	Sutra 52 Khara 5113
	336666159	<b>Gulika</b> 6:27AM – 8:20AM	<b>Mrigasira Until 11:54AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:35AM	
		<b>Yama</b> 3:48PM – 5:40PM	<b>Shula* Until 8:12PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:33PM	Moon 5 - Phase 7
		<b>Rahu</b> 10:12AM – 12:04PM	<b>Balava Until 11:34AM</b>	<b>Nataraja:</b> Purple	3rd Phase
	Creative Work Siddha Yoga		<b>Dvitiya Until 11:34PM</b>	Moon – Yellow <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>


<b>2</b>	<b>Saturday, June 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Istanbul, Turkey
	Mithuna Rasi: 16.31	Tithi 3	Ardra/Punarvasu Nakshatra Ganda* Yoga Tailita/Gara Karana Tritiya Yam Titau	Sun 17	Sutra 53 Khara 5113
	336666159	<b>Gulika</b> 4:35AM – 6:27AM	<b>Ardra Until 12:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:35AM	
		<b>Yama</b> 1:56PM – 3:49PM	<b>Ganda* Until 7:03PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:33PM	Moon 5 - Phase 7
		<b>Rahu</b> 8:19AM – 10:12AM	<b>Tailita Until 11:23AM</b>	<b>Nataraja:</b> Purple	3rd Phase
	Creative Work Siddha Yoga		<b>Tritiya Until 11:23PM</b>	Moon – Yellow <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
	Until 12:26PM then Marana Yoga				
	Until 9:01PM then Siddha Yoga				

<b>3</b>	<b>Sunday, June 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Istanbul, Turkey
	Mithuna Rasi: 29.47	Tithi 4	Punarvasu/Pushya Nakshatra Vriddhi/Dhruva Yoga Vanija/Vishti* Karana Chaturthi* Yam Titau	Sun 18	Sutra 54 Khara 5113
	346666151	<b>Gulika</b> 3:49PM – 5:42PM	<b>Punarvasu Until 12:04PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:34AM	
		<b>Yama</b> 12:04PM – 1:57PM	<b>Vriddhi Until 5:30PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:34PM	Moon 5 - Phase 7
		<b>Rahu</b> 5:42PM – 7:34PM	<b>Vanija Until 10:23AM</b>	<b>Nataraja:</b> Purple	3rd Phase
	Creative Work Siddha Yoga		<b>Chaturthi* Until 9:27PM</b>	Moon – Blue <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>4</b>	<b>Monday, June 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Istanbul, Turkey
	Kataka Rasi: 13.18	Tithi 5	Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau	Sun 19	Sutra 55 Khara 5113
	346666151	<b>Gulika</b> 1:57PM – 3:50PM	<b>Pushya Until 11:47AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:34AM	
		<b>Yama</b> 10:12AM – 12:04PM	<b>Dhruva Until 2:56PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:35PM	Moon 5 - Phase 7
		<b>Rahu</b> 6:27AM – 8:19AM	<b>Bava Until 9:22AM</b>	<b>Nataraja:</b> Purple	3rd Phase
	Creative Work Siddha Yoga		<b>Panchami Until 8:27PM</b>	Moon – Blue <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
	Family Home Evening				

<b>5</b>	<b>Tuesday, June 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Istanbul, Turkey
	Kataka Rasi: 27.01	Tithi 6	Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Shasthi* Yam Titau	Sun 20	Sutra 56 Khara 5113
	347666151	<b>Gulika</b> 12:05PM – 1:57PM	<b>Aslesha* Until 11:08AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:34AM	
		<b>Yama</b> 8:19AM – 10:12AM	<b>Vyaghata* Until 12:48PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:35PM	Moon 5 - Phase 7
		<b>Rahu</b> 3:50PM – 5:43PM	<b>Kaulava Until 7:59AM</b>	<b>Nataraja:</b> Purple	3rd Phase
	Creative Work Siddha Yoga		<b>Shasthi* Until 7:04PM</b>	Moon – Blue <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>6</b>	<b>Wednesday, June 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Istanbul, Turkey
	Simha Rasi: 10.55	Tithi 7 – 8	Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Gara/Vishti* Karana Saptami/Ashtami* Yam Titau	Sun 21	Sutra 57 Khara 5113
	357666151	<b>Gulika</b> 10:12AM – 12:05PM	<b>Magha* Until 10:09AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:34AM	
		<b>Yama</b> 6:26AM – 8:19AM	<b>Harshana Until 10:21AM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:36PM	Moon 5 - Phase 7
		<b>Rahu</b> 12:05PM – 1:58PM	<b>Gara Until 6:14AM</b>	<b>Nataraja:</b> Purple	3rd Phase
	Creative Work Siddha Yoga		<b>Saptami Until 5:19PM</b>	Moon – Red <b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>
	Until 10:09AM then Amrita Yoga				
	Until 9:01PM then no yoga				

	<b>Thursday, June 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Istanbul, Turkey
	Simha Rasi: 25	Tithi 8 – 9	Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Sun 22	Sutra 58 Khara 5113
	357666151	<b>Gulika</b> 8:19AM – 10:12AM	<b>Purvaphalguni* Until 8:52AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:33AM	
		<b>Yama</b> 4:33AM – 6:26AM	<b>Vajra* Until 7:37AM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:36PM	Moon 5 - Phase 7
		<b>Rahu</b> 1:58PM – 3:51PM	<b>Balava Until 2:18AM Fri</b>	<b>Nataraja:</b> Purple	Ashtami
	No Yoga		<b>Ashtami* Until 3:14PM</b>	Moon – Red <b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>
	Until 8:52AM then Prabalarishtha Yoga				
	Until 9:01PM then Siddha Yoga				

<b>Friday, June 10, 2011</b>	<b>Retreat Star</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Istanbul, Turkey
	Kanya Rasi: 9.14	Tithi 9 – 10	Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Tailita Karana Navami*/Dasami Yam Titau	Sun 23	Sutra 59 Khara 5113
	357666151	<b>Gulika</b> 6:26AM – 8:19AM	<b>Uttaraphalguni Until 7:18AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:33AM	
		<b>Yama</b> 3:51PM – 5:44PM	<b>Vyatipata* Until 1:58AM Sat</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:37PM	Moon 5 - Phase 7
		<b>Rahu</b> 10:12AM – 12:05PM	<b>Tailita Until 11:56PM</b>	<b>Nataraja:</b> Purple	Navami
	Creative Work Siddha Yoga		<b>Navami* Until 12:51PM</b>	Moon – Red <b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>
	Until 7:18AM then Amrita Yoga				
	Until 9:02PM then Marana Yoga				


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UpR, 570

<b>1</b>	<b>Saturday, June 11, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Istanbul, Turkey
	Kanya Rasi: 23.36    Titithi 10 – 11 367666151	<b>Gulika</b> 4:33AM – 6:26AM <b>Yama</b> 1:58PM – 3:51PM <b>Rahu</b> 8:19AM – 10:12AM	<b>Chitra Until 4:24AM Sun</b> Variyan Until 10:48PM Vanija Until 9:20PM <b>Dasami Until 10:16AM</b>	<b>Sun 24 Sutra 60</b> Khara 5113 Moon 5 - Phase 8 4th Phase <b>Devaloka Day</b>
Routine Work    Marana Yoga Until 9.02PM then Siddha Yoga			<b>Ganesha:</b> White <i>Sunrise:</i> 4:33AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:38PM <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha-Vaikasi</b>	

<b>2</b>	<b>Sunday, June 12, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Istanbul, Turkey
	Tula Rasi: 8.01    Titithi 11 – 12 367666151	<b>Gulika</b> 3:52PM – 5:45PM <b>Yama</b> 12:05PM – 1:59PM <b>Rahu</b> 5:45PM – 7:38PM	<b>Svati Until 2:32AM Mon</b> Parigha* Until 7:31PM Bava Until 6:38PM <b>Ekadasi Until 7:33AM</b>	<b>Sun 25 Sutra 61</b> Khara 5113 Moon 5 - Phase 8 4th Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 9.02PM then Amrita Yoga Until 2:32AM Mon then Marana Yoga			<b>Ganesha:</b> White <i>Sunrise:</i> 4:33AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:38PM <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha-Vaikasi</b>	

<b>3</b>	<b>Monday, June 13, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Istanbul, Turkey
	Tula Rasi: 22.27    Titithi 13 377666151	<b>Gulika</b> 1:59PM – 3:52PM <b>Yama</b> 10:12AM – 12:06PM <b>Rahu</b> 6:26AM – 8:19AM	<b>Visakha Until 12:40AM Tue</b> Shiva Until 4:15PM Kaulava Until 3:55PM <b>Trayodasi Until 3:00AM Tue</b> <i>Pradosha Vrata</i>	<b>Sun 26 Sutra 62</b> Khara 5113 Moon 5 - Phase 8 4th Phase <b>Sivaloka Day</b>
Family Home Evening Routine Work    Marana Yoga Until 2:40AM Tue then Siddha Yoga		<b>Vaikasi Visakam</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:33AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:38PM <b>Nataraja:</b> Purple Moon – Orange <b>Jyeshtha-Vaikasi</b>	

<b>4</b>	<b>Tuesday, June 14, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Istanbul, Turkey
	Vrischika Rasi: 6.47    Titithi 14 378666151	<b>Gulika</b> 12:06PM – 1:59PM <b>Yama</b> 8:19AM – 10:13AM <b>Rahu</b> 3:52PM – 5:46PM	<b>Anuradha Until 10:57PM</b> Siddha Until 1:07PM Gara Until 1:22PM <b>Chaturdasi* Until 12:27AM Wed</b>	<b>Sun 27 Sutra 63</b> Khara 5113 Moon 5 - Phase 8 4th Phase <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga			<b>Ganesha:</b> White <i>Sunrise:</i> 4:33AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:39PM <b>Nataraja:</b> Purple Moon – Orange <b>Jyeshtha-Vaikasi</b>	

	<b>Wednesday, June 15, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnima* Yam Titau		Istanbul, Turkey
	<b>Copper Retreat Star</b> Vrischika Rasi: 20.57    Titithi 15 378666151	<b>Gulika</b> 10:13AM – 12:06PM <b>Yama</b> 6:26AM – 8:19AM <b>Rahu</b> 12:06PM – 1:59PM	<b>Jyeshtha* Until 9:31PM</b> Sadhya Until 10:15AM Visti Until 11:08AM <b>Purnima* Until 10:12PM</b>	<b>Sutra 64</b> Khara 5113 Moon 5 - Phase 8 Purnima <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga			<b>Ganesha:</b> White <i>Sunrise:</i> 4:33AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:39PM <b>Nataraja:</b> Purple Moon – Orange <b>Jyeshtha-Ani</b>	

<b>Thursday, June 16, 2011</b>	<b>Silver Retreat Star</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama* Yam Titau		Istanbul, Turkey
	Dhanus Rasi: 4.52    Titithi 16 388766151	<b>Gulika</b> 8:20AM – 10:13AM <b>Yama</b> 4:33AM – 6:26AM <b>Rahu</b> 2:00PM – 3:53PM	<b>Mula* Until 8:31PM</b> Subha Until 7:47AM Balava Until 9:21AM <b>Prathama* Until 8:26PM</b>	<b>Sutra 65</b> Khara 5113 Moon 5 - Phase 8 Prathama <b>Devaloka Day</b>
Creative Work    Siddha Yoga			<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:33AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Jyeshtha-Ani</b>	





**Friday, June 17, 2011**  
**Gold Retreat Star**

Dhanu Rasi: 18.29      Tithi 17  
388766151  
Creative Work    Siddha Yoga  
Until 9.03PM then Marana Yoga  
Until 9.07PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    6:26AM – 8:20AM    **Purvashadha\* Until 9:07PM**  
**Yama**      3:53PM – 5:47PM      **Brahma Until 4:40AM Sat**  
**Rahu**      10:13AM – 12:07PM    **Taitila Until 8:20AM**  
**Dvitiya Until 8:20PM**

**Ganesha:** Blue    *Sunrise:* 4:33AM  
**Muruqa:** Red    *Sunset:* 7:40PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Istanbul, Turkey  
**Sun 1    Sutra 66**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**

**1**

**Saturday, June 18, 2011**

Makara Rasi: 1.45      Tithi 18  
388766151  
No Yoga  
Until 9.03PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Indra Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    4:33AM – 6:26AM    **Uttarashadha Until 9:14PM**  
**Yama**      2:00PM – 3:54PM      **Indra Until 3:08AM Sun**  
**Rahu**      8:20AM – 10:13AM    **Vanija Until 7:42AM**  
**Tritiya Until 7:42PM**

**Ganesha:** Blue    *Sunrise:* 4:33AM  
**Muruqa:** Red    *Sunset:* 7:40PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Istanbul, Turkey  
**Sun 2    Sutra 67**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**

**2**

**Sunday, June 19, 2011**

Makara Rasi: 14.41      Tithi 19  
398766151  
Creative Work    Amrita Yoga  
Until 9.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    3:54PM – 5:47PM    **Sravana Until 9:59PM**  
**Yama**      12:07PM – 2:00PM      **Vaidhriti\* Until 2:11AM Mon**  
**Rahu**      5:47PM – 7:41PM      **Bava Until 7:44AM**  
**Chaturthi\* Until 7:44PM**

**Ganesha:** Red    *Sunrise:* 4:33AM  
**Muruqa:** Red    *Sunset:* 7:41PM  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Istanbul, Turkey  
**Sun 3    Sutra 68**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Sivaloka Day**

**Father's Day**

**3**

**Monday, June 20, 2011**

Makara Rasi: 27.17      Tithi 20  
399766151  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 9.04PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    2:01PM – 3:54PM    **Dhanishtha Until 12:45AM Tue**  
**Yama**      10:14AM – 12:07PM      **Vishkambha\* Until 3:18AM Tue**  
**Rahu**      6:27AM – 8:20AM      **Kaulava Until 8:38AM**  
**Panchami Until 9:44PM**

**Ganesha:** Blue    *Sunrise:* 4:33AM  
**Muruqa:** Red    *Sunset:* 7:41PM  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Istanbul, Turkey  
**Sun 4    Sutra 69**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**

**4**

**Tuesday, June 21, 2011**

Kumbha Rasi: 9.38      Tithi 21  
399766151  
Routine Work    Marana Yoga  
Until 9.04PM then Siddha Yoga  
Until 2.43AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    12:07PM – 2:01PM    **Satabhisha Until 2:43AM Wed**  
**Yama**      8:20AM – 10:14AM      **Priti Until 3:21AM Wed**  
**Rahu**      3:54PM – 5:48PM      **Gara Until 9:57AM**  
**Shasthi\* Until 11:03PM**

**Ganesha:** Blue    *Sunrise:* 4:33AM  
**Muruqa:** Red    *Sunset:* 7:41PM  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Istanbul, Turkey  
**Sun 5    Sutra 70**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**

**5**

**Wednesday, June 22, 2011**

Kumbha Rasi: 21.47      Tithi 22  
319766151  
Creative Work    Amrita Yoga  
Until 9.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    10:14AM – 12:08PM    **Purvaprostapada\* Until 5:06AM Thu**  
**Yama**      6:27AM – 8:21AM      **Ayushman Until 3:48AM Thu**  
**Rahu**      12:08PM – 2:01PM      **Visti Until 11:44AM**  
**Saptami Until 12:49AM Thu**

**Ganesha:** Purple    *Sunrise:* 4:34AM  
**Muruqa:** Red    *Sunset:* 7:41PM  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Istanbul, Turkey  
**Sun 6    Sutra 71**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**



**Thursday, June 23, 2011**  
**Retreat Star**

Meena Rasi: 3.47      Tithi 23  
319766151  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    8:21AM – 10:14AM    **Uttaraprostapada Until 7:56AM Fri**  
**Yama**      4:34AM – 6:27AM      **Saubhagya Until 4:30AM Fri**  
**Rahu**      2:01PM – 3:55PM      **Balava Until 1:50PM**  
**Ashtami\* Until 2:55AM Fri**

**Ganesha:** Purple    *Sunrise:* 4:34AM  
**Muruqa:** Red    *Sunset:* 7:42PM  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Istanbul, Turkey  
**Sun 7    Sutra 72**  
Khara 5113  
Moon 6 - Phase 9  
Ashtami

**Subha Sivaloka Day**

**Friday, June 24, 2011**  
**Retreat Star**

Meena Rasi: 15.42      Tithi 24  
319766151  
Creative Work    Siddha Yoga  
Until 9.05PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    6:28AM – 8:21AM    **Uttaraprostapada Until 7:56AM**  
**Yama**      3:55PM – 5:48PM      **Sobhana Until 5:21AM Sat**  
**Rahu**      10:15AM – 12:08PM    **Taitila Until 4:05PM**  
**Navami\* Until 5:11AM Sat**

**Ganesha:** Purple    *Sunrise:* 4:34AM  
**Muruqa:** Red    *Sunset:* 7:42PM  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Istanbul, Turkey  
**Sun 8    Sutra 73**  
Khara 5113  
Moon 6 - Phase 9  
Navami

**Subha Sivaloka Day**


<b>1</b>	<b>Saturday, June 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Athiganda* Yoga Vanija Karana Dasami Yam Titau			Istanbul, Turkey
	Meena Rasi: 27.36    Tithi 25 319766151	<b>Gulika</b> 4:35AM – 6:28AM <b>Yama</b> 2:02PM – 3:55PM <b>Rahu</b> 8:21AM – 10:15AM	<b>Revati Until 10:47AM</b> Athiganda* Until 6:23AM Sun Vanija Until 6:22PM <b>Dasami Until 7:26AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:35AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Purple Moon – Clear <b>Jyeshtha-Ani</b>	<b>Sun 9</b> <b>Sutra 74</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Subha Sivaloka Day</b>

<b>2</b>	<b>Sunday, June 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Istanbul, Turkey
	Mesha Rasi: 9.34    Tithi 25 – 26 329766151	<b>Gulika</b> 3:55PM – 5:49PM <b>Yama</b> 12:08PM – 2:02PM <b>Rahu</b> 5:49PM – 7:42PM	<b>Asvini Until 1:32PM</b> Athiganda* Until 6:23AM Bava Until 8:31PM <b>Dasami Until 7:26AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:35AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 10</b> <b>Sutra 75</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Monday, June 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Istanbul, Turkey
	Mesha Rasi: 21.4    Tithi 26 – 27 329766151	<b>Gulika</b> 2:02PM – 3:55PM <b>Yama</b> 10:15AM – 12:09PM <b>Rahu</b> 6:29AM – 8:22AM	<b>Bharani Until 4:01PM</b> Sukarma Until 6:54AM Kaulava Until 10:24PM <b>Ekadasi* Until 9:19AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:35AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 11</b> <b>Sutra 76</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, June 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Tatila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Istanbul, Turkey
	Vrishabha Rasi: 3.56    Tithi 27 – 28 321766151	<b>Gulika</b> 12:09PM – 2:02PM <b>Yama</b> 8:22AM – 10:15AM <b>Rahu</b> 3:55PM – 5:49PM	<b>Krittika Until 5:11PM</b> Dhriti Until 7:05AM Gara Until 10:23PM <b>Dvadasi* Until 10:23AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:36AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 12</b> <b>Sutra 77</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>5</b>	<b>Wednesday, June 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Istanbul, Turkey
	Vrishabha Rasi: 16.29    Tithi 28 – 29 331776151	<b>Gulika</b> 10:16AM – 12:09PM <b>Yama</b> 6:29AM – 8:22AM <b>Rahu</b> 12:09PM – 2:02PM	<b>Rohini Until 6:40PM</b> Shula* Until 6:45AM Visti Until 11:13PM <b>Trayodasi* Until 11:13AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:36AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sun 13</b> <b>Sutra 78</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

	<b>Thursday, June 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Istanbul, Turkey
	<b>Retreat Star</b> Vrishabha Rasi: 29.18    Tithi 29 – 30 331776151	<b>Gulika</b> 8:23AM – 10:16AM <b>Yama</b> 4:36AM – 6:30AM <b>Rahu</b> 2:02PM – 3:56PM	<b>Mrigasira Until 7:36PM</b> Vriddhi Until 4:51AM Fri Catuspada Until 11:29PM <b>Chaturdasi* Until 11:29AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:36AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sun 14</b> <b>Sutra 79</b> Khara 5113 Moon 6 - Phase 10 Amavasya <b>Sivaloka Day</b>

	<b>Friday, July 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Istanbul, Turkey
	<b>Retreat Star</b> Mithuna Rasi: 12.26    Tithi 30 – 1 331776151	<b>Gulika</b> 6:30AM – 8:23AM <b>Yama</b> 3:56PM – 5:49PM <b>Rahu</b> 10:16AM – 12:09PM	<b>Ardra Until 7:58PM</b> Dhruva Until 3:33AM Sat Kintughna Until 11:07PM <b>Amavasya* Until 11:07AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:37AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Purple Moon – Yellow <b>Ashada-Ani</b>	<b>Sun 15</b> <b>Sutra 80</b> Khara 5113 Moon 6 - Phase 10 Prathama <b>Sivaloka Day</b>

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

<b>1</b>	<b>Saturday, July 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Istanbul, Turkey
	Mithuna Rasi: 25.52    Tithi 1 – 2	341776151	<b>Gulika</b> 4:37AM – 6:30AM <b>Yama</b> 2:03PM – 3:56PM <b>Rahu</b> 8:23AM – 10:17AM	<b>Punarvasu</b> Until 6:47PM Vyaghata* Until 12:25AM Sun Balava Until 8:55PM <b>Prathama*</b> Until 9:50AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:37AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Routine Work    Marana Yoga Until 6:47PM then Siddha Yoga				Sun 16 <b>Sutra 81</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>


<b>2</b>	<b>Sunday, July 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Istanbul, Turkey
	Kataka Rasi: 9.35    Tithi 2 – 3	341776151	<b>Gulika</b> 3:56PM – 5:49PM <b>Yama</b> 12:10PM – 2:03PM <b>Rahu</b> 5:49PM – 7:41PM	<b>Pushya</b> Until 6:08PM Harshana Until 10:17PM Taitila Until 7:30PM <b>Dvitiya</b> Until 8:26AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:38AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:41PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Creative Work    Siddha Yoga				Sun 17 <b>Sutra 82</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Monday, July 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra* Yoga Gara/Visti* Karana Tritiya/Chaturthi* Yam Titau		Istanbul, Turkey
	Kataka Rasi: 23.31    Tithi 3 – 4	341776151	<b>Gulika</b> 2:03PM – 3:56PM <b>Yama</b> 10:17AM – 12:10PM <b>Rahu</b> 6:31AM – 8:24AM	<b>Aslesha*</b> Until 5:06PM Vajra* Until 7:48PM Visti Until 4:46AM Tue <b>Tritiya</b> Until 6:37AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:39AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:41PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Family Home Evening Creative Work    Siddha Yoga				Sun 18 <b>Sutra 83</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, July 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Panchami Yam Titau		Istanbul, Turkey
	Simha Rasi: 7.37    Tithi 5	351776151	<b>Gulika</b> 12:10PM – 2:03PM <b>Yama</b> 8:25AM – 10:17AM <b>Rahu</b> 3:56PM – 5:48PM	<b>Magha*</b> Until 3:48PM Siddhi Until 5:03PM Bava Until 3:35PM <b>Panchami</b> Until 2:39AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:39AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:41PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Creative Work    Siddha Yoga Until 9:07PM then Amrita Yoga				Sun 19 <b>Sutra 84</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, July 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vyatiyata*/Varyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Istanbul, Turkey
	Simha Rasi: 21.49    Tithi 6	351776151	<b>Gulika</b> 10:18AM – 12:10PM <b>Yama</b> 6:32AM – 8:25AM <b>Rahu</b> 12:10PM – 2:03PM	<b>Purvaphalguni*</b> Until 2:19PM Vyatiyata* Until 2:09PM Kaulava Until 1:17PM <b>Shashti*</b> Until 12:22AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:40AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:41PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Creative Work    Amrita Yoga Until 9:07PM then Prabalarishta Yoga				Sun 20 <b>Sutra 85</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Subha Sivaloka Day</b>

<b>6</b>	<b>Thursday, July 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Istanbul, Turkey
	Kanya Rasi: 6.03    Tithi 7	451776151	<b>Gulika</b> 8:25AM – 10:18AM <b>Yama</b> 4:40AM – 6:33AM <b>Rahu</b> 2:03PM – 3:55PM	<b>Uttaraphalguni</b> Until 12:47PM Varyan Until 11:11AM Gara Until 10:55AM <b>Saptami</b> Until 10:00PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:40AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Routine Work    Prabalarishta Yoga Until 12:47PM then no yoga Until 9:07PM then Amrita Yoga		<b>Chidambaram Abhishekam</b>		Sun 21 <b>Sutra 86</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>

	<b>Friday, July 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Istanbul, Turkey
	Kanya Rasi: 20.17    Tithi 8	462776151	<b>Gulika</b> 6:33AM – 8:26AM <b>Yama</b> 3:55PM – 5:48PM <b>Rahu</b> 10:18AM – 12:11PM	<b>Hasta</b> Until 11:15AM Parigha* Until 8:13AM Visti Until 8:34AM <b>Ashtami*</b> Until 7:39PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>
	Retreat Star Creative Work    Amrita Yoga Until 11:15AM then Siddha Yoga Until 9:07PM then Marana Yoga				Sun 22 <b>Sutra 87</b> Khara 5113 Moon 6 - Phase 11 Ashtami <b>Sivaloka Day</b>

<b>7</b>	<b>Saturday, July 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Taitila Karana Navami*/Dasami Yam Titau		Istanbul, Turkey
	Tula Rasi: 4.28    Tithi 9 – 10	462776151	<b>Gulika</b> 4:42AM – 6:34AM <b>Yama</b> 2:03PM – 3:55PM <b>Rahu</b> 8:26AM – 10:18AM	<b>Chitra</b> Until 9:47AM Siddha Until 2:40AM Sun Balava Until 6:18AM <b>Navami*</b> Until 5:22PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:42AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>
	Routine Work    Marana Yoga Until 9:47AM then Siddha Yoga				Sun 23 <b>Sutra 88</b> Khara 5113 Moon 6 - Phase 11 Navami <b>Sivaloka Day</b>


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

<b>1</b>	<b>Sunday, July 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam			Istanbul, Turkey
		Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Sun 24 Sutra 89
Tula Rasi: 18.35	Tithi 10 – 11	<b>Gulika</b> 3:55PM – 5:47PM	<b>Svati Until 8:26AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:42AM	Khara 5113
	462776151	<b>Yama</b> 12:11PM – 2:03PM	<b>Sadhya Until 11:53PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:39PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 5:47PM – 7:39PM	<b>Vanija Until 2:18AM Mon</b>	<b>Nataraja:</b> Purple	4th Phase
Until 8:26AM then Marana Yoga			<b>Dasami Until 3:14PM</b>	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Monday, July 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam			Istanbul, Turkey
		Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau			Sun 25 Sutra 90
Vrischika Rasi: 2.35	Tithi 11 – 12	<b>Gulika</b> 2:03PM – 3:55PM	<b>Visakha Until 7:16AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:43AM	Khara 5113
<b>Family Home Evening</b>	472876151	<b>Yama</b> 10:19AM – 12:11PM	<b>Subha Until 9:16PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:39PM	Moon 6 - Phase 12
Routine Work Marana Yoga		<b>Rahu</b> 6:35AM – 8:27AM	<b>Bava Until 12:20AM Tue</b>	<b>Nataraja:</b> Purple	4th Phase
Until 7:16AM then Siddha Yoga			<b>Ekadasi Until 1:16PM</b>	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, July 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam			Istanbul, Turkey
		Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Sun 26 Sutra 91
Vrischika Rasi: 16.29	Tithi 12 – 13	<b>Gulika</b> 12:11PM – 2:03PM	<b>Anuradha Until 6:19AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:44AM	Khara 5113
	472876151	<b>Yama</b> 8:27AM – 10:19AM	<b>Sukla Until 6:52PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:39PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 3:55PM – 5:47PM	<b>Kaulava Until 10:37PM</b>	<b>Nataraja:</b> Purple	4th Phase
			<b>Dvadasi Until 11:33AM</b>	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>
			<i>Pradosha Vrata</i>		

<b>4</b>	<b>Wednesday, July 13, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam			Istanbul, Turkey
		Mula* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Sun 27 Sutra 92
Dhanus Rasi: 0.12	Tithi 13 – 14	<b>Gulika</b> 10:20AM – 12:11PM	<b>Mula* Until 4:31AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:44AM	Khara 5113
	482876151	<b>Yama</b> 6:36AM – 8:28AM	<b>Brahma Until 5:29PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:39PM	Moon 6 - Phase 12
Routine Work Marana Yoga		<b>Rahu</b> 12:11PM – 2:03PM	<b>Gara Until 9:12PM</b>	<b>Nataraja:</b> Purple	4th Phase
Until 9:08PM then Siddha Yoga			<b>Trayodasi Until 10:08AM</b>	<b>Ashada*Ani</b>	<b>Subha Sivaloka Day</b>

	<b>Thursday, July 14, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam			Istanbul, Turkey
	<b>Copper Retreat Star</b>	Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Sutra 93
Dhanus Rasi: 13.43	Tithi 14 – 15	<b>Gulika</b> 8:28AM – 10:20AM	<b>Purvashadha* Until 5:54AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:45AM	Khara 5113
	482876151	<b>Yama</b> 4:45AM – 6:37AM	<b>Indra Until 3:32PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:37PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 2:03PM – 3:54PM	<b>Visti Until 9:20PM</b>	<b>Nataraja:</b> Purple	Purnima
		<b>Satguru Purnima</b>	<b>Chaturdasi* Until 9:20AM</b>	<b>Ashada*Ani</b>	<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Friday, July 15, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam			Istanbul, Turkey
	<b>Silver Retreat Star</b>	Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Sutra 94
Dhanus Rasi: 27.01	Tithi 15 – 16	<b>Gulika</b> 6:37AM – 8:29AM	<b>Uttarashadha Until 5:59AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:46AM	Khara 5113
	482876151	<b>Yama</b> 3:54PM – 5:45PM	<b>Vaidhriti* Until 1:58PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:37PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 10:20AM – 12:11PM	<b>Balava Until 8:40PM</b>	<b>Nataraja:</b> Purple	Prathama
Until 9:08PM then no yoga			<b>Purnima* Until 8:40AM</b>	<b>Ashada*Ani</b>	<b>Subha Sivaloka Day</b>
Until 5:59AM Sat then Siddha Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



**Saturday, July 16, 2011**  
**Gold Retreat Star**

Makara Rasi: 10.02    Tithi 16 – 17  
492876151  
Creative Work    Siddha Yoga  
Until 9.08PM then Amrita Yoga  
Until 6:58AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Vishkambha\* Priti Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    4:47AM – 6:38AM    **Sravana Until 6:58AM Sun**  
**Yama**        2:03PM – 3:54PM    **Vishkambha\* Until 12:51PM**  
**Rahu**        8:29AM – 10:20AM    **Taitila Until 8:31PM**  
**Prathama\* Until 8:31AM**

**Ganesha:** Clear    *Sunrise:* 4:47AM  
**Muruqa:** Yellow    *Sunset:* 7:36PM  
**Nataraja:** Purple  
Moon – Purple  
**Ashada-Adi**

Istanbul, Turkey  
**Sutra 95**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Sivaloka Day**

**1**

**Sunday, July 17, 2011**

Makara Rasi: 22.49    Tithi 17 – 18  
492876152  
Creative Work    Amrita Yoga  
Until 6:58AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    3:54PM – 5:45PM    **Sravana Until 6:58AM**  
**Yama**        12:12PM – 2:03PM    **Priti Until 12:39PM**  
**Rahu**        5:45PM – 7:36PM    **Vanija Until 8:53PM**  
**Dvitiya Until 8:53AM**

