



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Winterthur, Switzerland

Vishakha/Anuradha Nakshatra Variyan Yoga Tailila/Vanija Karana Dvitiyayam Titau

Sutra 16

Vrischika Rasi: 0.29 Tiithi 17

273832369

**Gulika** 12:24PM – 2:12PM  
Yama 8:47AM – 10:36AM  
**Rahu** 4:00PM – 5:49PM

**Vishakha** Until 11:23AM  
Variyan Until 11:23AM  
Tailila Until 2:40PM  
Dvitiya Until 3:09AM Wed

**Ganesh:** Purple *Sunrise:* 5:11AM  
**Muruga:** White *Sunset:* 7:37PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Routine Work Marana Yoga

Until 11:23AM

Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Winterthur, Switzerland

Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija Karana Tritiyayam Titau

Sun 1 Sutra 17

Vrischika Rasi: 13.01 Tiithi 18

273832369

**Gulika** 10:35AM – 12:24PM  
Yama 6:58AM – 8:46AM  
**Rahu** 12:24PM – 2:12PM

**Anuradha** Until 6:30AM Fri Thu  
Parigha\* Until 4:56AM Thu  
Vanija Until 3:49PM  
Tritiya Until 4:34AM Thu

**Ganesh:** Purple *Sunrise:* 5:09AM  
**Muruga:** White *Sunset:* 7:38PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Winterthur, Switzerland

Anuradha/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthiyam Titau

Sun 2 Sutra 18

Vrischika Rasi: 25.17 Tiithi 19

274832369

**Gulika** 8:46AM – 10:35AM  
Yama 5:07AM – 6:57AM  
**Rahu** 2:13PM – 4:02PM

**Anuradha** Until 6:30AM Fri  
Shiva Until 3:08PM  
Bava Until 19:39AM Fri  
Chaturthi\* Until 4:56AM Thu

**Ganesh:** Clear *Sunrise:* 5:07AM  
**Muruga:** White *Sunset:* 7:40PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga

Until 6:30AM Fri

Then Creative Work - Amrita Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Winterthur, Switzerland

Jyeshtha\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 19

Dhanus Rasi: 7.22 Tiithi 19 – 20

284832369

**Gulika** 6:55AM – 8:45AM  
Yama 4:02PM – 5:52PM  
**Rahu** 10:34AM – 12:23PM

**Jyeshtha\*** Until 6:30AM  
Siddha Until 8:59PM Sat  
Kaulava Until 7:39PM  
Chaturthi\* Until 5:28AM Fri

**Ganesh:** White *Sunrise:* 5:06AM  
**Muruga:** White *Sunset:* 7:41PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 6:30AM

Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Winterthur, Switzerland

Mula\*/Purvashadha\* Nakshatra Siddha/Sadhya Yoga Tailila/Vanija Karana Panchami/Shashthyam Titau

Sun 4 Sutra 20

Dhanus Rasi: 19.16 Tiithi 20 – 21

284832369

**Gulika** 5:04AM – 6:54AM  
Yama 2:13PM – 4:03PM  
**Rahu** 8:44AM – 10:34AM

**Mula\*** Until 8:50AM  
Siddha Until 8:59PM  
Vanija Until 11:23AM Sun  
Panchami Until 8:50AM

**Ganesh:** White *Sunrise:* 5:04AM  
**Muruga:** White *Sunset:* 7:42PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 8:50AM

Then Routine Work - Marana Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Winterthur, Switzerland

Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 21

Makara Rasi: 1.05 Tiithi 21 – 22

284832369

**Gulika** 4:03PM – 5:54PM  
Yama 12:23PM – 2:13PM  
**Rahu** 5:54PM – 7:44PM

**Uttarashadha** Until 1:56PM Mon  
Sadhya Until 7:18AM  
Visti Until 12:42AM Mon  
Shashthi\* Until 7:18AM Sun

**Ganesh:** White *Sunrise:* 5:03AM  
**Muruga:** White *Sunset:* 7:44PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

D

Monday, May 7, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Winterthur, Switzerland

Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 22

Makara Rasi: 12.54 Tiithi 22 – 23

294832369

**Gulika** 2:14PM – 4:04PM  
Yama 10:33AM – 12:23PM  
**Rahu** 6:52AM – 8:42AM

**Uttarashadha** Until 1:56PM  
Subha Until 9:14AM Tue  
Balava Until 2:68AM Tue  
Saptami Until 7:18AM

**Ganesh:** Yellow *Sunrise:* 5:01AM  
**Muruga:** White *Sunset:* 7:45PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Until 1:56PM

Then Creative Work - Siddha Yoga

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Winterthur, Switzerland

Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava Karana Ashtami/Navamyam Titau

Sun 7 Sutra 23

Makara Rasi: 24.47 Tiithi 23 – 24

294832369

**Gulika** 12:23PM – 2:14PM  
Yama 8:42AM – 10:32AM  
**Rahu** 4:05PM – 5:56PM

**Dhanishtha** Until 5:40AM Wed  
Sukla Until 5:40AM Wed  
Kaulava Until 4:12PM  
Ashtami\* Until 4:12PM

**Ganesh:** Yellow *Sunrise:* 5:00AM  
**Muruga:** White *Sunset:* 7:46PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Navami

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>		<b>Wednesday, May 9, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara Karana Navami/Dashamyam Titau		Winterthur, Switzerland Sun 8 Sutra 24	
Kumbha Rasi: 6.49	Tithi 24 – 25	<b>Gulika</b>	<b>10:32AM – 12:23PM</b>	<b>Shatabhishak Until 7:30AM Thu</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:58AM	Vilamba 5120		
		Yama	6:50AM – 8:41AM	Brahma Until 7:30AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 7:48PM	Moon 4 - Phase 4		
		294832369 <b>Rahu</b>	<b>12:23PM – 2:14PM</b>	Gara Until 5:57PM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Navami* Until 5:57PM</b>	Moon – Purple		<b>Bhuloka Day</b>		
					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM		

<b>2</b>		<b>Thursday, May 10, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 25	
Kumbha Rasi: 19.07	Tithi 25	<b>Gulika</b>	<b>8:40AM – 10:32AM</b>	<b>Shatabhishak Until 7:30AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:57AM	Vilamba 5120		
		Yama	4:57AM – 6:49AM	Indra Until 9:49AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:49PM	Moon 4 - Phase 4		
		294832369 <b>Rahu</b>	<b>2:15PM – 4:06PM</b>	Vanija Until 6:35AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Dashami Until 7:00PM</b>	Moon – Purple		<b>Bhuloka Day</b>		
					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM		

<b>3</b>		<b>Friday, May 11, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 26	
Meena Rasi: 1.46	Tithi 26	<b>Gulika</b>	<b>6:48AM – 8:39AM</b>	<b>Purvaproshtapada* Until 8:55AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:56AM	Vilamba 5120		
		Yama	4:07PM – 5:58PM	Vaidhriti* Until 9:14AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:50PM	Moon 4 - Phase 4		
		214832369 <b>Rahu</b>	<b>10:31AM – 12:23PM</b>	Bava Until 7:14AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Ekadashi* Until 7:14PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM		

<b>4</b>		<b>Saturday, May 12, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau		Winterthur, Switzerland Sun 11 Sutra 27	
Meena Rasi: 14.47	Tithi 27	<b>Gulika</b>	<b>4:54AM – 6:46AM</b>	<b>Uttaraproshtapada Until 5:18PM Sun</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 4:54AM	Vilamba 5120		
		Yama	2:15PM – 4:07PM	Vishkambha* Until 8:01AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:52PM	Moon 4 - Phase 4		
		214932369 <b>Rahu</b>	<b>8:39AM – 10:31AM</b>	Kaulava Until 7:03AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Dvadashi* Until 6:39PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
Until 5:18PM Sun					<b>Vaisaka-Chaitra</b>				
Then Routine Work - Prabalarishta Yoga									

<b>5</b>		<b>Sunday, May 13, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 12 Sutra 28	
Meena Rasi: 28.16	Tithi 28 – 29	<b>Gulika</b>	<b>4:08PM – 6:00PM</b>	<b>Uttaraproshtapada Until 5:18PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 4:53AM	Vilamba 5120		
		Yama	12:23PM – 2:15PM	Priti Until 3:45AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 4		
		214932369 <b>Rahu</b>	<b>6:00PM – 7:53PM</b>	Gara Until 6:05AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Amrita Yoga			<b>Trayodashi* Until 5:18PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
Until 5:18PM					<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga		<b>Mother's Day</b>		<i>Pradosha Vrata (Fasting)</i>					

<b>6</b>		<b>Monday, May 14, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Bharani Nakshatra Saubhagya Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 29	
Mesha Rasi: 12.08	Tithi 29 – 30	<b>Gulika</b>	<b>2:16PM – 4:09PM</b>	<b>Revati Until 3:20PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 4:52AM	Vilamba 5120		
<b>Family Home Evening</b>		Yama	10:30AM – 12:23PM	Saubhagya Until 8:01AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 4		
		224932369 <b>Rahu</b>	<b>6:45AM – 8:37AM</b>	Sakuni Until 3:20PM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 3:20PM</b>	Moon – White		<b>Bhuloka Day</b>		
					<b>Vaisaka-Vaikasi</b>				

<b>Retreat Star</b>		<b>Tuesday, May 15, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Krittika Nakshatra Sobhana Yoga Naga* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 30	
Mesha Rasi: 26.23	Tithi 30 – 1	<b>Gulika</b>	<b>12:23PM – 2:16PM</b>	<b>Ashvini Until 12:51PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 4:50AM	Vilamba 5120		
		Yama	8:37AM – 10:30AM	Sobhana Until 9:37PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:55PM	Moon 4 - Phase 4		
		224932369 <b>Rahu</b>	<b>4:09PM – 6:02PM</b>	Naga Until 12:51PM	<b>Nataraja:</b> Purple		Amavasya		
Creative Work	Siddha Yoga			<b>Amavasya* Until 12:51PM</b>	Moon – White		<b>Bhuloka Day</b>		
					<b>Vaisaka-Vaikasi</b>				

<b>Retreat Star</b>		<b>Wednesday, May 16, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 31	
Vrishabha Rasi: 10.53	Tithi 1 – 2	<b>Gulika</b>	<b>10:29AM – 12:23PM</b>	<b>Rohini Until 2:20AM Thu</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:49AM	Vilamba 5120		
		Yama	6:43AM – 8:36AM	Athiganda* Until 2:20AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 4		
		235932369 <b>Rahu</b>	<b>12:23PM – 2:16PM</b>	Balava Until 8:33PM	<b>Nataraja:</b> Purple		Prathama		
Creative Work	Siddha Yoga			<b>Prathama* Until 9:37PM</b>	Moon – Yellow		<b>Bhuloka Day</b>		
Until 2:20AM Thu					<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM		
Then Routine Work - Marana Yoga									

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

<b>1 Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau			Winterthur, Switzerland Sun 16 Sutra 32 Vilamba 5120
Vrishabha Rasi: 25.34 Tithi 2 - 3  Routine Work Marana Yoga Until 12:05AM Fri Then Creative Work - Siddha Yoga	<b>Gulika</b>	8:35AM - 10:29AM	<b>Mrigashira Until 12:05AM Fri</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 4:48AM	
	<b>Yama</b>	4:48AM - 6:42AM	Sukarma Until 2:34PM	<b>Muruga:</b> White <i>Sunset:</i> 7:58PM	Moon 4 - Phase 5
	235932369 <b>Rahu</b>	2:17PM - 4:10PM	Gara Until 5:30PM Dvitiya Until 6:08PM	<b>Nataraja:</b> Purple Moon - Yellow	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>2 Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Bava Karana Chaturthiyam Titau			Winterthur, Switzerland Sun 17 Sutra 33 Vilamba 5120
Mithuna Rasi: 10.17 Tithi 4  Creative Work Siddha Yoga	<b>Gulika</b>	6:41AM - 8:35AM	<b>Ardra Until 10:15PM Sat</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 4:47AM	
	<b>Yama</b>	4:11PM - 6:05PM	Dhriti Until 9:46PM	<b>Muruga:</b> White <i>Sunset:</i> 7:59PM	Moon 4 - Phase 5
	235932369 <b>Rahu</b>	10:29AM - 12:23PM	Vanija Until 11:37AM Sat Chaturthi* Until 2:34PM	<b>Nataraja:</b> Purple Moon - Yellow	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>3 Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Bava Karana Panchamyam Titau			Winterthur, Switzerland Sun 18 Sutra 34 Vilamba 5120
Mithuna Rasi: 24.55 Tithi 5  Creative Work Siddha Yoga	<b>Gulika</b>	4:46AM - 6:40AM	<b>Ardra Until 10:15PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 4:46AM	
	<b>Yama</b>	2:17PM - 4:12PM	Shula* Until 3:76AM Sun	<b>Muruga:</b> White <i>Sunset:</i> 8:00PM	Moon 4 - Phase 5
	245932369 <b>Rahu</b>	8:34AM - 10:29AM	Bava Until 11:37AM Panchami Until 10:15PM	<b>Nataraja:</b> Purple Moon - Blue	<b>Devaloka Day</b> Jyeshtha Adhika-Vaikasi

