



**Tuesday, April 19, 2011**  
**Gold Retreat Star**

Tula Rasi: 20.1      Tithi 17  
272456158  
Routine Work    Marana Yoga  
Until 8.01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**    12:27PM – 2:09PM  
**Yama**      9:02AM – 10:45AM  
**Rahu**      3:51PM – 5:34PM

**Visakha Until 3:05AM Wed**  
Siddhi Until 6:34PM  
Taitila Until 10:31AM  
**Dvitiya Until 8:49PM**

Carcare, Switzerland  
**Sutra 7**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Ganesha:** Yellow    *Sunrise:* 5:38AM  
**Muruqa:** Yellow    *Sunset:* 7:16PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**  
**Chaitra-Chaitra**



**Wednesday, April 20, 2011**

Wrischika Rasi: 4.51      Tithi 18  
272456158  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**    10:44AM – 12:27PM  
**Yama**      7:19AM – 9:01AM  
**Rahu**      12:27PM – 2:09PM

**Anuradha Until 2:15AM Thu**  
Vyatipata\* Until 3:40PM  
Vanija Until 7:42AM  
**Tritiya Until 6:47PM**

Carcare, Switzerland  
**Sutra 8**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Ganesha:** Yellow    *Sunrise:* 5:36AM  
**Muruqa:** Yellow    *Sunset:* 7:17PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**  
**Chaitra-Chaitra**



**Thursday, April 21, 2011**

Wrischika Rasi: 19.08      Tithi 19 – 20  
272456158  
Creative Work    Siddha Yoga  
Until 8.00PM then Prabalarishta Yoga  
Until 12:38AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    9:00AM – 10:43AM  
**Yama**      5:35AM – 7:18AM  
**Rahu**      2:09PM – 3:52PM

**Jyeshtha\* Until 12:38AM Fri**  
Variyan Until 12:36PM  
Kaulava Until 3:27AM Fri  
**Chaturthi\* Until 4:23PM**

Carcare, Switzerland  
**Sutra 9**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Ganesha:** Yellow    *Sunrise:* 5:35AM  
**Muruqa:** Yellow    *Sunset:* 7:18PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**  
**Chaitra-Chaitra**



**Friday, April 22, 2011**

Dhanus Rasi: 2.56      Tithi 20 – 21  
282456158  
No Yoga  
Until 8.00PM then Siddha Yoga  
Until 1:12AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    7:16AM – 9:00AM  
**Yama**      3:53PM – 5:36PM  
**Rahu**      10:43AM – 12:26PM

**Mula\* Until 1:12AM Sat**  
Parigha\* Until 10:36AM  
Gara Until 3:35AM Sat  
**Panchami Until 3:35PM**

Carcare, Switzerland  
**Sutra 10**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Ganesha:** Blue      *Sunrise:* 5:33AM  
**Muruqa:** Yellow    *Sunset:* 7:20PM  
**Nataraja:** Clear  
Moon – Light Blue

**Sivaloka Day**  
**Chaitra-Chaitra**



**Saturday, April 23, 2011**

Dhanus Rasi: 16.16      Tithi 21 – 22  
282466158  
Routine Work    Marana Yoga  
Until 8.00PM then Siddha Yoga  
Until 1:13AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    5:31AM – 7:15AM  
**Yama**      2:10PM – 3:53PM  
**Rahu**      8:59AM – 10:42AM

**Purvashadha\* Until 1:13AM Sun**  
Shiva Until 8:56AM  
Visti Until 2:53AM Sun  
**Shasthi\* Until 2:53PM**

Carcare, Switzerland  
**Sutra 11**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Ganesha:** Blue      *Sunrise:* 5:31AM  
**Muruqa:** Red        *Sunset:* 7:21PM  
**Nataraja:** Clear  
Moon – Light Blue

**Sivaloka Day**  
**Chaitra-Chaitra**



**Sunday, April 24, 2011**

Dhanus Rasi: 29.09      Tithi 22 – 23  
282466158  
Creative Work    Amrita Yoga  
Until 8.00PM then Marana Yoga  
Until 2:02AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    3:54PM – 5:38PM  
**Yama**      12:26PM – 2:10PM  
**Rahu**      5:38PM – 7:22PM

**Uttarashadha Until 2:02AM Mon**  
Siddha Until 8:01AM  
Balava Until 3:03AM Mon  
**Saptami Until 3:03PM**

Carcare, Switzerland  
**Sutra 12**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Ganesha:** Blue      *Sunrise:* 5:30AM  
**Muruqa:** Red        *Sunset:* 7:22PM  
**Nataraja:** Clear  
Moon – Light Blue

**Sivaloka Day**  
**Chaitra-Chaitra**



**Monday, April 25, 2011**  
**Retreat Star**

Makara Rasi: 11.4      Tithi 23 – 24  
293466159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 7.59PM then Siddha Yoga  
Until 5:19AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    2:10PM – 3:54PM  
**Yama**      10:41AM – 12:26PM  
**Rahu**      7:13AM – 8:57AM

**Sravana Until 5:19AM Tue**  
Sadhya Until 7:52AM  
Taitila Until 5:57AM Tue  
**Ashtami\* Until 4:51PM**

Carcare, Switzerland  
**Sutra 13**  
Khara 5113  
Moon 4 - Phase 1  
Ashtami

**Ganesha:** Green    *Sunrise:* 5:28AM  
**Muruqa:** Red        *Sunset:* 7:23PM  
**Nataraja:** Purple  
Moon – Purple

**Devaloka Day**  
**Chaitra-Chaitra**

**Tuesday, April 26, 2011**  
**Retreat Star**

Makara Rasi: 23.55      Tithi 24  
293466159  
Routine Work    Marana Yoga  
Until 7.59PM then Prabalarishta Yoga  
Until 7:24AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Subha/Sukla Yoga Gara Karana Navami\* Yam Titau


**Gulika**    12:25PM – 2:10PM  
**Yama**      8:56AM – 10:41AM  
**Rahu**      3:55PM – 5:40PM

**Dhanishtha Until 7:24AM Wed**  
Subha Until 8:05AM  
Gara Until 7:32AM Wed  
**Navami\* Until 6:27PM**

Carcare, Switzerland  
**Sutra 14**  
Khara 5113  
Moon 4 - Phase 1  
Navami

**Ganesha:** Green    *Sunrise:* 5:27AM  
**Muruqa:** Red        *Sunset:* 7:24PM  
**Nataraja:** Purple  
Moon – Purple

**Devaloka Day**  
**Chaitra-Chaitra**

<b>1</b>	<b>Wednesday, April 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau		Carcare, Switzerland		
				<b>Sutra 15</b> Khara 5113		
Kumbha Rasi: 5.58	Tithi 25	293566159	<b>Gulika</b> 10:40AM – 12:25PM <b>Yama</b> 7:10AM – 8:55AM <b>Rahu</b> 12:25PM – 2:10PM	<b>Dhanishtha</b> Until 7:24AM Sukla Until 8:39AM Vanija Until 7:22AM <b>Dasami</b> Until 8:28PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:26PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>	Moon 4 - Phase 2 2nd Phase <b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 7:24AM then Siddha Yoga Until 7:59PM then Marana Yoga						
<b>2</b>	<b>Thursday, April 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau		Carcare, Switzerland		
				<b>Sutra 16</b> Khara 5113		
Kumbha Rasi: 17.54	Tithi 26	293566159	<b>Gulika</b> 8:54AM – 10:40AM <b>Yama</b> 5:24PM – 7:09AM <b>Rahu</b> 2:11PM – 3:56PM	<b>Satabhisha</b> Until 10:12AM Brahma Until 9:27AM Bava Until 9:39AM <b>Ekadasi*</b> Until 10:44PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:27PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>	Moon 4 - Phase 2 2nd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 10:12AM then Siddha Yoga						
<b>3</b>	<b>Friday, April 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau		Carcare, Switzerland		
				<b>Sutra 17</b> Khara 5113		
Kumbha Rasi: 29.46	Tithi 27	213566159	<b>Gulika</b> 7:08AM – 8:54AM <b>Yama</b> 3:57PM – 5:42PM <b>Rahu</b> 10:39AM – 12:25PM	<b>Purvaprostapada*</b> Until 1:08PM Indra Until 10:21AM Kaulava Until 12:03PM <b>Dvadasi*</b> Until 1:08AM Sat	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:22AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:28PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>	Moon 4 - Phase 2 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga						
<b>4</b>	<b>Saturday, April 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manu Vasara Yuktayam Uttaraprostapada*/Uttaraprostapada Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Carcare, Switzerland		
				<b>Sutra 18</b> Khara 5113		
Meena Rasi: 11.38	Tithi 28	213566159	<b>Gulika</b> 5:21AM – 7:07AM <b>Yama</b> 2:11PM – 3:57PM <b>Rahu</b> 8:53AM – 10:39AM	<b>Uttaraprostapada</b> Until 4:04PM Vaidhriti* Until 11:16AM Gara Until 2:28PM <b>Trayodasi*</b> Until 3:33AM Sun <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:29PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>	Moon 4 - Phase 2 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 4:04PM then Prabalarishta Yoga Until 7:59PM then Amrita Yoga						
<b>5</b>	<b>Sunday, May 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Carcare, Switzerland		
				<b>Sutra 19</b> Khara 5113		
Meena Rasi: 23.32	Tithi 29	213566159	<b>Gulika</b> 3:58PM – 5:44PM <b>Yama</b> 12:25PM – 2:11PM <b>Rahu</b> 5:44PM – 7:30PM	<b>Revati</b> Until 6:56PM Vishkambha* Until 12:07PM Visti Until 4:48PM <b>Chaturdasi*</b> Until 5:53AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:19AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:30PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>	Moon 4 - Phase 2 2nd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 6:56PM then Siddha Yoga						
	<b>Monday, May 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Catuspada* Karana Amavasya* Yam Titau		Carcare, Switzerland		
	<b>Retreat Star</b>			<b>Sutra 20</b> Khara 5113		
Mesha Rasi: 5.3	Tithi 30	223566159	<b>Gulika</b> 2:11PM – 3:58PM <b>Yama</b> 10:38AM – 12:25PM <b>Rahu</b> 7:04AM – 8:51AM	<b>Asvini</b> Until 9:40PM Priti Until 12:51PM Catuspada Until 6:59PM <b>Amavasya*</b> Until 7:52AM Tue	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:18AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:32PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra-Chaitra</b>	Moon 4 - Phase 2 Amavasya <b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga						
	<b>Tuesday, May 3, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Carcare, Switzerland		
	<b>Retreat Star</b>			<b>Sutra 21</b> Khara 5113		
Mesha Rasi: 17.34	Tithi 30 – 1	223566159	<b>Gulika</b> 12:25PM – 2:12PM <b>Yama</b> 8:50AM – 10:37AM <b>Rahu</b> 3:59PM – 5:46PM	<b>Bharani</b> Until 12:12AM Wed Ayushman Until 1:24PM Kintughna Until 8:58PM <b>Amavasya*</b> Until 7:52AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:16AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:33PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>	Moon 4 - Phase 2 Prathama <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 7:58PM then Marana Yoga Until 12:12AM Wed then Amrita Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Wednesday, May 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Carcare, Switzerland
	Mesha Rasi: 29.45    Tithi 1 – 2	223566159	<b>Gulika</b> 10:37AM – 12:24PM <b>Yama</b> 7:02AM – 8:50AM <b>Rahu</b> 12:24PM – 2:12PM	<b>Krittika Until 2:30AM Thu</b> Saubhagya Until 1:44PM Balava Until 10:41PM <b>Prathama* Until 9:35AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:15AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:34PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>
	Creative Work    Amrita Yoga Until 7.58PM then Marana Yoga				


<b>2</b>	<b>Thursday, May 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Carcare, Switzerland
	Virshabha Rasi: 12.05    Tithi 2 – 3	233566159	<b>Gulika</b> 8:49AM – 10:37AM <b>Yama</b> 5:13AM – 7:01AM <b>Rahu</b> 2:12PM – 4:00PM	<b>Rohini Until 2:47AM Fri</b> Sobhana Until 1:48PM Taitila Until 10:34PM <b>Dvitiya Until 10:34AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:13AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:35PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>
	Routine Work    Marana Yoga Until 2:47AM Fri then Siddha Yoga				

<b>3</b>	<b>Friday, May 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Carcare, Switzerland
	Virshabha Rasi: 24.35    Tithi 3 – 4	233566159	<b>Gulika</b> 7:00AM – 8:48AM <b>Yama</b> 4:00PM – 5:48PM <b>Rahu</b> 10:36AM – 12:24PM	<b>Mrigasira Until 4:19AM Sat</b> Athiganda* Until 1:01PM Vanija Until 11:30PM <b>Tritiya Until 11:30AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:12AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:36PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>
	Creative Work    Siddha Yoga				

<b>4</b>	<b>Saturday, May 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Carcare, Switzerland
	Mithuna Rasi: 7.17    Tithi 4 – 5	233566159	<b>Gulika</b> 5:11AM – 6:59AM <b>Yama</b> 2:13PM – 4:01PM <b>Rahu</b> 8:47AM – 10:36AM	<b>Ardra Until 5:29AM Sun</b> Sukarma Until 12:26PM Bava Until 12:03AM Sun <b>Chaturthi* Until 12:03PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:11AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:38PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>
	Creative Work    Siddha Yoga				

<b>5</b>	<b>Sunday, May 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Carcare, Switzerland
	Mithuna Rasi: 20.13    Tithi 5 – 6	243566159	<b>Gulika</b> 4:01PM – 5:50PM <b>Yama</b> 12:24PM – 2:13PM <b>Rahu</b> 5:50PM – 7:39PM	<b>Punarvasu Until 6:14AM Mon</b> Dhriti Until 11:28AM Kaulava Until 12:07AM Mon <b>Panchami Until 12:07PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:09AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:39PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>
	Creative Work    Siddha Yoga Until 7.58PM then Amrita Yoga Until 6:14AM Mon then Siddha Yoga		<b>Mother's Day</b>		

<b>6</b>	<b>Monday, May 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Carcare, Switzerland
	Kataka Rasi: 3.25    Tithi 6 – 7	244566159	<b>Gulika</b> 2:13PM – 4:02PM <b>Yama</b> 10:35AM – 12:24PM <b>Rahu</b> 6:57AM – 8:46AM	<b>Pushya Until 6:29AM Tue</b> Shula* Until 10:02AM Gara Until 10:18PM <b>Shasthi* Until 11:13AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:08AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>
	<b>Family Home Evening</b> Creative Work    Siddha Yoga				

	<b>Tuesday, May 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Carcare, Switzerland
	<b>Retreat Star</b>		<b>Gulika</b> 12:24PM – 2:13PM <b>Yama</b> 8:45AM – 10:35AM <b>Rahu</b> 4:03PM – 5:52PM	<b>Aslesha* Until 4:27AM Wed</b> Ganda* Until 7:58AM Visti Until 9:19PM <b>Saptami Until 10:14AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:07AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:41PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>
	Kataka Rasi: 16.55    Tithi 7 – 8	244566159			
	Creative Work    Siddha Yoga				

<b>7</b>	<b>Wednesday, May 11, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Carcare, Switzerland
	<b>Retreat Star</b>		<b>Gulika</b> 10:34AM – 12:24PM <b>Yama</b> 6:55AM – 8:45AM <b>Rahu</b> 12:24PM – 2:14PM	<b>Magha* Until 3:37AM Thu</b> Dhruva Until 2:58AM Thu Balava Until 7:44PM <b>Ashtami* Until 8:40AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:06AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>
	Simha Rasi: 0.44    Tithi 8 – 9	254566159			
	Creative Work    Siddha Yoga Until 7.58PM then Amrita Yoga Until 3:37AM Thu then no yoga				

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

<b>1</b>	<b>Thursday, May 12, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Navami*/Dasami Yam Titau				Carcare, Switzerland
	Simha Rasi: 14.52    Tithi 9 – 10	<b>Gulika</b> 8:44AM – 10:34AM	<b>Purvaphalguni*</b> Until 2:13AM Fri	<b>Ganesha:</b> White <i>Sunrise:</i> 5:04AM	<b>Sutra 30</b>	Khara 5113
	254566159	<b>Yama</b> 5:04AM – 6:54AM	<b>Vyaghata*</b> Until 12:07AM Fri	<b>Muruqa:</b> Red <i>Sunset:</i> 7:43PM	Moon 4 - Phase 4	4th Phase
	No Yoga	<b>Rahu</b> 2:14PM – 4:04PM	<b>Gara</b> Until 4:38AM Fri	<b>Nataraja:</b> Purple	<b>Devaloka Day</b>	
	Until 7.58PM then Siddha Yoga		<b>Navami*</b> Until 6:29AM	<b>Vaisaka-Chaitra</b>		

<b>2</b>	<b>Friday, May 13, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadasi Yam Titau				Carcare, Switzerland
	Simha Rasi: 29.19    Tithi 11	<b>Gulika</b> 6:53AM – 8:44AM	<b>Uttaraphalguni</b> Until 11:05PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:03AM	<b>Sutra 31</b>	Khara 5113
	254566159	<b>Yama</b> 4:04PM – 5:54PM	<b>Harshana</b> Until 7:52PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:44PM	Moon 4 - Phase 4	4th Phase
	Creative Work    Siddha Yoga	<b>Rahu</b> 10:34AM – 12:24PM	<b>Vanija</b> Until 2:12PM	<b>Nataraja:</b> Purple	<b>Devaloka Day</b>	
	Until 7.58PM then Marana Yoga		<b>Ekadasi</b> Until 12:29AM Sat	<b>Vaisaka-Chaitra</b>		

<b>3</b>	<b>Saturday, May 14, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadasi Yam Titau				Carcare, Switzerland
	Kanya Rasi: 14.01    Tithi 12	<b>Gulika</b> 5:02AM – 6:53AM	<b>Hasta</b> Until 8:55PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:02AM	<b>Sutra 32</b>	Khara 5113
	264566159	<b>Yama</b> 2:14PM – 4:05PM	<b>Vajra*</b> Until 4:23PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:46PM	Moon 4 - Phase 4	4th Phase
	Routine Work    Marana Yoga	<b>Rahu</b> 8:43AM – 10:33AM	<b>Bava</b> Until 11:15AM	<b>Nataraja:</b> Purple	<b>Sivaloka Day</b>	
	Until 7.58PM then Amrita Yoga		<b>Dvadasi</b> Until 9:32PM	<b>Vaisaka-Chaitra</b>		
	Until 8:55PM then Siddha Yoga					

<b>4</b>	<b>Sunday, May 15, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Carcare, Switzerland
	Kanya Rasi: 28.5    Tithi 13	<b>Gulika</b> 4:05PM – 5:56PM	<b>Chitra</b> Until 6:31PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:01AM	<b>Sutra 33</b>	Khara 5113
	264566159	<b>Yama</b> 12:24PM – 2:15PM	<b>Siddhi</b> Until 12:42PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:47PM	Moon 4 - Phase 4	4th Phase
	Creative Work    Siddha Yoga	<b>Rahu</b> 5:56PM – 7:47PM	<b>Kaulava</b> Until 8:02AM	<b>Nataraja:</b> Purple	<b>Sivaloka Day</b>	
	Until 7.58PM then Amrita Yoga		<b>Trayodasi</b> Until 6:20PM	<b>Vaisaka-Vaikasi</b>		
			<i>Pradosha Vrata</i>			

<b>5</b>	<b>Monday, May 16, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Vyalipata*Varjyan Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau				Carcare, Switzerland
	Tula Rasi: 13.42    Tithi 14 – 15	<b>Gulika</b> 2:15PM – 4:06PM	<b>Svati</b> Until 4:05PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:00AM	<b>Sutra 34</b>	Khara 5113
	<b>Family Home Evening</b>	<b>Yama</b> 10:33AM – 12:24PM	<b>Vyatipata*</b> Until 8:57AM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:48PM	Moon 4 - Phase 4	4th Phase
	264566159	<b>Rahu</b> 6:51AM – 8:42AM	<b>Visli</b> Until 1:22AM Tue	<b>Nataraja:</b> Purple	<b>Sivaloka Day</b>	
	Creative Work    Amrita Yoga		<b>Chaturdasi*</b> Until 3:04PM	<b>Vaisaka-Vaikasi</b>		
	Until 4:05PM then Marana Yoga					

<b>○</b>	<b>Tuesday, May 17, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Carcare, Switzerland
	<b>Copper Retreat Star</b>	<b>Gulika</b> 12:24PM – 2:15PM	<b>Visakha</b> Until 1:48PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:59AM	<b>Sutra 35</b>	Khara 5113
	Tula Rasi: 28.28    Tithi 15 – 16	<b>Yama</b> 8:41AM – 10:33AM	<b>Parigha*</b> Until 2:40AM Wed	<b>Muruqa:</b> Red <i>Sunset:</i> 7:49PM	Moon 4 - Phase 4	Purnima
	274566159	<b>Rahu</b> 4:06PM – 5:58PM	<b>Balava</b> Until 10:17PM	<b>Nataraja:</b> Purple	<b>Devaloka Day</b>	
	Routine Work    Marana Yoga		<b>Purnima*</b> Until 12:00PM	<b>Vaisaka-Vaikasi</b>		
	Until 1:48PM then Siddha Yoga					

<b>○</b>	<b>Wednesday, May 18, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitya Yam Titau				Carcare, Switzerland
	<b>Silver Retreat Star</b>	<b>Gulika</b> 10:32AM – 12:24PM	<b>Anuradha</b> Until 12:19PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:58AM	<b>Sutra 36</b>	Khara 5113
	Vrischika Rasi: 12.59    Tithi 16 – 17	<b>Yama</b> 6:49AM – 8:41AM	<b>Shiva</b> Until 11:13PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:50PM	Moon 4 - Phase 4	Prathama
	274566159	<b>Rahu</b> 12:24PM – 2:15PM	<b>Taitila</b> Until 8:40PM	<b>Nataraja:</b> Purple	<b>Devaloka Day</b>	
	Creative Work    Siddha Yoga		<b>Prathama*</b> Until 9:35AM	<b>Vaisaka-Vaikasi</b>		



**Thursday, May 19, 2011**  
**Gold Retreat Star**

Vrischika Rasi: 27.1    Titthi 17 – 18  
274566159  
Creative Work    Siddha Yoga  
Until 7.58PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    8:40AM – 10:32AM    **Jyeshtha\* Until 10:51AM**  
**Yama**       4:57AM – 6:49AM       Siddha Until 8:19PM  
**Rahu**       2:16PM – 4:08PM       Vanija Until 6:24PM  
Dvitiya Until 7:20AM

**Ganesha:** Blue    *Sunrise:* 4:57AM  
**Muruqa:** Red    *Sunset:* 7:51PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

Carcare, Switzerland  
**Sun 1    Sutra 37**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**1    Friday, May 20, 2011**

Dhanus Rasi: 10.57    Titthi 19  
284566159  
No Yoga  
Until 10:24AM then Siddha Yoga  
Until 7.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    6:48AM – 8:40AM    **Mula\* Until 10:24AM**  
**Yama**       4:08PM – 6:00PM       Sadhya Until 6:55PM  
**Rahu**       10:32AM – 12:24PM    Bava Until 5:47PM  
Chaturthi\* Until 5:47AM Sat

**Ganesha:** Red    *Sunrise:* 4:56AM  
**Muruqa:** Red    *Sunset:* 7:52PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Carcare, Switzerland  
**Sun 2    Sutra 38**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**2    Saturday, May 21, 2011**

Dhanus Rasi: 24.19    Titthi 20  
285566159  
Routine Work    Marana Yoga  
Until 10:20AM then no yoga  
Until 7.58PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    4:55AM – 6:47AM    **Purvashadha\* Until 10:20AM**  
**Yama**       2:16PM – 4:09PM       Subha Until 5:13PM  
**Rahu**       8:40AM – 10:32AM    Kaulava Until 4:59PM  
Panchami Until 4:59AM Sun

**Ganesha:** Yellow    *Sunrise:* 4:55AM  
**Muruqa:** Red    *Sunset:* 7:53PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Carcare, Switzerland  
**Sun 3    Sutra 39**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**3    Sunday, May 22, 2011**

Makara Rasi: 7.16    Titthi 21  
285666159  
Creative Work    Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha\*/Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    4:09PM – 6:02PM    **Uttarashadha Until 11:02AM**  
**Yama**       12:24PM – 2:17PM       Sukla Until 4:12PM  
**Rahu**       6:02PM – 7:54PM       Gara Until 5:00PM  
Shasthi\* Until 5:00AM Mon

**Ganesha:** Red    *Sunrise:* 4:54AM  
**Muruqa:** Red    *Sunset:* 7:54PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Carcare, Switzerland  
**Sun 4    Sutra 40**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**4    Monday, May 23, 2011**

Makara Rasi: 19.53    Titthi 22  
295666159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 12:55PM then Siddha Yoga  
Until 7.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti\* Karana Saptami Yam Titau  
**Gulika**    2:17PM – 4:10PM    **Sravana Until 12:55PM**  
**Yama**       10:31AM – 12:24PM    Brahma Until 4:34PM  
**Rahu**       6:46AM – 8:39AM       Visti Until 6:47PM  
Saptami Until 7:07AM Tue

**Ganesha:** Green    *Sunrise:* 4:53AM  
**Muruqa:** Red    *Sunset:* 7:55PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Carcare, Switzerland  
**Sun 5    Sutra 41**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**Tuesday, May 24, 2011**  
**Retreat Star**

Kumbha Rasi: 2.11    Titthi 22 – 23  
295666159  
Routine Work    Marana Yoga  
Until 7.58PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhrili\* Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    12:24PM – 2:17PM    **Dhanishtha Until 2:58PM**  
**Yama**       8:38AM – 10:31AM    Indra Until 4:41PM  
**Rahu**       4:10PM – 6:03PM       Balava Until 8:12PM  
Saptami Until 7:07AM

**Ganesha:** Green    *Sunrise:* 4:52AM  
**Muruqa:** Red    *Sunset:* 7:56PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Carcare, Switzerland  
**Sun 6    Sutra 42**  
Khara 5113  
Moon 5 - Phase 5  
Ashtami

**Devaloka Day**

**Wednesday, May 25, 2011**  
**Retreat Star**

Kumbha Rasi: 14.17    Titthi 23 – 24  
295666159  
Creative Work    Siddha Yoga  
Until 5:25PM then Amrita Yoga  
Until 7.58PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Vaidhrili\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    10:31AM – 12:24PM    **Satabhisha Until 5:25PM**  
**Yama**       6:45AM – 8:38AM       Vaidhrili\* Until 5:11PM  
**Rahu**       12:24PM – 2:18PM       Taitila Until 10:05PM  
Ashtami\* Until 8:59AM

**Ganesha:** Green    *Sunrise:* 4:52AM  
**Muruqa:** Red    *Sunset:* 7:57PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Carcare, Switzerland  
**Sun 7    Sutra 43**  
Khara 5113  
Moon 5 - Phase 5  
Navami

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

<b>1</b>	<b>Thursday, May 26, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau						Carcare, Switzerland
	Kumbha Rasi: 26.15	Tithi 24 – 25						<b>Sun 8 Sutra 44</b> Khara 5113
	315666159		<b>Gulika</b> 8:38AM – 10:31AM <b>Yama</b> 4:51AM – 6:44AM <b>Rahu</b> 2:18PM – 4:11PM	<b>Purvaprostapada* Until 8:10PM</b> Vishkambha* Until 5:56PM Vanija Until 12:15AM Fri Navami* Until 11:10AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 7:58PM		Moon 5 - Phase 6 2nd Phase
	Creative Work Siddha Yoga						<b>Sivaloka Day</b>	

<b>2</b>	<b>Friday, May 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau						Carcare, Switzerland
	Meena Rasi: 8.09	Tithi 25 – 26						<b>Sun 9 Sutra 45</b> Khara 5113
	315666159		<b>Gulika</b> 6:44AM – 8:37AM <b>Yama</b> 4:12PM – 6:05PM <b>Rahu</b> 10:31AM – 12:25PM	<b>Uttaraprostapada Until 11:02PM</b> Priti Until 6:49PM Bava Until 2:35AM Sat Dasami Until 1:29PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 4:50AM <b>Sunset:</b> 7:59PM		Moon 5 - Phase 6 2nd Phase
	Creative Work Siddha Yoga Until 11:02PM then Prabalarishta Yoga						<b>Sivaloka Day</b>	


<b>3</b>	<b>Saturday, May 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau						Carcare, Switzerland
	Meena Rasi: 20.02	Tithi 26 – 27						<b>Sun 10 Sutra 46</b> Khara 5113
	315666159		<b>Gulika</b> 4:49AM – 6:43AM <b>Yama</b> 2:19PM – 4:12PM <b>Rahu</b> 8:37AM – 10:31AM	<b>Revati Until 1:55AM Sun</b> Ayushman Until 7:42PM Kaulava Until 4:54AM Sun Ekadasi* Until 3:49PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 4:49AM <b>Sunset:</b> 8:00PM		Moon 5 - Phase 6 2nd Phase
	Routine Work Prabalarishta Yoga Until 7:58PM then Amrita Yoga Until 1:55AM Sun then Siddha Yoga						<b>Sivaloka Day</b>	

<b>4</b>	<b>Sunday, May 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Talitla/Gara Karana Dvadasi*/Trayodasi* Yam Titau						Carcare, Switzerland
	Mesha Rasi: 1.59	Tithi 27 – 28						<b>Sun 11 Sutra 47</b> Khara 5113
	325666159		<b>Gulika</b> 4:13PM – 6:07PM <b>Yama</b> 12:25PM – 2:19PM <b>Rahu</b> 6:07PM – 8:01PM	<b>Asvini Until 4:42AM Mon</b> Saubhagya Until 8:30PM Gara Until 7:08AM Mon Dvadasi* Until 6:02PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 4:49AM <b>Sunset:</b> 8:01PM		Moon 5 - Phase 6 2nd Phase
	Creative Work Siddha Yoga						<b>Devaloka Day</b>	

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Monday, May 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau						Carcare, Switzerland
	Mesha Rasi: 14.01	Tithi 28						<b>Sun 12 Sutra 48</b> Khara 5113
	325666159		<b>Gulika</b> 2:19PM – 4:13PM <b>Yama</b> 10:31AM – 12:25PM <b>Rahu</b> 6:42AM – 8:36AM	<b>Bharani Until 6:54AM Tue</b> Sobhana Until 9:07PM Gara Until 6:57AM Trayodasi* Until 8:02PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 4:48AM <b>Sunset:</b> 8:02PM		Moon 5 - Phase 6 2nd Phase
	Family Home Evening Creative Work Siddha Yoga						<b>Devaloka Day</b>	

<b>6</b>	<b>Tuesday, May 31, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau						Carcare, Switzerland
	Mesha Rasi: 26.13	Tithi 29						<b>Sun 13 Sutra 49</b> Khara 5113
	326666159		<b>Gulika</b> 12:25PM – 2:19PM <b>Yama</b> 8:36AM – 10:31AM <b>Rahu</b> 4:14PM – 6:08PM	<b>Bharani Until 6:54AM</b> Athiganda* Until 9:27PM Visti Until 8:37AM Chaturdasi* Until 9:43PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 8:03PM		Moon 5 - Phase 6 2nd Phase
	Creative Work Siddha Yoga Until 7:59PM then Amrita Yoga						<b>Devaloka Day</b>	

	<b>Wednesday, June 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau						Carcare, Switzerland
	<b>Retreat Star</b>							<b>Sun 14 Sutra 50</b> Khara 5113
	Vrishabha Rasi: 8.35	Tithi 30						Moon 5 - Phase 6 Amavasya
	326666159		<b>Gulika</b> 10:31AM – 12:25PM <b>Yama</b> 6:41AM – 8:36AM <b>Rahu</b> 12:25PM – 2:20PM	<b>Krittika Until 8:36AM</b> Sukarma Until 8:21PM Catuspada Until 9:34AM Amavasya* Until 9:34PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 8:04PM		

<b>Retreat Star</b>	<b>Thursday, June 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau						Carcare, Switzerland
	Vrishabha Rasi: 21.11	Tithi 1						<b>Sun 15 Sutra 51</b> Khara 5113
	336666159		<b>Gulika</b> 8:36AM – 10:31AM <b>Yama</b> 4:46AM – 6:41AM <b>Rahu</b> 2:20PM – 4:15PM	<b>Rohini Until 9:58AM</b> Dhriti Until 7:58PM Kintughna Until 10:18AM Prathama* Until 10:18PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 4:46AM <b>Sunset:</b> 8:04PM		Moon 5 - Phase 6 Prathama
	Routine Work Marana Yoga Until 7:59PM then Siddha Yoga						<b>Devaloka Day</b>	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

<b>1</b>	<b>Friday, June 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Carcare, Switzerland
	Mithuna Rasi: 4.01	Tithi 2			Sun 16 Sutra 52 Khara 5113
		336666159	<b>Gulika</b> 6:41AM – 8:36AM <b>Yama</b> 4:15PM – 6:10PM <b>Rahu</b> 10:31AM – 12:26PM	<b>Mrigasira Until 10:55AM</b> Shula* Until 7:12PM Balava Until 10:34AM <b>Dvitiya Until 10:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:05PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			Devaloka Day Moon 5 - Phase 7 3rd Phase


<b>2</b>	<b>Saturday, June 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Tritiya Yam Titau		Carcare, Switzerland
	Mithuna Rasi: 17.04	Tithi 3			Sun 17 Sutra 53 Khara 5113
		336666159	<b>Gulika</b> 4:45AM – 6:40AM <b>Yama</b> 2:21PM – 4:16PM <b>Rahu</b> 8:36AM – 10:31AM	<b>Ardra Until 11:25AM</b> Ganda* Until 6:02PM Tailila Until 10:22AM <b>Tritiya Until 10:22PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:06PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			Devaloka Day Moon 5 - Phase 7 3rd Phase
	Until 11:25AM then Marana Yoga				
	Until 8:00PM then Siddha Yoga				

<b>3</b>	<b>Sunday, June 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Vishti* Karana Chaturthi* Yam Titau		Carcare, Switzerland
	Kataka Rasi: 0.21	Tithi 4			Sun 18 Sutra 54 Khara 5113
		346666151	<b>Gulika</b> 4:16PM – 6:11PM <b>Yama</b> 12:26PM – 2:21PM <b>Rahu</b> 6:11PM – 8:07PM	<b>Punarvasu Until 11:07AM</b> Vridhhi Until 4:28PM Vanija Until 9:25AM <b>Chaturthi* Until 8:30PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:07PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			Devaloka Day Moon 5 - Phase 7 3rd Phase

<b>4</b>	<b>Monday, June 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau		Carcare, Switzerland
	Kataka Rasi: 13.52	Tithi 5			Sun 19 Sutra 55 Khara 5113
	<b>Family Home Evening</b>	346666151	<b>Gulika</b> 2:21PM – 4:17PM <b>Yama</b> 10:31AM – 12:26PM <b>Rahu</b> 6:40AM – 8:35AM	<b>Pushya Until 10:48AM</b> Dhruva Until 1:58PM Bava Until 8:24AM <b>Panchami Until 7:29PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:07PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			Devaloka Day Moon 5 - Phase 7 3rd Phase

<b>5</b>	<b>Tuesday, June 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Shasthi* Yam Titau		Carcare, Switzerland
	Kataka Rasi: 27.35	Tithi 6			Sun 20 Sutra 56 Khara 5113
		347666151	<b>Gulika</b> 12:26PM – 2:22PM <b>Yama</b> 8:35AM – 10:31AM <b>Rahu</b> 4:17PM – 6:13PM	<b>Aslesha* Until 10:09AM</b> Vyaghata* Until 11:49AM Kaulava Until 7:00AM <b>Shasthi* Until 6:04PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:08PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			Devaloka Day Moon 5 - Phase 7 3rd Phase

