



**Tuesday, April 19, 2011**  
**Gold Retreat Star**

Tula Rasi: 23.52      Tithi 17 – 18  
272456158  
Routine Work      Marana Yoga  
Until 2.00PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**      11:44AM – 1:25PM      **Visakha Until 9:09PM**  
**Yama**      8:21AM – 10:02AM      Siddhi Until 12:38PM  
**Rahu**      3:07PM – 4:48PM      Vanija Until 1:09AM Wed  
Dvitiya Until 2:52PM

**Ganesha:** Yellow      *Sunrise:* 4:58AM  
**Muruqa:** Yellow      *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Buffalo, NY  
**Sutra 7**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**1**

**Wednesday, April 20, 2011**

Wrishchika Rasi: 8.28      Tithi 18 – 19  
272456158  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika**      10:02AM – 11:43AM      **Anuradha Until 8:04PM**  
**Yama**      6:38AM – 8:20AM      Vyatipata\* Until 9:30AM  
**Rahu**      11:43AM – 1:25PM      Bava Until 11:38PM  
Tritiya Until 12:34PM

**Ganesha:** Yellow      *Sunrise:* 4:56AM  
**Muruqa:** Yellow      *Sunset:* 6:31PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Buffalo, NY  
**Sutra 8**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**2**

**Thursday, April 21, 2011**

Wrishchika Rasi: 22.37      Tithi 19 – 20  
272456158  
Creative Work      Siddha Yoga  
Until 2.00PM then Prabalarishla Yoga  
Until 6:39PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**      8:19AM – 10:01AM      **Jyeshtha\* Until 6:39PM**  
**Yama**      4:54AM – 6:37AM      Variyan Until 6:37AM  
**Rahu**      1:25PM – 3:08PM      Kaulava Until 9:27PM  
Chaturthi\* Until 10:22AM

**Ganesha:** Yellow      *Sunrise:* 4:54AM  
**Muruqa:** Yellow      *Sunset:* 6:32PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Buffalo, NY  
**Sutra 9**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**3**

**Friday, April 22, 2011**

Dhanus Rasi: 6.19      Tithi 20 – 21  
282456158  
No Yoga  
Until 1.59PM then Siddha Yoga  
Until 6:58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**      6:35AM – 8:18AM      **Mula\* Until 6:58PM**  
**Yama**      3:08PM – 4:51PM      Shiva Until 3:15AM Sat  
**Rahu**      10:00AM – 11:43AM      Gara Until 9:20PM  
Panchami Until 9:20AM

**Ganesha:** Blue      *Sunrise:* 4:53AM  
**Muruqa:** Yellow      *Sunset:* 6:33PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Buffalo, NY  
**Sutra 10**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**4**

**Saturday, April 23, 2011**

Dhanus Rasi: 19.31      Tithi 21 – 22  
282466158  
Routine Work      Marana Yoga  
Until 1.59PM then Siddha Yoga  
Until 7:12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**      4:51AM – 6:34AM      **Purvashadha\* Until 7:12PM**  
**Yama**      1:26PM – 3:09PM      Siddha Until 1:47AM Sun  
**Rahu**      8:17AM – 10:00AM      Visti Until 8:51PM  
Shasthi\* Until 8:51AM

**Ganesha:** Blue      *Sunrise:* 4:51AM  
**Muruqa:** Red      *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Buffalo, NY  
**Sutra 11**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**



**Sunday, April 24, 2011**  
**Retreat Star**

Makara Rasi: 2.19      Tithi 22 – 23  
283466158  
Creative Work      Amrita Yoga  
Until 1.59PM then Marana Yoga  
Until 9:23PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**      3:09PM – 4:52PM      **Uttarashadha Until 9:23PM**  
**Yama**      11:43AM – 1:26PM      Sadhya Until 2:30AM Mon  
**Rahu**      4:52PM – 6:35PM      Balava Until 10:36PM  
Saptami Until 9:31AM

**Ganesha:** Red      *Sunrise:* 4:50AM  
**Muruqa:** Red      *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Buffalo, NY  
**Sutra 12**  
Khara 5113  
Moon 4 - Phase 1  
Ashtami

**Devaloka Day**

**Monday, April 25, 2011**  
**Retreat Star**

Makara Rasi: 14.46      Tithi 23 – 24  
293466159  
**Family Home Evening**  
Creative Work      Amrita Yoga  
Until 1.59PM then Siddha Yoga  
Until 11:09PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**      1:26PM – 3:09PM      **Sravana Until 11:09PM**  
**Yama**      9:59AM – 11:42AM      Subha Until 2:20AM Tue  
**Rahu**      6:32AM – 8:15AM      Taitila Until 11:45PM  
Ashtami\* Until 10:39AM

**Ganesha:** Green      *Sunrise:* 4:48AM  
**Muruqa:** Red      *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

Buffalo, NY  
**Sutra 13**  
Khara 5113  
Moon 4 - Phase 1  
Navami

**Devaloka Day**

<b>1</b>	<b>Tuesday, April 26, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Buffalo, NY
					<b>Sutra 14</b> Khara 5113
Makara Rasi: 26.57	Tithi 24 – 25	293466159	<b>Gulika</b> 11:42AM – 1:26PM <b>Yama</b> 8:15AM – 9:58AM <b>Rahu</b> 3:10PM – 4:54PM	<b>Dhanishtha Until 1:26AM Wed</b> Sukla Until 2:39AM Wed Vanija Until 1:28AM Wed <b>Navami* Until 12:22PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:47AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>
Routine Work	Marana Yoga				<b>Devaloka Day</b>
Until 1:59PM then Prabalarishta Yoga Until 1:26AM Wed then Siddha Yoga					


<b>2</b>	<b>Wednesday, April 27, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Brahma Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau		Buffalo, NY
					<b>Sutra 15</b> Khara 5113
Kumbha Rasi: 8.58	Tithi 25 – 26	293566159	<b>Gulika</b> 9:58AM – 11:42AM <b>Yama</b> 6:30AM – 8:14AM <b>Rahu</b> 11:42AM – 1:26PM	<b>Satabhisha Until 4:05AM Thu</b> Brahma Until 3:18AM Thu Bava Until 3:33AM Thu <b>Dasami Until 2:28PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:39PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>
Until 1:59PM then Marana Yoga Until 4:05AM Thu then Siddha Yoga					

<b>3</b>	<b>Thursday, April 28, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Buffalo, NY
					<b>Sutra 16</b> Khara 5113
Kumbha Rasi: 20.52	Tithi 26 – 27	213566159	<b>Gulika</b> 8:13AM – 9:57AM <b>Yama</b> 4:44AM – 6:29AM <b>Rahu</b> 1:26PM – 3:11PM	<b>Purvaprostapada* Until 7:12AM Fri</b> Indra Until 4:08AM Fri Kaulava Until 5:53AM Fri <b>Ekadasi* Until 4:47PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:40PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, April 29, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vaidhriti* Yoga Kaulava/Itaila Karana Dvadasi* Yam Titau		Buffalo, NY
					<b>Sutra 17</b> Khara 5113
Meena Rasi: 2.44	Tithi 27	213566159	<b>Gulika</b> 6:27AM – 8:12AM <b>Yama</b> 3:11PM – 4:56PM <b>Rahu</b> 9:57AM – 11:42AM	<b>Purvaprostapada* Until 7:12AM</b> Vaidhriti* Until 5:03AM Sat Kaulava Until 6:06AM <b>Dvadasi* Until 7:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:43AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:41PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>

<b>5</b>	<b>Saturday, April 30, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Buffalo, NY
					<b>Sutra 18</b> Khara 5113
Meena Rasi: 14.37	Tithi 28	213566159	<b>Gulika</b> 4:41AM – 6:26AM <b>Yama</b> 1:27PM – 3:12PM <b>Rahu</b> 8:12AM – 9:57AM	<b>Uttaraprostapada Until 10:07AM</b> Vishkambha* Until 6:10AM Sun Gara Until 8:30AM <b>Trayodasi* Until 9:36PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:41AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:42PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>
Until 10:07AM then Prabalarishta Yoga Until 1:58PM then Amrita Yoga					

<b>6</b>	<b>Sunday, May 1, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Buffalo, NY
					<b>Sutra 19</b> Khara 5113
Meena Rasi: 26.31	Tithi 29	213566159	<b>Gulika</b> 3:12PM – 4:58PM <b>Yama</b> 11:42AM – 1:27PM <b>Rahu</b> 4:58PM – 6:43PM	<b>Revati Until 12:58PM</b> Vishkambha* Until 6:10AM Visti Until 10:49AM <b>Chaturdasi* Until 11:54PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:40AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:43PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>
Creative Work	Amrita Yoga				<b>Sivaloka Day</b>
Until 12:58PM then Siddha Yoga					

	<b>Monday, May 2, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Buffalo, NY
					<b>Sutra 20</b> Khara 5113
Mesha Rasi: 8.31	Tithi 30	223566159	<b>Gulika</b> 1:27PM – 3:13PM <b>Yama</b> 9:56AM – 11:41AM <b>Rahu</b> 6:24AM – 8:10AM	<b>Asvini Until 3:39PM</b> Priti Until 6:51AM Catuspada Until 12:57PM <b>Amavasya* Until 2:03AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:39AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:44PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra-Chaitra</b>
<b>Family Home Evening</b>	Siddha Yoga				<b>Sivaloka Day</b>
Creative Work					

<b>Retreat Star</b>	<b>Tuesday, May 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Buffalo, NY
					<b>Sutra 21</b> Khara 5113
Mesha Rasi: 20.36	Tithi 1	223566159	<b>Gulika</b> 11:41AM – 1:27PM <b>Yama</b> 8:09AM – 9:55AM <b>Rahu</b> 3:13PM – 4:59PM	<b>Bharani Until 6:08PM</b> Ayushman Until 7:21AM Kintughna Until 2:53PM <b>Prathama* Until 3:58AM Wed</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:37AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:45PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>
Until 1:58PM then Marana Yoga Until 6:08PM then Amrita Yoga					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Wednesday, May 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Buffalo, NY
	Wrishabha Rasi: 2.49	Tithi 2	<b>Gulika</b> 9:55AM – 11:41AM <b>Yama</b> 6:22AM – 8:09AM <b>Rahu</b> 11:41AM – 1:28PM	<b>Krittika Until 8:22PM</b> Saubhagya Until 7:37AM Balava Until 4:31PM <b>Dvitiya Until 5:36AM Thu</b>	<b>Sutra 22</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work Amrita Yoga Until 1.58PM then Marana Yoga	223566159		<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:36AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:46PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>


<b>2</b>	<b>Thursday, May 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiya Yam Titau		Buffalo, NY
	Wrishabha Rasi: 15.11	Tithi 3	<b>Gulika</b> 8:08AM – 9:55AM <b>Yama</b> 4:35AM – 6:21AM <b>Rahu</b> 1:28PM – 3:14PM	<b>Rohini Until 9:02PM</b> Sobhana Until 7:30AM Taitila Until 4:50PM <b>Tritiya Until 4:50AM Fri</b>	<b>Sutra 23</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
	Routine Work Marana Yoga Until 9:02PM then Siddha Yoga	233566159		<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:35AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Friday, May 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Buffalo, NY
	Wrishabha Rasi: 27.44	Tithi 4	<b>Gulika</b> 6:20AM – 8:07AM <b>Yama</b> 3:15PM – 5:02PM <b>Rahu</b> 9:54AM – 11:41AM	<b>Mrigasira Until 10:29PM</b> Athiganda* Until 7:11AM Vanija Until 5:41PM <b>Chaturthi* Until 6:06AM Sat</b>	<b>Sutra 24</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work Siddha Yoga	233566159		<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:33AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:49PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Saturday, May 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Buffalo, NY
	Mithuna Rasi: 10.29	Tithi 4 – 5	<b>Gulika</b> 4:32AM – 6:19AM <b>Yama</b> 1:28PM – 3:15PM <b>Rahu</b> 8:07AM – 9:54AM	<b>Ardra Until 11:34PM</b> Sukarma Until 6:31AM Bava Until 6:06PM <b>Chaturthi* Until 6:06AM</b>	<b>Sutra 25</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work Siddha Yoga	233566159		<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:32AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:50PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

<b>5</b>	<b>Sunday, May 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Shula* Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau		Buffalo, NY
	Mithuna Rasi: 23.29	Tithi 5 – 6	<b>Gulika</b> 3:16PM – 5:03PM <b>Yama</b> 11:41AM – 1:28PM <b>Rahu</b> 5:03PM – 6:51PM	<b>Punarvasu Until 12:11AM Mon</b> Shula* Until 4:18AM Mon Taitila Until 6:03PM <b>Panchami Until 6:03AM</b>	<b>Sutra 26</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work Siddha Yoga Until 1.57PM then Amrita Yoga Until 12:11AM Mon then Siddha Yoga	244566159	<b>Mother's Day</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:31AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>6</b>	<b>Monday, May 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Gara/Vanija Karana Saptami Yam Titau		Buffalo, NY
	Kataka Rasi: 6.45	Tithi 7	<b>Gulika</b> 1:29PM – 3:16PM <b>Yama</b> 9:53AM – 11:41AM <b>Rahu</b> 6:18AM – 8:05AM	<b>Pushya Until 11:00PM</b> Ganda* Until 1:22AM Tue Gara Until 4:34PM <b>Saptami Until 3:39AM Tue</b>	<b>Sutra 27</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
	<b>Family Home Evening</b> Creative Work Siddha Yoga	244566159		<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:30AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

	<b>Tuesday, May 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtami* Yam Titau		Buffalo, NY	
	<b>Retreat Star</b>	Kataka Rasi: 20.2	Tithi 8	<b>Gulika</b> 11:41AM – 1:29PM <b>Yama</b> 8:05AM – 9:53AM <b>Rahu</b> 3:17PM – 5:05PM	<b>Aslesha* Until 10:35PM</b> Vriddhi Until 11:26PM Visti Until 3:26PM <b>Ashtami* Until 2:31AM Wed</b>	<b>Sutra 28</b> Khara 5113 Moon 4 - Phase 3 Ashtami
	Creative Work Siddha Yoga	244566159		<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:29AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:53PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>	

	<b>Wednesday, May 11, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navami* Yam Titau		Buffalo, NY	
	<b>Retreat Star</b>	Simha Rasi: 4.14	Tithi 9	<b>Gulika</b> 9:52AM – 11:41AM <b>Yama</b> 6:16AM – 8:04AM <b>Rahu</b> 11:41AM – 1:29PM	<b>Magha* Until 9:36PM</b> Dhruva Until 8:58PM Balava Until 1:43PM <b>Navami* Until 12:47AM Thu</b>	<b>Sutra 29</b> Khara 5113 Moon 4 - Phase 3 Navami
	Creative Work Siddha Yoga Until 1.57PM then Amrita Yoga Until 9:36PM then no yoga	254566159		<b>Ganesha:</b> White <i>Sunrise:</i> 4:28AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:54PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>	


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

<b>1</b>	<b>Thursday, May 12, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata/Harshana Yoga Taitila/Gara Karana Dasami Yam Titau				Buffalo, NY
	Simha Rasi: 18.28      Tithi 10	<b>Gulika</b> 8:04AM – 9:52AM	<b>Purvaphalguni*</b> Until 7:08PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:26AM	<b>Sutra 30</b>	Khara 5113
	254566159	<b>Yama</b> 4:26AM – 6:15AM	<b>Vyaghata*</b> Until 6:00PM	<b>Muruqa:</b> Red <i>Sunset:</i> 6:55PM		Moon 4 - Phase 4
	No Yoga	<b>Rahu</b> 1:29PM – 3:18PM	Taitila Until 11:00AM	<b>Nataraja:</b> Purple		4th Phase
	Until 1:57PM then Siddha Yoga		<b>Dasami</b> Until 9:17PM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>	

<b>2</b>	<b>Friday, May 13, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Buffalo, NY
	Kanya Rasi: 2.58      Tithi 11	<b>Gulika</b> 6:14AM – 8:03AM	<b>Uttaraphalguni</b> Until 5:15PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:25AM	<b>Sutra 31</b>	Khara 5113
	254566159	<b>Yama</b> 3:18PM – 5:07PM	Harshana Until 2:02PM	<b>Muruqa:</b> Red <i>Sunset:</i> 6:56PM		Moon 4 - Phase 4
	Creative Work      Siddha Yoga	<b>Rahu</b> 9:52AM – 11:41AM	Vanija Until 8:21AM	<b>Nataraja:</b> Purple		4th Phase
	Until 1:57PM then Marana Yoga		<b>Ekadasi</b> Until 6:38PM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>	

<b>3</b>	<b>Saturday, May 14, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Buffalo, NY
	Kanya Rasi: 17.43      Tithi 12 – 13	<b>Gulika</b> 4:24AM – 6:13AM	<b>Hasta</b> Until 3:00PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:24AM	<b>Sutra 32</b>	Khara 5113
	264566159	<b>Yama</b> 1:30PM – 3:19PM	Vajra* Until 10:29AM	<b>Muruqa:</b> Red <i>Sunset:</i> 6:57PM		Moon 4 - Phase 4
	Routine Work      Marana Yoga	<b>Rahu</b> 8:03AM – 9:52AM	Kaulava Until 1:53AM Sun	<b>Nataraja:</b> Purple		4th Phase
	Until 1:57PM then Amrita Yoga		<b>Dvadasi</b> Until 3:36PM	<b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b>	
	Until 3:00PM then Siddha Yoga		<i>Pradosha Vrata</i>			

<b>4</b>	<b>Sunday, May 15, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatalpala* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Buffalo, NY
	Tula Rasi: 2.34      Tithi 13 – 14	<b>Gulika</b> 3:19PM – 5:09PM	<b>Chitra</b> Until 12:34PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:23AM	<b>Sutra 33</b>	Khara 5113
	264566159	<b>Yama</b> 11:41AM – 1:30PM	Siddhi Until 6:45AM	<b>Muruqa:</b> Red <i>Sunset:</i> 6:58PM		Moon 4 - Phase 4
	Creative Work      Siddha Yoga	<b>Rahu</b> 5:09PM – 6:58PM	Gara Until 10:39PM	<b>Nataraja:</b> Purple		4th Phase
	Until 1:57PM then Amrita Yoga		<b>Trayodasi</b> Until 12:22PM	<b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b>	

	<b>Monday, May 16, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Buffalo, NY
	<b>Copper Retreat Star</b>	<b>Gulika</b> 1:30PM – 3:20PM	<b>Svati</b> Until 10:09AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:22AM	<b>Sutra 34</b>	Khara 5113
	Tula Rasi: 17.25      Tithi 14 – 15	<b>Yama</b> 9:51AM – 11:41AM	Variyan Until 11:02PM	<b>Muruqa:</b> Red <i>Sunset:</i> 6:59PM		Moon 4 - Phase 4
	<b>Family Home Evening</b>	<b>Rahu</b> 6:12AM – 8:02AM	Visti Until 7:25PM	<b>Nataraja:</b> Purple		Purnima
	Creative Work      Amrita Yoga		<b>Chaturdasi*</b> Until 9:08AM	<b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b>	
	Until 10:09AM then Marana Yoga					

<b>○</b>	<b>Tuesday, May 17, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Parigha* Yoga Bava/Kaulava Karana Purnima*/Prathama* Yam Titau				Buffalo, NY
	<b>Silver Retreat Star</b>	<b>Gulika</b> 11:41AM – 1:31PM	<b>Visakha</b> Until 8:06AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:21AM	<b>Sutra 35</b>	Khara 5113
	Vrischika Rasi: 2.07      Tithi 15 – 16	<b>Yama</b> 8:01AM – 9:51AM	Parigha* Until 8:26PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:00PM		Moon 4 - Phase 4
	<b>Family Home Evening</b>	<b>Rahu</b> 3:20PM – 5:10PM	Kaulava Until 4:19AM Wed	<b>Nataraja:</b> Purple		Prathama
	Creative Work      Amrita Yoga		<b>Purnima*</b> Until 6:10AM	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>	
	Until 8:06AM then Siddha Yoga					



**Wednesday, May 18, 2011**  
**Gold Retreat Star**

Vrischika Rasi: 16.34    Titli 17  
274566159  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiya Yam Titau  
**Gulika** 9:51AM – 11:41AM    **Anuradha Until 6:11AM**  
**Yama** 6:10AM – 8:01AM    **Shiva Until 5:07PM**  
**Rahu** 11:41AM – 1:31PM    **Taitila Until 2:30PM**  
**Dvitiya Until 1:35AM Thu**

Buffalo, NY  
**Sutra 36**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Devaloka Day**  
Ganesha: Blue    *Sunrise: 4:20AM*  
Muruqa: Red    *Sunset: 7:01PM*  
Nataraja: Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

**1**

**Thursday, May 19, 2011**

Dhanus Rasi: 0.39    Titli 18  
284566159  
Creative Work    Siddha Yoga  
Until 1:57PM then no yoga  
Until 3:44AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika** 8:00AM – 9:50AM    **Mula\* Until 3:44AM Fri**  
**Yama** 4:19AM – 6:10AM    **Siddha Until 2:21PM**  
**Rahu** 1:31PM – 3:21PM    **Vanija Until 12:25PM**  
**Tritiya Until 11:29PM**

Buffalo, NY  
**Sun 1**  
**Sutra 37**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Sivaloka Day**  
Ganesha: Red    *Sunrise: 4:19AM*  
Muruqa: Red    *Sunset: 7:02PM*  
Nataraja: Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**2**

**Friday, May 20, 2011**

Dhanus Rasi: 14.2    Titli 19  
284566159  
Creative Work    Siddha Yoga  
Until 1:57PM then Marana Yoga  
Until 4:46AM Sat then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika** 6:09AM – 8:00AM    **Purvashadha\* Until 4:46AM Sat**  
**Yama** 3:22PM – 5:13PM    **Sadhya Until 12:42PM**  
**Rahu** 9:50AM – 11:41AM    **Bava Until 11:31AM**  
**Chaturthi\* Until 11:31PM**

Buffalo, NY  
**Sun 2**  
**Sutra 38**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Sivaloka Day**  
Ganesha: Red    *Sunrise: 4:19AM*  
Muruqa: Red    *Sunset: 7:03PM*  
Nataraja: Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**3**

**Saturday, May 21, 2011**

Dhanus Rasi: 27.35    Titli 20  
285566159  
No Yoga  
Until 1:57PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika** 4:18AM – 6:09AM    **Uttarashadha Until 4:54AM Sun**  
**Yama** 1:32PM – 3:22PM    **Subha Until 11:11AM**  
**Rahu** 7:59AM – 9:50AM    **Kaulava Until 10:55AM**  
**Panchami Until 10:55PM**

Buffalo, NY  
**Sun 3**  
**Sutra 39**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 4:18AM*  
Muruqa: Red    *Sunset: 7:04PM*  
Nataraja: Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**4**

**Sunday, May 22, 2011**

Makara Rasi: 10.28    Titli 21  
295666159  
Creative Work    Amrita Yoga  
Until 6:43AM Mon then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 3:23PM – 5:14PM    **Sravana Until 6:43AM Mon**  
**Yama** 11:41AM – 1:32PM    **Sukla Until 10:40AM**  
**Rahu** 5:14PM – 7:05PM    **Gara Until 11:07AM**  
**Shasthi\* Until 11:07PM**

Buffalo, NY  
**Sun 4**  
**Sutra 40**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Devaloka Day**  
Ganesha: Green    *Sunrise: 4:17AM*  
Muruqa: Red    *Sunset: 7:05PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**5**

**Monday, May 23, 2011**

Makara Rasi: 22.59    Titli 22  
295666159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 6:43AM then Siddha Yoga  
Until 1:57PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika** 1:32PM – 3:24PM    **Sravana Until 6:43AM**  
**Yama** 9:50AM – 11:41AM    **Brahma Until 10:24AM**  
**Rahu** 6:07AM – 7:59AM    **Visti\* Until 12:32PM**  
**Saptami Until 1:38AM Tue**

Buffalo, NY  
**Sun 5**  
**Sutra 41**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Devaloka Day**  
Ganesha: Green    *Sunrise: 4:16AM*  
Muruqa: Red    *Sunset: 7:06PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**



**Tuesday, May 24, 2011**  
**Retreat Star**

Kumbha Rasi: 5.14    Titli 23  
295666159  
Routine Work    Marana Yoga  
Until 1:58PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 11:41AM – 1:33PM    **Dhanishtha Until 8:52AM**  
**Yama** 7:58AM – 9:50AM    **Indra Until 10:37AM**  
**Rahu** 3:24PM – 5:15PM    **Balava Until 2:05PM**  
**Ashtami\* Until 3:11AM Wed**

Buffalo, NY  
**Sun 6**  
**Sutra 42**  
Khara 5113  
Moon 5 - Phase 5  
Ashtami  
**Devaloka Day**  
Ganesha: Green    *Sunrise: 4:15AM*  
Muruqa: Red    *Sunset: 7:07PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Wednesday, May 25, 2011**  
**Retreat Star**

Kumbha Rasi: 17.17    Titli 24  
295666159  
Creative Work    Siddha Yoga  
Until 11:25AM then Amrita Yoga  
Until 1:58PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika** 9:50AM – 11:41AM    **Satabhisha Until 11:25AM**  
**Yama** 6:06AM – 7:58AM    **Vaidhriti\* Until 11:12AM**  
**Rahu** 11:41AM – 1:33PM    **Taitila Until 4:03PM**  
**Navami\* Until 5:09AM Thu**

Buffalo, NY  
**Sun 7**  
**Sutra 43**  
Khara 5113  
Moon 5 - Phase 5  
Navami  
**Devaloka Day**  
Ganesha: Green    *Sunrise: 4:15AM*  
Muruqa: Red    *Sunset: 7:08PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

<b>1</b>	<b>Thursday, May 26, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vishkambha*/Priti Yoga Vanija Karana Dasami Yam Titau				Buffalo, NY
	Kumbha Rasi: 29.14    Tithi 25	<b>Gulika</b> 7:58AM – 9:49AM	<b>Purvaprostapada*</b> Until 2:13PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:14AM	<b>Sun 8</b> <b>Sutra 44</b> Khara 5113
	315666159	<b>Yama</b> 4:14AM – 6:06AM	Vishkambha* Until 12:00PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:09PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 1:33PM – 3:25PM	Vanija Until 6:17PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dasami</b> Until 7:32AM Fri	<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>


<b>2</b>	<b>Friday, May 27, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Pritii/Ayushman Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Buffalo, NY
	Meena Rasi: 11.07    Tithi 26 – 26	<b>Gulika</b> 6:05AM – 7:57AM	<b>Uttaraprostapada</b> Until 5:06PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:13AM	<b>Sun 9</b> <b>Sutra 45</b> Khara 5113
	315666159	<b>Yama</b> 3:26PM – 5:18PM	Priti Until 12:53PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:10PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 9:49AM – 11:41AM	Bava Until 8:37PM	<b>Nataraja:</b> Purple		2nd Phase
Until 5:06PM then Prabalarishta Yoga			<b>Dasami</b> Until 7:32AM	<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, May 28, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Buffalo, NY
	Meena Rasi: 23.01    Tithi 26 – 27	<b>Gulika</b> 4:13AM – 6:05AM	<b>Revati</b> Until 7:58PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:13AM	<b>Sun 10</b> <b>Sutra 46</b> Khara 5113
	315666159	<b>Yama</b> 1:34PM – 3:26PM	Ayushman Until 1:46PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:10PM	Moon 5 - Phase 6
Routine Work    Prabalarishta Yoga		<b>Rahu</b> 7:57AM – 9:49AM	Kaulava Until 10:56PM	<b>Nataraja:</b> Purple		2nd Phase
Until 1:58PM then Amrita Yoga			<b>Ekadasi*</b> Until 9:50AM	<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>
Until 7:58PM then Siddha Yoga						

<b>4</b>	<b>Sunday, May 29, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Buffalo, NY
	Mesha Rasi: 4.59    Tithi 27 – 28	<b>Gulika</b> 3:26PM – 5:19PM	<b>Asvini</b> Until 10:42PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:12AM	<b>Sun 11</b> <b>Sutra 47</b> Khara 5113
	325666159	<b>Yama</b> 11:42AM – 1:34PM	Saubhagya Until 2:31PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:11PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 5:19PM – 7:11PM	Gara Until 1:06AM Mon	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dvadasi*</b> Until 12:01PM	<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Monday, May 30, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Buffalo, NY
	Mesha Rasi: 17.04    Tithi 28 – 29	<b>Gulika</b> 1:34PM – 3:27PM	<b>Bharani</b> Until 1:13AM Tue	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:11AM	<b>Sun 12</b> <b>Sutra 48</b> Khara 5113
<b>Family Home Evening</b>	325666159	<b>Yama</b> 9:49AM – 11:42AM	Sobhana Until 3:04PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:12PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 6:04AM – 7:57AM	Visti Until 3:02AM Tue	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodasi*</b> Until 1:56PM	<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>

<b>6</b>	<b>Tuesday, May 31, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Buffalo, NY
	Mesha Rasi: 29.17    Tithi 29 – 30	<b>Gulika</b> 11:42AM – 1:35PM	<b>Krittika</b> Until 3:25AM Wed	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:11AM	<b>Sun 13</b> <b>Sutra 49</b> Khara 5113
	326666159	<b>Yama</b> 7:56AM – 9:49AM	Athiganda* Until 3:20PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:13PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 3:27PM – 5:20PM	Catuspada Until 4:37AM Wed	<b>Nataraja:</b> Purple		2nd Phase
Until 1:58PM then Amrita Yoga			<b>Chaturdasi*</b> Until 3:31PM	<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>
Until 3:25AM Wed then Siddha Yoga						

	<b>Wednesday, June 1, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Buffalo, NY
	<b>Retreat Star</b>	<b>Gulika</b> 9:49AM – 11:42AM	<b>Rohini</b> Until 3:26AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:10AM	<b>Sun 14</b> <b>Sutra 50</b> Khara 5113
Vrishabha Rasi: 11.43    Tithi 30 – 1	336666159	<b>Yama</b> 6:03AM – 7:56AM	Sukarma Until 2:34PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:14PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 11:42AM – 1:35PM	Kintughna Until 3:47AM Thu	<b>Nataraja:</b> Purple		Amavasya
Until 1:58PM then Marana Yoga			<b>Amavasya*</b> Until 3:47PM	<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>

<b>Retreat Star</b>	<b>Thursday, June 2, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Buffalo, NY
	Vrishabha Rasi: 24.22    Tithi 1 – 2	<b>Gulika</b> 7:56AM – 9:49AM	<b>Mrigasira</b> Until 4:42AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:10AM	<b>Sun 15</b> <b>Sutra 51</b> Khara 5113
	336666159	<b>Yama</b> 4:10AM – 6:03AM	Dhriti Until 2:06PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:14PM	Moon 5 - Phase 6
Routine Work    Marana Yoga		<b>Rahu</b> 1:35PM – 3:28PM	Balava Until 4:25AM Fri	<b>Nataraja:</b> Purple		Prathama
Until 1:59PM then Siddha Yoga			<b>Prathama*</b> Until 4:25PM	<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

<b>1</b>	<b>Friday, June 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Buffalo, NY
	Mithuna Rasi: 7.15	Tithi 2 – 3	346666159	<b>Sun 16</b>	<b>Sutra 52</b> Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 6:03AM – 7:56AM	<b>Ardra Until 5:33AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:10AM
	Until 5:33AM Sat then Marana Yoga		<b>Yama</b> 3:29PM – 5:22PM	<b>Shula* Until 1:14PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:15PM
			<b>Rahu</b> 9:49AM – 11:42AM	<b>Taitila Until 4:34AM Sat</b>	<b>Nataraja:</b> Purple
				<b>Dvitiya Until 4:34PM</b>	<b>Moon – Yellow</b>
					<b>Devaloka Day</b>
					<b>Jyeshtha-Vaikasi</b>

<b>2</b>	<b>Saturday, June 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Buffalo, NY
	Mithuna Rasi: 20.22	Tithi 3 – 4	346666159	<b>Sun 17</b>	<b>Sutra 53</b> Khara 5113
	Routine Work Marana Yoga		<b>Gulika</b> 4:09AM – 6:02AM	<b>Punarvasu Until 5:57AM Sun</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:09AM
	Until 1.59PM then Siddha Yoga		<b>Yama</b> 1:36PM – 3:29PM	<b>Ganda* Until 11:58AM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:16PM
			<b>Rahu</b> 7:56AM – 9:49AM	<b>Vanija Until 4:15AM Sun</b>	<b>Nataraja:</b> Purple
				<b>Tritiya Until 4:15PM</b>	<b>Moon – Blue</b>
					<b>Devaloka Day</b>
					<b>Jyeshtha-Vaikasi</b>

<b>3</b>	<b>Sunday, June 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Buffalo, NY
	Kataka Rasi: 3.43	Tithi 4 – 5	346666151	<b>Sun 18</b>	<b>Sutra 54</b> Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 3:30PM – 5:23PM	<b>Pushya Until 4:13AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:09AM
			<b>Yama</b> 11:43AM – 1:36PM	<b>Vridhi Until 10:01AM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:17PM
			<b>Rahu</b> 5:23PM – 7:17PM	<b>Bava Until 1:49AM Mon</b>	<b>Nataraja:</b> Purple
				<b>Chaturthi* Until 2:45PM</b>	<b>Moon – Blue</b>
					<b>Devaloka Day</b>
					<b>Jyeshtha-Vaikasi</b>

<b>4</b>	<b>Monday, June 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Buffalo, NY
	Kataka Rasi: 17.16	Tithi 5 – 6	346666151	<b>Sun 19</b>	<b>Sutra 55</b> Khara 5113
	Family Home Evening		<b>Gulika</b> 1:36PM – 3:30PM	<b>Aslesha* Until 3:49AM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:08AM
	Creative Work Siddha Yoga		<b>Yama</b> 9:49AM – 11:43AM	<b>Dhruva Until 8:07AM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:17PM
			<b>Rahu</b> 6:02AM – 7:56AM	<b>Kaulava Until 12:42AM Tue</b>	<b>Nataraja:</b> Purple
				<b>Panchami Until 1:37PM</b>	<b>Moon – Blue</b>
					<b>Devaloka Day</b>
					<b>Jyeshtha-Vaikasi</b>

<b>5</b>	<b>Tuesday, June 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Buffalo, NY
	Simha Rasi: 1.02	Tithi 6 – 7	357666151	<b>Sun 20</b>	<b>Sutra 56</b> Khara 5113
	Creative Work Siddha Yoga		<b>Gulika</b> 11:43AM – 1:37PM	<b>Magha* Until 3:04AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:08AM
	Until 3:04AM Wed then Amrita Yoga		<b>Yama</b> 7:56AM – 9:49AM	<b>Harshana Until 3:13AM Wed</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:18PM
			<b>Rahu</b> 3:30PM – 5:24PM	<b>Gara Until 11:12PM</b>	<b>Nataraja:</b> Purple
				<b>Shasthi* Until 12:07PM</b>	<b>Moon – Red</b>
					<b>Sivaloka Day</b>
					<b>Jyeshtha-Vaikasi</b>

<b>D</b>	<b>Wednesday, June 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Buffalo, NY
	Simha Rasi: 15	Tithi 7 – 8	357666151	<b>Sun 21</b>	<b>Sutra 57</b> Khara 5113
	Retreat Star		<b>Gulika</b> 9:49AM – 11:43AM	<b>Purvaphalguni* Until 2:00AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:08AM
	Creative Work Amrita Yoga		<b>Yama</b> 6:02AM – 7:56AM	<b>Vajra* Until 12:41AM Thu</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:19PM
	Until 2:00PM then no yoga		<b>Rahu</b> 11:43AM – 1:37PM	<b>Visti Until 9:21PM</b>	<b>Nataraja:</b> Purple
	Until 2:00AM Thu then Prabalarishta Yoga			<b>Saptami Until 10:16AM</b>	<b>Moon – Red</b>
					<b>Sivaloka Day</b>
					<b>Jyeshtha-Vaikasi</b>

