Tuesday, April 19, 2011
Gold Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sutra 7
Khara 5113

Tula Rasi: 24.29 Tithi 17 – 18
272456158

Gulika 12:13PM – 1:54PM
Yama 8:50AM – 10:32AM
Rahu 3:35PM – 5:17PM

Visakha Until 8:09PM
Siddhi Until 11:39AM
Vanija Until 12:10AM Wed
Dvitiya Until 1:53PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sunrise: *5:28AM*
Sunset: *6:58PM*

Moon 4 - Phase 1
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 12.59PM then Siddha Yoga

---

1 Wednesday, April 20, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sutra 8
Khara 5113

Vrischika Rasi: 9.04 Tithi 18 – 19
272456158

Gulika 10:31AM – 12:13PM
Yama 7:08AM – 8:50AM
Rahu 12:13PM – 1:54PM

Anuradha Until 7:02PM
Vyatipata* Until 8:29AM
Bava Until 10:36PM
Tritiya Until 11:32AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sunrise: *5:27AM*
Sunset: *6:59PM*

Moon 4 - Phase 1
1st Phase

Devaloka Day

Creative Work Siddha Yoga

---

2 Thursday, April 21, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sutra 9
Khara 5113

Vrischika Rasi: 23.12 Tithi 19 – 20
272456158

Gulika 8:49AM – 10:31AM
Yama 5:25AM – 7:07AM
Rahu 1:54PM – 3:36PM

Jyeshtha* Until 5:39PM
Parigha* Until 2:57AM Fri
Kaulava Until 8:27PM
Chaturthi* Until 9:23AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sunrise: *5:25AM*
Sunset: *7:00PM*

Moon 4 - Phase 1
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 12.59PM then Prabalarishta Yoga
Until 5:39PM then no yoga

---

3 Friday, April 22, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sutra 10
Khara 5113

Dhanus Rasi: 6.52 Tithi 20 – 21
282466158

Gulika 7:06AM – 8:48AM
Yama 3:37PM – 5:19PM
Rahu 10:30AM – 12:12PM

Mula* Until 5:56PM
Shiva Until 2:13AM Sat
Gara Until 8:17PM
Panchami Until 8:17AM

Ganesha: Blue
Muruga: Red
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sunrise: *5:24AM*
Sunset: *7:01PM*

Moon 4 - Phase 1
1st Phase

Sivaloka Day

No Yoga
Until 12.59PM then Siddha Yoga
Until 5:56PM then Marana Yoga

---

4 Saturday, April 23, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sutra 11
Khara 5113

Dhanus Rasi: 20.04 Tithi 21 – 22
282466158

Gulika 5:22AM – 7:05AM
Yama 1:55PM – 3:37PM
Rahu 8:47AM – 10:30AM

Purvashadha* Until 6:12PM
Siddha Until 12:47AM Sun
Visti Until 7:51PM
Shasthi* Until 7:51AM

Ganesha: Blue
Muruga: Red
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sunrise: *5:22AM*
Sunset: *7:02PM*

Moon 4 - Phase 1
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 12.58PM then Siddha Yoga
Until 6:12PM then Amrita Yoga

Sunday, April 24, 2011
Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sutra 12
Khara 5113

Makara Rasi: 2.5 Tithi 22 – 23
283466158

Gulika 3:38PM – 5:20PM
Yama 12:12PM – 1:55PM
Rahu 5:20PM – 7:03PM

Uttarashadha Until 8:20PM
Sadhya Until 1:27AM Mon
Balava Until 9:33PM
Saptami Until 8:27AM

Ganesha: Red
Muruga: Red
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sunrise: *5:21AM*
Sunset: *7:03PM*

Moon 4 - Phase 1
Ashtami

Devaloka Day

Creative Work Amrita Yoga
Until 12.58PM then Marana Yoga
Until 8:20PM then Amrita Yoga

Monday, April 25, 2011
Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sutra 13
Khara 5113

Makara Rasi: 15.16 Tithi 23 – 24
Family Home Evening 293466159

Gulika 1:55PM – 3:38PM
Yama 10:29AM – 12:12PM
Rahu 7:02AM – 8:45AM

Sravana Until 10:08PM
Subha Until 1:19AM Tue
Taitila Until 10:43PM
Ashtami* Until 9:38AM

Ganesha: Green
Muruga: Red
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: *5:19AM*
Sunset: *7:04PM*

Moon 4 - Phase 1
Navami

Devaloka Day

Creative Work Amrita Yoga
Until 12.58PM then Siddha Yoga
Until 10:08PM then Marana Yoga

---

1 Tuesday, April 26, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sutra 14
Khara 5113
Moon 4 - Phase 2
2nd Phase

Makara Rasi: 27.27 Tithi 24 – 25
293466159

Gulika 12:12PM – 1:55PM
Yama 8:45AM – 10:28AM
Rahu 3:38PM – 5:22PM

Dhanishtha Until 12:26AM Wed
Sukla Until 1:39AM Wed
Vanija Until 12:27AM Wed
Navami* Until 11:22AM

Ganesha: Green
Muruga: Red
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: 5:18AM
Sunset: 7:05PM

Devaloka Day

Routine Work Marana Yoga
Until 12.58PM then Prabalarishta Yoga
Until 12:26AM Wed then Siddha Yoga

2 Wednesday, April 27, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha Nakshatra Brahma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau

Des Moines, IA
Sutra 15
Khara 5113
Moon 4 - Phase 2
2nd Phase

Kumbha Rasi: 9.28 Tithi 25 – 26
293566159

Gulika 10:28AM – 12:11PM
Yama 7:00AM – 8:44AM
Rahu 12:11PM – 1:55PM

Satabhisha Until 3:05AM Thu
Brahma Until 2:18AM Thu
Bava Until 2:34AM Thu
Dasami Until 1:28PM

Ganesha: Red
Muruga: Red
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: 5:16AM
Sunset: 7:06PM

Sivaloka Day

Creative Work Siddha Yoga
Until 12.58PM then Marana Yoga
Until 3:05AM Thu then Siddha Yoga

3 Thursday, April 28, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprostapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau

Des Moines, IA
Sutra 16
Khara 5113
Moon 4 - Phase 2
2nd Phase

Kumbha Rasi: 21.22 Tithi 26 – 27
213566159

Gulika 8:43AM – 10:27AM
Yama 5:15AM – 6:59AM
Rahu 1:55PM – 3:39PM

Purvaprostapada* Until 6:13AM Fri
Indra Until 3:09AM Fri
Kaulava Until 4:53AM Fri
Ekadasi* Until 3:48PM

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: 5:15AM
Sunset: 7:07PM

Sivaloka Day

Creative Work Siddha Yoga

4 Friday, April 29, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Vaidhriti* Yoga Taitila Karana Dvadasi* Yam Titau

Des Moines, IA
Sutra 17
Khara 5113
Moon 4 - Phase 2
2nd Phase

Meena Rasi: 3.14 Tithi 27
213566159

Gulika 6:58AM – 8:42AM
Yama 3:40PM – 5:24PM
Rahu 10:27AM – 12:11PM

Purvaprostapada* Until 6:13AM
Vaidhriti* Until 4:03AM Sat
Taitila Until 7:18AM Sat
Dvadasi* Until 6:13PM

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: 5:14AM
Sunset: 7:09PM

Sivaloka Day

Creative Work Siddha Yoga

5 Saturday, April 30, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau

Des Moines, IA
Sutra 18
Khara 5113
Moon 4 - Phase 2
2nd Phase

Meena Rasi: 15.06 Tithi 28
213566159

Gulika 5:12AM – 6:57AM
Yama 1:56PM – 3:40PM
Rahu 8:42AM – 10:26AM

Uttaraprostapada Until 9:08AM
Vishkambha* Until 4:58AM Sun
Gara Until 7:31AM
Trayodasi* Until 8:36PM

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: 5:12AM
Sunset: 7:10PM

Sivaloka Day

Pradosha Vrata (Fasting)

Creative Work Siddha Yoga
Until 9:08AM then Prabalarishta Yoga
Until 12.57PM then Amrita Yoga

6 Sunday, May 1, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Asvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau

Des Moines, IA
Sutra 19
Khara 5113
Moon 4 - Phase 2
2nd Phase

Meena Rasi: 27.01 Tithi 29
213566159

Gulika 3:41PM – 5:26PM
Yama 12:11PM – 1:56PM
Rahu 5:26PM – 7:11PM

Revati Until 11:58AM
Priti Until 5:47AM Mon
Visti Until 9:49AM
Chaturdasi* Until 10:54PM

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Clear
Chaitra•Chaitra

Sunrise: 5:11AM
Sunset: 7:11PM

Sivaloka Day

Creative Work Amrita Yoga
Until 11:58AM then Siddha Yoga

● Monday, May 2, 2011

Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Asvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau

Des Moines, IA
Sutra 20
Khara 5113
Moon 4 - Phase 2
Amavasya

Mesha Rasi: 9.01 Tithi 30
Family Home Evening
223566159

Gulika 1:56PM – 3:41PM
Yama 10:25AM – 12:11PM
Rahu 6:55AM – 8:40AM

Asvini Until 2:39PM
Ayushman Until 6:21AM Tue
Catuspada Until 11:57AM
Amavasya* Until 1:02AM Tue

Ganesha: Orange
Muruga: Red
Nataraja: Purple
Moon – White
Chaitra•Chaitra

Sunrise: 5:10AM
Sunset: 7:12PM

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, May 3, 2011

Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathama* Yam Titau

Des Moines, IA
Sutra 21
Khara 5113
Moon 4 - Phase 2
Prathama

Mesha Rasi: 21.07 Tithi 1
223566159

Gulika 12:11PM – 1:56PM
Yama 8:40AM – 10:25AM
Rahu 3:42PM – 5:27PM

Bharani Until 5:07PM
Ayushman Until 6:21AM
Kintughna Until 1:52PM
Prathama* Until 2:57AM Wed

Ganesha: Orange
Muruga: Red
Nataraja: Purple
Moon – White
Vaisaka•Chaitra

Sunrise: 5:08AM
Sunset: 7:13PM

Sivaloka Day

Creative Work Siddha Yoga
Until 12.57PM then Marana Yoga
Until 5:07PM then Amrita Yoga

Pursuit of the duties of the stage of life to which each one belongs—that¸verily¸is the rule! Others are like branches of a stem. With this¸one tends upwards; otherwise¸downwards. Kṛishṇa Yajur Veda¸Maitu 4.3. bo UpR¸810

1 Wednesday, May 4, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiya Yam Titau

Des Moines, IA
Sutra 22
Khara 5113

Vrishabha Rasi: 3.2 Tithi 2
223566159

Gulika 10:25AM – 12:11PM
Yama 6:53AM – 8:39AM
Rahu 12:11PM – 1:56PM

Krittika Until 7:21PM
Saubhagya Until 6:36AM
Balava Until 3:29PM
Dvitiya Until 4:35AM Thu

Ganesha: Orange
Muruga: Red
Nataraja: Purple
Moon – White
Vaisaka•Chaitra

Sunrise: 5:07AM
Sunset: 7:14PM

Moon 4 - Phase 3
3rd Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 12.57PM then Marana Yoga

2 Thursday, May 5, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiya Yam Titau

Des Moines, IA
Sutra 23
Khara 5113

Vrishabha Rasi: 15.43 Tithi 3
233566159

Gulika 8:38AM – 10:24AM
Yama 5:06AM – 6:52AM
Rahu 1:57PM – 3:43PM

Rohini Until 8:05PM
Sobhana Until 6:32AM
Taitila Until 3:53PM
Tritiya Until 3:53AM Fri

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: 5:06AM
Sunset: 7:15PM

Moon 4 - Phase 3
3rd Phase

Sivaloka Day

Routine Work Marana Yoga
Until 8:05PM then Siddha Yoga

3 Friday, May 6, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Mrigasira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthi* Yam Titau

Des Moines, IA
Sutra 24
Khara 5113

Vrishabha Rasi: 28.16 Tithi 4
233566159

Gulika 6:51AM – 8:38AM
Yama 3:43PM – 5:30PM
Rahu 10:24AM – 12:10PM

Mrigasira Until 9:31PM
Athiganda* Until 6:13AM
Vanija Until 4:42PM
Chaturthi* Until 4:42AM Sat

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: 5:05AM
Sunset: 7:16PM

Moon 4 - Phase 3
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga

4 Saturday, May 7, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Dhriti Yoga Bava/Balava Karana Panchami Yam Titau

Des Moines, IA
Sutra 25
Khara 5113

Mithuna Rasi: 11.02 Tithi 5
233566159

Gulika 5:03AM – 6:50AM
Yama 1:57PM – 3:44PM
Rahu 8:37AM – 10:24AM

Ardra Until 10:34PM
Dhriti Until 4:23AM Sun
Bava Until 5:07PM
Panchami Until 5:07AM Sun

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Yellow
Vaisaka•Chaitra

Sunrise: 5:03AM
Sunset: 7:17PM

Moon 4 - Phase 3
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga

5 Sunday, May 8, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Shula* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau

Des Moines, IA
Sutra 26
Khara 5113

Mithuna Rasi: 24.02 Tithi 6
243566159

Gulika 3:44PM – 5:31PM
Yama 12:10PM – 1:57PM
Rahu 5:31PM – 7:18PM

Punarvasu Until 11:10PM
Shula* Until 3:17AM Mon
Kaulava Until 5:02PM
Shasthi* Until 5:02AM Mon

Ganesha: Purple
Muruga: Red
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: 5:02AM
Sunset: 7:18PM

Moon 4 - Phase 3
3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 12.56PM then Amrita Yoga
Until 11:10PM then Siddha Yoga

Mother's Day

6 Monday, May 9, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Ganda* Yoga Gara/Vanija Karana Saptami Yam Titau

Des Moines, IA
Sutra 27
Khara 5113

Kataka Rasi: 7.19 Tithi 7
244566159

Gulika 1:57PM – 3:45PM
Yama 10:23AM – 12:10PM
Rahu 6:48AM – 8:36AM

Pushya Until 10:02PM
Ganda* Until 12:24AM Tue
Gara Until 3:36PM
Saptami Until 2:41AM Tue

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: 5:01AM
Sunset: 7:19PM

Moon 4 - Phase 3
3rd Phase

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga

Tuesday, May 10, 2011

Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Aslesha* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtami* Yam Titau

Des Moines, IA
Sutra 28
Khara 5113

Kataka Rasi: 20.54 Tithi 8
244566159

Gulika 12:10PM – 1:58PM
Yama 8:35AM – 10:23AM
Rahu 3:45PM – 5:33PM

Aslesha* Until 9:36PM
Vriddhi Until 10:27PM
Visti Until 2:27PM
Ashtami* Until 1:32AM Wed

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Blue
Vaisaka•Chaitra

Sunrise: 5:00AM
Sunset: 7:20PM

Moon 4 - Phase 3
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, May 11, 2011

Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navami* Yam Titau

Des Moines, IA
Sutra 29
Khara 5113

Simha Rasi: 4.49 Tithi 9
254566159

Gulika 10:22AM – 12:10PM
Yama 6:47AM – 8:35AM
Rahu 12:10PM – 1:58PM

Magha* Until 8:36PM
Dhruva Until 7:58PM
Balava Until 12:42PM
Navami* Until 11:47PM

Ganesha: White
Muruga: Red
Nataraja: Purple
Moon – Red
Vaisaka•Chaitra

Sunrise: 4:59AM
Sunset: 7:21PM

Moon 4 - Phase 3
Navami

Devaloka Day

Creative Work Siddha Yoga
Until 12.56PM then Amrita Yoga
Until 8:36PM then no yoga

When a man is born,whoever he may be,there is born simultaneously a debt to the Gods,to the sages,to the ancestors and to men. Shukla Yajur Veda,SataBR 1.7.2.1. VE,393

1 Thursday, May 12, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Purvaphalguni* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dasami Yam Titau

Des Moines, IA
Sutra 30
Khara 5113

Simha Rasi: 19.04 Tithi 10
254566159
No Yoga
Until 12.56PM then Siddha Yoga

Gulika	8:34AM – 10:22AM	Purvaphalguni* Until 6:11PM	Ganesha: White	*Sunrise:*	*4:58AM*
Yama	4:58AM – 6:46AM	Vyaghata* Until 4:59PM	Muruga: Red	*Sunset:*	*7:22PM*
Rahu	1:58PM – 3:46PM	Taitila Until 10:03AM	Nataraja: Purple		
		Dasami Until 8:20PM	Moon – Red		
			Vaisaka•Chaitra		

Moon 4 - Phase 4
4th Phase

Devaloka Day

2 Friday, May 13, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Vanija/Bava Karana Ekadasi/Dvadasi Yam Titau

Des Moines, IA
Sutra 31
Khara 5113

Kanya Rasi: 3.35 Tithi 11 – 12
254566159
Creative Work Siddha Yoga
Until 12.56PM then Marana Yoga

Gulika	6:45AM – 8:33AM	Uttaraphalguni Until 4:16PM	Ganesha: White	*Sunrise:*	*4:57AM*
Yama	3:47PM – 5:35PM	Harshana Until 1:03PM	Muruga: Red	*Sunset:*	*7:23PM*
Rahu	10:22AM – 12:10PM	Vanija Until 7:22AM	Nataraja: Purple		
		Ekadasi Until 5:40PM	Moon – Red		
			Vaisaka•Chaitra		

Moon 4 - Phase 4
4th Phase

Devaloka Day

3 Saturday, May 14, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau

Des Moines, IA
Sutra 32
Khara 5113

Kanya Rasi: 18.19 Tithi 12 – 13
264566159
Routine Work Marana Yoga
Until 12.56PM then Amrita Yoga
Until 2:01PM then Siddha Yoga

Gulika	4:56AM – 6:44AM	Hasta Until 2:01PM	Ganesha: Yellow	*Sunrise:*	*4:56AM*
Yama	1:59PM – 3:47PM	Vajra* Until 9:30AM	Muruga: Red	*Sunset:*	*7:24PM*
Rahu	8:33AM – 10:21AM	Kaulava Until 12:54AM Sun	Nataraja: Purple		
		Dvadasi Until 2:37PM	Moon – Green		
			Vaisaka•Vaikasi		

Pradosha Vrata

Moon 4 - Phase 4
4th Phase

Sivaloka Day

4 Sunday, May 15, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau

Des Moines, IA
Sutra 33
Khara 5113

Tula Rasi: 3.11 Tithi 13 – 14
264566159
Creative Work Siddha Yoga
Until 12.56PM then Amrita Yoga

Gulika	3:48PM – 5:36PM	Chitra Until 11:35AM	Ganesha: Yellow	*Sunrise:*	*4:55AM*
Yama	12:10PM – 1:59PM	Vyatipata* Until 1:46AM Mon	Muruga: Red	*Sunset:*	*7:25PM*
Rahu	5:36PM – 7:25PM	Gara Until 9:39PM	Nataraja: Purple		
		Trayodasi Until 11:22AM	Moon – Green		
			Vaisaka•Vaikasi		

Moon 4 - Phase 4
4th Phase

Sivaloka Day

○ Monday, May 16, 2011
Copper Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Svati/Visakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau

Des Moines, IA
Sutra 34
Khara 5113

Tula Rasi: 18.01 Tithi 14 – 15
Family Home Evening 264566159
Creative Work Amrita Yoga
Until 9:10AM then Marana Yoga

Gulika	1:59PM – 3:48PM	Svati Until 9:10AM	Ganesha: Yellow	*Sunrise:*	*4:54AM*
Yama	10:21AM – 12:10PM	Variyan Until 10:03PM	Muruga: Red	*Sunset:*	*7:26PM*
Rahu	6:43AM – 8:32AM	Visti Until 6:26PM	Nataraja: Purple		
		Chaturdasi* Until 8:09AM	Moon – Green		
			Vaisaka•Vaikasi		

Moon 4 - Phase 4
Purnima

Sivaloka Day

Tuesday, May 17, 2011
Silver Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathama* Yam Titau

Des Moines, IA
Sutra 35
Khara 5113

Vrischika Rasi: 2.43 Tithi 16
274566159
Routine Work Marana Yoga
Until 7:03AM then Siddha Yoga

Gulika	12:10PM – 1:59PM	Visakha Until 7:03AM	Ganesha: Blue	*Sunrise:*	*4:53AM*
Yama	8:31AM – 10:21AM	Parigha* Until 7:24PM	Muruga: Red	*Sunset:*	*7:27PM*
Rahu	3:49PM – 5:38PM	Balava Until 4:11PM	Nataraja: Purple		
		Prathama* Until 3:16AM Wed	Moon – Orange		
			Vaisaka•Vaikasi		

Moon 4 - Phase 4
Prathama

Devaloka Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws¸rita. The elixir of divine love is supreme in heaven. ‰ig Veda Sarihita 10.85.1. RvP¸4347

Wednesday, May 18, 2011
Gold Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiya Yam Titau

Des Moines, IA
Sutra 36
Khara 5113

Vrischika Rasi: 17.09 Tithi 17
274566159

Gulika 10:21AM – 12:10PM
Yama 6:42AM – 8:31AM
Rahu 12:10PM – 2:00PM

Jyeshtha* Until 4:01AM Thu
Shiva Until 4:06PM
Taitila Until 1:28PM
Dvitiya Until 12:33AM Thu

Ganesha: Blue
Muruga: Red
Nataraja: Purple
Moon – Orange
Vaisaka•Vaikasi

Sunrise: *4:52AM*
Sunset: *7:28PM*

Moon 5 - Phase 5
1st Phase

Devaloka Day

Creative Work Siddha Yoga

---

1 Thursday, May 19, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiya Yam Titau

Des Moines, IA
Sun 1 Sutra 37
Khara 5113

Dhanus Rasi: 1.14 Tithi 18
284566159

Gulika 8:31AM – 10:20AM
Yama 4:51AM – 6:41AM
Rahu 2:00PM – 3:50PM

Mula* Until 2:45AM Fri
Siddha Until 1:22PM
Vanija Until 11:25AM
Tritiya Until 10:30PM

Ganesha: Red
Muruga: Red
Nataraja: Purple
Moon – Light Blue
Vaisaka•Vaikasi

Sunrise: *4:51AM*
Sunset: *7:29PM*

Moon 5 - Phase 5
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 12.56PM then no yoga
Until 2:45AM Fri then Siddha Yoga

---

2 Friday, May 20, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 2 Sutra 38
Khara 5113

Dhanus Rasi: 14.53 Tithi 19
284566159

Gulika 6:40AM – 8:30AM
Yama 3:50PM – 5:40PM
Rahu 10:20AM – 12:10PM

Purvashadha* Until 3:44AM Sat
Sadhya Until 11:40AM
Bava Until 10:28AM
Chaturthi* Until 10:28PM

Ganesha: Red
Muruga: Red
Nataraja: Purple
Moon – Light Blue
Vaisaka•Vaikasi

Sunrise: *4:50AM*
Sunset: *7:30PM*

Moon 5 - Phase 5
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 12.56PM then Marana Yoga
Until 3:44AM Sat then no yoga

---

3 Saturday, May 21, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchami Yam Titau

Des Moines, IA
Sun 3 Sutra 39
Khara 5113

Dhanus Rasi: 28.08 Tithi 20
285566159

Gulika 4:49AM – 6:40AM
Yama 2:00PM – 3:51PM
Rahu 8:30AM – 10:20AM

Uttarashadha Until 3:54AM Sun
Subha Until 10:11AM
Kaulava Until 9:55AM
Panchami Until 9:55PM

Ganesha: Yellow
Muruga: Red
Nataraja: Purple
Moon – Light Blue
Vaisaka•Vaikasi

Sunrise: *4:49AM*
Sunset: *7:31PM*

Moon 5 - Phase 5
1st Phase

Sivaloka Day

No Yoga
Until 12.56PM then Amrita Yoga

---

4 Sunday, May 22, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi* Yam Titau

Des Moines, IA
Sun 4 Sutra 40
Khara 5113

Makara Rasi: 10.59 Tithi 21
295666159

Gulika 3:51PM – 5:42PM
Yama 12:10PM – 2:01PM
Rahu 5:42PM – 7:32PM

Sravana Until 4:48AM Mon
Sukla Until 9:37AM
Gara Until 10:08AM
Shasthi* Until 10:08PM

Ganesha: Green
Muruga: Red
Nataraja: Purple
Moon – Purple
Vaisaka•Vaikasi

Sunrise: *4:49AM*
Sunset: *7:32PM*

Moon 5 - Phase 5
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 4:48AM Mon then Siddha Yoga

---

5 Monday, May 23, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptami Yam Titau

Des Moines, IA
Sun 5 Sutra 41
Khara 5113

Makara Rasi: 23.29 Tithi 22
295666159

Gulika 2:01PM – 3:52PM
Yama 10:20AM – 12:10PM
Rahu 6:39AM – 8:29AM

Dhanishtha Until 7:52AM Tue
Brahma Until 9:22AM
Visti Until 11:30AM
Saptami Until 12:36AM Tue

Ganesha: Green
Muruga: Red
Nataraja: Purple
Moon – Purple
Vaisaka•Vaikasi

Sunrise: *4:48AM*
Sunset: *7:33PM*

Moon 5 - Phase 5
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 12.57PM then Marana Yoga

Tuesday, May 24, 2011
Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Des Moines, IA
Sun 6 Sutra 42
Khara 5113

Kumbha Rasi: 5.44 Tithi 23
295666159

Gulika 12:10PM – 2:01PM
Yama 8:29AM – 10:20AM
Rahu 3:52PM – 5:43PM

Dhanishtha Until 7:52AM
Indra Until 9:37AM
Balava Until 1:04PM
Ashtami* Until 2:10AM Wed

Ganesha: Green
Muruga: Red
Nataraja: Purple
Moon – Purple
Vaisaka•Vaikasi

Sunrise: *4:47AM*
Sunset: *7:34PM*

Moon 5 - Phase 5
Ashtami

Devaloka Day

Routine Work Marana Yoga
Until 12.57PM then Siddha Yoga

Wednesday, May 25, 2011
Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navami* Yam Titau

Des Moines, IA
Sun 7 Sutra 43
Khara 5113

Kumbha Rasi: 17.47 Tithi 24
295666159

Gulika 10:20AM – 12:11PM
Yama 6:37AM – 8:29AM
Rahu 12:11PM – 2:02PM

Satabhisha Until 10:25AM
Vaidhriti* Until 10:12AM
Taitila Until 3:03PM
Navami* Until 4:09AM Thu

Ganesha: Green
Muruga: Red
Nataraja: Purple
Moon – Purple
Vaisaka•Vaikasi

Sunrise: *4:46AM*
Sunset: *7:35PM*

Moon 5 - Phase 5
Navami

Devaloka Day

Creative Work Siddha Yoga
Until 10:25AM then Amrita Yoga
Until 12.57PM then Siddha Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

1 Thursday, May 26, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Dasami Yam Titau

Des Moines, IA
Sun 8 Sutra 44
Khara 5113

Kumbha Rasi: 29.44 Tithi 25
315666159

Creative Work Siddha Yoga

Gulika	8:28AM – 10:19AM
Yama	4:46AM – 6:37AM
Rahu	2:02PM – 3:53PM

Purvaprostapada* Until 1:13PM
Vishkambha* Until 11:00AM
Vanija Until 5:17PM
Dasami Until 6:32AM Fri

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Clear
Vaisaka•Vaikasi

Sunrise: 4:46AM
Sunset: 7:35PM

Moon 5 - Phase 6
2nd Phase

Sivaloka Day

---

2 Friday, May 27, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau

Des Moines, IA
Sun 9 Sutra 45
Khara 5113

Meena Rasi: 11.37 Tithi 25 – 26
315666159

Creative Work Siddha Yoga
Until 4:06PM then Prabalarishta Yoga

Gulika	6:37AM – 8:28AM
Yama	3:54PM – 5:45PM
Rahu	10:19AM – 12:11PM

Uttaraprostapada Until 4:06PM
Priti Until 11:54AM
Bava Until 7:37PM
Dasami Until 6:32AM

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Clear
Vaisaka•Vaikasi

Sunrise: 4:45AM
Sunset: 7:36PM

Moon 5 - Phase 6
2nd Phase

Sivaloka Day

---

3 Saturday, May 28, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 46
Khara 5113

Meena Rasi: 23.31 Tithi 26 – 27
315666159

Routine Work Prabalarishta Yoga
Until 12.57PM then Amrita Yoga
Until 6:58PM then Siddha Yoga

Gulika	4:45AM – 6:36AM
Yama	2:02PM – 3:54PM
Rahu	8:28AM – 10:19AM

Revati Until 6:58PM
Ayushman Until 12:46PM
Kaulava Until 9:56PM
Ekadasi* Until 8:51AM

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Clear
Vaisaka•Vaikasi

Sunrise: 4:45AM
Sunset: 7:37PM

Moon 5 - Phase 6
2nd Phase

Sivaloka Day

---

4 Sunday, May 29, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Asvini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 47
Khara 5113

Mesha Rasi: 5.29 Tithi 27 – 28
325666159

Creative Work Siddha Yoga

Gulika	3:54PM – 5:46PM
Yama	12:11PM – 2:03PM
Rahu	5:46PM – 7:38PM

Asvini Until 9:42PM
Saubhagya Until 1:31PM
Gara Until 12:06AM Mon
Dvadasi* Until 11:01AM

Ganesha: Purple
Muruga: Red
Nataraja: Purple
Moon – White
Vaisaka•Vaikasi

Sunrise: 4:44AM
Sunset: 7:38PM

Moon 5 - Phase 6
2nd Phase

Devaloka Day

Pradosha Vrata (Fasting)

---

5 Monday, May 30, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau

Des Moines, IA
Sun 12 Sutra 48
Khara 5113

Mesha Rasi: 17.34 Tithi 28 – 29
Family Home Evening 325666159
Creative Work Siddha Yoga

Gulika	2:03PM – 3:55PM
Yama	10:19AM – 12:11PM
Rahu	6:35AM – 8:27AM

Bharani Until 12:12AM Tue
Sobhana Until 2:04PM
Visti Until 2:01AM Tue
Trayodasi* Until 12:55PM

Ganesha: Purple
Muruga: Red
Nataraja: Purple
Moon – White
Vaisaka•Vaikasi

Sunrise: 4:43AM
Sunset: 7:39PM

Moon 5 - Phase 6
2nd Phase

Devaloka Day

● Tuesday, May 31, 2011
Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau

Des Moines, IA
Sun 13 Sutra 49
Khara 5113

Mesha Rasi: 29.48 Tithi 29 – 30
326666159

Creative Work Siddha Yoga
Until 12.57PM then Amrita Yoga
Until 2:23AM Wed then Siddha Yoga

Gulika	12:11PM – 2:03PM
Yama	8:27AM – 10:19AM
Rahu	3:55PM – 5:47PM

Krittika Until 2:23AM Wed
Athiganda* Until 2:18PM
Catuspada Until 3:35AM Wed
Chaturdasi* Until 2:29PM

Ganesha: Light Blue
Muruga: Red
Nataraja: Purple
Moon – White
Vaisaka•Vaikasi

Sunrise: 4:43AM
Sunset: 7:40PM

Moon 5 - Phase 6
Amavasya

Devaloka Day

Wednesday, June 1, 2011
Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau

Des Moines, IA
Sun 14 Sutra 50
Khara 5113

Vrishabha Rasi: 12.14 Tithi 30 – 1
336666159

Creative Work Siddha Yoga
Until 12.58PM then Marana Yoga

Gulika	10:19AM – 12:11PM
Yama	6:35AM – 8:27AM
Rahu	12:11PM – 2:04PM

Rohini Until 2:29AM Thu
Sukarma Until 1:36PM
Kintughna Until 2:49AM Thu
Amavasya* Until 2:49PM

Ganesha: Purple
Muruga: Red
Nataraja: Purple
Moon – Yellow
Jyeshtha•Vaikasi

Sunrise: 4:42AM
Sunset: 7:40PM

Moon 5 - Phase 6
Prathama

Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Kṛishṇa Yajur Veda¸Maitu 6.34. UpH¸447

1 Thursday, June 2, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Mrigasira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sun 15 Sutra 51
Khara 5113
Moon 5 - Phase 7
3rd Phase

Vrishabha Rasi: 24.54 Tithi 1 – 2
336666159

Gulika 8:27AM – 10:19AM
Yama 4:42AM – 6:34AM
Rahu 2:04PM – 3:56PM

Mrigasira Until 3:43AM Fri
Dhriti Until 1:07PM
Balava Until 3:26AM Fri
Prathama* Until 3:26PM

Ganesha: Purple
Muruga: Red
Nataraja: Purple
Moon – Yellow
Jyeshtha•Vaikasi

Sunrise: *4:42AM*
Sunset: *7:41PM*

Devaloka Day

Routine Work Marana Yoga
Until 12.58PM then Siddha Yoga

2 Friday, June 3, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 16 Sutra 52
Khara 5113
Moon 5 - Phase 7
3rd Phase

Mithuna Rasi: 7.47 Tithi 2 – 3
336666159

Gulika 6:34AM – 8:27AM
Yama 3:57PM – 5:49PM
Rahu 10:19AM – 12:12PM

Ardra Until 4:33AM Sat
Shula* Until 12:14PM
Taitila Until 3:34AM Sat
Dvitiya Until 3:34PM

Ganesha: Purple
Muruga: Red
Nataraja: Purple
Moon – Yellow
Jyeshtha•Vaikasi

Sunrise: *4:42AM*
Sunset: *7:42PM*

Devaloka Day

Creative Work Siddha Yoga
Until 4:33AM Sat then Marana Yoga

3 Saturday, June 4, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Ganda*/Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 17 Sutra 53
Khara 5113
Moon 5 - Phase 7
3rd Phase

Mithuna Rasi: 20.55 Tithi 3 – 4
346666159

Gulika 4:41AM – 6:34AM
Yama 2:04PM – 3:57PM
Rahu 8:27AM – 10:19AM

Punarvasu Until 4:55AM Sun
Ganda* Until 10:57AM
Vanija Until 3:13AM Sun
Tritiya Until 3:13PM

Ganesha: Light Blue
Muruga: Red
Nataraja: Purple
Moon – Blue
Jyeshtha•Vaikasi

Sunrise: *4:41AM*
Sunset: *7:42PM*

Devaloka Day

Routine Work Marana Yoga
Until 12.58PM then Siddha Yoga

4 Sunday, June 5, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 18 Sutra 54
Khara 5113
Moon 5 - Phase 7
3rd Phase

Kataka Rasi: 4.16 Tithi 4 – 5
346666151

Gulika 3:58PM – 5:50PM
Yama 12:12PM – 2:05PM
Rahu 5:50PM – 7:43PM

Pushya Until 3:15AM Mon
Vriddhi Until 9:03AM
Bava Until 12:51AM Mon
Chaturthi* Until 1:47PM

Ganesha: Light Blue
Muruga: Red
Nataraja: Purple
Moon – Blue
Jyeshtha•Vaikasi

Sunrise: *4:41AM*
Sunset: *7:43PM*

Devaloka Day

Creative Work Siddha Yoga

5 Monday, June 6, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sun 19 Sutra 55
Khara 5113
Moon 5 - Phase 7
3rd Phase

Kataka Rasi: 17.5 Tithi 5 – 6
Family Home Evening
346666151

Gulika 2:05PM – 3:58PM
Yama 10:19AM – 12:12PM
Rahu 6:34AM – 8:26AM

Aslesha* Until 2:50AM Tue
Dhruva Until 7:09AM
Kaulava Until 11:43PM
Panchami Until 12:39PM

