



**Tuesday, April 19, 2011**  
**Gold Retreat Star**

Tula Rasi: 20.1      Tithi 17  
272456158  
Routine Work    Marana Yoga  
Until 8.01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**    12:30PM – 2:15PM  
**Yama**      8:58AM – 10:44AM  
**Rahu**      4:01PM – 5:47PM

**Visakha Until 3:05AM Wed**  
Siddhi Until 6:34PM  
Taitila Until 10:31AM  
**Dvitiya Until 8:49PM**

**Ganesha:** Yellow    *Sunrise:* 5:27AM  
**Muruqa:** Yellow    *Sunset:* 7:33PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Hamm, Germany  
**Sutra 7**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**1**

**Wednesday, April 20, 2011**

Wrischika Rasi: 4.51      Tithi 18  
272456158  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**    10:43AM – 12:30PM  
**Yama**      7:11AM – 8:57AM  
**Rahu**      12:30PM – 2:16PM

**Anuradha Until 2:15AM Thu**  
Vyatipata\* Until 3:40PM  
Vanija Until 7:42AM  
**Tritiya Until 6:47PM**

**Ganesha:** Yellow    *Sunrise:* 5:25AM  
**Muruqa:** Yellow    *Sunset:* 7:34PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Hamm, Germany  
**Sutra 8**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**2**

**Thursday, April 21, 2011**

Wrischika Rasi: 19.08      Tithi 19 – 20  
272456158  
Creative Work    Siddha Yoga  
Until 8.01PM then Prabalarishta Yoga  
Until 12:38AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    8:56AM – 10:43AM  
**Yama**      5:23AM – 7:09AM  
**Rahu**      2:16PM – 4:03PM

**Jyeshtha\* Until 12:38AM Fri**  
Variyan Until 12:36PM  
Kaulava Until 3:27AM Fri  
**Chaturthi\* Until 4:23PM**

**Ganesha:** Yellow    *Sunrise:* 5:23AM  
**Muruqa:** Yellow    *Sunset:* 7:36PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Hamm, Germany  
**Sutra 9**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**3**

**Friday, April 22, 2011**

Dhanus Rasi: 2.56      Tithi 20 – 21  
282456158  
No Yoga  
Until 8.01PM then Siddha Yoga  
Until 1:12AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    7:08AM – 8:55AM  
**Yama**      4:03PM – 5:50PM  
**Rahu**      10:42AM – 12:29PM

**Mula\* Until 1:12AM Sat**  
Parigha\* Until 10:36AM  
Gara Until 3:35AM Sat  
**Panchami Until 3:35PM**

**Ganesha:** Blue      *Sunrise:* 5:21AM  
**Muruqa:** Yellow    *Sunset:* 7:38PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Hamm, Germany  
**Sutra 10**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**4**

**Saturday, April 23, 2011**

Dhanus Rasi: 16.16      Tithi 21 – 22  
282466158  
Routine Work    Marana Yoga  
Until 8.01PM then Siddha Yoga  
Until 1:13AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    5:19AM – 7:06AM  
**Yama**      2:16PM – 4:04PM  
**Rahu**      8:54AM – 10:41AM

**Purvashadha\* Until 1:13AM Sun**  
Shiva Until 8:56AM  
Visti Until 2:53AM Sun  
**Shasthi\* Until 2:53PM**

**Ganesha:** Blue      *Sunrise:* 5:19AM  
**Muruqa:** Red      *Sunset:* 7:39PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Hamm, Germany  
**Sutra 11**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**5**

**Sunday, April 24, 2011**

Dhanus Rasi: 29.09      Tithi 22 – 23  
282466158  
Creative Work    Amrita Yoga  
Until 8.00PM then Marana Yoga  
Until 2:02AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    4:05PM – 5:53PM  
**Yama**      12:29PM – 2:17PM  
**Rahu**      5:53PM – 7:41PM

**Uttarashadha Until 2:02AM Mon**  
Siddha Until 8:01AM  
Balava Until 3:03AM Mon  
**Saptami Until 3:03PM**

**Ganesha:** Blue      *Sunrise:* 5:17AM  
**Muruqa:** Red      *Sunset:* 7:41PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Hamm, Germany  
**Sutra 12**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**



**Monday, April 25, 2011**  
**Retreat Star**

Makara Rasi: 11.4      Tithi 23 – 24  
293466159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 8.00PM then Siddha Yoga  
Until 5:19AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    2:17PM – 4:05PM  
**Yama**      10:40AM – 12:29PM  
**Rahu**      7:03AM – 8:52AM

**Sravana Until 5:19AM Tue**  
Sadhya Until 7:52AM  
Taitila Until 5:57AM Tue  
**Ashtami\* Until 4:51PM**

**Ganesha:** Green      *Sunrise:* 5:15AM  
**Muruqa:** Red      *Sunset:* 7:42PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

Hamm, Germany  
**Sutra 13**  
Khara 5113  
Moon 4 - Phase 1  
Ashtami

**Devaloka Day**

**Tuesday, April 26, 2011**  
**Retreat Star**

Makara Rasi: 23.55      Tithi 24  
293466159  
Routine Work    Marana Yoga  
Until 8.00PM then Prabalarishta Yoga  
Until 7:24AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Subha/Sukla Yoga Gara Karana Navami\* Yam Titau


**Gulika**    12:28PM – 2:17PM  
**Yama**      8:50AM – 10:39PM  
**Rahu**      4:06PM – 5:55PM

**Dhanishtha Until 7:24AM Wed**  
Subha Until 8:05AM  
Gara Until 7:32AM Wed  
**Navami\* Until 6:27PM**

**Ganesha:** Green      *Sunrise:* 5:13AM  
**Muruqa:** Red      *Sunset:* 7:44PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

Hamm, Germany  
**Sutra 14**  
Khara 5113  
Moon 4 - Phase 1  
Navami

**Devaloka Day**

|   |                                      |              |  |                                      |                         |                        |                               |
|---|--------------------------------------|--------------|--|--------------------------------------|-------------------------|------------------------|-------------------------------|
| <b>1</b>  | <b>Wednesday, April 27, 2011</b>     |              | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau                     |                                      |                         |                        | Hamm, Germany                 |
|   | Kumbha Rasi: 5.58                    | Tithi 25     | <b>Gulika</b> 10:39AM – 12:28PM  | <b>Dhanishtha</b> Until 7:24AM       | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:11AM | <b>Sutra 15</b><br>Khara 5113 |
|   |                                      | 293566159    | <b>Yama</b> 7:00AM – 8:49AM  | Sukla Until 8:39AM                   | <b>Muruqa:</b> Red      | <i>Sunset:</i> 7:46PM  | Moon 4 - Phase 2              |
|   |                                      |              | <b>Rahu</b> 12:28PM – 2:18PM   | Vanija Until 7:22AM                  | <b>Nataraja:</b> Purple |                        | 2nd Phase                     |
|   | Routine Work Prabalarishta Yoga      |              |  | <b>Dasami</b> Until 8:28PM           | <b>Chaitra-Chaitra</b>  |                        | <b>Sivaloka Day</b>           |
|   | Until 7:24AM then Siddha Yoga        |              |  |                                      |                         |                        |                               |
|   | Until 8:00PM then Marana Yoga        |              |  |                                      |                         |                        |                               |
| <b>2</b>  | <b>Thursday, April 28, 2011</b>      |              | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau                |                                      |                         |                        | Hamm, Germany                 |
|   | Kumbha Rasi: 17.54                   | Tithi 26     | <b>Gulika</b> 8:48AM – 10:38AM   | <b>Satabhisha</b> Until 10:12AM      | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:09AM | <b>Sutra 16</b><br>Khara 5113 |
|   |                                      | 293566159    | <b>Yama</b> 5:09AM – 6:59AM  | Brahma Until 9:27AM                  | <b>Muruqa:</b> Red      | <i>Sunset:</i> 7:47PM  | Moon 4 - Phase 2              |
|   |                                      |              | <b>Rahu</b> 2:18PM – 4:08PM  | Bava Until 9:39AM                    | <b>Nataraja:</b> Purple |                        | 2nd Phase                     |
|   | Routine Work Marana Yoga             |              |  | <b>Ekadasi*</b> Until 10:44PM        | <b>Chaitra-Chaitra</b>  |                        | <b>Sivaloka Day</b>           |
|   | Until 10:12AM then Siddha Yoga       |              |  |                                      |                         |                        |                               |
| <b>3</b>  | <b>Friday, April 29, 2011</b>        |              | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau |                                      |                         |                        | Hamm, Germany                 |
|   | Kumbha Rasi: 29.46                   | Tithi 27     | <b>Gulika</b> 6:57AM – 8:47AM  | <b>Purvaprostapada*</b> Until 1:08PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:07AM | <b>Sutra 17</b><br>Khara 5113 |
|   |                                      | 213566159    | <b>Yama</b> 4:08PM – 5:59PM  | Indra Until 10:21AM                  | <b>Muruqa:</b> Red      | <i>Sunset:</i> 7:49PM  | Moon 4 - Phase 2              |
|   |                                      |              | <b>Rahu</b> 10:38AM – 12:28PM  | Kaulava Until 12:03PM                | <b>Nataraja:</b> Purple |                        | 2nd Phase                     |
|   | Creative Work Siddha Yoga            |              |  | <b>Dvdadasi*</b> Until 1:08AM Sat    | <b>Chaitra-Chaitra</b>  |                        | <b>Sivaloka Day</b>           |
|   | Until 7:59PM then Amrita Yoga        |              |  |                                      |                         |                        |                               |
| <b>4</b>  | <b>Saturday, April 30, 2011</b>      |              | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam<br>Uttaraprostapada*/Uttaraprostapada Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau     |                                      |                         |                        | Hamm, Germany                 |
|   | Meena Rasi: 11.38                    | Tithi 28     | <b>Gulika</b> 5:05AM – 6:56AM  | <b>Uttaraprostapada</b> Until 4:04PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:05AM | <b>Sutra 18</b><br>Khara 5113 |
|   |                                      | 213566159    | <b>Yama</b> 2:18PM – 4:09PM  | Vaidhriti* Until 11:16AM             | <b>Muruqa:</b> Red      | <i>Sunset:</i> 7:51PM  | Moon 4 - Phase 2              |
|   |                                      |              | <b>Rahu</b> 8:46AM – 10:37AM   | Gara Until 2:28PM                    | <b>Nataraja:</b> Purple |                        | 2nd Phase                     |
|   | Creative Work Siddha Yoga            |              |  | <b>Trayodasi*</b> Until 3:33AM Sun   | <b>Chaitra-Chaitra</b>  |                        | <b>Sivaloka Day</b>           |
|   | Until 4:04PM then Prabalarishta Yoga |              |  | <i>Pradosha Vrata (Fasting)</i>      |                         |                        |                               |
|   | Until 7:59PM then Amrita Yoga        |              |  |                                      |                         |                        |                               |
| <b>5</b>  | <b>Sunday, May 1, 2011</b>           |              | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau                         |                                      |                         |                        | Hamm, Germany                 |
|   | Meena Rasi: 23.32                    | Tithi 29     | <b>Gulika</b> 4:10PM – 6:01PM  | <b>Revati</b> Until 6:56PM           | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:03AM | <b>Sutra 19</b><br>Khara 5113 |
|   |                                      | 213566159    | <b>Yama</b> 12:28PM – 2:19PM   | Vishkambha* Until 12:07PM            | <b>Muruqa:</b> Red      | <i>Sunset:</i> 7:52PM  | Moon 4 - Phase 2              |
|   |                                      |              | <b>Rahu</b> 6:01PM – 7:52PM  | Visti Until 4:48PM                   | <b>Nataraja:</b> Purple |                        | 2nd Phase                     |
|   | Creative Work Amrita Yoga            |              |  | <b>Chaturdasi*</b> Until 5:53AM Mon  | <b>Chaitra-Chaitra</b>  |                        | <b>Sivaloka Day</b>           |
|   | Until 6:56PM then Siddha Yoga        |              |  |                                      |                         |                        |                               |
|  | <b>Monday, May 2, 2011</b>           |              | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Asvini Nakshatra Priti/Ayushman Yoga Catuspada* Karana Amavasya* Yam Titau                                   |                                      |                         |                        | Hamm, Germany                 |
|   | <b>Retreat Star</b>                  |              | <b>Gulika</b> 2:19PM – 4:11PM  | <b>Asvini</b> Until 9:40PM           | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 5:01AM | <b>Sutra 20</b><br>Khara 5113 |
| Mesha Rasi: 5.3   | Tithi 30                             |              | <b>Yama</b> 10:36AM – 12:27PM  | Priti Until 12:51PM                  | <b>Muruqa:</b> Red      | <i>Sunset:</i> 7:54PM  | Moon 4 - Phase 2              |
| <b>Family Home Evening</b>  |                                      | 223566159    | <b>Rahu</b> 6:53AM – 8:44AM  | Catuspada Until 6:59PM               | <b>Nataraja:</b> Purple |                        | Amavasya                      |
| Creative Work Siddha Yoga   |                                      |              |  | <b>Amavasya*</b> Until 7:52AM Tue    | <b>Chaitra-Chaitra</b>  |                        | <b>Sivaloka Day</b>           |
| Until 7:59PM then Marana Yoga   |                                      |              |  |                                      |                         |                        |                               |
| Until 12:12AM Wed then Amrita Yoga  |                                      |              |  |                                      |                         |                        |                               |
| <b>Tuesday, May 3, 2011</b>   | <b>Retreat Star</b>                  |              | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau             |                                      |                         |                        | Hamm, Germany                 |
|   | Mesha Rasi: 17.34                    | Tithi 30 – 1 | <b>Gulika</b> 12:27PM – 2:19PM   | <b>Bharani</b> Until 12:12AM Wed     | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 4:59AM | <b>Sutra 21</b><br>Khara 5113 |
|   |                                      | 223566159    | <b>Yama</b> 8:43AM – 10:35AM   | Ayushman Until 1:24PM                | <b>Muruqa:</b> Red      | <i>Sunset:</i> 7:56PM  | Moon 4 - Phase 2              |
|   |                                      |              | <b>Rahu</b> 4:11PM – 6:04PM  | Kintughna Until 8:58PM               | <b>Nataraja:</b> Purple |                        | Prathama                      |
|   | Creative Work Siddha Yoga            |              |  | <b>Amavasya*</b> Until 7:52AM        | <b>Vaisaka-Chaitra</b>  |                        | <b>Sivaloka Day</b>           |
|   | Until 7:59PM then Marana Yoga        |              |  |                                      |                         |                        |                               |
|   | Until 12:12AM Wed then Amrita Yoga   |              |  |                                      |                         |                        |                               |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

|          |   |           |   |   |  |
|----------|---|-----------|---|---|--|
| <b>1</b> | <b>Wednesday, May 4, 2011</b>                                 |           | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau |   | Hamm, Germany  |
|          | Mesha Rasi: 29.45    Tithi 1 – 2                              | 223566159 | <b>Gulika</b> 10:35AM – 12:27PM<br><b>Yama</b> 6:50AM – 8:42AM<br><b>Rahu</b> 12:27PM – 2:20PM  | <b>Krittika Until 2:30AM Thu</b><br>Saubhagya Until 1:44PM<br>Balava Until 10:41PM<br><b>Prathama* Until 9:35AM</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:57AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 7:57PM<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Vaisaka-Chaitra</b> |
|          | Creative Work    Amrita Yoga<br>Until 7.59PM then Marana Yoga |           |   |   |  |


|          |  |           |   |   |  |
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| <b>2</b> | <b>Thursday, May 5, 2011</b>                                     |           | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau |   | Hamm, Germany  |
|          | Wrishabha Rasi: 12.05    Tithi 2 – 3                             | 223566159 | <b>Gulika</b> 8:41AM – 10:34AM<br><b>Yama</b> 4:56AM – 6:48AM<br><b>Rahu</b> 2:20PM – 4:13PM  | <b>Rohini Until 2:47AM Fri</b><br>Sobhana Until 1:48PM<br>Taitila Until 10:34PM<br><b>Dvitiya Until 10:34AM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:56AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 7:59PM<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Vaisaka-Chaitra</b> |
|          | Routine Work    Marana Yoga<br>Until 2:47AM Fri then Siddha Yoga |           |   |   |  |

|          |                                      |           |  |  |  |
|----------|--------------------------------------|-----------|--|--|--|
| <b>3</b> | <b>Friday, May 6, 2011</b>           |           | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau |  | Hamm, Germany  |
|          | Wrishabha Rasi: 24.35    Tithi 3 – 4 | 223566159 | <b>Gulika</b> 6:47AM – 8:40AM<br><b>Yama</b> 4:14PM – 6:07PM<br><b>Rahu</b> 10:34AM – 12:27PM  | <b>Mrigasira Until 4:19AM Sat</b><br>Athiganda* Until 1:01PM<br>Vanija Until 11:30PM<br><b>Tritiya Until 11:30AM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:54AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:09PM<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Vaisaka-Chaitra</b> |
|          | Creative Work    Siddha Yoga         |           |  |  |  |

|          |                                   |           |   |   |  |
|----------|-----------------------------------|-----------|---|---|--|
| <b>4</b> | <b>Saturday, May 7, 2011</b>      |           | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau |   | Hamm, Germany  |
|          | Mithuna Rasi: 7.17    Tithi 4 – 5 | 223566159 | <b>Gulika</b> 4:52AM – 6:46AM<br><b>Yama</b> 2:21PM – 4:15PM<br><b>Rahu</b> 8:40AM – 10:33AM  | <b>Ardra Until 5:29AM Sun</b><br>Sukarma Until 12:26PM<br>Bava Until 12:03AM Sun<br><b>Chaturthi* Until 12:03PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:52AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:02PM<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Vaisaka-Chaitra</b> |
|          | Creative Work    Siddha Yoga      |           |   |   |  |

|          |  |           |   |   |   |
|----------|--|-----------|---|---|---|
| <b>5</b> | <b>Sunday, May 8, 2011</b>   |           | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau |   | Hamm, Germany   |
|          | Mithuna Rasi: 20.13    Tithi 5 – 6   | 242566159 | <b>Gulika</b> 4:15PM – 6:09PM<br><b>Yama</b> 12:27PM – 2:21PM<br><b>Rahu</b> 6:09PM – 8:04PM  | <b>Punarvasu Until 6:14AM Mon</b><br>Dhriti Until 11:28AM<br>Kaulava Until 12:07AM Mon<br><b>Panchami Until 12:07PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:50AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:04PM<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Vaisaka-Chaitra</b> |
|          | Creative Work    Siddha Yoga<br>Until 7.59PM then Amrita Yoga<br>Until 6:14AM Mon then Siddha Yoga |           | <b>Mother's Day</b>   |   |   |

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| <b>6</b> | <b>Monday, May 9, 2011</b>                                 |           | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau |   | Hamm, Germany  |
|          | Kataka Rasi: 3.25    Tithi 6 – 7                           | 244566159 | <b>Gulika</b> 2:21PM – 4:16PM<br><b>Yama</b> 10:32AM – 12:27PM<br><b>Rahu</b> 6:43AM – 8:38AM  | <b>Pushya Until 6:29AM Tue</b><br>Shula* Until 10:02AM<br>Gara Until 10:18PM<br><b>Shasthi* Until 11:13AM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:49AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:05PM<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Vaisaka-Chaitra</b> |
|          | <b>Family Home Evening</b><br>Creative Work    Siddha Yoga |           |  |   |  |

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|  | <b>Tuesday, May 10, 2011</b>      |           | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau |   | Hamm, Germany  |
|   | <b>Retreat Star</b>               |           | <b>Gulika</b> 12:27PM – 2:22PM<br><b>Yama</b> 8:37AM – 10:32AM<br><b>Rahu</b> 4:17PM – 6:12PM   | <b>Aslesha* Until 4:27AM Wed</b><br>Ganda* Until 7:58AM<br>Visti Until 9:19PM<br><b>Saptami Until 10:14AM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:47AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:07PM<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Vaisaka-Chaitra</b> |
|   | Kataka Rasi: 16.55    Tithi 7 – 8 | 244566159 |   |   |  |
|   | Creative Work    Siddha Yoga      |           |   |   |  |

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| <b>7</b> | <b>Wednesday, May 11, 2011</b>   |           | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau |  | Hamm, Germany   |
|          | <b>Retreat Star</b>  |           | <b>Gulika</b> 10:31AM – 12:27PM<br><b>Yama</b> 6:41AM – 8:36AM<br><b>Rahu</b> 12:27PM – 2:22PM  | <b>Magha* Until 3:37AM Thu</b><br>Dhruva Until 2:58AM Thu<br>Balava Until 7:44PM<br><b>Ashtami* Until 8:40AM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 4:45AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:08PM<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Vaisaka-Chaitra</b> |
|          | Simha Rasi: 0.44    Tithi 8 – 9  | 254566159 |   |  |   |
|          | Creative Work    Siddha Yoga<br>Until 7.59PM then Amrita Yoga<br>Until 3:37AM Thu then no yoga |           |   |  |   |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

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| <b>1</b> | <b>Thursday, May 12, 2011</b>   | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Navami*/Dasami Yam Titau |  |   |   | Hamm, Germany   |
|          | Simha Rasi: 14.52    Tithi 9 – 10<br>No Yoga<br>Until 7.58PM then Siddha Yoga | 254566159  | <b>Gulika</b> 8:35AM – 10:31AM<br><b>Yama</b> 4:44AM – 6:40AM<br><b>Rahu</b> 2:23PM – 4:18PM | <b>Purvaphalguni*</b> Until 2:13AM Fri<br><b>Vyaghata*</b> Until 12:07AM Fri<br><b>Gara</b> Until 4:38AM Fri<br><b>Navami*</b> Until 6:29AM | <b>Ganesha:</b> White <i>Sunrise:</i> 4:44AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:10PM<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Vaisaka-Chaitra</b> | <b>Sutra 30</b><br>Khara 5113<br>Moon 4 - Phase 4<br>4th Phase<br><b>Devaloka Day</b> |

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| <b>2</b> | <b>Friday, May 13, 2011</b>  | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadasi Yam Titau |   |   |   | Hamm, Germany   |
|          | Simha Rasi: 29.19    Tithi 11<br>Creative Work    Siddha Yoga<br>Until 7.58PM then Marana Yoga | 254566159  | <b>Gulika</b> 6:38AM – 8:34AM<br><b>Yama</b> 4:19PM – 6:15PM<br><b>Rahu</b> 10:31AM – 12:27PM | <b>Uttaraphalguni</b> Until 11:05PM<br>Harshana Until 7:52PM<br>Vanija Until 2:12PM<br><b>Ekadasi</b> Until 12:29AM Sat | <b>Ganesha:</b> White <i>Sunrise:</i> 4:42AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:11PM<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Vaisaka-Chaitra</b> | <b>Sutra 31</b><br>Khara 5113<br>Moon 4 - Phase 4<br>4th Phase<br><b>Devaloka Day</b> |

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| <b>3</b> | <b>Saturday, May 14, 2011</b>  | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadasi Yam Titau |  |   |  | Hamm, Germany   |
|          | Kanya Rasi: 14.01    Tithi 12<br>Routine Work    Marana Yoga<br>Until 7.58PM then Amrita Yoga<br>Until 8:55PM then Siddha Yoga | 264566159  | <b>Gulika</b> 4:41AM – 6:37AM<br><b>Yama</b> 2:23PM – 4:20PM<br><b>Rahu</b> 8:34AM – 10:30AM | <b>Hasta</b> Until 8:55PM<br><b>Vajra*</b> Until 4:23PM<br><b>Bava</b> Until 11:15AM<br><b>Dvadasi</b> Until 9:32PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:41AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:13PM<br><b>Nataraja:</b> Purple<br>Moon – Green<br><b>Vaisaka-Chaitra</b> | <b>Sutra 32</b><br>Khara 5113<br>Moon 4 - Phase 4<br>4th Phase<br><b>Sivaloka Day</b> |

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| <b>4</b> | <b>Sunday, May 15, 2011</b>   | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau |  |  |  | Hamm, Germany   |
|          | Kanya Rasi: 28.5    Tithi 13<br>Creative Work    Siddha Yoga<br>Until 7.58PM then Amrita Yoga | 264566159   | <b>Gulika</b> 4:21PM – 6:17PM<br><b>Yama</b> 12:27PM – 2:24PM<br><b>Rahu</b> 6:17PM – 8:14PM | <b>Chitra</b> Until 6:31PM<br>Siddhi Until 12:42PM<br>Kaulava Until 8:02AM<br><b>Trayodasi</b> Until 6:20PM<br><i>Pradosha Vrata</i> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:39AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:14PM<br><b>Nataraja:</b> Purple<br>Moon – Green<br><b>Vaisaka-Vaikasi</b> | <b>Sutra 33</b><br>Khara 5113<br>Moon 4 - Phase 4<br>4th Phase<br><b>Sivaloka Day</b> |

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| <b>5</b> | <b>Monday, May 16, 2011</b>  | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati/Visakha Nakshatra Vyalipata*Varjyan Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau |   |   |  | Hamm, Germany   |
|          | Tula Rasi: 13.42    Tithi 14 – 15<br><b>Family Home Evening</b><br>Creative Work    Amrita Yoga<br>Until 4:05PM then Marana Yoga | 264566159  | <b>Gulika</b> 2:24PM – 4:21PM<br><b>Yama</b> 10:29AM – 12:27PM<br><b>Rahu</b> 6:35AM – 8:32AM | <b>Svati</b> Until 4:05PM<br>Vyatipata* Until 8:57AM<br>Visli Until 1:22AM Tue<br><b>Chaturdasi*</b> Until 3:04PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:38AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:16PM<br><b>Nataraja:</b> Purple<br>Moon – Green<br><b>Vaisaka-Vaikasi</b> | <b>Sutra 34</b><br>Khara 5113<br>Moon 4 - Phase 4<br>4th Phase<br><b>Sivaloka Day</b> |

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| <b>○</b> | <b>Tuesday, May 17, 2011</b>  | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau |   |   |   | Hamm, Germany   |
|          | <b>Copper Retreat Star</b><br>Tula Rasi: 28.28    Tithi 15 – 16<br>Routine Work    Marana Yoga<br>Until 1:48PM then Siddha Yoga | 274566159   | <b>Gulika</b> 12:27PM – 2:24PM<br><b>Yama</b> 8:31AM – 10:29AM<br><b>Rahu</b> 4:22PM – 6:20PM | <b>Visakha</b> Until 1:48PM<br><b>Parigha*</b> Until 2:40AM Wed<br><b>Balava</b> Until 10:17PM<br><b>Purnima*</b> Until 12:00PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 4:36AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:17PM<br><b>Nataraja:</b> Purple<br>Moon – Orange<br><b>Vaisaka-Vaikasi</b> | <b>Sutra 35</b><br>Khara 5113<br>Moon 4 - Phase 4<br>Purnima<br><b>Devaloka Day</b> |

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| <b>○</b> | <b>Wednesday, May 18, 2011</b>   | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau |  |   |   | Hamm, Germany  |
|          | <b>Silver Retreat Star</b><br>Vrischika Rasi: 12.59    Tithi 16 – 17<br>Creative Work    Siddha Yoga | 274566159   | <b>Gulika</b> 10:29AM – 12:27PM<br><b>Yama</b> 6:33AM – 8:31AM<br><b>Rahu</b> 12:27PM – 2:25PM | <b>Anuradha</b> Until 12:19PM<br><b>Shiva</b> Until 11:13PM<br><b>Taitila</b> Until 8:40PM<br><b>Prathama*</b> Until 9:35AM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 4:35AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:19PM<br><b>Nataraja:</b> Purple<br>Moon – Orange<br><b>Vaisaka-Vaikasi</b> | <b>Sutra 36</b><br>Khara 5113<br>Moon 4 - Phase 4<br>Prathama<br><b>Devaloka Day</b> |



**Thursday, May 19, 2011**  
**Gold Retreat Star**

Vrischika Rasi: 27.1    Titthi 17 – 18  
274566159  
Creative Work    Siddha Yoga  
Until 7.59PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    8:30AM – 10:28AM    **Jyeshtha\* Until 10:51AM**  
**Yama**        4:33AM – 6:32AM        Siddha Until 8:19PM  
**Rahu**        2:25PM – 4:24PM        Vanija Until 6:24PM  
Dvitiya Until 7:20AM

**Ganesha:** Blue    *Sunrise:* 4:33AM  
**Muruqa:** Red    *Sunset:* 8:20PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

Hamm, Germany  
**Sun 1    Sutra 37**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**1    Friday, May 20, 2011**

Dhanus Rasi: 10.57    Titthi 19  
284566159  
No Yoga  
Until 10:24AM then Siddha Yoga  
Until 7.59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    6:31AM – 8:29AM    **Mula\* Until 10:24AM**  
**Yama**        4:24PM – 6:23PM        Sadhya Until 6:55PM  
**Rahu**        10:28AM – 12:27PM        Bava Until 5:47PM  
Chaturthi\* Until 5:47AM Sat

**Ganesha:** Red    *Sunrise:* 4:32AM  
**Muruqa:** Red    *Sunset:* 8:22PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Hamm, Germany  
**Sun 2    Sutra 38**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**2    Saturday, May 21, 2011**

Dhanus Rasi: 24.19    Titthi 20  
285566159  
Routine Work    Marana Yoga  
Until 10:20AM then no yoga  
Until 7.59PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    4:31AM – 6:30AM    **Purvashadha\* Until 10:20AM**  
**Yama**        2:26PM – 4:25PM        Subha Until 5:13PM  
**Rahu**        8:29AM – 10:28AM        Kaulava Until 4:59PM  
Panchami Until 4:59AM Sun

**Ganesha:** Yellow    *Sunrise:* 4:31AM  
**Muruqa:** Red    *Sunset:* 8:23PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Hamm, Germany  
**Sun 3    Sutra 39**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**3    Sunday, May 22, 2011**

Makara Rasi: 7.16    Titthi 21  
285666159  
Creative Work    Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha\*/Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    4:26PM – 6:25PM    **Uttarashadha Until 11:02AM**  
**Yama**        12:27PM – 2:26PM        Sukla Until 4:12PM  
**Rahu**        6:25PM – 8:24PM        Gara Until 5:00PM  
Shasthi\* Until 5:00AM Mon

**Ganesha:** Red    *Sunrise:* 4:30AM  
**Muruqa:** Red    *Sunset:* 8:24PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Hamm, Germany  
**Sun 4    Sutra 40**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**4    Monday, May 23, 2011**

Makara Rasi: 19.53    Titthi 22  
295666159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 12:55PM then Siddha Yoga  
Until 7.59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti\* Karana Saptami Yam Titau  
**Gulika**    2:27PM – 4:26PM    **Sravana Until 12:55PM**  
**Yama**        10:27AM – 12:27PM        Brahma Until 4:34PM  
**Rahu**        6:28AM – 8:28AM        Visti Until 6:47PM  
Saptami Until 7:07AM Tue

**Ganesha:** Green    *Sunrise:* 4:28AM  
**Muruqa:** Red    *Sunset:* 8:26PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Hamm, Germany  
**Sun 5    Sutra 41**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**Retreat Star**  
**Tuesday, May 24, 2011**

Kumbha Rasi: 2.11    Titthi 22 – 23  
295666159  
Routine Work    Marana Yoga  
Until 7.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    12:27PM – 2:27PM    **Dhanishtha Until 2:58PM**  
**Yama**        8:27AM – 10:27AM        Indra Until 4:41PM  
**Rahu**        4:27PM – 6:27PM        Balava Until 8:12PM  
Saptami Until 7:07AM

**Ganesha:** Green    *Sunrise:* 4:27AM  
**Muruqa:** Red    *Sunset:* 8:27PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Hamm, Germany  
**Sun 6    Sutra 42**  
Khara 5113  
Moon 5 - Phase 5  
Ashtami

**Devaloka Day**

**Retreat Star**  
**Wednesday, May 25, 2011**

Kumbha Rasi: 14.17    Titthi 23 – 24  
295666159  
Creative Work    Siddha Yoga  
Until 5:25PM then Amrita Yoga  
Until 7.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    10:27AM – 12:27PM    **Satabhisha Until 5:25PM**  
**Yama**        6:26AM – 8:27AM        Vaidhriti\* Until 5:11PM  
**Rahu**        12:27PM – 2:28PM        Taitila Until 10:05PM  
Ashtami\* Until 8:59AM

**Ganesha:** Green    *Sunrise:* 4:26AM  
**Muruqa:** Red    *Sunset:* 8:28PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Hamm, Germany  
**Sun 7    Sutra 43**  
Khara 5113  
Moon 5 - Phase 5  
Navami

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

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| <b>1</b> | <b>Thursday, May 26, 2011</b>                    | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau |  |   | Hamm, Germany  |
|          | Kumbha Rasi: 26.15    Tithi 24 – 25<br>315666159 | <b>Gulika</b> 8:26AM – 10:27AM<br><b>Yama</b> 4:25AM – 6:26AM<br><b>Rahu</b> 2:28PM – 4:29PM  | <b>Purvaprostapada* Until 8:10PM</b><br>Vishkambha* Until 5:56PM<br>Vanija Until 12:15AM Fri<br><b>Navami* Until 11:10AM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:25AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:30PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br><b>Vaisaka-Vaikasi</b> | <b>Sun 8</b> <b>Sutra 44</b><br>Khara 5113<br>Moon 5 - Phase 6<br>2nd Phase<br><b>Sivaloka Day</b> |
|          | Creative Work    Siddha Yoga                     |   |  |   |  |


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| <b>2</b> | <b>Friday, May 27, 2011</b>   | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau |  |   | Hamm, Germany  |
|          | Meena Rasi: 8.09    Tithi 25 – 26<br>315666159                        | <b>Gulika</b> 6:25AM – 8:26AM<br><b>Yama</b> 4:29PM – 6:30PM<br><b>Rahu</b> 10:27AM – 12:27PM   | <b>Uttaraprostapada Until 11:02PM</b><br>Priti Until 6:49PM<br>Bava Until 2:35AM Sat<br><b>Dasami Until 1:29PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:24AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:31PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br><b>Vaisaka-Vaikasi</b> | <b>Sun 9</b> <b>Sutra 45</b><br>Khara 5113<br>Moon 5 - Phase 6<br>2nd Phase<br><b>Sivaloka Day</b> |
|          | Creative Work    Siddha Yoga<br>Until 11:02PM then Prabalarishta Yoga |   |  |   |  |

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| <b>3</b> | <b>Saturday, May 28, 2011</b>  | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau |   |   | Hamm, Germany   |
|          | Meena Rasi: 20.02    Tithi 26 – 27<br>315666159  | <b>Gulika</b> 4:23AM – 6:24AM<br><b>Yama</b> 2:29PM – 4:30PM<br><b>Rahu</b> 8:25AM – 10:26AM  | <b>Revati Until 1:55AM Sun</b><br>Ayushman Until 7:42PM<br>Kaulava Until 4:54AM Sun<br><b>Ekadasi* Until 3:49PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:23AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:32PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br><b>Vaisaka-Vaikasi</b> | <b>Sun 10</b> <b>Sutra 46</b><br>Khara 5113<br>Moon 5 - Phase 6<br>2nd Phase<br><b>Sivaloka Day</b> |
|          | Routine Work    Prabalarishta Yoga<br>Until 7:59PM then Amrita Yoga<br>Until 1:55AM Sun then Siddha Yoga |   |   |   |   |

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| <b>4</b> | <b>Sunday, May 29, 2011</b>                    | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Asvini Nakshatra Saubhagya Yoga Talitla/Gara Karana Dvadasi*/Trayodasi* Yam Titau |  |  | Hamm, Germany   |
|          | Mesha Rasi: 1.59    Tithi 27 – 28<br>325666159 | <b>Gulika</b> 4:31PM – 6:32PM<br><b>Yama</b> 12:28PM – 2:29PM<br><b>Rahu</b> 6:32PM – 8:33PM   | <b>Asvini Until 4:42AM Mon</b><br>Saubhagya Until 8:30PM<br>Gara Until 7:08AM Mon<br><b>Dvadasi* Until 6:02PM</b><br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:22AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:33PM<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Vaisaka-Vaikasi</b> | <b>Sun 11</b> <b>Sutra 47</b><br>Khara 5113<br>Moon 5 - Phase 6<br>2nd Phase<br><b>Devaloka Day</b> |
|          | Creative Work    Siddha Yoga                   |  |  |  |   |

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| <b>5</b> | <b>Monday, May 30, 2011</b>                                       | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau |  |  | Hamm, Germany   |
|          | Mesha Rasi: 14.01    Tithi 28<br>Family Home Evening<br>325666159 | <b>Gulika</b> 2:29PM – 4:31PM<br><b>Yama</b> 10:26AM – 12:28PM<br><b>Rahu</b> 6:23AM – 8:24AM  | <b>Bharani Until 6:54AM Tue</b><br>Sobhana Until 9:07PM<br>Gara Until 6:57AM<br><b>Trayodasi* Until 8:02PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:21AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:35PM<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Vaisaka-Vaikasi</b> | <b>Sun 12</b> <b>Sutra 48</b><br>Khara 5113<br>Moon 5 - Phase 6<br>2nd Phase<br><b>Devaloka Day</b> |
|          | Creative Work    Siddha Yoga                                      |  |  |  |   |

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| <b>6</b> | <b>Tuesday, May 31, 2011</b>                                  | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau |   |  | Hamm, Germany   |
|          | Mesha Rasi: 26.13    Tithi 29<br>326666159                    | <b>Gulika</b> 12:28PM – 2:30PM<br><b>Yama</b> 8:24AM – 10:26AM<br><b>Rahu</b> 4:32PM – 6:34PM   | <b>Bharani Until 6:54AM</b><br>Athiganda* Until 9:27PM<br>Visti Until 8:37AM<br><b>Chaturdasi* Until 9:43PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:20AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:36PM<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Vaisaka-Vaikasi</b> | <b>Sun 13</b> <b>Sutra 49</b><br>Khara 5113<br>Moon 5 - Phase 6<br>2nd Phase<br><b>Devaloka Day</b> |
|          | Creative Work    Siddha Yoga<br>Until 8:00PM then Amrita Yoga |   |   |  |   |

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|  | <b>Wednesday, June 1, 2011</b>   | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau |   |  | Hamm, Germany  |
|   | <b>Retreat Star</b><br>Vrishabha Rasi: 8.35    Tithi 30<br>326666159                           | <b>Gulika</b> 10:26AM – 12:28PM<br><b>Yama</b> 6:21AM – 8:24AM<br><b>Rahu</b> 12:28PM – 2:30PM  | <b>Krittika Until 8:36AM</b><br>Sukarma Until 8:21PM<br>Catuspada Until 9:34AM<br><b>Amavasya* Until 9:34PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:19AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:37PM<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Vaisaka-Vaikasi</b> | <b>Sun 14</b> <b>Sutra 50</b><br>Khara 5113<br>Moon 5 - Phase 6<br>Amavasya<br><b>Devaloka Day</b> |
|   | Creative Work    Amrita Yoga<br>Until 8:36AM then Siddha Yoga<br>Until 8:00PM then Marana Yoga |   |   |  |  |

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| <b>Retreat Star</b> | <b>Thursday, June 2, 2011</b>                                | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau |  |  | Hamm, Germany  |
|                     | Vrishabha Rasi: 21.11    Tithi 1<br>336666159                | <b>Gulika</b> 8:23AM – 10:26AM<br><b>Yama</b> 4:18AM – 6:21AM<br><b>Rahu</b> 2:31PM – 4:33PM  | <b>Rohini Until 9:58AM</b><br>Dhriti Until 7:58PM<br>Kintughna Until 10:18AM<br><b>Prathama* Until 10:18PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:18AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:38PM<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Jyeshtha-Vaikasi</b> | <b>Sun 15</b> <b>Sutra 51</b><br>Khara 5113<br>Moon 5 - Phase 6<br>Prathama<br><b>Devaloka Day</b> |
|                     | Routine Work    Marana Yoga<br>Until 8:00PM then Siddha Yoga |   |  |  |  |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! *Krishna Yajur Veda, Maitu 6.34. UpH, 447*

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| <b>1</b> | <b>Friday, June 3, 2011</b> |           | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau |   | Hamm, Germany  |
|          | Mithuna Rasi: 4.01          | Tithi 2   |  |   | Sun 16 Sutra 52<br>Khara 5113  |
|          |                             | 336666159 | <b>Gulika</b> 6:20AM – 8:23AM<br><b>Yama</b> 4:34PM – 6:36PM<br><b>Rahu</b> 10:26AM – 12:28PM  | <b>Mrigasira Until 10:55AM</b><br>Shula* Until 7:12PM<br>Balava Until 10:34AM<br><b>Dvitiya Until 10:34PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:18AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:39PM<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Jyeshtha-Vaikasi</b> |
|          | Creative Work Siddha Yoga   |           |  |   | Devaloka Day<br>Moon 5 - Phase 7<br>3rd Phase  |


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| <b>2</b> | <b>Saturday, June 4, 2011</b>  |           | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Tritiya Yam Titau |  | Hamm, Germany  |
|          | Mithuna Rasi: 17.04  | Tithi 3   |  |  | Sun 17 Sutra 53<br>Khara 5113  |
|          |  | 336666159 | <b>Gulika</b> 4:17AM – 6:20AM<br><b>Yama</b> 2:31PM – 4:34PM<br><b>Rahu</b> 8:23AM – 10:26AM   | <b>Ardra Until 11:25AM</b><br>Ganda* Until 6:02PM<br>Tailila Until 10:22AM<br><b>Tritiya Until 10:22PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:17AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:40PM<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Jyeshtha-Vaikasi</b> |
|          | Creative Work Siddha Yoga<br>Until 11:25AM then Marana Yoga<br>Until 8:00PM then Siddha Yoga |           |  |  | Devaloka Day<br>Moon 5 - Phase 7<br>3rd Phase  |

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| <b>3</b> | <b>Sunday, June 5, 2011</b> |           | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visiti* Karana Chaturthi* Yam Titau |   | Hamm, Germany  |
|          | Kataka Rasi: 0.21           | Tithi 4   |  |   | Sun 18 Sutra 54<br>Khara 5113  |
|          |                             | 346666151 | <b>Gulika</b> 4:35PM – 6:38PM<br><b>Yama</b> 12:29PM – 2:32PM<br><b>Rahu</b> 6:38PM – 8:41PM   | <b>Punarvasu Until 11:07AM</b><br>Vridhhi Until 4:28PM<br>Vanija Until 9:25AM<br><b>Chaturthi* Until 8:30PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:16AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:41PM<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Jyeshtha-Vaikasi</b> |
|          | Creative Work Siddha Yoga   |           |  |   | Devaloka Day<br>Moon 5 - Phase 7<br>3rd Phase  |

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| <b>4</b> | <b>Monday, June 6, 2011</b> |           | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau |   | Hamm, Germany  |
|          | Kataka Rasi: 13.52          | Tithi 5   |   |   | Sun 19 Sutra 55<br>Khara 5113  |
|          | <b>Family Home Evening</b>  | 346666151 | <b>Gulika</b> 2:32PM – 4:35PM<br><b>Yama</b> 10:26AM – 12:29PM<br><b>Rahu</b> 6:19AM – 8:22AM   | <b>Pushya Until 10:48AM</b><br>Dhruva Until 1:58PM<br>Bava Until 8:24AM<br><b>Panchami Until 7:29PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:16AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:42PM<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Jyeshtha-Vaikasi</b> |
|          | Creative Work Siddha Yoga   |           |   |   | Devaloka Day<br>Moon 5 - Phase 7<br>3rd Phase  |

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| <b>5</b> | <b>Tuesday, June 7, 2011</b> |           | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Shasthi* Yam Titau |  | Hamm, Germany  |
|          | Kataka Rasi: 27.35           | Tithi 6   |  |  | Sun 20 Sutra 56<br>Khara 5113  |
|          |                              | 347666151 | <b>Gulika</b> 12:29PM – 2:32PM<br><b>Yama</b> 8:22AM – 10:26AM<br><b>Rahu</b> 4:36PM – 6:39PM  | <b>Aslesha* Until 10:09AM</b><br>Vyaghata* Until 11:49AM<br>Kaulava Until 7:00AM<br><b>Shasthi* Until 6:04PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:15AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:43PM<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Jyeshtha-Vaikasi</b> |
|          | Creative Work Siddha Yoga    |           |  |  | Devaloka Day<br>Moon 5 - Phase 7<br>3rd Phase  |