<b>D</b>	<b>Thursday, June 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Buffalo, NY
	Simha Rasi: 29.08	Tithi 8 – 9	357666151	<b>Sun 22</b>	<b>Sutra 58</b> Khara 5113
	Retreat Star		<b>Gulika</b> 7:56AM – 9:49AM	<b>Uttaraphalguni Until 12:38AM Fri</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:08AM
	Creative Work Prabalarishta Yoga		<b>Yama</b> 4:08AM – 6:02AM	<b>Siddhi Until 9:53PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:19PM
	Until 2:00PM then Siddha Yoga		<b>Rahu</b> 1:37PM – 3:31PM	<b>Balava Until 7:11PM</b>	<b>Nataraja:</b> Purple
	Until 12:38AM Fri then Amrita Yoga			<b>Ashtami* Until 8:06AM</b>	<b>Moon – Red</b>
					<b>Sivaloka Day</b>
					<b>Jyeshtha-Vaikasi</b>

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UpR, 570

<b>1</b>	<b>Friday, June 10, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Tailita/Gara Karana Dasami Yam Titau				Buffalo, NY
						Sun 23 Sutra 59 Khara 5113
Kanya Rasi: 13.25	Tithi 10		<b>Gulika</b> 6:02AM – 7:56AM	<b>Hasta</b> Until 11:00PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:08AM	
		367666151	<b>Yama</b> 3:32PM – 5:26PM	<b>Vyatipata*</b> Until 6:50PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:20PM	Moon 5 - Phase 8
Creative Work Amrita Yoga			<b>Rahu</b> 9:50AM – 11:44AM	Taitila Until 4:44PM	<b>Nataraja:</b> Purple	4th Phase
Until 2.00PM then Marana Yoga				<b>Dasami</b> Until 3:49AM Sat	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Saturday, June 11, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Buffalo, NY
						Sun 24 Sutra 60 Khara 5113
Kanya Rasi: 27.48	Tithi 11		<b>Gulika</b> 4:07AM – 6:01AM	<b>Chitra</b> Until 9:12PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:07AM	
		367666151	<b>Yama</b> 1:38PM – 3:32PM	<b>Variyan</b> Until 3:37PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:20PM	Moon 5 - Phase 8
Routine Work Marana Yoga			<b>Rahu</b> 7:56AM – 9:50AM	<b>Vanija</b> Until 2:06PM	<b>Nataraja:</b> Purple	4th Phase
Until 2.00PM then Siddha Yoga				<b>Ekadasi</b> Until 1:10AM Sun	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, June 12, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadasi Yam Titau				Buffalo, NY
						Sun 25 Sutra 61 Khara 5113
Tula Rasi: 12.14	Tithi 12		<b>Gulika</b> 3:32PM – 5:27PM	<b>Svati</b> Until 7:19PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:07AM	
		367666151	<b>Yama</b> 11:44AM – 1:38PM	<b>Parigha*</b> Until 12:20PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:21PM	Moon 5 - Phase 8
Creative Work Siddha Yoga			<b>Rahu</b> 5:27PM – 7:21PM	<b>Bava</b> Until 11:22AM	<b>Nataraja:</b> Purple	4th Phase
Until 2.00PM then Amrita Yoga				<b>Dvadasi</b> Until 10:27PM	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Until 7:19PM then Marana Yoga						

<b>4</b>	<b>Monday, June 13, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Shiva/Siddha Yoga Kaulava/Tailita Karana Trayodasi Yam Titau				Buffalo, NY
						Sun 26 Sutra 62 Khara 5113
Tula Rasi: 26.38	Tithi 13		<b>Gulika</b> 1:38PM – 3:33PM	<b>Visakha</b> Until 5:28PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:07AM	
<b>Family Home Evening</b>		378666151	<b>Yama</b> 9:50AM – 11:44AM	<b>Shiva</b> Until 9:05AM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:21PM	Moon 5 - Phase 8
Routine Work Marana Yoga			<b>Rahu</b> 6:01AM – 7:56AM	<b>Kaulava</b> Until 8:41AM	<b>Nataraja:</b> Purple	4th Phase
Until 5:28PM then Siddha Yoga				<b>Trayodasi</b> Until 7:46PM	<b>Jyeshtha-Vaikasi</b>	<b>Subha Sivaloka Day</b>
			<b>Vaikasi Visakam</b>	<i>Pradosha Vrata</i>		

<b>5</b>	<b>Tuesday, June 14, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Buffalo, NY
						Sun 27 Sutra 63 Khara 5113
Vrischika Rasi: 10.56	Tithi 14 – 15		<b>Gulika</b> 11:44AM – 1:39PM	<b>Anuradha</b> Until 3:49PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:07AM	
		378666151	<b>Yama</b> 7:56AM – 9:50AM	<b>Siddha</b> Until 6:01AM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:22PM	Moon 5 - Phase 8
Creative Work Siddha Yoga			<b>Rahu</b> 3:33PM – 5:27PM	<b>Gara</b> Until 6:13AM	<b>Nataraja:</b> Purple	4th Phase
				<b>Chaturdasi*</b> Until 5:17PM	<b>Jyeshtha-Vaikasi</b>	<b>Subha Sivaloka Day</b>

<b>○</b>	<b>Wednesday, June 15, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Buffalo, NY
	<b>Copper Retreat Star</b>					Sutra 64 Khara 5113
Vrischika Rasi: 25.02	Tithi 15 – 16		<b>Gulika</b> 9:50AM – 11:45AM	<b>Jyeshtha*</b> Until 2:30PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:07AM	
		378666151	<b>Yama</b> 6:01AM – 7:56AM	<b>Subha</b> Until 12:36AM Thu	<b>Muruqa:</b> Red <i>Sunset:</i> 7:22PM	Moon 5 - Phase 8
Creative Work Siddha Yoga			<b>Rahu</b> 11:45AM – 1:39PM	<b>Balava</b> Until 2:15AM Thu	<b>Nataraja:</b> Purple	Purnima
				<b>Purnima*</b> Until 3:10PM	<b>Jyeshtha-Ani</b>	<b>Subha Sivaloka Day</b>

<b>○</b>	<b>Thursday, June 16, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Tailita Karana Prathama*/Dvitiya Yam Titau				Buffalo, NY
	<b>Silver Retreat Star</b>					Sutra 65 Khara 5113
Dhanus Rasi: 8.52	Tithi 16 – 17		<b>Gulika</b> 7:56AM – 9:50AM	<b>Mula*</b> Until 1:39PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:07AM	
		388766151	<b>Yama</b> 4:07AM – 6:02AM	<b>Sukla</b> Until 11:26PM	<b>Muruqa:</b> Red <i>Sunset:</i> 7:22PM	Moon 5 - Phase 8
Creative Work Siddha Yoga			<b>Rahu</b> 1:39PM – 3:34PM	<b>Taitila</b> Until 12:38AM Fri	<b>Nataraja:</b> Purple	Prathama
				<b>Prathama*</b> Until 1:33PM	<b>Jyeshtha-Ani</b>	<b>Devaloka Day</b>





**Friday, June 17, 2011**  
**Gold Retreat Star**

Dhanu Rasi: 22.23    Tithi 17 – 18  
388766151  
Creative Work    Siddha Yoga  
Until 2.02PM then no yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    6:02AM – 7:56AM  
**Yama**        3:34PM – 5:28PM  
**Rahu**        9:51AM – 11:45AM

**Purvashadha\* Until 1:55PM**  
**Brahma Until 9:29PM**  
**Vanija Until 1:04AM Sat**  
**Dvitiya Until 1:04PM**

**Ganesha:** Blue  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Buffalo, NY  
**Sun 1**    **Sutra 66**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Devaloka Day**



**Saturday, June 18, 2011**

Makara Rasi: 5.33    Tithi 18 – 19  
388766151  
No Yoga  
Until 2.02PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Indra Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika**    4:07AM – 6:02AM  
**Yama**        1:40PM – 3:34PM  
**Rahu**        7:56AM – 9:51AM

**Uttarashadha Until 2:13PM**  
**Indra Until 8:08PM**  
**Bava Until 12:38AM Sun**  
**Tritiya Until 12:38PM**

**Ganesha:** Blue  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Buffalo, NY  
**Sun 2**    **Sutra 67**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Devaloka Day**



**Sunday, June 19, 2011**

Makara Rasi: 18.23    Tithi 19 – 20  
398766151  
Creative Work    Amrita Yoga  
Until 3:08PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Chalurthi\*/Panchami Yam Titau

**Gulika**    3:34PM – 5:29PM  
**Yama**        11:45AM – 1:40PM  
**Rahu**        5:29PM – 7:23PM

**Sravana Until 3:08PM**  
**Vaidhriti\* Until 8:22PM**  
**Kaulava Until 12:53AM Mon**  
**Chaturthi\* Until 12:53PM**

**Ganesha:** Red  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Buffalo, NY  
**Sun 3**    **Sutra 68**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Sivaloka Day**

Father's Day



**Monday, June 20, 2011**

Kumbha Rasi: 0.55    Tithi 20 – 21  
399766151  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 2.02PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Vishkambha\* Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    1:40PM – 3:35PM  
**Yama**        9:51AM – 11:46AM  
**Rahu**        6:02AM – 7:57AM

**Dhanishtha Until 5:29PM**  
**Vishkambha\* Until 8:05PM**  
**Gara Until 3:31AM Tue**  
**Panchami Until 2:25PM**

**Ganesha:** Blue  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Buffalo, NY  
**Sun 4**    **Sutra 69**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**



**Tuesday, June 21, 2011**

Kumbha Rasi: 13.12    Tithi 21 – 22  
399766151  
Routine Work    Marana Yoga  
Until 2.02PM then Siddha Yoga  
Until 7:36PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Priti Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    11:46AM – 1:40PM  
**Yama**        7:57AM – 9:51AM  
**Rahu**        3:35PM – 5:29PM

**Satabhisha Until 7:36PM**  
**Priti Until 8:16PM**  
**Visti Until 4:59AM Wed**  
**Shasthi\* Until 3:53PM**

**Ganesha:** Blue  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Buffalo, NY  
**Sun 5**    **Sutra 70**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**



**Wednesday, June 22, 2011**

Kumbha Rasi: 25.17    Tithi 22 – 23  
319766151  
Creative Work    Amrita Yoga  
Until 2.03PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    9:52AM – 11:46AM  
**Yama**        6:03AM – 7:57AM  
**Rahu**        11:46AM – 1:41PM

**Purvaprostapada\* Until 10:05PM**  
**Ayushman Until 8:48PM**  
**Balava Until 6:52AM Thu**  
**Saptami Until 5:46PM**

**Ganesha:** Purple  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Buffalo, NY  
**Sun 6**    **Sutra 71**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**



**Thursday, June 23, 2011**  
**Retreat Star**

Meena Rasi: 7.16    Tithi 23  
319766151  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika**    7:57AM – 9:52AM  
**Yama**        4:08AM – 6:03AM  
**Rahu**        1:41PM – 3:35PM

**Uttaraprostapada Until 12:49AM Fri**  
**Saubhagya Until 9:34PM**  
**Balava Until 6:50AM**  
**Ashtami\* Until 7:56PM**

**Ganesha:** Purple  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Buffalo, NY  
**Sun 7**    **Sutra 72**  
Khara 5113  
Moon 6 - Phase 9  
Ashtami  
**Subha Sivaloka Day**

**Friday, June 24, 2011**  
**Retreat Star**

Meena Rasi: 19.1    Tithi 24  
319766151  
Creative Work    Siddha Yoga  
Until 2.03PM then Prabalarishta Yoga  
Until 3:40AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sobhana Yoga Tailila/Gara Karana Navami\* Yam Titau

**Gulika**    6:03AM – 7:58AM  
**Yama**        3:35PM – 5:30PM  
**Rahu**        9:52AM – 11:46AM

**Revati Until 3:40AM Sat**  
**Sobhana Until 10:26PM**  
**Tailila Until 9:07AM**  
**Navami\* Until 10:13PM**

**Ganesha:** Purple  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Buffalo, NY  
**Sun 8**    **Sutra 73**  
Khara 5113  
Moon 6 - Phase 9  
Navami  
**Subha Sivaloka Day**


<b>1</b>	<b>Saturday, June 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Asvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dasami Yam Titau		Buffalo, NY
	Mesha Rasi: 1.05	Tithi 25			<b>Sun 9</b> <b>Sutra 74</b> Khara 5113
		329766151	<b>Gulika</b> 4:09AM – 6:03AM <b>Yama</b> 1:41PM – 3:36PM <b>Rahu</b> 7:58AM – 9:52AM	<b>Asvini Until 6:30AM Sun</b> Athiganda* Until 11:17PM Vanija Until 11:23AM Dasami Until 12:28AM Sun	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:09AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:24PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>
	Creative Work Siddha Yoga Until 6:30AM Sun then no yoga				Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, June 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadasi* Yam Titau		Buffalo, NY
	Mesha Rasi: 13.05	Tithi 26			<b>Sun 10</b> <b>Sutra 75</b> Khara 5113
		329766151	<b>Gulika</b> 3:36PM – 5:30PM <b>Yama</b> 11:47AM – 1:41PM <b>Rahu</b> 5:30PM – 7:25PM	<b>Asvini Until 6:30AM</b> Sukarma Until 12:00PM Bava Until 1:28PM Ekadasi* Until 2:34AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:09AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:25PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>
	Creative Work Siddha Yoga Until 6:30AM then no yoga Until 2:03PM then Siddha Yoga				Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Monday, June 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau		Buffalo, NY
	Mesha Rasi: 25.13	Tithi 27			<b>Sun 11</b> <b>Sutra 76</b> Khara 5113
	<b>Family Home Evening</b>	329766151	<b>Gulika</b> 1:41PM – 3:36PM <b>Yama</b> 9:53AM – 11:47AM <b>Rahu</b> 6:04AM – 7:58AM	<b>Bharani Until 8:53AM</b> Dhriti Until 12:26AM Tue Kaulava Until 3:15PM Dvadasi* Until 4:20AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:10AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:25PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>
	Creative Work Siddha Yoga Until 8:53AM then no yoga Until 2:04PM then Siddha Yoga				Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, June 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Buffalo, NY
	Wrishabha Rasi: 7.34	Tithi 28			<b>Sun 12</b> <b>Sutra 77</b> Khara 5113
		321776151	<b>Gulika</b> 11:47AM – 1:42PM <b>Yama</b> 7:59AM – 9:53AM <b>Rahu</b> 3:36PM – 5:30PM	<b>Krittika Until 10:29AM</b> Shula* Until 11:10PM Gara Until 3:41PM Trayodasi* Until 3:41AM Wed <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:10AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:25PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>
	Creative Work Siddha Yoga Until 10:29AM then Amrita Yoga Until 2:04PM then Siddha Yoga				Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

<b>5</b>	<b>Wednesday, June 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Buffalo, NY
	Wrishabha Rasi: 20.11	Tithi 29			<b>Sun 13</b> <b>Sutra 78</b> Khara 5113
		331776151	<b>Gulika</b> 9:53AM – 11:47AM <b>Yama</b> 6:05AM – 7:59AM <b>Rahu</b> 11:47AM – 1:42PM	<b>Rohini Until 11:49AM</b> Ganda* Until 10:46PM Visti Until 4:22PM Chaturdasi* Until 4:22AM Thu	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:10AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:24PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>
	Creative Work Siddha Yoga Until 2:04PM then Marana Yoga				Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>

	<b>Thursday, June 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Buffalo, NY
	<b>Retreat Star</b>				<b>Sun 14</b> <b>Sutra 79</b> Khara 5113
	Mithuna Rasi: 3.06	Tithi 30			Moon 6 - Phase 10 Amavasya
		331776151	<b>Gulika</b> 7:59AM – 9:53AM <b>Yama</b> 4:11AM – 6:05AM <b>Rahu</b> 1:42PM – 3:36PM	<b>Mrigasira Until 12:35PM</b> Vriddhi Until 9:52PM Catuspada Until 4:27PM Amavasya* Until 4:27AM Fri	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:11AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:24PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>
	Routine Work Marana Yoga Until 2:04PM then Siddha Yoga				<b>Sivaloka Day</b>

	<b>Friday, July 1, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Buffalo, NY
	<b>Retreat Star</b>				<b>Sun 15</b> <b>Sutra 80</b> Khara 5113
	Mithuna Rasi: 16.19	Tithi 1			Moon 6 - Phase 10 Prathama
		331776151	<b>Gulika</b> 6:06AM – 8:00AM <b>Yama</b> 3:36PM – 5:30PM <b>Rahu</b> 9:54AM – 11:48AM	<b>Ardra Until 12:18PM</b> Dhruva Until 8:25PM Kintughna Until 3:08PM Prathama* Until 2:13AM Sat	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:11AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:24PM <b>Nataraja:</b> Purple Moon – Yellow <b>Ashada-Ani</b>
	Creative Work Siddha Yoga Until 2:04PM then Marana Yoga				<b>Sivaloka Day</b>


<b>1</b>	<b>Saturday, July 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Buffalo, NY
	Mithuna Rasi: 29.51	Tithi 2	<b>Gulika</b> 4:12AM – 6:06AM	<b>Punarvasu</b> Until 11:59AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:12AM	Sun 16 <b>Sutra 81</b> Khara 5113
		341776151	<b>Yama</b> 1:42PM – 3:36PM	<b>Vyaghata*</b> Until 5:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 11
Routine Work	Marana Yoga		<b>Rahu</b> 8:00AM – 9:54AM	Balava Until 2:05PM	<b>Nataraja:</b> Purple		3rd Phase
Until 11:59AM then Siddha Yoga				<b>Dvitiya</b> Until 1:10AM Sun	<b>Ashada-Ani</b>		<b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, July 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Harshana/Vajra* Yoga Tailita/Gara Karana Tritiya Yam Titau				Buffalo, NY
	Kataka Rasi: 13.38	Tithi 3	<b>Gulika</b> 3:36PM – 5:30PM	<b>Pushya</b> Until 11:12AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:12AM	Sun 17 <b>Sutra 82</b> Khara 5113
		341776151	<b>Yama</b> 11:48AM – 1:42PM	<b>Harshana</b> Until 3:22PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 11
Creative Work	Siddha Yoga		<b>Rahu</b> 5:30PM – 7:24PM	Tailita Until 12:33PM	<b>Nataraja:</b> Purple		3rd Phase
				<b>Tritiya</b> Until 11:38PM	<b>Ashada-Ani</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Monday, July 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Buffalo, NY
	Kataka Rasi: 27.37	Tithi 4	<b>Gulika</b> 1:42PM – 3:36PM	<b>Aslesha*</b> Until 10:05AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:13AM	Sun 18 <b>Sutra 83</b> Khara 5113
Family Home Evening		341776151	<b>Yama</b> 9:55AM – 11:48AM	<b>Vajra*</b> Until 12:48PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 11
Creative Work	Siddha Yoga		<b>Rahu</b> 6:07AM – 8:01AM	Vanija Until 10:38AM	<b>Nataraja:</b> Purple		3rd Phase
				<b>Chaturthi*</b> Until 9:43PM	<b>Ashada-Ani</b>		<b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, July 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau				Buffalo, NY
	Simha Rasi: 11.45	Tithi 5	<b>Gulika</b> 11:49AM – 1:42PM	<b>Magha*</b> Until 8:43AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:14AM	Sun 19 <b>Sutra 84</b> Khara 5113
		351776151	<b>Yama</b> 8:01AM – 9:55AM	<b>Siddhi</b> Until 10:00AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 11
Creative Work	Siddha Yoga		<b>Rahu</b> 3:36PM – 5:30PM	Bava Until 8:28AM	<b>Nataraja:</b> Purple		3rd Phase
Until 2:05PM then Amrita Yoga				<b>Panchami</b> Until 7:32PM	<b>Ashada-Ani</b>		<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, July 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyatipata*/Vriyan Yoga Kaulava/Gara Karana Shasthi*/Saptami Yam Titau				Buffalo, NY
	Simha Rasi: 25.58	Tithi 6 – 7	<b>Gulika</b> 9:55AM – 11:49AM	<b>Purvaphalguni*</b> Until 7:12AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:14AM	Sun 20 <b>Sutra 85</b> Khara 5113
		451776151	<b>Yama</b> 6:08AM – 8:01AM	<b>Vyatipata*</b> Until 7:04AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 11
Creative Work	Amrita Yoga		<b>Rahu</b> 11:49AM – 1:42PM	Kaulava Until 6:08AM	<b>Nataraja:</b> Purple		3rd Phase
Until 2:05PM then Prabalarishta Yoga			<b>Chidambaram</b> Abhishekam	<b>Shasthi*</b> Until 5:13PM	<b>Ashada-Ani</b>		<b>Sivaloka Day</b>

	<b>Thursday, July 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Buffalo, NY
	<b>Retreat Star</b>		<b>Gulika</b> 8:02AM – 9:55AM	<b>Hasta</b> Until 4:31AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:15AM	Sun 21 <b>Sutra 86</b> Khara 5113
Kanya Rasi: 10.12	Tithi 7 – 8	461776151	<b>Yama</b> 4:15AM – 6:08AM	<b>Parigha*</b> Until 1:26AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 11
No Yoga			<b>Rahu</b> 1:42PM – 3:36PM	Visti Until 1:56AM Fri	<b>Nataraja:</b> Purple		Ashtami
Until 2:06PM then Amrita Yoga				<b>Saptami</b> Until 2:51PM	<b>Ashada-Ani</b>		<b>Subha Sivaloka Day</b>
Until 4:31AM Fri then Siddha Yoga							

<b>Friday, July 8, 2011</b>	<b>Retreat Star</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Buffalo, NY
	Kanya Rasi: 24.25	Tithi 8 – 9	<b>Gulika</b> 6:09AM – 8:02AM	<b>Chitra</b> Until 3:00AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:16AM	Sun 22 <b>Sutra 87</b> Khara 5113
		462776151	<b>Yama</b> 3:36PM – 5:29PM	<b>Shiva</b> Until 10:29PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 11
Creative Work	Siddha Yoga		<b>Rahu</b> 9:56AM – 11:49AM	Balava Until 11:35PM	<b>Nataraja:</b> Purple		Navami
Until 2:06PM then Marana Yoga				<b>Ashtami*</b> Until 12:31PM	<b>Ashada-Ani</b>		<b>Sivaloka Day</b>
Until 3:00AM Sat then Siddha Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

<b>1</b>	<b>Saturday, July 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Buffalo, NY
				Sun 23	Sutra 88 Khara 5113
Tula Rasi: 8.35	Tithi 9 – 10	462776151	<b>Gulika</b> 4:16AM – 6:10AM <b>Yama</b> 1:42PM – 3:36PM <b>Rahu</b> 8:03AM – 9:56AM	<b>Svati Until 1:34AM Sun</b> Siddha Until 7:37PM Taitila Until 9:21PM <b>Navami* Until 10:16AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 4:16AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:22PM</i> <b>Nataraja:</b> Purple Moon – Green <b>Ashada*Ani</b>
Creative Work Siddha Yoga Until 1:34AM Sun then Marana Yoga					Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, July 10, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Buffalo, NY
				Sun 24	Sutra 89 Khara 5113
Tula Rasi: 22.41	Tithi 10 – 11	472776151	<b>Gulika</b> 3:35PM – 5:28PM <b>Yama</b> 11:49AM – 1:42PM <b>Rahu</b> 5:28PM – 7:22PM	<b>Visakha Until 12:16AM Mon</b> Sadhya Until 4:53PM Vanija Until 7:15PM <b>Dasami Until 8:10AM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:17AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:22PM</i> <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>
Routine Work Marana Yoga Until 12:16AM Mon then Siddha Yoga					Moon 6 - Phase 12 4th Phase <b>Devaloka Day</b>

<b>3</b>	<b>Monday, July 11, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau		Buffalo, NY
				Sun 25	Sutra 90 Khara 5113
Vrischika Rasi: 6.4	Tithi 11 – 12	472876151	<b>Gulika</b> 1:42PM – 3:35PM <b>Yama</b> 9:57AM – 11:49AM <b>Rahu</b> 6:11AM – 8:04AM	<b>Anuradha Until 11:09PM</b> Subha Until 2:19PM Balava Until 4:26AM Tue <b>Ekadasi Until 6:16AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 4:18AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:21PM</i> <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>
Family Home Evening Creative Work Siddha Yoga					Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, July 12, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Buffalo, NY
				Sun 26	Sutra 91 Khara 5113
Vrischika Rasi: 20.3	Tithi 13	472876151	<b>Gulika</b> 11:50AM – 1:42PM <b>Yama</b> 8:04AM – 9:57AM <b>Rahu</b> 3:35PM – 5:28PM	<b>Jyeshtha* Until 10:17PM</b> Sukla Until 11:59AM Kaulava Until 3:43PM <b>Trayodasi Until 2:47AM Wed</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise: 4:19AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:21PM</i> <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>
Creative Work Siddha Yoga Until 10:17PM then Marana Yoga					Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>

<b>5</b>	<b>Wednesday, July 13, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Buffalo, NY
				Sun 27	Sutra 92 Khara 5113
Dhanus Rasi: 4.1	Tithi 14	482876151	<b>Gulika</b> 9:57AM – 11:50AM <b>Yama</b> 6:12AM – 8:04AM <b>Rahu</b> 11:50AM – 1:42PM	<b>Mula* Until 10:55PM</b> Brahma Until 10:12AM Gara Until 2:24PM <b>Chaturdasi* Until 1:28AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise: 4:19AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:20PM</i> <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada*Ani</b>
Routine Work Marana Yoga Until 2:06PM then Siddha Yoga					Moon 6 - Phase 12 4th Phase <b>Subha Sivaloka Day</b>

<b>○</b>	<b>Thursday, July 14, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnima* Yam Titau		Buffalo, NY
	<b>Copper Retreat Star</b>				Sutra 93 Khara 5113
Dhanus Rasi: 17.37	Tithi 15	482876151	<b>Gulika</b> 8:05AM – 9:57AM <b>Yama</b> 4:20AM – 6:12AM <b>Rahu</b> 1:42PM – 3:35PM	<b>Purvashadha* Until 10:42PM</b> Indra Until 8:22AM Visti Until 2:06PM <b>Purnima* Until 2:06AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise: 4:20AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:19PM</i> <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada*Ani</b>
Creative Work Siddha Yoga			<b>Satguru Purnima</b>		Moon 6 - Phase 12 Purnima <b>Subha Sivaloka Day</b>

<b>○</b>	<b>Friday, July 15, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathama* Yam Titau		Buffalo, NY
	<b>Silver Retreat Star</b>				Sutra 94 Khara 5113
Makara Rasi: 0.5	Tithi 16	482876151	<b>Gulika</b> 6:13AM – 8:05AM <b>Yama</b> 3:34PM – 5:27PM <b>Rahu</b> 9:58AM – 11:50AM	<b>Uttarashadha Until 10:55PM</b> Vaidhriti* Until 6:56AM Balava Until 1:34PM <b>Prathama* Until 1:34AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise: 4:21AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 7:19PM</i> <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada*Ani</b>
Creative Work Siddha Yoga Until 2:07PM then no yoga Until 10:55PM then Siddha Yoga					Moon 6 - Phase 12 Prathama <b>Subha Sivaloka Day</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Kṛishṇa Yajur Veda, Maitu 6.34. UpM, 104



**Saturday, July 16, 2011**  
**Gold Retreat Star**

Makara Rasi: 13.47      Tithi 17  
492876151  
Creative Work    Siddha Yoga  
Until 2:07PM then Amrita Yoga  
Until 11:37PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**    4:22AM – 6:14AM    **Sravana Until 11:37PM**  
**Yama**      1:42PM – 3:34PM    **Priti Until 4:48AM Sun**  
**Rahu**      8:06AM – 9:58AM    **Taitila Until 1:34PM**  
**Dvitiya Until 1:34AM Sun**

**Ganesha:** Clear    *Sunrise:* 4:22AM  
**Muruqa:** Yellow    *Sunset:* 7:18PM  
**Nataraja:** Purple  
Moon – Purple  
**Ashada-Adi**

Buffalo, NY  
**Sun 1**    **Sutra 95**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Sivaloka Day**



**Sunday, July 17, 2011**

Makara Rasi: 26.29      Tithi 18  
492876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visli\* Karana Tritiya Yam Titau

**Gulika**    3:34PM – 5:26PM    **Dhanishtha Until 2:21AM Mon**  
**Yama**      11:50AM – 1:42PM    **Ayushman Until 5:58AM Mon**  
**Rahu**      5:26PM – 7:18PM    **Vanija Until 2:05PM**  
**Tritiya Until 2:05AM Mon**

**Ganesha:** Clear    *Sunrise:* 4:23AM  
**Muruqa:** Yellow    *Sunset:* 7:18PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Buffalo, NY  
**Sun 2**    **Sutra 96**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**



**Monday, July 18, 2011**

Kumbha Rasi: 8.57      Tithi 19  
492876152  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 2:07PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    1:42PM – 3:33PM    **Satabhisha Until 4:07AM Tue**  
**Yama**      9:58AM – 11:50AM    **Saubhagya Until 5:50AM Tue**  
**Rahu**      6:15AM – 8:07AM    **Bava Until 3:54PM**  
**Chaturthi\* Until 4:59AM Tue**

**Ganesha:** Clear    *Sunrise:* 4:23AM  
**Muruqa:** Yellow    *Sunset:* 7:17PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Buffalo, NY  
**Sun 3**    **Sutra 97**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**



**Tuesday, July 19, 2011**

Kumbha Rasi: 21.11      Tithi 20  
412876152  
Routine Work    Marana Yoga  
Until 2:07PM then Amrita Yoga  
Until 6:09AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**    11:50AM – 1:42PM    **Purvaprostapada\* Until 6:09AM Wed**  
**Yama**      8:07AM – 9:59AM    **Sobhana Until 6:02AM Wed**  
**Rahu**      3:33PM – 5:25PM    **Kaulava Until 5:27PM**  
**Panchami Until 6:17AM Wed**

**Ganesha:** Yellow    *Sunrise:* 4:24AM  
**Muruqa:** Yellow    *Sunset:* 7:16PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Buffalo, NY  
**Sun 4**    **Sutra 98**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**



**Wednesday, July 20, 2011**

Meena Rasi: 3.16      Tithi 20 – 21  
412876152  
Creative Work    Amrita Yoga  
Until 6:09AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    9:59AM – 11:50AM    **Purvaprostapada\* Until 6:09AM**  
**Yama**      6:16AM – 8:08AM    **Sobhana Until 6:02AM**  
**Rahu**      11:50AM – 1:41PM    **Gara Until 7:23PM**  
**Panchami Until 6:17AM**

**Ganesha:** Yellow    *Sunrise:* 4:25AM  
**Muruqa:** Yellow    *Sunset:* 7:15PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Buffalo, NY  
**Sun 5**    **Sutra 99**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Devaloka Day**



**Thursday, July 21, 2011**

Meena Rasi: 15.13      Tithi 21 – 22  
413876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visli\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    8:08AM – 9:59AM    **Uttaraprostapada Until 8:55AM**  
**Yama**      4:26AM – 6:17AM    **Athiganda\* Until 6:49AM**  
**Rahu**      1:41PM – 3:32PM    **Visli Until 9:34PM**  
**Shasthi\* Until 8:28AM**

**Ganesha:** White    *Sunrise:* 4:26AM  
**Muruqa:** Yellow    *Sunset:* 7:14PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Buffalo, NY  
**Sun 6**    **Sutra 100**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Friday, July 22, 2011**  
**Retreat Star**

Meena Rasi: 27.07      Tithi 22 – 23  
413876152  
Creative Work    Siddha Yoga  
Until 11:47AM then Amrita Yoga  
Until 2:07PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    6:18AM – 8:09AM    **Revati Until 11:47AM**  
**Yama**      3:32PM – 5:23PM    **Sukarma Until 7:43AM**  
**Rahu**      9:59AM – 11:50AM    **Balava Until 11:53PM**  
**Saptami Until 10:47AM**

**Ganesha:** White    *Sunrise:* 4:27AM  
**Muruqa:** Yellow    *Sunset:* 7:14PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Buffalo, NY  
**Sun 7**    **Sutra 101**  
Khara 5113  
Moon 7 - Phase 13  
Ashtami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Saturday, July 23, 2011**  
**Retreat Star**

Mesha Rasi: 9.01      Tithi 23 – 24  
423876152  
Creative Work    Siddha Yoga  
Until 2:39PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Asvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    4:28AM – 6:19AM    **Asvini Until 2:39PM**  
**Yama**      1:41PM – 3:32PM    **Dhriti Until 8:35AM**  
**Rahu**      8:09AM – 10:00AM    **Taitila Until 2:10AM Sun**  
**Ashtami\* Until 1:05PM**

**Ganesha:** Yellow    *Sunrise:* 4:28AM  
**Muruqa:** Yellow    *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Buffalo, NY  
**Sun 8**    **Sutra 102**  
Khara 5113  
Moon 7 - Phase 13  
Navami  
**Devaloka Day**

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

<b>1</b>	<b>Sunday, July 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau					Buffalo, NY Sun 9 Sutra 103 Khara 5113
	Mesha Rasi: 21 Tithi 24 – 25 423876152	<b>Gulika</b> 3:31PM – 5:21PM <b>Yama</b> 11:50AM – 1:41PM <b>Rahu</b> 5:21PM – 7:12PM	<b>Bharani</b> Until 5:20PM Shula* Until 9:19AM Vanija Until 4:17AM Mon Navami* Until 3:12PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – White <b>Ashada-Adi</b>	<i>Sunrise:</i> 4:29AM <i>Sunset:</i> 7:12PM	Devaloka Day	Moon 7 - Phase 14 2nd Phase
No Yoga Until 2:07PM then Siddha Yoga Until 5:20PM then no yoga							


<b>2</b>	<b>Monday, July 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau					Buffalo, NY Sun 10 Sutra 104 Khara 5113
	Vrishabha Rasi: 3.09 Tithi 25 – 26 Family Home Evening 423876152	<b>Gulika</b> 1:41PM – 3:31PM <b>Yama</b> 10:00AM – 11:50AM <b>Rahu</b> 6:20AM – 8:10AM	<b>Krittika</b> Until 7:42PM Ganda* Until 9:44AM Bava Until 6:02AM Tue Dasami Until 4:57PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – White <b>Ashada-Adi</b>	<i>Sunrise:</i> 4:30AM <i>Sunset:</i> 7:11PM	Devaloka Day	Moon 7 - Phase 14 2nd Phase
No Yoga Until 2:07PM then Siddha Yoga Until 7:42PM then Amrita Yoga							

<b>3</b>	<b>Tuesday, July 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau					Buffalo, NY Sun 11 Sutra 105 Khara 5113
	Vrishabha Rasi: 15.33 Tithi 26 – 27 433876152	<b>Gulika</b> 11:50AM – 1:40PM <b>Yama</b> 8:11AM – 10:00AM <b>Rahu</b> 3:30PM – 5:20PM	<b>Rohini</b> Until 8:22PM Vridhi Until 9:25AM Kaulava Until 5:08AM Wed Ekadasi* Until 5:08PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada-Adi</b>	<i>Sunrise:</i> 4:31AM <i>Sunset:</i> 7:10PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 2nd Phase
Creative Work Amrita Yoga Until 2:07PM then Siddha Yoga							

<b>4</b>	<b>Wednesday, July 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Taitila*/Gara Karana Dvadasi*/Trayodasi* Yam Titau					Buffalo, NY Sun 12 Sutra 106 Khara 5113
	Vrishabha Rasi: 28.16 Tithi 27 – 28 433876152	<b>Gulika</b> 10:01AM – 11:50AM <b>Yama</b> 6:21AM – 8:11AM <b>Rahu</b> 11:50AM – 1:40PM	<b>Mrigasira</b> Until 9:30PM Dhruva Until 8:50AM Gara Until 5:37AM Thu Dvadasi* Until 5:37PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada-Adi</b>	<i>Sunrise:</i> 4:32AM <i>Sunset:</i> 7:09PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 2nd Phase
Creative Work Siddha Yoga Until 2:07PM then Marana Yoga <i>Pradosha Vrata (Fasting)</i>							

<b>5</b>	<b>Thursday, July 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau					Buffalo, NY Sun 13 Sutra 107 Khara 5113
	Mithuna Rasi: 11.22 Tithi 28 – 29 433876152	<b>Gulika</b> 8:12AM – 10:01AM <b>Yama</b> 4:33AM – 6:22AM <b>Rahu</b> 1:40PM – 3:29PM	<b>Ardra</b> Until 9:57PM Vyaghata* Until 7:37AM Visti Until 3:32AM Fri Trayodasi* Until 4:28PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada-Adi</b>	<i>Sunrise:</i> 4:33AM <i>Sunset:</i> 7:08PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 2nd Phase
Routine Work Marana Yoga Until 2:07PM then Siddha Yoga							

