



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar

Sutra 16

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Tula Rasi: 27.35 Tihti 16 – 17

273832369

Gulika 12:03PM – 1:38PM
Yama 8:52AM – 10:27AM
Rahu 3:14PM – 4:49PM

Vishakha Until 4:53PM
Vyatipata* Until 10:36AM
Taitila Until 8:10PM
Prathama* Until 7:47AM

Ganesh: Purple *Sunrise:* 5:41AM
Muruga: White *Sunset:* 6:25PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Routine Work Marana Yoga
Until 4:53PM
Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 17

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 10.1 Tihti 17 – 18

273832369

Gulika 10:27AM – 12:03PM
Yama 7:16AM – 8:52AM
Rahu 12:03PM – 1:38PM

Anuradha Until 6:35PM
Variyan Until 10:18AM
Vanija Until 9:19PM
Dvitiya Until 8:39AM

Ganesh: Purple *Sunrise:* 5:41AM
Muruga: White *Sunset:* 6:25PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 18

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 22.29 Tihti 18 – 19

274832369

Gulika 8:51AM – 10:27AM
Yama 5:40AM – 7:16AM
Rahu 1:38PM – 3:14PM

Jyeshtha* Until 8:38PM
Parigha* Until 10:26AM
Bava Until 11:00PM
Tritiya Until 10:04AM

Ganesh: Clear *Sunrise:* 5:40AM
Muruga: White *Sunset:* 6:25PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 8:38PM
Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 19

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 4.37 Tihti 19 – 20

284832369

Gulika 7:15AM – 8:51AM
Yama 3:14PM – 4:50PM
Rahu 10:27AM – 12:03PM

Mula* Until 11:29PM
Shiva Until 10:58AM
Kaulava Until 1:09AM Sat
Chaturthi* Until 12:00PM

Ganesh: White *Sunrise:* 5:40AM
Muruga: White *Sunset:* 6:25PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Amrita Yoga

Until 11:29PM

Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 20

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 16.33 Tihti 20 – 21

284832369

Gulika 5:39AM – 7:15AM
Yama 1:38PM – 3:14PM
Rahu 8:51AM – 10:27AM

Purvashadha* Until 2:29AM Sun
Siddha Until 11:47AM
Gara Until 3:37AM Sun
Panchami Until 2:20PM

Ganesh: White *Sunrise:* 5:39AM
Muruga: White *Sunset:* 6:26PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Sun

Then Creative Work - Amrita Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 21

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 28.23 Tihti 21 – 22

284832369

Gulika 3:14PM – 4:50PM
Yama 12:02PM – 1:38PM
Rahu 4:50PM – 6:26PM

Uttarashadha Until 5:25AM Mon
Sadhya Until 12:48PM
Visti Until 6:12AM Mon
Shashthi* Until 4:53PM

Ganesh: White *Sunrise:* 5:39AM
Muruga: White *Sunset:* 6:26PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Amrita Yoga

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar

Sun 6 Sutra 22

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Makara Rasi: 10.11 Tihti 22

294832369

Gulika 1:38PM – 3:14PM
Yama 10:26AM – 12:02PM
Rahu 7:14AM – 8:50AM

Shravana Until 8:34AM Tue
Subha Until 1:52PM
Visti Until 6:12AM
Saptami Until 7:26PM

Ganesh: Yellow *Sunrise:* 5:38AM
Muruga: White *Sunset:* 6:26PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Until 8:34AM Tue

Then Creative Work - Siddha Yoga

Retreat Star

Tuesday, May 8, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 7 Sutra 23

Vilamba 5120

Moon 4 - Phase 3

Ashtami

Makara Rasi: 22.03 Tihti 23

294832369

Gulika 12:02PM – 1:38PM
Yama 8:50AM – 10:26AM
Rahu 3:14PM – 4:51PM

Shravana Until 8:34AM
Sukla Until 2:44PM
Balava Until 8:38AM
Ashtami* Until 9:42PM

Ganesh: Yellow *Sunrise:* 5:38AM
Muruga: White *Sunset:* 6:27PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Chidambaram Abhishekam

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 8 Sutra 24

Vilamba 5120

Moon 4 - Phase 3

Navami

Kumbha Rasi: 4.02 Tihti 24

294832369

Gulika 10:26AM – 12:02PM
Yama 7:14AM – 8:50AM
Rahu 12:02PM – 1:38PM

Dhanishtha Until 11:10AM
Brahma Until 3:16PM
Taitila Until 10:40AM
Navami* Until 11:27PM

Ganesh: Yellow *Sunrise:* 5:37AM
Muruga: White *Sunset:* 6:27PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga

Until 11:10AM

Then Creative Work - Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1 Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Yangon, Myanmar Sun 9 Sutra 25 Vilamba 5120
Kumbha Rasi: 16.17	Tithi 25	Gulika 8:50AM – 10:26AM	Shatabhishak Until 1:00PM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	
		Yama 5:37AM – 7:13AM	Indra Until 3:19PM	Muruga: White	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 4
		294832369 Rahu 1:38PM – 3:15PM	Vanija Until 12:05PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:30AM Fri	Moon – Purple		
				Vaisaka-Chaitra		Bhuloka Day Devaloka Time: 9:AM to 12:PM

2 Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Yangon, Myanmar Sun 10 Sutra 26 Vilamba 5120
Kumbha Rasi: 28.5	Tithi 26	Gulika 7:13AM – 8:49AM	Purvaproshtapada* Until 2:25PM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	
		Yama 3:15PM – 4:51PM	Vaidhriti* Until 2:44PM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4
		214832369 Rahu 10:26AM – 12:02PM	Bava Until 12:44PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:44AM Sat	Moon – Clear		
				Vaisaka-Chaitra		Bhuloka Day Devaloka Time: 9:AM to 12:PM

3 Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailita Karana Dvadashyam Titau				Yangon, Myanmar Sun 11 Sutra 27 Vilamba 5120
Meena Rasi: 11.46	Tithi 27	Gulika 5:36AM – 7:13AM	Uttaraproshtapada Until 2:52PM	Ganesha: Blue	<i>Sunrise:</i> 5:36AM	
		Yama 1:38PM – 3:15PM	Vishkambha* Until 1:31PM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4
		214932369 Rahu 8:49AM – 10:26AM	Kaulava Until 12:33PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 12:09AM Sun	Moon – Clear		
Until 2:52PM				Vaisaka-Chaitra		Bhuloka Day
Then Routine Work - Prabalarishta Yoga						

4 Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar Sun 12 Sutra 28 Vilamba 5120
Meena Rasi: 25.08	Tithi 28	Gulika 3:15PM – 4:52PM	Revati Until 2:23PM	Ganesha: Blue	<i>Sunrise:</i> 5:36AM	
		Yama 12:02PM – 1:39PM	Priti Until 11:40AM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4
		214932369 Rahu 4:52PM – 6:28PM	Gara Until 11:35AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 10:48PM	Moon – Clear		
Until 2:23PM		Mother's Day		Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar Sun 13 Sutra 29 Vilamba 5120
Mesha Rasi: 8.55	Tithi 29	Gulika 1:39PM – 3:15PM	Ashvini Until 1:31PM	Ganesha: Blue	<i>Sunrise:</i> 5:36AM	
Family Home Evening		Yama 10:25AM – 12:02PM	Ayushman Until 9:15AM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4
		224932369 Rahu 7:12AM – 8:49AM	Visti Until 9:54AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:50PM	Moon – White		
				Vaisaka-Chaitra		Bhuloka Day

Retreat Star Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar Sun 14 Sutra 30 Vilamba 5120
Mesha Rasi: 23.05	Tithi 30	Gulika 12:02PM – 1:39PM	Bharani Until 11:58AM	Ganesha: Blue	<i>Sunrise:</i> 5:35AM	
		Yama 8:49AM – 10:25AM	Saubhagya Until 6:21AM	Muruga: White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 4
		224932369 Rahu 3:15PM – 4:52PM	Catuspada Until 7:39AM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 6:21PM	Moon – White		
				Vaisaka-Vaikasi		Bhuloka Day

Retreat Star Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 15 Sutra 31 Vilamba 5120
Vrishabha Rasi: 7.33	Tithi 1 – 2	Gulika 10:25AM – 12:02PM	Krittika Until 9:52AM	Ganesha: Red	<i>Sunrise:</i> 5:35AM	
		Yama 7:12AM – 8:48AM	Athiganda* Until 11:38PM	Muruga: White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 4
		225932369 Rahu 12:02PM – 1:39PM	Balava Until 2:03AM Thu	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 3:31PM	Moon – White		
Until 9:52AM				Jyeshtha Adhika-Vaikasi		Bhuloka Day Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

1		Thursday, May 17, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Yangon, Myanmar Sun 16 Sutra 32 Vilamba 5120
Vrishabha Rasi: 22.12	Tithi 2 - 3	Gulika 8:48AM - 10:25AM	Rohini Until 7:50AM	Ganesh: Yellow <i>Sunrise:</i> 5:35AM	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 5 3rd Phase	
Routine Work	Marana Yoga	Yama 5:35AM - 7:11AM	Sukarma Until 8:04PM	Muruga: White			
		235932369 Rahu 1:39PM - 3:16PM	Taitila Until 11:00PM	Nataraja: Purple			
			Dvitiya Until 12:31PM	Moon - Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

2		Friday, May 18, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Yangon, Myanmar Sun 17 Sutra 33 Vilamba 5120
Mithuna Rasi: 6.55	Tithi 3 - 4	Gulika 7:11AM - 8:48AM	Ardra Until 3:16AM Sat	Ganesh: Yellow <i>Sunrise:</i> 5:34AM	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 5 3rd Phase	
Creative Work	Siddha Yoga	Yama 3:16PM - 4:53PM	Dhriti Until 4:30PM	Muruga: White			
		235932369 Rahu 10:25AM - 12:02PM	Vanija Until 7:59PM	Nataraja: Purple			
			Tritiya Until 9:28AM	Moon - Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

3		Saturday, May 19, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau	Yangon, Myanmar Sun 18 Sutra 34 Vilamba 5120
Mithuna Rasi: 21.34	Tithi 4 - 5	Gulika 5:34AM - 7:11AM	Punarvasu Until 1:25AM Sun	Ganesh: White <i>Sunrise:</i> 5:34AM	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 5 3rd Phase	
Creative Work	Siddha Yoga	Yama 1:39PM - 3:16PM	Shula* Until 1:02PM	Muruga: White			
		245932369 Rahu 8:48AM - 10:25AM	Balava Until 3:45AM Sun	Nataraja: Purple			
			Chaturthi* Until 6:30AM	Moon - Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

4		Sunday, May 20, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthiyam Titau	Yangon, Myanmar Sun 19 Sutra 35 Vilamba 5120
Kataka Rasi: 6.05	Tithi 6	Gulika 3:16PM - 4:53PM	Pushya Until 11:43PM	Ganesh: White <i>Sunrise:</i> 5:34AM	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 5 3rd Phase	
Creative Work	Siddha Yoga	Yama 12:02PM - 1:39PM	Ganda* Until 9:46AM	Muruga: White			
		245932369 Rahu 4:53PM - 6:30PM	Kaulava Until 2:30PM	Nataraja: Purple			
			Shashthi* Until 1:18AM Mon	Moon - Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

5		Monday, May 21, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau	Yangon, Myanmar Sun 20 Sutra 36 Vilamba 5120
Kataka Rasi: 20.23	Tithi 7	Gulika 1:39PM - 3:17PM	Ashlesha* Until 10:14PM	Ganesh: White <i>Sunrise:</i> 5:34AM	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 5 3rd Phase	
Family Home Evening		Yama 10:25AM - 12:02PM	Vridhi Until 6:47AM	Muruga: White			
Creative Work	Siddha Yoga	245932369 Rahu 7:11AM - 8:48AM	Gara Until 12:13PM	Nataraja: Purple			
Until 10:14PM			Saptami Until 11:12PM	Moon - Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi			

Retreat Star		Tuesday, May 22, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau	Yangon, Myanmar Sun 21 Sutra 37 Vilamba 5120
Simha Rasi: 4.26	Tithi 8	Gulika 12:02PM - 1:39PM	Magha* Until 9:25PM	Ganesh: Clear <i>Sunrise:</i> 5:33AM	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 5 Ashtami	
Creative Work	Siddha Yoga	Yama 8:48AM - 10:25AM	Vyaghata* Until 1:43AM Wed	Muruga: White			
		255932369 Rahu 3:17PM - 4:54PM	Visti Until 10:19AM	Nataraja: Purple			
			Ashtami* Until 9:30PM	Moon - Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

Retreat Star		Wednesday, May 23, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau	Yangon, Myanmar Sun 22 Sutra 38 Vilamba 5120
Simha Rasi: 18.13	Tithi 9	Gulika 10:25AM - 12:02PM	Purvaphalguni Until 8:53PM	Ganesh: Clear <i>Sunrise:</i> 5:33AM	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5 Navami	
Creative Work	Amrita Yoga	Yama 7:10AM - 8:48AM	Harshana Until 11:42PM	Muruga: White			
		255932369 Rahu 12:02PM - 1:40PM	Balava Until 8:49AM	Nataraja: Purple			
			Navami* Until 8:12PM	Moon - Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 23 Sutra 39
Kanya Rasi: 1.47	Tithi 10	Gulika 8:48AM – 10:25AM	Uttaraphalguni Until 8:35PM	Ganesh: Clear <i>Sunrise:</i> 5:33AM	Vilamba 5120	
		Yama 5:33AM – 7:10AM	Vajra* Until 9:58PM	Muruga: White <i>Sunset:</i> 6:32PM		Moon 4 - Phase 6
	Amrita Yoga	255932369 Rahu 1:40PM – 3:17PM	Tailila Until 7:43AM	Nataraja: Purple		4th Phase
Until 8:35PM			Dashami Until 7:18PM	Moon – Red		
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 40
Kanya Rasi: 15.07	Tithi 11	Gulika 7:10AM – 8:48AM	Hasta Until 8:58PM	Ganesh: Clear <i>Sunrise:</i> 5:33AM	Vilamba 5120	
		Yama 3:17PM – 4:55PM	Siddhi Until 8:34PM	Muruga: White <i>Sunset:</i> 6:32PM		Moon 4 - Phase 6
	Amrita Yoga	266932369 Rahu 10:25AM – 12:03PM	Vanija Until 7:01AM	Nataraja: Purple		4th Phase
Creative Work			Ekadashi Until 6:48PM	Moon – Green		
Until 8:58PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 41
Kanya Rasi: 28.14	Tithi 12	Gulika 5:33AM – 7:10AM	Chitra Until 9:35PM	Ganesh: Purple <i>Sunrise:</i> 5:33AM	Vilamba 5120	
		Yama 1:40PM – 3:18PM	Vyatipata* Until 7:29PM	Muruga: White <i>Sunset:</i> 6:33PM		Moon 4 - Phase 6
	Marana Yoga	366932369 Rahu 8:48AM – 10:25AM	Bava Until 6:42AM	Nataraja: Purple		4th Phase
Routine Work			Dvadashi Until 6:41PM	Moon – Green		
Until 9:35PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Creative Work - Siddha Yoga						

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan Yoga Kaulava/Tailila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 42
Tula Rasi: 11.1	Tithi 13	Gulika 3:18PM – 4:55PM	Svati Until 7:39PM Mon	Ganesh: Purple <i>Sunrise:</i> 5:33AM	Vilamba 5120	
		Yama 12:03PM – 1:40PM	Varyan Until 6:41PM	Muruga: White <i>Sunset:</i> 6:33PM		Moon 4 - Phase 6
	Siddha Yoga	366932369 Rahu 4:55PM – 6:33PM	Kaulava Until 6:47AM	Nataraja: Purple		4th Phase
Creative Work			Trayodashi Until 6:57PM	Moon – Green		
Until 7:39PM Mon				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Routine Work - Marana Yoga						

5 Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 43
Tula Rasi: 23.54	Tithi 14	Gulika 1:40PM – 3:18PM	Svati Until 7:39PM	Ganesh: Clear <i>Sunrise:</i> 5:32AM	Vilamba 5120	
Family Home Evening		Yama 10:25AM – 12:03PM	Parigha* Until 18:09AM Tue	Muruga: White <i>Sunset:</i> 6:33PM		Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 7:10AM – 8:48AM	Gara Until 7:16AM	Nataraja: Purple		4th Phase
Routine Work			Chaturdashi* Until 7:39PM	Moon – Orange		
Until 7:39PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sun 27 Sutra 44
Copper Retreat Star		Gulika 12:03PM – 1:41PM	Anuradha Until 1:52AM Wed	Ganesh: Clear <i>Sunrise:</i> 5:32AM	Vilamba 5120	
Vrischika Rasi: 6.26	Tithi 15	Yama 8:48AM – 10:25AM	Shiva Until 6:09PM	Muruga: White <i>Sunset:</i> 6:34PM		Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 3:18PM – 4:56PM	Visti Until 8:11AM	Nataraja: Purple		Purnima
Creative Work			Purnima* Until 8:47PM	Moon – Orange		
				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sun 27 Sutra 45
Silver Retreat Star		Gulika 10:25AM – 12:03PM	Jyeshtha* Until 3:59AM Thu	Ganesh: Clear <i>Sunrise:</i> 5:32AM	Vilamba 5120	
Vrischika Rasi: 18.46	Tithi 16	Yama 7:10AM – 8:48AM	Siddha Until 6:23PM	Muruga: White <i>Sunset:</i> 6:34PM		Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 12:03PM – 1:41PM	Balava Until 9:33AM	Nataraja: Purple		Prathama
Creative Work			Prathama* Until 10:22PM	Moon – Orange		
				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 46

Dhanus Rasi: 0.55 Tithi 17

Gulika 8:48AM - 10:25AM
Yama 5:32AM - 7:10AM
Rahu 1:41PM - 3:19PM

Mula* Until 6:49AM Fri
Sadhya Until 6:57PM
Tailila Until 11:21AM
Dvitiya Until 12:23AM Fri

Ganesha: White Sunrise: 5:32AM
Muruga: White Sunset: 6:34PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 6:49AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 47

Dhanus Rasi: 12.55 Tithi 18

Gulika 7:10AM - 8:48AM
Yama 3:19PM - 4:57PM
Rahu 10:26AM - 12:03PM

Mula* Until 6:49AM
Subha Until 7:48PM
Vanija Until 1:32PM
Tritiya Until 2:43AM Sat

Ganesha: White Sunrise: 5:32AM
Muruga: White Sunset: 6:35PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 6:49AM

Then Routine Work - Prabalarishta Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 3 Sutra 48

Dhanus Rasi: 24.47 Tithi 19

Gulika 5:32AM - 7:10AM
Yama 1:41PM - 3:19PM
Rahu 8:48AM - 10:26AM

Purvashadha* Until 9:47AM
Sukla Until 8:50PM
Bava Until 4:00PM
Chaturthi* Until 5:17AM Sun

Ganesha: Yellow Sunrise: 5:32AM
Muruga: White Sunset: 6:35PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 9:47AM

Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 49

Makara Rasi: 6.35 Tithi 20

Gulika 3:19PM - 4:57PM
Yama 12:04PM - 1:42PM
Rahu 4:57PM - 6:35PM

Uttarashadha Until 12:45PM
Brahma Until 9:57PM
Kaulava Until 6:36PM
Panchami Until 7:52AM Mon

Ganesha: Yellow Sunrise: 5:32AM
Muruga: White Sunset: 6:35PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Tailila Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 50

Makara Rasi: 18.23 Tithi 20 - 21

Gulika 1:42PM - 3:20PM
Yama 10:26AM - 12:04PM
Rahu 7:10AM - 8:48AM

Shravana Until 4:02PM
Indra Until 11:00PM
Tailila Until 7:52AM
Panchami Until 7:52AM

Ganesha: Blue Sunrise: 5:32AM
Muruga: White Sunset: 6:36PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 4:02PM

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 51

Kumbha Rasi: 0.14 Tithi 21 - 22

Gulika 12:04PM - 1:42PM
Yama 8:48AM - 10:26AM
Rahu 3:20PM - 4:58PM

Dhanishtha Until 6:55PM
Vaidhriti* Until 11:47PM
Visti Until 11:21PM
Shashthi* Until 10:16AM

Ganesha: Purple Sunrise: 5:32AM
Muruga: White Sunset: 6:36PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 6:55PM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 52

Kumbha Rasi: 12.13 Tithi 22 - 23

Gulika 10:26AM - 12:04PM
Yama 7:10AM - 8:48AM
Rahu 12:04PM - 1:42PM

Shatabhishak Until 9:09PM
Vishkambha* Until 12:11AM Thu
Balava Until 1:03AM Thu
Saptami Until 12:15PM

Ganesha: Purple Sunrise: 5:32AM
Muruga: White Sunset: 6:36PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 9:09PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 53

Kumbha Rasi: 24.27 Tithi 23 - 24

Gulika 8:48AM - 10:26AM
Yama 5:32AM - 7:10AM
Rahu 1:42PM - 3:21PM

Purvaproshtapada* Until 11:03PM
Priti Until 12:03AM Fri
Tailila Until 2:03AM Fri
Ashtami* Until 1:38PM

Ganesha: Blue Sunrise: 5:32AM
Muruga: White Sunset: 6:37PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Navami

Devaloka Day

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Yangon, Myanmar
		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54
Meena Rasi: 6.59	Tithi 24 – 25	Gulika 7:10AM – 8:48AM	Uttaraproshtapada Until 12:01AM Sat	Ganesha: Red <i>Sunrise:</i> 5:32AM		Vilamba 5120
		Yama 3:21PM – 4:59PM	Ayushman Until 11:15PM	Muruga: White <i>Sunset:</i> 6:37PM		Moon 5 - Phase 8
		318132361 Rahu 10:26AM – 12:05PM	Vanija Until 2:14AM Sat	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 2:14PM	Moon – Clear	Bhuloka Day	
Until 12:01AM Sat				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Yangon, Myanmar
		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55
Meena Rasi: 19.55	Tithi 25 – 26	Gulika 5:32AM – 7:10AM	Revati Until 11:59PM	Ganesha: Red <i>Sunrise:</i> 5:32AM		Vilamba 5120
		Yama 1:43PM – 3:21PM	Saubhagya Until 9:48PM	Muruga: White <i>Sunset:</i> 6:37PM		Moon 5 - Phase 8
		318132361 Rahu 8:48AM – 10:27AM	Bava Until 1:34AM Sun	Nataraja: White		2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 1:59PM	Moon – Clear	Bhuloka Day	
Until 11:59PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Yangon, Myanmar
		Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56
Mesha Rasi: 3.18	Tithi 26 – 27	Gulika 3:21PM – 4:59PM	Ashvini Until 11:28PM	Ganesha: Green <i>Sunrise:</i> 5:32AM		Vilamba 5120
		Yama 12:05PM – 1:43PM	Sobhana Until 7:43PM	Muruga: White <i>Sunset:</i> 6:38PM		Moon 5 - Phase 8
		328132361 Rahu 4:59PM – 6:38PM	Kaulava Until 12:06AM Mon	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:55PM	Moon – White	Bhuloka Day	
Until 11:28PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Prabalarishta Yoga						

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Yangon, Myanmar
		Bharani Nakshatra Alhiganda*/Sukarma Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57
Mesha Rasi: 17.08	Tithi 27 – 28	Gulika 1:43PM – 3:22PM	Bharani Until 10:05PM	Ganesha: Green <i>Sunrise:</i> 5:32AM		Vilamba 5120
Family Home Evening		Yama 10:27AM – 12:05PM	Athiganda* Until 5:00PM	Muruga: White <i>Sunset:</i> 6:38PM		Moon 5 - Phase 8
		328132361 Rahu 7:11AM – 8:49AM	Gara Until 9:55PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:04AM	Moon – White	Bhuloka Day	
Until 10:05PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Yangon, Myanmar
		Krittika Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 58
Vrishabha Rasi: 1.25	Tithi 28 – 29	Gulika 12:05PM – 1:44PM	Krittika Until 7:59PM	Ganesha: Green <i>Sunrise:</i> 5:32AM		Vilamba 5120
		Yama 8:49AM – 10:27AM	Sukarma Until 1:48PM	Muruga: White <i>Sunset:</i> 6:38PM		Moon 5 - Phase 8
		328132361 Rahu 3:22PM – 5:00PM	Visti Until 7:10PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:35AM	Moon – White	Bhuloka Day	
Until 7:59PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Amrita Yoga						

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Yangon, Myanmar
Retreat Star		Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59
Vrishabha Rasi: 16.03	Tithi 30	Gulika 10:27AM – 12:06PM	Rohini Until 5:45PM	Ganesha: White <i>Sunrise:</i> 5:33AM		Vilamba 5120
		Yama 7:11AM – 8:49AM	Dhriti Until 10:13AM	Muruga: White <i>Sunset:</i> 6:39PM		Moon 5 - Phase 8
		338132361 Rahu 12:06PM – 1:44PM	Catuspada Until 4:00PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 2:17AM Thu	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Yangon, Myanmar
Retreat Star		Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60
Mithuna Rasi: 0.57	Tithi 1	Gulika 8:49AM – 10:27AM	Mrigashira Until 3:07PM	Ganesha: White <i>Sunrise:</i> 5:33AM		Vilamba 5120
		Yama 5:33AM – 7:11AM	Shula* Until 6:22AM	Muruga: White <i>Sunset:</i> 6:39PM		Moon 5 - Phase 8
		338132361 Rahu 1:44PM – 3:22PM	Kintughna Until 12:33PM	Nataraja: White		Prathama
Routine Work	Marana Yoga		Prathama* Until 10:46PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha-Vaikasi		

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar Sun 16 Sutra 61 Vilamba 5120
Mithuna Rasi: 15.59	Tithi 2	Gulika 7:11AM – 8:49AM	Ardra Until 12:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:33AM	
		Yama 3:23PM – 5:01PM	Vridhhi Until 10:26PM	Muruga: White	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 9
339132361	Rahu 10:28AM – 12:06PM		Balava Until 9:01AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:14PM	Moon – Yellow		Bhuloka Day
				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Yangon, Myanmar Sun 17 Sutra 62 Vilamba 5120
Kataka Rasi: 0.59	Tithi 3 – 4	Gulika 5:33AM – 7:11AM	Punarvasu Until 9:46AM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM	
		Yama 1:44PM – 3:23PM	Dhruva Until 6:35PM	Muruga: White	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 9
349132361	Rahu 8:50AM – 10:28AM		Vanija Until 2:14AM Sun	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 3:50PM	Moon – Blue		Bhuloka Day
				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 63 Vilamba 5120
Kataka Rasi: 15.49	Tithi 4 – 5	Gulika 3:23PM – 5:01PM	Pushya Until 7:21AM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM	
		Yama 12:06PM – 1:45PM	Vyaghata* Until 2:58PM	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 9
349132361	Rahu 5:01PM – 6:40PM		Bava Until 11:16PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:41PM	Moon – Blue		Bhuloka Day
		Father's Day		Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Yangon, Myanmar Sun 19 Sutra 64 Vilamba 5120
Simha Rasi: 0.24	Tithi 5 – 6	Gulika 1:45PM – 3:23PM	Magha* Until 3:44AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:33AM	
Family Home Evening		Yama 10:28AM – 12:07PM	Harshana Until 11:43AM	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 9
359132361	Rahu 7:12AM – 8:50AM		Kaulava Until 8:45PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Panchami Until 9:56AM	Moon – Red		Devaloka Day
Until 3:44AM Tue				Jyeshtha•Ani		
Then Creative Work - Siddha Yoga						

