



**Tuesday, April 19, 2011**  
**Gold Retreat Star**

Tula Rasi: 20.47 Tithi 17  
272456158  
Routine Work Marana Yoga  
Until 6.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika** 12:06PM – 1:52PM  
**Yama** 8:33AM – 10:19AM  
**Rahu** 3:38PM – 5:24PM  
**Visakha** Until 2:05AM Wed  
**Siddhi** Until 5:34PM  
**Taitila** Until 9:32AM  
**Dvitiya** Until 7:49PM

**Ganesha:** Yellow *Sunrise:* 5:01AM  
**Muruqa:** Yellow *Sunset:* 7:11PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Birming., UK  
**Sutra 7**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Devaloka Day**

**1**

**Wednesday, April 20, 2011**

Wrishchika Rasi: 5.28 Tithi 18 – 19  
272456158  
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 10:19AM – 12:05PM  
**Yama** 6:45AM – 8:32AM  
**Rahu** 12:05PM – 1:52PM  
**Anuradha** Until 1:13AM Thu  
**Vyatipata\*** Until 2:38PM  
**Vanija** Until 6:40AM  
**Tritiya** Until 5:44PM

**Ganesha:** Yellow *Sunrise:* 4:59AM  
**Muruqa:** Yellow *Sunset:* 7:12PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Birming., UK  
**Sutra 8**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Devaloka Day**

**2**

**Thursday, April 21, 2011**

Wrishchika Rasi: 19.43 Tithi 19 – 20  
272456158  
Creative Work Siddha Yoga  
Until 6.58PM then Prabalarishla Yoga  
Until 11:38PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika** 8:31AM – 10:18AM  
**Yama** 4:57AM – 6:44AM  
**Rahu** 1:52PM – 3:40PM  
**Jyeshtha\*** Until 11:38PM  
**Variyan** Until 11:36AM  
**Kaulava** Until 2:27AM Fri  
**Chaturthi\*** Until 3:22PM

**Ganesha:** Yellow *Sunrise:* 4:57AM  
**Muruqa:** Yellow *Sunset:* 7:14PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Birming., UK  
**Sutra 9**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Devaloka Day**

**3**

**Friday, April 22, 2011**

Dhanus Rasi: 3.29 Tithi 20 – 21  
282456158  
No Yoga  
Until 6.58PM then Siddha Yoga  
Until 12:10AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika** 6:42AM – 8:30AM  
**Yama** 3:40PM – 5:28PM  
**Rahu** 10:17AM – 12:05PM  
**Mula\*** Until 12:10AM Sat  
**Parigha\*** Until 9:33AM  
**Gara** Until 2:32AM Sat  
**Panchami** Until 2:32PM

**Ganesha:** Blue *Sunrise:* 4:54AM  
**Muruqa:** Yellow *Sunset:* 7:16PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Birming., UK  
**Sutra 10**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**

**4**

**Saturday, April 23, 2011**

Dhanus Rasi: 16.48 Tithi 21 – 22  
282466158  
Routine Work Marana Yoga  
Until 6.58PM then Siddha Yoga  
Until 12:13AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika** 4:52AM – 6:40AM  
**Yama** 1:53PM – 3:41PM  
**Rahu** 8:29AM – 10:17AM  
**Purvashadha\*** Until 12:13AM Sun  
**Shiva** Until 7:56AM  
**Visti** Until 1:53AM Sun  
**Shasthi\*** Until 1:53PM

**Ganesha:** Blue *Sunrise:* 4:52AM  
**Muruqa:** Red *Sunset:* 7:17PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Birming., UK  
**Sutra 11**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**

**Retreat Star**

**Sunday, April 24, 2011**

Dhanus Rasi: 29.41 Tithi 22 – 23  
282466158  
Creative Work Amrita Yoga  
Until 6.58PM then Marana Yoga  
Until 1:04AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika** 3:42PM – 5:31PM  
**Yama** 12:05PM – 1:53PM  
**Rahu** 5:31PM – 7:19PM  
**Uttarashadha** Until 1:04AM Mon  
**Siddha** Until 7:07AM  
**Balava** Until 2:05AM Mon  
**Saptami** Until 2:05PM

**Ganesha:** Blue *Sunrise:* 4:50AM  
**Muruqa:** Red *Sunset:* 7:19PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Birming., UK  
**Sutra 12**  
Khara 5113  
Moon 4 - Phase 1  
Ashtami  
**Sivaloka Day**

**Monday, April 25, 2011**

**Retreat Star**

Makara Rasi: 12.11 Tithi 23 – 24  
293466159  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 6.58PM then Siddha Yoga  
Until 4:17AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika** 1:54PM – 3:43PM  
**Yama** 10:15AM – 12:05PM  
**Rahu** 6:37AM – 8:26AM  
**Sravana** Until 4:17AM Tue  
**Sadhya** Until 6:50AM  
**Taitila** Until 4:55AM Tue  
**Ashtami\*** Until 3:49PM

**Ganesha:** Green *Sunrise:* 4:48AM  
**Muruqa:** Red *Sunset:* 7:21PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

Birming., UK  
**Sutra 13**  
Khara 5113  
Moon 4 - Phase 1  
Navami  
**Devaloka Day**

<b>1</b>	<b>Tuesday, April 26, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Birming., UK
	Makara Rasi: 24.25    Titithi 24 – 25 293466159	<b>Gulika</b> 12:04PM – 1:54PM <b>Yama</b> 8:25AM – 10:15AM <b>Rahu</b> 3:43PM – 5:33PM	<b>Dhanishtha Until 6:24AM Wed</b> Subha Until 7:04AM Vanija Until 6:31AM Wed <b>Navami* Until 5:26PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:23PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>	<b>Sutra 14</b> Khara 5113 Moon 4 - Phase 2 2nd Phase	
Routine Work    Marana Yoga Until 6:57PM then Prabalarishta Yoga Until 6:24AM Wed then Siddha Yoga		<b>Devaloka Day</b>				


<b>2</b>	<b>Wednesday, April 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau				Birming., UK
	Kumbha Rasi: 6.28    Titithi 25 293566159	<b>Gulika</b> 10:14AM – 12:04PM <b>Yama</b> 6:34AM – 8:24AM <b>Rahu</b> 12:04PM – 1:54PM	<b>Dhanishtha Until 6:24AM</b> Sukla Until 7:39AM Vanija Until 6:22AM <b>Dasami Until 7:28PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:24PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>	<b>Sutra 15</b> Khara 5113 Moon 4 - Phase 2 2nd Phase	
Routine Work    Prabalarishta Yoga Until 6:24AM then Siddha Yoga Until 6:57PM then Marana Yoga		<b>Sivaloka Day</b>				

<b>3</b>	<b>Thursday, April 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau				Birming., UK
	Kumbha Rasi: 18.23    Titithi 26 293566159	<b>Gulika</b> 8:23AM – 10:14AM <b>Yama</b> 4:42AM – 6:32AM <b>Rahu</b> 1:55PM – 3:45PM	<b>Satabhisha Until 9:13AM</b> Brahma Until 8:28AM Bava Until 8:39AM <b>Ekadasi* Until 9:45PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:42AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:26PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>	<b>Sutra 16</b> Khara 5113 Moon 4 - Phase 2 2nd Phase	
Routine Work    Marana Yoga Until 9:13AM then Siddha Yoga		<b>Sivaloka Day</b>				

<b>4</b>	<b>Friday, April 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadasi* Yam Titau				Birming., UK
	Meena Rasi: 0.16    Titithi 27 213566159	<b>Gulika</b> 6:31AM – 8:22AM <b>Yama</b> 3:46PM – 5:37PM <b>Rahu</b> 10:13AM – 12:04PM	<b>Purvaprostapada* Until 12:08PM</b> Indra Until 9:22AM Kaulava Until 11:03AM <b>Dvadasi* Until 12:09AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:40AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:28PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>	<b>Sutra 17</b> Khara 5113 Moon 4 - Phase 2 2nd Phase	
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				

<b>5</b>	<b>Saturday, April 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Birming., UK
	Meena Rasi: 12.08    Titithi 28 213566159	<b>Gulika</b> 4:38AM – 6:29AM <b>Yama</b> 1:55PM – 3:47PM <b>Rahu</b> 8:21AM – 10:12AM	<b>Uttaraprostapada Until 3:04PM</b> Vaidhriti* Until 10:17AM Gara Until 1:28PM <b>Trayodasi* Until 2:34AM Sun</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:38AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:29PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>	<b>Sutra 18</b> Khara 5113 Moon 4 - Phase 2 2nd Phase	
Creative Work    Siddha Yoga Until 3:04PM then Prabalarishta Yoga Until 6:57PM then Amrita Yoga		<b>Sivaloka Day</b>				

<b>6</b>	<b>Sunday, May 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Birming., UK
	Meena Rasi: 24.02    Titithi 29 213566159	<b>Gulika</b> 3:47PM – 5:39PM <b>Yama</b> 12:04PM – 1:55PM <b>Rahu</b> 5:39PM – 7:31PM	<b>Revati Until 5:56PM</b> Vishkambha* Until 11:08AM Visti Until 3:48PM <b>Chaturdasi* Until 4:53AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:36AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:31PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>	<b>Sutra 19</b> Khara 5113 Moon 4 - Phase 2 2nd Phase	
Creative Work    Amrita Yoga Until 5:56PM then Siddha Yoga		<b>Sivaloka Day</b>				

	<b>Monday, May 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Birming., UK
	<b>Retreat Star</b> Mesha Rasi: 6    Titithi 30 <b>Family Home Evening</b> 223566159	<b>Gulika</b> 1:56PM – 3:48PM <b>Yama</b> 10:11AM – 12:03PM <b>Rahu</b> 6:26AM – 8:19AM	<b>Asvini Until 8:40PM</b> Priti Until 11:51AM Catuspada Until 5:59PM <b>Amavasya* Until 6:52AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:34AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:33PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra-Chaitra</b>	<b>Sutra 20</b> Khara 5113 Moon 4 - Phase 2 Amavasya	
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				

	<b>Tuesday, May 3, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Birming., UK
	<b>Retreat Star</b> Mesha Rasi: 18.04    Titithi 30 – 1 223566159	<b>Gulika</b> 12:03PM – 1:56PM <b>Yama</b> 8:18AM – 10:11AM <b>Rahu</b> 3:49PM – 5:42PM	<b>Bharani Until 11:12PM</b> Ayushman Until 12:24PM Kintughna Until 7:57PM <b>Amavasya* Until 6:52AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:32AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:35PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>	<b>Sutra 21</b> Khara 5113 Moon 4 - Phase 2 Prathama	
Creative Work    Siddha Yoga Until 6:56PM then Marana Yoga Until 11:12PM then Amrita Yoga		<b>Sivaloka Day</b>				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Wednesday, May 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Birming., UK <b>Sutra 22</b> Khara 5113
	Wrishabha Rasi: 0.16    Tithi 1 – 2 223566159	<b>Gulika</b> 10:10AM – 12:03PM <b>Yama</b> 6:24AM – 8:17AM <b>Rahu</b> 12:03PM – 1:56PM	<b>Krittika Until 1:29AM Thu</b> Saubhagya Until 12:43PM Balava Until 9:39PM <b>Prathama* Until 8:34AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:30AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:36PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>

Creative Work    Amrita Yoga  
Until 6.56PM then Marana Yoga

Moon 4 - Phase 3  
3rd Phase  
**Sivaloka Day**

<b>2</b>	<b>Thursday, May 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Birming., UK <b>Sutra 23</b> Khara 5113
	Wrishabha Rasi: 13    Tithi 2 – 3 233566159	<b>Gulika</b> 8:16AM – 10:09AM <b>Yama</b> 4:28AM – 6:22AM <b>Rahu</b> 1:57PM – 3:51PM	<b>Rohini Until 1:49AM Fri</b> Sobhana Until 12:46PM Taitila Until 9:37PM <b>Dvitiya Until 9:37AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:28AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:38PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>

Routine Work    Marana Yoga  
Until 1:49AM Fri then Siddha Yoga

Moon 4 - Phase 3  
3rd Phase  
**Sivaloka Day**

<b>3</b>	<b>Friday, May 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Birming., UK <b>Sutra 24</b> Khara 5113
	Wrishabha Rasi: 25.06    Tithi 3 – 4 233566159	<b>Gulika</b> 6:21AM – 8:15AM <b>Yama</b> 3:51PM – 5:45PM <b>Rahu</b> 10:09AM – 12:03PM	<b>Mrigasira Until 3:21AM Sat</b> Athiganda* Until 12:02PM Vanija Until 10:32PM <b>Tritiya Until 10:32AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:27AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>

Creative Work    Siddha Yoga

Moon 4 - Phase 3  
3rd Phase  
**Sivaloka Day**

<b>4</b>	<b>Saturday, May 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Birming., UK <b>Sutra 25</b> Khara 5113
	Mithuna Rasi: 7.49    Tithi 4 – 5 233566159	<b>Gulika</b> 4:25AM – 6:19AM <b>Yama</b> 1:58PM – 3:52PM <b>Rahu</b> 8:14AM – 10:08AM	<b>Ardra Until 4:30AM Sun</b> Sukarma Until 11:27AM Bava Until 11:03PM <b>Chaturthi* Until 11:03AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:41PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>

Creative Work    Siddha Yoga

Moon 4 - Phase 3  
3rd Phase  
**Sivaloka Day**

<b>5</b>	<b>Sunday, May 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Birming., UK <b>Sutra 26</b> Khara 5113
	Mithuna Rasi: 20.46    Tithi 5 – 6 243566159	<b>Gulika</b> 3:53PM – 5:48PM <b>Yama</b> 12:03PM – 1:58PM <b>Rahu</b> 5:48PM – 7:43PM	<b>Punarvasu Until 5:13AM Mon</b> Dhriti Until 10:28AM Kaulava Until 11:06PM <b>Panchami Until 11:06AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:23AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:43PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>

Creative Work    Siddha Yoga  
Until 6.56PM then Amrita Yoga  
Until 5:13AM Mon then Siddha Yoga


**Mother's Day**

Moon 4 - Phase 3  
3rd Phase  
**Subha Sivaloka Day**

<b>6</b>	<b>Monday, May 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Birming., UK <b>Sutra 27</b> Khara 5113
	Kataka Rasi: 3.58    Tithi 6 – 7 <b>Family Home Evening</b> 244566159	<b>Gulika</b> 1:58PM – 3:54PM <b>Yama</b> 10:07AM – 12:03PM <b>Rahu</b> 6:17AM – 8:12AM	<b>Pushya Until 3:46AM Tue</b> Shula* Until 9:01AM Gara Until 9:21PM <b>Shasthi* Until 10:16AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:21AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:44PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>

Creative Work    Siddha Yoga

Moon 4 - Phase 3  
3rd Phase  
**Sivaloka Day**

	<b>Tuesday, May 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Birming., UK <b>Sutra 28</b> Khara 5113
	<b>Retreat Star</b> Kataka Rasi: 17.29    Tithi 7 – 8 244566159	<b>Gulika</b> 12:03PM – 1:59PM <b>Yama</b> 8:11AM – 10:07AM <b>Rahu</b> 3:54PM – 5:50PM	<b>Aslesha* Until 3:28AM Wed</b> Ganda* Until 6:59AM Visti Until 8:20PM <b>Saptami Until 9:16AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:46PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>

Creative Work    Siddha Yoga

Moon 4 - Phase 3  
Ashtami  
**Sivaloka Day**

<b>Retreat Star</b>	<b>Wednesday, May 11, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Birming., UK <b>Sutra 29</b> Khara 5113
	Simha Rasi: 1.19    Tithi 8 – 9 254566159	<b>Gulika</b> 10:07AM – 12:03PM <b>Yama</b> 6:14AM – 8:10AM <b>Rahu</b> 12:03PM – 1:59PM	<b>Magha* Until 2:37AM Thu</b> Dhruva Until 1:58AM Thu Balava Until 6:44PM <b>Ashtami* Until 7:40AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:48PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>

Creative Work    Siddha Yoga  
Until 6.56PM then Amrita Yoga  
Until 2:37AM Thu then no yoga

Moon 4 - Phase 3  
Navami  
**Devaloka Day**


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

<b>1</b>	<b>Thursday, May 12, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dasami Yam Titau				Birming., UK
	Simha Rasi: 15.28      Tithi 10	<b>Gulika</b> 8:09AM – 10:06AM	<b>Purvaphalguni*</b> Until 1:12AM Fri	<b>Ganesha:</b> White <i>Sunrise:</i> 4:16AM	<b>Sutra 30</b>	Khara 5113
	254566159	<b>Yama</b> 4:16AM – 6:13AM	<b>Vyaghata*</b> Until 11:06PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:49PM	Moon 4 - Phase 4	4th Phase
	No Yoga	<b>Rahu</b> 1:59PM – 3:56PM	Taitila Until 4:32PM	<b>Nataraja:</b> Purple	<b>Devaloka Day</b>	
	Until 6.56PM then Siddha Yoga		<b>Dasami</b> Until 3:37AM Fri	<b>Moon – Red</b>		
				<b>Vaisaka-Chaitra</b>		

<b>2</b>	<b>Friday, May 13, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadasi Yam Titau				Birming., UK
	Simha Rasi: 29.56      Tithi 11	<b>Gulika</b> 6:12AM – 8:09AM	<b>Uttaraphalguni</b> Until 10:07PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:15AM	<b>Sutra 31</b>	Khara 5113
	254566159	<b>Yama</b> 3:57PM – 5:54PM	Harshana Until 6:54PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:51PM	Moon 4 - Phase 4	4th Phase
	Creative Work    Siddha Yoga	<b>Rahu</b> 10:06AM – 12:03PM	Vanija Until 1:13PM	<b>Nataraja:</b> Purple	<b>Devaloka Day</b>	
	Until 6.56PM then Marana Yoga		<b>Ekadasi</b> Until 11:31PM	<b>Moon – Red</b>		
				<b>Vaisaka-Chaitra</b>		

<b>3</b>	<b>Saturday, May 14, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadasi Yam Titau				Birming., UK
	Kanya Rasi: 14.37      Tithi 12	<b>Gulika</b> 4:13AM – 6:10AM	<b>Hasta</b> Until 7:56PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:13AM	<b>Sutra 32</b>	Khara 5113
	264566159	<b>Yama</b> 2:00PM – 3:58PM	Vajra* Until 3:24PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:53PM	Moon 4 - Phase 4	4th Phase
	Routine Work    Marana Yoga	<b>Rahu</b> 8:08AM – 10:05AM	Bava Until 10:15AM	<b>Nataraja:</b> Purple	<b>Sivaloka Day</b>	
	Until 6.56PM then Amrita Yoga		<b>Dvadasi</b> Until 8:33PM	<b>Moon – Green</b>		
	Until 7:56PM then Siddha Yoga			<b>Vaisaka-Chaitra</b>		

<b>4</b>	<b>Sunday, May 15, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Birming., UK
	Kanya Rasi: 29.28      Tithi 13 – 14	<b>Gulika</b> 3:58PM – 5:56PM	<b>Chitra</b> Until 5:32PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:11AM	<b>Sutra 33</b>	Khara 5113
	264566159	<b>Yama</b> 12:03PM – 2:01PM	Siddhi Until 11:42AM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:53PM	Moon 4 - Phase 4	4th Phase
	Creative Work    Siddha Yoga	<b>Rahu</b> 5:56PM – 7:54PM	Kaulava Until 7:03AM	<b>Nataraja:</b> Purple	<b>Sivaloka Day</b>	
	Until 6.56PM then Amrita Yoga		<b>Trayodasi</b> Until 5:20PM	<b>Moon – Green</b>		
				<b>Vaisaka-Vaikasi</b>		
				<i>Pradosha Vrata</i>		

	<b>Monday, May 16, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Vyatipata*Varyan Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau				Birming., UK
	<b>Copper Retreat Star</b>	<b>Gulika</b> 2:01PM – 3:59PM	<b>Svati</b> Until 3:05PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:10AM	<b>Sutra 34</b>	Khara 5113
	Tula Rasi: 14.19      Tithi 14 – 15	<b>Yama</b> 10:04AM – 12:03PM	Vyatipata* Until 7:58AM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:56PM	Moon 4 - Phase 4	Purnima
	<b>Family Home Evening</b>	<b>Rahu</b> 6:08AM – 8:06AM	Visli Until 12:22AM Tue	<b>Nataraja:</b> Purple	<b>Sivaloka Day</b>	
	Creative Work    Amrita Yoga		<b>Chaturdasi*</b> Until 2:05PM	<b>Moon – Green</b>		
	Until 3:05PM then Marana Yoga			<b>Vaisaka-Vaikasi</b>		

<b>5</b>	<b>Tuesday, May 17, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Birming., UK
	<b>Silver Retreat Star</b>	<b>Gulika</b> 12:03PM – 2:01PM	<b>Visakha</b> Until 12:50PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:08AM	<b>Sutra 35</b>	Khara 5113
	Tula Rasi: 29.04      Tithi 15 – 16	<b>Yama</b> 8:06AM – 10:04AM	Parigha* Until 1:38AM Wed	<b>Muruqa:</b> Red <i>Sunset:</i> 7:57PM	Moon 4 - Phase 4	Prathama
	274566159	<b>Rahu</b> 4:00PM – 5:59PM	Balava Until 9:19PM	<b>Nataraja:</b> Purple	<b>Devaloka Day</b>	
	Routine Work    Marana Yoga		<b>Purnima*</b> Until 11:02AM	<b>Moon – Orange</b>		
	Until 12:50PM then Siddha Yoga			<b>Vaisaka-Vaikasi</b>		



**Wednesday, May 18, 2011**  
**Gold Retreat Star**

Vrischika Rasi: 13.35    Tithi 16 – 17  
274566159

Creative Work    Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika** 10:04AM – 12:03PM  
**Yama** 6:06AM – 8:05AM  
**Rahu** 12:03PM – 2:02PM

**Anuradha Until 11:18AM**  
Shiva Until 10:12PM  
Taitila Until 7:38PM  
**Prathama\* Until 8:34AM**

**Ganesha:** Blue    *Sunrise:* 4:07AM  
**Muruqa:** Red    *Sunset:* 7:59PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

**Devaloka Day**

Birming., UK  
**Sutra 36**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**1**

**Thursday, May 19, 2011**

Vrischika Rasi: 27.45    Tithi 17 – 18  
274566159

Creative Work    Siddha Yoga  
Until 6.56PM then no yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Visti\* Karana Dvitiya/Tritiya Yam Titau

**Gulika** 8:04AM – 10:03AM  
**Yama** 4:05AM – 6:05AM  
**Rahu** 2:02PM – 4:01PM

**Jyeshtha\* Until 9:52AM**  
Siddha Until 7:19PM  
Visti Until 4:29AM Fri  
**Dvitiya Until 6:20AM**

**Ganesha:** Blue    *Sunrise:* 4:05AM  
**Muruqa:** Red    *Sunset:* 8:00PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

**Devaloka Day**

Birming., UK  
**Sun 1**    **Sutra 37**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**2**

**Friday, May 20, 2011**

Dhanus Rasi: 11.31    Tithi 19  
284566159

No Yoga  
Until 9:21AM then Siddha Yoga  
Until 6.56PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika** 6:04AM – 8:03AM  
**Yama** 4:02PM – 6:02PM  
**Rahu** 10:03AM – 12:03PM

**Mula\* Until 9:21AM**  
Sadhya Until 5:52PM  
Bava Until 4:44PM  
**Chaturthi\* Until 4:44AM Sat**

**Ganesha:** Red    *Sunrise:* 4:04AM  
**Muruqa:** Red    *Sunset:* 8:02PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Birming., UK  
**Sun 2**    **Sutra 38**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**3**

**Saturday, May 21, 2011**

Dhanus Rasi: 24.52    Tithi 20  
285566159

Routine Work    Marana Yoga  
Until 9:20AM then no yoga  
Until 6.56PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika** 4:03AM – 6:03AM  
**Yama** 2:03PM – 4:03PM  
**Rahu** 8:03AM – 10:03AM

**Purvashadha\* Until 9:20AM**  
Subha Until 4:12PM  
Kaulava Until 3:58PM  
**Panchami Until 3:58AM Sun**

**Ganesha:** Yellow    *Sunrise:* 4:03AM  
**Muruqa:** Red    *Sunset:* 8:03PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Birming., UK  
**Sun 3**    **Sutra 39**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**4**

**Sunday, May 22, 2011**

Makara Rasi: 7.49    Tithi 21  
285666159

Creative Work    Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha\*/Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika** 4:04PM – 6:04PM  
**Yama** 12:03PM – 2:03PM  
**Rahu** 6:04PM – 8:05PM

**Uttarashadha Until 10:03AM**  
Sukla Until 3:13PM  
Gara Until 4:01PM  
**Shasthi\* Until 4:01AM Mon**

**Ganesha:** Red    *Sunrise:* 4:01AM  
**Muruqa:** Red    *Sunset:* 8:05PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Birming., UK  
**Sun 4**    **Sutra 40**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**5**

**Monday, May 23, 2011**

Makara Rasi: 20.23    Tithi 22  
295666159

**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 11:53AM then Siddha Yoga  
Until 6.56PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika** 2:04PM – 4:04PM  
**Yama** 10:02AM – 12:03PM  
**Rahu** 6:01AM – 8:02AM

**Sravana Until 11:53AM**  
Brahma Until 3:32PM  
Visti Until 5:44PM  
**Saptami Until 6:05AM Tue**

**Ganesha:** Green    *Sunrise:* 4:00AM  
**Muruqa:** Red    *Sunset:* 8:06PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

Birming., UK  
**Sun 5**    **Sutra 41**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase



**Tuesday, May 24, 2011**  
**Retreat Star**

Kumbha Rasi: 2.42    Tithi 22 – 23  
295666159

Routine Work    Marana Yoga  
Until 6.56PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha\*/Satabhisha Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika** 12:03PM – 2:04PM  
**Yama** 8:01AM – 10:02AM  
**Rahu** 4:05PM – 6:06PM

**Dhanishtha Until 1:57PM**  
Indra Until 3:40PM  
Balava Until 7:11PM  
**Saptami Until 6:05AM**

**Ganesha:** Green    *Sunrise:* 3:59AM  
**Muruqa:** Red    *Sunset:* 8:07PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

Birming., UK  
**Sun 6**    **Sutra 42**  
Khara 5113  
Moon 5 - Phase 5  
Ashtami

**Wednesday, May 25, 2011**  
**Retreat Star**

Kumbha Rasi: 14.47    Tithi 23 – 24  
295666159

Creative Work    Siddha Yoga  
Until 4:25PM then Amrita Yoga  
Until 6.56PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha\*/Purvaprostapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika** 10:02AM – 12:03PM  
**Yama** 5:59AM – 8:00AM  
**Rahu** 12:03PM – 2:05PM

**Satabhisha Until 4:25PM**  
Vaidhriti\* Until 4:11PM  
Taitila Until 9:04PM  
**Ashtami\* Until 7:59AM**

**Ganesha:** Green    *Sunrise:* 3:58AM  
**Muruqa:** Red    *Sunset:* 8:09PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

Birming., UK  
**Sun 7**    **Sutra 43**  
Khara 5113  
Moon 5 - Phase 5  
Navami

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

<b>1</b>	<b>Thursday, May 26, 2011</b>		Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Birming., UK
	Kumbha Rasi: 26.45	Tithi 24 – 25	315666159	<b>Gulika</b> 8:00AM – 10:02AM	<b>Purvaprostapada* Until 7:10PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>	Sun 8 <b>Sutra 44</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Creative Work Siddha Yoga			<b>Yama</b> 3:57AM – 5:58AM	<b>Vishkambha* Until 4:57PM</b>	<i>Sunrise:</i> 3:57AM <i>Sunset:</i> 8:10PM	Sivaloka Day


<b>2</b>	<b>Friday, May 27, 2011</b>		Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Birming., UK
	Meena Rasi: 8.38	Tithi 25 – 26	315666159	<b>Gulika</b> 5:57AM – 7:59AM	<b>Uttaraprostapada Until 10:03PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>	Sun 9 <b>Sutra 45</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Creative Work Siddha Yoga Until 10:03PM then Prabalarishta Yoga			<b>Yama</b> 4:07PM – 6:09PM	<b>Priti Until 5:50PM</b>	<i>Sunrise:</i> 3:55AM <i>Sunset:</i> 8:11PM	Sivaloka Day

<b>3</b>	<b>Saturday, May 28, 2011</b>		Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Birming., UK
	Meena Rasi: 20.32	Tithi 26 – 27	315666159	<b>Gulika</b> 3:54AM – 5:57AM	<b>Revati Until 12:56AM Sun</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>	Sun 10 <b>Sutra 46</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Routine Work Prabalarishta Yoga Until 6:57PM then Amrita Yoga Until 12:56AM Sun then Siddha Yoga			<b>Yama</b> 2:06PM – 4:08PM	<b>Ayushman Until 6:43PM</b>	<i>Sunrise:</i> 3:54AM <i>Sunset:</i> 8:13PM	Sivaloka Day

<b>4</b>	<b>Sunday, May 29, 2011</b>		Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Talita/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Birming., UK
	Mesha Rasi: 2.29	Tithi 27 – 28	325666159	<b>Gulika</b> 4:09PM – 6:11PM	<b>Asvini Until 3:42AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	Sun 11 <b>Sutra 47</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Creative Work Siddha Yoga			<b>Yama</b> 12:04PM – 2:06PM	<b>Saubhagya Until 7:30PM</b>	<i>Sunrise:</i> 3:53AM <i>Sunset:</i> 8:14PM	Devaloka Day

<b>5</b>	<b>Monday, May 30, 2011</b>		Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija Karana Trayodasi* Yam Titau				Birming., UK
	Mesha Rasi: 14.32	Tithi 28	325666159	<b>Gulika</b> 2:07PM – 4:09PM	<b>Bharani Until 6:17AM Tue</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	Sun 12 <b>Sutra 48</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Family Home Evening Creative Work Siddha Yoga			<b>Yama</b> 10:01AM – 12:04PM	<b>Sobhana Until 8:06PM</b>	<i>Sunrise:</i> 3:52AM <i>Sunset:</i> 8:15PM	Devaloka Day

<b>6</b>	<b>Tuesday, May 31, 2011</b>		Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Birming., UK
	Mesha Rasi: 26.44	Tithi 29	326666159	<b>Gulika</b> 12:04PM – 2:07PM	<b>Krittika Until 7:38AM Wed</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	Sun 13 <b>Sutra 49</b> Khara 5113 Moon 5 - Phase 6 2nd Phase
	Creative Work Siddha Yoga Until 6:57PM then Amrita Yoga Until 7:38AM Wed then Siddha Yoga			<b>Yama</b> 7:58AM – 10:01AM	<b>Athiganda* Until 8:26PM</b>	<i>Sunrise:</i> 3:51AM <i>Sunset:</i> 8:16PM	Devaloka Day

	<b>Wednesday, June 1, 2011</b>		Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Birming., UK
	<b>Retreat Star</b>		326666159	<b>Gulika</b> 10:01AM – 12:04PM	<b>Krittika Until 7:38AM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	Sun 14 <b>Sutra 50</b> Khara 5113 Moon 5 - Phase 6 Amavasya
	Vrishabha Rasi: 9.07 Tithi 30 Creative Work Amrita Yoga Until 7:38AM then Siddha Yoga Until 6:57PM then Marana Yoga			<b>Yama</b> 5:54AM – 7:57AM	<b>Sukarma Until 7:23PM</b>	<i>Sunrise:</i> 3:51AM <i>Sunset:</i> 8:17PM	Devaloka Day

<b>7</b>	<b>Thursday, June 2, 2011</b>		Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Birming., UK
	<b>Retreat Star</b>		336666159	<b>Gulika</b> 7:57AM – 10:01AM	<b>Rohini Until 8:59AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>	Sun 15 <b>Sutra 51</b> Khara 5113 Moon 5 - Phase 6 Prathama
	Vrishabha Rasi: 21.43 Tithi 1 Routine Work Marana Yoga Until 6:57PM then Siddha Yoga			<b>Yama</b> 3:50AM – 5:53AM	<b>Dhriti Until 7:00PM</b>	<i>Sunrise:</i> 3:50AM <i>Sunset:</i> 8:19PM	Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

<b>1</b>	<b>Friday, June 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Birming., UK
	Mithuna Rasi: 4.32	Tithi 2		<b>Sun 16</b>	<b>Sutra 52</b> Khara 5113
	336666159				Moon 5 - Phase 7 3rd Phase
Creative Work	Siddha Yoga	<b>Gulika</b> 5:53AM – 7:57AM <b>Yama</b> 4:12PM – 6:16PM <b>Rahu</b> 10:00AM – 12:04PM	<b>Mrigasira Until 9:55AM</b> Shula* Until 6:13PM Balava Until 9:34AM <b>Dvitiya Until 9:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:49AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:20PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>


<b>2</b>	<b>Saturday, June 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Tritiya Yam Titau		Birming., UK
	Mithuna Rasi: 17.37	Tithi 3		<b>Sun 17</b>	<b>Sutra 53</b> Khara 5113
	336666159				Moon 5 - Phase 7 3rd Phase
Creative Work	Siddha Yoga	<b>Gulika</b> 3:48AM – 5:52AM <b>Yama</b> 2:09PM – 4:13PM <b>Rahu</b> 7:56AM – 10:00AM	<b>Ardra Until 10:24AM</b> Ganda* Until 5:02PM Tailila Until 9:21AM <b>Tritiya Until 9:21PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:48AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:21PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, June 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Vistii* Karana Chaturthi* Yam Titau		Birming., UK
	Kataka Rasi: 0.55	Tithi 4		<b>Sun 18</b>	<b>Sutra 54</b> Khara 5113
	346666151				Moon 5 - Phase 7 3rd Phase
Creative Work	Siddha Yoga	<b>Gulika</b> 4:13PM – 6:17PM <b>Yama</b> 12:05PM – 2:09PM <b>Rahu</b> 6:17PM – 8:22PM	<b>Punarvasu Until 10:09AM</b> Vridhhi Until 3:27PM Vanija Until 8:28AM <b>Chaturthi* Until 7:32PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:48AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:22PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>4</b>	<b>Monday, June 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau		Birming., UK	
	Kataka Rasi: 14.26	Tithi 5		<b>Sun 19</b>	<b>Sutra 55</b> Khara 5113	
	346666151				Moon 5 - Phase 7 3rd Phase	
Family Home Evening	Creative Work	Siddha Yoga	<b>Gulika</b> 2:09PM – 4:14PM <b>Yama</b> 10:00AM – 12:05PM <b>Rahu</b> 5:51AM – 7:56AM	<b>Pushya Until 9:50AM</b> Dhruva Until 12:59PM Bava Until 7:26AM <b>Panchami Until 6:30PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:47AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:23PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Tuesday, June 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Shasthi*/Saptami Yam Titau		Birming., UK
	Kataka Rasi: 28.1	Tithi 6 – 7		<b>Sun 20</b>	<b>Sutra 56</b> Khara 5113
	347666151				Moon 5 - Phase 7 3rd Phase
Creative Work	Siddha Yoga	<b>Gulika</b> 12:05PM – 2:10PM <b>Yama</b> 7:56AM – 10:00AM <b>Rahu</b> 4:14PM – 6:19PM	<b>Aslesha* Until 9:10AM</b> Vyaghata* Until 10:50AM Kaulava Until 6:00AM <b>Shasthi* Until 5:05PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:24PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>6</b>	<b>Wednesday, June 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Vanija/Vistii* Karana Saptami*/Ashtami* Yam Titau		Birming., UK
	Simha Rasi: 12.05	Tithi 7 – 8		<b>Sun 21</b>	<b>Sutra 57</b> Khara 5113
	357666151				Moon 5 - Phase 7 3rd Phase
Creative Work	Siddha Yoga	<b>Gulika</b> 10:00AM – 12:05PM <b>Yama</b> 5:51AM – 7:55AM <b>Rahu</b> 12:05PM – 2:10PM	<b>Magha* Until 8:09AM</b> Harshana Until 8:21AM Vistii Until 2:23AM Thu <b>Saptami Until 3:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 3:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:24PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>