<b>6</b>	<b>Friday, July 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau					Buffalo, NY Sun 14 Sutra 108 Khara 5113
	Mithuna Rasi: 24.51 Tithi 29 – 30 443876152	<b>Gulika</b> 6:23AM – 8:12AM <b>Yama</b> 3:29PM – 5:18PM <b>Rahu</b> 10:01AM – 11:50AM	<b>Punarvasu</b> Until 8:32PM Vajra* Until 3:03AM Sat Catuspada Until 2:33AM Sat Chaturdasi* Until 3:28PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Ashada-Adi</b>	<i>Sunrise:</i> 4:34AM <i>Sunset:</i> 7:07PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 2nd Phase
Creative Work Siddha Yoga Until 2:07PM then Marana Yoga Until 8:32PM then Siddha Yoga							

	<b>Saturday, July 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manla Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau					Buffalo, NY Sun 15 Sutra 109 Khara 5113
	<b>Retreat Star</b> Kataka Rasi: 8.44 Tithi 30 – 1 443876152	<b>Gulika</b> 4:35AM – 6:24AM <b>Yama</b> 1:39PM – 3:28PM <b>Rahu</b> 8:12AM – 10:01AM	<b>Pushya</b> Until 7:37PM Siddhi Until 12:40AM Sun Kintughna Until 12:52AM Sun Amavasya* Until 1:47PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Ashada-Adi</b>	<i>Sunrise:</i> 4:35AM <i>Sunset:</i> 7:06PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 Amavasya
Creative Work Siddha Yoga							

<b>Retreat Star</b>	<b>Sunday, July 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau					Buffalo, NY Sun 16 Sutra 110 Khara 5113
	Kataka Rasi: 22.56 Tithi 1 – 2 443876152	<b>Gulika</b> 3:27PM – 5:16PM <b>Yama</b> 11:50AM – 1:39PM <b>Rahu</b> 5:16PM – 7:05PM	<b>Aslesha*</b> Until 6:07PM Vyatipata* Until 9:45PM Balava Until 10:34PM Prathama* Until 11:29AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Sravana-Adi</b>	<i>Sunrise:</i> 4:36AM <i>Sunset:</i> 7:05PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 Prathama
Creative Work Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

<b>1</b>	<b>Monday, August 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Buffalo, NY <b>Sutra 111</b> Khara 5113
	Simha Rasi: 7.22      Tithi 2 – 3 Family Home Evening      453876152 Creative Work      Siddha Yoga	<b>Gulika</b> 1:39PM – 3:27PM <b>Yama</b> 10:02AM – 11:50AM <b>Rahu</b> 6:25AM – 8:13AM	<b>Magha* Until 3:33PM</b> Variyan Until 5:40PM Taitila Until 6:50PM <b>Dvitiya Until 8:33AM</b>

<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 4:37AM <i>Sunset:</i> 7:04PM	Sun 17	Buffalo, NY <b>Sutra 111</b> Khara 5113 Moon 7 - Phase 15 3rd Phase
<b>Sravana-Adi</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Tuesday, August 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Buffalo, NY <b>Sutra 112</b> Khara 5113
	Simha Rasi: 21.56      Tithi 4 453876152 Creative Work      Siddha Yoga Until 1:33PM then Amrita Yoga	<b>Gulika</b> 11:50AM – 1:38PM <b>Yama</b> 8:14AM – 10:02AM <b>Rahu</b> 3:26PM – 5:14PM	<b>Purvaphalguni* Until 1:33PM</b> Parigha* Until 2:22PM Vanija Until 4:04PM <b>Chaturthi* Until 2:21AM Wed</b>

<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 4:38AM <i>Sunset:</i> 7:02PM	Sun 18	Buffalo, NY <b>Sutra 112</b> Khara 5113 Moon 7 - Phase 15 3rd Phase
<b>Sravana-Adi</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Wednesday, August 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchami Yam Titau	Buffalo, NY <b>Sutra 113</b> Khara 5113
	Kanya Rasi: 6.32      Tithi 5 453876152 Creative Work      Amrita Yoga Until 11:33AM then Siddha Yoga Until 2:07PM then no yoga	<b>Gulika</b> 10:02AM – 11:50AM <b>Yama</b> 6:27AM – 8:14AM <b>Rahu</b> 11:50AM – 1:38PM	<b>Uttaraphalguni Until 11:33AM</b> Shiva Until 11:23AM Bava Until 1:15PM <b>Panchami Until 11:33PM</b>

<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 4:39AM <i>Sunset:</i> 7:01PM	Sun 19	Buffalo, NY <b>Sutra 113</b> Khara 5113 Moon 7 - Phase 15 3rd Phase
<b>Sravana-Adi</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Thursday, August 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Buffalo, NY <b>Sutra 114</b> Khara 5113
	Kanya Rasi: 21.03      Tithi 6 463876152 No Yoga Until 9:55AM then Siddha Yoga	<b>Gulika</b> 8:15AM – 10:02AM <b>Yama</b> 4:40AM – 6:27AM <b>Rahu</b> 1:37PM – 3:25PM	<b>Hasta Until 9:55AM</b> Siddha Until 7:58AM Kaulava Until 10:57AM <b>Shasthi* Until 10:01PM</b>

<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 4:40AM <i>Sunset:</i> 7:00PM	Sun 20	Buffalo, NY <b>Sutra 114</b> Khara 5113 Moon 7 - Phase 15 3rd Phase
<b>Sravana-Adi</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Friday, August 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Buffalo, NY <b>Sutra 115</b> Khara 5113
	Tula Rasi: 5.24      Tithi 7 464976152 Creative Work      Siddha Yoga	<b>Gulika</b> 6:28AM – 8:15AM <b>Yama</b> 3:24PM – 5:12PM <b>Rahu</b> 10:03AM – 11:50AM	<b>Chitra Until 8:10AM</b> Subha Until 2:08AM Sat Gara Until 8:22AM <b>Saptami Until 7:27PM</b>

<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 4:41AM <i>Sunset:</i> 6:59PM	Sun 21	Buffalo, NY <b>Sutra 115</b> Khara 5113 Moon 7 - Phase 15 3rd Phase
<b>Sravana-Adi</b>		<b>Devaloka Day</b>	

<b>6</b>	<b>Saturday, August 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Svati/Visakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami*/Navami* Yam Titau	Buffalo, NY <b>Sutra 116</b> Khara 5113
	<b>Retreat Star</b> Tula Rasi: 19.33      Tithi 8 – 9 464976152 Creative Work      Siddha Yoga Until 2:07PM then Marana Yoga	<b>Gulika</b> 4:42AM – 6:29AM <b>Yama</b> 1:37PM – 3:24PM <b>Rahu</b> 8:16AM – 10:03AM	<b>Svati Until 6:46AM</b> Sukla Until 11:18PM Visti Until 6:10AM <b>Ashtami* Until 5:15PM</b>

<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 4:42AM <i>Sunset:</i> 6:58PM	Sun 22	Buffalo, NY <b>Sutra 116</b> Khara 5113 Moon 7 - Phase 15 Ashtami
<b>Sravana-Adi</b>		<b>Devaloka Day</b>	

<b>7</b>	<b>Sunday, August 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Buffalo, NY <b>Sutra 117</b> Khara 5113
	<b>Retreat Star</b> Vrischika Rasi: 3.28      Tithi 9 – 10 474976152 Routine Work      Marana Yoga Until 2:07PM then Siddha Yoga	<b>Gulika</b> 3:23PM – 5:10PM <b>Yama</b> 11:50AM – 1:36PM <b>Rahu</b> 5:10PM – 6:56PM	<b>Anuradha Until 4:37AM Mon</b> Brahma Until 8:49PM Taitila Until 2:33AM Mon <b>Navami* Until 3:28PM</b>

<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<i>Sunrise:</i> 4:43AM <i>Sunset:</i> 6:56PM	Sun 23	Buffalo, NY <b>Sutra 117</b> Khara 5113 Moon 7 - Phase 15 Navami
<b>Sravana-Adi</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Kṛishṇa Yajur Veda, Svetu 3.2. VE, 621

**1 Monday, August 8, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Buffalo, NY  
 Jyeshtha\* Nakshatra Indra Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 **Sutra 118**  
 Khara 5113  
**Gulika** 1:36PM – 3:22PM **Jyeshtha\* Until 5:42AM Tue** **Ganesha:** White *Sunrise:* 4:44AM  
**Yama** 10:03AM – 11:49AM Indra Until 7:38PM **Muruqa:** Yellow *Sunset:* 6:55PM Moon 7 - Phase 16  
**Rahu** 6:30AM – 8:17AM Vanija Until 1:12AM Tue **Nataraja:** Clear  
 Moon – Orange **Bhuloka Day**  
 Creative Work Siddha Yoga 474976152 **Sravana-Adi** Devaloka Time: 3:PM to 6:PM  
 Until 5:42AM Tue then Amrita Yoga

**2 Tuesday, August 9, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Buffalo, NY  
 Mula\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Ekadasi/Dvadasi Yam Titau Sun 25 **Sutra 119**  
 Khara 5113  
**Gulika** 11:49AM – 1:35PM **Mula\* Until 5:27AM Wed** **Ganesha:** Clear *Sunrise:* 4:45AM  
**Yama** 8:17AM – 10:03AM Vaidhriti\* Until 5:45PM **Muruqa:** Yellow *Sunset:* 6:54PM Moon 7 - Phase 16  
**Rahu** 3:21PM – 5:08PM Bava Until 1:46AM Wed **Nataraja:** Clear  
 Moon – Light Blue **Devaloka Day** **Tour Day**  
 Creative Work Amrita Yoga 484976152 **Sravana-Adi**  
 Until 2:06PM then Marana Yoga  
 Until 5:27AM Wed then Amrita Yoga

**3 Wednesday, August 10, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Buffalo, NY  
 Purvashadha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau Sun 26 **Sutra 120**  
 Khara 5113  
**Gulika** 10:03AM – 11:49AM **Purvashadha\* Until 5:35AM Thu** **Ganesha:** Clear *Sunrise:* 4:46AM  
**Yama** 6:32AM – 8:18AM Vishkambha\* Until 4:14PM **Muruqa:** Yellow *Sunset:* 6:52PM Moon 7 - Phase 16  
**Rahu** 11:49AM – 1:35PM Kaulava Until 1:10AM Thu **Nataraja:** Clear  
 Moon – Light Blue **Devaloka Day**  
 Creative Work Amrita Yoga 484976152 **Sravana-Adi**  
 Until 2:06PM then Siddha Yoga *Pradosha Vrata*

**4 Thursday, August 11, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Buffalo, NY  
 Uttarashadha Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Trayodasi/Chaturdasi\* Yam Titau Sun 27 **Sutra 121**  
 Khara 5113  
**Gulika** 8:18AM – 10:04AM **Uttarashadha Until 6:20AM Fri** **Ganesha:** Clear *Sunrise:* 4:47AM  
**Yama** 4:47AM – 6:33AM Priti Until 3:03PM **Muruqa:** Yellow *Sunset:* 6:51PM Moon 7 - Phase 16  
**Rahu** 1:34PM – 3:20PM Gara Until 12:58AM Fri **Nataraja:** Clear  
 Moon – Light Blue **Devaloka Day**  
 Creative Work Siddha Yoga 484976152 **Sravana-Adi**  
 Trayodasi Until 12:58PM

**Friday, August 12, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Buffalo, NY  
 Uttarashadha/Sravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Chaturdasi\*/Purnima\* Yam Titau Sun 28 **Sutra 122**  
 Khara 5113  
**Gulika** 6:33AM – 8:18AM **Uttarashadha Until 6:20AM** **Ganesha:** Clear *Sunrise:* 4:48AM  
**Yama** 3:19PM – 5:04PM Ayushman Until 2:12PM **Muruqa:** Yellow *Sunset:* 6:50PM Moon 7 - Phase 16  
**Rahu** 10:04AM – 11:49AM Visti Until 1:08AM Sat **Nataraja:** Clear  
 Moon – Light Blue **Devaloka Day**  
 Creative Work Siddha Yoga 484976152 **Sravana-Adi**  
**Raksha Bandhan** **Chaturdasi\* Until 1:08PM**

**Saturday, August 13, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Buffalo, NY  
 Sravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima\*/Prathama\* Yam Titau Sun 29 **Sutra 123**  
 Khara 5113  
**Gulika** 4:49AM – 6:34AM **Sravana Until 7:40AM** **Ganesha:** Purple *Sunrise:* 4:49AM  
**Yama** 1:34PM – 3:18PM Saubhagya Until 2:16PM **Muruqa:** Yellow *Sunset:* 6:48PM Moon 7 - Phase 16  
**Rahu** 8:19AM – 10:04AM Balava Until 1:42AM Sun **Nataraja:** Clear  
 Moon – Purple **Bhuloka Day**  
 Creative Work Siddha Yoga 494976152 **Sravana-Adi** Devaloka Time: 3:PM to 6:PM  
**Purnima\* Until 1:42PM**





**Sunday, August 14, 2011**  
**Gold Retreat Star**

Kumbha Rasi: 4.59    Tithi 16 – 17  
494976152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika**    3:18PM – 5:02PM    **Dhanishtha Until 9:21AM**  
**Yama**        11:48AM – 1:33PM    Sobhana Until 2:03PM  
**Rahu**        5:02PM – 6:47PM    Taitila Until 4:32AM Mon  
**Prathama\* Until 3:26PM**

**Ganesha:** Purple    *Sunrise:* 4:50AM  
**Muruqa:** Yellow    *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Adi**

Buffalo, NY  
**Sutra 124**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Monday, August 15, 2011**

**1**

Kumbha Rasi: 17.18    Tithi 17 – 18  
**Family Home Evening**    494976152  
Creative Work    Siddha Yoga  
Until 11:24AM then no yoga  
Until 2:05PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    1:33PM – 3:17PM    **Satabhisha Until 11:24AM**  
**Yama**        10:04AM – 11:48AM    Athiganda\* Until 2:10PM  
**Rahu**        6:35AM – 8:20AM    Vanija Until 5:57AM Tue  
**Dvitiya Until 4:51PM**

**Ganesha:** Purple    *Sunrise:* 4:51AM  
**Muruqa:** Yellow    *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Adi**

Buffalo, NY  
**Sutra 125**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Tuesday, August 16, 2011**

**2**

Kumbha Rasi: 29.26    Tithi 18  
414976152  
Routine Work    Marana Yoga  
Until 1:47PM then Amrita Yoga  
Until 2:05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sukarma/Dhriti Yoga Visti\* Karana Tritiya Yam Titau

**Gulika**    11:48AM – 1:32PM    **Purvaprostapada\* Until 1:47PM**  
**Yama**        8:20AM – 10:04AM    Sukarma Until 2:36PM  
**Rahu**        3:16PM – 5:00PM    Visti Until 7:44AM Wed  
**Tritiya Until 6:38PM**

**Ganesha:** White    *Sunrise:* 4:52AM  
**Muruqa:** Yellow    *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Adi**

Buffalo, NY  
**Sutra 126**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Wednesday, August 17, 2011**

**3**

Meena Rasi: 11.27    Tithi 19  
515976152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    10:04AM – 11:48AM    **Uttaraprostapada Until 4:26PM**  
**Yama**        6:37AM – 8:21AM    Dhriti Until 3:16PM  
**Rahu**        11:48AM – 1:31PM    Bava Until 7:38AM  
**Chaturthi\* Until 8:43PM**

**Ganesha:** Purple    *Sunrise:* 4:53AM  
**Muruqa:** Yellow    *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

Buffalo, NY  
**Sutra 127**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**

**Thursday, August 18, 2011**

**4**

Meena Rasi: 23.22    Tithi 20  
515976152  
Creative Work    Siddha Yoga  
Until 7:17PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**    8:21AM – 10:04AM    **Revati Until 7:17PM**  
**Yama**        4:54AM – 6:38AM    Shula\* Until 4:08PM  
**Rahu**        1:31PM – 3:14PM    Kaulava Until 9:56AM  
**Panchami Until 11:01PM**

**Ganesha:** Purple    *Sunrise:* 4:54AM  
**Muruqa:** Yellow    *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

Buffalo, NY  
**Sutra 128**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**

**Friday, August 19, 2011**

**5**

Mesha Rasi: 5.13    Tithi 21  
525976152  
Creative Work    Amrita Yoga  
Until 2:04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini Nakshatra Ganda\*/Vridhi Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika**    6:38AM – 8:21AM    **Asvini Until 10:15PM**  
**Yama**        3:13PM – 4:56PM    Ganda\* Until 5:05PM  
**Rahu**        10:04AM – 11:47AM    Gara Until 12:21PM  
**Shasthi\* Until 1:26AM Sat**

**Ganesha:** Clear    *Sunrise:* 4:55AM  
**Muruqa:** Yellow    *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Buffalo, NY  
**Sutra 129**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**Saturday, August 20, 2011**

**6**

Mesha Rasi: 17.04    Tithi 22  
525976152  
Creative Work    Siddha Yoga  
Until 2:04PM then no yoga  
Until 1:11AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Vridhi Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika**    4:57AM – 6:39AM    **Bharani Until 1:11AM Sun**  
**Yama**        1:30PM – 3:13PM    Vridhi Until 6:01PM  
**Rahu**        8:22AM – 10:05AM    Visti Until 2:45PM  
**Saptami Until 3:50AM Sun**

**Ganesha:** Clear    *Sunrise:* 4:57AM  
**Muruqa:** Yellow    *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Buffalo, NY  
**Sutra 130**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**Sunday, August 21, 2011**



**Retreat Star**

Mesha Rasi: 29.01    Tithi 23  
525976152  
Creative Work    Siddha Yoga  
Until 2:04PM then no yoga  
Until 3:58AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika**    3:12PM – 4:54PM    **Krittika Until 3:58AM Mon**  
**Yama**        11:47AM – 1:29PM    Dhruva Until 6:48PM  
**Rahu**        4:54PM – 6:36PM    Balava Until 4:58PM  
**Krishna Janmashtami**  
**Ashtami\* Until 6:03AM Mon**

**Ganesha:** Clear    *Sunrise:* 4:58AM  
**Muruqa:** Yellow    *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

Buffalo, NY  
**Sutra 131**  
Khara 5113  
Moon 8 - Phase 17  
Ashtami

**Devaloka Day**

**Monday, August 22, 2011**

**Retreat Star**

Vrishabha Rasi: 11.08    Tithi 24  
**Family Home Evening**    535976152  
Creative Work    Amrita Yoga  
Until 6:24AM Tue then Siddha Yoga


Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vyaghata\* Yoga Taitila Karana Navami\* Yam Titau

**Gulika**    1:29PM – 3:11PM    **Rohini Until 6:24AM Tue**  
**Yama**        10:05AM – 11:47AM    Vyaghata\* Until 7:16PM  
**Rahu**        6:41AM – 8:23AM    Taitila Until 6:49PM  
**Navami\* Until 6:55AM Tue**

**Ganesha:** White    *Sunrise:* 4:59AM  
**Muruqa:** Yellow    *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Yellow  
**Sravana-Avani**

Buffalo, NY  
**Sutra 132**  
Khara 5113  
Moon 8 - Phase 17  
Navami

**Sivaloka Day**

<b>1</b>	<b>Tuesday, August 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Buffalo, NY <b>Sutra 133</b> Khara 5113
	Wishabha Rasi: 23.31    Titithi 24 – 25 535976152	<b>Gulika</b> 11:46AM – 1:28PM <b>Yama</b> 8:23AM – 10:05AM <b>Rahu</b> 3:10PM – 4:51PM	<b>Mrigasira Until 6:47AM Wed</b> Harshana Until 6:19PM Vanija Until 6:55PM <b>Navami* Until 6:55AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:00AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	Sun 9 Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
<b>2</b>	<b>Wednesday, August 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Buffalo, NY <b>Sutra 134</b> Khara 5113
	Mithuna Rasi: 6.14    Titithi 25 – 26 535976152	<b>Gulika</b> 10:05AM – 11:46AM <b>Yama</b> 6:42AM – 8:23AM <b>Rahu</b> 11:46AM – 1:28PM	<b>Mrigasira Until 6:47AM</b> Vajra* Until 5:42PM Bava Until 7:23PM <b>Dasami Until 7:23AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:01AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	Sun 10 Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
<b>3</b>	<b>Thursday, August 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Buffalo, NY <b>Sutra 135</b> Khara 5113
	Mithuna Rasi: 19.23    Titithi 26 – 27 535976152	<b>Gulika</b> 8:24AM – 10:05AM <b>Yama</b> 5:02AM – 6:43AM <b>Rahu</b> 1:27PM – 3:08PM	<b>Ardra Until 7:03AM</b> Siddhi Until 3:40PM Kaulava Until 6:01PM <b>Ekadasi* Until 6:56AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:02AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	Sun 11 Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
<b>4</b>	<b>Friday, August 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Buffalo, NY <b>Sutra 136</b> Khara 5113
	Kataka Rasi: 3    Titithi 28 545976152	<b>Gulika</b> 6:44AM – 8:24AM <b>Yama</b> 3:07PM – 4:48PM <b>Rahu</b> 10:05AM – 11:46AM	<b>Punarvasu Until 6:34AM</b> Vyatipata* Until 1:41PM Gara Until 4:49PM <b>Trayodasi* Until 3:54AM Sat</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:03AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:28PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Avani</b>	Sun 12 Moon 8 - Phase 18 2nd Phase <b>Devaloka Day</b>
<b>5</b>	<b>Saturday, August 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam Aslesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Buffalo, NY <b>Sutra 137</b> Khara 5113
	Kataka Rasi: 17.04    Titithi 29 546976152	<b>Gulika</b> 5:04AM – 6:44AM <b>Yama</b> 1:26PM – 3:06PM <b>Rahu</b> 8:25AM – 10:05AM	<b>Aslesha* Until 4:10AM Sun</b> Variyan Until 10:57AM Visti Until 2:09PM <b>Chaturdasi* Until 12:26AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:04AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Avani</b>	Sun 13 Moon 8 - Phase 18 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	<b>Sunday, August 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Buffalo, NY <b>Sutra 138</b> Khara 5113
	<b>Retreat Star</b> Simha Rasi: 1.33    Titithi 30 556976153	<b>Gulika</b> 3:05PM – 4:45PM <b>Yama</b> 11:45AM – 1:25PM <b>Rahu</b> 4:45PM – 6:25PM	<b>Magha* Until 12:51AM Mon</b> Parigha* Until 7:29AM Catuspada Until 11:34AM <b>Amavasya* Until 9:51PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:05AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:25PM <b>Nataraja:</b> White Moon – Red <b>Sravana*Avani</b>	Sun 14 Moon 8 - Phase 18 Amavasya <b>Devaloka Day</b>
<b>Monday, August 29, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Buffalo, NY <b>Sutra 139</b> Khara 5113
	Simha Rasi: 16.2    Titithi 1 <b>Family Home Evening</b> 556176153	<b>Gulika</b> 1:24PM – 3:04PM <b>Yama</b> 10:05AM – 11:45AM <b>Rahu</b> 6:46AM – 8:25AM	<b>Purvaphalguni* Until 10:32PM</b> Siddha Until 11:51PM Kintughna Until 8:26AM <b>Prathama* Until 6:44PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:06AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:23PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada*Avani</b>	Sun 15 Moon 8 - Phase 18 Prathama <b>Devaloka Day</b>

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

<b>1</b>	<b>Tuesday, August 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Buffalo, NY <b>Sutra 140</b> Khara 5113
	Kanya Rasi: 1.18      Tithi 2 – 3 566176153	<b>Gulika</b> 11:44AM – 1:24PM <b>Yama</b> 8:26AM – 10:05AM <b>Rahu</b> 3:03PM – 4:42PM	<b>Uttaraphalguni Until 7:55PM</b> Sadhya Until 7:58PM Taitila Until 1:35AM Wed <b>Dvitiya Until 3:18PM</b>

Ganesha: Blue      *Sunrise: 5:07AM*  
Muruqa: Yellow      *Sunset: 6:22PM*  
Nataraja: White  
Moon – Red

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 7:55PM then Siddha Yoga

<b>2</b>	<b>Wednesday, August 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Buffalo, NY <b>Sutra 141</b> Khara 5113
	Kanya Rasi: 16.17      Tithi 3 – 4 566176153	<b>Gulika</b> 10:05AM – 11:44AM <b>Yama</b> 6:47AM – 8:26AM <b>Rahu</b> 11:44AM – 1:23PM	<b>Hasta Until 5:17PM</b> Subha Until 4:02PM Vanija Until 10:08PM <b>Tritiya Until 11:51AM</b>

Ganesha: Blue      *Sunrise: 5:08AM*  
Muruqa: Yellow      *Sunset: 6:20PM*  
Nataraja: White  
Moon – Green

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 2:01PM then no yoga  
Until 5:17PM then Siddha Yoga

**Ganesha Chaturthi**

<b>3</b>	<b>Thursday, September 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Vistit*/Bava Karana Chaturthi*/Panchami Yam Titau	Buffalo, NY <b>Sutra 142</b> Khara 5113
	Tula Rasi: 1.09      Tithi 4 – 5 566176153	<b>Gulika</b> 8:26AM – 10:05AM <b>Yama</b> 5:09AM – 6:48AM <b>Rahu</b> 1:22PM – 3:01PM	<b>Chitra Until 2:49PM</b> Sukla Until 12:17PM Bava Until 6:52PM <b>Chaturthi* Until 8:35AM</b>

Ganesha: Blue      *Sunrise: 5:09AM*  
Muruqa: Yellow      *Sunset: 6:18PM*  
Nataraja: White  
Moon – Green

**Devaloka Day**

Creative Work    Siddha Yoga

<b>4</b>	<b>Friday, September 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Buffalo, NY <b>Sutra 143</b> Khara 5113
	Tula Rasi: 15.47      Tithi 6 566176153	<b>Gulika</b> 6:48AM – 8:27AM <b>Yama</b> 3:00PM – 4:38PM <b>Rahu</b> 10:05AM – 11:43AM	<b>Svati Until 1:14PM</b> Brahma Until 9:05AM Kaulava Until 4:48PM <b>Shasthi* Until 3:52AM Sat</b>

Ganesha: Blue      *Sunrise: 5:10AM*  
Muruqa: Yellow      *Sunset: 6:17PM*  
Nataraja: White  
Moon – Green

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 1:14PM then Marana Yoga  
Until 2:01PM then Siddha Yoga

<b>5</b>	<b>Saturday, September 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha/Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptami Yam Titau	Buffalo, NY <b>Sutra 144</b> Khara 5113
	Vrischika Rasi: 0.05      Tithi 7 577176153	<b>Gulika</b> 5:11AM – 6:49AM <b>Yama</b> 1:21PM – 2:59PM <b>Rahu</b> 8:27AM – 10:05AM	<b>Visakha Until 11:33AM</b> Vaidhriti* Until 3:18AM Sun Gara Until 2:19PM <b>Saptami Until 1:24AM Sun</b>

Ganesha: Blue      *Sunrise: 5:11AM*  
Muruqa: Yellow      *Sunset: 6:15PM*  
Nataraja: White  
Moon – Orange

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 2:00PM then Marana Yoga

<b>☐</b>	<b>Sunday, September 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vistit*/Bava Karana Ashtami* Yam Titau	Buffalo, NY <b>Sutra 145</b> Khara 5113
	Vrischika Rasi: 14.02      Tithi 8 577176153	<b>Gulika</b> 2:58PM – 4:36PM <b>Yama</b> 11:43AM – 1:20PM <b>Rahu</b> 4:36PM – 6:13PM	<b>Anuradha Until 10:30AM</b> Vishkambha* Until 12:46AM Mon Vistit Until 12:30PM <b>Ashtami* Until 11:35PM</b>

Ganesha: Blue      *Sunrise: 5:12AM*  
Muruqa: Yellow      *Sunset: 6:13PM*  
Nataraja: White  
Moon – Orange

**Subha Sivaloka Day**

Routine Work    Marana Yoga  
Until 2:00PM then Siddha Yoga

<b>☐</b>	<b>Monday, September 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau	Buffalo, NY <b>Sutra 146</b> Khara 5113
	Vrischika Rasi: 27.38      Tithi 9 <b>Family Home Evening</b> 577176153	<b>Gulika</b> 1:20PM – 2:57PM <b>Yama</b> 10:05AM – 11:42AM <b>Rahu</b> 6:51AM – 8:28AM	<b>Jyeshtha* Until 10:22AM</b> Priti Until 11:59PM Balava Until 11:47AM <b>Navami* Until 11:47PM</b>

Ganesha: Blue      *Sunrise: 5:13AM*  
Muruqa: Yellow      *Sunset: 6:12PM*  
Nataraja: White  
Moon – Orange

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 2:00PM then Amrita Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Munda 1.1.7. bo UpR, 673

<b>1</b>	<b>Tuesday, September 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau	Buffalo, NY <b>Sutra 147</b> Khara 5113
	Dhanus Rasi: 10.55      Tilthi 10 587176153	<b>Gulika</b> 11:42AM – 1:19PM <b>Yama</b> 8:28AM – 10:05AM <b>Rahu</b> 2:56PM – 4:33PM	<b>Mula* Until 10:29AM</b> Ayushman Until 10:26PM Taitila Until 11:11AM <b>Dasami Until 11:11PM</b>

**Ganesha:** Yellow      *Sunrise:* 5:14AM  
**Muruqa:** Yellow      *Sunset:* 6:10PM  
**Nataraja:** White  
 Moon – Light Blue  
**Bhadrapada\*Avani**

Creative Work    Amrita Yoga  
 Until 10:29AM then Siddha Yoga  
 Until 1.59PM then Amrita Yoga

**Sivaloka Day**  
 Moon 8 - Phase 20  
 4th Phase

<b>2</b>	<b>Wednesday, September 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Buffalo, NY <b>Sutra 148</b> Khara 5113
	Dhanus Rasi: 23.54      Tilthi 11 587176153	<b>Gulika</b> 10:05AM – 11:42AM <b>Yama</b> 6:52AM – 8:29AM <b>Rahu</b> 11:42AM – 1:18PM	<b>Purvashadha* Until 11:07AM</b> Saubhagya Until 9:22PM Vanija Until 11:09AM <b>Ekadasi Until 11:09PM</b>

**Ganesha:** Yellow      *Sunrise:* 5:15AM  
**Muruqa:** Yellow      *Sunset:* 6:08PM  
**Nataraja:** White  
 Moon – Light Blue  
**Bhadrapada\*Avani**

Creative Work    Amrita Yoga  
 Until 1.59PM then Siddha Yoga

**Sivaloka Day**  
 Moon 8 - Phase 20  
 4th Phase

<b>3</b>	<b>Thursday, September 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau	Buffalo, NY <b>Sutra 149</b> Khara 5113
	Makara Rasi: 6.4      Tilthi 12 587176153	<b>Gulika</b> 8:29AM – 10:05AM <b>Yama</b> 5:16AM – 6:53AM <b>Rahu</b> 1:18PM – 2:54PM	<b>Uttarashadha Until 12:10PM</b> Sobhana Until 8:41PM Bava Until 11:35AM <b>Dvadasi Until 11:35PM</b>

**Ganesha:** Yellow      *Sunrise:* 5:16AM  
**Muruqa:** Yellow      *Sunset:* 6:08PM  
**Nataraja:** White  
 Moon – Light Blue  
**Bhadrapada\*Avani**

Creative Work    Siddha Yoga

**Sivaloka Day**  
 Moon 8 - Phase 20  
 4th Phase

<b>4</b>	<b>Friday, September 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Buffalo, NY <b>Sutra 150</b> Khara 5113
	Makara Rasi: 19.13      Tilthi 13 598176153	<b>Gulika</b> 6:53AM – 8:29AM <b>Yama</b> 2:53PM – 4:29PM <b>Rahu</b> 10:05AM – 11:41AM	<b>Sravana Until 2:13PM</b> Athiganda* Until 9:26PM Kaulava Until 12:58PM <b>Trayodasi Until 2:03AM Sat</b> <i>Pradosha Vrata</i>

**Ganesha:** Yellow      *Sunrise:* 5:17AM  
**Muruqa:** Yellow      *Sunset:* 6:08PM  
**Nataraja:** White  
 Moon – Purple  
**Bhadrapada\*Avani**

Creative Work    Siddha Yoga

**Sivaloka Day**  
 Moon 8 - Phase 20  
 4th Phase

<b>5</b>	<b>Saturday, September 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Buffalo, NY <b>Sutra 151</b> Khara 5113
	Kumbha Rasi: 1.38      Tilthi 14 598176153	<b>Gulika</b> 5:19AM – 6:54AM <b>Yama</b> 1:16PM – 2:52PM <b>Rahu</b> 8:30AM – 10:05AM	<b>Dhanishtha Until 4:05PM</b> Sukarma Until 9:21PM Gara Until 2:12PM <b>Chaturdasi* Until 3:18AM Sun</b>

**Ganesha:** Yellow      *Sunrise:* 5:19AM  
**Muruqa:** Yellow      *Sunset:* 6:08PM  
**Nataraja:** White  
 Moon – Purple  
**Bhadrapada\*Avani**

Creative Work    Siddha Yoga  
 Chidambaram Abhishekam

**Sivaloka Day**  
 Moon 8 - Phase 20  
 4th Phase

<b>○</b>	<b>Sunday, September 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Visti*/Bava Karana Purnima* Yam Titau	Buffalo, NY <b>Sutra 152</b> Khara 5113
	Kumbha Rasi: 13.53      Tilthi 15 598186153	<b>Gulika</b> 2:51PM – 4:26PM <b>Yama</b> 11:40AM – 1:16PM <b>Rahu</b> 4:26PM – 6:01PM	<b>Satabhisha Until 6:13PM</b> Dhriti Until 9:32PM Visti Until 3:45PM <b>Purnima* Until 4:50AM Mon</b>

**Ganesha:** Yellow      *Sunrise:* 5:20AM  
**Muruqa:** White      *Sunset:* 6:01PM  
**Nataraja:** White  
 Moon – Purple  
**Bhadrapada\*Avani**

Creative Work    Siddha Yoga  
 Until 6:13PM then no yoga  
**Grandparent's Day**

**Subha Sivaloka Day**  
 Moon 8 - Phase 20  
 Purnima

<b>○</b>	<b>Monday, September 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathama* Yam Titau	Buffalo, NY <b>Sutra 153</b> Khara 5113
	Kumbha Rasi: 26.02      Tilthi 16 518186153	<b>Gulika</b> 1:15PM – 2:50PM <b>Yama</b> 10:05AM – 11:40AM <b>Rahu</b> 6:55AM – 8:30AM	<b>Purvaprostapada* Until 8:36PM</b> Shula* Until 9:57PM Balava Until 5:34PM <b>Prathama* Until 6:32AM Tue</b>

**Ganesha:** Yellow      *Sunrise:* 5:21AM  
**Muruqa:** White      *Sunset:* 5:59PM  
**Nataraja:** White  
 Moon – Clear  
**Bhadrapada\*Avani**

Creative Work    No Yoga  
 Until 1.57PM then Marana Yoga  
 Until 8:36PM then Amrita Yoga

**Subha Sivaloka Day**  
 Moon 8 - Phase 20  
 Prathama

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



**Tuesday, September 13, 2011**  
**Gold Retreat Star**

Meena Rasi: 8.04      Tithi 16 – 17  
518186153  
Creative Work    Amrita Yoga  
Until 1.57PM then Siddha Yoga  
Until 11:13PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    11:40AM – 1:14PM    **Uttaraprostapada Until 11:13PM**  
**Yama**      8:31AM – 10:05AM    **Ganda\* Until 10:34PM**  
**Rahu**      2:49PM – 4:23PM      **Taitila Until 7:38PM**  
**Prathama\* Until 6:32AM**

Buffalo, NY  
**Sutra 154**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 5:22AM  
**Muruqa:** White    *Sunset:* 5:58PM  
**Nataraja:** White  
Moon – Clear  
**Bhadrapada\*Avani**