<b>4 Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Gara Karana Shashthyam Titau			Winterthur, Switzerland Sun 19 Sutra 35 Vilamba 5120
Kataka Rasi: 9.23 Tithi 6  Creative Work Siddha Yoga	<b>Gulika</b>	4:12PM - 6:07PM	<b>Pushya Until 6:13PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 4:45AM	
	<b>Yama</b>	12:23PM - 2:18PM	Vriddhi Until 6:13PM	<b>Muruga:</b> White <i>Sunset:</i> 8:02PM	Moon 4 - Phase 5
	245932369 <b>Rahu</b>	6:07PM - 8:02PM	Kaulava Until 9:00AM Shashthi* Until 7:48PM	<b>Nataraja:</b> Purple Moon - Blue	<b>Devaloka Day</b> Jyeshtha Adhika-Vaikasi

<b>5 Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara Karana Saptami/Ashtamyam Titau			Winterthur, Switzerland Sun 20 Sutra 36 Vilamba 5120
Kataka Rasi: 23.37 Tithi 7 - 8 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 4:44PM Then Routine Work - Marana Yoga	<b>Gulika</b>	2:18PM - 4:13PM	<b>Ashlesha* Until 4:44PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 4:44AM	
	<b>Yama</b>	10:28AM - 12:23PM	Dhruva Until 10:35PM	<b>Muruga:</b> White <i>Sunset:</i> 8:03PM	Moon 4 - Phase 5
	245932369 <b>Rahu</b>	6:38AM - 8:33AM	Gara Until 6:43AM Saptami Until 5:42PM	<b>Nataraja:</b> Purple Moon - Blue	<b>Devaloka Day</b> Jyeshtha Adhika-Vaikasi

<b>Retreat Star Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Winterthur, Switzerland Sun 21 Sutra 37 Vilamba 5120
Simha Rasi: 7.37 Tithi 8 - 9  Creative Work Siddha Yoga	<b>Gulika</b>	12:23PM - 2:18PM	<b>Magha* Until 2:42PM Wed</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:42AM	
	<b>Yama</b>	8:33AM - 10:28AM	Vyaghata* Until 8:13PM	<b>Muruga:</b> White <i>Sunset:</i> 8:04PM	Moon 4 - Phase 5
	255932369 <b>Rahu</b>	4:14PM - 6:09PM	Balava Until 3:19AM Wed Ashtami* Until 10:35PM	<b>Nataraja:</b> Purple Moon - Red	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>Retreat Star Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Winterthur, Switzerland Sun 22 Sutra 38 Vilamba 5120
Simha Rasi: 21.21 Tithi 9 - 10  Creative Work Amrita Yoga	<b>Gulika</b>	10:28AM - 12:23PM	<b>Magha* Until 2:42PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:41AM	
	<b>Yama</b>	6:37AM - 8:32AM	Harshana Until 3:23PM	<b>Muruga:</b> White <i>Sunset:</i> 8:05PM	Moon 4 - Phase 5
	255932369 <b>Rahu</b>	12:23PM - 2:19PM	Taitila Until 1:73AM Thu Navami* Until 8:13PM	<b>Nataraja:</b> Purple Moon - Red	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>	<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Winterthur, Switzerland Sun 23 Sutra 39	
	Kanya Rasi: 4.51	Tithi 10 – 11	<b>Gulika</b> 8:32AM – 10:28AM	<b>Purvaphalguni</b> Until 1:48PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Vilamba 5120	
			Yama 4:41AM – 6:36AM	Vajra* Until 4:28PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:06PM	Moon 4 - Phase 6	
			255932369 <b>Rahu</b> 2:19PM – 4:15PM	Vanija Until 1:31AM Fri	<b>Nataraja:</b> Purple		4th Phase	
Amrita Yoga			<b>Dashami</b> Until 1:48PM	<b>Moon – Red</b>		<b>Bhuloka Day</b>		
Until 1:48PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga								

<b>2</b>	<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Siddhi/Vyatipata* Yoga Vistil* Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 40	
	Kanya Rasi: 18.08	Tithi 11 – 12	<b>Gulika</b> 6:36AM – 8:31AM	<b>Uttaraphalguni</b> Until 1:18PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM	Vilamba 5120	
			Yama 4:15PM – 6:11PM	Siddhi Until 3:28PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:07PM	Moon 4 - Phase 6	
			266932369 <b>Rahu</b> 10:27AM – 12:23PM	Vistil Until 1:18PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work Amrita Yoga			<b>Ekadashi</b> Until 1:18PM	<b>Moon – Green</b>		<b>Bhuloka Day</b>		
Until 1:18PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga								

<b>3</b>	<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 25 Sutra 41	
	Tula Rasi: 1.13	Tithi 12 – 13	<b>Gulika</b> 4:39AM – 6:35AM	<b>Chitra</b> Until 4:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:39AM	Vilamba 5120	
			Yama 2:20PM – 4:16PM	Vyatipata* Until 1:59PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:08PM	Moon 4 - Phase 6	
			366932369 <b>Rahu</b> 8:31AM – 10:27AM	Kaulava Until 1:17AM Sun	<b>Nataraja:</b> Purple		4th Phase	
Routine Work Marana Yoga			<b>Dvadashi</b> Until 13:59AM Sat	<b>Moon – Green</b>		<b>Bhuloka Day</b>		
Until 4:05PM				<b>Jyeshtha Adhika-Vaikasi</b>				
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>		

<b>4</b>	<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 26 Sutra 42	
	Tula Rasi: 14.06	Tithi 13 – 14	<b>Gulika</b> 4:16PM – 6:13PM	<b>Svati</b> Until 4:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:38AM	Vilamba 5120	
			Yama 12:24PM – 2:20PM	Variyan Until 1:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:09PM	Moon 4 - Phase 6	
			366932369 <b>Rahu</b> 6:13PM – 8:09PM	Taitila Until 1:27PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 1:27PM	<b>Moon – Green</b>		<b>Bhuloka Day</b>		
Until 4:56PM				<b>Jyeshtha Adhika-Vaikasi</b>				
Then Routine Work - Marana Yoga								

<b>○</b>	<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sun 27 Sutra 43	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:20PM – 4:17PM	<b>Vishakha</b> Until 3:17PM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:37AM	Vilamba 5120	
	Tula Rasi: 26.47	Tithi 14 – 15	Yama 10:27AM – 12:24PM	Parigha* Until 6:30PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:10PM	Moon 4 - Phase 6	
	<b>Family Home Evening</b>		376932369 <b>Rahu</b> 6:34AM – 8:30AM	Bava Until 2:41AM Tue	<b>Nataraja:</b> Purple		Purnima	
Routine Work Marana Yoga			<b>Chaturdashi*</b> Until 1:11PM	<b>Moon – Orange</b>		<b>Bhuloka Day</b>		
Until 3:17PM Tue				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga								

<b>○</b>	<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sun 28 Sutra 44	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:24PM – 2:21PM	<b>Vishakha</b> Until 3:17PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:36AM	Vilamba 5120	
	Vrischika Rasi: 9.17	Tithi 15 – 16	Yama 8:30AM – 10:27AM	Shiva Until 12:53AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 8:11PM	Moon 4 - Phase 6	
			376932369 <b>Rahu</b> 4:18PM – 6:15PM	Balava Until 4:03AM Wed	<b>Nataraja:</b> Purple		Prathama	
Creative Work Siddha Yoga			<b>Purnima*</b> Until 3:17PM	<b>Moon – Orange</b>		<b>Bhuloka Day</b>		
Until 3:17PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM		
Then Routine Work - Marana Yoga								

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vrischika Rasi: 21.34 Tithi 16 - 17

376932369

Gulika 10:27AM - 12:24PM  
Yama 6:33AM - 8:30AM  
Rahu 12:24PM - 2:21PM

**Jyeshtha\* Until 10:29PM**  
Siddha Until 12:53PM  
Taitila Until 5:51AM Thu  
**Prathama\* Until 4:52PM**

Ganesha: Clear Sunrise: 4:35AM  
Muruga: White Sunset: 8:12PM  
Nataraja: Purple  
Moon - Orange

Winterthur, Switzerland  
Sutra 45  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 10:29PM  
Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Dhanus Rasi: 3.41 Tithi 17

386932369

Gulika 8:29AM - 10:27AM  
Yama 4:35AM - 6:32AM  
Rahu 2:21PM - 4:19PM

**Mula\* Until 1:19AM Fri**  
Sadhya Until 1:27PM  
Gara Until 6:53PM  
**Dvitiya Until 6:53PM**

Ganesha: White Sunrise: 4:35AM  
Muruga: White Sunset: 8:13PM  
Nataraja: Purple  
Moon - Light Blue  
**Jyeshtha Adhika-Vaikasi**

Winterthur, Switzerland  
Sun 1 Sutra 46  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga  
Until 1:19AM Fri  
Then Routine Work - Prabalarishta Yoga

2

Friday, June 1, 2018

Dhanus Rasi: 15.39 Tithi 18

387932369

Gulika 6:32AM - 8:29AM  
Yama 4:19PM - 6:17PM  
Rahu 10:27AM - 12:24PM

**Purvashadha\* Until 11:47PM Sat**  
Subha Until 2:18PM  
Vanija Until 8:02AM  
**Tritiya Until 9:13PM**

Ganesha: Yellow Sunrise: 4:34AM  
Muruga: White Sunset: 8:14PM  
Nataraja: Purple  
Moon - Light Blue  
**Jyeshtha Adhika-Vaikasi**

Winterthur, Switzerland  
Sun 2 Sutra 47  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga  
Until 11:47PM Sat  
Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Dhanus Rasi: 27.3 Tithi 19

387932369

Gulika 4:34AM - 6:31AM  
Yama 2:22PM - 4:20PM  
Rahu 8:29AM - 10:27AM

**Purvashadha\* Until 11:47PM**  
Sukla Until 16:27AM Sun  
Bava Until 10:30AM  
**Chaturthi\* Until 11:47PM**

Ganesha: Yellow Sunrise: 4:34AM  
Muruga: White Sunset: 8:15PM  
Nataraja: Purple  
Moon - Light Blue  
**Jyeshtha Adhika-Vaikasi**

Winterthur, Switzerland  
Sun 3 Sutra 48  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga  
Until 11:47PM  
Then Creative Work - Siddha Yoga

4

Sunday, June 3, 2018

Makara Rasi: 9.17 Tithi 20

387932369

Gulika 4:20PM - 6:18PM  
Yama 12:25PM - 2:22PM  
Rahu 6:18PM - 8:16PM

**Uttarashadha Until 4:46AM Tue Mon**  
Brahma Until 4:27PM  
Kaulava Until 1:06PM  
**Panchami Until 2:22AM Mon**

Ganesha: Yellow Sunrise: 4:33AM  
Muruga: White Sunset: 8:16PM  
Nataraja: Purple  
Moon - Light Blue  
**Jyeshtha Adhika-Vaikasi**

Winterthur, Switzerland  
Sun 4 Sutra 49  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

5

Monday, June 4, 2018

Makara Rasi: 21.05 Tithi 21

397932369

Gulika 2:23PM - 4:21PM  
Yama 10:27AM - 12:25PM  
Rahu 6:30AM - 8:29AM

**Uttarashadha Until 4:46AM Tue**  
Indra Until 4:90PM  
Gara Until 17:51AM Tue  
**Shashthi\* Until 4:27PM**

Ganesha: Blue Sunrise: 4:32AM  
Muruga: White Sunset: 8:17PM  
Nataraja: Purple  
Moon - Purple  
**Jyeshtha Adhika-Vaikasi**