Ganesha: Light Blue
Muruga: Red
Nataraja: Purple
Moon – Blue
Jyeshtha•Vaikasi

Sunrise: *4:41AM*
Sunset: *7:44PM*

Devaloka Day

Creative Work Siddha Yoga

6 Tuesday, June 7, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 20 Sutra 56
Khara 5113
Moon 5 - Phase 7
3rd Phase

Simha Rasi: 1.37 Tithi 6 – 7
357666151

Gulika 12:12PM – 2:05PM
Yama 8:26AM – 10:19AM
Rahu 3:58PM – 5:51PM

Magha* Until 2:05AM Wed
Harshana Until 2:14AM Wed
Gara Until 10:12PM
Shasthi* Until 11:08AM

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Red
Jyeshtha•Vaikasi

Sunrise: *4:40AM*
Sunset: *7:44PM*

Sivaloka Day

Creative Work Siddha Yoga
Until 2:05AM Wed then Amrita Yoga

Wednesday, June 8, 2011

Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Purvaphalguni* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 21 Sutra 57
Khara 5113
Moon 5 - Phase 7
Ashtami

Simha Rasi: 15.35 Tithi 7 – 8
357666151

Gulika 10:19AM – 12:13PM
Yama 6:33AM – 8:26AM
Rahu 12:13PM – 2:06PM

Purvaphalguni* Until 24:60PM
Vajra* Until 11:41PM
Visti Until 8:20PM
Saptami Until 9:16AM

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Red
Jyeshtha•Vaikasi

Sunrise: *4:40AM*
Sunset: *7:45PM*

Sivaloka Day

Creative Work Amrita Yoga
Until 12.59PM then no yoga
Until 24:60PM then Prabalarishta Yoga

Thursday, June 9, 2011

Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Siddhi Yoga Bava/Kaulava Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 22 Sutra 58
Khara 5113
Moon 5 - Phase 7
Navami

Simha Rasi: 29.44 Tithi 8 – 9
357666151

Gulika 8:26AM – 10:20AM
Yama 4:40AM – 6:33AM
Rahu 2:06PM – 3:59PM

Uttaraphalguni Until 11:37PM
Siddhi Until 8:52PM
Kaulava Until 6:09PM
Ashtami* Until 7:05AM

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – Red
Jyeshtha•Vaikasi

Sunrise: *4:40AM*
Sunset: *7:46PM*

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 12.59PM then Siddha Yoga
Until 11:37PM then Amrita Yoga

Sunless and demonic¸verily¸are those worlds¸and enveloped in blinding darkness¸to which all those people who are enemies of their own souls go after death.
Shukla Yajur Veda¸Isau 3. bo UpR¸570

1 Friday, June 10, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dasami Yam Titau

Des Moines, IA
Sun 23 Sutra 59
Khara 5113

Kanya Rasi: 14.01 Tithi 10
367666151

Gulika 6:33AM – 8:26AM
Yama 4:00PM – 5:53PM
Rahu 10:20AM – 12:13PM

Hasta Until 9:59PM
Vyatipata* Until 5:49PM
Taitila Until 3:42PM
Dasami Until 2:47AM Sat

Ganesha: White
Muruga: Red
Nataraja: Purple
Moon – Green
Jyeshtha•Vaikasi

Sunrise: 4:40AM
Sunset: 7:46PM

Moon 5 - Phase 8
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 12.59PM then Marana Yoga

2 Saturday, June 11, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 60
Khara 5113

Kanya Rasi: 28.24 Tithi 11
367666151

Gulika 4:40AM – 6:33AM
Yama 2:06PM – 4:00PM
Rahu 8:26AM – 10:20AM

Chitra Until 8:10PM
Variyan Until 2:36PM
Vanija Until 1:04PM
Ekadasi Until 12:08AM Sun

Ganesha: White
Muruga: Red
Nataraja: Purple
Moon – Green
Jyeshtha•Vaikasi

Sunrise: 4:40AM
Sunset: 7:47PM

Moon 5 - Phase 8
4th Phase

Devaloka Day

Routine Work Marana Yoga
Until 12.59PM then Siddha Yoga

3 Sunday, June 12, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 61
Khara 5113

Tula Rasi: 12.5 Tithi 12
367666151

Gulika 4:00PM – 5:54PM
Yama 12:13PM – 2:07PM
Rahu 5:54PM – 7:47PM

Svati Until 6:17PM
Parigha* Until 11:19AM
Bava Until 10:20AM
Dvadasi Until 9:24PM

Ganesha: White
Muruga: Red
Nataraja: Purple
Moon – Green
Jyeshtha•Vaikasi

Sunrise: 4:40AM
Sunset: 7:47PM

Moon 5 - Phase 8
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 1.00PM then Amrita Yoga
Until 6:17PM then Marana Yoga

4 Monday, June 13, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 62
Khara 5113

Tula Rasi: 27.14 Tithi 13
Family Home Evening
378666151

Gulika 2:07PM – 4:01PM
Yama 10:20AM – 12:14PM
Rahu 6:33AM – 8:26AM

Visakha Until 4:27PM
Shiva Until 8:04AM
Kaulava Until 7:39AM
Trayodasi Until 6:44PM

Ganesha: White
Muruga: Red
Nataraja: Purple
Moon – Orange
Jyeshtha•Vaikasi

Sunrise: 4:39AM
Sunset: 7:48PM

Moon 5 - Phase 8
4th Phase

Subha Sivaloka Day

Routine Work Marana Yoga
Until 4:27PM then Siddha Yoga

Vaikasi Visakam

Pradosha Vrata

5 Tuesday, June 14, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau

Des Moines, IA
Sun 27 Sutra 63
Khara 5113

Vrischika Rasi: 11.32 Tithi 14 – 15
378666151

Gulika 12:14PM – 2:07PM
Yama 8:27AM – 10:20AM
Rahu 4:01PM – 5:54PM

Anuradha Until 2:48PM
Sadhya Until 2:20AM Wed
Visti Until 3:21AM Wed
Chaturdasi* Until 4:16PM

Ganesha: White
Muruga: Red
Nataraja: Purple
Moon – Orange
Jyeshtha•Vaikasi

Sunrise: 4:39AM
Sunset: 7:48PM

Moon 5 - Phase 8
4th Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

○ Wednesday, June 15, 2011
Copper Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau

Des Moines, IA
Sutra 64
Khara 5113

Vrischika Rasi: 25.37 Tithi 15 – 16
378666151

Gulika 10:20AM – 12:14PM
Yama 6:33AM – 8:27AM
Rahu 12:14PM – 2:08PM

Jyeshtha* Until 1:31PM
Subha Until 11:36PM
Balava Until 1:15AM Thu
Purnima* Until 2:10PM

Ganesha: White
Muruga: Red
Nataraja: Purple
Moon – Orange
Jyeshtha•Ani

Sunrise: 4:39AM
Sunset: 7:48PM

Moon 5 - Phase 8
Purnima

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, June 16, 2011
Silver Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sutra 65
Khara 5113

Dhanus Rasi: 9.26 Tithi 16 – 17
388766151

Gulika 8:27AM – 10:20AM
Yama 4:39AM – 6:33AM
Rahu 2:08PM – 4:01PM

Mula* Until 1:11PM
Sukla Until 10:23PM
Taitila Until 11:39PM
Prathama* Until 12:35PM

Ganesha: Blue
Muruga: Red
Nataraja: Purple
Moon – Light Blue
Jyeshtha•Ani

Sunrise: 4:39AM
Sunset: 7:49PM

Moon 5 - Phase 8
Prathama

Devaloka Day

Creative Work Siddha Yoga
Until 1.00PM then no yoga
Until 1:11PM then Siddha Yoga

Friday, June 17, 2011
Gold Retreat Star

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 1 Sutra 66
Khara 5113

Dhanus Rasi: 22.56 Tithi 17 – 18
388766151

Creative Work Siddha Yoga
Until 1.01PM then no yoga

Gulika	6:33AM – 8:27AM	Purvashadha* Until 12:53PM	Ganesha: Blue	*Sunrise:*	*4:40AM*
Yama	4:02PM – 5:55PM	Brahma Until 8:28PM	Muruga: Red	*Sunset:*	*7:49PM*
Rahu	10:21AM – 12:14PM	Vanija Until 12:02AM Sat	Nataraja: Purple		
		Dvitiya Until 12:02PM	Moon – Light Blue		
			Jyeshtha•Ani		

Moon 6 - Phase 9
1st Phase
Devaloka Day

---

1 Saturday, June 18, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Indra Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 2 Sutra 67
Khara 5113

Makara Rasi: 6.05 Tithi 18 – 19
388766151

No Yoga
Until 1.01PM then Amrita Yoga

Gulika	4:40AM – 6:33AM	Uttarashadha Until 1:13PM	Ganesha: Blue	*Sunrise:*	*4:40AM*
Yama	2:08PM – 4:02PM	Indra Until 7:08PM	Muruga: Red	*Sunset:*	*7:49PM*
Rahu	8:27AM – 10:21AM	Bava Until 11:38PM	Nataraja: Purple		
		Tritiya Until 11:38AM	Moon – Light Blue		
			Jyeshtha•Ani		

Moon 6 - Phase 9
1st Phase
Devaloka Day

---

2 Sunday, June 19, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 3 Sutra 68
Khara 5113

Makara Rasi: 18.55 Tithi 19 – 20
398766151

Creative Work Amrita Yoga
Until 2:09PM then Siddha Yoga

Gulika	4:02PM – 5:56PM	Sravana Until 2:09PM	Ganesha: Red	*Sunrise:*	*4:40AM*
Yama	12:15PM – 2:09PM	Vaidhriti* Until 7:20PM	Muruga: Red	*Sunset:*	*7:50PM*
Rahu	5:56PM – 7:50PM	Kaulava Until 11:54PM	Nataraja: Purple		
		Chaturthi* Until 11:54AM	Moon – Purple		
			Jyeshtha•Ani		

Father's Day

Moon 6 - Phase 9
1st Phase
Sivaloka Day

---

3 Monday, June 20, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sun 4 Sutra 69
Khara 5113

Kumbha Rasi: 1.26 Tithi 20 – 21
Family Home Evening
399766151

Creative Work Siddha Yoga
Until 1.01PM then Marana Yoga

Gulika	2:09PM – 4:02PM	Dhanishtha Until 4:28PM	Ganesha: Blue	*Sunrise:*	*4:40AM*
Yama	10:21AM – 12:15PM	Vishkambha* Until 7:04PM	Muruga: Red	*Sunset:*	*7:50PM*
Rahu	6:34AM – 8:27AM	Gara Until 2:28AM Tue	Nataraja: Purple		
		Panchami Until 1:23PM	Moon – Purple		
			Jyeshtha•Ani		

Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day

---

4 Tuesday, June 21, 2011

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Priti Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 5 Sutra 70
Khara 5113

Kumbha Rasi: 13.43 Tithi 21 – 22
399766151

Routine Work Marana Yoga
Until 1.02PM then Siddha Yoga
Until 6:35PM then Amrita Yoga

Gulika	12:15PM – 2:09PM	Satabhisha Until 6:35PM	Ganesha: Blue	*Sunrise:*	*4:40AM*
Yama	8:28AM – 10:21AM	Priti Until 7:16PM	Muruga: Red	*Sunset:*	*7:50PM*
Rahu	4:03PM – 5:56PM	Visti Until 3:58AM Wed	Nataraja: Purple		
		Shasthi* Until 2:52PM	Moon – Purple		
			Jyeshtha•Ani		

Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day

---

5 Wednesday, June 22, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 6 Sutra 71
Khara 5113

Kumbha Rasi: 25.47 Tithi 22 – 23
319766151

Creative Work Amrita Yoga
Until 1.02PM then Siddha Yoga

Gulika	10:22AM – 12:15PM	Purvaprostapada* Until 9:05PM	Ganesha: Purple	*Sunrise:*	*4:40AM*
Yama	6:34AM – 8:28AM	Ayushman Until 7:48PM	Muruga: Red	*Sunset:*	*7:50PM*
Rahu	12:15PM – 2:09PM	Balava Until 5:51AM Thu	Nataraja: Purple		
		Saptami Until 4:46PM	Moon – Clear		
			Jyeshtha•Ani		

Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day

Thursday, June 23, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada Nakshatra Saubhagya Yoga Kaulava Karana Ashtami* Yam Titau

Des Moines, IA
Sun 7 Sutra 72
Khara 5113

Meena Rasi: 7.46 Tithi 23
319766151

Creative Work Siddha Yoga

Gulika	8:28AM – 10:22AM	Uttaraprostapada Until 11:49PM	Ganesha: Purple	*Sunrise:*	*4:41AM*
Yama	4:41AM – 6:34AM	Saubhagya Until 8:34PM	Muruga: Red	*Sunset:*	*7:51PM*
Rahu	2:09PM – 4:03PM	Kaulava Until 8:01AM Fri	Nataraja: Purple		
		Ashtami* Until 6:56PM	Moon – Clear		
			Jyeshtha•Ani		

Moon 6 - Phase 9
Ashtami
Subha Sivaloka Day

Friday, June 24, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami* Yam Titau

Des Moines, IA
Sun 8 Sutra 73
Khara 5113

Meena Rasi: 19.4 Tithi 24
319766151

Creative Work Siddha Yoga
Until 1.02PM then Prabalarishta Yoga
Until 2:40AM Sat then Siddha Yoga

Gulika	6:35AM – 8:28AM	Revati Until 2:40AM Sat	Ganesha: Purple	*Sunrise:*	*4:41AM*
Yama	4:03PM – 5:57PM	Sobhana Until 9:27PM	Muruga: Red	*Sunset:*	*7:51PM*
Rahu	10:22AM – 12:16PM	Taitila Until 8:07AM	Nataraja: Purple		
		Navami* Until 9:13PM	Moon – Clear		
			Jyeshtha•Ani		

Moon 6 - Phase 9
Navami
Subha Sivaloka Day

That which appears as cold or as hot,fresh or spoiled,good fortune and bad,love and hate,effort and laziness,the exalted and the depraved,the rich and the poor,the well-founded and the ill-founded,all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA,94

1 Saturday, June 25, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Asvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dasami Yam Titau

Des Moines, IA
Sun 9 Sutra 74
Khara 5113

Mesha Rasi: 1.35 Tithi 25
329766151

Gulika 4:41AM – 6:35AM
Yama 2:10PM – 4:03PM
Rahu 8:29AM – 10:22AM

Asvini Until 5:30AM Sun
Athiganda* Until 10:18PM
Vanija Until 10:23AM
Dasami Until 11:28PM

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – White
Jyeshtha•Ani

Sunrise: 4:41AM
Sunset: 7:51PM

Moon 6 - Phase 10
2nd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 5:30AM Sun then no yoga

---

2 Sunday, June 26, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 75
Khara 5113

Mesha Rasi: 13.35 Tithi 26
329766151

Gulika 4:04PM – 5:57PM
Yama 12:16PM – 2:10PM
Rahu 5:57PM – 7:51PM

Bharani Until 7:52AM Mon
Sukarma Until 11:00PM
Bava Until 12:28PM
Ekadasi* Until 1:33AM Mon

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – White
Jyeshtha•Ani

Sunrise: 4:42AM
Sunset: 7:51PM

Moon 6 - Phase 10
2nd Phase

Sivaloka Day

No Yoga
Until 1.03PM then Siddha Yoga
Until 7:52AM Mon then no yoga

---

3 Monday, June 27, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 76
Khara 5113

Mesha Rasi: 25.44 Tithi 27
Family Home Evening
329766151

Gulika 2:10PM – 4:04PM
Yama 10:23AM – 12:16PM
Rahu 6:36AM – 8:29AM

Bharani Until 7:52AM
Dhriti Until 11:25PM
Kaulava Until 2:13PM
Dvadasi* Until 3:19AM Tue

Ganesha: Clear
Muruga: Red
Nataraja: Purple
Moon – White
Jyeshtha•Ani

Sunrise: 4:42AM
Sunset: 7:51PM

Moon 6 - Phase 10
2nd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 7:52AM then no yoga
Until 1.03PM then Siddha Yoga

---

4 Tuesday, June 28, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodasi* Yam Titau

Des Moines, IA
Sun 12 Sutra 77
Khara 5113

Vrishabha Rasi: 8.05 Tithi 28
321776151

Gulika 12:17PM – 2:10PM
Yama 8:29AM – 10:23AM
Rahu 4:04PM – 5:57PM

Krittika Until 9:31AM
Shula* Until 10:13PM
Gara Until 2:43PM
Trayodasi* Until 2:43AM Wed

Ganesha: Red
Muruga: Yellow
Nataraja: Purple
Moon – White
Jyeshtha•Ani

Sunrise: 4:42AM
Sunset: 7:51PM

Moon 6 - Phase 10
2nd Phase

Sivaloka Day

Pradosha Vrata (Fasting)

Creative Work Siddha Yoga
Until 9:31AM then Amrita Yoga
Until 1.03PM then Siddha Yoga

---

5 Wednesday, June 29, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigasira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau

Des Moines, IA
Sun 13 Sutra 78
Khara 5113

Vrishabha Rasi: 20.43 Tithi 29
331776151

Gulika 10:23AM – 12:17PM
Yama 6:36AM – 8:30AM
Rahu 12:17PM – 2:10PM

Rohini Until 10:50AM
Ganda* Until 9:48PM
Visti Until 3:23PM
Chaturdasi* Until 3:23AM Thu

Ganesha: Yellow
Muruga: Yellow
Nataraja: Purple
Moon – Yellow
Jyeshtha•Ani

Sunrise: 4:43AM
Sunset: 7:51PM

Moon 6 - Phase 10
2nd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 1.03PM then Marana Yoga

● Thursday, June 30, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigasira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau

Des Moines, IA
Sun 14 Sutra 79
Khara 5113

Mithuna Rasi: 3.38 Tithi 30
331776151

Gulika 8:30AM – 10:24AM
Yama 4:43AM – 6:37AM
Rahu 2:10PM – 4:04PM

Mrigasira Until 11:35AM
Vriddhi Until 8:51PM
Catuspada Until 3:26PM
Amavasya* Until 3:26AM Fri

Ganesha: Yellow
Muruga: Yellow
Nataraja: Purple
Moon – Yellow
Jyeshtha•Ani

Sunrise: 4:43AM
Sunset: 7:51PM

Moon 6 - Phase 10
Amavasya

Sivaloka Day

Routine Work Marana Yoga
Until 1.03PM then Siddha Yoga

Friday, July 1, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau

Des Moines, IA
Sun 15 Sutra 80
Khara 5113

Mithuna Rasi: 16.53 Tithi 1
331776151

Gulika 6:37AM – 8:30AM
Yama 4:04PM – 5:57PM
Rahu 10:24AM – 12:17PM

Ardra Until 11:21AM
Dhruva Until 7:23PM
Kintughna Until 2:11PM
Prathama* Until 1:16AM Sat

Ganesha: Yellow
Muruga: Yellow
Nataraja: Purple
Moon – Yellow
Ashada•Ani

Sunrise: 4:44AM
Sunset: 7:51PM

Moon 6 - Phase 10
Prathama

Sivaloka Day

Creative Work Siddha Yoga
Until 1.04PM then Marana Yoga

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient¸find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda¸Isau 1. UpM¸49

1 Saturday, July 2, 2011

Kataka Rasi: 0.25 Tithi 2

341776151

Routine Work Marana Yoga

Until 11:00AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiya Yam Titau

Des Moines, IA
Sun 16 Sutra 81
Khara 5113

Gulika	4:44AM – 6:37AM
Yama	2:11PM – 4:04PM
Rahu	8:31AM – 10:24AM

Punarvasu Until 11:00AM
Vyaghata* Until 4:39PM
Balava Until 1:07PM
Dvitiya Until 12:11AM Sun

Ganesha: Red
Muruga: Yellow
Nataraja: Purple
Moon – Blue
Ashada•Ani

Sunrise: *4:44AM*
Sunset: *7:51PM*

Moon 6 - Phase 11
3rd Phase

Sivaloka Day

---

2 Sunday, July 3, 2011

Kataka Rasi: 14.13 Tithi 3

341776151

Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Pushya/Aslesha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Tritiya Yam Titau

Des Moines, IA
Sun 17 Sutra 82
Khara 5113

Gulika	4:04PM – 5:57PM
Yama	12:18PM – 2:11PM
Rahu	5:57PM – 7:50PM

Pushya Until 10:13AM
Harshana Until 2:23PM
Taitila Until 11:33AM
Tritiya Until 10:38PM

Ganesha: Red
Muruga: Yellow
Nataraja: Purple
Moon – Blue
Ashada•Ani

Sunrise: *4:45AM*
Sunset: *7:50PM*

Moon 6 - Phase 11
3rd Phase

Sivaloka Day

---

3 Monday, July 4, 2011

Kataka Rasi: 28.13 Tithi 4
Family Home Evening

341776151

Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
Aslesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 18 Sutra 83
Khara 5113

Gulika	2:11PM – 4:04PM
Yama	10:25AM – 12:18PM
Rahu	6:38AM – 8:32AM

Aslesha* Until 9:04AM
Vajra* Until 11:48AM
Vanija Until 9:38AM
Chaturthi* Until 8:42PM

Ganesha: Red
Muruga: Yellow
Nataraja: Purple
Moon – Blue
Ashada•Ani

Sunrise: *4:45AM*
Sunset: *7:50PM*

Moon 6 - Phase 11
3rd Phase

Sivaloka Day

---

4 Tuesday, July 5, 2011

Simha Rasi: 12.2 Tithi 5

351776151

Creative Work Siddha Yoga

Until 1.04PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau

Des Moines, IA
Sun 19 Sutra 84
Khara 5113

Gulika	12:18PM – 2:11PM
Yama	8:32AM – 10:25AM
Rahu	4:04PM – 5:57PM

Magha* Until 7:42AM
Siddhi Until 8:59AM
Bava Until 7:27AM
Panchami Until 6:31PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Purple
Moon – Red
Ashada•Ani

Sunrise: *4:46AM*
Sunset: *7:50PM*

Moon 6 - Phase 11
3rd Phase

Subha Sivaloka Day

---

5 Wednesday, July 6, 2011

Simha Rasi: 26.34 Tithi 6 – 7

451776151

Creative Work Amrita Yoga

Until 1.04PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 20 Sutra 85
Khara 5113

Gulika	10:25AM – 12:18PM
Yama	6:39AM – 8:32AM
Rahu	12:18PM – 2:11PM

Purvaphalguni* Until 6:11AM
Vyatipata* Until 6:03AM
Gara Until 3:16AM Thu
Shasthi* Until 4:12PM

Ganesha: Red
Muruga: Yellow
Nataraja: Purple
Moon – Red
Ashada•Ani

Sunrise: *4:46AM*
Sunset: *7:50PM*

Moon 6 - Phase 11
3rd Phase

Sivaloka Day

Chidambaram Abhishekam

◗ Thursday, July 7, 2011

Retreat Star

Kanya Rasi: 10.47 Tithi 7 – 8

461776151

No Yoga

Until 1.05PM then Amrita Yoga

Until 3:30AM Fri then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 21 Sutra 86
Khara 5113

Gulika	8:33AM – 10:25AM
Yama	4:47AM – 6:40AM
Rahu	2:11PM – 4:04PM

Hasta Until 3:30AM Fri
Parigha* Until 12:25AM Fri
Visti Until 12:54AM Fri
Saptami Until 1:50PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Purple
Moon – Green
Ashada•Ani

Sunrise: *4:47AM*
Sunset: *7:49PM*

Moon 6 - Phase 11
Ashtami

Subha Sivaloka Day

Friday, July 8, 2011

Retreat Star

Kanya Rasi: 25.01 Tithi 8 – 9

462776151

Creative Work Siddha Yoga

Until 1.05PM then Marana Yoga

Until 1:59AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 22 Sutra 87
Khara 5113

Gulika	6:40AM – 8:33AM
Yama	4:04PM – 5:56PM
Rahu	10:26AM – 12:18PM

Chitra Until 1:59AM Sat
Shiva Until 9:28PM
Balava Until 10:34PM
Ashtami* Until 11:30AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Purple
Moon – Green
Ashada•Ani

Sunrise: *4:48AM*
Sunset: *7:49PM*

Moon 6 - Phase 11
Navami

Sivaloka Day

Being overcome by the fruits of his action¸he enters a good or an evil womb¸so that his course is downward or upward¸and he wanders around¸overcome by the pairs of opposites. Kṛishṇa Yajur Veda¸Maitu 3.2. UpH¸418

1 Saturday, July 9, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 23 Sutra 88
Khara 5113

Tula Rasi: 9.11 Tithi 9 – 10
462776151
Creative Work Siddha Yoga
Until 12:33AM Sun then Marana Yoga

Gulika	4:48AM – 6:41AM
Yama	2:11PM – 4:03PM
Rahu	8:33AM – 10:26AM

Svati Until 12:33AM Sun
Siddha Until 6:37PM
Taitila Until 8:20PM
Navami* Until 9:15AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Purple
Moon – Green
Ashada•Ani

Sunrise: *4:48AM*
Sunset: *7:49PM*

Moon 6 - Phase 12
4th Phase

Sivaloka Day

---

2 Sunday, July 10, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Visakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 89
Khara 5113

Tula Rasi: 23.16 Tithi 10 – 11
472776151
Routine Work Marana Yoga
Until 11:16PM then Siddha Yoga

Gulika	4:03PM – 5:56PM
Yama	12:19PM – 2:11PM
Rahu	5:56PM – 7:48PM

Visakha Until 11:16PM
Sadhya Until 3:53PM
Vanija Until 6:14PM
Dasami Until 7:10AM

Ganesha: White
Muruga: Yellow
Nataraja: Purple
Moon – Orange
Ashada•Ani

Sunrise: *4:49AM*
Sunset: *7:48PM*

Moon 6 - Phase 12
4th Phase

Devaloka Day

---

3 Monday, July 11, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 90
Khara 5113

Vrischika Rasi: 7.14 Tithi 12
Family Home Evening
472876151
Creative Work Siddha Yoga

Gulika	2:11PM – 4:03PM
Yama	10:27AM – 12:19PM
Rahu	6:42AM – 8:34AM

Anuradha Until 10:10PM
Subha Until 1:20PM
Bava Until 4:21PM
Dvadasi Until 3:26AM Tue

Ganesha: Yellow
Muruga: Yellow
Nataraja: Purple
Moon – Orange
Ashada•Ani

Sunrise: *4:50AM*
Sunset: *7:48PM*

Moon 6 - Phase 12
4th Phase

Sivaloka Day

---

4 Tuesday, July 12, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 91
Khara 5113

Vrischika Rasi: 21.04 Tithi 13
472876151
Creative Work Siddha Yoga
Until 9:18PM then Marana Yoga

Gulika	12:19PM – 2:11PM
Yama	8:35AM – 10:27AM
Rahu	4:03PM – 5:55PM

Jyeshtha* Until 9:18PM
Sukla Until 11:00AM
Kaulava Until 2:44PM
Trayodasi Until 1:48AM Wed

Pradosha Vrata

Ganesha: Yellow
Muruga: Yellow
Nataraja: Purple
Moon – Orange
Ashada•Ani

Sunrise: *4:51AM*
Sunset: *7:47PM*

Moon 6 - Phase 12
4th Phase

Sivaloka Day

---

5 Wednesday, July 13, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdasi* Yam Titau

Des Moines, IA
Sun 27 Sutra 92
Khara 5113

Dhanus Rasi: 4.44 Tithi 14
482876151
Routine Work Marana Yoga
Until 1.06PM then Siddha Yoga

Gulika	10:27AM – 12:19PM
Yama	6:43AM – 8:35AM
Rahu	12:19PM – 2:11PM

Mula* Until 9:53PM
Brahma Until 9:10AM
Gara Until 2:03PM
Chaturdasi* Until 2:03AM Thu

Ganesha: White
Muruga: Yellow
Nataraja: Purple
Moon – Light Blue
Ashada•Ani

Sunrise: *4:51AM*
Sunset: *7:47PM*

Moon 6 - Phase 12
4th Phase

Subha Sivaloka Day

○ Thursday, July 14, 2011
Copper Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnima* Yam Titau

Des Moines, IA
Sutra 93
Khara 5113

Dhanus Rasi: 18.11 Tithi 15
482876151
Creative Work Siddha Yoga

Gulika	8:36AM – 10:27AM
Yama	4:52AM – 6:44AM
Rahu	2:11PM – 4:03PM

Satguru Purnima

Purvashadha* Until 9:41PM
Indra Until 7:21AM
Visti Until 1:04PM
Purnima* Until 1:04AM Fri

Ganesha: White
Muruga: Yellow
Nataraja: Purple
Moon – Light Blue
Ashada•Ani

Sunrise: *4:52AM*
Sunset: *7:46PM*

Moon 6 - Phase 12
Purnima

Subha Sivaloka Day

Friday, July 15, 2011
Silver Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathama* Yam Titau

Des Moines, IA
Sutra 94
Khara 5113

Makara Rasi: 1.23 Tithi 16
482876151
Creative Work Siddha Yoga
Until 1.06PM then no yoga
Until 9:55PM then Siddha Yoga

Gulika	6:44AM – 8:36AM
Yama	4:02PM – 5:54PM
Rahu	10:28AM – 12:19PM

Uttarashadha Until 9:55PM
Vishkambha* Until 4:47AM Sat
Balava Until 12:34PM
Prathama* Until 12:34AM Sat

Ganesha: White
Muruga: Yellow
Nataraja: Purple
Moon – Light Blue
Ashada•Ani

Sunrise: *4:53AM*
Sunset: *7:45PM*

Moon 6 - Phase 12
Prathama

Subha Sivaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Kṛishṇa Yajur Veda¸Maitu 6.34. UpM¸104

Saturday, July 16, 2011
Gold Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiya Yam Titau

Des Moines, IA
Sun 1 Sutra 95
Khara 5113

Makara Rasi: 14.2 Tithi 17
492876151

Gulika 4:54AM – 6:45AM
Yama 2:11PM – 4:02PM
Rahu 8:37AM – 10:28AM

Sravana Until 10:38PM
Priti Until 3:49AM Sun
Taitila Until 12:35PM
Dvitiya Until 12:35AM Sun

Ganesha: Clear
Muruga: Yellow
Nataraja: Purple
Moon – Purple
Ashada•Adi

Sunrise: *4:54AM*
Sunset: *7:45PM*

Moon 7 - Phase 13
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 1.06PM then Amrita Yoga
Until 10:38PM then Siddha Yoga

---

1 Sunday, July 17, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiya Yam Titau

Des Moines, IA
Sun 2 Sutra 96
Khara 5113

Makara Rasi: 27.01 Tithi 18
492876152

Gulika 4:02PM – 5:53PM
Yama 12:19PM – 2:11PM
Rahu 5:53PM – 7:44PM

Dhanishtha Until 1:18AM Mon
Ayushman Until 4:55AM Mon
Vanija Until 1:45PM
Tritiya Until 2:51AM Mon

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sunrise: *4:55AM*
Sunset: *7:44PM*

Moon 7 - Phase 13
1st Phase

Devaloka Day

Creative Work Siddha Yoga

---

2 Monday, July 18, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 3 Sutra 97
Khara 5113

Kumbha Rasi: 9.28 Tithi 19
Family Home Evening
492876152

Gulika 2:10PM – 4:01PM
Yama 10:28AM – 12:19PM
Rahu 6:46AM – 8:37AM

Satabhisha Until 3:05AM Tue
Saubhagya Until 4:48AM Tue
Bava Until 2:52PM
Chaturthi* Until 3:57AM Tue

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sunrise: *4:55AM*
Sunset: *7:43PM*

Moon 7 - Phase 13
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 1.06PM then Marana Yoga

---

3 Tuesday, July 19, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchami Yam Titau

Des Moines, IA
Sun 4 Sutra 98
Khara 5113

Kumbha Rasi: 21.41 Tithi 20
412876152

Gulika 12:20PM – 2:10PM
Yama 8:38AM – 10:29AM
Rahu 4:01PM – 5:52PM

Purvaprostapada* Until 5:17AM Wed
Sobhana Until 5:04AM Wed
Kaulava Until 4:26PM
Panchami Until 5:32AM Wed

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sunrise: *4:56AM*
Sunset: *7:43PM*

Moon 7 - Phase 13
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 1.06PM then Amrita Yoga
Until 5:17AM Wed then Siddha Yoga

---

4 Wednesday, July 20, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada Nakshatra Athiganda* Yoga Gara Karana Shasthi* Yam Titau

Des Moines, IA
Sun 5 Sutra 99
Khara 5113

Meena Rasi: 3.46 Tithi 21
412876152

Gulika 10:29AM – 12:20PM
Yama 6:48AM – 8:38AM
Rahu 12:20PM – 2:10PM

Uttaraprostapada Until 7:55AM Thu
Athiganda* Until 5:39AM Thu
Gara Until 6:23PM
Shasthi* Until 7:29AM Thu

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sunrise: *4:57AM*
Sunset: *7:42PM*

Moon 7 - Phase 13
1st Phase

Devaloka Day

Creative Work Siddha Yoga

---

5 Thursday, July 21, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 6 Sutra 100
Khara 5113

Meena Rasi: 15.43 Tithi 21 – 22
413876152

Gulika 8:39AM – 10:29AM
Yama 4:58AM – 6:48AM
Rahu 2:10PM – 4:00PM

Uttaraprostapada Until 7:55AM
Sukarma Until 6:43AM Fri
Visti Until 8:34PM
Shasthi* Until 7:29AM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sunrise: *4:58AM*
Sunset: *7:41PM*

Moon 7 - Phase 13
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Friday, July 22, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 7 Sutra 101
Khara 5113

Meena Rasi: 27.36 Tithi 22 – 23
413876152

Gulika 6:49AM – 8:39AM
Yama 4:00PM – 5:50PM
Rahu 10:29AM – 12:20PM

Revati Until 10:48AM
Sukarma Until 6:43AM
Balava Until 10:53PM
Saptami Until 9:48AM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sunrise: *4:59AM*
Sunset: *7:40PM*

Moon 7 - Phase 13
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga
Until 10:48AM then Amrita Yoga
Until 1.06PM then Siddha Yoga

Saturday, July 23, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Asvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 8 Sutra 102
Khara 5113

Mesha Rasi: 9.31 Tithi 23 – 24
423876152

Gulika 5:00AM – 6:50AM
Yama 2:10PM – 4:00PM
Rahu 8:40AM – 10:30AM

Asvini Until 1:39PM
Dhriti Until 7:36AM
Taitila Until 1:10AM Sun
Ashtami* Until 12:05PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – White
Ashada•Adi

Sunrise: *5:00AM*
Sunset: *7:40PM*

Moon 7 - Phase 13
Navami

Devaloka Day

Creative Work Siddha Yoga
Until 1:39PM then no yoga

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, 'This is I' and 'That is mine' one binds himself with himself, as does a bird with a snare. Kṛishṇa Yajur Veda, Maitu 3.2. UpH, 418

1 Sunday, July 24, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 9 Sutra 103
Khara 5113

Mesha Rasi: 21.3 Tithi 24 – 25
423876152

No Yoga
Until 1.06PM then Siddha Yoga
Until 4:20PM then no yoga

Gulika	3:59PM – 5:49PM	Bharani Until 4:20PM	Ganesha: Yellow	*Sunrise:*	*5:01AM*
Yama	12:20PM – 2:09PM	Shula* Until 8:19AM	Muruga: Yellow	*Sunset:*	*7:39PM*
Rahu	5:49PM – 7:39PM	Vanija Until 3:16AM Mon	Nataraja: Clear		
		Navami* Until 2:11PM	Moon – White		
			Ashada•Adi		

Moon 7 - Phase 14
2nd Phase

Devaloka Day

---

2 Monday, July 25, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Ganda*/Vriddhi Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 104
Khara 5113