<b>6</b>	<b>Wednesday, June 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Vanija/Vishti* Karana Saptami/Ashtami* Yam Titau		Carcare, Switzerland
	Simha Rasi: 11.3	Tithi 7 – 8			Sun 21 Sutra 57 Khara 5113
		357666151	<b>Gulika</b> 10:31AM – 12:26PM <b>Yama</b> 6:40AM – 8:35AM <b>Rahu</b> 12:26PM – 2:22PM	<b>Magha* Until 9:09AM</b> Harshana Until 9:21AM Vishti Until 3:23AM Thu <b>Saptami Until 4:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:09PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			Sivaloka Day Moon 5 - Phase 7 3rd Phase
	Until 9:09AM then Amrita Yoga				
	Until 8:00PM then no yoga				

	<b>Thursday, June 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Carcare, Switzerland
	Simha Rasi: 25.35	Tithi 8 – 9			Sun 22 Sutra 58 Khara 5113
	<b>Retreat Star</b>	357666151	<b>Gulika</b> 8:35AM – 10:31AM <b>Yama</b> 4:44AM – 6:39AM <b>Rahu</b> 2:22PM – 4:18PM	<b>Purvaphalguni* Until 7:51AM</b> Vajra* Until 6:36AM Balava Until 1:17AM Fri <b>Ashtami* Until 2:13PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:09PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>
	No Yoga				Sivaloka Day
	Until 7:51AM then Prabalarishta Yoga				
	Until 8:00PM then Siddha Yoga				

<b>7</b>	<b>Friday, June 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Vyatipala* Yoga Kaulava/Tailila Karana Navami*/Dasami Yam Titau		Carcare, Switzerland
	Kanya Rasi: 9.5	Tithi 9 – 10			Sun 23 Sutra 59 Khara 5113
		357666151	<b>Gulika</b> 6:39AM – 8:35AM <b>Yama</b> 4:18PM – 6:14PM <b>Rahu</b> 10:31AM – 12:27PM	<b>Uttaraphalguni Until 6:17AM</b> Vyatipala* Until 12:57AM Sat Tailila Until 10:54PM <b>Navami* Until 11:50AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:43AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:10PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>
	Creative Work	Siddha Yoga			Sivaloka Day Moon 5 - Phase 7 Navami
	Until 6:17AM then Amrita Yoga				
	Until 8:01PM then Marana Yoga				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

**1 Saturday, June 11, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Carcare, Switzerland  
 Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 60  
 Khara 5113  
 Kanya Rasi: 24.12 Tithi 10 – 11 367666151  
**Gulika** 4:43AM – 6:39AM **Chitra Until 3:23AM Sun** **Ganesha:** White *Sunrise:* 4:43AM  
**Yama** 2:23PM – 4:19PM Variyan Until 9:46PM **Muruqa:** Red *Sunset:* 8:11PM Moon 5 - Phase 8  
**Rahu** 8:35AM – 10:31AM Vanija Until 8:18PM **Nataraja:** Purple 4th Phase  
 Routine Work Marana Yoga **Devaloka Day**  
 Until 8.01PM then Siddha Yoga **Jyeshtha-Vaikasi**

**2 Sunday, June 12, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Carcare, Switzerland  
 Svati Nakshatra Parigha\* Yoga Visti\*/Balava Karana Ekadasi/Dvadasi Yam Titau Sun 25 Sutra 61  
 Khara 5113  
 Tula Rasi: 8.37 Tithi 11 – 12 367666151  
**Gulika** 4:19PM – 6:15PM **Svati Until 1:30AM Mon** **Ganesha:** White *Sunrise:* 4:43AM  
**Yama** 12:27PM – 2:23PM Parigha\* Until 6:29PM **Muruqa:** Red *Sunset:* 8:11PM Moon 5 - Phase 8  
**Rahu** 6:15PM – 8:11PM Balava Until 4:40AM Mon **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Devaloka Day**  
 Until 8.01PM then Amrita Yoga **Jyeshtha-Vaikasi**  
 Until 1:30AM Mon then Marana Yoga

**3 Monday, June 13, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Carcare, Switzerland  
 Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 62  
 Khara 5113  
 Tula Rasi: 23.03 Tithi 13 377666151  
**Gulika** 2:23PM – 4:19PM **Visakha Until 11:38PM** **Ganesha:** Yellow *Sunrise:* 4:43AM  
**Yama** 10:31AM – 12:27PM Shiva Until 3:13PM **Muruqa:** Red *Sunset:* 8:12PM Moon 5 - Phase 8  
**Rahu** 6:39AM – 8:35AM Kaulava Until 2:53PM **Nataraja:** Purple 4th Phase  
 Routine Work Marana Yoga **Sivaloka Day**  
 Until 11:38PM then Siddha Yoga **Vaikasi Visakam** **Trayodasi Until 1:58AM Tue** **Jyeshtha-Vaikasi**  
*Pradosha Vrata*

**4 Tuesday, June 14, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Carcare, Switzerland  
 Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau Sun 27 Sutra 63  
 Khara 5113  
 Vrishchika Rasi: 7.23 Tithi 14 378666151  
**Gulika** 12:28PM – 2:24PM **Anuradha Until 9:55PM** **Ganesha:** White *Sunrise:* 4:43AM  
**Yama** 8:35AM – 10:31AM Siddha Until 12:06PM **Muruqa:** Red *Sunset:* 8:12PM Moon 5 - Phase 8  
**Rahu** 4:20PM – 6:16PM Gara Until 12:20PM **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Subha Sivaloka Day**  
**Chaturdasi\* Until 11:25PM** **Jyeshtha-Vaikasi**

**Wednesday, June 15, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Carcare, Switzerland  
 Jyeshtha\* Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Purnima\* Yam Titau Sutra 64  
 Khara 5113  
 Vrishchika Rasi: 21.32 Tithi 15 378666151  
**Gulika** 10:32AM – 12:28PM **Jyeshtha\* Until 8:31PM** **Ganesha:** White *Sunrise:* 4:43AM  
**Yama** 6:39AM – 8:35AM Sadhya Until 9:15AM **Muruqa:** Red *Sunset:* 8:12PM Moon 5 - Phase 8  
**Rahu** 12:28PM – 2:24PM Visti Until 10:07AM **Nataraja:** Purple Purnima  
 Creative Work Siddha Yoga **Subha Sivaloka Day**  
**Purnima\* Until 9:12PM** **Jyeshtha-Ani**

**Thursday, June 16, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Carcare, Switzerland  
 Mula\* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama\* Yam Titau Sutra 65  
 Khara 5113  
 Dhanus Rasi: 5.26 Tithi 16 388766151  
**Gulika** 8:35AM – 10:32AM **Mula\* Until 7:32PM** **Ganesha:** Blue *Sunrise:* 4:43AM  
**Yama** 4:43AM – 6:39AM Subha Until 6:48AM **Muruqa:** Red *Sunset:* 8:13PM Moon 5 - Phase 8  
**Rahu** 2:24PM – 4:20PM Balava Until 8:22AM **Nataraja:** Purple Prathama  
 Creative Work Siddha Yoga **Devaloka Day**  
**Prathama\* Until 7:27PM** **Jyeshtha-Ani**





**Friday, June 17, 2011**  
**Gold Retreat Star**

Dhanu Rasi: 19.02      Tithi 17  
388766151  
Creative Work    Siddha Yoga  
Until 8.02PM then Marana Yoga  
Until 8.05PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**      6:39AM – 8:36AM      **Purvashadha\* Until 8:05PM**  
**Yama**        4:21PM – 6:17PM              **Brahma Until 3:38AM Sat**  
**Rahu**        10:32AM – 12:28PM          **Taitila Until 7:17AM**  
**Dvitiya Until 7:17PM**

**Ganesha:** Blue      *Sunrise: 4:43AM*  
**Muruqa:** Red      *Sunset: 8:13PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Carcare, Switzerland  
**Sun 1      Sutra 66**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**

**1**

**Saturday, June 18, 2011**

Makara Rasi: 2.17      Tithi 18  
388766151  
No Yoga  
Until 8.02PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Indra Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**      4:43AM – 6:39AM      **Uttarashadha Until 8:14PM**  
**Yama**        2:25PM – 4:21PM              **Indra Until 2:08AM Sun**  
**Rahu**        8:36AM – 10:32AM          **Vanija Until 6:41AM**  
**Tritiya Until 6:41PM**

**Ganesha:** Blue      *Sunrise: 4:43AM*  
**Muruqa:** Red      *Sunset: 8:14PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Carcare, Switzerland  
**Sun 2      Sutra 67**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**

**2**

**Sunday, June 19, 2011**

Makara Rasi: 15.13      Tithi 19  
398766151  
Creative Work    Amrita Yoga  
Until 9:00PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**      4:21PM – 6:18PM      **Sravana Until 9:00PM**  
**Yama**        12:29PM – 2:25PM              **Vaidhriti\* Until 1:12AM Mon**  
**Rahu**        6:18PM – 8:14PM              **Bava Until 6:45AM**  
**Chaturthi\* Until 6:45PM**

**Ganesha:** Red      *Sunrise: 4:43AM*  
**Muruqa:** Red      *Sunset: 8:14PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

**Father's Day**

Carcare, Switzerland  
**Sun 3      Sutra 68**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Sivaloka Day**

**3**

**Monday, June 20, 2011**

Makara Rasi: 27.49      Tithi 20  
399766151  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 8.03PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**      2:25PM – 4:21PM      **Dhanishtha Until 11:42PM**  
**Yama**        10:32AM – 12:29PM              **Vishkambha\* Until 2:16AM Tue**  
**Rahu**        6:40AM – 8:36AM              **Kaulava Until 7:35AM**  
**Panchami Until 8:41PM**

**Ganesha:** Blue      *Sunrise: 4:43AM*  
**Muruqa:** Red      *Sunset: 8:14PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Carcare, Switzerland  
**Sun 4      Sutra 69**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**

**4**

**Tuesday, June 21, 2011**

Kumbha Rasi: 10.09      Tithi 21  
399766151  
Routine Work    Marana Yoga  
Until 8.03PM then Siddha Yoga  
Until 1:42AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**      12:29PM – 2:25PM      **Satabhisha Until 1:42AM Wed**  
**Yama**        8:36AM – 10:33AM              **Priti Until 2:20AM Wed**  
**Rahu**        4:22PM – 6:18PM              **Gara Until 8:56AM**  
**Shasthi\* Until 10:01PM**

**Ganesha:** Blue      *Sunrise: 4:43AM*  
**Muruqa:** Red      *Sunset: 8:14PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Carcare, Switzerland  
**Sun 5      Sutra 70**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**

**5**

**Wednesday, June 22, 2011**

Kumbha Rasi: 22.17      Tithi 22  
319766151  
Creative Work    Amrita Yoga  
Until 8.03PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**      10:33AM – 12:29PM      **Purvaprostapada\* Until 4:06AM Thu**  
**Yama**        6:40AM – 8:36AM              **Ayushman Until 2:48AM Thu**  
**Rahu**        12:29PM – 2:26PM              **Visti Until 10:43AM**  
**Saptami Until 11:49PM**

**Ganesha:** Purple      *Sunrise: 4:44AM*  
**Muruqa:** Red      *Sunset: 8:15PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Carcare, Switzerland  
**Sun 6      Sutra 71**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**



**Thursday, June 23, 2011**  
**Retreat Star**

Meena Rasi: 4.17      Tithi 23  
319766151  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**      8:37AM – 10:33AM      **Uttaraprostapada Until 6:57AM Fri**  
**Yama**        4:44AM – 6:40AM              **Saubhagya Until 3:31AM Fri**  
**Rahu**        2:26PM – 4:22PM              **Balava Until 12:50PM**  
**Ashtami\* Until 1:55AM Fri**

**Ganesha:** Purple      *Sunrise: 4:44AM*  
**Muruqa:** Red      *Sunset: 8:15PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Carcare, Switzerland  
**Sun 7      Sutra 72**  
Khara 5113  
Moon 6 - Phase 9  
Ashtami

**Subha Sivaloka Day**

**Friday, June 24, 2011**  
**Retreat Star**

Meena Rasi: 16.11      Tithi 24  
319766151  
Creative Work    Siddha Yoga  
Until 8.04PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**      6:41AM – 8:37AM      **Uttaraprostapada Until 6:57AM**  
**Yama**        4:22PM – 6:19PM              **Sobhana Until 4:22AM Sat**  
**Rahu**        10:33AM – 12:30PM          **Taitila Until 3:05PM**  
**Navami\* Until 4:11AM Sat**

**Ganesha:** Purple      *Sunrise: 4:44AM*  
**Muruqa:** Red      *Sunset: 8:15PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Carcare, Switzerland  
**Sun 8      Sutra 73**  
Khara 5113  
Moon 6 - Phase 9  
Navami

**Subha Sivaloka Day**

**1 Saturday, June 25, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Carcare, Switzerland  
 Revati/Asvini Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Dasami Yam Titau **Sun 9 Sutra 74**  
 Khara 5113  
**Gulika 4:45AM – 6:41AM Revati Until 9:48AM Ganesha: Purple Sunrise: 4:45AM**  
**Yama 2:26PM – 4:22PM Athiganda\* Until 5:14AM Sun Muruqa: Red Sunset: 8:15PM** Moon 6 - Phase 10  
**Rahu 8:37AM – 10:33AM Vanija Until 5:22PM Nataraja: Purple Moon – Clear 2nd Phase**  
 Routine Work Prabalarishta Yoga **Subha Sivaloka Day**  
 Until 9:48AM then Siddha Yoga **Jyeshtha-Ani**

**2 Sunday, June 26, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Carcare, Switzerland  
 Asvini/Bharani Nakshatra Sukarma Yoga Visti\*/Bava Karana Dasami/Ekadasi\* Yam Titau **Sun 10 Sutra 75**  
 Khara 5113  
**Gulika 4:23PM – 6:19PM Asvini Until 12:31PM Ganesha: Clear Sunrise: 4:45AM**  
**Yama 12:30PM – 2:26PM Sukarma Until 6:00AM Mon Muruqa: Red Sunset: 8:15PM** Moon 6 - Phase 10  
**Rahu 6:19PM – 8:15PM Bava Until 7:31PM Nataraja: Purple Moon – White 2nd Phase**  
 Creative Work Siddha Yoga **Sivaloka Day**  
 Until 12:31PM then no yoga **Jyeshtha-Ani**  
 Until 8:04PM then Siddha Yoga

**3 Monday, June 27, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Carcare, Switzerland  
 Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau **Sun 11 Sutra 76**  
 Khara 5113  
**Gulika 2:26PM – 4:23PM Bharani Until 3:00PM Ganesha: Clear Sunrise: 4:45AM**  
**Yama 10:34AM – 12:30PM Dhriti Until 6:04AM Tue Muruqa: Red Sunset: 8:15PM** Moon 6 - Phase 10  
**Rahu 6:42AM – 8:38AM Kaulava Until 9:23PM Nataraja: Purple Moon – White 2nd Phase**  
 Family Home Evening Siddha Yoga **Sivaloka Day**  
 Creative Work Siddha Yoga **Jyeshtha-Ani**  
 Until 3:00PM then no yoga  
 Until 8:04PM then Siddha Yoga

**4 Tuesday, June 28, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Carcare, Switzerland  
 Krittika/Rohini Nakshatra Dhriti/Shrula Yoga Tatila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau **Sun 12 Sutra 77**  
 Khara 5113  
**Gulika 12:30PM – 2:27PM Krittika Until 4:14PM Ganesha: Red Sunrise: 4:46AM**  
**Yama 8:38AM – 10:34AM Dhriti Until 6:04AM Muruqa: Red Sunset: 8:15PM** Moon 6 - Phase 10  
**Rahu 4:23PM – 6:19PM Gara Until 9:25PM Nataraja: Purple Moon – White 2nd Phase**  
 Creative Work Siddha Yoga **Sivaloka Day**  
 Until 4:14PM then Amrita Yoga **Jyeshtha-Ani**  
 Until 8:04PM then Siddha Yoga *Pradosha Vrata (Fasting)*

**5 Wednesday, June 29, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Carcare, Switzerland  
 Rohini/Mrigasira Nakshatra Ganda\* Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau **Sun 13 Sutra 78**  
 Khara 5113  
**Gulika 10:34AM – 12:31PM Rohini Until 5:41PM Ganesha: Yellow Sunrise: 4:46AM**  
**Yama 6:42AM – 8:38AM Ganda\* Until 4:38AM Thu Muruqa: Yellow Sunset: 8:15PM** Moon 6 - Phase 10  
**Rahu 12:31PM – 2:27PM Visti Until 10:15PM Nataraja: Purple Moon – Yellow 2nd Phase**  
 Creative Work Siddha Yoga **Sivaloka Day**  
 Until 8:05PM then Marana Yoga **Jyeshtha-Ani**

**Thursday, June 30, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Carcare, Switzerland  
 Mrigasira Nakshatra Vriddhi Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau **Sun 14 Sutra 79**  
 Khara 5113  
**Gulika 8:39AM – 10:35AM Mrigasira Until 6:36PM Ganesha: Yellow Sunrise: 4:47AM**  
**Yama 4:47AM – 6:43AM Vriddhi Until 3:51AM Fri Muruqa: Yellow Sunset: 8:15PM** Moon 6 - Phase 10  
**Rahu 2:27PM – 4:23PM Catuspada Until 10:29PM Nataraja: Purple Moon – Yellow Amavasya**  
 Routine Work Marana Yoga **Sivaloka Day**  
 Until 8:05PM then Siddha Yoga **Jyeshtha-Ani**

**Friday, July 1, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Carcare, Switzerland  
 Ardra Nakshatra Dhruva Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau **Sun 15 Sutra 80**  
 Khara 5113  
**Gulika 6:43AM – 8:39AM Ardra Until 6:57PM Ganesha: Yellow Sunrise: 4:47AM**  
**Yama 4:23PM – 6:19PM Dhruva Until 2:32AM Sat Muruqa: Yellow Sunset: 8:15PM** Moon 6 - Phase 10  
**Rahu 10:35AM – 12:31PM Kintughna Until 10:06PM Nataraja: Purple Moon – Yellow Prathama**  
 Creative Work Siddha Yoga **Sivaloka Day**  
 Until 8:05PM then Marana Yoga **Ashada-Ani**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

<b>1</b>	<b>Saturday, July 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Carcare, Switzerland		
	Mithuna Rasi: 26.26	Tithi 1 – 2	341776151	<b>Gulika</b> 4:48AM – 6:44AM <b>Yama</b> 2:27PM – 4:23PM <b>Rahu</b> 8:39AM – 10:35AM	<b>Punarvasu</b> Until 5:49PM <b>Vyaghata*</b> Until 11:27PM <b>Balava</b> Until 7:56PM <b>Prathama*</b> Until 8:52AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:48AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:15PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>	<b>Sun 16</b> <b>Sutra 81</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					
	Until 5:49PM then Siddha Yoga						


<b>2</b>	<b>Sunday, July 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Carcare, Switzerland		
	Kataka Rasi: 10.1	Tithi 2 – 3	341776151	<b>Gulika</b> 4:23PM – 6:19PM <b>Yama</b> 12:31PM – 2:27PM <b>Rahu</b> 6:19PM – 8:14PM	<b>Pushya</b> Until 5:09PM <b>Harshana</b> Until 9:18PM <b>Taitila</b> Until 6:31PM <b>Dvitiya</b> Until 7:26AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:48AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:14PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>	<b>Sun 17</b> <b>Sutra 82</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					

<b>3</b>	<b>Monday, July 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Carcare, Switzerland		
	Kataka Rasi: 24.07	Tithi 4	341776151	<b>Gulika</b> 2:27PM – 4:23PM <b>Yama</b> 10:36AM – 12:31PM <b>Rahu</b> 6:45AM – 8:40AM	<b>Aslesha*</b> Until 4:06PM <b>Vajra*</b> Until 6:48PM <b>Vanija</b> Until 4:41PM <b>Chaturthi*</b> Until 3:46AM Tue	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:49AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:14PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>	<b>Sun 18</b> <b>Sutra 83</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>
	Family Home Evening	Siddha Yoga					
	Creative Work						

<b>4</b>	<b>Tuesday, July 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Panchami Yam Titau		Carcare, Switzerland		
	Simha Rasi: 8.13	Tithi 5	351776151	<b>Gulika</b> 12:32PM – 2:27PM <b>Yama</b> 8:41AM – 10:36AM <b>Rahu</b> 4:23PM – 6:18PM	<b>Magha*</b> Until 2:47PM <b>Siddhi</b> Until 4:03PM <b>Bava</b> Until 2:34PM <b>Panchami</b> Until 1:38AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:50AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:14PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>	<b>Sun 19</b> <b>Sutra 84</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 8:06PM then Amrita Yoga						

<b>5</b>	<b>Wednesday, July 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyatiyata*/Varyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Carcare, Switzerland		
	Simha Rasi: 22.25	Tithi 6	351776151	<b>Gulika</b> 10:36AM – 12:32PM <b>Yama</b> 6:46AM – 8:41AM <b>Rahu</b> 12:32PM – 2:27PM	<b>Purvaphalguni*</b> Until 1:18PM <b>Vyatiyata*</b> Until 1:08PM <b>Kaulava</b> Until 12:16PM <b>Shashti*</b> Until 11:21PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:50AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:13PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>	<b>Sun 20</b> <b>Sutra 85</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 8:06PM then Prabalarishta Yoga						

<b>6</b>	<b>Thursday, July 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Carcare, Switzerland		
	Kanya Rasi: 6.38	Tithi 7	451776151	<b>Gulika</b> 8:41AM – 10:37AM <b>Yama</b> 4:51AM – 6:46AM <b>Rahu</b> 2:27PM – 4:23PM	<b>Uttaraphalguni</b> Until 11:46AM <b>Varyan</b> Until 10:10AM <b>Gara</b> Until 9:54AM <b>Saptami</b> Until 8:59PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:51AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:13PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>	<b>Sun 21</b> <b>Sutra 86</b> Khara 5113 Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>
	Routine Work	Prabalarishta Yoga		<b>Chidambaram Abhishekam</b>			
	Until 8:06PM then Amrita Yoga						

	<b>Friday, July 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Carcare, Switzerland		
	Kanya Rasi: 20.52	Tithi 8	462776151	<b>Gulika</b> 6:47AM – 8:42AM <b>Yama</b> 4:22PM – 6:18PM <b>Rahu</b> 10:37AM – 12:32PM	<b>Hasta</b> Until 10:14AM <b>Parigha*</b> Until 7:13AM <b>Visti</b> Until 7:33AM <b>Ashtami*</b> Until 6:38PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:13PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>	<b>Sun 22</b> <b>Sutra 87</b> Khara 5113 Moon 6 - Phase 11 Ashtami <b>Sivaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 10:14AM then Siddha Yoga Until 8:06PM then Marana Yoga						

<b>7</b>	<b>Saturday, July 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Carcare, Switzerland		
	Tula Rasi: 5.03	Tithi 9 – 10	462776151	<b>Gulika</b> 4:52AM – 6:47AM <b>Yama</b> 2:27PM – 4:22PM <b>Rahu</b> 8:42AM – 10:37AM	<b>Chitra</b> Until 8:46AM <b>Siddha</b> Until 1:40AM Sun <b>Taitila</b> Until 3:26AM Sun <b>Navami*</b> Until 4:21PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:12PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>	<b>Sun 23</b> <b>Sutra 88</b> Khara 5113 Moon 6 - Phase 11 Navami <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					
	Until 8:46AM then Siddha Yoga						


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda, Maitu 3.2. UpH, 418

<b>1</b>	<b>Sunday, July 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Carcare, Switzerland
					<b>Sun 24</b>	<b>Sutra 89</b> Khara 5113
Tula Rasi: 19.1	Tithi 10 – 11	<b>Gulika</b> 4:22PM – 6:17PM	<b>Svati Until 7:26AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM	
	462776151	<b>Yama</b> 12:32PM – 2:27PM	<b>Sadhya Until 10:53PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 6:17PM – 8:12PM	<b>Vanija Until 1:18AM Mon</b>	<b>Nataraja:</b> Purple		4th Phase
Until 7:26AM then Marana Yoga			<b>Dasami Until 2:13PM</b>	<b>Ashada•Ani</b>		<b>Sivaloka Day</b>

<b>2</b>	<b>Monday, July 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau				Carcare, Switzerland
					<b>Sun 25</b>	<b>Sutra 90</b> Khara 5113
Vrischika Rasi: 3.11	Tithi 11 – 12	<b>Gulika</b> 2:27PM – 4:22PM	<b>Visakha Until 6:16AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:54AM	
<b>Family Home Evening</b>	472876151	<b>Yama</b> 10:38AM – 12:33PM	<b>Subha Until 8:17PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:11PM	Moon 6 - Phase 12
Routine Work Marana Yoga		<b>Rahu</b> 6:49AM – 8:43AM	<b>Bava Until 11:20PM</b>	<b>Nataraja:</b> Purple		4th Phase
Until 6:16AM then Siddha Yoga			<b>Ekadasi Until 12:16PM</b>	<b>Ashada•Ani</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, July 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Carcare, Switzerland
					<b>Sun 26</b>	<b>Sutra 91</b> Khara 5113
Vrischika Rasi: 17.04	Tithi 12 – 13	<b>Gulika</b> 12:33PM – 2:27PM	<b>Jyeshtha* Until 4:11AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:55AM	
	472876151	<b>Yama</b> 8:44AM – 10:38AM	<b>Sukla Until 5:53PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:11PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 4:22PM – 6:16PM	<b>Kaulava Until 9:38PM</b>	<b>Nataraja:</b> Purple		4th Phase
Until 4:11AM Wed then Marana Yoga			<b>Dvadasi Until 10:33AM</b>	<b>Ashada•Ani</b>		<b>Sivaloka Day</b>
			<i>Pradosha Vrata</i>			

<b>4</b>	<b>Wednesday, July 13, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Carcare, Switzerland
					<b>Sun 27</b>	<b>Sutra 92</b> Khara 5113
Dhanus Rasi: 0.46	Tithi 13 – 14	<b>Gulika</b> 10:38AM – 12:33PM	<b>Mula* Until 3:32AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM	
	482876151	<b>Yama</b> 6:40AM – 8:44AM	<b>Brahma Until 4:26PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 12
Routine Work Marana Yoga		<b>Rahu</b> 12:33PM – 2:27PM	<b>Gara Until 8:14PM</b>	<b>Nataraja:</b> Purple		4th Phase
Until 8:07PM then Siddha Yoga			<b>Trayodasi Until 9:09AM</b>	<b>Ashada•Ani</b>		<b>Subha Sivaloka Day</b>

	<b>Thursday, July 14, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Carcare, Switzerland
	<b>Copper Retreat Star</b>				<b>Sutra 93</b>	Khara 5113
Dhanus Rasi: 14.17	Tithi 14 – 15	<b>Gulika</b> 8:45AM – 10:39AM	<b>Purvashadha* Until 4:52AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:56AM	
	482876151	<b>Yama</b> 4:56AM – 6:50AM	<b>Indra Until 2:30PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 2:27PM – 4:21PM	<b>Visti Until 8:18PM</b>	<b>Nataraja:</b> Purple		Purnima
		<b>Satguru Purnima</b>	<b>Chaturdasi* Until 8:18AM</b>	<b>Ashada•Ani</b>		<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Friday, July 15, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Carcare, Switzerland
	<b>Silver Retreat Star</b>				<b>Sutra 94</b>	Khara 5113
Dhanus Rasi: 27.33	Tithi 15 – 16	<b>Gulika</b> 6:51AM – 8:45AM	<b>Uttarashadha Until 4:59AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:57AM	
	482876151	<b>Yama</b> 4:21PM – 6:15PM	<b>Vaidhriti* Until 12:58PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 10:39AM – 12:33PM	<b>Balava Until 7:39PM</b>	<b>Nataraja:</b> Purple		Prathama
Until 8:07PM then no yoga			<b>Purnima* Until 7:39AM</b>	<b>Ashada•Ani</b>		<b>Subha Sivaloka Day</b>
Until 4:59AM Sat then Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



**Saturday, July 16, 2011**  
**Gold Retreat Star**

Makara Rasi: 10.35    Tithi 16 – 17  
492876151  
Creative Work    Siddha Yoga  
Until 8.07PM then Amrita Yoga  
Until 5:33AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Vishkambha\* Priti Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    4:58AM – 6:52AM    **Sravana Until 5:33AM Sun**  
**Yama**       2:27PM – 4:21PM    **Vishkambha\* Until 11:52AM**  
**Rahu**       8:46AM – 10:39AM    **Taitila Until 7:31PM**  
**Prathama\* Until 7:31AM**

**Ganesha:** Clear    *Sunrise:* 4:58AM  
**Muruqa:** Yellow    *Sunset:* 8:08PM  
**Nataraja:** Purple  
Moon – Purple  
**Ashada-Adi**

Carcare, Switzerland  
**Sutra 95**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Sivaloka Day**

**1**

**Sunday, July 17, 2011**

Makara Rasi: 23.2    Tithi 17 – 18  
492876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    4:20PM – 6:14PM    **Dhanishtha Until 7:38AM Mon**  
**Yama**       12:33PM – 2:27PM    **Priti Until 11:36AM**  
**Rahu**       6:14PM – 8:07PM    **Vanija Until 7:54PM**  
**Dvitiya Until 7:54AM**

**Ganesha:** Clear    *Sunrise:* 4:59AM  
**Muruqa:** Yellow    *Sunset:* 8:07PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Carcare, Switzerland  
**Sun 1    Sutra 96**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**2**

**Monday, July 18, 2011**

Kumbha Rasi: 5.51    Tithi 18 – 19  
492876152  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 8.07PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    2:27PM – 4:20PM    **Dhanishtha Until 7:38AM**  
**Yama**       10:40AM – 12:33PM    **Ayushman Until 11:22AM**  
**Rahu**       6:53AM – 8:47AM    **Bava Until 10:08PM**  
**Tritiya Until 9:02AM**

**Ganesha:** Clear    *Sunrise:* 5:00AM  
**Muruqa:** Yellow    *Sunset:* 8:07PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Carcare, Switzerland  
**Sun 2    Sutra 97**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**3**

**Tuesday, July 19, 2011**

Kumbha Rasi: 18.08    Tithi 19 – 20  
492876152  
Routine Work    Marana Yoga  
Until 8.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    12:33PM – 2:26PM    **Satabhisha Until 9:43AM**  
**Yama**       8:47AM – 10:40AM    **Saubhagya Until 11:31AM**  
**Rahu**       4:20PM – 6:13PM    **Kaulava Until 11:34PM**  
**Chaturthi\* Until 10:29AM**

**Ganesha:** Clear    *Sunrise:* 5:01AM  
**Muruqa:** Yellow    *Sunset:* 8:06PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Carcare, Switzerland  
**Sun 3    Sutra 98**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**4**

**Wednesday, July 20, 2011**

Meena Rasi: 0.15    Tithi 20 – 21  
412876152  
Creative Work    Amrita Yoga  
Until 12:09PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    10:40AM – 12:33PM    **Purvaprostapada\* Until 12:09PM**  
**Yama**       6:55AM – 8:48AM    **Sobhana Until 12:01PM**  
**Rahu**       12:33PM – 2:26PM    **Gara Until 1:25AM Thu**  
**Panchami Until 12:19PM**

**Ganesha:** Yellow    *Sunrise:* 5:02AM  
**Muruqa:** Yellow    *Sunset:* 8:05PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Carcare, Switzerland  
**Sun 4    Sutra 99**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**5**

**Thursday, July 21, 2011**

Meena Rasi: 12.14    Tithi 21 – 22  
412876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Ahiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    8:48AM – 10:41AM    **Uttaraprostapada Until 2:52PM**  
**Yama**       5:03AM – 6:55AM    **Ahiganda\* Until 12:46PM**  
**Rahu**       2:26PM – 4:19PM    **Visti Until 3:33AM Fri**  
**Shasthi\* Until 2:27PM**

**Ganesha:** Yellow    *Sunrise:* 5:03AM  
**Muruqa:** Yellow    *Sunset:* 8:04PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Carcare, Switzerland  
**Sun 5    Sutra 100**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**6**

**Friday, July 22, 2011**

Meena Rasi: 24.08    Tithi 22 – 23  
413876152  
Creative Work    Siddha Yoga  
Until 5.44PM then Amrita Yoga  
Until 8.08PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    6:56AM – 8:49AM    **Revati Until 5:44PM**  
**Yama**       4:18PM – 6:11PM    **Sukarma Until 1:38PM**  
**Rahu**       10:41AM – 12:33PM    **Balava Until 5:50AM Sat**  
**Saptami Until 4:45PM**

**Ganesha:** White    *Sunrise:* 5:04AM  
**Muruqa:** Yellow    *Sunset:* 8:03PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Carcare, Switzerland  
**Sun 6    Sutra 101**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Saturday, July 23, 2011**  
**Retreat Star**

Mesha Rasi: 6.02    Tithi 23  
423876152  
Creative Work    Siddha Yoga  
Until 8:37PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Asvini Nakshatra Dhriti/Shula\* Yoga Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    5:05AM – 6:57AM    **Asvini Until 8:37PM**  
**Yama**       2:26PM – 4:18PM    **Dhriti Until 2:32PM**  
**Rahu**       8:49AM – 10:41AM    **Kaulava Until 8:09AM Sun**  
**Ashtami\* Until 7:04PM**

**Ganesha:** Yellow    *Sunrise:* 5:05AM  
**Muruqa:** Yellow    *Sunset:* 8:02PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Carcare, Switzerland  
**Sun 7    Sutra 102**  
Khara 5113  
Moon 7 - Phase 13  
Ashtami  
**Devaloka Day**

**Sunday, July 24, 2011**

**Retreat Star**

Mesha Rasi: 17.59    Tithi 24  
423876152  
No Yoga  
Until 8.08PM then Siddha Yoga  
Until 11:21PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    4:17PM – 6:09PM    **Bharani Until 11:21PM**  
**Yama**       12:33PM – 2:25PM    **Shula\* Until 3:18PM**  
**Rahu**       6:09PM – 8:01PM    **Taitila Until 8:09AM**  
**Navami\* Until 9:14PM**

**Ganesha:** Yellow    *Sunrise:* 5:06AM  
**Muruqa:** Yellow    *Sunset:* 8:01PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Carcare, Switzerland  
**Sun 8    Sutra 103**  
Khara 5113  
Moon 7 - Phase 13  
Navami  
**Devaloka Day**