	<b>Thursday, June 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Birming., UK
	Simha Rasi: 26.11	Tithi 8 – 9		<b>Sun 22</b>	<b>Sutra 58</b> Khara 5113
	357666151				Moon 5 - Phase 7 Ashtami
No Yoga	Retreat Star	<b>Gulika</b> 7:55AM – 10:00AM <b>Yama</b> 3:45AM – 5:50AM <b>Rahu</b> 2:10PM – 4:15PM	<b>Purvaphalguni* Until 6:50AM</b> Siddhi Until 2:56AM Fri Balava Until 12:16AM Fri <b>Ashtami* Until 1:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 3:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:25PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>

	<b>Friday, June 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Navami*/Dasami Yam Titau		Birming., UK
	Kanya Rasi: 10.26	Tithi 9 – 10		<b>Sun 23</b>	<b>Sutra 59</b> Khara 5113
	367666151				Moon 5 - Phase 7 Navami
Creative Work	Amrita Yoga	<b>Gulika</b> 5:50AM – 7:55AM <b>Yama</b> 4:16PM – 6:21PM <b>Rahu</b> 10:00AM – 12:05PM	<b>Hasta Until 4:07AM Sat</b> Vyatipata* Until 11:56PM Tailila Until 9:53PM <b>Navami* Until 10:48AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 3:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:26PM <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

**1 Saturday, June 11, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Birming., UK  
 Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 60  
 Khara 5113  
 Kanya Rasi: 24.48 Tithi 10 - 11 367666151 **Gulika** 3:45AM - 5:50AM **Chitra Until 2:21AM Sun** **Ganesha:** White *Sunrise:* 3:45AM  
**Yama** 2:11PM - 4:16PM Variyan Until 8:45PM **Muruqa:** Red *Sunset:* 8:27PM Moon 5 - Phase 8  
**Rahu** 7:55AM - 10:00AM Vanija Until 7:16PM **Nataraja:** Purple 4th Phase  
 Routine Work Marana Yoga **Moon - Green** **Devaloka Day**  
 Until 6:59PM then Siddha Yoga **Jyeshtha-Vaikasi**

**2 Sunday, June 12, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Birming., UK  
 Svati Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Dvadasi Yam Titau Sun 25 Sutra 61  
 Khara 5113  
 Tula Rasi: 9.14 Tithi 12 367666151 **Gulika** 4:17PM - 6:22PM **Svati Until 12:28AM Mon** **Ganesha:** White *Sunrise:* 3:44AM  
**Yama** 12:06PM - 2:11PM Parigha\* Until 5:28PM **Muruqa:** Red *Sunset:* 8:27PM Moon 5 - Phase 8  
**Rahu** 6:22PM - 8:27PM Bava Until 4:33PM **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Moon - Green** **Devaloka Day**  
 Until 6:59PM then Amrita Yoga **Dvadasi Until 3:38AM Mon** **Jyeshtha-Vaikasi**  
 Until 12:28AM Mon then Marana Yoga

**3 Monday, June 13, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Birming., UK  
 Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 62  
 Khara 5113  
 Tula Rasi: 23.39 Tithi 13 377666151 **Gulika** 2:12PM - 4:17PM **Visakha Until 10:36PM** **Ganesha:** Yellow *Sunrise:* 3:44AM  
**Yama** 10:01AM - 12:06PM Shiva Until 2:12PM **Muruqa:** Red *Sunset:* 8:28PM Moon 5 - Phase 8  
**Rahu** 5:50AM - 7:55AM Kaulava Until 1:51PM **Nataraja:** Purple 4th Phase  
 Routine Work Marana Yoga **Moon - Orange** **Sivaloka Day**  
 Until 12:36PM then Siddha Yoga **Vaikasi Visakam** **Trayodasi Until 12:56AM Tue** **Jyeshtha-Vaikasi**  
*Pradosha Vrata*

**4 Tuesday, June 14, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Birming., UK  
 Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau Sun 27 Sutra 63  
 Khara 5113  
 Vrischika Rasi: 7.58 Tithi 14 378666151 **Gulika** 12:06PM - 2:12PM **Anuradha Until 8:54PM** **Ganesha:** White *Sunrise:* 3:44AM  
**Yama** 7:55AM - 10:01AM Siddha Until 11:05AM **Muruqa:** Red *Sunset:* 8:29PM Moon 5 - Phase 8  
**Rahu** 4:17PM - 6:23PM Gara Until 11:19AM **Nataraja:** Purple 4th Phase  
 Creative Work Siddha Yoga **Moon - Orange** **Subha Sivaloka Day**  
**Chaturdasi\* Until 10:24PM** **Jyeshtha-Vaikasi**

**Wednesday, June 15, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Birming., UK  
 Jyeshtha\* Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Purnima\* Yam Titau Sun 28 Sutra 64  
 Khara 5113  
 Vrischika Rasi: 22.07 Tithi 15 378666151 **Gulika** 10:01AM - 12:06PM **Jyeshtha\* Until 7:31PM** **Ganesha:** White *Sunrise:* 3:44AM  
**Yama** 5:49AM - 7:55AM Sadhya Until 8:15AM **Muruqa:** Red *Sunset:* 8:29PM Moon 5 - Phase 8  
**Rahu** 12:06PM - 2:12PM Visti Until 9:07AM **Nataraja:** Purple Purnima  
 Creative Work Siddha Yoga **Moon - Orange** **Subha Sivaloka Day**  
**Purnima\* Until 8:12PM** **Jyeshtha-Ani**

**Thursday, June 16, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Birming., UK  
 Mula\* Nakshatra Sukla Yoga Balava/Kaulava Karana Prathama\* Yam Titau Sun 29 Sutra 65  
 Khara 5113  
 Dhanus Rasi: 6.01 Tithi 16 388766151 **Gulika** 7:55AM - 10:01AM **Mula\* Until 6:33PM** **Ganesha:** Blue *Sunrise:* 3:44AM  
**Yama** 3:44AM - 5:49AM Sukla Until 3:10AM Fri **Muruqa:** Red *Sunset:* 8:30PM Moon 5 - Phase 8  
**Rahu** 2:12PM - 4:18PM Balava Until 7:23AM **Nataraja:** Purple Prathama  
 Creative Work Siddha Yoga **Moon - Light Blue** **Devaloka Day**  
**Prathama\* Until 6:28PM** **Jyeshtha-Ani**





**Friday, June 17, 2011**  
**Gold Retreat Star**

Dhanu Rasi: 19.35    Titthi 17 - 18  
388766151  
Creative Work    Siddha Yoga  
Until 7.00PM then Marana Yoga  
Until 7.03PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Brahma Yoga Taitila/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    5:49AM - 7:55AM    **Purvashadha\* Until 7:03PM**  
**Yama**       4:19PM - 6:24PM    **Brahma Until 2:36AM Sat**  
**Rahu**       10:01AM - 12:07PM    **Taitila Until 6:15AM**  
**Dvitiya Until 6:15PM**  
**Ganesha:** Blue    *Sunrise: 3:44AM*  
**Muruqa:** Red     *Sunset: 8:30PM*  
**Nataraja:** Purple  
Moon - Light Blue  
**Jyeshtha-Ani**

Birming., UK  
**Sun 1**    **Sutra 66**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Devaloka Day**

**1**

**Saturday, June 18, 2011**

Makara Rasi: 2.5    Titthi 18 - 19  
388766151  
No Yoga  
Until 7.00PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Indra Yoga Vistil/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    3:44AM - 5:49AM    **Uttarashadha Until 7:13PM**  
**Yama**       2:13PM - 4:19PM    **Indra Until 1:08AM Sun**  
**Rahu**       7:55AM - 10:01AM    **Bava Until 5:40AM Sun**  
**Tritiya Until 5:40PM**  
**Ganesha:** Blue    *Sunrise: 3:44AM*  
**Muruqa:** Red     *Sunset: 8:31PM*  
**Nataraja:** Purple  
Moon - Light Blue  
**Jyeshtha-Ani**

Birming., UK  
**Sun 2**    **Sutra 67**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Devaloka Day**

**2**

**Sunday, June 19, 2011**

Makara Rasi: 15.44    Titthi 19  
398766151  
Creative Work    Amrita Yoga  
Until 8:01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana Nakshatra Vaidhriti\* Yoga Balava Karana Chaturthi\* Yam Titau  
**Gulika**    4:19PM - 6:25PM    **Sravana Until 8:01PM**  
**Yama**       12:07PM - 2:13PM    **Vaidhriti\* Until 12:14AM Mon**  
**Rahu**       6:25PM - 8:31PM    **Balava Until 5:46AM Mon**  
**Chaturthi\* Until 5:46PM**  
**Ganesha:** Red     *Sunrise: 3:44AM*  
**Muruqa:** Red     *Sunset: 8:31PM*  
**Nataraja:** Purple  
Moon - Purple  
**Jyeshtha-Ani**

Birming., UK  
**Sun 3**    **Sutra 68**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Sivaloka Day**

Father's Day

**3**

**Monday, June 20, 2011**

Makara Rasi: 28.2    Titthi 20  
399766151  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 7.01PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    2:13PM - 4:19PM    **Dhanishtha Until 10:40PM**  
**Yama**       10:02AM - 12:07PM    **Vishkambha\* Until 1:14AM Tue**  
**Rahu**       5:50AM - 7:56AM    **Kaulava Until 6:33AM**  
**Panchami Until 7:38PM**  
**Ganesha:** Blue    *Sunrise: 3:44AM*  
**Muruqa:** Red     *Sunset: 8:31PM*  
**Nataraja:** Purple  
Moon - Purple  
**Jyeshtha-Ani**

Birming., UK  
**Sun 4**    **Sutra 69**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**4**

**Tuesday, June 21, 2011**

Kumbha Rasi: 10.4    Titthi 21  
399766151  
Routine Work    Marana Yoga  
Until 7.01PM then Siddha Yoga  
Until 12:41AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    12:08PM - 2:14PM    **Satabhisha Until 12:41AM Wed**  
**Yama**       7:56AM - 10:02AM    **Priti Until 1:20AM Wed**  
**Rahu**       4:20PM - 6:26PM    **Gara Until 7:54AM**  
**Shasthi\* Until 9:00PM**  
**Ganesha:** Blue    *Sunrise: 3:44AM*  
**Muruqa:** Red     *Sunset: 8:31PM*  
**Nataraja:** Purple  
Moon - Purple  
**Jyeshtha-Ani**

Birming., UK  
**Sun 5**    **Sutra 70**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**5**

**Wednesday, June 22, 2011**

Kumbha Rasi: 22.47    Titthi 22  
319766151  
Creative Work    Amrita Yoga  
Until 7.01PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\* Nakshatra Ayushman Yoga Vistil/Bava Karana Saptami Yam Titau  
**Gulika**    10:02AM - 12:08PM    **Purvaprostapada\* Until 3:06AM Thu**  
**Yama**       5:50AM - 7:56AM    **Ayushman Until 1:48AM Thu**  
**Rahu**       12:08PM - 2:14PM    **Vistil Until 9:43AM**  
**Saptami Until 10:48PM**  
**Ganesha:** Purple    *Sunrise: 3:44AM*  
**Muruqa:** Red     *Sunset: 8:32PM*  
**Nataraja:** Purple  
Moon - Clear  
**Jyeshtha-Ani**

Birming., UK  
**Sun 6**    **Sutra 71**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**Retreat Star**

**Thursday, June 23, 2011**

Meena Rasi: 4.46    Titthi 23  
319766151  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    7:56AM - 10:02AM    **Uttaraprostapada Until 5:47AM Fri**  
**Yama**       3:44AM - 5:50AM    **Saubhagya Until 2:31AM Fri**  
**Rahu**       2:14PM - 4:20PM    **Balava Until 11:50AM**  
**Ashtami\* Until 12:55AM Fri**  
**Ganesha:** Purple    *Sunrise: 3:44AM*  
**Muruqa:** Red     *Sunset: 8:32PM*  
**Nataraja:** Purple  
Moon - Clear  
**Jyeshtha-Ani**

Birming., UK  
**Sun 7**    **Sutra 72**  
Khara 5113  
Moon 6 - Phase 9  
Ashtami  
**Subha Sivaloka Day**

**Friday, June 24, 2011**  
**Retreat Star**

Meena Rasi: 16.41    Titthi 24  
319766151  
Creative Work    Siddha Yoga  
Until 7.02PM then Prabalarishta Yoga  
Until 8:48AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    5:51AM - 7:56AM    **Revati Until 8:48AM Sat**  
**Yama**       4:20PM - 6:26PM    **Sobhana Until 3:23AM Sat**  
**Rahu**       10:02AM - 12:08PM    **Taitila Until 2:06PM**  
**Navami\* Until 3:11AM Sat**  
**Ganesha:** Purple    *Sunrise: 3:45AM*  
**Muruqa:** Red     *Sunset: 8:32PM*  
**Nataraja:** Purple  
Moon - Clear  
**Jyeshtha-Ani**

Birming., UK  
**Sun 8**    **Sutra 73**  
Khara 5113  
Moon 6 - Phase 9  
Navami  
**Subha Sivaloka Day**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10-2.13. MA, 94


<b>1</b>	<b>Saturday, June 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dasami Yam Titau			Birming., UK
	Meena Rasi: 28.36      Tithi 25 319766151	<b>Gulika</b> 3:45AM – 5:51AM <b>Yama</b> 2:14PM – 4:20PM <b>Rahu</b> 7:57AM – 10:03AM	<b>Revati Until 8:48AM</b> Athiganda* Until 4:15AM Sun Vanija Until 4:22PM Dasami Until 5:28AM Sun	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:32PM <b>Nataraja:</b> Purple Moon – Clear <b>Jyeshtha-Ani</b>	<b>Sun 9</b> <b>Sutra 74</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Subha Sivaloka Day</b>
	Routine Work      Prabalarishta Yoga Until 8:48AM then Siddha Yoga				

<b>2</b>	<b>Sunday, June 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Sukarma Yoga Bava Karana Ekadasi* Yam Titau			Birming., UK
	Mesha Rasi: 10.34      Tithi 26 329766151	<b>Gulika</b> 4:20PM – 6:26PM <b>Yama</b> 12:09PM – 2:14PM <b>Rahu</b> 6:26PM – 8:32PM	<b>Asvini Until 11:31AM</b> Sukarma Until 5:00AM Mon Bava Until 6:31PM Ekadasi* Until 7:16AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 3:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:32PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 10</b> <b>Sutra 75</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
	Creative Work      Siddha Yoga Until 11:31AM then no yoga Until 7:02PM then Siddha Yoga				

<b>3</b>	<b>Monday, June 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Birming., UK
	Mesha Rasi: 22.41      Tithi 26 – 27 329766151	<b>Gulika</b> 2:15PM – 4:20PM <b>Yama</b> 10:03AM – 12:09PM <b>Rahu</b> 5:52AM – 7:57AM	<b>Bharani Until 1:59PM</b> Dhriti Until 5:30AM Tue Kaulava Until 8:22PM Ekadasi* Until 7:16AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 3:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:32PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 11</b> <b>Sutra 76</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
	Family Home Evening Creative Work      Siddha Yoga Until 1:59PM then no yoga Until 7:02PM then Siddha Yoga				

<b>4</b>	<b>Tuesday, June 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Tailala/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Birming., UK
	Wrishabha Rasi: 4.59      Tithi 27 – 28 321766151	<b>Gulika</b> 12:09PM – 2:15PM <b>Yama</b> 7:58AM – 10:03AM <b>Rahu</b> 4:20PM – 6:26PM	<b>Krittika Until 3:16PM</b> Shula* Until 3:57AM Wed Gara Until 8:28PM Dvadasi* Until 8:28AM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <i>Sunrise:</i> 3:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 8:32PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 12</b> <b>Sutra 77</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
	Creative Work      Siddha Yoga Until 3:16PM then Amrita Yoga Until 7:03PM then Siddha Yoga				

<b>5</b>	<b>Wednesday, June 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Birming., UK
	Wrishabha Rasi: 17.32      Tithi 28 – 29 331776151	<b>Gulika</b> 10:04AM – 12:09PM <b>Yama</b> 5:53AM – 7:58AM <b>Rahu</b> 12:09PM – 2:15PM	<b>Rohini Until 4:43PM</b> Ganda* Until 3:39AM Thu Visti Until 9:16PM Trayodasi* Until 9:16AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:47AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:31PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sun 13</b> <b>Sutra 78</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
	Creative Work      Siddha Yoga Until 7:03PM then Marana Yoga				

	<b>Thursday, June 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Birming., UK
	<b>Retreat Star</b> Mithuna Rasi: 0.23      Tithi 29 – 30 331776151	<b>Gulika</b> 7:59AM – 10:04AM <b>Yama</b> 3:48AM – 5:53AM <b>Rahu</b> 2:15PM – 4:20PM	<b>Mrigasira Until 5:36PM</b> Vriddhi Until 2:51AM Fri Catuspada Until 9:29PM Chaturdasi* Until 9:29AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:48AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:31PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sun 14</b> <b>Sutra 79</b> Khara 5113 Moon 6 - Phase 10 Amavasya <b>Sivaloka Day</b>
	Routine Work      Marana Yoga Until 7:03PM then Siddha Yoga				

<b>Friday, July 1, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Birming., UK
	Mithuna Rasi: 13.32      Tithi 30 – 1 331776151	<b>Gulika</b> 5:54AM – 7:59AM <b>Yama</b> 4:20PM – 6:26PM <b>Rahu</b> 10:04AM – 12:10PM	<b>Ardra Until 5:55PM</b> Dhruva Until 1:31AM Sat Kintughna Until 7:54PM Amavasya* Until 8:50AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:48AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:31PM <b>Nataraja:</b> Purple Moon – Yellow <b>Ashada-Ani</b>	<b>Sun 15</b> <b>Sutra 80</b> Khara 5113 Moon 6 - Phase 10 Prathama <b>Sivaloka Day</b>
	Creative Work      Siddha Yoga Until 7:03PM then Marana Yoga				

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

<b>1</b>	<b>Saturday, July 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Birming., UK
	Mithuna Rasi: 27	Tithi 1 – 2			Sun 16 Sutra 81 Khara 5113
		341776151	<b>Gulika</b> 3:49AM – 5:54AM <b>Yama</b> 2:15PM – 4:20PM <b>Rahu</b> 7:59AM – 10:05AM	<b>Punarvasu</b> Until 4:51PM Vyaghata* Until 10:29PM Balava Until 6:58PM <b>Prathama*</b> Until 7:53AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 3:49AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:31PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Routine Work Marana Yoga Until 4:51PM then Siddha Yoga				Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>


<b>2</b>	<b>Sunday, July 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Harshana Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau		Birming., UK
	Kataka Rasi: 10.44	Tithi 2 – 3			Sun 17 Sutra 82 Khara 5113
		341776151	<b>Gulika</b> 4:20PM – 6:25PM <b>Yama</b> 12:10PM – 2:15PM <b>Rahu</b> 6:25PM – 8:30PM	<b>Pushya</b> Until 4:10PM Harshana Until 8:19PM Gara Until 4:36AM Mon <b>Dvitiya</b> Until 6:27AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 3:50AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:30PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Creative Work Siddha Yoga				Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Monday, July 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Birming., UK
	Kataka Rasi: 24.41	Tithi 4			Sun 18 Sutra 83 Khara 5113
	<b>Family Home Evening</b>	341776151	<b>Gulika</b> 2:15PM – 4:20PM <b>Yama</b> 10:05AM – 12:10PM <b>Rahu</b> 5:55AM – 8:00AM	<b>Aslesha*</b> Until 3:06PM Vajra* Until 5:48PM Vanija Until 3:41PM <b>Chaturthi*</b> Until 2:45AM Tue	<b>Ganesha:</b> Red <i>Sunrise:</i> 3:51AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:30PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Creative Work Siddha Yoga				Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, July 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau		Birming., UK
	Simha Rasi: 8.48	Tithi 5			Sun 19 Sutra 84 Khara 5113
		351776151	<b>Gulika</b> 12:10PM – 2:15PM <b>Yama</b> 8:01AM – 10:06AM <b>Rahu</b> 4:20PM – 6:24PM	<b>Magha*</b> Until 1:46PM Siddhi Until 3:02PM Bava Until 1:33PM <b>Panchami</b> Until 12:37AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 3:51AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:29PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Creative Work Siddha Yoga Until 7.04PM then Amrita Yoga				Moon 6 - Phase 11 3rd Phase <b>Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, July 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Birming., UK
	Simha Rasi: 23	Tithi 6			Sun 20 Sutra 85 Khara 5113
		351776151	<b>Gulika</b> 10:06AM – 12:10PM <b>Yama</b> 5:57AM – 8:01AM <b>Rahu</b> 12:10PM – 2:15PM	<b>Purvaphalguni*</b> Until 12:17PM Vyatipata* Until 12:07PM Kaulava Until 11:15AM <b>Shashti*</b> Until 10:19PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 3:52AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:29PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Creative Work Amrita Yoga Until 7.04PM then Prabalarishta Yoga				Moon 6 - Phase 11 3rd Phase <b>Subha Sivaloka Day</b>

<b>6</b>	<b>Thursday, July 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Birming., UK
	Kanya Rasi: 7.14	Tithi 7			Sun 21 Sutra 86 Khara 5113
		451776151	<b>Gulika</b> 8:02AM – 10:06AM <b>Yama</b> 3:53AM – 5:58AM <b>Rahu</b> 2:15PM – 4:19PM	<b>Uttaraphalguni</b> Until 10:45AM Variyan Until 9:09AM Gara Until 8:53AM <b>Saptami</b> Until 7:57PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 3:53AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:28PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Routine Work Prabalarishta Yoga Until 10:45AM then no yoga Until 7.04PM then Amrita Yoga		<b>Chidambaram Abhishekam</b>		Moon 6 - Phase 11 3rd Phase <b>Sivaloka Day</b>

	<b>Friday, July 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ashtami*/Navami* Yam Titau		Birming., UK
	<b>Retreat Star</b>				Sun 22 Sutra 87 Khara 5113
	Kanya Rasi: 21.28	Tithi 8 – 9			Moon 6 - Phase 11 Ashtami
		462776151	<b>Gulika</b> 5:58AM – 8:02AM <b>Yama</b> 4:19PM – 6:23PM <b>Rahu</b> 10:07AM – 12:11PM	<b>Hasta</b> Until 9:13AM Parigha* Until 6:12AM Visti Until 6:32AM <b>Ashtami*</b> Until 5:36PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:54AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:27PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>
	Creative Work Amrita Yoga Until 9:13AM then Siddha Yoga Until 7.04PM then Marana Yoga				<b>Sivaloka Day</b>

<b>7</b>	<b>Saturday, July 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Birming., UK
	<b>Retreat Star</b>				Sun 23 Sutra 88 Khara 5113
	Tula Rasi: 5.38	Tithi 9 – 10			Moon 6 - Phase 11 Navami
		462776151	<b>Gulika</b> 3:55AM – 5:59AM <b>Yama</b> 2:15PM – 4:19PM <b>Rahu</b> 8:03AM – 10:07AM	<b>Chitra</b> Until 7:45AM Siddha Until 12:39AM Sun Taitila Until 2:25AM Sun <b>Navami*</b> Until 3:20PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:55AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:27PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>
	Routine Work Marana Yoga Until 7:45AM then Siddha Yoga				<b>Sivaloka Day</b>


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

<b>1</b>	<b>Sunday, July 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Tilau				Birming., UK
					<b>Sun 24</b>	<b>Sutra 89</b> Khara 5113
Tula Rasi: 19.45	Tithi 10 – 11	<b>Gulika</b> 4:18PM – 6:22PM	<b>Svati Until 6:26AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:56AM	
	462776151	<b>Yama</b> 12:11PM – 2:15PM	<b>Sadhya Until 9:53PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:26PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 6:22PM – 8:26PM	<b>Vanija Until 12:17AM Mon</b>	<b>Nataraja:</b> Purple		4th Phase
Until 6:26AM then Marana Yoga			<b>Dasami Until 1:12PM</b>	<b>Ashada•Ani</b>		<b>Sivaloka Day</b>

<b>2</b>	<b>Monday, July 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Tilau				Birming., UK
					<b>Sun 25</b>	<b>Sutra 90</b> Khara 5113
Vrischika Rasi: 3.46	Tithi 11 – 12	<b>Gulika</b> 2:15PM – 4:18PM	<b>Anuradha Until 4:08AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:57AM	
<b>Family Home Evening</b>	472876151	<b>Yama</b> 10:08AM – 12:11PM	<b>Subha Until 7:17PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:25PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 6:01AM – 8:04AM	<b>Bava Until 10:20PM</b>	<b>Nataraja:</b> Purple		4th Phase
			<b>Ekadasi Until 11:16AM</b>	<b>Ashada•Ani</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, July 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Tilau				Birming., UK
					<b>Sun 26</b>	<b>Sutra 91</b> Khara 5113
Vrischika Rasi: 17.38	Tithi 12 – 13	<b>Gulika</b> 12:11PM – 2:15PM	<b>Jyeshtha* Until 3:12AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:58AM	
	472876151	<b>Yama</b> 8:05AM – 10:08AM	<b>Sukla Until 4:54PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:24PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 4:18PM – 6:21PM	<b>Kaulava Until 8:39PM</b>	<b>Nataraja:</b> Purple		4th Phase
Until 3:12AM Wed then Marana Yoga			<b>Dvadasi Until 9:34AM</b>	<b>Ashada•Ani</b>		<b>Sivaloka Day</b>
			<i>Pradosha Vrata</i>			

<b>4</b>	<b>Wednesday, July 13, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Tilau				Birming., UK
					<b>Sun 27</b>	<b>Sutra 92</b> Khara 5113
Dhanus Rasi: 1.2	Tithi 13 – 14	<b>Gulika</b> 10:08AM – 12:11PM	<b>Mula* Until 2:34AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:00AM	
	482876151	<b>Yama</b> 6:03AM – 8:05AM	<b>Brahma Until 3:24PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:23PM	Moon 6 - Phase 12
Routine Work Marana Yoga		<b>Rahu</b> 12:11PM – 2:14PM	<b>Gara Until 7:15PM</b>	<b>Nataraja:</b> Purple		4th Phase
Until 7:05PM then Siddha Yoga			<b>Trayodasi Until 8:11AM</b>	<b>Ashada•Ani</b>		<b>Subha Sivaloka Day</b>

	<b>Thursday, July 14, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Tilau				Birming., UK
	<b>Copper Retreat Star</b>				<b>Sun 28</b>	<b>Sutra 93</b> Khara 5113
Dhanus Rasi: 14.5	Tithi 14 – 15	<b>Gulika</b> 8:06AM – 10:09AM	<b>Purvashadha* Until 3:50AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:01AM	
	482876151	<b>Yama</b> 4:01AM – 6:03AM	<b>Indra Until 1:29PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:22PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 2:14PM – 4:17PM	<b>Visti Until 7:16PM</b>	<b>Nataraja:</b> Purple		Purnima
		<b>Satguru Purnima</b>	<b>Chaturdasi* Until 7:16AM</b>	<b>Ashada•Ani</b>		<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Friday, July 15, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Tilau				Birming., UK
	<b>Silver Retreat Star</b>				<b>Sun 29</b>	<b>Sutra 94</b> Khara 5113
Dhanus Rasi: 28.06	Tithi 15 – 16	<b>Gulika</b> 6:04AM – 8:07AM	<b>Uttarashadha Until 3:58AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:02AM	
	482876151	<b>Yama</b> 4:16PM – 6:19PM	<b>Vaidhriti* Until 11:57AM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:21PM	Moon 6 - Phase 12
Creative Work Siddha Yoga		<b>Rahu</b> 10:09AM – 12:12PM	<b>Balava Until 6:38PM</b>	<b>Nataraja:</b> Purple		Prathama
Until 7:05PM then no yoga			<b>Purnima* Until 6:38AM</b>	<b>Ashada•Ani</b>		<b>Subha Sivaloka Day</b>
Until 3:58AM Sat then Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



**Saturday, July 16, 2011**  
**Gold Retreat Star**

Makara Rasi: 11.07    Tithi 16 – 17  
492876151  
Creative Work    Siddha Yoga  
Until 7.05PM then Amrita Yoga  
Until 4:34AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Vishkambha\*Priti Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika**    4:03AM – 6:05AM  
**Yama**        2:14PM – 4:16PM  
**Rahu**        8:07AM – 10:10AM

**Sravana Until 4:34AM Sun**  
**Vishkambha\* Until 10:52AM**  
**Taitila Until 6:31PM**  
**Prathama\* Until 6:31AM**

**Ganesha:** Clear    *Sunrise:* 4:03AM  
**Muruqa:** Yellow    *Sunset:* 8:20PM  
**Nataraja:** Purple  
Moon – Purple  
**Ashada-Adi**

Birming., UK  
**Sutra 95**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Sivaloka Day**

**1**

**Sunday, July 17, 2011**

Makara Rasi: 23.52    Tithi 17 – 18  
492876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    4:15PM – 6:17PM  
**Yama**        12:12PM – 2:14PM  
**Rahu**        6:17PM – 8:19PM

**Dhanishtha Until 6:36AM Mon**  
**Priti Until 10:34AM**  
**Vanija Until 6:56PM**  
**Dvitiya Until 6:56AM**

**Ganesha:** Clear    *Sunrise:* 4:04AM  
**Muruqa:** Yellow    *Sunset:* 8:19PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Birming., UK  
**Sun 1**    **Sutra 96**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**2**

**Monday, July 18, 2011**

Kumbha Rasi: 6.22    Tithi 18 – 19  
492876152  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 7.06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika**    2:13PM – 4:15PM  
**Yama**        10:10AM – 12:12PM  
**Rahu**        6:07AM – 8:09AM

**Dhanishtha Until 6:36AM**  
**Ayushman Until 10:20AM**  
**Bava Until 9:05PM**  
**Tritiya Until 8:00AM**

**Ganesha:** Clear    *Sunrise:* 4:06AM  
**Muruqa:** Yellow    *Sunset:* 8:19PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Birming., UK  
**Sun 2**    **Sutra 97**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**3**

**Tuesday, July 19, 2011**

Kumbha Rasi: 18.39    Tithi 19 – 20  
492876152  
Routine Work    Marana Yoga  
Until 7.06PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    12:12PM – 2:13PM  
**Yama**        8:09AM – 10:11AM  
**Rahu**        4:14PM – 6:16PM

**Satabhisha Until 8:42AM**  
**Saubhagya Until 10:31AM**  
**Kaulava Until 10:33PM**  
**Chaturthi\* Until 9:28AM**

**Ganesha:** Clear    *Sunrise:* 4:07AM  
**Muruqa:** Yellow    *Sunset:* 8:17PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Birming., UK  
**Sun 3**    **Sutra 98**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**4**

**Wednesday, July 20, 2011**

Meena Rasi: 0.46    Tithi 20 – 21  
412876152  
Creative Work    Amrita Yoga  
Until 11:09AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    10:11AM – 12:12PM  
**Yama**        6:09AM – 8:10AM  
**Rahu**        12:12PM – 2:13PM

**Purvaprostapada\* Until 11:09AM**  
**Sobhana Until 11:01AM**  
**Gara Until 12:24AM Thu**  
**Panchami Until 11:19AM**

**Ganesha:** Yellow    *Sunrise:* 4:08AM  
**Muruqa:** Yellow    *Sunset:* 8:16PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Birming., UK  
**Sun 4**    **Sutra 99**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**5**

**Thursday, July 21, 2011**

Meena Rasi: 12.44    Tithi 21 – 22  
412876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada\*/Revati Nakshatra Ahiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    8:11AM – 10:11AM  
**Yama**        4:10AM – 6:10AM  
**Rahu**        2:13PM – 4:13PM

**Uttaraprostapada Until 1:53PM**  
**Ahiganda\* Until 11:46AM**  
**Visti Until 2:33AM Fri**  
**Shasthi\* Until 1:27PM**

**Ganesha:** Yellow    *Sunrise:* 4:10AM  
**Muruqa:** Yellow    *Sunset:* 8:14PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Birming., UK  
**Sun 5**    **Sutra 100**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**6**

**Friday, July 22, 2011**

Meena Rasi: 24.38    Tithi 22 – 23  
413876152  
Creative Work    Siddha Yoga  
Until 4:44PM then Amrita Yoga  
Until 7.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    6:11AM – 8:12AM  
**Yama**        4:13PM – 6:13PM  
**Rahu**        10:12AM – 12:12PM

**Revati Until 4:44PM**  
**Sukarma Until 12:39PM**  
**Balava Until 4:51AM Sat**  
**Saptami Until 3:45PM**

**Ganesha:** White    *Sunrise:* 4:11AM  
**Muruqa:** Yellow    *Sunset:* 8:13PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Birming., UK  
**Sun 6**    **Sutra 101**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM



**Saturday, July 23, 2011**  
**Retreat Star**

Mesha Rasi: 6.32    Tithi 23  
423876152  
Creative Work    Siddha Yoga  
Until 7:37PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Asvini Nakshatra Dhriti/Shula\* Yoga Kaulava Karana Ashtami\* Yam Titau

**Gulika**    4:13AM – 6:12AM  
**Yama**        2:12PM – 4:12PM  
**Rahu**        8:12AM – 10:12AM

**Asvini Until 7:37PM**  
**Dhriti Until 1:33PM**  
**Kaulava Until 7:10AM Sun**  
**Ashtami\* Until 6:04PM**

**Ganesha:** Yellow    *Sunrise:* 4:13AM  
**Muruqa:** Yellow    *Sunset:* 8:12PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Birming., UK  
**Sun 7**    **Sutra 102**  
Khara 5113  
Moon 7 - Phase 13  
Ashtami

**Devaloka Day**

**Sunday, July 24, 2011**

**Retreat Star**

Mesha Rasi: 18.29    Tithi 24  
423876152  
No Yoga  
Until 7.06PM then Siddha Yoga  
Until 10:21PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika**    4:11PM – 6:11PM  
**Yama**        12:12PM – 2:12PM  
**Rahu**        6:11PM – 8:10PM

**Bharani Until 10:21PM**  
**Shula\* Until 2:19PM**  
**Taitila Until 7:08AM**  
**Navami\* Until 8:14PM**

**Ganesha:** Yellow    *Sunrise:* 4:14AM  
**Muruqa:** Yellow    *Sunset:* 8:10PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Birming., UK  
**Sun 8**    **Sutra 103**  
Khara 5113  
Moon 7 - Phase 13  
Navami

