



**Tuesday, April 19, 2011**  
**Gold Retreat Star**

Tula Rasi: 19.32      Tithi 17  
272456158  
Creative Work    Siddha Yoga  
Until 6:44AM then Marana Yoga  
Until 9:02PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**    11:57AM – 1:21PM    **Svati Until 6:44AM**  
**Yama**       9:08AM – 10:32AM    **Siddhi Until 7:33PM**  
**Rahu**       2:46PM – 4:10PM       **Taitila Until 11:31AM**  
**Dvitiya Until 9:48PM**

**Ganesha:** White    *Sunrise:* 6:19AM  
**Muruqa:** Yellow    *Sunset:* 5:35PM  
**Nataraja:** Clear  
Moon – Green  
**Chaitra-Chaitra**

Durban, South Africa  
**Sutra 7**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**1** **Wednesday, April 20, 2011**

Wrishchika Rasi: 4.15      Tithi 18  
272456158  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti/ Karana Tritiya Yam Titau

**Gulika**    10:32AM – 11:57AM    **Anuradha Until 3:17AM Thu**  
**Yama**       7:43AM – 9:08AM       **Vyatipata\* Until 4:42PM**  
**Rahu**       11:57AM – 1:21PM       **Vanija Until 8:44AM**  
**Tritiya Until 7:49PM**

**Ganesha:** Yellow    *Sunrise:* 6:19AM  
**Muruqa:** Yellow    *Sunset:* 5:34PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Durban, South Africa  
**Sutra 8**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**2** **Thursday, April 21, 2011**

Wrishchika Rasi: 18.32      Tithi 19 – 20  
272456158  
Creative Work    Siddha Yoga  
Until 9:01PM then Prabalarishta Yoga  
Until 1:39AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    9:08AM – 10:32AM    **Jyeshtha\* Until 1:39AM Fri**  
**Yama**       6:20AM – 7:44AM       **Variyan Until 1:36PM**  
**Rahu**       1:21PM – 2:45PM       **Bava Until 6:18AM**  
**Chaturthi\* Until 5:23PM**

**Ganesha:** Yellow    *Sunrise:* 6:20AM  
**Muruqa:** Yellow    *Sunset:* 5:32PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Durban, South Africa  
**Sutra 9**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**3** **Friday, April 22, 2011**

Dhanus Rasi: 2.22      Tithi 20 – 21  
282456158  
No Yoga  
Until 9:01PM then Siddha Yoga  
Until 2:15AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    7:44AM – 9:08AM       **Mula\* Until 2:15AM Sat**  
**Yama**       2:44PM – 4:08PM       **Parigha\* Until 11:38AM**  
**Rahu**       10:32AM – 11:56AM    **Gara Until 4:38AM Sat**  
**Panchami Until 4:38PM**

**Ganesha:** Blue       *Sunrise:* 6:20AM  
**Muruqa:** Yellow    *Sunset:* 5:32PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Durban, South Africa  
**Sutra 10**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**4** **Saturday, April 23, 2011**

Dhanus Rasi: 15.43      Tithi 21 – 22  
282466158  
Routine Work    Marana Yoga  
Until 9:01PM then Siddha Yoga  
Until 2:14AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti/ Karana Shasthi\*/Saptami Yam Titau

**Gulika**    6:21AM – 7:45AM       **Purvashadha\* Until 2:14AM Sun**  
**Yama**       1:20PM – 2:43PM       **Shiva Until 9:56AM**  
**Rahu**       9:08AM – 10:32AM    **Visti Until 3:54AM Sun**  
**Shasthi\* Until 3:54PM**

**Ganesha:** Blue       *Sunrise:* 6:21AM  
**Muruqa:** Red       *Sunset:* 5:31PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Durban, South Africa  
**Sutra 11**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**5** **Sunday, April 24, 2011**

Dhanus Rasi: 28.37      Tithi 22 – 23  
282466158  
Creative Work    Amrita Yoga  
Until 9:01PM then Marana Yoga  
Until 3:01AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    2:43PM – 4:06PM       **Uttarashadha Until 3:01AM Mon**  
**Yama**       11:56AM – 1:19PM       **Siddha Until 9:00AM**  
**Rahu**       4:06PM – 5:30PM       **Balava Until 4:02AM Mon**  
**Saptami Until 4:02PM**

**Ganesha:** Blue       *Sunrise:* 6:22AM  
**Muruqa:** Red       *Sunset:* 5:30PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Durban, South Africa  
**Sutra 12**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**Monday, April 25, 2011**  
**Retreat Star**

Makara Rasi: 11.1      Tithi 23 – 24  
293466159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 9:00PM then Siddha Yoga  
Until 6:21AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    1:19PM – 2:42PM       **Sravana Until 6:21AM Tue**  
**Yama**       10:32AM – 11:56AM    **Sadhya Until 8:54AM**  
**Rahu**       7:46AM – 9:09AM       **Taitila Until 6:59AM Tue**  
**Ashtami\* Until 5:54PM**

**Ganesha:** Green    *Sunrise:* 6:22AM  
**Muruqa:** Red       *Sunset:* 5:29PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

Durban, South Africa  
**Sutra 13**  
Khara 5113  
Moon 4 - Phase 1  
Ashtami

**Devaloka Day**

**Tuesday, April 26, 2011**  
**Retreat Star**

Makara Rasi: 23.25      Tithi 24  
293466159  
Routine Work    Marana Yoga  
Until 9:00PM then Prabalarishta Yoga  
Until 8:24AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika**    11:55AM – 1:19PM    **Dhanishtha Until 8:24AM Wed**  
**Yama**       9:09AM – 10:32AM    **Subha Until 9:05AM**  
**Rahu**       2:42PM – 4:05PM       **Taitila Until 6:22AM**  
**Navami\* Until 7:28PM**

**Ganesha:** Green    *Sunrise:* 6:23AM  
**Muruqa:** Red       *Sunset:* 5:28PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

Durban, South Africa  
**Sutra 14**  
Khara 5113  
Moon 4 - Phase 1  
Navami

**Devaloka Day**


<b>1</b>	<b>Wednesday, April 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau			Durban, South Africa
				<b>Sutra 15</b> Khara 5113	
Kumbha Rasi: 5.28	Tithi 25	293566159	<b>Gulika</b> 10:32AM – 11:55AM <b>Yama</b> 7:46AM – 9:09AM <b>Rahu</b> 11:55AM – 1:18PM	<b>Dhanishtha</b> Until 8:24AM Sukla Until 9:39AM Vanija Until 8:22AM <b>Dasami</b> Until 9:28PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:23AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:27PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>
Routine Work Prabalarishta Yoga Until 8:24AM then Siddha Yoga Until 9:00PM then Marana Yoga					<b>Sivaloka Day</b>

<b>2</b>	<b>Thursday, April 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau			Durban, South Africa
				<b>Sutra 16</b> Khara 5113	
Kumbha Rasi: 17.24	Tithi 26	293566159	<b>Gulika</b> 9:10AM – 10:32AM <b>Yama</b> 6:24AM – 7:47AM <b>Rahu</b> 1:18PM – 2:41PM	<b>Satabhisha</b> Until 11:12AM Brahma Until 10:26AM Bava Until 10:38AM <b>Ekadasi*</b> Until 11:44PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>
Routine Work Marana Yoga Until 11:12AM then Siddha Yoga					<b>Sivaloka Day</b>

<b>3</b>	<b>Friday, April 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau			Durban, South Africa
				<b>Sutra 17</b> Khara 5113	
Kumbha Rasi: 29.16	Tithi 27	213566159	<b>Gulika</b> 7:47AM – 9:10AM <b>Yama</b> 2:40PM – 4:03PM <b>Rahu</b> 10:32AM – 11:55AM	<b>Purvaprostapada*</b> Until 2:07PM Indra Until 11:20AM Kaulava Until 1:02PM <b>Dvadasi*</b> Until 2:08AM Sat	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>
Creative Work Siddha Yoga					<b>Sivaloka Day</b>

<b>4</b>	<b>Saturday, April 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Durban, South Africa
				<b>Sutra 18</b> Khara 5113	
Meena Rasi: 11.08	Tithi 28	213566159	<b>Gulika</b> 6:25AM – 7:48AM <b>Yama</b> 1:17PM – 2:40PM <b>Rahu</b> 9:10AM – 10:32AM	<b>Uttaraprostapada</b> Until 5:03PM Vaidhriti* Until 12:15PM Gara Until 3:27PM <b>Trayodasi*</b> Until 4:33AM Sun <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>
Creative Work Siddha Yoga Until 5:03PM then Prabalarishta Yoga Until 9:00PM then Amrita Yoga					<b>Sivaloka Day</b>

<b>5</b>	<b>Sunday, May 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Durban, South Africa
				<b>Sutra 19</b> Khara 5113	
Meena Rasi: 23.02	Tithi 29	213566159	<b>Gulika</b> 2:39PM – 4:01PM <b>Yama</b> 11:55AM – 1:17PM <b>Rahu</b> 4:01PM – 5:24PM	<b>Revati</b> Until 7:55PM Vishkambha* Until 1:07PM Visti Until 5:48PM <b>Chaturdasi*</b> Until 6:54AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:24PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>
Creative Work Amrita Yoga Until 7:55PM then Siddha Yoga					<b>Sivaloka Day</b>

	<b>Monday, May 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Durban, South Africa
	<b>Retreat Star</b>			<b>Sutra 20</b> Khara 5113	
Mesha Rasi: 5	Tithi 29 – 30	223566159	<b>Gulika</b> 1:17PM – 2:39PM <b>Yama</b> 10:33AM – 11:55AM <b>Rahu</b> 7:48AM – 9:11AM	<b>Asvini</b> Until 10:40PM Priti Until 1:51PM Catuspada Until 7:59PM <b>Chaturdasi*</b> Until 6:54AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:23PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra-Chaitra</b>
<b>Family Home Evening</b> Creative Work Siddha Yoga					<b>Sivaloka Day</b>

	<b>Tuesday, May 3, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Durban, South Africa
	<b>Retreat Star</b>			<b>Sutra 21</b> Khara 5113	
Mesha Rasi: 17.04	Tithi 30 – 1	223566159	<b>Gulika</b> 11:55AM – 1:16PM <b>Yama</b> 9:11AM – 10:33AM <b>Rahu</b> 2:38PM – 4:00PM	<b>Bharani</b> Until 1:13AM Wed Ayushman Until 2:25PM Kintughna Until 9:59PM <b>Amavasya*</b> Until 8:53AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>
Creative Work Siddha Yoga Until 8:59PM then Marana Yoga Until 1:13AM Wed then Amrita Yoga					<b>Sivaloka Day</b>

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Wednesday, May 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Durban, South Africa
	Mesha Rasi: 29.14	Tithi 1 – 2		<b>Sutra 22</b> Khara 5113
	223566159	<b>Gulika</b> 10:33AM – 11:54AM <b>Yama</b> 7:49AM – 9:11AM <b>Rahu</b> 11:54AM – 1:16PM	<b>Krittika Until 3:31AM Thu</b> Saubhagya Until 2:45PM Balava Until 11:42PM <b>Prathama* Until 10:37AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>
	Creative Work Amrita Yoga Until 8.59PM then Marana Yoga			Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>


<b>2</b>	<b>Thursday, May 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Durban, South Africa
	Wrishabha Rasi: 11.34	Tithi 2 – 3		<b>Sutra 23</b> Khara 5113
	233566159	<b>Gulika</b> 9:11AM – 10:33AM <b>Yama</b> 6:28AM – 7:50AM <b>Rahu</b> 1:16PM – 2:37PM	<b>Rohini Until 5:33AM Fri</b> Sobhana Until 2:50PM Taitila Until 11:31PM <b>Dvitiya Until 11:31AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>
	Routine Work Marana Yoga Until 5:33AM Fri then Siddha Yoga			Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Friday, May 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Durban, South Africa
	Wrishabha Rasi: 24.03	Tithi 3 – 4		<b>Sutra 24</b> Khara 5113
	233566159	<b>Gulika</b> 7:50AM – 9:12AM <b>Yama</b> 2:37PM – 3:58PM <b>Rahu</b> 10:33AM – 11:54AM	<b>Mrigasira Until 5:17AM Sat</b> Athiganda* Until 1:59PM Vanija Until 12:28AM Sat <b>Tritiya Until 12:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>
	Creative Work Siddha Yoga			Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Saturday, May 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Durban, South Africa
	Mithuna Rasi: 6.45	Tithi 4 – 5		<b>Sutra 25</b> Khara 5113
	233566159	<b>Gulika</b> 6:29AM – 7:51AM <b>Yama</b> 1:15PM – 2:36PM <b>Rahu</b> 9:12AM – 10:33AM	<b>Ardra Until 6:37AM Sun</b> Sukarma Until 1:25PM Bava Until 1:02AM Sun <b>Chaturthi* Until 1:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>
	Creative Work Siddha Yoga			Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>5</b>	<b>Sunday, May 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Durban, South Africa
	Mithuna Rasi: 19.4	Tithi 5 – 6		<b>Sutra 26</b> Khara 5113
	233566159	<b>Gulika</b> 2:36PM – 3:57PM <b>Yama</b> 11:54AM – 1:15PM <b>Rahu</b> 3:57PM – 5:18PM	<b>Ardra Until 6:37AM</b> Dhriti Until 12:28PM Kaulava Until 1:07AM Mon <b>Panchami Until 1:07PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:18PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>
	Creative Work Siddha Yoga Until 8.59PM then Amrita Yoga	<b>Mother's Day</b>		Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

<b>6</b>	<b>Monday, May 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Durban, South Africa
	Kataka Rasi: 2.51	Tithi 6 – 7		<b>Sutra 27</b> Khara 5113
	244566159	<b>Gulika</b> 1:15PM – 2:36PM <b>Yama</b> 10:33AM – 11:54AM <b>Rahu</b> 7:52AM – 9:12AM	<b>Punarvasu Until 6:53AM</b> Shula* Until 11:04AM Gara Until 11:15PM <b>Shasthi* Until 12:10PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:17PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>
	<b>Family Home Evening</b> Creative Work Amrita Yoga Until 6:53AM then Siddha Yoga			Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>

	<b>Tuesday, May 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Durban, South Africa
	<b>Retreat Star</b>			<b>Sutra 28</b> Khara 5113
	Kataka Rasi: 16.2	Tithi 7 – 8		Moon 4 - Phase 3
	244566159	<b>Gulika</b> 11:54AM – 1:15PM <b>Yama</b> 9:13AM – 10:33AM <b>Rahu</b> 2:35PM – 3:56PM	<b>Pushya Until 6:34AM</b> Ganda* Until 8:56AM Visti Until 10:17PM <b>Saptami Until 11:13AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:17PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>
	Creative Work Siddha Yoga			Ashtami <b>Sivaloka Day</b>

	<b>Wednesday, May 11, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Durban, South Africa
	<b>Retreat Star</b>			<b>Sutra 29</b> Khara 5113
	Simha Rasi: 0.08	Tithi 8 – 9		Moon 4 - Phase 3
	254566159	<b>Gulika</b> 10:33AM – 11:54AM <b>Yama</b> 7:52AM – 9:13AM <b>Rahu</b> 11:54AM – 1:14PM	<b>Magha* Until 4:37AM Thu</b> Vridhhi Until 6:38AM Balava Until 8:44PM <b>Ashtami* Until 9:40AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:16PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>
	Creative Work Siddha Yoga Until 8.59PM then Amrita Yoga Until 4:37AM Thu then no yoga			Navami <b>Devaloka Day</b>

<b>1</b>	<b>Thursday, May 12, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Durban, South Africa
	Simha Rasi: 14.17      Tithi 9 – 10	<b>Gulika</b> 9:13AM – 10:34AM	<b>Purvaphalguni*</b> Until 3:14AM Fri	<b>Ganesha:</b> White <i>Sunrise:</i> 6:33AM	<b>Sutra 30</b>	Khara 5113
	254566159	<b>Yama</b> 6:33AM – 7:53AM	<b>Vyaghata*</b> Until 1:08AM Fri	<b>Muruqa:</b> Red <i>Sunset:</i> 5:15PM	Moon 4 - Phase 4	4th Phase
	No Yoga	<b>Rahu</b> 1:14PM – 2:35PM	Taitila Until 6:35PM	<b>Nataraja:</b> Purple		
	Until 8:59PM then Siddha Yoga		<b>Navami*</b> Until 7:31AM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>	

<b>2</b>	<b>Friday, May 13, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadasi Yam Titau				Durban, South Africa
	Simha Rasi: 28.43      Tithi 11	<b>Gulika</b> 7:53AM – 9:14AM	<b>Uttaraphalguni</b> Until 12:04AM Sat	<b>Ganesha:</b> White <i>Sunrise:</i> 6:33AM	<b>Sutra 31</b>	Khara 5113
	254566159	<b>Yama</b> 2:34PM – 3:54PM	Harshana Until 8:51PM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:15PM	Moon 4 - Phase 4	4th Phase
	Creative Work      Siddha Yoga	<b>Rahu</b> 10:34AM – 11:54AM	Vanija Until 3:10PM	<b>Nataraja:</b> Purple		
	Until 8:59PM then Marana Yoga		<b>Ekadasi</b> Until 1:27AM Sat	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>	

<b>3</b>	<b>Saturday, May 14, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadasi Yam Titau				Durban, South Africa
	Kanya Rasi: 13.23      Tithi 12	<b>Gulika</b> 6:34AM – 7:54AM	<b>Hasta</b> Until 9:54PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:34AM	<b>Sutra 32</b>	Khara 5113
	264566159	<b>Yama</b> 1:14PM – 2:34PM	Vajra* Until 5:23PM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:14PM	Moon 4 - Phase 4	4th Phase
	Routine Work      Marana Yoga	<b>Rahu</b> 9:14AM – 10:34AM	Bava Until 12:14PM	<b>Nataraja:</b> Purple		
	Until 8:59PM then Amrita Yoga		<b>Dvadasi</b> Until 10:31PM	<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>	
	Until 9:54PM then Siddha Yoga					

<b>4</b>	<b>Sunday, May 15, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Durban, South Africa
	Kanya Rasi: 28.13      Tithi 13	<b>Gulika</b> 2:34PM – 3:54PM	<b>Chitra</b> Until 7:31PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:34AM	<b>Sutra 33</b>	Khara 5113
	264566159	<b>Yama</b> 11:54AM – 1:14PM	Siddhi Until 1:41PM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:13PM	Moon 4 - Phase 4	4th Phase
	Creative Work      Siddha Yoga	<b>Rahu</b> 3:54PM – 5:13PM	Kaulava Until 9:02AM	<b>Nataraja:</b> Purple		
	Until 8:59PM then Amrita Yoga		<b>Trayodasi</b> Until 7:19PM	<b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b>	
			<i>Pradosha Vrata</i>			

<b>5</b>	<b>Monday, May 16, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Vyalipata*Varian Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau				Durban, South Africa
	Tula Rasi: 13.05      Tithi 14 – 15	<b>Gulika</b> 1:14PM – 2:33PM	<b>Svati</b> Until 5:04PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:35AM	<b>Sutra 34</b>	Khara 5113
	<b>Family Home Evening</b> 264566159	<b>Yama</b> 10:34AM – 11:54AM	Vyatipata* Until 9:57AM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:13PM	Moon 4 - Phase 4	4th Phase
	Creative Work      Amrita Yoga	<b>Rahu</b> 7:55AM – 9:14AM	Visli Until 2:21AM Tue	<b>Nataraja:</b> Purple		
	Until 5:04PM then Marana Yoga		<b>Chaturdasi*</b> Until 4:04PM	<b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b>	

<b>○</b>	<b>Tuesday, May 17, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Durban, South Africa
	<b>Copper Retreat Star</b>	<b>Gulika</b> 11:54AM – 1:14PM	<b>Visakha</b> Until 2:47PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:36AM	<b>Sutra 35</b>	Khara 5113
	Tula Rasi: 27.51      Tithi 15 – 16	<b>Yama</b> 9:15AM – 10:34AM	Variyan Until 6:23AM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:12PM	Moon 4 - Phase 4	Purnima
	274566159	<b>Rahu</b> 2:33PM – 3:53PM	Balava Until 11:16PM	<b>Nataraja:</b> Purple		
	Routine Work      Marana Yoga		<b>Purnima*</b> Until 12:59PM	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>	
	Until 2:47PM then Siddha Yoga					

<b>○</b>	<b>Wednesday, May 18, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau				Durban, South Africa
	<b>Silver Retreat Star</b>	<b>Gulika</b> 10:35AM – 11:54AM	<b>Anuradha</b> Until 1:21PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:36AM	<b>Sutra 36</b>	Khara 5113
	Vrischika Rasi: 12.23      Tithi 16 – 17	<b>Yama</b> 7:56AM – 9:15AM	Shiva Until 12:15AM Thu	<b>Muruqa:</b> Red <i>Sunset:</i> 5:12PM	Moon 4 - Phase 4	Prathama
	274566159	<b>Rahu</b> 11:54AM – 1:13PM	Taitila Until 9:42PM	<b>Nataraja:</b> Purple		
	Creative Work      Siddha Yoga		<b>Prathama*</b> Until 10:37AM	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>	



**Thursday, May 19, 2011**  
**Gold Retreat Star**

Virshika Rasi: 26.35 Tithi 17 - 18  
274566159  
Creative Work Siddha Yoga  
Until 8.59PM then no yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika 9:15AM - 10:35AM**  
Yama 6:37AM - 7:56AM  
Rahu 1:13PM - 2:33PM  
**Jyeshtha\* Until 11:51AM**  
Siddha Until 9:19PM  
Vanija Until 7:25PM  
**Dvitiya Until 8:20AM**

Ganesha: Blue *Sunrise: 6:37AM*  
Muruqa: Red *Sunset: 5:11PM*  
Nataraja: Purple  
Moon - Orange  
**Vaisaka-Vaikasi**

Durban, South Africa  
**Sun 1 Sutra 37**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**1**

**Friday, May 20, 2011**

Dhanus Rasi: 10.23 Tithi 18 - 19  
284566159  
No Yoga  
Until 11:26AM then Siddha Yoga  
Until 8.59PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika 7:57AM - 9:16AM**  
Yama 2:32PM - 3:52PM  
Rahu 10:35AM - 11:54AM  
**Mula\* Until 11:26AM**  
Sadhya Until 7:57PM  
Bava Until 6:51PM  
**Tritiya Until 6:51AM**

Ganesha: Red *Sunrise: 6:37AM*  
Muruqa: Red *Sunset: 5:11PM*  
Nataraja: Purple  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Durban, South Africa  
**Sun 2 Sutra 38**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**2**

**Saturday, May 21, 2011**

Dhanus Rasi: 23.46 Tithi 20  
285566159  
Routine Work Marana Yoga  
Until 11:21AM then no yoga  
Until 8.59PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika 6:38AM - 7:57AM**  
Yama 1:13PM - 2:32PM  
Rahu 9:16AM - 10:35AM  
**Purvashadha\* Until 11:21AM**  
Subha Until 6:13PM  
Taitila Until 6:00PM  
**Panchami Until 6:00AM**

Ganesha: Yellow *Sunrise: 6:38AM*  
Muruqa: Red *Sunset: 5:10PM*  
Nataraja: Purple  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Durban, South Africa  
**Sun 3 Sutra 39**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**3**

**Sunday, May 22, 2011**

Makara Rasi: 6.44 Tithi 21  
285666159  
Creative Work Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Sukla/Brahma Yoga Gara Karana Shasthi\* Yam Titau  
**Gulika 2:32PM - 3:51PM**  
Yama 11:54AM - 1:13PM  
Rahu 3:51PM - 5:10PM  
**Uttarashadha Until 12:01PM**  
Sukla Until 5:11PM  
Gara Until 5:59PM  
**Shasthi\* Until 6:44AM Mon**

Ganesha: Red *Sunrise: 6:39AM*  
Muruqa: Red *Sunset: 5:10PM*  
Nataraja: Purple  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Durban, South Africa  
**Sun 4 Sutra 40**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**4**

**Monday, May 23, 2011**

Makara Rasi: 19.22 Tithi 21 - 22  
295666159  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 1:57PM then Siddha Yoga  
Until 8.59PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika 1:13PM - 2:32PM**  
Yama 10:36AM - 11:54AM  
Rahu 7:58AM - 9:17AM  
**Sravana Until 1:57PM**  
Brahma Until 5:36PM  
Visti Until 7:50PM  
**Shasthi\* Until 6:44AM**

Ganesha: Green *Sunrise: 6:39AM*  
Muruqa: Red *Sunset: 5:09PM*  
Nataraja: Purple  
Moon - Purple  
**Vaisaka-Vaikasi**

Durban, South Africa  
**Sun 5 Sutra 41**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**D**

**Tuesday, May 24, 2011**  
**Retreat Star**

Kumbha Rasi: 1.41 Tithi 22 - 23  
295666159  
Routine Work Marana Yoga  
Until 8.59PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika 11:54AM - 1:13PM**  
Yama 9:17AM - 10:36AM  
Rahu 2:32PM - 3:50PM  
**Dhanishtha Until 3:59PM**  
Indra Until 5:41PM  
Balava Until 9:13PM  
**Saptami Until 8:08AM**

Ganesha: Green *Sunrise: 6:40AM*  
Muruqa: Red *Sunset: 5:09PM*  
Nataraja: Purple  
Moon - Purple  
**Vaisaka-Vaikasi**

Durban, South Africa  
**Sun 6 Sutra 42**  
Khara 5113  
Moon 5 - Phase 5  
Ashtami

**Devaloka Day**

**Wednesday, May 25, 2011**  
**Retreat Star**

Kumbha Rasi: 13.47 Tithi 23 - 24  
295666159  
Creative Work Siddha Yoga  
Until 6:26PM then Amrita Yoga  
Until 8.59PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika 10:36AM - 11:55AM**  
Yama 7:59AM - 9:17AM  
Rahu 11:55AM - 1:13PM  
**Satabhisha Until 6:26PM**  
Vaidhriti\* Until 6:11PM  
Taitila Until 11:05PM  
**Ashtami\* Until 10:00AM**

Ganesha: Green *Sunrise: 6:40AM*  
Muruqa: Red *Sunset: 5:09PM*  
Nataraja: Purple  
Moon - Purple  
**Vaisaka-Vaikasi**

Durban, South Africa  
**Sun 7 Sutra 43**  
Khara 5113  
Moon 5 - Phase 5  
Navami

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

<b>1</b>	<b>Thursday, May 26, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Durban, South Africa
	Kumbha Rasi: 25.45    Tithi 24 – 25 315666159	<b>Gulika</b> 9:18AM – 10:36AM <b>Yama</b> 6:41AM – 7:59AM <b>Rahu</b> 1:13PM – 2:31PM	<b>Sun 8</b> <b>Sutra 44</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
Creative Work	Siddha Yoga	<b>Purvaprostapada* Until 9:09PM</b> <b>Vishkambha* Until 6:56PM</b> <b>Vanija Until 1:15AM Fri</b> <b>Navami* Until 12:10PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:08PM <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>
			<b>Sivaloka Day</b>


<b>2</b>	<b>Friday, May 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Durban, South Africa
	Meena Rasi: 7.39    Tithi 25 – 26 315666159	<b>Gulika</b> 8:00AM – 9:18AM <b>Yama</b> 2:31PM – 3:50PM <b>Rahu</b> 10:36AM – 11:55AM	<b>Sun 9</b> <b>Sutra 45</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
Creative Work	Siddha Yoga	<b>Uttaraprostapada Until 12:02AM Sat</b> <b>Priti Until 7:48PM</b> <b>Bava Until 3:34AM Sat</b> <b>Dasami Until 2:29PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:42AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:08PM <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>
Until 12:02AM Sat then Prabalarishta Yoga			<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, May 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Durban, South Africa
	Meena Rasi: 19.32    Tithi 26 – 27 315666159	<b>Gulika</b> 6:42AM – 8:00AM <b>Yama</b> 1:13PM – 2:31PM <b>Rahu</b> 9:18AM – 10:37AM	<b>Sun 10</b> <b>Sutra 46</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
Routine Work	Prabalarishta Yoga	<b>Revati Until 2:55AM Sun</b> <b>Ayushman Until 8:42PM</b> <b>Kaulava Until 5:54AM Sun</b> <b>Ekadasi* Until 4:49PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:42AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:08PM <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>
Until 9:00PM then Amrita Yoga Until 2:55AM Sun then Siddha Yoga			<b>Sivaloka Day</b>

<b>4</b>	<b>Sunday, May 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Tailita Karana Dvadasi* Yam Titau	Durban, South Africa
	Mesha Rasi: 1.29    Tithi 27 325666159	<b>Gulika</b> 2:31PM – 3:49PM <b>Yama</b> 11:55AM – 1:13PM <b>Rahu</b> 3:49PM – 5:07PM	<b>Sun 11</b> <b>Sutra 47</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
Creative Work	Siddha Yoga	<b>Asvini Until 5:42AM Mon</b> <b>Saubhagya Until 9:30PM</b> <b>Tailita Until 8:08AM Mon</b> <b>Dvadasi* Until 7:02PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:43AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:07PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>
			<b>Devaloka Day</b>

<b>5</b>	<b>Monday, May 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Durban, South Africa
	Mesha Rasi: 13.31    Tithi 28 325666159	<b>Gulika</b> 1:13PM – 2:31PM <b>Yama</b> 10:37AM – 11:55AM <b>Rahu</b> 8:01AM – 9:19AM	<b>Sun 12</b> <b>Sutra 48</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
Family Home Evening	Siddha Yoga	<b>Bharani Until 7:56AM Tue</b> <b>Sobhana Until 10:07PM</b> <b>Gara Until 7:57AM</b> <b>Trayodasi* Until 9:03PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:43AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:07PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>
Creative Work			<b>Devaloka Day</b>

<b>6</b>	<b>Tuesday, May 31, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Durban, South Africa
	Mesha Rasi: 25.42    Tithi 29 326666159	<b>Gulika</b> 11:55AM – 1:13PM <b>Yama</b> 9:19AM – 10:37AM <b>Rahu</b> 2:31PM – 3:49PM	<b>Sun 13</b> <b>Sutra 49</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
Creative Work	Siddha Yoga	<b>Bharani Until 7:56AM</b> <b>Athiganda* Until 10:28PM</b> <b>Visti Until 9:39AM</b> <b>Chaturdasi* Until 10:44PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:07PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>
Until 9:00PM then Amrita Yoga			<b>Devaloka Day</b>

	<b>Wednesday, June 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Durban, South Africa
	<b>Retreat Star</b> Vrishabha Rasi: 8.04    Tithi 30 326666159	<b>Gulika</b> 10:38AM – 11:55AM <b>Yama</b> 8:02AM – 9:20AM <b>Rahu</b> 11:55AM – 1:13PM	<b>Sun 14</b> <b>Sutra 50</b> Khara 5113 Moon 5 - Phase 6 Amavasya
Creative Work	Amrita Yoga	<b>Krittika Until 9:34AM</b> <b>Sukarma Until 9:18PM</b> <b>Catuspada Until 10:31AM</b> <b>Amavasya* Until 10:31PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:07PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>
Until 9:34AM then Siddha Yoga Until 9:00PM then Marana Yoga			<b>Devaloka Day</b>

<b>Retreat Star</b>	<b>Thursday, June 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Durban, South Africa
	Vrishabha Rasi: 20.39    Tithi 1 336666159	<b>Gulika</b> 9:20AM – 10:38AM <b>Yama</b> 6:45AM – 8:02AM <b>Rahu</b> 1:13PM – 2:31PM	<b>Sun 15</b> <b>Sutra 51</b> Khara 5113 Moon 5 - Phase 6 Prathama
Routine Work	Marana Yoga	<b>Rohini Until 10:57AM</b> <b>Dhriti Until 8:57PM</b> <b>Kintughna Until 11:17AM</b> <b>Prathama* Until 11:17PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>
Until 9:00PM then Siddha Yoga			<b>Devaloka Day</b>

<b>1</b>	<b>Friday, June 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Durban, South Africa
	Mithuna Rasi: 3.28	Tithi 2	Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	<b>Sun 16</b>	<b>Sutra 52</b> Khara 5113
		336666159	<b>Gulika</b> 8:03AM – 9:20AM <b>Yama</b> 2:31PM – 3:49PM <b>Rahu</b> 10:38AM – 11:56AM	<b>Mrigasira Until 11:54AM</b> Shula* Until 8:12PM Balava Until 11:34AM <b>Dvitiya Until 11:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			<b>Devaloka Day</b>


<b>2</b>	<b>Saturday, June 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Durban, South Africa
	Mithuna Rasi: 16.31	Tithi 3	Ardra/Punarvasu Nakshatra Ganda* Yoga Tailita/Gara Karana Tritiya Yam Titau	<b>Sun 17</b>	<b>Sutra 53</b> Khara 5113
		336666159	<b>Gulika</b> 6:46AM – 8:03AM <b>Yama</b> 1:13PM – 2:31PM <b>Rahu</b> 9:21AM – 10:38AM	<b>Ardra Until 12:26PM</b> Ganda* Until 7:03PM Tailita Until 11:23AM <b>Tritiya Until 11:23PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			<b>Devaloka Day</b>
	Until 12:26PM then Marana Yoga				
	Until 9:01PM then Siddha Yoga				

<b>3</b>	<b>Sunday, June 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Durban, South Africa
	Mithuna Rasi: 29.47	Tithi 4	Punarvasu/Pushya Nakshatra Vriddhi/Dhruva Yoga Vanija/Vishti* Karana Chaturthi* Yam Titau	<b>Sun 18</b>	<b>Sutra 54</b> Khara 5113
		346666151	<b>Gulika</b> 2:31PM – 3:48PM <b>Yama</b> 11:56AM – 1:14PM <b>Rahu</b> 3:48PM – 5:06PM	<b>Punarvasu Until 12:04PM</b> Vriddhi Until 5:30PM Vanija Until 10:23AM <b>Chaturthi* Until 9:27PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			<b>Devaloka Day</b>

<b>4</b>	<b>Monday, June 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Durban, South Africa
	Kataka Rasi: 13.18	Tithi 5	Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau	<b>Sun 19</b>	<b>Sutra 55</b> Khara 5113
	<b>Family Home Evening</b>	346666151	<b>Gulika</b> 1:14PM – 2:31PM <b>Yama</b> 10:39AM – 11:56AM <b>Rahu</b> 8:04AM – 9:21AM	<b>Pushya Until 11:47AM</b> Dhruva Until 2:56PM Bava Until 9:22AM <b>Panchami Until 8:27PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:47AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			<b>Devaloka Day</b>

<b>5</b>	<b>Tuesday, June 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Durban, South Africa
	Kataka Rasi: 27.01	Tithi 6	Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Shashti* Yam Titau	<b>Sun 20</b>	<b>Sutra 56</b> Khara 5113
		347666151	<b>Gulika</b> 11:56AM – 1:14PM <b>Yama</b> 9:22AM – 10:39AM <b>Rahu</b> 2:31PM – 3:48PM	<b>Aslesha* Until 11:08AM</b> Vyaghata* Until 12:48PM Kaulava Until 7:59AM <b>Shashti* Until 7:04PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:47AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			<b>Devaloka Day</b>