Vrishabha Rasi: 3.4 Tithi 25 – 26
Family Home Evening 423876152

No Yoga
Until 1.06PM then Siddha Yoga
Until 6:41PM then Amrita Yoga

Gulika	2:09PM – 3:59PM	Krittika Until 6:41PM	Ganesha: Yellow	*Sunrise:*	*5:02AM*
Yama	10:30AM – 12:20PM	Ganda* Until 8:43AM	Muruga: Yellow	*Sunset:*	*7:38PM*
Rahu	6:51AM – 8:41AM	Bava Until 5:00AM Tue	Nataraja: Clear		
		Dasami Until 3:55PM	Moon – White		
			Ashada•Adi		

Moon 7 - Phase 14
2nd Phase

Devaloka Day

---

3 Tuesday, July 26, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 105
Khara 5113

Vrishabha Rasi: 16.04 Tithi 26 – 27
433876152

Creative Work Amrita Yoga
Until 1.06PM then Siddha Yoga

Gulika	12:20PM – 2:09PM	Rohini Until 7:24PM	Ganesha: Blue	*Sunrise:*	*5:03AM*
Yama	8:41AM – 10:30AM	Vriddhi Until 8:27AM	Muruga: Yellow	*Sunset:*	*7:37PM*
Rahu	3:58PM – 5:48PM	Kaulava Until 4:10AM Wed	Nataraja: Clear		
		Ekadasi* Until 4:10PM	Moon – Yellow		
			Ashada•Adi		

Moon 7 - Phase 14
2nd Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

4 Wednesday, July 27, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau

Des Moines, IA
Sun 12 Sutra 106
Khara 5113

Vrishabha Rasi: 28.49 Tithi 27 – 28
433876152

Creative Work Siddha Yoga
Until 1.06PM then Marana Yoga

Gulika	10:31AM – 12:20PM	Mrigasira Until 8:31PM	Ganesha: Blue	*Sunrise:*	*5:03AM*
Yama	6:53AM – 8:42AM	Dhruva Until 7:51AM	Muruga: Yellow	*Sunset:*	*7:36PM*
Rahu	12:20PM – 2:09PM	Gara Until 4:37AM Thu	Nataraja: Clear		
		Dvadasi* Until 4:37PM	Moon – Yellow		
			Ashada•Adi		

Pradosha Vrata (Fasting)

Moon 7 - Phase 14
2nd Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

5 Thursday, July 28, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau

Des Moines, IA
Sun 13 Sutra 107
Khara 5113

Mithuna Rasi: 11.55 Tithi 28 – 29
433876152

Routine Work Marana Yoga
Until 1.06PM then Siddha Yoga

Gulika	8:42AM – 10:31AM	Ardra Until 7:51PM	Ganesha: Blue	*Sunrise:*	*5:04AM*
Yama	5:04AM – 6:53AM	Vyaghata* Until 6:35AM	Muruga: Yellow	*Sunset:*	*7:35PM*
Rahu	2:08PM – 3:57PM	Visti Until 2:35AM Fri	Nataraja: Clear		
		Trayodasi* Until 3:31PM	Moon – Yellow		
			Ashada•Adi		

Moon 7 - Phase 14
2nd Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

● Friday, July 29, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau

Des Moines, IA
Sun 14 Sutra 108
Khara 5113

Mithuna Rasi: 25.26 Tithi 29 – 30
443876152

Creative Work Siddha Yoga
Until 1.06PM then Marana Yoga
Until 7:33PM then Siddha Yoga

Gulika	6:54AM – 8:42AM	Punarvasu Until 7:33PM	Ganesha: Blue	*Sunrise:*	*5:05AM*
Yama	3:57PM – 5:45PM	Vajra* Until 2:05AM Sat	Muruga: Yellow	*Sunset:*	*7:34PM*
Rahu	10:31AM – 12:20PM	Catuspada Until 1:34AM Sat	Nataraja: Clear		
		Chaturdasi* Until 2:30PM	Moon – Blue		
			Ashada•Adi		

Moon 7 - Phase 14
Amavasya

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Saturday, July 30, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau

Des Moines, IA
Sun 15 Sutra 109
Khara 5113

Kataka Rasi: 9.19 Tithi 30 – 1
443876152

Creative Work Siddha Yoga

Gulika	5:06AM – 6:55AM	Pushya Until 6:36PM	Ganesha: Blue	*Sunrise:*	*5:06AM*
Yama	2:08PM – 3:56PM	Siddhi Until 11:40PM	Muruga: Yellow	*Sunset:*	*7:33PM*
Rahu	8:43AM – 10:31AM	Kintughna Until 11:51PM	Nataraja: Clear		
		Amavasya* Until 12:46PM	Moon – Blue		
			Sravana•Adi		

Moon 7 - Phase 14
Prathama

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

As the sun¸the eye of the whole world¸is not sullied by the external faults of the eyes¸so the one inner soul of all things is not sullied by the sorrow in the world¸being external to it. Kṛishṇa Yajur Veda¸Kathau 5.11. bo UpH¸357

1 Sunday, July 31, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Aslesha*/Magha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sun 16 Sutra 110
Khara 5113

Kataka Rasi: 23.32 Tithi 1 – 2
443876152
Creative Work Siddha Yoga

Gulika	3:56PM – 5:44PM
Yama	12:20PM – 2:08PM
Rahu	5:44PM – 7:32PM

Aslesha* Until 5:06PM
Vyatipata* Until 8:43PM
Balava Until 9:32PM
Prathama* Until 10:27AM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Blue
Sravana•Adi

Sunrise: *5:07AM*
Sunset: *7:32PM*

Moon 7 - Phase 15
3rd Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

2 Monday, August 1, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 17 Sutra 111
Khara 5113

Simha Rasi: 7.58 Tithi 2 – 3
Family Home Evening
453876152
Creative Work Siddha Yoga

Gulika	2:07PM – 3:55PM
Yama	10:32AM – 12:19PM
Rahu	6:56AM – 8:44AM

Magha* Until 2:34PM
Variyan Until 4:42PM
Taitila Until 4:09AM Tue
Dvitiya Until 7:35AM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Red
Sravana•Adi

Sunrise: *5:08AM*
Sunset: *7:31PM*

Moon 7 - Phase 15
3rd Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

3 Tuesday, August 2, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 18 Sutra 112
Khara 5113

Simha Rasi: 22.33 Tithi 4
453876152
Creative Work Siddha Yoga
Until 12:35PM then Amrita Yoga

Gulika	12:19PM – 2:07PM
Yama	8:44AM – 10:32AM
Rahu	3:54PM – 5:42PM

Purvaphalguni* Until 12:35PM
Parigha* Until 1:24PM
Vanija Until 3:05PM
Chaturthi* Until 1:22AM Wed

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Red
Sravana•Adi

Sunrise: *5:09AM*
Sunset: *7:30PM*

Moon 7 - Phase 15
3rd Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Tour Day

---

4 Wednesday, August 3, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchami Yam Titau

Des Moines, IA
Sun 19 Sutra 113
Khara 5113

Kanya Rasi: 7.08 Tithi 5
453876152
Creative Work Amrita Yoga
Until 10:34AM then Siddha Yoga
Until 1.06PM then no yoga

Gulika	10:32AM – 12:19PM
Yama	6:57AM – 8:45AM
Rahu	12:19PM – 2:07PM

Nag Panchami

Uttaraphalguni Until 10:34AM
Shiva Until 10:21AM
Bava Until 12:17PM
Panchami Until 10:34PM

Ganesha: Blue
Muruga: Yellow
Nataraja: Clear
Moon – Red
Sravana•Adi

Sunrise: *5:10AM*
Sunset: *7:28PM*

Moon 7 - Phase 15
3rd Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

5 Thursday, August 4, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau

Des Moines, IA
Sun 20 Sutra 114
Khara 5113

Kanya Rasi: 21.39 Tithi 6
463876152
No Yoga
Until 8:53AM then Siddha Yoga

Gulika	8:45AM – 10:32AM
Yama	5:11AM – 6:58AM
Rahu	2:06PM – 3:53PM

Hasta Until 8:53AM
Siddha Until 6:56AM
Kaulava Until 9:54AM
Shasthi* Until 8:59PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Green
Sravana•Adi

Sunrise: *5:11AM*
Sunset: *7:27PM*

Moon 7 - Phase 15
3rd Phase

Devaloka Day

---

6 Friday, August 5, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptami Yam Titau

Des Moines, IA
Sun 21 Sutra 115
Khara 5113

Tula Rasi: 6 Tithi 7
464976152
Creative Work Siddha Yoga

Gulika	6:59AM – 8:46AM
Yama	3:53PM – 5:39PM
Rahu	10:32AM – 12:19PM

Chitra Until 7:09AM
Subha Until 1:07AM Sat
Gara Until 7:21AM
Saptami Until 6:25PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Green
Sravana•Adi

Sunrise: *5:12AM*
Sunset: *7:26PM*

Moon 7 - Phase 15
3rd Phase

Devaloka Day

◗ Saturday, August 6, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Visakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 22 Sutra 116
Khara 5113

Tula Rasi: 20.08 Tithi 8 – 9
474976152
Creative Work Siddha Yoga
Until 1.06PM then Marana Yoga

Gulika	5:13AM – 7:00AM
Yama	2:05PM – 3:52PM
Rahu	8:46AM – 10:33AM

Visakha Until 4:38AM Sun
Sukla Until 10:18PM
Balava Until 3:19AM Sun
Ashtami* Until 4:14PM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Sravana•Adi

Sunrise: *5:13AM*
Sunset: *7:25PM*

Moon 7 - Phase 15
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Sunday, August 7, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 23 Sutra 117
Khara 5113

Vrischika Rasi: 4.02 Tithi 9 – 10
474976152
Routine Work Marana Yoga
Until 1.06PM then Siddha Yoga

Gulika	3:51PM – 5:37PM
Yama	12:19PM – 2:05PM
Rahu	5:37PM – 7:24PM

Anuradha Until 3:38AM Mon
Brahma Until 7:50PM
Taitila Until 1:34AM Mon
Navami* Until 2:29PM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Sravana•Adi

Sunrise: *5:14AM*
Sunset: *7:24PM*

Moon 7 - Phase 15
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Kṛishṇa Yajur Veda, Svetu 3.2. VE, 621

1 Monday, August 8, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 118
Khara 5113

Vrischika Rasi: 17.44 Tithi 10 – 11
Family Home Evening 474976152
Creative Work Siddha Yoga
Until 4:40AM Tue then Amrita Yoga

Gulika	2:05PM – 3:51PM
Yama	10:33AM – 12:19PM
Rahu	7:01AM – 8:47AM

Jyeshtha* Until 4:40AM Tue
Indra Until 6:35PM
Vanija Until 12:14AM Tue
Dasami Until 1:09PM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Orange
Sravana•Adi

Sunrise: *5:15AM*
Sunset: *7:22PM*

Moon 7 - Phase 16
4th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

2 Tuesday, August 9, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 119
Khara 5113

Dhanus Rasi: 1.11 Tithi 11 – 12
484976152
Creative Work Amrita Yoga
Until 1.05PM then Marana Yoga
Until 4:26AM Wed then Amrita Yoga

Gulika	12:19PM – 2:04PM
Yama	8:47AM – 10:33AM
Rahu	3:50PM – 5:35PM

Mula* Until 4:26AM Wed
Vaidhriti* Until 4:44PM
Bava Until 12:44AM Wed
Ekadasi Until 12:44PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Sravana•Adi

Sunrise: *5:16AM*
Sunset: *7:21PM*

Moon 7 - Phase 16
4th Phase

Devaloka Day
Tour Day

---

3 Wednesday, August 10, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 120
Khara 5113

Dhanus Rasi: 14.26 Tithi 12 – 13
484976152
Creative Work Amrita Yoga
Until 1.05PM then Siddha Yoga

Gulika	10:33AM – 12:18PM
Yama	7:03AM – 8:48AM
Rahu	12:18PM – 2:04PM

Purvashadha* Until 4:34AM Thu
Vishkambha* Until 3:13PM
Kaulava Until 12:09AM Thu
Dvadasi Until 12:09PM

Pradosha Vrata

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Sravana•Adi

Sunrise: *5:17AM*
Sunset: *7:20PM*

Moon 7 - Phase 16
4th Phase

Devaloka Day

---

4 Thursday, August 11, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau

Des Moines, IA
Sun 27 Sutra 121
Khara 5113

Dhanus Rasi: 27.29 Tithi 13 – 14
484976152
Creative Work Siddha Yoga

Gulika	8:48AM – 10:33AM
Yama	5:18AM – 7:03AM
Rahu	2:03PM – 3:48PM

Uttarashadha Until 5:05AM Fri
Priti Until 2:03PM
Gara Until 11:58PM
Trayodasi Until 11:58AM

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – Light Blue
Sravana•Adi

Sunrise: *5:18AM*
Sunset: *7:18PM*

Moon 7 - Phase 16
4th Phase

Devaloka Day

○ Friday, August 12, 2011
Copper Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Sravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau

Des Moines, IA
Sutra 122
Khara 5113

Makara Rasi: 10.22 Tithi 14 – 15
494976152
Creative Work Siddha Yoga

Gulika	7:04AM – 8:49AM
Yama	3:48PM – 5:32PM
Rahu	10:33AM – 12:18PM

Raksha Bandhan

Sravana Until 6:37AM Sat
Ayushman Until 1:13PM
Visti Until 12:09AM Sat
Chaturdasi* Until 12:09PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Sravana•Adi

Sunrise: *5:19AM*
Sunset: *7:17PM*

Moon 7 - Phase 16
Purnima

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Saturday, August 13, 2011
Silver Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau

Des Moines, IA
Sutra 123
Khara 5113

Makara Rasi: 23.01 Tithi 15 – 16
494976152
Creative Work Siddha Yoga

Gulika	5:20AM – 7:05AM
Yama	2:02PM – 3:47PM
Rahu	8:49AM – 10:34AM

Sravana Until 6:37AM
Saubhagya Until 1:14PM
Balava Until 12:44AM Sun
Purnima* Until 12:44PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Sravana•Adi

Sunrise: *5:20AM*
Sunset: *7:16PM*

Moon 7 - Phase 16
Prathama

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Samhita 9.113.9. VE, 634

Sunday, August 14, 2011
Gold Retreat Star

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sutra 124
Khara 5113

Kumbha Rasi: 5.31 Tithi 16 – 17
494976152
Creative Work Siddha Yoga

Gulika 3:46PM – 5:30PM
Yama 12:18PM – 2:02PM
Rahu 5:30PM – 7:14PM

Dhanishtha Until 8:19AM
Sobhana Until 1:02PM
Taitila Until 3:29AM Mon
Prathama* Until 2:24PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Sravana•Adi

Sunrise: *5:21AM*
Sunset: *7:14PM*

Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

1 Monday, August 15, 2011

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 1 Sutra 125
Khara 5113

Kumbha Rasi: 17.49 Tithi 17 – 18
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 10:23AM then no yoga
Until 1.04PM then Marana Yoga

Gulika 2:01PM – 3:45PM
Yama 10:34AM – 12:18PM
Rahu 7:06AM – 8:50AM

Satabhisha Until 10:23AM
Athiganda* Until 1:10PM
Vanija Until 4:55AM Tue
Dvitiya Until 3:50PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Purple
Sravana•Adi

Sunrise: *5:22AM*
Sunset: *7:13PM*

Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

2 Tuesday, August 16, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 2 Sutra 126
Khara 5113

Kumbha Rasi: 29.57 Tithi 18 – 19
414976152
Routine Work Marana Yoga
Until 12:47PM then Amrita Yoga
Until 1.04PM then Siddha Yoga

Gulika 12:17PM – 2:01PM
Yama 8:50AM – 10:34AM
Rahu 3:44PM – 5:28PM

Purvaprostapada* Until 12:47PM
Sukarma Until 1:36PM
Bava Until 6:43AM Wed
Tritiya Until 5:38PM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Sravana•Avani

Sunrise: *5:23AM*
Sunset: *7:11PM*

Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

3 Wednesday, August 17, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 3 Sutra 127
Khara 5113

Meena Rasi: 11.57 Tithi 19
515976152
Creative Work Siddha Yoga

Gulika 10:34AM – 12:17PM
Yama 7:08AM – 8:51AM
Rahu 12:17PM – 2:00PM

Uttaraprostapada Until 3:26PM
Dhriti Until 2:17PM
Bava Until 6:38AM
Chaturthi* Until 7:43PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Sravana•Avani

Sunrise: *5:24AM*
Sunset: *7:10PM*

Moon 8 - Phase 17
1st Phase

Sivaloka Day

---

4 Thursday, August 18, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchami Yam Titau

Des Moines, IA
Sun 4 Sutra 128
Khara 5113

Meena Rasi: 23.51 Tithi 20
515976152
Creative Work Siddha Yoga
Until 6:18PM then Amrita Yoga

Gulika 8:51AM – 10:34AM
Yama 5:25AM – 7:08AM
Rahu 2:00PM – 3:43PM

Revati Until 6:18PM
Shula* Until 3:09PM
Kaulava Until 8:56AM
Panchami Until 10:02PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Clear
Moon – Clear
Sravana•Avani

Sunrise: *5:25AM*
Sunset: *7:09PM*

Moon 8 - Phase 17
1st Phase

Sivaloka Day

---

5 Friday, August 19, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini Nakshatra Ganda*/Vriddhi Yoga Gara/Vanija Karana Shasthi* Yam Titau

Des Moines, IA
Sun 5 Sutra 129
Khara 5113

Mesha Rasi: 5.42 Tithi 21
525976152
Creative Work Amrita Yoga
Until 1.04PM then Siddha Yoga

Gulika 7:09AM – 8:52AM
Yama 3:42PM – 5:25PM
Rahu 10:34AM – 12:17PM

Asvini Until 9:16PM
Ganda* Until 4:06PM
Gara Until 11:22AM
Shasthi* Until 12:27AM Sat

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – White
Sravana•Avani

Sunrise: *5:26AM*
Sunset: *7:07PM*

Moon 8 - Phase 17
1st Phase

Devaloka Day

---

6 Saturday, August 20, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Saptami Yam Titau

Des Moines, IA
Sun 6 Sutra 130
Khara 5113

Mesha Rasi: 17.34 Tithi 22
525976152
Creative Work Siddha Yoga
Until 1.03PM then no yoga
Until 12:12AM Sun then Siddha Yoga

Gulika 5:27AM – 7:10AM
Yama 1:59PM – 3:41PM
Rahu 8:52AM – 10:34AM

Bharani Until 12:12AM Sun
Vriddhi Until 5:02PM
Visti Until 1:45PM
Saptami Until 2:51AM Sun

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – White
Sravana•Avani

Sunrise: *5:27AM*
Sunset: *7:06PM*

Moon 8 - Phase 17
1st Phase

Devaloka Day

Sunday, August 21, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Des Moines, IA
Sun 7 Sutra 131
Khara 5113

Mesha Rasi: 29.31 Tithi 23
525976152
Creative Work Siddha Yoga
Until 1.03PM then no yoga
Until 2:58AM Mon then Amrita Yoga

Gulika 3:40PM – 5:22PM
Yama 12:16PM – 1:58PM
Rahu 5:22PM – 7:04PM

Krishna Janmashtami

Krittika Until 2:58AM Mon
Dhruva Until 5:48PM
Balava Until 3:58PM
Ashtami* Until 5:03AM Mon

Ganesha: Clear
Muruga: Yellow
Nataraja: Clear
Moon – White
Sravana•Avani

Sunrise: *5:28AM*
Sunset: *7:04PM*

Moon 8 - Phase 17
Ashtami

Devaloka Day

Monday, August 22, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navami* Yam Titau

Des Moines, IA
Sun 8 Sutra 132
Khara 5113

Vrishabha Rasi: 11.39 Tithi 24
Family Home Evening 535976152
Creative Work Amrita Yoga
Until 5:22AM Tue then Siddha Yoga

Gulika 1:58PM – 3:39PM
Yama 10:34AM – 12:16PM
Rahu 7:11AM – 8:53AM

Rohini Until 5:22AM Tue
Vyaghata* Until 6:15PM
Taitila Until 5:47PM
Navami* Until 6:53AM Tue

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Yellow
Sravana•Avani

Sunrise: *5:29AM*
Sunset: *7:03PM*

Moon 8 - Phase 17
Navami

Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.
Shukla Yajur Veda, Brihadu 1.5.16. UpH, 89

1 Tuesday, August 23, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira Nakshatra Harshana/Vajra* Yoga Vanija Karana Dasami Yam Titau

Des Moines, IA
Sun 9 Sutra 133
Khara 5113

Vrishabha Rasi: 24.02 Tithi 25
535976152
Creative Work Siddha Yoga

Gulika	12:16PM – 1:57PM
Yama	8:53AM – 10:34AM
Rahu	3:38PM – 5:20PM

Mrigasira Until 5:19AM Wed
Harshana Until 5:21PM
Vanija Until 5:57PM
Dasami Until 6:23AM Wed

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Yellow
Sravana•Avani

Sunrise: *5:30AM*
Sunset: *7:01PM*

Moon 8 - Phase 18
2nd Phase

Sivaloka Day

---

2 Wednesday, August 24, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 134
Khara 5113

Mithuna Rasi: 6.47 Tithi 25 – 26
535976152
Creative Work Siddha Yoga
Until 1.02PM then Marana Yoga
Until 6:05AM Thu then Amrita Yoga

Gulika	10:34AM – 12:15PM
Yama	7:12AM – 8:53AM
Rahu	12:15PM – 1:56PM

Ardra Until 6:05AM Thu
Vajra* Until 4:42PM
Bava Until 6:23PM
Dasami Until 6:23AM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Yellow
Sravana•Avani

Sunrise: *5:31AM*
Sunset: *7:00PM*

Moon 8 - Phase 18
2nd Phase

Sivaloka Day

---

3 Thursday, August 25, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 135
Khara 5113

Mithuna Rasi: 19.57 Tithi 27
535976152
Routine Work Marana Yoga
Until 6:05AM then Amrita Yoga
Until 1.02PM then Siddha Yoga

Gulika	8:54AM – 10:34AM
Yama	5:32AM – 7:13AM
Rahu	1:56PM – 3:37PM

Ardra Until 6:05AM
Siddhi Until 2:43PM
Kaulava Until 5:03PM
Dvadasi* Until 4:08AM Fri

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Yellow
Sravana•Avani

Sunrise: *5:32AM*
Sunset: *6:58PM*

Moon 8 - Phase 18
2nd Phase

Sivaloka Day

---

4 Friday, August 26, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodasi* Yam Titau

Des Moines, IA
Sun 12 Sutra 136
Khara 5113

Kataka Rasi: 3.35 Tithi 28
545976152
Routine Work Marana Yoga
Until 1.02PM then Siddha Yoga
Until 4:26AM Sat then Marana Yoga

Gulika	7:14AM – 8:54AM
Yama	3:36PM – 5:16PM
Rahu	10:35AM – 12:15PM

Pushya Until 4:26AM Sat
Vyatipata* Until 12:41PM
Gara Until 3:50PM
Trayodasi* Until 2:54AM Sat

Ganesha: Yellow
Muruga: Yellow
Nataraja: Clear
Moon – Blue
Sravana•Avani

Sunrise: *5:33AM*
Sunset: *6:56PM*

Moon 8 - Phase 18
2nd Phase

Devaloka Day

Pradosha Vrata (Fasting)

---

5 Saturday, August 27, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Aslesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau

Des Moines, IA
Sun 13 Sutra 137
Khara 5113

Kataka Rasi: 17.4 Tithi 29
546976152
Routine Work Marana Yoga
Until 1.02PM then Siddha Yoga
Until 3:08AM Sun then Marana Yoga

Gulika	5:34AM – 7:14AM
Yama	1:55PM – 3:35PM
Rahu	8:55AM – 10:35AM

Aslesha* Until 3:08AM Sun
Variyan Until 9:56AM
Visti Until 1:12PM
Chaturdasi* Until 11:29PM

Ganesha: White
Muruga: Yellow
Nataraja: Clear
Moon – Blue
Sravana•Avani

Sunrise: *5:34AM*
Sunset: *6:55PM*

Moon 8 - Phase 18
2nd Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

● Sunday, August 28, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau

Des Moines, IA
Sun 14 Sutra 138
Khara 5113

Simha Rasi: 2.1 Tithi 30
556976153
Routine Work Marana Yoga
Until 1.01PM then Siddha Yoga

Gulika	3:34PM – 5:13PM
Yama	12:14PM – 1:54PM
Rahu	5:13PM – 6:53PM

Magha* Until 11:52PM
Parigha* Until 6:30AM
Catuspada Until 10:35AM
Amavasya* Until 8:52PM

Ganesha: Green
Muruga: Yellow
Nataraja: White
Moon – Red
Sravana•Avani

Sunrise: *5:35AM*
Sunset: *6:53PM*

Moon 8 - Phase 18
Amavasya

Devaloka Day

Monday, August 29, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam
Purvaphalguni* Nakshatra Siddha Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sun 15 Sutra 139
Khara 5113

Simha Rasi: 16.58 Tithi 1 – 2
Family Home Evening 556176153
Creative Work Siddha Yoga
Until 9:32PM then Amrita Yoga

Gulika	1:53PM – 3:33PM
Yama	10:35AM – 12:14PM
Rahu	7:16AM – 8:55AM

Purvaphalguni* Until 9:32PM
Siddha Until 10:52PM
Kintughna Until 7:27AM
Prathama* Until 5:44PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Red
Bhadrapada•Avani

Sunrise: *5:36AM*
Sunset: *6:52PM*

Moon 8 - Phase 18
Prathama

Devaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Kṛishṇa Yajur Veda, Svetu 6.2. UpR, 743

1 Tuesday, August 30, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 16 Sutra 140
Khara 5113

Kanya Rasi: 1.55 Tithi 2 – 3
556176153

Creative Work Amrita Yoga
Until 6:55PM then Siddha Yoga

Gulika	12:14PM – 1:53PM
Yama	8:56AM – 10:35AM
Rahu	3:32PM – 5:11PM

Uttaraphalguni Until 6:55PM
Sadhya Until 6:58PM
Taitila Until 12:35AM Wed
Dvitiya Until 2:18PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Red
Bhadrapada•Avani

Sunrise: *5:37AM*
Sunset: *6:50PM*

Moon 8 - Phase 19
3rd Phase

Devaloka Day

---

2 Wednesday, August 31, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 17 Sutra 141
Khara 5113

Kanya Rasi: 16.55 Tithi 3 – 4
566176153

Creative Work Siddha Yoga
Until 1.00PM then no yoga
Until 4:17PM then Siddha Yoga

Gulika	10:35AM – 12:13PM
Yama	7:17AM – 8:56AM
Rahu	12:13PM – 1:52PM

Ganesha Chaturthi

Hasta Until 4:17PM
Subha Until 3:02PM
Vanija Until 9:08PM
Tritiya Until 10:51AM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Green
Bhadrapada•Avani

Sunrise: *5:38AM*
Sunset: *6:48PM*

Moon 8 - Phase 19
3rd Phase

Devaloka Day

---

3 Thursday, September 1, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 18 Sutra 142
Khara 5113

Tula Rasi: 1.46 Tithi 4 – 5
566176153

Creative Work Siddha Yoga

Gulika	8:56AM – 10:35AM
Yama	5:39AM – 7:18AM
Rahu	1:52PM – 3:30PM

Chitra Until 1:50PM
Sukla Until 11:18AM
Bava Until 4:10AM Fri
Chaturthi* Until 7:36AM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Green
Bhadrapada•Avani

Sunrise: *5:39AM*
Sunset: *6:47PM*

Moon 8 - Phase 19
3rd Phase

Devaloka Day

---

4 Friday, September 2, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam
Svati/Visakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shasthi* Yam Titau

Des Moines, IA
Sun 19 Sutra 143
Khara 5113

Tula Rasi: 16.23 Tithi 6
566176153

Creative Work Siddha Yoga
Until 12:12PM then Marana Yoga
Until 1.00PM then Siddha Yoga

Gulika	7:19AM – 8:57AM
Yama	3:29PM – 5:07PM
Rahu	10:35AM – 12:13PM

Svati Until 12:12PM
Brahma Until 8:03AM
Kaulava Until 3:45PM
Shasthi* Until 2:50AM Sat

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Green
Bhadrapada•Avani

Sunrise: *5:40AM*
Sunset: *6:45PM*

Moon 8 - Phase 19
3rd Phase

Devaloka Day

---

5 Saturday, September 3, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam
Visakha/Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptami Yam Titau

Des Moines, IA
Sun 20 Sutra 144
Khara 5113

Vrischika Rasi: 0.41 Tithi 7
577176153

Creative Work Siddha Yoga
Until 12.59PM then Marana Yoga

Gulika	5:41AM – 7:19AM
Yama	1:50PM – 3:28PM
Rahu	8:57AM – 10:35AM

Visakha Until 10:33AM
Vaidhriti* Until 2:18AM Sun
Gara Until 1:18PM
Saptami Until 12:23AM Sun

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Orange
Bhadrapada•Avani

Sunrise: *5:41AM*
Sunset: *6:43PM*

Moon 8 - Phase 19
3rd Phase

Subha Sivaloka Day

◗ Sunday, September 4, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtami* Yam Titau

Des Moines, IA
Sun 21 Sutra 145
Khara 5113

Vrischika Rasi: 14.37 Tithi 8
577176153

Routine Work Marana Yoga
Until 12.59PM then Siddha Yoga

Gulika	3:27PM – 5:04PM
Yama	12:12PM – 1:50PM
Rahu	5:04PM – 6:42PM

Anuradha Until 9:31AM
Vishkambha* Until 11:47PM
Visti Until 11:31AM
Ashtami* Until 10:36PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Orange
Bhadrapada•Avani

Sunrise: *5:42AM*
Sunset: *6:42PM*

Moon 8 - Phase 19
Ashtami

Subha Sivaloka Day

Monday, September 5, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau

Des Moines, IA
Sun 22 Sutra 146
Khara 5113

Vrischika Rasi: 28.12 Tithi 9
Family Home Evening
577176153
Creative Work Siddha Yoga
Until 12.59PM then Amrita Yoga

Gulika	1:49PM – 3:26PM
Yama	10:35AM – 12:12PM
Rahu	7:21AM – 8:58AM

Jyeshtha* Until 9:20AM
Priti Until 10:58PM
Balava Until 10:45AM
Navami* Until 10:45PM

Ganesha: Blue
Muruga: Yellow
Nataraja: White
Moon – Orange
Bhadrapada•Avani

Sunrise: *5:43AM*
Sunset: *6:40PM*

Moon 8 - Phase 19
Navami

Subha Sivaloka Day

As a spider spins and withdraws its web¸as herbs grow on the earth¸as hair grows on the head and body of a person¸so also from the Imperishable arises this universe. Atharva Veda¸Mundu 1.1.7. bo UpR¸673

1 Tuesday, September 6, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau

Des Moines, IA
Sun 23 Sutra 147
Khara 5113

Dhanus Rasi: 11.28 Tithi 10
587176153

Gulika 12:11PM – 1:48PM
Yama 8:58AM – 10:35AM
Rahu 3:25PM – 5:02PM

Mula* Until 9:28AM
Ayushman Until 9:26PM
Taitila Until 10:11AM
Dasami Until 10:11PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Light Blue
Bhadrapada•Avani

Sunrise: *5:44AM*
Sunset: *6:38PM*

Moon 8 - Phase 20
4th Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 9:28AM then Siddha Yoga
Until 12.58PM then Amrita Yoga

2 Wednesday, September 7, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 148
Khara 5113

Dhanus Rasi: 24.26 Tithi 11
587176153

Gulika 10:35AM – 12:11PM
Yama 7:22AM – 8:58AM
Rahu 12:11PM – 1:48PM

Purvashadha* Until 10:07AM
Saubhagya Until 8:22PM
Vanija Until 10:10AM
Ekadasi Until 10:10PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Light Blue
Bhadrapada•Avani

Sunrise: *5:46AM*
Sunset: *6:37PM*

Moon 8 - Phase 20
4th Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 12.58PM then Siddha Yoga

3 Thursday, September 8, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 149
Khara 5113

Makara Rasi: 7.11 Tithi 12
587176153

Gulika 8:59AM – 10:35AM
Yama 5:47AM – 7:23AM
Rahu 1:47PM – 3:23PM

Uttarashadha Until 11:12AM
Sobhana Until 7:43PM
Bava Until 10:36AM
Dvadasi Until 10:36PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Light Blue
Bhadrapada•Avani

Sunrise: *5:47AM*
Sunset: *6:35PM*

Moon 8 - Phase 20
4th Phase

Sivaloka Day

Creative Work Siddha Yoga

4 Friday, September 9, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 150
Khara 5113

Makara Rasi: 19.44 Tithi 13
598176153

Gulika 7:23AM – 8:59AM
Yama 3:22PM – 4:58PM
Rahu 10:35AM – 12:10PM

Sravana Until 1:11PM
Athiganda* Until 8:24PM
Kaulava Until 11:55AM
Trayodasi Until 1:01AM Sat

Pradosha Vrata

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Purple
Bhadrapada•Avani

Sunrise: *5:48AM*
Sunset: *6:33PM*

Moon 8 - Phase 20
4th Phase

Sivaloka Day

Creative Work Siddha Yoga

5 Saturday, September 10, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdasi* Yam Titau

Des Moines, IA
Sun 27 Sutra 151
Khara 5113

Kumbha Rasi: 2.08 Tithi 14
598176153

Gulika 5:49AM – 7:24AM
Yama 1:45PM – 3:21PM
Rahu 8:59AM – 10:35AM

Chidambaram Abhishekam

Dhanishtha Until 3:03PM
Sukarma Until 8:20PM
Gara Until 1:10PM
Chaturdasi* Until 2:16AM Sun

Ganesha: Yellow
Muruga: Yellow
Nataraja: White
Moon – Purple
Bhadrapada•Avani

Sunrise: *5:49AM*
Sunset: *6:32PM*

Moon 8 - Phase 20
4th Phase

Sivaloka Day

Creative Work Siddha Yoga

○ Sunday, September 11, 2011
Copper Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Dhriti Yoga Visti*/Bava Karana Purnima* Yam Titau

Des Moines, IA
Sutra 152
Khara 5113

Kumbha Rasi: 14.24 Tithi 15
598186153

Gulika 3:20PM – 4:55PM
Yama 12:10PM – 1:45PM
Rahu 4:55PM – 6:30PM

Grandparent's Day

Satabhisha Until 5:12PM
Dhriti Until 8:31PM
Visti Until 2:43PM
Purnima* Until 3:49AM Mon

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Purple
Bhadrapada•Avani

Sunrise: *5:50AM*
Sunset: *6:30PM*

Moon 8 - Phase 20
Purnima

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 5:12PM then no yoga

Monday, September 12, 2011
Silver Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprostapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathama* Yam Titau

Des Moines, IA
Sutra 153
Khara 5113

Kumbha Rasi: 26.32 Tithi 16
Family Home Evening
518186153

Gulika 1:44PM – 3:19PM
Yama 10:35AM – 12:09PM
Rahu 7:25AM – 9:00AM

Purvaprostapada* Until 7:36PM
Shula* Until 8:56PM
Balava Until 4:33PM
Prathama* Until 5:39AM Tue

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Clear
Bhadrapada•Avani

Sunrise: *5:51AM*
Sunset: *6:28PM*

Moon 8 - Phase 20
Prathama

Subha Sivaloka Day

No Yoga
Until 12.56PM then Marana Yoga
Until 7:36PM then Amrita Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376

Tuesday, September 13, 2011
Gold Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ganda* Yoga Taitila Karana Dvitiya Yam Titau