**Devaloka Day**

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

<b>1</b>	<b>Monday, July 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dasami Yam Titau		Birming., UK <b>Sutra 104</b> Khara 5113
	433876152	<b>Gulika</b> 2:11PM – 4:10PM <b>Yama</b> 10:13AM – 12:12PM <b>Rahu</b> 6:15AM – 8:14AM	<b>Krittika Until 12:48AM Tue</b> Ganda* Until 2:48PM Vanija Until 8:59AM Dasami Until 10:04PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:15AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:09PM <b>Nataraja:</b> Clear Moon – White <b>Ashada*Adi</b>	<b>Sun 9</b> Moon 7 - Phase 14 2nd Phase <b>Devaloka Day</b>
	Wrishabha Rasi: 1 Family Home Evening No Yoga Until 7.06PM then Siddha Yoga Until 12:48AM Tue then Amrita Yoga				
<b>2</b>	<b>Tuesday, July 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau		Birming., UK <b>Sutra 105</b> Khara 5113
	433876152	<b>Gulika</b> 12:12PM – 2:11PM <b>Yama</b> 8:14AM – 10:13AM <b>Rahu</b> 4:10PM – 6:09PM	<b>Rohini Until 1:11AM Wed</b> Vridhi Until 2:14PM Bava Until 9:57AM Ekadasi* Until 9:57PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:17AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:07PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>	<b>Sun 10</b> Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Wrishabha Rasi: 12.56 Creative Work Amrita Yoga Until 7.06PM then Siddha Yoga				
<b>3</b>	<b>Wednesday, July 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Birming., UK <b>Sutra 106</b> Khara 5113
	433876152	<b>Gulika</b> 10:14AM – 12:12PM <b>Yama</b> 6:17AM – 8:15AM <b>Rahu</b> 12:12PM – 2:11PM	<b>Mrigasira Until 2:27AM Thu</b> Dhruva Until 1:46PM Kaulava Until 10:34AM Dvadasi* Until 10:34PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:06PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>	<b>Sun 11</b> Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Wrishabha Rasi: 25.35 Creative Work Siddha Yoga Until 7.06PM then Marana Yoga				
<b>4</b>	<b>Thursday, July 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Birming., UK <b>Sutra 107</b> Khara 5113
	433876152	<b>Gulika</b> 8:16AM – 10:14AM <b>Yama</b> 4:20AM – 6:18AM <b>Rahu</b> 2:10PM – 4:08PM	<b>Ardra Until 3:02AM Fri</b> Vyaghata* Until 12:41PM Gara Until 10:27AM Trayodasi* Until 10:27PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:20AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:04PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>	<b>Sun 12</b> Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Mithuna Rasi: 9 Routine Work Marana Yoga Until 7.06PM then Siddha Yoga				
<b>5</b>	<b>Friday, July 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Birming., UK <b>Sutra 108</b> Khara 5113
	433876152	<b>Gulika</b> 6:19AM – 8:17AM <b>Yama</b> 4:07PM – 6:05PM <b>Rahu</b> 10:14AM – 12:12PM	<b>Punarvasu Until 1:25AM Sat</b> Harshana Until 10:35AM Visti Until 9:17AM Chaturdasi* Until 8:21PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:21AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:03PM <b>Nataraja:</b> Clear Moon – Blue <b>Ashada*Adi</b>	<b>Sun 13</b> Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Mithuna Rasi: 22.01 Creative Work Siddha Yoga Until 7.06PM then Marana Yoga Until 1:25AM Sat then Siddha Yoga				
<b>6</b>	<b>Saturday, July 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Birming., UK <b>Sutra 109</b> Khara 5113
	433876152	<b>Gulika</b> 4:23AM – 6:20AM <b>Yama</b> 2:09PM – 4:07PM <b>Rahu</b> 8:17AM – 10:15AM	<b>Pushya Until 12:37AM Sun</b> Vajra* Until 8:19AM Catuspada Until 7:44AM Amavasya* Until 6:48PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:23AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:01PM <b>Nataraja:</b> Clear Moon – Blue <b>Ashada*Adi</b>	<b>Sun 14</b> Moon 7 - Phase 14 Amavasya <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Kataka Rasi: 5.49 Creative Work Siddha Yoga				
<b>7</b>	<b>Sunday, July 31, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Birming., UK <b>Sutra 110</b> Khara 5113
	433876152	<b>Gulika</b> 4:06PM – 6:03PM <b>Yama</b> 12:12PM – 2:09PM <b>Rahu</b> 6:03PM – 8:00PM	<b>Aslesha* Until 11:14PM</b> Vyatipata* Until 2:50AM Mon Balava Until 3:42AM Mon Prathama* Until 4:37PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:24AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 8:00PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Adi</b>	<b>Sun 15</b> Moon 7 - Phase 14 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Kataka Rasi: 19.57 Creative Work Siddha Yoga				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

<b>1</b>	<b>Monday, August 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Birming., UK
	Simha Rasi: 4.21      Tithi 2 - 3 Family Home Evening      453876152 Creative Work      Siddha Yoga	<b>Gulika</b> 2:08PM - 4:05PM <b>Yama</b> 10:15AM - 12:12PM <b>Rahu</b> 6:22AM - 8:19AM	<b>Magha* Until 8:23PM</b> Variyan Until 10:30PM Taitila Until 11:40PM <b>Dvitiya Until 1:23PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:26AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:58PM <b>Nataraja:</b> Clear Moon - Red <b>Sravana-Adi</b>	<b>Sun 16</b> <b>Sutra 111</b> Khara 5113 Moon 7 - Phase 15 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Tuesday, August 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Birming., UK
	Simha Rasi: 18.54      Tithi 3 - 4 Creative Work      Siddha Yoga Until 6:25PM then Amrita Yoga	<b>Gulika</b> 12:12PM - 2:08PM <b>Yama</b> 8:20AM - 10:16AM <b>Rahu</b> 4:04PM - 6:00PM	<b>Purvaphalguni* Until 6:25PM</b> Parigha* Until 7:14PM Vanija Until 8:56PM <b>Tritiya Until 10:39AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:56PM <b>Nataraja:</b> Clear Moon - Red <b>Sravana-Adi</b>	<b>Sun 17</b> <b>Sutra 112</b> Khara 5113 Moon 7 - Phase 15 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Wednesday, August 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Vistii/Bava Karana Chaturthi/Panchami Yam Titau			Birming., UK
	Kanya Rasi: 3.3      Tithi 4 - 5 Creative Work      Amrita Yoga Until 4:24PM then Siddha Yoga Until 7.06PM then no yoga	<b>Gulika</b> 10:16AM - 12:12PM <b>Yama</b> 6:25AM - 8:20AM <b>Rahu</b> 12:12PM - 2:07PM	<b>Uttaraphalguni Until 4:24PM</b> Shiva Until 4:33PM Bava Until 6:07PM <b>Chaturthi* Until 7:50AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:54PM <b>Nataraja:</b> Clear Moon - Red <b>Sravana-Adi</b>	<b>Sun 18</b> <b>Sutra 113</b> Khara 5113 Moon 7 - Phase 15 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Thursday, August 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			Birming., UK
	Kanya Rasi: 18.02      Tithi 6 No Yoga Until 3:05PM then Siddha Yoga	<b>Gulika</b> 8:21AM - 10:16AM <b>Yama</b> 4:31AM - 6:26AM <b>Rahu</b> 2:07PM - 4:02PM	<b>Hasta Until 3:05PM</b> Siddha Until 1:06PM Kaulava Until 4:08PM <b>Shasthi* Until 3:13AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:31AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:53PM <b>Nataraja:</b> Clear Moon - Green <b>Sravana-Adi</b>	<b>Sun 19</b> <b>Sutra 114</b> Khara 5113 Moon 7 - Phase 15 3rd Phase <b>Devaloka Day</b>

<b>5</b>	<b>Friday, August 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau			Birming., UK
	Tula Rasi: 2.26      Tithi 7 Creative Work      Siddha Yoga	<b>Gulika</b> 6:27AM - 8:22AM <b>Yama</b> 4:01PM - 5:56PM <b>Rahu</b> 10:17AM - 12:12PM	<b>Chitra Until 1:16PM</b> Sadhya Until 9:52AM Gara Until 1:29PM <b>Saptami Until 12:34AM Sat</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:32AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:51PM <b>Nataraja:</b> Clear Moon - Green <b>Sravana-Adi</b>	<b>Sun 20</b> <b>Sutra 115</b> Khara 5113 Moon 7 - Phase 15 3rd Phase <b>Devaloka Day</b>

<b>D</b>	<b>Saturday, August 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Vistii/Bava Karana Ashtami* Yam Titau			Birming., UK
	<b>Retreat Star</b> Tula Rasi: 16.37      Tithi 8 Creative Work      Siddha Yoga Until 7.05PM then Marana Yoga	<b>Gulika</b> 4:34AM - 6:28AM <b>Yama</b> 2:06PM - 4:00PM <b>Rahu</b> 8:23AM - 10:17AM	<b>Svati Until 11:48AM</b> Subha Until 6:58AM Vistii Until 11:12AM <b>Ashtami* Until 10:17PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:34AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:49PM <b>Nataraja:</b> Clear Moon - Green <b>Sravana-Adi</b>	<b>Sun 21</b> <b>Sutra 116</b> Khara 5113 Moon 7 - Phase 15 Ashtami <b>Devaloka Day</b>

<b>S</b>	<b>Sunday, August 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau			Birming., UK
	<b>Retreat Star</b> Vrischika Rasi: 0.35      Tithi 9 Routine Work      Marana Yoga Until 7.05PM then Siddha Yoga	<b>Gulika</b> 3:59PM - 5:53PM <b>Yama</b> 12:11PM - 2:05PM <b>Rahu</b> 5:53PM - 7:47PM	<b>Visakha Until 10:42AM</b> Brahma Until 1:45AM Mon Balava Until 9:21AM <b>Navami* Until 8:25PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:35AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:47PM <b>Nataraja:</b> Clear Moon - Orange <b>Sravana-Adi</b>	<b>Sun 22</b> <b>Sutra 117</b> Khara 5113 Moon 7 - Phase 15 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Monday, August 8, 2011</p> <p>Vrischika Rasi: 14.2      Tithi 10</p> <p>Family Home Evening      474976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau			Birming., UK <b>Sun 23</b> <b>Sutra 118</b> Khara 5113 Moon 7 - Phase 16 4th Phase
	<b>Gulika</b> 2:05PM – 3:58PM <b>Yama</b> 10:18AM – 12:11PM <b>Rahu</b> 6:31AM – 8:24AM	<b>Anuradha Until 10:01AM</b> Indra Until 12:50AM Tue Tailila Until 7:54AM <b>Dasami Until 6:59PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:37AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:45PM <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Tuesday, August 9, 2011</p> <p>Vrischika Rasi: 27.5      Tithi 11</p> <p>474976152</p> <p>Creative Work      Siddha Yoga</p> <p>Until 9:59AM then Amrita Yoga</p> <p>Until 7:05PM then Marana Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Birming., UK <b>Sun 24</b> <b>Sutra 119</b> Khara 5113 Moon 7 - Phase 16 4th Phase
	<b>Gulika</b> 12:11PM – 2:04PM <b>Yama</b> 8:25AM – 10:18AM <b>Rahu</b> 3:57PM – 5:50PM	<b>Jyeshtha* Until 9:59AM</b> Vaidhriti* Until 10:52PM Vanija Until 6:57AM <b>Ekadasi Until 6:57PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:39AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:43PM <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Wednesday, August 10, 2011</p> <p>Dhanus Rasi: 11.09      Tithi 12</p> <p>484976152</p> <p>Routine Work      Marana Yoga</p> <p>Until 10:02AM then Amrita Yoga</p> <p>Until 7:05PM then Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau			Birming., UK <b>Sun 25</b> <b>Sutra 120</b> Khara 5113 Moon 7 - Phase 16 4th Phase
	<b>Gulika</b> 10:18AM – 12:11PM <b>Yama</b> 6:33AM – 8:26AM <b>Rahu</b> 12:11PM – 2:04PM	<b>Mula* Until 10:02AM</b> Vishkambha* Until 9:17PM Bava Until 6:16AM <b>Dvadasi Until 6:16PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:40AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	<b>Devaloka Day</b>

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Thursday, August 11, 2011</p> <p>Dhanus Rasi: 24.15      Tithi 13 – 14</p> <p>484976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti* Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Birming., UK <b>Sun 26</b> <b>Sutra 121</b> Khara 5113 Moon 7 - Phase 16 4th Phase
	<b>Gulika</b> 8:26AM – 10:19AM <b>Yama</b> 4:42AM – 6:34AM <b>Rahu</b> 2:03PM – 3:55PM	<b>Purvashadha* Until 10:28AM</b> Priti Until 8:02PM Gara Until 5:58AM Fri <b>Trayodasi Until 5:58PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:42AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	<b>Devaloka Day</b>

<h1 style="font-size: 2em; margin: 0;">5</h1> <p>Friday, August 12, 2011</p> <p>Makara Rasi: 7.1      Tithi 14</p> <p>484976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Birming., UK <b>Sun 27</b> <b>Sutra 122</b> Khara 5113 Moon 7 - Phase 16 4th Phase
	<b>Gulika</b> 6:35AM – 8:27AM <b>Yama</b> 3:54PM – 5:46PM <b>Rahu</b> 10:19AM – 12:11PM	<b>Uttarashadha Until 11:15AM</b> Ayushman Until 7:07PM Gara Until 6:04AM <b>Chaturdasi* Until 6:04PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:44AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:38PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	<b>Devaloka Day</b>

<h1 style="font-size: 2em; margin: 0;">O</h1> <p>Saturday, August 13, 2011</p> <p><b>Copper Retreat Star</b></p> <p>Makara Rasi: 19.53      Tithi 15</p> <p>494976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau			Birming., UK <b>Sun 28</b> <b>Sutra 123</b> Khara 5113 Moon 7 - Phase 16 Purnima
	<b>Gulika</b> 4:45AM – 6:36AM <b>Yama</b> 2:02PM – 3:53PM <b>Rahu</b> 8:28AM – 10:19AM <b>Raksha Bandhan</b>	<b>Sravana Until 12:23PM</b> Saubhagya Until 7:29PM Visti Until 6:33AM <b>Purnima* Until 6:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:45AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:36PM <b>Nataraja:</b> Clear Moon – Purple <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">S</h1> <p>Sunday, August 14, 2011</p> <p><b>Silver Retreat Star</b></p> <p>Kumbha Rasi: 2.24      Tithi 16</p> <p>494976152</p> <p>Creative Work      Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau			Birming., UK <b>Sun 29</b> <b>Sutra 124</b> Khara 5113 Moon 7 - Phase 16 Prathama
	<b>Gulika</b> 3:52PM – 5:43PM <b>Yama</b> 12:10PM – 2:01PM <b>Rahu</b> 5:43PM – 7:34PM	<b>Dhanishtha Until 2:32PM</b> Sobhana Until 7:12PM Balava Until 7:33AM <b>Prathama* Until 8:39PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:47AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:34PM <b>Nataraja:</b> Clear Moon – Purple <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634





**Monday, August 15, 2011**  
**Gold Retreat Star**

Kumbha Rasi: 14.45    Tithi 17  
**Family Home Evening**    494976152  
Creative Work    Siddha Yoga  
Until 4:30PM then no yoga  
Until 7.04PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau    **Sun 1**    **Birming., UK**  
**Sutra 125**  
Khara 5113  
**Gulika**    2:00PM – 3:51PM    **Satabhisha Until 4:30PM**    **Ganesha:** Purple    *Sunrise:* 4:48AM  
**Yama**    10:20AM – 12:10PM    **Athiganda\* Until 7:15PM**    **Muruqa:** Yellow    *Sunset:* 7:32PM    Moon 8 - Phase 17  
**Rahu**    6:39AM – 8:29AM    **Taitila Until 8:54AM**    **Nataraja:** Clear    **Bhuloka Day**  
Moon – Purple    **Devaloka Time: 3:PM to 6:PM**  
**Sravana-Adi**

**1** **Tuesday, August 16, 2011**

Kumbha Rasi: 26.55    Tithi 18  
414976152  
Routine Work    Marana Yoga  
Until 6:49PM then Amrita Yoga  
Until 7.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiya Yam Titau    **Sun 2**    **Birming., UK**  
**Sutra 126**  
Khara 5113  
**Gulika**    12:10PM – 2:00PM    **Purvaprostapada\* Until 6:49PM**    **Ganesha:** White    *Sunrise:* 4:50AM  
**Yama**    8:30AM – 10:20AM    **Sukarma Until 7:37PM**    **Muruqa:** Yellow    *Sunset:* 7:30PM    Moon 8 - Phase 17  
**Rahu**    3:50PM – 5:40PM    **Vanija Until 10:36AM**    **Nataraja:** Clear    **Bhuloka Day**  
Moon – Clear    **Devaloka Time: 3:PM to 6:PM**  
**Sravana-Adi**

**2** **Wednesday, August 17, 2011**

Meena Rasi: 8.58    Tithi 19  
415976152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi\* Yam Titau    **Sun 3**    **Birming., UK**  
**Sutra 127**  
Khara 5113  
**Gulika**    10:20AM – 12:10PM    **Uttaraprostapada Until 9:25PM**    **Ganesha:** Clear    *Sunrise:* 4:52AM  
**Yama**    6:41AM – 8:31AM    **Dhriti Until 8:14PM**    **Muruqa:** Yellow    *Sunset:* 7:28PM    Moon 8 - Phase 17  
**Rahu**    12:10PM – 1:59PM    **Bava Until 12:38PM**    **Nataraja:** Clear    **Devaloka Day**  
Moon – Clear    **Sravana-Avani**

**3** **Thursday, August 18, 2011**

Meena Rasi: 20.53    Tithi 20  
515976152  
Creative Work    Siddha Yoga  
Until 12:14AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchami Yam Titau    **Sun 4**    **Birming., UK**  
**Sutra 128**  
Khara 5113  
**Gulika**    8:31AM – 10:20AM    **Revati Until 12:14AM Fri**    **Ganesha:** Purple    *Sunrise:* 4:53AM  
**Yama**    4:53AM – 6:42AM    **Shula\* Until 9:04PM**    **Muruqa:** Yellow    *Sunset:* 7:29PM    Moon 8 - Phase 17  
**Rahu**    1:58PM – 3:47PM    **Kaulava Until 2:54PM**    **Nataraja:** Clear    **Sivaloka Day**  
Moon – Clear    **Sravana-Avani**

**4** **Friday, August 19, 2011**

Mesha Rasi: 2.44    Tithi 21  
525976152  
Creative Work    Amrita Yoga  
Until 7.03PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini Nakshatra Ganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau    **Sun 5**    **Birming., UK**  
**Sutra 129**  
Khara 5113  
**Gulika**    6:44AM – 8:32AM    **Asvini Until 3:11AM Sat**    **Ganesha:** Clear    *Sunrise:* 4:55AM  
**Yama**    3:46PM – 5:35PM    **Ganda\* Until 10:01PM**    **Muruqa:** Yellow    *Sunset:* 7:23PM    Moon 8 - Phase 17  
**Rahu**    10:21AM – 12:09PM    **Gara Until 5:18PM**    **Nataraja:** Clear    **Devaloka Day**  
Moon – White    **Sravana-Avani**

**5** **Saturday, August 20, 2011**

Mesha Rasi: 15    Tithi 21 – 22  
525976152  
Creative Work    Siddha Yoga  
Until 7.03PM then no yoga  
Until 6:18AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau    **Sun 6**    **Birming., UK**  
**Sutra 130**  
Khara 5113  
**Gulika**    4:57AM – 6:45AM    **Bharani Until 6:18AM Sun**    **Ganesha:** Clear    *Sunrise:* 4:57AM  
**Yama**    1:57PM – 3:45PM    **Vriddhi Until 10:58PM**    **Muruqa:** Yellow    *Sunset:* 7:21PM    Moon 8 - Phase 17  
**Rahu**    8:33AM – 10:21AM    **Visti Until 7:43PM**    **Nataraja:** Clear    **Devaloka Day**  
Moon – White    **Sravana-Avani**

**Sunday, August 21, 2011**  
**Retreat Star**

Mesha Rasi: 26.31    Tithi 22 – 23  
525976152  
No Yoga  
Until 6:18AM then Siddha Yoga  
Until 7.03PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau    **Sun 7**    **Birming., UK**  
**Sutra 131**  
Khara 5113  
**Gulika**    3:44PM – 5:31PM    **Bharani Until 6:18AM**    **Ganesha:** Clear    *Sunrise:* 4:58AM  
**Yama**    12:09PM – 1:56PM    **Dhruva Until 11:47PM**    **Muruqa:** Yellow    *Sunset:* 7:19PM    Moon 8 - Phase 17  
**Rahu**    5:31PM – 7:19PM    **Balava Until 9:59PM**    **Nataraja:** Clear    **Devaloka Day**  
Moon – White    **Sravana-Avani**  
**Krishna Janmashtami**    **Saptami Until 8:53AM**

**Monday, August 22, 2011**  
**Retreat Star**

Mrishabha Rasi: 8.35    Tithi 23 – 24  
**Family Home Evening**    525976152  
No Yoga  
Until 8:49AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau    **Sun 8**    **Birming., UK**  
**Sutra 132**  
Khara 5113  
**Gulika**    1:56PM – 3:43PM    **Krittika Until 8:49AM**    **Ganesha:** Clear    *Sunrise:* 5:00AM  
**Yama**    10:21AM – 12:08PM    **Vyaghata\* Until 12:20AM Tue**    **Muruqa:** Yellow    *Sunset:* 7:17PM    Moon 8 - Phase 17  
**Rahu**    6:47AM – 8:34AM    **Taitila Until 11:55PM**    **Nataraja:** Clear    **Devaloka Day**  
Moon – White    **Sravana-Avani**


<b>1</b>	<b>Tuesday, August 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Birming., UK
	Wishabha Rasi: 20.55    Tithi 24 – 25 535976152	<b>Gulika</b> 12:08PM – 1:55PM <b>Yama</b> 8:35AM – 10:22AM <b>Rahu</b> 3:41PM – 5:28PM	<b>Rohini Until 10:28AM</b> Harshana Until 11:07PM Vanija Until 11:43PM <b>Navami* Until 11:43AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:02AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:15PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	<b>Sun 9</b> <b>Sutra 133</b> Khara 5113 Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
	Creative Work    Amrita Yoga Until 10:28AM then Siddha Yoga				

<b>2</b>	<b>Wednesday, August 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Birming., UK
	Mithuna Rasi: 3.34    Tithi 25 – 26 535976152	<b>Gulika</b> 10:22AM – 12:08PM <b>Yama</b> 6:49AM – 8:36AM <b>Rahu</b> 12:08PM – 1:54PM	<b>Mrigasira Until 11:44AM</b> Vajra* Until 10:39PM Bava Until 12:21AM Thu <b>Dasami Until 12:21PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:03AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:13PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	<b>Sun 10</b> <b>Sutra 134</b> Khara 5113 Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 7:02PM then Marana Yoga				

<b>3</b>	<b>Thursday, August 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Birming., UK
	Mithuna Rasi: 16.37    Tithi 26 – 27 535976152	<b>Gulika</b> 8:36AM – 10:22AM <b>Yama</b> 5:05AM – 6:51AM <b>Rahu</b> 1:53PM – 3:39PM	<b>Ardra Until 11:48AM</b> Siddhi Until 9:28PM Kaulava Until 10:46PM <b>Ekadasi* Until 11:41AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:05AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:10PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	<b>Sun 11</b> <b>Sutra 135</b> Khara 5113 Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
	Routine Work    Marana Yoga Until 11:48AM then Amrita Yoga Until 7:02PM then Siddha Yoga				

<b>4</b>	<b>Friday, August 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Birming., UK
	Kataka Rasi: 0.08    Tithi 27 – 28 545976152	<b>Gulika</b> 6:52AM – 8:37AM <b>Yama</b> 3:38PM – 5:23PM <b>Rahu</b> 10:22AM – 12:07PM	<b>Punarvasu Until 11:30AM</b> Vyatipata* Until 6:36PM Gara Until 9:45PM <b>Dvadasi* Until 10:41AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:07AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:08PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Avani</b>	<b>Sun 12</b> <b>Sutra 136</b> Khara 5113 Moon 8 - Phase 18 2nd Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 11:30AM then Marana Yoga Until 7:01PM then Siddha Yoga				

<b>5</b>	<b>Saturday, August 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Birming., UK
	Kataka Rasi: 14.07    Tithi 28 – 29 546976152	<b>Gulika</b> 5:08AM – 6:53AM <b>Yama</b> 1:52PM – 3:37PM <b>Rahu</b> 8:38AM – 10:22AM	<b>Pushya Until 10:23AM</b> Variyan Until 4:02PM Visti Until 7:53PM <b>Trayodasi* Until 8:49AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:08AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:06PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Avani</b>	<b>Sun 13</b> <b>Sutra 137</b> Khara 5113 Moon 8 - Phase 18 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work    Siddha Yoga Until 10:23AM then Marana Yoga Until 7:01PM then Siddha Yoga				

	<b>Sunday, August 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Naga* Karana Chaturdasi*/Amavasya* Yam Titau			Birming., UK
	<b>Retreat Star</b> Kataka Rasi: 28.31    Tithi 29 – 30 546976153	<b>Gulika</b> 3:35PM – 5:19PM <b>Yama</b> 12:07PM – 1:51PM <b>Rahu</b> 5:19PM – 7:04PM	<b>Aslesha* Until 8:23AM</b> Parigha* Until 12:21PM Naga Until 2:43AM Mon <b>Chaturdasi* Until 6:09AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:10AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:04PM <b>Nataraja:</b> White Moon – Blue <b>Sravana*Avani</b>	<b>Sun 14</b> <b>Sutra 138</b> Khara 5113 Moon 8 - Phase 18 Amavasya <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 8:23AM then Marana Yoga Until 7:01PM then Siddha Yoga				

<b>Retreat Star</b>	<b>Monday, August 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Birming., UK
	Simha Rasi: 13.14    Tithi 1 <b>Family Home Evening</b> 556176153	<b>Gulika</b> 1:50PM – 3:34PM <b>Yama</b> 10:23AM – 12:07PM <b>Rahu</b> 6:55AM – 8:39AM	<b>Magha* Until 6:09AM</b> Shiva Until 8:48AM Kintughna Until 1:25PM <b>Prathama* Until 11:42PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:12AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:01PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada*Avani</b>	<b>Sun 15</b> <b>Sutra 139</b> Khara 5113 Moon 8 - Phase 18 Prathama <b>Devaloka Day</b>
	Creative Work    Siddha Yoga				

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

**1 Tuesday, August 30, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Birming., UK  
 Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau Sun 16 Sutra 140  
 Khara 5113  
**Gulika** 12:06PM – 1:49PM **Uttaraphalguni Until 12:55AM Wed** **Ganesha:** Blue *Sunrise:* 5:13AM  
**Yama** 8:40AM – 10:23AM **Sadhya Until 12:57AM Wed** **Muruqa:** Yellow *Sunset:* 6:59PM Moon 8 - Phase 19  
**Rahu** 3:33PM – 5:16PM **Balava Until 10:02AM** **Nataraja:** White  
 Moon – Red  
**Devaloka Day**  
 Creative Work Amrita Yoga  
**Bhadrapada-Avani**  
 Until 12:55AM Wed then Siddha Yoga

**2 Wednesday, August 31, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Birming., UK  
 Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthi\* Yam Titau Sun 17 Sutra 141  
 Khara 5113  
**Gulika** 10:23AM – 12:06PM **Hasta Until 10:16PM** **Ganesha:** Blue *Sunrise:* 5:15AM  
**Yama** 6:58AM – 8:40AM **Subha Until 9:01PM** **Muruqa:** Yellow *Sunset:* 6:57PM Moon 8 - Phase 19  
**Rahu** 12:06PM – 1:49PM **Taitila Until 6:33AM** **Nataraja:** White  
 Moon – Green  
**Devaloka Day**  
 Creative Work Siddha Yoga  
**Bhadrapada-Avani**  
 Until 7:00PM then no yoga  
 Until 10:16PM then Siddha Yoga

**3 Thursday, September 1, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Birming., UK  
 Chitra Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Chaturthi\*/Panchami Yam Titau Sun 18 Sutra 142  
 Khara 5113  
**Gulika** 8:41AM – 10:23AM **Chitra Until 7:45PM** **Ganesha:** Blue *Sunrise:* 5:17AM  
**Yama** 5:17AM – 6:59AM **Sukla Until 5:12PM** **Muruqa:** Yellow *Sunset:* 6:55PM Moon 8 - Phase 19  
**Rahu** 1:48PM – 3:30PM **Bava Until 11:48PM** **Nataraja:** White  
 Moon – Green  
**Devaloka Day**  
 Creative Work Siddha Yoga  
**Bhadrapada-Avani**  
**Ganesha Chaturthi** **Chaturthi\* Until 1:31PM**

**4 Friday, September 2, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Birming., UK  
 Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi\* Yam Titau Sun 19 Sutra 143  
 Khara 5113  
**Gulika** 7:00AM – 8:42AM **Svati Until 6:25PM** **Ganesha:** Blue *Sunrise:* 5:18AM  
**Yama** 3:29PM – 5:11PM **Brahma Until 2:14PM** **Muruqa:** Yellow *Sunset:* 6:52PM Moon 8 - Phase 19  
**Rahu** 10:23AM – 12:05PM **Kaulava Until 10:00PM** **Nataraja:** White  
 Moon – Green  
**Devaloka Day**  
 Creative Work Siddha Yoga  
**Bhadrapada-Avani**  
 Until 6:25PM then Marana Yoga  
 Until 6:59PM then Siddha Yoga

**5 Saturday, September 3, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Birming., UK  
 Visakha/Anuradha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Shasthi\*/Saptami Yam Titau Sun 20 Sutra 144  
 Khara 5113  
**Gulika** 5:20AM – 7:01AM **Visakha Until 4:37PM** **Ganesha:** Blue *Sunrise:* 5:20AM  
**Yama** 1:46PM – 3:27PM **Indra Until 11:01AM** **Muruqa:** Yellow *Sunset:* 6:50PM Moon 8 - Phase 19  
**Rahu** 8:42AM – 10:24AM **Gara Until 7:24PM** **Nataraja:** White  
 Moon – Orange  
**Subha Sivaloka Day**  
 Creative Work Siddha Yoga  
**Bhadrapada-Avani**  
 Until 6:59PM then Marana Yoga

**Sunday, September 4, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Birming., UK  
 Anuradha/Jyeshtha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Bava Karana Saptami/Ashtami\* Yam Titau Sun 21 Sutra 145  
 Khara 5113  
**Gulika** 3:26PM – 5:07PM **Anuradha Until 3:26PM** **Ganesha:** Blue *Sunrise:* 5:21AM  
**Yama** 12:05PM – 1:45PM **Vaidhriti\* Until 8:21AM** **Muruqa:** Yellow *Sunset:* 6:48PM Moon 8 - Phase 19  
**Rahu** 5:07PM – 6:48PM **Bava Until 4:31AM Mon** **Nataraja:** White  
 Moon – Orange  
**Subha Sivaloka Day**  
 Routine Work Marana Yoga  
**Bhadrapada-Avani**  
 Until 6:59PM then Siddha Yoga

**Monday, September 5, 2011** Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Birming., UK  
 Jyeshtha\*/Mula\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Navami\* Yam Titau Sun 22 Sutra 146  
 Khara 5113  
**Gulika** 1:45PM – 3:25PM **Jyeshtha\* Until 3:32PM** **Ganesha:** Blue *Sunrise:* 5:23AM  
**Yama** 10:24AM – 12:04PM **Vishkambha\* Until 6:17AM** **Muruqa:** Yellow *Sunset:* 6:45PM Moon 8 - Phase 19  
**Rahu** 7:03AM – 8:44AM **Balava Until 5:00PM** **Nataraja:** White  
 Moon – Orange  
**Subha Sivaloka Day**  
 Creative Work Siddha Yoga  
**Bhadrapada-Avani**  
 Family Home Evening  
 Until 6:58PM then Amrita Yoga  
**Navami\* Until 5:00AM Tue**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Munda 1.1.7. bo UpR, 673


<b>1</b>	<b>Tuesday, September 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Tailila/Gara Karana Dasami Yam Titau		Birming., UK
			Sun 23	<b>Sutra 147</b> Khara 5113
Dhanus Rasi: 8.1	Tithi 10	<b>Gulika</b> 12:04PM – 1:44PM <b>Yama</b> 8:44AM – 10:24AM <b>Rahu</b> 3:24PM – 5:03PM	<b>Mula* Until 3:32PM</b> Ayushman Until 3:29AM Wed Tailila Until 4:16PM <b>Dasami Until 4:16AM Wed</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:43PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
Creative Work Amrita Yoga Until 3:32PM then Siddha Yoga Until 6:58PM then Amrita Yoga	587176153			Sivaloka Day Moon 8 - Phase 20 4th Phase

<b>2</b>	<b>Wednesday, September 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Birming., UK
			Sun 24	<b>Sutra 148</b> Khara 5113
Dhanus Rasi: 21.13	Tithi 11	<b>Gulika</b> 10:24AM – 12:04PM <b>Yama</b> 7:06AM – 8:45AM <b>Rahu</b> 12:04PM – 1:43PM	<b>Purvashadha* Until 4:04PM</b> Saubhagya Until 2:19AM Thu Vanija Until 4:07PM <b>Ekadasi Until 4:07AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:41PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
Creative Work Amrita Yoga Until 6:58PM then Siddha Yoga	587176153			Sivaloka Day Moon 8 - Phase 20 4th Phase

<b>3</b>	<b>Thursday, September 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau		Birming., UK
			Sun 25	<b>Sutra 149</b> Khara 5113
Makara Rasi: 4.01	Tithi 12	<b>Gulika</b> 8:46AM – 10:24AM <b>Yama</b> 5:28AM – 7:07AM <b>Rahu</b> 1:42PM – 3:21PM	<b>Uttarashadha Until 5:03PM</b> Sobhana Until 1:33AM Fri Bava Until 4:27PM <b>Dvadasi Until 4:27AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada*Avani</b>
Creative Work Siddha Yoga	587176153			Sivaloka Day Moon 8 - Phase 20 4th Phase

<b>4</b>	<b>Friday, September 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Trayodasi Yam Titau		Birming., UK
			Sun 26	<b>Sutra 150</b> Khara 5113
Makara Rasi: 16.37	Tithi 13	<b>Gulika</b> 7:08AM – 8:46AM <b>Yama</b> 3:20PM – 4:58PM <b>Rahu</b> 10:25AM – 12:03PM	<b>Sravana Until 7:26PM</b> Athiganda* Until 2:37AM Sat Kaulava Until 6:12PM <b>Trayodasi Until 6:17AM Sat</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:36PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
Creative Work Siddha Yoga	597176153			Subha Sivaloka Day Moon 8 - Phase 20 4th Phase

<b>5</b>	<b>Saturday, September 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Tailila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau		Birming., UK
			Sun 27	<b>Sutra 151</b> Khara 5113
Makara Rasi: 29.04	Tithi 13 – 14	<b>Gulika</b> 5:31AM – 7:09AM <b>Yama</b> 1:40PM – 3:18PM <b>Rahu</b> 8:47AM – 10:25AM	<b>Dhanishtha Until 9:13PM</b> Sukarma Until 2:29AM Sun Gara Until 7:22PM <b>Trayodasi Until 6:17AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:34PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
Creative Work Siddha Yoga	598176153	Chidambaram Abhishekam		Sivaloka Day Moon 8 - Phase 20 4th Phase

	<b>Sunday, September 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Birming., UK
	<b>Copper Retreat Star</b>			<b>Sutra 152</b> Khara 5113
Kumbha Rasi: 11.21	Tithi 14 – 15	<b>Gulika</b> 3:17PM – 4:54PM <b>Yama</b> 12:02PM – 1:40PM <b>Rahu</b> 4:54PM – 6:31PM	<b>Satabhisha Until 11:18PM</b> Dhriti Until 2:36AM Mon Visti Until 8:51PM <b>Chaturdasi* Until 7:46AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada*Avani</b>
Creative Work Siddha Yoga Until 11:18PM then no yoga	598176153	Grandparent's Day		Sivaloka Day Moon 8 - Phase 20 Purnima

<b>Monday, September 12, 2011</b>	<b>Silver Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Birming., UK
				<b>Sutra 153</b> Khara 5113
Kumbha Rasi: 23.31	Tithi 15 – 16	<b>Gulika</b> 1:39PM – 3:15PM <b>Yama</b> 10:25AM – 12:02PM <b>Rahu</b> 7:11AM – 8:48AM	<b>Purvaprostapada* Until 1:38AM Tue</b> Shula* Until 2:58AM Tue Balava Until 10:37PM <b>Purnima* Until 9:32AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> White <i>Sunset:</i> 6:29PM <b>Nataraja:</b> White Moon – Clear <b>Bhadrapada*Avani</b>
Family Home Evening No Yoga Until 6:56PM then Marana Yoga Until 1:38AM Tue then Amrita Yoga	518186153			Subha Sivaloka Day Moon 8 - Phase 20 Prathama

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



**Tuesday, September 13, 2011**  
**Gold Retreat Star**

Meena Rasi: 5.34      Tithi 16 – 17  
518186153  
Creative Work    Amrita Yoga  
Until 6.56PM then Siddha Yoga  
Until 4:13AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    12:02PM – 1:38PM    **Uttaraprostapada Until 4:13AM Wed**  
**Yama**      8:49AM – 10:25AM    **Ganda\* Until 3:33AM Wed**  
**Rahu**      3:14PM – 4:50PM      **Taitila Until 12:38AM Wed**  
**Prathama\* Until 11:33AM**