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

<b>1</b>	<b>Monday, July 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Vanija/Visli* Karana Dasami Yam Titau	Carcare, Switzerland
433876152	433876152	<b>Sun 9 Sutra 104</b> Khara 5113	
Wishabha Rasi: 0.05 Family Home Evening No Yoga Until 8.08PM then Siddha Yoga Until 1:49AM Tue then Amrita Yoga	<b>Gulika</b> 2:25PM – 4:17PM <b>Yama</b> 10:42AM – 12:34PM <b>Rahu</b> 6:58AM – 8:50AM	<b>Krittika Until 1:49AM Tue</b> Ganda* Until 3:49PM Vanija Until 10:00AM Dasami Until 11:06PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – White <b>Ashada*Adi</b>
			<b>Devaloka Day</b> Moon 7 - Phase 14 2nd Phase
<b>2</b>	<b>Tuesday, July 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau	Carcare, Switzerland
433876152	433876152	<b>Sun 10 Sutra 105</b> Khara 5113	
Wishabha Rasi: 12.25 Creative Work Amrita Yoga Until 8.08PM then Siddha Yoga	<b>Gulika</b> 12:34PM – 2:25PM <b>Yama</b> 8:51AM – 10:42AM <b>Rahu</b> 4:16PM – 6:08PM	<b>Rohini Until 2:09AM Wed</b> Vriddhi Until 3:12PM Bava Until 10:55AM Ekadasi* Until 10:55PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Moon 7 - Phase 14 2nd Phase
<b>3</b>	<b>Wednesday, July 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Carcare, Switzerland
433876152	433876152	<b>Sun 11 Sutra 106</b> Khara 5113	
Wishabha Rasi: 25.04 Creative Work Siddha Yoga Until 8.08PM then Marana Yoga	<b>Gulika</b> 10:42AM – 12:33PM <b>Yama</b> 7:00AM – 8:51AM <b>Rahu</b> 12:33PM – 2:25PM	<b>Mrigasira Until 3:26AM Thu</b> Dhruva Until 2:45PM Kaulava Until 11:34AM Dvadasi* Until 11:34PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Moon 7 - Phase 14 2nd Phase
<b>4</b>	<b>Thursday, July 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Carcare, Switzerland
433876152	433876152	<b>Sun 12 Sutra 107</b> Khara 5113	
Mithuna Rasi: 8.03 Routine Work Marana Yoga Until 8.08PM then Siddha Yoga	<b>Gulika</b> 8:52AM – 10:43AM <b>Yama</b> 5:10AM – 7:01AM <b>Rahu</b> 2:24PM – 4:15PM	<b>Ardra Until 4:03AM Fri</b> Vyaghata* Until 1:42PM Gara Until 11:29AM Trayodasi* Until 11:29PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Moon 7 - Phase 14 2nd Phase
<b>5</b>	<b>Friday, July 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Carcare, Switzerland
433876152	433876152	<b>Sun 13 Sutra 108</b> Khara 5113	
Mithuna Rasi: 21.27 Creative Work Siddha Yoga Until 8.08PM then Marana Yoga Until 2:23AM Sat then Siddha Yoga	<b>Gulika</b> 7:02AM – 8:52AM <b>Yama</b> 4:15PM – 6:05PM <b>Rahu</b> 10:43AM – 12:33PM	<b>Punarvasu Until 2:23AM Sat</b> Harshana Until 11:33AM Visti Until 10:15AM Chaturdasi* Until 9:20PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Ashada*Adi</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Moon 7 - Phase 14 2nd Phase
<b>Retreat Star</b>	<b>Saturday, July 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Carcare, Switzerland
433876152	433876152	<b>Sun 14 Sutra 109</b> Khara 5113	
Kataka Rasi: 5.14 Creative Work Siddha Yoga	<b>Gulika</b> 5:12AM – 7:02AM <b>Yama</b> 2:24PM – 4:14PM <b>Rahu</b> 8:53AM – 10:43AM	<b>Pushya Until 1:37AM Sun</b> Vajra* Until 9:19AM Catuspada Until 8:44AM Amavasya* Until 7:48PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Ashada*Adi</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Moon 7 - Phase 14 Amavasya
<b>Retreat Star</b>	<b>Sunday, July 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipala* Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau	Carcare, Switzerland
433876152	433876152	<b>Sun 15 Sutra 110</b> Khara 5113	
Kataka Rasi: 19.21 Creative Work Siddha Yoga	<b>Gulika</b> 4:13PM – 6:04PM <b>Yama</b> 12:33PM – 2:23PM <b>Rahu</b> 6:04PM – 7:54PM	<b>Aslesha* Until 12:15AM Mon</b> Siddhi Until 6:31AM Kintughna Until 6:34AM Prathama* Until 5:39PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Adi</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Moon 7 - Phase 14 Prathama

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

<b>1</b>	<b>Monday, August 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Carcare, Switzerland
	Simha Rasi: 3.44      Tithi 2 - 3 Family Home Evening      453876152 Creative Work      Siddha Yoga	<b>Gulika</b> 2:23PM - 4:13PM <b>Yama</b> 10:44AM - 12:33PM <b>Rahu</b> 7:04AM - 8:54AM	<b>Magha* Until 9:21PM</b> Variyan Until 11:28PM Taitila Until 12:38AM Tue <b>Dvitiya Until 2:21PM</b>

Sun 16      **Sutra 111**  
Khara 5113  
Moon 7 - Phase 15  
3rd Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Tuesday, August 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Carcare, Switzerland
	Simha Rasi: 18.17      Tithi 3 - 4 Creative Work      Siddha Yoga Until 7:24PM then Amrita Yoga	<b>Gulika</b> 12:33PM - 2:23PM <b>Yama</b> 8:54AM - 10:44AM <b>Rahu</b> 4:12PM - 6:02PM	<b>Purvaphalguni* Until 7:24PM</b> Parigha* Until 8:12PM Vanija Until 9:54PM <b>Tritiya Until 11:37AM</b>

Sun 17      **Sutra 112**  
Khara 5113  
Moon 7 - Phase 15  
3rd Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Wednesday, August 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Vistil*/Bava Karana Chaturthi*/Panchami Yam Titau	Carcare, Switzerland
	Kanya Rasi: 2.53      Tithi 4 - 5 Creative Work      Amrita Yoga Until 5:22PM then Siddha Yoga Until 8:07PM then no yoga	<b>Gulika</b> 10:44AM - 12:33PM <b>Yama</b> 7:06AM - 8:55AM <b>Rahu</b> 12:33PM - 2:22PM	<b>Uttaraphalguni Until 5:22PM</b> Shiva Until 5:36PM Bava Until 7:06PM <b>Chaturthi* Until 8:49AM</b>

Sun 18      **Sutra 113**  
Khara 5113  
Moon 7 - Phase 15  
3rd Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Thursday, August 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Panchami/Shashti* Yam Titau	Carcare, Switzerland
	Kanya Rasi: 17.26      Tithi 5 - 6 No Yoga Until 4:07PM then Siddha Yoga	<b>Gulika</b> 8:55AM - 10:44AM <b>Yama</b> 5:18AM - 7:06AM <b>Rahu</b> 2:22PM - 4:11PM	<b>Hasta Until 4:07PM</b> Siddha Until 2:08PM Taitila Until 4:15AM Fri <b>Panchami Until 6:06AM</b>

Sun 19      **Sutra 114**  
Khara 5113  
Moon 7 - Phase 15  
3rd Phase  
**Devaloka Day**

<b>5</b>	<b>Friday, August 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Carcare, Switzerland
	Tula Rasi: 1.5      Tithi 7 Creative Work      Siddha Yoga	<b>Gulika</b> 7:07AM - 8:56AM <b>Yama</b> 4:10PM - 5:59PM <b>Rahu</b> 10:44AM - 12:33PM	<b>Chitra Until 2:17PM</b> Sadhya Until 10:53AM Gara Until 2:31PM <b>Saptami Until 1:36AM Sat</b>

Sun 20      **Sutra 115**  
Khara 5113  
Moon 7 - Phase 15  
3rd Phase  
**Devaloka Day**

<b>6</b>	<b>Saturday, August 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Vistil*/Bava Karana Ashtami* Yam Titau	Carcare, Switzerland
	Tula Rasi: 16.02      Tithi 8 Creative Work      Siddha Yoga Until 8:07PM then Marana Yoga	<b>Gulika</b> 5:20AM - 7:08AM <b>Yama</b> 2:21PM - 4:09PM <b>Rahu</b> 8:56AM - 10:45AM	<b>Svati Until 12:48PM</b> Subha Until 7:58AM Vistil Until 12:13PM <b>Ashtami* Until 11:18PM</b>

Sun 21      **Sutra 116**  
Khara 5113  
Moon 7 - Phase 15  
Ashtami  
**Devaloka Day**

<b>7</b>	<b>Sunday, August 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Carcare, Switzerland
	Vrischika Rasi: 0.01      Tithi 9 Routine Work      Marana Yoga Until 8:07PM then Siddha Yoga	<b>Gulika</b> 4:09PM - 5:57PM <b>Yama</b> 12:33PM - 2:21PM <b>Rahu</b> 5:57PM - 7:45PM	<b>Visakha Until 11:42AM</b> Brahma Until 2:44AM Mon Balava Until 10:20AM <b>Navami* Until 9:25PM</b>

Sun 22      **Sutra 117**  
Khara 5113  
Moon 7 - Phase 15  
Navami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

<b>1</b>	<b>Monday, August 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau							Carcare, Switzerland <b>Sun 23 Sutra 118</b> Khara 5113
	Vrischika Rasi: 13.46    Tilthi 10 Family Home Evening    474976152 Creative Work    Siddha Yoga	<b>Gulika</b> 2:20PM – 4:08PM <b>Yama</b> 10:45AM – 12:33PM <b>Rahu</b> 7:10AM – 8:57AM	<b>Anuradha Until 10:59AM</b> Indra Until 1:52AM Tue Tailila Until 8:53AM <b>Dasami Until 7:57PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:22AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:43PM <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>					Moon 7 - Phase 16 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Tuesday, August 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau							Carcare, Switzerland <b>Sun 24 Sutra 119</b> Khara 5113
	Vrischika Rasi: 27.17    Tilthi 11 474976152 Creative Work    Siddha Yoga Until 11:01AM then Amrita Yoga Until 8:07PM then Marana Yoga	<b>Gulika</b> 12:32PM – 2:20PM <b>Yama</b> 8:58AM – 10:45AM <b>Rahu</b> 4:07PM – 5:54PM	<b>Jyeshtha* Until 11:01AM</b> Vaidhriti* Until 11:54PM Vanija Until 7:59AM <b>Ekadasi Until 7:59PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:23AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>					Moon 7 - Phase 16 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Wednesday, August 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau							Carcare, Switzerland <b>Sun 25 Sutra 120</b> Khara 5113
	Dhanus Rasi: 10.35    Tilthi 12 484976152 Routine Work    Marana Yoga Until 11:03AM then Amrita Yoga Until 8:07PM then Siddha Yoga	<b>Gulika</b> 10:45AM – 12:32PM <b>Yama</b> 7:11AM – 8:58AM <b>Rahu</b> 12:32PM – 2:19PM	<b>Mula* Until 11:03AM</b> Vishkambha* Until 10:17PM Bava Until 7:17AM <b>Dvadasi Until 7:17PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>					Moon 7 - Phase 16 4th Phase <b>Devaloka Day</b>

<b>4</b>	<b>Thursday, August 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Tailila Karana Trayodasi Yam Titau							Carcare, Switzerland <b>Sun 26 Sutra 121</b> Khara 5113
	Dhanus Rasi: 23.43    Tilthi 13 484976152 Creative Work    Siddha Yoga	<b>Gulika</b> 8:59AM – 10:46AM <b>Yama</b> 5:25AM – 7:12AM <b>Rahu</b> 2:19PM – 4:06PM	<b>Purvashadha* Until 11:28AM</b> Priti Until 9:02PM Kaulava Until 6:59AM <b>Trayodasi Until 6:59PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:39PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>					Moon 7 - Phase 16 4th Phase <b>Devaloka Day</b>

<b>5</b>	<b>Friday, August 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau							Carcare, Switzerland <b>Sun 27 Sutra 122</b> Khara 5113
	Makara Rasi: 6.37    Tilthi 14 484976152 Creative Work    Siddha Yoga	<b>Gulika</b> 7:13AM – 8:59AM <b>Yama</b> 4:05PM – 5:51PM <b>Rahu</b> 10:46AM – 12:32PM	<b>Uttarashadha Until 12:14PM</b> Ayushman Until 8:06PM Gara Until 7:04AM <b>Chaturdasi* Until 7:04PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:37PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>					Moon 7 - Phase 16 4th Phase <b>Devaloka Day</b>

<b>○</b>	<b>Saturday, August 13, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau							Carcare, Switzerland <b>Sutra 123</b> Khara 5113
	<b>Copper Retreat Star</b> Makara Rasi: 19.21    Tilthi 15 494976152 Creative Work    Siddha Yoga	<b>Gulika</b> 5:28AM – 7:14AM <b>Yama</b> 2:18PM – 4:04PM <b>Rahu</b> 9:00AM – 10:46AM	<b>Sravana Until 1:21PM</b> Saubhagya Until 8:32PM Visti Until 7:32AM <b>Purnima* Until 7:32PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:36PM <b>Nataraja:</b> Clear Moon – Purple <b>Sravana-Adi</b>					Moon 7 - Phase 16 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>○</b>	<b>Sunday, August 14, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau							Carcare, Switzerland <b>Sutra 124</b> Khara 5113
	<b>Silver Retreat Star</b> Kumbha Rasi: 1.53    Tilthi 16 494976152 Creative Work    Siddha Yoga	<b>Gulika</b> 4:03PM – 5:49PM <b>Yama</b> 12:32PM – 2:17PM <b>Rahu</b> 5:49PM – 7:34PM	<b>Dhanishtha Until 3:34PM</b> Sobhana Until 8:14PM Balava Until 8:36AM <b>Prathama* Until 9:41PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:34PM <b>Nataraja:</b> Clear Moon – Purple <b>Sravana-Adi</b>					Moon 7 - Phase 16 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634





**Monday, August 15, 2011**  
**Gold Retreat Star**

Kumbha Rasi: 14.14      Tithi 17  
**Family Home Evening**      494976152  
Creative Work      Siddha Yoga  
Until 5:32PM then no yoga  
Until 8.06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**      2:17PM – 4:02PM      **Satabhisha Until 5:32PM**  
**Yama**      10:46AM – 12:31PM      **Athiganda\* Until 8:16PM**  
**Rahu**      7:15AM – 9:01AM      **Taitila Until 9:55AM**  
**Dvitiya Until 11:01PM**

Carcare, Switzerland  
**Sun 1      Sutra 125**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1      Tuesday, August 16, 2011**

Kumbha Rasi: 26.25      Tithi 18  
414976152  
Routine Work      Marana Yoga  
Until 7:50PM then Amrita Yoga  
Until 8.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**      12:31PM – 2:16PM      **Purvaprostapada\* Until 7:50PM**  
**Yama**      9:01AM – 10:46AM      **Sukarma Until 8:37PM**  
**Rahu**      4:01PM – 5:46PM      **Vanija Until 11:37AM**  
**Tritiya Until 12:42AM Wed**

Carcare, Switzerland  
**Sun 2      Sutra 126**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2      Wednesday, August 17, 2011**

Meena Rasi: 8.28      Tithi 19  
415976152  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**      10:46AM – 12:31PM      **Uttaraprostapada Until 10:25PM**  
**Yama**      7:17AM – 9:02AM      **Dhriti Until 9:14PM**  
**Rahu**      12:31PM – 2:16PM      **Bava Until 1:38PM**  
**Chaturthi\* Until 2:43AM Thu**

Carcare, Switzerland  
**Sun 3      Sutra 127**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase  
**Devaloka Day**

**3      Thursday, August 18, 2011**

Meena Rasi: 20.23      Tithi 20  
515976152  
Creative Work      Siddha Yoga  
Until 1:14AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**      9:02AM – 10:47AM      **Revati Until 1:14AM Fri**  
**Yama**      5:34AM – 7:18AM      **Shula\* Until 10:03PM**  
**Rahu**      2:15PM – 3:59PM      **Kaulava Until 3:53PM**  
**Panchami Until 4:59AM Fri**

Carcare, Switzerland  
**Sun 4      Sutra 128**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase  
**Sivaloka Day**

**4      Friday, August 19, 2011**

Mesha Rasi: 2.15      Tithi 21  
525976152  
Creative Work      Amrita Yoga  
Until 8.05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini Nakshatra Ganda\* Yoga Gara Karana Shasthi\* Yam Titau  
**Gulika**      7:19AM – 9:03AM      **Asvini Until 4:10AM Sat**  
**Yama**      3:59PM – 5:43PM      **Ganda\* Until 11:00PM**  
**Rahu**      10:47AM – 12:31PM      **Gara Until 6:17PM**  
**Shasthi\* Until 7:37AM Sat**

Carcare, Switzerland  
**Sun 5      Sutra 129**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase  
**Devaloka Day**

**5      Saturday, August 20, 2011**

Mesha Rasi: 14.06      Tithi 21 – 22  
525976152  
Creative Work      Siddha Yoga  
Until 8.05PM then no yoga  
Until 7:18AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**      5:36AM – 7:19AM      **Bharani Until 7:18AM Sun**  
**Yama**      2:14PM – 3:58PM      **Vriddhi Until 11:57PM**  
**Rahu**      9:03AM – 10:47AM      **Visti Until 8:42PM**  
**Shasthi\* Until 7:37AM**

Carcare, Switzerland  
**Sun 6      Sutra 130**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase  
**Devaloka Day**

**Sunday, August 21, 2011**  
**Retreat Star**

Mesha Rasi: 26.01      Tithi 22 – 23  
525976152  
No Yoga  
Until 7:18AM then Siddha Yoga  
Until 8.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**      3:57PM – 5:40PM      **Bharani Until 7:18AM**  
**Yama**      12:30PM – 2:13PM      **Dhruva Until 12:47AM Mon**  
**Rahu**      5:40PM – 7:23PM      **Balava Until 10:59PM**  
**Krishna Janmashtami**      **Saptami Until 9:53AM**

Carcare, Switzerland  
**Sun 7      Sutra 131**  
Khara 5113  
Moon 8 - Phase 17  
Ashtami  
**Devaloka Day**

**Monday, August 22, 2011**  
**Retreat Star**

Vrishabha Rasi: 8.05      Tithi 23 – 24  
**Family Home Evening**      525976152  
No Yoga  
Until 9:50AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**      2:13PM – 3:56PM      **Krittika Until 9:50AM**  
**Yama**      10:47AM – 12:30PM      **Vyaghata\* Until 1:21AM Tue**  
**Rahu**      7:21AM – 9:04AM      **Taitila Until 12:56AM Tue**  
**Ashtami\* Until 11:51AM**

Carcare, Switzerland  
**Sun 8      Sutra 132**  
Khara 5113  
Moon 8 - Phase 17  
Navami  
**Devaloka Day**

**1 Tuesday, August 23, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Carcare, Switzerland  
 Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau **Sun 9 Sutra 133**  
 Khara 5113  
**Gulika 12:30PM – 2:12PM Rohini Until 11:26AM Ganesha: White Sunrise: 5:39AM**  
 Yama 9:04AM – 10:47AM Harshana Until 12:05AM Wed **Muruqa: Yellow Sunset: 7:20PM** Moon 8 - Phase 18  
 Rahu 3:55PM – 5:37PM Vanija Until 12:41AM Wed **Nataraja: Clear** 2nd Phase  
**Navami\* Until 12:41PM Sravana\*Avani Sivaloka Day**  
 Creative Work Amrita Yoga  
 Until 11:26AM then Siddha Yoga

**2 Wednesday, August 24, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Carcare, Switzerland  
 Mrigasira/Ardra Nakshatra Vajra\* Yoga Visti\*/Bava Karana Dasami/Ekadasi\* Yam Titau **Sun 10 Sutra 134**  
 Khara 5113  
**Gulika 10:47AM – 12:29PM Mrigasira Until 12:44PM Ganesha: White Sunrise: 5:40AM**  
 Yama 7:23AM – 9:05AM Vajra\* Until 11:38PM **Muruqa: Yellow Sunset: 7:18PM** Moon 8 - Phase 18  
 Rahu 12:29PM – 2:12PM Bava Until 1:20AM Thu **Nataraja: Clear** 2nd Phase  
**Dasami Until 1:20PM Sravana\*Avani Sivaloka Day**  
 Creative Work Siddha Yoga  
 Until 8:04PM then Marana Yoga

**3 Thursday, August 25, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Carcare, Switzerland  
 Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau **Sun 11 Sutra 135**  
 Khara 5113  
**Gulika 9:05AM – 10:47AM Ardra Until 1:16PM Ganesha: White Sunrise: 5:42AM**  
 Yama 5:42AM – 7:23AM Siddhi Until 10:29PM **Muruqa: Yellow Sunset: 7:17PM** Moon 8 - Phase 18  
 Rahu 2:11PM – 3:53PM Kaulava Until 11:43PM **Nataraja: Clear** 2nd Phase  
**Ekadasi\* Until 12:38PM Sravana\*Avani Sivaloka Day**  
 Routine Work Marana Yoga  
 Until 1:16PM then Amrita Yoga  
 Until 8:04PM then Siddha Yoga

**4 Friday, August 26, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Carcare, Switzerland  
 Punarvasu/Pushya Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau **Sun 12 Sutra 136**  
 Khara 5113  
**Gulika 7:24AM – 9:06AM Punarvasu Until 12:28PM Ganesha: Yellow Sunrise: 5:43AM**  
 Yama 3:52PM – 5:33PM Vyatipata\* Until 7:35PM **Muruqa: Yellow Sunset: 7:15PM** Moon 8 - Phase 18  
 Rahu 10:47AM – 12:29PM Gara Until 10:44PM **Nataraja: Clear** 2nd Phase  
**Dvadasi\* Until 11:40AM Sravana\*Avani Devaloka Day**  
 Creative Work Siddha Yoga  
 Until 12:28PM then Marana Yoga  
 Until 8:03PM then Siddha Yoga  
*Pradosha Vrata (Fasting)*

**5 Saturday, August 27, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Carcare, Switzerland  
 Pushya/Aslesha\* Nakshatra Variyan\*/Parigha\* Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau **Sun 13 Sutra 137**  
 Khara 5113  
**Gulika 5:44AM – 7:25AM Pushya Until 11:24AM Ganesha: White Sunrise: 5:44AM**  
 Yama 2:10PM – 3:51PM Variyan Until 5:02PM **Muruqa: Yellow Sunset: 7:13PM** Moon 8 - Phase 18  
 Rahu 9:06AM – 10:47AM Visti Until 8:54PM **Nataraja: Clear** 2nd Phase  
**Trayodasi\* Until 9:50AM Sravana\*Avani Bhuloka Day**  
 Creative Work Siddha Yoga  
 Until 11:24AM then Marana Yoga  
 Until 8:03PM then Siddha Yoga  
 Devaloka Time: 3:PM to 6:PM

**Sunday, August 28, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Carcare, Switzerland  
 Aslesha\*/Magha\* Nakshatra Parigha\*/Shiva Yoga Sakuni\*/Naga\* Karana Chaturdasi\*/Amavasya\* Yam Titau **Sun 14 Sutra 138**  
 Khara 5113  
**Gulika 3:50PM – 5:31PM Aslesha\* Until 9:22AM Ganesha: White Sunrise: 5:45AM**  
 Yama 12:28PM – 2:09PM Parigha\* Until 1:19PM **Muruqa: Yellow Sunset: 7:11PM** Moon 8 - Phase 18  
 Rahu 5:31PM – 7:11PM Naga Until 3:42AM Mon **Nataraja: White** Amavasya  
**Chaturdasi\* Until 7:07AM Sravana\*Avani Devaloka Day**  
 Creative Work Siddha Yoga  
 Until 9:22AM then Marana Yoga  
 Until 8:03PM then Siddha Yoga

**Monday, August 29, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Carcare, Switzerland  
 Magha\*/Purvaphalguni\* Nakshatra Shiva/Siddha Yoga Kintughna\*/Bava Karana Prathama\* Yam Titau **Sun 15 Sutra 139**  
 Khara 5113  
**Gulika 2:08PM – 3:49PM Magha\* Until 7:09AM Ganesha: Green Sunrise: 5:46AM**  
 Yama 10:47AM – 12:28PM Shiva Until 9:48AM **Muruqa: Yellow Sunset: 7:10PM** Moon 8 - Phase 18  
 Rahu 7:27AM – 9:07AM Kintughna Until 2:24PM **Nataraja: White** Prathama  
**Prathama\* Until 12:41AM Tue Bhadrpada\*Avani Devaloka Day**  
 Creative Work Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743


<b>1</b>	<b>Tuesday, August 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Carcare, Switzerland
	Simha Rasi: 27.33      Tithi 2 566176153	<b>Gulika</b> 12:28PM – 2:08PM <b>Yama</b> 9:07AM – 10:48AM <b>Rahu</b> 3:48PM – 5:28PM	<b>Uttaraphalguni</b> Until 1:55AM Wed Sadhya Until 1:57AM Wed Balava Until 11:02AM <b>Dvitiya</b> Until 9:19PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:08PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada-Avani</b>	<b>Sun 16</b> <b>Sutra 140</b> Khara 5113 Moon 8 - Phase 19 3rd Phase <b>Devaloka Day</b>
	Creative Work    Amrita Yoga Until 1:55AM Wed then Siddha Yoga				

<b>2</b>	<b>Wednesday, August 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau			Carcare, Switzerland
	Kanya Rasi: 12.32      Tithi 3 – 4 566176153	<b>Gulika</b> 10:48AM – 12:27PM <b>Yama</b> 7:28AM – 9:08AM <b>Rahu</b> 12:27PM – 2:07PM	<b>Hasta</b> Until 11:16PM Subha Until 10:00PM Taitila Until 7:33AM <b>Tritiya</b> Until 5:50PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:06PM <b>Nataraja:</b> White Moon – Green <b>Bhadrapada-Avani</b>	<b>Sun 17</b> <b>Sutra 141</b> Khara 5113 Moon 8 - Phase 19 3rd Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 8:02PM then no yoga Until 11:16PM then Siddha Yoga				

<b>3</b>	<b>Thursday, September 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Carcare, Switzerland
	Kanya Rasi: 27.27      Tithi 4 – 5 566176153	<b>Gulika</b> 9:08AM – 10:48AM <b>Yama</b> 5:50AM – 7:29AM <b>Rahu</b> 2:06PM – 3:46PM	<b>Chitra</b> Until 8:44PM Sukla Until 6:11PM Bava Until 12:48AM Fri <b>Chaturthi*</b> Until 2:31PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:04PM <b>Nataraja:</b> White Moon – Green <b>Bhadrapada-Avani</b>	<b>Sun 18</b> <b>Sutra 142</b> Khara 5113 Moon 8 - Phase 19 3rd Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga	<b>Ganesha Chaturthi</b>			

<b>4</b>	<b>Friday, September 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Carcare, Switzerland
	Tula Rasi: 12.09      Tithi 5 – 6 566176153	<b>Gulika</b> 7:30AM – 9:09AM <b>Yama</b> 3:45PM – 5:24PM <b>Rahu</b> 10:48AM – 12:27PM	<b>Svati</b> Until 7:27PM Brahma Until 3:16PM Kaulava Until 11:03PM <b>Panchami</b> Until 11:58AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:03PM <b>Nataraja:</b> White Moon – Green <b>Bhadrapada-Avani</b>	<b>Sun 19</b> <b>Sutra 143</b> Khara 5113 Moon 8 - Phase 19 3rd Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 7:27PM then Marana Yoga Until 8:01PM then Siddha Yoga				

<b>5</b>	<b>Saturday, September 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau			Carcare, Switzerland
	Tula Rasi: 26.33      Tithi 6 – 7 577176153	<b>Gulika</b> 5:52AM – 7:31AM <b>Yama</b> 2:05PM – 3:44PM <b>Rahu</b> 9:09AM – 10:48AM	<b>Visakha</b> Until 5:38PM Indra Until 12:01PM Gara Until 8:25PM <b>Shasthi*</b> Until 9:20AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:01PM <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada-Avani</b>	<b>Sun 20</b> <b>Sutra 144</b> Khara 5113 Moon 8 - Phase 19 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 8:01PM then Marana Yoga				

	<b>Sunday, September 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Carcare, Switzerland
	<b>Retreat Star</b> Vrischika Rasi: 10.35      Tithi 7 – 8 577176153	<b>Gulika</b> 3:42PM – 5:21PM <b>Yama</b> 12:26PM – 2:04PM <b>Rahu</b> 5:21PM – 6:59PM	<b>Anuradha</b> Until 4:25PM Vaidhriti* Until 9:20AM Visti Until 6:26PM <b>Saptami</b> Until 7:21AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:59PM <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada-Avani</b>	<b>Sun 21</b> <b>Sutra 145</b> Khara 5113 Moon 8 - Phase 19 Ashtami <b>Subha Sivaloka Day</b>
	Routine Work    Marana Yoga Until 8:00PM then Siddha Yoga				

<b>Monday, September 5, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Ashtami*/Navami* Yam Titau			Carcare, Switzerland
	Vrischika Rasi: 24.16      Tithi 8 – 9 <b>Family Home Evening</b> 577176153	<b>Gulika</b> 2:04PM – 3:41PM <b>Yama</b> 10:48AM – 12:26PM <b>Rahu</b> 7:32AM – 9:10AM	<b>Jyeshtha*</b> Until 4:34PM Vishkambha* Until 7:19AM Kaulava Until 6:02PM <b>Ashtami*</b> Until 6:02AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:54AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada-Avani</b>	<b>Sun 22</b> <b>Sutra 146</b> Khara 5113 Moon 8 - Phase 19 Navami <b>Subha Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 8:00PM then Amrita Yoga				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

<b>1</b>	<b>Tuesday, September 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau							Carcare, Switzerland
	Dhanus Rasi: 7.37	Tithi 10	587176153	<b>Gulika</b> 12:25PM – 2:03PM <b>Yama</b> 9:10AM – 10:48AM <b>Rahu</b> 3:40PM – 5:18PM	<b>Mula* Until 4:33PM</b> Ayushman Until 4:29AM Wed Taitila Until 5:17PM <b>Dasami Until 5:17AM Wed</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:55AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:55PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>		<b>Sun 23</b> <b>Sutra 147</b> Khara 5113 Moon 8 - Phase 20 4th Phase	<b>Sivaloka Day</b>
	Creative Work Amrita Yoga Until 4:33PM then Siddha Yoga Until 8.00PM then Amrita Yoga								

<b>2</b>	<b>Wednesday, September 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau							Carcare, Switzerland
	Dhanus Rasi: 20.41	Tithi 11	587176153	<b>Gulika</b> 10:48AM – 12:25PM <b>Yama</b> 7:34AM – 9:11AM <b>Rahu</b> 12:25PM – 2:02PM	<b>Purvashadha* Until 5:04PM</b> Saubhagya Until 3:18AM Thu Vanija Until 5:07PM <b>Ekadasi Until 5:07AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:57AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:53PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>		<b>Sun 24</b> <b>Sutra 148</b> Khara 5113 Moon 8 - Phase 20 4th Phase	<b>Sivaloka Day</b>
	Creative Work Amrita Yoga Until 7.59PM then Siddha Yoga								

<b>3</b>	<b>Thursday, September 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau							Carcare, Switzerland
	Makara Rasi: 3.29	Tithi 12	587176153	<b>Gulika</b> 9:11AM – 10:48AM <b>Yama</b> 5:58AM – 7:34AM <b>Rahu</b> 2:01PM – 3:38PM	<b>Uttarashadha Until 6:01PM</b> Sobhana Until 2:32AM Fri Bava Until 5:26PM <b>Dvadasi Until 6:10AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:58AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:52PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>		<b>Sun 25</b> <b>Sutra 149</b> Khara 5113 Moon 8 - Phase 20 4th Phase	<b>Sivaloka Day</b>
	Creative Work Siddha Yoga								

<b>4</b>	<b>Friday, September 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau							Carcare, Switzerland
	Makara Rasi: 16.06	Tithi 12 – 13	597176153	<b>Gulika</b> 7:35AM – 9:12AM <b>Yama</b> 3:37PM – 5:13PM <b>Rahu</b> 10:48AM – 12:24PM	<b>Sravana Until 8:28PM</b> Athiganda* Until 3:39AM Sat Kaulava Until 7:15PM <b>Dvadasi Until 6:10AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:59AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:50PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>		<b>Sun 26</b> <b>Sutra 150</b> Khara 5113 Moon 8 - Phase 20 4th Phase	<b>Subha Sivaloka Day</b>
	Creative Work Siddha Yoga								

*Pradosha Vrata*

<b>5</b>	<b>Saturday, September 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau							Carcare, Switzerland
	Makara Rasi: 28.32	Tithi 13 – 14	598176153	<b>Gulika</b> 6:00AM – 7:36AM <b>Yama</b> 2:00PM – 3:36PM <b>Rahu</b> 9:12AM – 10:48AM	<b>Dhanishtha Until 10:15PM</b> Sukarma Until 3:30AM Sun Gara Until 8:24PM <b>Trayodasi Until 7:19AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:00AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>		<b>Sun 27</b> <b>Sutra 151</b> Khara 5113 Moon 8 - Phase 20 4th Phase	<b>Sivaloka Day</b>
	Creative Work Siddha Yoga			<b>Chidambaram Abhishekam</b>					

<b>○</b>	<b>Sunday, September 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau							Carcare, Switzerland
	<b>Copper Retreat Star</b>	Kumbha Rasi: 10.5	Tithi 14 – 15	598176153	<b>Gulika</b> 3:35PM – 5:11PM <b>Yama</b> 12:24PM – 1:59PM <b>Rahu</b> 5:11PM – 6:46PM	<b>Satabhisha Until 12:19AM Mon</b> Dhriti Until 3:37AM Mon Visti Until 9:53PM <b>Chaturdasi* Until 8:47AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:46PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>		<b>Sutra 152</b> Khara 5113 Moon 8 - Phase 20 Purnima
	Creative Work Siddha Yoga Until 12:19AM Mon then no yoga				<b>Grandparent's Day</b>				

<b>○</b>	<b>Monday, September 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau							Carcare, Switzerland
	<b>Silver Retreat Star</b>	Kumbha Rasi: 23.01	Tithi 15 – 16	518186153	<b>Gulika</b> 1:59PM – 3:34PM <b>Yama</b> 10:48AM – 12:23PM <b>Rahu</b> 7:38AM – 9:13AM	<b>Purvaprostapada* Until 2:39AM Tue</b> Shula* Until 3:59AM Tue Balava Until 11:38PM <b>Purnima* Until 10:32AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:02AM <b>Muruqa:</b> White <i>Sunset:</i> 6:44PM <b>Nataraja:</b> White Moon – Clear <b>Bhadrapada*Avani</b>		<b>Sutra 153</b> Khara 5113 Moon 8 - Phase 20 Prathama
	Family Home Evening No Yoga Until 7.58PM then Marana Yoga Until 2:39AM Tue then Amrita Yoga								

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



**Tuesday, September 13, 2011**  
**Gold Retreat Star**

Meena Rasi: 5.04      Tithi 16 – 17  
518186153  
Creative Work    Amrita Yoga  
Until 7.57PM then Siddha Yoga  
Until 5:13AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    12:23PM – 1:58PM    **Uttaraprostapada Until 5:13AM Wed**  
**Yama**      9:13AM – 10:48AM    **Ganda\* Until 4:33AM Wed**  
**Rahu**      3:33PM – 5:08PM      **Taitila Until 1:38AM Wed**  
**Prathama\* Until 12:33PM**

Carcare, Switzerland  
**Sutra 154**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 6:03AM  
**Muruqa:** White    *Sunset:* 6:42PM  
**Nataraja:** White  
Moon – Clear  
**Bhadrapada\*Avani**

**1**

**Wednesday, September 14, 2011**

Meena Rasi: 17.01      Tithi 17 – 18  
518186153  
Routine Work    Marana Yoga  
Until 7.57PM then Siddha Yoga  
Until 8:14AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    10:48AM – 12:23PM    **Revati Until 8:14AM Thu**  
**Yama**      7:39AM – 9:14AM      **Vriddhi Until 5:18AM Thu**  
**Rahu**      12:23PM – 1:57PM      **Vanija Until 3:52AM Thu**  
**Dvitiya Until 2:46PM**

Carcare, Switzerland  
**Sun 1 Sutra 155**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 6:05AM  
**Muruqa:** White    *Sunset:* 6:41PM  
**Nataraja:** White  
Moon – Clear  
**Bhadrapada\*Avani**

**2**

**Thursday, September 15, 2011**

Meena Rasi: 28.53      Tithi 18 – 19  
518186153  
Creative Work    Siddha Yoga  
Until 8:14AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Asvini Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    9:14AM – 10:48AM    **Revati Until 8:14AM**  
**Yama**      6:06AM – 7:40AM      **Dhruva Until 6:33AM Fri**  
**Rahu**      1:56PM – 3:30PM      **Bava Until 6:16AM Fri**  
**Tritiya Until 5:11PM**

Carcare, Switzerland  
**Sun 2 Sutra 156**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 6:06AM  
**Muruqa:** White    *Sunset:* 6:39PM  
**Nataraja:** White  
Moon – Clear  
**Bhadrapada\*Avani**