Des Moines, IA
Sutra 154
Khara 5113

Meena Rasi: 8.34 Tithi 17
518186153

Gulika 12:09PM – 1:43PM
Yama 9:00AM – 10:35AM
Rahu 3:18PM – 4:52PM

Uttaraprostapada Until 10:13PM
Ganda* Until 9:34PM
Taitila Until 6:38PM
Dvitiya Until 7:49AM Wed

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Clear
Bhadrapada•Avani

Sunrise: 5:52AM
Sunset: 6:27PM

Moon 9 - Phase 21
1st Phase

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 12.56PM then Siddha Yoga
Until 10:13PM then Marana Yoga

---

1 Wednesday, September 14, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 1 Sutra 155
Khara 5113

Meena Rasi: 20.29 Tithi 17 – 18
518186153

Gulika 10:35AM – 12:09PM
Yama 7:27AM – 9:01AM
Rahu 12:09PM – 1:43PM

Revati Until 1:02AM Thu
Vriddhi Until 10:22PM
Vanija Until 8:55PM
Dvitiya Until 7:49AM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Clear
Bhadrapada•Avani

Sunrise: 5:53AM
Sunset: 6:25PM

Moon 9 - Phase 21
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga
Until 12.56PM then Siddha Yoga
Until 1:02AM Thu then Amrita Yoga

---

2 Thursday, September 15, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 2 Sutra 156
Khara 5113

Mesha Rasi: 2.2 Tithi 18 – 19
528186153

Gulika 9:01AM – 10:35AM
Yama 5:54AM – 7:27AM
Rahu 1:42PM – 3:16PM

Asvini Until 3:59AM Fri
Dhruva Until 11:18PM
Bava Until 11:21PM
Tritiya Until 10:16AM

Ganesha: Blue
Muruga: White
Nataraja: White
Moon – White
Bhadrapada•Avani

Sunrise: 5:54AM
Sunset: 6:23PM

Moon 9 - Phase 21
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 3:59AM Fri then Siddha Yoga

---

3 Friday, September 16, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 3 Sutra 157
Khara 5113

Mesha Rasi: 14.1 Tithi 19 – 20
529186153

Gulika 7:28AM – 9:01AM
Yama 3:15PM – 4:48PM
Rahu 10:35AM – 12:08PM

Bharani Until 7:19AM Sat
Vyaghata* Until 12:17AM Sat
Kaulava Until 1:52AM Sat
Chaturthi* Until 12:46PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – White
Bhadrapada•Puratasi

Sunrise: 5:55AM
Sunset: 6:21PM

Moon 9 - Phase 21
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 7:19AM Sat then Amrita Yoga

---

4 Saturday, September 17, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sun 4 Sutra 158
Khara 5113

Mesha Rasi: 26 Tithi 20 – 21
529186153

Gulika 5:56AM – 7:29AM
Yama 1:41PM – 3:14PM
Rahu 9:02AM – 10:35AM

Bharani Until 7:19AM
Harshana Until 1:14AM Sun
Gara Until 4:20AM Sun
Panchami Until 3:15PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – White
Bhadrapada•Puratasi

Sunrise: 5:56AM
Sunset: 6:20PM

Moon 9 - Phase 21
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 7:19AM then Amrita Yoga
Until 12.55PM then Siddha Yoga

---

5 Sunday, September 18, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 5 Sutra 159
Khara 5113

Vrishabha Rasi: 7.56 Tithi 21 – 22
529186153

Gulika 3:13PM – 4:45PM
Yama 12:07PM – 1:40PM
Rahu 4:45PM – 6:18PM

Krittika Until 10:08AM
Vajra* Until 2:02AM Mon
Visti Until 6:38AM Mon
Shasthi* Until 5:32PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – White
Bhadrapada•Puratasi

Sunrise: 5:57AM
Sunset: 6:18PM

Moon 9 - Phase 21
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 12.54PM then Amrita Yoga

---

6 Monday, September 19, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau

Des Moines, IA
Sun 6 Sutra 160
Khara 5113

Vrishabha Rasi: 20.01 Tithi 22
Family Home Evening 539186153

Gulika 1:39PM – 3:12PM
Yama 10:35AM – 12:07PM
Rahu 7:30AM – 9:02AM

Rohini Until 12:38PM
Siddhi Until 2:32AM Tue
Visti Until 6:23AM
Saptami Until 7:29PM

Ganesha: Green
Muruga: White
Nataraja: White
Moon – Yellow
Bhadrapada•Puratasi

Sunrise: 5:58AM
Sunset: 6:16PM

Moon 9 - Phase 21
1st Phase

Subha Subha Sivaloka Day

Creative Work Amrita Yoga
Until 12:38PM then Siddha Yoga

Tuesday, September 20, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Des Moines, IA
Sun 7 Sutra 161
Khara 5113

Mithuna Rasi: 2.22 Tithi 23
539186153

Gulika 12:07PM – 1:39PM
Yama 9:03AM – 10:35AM
Rahu 3:10PM – 4:42PM

Mrigasira Until 1:57PM
Vyatipata* Until 1:05AM Wed
Balava Until 7:37AM
Ashtami* Until 7:37PM

Ganesha: Green
Muruga: White
Nataraja: White
Moon – Yellow
Bhadrapada•Puratasi

Sunrise: 5:59AM
Sunset: 6:14PM

Moon 9 - Phase 21
Ashtami

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Wednesday, September 21, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navami* Yam Titau

Des Moines, IA
Sun 8 Sutra 162
Khara 5113

Mithuna Rasi: 15.03 Tithi 24
539186153

Gulika 10:35AM – 12:06PM
Yama 7:31AM – 9:03AM
Rahu 12:06PM – 1:38PM

Ardra Until 3:09PM
Variyan Until 12:31AM Thu
Taitila Until 8:12AM
Navami* Until 8:12PM

Ganesha: Green
Muruga: White
Nataraja: White
Moon – Yellow
Bhadrapada•Puratasi

Sunrise: 6:00AM
Sunset: 6:13PM

Moon 9 - Phase 21
Navami

Subha Subha Sivaloka Day

Creative Work Siddha Yoga
Until 12.53PM then Marana Yoga
Until 3:09PM then Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath¸regulate the vital activities. As a charioteer holds back his restive horses¸so does a persevering aspirant restrain his mind. Kṛishṇa Yajur Veda¸Svetu 2.9. UpP¸192

1 Thursday, September 22, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Parigha* Yoga Vanija/Visti* Karana Dasami Yam Titau

Des Moines, IA
Sun 9 Sutra 163
Khara 5113

Mithuna Rasi: 28.1 Tithi 25
549186153

Creative Work Amrita Yoga
Until 12.53PM then Siddha Yoga
Until 2:52PM then Marana Yoga

Gulika	9:03AM – 10:35AM
Yama	6:01AM – 7:32AM
Rahu	1:37PM – 3:08PM

Punarvasu Until 2:52PM
Parigha* Until 10:05PM
Vanija Until 7:47AM
Dasami Until 6:52PM

Ganesha: Orange
Muruga: White
Nataraja: White
Moon – Blue
Bhadrapada•Puratasi

Sunrise: *6:01AM*
Sunset: *6:11PM*

Subha Sivaloka Day

Moon 9 - Phase 22
2nd Phase

2 Friday, September 23, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Aslesha* Nakshatra Shiva Yoga Bava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 164
Khara 5113

Kataka Rasi: 11.45 Tithi 26 – 27
549286153

Routine Work Marana Yoga
Until 12.52PM then Siddha Yoga
Until 2:26PM then Marana Yoga

Gulika	7:33AM – 9:04AM
Yama	3:07PM – 4:38PM
Rahu	10:35AM – 12:05PM

Pushya Until 2:26PM
Shiva Until 8:06PM
Bava Until 6:39AM
Ekadasi* Until 5:44PM

Ganesha: Green
Muruga: White
Nataraja: White
Moon – Blue
Bhadrapada•Puratasi

Sunrise: *6:02AM*
Sunset: *6:09PM*

Sivaloka Day

Moon 9 - Phase 22
2nd Phase

3 Saturday, September 24, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Aslesha*/Magha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 165
Khara 5113

Kataka Rasi: 25.5 Tithi 27 – 28
541286153

Routine Work Marana Yoga
Until 12.52PM then Amrita Yoga
Until 12:39PM then Marana Yoga

Gulika	6:03AM – 7:33AM
Yama	1:36PM – 3:06PM
Rahu	9:04AM – 10:35AM

Aslesha* Until 12:39PM
Siddha Until 4:37PM
Gara Until 1:16AM Sun
Dvadasi* Until 2:59PM

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Blue
Bhadrapada•Puratasi

Sunrise: *6:03AM*
Sunset: *6:08PM*

Sivaloka Day

Pradosha Vrata (Fasting)

Moon 9 - Phase 22
2nd Phase

4 Sunday, September 25, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau

Des Moines, IA
Sun 12 Sutra 166
Khara 5113

Simha Rasi: 10.23 Tithi 28 – 29
551286153

Routine Work Marana Yoga
Until 10:42AM then Siddha Yoga

Gulika	3:05PM – 4:36PM
Yama	12:05PM – 1:35PM
Rahu	4:36PM – 6:06PM

Magha* Until 10:42AM
Sadhya Until 1:19PM
Visti Until 10:35PM
Trayodasi* Until 12:18PM

Ganesha: Light Blue
Muruga: White
Nataraja: White
Moon – Red
Bhadrapada•Puratasi

Sunrise: *6:04AM*
Sunset: *6:06PM*

Sivaloka Day

Moon 9 - Phase 22
2nd Phase

● Monday, September 26, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau

Des Moines, IA
Sun 13 Sutra 167
Khara 5113

Simha Rasi: 25.19 Tithi 29 – 30
551286153

Family Home Evening
Creative Work Siddha Yoga
Until 8:10AM then Marana Yoga
Until 12.51PM then Amrita Yoga

Gulika	1:34PM – 3:04PM
Yama	10:35AM – 12:04PM
Rahu	7:35AM – 9:05AM

Purvaphalguni* Until 8:10AM
Subha Until 9:28AM
Catuspada Until 7:15PM
Chaturdasi* Until 8:58AM

Ganesha: Light Blue
Muruga: White
Nataraja: White
Moon – Red
Bhadrapada•Puratasi

Sunrise: *6:05AM*
Sunset: *6:04PM*

Sivaloka Day

Moon 9 - Phase 22
Amavasya

Tuesday, September 27, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathama* Yam Titau

Des Moines, IA
Sun 14 Sutra 168
Khara 5113

Kanya Rasi: 10.29 Tithi 1
661286153

Creative Work Siddha Yoga

Gulika	12:04PM – 1:34PM
Yama	9:05AM – 10:35AM
Rahu	3:03PM – 4:33PM

Navaratri Begins

Hasta Until 2:34AM Wed
Brahma Until 1:15AM Wed
Kintughna Until 3:30PM
Prathama* Until 1:47AM Wed

Ganesha: Light Blue
Muruga: White
Nataraja: White
Moon – Green
Ashvina•Puratasi

Sunrise: *6:06AM*
Sunset: *6:02PM*

Sivaloka Day

Moon 9 - Phase 22
Prathama

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

1 Wednesday, September 28, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau

Des Moines, IA
Sun 15 Sutra 169
Khara 5113

Kanya Rasi: 25.43 Tithi 2
661286153

Gulika 10:35AM – 12:04PM
Yama 7:36AM – 9:05AM
Rahu 12:04PM – 1:33PM

Chitra Until 11:30PM
Indra Until 8:54PM
Balava Until 11:37AM
Dvitiya Until 9:54PM

Ganesha: Light Blue
Muruga: White
Nataraja: White
Moon – Green
Ashvina•Puratasi

Sunrise: *6:07AM*
Sunset: *6:01PM*

Moon 9 - Phase 23
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 11:30PM then Amrita Yoga

2 Thursday, September 29, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiya Yam Titau

Des Moines, IA
Sun 16 Sutra 170
Khara 5113

Tula Rasi: 10.53 Tithi 3
661286153

Gulika 9:06AM – 10:35AM
Yama 6:08AM – 7:37AM
Rahu 1:32PM – 3:01PM

Svati Until 8:36PM
Vaidhriti* Until 4:42PM
Taitila Until 7:54AM
Tritiya Until 6:11PM

Ganesha: Light Blue
Muruga: White
Nataraja: White
Moon – Green
Ashvina•Puratasi

Sunrise: *6:08AM*
Sunset: *5:59PM*

Moon 9 - Phase 23
3rd Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 12.50PM then Siddha Yoga
Until 8:36PM then Marana Yoga

3 Friday, September 30, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam
Visakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 17 Sutra 171
Khara 5113

Tula Rasi: 25.47 Tithi 4 – 5
671286153

Gulika 7:37AM – 9:06AM
Yama 3:00PM – 4:29PM
Rahu 10:35AM – 12:03PM

Visakha Until 6:05PM
Vishkambha* Until 12:53PM
Bava Until 1:11AM Sat
Chaturthi* Until 2:53PM

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Orange
Ashvina•Puratasi

Sunrise: *6:09AM*
Sunset: *5:57PM*

Moon 9 - Phase 23
3rd Phase

Sivaloka Day

Routine Work Marana Yoga
Until 12.50PM then Siddha Yoga

4 Saturday, October 1, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sun 18 Sutra 172
Khara 5113

Vrischika Rasi: 10.2 Tithi 5 – 6
671286153

Gulika 6:10AM – 7:38AM
Yama 1:31PM – 2:59PM
Rahu 9:06AM – 10:35AM

Anuradha Until 4:52PM
Priti Until 9:49AM
Kaulava Until 11:46PM
Panchami Until 12:42PM

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Orange
Ashvina•Puratasi

Sunrise: *6:10AM*
Sunset: *5:56PM*

Moon 9 - Phase 23
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 12.50PM then Marana Yoga

5 Sunday, October 2, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 19 Sutra 173
Khara 5113

Vrischika Rasi: 24.26 Tithi 6 – 7
671286153

Gulika 2:58PM – 4:26PM
Yama 12:02PM – 1:30PM
Rahu 4:26PM – 5:54PM

Jyeshtha* Until 3:32PM
Ayushman Until 7:00AM
Gara Until 9:41PM
Shasthi* Until 10:36AM

Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Orange
Ashvina•Puratasi

Sunrise: *6:11AM*
Sunset: *5:54PM*

Moon 9 - Phase 23
3rd Phase

Sivaloka Day

Routine Work Marana Yoga
Until 12.49PM then Siddha Yoga

◗ Monday, October 3, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 20 Sutra 174
Khara 5113

Dhanus Rasi: 8.07 Tithi 7 – 8
681286153

Gulika 1:30PM – 2:57PM
Yama 10:35AM – 12:02PM
Rahu 7:40AM – 9:07AM

Mula* Until 3:39PM
Sobhana Until 3:40AM Tue
Visti Until 9:37PM
Saptami Until 9:37AM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Light Blue
Ashvina•Puratasi

Sunrise: *6:12AM*
Sunset: *5:52PM*

Moon 9 - Phase 23
Ashtami

Subha Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 12.49PM then Amrita Yoga
Until 3:39PM then Siddha Yoga

Tuesday, October 4, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 21 Sutra 175
Khara 5113

Dhanus Rasi: 21.22 Tithi 8 – 9
682286153

Gulika 12:02PM – 1:29PM
Yama 9:07AM – 10:35AM
Rahu 2:56PM – 4:23PM

Purvashadha* Until 3:48PM
Athiganda* Until 2:07AM Wed
Balava Until 9:05PM
Ashtami* Until 9:05AM

Ganesha: Orange
Muruga: White
Nataraja: White
Moon – Light Blue
Ashvina•Puratasi

Sunrise: *6:13AM*
Sunset: *5:51PM*

Moon 9 - Phase 23
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 12.49PM then Amrita Yoga

The simple temple duties,lighting the lamps,picking flowers,lovingly polishing the floors,sweeping,singing the Lord's praise,ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

1 Wednesday, October 5, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 22 Sutra 176
Khara 5113

Makara Rasi: 4.15 Tithi 9 – 10
682286153

Gulika 10:35AM – 12:02PM
Yama 7:41AM – 9:08AM
Rahu 12:02PM – 1:28PM

Uttarashadha Until 4:37PM
Sukarma Until 1:12AM Thu
Taitila Until 9:17PM
Navami* Until 9:17AM

Ganesha: Orange
Muruga: White
Nataraja: White
Moon – Light Blue
Ashvina•Puratasi

Sunrise: 6:14AM
Sunset: 5:49PM

Moon 9 - Phase 24
4th Phase

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 12.48PM then Siddha Yoga

---

2 Thursday, October 6, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam
Sravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

Des Moines, IA
Sun 23 Sutra 177
Khara 5113

Makara Rasi: 16.5 Tithi 10 – 11
692286153

Gulika 9:08AM – 10:35AM
Yama 6:15AM – 7:42AM
Rahu 1:28PM – 2:54PM

Sravana Until 6:59PM
Dhriti Until 2:13AM Fri
Vanija Until 11:31PM
Dasami Until 10:26AM

Ganesha: Green
Muruga: White
Nataraja: White
Moon – Purple
Ashvina•Puratasi

Sunrise: 6:15AM
Sunset: 5:47PM

Moon 9 - Phase 24
4th Phase

Sivaloka Day

Creative Work Siddha Yoga

Vijaya Dasami

---

3 Friday, October 7, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 178
Khara 5113

Makara Rasi: 29.13 Tithi 11 – 12
692286153

Gulika 7:42AM – 9:09AM
Yama 2:53PM – 4:19PM
Rahu 10:35AM – 12:01PM

Dhanishtha Until 8:54PM
Shula* Until 2:10AM Sat
Bava Until 12:52AM Sat
Ekadasi Until 11:46AM

Ganesha: Green
Muruga: White
Nataraja: White
Moon – Purple
Ashvina•Puratasi

Sunrise: 6:16AM
Sunset: 5:46PM

Moon 9 - Phase 24
4th Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 8:54PM then Amrita Yoga

---

4 Saturday, October 8, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam
Satabhisha Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau

Des Moines, IA
Sun 25 Sutra 179
Khara 5113

Kumbha Rasi: 11.25 Tithi 12 – 13
692286154

Gulika 6:17AM – 7:43AM
Yama 1:26PM – 2:52PM
Rahu 9:09AM – 10:35AM

Satabhisha Until 11:10PM
Ganda* Until 2:26AM Sun
Kaulava Until 2:34AM Sun
Dvadasi Until 1:29PM

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – Purple
Ashvina•Puratasi

Sunrise: 6:17AM
Sunset: 5:44PM

Moon 9 - Phase 24
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 12.48PM then Siddha Yoga

Kadaitswami Mahasamadhi

Pradosha Vrata

---

5 Sunday, October 9, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaprostapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau

Des Moines, IA
Sun 26 Sutra 180
Khara 5113

Kumbha Rasi: 23.3 Tithi 13 – 14
612286154

Gulika 2:51PM – 4:17PM
Yama 12:00PM – 1:26PM
Rahu 4:17PM – 5:42PM

Purvaprostapada* Until 1:40AM Mon
Vriddhi Until 2:56AM Mon
Gara Until 4:33AM Mon
Trayodasi Until 3:28PM

Ganesha: Blue
Muruga: White
Nataraja: Yellow
Moon – Clear
Ashvina•Puratasi

Sunrise: 6:18AM
Sunset: 5:42PM

Moon 9 - Phase 24
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 12.47PM then no yoga
Until 1:40AM Mon then Siddha Yoga

Chidambaram Abhishekam

---

6 Monday, October 10, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraprostapada Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau

Des Moines, IA
Sun 27 Sutra 181
Khara 5113

Meena Rasi: 5.29 Tithi 14 – 15
612286154

Gulika 1:25PM – 2:50PM
Yama 10:35AM – 12:00PM
Rahu 7:45AM – 9:10AM

Uttaraprostapada Until 4:21AM Tue
Dhruva Until 3:35AM Tue
Visti Until 6:44AM Tue
Chaturdasi* Until 5:38PM

Ganesha: Blue
Muruga: White
Nataraja: Yellow
Moon – Clear
Ashvina•Puratasi

Sunrise: 6:20AM
Sunset: 5:41PM

Moon 9 - Phase 24
4th Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 12.47PM then Amrita Yoga
Until 4:21AM Tue then Siddha Yoga

○ Tuesday, October 11, 2011
Copper Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau

Des Moines, IA
Sutra 182
Khara 5113

Meena Rasi: 17.25 Tithi 15
612286154

Gulika 12:00PM – 1:25PM
Yama 9:10AM – 10:35AM
Rahu 2:49PM – 4:14PM

Revati Until 7:26AM Wed
Vyaghata* Until 4:22AM Wed
Visti Until 6:52AM
Purnima* Until 7:58PM

Ganesha: Blue
Muruga: White
Nataraja: Yellow
Moon – Clear
Ashvina•Puratasi

Sunrise: 6:21AM
Sunset: 5:39PM

Moon 9 - Phase 24
Purnima

Devaloka Day

Creative Work Siddha Yoga
Until 12.47PM then Marana Yoga

Wednesday, October 12, 2011
Silver Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Asvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau

Des Moines, IA
Sutra 183
Khara 5113

Meena Rasi: 29.17 Tithi 16
612286154

Gulika 10:35AM – 12:00PM
Yama 7:46AM – 9:11AM
Rahu 12:00PM – 1:24PM

Revati Until 7:26AM
Harshana Until 5:14AM Thu
Balava Until 9:18AM
Prathama* Until 10:24PM

Ganesha: Blue
Muruga: White
Nataraja: Yellow
Moon – Clear
Ashvina•Puratasi

Sunrise: 6:22AM
Sunset: 5:38PM

Moon 9 - Phase 24
Prathama

Devaloka Day

Routine Work Marana Yoga
Until 12.47PM then Amrita Yoga

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM

Thursday, October 13, 2011
Gold Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Des Moines, IA
Sun 1 Sutra 184
Khara 5113

Mesha Rasi: 11.08 Tithi 17
622286154

Gulika 9:11AM – 10:35AM
Yama 6:23AM – 7:47AM
Rahu 1:24PM – 2:48PM

Asvini Until 10:25AM
Vajra* Until 6:27AM Fri
Taitila Until 11:48AM
Dvitiya Until 12:54AM Fri

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Sunrise: 6:23AM
Sunset: 5:36PM

Moon 10 - Phase 25
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 10:25AM then Siddha Yoga

---

1 Friday, October 14, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiya Yam Titau

Des Moines, IA
Sun 2 Sutra 185
Khara 5113

Mesha Rasi: 22.59 Tithi 18
622286154

Gulika 7:48AM – 9:12AM
Yama 2:47PM – 4:11PM
Rahu 10:35AM – 11:59AM

Bharani Until 1:23PM
Vajra* Until 6:27AM
Vanija Until 2:18PM
Tritiya Until 3:23AM Sat

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Sunrise: 6:24AM
Sunset: 5:34PM

Moon 10 - Phase 25
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 1:23PM then Amrita Yoga

---

2 Saturday, October 15, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 3 Sutra 186
Khara 5113

Vrishabha Rasi: 4.52 Tithi 19
622286154

Gulika 6:25AM – 7:48AM
Yama 1:22PM – 2:46PM
Rahu 9:12AM – 10:35AM

Krittika Until 4:16PM
Siddhi Until 7:18AM
Bava Until 4:42PM
Chaturthi* Until 5:48AM Sun

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Sunrise: 6:25AM
Sunset: 5:33PM

Moon 10 - Phase 25
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 12.46PM then Siddha Yoga

---

3 Sunday, October 16, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Kaulava Karana Panchami Yam Titau

Des Moines, IA
Sun 4 Sutra 187
Khara 5113

Vrishabha Rasi: 16.5 Tithi 20
632286154

Gulika 2:45PM – 4:08PM
Yama 11:59AM – 1:22PM
Rahu 4:08PM – 5:31PM

Rohini Until 6:59PM
Vyatipata* Until 7:58AM
Kaulava Until 6:55PM
Panchami Until 7:42AM Mon

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

Sunrise: 6:26AM
Sunset: 5:31PM

Moon 10 - Phase 25
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 12.46PM then Amrita Yoga

---

4 Monday, October 17, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sun 5 Sutra 188
Khara 5113

Vrishabha Rasi: 28.58 Tithi 20 – 21
Family Home Evening 633286154

Gulika 1:21PM – 2:44PM
Yama 10:36AM – 11:58AM
Rahu 7:50AM – 9:13AM

Mrigasira Until 9:24PM
Variyan Until 8:22AM
Gara Until 8:48PM
Panchami Until 7:42AM

Ganesha: White
Muruga: White
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Sunrise: 6:27AM
Sunset: 5:30PM

Moon 10 - Phase 25
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 12.45PM then Siddha Yoga
Until 9:24PM then Marana Yoga

---

5 Tuesday, October 18, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 6 Sutra 189
Khara 5113

Mithuna Rasi: 11.19 Tithi 21 – 22
633386154

Gulika 11:58AM – 1:21PM
Yama 9:13AM – 10:36AM
Rahu 2:43PM – 4:06PM

Ardra Until 10:01PM
Parigha* Until 8:10AM
Visti Until 8:51PM
Shasthi* Until 8:51AM

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Sunrise: 6:28AM
Sunset: 5:28PM

Moon 10 - Phase 25
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 12.45PM then Siddha Yoga

Wednesday, October 19, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 7 Sutra 190
Khara 5113

Mithuna Rasi: 23.58 Tithi 22 – 23
643386154

Gulika 10:36AM – 11:58AM
Yama 7:52AM – 9:14AM
Rahu 11:58AM – 1:20PM

Punarvasu Until 11:17PM
Shiva Until 7:38AM
Balava Until 9:32PM
Saptami Until 9:32AM

Ganesha: Orange
Muruga: White
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Sunrise: 6:30AM
Sunset: 5:27PM

Moon 10 - Phase 25
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 12.45PM then Amrita Yoga

Thursday, October 20, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 8 Sutra 191
Khara 5113

Kataka Rasi: 7 Tithi 23 – 24
643386154

Gulika 9:14AM – 10:36AM
Yama 6:31AM – 7:52AM
Rahu 1:20PM – 2:42PM

Pushya Until 11:51PM
Siddha Until 6:27AM
Taitila Until 9:27PM
Ashtami* Until 9:27AM

Ganesha: Orange
Muruga: White
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Sunrise: 6:31AM
Sunset: 5:25PM

Moon 10 - Phase 25
Navami

Sivaloka Day

Creative Work Amrita Yoga
Until 12.45PM then Marana Yoga

When a person comes to weakness¸be it through old age or disease¸he frees himself from these limbs just as a mango¸a fig or a berry releases itself from its stalk.
Shukla Yajur Veda¸Brihadu 4.3.36. bo UpH¸139

1 Friday, October 21, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha* Nakshatra Subha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 9 Sutra 192
Khara 5113
Moon 10 - Phase 26
2nd Phase

Kataka Rasi: 20.28 Tithi 24 – 25
643386154

Gulika 7:53AM – 9:15AM
Yama 2:41PM – 4:02PM
Rahu 10:36AM – 11:58AM

Aslesha* Until 10:21PM
Subha Until 1:58AM Sat
Vanija Until 7:24PM
Navami* Until 8:19AM

Ganesha: Orange
Muruga: White
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Sunrise: 6:32AM
Sunset: 5:24PM

Sivaloka Day

Routine Work Marana Yoga
Until 10:21PM then Amrita Yoga

2 Saturday, October 22, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Sukla Yoga Visti*/Balava Karana Dasami/Ekadasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 193
Khara 5113
Moon 10 - Phase 26
2nd Phase

Simha Rasi: 4.24 Tithi 25 – 26
653386154

Gulika 6:33AM – 7:54AM
Yama 1:19PM – 2:40PM
Rahu 9:15AM – 10:36AM

Magha* Until 9:19PM
Sukla Until 11:24PM
Balava Until 4:45AM Sun
Dasami Until 6:35AM

Ganesha: Light Blue
Muruga: White
Nataraja: Yellow
Moon – Red
Ashvina•Aipasi

Sunrise: 6:33AM
Sunset: 5:22PM

Devaloka Day

Creative Work Amrita Yoga
Until 12.44PM then Marana Yoga
Until 9:19PM then Siddha Yoga

3 Sunday, October 23, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 194
Khara 5113
Moon 10 - Phase 26
2nd Phase

Simha Rasi: 18.47 Tithi 27
653386154

Gulika 2:39PM – 4:00PM
Yama 11:57AM – 1:18PM
Rahu 4:00PM – 5:21PM

Purvaphalguni* Until 6:36PM
Brahma Until 7:14PM
Kaulava Until 2:26PM
Dvadasi* Until 12:43AM Mon

Ganesha: Light Blue
Muruga: White
Nataraja: Yellow
Moon – Red
Ashvina•Aipasi

Sunrise: 6:34AM
Sunset: 5:21PM

Devaloka Day

Creative Work Siddha Yoga
Until 6:36PM then Marana Yoga

4 Monday, October 24, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodasi* Yam Titau

Des Moines, IA
Sun 12 Sutra 195
Khara 5113
Moon 10 - Phase 26
2nd Phase

Kanya Rasi: 3.35 Tithi 28
Family Home Evening
653386154

Gulika 1:18PM – 2:38PM
Yama 10:37AM – 11:57AM
Rahu 7:56AM – 9:16AM

Uttaraphalguni Until 4:16PM
Indra Until 3:33PM
Gara Until 11:21AM
Trayodasi* Until 9:38PM

Ganesha: Light Blue
Muruga: White
Nataraja: Yellow
Moon – Red
Ashvina•Aipasi

Sunrise: 6:35AM
Sunset: 5:19PM

Devaloka Day

Pradosha Vrata (Fasting)

Routine Work Marana Yoga
Until 12.44PM then Amrita Yoga
Until 4:16PM then Siddha Yoga

5 Tuesday, October 25, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau

Des Moines, IA
Sun 13 Sutra 196
Khara 5113
Moon 10 - Phase 26
2nd Phase
Tour Day

Kanya Rasi: 18.41 Tithi 29 – 30
663386154

Gulika 11:57AM – 1:17PM
Yama 9:17AM – 10:37AM
Rahu 2:38PM – 3:58PM

Hasta Until 1:27PM
Vaidhriti* Until 11:25AM
Visti Until 7:46AM
Chaturdasi* Until 6:03PM

Ganesha: Purple
Muruga: White
Nataraja: Yellow
Moon – Green
Ashvina•Aipasi

Sunrise: 6:36AM
Sunset: 5:18PM

Devaloka Day

Creative Work Siddha Yoga

Subramuniyaswami Mahasamadhi
Deepavali Hindu Solidarity Day

● Wednesday, October 26, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau

Des Moines, IA
Sun 14 Sutra 197
Khara 5113
Moon 10 - Phase 26
Amavasya

Tula Rasi: 3.55 Tithi 30 – 1
663386154

Gulika 10:37AM – 11:57AM
Yama 7:57AM – 9:17AM
Rahu 11:57AM – 1:17PM

Chitra Until 10:24AM
Vishkambha* Until 7:04AM
Kintughna Until 12:29AM Thu
Amavasya* Until 2:12PM

Ganesha: Purple
Muruga: White
Nataraja: Yellow
Moon – Green
Ashvina•Aipasi

Sunrise: 6:38AM
Sunset: 5:17PM

Devaloka Day

Creative Work Siddha Yoga
Until 12.44PM then Amrita Yoga

Thursday, October 27, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam
Svati/Visakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sun 15 Sutra 198
Khara 5113
Moon 10 - Phase 26
Prathama

Tula Rasi: 19.09 Tithi 1 – 2
663386154

Gulika 9:18AM – 10:37AM
Yama 6:39AM – 7:58AM
Rahu 1:17PM – 2:36PM

Svati Until 7:21AM
Ayushman Until 10:43PM
Balava Until 8:39PM
Prathama* Until 10:22AM

Ganesha: Purple
Muruga: White
Nataraja: Yellow
Moon – Green
Karttika•Aipasi

Sunrise: 6:39AM
Sunset: 5:15PM

Devaloka Day

Skanda Shasthi Begins

Creative Work Amrita Yoga
Until 7:21AM then Siddha Yoga
Until 12.44PM then Marana Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step¸so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda¸Brihadu 4.4.3. bo UpH¸140

1 Friday, October 28, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Saubhagya Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 16 Sutra 199
Khara 5113

Vrischika Rasi: 4.12 Tithi 2 – 3
673386154

Creative Work Siddha Yoga

Gulika	7:59AM – 9:18AM
Yama	2:35PM – 3:55PM
Rahu	10:38AM – 11:57AM

Anuradha Until 1:56AM Sat
Saubhagya Until 6:39PM
Gara Until 3:25AM Sat
Dvitiya Until 6:51AM

Ganesha: Light Blue
Muruga: White
Nataraja: Yellow
Moon – Orange
Karttika•Aipasi

Sunrise: 6:40AM
Sunset: 5:14PM

Moon 10 - Phase 27
3rd Phase

Devaloka Day

---

2 Saturday, October 29, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 17 Sutra 200
Khara 5113

Vrischika Rasi: 18.56 Tithi 4
673386154

Creative Work Siddha Yoga
Until 12.44PM then Marana Yoga
Until 12:58AM Sun then Amrita Yoga

Gulika	6:41AM – 8:00AM
Yama	1:16PM – 2:35PM
Rahu	9:19AM – 10:38AM

Jyeshtha* Until 12:58AM Sun
Sobhana Until 3:39PM
Vanija Until 2:47PM
Chaturthi* Until 1:52AM Sun

Ganesha: Light Blue
Muruga: White
Nataraja: Yellow
Moon – Orange
Karttika•Aipasi

Sunrise: 6:41AM
Sunset: 5:13PM

Moon 10 - Phase 27
3rd Phase

Devaloka Day

---

3 Sunday, October 30, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau

Des Moines, IA
Sun 18 Sutra 201
Khara 5113

Dhanus Rasi: 3.15 Tithi 5
683386154

Creative Work Amrita Yoga
Until 12.44PM then Siddha Yoga
Until 11:17PM then Marana Yoga

Gulika	2:34PM – 3:53PM
Yama	11:57AM – 1:15PM
Rahu	3:53PM – 5:11PM

Mula* Until 11:17PM
Athiganda* Until 12:29PM
Bava Until 12:22PM
Panchami Until 11:26PM

Ganesha: Orange
Muruga: White
Nataraja: Yellow
Moon – Light Blue
Karttika•Aipasi

Sunrise: 6:42AM
Sunset: 5:11PM

Moon 10 - Phase 27
3rd Phase

Sivaloka Day

---

4 Monday, October 31, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau

Des Moines, IA
Sun 19 Sutra 202
Khara 5113

Dhanus Rasi: 17.06 Tithi 6
Family Home Evening
683386154
Routine Work Marana Yoga
Until 12.44PM then Siddha Yoga
Until 11:40PM then Prabalarishta Yoga

Gulika	1:15PM – 2:33PM
Yama	10:38AM – 11:57AM
Rahu	8:02AM – 9:20AM

Skanda Shasthi

Purvashadha* Until 11:40PM
Sukarma Until 10:21AM
Kaulava Until 11:12AM
Shasthi* Until 11:12PM

Ganesha: Orange
Muruga: White
Nataraja: Yellow
Moon – Light Blue
Karttika•Aipasi

Sunrise: 6:43AM
Sunset: 5:10PM

Moon 10 - Phase 27
3rd Phase

Sivaloka Day

---

5 Tuesday, November 1, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau

Des Moines, IA
Sun 20 Sutra 203
Khara 5113

Makara Rasi: 0.29 Tithi 7
684386154

Routine Work Prabalarishta Yoga
Until 12.44PM then Amrita Yoga
Until 11:35PM then Siddha Yoga