Winterthur, Switzerland  
Sun 5 Sutra 50  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Devaloka Day**

Family Home Evening  
Creative Work Amrita Yoga  
Until 4:46AM Tue  
Then Creative Work - Siddha Yoga

6

Tuesday, June 5, 2018

Kumbha Rasi: 2.58 Tithi 22

397132361

Gulika 12:25PM - 2:23PM  
Yama 8:28AM - 10:27AM  
Rahu 4:21PM - 6:20PM

**Dhanishtha Until 1:25PM**  
Vaidhriti\* Until 6:17PM  
Visti Until 5:51PM  
**Saptami Until 6:45AM Wed**

Ganesha: Purple Sunrise: 4:32AM  
Muruga: White Sunset: 8:18PM  
Nataraja: White  
Moon - Purple  
**Jyeshtha Adhika-Vaikasi**

Winterthur, Switzerland  
Sun 6 Sutra 51  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga  
Until 1:25PM  
Then Routine Work - Marana Yoga

D

Wednesday, June 6, 2018

Retreat Star

Kumbha Rasi: 15 Tithi 22 - 23

397132361

Gulika 10:27AM - 12:25PM  
Yama 6:30AM - 8:28AM  
Rahu 12:25PM - 2:23PM

**Shatabhishak Until 3:39PM**  
Vishkamba\* Until 6:41PM  
Balava Until 7:33PM  
**Saptami Until 6:45AM**

Ganesha: Purple Sunrise: 4:31AM  
Muruga: White Sunset: 8:19PM  
Nataraja: White  
Moon - Purple  
**Jyeshtha Adhika-Vaikasi**

Winterthur, Switzerland  
Sun 7 Sutra 52  
Vilamba 5120  
Moon 5 - Phase 7  
Ashtami

**Devaloka Day**

Creative Work Siddha Yoga  
Until 3:39PM  
Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Kumbha Rasi: 27.17 Tithi 23 - 24

317132361

Gulika 8:28AM - 10:27AM  
Yama 4:31AM - 6:30AM  
Rahu 2:24PM - 4:22PM

**Purvaproshthapada\* Until 5:33PM**  
Priti Until 6:33PM  
Kaulava Until 8:08AM  
**Ashtami\* Until 8:08AM**

Ganesha: Blue Sunrise: 4:31AM  
Muruga: White Sunset: 8:19PM  
Nataraja: White  
Moon - Clear  
**Jyeshtha Adhika-Vaikasi**

Winterthur, Switzerland  
Sun 8 Sutra 53  
Vilamba 5120  
Moon 5 - Phase 7  
Navami

**Devaloka Day**

Creative Work Siddha Yoga

<b>1 Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 9 Sutra 54	
Meena Rasi: 9.55	Tithi 24 – 25	<b>Gulika</b> 6:29AM – 8:28AM	<b>Uttaraproshtapada</b> Until 6:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:31AM	Vilamba 5120	
		Yama 4:23PM – 6:21PM	Ayushman Until 5:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:20PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	318132361 <b>Rahu</b> 10:27AM – 12:25PM	Vanija Until 8:44PM	<b>Nataraja:</b> White		2nd Phase	
			<b>Navami*</b> Until 8:44AM	Moon – Clear			<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>			Devaloka Time: 6:AM to 9:AM

<b>2 Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 55	
Meena Rasi: 22.57	Tithi 25 – 26	<b>Gulika</b> 4:30AM – 6:29AM	<b>Revati</b> Until 6:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:30AM	Vilamba 5120	
		Yama 2:24PM – 4:23PM	Saubhagya Until 4:18PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:21PM	Moon 5 - Phase 8	
Routine Work	Prabalarishta Yoga	318132361 <b>Rahu</b> 8:28AM – 10:27AM	Bava Until 8:04PM	<b>Nataraja:</b> White		2nd Phase	
Until 6:29PM			<b>Dashami</b> Until 8:29AM	Moon – Clear			<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Jyeshtha Adhika-Vaikasi</b>			Devaloka Time: 6:AM to 9:AM

<b>3 Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Gara Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 11 Sutra 56	
Mesha Rasi: 6.26	Tithi 26 – 27	<b>Gulika</b> 4:24PM – 6:23PM	<b>Ashvini</b> Until 5:58PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:30AM	Vilamba 5120	
		Yama 12:26PM – 2:25PM	Sobhana Until 5:58PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:21PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 6:23PM – 8:21PM	Gara Until 6:36PM	<b>Nataraja:</b> White		2nd Phase	
Until 5:58PM			<b>Ekadashi*</b> Until 4:18PM	Moon – White			<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>4 Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Winterthur, Switzerland Sun 12 Sutra 57	
Mesha Rasi: 20.22	Tithi 28	<b>Gulika</b> 2:25PM – 4:24PM	<b>Bharani</b> Until 4:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:30AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:27AM – 12:26PM	Athiganda* Until 11:30AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:22PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 6:29AM – 8:28AM	Gara Until 4:25PM	<b>Nataraja:</b> White		2nd Phase	
Until 4:35PM			<b>Trayodashi*</b> Until 3:05AM Tue	Moon – White			<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>			

*Pradosha Vrata (Fasting)*

<b>5 Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 13 Sutra 58	
Vrishabha Rasi: 4.44	Tithi 29	<b>Gulika</b> 12:26PM – 2:25PM	<b>Krittika</b> Until 2:29PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:30AM	Vilamba 5120	
		Yama 8:28AM – 10:27AM	Sukarma Until 2:29PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:23PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 4:24PM – 6:24PM	Visti Until 1:40PM	<b>Nataraja:</b> White		2nd Phase	
Until 2:29PM			<b>Chaturdashi*</b> Until 12:06AM Wed	Moon – White			<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada* Karana Amavasyayam Titau				Winterthur, Switzerland Sun 14 Sutra 59	
<b>Retreat Star</b>		<b>Gulika</b> 10:27AM – 12:26PM	<b>Rohini</b> Until 12:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	Vilamba 5120	
Vrishabha Rasi: 19.27	Tithi 30	Yama 6:29AM – 8:28AM	Shula* Until 12:52AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 8:23PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	338132361 <b>Rahu</b> 12:26PM – 2:26PM	Catuspada Until 10:30AM	<b>Nataraja:</b> White		Amavasya	
			<b>Amavasya*</b> Until 8:47PM	Moon – Yellow			<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 60	
<b>Retreat Star</b>		<b>Gulika</b> 8:28AM – 10:27AM	<b>Mrigashira</b> Until 9:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:29AM	Vilamba 5120	
Mithuna Rasi: 4.23	Tithi 1 – 2	Yama 4:29AM – 6:29AM	Ganda* Until 8:53PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:24PM	Moon 5 - Phase 8	
Routine Work	Marana Yoga	339132361 <b>Rahu</b> 2:26PM – 4:25PM	Kintughna Until 3:31AM Fri	<b>Nataraja:</b> White		Prathama	
			<b>Prathama*</b> Until 12:52AM Thu	Moon – Yellow			<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>			Devaloka Time: 9:AM to 12:PM

<b>1 Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 19.25	Tithi 2 - 3	<b>Gulika</b> 6:29AM - 8:28AM	<b>Ardra</b> Until 6:46AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:29AM		
		Yama 4:25PM - 6:25PM	Vriddhi Until 4:56PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:24PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 <b>Rahu</b> 10:27AM - 12:27PM	Taitila Until 11:62PM	<b>Nataraja:</b> White		3rd Phase	
			<b>Dvitiya</b> Until 8:53PM	Moon - Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to 12:PM	

<b>2 Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Winterthur, Switzerland Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 4.24	Tithi 3 - 4	<b>Gulika</b> 4:29AM - 6:29AM	<b>Pushya</b> Until 1:51AM Sun	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 4:29AM		
		Yama 2:26PM - 4:26PM	Dhruva Until 1:05PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:25PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 8:28AM - 10:27AM	Vanija Until 8:44PM	<b>Nataraja:</b> White		3rd Phase	
			<b>Tritiya</b> Until 10:20AM	Moon - Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to 12:PM	

<b>3 Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 19.11	Tithi 4 - 5	<b>Gulika</b> 4:26PM - 6:26PM	<b>Ashlesha*</b> Until 11:40PM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 4:29AM		
		Yama 12:27PM - 2:27PM	Vyaghata* Until 9:28AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:25PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 6:26PM - 8:25PM	Balava Until 4:26AM Mon	<b>Nataraja:</b> White		3rd Phase	
Until 11:40PM			<b>Chaturthi*</b> Until 7:11AM	Moon - Blue		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to 12:PM	

<b>4 Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Winterthur, Switzerland Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.42	Tithi 6	<b>Gulika</b> 2:27PM - 4:26PM	<b>Magha*</b> Until 10:14PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:29AM		
<b>Family Home Evening</b>		Yama 10:28AM - 12:27PM	Harshana Until 6:13AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:25PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 <b>Rahu</b> 6:29AM - 8:28AM	Kaulava Until 3:15PM	<b>Nataraja:</b> White		3rd Phase	
Until 10:14PM			<b>Shashthi*</b> Until 2:09AM Tue	Moon - Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			

<b>5 Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara Karana Saptamyam Titau				Winterthur, Switzerland Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.52	Tithi 7	<b>Gulika</b> 12:28PM - 2:27PM	<b>Purvaphalguni</b> Until 9:12PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:29AM		
		Yama 8:28AM - 10:28AM	Siddhi Until 12:55AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 8:26PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 <b>Rahu</b> 4:27PM - 6:26PM	Gara Until 1:15PM	<b>Nataraja:</b> White		3rd Phase	
Until 9:12PM			<b>Saptami</b> Until 12:27AM Wed	Moon - Red		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>			

<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Balava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 66 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 10:28AM - 12:28PM	<b>Uttaraphalguni</b> Until 8:36PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:29AM		
Kanya Rasi: 1.4	Tithi 8	Yama 6:29AM - 8:29AM	Vyatipata* Until 8:36PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:26PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	359132361 <b>Rahu</b> 12:28PM - 2:27PM	Visti Until 11:00AM Thu	<b>Nataraja:</b> White		Ashtami	
Until 8:36PM			<b>Ashtami*</b> Until 12:55AM Wed	Moon - Red		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha-Ani</b>			

<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 67 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 8:29AM - 10:28AM	<b>Hasta</b> Until 8:54PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:30AM		
Kanya Rasi: 15.08	Tithi 9	Yama 4:30AM - 6:29AM	Variyan Until 9:33PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:26PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	369132361 <b>Rahu</b> 2:28PM - 4:27PM	Balava Until 10:45AM Fri	<b>Nataraja:</b> White		Navami	
Until 8:54PM			<b>Navami*</b> Until 11:01PM	Moon - Green		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to 12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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<b>1</b>	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23    Sutra 68
	Kanya Rasi: 28.16	Tiithi 10	<b>Gulika</b>	6:29AM – 8:29AM	<b>Chitra</b> Until 9:35PM	<b>Ganesh:</b> Green <i>Sunrise:</i> 4:30AM	Vilamba 5120
			Yama	4:27PM – 6:27PM	Parigha* Until 8:32PM	<b>Muruga:</b> White <i>Sunset:</i> 8:26PM	Moon 5 - Phase 10
	Creative Work    Siddha Yoga	361132361	<b>Rahu</b>	10:29AM – 12:28PM	Tailila Until 10:45AM	Moon – Green	4th Phase
				<b>Dashami</b> Until 10:49PM	<b>Jyeshtha•Ani</b>	<b>Bhuloka Day</b>	

<b>2</b>	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Bava Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24    Sutra 69
	Tula Rasi: 11.08	Tiithi 11	<b>Gulika</b>	4:30AM – 6:30AM	<b>Svati</b> Until 10:38PM	<b>Ganesh:</b> Green <i>Sunrise:</i> 4:30AM	Vilamba 5120
			Yama	2:28PM – 4:27PM	Shiva Until 7:58PM	<b>Muruga:</b> White <i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	Creative Work    Siddha Yoga	361132361	<b>Rahu</b>	8:29AM – 10:29AM	Vanija Until 11:50AM Sun	Moon – Green	4th Phase
				<b>Ekadashi</b> Until 8:32PM	<b>Jyeshtha•Ani</b>	<b>Bhuloka Day</b>	