**Ganesha:** Clear    *Sunrise:* 4:48AM  
**Muruqa:** Yellow    *Sunset:* 7:36PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Istanbul, Turkey  
**Sun 1    Sutra 96**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**2**

**Monday, July 18, 2011**

Kumbha Rasi: 5.2    Tithi 18 – 19  
492876152  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 9.09PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    2:02PM – 3:53PM    **Dhanishtha Until 8:40AM**  
**Yama**        10:21AM – 12:12PM    **Ayushman Until 12:23PM**  
**Rahu**        6:39AM – 8:30AM    **Bava Until 11:10PM**  
**Tritiya Until 10:05AM**

**Ganesha:** Clear    *Sunrise:* 4:48AM  
**Muruqa:** Yellow    *Sunset:* 7:35PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Istanbul, Turkey  
**Sun 2    Sutra 97**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**3**

**Tuesday, July 19, 2011**

Kumbha Rasi: 17.38    Tithi 19 – 20  
492876152  
Routine Work    Marana Yoga  
Until 9.09PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    12:12PM – 2:02PM    **Satabhisha Until 10:44AM**  
**Yama**        8:30AM – 10:21AM    **Saubhagya Until 12:32PM**  
**Rahu**        3:53PM – 5:44PM    **Kaulava Until 12:36AM Wed**  
**Chaturthi\* Until 11:30AM**

**Ganesha:** Clear    *Sunrise:* 4:49AM  
**Muruqa:** Yellow    *Sunset:* 7:34PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Istanbul, Turkey  
**Sun 3    Sutra 98**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**4**

**Wednesday, July 20, 2011**

Kumbha Rasi: 29.45    Tithi 20 – 21  
412876152  
Creative Work    Amrita Yoga  
Until 1:10PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    10:21AM – 12:12PM    **Purvaprostapada\* Until 1:10PM**  
**Yama**        6:40AM – 8:31AM    **Sobhana Until 1:01PM**  
**Rahu**        12:12PM – 2:02PM    **Gara Until 2:25AM Thu**  
**Panchami Until 1:20PM**

**Ganesha:** Yellow    *Sunrise:* 4:50AM  
**Muruqa:** Yellow    *Sunset:* 7:34PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Istanbul, Turkey  
**Sun 4    Sutra 99**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**5**

**Thursday, July 21, 2011**

Meena Rasi: 11.44    Tithi 21 – 22  
412876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Ahiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    8:31AM – 10:22AM    **Uttaraprostapada Until 3:52PM**  
**Yama**        4:51AM – 6:41AM    **Ahiganda\* Until 1:45PM**  
**Rahu**        2:02PM – 3:52PM    **Visti Until 4:33AM Fri**  
**Shasthi\* Until 3:27PM**

**Ganesha:** Yellow    *Sunrise:* 4:51AM  
**Muruqa:** Yellow    *Sunset:* 7:33PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Istanbul, Turkey  
**Sun 5    Sutra 100**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**6**

**Friday, July 22, 2011**

Meena Rasi: 23.38    Tithi 22 – 23  
413876152  
Creative Work    Siddha Yoga  
Until 6.43PM then Amrita Yoga  
Until 9.09PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    6:42AM – 8:32AM    **Revati Until 6:43PM**  
**Yama**        3:52PM – 5:42PM    **Sukarma Until 2:38PM**  
**Rahu**        10:22AM – 12:12PM    **Balava Until 6:50AM Sat**  
**Saptami Until 5:45PM**

**Ganesha:** White    *Sunrise:* 4:52AM  
**Muruqa:** Yellow    *Sunset:* 7:32PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Istanbul, Turkey  
**Sun 6    Sutra 101**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Retreat Star**

**Saturday, July 23, 2011**

Mesha Rasi: 5.32    Tithi 23  
423876152  
Creative Work    Siddha Yoga  
Until 9:36PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Asvini Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    4:53AM – 6:42AM    **Asvini Until 9:36PM**  
**Yama**        2:02PM – 3:52PM    **Dhriti Until 3:31PM**  
**Rahu**        8:32AM – 10:22AM    **Balava Until 6:58AM**  
**Ashtami\* Until 8:04PM**

**Ganesha:** Yellow    *Sunrise:* 4:53AM  
**Muruqa:** Yellow    *Sunset:* 7:31PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Istanbul, Turkey  
**Sun 7    Sutra 102**  
Khara 5113  
Moon 7 - Phase 13  
Ashtami  
**Devaloka Day**

**Sunday, July 24, 2011**

**Retreat Star**

Mesha Rasi: 17.29    Tithi 24  
423876152  
No Yoga  
Until 9.09PM then Siddha Yoga  
Until 12:22AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    3:51PM – 5:41PM    **Bharani Until 12:22AM Mon**  
**Yama**        12:12PM – 2:02PM    **Shula\* Until 4:18PM**  
**Rahu**        5:41PM – 7:30PM    **Taitila Until 9:09AM**  
**Navami\* Until 10:15PM**

**Ganesha:** Yellow    *Sunrise:* 4:54AM  
**Muruqa:** Yellow    *Sunset:* 7:30PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Istanbul, Turkey  
**Sun 8    Sutra 103**  
Khara 5113  
Moon 7 - Phase 13  
Navami  
**Devaloka Day**

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418


<b>1</b>	<b>Monday, July 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dasami Yam Titau		Istanbul, Turkey
	Mesha Rasi: 29.35      Tithi 25 Family Home Evening No Yoga Until 9.09PM then Siddha Yoga Until 2:50AM Tue then Amrita Yoga	433876152	<b>Gulika</b> 2:01PM – 3:51PM <b>Yama</b> 10:23AM – 12:12PM <b>Rahu</b> 6:44AM – 8:33AM	<b>Krittika Until 2:50AM Tue</b> Ganda* Until 4:50PM Vanija Until 11:01AM Dasami Until 12:07AM Tue	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:54AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:29PM <b>Nataraja:</b> Clear Moon – White <b>Ashada*Adi</b>

<b>2</b>	<b>Tuesday, July 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau		Istanbul, Turkey
	Wrishabha Rasi: 11.54      Tithi 26 Creative Work Amrita Yoga Until 9.09PM then Siddha Yoga	433876152	<b>Gulika</b> 12:12PM – 2:01PM <b>Yama</b> 8:34AM – 10:23AM <b>Rahu</b> 3:50PM – 5:39PM	<b>Rohini Until 3:06AM Wed</b> Vridhi Until 4:09PM Bava Until 11:53AM Ekadasi* Until 11:53PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:55AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:28PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>

<b>3</b>	<b>Wednesday, July 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Istanbul, Turkey
	Wrishabha Rasi: 24.31      Tithi 27 Creative Work Siddha Yoga Until 9.09PM then Marana Yoga	433876152	<b>Gulika</b> 10:23AM – 12:12PM <b>Yama</b> 6:45AM – 8:34AM <b>Rahu</b> 12:12PM – 2:01PM	<b>Mrigasira Until 4:25AM Thu</b> Dhruva Until 3:44PM Kaulava Until 12:33PM Dvadasi* Until 12:33AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:56AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:28PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>

<b>4</b>	<b>Thursday, July 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Istanbul, Turkey
	Mithuna Rasi: 7.3      Tithi 28 Routine Work Marana Yoga Until 9.09PM then Siddha Yoga	433876152	<b>Gulika</b> 8:35AM – 10:23AM <b>Yama</b> 4:57AM – 6:46AM <b>Rahu</b> 2:01PM – 3:49PM	<b>Ardra Until 5:04AM Fri</b> Vyaghata* Until 2:42PM Gara Until 12:30PM Trayodasi* Until 12:30AM Fri <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:57AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:27PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>

<b>5</b>	<b>Friday, July 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Istanbul, Turkey
	Mithuna Rasi: 20.53      Tithi 29 Creative Work Siddha Yoga Until 9.09PM then Marana Yoga Until 3:21AM Sat then Siddha Yoga	443876152	<b>Gulika</b> 6:47AM – 8:35AM <b>Yama</b> 3:49PM – 5:37PM <b>Rahu</b> 10:23AM – 12:12PM	<b>Punarvasu Until 3:21AM Sat</b> Harshana Until 12:32PM Visti Until 11:13AM Chaturdasi* Until 10:18PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:58AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:26PM <b>Nataraja:</b> Clear Moon – Blue <b>Ashada*Adi</b>

	<b>Saturday, July 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Istanbul, Turkey
	<b>Retreat Star</b> Kataka Rasi: 4.38      Tithi 30 Creative Work Siddha Yoga	443876152	<b>Gulika</b> 4:59AM – 6:47AM <b>Yama</b> 2:00PM – 3:48PM <b>Rahu</b> 8:35AM – 10:24AM	<b>Pushya Until 2:37AM Sun</b> Vajra* Until 10:18AM Catuspada Until 9:44AM Amavasya* Until 8:48PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:59AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:25PM <b>Nataraja:</b> Clear Moon – Blue <b>Ashada*Adi</b>

<b>Retreat Star</b>	<b>Sunday, July 31, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Istanbul, Turkey
	Kataka Rasi: 18.46      Tithi 1 Creative Work Siddha Yoga	443876152	<b>Gulika</b> 3:48PM – 5:36PM <b>Yama</b> 12:12PM – 2:00PM <b>Rahu</b> 5:36PM – 7:24PM	<b>Aslesha* Until 1:16AM Mon</b> Siddhi Until 7:32AM Kintughna Until 7:36AM Prathama* Until 6:40PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:00AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:24PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Adi</b>

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

<b>1</b>	<b>Monday, August 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Istanbul, Turkey
	Simha Rasi: 3.08      Tithi 2 – 3 Family Home Evening      453876152 Creative Work      Siddha Yoga	<b>Gulika</b> 1:59PM – 3:47PM <b>Yama</b> 10:24AM – 12:24PM <b>Rahu</b> 6:49AM – 8:36AM	<b>Sun 16 Sutra 111</b> Khara 5113 Moon 7 - Phase 15 3rd Phase

**Magha\* Until 10:19PM**  
Variyan Until 12:26AM Tue  
Taitila Until 1:36AM Tue  
**Dvitiya Until 3:19PM**

**Ganesha:** Blue      *Sunrise:* 5:01AM  
**Muruqa:** Yellow      *Sunset:* 7:22PM  
**Nataraja:** Clear  
Moon – Red  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Tuesday, August 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Istanbul, Turkey
	Simha Rasi: 17.41      Tithi 3 – 4 Creative Work      Siddha Yoga Until 8:22PM then Amrita Yoga	<b>Gulika</b> 12:12PM – 1:59PM <b>Yama</b> 8:37AM – 10:24AM <b>Rahu</b> 3:47PM – 5:34PM	<b>Sun 17 Sutra 112</b> Khara 5113 Moon 7 - Phase 15 3rd Phase

**Purvaphalguni\* Until 8:22PM**  
Parigha\* Until 9:10PM  
Vanija Until 10:53PM  
**Tritiya Until 12:36PM**

**Ganesha:** Blue      *Sunrise:* 5:02AM  
**Muruqa:** Yellow      *Sunset:* 7:21PM  
**Nataraja:** Clear  
Moon – Red  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Wednesday, August 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Istanbul, Turkey
	Kanya Rasi: 2.17      Tithi 4 – 5 Creative Work      Amrita Yoga Until 6:21PM then Siddha Yoga Until 9:09PM then no yoga	<b>Gulika</b> 10:24AM – 12:12PM <b>Yama</b> 6:50AM – 8:37AM <b>Rahu</b> 12:12PM – 1:59PM	<b>Sun 18 Sutra 113</b> Khara 5113 Moon 7 - Phase 15 3rd Phase

**Uttaraphalguni Until 6:21PM**  
Shiva Until 5:50PM  
Bava Until 8:04PM  
**Chaturthi\* Until 9:47AM**

**Ganesha:** Blue      *Sunrise:* 5:03AM  
**Muruqa:** Yellow      *Sunset:* 7:20PM  
**Nataraja:** Clear  
Moon – Red  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Thursday, August 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Panchami/Shashti* Yam Titau	Istanbul, Turkey
	Kanya Rasi: 16.5      Tithi 5 – 6 No Yoga Until 5:09PM then Siddha Yoga	<b>Gulika</b> 8:38AM – 10:25AM <b>Yama</b> 5:04AM – 6:51AM <b>Rahu</b> 1:58PM – 3:45PM	<b>Sun 19 Sutra 114</b> Khara 5113 Moon 7 - Phase 15 3rd Phase

**Hasta Until 5:09PM**  
Siddha Until 3:09PM  
Taitila Until 6:13PM  
**Panchami Until 7:08AM**

**Ganesha:** Yellow      *Sunrise:* 5:04AM  
**Muruqa:** Yellow      *Sunset:* 7:19PM  
**Nataraja:** Clear  
Moon – Green  
**Sravana-Adi**

**Devaloka Day**

<b>5</b>	<b>Friday, August 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Istanbul, Turkey
	Tula Rasi: 1.14      Tithi 7 Creative Work      Siddha Yoga	<b>Gulika</b> 6:52AM – 8:38AM <b>Yama</b> 3:45PM – 5:31PM <b>Rahu</b> 10:25AM – 12:11PM	<b>Sun 20 Sutra 115</b> Khara 5113 Moon 7 - Phase 15 3rd Phase

**Chitra Until 3:19PM**  
Sadhya Until 11:55AM  
Gara Until 3:33PM  
**Saptami Until 2:37AM Sat**

**Ganesha:** Yellow      *Sunrise:* 5:05AM  
**Muruqa:** Yellow      *Sunset:* 7:18PM  
**Nataraja:** Clear  
Moon – Green  
**Sravana-Adi**

**Devaloka Day**

<b>6</b>	<b>Saturday, August 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau	Istanbul, Turkey
	Tula Rasi: 15.27      Tithi 8 Creative Work      Siddha Yoga Until 9:08PM then Marana Yoga	<b>Gulika</b> 5:06AM – 6:52AM <b>Yama</b> 1:58PM – 3:44PM <b>Rahu</b> 8:39AM – 10:25AM	<b>Sun 21 Sutra 116</b> Khara 5113 Moon 7 - Phase 15 Ashtami

**Svati Until 1:48PM**  
Subha Until 8:58AM  
Visti Until 1:14PM  
**Ashtami\* Until 12:18AM Sun**

**Ganesha:** Yellow      *Sunrise:* 5:06AM  
**Muruqa:** Yellow      *Sunset:* 7:17PM  
**Nataraja:** Clear  
Moon – Green  
**Sravana-Adi**

**Devaloka Day**

<b>7</b>	<b>Sunday, August 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Istanbul, Turkey
	Tula Rasi: 29.26      Tithi 9 Routine Work      Marana Yoga Until 9:08PM then Siddha Yoga	<b>Gulika</b> 3:43PM – 5:29PM <b>Yama</b> 12:11PM – 1:57PM <b>Rahu</b> 5:29PM – 7:15PM	<b>Sun 22 Sutra 117</b> Khara 5113 Moon 7 - Phase 15 Navami

**Visakha Until 12:41PM**  
Sukla Until 6:24AM  
Balava Until 11:20AM  
**Navami\* Until 10:24PM**

**Ganesha:** White      *Sunrise:* 5:07AM  
**Muruqa:** Yellow      *Sunset:* 7:15PM  
**Nataraja:** Clear  
Moon – Orange  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Monday, August 8, 2011</p> <p>Vrischika Rasi: 13.11      Tilthi 10</p> <p>Family Home Evening      474976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau			Istanbul, Turkey <b>Sun 23    Sutra 118</b> Khara 5113
	<b>Gulika</b> 1:57PM – 3:43PM <b>Yama</b> 10:25AM – 12:11PM <b>Rahu</b> 6:54AM – 8:39AM	<b>Anuradha Until 11:58AM</b> Indra Until 2:55AM Tue Tailila Until 9:51AM <b>Dasami Until 8:56PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:08AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:14PM <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>	Moon 7 - Phase 16 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Tuesday, August 9, 2011</p> <p>Vrischika Rasi: 26.43      Tilthi 11</p> <p>474976152</p> <p>Creative Work      Siddha Yoga</p> <p>Until 12:03PM then Amrita Yoga</p> <p>Until 9:08PM then Marana Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Istanbul, Turkey <b>Sun 24    Sutra 119</b> Khara 5113
	<b>Gulika</b> 12:11PM – 1:56PM <b>Yama</b> 8:40AM – 10:25AM <b>Rahu</b> 3:42PM – 5:27PM	<b>Jyeshtha* Until 12:03PM</b> Vaidhriti* Until 12:56AM Wed Vanija Until 9:02AM <b>Ekadasi Until 9:02PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:09AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:13PM <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>	Moon 7 - Phase 16 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Wednesday, August 10, 2011</p> <p>Dhanus Rasi: 10.02      Tilthi 12</p> <p>484976152</p> <p>Routine Work      Marana Yoga</p> <p>Until 12:04PM then Amrita Yoga</p> <p>Until 9:08PM then Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau			Istanbul, Turkey <b>Sun 25    Sutra 120</b> Khara 5113
	<b>Gulika</b> 10:26AM – 12:11PM <b>Yama</b> 6:55AM – 8:40AM <b>Rahu</b> 12:11PM – 1:56PM	<b>Mula* Until 12:04PM</b> Vishkambha* Until 11:18PM Bava Until 8:18AM <b>Dvadasi Until 8:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:10AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:12PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	Moon 7 - Phase 16 4th Phase <b>Devaloka Day</b>

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Thursday, August 11, 2011</p> <p>Dhanus Rasi: 23.1      Tilthi 13</p> <p>484976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Tailila Karana Trayodasi Yam Titau			Istanbul, Turkey <b>Sun 26    Sutra 121</b> Khara 5113
	<b>Gulika</b> 8:41AM – 10:26AM <b>Yama</b> 5:11AM – 6:56AM <b>Rahu</b> 1:56PM – 3:41PM	<b>Purvashadha* Until 12:28PM</b> Priti Until 10:01PM Kaulava Until 7:59AM <b>Trayodasi Until 7:59PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:11AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:10PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	Moon 7 - Phase 16 4th Phase <b>Devaloka Day</b>

<h1 style="font-size: 2em; margin: 0;">5</h1> <p>Friday, August 12, 2011</p> <p>Makara Rasi: 6.05      Tilthi 14</p> <p>484976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Istanbul, Turkey <b>Sun 27    Sutra 122</b> Khara 5113
	<b>Gulika</b> 6:56AM – 8:41AM <b>Yama</b> 3:40PM – 5:24PM <b>Rahu</b> 10:26AM – 12:10PM	<b>Uttarashadha Until 1:13PM</b> Ayushman Until 9:05PM Gara Until 8:03AM <b>Chaturdasi* Until 8:03PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:12AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:09PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	Moon 7 - Phase 16 4th Phase <b>Devaloka Day</b>

<h1 style="font-size: 2em; margin: 0;">O</h1> <p>Saturday, August 13, 2011</p> <p><b>Copper Retreat Star</b></p> <p>Makara Rasi: 18.49      Tilthi 15</p> <p>494976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau			Istanbul, Turkey <b>Sutra 123</b> Khara 5113
	<b>Gulika</b> 5:13AM – 6:57AM <b>Yama</b> 1:55PM – 3:39PM <b>Rahu</b> 8:42AM – 10:26AM  <b>Raksha Bandhan</b>	<b>Sravana Until 2:20PM</b> Saubhagya Until 8:28PM Visti Until 8:30AM <b>Purnima* Until 8:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:13AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:08PM <b>Nataraja:</b> Clear Moon – Purple <b>Sravana-Adi</b>	Moon 7 - Phase 16 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<p>Sunday, August 14, 2011</p> <p><b>Silver Retreat Star</b></p> <p>Kumbha Rasi: 1.22      Tilthi 16</p> <p>494976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau			Istanbul, Turkey <b>Sutra 124</b> Khara 5113
	<b>Gulika</b> 3:38PM – 5:22PM <b>Yama</b> 12:10PM – 1:54PM <b>Rahu</b> 5:22PM – 7:06PM	<b>Dhanishtha Until 4:36PM</b> Sobhana Until 9:16PM Balava Until 9:38AM <b>Prathama* Until 10:44PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:14AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:06PM <b>Nataraja:</b> Clear Moon – Purple <b>Sravana-Adi</b>	Moon 7 - Phase 16 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634





**Monday, August 15, 2011**  
**Gold Retreat Star**

Kumbha Rasi: 13.44    Tithi 17  
**Family Home Evening**    494976152  
Creative Work    Siddha Yoga  
Until 6:33PM then no yoga  
Until 9.07PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    1:54PM – 3:37PM    **Satabhisha Until 6:33PM**  
**Yama**    10:26AM – 12:10PM    **Athiganda\* Until 9:17PM**  
**Rahu**    6:59AM – 8:42AM    **Taitila Until 10:57AM**  
**Dvitiya Until 12:02AM Tue**

**Ganesha:** Purple    *Sunrise:* 5:15AM  
**Muruqa:** Yellow    *Sunset:* 7:05PM  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Adi**

Istanbul, Turkey  
**Sun 1    Sutra 125**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Tuesday, August 16, 2011**

Kumbha Rasi: 25.55    Tithi 18  
414976152  
Routine Work    Marana Yoga  
Until 8:50PM then Amrita Yoga  
Until 9.07PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    12:10PM – 1:53PM    **Purvaprostapada\* Until 8:50PM**  
**Yama**    8:43AM – 10:26AM    **Sukarma Until 9:37PM**  
**Rahu**    3:37PM – 5:20PM    **Vanija Until 12:38PM**  
**Tritiya Until 1:43AM Wed**

**Ganesha:** White    *Sunrise:* 5:16AM  
**Muruqa:** Yellow    *Sunset:* 7:04PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Adi**

Istanbul, Turkey  
**Sun 2    Sutra 126**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Wednesday, August 17, 2011**

Meena Rasi: 7.58    Tithi 19  
415976152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    10:26AM – 12:09PM    **Uttaraprostapada Until 11:25PM**  
**Yama**    7:00AM – 8:43AM    **Dhriti Until 10:14PM**  
**Rahu**    12:09PM – 1:53PM    **Bava Until 2:38PM**  
**Chaturthi\* Until 3:43AM Thu**

**Ganesha:** Clear    *Sunrise:* 5:17AM  
**Muruqa:** Yellow    *Sunset:* 7:02PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

Istanbul, Turkey  
**Sun 3    Sutra 127**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**3**

**Thursday, August 18, 2011**

Meena Rasi: 19.53    Tithi 20  
515976152  
Creative Work    Siddha Yoga  
Until 2:13AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    8:44AM – 10:26AM    **Revati Until 2:13AM Fri**  
**Yama**    5:18AM – 7:01AM    **Shula\* Until 11:03PM**  
**Rahu**    1:52PM – 3:35PM    **Kaulava Until 4:53PM**  
**Panchami Until 6:11AM Fri**

**Ganesha:** Purple    *Sunrise:* 5:18AM  
**Muruqa:** Yellow    *Sunset:* 7:01PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

Istanbul, Turkey  
**Sun 4    Sutra 128**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**

**4**

**Friday, August 19, 2011**

Mesha Rasi: 1.45    Tithi 20 – 21  
525976152  
Creative Work    Amrita Yoga  
Until 9.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini Nakshatra Ganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    7:01AM – 8:44AM    **Asvini Until 5:10AM Sat**  
**Yama**    3:34PM – 5:17PM    **Ganda\* Until 11:59PM**  
**Rahu**    10:26AM – 12:09PM    **Gara Until 7:17PM**  
**Panchami Until 6:11AM**

**Ganesha:** Clear    *Sunrise:* 5:19AM  
**Muruqa:** Yellow    *Sunset:* 6:59PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Istanbul, Turkey  
**Sun 5    Sutra 129**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**5**

**Saturday, August 20, 2011**

Mesha Rasi: 13.37    Tithi 21 – 22  
525976152  
Creative Work    Siddha Yoga  
Until 9.06PM then no yoga  
Until 8:17AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    5:20AM – 7:02AM    **Bharani Until 8:17AM Sun**  
**Yama**    1:51PM – 3:33PM    **Vriddhi Until 12:56AM Sun**  
**Rahu**    8:44AM – 10:27AM    **Visti Until 9:42PM**  
**Shasthi\* Until 8:36AM**

**Ganesha:** Clear    *Sunrise:* 5:20AM  
**Muruqa:** Yellow    *Sunset:* 6:58PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Istanbul, Turkey  
**Sun 6    Sutra 130**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**



**Sunday, August 21, 2011**  
**Retreat Star**

Mesha Rasi: 25.31    Tithi 22 – 23  
525976152  
No Yoga  
Until 8:17AM then Siddha Yoga  
Until 9.06PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    3:32PM – 5:14PM    **Bharani Until 8:17AM**  
**Yama**    12:09PM – 1:51PM    **Dhruva Until 1:47AM Mon**  
**Rahu**    5:14PM – 6:56PM    **Balava Until 11:59PM**  
**Krishna Janmashtami**    **Saptami Until 10:54AM**

**Ganesha:** Clear    *Sunrise:* 5:21AM  
**Muruqa:** Yellow    *Sunset:* 6:56PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Istanbul, Turkey  
**Sun 7    Sutra 131**  
Khara 5113  
Moon 8 - Phase 17  
Ashtami

**Devaloka Day**

**Monday, August 22, 2011**  
**Retreat Star**

Vrishabha Rasi: 7.35    Tithi 23 – 24  
**Family Home Evening**    525976152  
No Yoga  
Until 10:51AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    1:50PM – 3:32PM    **Krittika Until 10:51AM**  
**Yama**    10:27AM – 12:08PM    **Vyaghata\* Until 2:22AM Tue**  
**Rahu**    7:03AM – 8:45AM    **Taitila Until 1:58AM Tue**  
**Ashtami\* Until 12:52PM**

**Ganesha:** Clear    *Sunrise:* 5:22AM  
**Muruqa:** Yellow    *Sunset:* 6:55PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Istanbul, Turkey  
**Sun 8    Sutra 132**  
Khara 5113  
Moon 8 - Phase 17  
Navami

**Devaloka Day**


<b>1</b>	<b>Tuesday, August 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Istanbul, Turkey
	535976152	<b>Sun 9 Sutra 133</b> Khara 5113	
Wishabha Rasi: 19.52	Tithi 24 – 25	<b>Gulika</b> 12:08PM – 1:49PM <b>Yama</b> 8:45AM – 10:27AM <b>Rahu</b> 3:31PM – 5:12PM	<b>Rohini</b> Until 12:23PM Harshana Until 1:02AM Wed Vanija Until 1:38AM Wed <b>Navami*</b> Until 1:38PM

<b>2</b>	<b>Wednesday, August 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Istanbul, Turkey
	535976152	<b>Sun 10 Sutra 134</b> Khara 5113	
Mithuna Rasi: 2.29	Tithi 25 – 26	<b>Gulika</b> 10:27AM – 12:08PM <b>Yama</b> 7:05AM – 8:46AM <b>Rahu</b> 12:08PM – 1:49PM	<b>Mrigasira</b> Until 1:43PM Vajra* Until 12:37AM Thu Bava Until 2:20AM Thu <b>Dasami</b> Until 2:20PM

<b>3</b>	<b>Thursday, August 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Istanbul, Turkey
	535976152	<b>Sun 11 Sutra 135</b> Khara 5113	
Mithuna Rasi: 15.31	Tithi 26 – 27	<b>Gulika</b> 8:46AM – 10:27AM <b>Yama</b> 5:25AM – 7:05AM <b>Rahu</b> 1:48PM – 3:29PM	<b>Ardra</b> Until 2:17PM Siddhi Until 11:30PM Kaulava Until 12:40AM Fri <b>Ekadasi*</b> Until 1:35PM

<b>4</b>	<b>Friday, August 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Istanbul, Turkey
	545976152	<b>Sun 12 Sutra 136</b> Khara 5113	
Mithuna Rasi: 28.59	Tithi 27 – 28	<b>Gulika</b> 7:06AM – 8:47AM <b>Yama</b> 3:28PM – 5:08PM <b>Rahu</b> 10:27AM – 12:07PM	<b>Punarvasu</b> Until 1:27PM Vyatipata* Until 8:34PM Gara Until 11:43PM <b>Dvadasi*</b> Until 12:38PM <i>Pradosha Vrata (Fasting)</i>

<b>5</b>	<b>Saturday, August 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan*/Parigha* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Istanbul, Turkey
	546976152	<b>Sun 13 Sutra 137</b> Khara 5113	
Kataka Rasi: 12.55	Tithi 28 – 29	<b>Gulika</b> 5:27AM – 7:07AM <b>Yama</b> 1:47PM – 3:27PM <b>Rahu</b> 8:47AM – 10:27AM	<b>Pushya</b> Until 12:25PM Variyan Until 6:03PM Visti Until 9:55PM <b>Trayodasi*</b> Until 10:51AM

	<b>Sunday, August 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Istanbul, Turkey
	546976153	<b>Sun 14 Sutra 138</b> Khara 5113	
Kataka Rasi: 27.17	Tithi 29 – 30	<b>Gulika</b> 3:26PM – 5:06PM <b>Yama</b> 12:07PM – 1:46PM <b>Rahu</b> 5:06PM – 6:46PM	<b>Aslesha*</b> Until 10:20AM Parigha* Until 2:18PM Catuspada Until 6:23PM <b>Chaturdasi*</b> Until 8:06AM

<b>Retreat Star</b>	<b>Monday, August 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Istanbul, Turkey
	556976153	<b>Sun 15 Sutra 139</b> Khara 5113	
Simha Rasi: 12	Tithi 1	<b>Gulika</b> 1:46PM – 3:25PM <b>Yama</b> 10:27AM – 12:06PM <b>Rahu</b> 7:08AM – 8:48AM	<b>Magha*</b> Until 8:08AM Shiva Until 10:47AM Kintughna Until 3:24PM <b>Prathama*</b> Until 1:41AM Tue

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743


<b>1</b>	<b>Tuesday, August 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Istanbul, Turkey
	Simha Rasi: 26.56      Tithi 2 566176153	<b>Gulika</b> 12:06PM – 1:45PM <b>Yama</b> 8:48AM – 10:27AM <b>Rahu</b> 3:24PM – 5:03PM	<b>Sun 16 Sutra 140</b> Khara 5113 Moon 8 - Phase 19 3rd Phase
	Creative Work Amrita Yoga Until 2:55AM Wed then Siddha Yoga	<b>Uttaraphalguni Until 2:55AM Wed</b> <b>Siddha Until 6:57AM</b> <b>Balava Until 12:02PM</b> <b>Dvitiya Until 10:19PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:42PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada-Avani</b>
			<b>Devaloka Day</b>

<b>2</b>	<b>Wednesday, August 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiya Yam Titau	Istanbul, Turkey
	Kanya Rasi: 11.55      Tithi 3 566176153	<b>Gulika</b> 10:27AM – 12:06PM <b>Yama</b> 7:10AM – 8:48AM <b>Rahu</b> 12:06PM – 1:45PM	<b>Sun 17 Sutra 141</b> Khara 5113 Moon 8 - Phase 19 3rd Phase
	Creative Work Siddha Yoga Until 9:03PM then no yoga Until 12:16AM Thu then Siddha Yoga	<b>Hasta Until 12:16AM Thu</b> <b>Subha Until 11:00PM</b> <b>Taitila Until 8:33AM</b> <b>Tritiya Until 6:51PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:41PM <b>Nataraja:</b> White Moon – Green <b>Bhadrapada-Avani</b>
			<b>Devaloka Day</b>