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 65 Vilamba 5120
Simha Rasi: 14.39	Tithi 6 – 7	Gulika 12:07PM – 1:45PM	Purvaphalguni Until 2:42AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:33AM	
		Yama 8:50AM – 10:28AM	Vajra* Until 8:50AM	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 9
359132361	Rahu 3:23PM – 5:02PM		Gara Until 6:45PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:39AM	Moon – Red		Devaloka Day
Until 2:42AM Wed				Jyeshtha•Ani		
Then Creative Work - Amrita Yoga						

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Vistil*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 66 Vilamba 5120
Retreat Star		Gulika 10:29AM – 12:07PM	Uttaraphalguni Until 2:06AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:34AM	
Simha Rasi: 28.32	Tithi 8	Yama 7:12AM – 8:50AM	Siddhi Until 6:25AM	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 9
359132361	Rahu 12:07PM – 1:45PM		Vistil Until 5:19PM	Nataraja: White		Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 4:49AM Thu	Moon – Red		Devaloka Day
Until 2:06AM Thu		Chidambaram Abhishekam		Jyeshtha•Ani		
Then Routine Work - Marana Yoga						

Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 67 Vilamba 5120
Retreat Star		Gulika 8:51AM – 10:29AM	Hasta Until 2:24AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:34AM	
Kanya Rasi: 12.05	Tithi 9	Yama 5:34AM – 7:12AM	Variyan Until 3:03AM Fri	Muruga: White	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 9
369132361	Rahu 1:46PM – 3:24PM		Balava Until 4:30PM	Nataraja: White		Navami
Routine Work	Marana Yoga		Navami* Until 4:17AM Fri	Moon – Green		Bhuloka Day
Until 2:24AM Fri				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 23
	Kanya Rasi: 25.17	Tihti 10	Gulika 7:12AM – 8:51AM	Chitra Until 3:05AM Sat	Ganesh: Green	<i>Sunrise:</i> 5:34AM	Sutra 68 Vilamba 5120
			Yama 3:24PM – 5:02PM	Parigha* Until 2:02AM Sat	Muruga: White	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 10
	361132361	Rahu 10:29AM – 12:07PM		Taitila Until 4:15PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga			Dashami Until 4:19AM Sat	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar Sun 24
	Tula Rasi: 8.13	Tihti 11	Gulika 5:34AM – 7:13AM	Svati Until 4:08AM Sun	Ganesh: Green	<i>Sunrise:</i> 5:34AM	Sutra 69 Vilamba 5120
			Yama 1:46PM – 3:24PM	Shiva Until 1:28AM Sun	Muruga: White	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 10
	361132361	Rahu 8:51AM – 10:29AM		Vanija Until 4:33PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 4:51AM Sun	Moon – Green		Bhuloka Day	
Until 4:08AM Sun Then Routine Work - Marana Yoga				Jyeshtha-Ani			

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25
	Tula Rasi: 20.53	Tihti 12	Gulika 3:25PM – 5:03PM	Vishakha Until 5:58AM Mon	Ganesh: Red	<i>Sunrise:</i> 5:35AM	Sutra 70 Vilamba 5120
			Yama 12:08PM – 1:46PM	Siddha Until 1:15AM Mon	Muruga: White	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 10
	371132361	Rahu 5:03PM – 6:41PM		Bava Until 5:20PM	Nataraja: White		4th Phase
Routine Work Marana Yoga			Dvadashi Until 5:53AM Mon	Moon – Orange		Bhuloka Day	
Until 5:58AM Mon Then Creative Work - Siddha Yoga				Jyeshtha-Ani		Devaloka Time: 6:AM to 9:AM	

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava Karana Trayodashyam Titau				Yangon, Myanmar Sun 26
	Vrischika Rasi: 3.2	Tihti 13	Gulika 1:46PM – 3:25PM	Anuradha Until 8:03AM Tue	Ganesh: Red	<i>Sunrise:</i> 5:35AM	Sutra 71 Vilamba 5120
	Family Home Evening		Yama 10:30AM – 12:08PM	Sadhya Until 1:22AM Tue	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 10
	371142361	Rahu 7:13AM – 8:51AM		Kaulava Until 6:35PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 7:20AM Tue	Moon – Orange		Devaloka Day	
Until 8:03AM Tue Then Routine Work - Marana Yoga				Jyeshtha-Ani			
				<i>Pradosha Vrata</i>			

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 27
	Vrischika Rasi: 15.37	Tihti 13 – 14	Gulika 12:08PM – 1:47PM	Anuradha Until 8:03AM	Ganesh: Red	<i>Sunrise:</i> 5:35AM	Sutra 72 Vilamba 5120
			Yama 8:52AM – 10:30AM	Subha Until 1:50AM Wed	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 10
	371142361	Rahu 3:25PM – 5:03PM		Gara Until 8:14PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 7:20AM	Moon – Orange		Devaloka Day	
Until 8:03AM Then Routine Work - Marana Yoga				Jyeshtha-Ani			

○	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar Sun 28
	Copper Retreat Star		Gulika 10:30AM – 12:08PM	Jyeshtha* Until 10:21AM	Ganesh: Red	<i>Sunrise:</i> 5:35AM	Sutra 73 Vilamba 5120
	Vrischika Rasi: 27.44	Tihti 14 – 15	Yama 7:14AM – 8:52AM	Sukla Until 2:31AM Thu	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 10
	371142361	Rahu 12:08PM – 1:47PM		Visti Until 10:15PM	Nataraja: White		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 9:10AM	Moon – Orange		Devaloka Day	
Until 10:21AM Then Routine Work - Marana Yoga				Jyeshtha-Ani			

○	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar Sun 29
	Silver Retreat Star		Gulika 8:52AM – 10:30AM	Mula* Until 1:18PM	Ganesh: Blue	<i>Sunrise:</i> 5:36AM	Sutra 74 Vilamba 5120
	Dhanus Rasi: 9.42	Tihti 15 – 16	Yama 5:36AM – 7:14AM	Brahma Until 3:27AM Fri	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 10
	381142361	Rahu 1:47PM – 3:25PM		Balava Until 12:33AM Fri	Nataraja: White		Prathama
Creative Work Siddha Yoga			Purnima* Until 11:21AM	Moon – Light Blue		Bhuloka Day	
Until 10:21AM Then Routine Work - Marana Yoga				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukstayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar

Sutra 75

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Dhanus Rasi: 21.35 Tihti 16 – 17

Gulika 7:14AM – 8:52AM
Yama 3:25PM – 5:04PM
Rahu 10:31AM – 12:09PMPurvashadha* Until 4:19PM
Indra Until 4:32AM Sat
Taitila Until 3:04AM Sat
Prathama* Until 1:46PMGanesha: Blue
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha*AniSunrise: 5:36AM
Sunset: 6:42PMBhuloka Day
Devaloka Time: 12:PM to 3:PMRoutine Work Prabalarishta Yoga
Until 4:19PM
Then Routine Work - Marana Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukstayam
Uttarashadha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Makara Rasi: 3.23 Tihti 17 – 18

Gulika 5:36AM – 7:14AM
Yama 1:47PM – 3:26PM
Rahu 8:53AM – 10:31AMUttarashadha Until 7:17PM
Vaidhriti* Until 5:39AM Sun
Vanija Until 5:40AM Sun
Dvitiya Until 4:21PMGanesha: Blue
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha*AniSunrise: 5:36AM
Sunset: 6:42PMBhuloka Day
Devaloka Time: 12:PM to 3:PMRoutine Work Marana Yoga
Until 7:17PM
Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yukstayam
Shravana Nakshatra Vishkambha* Yoga Visti* Karana Tritiyayam Titau

Yangon, Myanmar

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Makara Rasi: 15.1 Tihti 18

Gulika 3:26PM – 5:04PM
Yama 12:09PM – 1:48PM
Rahu 5:04PM – 6:42PMShravana Until 10:36PM
Vishkambha* Until 6:44AM Mon
Visti Until 6:56PM
Tritiya Until 6:56PMGanesha: Red
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha*AniSunrise: 5:36AM
Sunset: 6:42PM

Devaloka Day

Creative Work Amrita Yoga
Until 10:36PM
Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yukstayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Makara Rasi: 26.58 Tihti 19

Family Home Evening

Gulika 1:48PM – 3:26PM
Yama 10:31AM – 12:09PM
Rahu 7:15AM – 8:53AMDhanishtha Until 1:35AM Tue
Vishkambha* Until 6:44AM
Bava Until 8:13AM
Chaturthi* Until 9:23PMGanesha: Red
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha*AniSunrise: 5:37AM
Sunset: 6:42PM

Devaloka Day

Creative Work Siddha Yoga
Until 1:35AM Tue
Then Routine Work - Marana Yoga

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukstayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 8.51 Tihti 20

Gulika 12:10PM – 1:48PM
Yama 8:53AM – 10:31AM
Rahu 3:26PM – 5:04PMShatabhishak Until 4:04AM Wed
Priti Until 7:40AM
Kaulava Until 10:31AM
Panchami Until 11:30PMGanesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha*AniSunrise: 5:37AM
Sunset: 6:42PM

Devaloka Day

Routine Work Marana Yoga
Until 4:04AM Wed
Then Creative Work - Amrita Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukstayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 20.53 Tihti 21

Gulika 10:32AM – 12:10PM
Yama 7:15AM – 8:54AM
Rahu 12:10PM – 1:48PMPurvaproshtapada* Until 6:23AM Thu
Ayushman Until 8:16AM
Gara Until 12:25PM
Shashthi* Until 1:08AM ThuGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha*AniSunrise: 5:37AM
Sunset: 6:42PM

Devaloka Day

Creative Work Amrita Yoga
Until 6:23AM Thu
Then Creative Work - Siddha Yoga

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukstayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti*/Balava Karana Saptamyam Titau

Yangon, Myanmar

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Meena Rasi: 3.07 Tihti 22

Gulika 8:54AM – 10:32AM
Yama 5:38AM – 7:16AM
Rahu 1:48PM – 3:26PMPurvaproshtapada* Until 6:23AM
Saubhagya Until 6:23AM
Visti Until 1:45PM
Saptami Until 2:08AM FriGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha*AniSunrise: 5:38AM
Sunset: 6:42PM

Devaloka Day

Creative Work Siddha Yoga

D

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukstayam
Uttaraproshtapada*/Revati Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11
Ashtami

Meena Rasi: 15.39 Tihti 23

Gulika 7:16AM – 8:54AM
Yama 3:26PM – 5:04PM
Rahu 10:32AM – 12:10PMUttaraproshtapada Until 7:53AM
Sobhana Until 8:09AM
Balava Until 2:23PM
Ashtami* Until 2:24AM SatGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha*AniSunrise: 5:38AM
Sunset: 6:42PM

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukstayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11
Navami

Meena Rasi: 28.32 Tihti 24

Gulika 5:38AM – 7:16AM
Yama 1:48PM – 3:26PM
Rahu 8:54AM – 10:32AMRevati Until 12:31AM Mon Su
Athiganda* Until 7:13AM
Taitila Until 2:14PM
Navami* Until 1:51AM SunGanesha: Green
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha*AniSunrise: 5:38AM
Sunset: 6:42PMBhuloka Day
Devaloka Time: 12:PM to 3:PMRoutine Work Prabalarishta Yoga
Until 12:31AM Mon Su
Then Creative Work - Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time


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1	Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Yangon, Myanmar	
	Mesha Rasi: 11.51 Tihi 25		Revati/Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 84	
	422242361	Gulika	3:27PM – 5:05PM	Revati Until 12:31AM Mon	Ganesh: Orange <i>Sunrise:</i> 5:39AM	Vilamba 5120		
		Yama	12:11PM – 1:49PM	Dhriti Until 2:88AM Mon	Muruga: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12		
Creative Work Siddha Yoga	Rahu	5:05PM – 6:42PM	Vanija Until 1:18PM	Nataraja: White	2nd Phase			
			Dashami Until 12:31AM Mon	Moon – White	Devaloka Day			
				Jyeshtha•Ani				

2	Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Yangon, Myanmar	
	Mesha Rasi: 25.36 Tihi 26		Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 85	
	422242361	Gulika	1:49PM – 3:27PM	Bharani Until 7:48AM	Ganesh: Orange <i>Sunrise:</i> 5:39AM	Vilamba 5120		
		Yama	10:33AM – 12:11PM	Shula* Until 12:40AM Tue	Muruga: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12		
Family Home Evening	Rahu	7:17AM – 8:55AM	Bava Until 11:35AM	Nataraja: White	2nd Phase			
Creative Work Siddha Yoga			Ekadashi* Until 10:27PM	Moon – White	Devaloka Day			
Until 7:48AM				Jyeshtha•Ani				
Then Routine Work - Marana Yoga								

3	Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Yangon, Myanmar	
	Vrishabha Rasi: 9.48 Tihi 27		Krittika/Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 86	
	422242361	Gulika	12:11PM – 1:49PM	Krittika Until 6:10AM	Ganesh: Orange <i>Sunrise:</i> 5:39AM	Vilamba 5120		
		Yama	8:55AM – 10:33AM	Ganda* Until 9:22PM	Muruga: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12		
Creative Work Siddha Yoga	Rahu	3:27PM – 5:05PM	Kaulava Until 9:11AM	Nataraja: White	2nd Phase			
Until 6:10AM			Dvadashi* Until 7:45PM	Moon – White	Devaloka Day			
Then Creative Work - Amrita Yoga				Jyeshtha•Ani				

4	Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Yangon, Myanmar	
	Vrishabha Rasi: 24.25 Tihi 28 – 29		Mrigashira Nakshatra Vriddhi/Dhruva Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 87	
	422242361	Gulika	10:33AM – 12:11PM	Mrigashira Until 1:42AM Thu	Ganesh: Light Blue <i>Sunrise:</i> 5:39AM	Vilamba 5120		
		Yama	7:17AM – 8:55AM	Vriddhi Until 5:41PM	Muruga: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12		
Creative Work Siddha Yoga	Rahu	12:11PM – 1:49PM	Gara Until 6:14AM	Nataraja: White	2nd Phase			
Until 1:42AM Thu			Trayodashi* Until 4:34PM	Moon – Yellow	Bhuloka Day			
Then Routine Work - Marana Yoga				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM			
				<i>Pradosha Vrata (Fasting)</i>				

	Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Yangon, Myanmar	
	Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 88	
	422242361	Gulika	8:55AM – 10:33AM	Ardra Until 9:20AM Fri	Ganesh: Light Blue <i>Sunrise:</i> 5:40AM	Vilamba 5120		
		Yama	5:40AM – 7:18AM	Dhruva Until 1:42PM	Muruga: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12		
Routine Work Marana Yoga	Rahu	1:49PM – 3:27PM	Catuspada Until 11:13PM	Nataraja: White	Amavasya			
Until 9:20AM Fri			Chaturdashi* Until 1:03PM	Moon – Yellow	Bhuloka Day			
Then Creative Work - Amrita Yoga				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM			

Friday, July 13, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Yangon, Myanmar	
	Mithuna Rasi: 24.28 Tihi 30 – 1		Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 89	
	422242361	Gulika	7:18AM – 8:56AM	Ardra Until 9:20AM	Ganesh: Purple <i>Sunrise:</i> 5:40AM	Vilamba 5120		
		Yama	3:27PM – 5:05PM	Vyaghata* Until 5:25AM Sat	Muruga: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12		
Creative Work Siddha Yoga	Rahu	10:33AM – 12:11PM	Kintughna Until 7:28PM	Nataraja: White	Prathama			
Until 9:20AM			Amavasya* Until 9:20AM	Moon – Blue	Bhuloka Day			
Then Routine Work - Marana Yoga	Partial Solar Eclipse			Ashada•Ani	Devaloka Time: 12:PM to 3:PM			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 90	
Kataka Rasi: 9.38	Tithi 2	Gulika	5:40AM – 7:18AM	Pushya Until 5:08PM	Ganesh: Purple	<i>Sunrise:</i> 5:40AM	Vilamba 5120		
		Yama	1:49PM – 3:27PM	Vajra* Until 1:21AM Sun	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
		442242361 Rahu	8:56AM – 10:34AM	Balava Until 3:46PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 1:58AM Sun	Moon – Blue		Bhuloka Day		
Until 5:08PM					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau		Yangon, Myanmar Sun 16 Sutra 91	
Kataka Rasi: 24.43	Tithi 3	Gulika	3:27PM – 5:04PM	Ashlesha* Until 2:21PM	Ganesh: Purple	<i>Sunrise:</i> 5:41AM	Vilamba 5120		
		Yama	12:11PM – 1:49PM	Siddhi Until 9:32PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
		442242361 Rahu	5:04PM – 6:42PM	Tailila Until 12:16PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 10:37PM	Moon – Blue		Bhuloka Day		
Until 2:21PM					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau		Yangon, Myanmar Sun 17 Sutra 92	
Simha Rasi: 9.32	Tithi 4	Gulika	1:49PM – 3:27PM	Magha* Until 12:13PM	Ganesh: Purple	<i>Sunrise:</i> 5:41AM	Vilamba 5120		
Family Home Evening		Yama	10:34AM – 12:12PM	Vyatipata* Until 6:04PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
		453242361 Rahu	7:19AM – 8:56AM	Vanija Until 9:07AM	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga			Chaturthi* Until 7:42PM	Moon – Red		Bhuloka Day		
Until 12:13PM					Ashada*Adi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau		Yangon, Myanmar Sun 18 Sutra 93	
Simha Rasi: 24.01	Tithi 5 – 6	Gulika	12:12PM – 1:49PM	Purvaphalguni Until 10:26AM	Ganesh: Purple	<i>Sunrise:</i> 5:41AM	Vilamba 5120		
		Yama	8:57AM – 10:34AM	Variyan Until 3:01PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
		453242362 Rahu	3:27PM – 5:04PM	Bava Until 6:27AM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Panchami Until 5:19PM	Moon – Red		Devaloka Day		
Until 10:26AM					Ashada*Adi				
Then Creative Work - Amrita Yoga									

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Yangon, Myanmar Sun 19 Sutra 94	
Kanya Rasi: 8.05	Tithi 6 – 7	Gulika	10:34AM – 12:12PM	Uttaraphalguni Until 9:09AM	Ganesh: Purple	<i>Sunrise:</i> 5:42AM	Vilamba 5120		
		Yama	7:19AM – 8:57AM	Parigha* Until 12:31PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
		453242362 Rahu	12:12PM – 1:49PM	Gara Until 3:01AM Thu	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga			Shashthi* Until 3:36PM	Moon – Red		Devaloka Day		
Until 9:09AM					Ashada*Adi				
Then Routine Work - Marana Yoga									

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 20 Sutra 95	
Kanya Rasi: 21.44	Tithi 7 – 8	Gulika	8:57AM – 10:34AM	Hasta Until 8:50AM	Ganesh: Clear	<i>Sunrise:</i> 5:42AM	Vilamba 5120		
		Yama	5:42AM – 7:19AM	Shiva Until 10:36AM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 13		
		463242362 Rahu	1:49PM – 3:27PM	Visti Until 2:22AM Fri	Nataraja: Clear		Ashtami		
Routine Work	Marana Yoga			Saptami Until 2:35PM	Moon – Green		Sivaloka Day		
Until 8:50AM					Ashada*Adi				
Then Creative Work - Siddha Yoga									

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Yangon, Myanmar Sun 21 Sutra 96	
Tula Rasi: 4.58	Tithi 8 – 9	Gulika	7:20AM – 8:57AM	Chitra Until 9:07AM	Ganesh: Clear	<i>Sunrise:</i> 5:42AM	Vilamba 5120		
		Yama	3:27PM – 5:04PM	Siddha Until 9:15AM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 13		
		463242362 Rahu	10:34AM – 12:12PM	Balava Until 2:27AM Sat	Nataraja: Clear		Navami		
Creative Work	Siddha Yoga			Ashtami* Until 2:18PM	Moon – Green		Sivaloka Day		
					Ashada*Adi				

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 22 Sutra 97	
Tula Rasi: 17.5	Tithi 9 – 10	Gulika	5:43AM – 7:20AM	Svati Until 9:56AM	Ganesh: Clear	<i>Sunrise:</i> 5:43AM	Vilamba 5120		
		Yama	1:49PM – 3:26PM	Sadhya Until 8:28AM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	463242362 Rahu	8:57AM – 10:35AM	Taitila Until 3:12AM Sun	Nataraja: Clear		4th Phase		
				Navami* Until 2:43PM	Moon – Green		Sivaloka Day		
					Ashada*Adi				

2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 23 Sutra 98	
Vrischika Rasi: 0.23	Tithi 10 – 11	Gulika	3:26PM – 5:04PM	Vishakha Until 11:42AM	Ganesh: White	<i>Sunrise:</i> 5:43AM	Vilamba 5120		
		Yama	12:12PM – 1:49PM	Subha Until 8:14AM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 Rahu	5:04PM – 6:41PM	Vanija Until 4:32AM Mon	Nataraja: Clear		4th Phase		
				Dashami Until 3:47PM	Moon – Orange		Devaloka Day		
					Ashada*Adi				

3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 24 Sutra 99	
Vrischika Rasi: 12.41	Tithi 11 – 12	Gulika	1:49PM – 3:26PM	Anuradha Until 1:50PM	Ganesh: White	<i>Sunrise:</i> 5:43AM	Vilamba 5120		
Family Home Evening		Yama	10:35AM – 12:12PM	Sukla Until 8:24AM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	473242362 Rahu	7:20AM – 8:58AM	Bava Until 6:22AM Tue	Nataraja: Clear		4th Phase		
				Ekadashi Until 5:22PM	Moon – Orange		Devaloka Day		
					Ashada*Adi				

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 100	
Vrischika Rasi: 24.47	Tithi 12	Gulika	12:12PM – 1:49PM	Jyeshtha* Until 4:15PM	Ganesh: White	<i>Sunrise:</i> 5:44AM	Vilamba 5120		
		Yama	8:58AM – 10:35AM	Brahma Until 8:56AM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 Rahu	3:26PM – 5:03PM	Bava Until 6:22AM	Nataraja: Clear		4th Phase		
Until 4:15PM				Dvadashi Until 7:24PM	Moon – Orange		Devaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 101	
Dhanus Rasi: 6.44	Tithi 13	Gulika	10:35AM – 12:12PM	Mula* Until 7:18PM	Ganesh: Red	<i>Sunrise:</i> 5:44AM	Vilamba 5120		
		Yama	7:21AM – 8:58AM	Indra Until 9:46AM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362 Rahu	12:12PM – 1:49PM	Kaulava Until 8:33AM	Nataraja: Clear		4th Phase		
Until 7:18PM				Trayodashi Until 9:44PM	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				
					<i>Pradosha Vrata</i>				

6		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 102	
Dhanus Rasi: 18.36	Tithi 14	Gulika	8:58AM – 10:35AM	Purvashadha* Until 10:23PM	Ganesh: Red	<i>Sunrise:</i> 5:44AM	Vilamba 5120		
		Yama	5:44AM – 7:21AM	Vaidhriti* Until 10:45AM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	483342362 Rahu	1:49PM – 3:26PM	Gara Until 11:00AM	Nataraja: Clear		4th Phase		
Until 10:23PM				Chaturdashi* Until 12:16AM Fri	Moon – Light Blue		Sivaloka Day		
Then Routine Work - Marana Yoga					Ashada*Adi				

○		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Yangon, Myanmar Sun 27 Sutra 103	
Copper Retreat Star		Gulika	7:21AM – 8:58AM	Uttarashadha Until 1:22AM Sat	Ganesh: Red	<i>Sunrise:</i> 5:45AM	Vilamba 5120		
Makara Rasi: 0.24	Tithi 15	Yama	3:26PM – 5:03PM	Vishkambha* Until 11:51AM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14		
		483342362 Rahu	10:35AM – 12:12PM	Visti Until 1:35PM	Nataraja: Clear		Purnima		
Routine Work	Marana Yoga			Purnima* Until 2:51AM Sat	Moon – Light Blue		Sivaloka Day		
Until 1:22AM Sat					Ashada*Adi				
Then Creative Work - Siddha Yoga		Total Lunar Eclipse							
		Satguru Purnima							

○		Saturday, July 28, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Yangon, Myanmar Sun 28 Sutra 104	
Silver Retreat Star		Gulika	5:45AM – 7:22AM	Shravana Until 4:38AM Sun	Ganesh: Blue	<i>Sunrise:</i> 5:45AM	Vilamba 5120		
Makara Rasi: 12.11	Tithi 16	Yama	1:49PM – 3:26PM	Priti Until 12:59PM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14		
		493342362 Rahu	8:58AM – 10:35AM	Balava Until 4:09PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 5:23AM Sun	Moon – Purple		Devaloka Day		
Until 4:38AM Sun					Ashada*Adi				
Then Routine Work - Marana Yoga									

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila Karana Dvitiyayam Titau

Yangon, Myanmar
Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 24 Tihi 17

Gulika 3:25PM – 5:02PM
Yama 12:12PM – 1:49PM
493342362 **Rahu** 5:02PM – 6:39PM

Dhanishtha Until 7:33AM Mon
Ayushman Until 1:59PM
Taitila Until 6:36PM
Dvitiya Until 7:44AM Mon

Ganesha: Blue *Sunrise:* 5:45AM
Muruga: Clear *Sunset:* 6:39PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Devaloka Day

Routine Work Marana Yoga
Until 7:33AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 5.53 Tihi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:49PM – 3:25PM
Yama 10:35AM – 12:12PM
494342362 **Rahu** 7:22AM – 8:59AM

Dhanishtha Until 7:33AM
Saubhagya Until 2:50PM
Vanija Until 8:49PM
Dvitiya Until 7:44AM

Ganesha: Blue *Sunrise:* 5:45AM
Muruga: Clear *Sunset:* 6:38PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Dvarana Karana Tritiya/Chaturthiyam Titau