Birming., UK  
**Sutra 154**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 5:38AM*  
Muruqa: White      *Sunset: 6:27PM*  
Nataraja: White  
Moon – Clear  
**Bhadrapada\*Avani**

**1**

**Wednesday, September 14, 2011**

Meena Rasi: 17.31      Tithi 17 – 18  
518186153  
Routine Work    Marana Yoga  
Until 6.55PM then Siddha Yoga  
Until 7:14AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    10:25AM – 12:01PM    **Revati Until 7:14AM Thu**  
**Yama**      7:14AM – 8:50AM      **Vriddhi Until 4:18AM Thu**  
**Rahu**      12:01PM – 1:37PM      **Vanija Until 2:52AM Thu**  
**Dvitiya Until 1:47PM**

Birming., UK  
**Sutra 155**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 5:38AM*  
Muruqa: White      *Sunset: 6:24PM*  
Nataraja: White  
Moon – Clear  
**Bhadrapada\*Avani**

**2**

**Thursday, September 15, 2011**

Meena Rasi: 29.23      Tithi 18 – 19  
518186153  
Creative Work    Siddha Yoga  
Until 7:14AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Asvini Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    8:50AM – 10:25AM    **Revati Until 7:14AM**  
**Yama**      5:40AM – 7:15AM      **Dhruva Until 5:12AM Fri**  
**Rahu**      1:36PM – 3:11PM      **Bava Until 5:17AM Fri**  
**Tritiya Until 4:11PM**

Birming., UK  
**Sutra 156**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 5:40AM*  
Muruqa: White      *Sunset: 6:22PM*  
Nataraja: White  
Moon – Clear  
**Bhadrapada\*Avani**

**3**

**Friday, September 16, 2011**

Mesha Rasi: 11.13      Tithi 19  
529186153  
Creative Work    Amrita Yoga  
Until 10:15AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini/Bharani Nakshatra Vyaghata\* Yoga Balava Karana Chaturthi\* Yam Titau  
**Gulika**    7:16AM – 8:51AM      **Asvini Until 10:15AM**  
**Yama**      3:10PM – 4:45PM      **Vyaghata\* Until 6:33AM Sat**  
**Rahu**      10:26AM – 12:00PM    **Balava Until 7:47AM Sat**  
**Chaturthi\* Until 6:41PM**

Birming., UK  
**Sutra 157**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
Ganesha: Red        *Sunrise: 5:41AM*  
Muruqa: White      *Sunset: 6:20PM*  
Nataraja: White  
Moon – White  
**Bhadrapada\*Avani**

**4**

**Saturday, September 17, 2011**

Mesha Rasi: 23.02      Tithi 20  
529186153  
Creative Work    Siddha Yoga  
Until 1:15PM then Amrita Yoga  
Until 6.54PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    5:43AM – 7:17AM      **Bharani Until 1:15PM**  
**Yama**      1:34PM – 3:09PM      **Vyaghata\* Until 6:33AM**  
**Rahu**      8:51AM – 10:26AM    **Kaulava Until 8:06AM**  
**Panchami Until 9:11PM**

Birming., UK  
**Sutra 158**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
Ganesha: Red        *Sunrise: 5:43AM*  
Muruqa: White      *Sunset: 6:17PM*  
Nataraja: White  
Moon – White  
**Bhadrapada\*Puratasi**

**5**

**Sunday, September 18, 2011**

Vrishabha Rasi: 4.56      Tithi 21  
529186153  
Creative Work    Siddha Yoga  
Until 6.54PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    3:07PM – 4:41PM      **Krittika Until 4:08PM**  
**Yama**      12:00PM – 1:34PM      **Harshana Until 7:24AM**  
**Rahu**      4:41PM – 6:15PM      **Gara Until 10:27AM**  
**Shasthi\* Until 11:32PM**

Birming., UK  
**Sutra 159**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
Ganesha: Red        *Sunrise: 5:45AM*  
Muruqa: White      *Sunset: 6:15PM*  
Nataraja: White  
Moon – White  
**Bhadrapada\*Puratasi**

**6**

**Monday, September 19, 2011**

Vrishabha Rasi: 16.59      Tithi 22  
539186153  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 6.43PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    1:33PM – 3:06PM      **Rohini Until 6:43PM**  
**Yama**      10:26AM – 11:59AM    **Vajra\* Until 7:59AM**  
**Rahu**      7:20AM – 8:53AM      **Visti Until 12:29PM**  
**Saptami Until 1:35AM Tue**

Birming., UK  
**Sutra 160**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Subha Sivaloka Day**  
Ganesha: Green     *Sunrise: 5:46AM*  
Muruqa: White      *Sunset: 6:13PM*  
Nataraja: White  
Moon – Yellow  
**Bhadrapada\*Puratasi**

**Retreat Star**

**Tuesday, September 20, 2011**

Vrishabha Rasi: 29.15      Tithi 23  
539186153  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    11:59AM – 1:32PM    **Mrigasira Until 7:42PM**  
**Yama**      8:53AM – 10:26AM    **Siddhi Until 7:59AM**  
**Rahu**      3:05PM – 4:37PM      **Balava Until 1:22PM**  
**Ashtami\* Until 1:22AM Wed**

Birming., UK  
**Sutra 161**  
Khara 5113  
Moon 9 - Phase 21  
Ashtami  
**Subha Subha Sivaloka Day**  
Ganesha: Green     *Sunrise: 5:48AM*  
Muruqa: White      *Sunset: 6:10PM*  
Nataraja: White  
Moon – Yellow  
**Bhadrapada\*Puratasi**

**Wednesday, September 21, 2011**

**Retreat Star**

Mithuna Rasi: 11.5      Tithi 24  
539186153  
Creative Work    Siddha Yoga  
Until 6.53PM then Marana Yoga  
Until 9:04PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    10:26AM – 11:59AM    **Ardra Until 9:04PM**  
**Yama**      7:22AM – 8:54AM      **Vyatipata\* Until 7:35AM**  
**Rahu**      11:59AM – 1:31PM      **Taitila Until 2:08PM**  
**Navami\* Until 2:08AM Thu**

Birming., UK  
**Sutra 162**  
Khara 5113  
Moon 9 - Phase 21  
Navami  
**Subha Subha Sivaloka Day**  
Ganesha: Green     *Sunrise: 5:50AM*  
Muruqa: White      *Sunset: 6:08PM*  
Nataraja: White  
Moon – Yellow  
**Bhadrapada\*Puratasi**


With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192

<b>1</b>	<b>Thursday, September 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau				Birming., UK
	Mithuna Rasi: 24.5	Tithi 25	<b>Gulika</b> 8:55AM – 10:27AM	<b>Punarvasu</b> Until 9:41PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:51AM	Sun 9 <b>Sutra 163</b> Khara 5113
		549186153	<b>Yama</b> 5:51AM – 7:23AM	Variyan Until 6:29AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 22
Creative Work	Amrita Yoga		<b>Rahu</b> 1:30PM – 3:02PM	Vanija Until 2:05PM	<b>Nataraja:</b> White		2nd Phase
Until 6:52PM then Siddha Yoga				<b>Dasami</b> Until 2:05AM Fri	<b>Bhadrapada*Puratasi</b>	<b>Subha Sivaloka Day</b>	
Until 9:41PM then Marana Yoga							

<b>2</b>	<b>Friday, September 23, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau				Birming., UK
	Kataka Rasi: 8.19	Tithi 26	<b>Gulika</b> 7:24AM – 8:55AM	<b>Pushya</b> Until 8:20PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:53AM	Sun 10 <b>Sutra 164</b> Khara 5113
		549286153	<b>Yama</b> 3:00PM – 4:32PM	Shiva Until 2:00AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 22
Routine Work	Marana Yoga		<b>Rahu</b> 10:27AM – 11:58AM	Bava Until 12:34PM	<b>Nataraja:</b> White		2nd Phase
Until 6:52PM then Siddha Yoga				<b>Ekadasi*</b> Until 11:38PM	<b>Bhadrapada*Puratasi</b>	<b>Sivaloka Day</b>	
Until 8:20PM then Marana Yoga							

<b>3</b>	<b>Saturday, September 24, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Birming., UK
	Kataka Rasi: 22.16	Tithi 27	<b>Gulika</b> 5:55AM – 7:25AM	<b>Aslesha*</b> Until 7:15PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM	Sun 11 <b>Sutra 165</b> Khara 5113
		541286153	<b>Yama</b> 1:28PM – 2:59PM	Siddha Until 11:25PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 22
Routine Work	Marana Yoga		<b>Rahu</b> 8:56AM – 10:27AM	Kaulava Until 10:44AM	<b>Nataraja:</b> White		2nd Phase
Until 6:52PM then Siddha Yoga				<b>Dvadasi*</b> Until 9:49PM	<b>Bhadrapada*Puratasi</b>	<b>Sivaloka Day</b>	
Until 7:15PM then Marana Yoga							

<b>4</b>	<b>Sunday, September 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Birming., UK
	Simha Rasi: 6.43	Tithi 28	<b>Gulika</b> 2:58PM – 4:28PM	<b>Magha*</b> Until 4:35PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:56AM	Sun 12 <b>Sutra 166</b> Khara 5113
		551286153	<b>Yama</b> 11:57AM – 1:28PM	Sadhya Until 7:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 22
Routine Work	Marana Yoga		<b>Rahu</b> 4:28PM – 5:58PM	Gara Until 7:54AM	<b>Nataraja:</b> White		2nd Phase
Until 4:35PM then Siddha Yoga				<b>Trayodasi*</b> Until 6:11PM	<b>Bhadrapada*Puratasi</b>	<b>Sivaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>			

	<b>Monday, September 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Birming., UK
	<b>Retreat Star</b>		<b>Gulika</b> 1:27PM – 2:56PM	<b>Purvaphalguni*</b> Until 2:11PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:58AM	Sun 13 <b>Sutra 167</b> Khara 5113
Simha Rasi: 21.34	Tithi 29 – 30		<b>Yama</b> 10:27AM – 11:57AM	Subha Until 3:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 22
<b>Family Home Evening</b>		551286153	<b>Rahu</b> 7:28AM – 8:57AM	Catuspada Until 1:16AM Tue	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga			<b>Chaturdasi*</b> Until 2:59PM	<b>Bhadrapada*Puratasi</b>	<b>Sivaloka Day</b>	
Until 2:11PM then Marana Yoga							
Until 6:51PM then Amrita Yoga							

<b>Retreat Star</b>	<b>Tuesday, September 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Birming., UK
	Kanya Rasi: 6.41	Tithi 30 – 1	<b>Gulika</b> 11:57AM – 1:26PM	<b>Uttaraphalguni</b> Until 11:19AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:00AM	Sun 14 <b>Sutra 168</b> Khara 5113
		551286153	<b>Yama</b> 8:58AM – 10:27AM	Sukla Until 11:19AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 22
Creative Work	Amrita Yoga		<b>Rahu</b> 2:55PM – 4:24PM	Kintughna Until 9:36PM	<b>Nataraja:</b> White		Prathama
Until 11:19AM then Siddha Yoga			<b>Navaratri Begins</b>	<b>Amavasya*</b> Until 11:19AM	<b>Ashvina*Puratasi</b>	<b>Sivaloka Day</b>	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

1	<b>Wednesday, September 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Prathama/Dvitiya Yam Titau		Birming., UK <b>Sutra 169</b> Khara 5113
	Kanya Rasi: 21.55      Tithi 1 – 2	<b>Gulika</b> 10:27AM – 11:56AM <b>Hasta</b> Until 8:16AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:01AM	Sun 15
	661286153	Yama    7:30AM – 8:59AM <b>Rahu</b> 11:56AM – 1:25PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:51PM <b>Nataraja:</b> White Moon – Green	Moon 9 - Phase 23 3rd Phase
Creative Work    Siddha Yoga		<b>Prathama* Until 7:27AM</b> <b>Ashvina•Puratasi</b>		<b>Sivaloka Day</b>

2	<b>Thursday, September 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiya Yam Titau		Birming., UK <b>Sutra 170</b> Khara 5113
	Tula Rasi: 7.07      Tithi 3	<b>Gulika</b> 8:59AM – 10:28AM <b>Svati</b> Until 2:38AM Fri	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:03AM	Sun 16
	661286153	Yama    6:03AM – 7:31AM <b>Rahu</b> 1:24PM – 2:52PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:49PM <b>Nataraja:</b> White Moon – Green	Moon 9 - Phase 23 3rd Phase
Creative Work    Amrita Yoga Until 6:50PM then Siddha Yoga Until 2:38AM Fri then Marana Yoga		<b>Vaidhriti* Until 10:44PM</b> <b>Taitila Until 1:57PM</b> <b>Tritiya Until 12:14AM Fri</b>		<b>Sivaloka Day</b>

3	<b>Friday, September 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Birming., UK <b>Sutra 171</b> Khara 5113
	Tula Rasi: 22.05      Tithi 4	<b>Gulika</b> 7:32AM – 9:00AM <b>Visakha</b> Until 12:00PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:05AM	Sun 17
	671286153	Yama    2:51PM – 4:19PM <b>Rahu</b> 10:28AM – 11:56AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:47PM <b>Nataraja:</b> White Moon – Orange	Moon 9 - Phase 23 3rd Phase
Routine Work    Marana Yoga Until 12:00PM then Siddha Yoga		<b>Vanija Until 10:31AM</b> <b>Chaturthi* Until 8:48PM</b>		<b>Sivaloka Day</b>

4	<b>Saturday, October 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau		Birming., UK <b>Sutra 172</b> Khara 5113
	Vrischika Rasi: 6.44      Tithi 5	<b>Gulika</b> 6:06AM – 7:34AM <b>Anuradha</b> Until 11:02PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:06AM	Sun 18
	671286153	Yama    1:22PM – 2:50PM <b>Rahu</b> 9:01AM – 10:28AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:44PM <b>Nataraja:</b> White Moon – Orange	Moon 9 - Phase 23 3rd Phase
Creative Work    Siddha Yoga Until 6:49PM then Marana Yoga		<b>Priti Until 3:58PM</b> <b>Bava Until 7:48AM</b> <b>Panchami Until 6:53PM</b>		<b>Sivaloka Day</b>

5	<b>Sunday, October 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Birming., UK <b>Sutra 173</b> Khara 5113
	Vrischika Rasi: 20.57      Tithi 6 – 7	<b>Gulika</b> 2:48PM – 4:15PM <b>Jyeshtha*</b> Until 9:30PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:08AM	Sun 19
	671286153	Yama    11:55AM – 1:22PM <b>Rahu</b> 4:15PM – 5:42PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:42PM <b>Nataraja:</b> White Moon – Orange	Moon 9 - Phase 23 3rd Phase
Routine Work    Marana Yoga Until 6:49PM then Siddha Yoga		<b>Ayushman Until 12:58PM</b> <b>Gara Until 3:40AM Mon</b> <b>Shasthi* Until 4:35PM</b>		<b>Sivaloka Day</b>

6	<b>Monday, October 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Birming., UK <b>Sutra 174</b> Khara 5113
	Dhanus Rasi: 4.44      Tithi 7 – 8	<b>Gulika</b> 1:21PM – 2:47PM <b>Mula*</b> Until 9:53PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:10AM	Sun 20
	681286153	Yama    10:28AM – 11:55AM <b>Rahu</b> 7:36AM – 9:02AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:40PM <b>Nataraja:</b> White Moon – Light Blue	Moon 9 - Phase 23 3rd Phase
Family Home Evening Creative Work    Siddha Yoga Until 6:49PM then Amrita Yoga Until 9:53PM then Siddha Yoga		<b>Saubhagya Until 11:01AM</b> <b>Visti Until 3:53AM Tue</b> <b>Saptami Until 3:53PM</b>		<b>Subha Sivaloka Day</b>

D	<b>Tuesday, October 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Birming., UK <b>Sutra 175</b> Khara 5113
	<b>Retreat Star</b>	<b>Gulika</b> 11:54AM – 1:20PM <b>Purvashadha*</b> Until 9:51PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:11AM	Sun 21
	Dhanus Rasi: 18.05      Tithi 8 – 9	Yama    9:03AM – 10:29AM <b>Rahu</b> 2:46PM – 4:11PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:37PM <b>Nataraja:</b> White Moon – Light Blue	Moon 9 - Phase 23 Ashtami
Creative Work    Siddha Yoga Until 6:48PM then Amrita Yoga		<b>Sobhana Until 9:18AM</b> <b>Balava Until 3:09AM Wed</b> <b>Ashtami* Until 3:09PM</b>		<b>Subha Sivaloka Day</b>

W	<b>Wednesday, October 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Birming., UK <b>Sutra 176</b> Khara 5113
	<b>Retreat Star</b>	<b>Gulika</b> 10:29AM – 11:54AM <b>Uttarashadha</b> Until 10:31PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:13AM	Sun 22
	Makara Rasi: 1.04      Tithi 9 – 10	Yama    7:38AM – 9:04AM <b>Rahu</b> 11:54AM – 1:19PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:35PM <b>Nataraja:</b> White Moon – Light Blue	Moon 9 - Phase 23 Navami
Creative Work    Amrita Yoga Until 6:48PM then Siddha Yoga		<b>Taitila Until 3:10AM Thu</b> <b>Navami* Until 3:10PM</b>		<b>Subha Sivaloka Day</b>

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

<b>1</b>	<b>Thursday, October 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Birming., UK
	Makara Rasi: 13.43	Tithi 10 - 11					Sun 23 <b>Sutra 177</b> Khara 5113
	692286153		<b>Gulika</b> 9:04AM - 10:29AM	<b>Sravana Until 1:14AM Fri</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:15AM</i>		
			<b>Yama</b> 6:15AM - 7:40AM	<b>Sukarma Until 7:50AM</b>	<b>Muruqa:</b> White <i>Sunset: 5:33PM</i>		Moon 9 - Phase 24
			<b>Rahu</b> 1:18PM - 2:43PM	<b>Vanija Until 5:48AM Fri</b>	<b>Nataraja:</b> White		4th Phase
	Creative Work	Siddha Yoga	<b>Vijaya Dasami</b>	<b>Dasami Until 4:43PM</b>	<b>Ashvina•Puratasi</b>		<b>Sivaloka Day</b>

<b>2</b>	<b>Friday, October 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Birming., UK
	Makara Rasi: 26.08	Tithi 11 - 12					Sun 24 <b>Sutra 178</b> Khara 5113
	692286153		<b>Gulika</b> 7:41AM - 9:05AM	<b>Dhanishtha Until 3:03AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:17AM</i>		
			<b>Yama</b> 2:42PM - 4:06PM	<b>Dhriti Until 7:41AM</b>	<b>Muruqa:</b> White <i>Sunset: 5:30PM</i>		Moon 9 - Phase 24
			<b>Rahu</b> 10:29AM - 11:53AM	<b>Bava Until 7:02AM Sat</b>	<b>Nataraja:</b> White		4th Phase
	Creative Work	Siddha Yoga		<b>Ekadasi Until 5:57PM</b>	<b>Ashvina•Puratasi</b>		<b>Sivaloka Day</b>
	Until 3:03AM Sat then Amrita Yoga						

<b>3</b>	<b>Saturday, October 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau				Birming., UK
	Kumbha Rasi: 8.23	Tithi 12					Sun 25 <b>Sutra 179</b> Khara 5113
	692286154		<b>Gulika</b> 6:18AM - 7:42AM	<b>Satabhisha Until 5:15AM Sun</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:18AM</i>		
			<b>Yama</b> 1:17PM - 2:41PM	<b>Shula* Until 7:53AM</b>	<b>Muruqa:</b> White <i>Sunset: 5:28PM</i>		Moon 9 - Phase 24
			<b>Rahu</b> 9:06AM - 10:29AM	<b>Bava Until 6:29AM</b>	<b>Nataraja:</b> Yellow		4th Phase
	Creative Work	Amrita Yoga	<b>Kadaitswami Mahasamadhi</b>	<b>Dvadasi Until 7:34PM</b>	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>
	Until 6:47PM then Siddha Yoga						

<b>4</b>	<b>Sunday, October 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Birming., UK
	Kumbha Rasi: 20.29	Tithi 13					Sun 26 <b>Sutra 180</b> Khara 5113
	612286154		<b>Gulika</b> 2:39PM - 4:03PM	<b>Purvaprostapada* Until 7:40AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:20AM</i>		
			<b>Yama</b> 11:53AM - 1:16PM	<b>Ganda* Until 8:20AM</b>	<b>Muruqa:</b> White <i>Sunset: 5:26PM</i>		Moon 9 - Phase 24
			<b>Rahu</b> 4:03PM - 5:26PM	<b>Kaulava Until 8:24AM</b>	<b>Nataraja:</b> Yellow		4th Phase
	Creative Work	Siddha Yoga	<b>Chidambaram Abhishekam</b>	<b>Trayodasi Until 9:29PM</b>	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>
	Until 6:47PM then no yoga			<i>Pradosha Vrata</i>			
	Until 7:40AM Mon then Siddha Yoga						

<b>5</b>	<b>Monday, October 10, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Birming., UK
	Meena Rasi: 2.3	Tithi 14					Sun 27 <b>Sutra 181</b> Khara 5113
	612286154		<b>Gulika</b> 1:15PM - 2:38PM	<b>Purvaprostapada* Until 7:40AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:22AM</i>		
			<b>Yama</b> 10:30AM - 11:53AM	<b>Vridhhi Until 8:57AM</b>	<b>Muruqa:</b> White <i>Sunset: 5:23PM</i>		Moon 9 - Phase 24
			<b>Rahu</b> 7:44AM - 9:07AM	<b>Gara Until 10:32AM</b>	<b>Nataraja:</b> Yellow		4th Phase
	Family Home Evening	No Yoga		<b>Chaturdasi* Until 11:37PM</b>	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>
	Until 7:40AM then Siddha Yoga						
	Until 6:47PM then Amrita Yoga						

<b>○</b>	<b>Tuesday, October 11, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau				Birming., UK
	<b>Copper Retreat Star</b>						Sun <b>Sutra 182</b> Khara 5113
	Meena Rasi: 14.26	Tithi 15					Moon 9 - Phase 24
	612286154		<b>Gulika</b> 11:52AM - 1:15PM	<b>Uttaraprostapada Until 10:28AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:23AM</i>		
			<b>Yama</b> 9:08AM - 10:30AM	<b>Dhruva Until 9:42AM</b>	<b>Muruqa:</b> White <i>Sunset: 5:21PM</i>		Purnima
			<b>Rahu</b> 2:37PM - 3:59PM	<b>Visti Until 12:49PM</b>	<b>Nataraja:</b> Yellow		
	Creative Work	Amrita Yoga		<b>Purnima* Until 1:55AM Wed</b>	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>
	Until 10:28AM then Siddha Yoga						
	Until 6:46PM then Marana Yoga						

<b>○</b>	<b>Wednesday, October 12, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau				Birming., UK
	<b>Silver Retreat Star</b>						Sun <b>Sutra 183</b> Khara 5113
	Meena Rasi: 26.19	Tithi 16					Moon 9 - Phase 24
	612286154		<b>Gulika</b> 10:30AM - 11:52AM	<b>Revati Until 1:22PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:25AM</i>		
			<b>Yama</b> 7:47AM - 9:09AM	<b>Vyaghata* Until 10:33AM</b>	<b>Muruqa:</b> White <i>Sunset: 5:19PM</i>		Prathama
			<b>Rahu</b> 11:52AM - 1:14PM	<b>Balava Until 3:14PM</b>	<b>Nataraja:</b> Yellow		
	Routine Work	Marana Yoga		<b>Prathama* Until 4:20AM Thu</b>	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>
	Until 6:46PM then Amrita Yoga						

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM





**Thursday, October 13, 2011**  
**Gold Retreat Star**

Mesha Rasi: 8.1 Tithi 17  
622286154  
Creative Work Amrita Yoga  
Until 4:20PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini/Bharani Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Dvitiya Yam Titau

**Gulika** 9:09AM – 10:31AM  
**Yama** 6:27AM – 7:48AM  
**Rahu** 1:13PM – 2:34PM

**Asvini Until 4:20PM**  
Harshana Until 11:28AM  
Tailila Until 5:43PM  
**Dvitiya Until 7:08AM Fri**

**Ganesha:** Red *Sunrise: 6:27AM*  
**Muruqa:** White *Sunset: 5:17PM*  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Birming., UK  
**Sutra 184**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**1**

**Friday, October 14, 2011**

Mesha Rasi: 20.01 Tithi 17 – 18  
622286154  
Creative Work Siddha Yoga  
Until 7:18PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 7:49AM – 9:10AM  
**Yama** 2:33PM – 3:54PM  
**Rahu** 10:31AM – 11:52AM

**Bharani Until 7:18PM**  
Vajra\* Until 12:23PM  
Vanija Until 8:13PM  
**Dvitiya Until 7:08AM**

**Ganesha:** Red *Sunrise: 6:29AM*  
**Muruqa:** White *Sunset: 5:15PM*  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Birming., UK  
**Sun 1 Sutra 185**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**2**

**Saturday, October 15, 2011**

Wrishabha Rasi: 1.53 Tithi 18 – 19  
622286154  
Creative Work Amrita Yoga  
Until 6:45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 6:30AM – 7:51AM  
**Yama** 1:12PM – 2:32PM  
**Rahu** 9:11AM – 10:31AM

**Krittika Until 10:14PM**  
Siddhi Until 1:15PM  
Bava Until 10:40PM  
**Tritiya Until 9:34AM**

**Ganesha:** Red *Sunrise: 6:30AM*  
**Muruqa:** White *Sunset: 5:12PM*  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Birming., UK  
**Sun 2 Sutra 186**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**3**

**Sunday, October 16, 2011**

Wrishabha Rasi: 13.5 Tithi 19 – 20  
632286154  
Creative Work Siddha Yoga  
Until 6:45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 2:31PM – 3:50PM  
**Yama** 11:51AM – 1:11PM  
**Rahu** 3:50PM – 5:10PM

**Rohini Until 24:60PM**  
Vyatipata\* Until 1:58PM  
Kaulava Until 12:56AM Mon  
**Chaturthi\* Until 11:50AM**

**Ganesha:** Green *Sunrise: 6:32AM*  
**Muruqa:** White *Sunset: 5:10PM*  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**

Birming., UK  
**Sun 3 Sutra 187**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**4**

**Monday, October 17, 2011**

Wrishabha Rasi: 25.55 Tithi 20 – 21  
632286154  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 6:45PM then Siddha Yoga  
Until 3:30AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira Nakshatra Variyan/Parigha\* Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 1:10PM – 2:29PM  
**Yama** 10:32AM – 11:51AM  
**Rahu** 7:53AM – 9:12AM

**Mrigasira Until 3:30AM Tue**  
Variyan Until 2:27PM  
Gara Until 2:55AM Tue  
**Panchami Until 1:49PM**

**Ganesha:** Green *Sunrise: 6:34AM*  
**Muruqa:** White *Sunset: 5:08PM*  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

Birming., UK  
**Sun 4 Sutra 188**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**5**

**Tuesday, October 18, 2011**

Mithuna Rasi: 8.13 Tithi 21 – 22  
633386154  
Routine Work Marana Yoga  
Until 6:45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika** 11:51AM – 1:09PM  
**Yama** 9:13AM – 10:32AM  
**Rahu** 2:28PM – 3:47PM

**Ardra Until 3:46AM Wed**  
Parigha\* Until 1:56PM  
Visti Until 2:35AM Wed  
**Shasthi\* Until 2:35PM**

**Ganesha:** Green *Sunrise: 6:36AM*  
**Muruqa:** White *Sunset: 5:06PM*  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

Birming., UK  
**Sun 5 Sutra 189**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**6**

**Wednesday, October 19, 2011**

Mithuna Rasi: 20.47 Tithi 22 – 23  
643386154  
Creative Work Siddha Yoga  
Until 6:45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika** 10:32AM – 11:51AM  
**Yama** 7:56AM – 9:14AM  
**Rahu** 11:51AM – 1:09PM

**Punarvasu Until 5:11AM Thu**  
Shiva Until 1:32PM  
Balava Until 3:25AM Thu  
**Saptami Until 3:25PM**

**Ganesha:** Orange *Sunrise: 6:37AM*  
**Muruqa:** White *Sunset: 5:04PM*  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

Birming., UK  
**Sun 6 Sutra 190**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**



**Thursday, October 20, 2011**  
**Retreat Star**

Kataka Rasi: 3.43 Tithi 23 – 24  
643386154  
Creative Work Amrita Yoga  
Until 6:44PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau

**Gulika** 9:15AM – 10:33AM  
**Yama** 6:39AM – 7:57AM  
**Rahu** 1:08PM – 2:26PM

**Pushya Until 5:56AM Fri**  
Siddha Until 12:32PM  
Tailila Until 3:33AM Fri  
**Ashtami\* Until 3:33PM**

**Ganesha:** Orange *Sunrise: 6:39AM*  
**Muruqa:** White *Sunset: 5:01PM*  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

Birming., UK  
**Sun 7 Sutra 191**  
Khara 5113  
Moon 10 - Phase 25  
Ashtami

**Sivaloka Day**

**Friday, October 21, 2011**

**Retreat Star**

Kataka Rasi: 17.04 Tithi 24 – 25  
643386154  
Routine Work Marana Yoga  
Until 4:11AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

**Gulika** 7:58AM – 9:16AM  
**Yama** 2:25PM – 3:42PM  
**Rahu** 10:33AM – 11:50AM

**Aslesha\* Until 4:11AM Sat**  
Sadhya Until 10:29AM  
Vanija Until 1:14AM Sat  
**Navami\* Until 2:09PM**

**Ganesha:** Orange *Sunrise: 6:41AM*  
**Muruqa:** White *Sunset: 4:59PM*  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

Birming., UK  
**Sun 8 Sutra 192**  
Khara 5113  
Moon 10 - Phase 25  
Navami

**Sivaloka Day**

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

<b>1</b>	<b>Saturday, October 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Birming., UK
	Simha Rasi: 0.52	Tithi 25 - 26	653386154	<b>Gulika</b> 6:43AM - 8:00AM <b>Yama</b> 1:07PM - 2:24PM <b>Rahu</b> 9:16AM - 10:33AM	<b>Magha* Until 3:22AM Sun</b> Subha Until 8:07AM Bava Until 11:43PM <b>Dasami Until 12:39PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:43AM</i> <b>Muruqa:</b> White <i>Sunset: 4:57PM</i> <b>Nataraja:</b> Yellow Moon - Red <b>Ashvina-Aipasi</b>	Sun 9 <b>Sutra 193</b> Khara 5113 Moon 10 - Phase 26 2nd Phase <b>Devaloka Day</b>
	Creative Work Amrita Yoga Until 6.44PM then Marana Yoga Until 3:22AM Sun then Siddha Yoga						
<b>2</b>	<b>Sunday, October 23, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Birming., UK
	Simha Rasi: 15.09	Tithi 26 - 27	653386154	<b>Gulika</b> 2:23PM - 3:39PM <b>Yama</b> 11:50AM - 1:06PM <b>Rahu</b> 3:39PM - 4:55PM	<b>Purvaphalguni* Until 12:25AM Mon</b> Brahma Until 1:04AM Mon Kaulava Until 8:15PM <b>Ekadasi* Until 9:58AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:45AM</i> <b>Muruqa:</b> White <i>Sunset: 4:55PM</i> <b>Nataraja:</b> Yellow Moon - Red <b>Ashvina-Aipasi</b>	Sun 10 <b>Sutra 194</b> Khara 5113 Moon 10 - Phase 26 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga Until 12:25AM Mon then Marana Yoga						
<b>3</b>	<b>Monday, October 24, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Vanija Karana Dvadasi*/Trayodasi* Yam Titau				Birming., UK
	Simha Rasi: 29.52	Tithi 27 - 28	653386154	<b>Gulika</b> 1:06PM - 2:21PM <b>Yama</b> 10:34AM - 11:50AM <b>Rahu</b> 8:02AM - 9:18AM	<b>Uttaraphalguni Until 10:14PM</b> Indra Until 9:31PM Vanija Until 3:37AM Tue <b>Dvadasi* Until 7:02AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:46AM</i> <b>Muruqa:</b> White <i>Sunset: 4:53PM</i> <b>Nataraja:</b> Yellow Moon - Red <b>Ashvina-Aipasi</b>	Sun 11 <b>Sutra 195</b> Khara 5113 Moon 10 - Phase 26 2nd Phase <b>Devaloka Day</b>
	Family Home Evening Routine Work Marana Yoga Until 6.44PM then Amrita Yoga Until 10:14PM then Siddha Yoga						
<b>4</b>	<b>Tuesday, October 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Birming., UK
	Kanya Rasi: 14.53	Tithi 29	663386154	<b>Gulika</b> 11:50AM - 1:05PM <b>Yama</b> 9:19AM - 10:34AM <b>Rahu</b> 2:20PM - 3:36PM	<b>Hasta Until 7:31PM</b> Vaidhriti* Until 5:29PM Visti Until 1:50PM <b>Chaturdasi* Until 12:07AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:48AM</i> <b>Muruqa:</b> White <i>Sunset: 4:51PM</i> <b>Nataraja:</b> Yellow Moon - Green <b>Ashvina-Aipasi</b>	Sun 12 <b>Sutra 196</b> Khara 5113 Moon 10 - Phase 26 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga Deepavali Hindu Solidarity Day						
	<b>Wednesday, October 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Birming., UK
	Tula Rasi: 0.07	Tithi 30	663386154	<b>Gulika</b> 10:35AM - 11:50AM <b>Yama</b> 8:05AM - 9:20AM <b>Rahu</b> 11:50AM - 1:04PM	<b>Chitra Until 4:30PM</b> Vishkambha* Until 1:10PM Catuspada Until 10:02AM <b>Amavasya* Until 8:19PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:50AM</i> <b>Muruqa:</b> White <i>Sunset: 4:49PM</i> <b>Nataraja:</b> Yellow Moon - Green <b>Ashvina-Aipasi</b>	Sun 13 <b>Sutra 197</b> Khara 5113 Moon 10 - Phase 26 Amavasya <b>Devaloka Day</b>
	Creative Work Siddha Yoga Until 6.44PM then Amrita Yoga Retreat Star		Subramuniyaswami Mahasamadhi				
	<b>Thursday, October 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau				Birming., UK
	Tula Rasi: 15.21	Tithi 1 - 2	663386154	<b>Gulika</b> 9:21AM - 10:35AM <b>Yama</b> 6:52AM - 8:06AM <b>Rahu</b> 1:04PM - 2:18PM	<b>Svati Until 1:26PM</b> Priti Until 8:47AM Kintughna Until 6:10AM <b>Prathama* Until 4:27PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:52AM</i> <b>Muruqa:</b> White <i>Sunset: 4:47PM</i> <b>Nataraja:</b> Yellow Moon - Green <b>Karttika-Aipasi</b>	Sun 14 <b>Sutra 198</b> Khara 5113 Moon 10 - Phase 26 Prathama <b>Devaloka Day</b>
	Creative Work Amrita Yoga Until 1:26PM then Siddha Yoga Until 6.44PM then Marana Yoga		Skanda Shasthi Begins				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

<b>1</b>	<b>Friday, October 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Visakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Birming., UK
	Wrischika Rasi: 0.28    Tithi 2 - 3	<b>Gulika 8:08AM - 9:22AM</b> Yama 2:17PM - 3:31PM Rahu 10:35AM - 11:49AM	<b>Visakha Until 10:35AM</b> Saubhagya Until 12:38AM Sat Taitila Until 11:07PM Dvitiya Until 12:50PM	Sun 15 <b>Sutra 199</b> Khara 5113 Moon 10 - Phase 27 3rd Phase
	Routine Work    Marana Yoga Until 10:35AM then Siddha Yoga		Ganesha: Light Blue <i>Sunrise: 6:54AM</i> Muruqa: White <i>Sunset: 4:45PM</i> Nataraja: Yellow Moon - Orange Karttika-Aipasi	<b>Devaloka Day</b>