<b>6</b>	<b>Wednesday, June 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Durban, South Africa
	Simha Rasi: 10.55	Tithi 7 – 8	Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Gara/Vishti* Karana Saptami/Ashtami* Yam Titau	<b>Sun 21</b>	<b>Sutra 57</b> Khara 5113
		357666151	<b>Gulika</b> 10:39AM – 11:57AM <b>Yama</b> 8:05AM – 9:22AM <b>Rahu</b> 11:57AM – 1:14PM	<b>Magha* Until 10:09AM</b> Harshana Until 10:21AM Gara Until 6:14AM <b>Saptami Until 5:19PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:48AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			<b>Sivaloka Day</b>
	Until 10:09AM then Amrita Yoga				
	Until 9:01PM then no yoga				

	<b>Thursday, June 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Durban, South Africa
	<b>Retreat Star</b>		Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashlami*/Navami* Yam Titau	<b>Sun 22</b>	<b>Sutra 58</b> Khara 5113
	Simha Rasi: 25	Tithi 8 – 9	<b>Gulika</b> 9:22AM – 10:40AM <b>Yama</b> 6:48AM – 8:05AM <b>Rahu</b> 1:14PM – 2:31PM	<b>Purvaphalguni* Until 8:52AM</b> Vajra* Until 7:37AM Balava Until 2:18AM Fri <b>Ashtami* Until 3:14PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:48AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>
	No Yoga	357666151			<b>Sivaloka Day</b>
	Until 8:52AM then Prabalarishtha Yoga				
	Until 9:01PM then Siddha Yoga				

<b>Friday, June 10, 2011</b>	<b>Retreat Star</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Durban, South Africa
			Uttaraphalguni*/Hasta Nakshatra Vyatipala* Yoga Kaulava/Tailita Karana Navami*/Dasami Yam Titau	<b>Sun 23</b>	<b>Sutra 59</b> Khara 5113
	Kanya Rasi: 9.14	Tithi 9 – 10	<b>Gulika</b> 8:06AM – 9:23AM <b>Yama</b> 2:31PM – 3:49PM <b>Rahu</b> 10:40AM – 11:57AM	<b>Uttaraphalguni Until 7:18AM</b> Vyatipala* Until 1:58AM Sat Tailita Until 11:56PM <b>Navami* Until 12:51PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:48AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			<b>Sivaloka Day</b>
	Until 7:18AM then Amrita Yoga				
	Until 9:02PM then Marana Yoga				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UpR, 570

**1 Saturday, June 11, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Durban, South Africa  
 Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 60  
 Khara 5113  
 Kanya Rasi: 23.36 Tithi 10 – 11 367666151 **Gulika** 6:49AM – 8:06AM **Chitra Until 4:24AM Sun** **Ganesha:** White *Sunrise:* 6:49AM  
**Yama** 1:14PM – 2:31PM Variyan Until 10:48PM **Muruqa:** Red *Sunset:* 5:06PM Moon 5 - Phase 8  
**Rahu** 9:23AM – 10:40AM Vanija Until 9:20PM **Nataraja:** Purple 4th Phase  
 Routine Work Marana Yoga **Devaloka Day**  
 Until 9:02PM then Siddha Yoga **Jyeshtha-Vaikasi**

**2 Sunday, June 12, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Durban, South Africa  
 Svati Nakshatra Parigha\* Yoga Visti\*/Bava Karana Ekadasi/Dvadasi Yam Titau Sun 25 Sutra 61  
 Khara 5113  
 Tula Rasi: 8.01 Tithi 11 – 12 367666151 **Gulika** 2:32PM – 3:49PM **Svati Until 2:32AM Mon** **Ganesha:** White *Sunrise:* 6:49AM  
**Yama** 11:57AM – 1:15PM Parigha\* Until 7:31PM **Muruqa:** Red *Sunset:* 5:06PM Moon 5 - Phase 8  
**Rahu** 3:49PM – 5:06PM Bava Until 6:38PM **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Devaloka Day**  
 Until 9:02PM then Amrita Yoga **Jyeshtha-Vaikasi**  
 Until 2:32AM Mon then Marana Yoga **Ekadasi Until 7:33AM**

**3 Monday, June 13, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Durban, South Africa  
 Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 62  
 Khara 5113  
 Tula Rasi: 22.27 Tithi 13 377666151 **Gulika** 1:15PM – 2:32PM **Visakha Until 12:40AM Tue** **Ganesha:** Yellow *Sunrise:* 6:50AM  
**Yama** 10:41AM – 11:58AM Shiva Until 4:15PM **Muruqa:** Red *Sunset:* 5:06PM Moon 5 - Phase 8  
**Rahu** 8:07AM – 9:24AM Kaulava Until 3:55PM **Nataraja:** Purple 4th Phase  
 Routine Work Marana Yoga **Sivaloka Day**  
 Until 2:40AM Tue then Siddha Yoga **Vaikasi Visakam** **Trayodasi Until 3:00AM Tue** **Jyeshtha-Vaikasi**  
*Pradosha Vrata*

**4 Tuesday, June 14, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Durban, South Africa  
 Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau Sun 27 Sutra 63  
 Khara 5113  
 Vrishchika Rasi: 6.47 Tithi 14 378666151 **Gulika** 11:58AM – 1:15PM **Anuradha Until 10:57PM** **Ganesha:** White *Sunrise:* 6:50AM  
**Yama** 9:24AM – 10:41AM Siddha Until 1:07PM **Muruqa:** Red *Sunset:* 5:06PM Moon 5 - Phase 8  
**Rahu** 2:32PM – 3:49PM Gara Until 1:22PM **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Subha Sivaloka Day**  
**Chaturdasi\* Until 12:27AM Wed** **Jyeshtha-Vaikasi**

**Wednesday, June 15, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Durban, South Africa  
**Copper Retreat Star** Jyeshtha\* Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Purnima\* Yam Titau Sun 28 Sutra 64  
 Khara 5113  
 Vrishchika Rasi: 20.57 Tithi 15 378666151 **Gulika** 10:41AM – 11:58AM **Jyeshtha\* Until 9:31PM** **Ganesha:** White *Sunrise:* 6:50AM  
**Yama** 8:07AM – 9:24AM Sadhya Until 10:15AM **Muruqa:** Red *Sunset:* 5:06PM Moon 5 - Phase 8  
**Rahu** 11:58AM – 1:15PM Visti Until 11:08AM **Nataraja:** Purple Purnima  
 Creative Work Siddha Yoga **Subha Sivaloka Day**  
**Purnima\* Until 10:12PM** **Jyeshtha-Ani**

**Thursday, June 16, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Durban, South Africa  
**Silver Retreat Star** Mula\* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama\* Yam Titau Sun 29 Sutra 65  
 Khara 5113  
 Dhanus Rasi: 4.52 Tithi 16 388766151 **Gulika** 9:24AM – 10:41AM **Mula\* Until 8:31PM** **Ganesha:** Blue *Sunrise:* 6:51AM  
**Yama** 6:51AM – 8:08AM Subha Until 7:47AM **Muruqa:** Red *Sunset:* 5:06PM Moon 5 - Phase 8  
**Rahu** 1:15PM – 2:32PM Balava Until 9:21AM **Nataraja:** Purple Prathama  
 Creative Work Siddha Yoga **Devaloka Day**  
**Prathama\* Until 8:26PM** **Jyeshtha-Ani**





**Friday, June 17, 2011**  
**Gold Retreat Star**

Dhanu Rasi: 18.29      Tithi 17  
388766151  
Creative Work    Siddha Yoga  
Until 9.03PM then Marana Yoga  
Until 9.07PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**      8:08AM – 9:25AM      **Purvashadha\* Until 9:07PM**  
**Yama**        2:32PM – 3:49PM      Brahma Until 4:40AM Sat  
**Rahu**        10:42AM – 11:59AM      Taitila Until 8:20AM  
Dvitiya Until 8:20PM

**Ganesha:** Blue      *Sunrise:* 6:51AM  
**Muruqa:** Red      *Sunset:* 5:06PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Durban, South Africa  
**Sun 1      Sutra 66**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**

**1**

**Saturday, June 18, 2011**

Makara Rasi: 1.45      Tithi 18  
388766151  
No Yoga  
Until 9.03PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Indra Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**      6:51AM – 8:08AM      **Uttarashadha Until 9:14PM**  
**Yama**        1:16PM – 2:33PM      Indra Until 3:08AM Sun  
**Rahu**        9:25AM – 10:42AM      Vanija Until 7:42AM  
Tritiya Until 7:42PM

**Ganesha:** Blue      *Sunrise:* 6:51AM  
**Muruqa:** Red      *Sunset:* 5:06PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Durban, South Africa  
**Sun 2      Sutra 67**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**

**2**

**Sunday, June 19, 2011**

Makara Rasi: 14.41      Tithi 19  
398766151  
Creative Work    Amrita Yoga  
Until 9.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**      2:33PM – 3:50PM      **Sravana Until 9:59PM**  
**Yama**        11:59AM – 1:16PM      Vaidhriti\* Until 2:11AM Mon  
**Rahu**        3:50PM – 5:06PM      Bava Until 7:44AM  
Chaturthi\* Until 7:44PM

**Ganesha:** Red      *Sunrise:* 6:51AM  
**Muruqa:** Red      *Sunset:* 5:06PM  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Durban, South Africa  
**Sun 3      Sutra 68**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Sivaloka Day**

**Father's Day**

**3**

**Monday, June 20, 2011**

Makara Rasi: 27.17      Tithi 20  
399766151  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 9.04PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**      1:16PM – 2:33PM      **Dhanishtha Until 12:45AM Tue**  
**Yama**        10:42AM – 11:59AM      Vishkambha\* Until 3:18AM Tue  
**Rahu**        8:09AM – 9:25AM      Kaulava Until 8:38AM  
Panchami Until 9:44PM

**Ganesha:** Blue      *Sunrise:* 6:52AM  
**Muruqa:** Red      *Sunset:* 5:07PM  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Durban, South Africa  
**Sun 4      Sutra 69**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**

**4**

**Tuesday, June 21, 2011**

Kumbha Rasi: 9.38      Tithi 21  
399766151  
Routine Work    Marana Yoga  
Until 9.04PM then Siddha Yoga  
Until 2.43AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**      11:59AM – 1:16PM      **Satabhisha Until 2:43AM Wed**  
**Yama**        9:26AM – 10:43AM      Priti Until 3:21AM Wed  
**Rahu**        2:33PM – 3:50PM      Gara Until 9:57AM  
Shasthi\* Until 11:03PM

**Ganesha:** Blue      *Sunrise:* 6:52AM  
**Muruqa:** Red      *Sunset:* 5:07PM  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Durban, South Africa  
**Sun 5      Sutra 70**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**

**5**

**Wednesday, June 22, 2011**

Kumbha Rasi: 21.47      Tithi 22  
319766151  
Creative Work    Amrita Yoga  
Until 9.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**      10:43AM – 12:00PM      **Purvaprostapada\* Until 5:06AM Thu**  
**Yama**        8:09AM – 9:26AM      Ayushman Until 3:48AM Thu  
**Rahu**        12:00PM – 1:16PM      Visti Until 11:44AM  
Saptami Until 12:49AM Thu

**Ganesha:** Purple      *Sunrise:* 6:52AM  
**Muruqa:** Red      *Sunset:* 5:07PM  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Durban, South Africa  
**Sun 6      Sutra 71**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**



**Thursday, June 23, 2011**  
**Retreat Star**

Meena Rasi: 3.47      Tithi 23  
319766151  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**      9:26AM – 10:43AM      **Uttaraprostapada Until 7:56AM Fri**  
**Yama**        6:52AM – 8:09AM      Saubhagya Until 4:30AM Fri  
**Rahu**        1:17PM – 2:34PM      Balava Until 1:50PM  
Ashtami\* Until 2:55AM Fri

**Ganesha:** Purple      *Sunrise:* 6:52AM  
**Muruqa:** Red      *Sunset:* 5:07PM  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Durban, South Africa  
**Sun 7      Sutra 72**  
Khara 5113  
Moon 6 - Phase 9  
Ashtami

**Subha Sivaloka Day**

**Friday, June 24, 2011**  
**Retreat Star**

Meena Rasi: 15.42      Tithi 24  
319766151  
Creative Work    Siddha Yoga  
Until 9.05PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**      8:09AM – 9:26AM      **Uttaraprostapada Until 7:56AM**  
**Yama**        2:34PM – 3:51PM      Sobhana Until 5:21AM Sat  
**Rahu**        10:43AM – 12:00PM      Taitila Until 4:05PM  
Navami\* Until 5:11AM Sat

**Ganesha:** Purple      *Sunrise:* 6:53AM  
**Muruqa:** Red      *Sunset:* 5:08PM  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Durban, South Africa  
**Sun 8      Sutra 73**  
Khara 5113  
Moon 6 - Phase 9  
Navami

**Subha Sivaloka Day**

**1 Saturday, June 25, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Durban, South Africa  
 Revati/Asvini Nakshatra Athiganda\* Yoga Vanija Karana Dasami Yam Titau Sun 9 Sutra 74  
 Khara 5113  
**Gulika 6:53AM – 8:10AM Revati Until 10:47AM Ganesha: Purple Sunrise: 6:53AM**  
**Yama 1:17PM – 2:34PM Athiganda\* Until 6:23AM Sun Muruqa: Red Sunset: 5:08PM** Moon 6 - Phase 10  
**Rahu 9:27AM – 10:43AM Vanija Until 6:22PM Nataraja: Purple Moon – Clear 2nd Phase**  
 Routine Work Prabalarishta Yoga **Subha Sivaloka Day**  
 Until 10:47AM then Siddha Yoga **Jyeshtha-Ani**

**2 Sunday, June 26, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Durban, South Africa  
 Asvini/Bharani Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Dasami/Ekadasi\* Yam Titau Sun 10 Sutra 75  
 Khara 5113  
**Gulika 2:34PM – 3:51PM Asvini Until 1:32PM Ganesha: Clear Sunrise: 6:53AM**  
**Yama 12:01PM – 1:17PM Athiganda\* Until 6:23AM Sun Muruqa: Red Sunset: 5:08PM** Moon 6 - Phase 10  
**Rahu 3:51PM – 5:08PM Bava Until 8:31PM Nataraja: Purple Moon – White 2nd Phase**  
 Creative Work Siddha Yoga **Sivaloka Day**  
 Until 1:32PM then no yoga **Jyeshtha-Ani**  
 Until 9:05PM then Siddha Yoga

**3 Monday, June 27, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Durban, South Africa  
 Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau Sun 11 Sutra 76  
 Khara 5113  
**Gulika 1:18PM – 2:35PM Bharani Until 4:01PM Ganesha: Clear Sunrise: 6:53AM**  
**Yama 10:44AM – 12:01PM Sukarma Until 6:54AM Muruqa: Red Sunset: 5:08PM** Moon 6 - Phase 10  
**Rahu 8:10AM – 9:27AM Kaulava Until 10:24PM Nataraja: Purple Moon – White 2nd Phase**  
 Family Home Evening Siddha Yoga **Sivaloka Day**  
 Creative Work Siddha Yoga **Jyeshtha-Ani**  
 Until 4:01PM then no yoga  
 Until 9:05PM then Siddha Yoga

**4 Tuesday, June 28, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Durban, South Africa  
 Krittika/Rohini Nakshatra Dhriti/Shula\* Yoga Tatila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau Sun 12 Sutra 77  
 Khara 5113  
**Gulika 12:01PM – 1:18PM Krittika Until 5:11PM Ganesha: Red Sunrise: 6:53AM**  
**Yama 9:27AM – 10:44AM Dhriti Until 7:05AM Muruqa: Red Sunset: 5:09PM** Moon 6 - Phase 10  
**Rahu 2:35PM – 3:52PM Gara Until 10:23PM Nataraja: Purple Moon – White 2nd Phase**  
 Creative Work Siddha Yoga **Sivaloka Day**  
 Until 5:11PM then Amrita Yoga **Jyeshtha-Ani**  
 Until 9:05PM then Siddha Yoga *Pradosha Vrata (Fasting)*

**5 Wednesday, June 29, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Durban, South Africa  
 Rohini Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau Sun 13 Sutra 78  
 Khara 5113  
**Gulika 10:44AM – 12:01PM Rohini Until 6:40PM Ganesha: Yellow Sunrise: 6:53AM**  
**Yama 8:10AM – 9:27AM Shula\* Until 6:45AM Muruqa: Yellow Sunset: 5:09PM** Moon 6 - Phase 10  
**Rahu 12:01PM – 1:18PM Visti Until 11:13PM Nataraja: Purple Moon – Yellow 2nd Phase**  
 Creative Work Siddha Yoga **Sivaloka Day**  
 Until 9:06PM then Marana Yoga **Jyeshtha-Ani**

**Thursday, June 30, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Durban, South Africa  
 Retreat Star **Mrigasira Nakshatra Vriddhi Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau Sun 14 Sutra 79**  
 Khara 5113  
**Gulika 9:27AM – 10:44AM Mrigasira Until 7:36PM Ganesha: Yellow Sunrise: 6:53AM**  
**Yama 6:53AM – 8:10AM Vriddhi Until 4:51AM Fri Muruqa: Yellow Sunset: 5:09PM** Moon 6 - Phase 10  
**Rahu 1:18PM – 2:35PM Catuspada Until 11:29PM Nataraja: Purple Moon – Yellow Amavasya**  
 Routine Work Marana Yoga **Sivaloka Day**  
 Until 9:06PM then Siddha Yoga **Jyeshtha-Ani**

**Friday, July 1, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Durban, South Africa  
 Retreat Star **Ardra Nakshatra Dhruva Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau Sun 15 Sutra 80**  
 Khara 5113  
**Gulika 8:10AM – 9:27AM Ardra Until 7:58PM Ganesha: Yellow Sunrise: 6:53AM**  
**Yama 2:36PM – 3:53PM Dhruva Until 3:33AM Sat Muruqa: Yellow Sunset: 5:10PM** Moon 6 - Phase 10  
**Rahu 10:44AM – 12:02PM Kintughna Until 11:07PM Nataraja: Purple Moon – Yellow Prathama**  
 Creative Work Siddha Yoga **Sivaloka Day**  
 Until 9:06PM then Marana Yoga **Ashada-Ani**

<b>1</b>	<b>Saturday, July 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Durban, South Africa
	Mithuna Rasi: 25.52    Tithi 1 – 2	341776151	<b>Gulika</b> 6:53AM – 8:10AM <b>Yama</b> 1:19PM – 2:36PM <b>Rahu</b> 9:27AM – 10:45AM	<b>Punarvasu Until 6:47PM</b> Vyaghata* Until 12:25AM Sun Balava Until 8:55PM <b>Prathama* Until 9:50AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:10PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Routine Work    Marana Yoga Until 6:47PM then Siddha Yoga				


<b>2</b>	<b>Sunday, July 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Durban, South Africa
	Kataka Rasi: 9.35    Tithi 2 – 3	341776151	<b>Gulika</b> 2:36PM – 3:53PM <b>Yama</b> 12:02PM – 1:19PM <b>Rahu</b> 3:53PM – 5:11PM	<b>Pushya Until 6:08PM</b> Harshana Until 10:17PM Taitila Until 7:30PM <b>Dvitiya Until 8:26AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:11PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Creative Work    Siddha Yoga				

<b>3</b>	<b>Monday, July 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra* Yoga Gara/Visti* Karana Tritiya/Chaturthi* Yam Titau		Durban, South Africa
	Kataka Rasi: 23.31    Tithi 3 – 4	341776151	<b>Gulika</b> 1:19PM – 2:37PM <b>Yama</b> 10:45AM – 12:02PM <b>Rahu</b> 8:10AM – 9:28AM	<b>Aslesha* Until 5:06PM</b> Vajra* Until 7:48PM Visti Until 4:46AM Tue <b>Tritiya Until 6:37AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:11PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Family Home Evening Creative Work    Siddha Yoga				

<b>4</b>	<b>Tuesday, July 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Panchami Yam Titau		Durban, South Africa
	Simha Rasi: 7.37    Tithi 5	351776151	<b>Gulika</b> 12:02PM – 1:20PM <b>Yama</b> 9:28AM – 10:45AM <b>Rahu</b> 2:37PM – 3:54PM	<b>Magha* Until 3:48PM</b> Siddhi Until 5:03PM Bava Until 3:35PM <b>Panchami Until 2:39AM Wed</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:11PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Creative Work    Siddha Yoga Until 9:07PM then Amrita Yoga				

<b>5</b>	<b>Wednesday, July 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyatiyata*/Varyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Durban, South Africa
	Simha Rasi: 21.49    Tithi 6	351776151	<b>Gulika</b> 10:45AM – 12:02PM <b>Yama</b> 8:10AM – 9:28AM <b>Rahu</b> 12:02PM – 1:20PM	<b>Purvaphalguni* Until 2:19PM</b> Vyatiyata* Until 2:09PM Kaulava Until 1:17PM <b>Shashti* Until 12:22AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:12PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Creative Work    Amrita Yoga Until 9:07PM then Prabalarishta Yoga				

<b>6</b>	<b>Thursday, July 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Durban, South Africa
	Kanya Rasi: 6.03    Tithi 7	451776151	<b>Gulika</b> 9:28AM – 10:45AM <b>Yama</b> 6:53AM – 8:10AM <b>Rahu</b> 1:20PM – 2:38PM	<b>Uttaraphalguni Until 12:47PM</b> Varyan Until 11:11AM Gara Until 10:55AM <b>Saptami Until 10:00PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:12PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Routine Work    Prabalarishta Yoga Until 12:47PM then no yoga Until 9:07PM then Amrita Yoga		<b>Chidambaram Abhishekam</b>		

	<b>Friday, July 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Durban, South Africa
	Kanya Rasi: 20.17    Tithi 8	462776151	<b>Gulika</b> 8:10AM – 9:28AM <b>Yama</b> 2:38PM – 3:55PM <b>Rahu</b> 10:45AM – 12:03PM	<b>Hasta Until 11:15AM</b> Parigha* Until 8:13AM Visti Until 8:34AM <b>Ashtami* Until 7:39PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:13PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>
	Retreat Star Creative Work    Amrita Yoga Until 11:15AM then Siddha Yoga Until 9:07PM then Marana Yoga				

<b>7</b>	<b>Saturday, July 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Taitila Karana Navami*/Dasami Yam Titau		Durban, South Africa
	Tula Rasi: 4.28    Tithi 9 – 10	462776151	<b>Gulika</b> 6:53AM – 8:10AM <b>Yama</b> 1:21PM – 2:38PM <b>Rahu</b> 9:28AM – 10:45AM	<b>Chitra Until 9:47AM</b> Siddha Until 2:40AM Sun Balava Until 6:18AM <b>Navami* Until 5:22PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:13PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>
	Routine Work    Marana Yoga Until 9:47AM then Siddha Yoga				


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

<b>1</b>	<b>Sunday, July 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Durban, South Africa
	Tula Rasi: 18.35    Tithi 10 – 11 462776151	<b>Gulika</b> 2:38PM – 3:56PM <b>Yama</b> 12:03PM – 1:21PM <b>Rahu</b> 3:56PM – 5:14PM	<b>Svati Until 8:26AM</b> Sadhya Until 11:53PM Vanija Until 2:18AM Mon <b>Dasami Until 3:14PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:14PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada•Ani</b>	<b>Sun 24    Sutra 89</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 8:26AM then Marana Yoga					

<b>2</b>	<b>Monday, July 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau			Durban, South Africa
	Vrischika Rasi: 2.35    Tithi 11 – 12 <b>Family Home Evening</b> 472876151 Routine Work    Marana Yoga Until 7:16AM then Siddha Yoga	<b>Gulika</b> 1:21PM – 2:39PM <b>Yama</b> 10:46AM – 12:03PM <b>Rahu</b> 8:10AM – 9:28AM	<b>Visakha Until 7:16AM</b> Subha Until 9:16PM Bava Until 12:20AM Tue <b>Ekadasi Until 1:16PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:14PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada•Ani</b>	<b>Sun 25    Sutra 90</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, July 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Durban, South Africa
	Vrischika Rasi: 16.29    Tithi 12 – 13 472876151	<b>Gulika</b> 12:03PM – 1:21PM <b>Yama</b> 9:28AM – 10:46AM <b>Rahu</b> 2:39PM – 3:57PM	<b>Anuradha Until 6:19AM</b> Sukla Until 6:52PM Kaulava Until 10:37PM <b>Dvadasi Until 11:33AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:15PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada•Ani</b>	<b>Sun 26    Sutra 91</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga					

<b>4</b>	<b>Wednesday, July 13, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Durban, South Africa
	Dhanus Rasi: 0.12    Tithi 13 – 14 482876151	<b>Gulika</b> 10:46AM – 12:04PM <b>Yama</b> 8:10AM – 9:28AM <b>Rahu</b> 12:04PM – 1:21PM	<b>Mula* Until 4:31AM Thu</b> Brahma Until 5:29PM Gara Until 9:12PM <b>Trayodasi Until 10:08AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:15PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada•Ani</b>	<b>Sun 27    Sutra 92</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Subha Sivaloka Day</b>
Routine Work    Marana Yoga Until 9:08PM then Siddha Yoga					

	<b>Thursday, July 14, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Durban, South Africa
	<b>Copper Retreat Star</b> Dhanus Rasi: 13.43    Tithi 14 – 15 482876151	<b>Gulika</b> 9:28AM – 10:46AM <b>Yama</b> 6:52AM – 8:10AM <b>Rahu</b> 1:22PM – 2:40PM	<b>Purvashadha* Until 5:54AM Fri</b> Indra Until 3:32PM Visti Until 9:20PM <b>Chaturdasi* Until 9:20AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:16PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada•Ani</b>	<b>Sutra 93</b> Khara 5113 Moon 6 - Phase 12 Purnima <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga <b>Satguru Purnima</b>					

	<b>Friday, July 15, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Durban, South Africa
	<b>Silver Retreat Star</b> Dhanus Rasi: 27.01    Tithi 15 – 16 482876151	<b>Gulika</b> 8:09AM – 9:28AM <b>Yama</b> 2:40PM – 3:58PM <b>Rahu</b> 10:46AM – 12:04PM	<b>Uttarashadha Until 5:59AM Sat</b> Vaidhriti* Until 1:58PM Balava Until 8:40PM <b>Purnima* Until 8:40AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:51AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:16PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada•Ani</b>	<b>Sutra 94</b> Khara 5113 Moon 6 - Phase 12 Prathama <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga Until 9:08PM then no yoga Until 5:59AM Sat then Siddha Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. *Krishna Yajur Veda, Maitu 6.34. UpM, 104*



**Saturday, July 16, 2011**  
**Gold Retreat Star**

Makara Rasi: 10.02    Tithi 16 – 17  
492876151  
Creative Work    Siddha Yoga  
Until 9.08PM then Amrita Yoga  
Until 6:58AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Vishkambha\* Priti Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    6:51AM – 8:09AM    **Sravana Until 6:58AM Sun**  
**Yama**       1:22PM – 2:40PM    **Vishkambha\* Until 12:51PM**  
**Rahu**       9:27AM – 10:46AM    **Taitila Until 8:31PM**  
**Prathama\* Until 8:31AM**

**Ganesha:** Clear    *Sunrise:* 6:51AM  
**Muruqa:** Yellow    *Sunset:* 5:17PM  
**Nataraja:** Purple  
Moon – Purple  
**Ashada-Adi**

**Sivaloka Day**

Durban, South Africa  
**Sutra 95**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**1**

**Sunday, July 17, 2011**

Makara Rasi: 22.49    Tithi 17 – 18  
492876152  
Creative Work    Amrita Yoga  
Until 6:58AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    2:41PM – 3:59PM    **Sravana Until 6:58AM**  
**Yama**       12:04PM – 1:22PM    **Priti Until 12:39PM**  
**Rahu**       3:59PM – 5:17PM    **Vanija Until 8:53PM**  
**Dvitiya Until 8:53AM**

**Ganesha:** Clear    *Sunrise:* 6:51AM  
**Muruqa:** Yellow    *Sunset:* 5:17PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

**Devaloka Day**

Durban, South Africa  
**Sun 1    Sutra 96**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**2**

**Monday, July 18, 2011**

Kumbha Rasi: 5.2    Tithi 18 – 19  
492876152  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 9.08PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    1:22PM – 2:41PM    **Dhanishtha Until 8:40AM**  
**Yama**       10:46AM – 12:04PM    **Ayushman Until 12:23PM**  
**Rahu**       8:09AM – 9:27AM    **Bava Until 11:10PM**  
**Tritiya Until 10:05AM**

**Ganesha:** Clear    *Sunrise:* 6:50AM  
**Muruqa:** Yellow    *Sunset:* 5:18PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

**Devaloka Day**

Durban, South Africa  
**Sun 2    Sutra 97**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**3**

**Tuesday, July 19, 2011**

Kumbha Rasi: 17.38    Tithi 19 – 20  
492876152  
Routine Work    Marana Yoga  
Until 9.09PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    12:04PM – 1:23PM    **Satabhisha Until 10:44AM**  
**Yama**       9:27AM – 10:46AM    **Saubhagya Until 12:32PM**  
**Rahu**       2:41PM – 4:00PM    **Kaulava Until 12:36AM Wed**  
**Chaturthi\* Until 11:30AM**

**Ganesha:** Clear    *Sunrise:* 6:50AM  
**Muruqa:** Yellow    *Sunset:* 5:18PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

**Devaloka Day**

Durban, South Africa  
**Sun 3    Sutra 98**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**4**

**Wednesday, July 20, 2011**

Kumbha Rasi: 29.45    Tithi 20 – 21  
412876152  
Creative Work    Amrita Yoga  
Until 1:10PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    10:45AM – 12:04PM    **Purvaprostapada\* Until 1:10PM**  
**Yama**       8:08AM – 9:27AM    **Sobhana Until 1:01PM**  
**Rahu**       12:04PM – 1:23PM    **Gara Until 2:25AM Thu**  
**Panchami Until 1:20PM**

**Ganesha:** Yellow    *Sunrise:* 6:49AM  
**Muruqa:** Yellow    *Sunset:* 5:19PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

Durban, South Africa  
**Sun 4    Sutra 99**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**5**

**Thursday, July 21, 2011**

Meena Rasi: 11.44    Tithi 21 – 22  
412876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    9:27AM – 10:45AM    **Uttaraprostapada Until 3:52PM**  
**Yama**       6:49AM – 8:08AM    **Athiganda\* Until 1:45PM**  
**Rahu**       1:23PM – 2:42PM    **Visti Until 4:33AM Fri**  
**Shasthi\* Until 3:27PM**

**Ganesha:** Yellow    *Sunrise:* 6:49AM  
**Muruqa:** Yellow    *Sunset:* 5:19PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

Durban, South Africa  
**Sun 5    Sutra 100**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**6**

**Friday, July 22, 2011**

Meena Rasi: 23.38    Tithi 22 – 23  
413876152  
Creative Work    Siddha Yoga  
Until 6:43PM then Amrita Yoga  
Until 9.09PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    8:07AM – 9:26AM    **Revati Until 6:43PM**  
**Yama**       2:42PM – 4:01PM    **Sukarma Until 2:38PM**  
**Rahu**       10:45AM – 12:04PM    **Balava Until 6:50AM Sat**  
**Saptami Until 5:45PM**

**Ganesha:** White    *Sunrise:* 6:49AM  
**Muruqa:** Yellow    *Sunset:* 5:20PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Durban, South Africa  
**Sun 6    Sutra 101**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase



**Saturday, July 23, 2011**  
**Retreat Star**

Mesha Rasi: 5.32    Tithi 23  
423876152  
Creative Work    Siddha Yoga  
Until 9:36PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Asvini Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    6:48AM – 8:07AM    **Asvini Until 9:36PM**  
**Yama**       1:23PM – 2:42PM    **Dhriti Until 3:31PM**  
**Rahu**       9:26AM – 10:45AM    **Balava Until 6:58AM**  
**Ashtami\* Until 8:04PM**

**Ganesha:** Yellow    *Sunrise:* 6:48AM  
**Muruqa:** Yellow    *Sunset:* 5:21PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

**Devaloka Day**

Durban, South Africa  
**Sun 7    Sutra 102**  
Khara 5113  
Moon 7 - Phase 13  
Ashtami

**Sunday, July 24, 2011**

**Retreat Star**

Mesha Rasi: 17.29    Tithi 24  
423876152  
No Yoga  
Until 9.09PM then Siddha Yoga  
Until 12:22AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    2:43PM – 4:02PM    **Bharani Until 12:22AM Mon**  
**Yama**       12:04PM – 1:24PM    **Shula\* Until 4:18PM**  
**Rahu**       4:02PM – 5:21PM    **Taitila Until 9:09AM**  
**Navami\* Until 10:15PM**

**Ganesha:** Yellow    *Sunrise:* 6:48AM  
**Muruqa:** Yellow    *Sunset:* 5:21PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

**Devaloka Day**

Durban, South Africa  
**Sun 8    Sutra 103**  
Khara 5113  
Moon 7 - Phase 13  
Navami

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418


<b>1</b>	<b>Monday, July 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dasami Yam Titau	Durban, South Africa
	Mesha Rasi: 29.35      Tithi 25 Family Home Evening      433876152 No Yoga Until 9.09PM then Siddha Yoga Until 2:50AM Tue then Amrita Yoga	<b>Gulika</b> 1:24PM – 2:43PM <b>Yama</b> 10:45AM – 12:04PM <b>Rahu</b> 8:06AM – 9:26AM	<b>Sun 9 Sutra 104</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Devaloka Day</b>


<b>2</b>	<b>Tuesday, July 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau	Durban, South Africa
	Wrishabha Rasi: 11.54      Tithi 26 433876152 Creative Work Amrita Yoga Until 9.09PM then Siddha Yoga	<b>Gulika</b> 12:04PM – 1:24PM <b>Yama</b> 9:25AM – 10:45AM <b>Rahu</b> 2:43PM – 4:03PM	<b>Sun 10 Sutra 105</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Wednesday, July 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Durban, South Africa
	Wrishabha Rasi: 24.31      Tithi 27 433876152 Creative Work Siddha Yoga Until 9.09PM then Marana Yoga	<b>Gulika</b> 10:45AM – 12:04PM <b>Yama</b> 8:06AM – 9:25AM <b>Rahu</b> 12:04PM – 1:24PM	<b>Sun 11 Sutra 106</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Thursday, July 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Durban, South Africa
	Mithuna Rasi: 7.3      Tithi 28 433876152 Routine Work Marana Yoga Until 9.09PM then Siddha Yoga	<b>Gulika</b> 9:25AM – 10:45AM <b>Yama</b> 6:45AM – 8:05AM <b>Rahu</b> 1:24PM – 2:44PM	<b>Sun 12 Sutra 107</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM <i>Pradosha Vrata (Fasting)</i>

<b>5</b>	<b>Friday, July 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Durban, South Africa
	Mithuna Rasi: 20.53      Tithi 29 433876152 Creative Work Siddha Yoga Until 9.09PM then Marana Yoga Until 3:21AM Sat then Siddha Yoga	<b>Gulika</b> 8:05AM – 9:25AM <b>Yama</b> 2:44PM – 4:04PM <b>Rahu</b> 10:44AM – 12:04PM	<b>Sun 13 Sutra 108</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Saturday, July 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Durban, South Africa
	<b>Retreat Star</b> Kataka Rasi: 4.38      Tithi 30 433876152 Creative Work Siddha Yoga	<b>Gulika</b> 6:44AM – 8:04AM <b>Yama</b> 1:24PM – 2:44PM <b>Rahu</b> 9:24AM – 10:44AM	<b>Sun 14 Sutra 109</b> Khara 5113 Moon 7 - Phase 14 Amavasya <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Sunday, July 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Durban, South Africa
	<b>Retreat Star</b> Kataka Rasi: 18.46      Tithi 1 433876152 Creative Work Siddha Yoga	<b>Gulika</b> 2:45PM – 4:05PM <b>Yama</b> 12:04PM – 1:25PM <b>Rahu</b> 4:05PM – 5:25PM	<b>Sun 15 Sutra 110</b> Khara 5113 Moon 7 - Phase 14 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

