



**Tuesday, April 19, 2011**  
**Gold Retreat Star**

Tula Rasi: 19.32      Tithi 17  
272456158  
Creative Work    Siddha Yoga  
Until 6:44AM then Marana Yoga  
Until 9:01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    12:46PM – 2:10PM    **Svati Until 6:44AM**  
**Yama**        9:59AM – 11:23AM      **Siddhi Until 7:33PM**  
**Rahu**        3:33PM – 4:57PM        **Taitila Until 11:31AM**  
**Dvitiya Until 9:48PM**

Cape Town, South Africa  
**Sutra 7**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
Ganesha: White    *Sunrise: 7:12AM*  
Muruqa: Yellow    *Sunset: 6:20PM*  
Nataraja: Clear  
Moon – Green  
Chaitra-Chaitra



**Wednesday, April 20, 2011**

Wrishchika Rasi: 4.15      Tithi 18  
272456158  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    11:23AM – 12:46PM    **Anuradha Until 3:17AM Thu**  
**Yama**        8:36AM – 9:59AM      **Vyatipata\* Until 4:42PM**  
**Rahu**        12:46PM – 2:09PM      **Vanija Until 8:44AM**  
**Tritiya Until 7:49PM**

Cape Town, South Africa  
**Sutra 8**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow    *Sunrise: 7:13AM*  
Muruqa: Yellow    *Sunset: 6:19PM*  
Nataraja: Clear  
Moon – Orange  
Chaitra-Chaitra



**Thursday, April 21, 2011**

Wrishchika Rasi: 18.32      Tithi 19 – 20  
272456158  
Creative Work    Siddha Yoga  
Until 9:00PM then Prabalarishta Yoga  
Until 1:39AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    10:00AM – 11:23AM    **Jyeshtha\* Until 1:39AM Fri**  
**Yama**        7:14AM – 8:37AM      **Variyan Until 1:36PM**  
**Rahu**        2:09PM – 3:32PM      **Bava Until 6:18AM**  
**Chaturthi\* Until 5:23PM**

Cape Town, South Africa  
**Sutra 9**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow    *Sunrise: 7:14AM*  
Muruqa: Yellow    *Sunset: 6:18PM*  
Nataraja: Clear  
Moon – Orange  
Chaitra-Chaitra



**Friday, April 22, 2011**

Dhanus Rasi: 2.22      Tithi 20 – 21  
282456158  
No Yoga  
Until 9:00PM then Siddha Yoga  
Until 2:15AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    8:37AM – 10:00AM    **Mula\* Until 2:15AM Sat**  
**Yama**        3:31PM – 4:54PM      **Parigha\* Until 11:38AM**  
**Rahu**        11:23AM – 12:45PM    **Gara Until 4:38AM Sat**  
**Panchami Until 4:38PM**

Cape Town, South Africa  
**Sutra 10**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
Ganesha: Blue      *Sunrise: 7:14AM*  
Muruqa: Yellow    *Sunset: 6:17PM*  
Nataraja: Clear  
Moon – Light Blue  
Chaitra-Chaitra



**Saturday, April 23, 2011**

Dhanus Rasi: 15.43      Tithi 21 – 22  
282466158  
Routine Work    Marana Yoga  
Until 9:00PM then Siddha Yoga  
Until 2:14AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    7:15AM – 8:38AM      **Purvashadha\* Until 2:14AM Sun**  
**Yama**        2:08PM – 3:30PM      **Shiva Until 9:56AM**  
**Rahu**        10:00AM – 11:23AM    **Visti Until 3:54AM Sun**  
**Shasthi\* Until 3:54PM**

Cape Town, South Africa  
**Sutra 11**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
Ganesha: Blue      *Sunrise: 7:15AM*  
Muruqa: Red        *Sunset: 6:16PM*  
Nataraja: Clear  
Moon – Light Blue  
Chaitra-Chaitra



**Sunday, April 24, 2011**

Dhanus Rasi: 28.37      Tithi 22 – 23  
282466158  
Creative Work    Amrita Yoga  
Until 9:00PM then Marana Yoga  
Until 3:01AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    3:30PM – 4:52PM      **Uttarashadha Until 3:01AM Mon**  
**Yama**        12:45PM – 2:07PM      **Siddha Until 9:00AM**  
**Rahu**        4:52PM – 6:14PM      **Balava Until 4:02AM Mon**  
**Saptami Until 4:02PM**

Cape Town, South Africa  
**Sutra 12**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
Ganesha: Blue      *Sunrise: 7:16AM*  
Muruqa: Red        *Sunset: 6:14PM*  
Nataraja: Clear  
Moon – Light Blue  
Chaitra-Chaitra



**Monday, April 25, 2011**  
**Retreat Star**

Makara Rasi: 11.1      Tithi 23 – 24  
293466159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 9:00PM then Siddha Yoga  
Until 6:21AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    2:07PM – 3:29PM      **Sravana Until 6:21AM Tue**  
**Yama**        11:23AM – 12:45PM    **Sadhya Until 8:54AM**  
**Rahu**        8:39AM – 10:01AM    **Taitila Until 6:59AM Tue**  
**Ashtami\* Until 5:54PM**


Cape Town, South Africa  
**Sutra 13**  
Khara 5113  
Moon 4 - Phase 1  
Ashtami  
**Devaloka Day**  
Ganesha: Green     *Sunrise: 7:17AM*  
Muruqa: Red        *Sunset: 6:13PM*  
Nataraja: Purple  
Moon – Purple  
Chaitra-Chaitra

**Tuesday, April 26, 2011**  
**Retreat Star**

Makara Rasi: 23.25      Tithi 24  
293466159  
Routine Work    Marana Yoga  
Until 8:59PM then Prabalarishta Yoga  
Until 8:24AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    12:45PM – 2:07PM    **Dhanishtha Until 8:24AM Wed**  
**Yama**        10:01AM – 11:23AM    **Subha Until 9:05AM**  
**Rahu**        3:29PM – 4:50PM      **Taitila Until 6:22AM**  
**Navami\* Until 7:28PM**

Cape Town, South Africa  
**Sutra 14**  
Khara 5113  
Moon 4 - Phase 1  
Navami  
**Devaloka Day**  
Ganesha: Green     *Sunrise: 7:17AM*  
Muruqa: Red        *Sunset: 6:12PM*  
Nataraja: Purple  
Moon – Purple  
Chaitra-Chaitra

<b>1</b>	<b>Wednesday, April 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau	Cape Town, South Africa
	<b>Sutra 15</b> Khara 5113		
Kumbha Rasi: 5.28	Tithi 25	293566159	
Routine Work	Prabalarishta Yoga		
Until 8:24AM then Siddha Yoga			
Until 8.59PM then Marana Yoga			
<b>Gulika</b>	<b>11:23AM – 12:45PM</b>	<b>Dhanishtha Until 8:24AM</b>	<b>Ganesha: Red</b> <i>Sunrise: 7:18AM</i>
<b>Yama</b>	<b>8:40AM – 10:01AM</b>	<b>Sukla Until 9:39AM</b>	<b>Muruqa: Red</b> <i>Sunset: 6:11PM</i>
<b>Rahu</b>	<b>12:45PM – 2:06PM</b>	<b>Vanija Until 8:22AM</b>	<b>Nataraja: Purple</b> Moon – Purple
		<b>Dasami Until 9:28PM</b>	<b>Chaitra-Chaitra</b>
			<b>Sivaloka Day</b>
<b>2</b>	<b>Thursday, April 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau	Cape Town, South Africa
	<b>Sutra 16</b> Khara 5113		
Kumbha Rasi: 17.24	Tithi 26	293566159	
Routine Work	Marana Yoga		
Until 11:12AM then Siddha Yoga			
<b>Gulika</b>	<b>10:02AM – 11:23AM</b>	<b>Satabhisha Until 11:12AM</b>	<b>Ganesha: Red</b> <i>Sunrise: 7:19AM</i>
<b>Yama</b>	<b>7:19AM – 8:40AM</b>	<b>Brahma Until 10:26AM</b>	<b>Muruqa: Red</b> <i>Sunset: 6:10PM</i>
<b>Rahu</b>	<b>2:06PM – 3:27PM</b>	<b>Bava Until 10:38AM</b>	<b>Nataraja: Purple</b> Moon – Purple
		<b>Ekadasi* Until 11:44PM</b>	<b>Chaitra-Chaitra</b>
			<b>Sivaloka Day</b>
<b>3</b>	<b>Friday, April 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau	Cape Town, South Africa
	<b>Sutra 17</b> Khara 5113		
Kumbha Rasi: 29.16	Tithi 27	213566159	
Creative Work	Siddha Yoga		
Until 5:03PM then Prabalarishta Yoga			
Until 8.59PM then Amrita Yoga			
<b>Gulika</b>	<b>8:41AM – 10:02AM</b>	<b>Purvaprostapada* Until 2:07PM</b>	<b>Ganesha: Clear</b> <i>Sunrise: 7:19AM</i>
<b>Yama</b>	<b>3:27PM – 4:48PM</b>	<b>Indra Until 11:20AM</b>	<b>Muruqa: Red</b> <i>Sunset: 6:09PM</i>
<b>Rahu</b>	<b>11:23AM – 12:44PM</b>	<b>Kaulava Until 1:02PM</b>	<b>Nataraja: Purple</b> Moon – Clear
		<b>Dvadasi* Until 2:08AM Sat</b>	<b>Chaitra-Chaitra</b>
			<b>Sivaloka Day</b>
<b>4</b>	<b>Saturday, April 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Cape Town, South Africa
	<b>Sutra 18</b> Khara 5113		
Meena Rasi: 11.08	Tithi 28	213566159	
Creative Work	Siddha Yoga		
Until 5:03PM then Prabalarishta Yoga			
Until 8.59PM then Amrita Yoga			
<b>Gulika</b>	<b>7:20AM – 8:41AM</b>	<b>Uttaraprostapada Until 5:03PM</b>	<b>Ganesha: Clear</b> <i>Sunrise: 7:20AM</i>
<b>Yama</b>	<b>2:05PM – 3:26PM</b>	<b>Vaidhriti* Until 12:15PM</b>	<b>Muruqa: Red</b> <i>Sunset: 6:08PM</i>
<b>Rahu</b>	<b>10:02AM – 11:23AM</b>	<b>Gara Until 3:27PM</b>	<b>Nataraja: Purple</b> Moon – Clear
		<b>Trayodasi* Until 4:33AM Sun</b>	<b>Chaitra-Chaitra</b>
			<i>Pradosha Vrata (Fasting)</i>
			<b>Sivaloka Day</b>
<b>5</b>	<b>Sunday, May 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Cape Town, South Africa
	<b>Sutra 19</b> Khara 5113		
Meena Rasi: 23.02	Tithi 29	213566159	
Creative Work	Amrita Yoga		
Until 7:55PM then Siddha Yoga			
<b>Gulika</b>	<b>3:26PM – 4:46PM</b>	<b>Revati Until 7:55PM</b>	<b>Ganesha: Clear</b> <i>Sunrise: 7:21AM</i>
<b>Yama</b>	<b>12:44PM – 2:05PM</b>	<b>Vishkambha* Until 1:07PM</b>	<b>Muruqa: Red</b> <i>Sunset: 6:07PM</i>
<b>Rahu</b>	<b>4:46PM – 6:07PM</b>	<b>Visti Until 5:48PM</b>	<b>Nataraja: Purple</b> Moon – Clear
		<b>Chaturdasi* Until 6:54AM Mon</b>	<b>Chaitra-Chaitra</b>
			<b>Sivaloka Day</b>
	<b>Monday, May 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Cape Town, South Africa
	<b>Sutra 20</b> Khara 5113		
Mesha Rasi: 5	Tithi 29 – 30	223566159	
<b>Family Home Evening</b>			
Creative Work	Siddha Yoga		
Until 8.58PM then Marana Yoga			
Until 1:13AM Wed then Amrita Yoga			
<b>Gulika</b>	<b>2:04PM – 3:25PM</b>	<b>Asvini Until 10:40PM</b>	<b>Ganesha: Orange</b> <i>Sunrise: 7:22AM</i>
<b>Yama</b>	<b>11:23AM – 12:44PM</b>	<b>Priti Until 1:51PM</b>	<b>Muruqa: Red</b> <i>Sunset: 6:06PM</i>
<b>Rahu</b>	<b>8:42AM – 10:03AM</b>	<b>Catuspada Until 7:59PM</b>	<b>Nataraja: Purple</b> Moon – White
		<b>Chaturdasi* Until 6:54AM</b>	<b>Chaitra-Chaitra</b>
			<b>Sivaloka Day</b>
<b>Tuesday, May 3, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Cape Town, South Africa
	<b>Sutra 21</b> Khara 5113		
Mesha Rasi: 17.04	Tithi 30 – 1	223566159	
Creative Work	Siddha Yoga		
Until 8.58PM then Marana Yoga			
Until 1:13AM Wed then Amrita Yoga			
<b>Gulika</b>	<b>12:44PM – 2:04PM</b>	<b>Bharani Until 1:13AM Wed</b>	<b>Ganesha: Orange</b> <i>Sunrise: 7:22AM</i>
<b>Yama</b>	<b>10:03AM – 11:23AM</b>	<b>Ayushman Until 2:25PM</b>	<b>Muruqa: Red</b> <i>Sunset: 6:05PM</i>
<b>Rahu</b>	<b>3:25PM – 4:45PM</b>	<b>Kintughna Until 9:59PM</b>	<b>Nataraja: Purple</b> Moon – White
		<b>Amavasya* Until 8:53AM</b>	<b>Vaisaka-Chaitra</b>
			<b>Sivaloka Day</b>

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Wednesday, May 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Cape Town, South Africa	
	Mesha Rasi: 29.14	Tithi 1 – 2		<b>Sutra 22</b> Khara 5113	
	223566159	<b>Gulika</b> 11:24AM – 12:44PM <b>Yama</b> 8:43AM – 10:03AM <b>Rahu</b> 12:44PM – 2:04PM	<b>Krittika Until 3:31AM Thu</b> Saubhagya Until 2:45PM Balava Until 11:42PM <b>Prathama* Until 10:37AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:23AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:04PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>
		Creative Work Amrita Yoga Until 8.58PM then Marana Yoga			


<b>2</b>	<b>Thursday, May 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Cape Town, South Africa	
	Wrishabha Rasi: 11.34	Tithi 2 – 3		<b>Sutra 23</b> Khara 5113	
	233566159	<b>Gulika</b> 10:04AM – 11:24AM <b>Yama</b> 7:24AM – 8:44AM <b>Rahu</b> 2:04PM – 3:23PM	<b>Rohini Until 5:33AM Fri</b> Sobhana Until 2:50PM Taitila Until 11:31PM <b>Dvitiya Until 11:31AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:24AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:03PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>
		Routine Work Marana Yoga Until 5:33AM Fri then Siddha Yoga			

<b>3</b>	<b>Friday, May 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Cape Town, South Africa	
	Wrishabha Rasi: 24.03	Tithi 3 – 4		<b>Sutra 24</b> Khara 5113	
	233566159	<b>Gulika</b> 8:44AM – 10:04AM <b>Yama</b> 3:23PM – 4:43PM <b>Rahu</b> 11:24AM – 12:44PM	<b>Mrigasira Until 5:17AM Sat</b> Athiganda* Until 1:59PM Vanija Until 12:28AM Sat <b>Tritiya Until 12:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:02PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>
		Creative Work Siddha Yoga			

<b>4</b>	<b>Saturday, May 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Cape Town, South Africa	
	Mithuna Rasi: 6.45	Tithi 4 – 5		<b>Sutra 25</b> Khara 5113	
	233566159	<b>Gulika</b> 7:25AM – 8:45AM <b>Yama</b> 2:03PM – 3:23PM <b>Rahu</b> 10:04AM – 11:24AM	<b>Ardra Until 6:37AM Sun</b> Sukarma Until 1:25PM Bava Until 1:02AM Sun <b>Chaturthi* Until 1:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:02PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>
		Creative Work Siddha Yoga			

<b>5</b>	<b>Sunday, May 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Cape Town, South Africa	
	Mithuna Rasi: 19.4	Tithi 5 – 6		<b>Sutra 26</b> Khara 5113	
	233566159	<b>Gulika</b> 3:22PM – 4:41PM <b>Yama</b> 12:43PM – 2:03PM <b>Rahu</b> 4:41PM – 6:01PM	<b>Ardra Until 6:37AM</b> Dhriti Until 12:28PM Kaulava Until 1:07AM Mon <b>Panchami Until 1:07PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:26AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:01PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>
		Creative Work Siddha Yoga Until 8.58PM then Amrita Yoga	<b>Mother's Day</b>		

<b>6</b>	<b>Monday, May 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Cape Town, South Africa	
	Kataka Rasi: 2.51	Tithi 6 – 7		<b>Sutra 27</b> Khara 5113	
	244566159	<b>Gulika</b> 2:02PM – 3:22PM <b>Yama</b> 11:24AM – 12:43PM <b>Rahu</b> 8:46AM – 10:05AM	<b>Punarvasu Until 6:53AM</b> Shula* Until 11:04AM Gara Until 11:15PM <b>Shasthi* Until 12:10PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:27AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:00PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	Moon 4 - Phase 3 3rd Phase <b>Sivaloka Day</b>
		Creative Work Amrita Yoga Until 6:53AM then Siddha Yoga			

	<b>Tuesday, May 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Cape Town, South Africa	
	<b>Retreat Star</b>			<b>Sutra 28</b> Khara 5113	
	Kataka Rasi: 16.2	Tithi 7 – 8			
	244566159	<b>Gulika</b> 12:43PM – 2:02PM <b>Yama</b> 10:05AM – 11:24AM <b>Rahu</b> 3:21PM – 4:40PM	<b>Pushya Until 6:34AM</b> Ganda* Until 8:56AM Visti Until 10:17PM <b>Saptami Until 11:13AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:28AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:59PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	Moon 4 - Phase 3 Ashtami <b>Sivaloka Day</b>
		Creative Work Siddha Yoga			

<b>7</b>	<b>Wednesday, May 11, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Cape Town, South Africa	
	<b>Retreat Star</b>			<b>Sutra 29</b> Khara 5113	
	Simha Rasi: 0.08	Tithi 8 – 9			
	254566159	<b>Gulika</b> 11:25AM – 12:43PM <b>Yama</b> 8:47AM – 10:06AM <b>Rahu</b> 12:43PM – 2:02PM	<b>Magha* Until 4:37AM Thu</b> Vridhhi Until 6:38AM Balava Until 8:44PM <b>Ashtami* Until 9:40AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:28AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:59PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>	Moon 4 - Phase 3 Navami <b>Devaloka Day</b>
		Creative Work Siddha Yoga Until 8.58PM then Amrita Yoga Until 4:37AM Thu then no yoga			

<b>1</b>	<b>Thursday, May 12, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Cape Town, South Africa
	Simha Rasi: 14.17      Tithi 9 – 10 No Yoga Until 8.58PM then Siddha Yoga	254566159	<b>Gulika</b> 10:06AM – 11:25AM <b>Yama</b> 7:29AM – 8:48AM <b>Rahu</b> 2:02PM – 3:20PM	<b>Purvaphalguni*</b> Until 3:14AM Fri <b>Vyaghata*</b> Until 1:08AM Fri Taitila Until 6:35PM <b>Navami*</b> Until 7:31AM	<b>Sutra 30</b> Khara 5113 Moon 4 - Phase 4 4th Phase <b>Devaloka Day</b>

<b>2</b>	<b>Friday, May 13, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadasi Yam Titau			Cape Town, South Africa
	Simha Rasi: 28.43      Tithi 11 Creative Work      Siddha Yoga Until 8.58PM then Marana Yoga	254566159	<b>Gulika</b> 8:48AM – 10:07AM <b>Yama</b> 3:20PM – 4:38PM <b>Rahu</b> 11:25AM – 12:43PM	<b>Uttaraphalguni</b> Until 12:04AM Sat Harshana Until 8:51PM Vanija Until 3:10PM <b>Ekadasi</b> Until 1:27AM Sat	<b>Sutra 31</b> Khara 5113 Moon 4 - Phase 4 4th Phase <b>Devaloka Day</b>

<b>3</b>	<b>Saturday, May 14, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadasi Yam Titau			Cape Town, South Africa
	Kanya Rasi: 13.23      Tithi 12 Routine Work      Marana Yoga Until 8.58PM then Amrita Yoga Until 9:54PM then Siddha Yoga	264566159	<b>Gulika</b> 7:31AM – 8:49AM <b>Yama</b> 2:01PM – 3:20PM <b>Rahu</b> 10:07AM – 11:25AM	<b>Hasta</b> Until 9:54PM <b>Vajra*</b> Until 5:23PM Bava Until 12:14PM <b>Dvadasi</b> Until 10:31PM	<b>Sutra 32</b> Khara 5113 Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Sunday, May 15, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Cape Town, South Africa
	Kanya Rasi: 28.13      Tithi 13 Creative Work      Siddha Yoga Until 8.58PM then Amrita Yoga	264566159	<b>Gulika</b> 3:19PM – 4:37PM <b>Yama</b> 12:43PM – 2:01PM <b>Rahu</b> 4:37PM – 5:55PM	<b>Chitra</b> Until 7:31PM Siddhi Until 1:41PM Kaulava Until 9:02AM <b>Trayodasi</b> Until 7:19PM <i>Pradosha Vrata</i>	<b>Sutra 33</b> Khara 5113 Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>

<b>5</b>	<b>Monday, May 16, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Vyalipata*Variyan Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau			Cape Town, South Africa
	Tula Rasi: 13.05      Tithi 14 – 15 <b>Family Home Evening</b> Creative Work      Amrita Yoga Until 5:04PM then Marana Yoga	264566159	<b>Gulika</b> 2:01PM – 3:19PM <b>Yama</b> 11:24AM – 12:43PM <b>Rahu</b> 8:50AM – 10:08AM	<b>Svati</b> Until 5:04PM Vyatipata* Until 9:57AM Visli Until 2:21AM Tue <b>Chaturdasi*</b> Until 4:04PM	<b>Sutra 34</b> Khara 5113 Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>

<b>○</b>	<b>Tuesday, May 17, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Cape Town, South Africa
	<b>Copper Retreat Star</b> Tula Rasi: 27.51      Tithi 15 – 16 Routine Work      Marana Yoga Until 2:47PM then Siddha Yoga	274566159	<b>Gulika</b> 12:43PM – 2:01PM <b>Yama</b> 10:08AM – 11:26AM <b>Rahu</b> 3:19PM – 4:36PM	<b>Visakha</b> Until 2:47PM Variyan Until 6:23AM Balava Until 11:16PM <b>Purnima*</b> Until 12:59PM	<b>Sutra 35</b> Khara 5113 Moon 4 - Phase 4 Purnima <b>Devaloka Day</b>

<b>○</b>	<b>Wednesday, May 18, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau			Cape Town, South Africa
	<b>Silver Retreat Star</b> Vrischika Rasi: 12.23      Tithi 16 – 17 Creative Work      Siddha Yoga	274566159	<b>Gulika</b> 11:26AM – 12:43PM <b>Yama</b> 8:51AM – 10:08AM <b>Rahu</b> 12:43PM – 2:01PM	<b>Anuradha</b> Until 1:21PM Shiva Until 12:15AM Thu Taitila Until 9:42PM <b>Prathama*</b> Until 10:37AM	<b>Sutra 36</b> Khara 5113 Moon 4 - Phase 4 Prathama <b>Devaloka Day</b>



**Thursday, May 19, 2011**  
**Gold Retreat Star**

Virshika Rasi: 26.35 Tithi 17 - 18  
274566159  
Creative Work Siddha Yoga  
Until 8.58PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika 10:09AM - 11:26AM**  
Yama 7:34AM - 8:51AM  
Rahu 2:01PM - 3:18PM  
**Jyeshtha\* Until 11:51AM**  
Siddha Until 9:19PM  
Vanija Until 7:25PM  
**Dvitiya Until 8:20AM**

Ganesha: Blue *Sunrise: 7:34AM*  
Muruqa: Red *Sunset: 5:53PM*  
Nataraja: Purple  
Moon - Orange  
**Vaisaka-Vaikasi**

Cape Town, South Africa  
**Sun 1 Sutra 37**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Devaloka Day**

**1**

**Friday, May 20, 2011**

Dhanus Rasi: 10.23 Tithi 18 - 19  
284566159  
No Yoga  
Until 11:26AM then Siddha Yoga  
Until 8.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika 8:52AM - 10:09AM**  
Yama 3:18PM - 4:35PM  
Rahu 11:26AM - 12:43PM  
**Mula\* Until 11:26AM**  
Sadhya Until 7:57PM  
Bava Until 6:51PM  
**Tritiya Until 6:51AM**

Ganesha: Red *Sunrise: 7:35AM*  
Muruqa: Red *Sunset: 5:52PM*  
Nataraja: Purple  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Cape Town, South Africa  
**Sun 2 Sutra 38**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Sivaloka Day**

**2**

**Saturday, May 21, 2011**

Dhanus Rasi: 23.46 Tithi 20  
285566159  
Routine Work Marana Yoga  
Until 11:21AM then no yoga  
Until 8.58PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika 7:35AM - 8:53AM**  
Yama 2:01PM - 3:18PM  
Rahu 10:10AM - 11:27AM  
**Purvashadha\* Until 11:21AM**  
Subha Until 6:13PM  
Taitila Until 6:00PM  
**Panchami Until 6:00AM**

Ganesha: Yellow *Sunrise: 7:35AM*  
Muruqa: Red *Sunset: 5:52PM*  
Nataraja: Purple  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Cape Town, South Africa  
**Sun 3 Sutra 39**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Sivaloka Day**

**3**

**Sunday, May 22, 2011**

Makara Rasi: 6.44 Tithi 21  
285666159  
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Sukla/Brahma Yoga Gara Karana Shasthi\* Yam Titau  
**Gulika 3:17PM - 4:34PM**  
Yama 12:44PM - 2:00PM  
Rahu 4:34PM - 5:51PM  
**Uttarashadha Until 12:01PM**  
Sukla Until 5:11PM  
Gara Until 5:59PM  
**Shasthi\* Until 6:44AM Mon**

Ganesha: Red *Sunrise: 7:36AM*  
Muruqa: Red *Sunset: 5:51PM*  
Nataraja: Purple  
Moon - Light Blue  
**Vaisaka-Vaikasi**

Cape Town, South Africa  
**Sun 4 Sutra 40**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Sivaloka Day**

**4**

**Monday, May 23, 2011**

Makara Rasi: 19.22 Tithi 21 - 22  
295666159  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 1:57PM then Siddha Yoga  
Until 8.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika 2:00PM - 3:17PM**  
Yama 11:27AM - 12:44PM  
Rahu 8:54AM - 10:10AM  
**Sravana Until 1:57PM**  
Brahma Until 5:36PM  
Visti Until 7:50PM  
**Shasthi\* Until 6:44AM**

Ganesha: Green *Sunrise: 7:37AM*  
Muruqa: Red *Sunset: 5:50PM*  
Nataraja: Purple  
Moon - Purple  
**Vaisaka-Vaikasi**

Cape Town, South Africa  
**Sun 5 Sutra 41**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Devaloka Day**

**Retreat Star**

**Tuesday, May 24, 2011**

Kumbha Rasi: 1.41 Tithi 22 - 23  
295666159  
Routine Work Marana Yoga  
Until 8.58PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika 12:44PM - 2:00PM**  
Yama 10:11AM - 11:27AM  
Rahu 3:17PM - 4:33PM  
**Dhanishtha Until 3:59PM**  
Indra Until 5:41PM  
Balava Until 9:13PM  
**Saptami Until 8:08AM**

Ganesha: Green *Sunrise: 7:38AM*  
Muruqa: Red *Sunset: 5:50PM*  
Nataraja: Purple  
Moon - Purple  
**Vaisaka-Vaikasi**

Cape Town, South Africa  
**Sun 6 Sutra 42**  
Khara 5113  
Moon 5 - Phase 5  
Ashtami  
**Devaloka Day**

**Wednesday, May 25, 2011**

**Retreat Star**

Kumbha Rasi: 13.47 Tithi 23 - 24  
295666159  
Creative Work Siddha Yoga  
Until 6:26PM then Amrita Yoga  
Until 8.58PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika 11:27AM - 12:44PM**  
Yama 8:55AM - 10:11AM  
Rahu 12:44PM - 2:00PM  
**Satabhisha Until 6:26PM**  
Vaidhriti\* Until 6:11PM  
Taitila Until 11:05PM  
**Ashtami\* Until 10:00AM**

Ganesha: Green *Sunrise: 7:38AM*  
Muruqa: Red *Sunset: 5:50PM*  
Nataraja: Purple  
Moon - Purple  
**Vaisaka-Vaikasi**

Cape Town, South Africa  
**Sun 7 Sutra 43**  
Khara 5113  
Moon 5 - Phase 5  
Navami  
**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

<b>1</b>	<b>Thursday, May 26, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Cape Town, South Africa
	Sun 8	<b>Sutra 44</b> Khara 5113	
Kumbha Rasi: 25.45	Tithi 24 – 25	<b>Gulika</b> 10:11AM – 11:28AM <b>Yama</b> 7:39AM – 8:55AM <b>Rahu</b> 2:00PM – 3:17PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:39AM</i> <b>Muruqa:</b> Red <i>Sunset: 5:49PM</i> <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>
315666159		<b>Purvaprostapada* Until 9:09PM</b> <b>Vishkambha* Until 6:56PM</b> <b>Vanija Until 1:15AM Fri</b> <b>Navami* Until 12:10PM</b>	<b>Sivaloka Day</b>
Creative Work	Siddha Yoga		


<b>2</b>	<b>Friday, May 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Cape Town, South Africa
	Sun 9	<b>Sutra 45</b> Khara 5113	
Meena Rasi: 7.39	Tithi 25 – 26	<b>Gulika</b> 8:56AM – 10:12AM <b>Yama</b> 3:16PM – 4:33PM <b>Rahu</b> 11:28AM – 12:44PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:39AM</i> <b>Muruqa:</b> Red <i>Sunset: 5:49PM</i> <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>
315666159		<b>Uttaraprostapada Until 12:02AM Sat</b> <b>Priti Until 7:48PM</b> <b>Bava Until 3:34AM Sat</b> <b>Dasami Until 2:29PM</b>	<b>Sivaloka Day</b>
Creative Work	Siddha Yoga		
	Until 12:02AM Sat then Prabalarishta Yoga		

<b>3</b>	<b>Saturday, May 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Cape Town, South Africa
	Sun 10	<b>Sutra 46</b> Khara 5113	
Meena Rasi: 19.32	Tithi 26 – 27	<b>Gulika</b> 7:40AM – 8:56AM <b>Yama</b> 2:00PM – 3:16PM <b>Rahu</b> 10:12AM – 11:28AM	<b>Ganesha:</b> Clear <i>Sunrise: 7:40AM</i> <b>Muruqa:</b> Red <i>Sunset: 5:49PM</i> <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>
315666159		<b>Revati Until 2:55AM Sun</b> <b>Ayushman Until 8:42PM</b> <b>Kaulava Until 5:54AM Sun</b> <b>Ekadasi* Until 4:49PM</b>	<b>Sivaloka Day</b>
Routine Work	Prabalarishta Yoga		
	Until 8:59PM then Amrita Yoga		
	Until 2:55AM Sun then Siddha Yoga		

<b>4</b>	<b>Sunday, May 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Tailita Karana Dvadasi* Yam Titau	Cape Town, South Africa
	Sun 11	<b>Sutra 47</b> Khara 5113	
Mesha Rasi: 1.29	Tithi 27	<b>Gulika</b> 3:16PM – 4:32PM <b>Yama</b> 12:44PM – 2:00PM <b>Rahu</b> 4:32PM – 5:48PM	<b>Ganesha:</b> Purple <i>Sunrise: 7:41AM</i> <b>Muruqa:</b> Red <i>Sunset: 5:48PM</i> <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>
325666159		<b>Asvini Until 5:42AM Mon</b> <b>Saubhagya Until 9:30PM</b> <b>Tailita Until 8:08AM Mon</b> <b>Dvadasi* Until 7:02PM</b>	<b>Devaloka Day</b>
Creative Work	Siddha Yoga		

<b>5</b>	<b>Monday, May 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Cape Town, South Africa
	Sun 12	<b>Sutra 48</b> Khara 5113	
Mesha Rasi: 13.31	Tithi 28	<b>Gulika</b> 2:00PM – 3:16PM <b>Yama</b> 11:29AM – 12:44PM <b>Rahu</b> 8:57AM – 10:13AM	<b>Ganesha:</b> Purple <i>Sunrise: 7:41AM</i> <b>Muruqa:</b> Red <i>Sunset: 5:48PM</i> <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>
325666159		<b>Bharani Until 7:56AM Tue</b> <b>Sobhana Until 10:07PM</b> <b>Gara Until 7:57AM</b> <b>Trayodasi* Until 9:03PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Devaloka Day</b>
Creative Work	Siddha Yoga		
	Family Home Evening		
	Until 8:59PM then Siddha Yoga		

<b>6</b>	<b>Tuesday, May 31, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Cape Town, South Africa
	Sun 13	<b>Sutra 49</b> Khara 5113	
Mesha Rasi: 25.42	Tithi 29	<b>Gulika</b> 12:45PM – 2:00PM <b>Yama</b> 10:13AM – 11:29AM <b>Rahu</b> 3:16PM – 4:32PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:42AM</i> <b>Muruqa:</b> Red <i>Sunset: 5:47PM</i> <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>
326666159		<b>Bharani Until 7:56AM</b> <b>Athiganda* Until 10:28PM</b> <b>Visti Until 9:39AM</b> <b>Chaturdasi* Until 10:44PM</b>	<b>Devaloka Day</b>
Creative Work	Siddha Yoga		
	Until 8:59PM then Amrita Yoga		

	<b>Wednesday, June 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Cape Town, South Africa
	Sun 14	<b>Sutra 50</b> Khara 5113	
Vrishabha Rasi: 8.04	Tithi 30	<b>Gulika</b> 11:29AM – 12:45PM <b>Yama</b> 8:58AM – 10:14AM <b>Rahu</b> 12:45PM – 2:00PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:43AM</i> <b>Muruqa:</b> Red <i>Sunset: 5:47PM</i> <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>
326666159		<b>Krittika Until 9:34AM</b> <b>Sukarma Until 9:18PM</b> <b>Catuspada Until 10:31AM</b> <b>Amavasya* Until 10:31PM</b>	<b>Devaloka Day</b>
Creative Work	Amrita Yoga		
	Until 9:34AM then Siddha Yoga		
	Until 8:59PM then Marana Yoga		

<b>Retreat Star</b>	<b>Thursday, June 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Cape Town, South Africa
	Sun 15	<b>Sutra 51</b> Khara 5113	
Vrishabha Rasi: 20.39	Tithi 1	<b>Gulika</b> 10:14AM – 11:29AM <b>Yama</b> 7:43AM – 8:59AM <b>Rahu</b> 2:00PM – 3:16PM	<b>Ganesha:</b> Purple <i>Sunrise: 7:43AM</i> <b>Muruqa:</b> Red <i>Sunset: 5:47PM</i> <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>
336666159		<b>Rohini Until 10:57AM</b> <b>Dhriti Until 8:57PM</b> <b>Kintughna Until 11:17AM</b> <b>Prathama* Until 11:17PM</b>	<b>Devaloka Day</b>
Routine Work	Marana Yoga		
	Until 8:59PM then Siddha Yoga		