Yangon, Myanmar
Sun 2 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 17.53 Tihi 18 – 19
Routine Work Marana Yoga

Gulika 12:12PM – 1:48PM
Yama 8:59AM – 10:35AM
494342362 **Rahu** 3:25PM – 5:02PM

Shatabhishak Until 10:02AM
Sobhana Until 3:28PM
Bava Until 10:41PM
Tritiya Until 9:47AM

Ganesha: Blue *Sunrise:* 5:46AM
Muruga: Clear *Sunset:* 6:38PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 0.02 Tihi 19 – 20
Creative Work Amrita Yoga
Until 12:27PM
Then Creative Work - Siddha Yoga

Gulika 10:35AM – 12:12PM
Yama 7:22AM – 8:59AM
414342362 **Rahu** 12:12PM – 1:48PM

Purvaproshtapada* Until 12:27PM
Athiganda* Until 3:44PM
Kaulava Until 12:06AM Thu
Chaturthi* Until 11:26AM

Ganesha: White *Sunrise:* 5:46AM
Muruga: Clear *Sunset:* 6:38PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Devaloka Day

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 12.22 Tihi 20 – 21
Creative Work Siddha Yoga

Gulika 8:59AM – 10:35AM
Yama 5:46AM – 7:23AM
414342362 **Rahu** 1:48PM – 3:25PM

Uttaraproshtapada Until 2:13PM
Sukarma Until 3:37PM
Gara Until 12:59AM Fri
Panchami Until 12:36PM

Ganesha: White *Sunrise:* 5:46AM
Muruga: Clear *Sunset:* 6:37PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 24.58 Tihi 21 – 22
Creative Work Siddha Yoga
Until 3:16PM
Then Creative Work - Amrita Yoga

Gulika 7:23AM – 8:59AM
Yama 3:24PM – 5:01PM
414342362 **Rahu** 10:35AM – 12:12PM

Revati Until 3:16PM
Dhriti Until 3:04PM
Visti Until 1:15AM Sat
Shashthi* Until 1:11PM

Ganesha: White *Sunrise:* 5:47AM
Muruga: Clear *Sunset:* 6:37PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Devaloka Day

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 7.51 Tihi 22 – 23
Creative Work Siddha Yoga

Gulika 5:47AM – 7:23AM
Yama 1:48PM – 3:24PM
424342362 **Rahu** 8:59AM – 10:35AM

Ashvini Until 4:00PM
Shula* Until 1:58PM
Balava Until 12:51AM Sun
Saptami Until 1:07PM

Ganesha: Clear *Sunrise:* 5:47AM
Muruga: Clear *Sunset:* 6:36PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sivaloka Day

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 21.05 Tihi 23 – 24
Routine Work Prabalarishta Yoga
Until 3:54PM
Then Creative Work - Siddha Yoga

Gulika 3:24PM – 5:00PM
Yama 12:12PM – 1:48PM
424342362 **Rahu** 5:00PM – 6:36PM

Bharani Until 3:54PM
Ganda* Until 12:20PM
Taitila Until 11:46PM
Ashtami* Until 12:23PM

Ganesha: Clear *Sunrise:* 5:47AM
Muruga: Clear *Sunset:* 6:36PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

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Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam				Yangon, Myanmar	
1		Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8	Sutra 113
Vrishabha Rasi: 4.42	Tithi 24 – 25	Gulika	1:47PM – 3:23PM	Krittika Until 2:59PM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Vilamba 5120
Family Home Evening	424342362	Yama	10:35AM – 12:11PM	Vridhhi Until 10:11AM	Muruga: Clear	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	7:23AM – 8:59AM	Vanija Until 10:01PM	Nataraja: Clear		2nd Phase
Until 2:59PM				Navami* Until 10:58AM	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada*Adi		

Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam				Yangon, Myanmar	
2		Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9	Sutra 114
Vrishabha Rasi: 18.44	Tithi 25 – 26	Gulika	12:11PM – 1:47PM	Rohini Until 1:43PM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	Vilamba 5120
		Yama	8:59AM – 10:35AM	Dhruva Until 7:27AM	Muruga: Clear	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 16
		Rahu	3:23PM – 4:59PM	Bava Until 7:40PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 8:54AM	Moon – Yellow		Devaloka Day
Until 1:43PM					Ashada*Adi		
Then Creative Work - Siddha Yoga							

Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam				Yangon, Myanmar	
3		Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Sun 10	Sutra 115
Mithuna Rasi: 3.08	Tithi 26 – 27	Gulika	10:35AM – 12:11PM	Mrigashira Until 11:46AM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	Vilamba 5120
		Yama	7:24AM – 9:00AM	Harshana Until 12:43AM Thu	Muruga: Clear	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 16
		Rahu	12:11PM – 1:47PM	Taitila Until 3:10AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 6:16AM	Moon – Yellow		Devaloka Day
					Ashada*Adi		

Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam				Yangon, Myanmar	
4		Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11	Sutra 116
Mithuna Rasi: 17.53	Tithi 28	Gulika	9:00AM – 10:35AM	Ardra Until 9:15AM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	Vilamba 5120
		Yama	5:48AM – 7:24AM	Vajra* Until 8:51PM	Muruga: Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 16
		Rahu	1:47PM – 3:23PM	Gara Until 1:30PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Trayodashi* Until 11:44PM	Moon – Yellow		Devaloka Day
Until 9:15AM					Ashada*Adi		
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata (Fasting)</i>		

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yukhtayam				Yangon, Myanmar	
5		Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12	Sutra 117
Kataka Rasi: 2.53	Tithi 29	Gulika	7:24AM – 9:00AM	Punarvasu Until 6:42AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:48AM	Vilamba 5120
		Yama	3:22PM – 4:58PM	Siddhi Until 4:48PM	Muruga: Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 16
		Rahu	10:35AM – 12:11PM	Visti Until 9:58AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 8:07PM	Moon – Blue		Devaloka Day
Until 6:42AM					Ashada*Adi		
Then Routine Work - Marana Yoga							

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yukhtayam				Yangon, Myanmar	
	Retreat Star	Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13	Sutra 118
Kataka Rasi: 18	Tithi 30 – 1	Gulika	5:49AM – 7:24AM	Ashlesha* Until 12:55AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 5:49AM	Vilamba 5120
		Yama	1:46PM – 3:22PM	Vyatipata* Until 12:42PM	Muruga: Clear	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 16
		Rahu	9:00AM – 10:35AM	Catuspada Until 6:18AM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 4:27PM	Moon – Blue		Devaloka Day
					Ashada*Adi		
		Partial Solar Eclipse					

Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yukhtayam				Yangon, Myanmar	
Retreat Star		Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14	Sutra 119
Simha Rasi: 3.05	Tithi 1 – 2	Gulika	3:22PM – 4:57PM	Magha* Until 10:26PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Vilamba 5120
		Yama	12:11PM – 1:46PM	Variyan Until 8:40AM	Muruga: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 16
		Rahu	4:57PM – 6:32PM	Balava Until 11:14PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Prathama* Until 12:54PM	Moon – Red		Sivaloka Day
Until 10:26PM					Sravana*Adi		
Then Creative Work - Siddha Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1

Monday, August 13, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam

Yangon, Myanmar

Simha Rasi: 18 Tithi 2 - 3
 Family Home Evening
 Creative Work Siddha Yoga

Gulika 1:46PM - 3:21PM
 Yama 10:35AM - 12:10PM
 Rahu 7:24AM - 9:00AM

Purvaphalguni Until 8:08PM
 Shiva Until 1:19AM Tue
 Tailita Until 8:09PM
 Dvitiya Until 9:37AM

Ganesha: Clear Sunrise: 5:49AM
 Muruga: Clear Sunset: 6:32PM
 Nataraja: Clear
 Moon - Red
 Sravana-Adi

Sun 15 Sutra 120
 Vilamba 5120
 Moon 7 - Phase 17
 3rd Phase

Sivaloka Day

2

Tuesday, August 14, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam

Yangon, Myanmar

Kanya Rasi: 2.37 Tithi 3 - 4
 Creative Work Amrita Yoga
 Until 2:52AM Thu Wed
 Then Creative Work - Siddha Yoga

Gulika 12:10PM - 1:46PM
 Yama 9:00AM - 10:35AM
 Rahu 3:21PM - 4:56PM

Uttaraphalguni Until 2:52AM Thu Wed
 Siddha Until 10:14PM
 Visti Until 4:28AM Wed
 Trittaya Until 6:46AM

Ganesha: Clear Sunrise: 5:49AM
 Muruga: Clear Sunset: 6:31PM
 Nataraja: Clear
 Moon - Red
 Sravana-Adi

Sun 16 Sutra 121
 Vilamba 5120
 Moon 7 - Phase 17
 3rd Phase

Sivaloka Day

3

Wednesday, August 15, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam

Yangon, Myanmar

Kanya Rasi: 16.5 Tithi 5
 Routine Work Marana Yoga
 Until 2:52AM Thu
 Then Creative Work - Siddha Yoga

Gulika 10:35AM - 12:10PM
 Yama 7:25AM - 9:00AM
 Rahu 12:10PM - 1:45PM

Uttaraphalguni Until 2:52AM Thu
 Sadhya Until 7:42PM
 Bava Until 13:82AM Thu
 Panchami Until 10:14PM

Ganesha: Purple Sunrise: 5:49AM
 Muruga: Clear Sunset: 6:31PM
 Nataraja: Clear
 Moon - Green
 Sravana-Adi

Sun 17 Sutra 122
 Vilamba 5120
 Moon 7 - Phase 17
 3rd Phase

Subha Sivaloka Day

4

Thursday, August 16, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam

Yangon, Myanmar

Tula Rasi: 0.37 Tithi 6
 Creative Work Siddha Yoga
 Until 4:47PM
 Then Creative Work - Amrita Yoga

Gulika 9:00AM - 10:35AM
 Yama 5:50AM - 7:25AM
 Rahu 1:45PM - 3:20PM

Chitra Until 4:47PM
 Subha Until 5:47PM
 Kaulava Until 2:22PM
 Shashthi* Until 2:02AM Fri

Ganesha: Purple Sunrise: 5:50AM
 Muruga: Clear Sunset: 6:30PM
 Nataraja: Clear
 Moon - Green
 Sravana-Adi

Sun 18 Sutra 123
 Vilamba 5120
 Moon 7 - Phase 17
 3rd Phase

Subha Sivaloka Day

5

Friday, August 17, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam

Yangon, Myanmar

Tula Rasi: 13.56 Tithi 7
 Creative Work Siddha Yoga

Gulika 7:25AM - 9:00AM
 Yama 3:20PM - 4:55PM
 Rahu 10:35AM - 12:10PM

Svati Until 5:00PM
 Sukla Until 5:00PM
 Gara Until 14:20AM Sat
 Saptami Until 5:47PM

Ganesha: Purple Sunrise: 5:50AM
 Muruga: Clear Sunset: 6:29PM
 Nataraja: Clear
 Moon - Green
 Sravana-Avani

Sun 19 Sutra 124
 Vilamba 5120
 Moon 7 - Phase 17
 3rd Phase

Subha Sivaloka Day

D

Saturday, August 18, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam

Yangon, Myanmar

Retreat Star
 Tula Rasi: 26.5 Tithi 8
 Creative Work Siddha Yoga

Gulika 5:50AM - 7:25AM
 Yama 1:44PM - 3:19PM
 Rahu 9:00AM - 10:35AM

Vishakha Until 6:19PM
 Brahma Until 6:19PM
 Visti Until 2:20PM
 Ashtami* Until 2:47AM Sun

Ganesha: Purple Sunrise: 5:50AM
 Muruga: Clear Sunset: 6:29PM
 Nataraja: Clear
 Moon - Orange
 Sravana-Avani

Sun 20 Sutra 125
 Vilamba 5120
 Moon 7 - Phase 17
 Ashtami

Subha Sivaloka Day

Sunday, August 19, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam

Yangon, Myanmar

Retreat Star
 Vrishchika Rasi: 9.23 Tithi 9
 Routine Work Marana Yoga

Gulika 3:19PM - 4:53PM
 Yama 12:09PM - 1:44PM
 Rahu 4:53PM - 6:28PM

Anuradha Until 8:12PM
 Indra Until 3:48PM
 Balava Until 3:28PM
 Navami* Until 4:15AM Mon

Ganesha: Clear Sunrise: 5:50AM
 Muruga: Clear Sunset: 6:28PM
 Nataraja: Clear
 Moon - Orange
 Sravana-Avani

Sun 21 Sutra 126
 Vilamba 5120
 Moon 7 - Phase 17
 Navami

Sivaloka Day

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 22 Sutra 127 Vilamba 5120
1		Gulika 1:44PM – 3:18PM	Jyeshtha* Until 10:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	
Vrischika Rasi: 21.37	Tithi 10	Yama 10:34AM – 12:09PM	Vaidhriti* Until 4:12PM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 7:25AM – 9:00AM	Tailila Until 5:14PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:17AM Tue	Moon – Orange		Sivaloka Day
				Sravana-Avani		

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 23 Sutra 128 Vilamba 5120
2		Gulika 12:09PM – 1:43PM	Mula* Until 1:32AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	
Dhanus Rasi: 3.39	Tithi 10 – 11	Yama 9:00AM – 10:34AM	Vishkambha* Until 4:59PM	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 3:18PM – 4:52PM	Vanija Until 7:28PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dashami Until 6:17AM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 24 Sutra 129 Vilamba 5120
3		Gulika 10:34AM – 12:08PM	Purvashadha* Until 4:38AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	
Dhanus Rasi: 15.31	Tithi 11 – 12	Yama 7:25AM – 9:00AM	Priti Until 6:01PM	Muruga: Clear	<i>Sunset:</i> 6:26PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 12:08PM – 1:43PM	Bava Until 9:59PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 4:59PM	Moon – Light Blue		Sivaloka Day
Until 4:38AM Thu				Sravana-Avani		
Then Routine Work - Marana Yoga						

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 25 Sutra 130 Vilamba 5120
4		Gulika 9:00AM – 10:34AM	Uttarashadha Until 7:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	
Dhanus Rasi: 27.2	Tithi 12 – 13	Yama 5:51AM – 7:25AM	Ayushman Until 7:05PM	Muruga: Clear	<i>Sunset:</i> 6:26PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 1:43PM – 3:17PM	Kaulava Until 12:36AM Fri	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 11:16AM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		
				<i>Pradosha Vrata</i>		

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 26 Sutra 131 Vilamba 5120
5		Gulika 7:25AM – 9:00AM	Uttarashadha Until 7:37AM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	
Makara Rasi: 9.07	Tithi 13 – 14	Yama 3:16PM – 4:51PM	Saubhagya Until 8:09PM	Muruga: Clear	<i>Sunset:</i> 6:25PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 10:34AM – 12:08PM	Gara Until 3:08AM Sat	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 1:52PM	Moon – Light Blue		Sivaloka Day
		Chidambaram Abhishekam		Sravana-Avani		

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar Sun 27 Sutra 132 Vilamba 5120
6		Gulika 5:51AM – 7:25AM	Shravana Until 10:49AM	Ganesha: White	<i>Sunrise:</i> 5:51AM	
Makara Rasi: 20.56	Tithi 14 – 15	Yama 1:42PM – 3:16PM	Sobhana Until 9:06PM	Muruga: Clear	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 18
Family Home Evening	596442362	Rahu 8:59AM – 10:34AM	Visti Until 5:28AM Sun	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:19PM	Moon – Purple		Subha Sivaloka Day
		Avani Avittam		Sravana-Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 133 Vilamba 5120
○		Gulika 3:15PM – 4:49PM	Dhanishtha Until 1:37PM	Ganesha: White	<i>Sunrise:</i> 5:51AM	
Kumbha Rasi: 2.51	Tithi 15	Yama 12:07PM – 1:41PM	Athiganda* Until 9:47PM	Muruga: Clear	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 18
Copper Retreat Star	596442362	Rahu 4:49PM – 6:24PM	Bava Until 6:29PM	Nataraja: Clear		Purnima
Routine Work	Marana Yoga		Purnima* Until 6:29PM	Moon – Purple		Subha Sivaloka Day
Until 1:37PM		Raksha Bandhan		Sravana-Avani		
Then Creative Work - Siddha Yoga						

Monday, August 27, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashadhapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sutra 134 Vilamba 5120
○		Gulika 1:41PM – 3:15PM	Shatabhishak Until 3:55PM	Ganesha: White	<i>Sunrise:</i> 5:52AM	
Kumbha Rasi: 14.53	Tithi 16	Yama 10:33AM – 12:07PM	Sukarma Until 10:13PM	Muruga: Clear	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 18
Family Home Evening	596442362	Rahu 7:25AM – 8:59AM	Balava Until 7:28AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:18PM	Moon – Purple		Subha Sivaloka Day
Until 3:55PM				Sravana-Avani		
Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Kumbha Rasi: 27.05 Tiithi 17

517442363

Gulika 12:07PM – 1:41PM
Yama 8:59AM – 10:33AM
Rahu 3:14PM – 4:48PM

Purvaproshtapada* Until 6:09PM
Dhriti Until 10:20PM
Tailila Until 9:05AM
Dvitiya Until 9:42PM

Ganesha: White *Sunrise:* 5:52AM
Muruga: Clear *Sunset:* 6:22PM
Nataraja: Purple
Moon – Clear

Sravana-Avani

Sivaloka Day

Routine Work Marana Yoga

Until 6:09PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Meena Rasi: 9.27 Tiithi 18

517452363

Gulika 10:33AM – 12:07PM
Yama 7:25AM – 8:59AM
Rahu 12:07PM – 1:40PM

Uttaraproshtapada Until 7:48PM
Shula* Until 10:04PM
Vanija Until 10:16AM
Tritiya Until 10:40PM

Ganesha: Clear *Sunrise:* 5:52AM
Muruga: Purple *Sunset:* 6:21PM
Nataraja: Purple
Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:48PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Meena Rasi: 22.01 Tiithi 19

517452363

Gulika 8:59AM – 10:33AM
Yama 5:52AM – 7:26AM
Rahu 1:40PM – 3:13PM

Revati Until 8:51PM
Ganda* Until 9:28PM
Bava Until 11:00AM
Chaturthi* Until 11:11PM

Ganesha: Clear *Sunrise:* 5:52AM
Muruga: Purple *Sunset:* 6:21PM
Nataraja: Purple
Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 8:51PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Mesha Rasi: 4.48 Tiithi 20

527452363

Gulika 7:26AM – 8:59AM
Yama 3:13PM – 4:46PM
Rahu 10:32AM – 12:06PM

Ashvini Until 9:46PM
Vriddhi Until 8:31PM
Kaulava Until 11:17AM
Panchami Until 11:13PM

Ganesha: Purple *Sunrise:* 5:52AM
Muruga: Purple *Sunset:* 6:20PM
Nataraja: Purple
Moon – White

Sravana-Avani

Bhuloka Day

Creative Work Amrita Yoga

Until 9:46PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Mesha Rasi: 17.49 Tiithi 21

527452363

Gulika 5:52AM – 7:26AM
Yama 1:39PM – 3:12PM
Rahu 8:59AM – 10:32AM

Bharani Until 10:02PM
Dhruva Until 10:02PM
Gara Until 11:05AM
Shashthi* Until 10:47PM

Ganesha: Purple *Sunrise:* 5:52AM
Muruga: Purple *Sunset:* 6:19PM
Nataraja: Purple
Moon – White

Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 10:02PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Vrisabha Rasi: 1.05 Tiithi 22

527452363

Gulika 3:12PM – 4:45PM
Yama 12:05PM – 1:39PM
Rahu 4:45PM – 6:18PM

Krittika Until 9:41PM
Vyaghata* Until 5:25PM
Visti Until 10:23AM
Saptami Until 9:50PM

Ganesha: Purple *Sunrise:* 5:52AM
Muruga: Purple *Sunset:* 6:18PM
Nataraja: Purple
Moon – White

Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19
Ashtami

Vrisabha Rasi: 14.38 Tiithi 23

537452363

Gulika 1:38PM – 3:11PM
Yama 10:32AM – 12:05PM
Rahu 7:26AM – 8:59AM

Rohini Until 9:06PM
Harshana Until 3:17PM
Balava Until 9:11AM
Ashtami* Until 8:23PM

Ganesha: Clear *Sunrise:* 5:52AM
Muruga: Purple *Sunset:* 6:18PM
Nataraja: Purple
Moon – Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19
Navami

Vrisabha Rasi: 28.29 Tiithi 24

538452363

Gulika 12:05PM – 1:38PM
Yama 8:59AM – 10:32AM
Rahu 3:11PM – 4:44PM

Mrigashira Until 7:54PM
Vajra* Until 12:42PM
Tailila Until 7:30AM
Navami* Until 6:27PM

Ganesha: White *Sunrise:* 5:53AM
Muruga: Purple *Sunset:* 6:17PM
Nataraja: Purple
Moon – Yellow

Sravana-Avani

Devaloka Day

Creative Work Siddha Yoga

Until 7:54PM

Then Routine Work - Marana Yoga

1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 12.39	Tithi 25 – 26	Gulika 10:31AM – 12:04PM	Ardra Until 6:07PM	Ganesh: White	<i>Sunrise:</i> 5:53AM	
			Yama 7:26AM – 8:59AM	Siddhi Until 9:46AM	Muruga: Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	548452363 Rahu 12:04PM – 1:37PM	Bava Until 2:43AM Thu Dashami Until 4:03PM	Nataraja: Purple Moon – Yellow		2nd Phase Devaloka Day

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 10 Sutra 144 Vilamba 5120
	Mithuna Rasi: 27.05	Tithi 26 – 27	Gulika 8:58AM – 10:31AM	Punarvasu Until 4:13PM	Ganesh: Yellow	<i>Sunrise:</i> 5:53AM	
			Yama 5:53AM – 7:26AM	Vyatipata* Until 6:30AM	Muruga: Purple	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu 1:37PM – 3:10PM	Kaulava Until 11:47PM Ekadashi* Until 1:16PM	Nataraja: Purple Moon – Blue		2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 11.47	Tithi 27 – 28	Gulika 7:26AM – 8:58AM	Pushya Until 1:54PM	Ganesh: Yellow	<i>Sunrise:</i> 5:53AM	
			Yama 3:09PM – 4:42PM	Parigha* Until 11:13PM	Muruga: Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 10:31AM – 12:04PM	Gara Until 8:37PM Dvadashi* Until 10:12AM	Nataraja: Purple Moon – Blue		2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

Pradosha Vrata (Fasting)

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 12 Sutra 146 Vilamba 5120
	Kataka Rasi: 26.37	Tithi 28 – 29	Gulika 5:53AM – 7:26AM	Ashlesha* Until 11:19AM	Ganesh: Yellow	<i>Sunrise:</i> 5:53AM	
			Yama 1:36PM – 3:08PM	Shiva Until 7:26PM	Muruga: Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 8:58AM – 10:31AM	Sakuni Until 3:41AM Sun Trayodashi* Until 6:58AM	Nataraja: Purple Moon – Blue		2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

Until 11:19AM
Then Creative Work - Amrita Yoga

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika 3:08PM – 4:40PM	Magha* Until 8:58AM	Ganesh: Red	<i>Sunrise:</i> 5:53AM	
	Simha Rasi: 11.29	Tithi 30	Yama 12:03PM – 1:35PM	Siddha Until 3:39PM	Muruga: Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 4:40PM – 6:13PM	Catuspada Until 2:05PM Amavasya* Until 12:30AM Mon	Nataraja: Purple Moon – Red		Amavasya Bhuloka Day Devaloka Time: 9:AM to12:PM

Until 8:58AM
Then Creative Work - Siddha Yoga

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar Sun 14 Sutra 148 Vilamba 5120
	Retreat Star		Gulika 1:35PM – 3:07PM	Purvaphalguni Until 6:38AM	Ganesh: Red	<i>Sunrise:</i> 5:53AM	
	Simha Rasi: 26.16	Tithi 1	Yama 10:30AM – 12:03PM	Sadhya Until 12:02PM	Muruga: Purple	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 20
	Family Home Evening		548452363 Rahu 7:26AM – 8:58AM	Kintughna Until 11:01AM Prathama* Until 9:34PM	Nataraja: Purple Moon – Red		Prathama Bhuloka Day Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1		Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 149 Vilamba 5120	
Kanya Rasi: 10.49	Tithi 2	Gulika	12:02PM – 1:35PM	Hasta Until 3:03AM Wed	Ganesh: Blue <i>Sunrise:</i> 5:53AM	Muruga: Purple <i>Sunset:</i> 6:11PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama	8:58AM – 10:30AM	Subha Until 8:44AM	Nataraja: Purple	Bhuloka Day	
		569452363	Rahu 3:07PM – 4:39PM	Balava Until 8:16AM	Moon – Green	Bhadrapada-Avani	
				Dvitiya Until 7:04PM			

2		Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Yangon, Myanmar Sun 16 Sutra 150 Vilamba 5120	
Kanya Rasi: 25.03	Tithi 3 – 4	Gulika	10:30AM – 12:02PM	Chitra Until 2:05AM Thu	Ganesh: Blue <i>Sunrise:</i> 5:53AM	Muruga: Purple <i>Sunset:</i> 6:10PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama	7:26AM – 8:58AM	Brahma Until 3:23AM Thu	Nataraja: Purple	Bhuloka Day	
Until 2:05AM Thu		569452363	Rahu 12:02PM – 1:34PM	Tailila Until 6:01AM	Moon – Green	Bhadrapada-Avani	
Then Creative Work - Amrita Yoga				Tritiya Until 5:07PM			

3		Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau		Yangon, Myanmar Sun 17 Sutra 151 Vilamba 5120	
Tula Rasi: 8.53	Tithi 4 – 5	Gulika	8:58AM – 10:30AM	Svati Until 1:42AM Fri	Ganesh: Blue <i>Sunrise:</i> 5:54AM	Muruga: Purple <i>Sunset:</i> 6:10PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Amrita Yoga	Yama	5:54AM – 7:26AM	Indra Until 1:34AM Fri	Nataraja: Purple	Bhuloka Day	
Until 1:42AM Fri		569452363	Rahu 1:34PM – 3:06PM	Bava Until 3:32AM Fri	Moon – Green	Bhadrapada-Avani	
Then Creative Work - Siddha Yoga				Chaturthi* Until 3:51PM			
				Ganesh Chaturthi			