<b>1</b>	<b>Monday, August 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Durban, South Africa
	Simha Rasi: 3.08      Tithi 2 – 3 Family Home Evening      453876152 Creative Work      Siddha Yoga	<b>Gulika</b> 1:25PM – 2:45PM <b>Yama</b> 10:44AM – 12:04PM <b>Rahu</b> 8:03AM – 9:23AM	<b>Sun 16 Sutra 111</b> Khara 5113 Moon 7 - Phase 15 3rd Phase

**Magha\* Until 10:19PM**  
Variyan Until 12:26AM Tue  
Taitila Until 1:36AM Tue  
**Dvitiya Until 3:19PM**

**Ganesha:** Blue      *Sunrise:* 6:43AM  
**Muruqa:** Yellow      *Sunset:* 5:26PM  
**Nataraja:** Clear  
Moon – Red  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Tuesday, August 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Durban, South Africa
	Simha Rasi: 17.41      Tithi 3 – 4 453876152 Creative Work      Siddha Yoga Until 8:22PM then Amrita Yoga	<b>Gulika</b> 12:04PM – 1:25PM <b>Yama</b> 9:23AM – 10:44AM <b>Rahu</b> 2:45PM – 4:06PM	<b>Sun 17 Sutra 112</b> Khara 5113 Moon 7 - Phase 15 3rd Phase

**Purvaphalguni\* Until 8:22PM**  
Parigha\* Until 9:10PM  
Vanija Until 10:53PM  
**Tritiya Until 12:36PM**

**Ganesha:** Blue      *Sunrise:* 6:42AM  
**Muruqa:** Yellow      *Sunset:* 5:26PM  
**Nataraja:** Clear  
Moon – Red  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Wednesday, August 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Durban, South Africa
	Kanya Rasi: 2.17      Tithi 4 – 5 453876152 Creative Work      Amrita Yoga Until 6:21PM then Siddha Yoga Until 9:09PM then no yoga	<b>Gulika</b> 10:43AM – 12:04PM <b>Yama</b> 8:02AM – 9:23AM <b>Rahu</b> 12:04PM – 1:25PM	<b>Sun 18 Sutra 113</b> Khara 5113 Moon 7 - Phase 15 3rd Phase

**Uttaraphalguni Until 6:21PM**  
Shiva Until 5:50PM  
Bava Until 8:04PM  
**Chaturthi\* Until 9:47AM**

**Ganesha:** Blue      *Sunrise:* 6:41AM  
**Muruqa:** Yellow      *Sunset:* 5:27PM  
**Nataraja:** Clear  
Moon – Red  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Thursday, August 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Panchami/Shashti* Yam Titau	Durban, South Africa
	Kanya Rasi: 16.5      Tithi 5 – 6 463876152 No Yoga Until 5:09PM then Siddha Yoga	<b>Gulika</b> 9:22AM – 10:43AM <b>Yama</b> 6:41AM – 8:01AM <b>Rahu</b> 1:25PM – 2:46PM	<b>Sun 19 Sutra 114</b> Khara 5113 Moon 7 - Phase 15 3rd Phase

**Hasta Until 5:09PM**  
Siddha Until 3:09PM  
Taitila Until 6:13PM  
**Panchami Until 7:08AM**

**Ganesha:** Yellow      *Sunrise:* 6:41AM  
**Muruqa:** Yellow      *Sunset:* 5:27PM  
**Nataraja:** Clear  
Moon – Green  
**Sravana-Adi**

**Devaloka Day**

<b>5</b>	<b>Friday, August 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Durban, South Africa
	Tula Rasi: 1.14      Tithi 7 464976152 Creative Work      Siddha Yoga	<b>Gulika</b> 8:01AM – 9:22AM <b>Yama</b> 2:46PM – 4:07PM <b>Rahu</b> 10:43AM – 12:04PM	<b>Sun 20 Sutra 115</b> Khara 5113 Moon 7 - Phase 15 3rd Phase

**Chitra Until 3:19PM**  
Sadhya Until 11:55AM  
Gara Until 3:33PM  
**Saptami Until 2:37AM Sat**

**Ganesha:** Yellow      *Sunrise:* 6:40AM  
**Muruqa:** Yellow      *Sunset:* 5:28PM  
**Nataraja:** Clear  
Moon – Green  
**Sravana-Adi**

**Devaloka Day**

<b>6</b>	<b>Saturday, August 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau	Durban, South Africa
	Tula Rasi: 15.27      Tithi 8 464976152 Creative Work      Siddha Yoga Until 9:08PM then Marana Yoga	<b>Gulika</b> 6:39AM – 8:00AM <b>Yama</b> 1:25PM – 2:46PM <b>Rahu</b> 9:21AM – 10:43AM	<b>Sun 21 Sutra 116</b> Khara 5113 Moon 7 - Phase 15 Ashtami

**Svati Until 1:48PM**  
Subha Until 8:58AM  
Visti Until 1:14PM  
**Ashtami\* Until 12:18AM Sun**

**Ganesha:** Yellow      *Sunrise:* 6:39AM  
**Muruqa:** Yellow      *Sunset:* 5:29PM  
**Nataraja:** Clear  
Moon – Green  
**Sravana-Adi**

**Devaloka Day**

<b>7</b>	<b>Sunday, August 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Durban, South Africa
	Tula Rasi: 29.26      Tithi 9 474976152 Routine Work      Marana Yoga Until 9:08PM then Siddha Yoga	<b>Gulika</b> 2:46PM – 4:08PM <b>Yama</b> 12:04PM – 1:25PM <b>Rahu</b> 4:08PM – 5:29PM	<b>Sun 22 Sutra 117</b> Khara 5113 Moon 7 - Phase 15 Navami

**Visakha Until 12:41PM**  
Sukla Until 6:24AM  
Balava Until 11:20AM  
**Navami\* Until 10:24PM**

**Ganesha:** White      *Sunrise:* 6:38AM  
**Muruqa:** Yellow      *Sunset:* 5:29PM  
**Nataraja:** Clear  
Moon – Orange  
**Sravana-Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Monday, August 8, 2011</p> <p>Vrischika Rasi: 13.11      Tilthi 10</p> <p>Family Home Evening      474976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau			Durban, South Africa <b>Sun 23    Sutra 118</b> Khara 5113 Moon 7 - Phase 16 4th Phase
	<b>Gulika</b> 1:25PM – 2:47PM <b>Yama</b> 10:42AM – 12:04PM <b>Rahu</b> 7:59AM – 9:21AM	<b>Anuradha Until 11:58AM</b> Indra Until 2:55AM Tue Tailila Until 9:51AM <b>Dasami Until 8:56PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:37AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:30PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Tuesday, August 9, 2011</p> <p>Vrischika Rasi: 26.43      Tilthi 11</p> <p>474976152</p> <p>Creative Work      Siddha Yoga</p> <p>Until 12:03PM then Amrita Yoga</p> <p>Until 9:08PM then Marana Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Durban, South Africa <b>Sun 24    Sutra 119</b> Khara 5113 Moon 7 - Phase 16 4th Phase
	<b>Gulika</b> 12:03PM – 1:25PM <b>Yama</b> 9:20AM – 10:42AM <b>Rahu</b> 2:47PM – 4:09PM	<b>Jyeshtha* Until 12:03PM</b> Vaidhriti* Until 12:56AM Wed Vanija Until 9:02AM <b>Ekadasi Until 9:02PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:37AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:30PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Wednesday, August 10, 2011</p> <p>Dhanus Rasi: 10.02      Tilthi 12</p> <p>484976152</p> <p>Routine Work      Marana Yoga</p> <p>Until 12:04PM then Amrita Yoga</p> <p>Until 9:08PM then Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau			Durban, South Africa <b>Sun 25    Sutra 120</b> Khara 5113 Moon 7 - Phase 16 4th Phase
	<b>Gulika</b> 10:41AM – 12:03PM <b>Yama</b> 7:58AM – 9:20AM <b>Rahu</b> 12:03PM – 1:25PM	<b>Mula* Until 12:04PM</b> Vishkambha* Until 11:18PM Bava Until 8:18AM <b>Dvadasi Until 8:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:36AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:31PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	<b>Devaloka Day</b>

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Thursday, August 11, 2011</p> <p>Dhanus Rasi: 23.1      Tilthi 13</p> <p>484976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Tailila Karana Trayodasi Yam Titau			Durban, South Africa <b>Sun 26    Sutra 121</b> Khara 5113 Moon 7 - Phase 16 4th Phase
	<b>Gulika</b> 9:19AM – 10:41AM <b>Yama</b> 6:35AM – 7:57AM <b>Rahu</b> 1:25PM – 2:47PM	<b>Purvashadha* Until 12:28PM</b> Priti Until 10:01PM Kaulava Until 7:59AM <b>Trayodasi Until 7:59PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise: 6:35AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:31PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	<b>Devaloka Day</b>

<h1 style="font-size: 2em; margin: 0;">5</h1> <p>Friday, August 12, 2011</p> <p>Makara Rasi: 6.05      Tilthi 14</p> <p>484976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Durban, South Africa <b>Sun 27    Sutra 122</b> Khara 5113 Moon 7 - Phase 16 4th Phase
	<b>Gulika</b> 7:56AM – 9:19AM <b>Yama</b> 2:48PM – 4:10PM <b>Rahu</b> 10:41AM – 12:03PM	<b>Uttarashadha Until 1:13PM</b> Ayushman Until 9:05PM Gara Until 8:03AM <b>Chaturdasi* Until 8:03PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:34AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:32PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	<b>Devaloka Day</b>

<h1 style="font-size: 2em; margin: 0;">O</h1> <p>Saturday, August 13, 2011</p> <p><b>Copper Retreat Star</b></p> <p>Makara Rasi: 18.49      Tilthi 15</p> <p>494976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau			Durban, South Africa <b>Sutra 123</b> Khara 5113 Moon 7 - Phase 16 Purnima
	<b>Gulika</b> 6:33AM – 7:56AM <b>Yama</b> 1:25PM – 2:48PM <b>Rahu</b> 9:18AM – 10:40AM  <b>Raksha Bandhan</b>	<b>Sravana Until 2:20PM</b> Saubhagya Until 8:28PM Visti Until 8:30AM <b>Purnima* Until 8:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:33AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:33PM</i> <b>Nataraja:</b> Clear Moon – Purple <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">S</h1> <p>Sunday, August 14, 2011</p> <p><b>Silver Retreat Star</b></p> <p>Kumbha Rasi: 1.22      Tilthi 16</p> <p>494976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau			Durban, South Africa <b>Sutra 124</b> Khara 5113 Moon 7 - Phase 16 Prathama
	<b>Gulika</b> 2:48PM – 4:11PM <b>Yama</b> 12:03PM – 1:25PM <b>Rahu</b> 4:11PM – 5:33PM	<b>Dhanishtha Until 4:36PM</b> Sobhana Until 9:16PM Balava Until 9:38AM <b>Prathama* Until 10:44PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:32AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:33PM</i> <b>Nataraja:</b> Clear Moon – Purple <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634





**Monday, August 15, 2011**  
**Gold Retreat Star**

Kumbha Rasi: 13.44    Tithi 17  
**Family Home Evening**    494976152  
Creative Work    Siddha Yoga  
Until 6:33PM then no yoga  
Until 9:07PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**    1:25PM – 2:48PM  
**Yama**    10:40AM – 12:02PM  
**Rahu**    7:54AM – 9:17AM

**Satabhisha Until 6:33PM**  
Athiganda\* Until 9:17PM  
Taitila Until 10:57AM  
**Dvitiya Until 12:02AM Tue**

**Ganesha:** Purple    *Sunrise:* 6:31AM  
**Muruqa:** Yellow    *Sunset:* 5:34PM  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Adi**

Durban, South Africa  
**Sun 1    Sutra 125**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Tuesday, August 16, 2011**

Kumbha Rasi: 25.55    Tithi 18  
414976152  
Routine Work    Marana Yoga  
Until 8:50PM then Amrita Yoga  
Until 9:07PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**    12:02PM – 1:25PM  
**Yama**    9:16AM – 10:39AM  
**Rahu**    2:48PM – 4:11PM

**Purvaprostapada\* Until 8:50PM**  
Sukarma Until 9:37PM  
Vanija Until 12:38PM  
**Tritiya Until 1:43AM Wed**

**Ganesha:** White    *Sunrise:* 6:30AM  
**Muruqa:** Yellow    *Sunset:* 5:34PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Adi**

Durban, South Africa  
**Sun 2    Sutra 126**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Wednesday, August 17, 2011**

Meena Rasi: 7.58    Tithi 19  
415976152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    10:39AM – 12:02PM  
**Yama**    7:53AM – 9:16AM  
**Rahu**    12:02PM – 1:25PM

**Uttaraprostapada Until 11:25PM**  
Dhriti Until 10:14PM  
Bava Until 2:38PM  
**Chaturthi\* Until 3:43AM Thu**

**Ganesha:** Clear    *Sunrise:* 6:29AM  
**Muruqa:** Yellow    *Sunset:* 5:35PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

Durban, South Africa  
**Sun 3    Sutra 127**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**3**

**Thursday, August 18, 2011**

Meena Rasi: 19.53    Tithi 20  
515976152  
Creative Work    Siddha Yoga  
Until 2:13AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**    9:15AM – 10:38AM  
**Yama**    6:28AM – 7:52AM  
**Rahu**    1:25PM – 2:49PM

**Revati Until 2:13AM Fri**  
Shula\* Until 11:03PM  
Kaulava Until 4:53PM  
**Panchami Until 6:11AM Fri**

**Ganesha:** Purple    *Sunrise:* 6:28AM  
**Muruqa:** Yellow    *Sunset:* 5:35PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

Durban, South Africa  
**Sun 4    Sutra 128**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**

**4**

**Friday, August 19, 2011**

Mesha Rasi: 1.45    Tithi 20 – 21  
525976152  
Creative Work    Amrita Yoga  
Until 9:06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini Nakshatra Ganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    7:51AM – 9:15AM  
**Yama**    2:49PM – 4:12PM  
**Rahu**    10:38AM – 12:02PM

**Asvini Until 5:10AM Sat**  
Ganda\* Until 11:59PM  
Gara Until 7:17PM  
**Panchami Until 6:11AM**

**Ganesha:** Clear    *Sunrise:* 6:27AM  
**Muruqa:** Yellow    *Sunset:* 5:36PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Durban, South Africa  
**Sun 5    Sutra 129**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**5**

**Saturday, August 20, 2011**

Mesha Rasi: 13.37    Tithi 21 – 22  
525976152  
Creative Work    Siddha Yoga  
Until 9:06PM then no yoga  
Until 8:17AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    6:26AM – 7:50AM  
**Yama**    1:25PM – 2:49PM  
**Rahu**    9:14AM – 10:38AM

**Bharani Until 8:17AM Sun**  
Vriddhi Until 12:56AM Sun  
Visti Until 9:42PM  
**Shasthi\* Until 8:36AM**

**Ganesha:** Clear    *Sunrise:* 6:26AM  
**Muruqa:** Yellow    *Sunset:* 5:36PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Durban, South Africa  
**Sun 6    Sutra 130**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**D**

**Sunday, August 21, 2011**  
**Retreat Star**

Mesha Rasi: 25.31    Tithi 22 – 23  
525976152  
No Yoga  
Until 8:17AM then Siddha Yoga  
Until 9:06PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    2:49PM – 4:13PM  
**Yama**    12:01PM – 1:25PM  
**Rahu**    4:13PM – 5:37PM

**Bharani Until 8:17AM**  
Dhruva Until 1:47AM Mon  
Balava Until 11:59PM  
**Saptami Until 10:54AM**

**Ganesha:** Clear    *Sunrise:* 6:25AM  
**Muruqa:** Yellow    *Sunset:* 5:37PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Durban, South Africa  
**Sun 7    Sutra 131**  
Khara 5113  
Moon 8 - Phase 17  
Ashtami

**Devaloka Day**

**Monday, August 22, 2011**  
**Retreat Star**

Vrishabha Rasi: 7.35    Tithi 23 – 24  
**Family Home Evening**    525976152  
No Yoga  
Until 10:51AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    1:25PM – 2:49PM  
**Yama**    10:37AM – 12:01PM  
**Rahu**    7:48AM – 9:13AM

**Krittika Until 10:51AM**  
Vyaghata\* Until 2:22AM Tue  
Taitila Until 1:58AM Tue  
**Ashtami\* Until 12:52PM**

**Ganesha:** Clear    *Sunrise:* 6:24AM  
**Muruqa:** Yellow    *Sunset:* 5:38PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Durban, South Africa  
**Sun 8    Sutra 132**  
Khara 5113  
Moon 8 - Phase 17  
Navami

**Devaloka Day**

**1 Tuesday, August 23, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Durban, South Africa  
 Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau **Sun 9 Sutra 133**  
 Khara 5113  
**Gulika** 12:01PM – 1:25PM **Rohini Until 12:23PM** **Ganesha:** White *Sunrise:* 6:23AM  
**Yama** 9:12AM – 10:36AM Harshana Until 1:02AM Wed **Muruqa:** Yellow *Sunset:* 5:38PM Moon 8 - Phase 18  
 535976152 **Rahu** 2:49PM – 4:14PM Vanija Until 1:38AM Wed **Nataraja:** Clear **Sivaloka Day**  
 Creative Work Amrita Yoga Moon – Yellow  
 Until 12:23PM then Siddha Yoga **Sravana\*Avani**

**2 Wednesday, August 24, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Durban, South Africa  
 Mrigasira/Ardra Nakshatra Vajra\* Yoga Visti\*/Bava Karana Dasami/Ekadasi\* Yam Titau **Sun 10 Sutra 134**  
 Khara 5113  
**Gulika** 10:36AM – 12:00PM **Mrigasira Until 1:43PM** **Ganesha:** White *Sunrise:* 6:22AM  
**Yama** 7:47AM – 9:11AM Vajra\* Until 12:37AM Thu **Muruqa:** Yellow *Sunset:* 5:39PM Moon 8 - Phase 18  
 535976152 **Rahu** 12:00PM – 1:25PM Bava Until 2:20AM Thu **Nataraja:** Clear **Sivaloka Day**  
 Creative Work Siddha Yoga Moon – Yellow  
 Until 9:05PM then Marana Yoga **Dasami Until 2:20PM** **Sravana\*Avani**

**3 Thursday, August 25, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Durban, South Africa  
 Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau **Sun 11 Sutra 135**  
 Khara 5113  
**Gulika** 9:11AM – 10:35AM **Ardra Until 2:17PM** **Ganesha:** White *Sunrise:* 6:21AM  
**Yama** 6:21AM – 7:46AM Siddhi Until 11:30PM **Muruqa:** Yellow *Sunset:* 5:39PM Moon 8 - Phase 18  
 535976152 **Rahu** 1:25PM – 2:50PM Kaulava Until 12:40AM Fri **Nataraja:** Clear **Sivaloka Day**  
 Routine Work Marana Yoga Moon – Yellow  
 Until 2:17PM then Amrita Yoga **Ekadasi\* Until 1:35PM** **Sravana\*Avani**  
 Until 9:05PM then Siddha Yoga

**4 Friday, August 26, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Durban, South Africa  
 Punarvasu/Pushya Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau **Sun 12 Sutra 136**  
 Khara 5113  
**Gulika** 7:45AM – 9:10AM **Punarvasu Until 1:27PM** **Ganesha:** Yellow *Sunrise:* 6:20AM  
**Yama** 2:50PM – 4:15PM Vyatipata\* Until 8:34PM **Muruqa:** Yellow *Sunset:* 5:40PM Moon 8 - Phase 18  
 545976152 **Rahu** 10:35AM – 12:00PM Gara Until 11:43PM **Nataraja:** Clear **Devaloka Day**  
 Creative Work Siddha Yoga Moon – Blue  
 Until 1:27PM then Marana Yoga **Dvadasi\* Until 12:38PM** **Sravana\*Avani**  
 Until 9:04PM then Siddha Yoga *Pradosha Vrata (Fasting)*

**5 Saturday, August 27, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Durban, South Africa  
 Pushya/Aslesha\* Nakshatra Variyan\*/Parigha\* Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau **Sun 13 Sutra 137**  
 Khara 5113  
**Gulika** 6:19AM – 7:44AM **Pushya Until 12:25PM** **Ganesha:** White *Sunrise:* 6:19AM  
**Yama** 1:25PM – 2:50PM Variyan Until 6:03PM **Muruqa:** Yellow *Sunset:* 5:40PM Moon 8 - Phase 18  
 546976152 **Rahu** 9:09AM – 10:34AM Visti Until 9:55PM **Nataraja:** Clear **Bhuloka Day**  
 Creative Work Siddha Yoga Moon – Blue **Devaloka Time: 3:PM to 6:PM**  
 Until 12:25PM then Marana Yoga **Trayodasi\* Until 10:51AM** **Sravana\*Avani**  
 Until 9:04PM then Siddha Yoga

**Sunday, August 28, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Durban, South Africa  
 Aslesha\*/Magha\* Nakshatra Parigha\*/Shiva Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau **Sun 14 Sutra 138**  
 Khara 5113  
**Gulika** 2:50PM – 4:15PM **Aslesha\* Until 10:20AM** **Ganesha:** White *Sunrise:* 6:18AM  
**Yama** 11:59AM – 1:25PM Parigha\* Until 2:18PM **Muruqa:** Yellow *Sunset:* 5:41PM Moon 8 - Phase 18  
 546976152 **Rahu** 4:15PM – 5:41PM Catuspada Until 6:23PM **Nataraja:** White **Devaloka Day**  
 Creative Work Siddha Yoga Moon – Blue  
 Until 10:20AM then Marana Yoga **Chaturdasi\* Until 8:06AM** **Sravana\*Avani**  
 Until 9:04PM then Siddha Yoga

**Monday, August 29, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Durban, South Africa  
 Magha\*/Purvaphalguni\* Nakshatra Shiva/Siddha Yoga Kintughna\*/Bava Karana Prathama\* Yam Titau **Sun 15 Sutra 139**  
 Khara 5113  
**Gulika** 1:25PM – 2:50PM **Magha\* Until 8:08AM** **Ganesha:** Green *Sunrise:* 6:17AM  
**Yama** 10:33AM – 11:59AM Shiva Until 10:47AM **Muruqa:** Yellow *Sunset:* 5:41PM Moon 8 - Phase 18  
 556976152 **Rahu** 7:42AM – 9:08AM Kintughna Until 3:24PM **Nataraja:** White **Devaloka Day**  
 Simha Rasi: 12 Tithi 1 Moon – Red  
**Family Home Evening** **Prathama\* Until 1:41AM Tue** **Bhadrapada\*Avani**  
 Creative Work Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

**1 Tuesday, August 30, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Durban, South Africa  
 Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau Sun 16 Sutra 140  
 Khara 5113  
**Gulika** 11:59AM – 1:24PM **Uttaraphalguni Until 2:55AM Wed** **Ganesha:** Blue *Sunrise:* 6:16AM  
**Yama** 9:07AM – 10:33AM **Siddha Until 6:57AM** **Muruqa:** Yellow *Sunset:* 5:42PM Moon 8 - Phase 19  
**Rahu** 2:50PM – 4:16PM **Balava Until 12:02PM** **Nataraja:** White  
 Moon – Red  
**Devaloka Day**  
**Bhadrapada-Avani**

Simha Rasi: 26.56 Tithi 2 556176153  
 Creative Work Amrita Yoga  
 Until 2:55AM Wed then Siddha Yoga

**2 Wednesday, August 31, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Durban, South Africa  
 Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiya Yam Titau Sun 17 Sutra 141  
 Khara 5113  
**Gulika** 10:32AM – 11:58AM **Hasta Until 12:16AM Thu** **Ganesha:** Blue *Sunrise:* 6:14AM  
**Yama** 7:40AM – 9:06AM **Subha Until 11:00PM** **Muruqa:** Yellow *Sunset:* 5:42PM Moon 8 - Phase 19  
**Rahu** 11:58AM – 1:24PM **Taitila Until 8:33AM** **Nataraja:** White  
 Moon – Green  
**Devaloka Day**  
**Bhadrapada-Avani**

Kanya Rasi: 11.55 Tithi 3 566176153  
 Creative Work Siddha Yoga  
 Until 9:03PM then no yoga  
 Until 12:16AM Thu then Siddha Yoga

**3 Thursday, September 1, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Durban, South Africa  
 Chitra Nakshatra Sukla Yoga Visti\*/Bava Karana Chaturthi\*/Panchami Yam Titau Sun 18 Sutra 142  
 Khara 5113  
**Gulika** 9:06AM – 10:32AM **Chitra Until 9:44PM** **Ganesha:** Blue *Sunrise:* 6:13AM  
**Yama** 6:13AM – 7:40AM **Sukla Until 7:11PM** **Muruqa:** Yellow *Sunset:* 5:43PM Moon 8 - Phase 19  
**Rahu** 1:24PM – 2:50PM **Bava Until 1:47AM Fri** **Nataraja:** White  
 Moon – Green  
**Devaloka Day**  
**Bhadrapada-Avani**

Kanya Rasi: 26.5 Tithi 4 – 5 566176153  
 Creative Work Siddha Yoga

**Ganesha Chaturthi** **Chaturthi\* Until 3:30PM**

**4 Friday, September 2, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Durban, South Africa  
 Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi\* Yam Titau Sun 19 Sutra 143  
 Khara 5113  
**Gulika** 7:39AM – 9:05AM **Svati Until 8:30PM** **Ganesha:** Blue *Sunrise:* 6:12AM  
**Yama** 2:51PM – 4:17PM **Brahma Until 4:18PM** **Muruqa:** Yellow *Sunset:* 5:43PM Moon 8 - Phase 19  
**Rahu** 10:31AM – 11:58AM **Kaulava Until 12:06AM Sat** **Nataraja:** White  
 Moon – Green  
**Devaloka Day**  
**Bhadrapada-Avani**

Tula Rasi: 11.33 Tithi 5 – 6 566176153  
 Creative Work Siddha Yoga  
 Until 8:30PM then Marana Yoga  
 Until 9:02PM then Siddha Yoga

**Panchami Until 1:01PM**

**5 Saturday, September 3, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Durban, South Africa  
 Visakha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Shasthi\*/Saptami Yam Titau Sun 20 Sutra 144  
 Khara 5113  
**Gulika** 6:11AM – 7:38AM **Visakha Until 6:39PM** **Ganesha:** Blue *Sunrise:* 6:11AM  
**Yama** 1:24PM – 2:51PM **Indra Until 1:02PM** **Muruqa:** Yellow *Sunset:* 5:44PM Moon 8 - Phase 19  
**Rahu** 9:04AM – 10:31AM **Gara Until 9:26PM** **Nataraja:** White  
 Moon – Orange  
**Subha Sivaloka Day**  
**Bhadrapada-Avani**

Tula Rasi: 25.57 Tithi 6 – 7 577176153  
 Creative Work Siddha Yoga  
 Until 9:02PM then Marana Yoga

**Shasthi\* Until 10:21AM**

**Sunday, September 4, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Durban, South Africa  
 Anuradha/Jyeshtha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Saptami/Ashtami\* Yam Titau Sun 21 Sutra 145  
 Khara 5113  
**Gulika** 2:51PM – 4:18PM **Anuradha Until 5:25PM** **Ganesha:** Blue *Sunrise:* 6:10AM  
**Yama** 11:57AM – 1:24PM **Vaidhriti\* Until 10:20AM** **Muruqa:** Yellow *Sunset:* 5:44PM Moon 8 - Phase 19  
**Rahu** 4:18PM – 5:44PM **Visti Until 7:25PM** **Nataraja:** White  
 Moon – Orange  
**Subha Sivaloka Day**  
**Bhadrapada-Avani**

Vrischika Rasi: 10.01 Tithi 7 – 8 577176153  
 Routine Work Marana Yoga  
 Until 9:01PM then Siddha Yoga

**Saptami Until 8:21AM**

**Monday, September 5, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Durban, South Africa  
 Jyeshtha\*/Mula\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Ashtami\*/Navami\* Yam Titau Sun 22 Sutra 146  
 Khara 5113  
**Gulika** 1:24PM – 2:51PM **Jyeshtha\* Until 5:37PM** **Ganesha:** Blue *Sunrise:* 6:09AM  
**Yama** 10:30AM – 11:57AM **Vishkambha\* Until 8:21AM** **Muruqa:** Yellow *Sunset:* 5:45PM Moon 8 - Phase 19  
**Rahu** 7:36AM – 9:03AM **Balava Until 7:05PM** **Nataraja:** White  
 Moon – Orange  
**Subha Sivaloka Day**  
**Bhadrapada-Avani**

Vrischika Rasi: 23.43 Tithi 8 – 9 577176153  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 9:01PM then Amrita Yoga

**Ashtami\* Until 7:05AM**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Munda 1.1.7. bo UpR, 673

<b>1</b>	<b>Tuesday, September 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Durban, South Africa
			<b>Sun 23 Sutra 147</b> Khara 5113
Dhanus Rasi: 7.04	Tithi 9 – 10	<b>Gulika</b> 11:56AM – 1:24PM <b>Yama</b> 9:02AM – 10:29AM <b>Rahu</b> 2:51PM – 4:18PM	<b>Mula* Until 5:34PM</b> Priti Until 6:39AM Taitila Until 6:18PM <b>Navami* Until 6:18AM</b>
	587176153		<b>Ganesha:</b> Yellow <i>Sunrise: 6:07AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:45PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
Creative Work Amrita Yoga			<b>Sivaloka Day</b>
Until 5:34PM then Siddha Yoga			
Until 9:01PM then Amrita Yoga			

<b>2</b>	<b>Wednesday, September 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Durban, South Africa
			<b>Sun 24 Sutra 148</b> Khara 5113
Dhanus Rasi: 20.08	Tithi 10 – 11	<b>Gulika</b> 10:29AM – 11:56AM <b>Yama</b> 7:34AM – 9:01AM <b>Rahu</b> 11:56AM – 1:24PM	<b>Purvashadha* Until 6:03PM</b> Saubhagya Until 4:18AM Thu Vanija Until 6:07PM <b>Dasami Until 6:07AM</b>
	587176153		<b>Ganesha:</b> Yellow <i>Sunrise: 6:06AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:46PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
Creative Work Amrita Yoga			<b>Sivaloka Day</b>
Until 9:00PM then Siddha Yoga			

<b>3</b>	<b>Thursday, September 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Durban, South Africa
			<b>Sun 25 Sutra 149</b> Khara 5113
Makara Rasi: 2.58	Tithi 11 – 12	<b>Gulika</b> 9:00AM – 10:28AM <b>Yama</b> 6:05AM – 7:33AM <b>Rahu</b> 1:23PM – 2:51PM	<b>Uttarashadha Until 7:00PM</b> Sobhana Until 3:31AM Fri Bava Until 6:25PM <b>Ekadasi Until 6:25AM</b>
	587176153		<b>Ganesha:</b> Yellow <i>Sunrise: 6:05AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:46PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
Creative Work Siddha Yoga			<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, September 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Durban, South Africa
			<b>Sun 26 Sutra 150</b> Khara 5113
Makara Rasi: 15.35	Tithi 12 – 13	<b>Gulika</b> 7:32AM – 9:00AM <b>Yama</b> 2:05PM – 4:19PM <b>Rahu</b> 10:28AM – 11:55AM	<b>Sravana Until 9:31PM</b> Athiganda* Until 4:42AM Sat Kaulava Until 8:18PM <b>Dvadasi Until 7:13AM</b>
	597176153		<b>Ganesha:</b> White <i>Sunrise: 6:04AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:47PM</i> <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
Creative Work Siddha Yoga			<b>Subha Sivaloka Day</b>
			<i>Pradosha Vrata</i>

<b>5</b>	<b>Saturday, September 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Durban, South Africa
			<b>Sun 27 Sutra 151</b> Khara 5113
Makara Rasi: 28.02	Tithi 13 – 14	<b>Gulika</b> 6:03AM – 7:31AM <b>Yama</b> 1:23PM – 2:51PM <b>Rahu</b> 8:59AM – 10:27AM	<b>Dhanishtha Until 11:17PM</b> Sukarma Until 4:32AM Sun Gara Until 9:27PM <b>Trayodasi Until 8:21AM</b>
	598176153		<b>Ganesha:</b> Yellow <i>Sunrise: 6:03AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:47PM</i> <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
Creative Work Siddha Yoga		<b>Chidambaram Abhishekam</b>	<b>Sivaloka Day</b>

<b>○</b>	<b>Sunday, September 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Durban, South Africa
			<b>Sutra 152</b> Khara 5113
Kumbha Rasi: 10.2	Tithi 14 – 15	<b>Gulika</b> 2:51PM – 4:20PM <b>Yama</b> 11:55AM – 1:23PM <b>Rahu</b> 4:20PM – 5:48PM	<b>Satabhisha Until 1:20AM Mon</b> Dhriti Until 4:38AM Mon Visti Until 10:54PM <b>Chaturdasi* Until 9:49AM</b>
	598176153		<b>Ganesha:</b> Yellow <i>Sunrise: 6:01AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:48PM</i> <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
Creative Work Siddha Yoga		<b>Grandparent's Day</b>	<b>Sivaloka Day</b>
Until 1:20AM Mon then no yoga			

<b>○</b>	<b>Monday, September 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Durban, South Africa
			<b>Sutra 153</b> Khara 5113
Kumbha Rasi: 22.3	Tithi 15 – 16	<b>Gulika</b> 1:23PM – 2:51PM <b>Yama</b> 10:26AM – 11:54AM <b>Rahu</b> 7:29AM – 8:57AM	<b>Purvaprostapada* Until 3:40AM Tue</b> Shula* Until 4:59AM Tue Balava Until 12:38AM Tue <b>Purnima* Until 11:33AM</b>
	518186153		<b>Ganesha:</b> Yellow <i>Sunrise: 6:00AM</i> <b>Muruqa:</b> White <i>Sunset: 5:49PM</i> <b>Nataraja:</b> White Moon – Clear <b>Bhadrapada*Avani</b>
Family Home Evening No Yoga			<b>Subha Sivaloka Day</b>
Until 8:59PM then Marana Yoga			
Until 3:40AM Tue then Amrita Yoga			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



**Tuesday, September 13, 2011**  
**Gold Retreat Star**

Meena Rasi: 4.34    Titli 16 – 17  
518186153  
Creative Work    Amrita Yoga  
Until 8.58PM then Siddha Yoga  
Until 6:18AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    11:54AM – 1:23PM    **Uttaraprostapada Until 6:18AM Wed**  
**Yama**       8:57AM – 10:25AM    **Ganda\* Until 5:33AM Wed**  
**Rahu**       2:52PM – 4:20PM       **Taitila Until 2:38AM Wed**  
**Prathama\* Until 1:33PM**

Durban, South Africa  
**Sutra 154**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Yellow    *Sunrise: 5:59AM*  
Muruqa: White      *Sunset: 5:49PM*  
Nataraja: White  
Moon – Clear

**1**

**Wednesday, September 14, 2011**

Meena Rasi: 16.31    Titli 17 – 18  
518186153  
Creative Work    Siddha Yoga  
Until 6:18AM then Marana Yoga  
Until 8.58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    10:25AM – 11:54AM    **Uttaraprostapada Until 6:18AM**  
**Yama**       7:27AM – 8:56AM       **Vriddhi Until 6:34AM Thu**  
**Rahu**       11:54AM – 1:23PM       **Vanija Until 4:52AM Thu**  
**Dvitiya Until 3:46PM**