<b>1</b>	<b>Friday, June 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Cape Town, South Africa <b>Sun 16</b> <b>Sutra 52</b> Khara 5113
	Mithuna Rasi: 3.28	Tithi 2	<b>Gulika</b> 8:59AM – 10:14AM <b>Yama</b> 3:16PM – 4:31PM <b>Rahu</b> 11:30AM – 12:45PM	<b>Mrigasira Until 11:54AM</b> Shula* Until 8:12PM Balava Until 11:34AM Dvitiya Until 11:34PM
		336666159	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>	Moon 5 - Phase 7 3rd Phase <b>Devaloka Day</b>
<b>2</b>	<b>Saturday, June 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Tailita/Gara Karana Tritiya Yam Titau	Cape Town, South Africa <b>Sun 17</b> <b>Sutra 53</b> Khara 5113
	Mithuna Rasi: 16.31	Tithi 3	<b>Gulika</b> 7:44AM – 8:59AM <b>Yama</b> 2:01PM – 3:16PM <b>Rahu</b> 10:15AM – 11:30AM	<b>Ardra Until 12:26PM</b> Ganda* Until 7:03PM Tailita Until 11:23AM Tritiya Until 11:23PM
		336666159	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>	Moon 5 - Phase 7 3rd Phase <b>Devaloka Day</b>
<b>3</b>	<b>Sunday, June 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi/Dhruva Yoga Vanija/Vishti* Karana Chaturthi* Yam Titau	Cape Town, South Africa <b>Sun 18</b> <b>Sutra 54</b> Khara 5113
	Mithuna Rasi: 29.47	Tithi 4	<b>Gulika</b> 3:16PM – 4:31PM <b>Yama</b> 12:45PM – 2:01PM <b>Rahu</b> 4:31PM – 5:46PM	<b>Punarvasu Until 12:04PM</b> Vriddhi Until 5:30PM Vanija Until 10:23AM Chaturthi* Until 9:27PM
		346666151	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>	Moon 5 - Phase 7 3rd Phase <b>Devaloka Day</b>
<b>4</b>	<b>Monday, June 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau	Cape Town, South Africa <b>Sun 19</b> <b>Sutra 55</b> Khara 5113
	Kataka Rasi: 13.18	Tithi 5	<b>Gulika</b> 2:01PM – 3:16PM <b>Yama</b> 11:31AM – 12:46PM <b>Rahu</b> 9:00AM – 10:15AM	<b>Pushya Until 11:47AM</b> Dhruva Until 2:56PM Bava Until 9:22AM Panchami Until 8:27PM
	<b>Family Home Evening</b>	346666151	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>	Moon 5 - Phase 7 3rd Phase <b>Devaloka Day</b>
<b>5</b>	<b>Tuesday, June 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana* Yoga Kaulava/Tailita Karana Shasthi* Yam Titau	Cape Town, South Africa <b>Sun 20</b> <b>Sutra 56</b> Khara 5113
	Kataka Rasi: 27.01	Tithi 6	<b>Gulika</b> 12:46PM – 2:01PM <b>Yama</b> 10:16AM – 11:31AM <b>Rahu</b> 3:16PM – 4:31PM	<b>Aslesha* Until 11:08AM</b> Vyaghata* Until 12:48PM Kaulava Until 7:59AM Shasthi* Until 7:04PM
		347666151	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>	Moon 5 - Phase 7 3rd Phase <b>Devaloka Day</b>
<b>6</b>	<b>Wednesday, June 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Gara/Vishti* Karana Saptami/Ashtami* Yam Titau	Cape Town, South Africa <b>Sun 21</b> <b>Sutra 57</b> Khara 5113
	Simha Rasi: 10.55	Tithi 7 – 8	<b>Gulika</b> 11:31AM – 12:46PM <b>Yama</b> 9:01AM – 10:16AM <b>Rahu</b> 12:46PM – 2:01PM	<b>Magha* Until 10:09AM</b> Harshana Until 10:21AM Gara Until 6:14AM Saptami Until 5:19PM
		357666151	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>	Moon 5 - Phase 7 3rd Phase <b>Sivaloka Day</b>
	<b>Thursday, June 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Cape Town, South Africa <b>Sun 22</b> <b>Sutra 58</b> Khara 5113
	Simha Rasi: 25	Tithi 8 – 9	<b>Gulika</b> 10:16AM – 11:31AM <b>Yama</b> 7:47AM – 9:02AM <b>Rahu</b> 2:01PM – 3:16PM	<b>Purvaphalguni* Until 8:52AM</b> Vajra* Until 7:37AM Balava Until 2:18AM Fri Ashtami* Until 3:14PM
	<b>Retreat Star</b>	357666151	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:47AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>	Moon 5 - Phase 7 Ashtami <b>Sivaloka Day</b>
	No Yoga			
	Until 8:52AM then Prabalarishta Yoga			
	Until 9:01PM then Siddha Yoga			
<b>Friday, June 10, 2011</b>	<b>Retreat Star</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipala* Yoga Kaulava/Tailita Karana Navami*/Dasami Yam Titau	Cape Town, South Africa <b>Sun 23</b> <b>Sutra 59</b> Khara 5113
	Kanya Rasi: 9.14	Tithi 9 – 10	<b>Gulika</b> 9:02AM – 10:17AM <b>Yama</b> 3:16PM – 4:31PM <b>Rahu</b> 11:32AM – 12:46PM	<b>Uttaraphalguni Until 7:18AM</b> Vyatipala* Until 1:58AM Sat Tailita Until 11:56PM Navami* Until 12:51PM
		357666151	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:47AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>	Moon 5 - Phase 7 Navami <b>Sivaloka Day</b>
	Creative Work Siddha Yoga			
	Until 7:18AM then Amrita Yoga			
	Until 9:01PM then Marana Yoga			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UpR, 570

**1 Saturday, June 11, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Cape Town, South Africa  
 Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 60  
 Khara 5113  
 Kanya Rasi: 23.36 Tithi 10 – 11 367666151 **Gulika** 7:48AM – 9:02AM **Chitra Until 4:24AM Sun** **Ganesha:** White *Sunrise:* 7:48AM  
**Yama** 2:01PM – 3:16PM Variyan Until 10:48PM **Muruqa:** Red *Sunset:* 5:46PM Moon 5 - Phase 8  
**Rahu** 10:17AM – 11:32AM Vanija Until 9:20PM **Nataraja:** Purple 4th Phase  
 Routine Work Marana Yoga **Devaloka Day**  
 Until 9:01PM then Siddha Yoga **Jyeshtha-Vaikasi**

**2 Sunday, June 12, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Cape Town, South Africa  
 Svati Nakshatra Parigha\* Yoga Visti\*/Bava Karana Ekadasi/Dvadasi Yam Titau Sun 25 Sutra 61  
 Khara 5113  
 Tula Rasi: 8.01 Tithi 11 – 12 367666151 **Gulika** 3:16PM – 4:31PM **Svati Until 2:32AM Mon** **Ganesha:** White *Sunrise:* 7:48AM  
**Yama** 12:47PM – 2:01PM Parigha\* Until 7:31PM **Muruqa:** Red *Sunset:* 5:46PM Moon 5 - Phase 8  
**Rahu** 4:31PM – 5:46PM Bava Until 6:38PM **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Devaloka Day**  
 Until 9:01PM then Amrita Yoga **Jyeshtha-Vaikasi**  
 Until 2:32AM Mon then Marana Yoga

**3 Monday, June 13, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Cape Town, South Africa  
 Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 62  
 Khara 5113  
 Tula Rasi: 22.27 Tithi 13 377666151 **Gulika** 2:02PM – 3:16PM **Visakha Until 12:40AM Tue** **Ganesha:** Yellow *Sunrise:* 7:49AM  
**Yama** 11:32AM – 12:47PM Shiva Until 4:15PM **Muruqa:** Red *Sunset:* 5:46PM Moon 5 - Phase 8  
**Rahu** 9:03AM – 10:18AM Kaulava Until 3:55PM **Nataraja:** Purple 4th Phase  
 Routine Work Marana Yoga **Sivaloka Day**  
 Until 2:40AM Tue then Siddha Yoga **Vaikasi Visakam** **Trayodasi Until 3:00AM Tue** **Jyeshtha-Vaikasi**  
*Pradosha Vrata*

**4 Tuesday, June 14, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Cape Town, South Africa  
 Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau Sun 27 Sutra 63  
 Khara 5113  
 Vrishchika Rasi: 6.47 Tithi 14 378666151 **Gulika** 12:47PM – 2:02PM **Anuradha Until 10:57PM** **Ganesha:** White *Sunrise:* 7:49AM  
**Yama** 10:18AM – 11:33AM Siddha Until 1:07PM **Muruqa:** Red *Sunset:* 5:46PM Moon 5 - Phase 8  
**Rahu** 3:16PM – 4:31PM Gara Until 1:22PM **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Subha Sivaloka Day**  
**Chaturdasi\* Until 12:27AM Wed** **Jyeshtha-Vaikasi**

**Wednesday, June 15, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Cape Town, South Africa  
 Jyeshtha\* Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Purnima\* Yam Titau Sutra 64  
 Khara 5113  
 Vrishchika Rasi: 20.57 Tithi 15 378666151 **Gulika** 11:33AM – 12:47PM **Jyeshtha\* Until 9:31PM** **Ganesha:** White *Sunrise:* 7:49AM  
**Yama** 9:04AM – 10:18AM Sadhya Until 10:15AM **Muruqa:** Red *Sunset:* 5:46PM Moon 5 - Phase 8  
**Rahu** 12:47PM – 2:02PM Visti Until 11:08AM **Nataraja:** Purple Purnima  
 Creative Work Siddha Yoga **Subha Sivaloka Day**  
**Purnima\* Until 10:12PM** **Jyeshtha-Ani**

**Thursday, June 16, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Cape Town, South Africa  
 Mula\* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama\* Yam Titau Sutra 65  
 Khara 5113  
 Dhanus Rasi: 4.52 Tithi 16 388766151 **Gulika** 10:19AM – 11:33AM **Mula\* Until 8:31PM** **Ganesha:** Blue *Sunrise:* 7:50AM  
**Yama** 7:50AM – 9:04AM Subha Until 7:47AM **Muruqa:** Red *Sunset:* 5:46PM Moon 5 - Phase 8  
**Rahu** 2:02PM – 3:17PM Balava Until 9:21AM **Nataraja:** Purple Prathama  
 Creative Work Siddha Yoga **Devaloka Day**  
**Prathama\* Until 8:26PM** **Jyeshtha-Ani**





**Friday, June 17, 2011**  
**Gold Retreat Star**

Dhanu Rasi: 18.29      Tithi 17  
388766151  
Creative Work    Siddha Yoga  
Until 9.02PM then Marana Yoga  
Until 9.07PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    9:04AM – 10:19AM    **Purvashadha\* Until 9:07PM**  
**Yama**       3:17PM – 4:31PM       **Brahma Until 4:40AM Sat**  
**Rahu**       11:33AM – 12:48PM      **Taitila Until 8:20AM**  
**Dvitiya Until 8:20PM**

**Ganesha:** Blue      *Sunrise: 7:50AM*  
**Muruqa:** Red       *Sunset: 5:46PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Cape Town, South Africa  
**Sun 1      Sutra 66**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**

**1**

**Saturday, June 18, 2011**

Makara Rasi: 1.45      Tithi 18  
388766151  
No Yoga  
Until 9.02PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Indra Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**       7:50AM – 9:05AM      **Uttarashadha Until 9:14PM**  
**Yama**       2:03PM – 3:17PM      **Indra Until 3:08AM Sun**  
**Rahu**       10:19AM – 11:34AM    **Vanija Until 7:42AM**  
**Tritiya Until 7:42PM**

**Ganesha:** Blue      *Sunrise: 7:50AM*  
**Muruqa:** Red       *Sunset: 5:46PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Cape Town, South Africa  
**Sun 2      Sutra 67**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**

**2**

**Sunday, June 19, 2011**

Makara Rasi: 14.41      Tithi 19  
398766151  
Creative Work    Amrita Yoga  
Until 9.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**       3:17PM – 4:32PM      **Sravana Until 9:59PM**  
**Yama**       12:48PM – 2:03PM    **Vaidhriti\* Until 2:11AM Mon**  
**Rahu**       4:32PM – 5:46PM      **Bava Until 7:44AM**  
**Chaturthi\* Until 7:44PM**

**Ganesha:** Red       *Sunrise: 7:51AM*  
**Muruqa:** Red       *Sunset: 5:46PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Cape Town, South Africa  
**Sun 3      Sutra 68**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Sivaloka Day**

**Father's Day**

**3**

**Monday, June 20, 2011**

Makara Rasi: 27.17      Tithi 20  
399766151  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 9.03PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**       2:03PM – 3:17PM      **Dhanishtha Until 12:45AM Tue**  
**Yama**       11:34AM – 12:49PM    **Vishkambha\* Until 3:18AM Tue**  
**Rahu**       9:05AM – 10:20AM    **Kaulava Until 8:38AM**  
**Panchami Until 9:44PM**

**Ganesha:** Blue      *Sunrise: 7:51AM*  
**Muruqa:** Red       *Sunset: 5:46PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Cape Town, South Africa  
**Sun 4      Sutra 69**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**

**4**

**Tuesday, June 21, 2011**

Kumbha Rasi: 9.38      Tithi 21  
399766151  
Routine Work    Marana Yoga  
Until 9.03PM then Siddha Yoga  
Until 2.43AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**       12:49PM – 2:03PM    **Satabhisha Until 2:43AM Wed**  
**Yama**       10:20AM – 11:34AM    **Priti Until 3:21AM Wed**  
**Rahu**       3:18PM – 4:32PM      **Gara Until 9:57AM**  
**Shasthi\* Until 11:03PM**

**Ganesha:** Blue      *Sunrise: 7:51AM*  
**Muruqa:** Red       *Sunset: 5:47PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Cape Town, South Africa  
**Sun 5      Sutra 70**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**

**5**

**Wednesday, June 22, 2011**

Kumbha Rasi: 21.47      Tithi 22  
319766151  
Creative Work    Amrita Yoga  
Until 9.03PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**       11:35AM – 12:49PM    **Purvaprostapada\* Until 5:06AM Thu**  
**Yama**       9:06AM – 10:20AM    **Ayushman Until 3:48AM Thu**  
**Rahu**       12:49PM – 2:03PM    **Visti Until 11:44AM**  
**Saptami Until 12:49AM Thu**

**Ganesha:** Purple     *Sunrise: 7:51AM*  
**Muruqa:** Red       *Sunset: 5:47PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Cape Town, South Africa  
**Sun 6      Sutra 71**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**



**Thursday, June 23, 2011**  
**Retreat Star**

Meena Rasi: 3.47      Tithi 23  
319766151  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**       10:20AM – 11:35AM    **Uttaraprostapada Until 7:56AM Fri**  
**Yama**       7:51AM – 9:06AM      **Saubhagya Until 4:30AM Fri**  
**Rahu**       2:04PM – 3:18PM      **Balava Until 1:50PM**  
**Ashtami\* Until 2:55AM Fri**

**Ganesha:** Purple     *Sunrise: 7:51AM*  
**Muruqa:** Red       *Sunset: 5:47PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Cape Town, South Africa  
**Sun 7      Sutra 72**  
Khara 5113  
Moon 6 - Phase 9  
Ashtami

**Subha Sivaloka Day**

**Friday, June 24, 2011**  
**Retreat Star**

Meena Rasi: 15.42      Tithi 24  
319766151  
Creative Work    Siddha Yoga  
Until 9.04PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**       9:06AM – 10:21AM    **Uttaraprostapada Until 7:56AM**  
**Yama**       3:18PM – 4:33PM      **Sobhana Until 5:21AM Sat**  
**Rahu**       11:35AM – 12:49PM    **Taitila Until 4:05PM**  
**Navami\* Until 5:11AM Sat**

**Ganesha:** Purple     *Sunrise: 7:52AM*  
**Muruqa:** Red       *Sunset: 5:47PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Cape Town, South Africa  
**Sun 8      Sutra 73**  
Khara 5113  
Moon 6 - Phase 9  
Navami

**Subha Sivaloka Day**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94


<b>1</b>	<b>Saturday, June 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Athiganda* Yoga Vanija Karana Dasami Yam Titau			Cape Town, South Africa
	Meena Rasi: 27.36    Tithi 25 319766151	<b>Gulika</b> 7:52AM – 9:06AM <b>Yama</b> 2:04PM – 3:19PM <b>Rahu</b> 10:21AM – 11:35AM	<b>Revati Until 10:47AM</b> Athiganda* Until 6:23AM Sun Vanija Until 6:22PM <b>Dasami Until 7:26AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Purple Moon – Clear <b>Jyeshtha-Ani</b>	<b>Sun 9</b> <b>Sutra 74</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Subha Sivaloka Day</b>
Routine Work    Prabalarishta Yoga Until 10:47AM then Siddha Yoga					

<b>2</b>	<b>Sunday, June 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Cape Town, South Africa
	Mesha Rasi: 9.34    Tithi 25 – 26 329766151	<b>Gulika</b> 3:19PM – 4:33PM <b>Yama</b> 12:50PM – 2:04PM <b>Rahu</b> 4:33PM – 5:48PM	<b>Asvini Until 1:32PM</b> Athiganda* Until 6:23AM Bava Until 8:31PM <b>Dasami Until 7:26AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 10</b> <b>Sutra 75</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 1:32PM then no yoga Until 9:04PM then Siddha Yoga					

<b>3</b>	<b>Monday, June 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Cape Town, South Africa
	Mesha Rasi: 21.4    Tithi 26 – 27 329766151	<b>Gulika</b> 2:05PM – 3:19PM <b>Yama</b> 11:36AM – 12:50PM <b>Rahu</b> 9:07AM – 10:21AM	<b>Bharani Until 4:01PM</b> Sukarma Until 6:54AM Kaulava Until 10:24PM <b>Ekadasi* Until 9:19AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 11</b> <b>Sutra 76</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work    Siddha Yoga Until 4:01PM then no yoga Until 9:04PM then Siddha Yoga					

<b>4</b>	<b>Tuesday, June 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Tatila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Cape Town, South Africa
	Wrishabha Rasi: 3.56    Tithi 27 – 28 321766151	<b>Gulika</b> 12:50PM – 2:05PM <b>Yama</b> 10:21AM – 11:36AM <b>Rahu</b> 3:19PM – 4:34PM	<b>Krittika Until 5:11PM</b> Dhriti Until 7:05AM Gara Until 10:23PM <b>Dvadasi* Until 10:23AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 12</b> <b>Sutra 77</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 5:11PM then Amrita Yoga Until 9:05PM then Siddha Yoga					

<b>5</b>	<b>Wednesday, June 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Cape Town, South Africa
	Wrishabha Rasi: 16.29    Tithi 28 – 29 331776151	<b>Gulika</b> 11:36AM – 12:51PM <b>Yama</b> 9:07AM – 10:21AM <b>Rahu</b> 12:51PM – 2:05PM	<b>Rohini Until 6:40PM</b> Shula* Until 6:45AM Visti Until 11:13PM <b>Trayodasi* Until 11:13AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sun 13</b> <b>Sutra 78</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 9:05PM then Marana Yoga					

	<b>Thursday, June 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Cape Town, South Africa
	<b>Retreat Star</b> Wrishabha Rasi: 29.18    Tithi 29 – 30 331776151	<b>Gulika</b> 10:21AM – 11:36AM <b>Yama</b> 7:52AM – 9:07AM <b>Rahu</b> 2:05PM – 3:20PM	<b>Mrigasira Until 7:36PM</b> Vriddhi Until 4:51AM Fri Catuspada Until 11:29PM <b>Chaturdasi* Until 11:29AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sun 14</b> <b>Sutra 79</b> Khara 5113 Moon 6 - Phase 10 Amavasya <b>Sivaloka Day</b>
Routine Work    Marana Yoga Until 9:05PM then Siddha Yoga					

	<b>Friday, July 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Cape Town, South Africa
	<b>Retreat Star</b> Mithuna Rasi: 12.26    Tithi 30 – 1 331776151	<b>Gulika</b> 9:07AM – 10:22AM <b>Yama</b> 3:20PM – 4:35PM <b>Rahu</b> 11:36AM – 12:51PM	<b>Ardra Until 7:58PM</b> Dhruva Until 3:33AM Sat Kintughna Until 11:07PM <b>Amavasya* Until 11:07AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Purple Moon – Yellow <b>Ashada-Ani</b>	<b>Sun 15</b> <b>Sutra 80</b> Khara 5113 Moon 6 - Phase 10 Prathama <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 9:05PM then Marana Yoga					

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

<b>1</b>	<b>Saturday, July 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Cape Town, South Africa
	Mithuna Rasi: 25.52      Tithi 1 – 2	341776151	<b>Gulika</b> 7:52AM – 9:07AM <b>Yama</b> 2:06PM – 3:21PM <b>Rahu</b> 10:22AM – 11:36AM	<b>Punarvasu Until 6:47PM</b> Vyaghata* Until 12:25AM Sun Balava Until 8:55PM <b>Prathama* Until 9:50AM</b>	<b>Sun 16</b> <b>Sutra 81</b> Khara 5113 Moon 6 - Phase 11 3rd Phase
	Routine Work      Marana Yoga Until 6:47PM then Siddha Yoga			<b>Ganesha:</b> Red <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>	<b>Sivaloka Day</b>


<b>2</b>	<b>Sunday, July 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Cape Town, South Africa
	Kataka Rasi: 9.35      Tithi 2 – 3	341776151	<b>Gulika</b> 3:21PM – 4:36PM <b>Yama</b> 12:51PM – 2:06PM <b>Rahu</b> 4:36PM – 5:51PM	<b>Pushya Until 6:08PM</b> Harshana Until 10:17PM Taitila Until 7:30PM <b>Dvitiya Until 8:26AM</b>	<b>Sun 17</b> <b>Sutra 82</b> Khara 5113 Moon 6 - Phase 11 3rd Phase
	Creative Work      Siddha Yoga			<b>Ganesha:</b> Red <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Monday, July 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra* Yoga Gara/Visti* Karana Tritiya/Chaturthi* Yam Titau		Cape Town, South Africa
	Kataka Rasi: 23.31      Tithi 3 – 4	341776151	<b>Gulika</b> 2:06PM – 3:21PM <b>Yama</b> 11:37AM – 12:52PM <b>Rahu</b> 9:07AM – 10:22AM	<b>Aslesha* Until 5:06PM</b> Vajra* Until 7:48PM Visti Until 4:46AM Tue <b>Tritiya Until 6:37AM</b>	<b>Sun 18</b> <b>Sutra 83</b> Khara 5113 Moon 6 - Phase 11 3rd Phase
	Family Home Evening Creative Work      Siddha Yoga			<b>Ganesha:</b> Red <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, July 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Panchami Yam Titau		Cape Town, South Africa
	Simha Rasi: 7.37      Tithi 5	351776151	<b>Gulika</b> 12:52PM – 2:07PM <b>Yama</b> 10:22AM – 11:37AM <b>Rahu</b> 3:22PM – 4:37PM	<b>Magha* Until 3:48PM</b> Siddhi Until 5:03PM Bava Until 3:35PM <b>Panchami Until 2:39AM Wed</b>	<b>Sun 19</b> <b>Sutra 84</b> Khara 5113 Moon 6 - Phase 11 3rd Phase
	Creative Work      Siddha Yoga Until 9:06PM then Amrita Yoga			<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>	<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, July 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vyatiyata*/Varyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Cape Town, South Africa
	Simha Rasi: 21.49      Tithi 6	351776151	<b>Gulika</b> 11:37AM – 12:52PM <b>Yama</b> 9:07AM – 10:22AM <b>Rahu</b> 12:52PM – 2:07PM	<b>Purvaphalguni* Until 2:19PM</b> Vyatiyata* Until 2:09PM Kaulava Until 1:17PM <b>Shashti* Until 12:22AM Thu</b>	<b>Sun 20</b> <b>Sutra 85</b> Khara 5113 Moon 6 - Phase 11 3rd Phase
	Creative Work      Amrita Yoga Until 9:06PM then Prabalarishta Yoga			<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>	<b>Subha Sivaloka Day</b>

<b>6</b>	<b>Thursday, July 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Cape Town, South Africa
	Kanya Rasi: 6.03      Tithi 7	451776151	<b>Gulika</b> 10:22AM – 11:37AM <b>Yama</b> 7:52AM – 9:07AM <b>Rahu</b> 2:07PM – 3:22PM	<b>Uttaraphalguni Until 12:47PM</b> Varyan Until 11:11AM Gara Until 10:55AM <b>Saptami Until 10:00PM</b>	<b>Sun 21</b> <b>Sutra 86</b> Khara 5113 Moon 6 - Phase 11 3rd Phase
	Routine Work      Prabalarishta Yoga Until 12:47PM then no yoga Until 9:06PM then Amrita Yoga		<b>Chidambaram Abhishekam</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>	<b>Sivaloka Day</b>

	<b>Friday, July 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Cape Town, South Africa
	Kanya Rasi: 20.17      Tithi 8	462776151	<b>Gulika</b> 9:07AM – 10:22AM <b>Yama</b> 3:23PM – 4:38PM <b>Rahu</b> 11:37AM – 12:52PM	<b>Hasta Until 11:15AM</b> Parigha* Until 8:13AM Visti Until 8:34AM <b>Ashtami* Until 7:39PM</b>	<b>Sun 22</b> <b>Sutra 87</b> Khara 5113 Moon 6 - Phase 11 Ashtami
	Retreat Star Creative Work      Amrita Yoga Until 11:15AM then Siddha Yoga Until 9:06PM then Marana Yoga			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:51AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:53PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>	<b>Sivaloka Day</b>

<b>7</b>	<b>Saturday, July 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Taitila Karana Navami*/Dasami Yam Titau		Cape Town, South Africa
	Tula Rasi: 4.28      Tithi 9 – 10	462776151	<b>Gulika</b> 7:51AM – 9:06AM <b>Yama</b> 2:08PM – 3:23PM <b>Rahu</b> 10:22AM – 11:37AM	<b>Chitra Until 9:47AM</b> Siddha Until 2:40AM Sun Balava Until 6:18AM <b>Navami* Until 5:22PM</b>	<b>Sun 23</b> <b>Sutra 88</b> Khara 5113 Moon 6 - Phase 11 Navami
	Routine Work      Marana Yoga Until 9:47AM then Siddha Yoga			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:51AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>	<b>Sivaloka Day</b>


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

<b>1</b>	<b>Sunday, July 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Cape Town, South Africa
	Tula Rasi: 18.35    Tithi 10 – 11 462776151	<b>Gulika</b> 3:23PM – 4:39PM <b>Yama</b> 12:53PM – 2:08PM <b>Rahu</b> 4:39PM – 5:54PM	<b>Svati Until 8:26AM</b> Sadhya Until 11:53PM Vanija Until 2:18AM Mon <b>Dasami Until 3:14PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:51AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada•Ani</b>	<b>Sun 24    Sutra 89</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 8:26AM then Marana Yoga					

<b>2</b>	<b>Monday, July 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau			Cape Town, South Africa
	Vrischika Rasi: 2.35    Tithi 11 – 12 <b>Family Home Evening</b> 472876151 Routine Work    Marana Yoga Until 7:16AM then Siddha Yoga	<b>Gulika</b> 2:08PM – 3:24PM <b>Yama</b> 11:37AM – 12:53PM <b>Rahu</b> 9:06AM – 10:22AM	<b>Visakha Until 7:16AM</b> Subha Until 9:16PM Bava Until 12:20AM Tue <b>Ekadasi Until 1:16PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:51AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:55PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada•Ani</b>	<b>Sun 25    Sutra 90</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, July 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Cape Town, South Africa
	Vrischika Rasi: 16.29    Tithi 12 – 13 472876151	<b>Gulika</b> 12:53PM – 2:08PM <b>Yama</b> 10:22AM – 11:37AM <b>Rahu</b> 3:24PM – 4:40PM	<b>Anuradha Until 6:19AM</b> Sukla Until 6:52PM Kaulava Until 10:37PM <b>Dvadasi Until 11:33AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:50AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:55PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada•Ani</b>	<b>Sun 26    Sutra 91</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga					

<b>4</b>	<b>Wednesday, July 13, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Cape Town, South Africa
	Dhanus Rasi: 0.12    Tithi 13 – 14 482876151	<b>Gulika</b> 11:37AM – 12:53PM <b>Yama</b> 9:06AM – 10:21AM <b>Rahu</b> 12:53PM – 2:09PM	<b>Mula* Until 4:31AM Thu</b> Brahma Until 5:29PM Gara Until 9:12PM <b>Trayodasi Until 10:08AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:50AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:56PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada•Ani</b>	<b>Sun 27    Sutra 92</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Subha Sivaloka Day</b>
Routine Work    Marana Yoga Until 9:07PM then Siddha Yoga					

	<b>Thursday, July 14, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Cape Town, South Africa
	<b>Copper Retreat Star</b> Dhanus Rasi: 13.43    Tithi 14 – 15 482876151	<b>Gulika</b> 10:21AM – 11:37AM <b>Yama</b> 7:50AM – 9:06AM <b>Rahu</b> 2:09PM – 3:25PM	<b>Purvashadha* Until 5:54AM Fri</b> Indra Until 3:32PM Visti Until 9:20PM <b>Chaturdasi* Until 9:20AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:50AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:56PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada•Ani</b>	<b>Sutra 93</b> Khara 5113 Moon 6 - Phase 12 Purnima <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga <b>Satguru Purnima</b>					

<b>5</b>	<b>Friday, July 15, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Cape Town, South Africa
	<b>Silver Retreat Star</b> Dhanus Rasi: 27.01    Tithi 15 – 16 482876151	<b>Gulika</b> 9:05AM – 10:21AM <b>Yama</b> 3:25PM – 4:41PM <b>Rahu</b> 11:37AM – 12:53PM	<b>Uttarashadha Until 5:59AM Sat</b> Vaidhriti* Until 1:58PM Balava Until 8:40PM <b>Purnima* Until 8:40AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:49AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:57PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada•Ani</b>	<b>Sutra 94</b> Khara 5113 Moon 6 - Phase 12 Prathama <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga Until 9:07PM then no yoga Until 5:59AM Sat then Siddha Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



**Saturday, July 16, 2011**  
**Gold Retreat Star**

Makara Rasi: 10.02    Tithi 16 – 17  
492876151  
Creative Work    Siddha Yoga  
Until 9.07PM then Amrita Yoga  
Until 6:58AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Vishkambha\* Priti Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    7:49AM – 9:05AM    **Sravana Until 6:58AM Sun**  
**Yama**       2:09PM – 3:25PM    **Vishkambha\* Until 12:51PM**  
**Rahu**       10:21AM – 11:37AM    **Taitila Until 8:31PM**  
**Prathama\* Until 8:31AM**

**Ganesha:** Clear    *Sunrise: 7:49AM*  
**Muruqa:** Yellow    *Sunset: 5:58PM*  
**Nataraja:** Purple  
Moon – Purple  
**Ashada-Adi**

Cape Town, South Africa  
**Sutra 95**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Sivaloka Day**

**1**

**Sunday, July 17, 2011**

Makara Rasi: 22.49    Tithi 17 – 18  
492876152  
Creative Work    Amrita Yoga  
Until 6:58AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    3:26PM – 4:42PM    **Sravana Until 6:58AM**  
**Yama**       12:53PM – 2:10PM    **Priti Until 12:39PM**  
**Rahu**       4:42PM – 5:58PM    **Vanija Until 8:53PM**  
**Dvitiya Until 8:53AM**

**Ganesha:** Clear    *Sunrise: 7:49AM*  
**Muruqa:** Yellow    *Sunset: 5:58PM*  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Cape Town, South Africa  
**Sun 1    Sutra 96**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**2**

**Monday, July 18, 2011**

Kumbha Rasi: 5.2    Tithi 18 – 19  
492876152  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 9.08PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    2:10PM – 3:26PM    **Dhanishtha Until 8:40AM**  
**Yama**       11:37AM – 12:53PM    **Ayushman Until 12:23PM**  
**Rahu**       9:04AM – 10:21AM    **Bava Until 11:10PM**  
**Tritiya Until 10:05AM**

**Ganesha:** Clear    *Sunrise: 7:48AM*  
**Muruqa:** Yellow    *Sunset: 5:59PM*  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Cape Town, South Africa  
**Sun 2    Sutra 97**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**3**

**Tuesday, July 19, 2011**

Kumbha Rasi: 17.38    Tithi 19 – 20  
492876152  
Routine Work    Marana Yoga  
Until 9.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    12:54PM – 2:10PM    **Satabhisha Until 10:44AM**  
**Yama**       10:21AM – 11:37AM    **Saubhagya Until 12:32PM**  
**Rahu**       3:26PM – 4:43PM    **Kaulava Until 12:36AM Wed**  
**Chaturthi\* Until 11:30AM**

**Ganesha:** Clear    *Sunrise: 7:48AM*  
**Muruqa:** Yellow    *Sunset: 5:59PM*  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Cape Town, South Africa  
**Sun 3    Sutra 98**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**4**

**Wednesday, July 20, 2011**

Kumbha Rasi: 29.45    Tithi 20 – 21  
412876152  
Creative Work    Amrita Yoga  
Until 1:10PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    11:37AM – 12:54PM    **Purvaprostapada\* Until 1:10PM**  
**Yama**       9:04AM – 10:20AM    **Sobhana Until 1:01PM**  
**Rahu**       12:54PM – 2:10PM    **Gara Until 2:25AM Thu**  
**Panchami Until 1:20PM**

**Ganesha:** Yellow    *Sunrise: 7:47AM*  
**Muruqa:** Yellow    *Sunset: 6:00PM*  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Cape Town, South Africa  
**Sun 4    Sutra 99**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**5**

**Thursday, July 21, 2011**

Meena Rasi: 11.44    Tithi 21 – 22  
412876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    10:20AM – 11:37AM    **Uttaraprostapada Until 3:52PM**  
**Yama**       7:47AM – 9:03AM    **Athiganda\* Until 1:45PM**  
**Rahu**       2:10PM – 3:27PM    **Visti Until 4:33AM Fri**  
**Shasthi\* Until 3:27PM**

**Ganesha:** Yellow    *Sunrise: 7:47AM*  
**Muruqa:** Yellow    *Sunset: 6:01PM*  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Cape Town, South Africa  
**Sun 5    Sutra 100**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**

**6**

**Friday, July 22, 2011**

Meena Rasi: 23.38    Tithi 22 – 23  
413876152  
Creative Work    Siddha Yoga  
Until 6.43PM then Amrita Yoga  
Until 9.08PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    9:03AM – 10:20AM    **Revati Until 6:43PM**  
**Yama**       3:27PM – 4:44PM    **Sukarma Until 2:38PM**  
**Rahu**       11:37AM – 12:54PM    **Balava Until 6:50AM Sat**  
**Saptami Until 5:45PM**

**Ganesha:** White    *Sunrise: 7:46AM*  
**Muruqa:** Yellow    *Sunset: 6:01PM*  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Cape Town, South Africa  
**Sun 6    Sutra 101**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Saturday, July 23, 2011**  
**Retreat Star**

Mesha Rasi: 5.32    Tithi 23  
423876152  
Creative Work    Siddha Yoga  
Until 9:36PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Asvini Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    7:45AM – 9:03AM    **Asvini Until 9:36PM**  
**Yama**       2:11PM – 3:28PM    **Dhriti Until 3:31PM**  
**Rahu**       10:20AM – 11:37AM    **Balava Until 6:58AM**  
**Ashtami\* Until 8:04PM**

**Ganesha:** Yellow    *Sunrise: 7:45AM*  
**Muruqa:** Yellow    *Sunset: 6:02PM*  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Cape Town, South Africa  
**Sun 7    Sutra 102**  
Khara 5113  
Moon 7 - Phase 13  
Ashtami  
**Devaloka Day**

**Sunday, July 24, 2011**

**Retreat Star**

Mesha Rasi: 17.29    Tithi 24  
423876152  
No Yoga  
Until 9.08PM then Siddha Yoga  
Until 12:22AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    3:28PM – 4:45PM    **Bharani Until 12:22AM Mon**  
**Yama**       12:54PM – 2:11PM    **Shula\* Until 4:18PM**  
**Rahu**       4:45PM – 6:03PM    **Taitila Until 9:09AM**  
**Navami\* Until 10:15PM**

**Ganesha:** Yellow    *Sunrise: 7:45AM*  
**Muruqa:** Yellow    *Sunset: 6:03PM*  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Cape Town, South Africa  
**Sun 8    Sutra 103**  
Khara 5113  
Moon 7 - Phase 13  
Navami  
**Devaloka Day**

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418


<b>1</b>	<b>Monday, July 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Dasami Yam Titau		Cape Town, South Africa
					<b>Sun 9 Sutra 104</b> Khara 5113
Mesha Rasi: 29.35	Tithi 25		<b>Gulika</b> 2:11PM – 3:29PM	<b>Krittika Until 2:50AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:44AM
Family Home Evening	433876152		<b>Yama</b> 11:36AM – 12:54PM	Ganda* Until 4:50PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:03PM
No Yoga			<b>Rahu</b> 9:02AM – 10:19AM	Vanija Until 11:01AM	Moon 7 - Phase 14
Until 9.08PM then Siddha Yoga				Dasami Until 12:07AM Tue	2nd Phase
Until 2:50AM Tue then Amrita Yoga					<b>Devaloka Day</b>
					<b>Ashada*Adi</b>

<b>2</b>	<b>Tuesday, July 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau		Cape Town, South Africa
					<b>Sun 10 Sutra 105</b> Khara 5113
Wrishabha Rasi: 11.54	Tithi 26		<b>Gulika</b> 12:54PM – 2:11PM	<b>Rohini Until 3:06AM Wed</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:44AM
433876152			<b>Yama</b> 10:19AM – 11:36AM	Vridhhi Until 4:09PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:04PM
Creative Work Amrita Yoga			<b>Rahu</b> 3:29PM – 4:46PM	Bava Until 11:53AM	Moon 7 - Phase 14
Until 9.08PM then Siddha Yoga				Ekadasi* Until 11:53PM	2nd Phase
					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM
					<b>Ashada*Adi</b>