<b>2</b>	<b>Saturday, October 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Birming., UK
	Wrischika Rasi: 15.17    Tithi 3 - 4	<b>Gulika 6:55AM - 8:09AM</b> Yama 1:03PM - 2:16PM Rahu 9:22AM - 10:36AM	<b>Anuradha Until 8:22AM</b> Sobhana Until 9:53PM Vanija Until 9:04PM Tritiya Until 9:59AM	Sun 16 <b>Sutra 200</b> Khara 5113 Moon 10 - Phase 27 3rd Phase
	Creative Work    Siddha Yoga Until 6.43PM then Marana Yoga		Ganesha: Light Blue <i>Sunrise: 6:55AM</i> Muruqa: White <i>Sunset: 4:43PM</i> Nataraja: Yellow Moon - Orange Karttika-Aipasi	<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, October 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Birming., UK
	Wrischika Rasi: 29.43    Tithi 4 - 5	<b>Gulika 2:15PM - 3:28PM</b> Yama 11:49AM - 1:02PM Rahu 3:28PM - 4:41PM	<b>Jyeshtha* Until 6:29AM</b> Athiganda* Until 6:32PM Bava Until 6:26PM Chaturthi* Until 7:21AM	Sun 17 <b>Sutra 201</b> Khara 5113 Moon 10 - Phase 27 3rd Phase
	Routine Work    Marana Yoga Until 6:29AM then Amrita Yoga Until 6.43PM then Siddha Yoga		Ganesha: Light Blue <i>Sunrise: 6:57AM</i> Muruqa: White <i>Sunset: 4:41PM</i> Nataraja: Yellow Moon - Orange Karttika-Aipasi	<b>Devaloka Day</b>

<b>4</b>	<b>Monday, October 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Birming., UK
	Dhanus Rasi: 13.41    Tithi 6	<b>Gulika 1:02PM - 2:14PM</b> Yama 10:37AM - 11:49AM Rahu 8:12AM - 9:24AM	<b>Purvashadha* Until 5:58AM Tue</b> Sukarma Until 4:38PM Kaulava Until 5:32PM Shasthi* Until 5:32AM Tue	Sun 18 <b>Sutra 202</b> Khara 5113 Moon 10 - Phase 27 3rd Phase
	<b>Family Home Evening</b> Routine Work    Marana Yoga Until 6.43PM then Siddha Yoga Until 5:58AM Tue then Prabalarishta Yoga	Skanda Shasthi	Ganesha: Orange <i>Sunrise: 6:59AM</i> Muruqa: White <i>Sunset: 4:39PM</i> Nataraja: Yellow Moon - Light Blue Karttika-Aipasi	<b>Sivaloka Day</b>

<b>5</b>	<b>Tuesday, November 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Uttarahadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau		Birming., UK
	Dhanus Rasi: 27.11    Tithi 7	<b>Gulika 11:49AM - 1:01PM</b> Yama 9:25AM - 10:37AM Rahu 2:13PM - 3:25PM	<b>Uttarahadha Until 5:40AM Wed</b> Dhriti Until 2:39PM Gara Until 4:32PM Saptami Until 4:32AM Wed	Sun 19 <b>Sutra 203</b> Khara 5113 Moon 10 - Phase 27 3rd Phase
	Routine Work    Prabalarishta Yoga Until 6.43PM then Amrita Yoga Until 5:40AM Wed then Siddha Yoga		Ganesha: Clear <i>Sunrise: 7:01AM</i> Muruqa: White <i>Sunset: 4:37PM</i> Nataraja: Yellow Moon - Light Blue Karttika-Aipasi	<b>Sivaloka Day</b>

<b>☾</b>	<b>Wednesday, November 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau		Birming., UK
	<b>Retreat Star</b> Makara Rasi: 10.14    Tithi 8	<b>Gulika 10:38AM - 11:49AM</b> Yama 8:14AM - 9:26AM Rahu 11:49AM - 1:01PM	<b>Sravana Until 6:50AM Thu</b> Shula* Until 1:24PM Visti Until 4:26PM Ashtami* Until 4:26AM Thu	Sun 20 <b>Sutra 204</b> Khara 5113 Moon 10 - Phase 27 Ashtami
	Creative Work    Siddha Yoga		Ganesha: White <i>Sunrise: 7:03AM</i> Muruqa: White <i>Sunset: 4:36PM</i> Nataraja: Yellow Moon - Purple Karttika-Aipasi	<b>Devaloka Day</b>

<b>☽</b>	<b>Thursday, November 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navami* Yam Titau		Birming., UK
	<b>Retreat Star</b> Makara Rasi: 22.55    Tithi 9	<b>Gulika 9:27AM - 10:38AM</b> Yama 7:05AM - 8:16AM Rahu 1:00PM - 2:11PM	<b>Sravana Until 6:50AM</b> Ganda* Until 1:20PM Balava Until 6:04PM Navami* Until 6:20AM Fri	Sun 21 <b>Sutra 205</b> Khara 5113 Moon 10 - Phase 27 Navami
	Creative Work    Siddha Yoga		Ganesha: White <i>Sunrise: 7:05AM</i> Muruqa: White <i>Sunset: 4:34PM</i> Nataraja: Yellow Moon - Purple Karttika-Aipasi	<b>Devaloka Day</b>

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

<b>1</b>	<b>Friday, November 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Birming., UK
	Kumbha Rasi: 5.18    Tithi 9 – 10 694386154	<b>Gulika</b> 8:17AM – 9:28AM <b>Yama</b> 2:11PM – 3:21PM <b>Rahu</b> 10:38AM – 11:49AM	<b>Dhanishtha Until 8:44AM</b> Vriddhi Until 1:14PM Taitila Until 7:25PM <b>Navami* Until 6:20AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:08AM <b>Muruqa:</b> White <i>Sunset:</i> 4:32PM <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	<b>Sun 22</b> <b>Sutra 206</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 6.43PM then Amrita Yoga					

<b>2</b>	<b>Saturday, November 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Birming., UK
	Kumbha Rasi: 17.28    Tithi 10 – 11 694386154	<b>Gulika</b> 7:08AM – 8:18AM <b>Yama</b> 12:59PM – 2:10PM <b>Rahu</b> 9:29AM – 10:39AM	<b>Satabhisha Until 11:05AM</b> Dhruva Until 1:33PM Vanija Until 9:15PM <b>Dasami Until 8:09AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:08AM <b>Muruqa:</b> White <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	<b>Sun 23</b> <b>Sutra 207</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
Creative Work    Amrita Yoga Until 11:05AM then Siddha Yoga					

<b>3</b>	<b>Sunday, November 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Birming., UK
	Kumbha Rasi: 29.28    Tithi 11 – 12 614386154	<b>Gulika</b> 2:09PM – 3:19PM <b>Yama</b> 11:49AM – 12:59PM <b>Rahu</b> 3:19PM – 4:28PM	<b>Purvaprostapada* Until 1:43PM</b> Vyaghata* Until 2:08PM Bava Until 11:25PM <b>Ekadasi Until 10:19AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:10AM <b>Muruqa:</b> White <i>Sunset:</i> 4:28PM <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	<b>Sun 24</b> <b>Sutra 208</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 1:43PM then Amrita Yoga Until 6.43PM then Siddha Yoga					

<b>4</b>	<b>Monday, November 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Birming., UK
	Meena Rasi: 11.23    Tithi 12 – 13 <b>Family Home Evening</b> 714386154	<b>Gulika</b> 12:59PM – 2:08PM <b>Yama</b> 10:40AM – 11:49AM <b>Rahu</b> 8:21AM – 9:31AM	<b>Uttaraprostapada Until 4:33PM</b> Harshana Until 2:54PM Kaulava Until 1:47AM Tue <b>Dvadasi Until 12:41PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:12AM <b>Muruqa:</b> White <i>Sunset:</i> 4:27PM <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	<b>Sun 25</b> <b>Sutra 209</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga					

<b>5</b>	<b>Tuesday, November 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau			Birming., UK
	Meena Rasi: 23.16    Tithi 13 – 14 714386154	<b>Gulika</b> 11:49AM – 12:58PM <b>Yama</b> 9:31AM – 10:40AM <b>Rahu</b> 2:07PM – 3:16PM	<b>Revati Until 7:29PM</b> Vajra* Until 3:45PM Gara Until 4:15AM Wed <b>Trayodasi Until 3:10PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:14AM <b>Muruqa:</b> White <i>Sunset:</i> 4:25PM <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	<b>Sun 26</b> <b>Sutra 210</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 6.43PM then Marana Yoga					

<b>6</b>	<b>Wednesday, November 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Birming., UK
	Mesha Rasi: 5.07    Tithi 14 – 15 724386154	<b>Gulika</b> 10:41AM – 11:49AM <b>Yama</b> 8:24AM – 9:32AM <b>Rahu</b> 11:49AM – 12:58PM	<b>Asvini Until 10:26PM</b> Siddhi Until 4:37PM Visti Until 6:46AM Thu <b>Chaturdasi* Until 5:40PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:15AM <b>Muruqa:</b> White <i>Sunset:</i> 4:23PM <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>	<b>Sun 27</b> <b>Sutra 211</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
Routine Work    Marana Yoga Until 6.43PM then Amrita Yoga Until 10:26PM then Siddha Yoga					

<b>○</b>	<b>Thursday, November 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnima* Yam Titau			Birming., UK
	<b>Copper Retreat Star</b> Mesha Rasi: 16.59    Tithi 15 724386154	<b>Gulika</b> 9:33AM – 10:41AM <b>Yama</b> 7:17AM – 8:25AM <b>Rahu</b> 12:58PM – 2:06PM	<b>Bharani Until 1:21AM Fri</b> Vyatipata* Until 5:28PM Visti Until 7:03AM <b>Purnima* Until 8:08PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:17AM <b>Muruqa:</b> White <i>Sunset:</i> 4:22PM <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>	<b>Sun 28</b> <b>Sutra 212</b> Khara 5113 Moon 10 - Phase 28 Purnima <b>Devaloka Day</b>
Creative Work    Siddha Yoga					

<b>○</b>	<b>Friday, November 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau			Birming., UK
	<b>Silver Retreat Star</b> Mesha Rasi: 28.55    Tithi 16 724386154	<b>Gulika</b> 8:27AM – 9:34AM <b>Yama</b> 2:05PM – 3:12PM <b>Rahu</b> 10:42AM – 11:50AM	<b>Krittika Until 4:11AM Sat</b> Variyan Until 6:13PM Balava Until 9:25AM <b>Prathama* Until 10:30PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:19AM <b>Muruqa:</b> White <i>Sunset:</i> 4:20PM <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>	<b>Sun 29</b> <b>Sutra 213</b> Khara 5113 Moon 10 - Phase 28 Prathama <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 6.44PM then Amrita Yoga					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



**Saturday, November 12, 2011**  
**Gold Retreat Star**

Wrishabha Rasi: 10.55    Tithi 17  
734486154  
Creative Work    Amrita Yoga  
Until 6.44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    7:21AM – 8:28AM    **Rohini Until 6:37AM Sun**  
**Yama**       12:57PM – 2:04PM    Parigha\* Until 6:49PM  
**Rahu**       9:35AM – 10:43AM    Taitila Until 11:36AM  
**Dvitiya Until 12:41AM Sun**

**Ganesha:** Red    *Sunrise:* 7:21AM  
**Muruqa:** White    *Sunset:* 4:19PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika•Aipasi**

Birming., UK  
**Sun 1**    **Sutra 214**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**1**

**Sunday, November 13, 2011**

Wrishabha Rasi: 23.02    Tithi 18  
735486154  
Creative Work    Siddha Yoga  
Until 6.44PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    2:03PM – 3:10PM    **Rohini Until 6:37AM**  
**Yama**       11:50AM – 12:57PM    Shiva Until 7:13PM  
**Rahu**       3:10PM – 4:17PM    Vanija Until 1:33PM  
**Tritiya Until 2:38AM Mon**

**Ganesha:** Yellow    *Sunrise:* 7:23AM  
**Muruqa:** White    *Sunset:* 4:17PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika•Aipasi**

Birming., UK  
**Sun 2**    **Sutra 215**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**2**

**Monday, November 14, 2011**

Mithuna Rasi: 5.17    Tithi 19  
735486154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 8:45AM then Siddha Yoga  
Until 6.44PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    12:56PM – 2:03PM    **Mrigasira Until 8:45AM**  
**Yama**       10:44AM – 11:50AM    Siddha Until 7:20PM  
**Rahu**       8:31AM – 9:37AM    Bava Until 3:10PM  
**Chaturthi\* Until 4:15AM Tue**

**Ganesha:** Yellow    *Sunrise:* 7:24AM  
**Muruqa:** White    *Sunset:* 4:16PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika•Aipasi**

Birming., UK  
**Sun 3**    **Sutra 216**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**3**

**Tuesday, November 15, 2011**

Mithuna Rasi: 17.45    Tithi 20  
735486154  
Routine Work    Marana Yoga  
Until 10:10AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    11:50AM – 12:56PM    **Ardra Until 10:10AM**  
**Yama**       9:38AM – 10:44AM    Sadhya Until 6:09PM  
**Rahu**       2:02PM – 3:08PM    Kaulava Until 3:30PM  
**Panchami Until 3:30AM Wed**

**Ganesha:** Yellow    *Sunrise:* 7:26AM  
**Muruqa:** White    *Sunset:* 4:14PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika•Aipasi**

Birming., UK  
**Sun 4**    **Sutra 217**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**4**

**Wednesday, November 16, 2011**

Kataka Rasi: 0.26    Tithi 21  
745486154  
Creative Work    Siddha Yoga  
Until 6.44PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    10:45AM – 11:50AM    **Punarvasu Until 11:21AM**  
**Yama**       8:34AM – 9:39AM    Subha Until 5:32PM  
**Rahu**       11:50AM – 12:56PM    Gara Until 4:08PM  
**Shasthi\* Until 4:08AM Thu**

**Ganesha:** White    *Sunrise:* 7:28AM  
**Muruqa:** White    *Sunset:* 4:13PM  
**Nataraja:** Yellow  
Moon – Blue  
**Karttika•Karttikai**

Birming., UK  
**Sun 5**    **Sutra 218**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**5**

**Thursday, November 17, 2011**

Kataka Rasi: 13.25    Tithi 22  
745486155  
Creative Work    Amrita Yoga  
Until 12:01PM then Siddha Yoga  
Until 6.44PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    9:40AM – 10:45AM    **Pushya Until 12:01PM**  
**Yama**       7:30AM – 8:35AM    Sukla Until 4:25PM  
**Rahu**       12:56PM – 2:01PM    Visti Until 4:12PM  
**Saptami Until 4:12AM Fri**

**Ganesha:** White    *Sunrise:* 7:30AM  
**Muruqa:** White    *Sunset:* 4:11PM  
**Nataraja:** Red  
Moon – Blue  
**Karttika•Karttikai**

Birming., UK  
**Sun 6**    **Sutra 219**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**



**Friday, November 18, 2011**  
**Retreat Star**

Kataka Rasi: 26.43    Tithi 23  
745486155  
Routine Work    Marana Yoga  
Until 6.45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    8:36AM – 9:41AM    **Aslesha\* Until 11:38AM**  
**Yama**       2:00PM – 3:05PM    Brahma Until 2:10PM  
**Rahu**       10:46AM – 11:51AM    Balava Until 2:53PM  
**Ashtami\* Until 1:57AM Sat**

**Ganesha:** White    *Sunrise:* 7:32AM  
**Muruqa:** White    *Sunset:* 4:10PM  
**Nataraja:** Red  
Moon – Blue  
**Karttika•Karttikai**

Birming., UK  
**Sun 7**    **Sutra 220**  
Khara 5113  
Moon 11 - Phase 29  
Ashtami

**Devaloka Day**

**Saturday, November 19, 2011**  
**Retreat Star**

Simha Rasi: 10.23    Tithi 24  
755486155  
Creative Work    Amrita Yoga  
Until 11:04AM then Marana Yoga  
Until 6.45PM then Siddha Yoga


Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    7:33AM – 8:38AM    **Magha\* Until 11:04AM**  
**Yama**       12:55PM – 2:00PM    Indra Until 12:01PM  
**Rahu**       9:42AM – 10:47AM    Taitila Until 1:40PM  
**Navami\* Until 12:45AM Sun**

**Ganesha:** Clear    *Sunrise:* 7:33AM  
**Muruqa:** White    *Sunset:* 4:09PM  
**Nataraja:** Red  
Moon – Red  
**Karttika•Karttikai**

Birming., UK  
**Sun 8**    **Sutra 221**  
Khara 5113  
Moon 11 - Phase 29  
Navami

**Sivaloka Day**

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

<b>1</b>	<b>Sunday, November 20, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau				Birming., UK
	Simha Rasi: 24.25	Tithi 25	755486155	<b>Gulika</b> 1:59PM – 3:03PM <b>Yama</b> 11:51AM – 12:55PM <b>Rahu</b> 3:03PM – 4:08PM	<b>Purvaphalguni* Until 9:51AM</b> Vaidhriti* Until 9:16AM Vanija Until 11:46AM <b>Dasami Until 10:50PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>	<b>Sun 9</b> <b>Sutra 222</b> Khara 5113 Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 9:51AM then Amrita Yoga Until 6:45PM then Marana Yoga						
<b>2</b>	<b>Monday, November 21, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau				Birming., UK
	Kanya Rasi: 8.49	Tithi 26	755486155	<b>Gulika</b> 12:55PM – 1:59PM <b>Yama</b> 10:48AM – 11:51AM <b>Rahu</b> 8:40AM – 9:44AM	<b>Uttaraphalguni Until 7:53AM</b> Priti Until 1:57AM Tue Bava Until 8:58AM <b>Ekadasi* Until 7:15PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>	<b>Sun 10</b> <b>Sutra 223</b> Khara 5113 Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
	Family Home Evening Routine Work Marana Yoga Until 7:53AM then Siddha Yoga						
<b>3</b>	<b>Tuesday, November 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Birming., UK
	Kanya Rasi: 23.32	Tithi 27 – 28	766486155	<b>Gulika</b> 11:52AM – 12:55PM <b>Yama</b> 9:45AM – 10:48AM <b>Rahu</b> 1:58PM – 3:02PM	<b>Chitra Until 3:01AM Wed</b> Ayushman Until 10:22PM Kaulava Until 6:03AM <b>Dvadasi* Until 4:20PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>	<b>Sun 11</b> <b>Sutra 224</b> Khara 5113 Moon 11 - Phase 30 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
<b>4</b>	<b>Wednesday, November 23, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Birming., UK
	Tula Rasi: 8.28	Tithi 28 – 29	766486155	<b>Gulika</b> 10:49AM – 11:52AM <b>Yama</b> 8:43AM – 9:46AM <b>Rahu</b> 11:52AM – 12:55PM	<b>Svati Until 12:28AM Thu</b> Saubhagya Until 6:28PM Visti Until 11:20PM <b>Trayodasi* Until 1:03PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>	<b>Sun 12</b> <b>Sutra 225</b> Khara 5113 Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 6:46PM then Amrita Yoga Until 12:28AM Thu then Siddha Yoga						
	<b>Thursday, November 24, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Birming., UK
	Tula Rasi: 23.29	Tithi 29 – 30	776486155	<b>Gulika</b> 9:47AM – 10:50AM <b>Yama</b> 7:42AM – 8:44AM <b>Rahu</b> 12:55PM – 1:58PM	<b>Visakha Until 9:46PM</b> Sobhana Until 2:25PM Catuspada Until 7:53PM <b>Chaturdasi* Until 9:36AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Orange <b>Karttika•Karttikai</b>	<b>Sun 13</b> <b>Sutra 226</b> Khara 5113 Moon 11 - Phase 30 Amavasya <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 6:46PM then Marana Yoga Until 9:46PM then Siddha Yoga						
<b>Retreat Star</b>	<b>Friday, November 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau				Birming., UK
	Vrischika Rasi: 8.27	Tithi 30 – 1	776486155	<b>Gulika</b> 8:46AM – 9:48AM <b>Yama</b> 1:57PM – 3:00PM <b>Rahu</b> 10:50AM – 11:53AM	<b>Anuradha Until 7:09PM</b> Athiganda* Until 10:26AM Bava Until 2:49AM Sat <b>Amavasya* Until 6:14AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Red Moon – Orange <b>Margasira•Karttikai</b>	<b>Sun 14</b> <b>Sutra 227</b> Khara 5113 Moon 11 - Phase 30 Prathama <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						

<b>1</b>	<b>Saturday, November 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Birming., UK
			Sun 15	Sutra 228 Khara 5113
Vrischika Rasi: 23.14	Tithi 2	<b>Gulika</b> 7:45AM – 8:47AM	<b>Jyeshtha*</b> Until 5:36PM	
		<b>Yama</b> 12:55PM – 1:57PM	Sukarma Until 6:48AM	
	776486155	<b>Rahu</b> 9:49AM – 10:51AM	Balava Until 2:04PM	
Creative Work Siddha Yoga			<b>Dvitiya Until 1:09AM Sun</b>	
Until 6:47PM then Amrita Yoga			<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:45AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 4:01PM	Moon 11 - Phase 31
			<b>Nataraja:</b> Red	3rd Phase
			Moon – Orange	
			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>


<b>2</b>	<b>Sunday, November 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiya Yam Titau		Birming., UK
			Sun 16	Sutra 229 Khara 5113
Dhanus Rasi: 7.42	Tithi 3	<b>Gulika</b> 1:57PM – 2:58PM	<b>Mula*</b> Until 3:39PM	
		<b>Yama</b> 11:53AM – 12:55PM	Shula* Until 12:42AM Mon	
	786486155	<b>Rahu</b> 2:58PM – 4:00PM	Taitila Until 11:23AM	
Creative Work Amrita Yoga			<b>Tritiya Until 10:27PM</b>	
Until 3:39PM then Siddha Yoga			<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:46AM	
Until 6:47PM then Marana Yoga			<b>Muruqa:</b> White <i>Sunset:</i> 4:00PM	Moon 11 - Phase 31
			<b>Nataraja:</b> Red	3rd Phase
			Moon – Light Blue	
			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Monday, November 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chalurthi* Yam Titau		Birming., UK
			Sun 17	Sutra 230 Khara 5113
Dhanus Rasi: 21.46	Tithi 4	<b>Gulika</b> 12:55PM – 1:56PM	<b>Purvashadha*</b> Until 2:24PM	
<b>Family Home Evening</b>		<b>Yama</b> 10:52AM – 11:54AM	Ganda* Until 9:54PM	
Routine Work Marana Yoga	786486155	<b>Rahu</b> 8:49AM – 9:51AM	Vanija Until 9:25AM	
Until 6:47PM then Prabalarishtha Yoga			<b>Chaturthi* Until 8:30PM</b>	
			<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:48AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 3:59PM	Moon 11 - Phase 31
			<b>Nataraja:</b> Red	3rd Phase
			Moon – Light Blue	
			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, November 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau		Birming., UK
			Sun 18	Sutra 231 Khara 5113
Makara Rasi: 5.24	Tithi 5	<b>Gulika</b> 11:54AM – 12:55PM	<b>Uttarashadha</b> Until 2:29PM	
		<b>Yama</b> 9:52AM – 10:53AM	Vriddhi Until 8:47PM	
	786486155	<b>Rahu</b> 1:56PM – 2:57PM	Bava Until 8:28AM	
Routine Work Prabalarishtha Yoga			<b>Panchami Until 8:28PM</b>	
Until 2:29PM then Siddha Yoga			<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:49AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 3:59PM	Moon 11 - Phase 31
			<b>Nataraja:</b> Red	3rd Phase
			Moon – Light Blue	
			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>5</b>	<b>Wednesday, November 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Birming., UK
			Sun 19	Sutra 232 Khara 5113
Makara Rasi: 18.35	Tithi 6	<b>Gulika</b> 10:53AM – 11:54AM	<b>Sravana</b> Until 2:45PM	
		<b>Yama</b> 8:52AM – 9:53AM	Dhruva Until 7:18PM	
	797486155	<b>Rahu</b> 11:54AM – 12:55PM	Kaulava Until 8:07AM	
Creative Work Siddha Yoga			<b>Shasthi* Until 8:07PM</b>	
Until 2:45PM then Prabalarishtha Yoga			<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:51AM	
Until 6:48PM then Siddha Yoga			<b>Muruqa:</b> White <i>Sunset:</i> 3:59PM	Moon 11 - Phase 31
			<b>Nataraja:</b> Red	3rd Phase
			Moon – Purple	
			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>6</b>	<b>Thursday, December 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau		Birming., UK
			Sun 20	Sutra 233 Khara 5113
Kumbha Rasi: 1.23	Tithi 7	<b>Gulika</b> 9:54AM – 10:54AM	<b>Dhanishtha</b> Until 4:34PM	
		<b>Yama</b> 7:52AM – 8:53AM	Vyaghata* Until 7:28PM	
	797486155	<b>Rahu</b> 12:55PM – 1:56PM	Gara Until 8:48AM	
Creative Work Siddha Yoga			<b>Saptami Until 9:53PM</b>	
Until 4:34PM then Marana Yoga			<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:52AM	
Until 6:49PM then Siddha Yoga			<b>Muruqa:</b> White <i>Sunset:</i> 3:57PM	Moon 11 - Phase 31
			<b>Nataraja:</b> Red	3rd Phase
			Moon – Purple	
			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

	<b>Friday, December 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau		Birming., UK
	<b>Retreat Star</b>		Sun 21	Sutra 234 Khara 5113
Kumbha Rasi: 13.5	Tithi 8	<b>Gulika</b> 8:54AM – 9:54AM	<b>Satabhisha</b> Until 6:20PM	
		<b>Yama</b> 1:56PM – 2:56PM	Harshana Until 7:13PM	
	797486155	<b>Rahu</b> 10:55AM – 11:55AM	Visti Until 10:02AM	
Creative Work Siddha Yoga			<b>Ashtami* Until 11:07PM</b>	
			<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:54AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 3:56PM	Moon 11 - Phase 31
			<b>Nataraja:</b> Red	Ashtami
			Moon – Purple	
			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

<b>Saturday, December 3, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau		Birming., UK
			Sun 22	Sutra 235 Khara 5113
Kumbha Rasi: 26.01	Tithi 9	<b>Gulika</b> 7:55AM – 8:55AM	<b>Purvaprostapada*</b> Until 8:38PM	
		<b>Yama</b> 12:56PM – 1:56PM	Vajra* Until 7:28PM	
	717486155	<b>Rahu</b> 9:55AM – 10:55AM	Balava Until 11:50AM	
Creative Work Siddha Yoga			<b>Navami* Until 12:56AM Sun</b>	
Until 8:38PM then Amrita Yoga			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:55AM	
			<b>Muruqa:</b> White <i>Sunset:</i> 3:56PM	Moon 11 - Phase 31
			<b>Nataraja:</b> Red	Navami
			Moon – Clear	
			<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

<b>1</b>	<b>Sunday, December 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dasami Yam Titau		Birming., UK <b>Sutra 236</b> Khara 5113
	Meena Rasi: 8.01      Tithi 10 717486155	<b>Gulika</b> 1:56PM – 2:55PM <b>Yama</b> 11:56AM – 12:56PM <b>Rahu</b> 2:55PM – 3:55PM	<b>Uttaraprostapada Until 11:18PM</b> Siddhi Until 8:03PM Taitila Until 2:03PM <b>Dasami Until 3:08AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:57AM</i> <b>Muruqa:</b> White <i>Sunset: 3:55PM</i> <b>Nataraja:</b> Red Moon – Clear <b>Sivaloka Day</b> <b>Margasira-Karttikai</b>
	Creative Work    Amrita Yoga Until 6.50PM then Siddha Yoga			
<b>2</b>	<b>Monday, December 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visi* Karana Ekadasi Yam Titau		Birming., UK <b>Sutra 237</b> Khara 5113
	Meena Rasi: 19.54      Tithi 11 <b>Family Home Evening</b> 717496155	<b>Gulika</b> 12:56PM – 1:55PM <b>Yama</b> 10:57AM – 11:56AM <b>Rahu</b> 8:58AM – 9:57AM	<b>Revati Until 2:12AM Tue</b> Vyatipata* Until 8:51PM Vanija Until 4:30PM <b>Ekadasi Until 5:36AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:58AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:55PM</i> <b>Nataraja:</b> Red Moon – Clear <b>Devaloka Day</b> <b>Margasira-Karttikai</b>
	Creative Work    Siddha Yoga			
<b>3</b>	<b>Tuesday, December 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Bava Karana Dvadasi Yam Titau		Birming., UK <b>Sutra 238</b> Khara 5113
	Mesha Rasi: 1.45      Tithi 12 727496155	<b>Gulika</b> 11:57AM – 12:56PM <b>Yama</b> 9:58AM – 10:57AM <b>Rahu</b> 1:55PM – 2:55PM	<b>Asvini Until 5:11AM Wed</b> Variyan Until 9:44PM Bava Until 7:04PM <b>Dvadasi Until 8:30AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise: 7:59AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:54PM</i> <b>Nataraja:</b> Red Moon – White <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM <b>Margasira-Karttikai</b>
	Creative Work    Siddha Yoga Until 6.50PM then Marana Yoga			
<b>4</b>	<b>Wednesday, December 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Birming., UK <b>Sutra 239</b> Khara 5113
	Mesha Rasi: 14      Tithi 12 – 13 728496155	<b>Gulika</b> 10:58AM – 11:57AM <b>Yama</b> 9:00AM – 9:59AM <b>Rahu</b> 11:57AM – 12:56PM	<b>Bharani Until 8:18AM Thu</b> Parigha* Until 10:35PM Kaulava Until 9:36PM <b>Dvadasi Until 8:30AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise: 8:01AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:54PM</i> <b>Nataraja:</b> Red Moon – White <b>Devaloka Day</b> <b>Margasira-Karttikai</b>
	Routine Work    Marana Yoga Until 6.51PM then Siddha Yoga Until 8:18AM Thu then Marana Yoga			
<b>5</b>	<b>Thursday, December 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Birming., UK <b>Sutra 240</b> Khara 5113
	Mesha Rasi: 25.31      Tithi 13 – 14 728596155	<b>Gulika</b> 10:00AM – 10:59AM <b>Yama</b> 8:02AM – 9:01AM <b>Rahu</b> 12:57PM – 1:56PM	<b>Bharani Until 8:18AM</b> Shiva Until 11:19PM Gara Until 11:59PM <b>Trayodasi Until 10:54AM</b>	<b>Ganesha:</b> White <i>Sunrise: 8:02AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:54PM</i> <b>Nataraja:</b> Red Moon – White <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM <b>Margasira-Karttikai</b>
	Creative Work    Siddha Yoga Until 8:18AM then Marana Yoga Until 6.51PM then Siddha Yoga	<b>Krittika Deepam</b>		
<b>○</b>	<b>Friday, December 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visi* Karana Chaturdasi*/Purnima* Yam Titau		Birming., UK <b>Sutra 241</b> Khara 5113
	<b>Copper Retreat Star</b> Vrishabha Rasi: 7.33      Tithi 14 – 15 728596155	<b>Gulika</b> 9:02AM – 10:00AM <b>Yama</b> 1:56PM – 2:54PM <b>Rahu</b> 10:59AM – 11:58AM	<b>Krittika Until 10:54AM</b> Siddha Until 11:51PM Visi Until 2:08AM Sat <b>Chaturdasi* Until 1:03PM</b>	<b>Ganesha:</b> White <i>Sunrise: 8:03AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:53PM</i> <b>Nataraja:</b> Red Moon – White <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM <b>Margasira-Karttikai</b>
	Creative Work    Siddha Yoga Until 10:54AM then Marana Yoga Until 6.52PM then Amrita Yoga	<b>Sivalaya Deepam</b>		
<b>○</b>	<b>Saturday, December 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Birming., UK <b>Sutra 242</b> Khara 5113
	<b>Silver Retreat Star</b> Vrishabha Rasi: 19.44      Tithi 15 – 16 738596155	<b>Gulika</b> 8:04AM – 9:03AM <b>Yama</b> 12:57PM – 1:56PM <b>Rahu</b> 10:01AM – 11:00AM	<b>Rohini Until 1:12PM</b> Sadhya Until 12:06AM Sun Balava Until 3:57AM Sun <b>Purnima* Until 2:52PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 8:04AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:53PM</i> <b>Nataraja:</b> Red Moon – Yellow <b>Devaloka Day</b> <b>Margasira-Karttikai</b>
	Creative Work    Amrita Yoga Until 1:12PM then Siddha Yoga	<b>Vinayaga Viratam Begins</b>		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛṣṇa Yajur Veda, Kathau 2.2.12. UpR, 640





**Sunday, December 11, 2011**  
**Gold Retreat Star**

Mithuna Rasi: 2.06 Tithi 16 – 17  
738596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika 1:56PM – 2:54PM**  
**Yama 11:59AM – 12:57PM**  
**Rahu 2:54PM – 3:53PM**  
**Mrigasira Until 2:26PM**  
**Subha Until 10:44PM**  
**Taitila Until 3:26AM Mon**  
**Prathama\* Until 3:26PM**

**Ganesha:** Clear *Sunrise: 8:05AM*  
**Muruqa:** Clear *Sunset: 3:53PM*  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

Birming., UK  
**Sutra 243**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**

**1**

**Monday, December 12, 2011**

Mithuna Rasi: 14.4 Tithi 17 – 18  
**Family Home Evening** 738596155  
Creative Work Siddha Yoga  
Until 3:51PM then Amrita Yoga  
Until 6:53PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika 12:58PM – 1:56PM**  
**Yama 11:01AM – 11:59AM**  
**Rahu 9:04AM – 10:03AM**  
**Ardra Until 3:51PM**  
**Sukla Until 10:18PM**  
**Vanija Until 4:20AM Tue**  
**Dvitiya Until 4:20PM**

**Ganesha:** Clear *Sunrise: 8:06AM*  
**Muruqa:** Clear *Sunset: 3:53PM*  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

Birming., UK  
**Sun 1 Sutra 244**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**

**2**

**Tuesday, December 13, 2011**

Mithuna Rasi: 27.27 Tithi 18 – 19  
749596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika 12:00PM – 12:58PM**  
**Yama 10:04AM – 11:02AM**  
**Rahu 1:56PM – 2:55PM**  
**Punarvasu Until 4:52PM**  
**Brahma Until 9:30PM**  
**Bava Until 4:48AM Wed**  
**Tritiya Until 4:48PM**

**Ganesha:** Clear *Sunrise: 8:07AM*  
**Muruqa:** Clear *Sunset: 3:53PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Birming., UK  
**Sun 2 Sutra 245**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**

**3**

**Wednesday, December 14, 2011**

Kataka Rasi: 10.27 Tithi 19 – 20  
749596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika 11:02AM – 12:00PM**  
**Yama 9:06AM – 10:04AM**  
**Rahu 12:00PM – 12:59PM**  
**Pushya Until 5:29PM**  
**Indra Until 8:19PM**  
**Kaulava Until 4:50AM Thu**  
**Chaturthi\* Until 4:50PM**

**Ganesha:** Clear *Sunrise: 8:08AM*  
**Muruqa:** Clear *Sunset: 3:53PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Birming., UK  
**Sun 3 Sutra 246**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**

**4**

**Thursday, December 15, 2011**

Kataka Rasi: 23.4 Tithi 20 – 21  
749596155  
Creative Work Siddha Yoga  
Until 5:41PM then Amrita Yoga  
Until 6:55PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika 10:05AM – 11:03AM**  
**Yama 8:09AM – 9:07AM**  
**Rahu 12:59PM – 1:57PM**  
**Aslesha\* Until 5:41PM**  
**Vaidhriti\* Until 6:46PM**  
**Gara Until 4:25AM Fri**  
**Panchami Until 4:25PM**

**Ganesha:** Clear *Sunrise: 8:09AM*  
**Muruqa:** Clear *Sunset: 3:53PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Birming., UK  
**Sun 4 Sutra 247**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**