Durban, South Africa  
**Sun 1 Sutra 155**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Yellow    *Sunrise: 5:58AM*  
Muruqa: White      *Sunset: 5:50PM*  
Nataraja: White  
Moon – Clear

**2**

**Thursday, September 15, 2011**

Meena Rasi: 28.23    Titli 18  
518186153  
Creative Work    Siddha Yoga  
Until 9:13AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Asvini Nakshatra Vriddhi/Dhruva Yoga Visti\* Karana Tritiya Yam Titau  
**Gulika**    8:55AM – 10:24AM    **Revati Until 9:13AM**  
**Yama**       5:57AM – 7:26AM       **Vriddhi Until 6:34AM**  
**Rahu**       1:22PM – 2:52PM       **Visti Until 7:15AM Fri**  
**Tritiya Until 6:10PM**

Durban, South Africa  
**Sun 2 Sutra 156**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Yellow    *Sunrise: 5:57AM*  
Muruqa: White      *Sunset: 5:50PM*  
Nataraja: White  
Moon – Clear

**3**

**Friday, September 16, 2011**

Mesha Rasi: 10.13    Titli 19  
529186153  
Creative Work    Amrita Yoga  
Until 12:13PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    7:25AM – 8:54AM       **Asvini Until 12:13PM**  
**Yama**       2:52PM – 4:21PM       **Dhruva Until 7:32AM**  
**Rahu**       10:24AM – 11:53AM    **Bava Until 7:34AM**  
**Chaturthi\* Until 8:40PM**

Durban, South Africa  
**Sun 3 Sutra 157**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**  
Ganesha: Red       *Sunrise: 5:55AM*  
Muruqa: White      *Sunset: 5:51PM*  
Nataraja: White  
Moon – White

**4**

**Saturday, September 17, 2011**

Mesha Rasi: 22.03    Titli 20  
529186153  
Creative Work    Siddha Yoga  
Until 3:14PM then Amrita Yoga  
Until 8.57PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    5:54AM – 7:24AM       **Bharani Until 3:14PM**  
**Yama**       1:22PM – 2:52PM       **Vyaghata\* Until 8:31AM**  
**Rahu**       8:53AM – 10:23AM    **Kaulava Until 10:04AM**  
**Panchami Until 11:10PM**

Durban, South Africa  
**Sun 4 Sutra 158**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Red       *Sunrise: 5:54AM*  
Muruqa: White      *Sunset: 5:51PM*  
Nataraja: White  
Moon – White

**5**

**Sunday, September 18, 2011**

Vrishabha Rasi: 3.56    Titli 21  
529186153  
Creative Work    Siddha Yoga  
Until 8.57PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    2:52PM – 4:22PM       **Krittika Until 6:07PM**  
**Yama**       11:52AM – 1:22PM       **Harshana Until 9:23AM**  
**Rahu**       4:22PM – 5:52PM       **Gara Until 12:26PM**  
**Shasthi\* Until 1:32AM Mon**

Durban, South Africa  
**Sun 5 Sutra 159**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Red       *Sunrise: 5:53AM*  
Muruqa: White      *Sunset: 5:52PM*  
Nataraja: White  
Moon – White

**6**

**Monday, September 19, 2011**

Vrishabha Rasi: 15.58    Titli 22  
**Family Home Evening**    539186153  
Creative Work    Amrita Yoga  
Until 8.44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    1:22PM – 2:52PM       **Rohini Until 8:44PM**  
**Yama**       10:22AM – 11:52AM    **Vajra\* Until 10:00AM**  
**Rahu**       7:22AM – 8:52AM       **Visti Until 2:31PM**  
**Saptami Until 3:36AM Tue**

Durban, South Africa  
**Sun 6 Sutra 160**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Green     *Sunrise: 5:52AM*  
Muruqa: White      *Sunset: 5:52PM*  
Nataraja: White  
Moon – Yellow

**Retreat Star**

**Tuesday, September 20, 2011**

Vrishabha Rasi: 28.13    Titli 23  
539186153  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    11:52AM – 1:22PM       **Mrigasira Until 9:37PM**  
**Yama**       8:51AM – 10:21AM    **Siddhi Until 9:54AM**  
**Rahu**       2:52PM – 4:22PM       **Balava Until 3:16PM**  
**Ashtami\* Until 3:16AM Wed**

Durban, South Africa  
**Sun 7 Sutra 161**  
Khara 5113  
Moon 9 - Phase 21  
Ashtami  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Green     *Sunrise: 5:50AM*  
Muruqa: White      *Sunset: 5:53PM*  
Nataraja: White  
Moon – Yellow

**Wednesday, September 21, 2011**

**Retreat Star**

Mithuna Rasi: 10.46    Titli 24  
539186153  
Creative Work    Siddha Yoga  
Until 8.56PM then Marana Yoga  
Until 11:02PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    10:21AM – 11:51AM    **Ardra Until 11:02PM**  
**Yama**       7:20AM – 8:50AM       **Vyatipata\* Until 9:33AM**  
**Rahu**       11:51AM – 1:22PM       **Taitila Until 4:06PM**  
**Navami\* Until 4:06AM Thu**

Durban, South Africa  
**Sun 8 Sutra 162**  
Khara 5113  
Moon 9 - Phase 21  
Navami  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**  
Ganesha: Green     *Sunrise: 5:49AM*  
Muruqa: White      *Sunset: 5:53PM*  
Nataraja: White  
Moon – Yellow

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192


<b>1</b>	<b>Thursday, September 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau				Durban, South Africa
	Mithuna Rasi: 23.44	Tithi 25	549186153	<b>Gulika</b> 8:49AM – 10:20AM <b>Yama</b> 5:48AM – 7:19AM <b>Rahu</b> 1:22PM – 2:52PM	<b>Punarvasu</b> <b>Until 11:43PM</b> Variyan Until 8:31AM Vanija Until 4:08PM <b>Dasami</b> <b>Until 4:08AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:48AM</i> <b>Muruqa:</b> White <i>Sunset: 5:54PM</i> <b>Nataraja:</b> White Moon – Blue <b>Bhadrapada•Puratasi</b>	<b>Sun 9 Sutra 163</b> Khara 5113 Moon 9 - Phase 22 2nd Phase <b>Subha Sivaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 8:55PM then Siddha Yoga						
	Until 11:43PM then Marana Yoga						

<b>2</b>	<b>Friday, September 23, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau				Durban, South Africa
	Kataka Rasi: 7.1	Tithi 26	549286153	<b>Gulika</b> 7:18AM – 8:49AM <b>Yama</b> 2:52PM – 4:23PM <b>Rahu</b> 10:20AM – 11:50AM	<b>Pushya</b> <b>Until 10:17PM</b> Parigha* Until 6:38AM Bava Until 2:31PM <b>Ekadasi*</b> <b>Until 1:36AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:47AM</i> <b>Muruqa:</b> White <i>Sunset: 5:54PM</i> <b>Nataraja:</b> White Moon – Blue <b>Bhadrapada•Puratasi</b>	<b>Sun 10 Sutra 164</b> Khara 5113 Moon 9 - Phase 22 2nd Phase <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					
	Until 8:55PM then Siddha Yoga						
	Until 10:17PM then Marana Yoga						

<b>3</b>	<b>Saturday, September 24, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Durban, South Africa
	Kataka Rasi: 21.05	Tithi 27	541286153	<b>Gulika</b> 5:45AM – 7:17AM <b>Yama</b> 1:21PM – 2:52PM <b>Rahu</b> 8:48AM – 10:19AM	<b>Aslesha*</b> <b>Until 9:17PM</b> Siddha Until 1:27AM Sun Kaulava Until 12:46PM <b>Dvdadasi*</b> <b>Until 11:51PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:45AM</i> <b>Muruqa:</b> White <i>Sunset: 5:55PM</i> <b>Nataraja:</b> White Moon – Blue <b>Bhadrapada•Puratasi</b>	<b>Sun 11 Sutra 165</b> Khara 5113 Moon 9 - Phase 22 2nd Phase <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					
	Until 8:55PM then Siddha Yoga						
	Until 9:17PM then Marana Yoga						

<b>4</b>	<b>Sunday, September 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Durban, South Africa
	Simha Rasi: 5.29	Tithi 28	551286153	<b>Gulika</b> 2:53PM – 4:24PM <b>Yama</b> 11:50AM – 1:21PM <b>Rahu</b> 4:24PM – 5:55PM	<b>Magha*</b> <b>Until 6:33PM</b> Sadya Until 9:09PM Gara Until 9:51AM <b>Trayodasi*</b> <b>Until 8:08PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:44AM</i> <b>Muruqa:</b> White <i>Sunset: 5:55PM</i> <b>Nataraja:</b> White Moon – Red <b>Bhadrapada•Puratasi</b>	<b>Sun 12 Sutra 166</b> Khara 5113 Moon 9 - Phase 22 2nd Phase <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					
	Until 6:33PM then Siddha Yoga						

<b>5</b>	<b>Monday, September 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Caluspada* Karana Chaturdasi*/Amavasya* Yam Titau				Durban, South Africa
	Simha Rasi: 20.19	Tithi 29 – 30	551286153	<b>Gulika</b> 1:21PM – 2:53PM <b>Yama</b> 10:18AM – 11:49AM <b>Rahu</b> 7:15AM – 8:46AM	<b>Purvaphalguni*</b> <b>Until 4:11PM</b> Subha Until 5:28PM Visti Until 6:42AM <b>Chaturdasi*</b> <b>Until 4:59PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:43AM</i> <b>Muruqa:</b> White <i>Sunset: 5:56PM</i> <b>Nataraja:</b> White Moon – Red <b>Bhadrapada•Puratasi</b>	<b>Sun 13 Sutra 167</b> Khara 5113 Moon 9 - Phase 22 2nd Phase <b>Sivaloka Day</b>
	Family Home Evening	Siddha Yoga					
	Until 4:11PM then Marana Yoga						
	Until 8:54PM then Amrita Yoga						

	<b>Tuesday, September 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Durban, South Africa
	<b>Retreat Star</b>			<b>Gulika</b> 11:49AM – 1:21PM <b>Yama</b> 8:45AM – 10:17AM <b>Rahu</b> 2:53PM – 4:25PM	<b>Uttaraphalguni</b> <b>Until 1:21PM</b> Sukla Until 1:20PM Kintughna Until 11:38PM <b>Amavasya*</b> <b>Until 1:21PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:42AM</i> <b>Muruqa:</b> White <i>Sunset: 5:56PM</i> <b>Nataraja:</b> White Moon – Red <b>Bhadrapada•Puratasi</b>	<b>Sun 14 Sutra 168</b> Khara 5113 Moon 9 - Phase 22 Amavasya <b>Sivaloka Day</b>
	Kanya Rasi: 5.25	Tithi 30 – 1	551286153				
	Creative Work	Amrita Yoga					
	Until 1:21PM then Siddha Yoga						

<b>Retreat Star</b>	<b>Wednesday, September 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Durban, South Africa
	Kanya Rasi: 20.39	Tithi 1 – 2	661286153	<b>Gulika</b> 10:17AM – 11:49AM <b>Yama</b> 7:13AM – 8:45AM <b>Rahu</b> 11:49AM – 1:21PM	<b>Hasta</b> <b>Until 10:18AM</b> Brahma Until 9:01AM Balava Until 7:46PM <b>Prathama*</b> <b>Until 9:29AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:41AM</i> <b>Muruqa:</b> White <i>Sunset: 5:57PM</i> <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>	<b>Sun 15 Sutra 169</b> Khara 5113 Moon 9 - Phase 22 Prathama <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga		<b>Navaratri Begins</b>			

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM


<b>1</b>	<b>Thursday, September 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Tritiya Yam Titau	Durban, South Africa
	<b>Sun 16 Sutra 170</b>		Khara 5113
Tula Rasi: 5.51	Tithi 3	<b>Gulika</b> 8:44AM – 10:16AM <b>Yama</b> 5:39AM – 7:12AM <b>Rahu</b> 1:21PM – 2:53PM	<b>Chitra Until 7:19AM</b> Vaidhriti* Until 12:45AM Fri Tailila Until 3:58PM <b>Tritiya Until 2:15AM Fri</b>
Creative Work Siddha Yoga Until 7:19AM then Amrita Yoga Until 8:53PM then Siddha Yoga	661286153	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>	<b>Sivaloka Day</b> Moon 9 - Phase 23 3rd Phase

<b>2</b>	<b>Friday, September 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Durban, South Africa
	<b>Sun 17 Sutra 171</b>		Khara 5113
Tula Rasi: 20.51	Tithi 4	<b>Gulika</b> 7:11AM – 8:43AM <b>Yama</b> 2:53PM – 4:26PM <b>Rahu</b> 10:16AM – 11:48AM	<b>Visakha Until 1:59AM Sat</b> Vishkambha* Until 8:46PM Vanija Until 12:30PM <b>Chaturthi* Until 10:47PM</b>
Routine Work Marana Yoga Until 8:52PM then Siddha Yoga	671286153	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:38AM <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>	<b>Sivaloka Day</b> Moon 9 - Phase 23 3rd Phase

<b>3</b>	<b>Saturday, October 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau	Durban, South Africa
	<b>Sun 18 Sutra 172</b>		Khara 5113
Vrischika Rasi: 5.31	Tithi 5	<b>Gulika</b> 5:37AM – 7:10AM <b>Yama</b> 1:20PM – 2:53PM <b>Rahu</b> 8:42AM – 10:15AM	<b>Anuradha Until 1:06AM Sun</b> Priti Until 6:02PM Bava Until 9:53AM <b>Panchami Until 8:57PM</b>
Creative Work Siddha Yoga Until 8:52PM then Marana Yoga	671286153	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:37AM <b>Muruqa:</b> White <i>Sunset:</i> 5:59PM <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>	<b>Sivaloka Day</b> Moon 9 - Phase 23 3rd Phase

<b>4</b>	<b>Sunday, October 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Durban, South Africa
	<b>Sun 19 Sutra 173</b>		Khara 5113
Vrischika Rasi: 19.47	Tithi 6	<b>Gulika</b> 2:53PM – 4:26PM <b>Yama</b> 11:47AM – 1:20PM <b>Rahu</b> 4:26PM – 5:59PM	<b>Jyeshtha* Until 11:31PM</b> Ayushman Until 2:58PM Kaulava Until 7:31AM <b>Shasthi* Until 6:36PM</b>
Routine Work Marana Yoga Until 8:52PM then Siddha Yoga	671286153	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> White <i>Sunset:</i> 5:59PM <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>	<b>Sivaloka Day</b> Moon 9 - Phase 23 3rd Phase

<b>5</b>	<b>Monday, October 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Durban, South Africa
	<b>Sun 20 Sutra 174</b>		Khara 5113
Dhanus Rasi: 4	Tithi 7 – 8	<b>Gulika</b> 1:20PM – 2:53PM <b>Yama</b> 10:14AM – 11:47AM <b>Rahu</b> 7:08AM – 8:41AM	<b>Mula* Until 11:58PM</b> Saubhagya Until 1:06PM Visti Until 5:58AM Tue <b>Saptami Until 5:58PM</b>
<b>Family Home Evening</b> Creative Work Siddha Yoga Until 8:52PM then Amrita Yoga Until 11:58PM then Siddha Yoga	681286153	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> White <i>Sunset:</i> 6:00PM <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>	<b>Subha Sivaloka Day</b> Moon 9 - Phase 23 3rd Phase

	<b>Tuesday, October 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Durban, South Africa
	<b>Retreat Star</b>		<b>Sun 21 Sutra 175</b>
Dhanus Rasi: 16.59	Tithi 8 – 9	<b>Gulika</b> 11:47AM – 1:20PM <b>Yama</b> 8:40AM – 10:13AM <b>Rahu</b> 2:54PM – 4:27PM	<b>Purvashadha* Until 11:52PM</b> Sobhana Until 11:19AM Balava Until 5:10AM Wed <b>Ashtami* Until 5:10PM</b>
Creative Work Siddha Yoga Until 8:51PM then Amrita Yoga	682286153	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> White <i>Sunset:</i> 6:00PM <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>	<b>Subha Sivaloka Day</b> Moon 9 - Phase 23 Ashtami

<b>Retreat Star</b>	<b>Wednesday, October 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Tailila Karana Navami*/Dasami Yam Titau	Durban, South Africa
			<b>Sun 22 Sutra 176</b>
Dhanus Rasi: 29.59	Tithi 9 – 10	<b>Gulika</b> 10:13AM – 11:47AM <b>Yama</b> 7:06AM – 8:39AM <b>Rahu</b> 11:47AM – 1:20PM	<b>Uttarashadha Until 12:29AM Thu</b> Athiganda* Until 10:12AM Tailila Until 5:08AM Thu <b>Navami* Until 5:08PM</b>
Creative Work Amrita Yoga Until 8:51PM then Siddha Yoga	682286153	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> White <i>Sunset:</i> 6:01PM <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>	<b>Subha Sivaloka Day</b> Moon 9 - Phase 23 Navami

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

<b>1</b>	<b>Thursday, October 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sravana Nakshatra Sukarma/Dhriti Yoga Gara Karana Dasami Yam Titau	Durban, South Africa
	Makara Rasi: 12.4      Tithi 10 692286153	<b>Gulika</b> 8:39AM – 10:12AM <b>Yama</b> 5:31AM – 7:05AM <b>Rahu</b> 1:20PM – 2:54PM	<b>Sun 23 Sutra 177</b> Khara 5113 Moon 9 - Phase 24 4th Phase
Creative Work      Siddha Yoga		<b>Sravana Until 3:19AM Fri</b> Sukarma Until 9:54AM Gara Until 7:54AM Fri <b>Dasami Until 6:49PM</b>	<b>Sivaloka Day</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> White <i>Sunset:</i> 6:02PM <b>Nataraja:</b> White Moon – Purple <b>Ashvina•Puratasi</b>	

<b>2</b>	<b>Friday, October 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visiti* Karana Ekadasi Yam Titau	Durban, South Africa
	Makara Rasi: 25.07      Tithi 11 692286153	<b>Gulika</b> 7:04AM – 8:38AM <b>Yama</b> 2:54PM – 4:28PM <b>Rahu</b> 10:12AM – 11:46AM	<b>Sun 24 Sutra 178</b> Khara 5113 Moon 9 - Phase 24 4th Phase
Creative Work      Siddha Yoga Until 5:07AM Sat then Amrita Yoga		<b>Dhanishtha Until 5:07AM Sat</b> Dhriti Until 9:44AM Vanija Until 6:55AM <b>Ekadasi Until 8:00PM</b>	<b>Sivaloka Day</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> White <i>Sunset:</i> 6:02PM <b>Nataraja:</b> White Moon – Purple <b>Ashvina•Puratasi</b>	

<b>3</b>	<b>Saturday, October 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau	Durban, South Africa
	Kumbha Rasi: 7.22      Tithi 12 692286154	<b>Gulika</b> 5:29AM – 7:03AM <b>Yama</b> 1:20PM – 2:54PM <b>Rahu</b> 8:37AM – 10:11AM	<b>Sun 25 Sutra 179</b> Khara 5113 Moon 9 - Phase 24 4th Phase
Creative Work      Amrita Yoga Until 8:50PM then Siddha Yoga		<b>Satabhisha Until 7:02AM Sun</b> Shula* Until 9:55AM Bava Until 8:31AM <b>Dvadasi Until 9:36PM</b>	<b>Devaloka Day</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> Yellow Moon – Purple <b>Ashvina•Puratasi</b>	

<b>4</b>	<b>Sunday, October 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Durban, South Africa
	Kumbha Rasi: 19.29      Tithi 13 692286154	<b>Gulika</b> 2:54PM – 4:29PM <b>Yama</b> 11:45AM – 1:20PM <b>Rahu</b> 4:29PM – 6:03PM	<b>Sun 26 Sutra 180</b> Khara 5113 Moon 9 - Phase 24 4th Phase
Creative Work      Siddha Yoga Until 8:50PM then no yoga		<b>Satabhisha Until 7:02AM</b> Ganda* Until 10:20AM Kaulava Until 10:25AM <b>Trayodasi Until 11:30PM</b> <i>Pradosha Vrata</i>	<b>Devaloka Day</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> Yellow Moon – Purple <b>Ashvina•Puratasi</b>	

<b>5</b>	<b>Monday, October 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Durban, South Africa
	Meena Rasi: 1.3      Tithi 14 612286154	<b>Gulika</b> 1:20PM – 2:54PM <b>Yama</b> 10:10AM – 11:45AM <b>Rahu</b> 7:01AM – 8:36AM	<b>Sun 27 Sutra 181</b> Khara 5113 Moon 9 - Phase 24 4th Phase
Family Home Evening No Yoga Until 9:40AM then Siddha Yoga Until 8:49PM then Amrita Yoga		<b>Purvaprostapada* Until 9:40AM</b> Vridhi Until 10:56AM Gara Until 12:32PM <b>Chaturdasi* Until 1:37AM Tue</b>	<b>Devaloka Day</b>
		<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> White <i>Sunset:</i> 6:04PM <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>	

<b>○</b>	<b>Tuesday, October 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visiti*/Bava Karana Purnima* Yam Titau	Durban, South Africa
	Meena Rasi: 13.26      Tithi 15 612286154	<b>Gulika</b> 11:45AM – 1:20PM <b>Yama</b> 8:35AM – 10:10AM <b>Rahu</b> 2:55PM – 4:30PM	<b>Sun 28 Sutra 182</b> Khara 5113 Moon 9 - Phase 24 Purnima
Creative Work      Amrita Yoga Until 12:27PM then Siddha Yoga Until 8:49PM then Marana Yoga		<b>Uttaraprostapada Until 12:27PM</b> Dhruva Until 11:41AM Visiti Until 2:49PM <b>Purnima* Until 3:54AM Wed</b>	<b>Devaloka Day</b>
		<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> White <i>Sunset:</i> 6:05PM <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>	

<b>○</b>	<b>Wednesday, October 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Durban, South Africa
	Meena Rasi: 25.2      Tithi 16 612286154	<b>Gulika</b> 10:09AM – 11:45AM <b>Yama</b> 6:59AM – 8:34AM <b>Rahu</b> 11:45AM – 1:20PM	<b>Sun 29 Sutra 183</b> Khara 5113 Moon 9 - Phase 24 Prathama
Routine Work      Marana Yoga Until 8:49PM then Amrita Yoga		<b>Revati Until 3:21PM</b> Vyaghata* Until 12:32PM Balava Until 5:13PM <b>Prathama* Until 6:36AM Thu</b>	<b>Devaloka Day</b>
		<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> White <i>Sunset:</i> 6:05PM <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>	

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM





**Thursday, October 13, 2011**  
**Gold Retreat Star**

Mesha Rasi: 7.11    Tithi 16 – 17  
622286154  
Creative Work    Amrita Yoga  
Until 6:18PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    8:34AM – 10:09AM    **Asvini Until 6:18PM**  
**Yama**       5:23AM – 6:58AM       Harshana Until 1:26PM  
**Rahu**       1:20PM – 2:55PM       Taitila Until 7:42PM  
**Prathama\* Until 6:36AM**

**Ganesha:** Red    *Sunrise:* 5:23AM  
**Muruqa:** White    *Sunset:* 6:06PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Durban, South Africa  
**Sutra 184**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**1**

**Friday, October 14, 2011**

Mesha Rasi: 19.01    Tithi 17 – 18  
622286154  
Creative Work    Siddha Yoga  
Until 9:17PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    6:57AM – 8:33AM    **Bharani Until 9:17PM**  
**Yama**       2:55PM – 4:31PM       Vajra\* Until 2:21PM  
**Rahu**       10:08AM – 11:44AM    Vanija Until 10:12PM  
**Dvitiya Until 9:06AM**

**Ganesha:** Red    *Sunrise:* 5:22AM  
**Muruqa:** White    *Sunset:* 6:06PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Durban, South Africa  
**Sun 1 Sutra 185**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**2**

**Saturday, October 15, 2011**

Wrishabha Rasi: 0.53    Tithi 18 – 19  
622286154  
Creative Work    Amrita Yoga  
Until 8:48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    5:21AM – 6:56AM    **Krittika Until 12:13AM Sun**  
**Yama**       1:20PM – 2:55PM       Siddhi Until 3:14PM  
**Rahu**       8:32AM – 10:08AM    Bava Until 12:39AM Sun  
**Tritiya Until 11:33AM**

**Ganesha:** Red    *Sunrise:* 5:21AM  
**Muruqa:** White    *Sunset:* 6:07PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Durban, South Africa  
**Sun 2 Sutra 186**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**3**

**Sunday, October 16, 2011**

Wrishabha Rasi: 12.5    Tithi 19 – 20  
632286154  
Creative Work    Siddha Yoga  
Until 8:48PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    2:56PM – 4:32PM    **Rohini Until 3:00AM Mon**  
**Yama**       11:44AM – 1:20PM       Vyatipata\* Until 3:58PM  
**Rahu**       4:32PM – 6:08PM       Kaulava Until 2:56AM Mon  
**Chaturthi\* Until 1:51PM**

**Ganesha:** Green    *Sunrise:* 5:20AM  
**Muruqa:** White    *Sunset:* 6:08PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**

Durban, South Africa  
**Sun 3 Sutra 187**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**4**

**Monday, October 17, 2011**

Wrishabha Rasi: 24.55    Tithi 20 – 21  
632286154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 8:48PM then Siddha Yoga  
Until 5:31AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    1:20PM – 2:56PM    **Mrigasira Until 5:31AM Tue**  
**Yama**       10:07AM – 11:43AM    Variyan Until 4:28PM  
**Rahu**       6:55AM – 8:31AM       Gara Until 4:57AM Tue  
**Panchami Until 3:51PM**

**Ganesha:** Green    *Sunrise:* 5:18AM  
**Muruqa:** White    *Sunset:* 6:08PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

Durban, South Africa  
**Sun 4 Sutra 188**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**5**

**Tuesday, October 18, 2011**

Mithuna Rasi: 7.1    Tithi 21 – 22  
633386154  
Routine Work    Marana Yoga  
Until 8:48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    11:43AM – 1:20PM    **Ardra Until 6:31AM Wed**  
**Yama**       8:30AM – 10:07AM    Parigha\* Until 3:51PM  
**Rahu**       2:56PM – 4:33PM       Visti Until 4:29AM Wed  
**Shasthi\* Until 4:29PM**

**Ganesha:** Green    *Sunrise:* 5:17AM  
**Muruqa:** White    *Sunset:* 6:09PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

Durban, South Africa  
**Sun 5 Sutra 189**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**6**

**Wednesday, October 19, 2011**

Mithuna Rasi: 19.43    Tithi 22 – 23  
633386154  
Creative Work    Siddha Yoga  
Until 8:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    10:06AM – 11:43AM    **Ardra Until 6:31AM**  
**Yama**       6:53AM – 8:30AM       Shiva Until 3:30PM  
**Rahu**       11:43AM – 1:20PM       Balava Until 5:23AM Thu  
**Saptami Until 5:23PM**

**Ganesha:** Green    *Sunrise:* 5:16AM  
**Muruqa:** White    *Sunset:* 6:10PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

Durban, South Africa  
**Sun 6 Sutra 190**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**



**Thursday, October 20, 2011**  
**Retreat Star**

Kataka Rasi: 2.37    Tithi 23 – 24  
643386154  
Creative Work    Amrita Yoga  
Until 8:47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    8:29AM – 10:06AM    **Punarvasu Until 7:20AM**  
**Yama**       5:15AM – 6:52AM       Siddha Until 2:33PM  
**Rahu**       1:20PM – 2:57PM       Taitila Until 5:34AM Fri  
**Ashtami\* Until 5:34PM**

**Ganesha:** Orange    *Sunrise:* 5:15AM  
**Muruqa:** White    *Sunset:* 6:10PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

Durban, South Africa  
**Sun 7 Sutra 191**  
Khara 5113  
Moon 10 - Phase 25  
Ashtami

**Sivaloka Day**

**Friday, October 21, 2011**

**Retreat Star**

Kataka Rasi: 15.56    Tithi 24 – 25  
643386154  
Routine Work    Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika**    6:51AM – 8:28AM    **Pushya Until 7:16AM**  
**Yama**       2:57PM – 4:34PM       Sadhya Until 12:25PM  
**Rahu**       10:06AM – 11:43AM    Vanija Until 3:10AM Sat  
**Navami\* Until 4:05PM**

**Ganesha:** Orange    *Sunrise:* 5:14AM  
**Muruqa:** White    *Sunset:* 6:11PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

Durban, South Africa  
**Sun 8 Sutra 192**  
Khara 5113  
Moon 10 - Phase 25  
Navami

**Sivaloka Day**


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

<b>1</b>	<b>Saturday, October 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha*Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Durban, South Africa
	Kataka Rasi: 29.42    Tithi 25 – 26 643386154	<b>Gulika</b> 5:13AM – 6:51AM <b>Yama</b> 1:20PM – 2:57PM <b>Rahu</b> 8:28AM – 10:05AM	<b>Sun 9 Sutra 193</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Routine Work    Marana Yoga Until 6:30AM then Amrita Yoga Until 8.47PM then Marana Yoga		<b>Aslesha* Until 6:30AM</b> Subha Until 10:07AM Bava Until 1:44AM Sun <b>Dasami Until 2:39PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:13AM <b>Muruqa:</b> White <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Yellow Moon – Blue <b>Ashvina-Aipasi</b>

<b>2</b>	<b>Sunday, October 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Durban, South Africa
	Simha Rasi: 13.57    Tithi 26 – 27 653386154	<b>Gulika</b> 2:57PM – 4:35PM <b>Yama</b> 11:42AM – 1:20PM <b>Rahu</b> 4:35PM – 6:12PM	<b>Sun 10 Sutra 194</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work    Siddha Yoga Until 2:21AM Mon then Marana Yoga		<b>Purvaphalguni* Until 2:21AM Mon</b> Sukla Until 7:00AM Kaulava Until 10:11PM <b>Ekadasi* Until 11:53AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:12AM <b>Muruqa:</b> White <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>

<b>3</b>	<b>Monday, October 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Durban, South Africa
	Simha Rasi: 28.37    Tithi 27 – 28 653386154	<b>Gulika</b> 1:20PM – 2:58PM <b>Yama</b> 10:05AM – 11:42AM <b>Rahu</b> 6:49AM – 8:27AM	<b>Sun 11 Sutra 195</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Family Home Evening Routine Work    Marana Yoga Until 8.47PM then Amrita Yoga Until 12:13AM Tue then Siddha Yoga		<b>Uttaraphalguni Until 12:13AM Tue</b> Indra Until 11:30PM Gara Until 7:18PM <b>Dvadasi* Until 9:01AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:11AM <b>Muruqa:</b> White <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>

<b>4</b>	<b>Tuesday, October 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Durban, South Africa
	Kanya Rasi: 13.37    Tithi 29 663386154	<b>Gulika</b> 11:42AM – 1:20PM <b>Yama</b> 8:26AM – 10:04AM <b>Rahu</b> 2:58PM – 4:36PM	<b>Sun 12 Sutra 196</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work    Siddha Yoga Deepavali Hindu Solidarity Day		<b>Hasta Until 9:32PM</b> Vaidhriti* Until 7:30PM Visti Until 3:52PM <b>Chaturdasi* Until 2:09AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:10AM <b>Muruqa:</b> White <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>

	<b>Wednesday, October 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Durban, South Africa
	Kanya Rasi: 28.5    Tithi 30 663386154	<b>Gulika</b> 10:04AM – 11:42AM <b>Yama</b> 6:48AM – 8:26AM <b>Rahu</b> 11:42AM – 1:20PM	<b>Sun 13 Sutra 197</b> Khara 5113 Moon 10 - Phase 26 Amavasya
Creative Work    Siddha Yoga Until 8.46PM then Amrita Yoga Subramuniyaswami Mahasamadhi		<b>Chitra Until 6:32PM</b> Vishkambha* Until 3:12PM Catuspada Until 12:04PM <b>Amavasya* Until 10:21PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:09AM <b>Muruqa:</b> White <i>Sunset:</i> 6:15PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>

<b>Retreat Star</b>	<b>Thursday, October 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Durban, South Africa
	Tula Rasi: 14.05    Tithi 1 663386154	<b>Gulika</b> 8:25AM – 10:04AM <b>Yama</b> 5:09AM – 6:47AM <b>Rahu</b> 1:20PM – 2:59PM	<b>Sun 14 Sutra 198</b> Khara 5113 Moon 10 - Phase 26 Prathama
Creative Work    Amrita Yoga Until 3:28PM then Siddha Yoga Until 8.46PM then Marana Yoga Skanda Shasthi Begins		<b>Svati Until 3:28PM</b> Priti Until 10:49AM Kintughna Until 8:12AM <b>Prathama* Until 6:29PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:09AM <b>Muruqa:</b> White <i>Sunset:</i> 6:15PM <b>Nataraja:</b> Yellow Moon – Green <b>Karttika-Aipasi</b>

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140


<b>1</b>	<b>Friday, October 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Durban, South Africa
	Tula Rasi: 29.13      Tithi 2 – 3	<b>Gulika</b> 6:46AM – 8:25AM	<b>Visakha</b> Until 12:35PM	<b>Sun 15 Sutra 199</b> Khara 5113
	673386154	<b>Yama</b> 2:59PM – 4:37PM	<b>Ayushman</b> Until 6:38AM	Moon 10 - Phase 27
Routine Work      Marana Yoga		<b>Rahu</b> 10:03AM – 11:42AM	<b>Taitila</b> Until 1:07AM Sat	3rd Phase
Until 12:35PM then Siddha Yoga			<b>Dvitiya</b> Until 2:50PM	<b>Devaloka Day</b>
			<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:08AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 6:16PM	
			<b>Nataraja:</b> Yellow	
			Moon – Orange	
			<b>Karttika-Aipasi</b>	

<b>2</b>	<b>Saturday, October 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Durban, South Africa
	Vrischika Rasi: 14.04      Tithi 3 – 4	<b>Gulika</b> 5:07AM – 6:45AM	<b>Anuradha</b> Until 10:27AM	<b>Sun 16 Sutra 200</b> Khara 5113
	673386154	<b>Yama</b> 1:20PM – 2:59PM	<b>Sobhana</b> Until 11:58PM	Moon 10 - Phase 27
Creative Work      Siddha Yoga		<b>Rahu</b> 8:24AM – 10:03AM	<b>Vanija</b> Until 11:10PM	3rd Phase
Until 8.46PM then Marana Yoga			<b>Tritiya</b> Until 12:05PM	<b>Devaloka Day</b>
			<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:07AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 6:17PM	
			<b>Nataraja:</b> Yellow	
			Moon – Orange	
			<b>Karttika-Aipasi</b>	

<b>3</b>	<b>Sunday, October 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Durban, South Africa
	Vrischika Rasi: 28.32      Tithi 4 – 5	<b>Gulika</b> 3:00PM – 4:39PM	<b>Jyeshtha*</b> Until 8:31AM	<b>Sun 17 Sutra 201</b> Khara 5113
	673386154	<b>Yama</b> 11:42AM – 1:21PM	<b>Athiganda*</b> Until 8:34PM	Moon 10 - Phase 27
Routine Work      Marana Yoga		<b>Rahu</b> 4:39PM – 6:18PM	<b>Bava</b> Until 8:28PM	3rd Phase
Until 8:31AM then Amrita Yoga			<b>Chaturthi*</b> Until 9:23AM	<b>Devaloka Day</b>
Until 8.46PM then Siddha Yoga			<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:06AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 6:18PM	
			<b>Nataraja:</b> Yellow	
			Moon – Orange	
			<b>Karttika-Aipasi</b>	