Gulika	11:57AM – 1:15PM
Yama	9:21AM – 10:39AM
Rahu	2:33PM – 3:51PM

Uttarashadha Until 11:35PM
Dhriti Until 8:33AM
Gara Until 10:26AM
Saptami Until 10:26PM

Ganesha: Clear
Muruga: White
Nataraja: Yellow
Moon – Light Blue
Karttika•Aipasi

Sunrise: 6:45AM
Sunset: 5:09PM

Moon 10 - Phase 27
3rd Phase

Sivaloka Day

◗ Wednesday, November 2, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam
Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau

Des Moines, IA
Sun 21 Sutra 204
Khara 5113

Makara Rasi: 13.26 Tithi 8
694386154

Creative Work Siddha Yoga

Gulika	10:39AM – 11:57AM
Yama	8:04AM – 9:21AM
Rahu	11:57AM – 1:14PM

Sravana Until 12:16AM Thu
Shula* Until 7:29AM
Visti Until 10:31AM
Ashtami* Until 10:31PM

Ganesha: White
Muruga: White
Nataraja: Yellow
Moon – Purple
Karttika•Aipasi

Sunrise: 6:46AM
Sunset: 5:08PM

Moon 10 - Phase 27
Ashtami

Devaloka Day

Thursday, November 3, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Ganda*/Vriddhi Yoga Balava/Kaulava Karana Navami* Yam Titau

Des Moines, IA
Sun 22 Sutra 205
Khara 5113

Makara Rasi: 26.02 Tithi 9
694386154

Creative Work Siddha Yoga

Gulika	9:22AM – 10:39AM
Yama	6:47AM – 8:04AM
Rahu	1:14PM – 2:32PM

Dhanishtha Until 3:16AM Fri
Ganda* Until 7:06AM
Balava Until 11:48AM
Navami* Until 12:54AM Fri

Ganesha: White
Muruga: White
Nataraja: Yellow
Moon – Purple
Karttika•Aipasi

Sunrise: 6:47AM
Sunset: 5:06PM

Moon 10 - Phase 27
Navami

Devaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

1 Friday, November 4, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam
Satabhisha Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau

Des Moines, IA
Sun 23 Sutra 206
Khara 5113
Moon 10 - Phase 28
4th Phase

Kumbha Rasi: 8.22 Tithi 10
694386154

Creative Work Siddha Yoga
Until 12.44PM then Amrita Yoga
Until 5:17AM Sat then Siddha Yoga

Gulika	8:05AM – 9:23AM
Yama	2:31PM – 3:48PM
Rahu	10:40AM – 11:57AM

Satabhisha Until 5:17AM Sat
Vriddhi Until 7:08AM
Taitila Until 1:17PM
Dasami Until 2:23AM Sat

Ganesha: White
Muruga: White
Nataraja: Yellow
Moon – Purple
Karttika•Aipasi

Sunrise: *6:48AM*
Sunset: *5:05PM*

Devaloka Day

2 Saturday, November 5, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam
Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 207
Khara 5113
Moon 10 - Phase 28
4th Phase

Kumbha Rasi: 20.29 Tithi 11
614386154

Creative Work Siddha Yoga
Until 7:45AM Sun then Amrita Yoga

Gulika	6:49AM – 8:06AM
Yama	1:14PM – 2:30PM
Rahu	9:23AM – 10:40AM

Purvaprostapada* Until 7:45AM Sun
Dhruva Until 7:31AM
Vanija Until 3:13PM
Ekadasi Until 4:19AM Sun

Ganesha: Blue
Muruga: White
Nataraja: Yellow
Moon – Clear
Karttika•Aipasi

Sunrise: *6:49AM*
Sunset: *5:04PM*

Devaloka Day

3 Sunday, November 6, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 208
Khara 5113
Moon 10 - Phase 28
4th Phase

Meena Rasi: 2.28 Tithi 12
614386154

Creative Work Siddha Yoga
Until 7:45AM then Amrita Yoga
Until 12.44PM then Siddha Yoga

Gulika	2:30PM – 3:46PM
Yama	11:57AM – 1:13PM
Rahu	3:46PM – 5:03PM

Purvaprostapada* Until 7:45AM
Vyaghata* Until 8:10AM
Bava Until 5:26PM
Dvadasi Until 6:45AM Mon

Ganesha: Blue
Muruga: White
Nataraja: Yellow
Moon – Clear
Karttika•Aipasi

Sunrise: *6:51AM*
Sunset: *5:03PM*

Devaloka Day

4 Monday, November 7, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 209
Khara 5113
Moon 10 - Phase 28
4th Phase

Meena Rasi: 14.22 Tithi 12 – 13
Family Home Evening
714386154

Creative Work Siddha Yoga

Gulika	1:13PM – 2:29PM
Yama	10:41AM – 11:57AM
Rahu	8:08AM – 9:24AM

Uttaraprostapada Until 10:37AM
Harshana Until 8:57AM
Kaulava Until 7:51PM
Dvadasi Until 6:45AM

Pradosha Vrata

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – Clear
Karttika•Aipasi

Sunrise: *6:52AM*
Sunset: *5:02PM*

Sivaloka Day

5 Tuesday, November 8, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam
Revati/Asvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau

Des Moines, IA
Sun 27 Sutra 210
Khara 5113
Moon 10 - Phase 28
4th Phase

Meena Rasi: 26.13 Tithi 13 – 14
714386154

Creative Work Siddha Yoga
Until 12.44PM then Marana Yoga

Gulika	11:57AM – 1:13PM
Yama	9:25AM – 10:41AM
Rahu	2:29PM – 3:45PM

Revati Until 1:33PM
Vajra* Until 9:49AM
Gara Until 10:20PM
Trayodasi Until 9:15AM

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – Clear
Karttika•Aipasi

Sunrise: *6:53AM*
Sunset: *5:01PM*

Sivaloka Day

○ Wednesday, November 9, 2011
Copper Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam
Asvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau

Des Moines, IA
Sutra 211
Khara 5113
Moon 10 - Phase 28
Purnima

Mesha Rasi: 8.05 Tithi 14 – 15
724386154

Routine Work Marana Yoga
Until 12.44PM then Amrita Yoga
Until 4:30PM then Siddha Yoga

Gulika	10:41AM – 11:57AM
Yama	8:10AM – 9:26AM
Rahu	11:57AM – 1:13PM

Asvini Until 4:30PM
Siddhi Until 10:41AM
Visti Until 12:50AM Thu
Chaturdasi* Until 11:45AM

Ganesha: Blue
Muruga: White
Nataraja: Yellow
Moon – White
Karttika•Aipasi

Sunrise: *6:54AM*
Sunset: *5:00PM*

Devaloka Day

Thursday, November 10, 2011
Silver Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau

Des Moines, IA
Sutra 212
Khara 5113
Moon 10 - Phase 28
Prathama

Mesha Rasi: 19.58 Tithi 15 – 16
724386154

Creative Work Siddha Yoga

Gulika	9:26AM – 10:42AM
Yama	6:56AM – 8:11AM
Rahu	1:13PM – 2:28PM

Bharani Until 7:24PM
Vyatipata* Until 11:31AM
Balava Until 3:17AM Fri
Purnima* Until 2:12PM

Ganesha: Blue
Muruga: White
Nataraja: Yellow
Moon – White
Karttika•Aipasi

Sunrise: *6:56AM*
Sunset: *4:59PM*

Devaloka Day

Friday, November 11, 2011
Gold Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sutra 213
Khara 5113

Vrishabha Rasi: 1.54 Tithi 16 – 17
724386154
Creative Work Siddha Yoga
Until 12.44PM then Amrita Yoga

Gulika 8:12AM – 9:27AM
Yama 2:27PM – 3:43PM
Rahu 10:42AM – 11:57AM

Krittika Until 10:12PM
Variyan Until 12:14PM
Taitila Until 5:37AM Sat
Prathama* Until 4:31PM

Ganesha: Blue
Muruga: White
Nataraja: Yellow
Moon – White
Karttika•Aipasi

Sunrise: 6:57AM
Sunset: 4:58PM

Moon 11 - Phase 29
1st Phase

Devaloka Day

---

1 Saturday, November 12, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara Karana Dvitiya Yam Titau

Des Moines, IA
Sun 1 Sutra 214
Khara 5113

Vrishabha Rasi: 13.56 Tithi 17
734486154
Creative Work Amrita Yoga
Until 12.44PM then Siddha Yoga

Gulika 6:58AM – 8:13AM
Yama 1:12PM – 2:27PM
Rahu 9:28AM – 10:42AM

Rohini Until 12:49AM Sun
Parigha* Until 12:47PM
Gara Until 7:45AM Sun
Dvitiya Until 6:39PM

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Sunrise: 6:58AM
Sunset: 4:57PM

Moon 11 - Phase 29
1st Phase

Sivaloka Day

---

2 Sunday, November 13, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiya Yam Titau

Des Moines, IA
Sun 2 Sutra 215
Khara 5113

Vrishabha Rasi: 26.05 Tithi 18
735486154
Creative Work Siddha Yoga
Until 12.44PM then Amrita Yoga
Until 3:11AM Mon then Siddha Yoga

Gulika 2:27PM – 3:41PM
Yama 11:57AM – 1:12PM
Rahu 3:41PM – 4:56PM

Mrigasira Until 3:11AM Mon
Shiva Until 1:07PM
Vanija Until 7:26AM
Tritiya Until 8:32PM

Ganesha: Yellow
Muruga: White
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Sunrise: 6:59AM
Sunset: 4:56PM

Moon 11 - Phase 29
1st Phase

Sivaloka Day

---

3 Monday, November 14, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 3 Sutra 216
Khara 5113

Mithuna Rasi: 8.23 Tithi 19
Family Home Evening
735486154
Creative Work Siddha Yoga
Until 12.44PM then Marana Yoga
Until 3:27AM Tue then Siddha Yoga

Gulika 1:12PM – 2:26PM
Yama 10:43AM – 11:58AM
Rahu 8:15AM – 9:29AM

Ardra Until 3:27AM Tue
Siddha Until 12:38PM
Bava Until 8:43AM
Chaturthi* Until 8:43PM

Ganesha: Yellow
Muruga: White
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Sunrise: 7:00AM
Sunset: 4:55PM

Moon 11 - Phase 29
1st Phase

Sivaloka Day

---

4 Tuesday, November 15, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchami Yam Titau

Des Moines, IA
Sun 4 Sutra 217
Khara 5113

Mithuna Rasi: 20.54 Tithi 20
745486154
Creative Work Siddha Yoga

Gulika 11:58AM – 1:12PM
Yama 9:30AM – 10:44AM
Rahu 2:26PM – 3:40PM

Punarvasu Until 4:58AM Wed
Sadhya Until 12:19PM
Kaulava Until 9:42AM
Panchami Until 9:42PM

Ganesha: White
Muruga: White
Nataraja: Yellow
Moon – Blue
Karttika•Aipasi

Sunrise: 7:02AM
Sunset: 4:54PM

Moon 11 - Phase 29
1st Phase

Devaloka Day

---

5 Wednesday, November 16, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shasthi* Yam Titau

Des Moines, IA
Sun 5 Sutra 218
Khara 5113

Kataka Rasi: 3.39 Tithi 21
745486154
Creative Work Siddha Yoga
Until 12.45PM then Amrita Yoga
Until 6:02AM Thu then Siddha Yoga

Gulika 10:44AM – 11:58AM
Yama 8:17AM – 9:30AM
Rahu 11:58AM – 1:12PM

Pushya Until 6:02AM Thu
Subha Until 11:35AM
Gara Until 10:13AM
Shasthi* Until 10:13PM

Ganesha: White
Muruga: White
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

Sunrise: 7:03AM
Sunset: 4:53PM

Moon 11 - Phase 29
1st Phase

Devaloka Day

---

6 Thursday, November 17, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptami Yam Titau

Des Moines, IA
Sun 6 Sutra 219
Khara 5113

Kataka Rasi: 16.42 Tithi 22
745486155
Creative Work Siddha Yoga
Until 12.45PM then Marana Yoga

Gulika 9:31AM – 10:45AM
Yama 7:04AM – 8:18AM
Rahu 1:12PM – 2:25PM

Aslesha* Until 6:33AM Fri
Sukla Until 10:20AM
Visti Until 10:07AM
Saptami Until 10:07PM

Ganesha: White
Muruga: White
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Sunrise: 7:04AM
Sunset: 4:52PM

Moon 11 - Phase 29
1st Phase

Devaloka Day

Friday, November 18, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Des Moines, IA
Sun 7 Sutra 220
Khara 5113

Simha Rasi: 0.05 Tithi 23
755486155
Routine Work Marana Yoga
Until 12.45PM then Amrita Yoga
Until 4:42AM Sat then Marana Yoga

Gulika 8:18AM – 9:32AM
Yama 2:25PM – 3:38PM
Rahu 10:45AM – 11:58AM

Magha* Until 4:42AM Sat
Brahma Until 8:21AM
Balava Until 9:06AM
Ashtami* Until 8:11PM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Red
Karttika•Karttikai

Sunrise: 7:05AM
Sunset: 4:52PM

Moon 11 - Phase 29
Ashtami

Sivaloka Day

Saturday, November 19, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navami* Yam Titau

Des Moines, IA
Sun 8 Sutra 221
Khara 5113

Simha Rasi: 13.51 Tithi 24
755486155
Routine Work Marana Yoga
Until 12.45PM then Siddha Yoga
Until 3:58AM Sun then Amrita Yoga

Gulika 7:06AM – 8:19AM
Yama 1:12PM – 2:25PM
Rahu 9:32AM – 10:46AM

Purvaphalguni* Until 3:58AM Sun
Indra Until 6:03AM
Taitila Until 7:43AM
Navami* Until 6:48PM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Red
Karttika•Karttikai

Sunrise: 7:06AM
Sunset: 4:51PM

Moon 11 - Phase 29
Navami

Sivaloka Day

Here they say that a person consists of desires. And as is his desire¸so is his will. As is his will¸so is his deed. Whatever deed he does¸that he will reap. Shukla Yajur Veda¸Brihadu 4.4.5. bo UpH¸140

1 Sunday, November 20, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau

Des Moines, IA
Sun 9 Sutra 222
Khara 5113

Simha Rasi: 27.59 Tithi 25 – 26
755486155

Creative Work Amrita Yoga
Until 12.46PM then Marana Yoga
Until 2:36AM Mon then Siddha Yoga

Gulika	2:25PM – 3:37PM
Yama	11:59AM – 1:12PM
Rahu	3:37PM – 4:50PM

Uttaraphalguni Until 2:36AM Mon
Vishkambha* Until 12:29AM Mon
Bava Until 3:48AM Mon
Dasami Until 4:43PM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Red
Karttika•Karttikai

Sunrise: *7:07AM*
Sunset: *4:50PM*

Moon 11 - Phase 30
2nd Phase

Sivaloka Day

2 Monday, November 21, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 223
Khara 5113

Kanya Rasi: 12.28 Tithi 26 – 27
Family Home Evening
765486155

Creative Work Siddha Yoga

Gulika	1:12PM – 2:24PM
Yama	10:46AM – 11:59AM
Rahu	8:21AM – 9:34AM

Hasta Until 11:23PM
Priti Until 8:05PM
Kaulava Until 11:42PM
Ekadasi* Until 1:25PM

Ganesha: Purple
Muruga: White
Nataraja: Red
Moon – Green
Karttika•Karttikai

Sunrise: *7:09AM*
Sunset: *4:50PM*

Moon 11 - Phase 30
2nd Phase

Devaloka Day

3 Tuesday, November 22, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 224
Khara 5113

Kanya Rasi: 27.15 Tithi 27 – 28
766486155

Creative Work Siddha Yoga

Gulika	11:59AM – 1:12PM
Yama	9:35AM – 10:47AM
Rahu	2:24PM – 3:37PM

Chitra Until 9:04PM
Ayushman Until 4:25PM
Gara Until 8:41PM
Dvadasi* Until 10:23AM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Green
Karttika•Karttikai

Sunrise: *7:10AM*
Sunset: *4:49PM*

Moon 11 - Phase 30
2nd Phase

Sivaloka Day

Pradosha Vrata (Fasting)

4 Wednesday, November 23, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Sakuni* Karana Trayodasi*/Chaturdasi* Yam Titau

Des Moines, IA
Sun 12 Sutra 225
Khara 5113

Tula Rasi: 12.13 Tithi 28 – 29
766486155

Creative Work Siddha Yoga
Until 12.46PM then Amrita Yoga
Until 6:28PM then Siddha Yoga

Gulika	10:47AM – 12:00PM
Yama	8:23AM – 9:35AM
Rahu	12:00PM – 1:12PM

Svati Until 6:28PM
Saubhagya Until 12:27PM
Sakuni Until 3:37AM Thu
Trayodasi* Until 7:03AM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Green
Karttika•Karttikai

Sunrise: *7:11AM*
Sunset: *4:48PM*

Moon 11 - Phase 30
2nd Phase

Sivaloka Day

● Thursday, November 24, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Visakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau

Des Moines, IA
Sun 13 Sutra 226
Khara 5113

Tula Rasi: 27.14 Tithi 30
776486155

Creative Work Siddha Yoga
Until 12.47PM then Marana Yoga
Until 3:46PM then Siddha Yoga

Gulika	9:36AM – 10:48AM
Yama	7:12AM – 8:24AM
Rahu	1:12PM – 2:24PM

Visakha Until 3:46PM
Sobhana Until 8:24AM
Catuspada Until 1:53PM
Amavasya* Until 12:10AM Fri

Ganesha: Orange
Muruga: White
Nataraja: Red
Moon – Orange
Karttika•Karttikai

Sunrise: *7:12AM*
Sunset: *4:48PM*

Moon 11 - Phase 30
Amavasya

Sivaloka Day

Friday, November 25, 2011

Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathama* Yam Titau

Des Moines, IA
Sun 14 Sutra 227
Khara 5113

Vrischika Rasi: 12.1 Tithi 1
776486155

Creative Work Siddha Yoga

Gulika	8:25AM – 9:37AM
Yama	2:24PM – 3:35PM
Rahu	10:49AM – 12:00PM

Anuradha Until 1:12PM
Sukarma Until 12:29AM Sat
Kintughna Until 10:35AM
Prathama* Until 8:52PM

Ganesha: Orange
Muruga: White
Nataraja: Red
Moon – Orange
Margasira•Karttikai

Sunrise: *7:13AM*
Sunset: *4:47PM*

Moon 11 - Phase 30
Prathama

Sivaloka Day

If here one is able to realize Him before the death of the body¸he will be liberated from the bondage of the world. K‰ishıa Yajur Veda¸Kathau 2.3.4

1 Saturday, November 26, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau

Des Moines, IA
Sun 15 Sutra 228
Khara 5113

Vrischika Rasi: 26.53 Tithi 2
776486155

Gulika 7:14AM – 8:26AM
Yama 1:12PM – 2:24PM
Rahu 9:37AM – 10:49AM

Jyeshtha* Until 11:21AM
Dhriti Until 9:53PM
Balava Until 7:48AM
Dvitiya Until 6:52PM

Ganesha: Orange
Muruga: White
Nataraja: Red
Moon – Orange
Margasira•Karttikai

Sunrise: 7:14AM
Sunset: 4:47PM

Moon 11 - Phase 31
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 12.47PM then Amrita Yoga

2 Sunday, November 27, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 16 Sutra 229
Khara 5113

Dhanus Rasi: 11.16 Tithi 3 – 4
786486155

Gulika 2:24PM – 3:35PM
Yama 12:01PM – 1:12PM
Rahu 3:35PM – 4:46PM

Mula* Until 9:34AM
Shula* Until 6:36PM
Vanija Until 3:26AM Mon
Tritiya Until 4:21PM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Light Blue
Margasira•Karttikai

Sunrise: 7:15AM
Sunset: 4:46PM

Moon 11 - Phase 31
3rd Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 9:34AM then Siddha Yoga
Until 12.47PM then Marana Yoga

3 Monday, November 28, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Ganda*/Vriddhi Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 17 Sutra 230
Khara 5113

Dhanus Rasi: 25.13 Tithi 4 – 5
Family Home Evening
786486155

Gulika 1:12PM – 2:24PM
Yama 10:50AM – 12:01PM
Rahu 8:28AM – 9:39AM

Purvashadha* Until 8:29AM
Ganda* Until 3:59PM
Bava Until 1:40AM Tue
Chaturthi* Until 2:36PM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Light Blue
Margasira•Karttikai

Sunrise: 7:17AM
Sunset: 4:46PM

Moon 11 - Phase 31
3rd Phase

Sivaloka Day

Routine Work Marana Yoga
Until 12.48PM then Prabalarishta Yoga

4 Tuesday, November 29, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sun 18 Sutra 231
Khara 5113

Makara Rasi: 8.44 Tithi 5 – 6
786486155

Gulika 12:02PM – 1:13PM
Yama 9:40AM – 10:51AM
Rahu 2:24PM – 3:35PM

Uttarashadha Until 8:20AM
Vriddhi Until 2:38PM
Kaulava Until 2:18AM Wed
Panchami Until 2:18PM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Light Blue
Margasira•Karttikai

Sunrise: 7:18AM
Sunset: 4:46PM

Moon 11 - Phase 31
3rd Phase

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 8:20AM then Siddha Yoga

5 Wednesday, November 30, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 19 Sutra 232
Khara 5113

Makara Rasi: 21.49 Tithi 6 – 7
797486155

Gulika 10:51AM – 12:02PM
Yama 8:30AM – 9:40AM
Rahu 12:02PM – 1:13PM

Sravana Until 8:47AM
Dhruva Until 1:19PM
Gara Until 2:09AM Thu
Shasthi* Until 2:09PM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Purple
Margasira•Karttikai

Sunrise: 7:19AM
Sunset: 4:45PM

Moon 11 - Phase 31
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 8:47AM then Prabalarishta Yoga
Until 12.49PM then Siddha Yoga

6 Thursday, December 1, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 20 Sutra 233
Khara 5113

Kumbha Rasi: 4.31 Tithi 7 – 8
797486155

Gulika 9:41AM – 10:52AM
Yama 7:20AM – 8:30AM
Rahu 1:13PM – 2:24PM

Dhanishtha Until 10:17AM
Vyaghata* Until 1:11PM
Visti Until 4:41AM Fri
Saptami Until 3:35PM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Purple
Margasira•Karttikai

Sunrise: 7:20AM
Sunset: 4:45PM

Moon 11 - Phase 31
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 10:17AM then Marana Yoga
Until 12.49PM then Siddha Yoga

Friday, December 2, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 21 Sutra 234
Khara 5113

Kumbha Rasi: 16.54 Tithi 8 – 9
797486155

Gulika 8:31AM – 9:42AM
Yama 2:24PM – 3:34PM
Rahu 10:52AM – 12:03PM

Satabhisha Until 12:12PM
Harshana Until 1:05PM
Balava Until 6:04AM Sat
Ashtami* Until 4:59PM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Purple
Margasira•Karttikai

Sunrise: 7:21AM
Sunset: 4:45PM

Moon 11 - Phase 31
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Saturday, December 3, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Vajra*/Siddhi Yoga Kaulava Karana Navami* Yam Titau

Des Moines, IA
Sun 22 Sutra 235
Khara 5113

Kumbha Rasi: 29.02 Tithi 9
717486155

Gulika 7:22AM – 8:32AM
Yama 1:13PM – 2:24PM
Rahu 9:42AM – 10:53AM

Purvaprostapada* Until 2:36PM
Vajra* Until 1:26PM
Kaulava Until 8:00AM Sun
Navami* Until 6:54PM

Ganesha: Yellow
Muruga: White
Nataraja: Red
Moon – Clear
Margasira•Karttikai

Sunrise: 7:22AM
Sunset: 4:44PM

Moon 11 - Phase 31
Navami

Sivaloka Day

Creative Work Siddha Yoga
Until 2:36PM then Amrita Yoga

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

1 Sunday, December 4, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dasami Yam Titau

Des Moines, IA
Sun 23 Sutra 236
Khara 5113

Meena Rasi: 11 Tithi 10
717486155

Creative Work Amrita Yoga
Until 12.50PM then Siddha Yoga

Gulika	2:24PM – 3:34PM
Yama	12:04PM – 1:14PM
Rahu	3:34PM – 4:44PM

Uttaraprostapada Until 5:20PM
Siddhi Until 2:05PM
Taitila Until 8:06AM
Dasami Until 9:11PM

Ganesha: Yellow
Muruga: White
Nataraja: Red
Moon – Clear
Margasira•Karttikai

Sunrise: *7:23AM*
Sunset: *4:44PM*

Moon 11 - Phase 32
4th Phase

Sivaloka Day

---

2 Monday, December 5, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 237
Khara 5113

Meena Rasi: 22.52 Tithi 11
Family Home Evening
717496155

Creative Work Siddha Yoga

Gulika	1:14PM – 2:24PM
Yama	10:54AM – 12:04PM
Rahu	8:34AM – 9:44AM

Revati Until 8:16PM
Vyatipata* Until 2:55PM
Vanija Until 10:36AM
Ekadasi Until 11:41PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Red
Moon – Clear
Margasira•Karttikai

Sunrise: *7:24AM*
Sunset: *4:44PM*

Moon 11 - Phase 32
4th Phase

Devaloka Day

---

3 Tuesday, December 6, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam
Asvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 238
Khara 5113

Mesha Rasi: 4.43 Tithi 12
728496155

Creative Work Siddha Yoga
Until 12.51PM then Marana Yoga

Gulika	12:04PM – 1:14PM
Yama	9:45AM – 10:54AM
Rahu	2:24PM – 3:34PM

Asvini Until 11:15PM
Variyan Until 3:48PM
Bava Until 1:10PM
Dvadasi Until 2:15AM Wed

Ganesha: Clear
Muruga: Clear
Nataraja: Red
Moon – White
Margasira•Karttikai

Sunrise: *7:25AM*
Sunset: *4:44PM*

Moon 11 - Phase 32
4th Phase

Devaloka Day
Tour Day

---

4 Wednesday, December 7, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 239
Khara 5113

Mesha Rasi: 16.34 Tithi 13
728596155

Routine Work Marana Yoga
Until 12.51PM then Siddha Yoga
Until 2:11AM Thu then Marana Yoga

Gulika	10:55AM – 12:05PM
Yama	8:35AM – 9:45AM
Rahu	12:05PM – 1:15PM

Bharani Until 2:11AM Thu
Parigha* Until 4:38PM
Kaulava Until 3:40PM
Trayodasi Until 4:46AM Thu

Pradosha Vrata

Ganesha: White
Muruga: Clear
Nataraja: Red
Moon – White
Margasira•Karttikai

Sunrise: *7:26AM*
Sunset: *4:44PM*

Moon 11 - Phase 32
4th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

5 Thursday, December 8, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Shiva/Siddha Yoga Gara Karana Chaturdasi* Yam Titau

Des Moines, IA
Sun 27 Sutra 240
Khara 5113

Mesha Rasi: 28.31 Tithi 14
728596155

Routine Work Marana Yoga
Until 12.52PM then Siddha Yoga
Until 4:58AM Fri then Marana Yoga

Gulika	9:46AM – 10:56AM
Yama	7:27AM – 8:36AM
Rahu	1:15PM – 2:25PM

Sivalaya Deepam

Krittika Until 4:58AM Fri
Shiva Until 5:19PM
Gara Until 6:00PM
Chaturdasi* Until 6:59AM Fri

Ganesha: White
Muruga: Clear
Nataraja: Red
Moon – White
Margasira•Karttikai

Sunrise: *7:27AM*
Sunset: *4:44PM*

Moon 11 - Phase 32
4th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

○ Friday, December 9, 2011
Copper Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau

Des Moines, IA
Sutra 241
Khara 5113

Vrishabha Rasi: 10.35 Tithi 14 – 15
738596155

Routine Work Marana Yoga
Until 12.52PM then Amrita Yoga
Until 7:03AM Sat then Siddha Yoga

Gulika	8:37AM – 9:47AM
Yama	2:25PM – 3:34PM
Rahu	10:56AM – 12:06PM

Rohini Until 7:03AM Sat
Siddha Until 5:47PM
Visti Until 8:05PM
Chaturdasi* Until 6:59AM

Ganesha: Clear
Muruga: Clear
Nataraja: Red
Moon – Yellow
Margasira•Karttikai

Sunrise: *7:27AM*
Sunset: *4:44PM*

Moon 11 - Phase 32
Purnima

Devaloka Day

Saturday, December 10, 2011
Silver Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigasira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau

Des Moines, IA
Sutra 242
Khara 5113

Vrishabha Rasi: 22.49 Tithi 15 – 16
738596155

Creative Work Amrita Yoga
Until 7:03AM then Siddha Yoga

Gulika	7:28AM – 8:38AM
Yama	1:16PM – 2:25PM
Rahu	9:47AM – 10:57AM

Vinayaga Viratam Begins

Rohini Until 7:03AM
Sadhya Until 5:57PM
Balava Until 9:48PM
Purnima* Until 8:43AM

Ganesha: Clear
Muruga: Clear
Nataraja: Red
Moon – Yellow
Margasira•Karttikai

Sunrise: *7:28AM*
Sunset: *4:44PM*

Moon 11 - Phase 32
Prathama

Devaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640

Sunday, December 11, 2011
Gold Retreat Star

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sutra 243
Khara 5113

Mithuna Rasi: 5.13 Tithi 16 – 17
738596155
Creative Work Siddha Yoga

Gulika	2:25PM – 3:35PM	Mrigasira Until 8:40AM	Ganesha: Clear	*Sunrise:*	*7:29AM*
Yama	12:07PM – 1:16PM	Subha Until 4:56PM	Muruga: Clear	*Sunset:*	*4:44PM*
Rahu	3:35PM – 4:44PM	Taitila Until 9:42PM	Nataraja: Red		
		Prathama* Until 9:42AM	Moon – Yellow		
			Margasira•Karttikai		

Moon 12 - Phase 33
1st Phase
Devaloka Day

---

1 Monday, December 12, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 1 Sutra 244
Khara 5113

Mithuna Rasi: 17.5 Tithi 17 – 18
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 9:59AM then Amrita Yoga
Until 12.54PM then Siddha Yoga

Gulika	1:16PM – 2:26PM	Ardra Until 9:59AM	Ganesha: Clear	*Sunrise:*	*7:30AM*
Yama	10:58AM – 12:07PM	Sukla Until 4:25PM	Muruga: Clear	*Sunset:*	*4:44PM*
Rahu	8:39AM – 9:49AM	Vanija Until 10:29PM	Nataraja: Red		
		Dvitiya Until 10:29AM	Moon – Yellow		
			Margasira•Karttikai		

Moon 12 - Phase 33
1st Phase
Devaloka Day

---

2 Tuesday, December 13, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 2 Sutra 245
Khara 5113

Kataka Rasi: 0.41 Tithi 18 – 19
749596155
Creative Work Siddha Yoga

Gulika	12:08PM – 1:17PM	Punarvasu Until 10:54AM	Ganesha: Clear	*Sunrise:*	*7:31AM*
Yama	9:49AM – 10:58AM	Brahma Until 3:32PM	Muruga: Clear	*Sunset:*	*4:44PM*
Rahu	2:26PM – 3:35PM	Bava Until 10:51PM	Nataraja: Red		
		Tritiya Until 10:51AM	Moon – Blue		
			Margasira•Karttikai		

Moon 12 - Phase 33
1st Phase
Devaloka Day

---

3 Wednesday, December 14, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Aslesha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 3 Sutra 246
Khara 5113

Kataka Rasi: 13.44 Tithi 19 – 20
749596155
Creative Work Siddha Yoga

Gulika	10:59AM – 12:08PM	Pushya Until 11:25AM	Ganesha: Clear	*Sunrise:*	*7:32AM*
Yama	8:41AM – 9:50AM	Indra Until 2:15PM	Muruga: Clear	*Sunset:*	*4:45PM*
Rahu	12:08PM – 1:17PM	Kaulava Until 10:46PM	Nataraja: Red		
		Chaturthi* Until 10:46AM	Moon – Blue		
			Margasira•Karttikai		

Moon 12 - Phase 33
1st Phase
Devaloka Day

---

4 Thursday, December 15, 2011

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha*/Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sun 4 Sutra 247
Khara 5113

Kataka Rasi: 27.01 Tithi 20 – 21
749596155
Creative Work Siddha Yoga
Until 11:07AM then Amrita Yoga
Until 12.55PM then Marana Yoga

Gulika	9:50AM – 10:59AM	Aslesha* Until 11:07AM	Ganesha: Clear	*Sunrise:*	*7:32AM*
Yama	7:32AM – 8:41AM	Vaidhriti* Until 12:10PM	Muruga: Clear	*Sunset:*	*4:45PM*
Rahu	1:18PM – 2:27PM	Gara Until 10:14PM	Nataraja: Red		
		Panchami Until 10:14AM	Moon – Blue		
			Margasira•Karttikai		

Moon 12 - Phase 33
1st Phase
Devaloka Day

---

5 Friday, December 16, 2011

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 5 Sutra 248
Khara 5113

Simha Rasi: 10.31 Tithi 21 – 22
859596155
Routine Work Marana Yoga
Until 10:49AM then Siddha Yoga
Until 12.55PM then Marana Yoga

Gulika	8:42AM – 9:51AM	Magha* Until 10:49AM	Ganesha: Clear	*Sunrise:*	*7:33AM*
Yama	2:27PM – 3:36PM	Vishkambha* Until 10:15AM	Muruga: Clear	*Sunset:*	*4:45PM*
Rahu	11:00AM – 12:09PM	Visti Until 8:05PM	Nataraja: Red		
		Shasthi* Until 9:00AM	Moon – Red		
			Margasira•Markali		

Markali Pillaiyar

Moon 12 - Phase 33
1st Phase
Devaloka Day

Saturday, December 17, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 6 Sutra 249
Khara 5113

Simha Rasi: 24.16 Tithi 22 – 23
859596155
Routine Work Marana Yoga
Until 12.56PM then Amrita Yoga

Gulika	7:34AM – 8:43AM	Purvaphalguni* Until 10:08AM	Ganesha: Clear	*Sunrise:*	*7:34AM*
Yama	1:19PM – 2:27PM	Priti Until 7:59AM	Muruga: Clear	*Sunset:*	*4:45PM*
Rahu	9:52AM – 11:01AM	Balava Until 6:45PM	Nataraja: Red		
		Saptami Until 7:41AM	Moon – Red		
			Margasira•Markali		

Moon 12 - Phase 33
Ashtami
Devaloka Day

Sunday, December 18, 2011
Retreat Star

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navami* Yam Titau

Des Moines, IA
Sun 7 Sutra 250
Khara 5113

Kanya Rasi: 8.14 Tithi 24
859596155
Creative Work Amrita Yoga
Until 12.56PM then Siddha Yoga

Gulika	2:28PM – 3:37PM	Uttaraphalguni Until 9:02AM	Ganesha: Clear	*Sunrise:*	*7:34AM*
Yama	12:10PM – 1:19PM	Saubhagya Until 2:40AM Mon	Muruga: Clear	*Sunset:*	*4:46PM*
Rahu	3:37PM – 4:46PM	Taitila Until 5:00PM	Nataraja: Red		
		Navami* Until 4:05AM Mon	Moon – Red		
			Margasira•Markali		

Moon 12 - Phase 33
Navami
Devaloka Day

As oil in sesame seeds¸as butter in cream¸as water in river beds¸as fire in friction sticks¸so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Kṛishṇa Yajur Veda¸Svetu 1.15. UpR¸718