**5**

**Friday, December 16, 2011**

Simha Rasi: 7.07 Tithi 21 – 22  
759596155  
Routine Work Marana Yoga  
Until 4:39PM then Siddha Yoga  
Until 6:55PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Vishkamba\*/Priti Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika 9:08AM – 10:06AM**  
**Yama 1:57PM – 2:55PM**  
**Rahu 11:04AM – 12:01PM**  
**Magha\* Until 4:39PM**  
**Vishkamba\* Until 4:06PM**  
**Visti Until 1:53AM Sat**  
**Shasthi\* Until 2:49PM**

**Ganesha:** White *Sunrise: 8:10AM*  
**Muruqa:** Clear *Sunset: 3:53PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Birming., UK  
**Sun 5 Sutra 248**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Sivaloka Day**



**Saturday, December 17, 2011**  
**Retreat Star**

Simha Rasi: 20.48 Tithi 22 – 23  
859596155  
Routine Work Marana Yoga  
Until 6:56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika 8:11AM – 9:08AM**  
**Yama 1:00PM – 1:58PM**  
**Rahu 10:06AM – 11:04AM**  
**Purvaphalguni\* Until 4:03PM**  
**Priti Until 1:55PM**  
**Balava Until 12:40AM Sun**  
**Saptami Until 1:35PM**

**Ganesha:** Clear *Sunrise: 8:11AM*  
**Muruqa:** Clear *Sunset: 3:53PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Birming., UK  
**Sun 6 Sutra 249**  
Khara 5113  
Moon 12 - Phase 33  
Ashtami  
**Devaloka Day**

**Sunday, December 18, 2011**  
**Retreat Star**

Kanya Rasi: 4.43 Tithi 23 – 24  
859596155  
Creative Work Amrita Yoga  
Until 6:56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni\*/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika 1:58PM – 2:56PM**  
**Yama 12:02PM – 1:00PM**  
**Rahu 2:56PM – 3:54PM**  
**Uttaraphalguni Until 3:04PM**  
**Ayushman Until 11:22AM**  
**Taitila Until 11:01PM**  
**Ashtami\* Until 11:57AM**

**Ganesha:** Clear *Sunrise: 8:11AM*  
**Muruqa:** Clear *Sunset: 3:54PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Birming., UK  
**Sun 7 Sutra 250**  
Khara 5113  
Moon 12 - Phase 33  
Navami  
**Devaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718


<b>1</b>	<b>Monday, December 19, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Birming., UK
			<b>Sun 8</b>	<b>Sutra 251</b> Khara 5113
Kanya Rasi: 18.51	Tithi 24 – 25	<b>Gulika</b> 1:01PM – 1:58PM	<b>Hasta</b> <b>Until 1:41PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 8:12AM
Family Home Evening	869596155	<b>Yama</b> 11:05AM – 12:03PM	<b>Saubhagya</b> <b>Until 8:27AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:54PM
Creative Work Siddha Yoga		<b>Rahu</b> 9:10AM – 10:07AM	<b>Vanija</b> <b>Until 8:57PM</b>	<b>Nataraja:</b> Red
Until 1:41PM then Prabalarishta Yoga			<b>Navami*</b> <b>Until 9:53AM</b>	<b>Moon – Green</b>
Until 6:57PM then Siddha Yoga			<b>Margasira-Markali</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Tuesday, December 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Birming., UK
			<b>Sun 9</b>	<b>Sutra 252</b> Khara 5113
Tula Rasi: 3.11	Tithi 25 – 26	<b>Gulika</b> 12:03PM – 1:01PM	<b>Chitra</b> <b>Until 11:58AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 8:13AM
	869596155	<b>Yama</b> 10:08AM – 11:06AM	<b>Athiganda*</b> <b>Until 1:16AM Wed</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:54PM
Creative Work Siddha Yoga		<b>Rahu</b> 1:59PM – 2:57PM	<b>Bava</b> <b>Until 6:31PM</b>	<b>Nataraja:</b> Red
			<b>Dasami</b> <b>Until 7:27AM</b>	<b>Moon – Green</b>
			<b>Margasira-Markali</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Wednesday, December 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Birming., UK
			<b>Sun 10</b>	<b>Sutra 253</b> Khara 5113
Tula Rasi: 17.41	Tithi 27	<b>Gulika</b> 11:06AM – 12:04PM	<b>Svati</b> <b>Until 9:43AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 8:13AM
	861596155	<b>Yama</b> 9:11AM – 10:09AM	<b>Sukarma</b> <b>Until 10:00PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:55PM
Creative Work Siddha Yoga		<b>Rahu</b> 12:04PM – 1:02PM	<b>Kaulava</b> <b>Until 3:06PM</b>	<b>Nataraja:</b> Red
		<b>Day 1 of Pancha Ganapati</b>	<b>Dvadasi*</b> <b>Until 1:23AM Thu</b>	<b>Moon – Green</b>
			<b>Margasira-Markali</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Thursday, December 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Birming., UK
			<b>Sun 11</b>	<b>Sutra 254</b> Khara 5113
Wrishchika Rasi: 2.16	Tithi 28	<b>Gulika</b> 10:09AM – 11:07AM	<b>Visakha</b> <b>Until 7:43AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:14AM
	871596155	<b>Yama</b> 8:14AM – 9:11AM	<b>Dhriti</b> <b>Until 6:36PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:55PM
Creative Work Siddha Yoga		<b>Rahu</b> 1:02PM – 2:00PM	<b>Gara</b> <b>Until 12:25PM</b>	<b>Nataraja:</b> Red
		<b>Day 2 of Pancha Ganapati</b>	<b>Trayodasi*</b> <b>Until 10:42PM</b>	<b>Moon – Orange</b>
			<i>Pradosha Vrata (Fasting)</i>	<b>Margasira-Markali</b>
				<b>Devaloka Day</b>

<b>5</b>	<b>Friday, December 23, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Birming., UK
			<b>Sun 12</b>	<b>Sutra 255</b> Khara 5113
Wrishchika Rasi: 16.5	Tithi 29	<b>Gulika</b> 9:12AM – 10:10AM	<b>Jyeshtha*</b> <b>Until 4:34AM Sat</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:14AM
	871596155	<b>Yama</b> 2:00PM – 2:58PM	<b>Shula*</b> <b>Until 3:49PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:56PM
Routine Work Prabalarishta Yoga		<b>Rahu</b> 11:07AM – 12:05PM	<b>Visti</b> <b>Until 10:02AM</b>	<b>Nataraja:</b> Red
Until 6:59PM then Siddha Yoga		<b>Day 3 of Pancha Ganapati</b>	<b>Chaturdasi*</b> <b>Until 9:06PM</b>	<b>Moon – Orange</b>
			<b>Margasira-Markali</b>	<b>Devaloka Day</b>

	<b>Saturday, December 24, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Birming., UK
	<b>Retreat Star</b>		<b>Sun 13</b>	<b>Sutra 256</b> Khara 5113
Dhanus Rasi: 1.19	Tithi 30	<b>Gulika</b> 8:15AM – 9:12AM	<b>Mula*</b> <b>Until 2:36AM Sun</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:15AM
	881596155	<b>Yama</b> 1:03PM – 2:01PM	<b>Ganda*</b> <b>Until 12:22PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:56PM
Creative Work Siddha Yoga		<b>Rahu</b> 10:10AM – 11:08AM	<b>Catuspada</b> <b>Until 7:21AM</b>	<b>Nataraja:</b> Red
Until 6:59PM then Amrita Yoga		<b>Day 4 of Pancha Ganapati</b>	<b>Amavasya*</b> <b>Until 6:25PM</b>	<b>Moon – Light Blue</b>
Until 2:36AM Sun then Siddha Yoga			<b>Margasira-Markali</b>	<b>Devaloka Day</b>

<b>Retreat Star</b>	<b>Sunday, December 25, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Birming., UK
			<b>Sun 14</b>	<b>Sutra 257</b> Khara 5113
Dhanus Rasi: 15.35	Tithi 1 – 2	<b>Gulika</b> 2:02PM – 2:59PM	<b>Purvashadha*</b> <b>Until 1:00AM Mon</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:15AM
	881596155	<b>Yama</b> 12:06PM – 1:04PM	<b>Vridhhi</b> <b>Until 9:15AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:57PM
Creative Work Siddha Yoga		<b>Rahu</b> 2:59PM – 3:57PM	<b>Balava</b> <b>Until 3:12AM Mon</b>	<b>Nataraja:</b> Red
Until 7:00PM then Marana Yoga		<b>Day 5 of Pancha Ganapati</b>	<b>Prathama*</b> <b>Until 4:07PM</b>	<b>Moon – Light Blue</b>
			<b>Pausha-Markali</b>	<b>Devaloka Day</b>

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

<b>1</b>	<b>Monday, December 26, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Birming., UK <b>Sutra 258</b> Khara 5113
	Dhanu Rasi: 29.33    Tithi 2 – 3 Family Home Evening    881596156 Routine Work    Marana Yoga Until 7.00PM then Prabalarishta Yoga Until 11:55PM then Siddha Yoga	<b>Gulika</b> 1:04PM – 2:02PM <b>Yama</b> 11:09AM – 12:07PM <b>Rahu</b> 9:13AM – 10:11AM	<b>Uttarashadha Until 11:55PM</b> Dhruva Until 6:35AM Taitila Until 1:26AM Tue <b>Dvitiya Until 2:21PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:15AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:59PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Pausha-Markali</b>		Sun 15 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>

<b>2</b>	<b>Tuesday, December 27, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Birming., UK <b>Sutra 259</b> Khara 5113
	Makara Rasi: 13.1    Tithi 3 – 4 Creative Work    Siddha Yoga Until 12:46AM Wed then Prabalarishta Yog.	<b>Gulika</b> 12:07PM – 1:05PM <b>Yama</b> 10:11AM – 11:09AM <b>Rahu</b> 2:03PM – 3:01PM	<b>Sravana Until 12:46AM Wed</b> Harshana Until 3:15AM Wed Vanija Until 1:51AM Wed <b>Tritiya Until 1:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:59PM <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>		Sun 16 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>


<b>3</b>	<b>Wednesday, December 28, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Birming., UK <b>Sutra 260</b> Khara 5113
	Makara Rasi: 26.25    Tithi 4 – 5 Routine Work    Prabalarishta Yoga Until 7.01PM then Siddha Yoga Until 12:57AM Thu then Marana Yoga	<b>Gulika</b> 11:10AM – 12:08PM <b>Yama</b> 9:14AM – 10:12AM <b>Rahu</b> 12:08PM – 1:06PM	<b>Dhanishtha Until 12:57AM Thu</b> Vajra* Until 1:41AM Thu Bava Until 1:25AM Thu <b>Chaturthi* Until 1:25PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:59PM <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>		Sun 17 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>

<b>4</b>	<b>Thursday, December 29, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Birming., UK <b>Sutra 261</b> Khara 5113
	Kumbha Rasi: 9.16    Tithi 5 – 6 Routine Work    Marana Yoga Until 7.01PM then Siddha Yoga	<b>Gulika</b> 10:12AM – 11:10AM <b>Yama</b> 8:16AM – 9:14AM <b>Rahu</b> 1:06PM – 2:04PM	<b>Satabhisha Until 1:49AM Fri</b> Siddhi Until 12:44AM Fri Kaulava Until 1:44AM Fri <b>Panchami Until 1:44PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:00PM <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>		Sun 18 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>

<b>5</b>	<b>Friday, December 30, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Birming., UK <b>Sutra 262</b> Khara 5113
	Kumbha Rasi: 21.47    Tithi 6 – 7 Creative Work    Siddha Yoga	<b>Gulika</b> 9:14AM – 10:12AM <b>Yama</b> 2:05PM – 3:03PM <b>Rahu</b> 11:10AM – 12:09PM	<b>Purvaprostapada* Until 5:05AM Sat</b> Vyatipata* Until 1:48AM Sat Gara Until 4:37AM Sat <b>Shasthi* Until 3:31PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:01PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>		Sun 19 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>

**Vinayaga Viratam Ends**

<b>6</b>	<b>Saturday, December 31, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Varyan Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Birming., UK <b>Sutra 263</b> Khara 5113
	Meena Rasi: 4.02    Tithi 7 – 8 Creative Work    Siddha Yoga Until 7.03PM then Amrita Yoga	<b>Gulika</b> 8:16AM – 9:14AM <b>Yama</b> 1:07PM – 2:06PM <b>Rahu</b> 10:12AM – 11:11AM	<b>Uttaraprostapada Until 7:13AM Sun</b> Varyan Until 1:56AM Sun Visti Until 6:18AM Sun <b>Saptami Until 5:13PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:02PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>		Sun 20 Moon 12 - Phase 35 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Sunday, January 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Birming., UK <b>Sutra 264</b> Khara 5113
	<b>Retreat Star</b> Meena Rasi: 16.04    Tithi 8 Creative Work    Amrita Yoga Until 7.03PM then Siddha Yoga	<b>Gulika</b> 2:07PM – 3:06PM <b>Yama</b> 12:10PM – 1:09PM <b>Rahu</b> 3:06PM – 4:04PM	<b>Uttaraprostapada Until 7:13AM</b> Parigha* Until 2:27AM Mon Visti Until 6:17AM <b>Ashtami* Until 7:23PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:04PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>		Sun 21 Moon 12 - Phase 35 Ashtami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Monday, January 2, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau				Birming., UK <b>Sutra 265</b> Khara 5113
	Meena Rasi: 27.57    Tithi 9 Family Home Evening    812696156 Creative Work    Siddha Yoga	<b>Gulika</b> 1:09PM – 2:08PM <b>Yama</b> 11:12AM – 12:10PM <b>Rahu</b> 9:14AM – 10:13AM	<b>Revati Until 10:06AM</b> Shiva Until 3:14AM Tue Balava Until 8:45AM <b>Navami* Until 9:50PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:05PM <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>		Sun 22 Moon 12 - Phase 35 Navami <b>Devaloka Day</b>

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

<b>1</b>	<b>Tuesday, January 3, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dasami Yam Titau				Birming., UK
	Mesha Rasi: 9.47	Tithi 10	<b>Gulika</b> 12:11PM – 1:10PM	<b>Asvini</b> Until 1:05PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:15AM	Sun 23 <b>Sutra 266</b> Khara 5113
		822696156	<b>Yama</b> 10:13AM – 11:12AM	Siddha Until 4:07AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:07PM	Moon 12 - Phase 36
Creative Work	Siddha Yoga		<b>Rahu</b> 2:09PM – 3:08PM	Taitila Until 11:20AM	<b>Nataraja:</b> Yellow		4th Phase
Until 7.04PM then Marana Yoga				<b>Dasami</b> Until 12:25AM Wed	Moon – White	<b>Sivaloka Day</b>	
					<b>Pausha-Markali</b>		

<b>2</b>	<b>Wednesday, January 4, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Birming., UK
	Mesha Rasi: 21.38	Tithi 11	<b>Gulika</b> 11:12AM – 12:11PM	<b>Bharani</b> Until 4:03PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:15AM	Sun 24 <b>Sutra 267</b> Khara 5113
		822696156	<b>Yama</b> 9:14AM – 10:13AM	Sadhya Until 4:58AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:08PM	Moon 12 - Phase 36
Routine Work	Marana Yoga		<b>Rahu</b> 12:11PM – 1:11PM	Vanija Until 1:52PM	<b>Nataraja:</b> Yellow		4th Phase
Until 4:03PM then Amrita Yoga				<b>Ekadasi</b> Until 2:58AM Thu	Moon – White	<b>Sivaloka Day</b>	
Until 7.05PM then Marana Yoga			<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>		

<b>3</b>	<b>Thursday, January 5, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Subha Yoga Bava/Balava Karana Dvadasi Yam Titau				Birming., UK
	Vrishabha Rasi: 4	Tithi 12	<b>Gulika</b> 10:13AM – 11:13AM	<b>Krittika</b> Until 6:48PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:15AM	Sun 25 <b>Sutra 268</b> Khara 5113
		822696156	<b>Yama</b> 8:15AM – 9:14AM	Subha Until 5:38AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:09PM	Moon 12 - Phase 36
Routine Work	Marana Yoga		<b>Rahu</b> 1:11PM – 2:10PM	Bava Until 4:12PM	<b>Nataraja:</b> Yellow		4th Phase
				<b>Dvadasi</b> Until 5:17AM Fri	Moon – White	<b>Sivaloka Day</b>	
			<b>Subramuniyaswami Jayanti</b>		<b>Pausha-Markali</b>		

<b>4</b>	<b>Friday, January 6, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Birming., UK
	Vrishabha Rasi: 15.43	Tithi 13	<b>Gulika</b> 9:14AM – 10:13AM	<b>Rohini</b> Until 9:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:14AM	Sun 26 <b>Sutra 269</b> Khara 5113
		832696156	<b>Yama</b> 2:11PM – 3:11PM	Sukla Until 6:00AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 36
Routine Work	Marana Yoga		<b>Rahu</b> 11:13AM – 12:12PM	Kaulava Until 6:10PM	<b>Nataraja:</b> Yellow		4th Phase
Until 7.06PM then Amrita Yoga				<b>Trayodasi</b> Until 6:30AM Sat	Moon – Yellow	<b>Devaloka Day</b>	
Until 9:14PM then Siddha Yoga				<i>Pradosha Vrata</i>	<b>Pausha-Markali</b>		

<b>5</b>	<b>Saturday, January 7, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Brahma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Birming., UK
	Vrishabha Rasi: 28.04	Tithi 13 – 14	<b>Gulika</b> 8:14AM – 9:14AM	<b>Mrigasira</b> Until 9:54PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:14AM	Sun 27 <b>Sutra 270</b> Khara 5113
		832696156	<b>Yama</b> 1:13PM – 2:12PM	Brahma Until 4:14AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:12PM	Moon 12 - Phase 36
Creative Work	Siddha Yoga		<b>Rahu</b> 10:13AM – 11:13AM	Gara Until 6:30PM	<b>Nataraja:</b> Yellow		4th Phase
				<b>Trayodasi</b> Until 6:30AM	Moon – Yellow	<b>Devaloka Day</b>	
					<b>Pausha-Markali</b>		

<b>○</b>	<b>Sunday, January 8, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Birming., UK
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:13PM – 3:13PM	<b>Ardra</b> Until 11:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:13AM	Sun 27 <b>Sutra 271</b> Khara 5113
Mithuna Rasi: 10.4	Tithi 14 – 15	832696156	<b>Yama</b> 12:13PM – 1:13PM	Indra Until 3:43AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:13PM	Moon 12 - Phase 36
Creative Work	Siddha Yoga		<b>Rahu</b> 3:13PM – 4:13PM	Visti Until 7:19PM	<b>Nataraja:</b> Yellow		Purnima
Until 11:14PM then Amrita Yoga				<b>Chaturdasi*</b> Until 7:19AM	Moon – Yellow	<b>Devaloka Day</b>	
			<b>Tiruvembavai</b>		<b>Pausha-Markali</b>		

<b>○</b>	<b>Monday, January 9, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Birming., UK
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:14PM – 2:14PM	<b>Punarvasu</b> Until 12:02AM Tue	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:13AM	Sun 27 <b>Sutra 272</b> Khara 5113
Mithuna Rasi: 23.34	Tithi 15 – 16	842696156	<b>Yama</b> 11:13AM – 12:14PM	Vaidhriti* Until 2:43AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:15PM	Moon 12 - Phase 36
<b>Family Home Evening</b>			<b>Rahu</b> 9:13AM – 10:13AM	Balava Until 7:33PM	<b>Nataraja:</b> Yellow		Prathama
Creative Work	Amrita Yoga			<b>Purnima*</b> Until 7:33AM	Moon – Blue	<b>Sivaloka Day</b>	
Until 7.07PM then Siddha Yoga					<b>Pausha-Markali</b>		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



**Tuesday, January 10, 2012**  
**Gold Retreat Star**

Kataka Rasi: 6.45      Tithi 16 – 17  
842696156

Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika** 12:14PM – 1:15PM  
**Yama** 10:13AM – 11:14AM  
**Rahu** 2:15PM – 3:15PM

**Pushya Until 12:18AM Wed**  
Vishkambha\* Until 1:14AM Wed  
Taitila Until 7:14PM  
**Prathama\* Until 7:14AM**

**Ganesha:** Purple      *Sunrise:* 8:12AM  
**Muruqa:** Clear      *Sunset:* 4:16PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Birming., UK  
**Sutra 273**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**1**

**Wednesday, January 11, 2012**

Kataka Rasi: 20.11      Tithi 17 – 18  
842696156

Creative Work    Siddha Yoga  
Until 10:49PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Priti Yoga Gara/Visti\* Karana Dvitiya/Tritiya Yam Titau

**Gulika** 11:14AM – 12:14PM  
**Yama** 9:12AM – 10:13AM  
**Rahu** 12:14PM – 1:15PM

**Aslesha\* Until 10:49PM**  
Priti Until 10:08PM  
Visti Until 4:30AM Thu  
**Dvitiya Until 6:21AM**

**Ganesha:** Purple      *Sunrise:* 8:11AM  
**Muruqa:** Clear      *Sunset:* 4:17PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Birming., UK  
**Sun 1 Sutra 274**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**2**

**Thursday, January 12, 2012**

Simha Rasi: 3.51      Tithi 19  
852696156

Creative Work    Amrita Yoga  
Until 7.08PM then Marana Yoga  
Until 10:15PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika** 10:13AM – 11:14AM  
**Yama** 8:11AM – 9:12AM  
**Rahu** 1:16PM – 2:17PM

**Magha\* Until 10:15PM**  
Ayushman Until 8:00PM  
Bava Until 4:15PM  
**Chaturthi\* Until 3:20AM Fri**

**Ganesha:** Clear      *Sunrise:* 8:11AM  
**Muruqa:** Clear      *Sunset:* 4:19PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Birming., UK  
**Sun 2 Sutra 275**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**3**

**Friday, January 13, 2012**

Simha Rasi: 17.4      Tithi 20  
852696156

Creative Work    Siddha Yoga  
Until 7.08PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika** 9:11AM – 10:13AM  
**Yama** 2:18PM – 3:19PM  
**Rahu** 11:14AM – 12:15PM

**Purvaphalguni\* Until 9:25PM**  
Saubhagya Until 5:35PM  
Kaulava Until 2:46PM  
**Panchami Until 1:50AM Sat**

**Ganesha:** Clear      *Sunrise:* 8:10AM  
**Muruqa:** Clear      *Sunset:* 4:20PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Birming., UK  
**Sun 3 Sutra 276**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**4**

**Saturday, January 14, 2012**

Kanya Rasi: 1.37      Tithi 21  
853696156

Routine Work    Marana Yoga  
Until 7.09PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Alhiganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika** 8:09AM – 9:11AM  
**Yama** 1:17PM – 2:19PM  
**Rahu** 10:12AM – 11:14AM

**Uttaraphalguni Until 8:22PM**  
Sobhana Until 2:58PM  
Gara Until 1:04PM  
**Shasthi\* Until 12:08AM Sun**

**Ganesha:** Purple      *Sunrise:* 8:09AM  
**Muruqa:** Clear      *Sunset:* 4:22PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Thai**

Birming., UK  
**Sun 4 Sutra 277**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Thai Pongal**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5**

**Sunday, January 15, 2012**

Kanya Rasi: 15.38      Tithi 22  
863696156

Creative Work    Amrita Yoga  
Until 7.09PM then Siddha Yoga  
Until 7:11PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika** 2:20PM – 3:22PM  
**Yama** 12:16PM – 1:18PM  
**Rahu** 3:22PM – 4:24PM

**Hasta Until 7:11PM**  
Athiganda\* Until 12:14PM  
Visti Until 11:12AM  
**Saptami Until 10:17PM**

**Ganesha:** Clear      *Sunrise:* 8:08AM  
**Muruqa:** Clear      *Sunset:* 4:24PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Birming., UK  
**Sun 5 Sutra 278**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**



**Monday, January 16, 2012**

**Retreat Star**

Kanya Rasi: 29.43      Tithi 23  
**Family Home Evening** 863696156

Routine Work    Prabalarishta Yoga  
Until 5:55PM then Amrita Yoga  
Until 7.10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika** 1:19PM – 2:21PM  
**Yama** 11:14AM – 12:16PM  
**Rahu** 9:10AM – 10:12AM

**Chitra Until 5:55PM**  
Sukarma Until 9:25AM  
Balava Until 9:15AM  
**Ashtami\* Until 8:19PM**

**Ganesha:** Clear      *Sunrise:* 8:07AM  
**Muruqa:** Clear      *Sunset:* 4:25PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Birming., UK  
**Sun 6 Sutra 279**  
Khara 5113  
Moon 13 - Phase 37  
Ashtami

**Devaloka Day**

**Tuesday, January 17, 2012**

**Retreat Star**

Tula Rasi: 13.5      Tithi 24  
863696156

Creative Work    Siddha Yoga  
Until 4:34PM then Marana Yoga  
Until 7.10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Visakha Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika** 12:17PM – 1:19PM  
**Yama** 10:11AM – 11:14AM  
**Rahu** 2:22PM – 3:24PM

**Svati Until 4:34PM**  
Dhriti Until 6:32AM  
Taitila Until 7:13AM  
**Navami\* Until 6:18PM**

**Ganesha:** Clear      *Sunrise:* 8:06AM  
**Muruqa:** Clear      *Sunset:* 4:27PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Birming., UK  
**Sun 7 Sutra 280**  
Khara 5113  
Moon 13 - Phase 37  
Navami


**Devaloka Day**

**1** **Wednesday, January 18, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Birming., UK  
 Visakha/Anuradha Nakshatra Ganda\* Yoga Visti\*/Bava Karana Dasami/Ekadasi\* Yam Titau **Sun 8 Sutra 281**  
 Khara 5113  
**Gulika** 11:14AM – 12:17PM **Visakha Until 3:12PM** **Ganesha:** White *Sunrise:* 8:05AM  
**Yama** 9:08AM – 10:11AM **Ganda\* Until 12:58AM Thu** **Muruqa:** Clear *Sunset:* 4:29PM Moon 13 - Phase 38  
 873696156 **Rahu** 12:17PM – 1:20PM **Bava Until 3:19AM Thu** **Nataraja:** Yellow  
 Moon – Orange **Bhuloka Day**  
 Creative Work Siddha Yoga **Dasami Until 4:14PM** **Pausha\*Thai** **Devaloka Time: 3:PM to 6:PM**

**2** **Thursday, January 19, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Birming., UK  
 Anuradha/Jyeshtha\* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau **Sun 9 Sutra 282**  
 Khara 5113  
**Gulika** 10:11AM – 11:14AM **Anuradha Until 1:50PM** **Ganesha:** White *Sunrise:* 8:04AM  
**Yama** 8:04AM – 9:08AM **Vriddhi Until 10:03PM** **Muruqa:** Clear *Sunset:* 4:30PM Moon 13 - Phase 38  
 873696156 **Rahu** 1:21PM – 2:24PM **Kaulava Until 1:16AM Fri** **Nataraja:** Yellow  
 Moon – Orange **Bhuloka Day**  
 Creative Work Siddha Yoga **Ekadasi\* Until 2:11PM** **Pausha\*Thai** **Devaloka Time: 3:PM to 6:PM**  
 Until 7:10PM then Prabalarishta Yoga

**3** **Friday, January 20, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Birming., UK  
 Jyeshtha\*/Mula\* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau **Sun 10 Sutra 283**  
 Khara 5113  
**Gulika** 9:07AM – 10:10AM **Jyeshtha\* Until 12:32PM** **Ganesha:** White *Sunrise:* 8:03AM  
**Yama** 2:25PM – 3:28PM **Dhruva Until 7:13PM** **Muruqa:** Clear *Sunset:* 4:32PM Moon 13 - Phase 38  
 873696156 **Rahu** 11:14AM – 12:18PM **Gara Until 11:16PM** **Nataraja:** Yellow  
 Moon – Orange **Bhuloka Day**  
 Routine Work Prabalarishta Yoga **Dvdadasi\* Until 12:12PM** **Pausha\*Thai** **Devaloka Time: 3:PM to 6:PM**  
 Until 12:32PM then no yoga *Pradosha Vrata (Fasting)*

**4** **Saturday, January 21, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Birming., UK  
 Mula\*/Purvashadha\* Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau **Sun 11 Sutra 284**  
 Khara 5113  
**Gulika** 8:02AM – 9:06AM **Mula\* Until 11:22AM** **Ganesha:** Green *Sunrise:* 8:02AM  
**Yama** 1:22PM – 2:26PM **Vyaghata\* Until 4:30PM** **Muruqa:** Clear *Sunset:* 4:34PM Moon 13 - Phase 38  
 883696156 **Rahu** 10:10AM – 11:14AM **Visti Until 9:27PM** **Nataraja:** Yellow  
 Moon – Light Blue **Bhuloka Day**  
 Creative Work Siddha Yoga **Trayodasi\* Until 10:22AM** **Pausha\*Thai** **Devaloka Time: 3:PM to 6:PM**  
 Until 11:22AM then Marana Yoga  
 Until 7:11PM then Siddha Yoga

 **Sunday, January 22, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Birming., UK  
 Purvashadha\*/Uttarashadha Nakshatra Harshana/Vajra\* Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau **Sun 12 Sutra 285**  
 Khara 5113  
**Gulika** 2:27PM – 3:31PM **Purvashadha\* Until 10:28AM** **Ganesha:** Green *Sunrise:* 8:01AM  
**Yama** 12:18PM – 1:22PM **Harshana Until 2:01PM** **Muruqa:** Clear *Sunset:* 4:36PM Moon 13 - Phase 38  
 883696156 **Rahu** 3:31PM – 4:36PM **Catuspada Until 7:53PM** **Nataraja:** Yellow  
 Moon – Light Blue **Bhuloka Day**  
 Creative Work Siddha Yoga **Chaturdasi\* Until 8:48AM** **Pausha\*Thai** **Devaloka Time: 3:PM to 6:PM**  
 Until 10:28AM then Amrita Yoga  
 Until 7:11PM then Marana Yoga

**Monday, January 23, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Birming., UK  
 Uttarashadha\*/Sraavana Nakshatra Vajra\*/Siddhi Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau **Sun 13 Sutra 286**  
 Khara 5113  
**Gulika** 1:23PM – 2:28PM **Uttarashadha Until 10:12AM** **Ganesha:** Green *Sunrise:* 8:00AM  
**Yama** 11:14AM – 12:18PM **Vajra\* Until 12:18PM** **Muruqa:** Clear *Sunset:* 4:37PM Moon 13 - Phase 38  
 883696156 **Rahu** 9:04AM – 10:09AM **Kintughna Until 7:45PM** **Nataraja:** Yellow  
 Moon – Light Blue **Bhuloka Day**  
 Makara Rasi: 7.44 Tithi 30 – 1 **Amavasya\* Until 7:45AM** **Magha\*Thai** **Devaloka Time: 3:PM to 6:PM**  
**Family Home Evening**  
 Routine Work Marana Yoga  
 Until 10:12AM then Amrita Yoga  
 Until 7:12PM then Siddha Yoga

<b>1</b>	<b>Tuesday, January 24, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau				Birming., UK
	Makara Rasi: 21.08      Tithi 1 – 2	<b>Gulika</b> 12:19PM – 1:24PM	<b>Sravana Until 10:04AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:58AM	Sun 14 <b>Sutra 287</b> Khara 5113
	893696156	<b>Yama</b> 10:08AM – 11:14AM	<b>Siddhi Until 10:26AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:39PM	Moon 13 - Phase 39
		<b>Rahu</b> 2:29PM – 3:34PM	<b>Balava Until 6:59PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work    Siddha Yoga		<b>Prathama* Until 6:59AM</b>	<b>Moon – Purple</b>		
	Until 10:04AM then Marana Yoga			<b>Magha*Thai</b>		
	Until 7.12PM then Prabalarishta Yoga					
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	


<b>2</b>	<b>Wednesday, January 25, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan/Parigha* Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau				Birming., UK
	Kumbha Rasi: 4.14      Tithi 2 – 3	<b>Gulika</b> 11:13AM – 12:19PM	<b>Dhanishtha Until 10:28AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:57AM	Sun 15 <b>Sutra 288</b> Khara 5113
	993696156	<b>Yama</b> 9:02AM – 10:08AM	<b>Vyatipata* Until 9:04AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:41PM	Moon 13 - Phase 39
		<b>Rahu</b> 12:19PM – 1:24PM	<b>Taitila Until 6:47PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Routine Work    Prabalarishta Yoga		<b>Dvitiya Until 6:47AM</b>	<b>Moon – Purple</b>		
	Until 10:28AM then Siddha Yoga			<b>Magha*Thai</b>		
	Until 7.12PM then Marana Yoga					
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Thursday, January 26, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau				Birming., UK
	Kumbha Rasi: 17.03      Tithi 3 – 4	<b>Gulika</b> 10:07AM – 11:13AM	<b>Satabhisha Until 11:27AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:56AM	Sun 16 <b>Sutra 289</b> Khara 5113
	993696156	<b>Yama</b> 7:56AM – 9:01AM	<b>Variyan Until 8:13AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 13 - Phase 39
		<b>Rahu</b> 1:25PM – 2:31PM	<b>Vanija Until 8:24PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Routine Work    Marana Yoga		<b>Tritiya Until 7:19AM</b>	<b>Moon – Purple</b>		
	Until 11:27AM then Siddha Yoga			<b>Magha*Thai</b>		
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Friday, January 27, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Birming., UK
	Kumbha Rasi: 29.34      Tithi 4 – 5	<b>Gulika</b> 9:00AM – 10:07AM	<b>Purvaprostapada* Until 1:32PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:54AM	Sun 17 <b>Sutra 290</b> Khara 5113
	913796156	<b>Yama</b> 2:32PM – 3:38PM	<b>Parigha* Until 8:02AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 13 - Phase 39
		<b>Rahu</b> 11:13AM – 12:19PM	<b>Bava Until 9:30PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work    Siddha Yoga		<b>Chaturthi* Until 8:25AM</b>	<b>Moon – Clear</b>		
				<b>Magha*Thai</b>		
					<b>Sivaloka Day</b>	

<b>5</b>	<b>Saturday, January 28, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revali Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Birming., UK
	Meena Rasi: 11.49      Tithi 5 – 6	<b>Gulika</b> 7:53AM – 8:59AM	<b>Uttaraprostapada Until 3:42PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:53AM	Sun 18 <b>Sutra 291</b> Khara 5113
	914796156	<b>Yama</b> 1:26PM – 2:33PM	<b>Shiva Until 8:09AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 13 - Phase 39
		<b>Rahu</b> 10:06AM – 11:13AM	<b>Kaulava Until 11:11PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work    Siddha Yoga		<b>Panchami Until 10:05AM</b>	<b>Moon – Clear</b>		
	Until 3:42PM then Prabalarishta Yoga			<b>Magha*Thai</b>		
	Until 7.13PM then Amrita Yoga					
					<b>Devaloka Day</b>	

<b>6</b>	<b>Sunday, January 29, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Birming., UK
	Meena Rasi: 23.51      Tithi 6 – 7	<b>Gulika</b> 2:34PM – 3:41PM	<b>Revati Until 6:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:51AM	Sun 19 <b>Sutra 292</b> Khara 5113
	914796156	<b>Yama</b> 12:20PM – 1:27PM	<b>Siddha Until 8:40AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM	Moon 13 - Phase 39
		<b>Rahu</b> 3:41PM – 4:48PM	<b>Gara Until 1:19AM Mon</b>	<b>Nataraja:</b> Yellow		3rd Phase
	Creative Work    Amrita Yoga		<b>Shasthi* Until 12:13PM</b>	<b>Moon – Clear</b>		
	Until 6:18PM then Siddha Yoga			<b>Magha*Thai</b>		
					<b>Devaloka Day</b>	

	<b>Monday, January 30, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Birming., UK
	<b>Retreat Star</b>	<b>Gulika</b> 1:27PM – 2:35PM	<b>Asvini Until 9:11PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:50AM	Sun 20 <b>Sutra 293</b> Khara 5113
	Mesha Rasi: 5.44      Tithi 7 – 8	<b>Yama</b> 11:12AM – 12:20PM	<b>Sadhya Until 9:27AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Moon 13 - Phase 39
	<b>Family Home Evening</b>	<b>Rahu</b> 8:57AM – 10:05AM	<b>Visti Until 3:46AM Tue</b>	<b>Nataraja:</b> Yellow		Ashtami
	924796156		<b>Saptami Until 2:41PM</b>	<b>Moon – White</b>		
	Creative Work    Siddha Yoga			<b>Magha*Thai</b>		
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	