<b>3</b>	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 25    Sutra 70
	Tula Rasi: 23.45	Tiithi 12	<b>Gulika</b>	4:28PM – 6:27PM	<b>Vishakha</b> Until 1:50AM Tue Mon	<b>Ganesh:</b> Red <i>Sunrise:</i> 4:30AM	Vilamba 5120
			Yama	12:29PM – 2:28PM	Siddha Until 7:45PM	<b>Muruga:</b> Clear <i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	Routine Work    Marana Yoga Until 1:50AM Tue Mon Then Creative Work - Siddha Yoga	371142361	<b>Rahu</b>	6:27PM – 8:27PM	Bava Until 11:50AM	Moon – Orange	4th Phase
				<b>Dvadashi</b> Until 12:23AM Mon	<b>Jyeshtha•Ani</b>	<b>Devaloka Day</b>	

<b>4</b>	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya Yoga Kaulava/Tailila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26    Sutra 71
	Vrischika Rasi: 6.1	Tiithi 13	<b>Gulika</b>	2:28PM – 4:28PM	<b>Vishakha</b> Until 1:50AM Tue	<b>Ganesh:</b> Red <i>Sunrise:</i> 4:31AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama	10:29AM – 12:29PM	Sadhya Until 19:80AM Tue	<b>Muruga:</b> Clear <i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	Creative Work    Siddha Yoga Until 1:50AM Tue Then Routine Work - Marana Yoga	371142361	<b>Rahu</b>	6:30AM – 8:30AM	Kaulava Until 14:44AM Tue	Moon – Orange	4th Phase
				<b>Trayodashi</b> Until 7:45PM	<b>Jyeshtha•Ani</b>	<b>Devaloka Day</b>	

*Pradosha Vrata*

<b>5</b>	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27    Sutra 72
	Vrischika Rasi: 18.24	Tiithi 14	<b>Gulika</b>	12:29PM – 2:28PM	<b>Jyeshtha*</b> Until 4:51AM Wed	<b>Ganesh:</b> Red <i>Sunrise:</i> 4:31AM	Vilamba 5120
			Yama	8:30AM – 10:30AM	Subha Until 8:20PM	<b>Muruga:</b> Clear <i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	Routine Work    Marana Yoga	371142361	<b>Rahu</b>	4:28PM – 6:27PM	Gara Until 2:44PM	Moon – Orange	4th Phase
				<b>Chaturdashi*</b> Until 3:40AM Wed	<b>Jyeshtha•Ani</b>	<b>Devaloka Day</b>	

<b>○</b>	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sutra 73
	<b>Copper Retreat Star</b>		<b>Gulika</b>	10:30AM – 12:29PM	<b>Mula*</b> Until 7:48AM Thu	<b>Ganesh:</b> Blue <i>Sunrise:</i> 4:32AM	Vilamba 5120
	Dhanus Rasi: 0.29	Tiithi 15	Yama	6:31AM – 8:30AM	Sukla Until 9:01PM	<b>Muruga:</b> Clear <i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	Routine Work    Marana Yoga Until 7:48AM Thu Then Creative Work - Siddha Yoga	381142361	<b>Rahu</b>	12:29PM – 2:29PM	Visti Until 18:63AM Thu	Moon – Light Blue	Purnima
				<b>Purnima*</b> Until 8:20PM	<b>Jyeshtha•Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>○</b>	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Winterthur, Switzerland Sutra 74
	<b>Silver Retreat Star</b>		<b>Gulika</b>	8:31AM – 10:30AM	<b>Mula*</b> Until 7:48AM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 4:32AM	Vilamba 5120
	Dhanus Rasi: 12.26	Tiithi 16	Yama	4:32AM – 6:31AM	Brahma Until 9:57PM	<b>Muruga:</b> Clear <i>Sunset:</i> 8:27PM	Moon 5 - Phase 10
	Creative Work    Siddha Yoga	381142361	<b>Rahu</b>	2:29PM – 4:28PM	Balava Until 7:03PM	Moon – Light Blue	Prathama
				<b>Prathama*</b> Until 8:16AM Fri	<b>Jyeshtha•Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava Karana Prathama/Dvitiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11  
1st Phase

Dhanus Rasi: 24.17 Tihi 16 - 17

Gulika 6:32AM - 8:31AM  
Yama 4:28PM - 6:27PM  
Rahu 10:30AM - 12:30PMPurvashadha\* Until 10:49AM  
Indra Until 11:02PM  
Kaulava Until 8:16AM  
Prathama\* Until 8:16AMGanesha: Blue  
Muruga: Clear  
Nataraja: White  
Moon - Light Blue  
Jyeshtha-AniSunrise: 4:33AM  
Sunset: 8:27PMBhuloka Day  
Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 10:49AM

Then Routine Work - Marana Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11  
1st Phase

Makara Rasi: 6.05 Tihi 17 - 18

Gulika 4:33AM - 6:32AM  
Yama 2:29PM - 4:28PM  
Rahu 8:31AM - 10:31AMUttarashadha Until 1:47PM  
Vaidhriti\* Until 12:09AM Sun  
Vanija Until 12:10AM Sun  
Dvitiya Until 10:51AMGanesha: Blue  
Muruga: Clear  
Nataraja: White  
Moon - Light Blue  
Jyeshtha-AniSunrise: 4:33AM  
Sunset: 8:26PMBhuloka Day  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Triliya/Chaturthyam Titau

Winterthur, Switzerland

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11  
1st Phase

Makara Rasi: 17.52 Tihi 18 - 19

Gulika 4:28PM - 6:27PM  
Yama 12:30PM - 2:29PM  
Rahu 6:27PM - 8:26PMShravana Until 5:06PM  
Vishkambha\* Until 1:14AM Mon  
Bava Until 2:43AM Mon  
Tritiya Until 12:09AM SunGanesha: Red  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Jyeshtha-AniSunrise: 4:34AM  
Sunset: 8:26PM

Devaloka Day

Creative Work Amrita Yoga

Until 5:06PM

Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11  
1st Phase

Makara Rasi: 29.41 Tihi 19 - 20

Family Home Evening

Creative Work Siddha Yoga

Gulika 2:29PM - 4:28PM  
Yama 10:31AM - 12:30PM  
Rahu 6:33AM - 8:32AMDhanishtha Until 8:05PM  
Priti Until 2:10AM Tue  
Kaulava Until 5:01AM Tue  
Chaturthi\* Until 3:53PMGanesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Jyeshtha-AniSunrise: 4:34AM  
Sunset: 8:26PM

Devaloka Day

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11  
1st Phase

Kumbha Rasi: 11.35 Tihi 20

Gulika 12:30PM - 2:29PM  
Yama 8:33AM - 10:31AM  
Rahu 4:28PM - 6:27PMShatabhishak Until 10:34PM  
Ayushman Until 2:46AM Wed  
Taitila Until 6:00PM  
Panchami Until 6:00PMGanesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Jyeshtha-AniSunrise: 4:35AM  
Sunset: 8:26PM

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11  
1st Phase

Kumbha Rasi: 23.4 Tihi 21

Gulika 10:32AM - 12:30PM  
Yama 6:34AM - 8:33AM  
Rahu 12:30PM - 2:29PMPurvaproshtapada\* Until 8:38PM Thu  
Saubhagya Until 2:58AM Thu  
Gara Until 6:55AM  
Shashthi\* Until 7:38PMGanesha: Orange  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Jyeshtha-AniSunrise: 4:35AM  
Sunset: 8:25PM

Devaloka Day

Creative Work Amrita Yoga

Until 8:38PM Thu

Then Creative Work - Siddha Yoga

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Balava Karana Saptamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11  
1st Phase

Meena Rasi: 5.58 Tihi 22

Gulika 8:33AM - 10:32AM  
Yama 4:36AM - 6:35AM  
Rahu 2:29PM - 4:28PMPurvaproshtapada\* Until 8:38PM  
Sobhana Until 2:39AM Fri  
Visti Until 8:53AM Fri  
Saptami Until 2:58AM ThuGanesha: Orange  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Jyeshtha-AniSunrise: 4:36AM  
Sunset: 8:25PM

Devaloka Day

Creative Work Siddha Yoga

D

Friday, July 6, 2018  
Retreat StarVilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11  
Ashtami

Meena Rasi: 18.34 Tihi 23

Gulika 6:35AM - 8:34AM  
Yama 4:28PM - 6:26PM  
Rahu 10:32AM - 12:31PMRevati Until 2:59AM Sat  
Athiganda\* Until 1:43AM Sat  
Balava Until 8:44AM Sat  
Ashtami\* Until 2:39AM FriGanesha: Orange  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Jyeshtha-AniSunrise: 4:37AM  
Sunset: 8:25PM

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland

Sun 9 Sutra 84

Vilamba 5120

Moon 6 - Phase 11  
Navami

Mesha Rasi: 1.33 Tihi 24

Gulika 4:38AM - 6:36AM  
Yama 2:29PM - 4:28PM  
Rahu 8:34AM - 10:33AMAshvini Until 3:07AM Sun  
Sukarma Until 12:09AM Sun  
Taitila Until 7:48AM Sun  
Navami\* Until 1:43AM SatGanesha: Orange  
Muruga: Clear  
Nataraja: White  
Moon - White  
Jyeshtha-AniSunrise: 4:38AM  
Sunset: 8:24PM

Devaloka Day

Creative Work Siddha Yoga

Until 3:07AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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<b>1</b>	<b>Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Winterthur, Switzerland	
	Bharani Nakshatra Dhriti Yoga Vanija/Bava Karana Dashamyam Titau		Sun 9		Sutra 84		Vilamba 5120	
Mesha Rasi: 14.58	Tithi 25	<b>Gulika</b> 4:27PM – 6:26PM	<b>Bharani Until 2:18AM Mon</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 4:38AM			
		Yama 12:31PM – 2:29PM	Dhriti Until 2:18AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:24PM	Moon 6 - Phase 12		
		422242361 <b>Rahu</b> 6:26PM – 8:24PM	Vanija Until 7:48AM	<b>Nataraja:</b> White		2nd Phase		
Routine Work	Prabalarishta Yoga		<b>Dashami Until 7:01PM</b>	Moon – White		<b>Devaloka Day</b>		
Until 2:18AM Mon				<b>Jyeshtha•Ani</b>				
Then Routine Work - Marana Yoga								

<b>2</b>	<b>Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Winterthur, Switzerland	
	Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 85		Vilamba 5120	
Mesha Rasi: 28.49	Tithi 26 – 27	<b>Gulika</b> 2:29PM – 4:27PM	<b>Krittika Until 12:40AM Tue</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 4:39AM			
<b>Family Home Evening</b>		Yama 10:33AM – 12:31PM	Shula* Until 7:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:23PM	Moon 6 - Phase 12		
		422242361 <b>Rahu</b> 6:37AM – 8:35AM	Bava Until 3:41AM Tue	<b>Nataraja:</b> White		2nd Phase		
Routine Work	Marana Yoga		<b>Ekadashi* Until 9:58PM</b>	Moon – White		<b>Devaloka Day</b>		
Until 12:40AM Tue				<b>Jyeshtha•Ani</b>				
Then Creative Work - Amrita Yoga								

<b>3</b>	<b>Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Winterthur, Switzerland	
	Rohini Nakshatra Ganda*/Vridhhi Yoga Tailita/Visti* Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 86		Vilamba 5120	
Vrishabha Rasi: 13.07	Tithi 27 – 28	<b>Gulika</b> 12:31PM – 2:29PM	<b>Rohini Until 10:44PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:40AM			
		Yama 8:36AM – 10:34AM	Ganda* Until 10:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:23PM	Moon 6 - Phase 12		
		422242361 <b>Rahu</b> 4:27PM – 6:25PM	Visti Until 21:22AM Wed	<b>Nataraja:</b> White		2nd Phase		
Creative Work	Amrita Yoga		<b>Dvadashi* Until 2:15PM</b>	Moon – Yellow		<b>Bhuloka Day</b>		
Until 10:44PM				<b>Jyeshtha•Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga								

<b>4</b>	<b>Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Winterthur, Switzerland	
	Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 87		Vilamba 5120	
Vrishabha Rasi: 27.49	Tithi 28 – 29	<b>Gulika</b> 10:34AM – 12:32PM	<b>Mrigashira Until 7:33AM Thu</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:41AM			
		Yama 6:39AM – 8:36AM	Vridhhi Until 12:11PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:22PM	Moon 6 - Phase 12		
		422242361 <b>Rahu</b> 12:32PM – 2:29PM	Visti Until 9:22PM	<b>Nataraja:</b> White		2nd Phase		
Creative Work	Siddha Yoga		<b>Trayodashi* Until 11:04AM</b>	Moon – Yellow		<b>Bhuloka Day</b>		
				<b>Jyeshtha•Ani</b>		Devaloka Time: 12:PM to 3:PM		