1 Monday, December 19, 2011

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dasami Yam Titau

Des Moines, IA
Sun 8 Sutra 251
Khara 5113
Moon 12 - Phase 34
2nd Phase

Kanya Rasi: 22.25 Tithi 25
Family Home Evening 869596155
Creative Work Siddha Yoga
Until 7:35AM then Prabalarishta Yoga
Until 12.57PM then Siddha Yoga

Gulika	1:19PM – 2:28PM
Yama	11:02AM – 12:11PM
Rahu	8:44AM – 9:53AM

Hasta Until 7:35AM
Sobhana Until 11:41PM
Vanija Until 2:51PM
Dasami Until 1:55AM Tue

Ganesha: White
Muruga: Clear
Nataraja: Red
Moon – Green
Margasira•Markali

Sunrise: *7:35AM*
Sunset: *4:46PM*

Sivaloka Day

2 Tuesday, December 20, 2011

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadasi* Yam Titau

Des Moines, IA
Sun 9 Sutra 252
Khara 5113
Moon 12 - Phase 34
2nd Phase

Tula Rasi: 6.48 Tithi 26
869596155
Creative Work Siddha Yoga

Gulika	12:11PM – 1:20PM
Yama	9:53AM – 11:02AM
Rahu	2:29PM – 3:38PM

Svati Until 3:08AM Wed
Athiganda* Until 7:28PM
Bava Until 11:52AM
Ekadasi* Until 10:10PM

Ganesha: White
Muruga: Clear
Nataraja: Red
Moon – Green
Margasira•Markali

Sunrise: *7:35AM*
Sunset: *4:47PM*

Sivaloka Day

3 Wednesday, December 21, 2011

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Visakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 253
Khara 5113
Moon 12 - Phase 34
2nd Phase

Tula Rasi: 21.19 Tithi 27
871596155
Creative Work Siddha Yoga

Gulika	11:03AM – 12:12PM
Yama	8:45AM – 9:54AM
Rahu	12:12PM – 1:20PM

Day 1 of Pancha Ganapati

Visakha Until 1:13AM Thu
Sukarma Until 4:10PM
Kaulava Until 9:18AM
Dvadasi* Until 7:35PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Red
Moon – Orange
Margasira•Markali

Sunrise: *7:36AM*
Sunset: *4:47PM*

Devaloka Day

4 Thursday, December 22, 2011

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 254
Khara 5113
Moon 12 - Phase 34
2nd Phase

Vrischika Rasi: 5.55 Tithi 28 – 29
871596155
Creative Work Siddha Yoga
Until 11:13PM then Prabalarishta Yoga

Gulika	9:54AM – 11:03AM
Yama	7:36AM – 8:45AM
Rahu	1:21PM – 2:30PM

Day 2 of Pancha Ganapati

Anuradha Until 11:13PM
Dhriti Until 12:45PM
Gara Until 6:36AM
Trayodasi* Until 4:53PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Red
Moon – Orange
Margasira•Markali

Sunrise: *7:36AM*
Sunset: *4:48PM*

Devaloka Day

Pradosha Vrata (Fasting)

● Friday, December 23, 2011

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau

Des Moines, IA
Sun 12 Sutra 255
Khara 5113
Moon 12 - Phase 34
Amavasya

Vrischika Rasi: 20.28 Tithi 29 – 30
871596155
Routine Work Prabalarishta Yoga
Until 12.59PM then Siddha Yoga

Gulika	8:46AM – 9:55AM
Yama	2:30PM – 3:39PM
Rahu	11:04AM – 12:13PM

Day 3 of Pancha Ganapati

Jyeshtha* Until 10:20PM
Shula* Until 9:36AM
Catuspada Until 1:57AM Sat
Chaturdasi* Until 2:52PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Red
Moon – Orange
Margasira•Markali

Sunrise: *7:37AM*
Sunset: *4:48PM*

Devaloka Day

Saturday, December 24, 2011

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Ganda*/Vriddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau

Des Moines, IA
Sun 13 Sutra 256
Khara 5113
Moon 12 - Phase 34
Prathama

Dhanus Rasi: 4.54 Tithi 30 – 1
881596155
Creative Work Siddha Yoga
Until 12.59PM then Amrita Yoga
Until 8:27PM then Siddha Yoga

Gulika	7:37AM – 8:46AM
Yama	1:22PM – 2:31PM
Rahu	9:55AM – 11:04AM

Day 4 of Pancha Ganapati

Mula* Until 8:27PM
Ganda* Until 6:13AM
Kintughna Until 11:20PM
Amavasya* Until 12:16PM

Ganesha: Red
Muruga: Clear
Nataraja: Red
Moon – Light Blue
Pausha•Markali

Sunrise: *7:37AM*
Sunset: *4:49PM*

Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Kṛishṇa Yajur Veda, Śvetu 5.11–12. UpM, 94

1 Sunday, December 25, 2011

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Dhruva Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sun 14 Sutra 257
Khara 5113

Dhanus Rasi: 19.06 Tithi 1 – 2
881596155

Gulika 2:31PM – 3:40PM
Yama 12:14PM – 1:23PM
Rahu 3:40PM – 4:49PM

Purvashadha* Until 6:58PM
Dhruva Until 12:32AM Mon
Balava Until 9:09PM
Prathama* Until 10:05AM

Ganesha: Red
Muruga: Clear
Nataraja: Red
Moon – Light Blue
Pausha•Markali

Sunrise: 7:38AM
Sunset: 4:49PM

Moon 12 - Phase 35
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 1.00PM then Marana Yoga

Day 5 of Pancha Ganapati

---

2 Monday, December 26, 2011

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 15 Sutra 258
Khara 5113

Makara Rasi: 2.59 Tithi 2 – 3
Family Home Evening
881596156

Gulika 1:23PM – 2:32PM
Yama 11:05AM – 12:14PM
Rahu 8:47AM – 9:56AM

Uttarashadha Until 6:01PM
Vyaghata* Until 10:01PM
Taitila Until 7:33PM
Dvitiya Until 8:29AM

Ganesha: Red
Muruga: Clear
Nataraja: Yellow
Moon – Light Blue
Pausha•Markali

Sunrise: 7:38AM
Sunset: 4:50PM

Moon 12 - Phase 35
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 1.00PM then Prabalarishta Yoga
Until 6:01PM then Siddha Yoga

---

3 Tuesday, December 27, 2011

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam
Sravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 16 Sutra 259
Khara 5113

Makara Rasi: 16.31 Tithi 3 – 4
891596156

Gulika 12:15PM – 1:24PM
Yama 9:57AM – 11:06AM
Rahu 2:33PM – 3:42PM

Sravana Until 6:35PM
Harshana Until 9:05PM
Vanija Until 7:40PM
Tritiya Until 7:40AM

Ganesha: Yellow
Muruga: Clear
Nataraja: Yellow
Moon – Purple
Pausha•Markali

Sunrise: 7:38AM
Sunset: 4:51PM

Moon 12 - Phase 35
3rd Phase

Devaloka Day

Creative Work Siddha Yoga
Until 6:35PM then Prabalarishta Yoga

---

4 Wednesday, December 28, 2011

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 17 Sutra 260
Khara 5113

Makara Rasi: 29.4 Tithi 4 – 5
891596156

Gulika 11:06AM – 12:15PM
Yama 8:48AM – 9:57AM
Rahu 12:15PM – 1:24PM

Dhanishtha Until 6:57PM
Vajra* Until 7:40PM
Bava Until 7:26PM
Chaturthi* Until 7:26AM

Ganesha: Yellow
Muruga: Clear
Nataraja: Yellow
Moon – Purple
Pausha•Markali

Sunrise: 7:39AM
Sunset: 4:51PM

Moon 12 - Phase 35
3rd Phase

Devaloka Day

Routine Work Prabalarishta Yoga
Until 1.01PM then Siddha Yoga
Until 6:57PM then Marana Yoga

---

5 Thursday, December 29, 2011

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam
Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sun 18 Sutra 261
Khara 5113

Kumbha Rasi: 12.26 Tithi 5 – 6
891596156

Gulika 9:57AM – 11:06AM
Yama 7:39AM – 8:48AM
Rahu 1:25PM – 2:34PM

Satabhisha Until 9:09PM
Siddhi Until 7:52PM
Kaulava Until 9:11PM
Panchami Until 8:06AM

Ganesha: Yellow
Muruga: Clear
Nataraja: Yellow
Moon – Purple
Pausha•Markali

Sunrise: 7:39AM
Sunset: 4:52PM

Moon 12 - Phase 35
3rd Phase

Devaloka Day

Routine Work Marana Yoga
Until 1.02PM then Siddha Yoga

---

6 Friday, December 30, 2011

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 19 Sutra 262
Khara 5113

Kumbha Rasi: 24.53 Tithi 6 – 7
811596156

Gulika 8:48AM – 9:58AM
Yama 2:34PM – 3:44PM
Rahu 11:07AM – 12:16PM

Purvaprostapada* Until 10:55PM
Vyatipata* Until 7:38PM
Gara Until 10:26PM
Shasthi* Until 9:21AM

Ganesha: Yellow
Muruga: Clear
Nataraja: Yellow
Moon – Clear
Pausha•Markali

Sunrise: 7:39AM
Sunset: 4:53PM

Moon 12 - Phase 35
3rd Phase

Devaloka Day

Creative Work Siddha Yoga

Vinayaga Viratam Ends

Saturday, December 31, 2011
Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraprostapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 20 Sutra 263
Khara 5113

Meena Rasi: 7.04 Tithi 7 – 8
812596156

Gulika 7:39AM – 8:49AM
Yama 1:26PM – 2:35PM
Rahu 9:58AM – 11:07AM

Uttaraprostapada Until 1:13AM Sun
Variyan Until 7:52PM
Visti Until 12:16AM Sun
Saptami Until 11:10AM

Ganesha: Blue
Muruga: Clear
Nataraja: Yellow
Moon – Clear
Pausha•Markali

Sunrise: 7:39AM
Sunset: 4:54PM

Moon 12 - Phase 35
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga
Until 1.03PM then Amrita Yoga

Sunday, January 1, 2012
Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 21 Sutra 264
Khara 5113

Meena Rasi: 19.02 Tithi 8 – 9
812596156

Gulika 2:36PM – 3:46PM
Yama 12:18PM – 1:27PM
Rahu 3:46PM – 4:55PM

Revati Until 3:55AM Mon
Parigha* Until 8:29PM
Balava Until 2:31AM Mon
Ashtami* Until 1:26PM

Ganesha: Blue
Muruga: Clear
Nataraja: Yellow
Moon – Clear
Pausha•Markali

Sunrise: 7:40AM
Sunset: 4:55PM

Moon 12 - Phase 35
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga
Until 1.04PM then Siddha Yoga

In the gloom of fear,His six-fold face gleams. In perils unbounded,His vel betokens,'Fear not.' Tirumurai 11. KD,224

1 Monday, January 2, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam
Asvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 22 Sutra 265
Khara 5113
Moon 12 - Phase 36
4th Phase

Mesha Rasi: 0.55 Tithi 9 – 10
Family Home Evening 822696156
Creative Work Siddha Yoga

Gulika 1:28PM – 2:37PM
Yama 11:08AM – 12:18PM
Rahu 8:49AM – 9:59AM

Asvini Until 7:10AM Tue
Shiva Until 9:18PM
Taitila Until 5:01AM Tue
Navami* Until 3:56PM

Ganesha: White
Muruga: Clear
Nataraja: Yellow
Moon – White
Pausha•Markali

Sunrise: 7:40AM
Sunset: 4:56PM

Sivaloka Day

---

2 Tuesday, January 3, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam
Asvini/Bharani Nakshatra Siddha Yoga Gara Karana Dasami Yam Titau

Des Moines, IA
Sun 23 Sutra 266
Khara 5113
Moon 12 - Phase 36
4th Phase

Mesha Rasi: 12.45 Tithi 10
822696156
Creative Work Siddha Yoga
Until 1.05PM then Marana Yoga

Gulika 12:18PM – 1:28PM
Yama 9:59AM – 11:09AM
Rahu 2:38PM – 3:47PM

Asvini Until 7:10AM
Siddha Until 10:11PM
Gara Until 7:37AM Wed
Dasami Until 6:31PM

Ganesha: White
Muruga: Clear
Nataraja: Yellow
Moon – White
Pausha•Markali

Sunrise: 7:40AM
Sunset: 4:57PM

Sivaloka Day

---

3 Wednesday, January 4, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 267
Khara 5113
Moon 12 - Phase 36
4th Phase

Mesha Rasi: 24.37 Tithi 11
822696156
Routine Work Marana Yoga
Until 10:06AM then Amrita Yoga
Until 1.05PM then Marana Yoga

Gulika 11:09AM – 12:19PM
Yama 8:50AM – 9:59AM
Rahu 12:19PM – 1:29PM

Vaikuntha Ekadasi

Bharani Until 10:06AM
Sadhya Until 11:00PM
Vanija Until 7:56AM
Ekadasi Until 9:01PM

Ganesha: White
Muruga: Clear
Nataraja: Yellow
Moon – White
Pausha•Markali

Sunrise: 7:40AM
Sunset: 4:58PM

Sivaloka Day

---

4 Thursday, January 5, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 268
Khara 5113
Moon 12 - Phase 36
4th Phase

Vrishabha Rasi: 6.37 Tithi 12
822696156
Routine Work Marana Yoga

Gulika 10:00AM – 11:09AM
Yama 7:40AM – 8:50AM
Rahu 1:29PM – 2:39PM

Subramuniyaswami Jayanti

Krittika Until 12:47PM
Subha Until 11:36PM
Bava Until 10:11AM
Dvadasi Until 11:16PM

Ganesha: White
Muruga: Clear
Nataraja: Yellow
Moon – White
Pausha•Markali

Sunrise: 7:40AM
Sunset: 4:59PM

Sivaloka Day

---

5 Friday, January 6, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam
Rohini/Mrigasira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 269
Khara 5113
Moon 12 - Phase 36
4th Phase

Vrishabha Rasi: 18.47 Tithi 13
832696156
Routine Work Marana Yoga
Until 1.06PM then Amrita Yoga
Until 3:07PM then Siddha Yoga

Gulika 8:50AM – 10:00AM
Yama 2:40PM – 3:50PM
Rahu 11:10AM – 12:20PM

Rohini Until 3:07PM
Sukla Until 11:52PM
Kaulava Until 12:02PM
Trayodasi Until 1:08AM Sat

Pradosha Vrata

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon – Yellow
Pausha•Markali

Sunrise: 7:40AM
Sunset: 5:00PM

Devaloka Day

---

6 Saturday, January 7, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam
Mrigasira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdasi* Yam Titau

Des Moines, IA
Sun 27 Sutra 270
Khara 5113
Moon 12 - Phase 36
4th Phase

Mithuna Rasi: 1.11 Tithi 14
832696156
Creative Work Siddha Yoga

Gulika 7:39AM – 8:50AM
Yama 1:30PM – 2:41PM
Rahu 10:00AM – 11:10AM

Mrigasira Until 4:07PM
Brahma Until 10:26PM
Gara Until 12:45PM
Chaturdasi* Until 12:45AM Sun

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon – Yellow
Pausha•Markali

Sunrise: 7:39AM
Sunset: 5:01PM

Devaloka Day

○ Sunday, January 8, 2012
Copper Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Indra Yoga Visti*/Bava Karana Purnima* Yam Titau

Des Moines, IA
Sutra 271
Khara 5113
Moon 12 - Phase 36
Purnima

Mithuna Rasi: 13.52 Tithi 15
832696156
Creative Work Siddha Yoga
Until 5:19PM then Amrita Yoga

Gulika 2:41PM – 3:52PM
Yama 12:21PM – 1:31PM
Rahu 3:52PM – 5:02PM

Tiruvembavai

Ardra Until 5:19PM
Indra Until 9:48PM
Visti Until 1:26PM
Purnima* Until 1:26AM Mon

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon – Yellow
Pausha•Markali

Sunrise: 7:39AM
Sunset: 5:02PM

Devaloka Day

Monday, January 9, 2012
Silver Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathama* Yam Titau

Des Moines, IA
Sutra 272
Khara 5113
Moon 12 - Phase 36
Prathama

Mithuna Rasi: 26.5 Tithi 16
Family Home Evening 842696156
Creative Work Amrita Yoga
Until 1.07PM then Siddha Yoga

Gulika 1:32PM – 2:42PM
Yama 11:11AM – 12:21PM
Rahu 8:50AM – 10:00AM

Punarvasu Until 5:59PM
Vaidhriti* Until 8:40PM
Balava Until 1:31PM
Prathama* Until 1:31AM Tue

Ganesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon – Blue
Pausha•Markali

Sunrise: 7:39AM
Sunset: 5:03PM

Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH, 262

Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 10.05 Tithi 17
842696156
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Aslesha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Des Moines, IA
Sutra 273
Khara 5113
Moon 13 - Phase 37
1st Phase

Gulika 12:21PM – 1:32PM
Yama 10:00AM – 11:11AM
Rahu 2:43PM – 3:54PM

Pushya Until 5:16PM
Vishkambha* Until 6:12PM
Taitila Until 1:04PM
Dvitiya Until 1:04AM Wed

Ganesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon – Blue
Pausha•Markali

Sunrise: 7:39AM
Sunset: 5:04PM

Sivaloka Day

---

1 Wednesday, January 11, 2012

Kataka Rasi: 23.35 Tithi 18
842696156
Creative Work Siddha Yoga
Until 4:59PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha*/Magha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Tritiya Yam Titau

Des Moines, IA
Sun 1 Sutra 274
Khara 5113
Moon 13 - Phase 37
1st Phase

Gulika 11:11AM – 12:22PM
Yama 8:49AM – 10:00AM
Rahu 12:22PM – 1:33PM

Aslesha* Until 4:59PM
Priti Until 4:18PM
Vanija Until 11:38AM
Tritiya Until 10:42PM

Ganesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon – Blue
Pausha•Markali

Sunrise: 7:39AM
Sunset: 5:05PM

Sivaloka Day

---

2 Thursday, January 12, 2012

Simha Rasi: 7.17 Tithi 19
852696156
Creative Work Amrita Yoga
Until 1.08PM then Marana Yoga
Until 4:21PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 2 Sutra 275
Khara 5113
Moon 13 - Phase 37
1st Phase

Gulika 10:00AM – 11:11AM
Yama 7:38AM – 8:49AM
Rahu 1:33PM – 2:44PM

Magha* Until 4:21PM
Ayushman Until 2:05PM
Bava Until 10:22AM
Chaturthi* Until 9:26PM

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon – Red
Pausha•Markali

Sunrise: 7:38AM
Sunset: 5:06PM

Devaloka Day

---

3 Friday, January 13, 2012

Simha Rasi: 21.09 Tithi 20
853696156
Creative Work Siddha Yoga
Until 1.09PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchami Yam Titau

Des Moines, IA
Sun 3 Sutra 276
Khara 5113
Moon 13 - Phase 37
1st Phase

Gulika 8:49AM – 10:00AM
Yama 2:45PM – 3:56PM
Rahu 11:11AM – 12:23PM

Purvaphalguni* Until 3:27PM
Saubhagya Until 11:37AM
Kaulava Until 8:49AM
Panchami Until 7:54PM

Ganesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon – Red
Pausha•Markali

Sunrise: 7:38AM
Sunset: 5:07PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

4 Saturday, January 14, 2012

Kanya Rasi: 5.07 Tithi 21
853696156
Routine Work Marana Yoga
Until 1.09PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Des Moines, IA
Sun 4 Sutra 277
Khara 5113
Moon 13 - Phase 37
1st Phase

Gulika 7:37AM – 8:49AM
Yama 1:34PM – 2:46PM
Rahu 10:00AM – 11:12AM

Thai Pongal

Uttaraphalguni Until 2:22PM
Sobhana Until 8:58AM
Gara Until 7:04AM
Shasthi* Until 6:09PM

Ganesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon – Red
Pausha•Thai

Sunrise: 7:37AM
Sunset: 5:09PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

5 Sunday, January 15, 2012

Kanya Rasi: 19.1 Tithi 22 – 23
863696156
Creative Work Amrita Yoga
Until 1.10PM then Siddha Yoga
Until 1:10PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 5 Sutra 278
Khara 5113
Moon 13 - Phase 37
1st Phase

Gulika 2:47PM – 3:58PM
Yama 12:23PM – 1:35PM
Rahu 3:58PM – 5:10PM

Hasta Until 1:10PM
Athiganda* Until 6:12AM
Balava Until 3:20AM Mon
Saptami Until 4:16PM

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon – Green
Pausha•Thai

Sunrise: 7:37AM
Sunset: 5:10PM

Devaloka Day

Monday, January 16, 2012
Retreat Star

Tula Rasi: 3.15 Tithi 23 – 24
Family Home Evening 863696156
Routine Work Prabalarishta Yoga
Until 11:52AM then Amrita Yoga
Until 1.10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 6 Sutra 279
Khara 5113
Moon 13 - Phase 37
Ashtami

Gulika 1:36PM – 2:47PM
Yama 11:12AM – 12:24PM
Rahu 8:48AM – 10:00AM

Chitra Until 11:52AM
Dhriti Until 12:42AM Tue
Taitila Until 1:22AM Tue
Ashtami* Until 2:17PM

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon – Green
Pausha•Thai

Sunrise: 7:37AM
Sunset: 5:11PM

Devaloka Day

Tuesday, January 17, 2012
Retreat Star

Tula Rasi: 17.22 Tithi 24 – 25
863696156
Creative Work Siddha Yoga
Until 10:31AM then Marana Yoga
Until 1.10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 7 Sutra 280
Khara 5113
Moon 13 - Phase 37
Navami

Gulika 12:24PM – 1:36PM
Yama 10:00AM – 11:12AM
Rahu 2:48PM – 4:00PM

Svati Until 10:31AM
Shula* Until 9:49PM
Vanija Until 11:20PM
Navami* Until 12:15PM

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon – Green
Pausha•Thai

Sunrise: 7:36AM
Sunset: 5:12PM

Devaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mṛigendra Agama Jnana Pada 13.A.5. MA, 289

1 Wednesday, January 18, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Visakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau

Des Moines, IA
Sun 8 Sutra 281
Khara 5113
Moon 13 - Phase 38
2nd Phase

Vrischika Rasi: 1.3 Tithi 25 – 26
873696156
Creative Work Siddha Yoga

Gulika	11:12AM – 12:24PM
Yama	8:48AM – 10:00AM
Rahu	12:24PM – 1:37PM

Visakha Until 9:08AM
Ganda* Until 6:54PM
Bava Until 9:16PM
Dasami Until 10:11AM

Ganesha: White
Muruga: Clear
Nataraja: Yellow
Moon – Orange
Pausha•Thai

Sunrise: 7:35AM
Sunset: 5:13PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

2 Thursday, January 19, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau

Des Moines, IA
Sun 9 Sutra 282
Khara 5113
Moon 13 - Phase 38
2nd Phase

Vrischika Rasi: 15.38 Tithi 26 – 27
873696156
Creative Work Siddha Yoga
Until 1.11PM then Prabalarishta Yoga

Gulika	10:00AM – 11:12AM
Yama	7:35AM – 8:47AM
Rahu	1:37PM – 2:50PM

Anuradha Until 7:47AM
Vriddhi Until 4:00PM
Kaulava Until 7:13PM
Ekadasi* Until 8:08AM

Ganesha: White
Muruga: Clear
Nataraja: Yellow
Moon – Orange
Pausha•Thai

Sunrise: 7:35AM
Sunset: 5:14PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

3 Friday, January 20, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Vanija Karana Dvadasi*/Trayodasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 283
Khara 5113
Moon 13 - Phase 38
2nd Phase

Vrischika Rasi: 29.43 Tithi 27 – 28
873696156
Routine Work Prabalarishta Yoga
Until 6:30AM then no yoga
Until 1.11PM then Siddha Yoga

Gulika	8:47AM – 10:00AM
Yama	2:50PM – 4:03PM
Rahu	11:12AM – 12:25PM

Jyeshtha* Until 6:30AM
Dhruva Until 1:11PM
Vanija Until 4:20AM Sat
Dvadasi* Until 6:11AM

Ganesha: White
Muruga: Clear
Nataraja: Yellow
Moon – Orange
Pausha•Thai

Sunrise: 7:34AM
Sunset: 5:16PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

---

4 Saturday, January 21, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 284
Khara 5113
Moon 13 - Phase 38
2nd Phase

Dhanus Rasi: 13.41 Tithi 29
883696156
Routine Work Marana Yoga
Until 1.11PM then Siddha Yoga
Until 4:15AM Sun then Amrita Yoga

Gulika	7:34AM – 8:47AM
Yama	1:38PM – 2:51PM
Rahu	9:59AM – 11:12AM

Purvashadha* Until 4:15AM Sun
Vyaghata* Until 10:31AM
Visti Until 3:29PM
Chaturdasi* Until 2:34AM Sun

Ganesha: Green
Muruga: Clear
Nataraja: Yellow
Moon – Light Blue
Pausha•Thai

Sunrise: 7:34AM
Sunset: 5:17PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

● Sunday, January 22, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau

Des Moines, IA
Sun 12 Sutra 285
Khara 5113
Moon 13 - Phase 38
Amavasya

Dhanus Rasi: 27.3 Tithi 30
883696156
Creative Work Amrita Yoga
Until 1.12PM then Marana Yoga
Until 3:25AM Mon then Amrita Yoga

Gulika	2:52PM – 4:05PM
Yama	12:26PM – 1:39PM
Rahu	4:05PM – 5:18PM

Uttarashadha Until 3:25AM Mon
Harshana Until 8:07AM
Catuspada Until 2:01PM
Amavasya* Until 1:05AM Mon

Ganesha: Green
Muruga: Clear
Nataraja: Yellow
Moon – Light Blue
Pausha•Thai

Sunrise: 7:33AM
Sunset: 5:18PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Monday, January 23, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathama* Yam Titau

Des Moines, IA
Sun 13 Sutra 286
Khara 5113
Moon 13 - Phase 38
Prathama

Makara Rasi: 11.06 Tithi 1
Family Home Evening 893696156
Creative Work Amrita Yoga
Until 1.12PM then Siddha Yoga
Until 4:35AM Tue then Marana Yoga

Gulika	1:39PM – 2:53PM
Yama	11:12AM – 12:26PM
Rahu	8:46AM – 9:59AM

Sravana Until 4:35AM Tue
Vajra* Until 6:04AM
Kintughna Until 1:31PM
Prathama* Until 1:31AM Tue

Ganesha: White
Muruga: Clear
Nataraja: Yellow
Moon – Purple
Magha•Thai

Sunrise: 7:32AM
Sunset: 5:19PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Five-armed is He,elephant-faced with tusks protruding,crescent-shaped,son of Siva,wisdom's flower,in heart enshrined,His feet I praise. Tirumantiram Inv. to Vinayaka. TM

1 Tuesday, January 24, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiya Yam Titau

Des Moines, IA
Sun 14 Sutra 287
Khara 5113
Moon 13 - Phase 39
3rd Phase

Makara Rasi: 24.26 Tithi 2
893696156

Gulika 12:26PM – 1:40PM
Yama 9:59AM – 11:12AM
Rahu 2:53PM – 4:07PM

Dhanishtha Until 4:35AM Wed
Vyatipata* Until 3:11AM Wed
Balava Until 12:52PM
Dvitiya Until 12:52AM Wed

Ganesha: White
Muruga: Clear
Nataraja: Yellow
Moon – Purple
Magha•Thai

Sunrise: 7:31AM
Sunset: 5:21PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga
Until 1.12PM then Prabalarishta Yoga
Until 4:35AM Wed then Siddha Yoga

2 Wednesday, January 25, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam
Satabhisha Nakshatra Variyan Yoga Taitila/Gara Karana Tritiya Yam Titau

Des Moines, IA
Sun 15 Sutra 288
Khara 5113
Moon 13 - Phase 39
3rd Phase

Kumbha Rasi: 7.28 Tithi 3
993696156

Gulika 11:12AM – 12:26PM
Yama 8:45AM – 9:58AM
Rahu 12:26PM – 1:40PM

Satabhisha Until 5:07AM Thu
Variyan Until 1:57AM Thu
Taitila Until 12:50PM
Tritiya Until 12:50AM Thu

Ganesha: Green
Muruga: Clear
Nataraja: Yellow
Moon – Purple
Magha•Thai

Sunrise: 7:31AM
Sunset: 5:22PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga
Until 1.12PM then Marana Yoga
Until 5:07AM Thu then Siddha Yoga

3 Thursday, January 26, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam
Purvaprostapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 16 Sutra 289
Khara 5113
Moon 13 - Phase 39
3rd Phase

Kumbha Rasi: 20.13 Tithi 4
913696156

Gulika 9:58AM – 11:12AM
Yama 7:30AM – 8:44AM
Rahu 1:41PM – 2:55PM

Purvaprostapada* Until 7:22AM Fri
Parigha* Until 2:43AM Fri
Vanija Until 2:05PM
Chaturthi* Until 3:10AM Fri

Ganesha: Red
Muruga: Clear
Nataraja: Yellow
Moon – Clear
Magha•Thai

Sunrise: 7:30AM
Sunset: 5:23PM

Devaloka Day

Creative Work Siddha Yoga

4 Friday, January 27, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Shiva Yoga Bava/Balava Karana Panchami Yam Titau

Des Moines, IA
Sun 17 Sutra 290
Khara 5113
Moon 13 - Phase 39
3rd Phase

Meena Rasi: 2.39 Tithi 5
913796156

Gulika 8:43AM – 9:58AM
Yama 2:55PM – 4:10PM
Rahu 11:12AM – 12:27PM

Purvaprostapada* Until 7:22AM
Shiva Until 2:29AM Sat
Bava Until 3:20PM
Panchami Until 4:25AM Sat

Ganesha: Blue
Muruga: Clear
Nataraja: Yellow
Moon – Clear
Magha•Thai

Sunrise: 7:29AM
Sunset: 5:24PM

Sivaloka Day

Creative Work Siddha Yoga

5 Saturday, January 28, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shasthi* Yam Titau

Des Moines, IA
Sun 18 Sutra 291
Khara 5113
Moon 13 - Phase 39
3rd Phase

Meena Rasi: 14.5 Tithi 6
914796156

Gulika 7:28AM – 8:43AM
Yama 1:41PM – 2:56PM
Rahu 9:58AM – 11:12AM

Uttaraprostapada Until 9:39AM
Siddha Until 2:43AM Sun
Kaulava Until 5:08PM
Shasthi* Until 6:16AM Sun

Ganesha: Red
Muruga: Clear
Nataraja: Yellow
Moon – Clear
Magha•Thai

Sunrise: 7:28AM
Sunset: 5:25PM

Devaloka Day

Creative Work Siddha Yoga
Until 9:39AM then Prabalarishta Yoga
Until 1.13PM then Amrita Yoga

6 Sunday, January 29, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam
Revati/Asvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 19 Sutra 292
Khara 5113
Moon 13 - Phase 39
3rd Phase

Meena Rasi: 26.5 Tithi 6 – 7
914796156

Gulika 2:57PM – 4:12PM
Yama 12:27PM – 1:42PM
Rahu 4:12PM – 5:27PM

Revati Until 12:20PM
Sadhya Until 3:18AM Mon
Gara Until 7:21PM
Shasthi* Until 6:16AM

Ganesha: Red
Muruga: Clear
Nataraja: Yellow
Moon – Clear
Magha•Thai

Sunrise: 7:27AM
Sunset: 5:27PM

Devaloka Day

Creative Work Amrita Yoga
Until 12:20PM then Siddha Yoga

◗ Monday, January 30, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam
Asvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 20 Sutra 293
Khara 5113
Moon 13 - Phase 39
Ashtami

Mesha Rasi: 8.42 Tithi 7 – 8
Family Home Evening
924796156

Gulika 1:42PM – 2:58PM
Yama 11:12AM – 12:27PM
Rahu 8:42AM – 9:57AM

Asvini Until 3:16PM
Subha Until 4:08AM Tue
Visti Until 9:52PM
Saptami Until 8:46AM

Ganesha: Blue
Muruga: Clear
Nataraja: Yellow
Moon – White
Magha•Thai

Sunrise: 7:26AM
Sunset: 5:28PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Tuesday, January 31, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 21 Sutra 294
Khara 5113
Moon 13 - Phase 39
Navami

Mesha Rasi: 20.31 Tithi 8 – 9
924796156

Gulika 12:27PM – 1:43PM
Yama 9:56AM – 11:12AM
Rahu 2:58PM – 4:14PM

Bharani Until 6:18PM
Sukla Until 5:04AM Wed
Balava Until 12:29AM Wed
Ashtami* Until 11:23AM

Ganesha: Blue
Muruga: Clear
Nataraja: Yellow
Moon – White
Magha•Thai

Sunrise: 7:25AM
Sunset: 5:29PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga
Until 1.13PM then Marana Yoga
Until 6:18PM then Amrita Yoga

From Him,also,are born the Gods,in manifold ways,the celestials,men,cattle,birds,the in-breath and the out-breath,rice and barley,austerity,faith,truth,chastity and the law. Atharva Veda,Mundu 2.1.7. UpR,681

1 Wednesday, February 1, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 22 Sutra 295

Vrishabha Rasi: 2.23 Tithi 9 – 10
924796156

Creative Work Amrita Yoga
Until 1.14PM then Marana Yoga

Gulika 11:12AM – 12:27PM
Yama 8:41AM – 9:56AM
Rahu 12:27PM – 1:43PM

Krittika Until 9:15PM
Brahma Until 5:55AM Thu
Taitila Until 3:00AM Thu
Navami* Until 1:55PM

Ganesha: Blue
Muruga: Clear
Nataraja: Yellow
Moon – White
Magha•Thai

Sunrise: 7:25AM
Sunset: 5:29PM

Khara 5113
Moon 13 - Phase 40
4th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

---

2 Thursday, February 2, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

Des Moines, IA
Sun 23 Sutra 296

Vrishabha Rasi: 14.22 Tithi 10 – 11
934797156

Routine Work Marana Yoga
Until 11:56PM then Siddha Yoga

Gulika 9:56AM – 11:12AM
Yama 7:24AM – 8:40AM
Rahu 1:43PM – 2:59PM

Rohini Until 11:56PM
Indra Until 6:06AM Fri
Vanija Until 5:15AM Fri
Dasami Until 4:09PM

Ganesha: Yellow
Muruga: White
Nataraja: Yellow
Moon – Yellow
Magha•Thai

Sunrise: 7:24AM
Sunset: 5:31PM

Khara 5113
Moon 13 - Phase 40
4th Phase

Sivaloka Day

---

3 Friday, February 3, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam
Mrigasira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 297

Vrishabha Rasi: 26.34 Tithi 11 – 12
934797157

Creative Work Siddha Yoga

Gulika 8:39AM – 9:55AM
Yama 3:00PM – 4:16PM
Rahu 11:12AM – 12:28PM

Mrigasira Until 12:38AM Sat
Indra Until 6:06AM
Bava Until 7:00AM Sat
Ekadasi Until 5:55PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Yellow
Magha•Thai

Sunrise: 7:23AM
Sunset: 5:32PM

Khara 5113
Moon 13 - Phase 40
4th Phase

Subha Sivaloka Day

---

4 Saturday, February 4, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Vishkambha* Yoga Balava Karana Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 298

Mithuna Rasi: 9.05 Tithi 12
934797157

Creative Work Siddha Yoga

Gulika 7:22AM – 8:39AM
Yama 1:44PM – 3:00PM
Rahu 9:55AM – 11:11AM

Ardra Until 2:10AM Sun
Vishkambha* Until 4:39AM Sun
Balava Until 5:57AM Sun
Dvadasi Until 5:57PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Yellow
Magha•Thai