<b>3</b>	<b>Wednesday, July 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Cape Town, South Africa
					<b>Sun 11 Sutra 106</b> Khara 5113
Wrishabha Rasi: 24.31	Tithi 27		<b>Gulika</b> 11:36AM – 12:54PM	<b>Mrigasira Until 4:25AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:43AM
433876152			<b>Yama</b> 9:01AM – 10:18AM	Dhruva Until 3:44PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:05PM
Creative Work Siddha Yoga			<b>Rahu</b> 12:54PM – 2:11PM	Kaulava Until 12:33PM	Moon 7 - Phase 14
Until 9.08PM then Marana Yoga				Dvadasi* Until 12:33AM Thu	2nd Phase
					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM
					<b>Ashada*Adi</b>

<b>4</b>	<b>Thursday, July 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Cape Town, South Africa
					<b>Sun 12 Sutra 107</b> Khara 5113
Mithuna Rasi: 7.3	Tithi 28		<b>Gulika</b> 10:18AM – 11:36AM	<b>Ardra Until 5:04AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:42AM
433876152			<b>Yama</b> 7:42AM – 9:00AM	Vyaghata* Until 2:42PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:05PM
Routine Work Marana Yoga			<b>Rahu</b> 2:12PM – 3:30PM	Gara Until 12:30PM	Moon 7 - Phase 14
Until 9.08PM then Siddha Yoga				Trayodasi* Until 12:30AM Fri	2nd Phase
					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM
					<b>Ashada*Adi</b>
					<i>Pradosha Vrata (Fasting)</i>

<b>5</b>	<b>Friday, July 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Cape Town, South Africa
					<b>Sun 13 Sutra 108</b> Khara 5113
Mithuna Rasi: 20.53	Tithi 29		<b>Gulika</b> 9:00AM – 10:18AM	<b>Punarvasu Until 3:21AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:42AM
433876152			<b>Yama</b> 3:30PM – 4:48PM	Harshana Until 12:32PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:06PM
Creative Work Siddha Yoga			<b>Rahu</b> 11:36AM – 12:54PM	Visti Until 11:13AM	Moon 7 - Phase 14
Until 9.08PM then Marana Yoga				Chaturdasi* Until 10:18PM	2nd Phase
Until 3:21AM Sat then Siddha Yoga					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM
					<b>Ashada*Adi</b>

	<b>Saturday, July 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Cape Town, South Africa
	<b>Retreat Star</b>				<b>Sun 14 Sutra 109</b> Khara 5113
Kataka Rasi: 4.38	Tithi 30		<b>Gulika</b> 7:41AM – 8:59AM	<b>Pushya Until 2:37AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:41AM
433876152			<b>Yama</b> 2:12PM – 3:30PM	Vajra* Until 10:18AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:07PM
Creative Work Siddha Yoga			<b>Rahu</b> 10:17AM – 11:35AM	Catuspada Until 9:44AM	Moon 7 - Phase 14
				Amavasya* Until 8:48PM	Amavasya
					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM
					<b>Ashada*Adi</b>

<b>Retreat Star</b>	<b>Sunday, July 31, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Cape Town, South Africa
					<b>Sun 15 Sutra 110</b> Khara 5113
Kataka Rasi: 18.46	Tithi 1		<b>Gulika</b> 3:30PM – 4:49PM	<b>Aslesha* Until 1:16AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:40AM
433876152			<b>Yama</b> 12:54PM – 2:12PM	Siddhi Until 7:32AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:07PM
Creative Work Siddha Yoga			<b>Rahu</b> 4:49PM – 6:07PM	Kintughna Until 7:36AM	Moon 7 - Phase 14
				Prathama* Until 6:40PM	Prathama
					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM
					<b>Sravana*Adi</b>

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

<b>1</b>	<b>Monday, August 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Cape Town, South Africa <b>Sun 16 Sutra 111</b> Khara 5113
	Simha Rasi: 3.08      Tithi 2 – 3 Family Home Evening      453876152 Creative Work      Siddha Yoga	<b>Gulika</b> 2:12PM – 3:31PM <b>Yama</b> 11:35AM – 12:54PM <b>Rahu</b> 8:58AM – 10:16AM	<b>Magha* Until 10:19PM</b> Variyan Until 12:26AM Tue Taitila Until 1:36AM Tue <b>Dvitiya Until 3:19PM</b>

<b>2</b>	<b>Tuesday, August 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Cape Town, South Africa <b>Sun 17 Sutra 112</b> Khara 5113
	Simha Rasi: 17.41      Tithi 3 – 4 453876152 Creative Work      Siddha Yoga Until 8:22PM then Amrita Yoga	<b>Gulika</b> 12:54PM – 2:12PM <b>Yama</b> 10:16AM – 11:35AM <b>Rahu</b> 3:31PM – 4:50PM	<b>Purvaphalguni* Until 8:22PM</b> Parigha* Until 9:10PM Vanija Until 10:53PM <b>Tritiya Until 12:36PM</b>

<b>3</b>	<b>Wednesday, August 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Cape Town, South Africa <b>Sun 18 Sutra 113</b> Khara 5113
	Kanya Rasi: 2.17      Tithi 4 – 5 453876152 Creative Work      Amrita Yoga Until 6:21PM then Siddha Yoga Until 9:08PM then no yoga	<b>Gulika</b> 11:35AM – 12:53PM <b>Yama</b> 8:57AM – 10:16AM <b>Rahu</b> 12:53PM – 2:12PM	<b>Uttaraphalguni Until 6:21PM</b> Shiva Until 5:50PM Bava Until 8:04PM <b>Chaturthi* Until 9:47AM</b>

<b>4</b>	<b>Thursday, August 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Panchami/Shashti* Yam Titau	Cape Town, South Africa <b>Sun 19 Sutra 114</b> Khara 5113
	Kanya Rasi: 16.5      Tithi 5 – 6 463876152 No Yoga Until 5:09PM then Siddha Yoga	<b>Gulika</b> 10:15AM – 11:34AM <b>Yama</b> 7:37AM – 8:56AM <b>Rahu</b> 2:13PM – 3:32PM	<b>Hasta Until 5:09PM</b> Siddha Until 3:09PM Taitila Until 6:13PM <b>Panchami Until 7:08AM</b>

<b>5</b>	<b>Friday, August 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Cape Town, South Africa <b>Sun 20 Sutra 115</b> Khara 5113
	Tula Rasi: 1.14      Tithi 7 464976152 Creative Work      Siddha Yoga	<b>Gulika</b> 8:55AM – 10:15AM <b>Yama</b> 3:32PM – 4:51PM <b>Rahu</b> 11:34AM – 12:53PM	<b>Chitra Until 3:19PM</b> Sadhya Until 11:55AM Gara Until 3:33PM <b>Saptami Until 2:37AM Sat</b>

<b>6</b>	<b>Saturday, August 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau	Cape Town, South Africa <b>Sun 21 Sutra 116</b> Khara 5113
	<b>Retreat Star</b> Tula Rasi: 15.27      Tithi 8 464976152 Creative Work      Siddha Yoga Until 9:07PM then Marana Yoga	<b>Gulika</b> 7:35AM – 8:55AM <b>Yama</b> 2:13PM – 3:32PM <b>Rahu</b> 10:14AM – 11:34AM	<b>Svati Until 1:48PM</b> Subha Until 8:58AM Visti Until 1:14PM <b>Ashtami* Until 12:18AM Sun</b>

<b>7</b>	<b>Sunday, August 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Cape Town, South Africa <b>Sun 22 Sutra 117</b> Khara 5113
	<b>Retreat Star</b> Tula Rasi: 29.26      Tithi 9 474976152 Routine Work      Marana Yoga Until 9:07PM then Siddha Yoga	<b>Gulika</b> 3:33PM – 4:52PM <b>Yama</b> 12:53PM – 2:13PM <b>Rahu</b> 4:52PM – 6:12PM	<b>Visakha Until 12:41PM</b> Sukla Until 6:24AM Balava Until 11:20AM <b>Navami* Until 10:24PM</b>

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

<b>1</b>	<b>Monday, August 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau	Cape Town, South Africa <b>Sun 23 Sutra 118</b> Khara 5113
	Vrischika Rasi: 13.11      Tilthi 10	<b>Gulika</b> 2:13PM – 3:33PM <b>Anuradha Until 11:58AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:33AM
	<b>Family Home Evening</b> 474976152	<b>Yama</b> 11:33AM – 12:53PM <b>Indra Until 2:55AM Tue</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:13PM      Moon 7 - Phase 16
	Creative Work    Siddha Yoga	<b>Rahu</b> 8:53AM – 10:13AM <b>Taitila Until 9:51AM</b>	<b>Nataraja:</b> Clear Moon – Orange <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
		<b>Dasami Until 8:56PM</b>	<b>Sravana-Adi</b>

<b>2</b>	<b>Tuesday, August 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Cape Town, South Africa <b>Sun 24 Sutra 119</b> Khara 5113
	Vrischika Rasi: 26.43      Tilthi 11	<b>Gulika</b> 12:53PM – 2:13PM <b>Jyeshtha* Until 12:03PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:32AM
	<b>Family Home Evening</b> 474976152	<b>Yama</b> 10:13AM – 11:33AM <b>Vaidhriti* Until 12:56AM Wed</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:14PM      Moon 7 - Phase 16
	Creative Work    Siddha Yoga	<b>Rahu</b> 3:33PM – 4:53PM <b>Vanija Until 9:02AM</b>	<b>Nataraja:</b> Clear Moon – Orange <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
		<b>Ekadasi Until 9:02PM</b>	<b>Sravana-Adi</b>

<b>3</b>	<b>Wednesday, August 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau	Cape Town, South Africa <b>Sun 25 Sutra 120</b> Khara 5113
	Dhanus Rasi: 10.02      Tilthi 12	<b>Gulika</b> 11:32AM – 12:53PM <b>Mula* Until 12:04PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:31AM
	<b>Family Home Evening</b> 484976152	<b>Yama</b> 8:52AM – 10:12AM <b>Vishkambha* Until 11:18PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:14PM      Moon 7 - Phase 16
	Routine Work    Marana Yoga	<b>Rahu</b> 12:53PM – 2:13PM <b>Bava Until 8:18AM</b>	<b>Nataraja:</b> Clear Moon – Light Blue <b>Devaloka Day</b>
		<b>Dvadasi Until 8:18PM</b>	<b>Sravana-Adi</b>

<b>4</b>	<b>Thursday, August 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Cape Town, South Africa <b>Sun 26 Sutra 121</b> Khara 5113
	Dhanus Rasi: 23.1      Tilthi 13	<b>Gulika</b> 10:11AM – 11:32AM <b>Purvashadha* Until 12:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:30AM
	<b>Family Home Evening</b> 484976152	<b>Yama</b> 7:30AM – 8:51AM <b>Priti Until 10:01PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:15PM      Moon 7 - Phase 16
	Creative Work    Siddha Yoga	<b>Rahu</b> 2:13PM – 3:34PM <b>Kaulava Until 7:59AM</b>	<b>Nataraja:</b> Clear Moon – Light Blue <b>Devaloka Day</b>
		<b>Trayodasi Until 7:59PM</b>	<b>Sravana-Adi</b>

*Pradosha Vrata*

<b>5</b>	<b>Friday, August 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Srivana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Cape Town, South Africa <b>Sun 27 Sutra 122</b> Khara 5113
	Makara Rasi: 6.05      Tilthi 14	<b>Gulika</b> 8:50AM – 10:11AM <b>Uttarashadha Until 1:13PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:29AM
	<b>Family Home Evening</b> 484976152	<b>Yama</b> 3:34PM – 4:55PM <b>Ayushman Until 9:05PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:16PM      Moon 7 - Phase 16
	Creative Work    Siddha Yoga	<b>Rahu</b> 11:32AM – 12:52PM <b>Gara Until 8:03AM</b>	<b>Nataraja:</b> Clear Moon – Light Blue <b>Devaloka Day</b>
		<b>Chaturdasi* Until 8:03PM</b>	<b>Sravana-Adi</b>

<b>○</b>	<b>Saturday, August 13, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Srivana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau	Cape Town, South Africa <b>Sutra 123</b> Khara 5113
	<b>Copper Retreat Star</b>	<b>Gulika</b> 7:28AM – 8:49AM <b>Sravana Until 2:20PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:28AM
	Makara Rasi: 18.49      Tilthi 15	<b>Yama</b> 2:13PM – 3:34PM <b>Saubhagya Until 8:28PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:16PM      Moon 7 - Phase 16
	<b>Family Home Evening</b> 494976152	<b>Rahu</b> 10:10AM – 11:31AM <b>Visti Until 8:30AM</b>	<b>Nataraja:</b> Clear Moon – Purple <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
		<b>Purnima* Until 8:30PM</b>	<b>Sravana-Adi</b>

**Raksha Bandhan**

<b>○</b>	<b>Sunday, August 14, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Cape Town, South Africa <b>Sutra 124</b> Khara 5113
	<b>Silver Retreat Star</b>	<b>Gulika</b> 3:35PM – 4:56PM <b>Dhanishtha Until 4:36PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:27AM
	Kumbha Rasi: 1.22      Tilthi 16	<b>Yama</b> 12:52PM – 2:13PM <b>Sobhana Until 9:16PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:17PM      Moon 7 - Phase 16
	<b>Family Home Evening</b> 494976152	<b>Rahu</b> 4:56PM – 6:17PM <b>Balava Until 9:38AM</b>	<b>Nataraja:</b> Clear Moon – Purple <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
		<b>Prathama* Until 10:44PM</b>	<b>Sravana-Adi</b>

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634





**Monday, August 15, 2011**  
**Gold Retreat Star**

Kumbha Rasi: 13.44    Tithi 17  
**Family Home Evening**    494976152  
Creative Work    Siddha Yoga  
Until 6:33PM then no yoga  
Until 9.06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**    2:13PM – 3:35PM  
**Yama**    11:30AM – 12:52PM  
**Rahu**    8:47AM – 10:09AM

**Satabhisha Until 6:33PM**  
**Athiganda\* Until 9:17PM**  
**Taitila Until 10:57AM**  
**Dvitiya Until 12:02AM Tue**

**Ganesha:** Purple    *Sunrise: 7:26AM*  
**Muruqa:** Yellow    *Sunset: 6:18PM*  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Adi**

Cape Town, South Africa  
**Sun 1    Sutra 125**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Tuesday, August 16, 2011**

Kumbha Rasi: 25.55    Tithi 18  
414976152  
Routine Work    Marana Yoga  
Until 8:50PM then Amrita Yoga  
Until 9.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**    12:52PM – 2:13PM  
**Yama**    10:08AM – 11:30AM  
**Rahu**    3:35PM – 4:57PM

**Purvaprostapada\* Until 8:50PM**  
**Sukarma Until 9:37PM**  
**Vanija Until 12:38PM**  
**Tritiya Until 1:43AM Wed**

**Ganesha:** White    *Sunrise: 7:25AM*  
**Muruqa:** Yellow    *Sunset: 6:18PM*  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Adi**

Cape Town, South Africa  
**Sun 2    Sutra 126**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Wednesday, August 17, 2011**

Meena Rasi: 7.58    Tithi 19  
415976152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    11:30AM – 12:51PM  
**Yama**    8:46AM – 10:08AM  
**Rahu**    12:51PM – 2:13PM

**Uttaraprostapada Until 11:25PM**  
**Dhriti Until 10:14PM**  
**Bava Until 2:38PM**  
**Chaturthi\* Until 3:43AM Thu**

**Ganesha:** Clear    *Sunrise: 7:24AM*  
**Muruqa:** Yellow    *Sunset: 6:19PM*  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

Cape Town, South Africa  
**Sun 3    Sutra 127**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**3**

**Thursday, August 18, 2011**

Meena Rasi: 19.53    Tithi 20  
515976152  
Creative Work    Siddha Yoga  
Until 2:13AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**    10:07AM – 11:29AM  
**Yama**    7:23AM – 8:45AM  
**Rahu**    2:13PM – 3:35PM

**Revati Until 2:13AM Fri**  
**Shula\* Until 11:03PM**  
**Kaulava Until 4:53PM**  
**Panchami Until 6:11AM Fri**

**Ganesha:** Purple    *Sunrise: 7:23AM*  
**Muruqa:** Yellow    *Sunset: 6:20PM*  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

Cape Town, South Africa  
**Sun 4    Sutra 128**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**

**4**

**Friday, August 19, 2011**

Mesha Rasi: 1.45    Tithi 20 – 21  
525976152  
Creative Work    Amrita Yoga  
Until 9.05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini Nakshatra Ganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    8:44AM – 10:06AM  
**Yama**    3:36PM – 4:58PM  
**Rahu**    11:29AM – 12:51PM

**Asvini Until 5:10AM Sat**  
**Ganda\* Until 11:59PM**  
**Gara Until 7:17PM**  
**Panchami Until 6:11AM**

**Ganesha:** Clear    *Sunrise: 7:22AM*  
**Muruqa:** Yellow    *Sunset: 6:20PM*  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Cape Town, South Africa  
**Sun 5    Sutra 129**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**5**

**Saturday, August 20, 2011**

Mesha Rasi: 13.37    Tithi 21 – 22  
525976152  
Creative Work    Siddha Yoga  
Until 9.05PM then no yoga  
Until 8:17AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    7:20AM – 8:43AM  
**Yama**    2:13PM – 3:36PM  
**Rahu**    10:06AM – 11:28AM

**Bharani Until 8:17AM Sun**  
**Vriddhi Until 12:56AM Sun**  
**Visti Until 9:42PM**  
**Shasthi\* Until 8:36AM**

**Ganesha:** Clear    *Sunrise: 7:20AM*  
**Muruqa:** Yellow    *Sunset: 6:21PM*  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Cape Town, South Africa  
**Sun 6    Sutra 130**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**



**Sunday, August 21, 2011**  
**Retreat Star**

Mesha Rasi: 25.31    Tithi 22 – 23  
525976152  
No Yoga  
Until 8:17AM then Siddha Yoga  
Until 9.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    3:36PM – 4:59PM  
**Yama**    12:51PM – 2:13PM  
**Rahu**    4:59PM – 6:22PM

**Bharani Until 8:17AM**  
**Dhruva Until 1:47AM Mon**  
**Balava Until 11:59PM**  
**Saptami Until 10:54AM**

**Ganesha:** Clear    *Sunrise: 7:19AM*  
**Muruqa:** Yellow    *Sunset: 6:22PM*  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Cape Town, South Africa  
**Sun 7    Sutra 131**  
Khara 5113  
Moon 8 - Phase 17  
Ashtami

**Devaloka Day**

**Monday, August 22, 2011**  
**Retreat Star**

Vrishabha Rasi: 7.35    Tithi 23 – 24  
**Family Home Evening**    525976152  
No Yoga  
Until 10:51AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    2:13PM – 3:36PM  
**Yama**    11:27AM – 12:50PM  
**Rahu**    8:41AM – 10:04AM

**Krittika Until 10:51AM**  
**Vyaghata\* Until 2:22AM Tue**  
**Taitila Until 1:58AM Tue**  
**Ashtami\* Until 12:52PM**

**Ganesha:** Clear    *Sunrise: 7:18AM*  
**Muruqa:** Yellow    *Sunset: 6:22PM*  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Cape Town, South Africa  
**Sun 8    Sutra 132**  
Khara 5113  
Moon 8 - Phase 17  
Navami

**Devaloka Day**


<b>1</b>	<b>Tuesday, August 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Cape Town, South Africa
	535976152		<b>Sun 9 Sutra 133</b> Khara 5113
Wishabha Rasi: 19.52	Tithi 24 – 25	<b>Gulika</b> 12:50PM – 2:13PM <b>Yama</b> 10:03AM – 11:27AM <b>Rahu</b> 3:37PM – 5:00PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:17AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:23PM <b>Nataraja:</b> Clear Moon – Yellow
Creative Work Amrita Yoga Until 12:23PM then Siddha Yoga		<b>Rohini Until 12:23PM</b> Harshana Until 1:02AM Wed Vanija Until 1:38AM Wed <b>Navami* Until 1:38PM</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Wednesday, August 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Cape Town, South Africa
	535976152		<b>Sun 10 Sutra 134</b> Khara 5113
Mithuna Rasi: 2.29	Tithi 25 – 26	<b>Gulika</b> 11:26AM – 12:50PM <b>Yama</b> 8:39AM – 10:03AM <b>Rahu</b> 12:50PM – 2:13PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:16AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Clear Moon – Yellow
Creative Work Siddha Yoga Until 9:04PM then Marana Yoga		<b>Mrigasira Until 1:43PM</b> Vajra* Until 12:37AM Thu Bava Until 2:20AM Thu <b>Dasami Until 2:20PM</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, August 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Cape Town, South Africa
	535976152		<b>Sun 11 Sutra 135</b> Khara 5113
Mithuna Rasi: 15.31	Tithi 26 – 27	<b>Gulika</b> 10:02AM – 11:26AM <b>Yama</b> 7:15AM – 8:38AM <b>Rahu</b> 2:13PM – 3:37PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:15AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Clear Moon – Yellow
Routine Work Marana Yoga Until 2:17PM then Amrita Yoga Until 9:04PM then Siddha Yoga		<b>Ardra Until 2:17PM</b> Siddhi Until 11:30PM Kaulava Until 12:40AM Fri <b>Ekadasi* Until 1:35PM</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, August 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Cape Town, South Africa
	545976152		<b>Sun 12 Sutra 136</b> Khara 5113
Mithuna Rasi: 28.59	Tithi 27 – 28	<b>Gulika</b> 8:37AM – 10:01AM <b>Yama</b> 3:37PM – 5:01PM <b>Rahu</b> 11:25AM – 12:49PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:13AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:25PM <b>Nataraja:</b> Clear Moon – Blue
Creative Work Siddha Yoga Until 1:27PM then Marana Yoga Until 9:03PM then Siddha Yoga		<b>Punarvasu Until 1:27PM</b> Vyatipata* Until 8:34PM Gara Until 11:43PM <b>Dvadasi* Until 12:38PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Devaloka Day</b>

<b>5</b>	<b>Saturday, August 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan/Patigha* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Cape Town, South Africa
	546976152		<b>Sun 13 Sutra 137</b> Khara 5113
Kataka Rasi: 12.55	Tithi 28 – 29	<b>Gulika</b> 7:12AM – 8:36AM <b>Yama</b> 2:13PM – 3:37PM <b>Rahu</b> 10:01AM – 11:25AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:12AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Clear Moon – Blue
Creative Work Siddha Yoga Until 12:25PM then Marana Yoga Until 9:03PM then Siddha Yoga		<b>Pushya Until 12:25PM</b> Variyan Until 6:03PM Visti Until 9:55PM <b>Trayodasi* Until 10:51AM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Sunday, August 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Cape Town, South Africa
	546976153		<b>Sun 14 Sutra 138</b> Khara 5113
Kataka Rasi: 27.17	Tithi 29 – 30	<b>Gulika</b> 3:38PM – 5:02PM <b>Yama</b> 12:49PM – 2:13PM <b>Rahu</b> 5:02PM – 6:27PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:11AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> White Moon – Blue
Creative Work Siddha Yoga Until 10:20AM then Marana Yoga Until 9:03PM then Siddha Yoga		<b>Aslesha* Until 10:20AM</b> Parigha* Until 2:18PM Catuspada Until 6:23PM <b>Chaturdasi* Until 8:06AM</b>	<b>Devaloka Day</b>

<b>Retreat Star</b>	<b>Monday, August 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Cape Town, South Africa
	556976153		<b>Sun 15 Sutra 139</b> Khara 5113
Simha Rasi: 12	Tithi 1	<b>Gulika</b> 2:13PM – 3:38PM <b>Yama</b> 11:24AM – 12:48PM <b>Rahu</b> 8:34AM – 9:59AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:10AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> White Moon – Red
<b>Family Home Evening</b> Creative Work Siddha Yoga		<b>Magha* Until 8:08AM</b> Shiva Until 10:47AM Kintughna Until 3:24PM <b>Prathama* Until 1:41AM Tue</b>	<b>Devaloka Day</b>

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

**1** Tuesday, August 30, 2011  
 Simha Rasi: 26.56      Tithi 2  
 Creative Work    Amrita Yoga  
 Until 2:55AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam  
 Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau

**Gulika**    12:48PM – 2:13PM    **Uttaraphalguni Until 2:55AM Wed**  
**Yama**        9:58AM – 11:23AM    **Siddha Until 6:57AM**  
**Rahu**         3:38PM – 5:03PM      **Balava Until 12:02PM**  
**Dvitiya Until 10:19PM**

**Ganesha:** Blue      *Sunrise: 7:08AM*  
**Muruqa:** Yellow    *Sunset: 6:28PM*  
**Nataraja:** White  
 Moon – Red  
**Bhadrapada-Avani**

Cape Town, South Africa  
**Sun 16    Sutra 140**  
 Khara 5113  
 Moon 8 - Phase 19  
 3rd Phase  
**Devaloka Day**

**2** Wednesday, August 31, 2011  
 Kanya Rasi: 11.55      Tithi 3  
 Creative Work    Siddha Yoga  
 Until 9:02PM then no yoga  
 Until 12:16AM Thu then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam  
 Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiya Yam Titau

**Gulika**    11:23AM – 12:48PM    **Hasta Until 12:16AM Thu**  
**Yama**        8:32AM – 9:57AM      **Subha Until 11:00PM**  
**Rahu**         12:48PM – 2:13PM      **Taitila Until 8:33AM**  
**Tritiya Until 6:51PM**

**Ganesha:** Blue      *Sunrise: 7:07AM*  
**Muruqa:** Yellow    *Sunset: 6:29PM*  
**Nataraja:** White  
 Moon – Green  
**Bhadrapada-Avani**

Cape Town, South Africa  
**Sun 17    Sutra 141**  
 Khara 5113  
 Moon 8 - Phase 19  
 3rd Phase  
**Devaloka Day**

**3** Thursday, September 1, 2011  
 Kanya Rasi: 26.5      Tithi 4 – 5  
 Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam  
 Chitra Nakshatra Sukla Yoga Visti\*/Bava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    9:57AM – 11:22AM    **Chitra Until 9:44PM**  
**Yama**        7:06AM – 8:31AM      **Sukla Until 7:11PM**  
**Rahu**         2:13PM – 3:38PM      **Bava Until 1:47AM Fri**  
**Chaturthi\* Until 3:30PM**

**Ganesha:** Blue      *Sunrise: 7:06AM*  
**Muruqa:** Yellow    *Sunset: 6:29PM*  
**Nataraja:** White  
 Moon – Green  
**Bhadrapada-Avani**

Cape Town, South Africa  
**Sun 18    Sutra 142**  
 Khara 5113  
 Moon 8 - Phase 19  
 3rd Phase  
**Devaloka Day**

**4** Friday, September 2, 2011  
 Tula Rasi: 11.33      Tithi 5 – 6  
 Creative Work    Siddha Yoga  
 Until 8:30PM then Marana Yoga  
 Until 9:01PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam  
 Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi\* Yam Titau

**Gulika**    8:30AM – 9:56AM      **Svati Until 8:30PM**  
**Yama**        3:38PM – 5:04PM      **Brahma Until 4:18PM**  
**Rahu**         11:21AM – 12:47PM    **Kaulava Until 12:06AM Sat**  
**Panchami Until 1:01PM**

**Ganesha:** Blue      *Sunrise: 7:04AM*  
**Muruqa:** Yellow    *Sunset: 6:30PM*  
**Nataraja:** White  
 Moon – Green  
**Bhadrapada-Avani**

Cape Town, South Africa  
**Sun 19    Sutra 143**  
 Khara 5113  
 Moon 8 - Phase 19  
 3rd Phase  
**Devaloka Day**

**5** Saturday, September 3, 2011  
 Tula Rasi: 25.57      Tithi 6 – 7  
 Creative Work    Siddha Yoga  
 Until 9:01PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Visakha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Shasthi\*/Saptami Yam Titau

**Gulika**    7:03AM – 8:29AM      **Visakha Until 6:39PM**  
**Yama**        2:13PM – 3:39PM      **Indra Until 1:02PM**  
**Rahu**         9:55AM – 11:21AM    **Gara Until 9:26PM**  
**Shasthi\* Until 10:21AM**

**Ganesha:** Blue      *Sunrise: 7:03AM*  
**Muruqa:** Yellow    *Sunset: 6:31PM*  
**Nataraja:** White  
 Moon – Orange  
**Bhadrapada-Avani**

Cape Town, South Africa  
**Sun 20    Sutra 144**  
 Khara 5113  
 Moon 8 - Phase 19  
 3rd Phase  
**Subha Sivaloka Day**

**Sunday, September 4, 2011**  
**Retreat Star**  
 Vrishchika Rasi: 10.01      Tithi 7 – 8  
 Routine Work    Marana Yoga  
 Until 9:01PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
 Anuradha/Jyeshtha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Saptami/Ashtami\* Yam Titau

**Gulika**    3:39PM – 5:05PM      **Anuradha Until 5:25PM**  
**Yama**        12:46PM – 2:13PM      **Vaidhriti\* Until 10:20AM**  
**Rahu**         5:05PM – 6:31PM      **Visti Until 7:25PM**  
**Saptami Until 8:21AM**

**Ganesha:** Blue      *Sunrise: 7:02AM*  
**Muruqa:** Yellow    *Sunset: 6:31PM*  
**Nataraja:** White  
 Moon – Orange  
**Bhadrapada-Avani**

Cape Town, South Africa  
**Sun 21    Sutra 145**  
 Khara 5113  
 Moon 8 - Phase 19  
 Ashtami  
**Subha Sivaloka Day**

**Monday, September 5, 2011**  
**Retreat Star**  
 Vrishchika Rasi: 23.43      Tithi 8 – 9  
**Family Home Evening**  
 Creative Work    Siddha Yoga  
 Until 9:00PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam  
 Jyeshtha\*/Mula\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    2:13PM – 3:39PM      **Jyeshtha\* Until 5:37PM**  
**Yama**        11:20AM – 12:46PM    **Vishkambha\* Until 8:21AM**  
**Rahu**         8:27AM – 9:53AM      **Balava Until 7:05PM**  
**Ashtami\* Until 7:05AM**

**Ganesha:** Blue      *Sunrise: 7:00AM*  
**Muruqa:** Yellow    *Sunset: 6:32PM*  
**Nataraja:** White  
 Moon – Orange  
**Bhadrapada-Avani**

Cape Town, South Africa  
**Sun 22    Sutra 146**  
 Khara 5113  
 Moon 8 - Phase 19  
 Navami  
**Subha Sivaloka Day**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

<b>1</b>	<b>Tuesday, September 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Cape Town, South Africa
	<b>Sun 23 Sutra 147</b>		Khara 5113
Dhanus Rasi: 7.04	Tithi 9 – 10	587176153	
			Moon 8 - Phase 20
			4th Phase
Creative Work	Amrita Yoga		
	Until 5:34PM then Siddha Yoga		
	Until 9.00PM then Amrita Yoga		
		<b>Gulika 12:46PM – 2:12PM</b>	<b>Mula* Until 5:34PM</b>
		<b>Yama 9:52AM – 11:19AM</b>	<b>Priti Until 6:39AM</b>
		<b>Rahu 3:39PM – 5:06PM</b>	<b>Taitila Until 6:18PM</b>
			<b>Navami* Until 6:18AM</b>
			<b>Ganesha: Yellow Sunrise: 6:59AM</b>
			<b>Muruqa: Yellow Sunset: 6:32PM</b>
			<b>Nataraja: White</b>
			<b>Moon – Light Blue</b>
			<b>Bhadrapada*Avani</b>
			<b>Sivaloka Day</b>
<b>2</b>	<b>Wednesday, September 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Cape Town, South Africa
	<b>Sun 24 Sutra 148</b>		Khara 5113
Dhanus Rasi: 20.08	Tithi 10 – 11	587176153	
			Moon 8 - Phase 20
			4th Phase
Creative Work	Amrita Yoga		
	Until 9.00PM then Siddha Yoga		
		<b>Gulika 11:19AM – 12:45PM</b>	<b>Purvashadha* Until 6:03PM</b>
		<b>Yama 8:25AM – 9:52AM</b>	<b>Saubhagya Until 4:18AM Thu</b>
		<b>Rahu 12:45PM – 2:12PM</b>	<b>Vanija Until 6:07PM</b>
			<b>Dasami Until 6:07AM</b>
			<b>Ganesha: Yellow Sunrise: 6:58AM</b>
			<b>Muruqa: Yellow Sunset: 6:33PM</b>
			<b>Nataraja: White</b>
			<b>Moon – Light Blue</b>
			<b>Bhadrapada*Avani</b>
			<b>Sivaloka Day</b>
<b>3</b>	<b>Thursday, September 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Cape Town, South Africa
	<b>Sun 25 Sutra 149</b>		Khara 5113
Makara Rasi: 2.58	Tithi 11 – 12	587176153	
			Moon 8 - Phase 20
			4th Phase
Creative Work	Siddha Yoga		
		<b>Gulika 9:51AM – 11:18AM</b>	<b>Uttarashadha Until 7:00PM</b>
		<b>Yama 6:56AM – 8:24AM</b>	<b>Sobhana Until 3:31AM Fri</b>
		<b>Rahu 2:12PM – 3:39PM</b>	<b>Bava Until 6:25PM</b>
			<b>Ekadasi Until 6:25AM</b>
			<b>Ganesha: Yellow Sunrise: 6:56AM</b>
			<b>Muruqa: Yellow Sunset: 6:34PM</b>
			<b>Nataraja: White</b>
			<b>Moon – Light Blue</b>
			<b>Bhadrapada*Avani</b>
			<b>Sivaloka Day</b>
<b>4</b>	<b>Friday, September 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Cape Town, South Africa
	<b>Sun 26 Sutra 150</b>		Khara 5113
Makara Rasi: 15.35	Tithi 12 – 13	597176153	
			Moon 8 - Phase 20
			4th Phase
Creative Work	Siddha Yoga		
		<b>Gulika 8:23AM – 9:50AM</b>	<b>Sravana Until 9:31PM</b>
		<b>Yama 3:40PM – 5:07PM</b>	<b>Athiganda* Until 4:42AM Sat</b>
		<b>Rahu 11:17AM – 12:45PM</b>	<b>Kaulava Until 8:18PM</b>
			<b>Dvadasi Until 7:13AM</b>
			<b>Ganesha: White Sunrise: 6:55AM</b>
			<b>Muruqa: Yellow Sunset: 6:34PM</b>
			<b>Nataraja: White</b>
			<b>Moon – Purple</b>
			<b>Bhadrapada*Avani</b>
			<b>Subha Sivaloka Day</b>
			<i>Pradosha Vrata</i>
<b>5</b>	<b>Saturday, September 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Cape Town, South Africa
	<b>Sun 27 Sutra 151</b>		Khara 5113
Makara Rasi: 28.02	Tithi 13 – 14	598176153	
			Moon 8 - Phase 20
			4th Phase
Creative Work	Siddha Yoga		
		<b>Gulika 6:54AM – 8:21AM</b>	<b>Dhanishtha Until 11:17PM</b>
		<b>Yama 2:12PM – 3:40PM</b>	<b>Sukarma Until 4:32AM Sun</b>
		<b>Rahu 9:49AM – 11:17AM</b>	<b>Gara Until 9:27PM</b>
			<b>Trayodasi Until 8:21AM</b>
			<b>Ganesha: Yellow Sunrise: 6:54AM</b>
			<b>Muruqa: Yellow Sunset: 6:35PM</b>
			<b>Nataraja: White</b>
			<b>Moon – Purple</b>
			<b>Bhadrapada*Avani</b>
			<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>	
<b>○</b>	<b>Sunday, September 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Cape Town, South Africa
	<b>Sutra 152</b>		Khara 5113
Kumbha Rasi: 10.2	Tithi 14 – 15	598176153	
			Moon 8 - Phase 20
			Purnima
Creative Work	Siddha Yoga		
	Until 1:20AM Mon then no yoga		
		<b>Gulika 3:40PM – 5:08PM</b>	<b>Satabhisha Until 1:20AM Mon</b>
		<b>Yama 12:44PM – 2:12PM</b>	<b>Dhriti Until 4:38AM Mon</b>
		<b>Rahu 5:08PM – 6:36PM</b>	<b>Visti Until 10:54PM</b>
			<b>Chaturdasi* Until 9:49AM</b>
			<b>Ganesha: Yellow Sunrise: 6:52AM</b>
			<b>Muruqa: Yellow Sunset: 6:36PM</b>
			<b>Nataraja: White</b>
			<b>Moon – Purple</b>
			<b>Bhadrapada*Avani</b>
			<b>Sivaloka Day</b>
		<b>Grandparent's Day</b>	
<b>Monday, September 12, 2011</b>	<b>Silver Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Cape Town, South Africa
	<b>Sutra 153</b>		Khara 5113
Kumbha Rasi: 22.3	Tithi 15 – 16	518186153	
			Moon 8 - Phase 20
			Prathama
<b>Family Home Evening</b>	No Yoga		
	Until 8.58PM then Marana Yoga		
	Until 3:40AM Tue then Amrita Yoga		
		<b>Gulika 2:12PM – 3:40PM</b>	<b>Purvaprostapada* Until 3:40AM Tue</b>
		<b>Yama 11:16AM – 12:44PM</b>	<b>Shula* Until 4:59AM Tue</b>
		<b>Rahu 8:19AM – 9:47AM</b>	<b>Balava Until 12:38AM Tue</b>
			<b>Purnima* Until 11:33AM</b>
			<b>Ganesha: Yellow Sunrise: 6:51AM</b>
			<b>Muruqa: White Sunset: 6:36PM</b>
			<b>Nataraja: White</b>
			<b>Moon – Clear</b>
			<b>Bhadrapada*Avani</b>
			<b>Subha Sivaloka Day</b>