4		Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Yangon, Myanmar Sun 18 Sutra 152 Vilamba 5120	
Tula Rasi: 22.16	Tithi 5 – 6	Gulika	7:26AM – 8:57AM	Vishakha Until 2:26AM Sat	Ganesh: White <i>Sunrise:</i> 5:54AM	Muruga: Purple <i>Sunset:</i> 6:09PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama	3:05PM – 4:37PM	Vaidhriti* Until 12:23AM Sat	Nataraja: Purple	Devaloka Day	
		579552363	Rahu 10:29AM – 12:01PM	Kaulava Until 3:29AM Sat	Moon – Orange	Bhadrapada-Avani	
				Panchami Until 3:23PM			

5		Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Yangon, Myanmar Sun 19 Sutra 153 Vilamba 5120	
Vrischika Rasi: 5.13	Tithi 6 – 7	Gulika	5:54AM – 7:26AM	Anuradha Until 3:48AM Sun	Ganesh: White <i>Sunrise:</i> 5:54AM	Muruga: Purple <i>Sunset:</i> 6:08PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama	1:33PM – 3:04PM	Vishkambha* Until 11:52PM	Nataraja: Purple	Devaloka Day	
Until 3:48AM Sun		579552363	Rahu 8:57AM – 10:29AM	Gara Until 4:16AM Sun	Moon – Orange	Bhadrapada-Avani	
Then Routine Work - Marana Yoga				Shashthi* Until 3:45PM			

6		Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 20 Sutra 154 Vilamba 5120	
Vrischika Rasi: 17.47	Tithi 7 – 8	Gulika	3:04PM – 4:36PM	Jyeshtha* Until 5:44AM Mon	Ganesh: White <i>Sunrise:</i> 5:54AM	Muruga: Purple <i>Sunset:</i> 6:07PM	Moon 8 - Phase 21 3rd Phase
Routine Work	Marana Yoga	Yama	12:01PM – 1:32PM	Priti Until 11:57PM	Nataraja: Purple	Devaloka Day	
Until 5:44AM Mon		579552363	Rahu 4:36PM – 6:07PM	Visti Until 5:47AM Mon	Moon – Orange	Bhadrapada-Avani	
Then Creative Work - Siddha Yoga				Saptami Until 4:55PM			

Retreat Star		Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava Karana Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 155 Vilamba 5120	
Dhanus Rasi: 0.02	Tithi 8	Gulika	1:32PM – 3:03PM	Mula* Until 8:34AM Tue	Ganesh: Clear <i>Sunrise:</i> 5:54AM	Muruga: Purple <i>Sunset:</i> 6:06PM	Moon 8 - Phase 21 Ashtami
Family Home Evening		Yama	10:29AM – 12:00PM	Ayushman Until 12:29AM Tue	Nataraja: Purple	Bhuloka Day	
Creative Work	Siddha Yoga	589552363	Rahu 7:26AM – 8:57AM	Bava Until 6:46PM	Moon – Light Blue	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
				Ashtami* Until 6:46PM			

Retreat Star		Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 12.02	Tithi 9	Gulika	12:00PM – 1:31PM	Mula* Until 8:34AM	Ganesh: Clear <i>Sunrise:</i> 5:54AM	Muruga: Purple <i>Sunset:</i> 6:06PM	Moon 8 - Phase 21 Navami
Creative Work	Amrita Yoga	Yama	8:57AM – 10:28AM	Saubhagya Until 1:22AM Wed	Nataraja: Purple	Bhuloka Day	
Until 8:34AM		581552363	Rahu 3:03PM – 4:34PM	Balava Until 7:54AM	Moon – Light Blue	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga				Navami* Until 9:06PM			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Wednesday, September 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau	Yangon, Myanmar Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 23.54	Tithi 10	Gulika	10:28AM – 11:59AM	Purvashadha* Until 11:36AM	Ganesh: Clear	<i>Sunrise: 5:54AM</i>	
		Yama	7:25AM – 8:57AM	Sobhana Until 2:26AM Thu	Muruga: Purple	<i>Sunset: 6:05PM</i>	
		581552363 Rahu	11:59AM – 1:31PM	Tailila Until 10:24AM	Nataraja: Purple	Moon 8 - Phase 22	
Creative Work	Amrita Yoga			Dashami Until 11:42PM	Moon – Light Blue	4th Phase	
					Bhadrapada-Puratasi	Bhuloka Day	
						Devaloka Time: 9:AM to 12:PM	

2		Thursday, September 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau	Yangon, Myanmar Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 5.42	Tithi 11	Gulika	8:57AM – 10:28AM	Uttarashadha Until 2:34PM	Ganesh: Clear	<i>Sunrise: 5:54AM</i>	
		Yama	5:54AM – 7:25AM	Athiganda* Until 3:28AM Fri	Muruga: Purple	<i>Sunset: 6:04PM</i>	
		581552363 Rahu	1:30PM – 3:02PM	Vanija Until 1:02PM	Nataraja: Purple	Moon 8 - Phase 22	
Routine Work	Marana Yoga			Ekadashi Until 2:18AM Fri	Moon – Light Blue	4th Phase	
Until 2:34PM					Bhadrapada-Puratasi	Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to 12:PM	

3		Friday, September 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau	Yangon, Myanmar Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 17.3	Tithi 12	Gulika	7:25AM – 8:57AM	Shravana Until 5:46PM	Ganesh: Purple	<i>Sunrise: 5:54AM</i>	
		Yama	3:01PM – 4:32PM	Sukarma Until 4:21AM Sat	Muruga: Purple	<i>Sunset: 6:03PM</i>	
		591552363 Rahu	10:28AM – 11:59AM	Bava Until 3:34PM	Nataraja: Purple	Moon 8 - Phase 22	
Routine Work	Marana Yoga			Dvadashi Until 4:43AM Sat	Moon – Purple	4th Phase	
Until 5:46PM					Bhadrapada-Puratasi	Devaloka Day	
Then Creative Work - Siddha Yoga							

4		Saturday, September 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau	Yangon, Myanmar Sun 26 Sutra 160 Vilamba 5120
Makara Rasi: 29.23	Tithi 13	Gulika	5:54AM – 7:25AM	Dhanishtha Until 8:31PM	Ganesh: Purple	<i>Sunrise: 5:54AM</i>	
		Yama	1:29PM – 3:00PM	Dhriti Until 4:58AM Sun	Muruga: Purple	<i>Sunset: 6:02PM</i>	
		591552363 Rahu	8:56AM – 10:27AM	Kaulava Until 5:49PM	Nataraja: Purple	Moon 8 - Phase 22	
Creative Work	Siddha Yoga			Trayodashi Until 6:46AM Sun	Moon – Purple	4th Phase	
Until 8:31PM					Bhadrapada-Puratasi	Devaloka Day	
Then Creative Work - Amrita Yoga							

5		Sunday, September 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 11.26	Tithi 13 – 14	Gulika	3:00PM – 4:31PM	Shatabhishak Until 10:41PM	Ganesh: Purple	<i>Sunrise: 5:55AM</i>	
		Yama	11:58AM – 1:29PM	Shula* Until 5:12AM Mon	Muruga: Purple	<i>Sunset: 6:01PM</i>	
		591552363 Rahu	4:31PM – 6:01PM	Gara Until 7:39PM	Nataraja: Purple	Moon 8 - Phase 22	
Creative Work	Siddha Yoga			Trayodashi Until 6:46AM	Moon – Purple	4th Phase	
					Bhadrapada-Puratasi	Devaloka Day	
		Chidambaram Abhishekam					
		Kadaitswami Mahasamadhi					

Monday, September 24, 2018		Copper Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Yangon, Myanmar Sutra 162 Vilamba 5120
Kumbha Rasi: 23.39	Tithi 14 – 15	Gulika	1:28PM – 2:59PM	Purvaproshtapada* Until 12:41AM Tue	Ganesh: Purple	<i>Sunrise: 5:55AM</i>	
Family Home Evening		Yama	10:27AM – 11:58AM	Ganda* Until 5:04AM Tue	Muruga: Purple	<i>Sunset: 6:01PM</i>	
		511552363 Rahu	7:25AM – 8:56AM	Visti Until 8:58PM	Nataraja: Purple	Moon 8 - Phase 22	
Routine Work	Marana Yoga			Chaturdashi* Until 8:21AM	Moon – Clear	Purnima	
Until 12:41AM Tue					Bhadrapada-Puratasi	Devaloka Day	
Then Creative Work - Amrita Yoga							

Tuesday, September 25, 2018		Silver Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Yangon, Myanmar Sutra 163 Vilamba 5120
Meena Rasi: 6.06	Tithi 15 – 16	Gulika	11:57AM – 1:28PM	Uttaraproshtapada Until 2:01AM Wed	Ganesh: Purple	<i>Sunrise: 5:55AM</i>	
		Yama	8:56AM – 10:27AM	Vriddhi Until 4:32AM Wed	Muruga: Purple	<i>Sunset: 6:00PM</i>	
		511552363 Rahu	2:59PM – 4:29PM	Balava Until 9:46PM	Nataraja: Purple	Moon 8 - Phase 22	
Creative Work	Amrita Yoga			Purnima* Until 9:25AM	Moon – Clear	Prathama	
Until 2:01AM Wed					Bhadrapada-Puratasi	Devaloka Day	
Then Routine Work - Marana Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 18.46 Tihi 16 - 17

511552363

Gulika 10:26AM - 11:57AM
Yama 7:25AM - 8:56AM
Rahu 11:57AM - 1:28PM

Revati Until 2:44AM Thu
Dhruva Until 3:36AM Thu
Taitila Until 10:05PM
Prathama* Until 9:58AM

Ganesh: Purple Sunrise: 5:55AM
Muruga: Purple Sunset: 5:59PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga
Until 2:44AM Thu
Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 1.4 Tihi 17 - 18

521552363

Gulika 8:56AM - 10:26AM
Yama 5:55AM - 7:25AM
Rahu 1:27PM - 2:57PM

Ashvini Until 3:20AM Fri
Vyaghata* Until 2:21AM Fri
Vanija Until 9:58PM
Dvitiya Until 10:03AM

Ganesh: Clear Sunrise: 5:55AM
Muruga: Purple Sunset: 5:59PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 3:20AM Fri
Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 14.47 Tihi 18 - 19

621552363

Gulika 7:25AM - 8:56AM
Yama 2:57PM - 4:27PM
Rahu 10:26AM - 11:56AM

Bharani Until 3:25AM Sat
Harshana Until 12:49AM Sat
Bava Until 9:27PM
Tritiya Until 9:44AM

Ganesh: Purple Sunrise: 5:55AM
Muruga: Purple Sunset: 5:57PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga
Until 3:25AM Sat
Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Kritika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 28.05 Tihi 19 - 20

622552363

Gulika 5:55AM - 7:25AM
Yama 1:26PM - 2:56PM
Rahu 8:56AM - 10:26AM

Krittika Until 3:02AM Sun
Vajra* Until 10:59PM
Kaulava Until 8:36PM
Chaturthi* Until 9:03AM

Ganesh: Clear Sunrise: 5:55AM
Muruga: Purple Sunset: 5:57PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 3:02AM Sun
Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 11.35 Tihi 20 - 21

632552363

Gulika 2:56PM - 4:26PM
Yama 11:56AM - 1:26PM
Rahu 4:26PM - 5:56PM

Rohini Until 2:39AM Mon
Siddhi Until 8:56PM
Gara Until 7:27PM
Panchami Until 8:03AM

Ganesh: Purple Sunrise: 5:55AM
Muruga: Purple Sunset: 5:56PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga
Until 2:39AM Mon
Then Creative Work - Amrita Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 25.14 Tihi 21 - 22

632552363

Gulika 1:25PM - 2:55PM
Yama 10:25AM - 11:55AM
Rahu 7:25AM - 8:55AM

Mrigashira Until 1:51AM Tue
Vyatipata* Until 6:39PM
Visti Until 6:01PM
Shashthi* Until 6:45AM

Ganesh: Purple Sunrise: 5:56AM
Muruga: Purple Sunset: 5:55PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 1:51AM Tue
Then Routine Work - Marana Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 9.04 Tihi 23

632552363

Gulika 11:55AM - 1:25PM
Yama 8:55AM - 10:25AM
Rahu 2:55PM - 4:24PM

Ardra Until 12:37AM Wed
Varyan Until 4:08PM
Balava Until 4:18PM
Ashtami* Until 3:19AM Wed

Ganesh: Purple Sunrise: 5:56AM
Muruga: Purple Sunset: 5:54PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga
Until 12:37AM Wed
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 23.04 Tihi 24

642552363

Gulika 10:25AM - 11:55AM
Yama 7:26AM - 8:55AM
Rahu 11:55AM - 1:24PM

Punarvasu Until 11:24PM
Parigha* Until 1:24PM
Taitila Until 2:19PM
Navami* Until 1:12AM Thu

Ganesh: Clear Sunrise: 5:56AM
Muruga: Purple Sunset: 5:54PM
Nataraja: Purple
Moon - Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Yangon, Myanmar Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 7.14	Tithi 25	Gulika	8:55AM – 10:25AM	Pushya Until 9:49PM	Ganesh: Clear	<i>Sunrise:</i> 5:56AM	
		Yama	5:56AM – 7:26AM	Shiva Until 10:28AM	Muruga: Purple	<i>Sunset:</i> 5:53PM	
		642552363 Rahu	1:24PM – 2:54PM	Vanija Until 12:05PM	Nataraja: Purple	Moon 9 - Phase 24	
Creative Work	Amrita Yoga			Dashami Until 10:51PM	Moon – Blue	Bhuloka Day	
Until 9:49PM					Bhadrapada•Puratasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Yangon, Myanmar Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 21.33	Tithi 26	Gulika	7:26AM – 8:55AM	Ashlesha* Until 7:54PM	Ganesh: Clear	<i>Sunrise:</i> 5:56AM	
		Yama	2:53PM – 4:23PM	Siddha Until 7:20AM	Muruga: Purple	<i>Sunset:</i> 5:52PM	
		642552363 Rahu	10:25AM – 11:54AM	Bava Until 9:38AM	Nataraja: Purple	Moon 9 - Phase 24	
Routine Work	Marana Yoga			Ekadashi* Until 8:19PM	Moon – Blue	Bhuloka Day	
					Bhadrapada•Puratasi	Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 5.59	Tithi 27 – 28	Gulika	5:56AM – 7:26AM	Magha* Until 6:10PM	Ganesh: White	<i>Sunrise:</i> 5:56AM	
		Yama	1:23PM – 2:53PM	Subha Until 12:48AM Sun	Muruga: Purple	<i>Sunset:</i> 5:51PM	
		642552363 Rahu	8:55AM – 10:24AM	Kaulava Until 7:02AM	Nataraja: Purple	Moon 9 - Phase 24	
Creative Work	Amrita Yoga			Dvadashi* Until 5:41PM	Moon – Red	Bhuloka Day	
Until 6:10PM					Bhadrapada•Puratasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 20.28	Tithi 28 – 29	Gulika	2:52PM – 4:21PM	Purvaphalguni Until 4:17PM	Ganesh: White	<i>Sunrise:</i> 5:56AM	
		Yama	11:53AM – 1:23PM	Sukla Until 9:31PM	Muruga: Purple	<i>Sunset:</i> 5:51PM	
		642552363 Rahu	4:21PM – 5:51PM	Visti Until 1:47AM Mon	Nataraja: Purple	Moon 9 - Phase 24	
Creative Work	Siddha Yoga			Trayodashi* Until 3:03PM	Moon – Red	Bhuloka Day	
Until 4:17PM					Bhadrapada•Puratasi		
Then Creative Work - Amrita Yoga							

		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau	Yangon, Myanmar Sun 12 Sutra 176 Vilamba 5120
Retreat Star		Gulika	1:22PM – 2:51PM	Uttaraphalguni Until 2:23PM	Ganesh: White	<i>Sunrise:</i> 5:57AM	
Kanya Rasi: 4.53	Tithi 29 – 30	Yama	10:24AM – 11:53AM	Brahma Until 6:22PM	Muruga: Purple	<i>Sunset:</i> 5:50PM	
Family Home Evening		642552364 Rahu	7:26AM – 8:55AM	Sakuni Until 12:32PM	Nataraja: Clear	Moon 9 - Phase 24	
Creative Work	Siddha Yoga			Chaturdashi* Until 12:32PM	Moon – Red	Bhuloka Day	
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada•Puratasi	Devaloka Time: 6:PM to 9:PM	

Tuesday, October 9, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Yangon, Myanmar Sun 13 Sutra 177 Vilamba 5120
Kanya Rasi: 19.1	Tithi 30 – 1	Gulika	11:53AM – 1:22PM	Hasta Until 1:02PM	Ganesh: Red	<i>Sunrise:</i> 5:57AM	
		Yama	8:55AM – 10:24AM	Indra Until 3:29PM	Muruga: Purple	<i>Sunset:</i> 5:49PM	
		662652364 Rahu	2:51PM – 4:20PM	Kintughna Until 9:18PM	Nataraja: Clear	Moon 9 - Phase 24	
Creative Work	Siddha Yoga			Amavasya* Until 10:16AM	Moon – Green	Devaloka Day	
		Navaratri Begins			Ashvina•Puratasi		

1		Wednesday, October 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 3.13	Titthi 1 – 2	Gulika	10:24AM – 11:53AM	Chitra Until 11:58AM	Ganesh: Red	<i>Sunrise:</i> 5:57AM			
		Yama	7:26AM – 8:55AM	Vaidhriti* Until 12:55PM	Muruga: Purple	<i>Sunset:</i> 5:48PM			Moon 9 - Phase 25
		662652364 Rahu	11:53AM – 1:22PM	Balava Until 7:42PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga			Prathama* Until 8:24AM	Moon – Green			Devaloka Day	
					Ashvina•Puratasi				

2		Thursday, October 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Yangon, Myanmar Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 16.55	Titthi 2 – 3	Gulika	8:55AM – 10:24AM	Svati Until 11:19AM	Ganesh: Red	<i>Sunrise:</i> 5:57AM			
		Yama	5:57AM – 7:26AM	Vishkambha* Until 10:49AM	Muruga: Purple	<i>Sunset:</i> 5:48PM			Moon 9 - Phase 25
		662652364 Rahu	1:21PM – 2:50PM	Taitila Until 6:42PM	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga			Dvitiya Until 7:06AM	Moon – Green			Devaloka Day	
Until 11:19AM					Ashvina•Puratasi				
Then Creative Work - Siddha Yoga									

3		Friday, October 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Yangon, Myanmar Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 0.15	Titthi 3 – 4	Gulika	7:26AM – 8:55AM	Vishakha Until 11:38AM	Ganesh: White	<i>Sunrise:</i> 5:57AM			
		Yama	2:50PM – 4:18PM	Priti Until 9:17AM	Muruga: Purple	<i>Sunset:</i> 5:47PM			Moon 9 - Phase 25
		673652364 Rahu	10:23AM – 11:52AM	Vanija Until 6:26PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 6:27AM	Moon – Orange			Bhuloka Day	
					Ashvina•Puratasi			Devaloka Time: 6:PM to 9:PM	

4		Saturday, October 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Yangon, Myanmar Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 13.11	Titthi 4 – 5	Gulika	5:58AM – 7:26AM	Anuradha Until 12:33PM	Ganesh: White	<i>Sunrise:</i> 5:58AM			
		Yama	1:20PM – 2:49PM	Ayushman Until 8:19AM	Muruga: Purple	<i>Sunset:</i> 5:46PM			Moon 9 - Phase 25
		673652364 Rahu	8:55AM – 10:23AM	Bava Until 6:57PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 6:34AM	Moon – Orange			Bhuloka Day	
					Ashvina•Puratasi			Devaloka Time: 6:PM to 9:PM	

5		Sunday, October 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Yangon, Myanmar Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 25.46	Titthi 5 – 6	Gulika	2:49PM – 4:17PM	Jyeshtha* Until 2:03PM	Ganesh: White	<i>Sunrise:</i> 5:58AM			
		Yama	11:52AM – 1:20PM	Saubhagya Until 7:58AM	Muruga: Purple	<i>Sunset:</i> 5:46PM			Moon 9 - Phase 25
		673652364 Rahu	4:17PM – 5:46PM	Kaulava Until 8:13PM	Nataraja: Clear				3rd Phase
Routine Work	Marana Yoga			Panchami Until 7:28AM	Moon – Orange			Bhuloka Day	
Until 2:03PM					Ashvina•Puratasi			Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga									

6		Monday, October 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Yangon, Myanmar Sun 19 Sutra 183 Vilamba 5120	
Dhanus Rasi: 8.01	Titthi 6 – 7	Gulika	1:20PM – 2:48PM	Mula* Until 4:33PM	Ganesh: Clear	<i>Sunrise:</i> 5:58AM			
Family Home Evening		Yama	10:23AM – 11:51AM	Sobhana Until 8:11AM	Muruga: Purple	<i>Sunset:</i> 5:45PM			Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364 Rahu	7:26AM – 8:55AM	Gara Until 10:10PM	Nataraja: Clear				3rd Phase
Until 4:33PM				Shashthi* Until 9:06AM	Moon – Light Blue			Devaloka Day	
Then Routine Work - Marana Yoga					Ashvina•Puratasi				

Retreat Star		Tuesday, October 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 20 Sutra 184 Vilamba 5120	
Dhanus Rasi: 20.01	Titthi 7 – 8	Gulika	11:51AM – 1:19PM	Purvashadha* Until 7:24PM	Ganesh: Clear	<i>Sunrise:</i> 5:58AM			
		Yama	8:55AM – 10:23AM	Athiganda* Until 8:49AM	Muruga: Purple	<i>Sunset:</i> 5:44PM			Moon 9 - Phase 25
		683652364 Rahu	2:48PM – 4:16PM	Visti Until 12:35AM Wed	Nataraja: Clear				Ashtami
Creative Work	Siddha Yoga			Saptami Until 11:19AM	Moon – Light Blue			Devaloka Day	
Until 7:24PM					Ashvina•Puratasi				
Then Routine Work - Prabalarishta Yoga		Durga Ashtami							

Retreat Star		Wednesday, October 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Yangon, Myanmar Sun 21 Sutra 185 Vilamba 5120	
Makara Rasi: 1.53	Titthi 8 – 9	Gulika	10:23AM – 11:51AM	Uttarashadha Until 10:19PM	Ganesh: Clear	<i>Sunrise:</i> 5:58AM			
		Yama	7:27AM – 8:55AM	Sukarma Until 9:45AM	Muruga: Purple	<i>Sunset:</i> 5:44PM			Moon 9 - Phase 25
		683652364 Rahu	11:51AM – 1:19PM	Balava Until 3:14AM Thu	Nataraja: Clear				Navami
Creative Work	Amrita Yoga			Ashtami* Until 1:53PM	Moon – Light Blue			Devaloka Day	
Until 10:19PM		Saraswathi Puja (Tamil Nadu)			Ashvina•Aipasi				
Then Creative Work - Siddha Yoga									

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1 Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar Sun 22 Sutra 186 Vilamba 5120
Makara Rasi: 13.41	Tithi 9 – 10	Gulika 8:55AM – 10:23AM	Shravana Until 1:35AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	
		Yama 5:59AM – 7:27AM	Dhriti Until 10:47AM	Muruga: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 26
	693652364	Rahu 1:19PM – 2:47PM	Taitila Until 5:50AM Fri	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Navami* Until 4:32PM	Moon – Purple		
		Vijaya Dasami		Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM

2 Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 23 Sutra 187 Vilamba 5120
Makara Rasi: 25.3	Tithi 10	Gulika 7:27AM – 8:55AM	Dhanishtha Until 4:25AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	
		Yama 2:46PM – 4:14PM	Shula* Until 11:42AM	Muruga: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 26
	693652364	Rahu 10:23AM – 11:51AM	Gara Until 7:00PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:00PM	Moon – Purple		
Until 4:25AM Sat				Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

3 Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 188 Vilamba 5120
Kumbha Rasi: 7.27	Tithi 11	Gulika 5:59AM – 7:27AM	Shatabhishak Until 6:39AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	
		Yama 1:18PM – 2:46PM	Ganda* Until 12:22PM	Muruga: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 26
	693652364	Rahu 8:55AM – 10:23AM	Vanija Until 8:07AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 9:04PM	Moon – Purple		
Until 6:39AM Sun				Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

4 Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 189 Vilamba 5120
Kumbha Rasi: 19.34	Tithi 12	Gulika 2:46PM – 4:13PM	Shatabhishak Until 6:39AM	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	
		Yama 11:50AM – 1:18PM	Vridhi Until 12:39PM	Muruga: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 26
	693652364	Rahu 4:13PM – 5:41PM	Bava Until 9:55AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:34PM	Moon – Purple		
				Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM

5 Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 190 Vilamba 5120
Meena Rasi: 1.57	Tithi 13	Gulika 1:18PM – 2:45PM	Purvaprosarthapada* Until 8:37AM	Ganesha: White	<i>Sunrise:</i> 6:00AM	
Family Home Evening		Yama 10:22AM – 11:50AM	Dhruva Until 12:26PM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 26
	613652364	Rahu 7:27AM – 8:55AM	Kaulava Until 11:06AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 11:26PM	Moon – Clear		
Until 8:37AM				Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

6 Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 191 Vilamba 5120
Meena Rasi: 14.37	Tithi 14	Gulika 11:50AM – 1:17PM	Uttarproshthapada Until 9:49AM	Ganesha: White	<i>Sunrise:</i> 6:00AM	
		Yama 8:55AM – 10:22AM	Vyaghata* Until 11:44AM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 26
	613652364	Rahu 2:45PM – 4:12PM	Gara Until 11:38AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 11:39PM	Moon – Clear		
Until 9:49AM				Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 192 Vilamba 5120
Copper Retreat Star		Gulika 10:22AM – 11:50AM	Revati Until 10:14AM	Ganesha: White	<i>Sunrise:</i> 6:00AM	
Meena Rasi: 27.35	Tithi 15	Yama 7:28AM – 8:55AM	Harshana Until 10:33AM	Muruga: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 26
	613652364	Rahu 11:50AM – 1:17PM	Visti Until 11:34AM	Nataraja: Clear		Purnima
Routine Work	Marana Yoga		Purnima* Until 11:17PM	Moon – Clear		
				Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM

Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sutra 193 Vilamba 5120
Silver Retreat Star		Gulika 8:55AM – 10:22AM	Ashvini Until 10:26AM	Ganesha: Clear	<i>Sunrise:</i> 6:01AM	
Mesha Rasi: 10.5	Tithi 16	Yama 6:01AM – 7:28AM	Vajra* Until 8:55AM	Muruga: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 26
	623652364	Rahu 1:17PM – 2:44PM	Balava Until 10:56AM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 10:26PM	Moon – White		
Until 10:26AM				Ashvina-Aipasi		Devaloka Day
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Taitila/Vanija Karana Dvitiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mesha Rasi: 24.22 Tihi 17