<b>4</b>	<b>Monday, October 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Durban, South Africa
	Dhanus Rasi: 12.32      Tithi 5 – 6	<b>Gulika</b> 1:21PM – 3:00PM	<b>Mula*</b> Until 7:22AM	<b>Sun 18 Sutra 202</b> Khara 5113
<b>Family Home Evening</b>	683386154	<b>Yama</b> 10:02AM – 11:42AM	<b>Sukarma</b> Until 5:54PM	Moon 10 - Phase 27
Creative Work      Siddha Yoga		<b>Rahu</b> 6:44AM – 8:23AM	<b>Kaulava</b> Until 6:36PM	3rd Phase
Until 7:22AM then Marana Yoga			<b>Panchami</b> Until 7:32AM	<b>Sivaloka Day</b>
Until 8.46PM then Siddha Yoga		<b>Skanda Shasthi</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:05AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 6:18PM	
			<b>Nataraja:</b> Yellow	
			Moon – Light Blue	
			<b>Karttika-Aipasi</b>	

<b>5</b>	<b>Tuesday, November 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shasthi*/Saplami Yam Titau		Durban, South Africa
	Dhanus Rasi: 26.04      Tithi 6 – 7	<b>Gulika</b> 11:42AM – 1:21PM	<b>Purvashadha*</b> Until 7:06AM	<b>Sun 19 Sutra 203</b> Khara 5113
	684386154	<b>Yama</b> 8:23AM – 10:02AM	<b>Dhriti</b> Until 4:41PM	Moon 10 - Phase 27
Creative Work      Siddha Yoga		<b>Rahu</b> 3:00PM – 4:40PM	<b>Gara</b> Until 6:35PM	3rd Phase
Until 7:06AM then Prabalarishta Yoga			<b>Shasthi*</b> Until 6:35AM	<b>Sivaloka Day</b>
Until 8.46PM then Amrita Yoga			<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:04AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM	
			<b>Nataraja:</b> Yellow	
			Moon – Light Blue	
			<b>Karttika-Aipasi</b>	

	<b>Wednesday, November 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Durban, South Africa
	<b>Retreat Star</b>	<b>Gulika</b> 10:02AM – 11:42AM	<b>Uttarashadha</b> Until 7:33AM	<b>Sun 20 Sutra 204</b> Khara 5113
Makara Rasi: 9.1      Tithi 7 – 8		<b>Yama</b> 6:43AM – 8:22AM	<b>Shula*</b> Until 3:23PM	Moon 10 - Phase 27
	684386154	<b>Rahu</b> 11:42AM – 1:21PM	<b>Visti</b> Until 6:24PM	Ashtami
Creative Work      Amrita Yoga			<b>Saptami</b> Until 6:24AM	<b>Sivaloka Day</b>
Until 7:33AM then Siddha Yoga			<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:03AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 6:20PM	
			<b>Nataraja:</b> Yellow	
			Moon – Light Blue	
			<b>Karttika-Aipasi</b>	

<b>Thurs</b>	<b>Thursday, November 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Durban, South Africa
	<b>Retreat Star</b>	<b>Gulika</b> 8:22AM – 10:02AM	<b>Sravana</b> Until 8:55AM	<b>Sun 21 Sutra 205</b> Khara 5113
Makara Rasi: 21.52      Tithi 8 – 9		<b>Yama</b> 5:03AM – 6:42AM	<b>Ganda*</b> Until 3:25PM	Moon 10 - Phase 27
	694386154	<b>Rahu</b> 1:21PM – 3:01PM	<b>Balava</b> Until 8:10PM	Navami
Creative Work      Siddha Yoga			<b>Ashtami*</b> Until 7:05AM	<b>Devaloka Day</b>
			<b>Ganesha:</b> White <i>Sunrise:</i> 5:03AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 6:21PM	
			<b>Nataraja:</b> Yellow	
			Moon – Purple	
			<b>Karttika-Aipasi</b>	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

<b>1</b>	<b>Friday, November 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Durban, South Africa
			<b>Sun 22 Sutra 206</b> Khara 5113
Kumbha Rasi: 4.17	Tithi 9 – 10	<b>Gulika 6:42AM – 8:22AM</b>	<b>Dhanishtha Until 10:47AM</b>
	694386154	<b>Yama 3:01PM – 4:41PM</b>	<b>Ganesha: White</b> <i>Sunrise: 5:02AM</i>
Creative Work Siddha Yoga		<b>Rahu 10:02AM – 11:42AM</b>	<b>Muruqa: White</b> <i>Sunset: 6:21PM</i>
Until 8.46PM then Amrita Yoga			<b>Nataraja: Yellow</b> Moon – Purple
			<b>Devaloka Day</b>

<b>2</b>	<b>Saturday, November 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Durban, South Africa
			<b>Sun 23 Sutra 207</b> Khara 5113
Kumbha Rasi: 16.27	Tithi 10 – 11	<b>Gulika 5:01AM – 6:41AM</b>	<b>Satabhisha Until 1:05PM</b>
	694386154	<b>Yama 1:22PM – 3:02PM</b>	<b>Ganesha: White</b> <i>Sunrise: 5:01AM</i>
Creative Work Amrita Yoga		<b>Rahu 8:21AM – 10:01AM</b>	<b>Muruqa: White</b> <i>Sunset: 6:22PM</i>
Until 1:05PM then Siddha Yoga			<b>Nataraja: Yellow</b> Moon – Purple
			<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, November 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Durban, South Africa
			<b>Sun 24 Sutra 208</b> Khara 5113
Kumbha Rasi: 28.29	Tithi 11 – 12	<b>Gulika 3:02PM – 4:43PM</b>	<b>Purvaprostapada* Until 3:43PM</b>
	614386154	<b>Yama 11:42AM – 1:22PM</b>	<b>Ganesha: Blue</b> <i>Sunrise: 5:00AM</i>
Creative Work Siddha Yoga		<b>Rahu 4:43PM – 6:23PM</b>	<b>Muruqa: White</b> <i>Sunset: 6:23PM</i>
Until 3:43PM then Amrita Yoga			<b>Nataraja: Yellow</b> Moon – Clear
Until 8.46PM then Siddha Yoga			<b>Devaloka Day</b>

<b>4</b>	<b>Monday, November 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Durban, South Africa
			<b>Sun 25 Sutra 209</b> Khara 5113
Meena Rasi: 10.24	Tithi 12 – 13	<b>Gulika 1:22PM – 3:03PM</b>	<b>Uttaraprostapada Until 6:32PM</b>
<b>Family Home Evening</b>	714386154	<b>Yama 10:01AM – 11:42AM</b>	<b>Ganesha: Red</b> <i>Sunrise: 5:00AM</i>
Creative Work Siddha Yoga		<b>Rahu 6:40AM – 8:21AM</b>	<b>Muruqa: White</b> <i>Sunset: 6:24PM</i>
			<b>Nataraja: Yellow</b> Moon – Clear
			<b>Sivaloka Day</b>

*Pradosha Vrata*

<b>5</b>	<b>Tuesday, November 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Durban, South Africa
			<b>Sun 26 Sutra 210</b> Khara 5113
Meena Rasi: 22.16	Tithi 13 – 14	<b>Gulika 11:42AM – 1:22PM</b>	<b>Revati Until 9:27PM</b>
	714386154	<b>Yama 8:20AM – 10:01AM</b>	<b>Ganesha: Red</b> <i>Sunrise: 4:59AM</i>
Creative Work Siddha Yoga		<b>Rahu 3:03PM – 4:44PM</b>	<b>Muruqa: White</b> <i>Sunset: 6:25PM</i>
Until 8.46PM then Marana Yoga			<b>Nataraja: Yellow</b> Moon – Clear
			<b>Sivaloka Day</b>

<b>6</b>	<b>Wednesday, November 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Durban, South Africa
			<b>Sun 27 Sutra 211</b> Khara 5113
Mesha Rasi: 4.08	Tithi 14	<b>Gulika 10:01AM – 11:42AM</b>	<b>Asvini Until 12:25AM Thu</b>
	724386154	<b>Yama 6:39AM – 8:20AM</b>	<b>Ganesha: Blue</b> <i>Sunrise: 4:58AM</i>
Routine Work Marana Yoga		<b>Rahu 11:42AM – 1:23PM</b>	<b>Muruqa: White</b> <i>Sunset: 6:25PM</i>
Until 8.46PM then Amrita Yoga			<b>Nataraja: Yellow</b> Moon – White
Until 12:25AM Thu then Siddha Yoga			<b>Devaloka Day</b>

<b>○</b>	<b>Thursday, November 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Durban, South Africa
			<b>Sutra 212</b> Khara 5113
<b>Copper Retreat Star</b>		<b>Gulika 8:20AM – 10:01AM</b>	<b>Bharani Until 3:20AM Fri</b>
Mesha Rasi: 16	Tithi 15	<b>Yama 4:58AM – 6:39AM</b>	<b>Ganesha: Blue</b> <i>Sunrise: 4:58AM</i>
	724386154	<b>Rahu 1:23PM – 3:04PM</b>	<b>Muruqa: White</b> <i>Sunset: 6:26PM</i>
Creative Work Siddha Yoga			<b>Nataraja: Yellow</b> Moon – White
			<b>Devaloka Day</b>

<b>○</b>	<b>Friday, November 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau	Durban, South Africa
			<b>Sutra 213</b> Khara 5113
<b>Silver Retreat Star</b>		<b>Gulika 6:38AM – 8:19AM</b>	<b>Krittika Until 6:11AM Sat</b>
Mesha Rasi: 27.55	Tithi 16	<b>Yama 3:04PM – 4:46PM</b>	<b>Ganesha: Blue</b> <i>Sunrise: 4:57AM</i>
	724386154	<b>Rahu 10:01AM – 11:42AM</b>	<b>Muruqa: White</b> <i>Sunset: 6:27PM</i>
Creative Work Siddha Yoga			<b>Nataraja: Yellow</b> Moon – White
Until 8.46PM then Amrita Yoga			<b>Devaloka Day</b>



**Saturday, November 12, 2011**  
**Gold Retreat Star**

Wrishabha Rasi: 9.55    Tithi 17  
724386154  
Creative Work    Amrita Yoga  
Until 8.47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Tailila/Gara Karana Dvitiya Yam Titau  
**Gulika**    4:56AM – 6:38AM    **Krittika Until 6:11AM**  
**Yama**       1:23PM – 3:05PM    Parigha\* Until 8:50PM  
**Rahu**       8:19AM – 10:01AM    Tailila Until 1:36PM  
**Dvitiya Until 2:42AM Sun**

**Ganesha:** Blue    *Sunrise:* 4:56AM  
**Muruqa:** White    *Sunset:* 6:28PM  
**Nataraja:** Yellow  
Moon – White  
**Karttika•Aipasi**

Durban, South Africa  
**Sutra 214**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**1**

**Sunday, November 13, 2011**

Wrishabha Rasi: 22.01    Tithi 18  
735486154  
Creative Work    Siddha Yoga  
Until 8.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visiti\* Karana Tritiya Yam Titau  
**Gulika**       3:05PM – 4:47PM    **Rohini Until 8:39AM**  
**Yama**       11:42AM – 1:24PM    Shiva Until 9:14PM  
**Rahu**       4:47PM – 6:29PM    Vanija Until 3:34PM  
**Tritiya Until 4:40AM Mon**

**Ganesha:** Yellow    *Sunrise:* 4:56AM  
**Muruqa:** White    *Sunset:* 6:29PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika•Aipasi**

Durban, South Africa  
**Sun 1 Sutra 215**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**2**

**Monday, November 14, 2011**

Mithuna Rasi: 4.16    Tithi 19  
735486154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 10:48AM then Siddha Yoga  
Until 8.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**       1:24PM – 3:06PM    **Mrigasira Until 10:48AM**  
**Yama**       10:01AM – 11:42AM    Siddha Until 9:23PM  
**Rahu**       6:37AM – 8:19AM    Bava Until 5:13PM  
**Chaturthi\* Until 6:19AM Tue**

**Ganesha:** Yellow    *Sunrise:* 4:55AM  
**Muruqa:** White    *Sunset:* 6:29PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika•Aipasi**

Durban, South Africa  
**Sun 2 Sutra 216**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**3**

**Tuesday, November 15, 2011**

Mithuna Rasi: 16.42    Tithi 20  
735486154  
Routine Work    Marana Yoga  
Until 12:06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Tailila Karana Panchami Yam Titau  
**Gulika**       11:42AM – 1:24PM    **Ardra Until 12:06PM**  
**Yama**       8:19AM – 10:01AM    Sadhya Until 8:05PM  
**Rahu**       3:06PM – 4:48PM    Kaulava Until 5:26PM  
**Panchami Until 6:06AM Wed**

**Ganesha:** Yellow    *Sunrise:* 4:55AM  
**Muruqa:** White    *Sunset:* 6:30PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika•Aipasi**

Durban, South Africa  
**Sun 3 Sutra 217**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**4**

**Wednesday, November 16, 2011**

Mithuna Rasi: 29.22    Tithi 20 – 21  
745486154  
Creative Work    Siddha Yoga  
Until 8.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**       10:01AM – 11:43AM    **Punarvasu Until 1:19PM**  
**Yama**       6:36AM – 8:18AM    Subha Until 7:30PM  
**Rahu**       11:43AM – 1:25PM    Gara Until 6:06PM  
**Panchami Until 6:06AM**

**Ganesha:** White    *Sunrise:* 4:54AM  
**Muruqa:** White    *Sunset:* 6:31PM  
**Nataraja:** Yellow  
Moon – Blue  
**Karttika•Karttikai**

Durban, South Africa  
**Sun 4 Sutra 218**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**5**

**Thursday, November 17, 2011**

Kataka Rasi: 12.19    Tithi 21 – 22  
745486155  
Creative Work    Amrita Yoga  
Until 2:02PM then Siddha Yoga  
Until 8.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sukla Yoga Vanija/Visiti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**       8:18AM – 10:01AM    **Pushya Until 2:02PM**  
**Yama**       4:54AM – 6:36AM    Sukla Until 6:26PM  
**Rahu**       1:25PM – 3:07PM    Visiti Until 6:13PM  
**Shasthi\* Until 6:13AM**

**Ganesha:** White    *Sunrise:* 4:54AM  
**Muruqa:** White    *Sunset:* 6:32PM  
**Nataraja:** Red  
Moon – Blue  
**Karttika•Karttikai**

Durban, South Africa  
**Sun 5 Sutra 219**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**



**Friday, November 18, 2011**  
**Retreat Star**

Kataka Rasi: 25.35    Tithi 23  
745486155  
Routine Work    Marana Yoga  
Until 8.48PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**       6:36AM – 8:18AM    **Aslesha\* Until 1:34PM**  
**Yama**       3:08PM – 4:50PM    Brahma Until 4:05PM  
**Rahu**       10:01AM – 11:43AM    Balava Until 4:48PM  
**Ashtami\* Until 3:52AM Sat**

**Ganesha:** White    *Sunrise:* 4:53AM  
**Muruqa:** White    *Sunset:* 6:33PM  
**Nataraja:** Red  
Moon – Blue  
**Karttika•Karttikai**

Durban, South Africa  
**Sun 6 Sutra 220**  
Khara 5113  
Moon 11 - Phase 29  
Ashtami

**Devaloka Day**

**Saturday, November 19, 2011**  
**Retreat Star**

Simha Rasi: 9.13    Tithi 24  
755486155  
Creative Work    Amrita Yoga  
Until 1:03PM then Marana Yoga  
Until 8.48PM then Siddha Yoga


Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra/Vaidhriti\* Yoga Tailila/Gara Karana Navami\* Yam Titau  
**Gulika**       4:53AM – 6:35AM    **Magha\* Until 1:03PM**  
**Yama**       1:26PM – 3:08PM    Indra Until 2:00PM  
**Rahu**       8:18AM – 10:01AM    Tailila Until 3:38PM  
**Navami\* Until 2:43AM Sun**

**Ganesha:** Clear    *Sunrise:* 4:53AM  
**Muruqa:** White    *Sunset:* 6:34PM  
**Nataraja:** Red  
Moon – Red  
**Karttika•Karttikai**

Durban, South Africa  
**Sun 7 Sutra 221**  
Khara 5113  
Moon 11 - Phase 29  
Navami

**Sivaloka Day**

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

<b>1</b>	<b>Sunday, November 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau	Durban, South Africa
	<b>Sun 8 Sutra 222</b> Khara 5113		
Simha Rasi: 23.14	Tithi 25	<b>Gulika</b> 3:09PM – 4:52PM <b>Yama</b> 11:43AM – 1:26PM <b>Rahu</b> 4:52PM – 6:34PM	<b>Purvaphalguni* Until 11:53AM</b> <b>Vaidhriti* Until 11:18AM</b> <b>Vanija Until 1:47PM</b> <b>Dasami Until 12:52AM Mon</b>
	755486155	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Red	<b>Sunrise:</b> 4:53AM <b>Sunset:</b> 6:34PM
Creative Work Siddha Yoga Until 11:53AM then Amrita Yoga Until 8.48PM then Marana Yoga			<b>Karttika•Karttikai</b> <b>Sivaloka Day</b>
<b>2</b>	<b>Monday, November 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau	Durban, South Africa
	<b>Sun 9 Sutra 223</b> Khara 5113		
Kanya Rasi: 7.37	Tithi 26	<b>Gulika</b> 1:27PM – 3:09PM <b>Yama</b> 10:01AM – 11:44AM <b>Rahu</b> 6:35AM – 8:18AM	<b>Uttaraphalguni Until 9:50AM</b> <b>Vishkambha* Until 7:54AM</b> <b>Bava Until 10:54AM</b> <b>Ekadasi* Until 9:11PM</b>
	755486155	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Red	<b>Sunrise:</b> 4:52AM <b>Sunset:</b> 6:35PM
Family Home Evening Routine Work Marana Yoga Until 9:50AM then Siddha Yoga			<b>Karttika•Karttikai</b> <b>Sivaloka Day</b>
<b>3</b>	<b>Tuesday, November 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Durban, South Africa
	<b>Sun 10 Sutra 224</b> Khara 5113		
Kanya Rasi: 22.18	Tithi 27	<b>Gulika</b> 11:44AM – 1:27PM <b>Yama</b> 8:18AM – 10:01AM <b>Rahu</b> 3:10PM – 4:53PM	<b>Hasta Until 7:40AM</b> <b>Ayushman Until 12:21AM Wed</b> <b>Kaulava Until 8:01AM</b> <b>Dvadasi* Until 6:18PM</b>
	766486155	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Green	<b>Sunrise:</b> 4:52AM <b>Sunset:</b> 6:36PM
Creative Work Siddha Yoga			<b>Karttika•Karttikai</b> <b>Devaloka Day</b>
<b>4</b>	<b>Wednesday, November 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Durban, South Africa
	<b>Sun 11 Sutra 225</b> Khara 5113		
Tula Rasi: 7.13	Tithi 28 – 29	<b>Gulika</b> 10:01AM – 11:44AM <b>Yama</b> 6:35AM – 8:18AM <b>Rahu</b> 11:44AM – 1:27PM	<b>Svati Until 2:28AM Thu</b> <b>Saubhagya Until 8:28PM</b> <b>Visti Until 1:20AM Thu</b> <b>Trayodasi* Until 3:02PM</b> <i>Pradosha Vrata (Fasting)</i>
	766486155	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Green	<b>Sunrise:</b> 4:52AM <b>Sunset:</b> 6:37PM
Creative Work Siddha Yoga Until 8.49PM then Amrita Yoga Until 2:28AM Thu then Siddha Yoga			<b>Karttika•Karttikai</b> <b>Sivaloka Day</b>
	<b>Thursday, November 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Durban, South Africa
	<b>Sun 12 Sutra 226</b> Khara 5113		
Tula Rasi: 22.14	Tithi 29 – 30	<b>Gulika</b> 8:18AM – 10:01AM <b>Yama</b> 4:51AM – 6:35AM <b>Rahu</b> 1:28PM – 3:11PM	<b>Visakha Until 11:46PM</b> <b>Sobhana Until 4:25PM</b> <b>Catuspada Until 9:53PM</b> <b>Chaturdasi* Until 11:36AM</b>
	776486155	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Orange	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 6:38PM
Creative Work Siddha Yoga Until 8.49PM then Marana Yoga Until 11:46PM then Siddha Yoga			<b>Karttika•Karttikai</b> <b>Sivaloka Day</b>
	<b>Friday, November 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Durban, South Africa
	<b>Sun 13 Sutra 227</b> Khara 5113		
Vrischika Rasi: 7.13	Tithi 30 – 1	<b>Gulika</b> 6:34AM – 8:18AM <b>Yama</b> 3:12PM – 4:55PM <b>Rahu</b> 10:01AM – 11:45AM	<b>Anuradha Until 9:08PM</b> <b>Athiganda* Until 12:26PM</b> <b>Kintughna Until 6:31PM</b> <b>Amavasya* Until 8:13AM</b>
	776486155	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Orange	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 6:39PM
Creative Work Siddha Yoga			<b>Margasira•Karttikai</b> <b>Sivaloka Day</b>

<b>1</b>	<b>Saturday, November 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Durban, South Africa
	Sun 14	<b>Sutra 228</b>	Khara 5113
Vrischika Rasi: 22.01	Tithi 2		Moon 11 - Phase 31
	776486155		3rd Phase
Creative Work	Siddha Yoga		
Until 8.50PM	then Amrita Yoga		
<b>Gulika</b>	<b>4:51AM – 6:34AM</b>	<b>Jyeshtha* Until 7:42PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 4:51AM</i>
<b>Yama</b>	<b>1:29PM – 3:12PM</b>	<b>Sukarma Until 8:43AM</b>	<b>Muruqa:</b> White <i>Sunset: 6:39PM</i>
<b>Rahu</b>	<b>8:18AM – 10:02AM</b>	<b>Balava Until 4:10PM</b>	<b>Nataraja:</b> Red
		<b>Dvitiya Until 3:15AM Sun</b>	<b>Moon – Orange</b>
			<b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>


<b>2</b>	<b>Sunday, November 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Tailila/Gara Karana Tritiya Yam Titau	Durban, South Africa
	Sun 15	<b>Sutra 229</b>	Khara 5113
Dhanus Rasi: 6.31	Tithi 3		Moon 11 - Phase 31
	786486155		3rd Phase
Creative Work	Amrita Yoga		
Until 5:42PM	then Siddha Yoga		
Until 8.50PM	then Marana Yoga		
<b>Gulika</b>	<b>3:13PM – 4:57PM</b>	<b>Mula* Until 5:42PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:51AM</i>
<b>Yama</b>	<b>11:45AM – 1:29PM</b>	<b>Shula* Until 2:44AM Mon</b>	<b>Muruqa:</b> White <i>Sunset: 6:40PM</i>
<b>Rahu</b>	<b>4:57PM – 6:40PM</b>	<b>Tailila Until 1:25PM</b>	<b>Nataraja:</b> Red
		<b>Tritiya Until 12:30AM Mon</b>	<b>Moon – Light Blue</b>
			<b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>

<b>3</b>	<b>Monday, November 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chalurthi* Yam Titau	Durban, South Africa
	Sun 16	<b>Sutra 230</b>	Khara 5113
Dhanus Rasi: 20.37	Tithi 4		Moon 11 - Phase 31
<b>Family Home Evening</b>	786486155		3rd Phase
Routine Work	Marana Yoga		
Until 8.50PM	then Prabalarishta Yoga		
<b>Gulika</b>	<b>1:30PM – 3:13PM</b>	<b>Purvashadha* Until 4:22PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:50AM</i>
<b>Yama</b>	<b>10:02AM – 11:46AM</b>	<b>Ganda* Until 11:53PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:41PM</i>
<b>Rahu</b>	<b>6:34AM – 8:18AM</b>	<b>Vanija Until 11:24AM</b>	<b>Nataraja:</b> Red
		<b>Chaturthi* Until 10:29PM</b>	<b>Moon – Light Blue</b>
			<b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, November 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau	Durban, South Africa
	Sun 17	<b>Sutra 231</b>	Khara 5113
Makara Rasi: 4.17	Tithi 5		Moon 11 - Phase 31
	786486155		3rd Phase
Routine Work	Prabalarishta Yoga		
Until 4:33PM	then Siddha Yoga		
<b>Gulika</b>	<b>11:46AM – 1:30PM</b>	<b>Uttarashadha Until 4:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:50AM</i>
<b>Yama</b>	<b>8:18AM – 10:02AM</b>	<b>Vriddhi Until 10:51PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:42PM</i>
<b>Rahu</b>	<b>3:14PM – 4:58PM</b>	<b>Bava Until 10:32AM</b>	<b>Nataraja:</b> Red
		<b>Panchami Until 10:32PM</b>	<b>Moon – Light Blue</b>
			<b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>

<b>5</b>	<b>Wednesday, November 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Durban, South Africa
	Sun 18	<b>Sutra 232</b>	Khara 5113
Makara Rasi: 17.31	Tithi 6		Moon 11 - Phase 31
	797486155		3rd Phase
Creative Work	Siddha Yoga		
Until 4:45PM	then Prabalarishta Yoga		
Until 8.51PM	then Siddha Yoga		
<b>Gulika</b>	<b>10:02AM – 11:46AM</b>	<b>Sravana Until 4:45PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:50AM</i>
<b>Yama</b>	<b>6:34AM – 8:18AM</b>	<b>Dhruva Until 9:18PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:43PM</i>
<b>Rahu</b>	<b>11:46AM – 1:31PM</b>	<b>Kaulava Until 10:07AM</b>	<b>Nataraja:</b> Red
		<b>Shasthi* Until 10:07PM</b>	<b>Moon – Purple</b>
			<b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>

<b>6</b>	<b>Thursday, December 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau	Durban, South Africa
	Sun 19	<b>Sutra 233</b>	Khara 5113
Kumbha Rasi: 0.2	Tithi 7		Moon 11 - Phase 31
	797486155		3rd Phase
Creative Work	Siddha Yoga		
Until 6:41PM	then Marana Yoga		
Until 8.51PM	then Siddha Yoga		
<b>Gulika</b>	<b>8:18AM – 10:03AM</b>	<b>Dhanishtha Until 6:41PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:50AM</i>
<b>Yama</b>	<b>4:50AM – 6:34AM</b>	<b>Vyaghata* Until 9:33PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:44PM</i>
<b>Rahu</b>	<b>1:31PM – 3:15PM</b>	<b>Gara Until 10:55AM</b>	<b>Nataraja:</b> Red
		<b>Saptami Until 12:00AM Fri</b>	<b>Moon – Purple</b>
			<b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>

	<b>Friday, December 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau	Durban, South Africa
	Sun 20	<b>Sutra 234</b>	Khara 5113
Kumbha Rasi: 12.48	Tithi 8		Moon 11 - Phase 31
	797486155		Ashtami
Creative Work	Siddha Yoga		
<b>Gulika</b>	<b>6:34AM – 8:19AM</b>	<b>Satabhisha Until 8:24PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:50AM</i>
<b>Yama</b>	<b>3:16PM – 5:00PM</b>	<b>Harshana Until 9:16PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:44PM</i>
<b>Rahu</b>	<b>10:03AM – 11:47AM</b>	<b>Visti Until 12:05PM</b>	<b>Nataraja:</b> Red
		<b>Ashtami* Until 1:11AM Sat</b>	<b>Moon – Purple</b>
			<b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>

<b>Saturday, December 3, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau	Durban, South Africa
	Sun 21	<b>Sutra 235</b>	Khara 5113
Kumbha Rasi: 25.01	Tithi 9		Moon 11 - Phase 31
	717486155		Navami
Creative Work	Siddha Yoga		
Until 10:39PM	then Amrita Yoga		
<b>Gulika</b>	<b>4:50AM – 6:34AM</b>	<b>Purvaprostapada* Until 10:39PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 4:50AM</i>
<b>Yama</b>	<b>1:32PM – 3:16PM</b>	<b>Vajra* Until 9:29PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:45PM</i>
<b>Rahu</b>	<b>8:19AM – 10:03AM</b>	<b>Balava Until 1:51PM</b>	<b>Nataraja:</b> Red
		<b>Navami* Until 2:56AM Sun</b>	<b>Moon – Clear</b>
			<b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

<b>1</b>	<b>Sunday, December 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Tailila/Gara Karana Dasami Yam Titau	Durban, South Africa
	Meena Rasi: 7.01      Tithi 10 717486155	<b>Gulika</b> 3:17PM – 5:01PM <b>Yama</b> 11:48AM – 1:32PM <b>Rahu</b> 5:01PM – 6:46PM	<b>Sun 22 Sutra 236</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work    Amrita Yoga Until 8.52PM then Siddha Yoga	<b>Uttaraprostapada Until 1:17AM Mon</b> <b>Siddhi Until 10:03PM</b> <b>Taitila Until 4:02PM</b> <b>Dasami Until 5:07AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:50AM <b>Muruqa:</b> White <i>Sunset:</i> 6:46PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>
<b>2</b>	<b>Monday, December 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija Karana Ekadasi Yam Titau	Durban, South Africa
	Meena Rasi: 18.55      Tithi 11 <b>Family Home Evening</b> 717496155	<b>Gulika</b> 1:33PM – 3:17PM <b>Yama</b> 10:04AM – 11:48AM <b>Rahu</b> 6:35AM – 8:19AM	<b>Sun 23 Sutra 237</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work    Siddha Yoga	<b>Revati Until 4:10AM Tue</b> <b>Vyatipata* Until 10:50PM</b> <b>Vanija Until 6:29PM</b> <b>Ekadasi Until 7:57AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>
			<b>Devaloka Day</b>
<b>3</b>	<b>Tuesday, December 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Durban, South Africa
	Mesha Rasi: 0.46      Tithi 11 – 12 727496155	<b>Gulika</b> 11:49AM – 1:33PM <b>Yama</b> 8:19AM – 10:04AM <b>Rahu</b> 3:18PM – 5:03PM	<b>Sun 24 Sutra 238</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work    Siddha Yoga Until 8.53PM then Marana Yoga	<b>Asvini Until 7:27AM Wed</b> <b>Variyan Until 11:42PM</b> <b>Bava Until 9:02PM</b> <b>Ekadasi Until 7:57AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>4</b>	<b>Wednesday, December 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Durban, South Africa
	Mesha Rasi: 12.37      Tithi 12 – 13 728496155	<b>Gulika</b> 10:04AM – 11:49AM <b>Yama</b> 6:35AM – 8:20AM <b>Rahu</b> 11:49AM – 1:34PM	<b>Sun 25 Sutra 239</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Routine Work    Marana Yoga Until 8.54PM then Siddha Yoga	<b>Asvini Until 7:27AM</b> <b>Parigha* Until 12:34AM Thu</b> <b>Kaulava Until 11:34PM</b> <b>Dvadasi Until 10:29AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:48PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
			<b>Devaloka Day</b>
<b>5</b>	<b>Thursday, December 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Durban, South Africa
	Mesha Rasi: 24.31      Tithi 13 – 14 728596155	<b>Gulika</b> 8:20AM – 10:05AM <b>Yama</b> 4:50AM – 6:35AM <b>Rahu</b> 1:34PM – 3:19PM	<b>Sun 26 Sutra 240</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work    Siddha Yoga Until 10:17AM then Marana Yoga Until 8.54PM then Siddha Yoga	<b>Bharani Until 10:17AM</b> <b>Shiva Until 1:19AM Fri</b> <b>Gara Until 1:59AM Fri</b> <b>Trayodasi Until 12:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:49PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
		<b>Krittika Deepam</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>6</b>	<b>Friday, December 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Durban, South Africa
	Vrishabha Rasi: 6.32      Tithi 14 – 15 728596155	<b>Gulika</b> 6:35AM – 8:20AM <b>Yama</b> 3:20PM – 5:05PM <b>Rahu</b> 10:05AM – 11:50AM	<b>Sun 27 Sutra 241</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work    Siddha Yoga Until 12:55PM then Marana Yoga Until 8.55PM then Amrita Yoga	<b>Krittika Until 12:55PM</b> <b>Siddha Until 1:52AM Sat</b> <b>Visti Until 4:09AM Sat</b> <b>Chaturdasi* Until 3:04PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:50PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
		<b>Sivalaya Deepam</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	<b>Saturday, December 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Durban, South Africa
	<b>Copper Retreat Star</b> Vrishabha Rasi: 18.43      Tithi 15 – 16 738596155	<b>Gulika</b> 4:51AM – 6:36AM <b>Yama</b> 1:35PM – 3:20PM <b>Rahu</b> 8:21AM – 10:06AM	<b>Sun 28 Sutra 242</b> Khara 5113 Moon 11 - Phase 32 Purnima
	Creative Work    Amrita Yoga Until 3:15PM then Siddha Yoga	<b>Rohini Until 3:15PM</b> <b>Sadhya Until 2:09AM Sun</b> <b>Balava Until 6:00AM Sun</b> <b>Purnima* Until 4:55PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:51AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:50PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>
			<b>Devaloka Day</b>
<b>Sunday, December 11, 2011</b>	<b>Silver Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau	Durban, South Africa
	Mithuna Rasi: 1.04      Tithi 16 – 17 738596155	<b>Gulika</b> 3:21PM – 5:06PM <b>Yama</b> 11:51AM – 1:36PM <b>Rahu</b> 5:06PM – 6:51PM	<b>Sun 29 Sutra 243</b> Khara 5113 Moon 11 - Phase 32 Prathama
	Creative Work    Siddha Yoga	<b>Mrigasira Until 4:21PM</b> <b>Subha Until 12:39AM Mon</b> <b>Taitila Until 5:20AM Mon</b> <b>Prathama* Until 5:20PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:51AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>
		<b>Vinayaga Viratam Begins</b>	<b>Devaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640





**Monday, December 12, 2011**  
**Gold Retreat Star**

Mithuna Rasi: 13.37      Tithi 17  
**Family Home Evening**      738596155  
Creative Work      Siddha Yoga  
Until 5:48PM then Amrita Yoga  
Until 8:56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**      1:36PM – 3:22PM      **Ardra Until 5:48PM**  
**Yama**      10:06AM – 11:51AM      Sukla Until 12:15AM Tue  
**Rahu**      6:36AM – 8:21AM      Taitila Until 6:16AM  
**Dvitiya Until 6:16PM**

Durban, South Africa  
**Sun 1      Sutra 244**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 4:51AM  
**Muruqa:** Clear      *Sunset:* 6:52PM  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

**Devaloka Day**

**1**

**Tuesday, December 13, 2011**

Mithuna Rasi: 26.22      Tithi 18  
749596155  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**      11:52AM – 1:37PM      **Punarvasu Until 6:51PM**  
**Yama**      8:22AM – 10:07AM      Brahma Until 11:29PM  
**Rahu**      3:22PM – 5:07PM      Vanija Until 6:46AM  
**Tritiya Until 6:46PM**

Durban, South Africa  
**Sun 2      Sutra 245**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 4:51AM  
**Muruqa:** Clear      *Sunset:* 6:52PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**2**

**Wednesday, December 14, 2011**

Kataka Rasi: 9.22      Tithi 19  
749596155  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**      10:07AM – 11:52AM      **Pushya Until 7:30PM**  
**Yama**      6:37AM – 8:22AM      Indra Until 10:21PM  
**Rahu**      11:52AM – 1:37PM      Bava Until 6:50AM  
**Chaturthi\* Until 6:50PM**