	<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Winterthur, Switzerland	
	<b>Retreat Star</b>		Mrigashira/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 88	
Mithuna Rasi: 12.48	Tithi 29 – 30	<b>Gulika</b> 8:37AM – 10:34AM	<b>Mrigashira Until 7:33AM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:42AM			
		Yama 4:42AM – 6:39AM	Dhruva Until 3:64AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:21PM	Moon 6 - Phase 12		
		422242361 <b>Rahu</b> 2:29PM – 4:27PM	Naga Until 3:50AM Fri	<b>Nataraja:</b> White		Amavasya		
Routine Work	Marana Yoga		<b>Chaturdashi* Until 7:33AM</b>	Moon – Yellow		<b>Bhuloka Day</b>		
Until 7:33AM				<b>Jyeshtha•Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Amrita Yoga								

<b>Friday, July 13, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Winterthur, Switzerland	
	Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 89		Vilamba 5120	
Mithuna Rasi: 27.57	Tithi 1	<b>Gulika</b> 6:40AM – 8:37AM	<b>Punarvasu Until 8:28PM Sat</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:43AM			
		Yama 4:26PM – 6:23PM	Harshana Until 2:30PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:21PM	Moon 6 - Phase 12		
		422242361 <b>Rahu</b> 10:35AM – 12:32PM	Kintughna Until 10:16AM Sat	<b>Nataraja:</b> White		Prathama		
Creative Work	Siddha Yoga		<b>Prathama* Until 3:64AM Fri</b>	Moon – Blue		<b>Bhuloka Day</b>		
Until 8:28PM Sat		<b>Partial Solar Eclipse</b>		<b>Ashada•Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 90 Vilamba 5120	
Kataka Rasi: 13.07	Tithi 2	<b>Gulika</b> 4:44AM – 6:41AM	<b>Punarvasu</b> Until 8:28PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:44AM				
		Yama 2:29PM – 4:26PM	Vajra* Until 11:38AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:20PM			Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 8:38AM – 10:35AM	Balava Until 10:16AM	<b>Nataraja:</b> White					3rd Phase
Creative Work	Siddha Yoga			Moon – Blue			<b>Bhuloka Day</b>		Devaloka Time: 12:PM to 3:PM
Until 8:28PM				<b>Ashada*Ani</b>					
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Sunday, July 15, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Vanija Karana Tritiya/Chaturthiyam Titau		Winterthur, Switzerland Sun 16 Sutra 91 Vilamba 5120	
Kataka Rasi: 28.08	Tithi 3 – 4	<b>Gulika</b> 4:26PM – 6:22PM	<b>Ashlesha*</b> Until 8:51AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:45AM				
		Yama 12:32PM – 2:29PM	Siddhi Until 8:51AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:19PM			Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 6:22PM – 8:19PM	Taitila Until 3:37AM Mon	<b>Nataraja:</b> White					3rd Phase
Creative Work	Siddha Yoga			Moon – Blue			<b>Bhuloka Day</b>		Devaloka Time: 12:PM to 3:PM
Until 8:51AM				<b>Ashada*Ani</b>					
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Monday, July 16, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriyati/Parigha* Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 17 Sutra 92 Vilamba 5120	
Simha Rasi: 12.53	Tithi 4 – 5	<b>Gulika</b> 2:29PM – 4:25PM	<b>Magha*</b> Until 11:49AM Tue	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:46AM				
<b>Family Home Evening</b>		Yama 10:35AM – 12:32PM	Vyatipata* Until 12:34PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:18PM			Moon 6 - Phase 13	
		453242361 <b>Rahu</b> 6:42AM – 8:39AM	Bava Until 12:57AM Tue	<b>Nataraja:</b> White					3rd Phase
Routine Work	Marana Yoga			Moon – Red			<b>Bhuloka Day</b>		Devaloka Time: 12:PM to 3:PM
Until 11:49AM Tue				<b>Ashada*Adi</b>					
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Tuesday, July 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Vriyati/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Winterthur, Switzerland Sun 18 Sutra 93 Vilamba 5120	
Simha Rasi: 27.17	Tithi 5 – 6	<b>Gulika</b> 12:32PM – 2:28PM	<b>Magha*</b> Until 11:49AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:47AM				
		Yama 8:39AM – 10:36AM	Variyan Until 6:61AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:17PM			Moon 6 - Phase 13	
		453242362 <b>Rahu</b> 4:25PM – 6:21PM	Kaulava Until 10:53PM	<b>Nataraja:</b> Clear					3rd Phase
Creative Work	Amrita Yoga			Moon – Red			<b>Devaloka Day</b>		
Until 11:49AM				<b>Ashada*Adi</b>					
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Wednesday, July 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Winterthur, Switzerland Sun 19 Sutra 94 Vilamba 5120	
Kanya Rasi: 11.15	Tithi 6 – 7	<b>Gulika</b> 10:36AM – 12:32PM	<b>Hasta*</b> Until 3:20AM Thu	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:48AM				
		Yama 6:44AM – 8:40AM	Parigha* Until 7:01AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:17PM			Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 12:32PM – 2:28PM	Gara Until 9:31PM	<b>Nataraja:</b> Clear					3rd Phase
Routine Work	Marana Yoga			Moon – Green			<b>Sivaloka Day</b>		
Until 3:20AM Thu				<b>Ashada*Adi</b>					
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		Winterthur, Switzerland Sun 20 Sutra 95 Vilamba 5120	
Kanya Rasi: 24.48	Tithi 7 – 8	<b>Gulika</b> 8:41AM – 10:36AM	<b>Chitra</b> Until 3:37AM Fri	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:49AM				
		Yama 4:49AM – 6:45AM	Siddha Until 3:37AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:16PM			Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 2:28PM – 4:24PM	Bava Until 8:52PM	<b>Nataraja:</b> Clear					Ashtami
Creative Work	Siddha Yoga			Moon – Green			<b>Sivaloka Day</b>		
				<b>Ashada*Adi</b>					

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Winterthur, Switzerland Sun 21 Sutra 96 Vilamba 5120	
Tula Rasi: 7.57	Tithi 8 – 9	<b>Gulika</b> 6:46AM – 8:41AM	<b>Svati</b> Until 4:26AM Sat	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:50AM				
		Yama 4:24PM – 6:19PM	Sadhya Until 2:58AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:15PM			Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 10:37AM – 12:32PM	Balava Until 8:57PM	<b>Nataraja:</b> Clear					Navami
Creative Work	Siddha Yoga			Moon – Green			<b>Sivaloka Day</b>		
				<b>Ashada*Adi</b>					

<b>1</b>		<b>Saturday, July 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava Karana Navami/Dashamyam Titau	Winterthur, Switzerland Sun 22 Sutra 97 Vilamba 5120
Tula Rasi: 20.44	Tithi 9 – 10	<b>Gulika</b> 4:51AM – 6:46AM	<b>Vishakha</b> Until 10:17AM Sun	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:51AM		
		Yama 2:28PM – 4:23PM	Subha Until 2:44AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:14PM		Moon 6 - Phase 14
		473242362 <b>Rahu</b> 8:42AM – 10:37AM	Kaulava Until 9:13AM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:13AM	Moon – Orange		<b>Devaloka Day</b>	
Until 10:17AM Sun				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Winterthur, Switzerland Sun 23 Sutra 98 Vilamba 5120
Vrischika Rasi: 3.13	Tithi 10 – 11	<b>Gulika</b> 4:23PM – 6:18PM	<b>Vishakha</b> Until 10:17AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:52AM		
		Yama 12:32PM – 2:27PM	Sukla Until 2:54AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:13PM		Moon 6 - Phase 14
		473242362 <b>Rahu</b> 6:18PM – 8:13PM	Vanija Until 11:02PM	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 10:17AM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>3</b>		<b>Monday, July 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Winterthur, Switzerland Sun 24 Sutra 99 Vilamba 5120
Vrischika Rasi: 15.28	Tithi 11 – 12	<b>Gulika</b> 2:27PM – 4:22PM	<b>Anuradha</b> Until 8:20AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:53AM		
<b>Family Home Evening</b>		Yama 10:38AM – 12:32PM	Brahma Until 3:26AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:12PM		Moon 6 - Phase 14
		473242362 <b>Rahu</b> 6:48AM – 8:43AM	Bava Until 12:52AM Tue	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 11:52AM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>		<b>Tuesday, July 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Winterthur, Switzerland Sun 25 Sutra 100 Vilamba 5120
Vrischika Rasi: 27.32	Tithi 12 – 13	<b>Gulika</b> 12:32PM – 2:27PM	<b>Jyeshtha*</b> Until 10:45AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM		
		Yama 8:43AM – 10:38AM	Indra Until 4:16AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:10PM		Moon 6 - Phase 14
		473242362 <b>Rahu</b> 4:21PM – 6:16PM	Kaulava Until 3:03AM Wed	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 1:54PM	Moon – Orange		<b>Devaloka Day</b>	
Until 10:45AM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, July 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau	Winterthur, Switzerland Sun 26 Sutra 101 Vilamba 5120
Dhanus Rasi: 9.28	Tithi 13 – 14	<b>Gulika</b> 10:38AM – 12:32PM	<b>Mula*</b> Until 6:46PM Thu	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:56AM		
		Yama 6:50AM – 8:44AM	Vaidhriti* Until 5:15AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:09PM		Moon 6 - Phase 14
		483342362 <b>Rahu</b> 12:32PM – 2:27PM	Gara Until 5:30AM Thu	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 4:14PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 6:46PM Thu				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Thursday, July 26, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Uttarashadha Nakshatra Vishkamba* Yoga Vanija Karana Chaturdashyam Titau	Winterthur, Switzerland Sun 27 Sutra 102 Vilamba 5120
Dhanus Rasi: 21.18	Tithi 14	<b>Gulika</b> 8:45AM – 10:39AM	<b>Mula*</b> Until 6:46PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:57AM		
		Yama 4:57AM – 6:51AM	Vishkamba* Until 6:21AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:08PM		Moon 6 - Phase 14
		483342362 <b>Rahu</b> 2:26PM – 4:20PM	Vanija Until 7:65AM Fri	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 5:15AM Thu	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 6:46PM				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>○</b>		<b>Friday, July 27, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkamba*/Priti Yoga Visti*/Bava Karana Purnimayam Titau	Winterthur, Switzerland Sun 28 Sutra 103 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:52AM – 8:45AM	<b>Uttarashadha</b> Until 7:52PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:58AM		
Makara Rasi: 3.06	Tithi 15	Yama 4:20PM – 6:13PM	Vishkamba* Until 6:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:07PM		Moon 6 - Phase 14
		483342362 <b>Rahu</b> 10:39AM – 12:32PM	Visti Until 10:39AM Sat	<b>Nataraja:</b> Clear			Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> Until 5:81AM Fri	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
		<b>Total Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

<b>○</b>		<b>Saturday, July 28, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau	Winterthur, Switzerland Sun 29 Sutra 104 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:59AM – 6:52AM	<b>Shravana</b> Until 11:08PM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 4:59AM		
Makara Rasi: 14.53	Tithi 16	Yama 2:26PM – 4:19PM	Priti Until 7:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:06PM		Moon 6 - Phase 14
		493342362 <b>Rahu</b> 8:46AM – 10:39AM	Balava Until 10:39AM	<b>Nataraja:</b> Clear			Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:53PM	Moon – Purple		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila Karana Dvitiyayam Titau

Winterthur, Switzerland  
Sun 1 Sutra 105  
Vilamba 5120

Makara Rasi: 26.43    Tiithi 17

**Gulika** 4:18PM – 6:11PM  
Yama 12:32PM – 2:25PM  
Rahu 6:11PM – 8:04PM

**Dhanishtha** Until 2:03AM Mon  
Ayushman Until 2:03AM Mon  
Taitila Until 1:06PM  
Dvitiya Until 2:14AM Mon

**Ganesha:** Blue    *Sunrise:* 5:00AM  
**Muruga:** Clear    *Sunset:* 8:04PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

**Devaloka Day**

Routine Work    Marana Yoga  
Until 2:03AM Mon  
Then Creative Work - Siddha Yoga

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland  
Sun 2 Sutra 106  
Vilamba 5120