624652364

Gulika 7:28AM – 8:55AM
Yama 2:44PM – 4:11PM
Rahu 10:22AM – 11:50AM

Bharani Until 10:02AM
Siddhi Until 10:02AM
Taitila Until 9:51AM
Dvitiya Until 9:10PM

Ganesha: White *Sunrise:* 6:01AM
Muruga: Purple *Sunset:* 5:38PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Vrishabha Rasi: 8.05 Tihi 18

624652364

Gulika 6:01AM – 7:28AM
Yama 1:17PM – 2:44PM
Rahu 8:55AM – 10:22AM

Krittika Until 9:10AM
Variyan Until 2:12AM Sun
Vanija Until 8:26AM
Tritiya Until 7:37PM

Ganesha: White *Sunrise:* 6:01AM
Muruga: Purple *Sunset:* 5:38PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Vrishabha Rasi: 21.58 Tihi 19 – 20

634652364

Gulika 2:43PM – 4:10PM
Yama 11:49AM – 1:16PM
Rahu 4:10PM – 5:37PM

Rohini Until 4:01PM Mon
Parigha* Until 11:36PM
Bava Until 6:47AM
Chaturthi* Until 5:53PM

Ganesha: Clear *Sunrise:* 6:01AM
Muruga: Purple *Sunset:* 5:37PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Ardra Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mithuna Rasi: 5.56 Tihi 20 – 21

634652364

Family Home Evening

Gulika 1:16PM – 2:43PM
Yama 10:22AM – 11:49AM
Rahu 7:29AM – 8:56AM

Rohini Until 4:01PM
Shiva Until 8:55PM
Gara Until 3:05AM Tue
Panchami Until 4:01PM

Ganesha: Clear *Sunrise:* 6:02AM
Muruga: Purple *Sunset:* 5:37PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Until 4:01PM
Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mithuna Rasi: 19.58 Tihi 21 – 22

634652364

Gulika 11:49AM – 1:16PM
Yama 8:56AM – 10:22AM
Rahu 2:43PM – 4:10PM

Punarvasu Until 4:47AM Wed
Siddha Until 6:10PM
Visti Until 1:08AM Wed
Shashthi* Until 2:06PM

Ganesha: Clear *Sunrise:* 6:02AM
Muruga: Purple *Sunset:* 5:36PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27
Ashtami

Kataka Rasi: 4.02 Tihi 22 – 23

644662364

Gulika 10:22AM – 11:49AM
Yama 7:29AM – 8:56AM
Rahu 11:49AM – 1:16PM

Pushya Until 3:31AM Thu
Sadhya Until 3:25PM
Balava Until 11:10PM
Saptami Until 12:08PM

Ganesha: Purple *Sunrise:* 6:02AM
Muruga: Clear *Sunset:* 5:36PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27
Navami

Kataka Rasi: 18.07 Tihi 23 – 24

644662364

Gulika 8:56AM – 10:23AM
Yama 6:03AM – 7:29AM
Rahu 1:16PM – 2:42PM

Ashlesha* Until 2:06AM Fri
Subha Until 12:39PM
Taitila Until 9:11PM
Ashtami* Until 10:09AM

Ganesha: Purple *Sunrise:* 6:03AM
Muruga: Clear *Sunset:* 5:35PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:06AM Fri
Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Yangon, Myanmar Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 2.11	Tithi 24 – 25	Gulika 7:30AM – 8:56AM Yama 2:42PM – 4:09PM 654662364 Rahu 10:23AM – 11:49AM	Magha* Until 12:59AM Sat Sukla Until 9:51AM Vanija Until 7:12PM Navami* Until 8:10AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Red Ashvina•Aipasi	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 5:35PM	Moon 10 - Phase 28 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 12:59AM Sat Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 16.16	Tithi 25 – 26	Gulika 6:04AM – 7:30AM Yama 1:15PM – 2:42PM 654762364 Rahu 8:56AM – 10:23AM	Purvaphalguni Until 11:44PM Brahma Until 7:04AM Balava Until 4:16AM Sun Dashami Until 6:12AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Red Ashvina•Aipasi	<i>Sunrise:</i> 6:04AM <i>Sunset:</i> 5:35PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 11:44PM Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Yangon, Myanmar Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 0.19	Tithi 27	Gulika 2:42PM – 4:08PM Yama 11:49AM – 1:15PM 654762364 Rahu 4:08PM – 5:34PM	Uttaraphalguni Until 10:27PM Vaidhriti* Until 1:41AM Mon Kaulava Until 3:22PM Dvadashi* Until 2:27AM Mon	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Red Ashvina•Aipasi	<i>Sunrise:</i> 6:04AM <i>Sunset:</i> 5:34PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Amrita Yoga						

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 14.17	Tithi 28	Gulika 1:15PM – 2:41PM Yama 10:23AM – 11:49AM 664762364 Rahu 7:31AM – 8:57AM	Hasta Until 9:37PM Vishkambha* Until 11:10PM Gara Until 1:37PM Trayodashi* Until 12:49AM Tue	Ganesha: Green Muruga: Clear Nataraja: Clear Moon – Green Ashvina•Aipasi	<i>Sunrise:</i> 6:04AM <i>Sunset:</i> 5:34PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 9:37PM Then Routine Work - Prabalarishta Yoga <i>Pradosha Vrata (Fasting)</i>						

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar Sun 12 Sutra 205 Vilamba 5120
Kanya Rasi: 28.08	Tithi 29	Gulika 11:49AM – 1:15PM Yama 8:57AM – 10:23AM 664762364 Rahu 2:41PM – 4:07PM	Chitra Until 8:54PM Priti Until 8:54PM Visti Until 12:07PM Chaturdashi* Until 11:28PM	Ganesha: Green Muruga: Clear Nataraja: Clear Moon – Green Ashvina•Aipasi	<i>Sunrise:</i> 6:05AM <i>Sunset:</i> 5:33PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Siddha Yoga Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day						

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar Sun 13 Sutra 206 Vilamba 5120
Retreat Star		Gulika 10:23AM – 11:49AM Yama 7:31AM – 8:57AM 764762364 Rahu 11:49AM – 1:15PM	Svati Until 8:26PM Ayushman Until 6:55PM Catuspada Until 10:58AM Amavasya* Until 10:32PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Green Ashvina•Aipasi	<i>Sunrise:</i> 6:05AM <i>Sunset:</i> 5:33PM	Moon 10 - Phase 28 Amavasya Devaloka Day
Tula Rasi: 11.48 Tithi 30 Creative Work Siddha Yoga						

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar Sun 14 Sutra 207 Vilamba 5120
Retreat Star		Gulika 8:57AM – 10:23AM Yama 6:06AM – 7:32AM 775762364 Rahu 1:15PM – 2:41PM	Vishakha Until 8:46PM Saubhagya Until 5:20PM Kintughna Until 10:16AM Prathama* Until 10:07PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Orange Karttika•Aipasi	<i>Sunrise:</i> 6:06AM <i>Sunset:</i> 5:33PM	Moon 10 - Phase 28 Prathama Sivaloka Day
Tula Rasi: 25.13 Tithi 1 Creative Work Siddha Yoga Skanda Shasthi Begins						

1		Friday, November 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Yangon, Myanmar Sun 15 Sutra 208 Vilamba 5120
Vrischika Rasi: 8.2	Tithi 2	Gulika	7:32AM – 8:58AM	Anuradha Until 9:32PM	Ganesh: Orange	<i>Sunrise:</i> 6:06AM	
		Yama	2:41PM – 4:07PM	Sobhana Until 4:15PM	Muruga: Clear	<i>Sunset:</i> 5:33PM	Moon 10 - Phase 29
		Rahu	10:24AM – 11:49AM	Balava Until 10:09AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Dvitiya Until 10:19PM	Moon – Orange		Sivaloka Day
Until 9:32PM					Karttika-Aipasi		
Then Routine Work - Marana Yoga							

2		Saturday, November 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau	Yangon, Myanmar Sun 16 Sutra 209 Vilamba 5120
Vrischika Rasi: 21.08	Tithi 3	Gulika	6:07AM – 7:32AM	Jyeshtha* Until 10:48PM	Ganesh: Orange	<i>Sunrise:</i> 6:07AM	
		Yama	1:15PM – 2:41PM	Athiganda* Until 3:38PM	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 29
		Rahu	8:58AM – 10:24AM	Taitila Until 10:42AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 11:12PM	Moon – Orange		Sivaloka Day
					Karttika-Aipasi		

3		Sunday, November 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Yangon, Myanmar Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 3.37	Tithi 4	Gulika	2:41PM – 4:06PM	Mula* Until 1:01AM Mon	Ganesh: Clear	<i>Sunrise:</i> 6:07AM	
		Yama	11:50AM – 1:15PM	Sukarma Until 3:33PM	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 29
		Rahu	4:06PM – 5:32PM	Vanija Until 11:55AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Chaturthi* Until 12:45AM Mon	Moon – Light Blue		Sivaloka Day
Until 1:01AM Mon					Karttika-Aipasi		
Then Routine Work - Marana Yoga							

4		Monday, November 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Yangon, Myanmar Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 15.5	Tithi 5	Gulika	1:15PM – 2:41PM	Purvashadha* Until 3:38AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:07AM	
Family Home Evening		Yama	10:24AM – 11:50AM	Dhriti Until 3:58PM	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 29
Routine Work	Marana Yoga	Rahu	7:33AM – 8:59AM	Bava Until 1:47PM	Nataraja: Clear		3rd Phase
Until 3:38AM Tue				Panchami Until 2:53AM Tue	Moon – Light Blue		Sivaloka Day
Then Routine Work - Prabalarishta Yoga					Karttika-Aipasi		

5		Tuesday, November 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Yangon, Myanmar Sun 19 Sutra 212 Vilamba 5120
Dhanus Rasi: 27.5	Tithi 6	Gulika	11:50AM – 1:15PM	Uttarashadha Until 6:28AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:08AM	
		Yama	8:59AM – 10:24AM	Shula* Until 4:42PM	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 29
		Rahu	2:41PM – 4:06PM	Kaulava Until 4:08PM	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga			Shashthi* Until 5:25AM Wed	Moon – Light Blue		Sivaloka Day
Until 6:28AM Wed		Skanda Shasthi			Karttika-Aipasi		
Then Creative Work - Siddha Yoga							

6		Wednesday, November 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhdi Yoga Gara Karana Saptamyam Titau	Yangon, Myanmar Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 9.41	Tithi 7	Gulika	10:25AM – 11:50AM	Uttarashadha Until 6:28AM	Ganesh: Clear	<i>Sunrise:</i> 6:08AM	
		Yama	7:34AM – 8:59AM	Ganda* Until 5:40PM	Muruga: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 29
		Rahu	11:50AM – 1:15PM	Gara Until 6:48PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Saptami Until 8:08AM Thu	Moon – Light Blue		Sivaloka Day
Until 6:28AM					Karttika-Aipasi		
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, November 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhdi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Yangon, Myanmar Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 21.28	Tithi 7 – 8	Gulika	8:59AM – 10:25AM	Shravana Until 9:46AM	Ganesh: Purple	<i>Sunrise:</i> 6:09AM	
		Yama	6:09AM – 7:34AM	Vridhdi Until 6:40PM	Muruga: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 29
		Rahu	1:15PM – 2:41PM	Visti Until 9:29PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga			Saptami Until 8:08AM	Moon – Purple		Subha Sivaloka Day
					Karttika-Aipasi		

Retreat Star		Friday, November 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Yangon, Myanmar Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 3.17	Tithi 8 – 9	Gulika	7:35AM – 9:00AM	Dhanishtha Until 12:48PM	Ganesh: Purple	<i>Sunrise:</i> 6:09AM	
		Yama	2:41PM – 4:06PM	Dhruva Until 7:29PM	Muruga: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 29
		Rahu	10:25AM – 11:50AM	Balava Until 11:55PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga			Ashtami* Until 10:43AM	Moon – Purple		Subha Sivaloka Day
					Karttika-Kartikai		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau				Yangon, Myanmar
	Kumbha Rasi: 15.14	Tithi 9 – 10	Gulika 6:10AM – 7:35AM Yama 1:16PM – 2:41PM Rahu 9:00AM – 10:25AM	Shatabhishak Until 3:17PM Vyaghata* Until 7:59PM Tailila Until 1:53AM Sun Navami* Until 12:57PM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Purple	<i>Sunrise:</i> 6:10AM <i>Sunset:</i> 5:31PM	Sun 23 Sutra 216 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Amrita Yoga Until 3:17PM Then Routine Work - Marana Yoga						Devaloka Day	

2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 27.23	Tithi 10 – 11	Gulika 2:41PM – 4:06PM Yama 11:51AM – 1:16PM Rahu 4:06PM – 5:31PM	Purvaproshtapada* Until 5:32PM Harshana Until 8:02PM Vanija Until 3:11AM Mon Dashami Until 2:36PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:10AM <i>Sunset:</i> 5:31PM	Sun 24 Sutra 217 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga Until 5:32PM Then Creative Work - Amrita Yoga						Devaloka Day	

3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Meena Rasi: 9.49	Tithi 11 – 12	Gulika 1:16PM – 2:41PM Yama 10:26AM – 11:51AM Rahu 7:36AM – 9:01AM	Uttaraproshtapada Until 6:55PM Vajra* Until 7:30PM Bava Until 3:45AM Tue Ekadashi Until 3:32PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:11AM <i>Sunset:</i> 5:31PM	Sun 25 Sutra 218 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga						Devaloka Day	

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar
	Meena Rasi: 22.35	Tithi 12 – 13	Gulika 11:51AM – 1:16PM Yama 9:01AM – 10:26AM Rahu 2:41PM – 4:06PM	Revati Until 7:26PM Siddhi Until 6:23PM Kaulava Until 3:33AM Wed Dvadashi Until 3:43PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:11AM <i>Sunset:</i> 5:31PM	Sun 26 Sutra 219 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga						Devaloka Day	
<i>Pradosha Vrata</i>							

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar
	Mesha Rasi: 5.44	Tithi 13 – 14	Gulika 10:26AM – 11:51AM Yama 7:37AM – 9:02AM Rahu 11:51AM – 1:16PM	Ashvini Until 7:33PM Vyatipata* Until 4:43PM Gara Until 2:40AM Thu Trayodashi Until 3:10PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	<i>Sunrise:</i> 6:12AM <i>Sunset:</i> 5:31PM	Sun 27 Sutra 220 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Routine Work Marana Yoga Until 7:33PM Then Creative Work - Siddha Yoga						Bhuloka Day Devaloka Time: 12:PM to 3:PM	

○	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar
	Mesha Rasi: 19.15	Tithi 14 – 15	Gulika 9:02AM – 10:27AM Yama 6:13AM – 7:37AM Rahu 1:16PM – 2:41PM	Bharani Until 6:53PM Variyan Until 2:31PM Visti Until 1:10AM Fri Chaturdashi* Until 1:58PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	<i>Sunrise:</i> 6:13AM <i>Sunset:</i> 5:31PM	Sun 27 Sutra 221 Vilamba 5120 Moon 10 - Phase 30 Purnima
Creative Work Siddha Yoga Until 6:53PM Then Routine Work - Marana Yoga						Bhuloka Day Devaloka Time: 12:PM to 3:PM	

○	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar
	Vrishabha Rasi: 3.07	Tithi 15 – 16	Gulika 7:38AM – 9:02AM Yama 2:41PM – 4:06PM Rahu 10:27AM – 11:52AM	Krittika Until 5:35PM Parigha* Until 11:55AM Balava Until 11:12PM Purnima* Until 12:13PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	<i>Sunrise:</i> 6:13AM <i>Sunset:</i> 5:31PM	Sun 22 Sutra 222 Vilamba 5120 Moon 10 - Phase 30 Prathama
Creative Work Siddha Yoga Until 5:35PM Then Routine Work - Marana Yoga		Krittika Deepam Vinayaga Viratam Begins				Bhuloka Day Devaloka Time: 12:PM to 3:PM	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 17.15 Tihi 16 - 17

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Gulika 6:14AM - 7:38AM

Yama 1:17PM - 2:41PM

Rahu 9:03AM - 10:27AM

Rohini Until 4:12PM

Shiva Until 8:59AM

Tailila Until 8:55PM

Prathama* Until 10:04AM

Ganesha: Red

Sunrise: 6:14AM

Muruga: Clear

Sunset: 5:31PM

Nataraja: White

Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 4:12PM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 1.35 Tihi 17 - 18

737762365

Gulika 2:41PM - 4:06PM

Yama 11:52AM - 1:17PM

Rahu 4:06PM - 5:31PM

Mrigashira Until 2:26PM

Sadhya Until 2:32AM Mon

Vanija Until 6:25PM

Dvitiya Until 7:40AM

Ganesha: Red

Sunrise: 6:14AM

Muruga: Clear

Sunset: 5:31PM

Nataraja: White

Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 16.01 Tihi 19

737762365

Gulika 1:17PM - 2:42PM

Yama 10:28AM - 11:53AM

Rahu 7:39AM - 9:04AM

Ardra Until 12:27PM

Subha Until 11:15PM

Bava Until 3:51PM

Chaturthi* Until 2:34AM Tue

Ganesha: Red

Sunrise: 6:15AM

Muruga: Clear

Sunset: 5:31PM

Nataraja: White

Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 12:27PM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 0.28 Tihi 20

747762365

Gulika 11:53AM - 1:17PM

Yama 9:04AM - 10:29AM

Rahu 2:42PM - 4:06PM

Punarvasu Until 10:46AM

Sukla Until 8:00PM

Kaulava Until 1:20PM

Panchami Until 12:06AM Wed

Ganesha: Green

Sunrise: 6:15AM

Muruga: Clear

Sunset: 5:31PM

Nataraja: White

Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 14.5 Tihi 21

747862365

Gulika 10:29AM - 11:53AM

Yama 7:40AM - 9:05AM

Rahu 11:53AM - 1:18PM

Pushya Until 9:04AM

Brahma Until 4:53PM

Gara Until 10:56AM

Shashthi* Until 9:47PM

Ganesha: White

Sunrise: 6:16AM

Muruga: Clear

Sunset: 5:31PM

Nataraja: White

Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 29.04 Tihi 22

747863365

Gulika 9:05AM - 10:29AM

Yama 6:16AM - 7:41AM

Rahu 1:18PM - 2:42PM

Ashlesha* Until 7:25AM

Indra Until 1:57PM

Visti Until 8:44AM

Saptami Until 7:42PM

Ganesha: White

Sunrise: 6:16AM

Muruga: Purple

Sunset: 5:31PM

Nataraja: White

Moon - Blue
Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

Until 7:25AM

Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Tailila Karana Ashtami/Navamyam Titau

Yangon, Myanmar

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 13.1 Tihi 23 - 24

757863365

Gulika 7:41AM - 9:06AM

Yama 2:43PM - 4:07PM

Rahu 10:30AM - 11:54AM

Magha* Until 6:16AM

Vaidhriti* Until 11:11AM

Balava Until 6:47AM

Ashtami* Until 5:52PM

Ganesha: Clear

Sunrise: 6:17AM

Muruga: Purple

Sunset: 5:31PM

Nataraja: White

Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 6:16AM

Then Creative Work - Siddha Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 27.05 Tihi 24 - 25

758863365

Gulika 6:18AM - 7:42AM

Yama 1:19PM - 2:43PM

Rahu 9:06AM - 10:30AM

Uttaraphalguni Until 4:20AM Sun

Vishkambha* Until 8:38AM

Vanija Until 3:39AM Sun

Navami* Until 4:19PM

Ganesha: Orange

Sunrise: 6:18AM

Muruga: Purple

Sunset: 5:31PM

Nataraja: White

Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 4:20AM Sun


Then Creative Work - Amrita Yoga


1	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 10.51	Tithi 25 – 26	Gulika 2:43PM – 4:07PM	Hasta Until 4:00AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:18AM		
			Yama 11:55AM – 1:19PM	Priti Until 6:20AM	Muruga: Purple <i>Sunset:</i> 5:31PM		Moon 11 - Phase 32 2nd Phase
			768863365 Rahu 4:07PM – 5:31PM	Bava Until 2:31AM Mon Dashami Until 3:01PM	Nataraja: White Moon – Green	Karttika-Karttikai	Bhuloka Day
Creative Work Amrita Yoga Until 4:00AM Mon Then Routine Work - Prabalarishta Yoga							

2	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 9 Sutra 232 Vilamba 5120
	Kanya Rasi: 24.26	Tithi 26 – 27	Gulika 1:19PM – 2:43PM	Chitra Until 3:50AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM		
			Yama 10:31AM – 11:55AM	Saubhagya Until 2:22AM Tue	Muruga: Purple <i>Sunset:</i> 5:32PM		Moon 11 - Phase 32 2nd Phase
			768863365 Rahu 7:43AM – 9:07AM	Kaulava Until 1:41AM Tue Ekadashi* Until 2:02PM	Nataraja: White Moon – Green	Karttika-Karttikai	Bhuloka Day
Routine Work Prabalarishta Yoga Until 3:50AM Tue Then Creative Work - Siddha Yoga							

3	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 7.52	Tithi 27 – 28	Gulika 11:56AM – 1:20PM	Svati Until 3:51AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM		
			Yama 9:07AM – 10:32AM	Sobhana Until 12:47AM Wed	Muruga: Purple <i>Sunset:</i> 5:32PM		Moon 11 - Phase 32 2nd Phase
			768863365 Rahu 2:44PM – 4:08PM	Gara Until 1:11AM Wed Dvadashi* Until 1:22PM	Nataraja: White Moon – Green	Karttika-Karttikai	Bhuloka Day
Creative Work Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

4	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 21.05	Tithi 28 – 29	Gulika 10:32AM – 11:56AM	Vishakha Until 4:33AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:20AM		
			Yama 7:44AM – 9:08AM	Athiganda* Until 11:30PM	Muruga: Purple <i>Sunset:</i> 5:32PM		Moon 11 - Phase 32 2nd Phase
			778863365 Rahu 11:56AM – 1:20PM	Visti Until 1:06AM Thu Trayodashi* Until 1:04PM	Nataraja: White Moon – Orange	Karttika-Karttikai	Bhuloka Day
Creative Work Siddha Yoga							

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Yangon, Myanmar Sun 12 Sutra 235 Vilamba 5120
	Retreat Star		Gulika 9:08AM – 10:32AM	Anuradha Until 5:34AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:21AM		
	Vrischika Rasi: 4.06	Tithi 29 – 30	Yama 6:21AM – 7:45AM	Sukarma Until 10:34PM	Muruga: Purple <i>Sunset:</i> 5:32PM		Moon 11 - Phase 32 Amavasya
			778863365 Rahu 1:20PM – 2:44PM	Catuspada Until 1:29AM Fri Chaturdashi* Until 1:12PM	Nataraja: White Moon – Orange	Karttika-Karttikai	Bhuloka Day
Creative Work Siddha Yoga Until 5:34AM Fri Then Routine Work - Marana Yoga							

	Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 13 Sutra 236 Vilamba 5120
	Retreat Star		Gulika 7:45AM – 9:09AM	Jyeshtha* Until 6:55AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:21AM		
	Vrischika Rasi: 16.53	Tithi 30 – 1	Yama 2:45PM – 4:09PM	Dhriti Until 10:03PM	Muruga: Purple <i>Sunset:</i> 5:32PM		Moon 11 - Phase 32 Prathama
			779863365 Rahu 10:33AM – 11:57AM	Kintughna Until 2:22AM Sat Amavasya* Until 1:50PM	Nataraja: White Moon – Orange	Margasira-Karttikai	Bhuloka Day
Routine Work Marana Yoga Until 6:55AM Sat Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 14 Sutra 237
	Vrischika Rasi: 29.26	Tithi 1 – 2	Gulika 6:22AM – 7:46AM Yama 1:21PM – 2:45PM 799863365 Rahu 9:10AM – 10:33AM	Jyeshtha* Until 6:55AM Shula* Until 9:54PM Balava Until 3:48AM Sun Prathama* Until 2:59PM	Ganesh: Light Blue <i>Sunrise: 6:22AM</i> Muruga: Purple <i>Sunset: 5:33PM</i> Nataraja: White Moon – Orange Margasira-Karttikai	Bhuloka Day	Vilamba 5120 Moon 11 - Phase 33 3rd Phase
	Creative Work	Siddha Yoga					

2	Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava Karana Dvitiya/Tritiyayam Titau				Yangon, Myanmar Sun 15 Sutra 238
	Dhanus Rasi: 11.44	Tithi 2 – 3	Gulika 2:45PM – 4:09PM Yama 11:58AM – 1:22PM 789863365 Rahu 4:09PM – 5:33PM	Mula* Until 9:06AM Ganda* Until 10:11PM Kaulava Until 4:41PM Dvitiya Until 4:41PM	Ganesh: Purple <i>Sunrise: 6:22AM</i> Muruga: Purple <i>Sunset: 5:33PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day	Vilamba 5120 Moon 11 - Phase 33 3rd Phase
	Creative Work	Amrita Yoga					
	Until 9:06AM						
	Then Creative Work - Siddha Yoga						

3	Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara Karana Tritiyayam Titau				Yangon, Myanmar Sun 16 Sutra 239
	Dhanus Rasi: 23.51	Tithi 3	Gulika 1:22PM – 2:46PM Yama 10:34AM – 11:58AM 789863365 Rahu 7:47AM – 9:11AM	Purvashadha* Until 11:37AM Vriddhi Until 10:48PM Gara Until 6:52PM Tritiya Until 6:52PM	Ganesh: Purple <i>Sunrise: 6:23AM</i> Muruga: Purple <i>Sunset: 5:33PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day	Vilamba 5120 Moon 11 - Phase 33 3rd Phase
	Family Home Evening						
	Routine Work	Marana Yoga					

4	Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Visli* Karana Chaturthyam Titau				Yangon, Myanmar Sun 17 Sutra 240
	Makara Rasi: 5.47	Tithi 4	Gulika 11:59AM – 1:22PM Yama 9:11AM – 10:35AM 789863365 Rahu 2:46PM – 4:10PM	Uttarashadha Until 2:21PM Dhruva Until 11:40PM Vanija Until 8:08AM Chaturthi* Until 9:25PM	Ganesh: Purple <i>Sunrise: 6:23AM</i> Muruga: Purple <i>Sunset: 5:34PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day	Vilamba 5120 Moon 11 - Phase 33 3rd Phase
	Routine Work	Prabalarishta Yoga					
	Until 2:21PM						
	Then Creative Work - Siddha Yoga						