Durban, South Africa  
**Sun 3      Sutra 246**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 4:52AM  
**Muruqa:** Clear      *Sunset:* 6:53PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**3**

**Thursday, December 15, 2011**

Kataka Rasi: 22.34      Tithi 20  
749596155  
Creative Work      Siddha Yoga  
Until 7:44PM then Amrita Yoga  
Until 8:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**      8:22AM – 10:08AM      **Aslesha\* Until 7:44PM**  
**Yama**      4:52AM – 6:37AM      Vaidhriti\* Until 8:49PM  
**Rahu**      1:38PM – 3:23PM      Kaulava Until 6:28AM  
**Panchami Until 6:28PM**

Durban, South Africa  
**Sun 4      Sutra 247**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 4:52AM  
**Muruqa:** Clear      *Sunset:* 6:54PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**4**

**Friday, December 16, 2011**

Simha Rasi: 5.59      Tithi 21 – 22  
759596155  
Routine Work      Marana Yoga  
Until 6:35PM then Siddha Yoga  
Until 8:58PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**      6:38AM – 8:23AM      **Magha\* Until 6:35PM**  
**Yama**      3:24PM – 5:09PM      Vishkambha\* Until 6:03PM  
**Rahu**      10:08AM – 11:53AM      Visti Until 3:49AM Sat  
**Shasthi\* Until 4:44PM**

Durban, South Africa  
**Sun 5      Sutra 248**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** White      *Sunrise:* 4:52AM  
**Muruqa:** Clear      *Sunset:* 6:54PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Sivaloka Day**

**5**

**Saturday, December 17, 2011**

Simha Rasi: 19.39      Tithi 22 – 23  
859596155  
Routine Work      Marana Yoga  
Until 8:58PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni\* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**      4:53AM – 6:38AM      **Purvaphalguni\* Until 6:01PM**  
**Yama**      1:39PM – 3:24PM      Priti Until 3:54PM  
**Rahu**      8:23AM – 10:08AM      Balava Until 2:38AM Sun  
**Saptami Until 3:33PM**

Durban, South Africa  
**Sun 6      Sutra 249**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 4:53AM  
**Muruqa:** Clear      *Sunset:* 6:55PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Devaloka Day**



**Sunday, December 18, 2011**  
**Retreat Star**

Kanya Rasi: 3.33      Tithi 23 – 24  
859596155  
Creative Work      Amrita Yoga  
Until 8:59PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**      3:25PM – 5:10PM      **Uttaraphalguni Until 5:04PM**  
**Yama**      11:54AM – 1:40PM      Ayushman Until 1:22PM  
**Rahu**      5:10PM – 6:55PM      Taitila Until 1:01AM Mon  
**Ashtami\* Until 1:56PM**

Durban, South Africa  
**Sun 7      Sutra 250**  
Khara 5113  
Moon 12 - Phase 33  
Ashtami

**Ganesha:** Clear      *Sunrise:* 4:53AM  
**Muruqa:** Clear      *Sunset:* 6:55PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Devaloka Day**

**Monday, December 19, 2011**  
**Retreat Star**

Kanya Rasi: 17.4      Tithi 24 – 25  
**Family Home Evening**      869596155  
Creative Work      Siddha Yoga  
Until 3:43PM then Prabalarishta Yoga  
Until 8:59PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau


**Gulika**      1:40PM – 3:25PM      **Hasta Until 3:43PM**  
**Yama**      10:09AM – 11:55AM      Saubhagya Until 10:29AM  
**Rahu**      6:39AM – 8:24AM      Vanija Until 10:59PM  
**Navami\* Until 11:55AM**

Durban, South Africa  
**Sun 8      Sutra 251**  
Khara 5113  
Moon 12 - Phase 33  
Navami

**Ganesha:** White      *Sunrise:* 4:53AM  
**Muruqa:** Clear      *Sunset:* 6:56PM  
**Nataraja:** Red  
Moon – Green  
**Margasira-Markali**

**Sivaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

<b>1</b>	<b>Tuesday, December 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Durban, South Africa
			<b>Sun 9 Sutra 252</b> Khara 5113
Tula Rasi: 1.59	Tithi 25 – 26	<b>Gulika</b> 11:55AM – 1:41PM <b>Yama</b> 8:25AM – 10:10AM <b>Rahu</b> 3:26PM – 5:11PM	<b>Chitra Until 2:02PM</b> Sobhana Until 7:12AM Bava Until 8:35PM <b>Dasami Until 9:30AM</b>
869596155		<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Green	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:57PM
Creative Work	Siddha Yoga		<b>Sivaloka Day</b>
<hr/>			
<b>2</b>	<b>Wednesday, December 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Balava/Taitila Karana Ekadasi*/Dvadasi* Yam Titau	Durban, South Africa
			<b>Sun 10 Sutra 253</b> Khara 5113
Tula Rasi: 16.28	Tithi 26 – 27	<b>Gulika</b> 10:10AM – 11:56AM <b>Yama</b> 6:40AM – 8:25AM <b>Rahu</b> 11:56AM – 1:41PM	<b>Svati Until 11:39AM</b> Sukarma Until 11:57PM Taitila Until 3:19AM Thu
861596155		<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Green	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:57PM
Creative Work	Siddha Yoga	<b>Day 1 of Pancha Ganapati</b>	<b>Ekadasi* Until 6:45AM</b> <b>Margasira*Markali</b>
<hr/>			
<b>3</b>	<b>Thursday, December 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Durban, South Africa
			<b>Sun 11 Sutra 254</b> Khara 5113
Vrischika Rasi: 1.02	Tithi 28	<b>Gulika</b> 8:26AM – 10:11AM <b>Yama</b> 4:55AM – 6:40AM <b>Rahu</b> 1:42PM – 3:27PM	<b>Visakha Until 9:40AM</b> Dhriti Until 8:33PM Gara Until 2:21PM
871596155		<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Orange	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 6:58PM
Creative Work	Siddha Yoga	<b>Day 2 of Pancha Ganapati</b>	<b>Trayodasi* Until 12:39AM Fri</b> <i>Pradosha Vrata (Fasting)</i> <b>Margasira*Markali</b>
<hr/>			
<b>4</b>	<b>Friday, December 23, 2011</b>	Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Durban, South Africa
			<b>Sun 12 Sutra 255</b> Khara 5113
Vrischika Rasi: 15.38	Tithi 29	<b>Gulika</b> 6:41AM – 8:26AM <b>Yama</b> 3:27PM – 5:13PM <b>Rahu</b> 10:11AM – 11:57AM	<b>Anuradha Until 7:47AM</b> Shula* Until 5:09PM Visti Until 12:07PM
871596155		<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Orange	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 6:58PM
Creative Work	Siddha Yoga	<b>Day 3 of Pancha Ganapati</b>	<b>Chaturdasi* Until 11:11PM</b> <b>Margasira*Markali</b>
Until 7:47AM then Prabalarishta Yoga			
Until 9:01PM then Siddha Yoga			
<hr/>			
	<b>Saturday, December 24, 2011</b>	Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Durban, South Africa
	<b>Retreat Star</b>		<b>Sun 13 Sutra 256</b> Khara 5113
Dhanus Rasi: 0.07	Tithi 30	<b>Gulika</b> 4:56AM – 6:41AM <b>Yama</b> 1:43PM – 3:28PM <b>Rahu</b> 8:27AM – 10:12AM	<b>Mula* Until 4:40AM Sun</b> Ganda* Until 2:25PM Catuspada Until 9:24AM
881596155		<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Light Blue	<b>Sunrise:</b> 4:56AM <b>Sunset:</b> 6:58PM
Creative Work	Siddha Yoga	<b>Day 4 of Pancha Ganapati</b>	<b>Amavasya* Until 8:29PM</b> <b>Margasira*Markali</b>
Until 9:02PM then Amrita Yoga			
Until 4:40AM Sun then Siddha Yoga			
<hr/>			
	<b>Sunday, December 25, 2011</b>	Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Durban, South Africa
	<b>Retreat Star</b>		<b>Sun 14 Sutra 257</b> Khara 5113
Dhanus Rasi: 14.24	Tithi 1	<b>Gulika</b> 3:28PM – 5:14PM <b>Yama</b> 11:58AM – 1:43PM <b>Rahu</b> 5:14PM – 6:59PM	<b>Purvashadha* Until 3:02AM Mon</b> Vriddhi Until 11:16AM Kintughna Until 7:03AM
881596155		<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Light Blue	<b>Sunrise:</b> 4:56AM <b>Sunset:</b> 6:59PM
Creative Work	Siddha Yoga	<b>Day 5 of Pancha Ganapati</b>	<b>Prathama* Until 6:08PM</b> <b>Pausha*Markali</b>
Until 9:02PM then Marana Yoga			
<hr/>			

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

<b>1</b>	<b>Monday, December 26, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Durban, South Africa
	Sun 15	<b>Sutra 258</b> Khara 5113	
Dhanu Rasi: 28.24	Tithi 2 – 3	<b>Gulika</b> 1:43PM – 3:29PM <b>Yama</b> 10:13AM – 11:58AM <b>Rahu</b> 6:42AM – 8:28AM	<b>Uttarashadha</b> Until 1:53AM Tue <b>Dhruva</b> Until 8:34AM <b>Taitila</b> Until 3:24AM Tue <b>Dvitiya</b> Until 4:19PM
<b>Family Home Evening</b>	891596155	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Light Blue <b>Pausha-Markali</b>	<b>Devaloka Day</b>
Routine Work	Marana Yoga		
Until 9.03PM	then Prabalarishta Yoga		
Until 1:53AM	Tue then Siddha Yoga		
<b>2</b>	<b>Tuesday, December 27, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Durban, South Africa
	Sun 16	<b>Sutra 259</b> Khara 5113	
Makara Rasi: 12.03	Tithi 3 – 4	<b>Gulika</b> 11:59AM – 1:44PM <b>Yama</b> 8:28AM – 10:13AM <b>Rahu</b> 3:29PM – 5:14PM	<b>Sravana</b> Until 2:50AM Wed <b>Vyaghata*</b> Until 6:28AM <b>Vanija</b> Until 3:56AM Wed <b>Tritiya</b> Until 3:56PM
<b>Creative Work</b>	Siddha Yoga	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>	<b>Devaloka Day</b>
Until 2:50AM	Wed then Prabalarishta Yoga		
<b>3</b>	<b>Wednesday, December 28, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Durban, South Africa
	Sun 17	<b>Sutra 260</b> Khara 5113	
Makara Rasi: 25.19	Tithi 4 – 5	<b>Gulika</b> 10:14AM – 11:59AM <b>Yama</b> 6:43AM – 8:29AM <b>Rahu</b> 11:59AM – 1:44PM	<b>Dhanishtha</b> Until 2:57AM Thu <b>Vajra*</b> Until 3:41AM Thu <b>Bava</b> Until 3:26AM Thu <b>Chaturthi*</b> Until 3:26PM
<b>Routine Work</b>	Prabalarishta Yoga	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>	<b>Devaloka Day</b>
Until 9.04PM	then Siddha Yoga		
Until 2:57AM	Thu then Marana Yoga		
<b>4</b>	<b>Thursday, December 29, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Durban, South Africa
	Sun 18	<b>Sutra 261</b> Khara 5113	
Kumbha Rasi: 8.13	Tithi 5 – 6	<b>Gulika</b> 8:29AM – 10:14AM <b>Yama</b> 4:59AM – 6:44AM <b>Rahu</b> 1:45PM – 3:30PM	<b>Satabhisha</b> Until 3:46AM Fri <b>Siddhi</b> Until 2:42AM Fri <b>Kaulava</b> Until 3:41AM Fri <b>Panchami</b> Until 3:41PM
<b>Routine Work</b>	Marana Yoga	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>	<b>Devaloka Day</b>
Until 9.04PM	then Siddha Yoga		
<b>5</b>	<b>Friday, December 30, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Durban, South Africa
	Sun 19	<b>Sutra 262</b> Khara 5113	
Kumbha Rasi: 20.46	Tithi 6 – 7	<b>Gulika</b> 6:45AM – 8:30AM <b>Yama</b> 3:30PM – 5:16PM <b>Rahu</b> 10:15AM – 12:00PM	<b>Purvaprostapada*</b> Until 6:37AM Sat <b>Vyatipata*</b> Until 3:51AM Sat <b>Gara</b> Until 6:41AM Sat <b>Shasthi*</b> Until 5:35PM
<b>Creative Work</b>	Siddha Yoga	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>	<b>Devaloka Day</b>
Until 9.06PM	then Siddha Yoga		
<b>6</b>	<b>Saturday, December 31, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Variyan Yoga Gara/Vanija Karana Saptami Yam Titau	Durban, South Africa
	Sun 20	<b>Sutra 263</b> Khara 5113	
Meena Rasi: 3.01	Tithi 7	<b>Gulika</b> 5:00AM – 6:45AM <b>Yama</b> 1:46PM – 3:31PM <b>Rahu</b> 8:30AM – 10:15AM	<b>Purvaprostapada*</b> Until 6:37AM <b>Variyan</b> Until 3:57AM Sun <b>Gara</b> Until 6:09AM <b>Saptami</b> Until 7:14PM
<b>Creative Work</b>	Siddha Yoga	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 9.06PM	then Amrita Yoga		
<b>Vinayaga Viratam Ends</b>			
	<b>Sunday, January 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Durban, South Africa
	Sun 21	<b>Sutra 264</b> Khara 5113	
Meena Rasi: 15.04	Tithi 8	<b>Gulika</b> 3:32PM – 5:16PM <b>Yama</b> 12:02PM – 1:47PM <b>Rahu</b> 5:16PM – 7:01PM	<b>Uttaraprostapada</b> Until 9:12AM <b>Parigha*</b> Until 4:27AM Mon <b>Visti</b> Until 8:16AM <b>Ashtami*</b> Until 9:22PM
<b>Creative Work</b>	Amrita Yoga	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 9.06PM	then Siddha Yoga		
<b>Monday, January 2, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau	Durban, South Africa
	Sun 22	<b>Sutra 265</b> Khara 5113	
Meena Rasi: 26.58	Tithi 9	<b>Gulika</b> 1:47PM – 3:32PM <b>Yama</b> 10:17AM – 12:02PM <b>Rahu</b> 6:47AM – 8:32AM	<b>Revati</b> Until 12:04PM <b>Shiva</b> Until 5:13AM Tue <b>Balava</b> Until 10:43AM <b>Navami*</b> Until 11:48PM
<b>Family Home Evening</b>	812696155	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>	<b>Devaloka Day</b>
<b>Creative Work</b>	Siddha Yoga		

<b>1</b>	<b>Tuesday, January 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Tailila/Gara Karana Dasami Yam Titau	Durban, South Africa
	Mesha Rasi: 8.48      Tithi 10 822696156	<b>Gulika</b> 12:02PM – 1:47PM <b>Yama</b> 8:33AM – 10:18AM <b>Rahu</b> 3:32PM – 5:17PM	<b>Sun 23 Sutra 266</b> Khara 5113 Moon 12 - Phase 36 4th Phase
	Creative Work    Siddha Yoga Until 9.07PM then Marana Yoga	<b>Asvini Until 3:04PM</b> Siddha Until 6:20AM Wed Tailila Until 1:18PM <b>Dasami Until 2:23AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:03AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Yellow Moon – White <b>Pausha-Markali</b>
			<b>Sivaloka Day</b>

<b>2</b>	<b>Wednesday, January 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Durban, South Africa
	Mesha Rasi: 20.39      Tithi 11 822696156	<b>Gulika</b> 10:18AM – 12:03PM <b>Yama</b> 6:49AM – 8:33AM <b>Rahu</b> 12:03PM – 1:48PM	<b>Sun 24 Sutra 267</b> Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work    Marana Yoga Until 6:02PM then Amrita Yoga Until 9.08PM then Marana Yoga	<b>Bharani Until 6:02PM</b> Siddha Until 6:20AM Vanija Until 3:51PM <b>Ekadasi Until 4:56AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:04AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Yellow Moon – White <b>Pausha-Markali</b>
		<b>Vaikuntha Ekadasi</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, January 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Bava Karana Dvadasi Yam Titau	Durban, South Africa
	Mrishabha Rasi: 2.35      Tithi 12 822696156	<b>Gulika</b> 8:34AM – 10:19AM <b>Yama</b> 5:04AM – 6:49AM <b>Rahu</b> 1:48PM – 3:33PM	<b>Sun 25 Sutra 268</b> Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work    Marana Yoga	<b>Krittika Until 8:49PM</b> Sadhya Until 7:01AM Bava Until 6:12PM <b>Dvadasi Until 7:06AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:04AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Yellow Moon – White <b>Pausha-Markali</b>
		<b>Subramuniyaswami Jayanti</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, January 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Durban, South Africa
	Mrishabha Rasi: 14.42      Tithi 12 – 13 832696156	<b>Gulika</b> 6:50AM – 8:35AM <b>Yama</b> 3:33PM – 5:18PM <b>Rahu</b> 10:19AM – 12:04PM	<b>Sun 26 Sutra 269</b> Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work    Marana Yoga Until 9.08PM then Amrita Yoga Until 11:16PM then Siddha Yoga	<b>Rohini Until 11:16PM</b> Subha Until 7:25AM Kaulava Until 8:12PM <b>Dvadasi Until 7:06AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:05AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Pausha-Markali</b>
		<i>Pradosha Vrata</i>	<b>Devaloka Day</b>

<b>5</b>	<b>Saturday, January 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Durban, South Africa
	Mrishabha Rasi: 27.01      Tithi 13 – 14 832696156	<b>Gulika</b> 5:06AM – 6:51AM <b>Yama</b> 1:49PM – 3:33PM <b>Rahu</b> 8:35AM – 10:20AM	<b>Sun 27 Sutra 270</b> Khara 5113 Moon 12 - Phase 36 4th Phase
	Creative Work    Siddha Yoga	<b>Mrigasira Until 11:49PM</b> Sukla Until 7:18AM Gara Until 8:24PM <b>Trayodasi Until 8:24AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:06AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Pausha-Markali</b>
			<b>Devaloka Day</b>

<b>○</b>	<b>Sunday, January 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Durban, South Africa
	<b>Copper Retreat Star</b> Mithuna Rasi: 9.37      Tithi 14 – 15 832696156	<b>Gulika</b> 3:33PM – 5:18PM <b>Yama</b> 12:05PM – 1:49PM <b>Rahu</b> 5:18PM – 7:02PM	<b>Sun 28 Sutra 271</b> Khara 5113 Moon 12 - Phase 36 Purnima
	Creative Work    Siddha Yoga Until 1:11AM Mon then Amrita Yoga	<b>Ardra Until 1:11AM Mon</b> Brahma Until 6:50AM Visti Until 9:16PM <b>Chaturdasi* Until 9:16AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:07AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Pausha-Markali</b>
		<b>Tiruvembavai</b>	<b>Devaloka Day</b>

<b>○</b>	<b>Monday, January 9, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Durban, South Africa
	<b>Silver Retreat Star</b> Mithuna Rasi: 22.29      Tithi 15 – 16 <b>Family Home Evening</b> 842696156	<b>Gulika</b> 1:49PM – 3:34PM <b>Yama</b> 10:21AM – 12:05PM <b>Rahu</b> 6:52AM – 8:36AM	<b>Sun 29 Sutra 272</b> Khara 5113 Moon 12 - Phase 36 Prathama
	Creative Work    Amrita Yoga Until 9.10PM then Siddha Yoga	<b>Punarvasu Until 2:02AM Tue</b> Vaidhriti* Until 4:43AM Tue Balava Until 9:33PM <b>Purnima* Until 9:33AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:08AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Yellow Moon – Blue <b>Pausha-Markali</b>
			<b>Sivaloka Day</b>

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



**Tuesday, January 10, 2012**  
**Gold Retreat Star**

Kataka Rasi: 5.38    Tithi 16 – 17  
842696156  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika** 12:05PM – 1:50PM    **Pushya Until 2:21AM Wed**  
**Yama** 8:37AM – 10:21AM    **Vishkambha\* Until 3:16AM Wed**  
**Rahu** 3:34PM – 5:18PM    **Taitila Until 9:16PM**  
**Prathama\* Until 9:16AM**

**Ganesha:** Purple    *Sunrise:* 5:08AM  
**Muruqa:** Clear    *Sunset:* 7:02PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Durban, South Africa  
**Sutra 273**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**1**

**Wednesday, January 11, 2012**

Kataka Rasi: 19.04    Tithi 17 – 18  
842696156  
Creative Work    Siddha Yoga  
Until 12:45AM Thu then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 10:22AM – 12:06PM    **Aslesha\* Until 12:45AM Thu**  
**Yama** 6:53AM – 8:38AM    **Priti Until 12:05AM Thu**  
**Rahu** 12:06PM – 1:50PM    **Vanija Until 7:21PM**  
**Dvitiya Until 8:17AM**

**Ganesha:** Purple    *Sunrise:* 5:09AM  
**Muruqa:** Clear    *Sunset:* 7:02PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Durban, South Africa  
**Sun 1 Sutra 274**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**2**

**Thursday, January 12, 2012**

Simha Rasi: 2.43    Tithi 18 – 19  
852696156  
Creative Work    Amrita Yoga  
Until 9.11PM then Marana Yoga  
Until 12:13AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 8:38AM – 10:22AM    **Magha\* Until 12:13AM Fri**  
**Yama** 5:10AM – 6:54AM    **Ayushman Until 9:58PM**  
**Rahu** 1:50PM – 3:34PM    **Bava Until 6:12PM**  
**Tritiya Until 7:08AM**

**Ganesha:** Clear    *Sunrise:* 5:10AM  
**Muruqa:** Clear    *Sunset:* 7:02PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Durban, South Africa  
**Sun 2 Sutra 275**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**3**

**Friday, January 13, 2012**

Simha Rasi: 16.31    Tithi 20  
852696156  
Creative Work    Siddha Yoga  
Until 9.11PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika** 6:55AM – 8:39AM    **Purvaphalguni\* Until 11:24PM**  
**Yama** 3:34PM – 5:18PM    **Saubhagya Until 7:34PM**  
**Rahu** 10:23AM – 12:07PM    **Kaulava Until 4:45PM**  
**Panchami Until 3:49AM Sat**

**Ganesha:** Clear    *Sunrise:* 5:11AM  
**Muruqa:** Clear    *Sunset:* 7:02PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Durban, South Africa  
**Sun 3 Sutra 276**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**4**

**Saturday, January 14, 2012**

Kanya Rasi: 0.27    Tithi 21  
853696156  
Routine Work    Marana Yoga  
Until 9.12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 5:12AM – 6:56AM    **Uttaraphalguni Until 10:22PM**  
**Yama** 1:51PM – 3:34PM    **Sobhana Until 4:58PM**  
**Rahu** 8:39AM – 10:23AM    **Gara Until 3:03PM**  
**Shasthi\* Until 2:08AM Sun**

**Ganesha:** Purple    *Sunrise:* 5:12AM  
**Muruqa:** Clear    *Sunset:* 7:02PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Thai**

Durban, South Africa  
**Sun 4 Sutra 277**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5**

**Sunday, January 15, 2012**

Kanya Rasi: 14.28    Tithi 22  
863696156  
Creative Work    Amrita Yoga  
Until 9.12PM then Siddha Yoga  
Until 9:12PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika** 3:35PM – 5:18PM    **Hasta Until 9:12PM**  
**Yama** 12:07PM – 1:51PM    **Athiganda\* Until 2:15PM**  
**Rahu** 5:18PM – 7:02PM    **Visti Until 1:13PM**  
**Saptami Until 12:17AM Mon**

**Ganesha:** Clear    *Sunrise:* 5:13AM  
**Muruqa:** Clear    *Sunset:* 7:02PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Durban, South Africa  
**Sun 5 Sutra 278**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**



**Monday, January 16, 2012**  
**Retreat Star**

Kanya Rasi: 28.32    Tithi 23  
**Family Home Evening**    863696156  
Routine Work    Prabalarishta Yoga  
Until 7:55PM then Amrita Yoga  
Until 9.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 1:51PM – 3:35PM    **Chitra Until 7:55PM**  
**Yama** 10:24AM – 12:08PM    **Sukarma Until 11:26AM**  
**Rahu** 6:57AM – 8:41AM    **Balava Until 11:16AM**  
**Ashtami\* Until 10:20PM**

**Ganesha:** Clear    *Sunrise:* 5:14AM  
**Muruqa:** Clear    *Sunset:* 7:02PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Durban, South Africa  
**Sun 6 Sutra 279**  
Khara 5113  
Moon 13 - Phase 37  
Ashtami

**Devaloka Day**

**Tuesday, January 17, 2012**  
**Retreat Star**

Tula Rasi: 12.4    Tithi 24  
863696156  
Creative Work    Siddha Yoga  
Until 6:35PM then Marana Yoga  
Until 9.13PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika** 12:08PM – 1:51PM    **Svati Until 6:35PM**  
**Yama** 8:41AM – 10:25AM    **Dhriti Until 8:33AM**  
**Rahu** 3:35PM – 5:18PM    **Taitila Until 9:14AM**  
**Navami\* Until 8:19PM**

**Ganesha:** Clear    *Sunrise:* 5:14AM  
**Muruqa:** Clear    *Sunset:* 7:01PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Durban, South Africa  
**Sun 7 Sutra 280**  
Khara 5113  
Moon 13 - Phase 37  
Navami


**Devaloka Day**

<b>1</b>	<b>Wednesday, January 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Visakha/Anuradha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau	Durban, South Africa
			<b>Sun 8 Sutra 281</b> Khara 5113
Tula Rasi: 26.47	Tithi 25	<b>Gulika</b> 10:25AM – 12:08PM <b>Yama</b> 6:58AM – 8:42AM <b>Rahu</b> 12:08PM – 1:51PM	<b>Visakha</b> Until 5:13PM Ganda* Until 2:59AM Thu Vanija Until 7:11AM Dasami Until 6:15PM
873696156		<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga		

<b>2</b>	<b>Thursday, January 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Durban, South Africa
			<b>Sun 9 Sutra 282</b> Khara 5113
Virschika Rasi: 10.55	Tithi 26 – 27	<b>Gulika</b> 8:42AM – 10:25AM <b>Yama</b> 5:16AM – 6:59AM <b>Rahu</b> 1:52PM – 3:35PM	<b>Anuradha</b> Until 3:51PM Vriddhi Until 12:04AM Fri Kaulava Until 3:17AM Fri Ekadasi* Until 4:12PM
873696156		<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga		
Until 9.13PM then Prabalarishtha Yoga			

<b>3</b>	<b>Friday, January 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Durban, South Africa
			<b>Sun 10 Sutra 283</b> Khara 5113
Virschika Rasi: 25.01	Tithi 27 – 28	<b>Gulika</b> 7:00AM – 8:43AM <b>Yama</b> 3:35PM – 5:18PM <b>Rahu</b> 10:26AM – 12:09PM	<b>Jyeshtha*</b> Until 2:32PM Dhruva Until 9:13PM Gara Until 1:17AM Sat Dvadasi* Until 2:12PM <i>Pradosha Vrata (Fasting)</i>
873696156		<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Routine Work	Prabalarishtha Yoga		
Until 2:32PM then no yoga			
Until 9.14PM then Siddha Yoga			

<b>4</b>	<b>Saturday, January 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Durban, South Africa
			<b>Sun 11 Sutra 284</b> Khara 5113
Dhanus Rasi: 9.02	Tithi 28 – 29	<b>Gulika</b> 5:18AM – 7:01AM <b>Yama</b> 1:52PM – 3:35PM <b>Rahu</b> 8:43AM – 10:26AM	<b>Mula*</b> Until 1:22PM Vyaghata* Until 6:30PM Visti Until 11:26PM Trayodasi* Until 12:22PM
883696156		<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga		
Until 1:22PM then Marana Yoga			
Until 9.14PM then Siddha Yoga			

	<b>Sunday, January 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Durban, South Africa
			<b>Sun 12 Sutra 285</b> Khara 5113
Dhanus Rasi: 22.55	Tithi 29 – 30	<b>Gulika</b> 3:35PM – 5:17PM <b>Yama</b> 12:09PM – 1:52PM <b>Rahu</b> 5:17PM – 7:00PM	<b>Purvashadha*</b> Until 12:26PM Harshana Until 4:00PM Catuspada Until 9:51PM Chaturdasi* Until 10:46AM
883696156		<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga		
Until 12:26PM then Amrita Yoga			
Until 9.14PM then Marana Yoga			

<b>Retreat Star</b>	<b>Monday, January 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Durban, South Africa
			<b>Sun 13 Sutra 286</b> Khara 5113
Makara Rasi: 7	Tithi 30 – 1	<b>Gulika</b> 1:52PM – 3:35PM <b>Yama</b> 10:27AM – 12:10PM <b>Rahu</b> 7:02AM – 8:45AM	<b>Uttarashadha</b> Until 12:17PM Vajra* Until 2:22PM Kintughna Until 9:51PM Amavasya* Until 9:51AM
883696156		<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Family Home Evening	Marana Yoga		
Routine Work			
Until 12:17PM then Amrita Yoga			
Until 9.14PM then Siddha Yoga			

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

<b>1</b>	<b>Tuesday, January 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyaltipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau	Durban, South Africa
	Makara Rasi: 20.01      Tithi 1 – 2 893696156	<b>Gulika</b> 12:10PM – 1:52PM <b>Yama</b> 8:45AM – 10:27AM <b>Rahu</b> 3:35PM – 5:17PM	<b>Sun 14 Sutra 287</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work    Siddha Yoga Until 12:07PM then Marana Yoga Until 9:15PM then Prabalarishta Yoga		<b>Sravana Until 12:07PM</b> <b>Siddhi Until 12:28PM</b> <b>Balava Until 9:01PM</b> <b>Prathama* Until 9:01AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Wednesday, January 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyaltipata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau	Durban, South Africa
	Kumbha Rasi: 3.1      Tithi 2 – 3 993696156	<b>Gulika</b> 10:28AM – 12:10PM <b>Yama</b> 7:04AM – 8:46AM <b>Rahu</b> 12:10PM – 1:52PM	<b>Sun 15 Sutra 288</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work    Prabalarishta Yoga Until 12:28PM then Siddha Yoga Until 9:15PM then Marana Yoga		<b>Dhanishtha Until 12:28PM</b> <b>Vyaltipata* Until 11:04AM</b> <b>Taitila Until 8:47PM</b> <b>Dvitiya Until 8:47AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Thursday, January 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau	Durban, South Africa
	Kumbha Rasi: 16      Tithi 3 – 4 993696156	<b>Gulika</b> 8:46AM – 10:28AM <b>Yama</b> 5:22AM – 7:04AM <b>Rahu</b> 1:52PM – 3:34PM	<b>Sun 16 Sutra 289</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work    Marana Yoga Until 1:24PM then Siddha Yoga		<b>Satabhisha Until 1:24PM</b> <b>Variyan Until 10:10AM</b> <b>Vanija Until 9:09PM</b> <b>Tritiya Until 9:09AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Friday, January 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Durban, South Africa
	Kumbha Rasi: 28.32      Tithi 4 – 5 913796156	<b>Gulika</b> 7:05AM – 8:47AM <b>Yama</b> 3:34PM – 5:16PM <b>Rahu</b> 10:29AM – 12:10PM	<b>Sun 17 Sutra 290</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work    Siddha Yoga		<b>Purvaprostapada* Until 3:36PM</b> <b>Parigha* Until 10:05AM</b> <b>Bava Until 11:34PM</b> <b>Chaturthi* Until 10:29AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha*Thai</b>
			<b>Sivaloka Day</b>

<b>5</b>	<b>Saturday, January 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Durban, South Africa
	Meena Rasi: 10.48      Tithi 5 – 6 914796156	<b>Gulika</b> 5:24AM – 7:06AM <b>Yama</b> 1:52PM – 3:34PM <b>Rahu</b> 8:47AM – 10:29AM	<b>Sun 18 Sutra 291</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work    Siddha Yoga Until 5:44PM then Prabalarishta Yoga Until 9:15PM then Amrita Yoga		<b>Uttaraprostapada Until 5:44PM</b> <b>Shiva Until 10:11AM</b> <b>Kaulava Until 1:12AM Sun</b> <b>Panchami Until 12:07PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha*Thai</b>
			<b>Devaloka Day</b>

<b>6</b>	<b>Sunday, January 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Durban, South Africa
	Meena Rasi: 22.51      Tithi 6 – 7 914796156	<b>Gulika</b> 3:34PM – 5:15PM <b>Yama</b> 12:11PM – 1:52PM <b>Rahu</b> 5:15PM – 6:57PM	<b>Sun 19 Sutra 292</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work    Amrita Yoga Until 8:17PM then Siddha Yoga		<b>Revati Until 8:17PM</b> <b>Siddha Until 10:40AM</b> <b>Gara Until 3:18AM Mon</b> <b>Shasthi* Until 2:13PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha*Thai</b>
			<b>Devaloka Day</b>

<b>Monday, January 30, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Durban, South Africa
	Mesha Rasi: 4.46      Tithi 7 – 8 Family Home Evening    924796156 Creative Work    Siddha Yoga	<b>Gulika</b> 1:52PM – 3:34PM <b>Yama</b> 10:30AM – 12:11PM <b>Rahu</b> 7:07AM – 8:48AM	<b>Sun 20 Sutra 293</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
		<b>Asvini Until 11:09PM</b> <b>Sadhya Until 11:26AM</b> <b>Visti Until 5:44AM Tue</b> <b>Saptami Until 4:39PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, January 31, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau	Durban, South Africa
	Mesha Rasi: 16.35      Tithi 8 924796156	<b>Gulika</b> 12:11PM – 1:52PM <b>Yama</b> 8:49AM – 10:30AM <b>Rahu</b> 3:33PM – 5:15PM	<b>Sun 21 Sutra 294</b> Khara 5113 Moon 13 - Phase 39 Ashtami
Creative Work    Siddha Yoga Until 9:16PM then Marana Yoga Until 2:10AM Wed then Amrita Yoga		<b>Bharani Until 2:10AM Wed</b> <b>Subha Until 12:21PM</b> <b>Visti Until 6:09AM</b> <b>Ashtami* Until 7:15PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, February 1, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Durban, South Africa
	Mesha Rasi: 28.25      Tithi 9 924796156	<b>Gulika</b> 10:30AM – 12:11PM <b>Yama</b> 7:08AM – 8:49AM <b>Rahu</b> 12:11PM – 1:52PM	<b>Sun 22 Sutra 295</b> Khara 5113 Moon 13 - Phase 39 Navami
Creative Work    Amrita Yoga Until 9:16PM then Marana Yoga		<b>Krittika Until 5:10AM Thu</b> <b>Sukla Until 1:14PM</b> <b>Balava Until 8:44AM</b> <b>Navami* Until 9:49PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

**1 Thursday, February 2, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Durban, South Africa  
 Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau Sun 23 Sutra 296  
 Khara 5113  
**Gulika 8:49AM – 10:30AM Rohini Until 7:43AM Fri Ganesha: Yellow Sunrise: 5:27AM**  
**Yama 5:27AM – 7:08AM Brahma Until 1:57PM Muruqa: White Sunset: 6:55PM** Moon 13 - Phase 40  
**Rahu 1:52PM – 3:33PM Taitila Until 11:05AM Nataraja: Yellow** 4th Phase  
 Routine Work Marana Yoga Sivaloka Day  
 Until 7:43AM Fri then Siddha Yoga