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



**Tuesday, September 13, 2011**  
**Gold Retreat Star**

Meena Rasi: 4.34    Titli 16 – 17  
518186153  
Creative Work    Amrita Yoga  
Until 8.58PM then Siddha Yoga  
Until 6:18AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    12:43PM – 2:12PM    **Uttaraprostapada Until 6:18AM Wed**  
**Yama**        9:47AM – 11:15AM        **Ganda\* Until 5:33AM Wed**  
**Rahu**        3:40PM – 5:09PM        **Taitila Until 2:38AM Wed**  
**Prathama\* Until 1:33PM**

Cape Town, South Africa  
**Sutra 154**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Yellow    *Sunrise:* 6:50AM  
**Muruqa:** White    *Sunset:* 6:37PM  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**

**1**

**Wednesday, September 14, 2011**

Meena Rasi: 16.31    Titli 17 – 18  
518186153  
Creative Work    Siddha Yoga  
Until 6:18AM then Marana Yoga  
Until 8.57PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    11:14AM – 12:43PM    **Uttaraprostapada Until 6:18AM**  
**Yama**        8:17AM – 9:46AM        **Vriddhi Until 6:34AM Thu**  
**Rahu**        12:43PM – 2:12PM        **Vanija Until 4:52AM Thu**  
**Dvitiya Until 3:46PM**

Cape Town, South Africa  
**Sun 1 Sutra 155**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Yellow    *Sunrise:* 6:48AM  
**Muruqa:** White    *Sunset:* 6:38PM  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**

**2**

**Thursday, September 15, 2011**

Meena Rasi: 28.23    Titli 18  
518186153  
Creative Work    Siddha Yoga  
Until 9:13AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Asvini Nakshatra Vriddhi/Dhruva Yoga Visti\* Karana Tritiya Yam Titau  
**Gulika**    9:45AM – 11:14AM    **Revati Until 9:13AM**  
**Yama**        6:47AM – 8:16AM        **Vriddhi Until 6:34AM**  
**Rahu**        2:12PM – 3:41PM        **Visti Until 7:15AM Fri**  
**Tritiya Until 6:10PM**

Cape Town, South Africa  
**Sun 2 Sutra 156**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Yellow    *Sunrise:* 6:47AM  
**Muruqa:** White    *Sunset:* 6:38PM  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**

**3**

**Friday, September 16, 2011**

Mesha Rasi: 10.13    Titli 19  
529186153  
Creative Work    Amrita Yoga  
Until 12:13PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    8:15AM – 9:44AM    **Asvini Until 12:13PM**  
**Yama**        3:41PM – 5:10PM        **Dhruva Until 7:32AM**  
**Rahu**        11:13AM – 12:42PM    **Bava Until 7:34AM**  
**Chaturthi\* Until 8:40PM**

Cape Town, South Africa  
**Sun 3 Sutra 157**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Red        *Sunrise:* 6:46AM  
**Muruqa:** White    *Sunset:* 6:39PM  
**Nataraja:** White  
Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**

**4**

**Saturday, September 17, 2011**

Mesha Rasi: 22.03    Titli 20  
529186153  
Creative Work    Siddha Yoga  
Until 3:14PM then Amrita Yoga  
Until 8.56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    6:44AM – 8:14AM    **Bharani Until 3:14PM**  
**Yama**        2:11PM – 3:41PM        **Vyaghata\* Until 8:31AM**  
**Rahu**        9:43AM – 11:13AM    **Kaulava Until 10:04AM**  
**Panchami Until 11:10PM**

Cape Town, South Africa  
**Sun 4 Sutra 158**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Red        *Sunrise:* 6:44AM  
**Muruqa:** White    *Sunset:* 6:40PM  
**Nataraja:** White  
Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**5**

**Sunday, September 18, 2011**

Vrishabha Rasi: 3.56    Titli 21  
529186153  
Creative Work    Siddha Yoga  
Until 8.56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    3:41PM – 5:11PM    **Krittika Until 6:07PM**  
**Yama**        12:42PM – 2:11PM        **Harshana Until 9:23AM**  
**Rahu**        5:11PM – 6:40PM        **Gara Until 12:26PM**  
**Shasthi\* Until 1:32AM Mon**

Cape Town, South Africa  
**Sun 5 Sutra 159**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Red        *Sunrise:* 6:43AM  
**Muruqa:** White    *Sunset:* 6:40PM  
**Nataraja:** White  
Moon – White  
**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**6**

**Monday, September 19, 2011**

Vrishabha Rasi: 15.58    Titli 22  
539186153  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 8.44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    2:11PM – 3:41PM    **Rohini Until 8:44PM**  
**Yama**        11:11AM – 12:41PM    **Vajra\* Until 10:00AM**  
**Rahu**        8:11AM – 9:41AM        **Visti Until 2:31PM**  
**Saptami Until 3:36AM Tue**

Cape Town, South Africa  
**Sun 6 Sutra 160**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Green    *Sunrise:* 6:41AM  
**Muruqa:** White    *Sunset:* 6:41PM  
**Nataraja:** White  
Moon – Yellow  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**



**Tuesday, September 20, 2011**  
**Retreat Star**

Vrishabha Rasi: 28.13    Titli 23  
539186153  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    12:41PM – 2:11PM    **Mrigasira Until 9:37PM**  
**Yama**        9:40AM – 11:11AM    **Siddhi Until 9:54AM**  
**Rahu**        3:41PM – 5:12PM        **Balava Until 3:16PM**  
**Ashtami\* Until 3:16AM Wed**

Cape Town, South Africa  
**Sun 7 Sutra 161**  
Khara 5113  
Moon 9 - Phase 21  
Ashtami

**Ganesha:** Green    *Sunrise:* 6:40AM  
**Muruqa:** White    *Sunset:* 6:42PM  
**Nataraja:** White  
Moon – Yellow  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**Wednesday, September 21, 2011**

**Retreat Star**

Mithuna Rasi: 10.46    Titli 24  
539186153  
Creative Work    Siddha Yoga  
Until 8.55PM then Marana Yoga  
Until 11:02PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Varyan Yoga Taitila\*/Gara Karana Navami\* Yam Titau  
**Gulika**    11:10AM – 12:41PM    **Ardra Until 11:02PM**  
**Yama**        8:09AM – 9:40AM        **Vyatipata\* Until 9:33AM**  
**Rahu**        12:41PM – 2:11PM        **Taitila Until 4:06PM**  
**Navami\* Until 4:06AM Thu**

Cape Town, South Africa  
**Sun 8 Sutra 162**  
Khara 5113  
Moon 9 - Phase 21  
Navami

**Ganesha:** Green    *Sunrise:* 6:39AM  
**Muruqa:** White    *Sunset:* 6:42PM  
**Nataraja:** White  
Moon – Yellow  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192


<b>1</b>	<b>Thursday, September 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau	Cape Town, South Africa
	Mithuna Rasi: 23.44      Tithi 25 549186153	<b>Gulika</b> 9:39AM – 11:09AM <b>Yama</b> 6:37AM – 8:08AM <b>Rahu</b> 2:11PM – 3:42PM	<b>Sun 9 Sutra 163</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
Creative Work    Amrita Yoga Until 8.54PM then Siddha Yoga Until 11:43PM then Marana Yoga		<b>Punarvasu</b> Until 11:43PM Variyan Until 8:31AM Vanija Until 4:08PM <b>Dasami</b> Until 4:08AM Fri	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:37AM <b>Muruqa:</b> White <i>Sunset:</i> 6:43PM <b>Nataraja:</b> White Moon – Blue <b>Subha Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

<b>2</b>	<b>Friday, September 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau	Cape Town, South Africa
	Kataka Rasi: 7.1      Tithi 26 549286153	<b>Gulika</b> 8:07AM – 9:38AM <b>Yama</b> 3:42PM – 5:13PM <b>Rahu</b> 11:09AM – 12:40PM	<b>Sun 10 Sutra 164</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
Routine Work    Marana Yoga Until 8.54PM then Siddha Yoga Until 10:17PM then Marana Yoga		<b>Pushya</b> Until 10:17PM Parigha* Until 6:38AM Bava Until 2:31PM <b>Ekadasi*</b> Until 1:36AM Sat	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:36AM <b>Muruqa:</b> White <i>Sunset:</i> 6:44PM <b>Nataraja:</b> White Moon – Blue <b>Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

<b>3</b>	<b>Saturday, September 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Cape Town, South Africa
	Kataka Rasi: 21.05      Tithi 27 541286153	<b>Gulika</b> 6:34AM – 8:06AM <b>Yama</b> 2:11PM – 3:42PM <b>Rahu</b> 9:37AM – 11:08AM	<b>Sun 11 Sutra 165</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
Routine Work    Marana Yoga Until 8.54PM then Siddha Yoga Until 9:17PM then Marana Yoga		<b>Aslesha*</b> Until 9:17PM Siddha Until 1:27AM Sun Kaulava Until 12:46PM <b>Dvadasi*</b> Until 11:51PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:34AM <b>Muruqa:</b> White <i>Sunset:</i> 6:45PM <b>Nataraja:</b> White Moon – Blue <b>Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

<b>4</b>	<b>Sunday, September 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Cape Town, South Africa
	Simha Rasi: 5.29      Tithi 28 551286153	<b>Gulika</b> 3:42PM – 5:14PM <b>Yama</b> 12:39PM – 2:11PM <b>Rahu</b> 5:14PM – 6:45PM	<b>Sun 12 Sutra 166</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
Routine Work    Marana Yoga Until 6:33PM then Siddha Yoga		<b>Magha*</b> Until 6:33PM Sadhya Until 9:09PM Gara Until 9:51AM <b>Trayodasi*</b> Until 8:08PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> White <i>Sunset:</i> 6:45PM <b>Nataraja:</b> White Moon – Red <b>Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

<b>5</b>	<b>Monday, September 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Caluspada* Karana Chaturdasi*/Amavasya* Yam Titau	Cape Town, South Africa
	Simha Rasi: 20.19      Tithi 29 – 30 <b>Family Home Evening</b> 551286153	<b>Gulika</b> 2:11PM – 3:42PM <b>Yama</b> 11:07AM – 12:39PM <b>Rahu</b> 8:03AM – 9:35AM	<b>Sun 13 Sutra 167</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
Creative Work    Siddha Yoga Until 4:11PM then Marana Yoga Until 8.53PM then Amrita Yoga		<b>Purvaphalguni*</b> Until 4:11PM Subha Until 5:28PM Visti Until 6:42AM <b>Chaturdasi*</b> Until 4:59PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> White <i>Sunset:</i> 6:46PM <b>Nataraja:</b> White Moon – Red <b>Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

	<b>Tuesday, September 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Cape Town, South Africa
	<b>Retreat Star</b> Kanya Rasi: 5.25      Tithi 30 – 1 551286153	<b>Gulika</b> 12:38PM – 2:11PM <b>Yama</b> 9:34AM – 11:06AM <b>Rahu</b> 3:43PM – 5:15PM	<b>Sun 14 Sutra 168</b> Khara 5113 Moon 9 - Phase 22 Amavasya
Creative Work    Amrita Yoga Until 1:21PM then Siddha Yoga		<b>Uttaraphalguni</b> Until 1:21PM Sukla Until 1:20PM Kintughna Until 11:38PM <b>Amavasya*</b> Until 1:21PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> White <i>Sunset:</i> 6:47PM <b>Nataraja:</b> White Moon – Red <b>Sivaloka Day</b> <b>Bhadrapada•Puratasi</b>

<b>Retreat Star</b>	<b>Wednesday, September 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Cape Town, South Africa
	Kanya Rasi: 20.39      Tithi 1 – 2 661286153	<b>Gulika</b> 11:06AM – 12:38PM <b>Yama</b> 8:01AM – 9:34AM <b>Rahu</b> 12:38PM – 2:10PM	<b>Sun 15 Sutra 169</b> Khara 5113 Moon 9 - Phase 22 Prathama
Creative Work    Siddha Yoga		<b>Hasta</b> Until 10:18AM Brahma Until 9:01AM Balava Until 7:46PM <b>Prathama*</b> Until 9:29AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> White <i>Sunset:</i> 6:47PM <b>Nataraja:</b> White Moon – Green <b>Sivaloka Day</b> <b>Ashvina•Puratasi</b>
<b>Navaratri Begins</b>			

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

<b>1</b>	<b>Thursday, September 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Tritiya Yam Titau	Cape Town, South Africa <b>Sun 16 Sutra 170</b> Khara 5113
	Tula Rasi: 5.51      Tithi 3 661286153	<b>Gulika</b> 9:33AM – 11:05AM <b>Yama</b> 6:28AM – 8:00AM <b>Rahu</b> 2:10PM – 3:43PM	<b>Chitra Until 7:19AM</b> Vaidhriti* Until 12:45AM Fri Tailila Until 3:58PM <b>Tritiya Until 2:15AM Fri</b>

**Ganesha:** Light Blue    *Sunrise:* 6:28AM  
**Muruqa:** White    *Sunset:* 6:48PM  
**Nataraja:** White  
 Moon – Green  
**Ashvina•Puratasi**  
**Sivaloka Day**

Creative Work    Siddha Yoga  
 Until 7:19AM then Amrita Yoga  
 Until 8:52PM then Siddha Yoga

<b>2</b>	<b>Friday, September 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Cape Town, South Africa <b>Sun 17 Sutra 171</b> Khara 5113
	Tula Rasi: 20.51      Tithi 4 671286153	<b>Gulika</b> 7:59AM – 9:32AM <b>Yama</b> 3:43PM – 5:16PM <b>Rahu</b> 11:05AM – 12:37PM	<b>Visakha Until 1:59AM Sat</b> Vishkambha* Until 8:46PM Vanija Until 12:30PM <b>Chaturthi* Until 10:47PM</b>

**Ganesha:** Purple    *Sunrise:* 6:26AM  
**Muruqa:** White    *Sunset:* 6:49PM  
**Nataraja:** White  
 Moon – Orange  
**Ashvina•Puratasi**  
**Sivaloka Day**

Routine Work    Marana Yoga  
 Until 8:52PM then Siddha Yoga

<b>3</b>	<b>Saturday, October 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau	Cape Town, South Africa <b>Sun 18 Sutra 172</b> Khara 5113
	Vrischika Rasi: 5.31      Tithi 5 671286153	<b>Gulika</b> 6:25AM – 7:58AM <b>Yama</b> 2:10PM – 3:43PM <b>Rahu</b> 9:31AM – 11:04AM	<b>Anuradha Until 1:06AM Sun</b> Priti Until 6:02PM Bava Until 9:53AM <b>Panchami Until 8:57PM</b>

**Ganesha:** Purple    *Sunrise:* 6:25AM  
**Muruqa:** White    *Sunset:* 6:49PM  
**Nataraja:** White  
 Moon – Orange  
**Ashvina•Puratasi**  
**Sivaloka Day**

Creative Work    Siddha Yoga  
 Until 8:51PM then Marana Yoga

<b>4</b>	<b>Sunday, October 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Cape Town, South Africa <b>Sun 19 Sutra 173</b> Khara 5113
	Vrischika Rasi: 19.47      Tithi 6 671286153	<b>Gulika</b> 3:43PM – 5:17PM <b>Yama</b> 12:37PM – 2:10PM <b>Rahu</b> 5:17PM – 6:50PM	<b>Jyeshtha* Until 11:31PM</b> Ayushman Until 2:58PM Kaulava Until 7:31AM <b>Shasthi* Until 6:36PM</b>


**Ganesha:** Purple    *Sunrise:* 6:24AM  
**Muruqa:** White    *Sunset:* 6:50PM  
**Nataraja:** White  
 Moon – Orange  
**Ashvina•Puratasi**  
**Sivaloka Day**

Routine Work    Marana Yoga  
 Until 8:51PM then Siddha Yoga

<b>5</b>	<b>Monday, October 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Cape Town, South Africa <b>Sun 20 Sutra 174</b> Khara 5113
	Dhanus Rasi: 4      Tithi 7 – 8 <b>Family Home Evening</b> 681286153	<b>Gulika</b> 2:10PM – 3:44PM <b>Yama</b> 11:03AM – 12:37PM <b>Rahu</b> 7:56AM – 9:29AM	<b>Mula* Until 11:58PM</b> Saubhagya Until 1:06PM Visti Until 5:58AM Tue <b>Saptami Until 5:58PM</b>


**Ganesha:** Clear    *Sunrise:* 6:22AM  
**Muruqa:** White    *Sunset:* 6:51PM  
**Nataraja:** White  
 Moon – Light Blue  
**Ashvina•Puratasi**  
**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
 Until 8:51PM then Amrita Yoga  
 Until 11:58PM then Siddha Yoga

	<b>Tuesday, October 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Cape Town, South Africa <b>Sun 21 Sutra 175</b> Khara 5113
	Dhanus Rasi: 16.59      Tithi 8 – 9 682286153	<b>Gulika</b> 12:36PM – 2:10PM <b>Yama</b> 9:29AM – 11:02AM <b>Rahu</b> 3:44PM – 5:18PM	<b>Purvashadha* Until 11:52PM</b> Sobhana Until 11:19AM Balava Until 5:10AM Wed <b>Ashtami* Until 5:10PM</b>

**Ganesha:** Orange    *Sunrise:* 6:21AM  
**Muruqa:** White    *Sunset:* 6:52PM  
**Nataraja:** White  
 Moon – Light Blue  
**Ashvina•Puratasi**  
**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
 Until 8:50PM then Amrita Yoga

	<b>Wednesday, October 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Tailila Karana Navami*/Dasami Yam Titau	Cape Town, South Africa <b>Sun 22 Sutra 176</b> Khara 5113
	Dhanus Rasi: 29.59      Tithi 9 – 10 682286153	<b>Gulika</b> 11:02AM – 12:36PM <b>Yama</b> 7:54AM – 9:28AM <b>Rahu</b> 12:36PM – 2:10PM	<b>Uttarashadha Until 12:29AM Thu</b> Athiganda* Until 10:12AM Tailila Until 5:08AM Thu <b>Navami* Until 5:08PM</b>

**Ganesha:** Orange    *Sunrise:* 6:19AM  
**Muruqa:** White    *Sunset:* 6:52PM  
**Nataraja:** White  
 Moon – Light Blue  
**Ashvina•Puratasi**  
**Subha Sivaloka Day**

Creative Work    Amrita Yoga  
 Until 8:50PM then Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

<b>1</b>	<b>Thursday, October 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Gara Karana Dasami Yam Titau				Cape Town, South Africa
	Makara Rasi: 12.4	Tithi 10	<b>Gulika</b> 9:27AM – 11:01AM	<b>Sravana Until 3:19AM Fri</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:18AM	<b>Sun 23 Sutra 177</b> Khara 5113
		692286153	<b>Yama</b> 6:18AM – 7:53AM	<b>Sukarma Until 9:54AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:53PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga		<b>Rahu</b> 2:10PM – 3:44PM	<b>Gara Until 7:54AM Fri</b>	<b>Nataraja:</b> White		4th Phase
				<b>Dasami Until 6:49PM</b>	<b>Ashvina•Puratasi</b>		<b>Sivaloka Day</b>

<b>2</b>	<b>Friday, October 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visiti* Karana Ekadasi Yam Titau				Cape Town, South Africa
	Makara Rasi: 25.07	Tithi 11	<b>Gulika</b> 7:51AM – 9:26AM	<b>Dhanishtha Until 5:07AM Sat</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:17AM	<b>Sun 24 Sutra 178</b> Khara 5113
		692286153	<b>Yama</b> 3:45PM – 5:19PM	<b>Dhriti Until 9:44AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:54PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga		<b>Rahu</b> 11:01AM – 12:35PM	<b>Vanija Until 6:55AM</b>	<b>Nataraja:</b> White		4th Phase
Until 5:07AM Sat then Amrita Yoga			<b>Vijaya Dasami</b>	<b>Ekadasi Until 8:00PM</b>	<b>Ashvina•Puratasi</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, October 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau				Cape Town, South Africa
	Kumbha Rasi: 7.22	Tithi 12	<b>Gulika</b> 6:15AM – 7:50AM	<b>Satabhisha Until 7:02AM Sun</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:15AM	<b>Sun 25 Sutra 179</b> Khara 5113
		692286154	<b>Yama</b> 2:10PM – 3:45PM	<b>Shula* Until 9:55AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Moon 9 - Phase 24
Creative Work	Amrita Yoga		<b>Rahu</b> 9:25AM – 11:00AM	<b>Bava Until 8:31AM</b>	<b>Nataraja:</b> Yellow		4th Phase
Until 8.49PM then Siddha Yoga			<b>Kadaitswami Mahasamadhi</b>	<b>Dvadasi Until 9:36PM</b>	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>

<b>4</b>	<b>Sunday, October 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Cape Town, South Africa
	Kumbha Rasi: 19.29	Tithi 13	<b>Gulika</b> 3:45PM – 5:20PM	<b>Satabhisha Until 7:02AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:14AM	<b>Sun 26 Sutra 180</b> Khara 5113
		692286154	<b>Yama</b> 12:35PM – 2:10PM	<b>Ganda* Until 10:20AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga		<b>Rahu</b> 5:20PM – 6:55PM	<b>Kaulava Until 10:25AM</b>	<b>Nataraja:</b> Yellow		4th Phase
Until 8.49PM then no yoga			<b>Chidambaram Abhishekam</b>	<b>Trayodasi Until 11:30PM</b>	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Monday, October 10, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Cape Town, South Africa
	Meena Rasi: 1.3	Tithi 14	<b>Gulika</b> 2:10PM – 3:45PM	<b>Purvaprostapada* Until 9:40AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:13AM	<b>Sun 27 Sutra 181</b> Khara 5113
<b>Family Home Evening</b>		612286154	<b>Yama</b> 10:59AM – 12:34PM	<b>Vridhi Until 10:56AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:56PM	Moon 9 - Phase 24
No Yoga			<b>Rahu</b> 7:48AM – 9:24AM	<b>Gara Until 12:32PM</b>	<b>Nataraja:</b> Yellow		4th Phase
Until 9:40AM then Siddha Yoga				<b>Chaturdasi* Until 1:37AM Tue</b>	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>
Until 8.49PM then Amrita Yoga							

<b>○</b>	<b>Tuesday, October 11, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visiti*/Bava Karana Purnima* Yam Titau				Cape Town, South Africa
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:34PM – 2:10PM	<b>Uttaraprostapada Until 12:27PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:12AM	<b>Sutra 182</b> Khara 5113
Meena Rasi: 13.26	Tithi 15	612286154	<b>Yama</b> 9:23AM – 10:59AM	<b>Dhruva Until 11:41AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:57PM	Moon 9 - Phase 24
Creative Work	Amrita Yoga		<b>Rahu</b> 3:46PM – 5:21PM	<b>Visiti Until 2:49PM</b>	<b>Nataraja:</b> Yellow		Purnima
Until 12:27PM then Siddha Yoga				<b>Purnima* Until 3:54AM Wed</b>	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>
Until 8.48PM then Marana Yoga							

<b>○</b>	<b>Wednesday, October 12, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau				Cape Town, South Africa
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:58AM – 12:34PM	<b>Revati Until 3:21PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:10AM	<b>Sutra 183</b> Khara 5113
Meena Rasi: 25.2	Tithi 16	612286154	<b>Yama</b> 7:46AM – 9:22AM	<b>Vyaghata* Until 12:32PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Moon 9 - Phase 24
Routine Work	Marana Yoga		<b>Rahu</b> 12:34PM – 2:10PM	<b>Balava Until 5:13PM</b>	<b>Nataraja:</b> Yellow		Prathama
Until 8.48PM then Amrita Yoga				<b>Prathama* Until 6:36AM Thu</b>	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM





**Thursday, October 13, 2011**  
**Gold Retreat Star**

Mesha Rasi: 7.11    Tithi 16 – 17  
622286154  
Creative Work    Amrita Yoga  
Until 6:18PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika**    9:21AM – 10:58AM    **Asvini Until 6:18PM**  
**Yama**        6:09AM – 7:45AM        Harshana Until 1:26PM  
**Rahu**        2:10PM – 3:46PM        Taitila Until 7:42PM  
**Prathama\* Until 6:36AM**

Cape Town, South Africa  
**Sutra 184**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red    *Sunrise:* 6:09AM  
**Muruqa:** White    *Sunset:* 6:58PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**1** **Friday, October 14, 2011**

Mesha Rasi: 19.01    Tithi 17 – 18  
622286154  
Creative Work    Siddha Yoga  
Until 9:17PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    7:44AM – 9:21AM    **Bharani Until 9:17PM**  
**Yama**        3:46PM – 5:23PM        Vajra\* Until 2:21PM  
**Rahu**        10:57AM – 12:33PM        Vanija Until 10:12PM  
**Dvitiya Until 9:06AM**

Cape Town, South Africa  
**Sun 1 Sutra 185**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red    *Sunrise:* 6:08AM  
**Muruqa:** White    *Sunset:* 6:59PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**2** **Saturday, October 15, 2011**

Wrishabha Rasi: 0.53    Tithi 18 – 19  
622286154  
Creative Work    Amrita Yoga  
Until 8:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika**    6:07AM – 7:43AM    **Krittika Until 12:13AM Sun**  
**Yama**        2:10PM – 3:47PM        Siddhi Until 3:14PM  
**Rahu**        9:20AM – 10:57AM        Bava Until 12:39AM Sun  
**Tritiya Until 11:33AM**

Cape Town, South Africa  
**Sun 2 Sutra 186**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red    *Sunrise:* 6:07AM  
**Muruqa:** White    *Sunset:* 7:00PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**3** **Sunday, October 16, 2011**

Wrishabha Rasi: 12.5    Tithi 19 – 20  
632286154  
Creative Work    Siddha Yoga  
Until 8:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    3:47PM – 5:24PM    **Rohini Until 3:00AM Mon**  
**Yama**        12:33PM – 2:10PM        Vyatipata\* Until 3:58PM  
**Rahu**        5:24PM – 7:01PM        Kaulava Until 2:56AM Mon  
**Chaturthi\* Until 1:51PM**

Cape Town, South Africa  
**Sun 3 Sutra 187**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:05AM  
**Muruqa:** White    *Sunset:* 7:01PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**

**4** **Monday, October 17, 2011**

Wrishabha Rasi: 24.55    Tithi 20 – 21  
632286154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 8:47PM then Siddha Yoga  
Until 5:31AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    2:10PM – 3:47PM    **Mrigasira Until 5:31AM Tue**  
**Yama**        10:56AM – 12:33PM        Variyan Until 4:28PM  
**Rahu**        7:41AM – 9:18AM        Gara Until 4:57AM Tue  
**Panchami Until 3:51PM**

Cape Town, South Africa  
**Sun 4 Sutra 188**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:04AM  
**Muruqa:** White    *Sunset:* 7:02PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**5** **Tuesday, October 18, 2011**

Mithuna Rasi: 7.1    Tithi 21 – 22  
633386154  
Routine Work    Marana Yoga  
Until 8:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    12:33PM – 2:10PM    **Ardra Until 6:31AM Wed**  
**Yama**        9:18AM – 10:55AM        Parigha\* Until 3:51PM  
**Rahu**        3:47PM – 5:25PM        Visti Until 4:29AM Wed  
**Shasthi\* Until 4:29PM**

Cape Town, South Africa  
**Sun 5 Sutra 189**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:03AM  
**Muruqa:** White    *Sunset:* 7:02PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**6** **Wednesday, October 19, 2011**

Mithuna Rasi: 19.43    Tithi 22 – 23  
633386154  
Creative Work    Siddha Yoga  
Until 8:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    10:55AM – 12:32PM    **Ardra Until 6:31AM**  
**Yama**        7:39AM – 9:17AM        Shiva Until 3:30PM  
**Rahu**        12:32PM – 2:10PM        Balava Until 5:23AM Thu  
**Saptami Until 5:23PM**

Cape Town, South Africa  
**Sun 6 Sutra 190**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:02AM  
**Muruqa:** White    *Sunset:* 7:03PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**Thursday, October 20, 2011**  
**Retreat Star**

Kataka Rasi: 2.37    Tithi 23 – 24  
643386154  
Creative Work    Amrita Yoga  
Until 8:46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    9:16AM – 10:54AM    **Punarvasu Until 7:20AM**  
**Yama**        6:00AM – 7:38AM        Siddha Until 2:33PM  
**Rahu**        2:10PM – 3:48PM        Taitila Until 5:34AM Fri  
**Ashtami\* Until 5:34PM**

Cape Town, South Africa  
**Sun 7 Sutra 191**  
Khara 5113  
Moon 10 - Phase 25  
Ashtami  
**Sivaloka Day**

**Ganesha:** Orange    *Sunrise:* 6:00AM  
**Muruqa:** White    *Sunset:* 7:04PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

**Friday, October 21, 2011**  
**Retreat Star**

Kataka Rasi: 15.56    Tithi 24 – 25  
643386154  
Routine Work    Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

**Gulika**    7:38AM – 9:16AM    **Pushya Until 7:16AM**  
**Yama**        3:48PM – 5:27PM        Sadhya Until 12:25PM  
**Rahu**        10:54AM – 12:32PM        Vanija Until 3:10AM Sat  
**Navami\* Until 4:05PM**

Cape Town, South Africa  
**Sun 8 Sutra 192**  
Khara 5113  
Moon 10 - Phase 25  
Navami  
**Sivaloka Day**

**Ganesha:** Orange    *Sunrise:* 5:59AM  
**Muruqa:** White    *Sunset:* 7:05PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

<b>1</b>	<b>Saturday, October 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Cape Town, South Africa
	Kataka Rasi: 29.42    Tithi 25 – 26 643386154	<b>Gulika</b> 5:58AM – 7:37AM <b>Yama</b> 2:10PM – 3:49PM <b>Rahu</b> 9:15AM – 10:53AM	<b>Sun 9 Sutra 193</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Routine Work    Marana Yoga Until 6:30AM then Amrita Yoga Until 8.46PM then Marana Yoga		<b>Aslesha* Until 6:30AM</b> Subha Until 10:07AM Bava Until 1:44AM Sun <b>Dasami Until 2:39PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:58AM <b>Muruqa:</b> White <i>Sunset:</i> 7:06PM <b>Nataraja:</b> Yellow Moon – Blue <b>Ashvina-Aipasi</b>

<b>2</b>	<b>Sunday, October 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Cape Town, South Africa
	Simha Rasi: 13.57    Tithi 26 – 27 653386154	<b>Gulika</b> 3:49PM – 5:28PM <b>Yama</b> 12:32PM – 2:10PM <b>Rahu</b> 5:28PM – 7:06PM	<b>Sun 10 Sutra 194</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work    Siddha Yoga Until 2:21AM Mon then Marana Yoga		<b>Purvaphalguni* Until 2:21AM Mon</b> Sukla Until 7:00AM Kaulava Until 10:11PM <b>Ekadasi* Until 11:53AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:57AM <b>Muruqa:</b> White <i>Sunset:</i> 7:06PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>


<b>3</b>	<b>Monday, October 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Cape Town, South Africa
	Simha Rasi: 28.37    Tithi 27 – 28 653386154	<b>Gulika</b> 2:11PM – 3:49PM <b>Yama</b> 10:53AM – 12:32PM <b>Rahu</b> 7:35AM – 9:14AM	<b>Sun 11 Sutra 195</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Family Home Evening Routine Work    Marana Yoga Until 8.46PM then Amrita Yoga Until 12:13AM Tue then Siddha Yoga		<b>Uttaraphalguni Until 12:13AM Tue</b> Indra Until 11:30PM Gara Until 7:18PM <b>Dvadasi* Until 9:01AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:56AM <b>Muruqa:</b> White <i>Sunset:</i> 7:07PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>

<b>4</b>	<b>Tuesday, October 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Cape Town, South Africa
	Kanya Rasi: 13.37    Tithi 29 663386154	<b>Gulika</b> 12:32PM – 2:11PM <b>Yama</b> 9:13AM – 10:52AM <b>Rahu</b> 3:50PM – 5:29PM	<b>Sun 12 Sutra 196</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work    Siddha Yoga Deepavali Hindu Solidarity Day		<b>Hasta Until 9:32PM</b> Vaidhriti* Until 7:30PM Visti Until 3:52PM <b>Chaturdasi* Until 2:09AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:55AM <b>Muruqa:</b> White <i>Sunset:</i> 7:08PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>

	<b>Wednesday, October 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Cape Town, South Africa
	Kanya Rasi: 28.5    Tithi 30 663386154	<b>Gulika</b> 10:52AM – 12:31PM <b>Yama</b> 7:33AM – 9:13AM <b>Rahu</b> 12:31PM – 2:11PM	<b>Sun 13 Sutra 197</b> Khara 5113 Moon 10 - Phase 26 Amavasya
Creative Work    Siddha Yoga Until 8.46PM then Amrita Yoga Subramuniyaswami Mahasamadhi		<b>Chitra Until 6:32PM</b> Vishkambha* Until 3:12PM Catuspada Until 12:04PM <b>Amavasya* Until 10:21PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:54AM <b>Muruqa:</b> White <i>Sunset:</i> 7:09PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>

<b>Retreat Star</b>	<b>Thursday, October 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Cape Town, South Africa
	Tula Rasi: 14.05    Tithi 1 663386154	<b>Gulika</b> 9:12AM – 10:52AM <b>Yama</b> 5:53AM – 7:32AM <b>Rahu</b> 2:11PM – 3:51PM	<b>Sun 14 Sutra 198</b> Khara 5113 Moon 10 - Phase 26 Prathama
Creative Work    Amrita Yoga Until 3:28PM then Siddha Yoga Until 8.45PM then Marana Yoga Skanda Shasthi Begins		<b>Svati Until 3:28PM</b> Priti Until 10:49AM Kintughna Until 8:12AM <b>Prathama* Until 6:29PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:53AM <b>Muruqa:</b> White <i>Sunset:</i> 7:10PM <b>Nataraja:</b> Yellow Moon – Green <b>Karttika-Aipasi</b>