5	Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 241
	Makara Rasi: 17.37	Tithi 5	Gulika 10:35AM – 11:59AM Yama 7:48AM – 9:12AM 799863365 Rahu 11:59AM – 1:23PM	Shravana Until 5:38PM Vyaghata* Until 12:40AM Thu Bava Until 10:48AM Panchami Until 12:10AM Thu	Ganesh: Clear <i>Sunrise: 6:24AM</i> Muruga: Purple <i>Sunset: 5:34PM</i> Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day	Vilamba 5120 Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM
	Creative Work	Siddha Yoga					
	Until 5:38PM						
	Then Routine Work - Prabalarishta Yoga						

6	Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Yangon, Myanmar Sun 19 Sutra 242
	Makara Rasi: 29.23	Tithi 6	Gulika 9:12AM – 10:36AM Yama 6:25AM – 7:48AM 799863365 Rahu 1:23PM – 2:47PM	Dhanishtha Until 8:47PM Harshana Until 1:39AM Fri Kaulava Until 1:33PM Shashthi* Until 2:52AM Fri	Ganesh: Clear <i>Sunrise: 6:25AM</i> Muruga: Purple <i>Sunset: 5:34PM</i> Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day	Vilamba 5120 Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM
	Creative Work	Siddha Yoga					

Vinayaga Viratam Ends

7	Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 243
	Kumbha Rasi: 11.12	Tithi 7	Gulika 7:49AM – 9:13AM Yama 2:47PM – 4:11PM 799863365 Rahu 10:36AM – 12:00PM	Shatabhishak Until 11:34PM Vajra* Until 2:25AM Sat Gara Until 4:10PM Saptami Until 5:19AM Sat	Ganesh: Clear <i>Sunrise: 6:25AM</i> Muruga: Purple <i>Sunset: 5:35PM</i> Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day	Vilamba 5120 Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM
	Creative Work	Siddha Yoga					

8	Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti* Karana Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 244
	Kumbha Rasi: 23.07	Tithi 8	Gulika 6:26AM – 7:49AM Yama 1:24PM – 2:48PM 711863365 Rahu 9:13AM – 10:37AM	Purvaproshtapada* Until 2:15AM Sun Siddhi Until 2:51AM Sun Visti Until 6:23PM Ashtami* Until 7:15AM Sun	Ganesh: Clear <i>Sunrise: 6:26AM</i> Muruga: Purple <i>Sunset: 5:35PM</i> Nataraja: White Moon – Clear Margasira-Karttikai	Bhuloka Day	Vilamba 5120 Moon 11 - Phase 33 Ashtami Devaloka Time: 6:AM to 9:AM
	Routine Work	Marana Yoga					
	Until 2:15AM Sun						
	Then Creative Work - Amrita Yoga						

9	Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 245
	Meena Rasi: 5.14	Tithi 8 – 9	Gulika 2:48PM – 4:12PM Yama 12:01PM – 1:25PM 711863365 Rahu 4:12PM – 5:36PM	Uttaraproshtapada Until 8:31AM Mon Vyatipata* Until 2:48AM Mon Balava Until 8:00PM Ashtami* Until 7:15AM	Ganesh: Clear <i>Sunrise: 6:26AM</i> Muruga: Purple <i>Sunset: 5:36PM</i> Nataraja: White Moon – Clear Margasira-Markali	Bhuloka Day	Vilamba 5120 Moon 11 - Phase 33 Navami Devaloka Time: 6:AM to 9:AM
	Creative Work	Amrita Yoga					
	Until 8:31AM Mon						
	Then Creative Work - Siddha Yoga						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Yangon, Myanmar Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 17.38 Tithi 9 – 10 Family Home Evening Creative Work Siddha Yoga	811863365	Gulika 1:25PM – 2:49PM Yama 10:38AM – 12:01PM Rahu 7:51AM – 9:14AM	Uttaraproshtapada Until 8:31AM Variyan Until 24:51AM Tue Taitila Until 8:52PM Navami* Until 8:31AM	Ganesh: Purple Sunrise: 6:27AM Muruga: Purple Sunset: 5:36PM Nataraja: White Moon – Clear Margasira*Markali	Bhuloka Day	Moon 11 - Phase 34 4th Phase

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 0.22 Tithi 10 – 11 Creative Work Siddha Yoga	821863365	Gulika 12:02PM – 1:26PM Yama 9:15AM – 10:38AM Rahu 2:49PM – 4:13PM	Ashvini Until 5:39AM Wed Parigha* Until 12:51AM Wed Vanija Until 8:56PM Dashami Until 8:59AM	Ganesh: Clear Sunrise: 6:27AM Muruga: Purple Sunset: 5:37PM Nataraja: White Moon – White Margasira*Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM	Moon 11 - Phase 34 4th Phase

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 13.31 Tithi 11 – 12 Creative Work Siddha Yoga Until 5:13AM Thu Then Routine Work - Marana Yoga	821863365	Gulika 10:39AM – 12:02PM Yama 7:52AM – 9:15AM Rahu 12:02PM – 1:26PM	Bharani Until 5:13AM Thu Shiva Until 10:56PM Bava Until 8:10PM Ekadashi Until 8:38AM	Ganesh: Clear Sunrise: 6:28AM Muruga: Purple Sunset: 5:37PM Nataraja: White Moon – White Margasira*Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM	Moon 11 - Phase 34 4th Phase

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 27.06 Tithi 12 – 13 Routine Work Marana Yoga	821863365	Gulika 9:16AM – 10:39AM Yama 6:28AM – 7:52AM Rahu 1:27PM – 2:50PM	Krittika Until 3:58AM Fri Siddha Until 8:26PM Kaulava Until 6:39PM Dvadashi Until 7:29AM	Ganesh: Clear Sunrise: 6:28AM Muruga: Purple Sunset: 5:37PM Nataraja: White Moon – White Margasira*Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM	Moon 11 - Phase 34 4th Phase

Pradosha Vrata

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 250 Vilamba 5120
	Vrisabha Rasi: 11.07 Tithi 14 Routine Work Marana Yoga Until 2:24AM Sat Then Creative Work - Siddha Yoga	831863365	Gulika 7:53AM – 9:16AM Yama 2:51PM – 4:14PM Rahu 10:40AM – 12:03PM	Rohini Until 2:24AM Sat Sadhya Until 5:26PM Gara Until 4:30PM Chaturdashi* Until 3:13AM Sat	Ganesh: White Sunrise: 6:29AM Muruga: Purple Sunset: 5:38PM Nataraja: White Moon – Yellow Margasira*Markali	Bhuloka Day	Moon 11 - Phase 34 4th Phase

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 251 Vilamba 5120	
	Copper Retreat Star		Vrisabha Rasi: 25.29 Tithi 15 Creative Work Siddha Yoga	831863365	Gulika 6:29AM – 7:53AM Yama 1:28PM – 2:51PM Rahu 9:17AM – 10:40AM	Mrigashira Until 12:17AM Sun Subha Until 2:02PM Visti Until 1:51PM Purnima* Until 12:22AM Sun	Ganesh: White Sunrise: 6:29AM Muruga: Purple Sunset: 5:38PM Nataraja: White Moon – Yellow Margasira*Markali	Bhuloka Day

Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sutra 252 Vilamba 5120	
Silver Retreat Star		Mithuna Rasi: 10.1 Tithi 16 Creative Work Siddha Yoga	831963365	Gulika 2:52PM – 4:15PM Yama 12:04PM – 1:28PM Rahu 4:15PM – 5:39PM	Ardra Until 9:45PM Sukla Until 10:21AM Balava Until 10:51AM Prathama* Until 9:15PM	Ganesh: Yellow Sunrise: 6:30AM Muruga: Purple Sunset: 5:39PM Nataraja: White Moon – Yellow Margasira*Markali	Bhuloka Day Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar

Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 25.01 Tihi 17

Family Home Evening

841963365

Gulika 1:29PM - 2:52PM

Yama 10:41AM - 12:05PM

Rahu 7:54AM - 9:18AM

Punarvasu Until 7:23PM

Brahma Until 6:30AM

Taitila Until 7:39AM

Dvitiya Until 6:01PM

Ganesha: Blue Sunrise: 6:30AM

Muruga: Purple Sunset: 5:39PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Until 7:23PM

Then Creative Work - Siddha Yoga

Day 4 of Pancha Ganapati

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar

Sun 1 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 9.55 Tihi 18 - 19

Creative Work Siddha Yoga

841963365

Gulika 12:05PM - 1:29PM

Yama 9:18AM - 10:42AM

Rahu 2:53PM - 4:16PM

Pushya Until 4:55PM

Vaidhriti* Until 10:48PM

Bava Until 1:17AM Wed

Tritiya Until 2:49PM

Ganesha: Blue Sunrise: 6:31AM

Muruga: Purple Sunset: 5:40PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Day 5 of Pancha Ganapati

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 2 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 24.43 Tihi 19 - 20

Creative Work Siddha Yoga

842963366

Gulika 10:42AM - 12:06PM

Yama 7:55AM - 9:19AM

Rahu 12:06PM - 1:30PM

Ashlesha* Until 2:29PM

Vishkambha* Until 7:09PM

Kaulava Until 10:22PM

Chaturthi* Until 11:46AM

Ganesha: Yellow Sunrise: 6:31AM

Muruga: Purple Sunset: 5:41PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar

Sun 3 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 9.2 Tihi 20 - 21

Creative Work Amrita Yoga

852963366

Gulika 9:19AM - 10:43AM

Yama 6:32AM - 7:55AM

Rahu 1:30PM - 2:54PM

Magha* Until 12:38PM

Priti Until 3:47PM

Gara Until 7:48PM

Panchami Until 9:01AM

Ganesha: Blue Sunrise: 6:32AM

Muruga: Purple Sunset: 5:41PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Until 12:38PM

Then Creative Work - Siddha Yoga

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 4 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 23.41 Tihi 21 - 22

Creative Work Siddha Yoga

852963366

Gulika 7:56AM - 9:20AM

Yama 2:54PM - 4:18PM

Rahu 10:43AM - 12:07PM

Purvaphalguni Until 11:03AM

Ayushman Until 12:44PM

Bava Until 4:46AM Sat

Shashthi* Until 6:40AM

Ganesha: Blue Sunrise: 6:32AM

Muruga: Purple Sunset: 5:42PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 5 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 7.43 Tihi 23

Routine Work Marana Yoga

852963366

Gulika 6:33AM - 7:56AM

Yama 1:31PM - 2:55PM

Rahu 9:20AM - 10:44AM

Uttaraphalguni Until 9:47AM

Saubhagya Until 10:05AM

Balava Until 4:02PM

Ashtami* Until 3:24AM Sun

Ganesha: Blue Sunrise: 6:33AM

Muruga: Purple Sunset: 5:42PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Sunday, December 30, 2018

6

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 6 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 21.26 Tihi 24

Creative Work Amrita Yoga

862963366

Gulika 2:55PM - 4:19PM

Yama 12:08PM - 1:32PM

Rahu 4:19PM - 5:43PM

Hasta Until 9:20AM

Sobhana Until 7:52AM

Taitila Until 2:56PM

Navami* Until 2:34AM Mon

Ganesha: Red Sunrise: 6:33AM

Muruga: Purple Sunset: 5:43PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 9:20AM

Then Creative Work - Siddha Yoga

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Yangon, Myanmar Sun 7 Sutra 260 Vilamba 5120
1		Gulika 1:32PM – 2:56PM	Chitra Until 9:16AM	Ganesh: Red <i>Sunrise:</i> 6:33AM		
Tula Rasi: 4.51	Tithi 25	Yama 10:45AM – 12:08PM	Athiganda* Until 6:03AM	Muruga: Purple <i>Sunset:</i> 5:43PM		Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 7:57AM – 9:21AM	Vanija Until 2:22PM	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 2:15AM Tue	Moon – Green	Bhuloka Day	
Until 9:16AM				Margasira*Markali	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga						

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Yangon, Myanmar Sun 8 Sutra 261 Vilamba 5120
2		Gulika 12:09PM – 1:33PM	Svati Until 9:33AM	Ganesh: Red <i>Sunrise:</i> 6:34AM		
Tula Rasi: 17.59	Tithi 26	Yama 9:21AM – 10:45AM	Dhriti Until 3:39AM Wed	Muruga: Purple <i>Sunset:</i> 5:44PM		Moon 12 - Phase 36
	862963366	Rahu 2:56PM – 4:20PM	Bava Until 2:19PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:28AM Wed	Moon – Green	Bhuloka Day	
Until 9:33AM				Margasira*Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Yangon, Myanmar Sun 9 Sutra 262 Vilamba 5120
3		Gulika 10:46AM – 12:09PM	Vishakha Until 10:38AM	Ganesh: Green <i>Sunrise:</i> 6:34AM		
Vrischika Rasi: 0.52	Tithi 27	Yama 7:58AM – 9:22AM	Shula* Until 3:01AM Thu	Muruga: Purple <i>Sunset:</i> 5:44PM		Moon 12 - Phase 36
	872963366	Rahu 12:09PM – 1:33PM	Kaulava Until 2:47PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 3:10AM Thu	Moon – Orange	Bhuloka Day	
				Margasira*Markali		

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar Sun 10 Sutra 263 Vilamba 5120
4		Gulika 9:22AM – 10:46AM	Anuradha Until 12:01PM	Ganesh: Green <i>Sunrise:</i> 6:35AM		
Vrischika Rasi: 13.31	Tithi 28	Yama 6:35AM – 7:58AM	Ganda* Until 2:44AM Fri	Muruga: Purple <i>Sunset:</i> 5:45PM		Moon 12 - Phase 36
	872963366	Rahu 1:34PM – 2:57PM	Gara Until 3:43PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:21AM Fri	Moon – Orange	Bhuloka Day	
Until 12:01PM				Margasira*Markali		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar Sun 11 Sutra 264 Vilamba 5120
5		Gulika 7:59AM – 9:23AM	Jyeshtha* Until 1:42PM	Ganesh: Green <i>Sunrise:</i> 6:35AM		
Vrischika Rasi: 25.57	Tithi 29	Yama 2:58PM – 4:22PM	Vriddhi Until 2:49AM Sat	Muruga: Purple <i>Sunset:</i> 5:46PM		Moon 12 - Phase 36
	872963366	Rahu 10:46AM – 12:10PM	Visti Until 5:07PM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 5:58AM Sat	Moon – Orange	Bhuloka Day	
Until 1:42PM				Margasira*Markali		
Then Creative Work - Amrita Yoga						

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada* Karana Amavasyayam Titau				Yangon, Myanmar Sun 12 Sutra 265 Vilamba 5120
Retreat Star		Gulika 6:35AM – 7:59AM	Mula* Until 4:06PM	Ganesh: White <i>Sunrise:</i> 6:35AM		
Dhanus Rasi: 8.13	Tithi 30	Yama 1:35PM – 2:59PM	Dhruva Until 3:10AM Sun	Muruga: Purple <i>Sunset:</i> 5:46PM		Moon 12 - Phase 36
	882963366	Rahu 9:23AM – 10:47AM	Catuspada Until 6:57PM	Nataraja: Green		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 7:59AM Sun	Moon – Light Blue	Bhuloka Day	
				Margasira*Markali		
		Subramuniyaswami Jayanti				

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 13 Sutra 266 Vilamba 5120
Retreat Star		Gulika 2:59PM – 4:23PM	Purvashadha* Until 6:43PM	Ganesh: White <i>Sunrise:</i> 6:36AM		
Dhanus Rasi: 20.19	Tithi 30 – 1	Yama 12:11PM – 1:35PM	Vyaghata* Until 3:48AM Mon	Muruga: Clear <i>Sunset:</i> 5:47PM		Moon 12 - Phase 36
	882973366	Rahu 4:23PM – 5:47PM	Kintughna Until 9:09PM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 7:59AM	Moon – Light Blue	Bhuloka Day	
Until 6:43PM				Pausha*Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga		Partial Solar Eclipse				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 14 Sutra 267 Vilamba 5120
1		Gulika 1:36PM – 3:00PM	Uttarashadha Until 9:26PM	Ganesh: White	<i>Sunrise:</i> 6:36AM	
Makara Rasi: 2.16	Tithi 1 – 2	Yama 10:48AM – 12:12PM	Harshana Until 4:39AM Tue	Muruga: Clear	<i>Sunset:</i> 5:47PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 8:00AM – 9:24AM	Balava Until 11:39PM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 10:20AM	Moon – Light Blue		
Until 9:26PM				Pausha-Markali	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Yangon, Myanmar Sun 15 Sutra 268 Vilamba 5120
2		Gulika 12:12PM – 1:36PM	Shravana Until 12:42AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:36AM	
Makara Rasi: 14.07	Tithi 2 – 3	Yama 9:24AM – 10:48AM	Vajra* Until 5:36AM Wed	Muruga: Clear	<i>Sunset:</i> 5:48PM	Moon 12 - Phase 37
	893973366	Rahu 3:00PM – 4:24PM	Taitila Until 2:20AM Wed	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:57PM	Moon – Purple		
Until 12:42AM Wed				Pausha-Markali	Devaloka Day	
Then Routine Work - Prabalarishta Yoga						

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Yangon, Myanmar Sun 16 Sutra 269 Vilamba 5120
3		Gulika 10:48AM – 12:13PM	Dhanishtha Until 3:52AM Thu	Ganesh: Red	<i>Sunrise:</i> 6:36AM	
Makara Rasi: 25.55	Tithi 3 – 4	Yama 8:00AM – 9:24AM	Siddhi Until 6:36AM Thu	Muruga: Clear	<i>Sunset:</i> 5:49PM	Moon 12 - Phase 37
	893973366	Rahu 12:13PM – 1:37PM	Vanija Until 5:06AM Thu	Nataraja: Green		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 3:42PM	Moon – Purple		
Until 3:52AM Thu				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Chaturthyam Titau				Yangon, Myanmar Sun 17 Sutra 270 Vilamba 5120
4		Gulika 9:25AM – 10:49AM	Shatabhishak Until 6:46AM Fri	Ganesh: Red	<i>Sunrise:</i> 6:37AM	
Kumbha Rasi: 7.43	Tithi 4	Yama 6:37AM – 8:01AM	Siddhi Until 6:36AM	Muruga: Clear	<i>Sunset:</i> 5:49PM	Moon 12 - Phase 37
	893973366	Rahu 1:37PM – 3:01PM	Visti Until 6:25PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:25PM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 271 Vilamba 5120
5		Gulika 8:01AM – 9:25AM	Shatabhishak Until 6:46AM	Ganesh: Red	<i>Sunrise:</i> 6:37AM	
Kumbha Rasi: 19.32	Tithi 5	Yama 3:02PM – 4:26PM	Vyatipata* Until 7:31AM	Muruga: Clear	<i>Sunset:</i> 5:50PM	Moon 12 - Phase 37
	893973366	Rahu 10:49AM – 12:13PM	Bava Until 7:45AM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:57PM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Yangon, Myanmar Sun 19 Sutra 272 Vilamba 5120
6		Gulika 6:37AM – 8:01AM	Purvaproshtapada* Until 9:44AM	Ganesh: Clear	<i>Sunrise:</i> 6:37AM	
Meena Rasi: 1.27	Tithi 6	Yama 1:38PM – 3:02PM	Variyan Until 8:13AM	Muruga: Clear	<i>Sunset:</i> 5:51PM	Moon 12 - Phase 37
	813973366	Rahu 9:25AM – 10:50AM	Kaulava Until 10:07AM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 11:07PM	Moon – Clear		
Until 9:44AM				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 273 Vilamba 5120
Retreat Star		Gulika 3:03PM – 4:27PM	Uttaraproshtapada Until 12:07PM	Ganesh: Clear	<i>Sunrise:</i> 6:37AM	
Meena Rasi: 13.32	Tithi 7	Yama 12:14PM – 1:38PM	Parigha* Until 8:36AM	Muruga: Clear	<i>Sunset:</i> 5:51PM	Moon 12 - Phase 37
	813973366	Rahu 4:27PM – 5:51PM	Gara Until 12:02PM	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 12:45AM Mon	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:39PM – 3:03PM	Revati Until 1:44PM	Ganesh: Clear	<i>Sunrise:</i> 6:37AM	
Meena Rasi: 25.52	Tithi 8	Yama 10:50AM – 12:14PM	Shiva Until 8:32AM	Muruga: Clear	<i>Sunset:</i> 5:52PM	Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 8:02AM – 9:26AM	Visti Until 1:19PM	Nataraja: Green		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:40AM Tue	Moon – Clear		
				Pausha-Thai	Devaloka Day	
		Thai Pongal				

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 275 Vilamba 5120
Retreat Star		Gulika 12:15PM – 1:39PM	Ashvini Until 2:58PM	Ganesh: Purple	<i>Sunrise:</i> 6:37AM	
Mesha Rasi: 8.31	Tithi 9	Yama 9:26AM – 10:50AM	Siddha Until 7:53AM	Muruga: Clear	<i>Sunset:</i> 5:52PM	Moon 12 - Phase 37
	823973366	Rahu 3:04PM – 4:28PM	Balava Until 1:51PM	Nataraja: Green		Navami
Creative Work	Siddha Yoga		Navami* Until 1:48AM Wed	Moon – White		
				Pausha-Thai	Sivaloka Day	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 276 Vilamba 5120	
Mesha Rasi: 21.32	Tithi 10	Gulika	10:51AM – 12:15PM	Bharani Until 3:13PM	Ganesha: Blue	<i>Sunrise:</i> 6:38AM			
		Yama	8:02AM – 9:26AM	Sadhya Until 6:38AM	Muruga: Clear	<i>Sunset:</i> 5:53PM	Moon 12 - Phase 38		
		823173366 Rahu	12:15PM – 1:40PM	Taitila Until 1:34PM	Nataraja: Green		4th Phase		
Creative Work	Siddha Yoga					Moon – White	Sivaloka Day		
Until 3:13PM						Pausha*Thai			
Then Creative Work - Amrita Yoga									

2		Thursday, January 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 5	Tithi 11	Gulika	9:27AM – 10:51AM	Krittika Until 2:32PM	Ganesha: Blue	<i>Sunrise:</i> 6:38AM			
		Yama	6:38AM – 8:02AM	Sukla Until 2:13AM Fri	Muruga: Clear	<i>Sunset:</i> 5:54PM	Moon 12 - Phase 38		
		823173366 Rahu	1:40PM – 3:05PM	Vanija Until 12:27PM	Nataraja: Green		4th Phase		
Routine Work	Marana Yoga					Moon – White	Sivaloka Day		
						Pausha*Thai			

3		Friday, January 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 18.56	Tithi 12	Gulika	8:02AM – 9:27AM	Rohini Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM			
		Yama	3:05PM – 4:30PM	Brahma Until 11:07PM	Muruga: Clear	<i>Sunset:</i> 5:54PM	Moon 12 - Phase 38		
		823173366 Rahu	10:51AM – 12:16PM	Bava Until 10:35AM	Nataraja: Green		4th Phase		
Routine Work	Marana Yoga					Moon – Yellow	Devaloka Day		
Until 1:24PM						Pausha*Thai			
Then Creative Work - Siddha Yoga									

4		Saturday, January 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 279 Vilamba 5120	
Mithuna Rasi: 3.19	Tithi 13	Gulika	6:38AM – 8:02AM	Mrigashira Until 11:29AM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM			
		Yama	1:41PM – 3:05PM	Indra Until 7:35PM	Muruga: Clear	<i>Sunset:</i> 5:55PM	Moon 12 - Phase 38		
		823173366 Rahu	9:27AM – 10:52AM	Kaulava Until 8:03AM	Nataraja: Green		4th Phase		
Creative Work	Siddha Yoga					Moon – Yellow	Devaloka Day		
						Pausha*Thai			

Pradosha Vrata

5		Sunday, January 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Yangon, Myanmar Sun 27 Sutra 280 Vilamba 5120	
Mithuna Rasi: 18.04	Tithi 14 – 15	Gulika	3:06PM – 4:31PM	Ardra Until 8:57AM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM			
		Yama	12:17PM – 1:41PM	Vaidhriti* Until 3:39PM	Muruga: Clear	<i>Sunset:</i> 5:55PM	Moon 12 - Phase 38		
		823173366 Rahu	4:31PM – 5:55PM	Visti Until 1:34AM Mon	Nataraja: Green		4th Phase		
Creative Work	Siddha Yoga					Moon – Yellow	Devaloka Day		
						Pausha*Thai			

○		Monday, January 21, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Yangon, Myanmar Sutra 281 Vilamba 5120	
Copper Retreat Star		Gulika	1:42PM – 3:06PM	Punarvasu Until 6:20AM	Ganesha: White	<i>Sunrise:</i> 6:38AM			
Kataka Rasi: 3.07	Tithi 15 – 16	Yama	10:52AM – 12:17PM	Vishkambha* Until 11:31AM	Muruga: Clear	<i>Sunset:</i> 5:56PM	Moon 12 - Phase 38		
Family Home Evening		823173366 Rahu	8:03AM – 9:27AM	Balava Until 9:56PM	Nataraja: Green		Purnima		
Creative Work	Amrita Yoga					Moon – Blue	Sivaloka Day		
Until 6:20AM						Pausha*Thai			
Then Creative Work - Siddha Yoga									

○		Tuesday, January 22, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Pritii/Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar Sutra 282 Vilamba 5120	
Silver Retreat Star		Gulika	12:17PM – 1:42PM	Ashlesha* Until 12:23AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:38AM			
Kataka Rasi: 18.17	Tithi 16 – 17	Yama	9:27AM – 10:52AM	Priti Until 7:16AM	Muruga: Clear	<i>Sunset:</i> 5:56PM	Moon 12 - Phase 38		
		844173366 Rahu	3:07PM – 4:32PM	Taitila Until 6:15PM	Nataraja: Green		Prathama		
Creative Work	Siddha Yoga					Moon – Blue	Devaloka Day		
						Pausha*Thai			



Wednesday, January 23, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visli* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 283

Vilamba 5120

Simha Rasi: 3.27 Tihti 18

Gulika 10:52AM – 12:17PM
Yama 8:03AM – 9:28AM
Rahu 12:17PM – 1:42PM

Magha* Until 9:46PM
Saubhagya Until 10:57PM
Vanija Until 2:42PM
Tritiya Until 12:59AM Thu

Ganesha: Purple *Sunrise:* 6:38AM
Muruga: Clear *Sunset:* 5:57PM
Nataraja: Green
Moon – Red
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 9:46PM
Then Creative Work - Amrita Yoga

Thursday, January 24, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthiyam Titau

Yangon, Myanmar
Sun 2 Sutra 284

Vilamba 5120

Simha Rasi: 18.26 Tihti 19

Gulika 9:28AM – 10:53AM
Yama 6:38AM – 8:03AM
Rahu 1:43PM – 3:08PM

Purvaphalguni Until 7:20PM
Sobhana Until 7:10PM
Bava Until 11:24AM
Chaturthi* Until 9:54PM