**3**

**Friday, September 16, 2011**

Mesha Rasi: 10.43      Tithi 19  
529186153  
Creative Work    Amrita Yoga  
Until 11:14AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    7:41AM – 9:14AM      **Asvini Until 11:14AM**  
**Yama**      3:29PM – 5:03PM      **Dhruva Until 6:33AM**  
**Rahu**      10:48AM – 12:22PM    **Bava Until 6:35AM**  
**Chaturthi\* Until 7:40PM**

Carcare, Switzerland  
**Sun 3 Sutra 157**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Red        *Sunrise:* 6:07AM  
**Muruqa:** White    *Sunset:* 6:37PM  
**Nataraja:** White  
Moon – White  
**Bhadrapada\*Avani**

**4**

**Saturday, September 17, 2011**

Mesha Rasi: 22.33      Tithi 20  
529186153  
Creative Work    Siddha Yoga  
Until 2:15PM then Amrita Yoga  
Until 7.56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    6:08AM – 7:41AM      **Bharani Until 2:15PM**  
**Yama**      1:55PM – 3:28PM      **Vyaghata\* Until 7:32AM**  
**Rahu**      9:15AM – 10:48AM    **Kaulava Until 9:05AM**  
**Panchami Until 10:10PM**

Carcare, Switzerland  
**Sun 4 Sutra 158**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Red        *Sunrise:* 6:08AM  
**Muruqa:** White    *Sunset:* 6:35PM  
**Nataraja:** White  
Moon – White  
**Bhadrapada\*Puratasi**

**5**

**Sunday, September 18, 2011**

Vrishabha Rasi: 4.26      Tithi 21  
529186153  
Creative Work    Siddha Yoga  
Until 7.56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    3:27PM – 5:00PM      **Krittika Until 5:07PM**  
**Yama**      12:21PM – 1:54PM      **Harshana Until 8:23AM**  
**Rahu**      5:00PM – 6:33PM      **Gara Until 11:27AM**  
**Shasthi\* Until 12:32AM Mon**

Carcare, Switzerland  
**Sun 5 Sutra 159**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Red        *Sunrise:* 6:09AM  
**Muruqa:** White    *Sunset:* 6:33PM  
**Nataraja:** White  
Moon – White  
**Bhadrapada\*Puratasi**

**6**

**Monday, September 19, 2011**

Vrishabha Rasi: 16.28      Tithi 22  
539186153  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 7:44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    1:53PM – 3:26PM      **Rohini Until 7:44PM**  
**Yama**      10:48AM – 12:21PM    **Vajra\* Until 8:59AM**  
**Rahu**      7:43AM – 9:16AM      **Visti Until 1:30PM**  
**Saptami Until 2:36AM Tue**

Carcare, Switzerland  
**Sun 6 Sutra 160**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:10AM  
**Muruqa:** White    *Sunset:* 6:31PM  
**Nataraja:** White  
Moon – Yellow  
**Bhadrapada\*Puratasi**

**Retreat Star**

**Tuesday, September 20, 2011**

Vrishabha Rasi: 28.44      Tithi 23  
539186153  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    12:20PM – 1:53PM      **Mrigasira Until 8:39PM**  
**Yama**      9:16AM – 10:48AM    **Siddhi Until 8:57AM**  
**Rahu**      3:25PM – 4:57PM      **Balava Until 2:19PM**  
**Ashtami\* Until 2:19AM Wed**

Carcare, Switzerland  
**Sun 7 Sutra 161**  
Khara 5113  
Moon 9 - Phase 21  
Ashtami  
**Subha Sivaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:11AM  
**Muruqa:** White    *Sunset:* 6:29PM  
**Nataraja:** White  
Moon – Yellow  
**Bhadrapada\*Puratasi**

**Wednesday, September 21, 2011**

**Retreat Star**

Mithuna Rasi: 11.18      Tithi 24  
539186153  
Creative Work    Siddha Yoga  
Until 7.55PM then Marana Yoga  
Until 10:03PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    10:48AM – 12:20PM    **Ardra Until 10:03PM**  
**Yama**      7:45AM – 9:16AM      **Vyatipata\* Until 8:34AM**  
**Rahu**      12:20PM – 1:52PM      **Taitila Until 3:07PM**  
**Navami\* Until 3:07AM Thu**

Carcare, Switzerland  
**Sun 8 Sutra 162**  
Khara 5113  
Moon 9 - Phase 21  
Navami  
**Subha Sivaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:13AM  
**Muruqa:** White    *Sunset:* 6:27PM  
**Nataraja:** White  
Moon – Yellow  
**Bhadrapada\*Puratasi**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192


<b>1</b>	<b>Thursday, September 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau		Carcare, Switzerland
	Mithuna Rasi: 24.17      Tithi 25 549186153	<b>Gulika</b> 9:17AM – 10:48AM <b>Yama</b> 6:14AM – 7:45AM <b>Rahu</b> 1:51PM – 3:23PM	<b>Punarvasu</b> <b>Until 10:42PM</b> Variyan Until 7:30AM Vanija Until 3:07PM <b>Dasami</b> <b>Until 3:07AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:14AM</i> <b>Muruqa:</b> White <i>Sunset: 6:26PM</i> <b>Nataraja:</b> White Moon – Blue <b>Subha Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

<b>2</b>	<b>Friday, September 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau		Carcare, Switzerland
	Kataka Rasi: 7.44      Tithi 26 549286153	<b>Gulika</b> 7:46AM – 9:17AM <b>Yama</b> 3:22PM – 4:53PM <b>Rahu</b> 10:48AM – 12:19PM	<b>Pushya</b> <b>Until 9:19PM</b> Shiva Until 2:59AM Sat Bava Until 1:32PM <b>Ekadasi*</b> <b>Until 12:37AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:15AM</i> <b>Muruqa:</b> White <i>Sunset: 6:24PM</i> <b>Nataraja:</b> White Moon – Blue <b>Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

<b>3</b>	<b>Saturday, September 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Carcare, Switzerland
	Kataka Rasi: 21.41      Tithi 27 541286153	<b>Gulika</b> 6:16AM – 7:47AM <b>Yama</b> 1:50PM – 3:20PM <b>Rahu</b> 9:18AM – 10:48AM	<b>Aslesha*</b> <b>Until 8:16PM</b> Siddha Until 12:26AM Sun Kaulava Until 11:45AM <b>Dvadasi*</b> <b>Until 10:50PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:16AM</i> <b>Muruqa:</b> White <i>Sunset: 6:22PM</i> <b>Nataraja:</b> White Moon – Blue <b>Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

<b>4</b>	<b>Sunday, September 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Carcare, Switzerland
	Simha Rasi: 6.06      Tithi 28 551286153	<b>Gulika</b> 3:19PM – 4:50PM <b>Yama</b> 12:19PM – 1:49PM <b>Rahu</b> 4:50PM – 6:20PM	<b>Magha*</b> <b>Until 5:34PM</b> Sadhya Until 8:11PM Gara Until 8:52AM <b>Trayodasi*</b> <b>Until 7:09PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:17AM</i> <b>Muruqa:</b> White <i>Sunset: 6:20PM</i> <b>Nataraja:</b> White Moon – Red <b>Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

<b>5</b>	<b>Monday, September 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Carcare, Switzerland
	Simha Rasi: 20.56      Tithi 29 – 30 <b>Family Home Evening</b> 551286153	<b>Gulika</b> 1:48PM – 3:18PM <b>Yama</b> 10:48AM – 12:18PM <b>Rahu</b> 7:48AM – 9:18AM	<b>Purvaphalguni*</b> <b>Until 3:11PM</b> Subha Until 4:28PM Catuspada Until 2:16AM Tue <b>Chaturdasi*</b> <b>Until 3:59PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:18AM</i> <b>Muruqa:</b> White <i>Sunset: 6:18PM</i> <b>Nataraja:</b> White Moon – Red <b>Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

	<b>Tuesday, September 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Carcare, Switzerland
	<b>Retreat Star</b> Kanya Rasi: 6.02      Tithi 30 – 1 551286153	<b>Gulika</b> 12:18PM – 1:48PM <b>Yama</b> 9:19AM – 10:48AM <b>Rahu</b> 3:17PM – 4:47PM	<b>Uttaraphalguni</b> <b>Until 12:20PM</b> Sukla Until 12:20PM Kintughna Until 10:37PM <b>Amavasya*</b> <b>Until 12:20PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:20AM</i> <b>Muruqa:</b> White <i>Sunset: 6:16PM</i> <b>Nataraja:</b> White Moon – Red <b>Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

<b>Retreat Star</b>	<b>Wednesday, September 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Carcare, Switzerland
	Kanya Rasi: 21.17      Tithi 1 – 2 661286153	<b>Gulika</b> 10:48AM – 12:18PM <b>Yama</b> 7:50AM – 9:19AM <b>Rahu</b> 12:18PM – 1:47PM	<b>Hasta</b> <b>Until 9:17AM</b> Brahma Until 8:00AM Balava Until 6:45PM <b>Prathama*</b> <b>Until 8:28AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:21AM</i> <b>Muruqa:</b> White <i>Sunset: 6:14PM</i> <b>Nataraja:</b> White Moon – Green <b>Sivaloka Day</b> <b>Ashvina•Puratasi</b>

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

<b>1</b>	<b>Thursday, September 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiya Yam Titau	Carcare, Switzerland
	<b>Sun 16 Sutra 170</b>		Khara 5113
Tula Rasi: 6.29	Tithi 3	<b>Gulika 9:20AM – 10:48AM</b>	<b>Chitra Until 6:18AM</b>
	661286153	<b>Yama 6:22AM – 7:51AM</b>	<b>Ganesha: Light Blue Sunrise: 6:22AM</b>
Creative Work Siddha Yoga		<b>Rahu 1:46PM – 3:15PM</b>	<b>Muruqa: White Sunset: 6:13PM</b>
Until 6:18AM then Amrita Yoga			<b>Nataraja: White</b>
Until 7:52PM then Siddha Yoga			<b>Moon – Green</b>
			<b>Ashvina•Puratasi</b>
			<b>Sivaloka Day</b>

<b>2</b>	<b>Friday, September 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Carcare, Switzerland
	<b>Sun 17 Sutra 171</b>		Khara 5113
Tula Rasi: 21.28	Tithi 4	<b>Gulika 7:52AM – 9:20AM</b>	<b>Visakha Until 12:59AM Sat</b>
	671286153	<b>Yama 3:14PM – 4:42PM</b>	<b>Ganesha: Purple Sunrise: 6:23AM</b>
Routine Work Marana Yoga		<b>Rahu 10:49AM – 12:17PM</b>	<b>Muruqa: White Sunset: 6:11PM</b>
Until 7:51PM then Siddha Yoga			<b>Nataraja: White</b>
			<b>Moon – Orange</b>
			<b>Ashvina•Puratasi</b>
			<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, October 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau	Carcare, Switzerland
	<b>Sun 18 Sutra 172</b>		Khara 5113
Vrischika Rasi: 6.08	Tithi 5	<b>Gulika 6:24AM – 7:52AM</b>	<b>Anuradha Until 12:04AM Sun</b>
	671286153	<b>Yama 1:45PM – 3:13PM</b>	<b>Ganesha: Purple Sunrise: 6:24AM</b>
Creative Work Siddha Yoga		<b>Rahu 9:21AM – 10:49AM</b>	<b>Muruqa: White Sunset: 6:09PM</b>
Until 7:51PM then Marana Yoga			<b>Nataraja: White</b>
			<b>Moon – Orange</b>
			<b>Ashvina•Puratasi</b>
			<b>Sivaloka Day</b>

<b>4</b>	<b>Sunday, October 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Shasthi*/Saplami Yam Titau	Carcare, Switzerland
	<b>Sun 19 Sutra 173</b>		Khara 5113
Vrischika Rasi: 20.22	Tithi 6 – 7	<b>Gulika 3:12PM – 4:39PM</b>	<b>Jyeshtha* Until 10:30PM</b>
	671286153	<b>Yama 12:16PM – 1:44PM</b>	<b>Ganesha: Purple Sunrise: 6:26AM</b>
Routine Work Marana Yoga		<b>Rahu 4:39PM – 6:07PM</b>	<b>Muruqa: White Sunset: 6:07PM</b>
Until 7:51PM then Siddha Yoga			<b>Nataraja: White</b>
			<b>Moon – Orange</b>
			<b>Ashvina•Puratasi</b>
			<b>Sivaloka Day</b>

<b>5</b>	<b>Monday, October 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Carcare, Switzerland
	<b>Sun 20 Sutra 174</b>		Khara 5113
Dhanus Rasi: 4.1	Tithi 7 – 8	<b>Gulika 1:43PM – 3:11PM</b>	<b>Mula* Until 10:55PM</b>
<b>Family Home Evening</b>	681286153	<b>Yama 10:49AM – 12:16PM</b>	<b>Ganesha: Clear Sunrise: 6:27AM</b>
Creative Work Siddha Yoga		<b>Rahu 7:54AM – 9:21AM</b>	<b>Muruqa: White Sunset: 6:05PM</b>
Until 7:51PM then Amrita Yoga			<b>Nataraja: White</b>
Until 10:55PM then Siddha Yoga			<b>Moon – Light Blue</b>
			<b>Ashvina•Puratasi</b>
			<b>Subha Sivaloka Day</b>

<b>D</b>	<b>Tuesday, October 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Carcare, Switzerland
	<b>Retreat Star</b>		<b>Sun 21 Sutra 175</b>
Dhanus Rasi: 17.32	Tithi 8 – 9	<b>Gulika 12:16PM – 1:43PM</b>	<b>Purvashadha* Until 10:51PM</b>
	682286153	<b>Yama 9:22AM – 10:49AM</b>	<b>Ganesha: Orange Sunrise: 6:28AM</b>
Creative Work Siddha Yoga		<b>Rahu 3:10PM – 4:37PM</b>	<b>Muruqa: White Sunset: 6:03PM</b>
Until 7:50PM then Amrita Yoga			<b>Nataraja: White</b>
			<b>Moon – Light Blue</b>
			<b>Ashvina•Puratasi</b>
			<b>Subha Sivaloka Day</b>

<b>W</b>	<b>Wednesday, October 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Carcare, Switzerland
	<b>Retreat Star</b>		<b>Sun 22 Sutra 176</b>
Makara Rasi: 0.31	Tithi 9 – 10	<b>Gulika 10:49AM – 12:15PM</b>	<b>Uttarashadha Until 11:30PM</b>
	682286153	<b>Yama 7:56AM – 9:22AM</b>	<b>Ganesha: Orange Sunrise: 6:29AM</b>
Creative Work Amrita Yoga		<b>Rahu 12:15PM – 1:42PM</b>	<b>Muruqa: White Sunset: 6:02PM</b>
Until 7:50PM then Siddha Yoga			<b>Nataraja: White</b>
			<b>Moon – Light Blue</b>
			<b>Ashvina•Puratasi</b>
			<b>Subha Sivaloka Day</b>

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

<b>1</b>	<b>Thursday, October 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Carcare, Switzerland
	Makara Rasi: 13.12	Tithi 10 - 11	692286153	<b>Gulika</b> 9:23AM - 10:49AM	<b>Sravana Until 2:17AM Fri</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM	<b>Sun 23 Sutra 177</b> Khara 5113
Creative Work	Siddha Yoga		<b>Yama</b> 6:30AM - 7:57AM	Sukarma Until 8:52AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:00PM	Moon 9 - Phase 24	
			<b>Rahu</b> 1:41PM - 3:07PM	Vanija Until 6:51AM Fri	<b>Nataraja:</b> White	4th Phase	
				<b>Dasami Until 5:46PM</b>	<b>Ashvina•Puratasi</b>	<b>Sivaloka Day</b>	

<b>2</b>	<b>Friday, October 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visti* Karana Ekadasi Yam Titau				Carcare, Switzerland
	Makara Rasi: 25.37	Tithi 11	692286153	<b>Gulika</b> 7:57AM - 9:23AM	<b>Dhanishtha Until 4:05AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:32AM	<b>Sun 24 Sutra 178</b> Khara 5113
Creative Work	Siddha Yoga		<b>Yama</b> 3:06PM - 4:32PM	Dhriti Until 8:43AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:58PM	Moon 9 - Phase 24	
Until 4:05AM Sat then Amrita Yoga			<b>Rahu</b> 10:49AM - 12:15PM	Visti Until 8:04AM Sat	<b>Nataraja:</b> White	4th Phase	
			<b>Vijaya Dasami</b>	<b>Ekadasi Until 6:59PM</b>	<b>Ashvina•Puratasi</b>	<b>Sivaloka Day</b>	

<b>3</b>	<b>Saturday, October 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau				Carcare, Switzerland
	Kumbha Rasi: 7.52	Tithi 12	692286154	<b>Gulika</b> 6:33AM - 7:58AM	<b>Satabhisha Until 6:02AM Sun</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:33AM	<b>Sun 25 Sutra 179</b> Khara 5113
Creative Work	Amrita Yoga		<b>Yama</b> 1:40PM - 3:05PM	Shula* Until 8:54AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:56PM	Moon 9 - Phase 24	
Until 7.49PM then Siddha Yoga			<b>Rahu</b> 9:24AM - 10:49AM	Bava Until 7:30AM	<b>Nataraja:</b> Yellow	4th Phase	
			<b>Kadaitswami Mahasamadhi</b>	<b>Dvadasi Until 8:35PM</b>	<b>Ashvina•Puratasi</b>	<b>Devaloka Day</b>	

<b>4</b>	<b>Sunday, October 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Carcare, Switzerland
	Kumbha Rasi: 19.59	Tithi 13	692286154	<b>Gulika</b> 3:04PM - 4:29PM	<b>Satabhisha Until 6:02AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:34AM	<b>Sun 26 Sutra 180</b> Khara 5113
Creative Work	Siddha Yoga		<b>Yama</b> 12:14PM - 1:39PM	Ganda* Until 9:20AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:54PM	Moon 9 - Phase 24	
Until 7.49PM then no yoga			<b>Rahu</b> 4:29PM - 5:54PM	Kaulava Until 9:24AM	<b>Nataraja:</b> Yellow	4th Phase	
			<b>Chidambaram Abhishekam</b>	<b>Trayodasi Until 10:30PM</b>	<b>Ashvina•Puratasi</b>	<b>Devaloka Day</b>	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Monday, October 10, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Carcare, Switzerland
	Meena Rasi: 2	Tithi 14	612286154	<b>Gulika</b> 1:39PM - 3:03PM	<b>Purvaprostapada* Until 8:40AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:35AM	<b>Sun 27 Sutra 181</b> Khara 5113
Family Home Evening	No Yoga		<b>Yama</b> 10:49AM - 12:14PM	Vridhi Until 9:56AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:53PM	Moon 9 - Phase 24	
Until 8.40AM then Siddha Yoga			<b>Rahu</b> 8:00AM - 9:25AM	Gara Until 11:32AM	<b>Nataraja:</b> Yellow	4th Phase	
Until 7.48PM then Amrita Yoga				<b>Chaturdasi* Until 12:37AM Tue</b>	<b>Ashvina•Puratasi</b>	<b>Devaloka Day</b>	

<b>○</b>	<b>Tuesday, October 11, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau				Carcare, Switzerland
	<b>Copper Retreat Star</b>			<b>Gulika</b> 12:14PM - 1:38PM	<b>Uttaraprostapada Until 11:27AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:36AM	<b>Sutra 182</b> Khara 5113
Meena Rasi: 13.56	Tithi 15	612286154	<b>Yama</b> 9:25AM - 10:49AM	Dhruva Until 10:41AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:51PM	Moon 9 - Phase 24	
Creative Work	Amrita Yoga		<b>Rahu</b> 3:02PM - 4:27PM	Visti Until 1:49PM	<b>Nataraja:</b> Yellow	Purnima	
Until 11:27AM then Siddha Yoga				<b>Purnima* Until 2:55AM Wed</b>	<b>Ashvina•Puratasi</b>	<b>Devaloka Day</b>	
Until 7.48PM then Marana Yoga							

<b>○</b>	<b>Wednesday, October 12, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau				Carcare, Switzerland
	<b>Silver Retreat Star</b>			<b>Gulika</b> 10:50AM - 12:13PM	<b>Revati Until 2:21PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:38AM	<b>Sutra 183</b> Khara 5113
Meena Rasi: 25.49	Tithi 16	612286154	<b>Yama</b> 8:02AM - 9:26AM	Vyaghata* Until 11:32AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:49PM	Moon 9 - Phase 24	
Routine Work	Marana Yoga		<b>Rahu</b> 12:13PM - 1:37PM	Balava Until 4:14PM	<b>Nataraja:</b> Yellow	Prathama	
Until 7.48PM then Amrita Yoga				<b>Prathama* Until 5:19AM Thu</b>	<b>Ashvina•Puratasi</b>	<b>Devaloka Day</b>	

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM





**Thursday, October 13, 2011**  
**Gold Retreat Star**

Mesha Rasi: 7.4      Tithi 17  
622286154  
Creative Work    Amrita Yoga  
Until 5:19PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini/Bharani Nakshatra Harshana/Vajra\* Yoga Tailita Karana Dvitiya Yam Titau

**Gulika**    9:26AM – 10:50AM    **Asvini Until 5:19PM**  
**Yama**      6:39AM – 8:03AM      Harshana Until 12:27PM  
**Rahu**      1:37PM – 3:00PM      Tailita Until 6:43PM  
**Dvitiya Until 8:07AM Fri**

Carcare, Switzerland  
**Sutra 184**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red      *Sunrise:* 6:39AM  
**Muruqa:** White    *Sunset:* 5:47PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**



**Friday, October 14, 2011**

Mesha Rasi: 19.31      Tithi 17 – 18  
622286154  
Creative Work    Siddha Yoga  
Until 8:18PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    8:03AM – 9:27AM    **Bharani Until 8:18PM**  
**Yama**      2:59PM – 4:23PM      Vajra\* Until 1:22PM  
**Rahu**      10:50AM – 12:13PM    Vanija Until 9:13PM  
**Dvitiya Until 8:07AM**

Carcare, Switzerland  
**Sun 1 Sutra 185**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red      *Sunrise:* 6:40AM  
**Muruqa:** White    *Sunset:* 5:46PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**



**Saturday, October 15, 2011**

Wrishabha Rasi: 1.23      Tithi 18 – 19  
622286154  
Creative Work    Amrita Yoga  
Until 7:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika**    6:41AM – 8:04AM    **Krittika Until 11:13PM**  
**Yama**      1:36PM – 2:58PM      Siddhi Until 2:14PM  
**Rahu**      9:27AM – 10:50AM    Bava Until 11:39PM  
**Tritiya Until 10:34AM**

Carcare, Switzerland  
**Sun 2 Sutra 186**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red      *Sunrise:* 6:41AM  
**Muruqa:** White    *Sunset:* 5:46PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**



**Sunday, October 16, 2011**

Wrishabha Rasi: 13.2      Tithi 19 – 20  
632286154  
Creative Work    Siddha Yoga  
Until 7:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    2:57PM – 4:20PM    **Rohini Until 2:00AM Mon**  
**Yama**      12:13PM – 1:35PM      Vyatipata\* Until 2:58PM  
**Rahu**      4:20PM – 5:42PM      Kaulava Until 1:56AM Mon  
**Chaturthi\* Until 12:51PM**

Carcare, Switzerland  
**Sun 3 Sutra 187**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:43AM  
**Muruqa:** White    *Sunset:* 5:42PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**



**Monday, October 17, 2011**

Wrishabha Rasi: 25.25      Tithi 20 – 21  
632286154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 7:47PM then Siddha Yoga  
Until 4:30AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira Nakshatra Variyan/Parigha\* Yoga Tailita/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    1:34PM – 2:57PM    **Mrigasira Until 4:30AM Tue**  
**Yama**      10:50AM – 12:12PM    Variyan Until 3:28PM  
**Rahu**      8:06AM – 9:28AM      Gara Until 3:56AM Tue  
**Panchami Until 2:50PM**

Carcare, Switzerland  
**Sun 4 Sutra 188**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:44AM  
**Muruqa:** White    *Sunset:* 5:41PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**



**Tuesday, October 18, 2011**

Mithuna Rasi: 7.41      Tithi 21 – 22  
633386154  
Routine Work    Marana Yoga  
Until 7:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    12:12PM – 1:34PM    **Ardra Until 4:43AM Wed**  
**Yama**      9:29AM – 10:50AM    Parigha\* Until 2:54PM  
**Rahu**      2:56PM – 4:17PM      Visti Until 3:32AM Wed  
**Shasthi\* Until 3:32PM**

Carcare, Switzerland  
**Sun 5 Sutra 189**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:45AM  
**Muruqa:** White    *Sunset:* 5:39PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**



**Wednesday, October 19, 2011**

Mithuna Rasi: 20.15      Tithi 22 – 23  
643386154  
Creative Work    Siddha Yoga  
Until 7:46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    10:51AM – 12:12PM    **Punarvasu Until 6:19AM Thu**  
**Yama**      8:08AM – 9:29AM      Shiva Until 2:31PM  
**Rahu**      12:12PM – 1:33PM      Balava Until 4:24AM Thu  
**Saptami Until 4:24PM**

Carcare, Switzerland  
**Sun 6 Sutra 190**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Orange    *Sunrise:* 6:47AM  
**Muruqa:** White    *Sunset:* 5:37PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**



**Thursday, October 20, 2011**  
**Retreat Star**

Kataka Rasi: 3.1      Tithi 23 – 24  
643386154  
Creative Work    Amrita Yoga  
Until 7:46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Tailita Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    9:30AM – 10:51AM    **Punarvasu Until 6:19AM**  
**Yama**      6:48AM – 8:09AM      Siddha Until 1:33PM  
**Rahu**      1:33PM – 2:54PM      Tailita Until 4:34AM Fri  
**Ashtami\* Until 4:34PM**

Carcare, Switzerland  
**Sun 7 Sutra 191**  
Khara 5113  
Moon 10 - Phase 25  
Ashtami  
**Sivaloka Day**

**Ganesha:** Orange    *Sunrise:* 6:48AM  
**Muruqa:** White    *Sunset:* 5:36PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

**Friday, October 21, 2011**

**Retreat Star**

Kataka Rasi: 16.29      Tithi 24 – 25  
643386154  
Routine Work    Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

**Gulika**    8:10AM – 9:30AM    **Pushya Until 6:18AM**  
**Yama**      2:53PM – 4:14PM      Sadhya Until 11:27AM  
**Rahu**      10:51AM – 12:12PM    Vanija Until 2:12AM Sat  
**Navami\* Until 3:08PM**

Carcare, Switzerland  
**Sun 8 Sutra 192**  
Khara 5113  
Moon 10 - Phase 25  
Navami  
**Sivaloka Day**

**Ganesha:** Orange    *Sunrise:* 6:49AM  
**Muruqa:** White    *Sunset:* 5:34PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

<b>1</b>	<b>Saturday, October 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Carcare, Switzerland
	Simha Rasi: 0.17      Tithi 25 – 26 653386154	<b>Gulika</b> 6:50AM – 8:11AM <b>Yama</b> 1:32PM – 2:52PM <b>Rahu</b> 9:31AM – 10:51AM	<b>Magha* Until 4:22AM Sun</b> Subha Until 9:07AM Bava Until 12:43AM Sun <b>Dasami Until 1:39PM</b>	<b>Sun 9 Sutra 193</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
	Creative Work Amrita Yoga Until 7.46PM then Marana Yoga Until 4:22AM Sun then Siddha Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> White <i>Sunset:</i> 5:33PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Sunday, October 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Carcare, Switzerland
	Simha Rasi: 14.33      Tithi 26 – 27 653386154	<b>Gulika</b> 2:51PM – 4:11PM <b>Yama</b> 12:11PM – 1:31PM <b>Rahu</b> 4:11PM – 5:31PM	<b>Purvaphalguni* Until 1:23AM Mon</b> Sukla Until 6:02AM Kaulava Until 9:13PM <b>Ekadasi* Until 10:56AM</b>	<b>Sun 10 Sutra 194</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
	Creative Work Siddha Yoga Until 1:23AM Mon then Marana Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:52AM <b>Muruqa:</b> White <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Monday, October 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Carcare, Switzerland
	Simha Rasi: 29.14      Tithi 27 – 28 653386154	<b>Gulika</b> 1:31PM – 2:50PM <b>Yama</b> 10:52AM – 12:11PM <b>Rahu</b> 8:13AM – 9:32AM	<b>Uttaraphalguni Until 11:13PM</b> Indra Until 10:31PM Gara Until 6:19PM <b>Dvadasi* Until 8:02AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Sun 11 Sutra 195</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
	Family Home Evening Routine Work Marana Yoga Until 7.46PM then Amrita Yoga Until 11:13PM then Siddha Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> White <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

<b>4</b>	<b>Tuesday, October 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Carcare, Switzerland
	Kanya Rasi: 14.15      Tithi 29 663386154	<b>Gulika</b> 12:11PM – 1:30PM <b>Yama</b> 9:32AM – 10:52AM <b>Rahu</b> 2:49PM – 4:09PM	<b>Hasta Until 8:32PM</b> Vaidhriti* Until 6:30PM Visti Until 2:51PM <b>Chaturdasi* Until 1:08AM Wed</b>	<b>Sun 12 Sutra 196</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
	Creative Work Siddha Yoga Deepavali Hindu Solidarity Day		<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:54AM <b>Muruqa:</b> White <i>Sunset:</i> 5:28PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

	<b>Wednesday, October 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Carcare, Switzerland
	Kanya Rasi: 29.28      Tithi 30 663386154	<b>Gulika</b> 10:52AM – 12:11PM <b>Yama</b> 8:14AM – 9:33AM <b>Rahu</b> 12:11PM – 1:30PM	<b>Chitra Until 5:31PM</b> Vishkambha* Until 2:11PM Catuspada Until 11:03AM <b>Amavasya* Until 9:20PM</b>	<b>Sun 13 Sutra 197</b> Khara 5113 Moon 10 - Phase 26 Amavasya
	Retreat Star Creative Work Siddha Yoga Until 7.45PM then Amrita Yoga	Subramuniyaswami Mahasamadhi	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:56AM <b>Muruqa:</b> White <i>Sunset:</i> 5:28PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

	<b>Thursday, October 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau		Carcare, Switzerland
	Tula Rasi: 14.43      Tithi 1 – 2 663386154	<b>Gulika</b> 9:34AM – 10:52AM <b>Yama</b> 6:57AM – 8:15AM <b>Rahu</b> 1:29PM – 2:48PM	<b>Svati Until 2:27PM</b> Priti Until 9:48AM Kintughna Until 7:11AM <b>Prathama* Until 5:28PM</b>	<b>Sun 14 Sutra 198</b> Khara 5113 Moon 10 - Phase 26 Prathama
	Retreat Star Creative Work Amrita Yoga Until 2:27PM then Siddha Yoga Until 7.45PM then Marana Yoga	Skanda Shasthi Begins	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:57AM <b>Muruqa:</b> White <i>Sunset:</i> 5:25PM <b>Nataraja:</b> Yellow Moon – Green <b>Karttika-Aipasi</b>	<b>Devaloka Day</b>

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

<b>1</b> Friday, October 28, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Carcare, Switzerland Sun 15 Sutra 199 Khara 5113	
Tula Rasi: 29.5	Tithi 2 – 3	673386154	<b>Gulika</b> 8:16AM – 9:34AM <b>Yama</b> 2:47PM – 4:05PM <b>Rahu</b> 10:53AM – 12:11PM	<b>Visakha</b> Until 11:35AM Saubhagya Until 1:38AM Sat Taitila Until 12:07AM Sat <b>Dvitiya</b> Until 1:50PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> White <i>Sunset:</i> 5:23PM <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	Moon 10 - Phase 27 3rd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 11:35AM then Siddha Yoga						
<b>2</b> Saturday, October 29, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Carcare, Switzerland Sun 16 Sutra 200 Khara 5113	
Virshika Rasi: 14.41	Tithi 3 – 4	673386154	<b>Gulika</b> 7:00AM – 8:17AM <b>Yama</b> 1:28PM – 2:46PM <b>Rahu</b> 9:35AM – 10:53AM	<b>Anuradha</b> Until 9:24AM Sobhana Until 10:56PM Vanija Until 10:07PM <b>Tritiya</b> Until 11:02AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:00AM <b>Muruqa:</b> White <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	Moon 10 - Phase 27 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 7:45PM then Marana Yoga						
<b>3</b> Sunday, October 30, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Carcare, Switzerland Sun 17 Sutra 201 Khara 5113	
Virshika Rasi: 29.07	Tithi 4 – 5	673386154	<b>Gulika</b> 2:46PM – 4:03PM <b>Yama</b> 12:11PM – 1:28PM <b>Rahu</b> 4:03PM – 5:20PM	<b>Jyeshtha*</b> Until 7:30AM Athiganda* Until 7:33PM Bava Until 7:27PM <b>Chaturthi*</b> Until 8:22AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:01AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	Moon 10 - Phase 27 3rd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 7:30AM then Amrita Yoga Until 7:45PM then Siddha Yoga						
<b>4</b> Monday, October 31, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti* Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau			Carcare, Switzerland Sun 18 Sutra 202 Khara 5113	
Dhanus Rasi: 13.07	Tithi 5 – 6	683386154	<b>Gulika</b> 1:28PM – 2:45PM <b>Yama</b> 10:53AM – 12:11PM <b>Rahu</b> 8:19AM – 9:36AM	<b>Mula*</b> Until 6:23AM Sukarma Until 4:55PM Taitila Until 4:42AM Tue <b>Panchami</b> Until 6:33AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:02AM <b>Muruqa:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	Moon 10 - Phase 27 3rd Phase <b>Sivaloka Day</b>
<b>Family Home Evening</b> Creative Work Siddha Yoga Until 6:23AM then Marana Yoga Until 7:45PM then Siddha Yoga						
<b>5</b> Tuesday, November 1, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau			Carcare, Switzerland Sun 19 Sutra 203 Khara 5113	
Dhanus Rasi: 26.37	Tithi 7	684386154	<b>Gulika</b> 12:11PM – 1:27PM <b>Yama</b> 9:37AM – 10:54AM <b>Rahu</b> 2:44PM – 4:01PM	<b>Purvashadha*</b> Until 6:05AM Dhriti Until 3:40PM Gara Until 5:34PM <b>Saptami</b> Until 5:34AM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:04AM <b>Muruqa:</b> White <i>Sunset:</i> 5:18PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	Moon 10 - Phase 27 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 6:05AM then Prabalarishta Yoga Until 7:45PM then Amrita Yoga						
<b>Wednesday, November 2, 2011</b> <b>Retreat Star</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Carcare, Switzerland Sun 20 Sutra 204 Khara 5113	
Makara Rasi: 9.42	Tithi 8	684386154	<b>Gulika</b> 10:54AM – 12:11PM <b>Yama</b> 8:21AM – 9:38AM <b>Rahu</b> 12:11PM – 1:27PM	<b>Uttarashadha</b> Until 6:33AM Shula* Until 2:24PM Visti Until 5:25PM <b>Ashtami*</b> Until 6:02AM Thu	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:05AM <b>Muruqa:</b> White <i>Sunset:</i> 5:16PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	Moon 10 - Phase 27 Ashtami <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 6:33AM then Siddha Yoga						
<b>Thursday, November 3, 2011</b> <b>Retreat Star</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Carcare, Switzerland Sun 21 Sutra 205 Khara 5113	
Makara Rasi: 22.23	Tithi 8 – 9	694386154	<b>Gulika</b> 9:38AM – 10:54AM <b>Yama</b> 7:06AM – 8:22AM <b>Rahu</b> 1:27PM – 2:43PM	<b>Sravana</b> Until 7:53AM Ganda* Until 2:22PM Balava Until 7:07PM <b>Ashtami*</b> Until 6:02AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:06AM <b>Muruqa:</b> White <i>Sunset:</i> 5:15PM <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	Moon 10 - Phase 27 Navami <b>Devaloka Day</b>
Creative Work Siddha Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