<b>3</b>	<b>Thursday, September 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Istanbul, Turkey
	Kanya Rasi: 26.5      Tithi 4 – 5 566176153	<b>Gulika</b> 8:49AM – 10:27AM <b>Yama</b> 5:32AM – 7:10AM <b>Rahu</b> 1:44PM – 3:22PM	<b>Sun 18 Sutra 142</b> Khara 5113 Moon 8 - Phase 19 3rd Phase
	Creative Work Siddha Yoga	<b>Chitra Until 9:44PM</b> <b>Sukla Until 7:11PM</b> <b>Bava Until 1:47AM Fri</b> <b>Chaturthi* Until 3:30PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:39PM <b>Nataraja:</b> White Moon – Green <b>Bhadrapada-Avani</b>
		<b>Ganesha Chaturthi</b>	<b>Devaloka Day</b>

<b>4</b>	<b>Friday, September 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Istanbul, Turkey
	Tula Rasi: 11.33      Tithi 5 – 6 566176153	<b>Gulika</b> 7:11AM – 8:49AM <b>Yama</b> 3:21PM – 4:59PM <b>Rahu</b> 10:27AM – 12:05PM	<b>Sun 19 Sutra 143</b> Khara 5113 Moon 8 - Phase 19 3rd Phase
	Creative Work Siddha Yoga Until 8:30PM then Marana Yoga Until 9:02PM then Siddha Yoga	<b>Svati Until 8:30PM</b> <b>Brahma Until 4:18PM</b> <b>Kaulava Until 12:06AM Sat</b> <b>Panchami Until 1:01PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> White Moon – Green <b>Bhadrapada-Avani</b>
			<b>Devaloka Day</b>

<b>5</b>	<b>Saturday, September 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Istanbul, Turkey
	Tula Rasi: 25.57      Tithi 6 – 7 577176153	<b>Gulika</b> 5:34AM – 7:12AM <b>Yama</b> 1:43PM – 3:20PM <b>Rahu</b> 8:49AM – 10:27AM	<b>Sun 20 Sutra 144</b> Khara 5113 Moon 8 - Phase 19 3rd Phase
	Creative Work Siddha Yoga Until 9:02PM then Marana Yoga	<b>Visakha Until 6:39PM</b> <b>Indra Until 1:02PM</b> <b>Gara Until 9:26PM</b> <b>Shasthi* Until 10:21AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada-Avani</b>
			<b>Subha Sivaloka Day</b>

	<b>Sunday, September 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Istanbul, Turkey
	<b>Retreat Star</b> Vrischika Rasi: 10.01      Tithi 7 – 8 577176153	<b>Gulika</b> 3:19PM – 4:57PM <b>Yama</b> 12:04PM – 1:42PM <b>Rahu</b> 4:57PM – 6:34PM	<b>Sun 21 Sutra 145</b> Khara 5113 Moon 8 - Phase 19 Ashtami
	Routine Work Marana Yoga Until 9:02PM then Siddha Yoga	<b>Anuradha Until 5:25PM</b> <b>Vaidhriti* Until 10:20AM</b> <b>Visti Until 7:25PM</b> <b>Saptami Until 8:21AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:34PM <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada-Avani</b>
			<b>Subha Sivaloka Day</b>

<b>Monday, September 5, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Istanbul, Turkey
	Vrischika Rasi: 23.43      Tithi 8 – 9 <b>Family Home Evening</b> 577176153	<b>Gulika</b> 1:41PM – 3:18PM <b>Yama</b> 10:27AM – 12:04PM <b>Rahu</b> 7:13AM – 8:50AM	<b>Sun 22 Sutra 146</b> Khara 5113 Moon 8 - Phase 19 Navami
	Creative Work Siddha Yoga Until 9:01PM then Amrita Yoga	<b>Jyeshtha* Until 5:37PM</b> <b>Vishkambha* Until 8:21AM</b> <b>Balava Until 7:05PM</b> <b>Ashtami* Until 7:05AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada-Avani</b>
			<b>Subha Sivaloka Day</b>

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

<b>1</b>	<b>Tuesday, September 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Istanbul, Turkey
	Dhanus Rasi: 7.04    Tithi 9 – 10 587176153	<b>Gulika</b> 12:04PM – 1:41PM <b>Yama</b> 8:50AM – 10:27AM <b>Rahu</b> 3:17PM – 4:54PM	<b>Sun 23 Sutra 147</b> Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work    Amrita Yoga Until 5:34PM then Siddha Yoga Until 9.01PM then Amrita Yoga		<b>Mula* Until 5:34PM</b> <b>Priti Until 6:39AM</b> <b>Taitila Until 6:18PM</b> <b>Navami* Until 6:18AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:37AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
<b>Sivaloka Day</b>			

<b>2</b>	<b>Wednesday, September 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dasami*/Ekadasi Yam Titau	Istanbul, Turkey
	Dhanus Rasi: 20.08    Tithi 10 – 11 587176153	<b>Gulika</b> 10:27AM – 12:03PM <b>Yama</b> 7:14AM – 8:51AM <b>Rahu</b> 12:03PM – 1:40PM	<b>Sun 24 Sutra 148</b> Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work    Amrita Yoga Until 9.01PM then Siddha Yoga		<b>Purvashadha* Until 6:03PM</b> <b>Saubhagya Until 4:18AM Thu</b> <b>Vanija Until 6:07PM</b> <b>Dasami Until 6:07AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:38AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:29PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
<b>Sivaloka Day</b>			

<b>3</b>	<b>Thursday, September 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Istanbul, Turkey
	Makara Rasi: 2.58    Tithi 11 – 12 587176153	<b>Gulika</b> 8:51AM – 10:27AM <b>Yama</b> 5:39AM – 7:15AM <b>Rahu</b> 1:39PM – 3:15PM	<b>Sun 25 Sutra 149</b> Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work    Siddha Yoga		<b>Uttarashadha Until 7:00PM</b> <b>Sobhana Until 3:31AM Fri</b> <b>Bava Until 6:25PM</b> <b>Ekadasi Until 6:25AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:28PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
<b>Sivaloka Day</b>			

<b>4</b>	<b>Friday, September 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Istanbul, Turkey
	Makara Rasi: 15.35    Tithi 12 – 13 597176153	<b>Gulika</b> 7:15AM – 8:51AM <b>Yama</b> 3:14PM – 4:50PM <b>Rahu</b> 10:27AM – 12:03PM	<b>Sun 26 Sutra 150</b> Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work    Siddha Yoga		<b>Sravana Until 9:31PM</b> <b>Athiganda* Until 4:42AM Sat</b> <b>Kaulava Until 8:18PM</b> <b>Dvadasi Until 7:13AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
<i>Pradosha Vrata</i> <b>Subha Sivaloka Day</b>			

<b>5</b>	<b>Saturday, September 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau	Istanbul, Turkey
	Makara Rasi: 28.02    Tithi 13 – 14 598176153	<b>Gulika</b> 5:41AM – 7:16AM <b>Yama</b> 1:38PM – 3:13PM <b>Rahu</b> 8:52AM – 10:27AM	<b>Sun 27 Sutra 151</b> Khara 5113 Moon 8 - Phase 20 4th Phase
Creative Work    Siddha Yoga		<b>Dhanishtha Until 11:17PM</b> <b>Sukarma Until 4:32AM Sun</b> <b>Gara Until 9:27PM</b> <b>Trayodasi Until 8:21AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:24PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
<b>Sivaloka Day</b>			

<b>○</b>	<b>Sunday, September 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Istanbul, Turkey
	Kumbha Rasi: 10.2    Tithi 14 – 15 598176153	<b>Gulika</b> 3:12PM – 4:47PM <b>Yama</b> 12:02PM – 1:37PM <b>Rahu</b> 4:47PM – 6:23PM	<b>Sun 28 Sutra 152</b> Khara 5113 Moon 8 - Phase 20 Purnima
Creative Work    Siddha Yoga Until 1:20AM Mon then no yoga		<b>Satabhisha Until 1:20AM Mon</b> <b>Dhriti Until 4:38AM Mon</b> <b>Visti Until 10:54PM</b> <b>Chaturdasi* Until 9:49AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:23PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
<b>Sivaloka Day</b>			

<b>○</b>	<b>Monday, September 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Istanbul, Turkey
	Kumbha Rasi: 22.3    Tithi 15 – 16 518186153	<b>Gulika</b> 1:37PM – 3:11PM <b>Yama</b> 10:27AM – 12:02PM <b>Rahu</b> 7:17AM – 8:52AM	<b>Sun 29 Sutra 153</b> Khara 5113 Moon 8 - Phase 20 Prathama
Family Home Evening No Yoga Until 8.59PM then Marana Yoga Until 3:40AM Tue then Amrita Yoga		<b>Purvaprostapada* Until 3:40AM Tue</b> <b>Shula* Until 4:59AM Tue</b> <b>Balava Until 12:38AM Tue</b> <b>Purnima* Until 11:33AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 6:21PM <b>Nataraja:</b> White Moon – Clear <b>Bhadrapada*Avani</b>
<b>Subha Sivaloka Day</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



**Tuesday, September 13, 2011**  
**Gold Retreat Star**

Meena Rasi: 4.34    Titli 16 – 17  
518186153  
Creative Work    Amrita Yoga  
Until 8.58PM then Siddha Yoga  
Until 6:18AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\* Dvitiya Yam Titau  
**Gulika**    12:01PM – 1:36PM    **Uttaraprostapada Until 6:18AM Wed**  
**Yama**       8:53AM – 10:27AM    **Ganda\* Until 5:33AM Wed**  
**Rahu**       3:10PM – 4:45PM       **Taitila Until 2:38AM Wed**  
**Prathama\* Until 1:33PM**

Istanbul, Turkey  
**Sutra 154**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Yellow    *Sunrise: 5:44AM*  
Muruqa: White      *Sunset: 6:19PM*  
Nataraja: White  
Moon – Clear

**1**

**Wednesday, September 14, 2011**

Meena Rasi: 16.31    Titli 17 – 18  
518186153  
Creative Work    Siddha Yoga  
Until 6:18AM then Marana Yoga  
Until 8.58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    10:27AM – 12:01PM    **Uttaraprostapada Until 6:18AM**  
**Yama**       7:19AM – 8:53AM       **Vriddhi Until 6:34AM Thu**  
**Rahu**       12:01PM – 1:35PM       **Vanija Until 4:52AM Thu**  
**Dvitiya Until 3:46PM**

Istanbul, Turkey  
**Sun 1 Sutra 155**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Yellow    *Sunrise: 5:45AM*  
Muruqa: White      *Sunset: 6:17PM*  
Nataraja: White  
Moon – Clear

**2**

**Thursday, September 15, 2011**

Meena Rasi: 28.23    Titli 18  
518186153  
Creative Work    Siddha Yoga  
Until 9:13AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Asvini Nakshatra Vriddhi/Dhruva Yoga Visti\* Karana Tritiya Yam Titau  
**Gulika**    8:53AM – 10:27AM    **Revati Until 9:13AM**  
**Yama**       5:46AM – 7:19AM       **Vriddhi Until 6:34AM**  
**Rahu**       1:34PM – 3:08PM       **Visti Until 7:15AM Fri**  
**Tritiya Until 6:10PM**

Istanbul, Turkey  
**Sun 2 Sutra 156**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Yellow    *Sunrise: 5:46AM*  
Muruqa: White      *Sunset: 6:16PM*  
Nataraja: White  
Moon – Clear

**3**

**Friday, September 16, 2011**

Mesha Rasi: 10.13    Titli 19  
529186153  
Creative Work    Amrita Yoga  
Until 12:13PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    7:20AM – 8:53AM       **Asvini Until 12:13PM**  
**Yama**       3:07PM – 4:41PM       **Dhruva Until 7:32AM**  
**Rahu**       10:27AM – 12:00PM    **Bava Until 7:34AM**  
**Chaturthi\* Until 8:40PM**

Istanbul, Turkey  
**Sun 3 Sutra 157**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Red       *Sunrise: 5:47AM*  
Muruqa: White      *Sunset: 6:14PM*  
Nataraja: White  
Moon – White

**4**

**Saturday, September 17, 2011**

Mesha Rasi: 22.03    Titli 20  
529186153  
Creative Work    Siddha Yoga  
Until 3:14PM then Amrita Yoga  
Until 8.57PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    5:48AM – 7:21AM       **Bharani Until 3:14PM**  
**Yama**       1:33PM – 3:06PM       **Vyaghata\* Until 8:31AM**  
**Rahu**       8:54AM – 10:27AM    **Kaulava Until 10:04AM**  
**Panchami Until 11:10PM**

Istanbul, Turkey  
**Sun 4 Sutra 158**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Red       *Sunrise: 5:48AM*  
Muruqa: White      *Sunset: 6:12PM*  
Nataraja: White  
Moon – White

**5**

**Sunday, September 18, 2011**

Vrishabha Rasi: 3.56    Titli 21  
529186153  
Creative Work    Siddha Yoga  
Until 8.57PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    3:05PM – 4:38PM       **Krittika Until 6:07PM**  
**Yama**       12:00PM – 1:32PM       **Harshana Until 9:23AM**  
**Rahu**       4:38PM – 6:11PM       **Gara Until 12:26PM**  
**Shasthi\* Until 1:32AM Mon**

Istanbul, Turkey  
**Sun 5 Sutra 159**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Red       *Sunrise: 5:49AM*  
Muruqa: White      *Sunset: 6:11PM*  
Nataraja: White  
Moon – White

**6**

**Monday, September 19, 2011**

Vrishabha Rasi: 15.58    Titli 22  
539186153  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 8.44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    1:32PM – 3:04PM       **Rohini Until 8:44PM**  
**Yama**       10:27AM – 11:59AM    **Vajra\* Until 10:00AM**  
**Rahu**       7:22AM – 8:54AM       **Visti Until 2:31PM**  
**Saptami Until 3:36AM Tue**

Istanbul, Turkey  
**Sun 6 Sutra 160**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Green     *Sunrise: 5:50AM*  
Muruqa: White      *Sunset: 6:09PM*  
Nataraja: White  
Moon – Yellow



**Tuesday, September 20, 2011**  
**Retreat Star**

Vrishabha Rasi: 28.13    Titli 23  
539186153  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    11:59AM – 1:31PM       **Mrigasira Until 9:37PM**  
**Yama**       8:55AM – 10:27AM    **Siddhi Until 9:54AM**  
**Rahu**       3:03PM – 4:35PM       **Balava Until 3:16PM**  
**Ashtami\* Until 3:16AM Wed**

Istanbul, Turkey  
**Sun 7 Sutra 161**  
Khara 5113  
Moon 9 - Phase 21  
Ashtami  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Green     *Sunrise: 5:51AM*  
Muruqa: White      *Sunset: 6:07PM*  
Nataraja: White  
Moon – Yellow

**Wednesday, September 21, 2011**

**Retreat Star**

Mithuna Rasi: 10.46    Titli 24  
539186153  
Creative Work    Siddha Yoga  
Until 8.56PM then Marana Yoga  
Until 11:02PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Taitila\*/Gara Karana Navami\* Yam Titau  
**Gulika**    10:27AM – 11:59AM    **Ardra Until 11:02PM**  
**Yama**       7:23AM – 8:55AM       **Vyatipata\* Until 9:33AM**  
**Rahu**       11:59AM – 1:30PM       **Taitila Until 4:06PM**  
**Navami\* Until 4:06AM Thu**

Istanbul, Turkey  
**Sun 8 Sutra 162**  
Khara 5113  
Moon 9 - Phase 21  
Navami  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Green     *Sunrise: 5:52AM*  
Muruqa: White      *Sunset: 6:05PM*  
Nataraja: White  
Moon – Yellow

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192


<b>1</b>	<b>Thursday, September 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau				Istanbul, Turkey
	Mithuna Rasi: 23.44	Tithi 25	<b>Gulika</b> 8:55AM – 10:27AM	<b>Punarvasu</b> Until 11:43PM	<b>Ganesha:</b> Orange <i>Sunrise: 5:53AM</i>	<b>Sun 9</b> <b>Sutra 163</b>	Khara 5113
		549186153	<b>Yama</b> 5:53AM – 7:24AM	Variyan Until 8:31AM	<b>Muruqa:</b> White <i>Sunset: 6:04PM</i>		Moon 9 - Phase 22
			<b>Rahu</b> 1:30PM – 3:01PM	Vanija Until 4:08PM	<b>Nataraja:</b> White		2nd Phase
				<b>Dasami</b> Until 4:08AM Fri	<b>Moon – Blue</b>	<b>Subha Sivaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

<b>2</b>	<b>Friday, September 23, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau				Istanbul, Turkey
	Kataka Rasi: 7.1	Tithi 26	<b>Gulika</b> 7:25AM – 8:56AM	<b>Pushya</b> Until 10:17PM	<b>Ganesha:</b> Green <i>Sunrise: 5:54AM</i>	<b>Sun 10</b> <b>Sutra 164</b>	Khara 5113
		549286153	<b>Yama</b> 3:00PM – 4:31PM	Parigha* Until 6:38AM	<b>Muruqa:</b> White <i>Sunset: 6:02PM</i>		Moon 9 - Phase 22
			<b>Rahu</b> 10:27AM – 11:58AM	Bava Until 2:31PM	<b>Nataraja:</b> White		2nd Phase
				<b>Ekadasi*</b> Until 1:36AM Sat	<b>Moon – Blue</b>	<b>Sivaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

<b>3</b>	<b>Saturday, September 24, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Istanbul, Turkey
	Kataka Rasi: 21.05	Tithi 27	<b>Gulika</b> 5:55AM – 7:25AM	<b>Aslesha*</b> Until 9:17PM	<b>Ganesha:</b> Purple <i>Sunrise: 5:55AM</i>	<b>Sun 11</b> <b>Sutra 165</b>	Khara 5113
		541286153	<b>Yama</b> 1:28PM – 2:59PM	Siddha Until 1:27AM Sun	<b>Muruqa:</b> White <i>Sunset: 6:00PM</i>		Moon 9 - Phase 22
			<b>Rahu</b> 8:56AM – 10:27AM	Kaulava Until 12:46PM	<b>Nataraja:</b> White		2nd Phase
				<b>Dvadasi*</b> Until 11:51PM	<b>Moon – Blue</b>	<b>Sivaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

<b>4</b>	<b>Sunday, September 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Istanbul, Turkey
	Simha Rasi: 5.29	Tithi 28	<b>Gulika</b> 2:58PM – 4:28PM	<b>Magha*</b> Until 6:33PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:56AM</i>	<b>Sun 12</b> <b>Sutra 166</b>	Khara 5113
		551286153	<b>Yama</b> 11:57AM – 1:28PM	Sadhya Until 9:09PM	<b>Muruqa:</b> White <i>Sunset: 5:59PM</i>		Moon 9 - Phase 22
			<b>Rahu</b> 4:28PM – 5:59PM	Gara Until 9:51AM	<b>Nataraja:</b> White		2nd Phase
				<b>Trayodasi*</b> Until 8:08PM	<b>Moon – Red</b>	<b>Sivaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		
					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Monday, September 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Caluspada* Karana Chaturdasi*/Amavasya* Yam Titau				Istanbul, Turkey
	Simha Rasi: 20.19	Tithi 29 – 30	<b>Gulika</b> 1:27PM – 2:57PM	<b>Purvaphalguni*</b> Until 4:11PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:57AM</i>	<b>Sun 13</b> <b>Sutra 167</b>	Khara 5113
		551286153	<b>Yama</b> 10:27AM – 11:57AM	Subha Until 5:28PM	<b>Muruqa:</b> White <i>Sunset: 5:57PM</i>		Moon 9 - Phase 22
			<b>Rahu</b> 7:27AM – 8:57AM	Visti Until 6:42AM	<b>Nataraja:</b> White		2nd Phase
				<b>Chaturdasi*</b> Until 4:59PM	<b>Moon – Red</b>	<b>Sivaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

	<b>Tuesday, September 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		<b>Gulika</b> 11:56AM – 1:26PM	<b>Uttaraphalguni</b> Until 1:21PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:58AM</i>	<b>Sun 14</b> <b>Sutra 168</b>	Khara 5113
	Kanya Rasi: 5.25	Tithi 30 – 1	<b>Yama</b> 8:57AM – 10:27AM	Sukla Until 1:20PM	<b>Muruqa:</b> White <i>Sunset: 5:55PM</i>		Moon 9 - Phase 22
		551286153	<b>Rahu</b> 2:56PM – 4:26PM	Kintughna Until 11:38PM	<b>Nataraja:</b> White		Amavasya
				<b>Amavasya*</b> Until 1:21PM	<b>Moon – Red</b>	<b>Sivaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

<b>Retreat Star</b>	<b>Wednesday, September 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Istanbul, Turkey
	Kanya Rasi: 20.39	Tithi 1 – 2	<b>Gulika</b> 10:27AM – 11:56AM	<b>Hasta</b> Until 10:18AM	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:59AM</i>	<b>Sun 15</b> <b>Sutra 169</b>	Khara 5113
		661286153	<b>Yama</b> 7:28AM – 8:57AM	Brahma Until 9:01AM	<b>Muruqa:</b> White <i>Sunset: 5:54PM</i>		Moon 9 - Phase 22
			<b>Rahu</b> 11:56AM – 1:25PM	Balava Until 7:46PM	<b>Nataraja:</b> White		Prathama
				<b>Prathama*</b> Until 9:29AM	<b>Moon – Green</b>	<b>Sivaloka Day</b>	
			<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>		

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM


<b>1</b>	<b>Thursday, September 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiya Yam Titau				Istanbul, Turkey
	Tula Rasi: 5.51	Tithi 3					Sun 16 Sutra 170 Khara 5113
		661286153	<b>Gulika</b> 8:58AM – 10:27AM <b>Yama</b> 6:00AM – 7:29AM <b>Rahu</b> 1:25PM – 2:54PM	<b>Chitra Until 7:19AM</b> Vaidhriti* Until 12:45AM Fri Taitila Until 3:58PM <b>Tritiya Until 2:15AM Fri</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:00AM</i> <b>Muruqa:</b> White <i>Sunset: 5:52PM</i> <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>		Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 7:19AM then Amrita Yoga Until 8:53PM then Siddha Yoga						


<b>2</b>	<b>Friday, September 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Istanbul, Turkey
	Tula Rasi: 20.51	Tithi 4					Sun 17 Sutra 171 Khara 5113
		671286153	<b>Gulika</b> 7:29AM – 8:58AM <b>Yama</b> 2:53PM – 4:22PM <b>Rahu</b> 10:27AM – 11:55AM	<b>Visakha Until 1:59AM Sat</b> Vishkambha* Until 8:46PM Vanija Until 12:30PM <b>Chaturthi* Until 10:47PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:01AM</i> <b>Muruqa:</b> White <i>Sunset: 5:50PM</i> <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>		Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Routine Work Marana Yoga Until 8:53PM then Siddha Yoga						

<b>3</b>	<b>Saturday, October 1, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau				Istanbul, Turkey
	Vrischika Rasi: 5.31	Tithi 5					Sun 18 Sutra 172 Khara 5113
		671286153	<b>Gulika</b> 6:02AM – 7:30AM <b>Yama</b> 1:23PM – 2:52PM <b>Rahu</b> 8:58AM – 10:27AM	<b>Anuradha Until 1:06AM Sun</b> Priti Until 6:02PM Bava Until 9:53AM <b>Panchami Until 8:57PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:02AM</i> <b>Muruqa:</b> White <i>Sunset: 5:49PM</i> <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>		Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 8:52PM then Marana Yoga						

<b>4</b>	<b>Sunday, October 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Istanbul, Turkey
	Vrischika Rasi: 19.47	Tithi 6					Sun 19 Sutra 173 Khara 5113
		671286153	<b>Gulika</b> 2:51PM – 4:19PM <b>Yama</b> 11:55AM – 1:23PM <b>Rahu</b> 4:19PM – 5:47PM	<b>Jyeshtha* Until 11:31PM</b> Ayushman Until 2:58PM Kaulava Until 7:31AM <b>Shasthi* Until 6:36PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:03AM</i> <b>Muruqa:</b> White <i>Sunset: 5:47PM</i> <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>		Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Routine Work Marana Yoga Until 8:52PM then Siddha Yoga						

<b>5</b>	<b>Monday, October 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Istanbul, Turkey
	Dhanus Rasi: 4	Tithi 7 – 8					Sun 20 Sutra 174 Khara 5113
	<b>Family Home Evening</b>	681286153	<b>Gulika</b> 1:22PM – 2:50PM <b>Yama</b> 10:27AM – 11:54AM <b>Rahu</b> 7:31AM – 8:59AM	<b>Mula* Until 11:58PM</b> Saubhagya Until 1:06PM Visti Until 5:58AM Tue <b>Saptami Until 5:58PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:04AM</i> <b>Muruqa:</b> White <i>Sunset: 5:45PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>		Moon 9 - Phase 23 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work Siddha Yoga Until 8:52PM then Amrita Yoga Until 11:58PM then Siddha Yoga						

	<b>Tuesday, October 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>						Sun 21 Sutra 175 Khara 5113
	Dhanus Rasi: 16.59	Tithi 8 – 9					Sun 21 Sutra 175 Khara 5113
		682286153	<b>Gulika</b> 11:54AM – 1:22PM <b>Yama</b> 8:59AM – 10:27AM <b>Rahu</b> 2:49PM – 4:16PM	<b>Purvashadha* Until 11:52PM</b> Sobhana Until 11:19AM Balava Until 5:10AM Wed <b>Ashtami* Until 5:10PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:05AM</i> <b>Muruqa:</b> White <i>Sunset: 5:44PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>		Moon 9 - Phase 23 Ashtami <b>Subha Sivaloka Day</b>
	Creative Work Siddha Yoga Until 8:51PM then Amrita Yoga						

	<b>Wednesday, October 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>						Sun 22 Sutra 176 Khara 5113
	Dhanus Rasi: 29.59	Tithi 9 – 10					Sun 22 Sutra 176 Khara 5113
		682286153	<b>Gulika</b> 10:27AM – 11:54AM <b>Yama</b> 7:33AM – 9:00AM <b>Rahu</b> 11:54AM – 1:21PM	<b>Uttarashadha Until 12:29AM Thu</b> Athiganda* Until 10:12AM Taitila Until 5:08AM Thu <b>Navami* Until 5:08PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:06AM</i> <b>Muruqa:</b> White <i>Sunset: 5:42PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>		Moon 9 - Phase 23 Navami <b>Subha Sivaloka Day</b>
	Creative Work Amrita Yoga Until 8:51PM then Siddha Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM


<b>1</b>	<b>Thursday, October 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Gara Karana Dasami Yam Titau	Istanbul, Turkey
	Makara Rasi: 12.4      Tilthi 10 Creative Work    Siddha Yoga	<b>Gulika</b> 9:00AM – 10:27AM <b>Yama</b> 6:07AM – 7:34AM <b>Rahu</b> 1:20PM – 2:47PM	<b>Sun 23 Sutra 177</b> Khara 5113 Moon 9 - Phase 24 4th Phase <b>Sivaloka Day</b>
		<b>Sravana Until 3:19AM Fri</b> Sukarma Until 9:54AM Gara Until 7:54AM Fri <b>Dasami Until 6:49PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:07AM</i> <b>Muruqa:</b> White <i>Sunset: 5:40PM</i> <b>Nataraja:</b> White Moon – Purple <b>Ashvina•Puratasi</b>

<b>2</b>	<b>Friday, October 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Istanbul, Turkey
	Makara Rasi: 25.07      Tilthi 11 Creative Work    Siddha Yoga Until 5:07AM Sat then Amrita Yoga	<b>Gulika</b> 7:34AM – 9:01AM <b>Yama</b> 2:46PM – 4:12PM <b>Rahu</b> 10:27AM – 11:53AM	<b>Sun 24 Sutra 178</b> Khara 5113 Moon 9 - Phase 24 4th Phase <b>Sivaloka Day</b>
		<b>Dhanishtha Until 5:07AM Sat</b> Dhriti Until 9:44AM Vanija Until 6:55AM <b>Ekadasi Until 8:00PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:08AM</i> <b>Muruqa:</b> White <i>Sunset: 5:39PM</i> <b>Nataraja:</b> White Moon – Purple <b>Ashvina•Puratasi</b>
		<b>Vijaya Dasami</b>	

<b>3</b>	<b>Saturday, October 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau	Istanbul, Turkey
	Kumbha Rasi: 7.22      Tilthi 12 Creative Work    Amrita Yoga Until 8:50PM then Siddha Yoga	<b>Gulika</b> 6:09AM – 7:35AM <b>Yama</b> 1:19PM – 2:45PM <b>Rahu</b> 9:01AM – 10:27AM	<b>Sun 25 Sutra 179</b> Khara 5113 Moon 9 - Phase 24 4th Phase <b>Devaloka Day</b>
		<b>Satabhisha Until 7:02AM Sun</b> Shula* Until 9:55AM Bava Until 8:31AM <b>Dvadasi Until 9:36PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:09AM</i> <b>Muruqa:</b> White <i>Sunset: 5:37PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Ashvina•Puratasi</b>
		<b>Kadaitswami Mahasamadhi</b>	

<b>4</b>	<b>Sunday, October 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Istanbul, Turkey
	Kumbha Rasi: 19.29      Tilthi 13 Creative Work    Siddha Yoga Until 8:50PM then no yoga	<b>Gulika</b> 2:44PM – 4:10PM <b>Yama</b> 11:53AM – 1:18PM <b>Rahu</b> 4:10PM – 5:35PM	<b>Sun 26 Sutra 180</b> Khara 5113 Moon 9 - Phase 24 4th Phase <b>Devaloka Day</b>
		<b>Satabhisha Until 7:02AM</b> Ganda* Until 10:20AM Kaulava Until 10:25AM <b>Trayodasi Until 11:30PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Green <i>Sunrise: 6:10AM</i> <b>Muruqa:</b> White <i>Sunset: 5:35PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Ashvina•Puratasi</b>
		<b>Chidambaram Abhishekam</b>	

<b>5</b>	<b>Monday, October 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Istanbul, Turkey
	Meena Rasi: 1.3      Tilthi 14 Family Home Evening No Yoga Until 9:40AM then Siddha Yoga Until 8:50PM then Amrita Yoga	<b>Gulika</b> 1:18PM – 2:43PM <b>Yama</b> 10:27AM – 11:52AM <b>Rahu</b> 7:36AM – 9:02AM	<b>Sun 27 Sutra 181</b> Khara 5113 Moon 9 - Phase 24 4th Phase <b>Devaloka Day</b>
		<b>Purvaprostapada* Until 9:40AM</b> Vridhi Until 10:56AM Gara Until 12:32PM <b>Chaturdasi* Until 1:37AM Tue</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:11AM</i> <b>Muruqa:</b> White <i>Sunset: 5:34PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>

	<b>Tuesday, October 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Istanbul, Turkey
	Meena Rasi: 13.26      Tilthi 15 Creative Work    Amrita Yoga Until 12:27PM then Siddha Yoga Until 8:49PM then Marana Yoga	<b>Gulika</b> 11:52AM – 1:17PM <b>Yama</b> 9:02AM – 10:27AM <b>Rahu</b> 2:42PM – 4:07PM	<b>Sun 28 Sutra 182</b> Khara 5113 Moon 9 - Phase 24 Purnima <b>Devaloka Day</b>
		<b>Uttaraprostapada Until 12:27PM</b> Dhruva Until 11:41AM Visti Until 2:49PM <b>Purnima* Until 3:54AM Wed</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:12AM</i> <b>Muruqa:</b> White <i>Sunset: 5:32PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>

<b>○</b>	<b>Wednesday, October 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Istanbul, Turkey
	Meena Rasi: 25.2      Tilthi 16 Routine Work    Marana Yoga Until 8:49PM then Amrita Yoga	<b>Gulika</b> 10:27AM – 11:52AM <b>Yama</b> 7:38AM – 9:03AM <b>Rahu</b> 11:52AM – 1:17PM	<b>Sun 29 Sutra 183</b> Khara 5113 Moon 9 - Phase 24 Prathama <b>Devaloka Day</b>
		<b>Revati Until 3:21PM</b> Vyaghata* Until 12:32PM Balava Until 5:13PM <b>Prathama* Until 6:36AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:13AM</i> <b>Muruqa:</b> White <i>Sunset: 5:31PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM





**Thursday, October 13, 2011**  
**Gold Retreat Star**

Mesha Rasi: 7.11    Tithi 16 – 17  
622286154  
Creative Work    Amrita Yoga  
Until 6:18PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    9:03AM – 10:27AM    **Asvini Until 6:18PM**  
**Yama**        6:14AM – 7:39AM        Harshana Until 1:26PM  
**Rahu**        1:16PM – 2:40PM        Taitila Until 7:42PM  
**Prathama\* Until 6:36AM**

Istanbul, Turkey  
**Sutra 184**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Red    *Sunrise:* 6:14AM  
**Muruqa:** White    *Sunset:* 5:29PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**1** **Friday, October 14, 2011**

Mesha Rasi: 19.01    Tithi 17 – 18  
622286154  
Creative Work    Siddha Yoga  
Until 9:17PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**        7:39AM – 9:03AM        **Bharani Until 9:17PM**  
**Yama**        2:39PM – 4:03PM        Vajra\* Until 2:21PM  
**Rahu**        10:27AM – 11:51AM      Vanija Until 10:12PM  
**Dvitiya Until 9:06AM**

Istanbul, Turkey  
**Sun 1 Sutra 185**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Red    *Sunrise:* 6:15AM  
**Muruqa:** White    *Sunset:* 5:27PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**2** **Saturday, October 15, 2011**

Wrishabha Rasi: 0.53    Tithi 18 – 19  
622286154  
Creative Work    Amrita Yoga  
Until 8.48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**        6:17AM – 7:40AM        **Krittika Until 12:13AM Sun**  
**Yama**        1:15PM – 2:39PM        Siddhi Until 3:14PM  
**Rahu**        9:04AM – 10:28AM      Bava Until 12:39AM Sun  
**Tritiya Until 11:33AM**

Istanbul, Turkey  
**Sun 2 Sutra 186**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Red    *Sunrise:* 6:17AM  
**Muruqa:** White    *Sunset:* 5:26PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**3** **Sunday, October 16, 2011**

Wrishabha Rasi: 12.5    Tithi 19 – 20  
632286154  
Creative Work    Siddha Yoga  
Until 8.48PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**        2:38PM – 4:01PM        **Rohini Until 3:00AM Mon**  
**Yama**        11:51AM – 1:14PM      Vyatipata\* Until 3:58PM  
**Rahu**        4:01PM – 5:24PM        Kaulava Until 2:56AM Mon  
**Chaturthi\* Until 1:51PM**

Istanbul, Turkey  
**Sun 3 Sutra 187**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:18AM  
**Muruqa:** White    *Sunset:* 5:24PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**

**4** **Monday, October 17, 2011**

Wrishabha Rasi: 24.55    Tithi 20 – 21  
632286154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 8.48PM then Siddha Yoga  
Until 5:31AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**        1:14PM – 2:37PM        **Mrigasira Until 5:31AM Tue**  
**Yama**        10:28AM – 11:51AM      Variyan Until 4:28PM  
**Rahu**        7:42AM – 9:05AM        Gara Until 4:57AM Tue  
**Panchami Until 3:51PM**

Istanbul, Turkey  
**Sun 4 Sutra 188**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:19AM  
**Muruqa:** White    *Sunset:* 5:23PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**5** **Tuesday, October 18, 2011**

Mithuna Rasi: 7.1    Tithi 21 – 22  
633386154  
Routine Work    Marana Yoga  
Until 8.48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**        11:51AM – 1:13PM        **Ardra Until 6:31AM Wed**  
**Yama**        9:05AM – 10:28AM      Parigha\* Until 3:51PM  
**Rahu**        2:36PM – 3:59PM        Visti Until 4:29AM Wed  
**Shasthi\* Until 4:29PM**

Istanbul, Turkey  
**Sun 5 Sutra 189**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:20AM  
**Muruqa:** White    *Sunset:* 5:21PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**6** **Wednesday, October 19, 2011**

Mithuna Rasi: 19.43    Tithi 22 – 23  
633386154  
Creative Work    Siddha Yoga  
Until 8.48PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**        10:28AM – 11:50AM      **Ardra Until 6:31AM**  
**Yama**        7:43AM – 9:06AM        Shiva Until 3:30PM  
**Rahu**        11:50AM – 1:13PM      Balava Until 5:23AM Thu  
**Saptami Until 5:23PM**

Istanbul, Turkey  
**Sun 6 Sutra 190**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:21AM  
**Muruqa:** White    *Sunset:* 5:20PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**Thursday, October 20, 2011**  
**Retreat Star**

Kataka Rasi: 2.37    Tithi 23 – 24  
643386154  
Creative Work    Amrita Yoga  
Until 8.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**        9:06AM – 10:28AM      **Punarvasu Until 7:20AM**  
**Yama**        6:22AM – 7:44AM        Siddha Until 2:33PM  
**Rahu**        1:12PM – 2:34PM        Taitila Until 5:34AM Fri  
**Ashtami\* Until 5:34PM**

Istanbul, Turkey  
**Sun 7 Sutra 191**  
Khara 5113  
Moon 10 - Phase 25  
Ashtami  
**Sivaloka Day**  
**Ganesha:** Orange    *Sunrise:* 6:22AM  
**Muruqa:** White    *Sunset:* 5:18PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

**Friday, October 21, 2011**  
**Retreat Star**

Kataka Rasi: 15.56    Tithi 24 – 25  
643386154  
Routine Work    Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika**        7:45AM – 9:07AM        **Pushya Until 7:16AM**  
**Yama**        2:33PM – 3:55PM        Sadhya Until 12:25PM  
**Rahu**        10:28AM – 11:50AM      Vanija Until 3:10AM Sat  
**Navami\* Until 4:05PM**

Istanbul, Turkey  
**Sun 8 Sutra 192**  
Khara 5113  
Moon 10 - Phase 25  
Navami  
**Sivaloka Day**  
**Ganesha:** Orange    *Sunrise:* 6:23AM  
**Muruqa:** White    *Sunset:* 5:17PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

<b>1</b>	<b>Saturday, October 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Istanbul, Turkey
	Kataka Rasi: 29.42    Tithi 25 – 26 643386154	<b>Gulika</b> 6:24AM – 7:46AM <b>Yama</b> 1:11PM – 2:33PM <b>Rahu</b> 9:07AM – 10:29AM	<b>Sun 9 Sutra 193</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Routine Work    Marana Yoga Until 6:30AM then Amrita Yoga Until 8.47PM then Marana Yoga		<b>Aslesha* Until 6:30AM</b> Subha Until 10:07AM Bava Until 1:44AM Sun <b>Dasami Until 2:39PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> White <i>Sunset:</i> 5:15PM <b>Nataraja:</b> Yellow Moon – Blue <b>Ashvina-Aipasi</b>

<b>2</b>	<b>Sunday, October 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Istanbul, Turkey
	Simha Rasi: 13.57    Tithi 26 – 27 653386154	<b>Gulika</b> 2:32PM – 3:53PM <b>Yama</b> 11:50AM – 1:11PM <b>Rahu</b> 3:53PM – 5:14PM	<b>Sun 10 Sutra 194</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work    Siddha Yoga Until 2:21AM Mon then Marana Yoga		<b>Purvaphalguni* Until 2:21AM Mon</b> Sukla Until 7:00AM Kaulava Until 10:11PM <b>Ekadasi* Until 11:53AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> White <i>Sunset:</i> 5:14PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>

<b>3</b>	<b>Monday, October 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Istanbul, Turkey
	Simha Rasi: 28.37    Tithi 27 – 28 653386154	<b>Gulika</b> 1:10PM – 2:31PM <b>Yama</b> 10:29AM – 11:50AM <b>Rahu</b> 7:47AM – 9:08AM	<b>Sun 11 Sutra 195</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Family Home Evening Routine Work    Marana Yoga Until 8.47PM then Amrita Yoga Until 12:13AM Tue then Siddha Yoga		<b>Uttaraphalguni Until 12:13AM Tue</b> Indra Until 11:30PM Gara Until 7:18PM <b>Dvadasi* Until 9:01AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> White <i>Sunset:</i> 5:13PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>

<b>4</b>	<b>Tuesday, October 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Istanbul, Turkey
	Kanya Rasi: 13.37    Tithi 29 663386154	<b>Gulika</b> 11:50AM – 1:10PM <b>Yama</b> 9:09AM – 10:29AM <b>Rahu</b> 2:30PM – 3:51PM	<b>Sun 12 Sutra 196</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work    Siddha Yoga Deepavali Hindu Solidarity Day		<b>Hasta Until 9:32PM</b> Vaidhriti* Until 7:30PM Visti Until 3:52PM <b>Chaturdasi* Until 2:09AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> White <i>Sunset:</i> 5:11PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>

	<b>Wednesday, October 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Istanbul, Turkey
	Kanya Rasi: 28.5    Tithi 30 663386154	<b>Gulika</b> 10:29AM – 11:49AM <b>Yama</b> 7:49AM – 9:09AM <b>Rahu</b> 11:49AM – 1:10PM	<b>Sun 13 Sutra 197</b> Khara 5113 Moon 10 - Phase 26 Amavasya
Creative Work    Siddha Yoga Until 8.46PM then Amrita Yoga Subramuniyaswami Mahasamadhi		<b>Chitra Until 6:32PM</b> Vishkambha* Until 3:12PM Catuspada Until 12:04PM <b>Amavasya* Until 10:21PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> White <i>Sunset:</i> 5:10PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>

<b>Retreat Star</b>	<b>Thursday, October 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Istanbul, Turkey
	Tula Rasi: 14.05    Tithi 1 663386154	<b>Gulika</b> 9:10AM – 10:29AM <b>Yama</b> 6:30AM – 7:50AM <b>Rahu</b> 1:09PM – 2:29PM	<b>Sun 14 Sutra 198</b> Khara 5113 Moon 10 - Phase 26 Prathama
Creative Work    Amrita Yoga Until 3:28PM then Siddha Yoga Until 8.46PM then Marana Yoga		<b>Svati Until 3:28PM</b> Priti Until 10:49AM Kintughna Until 8:12AM <b>Prathama* Until 6:29PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> White <i>Sunset:</i> 5:09PM <b>Nataraja:</b> Yellow Moon – Green <b>Karttika-Aipasi</b>

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140


<b>1</b>	<b>Friday, October 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Istanbul, Turkey
	Tula Rasi: 29.13      Tithi 2 – 3	<b>Gulika</b> 7:51AM – 9:10AM	<b>Visakha</b> Until 12:35PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:31AM	<b>Sun 15</b> <b>Sutra 199</b> Khara 5113
	673386154	<b>Yama</b> 2:28PM – 3:48PM	<b>Ayushman</b> Until 6:38AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:07PM	Moon 10 - Phase 27
Routine Work      Marana Yoga		<b>Rahu</b> 10:30AM – 11:49AM	<b>Taitila</b> Until 1:07AM Sat	<b>Nataraja:</b> Yellow	3rd Phase
Until 12:35PM then Siddha Yoga			<b>Dvitiya</b> Until 2:50PM	<b>Moon – Orange</b>	<b>Devaloka Day</b>
				<b>Karttika-Aipasi</b>	

<b>2</b>	<b>Saturday, October 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Istanbul, Turkey
	Vrischika Rasi: 14.04      Tithi 3 – 4	<b>Gulika</b> 6:32AM – 7:52AM	<b>Anuradha</b> Until 10:27AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:32AM	<b>Sun 16</b> <b>Sutra 200</b> Khara 5113
	673386154	<b>Yama</b> 1:08PM – 2:28PM	<b>Sobhana</b> Until 11:58PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:06PM	Moon 10 - Phase 27
Creative Work      Siddha Yoga		<b>Rahu</b> 9:11AM – 10:30AM	<b>Vanija</b> Until 11:10PM	<b>Nataraja:</b> Yellow	3rd Phase
Until 8.46PM then Marana Yoga			<b>Tritiya</b> Until 12:05PM	<b>Moon – Orange</b>	<b>Devaloka Day</b>
				<b>Karttika-Aipasi</b>	

<b>3</b>	<b>Sunday, October 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Istanbul, Turkey
	Vrischika Rasi: 28.32      Tithi 4 – 5	<b>Gulika</b> 2:27PM – 3:46PM	<b>Jyeshtha*</b> Until 8:31AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:34AM	<b>Sun 17</b> <b>Sutra 201</b> Khara 5113
	673386154	<b>Yama</b> 11:49AM – 1:08PM	<b>Athiganda*</b> Until 8:34PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:05PM	Moon 10 - Phase 27
Routine Work      Marana Yoga		<b>Rahu</b> 3:46PM – 5:05PM	<b>Bava</b> Until 8:28PM	<b>Nataraja:</b> Yellow	3rd Phase
Until 8:31AM then Amrita Yoga			<b>Chaturthi*</b> Until 9:23AM	<b>Moon – Orange</b>	<b>Devaloka Day</b>
Until 8.46PM then Siddha Yoga				<b>Karttika-Aipasi</b>	

<b>4</b>	<b>Monday, October 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Istanbul, Turkey
	Dhanus Rasi: 12.32      Tithi 5 – 6	<b>Gulika</b> 1:08PM – 2:26PM	<b>Mula*</b> Until 7:22AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:35AM	<b>Sun 18</b> <b>Sutra 202</b> Khara 5113
<b>Family Home Evening</b>	683386154	<b>Yama</b> 10:30AM – 11:49AM	<b>Sukarma</b> Until 5:54PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:03PM	Moon 10 - Phase 27
Creative Work      Siddha Yoga		<b>Rahu</b> 7:53AM – 9:12AM	<b>Kaulava</b> Until 6:36PM	<b>Nataraja:</b> Yellow	3rd Phase
Until 7:22AM then Marana Yoga		<b>Skanda Shasthi</b>	<b>Panchami</b> Until 7:32AM	<b>Moon – Light Blue</b>	<b>Sivaloka Day</b>
Until 8.46PM then Siddha Yoga				<b>Karttika-Aipasi</b>	

<b>5</b>	<b>Tuesday, November 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shasthi*/Saplami Yam Titau			Istanbul, Turkey
	Dhanus Rasi: 26.04      Tithi 6 – 7	<b>Gulika</b> 11:49AM – 1:07PM	<b>Purvashadha*</b> Until 7:06AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:36AM	<b>Sun 19</b> <b>Sutra 203</b> Khara 5113
	684386154	<b>Yama</b> 9:12AM – 10:31AM	<b>Dhriti</b> Until 4:41PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:02PM	Moon 10 - Phase 27
Creative Work      Siddha Yoga		<b>Rahu</b> 2:26PM – 3:44PM	<b>Gara</b> Until 6:35PM	<b>Nataraja:</b> Yellow	3rd Phase
Until 7:06AM then Prabalarishta Yoga			<b>Shasthi*</b> Until 6:35AM	<b>Moon – Light Blue</b>	<b>Sivaloka Day</b>
Until 8.46PM then Amrita Yoga				<b>Karttika-Aipasi</b>	

	<b>Wednesday, November 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Istanbul, Turkey
	<b>Retreat Star</b>	<b>Gulika</b> 10:31AM – 11:49AM	<b>Uttarashadha</b> Until 7:33AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:37AM	<b>Sun 20</b> <b>Sutra 204</b> Khara 5113
Makara Rasi: 9.1      Tithi 7 – 8	684386154	<b>Yama</b> 7:55AM – 9:13AM	<b>Shula*</b> Until 3:23PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:01PM	Moon 10 - Phase 27
Creative Work      Amrita Yoga		<b>Rahu</b> 11:49AM – 1:07PM	<b>Visti</b> Until 6:24PM	<b>Nataraja:</b> Yellow	Ashtami
Until 7:33AM then Siddha Yoga			<b>Saptami</b> Until 6:24AM	<b>Moon – Light Blue</b>	<b>Sivaloka Day</b>
				<b>Karttika-Aipasi</b>	

<b>Thursday, November 3, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Istanbul, Turkey
	Makara Rasi: 21.52      Tithi 8 – 9	<b>Gulika</b> 9:14AM – 10:31AM	<b>Sravana</b> Until 8:55AM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:38AM	<b>Sun 21</b> <b>Sutra 205</b> Khara 5113
	694386154	<b>Yama</b> 6:38AM – 7:56AM	<b>Ganda*</b> Until 3:25PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:00PM	Moon 10 - Phase 27
Creative Work      Siddha Yoga		<b>Rahu</b> 1:07PM – 2:24PM	<b>Balava</b> Until 8:10PM	<b>Nataraja:</b> Yellow	Navami
			<b>Ashtami*</b> Until 7:05AM	<b>Moon – Purple</b>	<b>Devaloka Day</b>
				<b>Karttika-Aipasi</b>	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

<b>1</b>	<b>Friday, November 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Istanbul, Turkey
	Kumbha Rasi: 4.17    Tithi 9 – 10 694386154	<b>Gulika</b> 7:57AM – 9:14AM <b>Yama</b> 2:24PM – 3:41PM <b>Rahu</b> 10:32AM – 11:49AM	<b>Dhanishtha Until 10:47AM</b> Vriddhi Until 3:17PM Taitila Until 9:28PM <b>Navami* Until 8:23AM</b>	<b>Sun 22 Sutra 206</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 8.46PM then Amrita Yoga		<b>Ganesha: White</b> <i>Sunrise: 6:39AM</i> <b>Muruqa: White</b> <i>Sunset: 4:59PM</i> <b>Nataraja: Yellow</b> Moon – Purple <b>Karttika-Aipasi</b>	

<b>2</b>	<b>Saturday, November 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Istanbul, Turkey
	Kumbha Rasi: 16.27    Tithi 10 – 11 694386154	<b>Gulika</b> 6:41AM – 7:58AM <b>Yama</b> 1:06PM – 2:23PM <b>Rahu</b> 9:15AM – 10:32AM	<b>Satabhisha Until 1:05PM</b> Dhruva Until 3:34PM Vanija Until 11:16PM <b>Dasami Until 10:10AM</b>	<b>Sun 23 Sutra 207</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
	Creative Work    Amrita Yoga Until 1:05PM then Siddha Yoga		<b>Ganesha: White</b> <i>Sunrise: 6:41AM</i> <b>Muruqa: White</b> <i>Sunset: 4:57PM</i> <b>Nataraja: Yellow</b> Moon – Purple <b>Karttika-Aipasi</b>	

<b>3</b>	<b>Sunday, November 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Istanbul, Turkey
	Kumbha Rasi: 28.29    Tithi 11 – 12 614386154	<b>Gulika</b> 2:23PM – 3:39PM <b>Yama</b> 11:49AM – 1:06PM <b>Rahu</b> 3:39PM – 4:56PM	<b>Purvaprostapada* Until 3:43PM</b> Vyaghata* Until 4:08PM Bava Until 1:24AM Mon <b>Ekadasi Until 12:19PM</b>	<b>Sun 24 Sutra 208</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 3:43PM then Amrita Yoga Until 8.46PM then Siddha Yoga		<b>Ganesha: Blue</b> <i>Sunrise: 6:42AM</i> <b>Muruqa: White</b> <i>Sunset: 4:56PM</i> <b>Nataraja: Yellow</b> Moon – Clear <b>Karttika-Aipasi</b>	

<b>4</b>	<b>Monday, November 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Istanbul, Turkey
	Meena Rasi: 10.24    Tithi 12 – 13 <b>Family Home Evening</b> 714386154	<b>Gulika</b> 1:06PM – 2:22PM <b>Yama</b> 10:33AM – 11:49AM <b>Rahu</b> 8:00AM – 9:16AM	<b>Uttaraprostapada Until 6:32PM</b> Harshana Until 4:53PM Kaulava Until 3:45AM Tue <b>Dvadasi Until 2:40PM</b> <i>Pradosha Vrata</i>	<b>Sun 25 Sutra 209</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga		<b>Ganesha: Red</b> <i>Sunrise: 6:43AM</i> <b>Muruqa: White</b> <i>Sunset: 4:55PM</i> <b>Nataraja: Yellow</b> Moon – Clear <b>Karttika-Aipasi</b>	

<b>5</b>	<b>Tuesday, November 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Istanbul, Turkey
	Meena Rasi: 22.16    Tithi 13 – 14 714386154	<b>Gulika</b> 11:49AM – 1:05PM <b>Yama</b> 9:17AM – 10:33AM <b>Rahu</b> 2:22PM – 3:38PM	<b>Revati Until 9:27PM</b> Vajra* Until 5:44PM Gara Until 6:14AM Wed <b>Trayodasi Until 5:08PM</b>	<b>Sun 26 Sutra 210</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 8.46PM then Marana Yoga		<b>Ganesha: Red</b> <i>Sunrise: 6:44AM</i> <b>Muruqa: White</b> <i>Sunset: 4:54PM</i> <b>Nataraja: Yellow</b> Moon – Clear <b>Karttika-Aipasi</b>	

<b>6</b>	<b>Wednesday, November 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Istanbul, Turkey
	Mesha Rasi: 4.08    Tithi 14 724386154	<b>Gulika</b> 10:33AM – 11:49AM <b>Yama</b> 8:01AM – 9:17AM <b>Rahu</b> 11:49AM – 1:05PM	<b>Asvini Until 12:25AM Thu</b> Siddhi Until 6:36PM Gara Until 6:33AM <b>Chaturdasi* Until 7:39PM</b>	<b>Sun 27 Sutra 211</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
	Routine Work    Marana Yoga Until 8.46PM then Amrita Yoga Until 12:25AM Thu then Siddha Yoga		<b>Ganesha: Blue</b> <i>Sunrise: 6:45AM</i> <b>Muruqa: White</b> <i>Sunset: 4:53PM</i> <b>Nataraja: Yellow</b> Moon – White <b>Karttika-Aipasi</b>	

<b>○</b>	<b>Thursday, November 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau		Istanbul, Turkey
	Mesha Rasi: 16    Tithi 15 724386154	<b>Gulika</b> 9:18AM – 10:34AM <b>Yama</b> 6:47AM – 8:02AM <b>Rahu</b> 1:05PM – 2:21PM	<b>Bharani Until 3:20AM Fri</b> Vyatipata* Until 7:27PM Visti Until 9:02AM <b>Purnima* Until 10:07PM</b>	<b>Sutra 212</b> Khara 5113 Moon 10 - Phase 28 Purnima <b>Devaloka Day</b>
	Creative Work    Siddha Yoga		<b>Ganesha: Blue</b> <i>Sunrise: 6:47AM</i> <b>Muruqa: White</b> <i>Sunset: 4:52PM</i> <b>Nataraja: Yellow</b> Moon – White <b>Karttika-Aipasi</b>	

<b>○</b>	<b>Friday, November 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau		Istanbul, Turkey
	Mesha Rasi: 27.55    Tithi 16 724386154	<b>Gulika</b> 8:03AM – 9:19AM <b>Yama</b> 2:20PM – 3:36PM <b>Rahu</b> 10:34AM – 11:49AM	<b>Krittika Until 6:11AM Sat</b> Variyan Until 8:13PM Balava Until 11:24AM <b>Prathama* Until 12:29AM Sat</b>	<b>Sutra 213</b> Khara 5113 Moon 10 - Phase 28 Prathama <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 8.46PM then Amrita Yoga		<b>Ganesha: Blue</b> <i>Sunrise: 6:48AM</i> <b>Muruqa: White</b> <i>Sunset: 4:51PM</i> <b>Nataraja: Yellow</b> Moon – White <b>Karttika-Aipasi</b>	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



**Saturday, November 12, 2011**  
**Gold Retreat Star**

Wrishabha Rasi: 9.55    Tithi 17  
724386154  
Creative Work    Amrita Yoga  
Until 8.47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    6:49AM – 8:04AM    **Krittika** Until 6:11AM  
**Yama**       1:05PM – 2:20PM    Parigha\* Until 8:50PM  
**Rahu**       9:19AM – 10:34AM    Taitila Until 1:36PM  
Dvitiya Until 2:42AM Sun

Istanbul, Turkey  
**Sutra 214**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: Blue    *Sunrise:* 6:49AM  
Muruqa: White    *Sunset:* 4:50PM  
Nataraja: Yellow  
Moon – White  
Karttika•Aipasi



**Sunday, November 13, 2011**

Wrishabha Rasi: 22.01    Tithi 18  
735486154  
Creative Work    Siddha Yoga  
Until 8.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visiti\* Karana Tritiya Yam Titau  
**Gulika**    2:19PM – 3:34PM    **Rohini** Until 8:39AM  
**Yama**       11:50AM – 1:05PM    Shiva Until 9:14PM  
**Rahu**       3:34PM – 4:49PM    Vanija Until 3:34PM  
Tritiya Until 4:40AM Mon

Istanbul, Turkey  
**Sun 1 Sutra 215**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise:* 6:50AM  
Muruqa: White    *Sunset:* 4:49PM  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi



**Monday, November 14, 2011**

Mithuna Rasi: 4.16    Tithi 19  
735486154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 10:48AM then Siddha Yoga  
Until 8.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    1:04PM – 2:19PM    **Mrigasira** Until 10:48AM  
**Yama**       10:35AM – 11:50AM    Siddha Until 9:23PM  
**Rahu**       8:06AM – 9:21AM    Bava Until 5:13PM  
Chaturthi\* Until 6:19AM Tue

Istanbul, Turkey  
**Sun 2 Sutra 216**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise:* 6:51AM  
Muruqa: White    *Sunset:* 4:48PM  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi



**Tuesday, November 15, 2011**

Mithuna Rasi: 16.42    Tithi 20  
735486154  
Routine Work    Marana Yoga  
Until 12:06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    11:50AM – 1:04PM    **Ardra** Until 12:06PM  
**Yama**       9:21AM – 10:36AM    Sadhya Until 8:05PM  
**Rahu**       2:19PM – 3:33PM    Kaulava Until 5:26PM  
Panchami Until 6:06AM Wed

Istanbul, Turkey  
**Sun 3 Sutra 217**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise:* 6:53AM  
Muruqa: White    *Sunset:* 4:47PM  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi



**Wednesday, November 16, 2011**

Mithuna Rasi: 29.22    Tithi 20 – 21  
745486154  
Creative Work    Siddha Yoga  
Until 8.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    10:36AM – 11:50AM    **Punarvasu** Until 1:19PM  
**Yama**       8:08AM – 9:22AM    Subha Until 7:30PM  
**Rahu**       11:50AM – 1:04PM    Gara Until 6:06PM  
Panchami Until 6:06AM

Istanbul, Turkey  
**Sun 4 Sutra 218**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: White    *Sunrise:* 6:54AM  
Muruqa: White    *Sunset:* 4:47PM  
Nataraja: Yellow  
Moon – Blue  
Karttika•Karttikai



**Thursday, November 17, 2011**

Kataka Rasi: 12.19    Tithi 21 – 22  
745486155  
Creative Work    Amrita Yoga  
Until 2:02PM then Siddha Yoga  
Until 8.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sukla Yoga Vanija/Visiti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    9:23AM – 10:37AM    **Pushya** Until 2:02PM  
**Yama**       6:55AM – 8:09AM    Sukla Until 6:26PM  
**Rahu**       1:04PM – 2:18PM    Visiti Until 6:13PM  
Shasthi\* Until 6:13AM

Istanbul, Turkey  
**Sun 5 Sutra 219**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: White    *Sunrise:* 6:55AM  
Muruqa: White    *Sunset:* 4:46PM  
Nataraja: Red  
Moon – Blue  
Karttika•Karttikai



**Friday, November 18, 2011**  
**Retreat Star**

Kataka Rasi: 25.35    Tithi 23  
745486155  
Routine Work    Marana Yoga  
Until 8.48PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    8:10AM – 9:23AM    **Aslesha\*** Until 1:34PM  
**Yama**       2:18PM – 3:31PM    Brahma Until 4:05PM  
**Rahu**       10:37AM – 11:51AM    Balava Until 4:48PM  
Ashtami\* Until 3:52AM Sat

Istanbul, Turkey  
**Sun 6 Sutra 220**  
Khara 5113  
Moon 11 - Phase 29  
Ashtami  
**Devaloka Day**  
Ganesha: White    *Sunrise:* 6:56AM  
Muruqa: White    *Sunset:* 4:45PM  
Nataraja: Red  
Moon – Blue  
Karttika•Karttikai

**Saturday, November 19, 2011**  
**Retreat Star**

Simha Rasi: 9.13    Tithi 24  
755486155  
Creative Work    Amrita Yoga  
Until 1:03PM then Marana Yoga  
Until 8.48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    6:57AM – 8:11AM    **Magha\*** Until 1:03PM  
**Yama**       1:04PM – 2:18PM    Indra Until 2:00PM  
**Rahu**       9:24AM – 10:37AM    Taitila Until 3:38PM  
Navami\* Until 2:43AM Sun

Istanbul, Turkey  
**Sun 7 Sutra 221**  
Khara 5113  
Moon 11 - Phase 29  
Navami  
**Sivaloka Day**  
Ganesha: Clear    *Sunrise:* 6:57AM  
Muruqa: White    *Sunset:* 4:44PM  
Nataraja: Red  
Moon – Red  
Karttika•Karttikai


Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

<b>1</b>	<b>Sunday, November 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau	Istanbul, Turkey
	Simha Rasi: 23.14      Tithi 25 755486155	<b>Gulika</b> 2:17PM – 3:30PM <b>Yama</b> 11:51AM – 1:04PM <b>Rahu</b> 3:30PM – 4:44PM	<b>Sun 8 Sutra 222</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
Creative Work    Siddha Yoga Until 11:53AM then Amrita Yoga Until 8.48PM then Marana Yoga		<b>Purvaphalguni* Until 11:53AM</b> Vaidhriti* Until 11:18AM Vanija Until 1:47PM <b>Dasami Until 12:52AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> White <i>Sunset:</i> 4:44PM <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>
<b>Sivaloka Day</b>			

<b>2</b>	<b>Monday, November 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau	Istanbul, Turkey
	Kanya Rasi: 7.37      Tithi 26 755486155	<b>Gulika</b> 1:04PM – 2:17PM <b>Yama</b> 10:38AM – 11:51AM <b>Rahu</b> 8:13AM – 9:25AM	<b>Sun 9 Sutra 223</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
Family Home Evening Routine Work    Marana Yoga Until 9:50AM then Siddha Yoga		<b>Uttaraphalguni Until 9:50AM</b> Vishkambha* Until 7:54AM Bava Until 10:54AM <b>Ekadasi* Until 9:11PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:00AM <b>Muruqa:</b> White <i>Sunset:</i> 4:43PM <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>
<b>Sivaloka Day</b>			

<b>3</b>	<b>Tuesday, November 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Istanbul, Turkey
	Kanya Rasi: 22.18      Tithi 27 766486155	<b>Gulika</b> 11:52AM – 1:04PM <b>Yama</b> 9:26AM – 10:39AM <b>Rahu</b> 2:17PM – 3:30PM	<b>Sun 10 Sutra 224</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
Creative Work    Siddha Yoga		<b>Hasta Until 7:40AM</b> Ayushman Until 12:21AM Wed Kaulava Until 8:01AM <b>Dvadasi* Until 6:18PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:01AM <b>Muruqa:</b> White <i>Sunset:</i> 4:42PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>
<b>Devaloka Day</b>			

<b>4</b>	<b>Wednesday, November 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Istanbul, Turkey
	Tula Rasi: 7.13      Tithi 28 – 29 766486155	<b>Gulika</b> 10:39AM – 11:52AM <b>Yama</b> 8:14AM – 9:27AM <b>Rahu</b> 11:52AM – 1:04PM	<b>Sun 11 Sutra 225</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
Creative Work    Siddha Yoga Until 8.49PM then Amrita Yoga Until 2:28AM Thu then Siddha Yoga		<b>Svati Until 2:28AM Thu</b> Saubhagya Until 8:28PM Visti Until 1:20AM Thu <b>Trayodasi* Until 3:02PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:02AM <b>Muruqa:</b> White <i>Sunset:</i> 4:42PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>
<b>Sivaloka Day</b>			