**1**

**Wednesday, September 14, 2011**

Meena Rasi: 19.59      Tithi 17 – 18  
518186153  
Routine Work    Marana Yoga  
Until 1.56PM then Siddha Yoga  
Until 2:01AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    10:05AM – 11:39AM    **Revati Until 2:01AM Thu**  
**Yama**      6:57AM – 8:31AM      **Vriddhi Until 11:21PM**  
**Rahu**      11:39AM – 1:14PM      **Vanija Until 9:54PM**  
**Dvitiya Until 8:49AM**

Buffalo, NY  
**Sutra 155**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 5:23AM  
**Muruqa:** White    *Sunset:* 5:56PM  
**Nataraja:** White  
Moon – Clear  
**Bhadrapada\*Avani**

**2**

**Thursday, September 15, 2011**

Mesha Rasi: 1.51      Tithi 18 – 19  
528186153  
Creative Work    Amrita Yoga  
Until 4:58AM Fri then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    8:31AM – 10:05AM    **Asvini Until 4:58AM Fri**  
**Yama**      5:24AM – 6:58AM      **Dhruva Until 12:17AM Fri**  
**Rahu**      1:13PM – 2:47PM      **Bava Until 12:20AM Fri**  
**Tritiya Until 11:15AM**

Buffalo, NY  
**Sutra 156**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Blue      *Sunrise:* 5:24AM  
**Muruqa:** White    *Sunset:* 5:54PM  
**Nataraja:** White  
Moon – White  
**Bhadrapada\*Avani**

**3**

**Friday, September 16, 2011**

Mesha Rasi: 13.4      Tithi 19 – 20  
529186153  
Creative Work    Siddha Yoga  
Until 8:19AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    6:58AM – 8:32AM    **Bharani Until 8:19AM Sat**  
**Yama**      2:46PM – 4:19PM      **Vyaghata\* Until 1:16AM Sat**  
**Rahu**      10:05AM – 11:39AM    **Kaulava Until 2:51AM Sat**  
**Chaturthi\* Until 1:46PM**

Buffalo, NY  
**Sutra 157**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Red      *Sunrise:* 5:25AM  
**Muruqa:** White    *Sunset:* 5:52PM  
**Nataraja:** White  
Moon – White  
**Bhadrapada\*Avani**

**4**

**Saturday, September 17, 2011**

Mesha Rasi: 25.31      Tithi 20 – 21  
529186153  
Creative Work    Siddha Yoga  
Until 8:19AM then Amrita Yoga  
Until 1.55PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    5:26AM – 6:59AM    **Bharani Until 8:19AM**  
**Yama**      1:11PM – 2:44PM      **Harshana Until 2:13AM Sun**  
**Rahu**      8:32AM – 10:05AM    **Gara Until 5:20AM Sun**  
**Panchami Until 4:14PM**

Buffalo, NY  
**Sutra 158**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Red      *Sunrise:* 5:26AM  
**Muruqa:** White    *Sunset:* 5:51PM  
**Nataraja:** White  
Moon – White  
**Bhadrapada\*Puratasi**

**5**

**Sunday, September 18, 2011**

Vrishabha Rasi: 7.26      Tithi 21  
529186153  
Creative Work    Siddha Yoga  
Until 1.55PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Vanija Karana Shasthi\* Yam Titau  
**Gulika**    2:43PM – 4:16PM    **Krittika Until 11:08AM**  
**Yama**      11:38AM – 1:11PM      **Vajra\* Until 3:02AM Mon**  
**Rahu**      4:16PM – 5:49PM      **Vanija Until 7:38AM Mon**  
**Shasthi\* Until 6:32PM**

Buffalo, NY  
**Sutra 159**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Red      *Sunrise:* 5:27AM  
**Muruqa:** White    *Sunset:* 5:49PM  
**Nataraja:** White  
Moon – White  
**Bhadrapada\*Puratasi**

**6**

**Monday, September 19, 2011**

Vrishabha Rasi: 19.31      Tithi 22  
539186153  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 1:39PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    1:10PM – 2:42PM    **Rohini Until 1:39PM**  
**Yama**      10:05AM – 11:38AM    **Siddhi Until 3:33AM Tue**  
**Rahu**      7:00AM – 8:33AM      **Visti Until 7:24AM**  
**Saptami Until 8:30PM**

Buffalo, NY  
**Sutra 160**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase  
**Subha Subha Sivaloka Day**  
**Ganesha:** Green    *Sunrise:* 5:28AM  
**Muruqa:** White    *Sunset:* 5:47PM  
**Nataraja:** White  
Moon – Yellow  
**Bhadrapada\*Puratasi**

**Retreat Star**

**Tuesday, September 20, 2011**

Mithuna Rasi: 1.5      Tithi 23  
539186153  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    11:37AM – 1:09PM    **Mrigasira Until 2:55PM**  
**Yama**      8:33AM – 10:05AM    **Vyatipata\* Until 2:03AM Wed**  
**Rahu**      2:41PM – 4:13PM      **Balava Until 8:35AM**  
**Ashtami\* Until 8:35PM**

Buffalo, NY  
**Sutra 161**  
Khara 5113  
Moon 9 - Phase 21  
Ashtami  
**Subha Subha Sivaloka Day**  
**Ganesha:** Green    *Sunrise:* 5:29AM  
**Muruqa:** White    *Sunset:* 5:45PM  
**Nataraja:** White  
Moon – Yellow  
**Bhadrapada\*Puratasi**

**Wednesday, September 21, 2011**

**Retreat Star**

Mithuna Rasi: 14.31      Tithi 24  
539186153  
Creative Work    Siddha Yoga  
Until 1.54PM then Marana Yoga  
Until 4:08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    10:05AM – 11:37AM    **Ardra Until 4:08PM**  
**Yama**      7:02AM – 8:33AM      **Variyan Until 1:31AM Thu**  
**Rahu**      11:37AM – 1:09PM      **Taitila Until 9:12AM**  
**Navami\* Until 9:12PM**

Buffalo, NY  
**Sutra 162**  
Khara 5113  
Moon 9 - Phase 21  
Navami  
**Subha Subha Sivaloka Day**  
**Ganesha:** Green    *Sunrise:* 5:30AM  
**Muruqa:** White    *Sunset:* 5:44PM  
**Nataraja:** White  
Moon – Yellow  
**Bhadrapada\*Puratasi**


With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192

<b>1</b>	<b>Thursday, September 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha* Yoga Vanija/Visti* Karana Dasami Yam Titau				Buffalo, NY
	Mithuna Rasi: 27.36	Tithi 25	<b>Gulika</b> 8:34AM – 10:05AM	<b>Punarvasu</b> Until 3:50PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:31AM	<b>Sun 9</b>	<b>Sutra 163</b> Khara 5113
		549186153	<b>Yama</b> 5:31AM – 7:02AM	<b>Parigha*</b> Until 11:02PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:42PM		Moon 9 - Phase 22
			<b>Rahu</b> 1:08PM – 2:39PM	<b>Vanija</b> Until 8:44AM	<b>Nataraja:</b> White		2nd Phase
				<b>Dasami</b> Until 7:49PM	<b>Moon – Blue</b>		<b>Subha Sivaloka Day</b>
					<b>Bhadrapada•Puratasi</b>		

<b>2</b>	<b>Friday, September 23, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Aslesha* Nakshatra Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau				Buffalo, NY
	Kataka Rasi: 11.1	Tithi 26	<b>Gulika</b> 7:03AM – 8:34AM	<b>Pushya</b> Until 3:25PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:32AM	<b>Sun 10</b>	<b>Sutra 164</b> Khara 5113
		549286153	<b>Yama</b> 2:38PM – 4:09PM	<b>Shiva</b> Until 9:05PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:40PM		Moon 9 - Phase 22
			<b>Rahu</b> 10:05AM – 11:36AM	<b>Bava</b> Until 7:39AM	<b>Nataraja:</b> White		2nd Phase
				<b>Ekadasi*</b> Until 6:43PM	<b>Moon – Blue</b>		<b>Sivaloka Day</b>
					<b>Bhadrapada•Puratasi</b>		

<b>3</b>	<b>Saturday, September 24, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha/Magha* Nakshatra Siddha Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Buffalo, NY
	Kataka Rasi: 25.14	Tithi 27 – 28	<b>Gulika</b> 5:33AM – 7:04AM	<b>Aslesha*</b> Until 1:37PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:33AM	<b>Sun 11</b>	<b>Sutra 165</b> Khara 5113
		541286153	<b>Yama</b> 1:06PM – 2:37PM	<b>Siddha</b> Until 5:34PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:38PM		Moon 9 - Phase 22
			<b>Rahu</b> 8:35AM – 10:05AM	<b>Gara</b> Until 2:14AM Sun	<b>Nataraja:</b> White		2nd Phase
				<b>Dvadasi*</b> Until 3:56PM	<b>Moon – Blue</b>		<b>Sivaloka Day</b>
				<i>Pradosha Vrata (Fasting)</i>	<b>Bhadrapada•Puratasi</b>		

<b>4</b>	<b>Sunday, September 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Buffalo, NY
	Simha Rasi: 9.47	Tithi 28 – 29	<b>Gulika</b> 2:36PM – 4:06PM	<b>Magha*</b> Until 11:41AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:34AM	<b>Sun 12</b>	<b>Sutra 166</b> Khara 5113
		551286153	<b>Yama</b> 11:35AM – 1:06PM	<b>Sadhya</b> Until 2:18PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:37PM		Moon 9 - Phase 22
			<b>Rahu</b> 4:06PM – 5:37PM	<b>Visti</b> Until 11:34PM	<b>Nataraja:</b> White		2nd Phase
				<b>Trayodasi*</b> Until 1:17PM	<b>Moon – Red</b>		<b>Sivaloka Day</b>
					<b>Bhadrapada•Puratasi</b>		

	<b>Monday, September 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Buffalo, NY
	<b>Retreat Star</b>		<b>Gulika</b> 1:05PM – 2:35PM	<b>Purvaphalguni*</b> Until 9:10AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:35AM	<b>Sun 13</b>	<b>Sutra 167</b> Khara 5113
	Simha Rasi: 24.41	Tithi 29 – 30	<b>Yama</b> 10:05AM – 11:35AM	<b>Subha</b> Until 10:28AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:35PM		Moon 9 - Phase 22
	<b>Family Home Evening</b>	551286153	<b>Rahu</b> 7:05AM – 8:35AM	<b>Catuspada</b> Until 8:15PM	<b>Nataraja:</b> White		Amavasya
				<b>Chaturdasi*</b> Until 9:58AM	<b>Moon – Red</b>		<b>Sivaloka Day</b>
					<b>Bhadrapada•Puratasi</b>		

<b>5</b>	<b>Tuesday, September 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau				Buffalo, NY
	<b>Retreat Star</b>		<b>Gulika</b> 11:35AM – 1:04PM	<b>Uttaraphalguni</b> Until 6:15AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:36AM	<b>Sun 14</b>	<b>Sutra 168</b> Khara 5113
	Kanya Rasi: 9.51	Tithi 30 – 1	<b>Yama</b> 8:36AM – 10:05AM	<b>Sukla</b> Until 6:15AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:33PM		Moon 9 - Phase 22
		551286153	<b>Rahu</b> 2:34PM – 4:03PM	<b>Bava</b> Until 2:48AM Wed	<b>Nataraja:</b> White		Prathama
				<b>Amavasya*</b> Until 6:14AM	<b>Moon – Red</b>		<b>Sivaloka Day</b>
			<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>		

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

<b>1</b>	<b>Wednesday, September 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau					Buffalo, NY Sun 15 Sutra 169 Khara 5113
	Kanya Rasi: 25.05      Tithi 2 661286153	<b>Gulika</b> 10:05AM – 11:34AM <b>Yama</b> 7:07AM – 8:36AM <b>Rahu</b> 11:34AM – 1:04PM	<b>Chitra Until 12:31AM Thu</b> Indra Until 9:55PM Balava Until 12:38PM <b>Dvitiya Until 10:55PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:38AM <b>Muruqa:</b> White <i>Sunset:</i> 5:31PM <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 12:31AM Thu then Amrita Yoga						

<b>2</b>	<b>Thursday, September 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiya Yam Titau					Buffalo, NY Sun 16 Sutra 170 Khara 5113
	Tula Rasi: 10.15      Tithi 3 661286153	<b>Gulika</b> 8:36AM – 10:05AM <b>Yama</b> 5:39AM – 7:08AM <b>Rahu</b> 1:03PM – 2:32PM	<b>Svati Until 9:36PM</b> Vaidhriti* Until 5:43PM Tailila Until 8:54AM <b>Tritiya Until 7:12PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> White <i>Sunset:</i> 5:30PM <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Creative Work    Amrita Yoga Until 1:51PM then Siddha Yoga Until 9:36PM then Marana Yoga						

<b>3</b>	<b>Friday, September 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau					Buffalo, NY Sun 17 Sutra 171 Khara 5113
	Tula Rasi: 25.1      Tithi 4 – 5 671286153	<b>Gulika</b> 7:08AM – 8:37AM <b>Yama</b> 2:31PM – 3:59PM <b>Rahu</b> 10:05AM – 11:34AM	<b>Visakha Until 7:04PM</b> Vishkambha* Until 1:52PM Bava Until 2:10AM Sat <b>Chaturthi* Until 3:52PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> White <i>Sunset:</i> 5:28PM <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Routine Work    Marana Yoga Until 1:51PM then Siddha Yoga						

<b>4</b>	<b>Saturday, October 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau					Buffalo, NY Sun 18 Sutra 172 Khara 5113
	Vrischika Rasi: 9.44      Tithi 5 – 6 671286153	<b>Gulika</b> 5:41AM – 7:09AM <b>Yama</b> 1:02PM – 2:30PM <b>Rahu</b> 8:37AM – 10:05AM	<b>Anuradha Until 5:54PM</b> Priti Until 10:51AM Kaulava Until 12:48AM Sun <b>Panchami Until 1:43PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> White <i>Sunset:</i> 5:26PM <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 1:51PM then Marana Yoga						

<b>5</b>	<b>Sunday, October 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saplami Yam Titau					Buffalo, NY Sun 19 Sutra 173 Khara 5113
	Vrischika Rasi: 23.52      Tithi 6 – 7 671286153	<b>Gulika</b> 2:29PM – 3:57PM <b>Yama</b> 11:33AM – 1:01PM <b>Rahu</b> 3:57PM – 5:24PM	<b>Jyeshtha* Until 4:31PM</b> Ayushman Until 8:00AM Gara Until 10:40PM <b>Shasthi* Until 11:36AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 5:24PM <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Routine Work    Marana Yoga Until 1:50PM then Siddha Yoga						

<b>D</b>	<b>Monday, October 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau					Buffalo, NY Sun 20 Sutra 174 Khara 5113
	<b>Retreat Star</b> Dhanus Rasi: 7.33      Tithi 7 – 8 <b>Family Home Evening</b> 681286153	<b>Gulika</b> 1:00PM – 2:28PM <b>Yama</b> 10:05AM – 11:33AM <b>Rahu</b> 7:10AM – 8:38AM	<b>Mula* Until 4:41PM</b> Sobhana Until 4:42AM Tue Visti Until 10:39PM <b>Saptami Until 10:39AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:23PM <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>			
	Creative Work    Siddha Yoga Until 1:50PM then Amrita Yoga Until 4:41PM then Siddha Yoga						

<b>D</b>	<b>Tuesday, October 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau					Buffalo, NY Sun 21 Sutra 175 Khara 5113
	<b>Retreat Star</b> Dhanus Rasi: 20.49      Tithi 8 – 9 682286153	<b>Gulika</b> 11:33AM – 1:00PM <b>Yama</b> 8:38AM – 10:05AM <b>Rahu</b> 2:27PM – 3:54PM	<b>Purvashadha* Until 4:48PM</b> Athiganda* Until 3:07AM Wed Balava Until 10:05PM <b>Ashtami* Until 10:05AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> White <i>Sunset:</i> 5:21PM <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 Navami <b>Subha Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 1:50PM then Amrita Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

<b>1</b>	<b>Wednesday, October 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Sravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Buffalo, NY <b>Sutra 176</b> Khara 5113
	Makara Rasi: 3.43    Tithi 9 – 10 682286153	<b>Gulika</b> 10:05AM – 11:32AM <b>Yama</b> 7:12AM – 8:39AM <b>Rahu</b> 11:32AM – 12:59PM	<b>Uttarashadha</b> Until 5:36PM Sukarma Until 2:11AM Thu Taitila Until 10:15PM <b>Navami*</b> Until 10:15AM

Creative Work    Amrita Yoga  
Until 1.49PM then Siddha Yoga

**Ganesha:** Orange    *Sunrise:* 5:45AM  
**Muruqa:** White    *Sunset:* 5:19PM  
**Nataraja:** White  
Moon – Light Blue  
**Ashvina•Puratasi**

**Subha Sivaloka Day**

<b>2</b>	<b>Thursday, October 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Buffalo, NY <b>Sutra 177</b> Khara 5113
	Makara Rasi: 16.19    Tithi 10 – 11 692286153	<b>Gulika</b> 8:39AM – 10:06AM <b>Yama</b> 5:46AM – 7:13AM <b>Rahu</b> 12:58PM – 2:25PM	<b>Sravana</b> Until 8:01PM Dhriti Until 3:15AM Fri Vanija Until 12:34AM Fri <b>Dasami</b> Until 11:28AM

Creative Work    Siddha Yoga

**Ganesha:** Green    *Sunrise:* 5:46AM  
**Muruqa:** White    *Sunset:* 5:18PM  
**Nataraja:** White  
Moon – Purple  
**Ashvina•Puratasi**

**Sivaloka Day**

<b>3</b>	<b>Friday, October 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Buffalo, NY <b>Sutra 178</b> Khara 5113
	Makara Rasi: 28.42    Tithi 11 – 12 692286153	<b>Gulika</b> 7:13AM – 8:40AM <b>Yama</b> 2:24PM – 3:50PM <b>Rahu</b> 10:06AM – 11:32AM	<b>Dhanishtha</b> Until 9:56PM Shula* Until 3:12AM Sat Bava Until 1:54AM Sat <b>Ekadasi</b> Until 12:48PM

Creative Work    Siddha Yoga  
Until 9:56PM then Amrita Yoga

**Ganesha:** Green    *Sunrise:* 5:47AM  
**Muruqa:** White    *Sunset:* 5:16PM  
**Nataraja:** White  
Moon – Purple  
**Ashvina•Puratasi**

**Sivaloka Day**

<b>4</b>	<b>Saturday, October 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Buffalo, NY <b>Sutra 179</b> Khara 5113
	Kumbha Rasi: 10.55    Tithi 12 – 13 692286154	<b>Gulika</b> 5:49AM – 7:14AM <b>Yama</b> 12:57PM – 2:23PM <b>Rahu</b> 8:40AM – 10:06AM	<b>Satabhisha</b> Until 12:11AM Sun Ganda* Until 3:27AM Sun Kaulava Until 3:35AM Sun <b>Dvadasi</b> Until 2:30PM

Creative Work    Amrita Yoga  
Until 1.48PM then Siddha Yoga

**Ganesha:** Green    *Sunrise:* 5:49AM  
**Muruqa:** White    *Sunset:* 5:14PM  
**Nataraja:** Yellow  
Moon – Purple  
**Ashvina•Puratasi**

**Devaloka Day**

*Pradosha Vrata*

<b>5</b>	<b>Sunday, October 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Buffalo, NY <b>Sutra 180</b> Khara 5113
	Kumbha Rasi: 23    Tithi 13 – 14 612286154	<b>Gulika</b> 2:22PM – 3:47PM <b>Yama</b> 11:31AM – 12:56PM <b>Rahu</b> 3:47PM – 5:12PM	<b>Purvaprostapada*</b> Until 2:40AM Mon Vriddhi Until 3:56AM Mon Gara Until 5:33AM Mon <b>Trayodasi</b> Until 4:28PM

Creative Work    Siddha Yoga  
Until 1.48PM then no yoga  
Until 2:40AM Mon then Siddha Yoga

**Ganesha:** Blue    *Sunrise:* 5:50AM  
**Muruqa:** White    *Sunset:* 5:12PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashvina•Puratasi**

**Devaloka Day**

<b>6</b>	<b>Monday, October 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Dhruva Yoga Vanija Karana Chaturdasi* Yam Titau	Buffalo, NY <b>Sutra 181</b> Khara 5113
	Meena Rasi: 4.59    Tithi 14 <b>Family Home Evening</b> 612286154	<b>Gulika</b> 12:56PM – 2:21PM <b>Yama</b> 10:06AM – 11:31AM <b>Rahu</b> 7:16AM – 8:41AM	<b>Uttaraprostapada</b> Until 5:21AM Tue Dhruva Until 4:35AM Tue Vanija Until 7:43AM Tue <b>Chaturdasi*</b> Until 6:38PM

Creative Work    Siddha Yoga  
Until 1.48PM then Amrita Yoga  
Until 5:21AM Tue then Siddha Yoga

**Ganesha:** Blue    *Sunrise:* 5:51AM  
**Muruqa:** White    *Sunset:* 5:11PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashvina•Puratasi**

**Devaloka Day**

<b>○</b>	<b>Tuesday, October 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Buffalo, NY <b>Sutra 182</b> Khara 5113
	Meena Rasi: 16.55    Tithi 15 <b>Copper Retreat Star</b> 612286154	<b>Gulika</b> 11:31AM – 12:55PM <b>Yama</b> 8:41AM – 10:06AM <b>Rahu</b> 2:20PM – 3:45PM	<b>Revati</b> Until 8:25AM Wed Vyaghata* Until 5:21AM Wed Visti Until 7:52AM <b>Purnima*</b> Until 8:57PM

Creative Work    Siddha Yoga  
Until 1.48PM then Marana Yoga

**Ganesha:** Blue    *Sunrise:* 5:52AM  
**Muruqa:** White    *Sunset:* 5:09PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashvina•Puratasi**

**Devaloka Day**

<b>○</b>	<b>Wednesday, October 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Buffalo, NY <b>Sutra 183</b> Khara 5113
	Meena Rasi: 28.47    Tithi 16 <b>Silver Retreat Star</b> 612286154	<b>Gulika</b> 10:06AM – 11:30AM <b>Yama</b> 7:17AM – 8:42AM <b>Rahu</b> 11:30AM – 12:55PM	<b>Revati</b> Until 8:25AM Harshana Until 6:32AM Thu Balava Until 10:18AM <b>Prathama*</b> Until 11:23PM

Routine Work    Marana Yoga  
Until 1.47PM then Amrita Yoga

**Ganesha:** Blue    *Sunrise:* 5:53AM  
**Muruqa:** White    *Sunset:* 5:08PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashvina•Puratasi**

**Devaloka Day**

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM





**Thursday, October 13, 2011**  
**Gold Retreat Star**

Mesha Rasi: 10.38      Tithi 17  
622286154  
Creative Work    Amrita Yoga  
Until 11:24AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini/Bharani Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Dvitiya Yam Titau

**Gulika**    8:42AM – 10:06AM    **Asvini** Until 11:24AM  
**Yama**      5:54AM – 7:18AM      Harshana Until 6:32AM  
**Rahu**      12:54PM – 2:18PM      Tailila Until 12:47PM  
**Dvitiya** Until 1:53AM Fri

**Ganesha:** Red      *Sunrise:* 5:54AM  
**Muruqa:** White    *Sunset:* 5:06PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Buffalo, NY  
**Sun 1**    **Sutra 184**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**1**

**Friday, October 14, 2011**

Mesha Rasi: 22.29      Tithi 18  
622286154  
Creative Work    Siddha Yoga  
Until 2:22PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**    7:19AM – 8:43AM    **Bharani** Until 2:22PM  
**Yama**      2:17PM – 3:41PM      Vajra\* Until 7:26AM  
**Rahu**      10:06AM – 11:30AM    Vanija Until 3:17PM  
**Tritiya** Until 4:22AM Sat

**Ganesha:** Red      *Sunrise:* 5:55AM  
**Muruqa:** White    *Sunset:* 5:04PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Buffalo, NY  
**Sun 2**    **Sutra 185**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**2**

**Saturday, October 15, 2011**

Wrishabha Rasi: 4.22      Tithi 19  
622286154  
Creative Work    Amrita Yoga  
Until 1.47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    5:56AM – 7:20AM    **Krittika** Until 5:16PM  
**Yama**      12:53PM – 2:16PM      Siddhi Until 8:17AM  
**Rahu**      8:43AM – 10:06AM    Bava Until 5:42PM  
**Chaturthi\*** Until 6:50AM Sun

**Ganesha:** Red      *Sunrise:* 5:56AM  
**Muruqa:** White    *Sunset:* 5:03PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

Buffalo, NY  
**Sun 3**    **Sutra 186**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Sivaloka Day**

**3**

**Sunday, October 16, 2011**

Wrishabha Rasi: 16.2      Tithi 19 – 20  
632286154  
Creative Work    Siddha Yoga  
Until 1.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    2:15PM – 3:38PM    **Rohini** Until 7:59PM  
**Yama**      11:29AM – 12:52PM    Vyatipata\* Until 8:58AM  
**Rahu**      3:38PM – 5:01PM      Kaulava Until 7:55PM  
**Chaturthi\*** Until 6:50AM

**Ganesha:** Green      *Sunrise:* 5:58AM  
**Muruqa:** White    *Sunset:* 5:01PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**

Buffalo, NY  
**Sun 4**    **Sutra 187**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**4**

**Monday, October 17, 2011**

Wrishabha Rasi: 28.28      Tithi 20 – 21  
633286154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 1.46PM then Siddha Yoga  
Until 10:25PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira Nakshatra Variyan/Parigha\* Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    12:52PM – 2:14PM    **Mrigasira** Until 10:25PM  
**Yama**      10:07AM – 11:29AM    Variyan Until 9:23AM  
**Rahu**      7:21AM – 8:44AM      Gara Until 9:49PM  
**Panchami** Until 8:44AM

**Ganesha:** White      *Sunrise:* 5:59AM  
**Muruqa:** White    *Sunset:* 5:00PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

Buffalo, NY  
**Sun 5**    **Sutra 188**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**

**5**

**Tuesday, October 18, 2011**

Mithuna Rasi: 10.48      Tithi 21 – 22  
633386154  
Routine Work    Marana Yoga  
Until 1.46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    11:29AM – 12:51PM    **Ardra** Until 10:59PM  
**Yama**      8:44AM – 10:07AM    Parigha\* Until 9:08AM  
**Rahu**      2:13PM – 3:36PM      Visti Until 9:48PM  
**Shasthi\*** Until 9:48AM

**Ganesha:** Green      *Sunrise:* 6:00AM  
**Muruqa:** White    *Sunset:* 4:58PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

Buffalo, NY  
**Sun 6**    **Sutra 189**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase

**Devaloka Day**



**Wednesday, October 19, 2011**  
**Retreat Star**

Mithuna Rasi: 23.26      Tithi 22 – 23  
643386154  
Creative Work    Siddha Yoga  
Until 1.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    10:07AM – 11:29AM    **Punarvasu** Until 12:16AM Thu  
**Yama**      7:23AM – 8:45AM      Shiva Until 8:37AM  
**Rahu**      11:29AM – 12:51PM    Balava Until 10:31PM  
**Saptami** Until 10:31AM

**Ganesha:** Orange      *Sunrise:* 6:01AM  
**Muruqa:** White    *Sunset:* 4:56PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

Buffalo, NY  
**Sun 7**    **Sutra 190**  
Khara 5113  
Moon 10 - Phase 25  
Ashtami

**Sivaloka Day**

**Thursday, October 20, 2011**  
**Retreat Star**

Kataka Rasi: 6.27      Tithi 23 – 24  
643386154  
Creative Work    Amrita Yoga  
Until 1.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    8:45AM – 10:07AM    **Pushya** Until 12:52AM Fri  
**Yama**      6:02AM – 7:24AM      Siddha Until 7:28AM  
**Rahu**      12:50PM – 2:12PM      Tailila Until 10:29PM  
**Ashtami\*** Until 10:29AM

**Ganesha:** Orange      *Sunrise:* 6:02AM  
**Muruqa:** White    *Sunset:* 4:55PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

Buffalo, NY  
**Sun 8**    **Sutra 191**  
Khara 5113  
Moon 10 - Phase 25  
Navami

**Sivaloka Day**

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139


<b>1</b>	<b>Friday, October 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Aslesha* Nakshatra Subha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Buffalo, NY <b>Sutra 192</b> Khara 5113
	Kataka Rasi: 19.54    Tithi 24 – 25 643386154	<b>Gulika</b> 7:25AM – 8:46AM <b>Yama</b> 2:11PM – 3:32PM <b>Rahu</b> 10:07AM – 11:28AM	<b>Aslesha* Until 11:19PM</b> Subha Until 2:56AM Sat Vanija Until 8:23PM <b>Navami* Until 9:18AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:03AM</i> <b>Muruqa:</b> White <i>Sunset: 4:53PM</i> <b>Nataraja:</b> Yellow Moon – Blue <b>Ashvina-Aipasi</b>	Sun 9 Moon 10 - Phase 26 2nd Phase <b>Sivaloka Day</b>
	Routine Work    Marana Yoga Until 11:19PM then Amrita Yoga				

<b>2</b>	<b>Saturday, October 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Buffalo, NY <b>Sutra 193</b> Khara 5113
	Simha Rasi: 3.49    Tithi 25 – 26 653386154	<b>Gulika</b> 6:05AM – 7:26AM <b>Yama</b> 12:49PM – 2:10PM <b>Rahu</b> 8:46AM – 10:07AM	<b>Magha* Until 10:20PM</b> Sukla Until 12:25AM Sun Bava Until 6:41PM <b>Dasami Until 7:36AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:05AM</i> <b>Muruqa:</b> White <i>Sunset: 4:52PM</i> <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>	Sun 10 Moon 10 - Phase 26 2nd Phase <b>Devaloka Day</b>
	Creative Work    Amrita Yoga Until 1:45PM then Marana Yoga Until 10:20PM then Siddha Yoga				

<b>3</b>	<b>Sunday, October 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau			Buffalo, NY <b>Sutra 194</b> Khara 5113
	Simha Rasi: 18.11    Tithi 27 653386154	<b>Gulika</b> 2:09PM – 3:30PM <b>Yama</b> 11:28AM – 12:49PM <b>Rahu</b> 3:30PM – 4:50PM	<b>Purvaphalguni* Until 7:34PM</b> Brahma Until 8:13PM Kaulava Until 3:25PM <b>Dvadasi* Until 1:42AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:06AM</i> <b>Muruqa:</b> White <i>Sunset: 4:50PM</i> <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>	Sun 11 Moon 10 - Phase 26 2nd Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 7:34PM then Marana Yoga				

<b>4</b>	<b>Monday, October 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Buffalo, NY <b>Sutra 195</b> Khara 5113
	Kanya Rasi: 2.58    Tithi 28 <b>Family Home Evening</b> 653386154	<b>Gulika</b> 12:48PM – 2:08PM <b>Yama</b> 10:08AM – 11:28AM <b>Rahu</b> 7:27AM – 8:48AM	<b>Uttaraphalguni Until 5:15PM</b> Indra Until 4:33PM Gara Until 12:21PM <b>Trayodasi* Until 10:38PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:07AM</i> <b>Muruqa:</b> White <i>Sunset: 4:49PM</i> <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina-Aipasi</b>	Sun 12 Moon 10 - Phase 26 2nd Phase <b>Devaloka Day</b>
	Routine Work    Marana Yoga Until 1:45PM then Amrita Yoga Until 5:15PM then Siddha Yoga				

<b>5</b>	<b>Tuesday, October 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Buffalo, NY <b>Sutra 196</b> Khara 5113
	Kanya Rasi: 18.03    Tithi 29 663386154	<b>Gulika</b> 11:28AM – 12:48PM <b>Yama</b> 8:48AM – 10:08AM <b>Rahu</b> 2:08PM – 3:28PM	<b>Hasta Until 2:28PM</b> Vaidhriti* Until 12:26PM Visti Until 8:47AM <b>Chaturdasi* Until 7:04PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:08AM</i> <b>Muruqa:</b> White <i>Sunset: 4:48PM</i> <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>	Sun 13 Moon 10 - Phase 26 2nd Phase <b>Devaloka Day</b> <b>Tour Day</b>
	Creative Work    Siddha Yoga	<b>Subramuniaswami Mahasamadhi Deepavali Hindu Solidarity Day</b>			

	<b>Wednesday, October 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Buffalo, NY <b>Sutra 197</b> Khara 5113
	<b>Retreat Star</b> Tula Rasi: 3.17    Tithi 30 – 1 663386154	<b>Gulika</b> 10:08AM – 11:28AM <b>Yama</b> 7:29AM – 8:49AM <b>Rahu</b> 11:28AM – 12:47PM	<b>Chitra Until 11:25AM</b> Vishkambha* Until 8:05AM Kintughna Until 1:30AM Thu <b>Amavasya* Until 3:13PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:09AM</i> <b>Muruqa:</b> White <i>Sunset: 4:46PM</i> <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina-Aipasi</b>	Sun 14 Moon 10 - Phase 26 Amavasya <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 1:45PM then Amrita Yoga				

	<b>Thursday, October 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Buffalo, NY <b>Sutra 198</b> Khara 5113
	<b>Retreat Star</b> Tula Rasi: 18.31    Tithi 1 – 2 663386154	<b>Gulika</b> 8:49AM – 10:08AM <b>Yama</b> 6:11AM – 7:30AM <b>Rahu</b> 12:47PM – 2:06PM	<b>Svati Until 8:22AM</b> Ayushman Until 11:44PM Balava Until 9:40PM <b>Prathama* Until 11:23AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:11AM</i> <b>Muruqa:</b> White <i>Sunset: 4:45PM</i> <b>Nataraja:</b> Yellow Moon – Green <b>Karttika-Aipasi</b>	Sun 15 Moon 10 - Phase 26 Prathama <b>Devaloka Day</b>
	Creative Work    Amrita Yoga Until 8:22AM then Siddha Yoga Until 1:45PM then Marana Yoga	<b>Skanda Shasthi Begins</b>			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