**2 Friday, February 3, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Durban, South Africa  
 Rohini/Mrigasira Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Ekadasi Yam Titau Sun 24 Sutra 297  
 Khara 5113  
**Gulika 7:09AM – 8:50AM Rohini Until 7:43AM Ganesha: Yellow Sunrise: 5:28AM**  
**Yama 3:33PM – 5:14PM Indra Until 2:18PM Muruqa: White Sunset: 6:54PM** Moon 13 - Phase 40  
**Rahu 10:31AM – 12:11PM Vanija Until 1:02PM Nataraja: Yellow** 4th Phase  
 Routine Work Marana Yoga Sivaloka Day  
 Until 7:43AM then Siddha Yoga Moon – Yellow

**3 Saturday, February 4, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Durban, South Africa  
 Mrigasira/Ardra Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Dvadasi Yam Titau Sun 25 Sutra 298  
 Khara 5113  
**Gulika 5:29AM – 7:10AM Mrigasira Until 9:19AM Ganesha: Yellow Sunrise: 5:29AM**  
**Yama 1:52PM – 3:33PM Vaidhriti\* Until 1:35PM Muruqa: White Sunset: 6:54PM** Moon 13 - Phase 40  
**Rahu 8:50AM – 10:31AM Bava Until 1:41PM Nataraja: White** 4th Phase  
 Creative Work Siddha Yoga Subha Sivaloka Day  
 Dvadasi Until 1:41AM Sun Moon – Yellow

**4 Sunday, February 5, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Durban, South Africa  
 Ardra/Punarvasu Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 299  
 Khara 5113  
**Gulika 3:32PM – 5:13PM Ardra Until 10:25AM Ganesha: Yellow Sunrise: 5:30AM**  
**Yama 12:12PM – 1:52PM Vishkambha\* Until 12:52PM Muruqa: White Sunset: 6:53PM** Moon 13 - Phase 40  
**Rahu 5:13PM – 6:53PM Kaulava Until 2:14PM Nataraja: White** 4th Phase  
 Creative Work Siddha Yoga Subha Sivaloka Day  
 Until 9:16PM then Amrita Yoga Trayodasi Until 2:14AM Mon  
 Pradosha Vrata Moon – Yellow

**5 Monday, February 6, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Durban, South Africa  
 Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau Sun 27 Sutra 300  
 Khara 5113  
**Gulika 1:52PM – 3:32PM Punarvasu Until 10:50AM Ganesha: White Sunrise: 5:31AM**  
**Yama 10:31AM – 12:12PM Priti Until 11:08AM Muruqa: White Sunset: 6:52PM** Moon 13 - Phase 40  
**Rahu 7:11AM – 8:51AM Gara Until 2:03PM Nataraja: White** 4th Phase  
 Creative Work Amrita Yoga Sivaloka Day  
 Until 10:50AM then Siddha Yoga Thai Pusam Chaturdasi\* Until 2:03AM Tue  
 Magha-Thai Moon – Blue

**○ Tuesday, February 7, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Durban, South Africa  
 Pushya/Aslesha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Purnima\* Yam Titau Sun 28 Sutra 301  
 Khara 5113  
**Gulika 12:12PM – 1:52PM Pushya Until 10:13AM Ganesha: White Sunrise: 5:32AM**  
**Yama 8:52AM – 10:32AM Ayushman Until 9:16AM Muruqa: White Sunset: 6:52PM** Moon 13 - Phase 40  
**Rahu 3:32PM – 5:12PM Visti Until 12:33PM Nataraja: White** Purnima  
 Creative Work Siddha Yoga Sivaloka Day  
 Purnima\* Until 11:37PM Moon – Blue  
 Magha-Thai

**Wednesday, February 8, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Durban, South Africa  
 Aslesha\*/Magha\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathama\* Yam Titau Sun 29 Sutra 302  
 Khara 5113  
**Gulika 10:32AM – 12:12PM Aslesha\* Until 9:22AM Ganesha: White Sunrise: 5:32AM**  
**Yama 7:12AM – 8:52AM Saubhagya Until 6:51AM Muruqa: Yellow Sunset: 6:51PM** Moon 13 - Phase 40  
**Rahu 12:12PM – 1:52PM Balava Until 11:02AM Nataraja: Blue** Prathama  
 Creative Work Siddha Yoga Bhuloka Day  
 Until 9:17PM then Amrita Yoga Prathama\* Until 10:07PM Moon – Blue  
 Magha-Thai Devaloka Time: 12:PM to 3:PM





**Thursday, February 9, 2012**  
**Gold Retreat Star**

Simha Rasi: 12.09      Tithi 17  
955797267  
Creative Work    Amrita Yoga  
Until 8:02AM then no yoga  
Until 9.17PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    8:53AM – 10:32AM    **Magha\* Until 8:02AM**  
**Yama**      5:33AM – 7:13AM      Athiganda\* Until 1:19AM Fri  
**Rahu**      1:51PM – 3:31PM      Taitila Until 9:00AM  
**Dvitiya Until 8:05PM**

Durban, South Africa  
**Sun 1    Sutra 303**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase  
**Subha Sivaloka Day**

**Ganesha:** White    *Sunrise:* 5:33AM  
**Muruqa:** White    *Sunset:* 6:50PM  
**Nataraja:** Yellow  
Moon – Red  
**Magha\*Thai**

**1**

**Friday, February 10, 2012**

Simha Rasi: 26.27      Tithi 18 – 19  
955797267  
Creative Work    Siddha Yoga  
Until 9.17PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    7:14AM – 8:53AM    **Purvaphalguni\* Until 6:23AM**  
**Yama**      3:31PM – 5:10PM      Sukarma Until 10:09PM  
**Rahu**      10:32AM – 12:12PM    Vanija Until 6:38AM  
**Tritiya Until 5:43PM**

Durban, South Africa  
**Sun 2    Sutra 304**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase  
**Subha Sivaloka Day**

**Ganesha:** White    *Sunrise:* 5:34AM  
**Muruqa:** White    *Sunset:* 6:49PM  
**Nataraja:** Yellow  
Moon – Red  
**Magha\*Thai**

**2**

**Saturday, February 11, 2012**

Kanya Rasi: 10.5      Tithi 19 – 20  
965797267  
Routine Work    Marana Yoga  
Until 9.17PM then Amrita Yoga  
Until 3:26AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasla Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    5:35AM – 7:14AM    **Hasla Until 3:26AM Sun**  
**Yama**      1:51PM – 3:30PM      Dhriti Until 6:51PM  
**Rahu**      8:53AM – 10:33AM    Kaulava Until 2:15AM Sun  
**Chaturthi\* Until 3:11PM**

Durban, South Africa  
**Sun 3    Sutra 305**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase  
**Sivaloka Day**

**Ganesha:** Clear    *Sunrise:* 5:35AM  
**Muruqa:** White    *Sunset:* 6:49PM  
**Nataraja:** Yellow  
Moon – Green  
**Magha\*Thai**

**3**

**Sunday, February 12, 2012**

Kanya Rasi: 25.13      Tithi 20 – 21  
965797267  
Creative Work    Siddha Yoga  
Until 9.17PM then Prabalarishta Yoga  
Until 1:39AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    3:30PM – 5:09PM    **Chitra Until 1:39AM Mon**  
**Yama**      12:12PM – 1:51PM      Shula\* Until 3:34PM  
**Rahu**      5:09PM – 6:48PM      Gara Until 11:44PM  
**Panchami Until 12:39PM**

Durban, South Africa  
**Sun 4    Sutra 306**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase  
**Sivaloka Day**

**Ganesha:** Clear    *Sunrise:* 5:36AM  
**Muruqa:** White    *Sunset:* 6:48PM  
**Nataraja:** Yellow  
Moon – Green  
**Magha\*Thai**

**4**

**Monday, February 13, 2012**

Tula Rasi: 9.31      Tithi 21 – 22  
**Family Home Evening**    965797267  
Creative Work    Amrita Yoga  
Until 9.17PM then Siddha Yoga  
Until 11:59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visiti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    1:51PM – 3:29PM    **Svati Until 11:59PM**  
**Yama**      10:33AM – 12:12PM    Ganda\* Until 12:24PM  
**Rahu**      7:15AM – 8:54AM      Visiti Until 9:21PM  
**Shasthi\* Until 10:17AM**

Durban, South Africa  
**Sun 5    Sutra 307**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase  
**Sivaloka Day**

**Ganesha:** Clear    *Sunrise:* 5:37AM  
**Muruqa:** White    *Sunset:* 6:47PM  
**Nataraja:** Yellow  
Moon – Green  
**Magha\*Mas**



**Tuesday, February 14, 2012**  
**Retreat Star**

Tula Rasi: 23.41      Tithi 22 – 23  
975797267  
Routine Work    Marana Yoga  
Until 9.17PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    12:12PM – 1:50PM    **Visakha Until 10:32PM**  
**Yama**      8:55AM – 10:33AM    Vridhhi Until 9:26AM  
**Rahu**      3:29PM – 5:08PM      Balava Until 7:12PM  
**Saptami Until 8:08AM**

Durban, South Africa  
**Sun 6    Sutra 308**  
Khara 5113  
Moon 1 - Phase 41  
Ashtami  
**Subha Sivaloka Day**

**Ganesha:** Purple    *Sunrise:* 5:37AM  
**Muruqa:** White    *Sunset:* 6:46PM  
**Nataraja:** Yellow  
Moon – Orange  
**Magha\*Mas**

**Wednesday, February 15, 2012**  
**Retreat Star**

Vrischika Rasi: 7.43      Tithi 23 – 24  
975797267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Gara Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    10:33AM – 12:12PM    **Anuradha Until 9:21PM**  
**Yama**      7:17AM – 8:55AM      Dhruva Until 6:42AM  
**Rahu**      12:12PM – 1:50PM      Gara Until 4:24AM Thu  
**Ashtami\* Until 6:15AM**

Durban, South Africa  
**Sun 7    Sutra 309**  
Khara 5113  
Moon 1 - Phase 41  
Navami  
**Subha Sivaloka Day**

**Ganesha:** Purple    *Sunrise:* 5:38AM  
**Muruqa:** White    *Sunset:* 6:45PM  
**Nataraja:** Yellow  
Moon – Orange  
**Magha\*Mas**


<b>1</b>	<b>Thursday, February 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau	Durban, South Africa
	<b>Sun 8 Sutra 310</b>		Khara 5113
Wrischika Rasi: 21.35	Tithi 25	<b>Gulika</b> 8:55AM – 10:33AM <b>Yama</b> 5:39AM – 7:17AM <b>Rahu</b> 1:50PM – 3:28PM	<b>Jyeshtha* Until 8:25PM</b> Harshana Until 1:33AM Fri Vanija Until 3:43PM <b>Dasami Until 2:48AM Fri</b>
Creative Work Siddha Yoga Until 9.17PM then no yoga	975797267	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Orange <b>Magha-Masi</b>	<b>Subha Sivaloka Day</b> Moon 1 - Phase 42 2nd Phase

<b>2</b>	<b>Friday, February 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau	Durban, South Africa
	<b>Sun 9 Sutra 311</b>		Khara 5113
Dhanus Rasi: 5.19	Tithi 26	<b>Gulika</b> 7:18AM – 8:56AM <b>Yama</b> 3:28PM – 5:06PM <b>Rahu</b> 10:34AM – 12:12PM	<b>Mula* Until 7:44PM</b> Vajra* Until 11:18PM Bava Until 2:23PM <b>Ekadasi* Until 1:28AM Sat</b>
No Yoga Until 7:44PM then Siddha Yoga Until 9.16PM then Marana Yoga	985797267	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Sivaloka Day</b> Moon 1 - Phase 42 2nd Phase

<b>3</b>	<b>Saturday, February 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Durban, South Africa
	<b>Sun 10 Sutra 312</b>		Khara 5113
Dhanus Rasi: 18.55	Tithi 27	<b>Gulika</b> 5:40AM – 7:18AM <b>Yama</b> 1:49PM – 3:27PM <b>Rahu</b> 8:56AM – 10:34AM	<b>Purvashadha* Until 8:20PM</b> Siddhi Until 10:22PM Kaulava Until 1:56PM <b>Dvadasi* Until 1:56AM Sun</b>
Routine Work Marana Yoga Until 8:20PM then no yoga Until 9.16PM then Amrita Yoga	985797267	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Sivaloka Day</b> Moon 1 - Phase 42 2nd Phase

<b>4</b>	<b>Sunday, February 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Durban, South Africa
	<b>Sun 11 Sutra 313</b>		Khara 5113
Makara Rasi: 2.2	Tithi 28	<b>Gulika</b> 3:27PM – 5:04PM <b>Yama</b> 12:11PM – 1:49PM <b>Rahu</b> 5:04PM – 6:42PM	<b>Uttarashadha Until 8:09PM</b> Vyatipata* Until 8:28PM Gara Until 1:05PM <b>Trayodasi* Until 1:05AM Mon</b> <i>Pradosha Vrata (Fasting)</i>
Creative Work Amrita Yoga	986797267	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Devaloka Day</b> Moon 1 - Phase 42 2nd Phase

<b>5</b>	<b>Monday, February 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sraavana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Durban, South Africa
	<b>Sun 12 Sutra 314</b>		Khara 5113
Makara Rasi: 16	Tithi 29	<b>Gulika</b> 1:49PM – 3:26PM <b>Yama</b> 10:34AM – 12:11PM <b>Rahu</b> 7:19AM – 8:57AM	<b>Sraavana Until 8:16PM</b> Variyan Until 6:52PM Visti Until 12:35PM <b>Chaturdasi* Until 12:35AM Tue</b>
Family Home Evening Creative Work Amrita Yoga Until 8.16PM then Siddha Yoga Until 9.16PM then Marana Yoga	996797267	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	<b>Devaloka Day</b> Moon 1 - Phase 42 2nd Phase

	<b>Tuesday, February 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Durban, South Africa
	<b>Retreat Star</b>		<b>Sun 13 Sutra 315</b>
Makara Rasi: 28.41	Tithi 30	<b>Gulika</b> 12:11PM – 1:48PM <b>Yama</b> 8:57AM – 10:34AM <b>Rahu</b> 3:25PM – 5:03PM	<b>Dhanishtha Until 8:45PM</b> Parigha* Until 5:35PM Catuspada Until 12:27PM <b>Amavasya* Until 12:27AM Wed</b>
Routine Work Marana Yoga Until 9.16PM then Siddha Yoga	996897267	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	<b>Sivaloka Day</b> Moon 1 - Phase 42 Amavasya

<b>Retreat Star</b>	<b>Wednesday, February 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Durban, South Africa
			<b>Sun 14 Sutra 316</b>
Kumbha Rasi: 11.32	Tithi 1	<b>Gulika</b> 10:34AM – 12:11PM <b>Yama</b> 7:20AM – 8:57AM <b>Rahu</b> 12:11PM – 1:48PM	<b>Satabhisha Until 9:37PM</b> Shiva Until 4:40PM Kintughna Until 12:45PM <b>Prathama* Until 12:45AM Thu</b>
Creative Work Siddha Yoga Until 9.16PM then Marana Yoga Until 9:37PM then Siddha Yoga	996897267	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Phalgun-Masi</b>	<b>Sivaloka Day</b> Moon 1 - Phase 42 Prathama

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

<b>1</b>	<b>Thursday, February 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Durban, South Africa
	Kumbha Rasi: 24.1      Tithi 2	<b>Gulika</b> 8:58AM – 10:34AM <b>Purvaprostapada* Until 12:19AM Fri</b>	<b>Sun 15 Sutra 317</b> Khara 5113
	916897267	<b>Yama</b> 5:44AM – 7:21AM <b>Siddha Until 4:55PM</b>	Moon 1 - Phase 43
Creative Work      Siddha Yoga	<b>Rahu</b> 1:48PM – 3:24PM <b>Balava Until 2:10PM</b>	<b>Nataraja:</b> Yellow Moon – Clear	3rd Phase
		<b>Dvitiya Until 3:16AM Fri</b>	<b>Phalguna-Masi</b> <b>Subha Sivaloka Day</b>


<b>2</b>	<b>Friday, February 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau	Durban, South Africa
	Meena Rasi: 6.35      Tithi 3	<b>Gulika</b> 7:21AM – 8:58AM <b>Uttaraprostapada Until 2:11AM Sat</b>	<b>Sun 16 Sutra 318</b> Khara 5113
	916897267	<b>Yama</b> 3:24PM – 5:00PM <b>Sadhya Until 4:46PM</b>	Moon 1 - Phase 43
Creative Work      Siddha Yoga	<b>Rahu</b> 10:34AM – 12:11PM <b>Taitila Until 3:29PM</b>	<b>Nataraja:</b> Yellow Moon – Clear	3rd Phase
Until 2:11AM Sat then Prabalarishta Yoga		<b>Tritiya Until 4:34AM Sat</b>	<b>Phalguna-Masi</b> <b>Subha Sivaloka Day</b>

<b>3</b>	<b>Saturday, February 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Durban, South Africa
	Meena Rasi: 18.46      Tithi 4	<b>Gulika</b> 5:46AM – 7:22AM <b>Revati Until 4:28AM Sun</b>	<b>Sun 17 Sutra 319</b> Khara 5113
	916897267	<b>Yama</b> 1:47PM – 3:23PM <b>Subha Until 5:01PM</b>	Moon 1 - Phase 43
Routine Work      Prabalarishta Yoga	<b>Rahu</b> 8:58AM – 10:34AM <b>Vanija Until 5:16PM</b>	<b>Nataraja:</b> Yellow Moon – Clear	3rd Phase
Until 9:16PM then Amrita Yoga		<b>Chaturthi* Until 6:21AM Sun</b>	<b>Phalguna-Masi</b> <b>Subha Sivaloka Day</b>
Until 4:28AM Sun then Siddha Yoga	<b>Subramuniyaswami Siva Vision Day</b>		

<b>4</b>	<b>Sunday, February 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Durban, South Africa
	Mesha Rasi: 0.46      Tithi 4 – 5	<b>Gulika</b> 3:23PM – 4:59PM <b>Asvini Until 7:23AM Mon</b>	<b>Sun 18 Sutra 320</b> Khara 5113
	927897267	<b>Yama</b> 12:11PM – 1:47PM <b>Sukla Until 5:37PM</b>	Moon 1 - Phase 43
Creative Work      Siddha Yoga	<b>Rahu</b> 4:59PM – 6:35PM <b>Bava Until 7:27PM</b>	<b>Nataraja:</b> Yellow Moon – White	3rd Phase
		<b>Chaturthi* Until 6:21AM</b>	<b>Phalguna-Masi</b> <b>Devaloka Day</b>

<b>5</b>	<b>Monday, February 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Durban, South Africa
	Mesha Rasi: 12.38      Tithi 5 – 6	<b>Gulika</b> 1:46PM – 3:22PM <b>Asvini Until 7:23AM</b>	<b>Sun 19 Sutra 321</b> Khara 5113
	927897267	<b>Yama</b> 10:35AM – 12:10PM <b>Brahma Until 6:28PM</b>	Moon 1 - Phase 43
<b>Family Home Evening</b>	<b>Rahu</b> 7:23AM – 8:59AM <b>Kaulava Until 9:55PM</b>	<b>Nataraja:</b> Yellow Moon – White	3rd Phase
Creative Work      Siddha Yoga		<b>Panchami Until 8:50AM</b>	<b>Phalguna-Masi</b> <b>Devaloka Day</b>

<b>6</b>	<b>Tuesday, February 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Durban, South Africa
	Mesha Rasi: 24.26      Tithi 6 – 7	<b>Gulika</b> 12:10PM – 1:46PM <b>Bharani Until 10:27AM</b>	<b>Sun 20 Sutra 322</b> Khara 5113
	927897267	<b>Yama</b> 8:59AM – 10:35AM <b>Indra Until 7:26PM</b>	Moon 1 - Phase 43
Creative Work      Siddha Yoga	<b>Rahu</b> 3:21PM – 4:57PM <b>Gara Until 12:33AM Wed</b>	<b>Nataraja:</b> Yellow Moon – White	3rd Phase
Until 9:15PM then Amrita Yoga		<b>Shasthi* Until 11:28AM</b>	<b>Phalguna-Masi</b> <b>Devaloka Day</b>

	<b>Wednesday, February 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Durban, South Africa
	<b>Retreat Star</b>	<b>Gulika</b> 10:35AM – 12:10PM <b>Krittika Until 1:30PM</b>	<b>Sun 21 Sutra 323</b> Khara 5113
	Vrishabha Rasi: 6.15      Tithi 7 – 8	<b>Yama</b> 7:24AM – 8:59AM <b>Vaidhriti* Until 8:24PM</b>	Moon 1 - Phase 43
927897267	<b>Rahu</b> 12:10PM – 1:45PM <b>Visti Until 3:10AM Thu</b>	<b>Nataraja:</b> Yellow Moon – White	Ashtami
Creative Work      Amrita Yoga		<b>Saptami Until 2:05PM</b>	<b>Phalguna-Masi</b> <b>Devaloka Day</b>
Until 1:30PM then Siddha Yoga			
Until 9:15PM then Marana Yoga			

<b>7</b>	<b>Thursday, March 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Durban, South Africa
	<b>Retreat Star</b>	<b>Gulika</b> 9:00AM – 10:35AM <b>Rohini Until 4:22PM</b>	<b>Sun 22 Sutra 324</b> Khara 5113
	Vrishabha Rasi: 18.09      Tithi 8 – 9	<b>Yama</b> 5:50AM – 7:25AM <b>Vishkambha* Until 9:12PM</b>	Moon 1 - Phase 43
937897267	<b>Rahu</b> 1:45PM – 3:19PM <b>Balava Until 5:34AM Fri</b>	<b>Nataraja:</b> Yellow Moon – Yellow	Navami
Routine Work      Marana Yoga		<b>Ashtami* Until 4:29PM</b>	<b>Phalguna-Masi</b> <b>Sivaloka Day</b>
Until 9:14PM then Siddha Yoga			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

<b>1 Friday, March 2, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Priti Yoga Kaulava Karana Navami* Yam Titau			Durban, South Africa Sun 23 Sutra 325 Khara 5113
Mithuna Rasi: 0.15	Tithi 9	<b>Gulika</b> 7:25AM – 9:00AM	<b>Mrigasira</b> Until 6:51PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:51AM	Moon 1 - Phase 44 4th Phase <b>Sivaloka Day</b>
937897267		<b>Yama</b> 3:19PM – 4:54PM	<b>Priti</b> Until 9:38PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:28PM	
Creative Work Siddha Yoga		<b>Rahu</b> 10:35AM – 12:09PM	<b>Kaulava</b> Until 7:33AM Sat <b>Navami*</b> Until 6:28PM	<b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>	
<b>2 Saturday, March 3, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Tailila/Gara Karana Dasami Yam Titau			Durban, South Africa Sun 24 Sutra 326 Khara 5113
Mithuna Rasi: 12.38	Tithi 10	<b>Gulika</b> 5:51AM – 7:26AM	<b>Ardra</b> Until 7:36PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:51AM	Moon 1 - Phase 44 4th Phase <b>Sivaloka Day</b>
937897267		<b>Yama</b> 1:44PM – 3:18PM	<b>Ayushman</b> Until 8:25PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:27PM	
Creative Work Siddha Yoga Until 7:36PM then Marana Yoga Until 9:14PM then Siddha Yoga		<b>Rahu</b> 9:00AM – 10:35AM	<b>Tailila</b> Until 6:40AM <b>Dasami</b> Until 6:40PM	<b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>	
<b>3 Sunday, March 4, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Durban, South Africa Sun 25 Sutra 327 Khara 5113
Mithuna Rasi: 25.23	Tithi 11	<b>Gulika</b> 3:17PM – 4:52PM	<b>Punarvasu</b> Until 8:40PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:52AM	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
948897267		<b>Yama</b> 12:09PM – 1:43PM	<b>Saubhagya</b> Until 7:41PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:26PM	
Creative Work Siddha Yoga		<b>Rahu</b> 4:52PM – 6:26PM	<b>Vanija</b> Until 7:09AM <b>Ekadasi</b> Until 7:09PM	<b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>	
<b>4 Monday, March 5, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Dvadasi Yam Titau			Durban, South Africa Sun 26 Sutra 328 Khara 5113
Kataka Rasi: 8.35	Tithi 12	<b>Gulika</b> 1:43PM – 3:17PM	<b>Pushya</b> Until 7:52PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:53AM	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
Family Home Evening	148817267	<b>Yama</b> 10:35AM – 12:09PM	<b>Sobhana</b> Until 5:24PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:25PM	
Creative Work Siddha Yoga		<b>Rahu</b> 7:27AM – 9:01AM	<b>Bava</b> Until 6:43AM <b>Dvadasi</b> Until 5:47PM	<b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>	
<b>5 Tuesday, March 6, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Durban, South Africa Sun 27 Sutra 329 Khara 5113
Kataka Rasi: 22.13	Tithi 13 – 14	<b>Gulika</b> 12:08PM – 1:42PM	<b>Aslesha*</b> Until 7:20PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:53AM	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
148817267		<b>Yama</b> 9:01AM – 10:35AM	<b>Athiganda*</b> Until 3:18PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:24PM	
Creative Work Siddha Yoga		<b>Rahu</b> 3:16PM – 4:50PM	<b>Gara</b> Until 3:41AM Wed <b>Trayodasi</b> Until 4:36PM <i>Pradosha Vrata</i>	<b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>	
<b>Wednesday, March 7, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukarma/Dhriti/ Shula* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Durban, South Africa Sutra 330 Khara 5113
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:35AM – 12:08PM	<b>Magha*</b> Until 6:04PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:54AM	Moon 1 - Phase 44 Purnima <b>Sivaloka Day</b>
Simha Rasi: 6.18	Tithi 14 – 15	<b>Yama</b> 7:27AM – 9:01AM	<b>Sukarma</b> Until 12:31PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:23PM	
158817267		<b>Rahu</b> 12:08PM – 1:42PM	<b>Visti</b> Until 1:42AM Thu <b>Chaturdasi*</b> Until 2:37PM	<b>Nataraja:</b> Yellow Moon – Red <b>Phalguna-Masi</b>	
Creative Work Siddha Yoga Until 6:04PM then Amrita Yoga Until 9:13PM then no yoga		<b>Chidambaram Abhishekam</b>			
<b>Thursday, March 8, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Durban, South Africa Sutra 331 Khara 5113
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:01AM – 10:35AM	<b>Purvaphalguni*</b> Until 3:29PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:55AM	Moon 1 - Phase 44 Prathama <b>Sivaloka Day</b>
Simha Rasi: 20.44	Tithi 15 – 16	<b>Yama</b> 5:55AM – 7:28AM	<b>Dhriti</b> Until 8:57AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:21PM	
158817267		<b>Rahu</b> 1:41PM – 3:15PM	<b>Balava</b> Until 9:49PM <b>Purnima*</b> Until 11:32AM	<b>Nataraja:</b> Yellow Moon – Red <b>Phalguna-Masi</b>	
No Yoga Until 3:29PM then Prabalarishta Yoga Until 9:13PM then Siddha Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



**Friday, March 9, 2012**  
**Gold Retreat Star**

Kanya Rasi: 5.26      Tithi 16 – 17  
158817267  
Creative Work    Siddha Yoga  
Until 1:18PM then Amrita Yoga  
Until 9.13PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttaraphalguni/Hasta Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    7:28AM – 9:01AM    **Uttaraphalguni Until 1:18PM**  
**Yama**      3:14PM – 4:47PM      **Ganda\* Until 1:24AM Sat**  
**Rahu**      10:35AM – 12:08PM    **Taitila Until 6:54PM**  
**Prathama\* Until 8:37AM**

**Ganesha:** Red      *Sunrise:* 5:55AM  
**Muruqa:** White    *Sunset:* 6:20PM  
**Nataraja:** Yellow  
Moon – Red  
**Phalgun-Masi**

Durban, South Africa  
**Sutra 332**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**

**1**

**Saturday, March 10, 2012**

Kanya Rasi: 20.16      Tithi 18  
169817267  
Routine Work    Marana Yoga  
Until 9.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    5:56AM – 7:29AM    **Hasta Until 10:55AM**  
**Yama**      1:40PM – 3:13PM      **Vriddhi Until 9:39PM**  
**Rahu**      9:02AM – 10:35AM    **Vanija Until 3:47PM**  
**Tritiya Until 2:04AM Sun**

**Ganesha:** Blue      *Sunrise:* 5:56AM  
**Muruqa:** White    *Sunset:* 6:19PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalgun-Masi**

Durban, South Africa  
**Sun 1 Sutra 333**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**

**2**

**Sunday, March 11, 2012**

Tula Rasi: 5.05      Tithi 19  
169817267  
Creative Work    Siddha Yoga  
Until 9.12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    3:13PM – 4:45PM    **Chitra Until 8:32AM**  
**Yama**      12:07PM – 1:40PM      **Dhruva Until 5:56PM**  
**Rahu**      4:45PM – 6:18PM      **Bava Until 12:40PM**  
**Chaturthi\* Until 10:57PM**

**Ganesha:** Blue      *Sunrise:* 5:56AM  
**Muruqa:** White    *Sunset:* 6:19PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalgun-Masi**

Durban, South Africa  
**Sun 2 Sutra 334**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**

**3**

**Monday, March 12, 2012**

Tula Rasi: 19.46      Tithi 20  
169817267  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 6:24AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Svati/Visakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    1:39PM – 3:12PM    **Svati Until 6:24AM**  
**Yama**      10:34AM – 12:07PM    **Vyaghata\* Until 2:58PM**  
**Rahu**      7:30AM – 9:02AM      **Kaulava Until 10:03AM**  
**Panchami Until 9:08PM**

**Ganesha:** Blue      *Sunrise:* 5:57AM  
**Muruqa:** White    *Sunset:* 6:17PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalgun-Masi**

Durban, South Africa  
**Sun 3 Sutra 335**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**

**4**

**Tuesday, March 13, 2012**

Vrischika Rasi: 4.14      Tithi 21  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    12:07PM – 1:39PM    **Anuradha Until 3:19AM Wed**  
**Yama**      9:02AM – 10:34AM      **Harshana Until 11:34AM**  
**Rahu**      3:11PM – 4:43PM      **Gara Until 7:21AM**  
**Shasthi\* Until 6:25PM**

**Ganesha:** Red      *Sunrise:* 5:58AM  
**Muruqa:** White    *Sunset:* 6:16PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalgun-Masi**

Durban, South Africa  
**Sun 4 Sutra 336**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**

**5**

**Wednesday, March 14, 2012**

Vrischika Rasi: 18.25      Tithi 22 – 23  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yukhtayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    10:34AM – 12:06PM    **Jyeshtha\* Until 1:51AM Thu**  
**Yama**      7:30AM – 9:02AM      **Vajra\* Until 8:36AM**  
**Rahu**      12:06PM – 1:38PM      **Balava Until 3:18AM Thu**  
**Saptami Until 4:14PM**

**Ganesha:** Red      *Sunrise:* 5:58AM  
**Muruqa:** White    *Sunset:* 6:14PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalgun-Panguni**

Durban, South Africa  
**Sun 5 Sutra 337**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**



**Thursday, March 15, 2012**  
**Retreat Star**

Dhanus Rasi: 2.19      Tithi 23 – 24  
189817268  
Creative Work    Siddha Yoga  
Until 9.11PM then no yoga  
Until 12:54AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yukhtayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    9:02AM – 10:34AM    **Mula\* Until 12:54AM Fri**  
**Yama**      5:59AM – 7:31AM      **Siddhi Until 6:07AM**  
**Rahu**      1:38PM – 3:10PM      **Taitila Until 1:39AM Fri**  
**Ashtami\* Until 2:35PM**

**Ganesha:** Green      *Sunrise:* 5:59AM  
**Muruqa:** White    *Sunset:* 6:13PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalgun-Panguni**

Durban, South Africa  
**Sun 6 Sutra 338**  
Khara 5113  
Moon 2 - Phase 45  
Ashtami  
**Sivaloka Day**

**Friday, March 16, 2012**  
**Retreat Star**

Dhanus Rasi: 15.55      Tithi 24 – 25  
189817268  
Creative Work    Siddha Yoga  
Until 9.11PM then Marana Yoga  
Until 1:51AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika**    7:31AM – 9:03AM    **Purvashadha\* Until 1:51AM Sat**  
**Yama**      3:09PM – 4:40PM      **Variyan Until 2:49AM Sat**  
**Rahu**      10:34AM – 12:06PM    **Vanija Until 2:05AM Sat**  
**Navami\* Until 2:05PM**

**Ganesha:** Green      *Sunrise:* 6:00AM  
**Muruqa:** White    *Sunset:* 6:12PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalgun-Panguni**

Durban, South Africa  
**Sun 7 Sutra 339**  
Khara 5113  
Moon 2 - Phase 45  
Navami  
**Sivaloka Day**


<b>1</b>	<b>Saturday, March 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Durban, South Africa
			<b>Sun 8 Sutra 340</b> Khara 5113
Dhanus Rasi: 29.16	Tithi 26 – 26	<b>Gulika 6:00AM – 7:31AM</b>	<b>Uttarashadha Until 1:50AM Sun</b>
	191917268	<b>Yama 1:37PM – 3:08PM</b>	<b>Ganesha: White</b> <i>Sunrise: 6:00AM</i>
No Yoga		<b>Rahu 9:03AM – 10:34AM</b>	<b>Muruqa: White</b> <i>Sunset: 6:11PM</i>
Until 9.10PM then Amrita Yoga			<b>Nataraja: White</b>
			Moon – Light Blue
			<b>Phalguna-Panguni</b>
			<b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, March 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Durban, South Africa
			<b>Sun 9 Sutra 341</b> Khara 5113
Makara Rasi: 22.22	Tithi 26 – 27	<b>Gulika 3:07PM – 4:39PM</b>	<b>Sravana Until 2:14AM Mon</b>
	191917268	<b>Yama 12:05PM – 1:36PM</b>	<b>Ganesha: Purple</b> <i>Sunrise: 6:01AM</i>
Creative Work Amrita Yoga		<b>Rahu 4:39PM – 6:10PM</b>	<b>Muruqa: White</b> <i>Sunset: 6:10PM</i>
Until 2:14AM Mon then Siddha Yoga			<b>Nataraja: White</b>
			Moon – Purple
			<b>Phalguna-Panguni</b>
			<b>Subha Subha Sivaloka Day</b>

<b>3</b>	<b>Monday, March 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Durban, South Africa
			<b>Sun 10 Sutra 342</b> Khara 5113
Makara Rasi: 25.17	Tithi 27 – 28	<b>Gulika 1:36PM – 3:07PM</b>	<b>Dhanishtha Until 3:01AM Tue</b>
<b>Family Home Evening</b>	191917268	<b>Yama 10:34AM – 12:05PM</b>	<b>Ganesha: Purple</b> <i>Sunrise: 6:01AM</i>
Creative Work Siddha Yoga		<b>Rahu 7:32AM – 9:03AM</b>	<b>Muruqa: White</b> <i>Sunset: 6:08PM</i>
Until 9.10PM then Marana Yoga			<b>Nataraja: White</b>
			Moon – Purple
			<b>Phalguna-Panguni</b>
			<b>Subha Subha Sivaloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>