Sunrise: 7:22AM
Sunset: 5:33PM

Khara 5113
Moon 13 - Phase 40
4th Phase

Subha Sivaloka Day

---

5 Sunday, February 5, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 299

Mithuna Rasi: 21.56 Tithi 13
944797157

Creative Work Siddha Yoga
Until 1.14PM then Amrita Yoga
Until 3:03AM Mon then Siddha Yoga

Gulika 3:01PM – 4:18PM
Yama 12:28PM – 1:44PM
Rahu 4:18PM – 5:34PM

Punarvasu Until 3:03AM Mon
Priti Until 3:43AM Mon
Kaulava Until 6:16AM
Trayodasi Until 6:16PM

Ganesha: White
Muruga: White
Nataraja: White
Moon – Blue
Magha•Thai

Sunrise: 7:21AM
Sunset: 5:34PM

Khara 5113
Moon 13 - Phase 40
4th Phase

Sivaloka Day

Pradosha Vrata

---

6 Monday, February 6, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau

Des Moines, IA
Sun 27 Sutra 300

Kataka Rasi: 5.1 Tithi 14 – 15
Family Home Evening
944797157

Creative Work Siddha Yoga

Gulika 1:45PM – 3:02PM
Yama 11:11AM – 12:28PM
Rahu 8:37AM – 9:54AM

Pushya Until 1:42AM Tue
Ayushman Until 12:48AM Tue
Visti Until 3:59AM Tue
Chaturdasi* Until 4:54PM

Ganesha: White
Muruga: White
Nataraja: White
Moon – Blue
Magha•Thai

Sunrise: 7:20AM
Sunset: 5:36PM

Khara 5113
Moon 13 - Phase 40
4th Phase

Sivaloka Day

Thai Pusam

○ Tuesday, February 7, 2012
Copper Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Aslesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau

Des Moines, IA
Sutra 301

Kataka Rasi: 18.47 Tithi 15 – 16
944797157

Creative Work Siddha Yoga

Gulika 12:28PM – 1:45PM
Yama 9:53AM – 11:11AM
Rahu 3:02PM – 4:20PM

Aslesha* Until 1:14AM Wed
Saubhagya Until 10:45PM
Balava Until 2:53AM Wed
Purnima* Until 3:48PM

Ganesha: White
Muruga: White
Nataraja: White
Moon – Blue
Magha•Thai

Sunrise: 7:19AM
Sunset: 5:37PM

Khara 5113
Moon 13 - Phase 40
Purnima

Sivaloka Day

Wednesday, February 8, 2012
Silver Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sutra 302

Simha Rasi: 2.43 Tithi 16 – 17
954797167

Creative Work Siddha Yoga
Until 1.14PM then Amrita Yoga
Until 12:12AM Thu then no yoga

Gulika 11:10AM – 12:28PM
Yama 8:35AM – 9:53AM
Rahu 12:28PM – 1:45PM

Magha* Until 12:12AM Thu
Sobhana Until 8:10PM
Taitila Until 1:11AM Thu
Prathama* Until 2:06PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Blue
Moon – Red
Magha•Thai

Sunrise: 7:18AM
Sunset: 5:38PM

Khara 5113
Moon 13 - Phase 40
Prathama

Devaloka Day

Thursday, February 9, 2012
Gold Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 1 Sutra 303
Khara 5113

Simha Rasi: 16.54 Tithi 17 – 18
955797267
No Yoga
Until 1.14PM then Siddha Yoga

Gulika	9:52AM – 11:10AM	Purvaphalguni* Until 10:45PM	Ganesha: White	*Sunrise:*	*7:17AM*
Yama	7:17AM – 8:34AM	Athiganda* Until 5:11PM	Muruga: White	*Sunset:*	*5:39PM*
Rahu	1:46PM – 3:04PM	Vanija Until 11:01PM	Nataraja: Yellow		
		Dvitiya Until 11:56AM	Moon – Red		
			Magha•Thai		

Moon 1 - Phase 41
1st Phase
Subha Sivaloka Day

---

1 Friday, February 10, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 2 Sutra 304
Khara 5113

Kanya Rasi: 1.14 Tithi 18 – 19
955797267
Creative Work Siddha Yoga
Until 1.14PM then Marana Yoga

Gulika	8:34AM – 9:52AM	Uttaraphalguni Until 9:02PM	Ganesha: White	*Sunrise:*	*7:15AM*
Yama	3:04PM – 4:22PM	Sukarma Until 1:57PM	Muruga: White	*Sunset:*	*5:41PM*
Rahu	11:10AM – 12:28PM	Bava Until 8:34PM	Nataraja: Yellow		
		Tritiya Until 9:30AM	Moon – Red		
			Magha•Thai		

Moon 1 - Phase 41
1st Phase
Subha Sivaloka Day

---

2 Saturday, February 11, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Taitila Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 3 Sutra 305
Khara 5113

Kanya Rasi: 15.38 Tithi 19 – 20
965797267
Routine Work Marana Yoga
Until 1.14PM then Amrita Yoga
Until 7:13PM then Siddha Yoga

Gulika	7:14AM – 8:33AM	Hasta Until 7:13PM	Ganesha: Clear	*Sunrise:*	*7:14AM*
Yama	1:46PM – 3:05PM	Dhriti Until 10:39AM	Muruga: White	*Sunset:*	*5:42PM*
Rahu	9:51AM – 11:10AM	Taitila Until 6:01PM	Nataraja: Yellow		
		Chaturthi* Until 6:57AM	Moon – Green		
			Magha•Thai		

Moon 1 - Phase 41
1st Phase
Sivaloka Day

---

3 Sunday, February 12, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Des Moines, IA
Sun 4 Sutra 306
Khara 5113

Kanya Rasi: 29.59 Tithi 21
965797267
Creative Work Siddha Yoga
Until 1.14PM then Prabalarishta Yoga
Until 5:27PM then Amrita Yoga

Gulika	3:06PM – 4:24PM	Chitra Until 5:27PM	Ganesha: Clear	*Sunrise:*	*7:13AM*
Yama	12:28PM – 1:47PM	Shula* Until 7:23AM	Muruga: White	*Sunset:*	*5:43PM*
Rahu	4:24PM – 5:43PM	Gara Until 3:32PM	Nataraja: Yellow		
		Shasthi* Until 2:37AM Mon	Moon – Green		
			Magha•Thai		

Moon 1 - Phase 41
1st Phase
Sivaloka Day

---

4 Monday, February 13, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Visakha Nakshatra Vriddhi Yoga Visti*/Bava Karana Saptami Yam Titau

Des Moines, IA
Sun 5 Sutra 307
Khara 5113

Tula Rasi: 14.15 Tithi 22
Family Home Evening
965797267
Creative Work Amrita Yoga
Until 1.14PM then Siddha Yoga
Until 3:52PM then Marana Yoga

Gulika	1:47PM – 3:06PM	Svati Until 3:52PM	Ganesha: Clear	*Sunrise:*	*7:12AM*
Yama	11:09AM – 12:28PM	Vriddhi Until 1:37AM Tue	Muruga: White	*Sunset:*	*5:44PM*
Rahu	8:31AM – 9:50AM	Visti Until 1:13PM	Nataraja: Yellow		
		Saptami Until 12:18AM Tue	Moon – Green		
			Magha•Masi		

Moon 1 - Phase 41
1st Phase
Sivaloka Day

Tuesday, February 14, 2012
Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Des Moines, IA
Sun 6 Sutra 308
Khara 5113

Tula Rasi: 28.23 Tithi 23
975797267
Routine Work Marana Yoga
Until 1.14PM then Siddha Yoga

Gulika	12:28PM – 1:47PM	Visakha Until 2:30PM	Ganesha: Purple	*Sunrise:*	*7:10AM*
Yama	9:49AM – 11:09AM	Dhruva Until 10:43PM	Muruga: White	*Sunset:*	*5:46PM*
Rahu	3:07PM – 4:26PM	Balava Until 11:10AM	Nataraja: Yellow		
		Ashtami* Until 10:14PM	Moon – Orange		
			Magha•Masi		

Moon 1 - Phase 41
Ashtami
Subha Sivaloka Day

Wednesday, February 15, 2012
Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navami* Yam Titau

Des Moines, IA
Sun 7 Sutra 309
Khara 5113

Vrischika Rasi: 12.22 Tithi 24
975797267
Creative Work Siddha Yoga

Gulika	11:08AM – 12:28PM	Anuradha Until 1:23PM	Ganesha: Purple	*Sunrise:*	*7:09AM*
Yama	8:29AM – 9:48AM	Vyaghata* Until 8:04PM	Muruga: White	*Sunset:*	*5:47PM*
Rahu	12:28PM – 1:48PM	Taitila Until 9:22AM	Nataraja: Yellow		
		Navami* Until 8:27PM	Moon – Orange		
			Magha•Masi		

Moon 1 - Phase 41
Navami
Subha Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation¸srishti; preservation¸sthiti; dissolution¸samhara; concealment¸tirobhava; and revelation¸anugraha. Raurava Agama Kriya Pada 63.2–6. AK¸51

1 Thursday, February 16, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dasami Yam Titau

Des Moines, IA
Sun 8 Sutra 310
Khara 5113

Vrischika Rasi: 26.11 Tithi 25
975797267

Creative Work Siddha Yoga
Until 1.14PM then no yoga

Gulika 9:48AM – 11:08AM
Yama 7:08AM – 8:28AM
Rahu 1:48PM – 3:08PM

Jyeshtha* Until 12:32PM
Harshana Until 5:40PM
Vanija Until 7:52AM
Dasami Until 6:56PM

Ganesha: Purple
Muruga: White
Nataraja: Yellow
Moon – Orange
Magha•Masi

Sunrise: *7:08AM*
Sunset: *5:48PM*

Moon 1 - Phase 42
2nd Phase

Subha Sivaloka Day

---

2 Friday, February 17, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau

Des Moines, IA
Sun 9 Sutra 311
Khara 5113

Dhanus Rasi: 9.52 Tithi 26
985797267

No Yoga
Until 11:57AM then Siddha Yoga
Until 1.14PM then Marana Yoga

Gulika 8:27AM – 9:47AM
Yama 3:09PM – 4:29PM
Rahu 11:07AM – 12:28PM

Mula* Until 11:57AM
Vajra* Until 3:29PM
Bava Until 6:37AM
Ekadasi* Until 5:42PM

Ganesha: Clear
Muruga: White
Nataraja: Yellow
Moon – Light Blue
Magha•Masi

Sunrise: *7:06AM*
Sunset: *5:49PM*

Moon 1 - Phase 42
2nd Phase

Sivaloka Day

---

3 Saturday, February 18, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 312
Khara 5113

Dhanus Rasi: 23.24 Tithi 27 – 28
986797267

Routine Work Marana Yoga
Until 12:02PM then no yoga
Until 1.14PM then Amrita Yoga

Gulika 7:05AM – 8:26AM
Yama 1:48PM – 3:09PM
Rahu 9:46AM – 11:07AM

Purvashadha* Until 12:02PM
Siddhi Until 2:05PM
Gara Until 5:37AM Sun
Dvadasi* Until 5:37PM

Ganesha: Purple
Muruga: White
Nataraja: Yellow
Moon – Light Blue
Magha•Masi

Sunrise: *7:05AM*
Sunset: *5:51PM*

Moon 1 - Phase 42
2nd Phase

Devaloka Day

Pradosha Vrata (Fasting)

---

4 Sunday, February 19, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 313
Khara 5113

Makara Rasi: 6.47 Tithi 28 – 29
986797267

Creative Work Amrita Yoga

Gulika 3:10PM – 4:31PM
Yama 12:28PM – 1:49PM
Rahu 4:31PM – 5:52PM

Mahasivaratri

Uttarashadha Until 11:57AM
Vyatipata* Until 12:17PM
Visti Until 4:53AM Mon
Trayodasi* Until 4:53PM

Ganesha: Purple
Muruga: White
Nataraja: Yellow
Moon – Light Blue
Magha•Masi

Sunrise: *7:04AM*
Sunset: *5:52PM*

Moon 1 - Phase 42
2nd Phase

Devaloka Day

---

5 Monday, February 20, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau

Des Moines, IA
Sun 12 Sutra 314
Khara 5113

Makara Rasi: 19.59 Tithi 29 – 30
Family Home Evening
996797267

Creative Work Amrita Yoga
Until 12:11PM then Siddha Yoga
Until 1.14PM then Marana Yoga

Gulika 1:49PM – 3:10PM
Yama 11:06AM – 12:28PM
Rahu 8:23AM – 9:45AM

Sravana Until 12:11PM
Variyan Until 10:47AM
Catuspada Until 4:30AM Tue
Chaturdasi* Until 4:30PM

Ganesha: Light Blue
Muruga: White
Nataraja: Yellow
Moon – Purple
Magha•Masi

Sunrise: *7:02AM*
Sunset: *5:53PM*

Moon 1 - Phase 42
2nd Phase

Devaloka Day

● Tuesday, February 21, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau

Des Moines, IA
Sun 13 Sutra 315
Khara 5113

Kumbha Rasi: 2.59 Tithi 30 – 1
996897267

Routine Work Marana Yoga
Until 1.14PM then Siddha Yoga

Gulika 12:27PM – 1:49PM
Yama 9:44AM – 11:06AM
Rahu 3:11PM – 4:32PM

Dhanishtha Until 12:48PM
Parigha* Until 9:37AM
Kintughna Until 4:30AM Wed
Amavasya* Until 4:30PM

Ganesha: Orange
Muruga: White
Nataraja: Yellow
Moon – Purple
Magha•Masi

Sunrise: *7:01AM*
Sunset: *5:54PM*

Moon 1 - Phase 42
Amavasya

Sivaloka Day

Wednesday, February 22, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sun 14 Sutra 316
Khara 5113

Kumbha Rasi: 15.46 Tithi 1 – 2
996897267

Creative Work Siddha Yoga
Until 1.14PM then Marana Yoga
Until 1:48PM then Siddha Yoga

Gulika 11:05AM – 12:27PM
Yama 8:21AM – 9:43AM
Rahu 12:27PM – 1:49PM

Satabhisha Until 1:48PM
Shiva Until 8:50AM
Balava Until 4:56AM Thu
Prathama* Until 4:56PM

Ganesha: Orange
Muruga: White
Nataraja: Yellow
Moon – Purple
Phalguna•Masi

Sunrise: *6:59AM*
Sunset: *5:55PM*

Moon 1 - Phase 42
Prathama

Sivaloka Day

He is God¸hidden in all beings¸their inmost soul who is in all. He watches the works of creation¸lives in all things¸watches all things. He is pure consciousness¸beyond the three conditions of nature. Kṛishṇa Yajur Veda¸Svetu 6.11. UpM¸95

1 Thursday, February 23, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Siddha/Sadhya Yoga Kaulava Karana Dvitiya Yam Titau

Des Moines, IA
Sun 15 Sutra 317
Khara 5113

Kumbha Rasi: 28.2 Tithi 2
916897267
Creative Work Siddha Yoga

Gulika	9:42AM – 11:05AM
Yama	6:58AM – 8:20AM
Rahu	1:50PM – 3:12PM

Purvaprostapada* Until 4:00PM
Siddha Until 8:37AM
Kaulava Until 8:00AM Fri
Dvitiya Until 6:55PM

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – Clear
Phalguna•Masi

Sunrise: 6:58AM
Sunset: 5:57PM

Moon 1 - Phase 43
3rd Phase

Subha Sivaloka Day

---

2 Friday, February 24, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau

Des Moines, IA
Sun 16 Sutra 318
Khara 5113

Meena Rasi: 10.4 Tithi 3
916897267
Creative Work Siddha Yoga
Until 6:01PM then Prabalarishta Yoga

Gulika	8:19AM – 9:42AM
Yama	3:12PM – 4:35PM
Rahu	11:04AM – 12:27PM

Uttaraprostapada Until 6:01PM
Sadhya Until 8:37AM
Taitila Until 7:18AM
Tritiya Until 8:23PM

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – Clear
Phalguna•Masi

Sunrise: 6:56AM
Sunset: 5:58PM

Moon 1 - Phase 43
3rd Phase

Subha Sivaloka Day

---

3 Saturday, February 25, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam
Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 17 Sutra 319
Khara 5113

Meena Rasi: 22.47 Tithi 4
916897267
Routine Work Prabalarishta Yoga
Until 1.13PM then Amrita Yoga
Until 8:26PM then Siddha Yoga

Gulika	6:55AM – 8:18AM
Yama	1:50PM – 3:13PM
Rahu	9:41AM – 11:04AM

Revati Until 8:26PM
Subha Until 8:59AM
Vanija Until 9:13AM
Chaturthi* Until 10:19PM

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – Clear
Phalguna•Masi

Sunrise: 6:55AM
Sunset: 5:59PM

Moon 1 - Phase 43
3rd Phase

Subha Sivaloka Day

Subramuniyaswami Siva Vision Day

---

4 Sunday, February 26, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Asvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchami Yam Titau

Des Moines, IA
Sun 18 Sutra 320
Khara 5113

Mesha Rasi: 4.44 Tithi 5
927897267
Creative Work Siddha Yoga

Gulika	3:13PM – 4:37PM
Yama	12:27PM – 1:50PM
Rahu	4:37PM – 6:00PM

Asvini Until 11:11PM
Sukla Until 9:40AM
Bava Until 11:31AM
Panchami Until 12:37AM Mon

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – White
Phalguna•Masi

Sunrise: 6:53AM
Sunset: 6:00PM

Moon 1 - Phase 43
3rd Phase

Devaloka Day

---

5 Monday, February 27, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shasthi* Yam Titau

Des Moines, IA
Sun 19 Sutra 321
Khara 5113

Mesha Rasi: 16.35 Tithi 6
Family Home Evening
927897267
Creative Work Siddha Yoga

Gulika	1:50PM – 3:14PM
Yama	11:03AM – 12:27PM
Rahu	8:15AM – 9:39AM

Bharani Until 2:10AM Tue
Brahma Until 10:35AM
Kaulava Until 2:04PM
Shasthi* Until 3:09AM Tue

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – White
Phalguna•Masi

Sunrise: 6:52AM
Sunset: 6:01PM

Moon 1 - Phase 43
3rd Phase

Devaloka Day

---

6 Tuesday, February 28, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptami Yam Titau

Des Moines, IA
Sun 20 Sutra 322
Khara 5113

Mesha Rasi: 28.22 Tithi 7
927897267
Creative Work Siddha Yoga
Until 1.13PM then Amrita Yoga
Until 5:15AM Wed then Siddha Yoga

Gulika	12:26PM – 1:50PM
Yama	9:38AM – 11:02AM
Rahu	3:14PM – 4:38PM

Krittika Until 5:15AM Wed
Indra Until 11:34AM
Gara Until 4:43PM
Saptami Until 6:11AM Wed

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – White
Phalguna•Masi

Sunrise: 6:50AM
Sunset: 6:03PM

Moon 1 - Phase 43
3rd Phase

Devaloka Day

◗ Wednesday, February 29, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 21 Sutra 323
Khara 5113

Vrishabha Rasi: 10.12 Tithi 7 – 8
937897267
Creative Work Siddha Yoga
Until 1.12PM then Marana Yoga

Gulika	11:02AM – 12:26PM
Yama	8:13AM – 9:37AM
Rahu	12:26PM – 1:51PM

Rohini Until 8:21AM Thu
Vaidhriti* Until 12:30PM
Visti Until 7:17PM
Saptami Until 6:11AM

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – Yellow
Phalguna•Masi

Sunrise: 6:49AM
Sunset: 6:04PM

Moon 1 - Phase 43
Ashtami

Sivaloka Day

Thursday, March 1, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam
Rohini/Mrigasira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 22 Sutra 324
Khara 5113

Vrishabha Rasi: 22.1 Tithi 8 – 9
937897267
Routine Work Marana Yoga
Until 1.12PM then Siddha Yoga

Gulika	9:36AM – 11:01AM
Yama	6:46AM – 8:11AM
Rahu	1:51PM – 3:16PM

Rohini Until 8:21AM
Vishkambha* Until 1:11PM
Balava Until 9:34PM
Ashtami* Until 8:28AM

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – Yellow
Phalguna•Masi

Sunrise: 6:46AM
Sunset: 6:06PM

Moon 1 - Phase 43
Navami

Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

1 Friday, March 2, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam
Mrigasira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 23 Sutra 325
Khara 5113

Mithuna Rasi: 4.2 Tithi 9 – 10
937897267
Creative Work Siddha Yoga

Gulika	8:09AM – 9:35AM
Yama	3:16PM – 4:42PM
Rahu	11:00AM – 12:26PM

Mrigasira Until 10:18AM
Priti Until 12:55PM
Taitila Until 11:21PM
Navami* Until 10:16AM

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – Yellow
Phalguna•Masi

Sunrise: *6:44AM*
Sunset: *6:07PM*

Moon 1 - Phase 44
4th Phase

Sivaloka Day

---

2 Saturday, March 3, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 326
Khara 5113

Mithuna Rasi: 16.5 Tithi 10 – 11
938897267
Creative Work Siddha Yoga
Until 11:50AM then Marana Yoga
Until 1.12PM then Siddha Yoga

Gulika	6:42AM – 8:08AM
Yama	1:51PM – 3:17PM
Rahu	9:34AM – 11:00AM

Ardra Until 11:50AM
Ayushman Until 12:38PM
Vanija Until 10:55PM
Dasami Until 10:55AM

Ganesha: Yellow
Muruga: White
Nataraja: Yellow
Moon – Yellow
Phalguna•Masi

Sunrise: *6:42AM*
Sunset: *6:08PM*

Moon 1 - Phase 44
4th Phase

Sivaloka Day

---

3 Sunday, March 4, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 327
Khara 5113

Mithuna Rasi: 29.44 Tithi 11 – 12
148897267
Creative Work Siddha Yoga

Gulika	3:17PM – 4:43PM
Yama	12:25PM – 1:51PM
Rahu	4:43PM – 6:09PM

Punarvasu Until 12:39PM
Saubhagya Until 11:40AM
Bava Until 11:07PM
Ekadasi Until 11:07AM

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – Blue
Phalguna•Masi

Sunrise: *6:41AM*
Sunset: *6:09PM*

Moon 1 - Phase 44
4th Phase

Devaloka Day

---

4 Monday, March 5, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 328
Khara 5113

Kataka Rasi: 13.04 Tithi 12 – 13
Family Home Evening
148817267
Creative Work Siddha Yoga

Gulika	1:51PM – 3:18PM
Yama	10:58AM – 12:25PM
Rahu	8:06AM – 9:32AM

Pushya Until 12:09PM
Sobhana Until 9:40AM
Kaulava Until 9:11PM
Dvadasi Until 10:06AM

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – Blue
Phalguna•Masi

Sunrise: *6:39AM*
Sunset: *6:11PM*

Moon 1 - Phase 44
4th Phase

Devaloka Day

Pradosha Vrata

---

5 Tuesday, March 6, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam
Aslesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau

Des Moines, IA
Sun 27 Sutra 329
Khara 5113

Kataka Rasi: 26.52 Tithi 13 – 14
148817267
Creative Work Siddha Yoga

Gulika	12:25PM – 1:51PM
Yama	9:31AM – 10:58AM
Rahu	3:18PM – 4:45PM

Chidambaram Abhishekam

Aslesha* Until 11:22AM
Athiganda* Until 7:20AM
Gara Until 7:43PM
Trayodasi Until 8:39AM

Ganesha: Green
Muruga: White
Nataraja: Yellow
Moon – Blue
Phalguna•Masi

Sunrise: *6:38AM*
Sunset: *6:12PM*

Moon 1 - Phase 44
4th Phase

Devaloka Day

○ Wednesday, March 7, 2012
Copper Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Dhriti Yoga Vanija/Bava Karana Chaturdasi*/Purnima* Yam Titau

Des Moines, IA
Sutra 330
Khara 5113

Simha Rasi: 11.04 Tithi 14 – 15
158817267
Creative Work Siddha Yoga
Until 9:37AM then Amrita Yoga
Until 1.11PM then no yoga

Gulika	10:57AM – 12:24PM
Yama	8:03AM – 9:30AM
Rahu	12:24PM – 1:52PM

Holi

Magha* Until 9:37AM
Dhriti Until 12:26AM Thu
Bava Until 2:57AM Thu
Chaturdasi* Until 6:23AM

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – Red
Phalguna•Masi

Sunrise: *6:36AM*
Sunset: *6:13PM*

Moon 1 - Phase 44
Purnima

Sivaloka Day

Thursday, March 8, 2012
Silver Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathama* Yam Titau

Des Moines, IA
Sutra 331
Khara 5113

Simha Rasi: 25.37 Tithi 16
158817267
No Yoga
Until 7:41AM then Prabalarishta Yoga
Until 1.10PM then Siddha Yoga

Gulika	9:29AM – 10:57AM
Yama	6:34AM – 8:02AM
Rahu	1:52PM – 3:19PM

Purvaphalguni* Until 7:41AM
Shula* Until 9:08PM
Balava Until 2:02PM
Prathama* Until 12:19AM Fri

Ganesha: Red
Muruga: White
Nataraja: Yellow
Moon – Red
Phalguna•Masi

Sunrise: *6:34AM*
Sunset: *6:14PM*

Moon 1 - Phase 44
Prathama

Sivaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda¸Maitu 5.2. bo UpH¸423

Friday, March 9, 2012
Gold Retreat Star

Kanya Rasi: 10.22 Tithi 17
168817267

Creative Work Amrita Yoga
Until 1.10PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Ganda*/Vriddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau

Des Moines, IA
Sutra 332
Khara 5113

Gulika	8:00AM – 9:28AM	Hasta Until 2:44AM Sat	Ganesha: Blue	*Sunrise:*	*6:33AM*
Yama	3:20PM – 4:47PM	Ganda* Until 5:30PM	Muruga: White	*Sunset:*	*6:15PM*
Rahu	10:56AM – 12:24PM	Taitila Until 11:01AM	Nataraja: Yellow		
		Dvitiya Until 9:18PM	Moon – Green		
			Phalguna•Masi		

Moon 2 - Phase 45
1st Phase
Devaloka Day

1 Saturday, March 10, 2012

Kanya Rasi: 25.13 Tithi 18
169817267

Routine Work Marana Yoga
Until 1.10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiya Yam Titau

Des Moines, IA
Sun 1 Sutra 333
Khara 5113

Gulika	6:31AM – 7:59AM	Chitra Until 12:20AM Sun	Ganesha: Blue	*Sunrise:*	*6:31AM*
Yama	1:52PM – 3:20PM	Vriddhi Until 1:44PM	Muruga: White	*Sunset:*	*6:16PM*
Rahu	9:27AM – 10:55AM	Vanija Until 7:52AM	Nataraja: Yellow		
		Tritiya Until 6:09PM	Moon – Green		
			Phalguna•Masi		

Moon 2 - Phase 45
1st Phase
Devaloka Day

2 Sunday, March 11, 2012

Tula Rasi: 9.59 Tithi 19 – 20
169817267

Creative Work Siddha Yoga
Until 1.10PM then Amrita Yoga
Until 10:01PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 2 Sutra 334
Khara 5113

Gulika	3:20PM – 4:49PM	Svati Until 10:01PM	Ganesha: Blue	*Sunrise:*	*6:29AM*
Yama	12:23PM – 1:52PM	Dhruva Until 10:04AM	Muruga: White	*Sunset:*	*6:17PM*
Rahu	4:49PM – 6:17PM	Kaulava Until 1:23AM Mon	Nataraja: Yellow		
		Chaturthi* Until 3:05PM	Moon – Green		
			Phalguna•Masi		

Moon 2 - Phase 45
1st Phase
Devaloka Day

3 Monday, March 12, 2012

Tula Rasi: 24.37 Tithi 20 – 21
Family Home Evening 179817267
Routine Work Marana Yoga
Until 8:57PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sun 3 Sutra 335
Khara 5113

Gulika	1:52PM – 3:21PM	Visakha Until 8:57PM	Ganesha: Red	*Sunrise:*	*6:28AM*
Yama	10:54AM – 12:23PM	Vyaghata* Until 6:41AM	Muruga: White	*Sunset:*	*6:18PM*
Rahu	7:57AM – 9:25AM	Gara Until 11:52PM	Nataraja: Yellow		
		Panchami Until 12:48PM	Moon – Orange		
			Phalguna•Masi		

Moon 2 - Phase 45
1st Phase
Sivaloka Day

4 Tuesday, March 13, 2012

Vrischika Rasi: 8.59 Tithi 21 – 22
179817267

Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 4 Sutra 336
Khara 5113

Gulika	12:23PM – 1:52PM	Anuradha Until 7:09PM	Ganesha: Red	*Sunrise:*	*6:26AM*
Yama	9:24AM – 10:54AM	Vajra* Until 12:45AM Wed	Muruga: White	*Sunset:*	*6:20PM*
Rahu	3:21PM – 4:50PM	Visti Until 9:19PM	Nataraja: Yellow		
		Shasthi* Until 10:15AM	Moon – Orange		
			Phalguna•Panguni		

Moon 2 - Phase 45
1st Phase
Sivaloka Day
Tour Day

Wednesday, March 14, 2012
Retreat Star

Vrischika Rasi: 23.05 Tithi 22 – 23
179817268

Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 5 Sutra 337
Khara 5113

Gulika	10:53AM – 12:23PM	Jyeshtha* Until 5:52PM	Ganesha: Red	*Sunrise:*	*6:24AM*
Yama	7:54AM – 9:23AM	Siddhi Until 9:56PM	Muruga: White	*Sunset:*	*6:21PM*
Rahu	12:23PM – 1:52PM	Balava Until 7:19PM	Nataraja: White		
		Saptami Until 8:14AM	Moon – Orange		
			Phalguna•Panguni		

Moon 2 - Phase 45
Ashtami
Subha Sivaloka Day

Thursday, March 15, 2012
Retreat Star

Dhanus Rasi: 6.52 Tithi 23 – 24
189817268

Creative Work Siddha Yoga
Until 1.08PM then no yoga
Until 5:04PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 6 Sutra 338
Khara 5113

Gulika	9:22AM – 10:52AM	Mula* Until 5:04PM	Ganesha: Green	*Sunrise:*	*6:23AM*
Yama	6:23AM – 7:53AM	Vyatipata* Until 7:37PM	Muruga: White	*Sunset:*	*6:22PM*
Rahu	1:52PM – 3:22PM	Taitila Until 4:55AM Fri	Nataraja: White		
		Ashtami* Until 6:46AM	Moon – Light Blue		
			Phalguna•Panguni		

Moon 2 - Phase 45
Navami
Sivaloka Day

The birth of the world¸its maintenance¸its destruction¸the soul's obscuration and liberation are the five acts of His dance. Mṛigendra Agama Jnana Pada 2.A3.
MA¸58

1 Friday, March 16, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Vanija/Visti* Karana Dasami Yam Titau

Des Moines, IA
Sun 7 Sutra 339
Khara 5113
Moon 2 - Phase 46
2nd Phase

Dhanus Rasi: 20.23 Tithi 25
189917268

Creative Work Siddha Yoga
Until 1.08PM then Marana Yoga
Until 5:36PM then no yoga

Gulika	7:51AM – 9:21AM	Purvashadha* Until 5:36PM	Ganesha: White	*Sunrise:*	*6:21AM*
Yama	3:22PM – 4:53PM	Variyan Until 6:34PM	Muruga: White	*Sunset:*	*6:23PM*
Rahu	10:52AM – 12:22PM	Vanija Until 5:47PM	Nataraja: White		
		Dasami Until 5:47AM Sat	Moon – Light Blue		
			Phalguna•Panguni		

Sivaloka Day

2 Saturday, March 17, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau

Des Moines, IA
Sun 8 Sutra 340
Khara 5113
Moon 2 - Phase 46
2nd Phase

Makara Rasi: 3.39 Tithi 26
189917268

No Yoga
Until 1.08PM then Amrita Yoga

Gulika	6:19AM – 7:50AM	Uttarashadha Until 5:43PM	Ganesha: White	*Sunrise:*	*6:19AM*
Yama	1:52PM – 3:23PM	Parigha* Until 4:59PM	Muruga: White	*Sunset:*	*6:24PM*
Rahu	9:20AM – 10:51AM	Bava Until 5:15PM	Nataraja: White		
		Ekadasi* Until 5:15AM Sun	Moon – Light Blue		
			Phalguna•Panguni		

Sivaloka Day

3 Sunday, March 18, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau

Des Moines, IA
Sun 9 Sutra 341
Khara 5113
Moon 2 - Phase 46
2nd Phase

Makara Rasi: 16.41 Tithi 27
191917268

Creative Work Amrita Yoga
Until 6:15PM then Siddha Yoga

Gulika	3:23PM – 4:54PM	Sravana Until 6:15PM	Ganesha: Purple	*Sunrise:*	*6:18AM*
Yama	12:21PM – 1:52PM	Shiva Until 3:46PM	Muruga: White	*Sunset:*	*6:25PM*
Rahu	4:54PM – 6:25PM	Kaulava Until 5:09PM	Nataraja: White		
		Dvadasi* Until 5:09AM Mon	Moon – Purple		
			Phalguna•Panguni		

Subha Subha Sivaloka Day

4 Monday, March 19, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 342
Khara 5113
Moon 2 - Phase 46
2nd Phase

Makara Rasi: 29.32 Tithi 28
Family Home Evening
191917268

Creative Work Siddha Yoga
Until 1.07PM then Marana Yoga

Gulika	1:52PM – 3:24PM	Dhanishtha Until 7:09PM	Ganesha: Purple	*Sunrise:*	*6:16AM*
Yama	10:50AM – 12:21PM	Siddha Until 2:54PM	Muruga: White	*Sunset:*	*6:26PM*
Rahu	7:47AM – 9:18AM	Gara Until 5:27PM	Nataraja: White		
		Trayodasi* Until 6:08AM Tue	Moon – Purple		
			Phalguna•Panguni		

Subha Subha Sivaloka Day

Pradosha Vrata (Fasting)

5 Tuesday, March 20, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 343
Khara 5113
Moon 2 - Phase 46
2nd Phase

Kumbha Rasi: 12.12 Tithi 28 – 29
191917268

Routine Work Marana Yoga
Until 1.07PM then Siddha Yoga
Until 9:36PM then Amrita Yoga

Gulika	12:21PM – 1:52PM	Satabhisha Until 9:36PM	Ganesha: Purple	*Sunrise:*	*6:14AM*
Yama	9:17AM – 10:49AM	Sadhya Until 3:00PM	Muruga: White	*Sunset:*	*6:27PM*
Rahu	3:24PM – 4:56PM	Visti Until 7:13PM	Nataraja: White		
		Trayodasi* Until 6:08AM	Moon – Purple		
			Phalguna•Panguni		

Subha Subha Sivaloka Day

● Wednesday, March 21, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau

Des Moines, IA
Sun 12 Sutra 344
Khara 5113
Moon 2 - Phase 46
Amavasya

Kumbha Rasi: 24.41 Tithi 29 – 30
111917268

Creative Work Amrita Yoga
Until 1.07PM then Siddha Yoga

Gulika	10:48AM – 12:20PM	Purvaprostapada* Until 11:18PM	Ganesha: Clear	*Sunrise:*	*6:13AM*
Yama	7:45AM – 9:16AM	Subha Until 2:44PM	Muruga: White	*Sunset:*	*6:28PM*
Rahu	12:20PM – 1:52PM	Catuspada Until 8:20PM	Nataraja: White		
		Chaturdasi* Until 7:14AM	Moon – Clear		
			Phalguna•Panguni		