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| <b>6</b> | <b>Wednesday, June 8, 2011</b>  |             | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Vanija/Visiti* Karana Saptami/Ashtami* Yam Titau |   | Hamm, Germany  |
|          | Simha Rasi: 11.3  | Tithi 7 – 8 |  |   | Sun 21 Sutra 57<br>Khara 5113  |
|          |   | 357666151   | <b>Gulika</b> 10:26AM – 12:29PM<br><b>Yama</b> 6:18AM – 8:22AM<br><b>Rahu</b> 12:29PM – 2:33PM   | <b>Magha* Until 9:09AM</b><br>Harshana Until 9:21AM<br>Visiti Until 3:23AM Thu<br><b>Saptami Until 4:18PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:15AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:44PM<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Jyeshtha-Vaikasi</b> |
|          | Creative Work Siddha Yoga<br>Until 9:09AM then Amrita Yoga<br>Until 8:01PM then no yoga |             |  |   | Sivaloka Day<br>Moon 5 - Phase 7<br>3rd Phase  |

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|  | <b>Thursday, June 9, 2011</b>  |             | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau |  | Hamm, Germany  |
|   | Simha Rasi: 25.35  | Tithi 8 – 9 |  |  | Sun 22 Sutra 58<br>Khara 5113  |
|   | <b>Retreat Star</b>  | 357666151   | <b>Gulika</b> 8:22AM – 10:26AM<br><b>Yama</b> 4:14AM – 6:18AM<br><b>Rahu</b> 2:33PM – 4:37PM   | <b>Purvaphalguni* Until 7:51AM</b><br>Vajra* Until 6:36AM<br>Balava Until 1:17AM Fri<br><b>Ashtami* Until 2:13PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:14AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:44PM<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Jyeshtha-Vaikasi</b> |
|   | No Yoga<br>Until 7:51AM then Prabalarishta Yoga<br>Until 8:01PM then Siddha Yoga |             |  |  | Sivaloka Day<br>Ashtami  |

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| <b>7</b> | <b>Friday, June 10, 2011</b>  |              | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyalipala* Yoga Kaulava/Tailila Karana Navami*/Dasami Yam Titau |   | Hamm, Germany  |
|          | Kanya Rasi: 9.5   | Tithi 9 – 10 |   |   | Sun 23 Sutra 59<br>Khara 5113  |
|          | <b>Retreat Star</b>   | 357666151    | <b>Gulika</b> 6:18AM – 8:22AM<br><b>Yama</b> 4:37PM – 6:41PM<br><b>Rahu</b> 10:26AM – 12:30PM   | <b>Uttaraphalguni Until 6:17AM</b><br>Vyatipata* Until 12:57AM Sat<br>Tailila Until 10:54PM<br><b>Navami* Until 11:50AM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:14AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:45PM<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Jyeshtha-Vaikasi</b> |
|          | Creative Work Siddha Yoga<br>Until 6:17AM then Amrita Yoga<br>Until 8:01PM then Marana Yoga |              |   |   | Sivaloka Day<br>Navami   |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

**1 Saturday, June 11, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hamm, Germany  
 Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 60  
 Kanya Rasi: 24.12 Tithi 10 – 11 367666151 **Gulika** 4:14AM – 6:18AM **Chitra Until 3:23AM Sun** **Ganesha:** White *Sunrise:* 4:14AM Khara 5113  
**Yama** 2:34PM – 4:38PM Variyan Until 9:46PM **Muruqa:** Red *Sunset:* 8:46PM Moon 5 - Phase 8  
**Rahu** 8:22AM – 10:26AM Vanija Until 8:18PM **Nataraja:** Purple 4th Phase  
 Routine Work Marana Yoga **Moon – Green** **Devaloka Day**  
 Until 8.02PM then Siddha Yoga **Jyeshtha-Vaikasi**

**2 Sunday, June 12, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hamm, Germany  
 Svati Nakshatra Parigha\* Yoga Visti\*/Balava Karana Ekadasi/Dvadasi Yam Titau Sun 25 Sutra 61  
 Tula Rasi: 8.37 Tithi 11 – 12 367666151 **Gulika** 4:38PM – 6:42PM **Svati Until 1:30AM Mon** **Ganesha:** White *Sunrise:* 4:13AM Khara 5113  
**Yama** 12:30PM – 2:34PM Parigha\* Until 6:29PM **Muruqa:** Red *Sunset:* 8:46PM Moon 5 - Phase 8  
**Rahu** 6:42PM – 8:46PM Balava Until 4:40AM Mon **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Moon – Green** **Devaloka Day**  
 Until 8.02PM then Amrita Yoga **Jyeshtha-Vaikasi**  
 Until 1:30AM Mon then Marana Yoga **Ekadasi Until 6:31AM**

**3 Monday, June 13, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Hamm, Germany  
 Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 62  
 Tula Rasi: 23.03 Tithi 13 377666151 **Gulika** 2:34PM – 4:39PM **Visakha Until 11:38PM** **Ganesha:** Yellow *Sunrise:* 4:13AM Khara 5113  
**Yama** 10:26AM – 12:30PM Shiva Until 3:13PM **Muruqa:** Red *Sunset:* 8:47PM Moon 5 - Phase 8  
**Rahu** 6:17AM – 8:22AM Kaulava Until 2:53PM **Nataraja:** Purple 4th Phase  
 Routine Work Marana Yoga **Moon – Orange** **Sivaloka Day**  
 Until 11:38PM then Siddha Yoga **Vaikasi Visakam** **Trayodasi Until 1:58AM Tue** **Jyeshtha-Vaikasi**  
*Pradosha Vrata*

**4 Tuesday, June 14, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hamm, Germany  
 Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau Sun 27 Sutra 63  
 Vrishchika Rasi: 7.23 Tithi 14 378666151 **Gulika** 12:30PM – 2:35PM **Anuradha Until 9:55PM** **Ganesha:** White *Sunrise:* 4:13AM Khara 5113  
**Yama** 8:22AM – 10:26AM Siddha Until 12:06PM **Muruqa:** Red *Sunset:* 8:48PM Moon 5 - Phase 8  
**Rahu** 4:39PM – 6:43PM Gara Until 12:20PM **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Moon – Orange** **Subha Sivaloka Day**  
**Chaturdasi\* Until 11:25PM** **Jyeshtha-Vaikasi**

**Wednesday, June 15, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hamm, Germany  
 Jyeshtha\* Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Purnima\* Yam Titau Sutra 64  
**Copper Retreat Star** **Gulika** 10:26AM – 12:30PM **Jyeshtha\* Until 8:31PM** **Ganesha:** White *Sunrise:* 4:13AM Khara 5113  
 Vrishchika Rasi: 21.32 Tithi 15 378666151 **Yama** 6:17AM – 8:22AM Sadhya Until 9:15AM **Muruqa:** Red *Sunset:* 8:48PM Moon 5 - Phase 8  
**Rahu** 12:30PM – 2:35PM Visti Until 10:07AM **Nataraja:** Purple Purnima  
 Creative Work Siddha Yoga **Moon – Orange** **Subha Sivaloka Day**  
**Purnima\* Until 9:12PM** **Jyeshtha-Ani**

**Thursday, June 16, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Hamm, Germany  
 Mula\* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama\* Yam Titau Sutra 65  
**Silver Retreat Star** **Gulika** 8:22AM – 10:26AM **Mula\* Until 7:32PM** **Ganesha:** Blue *Sunrise:* 4:13AM Khara 5113  
 Dhanus Rasi: 5.26 Tithi 16 388766151 **Yama** 4:13AM – 6:17AM Subha Until 6:48AM **Muruqa:** Red *Sunset:* 8:49PM Moon 5 - Phase 8  
**Rahu** 2:35PM – 4:40PM Balava Until 8:22AM **Nataraja:** Purple Prathama  
 Creative Work Siddha Yoga **Moon – Light Blue** **Devaloka Day**  
**Prathama\* Until 7:27PM** **Jyeshtha-Ani**





**Friday, June 17, 2011**  
**Gold Retreat Star**

Dhanu Rasi: 19.02      Tithi 17  
388766151  
Creative Work    Siddha Yoga  
Until 8.03PM then Marana Yoga  
Until 8.05PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**      6:17AM – 8:22AM  
**Yama**        4:40PM – 6:45PM  
**Rahu**        10:26AM – 12:31PM  
**Purvashadha\* Until 8:05PM**  
Brahma Until 3:38AM Sat  
Taitila Until 7:17AM  
**Dvitiya Until 7:17PM**

**Ganesha:** Blue      *Sunrise: 4:13AM*  
**Muruqa:** Red        *Sunset: 8:49PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Hamm, Germany  
**Sun 1      Sutra 66**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**

**1**

**Saturday, June 18, 2011**

Makara Rasi: 2.17      Tithi 18  
388766151  
No Yoga  
Until 8.03PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Indra Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**      4:13AM – 6:17AM  
**Yama**        2:36PM – 4:40PM  
**Rahu**        8:22AM – 10:26AM  
**Uttarashadha Until 8:14PM**  
Indra Until 2:08AM Sun  
Vanija Until 6:41AM  
**Tritiya Until 6:41PM**

**Ganesha:** Blue      *Sunrise: 4:13AM*  
**Muruqa:** Red        *Sunset: 8:50PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Hamm, Germany  
**Sun 2      Sutra 67**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**

**2**

**Sunday, June 19, 2011**

Makara Rasi: 15.13      Tithi 19  
398766151  
Creative Work    Amrita Yoga  
Until 9:00PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**      4:41PM – 6:45PM  
**Yama**        12:31PM – 2:36PM  
**Rahu**        6:45PM – 8:50PM  
**Sravana Until 9:00PM**  
Vaidhriti\* Until 1:12AM Mon  
Bava Until 6:45AM  
**Chaturthi\* Until 6:45PM**

**Ganesha:** Red        *Sunrise: 4:13AM*  
**Muruqa:** Red        *Sunset: 8:50PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Hamm, Germany  
**Sun 3      Sutra 68**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Sivaloka Day**

**Father's Day**

**3**

**Monday, June 20, 2011**

Makara Rasi: 27.49      Tithi 20  
399766151  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 8.04PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**      2:36PM – 4:41PM  
**Yama**        10:27AM – 12:32PM  
**Rahu**        6:18AM – 8:22AM  
**Dhanishtha Until 11:42PM**  
Vishkambha\* Until 2:16AM Tue  
Kaulava Until 7:35AM  
**Panchami Until 8:41PM**

**Ganesha:** Blue      *Sunrise: 4:13AM*  
**Muruqa:** Red        *Sunset: 8:50PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Hamm, Germany  
**Sun 4      Sutra 69**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**

**4**

**Tuesday, June 21, 2011**

Kumbha Rasi: 10.09      Tithi 21  
399766151  
Routine Work    Marana Yoga  
Until 8.04PM then Siddha Yoga  
Until 1:42AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**      12:32PM – 2:36PM  
**Yama**        8:22AM – 10:27AM  
**Rahu**        4:41PM – 6:46PM  
**Satabhisha Until 1:42AM Wed**  
Priti Until 2:20AM Wed  
Gara Until 8:56AM  
**Shasthi\* Until 10:01PM**

**Ganesha:** Blue      *Sunrise: 4:13AM*  
**Muruqa:** Red        *Sunset: 8:50PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Hamm, Germany  
**Sun 5      Sutra 70**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**

**5**

**Wednesday, June 22, 2011**

Kumbha Rasi: 22.17      Tithi 22  
319766151  
Creative Work    Amrita Yoga  
Until 8.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**      10:27AM – 12:32PM  
**Yama**        6:18AM – 8:23AM  
**Rahu**        12:32PM – 2:37PM  
**Purvaprostapada\* Until 4:06AM Thu**  
Ayushman Until 2:48AM Thu  
Visti Until 10:43AM  
**Saptami Until 11:49PM**

**Ganesha:** Purple      *Sunrise: 4:13AM*  
**Muruqa:** Red        *Sunset: 8:51PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Hamm, Germany  
**Sun 6      Sutra 71**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**



**Thursday, June 23, 2011**  
**Retreat Star**

Meena Rasi: 4.17      Tithi 23  
319766151  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**      8:23AM – 10:27AM  
**Yama**        4:13AM – 6:18AM  
**Rahu**        2:37PM – 4:41PM  
**Uttaraprostapada Until 6:57AM Fri**  
Saubhagya Until 3:31AM Fri  
Balava Until 12:50PM  
**Ashtami\* Until 1:55AM Fri**

**Ganesha:** Purple      *Sunrise: 4:13AM*  
**Muruqa:** Red        *Sunset: 8:51PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Hamm, Germany  
**Sun 7      Sutra 72**  
Khara 5113  
Moon 6 - Phase 9  
Ashtami

**Subha Sivaloka Day**

**Friday, June 24, 2011**  
**Retreat Star**

Meena Rasi: 16.11      Tithi 24  
319766151  
Creative Work    Siddha Yoga  
Until 8.04PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**      6:18AM – 8:23AM  
**Yama**        4:42PM – 6:46PM  
**Rahu**        10:28AM – 12:32PM  
**Uttaraprostapada Until 6:57AM**  
Sobhana Until 4:22AM Sat  
Taitila Until 3:05PM  
**Navami\* Until 4:11AM Sat**

**Ganesha:** Purple      *Sunrise: 4:14AM*  
**Muruqa:** Red        *Sunset: 8:51PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Hamm, Germany  
**Sun 8      Sutra 73**  
Khara 5113  
Moon 6 - Phase 9  
Navami

**Subha Sivaloka Day**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94


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|----------|--|---|--|---|---|
| <b>1</b> | <b>Saturday, June 25, 2011</b>               | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati/Asvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dasami Yam Titau |  |   | Hamm, Germany   |
|          | Meena Rasi: 28.06      Tithi 25<br>319766151 | <b>Gulika</b> 4:14AM – 6:19AM<br><b>Yama</b> 2:37PM – 4:42PM<br><b>Rahu</b> 8:23AM – 10:28AM  | <b>Revati Until 9:48AM</b><br>Athiganda* Until 5:14AM Sun<br>Vanija Until 5:22PM<br><b>Dasami Until 6:26AM Sun</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:14AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:51PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br><b>Jyeshtha-Ani</b> | <b>Sun 9</b> <b>Sutra 74</b><br>Khara 5113<br>Moon 6 - Phase 10<br>2nd Phase<br><b>Subha Sivaloka Day</b> |

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| <b>2</b> | <b>Sunday, June 26, 2011</b>                      | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Asvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau |  |  | Hamm, Germany  |
|          | Mesha Rasi: 10.04      Tithi 26 – 26<br>329766151 | <b>Gulika</b> 4:42PM – 6:46PM<br><b>Yama</b> 12:33PM – 2:37PM<br><b>Rahu</b> 6:46PM – 8:51PM   | <b>Asvini Until 12:31PM</b><br>Sukarma Until 6:00AM Mon<br>Bava Until 7:31PM<br><b>Dasami Until 6:26AM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:15AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:51PM<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Jyeshtha-Ani</b> | <b>Sun 10</b> <b>Sutra 75</b><br>Khara 5113<br>Moon 6 - Phase 10<br>2nd Phase<br><b>Sivaloka Day</b> |

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| <b>3</b> | <b>Monday, June 27, 2011</b>                     | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau |  |  | Hamm, Germany  |
|          | Mesha Rasi: 22.1      Tithi 26 – 27<br>329766151 | <b>Gulika</b> 2:37PM – 4:42PM<br><b>Yama</b> 10:28AM – 12:33PM<br><b>Rahu</b> 6:20AM – 8:24AM   | <b>Bharani Until 3:00PM</b><br>Dhriti Until 6:04AM Tue<br>Kaulava Until 9:23PM<br><b>Ekadasi* Until 8:18AM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:15AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:51PM<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Jyeshtha-Ani</b> | <b>Sun 11</b> <b>Sutra 76</b><br>Khara 5113<br>Moon 6 - Phase 10<br>2nd Phase<br><b>Sivaloka Day</b> |

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| <b>4</b> | <b>Tuesday, June 28, 2011</b>                        | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Dhriti/Shrula Yoga Tatila/Gara Karana Dvadasi*/Trayodasi* Yam Titau |   |  | Hamm, Germany  |
|          | Virshabha Rasi: 4.28      Tithi 27 – 28<br>321766151 | <b>Gulika</b> 12:33PM – 2:38PM<br><b>Yama</b> 8:24AM – 10:29AM<br><b>Rahu</b> 4:42PM – 6:46PM   | <b>Krittika Until 4:14PM</b><br>Dhriti Until 6:04AM<br>Gara Until 9:25PM<br><b>Dvadasi* Until 9:25AM</b><br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> Red <i>Sunrise:</i> 4:16AM<br><b>Muruqa:</b> Red <i>Sunset:</i> 8:51PM<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Jyeshtha-Ani</b> | <b>Sun 12</b> <b>Sutra 77</b><br>Khara 5113<br>Moon 6 - Phase 10<br>2nd Phase<br><b>Sivaloka Day</b> |

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| <b>5</b> | <b>Wednesday, June 29, 2011</b>                    | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigasira Nakshatra Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau |   |   | Hamm, Germany  |
|          | Virshabha Rasi: 17      Tithi 28 – 29<br>331776151 | <b>Gulika</b> 10:29AM – 12:33PM<br><b>Yama</b> 6:20AM – 8:25AM<br><b>Rahu</b> 12:33PM – 2:38PM   | <b>Rohini Until 5:41PM</b><br>Ganda* Until 4:38AM Thu<br>Visti Until 10:15PM<br><b>Trayodasi* Until 10:15AM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:16AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:51PM<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Jyeshtha-Ani</b> | <b>Sun 13</b> <b>Sutra 78</b><br>Khara 5113<br>Moon 6 - Phase 10<br>2nd Phase<br><b>Sivaloka Day</b> |

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|  | <b>Thursday, June 30, 2011</b>  | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mrigasira Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau |  |   | Hamm, Germany   |
|   | <b>Retreat Star</b><br>Virshabha Rasi: 29.5      Tithi 29 – 30<br>331776151 | <b>Gulika</b> 8:25AM – 10:29AM<br><b>Yama</b> 4:17AM – 6:21AM<br><b>Rahu</b> 2:38PM – 4:42PM  | <b>Mrigasira Until 6:36PM</b><br>Vriddhi Until 3:51AM Fri<br>Catuspada Until 10:29PM<br><b>Chaturdasi* Until 10:29AM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:17AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:50PM<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Jyeshtha-Ani</b> | <b>Sun 14</b> <b>Sutra 79</b><br>Khara 5113<br>Moon 6 - Phase 10<br>Amavasya<br><b>Sivaloka Day</b> |

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| <b>Friday, July 1, 2011</b> | <b>Retreat Star</b>                                | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau |   |   | Hamm, Germany   |
|                             | Mithuna Rasi: 12.59      Tithi 30 – 1<br>331776151 | <b>Gulika</b> 6:21AM – 8:26AM<br><b>Yama</b> 4:42PM – 6:46PM<br><b>Rahu</b> 10:30AM – 12:34PM   | <b>Ardra Until 6:57PM</b><br>Dhruva Until 2:32AM Sat<br>Kintughna Until 10:06PM<br><b>Amavasya* Until 10:06AM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:17AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:50PM<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Ashada-Ani</b> | <b>Sun 15</b> <b>Sutra 80</b><br>Khara 5113<br>Moon 6 - Phase 10<br>Prathama<br><b>Sivaloka Day</b> |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

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|----------|---|-------------|---|--|--|
| <b>1</b> | <b>Saturday, July 2, 2011</b>                             |             | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau |  | Hamm, Germany  |
|          | Mithuna Rasi: 26.26                                       | Tithi 1 – 2 | 341776151   |  | Sun 16 Sutra 81<br>Khara 5113<br>Moon 6 - Phase 11<br>3rd Phase  |
|          | Routine Work Marana Yoga<br>Until 5:49PM then Siddha Yoga |             | <b>Gulika</b> 4:18AM – 6:22AM<br><b>Yama</b> 2:38PM – 4:42PM<br><b>Rahu</b> 8:26AM – 10:30AM  | <b>Punarvasu</b> Until 5:49PM<br>Vyaghata* Until 11:27PM<br>Balava Until 7:56PM<br><b>Prathama*</b> Until 8:52AM | <b>Ganesha:</b> Red <i>Sunrise:</i> 4:18AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:50PM<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Ashada-Ani</b> |


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|----------|-----------------------------|-------------|--|--|--|
| <b>2</b> | <b>Sunday, July 3, 2011</b> |             | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Aslesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau |  | Hamm, Germany  |
|          | Kataka Rasi: 10.1           | Tithi 2 – 3 | 341776151  |  | Sun 17 Sutra 82<br>Khara 5113<br>Moon 6 - Phase 11<br>3rd Phase  |
|          | Creative Work Siddha Yoga   |             | <b>Gulika</b> 4:42PM – 6:45PM<br><b>Yama</b> 12:34PM – 2:38PM<br><b>Rahu</b> 6:45PM – 8:49PM   | <b>Pushya</b> Until 5:09PM<br>Harshana Until 9:18PM<br>Taitila Until 6:31PM<br><b>Dvitiya</b> Until 7:26AM | <b>Ganesha:</b> Red <i>Sunrise:</i> 4:19AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:49PM<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Ashada-Ani</b> |


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| <b>3</b> | <b>Monday, July 4, 2011</b>                      |         | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Aslesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau |  | Hamm, Germany  |
|          | Kataka Rasi: 24.07                               | Tithi 4 | 341776151  |  | Sun 18 Sutra 83<br>Khara 5113<br>Moon 6 - Phase 11<br>3rd Phase  |
|          | Family Home Evening<br>Creative Work Siddha Yoga |         | <b>Gulika</b> 2:38PM – 4:42PM<br><b>Yama</b> 10:31AM – 12:34PM<br><b>Rahu</b> 6:23AM – 8:27AM  | <b>Aslesha*</b> Until 4:06PM<br>Vajra* Until 6:48PM<br>Vanija Until 4:41PM<br><b>Chaturthi*</b> Until 3:46AM Tue | <b>Ganesha:</b> Red <i>Sunrise:</i> 4:20AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:49PM<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Ashada-Ani</b> |

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| <b>4</b> | <b>Tuesday, July 5, 2011</b>                               |         | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau |  | Hamm, Germany  |
|          | Simha Rasi: 8.13   | Tithi 5 | 351776151  |  | Sun 19 Sutra 84<br>Khara 5113<br>Moon 6 - Phase 11<br>3rd Phase  |
|          | Creative Work Siddha Yoga<br>Until 8:07PM then Amrita Yoga |         | <b>Gulika</b> 12:34PM – 2:38PM<br><b>Yama</b> 8:27AM – 10:31AM<br><b>Rahu</b> 4:41PM – 6:45PM  | <b>Magha*</b> Until 2:47PM<br>Siddhi Until 4:03PM<br>Bava Until 2:34PM<br><b>Panchami</b> Until 1:38AM Wed | <b>Ganesha:</b> Blue <i>Sunrise:</i> 4:20AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:48PM<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Ashada-Ani</b> |

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| <b>5</b> | <b>Wednesday, July 6, 2011</b>                                    |         | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni*/Uttaraphalguni* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau |   | Hamm, Germany  |
|          | Simha Rasi: 22.25   | Tithi 6 | 351776151  |   | Sun 20 Sutra 85<br>Khara 5113<br>Moon 6 - Phase 11<br>3rd Phase  |
|          | Creative Work Amrita Yoga<br>Until 8:07PM then Prabalarishta Yoga |         | <b>Gulika</b> 10:31AM – 12:35PM<br><b>Yama</b> 6:25AM – 8:28AM<br><b>Rahu</b> 12:35PM – 2:38PM   | <b>Purvaphalguni*</b> Until 1:18PM<br>Vyatipata* Until 1:08PM<br>Kaulava Until 12:16PM<br><b>Shashti*</b> Until 11:21PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 4:21AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:48PM<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Ashada-Ani</b> |

|          |  |         |  |  |   |
|----------|--|---------|--|--|---|
| <b>6</b> | <b>Thursday, July 7, 2011</b>  |         | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau |  | Hamm, Germany   |
|          | Kanya Rasi: 6.38   | Tithi 7 | 451776151  |  | Sun 21 Sutra 86<br>Khara 5113<br>Moon 6 - Phase 11<br>3rd Phase   |
|          | Routine Work Prabalarishta Yoga<br>Until 11:46AM then no yoga<br>Until 8:07PM then Amrita Yoga |         | <b>Gulika</b> 8:28AM – 10:32AM<br><b>Yama</b> 4:22AM – 6:25AM<br><b>Rahu</b> 2:38PM – 4:41PM   | <b>Uttaraphalguni</b> Until 11:46AM<br>Variyan Until 10:10AM<br>Gara Until 9:54AM<br><b>Saptami</b> Until 8:59PM | <b>Ganesha:</b> Red <i>Sunrise:</i> 4:22AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:47PM<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Ashada-Ani</b> |

|   |  |         |  |   |  |
|---|--|---------|--|---|--|
|  | <b>Friday, July 8, 2011</b>  |         | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau |   | Hamm, Germany  |
|   | Kanya Rasi: 20.52  | Tithi 8 | 462776151  |   | Sun 22 Sutra 87<br>Khara 5113<br>Moon 6 - Phase 11<br>Ashtami  |
|   | Retreat Star<br>Creative Work Amrita Yoga<br>Until 10:14AM then Siddha Yoga<br>Until 8:07PM then Marana Yoga |         | <b>Gulika</b> 6:26AM – 8:29AM<br><b>Yama</b> 4:41PM – 6:44PM<br><b>Rahu</b> 10:32AM – 12:35PM  | <b>Hasta</b> Until 10:14AM<br>Parigha* Until 7:13AM<br>Visti Until 7:33AM<br><b>Ashtami*</b> Until 6:38PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:23AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:47PM<br><b>Nataraja:</b> Purple<br>Moon – Green<br><b>Ashada-Ani</b> |

|   |   |              |  |  |  |
|---|---|--------------|--|--|--|
|  | <b>Saturday, July 9, 2011</b>                             |              | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau |  | Hamm, Germany  |
|   | Tula Rasi: 5.03   | Tithi 9 – 10 | 462776151  |  | Sun 23 Sutra 88<br>Khara 5113<br>Moon 6 - Phase 11<br>Navami   |
|   | Routine Work Marana Yoga<br>Until 8:46AM then Siddha Yoga |              | <b>Gulika</b> 4:24AM – 6:27AM<br><b>Yama</b> 2:38PM – 4:40PM<br><b>Rahu</b> 8:29AM – 10:32AM   | <b>Chitra</b> Until 8:46AM<br>Siddha Until 1:40AM Sun<br>Taitila Until 3:26AM Sun<br><b>Navami*</b> Until 4:21PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:24AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:46PM<br><b>Nataraja:</b> Purple<br>Moon – Green<br><b>Ashada-Ani</b> |


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

|                               |                              |   |                                |   |               |                               |
|-------------------------------|------------------------------|---|--------------------------------|---|---------------|-------------------------------|
| <b>1</b>                      | <b>Sunday, July 10, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau |                                |   |               | Hamm, Germany                 |
|                               |                              |   |                                |   | <b>Sun 24</b> | <b>Sutra 89</b><br>Khara 5113 |
| Tula Rasi: 19.1               | Tithi 10 – 11                |   |                                |   |               | Moon 6 - Phase 12             |
|                               | 462776151                    | <b>Gulika</b> 4:40PM – 6:43PM   | <b>Svati Until 7:26AM</b>      | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:25AM |               | 4th Phase                     |
| Creative Work Siddha Yoga     |                              | <b>Yama</b> 12:35PM – 2:38PM  | <b>Sadhya Until 10:53PM</b>    | <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:45PM   |               |                               |
| Until 7:26AM then Marana Yoga |                              | <b>Rahu</b> 6:43PM – 8:45PM   | <b>Vanija Until 1:18AM Mon</b> | <b>Nataraja:</b> Purple                       |               |                               |
|                               |                              |   | <b>Dasami Until 2:13PM</b>     | <b>Ashada•Ani</b>                             |               | <b>Sivaloka Day</b>           |

|                               |                              |  |                              |   |               |                               |
|-------------------------------|------------------------------|--|------------------------------|---|---------------|-------------------------------|
| <b>2</b>                      | <b>Monday, July 11, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau |                              |   |               | Hamm, Germany                 |
|                               |                              |  |                              |   | <b>Sun 25</b> | <b>Sutra 90</b><br>Khara 5113 |
| Vrischika Rasi: 3.11          | Tithi 11 – 12                |  |                              |   |               | Moon 6 - Phase 12             |
| <b>Family Home Evening</b>    | 472876151                    | <b>Gulika</b> 2:38PM – 4:40PM  | <b>Visakha Until 6:16AM</b>  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:26AM |               | 4th Phase                     |
| Routine Work Marana Yoga      |                              | <b>Yama</b> 10:33AM – 12:35PM  | <b>Subha Until 8:17PM</b>    | <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:44PM   |               |                               |
| Until 6:16AM then Siddha Yoga |                              | <b>Rahu</b> 6:28AM – 8:31AM  | <b>Bava Until 11:20PM</b>    | <b>Nataraja:</b> Purple                       |               |                               |
|                               |                              |  | <b>Ekadasi Until 12:16PM</b> | <b>Ashada•Ani</b>                             |               | <b>Sivaloka Day</b>           |

|                                   |                               |  |                                   |   |               |                               |
|-----------------------------------|-------------------------------|--|-----------------------------------|---|---------------|-------------------------------|
| <b>3</b>                          | <b>Tuesday, July 12, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau |                                   |   |               | Hamm, Germany                 |
|                                   |                               |  |                                   |   | <b>Sun 26</b> | <b>Sutra 91</b><br>Khara 5113 |
| Vrischika Rasi: 17.04             | Tithi 12 – 13                 |  |                                   |   |               | Moon 6 - Phase 12             |
|                                   | 472876151                     | <b>Gulika</b> 12:35PM – 2:37PM   | <b>Jyeshtha* Until 4:11AM Wed</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:27AM |               | 4th Phase                     |
| Creative Work Siddha Yoga         |                               | <b>Yama</b> 8:31AM – 10:33AM   | <b>Sukla Until 5:53PM</b>         | <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:44PM   |               |                               |
| Until 4:11AM Wed then Marana Yoga |                               | <b>Rahu</b> 4:40PM – 6:42PM  | <b>Kaulava Until 9:38PM</b>       | <b>Nataraja:</b> Purple                       |               |                               |
|                                   |                               |  | <b>Dvadasi Until 10:33AM</b>      | <b>Ashada•Ani</b>                             |               | <b>Sivaloka Day</b>           |
|                                   |                               |  | <i>Pradosha Vrata</i>             |   |               |                               |

|                               |                                 |   |                               |  |               |                               |
|-------------------------------|---------------------------------|---|-------------------------------|--|---------------|-------------------------------|
| <b>4</b>                      | <b>Wednesday, July 13, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau |                               |  |               | Hamm, Germany                 |
|                               |                                 |   |                               |  | <b>Sun 27</b> | <b>Sutra 92</b><br>Khara 5113 |
| Dhanus Rasi: 0.46             | Tithi 13 – 14                   |   |                               |  |               | Moon 6 - Phase 12             |
|                               | 482876151                       | <b>Gulika</b> 10:34AM – 12:35PM   | <b>Mula* Until 3:32AM Thu</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 4:28AM |               | 4th Phase                     |
| Routine Work Marana Yoga      |                                 | <b>Yama</b> 6:30AM – 8:32AM   | <b>Brahma Until 4:26PM</b>    | <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:43PM  |               |                               |
| Until 8:08PM then Siddha Yoga |                                 | <b>Rahu</b> 12:35PM – 2:37PM  | <b>Gara Until 8:14PM</b>      | <b>Nataraja:</b> Purple                      |               |                               |
|                               |                                 |   | <b>Trayodasi Until 9:09AM</b> | <b>Ashada•Ani</b>                            |               | <b>Subha Sivaloka Day</b>     |

|   |                                |   |                                      |  |                 |                           |
|---|--------------------------------|---|--------------------------------------|--|-----------------|---------------------------|
|  | <b>Thursday, July 14, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau |                                      |  |                 | Hamm, Germany             |
|   | <b>Copper Retreat Star</b>     |   |                                      |  | <b>Sutra 93</b> | Khara 5113                |
| Dhanus Rasi: 14.17  | Tithi 14 – 15                  |   |                                      |  |                 | Moon 6 - Phase 12         |
|   | 482876151                      | <b>Gulika</b> 8:32AM – 10:34AM  | <b>Purvashadha* Until 4:52AM Fri</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 4:29AM |                 | Purnima                   |
| Creative Work Siddha Yoga   |                                | <b>Yama</b> 4:29AM – 6:31AM   | <b>Indra Until 2:30PM</b>            | <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:42PM  |                 |                           |
|   |                                | <b>Rahu</b> 2:37PM – 4:39PM   | <b>Visti Until 8:18PM</b>            | <b>Nataraja:</b> Purple                      |                 |                           |
|   |                                | <b>Satguru Purnima</b>  | <b>Chaturdasi* Until 8:18AM</b>      | <b>Ashada•Ani</b>                            |                 | <b>Subha Sivaloka Day</b> |

|                                   |                              |  |                                      |  |                 |                           |
|-----------------------------------|------------------------------|--|--------------------------------------|--|-----------------|---------------------------|
| <b>5</b>                          | <b>Friday, July 15, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau |                                      |  |                 | Hamm, Germany             |
|                                   | <b>Silver Retreat Star</b>   |  |                                      |  | <b>Sutra 94</b> | Khara 5113                |
| Dhanus Rasi: 27.33                | Tithi 15 – 16                |  |                                      |  |                 | Moon 6 - Phase 12         |
|                                   | 482876151                    | <b>Gulika</b> 6:32AM – 8:33AM  | <b>Uttarashadha Until 4:59AM Sat</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 4:30AM |                 | Prathama                  |
| Creative Work Siddha Yoga         |                              | <b>Yama</b> 4:38PM – 6:40PM  | <b>Vaidhriti* Until 12:58PM</b>      | <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:41PM  |                 |                           |
| Until 8:08PM then no yoga         |                              | <b>Rahu</b> 10:34AM – 12:36PM  | <b>Balava Until 7:39PM</b>           | <b>Nataraja:</b> Purple                      |                 |                           |
| Until 4:59AM Sat then Siddha Yoga |                              |  | <b>Purnima* Until 7:39AM</b>         | <b>Ashada•Ani</b>                            |                 | <b>Subha Sivaloka Day</b> |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



**Saturday, July 16, 2011**  
**Gold Retreat Star**

Makara Rasi: 10.35    Tithi 16 – 17  
492876151  
Creative Work    Siddha Yoga  
Until 8.08PM then Amrita Yoga  
Until 5:33AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Vishkambha\* Priti Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    4:32AM – 6:33AM    **Sravana Until 5:33AM Sun**  
**Yama**       2:37PM – 4:38PM    **Vishkambha\* Until 11:52AM**  
**Rahu**       8:34AM – 10:35AM    **Taitila Until 7:31PM**  
**Prathama\* Until 7:31AM**

**Ganesha:** Clear    *Sunrise:* 4:32AM  
**Muruqa:** Yellow    *Sunset:* 8:40PM  
**Nataraja:** Purple  
Moon – Purple  
**Ashada-Adi**

Hamm, Germany  
**Sutra 95**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Sivaloka Day**

**1**

**Sunday, July 17, 2011**

Makara Rasi: 23.2    Tithi 17 – 18  
492876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    4:37PM – 6:38PM    **Dhanishtha Until 7:38AM Mon**  
**Yama**       12:36PM – 2:37PM    **Priti Until 11:36AM**  
**Rahu**       6:38PM – 8:39PM    **Vanija Until 7:54PM**  
**Dvitiya Until 7:54AM**

**Ganesha:** Clear    *Sunrise:* 4:33AM  
**Muruqa:** Yellow    *Sunset:* 8:39PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Hamm, Germany  
**Sun 1    Sutra 96**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**2**

**Monday, July 18, 2011**

Kumbha Rasi: 5.51    Tithi 18 – 19  
492876152  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 8.08PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    2:36PM – 4:37PM    **Dhanishtha Until 7:38AM**  
**Yama**       10:35AM – 12:36PM    **Ayushman Until 11:22AM**  
**Rahu**       6:35AM – 8:35AM    **Bava Until 10:08PM**  
**Tritiya Until 9:02AM**

**Ganesha:** Clear    *Sunrise:* 4:34AM  
**Muruqa:** Yellow    *Sunset:* 8:38PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Hamm, Germany  
**Sun 2    Sutra 97**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**3**

**Tuesday, July 19, 2011**

Kumbha Rasi: 18.08    Tithi 19 – 20  
492876152  
Routine Work    Marana Yoga  
Until 8.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    12:36PM – 2:36PM    **Satabhisha Until 9:43AM**  
**Yama**       8:36AM – 10:36AM    **Saubhagya Until 11:31AM**  
**Rahu**       4:36PM – 6:36PM    **Kaulava Until 11:34PM**  
**Chaturthi\* Until 10:29AM**

**Ganesha:** Clear    *Sunrise:* 4:35AM  
**Muruqa:** Yellow    *Sunset:* 8:37PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Hamm, Germany  
**Sun 3    Sutra 98**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**4**

**Wednesday, July 20, 2011**

Meena Rasi: 0.15    Tithi 20 – 21  
412876152  
Creative Work    Amrita Yoga  
Until 12:09PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    10:36AM – 12:36PM    **Purvaprostapada\* Until 12:09PM**  
**Yama**       6:36AM – 8:36AM    **Sobhana Until 12:01PM**  
**Rahu**       12:36PM – 2:36PM    **Gara Until 1:25AM Thu**  
**Panchami Until 12:19PM**

**Ganesha:** Yellow    *Sunrise:* 4:37AM  
**Muruqa:** Yellow    *Sunset:* 8:35PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Hamm, Germany  
**Sun 4    Sutra 99**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**5**

**Thursday, July 21, 2011**

Meena Rasi: 12.14    Tithi 21 – 22  
412876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Ahiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    8:37AM – 10:37AM    **Uttaraprostapada Until 2:52PM**  
**Yama**       4:38AM – 6:37AM    **Ahiganda\* Until 12:46PM**  
**Rahu**       2:36PM – 4:35PM    **Visti Until 3:33AM Fri**  
**Shasthi\* Until 2:27PM**

**Ganesha:** Yellow    *Sunrise:* 4:38AM  
**Muruqa:** Yellow    *Sunset:* 8:34PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Hamm, Germany  
**Sun 5    Sutra 100**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**6**

**Friday, July 22, 2011**

Meena Rasi: 24.08    Tithi 22 – 23  
413876152  
Creative Work    Siddha Yoga  
Until 5.44PM then Amrita Yoga  
Until 8.09PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    6:38AM – 8:38AM    **Revati Until 5:44PM**  
**Yama**       4:35PM – 6:34PM    **Sukarma Until 1:38PM**  
**Rahu**       10:37AM – 12:36PM    **Balava Until 5:50AM Sat**  
**Saptami Until 4:45PM**

**Ganesha:** White    *Sunrise:* 4:39AM  
**Muruqa:** Yellow    *Sunset:* 8:33PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Hamm, Germany  
**Sun 6    Sutra 101**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Saturday, July 23, 2011**  
**Retreat Star**

Mesha Rasi: 6.02    Tithi 23  
423876152  
Creative Work    Siddha Yoga  
Until 8:37PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Asvini Nakshatra Dhriti/Shula\* Yoga Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    4:41AM – 6:39AM    **Asvini Until 8:37PM**  
**Yama**       2:35PM – 4:34PM    **Dhriti Until 2:32PM**  
**Rahu**       8:38AM – 10:37AM    **Kaulava Until 8:09AM Sun**  
**Ashtami\* Until 7:04PM**

**Ganesha:** Yellow    *Sunrise:* 4:41AM  
**Muruqa:** Yellow    *Sunset:* 8:32PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Hamm, Germany  
**Sun 7    Sutra 102**  
Khara 5113  
Moon 7 - Phase 13  
Ashtami  
**Devaloka Day**

**Sunday, July 24, 2011**

**Retreat Star**

Mesha Rasi: 17.59    Tithi 24  
423876152  
No Yoga  
Until 8.09PM then Siddha Yoga  
Until 11:21PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    4:33PM – 6:32PM    **Bharani Until 11:21PM**  
**Yama**       12:36PM – 2:35PM    **Shula\* Until 3:18PM**  
**Rahu**       6:32PM – 8:30PM    **Taitila Until 8:09AM**  
**Navami\* Until 9:14PM**

**Ganesha:** Yellow    *Sunrise:* 4:42AM  
**Muruqa:** Yellow    *Sunset:* 8:30PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Hamm, Germany  
**Sun 8    Sutra 103**  
Khara 5113  
Moon 7 - Phase 13  
Navami  
**Devaloka Day**

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418


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| <b>1</b>   | <b>Monday, July 25, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dasami Yam Titau |   |  |   | Hamm, Germany   |
|  | 423876152                    | <b>Gulika</b> 2:34PM – 4:33PM<br><b>Yama</b> 10:38AM – 12:36PM<br><b>Rahu</b> 6:42AM – 8:40AM   | <b>Krittika Until 1:49AM Tue</b><br>Ganda* Until 3:49PM<br>Vanija Until 10:00AM<br>Dasami Until 11:06PM | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon – White<br><b>Ashada*Adi</b> | <b>Sunrise:</b> 4:43AM<br><b>Sunset:</b> 8:29PM | <b>Sun 9 Sutra 104</b><br>Khara 5113<br>Moon 7 - Phase 14<br>2nd Phase<br><b>Devaloka Day</b> |
| Vishabha Rasi: 0.05    Tilthi 25<br>Family Home Evening<br>No Yoga<br>Until 8.09PM then Siddha Yoga<br>Until 1:49AM Tue then Amrita Yoga |                              |   |   |  |   |   |


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| <b>2</b>   | <b>Tuesday, July 26, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau |  |   |   | Hamm, Germany  |
|  | 433876152                     | <b>Gulika</b> 12:36PM – 2:34PM<br><b>Yama</b> 8:40AM – 10:38AM<br><b>Rahu</b> 4:32PM – 6:30PM   | <b>Rohini Until 2:09AM Wed</b><br>Vriddhi Until 3:12PM<br>Bava Until 10:55AM<br>Ekadasi* Until 10:55PM | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Ashada*Adi</b> | <b>Sunrise:</b> 4:45AM<br><b>Sunset:</b> 8:28PM | <b>Sun 10 Sutra 105</b><br>Khara 5113<br>Moon 7 - Phase 14<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Vishabha Rasi: 12.25    Tilthi 26<br>Creative Work    Amrita Yoga<br>Until 8.09PM then Siddha Yoga |                               |   |  |   |   |  |

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| <b>3</b>   | <b>Wednesday, July 27, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau |   |   |   | Hamm, Germany  |
|  | 433876152                       | <b>Gulika</b> 10:39AM – 12:36PM<br><b>Yama</b> 6:44AM – 8:41AM<br><b>Rahu</b> 12:36PM – 2:34PM   | <b>Mrigasira Until 3:26AM Thu</b><br>Dhruva Until 2:45PM<br>Kaulava Until 11:34AM<br>Dvadasi* Until 11:34PM | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Ashada*Adi</b> | <b>Sunrise:</b> 4:46AM<br><b>Sunset:</b> 8:26PM | <b>Sun 11 Sutra 106</b><br>Khara 5113<br>Moon 7 - Phase 14<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Vishabha Rasi: 25.04    Tilthi 27<br>Creative Work    Siddha Yoga<br>Until 8.09PM then Marana Yoga |                                 |  |   |   |   |  |