	<b>Thursday, November 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Istanbul, Turkey
	<b>Retreat Star</b> Tula Rasi: 22.14      Tithi 29 – 30 776486155	<b>Gulika</b> 9:28AM – 10:40AM <b>Yama</b> 7:03AM – 8:15AM <b>Rahu</b> 1:04PM – 2:17PM	<b>Sun 12 Sutra 226</b> Khara 5113 Moon 11 - Phase 30 Amavasya
Creative Work    Siddha Yoga Until 8.49PM then Marana Yoga Until 11:46PM then Siddha Yoga		<b>Visakha Until 11:46PM</b> Sobhana Until 4:25PM Catuspada Until 9:53PM <b>Chaturdasi* Until 11:36AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:03AM <b>Muruqa:</b> White <i>Sunset:</i> 4:41PM <b>Nataraja:</b> Red Moon – Orange <b>Karttika•Karttikai</b>
<b>Sivaloka Day</b>			

	<b>Friday, November 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Istanbul, Turkey
	<b>Retreat Star</b> Vrischika Rasi: 7.13      Tithi 30 – 1 776486155	<b>Gulika</b> 8:16AM – 9:28AM <b>Yama</b> 2:17PM – 3:29PM <b>Rahu</b> 10:40AM – 11:52AM	<b>Sun 13 Sutra 227</b> Khara 5113 Moon 11 - Phase 30 Prathama
Creative Work    Siddha Yoga		<b>Anuradha Until 9:08PM</b> Athiganda* Until 12:26PM Kintughna Until 6:31PM <b>Amavasya* Until 8:13AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:04AM <b>Muruqa:</b> White <i>Sunset:</i> 4:41PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira•Karttikai</b>
<b>Sivaloka Day</b>			

<b>1</b>	<b>Saturday, November 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Istanbul, Turkey
	Vrischika Rasi: 22.01	Tithi 2	<b>Gulika</b> 7:05AM – 8:17AM	<b>Jyeshtha* Until 7:42PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:05AM</i>	<b>Sun 14</b>	<b>Sutra 228</b> Khara 5113
		776486155	<b>Yama</b> 1:05PM – 2:16PM	Sukarma Until 8:43AM	<b>Muruqa:</b> White <i>Sunset: 4:40PM</i>		Moon 11 - Phase 31
		<b>Rahu</b> 9:29AM – 10:41AM	Balava Until 4:10PM	<b>Nataraja:</b> Red		3rd Phase	
			<b>Dvitiya Until 3:15AM Sun</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Creative Work Siddha Yoga Until 8.50PM then Amrita Yoga							


<b>2</b>	<b>Sunday, November 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Tailila/Gara Karana Tritiya Yam Titau				Istanbul, Turkey
	Dhanus Rasi: 6.31	Tithi 3	<b>Gulika</b> 2:16PM – 3:28PM	<b>Mula* Until 5:42PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:06AM</i>	<b>Sun 15</b>	<b>Sutra 229</b> Khara 5113
		786486155	<b>Yama</b> 11:53AM – 1:05PM	Shula* Until 2:44AM Mon	<b>Muruqa:</b> White <i>Sunset: 4:40PM</i>		Moon 11 - Phase 31
		<b>Rahu</b> 3:28PM – 4:40PM	Tailila Until 1:25PM	<b>Nataraja:</b> Red		3rd Phase	
			<b>Tritiya Until 12:30AM Mon</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Creative Work Amrita Yoga Until 5:42PM then Siddha Yoga Until 8.50PM then Marana Yoga							


<b>3</b>	<b>Monday, November 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chalurthi* Yam Titau				Istanbul, Turkey
	Dhanus Rasi: 20.37	Tithi 4	<b>Gulika</b> 1:05PM – 2:16PM	<b>Purvashadha* Until 4:22PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:07AM</i>	<b>Sun 16</b>	<b>Sutra 230</b> Khara 5113
	<b>Family Home Evening</b>	786486155	<b>Yama</b> 10:42AM – 11:53AM	Ganda* Until 11:53PM	<b>Muruqa:</b> White <i>Sunset: 4:39PM</i>		Moon 11 - Phase 31
		<b>Rahu</b> 8:19AM – 9:30AM	Vanija Until 11:24AM	<b>Nataraja:</b> Red		3rd Phase	
			<b>Chaturthi* Until 10:29PM</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Routine Work Marana Yoga Until 8.50PM then Prabalarishta Yoga							

<b>4</b>	<b>Tuesday, November 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau				Istanbul, Turkey
	Makara Rasi: 4.17	Tithi 5	<b>Gulika</b> 11:54AM – 1:05PM	<b>Uttarashadha Until 4:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:09AM</i>	<b>Sun 17</b>	<b>Sutra 231</b> Khara 5113
		786486155	<b>Yama</b> 9:31AM – 10:42AM	Vriddhi Until 10:51PM	<b>Muruqa:</b> White <i>Sunset: 4:39PM</i>		Moon 11 - Phase 31
		<b>Rahu</b> 2:16PM – 3:28PM	Bava Until 10:32AM	<b>Nataraja:</b> Red		3rd Phase	
			<b>Panchami Until 10:32PM</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Routine Work Prabalarishta Yoga Until 4:33PM then Siddha Yoga							

<b>5</b>	<b>Wednesday, November 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shasthi* Yam Titau				Istanbul, Turkey
	Makara Rasi: 17.31	Tithi 6	<b>Gulika</b> 10:43AM – 11:54AM	<b>Sravana Until 4:45PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:10AM</i>	<b>Sun 18</b>	<b>Sutra 232</b> Khara 5113
		797486155	<b>Yama</b> 8:21AM – 9:32AM	Dhruva Until 9:18PM	<b>Muruqa:</b> White <i>Sunset: 4:39PM</i>		Moon 11 - Phase 31
		<b>Rahu</b> 11:54AM – 1:05PM	Kaulava Until 10:07AM	<b>Nataraja:</b> Red		3rd Phase	
			<b>Shasthi* Until 10:07PM</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Creative Work Siddha Yoga Until 4:45PM then Prabalarishta Yoga Until 8.51PM then Siddha Yoga							

<b>6</b>	<b>Thursday, December 1, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau				Istanbul, Turkey
	Kumbha Rasi: 0.2	Tithi 7	<b>Gulika</b> 9:33AM – 10:43AM	<b>Dhanishtha Until 6:41PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:11AM</i>	<b>Sun 19</b>	<b>Sutra 233</b> Khara 5113
		797486155	<b>Yama</b> 7:11AM – 8:22AM	Vyaghata* Until 9:33PM	<b>Muruqa:</b> White <i>Sunset: 4:38PM</i>		Moon 11 - Phase 31
		<b>Rahu</b> 1:05PM – 2:16PM	Gara Until 10:55AM	<b>Nataraja:</b> Red		3rd Phase	
			<b>Saptami Until 12:00AM Fri</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Creative Work Siddha Yoga Until 6:41PM then Marana Yoga Until 8.51PM then Siddha Yoga							

	<b>Friday, December 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		<b>Gulika</b> 8:22AM – 9:33AM	<b>Satabhisha Until 8:24PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:12AM</i>	<b>Sun 20</b>	<b>Sutra 234</b> Khara 5113
	Kumbha Rasi: 12.48	Tithi 8	<b>Yama</b> 2:16PM – 3:27PM	Harshana Until 9:16PM	<b>Muruqa:</b> White <i>Sunset: 4:38PM</i>		Moon 11 - Phase 31
	797486155	<b>Rahu</b> 10:44AM – 11:55AM	Visti Until 12:05PM	<b>Nataraja:</b> Red		Ashtami	
			<b>Ashtami* Until 1:11AM Sat</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Creative Work Siddha Yoga							

	<b>Saturday, December 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		<b>Gulika</b> 7:13AM – 8:23AM	<b>Purvaprostapada* Until 10:39PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:13AM</i>	<b>Sun 21</b>	<b>Sutra 235</b> Khara 5113
	Kumbha Rasi: 25.01	Tithi 9	<b>Yama</b> 1:06PM – 2:16PM	Vajra* Until 9:29PM	<b>Muruqa:</b> White <i>Sunset: 4:38PM</i>		Moon 11 - Phase 31
	717486155	<b>Rahu</b> 9:34AM – 10:45AM	Balava Until 1:51PM	<b>Nataraja:</b> Red		Navami	
			<b>Navami* Until 2:56AM Sun</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Creative Work Siddha Yoga Until 10:39PM then Amrita Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

<b>1</b>	<b>Sunday, December 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Tailila/Gara Karana Dasami Yam Titau	Istanbul, Turkey
	Meena Rasi: 7.01      Tithi 10 717486155	<b>Gulika</b> 2:17PM – 3:27PM <b>Yama</b> 11:56AM – 1:06PM <b>Rahu</b> 3:27PM – 4:38PM	<b>Sun 22 Sutra 236</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work Amrita Yoga Until 8.53PM then Siddha Yoga	<b>Uttaraprostapada</b> Until 1:17AM Mon <b>Siddhi</b> Until 10:03PM <b>Taitila</b> Until 4:02PM <b>Dasami</b> Until 5:07AM Mon	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:14AM <b>Muruqa:</b> White <i>Sunset:</i> 4:38PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>

<b>2</b>	<b>Monday, December 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija Karana Ekadasi Yam Titau	Istanbul, Turkey
	Meena Rasi: 18.55      Tithi 11 717496155	<b>Gulika</b> 1:06PM – 2:17PM <b>Yama</b> 10:46AM – 11:56AM <b>Rahu</b> 8:25AM – 9:35AM	<b>Sun 23 Sutra 237</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Family Home Evening Creative Work Siddha Yoga	<b>Revati</b> Until 4:10AM Tue <b>Vyatipata*</b> Until 10:50PM <b>Vanija</b> Until 6:29PM <b>Ekadasi</b> Until 7:57AM Tue	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:15AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:37PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>
			<b>Devaloka Day</b>

<b>3</b>	<b>Tuesday, December 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Istanbul, Turkey
	Mesha Rasi: 0.46      Tithi 11 – 12 727496155	<b>Gulika</b> 11:56AM – 1:07PM <b>Yama</b> 9:36AM – 10:46AM <b>Rahu</b> 2:17PM – 3:27PM	<b>Sun 24 Sutra 238</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work Siddha Yoga Until 8.53PM then Marana Yoga	<b>Asvini</b> Until 7:27AM Wed <b>Variyan</b> Until 11:42PM <b>Bava</b> Until 9:02PM <b>Ekadasi</b> Until 7:57AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:37PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Wednesday, December 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Istanbul, Turkey
	Mesha Rasi: 12.37      Tithi 12 – 13 728496155	<b>Gulika</b> 10:47AM – 11:57AM <b>Yama</b> 8:27AM – 9:37AM <b>Rahu</b> 11:57AM – 1:07PM	<b>Sun 25 Sutra 239</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Routine Work Marana Yoga Until 8.54PM then Siddha Yoga	<b>Asvini</b> Until 7:27AM <b>Parigha*</b> Until 12:34AM Thu <b>Kaulava</b> Until 11:34PM <b>Dvadasi</b> Until 10:29AM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:17AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:37PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
			<b>Devaloka Day</b>

<b>5</b>	<b>Thursday, December 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Istanbul, Turkey
	Mesha Rasi: 24.31      Tithi 13 – 14 728596155	<b>Gulika</b> 9:37AM – 10:47AM <b>Yama</b> 7:17AM – 8:27AM <b>Rahu</b> 1:07PM – 2:17PM	<b>Sun 26 Sutra 240</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work Siddha Yoga Until 10:17AM then Marana Yoga Until 8.54PM then Siddha Yoga	<b>Bharani</b> Until 10:17AM <b>Shiva</b> Until 1:19AM Fri <b>Gara</b> Until 1:59AM Fri <b>Trayodasi</b> Until 12:53PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:17AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:37PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
		<b>Krittika Deepam</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>6</b>	<b>Friday, December 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Istanbul, Turkey
	Vrishabha Rasi: 6.32      Tithi 14 – 15 728596155	<b>Gulika</b> 8:28AM – 9:38AM <b>Yama</b> 2:18PM – 3:27PM <b>Rahu</b> 10:48AM – 11:58AM	<b>Sun 27 Sutra 241</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work Siddha Yoga Until 12:55PM then Marana Yoga Until 8.55PM then Amrita Yoga	<b>Krittika</b> Until 12:55PM <b>Siddha</b> Until 1:52AM Sat <b>Visti</b> Until 4:09AM Sat <b>Chaturdasi*</b> Until 3:04PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:18AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:37PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
		<b>Sivalaya Deepam</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>○</b>	<b>Saturday, December 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Istanbul, Turkey
	<b>Copper Retreat Star</b> Vrishabha Rasi: 18.43      Tithi 15 – 16 738596155	<b>Gulika</b> 7:19AM – 8:29AM <b>Yama</b> 1:08PM – 2:18PM <b>Rahu</b> 9:39AM – 10:48AM	<b>Sutra 242</b> Khara 5113 Moon 11 - Phase 32 Purnima
	Creative Work Amrita Yoga Until 3:15PM then Siddha Yoga	<b>Rohini</b> Until 3:15PM <b>Sadhya</b> Until 2:09AM Sun <b>Balava</b> Until 6:00AM Sun <b>Purnima*</b> Until 4:55PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:19AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:37PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>
			<b>Devaloka Day</b>

<b>○</b>	<b>Sunday, December 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau	Istanbul, Turkey
	<b>Silver Retreat Star</b> Mithuna Rasi: 1.04      Tithi 16 – 17 738596155	<b>Gulika</b> 2:18PM – 3:28PM <b>Yama</b> 11:59AM – 1:08PM <b>Rahu</b> 3:28PM – 4:37PM	<b>Sutra 243</b> Khara 5113 Moon 11 - Phase 32 Prathama
	Creative Work Siddha Yoga	<b>Mrigasira</b> Until 4:21PM <b>Subha</b> Until 12:39AM Mon <b>Taitila</b> Until 5:20AM Mon <b>Prathama*</b> Until 5:20PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:20AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:37PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>
		<b>Vinayaga Viratam Begins</b>	<b>Devaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640





**Monday, December 12, 2011**  
**Gold Retreat Star**

Mithuna Rasi: 13.37      Tithi 17  
**Family Home Evening**      738596155  
Creative Work      Siddha Yoga  
Until 5:48PM then Amrita Yoga  
Until 8:56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**      1:09PM – 2:18PM      **Ardra Until 5:48PM**  
**Yama**      10:50AM – 11:59AM      Sukla Until 12:15AM Tue  
**Rahu**      8:30AM – 9:40AM      Taitila Until 6:16AM  
**Dvitiya Until 6:16PM**

Istanbul, Turkey  
**Sun 1      Sutra 244**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:21AM  
**Muruqa:** Clear      *Sunset:* 4:37PM  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

**Devaloka Day**

**1**

**Tuesday, December 13, 2011**

Mithuna Rasi: 26.22      Tithi 18  
749596155  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**      12:00PM – 1:09PM      **Punarvasu Until 6:51PM**  
**Yama**      9:41AM – 10:50AM      Brahma Until 11:29PM  
**Rahu**      2:19PM – 3:28PM      Vanija Until 6:46AM  
**Tritiya Until 6:46PM**

Istanbul, Turkey  
**Sun 2      Sutra 245**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:22AM  
**Muruqa:** Clear      *Sunset:* 4:38PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**2**

**Wednesday, December 14, 2011**

Kataka Rasi: 9.22      Tithi 19  
749596155  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**      10:51AM – 12:00PM      **Pushya Until 7:30PM**  
**Yama**      8:32AM – 9:41AM      Indra Until 10:21PM  
**Rahu**      12:00PM – 1:10PM      Bava Until 6:50AM  
**Chaturthi\* Until 6:50PM**

Istanbul, Turkey  
**Sun 3      Sutra 246**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:22AM  
**Muruqa:** Clear      *Sunset:* 4:38PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**3**

**Thursday, December 15, 2011**

Kataka Rasi: 22.34      Tithi 20  
749596155  
Creative Work      Siddha Yoga  
Until 7:44PM then Amrita Yoga  
Until 8:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**      9:42AM – 10:51AM      **Aslesha\* Until 7:44PM**  
**Yama**      7:23AM – 8:33AM      Vaidhriti\* Until 8:49PM  
**Rahu**      1:10PM – 2:19PM      Kaulava Until 6:28AM  
**Panchami Until 6:28PM**

Istanbul, Turkey  
**Sun 4      Sutra 247**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:23AM  
**Muruqa:** Clear      *Sunset:* 4:38PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**4**

**Friday, December 16, 2011**

Simha Rasi: 5.59      Tithi 21 – 22  
759596155  
Routine Work      Marana Yoga  
Until 6:35PM then Siddha Yoga  
Until 8:58PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**      8:33AM – 9:42AM      **Magha\* Until 6:35PM**  
**Yama**      2:20PM – 3:29PM      Vishkambha\* Until 6:03PM  
**Rahu**      10:52AM – 12:01PM      Visti Until 3:49AM Sat  
**Shasthi\* Until 4:44PM**

Istanbul, Turkey  
**Sun 5      Sutra 248**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** White      *Sunrise:* 7:24AM  
**Muruqa:** Clear      *Sunset:* 4:38PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Sivaloka Day**

**5**

**Saturday, December 17, 2011**

Simha Rasi: 19.39      Tithi 22 – 23  
859596155  
Routine Work      Marana Yoga  
Until 8:58PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni\* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**      7:25AM – 8:34AM      **Purvaphalguni\* Until 6:01PM**  
**Yama**      1:11PM – 2:20PM      Priti Until 3:54PM  
**Rahu**      9:43AM – 10:52AM      Balava Until 2:38AM Sun  
**Saptami Until 3:33PM**

Istanbul, Turkey  
**Sun 6      Sutra 249**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:25AM  
**Muruqa:** Clear      *Sunset:* 4:39PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Devaloka Day**



**Sunday, December 18, 2011**  
**Retreat Star**

Kanya Rasi: 3.33      Tithi 23 – 24  
859596155  
Creative Work      Amrita Yoga  
Until 8:59PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**      2:21PM – 3:30PM      **Uttaraphalguni Until 5:04PM**  
**Yama**      12:02PM – 1:11PM      Ayushman Until 1:22PM  
**Rahu**      3:30PM – 4:39PM      Taitila Until 1:01AM Mon  
**Ashtami\* Until 1:56PM**

Istanbul, Turkey  
**Sun 7      Sutra 250**  
Khara 5113  
Moon 12 - Phase 33  
Ashtami

**Ganesha:** Clear      *Sunrise:* 7:25AM  
**Muruqa:** Clear      *Sunset:* 4:39PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Devaloka Day**

**Monday, December 19, 2011**  
**Retreat Star**

Kanya Rasi: 17.4      Tithi 24 – 25  
**Family Home Evening**      869596155  
Creative Work      Siddha Yoga  
Until 3:43PM then Prabalarishta Yoga  
Until 8:59PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

**Gulika**      1:12PM – 2:21PM      **Hasta Until 3:43PM**  
**Yama**      10:53AM – 12:03PM      Saubhagya Until 10:29AM  
**Rahu**      8:35AM – 9:44AM      Vanija Until 10:59PM  
**Navami\* Until 11:55AM**

Istanbul, Turkey  
**Sun 8      Sutra 251**  
Khara 5113  
Moon 12 - Phase 33  
Navami

**Ganesha:** White      *Sunrise:* 7:26AM  
**Muruqa:** Clear      *Sunset:* 4:39PM  
**Nataraja:** Red  
Moon – Green  
**Margasira-Markali**

**Sivaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

1	<b>Tuesday, December 20, 2011</b>		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Istanbul, Turkey
	Tula Rasi: 1.59	Tithi 25 – 26	<b>Gulika</b> 12:03PM – 1:12PM	<b>Chitra</b> Until 2:02PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	<b>Sun 9 Sutra 252</b> Khara 5113
		869596155	<b>Yama</b> 9:45AM – 10:54AM	<b>Sobhana</b> Until 7:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 2:21PM – 3:31PM	<b>Bava</b> Until 8:35PM	<b>Nataraja:</b> Red		2nd Phase
			<b>Dasami</b> Until 9:30AM	<b>Margasira-Markali</b>	<b>Sivaloka Day</b>		

2	<b>Wednesday, December 21, 2011</b>		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Balava/Taitila Karana Ekadasi*/Dvadasi* Yam Titau				Istanbul, Turkey
	Tula Rasi: 16.28	Tithi 26 – 27	<b>Gulika</b> 10:54AM – 12:04PM	<b>Svati</b> Until 11:39AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:27AM	<b>Sun 10 Sutra 253</b> Khara 5113
		861596155	<b>Yama</b> 8:36AM – 9:45AM	<b>Sukarma</b> Until 11:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 12:04PM – 1:13PM	<b>Taitila</b> Until 3:19AM Thu	<b>Nataraja:</b> Red		2nd Phase
			<b>Day 1 of Pancha Ganapati</b>	<b>Ekadasi*</b> Until 6:45AM	<b>Margasira-Markali</b>	<b>Sivaloka Day</b>	

3	<b>Thursday, December 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Istanbul, Turkey
	Virschika Rasi: 1.02	Tithi 28	<b>Gulika</b> 9:46AM – 10:55AM	<b>Visakha</b> Until 9:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM	<b>Sun 11 Sutra 254</b> Khara 5113
		871596155	<b>Yama</b> 7:27AM – 8:37AM	<b>Dhriti</b> Until 8:33PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:13PM – 2:22PM	<b>Gara</b> Until 2:21PM	<b>Nataraja:</b> Red		2nd Phase
			<b>Day 2 of Pancha Ganapati</b>	<b>Trayodasi*</b> Until 12:39AM Fri	<b>Margasira-Markali</b>	<b>Devaloka Day</b>	
							<i>Pradosha Vrata (Fasting)</i>

4	<b>Friday, December 23, 2011</b>		Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Istanbul, Turkey
	Virschika Rasi: 15.38	Tithi 29	<b>Gulika</b> 8:37AM – 9:46AM	<b>Anuradha</b> Until 7:47AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:28AM	<b>Sun 12 Sutra 255</b> Khara 5113
		871596155	<b>Yama</b> 2:23PM – 3:32PM	<b>Shula*</b> Until 5:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:55AM – 12:05PM	<b>Visti</b> Until 12:07PM	<b>Nataraja:</b> Red		2nd Phase
Until 7:47AM then Prabalarishta Yoga			<b>Day 3 of Pancha Ganapati</b>	<b>Chaturdasi*</b> Until 11:11PM	<b>Margasira-Markali</b>	<b>Devaloka Day</b>	
Until 9:01PM then Siddha Yoga							

●	<b>Saturday, December 24, 2011</b>		Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		<b>Gulika</b> 7:28AM – 8:38AM	<b>Mula*</b> Until 4:40AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:28AM	<b>Sun 13 Sutra 256</b> Khara 5113
	Dhanus Rasi: 0.07	Tithi 30	<b>Yama</b> 1:14PM – 2:24PM	<b>Ganda*</b> Until 2:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:42PM	Moon 12 - Phase 34
		881596155	<b>Rahu</b> 9:47AM – 10:56AM	<b>Catuspada</b> Until 9:24AM	<b>Nataraja:</b> Red		Amavasya
Creative Work Siddha Yoga			<b>Day 4 of Pancha Ganapati</b>	<b>Amavasya*</b> Until 8:29PM	<b>Margasira-Markali</b>	<b>Devaloka Day</b>	
Until 9:02PM then Amrita Yoga							
Until 4:40AM Sun then Siddha Yoga							

●	<b>Sunday, December 25, 2011</b>		Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		<b>Gulika</b> 2:24PM – 3:33PM	<b>Purvashadha*</b> Until 3:02AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:29AM	<b>Sun 14 Sutra 257</b> Khara 5113
	Dhanus Rasi: 14.24	Tithi 1	<b>Yama</b> 12:06PM – 1:15PM	<b>Vriddhi</b> Until 11:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 34
		881596155	<b>Rahu</b> 3:33PM – 4:43PM	<b>Kintughna</b> Until 7:03AM	<b>Nataraja:</b> Red		Prathama
Creative Work Siddha Yoga			<b>Day 5 of Pancha Ganapati</b>	<b>Prathama*</b> Until 6:08PM	<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Until 9:02PM then Marana Yoga							

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Kṛishṇa Yajur Veda, Svetu 5.11–12. UpM, 94

<b>1</b>	<b>Monday, December 26, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Istanbul, Turkey
	Dhanu Rasi: 28.24    Tithi 2 – 3 Family Home Evening    881596155 Routine Work    Marana Yoga Until 9.03PM then Prabalarishta Yoga Until 1:53AM Tue then Siddha Yoga	<b>Gulika</b> 1:15PM – 2:25PM <b>Yama</b> 10:57AM – 12:06PM <b>Rahu</b> 8:38AM – 9:48AM	<b>Uttarashadha</b> Until 1:53AM Tue Dhruva Until 8:34AM Taitila Until 3:24AM Tue <b>Dvitiya</b> Until 4:19PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:43PM <b>Nataraja:</b> Red Moon – Light Blue <b>Pausha-Markali</b>	<b>Sun 15</b> <b>Sutra 258</b> Khara 5113 Moon 12 - Phase 35 3rd Phase

<b>2</b>	<b>Tuesday, December 27, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Istanbul, Turkey
	Makara Rasi: 12.03    Tithi 3 – 4 Creative Work    Siddha Yoga Until 2:50AM Wed then Prabalarishta Yoga	<b>Gulika</b> 12:07PM – 1:16PM <b>Yama</b> 9:48AM – 10:57AM <b>Rahu</b> 2:25PM – 3:35PM	<b>Sravana</b> Until 2:50AM Wed Vyaghata* Until 6:28AM Vanija Until 3:56AM Wed <b>Tritiya</b> Until 3:56PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:44PM <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>	<b>Sun 16</b> <b>Sutra 259</b> Khara 5113 Moon 12 - Phase 35 3rd Phase


<b>3</b>	<b>Wednesday, December 28, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Istanbul, Turkey
	Makara Rasi: 25.19    Tithi 4 – 5 Routine Work    Prabalarishta Yoga Until 9.04PM then Siddha Yoga Until 2:57AM Thu then Marana Yoga	<b>Gulika</b> 10:58AM – 12:07PM <b>Yama</b> 8:39AM – 9:48AM <b>Rahu</b> 12:07PM – 1:16PM	<b>Dhanishtha</b> Until 2:57AM Thu Vajra* Until 3:41AM Thu Bava Until 3:26AM Thu <b>Chaturthi*</b> Until 3:26PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:45PM <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>	<b>Sun 17</b> <b>Sutra 260</b> Khara 5113 Moon 12 - Phase 35 3rd Phase

<b>4</b>	<b>Thursday, December 29, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Istanbul, Turkey
	Kumbha Rasi: 8.13    Tithi 5 – 6 Routine Work    Marana Yoga Until 9.04PM then Siddha Yoga	<b>Gulika</b> 9:49AM – 10:58AM <b>Yama</b> 7:30AM – 8:39AM <b>Rahu</b> 1:17PM – 2:26PM	<b>Satabhisha</b> Until 3:46AM Fri Siddhi Until 2:42AM Fri Kaulava Until 3:41AM Fri <b>Panchami</b> Until 3:41PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:45PM <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>	<b>Sun 18</b> <b>Sutra 261</b> Khara 5113 Moon 12 - Phase 35 3rd Phase

<b>5</b>	<b>Friday, December 30, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau			Istanbul, Turkey
	Kumbha Rasi: 20.46    Tithi 6 – 7 Creative Work    Siddha Yoga	<b>Gulika</b> 8:40AM – 9:49AM <b>Yama</b> 2:27PM – 3:37PM <b>Rahu</b> 10:59AM – 12:08PM	<b>Purvaprostapada*</b> Until 6:37AM Sat Vyatipata* Until 3:51AM Sat Gara Until 6:41AM Sat <b>Shasthi*</b> Until 5:35PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:46PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>	<b>Sun 19</b> <b>Sutra 262</b> Khara 5113 Moon 12 - Phase 35 3rd Phase

<b>6</b>	<b>Saturday, December 31, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Variyan Yoga Gara/Vanija Karana Saptami Yam Titau			Istanbul, Turkey
	Meena Rasi: 3.01    Tithi 7 Creative Work    Siddha Yoga Until 9.06PM then Amrita Yoga	<b>Gulika</b> 7:30AM – 8:40AM <b>Yama</b> 1:18PM – 2:28PM <b>Rahu</b> 9:50AM – 10:59AM	<b>Purvaprostapada*</b> Until 6:37AM Variyan Until 3:57AM Sun Gara Until 6:09AM <b>Saptami</b> Until 7:14PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:47PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>	<b>Sun 20</b> <b>Sutra 263</b> Khara 5113 Moon 12 - Phase 35 3rd Phase

**Vinayaga Viratam Ends**

	<b>Sunday, January 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Istanbul, Turkey
	Meena Rasi: 15.04    Tithi 8 Creative Work    Amrita Yoga Until 9.06PM then Siddha Yoga	<b>Gulika</b> 2:29PM – 3:39PM <b>Yama</b> 12:10PM – 1:19PM <b>Rahu</b> 3:39PM – 4:48PM	<b>Uttaraprostapada</b> Until 9:12AM Parigha* Until 4:27AM Mon Visti Until 8:16AM <b>Ashtami*</b> Until 9:22PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:48PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>	<b>Sun 21</b> <b>Sutra 264</b> Khara 5113 Moon 12 - Phase 35 Ashtami

<b>Monday, January 2, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau			Istanbul, Turkey
	Meena Rasi: 26.58    Tithi 9 Family Home Evening    812696156 Creative Work    Siddha Yoga	<b>Gulika</b> 1:20PM – 2:30PM <b>Yama</b> 11:00AM – 12:10PM <b>Rahu</b> 8:41AM – 9:50AM	<b>Revati</b> Until 12:04PM Shiva Until 5:13AM Tue Balava Until 10:43AM <b>Navami*</b> Until 11:48PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:49PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>	<b>Sun 22</b> <b>Sutra 265</b> Khara 5113 Moon 12 - Phase 35 Navami