Subha Sivaloka Day

Thursday, March 22, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Uttaraprostapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau

Des Moines, IA
Sun 13 Sutra 345
Khara 5113
Moon 2 - Phase 46
Prathama

Meena Rasi: 7 Tithi 30 – 1
111917268

Creative Work Siddha Yoga

Gulika	9:15AM – 10:48AM	Uttaraprostapada Until 1:20AM Fri	Ganesha: Clear	*Sunrise:*	*6:11AM*
Yama	6:11AM – 7:43AM	Sukla Until 2:47PM	Muruga: White	*Sunset:*	*6:29PM*
Rahu	1:52PM – 3:25PM	Kintughna Until 9:49PM	Nataraja: White		
		Amavasya* Until 8:43AM	Moon – Clear		
			Chaitra•Panguni		

Subha Sivaloka Day

O learned people¸may we with our ears listen to what is beneficial¸may we see with our eyes what is beneficial. May we¸engaged in your praises¸enjoy with firm limbs and sound bodies¸a full term of life dedicated to God. %oig Veda 1.89.8. RvP¸287

1 Friday, March 23, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sun 14 Sutra 346
Khara 5113

Meena Rasi: 19.09 Tithi 1 – 2
111917268

Gulika 7:42AM – 9:14AM
Yama 3:25PM – 4:58PM
Rahu 10:47AM – 12:20PM

Revati Until 3:42AM Sat
Brahma Until 3:08PM
Balava Until 11:39PM
Prathama* Until 10:34AM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Clear
Chaitra•Panguni

Sunrise: 6:09AM
Sunset: 6:31PM

Moon 2 - Phase 47
3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 1.06PM then Prabalarishta Yoga
Until 3:42AM Sat then Siddha Yoga

2 Saturday, March 24, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
Asvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 15 Sutra 347
Khara 5113

Mesha Rasi: 1.09 Tithi 2 – 3
121917268

Gulika 6:07AM – 7:40AM
Yama 1:53PM – 3:26PM
Rahu 9:13AM – 10:47AM

Asvini Until 6:37AM Sun
Indra Until 3:46PM
Taitila Until 1:49AM Sun
Dvitiya Until 12:44PM

Ganesha: Orange
Muruga: White
Nataraja: White
Moon – White
Chaitra•Panguni

Sunrise: 6:07AM
Sunset: 6:32PM

Moon 2 - Phase 47
3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 6:37AM Sun then no yoga

Chellappaswami Mahasamadhi

3 Sunday, March 25, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
Asvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 16 Sutra 348
Khara 5113

Mesha Rasi: 13.01 Tithi 3 – 4
121917268

Gulika 3:26PM – 4:59PM
Yama 12:19PM – 1:53PM
Rahu 4:59PM – 6:33PM

Asvini Until 6:37AM
Vaidhriti* Until 4:38PM
Vanija Until 4:15AM Mon
Tritiya Until 3:09PM

Ganesha: Orange
Muruga: White
Nataraja: White
Moon – White
Chaitra•Panguni

Sunrise: 6:06AM
Sunset: 6:33PM

Moon 2 - Phase 47
3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 6:37AM then no yoga
Until 1.06PM then Siddha Yoga

4 Monday, March 26, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 17 Sutra 349
Khara 5113

Mesha Rasi: 24.49 Tithi 4 – 5
Family Home Evening
121917268

Gulika 1:53PM – 3:26PM
Yama 10:45AM – 12:19PM
Rahu 7:38AM – 9:12AM

Bharani Until 9:41AM
Vishkambha* Until 5:38PM
Bava Until 6:51AM Tue
Chaturthi* Until 5:45PM

Ganesha: Orange
Muruga: White
Nataraja: White
Moon – White
Chaitra•Panguni

Sunrise: 6:04AM
Sunset: 6:34PM

Moon 2 - Phase 47
3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 9:41AM then no yoga
Until 1.05PM then Siddha Yoga

5 Tuesday, March 27, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau

Des Moines, IA
Sun 18 Sutra 350
Khara 5113

Vrishabha Rasi: 7 Tithi 5
121917268

Gulika 12:19PM – 1:53PM
Yama 9:11AM – 10:45AM
Rahu 3:27PM – 5:01PM

Krittika Until 12:49PM
Priti Until 6:41PM
Bava Until 7:19AM
Panchami Until 8:25PM

Ganesha: Orange
Muruga: White
Nataraja: White
Moon – White
Chaitra•Panguni

Sunrise: 6:02AM
Sunset: 6:35PM

Moon 2 - Phase 47
3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 12:49PM then Amrita Yoga
Until 1.05PM then Siddha Yoga

6 Wednesday, March 28, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
Rohini/Mrigasira Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shasthi* Yam Titau

Des Moines, IA
Sun 19 Sutra 351
Khara 5113

Vrishabha Rasi: 18.25 Tithi 6
132917268

Gulika 10:44AM – 12:18PM
Yama 7:35AM – 9:10AM
Rahu 12:18PM – 1:53PM

Rohini Until 3:51PM
Ayushman Until 7:40PM
Kaulava Until 9:53AM
Shasthi* Until 10:58PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Yellow
Chaitra•Panguni

Sunrise: 6:01AM
Sunset: 6:36PM

Moon 2 - Phase 47
3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 1.05PM then Marana Yoga

Thursday, March 29, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Mrigasira Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptami Yam Titau

Des Moines, IA
Sun 20 Sutra 352
Khara 5113

Mithuna Rasi: 0.21 Tithi 7
132917268

Gulika 9:09AM – 10:43AM
Yama 5:59AM – 7:34AM
Rahu 1:53PM – 3:28PM

Mrigasira Until 6:38PM
Saubhagya Until 8:25PM
Gara Until 12:10PM
Saptami Until 1:16AM Fri

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Yellow
Chaitra•Panguni

Sunrise: 5:59AM
Sunset: 6:37PM

Moon 2 - Phase 47
3rd Phase

Subha Sivaloka Day

Routine Work Marana Yoga
Until 1.04PM then Siddha Yoga

Friday, March 30, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtami* Yam Titau

Des Moines, IA
Sun 21 Sutra 353
Khara 5113

Mithuna Rasi: 12.3 Tithi 8
132917268

Gulika 7:32AM – 9:08AM
Yama 3:28PM – 5:03PM
Rahu 10:43AM – 12:18PM

Ardra Until 9:00PM
Sobhana Until 8:46PM
Visti Until 2:00PM
Ashtami* Until 3:05AM Sat

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Yellow
Chaitra•Panguni

Sunrise: 5:57AM
Sunset: 6:38PM

Moon 2 - Phase 47
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 9:00PM then Marana Yoga

Saturday, March 31, 2012

Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navami* Yam Titau

Des Moines, IA
Sun 22 Sutra 354
Khara 5113

Mithuna Rasi: 24.57 Tithi 9
142917268

Gulika 5:56AM – 7:31AM
Yama 1:53PM – 3:28PM
Rahu 9:07AM – 10:42AM

Punarvasu Until 9:28PM
Athiganda* Until 7:32PM
Balava Until 2:24PM
Navami* Until 2:24AM Sun

Ganesha: Blue
Muruga: White
Nataraja: White
Moon – Blue
Chaitra•Panguni

Sunrise: 5:56AM
Sunset: 6:39PM

Moon 2 - Phase 47
Navami

Sivaloka Day

Routine Work Marana Yoga
Until 1.04PM then Siddha Yoga

Sri Rama Navami

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP 95

1 Sunday, April 1, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dasami Yam Titau

Des Moines, IA
Sun 23 Sutra 355

Kataka Rasi: 7.48 Tithi 10
142917268
Creative Work Siddha Yoga

Gulika	3:28PM – 5:04PM
Yama	12:17PM – 1:53PM
Rahu	5:04PM – 6:39PM

Pushya Until 10:23PM
Sukarma Until 6:41PM
Taitila Until 2:41PM
Dasami Until 2:41AM Mon

Ganesha: Blue
Muruga: White
Nataraja: White
Moon – Blue
Chaitra•Panguni

Sunrise: *5:56AM*
Sunset: *6:39PM*

Khara 5113
Moon 2 - Phase 48
4th Phase
Sivaloka Day

---

2 Monday, April 2, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam
Aslesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 356

Kataka Rasi: 21.05 Tithi 11
Family Home Evening
142917268
Creative Work Siddha Yoga

Gulika	1:53PM – 3:29PM
Yama	10:41AM – 12:17PM
Rahu	7:30AM – 9:06AM

Yogaswami Mahasamadhi

Aslesha* Until 9:16PM
Dhriti Until 4:19PM
Vanija Until 1:27PM
Ekadasi Until 12:31AM Tue

Ganesha: Blue
Muruga: White
Nataraja: White
Moon – Blue
Chaitra•Panguni

Sunrise: *5:54AM*
Sunset: *6:40PM*

Khara 5113
Moon 2 - Phase 48
4th Phase
Sivaloka Day

---

3 Tuesday, April 3, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 357

Simha Rasi: 4.52 Tithi 12
152917268
Creative Work Siddha Yoga
Until 8:30PM then Amrita Yoga

Gulika	12:17PM – 1:53PM
Yama	9:05AM – 10:41AM
Rahu	3:29PM – 5:05PM

Magha* Until 8:30PM
Shula* Until 2:01PM
Bava Until 11:59AM
Dvadasi Until 11:03PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Red
Chaitra•Panguni

Sunrise: *5:52AM*
Sunset: *6:41PM*

Khara 5113
Moon 2 - Phase 48
4th Phase
Subha Sivaloka Day

---

4 Wednesday, April 4, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
Purvaphalguni* Nakshatra Ganda*/Vriddhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 358

Simha Rasi: 19.07 Tithi 13
152917268
Creative Work Amrita Yoga
Until 1.03PM then no yoga
Until 6:04PM then Prabalarishta Yoga

Gulika	10:40AM – 12:17PM
Yama	7:27AM – 9:04AM
Rahu	12:17PM – 1:53PM

Purvaphalguni* Until 6:04PM
Ganda* Until 10:40AM
Kaulava Until 9:23AM
Trayodasi Until 7:40PM

Pradosha Vrata

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Red
Chaitra•Panguni

Sunrise: *5:51AM*
Sunset: *6:42PM*

Khara 5113
Moon 2 - Phase 48
4th Phase
Subha Sivaloka Day

---

5 Thursday, April 5, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Vriddhi/Dhruva Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau

Des Moines, IA
Sun 27 Sutra 359

Kanya Rasi: 3.47 Tithi 14 – 15
152917268
Routine Work Prabalarishta Yoga
Until 1.03PM then Siddha Yoga
Until 3:57PM then Amrita Yoga

Gulika	9:03AM – 10:39AM
Yama	5:49AM – 7:26AM
Rahu	1:53PM – 3:30PM

Uttaraphalguni Until 3:57PM
Vriddhi Until 7:12AM
Gara Until 6:31AM
Chaturdasi* Until 4:48PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Red
Chaitra•Panguni

Sunrise: *5:49AM*
Sunset: *6:43PM*

Khara 5113
Moon 2 - Phase 48
4th Phase
Subha Sivaloka Day

○ Friday, April 6, 2012
Copper Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau

Des Moines, IA
Sutra 360

Kanya Rasi: 18.44 Tithi 15 – 16
162917268
Creative Work Amrita Yoga
Until 1.02PM then Marana Yoga

Gulika	7:25AM – 9:02AM
Yama	3:30PM – 5:07PM
Rahu	10:39AM – 12:16PM

Panguni Uttiram
Hanuman Jayanti

Hasta Until 1:21PM
Vyaghata* Until 11:17PM
Balava Until 11:42PM
Purnima* Until 1:25PM

Ganesha: White
Muruga: White
Nataraja: White
Moon – Green
Chaitra•Panguni

Sunrise: *5:47AM*
Sunset: *6:45PM*

Khara 5113
Moon 2 - Phase 48
Purnima
Sivaloka Day

Saturday, April 7, 2012
Silver Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sutra 361

Tula Rasi: 3.52 Tithi 16 – 17
162917268
Routine Work Marana Yoga
Until 10:29AM then Siddha Yoga

Gulika	5:46AM – 7:23AM
Yama	1:53PM – 3:31PM
Rahu	9:01AM – 10:38AM

Chitra Until 10:29AM
Harshana Until 7:08PM
Taitila Until 8:02PM
Prathama* Until 9:45AM

Ganesha: White
Muruga: White
Nataraja: White
Moon – Green
Chaitra•Panguni

Sunrise: *5:46AM*
Sunset: *6:46PM*

Khara 5113
Moon 2 - Phase 48
Prathama
Sivaloka Day

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1

Sunday, April 8, 2012
Gold Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Vajra*/Siddhi Yoga Gara/Visti* Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 1 Sutra 362

Tula Rasi: 18.59 Tithi 17 – 18
162917268
Creative Work Siddha Yoga
Until 7:38AM then Marana Yoga

Gulika	3:31PM – 5:09PM
Yama	12:15PM – 1:53PM
Rahu	5:09PM – 6:47PM

Svati Until 7:38AM
Vajra* Until 2:59PM
Visti Until 2:40AM Mon
Dvitiya Until 6:05AM

Ganesha: White
Muruga: White
Nataraja: White
Moon – Green
Chaitra•Panguni

Sunrise: 5:44AM
Sunset: 6:47PM

Khara 5113
Moon 3 - Phase 49
1st Phase
Sivaloka Day

---

1 Monday, April 9, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthi* Yam Titau

Des Moines, IA
Sun 2 Sutra 363

Vrischika Rasi: 3.57 Tithi 19
Family Home Evening
172917268
Creative Work Siddha Yoga

Gulika	1:53PM – 3:31PM
Yama	10:37AM – 12:15PM
Rahu	7:21AM – 8:59AM

Anuradha Until 2:21AM Tue
Siddhi Until 11:03AM
Bava Until 12:58PM
Chaturthi* Until 11:15PM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Orange
Chaitra•Panguni

Sunrise: 5:42AM
Sunset: 6:48PM

Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

---

2 Tuesday, April 10, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchami Yam Titau

Des Moines, IA
Sun 3 Sutra 364

Vrischika Rasi: 18.4 Tithi 20
173117268
Creative Work Siddha Yoga
Until 1:27AM Wed then Marana Yoga

Gulika	12:15PM – 1:53PM
Yama	8:58AM – 10:36AM
Rahu	3:32PM – 5:10PM

Jyeshtha* Until 1:27AM Wed
Vyatipata* Until 7:37AM
Kaulava Until 10:19AM
Panchami Until 9:24PM

Ganesha: Blue
Muruga: White
Nataraja: White
Moon – Orange
Chaitra•Panguni

Sunrise: 5:41AM
Sunset: 6:49PM

Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Subha Sivaloka Day

---

3 Wednesday, April 11, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Des Moines, IA
Sun 4 Sutra 365

Dhanus Rasi: 3.01 Tithi 21
183117268
Routine Work Marana Yoga
Until 1.01PM then Siddha Yoga

Gulika	10:36AM – 12:15PM
Yama	7:18AM – 8:57AM
Rahu	12:15PM – 1:53PM

Mula* Until 11:42PM
Parigha* Until 1:45AM Thu
Gara Until 7:47AM
Shasthi* Until 6:52PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Light Blue
Chaitra•Panguni

Sunrise: 5:39AM
Sunset: 6:50PM

Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

---

4 Thursday, April 12, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 5 Sutra 366

Dhanus Rasi: 16.58 Tithi 22 – 23
183117268
Creative Work Siddha Yoga

Gulika	8:56AM – 10:35AM
Yama	5:38AM – 7:17AM
Rahu	1:54PM – 3:33PM

Purvashadha* Until 10:38PM
Shiva Until 11:11PM
Balava Until 4:08AM Fri
Saptami Until 5:03PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Light Blue
Chaitra•Panguni

Sunrise: 5:38AM
Sunset: 6:51PM

Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

Friday, April 13, 2012
Retreat Star

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 6 Sutra 1

Makara Rasi: 0.32 Tithi 23 – 24
183117268
Creative Work Siddha Yoga
Until 1.00PM then no yoga
Until 11:28PM then Siddha Yoga

Gulika	7:16AM – 8:55AM
Yama	3:33PM – 5:13PM
Rahu	10:35AM – 12:14PM

Tamil New Year

Uttarashadha Until 11:28PM
Siddha Until 10:19PM
Taitila Until 4:48AM Sat
Ashtami* Until 4:48PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 5:36AM
Sunset: 6:52PM

Nandana 5114
Moon 3 - Phase 49
Ashtami
Subha Sivaloka Day

Saturday, April 14, 2012
Retreat Star

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 7 Sutra 2

Makara Rasi: 13.45 Tithi 24 – 25
293117268
Creative Work Siddha Yoga
Until 1.00PM then Amrita Yoga
Until 11:41PM then Siddha Yoga

Gulika	5:35AM – 7:14AM
Yama	1:54PM – 3:34PM
Rahu	8:54AM – 10:34AM

Chidambaram Abhishekam

Sravana Until 11:41PM
Sadhya Until 8:51PM
Vanija Until 4:20AM Sun
Navami* Until 4:20PM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – Purple
Chaitra•Chaitra

Sunrise: 5:35AM
Sunset: 6:53PM

Nandana 5114
Moon 3 - Phase 49
Navami
Subha Sivaloka Day

Shuddha Saivas meditate on these as their religious path: Oneself,Absolute Reality and the Primal Soul; the categories three: God,soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432. TM

1 Sunday, April 15, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau

Des Moines, IA
Sun 8 Sutra 3

Makara Rasi: 26.39 Tithi 25 – 26
293117268
Creative Work Siddha Yoga

Gulika	3:34PM – 5:14PM	Dhanishtha Until 12:29AM Mon	Ganesha: Red	*Sunrise:*	*5:33AM*	Nandana 5114
Yama	12:14PM – 1:54PM	Subha Until 7:55PM	Muruga: White	*Sunset:*	*6:54PM*	Moon 3 - Phase 1
Rahu	5:14PM – 6:54PM	Bava Until 4:29AM Mon	Nataraja: White			2nd Phase
		Dasami Until 4:29PM	Moon – Purple			Subha Sivaloka Day
			Chaitra•Chaitra			

2 Monday, April 16, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau

Des Moines, IA
Sun 9 Sutra 4

Kumbha Rasi: 9.17 Tithi 26 – 27
Family Home Evening
293117268
Creative Work Siddha Yoga
Until 1.00PM then Marana Yoga

Gulika	1:54PM – 3:34PM	Satabhisha Until 3:25AM Tue	Ganesha: Red	*Sunrise:*	*5:31AM*	Nandana 5114
Yama	10:33AM – 12:13PM	Sukla Until 8:28PM	Muruga: White	*Sunset:*	*6:55PM*	Moon 3 - Phase 1
Rahu	7:12AM – 8:52AM	Kaulava Until 7:17AM Tue	Nataraja: White			2nd Phase
		Ekadasi* Until 6:11PM	Moon – Purple			Subha Sivaloka Day
			Chaitra•Chaitra			

3 Tuesday, April 17, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau

Des Moines, IA
Sun 10 Sutra 5

Kumbha Rasi: 21.43 Tithi 27
213117268
Routine Work Marana Yoga
Until 12.59PM then Amrita Yoga
Until 5:15AM Wed then Siddha Yoga

Gulika	12:13PM – 1:54PM	Purvaprostapada* Until 5:15AM Wed	Ganesha: Clear	*Sunrise:*	*5:30AM*	Nandana 5114
Yama	8:52AM – 10:32AM	Brahma Until 8:21PM	Muruga: White	*Sunset:*	*6:56PM*	Moon 3 - Phase 1
Rahu	3:35PM – 5:16PM	Kaulava Until 6:19AM	Nataraja: White			2nd Phase
		Dvadasi* Until 7:24PM	Moon – Clear			Subha Sivaloka Day
			Chaitra•Chaitra			

4 Wednesday, April 18, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodasi* Yam Titau

Des Moines, IA
Sun 11 Sutra 6

Meena Rasi: 3.57 Tithi 28
213117268
Creative Work Siddha Yoga

Gulika	10:32AM – 12:13PM	Uttaraprostapada Until 7:15AM Thu	Ganesha: Clear	*Sunrise:*	*5:28AM*	Nandana 5114
Yama	7:09AM – 8:51AM	Indra Until 8:34PM	Muruga: White	*Sunset:*	*6:57PM*	Moon 3 - Phase 1
Rahu	12:13PM – 1:54PM	Gara Until 7:55AM	Nataraja: White			2nd Phase
		Trayodasi* Until 9:01PM	Moon – Clear			Subha Sivaloka Day
			Chaitra•Chaitra			

Pradosha Vrata (Fasting)

5 Thursday, April 19, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau

Des Moines, IA
Sun 12 Sutra 7

Meena Rasi: 16.02 Tithi 29
213117268
Creative Work Siddha Yoga

Gulika	8:50AM – 10:31AM	Uttaraprostapada Until 7:15AM	Ganesha: Clear	*Sunrise:*	*5:27AM*	Nandana 5114
Yama	5:27AM – 7:08AM	Vaidhriti* Until 9:03PM	Muruga: White	*Sunset:*	*6:59PM*	Moon 3 - Phase 1
Rahu	1:54PM – 3:36PM	Visti Until 9:51AM	Nataraja: White			2nd Phase
		Chaturdasi* Until 10:57PM	Moon – Clear			Subha Sivaloka Day
			Chaitra•Chaitra			

● Friday, April 20, 2012

Retreat Star

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Asvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau

Des Moines, IA
Sun 13 Sutra 8

Meena Rasi: 28.01 Tithi 30
213117268
Creative Work Siddha Yoga
Until 9:59AM then Amrita Yoga
Until 12.59PM then Siddha Yoga

Gulika	7:07AM – 8:49AM	Revati Until 9:59AM	Ganesha: Clear	*Sunrise:*	*5:25AM*	Nandana 5114
Yama	3:36PM – 5:18PM	Vishkambha* Until 9:46PM	Muruga: White	*Sunset:*	*7:00PM*	Moon 3 - Phase 1
Rahu	10:31AM – 12:12PM	Catuspada Until 12:03PM	Nataraja: White			Amavasya
		Amavasya* Until 1:09AM Sat	Moon – Clear			Subha Sivaloka Day
			Chaitra•Chaitra			

Saturday, April 21, 2012

Retreat Star

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Asvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathama* Yam Titau

Des Moines, IA
Sun 14 Sutra 9

Mesha Rasi: 9.53 Tithi 1
223117268
Creative Work Siddha Yoga
Until 12:54PM then no yoga

Gulika	5:24AM – 7:06AM	Asvini Until 12:54PM	Ganesha: Orange	*Sunrise:*	*5:24AM*	Nandana 5114
Yama	1:54PM – 3:36PM	Priti Until 10:40PM	Muruga: White	*Sunset:*	*7:01PM*	Moon 3 - Phase 1
Rahu	8:48AM – 10:30AM	Kintughna Until 2:28PM	Nataraja: White			Prathama
		Prathama* Until 3:33AM Sun	Moon – White			Subha Sivaloka Day
			Vaisaka•Chaitra			

1 Sunday, April 22, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiya Yam Titau

Des Moines, IA
Sun 15 Sutra 10
Nandana 5114
Moon 3 - Phase 2
3rd Phase

Mesha Rasi: 21.41 Tithi 2
223117268
No Yoga
Until 12.58PM then Siddha Yoga
Until 3:58PM then no yoga

Gulika	3:37PM – 5:19PM	Bharani Until 3:58PM	Ganesha: Orange	*Sunrise:*	*5:22AM*
Yama	12:12PM – 1:55PM	Ayushman Until 11:41PM	Muruga: White	*Sunset:*	*7:02PM*
Rahu	5:19PM – 7:02PM	Balava Until 5:01PM	Nataraja: White		
		Dvitiya Until 6:32AM Mon	Moon – White		
			Vaisaka•Chaitra		

Subha Sivaloka Day

2 Monday, April 23, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau

Des Moines, IA
Sun 16 Sutra 11
Nandana 5114
Moon 3 - Phase 2
3rd Phase

Vrishabha Rasi: 3.28 Tithi 2 – 3
Family Home Evening
223117268
No Yoga
Until 12.58PM then Siddha Yoga
Until 7:04PM then Amrita Yoga

Gulika	1:55PM – 3:37PM	Krittika Until 7:04PM	Ganesha: Orange	*Sunrise:*	*5:21AM*
Yama	10:29AM – 12:12PM	Saubhagya Until 12:45AM Tue	Muruga: White	*Sunset:*	*7:03PM*
Rahu	7:04AM – 8:46AM	Taitila Until 7:37PM	Nataraja: White		
		Dvitiya Until 6:32AM	Moon – White		
			Vaisaka•Chaitra		

Subha Sivaloka Day

3 Tuesday, April 24, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau

Des Moines, IA
Sun 17 Sutra 12
Nandana 5114
Moon 3 - Phase 2
3rd Phase

Vrishabha Rasi: 15.16 Tithi 3 – 4
233117269
Creative Work Amrita Yoga
Until 12.58PM then Siddha Yoga

Gulika	12:12PM – 1:55PM	Rohini Until 10:09PM	Ganesha: Clear	*Sunrise:*	*5:20AM*
Yama	8:46AM – 10:29AM	Sobhana Until 1:48AM Wed	Muruga: White	*Sunset:*	*7:04PM*
Rahu	3:38PM – 5:21PM	Vanija Until 10:12PM	Nataraja: Clear		
		Tritiya Until 9:07AM	Moon – Yellow		
			Vaisaka•Chaitra		

Sivaloka Day

4 Wednesday, April 25, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Mrigasira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau

Des Moines, IA
Sun 18 Sutra 13
Nandana 5114
Moon 3 - Phase 2
3rd Phase

Vrishabha Rasi: 27.07 Tithi 4 – 5
234117269
Creative Work Siddha Yoga
Until 12.58PM then Marana Yoga

Gulika	10:28AM – 12:12PM	Mrigasira Until 1:06AM Thu	Ganesha: White	*Sunrise:*	*5:18AM*
Yama	7:01AM – 8:45AM	Athiganda* Until 2:43AM Thu	Muruga: White	*Sunset:*	*7:05PM*
Rahu	12:12PM – 1:55PM	Bava Until 12:38AM Thu	Nataraja: Clear		
		Chaturthi* Until 11:33AM	Moon – Yellow		
			Vaisaka•Chaitra		

Devaloka Day

5 Thursday, April 26, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau

Des Moines, IA
Sun 19 Sutra 14
Nandana 5114
Moon 3 - Phase 2
3rd Phase

Mithuna Rasi: 9.06 Tithi 5 – 6
234117269
Routine Work Marana Yoga
Until 12.58PM then Siddha Yoga

Gulika	8:44AM – 10:28AM	Ardra Until 3:48AM Fri	Ganesha: White	*Sunrise:*	*5:17AM*
Yama	5:17AM – 7:00AM	Sukarma Until 3:25AM Fri	Muruga: White	*Sunset:*	*7:06PM*
Rahu	1:55PM – 3:39PM	Kaulava Until 2:47AM Fri	Nataraja: Clear		
		Panchami Until 1:42PM	Moon – Yellow		
			Vaisaka•Chaitra		

Devaloka Day

6 Friday, April 27, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau

Des Moines, IA
Sun 20 Sutra 15
Nandana 5114
Moon 3 - Phase 2
3rd Phase

Mithuna Rasi: 21.17 Tithi 6 – 7
244117269
Creative Work Siddha Yoga
Until 12.57PM then Marana Yoga
Until 6:06AM Sat then Siddha Yoga

Gulika	6:59AM – 8:43AM	Punarvasu Until 6:06AM Sat	Ganesha: Clear	*Sunrise:*	*5:15AM*
Yama	3:39PM – 5:23PM	Dhriti Until 3:45AM Sat	Muruga: White	*Sunset:*	*7:07PM*
Rahu	10:27AM – 12:11PM	Gara Until 4:31AM Sat	Nataraja: Clear		
		Shasthi* Until 3:25PM	Moon – Blue		
			Vaisaka•Chaitra		

Sivaloka Day

Saturday, April 28, 2012

Retreat Star

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau

Des Moines, IA
Sun 21 Sutra 16
Nandana 5114
Moon 3 - Phase 2
3rd Phase

Kataka Rasi: 3.44 Tithi 7 – 8
244117269
Creative Work Siddha Yoga

Gulika	5:14AM – 6:58AM	Pushya Until 6:15AM Sun	Ganesha: Clear	*Sunrise:*	*5:14AM*
Yama	1:55PM – 3:40PM	Shula* Until 2:02AM Sun	Muruga: White	*Sunset:*	*7:08PM*
Rahu	8:43AM – 10:27AM	Visti Until 3:41AM Sun	Nataraja: Clear		
		Saptami Until 3:41PM	Moon – Blue		
			Vaisaka•Chaitra		

Sivaloka Day

Sunday, April 29, 2012

Retreat Star

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Pushya/Aslesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau

Des Moines, IA
Sun 22 Sutra 17
Nandana 5114
Moon 3 - Phase 2
Ashtami

Kataka Rasi: 16.32 Tithi 8 – 9
244117269
Creative Work Siddha Yoga

Gulika	3:40PM – 5:25PM	Pushya Until 6:15AM	Ganesha: Clear	*Sunrise:*	*5:13AM*
Yama	12:11PM – 1:56PM	Ganda* Until 1:18AM Mon	Muruga: White	*Sunset:*	*7:09PM*
Rahu	5:25PM – 7:09PM	Balava Until 4:02AM Mon	Nataraja: Clear		
		Ashtami* Until 4:02PM	Moon – Blue		
			Vaisaka•Chaitra		

Sivaloka Day

Monday, April 30, 2012

Retreat Star

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Aslesha*/Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau

Des Moines, IA
Sun 23 Sutra 18
Nandana 5114
Moon 3 - Phase 2
Navami

Kataka Rasi: 29.44 Tithi 9 – 10
Family Home Evening
244117269
Creative Work Siddha Yoga

Gulika	1:56PM – 3:41PM	Aslesha* Until 6:27AM	Ganesha: Clear	*Sunrise:*	*5:11AM*
Yama	10:26AM – 12:11PM	Vriddhi Until 10:40PM	Muruga: White	*Sunset:*	*7:10PM*
Rahu	6:56AM – 8:41AM	Taitila Until 1:55AM Tue	Nataraja: Clear		
		Navami* Until 2:50PM	Moon – Blue		
			Vaisaka•Chaitra		

Sivaloka Day

Pursuit of the duties of the stage of life to which each one belongs—that¸verily¸is the rule! Others are like branches of a stem. With this¸one tends upwards; otherwise¸downwards. Kṛishṇa Yajur Veda¸Maitu 4.3. bo UpR¸810

1 Tuesday, May 1, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Purvaphalguni* Nakshatra Dhruva Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

Des Moines, IA
Sun 24 Sutra 19

Simha Rasi: 13.23 Tithi 10 – 11
254117269

Creative Work Siddha Yoga
Until 12.57PM then Amrita Yoga

Gulika	12:11PM – 1:56PM
Yama	8:40AM – 10:25AM
Rahu	3:42PM – 5:27PM

Purvaphalguni* Until 4:46AM Wed
Dhruva Until 8:36PM
Vanija Until 12:39AM Wed
Dasami Until 1:34PM

Ganesha: Purple
Muruga: White
Nataraja: Clear
Moon – Red
Vaisaka•Chaitra

Sunrise: *5:09AM*
Sunset: *7:12PM*

Nandana 5114
Moon 3 - Phase 3
4th Phase

Devaloka Day

---

2 Wednesday, May 2, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau

Des Moines, IA
Sun 25 Sutra 20

Simha Rasi: 27.31 Tithi 11 – 12
254117269

Creative Work Amrita Yoga
Until 12.57PM then Prabalarishta Yoga
Until 1:59AM Thu then no yoga

Gulika	10:25AM – 12:10PM
Yama	6:53AM – 8:39AM
Rahu	12:10PM – 1:56PM

Uttaraphalguni Until 1:59AM Thu
Vyaghata* Until 5:03PM
Bava Until 9:21PM
Ekadasi Until 11:04AM

Ganesha: Purple
Muruga: White
Nataraja: Clear
Moon – Red
Vaisaka•Chaitra

Sunrise: *5:07AM*
Sunset: *7:14PM*

Nandana 5114
Moon 3 - Phase 3
4th Phase

Devaloka Day

---

3 Thursday, May 3, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau

Des Moines, IA
Sun 26 Sutra 21

Kanya Rasi: 12.03 Tithi 12 – 13
264117269

No Yoga
Until 12.57PM then Amrita Yoga
Until 12:03AM Fri then Siddha Yoga

Gulika	8:38AM – 10:24AM
Yama	5:06AM – 6:52AM
Rahu	1:56PM – 3:42PM

Hasta Until 12:03AM Fri
Harshana Until 1:46PM
Kaulava Until 6:38PM
Dvadasi Until 8:21AM

Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – Green
Vaisaka•Chaitra

Sunrise: *5:06AM*
Sunset: *7:15PM*

Nandana 5114
Moon 3 - Phase 3
4th Phase

Sivaloka Day

Pradosha Vrata

---

4 Friday, May 4, 2012

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdasi* Yam Titau

Des Moines, IA
Sun 27 Sutra 22

Kanya Rasi: 26.58 Tithi 14
264117269

Creative Work Siddha Yoga
Until 12.56PM then Marana Yoga
Until 9:32PM then Siddha Yoga

Gulika	6:51AM – 8:38AM
Yama	3:43PM – 5:29PM
Rahu	10:24AM – 12:10PM

Chitra Until 9:32PM
Vajra* Until 9:58AM
Gara Until 3:20PM
Chaturdasi* Until 1:37AM Sat

Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – Green
Vaisaka•Chaitra

Sunrise: *5:05AM*
Sunset: *7:16PM*

Nandana 5114
Moon 3 - Phase 3
4th Phase

Sivaloka Day

○ Saturday, May 5, 2012

Copper Retreat Star

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau

Des Moines, IA
Sutra 23

Tula Rasi: 12.05 Tithi 15
264217269

Creative Work Siddha Yoga
Until 6:39PM then Marana Yoga

Gulika	5:04AM – 6:50AM
Yama	1:57PM – 3:43PM
Rahu	8:37AM – 10:24AM

Svati Until 6:39PM
Vyatipata* Until 1:49AM Sun
Visti Until 11:37AM
Purnima* Until 9:54PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Green
Vaisaka•Chaitra

Sunrise: *5:04AM*
Sunset: *7:17PM*

Nandana 5114
Moon 3 - Phase 3
Purnima

Subha Sivaloka Day

Sunday, May 6, 2012

Silver Retreat Star

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Visakha/Anuradha Nakshatra Variyan Yoga Balava/Taitila Karana Prathama*/Dvitiya Yam Titau

Des Moines, IA
Sutra 24

Tula Rasi: 27.19 Tithi 16 – 17
274217269

Routine Work Marana Yoga
Until 3:38PM then Siddha Yoga

Gulika	3:44PM – 5:31PM
Yama	12:10PM – 1:57PM
Rahu	5:31PM – 7:18PM

Visakha Until 3:38PM
Variyan Until 9:32PM
Balava Until 7:45AM
Prathama* Until 6:02PM

Ganesha: Yellow
Muruga: White
Nataraja: Clear
Moon – Orange
Vaisaka•Chaitra

Sunrise: *5:03AM*
Sunset: *7:18PM*

Nandana 5114
Moon 3 - Phase 3
Prathama

Sivaloka Day

When a man is born,whoever he may be,there is born simultaneously a debt to the Gods,to the sages,to the ancestors and to men. Shukla Yajur Veda,SataBR 1.7.2.1. VE,393