<b>1</b>		<b>Friday, October 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Buffalo, NY <b>Sutra 199</b> Khara 5113
Wrischika Rasi: 3.35	Tithi 2 – 3	673386154	<b>Gulika</b> 7:31AM – 8:50AM <b>Yama</b> 2:05PM – 3:24PM <b>Rahu</b> 10:09AM – 11:28AM	<b>Anuradha Until 2:56AM Sat</b> Saubhagya Until 7:38PM Taitila Until 6:08PM <b>Dvitiya Until 7:51AM</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise: 6:12AM</i> <b>Muruqa:</b> White <i>Sunset: 4:43PM</i> <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	Sun 16 Moon 10 - Phase 27 3rd Phase <b>Devaloka Day</b>
<b>2</b>		<b>Saturday, October 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Buffalo, NY <b>Sutra 200</b> Khara 5113
Wrischika Rasi: 18.2	Tithi 4	673386154	<b>Gulika</b> 6:13AM – 7:32AM <b>Yama</b> 12:46PM – 2:05PM <b>Rahu</b> 8:50AM – 10:09AM	<b>Jyeshtha* Until 2:00AM Sun</b> Sobhana Until 4:41PM Vanija Until 3:50PM <b>Chaturthi* Until 2:55AM Sun</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise: 6:13AM</i> <b>Muruqa:</b> White <i>Sunset: 4:42PM</i> <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	Sun 17 Moon 10 - Phase 27 3rd Phase <b>Devaloka Day</b>
Until 1.45PM then Marana Yoga				
Until 2:00AM Sun then Amrita Yoga				
<b>3</b>		<b>Sunday, October 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau	Buffalo, NY <b>Sutra 201</b> Khara 5113
Dhanus Rasi: 2.4	Tithi 5	683386154	<b>Gulika</b> 2:04PM – 3:22PM <b>Yama</b> 11:27AM – 12:46PM <b>Rahu</b> 3:22PM – 4:41PM	<b>Mula* Until 12:17AM Mon</b> Athiganda* Until 1:29PM Bava Until 1:22PM <b>Panchami Until 12:27AM Mon</b>
Creative Work	Amrita Yoga		<b>Ganesha:</b> Orange <i>Sunrise: 6:14AM</i> <b>Muruqa:</b> White <i>Sunset: 4:41PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	Sun 18 Moon 10 - Phase 27 3rd Phase <b>Sivaloka Day</b>
Until 1.45PM then Siddha Yoga				
Until 12:17AM Mon then Marana Yoga				
<b>4</b>		<b>Monday, October 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Buffalo, NY <b>Sutra 202</b> Khara 5113
Dhanus Rasi: 16.32	Tithi 6	683386154	<b>Gulika</b> 12:45PM – 2:03PM <b>Yama</b> 10:09AM – 11:27AM <b>Rahu</b> 7:34AM – 8:52AM	<b>Purvashadha* Until 12:43AM Tue</b> Sukarma Until 11:24AM Kaulava Until 12:15PM <b>Shasthi* Until 12:15AM Tue</b>
Family Home Evening			<b>Ganesha:</b> Orange <i>Sunrise: 6:16AM</i> <b>Muruqa:</b> White <i>Sunset: 4:39PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	Sun 19 Moon 10 - Phase 27 3rd Phase <b>Sivaloka Day</b>
Routine Work	Marana Yoga		<b>Skanda Shasthi</b>	
Until 1.44PM then Siddha Yoga				
Until 12:43AM Tue then Prabalarishta Yoga				
<b>5</b>		<b>Tuesday, November 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarahadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau	Buffalo, NY <b>Sutra 203</b> Khara 5113
Dhanus Rasi: 29.56	Tithi 7	684386154	<b>Gulika</b> 11:27AM – 12:45PM <b>Yama</b> 8:52AM – 10:10AM <b>Rahu</b> 2:03PM – 3:20PM	<b>Uttarahadha Until 12:35AM Wed</b> Dhriti Until 9:34AM Gara Until 11:27AM <b>Saptami Until 11:27PM</b>
Routine Work	Prabalarishta Yoga		<b>Ganesha:</b> Clear <i>Sunrise: 6:17AM</i> <b>Muruqa:</b> White <i>Sunset: 4:39PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	Sun 20 Moon 10 - Phase 27 3rd Phase <b>Sivaloka Day</b>
Until 1.44PM then Amrita Yoga				
Until 12:35AM Wed then Siddha Yoga				
<b>Retreat Star</b>		<b>Wednesday, November 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Buffalo, NY <b>Sutra 204</b> Khara 5113
Makara Rasi: 12.54	Tithi 8	694386154	<b>Gulika</b> 10:10AM – 11:27AM <b>Yama</b> 7:35AM – 8:53AM <b>Rahu</b> 11:27AM – 12:45PM	<b>Sravana Until 1:15AM Thu</b> Shula* Until 8:28AM Visti Until 11:30AM <b>Ashtami* Until 11:30PM</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> White <i>Sunrise: 6:18AM</i> <b>Muruqa:</b> White <i>Sunset: 4:37PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	Sun 21 Moon 10 - Phase 27 Ashtami <b>Devaloka Day</b>
Until 1.44PM then Amrita Yoga				
Until 12:35AM Wed then Siddha Yoga				
<b>Retreat Star</b>		<b>Thursday, November 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navami* Yam Titau	Buffalo, NY <b>Sutra 205</b> Khara 5113
Makara Rasi: 25.31	Tithi 9	694386154	<b>Gulika</b> 8:53AM – 10:10AM <b>Yama</b> 6:19AM – 7:36AM <b>Rahu</b> 12:44PM – 2:01PM	<b>Dhanishtha Until 4:18AM Fri</b> Ganda* Until 8:09AM Balava Until 12:51PM <b>Navami* Until 1:56AM Fri</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> White <i>Sunrise: 6:19AM</i> <b>Muruqa:</b> White <i>Sunset: 4:35PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	Sun 22 Moon 10 - Phase 27 Navami <b>Devaloka Day</b>
Until 1.44PM then Amrita Yoga				
Until 12:35AM Wed then Siddha Yoga				

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

<b>1</b>	<b>Friday, November 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Dasami Yam Titau			Buffalo, NY
	Kumbha Rasi: 7.51      Tithi 10	<b>Gulika</b> 7:37AM – 8:54AM	<b>Satabhisha Until 6:03AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:21AM	<b>Sun 23</b> <b>Sutra 206</b> Khara 5113
	694386154	<b>Yama</b> 2:01PM – 3:18PM	<b>Vriddhi Until 8:09AM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 4:34PM	Moon 10 - Phase 28
		<b>Rahu</b> 10:11AM – 11:27AM	<b>Tailila Until 2:19PM</b>	<b>Nataraja:</b> Yellow	4th Phase
			<b>Dasami Until 3:24AM Sat</b>	<b>Moon – Purple</b>	<b>Devaloka Day</b>
				<b>Karttika-Aipasi</b>	

<b>2</b>	<b>Saturday, November 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadasi Yam Titau			Buffalo, NY
	Kumbha Rasi: 19.58      Tithi 11	<b>Gulika</b> 6:22AM – 7:38AM	<b>Satabhisha Until 6:03AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:22AM	<b>Sun 24</b> <b>Sutra 207</b> Khara 5113
	694386154	<b>Yama</b> 12:44PM – 2:00PM	<b>Dhruva Until 8:31AM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 4:33PM	Moon 10 - Phase 28
		<b>Rahu</b> 8:55AM – 10:11AM	<b>Vanija Until 4:13PM</b>	<b>Nataraja:</b> Yellow	4th Phase
			<b>Ekadasi Until 5:19AM Sun</b>	<b>Moon – Purple</b>	<b>Devaloka Day</b>
				<b>Karttika-Aipasi</b>	

<b>3</b>	<b>Sunday, November 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada* Nakshatra Vyaghata*/Harshana Yoga Bava Karana Dvadasi Yam Titau			Buffalo, NY
	Meena Rasi: 1.58      Tithi 12	<b>Gulika</b> 2:00PM – 3:16PM	<b>Purvaprostapada* Until 8:44AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:23AM	<b>Sun 25</b> <b>Sutra 208</b> Khara 5113
	614386154	<b>Yama</b> 11:27AM – 12:44PM	<b>Vyaghata* Until 9:09AM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 4:32PM	Moon 10 - Phase 28
		<b>Rahu</b> 3:16PM – 4:32PM	<b>Bava Until 6:26PM</b>	<b>Nataraja:</b> Yellow	4th Phase
			<b>Dvadasi Until 7:44AM Mon</b>	<b>Moon – Clear</b>	<b>Devaloka Day</b>
				<b>Karttika-Aipasi</b>	

<b>4</b>	<b>Monday, November 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada*/Revati* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Buffalo, NY
	Meena Rasi: 13.52      Tithi 12 – 13	<b>Gulika</b> 12:43PM – 1:59PM	<b>Uttaraprostapada Until 11:36AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:24AM	<b>Sun 26</b> <b>Sutra 209</b> Khara 5113
<b>Family Home Evening</b>	714386154	<b>Yama</b> 10:12AM – 11:28AM	<b>Harshana Until 9:56AM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 4:31PM	Moon 10 - Phase 28
		<b>Rahu</b> 7:40AM – 8:56AM	<b>Kaulava Until 8:50PM</b>	<b>Nataraja:</b> Yellow	4th Phase
			<b>Dvadasi Until 7:44AM</b>	<b>Moon – Clear</b>	<b>Sivaloka Day</b>
				<b>Karttika-Aipasi</b>	

*Pradosha Vrata*

<b>5</b>	<b>Tuesday, November 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Asvini Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Buffalo, NY
	Meena Rasi: 25.44      Tithi 13 – 14	<b>Gulika</b> 11:28AM – 12:43PM	<b>Revati Until 2:32PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:26AM	<b>Sun 27</b> <b>Sutra 210</b> Khara 5113
	714386154	<b>Yama</b> 8:57AM – 10:12AM	<b>Vajra* Until 10:48AM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 4:30PM	Moon 10 - Phase 28
		<b>Rahu</b> 1:59PM – 3:14PM	<b>Gara Until 11:19PM</b>	<b>Nataraja:</b> Yellow	4th Phase
			<b>Trayodasi Until 10:14AM</b>	<b>Moon – Clear</b>	<b>Sivaloka Day</b>
				<b>Karttika-Aipasi</b>	

<b>○</b>	<b>Wednesday, November 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau			Buffalo, NY
	<b>Copper Retreat Star</b>	<b>Gulika</b> 10:12AM – 11:28AM	<b>Asvini Until 5:30PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:27AM	<b>Sutra 211</b> Khara 5113
Mesha Rasi: 7.35      Tithi 14 – 15	724386154	<b>Yama</b> 7:42AM – 8:57AM	<b>Siddhi Until 11:41AM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 4:29PM	Moon 10 - Phase 28
		<b>Rahu</b> 11:28AM – 12:43PM	<b>Visli Until 1:50AM Thu</b>	<b>Nataraja:</b> Yellow	Purnima
			<b>Chaturdasi* Until 12:44PM</b>	<b>Moon – White</b>	<b>Devaloka Day</b>
				<b>Karttika-Aipasi</b>	

<b>○</b>	<b>Thursday, November 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Buffalo, NY
	<b>Silver Retreat Star</b>	<b>Gulika</b> 8:58AM – 10:13AM	<b>Bharani Until 8:24PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:28AM	<b>Sutra 212</b> Khara 5113
Mesha Rasi: 19.28      Tithi 15 – 16	724386154	<b>Yama</b> 6:28AM – 7:43AM	<b>Vyatipata* Until 12:30PM</b>	<b>Muruqa:</b> White <i>Sunset:</i> 4:28PM	Moon 10 - Phase 28
		<b>Rahu</b> 12:43PM – 1:58PM	<b>Balava Until 4:17AM Fri</b>	<b>Nataraja:</b> Yellow	Prathama
			<b>Purnima* Until 3:11PM</b>	<b>Moon – White</b>	<b>Devaloka Day</b>
				<b>Karttika-Aipasi</b>	



**Friday, November 11, 2011**  
**Gold Retreat Star**

Wrishabha Rasi: 1.24    Titli 16 - 17  
724386154  
Creative Work    Siddha Yoga  
Until 1.45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Variyana/Parigha\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika**    7:44AM - 8:59AM    **Krittika**    Until 11:12PM  
**Yama**       1:57PM - 3:12PM       Variyan    Until 1:14PM  
**Rahu**       10:13AM - 11:28AM       Taitila    Until 6:37AM Sat  
Prathama\*    Until 5:31PM

**Ganesha:** Blue    *Sunrise:* 6:29AM  
**Muruqa:** White    *Sunset:* 4:27PM  
**Nataraja:** Yellow  
Moon - White  
**Karttika-Aipasi**

Buffalo, NY  
**Sutra 213**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**1**    **Saturday, November 12, 2011**

Wrishabha Rasi: 13.26    Titli 17  
734486154  
Creative Work    Amrita Yoga  
Until 1.45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**       6:31AM - 7:45AM    **Rohini**    Until 1:49AM Sun  
**Yama**       12:42PM - 1:57PM       Parigha\*    Until 1:47PM  
**Rahu**       8:59AM - 10:14AM       Taitila    Until 6:34AM  
Dvitiya    Until 7:40PM

**Ganesha:** Red    *Sunrise:* 6:31AM  
**Muruqa:** White    *Sunset:* 4:26PM  
**Nataraja:** Yellow  
Moon - Yellow  
**Karttika-Aipasi**

Buffalo, NY  
**Sutra 214**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**2**    **Sunday, November 13, 2011**

Wrishabha Rasi: 25.34    Titli 18  
735486154  
Creative Work    Siddha Yoga  
Until 1.45PM then Amrita Yoga  
Until 4:12AM Mon then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigasira Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**       1:56PM - 3:10PM    **Mrigasira**    Until 4:12AM Mon  
**Yama**       11:28AM - 12:42PM       Shiva    Until 2:08PM  
**Rahu**       3:10PM - 4:25PM       Vanija    Until 8:27AM  
Tritiya    Until 9:33PM

**Ganesha:** Yellow    *Sunrise:* 6:32AM  
**Muruqa:** White    *Sunset:* 4:25PM  
**Nataraja:** Yellow  
Moon - Yellow  
**Karttika-Aipasi**

Buffalo, NY  
**Sutra 215**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**3**    **Monday, November 14, 2011**

Mithuna Rasi: 7.52    Titli 19  
735486154  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 1.45PM then Marana Yoga  
Until 4:24AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**       12:42PM - 1:56PM    **Ardra**    Until 4:24AM Tue  
**Yama**       10:14AM - 11:28AM       Siddha    Until 1:36PM  
**Rahu**       7:47AM - 9:01AM       Bava    Until 10:00AM  
Chaturthi\*    Until 11:05PM

**Ganesha:** Yellow    *Sunrise:* 6:33AM  
**Muruqa:** White    *Sunset:* 4:24PM  
**Nataraja:** Yellow  
Moon - Yellow  
**Karttika-Aipasi**

Buffalo, NY  
**Sutra 216**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**4**    **Tuesday, November 15, 2011**

Mithuna Rasi: 20.22    Titli 20  
745486154  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**       11:28AM - 12:42PM    **Punarvasu**    Until 6:24AM Wed  
**Yama**       9:01AM - 10:15AM       Sadhya    Until 1:18PM  
**Rahu**       1:56PM - 3:09PM       Kaulava    Until 10:41AM  
Panchami    Until 10:41PM

**Ganesha:** White    *Sunrise:* 6:34AM  
**Muruqa:** White    *Sunset:* 4:23PM  
**Nataraja:** Yellow  
Moon - Blue  
**Karttika-Aipasi**

Buffalo, NY  
**Sutra 217**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**5**    **Wednesday, November 16, 2011**

Kataka Rasi: 3.07    Titli 21  
745486154  
Creative Work    Siddha Yoga  
Until 1.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**       10:15AM - 11:29AM    **Punarvasu**    Until 6:24AM  
**Yama**       7:49AM - 9:02AM       Subha    Until 12:35PM  
**Rahu**       11:29AM - 12:42PM       Gara    Until 11:12AM  
Shasthi\*    Until 11:12PM

**Ganesha:** White    *Sunrise:* 6:35AM  
**Muruqa:** White    *Sunset:* 4:22PM  
**Nataraja:** Yellow  
Moon - Blue  
**Karttika-Karttikai**

Buffalo, NY  
**Sutra 218**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**6**    **Thursday, November 17, 2011**

Kataka Rasi: 16.09    Titli 22  
745486155  
Creative Work    Amrita Yoga  
Until 6:57AM then Siddha Yoga  
Until 1.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**       9:03AM - 10:16AM    **Pushya**    Until 6:57AM  
**Yama**       6:37AM - 7:50AM       Sukla    Until 11:21AM  
**Rahu**       12:42PM - 1:55PM       Visti    Until 11:08AM  
Saptami    Until 11:08PM

**Ganesha:** White    *Sunrise:* 6:37AM  
**Muruqa:** White    *Sunset:* 4:21PM  
**Nataraja:** Red  
Moon - Blue  
**Karttika-Karttikai**

Buffalo, NY  
**Sutra 219**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**Friday, November 18, 2011**  
**Retreat Star**

Kataka Rasi: 29.32    Titli 23  
745486155  
Routine Work    Marana Yoga  
Until 1.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**       7:51AM - 9:03AM    **Aslesha\***    Until 6:49AM  
**Yama**       1:55PM - 3:07PM       Brahma    Until 9:19AM  
**Rahu**       10:16AM - 11:29AM       Balava    Until 10:04AM  
Ashtami\*    Until 9:09PM

**Ganesha:** White    *Sunrise:* 6:38AM  
**Muruqa:** White    *Sunset:* 4:20PM  
**Nataraja:** Red  
Moon - Blue  
**Karttika-Karttikai**

Buffalo, NY  
**Sutra 220**  
Khara 5113  
Moon 11 - Phase 29  
Ashtami

**Devaloka Day**

**Saturday, November 19, 2011**  
**Retreat Star**

Simha Rasi: 13.16    Titli 24  
755486155  
Creative Work    Amrita Yoga  
Until 6:06AM then Marana Yoga  
Until 1.46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra/Vaidhrithi\* Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**       6:39AM - 7:52AM    **Magha\***    Until 6:06AM  
**Yama**       12:42PM - 1:54PM       Indra    Until 7:03AM  
**Rahu**       9:04AM - 10:17AM       Taitila    Until 8:43AM  
Navami\*    Until 7:47PM

**Ganesha:** Clear    *Sunrise:* 6:39AM  
**Muruqa:** White    *Sunset:* 4:19PM  
**Nataraja:** Red  
Moon - Red  
**Karttika-Karttikai**

Buffalo, NY  
**Sutra 221**  
Khara 5113  
Moon 11 - Phase 29  
Navami

**Sivaloka Day**


Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

<b>1</b>	<b>Sunday, November 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Bava Karana Dasami/Ekadasi* Yam Tilau			Buffalo, NY Sun 9 Sutra 222 Khara 5113
	Simha Rasi: 27.23    Tithi 25 – 26 755486155	<b>Gulika</b> 1:54PM – 3:06PM <b>Yama</b> 11:30AM – 12:42PM <b>Rahu</b> 3:06PM – 4:19PM	<b>Uttaraphalguni</b> Until 3:37AM Mon <b>Vishkambha*</b> Until 1:31AM Mon <b>Vanija</b> Until 6:40AM <b>Dasami</b> Until 5:44PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:40AM <b>Muruqa:</b> White <i>Sunset:</i> 4:19PM <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>	Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
Creative Work    Amrita Yoga Until 1.46PM then Marana Yoga Until 3:37AM Mon then Siddha Yoga					

<b>2</b>	<b>Monday, November 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Tilau			Buffalo, NY Sun 10 Sutra 223 Khara 5113
	Kanya Rasi: 11.52    Tithi 26 – 27 <b>Family Home Evening</b> 765486155 Creative Work    Siddha Yoga	<b>Gulika</b> 12:42PM – 1:54PM <b>Yama</b> 10:18AM – 11:30AM <b>Rahu</b> 7:54AM – 9:06AM	<b>Hasta</b> Until 12:21AM Tue <b>Priti</b> Until 9:04PM <b>Kaulava</b> Until 12:41AM Tue <b>Ekadasi*</b> Until 2:23PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:42AM <b>Muruqa:</b> White <i>Sunset:</i> 4:18PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>	Moon 11 - Phase 30 2nd Phase <b>Devaloka Day</b>

<b>3</b>	<b>Tuesday, November 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Tilau			Buffalo, NY Sun 11 Sutra 224 Khara 5113
	Kanya Rasi: 26.38    Tithi 27 – 28 765486155 Creative Work    Siddha Yoga	<b>Gulika</b> 11:30AM – 12:42PM <b>Yama</b> 9:06AM – 10:18AM <b>Rahu</b> 1:54PM – 3:06PM	<b>Chitra</b> Until 10:04PM <b>Ayushman</b> Until 5:24PM <b>Gara</b> Until 9:40PM <b>Dvadasi*</b> Until 11:23AM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:43AM <b>Muruqa:</b> White <i>Sunset:</i> 4:17PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>	Moon 11 - Phase 30 2nd Phase <b>Devaloka Day</b>

<b>4</b>	<b>Wednesday, November 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Tilau			Buffalo, NY Sun 12 Sutra 225 Khara 5113
	Tula Rasi: 11.35    Tithi 28 – 29 766486155 Creative Work    Siddha Yoga Until 1.47PM then Amrita Yoga Until 7:28PM then Siddha Yoga	<b>Gulika</b> 10:19AM – 11:30AM <b>Yama</b> 7:56AM – 9:07AM <b>Rahu</b> 11:30AM – 12:42PM	<b>Svati</b> Until 7:28PM <b>Saubhagya</b> Until 1:27PM <b>Visti</b> Until 6:20PM <b>Trayodasi*</b> Until 8:03AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:44AM <b>Muruqa:</b> White <i>Sunset:</i> 4:17PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>	Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>

	<b>Thursday, November 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Tilau			Buffalo, NY Sun 13 Sutra 226 Khara 5113
	<b>Retreat Star</b> Tula Rasi: 26.37    Tithi 30 776486155 Creative Work    Siddha Yoga Until 1.47PM then Marana Yoga Until 4:46PM then Siddha Yoga	<b>Gulika</b> 9:08AM – 10:19AM <b>Yama</b> 6:45AM – 7:56AM <b>Rahu</b> 12:42PM – 1:53PM	<b>Visakha</b> Until 4:46PM <b>Sobhana</b> Until 9:24AM <b>Catuspada</b> Until 2:53PM <b>Amavasya*</b> Until 1:10AM Fri	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:45AM <b>Muruqa:</b> White <i>Sunset:</i> 4:16PM <b>Nataraja:</b> Red Moon – Orange <b>Karttika•Karttikai</b>	Moon 11 - Phase 30 Amavasya <b>Sivaloka Day</b>

	<b>Friday, November 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathama* Yam Tilau			Buffalo, NY Sun 14 Sutra 227 Khara 5113
	<b>Retreat Star</b> Vrischika Rasi: 11.33    Tithi 1 776486155 Creative Work    Siddha Yoga	<b>Gulika</b> 7:57AM – 9:09AM <b>Yama</b> 1:53PM – 3:04PM <b>Rahu</b> 10:20AM – 11:31AM	<b>Anuradha</b> Until 2:11PM <b>Sukarma</b> Until 1:29AM Sat <b>Kintughna</b> Until 11:34AM <b>Prathama*</b> Until 9:51PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:46AM <b>Muruqa:</b> White <i>Sunset:</i> 4:16PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira•Karttikai</b>	Moon 11 - Phase 30 Prathama <b>Sivaloka Day</b>

<b>1</b>	<b>Saturday, November 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Buffalo, NY
	Vrischika Rasi: 26.16      Tithi 2 786486155	<b>Gulika</b> 6:47AM – 7:58AM <b>Yama</b> 12:42PM – 1:53PM <b>Rahu</b> 9:09AM – 10:20AM	<b>Jyeshtha* Until 12:23PM</b> Dhriti Until 10:56PM Balava Until 8:50AM Dvitiya Until 7:55PM	<b>Ganesha:</b> Orange <i>Sunrise: 6:47AM</i> <b>Muruqa:</b> White <i>Sunset: 4:15PM</i> <b>Nataraja:</b> Red Moon – Orange <b>Margasira-Karttikai</b>	Sun 15 Sutra 228 Khara 5113 Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 1.48PM then Amrita Yoga					


<b>2</b>	<b>Sunday, November 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau			Buffalo, NY
	Dhanus Rasi: 10.4      Tithi 3 – 4 786486155	<b>Gulika</b> 1:53PM – 3:04PM <b>Yama</b> 11:32AM – 12:42PM <b>Rahu</b> 3:04PM – 4:15PM	<b>Mula* Until 10:34AM</b> Shula* Until 7:37PM Taitila Until 6:17AM Tritiya Until 5:22PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:49AM</i> <b>Muruqa:</b> White <i>Sunset: 4:15PM</i> <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	Sun 16 Sutra 229 Khara 5113 Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 10:34AM then Siddha Yoga Until 1.48PM then Marana Yoga					

<b>3</b>	<b>Monday, November 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visli*/Bava Karana Chaturthi*/Panchami Yam Titau			Buffalo, NY
	Dhanus Rasi: 24.39      Tithi 4 – 5 Family Home Evening 786486155	<b>Gulika</b> 12:42PM – 1:53PM <b>Yama</b> 10:21AM – 11:32AM <b>Rahu</b> 8:00AM – 9:11AM	<b>Purvashadha* Until 9:28AM</b> Ganda* Until 4:58PM Bava Until 2:39AM Tue Chaturthi* Until 3:35PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:50AM</i> <b>Muruqa:</b> White <i>Sunset: 4:14PM</i> <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	Sun 17 Sutra 230 Khara 5113 Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 1.49PM then Prabalarishta Yoga					

<b>4</b>	<b>Tuesday, November 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Buffalo, NY
	Makara Rasi: 8.11      Tithi 5 – 6 786486155	<b>Gulika</b> 11:32AM – 12:43PM <b>Yama</b> 9:11AM – 10:22AM <b>Rahu</b> 1:53PM – 3:03PM	<b>Uttarashadha Until 9:21AM</b> Vridhi Until 3:39PM Kaulava Until 3:20AM Wed Panchami Until 3:20PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:51AM</i> <b>Muruqa:</b> White <i>Sunset: 4:14PM</i> <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	Sun 18 Sutra 231 Khara 5113 Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 9:21AM then Siddha Yoga					

<b>5</b>	<b>Wednesday, November 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shasthi*/Saplami Yam Titau			Buffalo, NY
	Makara Rasi: 21.17      Tithi 6 – 7 797486155	<b>Gulika</b> 10:22AM – 11:33AM <b>Yama</b> 8:02AM – 9:12AM <b>Rahu</b> 11:33AM – 12:43PM	<b>Sravana Until 9:47AM</b> Dhruva Until 2:19PM Gara Until 3:09AM Thu Shasthi* Until 3:09PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:52AM</i> <b>Muruqa:</b> White <i>Sunset: 4:13PM</i> <b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	Sun 19 Sutra 232 Khara 5113 Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 9:47AM then Prabalarishta Yoga Until 1.49PM then Siddha Yoga					

<b>6</b>	<b>Thursday, December 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyaghata*/Harshana Yoga Vanija/Visli* Karana Saplami/Ashlami* Yam Titau			Buffalo, NY
	Kumbha Rasi: 4      Tithi 7 – 8 797486155	<b>Gulika</b> 9:13AM – 10:23AM <b>Yama</b> 6:53AM – 8:03AM <b>Rahu</b> 12:43PM – 1:53PM	<b>Dhanishtha Until 11:20AM</b> Vyaghata* Until 2:14PM Visli Until 5:44AM Fri Saptami Until 4:38PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:53AM</i> <b>Muruqa:</b> White <i>Sunset: 4:13PM</i> <b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	Sun 20 Sutra 233 Khara 5113 Moon 11 - Phase 31 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 11:20AM then Marana Yoga Until 1.50PM then Siddha Yoga					

	<b>Friday, December 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashlami*/Navami* Yam Titau			Buffalo, NY
	Kumbha Rasi: 16.23      Tithi 8 – 9 797486155	<b>Gulika</b> 8:04AM – 9:14AM <b>Yama</b> 1:53PM – 3:03PM <b>Rahu</b> 10:24AM – 11:33AM	<b>Satabhisha Until 1:14PM</b> Harshana Until 2:06PM Balava Until 7:06AM Sat Ashtami* Until 6:00PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:54AM</i> <b>Muruqa:</b> White <i>Sunset: 4:13PM</i> <b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	Sun 21 Sutra 234 Khara 5113 Moon 11 - Phase 31 Ashtami <b>Sivaloka Day</b>
Creative Work Siddha Yoga					

<b>Saturday, December 3, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navami* Yam Titau			Buffalo, NY
	Kumbha Rasi: 28.32      Tithi 9 717486155	<b>Gulika</b> 6:55AM – 8:05AM <b>Yama</b> 12:43PM – 1:53PM <b>Rahu</b> 9:14AM – 10:24AM	<b>Purvaprostapada* Until 3:37PM</b> Vajra* Until 2:26PM Balava Until 6:49AM Navami* Until 7:54PM	<b>Ganesha:</b> Yellow <i>Sunrise: 6:55AM</i> <b>Muruqa:</b> White <i>Sunset: 4:13PM</i> <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>	Sun 22 Sutra 235 Khara 5113 Moon 11 - Phase 31 Navami <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 3:37PM then Amrita Yoga					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

<b>1</b>	<b>Sunday, December 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dasami Yam Titau	Buffalo, NY Sun 23 Sutra 236 Khara 5113
	Meena Rasi: 10.3      Tithi 10 717486155	<b>Gulika</b> 1:53PM – 3:03PM <b>Yama</b> 11:34AM – 12:44PM <b>Rahu</b> 3:03PM – 4:12PM	<b>Uttaraprostapada Until 6:20PM</b> Siddhi Until 3:05PM Taitila Until 9:05AM Dasami Until 10:11PM
	Creative Work Amrita Yoga Until 1.51PM then Siddha Yoga	<b>Ganesha:</b> Yellow <i>Sunrise: 6:56AM</i> <b>Muruqa:</b> White <i>Sunset: 4:12PM</i> <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>	Sivaloka Day Moon 11 - Phase 32 4th Phase
<b>2</b>	<b>Monday, December 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Buffalo, NY Sun 24 Sutra 237 Khara 5113
	Meena Rasi: 22.22      Tithi 11 Family Home Evening      717496155	<b>Gulika</b> 12:44PM – 1:53PM <b>Yama</b> 10:25AM – 11:35AM <b>Rahu</b> 8:06AM – 9:16AM	<b>Revati Until 9:15PM</b> Vyatipata* Until 3:54PM Vanija Until 11:35AM Ekadasi Until 12:40AM Tue
	Creative Work Siddha Yoga	<b>Ganesha:</b> Yellow <i>Sunrise: 6:57AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:12PM</i> <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>	Devaloka Day Moon 11 - Phase 32 4th Phase
<b>3</b>	<b>Tuesday, December 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadasi Yam Titau	Buffalo, NY Sun 25 Sutra 238 Khara 5113
	Mesha Rasi: 4.13      Tithi 12 728496155	<b>Gulika</b> 11:35AM – 12:44PM <b>Yama</b> 9:17AM – 10:26AM <b>Rahu</b> 1:54PM – 3:03PM	<b>Asvini Until 12:15AM Wed</b> Variyan Until 4:47PM Bava Until 2:09PM Dvadasi Until 3:14AM Wed
	Creative Work Siddha Yoga Until 1.52PM then Marana Yoga	<b>Ganesha:</b> Clear <i>Sunrise: 6:58AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:12PM</i> <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>	Devaloka Day Moon 11 - Phase 32 4th Phase Tour Day
<b>4</b>	<b>Wednesday, December 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Buffalo, NY Sun 26 Sutra 239 Khara 5113
	Mesha Rasi: 16.05      Tithi 13 728496155	<b>Gulika</b> 10:26AM – 11:35AM <b>Yama</b> 8:08AM – 9:17AM <b>Rahu</b> 11:35AM – 12:45PM	<b>Bharani Until 3:11AM Thu</b> Parigha* Until 5:37PM Kaulava Until 4:39PM Trayodasi Until 5:45AM Thu <i>Pradosha Vrata</i>
	Routine Work Marana Yoga Until 1.52PM then Siddha Yoga Until 3:11AM Thu then Marana Yoga	<b>Ganesha:</b> Clear <i>Sunrise: 6:59AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:12PM</i> <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>	Devaloka Day Moon 11 - Phase 32 4th Phase
<b>5</b>	<b>Thursday, December 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara Karana Chaturdasi* Yam Titau	Buffalo, NY Sun 27 Sutra 240 Khara 5113
	Mesha Rasi: 28.01      Tithi 14 728596155	<b>Gulika</b> 9:18AM – 10:27AM <b>Yama</b> 7:00AM – 8:09AM <b>Rahu</b> 12:45PM – 1:54PM	<b>Krittika Until 5:58AM Fri</b> Shiva Until 6:19PM Gara Until 7:00PM Chaturdasi* Until 8:00AM Fri
	Routine Work Marana Yoga Until 1.53PM then Siddha Yoga Until 5:58AM Fri then Marana Yoga	<b>Ganesha:</b> White <i>Sunrise: 7:00AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:12PM</i> <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>	Bhuloka Day Devaloka Time: 3:PM to 6:PM Moon 11 - Phase 32 4th Phase
<b>○</b>	<b>Friday, December 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Buffalo, NY Sun 28 Sutra 241 Khara 5113
	<b>Copper Retreat Star</b> Vrishabha Rasi: 10.04      Tithi 14 – 15 738596155	<b>Gulika</b> 8:10AM – 9:19AM <b>Yama</b> 1:54PM – 3:03PM <b>Rahu</b> 10:27AM – 11:36AM	<b>Rohini Until 8:05AM Sat</b> Siddha Until 6:48PM Visti Until 9:05PM Chaturdasi* Until 8:00AM
	Routine Work Marana Yoga Until 1.53PM then Amrita Yoga Until 8:05AM Sat then Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise: 7:01AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:12PM</i> <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>	Devaloka Day Purnima Moon 11 - Phase 32
<b>○</b>	<b>Saturday, December 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Buffalo, NY Sun 29 Sutra 242 Khara 5113
	<b>Silver Retreat Star</b> Vrishabha Rasi: 22.17      Tithi 15 – 16 738596155	<b>Gulika</b> 7:02AM – 8:10AM <b>Yama</b> 12:46PM – 1:54PM <b>Rahu</b> 9:19AM – 10:28AM	<b>Rohini Until 8:05AM</b> Sadhya Until 6:59PM Balava Until 10:50PM Purnima* Until 9:44AM
	Creative Work Amrita Yoga Until 8:05AM then Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise: 7:02AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:12PM</i> <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>	Devaloka Day Prathama Moon 11 - Phase 32
	Vinayaga Viratam Begins		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640





**Sunday, December 11, 2011**  
**Gold Retreat Star**

Mithuna Rasi: 4.42 Tithi 16 – 17  
738596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika** 1:55PM – 3:03PM  
**Yama** 11:37AM – 12:46PM  
**Rahu** 3:03PM – 4:12PM

**Mrigasira Until 9:38AM**  
**Subha Until 5:54PM**  
**Taitila Until 10:39PM**  
**Prathama\* Until 10:39AM**

**Ganesha:** Clear *Sunrise: 7:03AM*  
**Muruqa:** Clear *Sunset: 4:12PM*  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

**Devaloka Day**

Buffalo, NY  
**Sutra 243**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**1**  
**Monday, December 12, 2011**

Mithuna Rasi: 17.19 Tithi 17 – 18  
**Family Home Evening** 738596155  
Creative Work Siddha Yoga  
Until 10:58AM then Amrita Yoga  
Until 1:54PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 12:46PM – 1:55PM  
**Yama** 10:29AM – 11:38AM  
**Rahu** 8:12AM – 9:21AM

**Ardra Until 10:58AM**  
**Sukla Until 5:24PM**  
**Vanija Until 11:28PM**  
**Dvitiya Until 11:28AM**

**Ganesha:** Clear *Sunrise: 7:03AM*  
**Muruqa:** Clear *Sunset: 4:12PM*  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

**Devaloka Day**

Buffalo, NY  
**Sun 1 Sutra 244**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**2**  
**Tuesday, December 13, 2011**

Kataka Rasi: 0.08 Tithi 18 – 19  
749596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visi\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 11:38AM – 12:47PM  
**Yama** 9:21AM – 10:30AM  
**Rahu** 1:55PM – 3:04PM

**Punarvasu Until 11:54AM**  
**Brahma Until 4:31PM**  
**Bava Until 11:50PM**  
**Tritiya Until 11:50AM**

**Ganesha:** Clear *Sunrise: 7:04AM*  
**Muruqa:** Clear *Sunset: 4:12PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

Buffalo, NY  
**Sun 2 Sutra 245**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**3**  
**Wednesday, December 14, 2011**

Kataka Rasi: 13.11 Tithi 19 – 20  
749596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 10:30AM – 11:39AM  
**Yama** 8:13AM – 9:22AM  
**Rahu** 11:39AM – 12:47PM

**Pushya Until 12:26PM**  
**Indra Until 3:16PM**  
**Kaulava Until 11:47PM**  
**Chaturthi\* Until 11:47AM**

**Ganesha:** Clear *Sunrise: 7:05AM*  
**Muruqa:** Clear *Sunset: 4:13PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

Buffalo, NY  
**Sun 3 Sutra 246**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**4**  
**Thursday, December 15, 2011**

Kataka Rasi: 26.28 Tithi 20 – 21  
749596155  
Creative Work Siddha Yoga  
Until 12:32PM then Amrita Yoga  
Until 1:56PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkamba\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 9:22AM – 10:31AM  
**Yama** 7:06AM – 8:14AM  
**Rahu** 12:48PM – 1:56PM

**Aslesha\* Until 12:32PM**  
**Vaidhriti\* Until 1:07PM**  
**Gara Until 11:16PM**  
**Panchami Until 11:16AM**

**Ganesha:** Clear *Sunrise: 7:06AM*  
**Muruqa:** Clear *Sunset: 4:13PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

Buffalo, NY  
**Sun 4 Sutra 247**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**5**  
**Friday, December 16, 2011**

Simha Rasi: 9.57 Tithi 21 – 22  
859596155  
Routine Work Marana Yoga  
Until 11:48AM then Siddha Yoga  
Until 1:56PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Vishkamba\*/Priti Yoga Vanija/Visi\* Karana Shasthi\*/Saptami Yam Titau