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| <b>4</b>  | <b>Thursday, July 28, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau |  |   |   | Hamm, Germany  |
|   | 433876152                      | <b>Gulika</b> 8:42AM – 10:39AM<br><b>Yama</b> 4:48AM – 6:45AM<br><b>Rahu</b> 2:33PM – 4:30PM  | <b>Ardra Until 4:03AM Fri</b><br>Vyaghata* Until 1:42PM<br>Gara Until 11:29AM<br>Trayodasi* Until 11:29PM<br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Ashada*Adi</b> | <b>Sunrise:</b> 4:48AM<br><b>Sunset:</b> 8:25PM | <b>Sun 12 Sutra 107</b><br>Khara 5113<br>Moon 7 - Phase 14<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Mithuna Rasi: 8.03    Tilthi 28<br>Routine Work    Marana Yoga<br>Until 8.09PM then Siddha Yoga |                                |   |  |   |   |  |

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| <b>5</b>   | <b>Friday, July 29, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau |  |   |   | Hamm, Germany  |
|  | 443876152                    | <b>Gulika</b> 6:46AM – 8:43AM<br><b>Yama</b> 4:30PM – 6:26PM<br><b>Rahu</b> 10:39AM – 12:36PM   | <b>Punarvasu Until 2:23AM Sat</b><br>Harshana Until 11:33AM<br>Visti Until 10:15AM<br>Chaturdasi* Until 9:20PM | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Ashada*Adi</b> | <b>Sunrise:</b> 4:49AM<br><b>Sunset:</b> 8:23PM | <b>Sun 13 Sutra 108</b><br>Khara 5113<br>Moon 7 - Phase 14<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Mithuna Rasi: 21.27    Tilthi 29<br>Creative Work    Siddha Yoga<br>Until 8.09PM then Marana Yoga<br>Until 2:23AM Sat then Siddha Yoga |                              |   |  |   |   |  |

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|  | <b>Saturday, July 30, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantla Vasara Yuktayam<br>Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau |   |   |   | Hamm, Germany   |
|   | 443876152                      | <b>Gulika</b> 4:50AM – 6:47AM<br><b>Yama</b> 2:32PM – 4:29PM<br><b>Rahu</b> 8:43AM – 10:40AM  | <b>Pushya Until 1:37AM Sun</b><br>Vajra* Until 9:19AM<br>Catuspada Until 8:44AM<br>Amavasya* Until 7:48PM | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Ashada*Adi</b> | <b>Sunrise:</b> 4:50AM<br><b>Sunset:</b> 8:22PM | <b>Sun 14 Sutra 109</b><br>Khara 5113<br>Moon 7 - Phase 14<br>Amavasya<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Kataka Rasi: 5.14    Tilthi 30<br>Creative Work    Siddha Yoga                      |                                |   |   |   |   |   |

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|  | <b>Sunday, July 31, 2011</b> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Aslesha* Nakshatra Siddhi/Vyatipala* Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau |  |  |   | Hamm, Germany   |
|   | 443876152                    | <b>Gulika</b> 4:28PM – 6:24PM<br><b>Yama</b> 12:36PM – 2:32PM<br><b>Rahu</b> 6:24PM – 8:20PM  | <b>Aslesha* Until 12:15AM Mon</b><br>Siddhi Until 6:31AM<br>Kintughna Until 6:34AM<br>Prathama* Until 5:39PM | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Yellow<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Sravana*Adi</b> | <b>Sunrise:</b> 4:52AM<br><b>Sunset:</b> 8:20PM | <b>Sun 15 Sutra 110</b><br>Khara 5113<br>Moon 7 - Phase 14<br>Prathama<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Kataka Rasi: 19.21    Tilthi 1 – 2<br>Creative Work    Siddha Yoga                  |                              |   |  |  |   |   |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

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| <b>1</b> | <b>Monday, August 1, 2011</b>   | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau | Hamm, Germany   |  |
|          | Simha Rasi: 3.44      Tithi 2 - 3<br>Family Home Evening      453876152<br>Creative Work      Siddha Yoga | <b>Gulika</b> 2:32PM - 4:27PM<br><b>Yama</b> 10:40AM - 12:36PM<br><b>Rahu</b> 6:49AM - 8:45AM  | <b>Magha* Until 9:21PM</b><br>Variyan Until 11:28PM<br>Taitila Until 12:38AM Tue<br><b>Dvitiya Until 2:21PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 4:53AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:18PM<br><b>Nataraja:</b> Clear<br>Moon - Red<br><b>Sravana-Adi</b> |

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| <b>2</b> | <b>Tuesday, August 2, 2011</b>  | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | Hamm, Germany  |  |
|          | Simha Rasi: 18.17      Tithi 3 - 4<br>Creative Work      Siddha Yoga<br>Until 7:24PM then Amrita Yoga | <b>Gulika</b> 12:36PM - 2:31PM<br><b>Yama</b> 8:45AM - 10:41AM<br><b>Rahu</b> 4:26PM - 6:22PM   | <b>Purvaphalguni* Until 7:24PM</b><br>Parigha* Until 8:12PM<br>Vanija Until 9:54PM<br><b>Tritiya Until 11:37AM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 4:55AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:17PM<br><b>Nataraja:</b> Clear<br>Moon - Red<br><b>Sravana-Adi</b> |

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| <b>3</b> | <b>Wednesday, August 3, 2011</b>  | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Vistil*/Bava Karana Chaturthi*/Panchami Yam Titau | Hamm, Germany   |  |
|          | Kanya Rasi: 2.53      Tithi 4 - 5<br>Creative Work      Amrita Yoga<br>Until 5:22PM then Siddha Yoga<br>Until 8:08PM then no yoga | <b>Gulika</b> 10:41AM - 12:36PM<br><b>Yama</b> 6:51AM - 8:46AM<br><b>Rahu</b> 12:36PM - 2:31PM  | <b>Uttaraphalguni Until 5:22PM</b><br>Shiva Until 5:36PM<br>Bava Until 7:06PM<br><b>Chaturthi* Until 8:49AM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 4:56AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:15PM<br><b>Nataraja:</b> Clear<br>Moon - Red<br><b>Sravana-Adi</b> |

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| <b>4</b> | <b>Thursday, August 4, 2011</b>  | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Panchami/Shashti* Yam Titau | Hamm, Germany  |  |
|          | Kanya Rasi: 17.26      Tithi 5 - 6<br>No Yoga<br>Until 4:07PM then Siddha Yoga | <b>Gulika</b> 8:47AM - 10:41AM<br><b>Yama</b> 4:58AM - 6:52AM<br><b>Rahu</b> 2:30PM - 4:25PM  | <b>Hasta Until 4:07PM</b><br>Siddha Until 2:08PM<br>Taitila Until 4:15AM Fri<br><b>Panchami Until 6:06AM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:58AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:13PM<br><b>Nataraja:</b> Clear<br>Moon - Green<br><b>Sravana-Adi</b> |

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| <b>5</b> | <b>Friday, August 5, 2011</b>                                 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau | Hamm, Germany  |  |
|          | Tula Rasi: 1.5      Tithi 7<br>Creative Work      Siddha Yoga | <b>Gulika</b> 6:54AM - 8:48AM<br><b>Yama</b> 4:24PM - 6:18PM<br><b>Rahu</b> 10:42AM - 12:36PM  | <b>Chitra Until 2:17PM</b><br>Sadhya Until 10:53AM<br>Gara Until 2:31PM<br><b>Saptami Until 1:36AM Sat</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:00AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:12PM<br><b>Nataraja:</b> Clear<br>Moon - Green<br><b>Sravana-Adi</b> |

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| <b>D</b> | <b>Saturday, August 6, 2011</b>   | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam<br>Svati/Visakha Nakshatra Subha/Sukla Yoga Vistil*/Bava Karana Ashtami* Yam Titau | Hamm, Germany   |  |
|          | <b>Retreat Star</b><br>Tula Rasi: 16.02      Tithi 8<br>Creative Work      Siddha Yoga<br>Until 8:08PM then Marana Yoga | <b>Gulika</b> 5:01AM - 6:55AM<br><b>Yama</b> 2:29PM - 4:23PM<br><b>Rahu</b> 8:48AM - 10:42AM  | <b>Svati Until 12:48PM</b><br>Subha Until 7:58AM<br>Vistil Until 12:13PM<br><b>Ashtami* Until 11:18PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:01AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:10PM<br><b>Nataraja:</b> Clear<br>Moon - Green<br><b>Sravana-Adi</b> |

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| <b>D</b> | <b>Sunday, August 7, 2011</b>  | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau | Hamm, Germany  |  |
|          | <b>Retreat Star</b><br>Vrischika Rasi: 0.01      Tithi 9<br>Routine Work      Marana Yoga<br>Until 8:08PM then Siddha Yoga | <b>Gulika</b> 4:22PM - 6:15PM<br><b>Yama</b> 12:35PM - 2:29PM<br><b>Rahu</b> 6:15PM - 8:08PM  | <b>Visakha Until 11:42AM</b><br>Brahma Until 2:44AM Mon<br>Balava Until 10:20AM<br><b>Navami* Until 9:25PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:03AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:08PM<br><b>Nataraja:</b> Clear<br>Moon - Orange<br><b>Sravana-Adi</b> |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

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| <h1 style="font-size: 2em; margin: 0;">1</h1> <p>Monday, August 8, 2011</p> <p>Vrischika Rasi: 13.46    Tilthi 10</p> <p>Family Home Evening    474976152</p> <p>Creative Work    Siddha Yoga</p> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau |   |  | Hamm, Germany<br><b>Sun 23    Sutra 118</b><br>Khara 5113                           |
|   | <b>Gulika</b> 2:28PM – 4:21PM<br><b>Yama</b> 10:42AM – 12:35PM<br><b>Rahu</b> 6:57AM – 8:50AM  | <b>Anuradha Until 10:59AM</b><br>Indra Until 1:52AM Tue<br>Tailila Until 8:53AM<br><b>Dasami Until 7:57PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:04AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:06PM<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Sravana-Adi</b> | Moon 7 - Phase 16<br>4th Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| <h1 style="font-size: 2em; margin: 0;">2</h1> <p>Tuesday, August 9, 2011</p> <p>Vrischika Rasi: 27.17    Tilthi 11</p> <p>474976152</p> <p>Creative Work    Siddha Yoga</p> <p>Until 11:01AM then Amrita Yoga</p> <p>Until 8:08PM then Marana Yoga</p> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau |  |  | Hamm, Germany<br><b>Sun 24    Sutra 119</b><br>Khara 5113                           |
|  | <b>Gulika</b> 12:35PM – 2:27PM<br><b>Yama</b> 8:50AM – 10:43AM<br><b>Rahu</b> 4:20PM – 6:12PM   | <b>Jyeshtha* Until 11:01AM</b><br>Vaidhriti* Until 11:54PM<br>Vanija Until 7:59AM<br><b>Ekadasi Until 7:59PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:06AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:05PM<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Sravana-Adi</b> | Moon 7 - Phase 16<br>4th Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| <h1 style="font-size: 2em; margin: 0;">3</h1> <p>Wednesday, August 10, 2011</p> <p>Dhanus Rasi: 10.35    Tilthi 12</p> <p>484976152</p> <p>Routine Work    Marana Yoga</p> <p>Until 11:03AM then Amrita Yoga</p> <p>Until 8:08PM then Siddha Yoga</p> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau |   |  | Hamm, Germany<br><b>Sun 25    Sutra 120</b><br>Khara 5113 |
|   | <b>Gulika</b> 10:43AM – 12:35PM<br><b>Yama</b> 6:59AM – 8:51AM<br><b>Rahu</b> 12:35PM – 2:27PM  | <b>Mula* Until 11:03AM</b><br>Vishkambha* Until 10:17PM<br>Bava Until 7:17AM<br><b>Dvadasi Until 7:17PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:07AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:03PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Sravana-Adi</b> | Moon 7 - Phase 16<br>4th Phase<br><b>Devaloka Day</b>     |

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| <h1 style="font-size: 2em; margin: 0;">4</h1> <p>Thursday, August 11, 2011</p> <p>Dhanus Rasi: 23.43    Tilthi 13</p> <p>484976152</p> <p>Creative Work    Siddha Yoga</p> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Tailila Karana Trayodasi Yam Titau |   |  | Hamm, Germany<br><b>Sun 26    Sutra 121</b><br>Khara 5113 |
|  | <b>Gulika</b> 8:52AM – 10:43AM<br><b>Yama</b> 5:09AM – 7:00AM<br><b>Rahu</b> 2:26PM – 4:18PM  | <b>Purvashadha* Until 11:28AM</b><br>Priti Until 9:02PM<br>Kaulava Until 6:59AM<br><b>Trayodasi Until 6:59PM</b><br><i>Pradosha Vrata</i> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:09AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 8:01PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Sravana-Adi</b> | Moon 7 - Phase 16<br>4th Phase<br><b>Devaloka Day</b>     |

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| <h1 style="font-size: 2em; margin: 0;">5</h1> <p>Friday, August 12, 2011</p> <p>Makara Rasi: 6.37    Tilthi 14</p> <p>484976152</p> <p>Creative Work    Siddha Yoga</p> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau |  |  | Hamm, Germany<br><b>Sun 27    Sutra 122</b><br>Khara 5113 |
|   | <b>Gulika</b> 7:01AM – 8:53AM<br><b>Yama</b> 4:17PM – 6:08PM<br><b>Rahu</b> 10:44AM – 12:35PM  | <b>Uttarashadha Until 12:14PM</b><br>Ayushman Until 8:06PM<br>Gara Until 7:04AM<br><b>Chaturdasi* Until 7:04PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:10AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:59PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Sravana-Adi</b> | Moon 7 - Phase 16<br>4th Phase<br><b>Devaloka Day</b>     |

|   |   |   |   |   |
|---|---|---|---|---|
| <h1 style="font-size: 2em; margin: 0;">O</h1> <p>Saturday, August 13, 2011</p> <p>Copper Retreat Star</p> <p>Makara Rasi: 19.21    Tilthi 15</p> <p>494976152</p> <p>Creative Work    Siddha Yoga</p> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau |   |   | Hamm, Germany<br><b>Sutra 123</b><br>Khara 5113                                   |
|   | <b>Gulika</b> 5:12AM – 7:03AM<br><b>Yama</b> 2:25PM – 4:16PM<br><b>Rahu</b> 8:53AM – 10:44AM<br><b>Raksha Bandhan</b>   | <b>Sravana Until 1:21PM</b><br>Saubhagya Until 8:32PM<br>Visti Until 7:32AM<br><b>Purnima* Until 7:32PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:12AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:57PM<br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Sravana-Adi</b> | Moon 7 - Phase 16<br>Purnima<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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|--|---|--|---|--|
| <p>Sunday, August 14, 2011</p> <p>Silver Retreat Star</p> <p>Kumbha Rasi: 1.53    Tilthi 16</p> <p>494976152</p> <p>Creative Work    Siddha Yoga</p> | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau |  |   | Hamm, Germany<br><b>Sutra 124</b><br>Khara 5113                                    |
|  | <b>Gulika</b> 4:15PM – 6:05PM<br><b>Yama</b> 12:34PM – 2:25PM<br><b>Rahu</b> 6:05PM – 7:55PM  | <b>Dhanishtha Until 3:34PM</b><br>Sobhana Until 8:14PM<br>Balava Until 8:36AM<br><b>Prathama* Until 9:41PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:14AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:55PM<br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Sravana-Adi</b> | Moon 7 - Phase 16<br>Prathama<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634





**Monday, August 15, 2011**  
**Gold Retreat Star**

Kumbha Rasi: 14.14    Tithi 17  
**Family Home Evening**    494976152  
Creative Work    Siddha Yoga  
Until 5:32PM then no yoga  
Until 8.07PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    2:24PM – 4:14PM    **Satabhisha Until 5:32PM**  
**Yama**    10:44AM – 12:34PM    **Athiganda\* Until 8:16PM**  
**Rahu**    7:05AM – 8:55AM    **Taitila Until 9:55AM**  
**Dvitiya Until 11:01PM**

**Ganesha:** Purple    *Sunrise:* 5:15AM  
**Muruqa:** Yellow    *Sunset:* 7:53PM  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Adi**

Hamm, Germany  
**Sun 1 Sutra 125**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Tuesday, August 16, 2011**

Kumbha Rasi: 26.25    Tithi 18  
414976152  
Routine Work    Marana Yoga  
Until 7:50PM then Amrita Yoga  
Until 8.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    12:34PM – 2:23PM    **Purvaprostapada\* Until 7:50PM**  
**Yama**    8:55AM – 10:45AM    **Sukarma Until 8:37PM**  
**Rahu**    4:13PM – 6:02PM    **Vanija Until 11:37AM**  
**Tritiya Until 12:42AM Wed**

**Ganesha:** White    *Sunrise:* 5:17AM  
**Muruqa:** Yellow    *Sunset:* 7:51PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Adi**

Hamm, Germany  
**Sun 2 Sutra 126**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Wednesday, August 17, 2011**

Meena Rasi: 8.28    Tithi 19  
415976152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    10:45AM – 12:34PM    **Uttaraprostapada Until 10:25PM**  
**Yama**    7:07AM – 8:56AM    **Dhriti Until 9:14PM**  
**Rahu**    12:34PM – 2:23PM    **Bava Until 1:38PM**  
**Chaturthi\* Until 2:43AM Thu**

**Ganesha:** Clear    *Sunrise:* 5:18AM  
**Muruqa:** Yellow    *Sunset:* 7:49PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

Hamm, Germany  
**Sun 3 Sutra 127**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**3**

**Thursday, August 18, 2011**

Meena Rasi: 20.23    Tithi 20  
515976152  
Creative Work    Siddha Yoga  
Until 1:14AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    8:57AM – 10:45AM    **Revati Until 1:14AM Fri**  
**Yama**    5:20AM – 7:08AM    **Shula\* Until 10:03PM**  
**Rahu**    2:22PM – 4:10PM    **Kaulava Until 3:53PM**  
**Panchami Until 4:59AM Fri**

**Ganesha:** Purple    *Sunrise:* 5:20AM  
**Muruqa:** Yellow    *Sunset:* 7:47PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

Hamm, Germany  
**Sun 4 Sutra 128**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**

**4**

**Friday, August 19, 2011**

Mesha Rasi: 2.15    Tithi 21  
525976152  
Creative Work    Amrita Yoga  
Until 8.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini Nakshatra Ganda\* Yoga Gara Karana Shasthi\* Yam Titau  
**Gulika**    7:09AM – 8:57AM    **Asvini Until 4:10AM Sat**  
**Yama**    4:09PM – 5:57PM    **Ganda\* Until 11:00PM**  
**Rahu**    10:45AM – 12:33PM    **Gara Until 6:17PM**  
**Shasthi\* Until 7:37AM Sat**

**Ganesha:** Clear    *Sunrise:* 5:21AM  
**Muruqa:** Yellow    *Sunset:* 7:45PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Hamm, Germany  
**Sun 5 Sutra 129**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**5**

**Saturday, August 20, 2011**

Mesha Rasi: 14.06    Tithi 21 – 22  
525976152  
Creative Work    Siddha Yoga  
Until 8.06PM then no yoga  
Until 7:18AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    5:23AM – 7:10AM    **Bharani Until 7:18AM Sun**  
**Yama**    2:21PM – 4:08PM    **Vriddhi Until 11:57PM**  
**Rahu**    8:58AM – 10:46AM    **Visti Until 8:42PM**  
**Shasthi\* Until 7:37AM**

**Ganesha:** Clear    *Sunrise:* 5:23AM  
**Muruqa:** Yellow    *Sunset:* 7:43PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Hamm, Germany  
**Sun 6 Sutra 130**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**



**Sunday, August 21, 2011**  
**Retreat Star**

Mesha Rasi: 26.01    Tithi 22 – 23  
525976152  
No Yoga  
Until 7:18AM then Siddha Yoga  
Until 8.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    4:07PM – 5:54PM    **Bharani Until 7:18AM**  
**Yama**    12:33PM – 2:20PM    **Dhruva Until 12:47AM Mon**  
**Rahu**    5:54PM – 7:41PM    **Balava Until 10:59PM**  
**Krishna Janmashtami**    **Saptami Until 9:53AM**

**Ganesha:** Clear    *Sunrise:* 5:25AM  
**Muruqa:** Yellow    *Sunset:* 7:41PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Hamm, Germany  
**Sun 7 Sutra 131**  
Khara 5113  
Moon 8 - Phase 17  
Ashtami

**Devaloka Day**

**Monday, August 22, 2011**  
**Retreat Star**

Vrishabha Rasi: 8.05    Tithi 23 – 24  
**Family Home Evening**    525976152  
No Yoga  
Until 9:50AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    2:19PM – 4:06PM    **Krittika Until 9:50AM**  
**Yama**    10:46AM – 12:33PM    **Vyaghata\* Until 1:21AM Tue**  
**Rahu**    7:13AM – 8:59AM    **Taitila Until 12:56AM Tue**  
**Ashtami\* Until 11:51AM**

**Ganesha:** Clear    *Sunrise:* 5:26AM  
**Muruqa:** Yellow    *Sunset:* 7:39PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Hamm, Germany  
**Sun 8 Sutra 132**  
Khara 5113  
Moon 8 - Phase 17  
Navami

**Devaloka Day**


|   |                                 |   |   |
|---|---------------------------------|---|---|
| <b>1</b>  | <b>Tuesday, August 23, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau | Hamm, Germany   |
|   | 535976152                       |   | <b>Sun 9 Sutra 133</b><br>Khara 5113  |
| Wishabha Rasi: 20.23  | Tithi 24 – 25                   | <b>Gulika</b> 12:32PM – 2:18PM<br><b>Yama</b> 9:00AM – 10:46AM<br><b>Rahu</b> 4:05PM – 5:51PM   | <b>Rohini Until 11:26AM</b><br>Harshana Until 12:05AM Wed<br>Vanija Until 12:41AM Wed<br><b>Navami* Until 12:41PM</b> |
| Creative Work Amrita Yoga<br>Until 11:26AM then Siddha Yoga |                                 | <b>Ganesha:</b> White <i>Sunrise:</i> 5:28AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:37PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Sravana*Avani</b>                          | Moon 8 - Phase 18<br>2nd Phase<br><b>Sivaloka Day</b>   |

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|--|-----------------------------------|---|---|
| <b>2</b>   | <b>Wednesday, August 24, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | Hamm, Germany   |
|  | 535976152                         |   | <b>Sun 10 Sutra 134</b><br>Khara 5113   |
| Mithuna Rasi: 3.01   | Tithi 25 – 26                     | <b>Gulika</b> 10:46AM – 12:32PM<br><b>Yama</b> 7:15AM – 9:01AM<br><b>Rahu</b> 12:32PM – 2:18PM  | <b>Mrigasira Until 12:44PM</b><br>Vajra* Until 11:38PM<br>Bava Until 1:20AM Thu<br><b>Dasami Until 1:20PM</b> |
| Creative Work Siddha Yoga<br>Until 8:05PM then Marana Yoga |                                   | <b>Ganesha:</b> White <i>Sunrise:</i> 5:29AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:35PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Sravana*Avani</b>                      | Moon 8 - Phase 18<br>2nd Phase<br><b>Sivaloka Day</b>   |

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|--|----------------------------------|---|---|
| <b>3</b>   | <b>Thursday, August 25, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | Hamm, Germany   |
|  | 535976152                        |   | <b>Sun 11 Sutra 135</b><br>Khara 5113   |
| Mithuna Rasi: 16.04  | Tithi 26 – 27                    | <b>Gulika</b> 9:01AM – 10:47AM<br><b>Yama</b> 5:31AM – 7:16AM<br><b>Rahu</b> 2:17PM – 4:02PM  | <b>Ardra Until 1:16PM</b><br>Siddhi Until 10:29PM<br>Kaulava Until 11:43PM<br><b>Ekadasi* Until 12:38PM</b> |
| Routine Work Marana Yoga<br>Until 1:16PM then Amrita Yoga<br>Until 8:04PM then Siddha Yoga |                                  | <b>Ganesha:</b> White <i>Sunrise:</i> 5:31AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:33PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Sravana*Avani</b>                          | Moon 8 - Phase 18<br>2nd Phase<br><b>Sivaloka Day</b>   |

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| <b>4</b>   | <b>Friday, August 26, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau | Hamm, Germany   |
|  | 546976152                      |   | <b>Sun 12 Sutra 136</b><br>Khara 5113   |
| Mithuna Rasi: 29.34  | Tithi 27 – 28                  | <b>Gulika</b> 7:17AM – 9:02AM<br><b>Yama</b> 4:01PM – 5:46PM<br><b>Rahu</b> 10:47AM – 12:31PM   | <b>Punarvasu Until 12:28PM</b><br>Vyatipata* Until 7:35PM<br>Gara Until 10:44PM<br><b>Dvadasi* Until 11:40AM</b><br><i>Pradosha Vrata (Fasting)</i> |
| Creative Work Siddha Yoga<br>Until 12:28PM then Marana Yoga<br>Until 8:04PM then Siddha Yoga |                                | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:33AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:30PM<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Sravana*Avani</b>                                 | Moon 8 - Phase 18<br>2nd Phase<br><b>Devaloka Day</b>   |

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|--|----------------------------------|--|---|
| <b>5</b>   | <b>Saturday, August 27, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Pushya/Aslesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau | Hamm, Germany   |
|  | 546976152                        |  | <b>Sun 13 Sutra 137</b><br>Khara 5113   |
| Kataka Rasi: 13.31   | Tithi 28 – 29                    | <b>Gulika</b> 5:34AM – 7:18AM<br><b>Yama</b> 2:15PM – 4:00PM<br><b>Rahu</b> 9:03AM – 10:47AM   | <b>Pushya Until 11:24AM</b><br>Variyan Until 5:02PM<br>Visti Until 8:54PM<br><b>Trayodasi* Until 9:50AM</b> |
| Creative Work Siddha Yoga<br>Until 11:24AM then Marana Yoga<br>Until 8:04PM then Siddha Yoga |                                  | <b>Ganesha:</b> White <i>Sunrise:</i> 5:34AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:28PM<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Sravana*Avani</b>   | Moon 8 - Phase 18<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM                         |

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|          | <b>Sunday, August 28, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Naga* Karana Chaturdasi*/Amavasya* Yam Titau | Hamm, Germany   |
|   | 546976152                      |   | <b>Sun 14 Sutra 138</b><br>Khara 5113   |
| Kataka Rasi: 27.54  | Tithi 29 – 30                  | <b>Gulika</b> 3:58PM – 5:42PM<br><b>Yama</b> 12:31PM – 2:15PM<br><b>Rahu</b> 5:42PM – 7:26PM  | <b>Aslesha* Until 9:22AM</b><br>Parigha* Until 1:19PM<br>Naga Until 3:42AM Mon<br><b>Chaturdasi* Until 7:07AM</b> |
| Creative Work Siddha Yoga<br>Until 9:22AM then Marana Yoga<br>Until 8:03PM then Siddha Yoga |                                | <b>Ganesha:</b> White <i>Sunrise:</i> 5:36AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:26PM<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Sravana*Avani</b>  | Moon 8 - Phase 18<br>Amavasya<br><b>Devaloka Day</b>  |

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|---|--------------------------------|--|--|
| <b>Retreat Star</b>                                     | <b>Monday, August 29, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau | Hamm, Germany  |
|   | 556976153                      |  | <b>Sun 15 Sutra 139</b><br>Khara 5113  |
| Simha Rasi: 12.37                                       | Tithi 1                        | <b>Gulika</b> 2:14PM – 3:57PM<br><b>Yama</b> 10:47AM – 12:31PM<br><b>Rahu</b> 7:21AM – 9:04AM  | <b>Magha* Until 7:09AM</b><br>Shiva Until 9:48AM<br>Kintughna Until 2:24PM<br><b>Prathama* Until 12:41AM Tue</b> |
| <b>Family Home Evening</b><br>Creative Work Siddha Yoga |                                | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:37AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:24PM<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Bhadrapada*Avani</b>                             | Moon 8 - Phase 18<br>Prathama<br><b>Devaloka Day</b>   |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

|          |  |   |   |
|----------|--|---|---|
| <b>1</b> | <b>Tuesday, August 30, 2011</b>                                | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau | Hamm, Germany   |
|          | Simha Rasi: 27.33      Tithi 2<br>566176153                    | <b>Gulika</b> 12:30PM – 2:13PM<br><b>Yama</b> 9:05AM – 10:47AM<br><b>Rahu</b> 3:56PM – 5:39PM   | <b>Sun 16 Sutra 140</b><br>Khara 5113<br>Moon 8 - Phase 19<br>3rd Phase   |
|          | Creative Work Amrita Yoga<br>Until 1:55AM Wed then Siddha Yoga | <b>Uttaraphalguni Until 1:55AM Wed</b><br><b>Sadhya Until 1:57AM Wed</b><br><b>Balava Until 11:02AM</b><br><b>Dvitiya Until 9:19PM</b>  | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:39AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:22PM<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Bhadrapada-Avani</b> |
|          |  |   | <b>Devaloka Day</b>   |

|          |  |  |   |
|----------|--|--|---|
| <b>2</b> | <b>Wednesday, August 31, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau | Hamm, Germany   |
|          | Kanya Rasi: 12.32      Tithi 3 – 4<br>566176153  | <b>Gulika</b> 10:48AM – 12:30PM<br><b>Yama</b> 7:23AM – 9:05AM<br><b>Rahu</b> 12:30PM – 2:12PM   | <b>Sun 17 Sutra 141</b><br>Khara 5113<br>Moon 8 - Phase 19<br>3rd Phase   |
|          | Creative Work Siddha Yoga<br>Until 8:03PM then no yoga<br>Until 11:16PM then Siddha Yoga | <b>Hasta Until 11:16PM</b><br><b>Subha Until 10:00PM</b><br><b>Taitila Until 7:33AM</b><br><b>Tritiya Until 5:50PM</b>   | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:19PM<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Bhadrapada-Avani</b> |
|          |  |  | <b>Devaloka Day</b>   |

|          |   |  |   |
|----------|---|--|---|
| <b>3</b> | <b>Thursday, September 1, 2011</b>              | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | Hamm, Germany   |
|          | Kanya Rasi: 27.27      Tithi 4 – 5<br>566176153 | <b>Gulika</b> 9:06AM – 10:48AM<br><b>Yama</b> 5:42AM – 7:24AM<br><b>Rahu</b> 2:12PM – 3:53PM   | <b>Sun 18 Sutra 142</b><br>Khara 5113<br>Moon 8 - Phase 19<br>3rd Phase   |
|          | Creative Work Siddha Yoga                       | <b>Chitra Until 8:44PM</b><br><b>Sukla Until 6:11PM</b><br><b>Bava Until 12:48AM Fri</b><br><b>Chaturthi* Until 2:31PM</b>   | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:42AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:17PM<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Bhadrapada-Avani</b> |
|          |   | <b>Ganesha Chaturthi</b>   | <b>Devaloka Day</b>   |

|          |   |  |   |
|----------|---|--|---|
| <b>4</b> | <b>Friday, September 2, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | Hamm, Germany   |
|          | Tula Rasi: 12.09      Tithi 5 – 6<br>566176153  | <b>Gulika</b> 7:25AM – 9:06AM<br><b>Yama</b> 3:52PM – 5:34PM<br><b>Rahu</b> 10:48AM – 12:29PM  | <b>Sun 19 Sutra 143</b><br>Khara 5113<br>Moon 8 - Phase 19<br>3rd Phase   |
|          | Creative Work Siddha Yoga<br>Until 7:27PM then Marana Yoga<br>Until 8:02PM then Siddha Yoga | <b>Svati Until 7:27PM</b><br><b>Brahma Until 3:16PM</b><br><b>Kaulava Until 11:03PM</b><br><b>Panchami Until 11:58AM</b>   | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:44AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:15PM<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Bhadrapada-Avani</b> |
|          |   |  | <b>Devaloka Day</b>   |

|          |  |  |  |
|----------|--|--|--|
| <b>5</b> | <b>Saturday, September 3, 2011</b>                         | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau | Hamm, Germany  |
|          | Tula Rasi: 26.33      Tithi 6 – 7<br>577176153             | <b>Gulika</b> 5:45AM – 7:26AM<br><b>Yama</b> 2:10PM – 3:51PM<br><b>Rahu</b> 9:07AM – 10:48AM   | <b>Sun 20 Sutra 144</b><br>Khara 5113<br>Moon 8 - Phase 19<br>3rd Phase  |
|          | Creative Work Siddha Yoga<br>Until 8:02PM then Marana Yoga | <b>Visakha Until 5:38PM</b><br><b>Indra Until 12:01PM</b><br><b>Gara Until 8:25PM</b><br><b>Shasthi* Until 9:20AM</b>  | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:45AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:13PM<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Bhadrapada-Avani</b> |
|          |  |  | <b>Subha Sivaloka Day</b>  |

|          |  |   |  |
|----------|--|---|--|
| <b>D</b> | <b>Sunday, September 4, 2011</b>   | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | Hamm, Germany  |
|          | <b>Retreat Star</b><br>Vrischika Rasi: 10.35      Tithi 7 – 8<br>577176153 | <b>Gulika</b> 3:50PM – 5:30PM<br><b>Yama</b> 12:29PM – 2:09PM<br><b>Rahu</b> 5:30PM – 7:11PM  | <b>Sun 21 Sutra 145</b><br>Khara 5113<br>Moon 8 - Phase 19<br>Ashtami  |
|          | Routine Work Marana Yoga<br>Until 8:01PM then Siddha Yoga                  | <b>Anuradha Until 4:25PM</b><br><b>Vaidhriti* Until 9:20AM</b><br><b>Visti Until 6:26PM</b><br><b>Saptami Until 7:21AM</b>  | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:47AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:11PM<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Bhadrapada-Avani</b> |
|          |  |   | <b>Subha Sivaloka Day</b>  |

|          |   |   |  |
|----------|---|---|--|
| <b>D</b> | <b>Monday, September 5, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Ashtami*/Navami* Yam Titau | Hamm, Germany  |
|          | <b>Retreat Star</b><br>Vrischika Rasi: 24.16      Tithi 8 – 9<br><b>Family Home Evening</b> 577176153 | <b>Gulika</b> 2:08PM – 3:48PM<br><b>Yama</b> 10:48AM – 12:28PM<br><b>Rahu</b> 7:28AM – 9:08AM   | <b>Sun 22 Sutra 146</b><br>Khara 5113<br>Moon 8 - Phase 19<br>Navami   |
|          | Creative Work Siddha Yoga<br>Until 8:01PM then Amrita Yoga  | <b>Jyeshtha* Until 4:34PM</b><br><b>Vishkambha* Until 7:19AM</b><br><b>Kaulava Until 6:02PM</b><br><b>Ashtami* Until 6:02AM</b>   | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:48AM<br><b>Muruqa:</b> Yellow <i>Sunset:</i> 7:08PM<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Bhadrapada-Avani</b> |
|          |   |   | <b>Subha Sivaloka Day</b>  |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Munda 1.1.7. bo UpR, 673

|                               |                                   |  |   |
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| <b>1</b>                      | <b>Tuesday, September 6, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau | Hamm, Germany                                 |
|                               | <b>Sun 23</b>                     | <b>Sutra 147</b>   | Khara 5113                                    |
| Dhanus Rasi: 7.37             | Tithi 10                          |  |   |
|                               | 587176153                         |  |   |
| Creative Work                 | Amrita Yoga                       |  |   |
| Until 4:33PM then Siddha Yoga |                                   |  |   |
| Until 8.01PM then Amrita Yoga |                                   |  |   |
| <b>Gulika</b>                 | <b>12:28PM – 2:08PM</b>           | <b>Mula* Until 4:33PM</b>  | <b>Ganesha: Yellow</b> <i>Sunrise: 5:50AM</i> |
| <b>Yama</b>                   | <b>9:09AM – 10:48AM</b>           | <b>Ayushman Until 4:29AM Wed</b>   | <b>Muruqa: Yellow</b> <i>Sunset: 7:06PM</i>   |
| <b>Rahu</b>                   | <b>3:47PM – 5:27PM</b>            | <b>Taitila Until 5:17PM</b>  | <b>Nataraja: White</b>                        |
|                               |                                   | <b>Dasami Until 5:17AM Wed</b>   | <b>Moon – Light Blue</b>                      |
|                               |                                   |  | <b>Bhadrapada*Avani</b>                       |
|                               |                                   |  | <b>Sivaloka Day</b>                           |

|                               |                                     |  |   |
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| <b>2</b>                      | <b>Wednesday, September 7, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau | Hamm, Germany                                 |
|                               | <b>Sun 24</b>                       | <b>Sutra 148</b>   | Khara 5113                                    |
| Dhanus Rasi: 20.41            | Tithi 11                            |  |   |
|                               | 587176153                           |  |   |
| Creative Work                 | Amrita Yoga                         |  |   |
| Until 8.00PM then Siddha Yoga |                                     |  |   |
| <b>Gulika</b>                 | <b>10:49AM – 12:28PM</b>            | <b>Purvashadha* Until 5:04PM</b>   | <b>Ganesha: Yellow</b> <i>Sunrise: 5:52AM</i> |
| <b>Yama</b>                   | <b>7:31AM – 9:10AM</b>              | <b>Saubhagya Until 3:18AM Thu</b>  | <b>Muruqa: Yellow</b> <i>Sunset: 7:04PM</i>   |
| <b>Rahu</b>                   | <b>12:28PM – 2:07PM</b>             | <b>Vanija Until 5:07PM</b>   | <b>Nataraja: White</b>                        |
|                               |                                     | <b>Ekadasi Until 5:07AM Thu</b>  | <b>Moon – Light Blue</b>                      |
|                               |                                     |  | <b>Bhadrapada*Avani</b>                       |
|                               |                                     |  | <b>Sivaloka Day</b>                           |

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| <b>3</b>          | <b>Thursday, September 8, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau | Hamm, Germany                                 |
|                   | <b>Sun 25</b>                      | <b>Sutra 149</b>   | Khara 5113                                    |
| Makara Rasi: 3.29 | Tithi 12                           |  |   |
|                   | 587176153                          |  |   |
| Creative Work     | Siddha Yoga                        |  |   |
| <b>Gulika</b>     | <b>9:10AM – 10:49AM</b>            | <b>Uttarashadha Until 6:01PM</b>   | <b>Ganesha: Yellow</b> <i>Sunrise: 5:53AM</i> |
| <b>Yama</b>       | <b>5:53AM – 7:32AM</b>             | <b>Sobhana Until 2:32AM Fri</b>  | <b>Muruqa: Yellow</b> <i>Sunset: 7:02PM</i>   |
| <b>Rahu</b>       | <b>2:06PM – 3:44PM</b>             | <b>Bava Until 5:26PM</b>   | <b>Nataraja: White</b>                        |
|                   |                                    | <b>Dvadasi Until 6:10AM Fri</b>  | <b>Moon – Light Blue</b>                      |
|                   |                                    |  | <b>Bhadrapada*Avani</b>                       |
|                   |                                    |  | <b>Sivaloka Day</b>                           |

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| <b>4</b>           | <b>Friday, September 9, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | Hamm, Germany                                |
|                    | <b>Sun 26</b>                    | <b>Sutra 150</b>   | Khara 5113                                   |
| Makara Rasi: 16.06 | Tithi 12 – 13                    |  |  |
|                    | 597176153                        |  |  |
| Creative Work      | Siddha Yoga                      |  |  |
| <b>Gulika</b>      | <b>7:33AM – 9:11AM</b>           | <b>Sravana Until 8:28PM</b>  | <b>Ganesha: White</b> <i>Sunrise: 5:55AM</i> |
| <b>Yama</b>        | <b>3:43PM – 5:21PM</b>           | <b>Athiganda* Until 3:39AM Sat</b>   | <b>Muruqa: Yellow</b> <i>Sunset: 6:59PM</i>  |
| <b>Rahu</b>        | <b>10:49AM – 12:27PM</b>         | <b>Kaulava Until 7:15PM</b>  | <b>Nataraja: White</b>                       |
|                    |                                  | <b>Dvadasi Until 6:10AM</b>  | <b>Moon – Purple</b>                         |
|                    |                                  |  | <b>Bhadrapada*Avani</b>                      |
|                    |                                  |  | <b>Subha Sivaloka Day</b>                    |

*Pradosha Vrata*

|                    |                                     |  |   |
|--------------------|-------------------------------------|--|---|
| <b>5</b>           | <b>Saturday, September 10, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | Hamm, Germany                                 |
|                    | <b>Sun 27</b>                       | <b>Sutra 151</b>   | Khara 5113                                    |
| Makara Rasi: 28.32 | Tithi 13 – 14                       |  |   |
|                    | 598176153                           |  |   |
| Creative Work      | Siddha Yoga                         |  |   |
| <b>Gulika</b>      | <b>5:56AM – 7:34AM</b>              | <b>Dhanishtha Until 10:15PM</b>  | <b>Ganesha: Yellow</b> <i>Sunrise: 5:56AM</i> |
| <b>Yama</b>        | <b>2:04PM – 3:42PM</b>              | <b>Sukarma Until 3:30AM Sun</b>  | <b>Muruqa: Yellow</b> <i>Sunset: 6:57PM</i>   |
| <b>Rahu</b>        | <b>9:11AM – 10:49AM</b>             | <b>Gara Until 8:24PM</b>   | <b>Nataraja: White</b>                        |
|                    |                                     | <b>Trayodasi Until 7:19AM</b>  | <b>Moon – Purple</b>                          |
|                    |                                     |  | <b>Bhadrapada*Avani</b>                       |
|                    |                                     |  | <b>Sivaloka Day</b>                           |

Chidambaram Abhishekam

|                                |                                   |   |   |
|--------------------------------|-----------------------------------|---|---|
| <b>○</b>                       | <b>Sunday, September 11, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | Hamm, Germany                                 |
|                                | <b>Sutra 152</b>                  |   | Khara 5113                                    |
| Kumbha Rasi: 10.5              | Tithi 14 – 15                     |   |   |
|                                | 598176153                         |   |   |
| Creative Work                  | Siddha Yoga                       |   |   |
| Until 12:19AM Mon then no yoga |                                   |   |   |
| <b>Gulika</b>                  | <b>3:40PM – 5:18PM</b>            | <b>Satabhisha Until 12:19AM Mon</b>   | <b>Ganesha: Yellow</b> <i>Sunrise: 5:58AM</i> |
| <b>Yama</b>                    | <b>12:26PM – 2:03PM</b>           | <b>Dhriti Until 3:37AM Mon</b>  | <b>Muruqa: Yellow</b> <i>Sunset: 6:55PM</i>   |
| <b>Rahu</b>                    | <b>5:18PM – 6:55PM</b>            | <b>Visti Until 9:53PM</b>   | <b>Nataraja: White</b>                        |
|                                |                                   | <b>Chaturdasi* Until 8:47AM</b>   | <b>Moon – Purple</b>                          |
|                                |                                   |   | <b>Bhadrapada*Avani</b>                       |
|                                |                                   |   | <b>Sivaloka Day</b>                           |

Grandparent's Day

|                                   |                                   |  |   |
|-----------------------------------|-----------------------------------|--|---|
| <b>○</b>                          | <b>Monday, September 12, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | Hamm, Germany                                 |
|                                   | <b>Sutra 153</b>                  |  | Khara 5113                                    |
| Kumbha Rasi: 23.01                | Tithi 15 – 16                     |  |   |
| <b>Family Home Evening</b>        | 518186153                         |  |   |
| No Yoga                           |                                   |  |   |
| Until 7.59PM then Marana Yoga     |                                   |  |   |
| Until 2:39AM Tue then Amrita Yoga |                                   |  |   |
| <b>Gulika</b>                     | <b>2:03PM – 3:39PM</b>            | <b>Purvaprostapada* Until 2:39AM Tue</b>   | <b>Ganesha: Yellow</b> <i>Sunrise: 5:59AM</i> |
| <b>Yama</b>                       | <b>10:49AM – 12:26PM</b>          | <b>Shula* Until 3:59AM Tue</b>   | <b>Muruqa: White</b> <i>Sunset: 6:52PM</i>    |
| <b>Rahu</b>                       | <b>7:36AM – 9:13AM</b>            | <b>Balava Until 11:38PM</b>  | <b>Nataraja: White</b>                        |
|                                   |                                   | <b>Purnima* Until 10:32AM</b>  | <b>Moon – Clear</b>                           |
|                                   |                                   |  | <b>Bhadrapada*Avani</b>                       |
|                                   |                                   |  | <b>Subha Sivaloka Day</b>                     |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