Kumbha Rasi: 8.37    Tiithi 18

**Gulika** 2:25PM – 4:18PM  
Yama 10:40AM – 12:32PM  
Rahu 6:54AM – 8:47AM

**Shatabhishak** Until 4:32AM Tue  
Saubhagya Until 9:20AM  
Vanija Until 3:19PM  
Tritiya Until 4:17AM Tue

**Ganesha:** Blue    *Sunrise:* 5:02AM  
**Muruga:** Clear    *Sunset:* 8:03PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

**Devaloka Day**

**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 4:32AM Tue  
Then Routine Work - Marana Yoga

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Winterthur, Switzerland  
Sun 3 Sutra 107  
Vilamba 5120

Kumbha Rasi: 20.39    Tiithi 19

**Gulika** 12:32PM – 2:25PM  
Yama 8:48AM – 10:40AM  
Rahu 4:17PM – 6:09PM

**Purvaprossthapada\*** Until 6:57AM Wed  
Sobhana Until 9:58AM  
Bava Until 5:11PM  
Chaturthi\* Until 5:56AM Wed

**Ganesha:** White    *Sunrise:* 5:03AM  
**Muruga:** Clear    *Sunset:* 8:02PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

Routine Work    Marana Yoga  
Until 6:57AM Wed  
Then Creative Work - Siddha Yoga

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprossthapada\*/Uttaraprossthapada Nakshatra Athiganda\*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 108  
Vilamba 5120

Meena Rasi: 2.5    Tiithi 20

**Gulika** 10:40AM – 12:32PM  
Yama 6:56AM – 8:48AM  
Rahu 12:32PM – 2:24PM

**Purvaprossthapada\*** Until 6:57AM  
Athiganda\* Until 10:14AM  
Kaulava Until 6:36PM  
Panchami Until 7:06AM Thu

**Ganesha:** White    *Sunrise:* 5:04AM  
**Muruga:** Clear    *Sunset:* 8:00PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 6:57AM  
Then Creative Work - Siddha Yoga

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprossthapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland  
Sun 5 Sutra 109  
Vilamba 5120

Meena Rasi: 15.14    Tiithi 20 – 21

**Gulika** 8:49AM – 10:40AM  
Yama 5:05AM – 6:57AM  
Rahu 2:24PM – 4:16PM

**Uttaraprossthapada** Until 8:43AM  
Sukarma Until 10:07AM  
Gara Until 7:29PM  
Panchami Until 10:14AM

**Ganesha:** White    *Sunrise:* 5:05AM  
**Muruga:** Clear    *Sunset:* 7:59PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

Creative Work    Siddha Yoga

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Balava Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 110  
Vilamba 5120

Meena Rasi: 27.53    Tiithi 21 – 22

**Gulika** 6:58AM – 8:49AM  
Yama 4:15PM – 6:06PM  
Rahu 10:41AM – 12:32PM

**Revati** Until 7:37AM Sat  
Dhriti Until 9:46AM  
Balava Until 18:81AM Sat  
Shashthi\* Until 7:41AM

**Ganesha:** White    *Sunrise:* 5:07AM  
**Muruga:** Clear    *Sunset:* 7:58PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 7:37AM Sat  
Then Creative Work - Amrita Yoga

**D**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland  
Sun 7 Sutra 111  
Vilamba 5120

Mesha Rasi: 10.51    Tiithi 22 – 23

**Gulika** 5:08AM – 6:59AM  
Yama 2:23PM – 4:14PM  
Rahu 8:50AM – 10:41AM

**Revati** Until 7:37AM  
Shula\* Until 10:30AM  
Kaulava Until 6:53AM Sun  
Saptami Until 7:37AM

**Ganesha:** Clear    *Sunrise:* 5:08AM  
**Muruga:** Clear    *Sunset:* 7:56PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

**Sivaloka Day**

Creative Work    Siddha Yoga

**Sunday, August 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland  
Sun 8 Sutra 112  
Vilamba 5120

Mesha Rasi: 24.1    Tiithi 23 – 24

**Gulika** 4:13PM – 6:04PM  
Yama 12:32PM – 2:23PM  
Rahu 6:04PM – 7:55PM

**Bharani** Until 10:24AM  
Ganda\* Until 6:50AM  
Taitila Until 5:76PM  
Ashtami\* Until 6:50AM Sun

**Ganesha:** Clear    *Sunrise:* 5:09AM  
**Muruga:** Clear    *Sunset:* 7:55PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

**Sivaloka Day**

Routine Work    Prabalarishta Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Winterthur, Switzerland Sun 9 Sutra 113 Vilamba 5120
<b>1</b>		<b>Gulika</b> 2:22PM – 4:13PM	<b>Krittika</b> <b>Until 9:29AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:10AM	
Vrishabha Rasi: 7.53	Tithi 25	<b>Yama</b> 10:41AM – 12:32PM	<b>Dhruva</b> <b>Until 1:57AM Tue</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:53PM	Moon 7 - Phase 16
<b>Family Home Evening</b>	424342362	<b>Rahu</b> 7:01AM – 8:51AM	<b>Vanija</b> <b>Until 4:31PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> <b>Until 3:24AM Tue</b>	Moon – White		<b>Sivaloka Day</b>
Until 9:29AM				<b>Ashada*Adi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 114 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:32PM – 2:22PM	<b>Rohini</b> <b>Until 8:13AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:12AM	
Vrishabha Rasi: 22	Tithi 26	<b>Yama</b> 8:52AM – 10:42AM	<b>Vyaghata*</b> <b>Until 10:47PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:52PM	Moon 7 - Phase 16
	434342362	<b>Rahu</b> 4:12PM – 6:02PM	<b>Bava</b> <b>Until 2:10PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Bava</b> <b>Until 2:10PM</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 8:13AM			<b>Ekadashi*</b> <b>Until 12:46AM Wed</b>	<b>Ashada*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Winterthur, Switzerland Sun 11 Sutra 115 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:42AM – 12:32PM	<b>Mrigashira</b> <b>Until 6:16AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:13AM	
Mithuna Rasi: 6.29	Tithi 27	<b>Yama</b> 7:03AM – 8:52AM	<b>Harshana</b> <b>Until 7:13PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:50PM	Moon 7 - Phase 16
	434342362	<b>Rahu</b> 12:32PM – 2:21PM	<b>Kaulava</b> <b>Until 11:17AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> <b>Until 9:40PM</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Ashada*Adi</b>		

<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Winterthur, Switzerland Sun 12 Sutra 116 Vilamba 5120
<b>4</b>		<b>Gulika</b> 8:53AM – 10:42AM	<b>Punarvasu</b> <b>Until 1:12AM Fri</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:14AM	
Mithuna Rasi: 21.19	Tithi 28	<b>Yama</b> 5:14AM – 7:04AM	<b>Vajra*</b> <b>Until 3:21PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:49PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b> 2:21PM – 4:10PM	<b>Gara</b> <b>Until 8:00AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> <b>Until 6:14PM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 1:12AM Fri				<b>Ashada*Adi</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Winterthur, Switzerland Sun 13 Sutra 117 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:04AM – 8:53AM	<b>Pushya</b> <b>Until 10:22PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:16AM	
Kataka Rasi: 6.2	Tithi 29 – 30	<b>Yama</b> 4:09PM – 5:58PM	<b>Siddhi</b> <b>Until 11:18AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:47PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b> 10:42AM – 12:31PM	<b>Catuspada</b> <b>Until 12:48AM Sat</b>	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 2:37PM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Ashada*Adi</b>		

<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Winterthur, Switzerland Sun 14 Sutra 118 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:17AM – 7:05AM	<b>Ashlesha*</b> <b>Until 7:25PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:17AM	
Kataka Rasi: 21.28	Tithi 30 – 1	<b>Yama</b> 2:20PM – 4:08PM	<b>Vyatipata*</b> <b>Until 7:12AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 16
	445342362	<b>Rahu</b> 8:54AM – 10:43AM	<b>Kintughna</b> <b>Until 9:10PM</b>	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Amavasya*</b> <b>Until 10:57AM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 7:25PM		<b>Partial Solar Eclipse</b>		<b>Sravana*Adi</b>		
Then Creative Work - Amrita Yoga						

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 6.31	Tithi 1 – 2	<b>Gulika</b> 4:07PM – 5:56PM	<b>Magha* Until 4:56PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:18AM	
		Yama 12:31PM – 2:19PM	Parigha* Until 11:19PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:44PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 5:56PM – 7:44PM	Kaulava Until 5:44PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 7:12AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 4:56PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 21.23	Tithi 3	<b>Gulika</b> 2:19PM – 4:06PM	<b>Purvaphalguni Until 2:38PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:19AM	
<b>Family Home Evening</b>		Yama 10:43AM – 12:31PM	Shiva Until 2:38PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 7:07AM – 8:55AM	Tailila Until 2:39PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 1:16AM Tue</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Balava Karana Chaturthiyam Titau				Winterthur, Switzerland Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 5.55	Tithi 4	<b>Gulika</b> 12:31PM – 2:18PM	<b>Uttaraphalguni Until 9:22PM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:21AM	
		Yama 8:56AM – 10:43AM	Siddha Until 12:42PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 4:06PM – 5:53PM	Vanija Until 9:65AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 7:49PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 9:22PM Wed				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 20.02	Tithi 5	<b>Gulika</b> 10:43AM – 12:30PM	<b>Uttaraphalguni Until 9:22PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:22AM	
		Yama 7:09AM – 8:56AM	Sadhya Until 1:72PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 12:30PM – 2:17PM	Bava Until 10:05AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 9:22PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 9:22PM		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Svati Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Shashthyam Titau				Winterthur, Switzerland Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 3.43	Tithi 6	<b>Gulika</b> 8:57AM – 10:44AM	<b>Hasta Until 8:32PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:23AM	
		Yama 5:23AM – 7:10AM	Subha Until 11:77AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 2:17PM – 4:04PM	Kaulava Until 8:52AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:32PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 8:32PM				<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>6 Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Winterthur, Switzerland Sun 20 Sutra 124 Vilamba 5120
Tula Rasi: 16.56	Tithi 7	<b>Gulika</b> 7:11AM – 8:57AM	<b>Chitra Until 8:31PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:25AM	
		Yama 4:03PM – 5:49PM	Sukla Until 9:81AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 17
		565342362 <b>Rahu</b> 10:44AM – 12:30PM	Gara Until 8:50AM Sat	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 11:77AM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visli*/Bava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 125 Vilamba 5120
Tula Rasi: 29.45	Tithi 8	<b>Gulika</b> 5:26AM – 7:12AM	<b>Vishakha Until 10:45PM Sun</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:26AM	
		Yama 2:16PM – 4:02PM	Brahma Until 10:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 8:58AM – 10:44AM	Visli Until 8:50AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 12.13	Tithi 9	<b>Gulika</b> 4:01PM – 5:46PM	<b>Vishakha Until 10:45PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:27AM	
		Yama 12:30PM – 2:15PM	Indra Until 10:42AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 17
		575442362 <b>Rahu</b> 5:46PM – 7:32PM	Balava Until 11:44AM Mon	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Navami* Until 10:21AM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>		<b>Monday, August 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau		Winterthur, Switzerland Sun 23 Sutra 127 Vilamba 5120	
Vrischika Rasi: 24.23	Tithi 10	<b>Gulika</b>	2:14PM – 4:00PM	<b>Jyeshtha* Until 5:00PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM			
<b>Family Home Evening</b>	575442362	Yama	10:44AM – 12:29PM	Vaidhriti* Until 10:42AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 18		
Creative Work	Siddha Yoga	<b>Rahu</b>	7:14AM – 8:59AM	Taitila Until 11:44AM	<b>Nataraja:</b> Clear			4th Phase	
				<b>Dashami Until 12:47AM Tue</b>	Moon – Orange			<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>					

<b>2</b>		<b>Tuesday, August 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Winterthur, Switzerland Sun 24 Sutra 128 Vilamba 5120	
Dhanus Rasi: 6.23	Tithi 11	<b>Gulika</b>	12:29PM – 2:14PM	<b>Mula* Until 8:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:30AM			
Creative Work	Amrita Yoga	Yama	9:00AM – 10:44AM	Vishkambha* Until 11:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 18		
Until 8:02PM	586442362	<b>Rahu</b>	3:59PM – 5:43PM	Vanija Until 1:58PM	<b>Nataraja:</b> Clear			4th Phase	
Then Creative Work - Siddha Yoga					Ekadashi Until 3:11AM Wed	Moon – Light Blue			
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>			