**Gulika** 8:15AM – 9:23AM  
**Yama** 1:56PM – 3:05PM  
**Rahu** 10:31AM – 11:40AM

**Magha\* Until 11:48AM**  
**Vishkamba\* Until 11:14AM**  
**Visi Until 9:03PM**  
**Shasthi\* Until 9:59AM**

**Ganesha:** Clear *Sunrise: 7:06AM*  
**Muruqa:** Clear *Sunset: 4:13PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Devaloka Day**

Buffalo, NY  
**Sun 5 Sutra 248**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Saturday, December 17, 2011**  
**Retreat Star**

Simha Rasi: 23.41 Tithi 22 – 23  
859596155  
Routine Work Marana Yoga  
Until 1:57PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika** 7:07AM – 8:15AM  
**Yama** 12:48PM – 1:57PM  
**Rahu** 9:24AM – 10:32AM

**Purvaphalguni\* Until 11:07AM**  
**Priti Until 8:58AM**  
**Balava Until 7:45PM**  
**Saptami Until 8:40AM**

**Ganesha:** Clear *Sunrise: 7:07AM*  
**Muruqa:** Clear *Sunset: 4:13PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Devaloka Day**

Buffalo, NY  
**Sun 6 Sutra 249**  
Khara 5113  
Moon 12 - Phase 33  
Ashtami

**Sunday, December 18, 2011**  
**Retreat Star**

Kanya Rasi: 7.38 Tithi 23 – 24  
859596155  
Creative Work Amrita Yoga  
Until 1:57PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni\*/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Ashtami\*/Navami\* Yam Titau

**Gulika** 1:57PM – 3:05PM  
**Yama** 11:41AM – 12:49PM  
**Rahu** 3:05PM – 4:14PM



**Uttaraphalguni Until 10:03AM**  
**Ayushman Until 6:21AM**  
**Gara Until 6:00PM**  
**Ashtami\* Until 6:56AM**

**Ganesha:** Clear *Sunrise: 7:08AM*  
**Muruqa:** Clear *Sunset: 4:14PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**


**Devaloka Day**

Buffalo, NY  
**Sun 7 Sutra 250**  
Khara 5113  
Moon 12 - Phase 33  
Navami

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

<b>1</b>	<b>Monday, December 19, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dasami Yam Titau				Buffalo, NY Sun 8 Sutra 251 Khara 5113
	Kanya Rasi: 21.49      Tithi 25 Family Home Evening      869596155 Creative Work      Siddha Yoga Until 8:36AM then Prabalarishta Yoga Until 1.58PM then Siddha Yoga	<b>Gulika</b> 12:49PM – 1:58PM <b>Yama</b> 10:33AM – 11:41AM <b>Rahu</b> 8:17AM – 9:25AM	<b>Hasta Until 8:36AM</b> Sobhana Until 12:42AM Tue Vanija Until 3:52PM Dasami Until 2:56AM Tue	<b>Ganesha:</b> White <i>Sunrise:</i> 7:08AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:14PM <b>Nataraja:</b> Red Moon – Green <b>Margasira-Markali</b>		
<b>2</b>	<b>Tuesday, December 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadasi* Yam Titau				Buffalo, NY Sun 9 Sutra 252 Khara 5113
	Tula Rasi: 6.11      Tithi 26 869596155 Creative Work      Siddha Yoga	<b>Gulika</b> 11:42AM – 12:50PM <b>Yama</b> 9:25AM – 10:33AM <b>Rahu</b> 1:58PM – 3:06PM	<b>Chitra Until 6:45AM</b> Athiganda* Until 8:27PM Bava Until 12:50PM Ekadasi* Until 11:07PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:15PM <b>Nataraja:</b> Red Moon – Green <b>Margasira-Markali</b>		
<b>3</b>	<b>Wednesday, December 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Visakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Buffalo, NY Sun 10 Sutra 253 Khara 5113
	Tula Rasi: 20.43      Tithi 27 871596155 Creative Work      Siddha Yoga	<b>Gulika</b> 10:34AM – 11:42AM <b>Yama</b> 8:18AM – 9:26AM <b>Rahu</b> 11:42AM – 12:50PM	<b>Visakha Until 2:12AM Thu</b> Sukarma Until 5:08PM Kaulava Until 10:16AM Dvadasi* Until 8:33PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:15PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira-Markali</b>		
<b>4</b>	<b>Thursday, December 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Buffalo, NY Sun 11 Sutra 254 Khara 5113
	Vrischika Rasi: 5.18      Tithi 28 871596155 Creative Work      Siddha Yoga Until 12:11AM Fri then Prabalarishta Yoga	<b>Gulika</b> 9:26AM – 10:35AM <b>Yama</b> 7:10AM – 8:18AM <b>Rahu</b> 12:51PM – 1:59PM	<b>Anuradha Until 12:11AM Fri</b> Dhriti Until 1:43PM Gara Until 7:34AM Trayodasi* Until 5:51PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:10AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:16PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira-Markali</b>		
<b>5</b>	<b>Friday, December 23, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Buffalo, NY Sun 12 Sutra 255 Khara 5113
	Vrischika Rasi: 19.52      Tithi 29 – 30 871596155 Routine Work      Prabalarishta Yoga Until 2.00PM then Siddha Yoga	<b>Gulika</b> 8:19AM – 9:27AM <b>Yama</b> 2:00PM – 3:08PM <b>Rahu</b> 10:35AM – 11:43AM	<b>Jyeshtha* Until 11:22PM</b> Shula* Until 10:38AM Catuspada Until 2:59AM Sat Chaturdasi* Until 3:54PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:10AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:16PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira-Markali</b>		
	<b>Saturday, December 24, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Buffalo, NY Sun 13 Sutra 256 Khara 5113
	<b>Retreat Star</b> Dhanus Rasi: 4.19      Tithi 30 – 1 881596155 Creative Work      Siddha Yoga Until 2.00PM then Amrita Yoga Until 9:28PM then Siddha Yoga	<b>Gulika</b> 7:11AM – 8:19AM <b>Yama</b> 12:52PM – 2:00PM <b>Rahu</b> 9:27AM – 10:35AM	<b>Mula* Until 9:28PM</b> Ganda* Until 7:14AM Kintughna Until 12:22AM Sun Amavasya* Until 1:17PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:11AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:17PM <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Markali</b>		
	<b>Sunday, December 25, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Buffalo, NY Sun 14 Sutra 257 Khara 5113
	<b>Retreat Star</b> Dhanus Rasi: 18.31      Tithi 1 – 2 881596155 Creative Work      Siddha Yoga Until 2.01PM then Marana Yoga	<b>Gulika</b> 2:01PM – 3:09PM <b>Yama</b> 11:44AM – 12:52PM <b>Rahu</b> 3:09PM – 4:17PM	<b>Purvashadha* Until 7:58PM</b> Dhruva Until 1:32AM Mon Balava Until 10:10PM Prathama* Until 11:05AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:11AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:17PM <b>Nataraja:</b> Red Moon – Light Blue <b>Pausha-Markali</b>		

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

<b>1</b>	<b>Monday, December 26, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau					Buffalo, NY <b>Sutra 258</b> Khara 5113
	Makara Rasi: 2.25 Tithi 2 – 3 Family Home Evening 881596156 Routine Work Marana Yoga Until 2:01PM then Prabalarishtha Yoga Until 7:00PM then Siddha Yoga	<b>Gulika</b> 12:53PM – 2:01PM <b>Yama</b> 10:36AM – 11:45AM <b>Rahu</b> 8:20AM – 9:28AM	<b>Uttarashadha Until 7:00PM</b> Vyaghata* Until 11:00PM Taitila Until 8:32PM <b>Dvitiya Until 9:27AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 7:12AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:18PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Pausha-Markali</b>			Sun 15 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>
<b>2</b>	<b>Tuesday, December 27, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Buffalo, NY <b>Sutra 259</b> Khara 5113	
	Makara Rasi: 15.58 Tithi 3 – 4 891596156 Creative Work Siddha Yoga Until 7:37PM then Prabalarishtha Yoga	<b>Gulika</b> 11:45AM – 12:54PM <b>Yama</b> 9:29AM – 10:37AM <b>Rahu</b> 2:02PM – 3:10PM	<b>Sravana Until 7:37PM</b> Harshana Until 10:07PM Vanija Until 8:42PM <b>Tritiya Until 8:42AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:12AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:19PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>			Sun 16 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>
<b>3</b>	<b>Wednesday, December 28, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Buffalo, NY <b>Sutra 260</b> Khara 5113	
	Makara Rasi: 29.07 Tithi 4 – 5 891596156 Routine Work Prabalarishtha Yoga Until 2:02PM then Siddha Yoga Until 7:56PM then Marana Yoga	<b>Gulika</b> 10:37AM – 11:46AM <b>Yama</b> 8:21AM – 9:29AM <b>Rahu</b> 11:46AM – 12:54PM	<b>Dhanishtha Until 7:56PM</b> Vajra* Until 8:40PM Bava Until 8:25PM <b>Chaturthi* Until 8:25AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:12AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:19PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>			Sun 17 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>
<b>4</b>	<b>Thursday, December 29, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Buffalo, NY <b>Sutra 261</b> Khara 5113	
	Kumbha Rasi: 11.54 Tithi 5 – 6 891596156 Routine Work Marana Yoga Until 2:03PM then Siddha Yoga	<b>Gulika</b> 9:29AM – 10:38AM <b>Yama</b> 7:12AM – 8:21AM <b>Rahu</b> 12:55PM – 2:03PM	<b>Satabhisha Until 10:12PM</b> Siddhi Until 8:55PM Kaulava Until 10:14PM <b>Panchami Until 9:09AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:12AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:20PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>			Sun 18 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>
<b>5</b>	<b>Friday, December 30, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Buffalo, NY <b>Sutra 262</b> Khara 5113	
	Kumbha Rasi: 24.22 Tithi 6 – 7 811596156 Creative Work Siddha Yoga	<b>Gulika</b> 8:21AM – 9:30AM <b>Yama</b> 2:04PM – 3:12PM <b>Rahu</b> 10:38AM – 11:47AM	<b>Purvaprostapada* Until 11:56PM</b> Vyatipata* Until 8:39PM Gara Until 11:28PM <b>Shasthi* Until 10:22AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:13AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:21PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>		Sun 19 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>	
<b>Vinayaga Viratam Ends</b>							
	<b>Saturday, December 31, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Buffalo, NY <b>Sutra 263</b> Khara 5113	
	<b>Retreat Star</b> Meena Rasi: 6.33 Tithi 7 – 8 812596156 Creative Work Siddha Yoga Until 2:04PM then Amrita Yoga	<b>Gulika</b> 7:13AM – 8:21AM <b>Yama</b> 12:56PM – 2:04PM <b>Rahu</b> 9:30AM – 10:39AM	<b>Uttaraprostapada Until 2:14AM Sun</b> Variyan Until 8:53PM Visti Until 1:16AM Sun <b>Saptami Until 12:11PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:13AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:22PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>			Sun 20 Moon 12 - Phase 35 Ashtami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Sunday, January 1, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Buffalo, NY <b>Sutra 264</b> Khara 5113	
	Meena Rasi: 18.33 Tithi 8 – 9 812596156 Creative Work Amrita Yoga Until 2:05PM then Siddha Yoga	<b>Gulika</b> 2:06PM – 3:15PM <b>Yama</b> 11:48AM – 12:57PM <b>Rahu</b> 3:15PM – 4:23PM	<b>Revati Until 4:54AM Mon</b> Parigha* Until 9:28PM Balava Until 3:30AM Mon <b>Ashtami* Until 2:25PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:13AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:23PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Pausha-Markali</b>			Sun 21 Moon 12 - Phase 35 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>1</b>	<b>Monday, January 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Buffalo, NY Sun 22 Sutra 265 Khara 5113
	Mesha Rasi: 0.25      Tithi 9 – 10 Family Home Evening      822696156 Creative Work      Siddha Yoga	<b>Gulika</b> 12:58PM – 2:06PM <b>Yama</b> 10:40AM – 11:40AM <b>Rahu</b> 8:22AM – 9:31AM	<b>Asvini Until 8:10AM Tue</b> Shiva Until 10:17PM Taitila Until 6:00AM Tue <b>Navami* Until 4:55PM</b>
<b>2</b>	<b>Tuesday, January 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dasami Yam Titau	Buffalo, NY Sun 23 Sutra 266 Khara 5113
	Mesha Rasi: 12.15      Tithi 10 822696156 Creative Work      Siddha Yoga Until 2.06PM then Marana Yoga	<b>Gulika</b> 11:49AM – 12:58PM <b>Yama</b> 9:31AM – 10:40AM <b>Rahu</b> 2:07PM – 3:16PM	<b>Asvini Until 8:10AM</b> Siddha Until 11:10PM Taitila Until 6:25AM <b>Dasami Until 7:30PM</b>
<b>3</b>	<b>Wednesday, January 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Buffalo, NY Sun 24 Sutra 267 Khara 5113
	Mesha Rasi: 24.07      Tithi 11 822696156 Routine Work      Marana Yoga Until 11:05AM then Amrita Yoga Until 2.06PM then Marana Yoga	<b>Gulika</b> 10:40AM – 11:50AM <b>Yama</b> 8:22AM – 9:31AM <b>Rahu</b> 11:50AM – 12:59PM  <b>Vaikuntha Ekadasi</b>	<b>Bharani Until 11:05AM</b> Sadhya Until 12:00PM Vanija Until 8:55AM <b>Ekadasi Until 10:01PM</b>
<b>4</b>	<b>Thursday, January 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadasi Yam Titau	Buffalo, NY Sun 25 Sutra 268 Khara 5113
	Vrishabha Rasi: 6.06      Tithi 12 822696156 Routine Work      Marana Yoga	<b>Gulika</b> 9:32AM – 10:41AM <b>Yama</b> 7:13AM – 8:22AM <b>Rahu</b> 12:59PM – 2:09PM  <b>Subramuniyaswami Jayanti</b>	<b>Krittika Until 1:47PM</b> Subha Until 12:37AM Fri Bava Until 11:11AM <b>Dvadasi Until 12:17AM Fri</b>
<b>5</b>	<b>Friday, January 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Grigasira Nakshatra Sukla Yoga Gaurava/Taitila Karana Trayodasi Yam Titau	Buffalo, NY Sun 26 Sutra 269 Khara 5113
	Vrishabha Rasi: 18.16      Tithi 13 832696156 Routine Work      Marana Yoga Until 2.07PM then Amrita Yoga Until 4.08PM then Siddha Yoga	<b>Gulika</b> 8:22AM – 9:32AM <b>Yama</b> 2:09PM – 3:19PM <b>Rahu</b> 10:41AM – 11:50AM	<b>Rohini Until 4:08PM</b> Sukla Until 12:54AM Sat Kaulava Until 1:04PM <b>Trayodasi Until 2:09AM Sat</b> <i>Pradosha Vrata</i>
<b>6</b>	<b>Saturday, January 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Buffalo, NY Sun 27 Sutra 270 Khara 5113
	Mithuna Rasi: 0.4      Tithi 14 832696156 Creative Work      Siddha Yoga	<b>Gulika</b> 7:13AM – 8:22AM <b>Yama</b> 1:00PM – 2:10PM <b>Rahu</b> 9:32AM – 10:41AM	<b>Mrigasira Until 5:05PM</b> Brahma Until 11:24PM Gara Until 1:43PM <b>Chaturdasi* Until 1:43AM Sun</b>
	<b>Sunday, January 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnima* Yam Titau	Buffalo, NY Sun 27 Sutra 271 Khara 5113
	<b>Copper Retreat Star</b> Mithuna Rasi: 13.2      Tithi 15 832696156 Creative Work      Siddha Yoga Until 6:19PM then Amrita Yoga	<b>Gulika</b> 2:11PM – 3:20PM <b>Yama</b> 11:51AM – 1:01PM <b>Rahu</b> 3:20PM – 4:30PM  <b>Tiruvembavai</b>	<b>Ardra Until 6:19PM</b> Indra Until 10:47PM Visti Until 2:25PM <b>Purnima* Until 2:25AM Mon</b>
<b>Monday, January 9, 2012</b>	<b>Silver Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathama* Yam Titau	Buffalo, NY Sun 27 Sutra 272 Khara 5113
	Mithuna Rasi: 26.17      Tithi 16 842696156 Family Home Evening Creative Work      Amrita Yoga Until 2.08PM then Siddha Yoga	<b>Gulika</b> 1:02PM – 2:11PM <b>Yama</b> 10:42AM – 11:52AM <b>Rahu</b> 8:22AM – 9:32AM	<b>Punarvasu Until 7:00PM</b> Vaidhriti* Until 9:41PM Balava Until 2:32PM <b>Prathama* Until 2:32AM Tue</b>

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH, 262



**Tuesday, January 10, 2012**  
**Gold Retreat Star**

Kataka Rasi: 9.32      Tithi 17  
842696156

Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**    11:52AM – 1:02PM    **Pushya** **Until 7:10PM**  
**Yama**      9:32AM – 10:42AM    Vishkambha\* **Until 7:09PM**  
**Rahu**      2:12PM – 3:22PM      Taitila **Until 2:05PM**  
**Dvitiya** **Until 2:05AM Wed**

**Ganesha:** Purple    *Sunrise: 7:12AM*  
**Muruqa:** Clear    *Sunset: 4:32PM*  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Buffalo, NY  
**Sutra 273**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**1**

**Wednesday, January 11, 2012**

Kataka Rasi: 23.01      Tithi 18  
842696156

Creative Work    Siddha Yoga  
Until 5:58PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**    10:42AM – 11:53AM    **Aslesha\*** **Until 5:58PM**  
**Yama**      8:22AM – 9:32AM      Priti **Until 5:16PM**  
**Rahu**      11:53AM – 1:03PM      Vanija **Until 12:36PM**  
**Tritiya** **Until 11:40PM**

**Ganesha:** Purple    *Sunrise: 7:12AM*  
**Muruqa:** Clear    *Sunset: 4:33PM*  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Buffalo, NY  
**Sun 1 Sutra 274**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**2**

**Thursday, January 12, 2012**

Simha Rasi: 6.43      Tithi 19  
852696156

Creative Work    Amrita Yoga  
Until 2:09PM then Marana Yoga  
Until 5:20PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    9:32AM – 10:43AM    **Magha\*** **Until 5:20PM**  
**Yama**      7:11AM – 8:22AM      Ayushman **Until 3:04PM**  
**Rahu**      1:03PM – 2:14PM      Bava **Until 11:21AM**  
**Chaturthi\*** **Until 10:25PM**

**Ganesha:** Clear    *Sunrise: 7:11AM*  
**Muruqa:** Clear    *Sunset: 4:34PM*  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Buffalo, NY  
**Sun 2 Sutra 275**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**3**

**Friday, January 13, 2012**

Simha Rasi: 20.34      Tithi 20  
853696156

Creative Work    Siddha Yoga  
Until 2:10PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**    8:22AM – 9:32AM      **Purvaphalguni\*** **Until 4:27PM**  
**Yama**      2:14PM – 3:25PM      Saubhagya **Until 12:36PM**  
**Rahu**      10:43AM – 11:53AM    Kaulava **Until 9:49AM**  
**Panchami** **Until 8:53PM**

**Ganesha:** Purple    *Sunrise: 7:11AM*  
**Muruqa:** Clear    *Sunset: 4:36PM*  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Buffalo, NY  
**Sun 3 Sutra 276**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**4**

**Saturday, January 14, 2012**

Kanya Rasi: 4.32      Tithi 21  
853696156

Routine Work    Marana Yoga  
Until 2:10PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika**    7:11AM – 8:21AM      **Uttaraphalguni** **Until 3:22PM**  
**Yama**      1:04PM – 2:15PM      Sobhana **Until 9:58AM**  
**Rahu**      9:32AM – 10:43AM    Gara **Until 8:04AM**  
**Shasthi\*** **Until 7:09PM**

**Ganesha:** Purple    *Sunrise: 7:11AM*  
**Muruqa:** Clear    *Sunset: 4:37PM*  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Thai**

Buffalo, NY  
**Sun 4 Sutra 277**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5**

**Sunday, January 15, 2012**

Kanya Rasi: 18.34      Tithi 22 – 23  
863696156

Creative Work    Amrita Yoga  
Until 2:10PM then Siddha Yoga  
Until 2:10PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    2:16PM – 3:27PM      **Hasta** **Until 2:10PM**  
**Yama**      11:54AM – 1:05PM      Athiganda\* **Until 7:13AM**  
**Rahu**      3:27PM – 4:38PM      Visti **Until 6:11AM**  
**Saptami** **Until 5:16PM**

**Ganesha:** Clear    *Sunrise: 7:10AM*  
**Muruqa:** Clear    *Sunset: 4:38PM*  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Buffalo, NY  
**Sun 5 Sutra 278**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**



**Monday, January 16, 2012**  
**Retreat Star**

Tula Rasi: 2.4      Tithi 23 – 24  
863696156

**Family Home Evening**  
Routine Work    Prabalarishta Yoga  
Until 12:52PM then Amrita Yoga  
Until 2:11PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    1:06PM – 2:17PM      **Chitra** **Until 12:52PM**  
**Yama**      10:43AM – 11:54AM    Dhriti **Until 1:43AM Tue**  
**Rahu**      8:21AM – 9:32AM      Taitila **Until 2:22AM Tue**  
**Ashtami\*** **Until 3:17PM**

**Ganesha:** Clear    *Sunrise: 7:10AM*  
**Muruqa:** Clear    *Sunset: 4:39PM*  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Buffalo, NY  
**Sun 6 Sutra 279**  
Khara 5113  
Moon 13 - Phase 37  
Ashtami

**Devaloka Day**

**Tuesday, January 17, 2012**  
**Retreat Star**

Tula Rasi: 16.47      Tithi 24 – 25  
863696156

Creative Work    Siddha Yoga  
Until 11:31AM then Marana Yoga  
Until 2:11PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Visakha Nakshatra Shula\* Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

**Gulika**    11:55AM – 1:06PM    **Svati** **Until 11:31AM**  
**Yama**      9:32AM – 10:43AM    Shula\* **Until 10:49PM**  
**Rahu**      2:18PM – 3:29PM      Vanija **Until 12:20AM Wed**  
**Navami\*** **Until 1:15PM**

**Ganesha:** Clear    *Sunrise: 7:09AM*  
**Muruqa:** Clear    *Sunset: 4:40PM*  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Buffalo, NY  
**Sun 7 Sutra 280**  
Khara 5113  
Moon 13 - Phase 37  
Navami


**Devaloka Day**

**1** **Wednesday, January 18, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Buffalo, NY  
 Visakha/Anuradha Nakshatra Ganda\* Yoga Visti\*/Bava Karana Dasami/Ekadasi\* Yam Titau Sun 8 Sutra 281  
 Khara 5113  
 Vrischika Rasi: 0.55 Tithi 25 – 26 873696156 **Gulika** 10:43AM – 11:55AM **Visakha Until 10:09AM** **Ganesha: White** *Sunrise: 7:09AM*  
**Yama** 8:20AM – 9:32AM **Ganda\* Until 7:55PM** **Muruqa: Clear** *Sunset: 4:42PM* Moon 13 - Phase 38  
**Rahu** 11:55AM – 1:07PM **Bava Until 10:16PM** **Nataraja: Yellow**  
**Dasami Until 11:12AM** **Moon – Orange** **Pausha\*Thai** **Bhuloka Day**  
 Creative Work Siddha Yoga **Devaloka Time: 3:PM to 6:PM**

**2** **Thursday, January 19, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Buffalo, NY  
 Anuradha/Jyeshtha\* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau Sun 9 Sutra 282  
 Khara 5113  
 Vrischika Rasi: 15.02 Tithi 26 – 27 873696156 **Gulika** 9:32AM – 10:43AM **Anuradha Until 8:47AM** **Ganesha: White** *Sunrise: 7:08AM*  
**Yama** 7:08AM – 8:20AM **Vriddhi Until 5:01PM** **Muruqa: Clear** *Sunset: 4:43PM* Moon 13 - Phase 38  
**Rahu** 1:07PM – 2:19PM **Kaulava Until 8:13PM** **Nataraja: Yellow**  
**Ekadasi\* Until 9:09AM** **Moon – Orange** **Pausha\*Thai** **Bhuloka Day**  
 Creative Work Siddha Yoga **Devaloka Time: 3:PM to 6:PM**  
 Until 2.12PM then Prabalarishta Yoga

**3** **Friday, January 20, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Buffalo, NY  
 Jyeshtha\*/Mula\* Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau Sun 10 Sutra 283  
 Khara 5113  
 Vrischika Rasi: 29.07 Tithi 27 – 28 873696156 **Gulika** 8:19AM – 9:31AM **Jyeshtha\* Until 7:30AM** **Ganesha: White** *Sunrise: 7:07AM*  
**Yama** 2:20PM – 3:32PM **Dhruva Until 2:11PM** **Muruqa: Clear** *Sunset: 4:44PM* Moon 13 - Phase 38  
**Rahu** 10:44AM – 11:56AM **Gara Until 6:16PM** **Nataraja: Yellow**  
**Dvadasi\* Until 7:11AM** **Moon – Orange** **Pausha\*Thai** **Bhuloka Day**  
 Routine Work Prabalarishta Yoga **Devaloka Time: 3:PM to 6:PM**  
 Until 7:30AM then no yoga  
 Until 2.12PM then Siddha Yoga *Pradosha Vrata (Fasting)*

**4** **Saturday, January 21, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Buffalo, NY  
 Mula\*/Purvashadha\* Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau Sun 11 Sutra 284  
 Khara 5113  
 Dhanus Rasi: 13.06 Tithi 29 883696156 **Gulika** 7:07AM – 8:19AM **Mula\* Until 6:24AM** **Ganesha: Green** *Sunrise: 7:07AM*  
**Yama** 1:08PM – 2:21PM **Vyaghata\* Until 11:31AM** **Muruqa: Clear** *Sunset: 4:45PM* Moon 13 - Phase 38  
**Rahu** 9:31AM – 10:44AM **Visti Until 4:29PM** **Nataraja: Yellow**  
**Chaturdasi\* Until 3:33AM Sun** **Moon – Light Blue** **Pausha\*Thai** **Bhuloka Day**  
 Creative Work Siddha Yoga **Devaloka Time: 3:PM to 6:PM**  
 Until 6:24AM then Marana Yoga  
 Until 2.12PM then Siddha Yoga

 **Sunday, January 22, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Buffalo, NY  
 Uttarahadha Nakshatra Harshana/Vajra\* Yoga Catuspada\*/Naga\* Karana Amavasya\* Yam Titau Sun 12 Sutra 285  
 Khara 5113  
 Dhanus Rasi: 26.56 Tithi 30 883696156 **Gulika** 2:21PM – 3:34PM **Uttarahadha Until 4:24AM Mon** **Ganesha: Green** *Sunrise: 7:06AM*  
**Yama** 11:56AM – 1:09PM **Harshana Until 9:06AM** **Muruqa: Clear** *Sunset: 4:46PM* Moon 13 - Phase 38  
**Rahu** 3:34PM – 4:46PM **Catuspada Until 2:59PM** **Nataraja: Yellow**  
**Amavasya\* Until 2:04AM Mon** **Moon – Light Blue** **Pausha\*Thai** **Bhuloka Day**  
 Creative Work Amrita Yoga **Devaloka Time: 3:PM to 6:PM**  
 Until 2.13PM then Marana Yoga  
 Until 4:24AM Mon then Amrita Yoga

**Monday, January 23, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Buffalo, NY  
 Sravana Nakshatra Vajra\*/Siddhi Yoga Kintughna\*/Bava Karana Prathama\* Yam Titau Sun 13 Sutra 286  
 Khara 5113  
 Makara Rasi: 10.32 Tithi 1 893696156 **Gulika** 1:09PM – 2:22PM **Sravana Until 5:37AM Tue** **Ganesha: White** *Sunrise: 7:05AM*  
**Yama** 10:44AM – 11:56AM **Vajra\* Until 7:06AM** **Muruqa: Clear** *Sunset: 4:48PM* Moon 13 - Phase 38  
**Family Home Evening** **Rahu** 8:18AM – 9:31AM **Kintughna Until 2:33PM** **Nataraja: Yellow**  
**Prathama\* Until 2:33AM Tue** **Moon – Purple** **Magha\*Thai** **Bhuloka Day**  
 Creative Work Amrita Yoga **Devaloka Time: 3:PM to 6:PM**  
 Until 2.13PM then Siddha Yoga  
 Until 5:37AM Tue then Marana Yoga

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

<b>1</b>	<b>Tuesday, January 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Buffalo, NY <b>Sutra 287</b> Khara 5113
	Makara Rasi: 23.53      Tithi 2 893696156	<b>Gulika</b> 11:57AM – 1:10PM <b>Yama</b> 9:31AM – 10:44AM <b>Rahu</b> 2:23PM – 3:36PM	<b>Dhanishtha</b> Until 5:36AM Wed Vyatipata* Until 4:12AM Wed Balava Until 1:53PM <b>Dvitiya</b> Until 1:53AM Wed

Routine Work    Marana Yoga  
Until 2:13PM then Prabalarishta Yoga  
Until 5:36AM Wed then Siddha Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 7:04AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:49PM	<b>Nataraja:</b> Yellow Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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<b>2</b>	<b>Wednesday, January 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Variyan Yoga Tailila/Gara Karana Tritiya Yam Titau	Buffalo, NY <b>Sutra 288</b> Khara 5113
	Kumbha Rasi: 6.56      Tithi 3 993696156	<b>Gulika</b> 10:44AM – 11:57AM <b>Yama</b> 8:17AM – 9:30AM <b>Rahu</b> 11:57AM – 1:10PM	<b>Satabhisha</b> Until 6:38AM Thu Variyan Until 2:56AM Thu Tailila Until 1:49PM <b>Tritiya</b> Until 1:49AM Thu

Creative Work    Siddha Yoga  
Until 2:13PM then Marana Yoga  
Until 6:38AM Thu then Siddha Yoga

<b>Ganesha:</b> Green <i>Sunrise:</i> 7:04AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:50PM	<b>Nataraja:</b> Yellow Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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<b>3</b>	<b>Thursday, January 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Parigha* Yoga Vanija/Visiti* Karana Chaturthi* Yam Titau	Buffalo, NY <b>Sutra 289</b> Khara 5113
	Kumbha Rasi: 19.41      Tithi 4 993696156	<b>Gulika</b> 9:30AM – 10:44AM <b>Yama</b> 7:03AM – 8:16AM <b>Rahu</b> 1:11PM – 2:24PM	<b>Satabhisha</b> Until 6:38AM Parigha* Until 3:45AM Fri Vanija Until 3:08PM <b>Chaturthi*</b> Until 4:13AM Fri

Routine Work    Marana Yoga  
Until 6:38AM then Siddha Yoga

<b>Ganesha:</b> Green <i>Sunrise:</i> 7:03AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:52PM	<b>Nataraja:</b> Yellow Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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<b>4</b>	<b>Friday, January 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Shiva Yoga Bava/Balava Karana Panchami Yam Titau	Buffalo, NY <b>Sutra 290</b> Khara 5113
	Meena Rasi: 2.08      Tithi 5 913796156	<b>Gulika</b> 8:16AM – 9:30AM <b>Yama</b> 2:25PM – 3:39PM <b>Rahu</b> 10:43AM – 11:57AM	<b>Purvaprostapada*</b> Until 8:24AM Shiva Until 3:30AM Sat Bava Until 4:21PM <b>Panchami</b> Until 5:27AM Sat

Creative Work    Siddha Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:02AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:53PM	<b>Nataraja:</b> Yellow Moon – Clear	<b>Sivaloka Day</b>
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<b>5</b>	<b>Saturday, January 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Siddha Yoga Kaulava Karana Shasthi* Yam Titau	Buffalo, NY <b>Sutra 291</b> Khara 5113
	Meena Rasi: 14.2      Tithi 6 914796156	<b>Gulika</b> 7:01AM – 8:15AM <b>Yama</b> 1:12PM – 2:26PM <b>Rahu</b> 9:29AM – 10:43AM	<b>Uttaraprostapada</b> Until 10:40AM Siddha Until 3:43AM Sun Kaulava Until 6:08PM <b>Shasthi*</b> Until 7:16AM Sun


Creative Work    Siddha Yoga  
Until 10:40AM then Prabalarishta Yoga  
Until 2:14PM then Amrita Yoga

<b>Ganesha:</b> Red <i>Sunrise:</i> 7:01AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:54PM	<b>Nataraja:</b> Yellow Moon – Clear	<b>Devaloka Day</b>
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<b>6</b>	<b>Sunday, January 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Sadhya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Buffalo, NY <b>Sutra 292</b> Khara 5113
	Meena Rasi: 26.2      Tithi 6 – 7 914796156	<b>Gulika</b> 2:27PM – 3:41PM <b>Yama</b> 11:58AM – 1:12PM <b>Rahu</b> 3:41PM – 4:55PM	<b>Revati</b> Until 1:19PM Sadhya Until 4:18AM Mon Gara Until 8:21PM <b>Shasthi*</b> Until 7:16AM

Creative Work    Amrita Yoga  
Until 1:19PM then Siddha Yoga

<b>Ganesha:</b> Red <i>Sunrise:</i> 7:00AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:55PM	<b>Nataraja:</b> Yellow Moon – Clear	<b>Devaloka Day</b>
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	<b>Monday, January 30, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Subha Yoga Vanija/Visiti* Karana Saptami/Ashtami* Yam Titau	Buffalo, NY <b>Sutra 293</b> Khara 5113
	<b>Retreat Star</b> Mesha Rasi: 8.13      Tithi 7 – 8 <b>Family Home Evening</b> 924796156	<b>Gulika</b> 1:13PM – 2:27PM <b>Yama</b> 10:43AM – 11:58AM <b>Rahu</b> 8:14AM – 9:28AM	<b>Asvini</b> Until 4:15PM Subha Until 5:08AM Tue Visiti Until 10:51PM <b>Saptami</b> Until 9:45AM

Creative Work    Siddha Yoga

	<b>Magha*Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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<b>Retreat Star</b>	<b>Tuesday, January 31, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Buffalo, NY <b>Sutra 294</b> Khara 5113
	Mesha Rasi: 20.02      Tithi 8 – 9 924796156	<b>Gulika</b> 11:58AM – 1:13PM <b>Yama</b> 9:28AM – 10:43AM <b>Rahu</b> 2:28PM – 3:43PM	<b>Bharani</b> Until 7:17PM Sukla Until 6:17AM Wed Balava Until 1:28AM Wed <b>Ashtami*</b> Until 12:22PM

Creative Work    Siddha Yoga  
Until 2:14PM then Marana Yoga  
Until 7:17PM then Amrita Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:58AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:58PM	<b>Nataraja:</b> Yellow Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

<b>1</b>	<b>Wednesday, February 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Buffalo, NY Sun 22 Sutra 295 Khara 5113
	Wrishabha Rasi: 1.53    Tilthi 9 – 10 924796156	<b>Gulika</b> 10:43AM – 11:58AM <b>Yama</b> 8:13AM – 9:28AM <b>Rahu</b> 11:58AM – 1:13PM	<b>Krittika</b> Until 10:14PM Sukla Until 6:17AM Taitila Until 4:00AM Thu <b>Navami*</b> Until 2:54PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:58PM <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>	Moon 13 - Phase 40 4th Phase
Creative Work    Amrita Yoga Until 2:14PM then Marana Yoga					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Thursday, February 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Buffalo, NY Sun 23 Sutra 296 Khara 5113
	Wrishabha Rasi: 13.52    Tilthi 10 – 11 934797156	<b>Gulika</b> 9:28AM – 10:43AM <b>Yama</b> 6:57AM – 8:12AM <b>Rahu</b> 1:13PM – 2:29PM	<b>Rohini</b> Until 12:57AM Fri Brahma Until 6:55AM Vanija Until 6:15AM Fri <b>Dasami</b> Until 5:10PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:57AM <b>Muruqa:</b> White <i>Sunset:</i> 4:59PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Magha*Thai</b>	Moon 13 - Phase 40 4th Phase
Routine Work    Marana Yoga Until 12:57AM Fri then Siddha Yoga					<b>Sivaloka Day</b>