**Tuesday, September 13, 2011**  
**Gold Retreat Star**

Meena Rasi: 5.04      Tithi 16 – 17  
518186153  
Creative Work    Amrita Yoga  
Until 7.58PM then Siddha Yoga  
Until 5:13AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    12:26PM – 2:02PM    **Uttaraprostapada Until 5:13AM Wed**  
**Yama**      9:13AM – 10:49AM    **Ganda\* Until 4:33AM Wed**  
**Rahu**      3:38PM – 5:14PM      **Taitila Until 1:38AM Wed**  
**Prathama\* Until 12:33PM**

Hamm, Germany  
**Sutra 154**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Yellow    *Sunrise: 6:01AM*  
Muruqa: White      *Sunset: 6:50PM*  
Nataraja: White  
Moon – Clear

**1**

**Wednesday, September 14, 2011**

Meena Rasi: 17.01      Tithi 17 – 18  
518186153  
Routine Work    Marana Yoga  
Until 7.58PM then Siddha Yoga  
Until 8:14AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    10:50AM – 12:25PM    **Revati Until 8:14AM Thu**  
**Yama**      7:38AM – 9:14AM      **Vriddhi Until 5:18AM Thu**  
**Rahu**      12:25PM – 2:01PM      **Vanija Until 3:52AM Thu**  
**Dvitiya Until 2:46PM**

Hamm, Germany  
**Sun 1 Sutra 155**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Yellow    *Sunrise: 6:03AM*  
Muruqa: White      *Sunset: 6:48PM*  
Nataraja: White  
Moon – Clear

**2**

**Thursday, September 15, 2011**

Meena Rasi: 28.53      Tithi 18 – 19  
518186153  
Creative Work    Siddha Yoga  
Until 8:14AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Asvini Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    9:15AM – 10:50AM    **Revati Until 8:14AM**  
**Yama**      6:04AM – 7:39AM      **Dhruva Until 6:33AM Fri**  
**Rahu**      2:00PM – 3:35PM      **Bava Until 6:16AM Fri**  
**Tritiya Until 5:11PM**

Hamm, Germany  
**Sun 2 Sutra 156**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Yellow    *Sunrise: 6:04AM*  
Muruqa: White      *Sunset: 6:45PM*  
Nataraja: White  
Moon – Clear

**3**

**Friday, September 16, 2011**

Mesha Rasi: 10.43      Tithi 19  
529186153  
Creative Work    Amrita Yoga  
Until 11:14AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    7:40AM – 9:15AM      **Asvini Until 11:14AM**  
**Yama**      3:34PM – 5:09PM      **Dhruva Until 6:33AM**  
**Rahu**      10:50AM – 12:25PM    **Bava Until 6:35AM**  
**Chaturthi\* Until 7:40PM**

Hamm, Germany  
**Sun 3 Sutra 157**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Red        *Sunrise: 6:06AM*  
Muruqa: White      *Sunset: 6:43PM*  
Nataraja: White  
Moon – White

**4**

**Saturday, September 17, 2011**

Mesha Rasi: 22.33      Tithi 20  
529186153  
Creative Work    Siddha Yoga  
Until 2:15PM then Amrita Yoga  
Until 7:57PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    6:07AM – 7:42AM      **Bharani Until 2:15PM**  
**Yama**      1:58PM – 3:33PM      **Vyaghata\* Until 7:32AM**  
**Rahu**      9:16AM – 10:50AM    **Kaulava Until 9:05AM**  
**Panchami Until 10:10PM**

Hamm, Germany  
**Sun 4 Sutra 158**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Red        *Sunrise: 6:07AM*  
Muruqa: White      *Sunset: 6:41PM*  
Nataraja: White  
Moon – White

**5**

**Sunday, September 18, 2011**

Vrishabha Rasi: 4.26      Tithi 21  
529186153  
Creative Work    Siddha Yoga  
Until 7:56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    3:31PM – 5:05PM      **Krittika Until 5:07PM**  
**Yama**      12:24PM – 1:57PM      **Harshana Until 8:23AM**  
**Rahu**      5:05PM – 6:39PM      **Gara Until 11:27AM**  
**Shasthi\* Until 12:32AM Mon**

Hamm, Germany  
**Sun 5 Sutra 159**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Red        *Sunrise: 6:09AM*  
Muruqa: White      *Sunset: 6:39PM*  
Nataraja: White  
Moon – White

**6**

**Monday, September 19, 2011**

Vrishabha Rasi: 16.28      Tithi 22  
539186153  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 7:44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    1:57PM – 3:30PM      **Rohini Until 7:44PM**  
**Yama**      10:50AM – 12:23PM    **Vajra\* Until 8:59AM**  
**Rahu**      7:44AM – 9:17AM      **Visti Until 1:30PM**  
**Saptami Until 2:36AM Tue**

Hamm, Germany  
**Sun 6 Sutra 160**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Green     *Sunrise: 6:11AM*  
Muruqa: White      *Sunset: 6:36PM*  
Nataraja: White  
Moon – Yellow



**Tuesday, September 20, 2011**  
**Retreat Star**

Vrishabha Rasi: 28.44      Tithi 23  
539186153  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    12:23PM – 1:56PM    **Mrigasira Until 8:39PM**  
**Yama**      9:18AM – 10:50AM    **Siddhi Until 8:57AM**  
**Rahu**      3:29PM – 5:01PM      **Balava Until 2:19PM**  
**Ashtami\* Until 2:19AM Wed**

Hamm, Germany  
**Sun 7 Sutra 161**  
Khara 5113  
Moon 9 - Phase 21  
Ashtami  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Green     *Sunrise: 6:12AM*  
Muruqa: White      *Sunset: 6:34PM*  
Nataraja: White  
Moon – Yellow

**Wednesday, September 21, 2011**

**Retreat Star**

Mithuna Rasi: 11.18      Tithi 24  
539186153  
Creative Work    Siddha Yoga  
Until 7:55PM then Marana Yoga  
Until 10:03PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Varyian Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    10:50AM – 12:23PM    **Ardra Until 10:03PM**  
**Yama**      7:46AM – 9:18AM      **Vyatipata\* Until 8:34AM**  
**Rahu**      12:23PM – 1:55PM    **Taitila Until 3:07PM**  
**Navami\* Until 3:07AM Thu**

Hamm, Germany  
**Sun 8 Sutra 162**  
Khara 5113  
Moon 9 - Phase 21  
Navami  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Green     *Sunrise: 6:14AM*  
Muruqa: White      *Sunset: 6:32PM*  
Nataraja: White  
Moon – Yellow

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192


|  |                                     |          |  |  |   |  |   |
|--|-------------------------------------|----------|--|--|---|--|---|
| <b>1</b>   | <b>Thursday, September 22, 2011</b> |          | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau |  |   |  | Hamm, Germany   |
|  | Mithuna Rasi: 24.17                 | Tithi 25 | 549186153  | <b>Gulika</b> 9:19AM – 10:51AM<br><b>Yama</b> 6:15AM – 7:47AM<br><b>Rahu</b> 1:54PM – 3:26PM | <b>Punarvasu</b> <b>Until 10:42PM</b><br>Variyan Until 7:30AM<br>Vanija Until 3:07PM<br><b>Dasami</b> <b>Until 3:07AM Fri</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:15AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:29PM<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Bhadrapada•Puratasi</b> | <b>Sun 9 Sutra 163</b><br>Khara 5113<br>Moon 9 - Phase 22<br>2nd Phase<br><b>Subha Sivaloka Day</b> |
| Creative Work Amrita Yoga<br>Until 7.55PM then Siddha Yoga<br>Until 10:42PM then Marana Yoga |                                     |          |  |  |   |  |   |

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|--|-----------------------------------|----------|--|---|--|---|--|
| <b>2</b>   | <b>Friday, September 23, 2011</b> |          | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau |   |  |   | Hamm, Germany  |
|  | Kataka Rasi: 7.44                 | Tithi 26 | 549286153  | <b>Gulika</b> 7:48AM – 9:20AM<br><b>Yama</b> 3:25PM – 4:56PM<br><b>Rahu</b> 10:51AM – 12:22PM | <b>Pushya</b> <b>Until 9:19PM</b><br>Shiva Until 2:59AM Sat<br>Bava Until 1:32PM<br><b>Ekadasi*</b> <b>Until 12:37AM Sat</b> | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:17AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:27PM<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Bhadrapada•Puratasi</b> | <b>Sun 10 Sutra 164</b><br>Khara 5113<br>Moon 9 - Phase 22<br>2nd Phase<br><b>Sivaloka Day</b> |
| Routine Work Marana Yoga<br>Until 7.55PM then Siddha Yoga<br>Until 9:19PM then Marana Yoga |                                   |          |  |   |  |   |  |

|  |                                     |          |   |  |   |  |  |
|--|-------------------------------------|----------|---|--|---|--|--|
| <b>3</b>   | <b>Saturday, September 24, 2011</b> |          | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau |  |   |  | Hamm, Germany  |
|  | Kataka Rasi: 21.41                  | Tithi 27 | 541286153   | <b>Gulika</b> 6:19AM – 7:49AM<br><b>Yama</b> 1:52PM – 3:23PM<br><b>Rahu</b> 9:20AM – 10:51AM | <b>Aslesha*</b> <b>Until 8:16PM</b><br>Siddha Until 12:26AM Sun<br>Kaulava Until 11:45AM<br><b>Dvdadasi*</b> <b>Until 10:50PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:19AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:25PM<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Bhadrapada•Puratasi</b> | <b>Sun 11 Sutra 165</b><br>Khara 5113<br>Moon 9 - Phase 22<br>2nd Phase<br><b>Sivaloka Day</b> |
| Routine Work Marana Yoga<br>Until 7.54PM then Siddha Yoga<br>Until 8:16PM then Marana Yoga |                                     |          |   |  |   |  |  |

|   |                                   |          |  |  |   |   |  |
|---|-----------------------------------|----------|--|--|---|---|--|
| <b>4</b>  | <b>Sunday, September 25, 2011</b> |          | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Magha*/Purvaphalguni* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau |  |   |   | Hamm, Germany  |
|   | Simha Rasi: 6.06                  | Tithi 28 | 551286153  | <b>Gulika</b> 3:22PM – 4:52PM<br><b>Yama</b> 12:21PM – 1:52PM<br><b>Rahu</b> 4:52PM – 6:22PM | <b>Magha*</b> <b>Until 5:34PM</b><br>Sadhya Until 8:11PM<br>Gara Until 8:52AM<br><b>Trayodasi*</b> <b>Until 7:09PM</b><br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:20AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:22PM<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Bhadrapada•Puratasi</b> | <b>Sun 12 Sutra 166</b><br>Khara 5113<br>Moon 9 - Phase 22<br>2nd Phase<br><b>Sivaloka Day</b> |
| Routine Work Marana Yoga<br>Until 5:34PM then Siddha Yoga |                                   |          |  |  |   |   |  |

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|--|-----------------------------------|---------------|--|---|---|---|--|
| <b>5</b>   | <b>Monday, September 26, 2011</b> |               | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaphalguni*/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau |   |   |   | Hamm, Germany  |
|  | Simha Rasi: 20.56                 | Tithi 29 – 30 | 551286153  | <b>Gulika</b> 1:51PM – 3:21PM<br><b>Yama</b> 10:51AM – 12:21PM<br><b>Rahu</b> 7:52AM – 9:21AM | <b>Purvaphalguni*</b> <b>Until 3:11PM</b><br>Subha Until 4:28PM<br>Catuspada Until 2:16AM Tue<br><b>Chaturdasi*</b> <b>Until 3:59PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:22AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:20PM<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Bhadrapada•Puratasi</b> | <b>Sun 13 Sutra 167</b><br>Khara 5113<br>Moon 9 - Phase 22<br>2nd Phase<br><b>Sivaloka Day</b> |
| Family Home Evening<br>Creative Work Siddha Yoga<br>Until 3:11PM then Marana Yoga<br>Until 7.54PM then Amrita Yoga |                                   |               |  |   |   |   |  |

|   |                                    |  |   |              |           |   |   |   |
|---|------------------------------------|--|---|--------------|-----------|---|---|---|
|  | <b>Tuesday, September 27, 2011</b> |  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau |              |           |   | Hamm, Germany   |   |
|   | <b>Retreat Star</b>                |  | Kanya Rasi: 6.02  | Tithi 30 – 1 | 551286153 | <b>Gulika</b> 12:21PM – 1:50PM<br><b>Yama</b> 9:22AM – 10:51AM<br><b>Rahu</b> 3:19PM – 4:49PM | <b>Uttaraphalguni</b> <b>Until 12:20PM</b><br>Sukla Until 12:20PM<br>Kintughna Until 10:37PM<br><b>Amavasya*</b> <b>Until 12:20PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:23AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:18PM<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Bhadrapada•Puratasi</b> |
| Creative Work Amrita Yoga<br>Until 12:20PM then Siddha Yoga                         |                                    |  |   |              |           |   |   |   |

|  |                                      |  |  |             |           |  |  |  |
|--|--------------------------------------|--|--|-------------|-----------|--|--|--|
| <b>6</b>   | <b>Wednesday, September 28, 2011</b> |  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau |             |           |  | Hamm, Germany  |  |
|  | <b>Retreat Star</b>                  |  | Kanya Rasi: 21.17  | Tithi 1 – 2 | 661286153 | <b>Gulika</b> 10:51AM – 12:20PM<br><b>Yama</b> 7:54AM – 9:23AM<br><b>Rahu</b> 12:20PM – 1:49PM | <b>Hasta</b> <b>Until 9:17AM</b><br>Brahma Until 8:00AM<br>Balava Until 6:45PM<br><b>Prathama*</b> <b>Until 8:28AM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:25AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:16PM<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Ashvina•Puratasi</b> |
| Creative Work Siddha Yoga<br><b>Navaratri Begins</b> |                                      |  |  |             |           |  |  |  |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM


|   |                                     |   |   |
|---|-------------------------------------|---|---|
| <b>1</b>  | <b>Thursday, September 29, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svatil Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiya Yam Titau | Hamm, Germany   |
|   | <b>Sun 16 Sutra 170</b>             |   | Khara 5113  |
| Tula Rasi: 6.29   | Tithi 3                             | <b>Gulika</b> 9:23AM – 10:52AM<br><b>Yama</b> 6:27AM – 7:55AM<br><b>Rahu</b> 1:48PM – 3:17PM  | <b>Chitra Until 6:18AM</b><br>Vaidhriti* Until 11:44PM<br>Taitila Until 2:57PM<br><b>Tritiya Until 1:14AM Fri</b> |
| Creative Work Siddha Yoga<br>Until 6:18AM then Amrita Yoga<br>Until 7:53PM then Siddha Yoga | 661286153                           | <b>Ganesha:</b> Light Blue <i>Sunrise: 6:27AM</i><br><b>Muruqa:</b> White <i>Sunset: 6:13PM</i><br><b>Nataraja:</b> White<br>Moon – Green                                   | <b>Sivaloka Day</b><br>Moon 9 - Phase 23<br>3rd Phase   |


|   |                                   |   |  |
|---|-----------------------------------|---|--|
| <b>2</b>  | <b>Friday, September 30, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau | Hamm, Germany  |
|   | <b>Sun 17 Sutra 171</b>           |   | Khara 5113   |
| Tula Rasi: 21.28  | Tithi 4                           | <b>Gulika</b> 7:56AM – 9:24AM<br><b>Yama</b> 3:15PM – 4:43PM<br><b>Rahu</b> 10:52AM – 12:20PM   | <b>Visakha Until 12:59AM Sat</b><br>Vishkambha* Until 7:47PM<br>Vanija Until 11:31AM<br><b>Chaturthi* Until 9:48PM</b> |
| Routine Work Marana Yoga<br>Until 7:52PM then Siddha Yoga | 671286153                         | <b>Ganesha:</b> Purple <i>Sunrise: 6:28AM</i><br><b>Muruqa:</b> White <i>Sunset: 6:11PM</i><br><b>Nataraja:</b> White<br>Moon – Orange                                      | <b>Sivaloka Day</b><br>Moon 9 - Phase 23<br>3rd Phase  |

|  |                                  |   |  |
|--|----------------------------------|---|--|
| <b>3</b>   | <b>Saturday, October 1, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau | Hamm, Germany  |
|  | <b>Sun 18 Sutra 172</b>          |   | Khara 5113   |
| Vrischika Rasi: 6.08                                       | Tithi 5                          | <b>Gulika</b> 6:30AM – 7:57AM<br><b>Yama</b> 1:47PM – 3:14PM<br><b>Rahu</b> 9:25AM – 10:52AM  | <b>Anuradha Until 12:04AM Sun</b><br>Priti Until 5:00PM<br>Bava Until 8:50AM<br><b>Panchami Until 7:55PM</b> |
| Creative Work Siddha Yoga<br>Until 7:52PM then Marana Yoga | 671286153                        | <b>Ganesha:</b> Purple <i>Sunrise: 6:30AM</i><br><b>Muruqa:</b> White <i>Sunset: 6:09PM</i><br><b>Nataraja:</b> White<br>Moon – Orange                                      | <b>Sivaloka Day</b><br>Moon 9 - Phase 23<br>3rd Phase  |

|   |                                |   |   |
|---|--------------------------------|---|---|
| <b>4</b>  | <b>Sunday, October 2, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Shasthi*/Saplami Yam Titau | Hamm, Germany   |
|   | <b>Sun 19 Sutra 173</b>        |   | Khara 5113  |
| Vrischika Rasi: 20.22                                     | Tithi 6 – 7                    | <b>Gulika</b> 3:13PM – 4:40PM<br><b>Yama</b> 12:19PM – 1:46PM<br><b>Rahu</b> 4:40PM – 6:06PM  | <b>Jyeshtha* Until 10:30PM</b><br>Ayushman Until 1:58PM<br>Kaulava Until 6:31AM<br><b>Shasthi* Until 5:35PM</b> |
| Routine Work Marana Yoga<br>Until 7:52PM then Siddha Yoga | 671286153                      | <b>Ganesha:</b> Purple <i>Sunrise: 6:32AM</i><br><b>Muruqa:</b> White <i>Sunset: 6:06PM</i><br><b>Nataraja:</b> White<br>Moon – Orange  | <b>Sivaloka Day</b><br>Moon 9 - Phase 23<br>3rd Phase   |

|  |                                |  |  |
|--|--------------------------------|--|--|
| <b>5</b>   | <b>Monday, October 3, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | Hamm, Germany  |
|  | <b>Sun 20 Sutra 174</b>        |  | Khara 5113   |
| Dhanus Rasi: 4.1   | Tithi 7 – 8                    | <b>Gulika</b> 1:45PM – 3:11PM<br><b>Yama</b> 10:52AM – 12:19PM<br><b>Rahu</b> 8:00AM – 9:26AM  | <b>Mula* Until 10:55PM</b><br>Saubhagya Until 12:03PM<br>Visti Until 4:55AM Tue<br><b>Saptami Until 4:55PM</b> |
| <b>Family Home Evening</b><br>Creative Work Siddha Yoga<br>Until 7:51PM then Amrita Yoga<br>Until 10:55PM then Siddha Yoga | 681286153                      | <b>Ganesha:</b> Clear <i>Sunrise: 6:33AM</i><br><b>Muruqa:</b> White <i>Sunset: 6:04PM</i><br><b>Nataraja:</b> White<br>Moon – Light Blue  | <b>Subha Sivaloka Day</b><br>Moon 9 - Phase 23<br>3rd Phase  |

|   |                                 |   |   |
|---|---------------------------------|---|---|
|  | <b>Tuesday, October 4, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | Hamm, Germany   |
|   | <b>Retreat Star</b>             |   | <b>Sun 21 Sutra 175</b>   |
| Dhanus Rasi: 17.32  | Tithi 8 – 9                     | <b>Gulika</b> 12:18PM – 1:44PM<br><b>Yama</b> 9:27AM – 10:52AM<br><b>Rahu</b> 3:10PM – 4:36PM   | <b>Purvashadha* Until 10:51PM</b><br>Sobhana Until 10:19AM<br>Balava Until 4:09AM Wed<br><b>Ashtami* Until 4:09PM</b> |
| Creative Work Siddha Yoga<br>Until 7:51PM then Amrita Yoga                          | 682286153                       | <b>Ganesha:</b> Orange <i>Sunrise: 6:35AM</i><br><b>Muruqa:</b> White <i>Sunset: 6:02PM</i><br><b>Nataraja:</b> White<br>Moon – Light Blue  | <b>Subha Sivaloka Day</b><br>Moon 9 - Phase 23<br>Ashtami   |

|   |                                   |   |   |
|---|-----------------------------------|---|---|
|  | <b>Wednesday, October 5, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau | Hamm, Germany   |
|   | <b>Retreat Star</b>               |   | <b>Sun 22 Sutra 176</b>   |
| Makara Rasi: 0.31   | Tithi 9 – 10                      | <b>Gulika</b> 10:53AM – 12:18PM<br><b>Yama</b> 8:02AM – 9:27AM<br><b>Rahu</b> 12:18PM – 1:43PM  | <b>Uttarashadha Until 11:30PM</b><br>Athiganda* Until 9:13AM<br>Taitila Until 4:09AM Thu<br><b>Navami* Until 4:09PM</b> |
| Creative Work Amrita Yoga<br>Until 7:51PM then Siddha Yoga                          | 682286153                         | <b>Ganesha:</b> Orange <i>Sunrise: 6:36AM</i><br><b>Muruqa:</b> White <i>Sunset: 6:00PM</i><br><b>Nataraja:</b> White<br>Moon – Light Blue  | <b>Subha Sivaloka Day</b><br>Moon 9 - Phase 23<br>Navami  |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

|          |  |   |  |  |
|----------|--|---|--|--|
| <b>1</b> | <b>Thursday, October 6, 2011</b>                 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Srivana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau |  | Hamm, Germany  |
|          | Makara Rasi: 13.12    Titli 10 – 11<br>692286153 | <b>Gulika</b> 9:28AM – 10:53AM<br><b>Yama</b> 6:38AM – 8:03AM<br><b>Rahu</b> 1:43PM – 3:08PM  | <b>Sravana Until 2:17AM Fri</b><br>Sukarma Until 8:52AM<br>Vanija Until 6:51AM Fri<br>Dasami Until 5:46PM  | <b>Sun 23 Sutra 177</b><br>Khara 5113<br>Moon 9 - Phase 24<br>4th Phase<br><b>Sivaloka Day</b> |
|          | Creative Work    Siddha Yoga                     |   | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:38AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:57PM<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Ashvina•Puratasi</b> |  |

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| <b>2</b> | <b>Friday, October 7, 2011</b>                                    | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Dhriti/Shula* Yoga Visti* Karana Ekadasi Yam Titau |  | Hamm, Germany  |
|          | Makara Rasi: 25.37    Titli 11<br>692286153                       | <b>Gulika</b> 8:04AM – 9:29AM<br><b>Yama</b> 3:06PM – 4:31PM<br><b>Rahu</b> 10:53AM – 12:17PM  | <b>Dhanishtha Until 4:05AM Sat</b><br>Dhriti Until 8:43AM<br>Visti Until 8:04AM Sat<br>Ekadasi Until 6:59PM  | <b>Sun 24 Sutra 178</b><br>Khara 5113<br>Moon 9 - Phase 24<br>4th Phase<br><b>Sivaloka Day</b> |
|          | Creative Work    Siddha Yoga<br>Until 4:05AM Sat then Amrita Yoga | <b>Vijaya Dasami</b>   | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:40AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:55PM<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Ashvina•Puratasi</b> |  |

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| <b>3</b> | <b>Saturday, October 8, 2011</b>                              | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau |   | Hamm, Germany  |
|          | Kumbha Rasi: 7.52    Titli 12<br>692286154                    | <b>Gulika</b> 6:41AM – 8:05AM<br><b>Yama</b> 1:41PM – 3:05PM<br><b>Rahu</b> 9:29AM – 10:53AM  | <b>Satabhisha Until 6:02AM Sun</b><br>Shula* Until 8:54AM<br>Bava Until 7:30AM<br>Dvadasi Until 8:35PM  | <b>Sun 25 Sutra 179</b><br>Khara 5113<br>Moon 9 - Phase 24<br>4th Phase<br><b>Devaloka Day</b> |
|          | Creative Work    Amrita Yoga<br>Until 7:50PM then Siddha Yoga | <b>Kadaitswami Mahasamadhi</b>  | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:41AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:53PM<br><b>Nataraja:</b> Yellow<br>Moon – Purple<br><b>Ashvina•Puratasi</b> |  |

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| <b>4</b> | <b>Sunday, October 9, 2011</b>                            | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau |   | Hamm, Germany  |
|          | Kumbha Rasi: 19.59    Titli 13<br>692286154               | <b>Gulika</b> 3:04PM – 4:27PM<br><b>Yama</b> 12:17PM – 1:40PM<br><b>Rahu</b> 4:27PM – 5:51PM   | <b>Satabhisha Until 6:02AM</b><br>Ganda* Until 9:20AM<br>Kaulava Until 9:24AM<br>Trayodasi Until 10:30PM<br><i>Pradosha Vrata</i>                                 | <b>Sun 26 Sutra 180</b><br>Khara 5113<br>Moon 9 - Phase 24<br>4th Phase<br><b>Devaloka Day</b> |
|          | Creative Work    Siddha Yoga<br>Until 7:50PM then no yoga | <b>Chidambaram Abhishekam</b>  | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:43AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:51PM<br><b>Nataraja:</b> Yellow<br>Moon – Purple<br><b>Ashvina•Puratasi</b> |  |

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| <b>5</b> | <b>Monday, October 10, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau |   | Hamm, Germany  |
|          | Meena Rasi: 2    Titli 14<br>612286154   | <b>Gulika</b> 1:40PM – 3:03PM<br><b>Yama</b> 10:54AM – 12:17PM<br><b>Rahu</b> 8:08AM – 9:31AM   | <b>Purvaprostapada* Until 8:40AM</b><br>Vridhi Until 9:56AM<br>Gara Until 11:32AM<br>Chaturdasi* Until 12:37AM Tue  | <b>Sun 27 Sutra 181</b><br>Khara 5113<br>Moon 9 - Phase 24<br>4th Phase<br><b>Devaloka Day</b> |
|          | Family Home Evening<br>No Yoga<br>Until 8:40AM then Siddha Yoga<br>Until 7:49PM then Amrita Yoga |   | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:45AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:49PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Ashvina•Puratasi</b> |  |

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| <b>○</b> | <b>Tuesday, October 11, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau |   | Hamm, Germany   |
|          | Meena Rasi: 13.56    Titli 15<br>612286154  | <b>Gulika</b> 12:16PM – 1:39PM<br><b>Yama</b> 9:31AM – 10:54AM<br><b>Rahu</b> 3:01PM – 4:24PM  | <b>Uttaraprostapada Until 11:27AM</b><br>Dhruva Until 10:41AM<br>Visti Until 1:49PM<br>Purnima* Until 2:55AM Wed  | <b>Sutra 182</b><br>Khara 5113<br>Moon 9 - Phase 24<br>Purnima<br><b>Devaloka Day</b> |
|          | Creative Work    Amrita Yoga<br>Until 11:27AM then Siddha Yoga<br>Until 7:49PM then Marana Yoga |  | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:46AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:46PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Ashvina•Puratasi</b> |   |

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| <b>○</b> | <b>Wednesday, October 12, 2011</b>                           | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau |   | Hamm, Germany  |
|          | Meena Rasi: 25.49    Titli 16<br>612286154                   | <b>Gulika</b> 10:54AM – 12:16PM<br><b>Yama</b> 8:10AM – 9:32AM<br><b>Rahu</b> 12:16PM – 1:38PM   | <b>Revati Until 2:21PM</b><br>Vyaghata* Until 11:32AM<br>Balava Until 4:14PM<br>Prathama* Until 5:19AM Thu  | <b>Sutra 183</b><br>Khara 5113<br>Moon 9 - Phase 24<br>Prathama<br><b>Devaloka Day</b> |
|          | Routine Work    Marana Yoga<br>Until 7:49PM then Amrita Yoga |  | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:48AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:44PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Ashvina•Puratasi</b> |  |

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM





**Thursday, October 13, 2011**  
**Gold Retreat Star**

Mesha Rasi: 7.4      Tithi 17  
622286154  
Creative Work    Amrita Yoga  
Until 5:19PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini/Bharani Nakshatra Harshana/Vajra\* Yoga Tailita Karana Dvitiya Yam Titau

**Gulika**    9:33AM – 10:54AM    **Asvini** Until 5:19PM  
**Yama**      6:50AM – 8:11AM      Harshana Until 12:27PM  
**Rahu**      1:37PM – 2:59PM      Tailita Until 6:43PM  
**Dvitiya** Until 8:07AM Fri

Hamm, Germany  
**Sutra 184**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red      *Sunrise:* 6:50AM  
**Muruqa:** White    *Sunset:* 5:42PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**1**

**Friday, October 14, 2011**

Mesha Rasi: 19.31      Tithi 17 – 18  
622286154  
Creative Work    Siddha Yoga  
Until 8:18PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    8:12AM – 9:34AM    **Bharani** Until 8:18PM  
**Yama**      2:58PM – 4:19PM      Vajra\* Until 1:22PM  
**Rahu**      10:55AM – 12:16PM    Vanija Until 9:13PM  
**Dvitiya** Until 8:07AM

Hamm, Germany  
**Sun 1 Sutra 185**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red      *Sunrise:* 6:51AM  
**Muruqa:** White    *Sunset:* 5:40PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**2**

**Saturday, October 15, 2011**

Wrishabha Rasi: 1.23      Tithi 18 – 19  
622286154  
Creative Work    Amrita Yoga  
Until 7:48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika**    6:53AM – 8:14AM    **Krittika** Until 11:13PM  
**Yama**      1:36PM – 2:57PM      Siddhi Until 2:14PM  
**Rahu**      9:34AM – 10:55AM    Bava Until 11:39PM  
**Tritiya** Until 10:34AM

Hamm, Germany  
**Sun 2 Sutra 186**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red      *Sunrise:* 6:53AM  
**Muruqa:** White    *Sunset:* 5:38PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**3**

**Sunday, October 16, 2011**

Wrishabha Rasi: 13.2      Tithi 19 – 20  
632286154  
Creative Work    Siddha Yoga  
Until 7:48PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    2:55PM – 4:16PM    **Rohini** Until 2:00AM Mon  
**Yama**      12:15PM – 1:35PM      Vyatipata\* Until 2:58PM  
**Rahu**      4:16PM – 5:36PM      Kaulava Until 1:56AM Mon  
**Chaturthi\*** Until 12:51PM

Hamm, Germany  
**Sun 3 Sutra 187**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:55AM  
**Muruqa:** White    *Sunset:* 5:36PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**

**4**

**Monday, October 17, 2011**

Wrishabha Rasi: 25.25      Tithi 20 – 21  
632286154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 7:48PM then Siddha Yoga  
Until 4:30AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira Nakshatra Variyan/Parigha\* Yoga Tailita/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    1:35PM – 2:54PM    **Mrigasira** Until 4:30AM Tue  
**Yama**      10:55AM – 12:15PM    Variyan Until 3:28PM  
**Rahu**      8:16AM – 9:36AM      Gara Until 3:56AM Tue  
**Panchami** Until 2:50PM

Hamm, Germany  
**Sun 4 Sutra 188**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:57AM  
**Muruqa:** White    *Sunset:* 5:33PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**5**

**Tuesday, October 18, 2011**

Mithuna Rasi: 7.41      Tithi 21 – 22  
633386154  
Routine Work    Marana Yoga  
Until 7:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    12:15PM – 1:34PM    **Ardra** Until 4:43AM Wed  
**Yama**      9:37AM – 10:56AM      Parigha\* Until 2:54PM  
**Rahu**      2:53PM – 4:12PM      Visti Until 3:32AM Wed  
**Shasthi\*** Until 3:32PM

Hamm, Germany  
**Sun 5 Sutra 189**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:58AM  
**Muruqa:** White    *Sunset:* 5:31PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**6**

**Wednesday, October 19, 2011**

Mithuna Rasi: 20.15      Tithi 22 – 23  
643386154  
Creative Work    Siddha Yoga  
Until 7:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    10:56AM – 12:15PM    **Punarvasu** Until 6:19AM Thu  
**Yama**      8:19AM – 9:37AM      Shiva Until 2:31PM  
**Rahu**      12:15PM – 1:33PM      Balava Until 4:24AM Thu  
**Saptami** Until 4:24PM

Hamm, Germany  
**Sun 6 Sutra 190**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Orange    *Sunrise:* 7:00AM  
**Muruqa:** White    *Sunset:* 5:29PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**



**Thursday, October 20, 2011**  
**Retreat Star**

Kataka Rasi: 3.1      Tithi 23 – 24  
643386154  
Creative Work    Amrita Yoga  
Until 7:47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Tailita Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    9:38AM – 10:56AM    **Punarvasu** Until 6:19AM  
**Yama**      7:02AM – 8:20AM      Siddha Until 1:33PM  
**Rahu**      1:33PM – 2:51PM      Tailita Until 4:34AM Fri  
**Ashtami\*** Until 4:34PM

Hamm, Germany  
**Sun 7 Sutra 191**  
Khara 5113  
Moon 10 - Phase 25  
Ashtami  
**Sivaloka Day**

**Ganesha:** Orange    *Sunrise:* 7:02AM  
**Muruqa:** White    *Sunset:* 5:27PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

**Friday, October 21, 2011**

**Retreat Star**

Kataka Rasi: 16.29      Tithi 24 – 25  
643386154  
Routine Work    Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

**Gulika**    8:21AM – 9:39AM    **Pushya** Until 6:18AM  
**Yama**      2:50PM – 4:07PM      Sadhya Until 11:27AM  
**Rahu**      10:57AM – 12:14PM    Vanija Until 2:12AM Sat  
**Navami\*** Until 3:08PM

Hamm, Germany  
**Sun 8 Sutra 192**  
Khara 5113  
Moon 10 - Phase 25  
Navami  
**Sivaloka Day**

**Ganesha:** Orange    *Sunrise:* 7:03AM  
**Muruqa:** White    *Sunset:* 5:25PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

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|---|--|--|---|
| <b>1</b>  | <b>Saturday, October 22, 2011</b>                | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | Hamm, Germany   |
|   | Simha Rasi: 0.17      Tithi 25 – 26<br>653386154 | <b>Gulika</b> 7:05AM – 8:22AM<br><b>Yama</b> 1:31PM – 2:49PM<br><b>Rahu</b> 9:40AM – 10:57AM   | <b>Sun 9 Sutra 193</b><br>Khara 5113<br>Moon 10 - Phase 26<br>2nd Phase   |
| Creative Work Amrita Yoga<br>Until 7.47PM then Marana Yoga<br>Until 4:22AM Sun then Siddha Yoga |  | <b>Magha* Until 4:22AM Sun</b><br>Subha Until 9:07AM<br>Bava Until 12:43AM Sun<br><b>Dasami Until 1:39PM</b>   | <b>Ganesha:</b> Light Blue <i>Sunrise: 7:05AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:23PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Ashvina-Aipasi</b> |

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| <b>2</b>   | <b>Sunday, October 23, 2011</b>                   | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | Hamm, Germany   |
|  | Simha Rasi: 14.33      Tithi 26 – 27<br>653386154 | <b>Gulika</b> 2:48PM – 4:04PM<br><b>Yama</b> 12:14PM – 1:31PM<br><b>Rahu</b> 4:04PM – 5:21PM   | <b>Sun 10 Sutra 194</b><br>Khara 5113<br>Moon 10 - Phase 26<br>2nd Phase  |
| Creative Work Siddha Yoga<br>Until 1:23AM Mon then Marana Yoga |   | <b>Purvaphalguni* Until 1:23AM Mon</b><br>Sukla Until 6:02AM<br>Kaulava Until 9:13PM<br><b>Ekadasi* Until 10:56AM</b>  | <b>Ganesha:</b> Light Blue <i>Sunrise: 7:07AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:21PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Ashvina-Aipasi</b> |

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| <b>3</b>   | <b>Monday, October 24, 2011</b>                   | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Indra Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau | Hamm, Germany   |
|  | Simha Rasi: 29.14      Tithi 27 – 28<br>653386154 | <b>Gulika</b> 1:30PM – 2:46PM<br><b>Yama</b> 10:58AM – 12:14PM<br><b>Rahu</b> 8:25AM – 9:41AM  | <b>Sun 11 Sutra 195</b><br>Khara 5113<br>Moon 10 - Phase 26<br>2nd Phase  |
| Family Home Evening<br>Routine Work Marana Yoga<br>Until 7.46PM then Amrita Yoga<br>Until 11:13PM then Siddha Yoga |   | <b>Uttaraphalguni Until 11:13PM</b><br>Indra Until 10:31PM<br>Gara Until 6:19PM<br><b>Dvadasi* Until 8:02AM</b><br><i>Pradosha Vrata (Fasting)</i>                                   | <b>Ganesha:</b> Light Blue <i>Sunrise: 7:09AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:19PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Ashvina-Aipasi</b> |

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|---|--|---|---|
| <b>4</b>  | <b>Tuesday, October 25, 2011</b>             | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | Hamm, Germany   |
|   | Kanya Rasi: 14.15      Tithi 29<br>663386154 | <b>Gulika</b> 12:14PM – 1:30PM<br><b>Yama</b> 9:42AM – 10:58AM<br><b>Rahu</b> 2:45PM – 4:01PM   | <b>Sun 12 Sutra 196</b><br>Khara 5113<br>Moon 10 - Phase 26<br>2nd Phase  |
| Creative Work Siddha Yoga<br>Deepavali Hindu Solidarity Day |  | <b>Hasta Until 8:32PM</b><br>Vaidhriti* Until 6:30PM<br>Visti Until 2:51PM<br><b>Chaturdasi* Until 1:08AM Wed</b>   | <b>Ganesha:</b> Purple <i>Sunrise: 7:10AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:17PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Green<br><b>Ashvina-Aipasi</b> |

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|           | <b>Wednesday, October 26, 2011</b>           | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | Hamm, Germany   |
|  | Kanya Rasi: 29.28      Tithi 30<br>663386154 | <b>Gulika</b> 10:58AM – 12:14PM<br><b>Yama</b> 8:27AM – 9:43AM<br><b>Rahu</b> 12:14PM – 1:29PM  | <b>Sun 13 Sutra 197</b><br>Khara 5113<br>Moon 10 - Phase 26<br>Amavasya   |
| Creative Work Siddha Yoga<br>Until 7.46PM then Amrita Yoga<br>Subramuniyaswami Mahasamadhi |  | <b>Chitra Until 5:31PM</b><br>Vishkambha* Until 2:11PM<br>Catuspada Until 11:03AM<br><b>Amavasya* Until 9:20PM</b>  | <b>Ganesha:</b> Purple <i>Sunrise: 7:12AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:15PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Green<br><b>Ashvina-Aipasi</b> |

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|---|--|---|--|
| <b>Retreat Star</b>   | <b>Thursday, October 27, 2011</b>              | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau | Hamm, Germany  |
|   | Tula Rasi: 14.43      Tithi 1 – 2<br>663386154 | <b>Gulika</b> 9:44AM – 10:59AM<br><b>Yama</b> 7:14AM – 8:29AM<br><b>Rahu</b> 1:28PM – 2:43PM  | <b>Sun 14 Sutra 198</b><br>Khara 5113<br>Moon 10 - Phase 26<br>Prathama  |
| Creative Work Amrita Yoga<br>Until 2:27PM then Siddha Yoga<br>Until 7.46PM then Marana Yoga |  | <b>Svati Until 2:27PM</b><br>Priti Until 9:48AM<br>Kintughna Until 7:11AM<br><b>Prathama* Until 5:28PM</b>  | <b>Ganesha:</b> Purple <i>Sunrise: 7:14AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:13PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Green<br><b>Karttika-Aipasi</b> |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

|  |                                    |   |  |
|--|------------------------------------|---|--|
| <b>1</b>   | <b>Friday, October 28, 2011</b>    | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau        | Hamm, Germany<br>Sun 15 Sutra 199<br>Khara 5113  |
| Tula Rasi: 29.5  | Tithi 2 - 3                        | <b>Gulika</b> 8:30AM - 9:44AM<br><b>Yama</b> 2:42PM - 3:57PM<br><b>Rahu</b> 10:59AM - 12:13PM   | <b>Visakha Until 11:35AM</b><br>Saubhagya Until 1:38AM Sat<br>Taitila Until 12:07AM Sat<br><b>Dvitiya Until 1:50PM</b> |
| Routine Work<br>Until 11:35AM then Siddha Yoga   | 673386154                          | <b>Ganesha:</b> Light Blue <i>Sunrise: 7:16AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:11PM</i><br><b>Nataraja:</b> Yellow<br>Moon - Orange<br><b>Karttika-Aipasi</b>                           | Devaloka Day<br>Moon 10 - Phase 27<br>3rd Phase  |
| <b>2</b>   | <b>Saturday, October 29, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau         | Hamm, Germany<br>Sun 16 Sutra 200<br>Khara 5113  |
| Vrischika Rasi: 14.41  | Tithi 3 - 4                        | <b>Gulika</b> 7:17AM - 8:31AM<br><b>Yama</b> 1:27PM - 2:41PM<br><b>Rahu</b> 9:45AM - 10:59AM  | <b>Anuradha Until 9:24AM</b><br>Sobhana Until 10:56PM<br>Vanija Until 10:07PM<br><b>Tritiya Until 11:02AM</b>          |
| Creative Work<br>Until 7.46PM then Marana Yoga   | 673386154                          | <b>Ganesha:</b> Light Blue <i>Sunrise: 7:17AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:09PM</i><br><b>Nataraja:</b> Yellow<br>Moon - Orange<br><b>Karttika-Aipasi</b>                           | Devaloka Day<br>Moon 10 - Phase 27<br>3rd Phase  |
| <b>3</b>   | <b>Sunday, October 30, 2011</b>    | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau        | Hamm, Germany<br>Sun 17 Sutra 201<br>Khara 5113  |
| Vrischika Rasi: 29.07  | Tithi 4 - 5                        | <b>Gulika</b> 2:40PM - 3:54PM<br><b>Yama</b> 12:13PM - 1:27PM<br><b>Rahu</b> 3:54PM - 5:08PM  | <b>Jyeshtha* Until 7:30AM</b><br>Athiganda* Until 7:33PM<br>Bava Until 7:27PM<br><b>Chaturthi* Until 8:22AM</b>        |
| Routine Work<br>Until 7:30AM then Amrita Yoga<br>Until 7.46PM then Siddha Yoga                         | 673386154                          | <b>Ganesha:</b> Light Blue <i>Sunrise: 7:19AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:08PM</i><br><b>Nataraja:</b> Yellow<br>Moon - Orange<br><b>Karttika-Aipasi</b>                           | Devaloka Day<br>Moon 10 - Phase 27<br>3rd Phase  |
| <b>4</b>   | <b>Monday, October 31, 2011</b>    | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau | Hamm, Germany<br>Sun 18 Sutra 202<br>Khara 5113  |
| Dhanus Rasi: 13.07   | Tithi 5 - 6                        | <b>Gulika</b> 1:26PM - 2:39PM<br><b>Yama</b> 11:00AM - 12:13PM<br><b>Rahu</b> 8:34AM - 9:47AM   | <b>Mula* Until 6:23AM</b><br>Sukarma Until 4:55PM<br>Taitila Until 4:42AM Tue<br><b>Panchami Until 6:33AM</b>          |
| Family Home Evening<br>Creative Work<br>Until 6:23AM then Marana Yoga<br>Until 7.46PM then Siddha Yoga | 683386154                          | <b>Ganesha:</b> Orange <i>Sunrise: 7:21AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:06PM</i><br><b>Nataraja:</b> Yellow<br>Moon - Light Blue<br><b>Karttika-Aipasi</b>                           | Sivaloka Day<br>Moon 10 - Phase 27<br>3rd Phase  |
| <b>5</b>   | <b>Tuesday, November 1, 2011</b>   | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau     | Hamm, Germany<br>Sun 19 Sutra 203<br>Khara 5113  |
| Dhanus Rasi: 26.37   | Tithi 7                            | <b>Gulika</b> 12:13PM - 1:26PM<br><b>Yama</b> 9:48AM - 11:01AM<br><b>Rahu</b> 2:39PM - 3:51PM   | <b>Purvashadha* Until 6:05AM</b><br>Dhriti Until 3:40PM<br>Gara Until 5:34PM<br><b>Saptami Until 5:34AM Wed</b>        |
| Creative Work<br>Until 6:05AM then Prabalarishta Yoga<br>Until 7.46PM then Amrita Yoga                 | 684386154                          | <b>Ganesha:</b> Clear <i>Sunrise: 7:23AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:04PM</i><br><b>Nataraja:</b> Yellow<br>Moon - Light Blue<br><b>Karttika-Aipasi</b>                            | Sivaloka Day<br>Moon 10 - Phase 27<br>3rd Phase  |
| <b>Retreat Star</b>  | <b>Wednesday, November 2, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau           | Hamm, Germany<br>Sun 20 Sutra 204<br>Khara 5113  |
| Makara Rasi: 9.42  | Tithi 8                            | <b>Gulika</b> 11:01AM - 12:13PM<br><b>Yama</b> 8:37AM - 9:49AM<br><b>Rahu</b> 12:13PM - 1:25PM  | <b>Uttarashadha Until 6:33AM</b><br>Shula* Until 2:24PM<br>Visti Until 5:25PM<br><b>Ashtami* Until 6:02AM Thu</b>      |
| Creative Work<br>Until 6:33AM then Siddha Yoga   | 684386154                          | <b>Ganesha:</b> Clear <i>Sunrise: 7:24AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:02PM</i><br><b>Nataraja:</b> Yellow<br>Moon - Light Blue<br><b>Karttika-Aipasi</b>                            | Sivaloka Day<br>Moon 10 - Phase 27<br>Ashtami  |
| <b>Retreat Star</b>  | <b>Thursday, November 3, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Sravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau      | Hamm, Germany<br>Sun 21 Sutra 205<br>Khara 5113  |
| Makara Rasi: 22.23   | Tithi 8 - 9                        | <b>Gulika</b> 9:50AM - 11:01AM<br><b>Yama</b> 7:26AM - 8:38AM<br><b>Rahu</b> 1:25PM - 2:37PM  | <b>Sravana Until 7:53AM</b><br>Ganda* Until 2:22PM<br>Balava Until 7:07PM<br><b>Ashtami* Until 6:02AM</b>              |
| Creative Work<br>Until 6:33AM then Siddha Yoga   | 694386154                          | <b>Ganesha:</b> White <i>Sunrise: 7:26AM</i><br><b>Muruqa:</b> White <i>Sunset: 5:00PM</i><br><b>Nataraja:</b> Yellow<br>Moon - Purple<br><b>Karttika-Aipasi</b>                                | Devaloka Day<br>Moon 10 - Phase 27<br>Navami   |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