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

<b>1</b>	<b>Tuesday, January 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Tailila/Gara Karana Dasami Yam Titau	Istanbul, Turkey
	Mesha Rasi: 8.48      Tithi 10 822696156	<b>Gulika</b> 12:11PM – 1:20PM <b>Yama</b> 9:51AM – 11:01AM <b>Rahu</b> 2:30PM – 3:40PM	<b>Sun 23 Sutra 266</b> Khara 5113 Moon 12 - Phase 36 4th Phase
Creative Work    Siddha Yoga Until 9.07PM then Marana Yoga	<b>Asvini Until 3:04PM</b> <b>Siddha Until 6:20AM Wed</b> <b>Taitila Until 1:18PM</b> <b>Dasami Until 2:23AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:50PM <b>Nataraja:</b> Yellow Moon – White <b>Pausha-Markali</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Wednesday, January 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Istanbul, Turkey
	Mesha Rasi: 20.39      Tithi 11 822696156	<b>Gulika</b> 11:01AM – 12:11PM <b>Yama</b> 8:41AM – 9:51AM <b>Rahu</b> 12:11PM – 1:21PM	<b>Sun 24 Sutra 267</b> Khara 5113 Moon 12 - Phase 36 4th Phase
Routine Work    Marana Yoga Until 6:02PM then Amrita Yoga Until 9.08PM then Marana Yoga	<b>Vaikuntha Ekadasi</b> <b>Ekadasi Until 4:56AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:51PM <b>Nataraja:</b> Yellow Moon – White <b>Pausha-Markali</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, January 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Bava Karana Dvadasi Yam Titau	Istanbul, Turkey
	Vrishabha Rasi: 2.35      Tithi 12 822696156	<b>Gulika</b> 9:51AM – 11:01AM <b>Yama</b> 7:31AM – 8:41AM <b>Rahu</b> 1:22PM – 2:32PM	<b>Sun 25 Sutra 268</b> Khara 5113 Moon 12 - Phase 36 4th Phase
Routine Work    Marana Yoga	<b>Subramuniyaswami Jayanti</b> <b>Dvadasi Until 7:06AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:52PM <b>Nataraja:</b> Yellow Moon – White <b>Pausha-Markali</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, January 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Istanbul, Turkey
	Vrishabha Rasi: 14.42      Tithi 12 – 13 832696156	<b>Gulika</b> 8:41AM – 9:51AM <b>Yama</b> 2:32PM – 3:43PM <b>Rahu</b> 11:02AM – 12:12PM	<b>Sun 26 Sutra 269</b> Khara 5113 Moon 12 - Phase 36 4th Phase
Routine Work    Marana Yoga Until 9.09PM then Amrita Yoga Until 11:16PM then Siddha Yoga	<b>Rohini Until 11:16PM</b> <b>Subha Until 7:25AM</b> <b>Kaulava Until 8:12PM</b> <b>Dvadasi Until 7:06AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:53PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Pausha-Markali</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Saturday, January 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Istanbul, Turkey
	Vrishabha Rasi: 27.01      Tithi 13 – 14 832696156	<b>Gulika</b> 7:31AM – 8:41AM <b>Yama</b> 1:23PM – 2:33PM <b>Rahu</b> 9:52AM – 11:02AM	<b>Sun 27 Sutra 270</b> Khara 5113 Moon 12 - Phase 36 4th Phase
Creative Work    Siddha Yoga	<b>Mrigasira Until 11:49PM</b> <b>Sukla Until 7:18AM</b> <b>Gara Until 8:24PM</b> <b>Trayodasi Until 8:24AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Pausha-Markali</b>	<b>Devaloka Day</b>

<b>○</b>	<b>Sunday, January 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Istanbul, Turkey
	<b>Copper Retreat Star</b> Mithuna Rasi: 9.37      Tithi 14 – 15 832696156	<b>Gulika</b> 2:34PM – 3:44PM <b>Yama</b> 12:13PM – 1:23PM <b>Rahu</b> 3:44PM – 4:55PM	<b>Sun 27 Sutra 271</b> Khara 5113 Moon 12 - Phase 36 Purnima
Creative Work    Siddha Yoga Until 1:11AM Mon then Amrita Yoga	<b>Tiruvembavai</b> <b>Ardra Until 1:11AM Mon</b> <b>Brahma Until 6:50AM</b> <b>Visti Until 9:16PM</b> <b>Chaturdasi* Until 9:16AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Pausha-Markali</b>	<b>Devaloka Day</b>

<b>○</b>	<b>Monday, January 9, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Istanbul, Turkey
	<b>Silver Retreat Star</b> Mithuna Rasi: 22.29      Tithi 15 – 16 842696156	<b>Gulika</b> 1:24PM – 2:35PM <b>Yama</b> 11:02AM – 12:13PM <b>Rahu</b> 8:41AM – 9:52AM	<b>Sun 27 Sutra 272</b> Khara 5113 Moon 12 - Phase 36 Prathama
<b>Family Home Evening</b> Creative Work    Amrita Yoga Until 9.10PM then Siddha Yoga	<b>Punarvasu Until 2:02AM Tue</b> <b>Vaidhriti* Until 4:43AM Tue</b> <b>Balava Until 9:33PM</b> <b>Purnima* Until 9:33AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Yellow Moon – Blue <b>Pausha-Markali</b>	<b>Sivaloka Day</b>

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



**Tuesday, January 10, 2012**  
**Gold Retreat Star**

Kataka Rasi: 5.38    Titthi 16 – 17  
842696156  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika** 12:14PM – 1:24PM    **Pushya Until 2:21AM Wed**  
**Yama** 9:52AM – 11:03AM    **Vishkambha\* Until 3:16AM Wed**  
**Rahu** 2:35PM – 3:46PM    **Taitila Until 9:16PM**  
**Prathama\* Until 9:16AM**

**Ganesha:** Purple    *Sunrise:* 7:30AM  
**Muruqa:** Clear    *Sunset:* 4:57PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Istanbul, Turkey  
**Sutra 273**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**1**

**Wednesday, January 11, 2012**

Kataka Rasi: 19.04    Titthi 17 – 18  
842696156  
Creative Work    Siddha Yoga  
Until 12:45AM Thu then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 11:03AM – 12:14PM    **Aslesha\* Until 12:45AM Thu**  
**Yama** 8:41AM – 9:52AM    **Priti Until 12:05AM Thu**  
**Rahu** 12:14PM – 1:25PM    **Vanija Until 7:21PM**  
**Dvitiya Until 8:17AM**

**Ganesha:** Purple    *Sunrise:* 7:30AM  
**Muruqa:** Clear    *Sunset:* 4:58PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Istanbul, Turkey  
**Sun 1 Sutra 274**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**2**

**Thursday, January 12, 2012**

Simha Rasi: 2.43    Titthi 18 – 19  
852696156  
Creative Work    Amrita Yoga  
Until 9.11PM then Marana Yoga  
Until 12:13AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 9:52AM – 11:03AM    **Magha\* Until 12:13AM Fri**  
**Yama** 7:30AM – 8:41AM    **Ayushman Until 9:58PM**  
**Rahu** 1:26PM – 2:37PM    **Bava Until 6:12PM**  
**Tritiya Until 7:08AM**

**Ganesha:** Clear    *Sunrise:* 7:30AM  
**Muruqa:** Clear    *Sunset:* 4:59PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Istanbul, Turkey  
**Sun 2 Sutra 275**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**3**

**Friday, January 13, 2012**

Simha Rasi: 16.31    Titthi 20  
852696156  
Creative Work    Siddha Yoga  
Until 9.11PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika** 8:41AM – 9:52AM    **Purvaphalguni\* Until 11:24PM**  
**Yama** 2:38PM – 3:49PM    **Saubhagya Until 7:34PM**  
**Rahu** 11:03AM – 12:15PM    **Kaulava Until 4:45PM**  
**Panchami Until 3:49AM Sat**

**Ganesha:** Clear    *Sunrise:* 7:29AM  
**Muruqa:** Clear    *Sunset:* 5:00PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Istanbul, Turkey  
**Sun 3 Sutra 276**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**4**

**Saturday, January 14, 2012**

Kanya Rasi: 0.27    Titthi 21  
853696156  
Routine Work    Marana Yoga  
Until 9.12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 7:29AM – 8:40AM    **Uttaraphalguni Until 10:22PM**  
**Yama** 1:27PM – 2:38PM    **Sobhana Until 4:58PM**  
**Rahu** 9:52AM – 11:04AM    **Gara Until 3:03PM**  
**Thai Pongal**    **Shasthi\* Until 2:08AM Sun**

**Ganesha:** Purple    *Sunrise:* 7:29AM  
**Muruqa:** Clear    *Sunset:* 5:01PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Thai**

Istanbul, Turkey  
**Sun 4 Sutra 277**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5**

**Sunday, January 15, 2012**

Kanya Rasi: 14.28    Titthi 22  
863696156  
Creative Work    Amrita Yoga  
Until 9.12PM then Siddha Yoga  
Until 9.12PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika** 2:39PM – 3:51PM    **Hasta Until 9:12PM**  
**Yama** 12:15PM – 1:27PM    **Athiganda\* Until 2:15PM**  
**Rahu** 3:51PM – 5:03PM    **Visti Until 1:13PM**  
**Saptami Until 12:17AM Mon**

**Ganesha:** Clear    *Sunrise:* 7:28AM  
**Muruqa:** Clear    *Sunset:* 5:03PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Istanbul, Turkey  
**Sun 5 Sutra 278**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**



**Monday, January 16, 2012**  
**Retreat Star**

Kanya Rasi: 28.32    Titthi 23  
**Family Home Evening**    863696156  
Routine Work    Prabalarishta Yoga  
Until 7:55PM then Amrita Yoga  
Until 9.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 1:28PM – 2:40PM    **Chitra Until 7:55PM**  
**Yama** 11:04AM – 12:16PM    **Sukarma Until 11:26AM**  
**Rahu** 8:40AM – 9:52AM    **Balava Until 11:16AM**  
**Ashtami\* Until 10:20PM**

**Ganesha:** Clear    *Sunrise:* 7:28AM  
**Muruqa:** Clear    *Sunset:* 5:04PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Istanbul, Turkey  
**Sun 6 Sutra 279**  
Khara 5113  
Moon 13 - Phase 37  
Ashtami

**Devaloka Day**

**Tuesday, January 17, 2012**  
**Retreat Star**

Tula Rasi: 12.4    Titthi 24  
863696156  
Creative Work    Siddha Yoga  
Until 6:35PM then Marana Yoga  
Until 9.13PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika** 12:16PM – 1:28PM    **Svati Until 6:35PM**  
**Yama** 9:52AM – 11:04AM    **Dhriti Until 8:33AM**  
**Rahu** 2:41PM – 3:53PM    **Taitila Until 9:14AM**  
**Navami\* Until 8:19PM**

**Ganesha:** Clear    *Sunrise:* 7:27AM  
**Muruqa:** Clear    *Sunset:* 5:05PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Istanbul, Turkey  
**Sun 7 Sutra 280**  
Khara 5113  
Moon 13 - Phase 37  
Navami


**Devaloka Day**

<b>1</b>	<b>Wednesday, January 18, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Visakha/Anuradha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau				Istanbul, Turkey
	Tula Rasi: 26.47	Tithi 25	<b>Gulika</b>	<b>11:04AM – 12:16PM</b>	<b>Visakha Until 5:13PM</b>	<b>Ganesha: White</b>	Sun 8 <b>Sutra 281</b>
		873696156	Yama	8:39AM – 9:52AM	Ganda* Until 2:59AM Thu	Muruqa: Clear	Khara 5113
	Creative Work	Siddha Yoga	Rahu	12:16PM – 1:29PM	Vanija Until 7:11AM	Nataraja: Yellow	Moon 13 - Phase 38
						<b>Pausha*Thai</b>	2nd Phase
			<b>Dasami Until 6:15PM</b>			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Thursday, January 19, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Istanbul, Turkey
	Virshika Rasi: 10.55	Tithi 26 – 27	<b>Gulika</b>	<b>9:52AM – 11:04AM</b>	<b>Anuradha Until 3:51PM</b>	<b>Ganesha: White</b>	Sun 9 <b>Sutra 282</b>
		873696156	Yama	7:26AM – 8:39AM	Vriddhi Until 12:04AM Fri	Muruqa: Clear	Khara 5113
	Creative Work	Siddha Yoga	Rahu	1:29PM – 2:42PM	Kaulava Until 3:17AM Fri	Nataraja: Yellow	Moon 13 - Phase 38
Until 9.13PM then Prabarishtha Yoga						<b>Pausha*Thai</b>	2nd Phase
			<b>Ekadasi* Until 4:12PM</b>			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Friday, January 20, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Istanbul, Turkey
	Virshika Rasi: 25.01	Tithi 27 – 28	<b>Gulika</b>	<b>8:39AM – 9:51AM</b>	<b>Jyeshtha* Until 2:32PM</b>	<b>Ganesha: White</b>	Sun 10 <b>Sutra 283</b>
		873696156	Yama	2:43PM – 3:56PM	Dhruva Until 9:13PM	Muruqa: Clear	Khara 5113
	Routine Work	Prabarishtha Yoga	Rahu	11:04AM – 12:17PM	Gara Until 1:17AM Sat	Nataraja: Yellow	Moon 13 - Phase 38
Until 2:32PM then no yoga						<b>Pausha*Thai</b>	2nd Phase
Until 9.14PM then Siddha Yoga			<b>Dvadasi* Until 2:12PM</b>			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Saturday, January 21, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Istanbul, Turkey
	Dhanus Rasi: 9.02	Tithi 28 – 29	<b>Gulika</b>	<b>7:25AM – 8:38AM</b>	<b>Mula* Until 1:22PM</b>	<b>Ganesha: Green</b>	Sun 11 <b>Sutra 284</b>
		883696156	Yama	1:30PM – 2:43PM	Vyaghata* Until 6:30PM	Muruqa: Clear	Khara 5113
	Creative Work	Siddha Yoga	Rahu	9:51AM – 11:04AM	Visti Until 11:26PM	Nataraja: Yellow	Moon 13 - Phase 38
Until 1:22PM then Marana Yoga						<b>Pausha*Thai</b>	2nd Phase
Until 9.14PM then Siddha Yoga			<b>Trayodasi* Until 12:22PM</b>			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

	<b>Sunday, January 22, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		<b>Gulika</b>	<b>2:44PM – 3:57PM</b>	<b>Purvashadha* Until 12:26PM</b>	<b>Ganesha: Green</b>	Sun 12 <b>Sutra 285</b>
	Dhanus Rasi: 22.55	Tithi 29 – 30	Yama	12:18PM – 1:31PM	Harshana Until 4:00PM	Muruqa: Clear	Khara 5113
		883696156	Rahu	3:57PM – 5:11PM	Catuspada Until 9:51PM	Nataraja: Yellow	Moon 13 - Phase 38
Creative Work Siddha Yoga						<b>Pausha*Thai</b>	Amavasya
Until 12:26PM then Amrita Yoga			<b>Chaturdasi* Until 10:46AM</b>			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 9.14PM then Marana Yoga							

<b>Monday, January 23, 2012</b>	<b>Retreat Star</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Sraavana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		<b>Gulika</b>	<b>1:31PM – 2:45PM</b>	<b>Uttarashadha Until 12:17PM</b>	<b>Ganesha: Green</b>	Sun 13 <b>Sutra 286</b>
	Makara Rasi: 7	Tithi 30 – 1	Yama	11:04AM – 12:18PM	Vajra* Until 2:22PM	Muruqa: Clear	Khara 5113
	<b>Family Home Evening</b>	883696156	Rahu	8:37AM – 9:51AM	Kintughna Until 9:51PM	Nataraja: Yellow	Moon 13 - Phase 38
Routine Work Marana Yoga						<b>Magha*Thai</b>	Prathama
Until 12:17PM then Amrita Yoga			<b>Amavasya* Until 9:51AM</b>			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 9.14PM then Siddha Yoga							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

<b>1</b>	<b>Tuesday, January 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau				Istanbul, Turkey
	Makara Rasi: 20.01      Tithi 1 – 2	<b>Gulika</b> 12:18PM – 1:32PM	<b>Sravana Until 12:07PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:23AM	<b>Sun 14 Sutra 287</b> Khara 5113
	893696156	<b>Yama</b> 9:51AM – 11:04AM	<b>Siddhi Until 12:28PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 13 - Phase 39
		<b>Rahu</b> 2:46PM – 3:59PM	<b>Balava Until 9:01PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work Siddha Yoga		<b>Prathama* Until 9:01AM</b>	<b>Moon – Purple</b>		
	Until 12:07PM then Marana Yoga			<b>Magha*Thai</b>		
	Until 9:15PM then Prabalarishta Yoga					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Wednesday, January 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau				Istanbul, Turkey
	Kumbha Rasi: 3.1      Tithi 2 – 3	<b>Gulika</b> 11:04AM – 12:18PM	<b>Dhanishtha Until 12:28PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:22AM	<b>Sun 15 Sutra 288</b> Khara 5113
	993696156	<b>Yama</b> 8:36AM – 9:50AM	<b>Vyatipata* Until 11:04AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM	Moon 13 - Phase 39
		<b>Rahu</b> 12:18PM – 1:32PM	<b>Taitila Until 8:47PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Routine Work Prabalarishta Yoga		<b>Dvitiya Until 8:47AM</b>	<b>Moon – Purple</b>		
	Until 12:28PM then Siddha Yoga			<b>Magha*Thai</b>		
	Until 9:15PM then Marana Yoga					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Thursday, January 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau				Istanbul, Turkey
	Kumbha Rasi: 16      Tithi 3 – 4	<b>Gulika</b> 9:50AM – 11:04AM	<b>Satabhisha Until 1:24PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:22AM	<b>Sun 16 Sutra 289</b> Khara 5113
	993696156	<b>Yama</b> 7:22AM – 8:36AM	<b>Variyan Until 10:10AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 13 - Phase 39
		<b>Rahu</b> 1:33PM – 2:47PM	<b>Vanija Until 9:09PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Routine Work Marana Yoga		<b>Tritiya Until 9:09AM</b>	<b>Moon – Purple</b>		
	Until 1:24PM then Siddha Yoga			<b>Magha*Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Friday, January 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Istanbul, Turkey
	Kumbha Rasi: 28.32      Tithi 4 – 5	<b>Gulika</b> 8:35AM – 9:50AM	<b>Purvaprostapada* Until 3:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:21AM	<b>Sun 17 Sutra 290</b> Khara 5113
	913796156	<b>Yama</b> 2:48PM – 4:02PM	<b>Parigha* Until 10:05AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:17PM	Moon 13 - Phase 39
		<b>Rahu</b> 11:04AM – 12:19PM	<b>Bava Until 11:34PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work Siddha Yoga		<b>Chaturthi* Until 10:29AM</b>	<b>Moon – Clear</b>		
				<b>Magha*Thai</b>		<b>Sivaloka Day</b>

<b>5</b>	<b>Saturday, January 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revali Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Istanbul, Turkey
	Meena Rasi: 10.48      Tithi 5 – 6	<b>Gulika</b> 7:20AM – 8:35AM	<b>Uttaraprostapada Until 5:44PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:20AM	<b>Sun 18 Sutra 291</b> Khara 5113
	914796156	<b>Yama</b> 1:34PM – 2:49PM	<b>Shiva Until 10:11AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 13 - Phase 39
		<b>Rahu</b> 9:49AM – 11:04AM	<b>Kaulava Until 1:12AM Sun</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work Siddha Yoga		<b>Panchami Until 12:07PM</b>	<b>Moon – Clear</b>		
	Until 5:44PM then Prabalarishta Yoga			<b>Magha*Thai</b>		<b>Devaloka Day</b>
	Until 9:16PM then Amrita Yoga					

<b>6</b>	<b>Sunday, January 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Istanbul, Turkey
	Meena Rasi: 22.51      Tithi 6 – 7	<b>Gulika</b> 2:49PM – 4:04PM	<b>Revati Until 8:17PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:19AM	<b>Sun 19 Sutra 292</b> Khara 5113
	914796156	<b>Yama</b> 12:19PM – 1:34PM	<b>Siddha Until 10:40AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 13 - Phase 39
		<b>Rahu</b> 4:04PM – 5:19PM	<b>Gara Until 3:18AM Mon</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work Amrita Yoga		<b>Shasthi* Until 2:13PM</b>	<b>Moon – Clear</b>		
	Until 8:17PM then Siddha Yoga			<b>Magha*Thai</b>		<b>Devaloka Day</b>

<b>Monday, January 30, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Istanbul, Turkey
	Mesha Rasi: 4.46      Tithi 7 – 8	<b>Gulika</b> 1:35PM – 2:50PM	<b>Asvini Until 11:09PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:18AM	<b>Sun 20 Sutra 293</b> Khara 5113
	924796156	<b>Yama</b> 11:04AM – 12:19PM	<b>Sadhya Until 11:26AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 13 - Phase 39
	<b>Family Home Evening</b>	<b>Rahu</b> 8:33AM – 9:49AM	<b>Visti Until 5:44AM Tue</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work Siddha Yoga		<b>Saptami Until 4:39PM</b>	<b>Moon – White</b>		
				<b>Magha*Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, January 31, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau				Istanbul, Turkey
	Mesha Rasi: 16.35      Tithi 8	<b>Gulika</b> 12:19PM – 1:35PM	<b>Bharani Until 2:10AM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:17AM	<b>Sun 21 Sutra 294</b> Khara 5113
	924796156	<b>Yama</b> 9:48AM – 11:04AM	<b>Subha Until 12:21PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:22PM	Moon 13 - Phase 39
		<b>Rahu</b> 2:51PM – 4:06PM	<b>Visti Until 6:09AM</b>	<b>Nataraja:</b> Yellow		Ashtami
	Creative Work Siddha Yoga		<b>Ashtami* Until 7:15PM</b>	<b>Moon – White</b>		
	Until 9:16PM then Marana Yoga			<b>Magha*Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Until 2:10AM Wed then Amrita Yoga					

<b>Wednesday, February 1, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau				Istanbul, Turkey
	Mesha Rasi: 28.25      Tithi 9	<b>Gulika</b> 11:04AM – 12:19PM	<b>Krittika Until 5:10AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:17AM	<b>Sun 22 Sutra 295</b> Khara 5113
	924796156	<b>Yama</b> 8:33AM – 9:48AM	<b>Sukla Until 1:14PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:22PM	Moon 13 - Phase 39
		<b>Rahu</b> 12:19PM – 1:35PM	<b>Balava Until 8:44AM</b>	<b>Nataraja:</b> Yellow		Navami
	Creative Work Amrita Yoga		<b>Navami* Until 9:49PM</b>	<b>Moon – White</b>		
	Until 9:16PM then Marana Yoga			<b>Magha*Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

**1 Thursday, February 2, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Istanbul, Turkey  
 Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau Sun 23 Sutra 296  
 Khara 5113  
**Gulika 9:48AM – 11:04AM Rohini Until 7:43AM Fri Ganesha: Yellow Sunrise: 7:16AM**  
**Yama 7:16AM – 8:32AM Brahma Until 1:57PM Muruqa: White Sunset: 5:23PM** Moon 13 - Phase 40  
**Rahu 1:35PM – 2:51PM Taitila Until 11:05AM Nataraja: Yellow** 4th Phase  
 Routine Work Marana Yoga 934797156 **Magha-Thai Sivaloka Day**  
 Until 7:43AM Fri then Siddha Yoga

**2 Friday, February 3, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Istanbul, Turkey  
 Rohini/Mrigasira Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Ekadasi Yam Titau Sun 24 Sutra 297  
 Khara 5113  
**Gulika 8:31AM – 9:47AM Rohini Until 7:43AM Ganesha: Yellow Sunrise: 7:15AM**  
**Yama 2:52PM – 4:08PM Indra Until 2:18PM Muruqa: White Sunset: 5:24PM** Moon 13 - Phase 40  
**Rahu 11:04AM – 12:20PM Vanija Until 1:02PM Nataraja: Yellow** 4th Phase  
 Routine Work Marana Yoga 934797156 **Moon – Yellow Sivaloka Day**  
 Until 7:43AM then Siddha Yoga **Ekadasi Until 2:07AM Sat Magha-Thai**

**3 Saturday, February 4, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Istanbul, Turkey  
 Mrigasira/Ardra Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Dvadasi Yam Titau Sun 25 Sutra 298  
 Khara 5113  
**Gulika 7:14AM – 8:31AM Mrigasira Until 9:19AM Ganesha: Yellow Sunrise: 7:14AM**  
**Yama 1:36PM – 2:53PM Vaidhriti\* Until 1:35PM Muruqa: White Sunset: 5:26PM** Moon 13 - Phase 40  
**Rahu 9:47AM – 11:03AM Bava Until 1:41PM Nataraja: White** 4th Phase  
 Creative Work Siddha Yoga 934797157 **Moon – Yellow Subha Sivaloka Day**  
**Dvadasi Until 1:41AM Sun Magha-Thai**

**4 Sunday, February 5, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Istanbul, Turkey  
 Ardra/Punarvasu Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 299  
 Khara 5113  
**Gulika 2:53PM – 4:10PM Ardra Until 10:25AM Ganesha: Yellow Sunrise: 7:13AM**  
**Yama 12:20PM – 1:37PM Vishkambha\* Until 12:52PM Muruqa: White Sunset: 5:27PM** Moon 13 - Phase 40  
**Rahu 4:10PM – 5:27PM Kaulava Until 2:14PM Nataraja: White** 4th Phase  
 Creative Work Siddha Yoga 934797157 **Moon – Yellow Subha Sivaloka Day**  
 Until 9:16PM then Amrita Yoga **Trayodasi Until 2:14AM Mon Magha-Thai**  
*Pradosha Vrata*

**5 Monday, February 6, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Istanbul, Turkey  
 Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau Sun 27 Sutra 300  
 Khara 5113  
**Gulika 1:37PM – 2:54PM Punarvasu Until 10:50AM Ganesha: White Sunrise: 7:12AM**  
**Yama 11:03AM – 12:20PM Priti Until 11:08AM Muruqa: White Sunset: 5:28PM** Moon 13 - Phase 40  
**Rahu 8:29AM – 9:46AM Gara Until 2:03PM Nataraja: White** 4th Phase  
 Creative Work Amrita Yoga 944797157 **Moon – Blue Sivaloka Day**  
 Until 10:50AM then Siddha Yoga **Thai Pusam Chaturdasi\* Until 2:03AM Tue Magha-Thai**

**○ Tuesday, February 7, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Istanbul, Turkey  
 Pushya/Aslesha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Purnima\* Yam Titau Sun 28 Sutra 301  
 Khara 5113  
**Gulika 12:20PM – 1:37PM Pushya Until 10:13AM Ganesha: White Sunrise: 7:11AM**  
**Yama 9:46AM – 11:03AM Ayushman Until 9:16AM Muruqa: White Sunset: 5:29PM** Moon 13 - Phase 40  
**Rahu 2:55PM – 4:12PM Visti Until 12:33PM Nataraja: White** Purnima  
 Creative Work Siddha Yoga 944797157 **Moon – Blue Sivaloka Day**  
**Purnima\* Until 11:37PM Magha-Thai**

**Wednesday, February 8, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Istanbul, Turkey  
 Aslesha\*/Magha\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathama\* Yam Titau Sun 29 Sutra 302  
 Khara 5113  
**Gulika 11:03AM – 12:20PM Aslesha\* Until 9:22AM Ganesha: White Sunrise: 7:10AM**  
**Yama 8:27AM – 9:45AM Saubhagya Until 6:51AM Muruqa: Yellow Sunset: 5:31PM** Moon 13 - Phase 40  
**Rahu 12:20PM – 1:38PM Balava Until 11:02AM Nataraja: Blue** Prathama  
 Creative Work Siddha Yoga 944797167 **Moon – Blue Bhuloka Day**  
 Until 9:17PM then Amrita Yoga **Prathama\* Until 10:07PM Magha-Thai Devaloka Time: 12:PM to 3:PM**





**Thursday, February 9, 2012**  
**Gold Retreat Star**

Simha Rasi: 12.09 Tithi 17  
955797267  
Creative Work Amrita Yoga  
Until 8:02AM then no yoga  
Until 9.17PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
Istanbul, Turkey  
**Sun 1 Sutra 303**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase  
**Subha Sivaloka Day**

<b>Gulika</b>	9:44AM – 11:02AM	<b>Magha* Until 8:02AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:09AM
<b>Yama</b>	7:09AM – 8:27AM	Athiganda* Until 1:19AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 5:32PM
<b>Rahu</b>	1:38PM – 2:56PM	Taitila Until 9:00AM	<b>Nataraja:</b> Yellow	
		<b>Dvitiya Until 8:05PM</b>	Moon – Red	
			<b>Magha+Thai</b>	

**1**

**Friday, February 10, 2012**

Simha Rasi: 26.27 Tithi 18 – 19  
955797267  
Creative Work Siddha Yoga  
Until 9.17PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Bava Karana Tritiya/Chaturthi\* Yam Titau  
Istanbul, Turkey  
**Sun 2 Sutra 304**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase  
**Subha Sivaloka Day**

<b>Gulika</b>	8:26AM – 9:44AM	<b>Purvaphalguni* Until 6:23AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:07AM
<b>Yama</b>	2:57PM – 4:15PM	Sukarma Until 10:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:33PM
<b>Rahu</b>	11:02AM – 12:20PM	Vanija Until 6:38AM	<b>Nataraja:</b> Yellow	
		<b>Tritiya Until 5:43PM</b>	Moon – Red	
			<b>Magha+Thai</b>	

**2**

**Saturday, February 11, 2012**

Kanya Rasi: 10.5 Tithi 19 – 20  
955797267  
Routine Work Marana Yoga  
Until 9.17PM then Amrita Yoga  
Until 3:26AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasla Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
Istanbul, Turkey  
**Sun 3 Sutra 305**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase  
**Sivaloka Day**

<b>Gulika</b>	7:06AM – 8:25AM	<b>Hasla Until 3:26AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM
<b>Yama</b>	1:39PM – 2:57PM	Dhriti Until 6:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:34PM
<b>Rahu</b>	9:43AM – 11:02AM	Kaulava Until 2:15AM Sun	<b>Nataraja:</b> Yellow	
		<b>Chaturthi* Until 3:11PM</b>	Moon – Green	
			<b>Magha+Thai</b>	

**3**

**Sunday, February 12, 2012**

Kanya Rasi: 25.13 Tithi 20 – 21  
955797267  
Creative Work Siddha Yoga  
Until 9.17PM then Prabalarishta Yoga  
Until 1:39AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
Istanbul, Turkey  
**Sun 4 Sutra 306**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase  
**Sivaloka Day**

<b>Gulika</b>	2:58PM – 4:17PM	<b>Chitra Until 1:39AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:05AM
<b>Yama</b>	12:20PM – 1:39PM	Shula* Until 3:34PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:36PM
<b>Rahu</b>	4:17PM – 5:36PM	Gara Until 11:44PM	<b>Nataraja:</b> Yellow	
		<b>Panchami Until 12:39PM</b>	Moon – Green	
			<b>Magha+Thai</b>	

**4**

**Monday, February 13, 2012**

Tula Rasi: 9.31 Tithi 21 – 22  
**Family Home Evening** 955797267  
Creative Work Amrita Yoga  
Until 9.17PM then Siddha Yoga  
Until 11:59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visiti\* Karana Shasthi\*/Saptami Yam Titau  
Istanbul, Turkey  
**Sun 5 Sutra 307**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase  
**Sivaloka Day**

<b>Gulika</b>	1:39PM – 2:58PM	<b>Svati Until 11:59PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:04AM
<b>Yama</b>	11:01AM – 12:20PM	Ganda* Until 12:24PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:37PM
<b>Rahu</b>	8:23AM – 9:42AM	Visiti Until 9:21PM	<b>Nataraja:</b> Yellow	
		<b>Shasthi* Until 10:17AM</b>	Moon – Green	
			<b>Magha+Masi</b>	

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**Tuesday, February 14, 2012**  
**Retreat Star**

Tula Rasi: 23.41 Tithi 22 – 23  
975797267  
Routine Work Marana Yoga  
Until 9.17PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
Istanbul, Turkey  
**Sun 6 Sutra 308**  
Khara 5113  
Moon 1 - Phase 41  
Ashtami  
**Subha Sivaloka Day**

<b>Gulika</b>	12:20PM – 1:40PM	<b>Visakha Until 10:32PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:02AM
<b>Yama</b>	9:41AM – 11:01AM	Vridhhi Until 9:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:38PM
<b>Rahu</b>	2:59PM – 4:19PM	Balava Until 7:12PM	<b>Nataraja:</b> Yellow	
		<b>Saptami Until 8:08AM</b>	Moon – Orange	
			<b>Magha+Masi</b>	

**Wednesday, February 15, 2012**  
**Retreat Star**

Vrischika Rasi: 7.43 Tithi 23 – 24  
975797267  
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Gara Karana Ashtami\*/Navami\* Yam Titau  
Istanbul, Turkey  
**Sun 7 Sutra 309**  
Khara 5113  
Moon 1 - Phase 41  
Navami  
**Subha Sivaloka Day**