<b>7</b>	<b>Tuesday, January 31, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Birming., UK
	<b>Retreat Star</b>	<b>Gulika</b> 12:20PM – 1:28PM	<b>Bharani Until 12:12AM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:48AM	Sun 21 <b>Sutra 294</b> Khara 5113
	Mesha Rasi: 17.34      Tithi 8 – 9	<b>Yama</b> 10:04AM – 11:12AM	<b>Subha Until 10:22AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 13 - Phase 39
	924796156	<b>Rahu</b> 2:36PM – 3:44PM	<b>Balava Until 6:22AM Wed</b>	<b>Nataraja:</b> Yellow		Navami
	Creative Work    Siddha Yoga		<b>Ashtami* Until 5:17PM</b>	<b>Moon – White</b>		
	Until 7.13PM then Marana Yoga			<b>Magha*Thai</b>		
	Until 12:12AM Wed then Amrita Yoga					
					<b>Bhuloka Day</b>	
					Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

<b>1</b>	<b>Wednesday, February 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau		Birming., UK	
	Mesha Rasi: 29.24      Tithi 9 934796156	<b>Gulika</b> 11:12AM – 12:20PM <b>Yama</b> 8:56AM – 10:04AM <b>Rahu</b> 12:20PM – 1:28PM	<b>Krittika Until 3:11AM Thu</b> Sukla Until 11:15AM Balava Until 6:45AM <b>Navami* Until 7:51PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:48AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:52PM <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>	Sun 22 <b>Sutra 295</b> Khara 5113 Moon 13 - Phase 40 4th Phase
	Creative Work    Amrita Yoga Until 7.13PM then Marana Yoga			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Thursday, February 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau		Birming., UK	
	Virshabha Rasi: 11.21      Tithi 10 934797156	<b>Gulika</b> 10:03AM – 11:12AM <b>Yama</b> 7:46AM – 8:55AM <b>Rahu</b> 1:29PM – 2:37PM	<b>Rohini Until 5:58AM Fri</b> Brahma Until 11:56AM Taitila Until 9:05AM <b>Dasami Until 10:11PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:46AM <b>Muruqa:</b> White <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Magha*Thai</b>	Sun 23 <b>Sutra 296</b> Khara 5113 Moon 13 - Phase 40 4th Phase
	Routine Work    Marana Yoga Until 5:58AM Fri then Siddha Yoga			<b>Sivaloka Day</b>	

<b>3</b>	<b>Friday, February 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Birming., UK	
	Virshabha Rasi: 23.3      Tithi 11 934797156	<b>Gulika</b> 8:54AM – 10:03AM <b>Yama</b> 2:38PM – 3:47PM <b>Rahu</b> 11:11AM – 12:20PM	<b>Mrigasira Until 7:23AM Sat</b> Indra Until 12:16PM Vanija Until 10:59AM <b>Ekadasi Until 12:05AM Sat</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:45AM <b>Muruqa:</b> White <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Magha*Thai</b>	Sun 24 <b>Sutra 297</b> Khara 5113 Moon 13 - Phase 40 4th Phase
	Creative Work    Siddha Yoga			<b>Sivaloka Day</b>	

<b>4</b>	<b>Saturday, February 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau		Birming., UK	
	Mithuna Rasi: 5.55      Tithi 12 934797157	<b>Gulika</b> 7:43AM – 8:52AM <b>Yama</b> 1:30PM – 2:39PM <b>Rahu</b> 10:02AM – 11:11AM	<b>Mrigasira Until 7:23AM</b> Vaidhriti* Until 11:38AM Bava Until 11:45AM <b>Dvadasi Until 11:45PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:43AM <b>Muruqa:</b> White <i>Sunset:</i> 4:58PM <b>Nataraja:</b> White Moon – Yellow <b>Magha*Thai</b>	Sun 25 <b>Sutra 298</b> Khara 5113 Moon 13 - Phase 40 4th Phase
	Creative Work    Siddha Yoga			<b>Subha Sivaloka Day</b>	

<b>5</b>	<b>Sunday, February 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Birming., UK	
	Mithuna Rasi: 18.41      Tithi 13 934797157	<b>Gulika</b> 2:40PM – 3:50PM <b>Yama</b> 12:20PM – 1:30PM <b>Rahu</b> 3:50PM – 4:59PM	<b>Ardra Until 8:26AM</b> Vishkambha* Until 10:52AM Kaulava Until 12:15PM <b>Trayodasi Until 12:15AM Mon</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:42AM <b>Muruqa:</b> White <i>Sunset:</i> 4:59PM <b>Nataraja:</b> White Moon – Yellow <b>Magha*Thai</b>	Sun 26 <b>Sutra 299</b> Khara 5113 Moon 13 - Phase 40 4th Phase
	Creative Work    Siddha Yoga Until 7.14PM then Amrita Yoga			<b>Subha Sivaloka Day</b>	

<b>6</b>	<b>Monday, February 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Birming., UK	
	Kataka Rasi: 1.5      Tithi 14 <b>Family Home Evening</b> 944797157	<b>Gulika</b> 1:31PM – 2:41PM <b>Yama</b> 11:10AM – 12:21PM <b>Rahu</b> 8:50AM – 10:00AM	<b>Punarvasu Until 8:35AM</b> Priti Until 9:14AM Gara Until 11:32AM <b>Chaturdasi* Until 10:37PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:40AM <b>Muruqa:</b> White <i>Sunset:</i> 5:01PM <b>Nataraja:</b> White Moon – Blue <b>Magha*Thai</b>	Sun 27 <b>Sutra 300</b> Khara 5113 Moon 13 - Phase 40 4th Phase
	Creative Work    Amrita Yoga Until 8:35AM then Siddha Yoga	<b>Thai Pusam</b>		<b>Sivaloka Day</b>	

<b>○</b>	<b>Tuesday, February 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau		Birming., UK	
	<b>Copper Retreat Star</b> Kataka Rasi: 15.21      Tithi 15 944797157	<b>Gulika</b> 12:21PM – 1:31PM <b>Yama</b> 9:59AM – 11:10AM <b>Rahu</b> 2:42PM – 3:53PM	<b>Pushya Until 8:16AM</b> Ayushman Until 7:19AM Visti Until 10:36AM <b>Purnima* Until 9:40PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:38AM <b>Muruqa:</b> White <i>Sunset:</i> 5:03PM <b>Nataraja:</b> White Moon – Blue <b>Magha*Thai</b>	Sun 28 <b>Sutra 301</b> Khara 5113 Moon 13 - Phase 40 Purnima
	Creative Work    Siddha Yoga			<b>Sivaloka Day</b>	

<b>○</b>	<b>Wednesday, February 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Birming., UK	
	<b>Silver Retreat Star</b> Kataka Rasi: 29.12      Tithi 16 944797167	<b>Gulika</b> 11:10AM – 12:21PM <b>Yama</b> 8:47AM – 9:58AM <b>Rahu</b> 12:21PM – 1:32PM	<b>Aslesha* Until 7:22AM</b> Sobhana Until 2:11AM Thu Balava Until 9:02AM <b>Prathama* Until 8:07PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:36AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:05PM <b>Nataraja:</b> Blue Moon – Blue <b>Magha*Thai</b>	Sun 29 <b>Sutra 302</b> Khara 5113 Moon 13 - Phase 40 Prathama
	Creative Work    Siddha Yoga Until 7.14PM then Amrita Yoga			<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	





**Thursday, February 9, 2012**  
**Gold Retreat Star**

Simha Rasi: 13.2      Tithi 17 – 18  
955797267  
No Yoga  
Until 7.14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni\* Nakshatra Athiganda\* Yoga Taitila/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 9:58AM – 11:09AM      **Purvaphalguni\* Until 4:51AM Fri**  
**Yama** 7:34AM – 8:46AM      **Athiganda\* Until 11:17PM**  
**Rahu** 1:32PM – 2:44PM      **Taitila Until 6:58AM**  
**Dvitiya Until 6:03PM**

**Ganesha:** White      *Sunrise: 7:34AM*  
**Muruqa:** White      *Sunset: 5:07PM*  
**Nataraja:** Yellow  
Moon – Red  
**Magha-Thai**

Birming., UK  
**Sun 1**      **Sutra 303**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Subha Sivaloka Day**

**1**

**Friday, February 10, 2012**

Simha Rasi: 27.38      Tithi 18 – 19  
955797267  
Creative Work      Siddha Yoga  
Until 7.14PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 8:45AM – 9:57AM      **Uttaraphalguni Until 3:11AM Sat**  
**Yama** 2:45PM – 3:57PM      **Sukarma Until 8:06PM**  
**Rahu** 11:09AM – 12:21PM      **Bava Until 2:44AM Sat**  
**Tritiya Until 3:40PM**

**Ganesha:** White      *Sunrise: 7:33AM*  
**Muruqa:** White      *Sunset: 5:09PM*  
**Nataraja:** Yellow  
Moon – Red  
**Magha-Thai**

Birming., UK  
**Sun 2**      **Sutra 304**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Subha Sivaloka Day**

**2**

**Saturday, February 11, 2012**

Kanya Rasi: 12.02      Tithi 19 – 20  
955797267  
Routine Work      Marana Yoga  
Until 7.14PM then Amrita Yoga  
Until 1:23AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hashta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 7:31AM – 8:43AM      **Hashta Until 1:23AM Sun**  
**Yama** 1:33PM – 2:46PM      **Dhriti Until 4:48PM**  
**Rahu** 9:56AM – 11:08AM      **Kaulava Until 12:12AM Sun**  
**Chaturthi\* Until 1:07PM**

**Ganesha:** Clear      *Sunrise: 7:31AM*  
**Muruqa:** White      *Sunset: 5:11PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha-Thai**

Birming., UK  
**Sun 3**      **Sutra 305**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**

**3**

**Sunday, February 12, 2012**

Kanya Rasi: 26.24      Tithi 20 – 21  
955797267  
Creative Work      Siddha Yoga  
Until 7.14PM then Prabalarishta Yoga  
Until 11:36PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 2:47PM – 4:00PM      **Chitra Until 11:36PM**  
**Yama** 12:21PM – 1:34PM      **Shula\* Until 1:31PM**  
**Rahu** 4:00PM – 5:13PM      **Gara Until 9:41PM**  
**Panchami Until 10:36AM**

**Ganesha:** Clear      *Sunrise: 7:29AM*  
**Muruqa:** White      *Sunset: 5:13PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha-Thai**

Birming., UK  
**Sun 4**      **Sutra 306**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**

**4**

**Monday, February 13, 2012**

Tula Rasi: 10.41      Tithi 21 – 22  
955797267  
**Family Home Evening**  
Creative Work      Amrita Yoga  
Until 7.14PM then Siddha Yoga  
Until 9:57PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika** 1:34PM – 2:48PM      **Svati Until 9:57PM**  
**Yama** 11:07AM – 12:21PM      **Ganda\* Until 10:22AM**  
**Rahu** 8:40AM – 9:54AM      **Visti Until 7:19PM**  
**Shasthi\* Until 8:15AM**

**Ganesha:** Clear      *Sunrise: 7:27AM*  
**Muruqa:** White      *Sunset: 5:14PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha-Masi**

Birming., UK  
**Sun 5**      **Sutra 307**  
Khara 5113  
Moon 1 - Phase 41  
1st Phase

**Sivaloka Day**



**Tuesday, February 14, 2012**  
**Retreat Star**

Tula Rasi: 24.52      Tithi 22 – 23  
975797267  
Routine Work      Marana Yoga  
Until 7.14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtami\* Yam Titau

**Gulika** 12:21PM – 1:35PM      **Visakha Until 8:32PM**  
**Yama** 9:53AM – 11:07AM      **Vridhhi Until 7:25AM**  
**Rahu** 2:49PM – 4:02PM      **Kaulava Until 4:16AM Wed**  
**Saptami Until 6:07AM**

**Ganesha:** Purple      *Sunrise: 7:25AM*  
**Muruqa:** White      *Sunset: 5:16PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Magha-Masi**

Birming., UK  
**Sun 6**      **Sutra 308**  
Khara 5113  
Moon 1 - Phase 41  
Ashtami

**Subha Sivaloka Day**

**Wednesday, February 15, 2012**  
**Retreat Star**

Vrischika Rasi: 8.53      Tithi 24  
975797267  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika** 11:06AM – 12:21PM      **Anuradha Until 7:21PM**  
**Yama** 8:37AM – 9:52AM      **Vyaghata\* Until 2:03AM Thu**  
**Rahu** 12:21PM – 1:35PM      **Taitila Until 3:20PM**  
**Navami\* Until 2:24AM Thu**

**Ganesha:** Purple      *Sunrise: 7:23AM*  
**Muruqa:** White      *Sunset: 5:18PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Magha-Masi**

Birming., UK  
**Sun 7**      **Sutra 309**  
Khara 5113  
Moon 1 - Phase 41  
Navami

**Subha Sivaloka Day**


<b>1</b>	<b>Thursday, February 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau		Birming., UK
	Wrischika Rasi: 22.44      Tithi 25 985797267	<b>Gulika</b> 9:51AM – 11:06AM <b>Yama</b> 7:21AM – 8:36AM <b>Rahu</b> 1:35PM – 2:50PM	<b>Jyeshtha* Until 6:27PM</b> Harshana Until 11:34PM Vanija Until 1:45PM <b>Dasami Until 12:50AM Fri</b>	<b>Sun 8</b> <b>Sutra 310</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work    Siddha Yoga Until 7.14PM then no yoga		<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:21AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Yellow Moon – Orange <b>Magha+Masi</b>	<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Friday, February 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau		Birming., UK
	Dhanus Rasi: 6.28      Tithi 26 985797267	<b>Gulika</b> 8:34AM – 9:50AM <b>Yama</b> 2:51PM – 4:07PM <b>Rahu</b> 11:05AM – 12:21PM	<b>Mula* Until 5:47PM</b> Vajra* Until 9:21PM Bava Until 12:27PM <b>Ekadasi* Until 11:31PM</b>	<b>Sun 9</b> <b>Sutra 311</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	No Yoga Until 5:47PM then Siddha Yoga Until 7.14PM then Marana Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:19AM <b>Muruqa:</b> White <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha+Masi</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, February 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Birming., UK
	Dhanus Rasi: 20.02      Tithi 27 985797267	<b>Gulika</b> 7:17AM – 8:33AM <b>Yama</b> 1:36PM – 2:52PM <b>Rahu</b> 9:49AM – 11:05AM	<b>Purvashadha* Until 6:15PM</b> Siddhi Until 8:18PM Kaulava Until 11:51AM <b>Dvadasi* Until 11:51PM</b>	<b>Sun 10</b> <b>Sutra 312</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Routine Work    Marana Yoga Until 6:15PM then no yoga Until 7.14PM then Amrita Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:17AM <b>Muruqa:</b> White <i>Sunset:</i> 5:24PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha+Masi</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Sunday, February 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Birming., UK
	Makara Rasi: 3.27      Tithi 28 986797267	<b>Gulika</b> 2:53PM – 4:09PM <b>Yama</b> 12:20PM – 1:37PM <b>Rahu</b> 4:09PM – 5:26PM	<b>Uttarashadha Until 6:05PM</b> Vyatipata* Until 6:25PM Gara Until 11:02AM <b>Trayodasi* Until 11:02PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Sun 11</b> <b>Sutra 313</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work    Amrita Yoga	<b>Mahasivaratri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:15AM <b>Muruqa:</b> White <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha+Masi</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Monday, February 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Birming., UK
	Makara Rasi: 16.42      Tithi 29 996797267	<b>Gulika</b> 1:37PM – 2:54PM <b>Yama</b> 11:03AM – 12:20PM <b>Rahu</b> 8:30AM – 9:47AM	<b>Sravana Until 6:15PM</b> Variyan Until 4:50PM Visti Until 10:33AM <b>Chaturdasi* Until 10:33PM</b>	<b>Sun 12</b> <b>Sutra 314</b> Khara 5113 Moon 1 - Phase 42 2nd Phase
	Family Home Evening Creative Work    Amrita Yoga Until 6:15PM then Siddha Yoga Until 7.13PM then Marana Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:13AM <b>Muruqa:</b> White <i>Sunset:</i> 5:28PM <b>Nataraja:</b> Yellow Moon – Purple <b>Magha+Masi</b>	<b>Devaloka Day</b>

	<b>Tuesday, February 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Birming., UK
	<b>Retreat Star</b> Makara Rasi: 29.46      Tithi 30 996897267	<b>Gulika</b> 12:20PM – 1:38PM <b>Yama</b> 9:46AM – 11:03AM <b>Rahu</b> 2:55PM – 4:12PM	<b>Dhanishtha Until 6:45PM</b> Parigha* Until 3:35PM Catuspada Until 10:28AM <b>Amavasya* Until 10:28PM</b>	<b>Sun 13</b> <b>Sutra 315</b> Khara 5113 Moon 1 - Phase 42 Amavasya
	Routine Work    Marana Yoga Until 7.13PM then Siddha Yoga		<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:11AM <b>Muruqa:</b> White <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Yellow Moon – Purple <b>Magha+Masi</b>	<b>Sivaloka Day</b>

	<b>Wednesday, February 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Birming., UK
	<b>Retreat Star</b> Kumbha Rasi: 13      Tithi 1 996897267	<b>Gulika</b> 11:02AM – 12:20PM <b>Yama</b> 8:27AM – 9:44AM <b>Rahu</b> 12:20PM – 1:38PM	<b>Satabhisha Until 7:40PM</b> Shiva Until 2:42PM Kintughna Until 10:47AM <b>Prathama* Until 10:47PM</b>	<b>Sun 14</b> <b>Sutra 316</b> Khara 5113 Moon 1 - Phase 42 Prathama
	Creative Work    Siddha Yoga Until 7.13PM then Marana Yoga Until 7:40PM then Siddha Yoga		<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> White <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Yellow Moon – Purple <b>Phalgun+Masi</b>	<b>Sivaloka Day</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda, Svetu 6.11. UpM, 95

<b>1</b>	<b>Thursday, February 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Birmingham, UK
	Kumbha Rasi: 25.13      Tithi 2 916897267 Creative Work    Siddha Yoga	<b>Gulika</b> 9:43AM – 11:02AM <b>Yama</b> 7:07AM – 8:25AM <b>Rahu</b> 1:38PM – 2:57PM	<b>Purvaprostapada* Until 10:14PM</b> Siddha Until 2:50PM Balava Until 12:05PM <b>Dvitiya Until 1:10AM Fri</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:07AM</i> <b>Muruqa:</b> White <i>Sunset: 5:33PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Phalguna-Masi</b>
<b>2</b>	<b>Friday, February 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Tritiya Yam Titau		Birmingham, UK
	Meena Rasi: 8      Tithi 3 916897267 Creative Work    Siddha Yoga Until 12:08AM Sat then Prabalarishta Yoga	<b>Gulika</b> 8:23AM – 9:42AM <b>Yama</b> 2:57PM – 4:16PM <b>Rahu</b> 11:01AM – 12:20PM	<b>Uttaraprostapada Until 12:08AM Sat</b> Sadhya Until 2:44PM Tailila Until 1:26PM <b>Tritiya Until 2:31AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:05AM</i> <b>Muruqa:</b> White <i>Sunset: 5:35PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Phalguna-Masi</b>
<b>3</b>	<b>Saturday, February 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Birmingham, UK
	Meena Rasi: 19.46      Tithi 4 916897267 Routine Work    Prabalarishta Yoga Until 7.13PM then Amrita Yoga Until 2:27AM Sun then Siddha Yoga	<b>Gulika</b> 7:02AM – 8:22AM <b>Yama</b> 1:39PM – 2:58PM <b>Rahu</b> 9:41AM – 11:00AM	<b>Revati Until 2:27AM Sun</b> Subha Until 3:01PM Vanija Until 3:15PM <b>Chaturthi* Until 4:21AM Sun</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:02AM</i> <b>Muruqa:</b> White <i>Sunset: 5:37PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Phalguna-Masi</b>
<b>4</b>	<b>Sunday, February 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchami Yam Titau		Birmingham, UK
	Mesha Rasi: 1.46      Tithi 5 927897267 Creative Work    Siddha Yoga	<b>Gulika</b> 2:59PM – 4:19PM <b>Yama</b> 12:19PM – 1:39PM <b>Rahu</b> 4:19PM – 5:39PM	<b>Asvini Until 5:08AM Mon</b> Sukla Until 3:38PM Bava Until 5:28PM <b>Panchami Until 6:52AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:00AM</i> <b>Muruqa:</b> White <i>Sunset: 5:39PM</i> <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>
<b>5</b>	<b>Monday, February 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Birmingham, UK
	Mesha Rasi: 13.38      Tithi 5 – 6 927897267 Family Home Evening Creative Work    Siddha Yoga	<b>Gulika</b> 1:40PM – 3:00PM <b>Yama</b> 10:59AM – 12:19PM <b>Rahu</b> 8:18AM – 9:39AM	<b>Bharani Until 8:29AM Tue</b> Brahma Until 4:29PM Kaulava Until 7:57PM <b>Panchami Until 6:52AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:58AM</i> <b>Muruqa:</b> White <i>Sunset: 5:41PM</i> <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>
<b>6</b>	<b>Tuesday, February 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau		Birmingham, UK
	Mesha Rasi: 25.25      Tithi 6 – 7 927897267 Creative Work    Siddha Yoga Until 7.12PM then Amrita Yoga	<b>Gulika</b> 12:19PM – 1:40PM <b>Yama</b> 9:38AM – 10:58AM <b>Rahu</b> 3:01PM – 4:22PM	<b>Bharani Until 8:29AM</b> Indra Until 5:28PM Gara Until 10:36PM <b>Shasthi* Until 9:30AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:56AM</i> <b>Muruqa:</b> White <i>Sunset: 5:42PM</i> <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>
	<b>Wednesday, February 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Birmingham, UK
	<b>Retreat Star</b> Vrishabha Rasi: 7.14      Tithi 7 – 8 927897267 Creative Work    Amrita Yoga Until 11:32AM then Siddha Yoga Until 7.12PM then Marana Yoga	<b>Gulika</b> 10:58AM – 12:19PM <b>Yama</b> 8:15AM – 9:36AM <b>Rahu</b> 12:19PM – 1:40PM	<b>Krittika Until 11:32AM</b> Vaidhriti* Until 6:26PM Visti Until 1:12AM Thu <b>Saptami Until 12:06PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:54AM</i> <b>Muruqa:</b> White <i>Sunset: 5:44PM</i> <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>
<b>1</b>	<b>Thursday, March 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Birmingham, UK
	<b>Retreat Star</b> Vrishabha Rasi: 19.09      Tithi 8 – 9 937897267 Routine Work    Marana Yoga Until 7.12PM then Siddha Yoga	<b>Gulika</b> 9:34AM – 10:56AM <b>Yama</b> 6:49AM – 8:12AM <b>Rahu</b> 1:41PM – 3:03PM	<b>Rohini Until 2:22PM</b> Vishkambha* Until 7:12PM Balava Until 3:34AM Fri <b>Ashtami* Until 2:29PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:49AM</i> <b>Muruqa:</b> White <i>Sunset: 5:48PM</i> <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

<b>1</b>	<b>Friday, March 2, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Priti Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Birming., UK Sun 23 Sutra 325 Khara 5113
	Mithuna Rasi: 1.16    Tithi 9 – 10 937897267	<b>Gulika</b> 8:10AM – 9:33AM <b>Yama</b> 3:04PM – 4:27PM <b>Rahu</b> 10:56AM – 12:18PM	<b>Mrigasira Until 4:48PM</b> Priti Until 7:35PM Taitila Until 5:31AM Sat Navami* Until 4:25PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:47AM <b>Muruqa:</b> White <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>	Moon 1 - Phase 44 4th Phase <b>Sivaloka Day</b>
<b>2</b>	<b>Saturday, March 3, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Birming., UK Sun 24 Sutra 326 Khara 5113
	Mithuna Rasi: 13.41    Tithi 10 – 11 937897267	<b>Gulika</b> 6:45AM – 8:08AM <b>Yama</b> 1:41PM – 3:05PM <b>Rahu</b> 9:31AM – 10:55AM	<b>Ardra Until 5:40PM</b> Ayushman Until 6:29PM Vanija Until 4:44AM Sun Dasami Until 4:44PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:45AM <b>Muruqa:</b> White <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>	Moon 1 - Phase 44 4th Phase <b>Sivaloka Day</b>
<b>3</b>	<b>Sunday, March 4, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Birming., UK Sun 25 Sutra 327 Khara 5113
	Mithuna Rasi: 26.28    Tithi 11 – 12 148897267	<b>Gulika</b> 3:06PM – 4:29PM <b>Yama</b> 12:18PM – 1:42PM <b>Rahu</b> 4:29PM – 5:53PM	<b>Punarvasu Until 6:40PM</b> Saubhagya Until 5:41PM Bava Until 5:09AM Mon Ekadasi Until 5:09PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:53PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
<b>4</b>	<b>Monday, March 5, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Birming., UK Sun 26 Sutra 328 Khara 5113
	Kataka Rasi: 9.42    Tithi 12 – 13 <b>Family Home Evening</b> 148817267 Creative Work    Siddha Yoga	<b>Gulika</b> 1:42PM – 3:06PM <b>Yama</b> 10:53AM – 12:18PM <b>Rahu</b> 8:05AM – 9:29AM	<b>Pushya Until 5:57PM</b> Sobhana Until 3:29PM Kaulava Until 2:57AM Tue Dvadasi Until 3:53PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:40AM <b>Muruqa:</b> White <i>Sunset:</i> 5:55PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
<b>5</b>	<b>Tuesday, March 6, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau		Birming., UK Sun 27 Sutra 329 Khara 5113
	Kataka Rasi: 23.23    Tithi 13 – 14 148817267	<b>Gulika</b> 12:17PM – 1:42PM <b>Yama</b> 9:28AM – 10:53AM <b>Rahu</b> 3:07PM – 4:32PM	<b>Aslesha* Until 5:21PM</b> Athiganda* Until 1:19PM Gara Until 1:42AM Wed Trayodasi Until 2:37PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:38AM <b>Muruqa:</b> White <i>Sunset:</i> 5:57PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
<b>○</b>	<b>Wednesday, March 7, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Birming., UK Sun 28 Sutra 330 Khara 5113
	<b>Copper Retreat Star</b> Simha Rasi: 7.29    Tithi 14 – 15 158817267	<b>Gulika</b> 10:52AM – 12:17PM <b>Yama</b> 8:01AM – 9:26AM <b>Rahu</b> 12:17PM – 1:43PM	<b>Magha* Until 4:01PM</b> Sukarma Until 10:28AM Visti Until 11:39PM Chaturdasi* Until 12:35PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:36AM <b>Muruqa:</b> White <i>Sunset:</i> 5:59PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalguna-Masi</b>	Moon 1 - Phase 44 Purnima <b>Sivaloka Day</b>
<b>○</b>	<b>Thursday, March 8, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Birming., UK Sun 29 Sutra 331 Khara 5113
	<b>Silver Retreat Star</b> Simha Rasi: 21.57    Tithi 15 – 16 158817267	<b>Gulika</b> 9:25AM – 10:51AM <b>Yama</b> 6:33AM – 7:59AM <b>Rahu</b> 1:43PM – 3:09PM	<b>Purvaphalguni* Until 1:32PM</b> Dhriti Until 7:00AM Balava Until 7:53PM Purnima* Until 9:36AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> White <i>Sunset:</i> 6:00PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalguna-Masi</b>	Moon 1 - Phase 44 Prathama <b>Sivaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



**Friday, March 9, 2012**  
**Gold Retreat Star**

Kanya Rasi: 6.4      Tithi 16 – 17  
158817267  
Creative Work    Siddha Yoga  
Until 11:20AM then Amrita Yoga  
Until 7.10PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ganda\* Yoga Kaulava/Gara Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    7:58AM – 9:24AM    **Uttaraphalguni Until 11:20AM**  
**Yama**      3:09PM – 4:36PM    **Ganda\* Until 11:25PM**  
**Rahu**      10:50AM – 12:17PM    **Gara Until 3:13AM Sat**  
**Prathama\* Until 6:39AM**

**Ganesha:** Red      *Sunrise:* 6:31AM  
**Muruqa:** White    *Sunset:* 6:02PM  
**Nataraja:** Yellow  
Moon – Red  
**Phalguna-Masi**

**Sivaloka Day**

Birming., UK  
**Sutra 332**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**1**

**Saturday, March 10, 2012**

Kanya Rasi: 21.3      Tithi 18  
169817267  
Routine Work    Marana Yoga  
Until 7.10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    6:29AM – 7:56AM    **Hasta Until 8:56AM**  
**Yama**      1:43PM – 3:10PM    **Vriddhi Until 7:41PM**  
**Rahu**      9:23AM – 10:50AM    **Vanija Until 1:48PM**  
**Tritiya Until 12:05AM Sun**

**Ganesha:** Blue      *Sunrise:* 6:29AM  
**Muruqa:** White    *Sunset:* 6:04PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

**Devaloka Day**

Birming., UK  
**Sun 1 Sutra 333**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**2**

**Sunday, March 11, 2012**

Tula Rasi: 6.19      Tithi 19  
169817267  
Creative Work    Siddha Yoga  
Until 7.09PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    3:11PM – 4:38PM    **Chitra Until 6:34AM**  
**Yama**      12:16PM – 1:44PM    **Dhruva Until 3:58PM**  
**Rahu**      4:38PM – 6:06PM    **Bava Until 10:42AM**  
**Chaturthi\* Until 8:59PM**

**Ganesha:** Blue      *Sunrise:* 6:27AM  
**Muruqa:** White    *Sunset:* 6:06PM  
**Nataraja:** Yellow  
Moon – Green  
**Phalguna-Masi**

**Devaloka Day**

Birming., UK  
**Sun 2 Sutra 334**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**3**

**Monday, March 12, 2012**

Tula Rasi: 20.59      Tithi 20  
**Family Home Evening**    179817267  
Routine Work    Marana Yoga  
Until 3:11AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    1:44PM – 3:12PM    **Visakha Until 3:11AM Tue**  
**Yama**      10:48AM – 12:16PM    **Vyaghata\* Until 12:53PM**  
**Rahu**      7:52AM – 9:20AM    **Kaulava Until 7:58AM**  
**Panchami Until 7:03PM**

**Ganesha:** Red      *Sunrise:* 6:24AM  
**Muruqa:** White    *Sunset:* 6:08PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Masi**

**Sivaloka Day**

Birming., UK  
**Sun 3 Sutra 335**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

**4**

**Tuesday, March 13, 2012**

Vrischika Rasi: 5.25      Tithi 21 – 22  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    12:16PM – 1:44PM    **Anuradha Until 1:16AM Wed**  
**Yama**      9:19AM – 10:47AM    **Harshana Until 9:31AM**  
**Rahu**      3:12PM – 4:41PM    **Visti Until 3:27AM Wed**  
**Shasthi\* Until 4:22PM**

**Ganesha:** Red      *Sunrise:* 6:22AM  
**Muruqa:** White    *Sunset:* 6:09PM  
**Nataraja:** Yellow  
Moon – Orange  
**Phalguna-Masi**

**Sivaloka Day**

Birming., UK  
**Sun 4 Sutra 336**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase



**Wednesday, March 14, 2012**  
**Retreat Star**

Vrischika Rasi: 19.35      Tithi 22 – 23  
179817268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    10:46AM – 12:15PM    **Jyeshtha\* Until 11:51PM**  
**Yama**      7:48AM – 9:17AM    **Vajra\* Until 6:36AM**  
**Rahu**      12:15PM – 1:44PM    **Balava Until 1:18AM Thu**  
**Saptami Until 2:13PM**

**Ganesha:** Red      *Sunrise:* 6:20AM  
**Muruqa:** White    *Sunset:* 6:11PM  
**Nataraja:** White  
Moon – Orange  
**Phalguna-Panguni**

**Subha Sivaloka Day**

Birming., UK  
**Sun 5 Sutra 337**  
Khara 5113  
Moon 2 - Phase 45  
Ashtami

**Thursday, March 15, 2012**  
**Retreat Star**

Dhanus Rasi: 3.27      Tithi 23 – 24  
189817268  
Creative Work    Siddha Yoga  
Until 7.08PM then no yoga  
Until 10:56PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    9:16AM – 10:46AM    **Mula\* Until 10:56PM**  
**Yama**      6:17AM – 7:47AM    **Vyatipata\* Until 1:29AM Fri**  
**Rahu**      1:44PM – 3:14PM    **Taitila Until 11:42PM**  
**Ashtami\* Until 12:37PM**

**Ganesha:** Green      *Sunrise:* 6:17AM  
**Muruqa:** White    *Sunset:* 6:13PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**

**Sivaloka Day**

Birming., UK  
**Sun 6 Sutra 338**  
Khara 5113  
Moon 2 - Phase 45  
Navami


<b>1</b>	<b>Friday, March 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Birming., UK Sun 7 Sutra 339 Khara 5113
	Dhanus Rasi: 17.02    Tithi 24 – 25 189917268	<b>Gulika</b> 7:45AM – 9:15AM <b>Yama</b> 3:15PM – 4:45PM <b>Rahu</b> 10:45AM – 12:15PM	<b>Purvashadha* Until 11:47PM</b> Variyan Until 12:45AM Sat Vanija Until 12:00PM <b>Navami* Until 12:00PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:15AM <b>Muruqa:</b> White <i>Sunset:</i> 6:15PM <b>Nataraja:</b> White Moon – Light Blue <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 7.08PM then Marana Yoga Until 11:47PM then no yoga					

<b>2</b>	<b>Saturday, March 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau			Birming., UK Sun 8 Sutra 340 Khara 5113
	Makara Rasi: 0.22    Tithi 25 – 26 189917268	<b>Gulika</b> 6:13AM – 7:43AM <b>Yama</b> 1:45PM – 3:15PM <b>Rahu</b> 9:13AM – 10:44AM	<b>Uttarashadha Until 11:48PM</b> Parigha* Until 11:03PM Bava Until 11:21PM <b>Dasami Until 11:21AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:13AM <b>Muruqa:</b> White <i>Sunset:</i> 6:16PM <b>Nataraja:</b> White Moon – Light Blue <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 2nd Phase <b>Sivaloka Day</b>
No Yoga Until 7.08PM then Amrita Yoga					

<b>3</b>	<b>Sunday, March 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Birming., UK Sun 9 Sutra 341 Khara 5113
	Makara Rasi: 13.27    Tithi 26 – 27 191917268	<b>Gulika</b> 3:16PM – 4:47PM <b>Yama</b> 12:14PM – 1:45PM <b>Rahu</b> 4:47PM – 6:18PM	<b>Sravana Until 12:14AM Mon</b> Shiva Until 9:45PM Kaulava Until 11:09PM <b>Ekadasi* Until 11:09AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:10AM <b>Muruqa:</b> White <i>Sunset:</i> 6:18PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day
Creative Work    Amrita Yoga Until 12:14AM Mon then Siddha Yoga					

<b>4</b>	<b>Monday, March 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Birming., UK Sun 10 Sutra 342 Khara 5113
	Makara Rasi: 26.21    Tithi 27 – 28 191917268	<b>Gulika</b> 1:45PM – 3:17PM <b>Yama</b> 10:42AM – 12:14PM <b>Rahu</b> 7:39AM – 9:11AM	<b>Dhanishtha Until 1:03AM Tue</b> Siddha Until 8:48PM Gara Until 11:21PM <b>Dvadasi* Until 11:21AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:08AM <b>Muruqa:</b> White <i>Sunset:</i> 6:20PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day
Family Home Evening Creative Work    Siddha Yoga Until 7.07PM then Marana Yoga					