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

<b>1</b>	<b>Friday, October 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Cape Town, South Africa <b>Sun 15 Sutra 199</b> Khara 5113
	Tula Rasi: 29.13      Tithi 2 – 3 673386154	<b>Gulika</b> 7:31AM – 9:11AM <b>Yama</b> 3:51PM – 5:31PM <b>Rahu</b> 10:51AM – 12:31PM	<b>Visakha Until 12:35PM</b> Ayushman Until 6:38AM Taitila Until 1:07AM Sat <b>Dvitiya Until 2:50PM</b>
	Routine Work Marana Yoga Until 12:35PM then Siddha Yoga	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> White <i>Sunset:</i> 7:11PM <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	<b>Devaloka Day</b> Moon 10 - Phase 27 3rd Phase
<b>2</b>	<b>Saturday, October 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Cape Town, South Africa <b>Sun 16 Sutra 200</b> Khara 5113
	Vrischika Rasi: 14.04      Tithi 3 – 4 673386154	<b>Gulika</b> 5:51AM – 7:31AM <b>Yama</b> 2:11PM – 3:51PM <b>Rahu</b> 9:11AM – 10:51AM	<b>Anuradha Until 10:27AM</b> Sobhana Until 11:58PM Vanija Until 11:10PM <b>Tritiya Until 12:05PM</b>
	Creative Work Siddha Yoga Until 8.45PM then Marana Yoga	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> White <i>Sunset:</i> 7:12PM <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	<b>Devaloka Day</b> Moon 10 - Phase 27 3rd Phase
<b>3</b>	<b>Sunday, October 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Cape Town, South Africa <b>Sun 17 Sutra 201</b> Khara 5113
	Vrischika Rasi: 28.32      Tithi 4 – 5 673386154	<b>Gulika</b> 3:52PM – 5:32PM <b>Yama</b> 12:31PM – 2:11PM <b>Rahu</b> 5:32PM – 7:13PM	<b>Jyeshtha* Until 8:31AM</b> Athiganda* Until 8:34PM Bava Until 8:28PM <b>Chaturthi* Until 9:23AM</b>
	Routine Work Marana Yoga Until 8:31AM then Amrita Yoga Until 8.45PM then Siddha Yoga	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> White <i>Sunset:</i> 7:13PM <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	<b>Devaloka Day</b> Moon 10 - Phase 27 3rd Phase
<b>4</b>	<b>Monday, October 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Cape Town, South Africa <b>Sun 18 Sutra 202</b> Khara 5113
	Dhanus Rasi: 12.32      Tithi 5 – 6 <b>Family Home Evening</b> 683386154	<b>Gulika</b> 2:12PM – 3:52PM <b>Yama</b> 10:50AM – 12:31PM <b>Rahu</b> 7:29AM – 9:10AM	<b>Mula* Until 7:22AM</b> Sukarma Until 5:54PM Kaulava Until 6:36PM <b>Panchami Until 7:32AM</b>
	Creative Work Siddha Yoga Until 7:22AM then Marana Yoga Until 8.45PM then Siddha Yoga	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> White <i>Sunset:</i> 7:13PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sivaloka Day</b> Moon 10 - Phase 27 3rd Phase
<b>5</b>	<b>Tuesday, November 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shasthi*/Saplami Yam Titau	Cape Town, South Africa <b>Sun 19 Sutra 203</b> Khara 5113
	Dhanus Rasi: 26.04      Tithi 6 – 7 684386154	<b>Gulika</b> 12:31PM – 2:12PM <b>Yama</b> 9:09AM – 10:50AM <b>Rahu</b> 3:53PM – 5:34PM	<b>Purvashadha* Until 7:06AM</b> Dhriti Until 4:41PM Gara Until 6:35PM <b>Shasthi* Until 6:35AM</b>
	Creative Work Siddha Yoga Until 7:06AM then Prabalarishta Yoga Until 8.45PM then Amrita Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> White <i>Sunset:</i> 7:14PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sivaloka Day</b> Moon 10 - Phase 27 3rd Phase
	<b>Wednesday, November 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Cape Town, South Africa <b>Sun 20 Sutra 204</b> Khara 5113
	<b>Retreat Star</b> Makara Rasi: 9.1      Tithi 7 – 8 684386154	<b>Gulika</b> 10:50AM – 12:31PM <b>Yama</b> 7:28AM – 9:09AM <b>Rahu</b> 12:31PM – 2:12PM	<b>Uttarashadha Until 7:33AM</b> Shula* Until 3:23PM Visti Until 6:24PM <b>Saptami Until 6:24AM</b>
	Creative Work Amrita Yoga Until 7:33AM then Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> White <i>Sunset:</i> 7:15PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sivaloka Day</b> Moon 10 - Phase 27 Ashtami
<b>Thursday, November 3, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Cape Town, South Africa <b>Sun 21 Sutra 205</b> Khara 5113
	Makara Rasi: 21.52      Tithi 8 – 9 694386154	<b>Gulika</b> 9:08AM – 10:50AM <b>Yama</b> 5:46AM – 7:27AM <b>Rahu</b> 2:12PM – 3:54PM	<b>Sravana Until 8:55AM</b> Ganda* Until 3:25PM Balava Until 8:10PM <b>Ashtami* Until 7:05AM</b>
	Creative Work Siddha Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> White <i>Sunset:</i> 7:16PM <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	<b>Devaloka Day</b> Moon 10 - Phase 27 Navami

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

<b>1</b>	<b>Friday, November 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Cape Town, South Africa
			<b>Sun 22 Sutra 206</b> Khara 5113
Kumbha Rasi: 4.17	Tithi 9 – 10	<b>Gulika 7:26AM – 9:08AM</b>	<b>Dhanishtha Until 10:47AM</b>
	694386154	<b>Yama 3:54PM – 5:36PM</b>	<b>Ganesha: White</b> <i>Sunrise: 5:45AM</i>
Creative Work Siddha Yoga		<b>Rahu 10:49AM – 12:31PM</b>	<b>Muruqa: White</b> <i>Sunset: 7:17PM</i>
Until 8.45PM then Amrita Yoga			<b>Nataraja: Yellow</b>
			<b>Moon – Purple</b>
		<b>Navami* Until 8:23AM</b>	<b>Karttika-Aipasi</b>
			<b>Devaloka Day</b>

<b>2</b>	<b>Saturday, November 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Cape Town, South Africa
			<b>Sun 23 Sutra 207</b> Khara 5113
Kumbha Rasi: 16.27	Tithi 10 – 11	<b>Gulika 5:44AM – 7:26AM</b>	<b>Satabhisha Until 1:05PM</b>
	694386154	<b>Yama 2:13PM – 3:54PM</b>	<b>Dhruva Until 3:34PM</b>
Creative Work Amrita Yoga		<b>Rahu 9:07AM – 10:49AM</b>	<b>Vanija Until 11:16PM</b>
Until 1:05PM then Siddha Yoga			<b>Dasami Until 10:10AM</b>
			<b>Ganesha: White</b> <i>Sunrise: 5:44AM</i>
			<b>Muruqa: White</b> <i>Sunset: 7:18PM</i>
			<b>Nataraja: Yellow</b>
			<b>Moon – Purple</b>
			<b>Karttika-Aipasi</b>
			<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, November 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Cape Town, South Africa
			<b>Sun 24 Sutra 208</b> Khara 5113
Kumbha Rasi: 28.29	Tithi 11 – 12	<b>Gulika 3:55PM – 5:37PM</b>	<b>Purvaprostapada* Until 3:43PM</b>
	614386154	<b>Yama 12:31PM – 2:13PM</b>	<b>Vyaghata* Until 4:08PM</b>
Creative Work Siddha Yoga		<b>Rahu 5:37PM – 7:19PM</b>	<b>Bava Until 1:24AM Mon</b>
Until 3:43PM then Amrita Yoga			<b>Ekadasi Until 12:19PM</b>
Until 8.45PM then Siddha Yoga			<b>Ganesha: Blue</b> <i>Sunrise: 5:43AM</i>
			<b>Muruqa: White</b> <i>Sunset: 7:19PM</i>
			<b>Nataraja: Yellow</b>
			<b>Moon – Clear</b>
			<b>Karttika-Aipasi</b>
			<b>Devaloka Day</b>

<b>4</b>	<b>Monday, November 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Cape Town, South Africa
			<b>Sun 25 Sutra 209</b> Khara 5113
Meena Rasi: 10.24	Tithi 12 – 13	<b>Gulika 2:13PM – 3:55PM</b>	<b>Uttaraprostapada Until 6:32PM</b>
<b>Family Home Evening</b>	714386154	<b>Yama 10:49AM – 12:31PM</b>	<b>Harshana Until 4:53PM</b>
Creative Work Siddha Yoga		<b>Rahu 7:24AM – 9:07AM</b>	<b>Kaulava Until 3:45AM Tue</b>
			<b>Dvadasi Until 2:40PM</b>
			<b>Ganesha: Red</b> <i>Sunrise: 5:42AM</i>
			<b>Muruqa: White</b> <i>Sunset: 7:20PM</i>
			<b>Nataraja: Yellow</b>
			<b>Moon – Clear</b>
			<b>Karttika-Aipasi</b>
			<b>Sivaloka Day</b>

*Pradosha Vrata*

<b>5</b>	<b>Tuesday, November 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Cape Town, South Africa
			<b>Sun 26 Sutra 210</b> Khara 5113
Meena Rasi: 22.16	Tithi 13 – 14	<b>Gulika 12:31PM – 2:14PM</b>	<b>Revati Until 9:27PM</b>
	714386154	<b>Yama 9:06AM – 10:49AM</b>	<b>Vajra* Until 5:44PM</b>
Creative Work Siddha Yoga		<b>Rahu 3:56PM – 5:38PM</b>	<b>Gara Until 6:14AM Wed</b>
Until 8.45PM then Marana Yoga			<b>Trayodasi Until 5:08PM</b>
			<b>Ganesha: Red</b> <i>Sunrise: 5:41AM</i>
			<b>Muruqa: White</b> <i>Sunset: 7:21PM</i>
			<b>Nataraja: Yellow</b>
			<b>Moon – Clear</b>
			<b>Karttika-Aipasi</b>
			<b>Sivaloka Day</b>

<b>6</b>	<b>Wednesday, November 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Cape Town, South Africa
			<b>Sun 27 Sutra 211</b> Khara 5113
Mesha Rasi: 4.08	Tithi 14	<b>Gulika 10:49AM – 12:31PM</b>	<b>Asvini Until 12:25AM Thu</b>
	724386154	<b>Yama 7:23AM – 9:06AM</b>	<b>Siddhi Until 6:36PM</b>
Routine Work Marana Yoga		<b>Rahu 12:31PM – 2:14PM</b>	<b>Gara Until 6:33AM</b>
Until 8.45PM then Amrita Yoga			<b>Chaturdasi* Until 7:39PM</b>
Until 12:25AM Thu then Siddha Yoga			<b>Ganesha: Blue</b> <i>Sunrise: 5:41AM</i>
			<b>Muruqa: White</b> <i>Sunset: 7:22PM</i>
			<b>Nataraja: Yellow</b>
			<b>Moon – White</b>
			<b>Karttika-Aipasi</b>
			<b>Devaloka Day</b>

<b>○</b>	<b>Thursday, November 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Cape Town, South Africa
			<b>Sutra 212</b> Khara 5113
<b>Copper Retreat Star</b>		<b>Gulika 9:06AM – 10:48AM</b>	<b>Bharani Until 3:20AM Fri</b>
Mesha Rasi: 16	Tithi 15	<b>Yama 5:40AM – 7:23AM</b>	<b>Vyatipata* Until 7:27PM</b>
	724386154	<b>Rahu 2:14PM – 3:57PM</b>	<b>Visti Until 9:02AM</b>
Creative Work Siddha Yoga			<b>Purnima* Until 10:07PM</b>
			<b>Ganesha: Blue</b> <i>Sunrise: 5:40AM</i>
			<b>Muruqa: White</b> <i>Sunset: 7:23PM</i>
			<b>Nataraja: Yellow</b>
			<b>Moon – White</b>
			<b>Karttika-Aipasi</b>
			<b>Devaloka Day</b>

<b>○</b>	<b>Friday, November 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau	Cape Town, South Africa
			<b>Sutra 213</b> Khara 5113
<b>Silver Retreat Star</b>		<b>Gulika 7:22AM – 9:05AM</b>	<b>Krittika Until 6:11AM Sat</b>
Mesha Rasi: 27.55	Tithi 16	<b>Yama 3:57PM – 5:41PM</b>	<b>Variyan Until 8:13PM</b>
	724386154	<b>Rahu 10:48AM – 12:31PM</b>	<b>Balava Until 11:24AM</b>
Creative Work Siddha Yoga			<b>Prathama* Until 12:29AM Sat</b>
Until 8.46PM then Amrita Yoga			<b>Ganesha: Blue</b> <i>Sunrise: 5:39AM</i>
			<b>Muruqa: White</b> <i>Sunset: 7:24PM</i>
			<b>Nataraja: Yellow</b>
			<b>Moon – White</b>
			<b>Karttika-Aipasi</b>
			<b>Devaloka Day</b>

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



**Saturday, November 12, 2011**  
**Gold Retreat Star**

Wrishabha Rasi: 9.55    Tithi 17  
724386154  
Creative Work    Amrita Yoga  
Until 8.46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Tailila/Gara Karana Dvitiya Yam Titau  
**Gulika**    5:38AM – 7:22AM    **Krittika Until 6:11AM**  
**Yama**       2:15PM – 3:58PM       **Parigha\* Until 8:50PM**  
**Rahu**       9:05AM – 10:48AM       **Taitila Until 1:36PM**  
**Dvitiya Until 2:42AM Sun**

Cape Town, South Africa  
**Sutra 214**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: Blue    *Sunrise: 5:38AM*  
Muruqa: White    *Sunset: 7:25PM*  
Nataraja: Yellow  
Moon – White  
Karttika•Aipasi

**1**

**Sunday, November 13, 2011**

Wrishabha Rasi: 22.01    Tithi 18  
735486154  
Creative Work    Siddha Yoga  
Until 8.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visiti\* Karana Tritiya Yam Titau  
**Gulika**    3:59PM – 5:42PM    **Rohini Until 8:39AM**  
**Yama**       12:32PM – 2:15PM       **Shiva Until 9:14PM**  
**Rahu**       5:42PM – 7:26PM       **Vanija Until 3:34PM**  
**Tritiya Until 4:40AM Mon**

Cape Town, South Africa  
**Sun 1 Sutra 215**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 5:38AM*  
Muruqa: White    *Sunset: 7:26PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**2**

**Monday, November 14, 2011**

Mithuna Rasi: 4.16    Tithi 19  
735486154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 10:48AM then Siddha Yoga  
Until 8.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    2:15PM – 3:59PM    **Mrigasira Until 10:48AM**  
**Yama**       10:48AM – 12:32PM       **Siddha Until 9:23PM**  
**Rahu**       7:21AM – 9:04AM       **Bava Until 5:13PM**  
**Chaturthi\* Until 6:19AM Tue**

Cape Town, South Africa  
**Sun 2 Sutra 216**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 5:37AM*  
Muruqa: White    *Sunset: 7:26PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**3**

**Tuesday, November 15, 2011**

Mithuna Rasi: 16.42    Tithi 20  
735486154  
Routine Work    Marana Yoga  
Until 12:06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    12:32PM – 2:16PM    **Ardra Until 12:06PM**  
**Yama**       9:04AM – 10:48AM       **Sadhya Until 8:05PM**  
**Rahu**       4:00PM – 5:44PM       **Kaulava Until 5:26PM**  
**Panchami Until 6:06AM Wed**

Cape Town, South Africa  
**Sun 3 Sutra 217**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 5:36AM*  
Muruqa: White    *Sunset: 7:27PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**4**

**Wednesday, November 16, 2011**

Mithuna Rasi: 29.22    Tithi 20 – 21  
745486154  
Creative Work    Siddha Yoga  
Until 8.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    10:48AM – 12:32PM    **Punarvasu Until 1:19PM**  
**Yama**       7:20AM – 9:04AM       **Subha Until 7:30PM**  
**Rahu**       12:32PM – 2:16PM       **Gara Until 6:06PM**  
**Panchami Until 6:06AM**

Cape Town, South Africa  
**Sun 4 Sutra 218**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: White    *Sunrise: 5:36AM*  
Muruqa: White    *Sunset: 7:28PM*  
Nataraja: Yellow  
Moon – Blue  
Karttika•Karttikai

**5**

**Thursday, November 17, 2011**

Kataka Rasi: 12.19    Tithi 21 – 22  
745486155  
Creative Work    Amrita Yoga  
Until 2:02PM then Siddha Yoga  
Until 8.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sukla Yoga Vanija/Visiti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    9:04AM – 10:48AM    **Pushya Until 2:02PM**  
**Yama**       5:35AM – 7:19AM       **Sukla Until 6:26PM**  
**Rahu**       2:17PM – 4:01PM       **Visiti Until 6:13PM**  
**Shasthi\* Until 6:13AM**

Cape Town, South Africa  
**Sun 5 Sutra 219**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: White    *Sunrise: 5:35AM*  
Muruqa: White    *Sunset: 7:29PM*  
Nataraja: Red  
Moon – Blue  
Karttika•Karttikai

**Retreat Star**

**Friday, November 18, 2011**

Kataka Rasi: 25.35    Tithi 23  
745486155  
Routine Work    Marana Yoga  
Until 8.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    7:19AM – 9:04AM    **Aslesha\* Until 1:34PM**  
**Yama**       4:01PM – 5:46PM       **Brahma Until 4:05PM**  
**Rahu**       10:48AM – 12:32PM       **Balava Until 4:48PM**  
**Ashtami\* Until 3:52AM Sat**

Cape Town, South Africa  
**Sun 6 Sutra 220**  
Khara 5113  
Moon 11 - Phase 29  
Ashtami  
**Devaloka Day**  
Ganesha: White    *Sunrise: 5:35AM*  
Muruqa: White    *Sunset: 7:30PM*  
Nataraja: Red  
Moon – Blue  
Karttika•Karttikai


**Saturday, November 19, 2011**  
**Retreat Star**

Simha Rasi: 9.13    Tithi 24  
755486155  
Creative Work    Amrita Yoga  
Until 1:03PM then Marana Yoga  
Until 8.47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra/Vaidhriti\* Yoga Tailila/Gara Karana Navami\* Yam Titau  
**Gulika**    5:34AM – 7:19AM    **Magha\* Until 1:03PM**  
**Yama**       2:17PM – 4:02PM       **Indra Until 2:00PM**  
**Rahu**       9:03AM – 10:48AM       **Taitila Until 3:38PM**  
**Navami\* Until 2:43AM Sun**

Cape Town, South Africa  
**Sun 7 Sutra 221**  
Khara 5113  
Moon 11 - Phase 29  
Navami  
**Sivaloka Day**  
Ganesha: Clear    *Sunrise: 5:34AM*  
Muruqa: White    *Sunset: 7:31PM*  
Nataraja: Red  
Moon – Red  
Karttika•Karttikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

<b>1</b>	<b>Sunday, November 20, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau				Cape Town, South Africa
	Simha Rasi: 23.14	Tithi 25	755486155	<b>Gulika</b> 4:03PM – 5:47PM <b>Yama</b> 12:33PM – 2:18PM <b>Rahu</b> 5:47PM – 7:32PM	<b>Purvaphalguni* Until 11:53AM</b> Vaidhriti* Until 11:18AM Vanija Until 1:47PM <b>Dasami Until 12:52AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>	<b>Sun 8 Sutra 222</b> Khara 5113 Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 11:53AM then Amrita Yoga Until 8.47PM then Marana Yoga						
<b>2</b>	<b>Monday, November 21, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau				Cape Town, South Africa
	Kanya Rasi: 7.37	Tithi 26	755486155	<b>Gulika</b> 2:18PM – 4:03PM <b>Yama</b> 10:48AM – 12:33PM <b>Rahu</b> 7:18AM – 9:03AM	<b>Uttaraphalguni Until 9:50AM</b> Vishkambha* Until 7:54AM Bava Until 10:54AM <b>Ekadasi* Until 9:11PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>	<b>Sun 9 Sutra 223</b> Khara 5113 Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
	Family Home Evening Routine Work Marana Yoga Until 9:50AM then Siddha Yoga						
<b>3</b>	<b>Tuesday, November 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Cape Town, South Africa
	Kanya Rasi: 22.18	Tithi 27	766486155	<b>Gulika</b> 12:33PM – 2:19PM <b>Yama</b> 9:03AM – 10:48AM <b>Rahu</b> 4:04PM – 5:49PM	<b>Hasta Until 7:40AM</b> Ayushman Until 12:21AM Wed Kaulava Until 8:01AM <b>Dvadasi* Until 6:18PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>	<b>Sun 10 Sutra 224</b> Khara 5113 Moon 11 - Phase 30 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
<b>4</b>	<b>Wednesday, November 23, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Cape Town, South Africa
	Tula Rasi: 7.13	Tithi 28 – 29	766486155	<b>Gulika</b> 10:48AM – 12:34PM <b>Yama</b> 7:18AM – 9:03AM <b>Rahu</b> 12:34PM – 2:19PM	<b>Svati Until 2:28AM Thu</b> Saubhagya Until 8:28PM Visti Until 1:20AM Thu <b>Trayodasi* Until 3:02PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>	<b>Sun 11 Sutra 225</b> Khara 5113 Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 8.48PM then Amrita Yoga Until 2:28AM Thu then Siddha Yoga						
	<b>Thursday, November 24, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Cape Town, South Africa
	Tula Rasi: 22.14	Tithi 29 – 30	776486155	<b>Gulika</b> 9:03AM – 10:48AM <b>Yama</b> 5:32AM – 7:17AM <b>Rahu</b> 2:19PM – 4:05PM	<b>Visakha Until 11:46PM</b> Sobhana Until 4:25PM Catuspada Until 9:53PM <b>Chaturdasi* Until 11:36AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Orange <b>Karttika•Karttikai</b>	<b>Sun 12 Sutra 226</b> Khara 5113 Moon 11 - Phase 30 Amavasya <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 8.48PM then Marana Yoga Until 11:46PM then Siddha Yoga						
<b>Retreat Star</b>	<b>Friday, November 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Cape Town, South Africa
	Vrischika Rasi: 7.13	Tithi 30 – 1	776486155	<b>Gulika</b> 7:17AM – 9:03AM <b>Yama</b> 4:06PM – 5:51PM <b>Rahu</b> 10:49AM – 12:34PM	<b>Anuradha Until 9:08PM</b> Athiganda* Until 12:26PM Kintughna Until 6:31PM <b>Amavasya* Until 8:13AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Orange <b>Margasira•Karttikai</b>	<b>Sun 13 Sutra 227</b> Khara 5113 Moon 11 - Phase 30 Prathama <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						

<b>1</b>	<b>Saturday, November 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Cape Town, South Africa
	Sun 14	<b>Sutra 228</b>	Khara 5113
Vrischika Rasi: 22.01	Tithi 2	776486155	Moon 11 - Phase 31
Creative Work	Siddha Yoga		3rd Phase
Until 8.49PM	then Amrita Yoga		<b>Sivaloka Day</b>
<b>Gulika</b>	5:31AM – 7:17AM	<b>Jyeshtha* Until 7:42PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:31AM
<b>Yama</b>	2:20PM – 4:06PM	Sukarma Until 8:43AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:38PM
<b>Rahu</b>	9:03AM – 10:49AM	Balava Until 4:10PM	<b>Nataraja:</b> Red
		<b>Dvitiya Until 3:15AM Sun</b>	Moon – Orange
			<b>Margasira-Karttikai</b>


<b>2</b>	<b>Sunday, November 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Tailila/Gara Karana Tritiya Yam Titau	Cape Town, South Africa
	Sun 15	<b>Sutra 229</b>	Khara 5113
Dhanus Rasi: 6.31	Tithi 3	786486155	Moon 11 - Phase 31
Creative Work	Amrita Yoga		3rd Phase
Until 5.42PM	then Siddha Yoga		<b>Sivaloka Day</b>
Until 8.49PM	then Marana Yoga		
<b>Gulika</b>	4:07PM – 5:53PM	<b>Mula* Until 5:42PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:31AM
<b>Yama</b>	12:35PM – 2:21PM	Shula* Until 2:44AM Mon	<b>Muruqa:</b> White <i>Sunset:</i> 7:39PM
<b>Rahu</b>	5:53PM – 7:39PM	Tailila Until 1:25PM	<b>Nataraja:</b> Red
		<b>Tritiya Until 12:30AM Mon</b>	Moon – Light Blue
			<b>Margasira-Karttikai</b>

<b>3</b>	<b>Monday, November 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chalurthi* Yam Titau	Cape Town, South Africa
	Sun 16	<b>Sutra 230</b>	Khara 5113
Dhanus Rasi: 20.37	Tithi 4	786486155	Moon 11 - Phase 31
Family Home Evening			3rd Phase
Routine Work	Marana Yoga		<b>Sivaloka Day</b>
Until 8.49PM	then Prabalarishta Yoga		
<b>Gulika</b>	2:21PM – 4:07PM	<b>Purvashadha* Until 4:22PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:31AM
<b>Yama</b>	10:49AM – 12:35PM	Ganda* Until 11:53PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:40PM
<b>Rahu</b>	7:17AM – 9:03AM	Vanija Until 11:24AM	<b>Nataraja:</b> Red
		<b>Chaturthi* Until 10:29PM</b>	Moon – Light Blue
			<b>Margasira-Karttikai</b>

<b>4</b>	<b>Tuesday, November 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau	Cape Town, South Africa
	Sun 17	<b>Sutra 231</b>	Khara 5113
Makara Rasi: 4.17	Tithi 5	786486155	Moon 11 - Phase 31
Routine Work	Prabalarishta Yoga		3rd Phase
Until 4:33PM	then Siddha Yoga		<b>Sivaloka Day</b>
<b>Gulika</b>	12:35PM – 2:22PM	<b>Uttarashadha Until 4:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM
<b>Yama</b>	9:03AM – 10:49AM	Vriddhi Until 10:51PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:40PM
<b>Rahu</b>	4:08PM – 5:54PM	Bava Until 10:32AM	<b>Nataraja:</b> Red
		<b>Panchami Until 10:32PM</b>	Moon – Light Blue
			<b>Margasira-Karttikai</b>

<b>5</b>	<b>Wednesday, November 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Cape Town, South Africa
	Sun 18	<b>Sutra 232</b>	Khara 5113
Makara Rasi: 17.31	Tithi 6	797486155	Moon 11 - Phase 31
Creative Work	Siddha Yoga		3rd Phase
Until 4.45PM	then Prabalarishta Yoga		<b>Sivaloka Day</b>
Until 8.50PM	then Siddha Yoga		
<b>Gulika</b>	10:49AM – 12:36PM	<b>Sravana Until 4:45PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM
<b>Yama</b>	7:17AM – 9:03AM	Dhruva Until 9:18PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:41PM
<b>Rahu</b>	12:36PM – 2:22PM	Kaulava Until 10:07AM	<b>Nataraja:</b> Red
		<b>Shasthi* Until 10:07PM</b>	Moon – Purple
			<b>Margasira-Karttikai</b>

<b>6</b>	<b>Thursday, December 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau	Cape Town, South Africa
	Sun 19	<b>Sutra 233</b>	Khara 5113
Kumbha Rasi: 0.2	Tithi 7	797486155	Moon 11 - Phase 31
Creative Work	Siddha Yoga		3rd Phase
Until 6.41PM	then Marana Yoga		<b>Sivaloka Day</b>
Until 8.50PM	then Siddha Yoga		
<b>Gulika</b>	9:03AM – 10:50AM	<b>Dhanishtha Until 6:41PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM
<b>Yama</b>	5:30AM – 7:17AM	Vyaghata* Until 9:33PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:42PM
<b>Rahu</b>	2:23PM – 4:09PM	Gara Until 10:55AM	<b>Nataraja:</b> Red
		<b>Saptami Until 12:00AM Fri</b>	Moon – Purple
			<b>Margasira-Karttikai</b>

	<b>Friday, December 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau	Cape Town, South Africa
	Sun 20	<b>Sutra 234</b>	Khara 5113
Kumbha Rasi: 12.48	Tithi 8	797486155	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Ashtami
Until 8.50PM	then Siddha Yoga		<b>Sivaloka Day</b>
<b>Gulika</b>	7:17AM – 9:03AM	<b>Satabhisha Until 8:24PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM
<b>Yama</b>	4:10PM – 5:56PM	Harshana Until 9:16PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:43PM
<b>Rahu</b>	10:50AM – 12:37PM	Visti Until 12:05PM	<b>Nataraja:</b> Red
		<b>Ashtami* Until 1:11AM Sat</b>	Moon – Purple
			<b>Margasira-Karttikai</b>

<b>Saturday, December 3, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau	Cape Town, South Africa
	Sun 21	<b>Sutra 235</b>	Khara 5113
Kumbha Rasi: 25.01	Tithi 9	717486155	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Navami
Until 10:39PM	then Amrita Yoga		<b>Sivaloka Day</b>
<b>Gulika</b>	5:30AM – 7:17AM	<b>Purvaprostapada* Until 10:39PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:30AM
<b>Yama</b>	2:24PM – 4:10PM	Vajra* Until 9:29PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:44PM
<b>Rahu</b>	9:03AM – 10:50AM	Balava Until 1:51PM	<b>Nataraja:</b> Red
		<b>Navami* Until 2:56AM Sun</b>	Moon – Clear
			<b>Margasira-Karttikai</b>

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

<b>1</b>	<b>Sunday, December 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dasami Yam Titau	Cape Town, South Africa
	Meena Rasi: 7.01      Tithi 10 717486155	<b>Gulika</b> 4:11PM – 5:58PM <b>Yama</b> 12:37PM – 2:24PM <b>Rahu</b> 5:58PM – 7:45PM	<b>Sun 22 Sutra 236</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work Amrita Yoga Until 8.52PM then Siddha Yoga	<b>Uttaraprostapada</b> Until 1:17AM Mon <b>Siddhi</b> Until 10:03PM <b>Taitila</b> Until 4:02PM <b>Dasami</b> Until 5:07AM Mon	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> White <i>Sunset:</i> 7:45PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>
			<b>Sivaloka Day</b>

<b>2</b>	<b>Monday, December 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija Karana Ekadasi Yam Titau	Cape Town, South Africa
	Meena Rasi: 18.55      Tithi 11 717496155	<b>Gulika</b> 2:25PM – 4:12PM <b>Yama</b> 10:51AM – 12:38PM <b>Rahu</b> 7:17AM – 9:04AM	<b>Sun 23 Sutra 237</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Family Home Evening Creative Work Siddha Yoga	<b>Revati</b> Until 4:10AM Tue <b>Vyatipata*</b> Until 10:50PM <b>Vanija</b> Until 6:29PM <b>Ekadasi</b> Until 7:57AM Tue	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:46PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>
			<b>Devaloka Day</b>

<b>3</b>	<b>Tuesday, December 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Cape Town, South Africa
	Mesha Rasi: 0.46      Tithi 11 – 12 727496155	<b>Gulika</b> 12:38PM – 2:25PM <b>Yama</b> 9:04AM – 10:51AM <b>Rahu</b> 4:12PM – 5:59PM	<b>Sun 24 Sutra 238</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work Siddha Yoga Until 8.52PM then Marana Yoga	<b>Asvini</b> Until 7:27AM Wed <b>Variyan</b> Until 11:42PM <b>Bava</b> Until 9:02PM <b>Ekadasi</b> Until 7:57AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:46PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Wednesday, December 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Cape Town, South Africa
	Mesha Rasi: 12.37      Tithi 12 – 13 728496155	<b>Gulika</b> 10:51AM – 12:39PM <b>Yama</b> 7:17AM – 9:04AM <b>Rahu</b> 12:39PM – 2:26PM	<b>Sun 25 Sutra 239</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Routine Work Marana Yoga Until 8.53PM then Siddha Yoga	<b>Asvini</b> Until 7:27AM <b>Parigha*</b> Until 12:34AM Thu <b>Kaulava</b> Until 11:34PM <b>Dvadasi</b> Until 10:29AM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:47PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
			<b>Devaloka Day</b>

<b>5</b>	<b>Thursday, December 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Cape Town, South Africa
	Mesha Rasi: 24.31      Tithi 13 – 14 728596155	<b>Gulika</b> 9:04AM – 10:52AM <b>Yama</b> 5:30AM – 7:17AM <b>Rahu</b> 2:26PM – 4:14PM	<b>Sun 26 Sutra 240</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work Siddha Yoga Until 10:17AM then Marana Yoga Until 8.53PM then Siddha Yoga	<b>Bharani</b> Until 10:17AM <b>Shiva</b> Until 1:19AM Fri <b>Gara</b> Until 1:59AM Fri <b>Trayodasi</b> Until 12:53PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:48PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
		<b>Krittika Deepam</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>6</b>	<b>Friday, December 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Cape Town, South Africa
	Vrishabha Rasi: 6.32      Tithi 14 – 15 728596155	<b>Gulika</b> 7:17AM – 9:05AM <b>Yama</b> 4:14PM – 6:01PM <b>Rahu</b> 10:52AM – 12:39PM	<b>Sun 27 Sutra 241</b> Khara 5113 Moon 11 - Phase 32 4th Phase
	Creative Work Siddha Yoga Until 12:55PM then Marana Yoga Until 8.54PM then Amrita Yoga	<b>Krittika</b> Until 12:55PM <b>Siddha</b> Until 1:52AM Sat <b>Visti</b> Until 4:09AM Sat <b>Chaturdasi*</b> Until 3:04PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:49PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
		<b>Sivalaya Deepam</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>○</b>	<b>Saturday, December 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Cape Town, South Africa
	Vrishabha Rasi: 18.43      Tithi 15 – 16 738596155	<b>Gulika</b> 5:30AM – 7:18AM <b>Yama</b> 2:27PM – 4:15PM <b>Rahu</b> 9:05AM – 10:52AM	<b>Sun 28 Sutra 242</b> Khara 5113 Moon 11 - Phase 32 Purnima
	Creative Work Amrita Yoga Until 3:15PM then Siddha Yoga	<b>Rohini</b> Until 3:15PM <b>Sadhya</b> Until 2:09AM Sun <b>Balava</b> Until 6:00AM Sun <b>Purnima*</b> Until 4:55PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:50PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>
			<b>Devaloka Day</b>

<b>○</b>	<b>Sunday, December 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau	Cape Town, South Africa
	Mithuna Rasi: 1.04      Tithi 16 – 17 738596155	<b>Gulika</b> 4:15PM – 6:03PM <b>Yama</b> 12:40PM – 2:28PM <b>Rahu</b> 6:03PM – 7:50PM	<b>Sun 29 Sutra 243</b> Khara 5113 Moon 11 - Phase 32 Prathama
	Creative Work Siddha Yoga	<b>Mrigasira</b> Until 4:21PM <b>Subha</b> Until 12:39AM Mon <b>Taitila</b> Until 5:20AM Mon <b>Prathama*</b> Until 5:20PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:50PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>
		<b>Vinayaga Viratam Begins</b>	<b>Devaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640





**Monday, December 12, 2011**  
**Gold Retreat Star**

Mithuna Rasi: 13.37      Tithi 17  
Family Home Evening      738596155  
Creative Work      Siddha Yoga  
Until 5:48PM then Amrita Yoga  
Until 8:55PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**      2:28PM – 4:16PM      **Ardra Until 5:48PM**  
**Yama**      10:53AM – 12:41PM      Sukla Until 12:15AM Tue  
**Rahu**      7:18AM – 9:06AM      Taitila Until 6:16AM  
**Dvitiya Until 6:16PM**

Cape Town, South Africa  
**Sun 1      Sutra 244**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 5:30AM  
**Muruqa:** Clear      *Sunset:* 7:51PM  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

**Devaloka Day**

**1**

**Tuesday, December 13, 2011**

Mithuna Rasi: 26.22      Tithi 18  
749596155  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**      12:41PM – 2:29PM      **Punarvasu Until 6:51PM**  
**Yama**      9:06AM – 10:54AM      Brahma Until 11:29PM  
**Rahu**      4:17PM – 6:04PM      Vanija Until 6:46AM  
**Tritiya Until 6:46PM**

Cape Town, South Africa  
**Sun 2      Sutra 245**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 5:31AM  
**Muruqa:** Clear      *Sunset:* 7:52PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**2**

**Wednesday, December 14, 2011**

Kataka Rasi: 9.22      Tithi 19  
749596155  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**      10:54AM – 12:42PM      **Pushya Until 7:30PM**  
**Yama**      7:19AM – 9:06AM      Indra Until 10:21PM  
**Rahu**      12:42PM – 2:29PM      Bava Until 6:50AM  
**Chaturthi\* Until 6:50PM**

Cape Town, South Africa  
**Sun 3      Sutra 246**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 5:31AM  
**Muruqa:** Clear      *Sunset:* 7:52PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**3**

**Thursday, December 15, 2011**

Kataka Rasi: 22.34      Tithi 20  
749596155  
Creative Work      Siddha Yoga  
Until 7:44PM then Amrita Yoga  
Until 8:56PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**      9:07AM – 10:54AM      **Aslesha\* Until 7:44PM**  
**Yama**      5:31AM – 7:19AM      Vaidhriti\* Until 8:49PM  
**Rahu**      2:30PM – 4:18PM      Kaulava Until 6:28AM  
**Panchami Until 6:28PM**

Cape Town, South Africa  
**Sun 4      Sutra 247**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 5:31AM  
**Muruqa:** Clear      *Sunset:* 7:53PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**4**

**Friday, December 16, 2011**

Simha Rasi: 5.59      Tithi 21 – 22  
759596155  
Routine Work      Marana Yoga  
Until 6:35PM then Siddha Yoga  
Until 8:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**      7:19AM – 9:07AM      **Magha\* Until 6:35PM**  
**Yama**      4:18PM – 6:06PM      Vishkambha\* Until 6:03PM  
**Rahu**      10:55AM – 12:43PM      Visti Until 3:49AM Sat  
**Shasthi\* Until 4:44PM**