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| <b>1</b> | <b>Friday, November 4, 2011</b>                | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau |   | Hamm, Germany  |
|          | Kumbha Rasi: 4.47    Tithi 9 – 10<br>694386154 | <b>Gulika</b> 8:39AM – 9:51AM<br><b>Yama</b> 2:36PM – 3:47PM<br><b>Rahu</b> 11:02AM – 12:13PM   | <b>Dhanishtha Until 9:45AM</b><br>Vriddhi Until 2:15PM<br>Taitila Until 8:27PM<br><b>Navami* Until 7:21AM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 7:28AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:59PM<br><b>Nataraja:</b> Yellow<br>Moon – Purple<br><b>Karttika-Aipasi</b> |

Sun 22 Sutra 206  
Khara 5113  
Moon 10 - Phase 28  
4th Phase  
Devaloka Day

Creative Work Siddha Yoga  
Until 7.46PM then Amrita Yoga

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| <b>2</b> | <b>Saturday, November 5, 2011</b>                | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau |  | Hamm, Germany  |
|          | Kumbha Rasi: 16.58    Tithi 10 – 11<br>694386154 | <b>Gulika</b> 7:30AM – 8:40AM<br><b>Yama</b> 1:24PM – 2:35PM<br><b>Rahu</b> 9:51AM – 11:02AM  | <b>Satabhisha Until 12:05PM</b><br>Dhruva Until 2:33PM<br>Vanija Until 10:15PM<br><b>Dasami Until 9:10AM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 7:30AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:57PM<br><b>Nataraja:</b> Yellow<br>Moon – Purple<br><b>Karttika-Aipasi</b> |

Sun 23 Sutra 207  
Khara 5113  
Moon 10 - Phase 28  
4th Phase  
Devaloka Day

Creative Work Amrita Yoga  
Until 12:05PM then Siddha Yoga

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| <b>3</b> | <b>Sunday, November 6, 2011</b>                  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau |  | Hamm, Germany  |
|          | Kumbha Rasi: 28.59    Tithi 11 – 12<br>614386154 | <b>Gulika</b> 2:34PM – 3:45PM<br><b>Yama</b> 12:13PM – 1:24PM<br><b>Rahu</b> 3:45PM – 4:55PM   | <b>Purvaprostapada* Until 2:43PM</b><br>Vyaghata* Until 3:08PM<br>Bava Until 12:24AM Mon<br><b>Ekadasi Until 11:19AM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:31AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:55PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Karttika-Aipasi</b> |

Sun 24 Sutra 208  
Khara 5113  
Moon 10 - Phase 28  
4th Phase  
Devaloka Day

Creative Work Siddha Yoga  
Until 2:43PM then Amrita Yoga  
Until 7.46PM then Siddha Yoga

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| <b>4</b> | <b>Monday, November 7, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraprostapada*/Revall Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau |  | Hamm, Germany   |
|          | Meena Rasi: 10.54    Tithi 12 – 13<br><b>Family Home Evening</b> 714386154 | <b>Gulika</b> 1:23PM – 2:33PM<br><b>Yama</b> 11:03AM – 12:13PM<br><b>Rahu</b> 8:43AM – 9:53AM  | <b>Uttaraprostapada Until 5:32PM</b><br>Harshana Until 3:53PM<br>Kaulava Until 2:46AM Tue<br><b>Dvadasi Until 1:41PM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:33AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:54PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Karttika-Aipasi</b> |

Sun 25 Sutra 209  
Khara 5113  
Moon 10 - Phase 28  
4th Phase  
Sivaloka Day

Creative Work Siddha Yoga

*Pradosha Vrata*

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|----------|---|--|---|---|
| <b>5</b> | <b>Tuesday, November 8, 2011</b>                | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau |   | Hamm, Germany   |
|          | Meena Rasi: 22.46    Tithi 13 – 14<br>714386154 | <b>Gulika</b> 12:13PM – 1:23PM<br><b>Yama</b> 9:54AM – 11:04AM<br><b>Rahu</b> 2:33PM – 3:42PM  | <b>Revati Until 8:28PM</b><br>Vajra* Until 4:44PM<br>Gara Until 5:14AM Wed<br><b>Trayodasi Until 4:09PM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:35AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:52PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Karttika-Aipasi</b> |

Sun 26 Sutra 210  
Khara 5113  
Moon 10 - Phase 28  
4th Phase  
Sivaloka Day

Creative Work Siddha Yoga  
Until 7.46PM then Marana Yoga

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| <b>6</b> | <b>Wednesday, November 9, 2011</b>        | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Asvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdasi* Yam Titau |  | Hamm, Germany  |
|          | Mesha Rasi: 4.37    Tithi 14<br>724386154 | <b>Gulika</b> 11:04AM – 12:13PM<br><b>Yama</b> 8:46AM – 9:55AM<br><b>Rahu</b> 12:13PM – 1:23PM  | <b>Asvini Until 11:25PM</b><br>Siddhi Until 5:37PM<br>Vanija Until 7:45AM Thu<br><b>Chaturdasi* Until 6:39PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:37AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:50PM<br><b>Nataraja:</b> Yellow<br>Moon – White<br><b>Karttika-Aipasi</b> |

Sun 27 Sutra 211  
Khara 5113  
Moon 10 - Phase 28  
4th Phase  
Devaloka Day

Routine Work Marana Yoga  
Until 7.46PM then Amrita Yoga  
Until 11:25PM then Siddha Yoga

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| <b>○</b> | <b>Thursday, November 10, 2011</b>         | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau |  | Hamm, Germany  |
|          | Mesha Rasi: 16.29    Tithi 15<br>724386154 | <b>Gulika</b> 9:56AM – 11:05AM<br><b>Yama</b> 7:38AM – 8:47AM<br><b>Rahu</b> 1:22PM – 2:31PM   | <b>Bharani Until 2:21AM Fri</b><br>Vyatipata* Until 6:27PM<br>Visti Until 8:02AM<br><b>Purnima* Until 9:08PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:38AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:49PM<br><b>Nataraja:</b> Yellow<br>Moon – White<br><b>Karttika-Aipasi</b> |

Sun 28 Sutra 212  
Khara 5113  
Moon 10 - Phase 28  
Purnima  
Devaloka Day

Creative Work Siddha Yoga

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| <b>○</b> | <b>Friday, November 11, 2011</b>           | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau |  | Hamm, Germany  |
|          | Mesha Rasi: 28.25    Tithi 16<br>724386154 | <b>Gulika</b> 8:48AM – 9:57AM<br><b>Yama</b> 2:30PM – 3:39PM<br><b>Rahu</b> 11:05AM – 12:14PM   | <b>Krittika Until 5:11AM Sat</b><br>Variyan Until 7:13PM<br>Balava Until 10:24AM<br><b>Prathama* Until 11:30PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:40AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:47PM<br><b>Nataraja:</b> Yellow<br>Moon – White<br><b>Karttika-Aipasi</b> |

Sun 29 Sutra 213  
Khara 5113  
Moon 10 - Phase 28  
Prathama  
Devaloka Day

Creative Work Siddha Yoga  
Until 7.46PM then Amrita Yoga



**Saturday, November 12, 2011**  
**Gold Retreat Star**

Wrishabha Rasi: 10.25    Tithi 17  
735486154  
Creative Work    Amrita Yoga  
Until 7.46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    7:42AM – 8:50AM    **Rohini Until 7:38AM Sun**  
**Yama**       1:22PM – 2:30PM       Parigha\* Until 7:49PM  
**Rahu**       9:58AM – 11:06AM       Taitila Until 12:36PM  
Dvitiya Until 1:42AM Sun

Hamm, Germany  
**Sun 1    Sutra 214**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Red    *Sunrise: 7:42AM*  
Muruqa: White    *Sunset: 4:46PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**1    Sunday, November 13, 2011**

Wrishabha Rasi: 22.31    Tithi 18  
735486154  
Creative Work    Siddha Yoga  
Until 7.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    2:29PM – 3:37PM    **Rohini Until 7:38AM**  
**Yama**       12:14PM – 1:22PM       Shiva Until 8:13PM  
**Rahu**       3:37PM – 4:44PM       Vanija Until 2:34PM  
Tritiya Until 3:39AM Mon

Hamm, Germany  
**Sun 2    Sutra 215**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 7:44AM*  
Muruqa: White    *Sunset: 4:44PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**2    Monday, November 14, 2011**

Mithuna Rasi: 4.47    Tithi 19  
735486154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 9:47AM then Siddha Yoga  
Until 7.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    1:21PM – 2:28PM    **Mrigasira Until 9:47AM**  
**Yama**       11:07AM – 12:14PM       Siddha Until 8:21PM  
**Rahu**       8:52AM – 10:00AM       Bava Until 4:12PM  
Chaturthi\* Until 5:17AM Tue

Hamm, Germany  
**Sun 3    Sutra 216**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 7:45AM*  
Muruqa: White    *Sunset: 4:43PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**3    Tuesday, November 15, 2011**

Mithuna Rasi: 17.13    Tithi 20  
735486154  
Routine Work    Marana Yoga  
Until 11:08AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    12:14PM – 1:21PM    **Ardra Until 11:08AM**  
**Yama**       10:01AM – 11:07AM       Sadhya Until 7:07PM  
**Rahu**       2:28PM – 3:35PM       Kaulava Until 4:28PM  
Panchami Until 4:28AM Wed

Hamm, Germany  
**Sun 4    Sutra 217**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 7:47AM*  
Muruqa: White    *Sunset: 4:41PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**4    Wednesday, November 16, 2011**

Mithuna Rasi: 29.54    Tithi 21  
745486154  
Creative Work    Siddha Yoga  
Until 7.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    11:08AM – 12:14PM    **Punarvasu Until 12:20PM**  
**Yama**       8:55AM – 10:02AM       Subha Until 6:31PM  
**Rahu**       12:14PM – 1:21PM       Gara Until 5:07PM  
Shasthi\* Until 5:07AM Thu

Hamm, Germany  
**Sun 5    Sutra 218**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: White    *Sunrise: 7:49AM*  
Muruqa: White    *Sunset: 4:40PM*  
Nataraja: Yellow  
Moon – Blue  
Karttika•Karttikai

**5    Thursday, November 17, 2011**

Kataka Rasi: 12.52    Tithi 22  
745486155  
Creative Work    Amrita Yoga  
Until 1:01PM then Siddha Yoga  
Until 7.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    10:02AM – 11:09AM    **Pushya Until 1:01PM**  
**Yama**       7:50AM – 8:56AM       Sukla Until 5:26PM  
**Rahu**       1:21PM – 2:27PM       Visti Until 5:13PM  
Saptami Until 5:13AM Fri

Hamm, Germany  
**Sun 6    Sutra 219**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: White    *Sunrise: 7:50AM*  
Muruqa: White    *Sunset: 4:39PM*  
Nataraja: Red  
Moon – Blue  
Karttika•Karttikai

**Retreat Star**  
**Friday, November 18, 2011**

Kataka Rasi: 26.09    Tithi 23  
745486155  
Routine Work    Marana Yoga  
Until 7.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    8:58AM – 10:03AM    **Aslesha\* Until 12:36PM**  
**Yama**       2:26PM – 3:32PM       Brahma Until 3:08PM  
**Rahu**       11:09AM – 12:15PM       Balava Until 3:50PM  
Ashtami\* Until 2:55AM Sat

Hamm, Germany  
**Sun 7    Sutra 220**  
Khara 5113  
Moon 11 - Phase 29  
Ashtami  
**Devaloka Day**  
Ganesha: White    *Sunrise: 7:52AM*  
Muruqa: White    *Sunset: 4:38PM*  
Nataraja: Red  
Moon – Blue  
Karttika•Karttikai


**Retreat Star**  
**Saturday, November 19, 2011**

Simha Rasi: 9.48    Tithi 24  
755486155  
Creative Work    Amrita Yoga  
Until 12:03PM then Marana Yoga  
Until 7.48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    7:54AM – 8:59AM    **Magha\* Until 12:03PM**  
**Yama**       1:20PM – 2:26PM       Indra Until 1:00PM  
**Rahu**       10:04AM – 11:10AM       Taitila Until 2:39PM  
Navami\* Until 1:44AM Sun

Hamm, Germany  
**Sun 8    Sutra 221**  
Khara 5113  
Moon 11 - Phase 29  
Navami  
**Sivaloka Day**  
Ganesha: Clear    *Sunrise: 7:54AM*  
Muruqa: White    *Sunset: 4:36PM*  
Nataraja: Red  
Moon – Red  
Karttika•Karttikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

|   |   |  |  |  |
|---|---|--|--|--|
| <b>1</b>  | <b>Sunday, November 20, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni*/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau |  | Hamm, Germany  |
|   | Simha Rasi: 23.5      Tithi 25<br>755486155   | <b>Gulika</b> 2:25PM – 3:30PM<br><b>Yama</b> 12:15PM – 1:20PM<br><b>Rahu</b> 3:30PM – 4:35PM   | <b>Purvaphalguni* Until 10:52AM</b><br>Vaidhriti* Until 10:17AM<br>Vanija Until 12:47PM<br>Dasami Until 11:51PM  | <b>Sun 9 Sutra 222</b><br>Khara 5113<br>Moon 11 - Phase 30<br>2nd Phase  |
|   | Creative Work Siddha Yoga<br>Until 10:52AM then Amrita Yoga<br>Until 7.48PM then Marana Yoga    |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 7:55AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:35PM<br><b>Nataraja:</b> Red<br>Moon – Red<br><b>Karttika•Karttikai</b>      | <b>Sivaloka Day</b>  |
| <b>2</b>  | <b>Monday, November 21, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau                |  | Hamm, Germany  |
|   | Kanya Rasi: 8.13      Tithi 26<br>755486155   | <b>Gulika</b> 1:20PM – 2:25PM<br><b>Yama</b> 11:11AM – 12:16PM<br><b>Rahu</b> 9:02AM – 10:06AM   | <b>Uttaraphalguni Until 8:51AM</b><br>Vishkambha* Until 6:55AM<br>Bava Until 9:56AM<br>Ekadasi* Until 8:13PM   | <b>Sun 10 Sutra 223</b><br>Khara 5113<br>Moon 11 - Phase 30<br>2nd Phase |
|   | Family Home Evening<br>Routine Work Marana Yoga<br>Until 8:51AM then Siddha Yoga                |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 7:57AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:34PM<br><b>Nataraja:</b> Red<br>Moon – Red<br><b>Karttika•Karttikai</b>      | <b>Sivaloka Day</b>  |
| <b>3</b>  | <b>Tuesday, November 22, 2011</b>   | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadasi*/Trayodasi* Yam Titau                  |  | Hamm, Germany  |
|   | Kanya Rasi: 22.55      Tithi 27 – 28<br>766486155   | <b>Gulika</b> 12:16PM – 1:20PM<br><b>Yama</b> 10:07AM – 11:12AM<br><b>Rahu</b> 2:24PM – 3:29PM   | <b>Hasta Until 6:40AM</b><br>Ayushman Until 11:21PM<br>Kaulava Until 7:02AM<br>Dvadasi* Until 5:19PM<br><i>Pradosha Vrata (Fasting)</i>                            | <b>Sun 11 Sutra 224</b><br>Khara 5113<br>Moon 11 - Phase 30<br>2nd Phase |
|   | Creative Work Siddha Yoga   |  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:59AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:33PM<br><b>Nataraja:</b> Red<br>Moon – Green<br><b>Karttika•Karttikai</b>   | <b>Devaloka Day</b>  |
| <b>4</b>  | <b>Wednesday, November 23, 2011</b>   | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau                      |  | Hamm, Germany  |
|   | Tula Rasi: 7.5      Tithi 28 – 29<br>766486155  | <b>Gulika</b> 11:12AM – 12:16PM<br><b>Yama</b> 9:04AM – 10:08AM<br><b>Rahu</b> 12:16PM – 1:20PM  | <b>Svati Until 1:28AM Thu</b><br>Saubhagya Until 7:28PM<br>Visti Until 12:20AM Thu<br>Trayodasi* Until 2:02PM  | <b>Sun 12 Sutra 225</b><br>Khara 5113<br>Moon 11 - Phase 30<br>2nd Phase |
|   | Creative Work Siddha Yoga<br>Until 7.49PM then Amrita Yoga<br>Until 1:28AM Thu then Siddha Yoga |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:00AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:32PM<br><b>Nataraja:</b> Red<br>Moon – Green<br><b>Karttika•Karttikai</b>    | <b>Sivaloka Day</b>  |
|  | <b>Thursday, November 24, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau        |  | Hamm, Germany  |
|   | <b>Retreat Star</b><br>Tula Rasi: 22.51      Tithi 29 – 30<br>776486155                         | <b>Gulika</b> 10:09AM – 11:13AM<br><b>Yama</b> 8:02AM – 9:05AM<br><b>Rahu</b> 1:20PM – 2:24PM  | <b>Visakha Until 10:46PM</b><br>Sobhana Until 3:25PM<br>Catuspada Until 8:53PM<br>Chaturdasi* Until 10:36AM  | <b>Sun 13 Sutra 226</b><br>Khara 5113<br>Moon 11 - Phase 30<br>Amavasya  |
|   | Creative Work Siddha Yoga<br>Until 7.49PM then Marana Yoga<br>Until 10:46PM then Siddha Yoga    |  | <b>Ganesha:</b> Orange <i>Sunrise:</i> 8:02AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:31PM<br><b>Nataraja:</b> Red<br>Moon – Orange<br><b>Karttika•Karttikai</b>  | <b>Sivaloka Day</b>  |
|   | <b>Friday, November 25, 2011</b>  | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau                  |  | Hamm, Germany  |
|   | <b>Retreat Star</b><br>Vrischika Rasi: 7.5      Tithi 30 – 1<br>776486155                       | <b>Gulika</b> 9:07AM – 10:10AM<br><b>Yama</b> 2:23PM – 3:27PM<br><b>Rahu</b> 11:13AM – 12:17PM   | <b>Anuradha Until 8:08PM</b><br>Athiganda* Until 11:26AM<br>Bava Until 3:48AM Sat<br>Amavasya* Until 7:14AM  | <b>Sun 14 Sutra 227</b><br>Khara 5113<br>Moon 11 - Phase 30<br>Prathama  |
|   | Creative Work Siddha Yoga   |  | <b>Ganesha:</b> Orange <i>Sunrise:</i> 8:03AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:30PM<br><b>Nataraja:</b> Red<br>Moon – Orange<br><b>Margasira•Karttikai</b> | <b>Sivaloka Day</b>  |

|          |                                    |  |               |
|----------|------------------------------------|--|---------------|
| <b>1</b> | <b>Saturday, November 26, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau | Hamm, Germany |
|          | Sun 15                             | <b>Sutra 228</b>   | Khara 5113    |

|                       |         |           |                               |                                 |   |                    |
|-----------------------|---------|-----------|-------------------------------|---------------------------------|---|--------------------|
| Vrischika Rasi: 22.37 | Tithi 2 | 776486155 | <b>Gulika</b> 8:05AM – 9:08AM | <b>Jyeshtha*</b> Until 6:39PM   | <b>Ganesha:</b> Orange <i>Sunrise:</i> 8:05AM |                    |
|                       |         |           | <b>Yama</b> 1:20PM – 2:23PM   | Sukarma Until 7:51AM            | <b>Muruqa:</b> White <i>Sunset:</i> 4:29PM    | Moon 11 - Phase 31 |
|                       |         |           | <b>Rahu</b> 10:11AM – 11:14AM | Balava Until 3:07PM             | <b>Nataraja:</b> Red                          | 3rd Phase          |
|                       |         |           |                               | <b>Dvitiya</b> Until 2:12AM Sun | <b>Margasira-Karttikai</b>                    |                    |

Creative Work Siddha Yoga  
Until 7.49PM then Amrita Yoga

**Sivaloka Day**

|          |                                  |   |               |
|----------|----------------------------------|---|---------------|
| <b>2</b> | <b>Sunday, November 27, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Shula* Yoga Tailila/Gara Karana Tritiya Yam Titau | Hamm, Germany |
|          | Sun 16                           | <b>Sutra 229</b>  | Khara 5113    |

|                   |         |           |                               |                              |  |                    |
|-------------------|---------|-----------|-------------------------------|------------------------------|--|--------------------|
| Dhanus Rasi: 7.06 | Tithi 3 | 786486155 | <b>Gulika</b> 2:23PM – 3:25PM | <b>Mula*</b> Until 4:41PM    | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:06AM |                    |
|                   |         |           | <b>Yama</b> 12:17PM – 1:20PM  | Shula* Until 1:43AM Mon      | <b>Muruqa:</b> White <i>Sunset:</i> 4:28PM   | Moon 11 - Phase 31 |
|                   |         |           | <b>Rahu</b> 3:25PM – 4:28PM   | Tailila Until 12:24PM        | <b>Nataraja:</b> Red                         | 3rd Phase          |
|                   |         |           |                               | <b>Tritiya</b> Until 11:28PM | <b>Margasira-Karttikai</b>                   |                    |

Creative Work Amrita Yoga  
Until 4:41PM then Siddha Yoga  
Until 7.50PM then Marana Yoga

**Sivaloka Day**

|          |                                  |   |               |
|----------|----------------------------------|---|---------------|
| <b>3</b> | <b>Monday, November 28, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chalurthi* Yam Titau | Hamm, Germany |
|          | Sun 17                           | <b>Sutra 230</b>  | Khara 5113    |

|                            |         |           |                               |                                  |  |                    |
|----------------------------|---------|-----------|-------------------------------|----------------------------------|--|--------------------|
| Dhanus Rasi: 21.11         | Tithi 4 | 786486155 | <b>Gulika</b> 1:20PM – 2:22PM | <b>Purvashadha*</b> Until 3:23PM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:08AM |                    |
| <b>Family Home Evening</b> |         |           | <b>Yama</b> 11:15AM – 12:18PM | Ganda* Until 10:54PM             | <b>Muruqa:</b> White <i>Sunset:</i> 4:27PM   | Moon 11 - Phase 31 |
| Routine Work Marana Yoga   |         |           | <b>Rahu</b> 9:10AM – 10:13AM  | Vanija Until 10:25AM             | <b>Nataraja:</b> Red                         | 3rd Phase          |
|                            |         |           |                               | <b>Chaturthi*</b> Until 9:29PM   | <b>Margasira-Karttikai</b>                   |                    |

Until 7.50PM then Prabalarishta Yoga

**Sivaloka Day**

|          |                                   |  |               |
|----------|-----------------------------------|--|---------------|
| <b>4</b> | <b>Tuesday, November 29, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau | Hamm, Germany |
|          | Sun 18                            | <b>Sutra 231</b>   | Khara 5113    |

|                  |         |           |                                |                                  |  |                    |
|------------------|---------|-----------|--------------------------------|----------------------------------|--|--------------------|
| Makara Rasi: 4.5 | Tithi 5 | 786486155 | <b>Gulika</b> 12:18PM – 1:20PM | <b>Uttarashadha</b> Until 3:31PM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:09AM |                    |
|                  |         |           | <b>Yama</b> 10:14AM – 11:16AM  | Vriddhi Until 9:49PM             | <b>Muruqa:</b> White <i>Sunset:</i> 4:27PM   | Moon 11 - Phase 31 |
|                  |         |           | <b>Rahu</b> 2:22PM – 3:24PM    | Bava Until 9:30AM                | <b>Nataraja:</b> Red                         | 3rd Phase          |
|                  |         |           |                                | <b>Panchami</b> Until 9:30PM     | <b>Margasira-Karttikai</b>                   |                    |

Routine Work Prabalarishta Yoga  
Until 3:31PM then Siddha Yoga

**Sivaloka Day**

|          |                                     |   |               |
|----------|-------------------------------------|---|---------------|
| <b>5</b> | <b>Wednesday, November 30, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shasthi* Yam Titau | Hamm, Germany |
|          | Sun 19                              | <b>Sutra 232</b>  | Khara 5113    |

|                    |         |           |                                 |                              |  |                    |
|--------------------|---------|-----------|---------------------------------|------------------------------|--|--------------------|
| Makara Rasi: 18.03 | Tithi 6 | 797486155 | <b>Gulika</b> 11:16AM – 12:18PM | <b>Sravana</b> Until 3:45PM  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:11AM |                    |
|                    |         |           | <b>Yama</b> 9:13AM – 10:15AM    | Dhruva Until 8:18PM          | <b>Muruqa:</b> White <i>Sunset:</i> 4:26PM   | Moon 11 - Phase 31 |
|                    |         |           | <b>Rahu</b> 12:18PM – 1:20PM    | Kaulava Until 9:07AM         | <b>Nataraja:</b> Red                         | 3rd Phase          |
|                    |         |           |                                 | <b>Shasthi*</b> Until 9:07PM | <b>Margasira-Karttikai</b>                   |                    |

Creative Work Siddha Yoga  
Until 3:45PM then Prabalarishta Yoga  
Until 7.51PM then Siddha Yoga


**Sivaloka Day**

|          |                                   |   |               |
|----------|-----------------------------------|---|---------------|
| <b>6</b> | <b>Thursday, December 1, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau | Hamm, Germany |
|          | Sun 20                            | <b>Sutra 233</b>  | Khara 5113    |

|                   |         |           |                                 |                                |  |                    |
|-------------------|---------|-----------|---------------------------------|--------------------------------|--|--------------------|
| Kumbha Rasi: 0.51 | Tithi 7 | 797486155 | <b>Gulika</b> 10:16AM – 11:17AM | <b>Dhanishtha</b> Until 5:37PM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:12AM |                    |
|                   |         |           | <b>Yama</b> 8:12AM – 9:14AM     | Vyaghata* Until 8:30PM         | <b>Muruqa:</b> White <i>Sunset:</i> 4:25PM   | Moon 11 - Phase 31 |
|                   |         |           | <b>Rahu</b> 1:20PM – 2:22PM     | Gara Until 9:51AM              | <b>Nataraja:</b> Red                         | 3rd Phase          |
|                   |         |           |                                 | <b>Saptami</b> Until 10:57PM   | <b>Margasira-Karttikai</b>                   |                    |

Creative Work Siddha Yoga  
Until 5:37PM then Marana Yoga  
Until 7.51PM then Siddha Yoga

**Sivaloka Day**

|   |                                 |   |               |
|---|---------------------------------|---|---------------|
|  | <b>Friday, December 2, 2011</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau | Hamm, Germany |
|   | Sun 21                          | <b>Sutra 234</b>  | Khara 5113    |

|                     |         |           |                                |                                   |  |                    |
|---------------------|---------|-----------|--------------------------------|-----------------------------------|--|--------------------|
| <b>Retreat Star</b> | Tithi 8 | 797486155 | <b>Gulika</b> 9:15AM – 10:16AM | <b>Satabhisha</b> Until 7:22PM    | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:14AM |                    |
| Kumbha Rasi: 13.19  |         |           | <b>Yama</b> 2:22PM – 3:23PM    | Harshana Until 8:15PM             | <b>Muruqa:</b> White <i>Sunset:</i> 4:25PM   | Moon 11 - Phase 31 |
|                     |         |           | <b>Rahu</b> 11:18AM – 12:19PM  | Visti Until 11:03AM               | <b>Nataraja:</b> Red                         | Ashtami            |
|                     |         |           |                                | <b>Ashtami*</b> Until 12:09AM Sat | <b>Margasira-Karttikai</b>                   |                    |

Creative Work Siddha Yoga

**Sivaloka Day**

|                                   |                     |   |               |
|-----------------------------------|---------------------|---|---------------|
| <b>Saturday, December 3, 2011</b> | <b>Retreat Star</b> | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau | Hamm, Germany |
|                                   | Sun 22              | <b>Sutra 235</b>  | Khara 5113    |

|                    |         |           |                               |                                      |   |                    |
|--------------------|---------|-----------|-------------------------------|--------------------------------------|---|--------------------|
| Kumbha Rasi: 25.31 | Tithi 9 | 717486155 | <b>Gulika</b> 8:15AM – 9:16AM | <b>Purvaprostapada*</b> Until 9:39PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:15AM |                    |
|                    |         |           | <b>Yama</b> 1:21PM – 2:22PM   | Vajra* Until 8:28PM                  | <b>Muruqa:</b> White <i>Sunset:</i> 4:24PM    | Moon 11 - Phase 31 |
|                    |         |           | <b>Rahu</b> 10:17AM – 11:18AM | Balava Until 12:51PM                 | <b>Nataraja:</b> Red                          | Navami             |
|                    |         |           |                               | <b>Navami*</b> Until 1:56AM Sun      | <b>Margasira-Karttikai</b>                    |                    |

Creative Work Siddha Yoga  
Until 9:39PM then Amrita Yoga

**Sivaloka Day**

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

|   |   |  |   |
|---|---|--|---|
| <b>1</b>  | <b>Sunday, December 4, 2011</b>             | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraprostapada Nakshatra Siddhi Yoga Tailila/Gara Karana Dasami Yam Titau | Hamm, Germany   |
|   | Meena Rasi: 7.31      Tithi 10<br>717486155 | <b>Gulika</b> 2:22PM – 3:23PM<br><b>Yama</b> 12:20PM – 1:21PM<br><b>Rahu</b> 3:23PM – 4:23PM   | <b>Sun 23 Sutra 236</b><br>Khara 5113<br>Moon 11 - Phase 32<br>4th Phase  |
| Creative Work    Amrita Yoga<br>Until 7.52PM then Siddha Yoga |   | <b>Uttaraprostapada Until 12:18AM Mon</b><br><b>Siddhi Until 9:03PM</b><br><b>Taitila Until 3:02PM</b><br><b>Dasami Until 4:08AM Mon</b>                                       | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:16AM<br><b>Muruqa:</b> White <i>Sunset:</i> 4:23PM<br><b>Nataraja:</b> Red<br>Moon – Clear<br><b>Margasira-Karttikai</b> |
|   |   |  | <b>Sivaloka Day</b>   |

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|---|--|---|---|
| <b>2</b>  | <b>Monday, December 5, 2011</b>              | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau | Hamm, Germany   |
|   | Meena Rasi: 19.25      Tithi 11<br>717496155 | <b>Gulika</b> 1:21PM – 2:22PM<br><b>Yama</b> 11:20AM – 12:20PM<br><b>Rahu</b> 9:18AM – 10:19AM  | <b>Sun 24 Sutra 237</b><br>Khara 5113<br>Moon 11 - Phase 32<br>4th Phase  |
| Family Home Evening<br>Creative Work    Siddha Yoga |  | <b>Revati Until 3:11AM Tue</b><br><b>Vyatipata* Until 9:50PM</b><br><b>Vanija Until 5:29PM</b><br><b>Ekadasi Until 6:58AM Tue</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:18AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:23PM<br><b>Nataraja:</b> Red<br>Moon – Clear<br><b>Margasira-Karttikai</b> |
|   |  |   | <b>Devaloka Day</b>   |

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| <b>3</b>  | <b>Tuesday, December 6, 2011</b>                 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | Hamm, Germany  |
|   | Mesha Rasi: 1.15      Tithi 11 – 12<br>727496155 | <b>Gulika</b> 12:21PM – 1:21PM<br><b>Yama</b> 10:20AM – 11:20AM<br><b>Rahu</b> 2:22PM – 3:22PM  | <b>Sun 25 Sutra 238</b><br>Khara 5113<br>Moon 11 - Phase 32<br>4th Phase   |
| Creative Work    Siddha Yoga<br>Until 7.53PM then Marana Yoga |  | <b>Asvini Until 6:27AM Wed</b><br><b>Variyan Until 10:43PM</b><br><b>Bava Until 8:03PM</b><br><b>Ekadasi Until 6:58AM</b>   | <b>Ganesha:</b> White <i>Sunrise:</i> 8:19AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:23PM<br><b>Nataraja:</b> Red<br>Moon – White<br><b>Margasira-Karttikai</b> |
|   |  |   | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM  |

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|--|---|---|--|
| <b>4</b>   | <b>Wednesday, December 7, 2011</b>                | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | Hamm, Germany  |
|  | Mesha Rasi: 13.06      Tithi 12 – 13<br>728496155 | <b>Gulika</b> 11:21AM – 12:21PM<br><b>Yama</b> 9:20AM – 10:21AM<br><b>Rahu</b> 12:21PM – 1:21PM   | <b>Sun 26 Sutra 239</b><br>Khara 5113<br>Moon 11 - Phase 32<br>4th Phase   |
| Routine Work    Marana Yoga<br>Until 7.54PM then Siddha Yoga |   | <b>Asvini Until 6:27AM</b><br><b>Parigha* Until 11:35PM</b><br><b>Kaulava Until 10:35PM</b><br><b>Dvadasi Until 9:30AM</b><br><i>Pradosha Vrata</i>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:20AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:23PM<br><b>Nataraja:</b> Red<br>Moon – White<br><b>Margasira-Karttikai</b> |
|  |   |   | <b>Devaloka Day</b>  |

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|--|---|---|--|
| <b>5</b>   | <b>Thursday, December 8, 2011</b>                 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | Hamm, Germany  |
|  | Mesha Rasi: 25.01      Tithi 13 – 14<br>728596155 | <b>Gulika</b> 10:22AM – 11:22AM<br><b>Yama</b> 8:21AM – 9:21AM<br><b>Rahu</b> 1:22PM – 2:22PM   | <b>Sun 27 Sutra 240</b><br>Khara 5113<br>Moon 11 - Phase 32<br>4th Phase   |
| Creative Work    Siddha Yoga<br>Until 9:18AM then Marana Yoga<br>Until 7.54PM then Siddha Yoga |   | <b>Bharani Until 9:18AM</b><br><b>Shiva Until 12:19AM Fri</b><br><b>Gara Until 12:59AM Fri</b><br><b>Trayodasi Until 11:54AM</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 8:21AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:22PM<br><b>Nataraja:</b> Red<br>Moon – White<br><b>Margasira-Karttikai</b> |
|  |   | <b>Krittika Deepam</b>  | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM  |

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| <b>○</b>  | <b>Friday, December 9, 2011</b>                      | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | Hamm, Germany  |
|   | Mrigshira Rasi: 7.03      Tithi 14 – 15<br>728596155 | <b>Gulika</b> 9:22AM – 10:22AM<br><b>Yama</b> 2:22PM – 3:22PM<br><b>Rahu</b> 11:22AM – 12:22PM   | <b>Sutra 241</b><br>Khara 5113<br>Moon 11 - Phase 32<br>Purnima  |
| Creative Work    Siddha Yoga<br>Until 11:54AM then Marana Yoga<br>Until 7.54PM then Amrita Yoga |  | <b>Krittika Until 11:54AM</b><br><b>Siddha Until 12:52AM Sat</b><br><b>Visti Until 3:09AM Sat</b><br><b>Chaturdasi* Until 2:03PM</b>   | <b>Ganesha:</b> White <i>Sunrise:</i> 8:22AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:22PM<br><b>Nataraja:</b> Red<br>Moon – White<br><b>Margasira-Karttikai</b> |
|   |  | <b>Sivalaya Deepam</b>   | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM  |

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|---|---|--|---|
| <b>○</b>  | <b>Saturday, December 10, 2011</b>                    | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam<br>Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | Hamm, Germany   |
|   | Mrigshira Rasi: 19.13      Tithi 15 – 16<br>738596155 | <b>Gulika</b> 8:24AM – 9:23AM<br><b>Yama</b> 1:22PM – 2:22PM<br><b>Rahu</b> 10:23AM – 11:23AM  | <b>Sutra 242</b><br>Khara 5113<br>Moon 11 - Phase 32<br>Prathama  |
| Creative Work    Amrita Yoga<br>Until 2:13PM then Siddha Yoga |   | <b>Rohini Until 2:13PM</b><br><b>Sadhya Until 1:07AM Sun</b><br><b>Balava Until 4:59AM Sun</b><br><b>Purnima* Until 3:53PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:24AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:22PM<br><b>Nataraja:</b> Red<br>Moon – Yellow<br><b>Margasira-Karttikai</b> |
|   |   | <b>Vinayaga Viratam Begins</b>   | <b>Devaloka Day</b>   |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛṣṇa Yajur Veda, Kathau 2.2.12. UpR, 640





**Sunday, December 11, 2011**  
**Gold Retreat Star**

Mithuna Rasi: 1.35 Tithi 16 – 17  
738596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika** 2:22PM – 3:22PM **Mrigasira** **Until 3:24PM**  
**Yama** 12:23PM – 1:23PM **Subha** **Until 11:41PM**  
**Rahu** 3:22PM – 4:21PM **Taitila** **Until 4:23AM Mon**  
**Prathama\*** **Until 4:23PM**

**Ganesha:** Clear *Sunrise: 8:25AM*  
**Muruqa:** Clear *Sunset: 4:21PM*  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

Hamm, Germany  
**Sun 1** **Sutra 243**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**1**

**Monday, December 12, 2011**

Mithuna Rasi: 14.08 Tithi 17 – 18  
**Family Home Evening** 738596155  
Creative Work Siddha Yoga  
Until 4:49PM then Amrita Yoga  
Until 7:56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 1:23PM – 2:22PM **Ardra** **Until 4:49PM**  
**Yama** 11:24AM – 12:24PM **Sukla** **Until 11:16PM**  
**Rahu** 9:25AM – 10:25AM **Vanija** **Until 5:18AM Tue**  
**Dvitiya** **Until 5:18PM**

**Ganesha:** Clear *Sunrise: 8:26AM*  
**Muruqa:** Clear *Sunset: 4:21PM*  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

Hamm, Germany  
**Sun 2** **Sutra 244**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**2**

**Tuesday, December 13, 2011**

Mithuna Rasi: 26.55 Tithi 18 – 19  
749596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 12:24PM – 1:23PM **Punarvasu** **Until 5:52PM**  
**Yama** 10:25AM – 11:25AM **Brahma** **Until 10:30PM**  
**Rahu** 2:23PM – 3:22PM **Bava** **Until 5:47AM Wed**  
**Tritiya** **Until 5:47PM**

**Ganesha:** Clear *Sunrise: 8:27AM*  
**Muruqa:** Clear *Sunset: 4:21PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Hamm, Germany  
**Sun 3** **Sutra 245**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**3**

**Wednesday, December 14, 2011**

Kataka Rasi: 9.54 Tithi 19 – 20  
749596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 11:25AM – 12:24PM **Pushya** **Until 6:29PM**  
**Yama** 9:27AM – 10:26AM **Indra** **Until 9:20PM**  
**Rahu** 12:24PM – 1:24PM **Kaulava** **Until 5:50AM Thu**  
**Chaturthi\*** **Until 5:50PM**

**Ganesha:** Clear *Sunrise: 8:28AM*  
**Muruqa:** Clear *Sunset: 4:21PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Hamm, Germany  
**Sun 4** **Sutra 246**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**4**

**Thursday, December 15, 2011**

Kataka Rasi: 23.07 Tithi 20 – 21  
749596155  
Creative Work Siddha Yoga  
Until 6:42PM then Amrita Yoga  
Until 7:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\* Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 10:27AM – 11:26AM **Aslesha\*** **Until 6:42PM**  
**Yama** 8:28AM – 9:28AM **Vaidhriti\*** **Until 7:48PM**  
**Rahu** 1:24PM – 2:23PM **Gara** **Until 5:26AM Fri**  
**Panchami** **Until 5:26PM**

**Ganesha:** Clear *Sunrise: 8:28AM*  
**Muruqa:** Clear *Sunset: 4:22PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Hamm, Germany  
**Sun 5** **Sutra 247**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**5**

**Friday, December 16, 2011**

Simha Rasi: 6.34 Tithi 21 – 22  
759596155  
Routine Work Marana Yoga  
Until 5:37PM then Siddha Yoga  
Until 7:58PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika** 9:28AM – 10:27AM **Magha\*** **Until 5:37PM**  
**Yama** 2:24PM – 3:23PM **Vishkambha\*** **Until 5:04PM**  
**Rahu** 11:26AM – 12:25PM **Visti** **Until 2:51AM Sat**  
**Shasthi\*** **Until 3:47PM**

**Ganesha:** White *Sunrise: 8:29AM*  
**Muruqa:** Clear *Sunset: 4:22PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Hamm, Germany  
**Sun 6** **Sutra 248**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Sivaloka Day**



**Saturday, December 17, 2011**  
**Retreat Star**

Simha Rasi: 20.14 Tithi 22 – 23  
859596155  
Routine Work Marana Yoga  
Until 7:58PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlami\* Yam Titau

**Gulika** 8:30AM – 9:29AM **Purvaphalguni\*** **Until 5:02PM**  
**Yama** 1:25PM – 2:24PM **Priti** **Until 2:54PM**  
**Rahu** 10:28AM – 11:27AM **Balava** **Until 1:39AM Sun**  
**Saptami** **Until 2:34PM**

**Ganesha:** Clear *Sunrise: 8:30AM*  
**Muruqa:** Clear *Sunset: 4:22PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Hamm, Germany  
**Sun 7** **Sutra 249**  
Khara 5113  
Moon 12 - Phase 33  
Ashtami