<b>3</b>	<b>Friday, February 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Indra/Vaidhriti* Yoga Visti* Karana Ekadasi Yam Titau			Buffalo, NY Sun 24 Sutra 297 Khara 5113
	Wrishabha Rasi: 26.04    Tilthi 11 934797156	<b>Gulika</b> 8:11AM – 9:27AM <b>Yama</b> 2:29PM – 3:45PM <b>Rahu</b> 10:43AM – 11:58AM	<b>Mrigasira</b> Until 3:13AM Sat Indra Until 7:04AM Visti Until 8:02AM Sat <b>Ekadasi</b> Until 6:57PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:56AM <b>Muruqa:</b> White <i>Sunset:</i> 5:01PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Magha*Thai</b>	Moon 13 - Phase 40 4th Phase
Creative Work    Siddha Yoga					<b>Sivaloka Day</b>

<b>4</b>	<b>Saturday, February 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau			Buffalo, NY Sun 25 Sutra 298 Khara 5113
	Mithuna Rasi: 8.33    Tilthi 12 934797157	<b>Gulika</b> 6:55AM – 8:11AM <b>Yama</b> 1:14PM – 2:30PM <b>Rahu</b> 9:27AM – 10:42AM	<b>Ardra</b> Until 3:09AM Sun Vaidhriti* Until 6:46AM Bava Until 6:55AM <b>Dvadasi</b> Until 6:55PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:55AM <b>Muruqa:</b> White <i>Sunset:</i> 5:02PM <b>Nataraja:</b> White Moon – Yellow <b>Magha*Thai</b>	Moon 13 - Phase 40 4th Phase
Creative Work    Siddha Yoga					<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Sunday, February 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Buffalo, NY Sun 26 Sutra 299 Khara 5113
	Mithuna Rasi: 21.23    Tilthi 13 944797157	<b>Gulika</b> 2:31PM – 3:47PM <b>Yama</b> 11:58AM – 1:15PM <b>Rahu</b> 3:47PM – 5:03PM	<b>Punarvasu</b> Until 4:03AM Mon Priti Until 4:44AM Mon Kaulava Until 7:16AM <b>Trayodasi</b> Until 7:16PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:54AM <b>Muruqa:</b> White <i>Sunset:</i> 5:03PM <b>Nataraja:</b> White Moon – Blue <b>Magha*Thai</b>	Moon 13 - Phase 40 4th Phase
Creative Work    Siddha Yoga Until 2:15PM then Amrita Yoga Until 4:03AM Mon then Siddha Yoga					<b>Sivaloka Day</b>

<b>6</b>	<b>Monday, February 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Buffalo, NY Sun 27 Sutra 300 Khara 5113
	Kataka Rasi: 4.37    Tilthi 14 <b>Family Home Evening</b> 944797157	<b>Gulika</b> 1:15PM – 2:32PM <b>Yama</b> 10:42AM – 11:59AM <b>Rahu</b> 8:09AM – 9:26AM	<b>Pushya</b> Until 2:40AM Tue Ayushman Until 1:46AM Tue Gara Until 6:47AM <b>Chaturdasi*</b> Until 5:51PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> White <i>Sunset:</i> 5:04PM <b>Nataraja:</b> White Moon – Blue <b>Magha*Thai</b>	Moon 13 - Phase 40 4th Phase
Creative Work    Siddha Yoga		<b>Thai Pusam</b>	<b>Sivaloka Day</b>		

<b>○</b>	<b>Tuesday, February 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Buffalo, NY Sun 28 Sutra 301 Khara 5113
	<b>Copper Retreat Star</b> Kataka Rasi: 18.13    Tilthi 15 – 16 944797157	<b>Gulika</b> 11:59AM – 1:15PM <b>Yama</b> 9:25AM – 10:42AM <b>Rahu</b> 2:32PM – 3:49PM	<b>Aslesha*</b> Until 2:13AM Wed Saubhagya Until 11:44PM Balava Until 3:52AM Wed <b>Purnima*</b> Until 4:47PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:51AM <b>Muruqa:</b> White <i>Sunset:</i> 5:06PM <b>Nataraja:</b> White Moon – Blue <b>Magha*Thai</b>	Moon 13 - Phase 40 Purnima
Creative Work    Siddha Yoga					<b>Sivaloka Day</b>

<b>○</b>	<b>Wednesday, February 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau			Buffalo, NY Sun 29 Sutra 302 Khara 5113
	<b>Silver Retreat Star</b> Simha Rasi: 2.08    Tilthi 16 – 17 954797167	<b>Gulika</b> 10:42AM – 11:59AM <b>Yama</b> 8:07AM – 9:24AM <b>Rahu</b> 11:59AM – 1:16PM	<b>Magha*</b> Until 1:12AM Thu Sobhana Until 9:10PM Taitila Until 2:11AM Thu <b>Prathama*</b> Until 3:06PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:07PM <b>Nataraja:</b> Blue Moon – Red <b>Magha*Thai</b>	Moon 13 - Phase 40 Prathama
Creative Work    Siddha Yoga Until 2:15PM then Amrita Yoga Until 1:12AM Thu then no yoga					<b>Devaloka Day</b>





**Thursday, February 9, 2012**  
**Gold Retreat Star**

Simha Rasi: 16.18    Tithi 17 – 18  
955797267  
No Yoga  
Until 2.15PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni\* Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau    Buffalo, NY  
Sun 1    Sutra 303  
Khara 5113  
Gulika 9:24AM – 10:41AM    Purvaphalguni\* Until 11:46PM    Ganesha: White    Sunrise: 6:49AM  
Yama 6:49AM – 8:06AM    Athiganda\* Until 6:12PM    Muruqa: White    Sunset: 5:08PM    Moon 1 - Phase 41  
Rahu 1:16PM – 2:34PM    Vanija Until 12:02AM Fri    Nataraja: Yellow    1st Phase  
Moon – Red  
Subha Sivaloka Day  
Magha\*Thai

**1**

**Friday, February 10, 2012**

Kanya Rasi: 0.38    Tithi 18 – 19  
955797267  
Creative Work    Siddha Yoga  
Until 2.15PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau    Buffalo, NY  
Sun 2    Sutra 304  
Khara 5113  
Gulika 8:05AM – 9:23AM    Uttaraphalguni Until 10:03PM    Ganesha: White    Sunrise: 6:48AM  
Yama 2:34PM – 3:52PM    Sukarma Until 2:59PM    Muruqa: White    Sunset: 5:10PM    Moon 1 - Phase 41  
Rahu 10:41AM – 11:59AM    Bava Until 9:36PM    Nataraja: Yellow    1st Phase  
Moon – Red  
Subha Sivaloka Day  
Magha\*Thai

**2**

**Saturday, February 11, 2012**

Kanya Rasi: 15.02    Tithi 19 – 20  
955797267  
Routine Work    Marana Yoga  
Until 2.15PM then Amrita Yoga  
Until 8:14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau    Buffalo, NY  
Sun 3    Sutra 305  
Khara 5113  
Gulika 6:46AM – 8:05AM    Hasta Until 8:14PM    Ganesha: Clear    Sunrise: 6:46AM  
Yama 1:17PM – 2:35PM    Dhriti Until 11:40AM    Muruqa: White    Sunset: 5:11PM    Moon 1 - Phase 41  
Rahu 9:23AM – 10:41AM    Kaulava Until 7:03PM    Nataraja: Yellow    1st Phase  
Moon – Green  
Sivaloka Day  
Magha\*Thai

**3**

**Sunday, February 12, 2012**

Kanya Rasi: 29.23    Tithi 21  
955797267  
Creative Work    Siddha Yoga  
Until 2.15PM then Prabalarishta Yoga  
Until 6:29PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau    Buffalo, NY  
Sun 4    Sutra 306  
Khara 5113  
Gulika 2:35PM – 3:54PM    Chitra Until 6:29PM    Ganesha: Clear    Sunrise: 6:45AM  
Yama 11:59AM – 1:17PM    Shula\* Until 8:24AM    Muruqa: White    Sunset: 5:12PM    Moon 1 - Phase 41  
Rahu 3:54PM – 5:12PM    Gara Until 4:34PM    Nataraja: Yellow    1st Phase  
Moon – Green  
Sivaloka Day  
Magha\*Thai

**4**

**Monday, February 13, 2012**

Tula Rasi: 13.4    Tithi 22  
955797267  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 2.15PM then Siddha Yoga  
Until 4:52PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Visakha Nakshatra Vriddhi Yoga Visti\*/Bava Karana Saptami Yam Titau    Buffalo, NY  
Sun 5    Sutra 307  
Khara 5113  
Gulika 1:17PM – 2:36PM    Svati Until 4:52PM    Ganesha: Clear    Sunrise: 6:44AM  
Yama 10:40AM – 11:59AM    Vriddhi Until 2:37AM Tue    Muruqa: White    Sunset: 5:14PM    Moon 1 - Phase 41  
Rahu 8:03AM – 9:21AM    Visti Until 2:14PM    Nataraja: Yellow    1st Phase  
Moon – Green  
Sivaloka Day  
Magha\*Mas

**☾**

**Tuesday, February 14, 2012**  
**Retreat Star**

Tula Rasi: 27.47    Tithi 23  
955797267  
Routine Work    Marana Yoga  
Until 2.15PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtami\* Yam Titau    Buffalo, NY  
Sun 6    Sutra 308  
Khara 5113  
Gulika 11:59AM – 1:18PM    Visakha Until 3:30PM    Ganesha: Purple    Sunrise: 6:43AM  
Yama 9:21AM – 10:40AM    Dhruva Until 11:43PM    Muruqa: White    Sunset: 5:15PM    Moon 1 - Phase 41  
Rahu 2:37PM – 3:56PM    Balava Until 12:10PM    Nataraja: Yellow    Ashtami  
Moon – Orange  
Subha Sivaloka Day  
Magha\*Mas

**Wednesday, February 15, 2012**  
**Retreat Star**

Vrischika Rasi: 11.47    Tithi 24  
955797267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navami\* Yam Titau    Buffalo, NY  
Sun 7    Sutra 309  
Khara 5113  
Gulika 10:39AM – 11:59AM    Anuradha Until 2:23PM    Ganesha: Purple    Sunrise: 6:41AM  
Yama 8:01AM – 9:20AM    Vyaghata\* Until 9:04PM    Muruqa: White    Sunset: 5:16PM    Moon 1 - Phase 41  
Rahu 11:59AM – 1:18PM    Taitila Until 10:22AM    Nataraja: Yellow    Navami  
Moon – Orange  
Subha Sivaloka Day  
Magha\*Mas


<b>1</b>	<b>Thursday, February 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau					Buffalo, NY Sun 8 Sutra 310 Khara 5113
	Wrischika Rasi: 25.37      Tithi 25 985797267	<b>Gulika</b> 9:19AM – 10:39AM <b>Yama</b> 6:40AM – 7:59AM <b>Rahu</b> 1:18PM – 2:38PM	<b>Jyeshtha* Until 1:31PM</b> Harshana Until 6:39PM Vanija Until 8:50AM Dasami Until 7:55PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Orange <b>Magha-Masi</b>	<i>Sunrise:</i> 6:40AM <i>Sunset:</i> 5:17PM	Subha Sivaloka Day	Moon 1 - Phase 42 2nd Phase
Creative Work    Siddha Yoga Until 2.15PM then no yoga							

<b>2</b>	<b>Friday, February 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau					Buffalo, NY Sun 9 Sutra 311 Khara 5113
	Dhanus Rasi: 9.18      Tithi 26 985797267	<b>Gulika</b> 7:58AM – 9:18AM <b>Yama</b> 2:39PM – 3:59PM <b>Rahu</b> 10:38AM – 11:59AM	<b>Mula* Until 12:55PM</b> Vajra* Until 4:28PM Bava Until 7:35AM Ekadasi* Until 6:40PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<i>Sunrise:</i> 6:38AM <i>Sunset:</i> 5:19PM	Sivaloka Day	Moon 1 - Phase 42 2nd Phase
No Yoga Until 12:55PM then Siddha Yoga Until 2.15PM then Marana Yoga							

<b>3</b>	<b>Saturday, February 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau					Buffalo, NY Sun 10 Sutra 312 Khara 5113
	Dhanus Rasi: 22.5      Tithi 27 986797267	<b>Gulika</b> 6:37AM – 7:57AM <b>Yama</b> 1:19PM – 2:39PM <b>Rahu</b> 9:18AM – 10:38AM	<b>Purvashadha* Until 1:04PM</b> Siddhi Until 3:07PM Kaulava Until 6:39AM Dvadasi* Until 6:39PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<i>Sunrise:</i> 6:37AM <i>Sunset:</i> 5:20PM	Devaloka Day	Moon 1 - Phase 42 2nd Phase
Routine Work    Marana Yoga Until 1:04PM then no yoga Until 2.15PM then Amrita Yoga							

<b>4</b>	<b>Sunday, February 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau					Buffalo, NY Sun 11 Sutra 313 Khara 5113
	Makara Rasi: 6.14      Tithi 28 – 29 986797267	<b>Gulika</b> 2:40PM – 4:00PM <b>Yama</b> 11:58AM – 1:19PM <b>Rahu</b> 4:00PM – 5:21PM	<b>Uttarashadha Until 12:58PM</b> Vyatipata* Until 1:18PM Visti Until 5:54AM Mon Trayodasi* Until 5:54PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<i>Sunrise:</i> 6:36AM <i>Sunset:</i> 5:21PM	Devaloka Day	Moon 1 - Phase 42 2nd Phase
Creative Work    Amrita Yoga Mahasivaratri							

<b>5</b>	<b>Monday, February 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau					Buffalo, NY Sun 12 Sutra 314 Khara 5113
	Makara Rasi: 19.26      Tithi 29 – 30 Family Home Evening 996797267	<b>Gulika</b> 1:19PM – 2:40PM <b>Yama</b> 10:37AM – 11:58AM <b>Rahu</b> 7:55AM – 9:16AM	<b>Sravana Until 1:12PM</b> Variyan Until 11:47AM Catuspada Until 5:30AM Tue Chaturdasi* Until 5:30PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	<i>Sunrise:</i> 6:34AM <i>Sunset:</i> 5:22PM	Devaloka Day	Moon 1 - Phase 42 2nd Phase
Creative Work    Amrita Yoga Until 1:12PM then Siddha Yoga Until 2.15PM then Marana Yoga							

	<b>Tuesday, February 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha*/Satabhisha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau					Buffalo, NY Sun 13 Sutra 315 Khara 5113
	Kumbha Rasi: 2.27      Tithi 30 – 1 996897267	<b>Gulika</b> 11:58AM – 1:20PM <b>Yama</b> 9:15AM – 10:37AM <b>Rahu</b> 2:41PM – 4:02PM	<b>Dhanishtha Until 1:47PM</b> Parigha* Until 10:37AM Kintughna Until 5:29AM Wed Amavasya* Until 5:29PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	<i>Sunrise:</i> 6:33AM <i>Sunset:</i> 5:24PM	Sivaloka Day	Moon 1 - Phase 42 Amavasya
Routine Work    Marana Yoga Until 2.15PM then Siddha Yoga							

<b>Retreat Star</b>	<b>Wednesday, February 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha*/Purvaprostapada* Nakshatra Shiva/Siddha Yoga Bava Karana Prathama* Yam Titau					Buffalo, NY Sun 14 Sutra 316 Khara 5113
	Kumbha Rasi: 15.15      Tithi 1 996897267	<b>Gulika</b> 10:36AM – 11:58AM <b>Yama</b> 7:53AM – 9:15AM <b>Rahu</b> 11:58AM – 1:20PM	<b>Satabhisha Until 2:47PM</b> Shiva Until 9:48AM Bava Until 5:55AM Thu Prathama* Until 5:55PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Phalgun-Masi</b>	<i>Sunrise:</i> 6:31AM <i>Sunset:</i> 5:25PM	Sivaloka Day	Moon 1 - Phase 42 Prathama
Creative Work    Siddha Yoga Until 2.14PM then Marana Yoga Until 2:47PM then Siddha Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

<b>1</b>	<b>Thursday, February 23, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dviliya Yam Titau	Buffalo, NY <b>Sun 15</b> Sutra 317 Khara 5113
	Kumbha Rasi: 27.49      Tithi 2 916897267 Creative Work    Siddha Yoga	<b>Gulika</b> 9:14AM – 10:36AM <b>Yama</b> 6:30AM – 7:52AM <b>Rahu</b> 1:20PM – 2:42PM	<b>Purvaprostapada* Until 5:02PM</b> Siddha Until 9:39AM Balava Until 6:52AM <b>Dvitiya Until 7:57PM</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> White <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Yellow Moon – Clear <b>Phalguna-Masi</b>	<b>Subha Sivaloka Day</b>
<b>2</b>	<b>Friday, February 24, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau	Buffalo, NY <b>Sun 16</b> Sutra 318 Khara 5113
	Meena Rasi: 10.09      Tithi 3 916897267 Creative Work    Siddha Yoga Until 7:02PM then Prabalarishla Yoga	<b>Gulika</b> 7:50AM – 9:13AM <b>Yama</b> 2:43PM – 4:05PM <b>Rahu</b> 10:35AM – 11:58AM	<b>Uttaraprostapada Until 7:02PM</b> Sadhya Until 9:38AM Taitila Until 8:19AM <b>Tritiya Until 9:25PM</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> White <i>Sunset:</i> 5:27PM <b>Nataraja:</b> Yellow Moon – Clear <b>Phalguna-Masi</b>	<b>Subha Sivaloka Day</b>
<b>3</b>	<b>Saturday, February 25, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Buffalo, NY <b>Sun 17</b> Sutra 319 Khara 5113
	Meena Rasi: 22.17      Tithi 4 916897267 Routine Work    Prabalarishla Yoga Until 2:14PM then Amrita Yoga Until 9:26PM then Siddha Yoga	<b>Gulika</b> 6:27AM – 7:49AM <b>Yama</b> 1:20PM – 2:43PM <b>Rahu</b> 9:12AM – 10:35AM	<b>Revati Until 9:26PM</b> Subha Until 9:59AM Vanija Until 10:14AM <b>Chaturthi* Until 11:19PM</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> White <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Yellow Moon – Clear <b>Phalguna-Masi</b>	<b>Subha Sivaloka Day</b>
		<b>Subramuniyaswami Siva Vision Day</b>	
<b>4</b>	<b>Sunday, February 26, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchami Yam Titau	Buffalo, NY <b>Sun 18</b> Sutra 320 Khara 5113
	Mesha Rasi: 4.15      Tithi 5 927897267 Creative Work    Siddha Yoga	<b>Gulika</b> 2:44PM – 4:07PM <b>Yama</b> 11:57AM – 1:21PM <b>Rahu</b> 4:07PM – 5:30PM	<b>Asvini Until 12:11AM Mon</b> Sukla Until 10:40AM Bava Until 12:30PM <b>Panchami Until 1:36AM Mon</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> White <i>Sunset:</i> 5:30PM <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>	<b>Devaloka Day</b>
<b>5</b>	<b>Monday, February 27, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Buffalo, NY <b>Sun 19</b> Sutra 321 Khara 5113
	Mesha Rasi: 16.05      Tithi 6 927897267 Family Home Evening Creative Work    Siddha Yoga	<b>Gulika</b> 1:21PM – 2:44PM <b>Yama</b> 10:34AM – 11:57AM <b>Rahu</b> 7:47AM – 9:10AM	<b>Bharani Until 3:09AM Tue</b> Brahma Until 11:34AM Kaulava Until 3:03PM <b>Shasthi* Until 4:08AM Tue</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:23AM <b>Muruqa:</b> White <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>	<b>Devaloka Day</b>
<b>6</b>	<b>Tuesday, February 28, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Sapthami Yam Titau	Buffalo, NY <b>Sun 20</b> Sutra 322 Khara 5113
	Mesha Rasi: 27.53      Tithi 7 927897267 Creative Work    Siddha Yoga Until 2:14PM then Amrita Yoga Until 6:35AM Wed then Siddha Yoga	<b>Gulika</b> 11:57AM – 1:21PM <b>Yama</b> 9:09AM – 10:33AM <b>Rahu</b> 2:45PM – 4:09PM	<b>Krittika Until 6:35AM Wed</b> Indra Until 12:33PM Gara Until 5:41PM <b>Sapthami Until 7:10AM Wed</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:22AM <b>Muruqa:</b> White <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>	<b>Devaloka Day</b>
	<b>Wednesday, February 29, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Sapthami/Ashtami* Yam Titau	Buffalo, NY <b>Sun 21</b> Sutra 323 Khara 5113
	<b>Retreat Star</b> Vrishabha Rasi: 9.42      Tithi 7 – 8 927897267 Creative Work    Amrita Yoga Until 6:35AM then Siddha Yoga Until 2:13PM then Marana Yoga	<b>Gulika</b> 10:33AM – 11:57AM <b>Yama</b> 7:44AM – 9:09AM <b>Rahu</b> 11:57AM – 1:21PM	<b>Krittika Until 6:35AM</b> Vaidhriti* Until 1:29PM Visti Until 8:16PM <b>Sapthami Until 7:10AM</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:20AM <b>Muruqa:</b> White <i>Sunset:</i> 5:34PM <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>	<b>Devaloka Day</b>
<b>Thursday, March 1, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Buffalo, NY <b>Sun 22</b> Sutra 324 Khara 5113
	Vrishabha Rasi: 21.39      Tithi 8 – 9 937897267 Routine Work    Marana Yoga Until 2:13PM then Siddha Yoga	<b>Gulika</b> 9:07AM – 10:32AM <b>Yama</b> 6:17AM – 7:42AM <b>Rahu</b> 1:21PM – 2:46PM	<b>Rohini Until 9:22AM</b> Vishkambha* Until 2:11PM Balava Until 10:34PM <b>Ashtami* Until 9:28AM</b>
		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:17AM <b>Muruqa:</b> White <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>	<b>Sivaloka Day</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Friday, March 2, 2012</p> <p>Mithuna Rasi: 3.49    Tithi 9 – 10</p> <p style="text-align: right;">937897267</p> <p>Creative Work    Siddha Yoga</p>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Buffalo, NY <b>Sutra 325</b> Khara 5113 Moon 1 - Phase 44 4th Phase
	<b>Gulika</b> 7:41AM – 9:06AM <b>Yama</b> 2:47PM – 4:12PM <b>Rahu</b> 10:31AM – 11:56AM	<b>Mrigasira Until 11:41AM</b> Priti Until 2:29PM Taitila Until 12:23AM Sat <b>Navami* Until 11:18AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:15AM <b>Muruqa:</b> White <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>	Sun 23 Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Saturday, March 3, 2012</p> <p>Mithuna Rasi: 16.19    Tithi 10 – 11</p> <p style="text-align: right;">938897267</p> <p>Creative Work    Siddha Yoga</p> <p>Until 12:49PM then Marana Yoga</p> <p>Until 2.12PM then Siddha Yoga</p>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Buffalo, NY <b>Sutra 326</b> Khara 5113 Moon 1 - Phase 44 4th Phase
	<b>Gulika</b> 6:14AM – 7:39AM <b>Yama</b> 1:22PM – 2:47PM <b>Rahu</b> 9:05AM – 10:30AM	<b>Ardra Until 12:49PM</b> Ayushman Until 1:37PM Vanija Until 11:53PM <b>Dasami Until 11:53AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:14AM <b>Muruqa:</b> White <i>Sunset:</i> 5:38PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>	Sun 24 Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Sunday, March 4, 2012</p> <p>Mithuna Rasi: 29.11    Tithi 11 – 12</p> <p style="text-align: right;">148897267</p> <p>Creative Work    Siddha Yoga</p>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Buffalo, NY <b>Sutra 327</b> Khara 5113 Moon 1 - Phase 44 4th Phase
	<b>Gulika</b> 2:48PM – 4:14PM <b>Yama</b> 11:56AM – 1:22PM <b>Rahu</b> 4:14PM – 5:40PM	<b>Punarvasu Until 1:39PM</b> Saubhagya Until 12:40PM Bava Until 12:08AM Mon <b>Ekadasi Until 12:08PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:12AM <b>Muruqa:</b> White <i>Sunset:</i> 5:40PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>	Sun 25 Devaloka Day

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Monday, March 5, 2012</p> <p>Kataka Rasi: 12.31    Tithi 12 – 13</p> <p><b>Family Home Evening</b>    148817267</p> <p>Creative Work    Siddha Yoga</p>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Sobhana/Atihiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Buffalo, NY <b>Sutra 328</b> Khara 5113 Moon 1 - Phase 44 4th Phase
	<b>Gulika</b> 1:22PM – 2:48PM <b>Yama</b> 10:29AM – 11:56AM <b>Rahu</b> 7:37AM – 9:03AM	<b>Pushya Until 1:08PM</b> Sobhana Until 10:39AM Kaulava Until 10:09PM <b>Dvadasi Until 11:04AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:10AM <b>Muruqa:</b> White <i>Sunset:</i> 5:41PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>	Sun 26 Devaloka Day

<h1 style="font-size: 2em; margin: 0;">5</h1> <p>Tuesday, March 6, 2012</p> <p>Kataka Rasi: 26.17    Tithi 13 – 14</p> <p style="text-align: right;">148817267</p> <p>Creative Work    Siddha Yoga</p>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Buffalo, NY <b>Sutra 329</b> Khara 5113 Moon 1 - Phase 44 4th Phase
	<b>Gulika</b> 11:55AM – 1:22PM <b>Yama</b> 9:02AM – 10:29AM <b>Rahu</b> 2:49PM – 4:15PM	<b>Aslesha* Until 12:22PM</b> Athiganda* Until 8:20AM Gara Until 8:43PM <b>Trayodasi Until 9:39AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:09AM <b>Muruqa:</b> White <i>Sunset:</i> 5:42PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>	Sun 27 Devaloka Day

<h1 style="font-size: 2em; margin: 0;">O</h1> <p>Wednesday, March 7, 2012</p> <p><b>Copper Retreat Star</b></p> <p>Simha Rasi: 10.29    Tithi 14 – 15</p> <p style="text-align: right;">158817267</p> <p>Creative Work    Siddha Yoga</p> <p>Until 10:34AM then Amrita Yoga</p> <p>Until 2.12PM then no yoga</p>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Buffalo, NY <b>Sutra 330</b> Khara 5113 Moon 1 - Phase 44 Purnima
	<b>Gulika</b> 10:28AM – 11:55AM <b>Yama</b> 7:34AM – 9:01AM <b>Rahu</b> 11:55AM – 1:22PM	<b>Magha* Until 10:34AM</b> Dhriti Until 1:24AM Thu Visti Until 3:55AM Thu <b>Chaturdasi* Until 7:20AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:07AM <b>Muruqa:</b> White <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalguna-Masi</b>	Sun 28 Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">O</h1> <p>Thursday, March 8, 2012</p> <p><b>Silver Retreat Star</b></p> <p>Simha Rasi: 25    Tithi 16</p> <p style="text-align: right;">158817267</p> <p>No Yoga</p> <p>Until 8:40AM then Prabalarishta Yoga</p> <p>Until 2.11PM then Siddha Yoga</p>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathama* Yam Titau			Buffalo, NY <b>Sutra 331</b> Khara 5113 Moon 1 - Phase 44 Prathama
	<b>Gulika</b> 9:00AM – 10:28AM <b>Yama</b> 6:05AM – 7:33AM <b>Rahu</b> 1:22PM – 2:50PM	<b>Purvaphalguni* Until 8:40AM</b> Shula* Until 10:06PM Balava Until 3:00PM <b>Prathama* Until 1:18AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:05AM <b>Muruqa:</b> White <i>Sunset:</i> 5:44PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalguna-Masi</b>	Sun 29 Sivaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



**Friday, March 9, 2012**  
**Gold Retreat Star**

Kanya Rasi: 9.45      Tithi 17  
158817267  
Creative Work    Siddha Yoga  
Until 6:24AM then Amrita Yoga  
Until 2.11PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ganda\* Yoga Tailila/Gara Karana Dvitiya Yam Titau      Buffalo, NY  
Sutra 332  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

<b>Gulika</b> 7:31AM – 8:59AM	<b>Uttaraphalguni</b> Until 6:24AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:04AM	
<b>Yama</b> 2:50PM – 4:18PM	Ganda* Until 6:29PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:45PM	
<b>Rahu</b> 10:27AM – 11:55AM	Taitila Until 12:00PM	<b>Nataraja:</b> Yellow	
	<b>Dvitiya</b> Until 10:18PM	Moon – Red	<b>Sivaloka Day</b>
		<b>Phalguna-Masi</b>	

**1** **Saturday, March 10, 2012**

Kanya Rasi: 24.35      Tithi 18  
169817267  
Routine Work    Marana Yoga  
Until 2.11PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiya Yam Titau      Buffalo, NY  
Sun 1      Sutra 333  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

<b>Gulika</b> 6:02AM – 7:30AM	<b>Chitra</b> Until 1:19AM Sun	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:02AM	
<b>Yama</b> 1:22PM – 2:50PM	Vridhhi Until 2:44PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:47PM	
<b>Rahu</b> 8:58AM – 10:26AM	Vanija Until 8:51AM	<b>Nataraja:</b> Yellow	
	<b>Tritiya</b> Until 7:09PM	Moon – Green	<b>Devaloka Day</b>
		<b>Phalguna-Masi</b>	

**2** **Sunday, March 11, 2012**

Tula Rasi: 9.23      Tithi 19 – 20  
169817267  
Creative Work    Siddha Yoga  
Until 2.10PM then Amrita Yoga  
Until 10:59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau      Buffalo, NY  
Sun 2      Sutra 334  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

<b>Gulika</b> 2:51PM – 4:19PM	<b>Svati</b> Until 10:59PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:00AM	
<b>Yama</b> 11:54AM – 1:22PM	Dhruva Until 11:03AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:48PM	
<b>Rahu</b> 4:19PM – 5:48PM	Kaulava Until 2:21AM Mon	<b>Nataraja:</b> Yellow	
	<b>Chaturthi*</b> Until 4:04PM	Moon – Green	<b>Devaloka Day</b>
		<b>Phalguna-Masi</b>	

**3** **Monday, March 12, 2012**

Tula Rasi: 24.01      Tithi 20 – 21  
179817267  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 9:59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau      Buffalo, NY  
Sun 3      Sutra 335  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

<b>Gulika</b> 1:23PM – 2:51PM	<b>Visakha</b> Until 9:59PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:59AM	
<b>Yama</b> 10:25AM – 11:54AM	Vyaghata* Until 7:43AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:49PM	
<b>Rahu</b> 7:27AM – 8:56AM	Gara Until 12:55AM Tue	<b>Nataraja:</b> Yellow	
	<b>Panchami</b> Until 1:50PM	Moon – Orange	<b>Sivaloka Day</b>
		<b>Phalguna-Masi</b>	

**4** **Tuesday, March 13, 2012**

Vrischika Rasi: 8.24      Tithi 21 – 22  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau      Buffalo, NY  
Sun 4      Sutra 336  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

<b>Gulika</b> 11:54AM – 1:23PM	<b>Anuradha</b> Until 8:10PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:57AM	
<b>Yama</b> 8:55AM – 10:24AM	Vajra* Until 1:46AM Wed	<b>Muruqa:</b> White <i>Sunset:</i> 5:50PM	
<b>Rahu</b> 2:52PM – 4:21PM	Visti Until 10:21PM	<b>Nataraja:</b> Yellow	
	<b>Shasthi*</b> Until 11:16AM	Moon – Orange	<b>Sivaloka Day</b>
		<b>Phalguna-Panguni</b>	<b>Tour Day</b>

**Retreat Star**  
**Wednesday, March 14, 2012**

Vrischika Rasi: 22.3      Tithi 22 – 23  
179817268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau      Buffalo, NY  
Sun 5      Sutra 337  
Khara 5113  
Moon 2 - Phase 45  
Ashtami


<b>Gulika</b> 10:24AM – 11:53AM	<b>Jyeshtha*</b> Until 6:52PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:55AM	
<b>Yama</b> 7:25AM – 8:54AM	Siddhi Until 10:56PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:51PM	
<b>Rahu</b> 11:53AM – 1:23PM	Balava Until 8:18PM	<b>Nataraja:</b> White	
	<b>Saptami</b> Until 9:14AM	Moon – Orange	<b>Subha Sivaloka Day</b>
		<b>Phalguna-Panguni</b>	

**Retreat Star**  
**Thursday, March 15, 2012**

Dhanus Rasi: 6.18      Tithi 23 – 24  
189817268  
Creative Work    Siddha Yoga  
Until 2.09PM then no yoga  
Until 6:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau      Buffalo, NY  
Sun 6      Sutra 338  
Khara 5113  
Moon 2 - Phase 45  
Navami

<b>Gulika</b> 8:53AM – 10:23AM	<b>Mula*</b> Until 6:03PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:54AM	
<b>Yama</b> 5:54AM – 7:23AM	Vyatipata* Until 8:35PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:52PM	
<b>Rahu</b> 1:23PM – 2:53PM	Taitila Until 6:49PM	<b>Nataraja:</b> White	
	<b>Ashtami*</b> Until 7:44AM	Moon – Light Blue	<b>Sivaloka Day</b>
		<b>Phalguna-Panguni</b>	

<b>1</b>	<b>Friday, March 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Buffalo, NY Sun 7 Sutra 339 Khara 5113
	Dhanus Rasi: 19.5    Tithi 24 – 25 189917268	<b>Gulika</b> 7:22AM – 8:52AM <b>Yama</b> 2:53PM – 4:23PM <b>Rahu</b> 10:22AM – 11:53AM	<b>Purvashadha* Until 6:37PM</b> Variyan Until 7:36PM Vanija Until 6:49PM <b>Navami* Until 6:49AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> White <i>Sunset:</i> 5:53PM <b>Nataraja:</b> White Moon – Light Blue <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 2nd Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 2.09PM then Marana Yoga Until 6:37PM then no yoga				
<b>2</b>	<b>Saturday, March 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dasami/Ekadas* Yam Titau			Buffalo, NY Sun 8 Sutra 340 Khara 5113
	Makara Rasi: 3.06    Tithi 25 – 26 189917268	<b>Gulika</b> 5:50AM – 7:21AM <b>Yama</b> 1:23PM – 2:53PM <b>Rahu</b> 8:51AM – 10:22AM	<b>Uttarashadha Until 6:44PM</b> Parigha* Until 5:59PM Bava Until 6:16PM <b>Dasami Until 6:16AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> White <i>Sunset:</i> 5:55PM <b>Nataraja:</b> White Moon – Light Blue <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 2nd Phase <b>Sivaloka Day</b>
	No Yoga Until 2.09PM then Amrita Yoga				
<b>3</b>	<b>Sunday, March 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadas*/Dvadasi* Yam Titau			Buffalo, NY Sun 9 Sutra 341 Khara 5113
	Makara Rasi: 16.09    Tithi 26 – 27 191917268	<b>Gulika</b> 2:54PM – 4:25PM <b>Yama</b> 11:52AM – 1:23PM <b>Rahu</b> 4:25PM – 5:56PM	<b>Sravana Until 7:15PM</b> Shiva Until 4:46PM Kaulava Until 6:09PM <b>Ekadas* Until 6:09AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> White <i>Sunset:</i> 5:56PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day
	Creative Work    Amrita Yoga Until 7:15PM then Siddha Yoga				
<b>4</b>	<b>Monday, March 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Tautila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Buffalo, NY Sun 10 Sutra 342 Khara 5113
	Makara Rasi: 29.01    Tithi 27 – 28 191917268	<b>Gulika</b> 1:23PM – 2:54PM <b>Yama</b> 10:20AM – 11:52AM <b>Rahu</b> 7:18AM – 8:49AM	<b>Dhanishtha Until 8:08PM</b> Siddha Until 3:53PM Gara Until 6:26PM <b>Dvadasi* Until 6:26AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> White <i>Sunset:</i> 5:57PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day
	Family Home Evening Creative Work    Siddha Yoga Until 2.08PM then Marana Yoga				
<b>5</b>	<b>Tuesday, March 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Buffalo, NY Sun 11 Sutra 343 Khara 5113
	Kumbha Rasi: 11.41    Tithi 28 – 29 191917268	<b>Gulika</b> 11:51AM – 1:23PM <b>Yama</b> 8:48AM – 10:20AM <b>Rahu</b> 2:55PM – 4:26PM	<b>Satabhisha Until 10:39PM</b> Sadhya Until 4:02PM Visti Until 8:16PM <b>Trayodasi* Until 7:11AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day
	Routine Work    Marana Yoga Until 2.08PM then Siddha Yoga Until 10:39PM then Amrita Yoga				
	<b>Wednesday, March 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Buffalo, NY Sun 12 Sutra 344 Khara 5113
	<b>Retreat Star</b> Kumbha Rasi: 24.1    Tithi 29 – 30 111917268	<b>Gulika</b> 10:19AM – 11:51AM <b>Yama</b> 7:15AM – 8:47AM <b>Rahu</b> 11:51AM – 1:23PM	<b>Purvaprostapada* Until 12:20AM Thu</b> Subha Until 3:45PM Catuspada Until 9:22PM <b>Chaturdasi* Until 8:16AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> White <i>Sunset:</i> 5:59PM <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Panguni</b>	Moon 2 - Phase 46 Amavasya <b>Subha Sivaloka Day</b>
	Creative Work    Amrita Yoga Until 2.08PM then Siddha Yoga				
<b>Thursdays</b>	<b>Thursday, March 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Buffalo, NY Sun 13 Sutra 345 Khara 5113
	<b>Retreat Star</b> Meena Rasi: 6.29    Tithi 30 – 1 111917268	<b>Gulika</b> 8:46AM – 10:18AM <b>Yama</b> 5:41AM – 7:14AM <b>Rahu</b> 1:23PM – 2:56PM	<b>Uttaraprostapada Until 2:21AM Fri</b> Sukla Until 3:48PM Kintughna Until 10:50PM <b>Amavasya* Until 9:44AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> White <i>Sunset:</i> 6:00PM <b>Nataraja:</b> White Moon – Clear <b>Chaitra-Panguni</b>	Moon 2 - Phase 46 Prathama <b>Subha Sivaloka Day</b>
	Creative Work    Siddha Yoga				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP,287