Cape Town, South Africa  
**Sun 5      Sutra 248**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** White      *Sunrise:* 5:32AM  
**Muruqa:** Clear      *Sunset:* 7:54PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Sivaloka Day**

**5**

**Saturday, December 17, 2011**

Simha Rasi: 19.39      Tithi 22 – 23  
859596155  
Routine Work      Marana Yoga  
Until 8:57PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni\* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**      5:32AM – 7:20AM      **Purvaphalguni\* Until 6:01PM**  
**Yama**      2:31PM – 4:19PM      Priti Until 3:54PM  
**Rahu**      9:08AM – 10:55AM      Balava Until 2:38AM Sun  
**Saptami Until 3:33PM**

Cape Town, South Africa  
**Sun 6      Sutra 249**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 5:32AM  
**Muruqa:** Clear      *Sunset:* 7:54PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Devaloka Day**



**Sunday, December 18, 2011**  
**Retreat Star**

Kanya Rasi: 3.33      Tithi 23 – 24  
859596155  
Creative Work      Amrita Yoga  
Until 8:58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**      4:19PM – 6:07PM      **Uttaraphalguni Until 5:04PM**  
**Yama**      12:44PM – 2:31PM      Ayushman Until 1:22PM  
**Rahu**      6:07PM – 7:55PM      Taitila Until 1:01AM Mon  
**Ashtami\* Until 1:56PM**

Cape Town, South Africa  
**Sun 7      Sutra 250**  
Khara 5113  
Moon 12 - Phase 33  
Ashtami

**Ganesha:** Clear      *Sunrise:* 5:32AM  
**Muruqa:** Clear      *Sunset:* 7:55PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Devaloka Day**

**Monday, December 19, 2011**  
**Retreat Star**

Kanya Rasi: 17.4      Tithi 24 – 25  
869596155  
Family Home Evening  
Creative Work      Siddha Yoga  
Until 3:43PM then Prabalarishta Yoga  
Until 8:58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau


**Gulika**      2:32PM – 4:20PM      **Hasta Until 3:43PM**  
**Yama**      10:56AM – 12:44PM      Saubhagya Until 10:29AM  
**Rahu**      7:21AM – 9:08AM      Vanija Until 10:59PM  
**Navami\* Until 11:55AM**

Cape Town, South Africa  
**Sun 8      Sutra 251**  
Khara 5113  
Moon 12 - Phase 33  
Navami

**Ganesha:** White      *Sunrise:* 5:33AM  
**Muruqa:** Clear      *Sunset:* 7:56PM  
**Nataraja:** Red  
Moon – Green  
**Margasira-Markali**

**Sivaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

<b>1</b>	<b>Tuesday, December 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Cape Town, South Africa
			<b>Sun 9 Sutra 252</b> Khara 5113
Tula Rasi: 1.59	Tithi 25 – 26	<b>Gulika</b> 12:45PM – 2:32PM <b>Yama</b> 9:09AM – 10:57AM <b>Rahu</b> 4:20PM – 6:08PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:56PM <b>Nataraja:</b> Red Moon – Green <b>Margasira*Markali</b>
Creative Work	Siddha Yoga	Chitra Until 2:02PM Sobhana Until 7:12AM Bava Until 8:35PM Dasami Until 9:30AM	Moon 12 - Phase 34 2nd Phase <b>Sivaloka Day</b>
<b>2</b>	<b>Wednesday, December 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Balava/Taitila Karana Ekadasi*/Dvadasi* Yam Titau	Cape Town, South Africa
			<b>Sun 10 Sutra 253</b> Khara 5113
Tula Rasi: 16.28	Tithi 26 – 27	<b>Gulika</b> 10:57AM – 12:45PM <b>Yama</b> 7:21AM – 9:09AM <b>Rahu</b> 12:45PM – 2:33PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:57PM <b>Nataraja:</b> Red Moon – Green <b>Margasira*Markali</b>
Creative Work	Siddha Yoga	Svati Until 11:39AM Sukarma Until 11:57PM Taitila Until 3:19AM Thu Ekadasi* Until 6:45AM	Moon 12 - Phase 34 2nd Phase <b>Sivaloka Day</b>
		Day 1 of Pancha Ganapati	
<b>3</b>	<b>Thursday, December 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Cape Town, South Africa
			<b>Sun 11 Sutra 254</b> Khara 5113
Vrischika Rasi: 1.02	Tithi 28	<b>Gulika</b> 9:10AM – 10:58AM <b>Yama</b> 5:34AM – 7:22AM <b>Rahu</b> 2:33PM – 4:21PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:57PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira*Markali</b>
Creative Work	Siddha Yoga	Dhriti Until 8:33PM Gara Until 2:21PM Trayodasi* Until 12:39AM Fri <i>Pradosha Vrata (Fasting)</i>	Moon 12 - Phase 34 2nd Phase <b>Devaloka Day</b>
		Day 2 of Pancha Ganapati	
<b>4</b>	<b>Friday, December 23, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Cape Town, South Africa
			<b>Sun 12 Sutra 255</b> Khara 5113
Vrischika Rasi: 15.38	Tithi 29	<b>Gulika</b> 7:22AM – 9:10AM <b>Yama</b> 4:22PM – 6:10PM <b>Rahu</b> 10:58AM – 12:46PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:58PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira*Markali</b>
Creative Work	Siddha Yoga	Anuradha Until 7:47AM Shula* Until 5:09PM Visti Until 12:07PM Chaturdasi* Until 11:11PM	Moon 12 - Phase 34 2nd Phase <b>Devaloka Day</b>
Until 7:47AM then Prabalarishta Yoga		Day 3 of Pancha Ganapati	
Until 9:00PM then Siddha Yoga			
	<b>Saturday, December 24, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Cape Town, South Africa
	<b>Retreat Star</b>		<b>Sun 13 Sutra 256</b> Khara 5113
Dhanus Rasi: 0.07	Tithi 30	<b>Gulika</b> 5:35AM – 7:23AM <b>Yama</b> 2:34PM – 4:22PM <b>Rahu</b> 9:11AM – 10:59AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:58PM <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira*Markali</b>
Creative Work	Siddha Yoga	Ganda* Until 2:25PM Catuspada Until 9:24AM Amavasya* Until 8:29PM	Moon 12 - Phase 34 Amavasya <b>Devaloka Day</b>
Until 9:01PM then Amrita Yoga		Day 4 of Pancha Ganapati	
Until 4:40AM Sun then Siddha Yoga			
<b>Sunday, December 25, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Cape Town, South Africa
			<b>Sun 14 Sutra 257</b> Khara 5113
Dhanus Rasi: 14.24	Tithi 1	<b>Gulika</b> 4:23PM – 6:11PM <b>Yama</b> 12:47PM – 2:35PM <b>Rahu</b> 6:11PM – 7:58PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:58PM <b>Nataraja:</b> Red Moon – Light Blue <b>Pausha*Markali</b>
Creative Work	Siddha Yoga	Purvashadha* Until 3:02AM Mon Vriddhi Until 11:16AM Kintughna Until 7:03AM Prathama* Until 6:08PM	Moon 12 - Phase 34 Prathama <b>Devaloka Day</b>
Until 9:01PM then Marana Yoga		Day 5 of Pancha Ganapati	

<b>1</b>	<b>Monday, December 26, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Cape Town, South Africa <b>Sun 15 Sutra 258</b> Khara 5113
	Dhanus Rasi: 28.24    Tithi 2 – 3 <b>Family Home Evening</b> 881596155 Routine Work    Marana Yoga Until 9.02PM then Prabalarishta Yoga Until 1:53AM Tue then Siddha Yoga	<b>Gulika</b> 2:35PM – 4:23PM <b>Yama</b> 11:00AM – 12:48PM <b>Rahu</b> 7:24AM – 9:12AM	<b>Uttarashadha Until 1:53AM Tue</b> Dhruva Until 8:34AM Taitila Until 3:24AM Tue <b>Dvitiya Until 4:19PM</b>
<b>2</b>	<b>Tuesday, December 27, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Cape Town, South Africa <b>Sun 16 Sutra 259</b> Khara 5113
	Makara Rasi: 12.03    Tithi 3 – 4  Creative Work    Siddha Yoga Until 2:50AM Wed then Prabalarishta Yoga	<b>Gulika</b> 12:48PM – 2:36PM <b>Yama</b> 9:12AM – 11:00AM <b>Rahu</b> 4:24PM – 6:11PM	<b>Sravana Until 2:50AM Wed</b> Vyaghata* Until 6:28AM Vanija Until 3:56AM Wed <b>Tritiya Until 3:56PM</b>
<b>3</b>	<b>Wednesday, December 28, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Cape Town, South Africa <b>Sun 17 Sutra 260</b> Khara 5113
	Makara Rasi: 25.19    Tithi 4 – 5  Routine Work    Prabalarishta Yoga Until 9.03PM then Siddha Yoga Until 2:57AM Thu then Marana Yoga	<b>Gulika</b> 11:01AM – 12:49PM <b>Yama</b> 7:25AM – 9:13AM <b>Rahu</b> 12:49PM – 2:36PM	<b>Dhanishtha Until 2:57AM Thu</b> Vajra* Until 3:41AM Thu Bava Until 3:26AM Thu <b>Chaturthi* Until 3:26PM</b>
<b>4</b>	<b>Thursday, December 29, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Cape Town, South Africa <b>Sun 18 Sutra 261</b> Khara 5113
	Kumbha Rasi: 8.13    Tithi 5 – 6  Routine Work    Marana Yoga Until 9.03PM then Siddha Yoga	<b>Gulika</b> 9:14AM – 11:01AM <b>Yama</b> 5:38AM – 7:26AM <b>Rahu</b> 2:37PM – 4:24PM	<b>Satabhisha Until 3:46AM Fri</b> Siddhi Until 2:42AM Fri Kaulava Until 3:41AM Fri <b>Panchami Until 3:41PM</b>
<b>5</b>	<b>Friday, December 30, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Cape Town, South Africa <b>Sun 19 Sutra 262</b> Khara 5113
	Kumbha Rasi: 20.46    Tithi 6 – 7  Creative Work    Siddha Yoga	<b>Gulika</b> 7:26AM – 9:14AM <b>Yama</b> 4:25PM – 6:12PM <b>Rahu</b> 11:02AM – 12:49PM	<b>Purvaprostapada* Until 6:37AM Sat</b> Vyatipata* Until 3:51AM Sat Gara Until 6:41AM Sat <b>Shasthi* Until 5:35PM</b>
<b>6</b>	<b>Saturday, December 31, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Variyan Yoga Gara/Vanija Karana Saptami Yam Titau	Cape Town, South Africa <b>Sun 20 Sutra 263</b> Khara 5113
	Meena Rasi: 3.01    Tithi 7  Creative Work    Siddha Yoga Until 9.05PM then Amrita Yoga	<b>Gulika</b> 5:40AM – 7:27AM <b>Yama</b> 2:38PM – 4:25PM <b>Rahu</b> 9:15AM – 11:02AM	<b>Purvaprostapada* Until 6:37AM</b> Variyan Until 3:57AM Sun Gara Until 6:09AM <b>Saptami Until 7:14PM</b>
<b>Vinayaga Viratam Ends</b>			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	<b>Sunday, January 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Cape Town, South Africa <b>Sun 21 Sutra 264</b> Khara 5113
	<b>Retreat Star</b> Meena Rasi: 15.04    Tithi 8  Creative Work    Amrita Yoga Until 9.05PM then Siddha Yoga	<b>Gulika</b> 4:26PM – 6:13PM <b>Yama</b> 12:51PM – 2:38PM <b>Rahu</b> 6:13PM – 8:01PM	<b>Uttaraprostapada Until 9:12AM</b> Parigha* Until 4:27AM Mon Visti Until 8:16AM <b>Ashtami* Until 9:22PM</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
<b>Monday, January 2, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau	Cape Town, South Africa <b>Sun 22 Sutra 265</b> Khara 5113
	Meena Rasi: 26.58    Tithi 9 <b>Family Home Evening</b> 812696156 Creative Work    Siddha Yoga	<b>Gulika</b> 2:39PM – 4:26PM <b>Yama</b> 11:04AM – 12:51PM <b>Rahu</b> 7:29AM – 9:17AM	<b>Revati Until 12:04PM</b> Shiva Until 5:13AM Tue Balava Until 10:43AM <b>Navami* Until 11:48PM</b>
<b>Devaloka Day</b>			

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

<b>1</b>	<b>Tuesday, January 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Tailila/Gara Karana Dasami Yam Titau	Cape Town, South Africa <b>Sun 23 Sutra 266</b> Khara 5113
	Mesha Rasi: 8.48      Tithi 10 822696156	<b>Gulika</b> 12:52PM – 2:39PM <b>Yama</b> 9:17AM – 11:04AM <b>Rahu</b> 4:26PM – 6:14PM	<b>Asvini Until 3:04PM</b> Siddha Until 6:20AM Wed Tailila Until 1:18PM <b>Dasami Until 2:23AM Wed</b>

Creative Work Siddha Yoga  
Until 9.06PM then Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM	Moon 12 - Phase 36 4th Phase
<b>Muruqa:</b> Clear <i>Sunset:</i> 8:01PM	
<b>Nataraja:</b> Yellow Moon – White	

**Sivaloka Day**  
**Pausha-Markali**

<b>2</b>	<b>Wednesday, January 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Cape Town, South Africa <b>Sun 24 Sutra 267</b> Khara 5113
	Mesha Rasi: 20.39      Tithi 11 822696156	<b>Gulika</b> 11:05AM – 12:52PM <b>Yama</b> 7:31AM – 9:18AM <b>Rahu</b> 12:52PM – 2:39PM	<b>Bharani Until 6:02PM</b> Siddha Until 6:20AM Vanija Until 3:51PM <b>Ekadasi Until 4:56AM Thu</b>

Routine Work Marana Yoga  
Until 6:02PM then Amrita Yoga  
Until 9:07PM then Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM	Moon 12 - Phase 36 4th Phase
<b>Muruqa:</b> Clear <i>Sunset:</i> 8:01PM	
<b>Nataraja:</b> Yellow Moon – White	

**Sivaloka Day**  
**Pausha-Markali**

**Vaikuntha Ekadasi**

<b>3</b>	<b>Thursday, January 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Bava Karana Dvadasi Yam Titau	Cape Town, South Africa <b>Sun 25 Sutra 268</b> Khara 5113
	Virshabha Rasi: 2.35      Tithi 12 822696156	<b>Gulika</b> 9:18AM – 11:06AM <b>Yama</b> 5:44AM – 7:31AM <b>Rahu</b> 2:40PM – 4:27PM	<b>Krittika Until 8:49PM</b> Sadhya Until 7:01AM Bava Until 6:12PM <b>Dvadasi Until 7:06AM Fri</b>

Routine Work Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 5:44AM	Moon 12 - Phase 36 4th Phase
<b>Muruqa:</b> Clear <i>Sunset:</i> 8:01PM	
<b>Nataraja:</b> Yellow Moon – White	

**Sivaloka Day**  
**Pausha-Markali**

**Subramuniyaswami Jayanti**

<b>4</b>	<b>Friday, January 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Cape Town, South Africa <b>Sun 26 Sutra 269</b> Khara 5113
	Virshabha Rasi: 14.42      Tithi 12 – 13 832696156	<b>Gulika</b> 7:32AM – 9:19AM <b>Yama</b> 4:27PM – 6:14PM <b>Rahu</b> 11:06AM – 12:53PM	<b>Rohini Until 11:16PM</b> Subha Until 7:25AM Kaulava Until 8:12PM <b>Dvadasi Until 7:06AM</b>

Routine Work Marana Yoga  
Until 9:08PM then Amrita Yoga  
Until 11:16PM then Siddha Yoga

<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:45AM	Moon 12 - Phase 36 4th Phase
<b>Muruqa:</b> Clear <i>Sunset:</i> 8:01PM	
<b>Nataraja:</b> Yellow Moon – Yellow	

**Devaloka Day**  
**Pausha-Markali**

*Pradosha Vrata*

<b>5</b>	<b>Saturday, January 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Cape Town, South Africa <b>Sun 27 Sutra 270</b> Khara 5113
	Virshabha Rasi: 27.01      Tithi 13 – 14 832696156	<b>Gulika</b> 5:46AM – 7:33AM <b>Yama</b> 2:40PM – 4:27PM <b>Rahu</b> 9:20AM – 11:07AM	<b>Mrigasira Until 11:49PM</b> Sukla Until 7:18AM Gara Until 8:24PM <b>Trayodasi Until 8:24AM</b>

Creative Work Siddha Yoga

<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:46AM	Moon 12 - Phase 36 4th Phase
<b>Muruqa:</b> Clear <i>Sunset:</i> 8:01PM	
<b>Nataraja:</b> Yellow Moon – Yellow	

**Devaloka Day**  
**Pausha-Markali**

<b>○</b>	<b>Sunday, January 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Cape Town, South Africa <b>Sutra 271</b> Khara 5113
	Mithuna Rasi: 9.37      Tithi 14 – 15 832696156	<b>Gulika</b> 4:28PM – 6:14PM <b>Yama</b> 12:54PM – 2:41PM <b>Rahu</b> 6:14PM – 8:01PM	<b>Ardra Until 1:11AM Mon</b> Brahma Until 6:50AM Visti Until 9:16PM <b>Chaturdasi* Until 9:16AM</b>

Creative Work Siddha Yoga  
Until 1:11AM Mon then Amrita Yoga

<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:47AM	Moon 12 - Phase 36 Purnima
<b>Muruqa:</b> Clear <i>Sunset:</i> 8:01PM	
<b>Nataraja:</b> Yellow Moon – Yellow	

**Devaloka Day**  
**Pausha-Markali**

**Tiruvembavai**

<b>○</b>	<b>Monday, January 9, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Cape Town, South Africa <b>Sutra 272</b> Khara 5113
	Mithuna Rasi: 22.29      Tithi 15 – 16 842696156	<b>Gulika</b> 2:41PM – 4:28PM <b>Yama</b> 11:08AM – 12:54PM <b>Rahu</b> 7:34AM – 9:21AM	<b>Punarvasu Until 2:02AM Tue</b> Vaidhriti* Until 4:43AM Tue Balava Until 9:33PM <b>Purnima* Until 9:33AM</b>

Creative Work Amrita Yoga  
Until 9:09PM then Siddha Yoga

<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:48AM	Moon 12 - Phase 36 Prathama
<b>Muruqa:</b> Clear <i>Sunset:</i> 8:01PM	
<b>Nataraja:</b> Yellow Moon – Blue	

**Sivaloka Day**  
**Pausha-Markali**

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



**Tuesday, January 10, 2012**  
**Gold Retreat Star**

Kataka Rasi: 5.38    Titli 16 – 17  
842696156  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika** 12:55PM – 2:41PM    **Pushya Until 2:21AM Wed**  
**Yama** 9:22AM – 11:08AM    **Vishkambha\* Until 3:16AM Wed**  
**Rahu** 4:28PM – 6:14PM    **Taitila Until 9:16PM**  
**Prathama\* Until 9:16AM**

**Ganesha:** Purple    *Sunrise:* 5:48AM  
**Muruqa:** Clear    *Sunset:* 8:01PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Cape Town, South Africa  
**Sutra 273**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Sivaloka Day**

**1**

**Wednesday, January 11, 2012**

Kataka Rasi: 19.04    Titli 17 – 18  
842696156  
Creative Work    Siddha Yoga  
Until 12:45AM Thu then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 11:09AM – 12:55PM    **Aslesha\* Until 12:45AM Thu**  
**Yama** 7:36AM – 9:22AM    **Priti Until 12:05AM Thu**  
**Rahu** 12:55PM – 2:42PM    **Vanija Until 7:21PM**  
**Dvitiya Until 8:17AM**

**Ganesha:** Purple    *Sunrise:* 5:49AM  
**Muruqa:** Clear    *Sunset:* 8:01PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Cape Town, South Africa  
**Sun 1 Sutra 274**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Sivaloka Day**

**2**

**Thursday, January 12, 2012**

Simha Rasi: 2.43    Titli 18 – 19  
852696156  
Creative Work    Amrita Yoga  
Until 9.10PM then Marana Yoga  
Until 12:13AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 9:23AM – 11:09AM    **Magha\* Until 12:13AM Fri**  
**Yama** 5:50AM – 7:37AM    **Ayushman Until 9:58PM**  
**Rahu** 2:42PM – 4:28PM    **Bava Until 6:12PM**  
**Tritiya Until 7:08AM**

**Ganesha:** Clear    *Sunrise:* 5:50AM  
**Muruqa:** Clear    *Sunset:* 8:01PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Cape Town, South Africa  
**Sun 2 Sutra 275**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**

**3**

**Friday, January 13, 2012**

Simha Rasi: 16.31    Titli 20  
852696156  
Creative Work    Siddha Yoga  
Until 9.10PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika** 7:37AM – 9:24AM    **Purvaphalguni\* Until 11:24PM**  
**Yama** 4:28PM – 6:14PM    **Saubhagya Until 7:34PM**  
**Rahu** 11:10AM – 12:56PM    **Kaulava Until 4:45PM**  
**Panchami Until 3:49AM Sat**

**Ganesha:** Clear    *Sunrise:* 5:51AM  
**Muruqa:** Clear    *Sunset:* 8:01PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Cape Town, South Africa  
**Sun 3 Sutra 276**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**

**4**

**Saturday, January 14, 2012**

Kanya Rasi: 0.27    Titli 21  
853696156  
Routine Work    Marana Yoga  
Until 9.11PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 5:52AM – 7:38AM    **Uttaraphalguni Until 10:22PM**  
**Yama** 2:42PM – 4:28PM    **Sobhana Until 4:58PM**  
**Rahu** 9:24AM – 11:10AM    **Gara Until 3:03PM**  
**Thai Pongal**    **Shasthi\* Until 2:08AM Sun**

**Ganesha:** Purple    *Sunrise:* 5:52AM  
**Muruqa:** Clear    *Sunset:* 8:00PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Thai**

Cape Town, South Africa  
**Sun 4 Sutra 277**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Sunday, January 15, 2012**

Kanya Rasi: 14.28    Titli 22  
863696156  
Creative Work    Amrita Yoga  
Until 9.11PM then Siddha Yoga  
Until 9:12PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika** 4:28PM – 6:14PM    **Hasta Until 9:12PM**  
**Yama** 12:57PM – 2:42PM    **Athiganda\* Until 2:15PM**  
**Rahu** 6:14PM – 8:00PM    **Visti Until 1:13PM**  
**Saptami Until 12:17AM Mon**

**Ganesha:** Clear    *Sunrise:* 5:53AM  
**Muruqa:** Clear    *Sunset:* 8:00PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Cape Town, South Africa  
**Sun 5 Sutra 278**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**

**Retreat Star**

**Monday, January 16, 2012**

Kanya Rasi: 28.32    Titli 23  
**Family Home Evening**    863696156  
Routine Work    Prabalarishta Yoga  
Until 7:55PM then Amrita Yoga  
Until 9.11PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 2:43PM – 4:28PM    **Chitra Until 7:55PM**  
**Yama** 11:11AM – 12:57PM    **Sukarma Until 11:26AM**  
**Rahu** 7:40AM – 9:25AM    **Balava Until 11:16AM**  
**Ashtami\* Until 10:20PM**

**Ganesha:** Clear    *Sunrise:* 5:54AM  
**Muruqa:** Clear    *Sunset:* 8:00PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Cape Town, South Africa  
**Sun 6 Sutra 279**  
Khara 5113  
Moon 13 - Phase 37  
Ashtami  
**Devaloka Day**

**Tuesday, January 17, 2012**

**Retreat Star**

Tula Rasi: 12.4    Titli 24  
863696156  
Creative Work    Siddha Yoga  
Until 6:35PM then Marana Yoga  
Until 9.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika** 12:57PM – 2:43PM    **Svati Until 6:35PM**  
**Yama** 9:26AM – 11:12AM    **Dhriti Until 8:33AM**  
**Rahu** 4:28PM – 6:14PM    **Taitila Until 9:14AM**  
**Navami\* Until 8:19PM**

**Ganesha:** Clear    *Sunrise:* 5:55AM  
**Muruqa:** Clear    *Sunset:* 8:00PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**


Cape Town, South Africa  
**Sun 7 Sutra 280**  
Khara 5113  
Moon 13 - Phase 37  
Navami  
**Devaloka Day**

<b>1</b>	<b>Wednesday, January 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Visakha/Anuradha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau	Cape Town, South Africa
			<b>Sun 8 Sutra 281</b> Khara 5113
Tula Rasi: 26.47	Tithi 25	<b>Gulika</b> 11:12AM – 12:58PM <b>Yama</b> 7:41AM – 9:27AM <b>Rahu</b> 12:58PM – 2:43PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Orange
873696156		<b>Visakha Until 5:13PM</b> Ganda* Until 2:59AM Thu Vanija Until 7:11AM <b>Dasami Until 6:15PM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga		

<b>2</b>	<b>Thursday, January 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Cape Town, South Africa
			<b>Sun 9 Sutra 282</b> Khara 5113
Vrischika Rasi: 10.55	Tithi 26 – 27	<b>Gulika</b> 9:27AM – 11:13AM <b>Yama</b> 5:57AM – 7:42AM <b>Rahu</b> 2:43PM – 4:28PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Orange
873696156		<b>Anuradha Until 3:51PM</b> Vriddhi Until 12:04AM Fri Kaulava Until 3:17AM Fri <b>Ekadasi* Until 4:12PM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga		
Until 9.12PM then Prabalarishla Yoga			

<b>3</b>	<b>Friday, January 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Cape Town, South Africa
			<b>Sun 10 Sutra 283</b> Khara 5113
Vrischika Rasi: 25.01	Tithi 27 – 28	<b>Gulika</b> 7:43AM – 9:28AM <b>Yama</b> 4:28PM – 6:13PM <b>Rahu</b> 11:13AM – 12:58PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Orange
873696156		<b>Jyeshtha* Until 2:32PM</b> Dhruva Until 9:13PM Gara Until 1:17AM Sat <b>Dvadasi* Until 2:12PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Routine Work	Prabalarishla Yoga		
Until 2:32PM then no yoga			
Until 9.13PM then Siddha Yoga			

<b>4</b>	<b>Saturday, January 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Cape Town, South Africa
			<b>Sun 11 Sutra 284</b> Khara 5113
Dhanus Rasi: 9.02	Tithi 28 – 29	<b>Gulika</b> 5:59AM – 7:44AM <b>Yama</b> 2:43PM – 4:28PM <b>Rahu</b> 9:29AM – 11:14AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Light Blue
883696156		<b>Mula* Until 1:22PM</b> Vyaghata* Until 6:30PM Visti Until 11:26PM <b>Trayodasi* Until 12:22PM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga		
Until 1:22PM then Marana Yoga			
Until 9.13PM then Siddha Yoga			

	<b>Sunday, January 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Cape Town, South Africa
			<b>Sun 12 Sutra 285</b> Khara 5113
Dhanus Rasi: 22.55	Tithi 29 – 30	<b>Gulika</b> 4:28PM – 6:13PM <b>Yama</b> 12:59PM – 2:43PM <b>Rahu</b> 6:13PM – 7:58PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Light Blue
883696156		<b>Purvashadha* Until 12:26PM</b> Harshana Until 4:00PM Catuspada Until 9:51PM <b>Chaturdasi* Until 10:46AM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga		
Until 12:26PM then Amrita Yoga			
Until 9.13PM then Marana Yoga			

<b>Retreat Star</b>	<b>Monday, January 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Sraavana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Cape Town, South Africa
			<b>Sun 13 Sutra 286</b> Khara 5113
Makara Rasi: 7	Tithi 30 – 1	<b>Gulika</b> 2:43PM – 4:28PM <b>Yama</b> 11:14AM – 12:59PM <b>Rahu</b> 7:45AM – 9:30AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Light Blue
883696156		<b>Uttarashadha Until 12:17PM</b> Vajra* Until 2:22PM Kintughna Until 9:51PM <b>Amavasya* Until 9:51AM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Family Home Evening</b>			
Routine Work	Marana Yoga		
Until 12:17PM then Amrita Yoga			
Until 9.13PM then Siddha Yoga			

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

<b>1</b>	<b>Tuesday, January 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau				Cape Town, South Africa <b>Sun 14 Sutra 287</b> Khara 5113
	Makara Rasi: 20.01      Tithi 1 – 2 893696156	<b>Gulika</b> 12:59PM – 2:44PM <b>Yama</b> 9:30AM – 11:15AM <b>Rahu</b> 4:28PM – 6:12PM	<b>Sravana Until 12:07PM</b> Siddhi Until 12:28PM Balava Until 9:01PM <b>Prathama* Until 9:01AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha*Thai</b>	<i>Sunrise:</i> 6:02AM <i>Sunset:</i> 7:57PM	Moon 13 - Phase 39 3rd Phase
Creative Work    Siddha Yoga Until 12:07PM then Marana Yoga Until 9:14PM then Prabalarishta Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>2</b>	<b>Wednesday, January 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau				Cape Town, South Africa <b>Sun 15 Sutra 288</b> Khara 5113
	Kumbha Rasi: 3.1      Tithi 2 – 3 993696156	<b>Gulika</b> 11:15AM – 12:59PM <b>Yama</b> 7:47AM – 9:31AM <b>Rahu</b> 12:59PM – 2:44PM	<b>Dhanishtha Until 12:28PM</b> Vyatipata* Until 11:04AM Taitila Until 8:47PM <b>Dvitiya Until 8:47AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha*Thai</b>	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 7:56PM	Moon 13 - Phase 39 3rd Phase
Routine Work    Prabalarishta Yoga Until 12:28PM then Siddha Yoga Until 9:14PM then Marana Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>3</b>	<b>Thursday, January 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau				Cape Town, South Africa <b>Sun 16 Sutra 289</b> Khara 5113
	Kumbha Rasi: 16      Tithi 3 – 4 993696156	<b>Gulika</b> 9:32AM – 11:16AM <b>Yama</b> 6:04AM – 7:48AM <b>Rahu</b> 2:44PM – 4:28PM	<b>Satabhisha Until 1:24PM</b> Variyan Until 10:10AM Vanija Until 9:09PM <b>Tritiya Until 9:09AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha*Thai</b>	<i>Sunrise:</i> 6:04AM <i>Sunset:</i> 7:55PM	Moon 13 - Phase 39 3rd Phase
Routine Work    Marana Yoga Until 1:24PM then Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>4</b>	<b>Friday, January 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Cape Town, South Africa <b>Sun 17 Sutra 290</b> Khara 5113
	Kumbha Rasi: 28.32      Tithi 4 – 5 913796156	<b>Gulika</b> 7:49AM – 9:32AM <b>Yama</b> 4:27PM – 6:11PM <b>Rahu</b> 11:16AM – 1:00PM	<b>Purvaprostapada* Until 3:36PM</b> Parigha* Until 10:05AM Bava Until 11:34PM <b>Chaturthi* Until 10:29AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha*Thai</b>	<i>Sunrise:</i> 6:05AM <i>Sunset:</i> 7:55PM	Moon 13 - Phase 39 3rd Phase
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				

<b>5</b>	<b>Saturday, January 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Cape Town, South Africa <b>Sun 18 Sutra 291</b> Khara 5113
	Meena Rasi: 10.48      Tithi 5 – 6 914796156	<b>Gulika</b> 6:06AM – 7:49AM <b>Yama</b> 2:44PM – 4:27PM <b>Rahu</b> 9:33AM – 11:16AM	<b>Uttaraprostapada Until 5:44PM</b> Shiva Until 10:11AM Kaulava Until 1:12AM Sun <b>Panchami Until 12:07PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha*Thai</b>	<i>Sunrise:</i> 6:06AM <i>Sunset:</i> 7:54PM	Moon 13 - Phase 39 3rd Phase
Creative Work    Siddha Yoga Until 5:44PM then Prabalarishta Yoga Until 9:15PM then Amrita Yoga		<b>Devaloka Day</b>				

<b>6</b>	<b>Sunday, January 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Cape Town, South Africa <b>Sun 19 Sutra 292</b> Khara 5113
	Meena Rasi: 22.51      Tithi 6 – 7 914796156	<b>Gulika</b> 4:27PM – 6:10PM <b>Yama</b> 1:00PM – 2:43PM <b>Rahu</b> 6:10PM – 7:54PM	<b>Revati Until 8:17PM</b> Siddha Until 10:40AM Gara Until 3:18AM Mon <b>Shasthi* Until 2:13PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha*Thai</b>	<i>Sunrise:</i> 6:07AM <i>Sunset:</i> 7:54PM	Moon 13 - Phase 39 3rd Phase
Creative Work    Amrita Yoga Until 8:17PM then Siddha Yoga		<b>Devaloka Day</b>				

<b>Monday, January 30, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Cape Town, South Africa <b>Sun 20 Sutra 293</b> Khara 5113
	Mesha Rasi: 4.46      Tithi 7 – 8 Family Home Evening    924796156	<b>Gulika</b> 2:43PM – 4:27PM <b>Yama</b> 11:17AM – 1:00PM <b>Rahu</b> 7:51AM – 9:34AM	<b>Asvini Until 11:09PM</b> Sadhya Until 11:26AM Visti Until 5:44AM Tue <b>Saptami Until 4:39PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>	<i>Sunrise:</i> 6:08AM <i>Sunset:</i> 7:53PM	Moon 13 - Phase 39 3rd Phase
Creative Work    Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>Tuesday, January 31, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau				Cape Town, South Africa <b>Sun 21 Sutra 294</b> Khara 5113
	Mesha Rasi: 16.35      Tithi 8 924796156	<b>Gulika</b> 1:00PM – 2:43PM <b>Yama</b> 9:35AM – 11:18AM <b>Rahu</b> 4:26PM – 6:09PM	<b>Bharani Until 2:10AM Wed</b> Subha Until 12:21PM Visti Until 6:09AM <b>Ashtami* Until 7:15PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>	<i>Sunrise:</i> 6:09AM <i>Sunset:</i> 7:52PM	Moon 13 - Phase 39 Ashtami
Creative Work    Siddha Yoga Until 9:15PM then Marana Yoga Until 2:10AM Wed then Amrita Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>Wednesday, February 1, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau				Cape Town, South Africa <b>Sun 22 Sutra 295</b> Khara 5113
	Mesha Rasi: 28.25      Tithi 9 924796156	<b>Gulika</b> 11:18AM – 1:00PM <b>Yama</b> 7:52AM – 9:35AM <b>Rahu</b> 1:00PM – 2:43PM	<b>Krittika Until 5:10AM Thu</b> Sukla Until 1:14PM Balava Until 8:44AM <b>Navami* Until 9:49PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>	<i>Sunrise:</i> 6:09AM <i>Sunset:</i> 7:52PM	Moon 13 - Phase 39 Navami
Creative Work    Amrita Yoga Until 9:15PM then Marana Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

<b>1</b>	<b>Thursday, February 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau	Cape Town, South Africa <b>Sun 23 Sutra 296</b> Khara 5113
	Vishabha Rasi: 10.21    Tilthi 10 934797156 Routine Work    Marana Yoga Until 7:43AM Fri then Siddha Yoga	<b>Gulika</b> 9:35AM – 11:18AM <b>Yama</b> 6:10AM – 7:52AM <b>Rahu</b> 2:43PM – 4:26PM	<b>Rohini Until 7:43AM Fri</b> Brahma Until 1:57PM Taitila Until 11:05AM <b>Dasami Until 12:11AM Fri</b>

<b>2</b>	<b>Friday, February 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Cape Town, South Africa <b>Sun 24 Sutra 297</b> Khara 5113
	Vishabha Rasi: 22.28    Tilthi 11 934797156 Routine Work    Marana Yoga Until 7:43AM then Siddha Yoga	<b>Gulika</b> 7:53AM – 9:36AM <b>Yama</b> 4:26PM – 6:08PM <b>Rahu</b> 11:18AM – 1:01PM	<b>Rohini Until 7:43AM</b> Indra Until 2:18PM Vanija Until 1:02PM <b>Ekadasi Until 2:07AM Sat</b>

<b>3</b>	<b>Saturday, February 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau	Cape Town, South Africa <b>Sun 25 Sutra 298</b> Khara 5113
	Mithuna Rasi: 4.52      Tilthi 12 934797157 Creative Work    Siddha Yoga	<b>Gulika</b> 6:12AM – 7:54AM <b>Yama</b> 2:43PM – 4:25PM <b>Rahu</b> 9:36AM – 11:19AM	<b>Mrigasira Until 9:19AM</b> Vaidhriti* Until 1:35PM Bava Until 1:41PM <b>Dvadasi Until 1:41AM Sun</b>