**Devaloka Day**

**Sunday, December 18, 2011**

**Retreat Star**

Kanya Rasi: 4.08 Tithi 23 – 24  
859596155  
Creative Work Amrita Yoga  
Until 7:59PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika** 2:24PM – 3:23PM **Uttaraphalguni** **Until 4:04PM**  
**Yama** 12:26PM – 1:25PM **Ayushman** **Until 12:22PM**  
**Rahu** 3:23PM – 4:22PM **Taitila** **Until 12:01AM Mon**  
**Ashtami\*** **Until 12:57PM**

**Ganesha:** Clear *Sunrise: 8:31AM*  
**Muruqa:** Clear *Sunset: 4:22PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Hamm, Germany  
**Sun 8** **Sutra 250**  
Khara 5113  
Moon 12 - Phase 33  
Navami

**Devaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718


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|--------------------------------------|----------------------------------|--|--|
| <b>1</b>                             | <b>Monday, December 19, 2011</b> | Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau | Hamm, Germany                                |
|                                      |                                  |  | <b>Sun 9 Sutra 251</b><br>Khara 5113         |
| Kanya Rasi: 18.15                    | Tithi 24 – 25                    | <b>Gulika</b> 1:26PM – 2:25PM  | <b>Hasta</b> <b>Until 2:42PM</b>             |
| Family Home Evening                  | 869596155                        | <b>Yama</b> 11:28AM – 12:27PM  | <b>Saubhagya</b> <b>Until 9:29AM</b>         |
| Creative Work                        | Siddha Yoga                      | <b>Rahu</b> 9:30AM – 10:29AM   | <b>Vanija</b> <b>Until 9:58PM</b>            |
| Until 2:42PM then Prabalarishta Yoga |                                  |  | <b>Navami*</b> <b>Until 10:54AM</b>          |
| Until 7:59PM then Siddha Yoga        |                                  |  | <b>Ganesha:</b> White <i>Sunrise:</i> 8:31AM |
|                                      |                                  |  | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:23PM   |
|                                      |                                  |  | <b>Nataraja:</b> Red                         |
|                                      |                                  |  | Moon – Green                                 |
|                                      |                                  |  | <b>Margasira-Markali</b>                     |
|                                      |                                  |  | <b>Sivaloka Day</b>                          |

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| <b>2</b>        | <b>Tuesday, December 20, 2011</b> | Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | Hamm, Germany                                |
|                 |                                   |   | <b>Sun 10 Sutra 252</b><br>Khara 5113        |
| Tula Rasi: 2.35 | Tithi 25 – 26                     | <b>Gulika</b> 12:27PM – 1:26PM  | <b>Chitra</b> <b>Until 1:00PM</b>            |
|                 | 869596155                         | <b>Yama</b> 10:30AM – 11:29AM   | <b>Sobhana</b> <b>Until 6:14AM</b>           |
| Creative Work   | Siddha Yoga                       | <b>Rahu</b> 2:25PM – 3:24PM   | <b>Bava</b> <b>Until 7:33PM</b>              |
|                 |                                   |   | <b>Dasami</b> <b>Until 8:29AM</b>            |
|                 |                                   |   | <b>Ganesha:</b> White <i>Sunrise:</i> 8:32AM |
|                 |                                   |   | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:23PM   |
|                 |                                   |   | <b>Nataraja:</b> Red                         |
|                 |                                   |   | Moon – Green                                 |
|                 |                                   |   | <b>Margasira-Markali</b>                     |
|                 |                                   |   | <b>Sivaloka Day</b>                          |

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| <b>3</b>         | <b>Wednesday, December 21, 2011</b> | Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Svati/Visakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | Hamm, Germany                                |
|                  |                                     |  | <b>Sun 11 Sutra 253</b><br>Khara 5113        |
| Tula Rasi: 17.04 | Tithi 27                            | <b>Gulika</b> 11:29AM – 12:28PM  | <b>Svati</b> <b>Until 10:41AM</b>            |
|                  | 861596155                           | <b>Yama</b> 9:31AM – 10:30AM   | <b>Sukarma</b> <b>Until 10:59PM</b>          |
| Creative Work    | Siddha Yoga                         | <b>Rahu</b> 12:28PM – 1:27PM   | <b>Kaulava</b> <b>Until 4:04PM</b>           |
|                  |                                     | <b>Day 1 of Pancha Ganapati</b>  | <b>Dvadasi*</b> <b>Until 2:21AM Thu</b>      |
|                  |                                     |  | <b>Ganesha:</b> White <i>Sunrise:</i> 8:33AM |
|                  |                                     |  | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:23PM   |
|                  |                                     |  | <b>Nataraja:</b> Red                         |
|                  |                                     |  | Moon – Green                                 |
|                  |                                     |  | <b>Margasira-Markali</b>                     |
|                  |                                     |  | <b>Sivaloka Day</b>                          |

|                       |                                    |   |   |
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| <b>4</b>              | <b>Thursday, December 22, 2011</b> | Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau | Hamm, Germany                                 |
|                       |                                    |   | <b>Sun 12 Sutra 254</b><br>Khara 5113         |
| Wrishchika Rasi: 1.39 | Tithi 28                           | <b>Gulika</b> 10:31AM – 11:30AM   | <b>Visakha</b> <b>Until 8:41AM</b>            |
|                       | 871596155                          | <b>Yama</b> 8:33AM – 9:32AM   | <b>Dhriti</b> <b>Until 7:35PM</b>             |
| Creative Work         | Siddha Yoga                        | <b>Rahu</b> 1:27PM – 2:26PM   | <b>Gara</b> <b>Until 1:23PM</b>               |
|                       |                                    | <b>Day 2 of Pancha Ganapati</b>   | <b>Trayodasi*</b> <b>Until 11:40PM</b>        |
|                       |                                    |   | <i>Pradosha Vrata (Fasting)</i>               |
|                       |                                    |   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:33AM |
|                       |                                    |   | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:24PM    |
|                       |                                    |   | <b>Nataraja:</b> Red                          |
|                       |                                    |   | Moon – Orange                                 |
|                       |                                    |   | <b>Margasira-Markali</b>                      |
|                       |                                    |   | <b>Devaloka Day</b>                           |

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| <b>5</b>                             | <b>Friday, December 23, 2011</b> | Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | Hamm, Germany                                 |
|                                      |                                  |   | <b>Sun 13 Sutra 255</b><br>Khara 5113         |
| Wrishchika Rasi: 16.14               | Tithi 29                         | <b>Gulika</b> 9:32AM – 10:31AM  | <b>Anuradha</b> <b>Until 6:45AM</b>           |
|                                      | 871596155                        | <b>Yama</b> 2:27PM – 3:26PM   | <b>Shula*</b> <b>Until 4:51PM</b>             |
| Creative Work                        | Siddha Yoga                      | <b>Rahu</b> 11:30AM – 12:29PM   | <b>Visti</b> <b>Until 11:04AM</b>             |
| Until 6:45AM then Prabalarishta Yoga |                                  | <b>Day 3 of Pancha Ganapati</b>   | <b>Chaturdasi*</b> <b>Until 10:09PM</b>       |
| Until 8:01PM then Siddha Yoga        |                                  |   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:34AM |
|                                      |                                  |   | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:24PM    |
|                                      |                                  |   | <b>Nataraja:</b> Red                          |
|                                      |                                  |   | Moon – Orange                                 |
|                                      |                                  |   | <b>Margasira-Markali</b>                      |
|                                      |                                  |   | <b>Devaloka Day</b>                           |

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|  | <b>Saturday, December 24, 2011</b> | Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam<br>Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | Hamm, Germany                              |
|   | <b>Retreat Star</b>                |  | <b>Sun 14 Sutra 256</b><br>Khara 5113      |
| Dhanus Rasi: 0.43   | Tithi 30                           | <b>Gulika</b> 8:34AM – 9:33AM  | <b>Mula*</b> <b>Until 3:38AM Sun</b>       |
|   | 881596155                          | <b>Yama</b> 1:28PM – 2:27PM  | <b>Ganda*</b> <b>Until 1:24PM</b>          |
| Creative Work   | Siddha Yoga                        | <b>Rahu</b> 10:32AM – 11:31AM  | <b>Catuspada</b> <b>Until 8:22AM</b>       |
| Until 8:02PM then Amrita Yoga   |                                    | <b>Day 4 of Pancha Ganapati</b>  | <b>Amavasya*</b> <b>Until 7:27PM</b>       |
| Until 3:38AM Sun then Siddha Yoga   |                                    |  | <b>Ganesha:</b> Red <i>Sunrise:</i> 8:34AM |
|   |                                    |  | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM |
|   |                                    |  | <b>Nataraja:</b> Red                       |
|   |                                    |  | Moon – Light Blue                          |
|   |                                    |  | <b>Margasira-Markali</b>                   |
|   |                                    |  | <b>Devaloka Day</b>                        |

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| <b>Retreat Star</b>           | <b>Sunday, December 25, 2011</b> | Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau | Hamm, Germany                               |
|                               |                                  |   | <b>Sun 15 Sutra 257</b><br>Khara 5113       |
| Dhanus Rasi: 14.59            | Tithi 1 – 2                      | <b>Gulika</b> 2:28PM – 3:27PM   | <b>Purvashadha*</b> <b>Until 2:01AM Mon</b> |
|                               | 881596155                        | <b>Yama</b> 12:30PM – 1:29PM  | <b>Vridhhi</b> <b>Until 10:15AM</b>         |
| Creative Work                 | Siddha Yoga                      | <b>Rahu</b> 3:27PM – 4:26PM   | <b>Kintughna</b> <b>Until 6:03AM</b>        |
| Until 8:02PM then Marana Yoga |                                  | <b>Day 5 of Pancha Ganapati</b>   | <b>Prathama*</b> <b>Until 5:07PM</b>        |
|                               |                                  |   | <b>Ganesha:</b> Red <i>Sunrise:</i> 8:34AM  |
|                               |                                  |   | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:26PM  |
|                               |                                  |   | <b>Nataraja:</b> Red                        |
|                               |                                  |   | Moon – Light Blue                           |
|                               |                                  |   | <b>Pausha-Markali</b>                       |
|                               |                                  |   | <b>Devaloka Day</b>                         |

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

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| <b>1</b> | <b>Monday, December 26, 2011</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau |   | Hamm, Germany   |
|          | Dhanu Rasi: 28.59    Tithi 2 – 3<br>Family Home Evening    881596156<br>Routine Work    Marana Yoga<br>Until 8.03PM then Prabalarishta Yoga<br>Until 12:54AM Tue then Siddha Yoga | <b>Gulika</b> 1:30PM – 2:28PM<br><b>Yama</b> 11:32AM – 12:31PM<br><b>Rahu</b> 9:34AM – 10:33AM  | <b>Uttarashadha Until 12:54AM Tue</b><br>Dhruva Until 7:35AM<br>Taitila Until 2:25AM Tue<br><b>Dvitiya Until 3:20PM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 8:35AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:26PM<br><b>Nataraja:</b> Yellow<br>Moon – Light Blue<br><b>Pausha-Markali</b> |

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| <b>2</b> | <b>Tuesday, December 27, 2011</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Sravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau |  | Hamm, Germany  |
|          | Makara Rasi: 12.37    Tithi 3 – 4<br>Creative Work    Siddha Yoga<br>Until 1:48AM Wed then Prabalarishta Yoga | <b>Gulika</b> 12:31PM – 1:30PM<br><b>Yama</b> 10:33AM – 11:32AM<br><b>Rahu</b> 2:29PM – 3:28PM   | <b>Sravana Until 1:48AM Wed</b><br>Harshana Until 4:17AM Wed<br>Vanija Until 2:53AM Wed<br><b>Tritiya Until 2:53PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:35AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:27PM<br><b>Nataraja:</b> Yellow<br>Moon – Purple<br><b>Pausha-Markali</b> |


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| <b>3</b> | <b>Wednesday, December 28, 2011</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau |  | Hamm, Germany  |
|          | Makara Rasi: 25.52    Tithi 4 – 5<br>Routine Work    Prabalarishta Yoga<br>Until 8:04PM then Siddha Yoga<br>Until 1:57AM Thu then Marana Yoga | <b>Gulika</b> 11:32AM – 12:32PM<br><b>Yama</b> 9:34AM – 10:33AM<br><b>Rahu</b> 12:32PM – 1:31PM  | <b>Dhanishtha Until 1:57AM Thu</b><br>Vajra* Until 2:41AM Thu<br>Bava Until 2:25AM Thu<br><b>Chaturthi* Until 2:25PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:35AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:28PM<br><b>Nataraja:</b> Yellow<br>Moon – Purple<br><b>Pausha-Markali</b> |

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| <b>4</b> | <b>Thursday, December 29, 2011</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau |   | Hamm, Germany  |
|          | Kumbha Rasi: 8.44    Tithi 5 – 6<br>Routine Work    Marana Yoga<br>Until 8:04PM then Siddha Yoga | <b>Gulika</b> 10:34AM – 11:33AM<br><b>Yama</b> 8:35AM – 9:34AM<br><b>Rahu</b> 1:31PM – 2:30PM  | <b>Satabhisha Until 2:47AM Fri</b><br>Siddhi Until 1:43AM Fri<br>Kaulava Until 2:42AM Fri<br><b>Panchami Until 2:42PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:35AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:29PM<br><b>Nataraja:</b> Yellow<br>Moon – Purple<br><b>Pausha-Markali</b> |

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| <b>5</b> | <b>Friday, December 30, 2011</b>                                  | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau |  | Hamm, Germany   |
|          | Kumbha Rasi: 21.17    Tithi 6 – 7<br>Creative Work    Siddha Yoga | <b>Gulika</b> 9:35AM – 10:34AM<br><b>Yama</b> 2:31PM – 3:30PM<br><b>Rahu</b> 11:33AM – 12:33PM   | <b>Purvaprostapada* Until 6:07AM Sat</b><br>Vyatipata* Until 2:49AM Sat<br>Gara Until 5:39AM Sat<br><b>Shasthi* Until 4:33PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:35AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:30PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Pausha-Markali</b> |

**Vinayaga Viratam Ends**

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| <b>6</b> | <b>Saturday, December 31, 2011</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraprostapada Nakshatra Varyan Yoga Vanija Karana Saptami Yam Titau |   | Hamm, Germany   |
|          | Meena Rasi: 3.32    Tithi 7<br>Creative Work    Siddha Yoga<br>Until 8:05PM then Amrita Yoga | <b>Gulika</b> 8:35AM – 9:35AM<br><b>Yama</b> 1:32PM – 2:32PM<br><b>Rahu</b> 10:34AM – 11:34AM   | <b>Uttaraprostapada Until 8:12AM Sun</b><br>Varyan Until 2:56AM Sun<br>Vanija Until 7:19AM Sun<br><b>Saptami Until 6:14PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 8:35AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:31PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Pausha-Markali</b> |

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|  | <b>Sunday, January 1, 2012</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau |   | Hamm, Germany   |
|   | <b>Retreat Star</b><br>Meena Rasi: 15.34    Tithi 8<br>Creative Work    Amrita Yoga<br>Until 8:06PM then Siddha Yoga | <b>Gulika</b> 2:33PM – 3:33PM<br><b>Yama</b> 12:34PM – 1:34PM<br><b>Rahu</b> 3:33PM – 4:33PM   | <b>Uttaraprostapada Until 8:12AM</b><br>Parigha* Until 3:27AM Mon<br>Visti Until 7:17AM<br><b>Ashtami* Until 8:22PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 8:35AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:33PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Pausha-Markali</b> |

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| <b>Monday, January 2, 2012</b> | <b>Retreat Star</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau |  | Hamm, Germany   |
|                                | Meena Rasi: 27.28    Tithi 9<br>Family Home Evening    812696156<br>Creative Work    Siddha Yoga | <b>Gulika</b> 1:34PM – 2:34PM<br><b>Yama</b> 11:35AM – 12:35PM<br><b>Rahu</b> 9:35AM – 10:35AM   | <b>Revati Until 11:05AM</b><br>Shiva Until 4:13AM Tue<br>Balava Until 9:44AM<br><b>Navami* Until 10:49PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:35AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:34PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Pausha-Markali</b> |

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| <b>1</b>                      | <b>Tuesday, January 3, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Asvini/Bharani Nakshatra Siddha Yoga Tailila/Gara Karana Dasami Yam Titau | Hamm, Germany                                |
|                               | Sun 24                          | <b>Sutra 266</b>   | Khara 5113                                   |
| Mesha Rasi: 9.18              | Tithi 10                        | <b>Gulika</b> 12:35PM – 1:35PM   | <b>Asvini Until 2:05PM</b>                   |
| 822696156                     |                                 | <b>Yama</b> 10:35AM – 11:35AM  | <b>Siddha Until 5:06AM Wed</b>               |
| Creative Work Siddha Yoga     |                                 | <b>Rahu</b> 2:35PM – 3:35PM  | <b>Tailila Until 12:19PM</b>                 |
| Until 8.07PM then Marana Yoga |                                 |  | <b>Dasami Until 1:24AM Wed</b>               |
|                               |                                 |  | <b>Ganesha: White</b> <i>Sunrise: 8:35AM</i> |
|                               |                                 |  | <b>Muruqa: Clear</b> <i>Sunset: 4:35PM</i>   |
|                               |                                 |  | <b>Nataraja: Yellow</b>                      |
|                               |                                 |  | <b>Moon – White</b>                          |
|                               |                                 |  | <b>Pausha-Markali</b>                        |
|                               |                                 |  | <b>Sivaloka Day</b>                          |

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| <b>2</b>                      | <b>Wednesday, January 4, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau | Hamm, Germany                                |
|                               | Sun 25                            | <b>Sutra 267</b>   | Khara 5113                                   |
| Mesha Rasi: 21.09             | Tithi 11                          | <b>Gulika</b> 11:35AM – 12:35PM  | <b>Bharani Until 5:02PM</b>                  |
| 822696156                     |                                   | <b>Yama</b> 9:35AM – 10:35AM   | <b>Sadhya Until 6:01AM Thu</b>               |
| Routine Work Marana Yoga      |                                   | <b>Rahu</b> 12:35PM – 1:36PM   | <b>Vanija Until 2:51PM</b>                   |
| Until 5:02PM then Amrita Yoga |                                   |  | <b>Ekadasi Until 3:57AM Thu</b>              |
| Until 8.07PM then Marana Yoga |                                   | <b>Vaikuntha Ekadasi</b>   |  |
|                               |                                   |  | <b>Ganesha: White</b> <i>Sunrise: 8:35AM</i> |
|                               |                                   |  | <b>Muruqa: Clear</b> <i>Sunset: 4:36PM</i>   |
|                               |                                   |  | <b>Nataraja: Yellow</b>                      |
|                               |                                   |  | <b>Moon – White</b>                          |
|                               |                                   |  | <b>Pausha-Markali</b>                        |
|                               |                                   |  | <b>Sivaloka Day</b>                          |

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| <b>3</b>                 | <b>Thursday, January 5, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadasi Yam Titau | Hamm, Germany                                |
|                          | Sun 26                           | <b>Sutra 268</b>  | Khara 5113                                   |
| Vrishabha Rasi: 3.05     | Tithi 12                         | <b>Gulika</b> 10:35AM – 11:36AM   | <b>Krittika Until 7:49PM</b>                 |
| 822696156                |                                  | <b>Yama</b> 8:34AM – 9:35AM   | <b>Sadhya Until 6:01AM</b>                   |
| Routine Work Marana Yoga |                                  | <b>Rahu</b> 1:36PM – 2:37PM   | <b>Bava Until 5:12PM</b>                     |
|                          |                                  |   | <b>Dvadasi Until 6:05AM Fri</b>              |
|                          |                                  | <b>Subramuniyaswami Jayanti</b>   |  |
|                          |                                  |   | <b>Ganesha: White</b> <i>Sunrise: 8:34AM</i> |
|                          |                                  |   | <b>Muruqa: Clear</b> <i>Sunset: 4:37PM</i>   |
|                          |                                  |   | <b>Nataraja: Yellow</b>                      |
|                          |                                  |   | <b>Moon – White</b>                          |
|                          |                                  |   | <b>Pausha-Markali</b>                        |
|                          |                                  |   | <b>Sivaloka Day</b>                          |

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| <b>4</b>                       | <b>Friday, January 6, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | Hamm, Germany                                |
|                                | Sun 27                         | <b>Sutra 269</b>   | Khara 5113                                   |
| Vrishabha Rasi: 15.13          | Tithi 12 – 13                  | <b>Gulika</b> 9:35AM – 10:35AM   | <b>Rohini Until 10:15PM</b>                  |
| 832696156                      |                                | <b>Yama</b> 2:38PM – 3:38PM  | <b>Subha Until 6:24AM</b>                    |
| Routine Work Marana Yoga       |                                | <b>Rahu</b> 11:36AM – 12:36PM  | <b>Kaulava Until 7:11PM</b>                  |
| Until 8.08PM then Amrita Yoga  |                                |  | <b>Dvadasi Until 6:05AM</b>                  |
| Until 10:15PM then Siddha Yoga |                                |  | <i>Pradosha Vrata</i>                        |
|                                |                                |  | <b>Ganesha: Clear</b> <i>Sunrise: 8:34AM</i> |
|                                |                                |  | <b>Muruqa: Clear</b> <i>Sunset: 4:39PM</i>   |
|                                |                                |  | <b>Nataraja: Yellow</b>                      |
|                                |                                |  | <b>Moon – Yellow</b>                         |
|                                |                                |  | <b>Pausha-Markali</b>                        |
|                                |                                |  | <b>Devaloka Day</b>                          |

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| <b>5</b>                  | <b>Saturday, January 7, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | Hamm, Germany                                |
|                           | Sun 28                           | <b>Sutra 270</b>   | Khara 5113                                   |
| Vrishabha Rasi: 27.32     | Tithi 13 – 14                    | <b>Gulika</b> 8:34AM – 9:34AM  | <b>Mrigasira Until 10:51PM</b>               |
| 832696156                 |                                  | <b>Yama</b> 1:38PM – 2:38PM  | <b>Sukla Until 6:20AM</b>                    |
| Creative Work Siddha Yoga |                                  | <b>Rahu</b> 10:35AM – 11:36AM  | <b>Gara Until 7:27PM</b>                     |
|                           |                                  |  | <b>Trayodasi Until 7:27AM</b>                |
|                           |                                  |  | <b>Ganesha: Clear</b> <i>Sunrise: 8:34AM</i> |
|                           |                                  |  | <b>Muruqa: Clear</b> <i>Sunset: 4:40PM</i>   |
|                           |                                  |  | <b>Nataraja: Yellow</b>                      |
|                           |                                  |  | <b>Moon – Yellow</b>                         |
|                           |                                  |  | <b>Pausha-Markali</b>                        |
|                           |                                  |  | <b>Devaloka Day</b>                          |

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| <b>○</b>                           | <b>Sunday, January 8, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | Hamm, Germany                                |
|                                    | Sun 29                         | <b>Sutra 271</b>  | Khara 5113                                   |
| Mithuna Rasi: 10.08                | Tithi 14 – 15                  | <b>Gulika</b> 2:39PM – 3:40PM   | <b>Ardra Until 12:12AM Mon</b>               |
| 832696156                          |                                | <b>Yama</b> 12:37PM – 1:38PM  | <b>Indra Until 4:42AM Mon</b>                |
| Creative Work Siddha Yoga          |                                | <b>Rahu</b> 3:40PM – 4:41PM   | <b>Visti Until 8:18PM</b>                    |
| Until 12:12AM Mon then Amrita Yoga |                                |   | <b>Chaturdasi* Until 8:18AM</b>              |
|                                    |                                | <b>Tiruvembavai</b>   |  |
|                                    |                                |   | <b>Ganesha: Clear</b> <i>Sunrise: 8:33AM</i> |
|                                    |                                |   | <b>Muruqa: Clear</b> <i>Sunset: 4:41PM</i>   |
|                                    |                                |   | <b>Nataraja: Yellow</b>                      |
|                                    |                                |   | <b>Moon – Yellow</b>                         |
|                                    |                                |   | <b>Pausha-Markali</b>                        |
|                                    |                                |   | <b>Devaloka Day</b>                          |

|                               |                                |   |   |
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| <b>○</b>                      | <b>Monday, January 9, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | Hamm, Germany                                 |
|                               | Sun 30                         | <b>Sutra 272</b>  | Khara 5113                                    |
| Mithuna Rasi: 23.02           | Tithi 15 – 16                  | <b>Gulika</b> 1:39PM – 2:40PM   | <b>Punarvasu Until 1:02AM Tue</b>             |
| 842696156                     |                                | <b>Yama</b> 11:36AM – 12:38PM   | <b>Vaidhriti* Until 3:43AM Tue</b>            |
| <b>Family Home Evening</b>    |                                | <b>Rahu</b> 9:34AM – 10:35AM  | <b>Balava Until 8:33PM</b>                    |
| Creative Work Amrita Yoga     |                                |   | <b>Purnima* Until 8:33AM</b>                  |
| Until 8.10PM then Siddha Yoga |                                |   | <b>Ganesha: Purple</b> <i>Sunrise: 8:33AM</i> |
|                               |                                |   | <b>Muruqa: Clear</b> <i>Sunset: 4:43PM</i>    |
|                               |                                |   | <b>Nataraja: Yellow</b>                       |
|                               |                                |   | <b>Moon – Blue</b>                            |
|                               |                                |   | <b>Pausha-Markali</b>                         |
|                               |                                |   | <b>Sivaloka Day</b>                           |

To such a one who has his stains wiped away, the venerable Sanat Kumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH, 262



**Tuesday, January 10, 2012**  
**Gold Retreat Star**

Kataka Rasi: 6.12    Tithi 16 – 17  
842696156

Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

Hamm, Germany  
**Sutra 273**  
Khara 5113

**Gulika** 12:38PM – 1:40PM  
**Yama** 10:35AM – 11:37AM  
**Rahu** 2:41PM – 3:43PM

**Pushya Until 1:20AM Wed**  
Vishkambha\* Until 2:15AM Wed  
Taitila Until 8:15PM  
**Prathama\* Until 8:15AM**

**Ganesha:** Purple    *Sunrise:* 8:32AM  
**Muruqa:** Clear    *Sunset:* 4:44PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

**Sivaloka Day**

Moon 13 - Phase 37  
1st Phase

**1**

**Wednesday, January 11, 2012**

Kataka Rasi: 19.38    Tithi 17 – 18  
842696156

Creative Work    Siddha Yoga  
Until 11:47PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Hamm, Germany  
**Sun 1 Sutra 274**  
Khara 5113

**Gulika** 11:37AM – 12:38PM  
**Yama** 9:33AM – 10:35AM  
**Rahu** 12:38PM – 1:40PM

**Aslesha\* Until 11:47PM**  
Priti Until 11:07PM  
Vanija Until 6:23PM  
**Dvitiya Until 7:19AM**

**Ganesha:** Purple    *Sunrise:* 8:31AM  
**Muruqa:** Clear    *Sunset:* 4:46PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

**Sivaloka Day**

Moon 13 - Phase 37  
1st Phase

**2**

**Thursday, January 12, 2012**

Simha Rasi: 3.17    Tithi 18 – 19  
852696156

Creative Work    Amrita Yoga  
Until 8.11PM then Marana Yoga  
Until 11:14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Balava Karana Tritiya/Chaturthi\* Yam Titau

Hamm, Germany  
**Sun 2 Sutra 275**  
Khara 5113

**Gulika** 10:35AM – 11:37AM  
**Yama** 8:31AM – 9:33AM  
**Rahu** 1:41PM – 2:43PM

**Magha\* Until 11:14PM**  
Ayushman Until 8:59PM  
Balava Until 4:18AM Fri  
**Tritiya Until 6:09AM**

**Ganesha:** Clear    *Sunrise:* 8:31AM  
**Muruqa:** Clear    *Sunset:* 4:47PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

**Devaloka Day**

Moon 13 - Phase 37  
1st Phase

**3**

**Friday, January 13, 2012**

Simha Rasi: 17.06    Tithi 20  
852696156

Creative Work    Siddha Yoga  
Until 8.11PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchami Yam Titau

Hamm, Germany  
**Sun 3 Sutra 276**  
Khara 5113

**Gulika** 9:32AM – 10:35AM  
**Yama** 2:44PM – 3:46PM  
**Rahu** 11:37AM – 12:39PM

**Purvaphalguni\* Until 10:24PM**  
Saubhagya Until 6:34PM  
Kaulava Until 3:45PM  
**Panchami Until 2:50AM Sat**

**Ganesha:** Clear    *Sunrise:* 8:30AM  
**Muruqa:** Clear    *Sunset:* 4:48PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

**Devaloka Day**

Moon 13 - Phase 37  
1st Phase

**4**

**Saturday, January 14, 2012**

Kanya Rasi: 1.02    Tithi 21  
853696156

Routine Work    Marana Yoga  
Until 8.11PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Alhiganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau

Hamm, Germany  
**Sun 4 Sutra 277**  
Khara 5113

**Gulika** 8:29AM – 9:32AM  
**Yama** 1:42PM – 2:45PM  
**Rahu** 10:34AM – 11:37AM

**Thai Pongal**

**Uttaraphalguni Until 9:22PM**  
Sobhana Until 3:58PM  
Gara Until 2:03PM  
**Shasthi\* Until 1:08AM Sun**

**Ganesha:** Purple    *Sunrise:* 8:29AM  
**Muruqa:** Clear    *Sunset:* 4:50PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Thai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Moon 13 - Phase 37  
1st Phase

**5**

**Sunday, January 15, 2012**

Kanya Rasi: 15.04    Tithi 22  
863696156

Creative Work    Amrita Yoga  
Until 8.12PM then Siddha Yoga  
Until 8:11PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptami Yam Titau

Hamm, Germany  
**Sun 5 Sutra 278**  
Khara 5113

**Gulika** 2:46PM – 3:49PM  
**Yama** 12:40PM – 1:43PM  
**Rahu** 3:49PM – 4:52PM

**Hasta Until 8:11PM**  
Athiganda\* Until 1:15PM  
Visti Until 12:12PM  
**Saptami Until 11:17PM**

**Ganesha:** Clear    *Sunrise:* 8:28AM  
**Muruqa:** Clear    *Sunset:* 4:52PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

**Devaloka Day**

Moon 13 - Phase 37  
1st Phase



**Monday, January 16, 2012**

**Retreat Star**

Kanya Rasi: 29.08    Tithi 23  
**Family Home Evening**    863696156

Routine Work    Prabalarishta Yoga  
Until 6:55PM then Amrita Yoga  
Until 8.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

Hamm, Germany  
**Sun 6 Sutra 279**  
Khara 5113

**Gulika** 1:44PM – 2:47PM  
**Yama** 11:37AM – 12:40PM  
**Rahu** 9:31AM – 10:34AM

**Chitra Until 6:55PM**  
Sukarma Until 10:26AM  
Balava Until 10:15AM  
**Ashtami\* Until 9:20PM**

**Ganesha:** Clear    *Sunrise:* 8:28AM  
**Muruqa:** Clear    *Sunset:* 4:53PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

**Devaloka Day**

Moon 13 - Phase 37  
Ashtami

**Tuesday, January 17, 2012**

**Retreat Star**

Tula Rasi: 13.15    Tithi 24  
863696156

Creative Work    Siddha Yoga  
Until 5:35PM then Marana Yoga  
Until 8.13PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Visakha Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navami\* Yam Titau

Hamm, Germany  
**Sun 7 Sutra 280**  
Khara 5113

**Gulika** 12:41PM – 1:44PM  
**Yama** 10:34AM – 11:37AM  
**Rahu** 2:48PM – 3:51PM

**Svati Until 5:35PM**  
Dhriti Until 7:33AM  
Taitila Until 8:14AM  
**Navami\* Until 7:18PM**

**Ganesha:** Clear    *Sunrise:* 8:27AM  
**Muruqa:** Clear    *Sunset:* 4:55PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

**Devaloka Day**

Moon 13 - Phase 37  
Navami

**1** **Wednesday, January 18, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Hamm, Germany  
 Visakha/Anuradha Nakshatra Ganda\* Yoga Vanija/Bava Karana Dasami/Ekadasi\* Yam Titau **Sun 8 Sutra 281**  
 Khara 5113  
 Tula Rasi: 27.23 Tithi 25 – 26 **Gulika 11:37AM – 12:41PM Visakha Until 4:12PM Ganesha: White Sunrise: 8:26AM**  
 873696156 **Yama 9:29AM – 10:33AM Ganda\* Until 1:58AM Thu Muruqa: Clear Sunset: 4:56PM** Moon 13 - Phase 38  
**Rahu 12:41PM – 1:45PM Vanija Until 6:10AM Nataraja: Yellow**  
 Creative Work Siddha Yoga **Dasami Until 5:15PM Moon – Orange** **Bhuloka Day**  
**Pausha\*Thai Devaloka Time: 3:PM to 6:PM**

**2** **Thursday, January 19, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hamm, Germany  
 Anuradha/Jyeshtha\* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau **Sun 9 Sutra 282**  
 Khara 5113  
 Vrischika Rasi: 11.31 Tithi 26 – 27 **Gulika 10:33AM – 11:37AM Anuradha Until 2:50PM Ganesha: White Sunrise: 8:25AM**  
 873696156 **Yama 8:25AM – 9:29AM Vriddhi Until 11:04PM Muruqa: Clear Sunset: 4:58PM** Moon 13 - Phase 38  
**Rahu 1:45PM – 2:50PM Kaulava Until 2:16AM Fri Nataraja: Yellow**  
 Creative Work Siddha Yoga **Ekadasi\* Until 3:11PM Moon – Orange** **Bhuloka Day**  
 Until 8.13PM then Prabalarishta Yoga **Pausha\*Thai Devaloka Time: 3:PM to 6:PM**

**3** **Friday, January 20, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Hamm, Germany  
 Jyeshtha\*/Mula\* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau **Sun 10 Sutra 283**  
 Khara 5113  
 Vrischika Rasi: 25.37 Tithi 27 – 28 **Gulika 9:28AM – 10:33AM Jyeshtha\* Until 1:32PM Ganesha: White Sunrise: 8:24AM**  
 873696156 **Yama 2:51PM – 3:55PM Dhruva Until 8:13PM Muruqa: Clear Sunset: 5:00PM** Moon 13 - Phase 38  
**Rahu 11:37AM – 12:42PM Gara Until 12:17AM Sat Nataraja: Yellow**  
 Routine Work Prabalarishta Yoga **Dvadasi\* Until 1:12PM Moon – Orange** **Bhuloka Day**  
 Until 1:32PM then no yoga **Pradosha Vrata (Fasting)** **Pausha\*Thai Devaloka Time: 3:PM to 6:PM**  
 Until 8.13PM then Siddha Yoga

**4** **Saturday, January 21, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Hamm, Germany  
 Mula\*/Purvashadha\* Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau **Sun 11 Sutra 284**  
 Khara 5113  
 Dhanus Rasi: 9.37 Tithi 28 – 29 **Gulika 8:22AM – 9:27AM Mula\* Until 12:22PM Ganesha: Green Sunrise: 8:22AM**  
 883696156 **Yama 1:47PM – 2:52PM Vyaghata\* Until 5:30PM Muruqa: Clear Sunset: 5:01PM** Moon 13 - Phase 38  
**Rahu 10:32AM – 11:37AM Visti Until 10:26PM Nataraja: Yellow**  
 Creative Work Siddha Yoga **Trayodasi\* Until 11:22AM Moon – Light Blue** **Bhuloka Day**  
 Until 12:22PM then Marana Yoga **Pausha\*Thai Devaloka Time: 3:PM to 6:PM**  
 Until 8.14PM then Siddha Yoga

**Retreat Star** **Sunday, January 22, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Hamm, Germany  
 Purvashadha\*/Uttarashadha Nakshatra Harshana/Vajra\* Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau **Sun 12 Sutra 285**  
 Khara 5113  
 Dhanus Rasi: 23.29 Tithi 29 – 30 **Gulika 2:53PM – 3:58PM Purvashadha\* Until 11:27AM Ganesha: Green Sunrise: 8:21AM**  
 883696156 **Yama 12:42PM – 1:47PM Harshana Until 3:01PM Muruqa: Clear Sunset: 5:03PM** Moon 13 - Phase 38  
**Rahu 3:58PM – 5:03PM Catuspada Until 8:52PM Nataraja: Yellow**  
 Creative Work Siddha Yoga **Chaturdasi\* Until 9:47AM Moon – Light Blue** **Bhuloka Day**  
 Until 11:27AM then Amrita Yoga **Pausha\*Thai Devaloka Time: 3:PM to 6:PM**  
 Until 8.14PM then Marana Yoga

**Retreat Star** **Monday, January 23, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Hamm, Germany  
 Uttarashadha\*/Sravana Nakshatra Vajra\*/Siddhi Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau **Sun 13 Sutra 286**  
 Khara 5113  
 Makara Rasi: 7.1 Tithi 30 – 1 **Gulika 1:48PM – 2:54PM Uttarashadha Until 11:14AM Ganesha: Green Sunrise: 8:20AM**  
 883696156 **Yama 11:37AM – 12:42PM Vajra\* Until 1:20PM Muruqa: Clear Sunset: 5:05PM** Moon 13 - Phase 38  
**Family Home Evening Rahu 9:26AM – 10:31AM Kintughna Until 8:48PM Nataraja: Yellow**  
 Routine Work Marana Yoga **Amavasya\* Until 8:48AM Moon – Light Blue** **Bhuloka Day**  
 Until 11:14AM then Amrita Yoga **Magha\*Thai Devaloka Time: 3:PM to 6:PM**  
 Until 8.14PM then Siddha Yoga

|          |                                      |   |                               |                         |                        |   |
|----------|--------------------------------------|---|-------------------------------|-------------------------|------------------------|---|
| <b>1</b> | <b>Tuesday, January 24, 2012</b>     | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau |                               |                         |                        | Hamm, Germany                                     |
|          | Makara Rasi: 20.35      Tithi 1 – 2  | <b>Gulika</b> 12:43PM – 1:49PM  | <b>Sravana Until 11:05AM</b>  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 8:19AM | <b>Sun 14 Sutra 287</b><br>Khara 5113             |
|          | 893696156                            | <b>Yama</b> 10:31AM – 11:37AM   | <b>Siddhi Until 11:27AM</b>   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:06PM  | Moon 13 - Phase 39                                |
|          |                                      | <b>Rahu</b> 2:55PM – 4:01PM   | <b>Balava Until 8:00PM</b>    | <b>Nataraja:</b> Yellow |                        | 3rd Phase   |
|          | Creative Work Siddha Yoga            |   | <b>Prathama* Until 8:00AM</b> | Moon – Purple           |                        |   |
|          | Until 11:05AM then Marana Yoga       |   |                               | <b>Magha*Thai</b>       |                        |   |
|          | Until 8.14PM then Prabalarishta Yoga |   |                               |                         |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

|          |                                    |   |                                 |                         |                        |   |
|----------|------------------------------------|---|---------------------------------|-------------------------|------------------------|---|
| <b>2</b> | <b>Wednesday, January 25, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau |                                 |                         |                        | Hamm, Germany                                     |
|          | Kumbha Rasi: 3.42      Tithi 2 – 3 | <b>Gulika</b> 11:37AM – 12:43PM   | <b>Dhanishtha Until 11:28AM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 8:18AM | <b>Sun 15 Sutra 288</b><br>Khara 5113             |
|          | 993696156                          | <b>Yama</b> 9:24AM – 10:30AM  | <b>Vyatipata* Until 10:04AM</b> | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:08PM  | Moon 13 - Phase 39                                |
|          |                                    | <b>Rahu</b> 12:43PM – 1:49PM  | <b>Taitila Until 7:47PM</b>     | <b>Nataraja:</b> Yellow |                        | 3rd Phase   |
|          | Routine Work Prabalarishta Yoga    |   | <b>Dvitiya Until 7:47AM</b>     | Moon – Purple           |                        |   |
|          | Until 11:28AM then Siddha Yoga     |   |                                 | <b>Magha*Thai</b>       |                        |   |
|          | Until 8.15PM then Marana Yoga      |   |                                 |                         |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

|          |                                     |   |                                 |                         |                        |   |
|----------|-------------------------------------|---|---------------------------------|-------------------------|------------------------|---|
| <b>3</b> | <b>Thursday, January 26, 2012</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau |                                 |                         |                        | Hamm, Germany                                     |
|          | Kumbha Rasi: 16.31      Tithi 3 – 4 | <b>Gulika</b> 10:30AM – 11:36AM   | <b>Satabhisha Until 12:25PM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 8:16AM | <b>Sun 16 Sutra 289</b><br>Khara 5113             |
|          | 993696156                           | <b>Yama</b> 8:16AM – 9:23AM   | <b>Variyan Until 9:12AM</b>     | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:10PM  | Moon 13 - Phase 39                                |
|          |                                     | <b>Rahu</b> 1:50PM – 2:57PM   | <b>Vanija Until 8:11PM</b>      | <b>Nataraja:</b> Yellow |                        | 3rd Phase   |
|          | Routine Work Marana Yoga            |   | <b>Tritiya Until 8:11AM</b>     | Moon – Purple           |                        |   |
|          | Until 12:25PM then Siddha Yoga      |   |                                 | <b>Magha*Thai</b>       |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

|          |                                     |   |                                      |                         |                        |                                       |
|----------|-------------------------------------|---|--------------------------------------|-------------------------|------------------------|---------------------------------------|
| <b>4</b> | <b>Friday, January 27, 2012</b>     | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau |                                      |                         |                        | Hamm, Germany                         |
|          | Kumbha Rasi: 29.03      Tithi 4 – 5 | <b>Gulika</b> 9:22AM – 10:29AM  | <b>Purvaprostapada* Until 2:34PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 8:15AM | <b>Sun 17 Sutra 290</b><br>Khara 5113 |
|          | 913796156                           | <b>Yama</b> 2:58PM – 4:05PM   | <b>Parigha* Until 9:03AM</b>         | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:12PM  | Moon 13 - Phase 39                    |
|          |                                     | <b>Rahu</b> 11:36AM – 12:43PM   | <b>Bava Until 10:32PM</b>            | <b>Nataraja:</b> Yellow |                        | 3rd Phase                             |
|          | Creative Work Siddha Yoga           |   | <b>Chaturthi* Until 9:27AM</b>       | Moon – Clear            |                        |                                       |
|          |                                     |   |                                      | <b>Magha*Thai</b>       |                        | <b>Sivaloka Day</b>                   |

|          |                                      |   |                                      |                         |                        |                                       |
|----------|--------------------------------------|---|--------------------------------------|-------------------------|------------------------|---------------------------------------|
| <b>5</b> | <b>Saturday, January 28, 2012</b>    | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraprostapada*/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau |                                      |                         |                        | Hamm, Germany                         |
|          | Meena Rasi: 11.19      Tithi 5 – 6   | <b>Gulika</b> 8:14AM – 9:21AM   | <b>Uttaraprostapada Until 4:43PM</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 8:14AM | <b>Sun 18 Sutra 291</b><br>Khara 5113 |
|          | 914796156                            | <b>Yama</b> 1:51PM – 2:59PM   | <b>Shiva Until 9:10AM</b>            | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:13PM  | Moon 13 - Phase 39                    |
|          |                                      | <b>Rahu</b> 10:29AM – 11:36AM   | <b>Kaulava Until 12:11AM Sun</b>     | <b>Nataraja:</b> Yellow |                        | 3rd Phase                             |
|          | Creative Work Siddha Yoga            |   | <b>Panchami Until 11:06AM</b>        | Moon – Clear            |                        |                                       |
|          | Until 4:43PM then Prabalarishta Yoga |   |                                      | <b>Magha*Thai</b>       |                        | <b>Devaloka Day</b>                   |
|          | Until 8.15PM then Amrita Yoga        |   |                                      |                         |                        |                                       |

|          |                                    |   |                              |                         |                        |                                       |
|----------|------------------------------------|---|------------------------------|-------------------------|------------------------|---------------------------------------|
| <b>6</b> | <b>Sunday, January 29, 2012</b>    | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau |                              |                         |                        | Hamm, Germany                         |
|          | Meena Rasi: 23.21      Tithi 6 – 7 | <b>Gulika</b> 2:59PM – 4:07PM   | <b>Revati Until 7:18PM</b>   | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 8:12AM | <b>Sun 19 Sutra 292</b><br>Khara 5113 |
|          | 914796156                          | <b>Yama</b> 12:44PM – 1:52PM  | <b>Siddha Until 9:40AM</b>   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:15PM  | Moon 13 - Phase 39                    |
|          |                                    | <b>Rahu</b> 4:07PM – 5:15PM   | <b>Gara Until 2:19AM Mon</b> | <b>Nataraja:</b> Yellow |                        | 3rd Phase                             |
|          | Creative Work Amrita Yoga          |   | <b>Shasthi* Until 1:13PM</b> | Moon – Clear            |                        |                                       |
|          | Until 7:18PM then Siddha Yoga      |   |                              | <b>Magha*Thai</b>       |                        | <b>Devaloka Day</b>                   |

|                                 |                                   |  |                               |                         |                        |   |
|---------------------------------|-----------------------------------|--|-------------------------------|-------------------------|------------------------|---|
| <b>Monday, January 30, 2012</b> | <b>Retreat Star</b>               | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau |                               |                         |                        | Hamm, Germany                                     |
|                                 | Mesha Rasi: 5.15      Tithi 7 – 8 | <b>Gulika</b> 1:52PM – 3:00PM  | <b>Asvini Until 10:10PM</b>   | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 8:11AM | <b>Sun 20 Sutra 293</b><br>Khara 5113             |
|                                 | 924796156                         | <b>Yama</b> 11:36AM – 12:44PM  | <b>Sadhya Until 10:27AM</b>   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:17PM  | Moon 13 - Phase 39                                |
|                                 | <b>Family Home Evening</b>        | <b>Rahu</b> 9:19AM – 10:27AM   | <b>Visti Until 4:45AM Tue</b> | <b>Nataraja:</b> Yellow |                        | 3rd Phase   |
|                                 | Creative Work Siddha Yoga         |  | <b>Saptami Until 3:40PM</b>   | Moon – White            |                        |   |
|                                 |                                   |  |                               | <b>Magha*Thai</b>       |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

|                                  |                                   |  |                                 |                         |                        |   |
|----------------------------------|-----------------------------------|--|---------------------------------|-------------------------|------------------------|---|
| <b>Tuesday, January 31, 2012</b> | <b>Retreat Star</b>               | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Subha/Sukla Yoga Bava Karana Ashtami* Yam Titau |                                 |                         |                        | Hamm, Germany                                     |
|                                  | Mesha Rasi: 17.04      Tithi 8    | <b>Gulika</b> 12:44PM – 1:53PM   | <b>Bharani Until 1:11AM Wed</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 8:09AM | <b>Sun 21 Sutra 294</b><br>Khara 5113             |
|                                  | 924796156                         | <b>Yama</b> 10:27AM – 11:35AM  | <b>Subha Until 11:21AM</b>      | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:19PM  | Moon 13 - Phase 39                                |
|                                  |                                   | <b>Rahu</b> 3:01PM – 4:10PM  | <b>Bava Until 7:21AM Wed</b>    | <b>Nataraja:</b> Yellow |                        | Ashtami   |
|                                  | Creative Work Siddha Yoga         |  | <b>Ashtami* Until 6:16PM</b>    | Moon – White            |                        |   |
|                                  | Until 8.16PM then Marana Yoga     |  |                                 | <b>Magha*Thai</b>       |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
|                                  | Until 1:11AM Wed then Amrita Yoga |  |                                 |                         |                        |   |

|                                    |                                |   |                                  |                         |                        |   |
|------------------------------------|--------------------------------|---|----------------------------------|-------------------------|------------------------|---|
| <b>Wednesday, February 1, 2012</b> | <b>Retreat Star</b>            | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau |                                  |                         |                        | Hamm, Germany                                     |
|                                    | Mesha Rasi: 28.55      Tithi 9 | <b>Gulika</b> 11:35AM – 12:44PM   | <b>Krittika Until 4:11AM Thu</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 8:09AM | <b>Sun 22 Sutra 295</b><br>Khara 5113             |
|                                    | 924796156                      | <b>Yama</b> 9:18AM – 10:27AM  | <b>Sukla Until 12:15PM</b>       | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:19PM  | Moon 13 - Phase 39                                |
|                                    |                                | <b>Rahu</b> 12:44PM – 1:53PM  | <b>Balava Until 7:44AM</b>       | <b>Nataraja:</b> Yellow |                        | Navami  |
|                                    | Creative Work Amrita Yoga      |   | <b>Navami* Until 8:50PM</b>      | Moon – White            |                        |   |
|                                    | Until 8.16PM then Marana Yoga  |   |                                  | <b>Magha*Thai</b>       |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

|                                   |                                   |   |        |                                 |
|-----------------------------------|-----------------------------------|---|--------|---------------------------------|
| <b>1</b>                          | <b>Thursday, February 2, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau |        | Hamm, Germany                   |
|                                   | 934797156                         |   | Sun 23 | Sutra 296<br>Khara 5113         |
| 934797156                         | 934797156                         |   |        | Moon 13 - Phase 40<br>4th Phase |
| Routine Work                      | Marana Yoga                       |   |        | Sivaloka Day                    |
| Until 6:42AM Fri then Siddha Yoga |                                   |   |        |                                 |

|                               |                                 |  |        |                                 |
|-------------------------------|---------------------------------|--|--------|---------------------------------|
| <b>2</b>                      | <b>Friday, February 3, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini/Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau |        | Hamm, Germany                   |
|                               | 934797156                       |  | Sun 24 | Sutra 297<br>Khara 5113         |
| 934797156                     | 934797156                       |  |        | Moon 13 - Phase 40<br>4th Phase |
| Routine Work                  | Marana Yoga                     |  |        | Sivaloka Day                    |
| Until 6:42AM then Siddha Yoga |                                 |  |        |                                 |

|               |                                   |   |        |                                 |
|---------------|-----------------------------------|---|--------|---------------------------------|
| <b>3</b>      | <b>Saturday, February 4, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau |        | Hamm, Germany                   |
|               | 934797157                         |   | Sun 25 | Sutra 298<br>Khara 5113         |
| 934797157     | 934797157                         |   |        | Moon 13 - Phase 40<br>4th Phase |
| Creative Work | Siddha Yoga                       |   |        | Subha Sivaloka Day              |
|               |                                   |   |        |                                 |