Ganesha: Purple *Sunrise:* 6:38AM
Muruga: Clear *Sunset:* 5:58PM
Nataraja: Green
Moon – Red
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 5:15PM
Then Creative Work - Amrita Yoga

Friday, January 25, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 285

Vilamba 5120

Kanya Rasi: 3.08 Tihti 20

Gulika 8:03AM – 9:28AM
Yama 3:08PM – 4:33PM
Rahu 10:53AM – 12:18PM

Uttaraphalguni Until 5:15PM
Athiganda* Until 3:44PM
Kaulava Until 8:33AM
Panchami Until 7:17PM

Ganesha: Clear *Sunrise:* 6:38AM
Muruga: Clear *Sunset:* 5:58PM
Nataraja: Green
Moon – Red
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 5:15PM
Then Creative Work - Amrita Yoga

Saturday, January 26, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 4 Sutra 286

Vilamba 5120

Kanya Rasi: 17.28 Tihti 21 – 22

Gulika 6:38AM – 8:03AM
Yama 1:43PM – 3:08PM
Rahu 9:28AM – 10:53AM

Hasta Until 4:01PM
Sukarma Until 12:48PM
Gara Until 6:14AM
Shashthi* Until 5:18PM

Ganesha: Purple *Sunrise:* 6:38AM
Muruga: Clear *Sunset:* 5:59PM
Nataraja: Green
Moon – Green
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Sunday, January 27, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 5 Sutra 287

Vilamba 5120

Tula Rasi: 1.22 Tihti 22 – 23

Gulika 3:09PM – 4:34PM
Yama 12:18PM – 1:44PM
Rahu 4:34PM – 5:59PM

Chitra Until 3:21PM
Dhriti Until 10:25AM
Balava Until 3:38AM Mon
Saptami Until 4:00PM

Ganesha: Purple *Sunrise:* 6:37AM
Muruga: Clear *Sunset:* 5:59PM
Nataraja: Green
Moon – Green
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

D

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 6 Sutra 288

Vilamba 5120

Tula Rasi: 14.5 Tihti 23 – 24

Gulika 1:44PM – 3:09PM
Yama 10:53AM – 12:19PM
Rahu 8:03AM – 9:28AM

Svati Until 3:14PM
Shula* Until 8:36AM
Taitila Until 3:28AM Tue
Ashtami* Until 3:26PM

Ganesha: Purple *Sunrise:* 6:37AM
Muruga: Clear *Sunset:* 6:00PM
Nataraja: Green
Moon – Green
Pausha*Thai

Moon 1 - Phase 39
Ashtami

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Family Home Evening
Creative Work Amrita Yoga
Until 3:14PM
Then Routine Work - Marana Yoga

Tuesday, January 29, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 7 Sutra 289

Vilamba 5120

Tula Rasi: 27.54 Tihti 24 – 25

Gulika 12:19PM – 1:44PM
Yama 9:28AM – 10:53AM
Rahu 3:09PM – 4:35PM

Vishakha Until 4:10PM
Ganda* Until 7:22AM
Vanija Until 4:00AM Wed
Navami* Until 3:37PM

Ganesha: Clear *Sunrise:* 6:37AM
Muruga: Clear *Sunset:* 6:00PM
Nataraja: Green
Moon – Orange
Pausha*Thai

Moon 1 - Phase 39
Navami

Devaloka Day

Routine Work Marana Yoga
Until 4:10PM
Then Creative Work - Siddha Yoga

1		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 8 Sutra 290 Vilamba 5120	
Vrischika Rasi: 10.37	Tithi 25 - 26	Gulika	10:53AM - 12:19PM	Anuradha Until 6:00PM Thu	Ganesh: Clear	<i>Sunrise:</i> 6:37AM			
		Yama	8:02AM - 9:28AM	Vriddhi Until 6:42AM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 40		
Creative Work	Siddha Yoga	974173366	Rahu 12:19PM - 1:44PM	Bava Until 5:12AM Thu	Nataraja: Green		2nd Phase		
				Dashami Until 4:30PM	Moon - Orange		Devaloka Day		
					Pausha*Thai				

2		Thursday, January 31, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Ekadashyam Titau		Yangon, Myanmar Sun 9 Sutra 291 Vilamba 5120	
Vrischika Rasi: 23.02	Tithi 26	Gulika	9:28AM - 10:53AM	Anuradha Until 6:00PM	Ganesh: Clear	<i>Sunrise:</i> 6:37AM			
		Yama	6:37AM - 8:02AM	Dhruva Until 6:43AM Fri	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 40		
Routine Work	Prabalarishta Yoga	974173366	Rahu 1:45PM - 3:10PM	Balava Until 6:00PM	Nataraja: Green		2nd Phase		
Until 6:00PM				Ekadashi* Until 6:00PM	Moon - Orange		Devaloka Day		
Then Creative Work - Siddha Yoga					Pausha*Thai				

3		Friday, February 1, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Yangon, Myanmar Sun 10 Sutra 292 Vilamba 5120	
Dhanus Rasi: 5.14	Tithi 27	Gulika	8:02AM - 9:28AM	Mula* Until 10:05PM	Ganesh: White	<i>Sunrise:</i> 6:37AM			
		Yama	3:10PM - 4:36PM	Vyaghata* Until 6:43AM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 40		
Creative Work	Amrita Yoga	984173366	Rahu 10:53AM - 12:19PM	Kaulava Until 6:57AM	Nataraja: Green		2nd Phase		
Until 10:05PM				Dvadashi* Until 7:58PM	Moon - Light Blue		Bhuloka Day		
Then Routine Work - Prabalarishta Yoga					Pausha*Thai		Devaloka Time: 12:PM to 3:PM		

4		Saturday, February 2, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Trayodashyam Titau		Yangon, Myanmar Sun 11 Sutra 293 Vilamba 5120	
Dhanus Rasi: 17.16	Tithi 28	Gulika	6:37AM - 8:02AM	Purvashadha* Until 12:53AM Sun	Ganesh: White	<i>Sunrise:</i> 6:37AM			
		Yama	1:45PM - 3:11PM	Harshana Until 12:53AM Sun	Muruga: Clear	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 40		
Creative Work	Siddha Yoga	984173366	Rahu 9:28AM - 10:54AM	Gara Until 9:08AM	Nataraja: Green		2nd Phase		
Until 12:53AM Sun				Trayodashi* Until 10:19PM	Moon - Light Blue		Bhuloka Day		
Then Creative Work - Amrita Yoga					Pausha*Thai		Devaloka Time: 12:PM to 3:PM		
					<i>Pradosha Vrata (Fasting)</i>				

5		Sunday, February 3, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Yangon, Myanmar Sun 12 Sutra 294 Vilamba 5120	
Dhanus Rasi: 29.11	Tithi 29	Gulika	3:11PM - 4:37PM	Uttarashadha Until 3:45AM Mon	Ganesh: White	<i>Sunrise:</i> 6:36AM			
		Yama	12:19PM - 1:45PM	Vajra* Until 8:02AM	Muruga: Clear	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 40		
Creative Work	Amrita Yoga	984173366	Rahu 4:37PM - 6:02PM	Visti Until 11:36AM	Nataraja: Green		2nd Phase		
Until 7:02AM Tue				Chaturdashi* Until 12:54AM Mon	Moon - Light Blue		Bhuloka Day		
Then Creative Work - Siddha Yoga					Pausha*Thai		Devaloka Time: 12:PM to 3:PM		

Monday, February 4, 2019		Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Yangon, Myanmar Sun 13 Sutra 295 Vilamba 5120	
Makara Rasi: 11.01	Tithi 30	Gulika	1:45PM - 3:11PM	Shravana Until 7:02AM Tue	Ganesh: Red	<i>Sunrise:</i> 6:36AM			
Family Home Evening		Yama	10:54AM - 12:19PM	Siddhi Until 8:57AM	Muruga: Clear	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 40		
Creative Work	Amrita Yoga	995173367	Rahu 8:02AM - 9:28AM	Catuspada Until 2:16PM	Nataraja: White		Amavasya		
Until 7:02AM Tue				Amavasya* Until 3:36AM Tue	Moon - Purple		Devaloka Day		
Then Creative Work - Siddha Yoga					Pausha*Thai				

Tuesday, February 5, 2019		Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Yangon, Myanmar Sun 14 Sutra 296 Vilamba 5120	
Makara Rasi: 22.49	Tithi 1	Gulika	12:20PM - 1:46PM	Shravana Until 6:18AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:36AM			
		Yama	9:28AM - 10:54AM	Vyatipata* Until 9:57AM	Muruga: Clear	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 40		
Creative Work	Siddha Yoga	995173367	Rahu 3:11PM - 4:37PM	Kintughna Until 4:59PM	Nataraja: White		Prathama		
Until 7:02AM Tue				Prathama* Until 6:18AM Wed	Moon - Purple		Devaloka Day		
Then Creative Work - Siddha Yoga					Magha*Thai				

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Shatabhishak Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar	
Kumbha Rasi: 4.37		Titthi 1 – 2		995173367		Gulika 10:54AM – 12:20PM Yama 8:02AM – 9:28AM Rahu 12:20PM – 1:46PM		Shravana Until 6:18AM Variyan Until 10:54AM Balava Until 7:39PM Prathama* Until 6:18AM	
Routine Work		Prabalarishta Yoga				Ganesh: Red Muruga: Clear Nataraja: White Moon – Purple		Sunrise: 6:36AM Sunset: 6:04PM Moon 1 - Phase 41 3rd Phase	
Until 6:18AM		Then Creative Work - Siddha Yoga				Magha-Thai		Devaloka Day	

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Yangon, Myanmar	
Kumbha Rasi: 16.26		Titthi 2 – 3		995173367		Gulika 9:28AM – 10:54AM Yama 6:35AM – 8:01AM Rahu 1:46PM – 3:12PM		Shatabhishak Until 1:00PM Parigha* Until 11:48AM Taitila Until 10:10PM Dvitiya Until 8:55AM	
Creative Work		Siddha Yoga				Ganesh: Red Muruga: Clear Nataraja: White Moon – Purple		Sunrise: 6:35AM Sunset: 6:04PM Moon 1 - Phase 41 3rd Phase	
						Magha-Thai		Devaloka Day	

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Yangon, Myanmar	
Kumbha Rasi: 28.2		Titthi 3 – 4		915173367		Gulika 8:01AM – 9:27AM Yama 3:12PM – 4:38PM Rahu 10:54AM – 12:20PM		Purvaproshtapada* Until 3:59PM Shiva Until 12:33PM Vanija Until 12:27AM Sat Tritiya Until 11:20AM	
Creative Work		Siddha Yoga				Ganesh: Blue Muruga: Clear Nataraja: White Moon – Clear		Sunrise: 6:35AM Sunset: 6:05PM Moon 1 - Phase 41 3rd Phase	
						Magha-Thai		Sivaloka Day	

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Yangon, Myanmar	
Meena Rasi: 10.2		Titthi 4 – 5		915173367		Gulika 6:35AM – 8:01AM Yama 1:46PM – 3:12PM Rahu 9:27AM – 10:54AM		Uttaraproshtapada Until 6:31PM Siddha Until 1:03PM Bava Until 2:24AM Sun Chaturthi* Until 1:27PM	
Creative Work		Siddha Yoga				Ganesh: Blue Muruga: Clear Nataraja: White Moon – Clear		Sunrise: 6:35AM Sunset: 6:05PM Moon 1 - Phase 41 3rd Phase	
Until 6:31PM		Then Routine Work - Prabalarishta Yoga				Magha-Thai		Sivaloka Day	

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Yangon, Myanmar	
Meena Rasi: 22.29		Titthi 5 – 6		915273367		Gulika 3:13PM – 4:39PM Yama 12:20PM – 1:46PM Rahu 4:39PM – 6:06PM		Revati Until 8:29PM Sadhya Until 1:17PM Kaulava Until 3:53AM Mon Panchami Until 3:11PM	
Creative Work		Amrita Yoga				Ganesh: Red Muruga: Clear Nataraja: White Moon – Clear		Sunrise: 6:34AM Sunset: 6:06PM Moon 1 - Phase 41 3rd Phase	
Until 8:29PM		Then Creative Work - Siddha Yoga				Magha-Thai		Devaloka Day	

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Yangon, Myanmar	
Mesha Rasi: 4.5		Titthi 6 – 7		925273367		Gulika 1:46PM – 3:13PM Yama 10:53AM – 12:20PM Rahu 8:00AM – 9:27AM		Ashvini Until 10:15PM Subha Until 1:08PM Gara Until 4:48AM Tue Shashthi* Until 4:24PM	
Family Home Evening		Creative Work		Siddha Yoga		Ganesh: Blue Muruga: Clear Nataraja: White Moon – White		Sunrise: 6:34AM Sunset: 6:06PM Moon 1 - Phase 41 3rd Phase	
						Magha-Thai		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar	
Mesha Rasi: 17.25		Titthi 7 – 8		925273367		Gulika 12:20PM – 1:47PM Yama 9:27AM – 10:53AM Rahu 3:13PM – 4:40PM		Bharani Until 11:14PM Sukla Until 12:30PM Visti Until 5:02AM Wed Saptami Until 4:59PM	
Creative Work		Siddha Yoga				Ganesh: Blue Muruga: Clear Nataraja: White Moon – White		Sunrise: 6:34AM Sunset: 6:06PM Moon 1 - Phase 41 3rd Phase	
						Magha-Thai		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Kritika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Yangon, Myanmar	
Vrishabha Rasi: 0.2		Titthi 8 – 9		926273367		Gulika 10:53AM – 12:20PM Yama 8:00AM – 9:27AM Rahu 12:20PM – 1:47PM		Kritika Until 11:22PM Brahma Until 11:21AM Balava Until 4:32AM Thu Ashtami* Until 4:52PM	
Creative Work		Amrita Yoga				Ganesh: Yellow Muruga: Clear Nataraja: White Moon – White		Sunrise: 6:33AM Sunset: 6:07PM Moon 1 - Phase 41 Ashtami	
Until 11:22PM		Then Creative Work - Siddha Yoga				Magha-Masi		Devaloka Day	

Retreat Star		Thursday, February 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar	
Vrishabha Rasi: 13.37		Titthi 9 – 10		936273367		Gulika 9:26AM – 10:53AM Yama 6:33AM – 8:00AM Rahu 1:47PM – 3:14PM		Rohini Until 11:03PM Indra Until 9:37AM Taitila Until 3:15AM Fri Navami* Until 3:58PM	
Routine Work		Marana Yoga				Ganesh: White Muruga: Clear Nataraja: White Moon – Yellow		Sunrise: 6:33AM Sunset: 6:07PM Moon 1 - Phase 41 Navami	
						Magha-Masi		Sivaloka Day	

1	Friday, February 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Yangon, Myanmar Sun 24 Sutra 306 Vilamba 5120	
	Vrishabha Rasi: 27.2	Titithi 10 – 11	936273367	Gulika 7:59AM – 9:26AM Yama 3:14PM – 4:41PM Rahu 10:53AM – 12:20PM	Mrigashira Until 9:52PM Vaidhriti* Until 7:15AM Vanija Until 1:15AM Sat Dashami Until 2:19PM	Ganesh: White Sunrise: 6:32AM Muruga: Clear Sunset: 6:08PM Nataraja: White Moon – Yellow Magha-Masi	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Sivaloka Day

2	Saturday, February 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 307 Vilamba 5120	
	Mithuna Rasi: 11.31	Titithi 11 – 12	936273367	Gulika 6:32AM – 7:59AM Yama 1:47PM – 3:14PM Rahu 9:26AM – 10:53AM	Ardra Until 7:53PM Priti Until 12:56AM Sun Bava Until 10:37PM Ekadashi Until 12:00PM	Ganesh: White Sunrise: 6:32AM Muruga: Clear Sunset: 6:08PM Nataraja: White Moon – Yellow Magha-Masi	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Sivaloka Day

3	Sunday, February 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 308 Vilamba 5120	
	Mithuna Rasi: 26.06	Titithi 12 – 13	946273367	Gulika 3:14PM – 4:41PM Yama 12:20PM – 1:47PM Rahu 4:41PM – 6:08PM	Punarvasu Until 5:39PM Ayushman Until 9:06PM Kaulava Until 7:28PM Dvadashi Until 9:05AM	Ganesh: Clear Sunrise: 6:31AM Muruga: Clear Sunset: 6:08PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Devaloka Day
								<i>Pradosha Vrata</i>

4	Monday, February 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 309 Vilamba 5120	
	Kataka Rasi: 11.02	Titithi 14	946273367	Gulika 1:47PM – 3:14PM Yama 10:53AM – 12:20PM Rahu 7:58AM – 9:25AM	Pushya Until 2:54PM Saubhagya Until 4:59PM Gara Until 3:57PM Chaturdashi* Until 2:05AM Tue	Ganesh: Clear Sunrise: 6:31AM Muruga: Clear Sunset: 6:09PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Devaloka Day
								Chidambaram Abhishekam

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 310 Vilamba 5120		
	Copper Retreat Star		Kataka Rasi: 26.13	Titithi 15	946273367	Gulika 12:20PM – 1:47PM Yama 9:25AM – 10:52AM Rahu 3:14PM – 4:42PM	Ashlesha* Until 11:48AM Sobhana Until 12:42PM Visti Until 12:13PM Purnima* Until 10:18PM	Ganesh: Clear Sunrise: 6:30AM Muruga: Clear Sunset: 6:09PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 Purnima
	Creative Work Siddha Yoga							Devaloka Day	

	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sutra 311 Vilamba 5120		
	Silver Retreat Star		Simha Rasi: 11.28	Titithi 16	957273367	Gulika 10:52AM – 12:20PM Yama 7:57AM – 9:25AM Rahu 12:20PM – 1:47PM	Magha* Until 8:54AM Athiganda* Until 8:22AM Balava Until 8:25AM Prathama* Until 6:33PM	Ganesh: Clear Sunrise: 6:30AM Muruga: Clear Sunset: 6:09PM Nataraja: White Moon – Red Magha-Masi	Moon 1 - Phase 42 Prathama
	Creative Work Siddha Yoga							Devaloka Day	
								Until 8:54AM Then Creative Work - Amrita Yoga	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiayam Titau

Yangon, Myanmar

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 26.39 Tihi 17 - 18

967273367

Gulika 9:24AM - 10:52AM
Yama 6:29AM - 7:57AM
Rahu 1:47PM - 3:15PM

Purvaphalguni Until 6:00AM
Dhriti Until 12:10AM Fri
Vanija Until 1:23AM Fri
Dvitiya Until 3:00PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon - Red
Magha-Masi

Sunrise: 6:29AM
Sunset: 6:10PM

Devaloka Day

Creative Work Siddha Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula* Yoga Visti/Bava Karana Tritiya/Chaturchyam Titau

Yangon, Myanmar

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 11.35 Tihi 18 - 19

967273367

Gulika 7:56AM - 9:24AM
Yama 3:15PM - 4:42PM
Rahu 10:52AM - 12:19PM

Hasta Until 1:17AM Sat
Shula* Until 8:31PM
Bava Until 10:27PM
Tritiya Until 11:50AM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon - Green
Magha-Masi

Sunrise: 6:29AM
Sunset: 6:10PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 1:17AM Sat

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 26.09 Tihi 19 - 20

967273367

Gulika 6:28AM - 7:56AM
Yama 1:47PM - 3:15PM
Rahu 9:24AM - 10:52AM

Chitra Until 11:46PM
Ganda* Until 5:23PM
Kaulava Until 8:08PM
Chaturthi* Until 9:11AM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon - Green
Magha-Masi

Sunrise: 6:28AM
Sunset: 6:10PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 11:46PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 10.17 Tihi 20 - 21

967273367

Gulika 3:15PM - 4:43PM
Yama 12:19PM - 1:47PM
Rahu 4:43PM - 6:11PM

Svati Until 10:51PM
Vridhhi Until 2:50PM
Gara Until 6:33PM
Panchami Until 7:13AM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon - Green
Magha-Masi

Sunrise: 6:28AM
Sunset: 6:11PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 10:51PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 23.55 Tihi 21 - 22

977273367

Gulika 1:47PM - 3:15PM
Yama 10:51AM - 12:19PM
Rahu 7:55AM - 9:23AM

Vishakha Until 11:04PM
Dhruva Until 12:55PM
Bava Until 5:44AM Tue
Shashthi* Until 6:03AM

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon - Orange
Magha-Masi

Sunrise: 6:27AM
Sunset: 6:11PM

Devaloka Day

Routine Work Marana Yoga

Until 11:04PM

Then Creative Work - Siddha Yoga

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Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 7.04 Tihi 23

977273367

Gulika 12:19PM - 1:47PM
Yama 9:23AM - 10:51AM
Rahu 3:15PM - 4:43PM

Anuradha Until 11:59PM
Vyaghata* Until 11:41AM
Balava Until 5:56PM
Ashtami* Until 6:17AM Wed

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon - Orange
Magha-Masi

Sunrise: 6:27AM
Sunset: 6:11PM

Devaloka Day

Creative Work Siddha Yoga

Until 11:59PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 19.49 Tihi 23 - 24

978273367

Gulika 10:51AM - 12:19PM
Yama 7:54AM - 9:22AM
Rahu 12:19PM - 1:47PM

Jyeshtha* Until 1:31AM Thu
Harshana Until 11:09AM
Taitila Until 6:53PM
Ashtami* Until 6:17AM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon - Orange
Magha-Masi

Sunrise: 6:26AM
Sunset: 6:12PM

Sivaloka Day

Creative Work Siddha Yoga

1		Thursday, February 28, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 2.11	Tithi 24 – 25	Gulika	9:22AM – 10:50AM	Mula* Until 4:03AM Fri	Ganesh: Red	<i>Sunrise:</i> 6:25AM			
		Yama	6:25AM – 7:54AM	Vajra* Until 11:09AM	Muruga: Clear	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 44	
		988273367 Rahu	1:47PM – 3:15PM	Vanija Until 8:35PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Navami* Until 7:38AM	Moon – Light Blue			Devaloka Day	
Until 4:03AM Fri					Magha-Masi				
Then Routine Work - Prabalarishta Yoga									

2		Friday, March 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Uтарыashadha Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekashyam Titau		Yangon, Myanmar Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 14.18	Tithi 25 – 26	Gulika	7:53AM – 9:21AM	Purvashadha* Until 6:52AM Sat	Ganesh: Red	<i>Sunrise:</i> 6:24AM			
		Yama	3:15PM – 4:44PM	Siddhi Until 11:39AM	Muruga: Clear	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 44	
		988273367 Rahu	10:50AM – 12:18PM	Bava Until 10:49PM	Nataraja: White			2nd Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 9:37AM	Moon – Light Blue			Devaloka Day	
Until 6:52AM Sat					Magha-Masi				
Then Routine Work - Marana Yoga									

3		Saturday, March 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uтарыashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvashyam Titau		Yangon, Myanmar Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 26.13	Tithi 26 – 27	Gulika	6:23AM – 7:52AM	Purvashadha* Until 6:52AM	Ganesh: Red	<i>Sunrise:</i> 6:23AM			
		Yama	1:47PM – 3:15PM	Vyatipata* Until 12:29PM	Muruga: Clear	<i>Sunset:</i> 6:13PM		Moon 2 - Phase 44	
		988273367 Rahu	9:21AM – 10:49AM	Kaulava Until 1:25AM Sun	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 12:04PM	Moon – Light Blue			Devaloka Day	
Until 6:52AM					Magha-Masi				
Then Routine Work - Marana Yoga									

4		Sunday, March 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uтарыashadha/Shravana Nakshatra Variyan/Parigha* Yoga Taitila/Vanija Karana Dvashadi/Trayodashyam Titau		Yangon, Myanmar Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 8.02	Tithi 27 – 28	Gulika	3:15PM – 4:44PM	Uтарыashadha Until 9:49AM	Ganesh: Red	<i>Sunrise:</i> 6:23AM			
		Yama	12:18PM – 1:47PM	Variyan Until 9:49AM	Muruga: Clear	<i>Sunset:</i> 6:13PM		Moon 2 - Phase 44	
		988273367 Rahu	4:44PM – 6:13PM	Vanija Until 16:90AM Mon	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Dvashadi* Until 2:45PM	Moon – Light Blue			Devaloka Day	
Until 6:52AM					Magha-Masi				
Then Routine Work - Marana Yoga									

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 19.48	Tithi 28 – 29	Gulika	1:47PM – 3:15PM	Shravana Until 1:10PM	Ganesh: Yellow	<i>Sunrise:</i> 6:22AM			
Family Home Evening		Yama	10:49AM – 12:18PM	Parigha* Until 2:32PM	Muruga: Clear	<i>Sunset:</i> 6:13PM		Moon 2 - Phase 44	
		988273367 Rahu	7:51AM – 9:20AM	Visti Until 6:52AM Tue	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 5:30PM	Moon – Purple			Devaloka Day	
Until 1:10PM					Magha-Masi				
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)							
		Mahasivaratri (Solar)							

6		Tuesday, March 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Yangon, Myanmar Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 1.35	Tithi 29	Gulika	12:17PM – 1:46PM	Dhanishtha Until 4:17PM	Ganesh: White	<i>Sunrise:</i> 6:21AM			
		Yama	9:19AM – 10:48AM	Shiva Until 3:33PM	Muruga: Clear	<i>Sunset:</i> 6:13PM		Moon 2 - Phase 44	
		999273367 Rahu	3:15PM – 4:44PM	Visti Until 6:52AM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashy* Until 8:09PM	Moon – Purple			Bhuloka Day	
Until 4:17PM					Magha-Masi			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

Retreat Star		Wednesday, March 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Yangon, Myanmar Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 13.26	Tithi 30	Gulika	10:48AM – 12:17PM	Shatabhishak Until 7:03PM	Ganesh: Clear	<i>Sunrise:</i> 6:21AM			
		Yama	7:50AM – 9:19AM	Siddha Until 4:23PM	Muruga: Clear	<i>Sunset:</i> 6:14PM		Moon 2 - Phase 44	
		199273367 Rahu	12:17PM – 1:46PM	Catuspada Until 9:26AM	Nataraja: White			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 10:36PM	Moon – Purple			Devaloka Day	
Until 7:03PM					Magha-Masi				
Then Creative Work - Amrita Yoga									