<b>4</b>	<b>Sunday, February 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Cape Town, South Africa <b>Sun 26 Sutra 299</b> Khara 5113
	Mithuna Rasi: 17.37    Tilthi 13 934797157 Creative Work    Siddha Yoga Until 9.15PM then Amrita Yoga	<b>Gulika</b> 4:25PM – 6:07PM <b>Yama</b> 1:01PM – 2:43PM <b>Rahu</b> 6:07PM – 7:49PM	<b>Ardra Until 10:25AM</b> Vishkambha* Until 12:52PM Kaulava Until 2:14PM <b>Trayodasi Until 2:14AM Mon</b> <i>Pradosha Vrata</i>

<b>5</b>	<b>Monday, February 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Cape Town, South Africa <b>Sun 27 Sutra 300</b> Khara 5113
	Kataka Rasi: 0.43      Tilthi 14 <b>Family Home Evening</b> 944797157 Creative Work    Amrita Yoga Until 10:50AM then Siddha Yoga	<b>Gulika</b> 2:43PM – 4:25PM <b>Yama</b> 11:19AM – 1:01PM <b>Rahu</b> 7:56AM – 9:37AM	<b>Punarvasu Until 10:50AM</b> Priti Until 11:08AM Gara Until 2:03PM <b>Chaturdasi* Until 2:03AM Tue</b>

<b>○</b>	<b>Tuesday, February 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau	Cape Town, South Africa <b>Sutra 301</b> Khara 5113
	<b>Copper Retreat Star</b> Kataka Rasi: 14.12    Tilthi 15 944797157 Creative Work    Siddha Yoga	<b>Gulika</b> 1:01PM – 2:43PM <b>Yama</b> 9:38AM – 11:19AM <b>Rahu</b> 4:24PM – 6:06PM	<b>Pushya Until 10:13AM</b> Ayushman Until 9:16AM Visti Until 12:33PM <b>Purnima* Until 11:37PM</b>

<b>○</b>	<b>Wednesday, February 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Cape Town, South Africa <b>Sutra 302</b> Khara 5113
	<b>Silver Retreat Star</b> Kataka Rasi: 28.02    Tilthi 16 944797167 Creative Work    Siddha Yoga Until 9.16PM then Amrita Yoga	<b>Gulika</b> 11:20AM – 1:01PM <b>Yama</b> 7:57AM – 9:38AM <b>Rahu</b> 1:01PM – 2:42PM	<b>Aslesha* Until 9:22AM</b> Saubhagya Until 6:51AM Balava Until 11:02AM <b>Prathama* Until 10:07PM</b>





**Thursday, February 9, 2012**  
**Gold Retreat Star**

Simha Rasi: 12.09      Tithi 17  
955797267  
Creative Work    Amrita Yoga  
Until 8:02AM then no yoga  
Until 9.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    9:39AM – 11:20AM    **Magha\* Until 8:02AM**  
**Yama**      6:17AM – 7:58AM      Athiganda\* Until 1:19AM Fri  
**Rahu**      2:42PM – 4:23PM      Taitila Until 9:00AM  
Dvitiya Until 8:05PM

**Ganesha:** White    *Sunrise: 6:17AM*  
**Muruqa:** White    *Sunset: 7:46PM*  
**Nataraja:** Yellow  
Moon – Red  
**Magha+Thai**

Cape Town, South Africa  
**Sun 1    Sutra 303**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Subha Sivaloka Day**

**1**

**Friday, February 10, 2012**

Simha Rasi: 26.27      Tithi 18 – 19  
955797267  
Creative Work    Siddha Yoga  
Until 9.16PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    7:58AM – 9:39AM    **Purvaphalguni\* Until 6:23AM**  
**Yama**      4:23PM – 6:04PM      Sukarma Until 10:09PM  
**Rahu**      11:20AM – 1:01PM      Vanija Until 6:38AM  
Tritiya Until 5:43PM

**Ganesha:** White    *Sunrise: 6:18AM*  
**Muruqa:** White    *Sunset: 7:45PM*  
**Nataraja:** Yellow  
Moon – Red  
**Magha+Thai**

Cape Town, South Africa  
**Sun 2    Sutra 304**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Subha Sivaloka Day**

**2**

**Saturday, February 11, 2012**

Kanya Rasi: 10.5      Tithi 19 – 20  
965797267  
Routine Work    Marana Yoga  
Until 9.16PM then Amrita Yoga  
Until 3:26AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasla Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    6:19AM – 7:59AM    **Hasla Until 3:26AM Sun**  
**Yama**      2:42PM – 4:22PM      Dhriti Until 6:51PM  
**Rahu**      9:40AM – 11:20AM      Kaulava Until 2:15AM Sun  
Chaturthi\* Until 3:11PM

**Ganesha:** Clear    *Sunrise: 6:19AM*  
**Muruqa:** White    *Sunset: 7:44PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha+Thai**

Cape Town, South Africa  
**Sun 3    Sutra 305**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**

**3**

**Sunday, February 12, 2012**

Kanya Rasi: 25.13      Tithi 20 – 21  
965797267  
Creative Work    Siddha Yoga  
Until 9.16PM then Prabalarishta Yoga  
Until 1:39AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    4:22PM – 6:02PM    **Chitra Until 1:39AM Mon**  
**Yama**      1:01PM – 2:42PM      Shula\* Until 3:34PM  
**Rahu**      6:02PM – 7:43PM      Gara Until 11:44PM  
Panchami Until 12:39PM

**Ganesha:** Clear    *Sunrise: 6:19AM*  
**Muruqa:** White    *Sunset: 7:43PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha+Thai**

Cape Town, South Africa  
**Sun 4    Sutra 306**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**

**4**

**Monday, February 13, 2012**

Tula Rasi: 9.31      Tithi 21 – 22  
**Family Home Evening**    965797267  
Creative Work    Amrita Yoga  
Until 9.16PM then Siddha Yoga  
Until 11:59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visiti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    2:41PM – 4:21PM    **Svati Until 11:59PM**  
**Yama**      11:21AM – 1:01PM      Ganda\* Until 12:24PM  
**Rahu**      8:01AM – 9:41AM      Visiti Until 9:21PM  
Shasthi\* Until 10:17AM

**Ganesha:** Clear    *Sunrise: 6:20AM*  
**Muruqa:** White    *Sunset: 7:42PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha+Masi**

Cape Town, South Africa  
**Sun 5    Sutra 307**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**



**Tuesday, February 14, 2012**  
**Retreat Star**

Tula Rasi: 23.41      Tithi 22 – 23  
975797267  
Routine Work    Marana Yoga  
Until 9.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    1:01PM – 2:41PM    **Visakha Until 10:32PM**  
**Yama**      9:41AM – 11:21AM      Vridhhi Until 9:26AM  
**Rahu**      4:21PM – 6:01PM      Balava Until 7:12PM  
Saptami Until 8:08AM

**Ganesha:** Purple    *Sunrise: 6:21AM*  
**Muruqa:** White    *Sunset: 7:41PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Magha+Masi**

Cape Town, South Africa  
**Sun 6    Sutra 308**  
Khara 5113  
Moon 1 - Phase 41  
Ashtami

**Subha Sivaloka Day**

**Wednesday, February 15, 2012**  
**Retreat Star**

Vrischika Rasi: 7.43      Tithi 23 – 24  
975797267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Gara Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    11:21AM – 1:01PM    **Anuradha Until 9:21PM**  
**Yama**      8:02AM – 9:42AM      Dhruva Until 6:42AM  
**Rahu**      1:01PM – 2:41PM      Gara Until 4:24AM Thu  
Ashtami\* Until 6:15AM

**Ganesha:** Purple    *Sunrise: 6:22AM*  
**Muruqa:** White    *Sunset: 7:40PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Magha+Masi**

Cape Town, South Africa  
**Sun 7    Sutra 309**  
Khara 5113  
Moon 1 - Phase 41  
Navami

**Subha Sivaloka Day**


<b>1</b>	<b>Thursday, February 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Rituau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau	Cape Town, South Africa
	<b>Sun 8 Sutra 310</b>		Khara 5113
Wrischika Rasi: 21.35	Tithi 25		Moon 1 - Phase 42
	975797267		2nd Phase
Creative Work	Siddha Yoga		
Until 9.16PM then no yoga			
		<b>Gulika 9:42AM – 11:22AM</b>	<b>Jyeshtha* Until 8:25PM</b>
		<b>Yama 6:23AM – 8:03AM</b>	<b>Harshana Until 1:33AM Fri</b>
		<b>Rahu 2:40PM – 4:20PM</b>	<b>Vanija Until 3:43PM</b>
			<b>Dasami Until 2:48AM Fri</b>
		<b>Ganesha: Purple</b>	<b>Sunrise: 6:23AM</b>
		<b>Muruqa: White</b>	<b>Sunset: 7:39PM</b>
		<b>Nataraja: Yellow</b>	
		<b>Moon – Orange</b>	
		<b>Magha+Masi</b>	
			<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Friday, February 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Rituau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau	Cape Town, South Africa
	<b>Sun 9 Sutra 311</b>		Khara 5113
Dhanus Rasi: 5.19	Tithi 26		Moon 1 - Phase 42
	985797267		2nd Phase
No Yoga			
Until 7.44PM then Siddha Yoga			
Until 9.16PM then Marana Yoga			
		<b>Gulika 8:03AM – 9:43AM</b>	<b>Mula* Until 7:44PM</b>
		<b>Yama 4:19PM – 5:59PM</b>	<b>Vajra* Until 11:18PM</b>
		<b>Rahu 11:22AM – 1:01PM</b>	<b>Bava Until 2:23PM</b>
			<b>Ekadasi* Until 1:28AM Sat</b>
		<b>Ganesha: Clear</b>	<b>Sunrise: 6:24AM</b>
		<b>Muruqa: White</b>	<b>Sunset: 7:38PM</b>
		<b>Nataraja: Yellow</b>	
		<b>Moon – Light Blue</b>	
		<b>Magha+Masi</b>	
			<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, February 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Rituau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Cape Town, South Africa
	<b>Sun 10 Sutra 312</b>		Khara 5113
Dhanus Rasi: 18.55	Tithi 27		Moon 1 - Phase 42
	985797267		2nd Phase
Routine Work	Marana Yoga		
Until 8:20PM then no yoga			
Until 9.16PM then Amrita Yoga			
		<b>Gulika 6:25AM – 8:04AM</b>	<b>Purvashadha* Until 8:20PM</b>
		<b>Yama 2:40PM – 4:19PM</b>	<b>Siddhi Until 10:22PM</b>
		<b>Rahu 9:43AM – 11:22AM</b>	<b>Kaulava Until 1:56PM</b>
			<b>Dvadasi* Until 1:56AM Sun</b>
		<b>Ganesha: Clear</b>	<b>Sunrise: 6:25AM</b>
		<b>Muruqa: White</b>	<b>Sunset: 7:37PM</b>
		<b>Nataraja: Yellow</b>	
		<b>Moon – Light Blue</b>	
		<b>Magha+Masi</b>	
			<b>Sivaloka Day</b>

<b>4</b>	<b>Sunday, February 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Rituau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Cape Town, South Africa
	<b>Sun 11 Sutra 313</b>		Khara 5113
Makara Rasi: 2.2	Tithi 28		Moon 1 - Phase 42
	986797267		2nd Phase
Creative Work	Amrita Yoga		
Until 8.16PM then Siddha Yoga			
Until 9.16PM then Amrita Yoga			
		<b>Gulika 4:18PM – 5:57PM</b>	<b>Uttarashadha Until 8:09PM</b>
		<b>Yama 1:01PM – 2:39PM</b>	<b>Vyatipata* Until 8:28PM</b>
		<b>Rahu 5:57PM – 7:36PM</b>	<b>Gara Until 1:05PM</b>
			<b>Trayodasi* Until 1:05AM Mon</b>
			<i>Pradosha Vrata (Fasting)</i>
		<b>Ganesha: Purple</b>	<b>Sunrise: 6:26AM</b>
		<b>Muruqa: White</b>	<b>Sunset: 7:36PM</b>
		<b>Nataraja: Yellow</b>	
		<b>Moon – Light Blue</b>	
		<b>Magha+Masi</b>	
			<b>Devaloka Day</b>

<b>5</b>	<b>Monday, February 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Rituau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Cape Town, South Africa
	<b>Sun 12 Sutra 314</b>		Khara 5113
Makara Rasi: 16	Tithi 29		Moon 1 - Phase 42
	996797267		2nd Phase
<b>Family Home Evening</b>			
Creative Work	Amrita Yoga		
Until 8.16PM then Siddha Yoga			
Until 9.15PM then Marana Yoga			
		<b>Gulika 2:39PM – 4:18PM</b>	<b>Sravana Until 8:16PM</b>
		<b>Yama 11:22AM – 1:01PM</b>	<b>Variyan Until 6:52PM</b>
		<b>Rahu 8:05AM – 9:44AM</b>	<b>Visti Until 12:35PM</b>
			<b>Chaturdasi* Until 12:35AM Tue</b>
		<b>Mahasivaratri</b>	
		<b>Ganesha: Light Blue</b>	<b>Sunrise: 6:27AM</b>
		<b>Muruqa: White</b>	<b>Sunset: 7:35PM</b>
		<b>Nataraja: Yellow</b>	
		<b>Moon – Purple</b>	
		<b>Magha+Masi</b>	
			<b>Devaloka Day</b>

	<b>Tuesday, February 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Rituau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Cape Town, South Africa
	<b>Retreat Star</b>		<b>Sun 13 Sutra 315</b>
Makara Rasi: 28.41	Tithi 30		Khara 5113
	996897267		Moon 1 - Phase 42
			Amavasya
Routine Work	Marana Yoga		
Until 9.15PM then Siddha Yoga			
		<b>Gulika 1:01PM – 2:39PM</b>	<b>Dhanishtha Until 8:45PM</b>
		<b>Yama 9:44AM – 11:22AM</b>	<b>Parigha* Until 5:35PM</b>
		<b>Rahu 4:17PM – 5:55PM</b>	<b>Catuspada Until 12:27PM</b>
			<b>Amavasya* Until 12:27AM Wed</b>
		<b>Ganesha: Orange</b>	<b>Sunrise: 6:28AM</b>
		<b>Muruqa: White</b>	<b>Sunset: 7:33PM</b>
		<b>Nataraja: Yellow</b>	
		<b>Moon – Purple</b>	
		<b>Magha+Masi</b>	
			<b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Wednesday, February 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Rituau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Cape Town, South Africa
	<b>Sun 14 Sutra 316</b>		Khara 5113
Kumbha Rasi: 11.32	Tithi 1		Moon 1 - Phase 42
	996897267		Prathama
Creative Work	Siddha Yoga		
Until 9.15PM then Marana Yoga			
Until 9.37PM then Siddha Yoga			
		<b>Gulika 11:22AM – 1:00PM</b>	<b>Satabhisha Until 9:37PM</b>
		<b>Yama 8:07AM – 9:45AM</b>	<b>Shiva Until 4:40PM</b>
		<b>Rahu 1:00PM – 2:38PM</b>	<b>Kintughna Until 12:45PM</b>
			<b>Prathama* Until 12:45AM Thu</b>
		<b>Ganesha: Orange</b>	<b>Sunrise: 6:29AM</b>
		<b>Muruqa: White</b>	<b>Sunset: 7:32PM</b>
		<b>Nataraja: Yellow</b>	
		<b>Moon – Purple</b>	
		<b>Phalgun+Masi</b>	
			<b>Sivaloka Day</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

<b>1</b>	<b>Thursday, February 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Cape Town, South Africa <b>Sun 15 Sutra 317</b> Khara 5113
	Kumbha Rasi: 24.1      Tithi 2 916897267 Creative Work    Siddha Yoga	<b>Gulika</b> 9:45AM – 11:23AM <b>Yama</b> 6:30AM – 8:07AM <b>Rahu</b> 2:38PM – 4:16PM	<b>Purvaprostapada* Until 12:19AM Fri</b> Siddha Until 4:55PM Balava Until 2:10PM <b>Dvitiya Until 3:16AM Fri</b>

<b>2</b>	<b>Friday, February 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau	Cape Town, South Africa <b>Sun 16 Sutra 318</b> Khara 5113
	Meena Rasi: 6.35      Tithi 3 916897267 Creative Work    Siddha Yoga Until 2:11AM Sat then Prabalarishta Yoga	<b>Gulika</b> 8:08AM – 9:45AM <b>Yama</b> 4:15PM – 5:53PM <b>Rahu</b> 11:23AM – 1:00PM	<b>Uttaraprostapada Until 2:11AM Sat</b> Sadhya Until 4:46PM Taitila Until 3:29PM <b>Tritiya Until 4:34AM Sat</b>


<b>3</b>	<b>Saturday, February 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Cape Town, South Africa <b>Sun 17 Sutra 319</b> Khara 5113
	Meena Rasi: 18.46      Tithi 4 916897267 Routine Work    Prabalarishta Yoga Until 9:15PM then Amrita Yoga Until 4:28AM Sun then Siddha Yoga	<b>Gulika</b> 6:31AM – 8:08AM <b>Yama</b> 2:37PM – 4:14PM <b>Rahu</b> 9:46AM – 11:23AM	<b>Revati Until 4:28AM Sun</b> Subha Until 5:01PM Vanija Until 5:16PM <b>Chaturthi* Until 6:21AM Sun</b>

<b>4</b>	<b>Sunday, February 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Cape Town, South Africa <b>Sun 18 Sutra 320</b> Khara 5113
	Mesha Rasi: 0.46      Tithi 4 – 5 927897267 Creative Work    Siddha Yoga	<b>Gulika</b> 4:14PM – 5:51PM <b>Yama</b> 1:00PM – 2:37PM <b>Rahu</b> 5:51PM – 7:28PM	<b>Asvini Until 7:23AM Mon</b> Sukla Until 5:37PM Bava Until 7:27PM <b>Chaturthi* Until 6:21AM</b>

<b>5</b>	<b>Monday, February 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Cape Town, South Africa <b>Sun 19 Sutra 321</b> Khara 5113
	Mesha Rasi: 12.38      Tithi 5 – 6 927897267 Family Home Evening Creative Work    Siddha Yoga	<b>Gulika</b> 2:36PM – 4:13PM <b>Yama</b> 11:23AM – 1:00PM <b>Rahu</b> 8:10AM – 9:46AM	<b>Asvini Until 7:23AM</b> Brahma Until 6:28PM Kaulava Until 9:55PM <b>Panchami Until 8:50AM</b>

<b>6</b>	<b>Tuesday, February 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Cape Town, South Africa <b>Sun 20 Sutra 322</b> Khara 5113
	Mesha Rasi: 24.26      Tithi 6 – 7 927897267 Creative Work    Siddha Yoga Until 9:14PM then Amrita Yoga	<b>Gulika</b> 1:00PM – 2:36PM <b>Yama</b> 9:47AM – 11:23AM <b>Rahu</b> 4:12PM – 5:49PM	<b>Bharani Until 10:27AM</b> Indra Until 7:26PM Gara Until 12:33AM Wed <b>Shasthi* Until 11:28AM</b>

	<b>Wednesday, February 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Cape Town, South Africa <b>Sun 21 Sutra 323</b> Khara 5113
	Retreat Star Vrishabha Rasi: 6.15      Tithi 7 – 8 927897267 Creative Work    Amrita Yoga Until 1:30PM then Siddha Yoga Until 9:14PM then Marana Yoga	<b>Gulika</b> 11:23AM – 12:59PM <b>Yama</b> 8:11AM – 9:47AM <b>Rahu</b> 12:59PM – 2:35PM	<b>Krittika Until 1:30PM</b> Vaidhriti* Until 8:24PM Visti Until 3:10AM Thu <b>Saptami Until 2:05PM</b>

	<b>Thursday, March 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Cape Town, South Africa <b>Sun 22 Sutra 324</b> Khara 5113
	Retreat Star Vrishabha Rasi: 18.09      Tithi 8 – 9 937897267 Routine Work    Marana Yoga Until 9:14PM then Siddha Yoga	<b>Gulika</b> 9:48AM – 11:23AM <b>Yama</b> 6:36AM – 8:12AM <b>Rahu</b> 2:35PM – 4:10PM	<b>Rohini Until 4:22PM</b> Vishkambha* Until 9:12PM Balava Until 5:34AM Fri <b>Ashtami* Until 4:29PM</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

<b>1</b>	<b>Friday, March 2, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Priti Yoga Kaulava Karana Navami* Yam Titau	Cape Town, South Africa <b>Sun 23 Sutra 325</b> Khara 5113
Mithuna Rasi: 0.15	Tithi 9	<b>Gulika</b> 8:13AM – 9:48AM <b>Yama</b> 4:09PM – 5:45PM <b>Rahu</b> 11:23AM – 12:59PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:37AM <b>Muruqa:</b> White <i>Sunset:</i> 7:20PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>
937897267		<b>Mrigasira Until 6:51PM</b> Priti Until 9:38PM Kaulava Until 7:33AM Sat <b>Navami* Until 6:28PM</b>	<b>Sivaloka Day</b> Moon 1 - Phase 44 4th Phase
Creative Work	Siddha Yoga		
<b>2</b>	<b>Saturday, March 3, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Tailila/Gara Karana Dasami Yam Titau	Cape Town, South Africa <b>Sun 24 Sutra 326</b> Khara 5113
Mithuna Rasi: 12.38	Tithi 10	<b>Gulika</b> 6:38AM – 8:13AM <b>Yama</b> 2:34PM – 4:09PM <b>Rahu</b> 9:48AM – 11:23AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:38AM <b>Muruqa:</b> White <i>Sunset:</i> 7:19PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>
937897267		<b>Ardra Until 7:36PM</b> Ayushman Until 8:25PM Tailila Until 6:40AM <b>Dasami Until 6:40PM</b>	<b>Sivaloka Day</b> Moon 1 - Phase 44 4th Phase
Creative Work	Siddha Yoga		
Until 7:36PM then Marana Yoga			
Until 9:13PM then Siddha Yoga			
<b>3</b>	<b>Sunday, March 4, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Cape Town, South Africa <b>Sun 25 Sutra 327</b> Khara 5113
Mithuna Rasi: 25.23	Tithi 11	<b>Gulika</b> 4:08PM – 5:43PM <b>Yama</b> 12:58PM – 2:33PM <b>Rahu</b> 5:43PM – 7:18PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:39AM <b>Muruqa:</b> White <i>Sunset:</i> 7:18PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>
948897267		<b>Punarvasu Until 8:40PM</b> Saubhagya Until 7:41PM Vanija Until 7:09AM <b>Ekadasi Until 7:09PM</b>	<b>Devaloka Day</b> Moon 1 - Phase 44 4th Phase
Creative Work	Siddha Yoga		
<b>4</b>	<b>Monday, March 5, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Dvadasi Yam Titau	Cape Town, South Africa <b>Sun 26 Sutra 328</b> Khara 5113
Kataka Rasi: 8.35	Tithi 12	<b>Gulika</b> 2:33PM – 4:07PM <b>Yama</b> 11:23AM – 12:58PM <b>Rahu</b> 8:14AM – 9:49AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:40AM <b>Muruqa:</b> White <i>Sunset:</i> 7:16PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>
148817267		<b>Pushya Until 7:52PM</b> Sobhana Until 5:24PM Bava Until 6:43AM <b>Dvadasi Until 5:47PM</b>	<b>Devaloka Day</b> Moon 1 - Phase 44 4th Phase
Family Home Evening			
Creative Work	Siddha Yoga		
<b>5</b>	<b>Tuesday, March 6, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Cape Town, South Africa <b>Sun 27 Sutra 329</b> Khara 5113
Kataka Rasi: 22.13	Tithi 13 – 14	<b>Gulika</b> 12:58PM – 2:32PM <b>Yama</b> 9:49AM – 11:23AM <b>Rahu</b> 4:06PM – 5:41PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:40AM <b>Muruqa:</b> White <i>Sunset:</i> 7:15PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>
148817267		<b>Aslesha* Until 7:20PM</b> Athiganda* Until 3:18PM Gara Until 3:41AM Wed <b>Trayodasi Until 4:36PM</b>	<b>Devaloka Day</b> Moon 1 - Phase 44 4th Phase
Creative Work	Siddha Yoga		
		<i>Pradosha Vrata</i>	
<b>○</b>	<b>Wednesday, March 7, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukarma/Dhriti/ Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Cape Town, South Africa <b>Sutra 330</b> Khara 5113
Simha Rasi: 6.18	Tithi 14 – 15	<b>Gulika</b> 11:23AM – 12:58PM <b>Yama</b> 8:15AM – 9:49AM <b>Rahu</b> 12:58PM – 2:32PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> White <i>Sunset:</i> 7:14PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalguna-Masi</b>
158817267		<b>Magha* Until 6:04PM</b> Sukarma Until 12:31PM Visti Until 1:42AM Thu <b>Chaturdasi* Until 2:37PM</b>	<b>Sivaloka Day</b> Moon 1 - Phase 44 Purnima
Creative Work	Siddha Yoga	<b>Chidambaram Abhishekam</b>	
Until 6:04PM then Amrita Yoga			
Until 9:12PM then no yoga			
<b>Thursday, March 8, 2012</b>	<b>Silver Retreat Star</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Cape Town, South Africa <b>Sutra 331</b> Khara 5113
Simha Rasi: 20.44	Tithi 15 – 16	<b>Gulika</b> 9:50AM – 11:23AM <b>Yama</b> 6:42AM – 8:16AM <b>Rahu</b> 2:31PM – 4:05PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:42AM <b>Muruqa:</b> White <i>Sunset:</i> 7:13PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalguna-Masi</b>
158817267		<b>Purvaphalguni* Until 3:29PM</b> Dhriti Until 8:57AM Balava Until 9:49PM <b>Purnima* Until 11:32AM</b>	<b>Sivaloka Day</b> Moon 1 - Phase 44 Prathama
No Yoga			
Until 3:29PM then Prabalarishta Yoga			
Until 9:12PM then Siddha Yoga			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



**Friday, March 9, 2012**  
**Gold Retreat Star**

Kanya Rasi: 5.26      Tithi 16 – 17  
158817267  
Creative Work    Siddha Yoga  
Until 1:18PM then Amrita Yoga  
Until 9.12PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttaraphalguni/Hasta Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**      **8:16AM – 9:50AM**      **Uttaraphalguni Until 1:18PM**  
**Yama**      **4:04PM – 5:38PM**      **Ganda\* Until 1:24AM Sat**  
**Rahu**      **11:23AM – 12:57PM**      **Taitila Until 6:54PM**  
**Prathama\* Until 8:37AM**

**Ganesha:** Red      *Sunrise:* 6:43AM  
**Muruqa:** White      *Sunset:* 7:11PM  
**Nataraja:** Yellow  
Moon – Red  
**Phalguna-Masi**

**Sivaloka Day**

Cape Town, South Africa  
**Sutra 332**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**1**

**Saturday, March 10, 2012**

Kanya Rasi: 20.16      Tithi 18  
169817267  
Routine Work    Marana Yoga  
Until 9.11PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**      **6:44AM – 8:17AM**      **Hasta Until 10:55AM**  
**Yama**      **2:30PM – 4:03PM**      **Vriddhi Until 9:39PM**  
**Rahu**      **9:50AM – 11:23AM**      **Vanija Until 3:47PM**  
**Tritiya Until 2:04AM Sun**

**Ganesha:** Blue      *Sunrise:* 6:44AM  
**Muruqa:** White      *Sunset:* 7:10PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

**Devaloka Day**

Cape Town, South Africa  
**Sun 1 Sutra 333**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**2**

**Sunday, March 11, 2012**

Tula Rasi: 5.05      Tithi 19  
169817267  
Creative Work    Siddha Yoga  
Until 9.11PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**      **4:03PM – 5:36PM**      **Chitra Until 8:32AM**  
**Yama**      **12:57PM – 2:30PM**      **Dhruva Until 5:56PM**  
**Rahu**      **5:36PM – 7:09PM**      **Bava Until 12:40PM**  
**Chaturthi\* Until 10:57PM**

**Ganesha:** Blue      *Sunrise:* 6:44AM  
**Muruqa:** White      *Sunset:* 7:09PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

**Devaloka Day**

Cape Town, South Africa  
**Sun 2 Sutra 334**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**3**

**Monday, March 12, 2012**

Tula Rasi: 19.46      Tithi 20  
169817267  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 6:24AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Svati/Visakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**      **2:29PM – 4:02PM**      **Svati Until 6:24AM**  
**Yama**      **11:23AM – 12:56PM**      **Vyaghata\* Until 2:58PM**  
**Rahu**      **8:18AM – 9:51AM**      **Kaulava Until 10:03AM**  
**Panchami Until 9:08PM**

**Ganesha:** Blue      *Sunrise:* 6:45AM  
**Muruqa:** White      *Sunset:* 7:07PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

**Devaloka Day**

Cape Town, South Africa  
**Sun 3 Sutra 335**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**4**

**Tuesday, March 13, 2012**

Vrischika Rasi: 4.14      Tithi 21  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**      **12:56PM – 2:28PM**      **Anuradha Until 3:19AM Wed**  
**Yama**      **9:51AM – 11:23AM**      **Harshana Until 11:34AM**  
**Rahu**      **4:01PM – 5:33PM**      **Gara Until 7:21AM**  
**Shasthi\* Until 6:25PM**

**Ganesha:** Red      *Sunrise:* 6:46AM  
**Muruqa:** White      *Sunset:* 7:06PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Masi**

**Sivaloka Day**

Cape Town, South Africa  
**Sun 4 Sutra 336**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**5**

**Wednesday, March 14, 2012**

Vrischika Rasi: 18.25      Tithi 22 – 23  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yukhtayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**      **11:23AM – 12:56PM**      **Jyeshtha\* Until 1:51AM Thu**  
**Yama**      **8:19AM – 9:51AM**      **Vajra\* Until 8:36AM**  
**Rahu**      **12:56PM – 2:28PM**      **Balava Until 3:18AM Thu**  
**Saptami Until 4:14PM**

**Ganesha:** Red      *Sunrise:* 6:47AM  
**Muruqa:** White      *Sunset:* 7:05PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Panguni**

**Sivaloka Day**

Cape Town, South Africa  
**Sun 5 Sutra 337**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase



**Thursday, March 15, 2012**  
**Retreat Star**

Dhanus Rasi: 2.19      Tithi 23 – 24  
189817268  
Creative Work    Siddha Yoga  
Until 9.10PM then no yoga  
Until 12:54AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yukhtayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**      **9:51AM – 11:23AM**      **Mula\* Until 12:54AM Fri**  
**Yama**      **6:48AM – 8:19AM**      **Siddhi Until 6:07AM**  
**Rahu**      **2:27PM – 3:59PM**      **Taitila Until 1:39AM Fri**  
**Ashtami\* Until 2:35PM**

**Ganesha:** Green      *Sunrise:* 6:48AM  
**Muruqa:** White      *Sunset:* 7:03PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**

**Sivaloka Day**

Cape Town, South Africa  
**Sun 6 Sutra 338**  
Khara 5113  
Moon 2 - Phase 45  
Ashtami

**Friday, March 16, 2012**  
**Retreat Star**

Dhanus Rasi: 15.55      Tithi 24 – 25  
189817268  
Creative Work    Siddha Yoga  
Until 9.10PM then Marana Yoga  
Until 1:51AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika**      **8:20AM – 9:52AM**      **Purvashadha\* Until 1:51AM Sat**  
**Yama**      **3:59PM – 5:30PM**      **Variyan Until 2:49AM Sat**  
**Rahu**      **11:23AM – 12:55PM**      **Vanija Until 2:05AM Sat**  
**Navami\* Until 2:05PM**

**Ganesha:** Green      *Sunrise:* 6:48AM  
**Muruqa:** White      *Sunset:* 7:02PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**

**Sivaloka Day**

Cape Town, South Africa  
**Sun 7 Sutra 339**  
Khara 5113  
Moon 2 - Phase 45  
Navami


<b>1</b>	<b>Saturday, March 17, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Cape Town, South Africa
	Dhanus Rasi: 29.16    Tithi 26 – 26 No Yoga Until 9.09PM then Amrita Yoga	<b>Gulika</b> 6:49AM – 8:20AM <b>Yama</b> 2:26PM – 3:58PM <b>Rahu</b> 9:52AM – 11:23AM	<b>Sun 8 Sutra 340</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, March 18, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Cape Town, South Africa
	Makara Rasi: 12.22    Tithi 26 – 27 Creative Work Amrita Yoga Until 2:14AM Mon then Siddha Yoga	<b>Gulika</b> 3:57PM – 5:28PM <b>Yama</b> 12:55PM – 2:26PM <b>Rahu</b> 5:28PM – 6:59PM	<b>Sun 9 Sutra 341</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Subha Subha Sivaloka Day</b>

<b>3</b>	<b>Monday, March 19, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Cape Town, South Africa
	Makara Rasi: 25.17    Tithi 27 – 28 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 9.09PM then Marana Yoga	<b>Gulika</b> 2:25PM – 3:56PM <b>Yama</b> 11:23AM – 12:54PM <b>Rahu</b> 8:21AM – 9:52AM	<b>Sun 10 Sutra 342</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Subha Subha Sivaloka Day</b>

<b>4</b>	<b>Tuesday, March 20, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Cape Town, South Africa
	Kumbha Rasi: 8    Tithi 28 – 29 Routine Work Marana Yoga Until 9.09PM then Siddha Yoga Until 4:09AM Wed then Amrita Yoga	<b>Gulika</b> 12:54PM – 2:25PM <b>Yama</b> 9:53AM – 11:23AM <b>Rahu</b> 3:55PM – 5:26PM	<b>Sun 11 Sutra 343</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Subha Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, March 21, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Cape Town, South Africa
	Kumbha Rasi: 20.32    Tithi 29 – 30 Creative Work Amrita Yoga Until 9.08PM then Siddha Yoga	<b>Gulika</b> 11:23AM – 12:54PM <b>Yama</b> 8:22AM – 9:53AM <b>Rahu</b> 12:54PM – 2:24PM	<b>Sun 12 Sutra 344</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Subha Sivaloka Day</b>

	<b>Thursday, March 22, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Cape Town, South Africa
	<b>Retreat Star</b> Meena Rasi: 2.55    Tithi 30 – 1 Creative Work Siddha Yoga	<b>Gulika</b> 9:53AM – 11:23AM <b>Yama</b> 6:53AM – 8:23AM <b>Rahu</b> 2:23PM – 3:54PM	<b>Sun 13 Sutra 345</b> Khara 5113 Moon 2 - Phase 46 Amavasya <b>Subha Sivaloka Day</b>

	<b>Friday, March 23, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Bava Karana Prathama* Yam Titau	Cape Town, South Africa
	<b>Retreat Star</b> Meena Rasi: 15.07    Tithi 1 Creative Work Siddha Yoga Until 9.08PM then Prabalarishta Yoga	<b>Gulika</b> 8:23AM – 9:53AM <b>Yama</b> 3:53PM – 5:23PM <b>Rahu</b> 11:23AM – 12:53PM	<b>Sun 14 Sutra 346</b> Khara 5113 Moon 2 - Phase 46 Prathama <b>Subha Sivaloka Day</b>

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP, 287

<b>1</b>	<b>Saturday, March 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Cape Town, South Africa <b>Sun 15 Sutra 347</b> Khara 5113
	Meena Rasi: 27.1      Tithi 2 111917268	<b>Gulika</b> 6:54AM – 8:24AM <b>Yama</b> 2:22PM – 3:52PM <b>Rahu</b> 9:53AM – 11:23AM	<b>Revati Until 11:41AM</b> Indra Until 11:44PM Balava Until 7:36AM <b>Dvitiya Until 8:42PM</b>

Routine Work    Prabalarishta Yoga  
Until 11:41AM then Siddha Yoga

**Chellappaswami Mahasamadhi**

**Ganesha:** Clear      *Sunrise:* 6:54AM  
**Muruqa:** White      *Sunset:* 6:51PM  
**Nataraja:** White  
Moon – Clear

**Chaitra•Panguni**

**Subha Sivaloka Day**

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<b>2</b>	<b>Sunday, March 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Tritiya Yam Titau	Cape Town, South Africa <b>Sun 16 Sutra 348</b> Khara 5113
	Mesha Rasi: 9.05      Tithi 3 121917268	<b>Gulika</b> 3:51PM – 5:20PM <b>Yama</b> 12:52PM – 2:22PM <b>Rahu</b> 5:20PM – 6:50PM	<b>Asvini Until 2:31PM</b> Vaidhriti* Until 12:31AM Mon Tailila Until 9:57AM <b>Tritiya Until 11:03PM</b>

Creative Work    Siddha Yoga  
Until 2:31PM then no yoga  
Until 9:07PM then Siddha Yoga