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| <b>4</b>                      | <b>Sunday, February 5, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau |        | Hamm, Germany                   |
|                               | 934797157                       |  | Sun 26 | Sutra 299<br>Khara 5113         |
| 934797157                     | 934797157                       |  |        | Moon 13 - Phase 40<br>4th Phase |
| Creative Work                 | Siddha Yoga                     |  |        | Subha Sivaloka Day              |
| Until 8.16PM then Amrita Yoga |                                 |  |        |                                 |

|                               |                                 |   |        |                                 |
|-------------------------------|---------------------------------|---|--------|---------------------------------|
| <b>5</b>                      | <b>Monday, February 6, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau |        | Hamm, Germany                   |
|                               | 944797157                       |   | Sun 27 | Sutra 300<br>Khara 5113         |
| 944797157                     | 944797157                       |   |        | Moon 13 - Phase 40<br>4th Phase |
| Kataka Rasi: 1.16             | Tithi 14                        |   |        | Sivaloka Day                    |
| Family Home Evening           |                                 |   |        |                                 |
| Creative Work                 | Amrita Yoga                     |   |        |                                 |
| Until 9:32AM then Siddha Yoga |                                 |   |        |                                 |

|               |                                  |  |        |                               |
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| <b>○</b>      | <b>Tuesday, February 7, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau |        | Hamm, Germany                 |
|               | 944797157                        |  | Sun 28 | Sutra 301<br>Khara 5113       |
| 944797157     | 944797157                        |  |        | Moon 13 - Phase 40<br>Purnima |
| Creative Work | Siddha Yoga                      |  |        | Sivaloka Day                  |
|               |                                  |  |        |                               |

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|-------------------------------|------------------------------------|---|--------|--------------------------------|
| <b>○</b>                      | <b>Wednesday, February 8, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Aslesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau |        | Hamm, Germany                  |
|                               | 944797167                          |   | Sun 29 | Sutra 302<br>Khara 5113        |
| 944797167                     | 944797167                          |   |        | Moon 13 - Phase 40<br>Prathama |
| Creative Work                 | Siddha Yoga                        |   |        | Bhuloka Day                    |
| Until 8.16PM then Amrita Yoga |                                    |   |        | Devaloka Time: 12:PM to 3:PM   |





**Thursday, February 9, 2012**  
**Gold Retreat Star**

Simha Rasi: 12.44      Tithi 17  
955797267  
Creative Work    Amrita Yoga  
Until 7:01AM then no yoga  
Until 8.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau      Hamm, Germany  
**Sun 1    Sutra 303**  
Khara 5113  
**Gulika    10:20AM – 11:33AM    Magha\* Until 7:01AM    Ganesha: White    Sunrise: 7:56AM**  
**Yama      7:56AM – 9:08AM      Athiganda\* Until 12:18AM Fri    Muruqa: White      Sunset: 5:33PM**      Moon 1 - Phase 41  
**Rahu      1:57PM – 3:09PM      Taitila Until 7:59AM      Nataraja: Yellow      Moon – Red      Subha Sivaloka Day**  
**Dvitiya Until 7:04PM      Magha\*Thai**

**1**

**Friday, February 10, 2012**

Simha Rasi: 27.02      Tithi 18 – 19  
955797267  
Creative Work    Siddha Yoga  
Until 8.16PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau      Hamm, Germany  
**Sun 2    Sutra 304**  
Khara 5113  
**Gulika    9:07AM – 10:20AM    Uttaraphalguni Until 4:13AM Sat    Ganesha: White    Sunrise: 7:54AM**  
**Yama      3:10PM – 4:23PM      Sukarma Until 9:08PM      Muruqa: White      Sunset: 5:35PM**      Moon 1 - Phase 41  
**Rahu      11:32AM – 12:45PM    Bava Until 3:46AM Sat      Nataraja: Yellow      Moon – Red      Subha Sivaloka Day**  
**Tritiya Until 4:41PM      Magha\*Thai**

**2**

**Saturday, February 11, 2012**

Kanya Rasi: 11.26      Tithi 19 – 20  
965797267  
Routine Work    Marana Yoga  
Until 8.16PM then Amrita Yoga  
Until 2:25AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasla Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau      Hamm, Germany  
**Sun 3    Sutra 305**  
Khara 5113  
**Gulika    7:52AM – 9:06AM    Hasta Until 2:25AM Sun      Ganesha: Clear    Sunrise: 7:52AM**  
**Yama      1:58PM – 3:11PM      Dhriti Until 5:50PM      Muruqa: White      Sunset: 5:37PM**      Moon 1 - Phase 41  
**Rahu      10:19AM – 11:32AM    Kaulava Until 1:14AM Sun    Nataraja: Yellow      Moon – Green      Sivaloka Day**  
**Chaturthi\* Until 2:09PM      Magha\*Thai**

**3**

**Sunday, February 12, 2012**

Kanya Rasi: 25.48      Tithi 20 – 21  
965797267  
Creative Work    Siddha Yoga  
Until 8.16PM then Prabalarishta Yoga  
Until 12:37AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau      Hamm, Germany  
**Sun 4    Sutra 306**  
Khara 5113  
**Gulika    3:12PM – 4:25PM    Chitra Until 12:37AM Mon    Ganesha: Clear    Sunrise: 7:51AM**  
**Yama      12:45PM – 1:58PM      Shula\* Until 2:33PM      Muruqa: White      Sunset: 5:39PM**      Moon 1 - Phase 41  
**Rahu      4:25PM – 5:39PM      Gara Until 10:43PM      Nataraja: Yellow      Moon – Green      Sivaloka Day**  
**Panchami Until 11:38AM      Magha\*Thai**

**4**

**Monday, February 13, 2012**

Tula Rasi: 10.06      Tithi 21 – 22  
965797267  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 8.16PM then Siddha Yoga  
Until 10:58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau      Hamm, Germany  
**Sun 5    Sutra 307**  
Khara 5113  
**Gulika    1:59PM – 3:13PM    Svati Until 10:58PM      Ganesha: Clear    Sunrise: 7:49AM**  
**Yama      11:31AM – 12:45PM    Ganda\* Until 11:23AM      Muruqa: White      Sunset: 5:41PM**      Moon 1 - Phase 41  
**Rahu      9:03AM – 10:17AM    Visti Until 8:20PM      Nataraja: Yellow      Moon – Green      Sivaloka Day**  
**Shasthi\* Until 9:16AM      Magha\*Mas**

**D**

**Tuesday, February 14, 2012**  
**Retreat Star**

Tula Rasi: 24.16      Tithi 22 – 23  
975797267  
Routine Work    Marana Yoga  
Until 8.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau      Hamm, Germany  
**Sun 6    Sutra 308**  
Khara 5113  
**Gulika    12:45PM – 1:59PM    Visakha Until 9:32PM      Ganesha: Purple    Sunrise: 7:47AM**  
**Yama      10:16AM – 11:30AM    Vridhi Until 8:26AM      Muruqa: White      Sunset: 5:42PM**      Moon 1 - Phase 41  
**Rahu      3:14PM – 4:28PM      Balava Until 6:12PM      Nataraja: Yellow      Moon – Orange      Subha Sivaloka Day**  
**Saptami Until 7:07AM      Magha\*Mas**

**Wednesday, February 15, 2012**  
**Retreat Star**

Vrischika Rasi: 8.18      Tithi 24  
975797267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navami\* Yam Titau      Hamm, Germany  
**Sun 7    Sutra 309**  
Khara 5113  
**Gulika    11:30AM – 12:45PM    Anuradha Until 8:21PM      Ganesha: Purple    Sunrise: 7:45AM**  
**Yama      9:00AM – 10:15AM    Vyaghata\* Until 3:02AM Thu    Muruqa: White      Sunset: 5:44PM**      Moon 1 - Phase 41  
**Rahu      12:45PM – 2:00PM    Taitila Until 4:20PM      Nataraja: Yellow      Moon – Orange      Subha Sivaloka Day**  
**Navami\* Until 3:24AM Thu      Magha\*Mas**


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| <b>1</b> | <b>Thursday, February 16, 2012</b>                        | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau |  | Hamm, Germany  |
|          | Wrischika Rasi: 22.1      Tithi 25<br>985797267           | <b>Gulika</b> 10:14AM – 11:29AM<br><b>Yama</b> 7:43AM – 8:59AM<br><b>Rahu</b> 2:00PM – 3:15PM   | <b>Jyeshtha* Until 7:26PM</b><br>Harshana Until 12:34AM Fri<br>Vanija Until 2:44PM<br><b>Dasami Until 1:49AM Fri</b>   | <b>Sun 8 Sutra 310</b><br>Khara 5113<br>Moon 1 - Phase 42<br>2nd Phase |
|          | Creative Work    Siddha Yoga<br>Until 8.16PM then no yoga |   | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:43AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:46PM<br><b>Nataraja:</b> Yellow<br>Moon – Orange<br><b>Magha-Masi</b> | <b>Subha Sivaloka Day</b>  |

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| <b>2</b> | <b>Friday, February 17, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau |   | Hamm, Germany  |
|          | Dhanus Rasi: 5.53      Tithi 26<br>985797267                              | <b>Gulika</b> 8:57AM – 10:13AM<br><b>Yama</b> 3:16PM – 4:32PM<br><b>Rahu</b> 11:29AM – 12:45PM   | <b>Mula* Until 6:45PM</b><br>Vajra* Until 10:19PM<br>Bava Until 1:25PM<br><b>Ekadasi* Until 12:30AM Sat</b>   | <b>Sun 9 Sutra 311</b><br>Khara 5113<br>Moon 1 - Phase 42<br>2nd Phase |
|          | No Yoga<br>Until 6:45PM then Siddha Yoga<br>Until 8.16PM then Marana Yoga |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 7:41AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:48PM<br><b>Nataraja:</b> Yellow<br>Moon – Light Blue<br><b>Magha-Masi</b> | <b>Sivaloka Day</b>  |

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| <b>3</b> | <b>Saturday, February 18, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau |   | Hamm, Germany   |
|          | Dhanus Rasi: 19.28      Tithi 27<br>985797267   | <b>Gulika</b> 7:39AM – 8:56AM<br><b>Yama</b> 2:01PM – 3:17PM<br><b>Rahu</b> 10:12AM – 11:28AM   | <b>Purvashadha* Until 7:17PM</b><br>Siddhi Until 9:20PM<br>Kaulava Until 12:54PM<br><b>Dvadasi* Until 12:54AM Sun</b>   | <b>Sun 10 Sutra 312</b><br>Khara 5113<br>Moon 1 - Phase 42<br>2nd Phase |
|          | Routine Work    Marana Yoga<br>Until 7:17PM then no yoga<br>Until 8.16PM then Amrita Yoga |   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 7:39AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:50PM<br><b>Nataraja:</b> Yellow<br>Moon – Light Blue<br><b>Magha-Masi</b> | <b>Sivaloka Day</b>   |

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| <b>4</b> | <b>Sunday, February 19, 2012</b>             | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau |  | Hamm, Germany   |
|          | Makara Rasi: 2.54      Tithi 28<br>986797267 | <b>Gulika</b> 3:18PM – 4:35PM<br><b>Yama</b> 12:44PM – 2:01PM<br><b>Rahu</b> 4:35PM – 5:52PM  | <b>Uttarashadha Until 7:07PM</b><br>Vyatipata* Until 7:27PM<br>Gara Until 12:04PM<br><b>Trayodasi* Until 12:04AM Mon</b><br><i>Pradosha Vrata (Fasting)</i>      | <b>Sun 11 Sutra 313</b><br>Khara 5113<br>Moon 1 - Phase 42<br>2nd Phase |
|          | Creative Work    Amrita Yoga                 |   | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:37AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:52PM<br><b>Nataraja:</b> Yellow<br>Moon – Light Blue<br><b>Magha-Masi</b> | <b>Devaloka Day</b>   |

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| <b>5</b> | <b>Monday, February 20, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Sravana Nakshatra Variyani/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau |  | Hamm, Germany   |
|          | Makara Rasi: 16.09      Tithi 29<br>996797267   | <b>Gulika</b> 2:02PM – 3:19PM<br><b>Yama</b> 11:27AM – 12:44PM<br><b>Rahu</b> 8:53AM – 10:10AM   | <b>Sravana Until 7:16PM</b><br>Variyani Until 5:51PM<br>Visti Until 11:34AM<br><b>Chaturdasi* Until 11:34PM</b>  | <b>Sun 12 Sutra 314</b><br>Khara 5113<br>Moon 1 - Phase 42<br>2nd Phase |
|          | Family Home Evening<br>Creative Work    Amrita Yoga<br>Until 7.16PM then Siddha Yoga<br>Until 8.16PM then Marana Yoga | <b>Mahasivaratri</b>   | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:35AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:53PM<br><b>Nataraja:</b> Yellow<br>Moon – Purple<br><b>Magha-Masi</b> | <b>Devaloka Day</b>   |

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|  | <b>Tuesday, February 21, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau |  | Hamm, Germany  |
|   | Makara Rasi: 29.13      Tithi 30<br>996897267                                | <b>Gulika</b> 12:44PM – 2:02PM<br><b>Yama</b> 10:09AM – 11:26AM<br><b>Rahu</b> 3:20PM – 4:37PM  | <b>Dhanishtha Until 7:45PM</b><br>Parigha* Until 4:35PM<br>Catuspada Until 11:27AM<br><b>Amavasya* Until 11:27PM</b>   | <b>Sun 13 Sutra 315</b><br>Khara 5113<br>Moon 1 - Phase 42<br>Amavasya |
|   | Retreat Star<br>Routine Work    Marana Yoga<br>Until 8.16PM then Siddha Yoga |   | <b>Ganesha:</b> Orange <i>Sunrise:</i> 7:33AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:55PM<br><b>Nataraja:</b> Yellow<br>Moon – Purple<br><b>Magha-Masi</b> | <b>Sivaloka Day</b>  |

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|  | <b>Wednesday, February 22, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau |  | Hamm, Germany  |
|  | Kumbha Rasi: 12.04      Tithi 1<br>996897267   | <b>Gulika</b> 11:26AM – 12:44PM<br><b>Yama</b> 8:49AM – 10:08AM<br><b>Rahu</b> 12:44PM – 2:02PM  | <b>Satabhisha Until 8:39PM</b><br>Shiva Until 3:41PM<br>Kintughna Until 11:46AM<br><b>Prathama* Until 11:46PM</b>  | <b>Sun 14 Sutra 316</b><br>Khara 5113<br>Moon 1 - Phase 42<br>Prathama |
|  | Retreat Star<br>Creative Work    Siddha Yoga<br>Until 8.16PM then Marana Yoga<br>Until 8:39PM then Siddha Yoga |  | <b>Ganesha:</b> Orange <i>Sunrise:</i> 7:31AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:57PM<br><b>Nataraja:</b> Yellow<br>Moon – Purple<br><b>Phalgun-Masi</b> | <b>Sivaloka Day</b>  |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

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| <b>1</b>                     | <b>Thursday, February 23, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau |   | Hamm, Germany   |
|                              | Kumbha Rasi: 24.41      Tithi 2    | <b>Gulika</b> 10:07AM – 11:25AM<br><b>Yama</b> 7:29AM – 8:48AM<br><b>Rahu</b> 2:03PM – 3:21PM   | <b>Purvaprostapada* Until 11:17PM</b><br>Siddha Until 3:53PM<br>Balava Until 1:07PM<br><b>Dvitiya Until 2:13AM Fri</b>  | <b>Sun 15 Sutra 317</b><br>Khara 5113<br>Moon 1 - Phase 43<br>3rd Phase |
|                              | 916897267                          |   | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:29AM<br><b>Muruqa:</b> White <i>Sunset:</i> 5:59PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Phalguna-Masi</b> | <b>Subha Sivaloka Day</b>   |
| Creative Work    Siddha Yoga |                                    |   |   |   |


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| <b>2</b>   | <b>Friday, February 24, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau |   | Hamm, Germany   |
|  | Meena Rasi: 7.05      Tithi 3    | <b>Gulika</b> 8:46AM – 10:05AM<br><b>Yama</b> 3:22PM – 4:41PM<br><b>Rahu</b> 11:25AM – 12:44PM  | <b>Uttaraprostapada Until 1:09AM Sat</b><br>Sadhya Until 3:45PM<br>Taitila Until 2:27PM<br><b>Tritiya Until 3:33AM Sat</b>                                    | <b>Sun 16 Sutra 318</b><br>Khara 5113<br>Moon 1 - Phase 43<br>3rd Phase |
|  | 916897267                        |   | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:27AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:01PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Phalguna-Masi</b> | <b>Subha Sivaloka Day</b>   |
| Creative Work    Siddha Yoga<br>Until 1:09AM Sat then Prabalarishta Yoga |                                  |   |   |   |

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| <b>3</b>   | <b>Saturday, February 25, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau |   | Hamm, Germany   |
|  | Meena Rasi: 19.16      Tithi 4     | <b>Gulika</b> 7:25AM – 8:45AM<br><b>Yama</b> 2:03PM – 3:23PM<br><b>Rahu</b> 10:04AM – 11:24AM  | <b>Revati Until 3:28AM Sun</b><br>Subha Until 4:01PM<br>Vanija Until 4:15PM<br><b>Chaturthi* Until 5:21AM Sun</b>   | <b>Sun 17 Sutra 319</b><br>Khara 5113<br>Moon 1 - Phase 43<br>3rd Phase |
|  | 916897267                          |  | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:25AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:02PM<br><b>Nataraja:</b> Yellow<br>Moon – Clear<br><b>Phalguna-Masi</b> | <b>Subha Sivaloka Day</b>   |
| Routine Work    Prabalarishta Yoga<br>Until 8:15PM then Amrita Yoga<br>Until 3:28AM Sun then Siddha Yoga |                                    | <b>Subramuniyaswami Siva Vision Day</b>  |   |   |

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| <b>4</b>                     | <b>Sunday, February 26, 2012</b> | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Asvini Nakshatra Sukla/Brahma Yoga Bava Karana Panchami Yam Titau |   | Hamm, Germany   |
|                              | Mesha Rasi: 1.16      Tithi 5    | <b>Gulika</b> 3:24PM – 4:44PM<br><b>Yama</b> 12:44PM – 2:04PM<br><b>Rahu</b> 4:44PM – 6:04PM   | <b>Asvini Until 6:24AM Mon</b><br>Sukla Until 4:37PM<br>Bava Until 6:27PM<br><b>Panchami Until 7:51AM Mon</b>   | <b>Sun 18 Sutra 320</b><br>Khara 5113<br>Moon 1 - Phase 43<br>3rd Phase |
|                              | 927897267                        |  | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:23AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:04PM<br><b>Nataraja:</b> Yellow<br>Moon – White<br><b>Phalguna-Masi</b> | <b>Devaloka Day</b>   |
| Creative Work    Siddha Yoga |                                  |  |   |   |

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| <b>5</b>  | <b>Monday, February 27, 2012</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Asvini/Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau |   | Hamm, Germany   |
|   | Mesha Rasi: 13.08      Tithi 5 – 6 | <b>Gulika</b> 2:04PM – 3:25PM<br><b>Yama</b> 11:23AM – 12:43PM<br><b>Rahu</b> 8:41AM – 10:02AM   | <b>Asvini Until 6:24AM</b><br>Brahma Until 5:29PM<br>Kaulava Until 8:56PM<br><b>Panchami Until 7:51AM</b>   | <b>Sun 19 Sutra 321</b><br>Khara 5113<br>Moon 1 - Phase 43<br>3rd Phase |
|   | 927897267                          |  | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:21AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:06PM<br><b>Nataraja:</b> Yellow<br>Moon – White<br><b>Phalguna-Masi</b> | <b>Devaloka Day</b>   |
| Family Home Evening<br>Creative Work    Siddha Yoga |                                    |  |   |   |

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| <b>6</b>  | <b>Tuesday, February 28, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau |   | Hamm, Germany   |
|   | Mesha Rasi: 24.56      Tithi 6 – 7 | <b>Gulika</b> 12:43PM – 2:04PM<br><b>Yama</b> 10:01AM – 11:22AM<br><b>Rahu</b> 3:25PM – 4:46PM  | <b>Bharani Until 9:28AM</b><br>Indra Until 6:27PM<br>Gara Until 11:34PM<br><b>Shasthi* Until 10:29AM</b>  | <b>Sun 20 Sutra 322</b><br>Khara 5113<br>Moon 1 - Phase 43<br>3rd Phase |
|   | 927897267                          |   | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:19AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:08PM<br><b>Nataraja:</b> Yellow<br>Moon – White<br><b>Phalguna-Masi</b> | <b>Devaloka Day</b>   |
| Creative Work    Siddha Yoga<br>Until 8:15PM then Amrita Yoga |                                    |   |   |   |

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|              | <b>Wednesday, February 29, 2012</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau |   | Hamm, Germany   |
|   | <b>Retreat Star</b>                   | <b>Gulika</b> 11:21AM – 12:43PM<br><b>Yama</b> 8:38AM – 10:00AM<br><b>Rahu</b> 12:43PM – 2:05PM  | <b>Krittika Until 12:31PM</b><br>Vaidhriti* Until 7:25PM<br>Visti Until 2:11AM Thu<br><b>Saptami Until 1:06PM</b>   | <b>Sun 21 Sutra 323</b><br>Khara 5113<br>Moon 1 - Phase 43<br>Ashtami |
|   | Vrishabha Rasi: 6.44      Tithi 7 – 8 |  | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:17AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:09PM<br><b>Nataraja:</b> Yellow<br>Moon – White<br><b>Phalguna-Masi</b> | <b>Devaloka Day</b>   |
| 927897267   |                                       |  |   |   |
| Creative Work    Amrita Yoga<br>Until 12:31PM then Siddha Yoga<br>Until 8:15PM then Marana Yoga |                                       |  |   |   |

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|  | <b>Thursday, March 1, 2012</b>         | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau |  | Hamm, Germany  |
|  | <b>Retreat Star</b>                    | <b>Gulika</b> 9:57AM – 11:20AM<br><b>Yama</b> 7:12AM – 8:35AM<br><b>Rahu</b> 2:05PM – 3:28PM  | <b>Rohini Until 3:22PM</b><br>Vishkambha* Until 8:12PM<br>Balava Until 4:34AM Fri<br><b>Ashtami* Until 3:29PM</b>  | <b>Sun 22 Sutra 324</b><br>Khara 5113<br>Moon 1 - Phase 43<br>Navami |
|  | Vrishabha Rasi: 18.39      Tithi 8 – 9 |   | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:12AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:13PM<br><b>Nataraja:</b> Yellow<br>Moon – Yellow<br><b>Phalguna-Masi</b> | <b>Sivaloka Day</b>  |
| 937897267  |  |   |  |  |
| Routine Work    Marana Yoga<br>Until 8:14PM then Siddha Yoga |  |   |  |  |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

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| <b>1</b> | <b>Friday, March 2, 2012</b>                    | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigasira/Ardra Nakshatra Priti Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau |  | Hamm, Germany   |
|          | Mithuna Rasi: 0.46    Tithi 9 – 10<br>937897267 | <b>Gulika</b> 8:33AM – 9:56AM<br><b>Yama</b> 3:29PM – 4:52PM<br><b>Rahu</b> 11:19AM – 12:42PM   | <b>Mrigasira Until 5:49PM</b><br>Priti Until 8:37PM<br>Taitila Until 6:32AM Sat<br><b>Navami* Until 5:26PM</b>   | <b>Sun 23 Sutra 325</b><br>Khara 5113<br>Moon 1 - Phase 44<br>4th Phase |
|          | Creative Work    Siddha Yoga                    |   | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:10AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:15PM<br><b>Nataraja:</b> Yellow<br>Moon – Yellow<br><b>Phalguna-Masi</b> | <b>Sivaloka Day</b>   |

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| <b>2</b> | <b>Saturday, March 3, 2012</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra Nakshatra Ayushman Yoga Gara Karana Dasami Yam Titau |  | Hamm, Germany   |
|          | Mithuna Rasi: 13.09    Tithi 10<br>937897267   | <b>Gulika</b> 7:08AM – 8:32AM<br><b>Yama</b> 2:06PM – 3:29PM<br><b>Rahu</b> 9:55AM – 11:19AM  | <b>Ardra Until 6:38PM</b><br>Ayushman Until 7:27PM<br>Gara Until 5:42AM Sun<br><b>Dasami Until 5:42PM</b>  | <b>Sun 24 Sutra 326</b><br>Khara 5113<br>Moon 1 - Phase 44<br>4th Phase |
|          | Creative Work    Siddha Yoga<br>Until 6:38PM then Marana Yoga<br>Until 8:14PM then Siddha Yoga |   | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:08AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:16PM<br><b>Nataraja:</b> Yellow<br>Moon – Yellow<br><b>Phalguna-Masi</b> | <b>Sivaloka Day</b>   |

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| <b>3</b> | <b>Sunday, March 4, 2012</b>                 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau |  | Hamm, Germany   |
|          | Mithuna Rasi: 25.56    Tithi 11<br>148897267 | <b>Gulika</b> 3:30PM – 4:54PM<br><b>Yama</b> 12:42PM – 2:06PM<br><b>Rahu</b> 4:54PM – 6:18PM   | <b>Punarvasu Until 7:40PM</b><br>Saubhagya Until 6:41PM<br>Vanija Until 6:09AM<br><b>Ekadasi Until 6:09PM</b>  | <b>Sun 25 Sutra 327</b><br>Khara 5113<br>Moon 1 - Phase 44<br>4th Phase |
|          | Creative Work    Siddha Yoga                 |  | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:06AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:18PM<br><b>Nataraja:</b> Yellow<br>Moon – Blue<br><b>Phalguna-Masi</b> | <b>Devaloka Day</b>   |

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| <b>4</b> | <b>Monday, March 5, 2012</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Pushya Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau |  | Hamm, Germany   |
|          | Kataka Rasi: 9.08    Tithi 12 – 13<br><b>Family Home Evening</b> 148817267 | <b>Gulika</b> 2:06PM – 3:31PM<br><b>Yama</b> 11:17AM – 12:42PM<br><b>Rahu</b> 8:28AM – 9:53AM  | <b>Pushya Until 6:55PM</b><br>Sobhana Until 4:26PM<br>Kaulava Until 3:55AM Tue<br><b>Dvadasi Until 4:50PM</b><br><i>Pradosha Vrata</i>                       | <b>Sun 26 Sutra 328</b><br>Khara 5113<br>Moon 1 - Phase 44<br>4th Phase |
|          | Creative Work    Siddha Yoga   |  | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:04AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:20PM<br><b>Nataraja:</b> Yellow<br>Moon – Blue<br><b>Phalguna-Masi</b> | <b>Devaloka Day</b>   |

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| <b>5</b> | <b>Tuesday, March 6, 2012</b>                    | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Aslesha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau |  | Hamm, Germany   |
|          | Kataka Rasi: 22.48    Tithi 13 – 14<br>148817267 | <b>Gulika</b> 12:41PM – 2:06PM<br><b>Yama</b> 9:51AM – 11:16AM<br><b>Rahu</b> 3:32PM – 4:57PM   | <b>Aslesha* Until 6:21PM</b><br>Athiganda* Until 2:19PM<br>Gara Until 2:41AM Wed<br><b>Trayodasi Until 3:37PM</b>  | <b>Sun 27 Sutra 329</b><br>Khara 5113<br>Moon 1 - Phase 44<br>4th Phase |
|          | Creative Work    Siddha Yoga                     |   | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:01AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:22PM<br><b>Nataraja:</b> Yellow<br>Moon – Blue<br><b>Phalguna-Masi</b> | <b>Devaloka Day</b>   |

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| <b>○</b> | <b>Wednesday, March 7, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Magha*/Purvaphalguni* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau |   | Hamm, Germany   |
|          | <b>Copper Retreat Star</b><br>Simha Rasi: 6.53    Tithi 14 – 15<br>158817267               | <b>Gulika</b> 11:16AM – 12:41PM<br><b>Yama</b> 8:25AM – 9:50AM<br><b>Rahu</b> 12:41PM – 2:07PM  | <b>Magha* Until 5:03PM</b><br>Sukarma Until 11:30AM<br>Visti Until 12:41AM Thu<br><b>Chaturdasi* Until 1:36PM</b>   | <b>Sun 28 Sutra 330</b><br>Khara 5113<br>Moon 1 - Phase 44<br>Purnima |
|          | Creative Work    Siddha Yoga<br>Until 5:03PM then Amrita Yoga<br>Until 8:13PM then no yoga | <b>Chidambaram Abhishekam</b>   | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:59AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:23PM<br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Phalguna-Masi</b> | <b>Sivaloka Day</b>   |

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| <b>○</b> | <b>Thursday, March 8, 2012</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau |   | Hamm, Germany  |
|          | <b>Silver Retreat Star</b><br>Simha Rasi: 21.21    Tithi 15 – 16<br>158817267    | <b>Gulika</b> 9:49AM – 11:15AM<br><b>Yama</b> 6:57AM – 8:23AM<br><b>Rahu</b> 2:07PM – 3:33PM   | <b>Purvaphalguni* Until 2:31PM</b><br>Dhriti Until 7:58AM<br>Balava Until 8:51PM<br><b>Purnima* Until 10:34AM</b>   | <b>Sun 29 Sutra 331</b><br>Khara 5113<br>Moon 1 - Phase 44<br>Prathama |
|          | No Yoga<br>Until 2:31PM then Prabalarishta Yoga<br>Until 8:13PM then Siddha Yoga |  | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:57AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:25PM<br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Phalguna-Masi</b> | <b>Sivaloka Day</b>  |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



**Friday, March 9, 2012**  
**Gold Retreat Star**

Kanya Rasi: 6.03      Tithi 16 – 17  
159817267  
Creative Work    Siddha Yoga  
Until 12:19PM then Amrita Yoga  
Until 8.12PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuklayam  
Uttaraphalguni/Hasta Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**      **8:21AM – 9:48AM**      **Uttaraphalguni Until 12:19PM**  
Yama      3:34PM – 5:00PM      Ganda\* Until 12:25AM Sat  
**Rahu**      **11:14AM – 12:41PM**      Taitila Until 4:13AM Sat  
**Prathama\* Until 7:38AM**

**Ganesha:** Red      *Sunrise:* 6:55AM  
**Muruqa:** White      *Sunset:* 6:27PM  
**Nataraja:** Yellow  
Moon – Red  
**Phalguna-Masi**

Hamm, Germany  
**Sutra 332**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**



**Saturday, March 10, 2012**

Kanya Rasi: 20.53      Tithi 18  
169817267  
Routine Work    Marana Yoga  
Until 8.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuklayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visiti\* Karana Tritiya Yam Titau  
**Gulika**      **6:52AM – 8:19AM**      **Hasta Until 9:55AM**  
Yama      2:07PM – 3:34PM      Vriddhi Until 8:40PM  
**Rahu**      **9:46AM – 11:13AM**      Vanija Until 2:47PM  
**Tritiya Until 1:04AM Sun**

**Ganesha:** Blue      *Sunrise:* 6:52AM  
**Muruqa:** White      *Sunset:* 6:28PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

Hamm, Germany  
**Sun 1 Sutra 333**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**



**Sunday, March 11, 2012**

Tula Rasi: 5.41      Tithi 19  
169817267  
Creative Work    Siddha Yoga  
Until 8.12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuklayam  
Chitra/Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**      **3:35PM – 5:03PM**      **Chitra Until 7:33AM**  
Yama      12:40PM – 2:08PM      Dhruva Until 4:57PM  
**Rahu**      **5:03PM – 6:30PM**      Bava Until 11:41AM  
**Chaturthi\* Until 9:58PM**

**Ganesha:** Blue      *Sunrise:* 6:50AM  
**Muruqa:** White      *Sunset:* 6:30PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

Hamm, Germany  
**Sun 2 Sutra 334**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**



**Monday, March 12, 2012**

Tula Rasi: 20.22      Tithi 20  
179817267  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 4:13AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuklayam  
Visakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**      **2:08PM – 3:36PM**      **Visakha Until 4:13AM Tue**  
Yama      11:12AM – 12:40PM      Vyaghata\* Until 1:56PM  
**Rahu**      **8:16AM – 9:44AM**      Kaulava Until 9:01AM  
**Panchami Until 8:05PM**

**Ganesha:** Red      *Sunrise:* 6:48AM  
**Muruqa:** White      *Sunset:* 6:32PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Masi**

Hamm, Germany  
**Sun 3 Sutra 335**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**



**Tuesday, March 13, 2012**

Vrischika Rasi: 4.5      Tithi 21 – 22  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuklayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Visiti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**      **12:40PM – 2:08PM**      **Anuradha Until 2:18AM Wed**  
Yama      9:43AM – 11:11AM      Harshana Until 10:32AM  
**Rahu**      **3:37PM – 5:05PM**      Gara Until 6:19AM  
**Shasthi\* Until 5:24PM**

**Ganesha:** Red      *Sunrise:* 6:46AM  
**Muruqa:** White      *Sunset:* 6:34PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Masi**

Hamm, Germany  
**Sun 4 Sutra 336**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**



**Wednesday, March 14, 2012**

Vrischika Rasi: 19      Tithi 22 – 23  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuklayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**      **11:10AM – 12:39PM**      **Jyeshtha\* Until 12:51AM Thu**  
Yama      8:12AM – 9:41AM      Vajra\* Until 7:36AM  
**Rahu**      **12:39PM – 2:08PM**      Balava Until 2:18AM Thu  
**Saptami Until 3:14PM**

**Ganesha:** Red      *Sunrise:* 6:43AM  
**Muruqa:** White      *Sunset:* 6:35PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Panguni**

Hamm, Germany  
**Sun 5 Sutra 337**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**



**Thursday, March 15, 2012**  
**Retreat Star**

Dhanu Rasi: 2.53      Tithi 23 – 24  
189817268  
Creative Work    Siddha Yoga  
Until 8.11PM then no yoga  
Until 11:55PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuklayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**      **9:40AM – 11:10AM**      **Mula\* Until 11:55PM**  
Yama      6:41AM – 8:11AM      Vyatipata\* Until 2:28AM Fri  
**Rahu**      **2:09PM – 3:38PM**      Taitila Until 12:40AM Fri  
**Ashtami\* Until 1:36PM**

**Ganesha:** Green      *Sunrise:* 6:41AM  
**Muruqa:** White      *Sunset:* 6:37PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**

Hamm, Germany  
**Sun 6 Sutra 338**  
Khara 5113  
Moon 2 - Phase 45  
Ashtami  
**Sivaloka Day**

**Friday, March 16, 2012**  
**Retreat Star**

Dhanu Rasi: 16.28      Tithi 24 – 25  
189817268  
Creative Work    Siddha Yoga  
Until 8.10PM then Marana Yoga  
Until 12:49AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuklayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika**      **8:09AM – 9:39AM**      **Purvashadha\* Until 12:49AM Sat**  
Yama      3:39PM – 5:09PM      Variyan Until 1:47AM Sat  
**Rahu**      **11:09AM – 12:39PM**      Vanija Until 1:02AM Sat  
**Navami\* Until 1:02PM**

**Ganesha:** Green      *Sunrise:* 6:39AM  
**Muruqa:** White      *Sunset:* 6:39PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**


Hamm, Germany  
**Sun 7 Sutra 339**  
Khara 5113  
Moon 2 - Phase 45  
Navami  
**Sivaloka Day**

|          |  |   |   |  |
|----------|--|---|---|--|
| <b>1</b> | <b>Saturday, March 17, 2012</b>                  | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau |   | Hamm, Germany  |
|          | Dhanus Rasi: 29.49    Tithi 25 – 26<br>189917268 | <b>Gulika</b> 6:37AM – 8:07AM<br><b>Yama</b> 2:09PM – 3:39PM<br><b>Rahu</b> 9:38AM – 11:08AM  | <b>Uttarashadha</b> Until 12:49AM Sun<br>Parigha* Until 12:04AM Sun<br>Bava Until 12:22AM Sun<br>Dasami Until 12:22PM | <b>Sun 8</b> <b>Sutra 340</b><br>Khara 5113<br>Moon 2 - Phase 46<br>2nd Phase<br><b>Sivaloka Day</b> |
|          | No Yoga<br>Until 8.10PM then Amrita Yoga         |   |   |  |

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| <b>2</b> | <b>Sunday, March 18, 2012</b>                                     | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau |   | Hamm, Germany  |
|          | Makara Rasi: 12.55    Tithi 26 – 27<br>191917268                  | <b>Gulika</b> 3:40PM – 5:11PM<br><b>Yama</b> 12:38PM – 2:09PM<br><b>Rahu</b> 5:11PM – 6:42PM   | <b>Sravana</b> Until 1:14AM Mon<br>Shiva Until 10:45PM<br>Kaulava Until 12:09AM Mon<br>Ekadasi* Until 12:09PM | <b>Sun 9</b> <b>Sutra 341</b><br>Khara 5113<br>Moon 2 - Phase 46<br>2nd Phase<br><b>Subha Subha Sivaloka Day</b> |
|          | Creative Work    Amrita Yoga<br>Until 1:14AM Mon then Siddha Yoga |  |   |  |

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| <b>3</b> | <b>Monday, March 19, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau |  | Hamm, Germany   |
|          | Makara Rasi: 25.49    Tithi 27 – 28<br>191917268                                     | <b>Gulika</b> 2:09PM – 3:41PM<br><b>Yama</b> 11:06AM – 12:38PM<br><b>Rahu</b> 8:04AM – 9:35AM   | <b>Dhanishtha</b> Until 2:02AM Tue<br>Siddha Until 9:47PM<br>Gara Until 12:20AM Tue<br>Dvadasi* Until 12:20PM<br><i>Pradosha Vrata (Fasting)</i> | <b>Sun 10</b> <b>Sutra 342</b><br>Khara 5113<br>Moon 2 - Phase 46<br>2nd Phase<br><b>Subha Subha Sivaloka Day</b> |
|          | Family Home Evening<br>Creative Work    Siddha Yoga<br>Until 8.10PM then Marana Yoga |   |  |   |