<b>5</b>	<b>Tuesday, March 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Birming., UK Sun 11 Sutra 343 Khara 5113
	Kumbha Rasi: 9.03    Tithi 28 – 29 191917268	<b>Gulika</b> 12:14PM – 1:46PM <b>Yama</b> 9:10AM – 10:42AM <b>Rahu</b> 3:18PM – 4:50PM	<b>Satabhisha Until 2:13AM Wed</b> Sadhya Until 8:11PM Visti Until 11:55PM <b>Trayodasi* Until 11:55AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:06AM <b>Muruqa:</b> White <i>Sunset:</i> 6:22PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day
Routine Work    Marana Yoga Until 7.07PM then Siddha Yoga Until 2:13AM Wed then Amrita Yoga					

	<b>Wednesday, March 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Birming., UK Sun 12 Sutra 344 Khara 5113
	<b>Retreat Star</b> Kumbha Rasi: 21.35    Tithi 29 – 30 111917268	<b>Gulika</b> 10:41AM – 12:13PM <b>Yama</b> 7:36AM – 9:08AM <b>Rahu</b> 12:13PM – 1:46PM	<b>Purvaprostapada* Until 5:30AM Thu</b> Subha Until 8:55PM Catuspada Until 2:34AM Thu <b>Chaturdasi* Until 1:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:03AM <b>Muruqa:</b> White <i>Sunset:</i> 6:23PM <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 Amavasya <b>Subha Sivaloka Day</b>
Creative Work    Amrita Yoga Until 7.06PM then Siddha Yoga					

<b>Retreat Star</b>	<b>Thursday, March 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Birming., UK Sun 13 Sutra 345 Khara 5113
	Meena Rasi: 3.56    Tithi 30 – 1 111917268	<b>Gulika</b> 9:07AM – 10:40AM <b>Yama</b> 6:01AM – 7:34AM <b>Rahu</b> 1:46PM – 3:19PM	<b>Uttaraprostapada Until 7:05AM Fri</b> Sukla Until 8:53PM Kintughna Until 3:57AM Fri <b>Amavasya* Until 2:52PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> White <i>Sunset:</i> 6:25PM <b>Nataraja:</b> White Moon – Clear <b>Chaitra-Panguni</b>	Moon 2 - Phase 46 Prathama <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga					

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP, 287

<b>1</b>	<b>Friday, March 23, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Birming., UK
	Meena Rasi: 16.07	Tithi 1 - 2	111917268	<b>Sun 14</b>	<b>Sutra 346</b> Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 7:32AM - 9:06AM <b>Yama</b> 3:20PM - 4:53PM <b>Rahu</b> 10:39AM - 12:13PM	<b>Uttaraprostapada Until 7:05AM</b> Brahma Until 9:10PM Balava Until 5:42AM Sat <b>Prathama* Until 4:37PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Clear
	Until 7.06PM then Prabalarishta Yoga			<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Saturday, March 24, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Kaulava Karana Dvitiya Yam Titau		Birming., UK
	Meena Rasi: 28.1	Tithi 2	111917268	<b>Sun 15</b>	<b>Sutra 347</b> Khara 5113
	Routine Work Prabalarishta Yoga		<b>Gulika</b> 5:56AM - 7:30AM <b>Yama</b> 1:46PM - 3:20PM <b>Rahu</b> 9:04AM - 10:38AM	<b>Revati Until 9:41AM</b> Indra Until 9:45PM Kaulava Until 7:48AM Sun <b>Dvitiya Until 6:42PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Clear
	Until 9:41AM then Siddha Yoga		<b>Chellappaswami Mahasamadhi</b>	<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Sunday, March 25, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhrithi* Yoga Taitila/Gara Karana Tritiya Yam Titau		Birming., UK
	Mesha Rasi: 10.04	Tithi 3	121917268	<b>Sun 16</b>	<b>Sutra 348</b> Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 3:21PM - 4:56PM <b>Yama</b> 12:12PM - 1:47PM <b>Rahu</b> 4:56PM - 6:30PM	<b>Asvini Until 12:32PM</b> Vaidhrithi* Until 10:33PM Taitila Until 7:59AM <b>Tritiya Until 9:04PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - White
	Until 12:32PM then no yoga			<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>
	Until 7.05PM then Siddha Yoga				

<b>4</b>	<b>Monday, March 26, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Birming., UK
	Mesha Rasi: 21.53	Tithi 4	121917268	<b>Sun 17</b>	<b>Sutra 349</b> Khara 5113
	<b>Family Home Evening</b>		<b>Gulika</b> 1:47PM - 3:22PM <b>Yama</b> 10:37AM - 12:12PM <b>Rahu</b> 7:27AM - 9:02AM	<b>Bharani Until 3:35PM</b> Vishkambha* Until 11:32PM Vanija Until 10:33AM <b>Chaturthi* Until 11:38PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - White
	Creative Work Siddha Yoga			<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>
	Until 3:35PM then no yoga				
	Until 7.05PM then Siddha Yoga				

<b>5</b>	<b>Tuesday, March 27, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau		Birming., UK
	Vrishabha Rasi: 3.39	Tithi 5	121917268	<b>Sun 18</b>	<b>Sutra 350</b> Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 12:11PM - 1:47PM <b>Yama</b> 9:00AM - 10:36AM <b>Rahu</b> 3:23PM - 4:58PM	<b>Krittika Until 6:42PM</b> Priti Until 12:35AM Wed Bava Until 1:12PM <b>Panchami Until 2:18AM Wed</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - White
	Until 6:42PM then Amrita Yoga			<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>
	Until 7.05PM then Siddha Yoga				

<b>6</b>	<b>Wednesday, March 28, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Birming., UK
	Vrishabha Rasi: 15.27	Tithi 6	132917268	<b>Sun 19</b>	<b>Sutra 351</b> Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 10:35AM - 12:11PM <b>Yama</b> 7:23AM - 8:59AM <b>Rahu</b> 12:11PM - 1:47PM	<b>Rohini Until 9:46PM</b> Ayushman Until 1:35AM Thu Kaulava Until 3:48PM <b>Shasthi* Until 4:54AM Thu</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Yellow
	Until 7.04PM then Marana Yoga			<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

	<b>Thursday, March 29, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Gara Karana Saptami Yam Titau		Birming., UK
	Vrishabha Rasi: 27.21	Tithi 7	132917268	<b>Sun 20</b>	<b>Sutra 352</b> Khara 5113
	<b>Retreat Star</b>		<b>Gulika</b> 8:58AM - 10:34AM <b>Yama</b> 5:44AM - 7:21AM <b>Rahu</b> 1:47PM - 3:24PM	<b>Mrigasira Until 12:38AM Fri</b> Saubhagya Until 2:25AM Fri Gara Until 6:11PM <b>Saptami Until 7:03AM Fri</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Yellow
	Routine Work Marana Yoga			<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>
	Until 7.04PM then Siddha Yoga				

<b>D</b>	<b>Friday, March 30, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Birming., UK
	Mithuna Rasi: 9.26	Tithi 7 - 8	132917268	<b>Sun 21</b>	<b>Sutra 353</b> Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 7:19AM - 8:56AM <b>Yama</b> 3:25PM - 5:02PM <b>Rahu</b> 10:33AM - 12:11PM	<b>Ardra Until 3:08AM Sat</b> Sobhana Until 2:53AM Sat Visti Until 8:09PM <b>Saptami Until 7:03AM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Yellow
	Until 3:08AM Sat then Marana Yoga			<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>

	<b>Saturday, March 31, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Birming., UK
	Mithuna Rasi: 21.49	Tithi 8 - 9	142917268	<b>Sun 22</b>	<b>Sutra 354</b> Khara 5113
	Routine Work Marana Yoga		<b>Gulika</b> 5:40AM - 7:17AM <b>Yama</b> 1:48PM - 3:25PM <b>Rahu</b> 8:55AM - 10:33AM	<b>Punarvasu Until 3:17AM Sun</b> Athiganda* Until 1:21AM Sun Balava Until 8:12PM <b>Ashtami* Until 8:12AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> White Moon - Blue
	Until 7.03PM then Siddha Yoga		<b>Sri Rama Navami</b>	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

<b>1</b>	<b>Sunday, April 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Birming., UK
	Kataka Rasi: 4.32    Titithi 9 – 10 142917268	<b>Gulika</b> 3:25PM – 5:03PM <b>Yama</b> 12:10PM – 1:48PM <b>Rahu</b> 5:03PM – 6:41PM	<b>Pushya Until 4:23AM Mon</b> Sukarma Until 12:41AM Mon Taitila Until 8:42PM <b>Navami* Until 8:42AM</b>	<b>Sun 23</b> <b>Sutra 355</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga		<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> White <i>Sunset:</i> 6:41PM <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>	

<b>2</b>	<b>Monday, April 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Birming., UK
	Kataka Rasi: 17.43    Titithi 10 – 11 <b>Family Home Evening</b> 142917268 Creative Work    Siddha Yoga	<b>Gulika</b> 1:48PM – 3:26PM <b>Yama</b> 10:32AM – 12:10PM <b>Rahu</b> 7:16AM – 8:54AM	<b>Aslesha* Until 3:03AM Tue</b> Dhriti Until 10:06PM Vanija Until 7:13PM <b>Dasami Until 8:08AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:37AM <b>Muruqa:</b> White <i>Sunset:</i> 6:42PM <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>
		<b>Yogaswami Mahasamadhi</b>		

<b>3</b>	<b>Tuesday, April 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau		Birming., UK
	Simha Rasi: 1.23    Titithi 11 – 12 152917268	<b>Gulika</b> 12:10PM – 1:48PM <b>Yama</b> 8:52AM – 10:31AM <b>Rahu</b> 3:27PM – 5:06PM	<b>Magha* Until 2:29AM Wed</b> Shula* Until 8:00PM Balava Until 5:03AM Wed <b>Ekadasi Until 6:54AM</b>	<b>Sun 25</b> <b>Sutra 357</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Subha Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 2:29AM Wed then Amrita Yoga		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> White <i>Sunset:</i> 6:44PM <b>Nataraja:</b> White Moon – Red <b>Chaitra•Panguni</b>	

<b>4</b>	<b>Wednesday, April 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Birming., UK
	Simha Rasi: 15.31    Titithi 13 152917268	<b>Gulika</b> 10:30AM – 12:09PM <b>Yama</b> 7:12AM – 8:51AM <b>Rahu</b> 12:09PM – 1:48PM	<b>Purvaphalguni* Until 11:50PM</b> Ganda* Until 4:27PM Kaulava Until 3:08PM <b>Trayodasi Until 1:25AM Thu</b> <i>Pradosha Vrata</i>	<b>Sun 26</b> <b>Sutra 358</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Subha Sivaloka Day</b>
	Creative Work    Amrita Yoga Until 7:02PM then no yoga Until 11:50PM then Prabalarishta Yoga		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> White <i>Sunset:</i> 6:46PM <b>Nataraja:</b> White Moon – Red <b>Chaitra•Panguni</b>	

<b>5</b>	<b>Thursday, April 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Birming., UK
	Kanya Rasi: 0.05    Titithi 14 152917268	<b>Gulika</b> 8:50AM – 10:29AM <b>Yama</b> 5:31AM – 7:10AM <b>Rahu</b> 1:49PM – 3:28PM	<b>Uttaraphalguni Until 9:52PM</b> Vridhhi Until 1:07PM Gara Until 12:26PM <b>Chaturdasi* Until 10:43PM</b>	<b>Sun 27</b> <b>Sutra 359</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Subha Sivaloka Day</b>
	Routine Work    Prabalarishta Yoga Until 7:02PM then Siddha Yoga Until 9:52PM then Amrita Yoga		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> White <i>Sunset:</i> 6:48PM <b>Nataraja:</b> White Moon – Red <b>Chaitra•Panguni</b>	

<b>○</b>	<b>Friday, April 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau		Birming., UK
	<b>Copper Retreat Star</b> Kanya Rasi: 14.59    Titithi 15 162917268	<b>Gulika</b> 7:08AM – 8:48AM <b>Yama</b> 3:29PM – 5:09PM <b>Rahu</b> 10:29AM – 12:09PM	<b>Hasta Until 7:22PM</b> Dhruva Until 9:18AM Visti Until 9:09AM <b>Purnima* Until 7:26PM</b>	<b>Sun 28</b> <b>Sutra 360</b> Khara 5113 Moon 2 - Phase 48 Purnima <b>Sivaloka Day</b>
	Creative Work    Amrita Yoga Until 7:02PM then Marana Yoga	<b>Panguni Uttiram</b> <b>Hanuman Jayanti</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> White <i>Sunset:</i> 6:49PM <b>Nataraja:</b> White Moon – Green <b>Chaitra•Panguni</b>	

<b>○</b>	<b>Saturday, April 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau		Birming., UK
	<b>Silver Retreat Star</b> Tula Rasi: 0.04    Titithi 16 – 17 162917268	<b>Gulika</b> 5:26AM – 7:07AM <b>Yama</b> 1:49PM – 3:30PM <b>Rahu</b> 8:47AM – 10:28AM	<b>Chitra Until 4:33PM</b> Harshana Until 1:11AM Sun Taitila Until 2:06AM Sun <b>Prathama* Until 3:49PM</b>	<b>Sun 29</b> <b>Sutra 361</b> Khara 5113 Moon 2 - Phase 48 Prathama <b>Sivaloka Day</b>
	Routine Work    Marana Yoga Until 4:33PM then Siddha Yoga		<b>Ganesha:</b> White <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> White <i>Sunset:</i> 6:51PM <b>Nataraja:</b> White Moon – Green <b>Chaitra•Panguni</b>	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1





**Sunday, April 8, 2012**  
**Gold Retreat Star**

Tula Rasi: 15.13      Tithi 17 - 18  
162917268  
Creative Work    Siddha Yoga  
Until 1:40PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Visakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    3:30PM - 5:12PM    **Svati Until 1:40PM**  
**Yama**      12:08PM - 1:49PM    **Vajra\* Until 9:00PM**  
**Rahu**      5:12PM - 6:53PM      **Vanija Until 10:25PM**  
**Dvitiya Until 12:08PM**

**Ganesha:** White    *Sunrise: 5:24AM*  
**Muruqa:** White    *Sunset: 6:53PM*  
**Nataraja:** White  
Moon - Green  
**Chaitra•Panguni**

Birming., UK  
**Sun 1**    **Sutra 362**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Sivaloka Day**

**1**

**Monday, April 9, 2012**

Vrischika Rasi: 0.14      Tithi 18 - 19  
**Family Home Evening**    172917268  
Routine Work    Marana Yoga  
Until 10:58AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    1:50PM - 3:31PM    **Visakha Until 10:58AM**  
**Yama**      10:26AM - 12:08PM    **Siddhi Until 5:00PM**  
**Rahu**      7:03AM - 8:45AM      **Bava Until 6:55PM**  
**Tritiya Until 8:38AM**

**Ganesha:** Clear    *Sunrise: 5:21AM*  
**Muruqa:** White    *Sunset: 6:55PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Birming., UK  
**Sun 2**    **Sutra 363**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**

**2**

**Tuesday, April 10, 2012**

Vrischika Rasi: 15.01      Tithi 20  
172117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    12:08PM - 1:50PM    **Anuradha Until 8:50AM**  
**Yama**      8:43AM - 10:26AM    **Vyatipata\* Until 1:51PM**  
**Rahu**      3:32PM - 5:14PM      **Kaulava Until 4:36PM**  
**Panchami Until 3:40AM Wed**

**Ganesha:** Red    *Sunrise: 5:19AM*  
**Muruqa:** White    *Sunset: 6:56PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Birming., UK  
**Sun 3**    **Sutra 364**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**

**3**

**Wednesday, April 11, 2012**

Vrischika Rasi: 29.28      Tithi 21  
173117268  
Creative Work    Siddha Yoga  
Until 6:56AM then Marana Yoga  
Until 7:00PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    10:25AM - 12:07PM    **Jyeshtha\* Until 6:56AM**  
**Yama**      6:59AM - 8:42AM      **Variyan Until 10:30AM**  
**Rahu**      12:07PM - 1:50PM      **Gara Until 1:54PM**  
**Shasthi\* Until 12:58AM Thu**

**Ganesha:** Blue    *Sunrise: 5:17AM*  
**Muruqa:** White    *Sunset: 6:58PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Birming., UK  
**Sun 4**    **Sutra 365**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Subha Sivaloka Day**

**4**

**Thursday, April 12, 2012**

Dhanus Rasi: 13.31      Tithi 22  
183117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    8:41AM - 10:24AM    **Purvashadha\* Until 4:33AM Fri**  
**Yama**      5:15AM - 6:58AM      **Parigha\* Until 7:46AM**  
**Rahu**      1:50PM - 3:33PM      **Visti Until 11:54AM**  
**Saptami Until 10:59PM**

**Ganesha:** Red    *Sunrise: 5:15AM*  
**Muruqa:** White    *Sunset: 7:00PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Panguni**

Birming., UK  
**Sun 5**    **Sutra 366**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**

**D**

**Friday, April 13, 2012**  
**Retreat Star**

Dhanus Rasi: 27.11      Tithi 23  
183117268  
Creative Work    Siddha Yoga  
Until 7:00PM then no yoga  
Until 5:40AM Sat then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    6:56AM - 8:40AM    **Uttarashadha Until 5:40AM Sat**  
**Yama**      3:34PM - 5:18PM      **Siddha Until 4:30AM Sat**  
**Rahu**      10:23AM - 12:07PM    **Balava Until 11:01AM**  
**Ashtami\* Until 11:01PM**

**Ganesha:** Red    *Sunrise: 5:12AM*  
**Muruqa:** White    *Sunset: 7:01PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Chaitra**

Birming., UK  
**Sun 6**    **Sutra 1**  
Nandana 5114  
Moon 3 - Phase 49  
Ashtami  
**Subha Sivaloka Day**

**Saturday, April 14, 2012**

**Retreat Star**

Makara Rasi: 10.29      Tithi 24  
293117268  
Creative Work    Siddha Yoga  
Until 7:00PM then Amrita Yoga  
Until 5:44AM Sun then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    5:10AM - 6:54AM    **Sravana Until 5:44AM Sun**  
**Yama**      1:51PM - 3:35PM      **Sadhya Until 2:53AM Sun**  
**Rahu**      8:38AM - 10:22AM    **Taitila Until 10:23AM**  
**Navami\* Until 10:23PM**

**Ganesha:** Red    *Sunrise: 5:10AM*  
**Muruqa:** White    *Sunset: 7:03PM*  
**Nataraja:** White  
Moon - Purple  
**Chaitra•Chaitra**

Birming., UK  
**Sun 7**    **Sutra 2**  
Nandana 5114  
Moon 3 - Phase 49  
Navami  
**Subha Sivaloka Day**

**1 Sunday, April 15, 2012** Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Birming., UK  
 Dhanishtha Nakshatra Subha Yoga Vanija/Visti\* Karana Dasami Yam Titau Sun 8 Sutra 3  
 Makara Rasi: 23.27 Tithi 25 293117268 **Gulika** 3:36PM – 5:20PM **Dhanishtha Until 7:02AM Mon** **Ganesha:** Red *Sunrise:* 5:08AM Nandana 5114  
**Yama** 12:06PM – 1:51PM Subha Until 1:49AM Mon **Muruqa:** White *Sunset:* 7:05PM Moon 3 - Phase 1  
**Rahu** 5:20PM – 7:05PM Vanija Until 10:24AM **Nataraja:** White Moon – Purple 2nd Phase  
 Creative Work Siddha Yoga **Dasami Until 10:24PM** **Chaitra-Chaitra** **Subha Sivaloka Day**

**2 Monday, April 16, 2012** Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Birming., UK  
 Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi\* Yam Titau Sun 9 Sutra 4  
 Kumbha Rasi: 6.09 Tithi 26 293117268 **Gulika** 1:51PM – 3:36PM **Dhanishtha Until 7:02AM** **Ganesha:** Red *Sunrise:* 5:06AM Nandana 5114  
**Family Home Evening** **Yama** 10:21AM – 12:06PM Sukla Until 2:43AM Tue **Muruqa:** White *Sunset:* 7:07PM Moon 3 - Phase 1  
 Creative Work Siddha Yoga **Rahu** 6:51AM – 8:36AM Bava Until 11:25AM **Nataraja:** White Moon – Purple 2nd Phase  
 Until 6:59PM then Marana Yoga **Ekadasi\* Until 12:30AM Tue** **Chaitra-Chaitra** **Subha Sivaloka Day**

**3 Tuesday, April 17, 2012** Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Birming., UK  
 Satabhisha/Purvaprostapada\* Nakshatra Brahma Yoga Kaulava/Tailila Karana Dvadasi\* Yam Titau Sun 10 Sutra 5  
 Kumbha Rasi: 18.37 Tithi 27 293117268 **Gulika** 12:06PM – 1:52PM **Satabhisha Until 8:45AM** **Ganesha:** Red *Sunrise:* 5:03AM Nandana 5114  
 Routine Work Marana Yoga **Yama** 8:35AM – 10:20AM Brahma Until 2:30AM Wed **Muruqa:** White *Sunset:* 7:08PM Moon 3 - Phase 1  
 Until 6:59PM then Amrita Yoga **Rahu** 3:37PM – 5:23PM Kaulava Until 12:31PM **Nataraja:** White Moon – Purple 2nd Phase  
**Dvadasi\* Until 1:37AM Wed** **Chaitra-Chaitra** **Subha Sivaloka Day**

**4 Wednesday, April 18, 2012** Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Birming., UK  
 Purvaprostapada\*/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayadasi\* Yam Titau Sun 11 Sutra 6  
 Meena Rasi: 0.54 Tithi 28 213117268 **Gulika** 10:20AM – 12:06PM **Purvaprostapada\* Until 10:52AM** **Ganesha:** Clear *Sunrise:* 5:01AM Nandana 5114  
 Creative Work Amrita Yoga **Yama** 6:47AM – 8:34AM Indra Until 2:38AM Thu **Muruqa:** White *Sunset:* 7:10PM Moon 3 - Phase 1  
 Until 10:52AM then Siddha Yoga **Rahu** 12:06PM – 1:52PM Gara Until 2:02PM **Nataraja:** White Moon – Clear 2nd Phase  
**Trayadasi\* Until 3:08AM Thu** **Chaitra-Chaitra** **Subha Sivaloka Day**  
*Pradosha Vrata (Fasting)*

**5 Thursday, April 19, 2012** Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Birming., UK  
 Uttaraprostapada\*/Revati Nakshatra Vaidhriti\* Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau Sun 12 Sutra 7  
 Meena Rasi: 13.02 Tithi 29 213117268 **Gulika** 8:32AM – 10:19AM **Uttaraprostapada Until 1:16PM** **Ganesha:** Clear *Sunrise:* 4:59AM Nandana 5114  
 Creative Work Siddha Yoga **Yama** 4:59AM – 6:46AM Vaidhriti\* Until 3:04AM Fri **Muruqa:** White *Sunset:* 7:12PM Moon 3 - Phase 1  
**Rahu** 1:52PM – 3:39PM Visti Until 3:54PM **Nataraja:** White Moon – Clear 2nd Phase  
**Chaturdasi\* Until 4:59AM Fri** **Chaitra-Chaitra** **Subha Sivaloka Day**

**Friday, April 20, 2012** Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Birming., UK  
 Revati/Asvini Nakshatra Vishkambha\* Yoga Catuspada\* Karana Amavasya\* Yam Titau Sun 13 Sutra 8  
 Meena Rasi: 25.02 Tithi 30 213117268 **Gulika** 6:44AM – 8:31AM **Revati Until 3:57PM** **Ganesha:** Clear *Sunrise:* 4:57AM Nandana 5114  
 Creative Work Siddha Yoga **Yama** 3:39PM – 5:26PM Vishkambha\* Until 3:43AM Sat **Muruqa:** White *Sunset:* 7:14PM Moon 3 - Phase 1  
 Until 3:57PM then Amrita Yoga **Rahu** 10:18AM – 12:05PM Catuspada Until 6:02PM **Nataraja:** White Moon – Clear Amavasya  
 Until 6:58PM then Siddha Yoga **Amavasya\* Until 7:18AM Sat** **Chaitra-Chaitra** **Subha Sivaloka Day**

**Saturday, April 21, 2012** Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Birming., UK  
 Asvini Nakshatra Priti Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau Sun 14 Sutra 9  
 Mesha Rasi: 6.55 Tithi 30 – 1 223117268 **Gulika** 4:55AM – 6:42AM **Asvini Until 6:50PM** **Ganesha:** Orange *Sunrise:* 4:55AM Nandana 5114  
 Creative Work Siddha Yoga **Yama** 1:53PM – 3:40PM Priti Until 4:35AM Sun **Muruqa:** White *Sunset:* 7:15PM Moon 3 - Phase 1  
 Until 6:50PM then no yoga **Rahu** 8:30AM – 10:18AM Kintughna Until 8:23PM **Nataraja:** White Moon – White Prathama  
**Amavasya\* Until 7:18AM** **Vaisaka-Chaitra** **Subha Sivaloka Day**

<b>1</b>	<b>Sunday, April 22, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama* Dvitiya Yam Titau			Birming., UK Sun 15 Sutra 10 Nandana 5114
	Mesha Rasi: 18.44      Tithi 1 – 2 223117268	<b>Gulika</b> 3:41PM – 5:29PM <b>Yama</b> 12:05PM – 1:53PM <b>Rahu</b> 5:29PM – 7:17PM	<b>Bharani Until 9:51PM</b> Ayushman Until 6:01AM Mon Balava Until 10:55PM <b>Prathama* Until 9:49AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 4:53AM</i> <b>Muruqa:</b> White <i>Sunset: 7:17PM</i> <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Subha Sivaloka Day</b>
No Yoga Until 6.58PM then Siddha Yoga Until 9:51PM then no yoga					

<b>2</b>	<b>Monday, April 23, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Birming., UK Sun 16 Sutra 11 Nandana 5114
	Wrishabha Rasi: 0.31      Tithi 2 – 3 <b>Family Home Evening</b> 223117268	<b>Gulika</b> 1:53PM – 3:42PM <b>Yama</b> 10:16AM – 12:05PM <b>Rahu</b> 6:39AM – 8:28AM	<b>Krittika Until 12:57AM Tue</b> Ayushman Until 6:01AM Taitila Until 1:31AM Tue <b>Dvitiya Until 12:25PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 4:51AM</i> <b>Muruqa:</b> White <i>Sunset: 7:19PM</i> <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Subha Sivaloka Day</b>
No Yoga Until 6.58PM then Siddha Yoga Until 12:57AM Tue then Amrita Yoga					

<b>3</b>	<b>Tuesday, April 24, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Birming., UK Sun 17 Sutra 12 Nandana 5114
	Wrishabha Rasi: 12.19      Tithi 3 – 4 233117269	<b>Gulika</b> 12:04PM – 1:53PM <b>Yama</b> 8:27AM – 10:16AM <b>Rahu</b> 3:42PM – 5:31PM	<b>Rohini Until 4:03AM Wed</b> Saubhagya Until 7:05AM Vanija Until 4:07AM Wed <b>Tritiya Until 3:01PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:49AM</i> <b>Muruqa:</b> White <i>Sunset: 7:20PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Sivaloka Day</b>
Creative Work    Amrita Yoga Until 6.58PM then Siddha Yoga					

<b>4</b>	<b>Wednesday, April 25, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Birming., UK Sun 18 Sutra 13 Nandana 5114
	Wrishabha Rasi: 24.08      Tithi 4 – 5 234117269	<b>Gulika</b> 10:15AM – 12:04PM <b>Yama</b> 6:36AM – 8:25AM <b>Rahu</b> 12:04PM – 1:54PM	<b>Mrigasira Until 7:09AM Thu</b> Sobhana Until 8:03AM Bava Until 6:35AM Thu <b>Chaturthi* Until 5:30PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:47AM</i> <b>Muruqa:</b> White <i>Sunset: 7:22PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 6.57PM then Marana Yoga					

<b>5</b>	<b>Thursday, April 26, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau			Birming., UK Sun 19 Sutra 14 Nandana 5114
	Mithuna Rasi: 6.05      Tithi 5 234117269	<b>Gulika</b> 8:24AM – 10:14AM <b>Yama</b> 4:44AM – 6:34AM <b>Rahu</b> 1:54PM – 3:44PM	<b>Mrigasira Until 7:09AM</b> Athiganda* Until 8:48AM Bava Until 6:39AM <b>Panchami Until 7:44PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:44AM</i> <b>Muruqa:</b> White <i>Sunset: 7:24PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Devaloka Day</b>
Routine Work    Marana Yoga Until 6.57PM then Siddha Yoga					

<b>6</b>	<b>Friday, April 27, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			Birming., UK Sun 20 Sutra 15 Nandana 5114
	Mithuna Rasi: 18.13      Tithi 6 234117269	<b>Gulika</b> 6:33AM – 8:23AM <b>Yama</b> 3:45PM – 5:35PM <b>Rahu</b> 10:14AM – 12:04PM	<b>Ardra Until 9:34AM</b> Sukarma Until 9:14AM Kaulava Until 8:30AM <b>Shasthi* Until 9:35PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:42AM</i> <b>Muruqa:</b> White <i>Sunset: 7:26PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 6.57PM then Marana Yoga					

<b>Retreat Star</b>	<b>Saturday, April 28, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau			Birming., UK Sun 21 Sutra 16 Nandana 5114
	Kataka Rasi: 0.35      Tithi 7 244117269	<b>Gulika</b> 4:40AM – 6:31AM <b>Yama</b> 1:55PM – 3:46PM <b>Rahu</b> 8:22AM – 10:13AM	<b>Punarvasu Until 11:03AM</b> Dhriti Until 8:59AM Gara Until 9:29AM <b>Saptami Until 9:29PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:40AM</i> <b>Muruqa:</b> White <i>Sunset: 7:27PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Sivaloka Day</b>
Routine Work    Marana Yoga Until 11:03AM then Siddha Yoga					

<b>Retreat Star</b>	<b>Sunday, April 29, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Birming., UK Sun 22 Sutra 17 Nandana 5114
	Kataka Rasi: 13.18      Tithi 8 244117269	<b>Gulika</b> 3:46PM – 5:38PM <b>Yama</b> 12:04PM – 1:55PM <b>Rahu</b> 5:38PM – 7:29PM	<b>Pushya Until 12:13PM</b> Shula* Until 8:24AM Visti Until 10:01AM <b>Ashtami* Until 10:01PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:38AM</i> <b>Muruqa:</b> White <i>Sunset: 7:29PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 Ashtami <b>Sivaloka Day</b>
Creative Work    Siddha Yoga					

<b>Retreat Star</b>	<b>Monday, April 30, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navami* Yam Titau			Birming., UK Sun 23 Sutra 18 Nandana 5114
	Kataka Rasi: 26.23      Tithi 9 <b>Family Home Evening</b> 244117269	<b>Gulika</b> 1:55PM – 3:47PM <b>Yama</b> 10:12AM – 12:04PM <b>Rahu</b> 6:28AM – 8:20AM	<b>Aslesha* Until 12:11PM</b> Ganda* Until 7:04AM Balava Until 9:29AM <b>Navami* Until 8:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:36AM</i> <b>Muruqa:</b> White <i>Sunset: 7:31PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 Navami <b>Sivaloka Day</b>
Creative Work    Siddha Yoga					


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Tuesday, May 1, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau				Birming., UK
	Simha Rasi: 9.56      Tithi 10 254117269	<b>Gulika</b> 12:03PM – 1:56PM <b>Yama</b> 8:18AM – 10:11AM <b>Rahu</b> 3:49PM – 5:41PM	<b>Magha* Until 11:50AM</b> Dhruva Until 2:31AM Wed Taitila Until 8:26AM <b>Dasami Until 7:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:33AM <b>Muruqa:</b> White <i>Sunset:</i> 7:34PM <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	<b>Sun 24</b> <b>Sutra 19</b> Nandana 5114 Moon 3 - Phase 3 4th Phase	<b>Devaloka Day</b>
Creative Work      Siddha Yoga Until 6.56PM then Amrita Yoga						

<b>2</b>	<b>Wednesday, May 2, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Bava Karana Ekadasi/Dvadasi Yam Titau				Birming., UK
	Simha Rasi: 23.56      Tithi 11 – 12 254117269	<b>Gulika</b> 10:10AM – 12:03PM <b>Yama</b> 6:24AM – 8:17AM <b>Rahu</b> 12:03PM – 1:56PM	<b>Purvaphalguni* Until 10:41AM</b> Vyaghata* Until 11:54PM Vanija Until 6:31AM <b>Ekadasi Until 5:36PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:31AM <b>Muruqa:</b> White <i>Sunset:</i> 7:36PM <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	<b>Sun 25</b> <b>Sutra 20</b> Nandana 5114 Moon 3 - Phase 3 4th Phase	<b>Devaloka Day</b>
Creative Work      Amrita Yoga Until 6.56PM then Prabalarishta Yoga						

<b>3</b>	<b>Thursday, May 3, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Birming., UK
	Kanya Rasi: 8.23      Tithi 12 – 13 254117269	<b>Gulika</b> 8:16AM – 10:10AM <b>Yama</b> 4:29AM – 6:22AM <b>Rahu</b> 1:57PM – 3:50PM	<b>Uttaraphalguni Until 8:35AM</b> Harshana Until 7:39PM Kaulava Until 12:31AM Fri <b>Dvadasi Until 2:14PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:29AM <b>Muruqa:</b> White <i>Sunset:</i> 7:37PM <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	<b>Sun 26</b> <b>Sutra 21</b> Nandana 5114 Moon 3 - Phase 3 4th Phase	<b>Devaloka Day</b>
Routine Work      Prabalarishta Yoga Until 8:35AM then no yoga Until 6.56PM then Amrita Yoga						

<b>4</b>	<b>Friday, May 4, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Birming., UK
	Kanya Rasi: 23.12      Tithi 13 – 14 264117269	<b>Gulika</b> 6:21AM – 8:15AM <b>Yama</b> 3:51PM – 5:45PM <b>Rahu</b> 10:09AM – 12:03PM	<b>Hasta Until 6:12AM</b> Vajra* Until 3:58PM Gara Until 9:21PM <b>Trayodasi Until 11:04AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:27AM <b>Muruqa:</b> White <i>Sunset:</i> 7:39PM <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Chaitra</b>	<b>Sun 27</b> <b>Sutra 22</b> Nandana 5114 Moon 3 - Phase 3 4th Phase	<b>Sivaloka Day</b>
Creative Work      Amrita Yoga Until 6:12AM then Siddha Yoga Until 6.56PM then Marana Yoga						

	<b>Saturday, May 5, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Bava Karana Chaturdasi*/Purnima* Yam Titau				Birming., UK
	<b>Copper Retreat Star</b> Tula Rasi: 8.17      Tithi 14 – 15 264217269	<b>Gulika</b> 4:25AM – 6:20AM <b>Yama</b> 1:57PM – 3:52PM <b>Rahu</b> 8:14AM – 10:09AM	<b>Svati Until 12:44AM Sun</b> Siddhi Until 11:52AM Bava Until 4:00AM Sun <b>Chaturdasi* Until 7:25AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:25AM <b>Muruqa:</b> White <i>Sunset:</i> 7:41PM <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Chaitra</b>	<b>Sutra 23</b> Nandana 5114 Moon 3 - Phase 3 Purnima	<b>Subha Sivaloka Day</b>
Creative Work      Siddha Yoga Until 12:44AM Sun then Marana Yoga						

<b>Sunday, May 6, 2012</b>	<b>Silver Retreat Star</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Visakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau				Birming., UK
	Tula Rasi: 23.31      Tithi 16 274217269	<b>Gulika</b> 3:53PM – 5:47PM <b>Yama</b> 12:03PM – 1:58PM <b>Rahu</b> 5:47PM – 7:42PM	<b>Visakha Until 9:43PM</b> Vyatipata* Until 7:36AM Balava Until 1:52PM <b>Prathama* Until 12:09AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:23AM <b>Muruqa:</b> White <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Chaitra</b>	<b>Sutra 24</b> Nandana 5114 Moon 3 - Phase 3 Prathama	<b>Sivaloka Day</b>
Routine Work      Marana Yoga Until 9:43PM then Siddha Yoga						