<b>1</b>	<b>Friday, November 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau							Carcare, Switzerland
	Kumbha Rasi: 4.47    Tithi 9 – 10 694386154	<b>Gulika</b> 8:23AM – 9:39AM <b>Yama</b> 2:42PM – 3:58PM <b>Rahu</b> 10:55AM – 12:11PM	<b>Dhanishtha</b> Until 9:45AM Vriddhi Until 2:15PM Taitila Until 8:27PM <b>Navami*</b> Until 7:21AM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	<i>Sunrise:</i> 7:08AM <i>Sunset:</i> 5:14PM	Sun 22	<b>Sutra 206</b> Khara 5113	Moon 10 - Phase 28 4th Phase	Devaloka Day
	Creative Work    Siddha Yoga Until 7.45PM then Amrita Yoga								

<b>2</b>	<b>Saturday, November 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau							Carcare, Switzerland
	Kumbha Rasi: 16.58    Tithi 10 – 11 694386154	<b>Gulika</b> 7:09AM – 8:24AM <b>Yama</b> 1:26PM – 2:41PM <b>Rahu</b> 9:40AM – 10:55AM	<b>Satabhisha</b> Until 12:05PM Dhruva Until 2:33PM Vanija Until 10:15PM <b>Dasami</b> Until 9:10AM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	<i>Sunrise:</i> 7:09AM <i>Sunset:</i> 5:12PM	Sun 23	<b>Sutra 207</b> Khara 5113	Moon 10 - Phase 28 4th Phase	Devaloka Day
	Creative Work    Amrita Yoga Until 12:05PM then Siddha Yoga								

<b>3</b>	<b>Sunday, November 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau							Carcare, Switzerland
	Kumbha Rasi: 28.59    Tithi 11 – 12 614386154	<b>Gulika</b> 2:41PM – 3:56PM <b>Yama</b> 12:11PM – 1:26PM <b>Rahu</b> 3:56PM – 5:11PM	<b>Purvaprostapada*</b> Until 2:43PM Vyaghata* Until 3:08PM Bava Until 12:24AM Mon <b>Ekadasi</b> Until 11:19AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	<i>Sunrise:</i> 7:10AM <i>Sunset:</i> 5:11PM	Sun 24	<b>Sutra 208</b> Khara 5113	Moon 10 - Phase 28 4th Phase	Devaloka Day
	Creative Work    Siddha Yoga Until 2:43PM then Amrita Yoga Until 7.45PM then Siddha Yoga								

<b>4</b>	<b>Monday, November 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada*/Revall Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau							Carcare, Switzerland
	Meena Rasi: 10.54    Tithi 12 – 13 <b>Family Home Evening</b> 714386154	<b>Gulika</b> 1:25PM – 2:40PM <b>Yama</b> 10:56AM – 12:11PM <b>Rahu</b> 8:26AM – 9:41AM	<b>Uttaraprostapada</b> Until 5:32PM Harshana Until 3:53PM Kaulava Until 2:46AM Tue <b>Dvadasi</b> Until 1:41PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	<i>Sunrise:</i> 7:12AM <i>Sunset:</i> 5:10PM	Sun 25	<b>Sutra 209</b> Khara 5113	Moon 10 - Phase 28 4th Phase	Sivaloka Day
	Creative Work    Siddha Yoga								

<b>5</b>	<b>Tuesday, November 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau							Carcare, Switzerland
	Meena Rasi: 22.46    Tithi 13 – 14 714386154	<b>Gulika</b> 12:11PM – 1:25PM <b>Yama</b> 9:42AM – 10:56AM <b>Rahu</b> 2:40PM – 3:54PM	<b>Revati</b> Until 8:28PM Vajra* Until 4:44PM Gara Until 5:14AM Wed <b>Trayodasi</b> Until 4:09PM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	<i>Sunrise:</i> 7:13AM <i>Sunset:</i> 5:09PM	Sun 26	<b>Sutra 210</b> Khara 5113	Moon 10 - Phase 28 4th Phase	Sivaloka Day
	Creative Work    Siddha Yoga Until 7.45PM then Marana Yoga								

<b>6</b>	<b>Wednesday, November 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdasi* Yam Titau							Carcare, Switzerland
	Mesha Rasi: 4.37    Tithi 14 724386154	<b>Gulika</b> 10:57AM – 12:11PM <b>Yama</b> 8:28AM – 9:42AM <b>Rahu</b> 12:11PM – 1:25PM	<b>Asvini</b> Until 11:25PM Siddhi Until 5:37PM Vanija Until 7:45AM Thu <b>Chaturdasi*</b> Until 6:39PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>	<i>Sunrise:</i> 7:14AM <i>Sunset:</i> 5:07PM	Sun 27	<b>Sutra 211</b> Khara 5113	Moon 10 - Phase 28 4th Phase	Devaloka Day
	Routine Work    Marana Yoga Until 7.45PM then Amrita Yoga Until 11:25PM then Siddha Yoga								

<b>○</b>	<b>Thursday, November 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau							Carcare, Switzerland
	Mesha Rasi: 16.29    Tithi 15 724386154	<b>Gulika</b> 9:43AM – 10:57AM <b>Yama</b> 7:16AM – 8:29AM <b>Rahu</b> 1:25PM – 2:39PM	<b>Bharani</b> Until 2:21AM Fri Vyatipata* Until 6:27PM Visti Until 8:02AM <b>Purnima*</b> Until 9:08PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>	<i>Sunrise:</i> 7:16AM <i>Sunset:</i> 5:06PM	Sun 28	<b>Sutra 212</b> Khara 5113	Moon 10 - Phase 28 Purnima	Devaloka Day
	Creative Work    Siddha Yoga								

<b>○</b>	<b>Friday, November 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau							Carcare, Switzerland
	Mesha Rasi: 28.25    Tithi 16 724386154	<b>Gulika</b> 8:30AM – 9:44AM <b>Yama</b> 2:38PM – 3:52PM <b>Rahu</b> 10:57AM – 12:11PM	<b>Krittika</b> Until 5:11AM Sat Variyan Until 7:13PM Balava Until 10:24AM <b>Prathama*</b> Until 11:30PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>	<i>Sunrise:</i> 7:17AM <i>Sunset:</i> 5:05PM	Sun 28	<b>Sutra 213</b> Khara 5113	Moon 10 - Phase 28 Prathama	Devaloka Day
	Creative Work    Siddha Yoga Until 7.45PM then Amrita Yoga								

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



**Saturday, November 12, 2011**  
**Gold Retreat Star**

Wrishabha Rasi: 10.25    Tithi 17  
734486154  
Creative Work    Amrita Yoga  
Until 7.46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    7:18AM – 8:31AM    **Rohini Until 7:38AM Sun**  
**Yama**       1:24PM – 2:38PM       Parigha\* Until 7:49PM  
**Rahu**       9:45AM – 10:58AM       Taitila Until 12:36PM  
Dvitiya Until 1:42AM Sun

Carcare, Switzerland  
**Sun 1    Sutra 214**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Red    *Sunrise: 7:18AM*  
Muruqa: White    *Sunset: 5:04PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**1** **Sunday, November 13, 2011**

Wrishabha Rasi: 22.31    Tithi 18  
735486154  
Creative Work    Siddha Yoga  
Until 7.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    2:37PM – 3:50PM    **Rohini Until 7:38AM**  
**Yama**       12:11PM – 1:24PM       Shiva Until 8:13PM  
**Rahu**       3:50PM – 5:03PM       Vanija Until 2:34PM  
Tritiya Until 3:39AM Mon

Carcare, Switzerland  
**Sun 2    Sutra 215**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 7:20AM*  
Muruqa: White    *Sunset: 5:03PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**2** **Monday, November 14, 2011**

Mithuna Rasi: 4.47    Tithi 19  
735486154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 9:47AM then Siddha Yoga  
Until 7.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    1:24PM – 2:37PM    **Mrigasira Until 9:47AM**  
**Yama**       10:59AM – 12:11PM       Siddha Until 8:21PM  
**Rahu**       8:33AM – 9:46AM       Bava Until 4:12PM  
Chaturthi\* Until 5:17AM Tue

Carcare, Switzerland  
**Sun 3    Sutra 216**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 7:21AM*  
Muruqa: White    *Sunset: 5:02PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**3** **Tuesday, November 15, 2011**

Mithuna Rasi: 17.13    Tithi 20  
735486154  
Routine Work    Marana Yoga  
Until 11:08AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    12:12PM – 1:24PM    **Ardra Until 11:08AM**  
**Yama**       9:47AM – 10:59AM       Sadhya Until 7:07PM  
**Rahu**       2:36PM – 3:49PM       Kaulava Until 4:28PM  
Panchami Until 4:28AM Wed

Carcare, Switzerland  
**Sun 4    Sutra 217**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 7:22AM*  
Muruqa: White    *Sunset: 5:01PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**4** **Wednesday, November 16, 2011**

Mithuna Rasi: 29.54    Tithi 21  
745486154  
Creative Work    Siddha Yoga  
Until 7.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    11:00AM – 12:12PM    **Punarvasu Until 12:20PM**  
**Yama**       8:36AM – 9:48AM       Subha Until 6:31PM  
**Rahu**       12:12PM – 1:24PM       Gara Until 5:07PM  
Shasthi\* Until 5:07AM Thu

Carcare, Switzerland  
**Sun 5    Sutra 218**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: White    *Sunrise: 7:24AM*  
Muruqa: White    *Sunset: 5:00PM*  
Nataraja: Yellow  
Moon – Blue  
Karttika•Karttikai

**5** **Thursday, November 17, 2011**

Kataka Rasi: 12.52    Tithi 22  
745486155  
Creative Work    Amrita Yoga  
Until 1:01PM then Siddha Yoga  
Until 7.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    9:48AM – 11:00AM    **Pushya Until 1:01PM**  
**Yama**       7:25AM – 8:37AM       Sukla Until 5:26PM  
**Rahu**       1:24PM – 2:35PM       Visti Until 5:13PM  
Saptami Until 5:13AM Fri

Carcare, Switzerland  
**Sun 6    Sutra 219**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: White    *Sunrise: 7:25AM*  
Muruqa: White    *Sunset: 4:59PM*  
Nataraja: Red  
Moon – Blue  
Karttika•Karttikai

**Retreat Star**  
**Friday, November 18, 2011**

Kataka Rasi: 26.09    Tithi 23  
745486155  
Routine Work    Marana Yoga  
Until 7.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    8:38AM – 9:49AM    **Aslesha\* Until 12:36PM**  
**Yama**       2:35PM – 3:47PM       Brahma Until 3:08PM  
**Rahu**       11:01AM – 12:12PM       Balava Until 3:50PM  
Ashtami\* Until 2:55AM Sat

Carcare, Switzerland  
**Sun 7    Sutra 220**  
Khara 5113  
Moon 11 - Phase 29  
Ashtami  
**Devaloka Day**  
Ganesha: White    *Sunrise: 7:26AM*  
Muruqa: White    *Sunset: 4:58PM*  
Nataraja: Red  
Moon – Blue  
Karttika•Karttikai

**Retreat Star**  
**Saturday, November 19, 2011**

Simha Rasi: 9.48    Tithi 24  
755486155  
Creative Work    Amrita Yoga  
Until 12:03PM then Marana Yoga  
Until 7.47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    7:27AM – 8:39AM    **Magha\* Until 12:03PM**  
**Yama**       1:24PM – 2:35PM       Indra Until 1:00PM  
**Rahu**       9:50AM – 11:01AM       Taitila Until 2:39PM  
Navami\* Until 1:44AM Sun

Carcare, Switzerland  
**Sun 8    Sutra 221**  
Khara 5113  
Moon 11 - Phase 29  
Navami  
**Sivaloka Day**  
Ganesha: Clear    *Sunrise: 7:27AM*  
Muruqa: White    *Sunset: 4:57PM*  
Nataraja: Red  
Moon – Red  
Karttika•Karttikai


Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

<b>1</b>	<b>Sunday, November 20, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau			Carcare, Switzerland
	Simha Rasi: 23.5	Tithi 25				<b>Sun 9</b> <b>Sutra 222</b> Khara 5113
	755486155		<b>Gulika</b> 2:35PM – 3:46PM <b>Yama</b> 12:13PM – 1:24PM <b>Rahu</b> 3:46PM – 4:56PM	<b>Purvaphalguni* Until 10:52AM</b> Vaidhriti* Until 10:17AM Vanija Until 12:47PM <b>Dasami Until 11:51PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:29AM</i> <b>Muruqa:</b> White <i>Sunset: 4:56PM</i> <b>Nataraja:</b> Red Moon – Red <b>Kartiika•Karttikai</b>	Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 10:52AM then Amrita Yoga Until 7:47PM then Marana Yoga						

<b>2</b>	<b>Monday, November 21, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau			Carcare, Switzerland
	Kanya Rasi: 8.13	Tithi 26				<b>Sun 10</b> <b>Sutra 223</b> Khara 5113
	755486155		<b>Gulika</b> 1:24PM – 2:34PM <b>Yama</b> 11:02AM – 12:13PM <b>Rahu</b> 8:41AM – 9:51AM	<b>Uttaraphalguni Until 8:51AM</b> Vishkambha* Until 6:55AM Bava Until 9:56AM <b>Ekadasi* Until 8:13PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:30AM</i> <b>Muruqa:</b> White <i>Sunset: 4:56PM</i> <b>Nataraja:</b> Red Moon – Red <b>Kartiika•Karttikai</b>	Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
Family Home Evening Routine Work Marana Yoga Until 8:51AM then Siddha Yoga						

<b>3</b>	<b>Tuesday, November 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Carcare, Switzerland
	Kanya Rasi: 22.55	Tithi 27 – 28				<b>Sun 11</b> <b>Sutra 224</b> Khara 5113
	766486155		<b>Gulika</b> 12:13PM – 1:24PM <b>Yama</b> 9:52AM – 12:03AM <b>Rahu</b> 2:34PM – 3:44PM	<b>Hasta Until 6:40AM</b> Ayushman Until 11:21PM Kaulava Until 7:02AM <b>Dvadasi* Until 5:19PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise: 7:31AM</i> <b>Muruqa:</b> White <i>Sunset: 4:56PM</i> <b>Nataraja:</b> Red Moon – Green <b>Kartiika•Karttikai</b>	Moon 11 - Phase 30 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga						

<b>4</b>	<b>Wednesday, November 23, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Carcare, Switzerland
	Tula Rasi: 7.5	Tithi 28 – 29				<b>Sun 12</b> <b>Sutra 225</b> Khara 5113
	766486155		<b>Gulika</b> 11:03AM – 12:13PM <b>Yama</b> 8:43AM – 9:53AM <b>Rahu</b> 12:13PM – 1:24PM	<b>Svati Until 1:28AM Thu</b> Saubhagya Until 7:28PM Visti Until 12:20AM Thu <b>Trayodasi* Until 2:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:33AM</i> <b>Muruqa:</b> White <i>Sunset: 4:54PM</i> <b>Nataraja:</b> Red Moon – Green <b>Kartiika•Karttikai</b>	Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 7:48PM then Amrita Yoga Until 1:28AM Thu then Siddha Yoga						

	<b>Thursday, November 24, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Carcare, Switzerland
	<b>Retreat Star</b>					<b>Sun 13</b> <b>Sutra 226</b> Khara 5113
	Tula Rasi: 22.51	Tithi 29 – 30				Moon 11 - Phase 30 Amavasya
	776486155		<b>Gulika</b> 9:54AM – 11:04AM <b>Yama</b> 7:34AM – 8:44AM <b>Rahu</b> 1:24PM – 2:34PM	<b>Visakha Until 10:46PM</b> Sobhana Until 3:25PM Catuspada Until 8:53PM <b>Chaturdasi* Until 10:36AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:34AM</i> <b>Muruqa:</b> White <i>Sunset: 4:54PM</i> <b>Nataraja:</b> Red Moon – Orange <b>Kartiika•Karttikai</b>	<b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 7:48PM then Marana Yoga Until 10:46PM then Siddha Yoga						

<b>5</b>	<b>Friday, November 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau			Carcare, Switzerland
	<b>Retreat Star</b>					<b>Sun 14</b> <b>Sutra 227</b> Khara 5113
	Vrishchika Rasi: 7.5	Tithi 30 – 1				Moon 11 - Phase 30 Prathama
	776486155		<b>Gulika</b> 8:45AM – 9:54AM <b>Yama</b> 2:33PM – 3:43PM <b>Rahu</b> 11:04AM – 12:14PM	<b>Anuradha Until 8:08PM</b> Athiganda* Until 11:26AM Bava Until 3:48AM Sat <b>Amavasya* Until 7:14AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:35AM</i> <b>Muruqa:</b> White <i>Sunset: 4:53PM</i> <b>Nataraja:</b> Red Moon – Orange <b>Margasira•Karttikai</b>	<b>Sivaloka Day</b>
Creative Work Siddha Yoga						

<b>1</b>	<b>Saturday, November 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Carcare, Switzerland <b>Sun 15 Sutra 228</b> Khara 5113	
	Vrischika Rasi: 22.37	Tithi 2	<b>Gulika</b> 7:36AM – 8:46AM <b>Yama</b> 1:24PM – 2:33PM <b>Rahu</b> 9:55AM – 11:05AM	<b>Jyeshtha* Until 6:39PM</b> Sukarma Until 7:51AM Balava Until 3:07PM <b>Dvitiya Until 2:12AM Sun</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:36AM</i> <b>Muruqa:</b> White <i>Sunset: 4:52PM</i> <b>Nataraja:</b> Red Moon – Orange <b>Margasira-Karttikai</b>	Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>		
Creative Work Siddha Yoga Until 7.49PM then Amrita Yoga								


<b>2</b>	<b>Sunday, November 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Tailila/Gara Karana Tritiya Yam Titau				Carcare, Switzerland <b>Sun 16 Sutra 229</b> Khara 5113	
	Dhanus Rasi: 7.06	Tithi 3	<b>Gulika</b> 2:33PM – 3:43PM <b>Yama</b> 12:15PM – 1:24PM <b>Rahu</b> 3:43PM – 4:52PM	<b>Mula* Until 4:41PM</b> Shula* Until 1:43AM Mon Tailila Until 12:24PM <b>Tritiya Until 11:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:37AM</i> <b>Muruqa:</b> White <i>Sunset: 4:52PM</i> <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>		
Creative Work Amrita Yoga Until 4:41PM then Siddha Yoga Until 7.49PM then Marana Yoga								


<b>3</b>	<b>Monday, November 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chalurthi* Yam Titau				Carcare, Switzerland <b>Sun 17 Sutra 230</b> Khara 5113	
	Dhanus Rasi: 21.11	Tithi 4	<b>Gulika</b> 1:24PM – 2:33PM <b>Yama</b> 11:06AM – 12:15PM <b>Rahu</b> 8:48AM – 9:57AM	<b>Purvashadha* Until 3:23PM</b> Ganda* Until 10:54PM Vanija Until 10:25AM <b>Chaturthi* Until 9:29PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:39AM</i> <b>Muruqa:</b> White <i>Sunset: 4:51PM</i> <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>		
Family Home Evening Routine Work Marana Yoga Until 7.49PM then Prabalarishtha Yoga								

<b>4</b>	<b>Tuesday, November 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau				Carcare, Switzerland <b>Sun 18 Sutra 231</b> Khara 5113	
	Makara Rasi: 4.5	Tithi 5	<b>Gulika</b> 12:15PM – 1:24PM <b>Yama</b> 9:58AM – 11:06AM <b>Rahu</b> 2:33PM – 3:42PM	<b>Uttarashadha Until 3:31PM</b> Vriddhi Until 9:49PM Bava Until 9:30AM <b>Panchami Until 9:30PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:40AM</i> <b>Muruqa:</b> White <i>Sunset: 4:51PM</i> <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>		
Routine Work Prabalarishtha Yoga Until 3:31PM then Siddha Yoga								

<b>5</b>	<b>Wednesday, November 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shasthi* Yam Titau				Carcare, Switzerland <b>Sun 19 Sutra 232</b> Khara 5113	
	Makara Rasi: 18.03	Tithi 6	<b>Gulika</b> 11:07AM – 12:16PM <b>Yama</b> 8:50AM – 9:58AM <b>Rahu</b> 12:16PM – 1:24PM	<b>Sravana Until 3:45PM</b> Dhruva Until 8:18PM Kaulava Until 9:07AM <b>Shasthi* Until 9:07PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:41AM</i> <b>Muruqa:</b> White <i>Sunset: 4:50PM</i> <b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>		
Creative Work Siddha Yoga Until 3:45PM then Prabalarishtha Yoga Until 7.50PM then Siddha Yoga								

<b>6</b>	<b>Thursday, December 1, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau				Carcare, Switzerland <b>Sun 20 Sutra 233</b> Khara 5113	
	Kumbha Rasi: 0.51	Tithi 7	<b>Gulika</b> 9:59AM – 11:08AM <b>Yama</b> 7:42AM – 8:51AM <b>Rahu</b> 1:25PM – 2:33PM	<b>Dhanishtha Until 5:37PM</b> Vyaghata* Until 8:30PM Gara Until 9:51AM <b>Saptami Until 10:57PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:42AM</i> <b>Muruqa:</b> White <i>Sunset: 4:50PM</i> <b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>		
Creative Work Siddha Yoga Until 5:37PM then Marana Yoga Until 7.50PM then Siddha Yoga								

	<b>Friday, December 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau				Carcare, Switzerland <b>Sun 21 Sutra 234</b> Khara 5113	
	<b>Retreat Star</b>		<b>Gulika</b> 8:52AM – 10:00AM <b>Yama</b> 2:33PM – 3:41PM <b>Rahu</b> 11:08AM – 12:16PM	<b>Satabhisha Until 7:22PM</b> Harshana Until 8:15PM Visti Until 11:03AM <b>Ashtami* Until 12:09AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:43AM</i> <b>Muruqa:</b> White <i>Sunset: 4:50PM</i> <b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	Moon 11 - Phase 31 Ashtami <b>Sivaloka Day</b>		
Kumbha Rasi: 13.19 Tithi 8 Creative Work Siddha Yoga								

	<b>Saturday, December 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau				Carcare, Switzerland <b>Sun 22 Sutra 235</b> Khara 5113	
	<b>Retreat Star</b>		<b>Gulika</b> 7:44AM – 8:52AM <b>Yama</b> 1:25PM – 2:33PM <b>Rahu</b> 10:01AM – 11:09AM	<b>Purvaprostapada* Until 9:39PM</b> Vajra* Until 8:28PM Balava Until 12:51PM <b>Navami* Until 1:56AM Sun</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:44AM</i> <b>Muruqa:</b> White <i>Sunset: 4:49PM</i> <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>	Moon 11 - Phase 31 Navami <b>Sivaloka Day</b>		
Kumbha Rasi: 25.31 Tithi 9 Creative Work Siddha Yoga Until 9:39PM then Amrita Yoga								

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM


<b>1</b>	<b>Sunday, December 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Tailila/Gara Karana Dasami Yam Titau	Carcare, Switzerland
	Meena Rasi: 7.31      Tithi 10 717486155	<b>Gulika</b> 2:33PM – 3:41PM <b>Yama</b> 12:17PM – 1:25PM <b>Rahu</b> 3:41PM – 4:49PM	<b>Sun 23 Sutra 236</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Amrita Yoga Until 7.51PM then Siddha Yoga		<b>Uttaraprostapada Until 12:18AM Mon</b> <b>Siddhi Until 9:03PM</b> <b>Tailila Until 3:02PM</b> <b>Dasami Until 4:08AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:45AM <b>Muruqa:</b> White <i>Sunset:</i> 4:49PM <b>Nataraja:</b> Red Moon – Clear <b>Sivaloka Day</b> <b>Margasira-Karttikai</b>

<b>2</b>	<b>Monday, December 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Carcare, Switzerland
	Meena Rasi: 19.25      Tithi 11 <b>Family Home Evening</b> 717496155	<b>Gulika</b> 1:25PM – 2:33PM <b>Yama</b> 11:10AM – 12:18PM <b>Rahu</b> 8:54AM – 10:02AM	<b>Sun 24 Sutra 237</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Siddha Yoga		<b>Revati Until 3:11AM Tue</b> <b>Vyatipata* Until 9:50PM</b> <b>Vanija Until 5:29PM</b> <b>Ekadasi Until 6:58AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:46AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:49PM <b>Nataraja:</b> Red Moon – Clear <b>Devaloka Day</b> <b>Margasira-Karttikai</b>

<b>3</b>	<b>Tuesday, December 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Carcare, Switzerland
	Mesha Rasi: 1.15      Tithi 11 – 12 727496155	<b>Gulika</b> 12:18PM – 1:26PM <b>Yama</b> 10:03AM – 11:10AM <b>Rahu</b> 2:33PM – 3:41PM	<b>Sun 25 Sutra 238</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Siddha Yoga Until 7.52PM then Marana Yoga		<b>Asvini Until 6:27AM Wed</b> <b>Variyan Until 10:43PM</b> <b>Bava Until 8:03PM</b> <b>Ekadasi Until 6:58AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:47AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:49PM <b>Nataraja:</b> Red Moon – White <b>Bhuloka Day</b> <b>Margasira-Karttikai</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Wednesday, December 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Carcare, Switzerland
	Mesha Rasi: 13.06      Tithi 12 – 13 728496155	<b>Gulika</b> 11:11AM – 12:19PM <b>Yama</b> 8:56AM – 10:03AM <b>Rahu</b> 12:19PM – 1:26PM	<b>Sun 26 Sutra 239</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Routine Work    Marana Yoga Until 7.53PM then Siddha Yoga		<b>Asvini Until 6:27AM</b> <b>Parigha* Until 11:35PM</b> <b>Kaulava Until 10:35PM</b> <b>Dvadasi Until 9:30AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:48AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:49PM <b>Nataraja:</b> Red Moon – White <b>Devaloka Day</b> <b>Margasira-Karttikai</b>

<b>5</b>	<b>Thursday, December 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Carcare, Switzerland
	Mesha Rasi: 25.01      Tithi 13 – 14 728596155	<b>Gulika</b> 10:04AM – 11:12AM <b>Yama</b> 7:49AM – 8:57AM <b>Rahu</b> 1:26PM – 2:34PM	<b>Sun 27 Sutra 240</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Siddha Yoga Until 9:18AM then Marana Yoga Until 7.53PM then Siddha Yoga		<b>Bharani Until 9:18AM</b> <b>Shiva Until 12:19AM Fri</b> <b>Gara Until 12:59AM Fri</b> <b>Trayodasi Until 11:54AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:49AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:48PM <b>Nataraja:</b> Red Moon – White <b>Bhuloka Day</b> <b>Margasira-Karttikai</b> Devaloka Time: 3:PM to 6:PM
		<b>Krittika Deepam</b>	

	<b>Friday, December 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Carcare, Switzerland
	<b>Copper Retreat Star</b> Vrishabha Rasi: 7.03      Tithi 14 – 15 728596155	<b>Gulika</b> 8:58AM – 10:05AM <b>Yama</b> 2:34PM – 3:41PM <b>Rahu</b> 11:12AM – 12:19PM	<b>Sutra 241</b> Khara 5113 Moon 11 - Phase 32 Purnima
Creative Work    Siddha Yoga Until 11:54AM then Marana Yoga Until 7.54PM then Amrita Yoga		<b>Krittika Until 11:54AM</b> <b>Siddha Until 12:52AM Sat</b> <b>Visti Until 3:09AM Sat</b> <b>Chaturdasi* Until 2:03PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:48PM <b>Nataraja:</b> Red Moon – White <b>Bhuloka Day</b> <b>Margasira-Karttikai</b> Devaloka Time: 3:PM to 6:PM
		<b>Sivalaya Deepam</b>	

	<b>Saturday, December 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Carcare, Switzerland
	<b>Silver Retreat Star</b> Vrishabha Rasi: 19.13      Tithi 15 – 16 738596155	<b>Gulika</b> 7:51AM – 8:58AM <b>Yama</b> 1:27PM – 2:34PM <b>Rahu</b> 10:06AM – 11:13AM	<b>Sutra 242</b> Khara 5113 Moon 11 - Phase 32 Prathama
Creative Work    Amrita Yoga Until 2:13PM then Siddha Yoga		<b>Rohini Until 2:13PM</b> <b>Sadhya Until 1:07AM Sun</b> <b>Balava Until 4:59AM Sun</b> <b>Purnima* Until 3:53PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:51AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:48PM <b>Nataraja:</b> Red Moon – Yellow <b>Devaloka Day</b> <b>Margasira-Karttikai</b>
		<b>Vinayaga Viratam Begins</b>	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛṣṇa Yajur Veda, Kathau 2.2.12. UpR, 640





**Sunday, December 11, 2011**  
**Gold Retreat Star**

Mithuna Rasi: 1.35 Tithi 16 – 17  
738596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika** 2:34PM – 3:41PM **Mrigasira** **Until 3:24PM**  
**Yama** 12:20PM – 1:27PM **Subha** **Until 11:41PM**  
**Rahu** 3:41PM – 4:48PM **Taitila** **Until 4:23AM Mon**  
**Prathama\*** **Until 4:23PM**

**Ganesha:** Clear *Sunrise: 7:52AM*  
**Muruqa:** Clear *Sunset: 4:48PM*  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

Carcare, Switzerland  
**Sun 1 Sutra 243**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**1**

**Monday, December 12, 2011**

Mithuna Rasi: 14.08 Tithi 17 – 18  
**Family Home Evening** 738596155  
Creative Work Siddha Yoga  
Until 4:49PM then Amrita Yoga  
Until 7:55PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 1:28PM – 2:35PM **Ardra** **Until 4:49PM**  
**Yama** 11:14AM – 12:21PM **Sukla** **Until 11:16PM**  
**Rahu** 9:00AM – 10:07AM **Vanija** **Until 5:18AM Tue**  
**Dvitiya** **Until 5:18PM**

**Ganesha:** Clear *Sunrise: 7:53AM*  
**Muruqa:** Clear *Sunset: 4:49PM*  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

Carcare, Switzerland  
**Sun 2 Sutra 244**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**2**

**Tuesday, December 13, 2011**

Mithuna Rasi: 26.55 Tithi 18 – 19  
749596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 12:21PM – 1:28PM **Punarvasu** **Until 5:52PM**  
**Yama** 10:08AM – 11:14AM **Brahma** **Until 10:30PM**  
**Rahu** 2:35PM – 3:42PM **Bava** **Until 5:47AM Wed**  
**Tritiya** **Until 5:47PM**

**Ganesha:** Clear *Sunrise: 7:54AM*  
**Muruqa:** Clear *Sunset: 4:49PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Carcare, Switzerland  
**Sun 3 Sutra 245**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**3**

**Wednesday, December 14, 2011**

Kataka Rasi: 9.54 Tithi 19 – 20  
749596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika** 11:15AM – 12:22PM **Pushya** **Until 6:29PM**  
**Yama** 9:01AM – 10:08AM **Indra** **Until 9:20PM**  
**Rahu** 12:22PM – 1:29PM **Kaulava** **Until 5:50AM Thu**  
**Chaturthi\*** **Until 5:50PM**

**Ganesha:** Clear *Sunrise: 7:55AM*  
**Muruqa:** Clear *Sunset: 4:49PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Carcare, Switzerland  
**Sun 4 Sutra 246**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**4**

**Thursday, December 15, 2011**

Kataka Rasi: 23.07 Tithi 20 – 21  
749596155  
Creative Work Siddha Yoga  
Until 6:42PM then Amrita Yoga  
Until 7:56PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\* Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika** 10:09AM – 11:16AM **Aslesha\*** **Until 6:42PM**  
**Yama** 7:55AM – 9:02AM **Vaidhriti\*** **Until 7:48PM**  
**Rahu** 1:29PM – 2:36PM **Gara** **Until 5:26AM Fri**  
**Panchami** **Until 5:26PM**

**Ganesha:** Clear *Sunrise: 7:55AM*  
**Muruqa:** Clear *Sunset: 4:49PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Carcare, Switzerland  
**Sun 5 Sutra 247**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Devaloka Day**

**5**

**Friday, December 16, 2011**

Simha Rasi: 6.34 Tithi 21 – 22  
759596155  
Routine Work Marana Yoga  
Until 5:37PM then Siddha Yoga  
Until 7:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Vishkamba\*/Priti Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika** 9:03AM – 10:09AM **Magha\*** **Until 5:37PM**  
**Yama** 2:36PM – 3:43PM **Vishkamba\*** **Until 5:04PM**  
**Rahu** 11:16AM – 12:23PM **Visti** **Until 2:51AM Sat**  
**Shasthi\*** **Until 3:47PM**

**Ganesha:** White *Sunrise: 7:56AM*  
**Muruqa:** Clear *Sunset: 4:49PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Carcare, Switzerland  
**Sun 6 Sutra 248**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Sivaloka Day**

**Markali Pillaiyar**



**Saturday, December 17, 2011**  
**Retreat Star**

Simha Rasi: 20.14 Tithi 22 – 23  
859596155  
Routine Work Marana Yoga  
Until 7:57PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlami\* Yam Titau  
**Gulika** 7:57AM – 9:03AM **Purvaphalguni\*** **Until 5:02PM**  
**Yama** 1:30PM – 2:36PM **Priti** **Until 2:54PM**  
**Rahu** 10:10AM – 11:17AM **Balava** **Until 1:39AM Sun**  
**Saptami** **Until 2:34PM**

**Ganesha:** Clear *Sunrise: 7:57AM*  
**Muruqa:** Clear *Sunset: 4:50PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Carcare, Switzerland  
**Sun 7 Sutra 249**  
Khara 5113  
Moon 12 - Phase 33  
Ashtami

**Devaloka Day**

**Sunday, December 18, 2011**  
**Retreat Star**

Kanya Rasi: 4.08 Tithi 23 – 24  
859596155  
Creative Work Amrita Yoga  
Until 7:58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika** 2:37PM – 3:43PM **Uttaraphalguni** **Until 4:04PM**  
**Yama** 12:24PM – 1:30PM **Ayushman** **Until 12:22PM**  
**Rahu** 3:43PM – 4:50PM **Taitila** **Until 12:01AM Mon**  
**Ashtami\*** **Until 12:57PM**

**Ganesha:** Clear *Sunrise: 7:58AM*  
**Muruqa:** Clear *Sunset: 4:50PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Carcare, Switzerland  
**Sun 8 Sutra 250**  
Khara 5113  
Moon 12 - Phase 33  
Navami

**Devaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718


<b>1</b>	<b>Monday, December 19, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Carcare, Switzerland
	Kanya Rasi: 18.15    Tithi 24 – 25 Family Home Evening    869596155 Creative Work    Siddha Yoga Until 2:42PM then Prabalarishta Yoga Until 7.58PM then Siddha Yoga	<b>Gulika</b> 1:31PM – 2:37PM <b>Yama</b> 11:18AM – 12:24PM <b>Rahu</b> 9:05AM – 10:11AM	<b>Hasta</b> Until 2:42PM Saubhagya Until 9:29AM Vanija Until 9:58PM <b>Navami*</b> Until 10:54AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:50PM <b>Nataraja:</b> Red Moon – Green <b>Margasira-Markali</b>


<b>2</b>	<b>Tuesday, December 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Carcare, Switzerland
	Tula Rasi: 2.35    Tithi 25 – 26 869596155 Creative Work    Siddha Yoga	<b>Gulika</b> 12:25PM – 1:31PM <b>Yama</b> 10:12AM – 11:18AM <b>Rahu</b> 2:38PM – 3:44PM	<b>Chitra</b> Until 1:00PM Sobhana Until 6:14AM Bava Until 7:33PM <b>Dasami</b> Until 8:29AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:59AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:51PM <b>Nataraja:</b> Red Moon – Green <b>Margasira-Markali</b>