**Ganesha:** Orange      *Sunrise:* 6:55AM  
**Muruqa:** White      *Sunset:* 6:50PM  
**Nataraja:** White  
Moon – White

**Chaitra•Panguni**

**Subha Sivaloka Day**

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<b>3</b>	<b>Monday, March 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Chaturthi* Yam Titau	Cape Town, South Africa <b>Sun 17 Sutra 349</b> Khara 5113
	Mesha Rasi: 20.54      Tithi 4 121917268	<b>Gulika</b> 2:21PM – 3:50PM <b>Yama</b> 11:23AM – 12:52PM <b>Rahu</b> 8:25AM – 9:54AM	<b>Bharani Until 5:32PM</b> Vishkambha* Until 1:29AM Tue Vanija Until 12:31PM <b>Chaturthi* Until 1:36AM Tue</b>

Creative Work    Siddha Yoga  
Until 5:32PM then no yoga  
Until 9:07PM then Siddha Yoga

**Ganesha:** Orange      *Sunrise:* 6:56AM  
**Muruqa:** White      *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – White

**Chaitra•Panguni**

**Subha Sivaloka Day**

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<b>4</b>	<b>Tuesday, March 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau	Cape Town, South Africa <b>Sun 18 Sutra 350</b> Khara 5113
	Wrishabha Rasi: 2.4      Tithi 5 121917268	<b>Gulika</b> 12:52PM – 2:21PM <b>Yama</b> 9:54AM – 11:23AM <b>Rahu</b> 3:49PM – 5:18PM	<b>Krittika Until 8:40PM</b> Priti Until 2:32AM Wed Bava Until 3:10PM <b>Panchami Until 4:15AM Wed</b>

Creative Work    Siddha Yoga  
Until 8:40PM then Amrita Yoga  
Until 9:06PM then Siddha Yoga

**Ganesha:** Orange      *Sunrise:* 6:56AM  
**Muruqa:** White      *Sunset:* 6:47PM  
**Nataraja:** White  
Moon – White

**Chaitra•Panguni**

**Subha Sivaloka Day**

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<b>5</b>	<b>Wednesday, March 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Cape Town, South Africa <b>Sun 19 Sutra 351</b> Khara 5113
	Wrishabha Rasi: 14.28      Tithi 6 132917268	<b>Gulika</b> 11:23AM – 12:51PM <b>Yama</b> 8:26AM – 9:54AM <b>Rahu</b> 12:51PM – 2:20PM	<b>Rohini Until 11:44PM</b> Ayushman Until 3:34AM Thu Kaulava Until 5:46PM <b>Shasthi* Until 7:05AM Thu</b>

Creative Work    Siddha Yoga  
Until 9:06PM then Marana Yoga

**Ganesha:** Red      *Sunrise:* 6:57AM  
**Muruqa:** White      *Sunset:* 6:46PM  
**Nataraja:** White  
Moon – Yellow

**Chaitra•Panguni**

**Subha Sivaloka Day**

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<b>6</b>	<b>Thursday, March 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Cape Town, South Africa <b>Sun 20 Sutra 352</b> Khara 5113
	Wrishabha Rasi: 26.21      Tithi 6 – 7 132917268	<b>Gulika</b> 9:55AM – 11:23AM <b>Yama</b> 6:58AM – 8:26AM <b>Rahu</b> 2:20PM – 3:48PM	<b>Mrigasira Until 2:38AM Fri</b> Saubhagya Until 4:24AM Fri Gara Until 8:11PM <b>Shasthi* Until 7:05AM</b>


Routine Work    Marana Yoga  
Until 9:06PM then Siddha Yoga

**Ganesha:** Red      *Sunrise:* 6:58AM  
**Muruqa:** White      *Sunset:* 6:44PM  
**Nataraja:** White  
Moon – Yellow

**Chaitra•Panguni**

**Subha Sivaloka Day**

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	<b>Friday, March 30, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visli* Karana Saptami/Ashtami* Yam Titau	Cape Town, South Africa <b>Sun 21 Sutra 353</b> Khara 5113
	<b>Retreat Star</b> Mithuna Rasi: 8.25      Tithi 7 – 8 132917268	<b>Gulika</b> 8:27AM – 9:55AM <b>Yama</b> 3:47PM – 5:15PM <b>Rahu</b> 11:23AM – 12:51PM	<b>Ardra Until 5:10AM Sat</b> Sobhana Until 4:55AM Sat Visli Until 10:11PM <b>Saptami Until 9:05AM</b>

Creative Work    Siddha Yoga  
Until 5:10AM Sat then Marana Yoga

**Ganesha:** Red      *Sunrise:* 6:59AM  
**Muruqa:** White      *Sunset:* 6:43PM  
**Nataraja:** White  
Moon – Yellow

**Chaitra•Panguni**

**Subha Sivaloka Day**

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<b>Retreat Star</b>	<b>Saturday, March 31, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Cape Town, South Africa <b>Sun 22 Sutra 354</b> Khara 5113
	Mithuna Rasi: 20.46      Tithi 8 – 9 142917268	<b>Gulika</b> 6:59AM – 8:27AM <b>Yama</b> 2:18PM – 3:46PM <b>Rahu</b> 9:55AM – 11:23AM	<b>Punarvasu Until 5:13AM Sun</b> Athiganda* Until 3:17AM Sun Balava Until 10:07PM <b>Ashtami* Until 10:07AM</b>

Routine Work    Marana Yoga  
Until 9:05PM then Siddha Yoga

**Sri Rama Navami**

**Ganesha:** Blue      *Sunrise:* 6:59AM  
**Muruqa:** White      *Sunset:* 6:42PM  
**Nataraja:** White  
Moon – Blue

**Chaitra•Panguni**

**Sivaloka Day**

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O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

<b>1</b>	<b>Sunday, April 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Cape Town, South Africa
	Sun 23	<b>Sutra 355</b>	Khara 5113
Kataka Rasi: 3.28	Tithi 9 – 10	<b>Gulika</b> 3:46PM – 5:14PM	<b>Pushya Until 6:06AM Mon</b>
142917268		<b>Yama</b> 12:51PM – 2:18PM	<b>Sukarma Until 2:40AM Mon</b>
Creative Work Siddha Yoga		<b>Rahu</b> 5:14PM – 6:42PM	<b>Taitila Until 10:41PM</b>
			<b>Navami* Until 10:41AM</b>
			<b>Ganesha: Blue</b> <i>Sunrise: 6:59AM</i>
			<b>Muruqa: White</b> <i>Sunset: 6:42PM</i>
			<b>Nataraja: White</b>
			Moon – Blue
			<b>Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>2</b>	<b>Monday, April 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Cape Town, South Africa
	Sun 24	<b>Sutra 356</b>	Khara 5113
Kataka Rasi: 16.37	Tithi 10 – 11	<b>Gulika</b> 2:18PM – 3:45PM	<b>Pushya Until 6:06AM</b>
Family Home Evening	142917268	<b>Yama</b> 11:23AM – 12:50PM	<b>Dhriti Until 12:01AM Tue</b>
Creative Work Siddha Yoga		<b>Rahu</b> 8:28AM – 9:55AM	<b>Vanija Until 9:07PM</b>
			<b>Dasami Until 10:03AM</b>
			<b>Ganesha: Blue</b> <i>Sunrise: 7:00AM</i>
			<b>Muruqa: White</b> <i>Sunset: 6:40PM</i>
			<b>Nataraja: White</b>
			Moon – Blue
			<b>Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>3</b>	<b>Tuesday, April 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Cape Town, South Africa
	Sun 25	<b>Sutra 357</b>	Khara 5113
Simha Rasi: 0.14	Tithi 11 – 12	<b>Gulika</b> 12:50PM – 2:17PM	<b>Magha* Until 4:28AM Wed</b>
152917268		<b>Yama</b> 9:55AM – 11:23AM	<b>Shula* Until 9:59PM</b>
Creative Work Siddha Yoga		<b>Rahu</b> 3:45PM – 5:12PM	<b>Bava Until 7:57PM</b>
Until 4:28AM Wed then Amrita Yoga			<b>Ekadasi Until 8:53AM</b>
			<b>Ganesha: Yellow</b> <i>Sunrise: 7:01AM</i>
			<b>Muruqa: White</b> <i>Sunset: 6:39PM</i>
			<b>Nataraja: White</b>
			Moon – Red
			<b>Subha Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>4</b>	<b>Wednesday, April 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda* Yoga Balava/Taitila Karana Dvadasi/Trayodasi Yam Titau	Cape Town, South Africa
	Sun 26	<b>Sutra 358</b>	Khara 5113
Simha Rasi: 14.19	Tithi 12 – 13	<b>Gulika</b> 11:23AM – 12:50PM	<b>Purvaphalguni* Until 1:45AM Thu</b>
152917268		<b>Yama</b> 8:29AM – 9:56AM	<b>Ganda* Until 6:22PM</b>
Creative Work Amrita Yoga		<b>Rahu</b> 12:50PM – 2:17PM	<b>Taitila Until 3:20AM Thu</b>
Until 9:04PM then no yoga			<b>Dvadasi Until 6:46AM</b>
Until 1:45AM Thu then Prabalarishta Yoga			<i>Pradosha Vrata</i>
			<b>Ganesha: Yellow</b> <i>Sunrise: 7:02AM</i>
			<b>Muruqa: White</b> <i>Sunset: 6:38PM</i>
			<b>Nataraja: White</b>
			Moon – Red
			<b>Subha Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>5</b>	<b>Thursday, April 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Cape Town, South Africa
	Sun 27	<b>Sutra 359</b>	Khara 5113
Simha Rasi: 28.52	Tithi 14	<b>Gulika</b> 9:56AM – 11:23AM	<b>Uttaraphalguni Until 11:50PM</b>
152917268		<b>Yama</b> 7:02AM – 8:29AM	<b>Vriddhi Until 3:05PM</b>
Routine Work Prabalarishta Yoga		<b>Rahu</b> 2:16PM – 3:43PM	<b>Gara Until 2:24PM</b>
Until 9:04PM then Siddha Yoga			<b>Chaturdasi* Until 12:41AM Fri</b>
Until 11:50PM then Amrita Yoga			<b>Ganesha: Yellow</b> <i>Sunrise: 7:02AM</i>
			<b>Muruqa: White</b> <i>Sunset: 6:37PM</i>
			<b>Nataraja: White</b>
			Moon – Red
			<b>Subha Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>○</b>	<b>Friday, April 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Cape Town, South Africa
	Sun 28	<b>Sutra 360</b>	Khara 5113
Kanya Rasi: 13.44	Tithi 15	<b>Gulika</b> 8:30AM – 9:56AM	<b>Hasta Until 9:22PM</b>
162917268		<b>Yama</b> 3:42PM – 5:09PM	<b>Dhruva Until 11:18AM</b>
Creative Work Amrita Yoga		<b>Rahu</b> 11:23AM – 12:49PM	<b>Visti Until 11:09AM</b>
Until 9:04PM then Marana Yoga			<b>Purnima* Until 9:26PM</b>
			<b>Ganesha: White</b> <i>Sunrise: 7:03AM</i>
			<b>Muruqa: White</b> <i>Sunset: 6:35PM</i>
			<b>Nataraja: White</b>
			Moon – Green
			<b>Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>○</b>	<b>Saturday, April 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Prathama*/Dvitiya Yam Titau	Cape Town, South Africa
	Sun 29	<b>Sutra 361</b>	Khara 5113
Kanya Rasi: 28.49	Tithi 16 – 17	<b>Gulika</b> 7:04AM – 8:30AM	<b>Chitra Until 6:34PM</b>
162917268		<b>Yama</b> 2:15PM – 3:41PM	<b>Vyaghata* Until 7:12AM</b>
Routine Work Marana Yoga		<b>Rahu</b> 9:56AM – 11:23AM	<b>Balava Until 7:33AM</b>
Until 6:34PM then Siddha Yoga			<b>Prathama* Until 5:51PM</b>
			<b>Ganesha: White</b> <i>Sunrise: 7:04AM</i>
			<b>Muruqa: White</b> <i>Sunset: 6:34PM</i>
			<b>Nataraja: White</b>
			Moon – Green
			<b>Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1





**Sunday, April 8, 2012**  
**Gold Retreat Star**

Tula Rasi: 13.57      Tithi 17 - 18  
162917268  
Creative Work    Siddha Yoga  
Until 3:41PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Visakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**      3:41PM - 5:07PM      **Svati Until 3:41PM**  
**Yama**        12:49PM - 2:15PM      **Vajra\* Until 11:01PM**  
**Rahu**        5:07PM - 6:33PM      **Vanija Until 12:26AM Mon**  
**Dvitiya Until 2:09PM**

**Ganesha:** White      *Sunrise: 7:05AM*  
**Muruqa:** White      *Sunset: 6:33PM*  
**Nataraja:** White  
Moon - Green  
**Chaitra•Panguni**

Cape Town, South Africa  
**Sun 1      Sutra 362**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Sivaloka Day**

**1**

**Monday, April 9, 2012**

Tula Rasi: 28.59      Tithi 18 - 19  
172917268  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 12:57PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**      2:14PM - 3:40PM      **Visakha Until 12:57PM**  
**Yama**        11:23AM - 12:48PM      **Siddhi Until 6:59PM**  
**Rahu**        8:31AM - 9:57AM      **Bava Until 8:55PM**  
**Tritiya Until 10:38AM**

**Ganesha:** Clear      *Sunrise: 7:05AM*  
**Muruqa:** White      *Sunset: 6:31PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Cape Town, South Africa  
**Sun 2      Sutra 363**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**

**2**

**Tuesday, April 10, 2012**

Vrischika Rasi: 13.47      Tithi 19 - 20  
172117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**      12:48PM - 2:14PM      **Anuradha Until 10:56AM**  
**Yama**        9:57AM - 11:23AM      **Vyatipata\* Until 3:56PM**  
**Rahu**        3:39PM - 5:05PM      **Kaulava Until 6:42PM**  
**Chaturthi\* Until 7:37AM**

**Ganesha:** Red      *Sunrise: 7:06AM*  
**Muruqa:** White      *Sunset: 6:30PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Cape Town, South Africa  
**Sun 3      Sutra 364**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**

**3**

**Wednesday, April 11, 2012**

Vrischika Rasi: 28.16      Tithi 21  
173117268  
Creative Work    Siddha Yoga  
Until 8:58AM then Marana Yoga  
Until 9:02PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**      11:23AM - 12:48PM      **Jyeshtha\* Until 8:58AM**  
**Yama**        8:32AM - 9:57AM      **Variyan Until 12:32PM**  
**Rahu**        12:48PM - 2:13PM      **Gara Until 3:56PM**  
**Shasthi\* Until 3:01AM Thu**

**Ganesha:** Blue      *Sunrise: 7:07AM*  
**Muruqa:** White      *Sunset: 6:29PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Cape Town, South Africa  
**Sun 4      Sutra 365**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Subha Sivaloka Day**

**4**

**Thursday, April 12, 2012**

Dhanus Rasi: 12.22      Tithi 22  
183117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**      9:57AM - 11:22AM      **Mula\* Until 7:40AM**  
**Yama**        7:07AM - 8:32AM      **Parigha\* Until 9:45AM**  
**Rahu**        2:13PM - 3:38PM      **Visti Until 1:53PM**  
**Saptami Until 12:58AM Fri**

**Ganesha:** Red      *Sunrise: 7:07AM*  
**Muruqa:** White      *Sunset: 6:28PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Panguni**

Cape Town, South Africa  
**Sun 5      Sutra 366**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**



**Friday, April 13, 2012**  
**Retreat Star**

Dhanus Rasi: 26.04      Tithi 23  
183117268  
Creative Work    Siddha Yoga  
Until 9:02PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**      8:33AM - 9:58AM      **Purvashadha\* Until 7:07AM**  
**Yama**        3:37PM - 5:02PM      **Shiva Until 7:43AM**  
**Rahu**        11:22AM - 12:47PM      **Balava Until 1:06PM**  
**Ashtami\* Until 1:06AM Sat**

**Ganesha:** Red      *Sunrise: 7:08AM*  
**Muruqa:** White      *Sunset: 6:26PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Chaitra**

Cape Town, South Africa  
**Sun 6      Sutra 1**  
Nandana 5114  
Moon 3 - Phase 49  
Ashtami  
**Subha Sivaloka Day**

**Saturday, April 14, 2012**  
**Retreat Star**

Makara Rasi: 9.23      Tithi 24  
283117268  
No Yoga  
Until 7:08AM then Siddha Yoga  
Until 9:02PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**      7:09AM - 8:33AM      **Uttarashadha Until 7:08AM**  
**Yama**        2:12PM - 3:36PM      **Siddha Until 6:02AM**  
**Rahu**        9:58AM - 11:22AM      **Taitila Until 12:25PM**  
**Navami\* Until 12:25AM Sun**

**Ganesha:** Blue      *Sunrise: 7:09AM*  
**Muruqa:** White      *Sunset: 6:25PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Chaitra**

Cape Town, South Africa  
**Sun 7      Sutra 2**  
Nandana 5114  
Moon 3 - Phase 49  
Navami  
**Subha Subha Sivaloka Day**

Chidambaram Abhishekam

**1 Sunday, April 15, 2012**  
 Makara Rasi: 22.23      Tithi 25  
 293117268  
 Creative Work    Amrita Yoga  
 Until 7:45AM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Sravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visti\* Karana Dasami Yam Titau

**Gulika**    3:35PM – 5:00PM    **Sravana Until 7:45AM**  
**Yama**      12:47PM – 2:11PM    **Subha Until 3:48AM Mon**  
**Rahu**      5:00PM – 6:24PM      **Vanija Until 12:22PM**  
**Dasami Until 12:22AM Mon**

**Ganesha:** Red      *Sunrise: 7:10AM*  
**Muruqa:** White    *Sunset: 6:24PM*  
**Nataraja:** White  
 Moon – Purple  
**Chaitra-Chaitra**

Cape Town, South Africa  
**Sun 8      Sutra 3**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase  
**Subha Sivaloka Day**

**2 Monday, April 16, 2012**  
 Kumbha Rasi: 5.06      Tithi 26  
**Family Home Evening**      293117268  
 Creative Work    Siddha Yoga  
 Until 9.01PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi\* Yam Titau

**Gulika**    2:11PM – 3:35PM    **Dhanishtha Until 9:08AM**  
**Yama**      11:22AM – 12:47PM    **Sukla Until 4:48AM Tue**  
**Rahu**      8:34AM – 9:58AM      **Bava Until 12:54PM**  
**Ekadasi\* Until 12:54AM Tue**

**Ganesha:** Red      *Sunrise: 7:10AM*  
**Muruqa:** White    *Sunset: 6:23PM*  
**Nataraja:** White  
 Moon – Purple  
**Chaitra-Chaitra**

Cape Town, South Africa  
**Sun 9      Sutra 4**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase  
**Subha Sivaloka Day**

**3 Tuesday, April 17, 2012**  
 Kumbha Rasi: 17.35      Tithi 27  
 293117268  
 Routine Work    Marana Yoga  
 Until 9.01PM then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Satabhisha/Purvaprostapada\* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi\* Yam Titau

**Gulika**    12:46PM – 2:10PM    **Satabhisha Until 10:49AM**  
**Yama**      9:59AM – 11:23AM    **Brahma Until 4:33AM Wed**  
**Rahu**      3:34PM – 4:58PM      **Kaulava Until 2:35PM**  
**Dvadasi\* Until 3:41AM Wed**

**Ganesha:** Red      *Sunrise: 7:11AM*  
**Muruqa:** White    *Sunset: 6:22PM*  
**Nataraja:** White  
 Moon – Purple  
**Chaitra-Chaitra**

Cape Town, South Africa  
**Sun 10      Sutra 5**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase  
**Subha Sivaloka Day**

**4 Wednesday, April 18, 2012**  
 Kumbha Rasi: 29.53      Tithi 28  
 213117268  
 Creative Work    Amrita Yoga  
 Until 12:54PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Purvaprostapada\*/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayadasi\* Yam Titau

**Gulika**    11:23AM – 12:46PM    **Purvaprostapada\* Until 12:54PM**  
**Yama**      8:35AM – 9:59AM      **Indra Until 4:40AM Thu**  
**Rahu**      12:46PM – 2:10PM      **Gara Until 4:05PM**  
**Trayadasi\* Until 5:10AM Thu**  
*Pradosha Vrata (Fasting)*

**Ganesha:** Clear      *Sunrise: 7:12AM*  
**Muruqa:** White    *Sunset: 6:20PM*  
**Nataraja:** White  
 Moon – Clear  
**Chaitra-Chaitra**

Cape Town, South Africa  
**Sun 11      Sutra 6**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase  
**Subha Sivaloka Day**


**5 Thursday, April 19, 2012**  
 Meena Rasi: 12.01      Tithi 29  
 213117268  
 Creative Work    Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Uttaraprostapada\*/Revati Nakshatra Vaidhrili\* Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau

**Gulika**    9:59AM – 11:23AM    **Uttaraprostapada Until 3:17PM**  
**Yama**      7:13AM – 8:36AM      **Vaidhrili\* Until 5:04AM Fri**  
**Rahu**      2:09PM – 3:33PM      **Visti Until 5:54PM**  
**Chaturdasi\* Until 6:56AM Fri**

**Ganesha:** Clear      *Sunrise: 7:13AM*  
**Muruqa:** White    *Sunset: 6:19PM*  
**Nataraja:** White  
 Moon – Clear  
**Chaitra-Chaitra**

Cape Town, South Africa  
**Sun 12      Sutra 7**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase  
**Subha Sivaloka Day**

**Friday, April 20, 2012**  
 **Retreat Star**  
 Meena Rasi: 24.02      Tithi 29 – 30  
 213117268  
 Creative Work    Siddha Yoga  
 Until 5:56PM then Amrita Yoga  
 Until 9.00PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Revati/Pushya Nakshatra Vishkambha\* Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau

**Gulika**    8:36AM – 9:59AM    **Revati Until 5:56PM**  
**Yama**      3:32PM – 4:55PM      **Vishkambha\* Until 5:43AM Sat**  
**Rahu**      11:23AM – 12:46PM    **Catuspada Until 8:01PM**  
**Chaturdasi\* Until 6:56AM**

**Ganesha:** Clear      *Sunrise: 7:13AM*  
**Muruqa:** White    *Sunset: 6:18PM*  
**Nataraja:** White  
 Moon – Clear  
**Chaitra-Chaitra**

Cape Town, South Africa  
**Sun 13      Sutra 8**  
 Nandana 5114  
 Moon 3 - Phase 1  
 Amavasya  
**Subha Sivaloka Day**

**Saturday, April 21, 2012**  
**Retreat Star**  
 Mesha Rasi: 5.56      Tithi 30 – 1  
 223117268  
 Creative Work    Siddha Yoga  
 Until 9.00PM then no yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Asvini Nakshatra Priti Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau

**Gulika**    7:14AM – 8:37AM    **Asvini Until 8:48PM**  
**Yama**      2:08PM – 3:31PM      **Priti Until 6:55AM Sun**  
**Rahu**      10:00AM – 11:23AM    **Kintughna Until 10:22PM**  
**Amavasya\* Until 9:17AM**

**Ganesha:** Orange    *Sunrise: 7:14AM*  
**Muruqa:** White    *Sunset: 6:17PM*  
**Nataraja:** White  
 Moon – White  
**Vaisaka-Chaitra**

Cape Town, South Africa  
**Sun 14      Sutra 9**  
 Nandana 5114  
 Moon 3 - Phase 1  
 Prathama  
**Subha Sivaloka Day**

<b>1</b>	<b>Sunday, April 22, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Cape Town, South Africa <b>Sun 15 Sutra 10</b> Nandana 5114
	Mesha Rasi: 17.46    Tithi 1 – 2 223117268	<b>Gulika</b> 3:31PM – 4:53PM <b>Yama</b> 12:45PM – 2:08PM <b>Rahu</b> 4:53PM – 6:16PM	<b>Bharani Until 11:49PM</b> Priti Until 6:55AM Balava Until 12:53AM Mon <b>Prathama* Until 11:47AM</b>

**Ganesha:** Orange    *Sunrise:* 7:15AM  
**Muruqa:** White    *Sunset:* 6:16PM  
**Nataraja:** White  
 Moon – White  
**Vaisaka-Chaitra**

No Yoga  
 Until 9.00PM then Siddha Yoga  
 Until 11:49PM then no yoga

**Subha Sivaloka Day**  
 Moon 3 - Phase 2  
 3rd Phase

<b>2</b>	<b>Monday, April 23, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Cape Town, South Africa <b>Sun 16 Sutra 11</b> Nandana 5114
	Mesha Rasi: 29.32    Tithi 2 – 3 <b>Family Home Evening</b> 223117268	<b>Gulika</b> 2:07PM – 3:30PM <b>Yama</b> 11:23AM – 12:45PM <b>Rahu</b> 8:38AM – 10:00AM	<b>Krittika Until 2:55AM Tue</b> Ayushman Until 7:59AM Taitila Until 3:29AM Tue <b>Dvitiya Until 2:23PM</b>

**Ganesha:** Orange    *Sunrise:* 7:16AM  
**Muruqa:** White    *Sunset:* 6:15PM  
**Nataraja:** White  
 Moon – White  
**Vaisaka-Chaitra**

No Yoga  
 Until 9.00PM then Siddha Yoga  
 Until 2:55AM Tue then Amrita Yoga

**Subha Sivaloka Day**  
 Moon 3 - Phase 2  
 3rd Phase

<b>3</b>	<b>Tuesday, April 24, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Cape Town, South Africa <b>Sun 17 Sutra 12</b> Nandana 5114
	Wrishabha Rasi: 11.19    Tithi 3 – 4 233117269	<b>Gulika</b> 12:45PM – 2:07PM <b>Yama</b> 10:01AM – 11:23AM <b>Rahu</b> 3:29PM – 4:51PM	<b>Rohini Until 6:22AM Wed</b> Saubhagya Until 9:03AM Vanija Until 6:05AM Wed <b>Tritiya Until 4:59PM</b>

**Ganesha:** Clear    *Sunrise:* 7:16AM  
**Muruqa:** White    *Sunset:* 6:14PM  
**Nataraja:** Clear  
 Moon – Yellow  
**Vaisaka-Chaitra**

Creative Work    Amrita Yoga  
 Until 8.59PM then Siddha Yoga

**Sivaloka Day**  
 Moon 3 - Phase 2  
 3rd Phase

<b>4</b>	<b>Wednesday, April 25, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Cape Town, South Africa <b>Sun 18 Sutra 13</b> Nandana 5114
	Wrishabha Rasi: 23.09    Tithi 4 234117269	<b>Gulika</b> 11:23AM – 12:45PM <b>Yama</b> 8:39AM – 10:01AM <b>Rahu</b> 12:45PM – 2:07PM	<b>Rohini Until 6:22AM</b> Sobhana Until 10:01AM Vanija Until 6:24AM <b>Chaturthi* Until 7:29PM</b>

**Ganesha:** White    *Sunrise:* 7:17AM  
**Muruqa:** White    *Sunset:* 6:12PM  
**Nataraja:** Clear  
 Moon – Yellow  
**Vaisaka-Chaitra**

Creative Work    Siddha Yoga  
 Until 8.59PM then Marana Yoga

**Devaloka Day**  
 Moon 3 - Phase 2  
 3rd Phase

<b>5</b>	<b>Thursday, April 26, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau	Cape Town, South Africa <b>Sun 19 Sutra 14</b> Nandana 5114
	Mithuna Rasi: 5.05    Tithi 5 234117269	<b>Gulika</b> 10:01AM – 11:23AM <b>Yama</b> 7:18AM – 8:39AM <b>Rahu</b> 2:06PM – 3:28PM	<b>Mrigasira Until 9:09AM</b> Athiganda* Until 10:48AM Bava Until 8:39AM <b>Panchami Until 9:45PM</b>

**Ganesha:** White    *Sunrise:* 7:18AM  
**Muruqa:** White    *Sunset:* 6:11PM  
**Nataraja:** Clear  
 Moon – Yellow  
**Vaisaka-Chaitra**

Routine Work    Marana Yoga  
 Until 8.59PM then Siddha Yoga

**Devaloka Day**  
 Moon 3 - Phase 2  
 3rd Phase

<b>6</b>	<b>Friday, April 27, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Cape Town, South Africa <b>Sun 20 Sutra 15</b> Nandana 5114
	Mithuna Rasi: 17.12    Tithi 6 234117269	<b>Gulika</b> 8:40AM – 10:01AM <b>Yama</b> 3:27PM – 4:49PM <b>Rahu</b> 11:23AM – 12:44PM	<b>Ardra Until 11:36AM</b> Sukarma Until 11:16AM Kaulava Until 10:32AM <b>Shasthi* Until 11:38PM</b>

**Ganesha:** White    *Sunrise:* 7:18AM  
**Muruqa:** White    *Sunset:* 6:10PM  
**Nataraja:** Clear  
 Moon – Yellow  
**Vaisaka-Chaitra**

Creative Work    Siddha Yoga  
 Until 8.59PM then Marana Yoga

**Devaloka Day**  
 Moon 3 - Phase 2  
 3rd Phase

<b>Retreat Star</b>	<b>Saturday, April 28, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau	Cape Town, South Africa <b>Sun 21 Sutra 16</b> Nandana 5114
	Mithuna Rasi: 29.33    Tithi 7 244117269	<b>Gulika</b> 7:19AM – 8:40AM <b>Yama</b> 2:06PM – 3:27PM <b>Rahu</b> 10:02AM – 11:23AM	<b>Punarvasu Until 12:59PM</b> Dhriti Until 10:55AM Gara Until 11:24AM <b>Saptami Until 11:24PM</b>

**Ganesha:** Clear    *Sunrise:* 7:19AM  
**Muruqa:** White    *Sunset:* 6:09PM  
**Nataraja:** Clear  
 Moon – Blue  
**Vaisaka-Chaitra**

Routine Work    Marana Yoga  
 Until 12:59PM then Siddha Yoga

**Sivaloka Day**  
 Moon 3 - Phase 2  
 3rd Phase

<b>Retreat Star</b>	<b>Sunday, April 29, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Cape Town, South Africa <b>Sun 22 Sutra 17</b> Nandana 5114
	Kataka Rasi: 12.13    Tithi 8 244117269	<b>Gulika</b> 3:26PM – 4:47PM <b>Yama</b> 12:44PM – 2:05PM <b>Rahu</b> 4:47PM – 6:08PM	<b>Pushya Until 2:12PM</b> Shula* Until 10:23AM Visti Until 12:00PM <b>Ashtami* Until 12:00AM Mon</b>

**Ganesha:** Clear    *Sunrise:* 7:20AM  
**Muruqa:** White    *Sunset:* 6:08PM  
**Nataraja:** Clear  
 Moon – Blue  
**Vaisaka-Chaitra**

Creative Work    Siddha Yoga

**Sivaloka Day**  
 Moon 3 - Phase 2  
 Ashtami

<b>Retreat Star</b>	<b>Monday, April 30, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navami* Yam Titau	Cape Town, South Africa <b>Sun 23 Sutra 18</b> Nandana 5114
	Kataka Rasi: 25.17    Tithi 9 <b>Family Home Evening</b> 244117269	<b>Gulika</b> 2:05PM – 3:26PM <b>Yama</b> 11:23AM – 12:44PM <b>Rahu</b> 8:42AM – 10:02AM	<b>Aslesha* Until 2:05PM</b> Ganda* Until 9:11AM Balava Until 11:23AM <b>Navami* Until 10:27PM</b>

**Ganesha:** Clear    *Sunrise:* 7:21AM  
**Muruqa:** White    *Sunset:* 6:07PM  
**Nataraja:** Clear  
 Moon – Blue  
**Vaisaka-Chaitra**

Creative Work    Siddha Yoga

**Sivaloka Day**  
 Moon 3 - Phase 2  
 Navami


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Tuesday, May 1, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Cape Town, South Africa
	Simha Rasi: 8.47	Tithi 10	Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau		
	254117269	<b>Gulika</b> 12:44PM – 2:04PM	<b>Magha* Until 1:48PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:22AM	<b>Sun 24 Sutra 19</b> Nandana 5114
		<b>Yama</b> 10:03AM – 11:23AM	Vriddhi Until 7:09AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:05PM	Moon 3 - Phase 3
Creative Work Siddha Yoga		<b>Rahu</b> 3:25PM – 4:45PM	Taitila Until 10:24AM	<b>Nataraja:</b> Clear	4th Phase
Until 8.58PM then Amrita Yoga			<b>Dasami Until 9:28PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Wednesday, May 2, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Cape Town, South Africa
	Simha Rasi: 22.45	Tithi 11	Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau		
	254117269	<b>Gulika</b> 11:23AM – 12:44PM	<b>Purvaphalguni* Until 12:43PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:23AM	<b>Sun 25 Sutra 20</b> Nandana 5114
		<b>Yama</b> 8:43AM – 10:03AM	Vyaghata* Until 1:55AM Thu	<b>Muruqa:</b> White <i>Sunset:</i> 6:04PM	Moon 3 - Phase 3
Creative Work Amrita Yoga		<b>Rahu</b> 12:44PM – 2:04PM	Vanija Until 8:34AM	<b>Nataraja:</b> Clear	4th Phase
Until 8.58PM then Prabalarishta Yoga			<b>Ekadasi Until 7:38PM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>3</b>	<b>Thursday, May 3, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Cape Town, South Africa
	Kanya Rasi: 7.1	Tithi 12 – 13	Uttaraphalguni*/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		
	254117269	<b>Gulika</b> 10:04AM – 11:24AM	<b>Uttaraphalguni Until 10:33AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:24AM	<b>Sun 26 Sutra 21</b> Nandana 5114
		<b>Yama</b> 7:24AM – 8:44AM	Harshana Until 9:36PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:04PM	Moon 3 - Phase 3
Routine Work Prabalarishta Yoga		<b>Rahu</b> 2:04PM – 3:24PM	Kaulava Until 2:29AM Fri	<b>Nataraja:</b> Clear	4th Phase
Until 10:33AM then no yoga			<b>Dvadasi Until 4:11PM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>
Until 8.58PM then Amrita Yoga			<i>Pradosha Vrata</i>	<b>Vaisaka-Chaitra</b>	

<b>4</b>	<b>Friday, May 4, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			Cape Town, South Africa
	Kanya Rasi: 21.58	Tithi 13 – 14	Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau		
	264117269	<b>Gulika</b> 8:44AM – 10:04AM	<b>Hasta Until 8:12AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:24AM	<b>Sun 27 Sutra 22</b> Nandana 5114
		<b>Yama</b> 3:23PM – 4:43PM	Vajra* Until 5:57PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:03PM	Moon 3 - Phase 3
Creative Work Amrita Yoga		<b>Rahu</b> 11:24AM – 12:44PM	Gara Until 11:21PM	<b>Nataraja:</b> Clear	4th Phase
Until 8:12AM then Siddha Yoga			<b>Trayodasi Until 1:04PM</b>	<b>Moon – Green</b>	<b>Sivaloka Day</b>
Until 8.58PM then Marana Yoga				<b>Vaisaka-Chaitra</b>	

	<b>Saturday, May 5, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Cape Town, South Africa
	<b>Copper Retreat Star</b>	Tula Rasi: 7.02	Tithi 14 – 15	Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	
	264217269	<b>Gulika</b> 7:25AM – 8:45AM	<b>Svati Until 2:45AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:25AM	<b>Sutra 23</b> Nandana 5114
		<b>Yama</b> 2:03PM – 3:23PM	Siddhi Until 1:53PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:02PM	Moon 3 - Phase 3
Creative Work Siddha Yoga		<b>Rahu</b> 10:04AM – 11:24AM	Visti Until 7:44PM	<b>Nataraja:</b> Clear	Purnima
Until 2:45AM Sun then Marana Yoga			<b>Chaturdasi* Until 9:27AM</b>	<b>Moon – Green</b>	<b>Subha Sivaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

	<b>Sunday, May 6, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Cape Town, South Africa
	<b>Silver Retreat Star</b>	Tula Rasi: 22.14	Tithi 16	Visakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau	
	274217269	<b>Gulika</b> 3:22PM – 4:41PM	<b>Visakha Until 11:45PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:26AM	<b>Sutra 24</b> Nandana 5114
		<b>Yama</b> 12:43PM – 2:03PM	Vyatipata* Until 9:37AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:01PM	Moon 3 - Phase 3
Routine Work Marana Yoga		<b>Rahu</b> 4:41PM – 6:01PM	Balava Until 3:54PM	<b>Nataraja:</b> Clear	Prathama
Until 11:45PM then Siddha Yoga			<b>Prathama* Until 2:11AM Mon</b>	<b>Moon – Orange</b>	<b>Sivaloka Day</b>
				<b>Vaisaka-Chaitra</b>	