<b>3</b>		<b>Wednesday, August 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvodashyam Titau		Winterthur, Switzerland Sun 25 Sutra 129 Vilamba 5120	
Dhanus Rasi: 18.14	Tithi 12	<b>Gulika</b>	10:44AM – 12:29PM	<b>Purvashadha* Until 11:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:31AM			
Creative Work	Amrita Yoga	Yama	7:16AM – 9:00AM	Priti Until 12:31PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 18		
586442362	<b>Rahu</b>	12:29PM – 2:13PM	Bava Until 18:66AM Thu		<b>Nataraja:</b> Clear			4th Phase	
				<b>Dvodashi Until 11:29AM</b>	Moon – Light Blue			<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>					

<b>4</b>		<b>Thursday, August 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 130 Vilamba 5120	
Makara Rasi: 0.02	Tithi 13	<b>Gulika</b>	9:01AM – 10:45AM	<b>Uttarashadha Until 2:07AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM			
Routine Work	Marana Yoga	Yama	5:33AM – 7:17AM	Ayushman Until 2:07AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 18		
586442362	<b>Rahu</b>	2:13PM – 3:57PM	Kaulava Until 7:06PM		<b>Nataraja:</b> Clear			4th Phase	
				<b>Trayodashi Until 8:22AM Fri</b>	Moon – Light Blue			<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>					
<i>Pradosha Vrata</i>									

<b>5</b>		<b>Friday, August 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 27 Sutra 131 Vilamba 5120	
Makara Rasi: 11.49	Tithi 13 – 14	<b>Gulika</b>	7:18AM – 9:01AM	<b>Shravana Until 10:49AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM			
Routine Work	Marana Yoga	Yama	3:55PM – 5:39PM	Saubhagya Until 2:39PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 18		
Until 10:49AM Sat	596442362	<b>Rahu</b>	10:45AM – 12:28PM	Gara Until 9:38PM	<b>Nataraja:</b> Clear			4th Phase	
Then Creative Work - Siddha Yoga					<b>Trayodashi Until 14:39AM Fri</b>	Moon – Purple			
				<b>Sravana-Avani</b>		<b>Subha Sivaloka Day</b>			
				<b>Varalakshmi Vratam</b>					

<b>○</b>		<b>Saturday, August 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Winterthur, Switzerland Sun 27 Sutra 132 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b>	5:35AM – 7:18AM	<b>Shravana Until 10:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:35AM			
Makara Rasi: 23.4	Tithi 14 – 15	Yama	2:11PM – 3:54PM	Sobhana Until 16:17AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 18		
Creative Work	Siddha Yoga	<b>Rahu</b>	9:02AM – 10:45AM	Visti Until 11:58PM	<b>Nataraja:</b> Clear			Purnima	
Until 10:49AM	596442362	<b>Raksha Bandhan</b>		<b>Chaturdashi* Until 10:49AM</b>	Moon – Purple			<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Sravana-Avani</b>				
				<b>Chidambaram Abhishekam</b>					
				<b>Avani Avittam</b>					

<b>○</b>		<b>Sunday, August 26, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Taitila Karana Purnima/Prathamayam Titau		Winterthur, Switzerland Sun 28 Sutra 133 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b>	3:53PM – 5:36PM	<b>Dhanishtha Until 8:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:37AM			
Kumbha Rasi: 6	Tithi 15 – 16	Yama	12:28PM – 2:11PM	Athiganda* Until 8:07AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 18		
Routine Work	Marana Yoga	<b>Rahu</b>	5:36PM – 7:19PM	Taitila Until 27:35AM Mon	<b>Nataraja:</b> Clear			Prathama	
Until 8:07AM	596442362					Moon – Purple			
Then Creative Work - Siddha Yoga					<b>Purnima* Until 12:59PM</b>	<b>Sravana-Avani</b>	<b>Subha Sivaloka Day</b>		





Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprossthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Winterthur, Switzerland

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 17.4 Tithi 16 - 17

Family Home Evening

596442363

Gulika 2:10PM - 3:52PM  
Yama 10:45AM - 12:27PM  
Rahu 7:20AM - 9:03AM

Shatabhishak Until 10:25AM  
Sukarma Until 4:43PM  
Taitila Until 3:35AM Tue  
Prathama\* Until 2:48PM

Ganesh: White Sunrise: 5:38AM  
Muruga: Clear Sunset: 7:17PM  
Nataraja: Clear  
Moon - Purple  
Sravana-Avani

Subha Sivaloka Day

Then Routine Work - Marana Yoga

1

Tuesday, August 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada/Uttaraprossthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 29.54 Tithi 17 - 18

Routine Work Marana Yoga

Until 12:39PM

Then Creative Work - Amrita Yoga

517452363

Gulika 12:27PM - 2:09PM  
Yama 9:03AM - 10:45AM  
Rahu 3:51PM - 5:33PM

Purvaprossthapada\* Until 12:39PM  
Dhriti Until 4:50PM  
Vanija Until 4:46AM Wed  
Dvitiya Until 4:12PM

Ganesh: Clear Sunrise: 5:39AM  
Muruga: Purple Sunset: 7:15PM  
Nataraja: Purple  
Moon - Clear  
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\* Karana Tritiya/Chaturthyam Titau

Winterthur, Switzerland

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 12.19 Tithi 18 - 19

Creative Work Siddha Yoga

Until 2:18PM

Then Routine Work - Marana Yoga

517452363

Gulika 10:45AM - 12:27PM  
Yama 7:22AM - 9:04AM  
Rahu 12:27PM - 2:08PM

Uttaraprossthapada Until 2:18PM  
Shula\* Until 4:34PM  
Visti Until 5:10PM  
Tritiya Until 5:10PM

Ganesh: Clear Sunrise: 5:41AM  
Muruga: Purple Sunset: 7:13PM  
Nataraja: Purple  
Moon - Clear  
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda\*/Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 24.56 Tithi 19 - 20

Creative Work Siddha Yoga

Until 3:21PM

Then Creative Work - Amrita Yoga

517452363

Gulika 9:04AM - 10:45AM  
Yama 5:42AM - 7:23AM  
Rahu 2:08PM - 3:49PM

Revati Until 3:21PM  
Ganda\* Until 3:58PM  
Kaulava Until 5:47AM Fri  
Chaturthi\* Until 5:41PM

Ganesh: Clear Sunrise: 5:42AM  
Muruga: Purple Sunset: 7:11PM  
Nataraja: Purple  
Moon - Clear  
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 7.46 Tithi 20 - 21

Creative Work Amrita Yoga

Until 4:16PM

Then Creative Work - Siddha Yoga

527452363

Gulika 7:24AM - 9:05AM  
Yama 3:48PM - 5:29PM  
Rahu 10:46AM - 12:26PM

Ashvini Until 4:16PM  
Vriddhi Until 3:01PM  
Gara Until 5:35AM Sat  
Panchami Until 5:43PM

Ganesh: Purple Sunrise: 5:43AM  
Muruga: Purple Sunset: 7:09PM  
Nataraja: Purple  
Moon - White  
Sravana-Avani

Bhuloka Day

5

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 20.5 Tithi 21 - 22

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

527452363

Gulika 5:45AM - 7:25AM  
Yama 2:06PM - 3:47PM  
Rahu 9:05AM - 10:46AM

Bharani Until 4:32PM  
Dhruva Until 1:40PM  
Visti Until 4:53AM Sun  
Shashthi\* Until 5:17PM

Ganesh: Purple Sunrise: 5:45AM  
Muruga: Purple Sunset: 7:07PM  
Nataraja: Purple  
Moon - White  
Sravana-Avani

Bhuloka Day

6

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 4.1 Tithi 22 - 23

Creative Work Siddha Yoga

527452363

Gulika 3:46PM - 5:25PM  
Yama 12:26PM - 2:06PM  
Rahu 5:25PM - 7:05PM

Krittika Until 4:11PM  
Vyaghata\* Until 11:55AM  
Balava Until 3:41AM Mon  
Saptami Until 4:20PM

Ganesh: Purple Sunrise: 5:46AM  
Muruga: Purple Sunset: 7:05PM  
Nataraja: Purple  
Moon - White  
Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 17.47 Tithi 23 - 24

Family Home Evening

537452363

Gulika 2:05PM - 3:44PM  
Yama 10:46AM - 12:25PM  
Rahu 7:27AM - 9:06AM

Rohini Until 3:36PM  
Harshana Until 9:47AM  
Taitila Until 2:00AM Tue  
Ashtami\* Until 2:53PM

Ganesh: Clear Sunrise: 5:47AM  
Muruga: Purple Sunset: 7:03PM  
Nataraja: Purple  
Moon - Yellow  
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara Karana Navami/Dashamyam Titau

Winterthur, Switzerland

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 1.43 Tithi 24 - 25

Creative Work Siddha Yoga

Until 10:33AM Wed

Then Routine Work - Marana Yoga

538452363

Gulika 12:25PM - 2:04PM  
Yama 9:07AM - 10:46AM  
Rahu 3:43PM - 5:22PM

Mrigashira Until 10:33AM Wed  
Vajra\* Until 7:12AM  
Gara Until 12:57PM  
Navami\* Until 12:57PM

Ganesh: White Sunrise: 5:49AM  
Muruga: Purple Sunset: 7:01PM  
Nataraja: Purple  
Moon - Yellow  
Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Winterthur, Switzerland	
			Mrigashira/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 143	
	Mithuna Rasi: 15.56	Tithi 25 – 26	<b>Gulika</b>	<b>10:46AM – 12:25PM</b>	<b>Mrigashira Until 10:33AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:50AM	Vilamba 5120
			Yama	7:29AM – 9:07AM	Vyatipata* Until 24:60	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:59PM	Moon 8 - Phase 20
		538452363	<b>Rahu</b>	<b>12:25PM – 2:03PM</b>	Bava Until 9:13PM	<b>Nataraja:</b> Purple	2nd Phase	
Creative Work Siddha Yoga				<b>Dashami Until 10:33AM</b>	Moon – Yellow	<b>Devaloka Day</b>		
				<b>Sravana-Avani</b>				

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Winterthur, Switzerland	
			Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 144	
	Kataka Rasi: 0.26	Tithi 26 – 27	<b>Gulika</b>	<b>9:08AM – 10:46AM</b>	<b>Punarvasu Until 10:43AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:51AM	Vilamba 5120
			Yama	5:51AM – 7:29AM	Variyan Until 9:27PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 20
		548452363	<b>Rahu</b>	<b>2:03PM – 3:41PM</b>	Kaulava Until 5:77PM	<b>Nataraja:</b> Purple	2nd Phase	
Creative Work Amrita Yoga				<b>Ekadashi* Until 24:60</b>	Moon – Blue	<b>Bhuloka Day</b>		
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM		

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Winterthur, Switzerland	
			Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara Karana Trayodashyam Titau				Sun 11 Sutra 145	
	Kataka Rasi: 15.1	Tithi 28	<b>Gulika</b>	<b>7:30AM – 9:08AM</b>	<b>Pushya Until 10:11PM Sat</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:52AM	Vilamba 5120
			Yama	3:40PM – 5:18PM	Parigha* Until 5:43PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 20
		548452363	<b>Rahu</b>	<b>10:46AM – 12:24PM</b>	Gara Until 3:07PM	<b>Nataraja:</b> Purple	2nd Phase	
Routine Work Marana Yoga				<b>Trayodashi* Until 1:28AM Sat</b>	Moon – Blue	<b>Bhuloka Day</b>		
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM		
				<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam				Winterthur, Switzerland	
			Pushya/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Naga* Karana Chaturdashyam Titau				Sun 12 Sutra 146	
	Simha Rasi: 0.01	Tithi 29	<b>Gulika</b>	<b>5:54AM – 7:31AM</b>	<b>Pushya Until 10:11PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:54AM	Vilamba 5120
			Yama	2:01PM – 3:39PM	Shiva Until 3:28AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 20
		558452363	<b>Rahu</b>	<b>9:09AM – 10:46AM</b>	Visti Until 11:50AM	<b>Nataraja:</b> Purple	2nd Phase	
Creative Work Amrita Yoga				<b>Chaturdashi* Until 10:11PM</b>	Moon – Red	<b>Bhuloka Day</b>		
Until 10:11PM				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga								