<b>3</b>	<b>Wednesday, December 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Carcare, Switzerland
	Tula Rasi: 17.04    Tithi 27 861596155 Creative Work    Siddha Yoga	<b>Gulika</b> 11:19AM – 12:25PM <b>Yama</b> 9:06AM – 10:12AM <b>Rahu</b> 12:25PM – 1:32PM	<b>Svati</b> Until 10:41AM Sukarma Until 10:59PM Kaulava Until 4:04PM <b>Dvadasi*</b> Until 2:21AM Thu	<b>Ganesha:</b> White <i>Sunrise:</i> 7:59AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:51PM <b>Nataraja:</b> Red Moon – Green <b>Margasira-Markali</b>

<b>4</b>	<b>Thursday, December 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Carcare, Switzerland
	Wrishchika Rasi: 1.39    Tithi 28 871596155 Creative Work    Siddha Yoga	<b>Gulika</b> 10:13AM – 11:19AM <b>Yama</b> 8:00AM – 9:06AM <b>Rahu</b> 1:32PM – 2:39PM	<b>Visakha</b> Until 8:41AM Dhriti Until 7:35PM Gara Until 1:23PM <b>Trayodasi*</b> Until 11:40PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:00AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:52PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira-Markali</b>

<b>5</b>	<b>Friday, December 23, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Carcare, Switzerland
	Wrishchika Rasi: 16.14    Tithi 29 871596155 Creative Work    Siddha Yoga Until 6:45AM then Prabalarishta Yoga Until 8.00PM then Siddha Yoga	<b>Gulika</b> 9:07AM – 10:13AM <b>Yama</b> 2:39PM – 3:46PM <b>Rahu</b> 11:20AM – 12:26PM	<b>Anuradha</b> Until 6:45AM Shula* Until 4:51PM Visti Until 11:04AM <b>Chaturdasi*</b> Until 10:09PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:00AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:52PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira-Markali</b>

	<b>Saturday, December 24, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Carcare, Switzerland
	<b>Retreat Star</b> Dhanus Rasi: 0.43    Tithi 30 881596155 Creative Work    Siddha Yoga Until 8.01PM then Amrita Yoga Until 3:38AM Sun then Siddha Yoga	<b>Gulika</b> 8:01AM – 9:07AM <b>Yama</b> 1:33PM – 2:40PM <b>Rahu</b> 10:14AM – 11:20AM	<b>Mula*</b> Until 3:38AM Sun Ganda* Until 1:24PM Catuspada Until 8:22AM <b>Amavasya*</b> Until 7:27PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:01AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:53PM <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Markali</b>

	<b>Sunday, December 25, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau		Carcare, Switzerland
	<b>Retreat Star</b> Dhanus Rasi: 14.59    Tithi 1 – 2 881596155 Creative Work    Siddha Yoga Until 8.01PM then Marana Yoga	<b>Gulika</b> 2:40PM – 3:47PM <b>Yama</b> 12:27PM – 1:34PM <b>Rahu</b> 3:47PM – 4:53PM	<b>Purvashadha*</b> Until 2:01AM Mon Vridhhi Until 10:15AM Kintughna Until 6:03AM <b>Prathama*</b> Until 5:07PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:01AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:53PM <b>Nataraja:</b> Red Moon – Light Blue <b>Pausha-Markali</b>

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Kṛishṇa Yajur Veda, Svetu 5.11–12. UpM, 94

<b>1</b>	<b>Monday, December 26, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau					Carcare, Switzerland <b>Sun 16 Sutra 258</b> Khara 5113
	Dhanu Rasi: 28.59    Tithi 2 – 3 Family Home Evening    881596156 Routine Work    Marana Yoga Until 8.02PM then Prabalarishta Yoga Until 12.54AM Tue then Siddha Yoga	<b>Gulika</b> 1:34PM – 2:41PM <b>Yama</b> 11:21AM – 12:28PM <b>Rahu</b> 9:08AM – 10:15AM	<b>Uttarashadha</b> Until 12:54AM Tue Dhruva Until 7:35AM Taitila Until 2:25AM Tue <b>Dvitiya</b> Until 3:20PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:02AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Pausha-Markali</b>			

<b>2</b>	<b>Tuesday, December 27, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau					Carcare, Switzerland <b>Sun 17 Sutra 259</b> Khara 5113
	Makara Rasi: 12.37    Tithi 3 – 4 Creative Work    Siddha Yoga Until 1:48AM Wed then Prabalarishta Yoga	<b>Gulika</b> 12:28PM – 1:35PM <b>Yama</b> 10:15AM – 11:22AM <b>Rahu</b> 2:42PM – 3:48PM	<b>Sravana</b> Until 1:48AM Wed Harshana Until 4:17AM Wed Vanija Until 2:53AM Wed <b>Tritiya</b> Until 2:53PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:02AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>			


<b>3</b>	<b>Wednesday, December 28, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau					Carcare, Switzerland <b>Sun 18 Sutra 260</b> Khara 5113
	Makara Rasi: 25.52    Tithi 4 – 5 Routine Work    Prabalarishta Yoga Until 8.03PM then Siddha Yoga Until 1:57AM Thu then Marana Yoga	<b>Gulika</b> 11:22AM – 12:29PM <b>Yama</b> 9:09AM – 10:15AM <b>Rahu</b> 12:29PM – 1:35PM	<b>Dhanishtha</b> Until 1:57AM Thu Vajra* Until 2:41AM Thu Bava Until 2:25AM Thu <b>Chaturthi*</b> Until 2:25PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:02AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>			

<b>4</b>	<b>Thursday, December 29, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau					Carcare, Switzerland <b>Sun 19 Sutra 261</b> Khara 5113
	Kumbha Rasi: 8.44    Tithi 5 – 6 Routine Work    Marana Yoga Until 8.03PM then Siddha Yoga	<b>Gulika</b> 10:16AM – 11:23AM <b>Yama</b> 8:02AM – 9:09AM <b>Rahu</b> 1:36PM – 2:43PM	<b>Satabhisha</b> Until 2:47AM Fri Siddhi Until 1:43AM Fri Kaulava Until 2:42AM Fri <b>Panchami</b> Until 2:42PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:02AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>			Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>

<b>5</b>	<b>Friday, December 30, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau					Carcare, Switzerland <b>Sun 20 Sutra 262</b> Khara 5113
	Kumbha Rasi: 21.17    Tithi 6 – 7 Creative Work    Siddha Yoga	<b>Gulika</b> 9:09AM – 10:16AM <b>Yama</b> 2:43PM – 3:50PM <b>Rahu</b> 11:23AM – 12:30PM	<b>Purvaprostapada*</b> Until 6:07AM Sat Vyatipata* Until 2:49AM Sat Gara Until 5:39AM Sat <b>Shasthi*</b> Until 4:33PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:03AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>			Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>

**Vinayaga Viratam Ends**

<b>6</b>	<b>Saturday, December 31, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Varyan Yoga Vanija Karana Saptami Yam Titau					Carcare, Switzerland <b>Sun 21 Sutra 263</b> Khara 5113
	Meena Rasi: 3.32    Tithi 7 Creative Work    Siddha Yoga Until 8.05PM then Amrita Yoga	<b>Gulika</b> 8:03AM – 9:10AM <b>Yama</b> 1:37PM – 2:44PM <b>Rahu</b> 10:16AM – 11:23AM	<b>Uttaraprostapada</b> Until 8:12AM Sun Varyan Until 2:56AM Sun Vanija Until 7:19AM Sun <b>Saptami</b> Until 6:14PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:03AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:58PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>			Moon 12 - Phase 35 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Sunday, January 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau					Carcare, Switzerland <b>Sun 22 Sutra 264</b> Khara 5113
	<b>Retreat Star</b> Meena Rasi: 15.34    Tithi 8 Creative Work    Amrita Yoga Until 8.05PM then Siddha Yoga	<b>Gulika</b> 2:45PM – 3:52PM <b>Yama</b> 12:31PM – 1:38PM <b>Rahu</b> 3:52PM – 5:00PM	<b>Uttaraprostapada</b> Until 8:12AM Parigha* Until 3:27AM Mon Visti Until 7:17AM <b>Ashtami*</b> Until 8:22PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:03AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:00PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>			

<b>Monday, January 2, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau					Carcare, Switzerland <b>Sun 23 Sutra 265</b> Khara 5113
	Meena Rasi: 27.28    Tithi 9 Family Home Evening    812696156 Creative Work    Siddha Yoga	<b>Gulika</b> 1:39PM – 2:46PM <b>Yama</b> 11:25AM – 12:32PM <b>Rahu</b> 9:10AM – 10:17AM	<b>Revati</b> Until 11:05AM Shiva Until 4:13AM Tue Balava Until 9:44AM <b>Navami*</b> Until 10:49PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:03AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:01PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>			

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

<b>1</b>	<b>Tuesday, January 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Tailila/Gara Karana Dasami Yam Titau	Carcare, Switzerland <b>Sun 24 Sutra 266</b> Khara 5113
	Mesha Rasi: 9.18      Tithi 10 822696156	<b>Gulika</b> 12:32PM – 1:40PM <b>Yama</b> 10:18AM – 11:25AM <b>Rahu</b> 2:47PM – 3:54PM	<b>Asvini Until 2:05PM</b> Siddha Until 5:06AM Wed Tailila Until 12:19PM <b>Dasami Until 1:24AM Wed</b>

Creative Work    Siddha Yoga  
Until 8.06PM then Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 8:03AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:01PM	Moon 12 - Phase 36 4th Phase
<b>Nataraja:</b> Yellow Moon – White	<b>Pausha-Markali</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Wednesday, January 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Carcare, Switzerland <b>Sun 25 Sutra 267</b> Khara 5113
	Mesha Rasi: 21.09      Tithi 11 822696156	<b>Gulika</b> 11:25AM – 12:33PM <b>Yama</b> 9:10AM – 10:18AM <b>Rahu</b> 12:33PM – 1:40PM	<b>Bharani Until 5:02PM</b> Sadhya Until 6:01AM Thu Vanija Until 2:51PM <b>Ekadasi Until 3:57AM Thu</b>

Routine Work    Marana Yoga  
Until 5:02PM then Amrita Yoga  
Until 8.07PM then Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 8:03AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:02PM	Moon 12 - Phase 36 4th Phase
<b>Nataraja:</b> Yellow Moon – White	<b>Pausha-Markali</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, January 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadasi Yam Titau	Carcare, Switzerland <b>Sun 26 Sutra 268</b> Khara 5113
	Mrishabha Rasi: 3.05      Tithi 12 822696156	<b>Gulika</b> 10:18AM – 11:26AM <b>Yama</b> 8:03AM – 9:10AM <b>Rahu</b> 1:41PM – 2:48PM	<b>Krittika Until 7:49PM</b> Sadhya Until 6:01AM Bava Until 5:12PM <b>Dvadasi Until 6:05AM Fri</b>

Routine Work    Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 8:03AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:03PM	Moon 12 - Phase 36 4th Phase
<b>Nataraja:</b> Yellow Moon – White	<b>Pausha-Markali</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, January 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Carcare, Switzerland <b>Sun 27 Sutra 269</b> Khara 5113
	Mrishabha Rasi: 15.13      Tithi 12 – 13 832696156	<b>Gulika</b> 9:10AM – 10:18AM <b>Yama</b> 2:49PM – 3:57PM <b>Rahu</b> 11:26AM – 12:34PM	<b>Rohini Until 10:15PM</b> Subha Until 6:24AM Kaulava Until 7:11PM <b>Dvadasi Until 6:05AM</b>

Routine Work    Marana Yoga  
Until 8.07PM then Amrita Yoga  
Until 10:15PM then Siddha Yoga

<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:03AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:03PM	Moon 12 - Phase 36 4th Phase
<b>Nataraja:</b> Yellow Moon – Yellow	<b>Pausha-Markali</b>	<b>Devaloka Day</b>

*Pradosha Vrata*

<b>5</b>	<b>Saturday, January 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Carcare, Switzerland <b>Sutra 270</b> Khara 5113
	Mrishabha Rasi: 27.32      Tithi 13 – 14 832696156	<b>Gulika</b> 8:02AM – 9:10AM <b>Yama</b> 1:42PM – 2:50PM <b>Rahu</b> 10:18AM – 11:26AM	<b>Mrigasira Until 10:51PM</b> Sukla Until 6:20AM Gara Until 7:27PM <b>Trayodasi Until 7:27AM</b>

Creative Work    Siddha Yoga

<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:02AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:06PM	Moon 12 - Phase 36 4th Phase
<b>Nataraja:</b> Yellow Moon – Yellow	<b>Pausha-Markali</b>	<b>Devaloka Day</b>

<b>○</b>	<b>Sunday, January 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Carcare, Switzerland <b>Sutra 271</b> Khara 5113
	Mithuna Rasi: 10.08      Tithi 14 – 15 832696156	<b>Gulika</b> 2:51PM – 3:59PM <b>Yama</b> 12:34PM – 1:42PM <b>Rahu</b> 3:59PM – 5:07PM	<b>Ardra Until 12:12AM Mon</b> Indra Until 4:42AM Mon Visti Until 8:18PM <b>Chaturdasi* Until 8:18AM</b>

Creative Work    Siddha Yoga  
Until 12:12AM Mon then Amrita Yoga

<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:02AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:07PM	Moon 12 - Phase 36 Purnima
<b>Nataraja:</b> Yellow Moon – Yellow	<b>Pausha-Markali</b>	<b>Devaloka Day</b>

**Tiruvembavai**

<b>○</b>	<b>Monday, January 9, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Carcare, Switzerland <b>Sutra 272</b> Khara 5113
	Mithuna Rasi: 23.02      Tithi 15 – 16 842696156	<b>Gulika</b> 1:43PM – 2:51PM <b>Yama</b> 11:27AM – 12:35PM <b>Rahu</b> 9:10AM – 10:18AM	<b>Punarvasu Until 1:02AM Tue</b> Vaidhriti* Until 3:43AM Tue Balava Until 8:33PM <b>Purnima* Until 8:33AM</b>

Creative Work    Amrita Yoga  
Until 8.09PM then Siddha Yoga

<b>Ganesha:</b> Purple <i>Sunrise:</i> 8:02AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:08PM	Moon 12 - Phase 36 Prathama
<b>Nataraja:</b> Yellow Moon – Blue	<b>Pausha-Markali</b>	<b>Sivaloka Day</b>

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



**Tuesday, January 10, 2012**  
**Gold Retreat Star**

Kataka Rasi: 6.12    Titithi 16 – 17  
842696156  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika** 12:35PM – 1:44PM    **Pushya Until 1:20AM Wed**  
**Yama** 10:18AM – 11:27AM    **Vishkambha\* Until 2:15AM Wed**  
**Rahu** 2:52PM – 4:00PM    **Taitila Until 8:15PM**  
**Prathama\* Until 8:15AM**

**Ganesha:** Purple    *Sunrise:* 8:02AM  
**Muruqa:** Clear    *Sunset:* 5:09PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Carcare, Switzerland  
**Sutra 273**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Sivaloka Day**

**1**

**Wednesday, January 11, 2012**

Kataka Rasi: 19.38    Titithi 17 – 18  
842696156  
Creative Work    Siddha Yoga  
Until 11:47PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 11:27AM – 12:36PM    **Aslesha\* Until 11:47PM**  
**Yama** 9:10AM – 10:18AM    **Priti Until 11:07PM**  
**Rahu** 12:36PM – 1:44PM    **Vanija Until 6:23PM**  
**Dvitiya Until 7:19AM**

**Ganesha:** Purple    *Sunrise:* 8:01AM  
**Muruqa:** Clear    *Sunset:* 5:10PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Carcare, Switzerland  
**Sun 1 Sutra 274**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Sivaloka Day**

**2**

**Thursday, January 12, 2012**

Simha Rasi: 3.17    Titithi 18 – 19  
852696156  
Creative Work    Amrita Yoga  
Until 8:10PM then Marana Yoga  
Until 11:14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Balava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 10:18AM – 11:27AM    **Magha\* Until 11:14PM**  
**Yama** 8:01AM – 9:10AM    **Ayushman Until 8:59PM**  
**Rahu** 1:45PM – 2:54PM    **Balava Until 4:18AM Fri**  
**Tritiya Until 6:09AM**

**Ganesha:** Clear    *Sunrise:* 8:01AM  
**Muruqa:** Clear    *Sunset:* 5:11PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Carcare, Switzerland  
**Sun 2 Sutra 275**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**

**3**

**Friday, January 13, 2012**

Simha Rasi: 17.06    Titithi 20  
852696156  
Creative Work    Siddha Yoga  
Until 8:10PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika** 9:09AM – 10:18AM    **Purvaphalguni\* Until 10:24PM**  
**Yama** 2:54PM – 4:03PM    **Saubhagya Until 6:34PM**  
**Rahu** 11:27AM – 12:36PM    **Kaulava Until 3:45PM**  
**Panchami Until 2:50AM Sat**

**Ganesha:** Clear    *Sunrise:* 8:00AM  
**Muruqa:** Clear    *Sunset:* 5:12PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Carcare, Switzerland  
**Sun 3 Sutra 276**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**

**4**

**Saturday, January 14, 2012**

Kanya Rasi: 1.02    Titithi 21  
853696156  
Routine Work    Marana Yoga  
Until 8:11PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 8:00AM – 9:09AM    **Uttaraphalguni Until 9:22PM**  
**Yama** 1:46PM – 2:55PM    **Sobhana Until 3:58PM**  
**Rahu** 10:18AM – 11:28AM    **Gara Until 2:03PM**  
**Thai Pongal**    **Shasthi\* Until 1:08AM Sun**

**Ganesha:** Purple    *Sunrise:* 8:00AM  
**Muruqa:** Clear    *Sunset:* 5:14PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Thai**

Carcare, Switzerland  
**Sun 4 Sutra 277**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Sunday, January 15, 2012**

Kanya Rasi: 15.04    Titithi 22  
863696156  
Creative Work    Amrita Yoga  
Until 8:11PM then Siddha Yoga  
Until 8:11PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika** 2:56PM – 4:05PM    **Hasta Until 8:11PM**  
**Yama** 12:37PM – 1:47PM    **Athiganda\* Until 1:15PM**  
**Rahu** 4:05PM – 5:15PM    **Visti Until 12:12PM**  
**Saptami Until 11:17PM**

**Ganesha:** Clear    *Sunrise:* 7:59AM  
**Muruqa:** Clear    *Sunset:* 5:15PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Carcare, Switzerland  
**Sun 5 Sutra 278**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**

**Retreat Star**

**Monday, January 16, 2012**

Kanya Rasi: 29.08    Titithi 23  
**Family Home Evening**    863696156  
Routine Work    Prabalarishta Yoga  
Until 6:55PM then Amrita Yoga  
Until 8:11PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 1:47PM – 2:57PM    **Chitra Until 6:55PM**  
**Yama** 11:28AM – 12:37PM    **Sukarma Until 10:26AM**  
**Rahu** 9:08AM – 10:18AM    **Balava Until 10:15AM**  
**Ashtami\* Until 9:20PM**

**Ganesha:** Clear    *Sunrise:* 7:59AM  
**Muruqa:** Clear    *Sunset:* 5:16PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Carcare, Switzerland  
**Sun 6 Sutra 279**  
Khara 5113  
Moon 13 - Phase 37  
Ashtami  
**Devaloka Day**

**Tuesday, January 17, 2012**

**Retreat Star**

Tula Rasi: 13.15    Titithi 24  
863696156  
Creative Work    Siddha Yoga  
Until 5:35PM then Marana Yoga  
Until 8:12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Visakha Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika** 12:38PM – 1:48PM    **Svati Until 5:35PM**  
**Yama** 10:18AM – 11:28AM    **Dhriti Until 7:33AM**  
**Rahu** 2:58PM – 4:08PM    **Taitila Until 8:14AM**  
**Navami\* Until 7:18PM**

**Ganesha:** Clear    *Sunrise:* 7:58AM  
**Muruqa:** Clear    *Sunset:* 5:17PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Carcare, Switzerland  
**Sun 7 Sutra 280**  
Khara 5113  
Moon 13 - Phase 37  
Navami  
**Devaloka Day**

**1** **Wednesday, January 18, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Carcare, Switzerland  
 Visakha/Anuradha Nakshatra Ganda\* Yoga Vanija/Bava Karana Dasami/Ekadasi\* Yam Titau **Sun 8 Sutra 281**  
 Khara 5113  
**Gulika** 11:28AM – 12:38PM **Visakha Until 4:12PM** **Ganesha:** White *Sunrise:* 7:58AM  
**Yama** 9:08AM – 10:18AM **Ganda\* Until 1:58AM Thu** **Muruqa:** Clear *Sunset:* 5:19PM Moon 13 - Phase 38  
**Rahu** 12:38PM – 1:48PM **Vanija Until 6:10AM** **Nataraja:** Yellow  
 Moon – Orange  
**Dasami Until 5:15PM** **Pausha\*Thai** **Bhuloka Day**  
 Devaloka Time: 3:PM to 6:PM  
 Tula Rasi: 27.23 Tithi 25 – 26 873696156  
 Creative Work Siddha Yoga

**2** **Thursday, January 19, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Carcare, Switzerland  
 Anuradha/Jyeshtha\* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau **Sun 9 Sutra 282**  
 Khara 5113  
**Gulika** 10:18AM – 11:28AM **Anuradha Until 2:50PM** **Ganesha:** White *Sunrise:* 7:57AM  
**Yama** 7:57AM – 9:07AM **Vriddhi Until 11:04PM** **Muruqa:** Clear *Sunset:* 5:20PM Moon 13 - Phase 38  
**Rahu** 1:49PM – 2:59PM **Kaulava Until 2:16AM Fri** **Nataraja:** Yellow  
 Moon – Orange  
**Ekadasi\* Until 3:11PM** **Pausha\*Thai** **Bhuloka Day**  
 Devaloka Time: 3:PM to 6:PM  
 Vrischika Rasi: 11.31 Tithi 26 – 27 873696156  
 Creative Work Siddha Yoga  
 Until 8:12PM then Prabalarishtha Yoga

**3** **Friday, January 20, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Carcare, Switzerland  
 Jyeshtha\*/Mula\* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau **Sun 10 Sutra 283**  
 Khara 5113  
**Gulika** 9:07AM – 10:17AM **Jyeshtha\* Until 1:32PM** **Ganesha:** White *Sunrise:* 7:56AM  
**Yama** 3:00PM – 4:11PM **Dhruva Until 8:13PM** **Muruqa:** Clear *Sunset:* 5:21PM Moon 13 - Phase 38  
**Rahu** 11:28AM – 12:39PM **Gara Until 12:17AM Sat** **Nataraja:** Yellow  
 Moon – Orange  
**Dvadasi\* Until 1:12PM** **Pausha\*Thai** **Bhuloka Day**  
 Devaloka Time: 3:PM to 6:PM  
 Routine Work Prabalarishtha Yoga  
 Until 1:32PM then no yoga  
 Until 8:13PM then Siddha Yoga  
*Pradosha Vrata (Fasting)*

**4** **Saturday, January 21, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Carcare, Switzerland  
 Mula\*/Purvashadha\* Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau **Sun 11 Sutra 284**  
 Khara 5113  
**Gulika** 7:55AM – 9:06AM **Mula\* Until 12:22PM** **Ganesha:** Green *Sunrise:* 7:55AM  
**Yama** 1:50PM – 3:01PM **Vyaghata\* Until 5:30PM** **Muruqa:** Clear *Sunset:* 5:23PM Moon 13 - Phase 38  
**Rahu** 10:17AM – 11:28AM **Visti Until 10:26PM** **Nataraja:** Yellow  
 Moon – Light Blue  
**Trayodasi\* Until 11:22AM** **Pausha\*Thai** **Bhuloka Day**  
 Devaloka Time: 3:PM to 6:PM  
 Dhanus Rasi: 9.37 Tithi 28 – 29 883696156  
 Creative Work Siddha Yoga  
 Until 12:22PM then Marana Yoga  
 Until 8:13PM then Siddha Yoga

**Retreat Star** **Sunday, January 22, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Carcare, Switzerland  
 Purvashadha\*/Uttarashadha Nakshatra Harshana/Vajra\* Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau **Sun 12 Sutra 285**  
 Khara 5113  
**Gulika** 3:02PM – 4:13PM **Purvashadha\* Until 11:27AM** **Ganesha:** Green *Sunrise:* 7:55AM  
**Yama** 12:39PM – 1:50PM **Harshana Until 3:01PM** **Muruqa:** Clear *Sunset:* 5:24PM Moon 13 - Phase 38  
**Rahu** 4:13PM – 5:24PM **Catuspada Until 8:52PM** **Nataraja:** Yellow  
 Moon – Light Blue  
**Chaturdasi\* Until 9:47AM** **Pausha\*Thai** **Bhuloka Day**  
 Devaloka Time: 3:PM to 6:PM  
 Dhanus Rasi: 23.29 Tithi 29 – 30 883696156  
 Creative Work Siddha Yoga  
 Until 11:27AM then Amrita Yoga  
 Until 8:13PM then Marana Yoga

**Retreat Star** **Monday, January 23, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Carcare, Switzerland  
 Uttarashadha\*/Sraavana Nakshatra Vajra\*/Siddhi Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau **Sun 13 Sutra 286**  
 Khara 5113  
**Gulika** 1:51PM – 3:02PM **Uttarashadha Until 11:14AM** **Ganesha:** Green *Sunrise:* 7:54AM  
**Yama** 11:28AM – 12:40PM **Vajra\* Until 1:20PM** **Muruqa:** Clear *Sunset:* 5:25PM Moon 13 - Phase 38  
**Rahu** 9:05AM – 10:17AM **Kintughna Until 8:48PM** **Nataraja:** Yellow  
 Moon – Light Blue  
**Amavasya\* Until 8:48AM** **Magha\*Thai** **Bhuloka Day**  
 Devaloka Time: 3:PM to 6:PM  
 Makara Rasi: 7.1 Tithi 30 – 1 883696156  
**Family Home Evening**  
 Routine Work Marana Yoga  
 Until 11:14AM then Amrita Yoga  
 Until 8:13PM then Siddha Yoga

<b>1</b>	<b>Tuesday, January 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Carcare, Switzerland
	Makara Rasi: 20.35      Tithi 1 – 2	<b>Gulika</b> 12:40PM – 1:52PM	<b>Sravana Until 11:05AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:53AM	<b>Sun 14 Sutra 287</b> Khara 5113
	893696156	<b>Yama</b> 10:16AM – 11:28AM	<b>Siddhi Until 11:27AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 13 - Phase 39
		<b>Rahu</b> 3:03PM – 4:15PM	<b>Balava Until 8:00PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work    Siddha Yoga		<b>Prathama* Until 8:00AM</b>	<b>Moon – Purple</b>		
	Until 11:05AM then Marana Yoga			<b>Magha*Thai</b>		
	Until 8.14PM then Prabalarishta Yoga					
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Wednesday, January 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatiyata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Carcare, Switzerland
	Kumbha Rasi: 3.42      Tithi 2 – 3	<b>Gulika</b> 11:28AM – 12:40PM	<b>Dhanishtha Until 11:28AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:52AM	<b>Sun 15 Sutra 288</b> Khara 5113
	993696156	<b>Yama</b> 9:04AM – 10:16AM	<b>Vyatiyata* Until 10:04AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 13 - Phase 39
		<b>Rahu</b> 12:40PM – 1:52PM	<b>Taitila Until 7:47PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Routine Work    Prabalarishta Yoga		<b>Dvitiya Until 7:47AM</b>	<b>Moon – Purple</b>		
	Until 11:28AM then Siddha Yoga			<b>Magha*Thai</b>		
	Until 8.14PM then Marana Yoga					
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Thursday, January 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Carcare, Switzerland
	Kumbha Rasi: 16.31      Tithi 3 – 4	<b>Gulika</b> 10:16AM – 11:28AM	<b>Satabhisha Until 12:25PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:51AM	<b>Sun 16 Sutra 289</b> Khara 5113
	993696156	<b>Yama</b> 7:51AM – 9:03AM	<b>Variyan Until 9:12AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM	Moon 13 - Phase 39
		<b>Rahu</b> 1:53PM – 3:05PM	<b>Vanija Until 8:11PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Routine Work    Marana Yoga		<b>Tritiya Until 8:11AM</b>	<b>Moon – Purple</b>		
	Until 12:25PM then Siddha Yoga			<b>Magha*Thai</b>		
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Friday, January 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Carcare, Switzerland
	Kumbha Rasi: 29.03      Tithi 4 – 5	<b>Gulika</b> 9:03AM – 10:15AM	<b>Purvaprostapada* Until 2:34PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:50AM	<b>Sun 17 Sutra 290</b> Khara 5113
	913796156	<b>Yama</b> 3:06PM – 4:18PM	<b>Parigha* Until 9:03AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 13 - Phase 39
		<b>Rahu</b> 11:28AM – 12:40PM	<b>Bava Until 10:32PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work    Siddha Yoga		<b>Chaturthi* Until 9:27AM</b>	<b>Moon – Clear</b>		
				<b>Magha*Thai</b>		
					<b>Sivaloka Day</b>	

<b>5</b>	<b>Saturday, January 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Carcare, Switzerland
	Meena Rasi: 11.19      Tithi 5 – 6	<b>Gulika</b> 7:49AM – 9:02AM	<b>Uttaraprostapada Until 4:43PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:49AM	<b>Sun 18 Sutra 291</b> Khara 5113
	914796156	<b>Yama</b> 1:54PM – 3:06PM	<b>Shiva Until 9:10AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 13 - Phase 39
		<b>Rahu</b> 10:15AM – 11:28AM	<b>Kaulava Until 12:11AM Sun</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work    Siddha Yoga		<b>Panchami Until 11:06AM</b>	<b>Moon – Clear</b>		
	Until 4:43PM then Prabalarishta Yoga			<b>Magha*Thai</b>		
	Until 8.14PM then Amrita Yoga					
					<b>Devaloka Day</b>	

<b>6</b>	<b>Sunday, January 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Carcare, Switzerland
	Meena Rasi: 23.21      Tithi 6 – 7	<b>Gulika</b> 3:07PM – 4:20PM	<b>Revati Until 7:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:48AM	<b>Sun 19 Sutra 292</b> Khara 5113
	914796156	<b>Yama</b> 12:41PM – 1:54PM	<b>Siddha Until 9:40AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 13 - Phase 39
		<b>Rahu</b> 4:20PM – 5:33PM	<b>Gara Until 2:19AM Mon</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work    Amrita Yoga		<b>Shasthi* Until 1:13PM</b>	<b>Moon – Clear</b>		
	Until 7:18PM then Siddha Yoga			<b>Magha*Thai</b>		
					<b>Devaloka Day</b>	

<b>Monday, January 30, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Carcare, Switzerland
	Mesha Rasi: 5.15      Tithi 7 – 8	<b>Gulika</b> 1:54PM – 3:08PM	<b>Asvini Until 10:10PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:47AM	<b>Sun 20 Sutra 293</b> Khara 5113
	924796156	<b>Yama</b> 11:28AM – 12:41PM	<b>Sadhya Until 10:27AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 13 - Phase 39
	<b>Family Home Evening</b>	<b>Rahu</b> 9:01AM – 10:14AM	<b>Visti Until 4:45AM Tue</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work    Siddha Yoga		<b>Saptami Until 3:40PM</b>	<b>Moon – White</b>		
				<b>Magha*Thai</b>		
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	

<b>Tuesday, January 31, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava Karana Ashtami* Yam Titau				Carcare, Switzerland
	Mesha Rasi: 17.04      Tithi 8	<b>Gulika</b> 12:41PM – 1:55PM	<b>Bharani Until 1:11AM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:46AM	<b>Sun 21 Sutra 294</b> Khara 5113
	924796156	<b>Yama</b> 10:14AM – 11:27AM	<b>Subha Until 11:21AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 13 - Phase 39
		<b>Rahu</b> 3:09PM – 4:22PM	<b>Bava Until 7:21AM Wed</b>	<b>Nataraja:</b> Yellow		Ashtami
	Creative Work    Siddha Yoga		<b>Ashtami* Until 6:16PM</b>	<b>Moon – White</b>		
	Until 8.15PM then Marana Yoga			<b>Magha*Thai</b>		
	Until 1:11AM Wed then Amrita Yoga					
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	

<b>Wednesday, February 1, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau				Carcare, Switzerland
	Mesha Rasi: 28.55      Tithi 9	<b>Gulika</b> 11:27AM – 12:41PM	<b>Krittika Until 4:11AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:46AM	<b>Sun 22 Sutra 295</b> Khara 5113
	924796156	<b>Yama</b> 9:00AM – 10:14AM	<b>Sukla Until 12:15PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 13 - Phase 39
		<b>Rahu</b> 12:41PM – 1:55PM	<b>Balava Until 7:44AM</b>	<b>Nataraja:</b> Yellow		Navami
	Creative Work    Amrita Yoga		<b>Navami* Until 8:50PM</b>	<b>Moon – White</b>		
	Until 8.15PM then Marana Yoga			<b>Magha*Thai</b>		
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

<b>1</b>	<b>Thursday, February 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau							Carcare, Switzerland <b>Sun 23 Sutra 296</b> Khara 5113
	934797156	<b>Gulika</b> 10:13AM – 11:27AM <b>Yama</b> 7:45AM – 8:59AM <b>Rahu</b> 1:55PM – 3:09PM	<b>Rohini Until 6:42AM Fri</b> Brahma Until 12:57PM Taitila Until 10:05AM <b>Dasami Until 11:11PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Yellow <b>Magha-Thai</b>	<i>Sunrise:</i> 7:45AM <i>Sunset:</i> 5:38PM			Moon 13 - Phase 40 4th Phase	<b>Sivaloka Day</b>

Vishabha Rasi: 10.51    Tilthi 10  
 Routine Work    Marana Yoga  
 Until 6:42AM Fri then Siddha Yoga

<b>2</b>	<b>Friday, February 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau							Carcare, Switzerland <b>Sun 24 Sutra 297</b> Khara 5113
	934797156	<b>Gulika</b> 8:58AM – 10:13AM <b>Yama</b> 3:10PM – 4:25PM <b>Rahu</b> 11:27AM – 12:41PM	<b>Rohini Until 6:42AM</b> Indra Until 1:17PM Vanija Until 12:00PM <b>Ekadasi Until 1:06AM Sat</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Yellow <b>Magha-Thai</b>	<i>Sunrise:</i> 7:44AM <i>Sunset:</i> 5:39PM			Moon 13 - Phase 40 4th Phase	<b>Sivaloka Day</b>

Vishabha Rasi: 22.59    Tilthi 11  
 Routine Work    Marana Yoga  
 Until 6:42AM then Siddha Yoga

<b>3</b>	<b>Saturday, February 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau							Carcare, Switzerland <b>Sun 25 Sutra 298</b> Khara 5113
	934797157	<b>Gulika</b> 7:43AM – 8:57AM <b>Yama</b> 1:56PM – 3:11PM <b>Rahu</b> 10:12AM – 11:27AM	<b>Mrigasira Until 8:21AM</b> Vaidhriti* Until 12:36PM Bava Until 12:43PM <b>Dvadasi Until 12:43AM Sun</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Magha-Thai</b>	<i>Sunrise:</i> 7:43AM <i>Sunset:</i> 5:40PM			Moon 13 - Phase 40 4th Phase	<b>Subha Sivaloka Day</b>

Mithuna Rasi: 5.23    Tilthi 12  
 Creative Work    Siddha Yoga

<b>4</b>	<b>Sunday, February 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau							Carcare, Switzerland <b>Sun 26 Sutra 299</b> Khara 5113
	934797157	<b>Gulika</b> 3:12PM – 4:27PM <b>Yama</b> 12:42PM – 1:57PM <b>Rahu</b> 4:27PM – 5:42PM	<b>Ardra Until 9:26AM</b> Vishkambha* Until 11:52AM Kaulava Until 1:15PM <b>Trayodasi Until 1:15AM Mon</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Magha-Thai</b>	<i>Sunrise:</i> 7:41AM <i>Sunset:</i> 5:42PM			Moon 13 - Phase 40 4th Phase	<b>Subha Sivaloka Day</b>