<b>1</b>	<b>Friday, March 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Buffalo, NY
	Mesha Rasi: 18.38      Tithi 1 – 2	<b>Gulika</b> 7:12AM – 8:45AM <b>Yama</b> 2:56PM – 4:29PM <b>Rahu</b> 10:18AM – 11:51AM	<b>Revati Until 4:43AM Sat</b> Brahma Until 4:09PM Balava Until 12:40AM Sat <b>Prathama* Until 11:34AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Clear <b>Chaitra•Panguni</b>	<b>Sun 14</b> <b>Sutra 346</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work    Siddha Yoga Until 2:07PM then Prabalarishta Yoga Until 4:43AM Sat then Siddha Yoga				<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Saturday, March 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Buffalo, NY
	Mesha Rasi: 0.39      Tithi 2 – 3	<b>Gulika</b> 5:38AM – 7:11AM <b>Yama</b> 1:23PM – 2:56PM <b>Rahu</b> 8:44AM – 10:17AM	<b>Asvini Until 7:36AM Sun</b> Indra Until 4:46PM Taitila Until 2:49AM Sun <b>Dvitiya Until 1:43PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	<b>Sun 15</b> <b>Sutra 347</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work    Siddha Yoga Until 7:36AM Sun then no yoga	<b>Chellappaswami Mahasamadhi</b>			<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Sunday, March 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Buffalo, NY
	Mesha Rasi: 12.32      Tithi 3 – 4	<b>Gulika</b> 2:57PM – 4:30PM <b>Yama</b> 11:50AM – 1:23PM <b>Rahu</b> 4:30PM – 6:04PM	<b>Asvini Until 7:36AM</b> Vaidhriti* Until 5:37PM Vanija Until 5:14AM Mon <b>Tritiya Until 4:08PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	<b>Sun 16</b> <b>Sutra 348</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work    Siddha Yoga Until 7:36AM then no yoga Until 2:06PM then Siddha Yoga				<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Monday, March 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visti* Karana Chaturthi* Yam Titau			Buffalo, NY
	Mesha Rasi: 24.2      Tithi 4	<b>Gulika</b> 1:23PM – 2:57PM <b>Yama</b> 10:16AM – 11:50AM <b>Rahu</b> 7:08AM – 8:42AM	<b>Bharani Until 10:40AM</b> Vishkambha* Until 6:37PM Visti Until 7:49AM Tue <b>Chaturthi* Until 6:44PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	<b>Sun 17</b> <b>Sutra 349</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	<b>Family Home Evening</b> Creative Work    Siddha Yoga Until 10:40AM then no yoga Until 2:06PM then Siddha Yoga				<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Tuesday, March 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau			Buffalo, NY
	Vrishabha Rasi: 6.06      Tithi 5	<b>Gulika</b> 11:49AM – 1:23PM <b>Yama</b> 8:41AM – 10:15AM <b>Rahu</b> 2:58PM – 4:32PM	<b>Krittika Until 1:47PM</b> Priti Until 7:40PM Bava Until 8:18AM <b>Panchami Until 9:23PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	<b>Sun 18</b> <b>Sutra 350</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work    Siddha Yoga Until 1:47PM then Amrita Yoga Until 2:06PM then Siddha Yoga				<b>Subha Sivaloka Day</b>

<b>6</b>	<b>Wednesday, March 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			Buffalo, NY
	Vrishabha Rasi: 17.55      Tithi 6	<b>Gulika</b> 10:15AM – 11:49AM <b>Yama</b> 7:06AM – 8:40AM <b>Rahu</b> 11:49AM – 1:24PM	<b>Rohini Until 4:50PM</b> Ayushman Until 8:39PM Kaulava Until 10:52AM <b>Shasthi* Until 11:58PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>	<b>Sun 19</b> <b>Sutra 351</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work    Siddha Yoga Until 2:05PM then Marana Yoga				<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>	<b>Thursday, March 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptami Yam Titau			Buffalo, NY
	Vrishabha Rasi: 29.51      Tithi 7	<b>Gulika</b> 8:39AM – 10:14AM <b>Yama</b> 5:29AM – 7:04AM <b>Rahu</b> 1:24PM – 2:58PM	<b>Mrigasira Until 7:38PM</b> Saubhagya Until 9:25PM Gara Until 1:11PM <b>Saptami Until 2:16AM Fri</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>	<b>Sun 20</b> <b>Sutra 352</b> Khara 5113 Moon 2 - Phase 47 3rd Phase
	Routine Work    Marana Yoga Until 2:05PM then Siddha Yoga				<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>	<b>Friday, March 30, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtami* Yam Titau			Buffalo, NY
	Mithuna Rasi: 11.59      Tithi 8	<b>Gulika</b> 7:03AM – 8:38AM <b>Yama</b> 2:59PM – 4:34PM <b>Rahu</b> 10:13AM – 11:48AM	<b>Ardra Until 10:02PM</b> Sobhana Until 9:48PM Visti Until 3:02PM <b>Ashtami* Until 4:07AM Sat</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>	<b>Sun 21</b> <b>Sutra 353</b> Khara 5113 Moon 2 - Phase 47 Ashtami
	Creative Work    Siddha Yoga Until 10:02PM then Marana Yoga				<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>	<b>Saturday, March 31, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navami* Yam Titau			Buffalo, NY
	Mithuna Rasi: 24.26      Tithi 9	<b>Gulika</b> 5:26AM – 7:01AM <b>Yama</b> 1:24PM – 2:59PM <b>Rahu</b> 8:37AM – 10:13AM	<b>Punarvasu Until 10:27PM</b> Athiganda* Until 8:30PM Balava Until 3:22PM <b>Navami* Until 3:22AM Sun</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>	<b>Sun 22</b> <b>Sutra 354</b> Khara 5113 Moon 2 - Phase 47 Navami
	Routine Work    Marana Yoga Until 2:05PM then Siddha Yoga	<b>Sri Rama Navami</b>			<b>Sivaloka Day</b>

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

<b>1</b>	<b>Sunday, April 1, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dasami Yam Titau				Buffalo, NY
	Kataka Rasi: 7.15	Tithi 10	<b>Gulika</b> 2:59PM – 4:35PM	<b>Pushya</b> Until 11:23PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:26AM	Sun 23 <b>Sutra 355</b> Khara 5113
		142917268	<b>Yama</b> 11:48AM – 1:24PM	<b>Sukarma</b> Until 7:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 48
Creative Work	Siddha Yoga		<b>Rahu</b> 4:35PM – 6:10PM	<b>Taitila</b> Until 3:42PM	<b>Nataraja:</b> White		4th Phase
				<b>Dasami</b> Until 3:42AM Mon	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>	

<b>2</b>	<b>Monday, April 2, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Buffalo, NY
	Kataka Rasi: 20.32	Tithi 11	<b>Gulika</b> 1:24PM – 3:00PM	<b>Aslesha*</b> Until 10:14PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:24AM	Sun 24 <b>Sutra 356</b> Khara 5113
<b>Family Home Evening</b>		142917268	<b>Yama</b> 10:12AM – 11:48AM	<b>Dhriti</b> Until 5:17PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 48
Creative Work	Siddha Yoga		<b>Rahu</b> 7:00AM – 8:36AM	<b>Vanija</b> Until 2:25PM	<b>Nataraja:</b> White		4th Phase
			<b>Yogaswami Mahasamadhi</b>	<b>Ekadasi</b> Until 1:29AM Tue	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>	

<b>3</b>	<b>Tuesday, April 3, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau				Buffalo, NY
	Simha Rasi: 4.17	Tithi 12	<b>Gulika</b> 11:48AM – 1:24PM	<b>Magha*</b> Until 9:30PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	Sun 25 <b>Sutra 357</b> Khara 5113
		152917268	<b>Yama</b> 8:35AM – 10:11AM	<b>Shula*</b> Until 3:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 48
Creative Work	Siddha Yoga		<b>Rahu</b> 3:00PM – 4:36PM	<b>Bava</b> Until 12:59PM	<b>Nataraja:</b> White		4th Phase
Until 9:30PM then Amrita Yoga				<b>Dvadasi</b> Until 12:04AM Wed	<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Wednesday, April 4, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Buffalo, NY
	Simha Rasi: 18.31	Tithi 13	<b>Gulika</b> 10:11AM – 11:47AM	<b>Purvaphalguni*</b> Until 7:02PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM	Sun 26 <b>Sutra 358</b> Khara 5113
		152917268	<b>Yama</b> 6:57AM – 8:34AM	<b>Ganda*</b> Until 11:38AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 48
Creative Work	Amrita Yoga		<b>Rahu</b> 11:47AM – 1:24PM	<b>Kaulava</b> Until 10:21AM	<b>Nataraja:</b> White		4th Phase
Until 2:04PM then no yoga				<b>Trayodasi</b> Until 8:38PM	<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>	
Until 7:02PM then Prabalarishta Yoga				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Thursday, April 5, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vridhi/Dhruva Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Buffalo, NY
	Kanya Rasi: 3.1	Tithi 14 – 15	<b>Gulika</b> 8:33AM – 10:10AM	<b>Uttaraphalguni</b> Until 4:56PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:19AM	Sun 27 <b>Sutra 359</b> Khara 5113
		152917268	<b>Yama</b> 5:19AM – 6:56AM	<b>Vridhi</b> Until 8:11AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 48
Routine Work	Prabalarishta Yoga		<b>Rahu</b> 1:24PM – 3:01PM	<b>Gara</b> Until 7:30AM	<b>Nataraja:</b> White		4th Phase
Until 2:03PM then Siddha Yoga				<b>Chaturdasi*</b> Until 5:47PM	<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>	
Until 4:56PM then Amrita Yoga							

<b>○</b>	<b>Friday, April 6, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Buffalo, NY
	<b>Copper Retreat Star</b>		<b>Gulika</b> 6:55AM – 8:32AM	<b>Hasta</b> Until 2:21PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:17AM	Sun 28 <b>Sutra 360</b> Khara 5113
Kanya Rasi: 18.07	Tithi 15 – 16	162917268	<b>Yama</b> 3:01PM – 4:39PM	<b>Vyaghata*</b> Until 12:17AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 48
Creative Work	Amrita Yoga		<b>Rahu</b> 10:09AM – 11:47AM	<b>Balava</b> Until 12:42AM Sat	<b>Nataraja:</b> White		Purnima
Until 2:03PM then Marana Yoga				<b>Purnima*</b> Until 2:25PM	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>	
			<b>Panguni Uttiram</b>				
			<b>Hanuman Jayanti</b>				

<b>○</b>	<b>Saturday, April 7, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau				Buffalo, NY
	<b>Silver Retreat Star</b>		<b>Gulika</b> 5:16AM – 6:53AM	<b>Chitra</b> Until 11:30AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:16AM	Sun 29 <b>Sutra 361</b> Khara 5113
Tula Rasi: 3.14	Tithi 16 – 17	162917268	<b>Yama</b> 1:24PM – 3:02PM	<b>Harshana</b> Until 8:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 48
Routine Work	Marana Yoga		<b>Rahu</b> 8:31AM – 10:09AM	<b>Taitila</b> Until 9:03PM	<b>Nataraja:</b> White		Prathama
Until 11:30AM then Siddha Yoga				<b>Prathama*</b> Until 10:46AM	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1





**Sunday, April 8, 2012**  
**Gold Retreat Star**

Tula Rasi: 18.21      Tithi 17 - 18  
162917268  
Creative Work    Siddha Yoga  
Until 8:38AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Visakha Nakshatra Vajra\*/Siddhi Yoga Gara/Visti\* Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    3:02PM - 4:40PM    **Svati Until 8:38AM**  
**Yama**      11:46AM - 1:24PM    **Vajra\* Until 3:59PM**  
**Rahu**      4:40PM - 6:18PM      **Visti Until 3:40AM Mon**  
**Dvitiya Until 7:06AM**  
**Ganesha:** White    *Sunrise: 5:14AM*  
**Muruqa:** White    *Sunset: 6:18PM*  
**Nataraja:** White  
Moon - Green  
**Chaitra•Panguni**

Buffalo, NY  
**Sun 1**    **Sutra 362**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Sivaloka Day**

**1**

**Monday, April 9, 2012**

Vrischika Rasi: 3.2      Tithi 19  
**Family Home Evening**    172917268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    1:24PM - 3:03PM    **Anuradha Until 3:20AM Tue**  
**Yama**      10:07AM - 11:46AM    **Siddhi Until 12:02PM**  
**Rahu**      6:51AM - 8:29AM      **Bava Until 1:57PM**  
**Chaturthi\* Until 12:14AM Tue**  
**Ganesha:** Clear    *Sunrise: 5:12AM*  
**Muruqa:** White    *Sunset: 6:19PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Buffalo, NY  
**Sun 2**    **Sutra 363**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**

**2**

**Tuesday, April 10, 2012**

Vrischika Rasi: 18.03      Tithi 20  
173117268  
Creative Work    Siddha Yoga  
Until 2:29AM Wed then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    11:46AM - 1:24PM    **Jyeshtha\* Until 2:29AM Wed**  
**Yama**      8:28AM - 10:07AM    **Vyatipata\* Until 8:39AM**  
**Rahu**      3:03PM - 4:42PM      **Kaulava Until 11:22AM**  
**Panchami Until 10:26PM**  
**Ganesha:** Blue    *Sunrise: 5:11AM*  
**Muruqa:** White    *Sunset: 6:20PM*  
**Nataraja:** White  
Moon - Orange  
**Chaitra•Panguni**

Buffalo, NY  
**Sun 3**    **Sutra 364**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Subha Sivaloka Day**

**3**

**Wednesday, April 11, 2012**

Dhanus Rasi: 2.25      Tithi 21  
183117268  
Routine Work    Marana Yoga  
Until 2:02PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    10:06AM - 11:45AM    **Mula\* Until 12:43AM Thu**  
**Yama**      6:48AM - 8:27AM      **Parigha\* Until 2:46AM Thu**  
**Rahu**      11:45AM - 1:24PM      **Gara Until 8:48AM**  
**Shasthi\* Until 7:53PM**  
**Ganesha:** Red    *Sunrise: 5:09AM*  
**Muruqa:** White    *Sunset: 6:22PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Panguni**

Buffalo, NY  
**Sun 4**    **Sutra 365**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**

**4**

**Thursday, April 12, 2012**

Dhanus Rasi: 16.23      Tithi 22  
183117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    8:26AM - 10:06AM    **Purvashadha\* Until 11:37PM**  
**Yama**      5:07AM - 6:47AM      **Shiva Until 12:10AM Fri**  
**Rahu**      1:24PM - 3:04PM      **Visti Until 6:58AM**  
**Saptami Until 6:02PM**  
**Ganesha:** Red    *Sunrise: 5:07AM*  
**Muruqa:** White    *Sunset: 6:23PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Panguni**

Buffalo, NY  
**Sun 5**    **Sutra 366**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**



**Friday, April 13, 2012**  
**Retreat Star**

Dhanus Rasi: 29.59      Tithi 23 - 24  
183117268  
Creative Work    Siddha Yoga  
Until 2:01PM then no yoga  
Until 12:30AM Sat then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    6:46AM - 8:25AM    **Uttarashadha Until 12:30AM Sat**  
**Yama**      3:04PM - 4:44PM      **Siddha Until 11:21PM**  
**Rahu**      10:05AM - 11:45AM    **Taitila Until 5:50AM Sat**  
**Ashtami\* Until 5:50PM**  
**Ganesha:** Red    *Sunrise: 5:06AM*  
**Muruqa:** White    *Sunset: 6:24PM*  
**Nataraja:** White  
Moon - Light Blue  
**Chaitra•Chaitra**

Buffalo, NY  
**Sun 6**    **Sutra 1**  
Nandana 5114  
Moon 3 - Phase 49  
Ashtami  
**Subha Sivaloka Day**

**Saturday, April 14, 2012**  
**Retreat Star**

Makara Rasi: 13.13      Tithi 24 - 25  
293117268  
Creative Work    Siddha Yoga  
Until 2:01PM then Amrita Yoga  
Until 12:42AM Sun then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika**    5:04AM - 6:44AM    **Sravana Until 12:42AM Sun**  
**Yama**      1:25PM - 3:05PM      **Sadhya Until 9:51PM**  
**Rahu**      8:24AM - 10:04AM    **Vanija Until 5:20AM Sun**  
**Navami\* Until 5:20PM**  
**Chidambaram Abhishekam**  
**Ganesha:** Red    *Sunrise: 5:04AM*  
**Muruqa:** White    *Sunset: 6:25PM*  
**Nataraja:** White  
Moon - Purple  
**Chaitra•Chaitra**

Buffalo, NY  
**Sun 7**    **Sutra 2**  
Nandana 5114  
Moon 3 - Phase 49  
Navami  
**Subha Sivaloka Day**

**1 Sunday, April 15, 2012**  
 Makara Rasi: 26.07 Tithi 25 – 26  
 Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Dhanishtha Nakshatra Subha Yoga Visti\*/Bava Karana Dasami/Ekadasi\* Yam Titau

**Gulika 3:05PM – 4:46PM**  
**Yama 11:44AM – 1:25PM**  
**Rahu 4:46PM – 6:26PM**

**Dhanishtha Until 1:28AM Mon**  
**Subha Until 8:54PM**  
**Bava Until 5:28AM Mon**  
**Dasami Until 5:28PM**

**Ganesha: Red** Sunrise: 5:03AM  
**Muruqa: White** Sunset: 6:26PM  
**Nataraja: White**  
 Moon – Purple

**Subha Sivaloka Day**

Buffalo, NY  
**Sutra 3**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase

**2 Monday, April 16, 2012**  
 Kumbha Rasi: 8.46 Tithi 26  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 2:00PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi\* Yam Titau

**Gulika 1:25PM – 3:06PM**  
**Yama 10:03AM – 11:44AM**  
**Rahu 6:42AM – 8:23AM**

**Satabhisha Until 4:28AM Tue**  
**Sukla Until 9:30PM**  
**Bava Until 6:09AM**  
**Ekadasi\* Until 7:14PM**

**Ganesha: Red** Sunrise: 5:01AM  
**Muruqa: White** Sunset: 6:27PM  
**Nataraja: White**  
 Moon – Purple

**Subha Sivaloka Day**

Buffalo, NY  
**Sutra 4**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase

**3 Tuesday, April 17, 2012**  
 Kumbha Rasi: 21.11 Tithi 27  
 Routine Work Marana Yoga  
 Until 2:00PM then Amrita Yoga  
 Until 6:17AM Wed then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvaprostapada\* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadasi\* Yam Titau

**Gulika 11:44AM – 1:25PM**  
**Yama 8:22AM – 10:03AM**  
**Rahu 3:06PM – 4:47PM**

**Purvaprostapada\* Until 6:17AM Wed**  
**Brahma Until 9:22PM**  
**Kaulava Until 7:21AM**  
**Dvadasi\* Until 8:26PM**

**Ganesha: Clear** Sunrise: 4:59AM  
**Muruqa: White** Sunset: 6:28PM  
**Nataraja: White**  
 Moon – Clear

**Subha Sivaloka Day**

Buffalo, NY  
**Sutra 5**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase

**4 Wednesday, April 18, 2012**  
 Meena Rasi: 3.26 Tithi 28  
 Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodasi\* Yam Titau

**Gulika 10:02AM – 11:44AM**  
**Yama 6:39AM – 8:21AM**  
**Rahu 11:44AM – 1:25PM**

**Uttaraprostapada Until 8:15AM Thu**  
**Indra Until 9:34PM**  
**Gara Until 8:56AM**  
**Trayodasi\* Until 10:02PM**  
*Pradosha Vrata (Fasting)*

**Ganesha: Clear** Sunrise: 4:58AM  
**Muruqa: White** Sunset: 6:29PM  
**Nataraja: White**  
 Moon – Clear

**Subha Sivaloka Day**

Buffalo, NY  
**Sutra 6**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase

**5 Thursday, April 19, 2012**  
 Meena Rasi: 15.32 Tithi 29  
 Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Uttaraprostapada/Revati Nakshatra Vaidhriti\* Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau

**Gulika 8:20AM – 10:02AM**  
**Yama 4:56AM – 6:38AM**  
**Rahu 1:25PM – 3:07PM**

**Uttaraprostapada Until 8:15AM**  
**Vaidhriti\* Until 10:03PM**  
**Visti Until 10:52AM**  
**Chaturdasi\* Until 11:57PM**

**Ganesha: Clear** Sunrise: 4:56AM  
**Muruqa: White** Sunset: 6:30PM  
**Nataraja: White**  
 Moon – Clear

**Subha Sivaloka Day**

Buffalo, NY  
**Sutra 7**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase

**Friday, April 20, 2012**  
**Retreat Star**  
 Meena Rasi: 27.31 Tithi 30  
 Creative Work Siddha Yoga  
 Until 10:59AM then Amrita Yoga  
 Until 2:00PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Revati/Asvini Nakshatra Vishkambha\* Yoga Catuspada\*/Naga\* Karana Amavasya\* Yam Titau

**Gulika 6:37AM – 8:19AM**  
**Yama 3:07PM – 4:50PM**  
**Rahu 10:01AM – 11:43AM**

**Revati Until 10:59AM**  
**Vishkambha\* Until 10:46PM**  
**Catuspada Until 1:03PM**  
**Amavasya\* Until 2:08AM Sat**

**Ganesha: Clear** Sunrise: 4:55AM  
**Muruqa: White** Sunset: 6:32PM  
**Nataraja: White**  
 Moon – Clear

**Subha Sivaloka Day**

Buffalo, NY  
**Sutra 8**  
 Nandana 5114  
 Moon 3 - Phase 1  
 Amavasya

**Saturday, April 21, 2012**  
**Retreat Star**  
 Mesha Rasi: 9.23 Tithi 1  
 Creative Work Siddha Yoga  
 Until 1:54PM then no yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Asvini/Bharani Nakshatra Priti Yoga Kintughna\*/Bava Karana Prathama\* Yam Titau

**Gulika 4:53AM – 6:36AM**  
**Yama 1:25PM – 3:08PM**  
**Rahu 8:18AM – 10:01AM**

**Asvini Until 1:54PM**  
**Priti Until 11:39PM**  
**Kintughna Until 3:27PM**  
**Prathama\* Until 4:33AM Sun**

**Ganesha: Orange** Sunrise: 4:53AM  
**Muruqa: White** Sunset: 6:33PM  
**Nataraja: White**  
 Moon – White

**Subha Sivaloka Day**

Buffalo, NY  
**Sutra 9**  
 Nandana 5114  
 Moon 3 - Phase 1  
 Prathama

<b>1</b>	<b>Sunday, April 22, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiya Yam Titau			Buffalo, NY Sun 15 Sutra 10 Nandana 5114
	Mesha Rasi: 21.12      Tithi 2 223117268	<b>Gulika</b> 3:08PM – 4:51PM <b>Yama</b> 11:43AM – 1:26PM <b>Rahu</b> 4:51PM – 6:34PM	<b>Bharani Until 4:56PM</b> Ayushman Until 12:40AM Mon Balava Until 6:00PM <b>Dvitiya Until 7:31AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise: 4:52AM</i> <b>Muruqa:</b> White <i>Sunset: 6:34PM</i> <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Subha Sivaloka Day</b>
	No Yoga Until 1.59PM then Siddha Yoga Until 4:56PM then no yoga				

<b>2</b>	<b>Monday, April 23, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Buffalo, NY Sun 16 Sutra 11 Nandana 5114
	Wrishabha Rasi: 2.58      Tithi 2 – 3 <b>Family Home Evening</b> 223117268	<b>Gulika</b> 1:26PM – 3:09PM <b>Yama</b> 10:00AM – 11:43AM <b>Rahu</b> 6:33AM – 8:16AM	<b>Krittika Until 8:03PM</b> Saubhagya Until 1:44AM Tue Taitila Until 8:36PM <b>Dvitiya Until 7:31AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 4:50AM</i> <b>Muruqa:</b> White <i>Sunset: 6:35PM</i> <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Subha Sivaloka Day</b>
	No Yoga Until 1.59PM then Siddha Yoga Until 8:03PM then Amrita Yoga				

<b>3</b>	<b>Tuesday, April 24, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Buffalo, NY Sun 17 Sutra 12 Nandana 5114
	Wrishabha Rasi: 14.46      Tithi 3 – 4 233117269	<b>Gulika</b> 11:42AM – 1:26PM <b>Yama</b> 8:16AM – 9:59AM <b>Rahu</b> 3:09PM – 4:53PM	<b>Rohini Until 11:08PM</b> Sobhana Until 2:47AM Wed Vanija Until 11:11PM <b>Tritiya Until 10:06AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:49AM</i> <b>Muruqa:</b> White <i>Sunset: 6:36PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Sivaloka Day</b>
	Creative Work Amrita Yoga Until 1.59PM then Siddha Yoga				

<b>4</b>	<b>Wednesday, April 25, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Buffalo, NY Sun 18 Sutra 13 Nandana 5114
	Wrishabha Rasi: 26.37      Tithi 4 – 5 234117269	<b>Gulika</b> 9:59AM – 11:42AM <b>Yama</b> 6:31AM – 8:15AM <b>Rahu</b> 11:42AM – 1:26PM	<b>Mrigasira Until 2:05AM Thu</b> Athiganda* Until 3:43AM Thu Bava Until 1:38AM Thu <b>Chaturthi* Until 12:32PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:47AM</i> <b>Muruqa:</b> White <i>Sunset: 6:37PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga Until 1.59PM then Marana Yoga				

<b>5</b>	<b>Thursday, April 26, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Buffalo, NY Sun 19 Sutra 14 Nandana 5114
	Mithuna Rasi: 9      Tithi 5 – 6 234117269	<b>Gulika</b> 8:14AM – 9:58AM <b>Yama</b> 4:46AM – 6:30AM <b>Rahu</b> 1:26PM – 3:10PM	<b>Ardra Until 4:48AM Fri</b> Sukarma Until 4:25AM Fri Kaulava Until 3:48AM Fri <b>Panchami Until 2:42PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:46AM</i> <b>Muruqa:</b> White <i>Sunset: 6:38PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Devaloka Day</b>
	Routine Work Marana Yoga Until 1.58PM then Siddha Yoga				

<b>6</b>	<b>Friday, April 27, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau			Buffalo, NY Sun 20 Sutra 15 Nandana 5114
	Mithuna Rasi: 20.46      Tithi 6 – 7 244117269	<b>Gulika</b> 6:29AM – 8:13AM <b>Yama</b> 3:11PM – 4:55PM <b>Rahu</b> 9:58AM – 11:42AM	<b>Punarvasu Until 6:14AM Sat</b> Dhriti Until 4:46AM Sat Gara Until 5:32AM Sat <b>Shasthi* Until 4:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:44AM</i> <b>Muruqa:</b> White <i>Sunset: 6:39PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 1.58PM then Marana Yoga Until 6:14AM Sat then Siddha Yoga				

<b>Retreat Star</b>	<b>Saturday, April 28, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Buffalo, NY Sun 21 Sutra 16 Nandana 5114
	Kataka Rasi: 3.13      Tithi 7 – 8 244117269	<b>Gulika</b> 4:43AM – 6:28AM <b>Yama</b> 1:26PM – 3:11PM <b>Rahu</b> 8:12AM – 9:57AM	<b>Punarvasu Until 6:14AM</b> Shula* Until 3:00AM Sun Visti Until 4:39AM Sun <b>Saptami Until 4:39PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:43AM</i> <b>Muruqa:</b> White <i>Sunset: 6:41PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 3rd Phase <b>Sivaloka Day</b>
	Routine Work Marana Yoga Until 6:14AM then Siddha Yoga				

<b>Retreat Star</b>	<b>Sunday, April 29, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Buffalo, NY Sun 22 Sutra 17 Nandana 5114
	Kataka Rasi: 15.59      Tithi 8 – 9 244117269	<b>Gulika</b> 3:12PM – 4:57PM <b>Yama</b> 11:42AM – 1:27PM <b>Rahu</b> 4:57PM – 6:42PM	<b>Pushya Until 7:15AM</b> Ganda* Until 2:18AM Mon Balava Until 5:02AM Mon <b>Ashtami* Until 5:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:42AM</i> <b>Muruqa:</b> White <i>Sunset: 6:42PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 Ashtami <b>Sivaloka Day</b>
	Creative Work Siddha Yoga				

<b>Retreat Star</b>	<b>Monday, April 30, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Buffalo, NY Sun 23 Sutra 18 Nandana 5114
	Kataka Rasi: 29.1      Tithi 9 – 10 <b>Family Home Evening</b> 244117269	<b>Gulika</b> 1:27PM – 3:12PM <b>Yama</b> 9:56AM – 11:42AM <b>Rahu</b> 6:26AM – 8:11AM	<b>Aslesha* Until 7:25AM</b> Vriddhi Until 11:37PM Taitila Until 2:52AM Tue <b>Navami* Until 3:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:40AM</i> <b>Muruqa:</b> White <i>Sunset: 6:43PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Moon 3 - Phase 2 Navami <b>Sivaloka Day</b>
	Creative Work Siddha Yoga				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Tuesday, May 1, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam	Buffalo, NY
	Magha*/Purvaphalguni* Nakshatra Dhruva Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Sun 24	Sutra 19
Simha Rasi: 12.49	Tithi 10 – 11	<b>Gulika</b> 11:41AM – 1:27PM	Nandana 5114
	254117269	<b>Yama</b> 8:09AM – 9:55AM	Moon 3 - Phase 3
Creative Work Siddha Yoga		<b>Rahu</b> 3:13PM – 4:59PM	4th Phase
Until 1.58PM then Amrita Yoga		Magha* Until 6:54AM	
		Dhruva Until 9:35PM	
		Vanija Until 1:39AM Wed	
		Dasami Until 2:34PM	
		Ganesha: Purple	Sunrise: 4:38AM
		Muruqa: White	Sunset: 6:45PM
		Nataraja: Clear	
		Moon – Red	
		Vaisaka-Chaitra	Devaloka Day

<b>2</b>	<b>Wednesday, May 2, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam	Buffalo, NY
	Uttaraphalguni Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Sun 25	Sutra 20
Simha Rasi: 26.55	Tithi 11 – 12	<b>Gulika</b> 9:55AM – 11:41AM	Nandana 5114
	254117269	<b>Yama</b> 6:23AM – 8:09AM	Moon 3 - Phase 3
Creative Work Amrita Yoga		<b>Rahu</b> 11:41AM – 1:27PM	4th Phase
Until 1.58PM then Prabalarishta Yoga		Uttaraphalguni Until 2:57AM Thu	
Until 2:57AM Thu then no yoga		Vyaghata* Until 6:01PM	
		Bava Until 10:18PM	
		Ekadasi Until 12:01PM	
		Ganesha: Purple	Sunrise: 4:36AM
		Muruqa: White	Sunset: 6:46PM
		Nataraja: Clear	
		Moon – Red	
		Vaisaka-Chaitra	Devaloka Day

<b>3</b>	<b>Thursday, May 3, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam	Buffalo, NY
	Hashta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Sun 26	Sutra 21
Kanya Rasi: 11.26	Tithi 12 – 13	<b>Gulika</b> 8:08AM – 9:55AM	Nandana 5114
	264117269	<b>Yama</b> 4:35AM – 6:22AM	Moon 3 - Phase 3
No Yoga		<b>Rahu</b> 1:28PM – 3:14PM	4th Phase
Until 1.57PM then Amrita Yoga		Hashta Until 2:45PM	
Until 1:02AM Fri then Siddha Yoga		Kaulava Until 7:37PM	
		Dvadasi Until 9:20AM	
		Ganesha: Clear	Sunrise: 4:35AM
		Muruqa: White	Sunset: 6:47PM
		Nataraja: Clear	
		Moon – Green	
		Vaisaka-Chaitra	Sivaloka Day

<b>4</b>	<b>Friday, May 4, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam	Buffalo, NY
	Chitra Nakshatra Vajra*/Siddhi Yoga Tailita/Vanija Karana Trayodasi/Chaturdasi* Yam Titau	Sun 27	Sutra 22
Kanya Rasi: 26.2	Tithi 13 – 14	<b>Gulika</b> 6:21AM – 8:07AM	Nandana 5114
	264117269	<b>Yama</b> 3:15PM – 5:01PM	Moon 3 - Phase 3
Creative Work Siddha Yoga		<b>Rahu</b> 9:54AM – 11:41AM	4th Phase
Until 1.57PM then Marana Yoga		Chitra Until 10:32PM	
Until 10:32PM then Siddha Yoga		Vajra* Until 10:58AM	
		Vanija Until 2:37AM Sat	
		Trayodasi Until 6:03AM	
		Ganesha: Clear	Sunrise: 4:34AM
		Muruqa: White	Sunset: 6:48PM
		Nataraja: Clear	
		Moon – Green	
		Vaisaka-Chaitra	Sivaloka Day

<b>○</b>	<b>Saturday, May 5, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam	Buffalo, NY
	Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Sun 28	Sutra 23
Tula Rasi: 11.28	Tithi 15	<b>Gulika</b> 4:33AM – 6:20AM	Nandana 5114
	264217269	<b>Yama</b> 1:28PM – 3:15PM	Moon 3 - Phase 3
Creative Work Siddha Yoga		<b>Rahu</b> 8:07AM – 9:54AM	Purnima
Until 7:40PM then Marana Yoga		Svati Until 7:40PM	
		Siddhi Until 6:49AM	
		Visti Until 12:38PM	
		Purnima* Until 10:55PM	
		Ganesha: White	Sunrise: 4:33AM
		Muruqa: White	Sunset: 6:49PM
		Nataraja: Clear	
		Moon – Green	
		Vaisaka-Chaitra	Subha Sivaloka Day

<b>○</b>	<b>Sunday, May 6, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam	Buffalo, NY
	Visakha/Anuradha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau	Sun 29	Sutra 24
Tula Rasi: 26.41	Tithi 16	<b>Gulika</b> 3:16PM – 5:03PM	Nandana 5114
	274217269	<b>Yama</b> 11:41AM – 1:28PM	Moon 3 - Phase 3
Routine Work Marana Yoga		<b>Rahu</b> 5:03PM – 6:50PM	Prathama
Until 4:39PM then Siddha Yoga		Visakha Until 4:39PM	
		Variyan Until 10:32PM	
		Balava Until 8:46AM	
		Prathama* Until 7:03PM	
		Ganesha: Yellow	Sunrise: 4:31AM
		Muruqa: White	Sunset: 6:50PM
		Nataraja: Clear	
		Moon – Orange	
		Vaisaka-Chaitra	Sivaloka Day