<b>Gulika</b>	11:00AM – 12:20PM	<b>Anuradha Until 9:21PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:01AM
<b>Yama</b>	8:21AM – 9:41AM	Dhruva Until 6:42AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:39PM
<b>Rahu</b>	12:20PM – 1:40PM	Gara Until 4:24AM Thu	<b>Nataraja:</b> Yellow	
		<b>Ashtami* Until 6:15AM</b>	Moon – Orange	
			<b>Magha+Masi</b>	


<b>1</b>	<b>Thursday, February 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau		Istanbul, Turkey
	Wrischika Rasi: 21.35      Tithi 25 985797267	<b>Gulika</b> 9:40AM – 11:00AM <b>Yama</b> 7:00AM – 8:20AM <b>Rahu</b> 1:40PM – 3:00PM	<b>Jyeshtha* Until 8:25PM</b> Harshana Until 1:33AM Fri Vanija Until 3:43PM <b>Dasami Until 2:48AM Fri</b>	<b>Sun 8 Sutra 310</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work Siddha Yoga Until 9.17PM then no yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:00AM <b>Muruqa:</b> White <i>Sunset:</i> 5:40PM <b>Nataraja:</b> Yellow Moon – Orange <b>Magha+Masi</b>	<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Friday, February 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau		Istanbul, Turkey
	Dhanus Rasi: 5.19      Tithi 26 985797267	<b>Gulika</b> 8:19AM – 9:39AM <b>Yama</b> 3:01PM – 4:21PM <b>Rahu</b> 11:00AM – 12:20PM	<b>Mula* Until 7:44PM</b> Vajra* Until 11:18PM Bava Until 2:23PM <b>Ekadasi* Until 1:28AM Sat</b>	<b>Sun 9 Sutra 311</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	No Yoga Until 7:44PM then Siddha Yoga Until 9.17PM then Marana Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:59AM <b>Muruqa:</b> White <i>Sunset:</i> 5:42PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha+Masi</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, February 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Istanbul, Turkey
	Dhanus Rasi: 18.55      Tithi 27 985797267	<b>Gulika</b> 6:57AM – 8:18AM <b>Yama</b> 1:41PM – 3:01PM <b>Rahu</b> 9:39AM – 10:59AM	<b>Purvashadha* Until 8:20PM</b> Siddhi Until 10:22PM Kaulava Until 1:56PM <b>Dvadasi* Until 1:56AM Sun</b>	<b>Sun 10 Sutra 312</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Routine Work Marana Yoga Until 8:20PM then no yoga Until 9.16PM then Amrita Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:57AM <b>Muruqa:</b> White <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha+Masi</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Sunday, February 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Istanbul, Turkey
	Makara Rasi: 2.2      Tithi 28 986797267	<b>Gulika</b> 3:02PM – 4:23PM <b>Yama</b> 12:20PM – 1:41PM <b>Rahu</b> 4:23PM – 5:44PM	<b>Uttarashadha Until 8:09PM</b> Vyatipata* Until 8:28PM Gara Until 1:05PM <b>Trayodasi* Until 1:05AM Mon</b> <i>Pradosha Vrata (Fasting)</i>	<b>Sun 11 Sutra 313</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work Amrita Yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:56AM <b>Muruqa:</b> White <i>Sunset:</i> 5:44PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha+Masi</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Monday, February 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Istanbul, Turkey
	Makara Rasi: 16      Tithi 29 996797267	<b>Gulika</b> 1:41PM – 3:03PM <b>Yama</b> 10:58AM – 12:20PM <b>Rahu</b> 8:16AM – 9:37AM	<b>Sravana Until 8:16PM</b> Variyan Until 6:52PM Visti Until 12:35PM <b>Chaturdasi* Until 12:35AM Tue</b>	<b>Sun 12 Sutra 314</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Family Home Evening Creative Work Amrita Yoga Until 8:16PM then Siddha Yoga Until 9.16PM then Marana Yoga	<b>Mahasivaratri</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:54AM <b>Muruqa:</b> White <i>Sunset:</i> 5:45PM <b>Nataraja:</b> Yellow Moon – Purple <b>Magha+Masi</b>	<b>Devaloka Day</b>

	<b>Tuesday, February 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Istanbul, Turkey
	Makara Rasi: 28.41      Tithi 30 996897267	<b>Gulika</b> 12:20PM – 1:41PM <b>Yama</b> 9:36AM – 10:58AM <b>Rahu</b> 3:03PM – 4:25PM	<b>Dhanishtha Until 8:45PM</b> Parigha* Until 5:35PM Catuspada Until 12:27PM <b>Amavasya* Until 12:27AM Wed</b>	<b>Sun 13 Sutra 315</b> Khara 5113 Moon 1 - Phase 42 Amavasya
	Retreat Star Routine Work Marana Yoga Until 9.16PM then Siddha Yoga		<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> White <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Yellow Moon – Purple <b>Magha+Masi</b>	<b>Sivaloka Day</b>

	<b>Wednesday, February 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Istanbul, Turkey
	Kumbha Rasi: 11.32      Tithi 1 996897267	<b>Gulika</b> 10:58AM – 12:20PM <b>Yama</b> 8:14AM – 9:36AM <b>Rahu</b> 12:20PM – 1:42PM	<b>Satabhisha Until 9:37PM</b> Shiva Until 4:40PM Kintughna Until 12:45PM <b>Prathama* Until 12:45AM Thu</b>	<b>Sun 14 Sutra 316</b> Khara 5113 Moon 1 - Phase 42 Prathama
	Retreat Star Creative Work Siddha Yoga Until 9.16PM then Marana Yoga Until 9:37PM then Siddha Yoga		<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:52AM <b>Muruqa:</b> White <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Yellow Moon – Purple <b>Phalgun+Masi</b>	<b>Sivaloka Day</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda, Svetu 6.11. UpM, 95

<b>1</b>	<b>Thursday, February 23, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Istanbul, Turkey
	Kumbha Rasi: 24.1	Tithi 2	<b>Gulika</b> 9:35AM – 10:57AM	<b>Purvaprostapada* Until 12:19AM Fri</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:50AM</i>	<b>Sun 15</b>	<b>Sutra 317</b> Khara 5113
	916897267		<b>Yama</b> 6:50AM – 8:12AM	<b>Siddha Until 4:55PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:49PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 1:42PM – 3:04PM	<b>Balava Until 2:10PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
			<b>Dvitiya Until 3:16AM Fri</b>	<b>Phalguna-Masi</b>		<b>Subha Sivaloka Day</b>	

<b>2</b>	<b>Friday, February 24, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau				Istanbul, Turkey
	Meena Rasi: 6.35	Tithi 3	<b>Gulika</b> 8:11AM – 9:34AM	<b>Uttaraprostapada Until 2:11AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:49AM</i>	<b>Sun 16</b>	<b>Sutra 318</b> Khara 5113
	916897267		<b>Yama</b> 3:05PM – 4:27PM	<b>Sadhya Until 4:46PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:50PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 10:57AM – 12:19PM	<b>Taitila Until 3:29PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Until 2:11AM Sat then Prabalarishta Yoga			<b>Tritiya Until 4:34AM Sat</b>	<b>Phalguna-Masi</b>		<b>Subha Sivaloka Day</b>	


<b>3</b>	<b>Saturday, February 25, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Istanbul, Turkey
	Meena Rasi: 18.46	Tithi 4	<b>Gulika</b> 6:47AM – 8:10AM	<b>Revati Until 4:28AM Sun</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:47AM</i>	<b>Sun 17</b>	<b>Sutra 319</b> Khara 5113
	916897267		<b>Yama</b> 1:42PM – 3:05PM	<b>Subha Until 5:01PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:51PM</i>		Moon 1 - Phase 43
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 9:33AM – 10:56AM	<b>Vanija Until 5:16PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Until 9:16PM then Amrita Yoga			<b>Chaturthi* Until 6:21AM Sun</b>	<b>Phalguna-Masi</b>		<b>Subha Sivaloka Day</b>	
Until 4:28AM Sun then Siddha Yoga			<b>Subramuniyaswami Siva Vision Day</b>				

<b>4</b>	<b>Sunday, February 26, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Istanbul, Turkey
	Mesha Rasi: 0.46	Tithi 4 – 5	<b>Gulika</b> 3:06PM – 4:29PM	<b>Asvini Until 7:23AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:46AM</i>	<b>Sun 18</b>	<b>Sutra 320</b> Khara 5113
	927897267		<b>Yama</b> 12:19PM – 1:42PM	<b>Sukla Until 5:37PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:52PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 4:29PM – 5:52PM	<b>Bava Until 7:27PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
			<b>Chaturthi* Until 6:21AM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Monday, February 27, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Istanbul, Turkey
	Mesha Rasi: 12.38	Tithi 5 – 6	<b>Gulika</b> 1:43PM – 3:06PM	<b>Asvini Until 7:23AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:44AM</i>	<b>Sun 19</b>	<b>Sutra 321</b> Khara 5113
	927897267		<b>Yama</b> 10:55AM – 12:19PM	<b>Brahma Until 6:28PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:54PM</i>		Moon 1 - Phase 43
<b>Family Home Evening</b>		<b>Rahu</b> 8:08AM – 9:32AM	<b>Kaulava Until 9:55PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 8:50AM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	

<b>6</b>	<b>Tuesday, February 28, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Istanbul, Turkey
	Mesha Rasi: 24.26	Tithi 6 – 7	<b>Gulika</b> 12:19PM – 1:43PM	<b>Bharani Until 10:27AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:43AM</i>	<b>Sun 20</b>	<b>Sutra 322</b> Khara 5113
	927897267		<b>Yama</b> 9:31AM – 10:55AM	<b>Indra Until 7:26PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:55PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 3:07PM – 4:31PM	<b>Gara Until 12:33AM Wed</b>	<b>Nataraja:</b> Yellow			3rd Phase
Until 9:15PM then Amrita Yoga			<b>Shasthi* Until 11:28AM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	

	<b>Wednesday, February 29, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		<b>Gulika</b> 10:54AM – 12:18PM	<b>Krittika Until 1:30PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:41AM</i>	<b>Sun 21</b>	<b>Sutra 323</b> Khara 5113
	Vrishabha Rasi: 6.15	Tithi 7 – 8	<b>Yama</b> 8:05AM – 9:30AM	<b>Vaidhriti* Until 8:24PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:56PM</i>		Moon 1 - Phase 43
927897267		<b>Rahu</b> 12:18PM – 1:43PM	<b>Visti Until 3:10AM Thu</b>	<b>Nataraja:</b> Yellow			Ashtami
Creative Work	Amrita Yoga		<b>Saptami Until 2:05PM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Until 1:30PM then Siddha Yoga							
Until 9:15PM then Marana Yoga							

	<b>Thursday, March 1, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Istanbul, Turkey
	<b>Retreat Star</b>		<b>Gulika</b> 9:28AM – 10:53AM	<b>Rohini Until 4:22PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:38AM</i>	<b>Sun 22</b>	<b>Sutra 324</b> Khara 5113
	Vrishabha Rasi: 18.09	Tithi 8 – 9	<b>Yama</b> 6:38AM – 8:03AM	<b>Vishkambha* Until 9:12PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:58PM</i>		Moon 1 - Phase 43
937897267		<b>Rahu</b> 1:43PM – 3:08PM	<b>Balava Until 5:34AM Fri</b>	<b>Nataraja:</b> Yellow			Navami
Routine Work	Marana Yoga		<b>Ashtami* Until 4:29PM</b>	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
Until 9:15PM then Siddha Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

<b>1</b>	<b>Friday, March 2, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Priti Yoga Kaulava Karana Navami* Yam Titau		Istanbul, Turkey
	Mithuna Rasi: 0.15	Tithi 9			Sun 23 Sutra 325 Khara 5113
	937897267	<b>Gulika</b> 8:02AM – 9:27AM	<b>Mrigasira</b> <b>Until 6:51PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:37AM	
		<b>Yama</b> 3:09PM – 4:34PM	<b>Priti</b> <b>Until 9:38PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 5:59PM	Moon 1 - Phase 44
		<b>Rahu</b> 10:53AM – 12:18PM	<b>Kaulava</b> <b>Until 7:33AM Sat</b>	<b>Nataraja:</b> Yellow	4th Phase
	Creative Work Siddha Yoga		<b>Navami*</b> <b>Until 6:28PM</b>	<b>Moon – Yellow</b>	<b>Sivaloka Day</b>
				<b>Phalguna-Masi</b>	

<b>2</b>	<b>Saturday, March 3, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Tailila/Gara Karana Dasami Yam Titau		Istanbul, Turkey
	Mithuna Rasi: 12.38	Tithi 10			Sun 24 Sutra 326 Khara 5113
	937897267	<b>Gulika</b> 6:35AM – 8:01AM	<b>Ardra</b> <b>Until 7:36PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:35AM	
		<b>Yama</b> 1:43PM – 3:09PM	<b>Ayushman</b> <b>Until 8:25PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:00PM	Moon 1 - Phase 44
		<b>Rahu</b> 9:26AM – 10:52AM	<b>Tailila</b> <b>Until 6:40AM</b>	<b>Nataraja:</b> Yellow	4th Phase
	Creative Work Siddha Yoga		<b>Dasami</b> <b>Until 6:40PM</b>	<b>Moon – Yellow</b>	<b>Sivaloka Day</b>
	Until 7:36PM then Marana Yoga			<b>Phalguna-Masi</b>	
	Until 9:14PM then Siddha Yoga				

<b>3</b>	<b>Sunday, March 4, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Istanbul, Turkey
	Mithuna Rasi: 25.23	Tithi 11			Sun 25 Sutra 327 Khara 5113
	948897267	<b>Gulika</b> 3:09PM – 4:36PM	<b>Punarvasu</b> <b>Until 8:40PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:33AM	
		<b>Yama</b> 12:17PM – 1:43PM	<b>Saubhagya</b> <b>Until 7:41PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:02PM	Moon 1 - Phase 44
		<b>Rahu</b> 4:36PM – 6:02PM	<b>Vanija</b> <b>Until 7:09AM</b>	<b>Nataraja:</b> Yellow	4th Phase
	Creative Work Siddha Yoga		<b>Ekadasi</b> <b>Until 7:09PM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>	

<b>4</b>	<b>Monday, March 5, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Dvadasi Yam Titau		Istanbul, Turkey
	Kataka Rasi: 8.35	Tithi 12			Sun 26 Sutra 328 Khara 5113
	148817267	<b>Gulika</b> 1:44PM – 3:10PM	<b>Pushya</b> <b>Until 7:52PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:32AM	
<b>Family Home Evening</b>		<b>Yama</b> 10:51AM – 12:17PM	<b>Sobhana</b> <b>Until 5:24PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:03PM	Moon 1 - Phase 44
		<b>Rahu</b> 7:58AM – 9:24AM	<b>Bava</b> <b>Until 6:43AM</b>	<b>Nataraja:</b> Yellow	4th Phase
	Creative Work Siddha Yoga		<b>Dvadasi</b> <b>Until 5:47PM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>	

<b>5</b>	<b>Tuesday, March 6, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda* Sukarma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Istanbul, Turkey
	Kataka Rasi: 22.13	Tithi 13 – 14			Sun 27 Sutra 329 Khara 5113
	148817267	<b>Gulika</b> 12:17PM – 1:44PM	<b>Aslesha*</b> <b>Until 7:20PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM	
		<b>Yama</b> 9:24AM – 10:50AM	<b>Athiganda*</b> <b>Until 3:18PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:04PM	Moon 1 - Phase 44
		<b>Rahu</b> 3:10PM – 4:37PM	<b>Gara</b> <b>Until 3:41AM Wed</b>	<b>Nataraja:</b> Yellow	4th Phase
	Creative Work Siddha Yoga		<b>Trayodasi</b> <b>Until 4:36PM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>	
				<i>Pradosha Vrata</i>	

<b>○</b>	<b>Wednesday, March 7, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*Purvaphalguni* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Istanbul, Turkey
	<b>Copper Retreat Star</b>				Sutra 330 Khara 5113
	Simha Rasi: 6.18	Tithi 14 – 15			Moon 1 - Phase 44
	158817267	<b>Gulika</b> 10:50AM – 12:17PM	<b>Magha*</b> <b>Until 6:04PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:29AM	
		<b>Yama</b> 7:56AM – 9:23AM	<b>Sukarma</b> <b>Until 12:31PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:05PM	Purnima
		<b>Rahu</b> 12:17PM – 1:44PM	<b>Visti</b> <b>Until 1:42AM Thu</b>	<b>Nataraja:</b> Yellow	
	Creative Work Siddha Yoga		<b>Chaturdasi*</b> <b>Until 2:37PM</b>	<b>Moon – Red</b>	<b>Sivaloka Day</b>
	Until 6:04PM then Amrita Yoga	<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>	
	Until 9:13PM then no yoga				

<b>○</b>	<b>Thursday, March 8, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Istanbul, Turkey
	<b>Silver Retreat Star</b>				Sutra 331 Khara 5113
	Simha Rasi: 20.44	Tithi 15 – 16			Moon 1 - Phase 44
	158817267	<b>Gulika</b> 9:22AM – 10:49AM	<b>Purvaphalguni*</b> <b>Until 3:29PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:27AM	
		<b>Yama</b> 6:27AM – 7:54AM	<b>Dhriti</b> <b>Until 8:57AM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:06PM	Prathama
		<b>Rahu</b> 1:44PM – 3:11PM	<b>Balava</b> <b>Until 9:49PM</b>	<b>Nataraja:</b> Yellow	
	No Yoga		<b>Purnima*</b> <b>Until 11:32AM</b>	<b>Moon – Red</b>	<b>Sivaloka Day</b>
	Until 3:29PM then Prabalarishta Yoga			<b>Phalguna-Masi</b>	
	Until 9:13PM then Siddha Yoga				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



**Friday, March 9, 2012**  
**Gold Retreat Star**

Kanya Rasi: 5.26      Tithi 16 – 17  
158817267  
Creative Work    Siddha Yoga  
Until 1:18PM then Amrita Yoga  
Until 9:13PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuklayam  
Uttaraphalguni/Hasta Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    7:53AM – 9:21AM    **Uttaraphalguni Until 1:18PM**  
**Yama**       3:12PM – 4:39PM    **Ganda\* Until 1:24AM Sat**  
**Rahu**       10:48AM – 12:16PM    **Taitila Until 6:54PM**  
**Prathama\* Until 8:37AM**

**Ganesha:** Red      *Sunrise:* 6:25AM  
**Muruqa:** White    *Sunset:* 6:07PM  
**Nataraja:** Yellow  
Moon – Red  
**Phalguna-Masi**

Istanbul, Turkey  
**Sutra 332**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**

**1**

**Saturday, March 10, 2012**

Kanya Rasi: 20.16      Tithi 18  
169817267  
Routine Work    Marana Yoga  
Until 9:12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuklayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    6:24AM – 7:52AM    **Hasta Until 10:55AM**  
**Yama**       1:44PM – 3:12PM    **Vriddhi Until 9:39PM**  
**Rahu**       9:20AM – 10:48AM    **Vanija Until 3:47PM**  
**Tritiya Until 2:04AM Sun**

**Ganesha:** Blue      *Sunrise:* 6:24AM  
**Muruqa:** White    *Sunset:* 6:08PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

Istanbul, Turkey  
**Sun 1 Sutra 333**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**

**2**

**Sunday, March 11, 2012**

Tula Rasi: 5.05      Tithi 19  
169817267  
Creative Work    Siddha Yoga  
Until 9:12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuklayam  
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    3:13PM – 4:41PM    **Chitra Until 8:32AM**  
**Yama**       12:16PM – 1:44PM    **Dhruva Until 5:56PM**  
**Rahu**       4:41PM – 6:09PM    **Bava Until 12:40PM**  
**Chaturthi\* Until 10:57PM**

**Ganesha:** Blue      *Sunrise:* 6:22AM  
**Muruqa:** White    *Sunset:* 6:09PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

Istanbul, Turkey  
**Sun 2 Sutra 334**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**

**3**

**Monday, March 12, 2012**

Tula Rasi: 19.46      Tithi 20  
169817267  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 6:24AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuklayam  
Svati/Visakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    1:44PM – 3:13PM    **Svati Until 6:24AM**  
**Yama**       10:47AM – 12:15PM    **Vyaghata\* Until 2:58PM**  
**Rahu**       7:49AM – 9:18AM    **Kaulava Until 10:03AM**  
**Panchami Until 9:08PM**

**Ganesha:** Blue      *Sunrise:* 6:20AM  
**Muruqa:** White    *Sunset:* 6:10PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

Istanbul, Turkey  
**Sun 3 Sutra 335**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**

**4**

**Tuesday, March 13, 2012**

Vrischika Rasi: 4.14      Tithi 21  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuklayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    12:15PM – 1:44PM    **Anuradha Until 3:19AM Wed**  
**Yama**       9:17AM – 10:46AM    **Harshana Until 11:34AM**  
**Rahu**       3:13PM – 4:42PM    **Gara Until 7:21AM**  
**Shasthi\* Until 6:25PM**

**Ganesha:** Red      *Sunrise:* 6:19AM  
**Muruqa:** White    *Sunset:* 6:12PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Masi**

Istanbul, Turkey  
**Sun 4 Sutra 336**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**

**5**

**Wednesday, March 14, 2012**

Vrischika Rasi: 18.25      Tithi 22 – 23  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuklayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    10:45AM – 12:15PM    **Jyeshtha\* Until 1:51AM Thu**  
**Yama**       7:47AM – 9:16AM    **Vajra\* Until 8:36AM**  
**Rahu**       12:15PM – 1:44PM    **Balava Until 3:18AM Thu**  
**Saptami Until 4:14PM**

**Ganesha:** Red      *Sunrise:* 6:17AM  
**Muruqa:** White    *Sunset:* 6:13PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Panguni**

Istanbul, Turkey  
**Sun 5 Sutra 337**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**

**D**

**Thursday, March 15, 2012**  
**Retreat Star**

Dhanus Rasi: 2.19      Tithi 23 – 24  
189817268  
Creative Work    Siddha Yoga  
Until 9:11PM then no yoga  
Until 12:54AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuklayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    9:15AM – 10:45AM    **Mula\* Until 12:54AM Fri**  
**Yama**       6:15AM – 7:45AM    **Siddhi Until 6:07AM**  
**Rahu**       1:44PM – 3:14PM    **Taitila Until 1:39AM Fri**  
**Ashtami\* Until 2:35PM**

**Ganesha:** Green      *Sunrise:* 6:15AM  
**Muruqa:** White    *Sunset:* 6:14PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**

Istanbul, Turkey  
**Sun 6 Sutra 338**  
Khara 5113  
Moon 2 - Phase 45  
Ashtami  
**Sivaloka Day**

**Friday, March 16, 2012**  
**Retreat Star**

Dhanus Rasi: 15.55      Tithi 24 – 25  
189817268  
Creative Work    Siddha Yoga  
Until 9:11PM then Marana Yoga  
Until 1:51AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuklayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika**    7:44AM – 9:14AM    **Purvashadha\* Until 1:51AM Sat**  
**Yama**       3:15PM – 4:45PM    **Variyan Until 2:49AM Sat**  
**Rahu**       10:44AM – 12:14PM    **Vanija Until 2:05AM Sat**  
**Navami\* Until 2:05PM**

**Ganesha:** Green      *Sunrise:* 6:14AM  
**Muruqa:** White    *Sunset:* 6:15PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**

Istanbul, Turkey  
**Sun 7 Sutra 339**  
Khara 5113  
Moon 2 - Phase 45  
Navami  
**Sivaloka Day**

**1 Saturday, March 17, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Istanbul, Turkey  
 Uttarashadha Nakshatra Parigha\* Yoga Visti\*/Bava Karana Dasami/Ekadasi\* Yam Titau **Sun 8 Sutra 340**  
 Khara 5113  
**Gulika 6:12AM – 7:43AM Uttarashadha Until 1:50AM Sun Ganesha: White Sunrise: 6:12AM**  
 Yama 1:44PM – 3:15PM Parigha\* Until 1:05AM Sun **Muruqa: White Sunset: 6:16PM** Moon 2 - Phase 46  
 Rahu 9:13AM – 10:44AM Bava Until 1:23AM Sun **Nataraja: White** 2nd Phase  
 Moon – Light Blue **Sivaloka Day**  
 Phalguna-Panguni  
 Dhanus Rasi: 29.16 Tithi 26 – 26 191917268  
 No Yoga  
 Until 9.10PM then Amrita Yoga

**2 Sunday, March 18, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Istanbul, Turkey  
 Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau **Sun 9 Sutra 341**  
 Khara 5113  
**Gulika 3:15PM – 4:46PM Sravana Until 2:14AM Mon Ganesha: Purple Sunrise: 6:10AM**  
 Yama 12:14PM – 1:45PM Shiva Until 11:45PM **Muruqa: White Sunset: 6:17PM** Moon 2 - Phase 46  
 Rahu 4:46PM – 6:17PM Kaulava Until 1:09AM Mon **Nataraja: White** 2nd Phase  
 Moon – Purple **Subha Subha Sivaloka Day**  
 Phalguna-Panguni  
 Makara Rasi: 22.22 Tithi 26 – 27 191917268  
 Creative Work Amrita Yoga  
 Until 2:14AM Mon then Siddha Yoga

**3 Monday, March 19, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Istanbul, Turkey  
 Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau **Sun 10 Sutra 342**  
 Khara 5113  
**Gulika 1:45PM – 3:16PM Dhanishtha Until 3:01AM Tue Ganesha: Purple Sunrise: 6:09AM**  
 Yama 10:42AM – 12:13PM Siddha Until 10:47PM **Muruqa: White Sunset: 6:18PM** Moon 2 - Phase 46  
 Rahu 7:40AM – 9:11AM Gara Until 1:19AM Tue **Nataraja: White** 2nd Phase  
 Moon – Purple **Subha Subha Sivaloka Day**  
 Phalguna-Panguni  
 Dvadasi\* Until 1:19PM  
*Pradosha Vrata (Fasting)*  
 Makara Rasi: 25.17 Tithi 27 – 28 191917268  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 9.10PM then Marana Yoga

**4 Tuesday, March 20, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Istanbul, Turkey  
 Satabhisha Nakshatra Sadhya Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau **Sun 11 Sutra 343**  
 Khara 5113  
**Gulika 12:13PM – 1:45PM Satabhisha Until 4:09AM Wed Ganesha: Purple Sunrise: 6:07AM**  
 Yama 9:10AM – 10:42AM Sadhya Until 10:07PM **Muruqa: White Sunset: 6:19PM** Moon 2 - Phase 46  
 Rahu 3:16PM – 4:48PM Visti Until 1:51AM Wed **Nataraja: White** 2nd Phase  
 Moon – Purple **Subha Subha Sivaloka Day**  
 Phalguna-Panguni  
 Kumbha Rasi: 8 Tithi 28 – 29 191917268  
 Routine Work Marana Yoga  
 Until 9.10PM then Siddha Yoga  
 Until 4:09AM Wed then Amrita Yoga

**5 Wednesday, March 21, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Istanbul, Turkey  
 Purvaprostapada\* Nakshatra Subha Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau **Sun 12 Sutra 344**  
 Khara 5113  
**Gulika 10:41AM – 12:13PM Purvaprostapada\* Until 6:50AM Thu Ganesha: Clear Sunrise: 6:05AM**  
 Yama 7:37AM – 9:09AM Subha Until 10:59PM **Muruqa: White Sunset: 6:20PM** Moon 2 - Phase 46  
 Rahu 12:13PM – 1:45PM Catuspada Until 4:38AM Thu **Nataraja: White** 2nd Phase  
 Moon – Clear **Subha Sivaloka Day**  
 Phalguna-Panguni  
 Kumbha Rasi: 20.32 Tithi 29 – 30 111917268  
 Creative Work Amrita Yoga  
 Until 9.09PM then Siddha Yoga

**Thursday, March 22, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Istanbul, Turkey  
 Purvaprostapada\*/Uttaraprostapada Nakshatra Sukla Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau **Sun 13 Sutra 345**  
 Khara 5113  
**Gulika 9:08AM – 10:40AM Purvaprostapada\* Until 6:50AM Ganesha: Clear Sunrise: 6:04AM**  
 Yama 6:04AM – 7:36AM Sukla Until 10:56PM **Muruqa: White Sunset: 6:21PM** Moon 2 - Phase 46  
 Rahu 1:45PM – 3:17PM Kintughna Until 6:00AM Fri **Nataraja: White** Amavasya  
 Moon – Clear **Subha Sivaloka Day**  
 Phalguna-Panguni  
 Meena Rasi: 2.55 Tithi 30 – 1 111917268  
 Creative Work Siddha Yoga

**Friday, March 23, 2012** Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Istanbul, Turkey  
 Uttaraprostapada/Revali Nakshatra Brahma Yoga Bava Karana Prathama\* Yam Titau **Sun 14 Sutra 346**  
 Khara 5113  
**Gulika 7:35AM – 9:07AM Uttaraprostapada Until 9:06AM Ganesha: Clear Sunrise: 6:02AM**  
 Yama 3:17PM – 4:50PM Brahma Until 11:11PM **Muruqa: White Sunset: 6:22PM** Moon 2 - Phase 46  
 Rahu 10:40AM – 12:12PM Bava Until 7:44AM Sat **Nataraja: White** Prathama  
 Moon – Clear **Subha Sivaloka Day**  
 Chaitra-Panguni  
 Meena Rasi: 15.07 Tithi 1 111917268  
 Creative Work Siddha Yoga  
 Until 9.09PM then Prabalarishta Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP, 287

<b>1</b>	<b>Saturday, March 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Istanbul, Turkey
	Sun 15	<b>Sutra 347</b>	Khara 5113
Meena Rasi: 27.1	Tithi 2	<b>Gulika</b> 6:00AM – 7:33AM <b>Yama</b> 1:45PM – 3:18PM <b>Rahu</b> 9:06AM – 10:39AM	<b>Ganesha:</b> Clear <i>Sunrise: 6:00AM</i> <b>Muruqa:</b> White <i>Sunset: 6:23PM</i> <b>Nataraja:</b> White Moon – Clear
Routine Work Prabalarishta Yoga Until 11:41AM then Siddha Yoga	111917268	<b>Chellappaswami Mahasamadhi</b>	<b>Subha Sivaloka Day</b>


<b>2</b>	<b>Sunday, March 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Tritiya Yam Titau	Istanbul, Turkey
	Sun 16	<b>Sutra 348</b>	Khara 5113
Mesha Rasi: 9.05	Tithi 3	<b>Gulika</b> 3:18PM – 4:51PM <b>Yama</b> 12:12PM – 1:45PM <b>Rahu</b> 4:51PM – 6:24PM	<b>Ganesha:</b> Orange <i>Sunrise: 5:59AM</i> <b>Muruqa:</b> White <i>Sunset: 6:24PM</i> <b>Nataraja:</b> White Moon – White
Creative Work Siddha Yoga Until 2:31PM then no yoga Until 9:08PM then Siddha Yoga	121917268	<b>Tritiya Until 11:03PM</b>	<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Monday, March 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Chaturthi* Yam Titau	Istanbul, Turkey
	Sun 17	<b>Sutra 349</b>	Khara 5113
Mesha Rasi: 20.54	Tithi 4	<b>Gulika</b> 1:45PM – 3:18PM <b>Yama</b> 10:38AM – 12:11PM <b>Rahu</b> 7:31AM – 9:04AM	<b>Ganesha:</b> Orange <i>Sunrise: 5:57AM</i> <b>Muruqa:</b> White <i>Sunset: 6:26PM</i> <b>Nataraja:</b> White Moon – White
Family Home Evening Creative Work Siddha Yoga Until 5:32PM then no yoga Until 9:08PM then Siddha Yoga	121917268	<b>Bharani Until 5:32PM</b> <b>Vishkambha* Until 1:29AM Tue</b> <b>Vanija Until 12:31PM</b> <b>Chaturthi* Until 1:36AM Tue</b>	<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Tuesday, March 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau	Istanbul, Turkey
	Sun 18	<b>Sutra 350</b>	Khara 5113
Wrishabha Rasi: 2.4	Tithi 5	<b>Gulika</b> 12:11PM – 1:45PM <b>Yama</b> 9:03AM – 10:37AM <b>Rahu</b> 3:19PM – 4:53PM	<b>Ganesha:</b> Orange <i>Sunrise: 5:55AM</i> <b>Muruqa:</b> White <i>Sunset: 6:27PM</i> <b>Nataraja:</b> White Moon – White
Creative Work Siddha Yoga Until 8:40PM then Amrita Yoga Until 9:07PM then Siddha Yoga	121917268	<b>Krittika Until 8:40PM</b> <b>Priti Until 2:32AM Wed</b> <b>Bava Until 3:10PM</b> <b>Panchami Until 4:15AM Wed</b>	<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, March 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Istanbul, Turkey
	Sun 19	<b>Sutra 351</b>	Khara 5113
Wrishabha Rasi: 14.28	Tithi 6	<b>Gulika</b> 10:36AM – 12:11PM <b>Yama</b> 7:28AM – 9:02AM <b>Rahu</b> 12:11PM – 1:45PM	<b>Ganesha:</b> Red <i>Sunrise: 5:54AM</i> <b>Muruqa:</b> White <i>Sunset: 6:28PM</i> <b>Nataraja:</b> White Moon – Yellow
Creative Work Siddha Yoga Until 9:07PM then Marana Yoga	132917268	<b>Rohini Until 11:44PM</b> <b>Ayushman Until 3:34AM Thu</b> <b>Kaulava Until 5:46PM</b> <b>Shasthi* Until 7:05AM Thu</b>	<b>Subha Sivaloka Day</b>