<b>4</b>	<b>Tuesday, March 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Durban, South Africa
			<b>Sun 11 Sutra 343</b> Khara 5113
Kumbha Rasi: 8	Tithi 28 – 29	<b>Gulika 12:05PM – 1:35PM</b>	<b>Satabhisha Until 4:09AM Wed</b>
	191917268	<b>Yama 9:03AM – 10:34AM</b>	<b>Ganesha: Purple</b> <i>Sunrise: 6:02AM</i>
Routine Work Marana Yoga		<b>Rahu 3:06PM – 4:37PM</b>	<b>Muruqa: White</b> <i>Sunset: 6:07PM</i>
Until 9.09PM then Siddha Yoga			<b>Nataraja: White</b>
Until 4:09AM Wed then Amrita Yoga			Moon – Purple
			<b>Phalguna-Panguni</b>
			<b>Subha Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, March 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Durban, South Africa
			<b>Sun 12 Sutra 344</b> Khara 5113
Kumbha Rasi: 20.32	Tithi 29 – 30	<b>Gulika 10:34AM – 12:04PM</b>	<b>Purvaprostapada* Until 6:50AM Thu</b>
	111917268	<b>Yama 7:33AM – 9:03AM</b>	<b>Ganesha: Clear</b> <i>Sunrise: 6:03AM</i>
Creative Work Amrita Yoga		<b>Rahu 12:04PM – 1:35PM</b>	<b>Muruqa: White</b> <i>Sunset: 6:06PM</i>
Until 9.09PM then Siddha Yoga			<b>Nataraja: White</b>
			Moon – Clear
			<b>Phalguna-Panguni</b>
			<b>Subha Sivaloka Day</b>

	<b>Thursday, March 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Durban, South Africa
	<b>Retreat Star</b>		<b>Sun 13 Sutra 345</b> Khara 5113
Meena Rasi: 2.55	Tithi 30 – 1	<b>Gulika 9:04AM – 10:34AM</b>	<b>Purvaprostapada* Until 6:50AM</b>
	111917268	<b>Yama 6:03AM – 7:33AM</b>	<b>Ganesha: Clear</b> <i>Sunrise: 6:03AM</i>
Creative Work Siddha Yoga		<b>Rahu 1:34PM – 3:04PM</b>	<b>Muruqa: White</b> <i>Sunset: 6:05PM</i>
			<b>Nataraja: White</b>
			Moon – Clear
			<b>Phalguna-Panguni</b>
			<b>Subha Sivaloka Day</b>

<b>Friday, March 23, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Bava Karana Prathama* Yam Titau	Durban, South Africa
			<b>Sun 14 Sutra 346</b> Khara 5113
Meena Rasi: 15.07	Tithi 1	<b>Gulika 7:34AM – 9:04AM</b>	<b>Uttaraprostapada Until 9:06AM</b>
	111917268	<b>Yama 3:04PM – 4:34PM</b>	<b>Ganesha: Clear</b> <i>Sunrise: 6:04AM</i>
Creative Work Siddha Yoga		<b>Rahu 10:34AM – 12:04PM</b>	<b>Muruqa: White</b> <i>Sunset: 6:04PM</i>
Until 9.09PM then Prabalarishta Yoga			<b>Nataraja: White</b>
			Moon – Clear
			<b>Chaitra-Panguni</b>
			<b>Subha Sivaloka Day</b>

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP, 287

<b>1</b>	<b>Saturday, March 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Durban, South Africa
	Sun 15	<b>Sutra 347</b>	Khara 5113
Meena Rasi: 27.1	Tithi 2		
	111917268	<b>Gulika</b> 6:04AM – 7:34AM <b>Yama</b> 1:33PM – 3:03PM <b>Rahu</b> 9:04AM – 10:34AM	<b>Revati Until 11:41AM</b> Indra Until 11:44PM Balava Until 7:36AM Dvitiya Until 8:42PM
Routine Work Prabalarishta Yoga Until 11:41AM then Siddha Yoga		<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Clear	<b>Subha Sivaloka Day</b> Chaitra•Panguni


<b>2</b>	<b>Sunday, March 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Tritiya Yam Titau	Durban, South Africa
	Sun 16	<b>Sutra 348</b>	Khara 5113
Mesha Rasi: 9.05	Tithi 3		
	121917268	<b>Gulika</b> 3:02PM – 4:32PM <b>Yama</b> 12:03PM – 1:33PM <b>Rahu</b> 4:32PM – 6:01PM	<b>Asvini Until 2:31PM</b> Vaidhriti* Until 12:31AM Mon Tailila Until 9:57AM Tritiya Until 11:03PM
Creative Work Siddha Yoga Until 2:31PM then no yoga Until 9:08PM then Siddha Yoga		<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White	<b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>3</b>	<b>Monday, March 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Chaturthi* Yam Titau	Durban, South Africa
	Sun 17	<b>Sutra 349</b>	Khara 5113
Mesha Rasi: 20.54	Tithi 4		
<b>Family Home Evening</b>	121917268	<b>Gulika</b> 1:32PM – 3:01PM <b>Yama</b> 10:33AM – 12:03PM <b>Rahu</b> 7:35AM – 9:04AM	<b>Bharani Until 5:32PM</b> Vishkambha* Until 1:29AM Tue Vanija Until 12:31PM Chaturthi* Until 1:36AM Tue
Creative Work Siddha Yoga Until 5:32PM then no yoga Until 9:08PM then Siddha Yoga		<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White	<b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>4</b>	<b>Tuesday, March 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau	Durban, South Africa
	Sun 18	<b>Sutra 350</b>	Khara 5113
Wrishabha Rasi: 2.4	Tithi 5		
	121917268	<b>Gulika</b> 12:02PM – 1:32PM <b>Yama</b> 9:04AM – 10:33AM <b>Rahu</b> 3:01PM – 4:30PM	<b>Krittika Until 8:40PM</b> Priti Until 2:32AM Wed Bava Until 3:10PM Panchami Until 4:15AM Wed
Creative Work Siddha Yoga Until 8:40PM then Amrita Yoga Until 9:07PM then Siddha Yoga		<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White	<b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>5</b>	<b>Wednesday, March 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Durban, South Africa
	Sun 19	<b>Sutra 351</b>	Khara 5113
Wrishabha Rasi: 14.28	Tithi 6		
	132917268	<b>Gulika</b> 10:33AM – 12:02PM <b>Yama</b> 7:36AM – 9:04AM <b>Rahu</b> 12:02PM – 1:31PM	<b>Rohini Until 11:44PM</b> Ayushman Until 3:34AM Thu Kaulava Until 5:46PM Shasthi* Until 7:05AM Thu
Creative Work Siddha Yoga Until 9:07PM then Marana Yoga		<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow	<b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>6</b>	<b>Thursday, March 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Durban, South Africa
	Sun 20	<b>Sutra 352</b>	Khara 5113
Wrishabha Rasi: 26.21	Tithi 6 – 7		
	132917268	<b>Gulika</b> 9:05AM – 10:33AM <b>Yama</b> 6:07AM – 7:36AM <b>Rahu</b> 1:31PM – 2:59PM	<b>Mrigasira Until 2:38AM Fri</b> Saubhagya Until 4:24AM Fri Gara Until 8:11PM Shasthi* Until 7:05AM
Routine Work Marana Yoga Until 9:07PM then Siddha Yoga		<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow	<b>Subha Sivaloka Day</b> Chaitra•Panguni

	<b>Friday, March 30, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visli* Karana Saptami/Ashtami* Yam Titau	Durban, South Africa
	Sun 21	<b>Sutra 353</b>	Khara 5113
Mithuna Rasi: 8.25	Tithi 7 – 8		
<b>Retreat Star</b>	132917268	<b>Gulika</b> 7:36AM – 9:05AM <b>Yama</b> 2:58PM – 4:27PM <b>Rahu</b> 10:33AM – 12:02PM	<b>Ardra Until 5:10AM Sat</b> Sobhana Until 4:55AM Sat Visli Until 10:11PM Saptami Until 9:05AM
Creative Work Siddha Yoga Until 5:10AM Sat then Marana Yoga		<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow	<b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>Retreat Star</b>	<b>Saturday, March 31, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Durban, South Africa
	Sun 22	<b>Sutra 354</b>	Khara 5113
Mithuna Rasi: 20.46	Tithi 8 – 9		
	142917268	<b>Gulika</b> 6:08AM – 7:37AM <b>Yama</b> 1:30PM – 2:58PM <b>Rahu</b> 9:05AM – 10:33AM	<b>Punarvasu Until 5:13AM Sun</b> Athiganda* Until 3:17AM Sun Balava Until 10:07PM Ashtami* Until 10:07AM
Routine Work Marana Yoga Until 9:06PM then Siddha Yoga		<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue	<b>Sivaloka Day</b> Chaitra•Panguni

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

<b>1</b>	<b>Sunday, April 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Durban, South Africa
	Kataka Rasi: 3.28    Tithi 9 – 10 142917268	<b>Gulika</b> 2:58PM – 4:26PM <b>Yama</b> 12:01PM – 1:30PM <b>Rahu</b> 4:26PM – 5:54PM	<b>Sun 23 Sutra 355</b> Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga	<b>Pushya Until 6:06AM Mon</b> Sukarma Until 2:40AM Mon Taitila Until 10:41PM <b>Navami* Until 10:41AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:08AM <b>Muruqa:</b> White <i>Sunset:</i> 5:54PM <b>Nataraja:</b> White Moon – Blue <b>Sivaloka Day</b> Chaitra•Panguni

<b>2</b>	<b>Monday, April 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Durban, South Africa
	Kataka Rasi: 16.37    Tithi 10 – 11 <b>Family Home Evening</b> 142917268 Creative Work    Siddha Yoga	<b>Gulika</b> 1:29PM – 2:57PM <b>Yama</b> 10:33AM – 12:01PM <b>Rahu</b> 7:37AM – 9:05AM	<b>Sun 24 Sutra 356</b> Khara 5113 Moon 2 - Phase 48 4th Phase
	<b>Yogaswami Mahasamadhi</b>	<b>Pushya Until 6:06AM</b> Dhriti Until 12:01AM Tue Vanija Until 9:07PM <b>Dasami Until 10:03AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:09AM <b>Muruqa:</b> White <i>Sunset:</i> 5:53PM <b>Nataraja:</b> White Moon – Blue <b>Sivaloka Day</b> Chaitra•Panguni

<b>3</b>	<b>Tuesday, April 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Durban, South Africa
	Simha Rasi: 0.14    Tithi 11 – 12 152917268	<b>Gulika</b> 12:01PM – 1:28PM <b>Yama</b> 9:05AM – 10:33AM <b>Rahu</b> 2:56PM – 4:24PM	<b>Sun 25 Sutra 357</b> Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga Until 4:28AM Wed then Amrita Yoga	<b>Magha* Until 4:28AM Wed</b> Shula* Until 9:59PM Bava Until 7:57PM <b>Ekadasi Until 8:53AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:10AM <b>Muruqa:</b> White <i>Sunset:</i> 5:52PM <b>Nataraja:</b> White Moon – Red <b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>4</b>	<b>Wednesday, April 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda* Yoga Balava/Taitila Karana Dvadasi/Trayodasi Yam Titau	Durban, South Africa
	Simha Rasi: 14.19    Tithi 12 – 13 152917268	<b>Gulika</b> 10:33AM – 12:00PM <b>Yama</b> 7:38AM – 9:05AM <b>Rahu</b> 12:00PM – 1:28PM	<b>Sun 26 Sutra 358</b> Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Amrita Yoga Until 9:05PM then no yoga Until 1:45AM Thu then Prabalarishta Yoga	<b>Purvaphalguni* Until 1:45AM Thu</b> Ganda* Until 6:22PM Taitila Until 3:20AM Thu <b>Dvadasi Until 6:46AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:10AM <b>Muruqa:</b> White <i>Sunset:</i> 5:51PM <b>Nataraja:</b> White Moon – Red <b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>5</b>	<b>Thursday, April 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Durban, South Africa
	Simha Rasi: 28.52    Tithi 14 152917268	<b>Gulika</b> 9:05AM – 10:33AM <b>Yama</b> 6:11AM – 7:38AM <b>Rahu</b> 1:27PM – 2:55PM	<b>Sun 27 Sutra 359</b> Khara 5113 Moon 2 - Phase 48 4th Phase
Routine Work	Prabalarishta Yoga Until 9:05PM then Siddha Yoga Until 11:50PM then Amrita Yoga	<b>Uttaraphalguni Until 11:50PM</b> Vriddhi Until 3:05PM Gara Until 2:24PM <b>Chaturdasi* Until 12:41AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:11AM <b>Muruqa:</b> White <i>Sunset:</i> 5:50PM <b>Nataraja:</b> White Moon – Red <b>Subha Sivaloka Day</b> Chaitra•Panguni

<b>○</b>	<b>Friday, April 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Durban, South Africa
	<b>Copper Retreat Star</b> Kanya Rasi: 13.44    Tithi 15 162917268	<b>Gulika</b> 7:38AM – 9:06AM <b>Yama</b> 2:54PM – 4:21PM <b>Rahu</b> 10:33AM – 12:00PM	<b>Sutra 360</b> Khara 5113 Moon 2 - Phase 48 Purnima
Creative Work	Amrita Yoga Until 9:05PM then Marana Yoga	<b>Hasta Until 9:22PM</b> Dhruva Until 11:18AM Visti Until 11:09AM <b>Purnima* Until 9:26PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:11AM <b>Muruqa:</b> White <i>Sunset:</i> 5:48PM <b>Nataraja:</b> White Moon – Green <b>Sivaloka Day</b> Chaitra•Panguni
	<b>Panguni Uttiram</b> <b>Hanuman Jayanti</b>		

<b>○</b>	<b>Saturday, April 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Prathama*/Dvitiya Yam Titau	Durban, South Africa
	<b>Silver Retreat Star</b> Kanya Rasi: 28.49    Tithi 16 – 17 162917268	<b>Gulika</b> 6:12AM – 7:39AM <b>Yama</b> 1:26PM – 2:53PM <b>Rahu</b> 9:06AM – 10:33AM	<b>Sutra 361</b> Khara 5113 Moon 2 - Phase 48 Prathama
Routine Work	Marana Yoga Until 6:34PM then Siddha Yoga	<b>Chitra Until 6:34PM</b> Vyaghata* Until 7:12AM Balava Until 7:33AM <b>Prathama* Until 5:51PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:12AM <b>Muruqa:</b> White <i>Sunset:</i> 5:47PM <b>Nataraja:</b> White Moon – Green <b>Sivaloka Day</b> Chaitra•Panguni

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1





**Sunday, April 8, 2012**  
**Gold Retreat Star**

Tula Rasi: 13.57      Tithi 17 - 18  
162917268  
Creative Work    Siddha Yoga  
Until 3:41PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Visakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    2:53PM - 4:19PM    **Svati Until 3:41PM**  
**Yama**      11:59AM - 1:26PM    **Vajra\* Until 11:01PM**  
**Rahu**      4:19PM - 5:46PM      **Vanija Until 12:26AM Mon**  
**Dvitiya Until 2:09PM**

**Ganesha:** White    *Sunrise: 6:12AM*  
**Muruqa:** White    *Sunset: 5:46PM*  
**Nataraja:** White  
Moon - Green  
**Chaitra•Panguni**

**Sivaloka Day**

Durban, South Africa  
**Sun 1    Sutra 362**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**1**

**Monday, April 9, 2012**

Tula Rasi: 28.59      Tithi 18 - 19  
172917268  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 12:57PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    1:25PM - 2:52PM    **Visakha Until 12:57PM**  
**Yama**      10:33AM - 11:59AM    **Siddhi Until 6:59PM**  
**Rahu**      7:40AM - 9:06AM      **Bava Until 8:55PM**  
**Tritiya Until 10:38AM**

**Ganesha:** Clear    *Sunrise: 6:13AM*  
**Muruqa:** White    *Sunset: 5:45PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

**Subha Sivaloka Day**

Durban, South Africa  
**Sun 2    Sutra 363**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**2**

**Tuesday, April 10, 2012**

Vrischika Rasi: 13.47      Tithi 19 - 20  
172117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    11:59AM - 1:25PM    **Anuradha Until 10:56AM**  
**Yama**      9:06AM - 10:32AM    **Vyatipata\* Until 3:56PM**  
**Rahu**      2:51PM - 4:18PM      **Kaulava Until 6:42PM**  
**Chaturthi\* Until 7:37AM**

**Ganesha:** Red    *Sunrise: 6:14AM*  
**Muruqa:** White    *Sunset: 5:46PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

**Subha Sivaloka Day**

Durban, South Africa  
**Sun 3    Sutra 364**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**3**

**Wednesday, April 11, 2012**

Vrischika Rasi: 28.16      Tithi 21  
173117268  
Creative Work    Siddha Yoga  
Until 8:58AM then Marana Yoga  
Until 9:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    10:32AM - 11:58AM    **Jyeshtha\* Until 8:58AM**  
**Yama**      7:40AM - 9:06AM      **Variyan Until 12:32PM**  
**Rahu**      11:58AM - 1:25PM      **Gara Until 3:56PM**  
**Shasthi\* Until 3:01AM Thu**

**Ganesha:** Blue    *Sunrise: 6:14AM*  
**Muruqa:** White    *Sunset: 5:43PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

**Subha Subha Sivaloka Day**

Durban, South Africa  
**Sun 4    Sutra 365**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**4**

**Thursday, April 12, 2012**

Dhanus Rasi: 12.22      Tithi 22  
183117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    9:06AM - 10:32AM    **Mula\* Until 7:40AM**  
**Yama**      6:15AM - 7:41AM      **Parigha\* Until 9:45AM**  
**Rahu**      1:24PM - 2:50PM      **Visti Until 1:53PM**  
**Saptami Until 12:58AM Fri**

**Ganesha:** Red    *Sunrise: 6:15AM*  
**Muruqa:** White    *Sunset: 5:42PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Panguni**

**Subha Sivaloka Day**

Durban, South Africa  
**Sun 5    Sutra 366**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase



**Friday, April 13, 2012**  
**Retreat Star**

Dhanus Rasi: 26.04      Tithi 23  
183117268  
Creative Work    Siddha Yoga  
Until 9:03PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    7:41AM - 9:07AM    **Purvashadha\* Until 7:07AM**  
**Yama**      2:49PM - 4:15PM      **Shiva Until 7:43AM**  
**Rahu**      10:32AM - 11:58AM    **Balava Until 1:06PM**  
**Ashtami\* Until 1:06AM Sat**

**Ganesha:** Red    *Sunrise: 6:15AM*  
**Muruqa:** White    *Sunset: 5:41PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Chaitra**

**Subha Sivaloka Day**

Durban, South Africa  
**Sun 6    Sutra 1**  
Nandana 5114  
Moon 3 - Phase 49  
Ashtami

**Saturday, April 14, 2012**  
**Retreat Star**

Makara Rasi: 9.23      Tithi 24  
283117268  
No Yoga  
Until 7:08AM then Siddha Yoga  
Until 9:03PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    6:16AM - 7:41AM    **Uttarashadha Until 7:08AM**  
**Yama**      1:23PM - 2:49PM      **Siddha Until 6:02AM**  
**Rahu**      9:07AM - 10:32AM    **Taitila Until 12:25PM**  
**Navami\* Until 12:25AM Sun**

**Ganesha:** Blue    *Sunrise: 6:16AM*  
**Muruqa:** White    *Sunset: 5:39PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Chaitra**

**Subha Subha Sivaloka Day**

Durban, South Africa  
**Sun 7    Sutra 2**  
Nandana 5114  
Moon 3 - Phase 49  
Navami

**Chidambaram Abhishekam**


<b>1</b>	<b>Sunday, April 15, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Durban, South Africa
		Sravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dasami Yam Titau			<b>Sun 8 Sutra 3</b>
Makara Rasi: 22.23	Tithi 25	<b>Gulika</b> 2:48PM – 4:13PM	<b>Sravana Until 7:45AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:17AM</i>	Nandana 5114
	293117268	<b>Yama</b> 11:57AM – 1:23PM	<b>Subha Until 3:48AM Mon</b>	<b>Muruqa:</b> White <i>Sunset: 5:38PM</i>	Moon 3 - Phase 1
Creative Work Amrita Yoga		<b>Rahu</b> 4:13PM – 5:38PM	<b>Vanija Until 12:22PM</b>	<b>Nataraja:</b> White	2nd Phase
Until 7:45AM then Siddha Yoga			<b>Dasami Until 12:22AM Mon</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Monday, April 16, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam			Durban, South Africa
		Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau			<b>Sun 9 Sutra 4</b>
Kumbha Rasi: 5.06	Tithi 26	<b>Gulika</b> 1:22PM – 2:47PM	<b>Dhanishtha Until 9:08AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:17AM</i>	Nandana 5114
<b>Family Home Evening</b>	293117268	<b>Yama</b> 10:32AM – 11:57AM	<b>Sukla Until 4:48AM Tue</b>	<b>Muruqa:</b> White <i>Sunset: 5:37PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		<b>Rahu</b> 7:42AM – 9:07AM	<b>Bava Until 12:54PM</b>	<b>Nataraja:</b> White	2nd Phase
Until 9:02PM then Marana Yoga			<b>Ekadasi* Until 12:54AM Tue</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Tuesday, April 17, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam			Durban, South Africa
		Satabhisha/Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi* Yam Titau			<b>Sun 10 Sutra 5</b>
Kumbha Rasi: 17.35	Tithi 27	<b>Gulika</b> 11:57AM – 1:22PM	<b>Satabhisha Until 10:49AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:18AM</i>	Nandana 5114
	293117268	<b>Yama</b> 9:07AM – 10:32AM	<b>Brahma Until 4:33AM Wed</b>	<b>Muruqa:</b> White <i>Sunset: 5:36PM</i>	Moon 3 - Phase 1
Routine Work Marana Yoga		<b>Rahu</b> 2:47PM – 4:11PM	<b>Kaulava Until 2:35PM</b>	<b>Nataraja:</b> White	2nd Phase
Until 9:02PM then Amrita Yoga			<b>Dvadasi* Until 3:41AM Wed</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Wednesday, April 18, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam			Durban, South Africa
		Purvaprostapada/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodasi* Yam Titau			<b>Sun 11 Sutra 6</b>
Kumbha Rasi: 29.53	Tithi 28	<b>Gulika</b> 10:32AM – 11:57AM	<b>Purvaprostapada* Until 12:54PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:18AM</i>	Nandana 5114
	213117268	<b>Yama</b> 7:43AM – 9:08AM	<b>Indra Until 4:40AM Thu</b>	<b>Muruqa:</b> White <i>Sunset: 5:35PM</i>	Moon 3 - Phase 1
Creative Work Amrita Yoga		<b>Rahu</b> 11:57AM – 1:21PM	<b>Gara Until 4:05PM</b>	<b>Nataraja:</b> White	2nd Phase
Until 12:54PM then Siddha Yoga			<b>Trayodasi* Until 5:10AM Thu</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Thursday, April 19, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam			Durban, South Africa
		Uttaraprostapada/Revati Nakshatra Vaidhrili* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			<b>Sun 12 Sutra 7</b>
Meena Rasi: 12.01	Tithi 29	<b>Gulika</b> 9:08AM – 10:32AM	<b>Uttaraprostapada Until 3:17PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:19AM</i>	Nandana 5114
	213117268	<b>Yama</b> 6:19AM – 7:43AM	<b>Vaidhrili* Until 5:04AM Fri</b>	<b>Muruqa:</b> White <i>Sunset: 5:34PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		<b>Rahu</b> 1:21PM – 2:45PM	<b>Visti Until 5:54PM</b>	<b>Nataraja:</b> White	2nd Phase
Until 9:01PM then Siddha Yoga			<b>Chaturdasi* Until 6:56AM Fri</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>

	<b>Friday, April 20, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam			Durban, South Africa
	<b>Retreat Star</b>	Revati/Pushya Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			<b>Sun 13 Sutra 8</b>
Meena Rasi: 24.02	Tithi 29 – 30	<b>Gulika</b> 7:44AM – 9:08AM	<b>Revati Until 5:56PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:20AM</i>	Nandana 5114
	213117268	<b>Yama</b> 2:45PM – 4:09PM	<b>Vishkambha* Until 5:43AM Sat</b>	<b>Muruqa:</b> White <i>Sunset: 5:33PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		<b>Rahu</b> 10:32AM – 11:56AM	<b>Catuspada Until 8:01PM</b>	<b>Nataraja:</b> White	Amavasya
Until 5:56PM then Amrita Yoga			<b>Chaturdasi* Until 6:56AM</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>
Until 9:01PM then Siddha Yoga					

<b>6</b>	<b>Saturday, April 21, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Durban, South Africa
	<b>Retreat Star</b>	Asvini Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			<b>Sun 14 Sutra 9</b>
Mesha Rasi: 5.56	Tithi 30 – 1	<b>Gulika</b> 6:20AM – 7:44AM	<b>Asvini Until 8:48PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:20AM</i>	Nandana 5114
	223117268	<b>Yama</b> 1:20PM – 2:44PM	<b>Priti Until 6:55AM Sun</b>	<b>Muruqa:</b> White <i>Sunset: 5:32PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		<b>Rahu</b> 9:08AM – 10:32AM	<b>Kintughna Until 10:22PM</b>	<b>Nataraja:</b> White	Prathama
Until 9:01PM then no yoga			<b>Amavasya* Until 9:17AM</b>	<b>Vaisaka-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>1</b>	<b>Sunday, April 22, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Durban, South Africa
	Mesha Rasi: 17.46      Tithi 1 – 2 223117268	<b>Gulika</b> 2:44PM – 4:07PM <b>Yama</b> 11:56AM – 1:20PM <b>Rahu</b> 4:07PM – 5:31PM	<b>Sun 15 Sutra 10</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
	No Yoga	<b>Bharani Until 11:49PM</b> Priti Until 6:55AM Balava Until 12:53AM Mon <b>Prathama* Until 11:47AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:21AM <b>Muruqa:</b> White <i>Sunset:</i> 5:31PM <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>
	Until 9.01PM then Siddha Yoga Until 11:49PM then no yoga		<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Monday, April 23, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Durban, South Africa
	Mesha Rasi: 29.32      Tithi 2 – 3 <b>Family Home Evening</b> 223117268	<b>Gulika</b> 1:19PM – 2:43PM <b>Yama</b> 10:32AM – 11:56AM <b>Rahu</b> 7:45AM – 9:09AM	<b>Sun 16 Sutra 11</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
	No Yoga	<b>Krittika Until 2:55AM Tue</b> Ayushman Until 7:59AM Taitila Until 3:29AM Tue <b>Dvitiya Until 2:23PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:21AM <b>Muruqa:</b> White <i>Sunset:</i> 5:30PM <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>
	Until 9.01PM then Siddha Yoga Until 2:55AM Tue then Amrita Yoga		<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Tuesday, April 24, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Durban, South Africa
	Wrishabha Rasi: 11.19      Tithi 3 – 4 233117269	<b>Gulika</b> 11:56AM – 1:19PM <b>Yama</b> 9:09AM – 10:32AM <b>Rahu</b> 2:42PM – 4:06PM	<b>Sun 17 Sutra 12</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
	Creative Work      Amrita Yoga	<b>Rohini Until 6:22AM Wed</b> Saubhagya Until 9:03AM Vanija Until 6:05AM Wed <b>Tritiya Until 4:59PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:22AM <b>Muruqa:</b> White <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>
	Until 9.00PM then Siddha Yoga		<b>Sivaloka Day</b>

<b>4</b>	<b>Wednesday, April 25, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Durban, South Africa
	Wrishabha Rasi: 23.09      Tithi 4 234117269	<b>Gulika</b> 10:32AM – 11:55AM <b>Yama</b> 7:46AM – 9:09AM <b>Rahu</b> 11:55AM – 1:19PM	<b>Sun 18 Sutra 13</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
	Creative Work      Siddha Yoga	<b>Rohini Until 6:22AM</b> Sobhana Until 10:01AM Vanija Until 6:24AM <b>Chaturthi* Until 7:29PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:23AM <b>Muruqa:</b> White <i>Sunset:</i> 5:28PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>
	Until 9.00PM then Marana Yoga		<b>Devaloka Day</b>

<b>5</b>	<b>Thursday, April 26, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau	Durban, South Africa
	Mithuna Rasi: 5.05      Tithi 5 234117269	<b>Gulika</b> 9:09AM – 10:32AM <b>Yama</b> 6:23AM – 7:46AM <b>Rahu</b> 1:18PM – 2:41PM	<b>Sun 19 Sutra 14</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
	Routine Work      Marana Yoga	<b>Mrigasira Until 9:09AM</b> Athiganda* Until 10:48AM Bava Until 8:39AM <b>Panchami Until 9:45PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:23AM <b>Muruqa:</b> White <i>Sunset:</i> 5:27PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>
	Until 9.00PM then Siddha Yoga		<b>Devaloka Day</b>

<b>6</b>	<b>Friday, April 27, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Durban, South Africa
	Mithuna Rasi: 17.12      Tithi 6 234117269	<b>Gulika</b> 7:47AM – 9:09AM <b>Yama</b> 2:41PM – 4:04PM <b>Rahu</b> 10:32AM – 11:55AM	<b>Sun 20 Sutra 15</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
	Creative Work      Siddha Yoga	<b>Ardra Until 11:36AM</b> Sukarma Until 11:16AM Kaulava Until 10:32AM <b>Shasthi* Until 11:38PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> White <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>
	Until 9.00PM then Marana Yoga		<b>Devaloka Day</b>

<b>Retreat Star</b>	<b>Saturday, April 28, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau	Durban, South Africa
	Mithuna Rasi: 29.33      Tithi 7 244117269	<b>Gulika</b> 6:24AM – 7:47AM <b>Yama</b> 1:18PM – 2:40PM <b>Rahu</b> 9:10AM – 10:32AM	<b>Sun 21 Sutra 16</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
	Routine Work      Marana Yoga	<b>Punarvasu Until 12:59PM</b> Dhriti Until 10:55AM Gara Until 11:24AM <b>Saptami Until 11:24PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> White <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>
	Until 12:59PM then Siddha Yoga		<b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Sunday, April 29, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Durban, South Africa
	Kataka Rasi: 12.13      Tithi 8 244117269	<b>Gulika</b> 2:40PM – 4:02PM <b>Yama</b> 11:55AM – 1:17PM <b>Rahu</b> 4:02PM – 5:25PM	<b>Sun 22 Sutra 17</b> Nandana 5114 Moon 3 - Phase 2 Ashtami
	Creative Work      Siddha Yoga	<b>Pushya Until 2:12PM</b> Shula* Until 10:23AM Visti Until 12:00PM <b>Ashtami* Until 12:00AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>
			<b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Monday, April 30, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navami* Yam Titau	Durban, South Africa
	Kataka Rasi: 25.17      Tithi 9 <b>Family Home Evening</b> 244117269	<b>Gulika</b> 1:17PM – 2:39PM <b>Yama</b> 10:32AM – 11:55AM <b>Rahu</b> 7:48AM – 9:10AM	<b>Sun 23 Sutra 18</b> Nandana 5114 Moon 3 - Phase 2 Navami
	Creative Work      Siddha Yoga	<b>Aslesha* Until 2:05PM</b> Ganda* Until 9:11AM Balava Until 11:23AM <b>Navami* Until 10:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> White <i>Sunset:</i> 5:24PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>
			<b>Sivaloka Day</b>


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Tuesday, May 1, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Durban, South Africa
	Simha Rasi: 8.47      Tithi 10	Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau			Sun 24      Sutra 19
	254117269	<b>Gulika</b> 11:54AM – 1:16PM	<b>Magha* Until 1:48PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:27AM	Nandana 5114
		<b>Yama</b> 9:11AM – 10:33AM	Vriddhi Until 7:09AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:22PM	Moon 3 - Phase 3
Creative Work      Siddha Yoga		<b>Rahu</b> 2:38PM – 4:00PM	Taitila Until 10:24AM	<b>Nataraja:</b> Clear	4th Phase
Until 8.59PM then Amrita Yoga			<b>Dasami Until 9:28PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Wednesday, May 2, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Durban, South Africa
	Simha Rasi: 22.45      Tithi 11	Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Sun 25      Sutra 20
	254117269	<b>Gulika</b> 10:33AM – 11:54AM	<b>Purvaphalguni* Until 12:43PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:27AM	Nandana 5114
		<b>Yama</b> 7:49AM – 9:11AM	Vyaghata* Until 1:55AM Thu	<b>Muruqa:</b> White <i>Sunset:</i> 5:21PM	Moon 3 - Phase 3
Creative Work      Amrita Yoga		<b>Rahu</b> 11:54AM – 1:16PM	Vanija Until 8:34AM	<b>Nataraja:</b> Clear	4th Phase
Until 8.59PM then Prabalarishta Yoga			<b>Ekadasi Until 7:38PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Thursday, May 3, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Durban, South Africa
	Kanya Rasi: 7.1      Tithi 12 – 13	Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Sun 26      Sutra 21
	254117269	<b>Gulika</b> 9:11AM – 10:33AM	<b>Uttaraphalguni Until 10:33AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM	Nandana 5114
		<b>Yama</b> 6:28AM – 7:50AM	Harshana Until 9:36PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:20PM	Moon 3 - Phase 3
Routine Work      Prabalarishta Yoga		<b>Rahu</b> 1:16PM – 2:37PM	Kaulava Until 2:29AM Fri	<b>Nataraja:</b> Clear	4th Phase
Until 10:33AM then no yoga			<b>Dvadasi Until 4:11PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
Until 8.59PM then Amrita Yoga			<i>Pradosha Vrata</i>		

<b>4</b>	<b>Friday, May 4, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			Durban, South Africa
	Kanya Rasi: 21.58      Tithi 13 – 14	Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Sun 27      Sutra 22
	264117269	<b>Gulika</b> 7:50AM – 9:11AM	<b>Hasta Until 8:12AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:29AM	Nandana 5114
		<b>Yama</b> 2:37PM – 3:58PM	Vajra* Until 5:57PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:20PM	Moon 3 - Phase 3
Creative Work      Amrita Yoga		<b>Rahu</b> 10:33AM – 11:54AM	Gara Until 11:21PM	<b>Nataraja:</b> Clear	4th Phase
Until 8:12AM then Siddha Yoga			<b>Trayodasi Until 1:04PM</b>	<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>
Until 8.59PM then Marana Yoga					

	<b>Saturday, May 5, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Durban, South Africa
	<b>Copper Retreat Star</b>	Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Sutra 23
	Tula Rasi: 7.02      Tithi 14 – 15	<b>Gulika</b> 6:29AM – 7:50AM	<b>Svati Until 2:45AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:29AM	Nandana 5114
	264217269	<b>Yama</b> 1:15PM – 2:37PM	Siddhi Until 1:53PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:19PM	Moon 3 - Phase 3
Creative Work      Siddha Yoga		<b>Rahu</b> 9:12AM – 10:33AM	Visti Until 7:44PM	<b>Nataraja:</b> Clear	Purnima
Until 2:45AM Sun then Marana Yoga			<b>Chaturdasi* Until 9:27AM</b>	<b>Vaisaka-Chaitra</b>	<b>Subha Sivaloka Day</b>

	<b>Sunday, May 6, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Durban, South Africa
	<b>Silver Retreat Star</b>	Visakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau			Sutra 24
	Tula Rasi: 22.14      Tithi 16	<b>Gulika</b> 2:36PM – 3:57PM	<b>Visakha Until 11:45PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:30AM	Nandana 5114
	274217269	<b>Yama</b> 11:54AM – 1:15PM	Vyatipata* Until 9:37AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:18PM	Moon 3 - Phase 3
Routine Work      Marana Yoga		<b>Rahu</b> 3:57PM – 5:18PM	Balava Until 3:54PM	<b>Nataraja:</b> Clear	Prathama
Until 11:45PM then Siddha Yoga			<b>Prathama* Until 2:11AM Mon</b>	<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>