Mithuna Rasi: 18.08    Tilthi 13  
 Creative Work    Siddha Yoga  
 Until 8:15PM then Amrita Yoga

<b>5</b>	<b>Monday, February 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau							Carcare, Switzerland <b>Sun 27 Sutra 300</b> Khara 5113
	944797157	<b>Gulika</b> 1:57PM – 3:12PM <b>Yama</b> 11:26AM – 12:42PM <b>Rahu</b> 8:56AM – 10:11AM	<b>Punarvasu Until 9:32AM</b> Priti Until 10:11AM Gara Until 1:01PM <b>Chaturdasi* Until 1:01AM Tue</b>	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Magha-Thai</b>	<i>Sunrise:</i> 7:40AM <i>Sunset:</i> 5:43PM			Moon 13 - Phase 40 4th Phase	<b>Sivaloka Day</b>

Kataka Rasi: 1.16    Tilthi 14  
**Family Home Evening**  
 Creative Work    Amrita Yoga  
 Until 9:32AM then Siddha Yoga

<b>○</b>	<b>Tuesday, February 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau							Carcare, Switzerland <b>Sutra 301</b> Khara 5113
	944797157	<b>Gulika</b> 12:42PM – 1:57PM <b>Yama</b> 10:10AM – 11:26AM <b>Rahu</b> 3:13PM – 4:29PM	<b>Pushya Until 9:15AM</b> Ayushman Until 8:17AM Visti Until 11:34AM <b>Purnima* Until 10:39PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Magha-Thai</b>	<i>Sunrise:</i> 7:39AM <i>Sunset:</i> 5:45PM			Moon 13 - Phase 40 Purnima	<b>Sivaloka Day</b>

Kataka Rasi: 14.46    Tilthi 15  
 Creative Work    Siddha Yoga

<b>○</b>	<b>Wednesday, February 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau							Carcare, Switzerland <b>Sutra 302</b> Khara 5113
	944797167	<b>Gulika</b> 11:26AM – 12:42PM <b>Yama</b> 8:54AM – 10:10AM <b>Rahu</b> 12:42PM – 1:58PM	<b>Aslesha* Until 8:22AM</b> Sobhana Until 3:11AM Thu Balava Until 10:02AM <b>Prathama* Until 9:07PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Blue Moon – Blue <b>Magha-Thai</b>	<i>Sunrise:</i> 7:38AM <i>Sunset:</i> 5:46PM			Moon 13 - Phase 40 Prathama	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

Kataka Rasi: 28.37    Tilthi 16  
 Creative Work    Siddha Yoga  
 Until 8:16PM then Amrita Yoga





**Thursday, February 9, 2012**  
**Gold Retreat Star**

Simha Rasi: 12.44 Tithi 17  
955797267  
Creative Work Amrita Yoga  
Until 7:01AM then no yoga  
Until 8.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika 10:09AM – 11:25AM**  
Yama 7:36AM – 8:53AM  
**Rahu 1:58PM – 3:15PM**  
**Magha\* Until 7:01AM**  
Athiganda\* Until 12:18AM Fri  
Taitila Until 7:59AM  
**Dvitiya Until 7:04PM**

**Ganesha:** White *Sunrise: 7:36AM*  
**Muruqa:** White *Sunset: 5:47PM*  
**Nataraja:** Yellow  
Moon – Red  
**Magha\*Thai**

Carcare, Switzerland  
**Sun 1 Sutra 303**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Subha Sivaloka Day**

**1**

**Friday, February 10, 2012**

Simha Rasi: 27.02 Tithi 18 – 19  
955797267  
Creative Work Siddha Yoga  
Until 8.16PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika 8:52AM – 10:08AM**  
Yama 3:15PM – 4:32PM  
**Rahu 11:25AM – 12:42PM**  
**Uttaraphalguni Until 4:13AM Sat**  
Sukarma Until 9:08PM  
Bava Until 3:46AM Sat  
**Tritiya Until 4:41PM**

**Ganesha:** White *Sunrise: 7:35AM*  
**Muruqa:** White *Sunset: 5:49PM*  
**Nataraja:** Yellow  
Moon – Red  
**Magha\*Thai**

Carcare, Switzerland  
**Sun 2 Sutra 304**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Subha Sivaloka Day**

**2**

**Saturday, February 11, 2012**

Kanya Rasi: 11.26 Tithi 19 – 20  
965797267  
Routine Work Marana Yoga  
Until 8.16PM then Amrita Yoga  
Until 2:25AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasla Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika 7:34AM – 8:51AM**  
Yama 1:59PM – 3:16PM  
**Rahu 10:08AM – 11:25AM**  
**Hasta Until 2:25AM Sun**  
Dhriti Until 5:50PM  
Kaulava Until 1:14AM Sun  
**Chaturthi\* Until 2:09PM**

**Ganesha:** Clear *Sunrise: 7:34AM*  
**Muruqa:** White *Sunset: 5:50PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha\*Thai**

Carcare, Switzerland  
**Sun 3 Sutra 305**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**

**3**

**Sunday, February 12, 2012**

Kanya Rasi: 25.48 Tithi 20 – 21  
965797267  
Creative Work Siddha Yoga  
Until 8.16PM then Prabalarishta Yoga  
Until 12:37AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika 3:17PM – 4:34PM**  
Yama 12:42PM – 1:59PM  
**Rahu 4:34PM – 5:52PM**  
**Chitra Until 12:37AM Mon**  
Shula\* Until 2:33PM  
Gara Until 10:43PM  
**Panchami Until 11:38AM**

**Ganesha:** Clear *Sunrise: 7:32AM*  
**Muruqa:** White *Sunset: 5:52PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha\*Thai**

Carcare, Switzerland  
**Sun 4 Sutra 306**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**

**4**

**Monday, February 13, 2012**

Tula Rasi: 10.06 Tithi 21 – 22  
**Family Home Evening** 965797267  
Creative Work Amrita Yoga  
Until 8.16PM then Siddha Yoga  
Until 10:58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika 2:00PM – 3:17PM**  
Yama 11:24AM – 12:42PM  
**Rahu 8:49AM – 10:06AM**  
**Svati Until 10:58PM**  
Ganda\* Until 11:23AM  
Visti Until 8:20PM  
**Shasthi\* Until 9:16AM**

**Ganesha:** Clear *Sunrise: 7:31AM*  
**Muruqa:** White *Sunset: 5:53PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha\*Mas**

Carcare, Switzerland  
**Sun 5 Sutra 307**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**

**☾**

**Tuesday, February 14, 2012**  
**Retreat Star**

Tula Rasi: 24.16 Tithi 22 – 23  
975797267  
Routine Work Marana Yoga  
Until 8.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika 12:42PM – 2:00PM**  
Yama 10:06AM – 11:24AM  
**Rahu 3:18PM – 4:36PM**  
**Visakha Until 9:32PM**  
Vridhi Until 8:26AM  
Balava Until 6:12PM  
**Saptami Until 7:07AM**

**Ganesha:** Purple *Sunrise: 7:29AM*  
**Muruqa:** White *Sunset: 5:54PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Magha\*Mas**

Carcare, Switzerland  
**Sun 6 Sutra 308**  
Khara 5113  
Moon 1 - Phase 41  
Ashtami

**Subha Sivaloka Day**

**Wednesday, February 15, 2012**  
**Retreat Star**

Vrischika Rasi: 8.18 Tithi 24  
975797267  
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika 11:23AM – 12:42PM**  
Yama 8:46AM – 10:05AM  
**Rahu 12:42PM – 2:00PM**  
**Anuradha Until 8:21PM**  
Vyaghata\* Until 3:02AM Thu  
Taitila Until 4:20PM  
**Navami\* Until 3:24AM Thu**

**Ganesha:** Purple *Sunrise: 7:28AM*  
**Muruqa:** White *Sunset: 5:56PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Magha\*Mas**

Carcare, Switzerland  
**Sun 7 Sutra 309**  
Khara 5113  
Moon 1 - Phase 41  
Navami

**Subha Sivaloka Day**


<b>1</b>	<b>Thursday, February 16, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau				Carcare, Switzerland <b>Sun 8 Sutra 310</b> Khara 5113	
	Wrischika Rasi: 22.1	Tithi 25	<b>Gulika</b> 10:04AM – 11:23AM <b>Yama</b> 7:26AM – 8:45AM <b>Rahu</b> 2:01PM – 3:19PM	<b>Jyeshtha* Until 7:26PM</b> Harshana Until 12:34AM Fri Vanija Until 2:44PM <b>Dasami Until 1:49AM Fri</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Orange <b>Magha-Masi</b>	<b>Sunrise:</b> 7:26AM <b>Sunset:</b> 5:57PM	Moon 1 - Phase 42 2nd Phase <b>Subha Sivaloka Day</b>	
Creative Work Siddha Yoga Until 8.16PM then no yoga								

<b>2</b>	<b>Friday, February 17, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau				Carcare, Switzerland <b>Sun 9 Sutra 311</b> Khara 5113	
	Dhanus Rasi: 5.53	Tithi 26	<b>Gulika</b> 8:44AM – 10:03AM <b>Yama</b> 3:20PM – 4:39PM <b>Rahu</b> 11:23AM – 12:42PM	<b>Mula* Until 6:45PM</b> Vajra* Until 10:19PM Bava Until 1:25PM <b>Ekadasi* Until 12:30AM Sat</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 7:25AM <b>Sunset:</b> 5:58PM	Moon 1 - Phase 42 2nd Phase <b>Sivaloka Day</b>	
No Yoga Until 6:45PM then Siddha Yoga Until 8.15PM then Marana Yoga								

<b>3</b>	<b>Saturday, February 18, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Carcare, Switzerland <b>Sun 10 Sutra 312</b> Khara 5113	
	Dhanus Rasi: 19.28	Tithi 27	<b>Gulika</b> 7:23AM – 8:43AM <b>Yama</b> 2:01PM – 3:21PM <b>Rahu</b> 10:03AM – 11:22AM	<b>Purvashadha* Until 7:17PM</b> Siddhi Until 9:20PM Kaulava Until 12:54PM <b>Dvadasi* Until 12:54AM Sun</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 7:23AM <b>Sunset:</b> 6:00PM	Moon 1 - Phase 42 2nd Phase <b>Sivaloka Day</b>	
Routine Work Marana Yoga Until 7:17PM then no yoga Until 8.15PM then Amrita Yoga								

<b>4</b>	<b>Sunday, February 19, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Carcare, Switzerland <b>Sun 11 Sutra 313</b> Khara 5113	
	Makara Rasi: 2.54	Tithi 28	<b>Gulika</b> 3:21PM – 4:41PM <b>Yama</b> 12:42PM – 2:01PM <b>Rahu</b> 4:41PM – 6:01PM	<b>Uttarashadha Until 7:07PM</b> Vyatipata* Until 7:27PM Gara Until 12:04PM <b>Trayodasi* Until 12:04AM Mon</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 7:22AM <b>Sunset:</b> 6:01PM	Moon 1 - Phase 42 2nd Phase <b>Devaloka Day</b>	
Creative Work Amrita Yoga								

<b>5</b>	<b>Monday, February 20, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sraavana Nakshatra Variyani/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Carcare, Switzerland <b>Sun 12 Sutra 314</b> Khara 5113	
	Makara Rasi: 16.09	Tithi 29	<b>Gulika</b> 2:02PM – 3:22PM <b>Yama</b> 11:21AM – 12:41PM <b>Rahu</b> 8:41AM – 10:01AM	<b>Sraavana Until 7:16PM</b> Variyani Until 5:51PM Visti Until 11:34AM <b>Chaturdasi* Until 11:34PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 6:03PM	Moon 1 - Phase 42 2nd Phase <b>Devaloka Day</b>	
Family Home Evening Creative Work Amrita Yoga Until 7:16PM then Siddha Yoga Until 8.15PM then Marana Yoga								

	<b>Tuesday, February 21, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Carcare, Switzerland <b>Sun 13 Sutra 315</b> Khara 5113	
	Makara Rasi: 29.13	Tithi 30	<b>Gulika</b> 12:41PM – 2:02PM <b>Yama</b> 10:00AM – 11:21AM <b>Rahu</b> 3:23PM – 4:43PM	<b>Dhanishtha Until 7:45PM</b> Parigha* Until 4:35PM Catuspada Until 11:27AM <b>Amavasya* Until 11:27PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 6:04PM	Moon 1 - Phase 42 Amavasya <b>Sivaloka Day</b>	
Retreat Star Routine Work Marana Yoga Until 8.15PM then Siddha Yoga								

<b>Retreat Star</b>	<b>Wednesday, February 22, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Carcare, Switzerland <b>Sun 14 Sutra 316</b> Khara 5113	
	Kumbha Rasi: 12.04	Tithi 1	<b>Gulika</b> 11:20AM – 12:41PM <b>Yama</b> 8:38AM – 9:59AM <b>Rahu</b> 12:41PM – 2:02PM	<b>Satabhisha Until 8:39PM</b> Shiva Until 3:41PM Kintughna Until 11:46AM <b>Prathama* Until 11:46PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Phalgun-Masi</b>	<b>Sunrise:</b> 7:17AM <b>Sunset:</b> 6:05PM	Moon 1 - Phase 42 Prathama <b>Sivaloka Day</b>	
Creative Work Siddha Yoga Until 8.15PM then Marana Yoga Until 8:39PM then Siddha Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

<b>1</b>	<b>Thursday, February 23, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Carcare, Switzerland
	Kumbha Rasi: 24.41	Tithi 2	<b>Gulika</b> 9:58AM – 11:20AM	<b>Purvaprostapada* Until 11:17PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:16AM</i>	<b>Sun 15</b> <b>Sutra 317</b>	Khara 5113
	916897267		<b>Yama</b> 7:16AM – 8:37AM	<b>Siddha Until 3:53PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:07PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 2:02PM – 3:24PM	<b>Balava Until 1:07PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
			<b>Dvitiya Until 2:13AM Fri</b>	<b>Phalguna-Masi</b>		<b>Subha Sivaloka Day</b>	


<b>2</b>	<b>Friday, February 24, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau				Carcare, Switzerland
	Meena Rasi: 7.05	Tithi 3	<b>Gulika</b> 8:36AM – 9:57AM	<b>Uttaraprostapada Until 1:09AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:14AM</i>	<b>Sun 16</b> <b>Sutra 318</b>	Khara 5113
	916897267		<b>Yama</b> 3:24PM – 4:46PM	<b>Sadhya Until 3:45PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:08PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 11:19AM – 12:41PM	<b>Taitila Until 2:27PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Until 1:09AM Sat then Prabalarishta Yoga			<b>Tritiya Until 3:33AM Sat</b>	<b>Phalguna-Masi</b>		<b>Subha Sivaloka Day</b>	


<b>3</b>	<b>Saturday, February 25, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Carcare, Switzerland
	Meena Rasi: 19.16	Tithi 4	<b>Gulika</b> 7:12AM – 8:34AM	<b>Revati Until 3:28AM Sun</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:12AM</i>	<b>Sun 17</b> <b>Sutra 319</b>	Khara 5113
	916897267		<b>Yama</b> 2:03PM – 3:25PM	<b>Subha Until 4:01PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:09PM</i>		Moon 1 - Phase 43
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 9:57AM – 11:19AM	<b>Vanija Until 4:15PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Until 8:15PM then Amrita Yoga			<b>Chaturthi* Until 5:21AM Sun</b>	<b>Phalguna-Masi</b>		<b>Subha Sivaloka Day</b>	
Until 3:28AM Sun then Siddha Yoga			<b>Subramuniyaswami Siva Vision Day</b>				

<b>4</b>	<b>Sunday, February 26, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Bava Karana Panchami Yam Titau				Carcare, Switzerland
	Mesha Rasi: 1.16	Tithi 5	<b>Gulika</b> 3:26PM – 4:48PM	<b>Asvini Until 6:24AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:11AM</i>	<b>Sun 18</b> <b>Sutra 320</b>	Khara 5113
	927897267		<b>Yama</b> 12:41PM – 2:03PM	<b>Sukla Until 4:37PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:11PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 4:48PM – 6:11PM	<b>Bava Until 6:27PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
			<b>Panchami Until 7:51AM Mon</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Monday, February 27, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Carcare, Switzerland
	Mesha Rasi: 13.08	Tithi 5 – 6	<b>Gulika</b> 2:03PM – 3:26PM	<b>Asvini Until 6:24AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:09AM</i>	<b>Sun 19</b> <b>Sutra 321</b>	Khara 5113
	927897267		<b>Yama</b> 11:18AM – 12:40PM	<b>Brahma Until 5:29PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:12PM</i>		Moon 1 - Phase 43
Family Home Evening		<b>Rahu</b> 8:32AM – 9:55AM	<b>Kaulava Until 8:56PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 7:51AM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	

<b>6</b>	<b>Tuesday, February 28, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Carcare, Switzerland
	Mesha Rasi: 24.56	Tithi 6 – 7	<b>Gulika</b> 12:40PM – 2:04PM	<b>Bharani Until 9:28AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:07AM</i>	<b>Sun 20</b> <b>Sutra 322</b>	Khara 5113
	927897267		<b>Yama</b> 9:54AM – 11:17AM	<b>Indra Until 6:27PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:13PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 3:27PM – 4:50PM	<b>Gara Until 11:34PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Until 8:14PM then Amrita Yoga			<b>Shasthi* Until 10:29AM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	

	<b>Wednesday, February 29, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Carcare, Switzerland
	<b>Retreat Star</b>		<b>Gulika</b> 11:17AM – 12:40PM	<b>Krittika Until 12:31PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:06AM</i>	<b>Sun 21</b> <b>Sutra 323</b>	Khara 5113
	Vrishabha Rasi: 6.44	Tithi 7 – 8	<b>Yama</b> 8:29AM – 9:53AM	<b>Vaidhriti* Until 7:25PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:15PM</i>		Moon 1 - Phase 43
927897267		<b>Rahu</b> 12:40PM – 2:04PM	<b>Visti Until 2:11AM Thu</b>	<b>Nataraja:</b> Yellow			Ashtami
Creative Work	Amrita Yoga		<b>Saptami Until 1:06PM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Until 12:31PM then Siddha Yoga							
Until 8:14PM then Marana Yoga							

	<b>Thursday, March 1, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Carcare, Switzerland
	<b>Retreat Star</b>		<b>Gulika</b> 9:51AM – 11:15AM	<b>Rohini Until 3:22PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 7:02AM</i>	<b>Sun 22</b> <b>Sutra 324</b>	Khara 5113
	Vrishabha Rasi: 18.39	Tithi 8 – 9	<b>Yama</b> 7:02AM – 8:27AM	<b>Vishkambha* Until 8:12PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:17PM</i>		Moon 1 - Phase 43
937897267		<b>Rahu</b> 2:04PM – 3:28PM	<b>Balava Until 4:34AM Fri</b>	<b>Nataraja:</b> Yellow			Navami
Routine Work	Marana Yoga		<b>Ashtami* Until 3:29PM</b>	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
Until 8:13PM then Siddha Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

<b>1</b>	<b>Friday, March 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Priti Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Carcare, Switzerland
	Mithuna Rasi: 0.46      Tithi 9 – 10 937897267	<b>Gulika</b> <b>8:25AM – 9:50AM</b> <b>Yama</b> <b>3:29PM – 4:54PM</b> <b>Rahu</b> <b>11:15AM – 12:40PM</b>	<b>Mrigasira Until 5:49PM</b> Priti Until 8:37PM Taitila Until 6:32AM Sat <b>Navami* Until 5:26PM</b>	<b>Ganesha: Red</b> <i>Sunrise: 7:01AM</i> <b>Muruqa: White</b> <i>Sunset: 6:18PM</i> <b>Nataraja: Yellow</b> Moon – Yellow <b>Phalguna-Masi</b>
Creative Work    Siddha Yoga				

<b>2</b>	<b>Saturday, March 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Gara Karana Dasami Yam Titau		Carcare, Switzerland
	Mithuna Rasi: 13.09      Tithi 10 937897267	<b>Gulika</b> <b>6:59AM – 8:24AM</b> <b>Yama</b> <b>2:04PM – 3:30PM</b> <b>Rahu</b> <b>9:49AM – 11:14AM</b>	<b>Ardra Until 6:38PM</b> Ayushman Until 7:27PM Gara Until 5:42AM Sun <b>Dasami Until 5:42PM</b>	<b>Ganesha: Red</b> <i>Sunrise: 6:59AM</i> <b>Muruqa: White</b> <i>Sunset: 6:20PM</i> <b>Nataraja: Yellow</b> Moon – Yellow <b>Phalguna-Masi</b>
Creative Work    Siddha Yoga Until 6:38PM then Marana Yoga Until 8:13PM then Siddha Yoga				

<b>3</b>	<b>Sunday, March 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Carcare, Switzerland
	Mithuna Rasi: 25.56      Tithi 11 148897267	<b>Gulika</b> <b>3:30PM – 4:56PM</b> <b>Yama</b> <b>12:39PM – 2:05PM</b> <b>Rahu</b> <b>4:56PM – 6:21PM</b>	<b>Punarvasu Until 7:40PM</b> Saubhagya Until 6:41PM Vanija Until 6:09AM <b>Ekadasi Until 6:09PM</b>	<b>Ganesha: Green</b> <i>Sunrise: 6:57AM</i> <b>Muruqa: White</b> <i>Sunset: 6:21PM</i> <b>Nataraja: Yellow</b> Moon – Blue <b>Phalguna-Masi</b>
Creative Work    Siddha Yoga				

<b>4</b>	<b>Monday, March 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Carcare, Switzerland
	Kataka Rasi: 9.08      Tithi 12 – 13 <b>Family Home Evening</b> 148817267	<b>Gulika</b> <b>2:05PM – 3:31PM</b> <b>Yama</b> <b>11:13AM – 12:39PM</b> <b>Rahu</b> <b>8:21AM – 9:47AM</b>	<b>Pushya Until 6:55PM</b> Sobhana Until 4:26PM Kaulava Until 3:55AM Tue <b>Dvadasi Until 4:50PM</b> <i>Pradosha Vrata</i>	<b>Ganesha: Green</b> <i>Sunrise: 6:55AM</i> <b>Muruqa: White</b> <i>Sunset: 6:22PM</i> <b>Nataraja: Yellow</b> Moon – Blue <b>Phalguna-Masi</b>
Creative Work    Siddha Yoga				

<b>5</b>	<b>Tuesday, March 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Carcare, Switzerland
	Kataka Rasi: 22.48      Tithi 13 – 14 148817267	<b>Gulika</b> <b>12:39PM – 2:05PM</b> <b>Yama</b> <b>9:46AM – 11:12AM</b> <b>Rahu</b> <b>3:31PM – 4:57PM</b>	<b>Aslesha* Until 6:21PM</b> Athiganda* Until 2:19PM Gara Until 2:41AM Wed <b>Trayodasi Until 3:37PM</b>	<b>Ganesha: Green</b> <i>Sunrise: 6:54AM</i> <b>Muruqa: White</b> <i>Sunset: 6:24PM</i> <b>Nataraja: Yellow</b> Moon – Blue <b>Phalguna-Masi</b>
Creative Work    Siddha Yoga				

<b>○</b>	<b>Wednesday, March 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Carcare, Switzerland
	<b>Copper Retreat Star</b> Simha Rasi: 6.53      Tithi 14 – 15 158817267	<b>Gulika</b> <b>11:12AM – 12:38PM</b> <b>Yama</b> <b>8:18AM – 9:45AM</b> <b>Rahu</b> <b>12:38PM – 2:05PM</b>	<b>Magha* Until 5:03PM</b> Sukarma Until 11:30AM Visti Until 12:41AM Thu <b>Chaturdasi* Until 1:36PM</b>	<b>Ganesha: Red</b> <i>Sunrise: 6:52AM</i> <b>Muruqa: White</b> <i>Sunset: 6:25PM</i> <b>Nataraja: Yellow</b> Moon – Red <b>Phalguna-Masi</b>
Creative Work    Siddha Yoga Until 5:03PM then Amrita Yoga Until 8:12PM then no yoga		<b>Chidambaram Abhishekam</b>		

<b>○</b>	<b>Thursday, March 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Carcare, Switzerland
	<b>Silver Retreat Star</b> Simha Rasi: 21.21      Tithi 15 – 16 158817267	<b>Gulika</b> <b>9:44AM – 11:11AM</b> <b>Yama</b> <b>6:50AM – 8:17AM</b> <b>Rahu</b> <b>2:05PM – 3:32PM</b>	<b>Purvaphalguni* Until 2:31PM</b> Dhriti Until 7:58AM Balava Until 8:51PM <b>Purnima* Until 10:34AM</b>	<b>Ganesha: Red</b> <i>Sunrise: 6:50AM</i> <b>Muruqa: White</b> <i>Sunset: 6:26PM</i> <b>Nataraja: Yellow</b> Moon – Red <b>Phalguna-Masi</b>
No Yoga Until 2:31PM then Prabalarishta Yoga Until 8:12PM then Siddha Yoga				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



**Friday, March 9, 2012**  
**Gold Retreat Star**

Kanya Rasi: 6.03      Tithi 16 – 17  
159817267  
Creative Work    Siddha Yoga  
Until 12:19PM then Amrita Yoga  
Until 8.12PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttaraphalguni/Hasta Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**      **8:16AM – 9:43AM**      **Uttaraphalguni Until 12:19PM**  
Yama      3:33PM – 5:00PM      Ganda\* Until 12:25AM Sat  
**Rahu**      **11:10AM – 12:38PM**      Taitila Until 4:13AM Sat  
**Prathama\* Until 7:38AM**

**Ganesha:** Red      *Sunrise:* 6:48AM  
**Muruqa:** White      *Sunset:* 6:27PM  
**Nataraja:** Yellow  
Moon – Red  
**Phalguna-Masi**

Carcare, Switzerland  
**Sutra 332**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**



**Saturday, March 10, 2012**

Kanya Rasi: 20.53      Tithi 18  
169817267  
Routine Work    Marana Yoga  
Until 8.11PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**      **6:46AM – 8:14AM**      **Hasta Until 9:55AM**  
Yama      2:05PM – 3:33PM      Vriddhi Until 8:40PM  
**Rahu**      **9:42AM – 11:10AM**      Vanija Until 2:47PM  
**Tritiya Until 1:04AM Sun**

**Ganesha:** Blue      *Sunrise:* 6:46AM  
**Muruqa:** White      *Sunset:* 6:29PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

Carcare, Switzerland  
**Sun 1 Sutra 333**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**



**Sunday, March 11, 2012**

Tula Rasi: 5.41      Tithi 19  
169817267  
Creative Work    Siddha Yoga  
Until 8.11PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Chitra/Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**      **3:34PM – 5:02PM**      **Chitra Until 7:33AM**  
Yama      12:37PM – 2:05PM      Dhruva Until 4:57PM  
**Rahu**      **5:02PM – 6:30PM**      Bava Until 11:41AM  
**Chaturthi\* Until 9:58PM**

**Ganesha:** Blue      *Sunrise:* 6:45AM  
**Muruqa:** White      *Sunset:* 6:30PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

Carcare, Switzerland  
**Sun 2 Sutra 334**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**



**Monday, March 12, 2012**

Tula Rasi: 20.22      Tithi 20  
179817267  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 4:13AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Visakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**      **2:06PM – 3:34PM**      **Visakha Until 4:13AM Tue**  
Yama      11:08AM – 12:37PM      Vyaghata\* Until 1:56PM  
**Rahu**      **8:11AM – 9:40AM**      Kaulava Until 9:01AM  
**Panchami Until 8:05PM**

**Ganesha:** Red      *Sunrise:* 6:43AM  
**Muruqa:** White      *Sunset:* 6:31PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Masi**

Carcare, Switzerland  
**Sun 3 Sutra 335**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**



**Tuesday, March 13, 2012**

Vrischika Rasi: 4.5      Tithi 21 – 22  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**      **12:37PM – 2:06PM**      **Anuradha Until 2:18AM Wed**  
Yama      9:39AM – 11:08AM      Harshana Until 10:32AM  
**Rahu**      **3:35PM – 5:04PM**      Gara Until 6:19AM  
**Shasthi\* Until 5:24PM**

**Ganesha:** Red      *Sunrise:* 6:41AM  
**Muruqa:** White      *Sunset:* 6:33PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Masi**

Carcare, Switzerland  
**Sun 4 Sutra 336**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**



**Wednesday, March 14, 2012**

Vrischika Rasi: 19      Tithi 22 – 23  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yukhtayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**      **11:07AM – 12:36PM**      **Jyeshtha\* Until 12:51AM Thu**  
Yama      8:08AM – 9:38AM      Vajra\* Until 7:36AM  
**Rahu**      **12:36PM – 2:06PM**      Balava Until 2:18AM Thu  
**Saptami Until 3:14PM**

**Ganesha:** Red      *Sunrise:* 6:39AM  
**Muruqa:** White      *Sunset:* 6:34PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Panguni**

Carcare, Switzerland  
**Sun 5 Sutra 337**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**



**Thursday, March 15, 2012**  
**Retreat Star**

Dhanu Rasi: 2.53      Tithi 23 – 24  
189817268  
Creative Work    Siddha Yoga  
Until 8.10PM then no yoga  
Until 11:55PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yukhtayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**      **9:37AM – 11:06AM**      **Mula\* Until 11:55PM**  
Yama      6:37AM – 8:07AM      Vyatipata\* Until 2:28AM Fri  
**Rahu**      **2:06PM – 3:36PM**      Taitila Until 12:40AM Fri  
**Ashtami\* Until 1:36PM**

**Ganesha:** Green      *Sunrise:* 6:37AM  
**Muruqa:** White      *Sunset:* 6:35PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**

Carcare, Switzerland  
**Sun 6 Sutra 338**  
Khara 5113  
Moon 2 - Phase 45  
Ashtami  
**Sivaloka Day**

**Friday, March 16, 2012**  
**Retreat Star**

Dhanu Rasi: 16.28      Tithi 24 – 25  
189817268  
Creative Work    Siddha Yoga  
Until 8.10PM then Marana Yoga  
Until 12:49AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika**      **8:06AM – 9:36AM**      **Purvashadha\* Until 12:49AM Sat**  
Yama      3:36PM – 5:06PM      Variyan Until 1:47AM Sat  
**Rahu**      **11:06AM – 12:36PM**      Vanija Until 1:02AM Sat  
**Navami\* Until 1:02PM**

**Ganesha:** Green      *Sunrise:* 6:36AM  
**Muruqa:** White      *Sunset:* 6:36PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**


Carcare, Switzerland  
**Sun 7 Sutra 339**  
Khara 5113  
Moon 2 - Phase 45  
Navami  
**Sivaloka Day**

<b>1</b>	<b>Saturday, March 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau							Carcare, Switzerland
	Dhanus Rasi: 29.49    Tithi 25 – 26 No Yoga Until 8.09PM then Amrita Yoga	189917268	<b>Gulika</b> 6:34AM – 8:04AM <b>Yama</b> 2:06PM – 3:37PM <b>Rahu</b> 9:35AM – 11:05AM	<b>Uttarashadha</b> Until 12:49AM Sun Parigha* Until 12:04AM Sun Bava Until 12:22AM Sun Dasami Until 12:22PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:34AM <b>Muruqa:</b> White <i>Sunset:</i> 6:38PM <b>Nataraja:</b> White Moon – Light Blue <b>Phalguna-Panguni</b>			<b>Sun 8</b> <b>Sutra 340</b> Khara 5113 Moon 2 - Phase 46 2nd Phase	<b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, March 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau							Carcare, Switzerland
	Makara Rasi: 12.55    Tithi 26 – 27 Creative Work    Amrita Yoga Until 1:14AM Mon then Siddha Yoga	191917268	<b>Gulika</b> 3:37PM – 5:08PM <b>Yama</b> 12:35PM – 2:06PM <b>Rahu</b> 5:08PM – 6:39PM	<b>Sravana</b> Until 1:14AM Mon Shiva Until 10:45PM Kaulava Until 12:09AM Mon Ekadasi* Until 12:09PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> White <i>Sunset:</i> 6:39PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>			<b>Sun 9</b> <b>Sutra 341</b> Khara 5113 Moon 2 - Phase 46 2nd Phase	<b>Subha Subha Sivaloka Day</b>

<b>3</b>	<b>Monday, March 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau							Carcare, Switzerland
	Makara Rasi: 25.49    Tithi 27 – 28 Family Home Evening Creative Work    Siddha Yoga Until 8.09PM then Marana Yoga	191917268	<b>Gulika</b> 2:06PM – 3:38PM <b>Yama</b> 11:04AM – 12:35PM <b>Rahu</b> 8:01AM – 9:33AM	<b>Dhanishtha</b> Until 2:02AM Tue Siddha Until 9:47PM Gara Until 12:20AM Tue Dvadasi* Until 12:20PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> White <i>Sunset:</i> 6:40PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>			<b>Sun 10</b> <b>Sutra 342</b> Khara 5113 Moon 2 - Phase 46 2nd Phase	<b>Subha Subha Sivaloka Day</b>

<b>4</b>	<b>Tuesday, March 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau							Carcare, Switzerland
	Kumbha Rasi: 8.32    Tithi 28 – 29 Routine Work    Marana Yoga Until 8.08PM then Siddha Yoga Until 3:11AM Wed then Amrita Yoga	191917268	<b>Gulika</b> 12:35PM – 2:06PM <b>Yama</b> 9:31AM – 11:03AM <b>Rahu</b> 3:38PM – 5:10PM	<b>Satabhisha</b> Until 3:11AM Wed Sadhya Until 9:09PM Visti Until 12:53AM Wed Trayodasi* Until 12:53PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> White <i>Sunset:</i> 6:41PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>			<b>Sun 11</b> <b>Sutra 343</b> Khara 5113 Moon 2 - Phase 46 2nd Phase	<b>Subha Subha Sivaloka Day</b>

	<b>Wednesday, March 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau							Carcare, Switzerland
	<b>Retreat Star</b> Kumbha Rasi: 21.04    Tithi 29 – 30 Creative Work    Amrita Yoga Until 8.08PM then Siddha Yoga	111917268	<b>Gulika</b> 11:02AM – 12:34PM <b>Yama</b> 7:58AM – 9:30AM <b>Rahu</b> 12:34PM – 2:06PM	<b>Purvaprostapada*</b> Until 6:32AM Thu Subha Until 9:57PM Catuspada Until 3:36AM Thu Chaturdasi* Until 2:31PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> White <i>Sunset:</i> 6:42PM <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Panguni</b>			<b>Sun 12</b> <b>Sutra 344</b> Khara 5113 Moon 2 - Phase 46 Amavasya	<b>Subha Sivaloka Day</b>

	<b>Thursday, March 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau							Carcare, Switzerland
	<b>Retreat Star</b> Meena Rasi: 3.26    Tithi 30 – 1 Creative Work    Siddha Yoga	111917268	<b>Gulika</b> 9:29AM – 11:02AM <b>Yama</b> 6:25AM – 7:57AM <b>Rahu</b> 2:07PM – 3:39PM	<b>Uttaraprostapada</b> Until 8:06AM Fri Sukla Until 9:55PM Kintughna Until 4:59AM Fri Amavasya* Until 3:53PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> White <i>Sunset:</i> 6:44PM <b>Nataraja:</b> White Moon – Clear <b>Chaitra-Panguni</b>			<b>Sun 13</b> <b>Sutra 345</b> Khara 5113 Moon 2 - Phase 46 Prathama	<b>Subha Sivaloka Day</b>