<b>6</b>	<b>Thursday, March 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Istanbul, Turkey
	Sun 20	<b>Sutra 352</b>	Khara 5113
Wrishabha Rasi: 26.21	Tithi 6 – 7	<b>Gulika</b> 9:01AM – 10:36AM <b>Yama</b> 5:52AM – 7:27AM <b>Rahu</b> 1:45PM – 3:20PM	<b>Ganesha:</b> Red <i>Sunrise: 5:52AM</i> <b>Muruqa:</b> White <i>Sunset: 6:29PM</i> <b>Nataraja:</b> White Moon – Yellow
Routine Work Marana Yoga Until 9:07PM then Siddha Yoga	132917268	<b>Mrigasira Until 2:38AM Fri</b> <b>Saubhagya Until 4:24AM Fri</b> <b>Gara Until 8:11PM</b> <b>Shasthi* Until 7:05AM</b>	<b>Subha Sivaloka Day</b>

	<b>Friday, March 30, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visli* Karana Saptami/Ashtami* Yam Titau	Istanbul, Turkey
	Sun 21	<b>Sutra 353</b>	Khara 5113
Mithuna Rasi: 8.25	Tithi 7 – 8	<b>Gulika</b> 7:25AM – 9:00AM <b>Yama</b> 3:20PM – 4:55PM <b>Rahu</b> 10:35AM – 12:10PM	<b>Ganesha:</b> Red <i>Sunrise: 5:50AM</i> <b>Muruqa:</b> White <i>Sunset: 6:30PM</i> <b>Nataraja:</b> White Moon – Yellow
Creative Work Siddha Yoga Until 5:10AM Sat then Marana Yoga	132917268	<b>Ardra Until 5:10AM Sat</b> <b>Sobhana Until 4:55AM Sat</b> <b>Visli Until 10:11PM</b> <b>Saptami Until 9:05AM</b>	<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>	<b>Saturday, March 31, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Istanbul, Turkey
	Sun 22	<b>Sutra 354</b>	Khara 5113
Mithuna Rasi: 20.46	Tithi 8 – 9	<b>Gulika</b> 5:49AM – 7:24AM <b>Yama</b> 1:45PM – 3:20PM <b>Rahu</b> 8:59AM – 10:34AM	<b>Ganesha:</b> Blue <i>Sunrise: 5:49AM</i> <b>Muruqa:</b> White <i>Sunset: 6:31PM</i> <b>Nataraja:</b> White Moon – Blue
Routine Work Marana Yoga Until 9:06PM then Siddha Yoga	142917268	<b>Punarvasu Until 5:13AM Sun</b> <b>Athiganda* Until 3:17AM Sun</b> <b>Balava Until 10:07PM</b> <b>Ashtami* Until 10:07AM</b>	<b>Sivaloka Day</b>

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

<b>1</b>	<b>Sunday, April 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Istanbul, Turkey
	Kataka Rasi: 3.28    Titithi 9 – 10 142917268	<b>Gulika</b> 3:20PM – 4:56PM <b>Yama</b> 12:10PM – 1:45PM <b>Rahu</b> 4:56PM – 6:31PM	<b>Sun 23 Sutra 355</b> Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga	<b>Pushya Until 6:06AM Mon</b> Sukarma Until 2:40AM Mon Taitila Until 10:41PM <b>Navami* Until 10:41AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> White Moon – Blue <b>Sivaloka Day</b> Chaitra•Panguni

<b>2</b>	<b>Monday, April 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Istanbul, Turkey
	Kataka Rasi: 16.37    Titithi 10 – 11 <b>Family Home Evening</b> 142917268 Creative Work    Siddha Yoga	<b>Gulika</b> 1:45PM – 3:21PM <b>Yama</b> 10:34AM – 12:09PM <b>Rahu</b> 7:23AM – 8:58AM	<b>Sun 24 Sutra 356</b> Khara 5113 Moon 2 - Phase 48 4th Phase
	<b>Yogaswami Mahasamadhi</b>	<b>Pushya Until 6:06AM</b> Dhriti Until 12:01AM Tue Vanija Until 9:07PM <b>Dasami Until 10:03AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> White <i>Sunset:</i> 6:32PM <b>Nataraja:</b> White Moon – Blue <b>Sivaloka Day</b> Chaitra•Panguni

<b>3</b>	<b>Tuesday, April 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Istanbul, Turkey
	Simha Rasi: 0.14    Titithi 11 – 12 152917268	<b>Gulika</b> 12:09PM – 1:45PM <b>Yama</b> 8:57AM – 10:33AM <b>Rahu</b> 3:21PM – 4:57PM	<b>Sun 25 Sutra 357</b> Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga Until 4:28AM Wed then Amrita Yoga	<b>Magha* Until 4:28AM Wed</b> Shula* Until 9:59PM Bava Until 7:57PM <b>Ekadasi Until 8:53AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> White <i>Sunset:</i> 6:33PM <b>Nataraja:</b> White Moon – Red <b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>4</b>	<b>Wednesday, April 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda* Yoga Balava/Taitila Karana Dvadasi/Trayodasi Yam Titau	Istanbul, Turkey
	Simha Rasi: 14.19    Titithi 12 – 13 152917268	<b>Gulika</b> 10:33AM – 12:09PM <b>Yama</b> 7:20AM – 8:56AM <b>Rahu</b> 12:09PM – 1:45PM	<b>Sun 26 Sutra 358</b> Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Amrita Yoga Until 9:05PM then no yoga Until 1:45AM Thu then Prabalarishta Yoga	<b>Purvaphalguni* Until 1:45AM Thu</b> Ganda* Until 6:22PM Taitila Until 3:20AM Thu <b>Dvadasi Until 6:46AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> White <i>Sunset:</i> 6:34PM <b>Nataraja:</b> White Moon – Red <b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>5</b>	<b>Thursday, April 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Istanbul, Turkey
	Simha Rasi: 28.52    Titithi 14 152917268	<b>Gulika</b> 8:55AM – 10:32AM <b>Yama</b> 5:42AM – 7:19AM <b>Rahu</b> 1:45PM – 3:22PM	<b>Sun 27 Sutra 359</b> Khara 5113 Moon 2 - Phase 48 4th Phase
Routine Work	Prabalarishta Yoga Until 9:05PM then Siddha Yoga Until 11:50PM then Amrita Yoga	<b>Uttaraphalguni Until 11:50PM</b> Vriddhi Until 3:05PM Gara Until 2:24PM <b>Chaturdasi* Until 12:41AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 6:35PM <b>Nataraja:</b> White Moon – Red <b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>○</b>	<b>Friday, April 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Istanbul, Turkey
	Kanya Rasi: 13.44    Titithi 15 162917268	<b>Gulika</b> 7:17AM – 8:54AM <b>Yama</b> 3:22PM – 4:59PM <b>Rahu</b> 10:31AM – 12:08PM	<b>Sun 28 Sutra 360</b> Khara 5113 Moon 2 - Phase 48 Purnima
Creative Work	Amrita Yoga Until 9:05PM then Marana Yoga	<b>Hasta Until 9:22PM</b> Dhruva Until 11:18AM Visti Until 11:09AM <b>Purnima* Until 9:26PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> White <i>Sunset:</i> 6:36PM <b>Nataraja:</b> White Moon – Green <b>Sivaloka Day</b> Chaitra•Panguni
	<b>Panguni Uttiram</b> <b>Hanuman Jayanti</b>		

<b>○</b>	<b>Saturday, April 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Prathama*/Dvitiya Yam Titau	Istanbul, Turkey
	Kanya Rasi: 28.49    Titithi 16 – 17 162917268	<b>Gulika</b> 5:39AM – 7:16AM <b>Yama</b> 1:45PM – 3:23PM <b>Rahu</b> 8:53AM – 10:31AM	<b>Sun 29 Sutra 361</b> Khara 5113 Moon 2 - Phase 48 Prathama
Routine Work	Marana Yoga Until 6:34PM then Siddha Yoga	<b>Chitra Until 6:34PM</b> Vyaghata* Until 7:12AM Balava Until 7:33AM <b>Prathama* Until 5:51PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> White <i>Sunset:</i> 6:37PM <b>Nataraja:</b> White Moon – Green <b>Sivaloka Day</b> Chaitra•Panguni

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1





**Sunday, April 8, 2012**  
**Gold Retreat Star**

Tula Rasi: 13.57      Tithi 17 - 18  
162917268  
Creative Work    Siddha Yoga  
Until 3:41PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Visakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    3:23PM - 5:01PM    **Svati Until 3:41PM**  
**Yama**      12:08PM - 1:45PM    **Vajra\* Until 11:01PM**  
**Rahu**      5:01PM - 6:38PM      **Vanija Until 12:26AM Mon**  
**Dvitiya Until 2:09PM**

**Ganesha:** White    *Sunrise: 5:37AM*  
**Muruqa:** White    *Sunset: 6:38PM*  
**Nataraja:** White  
Moon - Green  
**Chaitra•Panguni**

Istanbul, Turkey  
**Sun 1 Sutra 362**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Sivaloka Day**



**Monday, April 9, 2012**

Tula Rasi: 28.59      Tithi 18 - 19  
172917268  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 12:57PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    1:45PM - 3:23PM    **Visakha Until 12:57PM**  
**Yama**      10:30AM - 12:07PM    **Siddhi Until 6:59PM**  
**Rahu**      7:14AM - 8:52AM      **Bava Until 8:55PM**  
**Tritiya Until 10:38AM**

**Ganesha:** Clear    *Sunrise: 5:36AM*  
**Muruqa:** White    *Sunset: 6:39PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Istanbul, Turkey  
**Sun 2 Sutra 363**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**



**Tuesday, April 10, 2012**

Vrischika Rasi: 13.47      Tithi 19 - 20  
172117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    12:07PM - 1:45PM    **Anuradha Until 10:56AM**  
**Yama**      8:51AM - 10:29AM    **Vyatipata\* Until 3:56PM**  
**Rahu**      3:24PM - 5:02PM      **Kaulava Until 6:42PM**  
**Chaturthi\* Until 7:37AM**

**Ganesha:** Red    *Sunrise: 5:34AM*  
**Muruqa:** White    *Sunset: 6:40PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Istanbul, Turkey  
**Sun 3 Sutra 364**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**



**Wednesday, April 11, 2012**

Vrischika Rasi: 28.16      Tithi 21  
173117268  
Creative Work    Siddha Yoga  
Until 8:58AM then Marana Yoga  
Until 9:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    10:28AM - 12:07PM    **Jyeshtha\* Until 8:58AM**  
**Yama**      7:11AM - 8:50PM      **Variyan Until 12:32PM**  
**Rahu**      12:07PM - 1:46PM      **Gara Until 3:56PM**  
**Shasthi\* Until 3:01AM Thu**

**Ganesha:** Blue    *Sunrise: 5:32AM*  
**Muruqa:** White    *Sunset: 6:41PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Istanbul, Turkey  
**Sun 4 Sutra 365**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Subha Sivaloka Day**



**Thursday, April 12, 2012**

Dhanus Rasi: 12.22      Tithi 22  
183117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    8:49AM - 10:28AM    **Mula\* Until 7:40AM**  
**Yama**      5:31AM - 7:10AM      **Parigha\* Until 9:45AM**  
**Rahu**      1:46PM - 3:25PM      **Visti Until 1:53PM**  
**Saptami Until 12:58AM Fri**

**Ganesha:** Red    *Sunrise: 5:31AM*  
**Muruqa:** White    *Sunset: 6:42PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Panguni**

Istanbul, Turkey  
**Sun 5 Sutra 366**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**



**Friday, April 13, 2012**  
**Retreat Star**

Dhanus Rasi: 26.04      Tithi 23  
183117268  
Creative Work    Siddha Yoga  
Until 9:03PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    7:09AM - 8:48AM    **Purvashadha\* Until 7:07AM**  
**Yama**      3:25PM - 5:04PM      **Shiva Until 7:43AM**  
**Rahu**      10:27AM - 12:06PM    **Balava Until 1:06PM**  
**Ashtami\* Until 1:06AM Sat**

**Ganesha:** Red    *Sunrise: 5:29AM*  
**Muruqa:** White    *Sunset: 6:44PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Chaitra**

Istanbul, Turkey  
**Sun 6 Sutra 1**  
Nandana 5114  
Moon 3 - Phase 49  
Ashtami  
**Subha Sivaloka Day**

**Saturday, April 14, 2012**  
**Retreat Star**

Makara Rasi: 9.23      Tithi 24  
283117268  
No Yoga  
Until 7:08AM then Siddha Yoga  
Until 9:03PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    5:28AM - 7:07AM    **Uttarashadha Until 7:08AM**  
**Yama**      1:46PM - 3:25PM      **Siddha Until 6:02AM**  
**Rahu**      8:47AM - 10:27AM    **Taitila Until 12:25PM**  
**Navami\* Until 12:25AM Sun**

**Ganesha:** Blue    *Sunrise: 5:28AM*  
**Muruqa:** White    *Sunset: 6:45PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Chaitra**

Istanbul, Turkey  
**Sun 7 Sutra 2**  
Nandana 5114  
Moon 3 - Phase 49  
Navami  
**Subha Subha Sivaloka Day**

Chidambaram Abhishekam

**1 Sunday, April 15, 2012**  
 Makara Rasi: 22.23      Tithi 25  
 293117268  
 Creative Work    Amrita Yoga  
 Until 7:45AM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Sravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visti\* Karana Dasami Yam Titau

**Gulika**    3:26PM – 5:06PM    **Sravana Until 7:45AM**  
**Yama**      12:06PM – 1:46PM    **Subha Until 3:48AM Mon**  
**Rahu**      5:06PM – 6:46PM      **Vanija Until 12:22PM**  
**Dasami Until 12:22AM Mon**

**Ganesha:** Red      *Sunrise: 5:26AM*  
**Muruqa:** White    *Sunset: 6:46PM*  
**Nataraja:** White  
 Moon – Purple  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sun 8      Sutra 3**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase  
**Subha Sivaloka Day**

**2 Monday, April 16, 2012**  
 Kumbha Rasi: 5.06      Tithi 26  
**Family Home Evening**      293117268  
 Creative Work    Siddha Yoga  
 Until 9.02PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi\* Yam Titau

**Gulika**    1:46PM – 3:26PM    **Dhanishtha Until 9:08AM**  
**Yama**      10:25AM – 12:06PM    **Sukla Until 4:48AM Tue**  
**Rahu**      7:05AM – 8:45AM      **Bava Until 12:54PM**  
**Ekadasi\* Until 12:54AM Tue**

**Ganesha:** Red      *Sunrise: 5:25AM*  
**Muruqa:** White    *Sunset: 6:47PM*  
**Nataraja:** White  
 Moon – Purple  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sun 9      Sutra 4**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase  
**Subha Sivaloka Day**

**3 Tuesday, April 17, 2012**  
 Kumbha Rasi: 17.35      Tithi 27  
 293117268  
 Routine Work    Marana Yoga  
 Until 9.02PM then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Satabhisha/Purvaprostapada\* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi\* Yam Titau

**Gulika**    12:05PM – 1:46PM    **Satabhisha Until 10:49AM**  
**Yama**      8:44AM – 10:25AM    **Brahma Until 4:33AM Wed**  
**Rahu**      3:27PM – 5:07PM      **Kaulava Until 2:35PM**  
**Dvadasi\* Until 3:41AM Wed**

**Ganesha:** Red      *Sunrise: 5:23AM*  
**Muruqa:** White    *Sunset: 6:48PM*  
**Nataraja:** White  
 Moon – Purple  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sun 10      Sutra 5**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase  
**Subha Sivaloka Day**

**4 Wednesday, April 18, 2012**  
 Kumbha Rasi: 29.53      Tithi 28  
 213117268  
 Creative Work    Amrita Yoga  
 Until 12:54PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Purvaprostapada\*/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayadasi\* Yam Titau

**Gulika**    10:24AM – 12:05PM    **Purvaprostapada\* Until 12:54PM**  
**Yama**      7:03AM – 8:43AM      **Indra Until 4:40AM Thu**  
**Rahu**      12:05PM – 1:46PM      **Gara Until 4:05PM**  
**Trayadasi\* Until 5:10AM Thu**  
*Pradosha Vrata (Fasting)*

**Ganesha:** Clear      *Sunrise: 5:22AM*  
**Muruqa:** White    *Sunset: 6:49PM*  
**Nataraja:** White  
 Moon – Clear  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sun 11      Sutra 6**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase  
**Subha Sivaloka Day**

**5 Thursday, April 19, 2012**  
 Meena Rasi: 12.01      Tithi 29  
 213117268  
 Creative Work    Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Uttaraprostapada\*/Revati Nakshatra Vaidhrili\* Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau

**Gulika**    8:43AM – 10:24AM    **Uttaraprostapada Until 3:17PM**  
**Yama**      5:20AM – 7:01AM      **Vaidhrili\* Until 5:04AM Fri**  
**Rahu**      1:46PM – 3:27PM      **Visti Until 5:54PM**  
**Chaturdasi\* Until 6:56AM Fri**

**Ganesha:** Clear      *Sunrise: 5:20AM*  
**Muruqa:** White    *Sunset: 6:50PM*  
**Nataraja:** White  
 Moon – Clear  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sun 12      Sutra 7**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase  
**Subha Sivaloka Day**

**Friday, April 20, 2012**  
**Retreat Star**  
 Meena Rasi: 24.02      Tithi 29 – 30  
 213117268  
 Creative Work    Siddha Yoga  
 Until 5:56PM then Amrita Yoga  
 Until 9.01PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Revati/Pushya Nakshatra Vishkambha\* Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau

**Gulika**    7:00AM – 8:42AM    **Revati Until 5:56PM**  
**Yama**      3:28PM – 5:09PM      **Vishkambha\* Until 5:43AM Sat**  
**Rahu**      10:23AM – 12:05PM    **Catuspada Until 8:01PM**  
**Chaturdasi\* Until 6:56AM**

**Ganesha:** Clear      *Sunrise: 5:19AM*  
**Muruqa:** White    *Sunset: 6:51PM*  
**Nataraja:** White  
 Moon – Clear  
**Chaitra-Chaitra**

Istanbul, Turkey  
**Sun 13      Sutra 8**  
 Nandana 5114  
 Moon 3 - Phase 1  
 Amavasya  
**Subha Sivaloka Day**

**Saturday, April 21, 2012**  
**Retreat Star**  
 Mesha Rasi: 5.56      Tithi 30 – 1  
 223117268  
 Creative Work    Siddha Yoga  
 Until 9.01PM then no yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Asvini Nakshatra Priti Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau

**Gulika**    5:17AM – 6:59AM    **Asvini Until 8:48PM**  
**Yama**      1:46PM – 3:28PM      **Priti Until 6:55AM Sun**  
**Rahu**      8:41AM – 10:23AM    **Kintughna Until 10:22PM**  
**Amavasya\* Until 9:17AM**

**Ganesha:** Orange    *Sunrise: 5:17AM*  
**Muruqa:** White    *Sunset: 6:52PM*  
**Nataraja:** White  
 Moon – White  
**Vaisaka-Chaitra**

Istanbul, Turkey  
**Sun 14      Sutra 9**  
 Nandana 5114  
 Moon 3 - Phase 1  
 Prathama  
**Subha Sivaloka Day**

<b>1</b>	<b>Sunday, April 22, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Istanbul, Turkey
	Mesha Rasi: 17.46    Tithi 1 – 2 223117268	<b>Gulika</b> 3:29PM – 5:11PM <b>Yama</b> 12:04PM – 1:47PM <b>Rahu</b> 5:11PM – 6:53PM	<b>Bharani Until 11:49PM</b> Priti Until 6:55AM Balava Until 12:53AM Mon <b>Prathama* Until 11:47AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:16AM <b>Muruqa:</b> White <i>Sunset:</i> 6:53PM <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>	<b>Sun 15</b> <b>Sutra 10</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
No Yoga Until 9.01PM then Siddha Yoga Until 11:49PM then no yoga		<b>Subha Sivaloka Day</b>				

<b>2</b>	<b>Monday, April 23, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Istanbul, Turkey
	Mesha Rasi: 29.32    Tithi 2 – 3 <b>Family Home Evening</b> 223117268	<b>Gulika</b> 1:47PM – 3:29PM <b>Yama</b> 10:22AM – 12:04PM <b>Rahu</b> 6:57AM – 8:39AM	<b>Krittika Until 2:55AM Tue</b> Ayushman Until 7:59AM Taitila Until 3:29AM Tue <b>Dvitiya Until 2:23PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:14AM <b>Muruqa:</b> White <i>Sunset:</i> 6:54PM <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>	<b>Sun 16</b> <b>Sutra 11</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
No Yoga Until 9.01PM then Siddha Yoga Until 2:55AM Tue then Amrita Yoga		<b>Subha Sivaloka Day</b>				

<b>3</b>	<b>Tuesday, April 24, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Istanbul, Turkey
	Wrishabha Rasi: 11.19    Tithi 3 – 4 233117269	<b>Gulika</b> 12:04PM – 1:47PM <b>Yama</b> 8:38AM – 10:21AM <b>Rahu</b> 3:30PM – 5:12PM	<b>Rohini Until 6:22AM Wed</b> Saubhagya Until 9:03AM Vanija Until 6:05AM Wed <b>Tritiya Until 4:59PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:13AM <b>Muruqa:</b> White <i>Sunset:</i> 6:55PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sun 17</b> <b>Sutra 12</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Creative Work    Amrita Yoga Until 9.00PM then Siddha Yoga		<b>Sivaloka Day</b>				

<b>4</b>	<b>Wednesday, April 25, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Istanbul, Turkey
	Wrishabha Rasi: 23.09    Tithi 4 234117269	<b>Gulika</b> 10:21AM – 12:04PM <b>Yama</b> 6:55AM – 8:38AM <b>Rahu</b> 12:04PM – 1:47PM	<b>Rohini Until 6:22AM</b> Sobhana Until 10:01AM Vanija Until 6:24AM <b>Chaturthi* Until 7:29PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:11AM <b>Muruqa:</b> White <i>Sunset:</i> 6:56PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sun 18</b> <b>Sutra 13</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Creative Work    Siddha Yoga Until 9.00PM then Marana Yoga		<b>Devaloka Day</b>				

<b>5</b>	<b>Thursday, April 26, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau				Istanbul, Turkey
	Mithuna Rasi: 5.05    Tithi 5 234117269	<b>Gulika</b> 8:37AM – 10:20AM <b>Yama</b> 5:10AM – 6:53AM <b>Rahu</b> 1:47PM – 3:30PM	<b>Mrigasira Until 9:09AM</b> Athiganda* Until 10:48AM Bava Until 8:39AM <b>Panchami Until 9:45PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:10AM <b>Muruqa:</b> White <i>Sunset:</i> 6:57PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sun 19</b> <b>Sutra 14</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Routine Work    Marana Yoga Until 9.00PM then Siddha Yoga		<b>Devaloka Day</b>				

<b>6</b>	<b>Friday, April 27, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Istanbul, Turkey
	Mithuna Rasi: 17.12    Tithi 6 234117269	<b>Gulika</b> 6:52AM – 8:36AM <b>Yama</b> 3:31PM – 5:15PM <b>Rahu</b> 10:20AM – 12:04PM	<b>Ardra Until 11:36AM</b> Sukarma Until 11:16AM Kaulava Until 10:32AM <b>Shasthi* Until 11:38PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:09AM <b>Muruqa:</b> White <i>Sunset:</i> 6:58PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sun 20</b> <b>Sutra 15</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Creative Work    Siddha Yoga Until 9.00PM then Marana Yoga		<b>Devaloka Day</b>				

<b>Retreat Star</b>	<b>Saturday, April 28, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau				Istanbul, Turkey
	Mithuna Rasi: 29.33    Tithi 7 244117269	<b>Gulika</b> 5:07AM – 6:51AM <b>Yama</b> 1:47PM – 3:31PM <b>Rahu</b> 8:35AM – 10:19AM	<b>Punarvasu Until 12:59PM</b> Dhriti Until 10:55AM Gara Until 11:24AM <b>Saptami Until 11:24PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:07AM <b>Muruqa:</b> White <i>Sunset:</i> 6:59PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sun 21</b> <b>Sutra 16</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Routine Work    Marana Yoga Until 12:59PM then Siddha Yoga		<b>Sivaloka Day</b>				

<b>Retreat Star</b>	<b>Sunday, April 29, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Istanbul, Turkey
	Kataka Rasi: 12.13    Tithi 8 244117269	<b>Gulika</b> 3:32PM – 5:16PM <b>Yama</b> 12:03PM – 1:48PM <b>Rahu</b> 5:16PM – 7:00PM	<b>Pushya Until 2:12PM</b> Shula* Until 10:23AM Visti Until 12:00PM <b>Ashtami* Until 12:00AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:06AM <b>Muruqa:</b> White <i>Sunset:</i> 7:00PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sun 22</b> <b>Sutra 17</b> Nandana 5114 Moon 3 - Phase 2 Ashtami	
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				

<b>Retreat Star</b>	<b>Monday, April 30, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Viddhi Yoga Balava/Kaulava Karana Navami* Yam Titau				Istanbul, Turkey
	Kataka Rasi: 25.17    Tithi 9 <b>Family Home Evening</b> 244117269	<b>Gulika</b> 1:48PM – 3:32PM <b>Yama</b> 10:18AM – 12:03PM <b>Rahu</b> 6:49AM – 8:34AM	<b>Aslesha* Until 2:05PM</b> Ganda* Until 9:11AM Balava Until 11:23AM <b>Navami* Until 10:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:05AM <b>Muruqa:</b> White <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sun 23</b> <b>Sutra 18</b> Nandana 5114 Moon 3 - Phase 2 Navami	
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Tuesday, May 1, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Istanbul, Turkey
		Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau			Sun 24 Sutra 19
Simha Rasi: 8.47	Tithi 10	<b>Gulika</b> 12:03PM – 1:48PM	<b>Magha* Until 1:48PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:02AM	Nandana 5114
	254117269	<b>Yama</b> 8:32AM – 10:18AM	Vriddhi Until 7:09AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:04PM	Moon 3 - Phase 3
Creative Work Siddha Yoga		<b>Rahu</b> 3:33PM – 5:18PM	Taitila Until 10:24AM	<b>Nataraja:</b> Clear	4th Phase
Until 8.59PM then Amrita Yoga			<b>Dasami Until 9:28PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Wednesday, May 2, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Istanbul, Turkey
		Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Sun 25 Sutra 20
Simha Rasi: 22.45	Tithi 11	<b>Gulika</b> 10:17AM – 12:03PM	<b>Purvaphalguni* Until 12:43PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:01AM	Nandana 5114
	254117269	<b>Yama</b> 6:46AM – 8:32AM	Vyaghata* Until 1:55AM Thu	<b>Muruqa:</b> White <i>Sunset:</i> 7:05PM	Moon 3 - Phase 3
Creative Work Amrita Yoga		<b>Rahu</b> 12:03PM – 1:48PM	Vanija Until 8:34AM	<b>Nataraja:</b> Clear	4th Phase
Until 8.59PM then Prabalarishta Yoga			<b>Ekadasi Until 7:38PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Thursday, May 3, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Istanbul, Turkey
		Uttaraphalguni*/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Sun 26 Sutra 21
Kanya Rasi: 7.1	Tithi 12 – 13	<b>Gulika</b> 8:31AM – 10:17AM	<b>Uttaraphalguni Until 10:33AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:00AM	Nandana 5114
	254117269	<b>Yama</b> 5:00AM – 6:45AM	Harshana Until 9:36PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:06PM	Moon 3 - Phase 3
Routine Work Prabalarishta Yoga		<b>Rahu</b> 1:48PM – 3:34PM	Kaulava Until 2:29AM Fri	<b>Nataraja:</b> Clear	4th Phase
Until 10:33AM then no yoga			<b>Dvadasi Until 4:11PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
Until 8.59PM then Amrita Yoga			<i>Pradosha Vrata</i>		

<b>4</b>	<b>Friday, May 4, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			Istanbul, Turkey
		Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Sun 27 Sutra 22
Kanya Rasi: 21.58	Tithi 13 – 14	<b>Gulika</b> 6:44AM – 8:30AM	<b>Hasta Until 8:12AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:58AM	Nandana 5114
	264117269	<b>Yama</b> 3:35PM – 5:21PM	Vajra* Until 5:57PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:07PM	Moon 3 - Phase 3
Creative Work Amrita Yoga		<b>Rahu</b> 10:17AM – 12:03PM	Gara Until 11:21PM	<b>Nataraja:</b> Clear	4th Phase
Until 8:12AM then Siddha Yoga			<b>Trayodasi Until 1:04PM</b>	<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>
Until 8.59PM then Marana Yoga					

	<b>Saturday, May 5, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Istanbul, Turkey
	<b>Copper Retreat Star</b>	Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Sutra 23
Tula Rasi: 7.02	Tithi 14 – 15	<b>Gulika</b> 4:57AM – 6:43AM	<b>Svati Until 2:45AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:57AM	Nandana 5114
	264217269	<b>Yama</b> 1:49PM – 3:35PM	Siddhi Until 1:53PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:08PM	Moon 3 - Phase 3
Creative Work Siddha Yoga		<b>Rahu</b> 8:30AM – 10:16AM	Visti Until 7:44PM	<b>Nataraja:</b> Clear	Purnima
Until 2:45AM Sun then Marana Yoga			<b>Chaturdasi* Until 9:27AM</b>	<b>Vaisaka-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>Sunday, May 6, 2012</b>	<b>Silver Retreat Star</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Istanbul, Turkey
		Visakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau			Sutra 24
Tula Rasi: 22.14	Tithi 16	<b>Gulika</b> 3:36PM – 5:22PM	<b>Visakha Until 11:45PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:56AM	Nandana 5114
	274217269	<b>Yama</b> 12:02PM – 1:49PM	Vyatipata* Until 9:37AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:09PM	Moon 3 - Phase 3
Routine Work Marana Yoga		<b>Rahu</b> 5:22PM – 7:09PM	Balava Until 3:54PM	<b>Nataraja:</b> Clear	Prathama
Until 11:45PM then Siddha Yoga			<b>Prathama* Until 2:11AM Mon</b>	<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>