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| <b>4</b> | <b>Tuesday, March 20, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau |  | Hamm, Germany   |
|          | Kumbha Rasi: 8.32    Tithi 28 – 29<br>191917268   | <b>Gulika</b> 12:38PM – 2:10PM<br><b>Yama</b> 9:34AM – 11:06AM<br><b>Rahu</b> 3:41PM – 5:13PM  | <b>Satabhisha</b> Until 3:11AM Wed<br>Sadhya Until 9:09PM<br>Visti Until 12:53AM Wed<br>Trayodasi* Until 12:53PM | <b>Sun 11</b> <b>Sutra 343</b><br>Khara 5113<br>Moon 2 - Phase 46<br>2nd Phase<br><b>Subha Subha Sivaloka Day</b> |
|          | Routine Work    Marana Yoga<br>Until 8.09PM then Siddha Yoga<br>Until 3:11AM Wed then Amrita Yoga |  |  |   |

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|  | <b>Wednesday, March 21, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau |  | Hamm, Germany  |
|   | <b>Retreat Star</b><br>Kumbha Rasi: 21.04    Tithi 29 – 30<br>111917268 | <b>Gulika</b> 11:05AM – 12:37PM<br><b>Yama</b> 8:00AM – 9:32AM<br><b>Rahu</b> 12:37PM – 2:10PM  | <b>Purvaprostapada*</b> Until 6:32AM Thu<br>Subha Until 9:57PM<br>Catuspada Until 3:36AM Thu<br>Chaturdasi* Until 2:31PM | <b>Sun 12</b> <b>Sutra 344</b><br>Khara 5113<br>Moon 2 - Phase 46<br>Amavasya<br><b>Subha Sivaloka Day</b> |
|   | Creative Work    Amrita Yoga<br>Until 8.09PM then Siddha Yoga           |   |  |  |

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| <b>Retreat Star</b> | <b>Thursday, March 22, 2012</b>               | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau |  | Hamm, Germany  |
|                     | Meena Rasi: 3.26    Tithi 30 – 1<br>111917268 | <b>Gulika</b> 9:31AM – 11:04AM<br><b>Yama</b> 6:25AM – 7:58AM<br><b>Rahu</b> 2:10PM – 3:43PM   | <b>Uttaraprostapada</b> Until 8:06AM Fri<br>Sukla Until 9:55PM<br>Kintughna Until 4:59AM Fri<br>Amavasya* Until 3:53PM | <b>Sun 13</b> <b>Sutra 345</b><br>Khara 5113<br>Moon 2 - Phase 46<br>Prathama<br><b>Subha Sivaloka Day</b> |
|                     | Creative Work    Siddha Yoga                  |  |  |  |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

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| <b>1</b>  | <b>Friday, March 23, 2012</b>                 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraprostapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau | Hamm, Germany  |
|   | Meena Rasi: 15.37    Tithi 1 – 2<br>111917268 | <b>Gulika</b> 7:56AM – 9:30AM<br><b>Yama</b> 3:44PM – 5:17PM<br><b>Rahu</b> 11:03AM – 12:37PM  | <b>Sun 14 Sutra 346</b><br>Khara 5113<br>Moon 2 - Phase 47<br>3rd Phase  |
| Creative Work Siddha Yoga<br>Until 8.08PM then Prabalarishta Yoga |   | <b>Uttaraprostapada Until 8:06AM</b><br>Brahma Until 10:11PM<br>Balava Until 6:43AM Sat<br><b>Prathama* Until 5:38PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:23AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:50PM<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>2</b>  | <b>Saturday, March 24, 2012</b>          | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau | Hamm, Germany  |
|   | Meena Rasi: 27.4    Tithi 2<br>111917268 | <b>Gulika</b> 6:21AM – 7:55AM<br><b>Yama</b> 2:10PM – 3:44PM<br><b>Rahu</b> 9:29AM – 11:02AM   | <b>Sun 15 Sutra 347</b><br>Khara 5113<br>Moon 2 - Phase 47<br>3rd Phase  |
| Routine Work Prabalarishta Yoga<br>Until 10:41AM then Siddha Yoga |  | <b>Revati Until 10:41AM</b><br>Indra Until 10:44PM<br>Balava Until 6:37AM<br><b>Dvitiya Until 7:42PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:21AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:52PM<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>3</b>  | <b>Sunday, March 25, 2012</b>            | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Asvini/Bharani Nakshatra Vaidhrili* Yoga Tailita/Gara Karana Tritiya Yam Titau | Hamm, Germany   |
|   | Mesha Rasi: 9.34    Tithi 3<br>121917268 | <b>Gulika</b> 3:45PM – 5:19PM<br><b>Yama</b> 12:36PM – 2:10PM<br><b>Rahu</b> 5:19PM – 6:54PM   | <b>Sun 16 Sutra 348</b><br>Khara 5113<br>Moon 2 - Phase 47<br>3rd Phase   |
| Creative Work Siddha Yoga<br>Until 1:32PM then no yoga<br>Until 8.08PM then Siddha Yoga |  | <b>Asvini Until 1:32PM</b><br>Vaidhrili* Until 11:32PM<br>Tailita Until 8:58AM<br><b>Tritiya Until 10:04PM</b>   | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:18AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:54PM<br><b>Nataraja:</b> White<br>Moon – White<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>4</b>   | <b>Monday, March 26, 2012</b>             | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau | Hamm, Germany   |
|  | Mesha Rasi: 21.23    Tithi 4<br>121917268 | <b>Gulika</b> 2:11PM – 3:46PM<br><b>Yama</b> 11:01AM – 12:36PM<br><b>Rahu</b> 7:51AM – 9:26AM  | <b>Sun 17 Sutra 349</b><br>Khara 5113<br>Moon 2 - Phase 47<br>3rd Phase   |
| Family Home Evening<br>Creative Work Siddha Yoga<br>Until 4:34PM then no yoga<br>Until 8.07PM then Siddha Yoga |   | <b>Bharani Until 4:34PM</b><br>Vishkambha* Until 12:30AM Tue<br>Vanija Until 11:32AM<br><b>Chaturthi* Until 12:37AM Tue</b>  | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:16AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:55PM<br><b>Nataraja:</b> White<br>Moon – White<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>5</b>  | <b>Tuesday, March 27, 2012</b>              | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau | Hamm, Germany   |
|   | Vrishabha Rasi: 3.1    Tithi 5<br>121917268 | <b>Gulika</b> 12:35PM – 2:11PM<br><b>Yama</b> 9:25AM – 11:00AM<br><b>Rahu</b> 3:46PM – 5:22PM   | <b>Sun 18 Sutra 350</b><br>Khara 5113<br>Moon 2 - Phase 47<br>3rd Phase   |
| Creative Work Siddha Yoga<br>Until 7:41PM then Amrita Yoga<br>Until 8.07PM then Siddha Yoga |   | <b>Krittika Until 7:41PM</b><br>Priti Until 1:34AM Wed<br>Bava Until 2:11PM<br><b>Panchami Until 3:16AM Wed</b>   | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:14AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:57PM<br><b>Nataraja:</b> White<br>Moon – White<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>6</b>   | <b>Wednesday, March 28, 2012</b>              | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Ayushman Yoga Kaulava/Tailita Karana Shasthi* Yam Titau | Hamm, Germany   |
|  | Vrishabha Rasi: 14.58    Tithi 6<br>132917268 | <b>Gulika</b> 10:59AM – 12:35PM<br><b>Yama</b> 7:47AM – 9:23AM<br><b>Rahu</b> 12:35PM – 2:11PM   | <b>Sun 19 Sutra 351</b><br>Khara 5113<br>Moon 2 - Phase 47<br>3rd Phase   |
| Creative Work Siddha Yoga<br>Until 8.07PM then Marana Yoga |   | <b>Rohini Until 10:45PM</b><br>Ayushman Until 2:34AM Thu<br>Kaulava Until 4:47PM<br><b>Shasthi* Until 6:05AM Thu</b>   | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:12AM<br><b>Muruqa:</b> White <i>Sunset:</i> 6:59PM<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>Retreat Star</b>                                       | <b>Thursday, March 29, 2012</b>                   | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigasira Nakshatra Saubhagya Yoga Tailita/Gara Karana Shasthi*/Saptami Yam Titau | Hamm, Germany   |
|   | Vrishabha Rasi: 26.51    Tithi 6 – 7<br>132917268 | <b>Gulika</b> 9:22AM – 10:58AM<br><b>Yama</b> 6:09AM – 7:46AM<br><b>Rahu</b> 2:11PM – 3:48PM   | <b>Sun 20 Sutra 352</b><br>Khara 5113<br>Moon 2 - Phase 47<br>3rd Phase   |
| Routine Work Marana Yoga<br>Until 8.07PM then Siddha Yoga |   | <b>Mrigasira Until 1:38AM Fri</b><br>Saubhagya Until 3:24AM Fri<br>Gara Until 7:11PM<br><b>Shasthi* Until 6:05AM</b>   | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:09AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:02PM<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>Retreat Star</b>  | <b>Friday, March 30, 2012</b>                  | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | Hamm, Germany   |
|  | Mithuna Rasi: 8.56    Tithi 7 – 8<br>132917268 | <b>Gulika</b> 7:44AM – 9:21AM<br><b>Yama</b> 3:48PM – 5:25PM<br><b>Rahu</b> 10:58AM – 12:35PM  | <b>Sun 21 Sutra 353</b><br>Khara 5113<br>Moon 2 - Phase 47<br>Ashtami   |
| Creative Work Siddha Yoga<br>Until 4:09AM Sat then Marana Yoga |  | <b>Ardra Until 4:09AM Sat</b><br>Sobhana Until 3:54AM Sat<br>Visti Until 9:10PM<br><b>Saptami Until 8:04AM</b>   | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:07AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:02PM<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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|---|---|---|--|
| <b>Retreat Star</b>                                       | <b>Saturday, March 31, 2012</b>                 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | Hamm, Germany  |
|   | Mithuna Rasi: 21.17    Tithi 8 – 9<br>142917268 | <b>Gulika</b> 6:05AM – 7:42AM<br><b>Yama</b> 2:12PM – 3:49PM<br><b>Rahu</b> 9:20AM – 10:57AM  | <b>Sun 22 Sutra 354</b><br>Khara 5113<br>Moon 2 - Phase 47<br>Navami   |
| Routine Work Marana Yoga<br>Until 8.06PM then Siddha Yoga |   | <b>Punarvasu Until 4:15AM Sun</b><br>Athiganda* Until 2:19AM Sun<br>Balava Until 9:10PM<br><b>Ashtami* Until 9:10AM</b>   | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:05AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:04PM<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Sivaloka Day</b><br>Chaitra•Panguni |

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

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| <b>1</b>      | <b>Sunday, April 1, 2012</b>                     | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dasami Yam Titau | Hamm, Germany  |
|               | Kataka Rasi: 4.01    Titithi 9 – 10<br>142917268 | <b>Gulika</b> 3:49PM – 5:26PM<br><b>Yama</b> 12:34PM – 2:12PM<br><b>Rahu</b> 5:26PM – 7:04PM   | <b>Sun 23 Sutra 355</b><br>Khara 5113<br>Moon 2 - Phase 48<br>4th Phase  |
| Creative Work | Siddha Yoga                                      | <b>Pushya Until 5:22AM Mon</b><br>Sukarma Until 1:40AM Mon<br>Taitila Until 9:42PM<br><b>Navami* Until 9:42AM</b>  | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:05AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:04PM<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>2</b> | <b>Monday, April 2, 2012</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | Hamm, Germany  |
|          | Kataka Rasi: 17.1    Titithi 10 – 11<br>Family Home Evening    142917268<br>Creative Work    Siddha Yoga | <b>Gulika</b> 2:12PM – 3:50PM<br><b>Yama</b> 10:56AM – 12:34PM<br><b>Rahu</b> 7:40AM – 9:18AM   | <b>Sun 24 Sutra 356</b><br>Khara 5113<br>Moon 2 - Phase 48<br>4th Phase  |
|          | Yogaswami Mahasamadhi  | <b>Aslesha* Until 4:00AM Tue</b><br>Dhriti Until 11:04PM<br>Vanija Until 8:10PM<br><b>Dasami Until 9:05AM</b>   | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:02AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:05PM<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>3</b>      | <b>Tuesday, April 3, 2012</b>                    | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | Hamm, Germany   |
|               | Simha Rasi: 0.48    Titithi 11 – 12<br>152917268 | <b>Gulika</b> 12:34PM – 2:12PM<br><b>Yama</b> 9:17AM – 10:55AM<br><b>Rahu</b> 3:50PM – 5:29PM   | <b>Sun 25 Sutra 357</b><br>Khara 5113<br>Moon 2 - Phase 48<br>4th Phase   |
| Creative Work | Siddha Yoga<br>Until 3:29AM Wed then Amrita Yoga | <b>Magha* Until 3:29AM Wed</b><br>Shula* Until 9:00PM<br>Bava Until 6:58PM<br><b>Ekadasi Until 7:53AM</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:00AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:07PM<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>4</b>      | <b>Wednesday, April 4, 2012</b>   | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau | Hamm, Germany   |
|               | Simha Rasi: 14.55    Titithi 13<br>152917268  | <b>Gulika</b> 10:55AM – 12:33PM<br><b>Yama</b> 7:37AM – 9:16AM<br><b>Rahu</b> 12:33PM – 2:12PM  | <b>Sun 26 Sutra 358</b><br>Khara 5113<br>Moon 2 - Phase 48<br>4th Phase   |
| Creative Work | Amrita Yoga<br>Until 8:05PM then no yoga<br>Until 12:48AM Thu then Prabalarishta Yoga | <b>Purvaphalguni* Until 12:48AM Thu</b><br>Ganda* Until 5:24PM<br>Kaulava Until 4:06PM<br><b>Trayodasi Until 2:23AM Thu</b><br><i>Pradosha Vrata</i>                                  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:58AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:09PM<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>5</b>     | <b>Thursday, April 5, 2012</b>  | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | Hamm, Germany   |
|              | Simha Rasi: 29.28    Titithi 14<br>152917268  | <b>Gulika</b> 9:14AM – 10:54AM<br><b>Yama</b> 5:56AM – 7:35AM<br><b>Rahu</b> 2:12PM – 3:52PM   | <b>Sun 27 Sutra 359</b><br>Khara 5113<br>Moon 2 - Phase 48<br>4th Phase   |
| Routine Work | Prabalarishta Yoga<br>Until 8:05PM then Siddha Yoga<br>Until 10:51PM then Amrita Yoga | <b>Uttaraphalguni Until 10:51PM</b><br>Vridhhi Until 2:06PM<br>Gara Until 1:25PM<br><b>Chaturdasi* Until 11:42PM</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:10PM<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Subha Sivaloka Day</b><br>Chaitra•Panguni |

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| <b>○</b>      | <b>Friday, April 6, 2012</b>                 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau | Hamm, Germany  |
|               | Kanya Rasi: 14.22    Titithi 15<br>162917268 | <b>Gulika</b> 7:33AM – 9:13AM<br><b>Yama</b> 3:52PM – 5:32PM<br><b>Rahu</b> 10:53AM – 12:33PM   | <b>Sutra 360</b><br>Khara 5113<br>Moon 2 - Phase 48<br>Purnima   |
| Creative Work | Amrita Yoga<br>Until 8:04PM then Marana Yoga | <b>Hasta Until 8:22PM</b><br>Dhruva Until 10:18AM<br>Visti Until 10:09AM<br><b>Purnima* Until 8:26PM</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 5:54AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:12PM<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Sivaloka Day</b><br>Chaitra•Panguni |
|               | Panguni Uttiram<br>Hanuman Jayanti           |   |  |

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| <b>○</b>     | <b>Saturday, April 7, 2012</b>                    | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Prathama*/Dvitiya Yam Titau | Hamm, Germany  |
|              | Kanya Rasi: 29.26    Titithi 16 – 17<br>162917268 | <b>Gulika</b> 5:51AM – 7:32AM<br><b>Yama</b> 2:13PM – 3:53PM<br><b>Rahu</b> 9:12AM – 10:52AM   | <b>Sutra 361</b><br>Khara 5113<br>Moon 2 - Phase 48<br>Prathama  |
| Routine Work | Marana Yoga<br>Until 5:33PM then Siddha Yoga      | <b>Chitra Until 5:33PM</b><br>Vyaghata* Until 6:11AM<br>Balava Until 6:33AM<br><b>Prathama* Until 4:50PM</b>   | <b>Ganesha:</b> White <i>Sunrise:</i> 5:51AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:14PM<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Sivaloka Day</b><br>Chaitra•Panguni |





**Sunday, April 8, 2012**  
**Gold Retreat Star**

Tula Rasi: 14.35      Tithi 17 – 18  
162917268  
Creative Work    Siddha Yoga  
Until 2:40PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Visakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    3:54PM – 5:35PM    **Svati Until 2:40PM**  
**Yama**      12:32PM – 2:13PM    **Vajra\* Until 10:01PM**  
**Rahu**      5:35PM – 7:15PM      **Vanija Until 11:26PM**  
**Dvitiya Until 1:09PM**

Hamm, Germany  
**Sun 1    Sutra 362**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Sivaloka Day**  
Ganesha: White    *Sunrise: 5:49AM*  
Muruqa: White    *Sunset: 7:15PM*  
Nataraja: White  
Moon – Green  
Chaitra•Panguni



**Monday, April 9, 2012**

Family Home Evening    172917268  
Routine Work    Marana Yoga  
Until 11:58AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    2:13PM – 3:55PM    **Visakha Until 11:58AM**  
**Yama**      10:51AM – 12:32PM    **Siddhi Until 6:00PM**  
**Rahu**      7:28AM – 9:09AM      **Bava Until 7:55PM**  
**Tritiya Until 9:38AM**

Hamm, Germany  
**Sun 2    Sutra 363**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**  
Ganesha: Clear    *Sunrise: 5:47AM*  
Muruqa: White    *Sunset: 7:17PM*  
Nataraja: White  
Moon – Orange  
Chaitra•Panguni



**Tuesday, April 10, 2012**

Vrischika Rasi: 14.24      Tithi 19 – 20  
172117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Balava/Taitila Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    12:32PM – 2:13PM    **Anuradha Until 9:53AM**  
**Yama**      9:08AM – 10:50AM    **Vyatipata\* Until 2:53PM**  
**Rahu**      3:55PM – 5:37PM      **Taitila Until 4:43AM Wed**  
**Chaturthi\* Until 6:34AM**

Hamm, Germany  
**Sun 3    Sutra 364**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**  
Ganesha: Red    *Sunrise: 5:45AM*  
Muruqa: White    *Sunset: 7:19PM*  
Nataraja: White  
Moon – Orange  
Chaitra•Panguni



**Wednesday, April 11, 2012**

Vrischika Rasi: 28.52      Tithi 21  
173117268  
Creative Work    Siddha Yoga  
Until 7:57AM then Marana Yoga  
Until 8:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    10:49AM – 12:31PM    **Jyeshtha\* Until 7:57AM**  
**Yama**      7:25AM – 9:07AM      **Variyan Until 11:31AM**  
**Rahu**      12:31PM – 2:14PM      **Gara Until 2:55PM**  
**Shasthi\* Until 2:00AM Thu**

Hamm, Germany  
**Sun 4    Sutra 365**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Subha Sivaloka Day**  
Ganesha: Blue    *Sunrise: 5:42AM*  
Muruqa: White    *Sunset: 7:20PM*  
Nataraja: White  
Moon – Orange  
Chaitra•Panguni



**Thursday, April 12, 2012**

Dhanus Rasi: 12.56      Tithi 22  
183117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    9:06AM – 10:48AM    **Mula\* Until 6:41AM**  
**Yama**      5:40AM – 7:23AM      **Parigha\* Until 8:45AM**  
**Rahu**      2:14PM – 3:57PM      **Visti Until 12:54PM**  
**Saptami Until 11:58PM**

Hamm, Germany  
**Sun 5    Sutra 366**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**  
Ganesha: Red    *Sunrise: 5:40AM*  
Muruqa: White    *Sunset: 7:22PM*  
Nataraja: White  
Moon – Light Blue  
Chaitra•Panguni



**Friday, April 13, 2012**  
**Retreat Star**

Dhanus Rasi: 26.37      Tithi 23  
183117268  
Creative Work    Siddha Yoga  
Until 8:03PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    7:21AM – 9:05AM    **Purvashadha\* Until 6:05AM**  
**Yama**      3:57PM – 5:41PM      **Shiva Until 6:40AM**  
**Rahu**      10:48AM – 12:31PM    **Balava Until 12:04PM**  
**Ashtami\* Until 12:04AM Sat**

Hamm, Germany  
**Sun 6    Sutra 1**  
Nandana 5114  
Moon 3 - Phase 49  
Ashtami  
**Subha Sivaloka Day**  
Ganesha: Red    *Sunrise: 5:38AM*  
Muruqa: White    *Sunset: 7:24PM*  
Nataraja: White  
Moon – Light Blue  
Chaitra•Chaitra

**Saturday, April 14, 2012**  
**Retreat Star**

Makara Rasi: 9.56      Tithi 24  
283117268  
No Yoga  
Until 6:07AM then Siddha Yoga  
Until 8:02PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    5:36AM – 7:20AM    **Uttarashadha Until 6:07AM**  
**Yama**      2:14PM – 3:58PM      **Sadhya Until 3:53AM Sun**  
**Rahu**      9:03AM – 10:47AM    **Taitila Until 11:24AM**  
**Navami\* Until 11:24PM**

Hamm, Germany  
**Sun 7    Sutra 2**  
Nandana 5114  
Moon 3 - Phase 49  
Navami  
**Subha Subha Sivaloka Day**  
Ganesha: Blue    *Sunrise: 5:36AM*  
Muruqa: White    *Sunset: 7:25PM*  
Nataraja: White  
Moon – Light Blue  
Chaitra•Chaitra


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| <b>1</b> | <b>Sunday, April 15, 2012</b>                                 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Sravana/Dhanishtha Nakshatra Subha Yoga Vanja/Visti* Karana Dasami Yam Titau |  |   | Hamm, Germany   |
|          | Makara Rasi: 22.55      Tithi 25<br>293117268                 | <b>Gulika</b> 3:59PM – 5:43PM<br><b>Yama</b> 12:30PM – 2:15PM<br><b>Rahu</b> 5:43PM – 7:27PM   | <b>Sravana Until 6:46AM</b><br>Subha Until 2:48AM Mon<br>Vanija Until 11:23AM<br><b>Dasami Until 11:23PM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:34AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:27PM<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Chaitra-Chaitra</b> | <b>Sun 8      Sutra 3</b><br>Nandana 5114<br>Moon 3 - Phase 1<br>2nd Phase<br><b>Subha Sivaloka Day</b> |
|          | Creative Work    Amrita Yoga<br>Until 6:46AM then Siddha Yoga |  |  |   |   |

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| <b>2</b> | <b>Monday, April 16, 2012</b>  | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau |   |   | Hamm, Germany   |
|          | Kumbha Rasi: 5.38      Tithi 26<br><b>Family Home Evening</b> 293117268<br>Creative Work    Siddha Yoga<br>Until 8:02PM then Marana Yoga | <b>Gulika</b> 2:15PM – 3:59PM<br><b>Yama</b> 10:46AM – 12:30PM<br><b>Rahu</b> 7:16AM – 9:01AM   | <b>Dhanishtha Until 8:05AM</b><br>Sukla Until 3:45AM Tue<br>Bava Until 11:56AM<br><b>Ekadasi* Until 11:56PM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:32AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:29PM<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Chaitra-Chaitra</b> | <b>Sun 9      Sutra 4</b><br>Nandana 5114<br>Moon 3 - Phase 1<br>2nd Phase<br><b>Subha Sivaloka Day</b> |
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| <b>3</b> | <b>Tuesday, April 17, 2012</b>                               | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Satabhisha/Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi* Yam Titau |   |   | Hamm, Germany  |
|          | Kumbha Rasi: 18.07      Tithi 27<br>293117268                | <b>Gulika</b> 12:30PM – 2:15PM<br><b>Yama</b> 9:00AM – 10:45AM<br><b>Rahu</b> 4:00PM – 5:45PM   | <b>Satabhisha Until 9:47AM</b><br>Brahma Until 3:32AM Wed<br>Kaulava Until 1:33PM<br><b>Dvadasi* Until 2:39AM Wed</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:30AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:30PM<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Chaitra-Chaitra</b> | <b>Sun 10      Sutra 5</b><br>Nandana 5114<br>Moon 3 - Phase 1<br>2nd Phase<br><b>Subha Sivaloka Day</b> |
|          | Routine Work    Marana Yoga<br>Until 8:02PM then Amrita Yoga |   |   |   |  |

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| <b>4</b> | <b>Wednesday, April 18, 2012</b>                               | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaprostapada*/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayadasi* Yam Titau |   |  | Hamm, Germany  |
|          | Meena Rasi: 0.24      Tithi 28<br>213117268                    | <b>Gulika</b> 10:44AM – 12:30PM<br><b>Yama</b> 7:13AM – 8:59AM<br><b>Rahu</b> 12:30PM – 2:15PM   | <b>Purvaprostapada* Until 11:53AM</b><br>Indra Until 3:39AM Thu<br>Gara Until 3:03PM<br><b>Trayadasi* Until 4:09AM Thu</b><br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:27AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:32PM<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Chaitra-Chaitra</b> | <b>Sun 11      Sutra 6</b><br>Nandana 5114<br>Moon 3 - Phase 1<br>2nd Phase<br><b>Subha Sivaloka Day</b> |
|          | Creative Work    Amrita Yoga<br>Until 11:53AM then Siddha Yoga |  |   |  |  |

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| <b>5</b> | <b>Thursday, April 19, 2012</b>              | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraprostapada*/Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau |  |  | Hamm, Germany  |
|          | Meena Rasi: 12.32      Tithi 29<br>213117268 | <b>Gulika</b> 8:57AM – 10:43AM<br><b>Yama</b> 5:25AM – 7:11AM<br><b>Rahu</b> 2:16PM – 4:02PM  | <b>Uttaraprostapada Until 2:17PM</b><br>Vaidhriti* Until 4:04AM Fri<br>Visti Until 4:54PM<br><b>Chaturdasi* Until 5:59AM Fri</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:34PM<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Chaitra-Chaitra</b> | <b>Sun 12      Sutra 7</b><br>Nandana 5114<br>Moon 3 - Phase 1<br>2nd Phase<br><b>Subha Sivaloka Day</b> |
|          | Creative Work    Siddha Yoga                 |   |  |  |  |

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|  | <b>Friday, April 20, 2012</b>  | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Revati/Asvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasya* Yam Titau |   |  | Hamm, Germany   |
|   | <b>Retreat Star</b><br>Meena Rasi: 24.32      Tithi 30<br>213117268                            | <b>Gulika</b> 7:10AM – 8:56AM<br><b>Yama</b> 4:02PM – 5:49PM<br><b>Rahu</b> 10:43AM – 12:29PM  | <b>Revati Until 4:57PM</b><br>Vishkambha* Until 4:43AM Sat<br>Catuspada Until 7:02PM<br><b>Amavasya* Until 8:17AM Sat</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:23AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:35PM<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Chaitra-Chaitra</b> | <b>Sun 13      Sutra 8</b><br>Nandana 5114<br>Moon 3 - Phase 1<br>Amavasya<br><b>Subha Sivaloka Day</b> |
|   | Creative Work    Siddha Yoga<br>Until 4:57PM then Amrita Yoga<br>Until 8:01PM then Siddha Yoga |  |   |  |   |

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|  | <b>Saturday, April 21, 2012</b>  | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Asvini Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau |   |   | Hamm, Germany   |
|  | <b>Retreat Star</b><br>Mesha Rasi: 6.26      Tithi 30 – 1<br>223117268 | <b>Gulika</b> 5:21AM – 7:08AM<br><b>Yama</b> 2:16PM – 4:03PM<br><b>Rahu</b> 8:55AM – 10:42AM  | <b>Asvini Until 7:49PM</b><br>Priti Until 5:34AM Sun<br>Kintughna Until 9:23PM<br><b>Amavasya* Until 8:17AM</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:21AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:37PM<br><b>Nataraja:</b> White<br>Moon – White<br><b>Vaisaka-Chaitra</b> | <b>Sun 14      Sutra 9</b><br>Nandana 5114<br>Moon 3 - Phase 1<br>Prathama<br><b>Subha Sivaloka Day</b> |
|  | Creative Work    Siddha Yoga<br>Until 8:01PM then no yoga              |   |   |   |   |

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| <b>1</b>   | <b>Sunday, April 22, 2012</b>                   | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama* Dvitiya Yam Titau | Hamm, Germany   |
|  | Mesha Rasi: 18.15      Tithi 1 – 2<br>223117268 | <b>Gulika</b> 4:04PM – 5:51PM<br><b>Yama</b> 12:29PM – 2:16PM<br><b>Rahu</b> 5:51PM – 7:39PM  | <b>Sun 15 Sutra 10</b><br>Nandana 5114<br>Moon 3 - Phase 2<br>3rd Phase   |
| No Yoga<br>Until 8.01PM then Siddha Yoga<br>Until 10:50PM then no yoga |   | <b>Bharani Until 10:50PM</b><br>Ayushman Until 7:00AM Mon<br>Balava Until 11:54PM<br><b>Prathama* Until 10:48AM</b>   | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:19AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:39PM<br><b>Nataraja:</b> White<br>Moon – White<br><b>Vaisaka-Chaitra</b> |
| <b>Subha Sivaloka Day</b>  |   |   |   |

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| <b>2</b>  | <b>Monday, April 23, 2012</b>   | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau | Hamm, Germany   |
|   | Wrishabha Rasi: 0.02      Tithi 2 – 3<br><b>Family Home Evening</b> 223117268 | <b>Gulika</b> 2:17PM – 4:04PM<br><b>Yama</b> 10:41AM – 12:29PM<br><b>Rahu</b> 7:05AM – 8:53AM   | <b>Sun 16 Sutra 11</b><br>Nandana 5114<br>Moon 3 - Phase 2<br>3rd Phase   |
| No Yoga<br>Until 8.00PM then Siddha Yoga<br>Until 1:56AM Tue then Amrita Yoga |   | <b>Krittika Until 1:56AM Tue</b><br>Ayushman Until 7:00AM<br>Taitila Until 2:30AM Tue<br><b>Dvitiya Until 1:24PM</b>  | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:17AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:40PM<br><b>Nataraja:</b> White<br>Moon – White<br><b>Vaisaka-Chaitra</b> |
| <b>Subha Sivaloka Day</b>   |   |   |   |

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| <b>3</b>  | <b>Tuesday, April 24, 2012</b>                      | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | Hamm, Germany   |
|   | Wrishabha Rasi: 11.49      Tithi 3 – 4<br>233117269 | <b>Gulika</b> 12:29PM – 2:17PM<br><b>Yama</b> 8:52AM – 10:40AM<br><b>Rahu</b> 4:05PM – 5:54PM  | <b>Sun 17 Sutra 12</b><br>Nandana 5114<br>Moon 3 - Phase 2<br>3rd Phase   |
| Creative Work      Amrita Yoga<br>Until 8.00PM then Siddha Yoga |   | <b>Rohini Until 5:02AM Wed</b><br>Saubhagya Until 8:04AM<br>Vanija Until 5:06AM Wed<br><b>Tritiya Until 4:00PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:15AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:42PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Vaisaka-Chaitra</b> |
| <b>Sivaloka Day</b>   |   |  |   |

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| <b>4</b>  | <b>Wednesday, April 25, 2012</b>                | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigasira Nakshatra Sobhana/Athiganda* Yoga Visti* Karana Chaturthi* Yam Titau | Hamm, Germany   |
|   | Wrishabha Rasi: 23.39      Tithi 4<br>234117269 | <b>Gulika</b> 10:40AM – 12:28PM<br><b>Yama</b> 7:02AM – 8:51AM<br><b>Rahu</b> 12:28PM – 2:17PM  | <b>Sun 18 Sutra 13</b><br>Nandana 5114<br>Moon 3 - Phase 2<br>3rd Phase   |
| Creative Work      Siddha Yoga<br>Until 8.00PM then Marana Yoga |   | <b>Mrigasira Until 8:09AM Thu</b><br>Sobhana Until 9:02AM<br>Visti Until 7:35AM Thu<br><b>Chaturthi* Until 6:29PM</b>   | <b>Ganesha:</b> White <i>Sunrise:</i> 5:13AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:44PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Vaisaka-Chaitra</b> |
| <b>Devaloka Day</b>   |   |   |   |

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| <b>5</b>   | <b>Thursday, April 26, 2012</b>              | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau | Hamm, Germany   |
|  | Mithuna Rasi: 5.35      Tithi 5<br>234117269 | <b>Gulika</b> 8:50AM – 10:39AM<br><b>Yama</b> 5:11AM – 7:00AM<br><b>Rahu</b> 2:17PM – 4:07PM  | <b>Sun 19 Sutra 14</b><br>Nandana 5114<br>Moon 3 - Phase 2<br>3rd Phase   |
| Routine Work      Marana Yoga<br>Until 8.00PM then Siddha Yoga |  | <b>Mrigasira Until 8:09AM</b><br>Athiganda* Until 9:48AM<br>Bava Until 7:39AM<br><b>Panchami Until 8:44PM</b>   | <b>Ganesha:</b> White <i>Sunrise:</i> 5:11AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:45PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Vaisaka-Chaitra</b> |
| <b>Devaloka Day</b>  |  |   |   |

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| <b>6</b>  | <b>Friday, April 27, 2012</b>                 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau | Hamm, Germany   |
|   | Mithuna Rasi: 17.43      Tithi 6<br>234117269 | <b>Gulika</b> 6:59AM – 8:49AM<br><b>Yama</b> 4:07PM – 5:57PM<br><b>Rahu</b> 10:38AM – 12:28PM  | <b>Sun 20 Sutra 15</b><br>Nandana 5114<br>Moon 3 - Phase 2<br>3rd Phase   |
| Creative Work      Siddha Yoga<br>Until 8.00PM then Marana Yoga |   | <b>Ardra Until 10:35AM</b><br>Sukarma Until 10:15AM<br>Kaulava Until 9:31AM<br><b>Shasthi* Until 10:36PM</b>   | <b>Ganesha:</b> White <i>Sunrise:</i> 5:09AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:47PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Vaisaka-Chaitra</b> |
| <b>Devaloka Day</b>   |   |  |   |

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| <b>Retreat Star</b>   | <b>Saturday, April 28, 2012</b>             | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau | Hamm, Germany   |
|   | Kataka Rasi: 0.04      Tithi 7<br>244117269 | <b>Gulika</b> 5:07AM – 6:57AM<br><b>Yama</b> 2:18PM – 4:08PM<br><b>Rahu</b> 8:48AM – 10:38AM  | <b>Sun 21 Sutra 16</b><br>Nandana 5114<br>Moon 3 - Phase 2<br>3rd Phase   |
| Routine Work      Marana Yoga<br>Until 12:01PM then Siddha Yoga |   | <b>Punarvasu Until 12:01PM</b><br>Dhriti Until 9:57AM<br>Gara Until 10:26AM<br><b>Saptami Until 10:26PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:07AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:49PM<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Vaisaka-Chaitra</b> |
| <b>Sivaloka Day</b>   |   |   |   |

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| <b>Retreat Star</b>            | <b>Sunday, April 29, 2012</b>                | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau | Hamm, Germany   |
|                                | Kataka Rasi: 12.46      Tithi 8<br>244117269 | <b>Gulika</b> 4:09PM – 6:00PM<br><b>Yama</b> 12:28PM – 2:18PM<br><b>Rahu</b> 6:00PM – 7:50PM  | <b>Sun 22 Sutra 17</b><br>Nandana 5114<br>Moon 3 - Phase 2<br>Ashtami   |
| Creative Work      Siddha Yoga |  | <b>Pushya Until 1:13PM</b><br>Shula* Until 9:23AM<br>Visti Until 11:01AM<br><b>Ashtami* Until 11:01PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:05AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:50PM<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Vaisaka-Chaitra</b> |
| <b>Sivaloka Day</b>            |  |   |   |

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| <b>Retreat Star</b>            | <b>Monday, April 30, 2012</b>  | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Aslesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navami* Yam Titau | Hamm, Germany   |
|                                | Kataka Rasi: 25.5      Tithi 9<br><b>Family Home Evening</b> 244117269 | <b>Gulika</b> 2:19PM – 4:10PM<br><b>Yama</b> 10:37AM – 12:28PM<br><b>Rahu</b> 6:54AM – 8:45AM   | <b>Sun 23 Sutra 18</b><br>Nandana 5114<br>Moon 3 - Phase 2<br>Navami  |
| Creative Work      Siddha Yoga |  | <b>Aslesha* Until 1:08PM</b><br>Ganda* Until 8:10AM<br>Balava Until 10:26AM<br><b>Navami* Until 9:30PM</b>  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:03AM<br><b>Muruqa:</b> White <i>Sunset:</i> 7:52PM<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Vaisaka-Chaitra</b> |
| <b>Sivaloka Day</b>            |  |   |   |


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

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| <b>1</b>                      | <b>Tuesday, May 1, 2012</b> | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam |                                |  | Hamm, Germany                                 |
|                               | Simha Rasi: 9.22            | Tithi 10   | 254117269                      | Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau | Sun 24 Sutra 19<br>Nandana 5114               |
| Creative Work                 | Siddha Yoga                 |  | <b>Gulika</b> 12:27PM – 2:19PM | <b>Magha* Until 12:49PM</b>  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:00AM |
| Until 7.59PM then Amrita Yoga |                             |  | <b>Yama</b> 8:43AM – 10:35AM   | Vriddhi Until 6:10AM   | <b>Muruqa:</b> White <i>Sunset:</i> 7:55PM    |
|                               |                             |  | <b>Rahu</b> 4:11PM – 6:03PM    | Taitila Until 9:25AM   | <b>Nataraja:</b> Clear                        |
|                               |                             |  |                                | <b>Dasami Until 8:29PM</b>   | Moon – Red                                    |
|                               |                             |  |                                |  | <b>Vaisaka-Chaitra</b>                        |
|                               |                             |  |                                |  | <b>Devaloka Day</b>                           |

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| <b>2</b>                             | <b>Wednesday, May 2, 2012</b> | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam |                                 |   | Hamm, Germany                                 |
|                                      | Simha Rasi: 23.2              | Tithi 11   | 254117269                       | Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau | Sun 25 Sutra 20<br>Nandana 5114               |
| Creative Work                        | Amrita Yoga                   |  | <b>Gulika</b> 10:35AM – 12:27PM | <b>Purvaphalguni* Until 11:42AM</b>   | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:58AM |
| Until 7.59PM then Prabalarishta Yoga |                               |  | <b>Yama</b> 6:50AM – 8:43AM     | Vyaghata* Until 12:54AM Thu   | <b>Muruqa:</b> White <i>Sunset:</i> 7:57PM    |
|                                      |                               |  | <b>Rahu</b> 12:27PM – 2:20PM    | Vanija Until 7:33AM   | <b>Nataraja:</b> Clear                        |
|                                      |                               |  |                                 | <b>Ekadasi Until 6:37PM</b>   | Moon – Red                                    |
|                                      |                               |  |                                 |   | <b>Vaisaka-Chaitra</b>                        |
|                                      |                               |  |                                 |   | <b>Devaloka Day</b>                           |

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| <b>3</b>                      | <b>Thursday, May 3, 2012</b> | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam |                                |   | Hamm, Germany                                 |
|                               | Kanya Rasi: 7.46             | Tithi 12 – 13   | 254117269                      | Uttaraphalguni*/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | Sun 26 Sutra 21<br>Nandana 5114               |
| Routine Work                  | Prabalarishta Yoga           |   | <b>Gulika</b> 8:42AM – 10:34AM | <b>Uttaraphalguni Until 9:34AM</b>  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:56AM |
| Until 9:34AM then no yoga     |                              |   | <b>Yama</b> 4:56AM – 6:49AM    | Harshana Until 8:38PM   | <b>Muruqa:</b> White <i>Sunset:</i> 7:58PM    |
| Until 7.59PM then Amrita Yoga |                              |   | <b>Rahu</b> 2:20PM – 4:13PM    | Kaulava Until 1:30AM Fri  | <b>Nataraja:</b> Clear                        |
|                               |                              |   |                                | <b>Dvadasi Until 3:13PM</b>   | Moon – Red                                    |
|                               |                              |   |                                | <i>Pradosha Vrata</i>   | <b>Vaisaka-Chaitra</b>                        |
|                               |                              |   |                                |   | <b>Devaloka Day</b>                           |

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| <b>4</b>                      | <b>Friday, May 4, 2012</b> | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam |                               |   | Hamm, Germany                                |
|                               | Kanya Rasi: 22.35          | Tithi 13 – 14  | 264117269                     | Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | Sun 27 Sutra 22<br>Nandana 5114              |
| Creative Work                 | Amrita Yoga                |  | <b>Gulika</b> 6:47AM – 8:41AM | <b>Hasta Until 7:12AM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:54AM |
| Until 7:12AM then Siddha Yoga |                            |  | <b>Yama</b> 4:13PM – 6:07PM   | Vajra* Until 4:57PM   | <b>Muruqa:</b> White <i>Sunset:</i> 8:00PM   |
| Until 7.59PM then Marana Yoga |                            |  | <b>Rahu</b> 10:34AM – 12:27PM | Gara Until 10:21PM  | <b>Nataraja:</b> Clear                       |
|                               |                            |  |                               | <b>Trayodasi Until 12:04PM</b>  | Moon – Green                                 |
|                               |                            |  |                               |   | <b>Vaisaka-Chaitra</b>                       |
|                               |                            |  |                               |   | <b>Sivaloka Day</b>                          |

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|  | <b>Saturday, May 5, 2012</b> | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam |                               |                                 | Hamm, Germany  |
|   | <b>Copper Retreat Star</b>   | Tula Rasi: 7.4   | Tithi 14 – 15                 | 264217269                       | Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau |
| Creative Work   | Siddha Yoga                  |  | <b>Gulika</b> 4:52AM – 6:46AM | <b>Svati Until 1:44AM Sun</b>   | <b>Ganesha:</b> White <i>Sunrise:</i> 4:52AM   |
| Until 1:44AM Sun then Marana Yoga   |                              |  | <b>Yama</b> 2:21PM – 4:14PM   | Siddhi Until 12:53PM            | <b>Muruqa:</b> White <i>Sunset:</i> 8:01PM   |
|   |                              |  | <b>Rahu</b> 8:40AM – 10:33AM  | Visti Until 6:43PM              | <b>Nataraja:</b> Clear   |
|   |                              |  |                               | <b>Chaturdasi* Until 8:26AM</b> | Moon – Green   |
|   |                              |  |                               |                                 | <b>Vaisaka-Chaitra</b>   |
|   |                              |  |                               |                                 | <b>Subha Sivaloka Day</b>  |

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| <b>Sunday, May 6, 2012</b>     | <b>Silver Retreat Star</b> | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                               |   | Hamm, Germany                                 |
|                                | Tula Rasi: 22.52           | Tithi 16   | 274217269                     | Visakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau | Sutra 24<br>Nandana 5114                      |
| Routine Work                   | Marana Yoga                |  | <b>Gulika</b> 4:15PM – 6:09PM | <b>Visakha Until 10:44PM</b>  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:51AM |
| Until 10:44PM then Siddha Yoga |                            |  | <b>Yama</b> 12:27PM – 2:21PM  | Vyatipata* Until 8:37AM   | <b>Muruqa:</b> White <i>Sunset:</i> 8:03PM    |
|                                |                            |  | <b>Rahu</b> 6:09PM – 8:03PM   | Balava Until 2:53PM   | <b>Nataraja:</b> Clear                        |
|                                |                            |  |                               | <b>Prathama* Until 1:10AM Mon</b>   | Moon – Orange                                 |
|                                |                            |  |                               |   | <b>Vaisaka-Chaitra</b>                        |
|                                |                            |  |                               |   | <b>Sivaloka Day</b>                           |