Retreat Star		Thursday, March 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna* Karana Prathamayam Titau		Yangon, Myanmar Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 25.22	Tithi 1	Gulika	9:18AM – 10:48AM	Purvaproshtapada* Until 9:54PM	Ganesh: Yellow	<i>Sunrise:</i> 6:20AM			
		Yama	6:20AM – 7:49AM	Sadhya Until 5:02PM	Muruga: Clear	<i>Sunset:</i> 6:14PM		Moon 2 - Phase 44	
		119373367 Rahu	1:46PM – 3:15PM	Kintughna Until 11:44AM	Nataraja: White			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 12:45AM Fri	Moon – Clear			Devaloka Day	
					Phalguna-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1		Friday, March 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau	Yangon, Myanmar Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 7.24	Tithi 2	Gulika 7:49AM – 9:18AM	Uttaraproshtapada Until 12:16AM Sat	Ganesh: Yellow <i>Sunrise:</i> 6:19AM			
		Yama 3:15PM – 4:45PM	Subha Until 5:28PM	Muruga: Clear <i>Sunset:</i> 6:14PM		Moon 2 - Phase 45	
		119373367 Rahu 10:47AM – 12:17PM	Balava Until 14:83AM Sat	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 5:02PM	Moon – Clear		Devaloka Day	
Until 12:16AM Sat				Phalguna-Masi			
Then Routine Work - Prabalarishta Yoga							

2		Saturday, March 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau	Yangon, Myanmar Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 19.35	Tithi 3	Gulika 6:19AM – 7:48AM	Revati Until 2:08AM Sun	Ganesh: Yellow <i>Sunrise:</i> 6:19AM			
		Yama 1:46PM – 3:15PM	Sukla Until 5:37PM	Muruga: Clear <i>Sunset:</i> 6:14PM		Moon 2 - Phase 45	
		119373367 Rahu 9:18AM – 10:47AM	Tailila Until 3:23PM	Nataraja: White		3rd Phase	
Routine Work	Prabalarishta Yoga		Tritiya Until 4:03AM Sun	Moon – Clear		Devaloka Day	
Until 2:08AM Sun				Phalguna-Masi			
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day					

3		Sunday, March 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau	Yangon, Myanmar Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 1.54	Tithi 4	Gulika 3:15PM – 4:45PM	Ashvini Until 3:57AM Mon	Ganesh: Red <i>Sunrise:</i> 6:18AM			
		Yama 12:16PM – 1:46PM	Brahma Until 5:29PM	Muruga: Clear <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45	
		129373367 Rahu 4:45PM – 6:15PM	Vanija Until 4:39PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 5:08AM Mon	Moon – White		Devaloka Day	
				Phalguna-Masi			

4		Monday, March 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau	Yangon, Myanmar Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 14.24	Tithi 5	Gulika 1:46PM – 3:15PM	Bharani Until 5:11AM Tue	Ganesh: Red <i>Sunrise:</i> 6:17AM			
Family Home Evening		Yama 10:46AM – 12:16PM	Indra Until 5:04PM	Muruga: Clear <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45	
		129373367 Rahu 7:47AM – 9:17AM	Bava Until 5:31PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 5:46AM Tue	Moon – White		Devaloka Day	
				Phalguna-Masi			

5		Tuesday, March 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau	Yangon, Myanmar Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 27.05	Tithi 6	Gulika 12:16PM – 1:45PM	Krittika Until 5:47AM Wed	Ganesh: Red <i>Sunrise:</i> 6:16AM			
		Yama 9:16AM – 10:46AM	Vaidhriti* Until 4:15PM	Muruga: Clear <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45	
		129373367 Rahu 3:15PM – 4:45PM	Kaulava Until 5:55PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 5:54AM Wed	Moon – White		Devaloka Day	
				Phalguna-Masi			

6		Wednesday, March 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau	Yangon, Myanmar Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 10.01	Tithi 7	Gulika 10:46AM – 12:15PM	Rohini Until 6:09AM Thu	Ganesh: Purple <i>Sunrise:</i> 6:16AM			
		Yama 7:46AM – 9:16AM	Vishkambha* Until 3:03PM	Muruga: Clear <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45	
		131373367 Rahu 12:15PM – 1:45PM	Gara Until 5:47PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 5:29AM Thu	Moon – Yellow		Sivaloka Day	
Until 6:09AM Thu				Phalguna-Masi			
Then Routine Work - Marana Yoga							

Retreat Star		Thursday, March 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau	Yangon, Myanmar Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 23.14	Tithi 8	Gulika 9:15AM – 10:45AM	Rohini Until 6:09AM	Ganesh: Purple <i>Sunrise:</i> 6:15AM			
		Yama 6:15AM – 7:45AM	Priti Until 1:24PM	Muruga: Clear <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45	
		131373367 Rahu 1:45PM – 3:15PM	Visti Until 5:03PM	Nataraja: White		Ashtami	
Routine Work	Marana Yoga		Ashtami* Until 4:26AM Fri	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

Retreat Star		Friday, March 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau	Yangon, Myanmar Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 6.47	Tithi 9	Gulika 7:44AM – 9:15AM	Ardra Until 4:37AM Sat	Ganesh: Purple <i>Sunrise:</i> 6:14AM			
		Yama 3:15PM – 4:45PM	Ayushman Until 11:14AM	Muruga: Clear <i>Sunset:</i> 6:15PM		Moon 2 - Phase 45	
		131373367 Rahu 10:45AM – 12:15PM	Balava Until 3:42PM	Nataraja: White		Navami	
Creative Work	Siddha Yoga		Navami* Until 2:47AM Sat	Moon – Yellow		Sivaloka Day	
		Karadaiyan Nombu (Tamil Nadu)		Phalguna-Panguni			

1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam				Yangon, Myanmar
Mithuna Rasi: 20.43		Punarvasu Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dashamyam Titau				Sun 24 Sutra 335
Tihti 10		Gulika 6:14AM – 7:44AM	Punarvasu Until 3:11AM Sun	Ganesh: Clear	<i>Sunrise:</i> 6:14AM	Vilamba 5120
141373368		Yama 1:45PM – 3:15PM	Saubhagya Until 8:35AM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu 9:14AM – 10:44AM	Taitila Until 1:44PM	Nataraja: Clear		4th Phase
			Dashami Until 12:32AM Sun	Moon – Blue		Sivaloka Day
				Phalguna •Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam				Yangon, Myanmar
Kataka Rasi: 5.01		Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 336
Tihti 11		Gulika 3:15PM – 4:45PM	Pushya Until 1:06AM Mon	Ganesh: Clear	<i>Sunrise:</i> 6:13AM	Vilamba 5120
141373368		Yama 12:14PM – 1:45PM	Athiganda* Until 1:59AM Mon	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu 4:45PM – 6:16PM	Vanija Until 11:14AM	Nataraja: Clear		4th Phase
			Ekadashi Until 9:46PM	Moon – Blue		Sivaloka Day
				Phalguna •Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam				Yangon, Myanmar
Kataka Rasi: 19.4		Ashlesha* Nakshatra Sukarma Yoga Bava/Balava Karana Dvodashyam Titau				Sun 26 Sutra 337
Tihti 12		Gulika 1:45PM – 3:15PM	Ashlesha* Until 10:31PM	Ganesh: Clear	<i>Sunrise:</i> 6:12AM	Vilamba 5120
141373368		Yama 10:44AM – 12:14PM	Sukarma Until 10:10PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Family Home Evening		Rahu 7:43AM – 9:13AM	Bava Until 8:15AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:37PM	Moon – Blue		Sivaloka Day
Until 10:31PM		Yogaswami Mahasamadhi		Phalguna •Panguni		
Then Routine Work - Marana Yoga						

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam				Yangon, Myanmar
Simha Rasi: 4.35		Magha* Nakshatra Dhriti Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 338
Tihti 13 – 14		Gulika 12:14PM – 1:44PM	Magha* Until 7:57PM	Ganesh: White	<i>Sunrise:</i> 6:11AM	Vilamba 5120
151373368		Yama 9:12AM – 10:43AM	Dhriti Until 6:10PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu 3:15PM – 4:46PM	Gara Until 1:26AM Wed	Nataraja: Clear		4th Phase
			Trayodashi Until 3:11PM	Moon – Red		Subha Sivaloka Day
				Phalguna •Panguni		

Pradosha Vrata

○ Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam				Yangon, Myanmar
Copper Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 339
Simha Rasi: 19.38		Gulika 10:43AM – 12:13PM	Purvaphalguni Until 5:10PM	Ganesh: White	<i>Sunrise:</i> 6:10AM	Vilamba 5120
Tihti 14 – 15		Yama 7:41AM – 9:12AM	Shula* Until 2:04PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
151373368		Rahu 12:13PM – 1:44PM	Visti Until 9:53PM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 11:38AM	Moon – Red		Subha Sivaloka Day
		Panguni Uttiram		Phalguna •Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Yangon, Myanmar
Silver Retreat Star		Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 340
Kanya Rasi: 4.42		Gulika 9:11AM – 10:42AM	Uttaraphalguni Until 2:20PM	Ganesh: White	<i>Sunrise:</i> 6:10AM	Vilamba 5120
Tihti 15 – 16		Yama 6:10AM – 7:41AM	Ganda* Until 10:01AM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
151373368		Rahu 1:44PM – 3:15PM	Balava Until 6:27PM	Nataraja: Clear		Prathama
Amrita Yoga			Purnima* Until 8:07AM	Moon – Red		Subha Sivaloka Day
Until 2:20PM				Phalguna •Panguni		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar

Sutra 341

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 19.37 Tiithi 17

161383368

Gulika 7:40AM - 9:11AM
Yama 3:15PM - 4:46PM
Rahu 10:42AM - 12:13PMHasta Until 12:03PM
Vriddhi Until 6:11AM
Tailila Until 3:19PM
Dvitiya Until 1:54AM SatGanesha: Yellow Sunrise: 6:09AM
Muruga: White Sunset: 6:17PM
Nataraja: Clear
Moon - Green
Phalgun-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 12:03PM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 4.13 Tiithi 18

161383368

Gulika 6:08AM - 7:39AM
Yama 1:44PM - 3:15PM
Rahu 9:10AM - 10:41AMChitra Until 10:03AM
Vyaghata* Until 11:33PM
Vanija Until 12:39PM
Tritiya Until 11:32PMGanesha: Yellow Sunrise: 6:08AM
Muruga: White Sunset: 6:17PM
Nataraja: Clear
Moon - Green
Phalgun-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 10:03AM

Then Creative Work - Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthayam Titau

Yangon, Myanmar

Sun 2 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 18.26 Tiithi 19

162383368

Gulika 3:15PM - 4:46PM
Yama 12:12PM - 1:43PM
Rahu 4:46PM - 6:17PMSvati Until 8:32AM
Harshana Until 9:03PM
Bava Until 10:37AM
Chaturthi* Until 9:51PMGanesha: Blue Sunrise: 6:07AM
Muruga: White Sunset: 6:17PM
Nataraja: Clear
Moon - Green
Phalgun-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 8:32AM

Then Routine Work - Marana Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Tailila Karana Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 2.11 Tiithi 20

172383368

Gulika 1:43PM - 3:15PM
Yama 10:41AM - 12:12PM
Rahu 7:38AM - 9:09AMVishakha Until 8:01AM
Vajra* Until 7:11PM
Kaulava Until 9:20AM
Panchami Until 8:59PMGanesha: Red Sunrise: 6:07AM
Muruga: White Sunset: 6:17PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 8:01AM

Then Creative Work - Siddha Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 15.27 Tiithi 21

172383368

Gulika 12:12PM - 1:43PM
Yama 9:09AM - 10:40AM
Rahu 3:15PM - 4:46PMAnuradha Until 8:13AM
Siddhi Until 6:01PM
Gara Until 8:54AM
Shashthi* Until 9:00PMGanesha: Red Sunrise: 6:06AM
Muruga: White Sunset: 6:17PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 8:13AM

Then Routine Work - Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 28.16 Tiithi 22

172383368

Gulika 10:40AM - 12:11PM
Yama 7:37AM - 9:08AM
Rahu 12:11PM - 1:43PMJyeshtha* Until 9:07AM
Vyatipata* Until 5:32PM
Visti Until 9:22AM
Saptami Until 9:54PMGanesha: Red Sunrise: 6:05AM
Muruga: White Sunset: 6:18PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 9:07AM

Then Routine Work - Marana Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 6 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 10.42 Tiithi 23

182383368

Gulika 9:08AM - 10:39AM
Yama 6:04AM - 7:36AM
Rahu 1:43PM - 3:14PMMula* Until 11:08AM
Variyan Until 5:39PM
Balava Until 10:40AM
Ashtami* Until 11:34PMGanesha: Green Sunrise: 6:04AM
Muruga: White Sunset: 6:18PM
Nataraja: Clear
Moon - Light Blue
Phalgun-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Tailila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 7 Sutra 348

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 22.5 Tiithi 24

182383468

Gulika 7:35AM - 9:07AM
Yama 3:14PM - 4:46PM
Rahu 10:39AM - 12:11PMPurvashadha* Until 1:40PM
Parigha* Until 6:15PM
Tailila Until 12:39PM
Navami* Until 1:49AM SatGanesha: Green Sunrise: 6:04AM
Muruga: Yellow Sunset: 6:18PM
Nataraja: Purple
Moon - Light Blue
Phalgun-Panguni

Devaloka Day

Routine Work Prabalarishta Yoga

Until 1:40PM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantla Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau	Yangon, Myanmar Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 4.45	Tithi 25	Gulika	6:03AM – 7:35AM	Uttarashadha Until 4:27PM	Ganesha: Green	<i>Sunrise:</i> 6:03AM	
		Yama	1:42PM – 3:14PM	Shiva Until 7:12PM	Muruga: Yellow	<i>Sunset:</i> 6:18PM	
		182383468 Rahu	9:07AM – 10:39AM	Vanija Until 3:06PM	Nataraja: Purple	Moon 3 - Phase 48	
Routine Work	Marana Yoga			Dashami Until 4:24AM Sun	Moon – Light Blue	2nd Phase	
Until 4:27PM					Phalguna•Panguni	Devaloka Day	
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau	Yangon, Myanmar Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 16.34	Tithi 26	Gulika	3:14PM – 4:46PM	Shravana Until 7:47PM	Ganesha: Orange	<i>Sunrise:</i> 6:02AM	
		Yama	12:10PM – 1:42PM	Siddha Until 8:15PM	Muruga: Yellow	<i>Sunset:</i> 6:18PM	
		192383468 Rahu	4:46PM – 6:18PM	Bava Until 5:47PM	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Amrita Yoga			Ekadashi* Until 7:06AM Mon	Moon – Purple	2nd Phase	
Until 7:47PM					Phalguna•Panguni	Sivaloka Day	
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Yangon, Myanmar Sun 10 Sutra 351 Vilamba 5120
Makara Rasi: 28.2	Tithi 26 – 27	Gulika	1:42PM – 3:14PM	Dhanishtha Until 10:55PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM	
		Yama	10:38AM – 12:10PM	Sadhya Until 9:17PM	Muruga: Yellow	<i>Sunset:</i> 6:18PM	
Family Home Evening		192483468 Rahu	7:34AM – 9:06AM	Kaulava Until 8:26PM	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Ekadashi* Until 7:06AM	Moon – Purple	2nd Phase	
					Phalguna•Panguni	Subha Sivaloka Day	

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 10.09	Tithi 27 – 28	Gulika	12:10PM – 1:42PM	Shatabhishak Until 1:40AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:01AM	
		Yama	9:06AM – 10:38AM	Subha Until 10:11PM	Muruga: Yellow	<i>Sunset:</i> 6:18PM	
		192483468 Rahu	3:14PM – 4:46PM	Gara Until 10:53PM	Nataraja: Purple	Moon 3 - Phase 48	
Routine Work	Marana Yoga			Dvadashi* Until 9:41AM	Moon – Purple	2nd Phase	
Until 1:40AM Wed					Phalguna•Panguni	Subha Sivaloka Day	
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 22.04	Tithi 28 – 29	Gulika	10:37AM – 12:10PM	Purvaproshtapada* Until 4:25AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:01AM	
		Yama	7:33AM – 9:05AM	Sukla Until 10:47PM	Muruga: Yellow	<i>Sunset:</i> 6:19PM	
		112483468 Rahu	12:10PM – 1:42PM	Visti Until 1:00AM Thu	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Amrita Yoga			Trayodashi* Until 11:58AM	Moon – Clear	2nd Phase	
Until 4:25AM Thu					Phalguna•Panguni	Sivaloka Day	
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, April 4, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Yangon, Myanmar Sun 13 Sutra 354 Vilamba 5120
Meena Rasi: 4.07	Tithi 29 – 30	Gulika	9:04AM – 10:37AM	Uttaraproshtapada Until 6:36AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:00AM	
		Yama	6:00AM – 7:32AM	Brahma Until 11:06PM	Muruga: Yellow	<i>Sunset:</i> 6:19PM	
		112483468 Rahu	1:42PM – 3:14PM	Catuspada Until 2:41AM Fri	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Chaturdashi* Until 1:52PM	Moon – Clear	Amavasya	
					Phalguna•Panguni	Sivaloka Day	

Retreat Star		Friday, April 5, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revali Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Yangon, Myanmar Sun 14 Sutra 355 Vilamba 5120
Meena Rasi: 16.21	Tithi 30 – 1	Gulika	7:31AM – 9:04AM	Uttaraproshtapada Until 6:36AM	Ganesha: Orange	<i>Sunrise:</i> 5:59AM	
		Yama	3:14PM – 4:46PM	Indra Until 11:07PM	Muruga: Yellow	<i>Sunset:</i> 6:19PM	
		112483468 Rahu	10:36AM – 12:09PM	Kintughna Until 3:57AM Sat	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Amavasya* Until 3:21PM	Moon – Clear	Prathama	
		Yugadhi			Chaitra•Panguni	Sivaloka Day	

1 Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Yangon, Myanmar Sun 15 Sutra 356 Vilamba 5120
Meena Rasi: 28.46	Tithi 1 – 2	Gulika 5:58AM – 7:31AM Yama 1:41PM – 3:14PM 123483468 Rahu 9:03AM – 10:36AM	Revati Until 8:12AM Vaidhriti* Until 10:45PM Balava Until 4:47AM Sun Prathama* Until 4:24PM	Ganesh: Light Blue <i>Sunrise:</i> 5:58AM Muruga: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Clear Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Routine Work Prabalarishta Yoga Until 8:12AM Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi			

2 Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Yangon, Myanmar Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.21	Tithi 2 – 3	Gulika 3:14PM – 4:46PM Yama 12:08PM – 1:41PM 123483468 Rahu 4:46PM – 6:19PM	Ashvini Until 9:43AM Vishkambha* Until 10:06PM Taitila Until 5:12AM Mon Dvitiya Until 5:01PM	Ganesh: Purple <i>Sunrise:</i> 5:58AM Muruga: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – White Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 9:43AM Then Routine Work - Prabalarishta Yoga					

3 Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Yangon, Myanmar Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.08	Tithi 3 – 4	Gulika 1:41PM – 3:14PM Yama 10:35AM – 12:08PM 123483468 Rahu 7:30AM – 9:02AM	Bharani Until 10:42AM Priti Until 9:10PM Vanija Until 5:15AM Tue Tritiya Until 5:15PM	Ganesh: Purple <i>Sunrise:</i> 5:57AM Muruga: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – White Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 10:42AM Then Routine Work - Marana Yoga					

4 Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Yangon, Myanmar Sun 18 Sutra 359 Vilamba 5120
Vrisshabha Rasi: 7.06	Tithi 4 – 5	Gulika 12:08PM – 1:41PM Yama 9:02AM – 10:35AM 123483468 Rahu 3:14PM – 4:47PM	Krittika Until 11:09AM Ayushman Until 7:55PM Bava Until 4:56AM Wed Chaturthi* Until 5:07PM	Ganesh: Purple <i>Sunrise:</i> 5:56AM Muruga: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – White Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 11:09AM Then Creative Work - Amrita Yoga					

5 Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Yangon, Myanmar Sun 19 Sutra 360 Vilamba 5120
Vrisshabha Rasi: 20.15	Tithi 5 – 6	Gulika 10:34AM – 12:07PM Yama 7:28AM – 9:01AM 133483468 Rahu 12:07PM – 1:41PM	Rohini Until 11:33AM Saubhagya Until 6:23PM Kaulava Until 4:14AM Thu Panchami Until 4:37PM	Ganesh: Clear <i>Sunrise:</i> 5:55AM Muruga: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Sivaloka Day
Creative Work Siddha Yoga					

6 Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Yangon, Myanmar Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 4	Tithi 6 – 7	Gulika 9:01AM – 10:34AM Yama 5:55AM – 7:28AM 133483468 Rahu 1:40PM – 3:14PM	Mrigashira Until 11:26AM Sobhana Until 4:34PM Gara Until 3:09AM Fri Shashthi* Until 3:44PM	Ganesh: Clear <i>Sunrise:</i> 5:55AM Muruga: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Sivaloka Day
Routine Work Marana Yoga					

Retreat Star Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vajira/Visti* Karana Saptami/Ashtamyam Titau			Yangon, Myanmar Sun 21 Sutra 362 Vilamba 5120
Mithuna Rasi: 17.11	Tithi 7 – 8	Gulika 7:27AM – 9:00AM Yama 3:13PM – 4:47PM 133483468 Rahu 10:34AM – 12:07PM	Ardra Until 10:46AM Athiganda* Until 2:23PM Visti Until 1:38AM Sat Saptami Until 2:26PM	Ganesh: Clear <i>Sunrise:</i> 5:54AM Muruga: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	Moon 3 - Phase 49 Ashtami Sivaloka Day
Creative Work Siddha Yoga					

Retreat Star Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Yangon, Myanmar Sun 22 Sutra 363 Vilamba 5120
Kataka Rasi: 1	Tithi 8 – 9	Gulika 5:53AM – 7:27AM Yama 1:40PM – 3:13PM 143483468 Rahu 9:00AM – 10:33AM	Punarvasu Until 9:59AM Sukarma Until 11:53AM Balava Until 11:43PM Ashtami* Until 12:43PM	Ganesh: White <i>Sunrise:</i> 5:53AM Muruga: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Blue Chaitra•Panguni	Moon 3 - Phase 49 Navami Devaloka Day
Creative Work Siddha Yoga		Sri Rama Navami			

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar Sun 23 Sutra 364 Vikarin 5121
Kataka Rasi: 15.05	Tithi 9 – 10	Gulika 3:13PM – 4:47PM	Pushya Until 8:39AM	Ganesh: White <i>Sunrise:</i> 5:52AM	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 1 4th Phase
Creative Work	Siddha Yoga	Yama 12:06PM – 1:40PM	Dhriti Until 9:05AM	Muruga: Yellow		
		143483468 Rahu 4:47PM – 6:20PM	Taitila Until 9:25PM	Nataraja: Purple		
			Navami* Until 10:36AM	Moon – Blue		Devaloka Day
		Tamil New Year		Chaitra*Chaitra		

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 1 Vikarin 5121
Kataka Rasi: 29.25	Tithi 10 – 11	Gulika 1:40PM – 3:13PM	Ashlesha* Until 6:49AM	Ganesh: Clear <i>Sunrise:</i> 5:52AM	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 1 4th Phase
Family Home Evening		Yama 10:33AM – 12:06PM	Ganda* Until 2:35AM Tue	Muruga: Yellow		
Creative Work	Siddha Yoga	243483468 Rahu 7:25AM – 8:59AM	Vanija Until 6:46PM	Nataraja: Purple		
Until 6:49AM			Dashami Until 8:07AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga				Chaitra*Chaitra		

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 2 Vikarin 5121
Simha Rasi: 13.58	Tithi 12	Gulika 12:06PM – 1:40PM	Purvaphalguni Until 2:46AM Wed	Ganesh: White <i>Sunrise:</i> 5:51AM	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 1 4th Phase
Creative Work	Siddha Yoga	Yama 8:58AM – 10:32AM	Vriddhi Until 11:03PM	Muruga: Yellow		
Until 2:46AM Wed		253483468 Rahu 3:13PM – 4:47PM	Bava Until 3:53PM	Nataraja: Purple		
Then Creative Work - Amrita Yoga			Dvadashi Until 2:22AM Wed	Moon – Red		Devaloka Day
				Chaitra*Chaitra		

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 3 Vikarin 5121
Simha Rasi: 28.38	Tithi 13	Gulika 10:32AM – 12:06PM	Uttaraphalguni Until 12:23AM Thu	Ganesh: White <i>Sunrise:</i> 5:50AM	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 1 4th Phase
Creative Work	Amrita Yoga	Yama 7:24AM – 8:58AM	Dhruva Until 7:26PM	Muruga: Yellow		
Until 12:23AM Thu		253483468 Rahu 12:06PM – 1:39PM	Kaulava Until 12:52PM	Nataraja: Purple		
Then Routine Work - Marana Yoga			Trayodashi Until 11:20PM	Moon – Red		Devaloka Day
				Chaitra*Chaitra		
			<i>Pradosha Vrata</i>			

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 4 Vikarin 5121
Kanya Rasi: 13.2	Tithi 14	Gulika 8:58AM – 10:31AM	Hasta Until 10:21PM	Ganesh: Yellow <i>Sunrise:</i> 5:50AM	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 1 4th Phase
Routine Work	Marana Yoga	Yama 5:50AM – 7:24AM	Vyaghata* Until 3:52PM	Muruga: Yellow		
Until 10:21PM		263483468 Rahu 1:39PM – 3:13PM	Gara Until 9:52AM	Nataraja: Purple		
Then Creative Work - Siddha Yoga			Chaturdashi* Until 8:23PM	Moon – Green		Sivaloka Day
				Chaitra*Chaitra		

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar Sun 28 Sutra 5 Vikarin 5121
Kanya Rasi: 27.58	Tithi 15 – 16	Gulika 7:23AM – 8:57AM	Chitra Until 8:26PM	Ganesh: Yellow <i>Sunrise:</i> 5:49AM	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 1 Purnima
Creative Work	Siddha Yoga	Yama 3:13PM – 4:47PM	Harshana Until 12:29PM	Muruga: Yellow		
		263483468 Rahu 10:31AM – 12:05PM	Visti Until 7:00AM	Nataraja: Purple		
			Purnima* Until 5:39PM	Moon – Green		Sivaloka Day
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		
		Hanuman Jayanti				

Saturday, April 20, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 29 Sutra 6 Vikarin 5121
Tula Rasi: 12.22	Tithi 16 – 17	Gulika 5:48AM – 7:22AM	Svati Until 6:47PM	Ganesh: Red <i>Sunrise:</i> 5:48AM	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 1 Prathama
Creative Work	Siddha Yoga	Yama 1:39PM – 3:13PM	Vajra* Until 9:21AM	Muruga: Yellow		
		264483468 Rahu 8:57AM – 10:31AM	Taitila Until 2:21AM Sun	Nataraja: Purple		
			Prathama* Until 3:19PM	Moon – Green		Sivaloka Day
				Chaitra*Chaitra		