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

<b>1</b>	<b>Friday, March 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Carcare, Switzerland
	Meena Rasi: 15.37    Tithi 1 - 2	<b>Gulika</b> 7:55AM - 9:28AM	<b>Uttaraprostapada</b> <b>Until 8:06AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:23AM	<b>Sun 14</b> <b>Sutra 346</b> Khara 5113
	111917268	<b>Yama</b> 3:39PM - 5:12PM	<b>Brahma</b> <b>Until 10:11PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:45PM	Moon 2 - Phase 47
		<b>Rahu</b> 11:01AM - 12:34PM	<b>Balava</b> <b>Until 6:43AM Sat</b>	<b>Nataraja:</b> White	3rd Phase
			<b>Prathama*</b> <b>Until 5:38PM</b>	<b>Moon - Clear</b>	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>2</b>	<b>Saturday, March 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Carcare, Switzerland
	Meena Rasi: 27.4    Tithi 2	<b>Gulika</b> 6:21AM - 7:54AM	<b>Revati</b> <b>Until 10:41AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:21AM	<b>Sun 15</b> <b>Sutra 347</b> Khara 5113
	111917268	<b>Yama</b> 2:07PM - 3:40PM	<b>Indra</b> <b>Until 10:44PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:46PM	Moon 2 - Phase 47
		<b>Rahu</b> 9:27AM - 11:00AM	<b>Balava</b> <b>Until 6:37AM</b>	<b>Nataraja:</b> White	3rd Phase
			<b>Dvitiya</b> <b>Until 7:42PM</b>	<b>Moon - Clear</b>	<b>Subha Sivaloka Day</b>
		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>	

<b>3</b>	<b>Sunday, March 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhrithi* Yoga Tailita/Gara Karana Tritiya Yam Titau			Carcare, Switzerland
	Mesha Rasi: 9.34    Tithi 3	<b>Gulika</b> 3:40PM - 5:14PM	<b>Asvini</b> <b>Until 1:32PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:19AM	<b>Sun 16</b> <b>Sutra 348</b> Khara 5113
	121917268	<b>Yama</b> 12:33PM - 2:07PM	<b>Vaidhrithi*</b> <b>Until 11:32PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:47PM	Moon 2 - Phase 47
		<b>Rahu</b> 5:14PM - 6:47PM	<b>Tailita</b> <b>Until 8:58AM</b>	<b>Nataraja:</b> White	3rd Phase
			<b>Tritiya</b> <b>Until 10:04PM</b>	<b>Moon - White</b>	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>4</b>	<b>Monday, March 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Carcare, Switzerland
	Mesha Rasi: 21.23    Tithi 4	<b>Gulika</b> 2:07PM - 3:41PM	<b>Bharani</b> <b>Until 4:34PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:17AM	<b>Sun 17</b> <b>Sutra 349</b> Khara 5113
	121917268	<b>Yama</b> 10:59AM - 12:33PM	<b>Vishkambha*</b> <b>Until 12:30AM Tue</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:49PM	Moon 2 - Phase 47
		<b>Rahu</b> 7:51AM - 9:25AM	<b>Vanija</b> <b>Until 11:32AM</b>	<b>Nataraja:</b> White	3rd Phase
			<b>Chaturthi*</b> <b>Until 12:37AM Tue</b>	<b>Moon - White</b>	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>5</b>	<b>Tuesday, March 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau			Carcare, Switzerland
	Vrishabha Rasi: 3.1    Tithi 5	<b>Gulika</b> 12:33PM - 2:07PM	<b>Krittika</b> <b>Until 7:41PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:15AM	<b>Sun 18</b> <b>Sutra 350</b> Khara 5113
	121917268	<b>Yama</b> 9:24AM - 10:58AM	<b>Priti</b> <b>Until 1:34AM Wed</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:50PM	Moon 2 - Phase 47
		<b>Rahu</b> 3:41PM - 5:16PM	<b>Bava</b> <b>Until 2:11PM</b>	<b>Nataraja:</b> White	3rd Phase
			<b>Panchami</b> <b>Until 3:16AM Wed</b>	<b>Moon - White</b>	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>6</b>	<b>Wednesday, March 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava/Tailita Karana Shasthi* Yam Titau			Carcare, Switzerland
	Vrishabha Rasi: 14.58    Tithi 6	<b>Gulika</b> 10:58AM - 12:32PM	<b>Rohini</b> <b>Until 10:45PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:13AM	<b>Sun 19</b> <b>Sutra 351</b> Khara 5113
	132917268	<b>Yama</b> 7:48AM - 9:23AM	<b>Ayushman</b> <b>Until 2:34AM Thu</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:51PM	Moon 2 - Phase 47
		<b>Rahu</b> 12:32PM - 2:07PM	<b>Kaulava</b> <b>Until 4:47PM</b>	<b>Nataraja:</b> White	3rd Phase
			<b>Shasthi*</b> <b>Until 6:05AM Thu</b>	<b>Moon - Yellow</b>	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>Retreat Star</b>	<b>Thursday, March 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Tailita/Gara Karana Shasthi*/Saptami Yam Titau			Carcare, Switzerland
	Vrishabha Rasi: 26.51    Tithi 6 - 7	<b>Gulika</b> 9:22AM - 10:57AM	<b>Mrigasira</b> <b>Until 1:38AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:12AM	<b>Sun 20</b> <b>Sutra 352</b> Khara 5113
	132917268	<b>Yama</b> 6:12AM - 7:47AM	<b>Saubhagya</b> <b>Until 3:24AM Fri</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:52PM	Moon 2 - Phase 47
		<b>Rahu</b> 2:07PM - 3:42PM	<b>Gara</b> <b>Until 7:11PM</b>	<b>Nataraja:</b> White	3rd Phase
			<b>Shasthi*</b> <b>Until 6:05AM</b>	<b>Moon - Yellow</b>	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>Retreat Star</b>	<b>Friday, March 30, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Carcare, Switzerland
	Mithuna Rasi: 8.56    Tithi 7 - 8	<b>Gulika</b> 7:45AM - 9:21AM	<b>Ardra</b> <b>Until 4:09AM Sat</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:10AM	<b>Sun 21</b> <b>Sutra 353</b> Khara 5113
	132917268	<b>Yama</b> 3:43PM - 5:18PM	<b>Sobhana</b> <b>Until 3:54AM Sat</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:54PM	Moon 2 - Phase 47
		<b>Rahu</b> 10:56AM - 12:32PM	<b>Visti</b> <b>Until 9:10PM</b>	<b>Nataraja:</b> White	Ashtami
			<b>Saptami</b> <b>Until 8:04AM</b>	<b>Moon - Yellow</b>	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>Retreat Star</b>	<b>Saturday, March 31, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Carcare, Switzerland
	Mithuna Rasi: 21.17    Tithi 8 - 9	<b>Gulika</b> 6:08AM - 7:44AM	<b>Punarvasu</b> <b>Until 4:15AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:08AM	<b>Sun 22</b> <b>Sutra 354</b> Khara 5113
	142917268	<b>Yama</b> 2:07PM - 3:43PM	<b>Athiganda*</b> <b>Until 2:19AM Sun</b>	<b>Muruqa:</b> White <i>Sunset:</i> 6:55PM	Moon 2 - Phase 47
		<b>Rahu</b> 9:20AM - 10:56AM	<b>Balava</b> <b>Until 9:10PM</b>	<b>Nataraja:</b> White	Navami
			<b>Ashtami*</b> <b>Until 9:10AM</b>	<b>Moon - Blue</b>	<b>Sivaloka Day</b>
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>	

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

<b>1</b>	<b>Sunday, April 1, 2012</b>		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Carcare, Switzerland <b>Sun 23 Sutra 355</b> Khara 5113	
	Kataka Rasi: 4.01	Tithi 9 – 10	<b>Gulika</b> 3:43PM – 5:19PM	<b>Pushya</b> <b>Until 5:22AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:08AM	
	142917268		<b>Yama</b> 12:31PM – 2:07PM	<b>Sukarma</b> <b>Until 1:40AM Mon</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Moon 2 - Phase 48
Creative Work	Siddha Yoga		<b>Rahu</b> 5:19PM – 6:55PM	<b>Taitila</b> <b>Until 9:42PM</b>	<b>Nataraja:</b> White		4th Phase
				<b>Navami*</b> <b>Until 9:42AM</b>	<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>

<b>2</b>	<b>Monday, April 2, 2012</b>		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami*/Ekadasi Yam Titau			Carcare, Switzerland <b>Sun 24 Sutra 356</b> Khara 5113	
	Kataka Rasi: 17.1	Tithi 10 – 11	<b>Gulika</b> 2:07PM – 3:44PM	<b>Aslesha*</b> <b>Until 4:00AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:06AM	
	142917268		<b>Yama</b> 10:55AM – 12:31PM	<b>Dhriti</b> <b>Until 11:04PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:56PM	Moon 2 - Phase 48
<b>Family Home Evening</b>			<b>Rahu</b> 7:42AM – 9:19AM	<b>Vanija</b> <b>Until 8:10PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			<b>Dasami</b> <b>Until 9:05AM</b>	<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>
			<b>Yogaswami Mahasamadhi</b>				

<b>3</b>	<b>Tuesday, April 3, 2012</b>		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi*/Dvadasi Yam Titau			Carcare, Switzerland <b>Sun 25 Sutra 357</b> Khara 5113	
	Simha Rasi: 0.48	Tithi 11 – 12	<b>Gulika</b> 12:31PM – 2:07PM	<b>Magha*</b> <b>Until 3:29AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:04AM	
	152917268		<b>Yama</b> 9:18AM – 10:54AM	<b>Shula*</b> <b>Until 9:00PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:57PM	Moon 2 - Phase 48
Creative Work	Siddha Yoga		<b>Rahu</b> 3:44PM – 5:21PM	<b>Bava</b> <b>Until 6:58PM</b>	<b>Nataraja:</b> White		4th Phase
Until 3:29AM Wed then Amrita Yoga				<b>Ekadasi</b> <b>Until 7:53AM</b>	<b>Chaitra•Panguni</b>		<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Wednesday, April 4, 2012</b>		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda*/Vridhdi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Carcare, Switzerland <b>Sun 26 Sutra 358</b> Khara 5113	
	Simha Rasi: 14.55	Tithi 13	<b>Gulika</b> 10:54AM – 12:31PM	<b>Purvaphalguni*</b> <b>Until 12:48AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:03AM	
	152917268		<b>Yama</b> 7:40AM – 9:17AM	<b>Ganda*</b> <b>Until 5:24PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Moon 2 - Phase 48
Creative Work	Amrita Yoga		<b>Rahu</b> 12:31PM – 2:07PM	<b>Kaulava</b> <b>Until 4:06PM</b>	<b>Nataraja:</b> White		4th Phase
Until 8:04PM then no yoga				<b>Trayodasi</b> <b>Until 2:23AM Thu</b>	<b>Chaitra•Panguni</b>		<b>Subha Sivaloka Day</b>
Until 12:48AM Thu then Prabalarishta Yoga				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Thursday, April 5, 2012</b>		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vridhdi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Carcare, Switzerland <b>Sun 27 Sutra 359</b> Khara 5113	
	Simha Rasi: 29.28	Tithi 14	<b>Gulika</b> 9:16AM – 10:53AM	<b>Uttaraphalguni</b> <b>Until 10:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:01AM	
	152917268		<b>Yama</b> 6:01AM – 7:38AM	<b>Vridhdi</b> <b>Until 2:06PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 2 - Phase 48
Routine Work	Prabalarishta Yoga		<b>Rahu</b> 2:08PM – 3:45PM	<b>Gara</b> <b>Until 1:25PM</b>	<b>Nataraja:</b> White		4th Phase
Until 8:04PM then Siddha Yoga				<b>Chaturdasi*</b> <b>Until 11:42PM</b>	<b>Chaitra•Panguni</b>		<b>Subha Sivaloka Day</b>
Until 10:51PM then Amrita Yoga							

<b>○</b>	<b>Friday, April 6, 2012</b>		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau			Carcare, Switzerland <b>Sutra 360</b> Khara 5113	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:37AM – 9:14AM	<b>Hasta</b> <b>Until 8:22PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	
	Kanya Rasi: 14.22	Tithi 15	<b>Yama</b> 3:45PM – 5:23PM	<b>Dhruva</b> <b>Until 10:18AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 7:01PM	Moon 2 - Phase 48
162917268		<b>Rahu</b> 10:52AM – 12:30PM	<b>Visti</b> <b>Until 10:09AM</b>	<b>Nataraja:</b> White			Purnima
Creative Work	Amrita Yoga			<b>Purnima*</b> <b>Until 8:26PM</b>	<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>
Until 8:04PM then Marana Yoga				<b>Panguni Uttiram</b>			
				<b>Hanuman Jayanti</b>			

<b>○</b>	<b>Saturday, April 7, 2012</b>		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Prathama*/Dvitiya Yam Titau			Carcare, Switzerland <b>Sutra 361</b> Khara 5113	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 5:57AM – 7:35AM	<b>Chitra</b> <b>Until 5:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:57AM	
	Kanya Rasi: 29.26	Tithi 16 – 17	<b>Yama</b> 2:08PM – 3:46PM	<b>Vyaghata*</b> <b>Until 6:11AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 2 - Phase 48
162917268		<b>Rahu</b> 9:13AM – 10:52AM	<b>Balava</b> <b>Until 6:33AM</b>	<b>Nataraja:</b> White			Prathama
Routine Work	Marana Yoga			<b>Prathama*</b> <b>Until 4:50PM</b>	<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>
Until 5:33PM then Siddha Yoga							





**Sunday, April 8, 2012**  
**Gold Retreat Star**

Tula Rasi: 14.35      Tithi 17 – 18  
162917268  
Creative Work    Siddha Yoga  
Until 2:40PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Visakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    3:46PM – 5:25PM    **Svati Until 2:40PM**  
**Yama**      12:29PM – 2:08PM    **Vajra\* Until 10:01PM**  
**Rahu**      5:25PM – 7:03PM      **Vanija Until 11:26PM**  
**Dvitiya Until 1:09PM**

**Ganesha:** White    *Sunrise: 5:55AM*  
**Muruqa:** White    *Sunset: 7:03PM*  
**Nataraja:** White  
Moon – Green  
**Chaitra•Panguni**

Carcare, Switzerland  
**Sun 1    Sutra 362**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**Sivaloka Day**

**1**

**Monday, April 9, 2012**

Tula Rasi: 29.37      Tithi 18 – 19  
172917268  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 11:58AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    2:08PM – 3:47PM    **Visakha Until 11:58AM**  
**Yama**      10:50AM – 12:29PM    **Siddhi Until 6:00PM**  
**Rahu**      7:33AM – 9:11AM      **Bava Until 7:55PM**  
**Tritiya Until 9:38AM**

**Ganesha:** Clear    *Sunrise: 5:54AM*  
**Muruqa:** White    *Sunset: 7:05PM*  
**Nataraja:** White  
Moon – Orange  
**Chaitra•Panguni**

Carcare, Switzerland  
**Sun 2    Sutra 363**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**Subha Sivaloka Day**

**2**

**Tuesday, April 10, 2012**

Vrischika Rasi: 14.24      Tithi 19 – 20  
172117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Balava/Taitila Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    12:29PM – 2:08PM    **Anuradha Until 9:53AM**  
**Yama**      9:10AM – 10:50AM    **Vyatipata\* Until 2:53PM**  
**Rahu**      3:47PM – 5:27PM      **Taitila Until 4:43AM Wed**  
**Chaturthi\* Until 6:34AM**

**Ganesha:** Red    *Sunrise: 5:52AM*  
**Muruqa:** White    *Sunset: 7:06PM*  
**Nataraja:** White  
Moon – Orange  
**Chaitra•Panguni**

Carcare, Switzerland  
**Sun 3    Sutra 364**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**Subha Sivaloka Day**

**3**

**Wednesday, April 11, 2012**

Vrischika Rasi: 28.52      Tithi 21  
173117268  
Creative Work    Siddha Yoga  
Until 7:57AM then Marana Yoga  
Until 8:02PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    10:49AM – 12:29PM    **Jyeshtha\* Until 7:57AM**  
**Yama**      7:30AM – 9:09AM      **Variyan Until 11:31AM**  
**Rahu**      12:29PM – 2:08PM      **Gara Until 2:55PM**  
**Shasthi\* Until 2:00AM Thu**

**Ganesha:** Blue    *Sunrise: 5:50AM*  
**Muruqa:** White    *Sunset: 7:07PM*  
**Nataraja:** White  
Moon – Orange  
**Chaitra•Panguni**

Carcare, Switzerland  
**Sun 4    Sutra 365**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**Subha Subha Sivaloka Day**

**4**

**Thursday, April 12, 2012**

Dhanus Rasi: 12.56      Tithi 22  
183117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    9:08AM – 10:48AM    **Mula\* Until 6:41AM**  
**Yama**      5:48AM – 7:28AM      **Parigha\* Until 8:45AM**  
**Rahu**      2:08PM – 3:48PM      **Visti Until 12:54PM**  
**Saptami Until 11:58PM**

**Ganesha:** Red    *Sunrise: 5:48AM*  
**Muruqa:** White    *Sunset: 7:08PM*  
**Nataraja:** White  
Moon – Light Blue  
**Chaitra•Panguni**

Carcare, Switzerland  
**Sun 5    Sutra 366**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase

**Subha Sivaloka Day**



**Friday, April 13, 2012**  
**Retreat Star**

Dhanus Rasi: 26.37      Tithi 23  
183117268  
Creative Work    Siddha Yoga  
Until 8:02PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    7:27AM – 9:07AM    **Purvashadha\* Until 6:05AM**  
**Yama**      3:49PM – 5:29PM      **Shiva Until 6:40AM**  
**Rahu**      10:48AM – 12:28PM    **Balava Until 12:04PM**  
**Ashtami\* Until 12:04AM Sat**

**Ganesha:** Red    *Sunrise: 5:47AM*  
**Muruqa:** White    *Sunset: 7:09PM*  
**Nataraja:** White  
Moon – Light Blue  
**Chaitra•Chaitra**

Carcare, Switzerland  
**Sun 6    Sutra 1**  
Nandana 5114  
Moon 3 - Phase 49  
Ashtami

**Subha Sivaloka Day**

**Saturday, April 14, 2012**  
**Retreat Star**

Makara Rasi: 9.56      Tithi 24  
283117268  
No Yoga  
Until 6:07AM then Siddha Yoga  
Until 8:02PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    5:45AM – 7:26AM    **Uttarashadha Until 6:07AM**  
**Yama**      2:08PM – 3:49PM      **Sadhya Until 3:53AM Sun**  
**Rahu**      9:06AM – 10:47AM    **Taitila Until 11:24AM**  
**Navami\* Until 11:24PM**

**Ganesha:** Blue    *Sunrise: 5:45AM*  
**Muruqa:** White    *Sunset: 7:11PM*  
**Nataraja:** White  
Moon – Light Blue  
**Chaitra•Chaitra**

Carcare, Switzerland  
**Sun 7    Sutra 2**  
Nandana 5114  
Moon 3 - Phase 49  
Navami

**Subha Subha Sivaloka Day**

**Chidambaram Abhishekam**


<b>1</b>	<b>Sunday, April 15, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Carcare, Switzerland
		Sravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dasami Yam Titau			<b>Sun 8 Sutra 3</b>
Makara Rasi: 22.55	Tithi 25	<b>Gulika</b> 3:50PM – 5:31PM	<b>Sravana Until 6:46AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:43AM</i>	Nandana 5114
	293117268	<b>Yama</b> 12:28PM – 2:09PM	<b>Subha Until 2:48AM Mon</b>	<b>Muruqa:</b> White <i>Sunset: 7:12PM</i>	Moon 3 - Phase 1
Creative Work Amrita Yoga		<b>Rahu</b> 5:31PM – 7:12PM	<b>Vanija Until 11:23AM</b>	<b>Nataraja:</b> White	2nd Phase
Until 6:46AM then Siddha Yoga			<b>Dasami Until 11:23PM</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Monday, April 16, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam			Carcare, Switzerland
		Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau			<b>Sun 9 Sutra 4</b>
Kumbha Rasi: 5.38	Tithi 26	<b>Gulika</b> 2:09PM – 3:50PM	<b>Dhanishtha Until 8:05AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:42AM</i>	Nandana 5114
<b>Family Home Evening</b>	293117268	<b>Yama</b> 10:46AM – 12:27PM	<b>Sukla Until 3:45AM Tue</b>	<b>Muruqa:</b> White <i>Sunset: 7:13PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		<b>Rahu</b> 7:23AM – 9:04AM	<b>Bava Until 11:56AM</b>	<b>Nataraja:</b> White	2nd Phase
Until 8:01PM then Marana Yoga			<b>Ekadasi* Until 11:56PM</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Tuesday, April 17, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam			Carcare, Switzerland
		Satabhisha/Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi* Yam Titau			<b>Sun 10 Sutra 5</b>
Kumbha Rasi: 18.07	Tithi 27	<b>Gulika</b> 12:27PM – 2:09PM	<b>Satabhisha Until 9:47AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:40AM</i>	Nandana 5114
	293117268	<b>Yama</b> 9:03AM – 10:45AM	<b>Brahma Until 3:32AM Wed</b>	<b>Muruqa:</b> White <i>Sunset: 7:14PM</i>	Moon 3 - Phase 1
Routine Work Marana Yoga		<b>Rahu</b> 3:51PM – 5:32PM	<b>Kaulava Until 1:33PM</b>	<b>Nataraja:</b> White	2nd Phase
Until 8:01PM then Amrita Yoga			<b>Dvadasi* Until 2:39AM Wed</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Wednesday, April 18, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam			Carcare, Switzerland
		Purvaprostapada*/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayadasi* Yam Titau			<b>Sun 11 Sutra 6</b>
Meena Rasi: 0.24	Tithi 28	<b>Gulika</b> 10:45AM – 12:27PM	<b>Purvaprostapada* Until 11:53AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:38AM</i>	Nandana 5114
	213117268	<b>Yama</b> 7:20AM – 9:03AM	<b>Indra Until 3:39AM Thu</b>	<b>Muruqa:</b> White <i>Sunset: 7:15PM</i>	Moon 3 - Phase 1
Creative Work Amrita Yoga		<b>Rahu</b> 12:27PM – 2:09PM	<b>Gara Until 3:03PM</b>	<b>Nataraja:</b> White	2nd Phase
Until 11:53AM then Siddha Yoga			<b>Trayadasi* Until 4:09AM Thu</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Thursday, April 19, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam			Carcare, Switzerland
		Uttaraprostapada*/Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			<b>Sun 12 Sutra 7</b>
Meena Rasi: 12.32	Tithi 29	<b>Gulika</b> 9:02AM – 10:44AM	<b>Uttaraprostapada Until 2:17PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:37AM</i>	Nandana 5114
	213117268	<b>Yama</b> 5:37AM – 7:19AM	<b>Vaidhriti* Until 4:04AM Fri</b>	<b>Muruqa:</b> White <i>Sunset: 7:17PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		<b>Rahu</b> 2:09PM – 3:52PM	<b>Visti Until 4:54PM</b>	<b>Nataraja:</b> White	2nd Phase
			<b>Chaturdasi* Until 5:59AM Fri</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>

	<b>Friday, April 20, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam			Carcare, Switzerland
	<b>Retreat Star</b>	Revati/Asvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasya* Yam Titau			<b>Sun 13 Sutra 8</b>
Meena Rasi: 24.32	Tithi 30	<b>Gulika</b> 7:18AM – 9:01AM	<b>Revati Until 4:57PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:35AM</i>	Nandana 5114
	213117268	<b>Yama</b> 3:52PM – 5:35PM	<b>Vishkambha* Until 4:43AM Sat</b>	<b>Muruqa:</b> White <i>Sunset: 7:18PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		<b>Rahu</b> 10:44AM – 12:26PM	<b>Catuspada Until 7:02PM</b>	<b>Nataraja:</b> White	Amavasya
Until 4:57PM then Amrita Yoga			<b>Amavasya* Until 8:17AM Sat</b>	<b>Chaitra-Chaitra</b>	<b>Subha Sivaloka Day</b>
Until 8:00PM then Siddha Yoga					

<b>6</b>	<b>Saturday, April 21, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Carcare, Switzerland
	<b>Retreat Star</b>	Asvini Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			<b>Sun 14 Sutra 9</b>
Mesha Rasi: 6.26	Tithi 30 – 1	<b>Gulika</b> 5:33AM – 7:17AM	<b>Asvini Until 7:49PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:33AM</i>	Nandana 5114
	223117268	<b>Yama</b> 2:09PM – 3:53PM	<b>Priti Until 5:34AM Sun</b>	<b>Muruqa:</b> White <i>Sunset: 7:19PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		<b>Rahu</b> 9:00AM – 10:43AM	<b>Kintughna Until 9:23PM</b>	<b>Nataraja:</b> White	Prathama
Until 8:00PM then no yoga			<b>Amavasya* Until 8:17AM</b>	<b>Vaisaka-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>1</b>	<b>Sunday, April 22, 2012</b>	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama* Dvitiya Yam Titau	Carcare, Switzerland
	Mesha Rasi: 18.15      Tithi 1 – 2 223117268	<b>Gulika</b> 3:53PM – 5:37PM <b>Yama</b> 12:26PM – 2:10PM <b>Rahu</b> 5:37PM – 7:20PM	<b>Sun 15 Sutra 10</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
No Yoga Until 8.00PM then Siddha Yoga Until 10:50PM then no yoga		<b>Bharani Until 10:50PM</b> Ayushman Until 7:00AM Mon Balava Until 11:54PM <b>Prathama* Until 10:48AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> White <i>Sunset:</i> 7:20PM <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>
		<b>Subha Sivaloka Day</b>	

<b>2</b>	<b>Monday, April 23, 2012</b>	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Carcare, Switzerland
	Wrishabha Rasi: 0.02      Tithi 2 – 3 <b>Family Home Evening</b> 223117268	<b>Gulika</b> 2:10PM – 3:54PM <b>Yama</b> 10:42AM – 12:26PM <b>Rahu</b> 7:14AM – 8:58AM	<b>Sun 16 Sutra 11</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
No Yoga Until 8.00PM then Siddha Yoga Until 1:56AM Tue then Amrita Yoga		<b>Krittika Until 1:56AM Tue</b> Ayushman Until 7:00AM Taitila Until 2:30AM Tue <b>Dvitiya Until 1:24PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> White <i>Sunset:</i> 7:22PM <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>
		<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Tuesday, April 24, 2012</b>	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Carcare, Switzerland
	Wrishabha Rasi: 11.49      Tithi 3 – 4 233117269	<b>Gulika</b> 12:26PM – 2:10PM <b>Yama</b> 8:57AM – 10:41AM <b>Rahu</b> 3:54PM – 5:38PM	<b>Sun 17 Sutra 12</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
Creative Work      Amrita Yoga Until 7.59PM then Siddha Yoga		<b>Rohini Until 5:02AM Wed</b> Saubhagya Until 8:04AM Vanija Until 5:06AM Wed <b>Tritiya Until 4:00PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> White <i>Sunset:</i> 7:23PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>
		<b>Sivaloka Day</b>	

<b>4</b>	<b>Wednesday, April 25, 2012</b>	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Sobhana/Athiganda* Yoga Visti* Karana Chaturthi* Yam Titau	Carcare, Switzerland
	Wrishabha Rasi: 23.39      Tithi 4 234117269	<b>Gulika</b> 10:41AM – 12:25PM <b>Yama</b> 7:12AM – 8:56AM <b>Rahu</b> 12:25PM – 2:10PM	<b>Sun 18 Sutra 13</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
Creative Work      Siddha Yoga Until 7.59PM then Marana Yoga		<b>Mrigasira Until 8:09AM Thu</b> Sobhana Until 9:02AM Visti Until 7:35AM Thu <b>Chaturthi* Until 6:29PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> White <i>Sunset:</i> 7:24PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>
		<b>Devaloka Day</b>	

<b>5</b>	<b>Thursday, April 26, 2012</b>	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau	Carcare, Switzerland
	Mithuna Rasi: 5.35      Tithi 5 234117269	<b>Gulika</b> 8:55AM – 10:40AM <b>Yama</b> 5:25AM – 7:10AM <b>Rahu</b> 2:10PM – 3:55PM	<b>Sun 19 Sutra 14</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
Routine Work      Marana Yoga Until 7.59PM then Siddha Yoga		<b>Mrigasira Until 8:09AM</b> Athiganda* Until 9:48AM Bava Until 7:39AM <b>Panchami Until 8:44PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> White <i>Sunset:</i> 7:25PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>
		<b>Devaloka Day</b>	

<b>6</b>	<b>Friday, April 27, 2012</b>	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Carcare, Switzerland
	Mithuna Rasi: 17.43      Tithi 6 234117269	<b>Gulika</b> 7:09AM – 8:55AM <b>Yama</b> 3:56PM – 5:41PM <b>Rahu</b> 10:40AM – 12:25PM	<b>Sun 20 Sutra 15</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
Creative Work      Siddha Yoga Until 7.59PM then Marana Yoga		<b>Ardra Until 10:35AM</b> Sukarma Until 10:15AM Kaulava Until 9:31AM <b>Shasthi* Until 10:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> White <i>Sunset:</i> 7:26PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>
		<b>Devaloka Day</b>	

<b>Retreat Star</b>	<b>Saturday, April 28, 2012</b>	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau	Carcare, Switzerland
	Kataka Rasi: 0.04      Tithi 7 244117269	<b>Gulika</b> 5:22AM – 7:08AM <b>Yama</b> 2:11PM – 3:56PM <b>Rahu</b> 8:54AM – 10:39AM	<b>Sun 21 Sutra 16</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase
Routine Work      Marana Yoga Until 12:01PM then Siddha Yoga		<b>Punarvasu Until 12:01PM</b> Dhriti Until 9:57AM Gara Until 10:26AM <b>Saptami Until 10:26PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:22AM <b>Muruqa:</b> White <i>Sunset:</i> 7:28PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>
		<b>Sivaloka Day</b>	

<b>Retreat Star</b>	<b>Sunday, April 29, 2012</b>	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Carcare, Switzerland
	Kataka Rasi: 12.46      Tithi 8 244117269	<b>Gulika</b> 3:57PM – 5:43PM <b>Yama</b> 12:25PM – 2:11PM <b>Rahu</b> 5:43PM – 7:29PM	<b>Sun 22 Sutra 17</b> Nandana 5114 Moon 3 - Phase 2 Ashtami
Creative Work      Siddha Yoga		<b>Pushya Until 1:13PM</b> Shula* Until 9:23AM Visti Until 11:01AM <b>Ashtami* Until 11:01PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> White <i>Sunset:</i> 7:29PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>
		<b>Sivaloka Day</b>	

<b>Retreat Star</b>	<b>Monday, April 30, 2012</b>	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Viddhi Yoga Balava/Kaulava Karana Navami* Yam Titau	Carcare, Switzerland
	Kataka Rasi: 25.5      Tithi 9 <b>Family Home Evening</b> 244117269	<b>Gulika</b> 2:11PM – 3:57PM <b>Yama</b> 10:38AM – 12:25PM <b>Rahu</b> 7:06AM – 8:52AM	<b>Sun 23 Sutra 18</b> Nandana 5114 Moon 3 - Phase 2 Navami
Creative Work      Siddha Yoga		<b>Aslesha* Until 1:08PM</b> Ganda* Until 8:10AM Balava Until 10:26AM <b>Navami* Until 9:30PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:19AM <b>Muruqa:</b> White <i>Sunset:</i> 7:30PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>
		<b>Sivaloka Day</b>	


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Tuesday, May 1, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Carcare, Switzerland
	Simha Rasi: 9.22	Tithi 10	254117269	Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau	<b>Sun 24</b>	<b>Sutra 19</b> Nandana 5114
Creative Work	Siddha Yoga		<b>Gulika</b> 12:24PM – 2:11PM	<b>Magha* Until 12:49PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:17AM	
Until 7.58PM then Amrita Yoga			<b>Yama</b> 8:50AM – 10:37AM	Vriddhi Until 6:10AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:32PM	Moon 3 - Phase 3
			<b>Rahu</b> 3:58PM – 5:45PM	Taitila Until 9:25AM	<b>Nataraja:</b> Clear	4th Phase
				<b>Dasami Until 8:29PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Wednesday, May 2, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Carcare, Switzerland
	Simha Rasi: 23.2	Tithi 11	254117269	Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	<b>Sun 25</b>	<b>Sutra 20</b> Nandana 5114
Creative Work	Amrita Yoga		<b>Gulika</b> 10:37AM – 12:24PM	<b>Purvaphalguni* Until 11:42AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:15AM	
Until 7.58PM then Prabalarishta Yoga			<b>Yama</b> 7:02AM – 8:50AM	Vyaghata* Until 12:54AM Thu	<b>Muruqa:</b> White <i>Sunset:</i> 7:34PM	Moon 3 - Phase 3
			<b>Rahu</b> 12:24PM – 2:12PM	Vanija Until 7:33AM	<b>Nataraja:</b> Clear	4th Phase
				<b>Ekadasi Until 6:37PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Thursday, May 3, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Carcare, Switzerland
	Kanya Rasi: 7.46	Tithi 12 – 13	254117269	Uttaraphalguni*/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	<b>Sun 26</b>	<b>Sutra 21</b> Nandana 5114
Routine Work	Prabalarishta Yoga		<b>Gulika</b> 8:49AM – 10:37AM	<b>Uttaraphalguni Until 9:34AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:14AM	
Until 9:34AM then no yoga			<b>Yama</b> 5:14AM – 7:01AM	Harshana Until 8:38PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:35PM	Moon 3 - Phase 3
Until 7.58PM then Amrita Yoga			<b>Rahu</b> 2:12PM – 4:00PM	Kaulava Until 1:30AM Fri	<b>Nataraja:</b> Clear	4th Phase
				<b>Dvadasi Until 3:13PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
				<i>Pradosha Vrata</i>		

<b>4</b>	<b>Friday, May 4, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Carcare, Switzerland
	Kanya Rasi: 22.35	Tithi 13 – 14	264117269	Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	<b>Sun 27</b>	<b>Sutra 22</b> Nandana 5114
Creative Work	Amrita Yoga		<b>Gulika</b> 7:00AM – 8:48AM	<b>Hasta Until 7:12AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:12AM	
Until 7:12AM then Siddha Yoga			<b>Yama</b> 4:00PM – 5:48PM	Vajra* Until 4:57PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:36PM	Moon 3 - Phase 3
Until 7.58PM then Marana Yoga			<b>Rahu</b> 10:36AM – 12:24PM	Gara Until 10:21PM	<b>Nataraja:</b> Clear	4th Phase
				<b>Trayodasi Until 12:04PM</b>	<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

	<b>Saturday, May 5, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Carcare, Switzerland
	<b>Copper Retreat Star</b>	Tula Rasi: 7.4	Tithi 14 – 15	264217269	Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	<b>Sutra 23</b> Nandana 5114
Creative Work	Siddha Yoga		<b>Gulika</b> 5:11AM – 6:59AM	<b>Svati Until 1:44AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:11AM	
Until 1:44AM Sun then Marana Yoga			<b>Yama</b> 2:12PM – 4:01PM	Siddhi Until 12:53PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:37PM	Moon 3 - Phase 3
			<b>Rahu</b> 8:48AM – 10:36AM	Visti Until 6:43PM	<b>Nataraja:</b> Clear	Purnima
				<b>Chaturdasi* Until 8:26AM</b>	<b>Vaisaka-Chaitra</b>	<b>Subha Sivaloka Day</b>

	<b>Sunday, May 6, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Carcare, Switzerland
	<b>Silver Retreat Star</b>	Tula Rasi: 22.52	Tithi 16	274217269	Visakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau	<b>Sutra 24</b> Nandana 5114
Routine Work	Marana Yoga		<b>Gulika</b> 4:01PM – 5:50PM	<b>Visakha Until 10:44PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:10AM	
Until 10:44PM then Siddha Yoga			<b>Yama</b> 12:24PM – 2:13PM	Vyatipata* Until 8:37AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:38PM	Moon 3 - Phase 3
			<b>Rahu</b> 5:50PM – 7:38PM	Balava Until 2:53PM	<b>Nataraja:</b> Clear	Prathama
				<b>Prathama* Until 1:10AM Mon</b>	<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>