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Winterthur, Switzerland	
	<b>Retreat Star</b>		Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Bava Karana Amavasyayam Titau				Sun 13 Sutra 147	
	Simha Rasi: 14.53	Tithi 30	<b>Gulika</b>	<b>3:37PM – 5:14PM</b>	<b>Magha* Until 7:00PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:55AM	Vilamba 5120
			Yama	12:23PM – 2:00PM	Siddha Until 1:08AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 20
		558452363	<b>Rahu</b>	<b>5:14PM – 6:51PM</b>	Catuspada Until 5:31AM Mon	<b>Nataraja:</b> Purple	Amavasya	
Creative Work Siddha Yoga				<b>Amavasya* Until 10:09AM Sun</b>	Moon – Red	<b>Bhuloka Day</b>		
Until 7:00PM				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Amrita Yoga				<b>Grandparent's Day</b>				

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Winterthur, Switzerland	
			Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 148	
	Simha Rasi: 29.37	Tithi 1 – 2	<b>Gulika</b>	<b>2:00PM – 3:36PM</b>	<b>Purvaphalguni Until 4:04PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:56AM	Vilamba 5120
			Yama	10:46AM – 12:23PM	Sadhya Until 2:74AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 20
		559452363	<b>Rahu</b>	<b>7:33AM – 9:10AM</b>	Balava Until 2:46AM Tue	<b>Nataraja:</b> Purple	Prathama	
Creative Work Siddha Yoga				<b>Prathama* Until 6:32AM Mon</b>	Moon – Red	<b>Bhuloka Day</b>		
				<b>Bhadrapada-Avani</b>				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla Yoga Kaulava Karana Dvitiya/Tritiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.07	Tiithi 2 – 3	<b>Gulika</b> 12:23PM – 1:59PM	<b>Uttaraphalguni</b> Until 1:34PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:58AM	
			Yama 9:10AM – 10:46AM	Sukla Until 11:77PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 3:35PM – 5:11PM	Kaulava Until 1:34PM Dvitiya Until 1:34PM	<b>Nataraja:</b> Purple Moon – Green		3rd Phase <b>Bhuloka Day</b> Bhadrapada-Avani

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Winterthur, Switzerland Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.16	Tiithi 3 – 4	<b>Gulika</b> 10:46AM – 12:22PM	<b>Chitra</b> Until 8:35PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:59AM	
			Yama 7:35AM – 9:11AM	Brahma Until 8:35PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 12:22PM – 1:58PM	Vanija Until 10:54PM Tritiya Until 11:37AM	<b>Nataraja:</b> Purple Moon – Green		3rd Phase <b>Bhuloka Day</b> Bhadrapada-Avani

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti* Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.59	Tiithi 4 – 5	<b>Gulika</b> 9:11AM – 10:47AM	<b>Svati</b> Until 8:12PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:00AM	
			Yama 6:00AM – 7:36AM	Indra Until 8:12PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	569452363 <b>Rahu</b> 1:57PM – 3:33PM	Visti Until 10:21AM Chaturthi* Until 10:21AM	<b>Nataraja:</b> Purple Moon – Green		3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.16	Tiithi 5 – 6	<b>Gulika</b> 7:37AM – 9:12AM	<b>Vishakha</b> Until 8:56PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM	
			Yama 3:31PM – 5:06PM	Vaidhriti* Until 8:56PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 10:47AM – 12:22PM	Balava Until 9:53AM Panchami Until 9:53AM	<b>Nataraja:</b> Purple Moon – Orange		3rd Phase <b>Devaloka Day</b> Bhadrapada-Avani

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.08	Tiithi 6 – 7	<b>Gulika</b> 6:03AM – 7:38AM	<b>Anuradha</b> Until 11:25AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	
			Yama 1:56PM – 3:30PM	Vishkambha* Until 10:18PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 9:12AM – 10:47AM	Taitila Until 10:15AM Shashthi* Until 10:15AM	<b>Nataraja:</b> Purple Moon – Orange		3rd Phase <b>Devaloka Day</b> Bhadrapada-Avani

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:29PM – 5:03PM	<b>Anuradha</b> Until 11:25AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	
	Vrischika Rasi: 20.37	Tiithi 7 – 8	Yama 12:21PM – 1:55PM	Priti Until 18:59AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 21
	Routine Work	Marana Yoga	579552363 <b>Rahu</b> 5:03PM – 6:37PM	Visti Until 11:77PM Saptami Until 6:22PM	<b>Nataraja:</b> Purple Moon – Orange		Ashtami <b>Devaloka Day</b> Bhadrapada-Avani

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:54PM – 3:28PM	<b>Mula*</b> Until 3:04AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	
	Dhanus Rasi: 2.49	Tiithi 8 – 9	Yama 10:47AM – 12:20PM	Ayushman Until 6:59PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 21
	Family Home Evening	Siddha Yoga	589552363 <b>Rahu</b> 7:39AM – 9:13AM	Bava Until 1:16PM Ashtami* Until 1:16PM	<b>Nataraja:</b> Purple Moon – Light Blue		Navami <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b> Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 14.46	Tithi 9 – 10	<b>Gulika</b> 12:20PM – 1:53PM	<b>Purvashadha* Until 6:12PM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	
		Yama 9:14AM – 10:47AM	Saubhagya Until 6:06AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 22
		581552363 <b>Rahu</b> 3:27PM – 5:00PM	Tailila Until 4:54AM Wed	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 3:36PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 6:12PM Wed				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga						

<b>2</b> Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 26.37	Tithi 10	<b>Gulika</b> 10:47AM – 12:20PM	<b>Purvashadha* Until 8:48PM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	
		Yama 7:41AM – 9:14AM	Sobhana Until 8:56PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 22
		581552363 <b>Rahu</b> 12:20PM – 1:53PM	Gara Until 6:12PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 6:12PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>3</b> Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 8.24	Tithi 11	<b>Gulika</b> 9:15AM – 10:47AM	<b>Purvashadha* Until 8:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:10AM	
		Yama 6:10AM – 7:42AM	Athiganda* Until 9:58PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 22
		581552363 <b>Rahu</b> 1:52PM – 3:24PM	Vanija Until 7:32AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 8:48PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 8:48PM				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga						

<b>4</b> Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 20.13	Tithi 12	<b>Gulika</b> 7:43AM – 9:15AM	<b>Shravana Until 12:16PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:11AM	
		Yama 3:23PM – 4:55PM	Sukarma Until 12:16PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 22
		591552363 <b>Rahu</b> 10:47AM – 12:19PM	Bava Until 10:04AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 11:13PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 12:16PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>5</b> Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 2.08	Tithi 13	<b>Gulika</b> 6:12AM – 7:44AM	<b>Dhanishtha Until 2:51AM Mon Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:12AM	
		Yama 1:50PM – 3:22PM	Dhriti Until 11:28PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 22
		591552363 <b>Rahu</b> 9:16AM – 10:47AM	Kaulava Until 12:19PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 1:16AM Sun</b>	Moon – Purple		<b>Devaloka Day</b>
Until 2:51AM Mon Sun				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>6</b> Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 14.13	Tithi 14	<b>Gulika</b> 3:21PM – 4:52PM	<b>Dhanishtha Until 2:51AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:14AM	
		Yama 12:18PM – 1:49PM	Shula* Until 5:11PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 22
		591552363 <b>Rahu</b> 4:52PM – 6:23PM	Gara Until 2:09PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:51AM Mon</b>	Moon – Purple		<b>Devaloka Day</b>
Until 2:51AM Mon		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Puratasi</b>		
Then Routine Work - Marana Yoga						

<b>○</b> Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sutra 162 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:49PM – 3:19PM	<b>Shatabhishak Until 3:55AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:15AM	
Kumbha Rasi: 26.29	Tithi 15	Yama 10:47AM – 12:18PM	Ganda* Until 11:34PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 22
<b>Family Home Evening</b>		511552363 <b>Rahu</b> 7:46AM – 9:17AM	Visti Until 15:76AM Tue	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 11:42PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 3:55AM Tue		<b>Kadaitwami Mahasamadhi</b>		<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Winterthur, Switzerland Sutra 163 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:18PM – 1:48PM	<b>Uttaraproshtapada Until 8:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:16AM	
Meena Rasi: 8.59	Tithi 16	Yama 9:17AM – 10:47AM	Vriddhi Until 8:31PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 22
		511552363 <b>Rahu</b> 3:18PM – 4:49PM	Balava Until 4:16PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 4:28AM Wed</b>	Moon – Clear		<b>Devaloka Day</b>
Until 8:31PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland

Sutra 164

Meena Rasi: 21.43 Tihti 17

Gulika 10:47AM - 12:17PM  
Yama 7:48AM - 9:17AM  
Rahu 12:17PM - 1:47PM

Revati Until 9:14PM  
Dhruva Until 10:06PM  
Tailila Until 15:88AM Thu  
Dvitiya Until 11:02PM

Ganesh: Purple Sunrise: 6:18AM  
Muruga: Purple Sunset: 6:17PM  
Nataraja: Purple  
Moon - Clear  
Bhadrapada-Puratasi

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visi\* Karana Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 165

Mesha Rasi: 4.4 Tihti 18

Gulika 9:18AM - 10:47AM  
Yama 6:19AM - 7:49AM  
Rahu 1:46PM - 3:16PM

Ashvini Until 9:50PM  
Vyaghata\* Until 8:51PM  
Vanija Until 4:28PM  
Tritiya Until 4:14AM Fri

Ganesh: Clear Sunrise: 6:19AM  
Muruga: Purple Sunset: 6:15PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 9:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Harshana Yoga Bava Karana Chaturtham Titau

Winterthur, Switzerland

Sun 2 Sutra 166

Mesha Rasi: 17.49 Tihti 19

Gulika 7:49AM - 9:19AM  
Yama 3:15PM - 4:44PM  
Rahu 10:48AM - 12:17PM

Bharani Until 2:33AM Sun Sat  
Harshana Until 7:19PM  
Bava Until 3:57PM  
Chaturthi\* Until 3:33AM Sat

Ganesh: Clear Sunrise: 6:20AM  
Muruga: Purple Sunset: 6:13PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Kaulava/Gara Karana Panchamyam Titau

Winterthur, Switzerland

Sun 3 Sutra 167

Vrisabha Rasi: 1.1 Tihti 20

Gulika 6:22AM - 7:50AM  
Yama 1:45PM - 3:14PM  
Rahu 9:19AM - 10:48AM

Bharani Until 2:33AM Sun  
Vajra\* Until 14:86AM Sun  
Kaulava Until 13:57AM Sun  
Panchami Until 7:19PM

Ganesh: Clear Sunrise: 6:22AM  
Muruga: Purple Sunset: 6:11PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 2:33AM Sun

Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara Karana Shashthyam Titau

Winterthur, Switzerland

Sun 4 Sutra 168

Vrisabha Rasi: 14.41 Tihti 21

Gulika 3:12PM - 4:41PM  
Yama 12:16PM - 1:44PM  
Rahu 4:41PM - 6:09PM

Krittika Until 1:15AM Mon  
Siddhi Until 12:69AM Mon  
Gara Until 1:57PM  
Shashthi\* Until 1:15AM Mon

Ganesh: Purple Sunrise: 6:23AM  
Muruga: Purple Sunset: 6:09PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 1:15AM Mon

Then Creative Work - Amrita Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyatipata\*/Varian Yoga Visti\* Karana Saptamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 169

Vrisabha Rasi: 28.23 Tihti 22

Gulika 1:43PM - 3:11PM  
Yama 10:48AM - 12:16PM  
Rahu 7:52AM - 9:20AM

Rohini Until 11:40PM  
Vyatipata\* Until 10:38AM Tue  
Visti Until 12:31PM  
Saptami Until 11:40PM

Ganesh: Purple Sunrise: 6:24AM  
Muruga: Purple Sunset: 6:07PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 11:40PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 170

Mithuna Rasi: 12.15 Tihti 23

Gulika 12:15PM - 1:43PM  
Yama 9:21AM - 10:48AM  
Rahu 3:10PM - 4:37PM

Ardra Until 7:42PM Wed  
Variyan Until 10:38AM  
Balava Until 10:48AM  
Ashtami\* Until 9:49PM

Ganesh: Purple Sunrise: 6:26AM  
Muruga: Purple Sunset: 6:05PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Vilamba 5120  
Moon 9 - Phase 23  
Ashtami

Bhuloka Day

Routine Work Marana Yoga

Until 7:42PM Wed

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Pushya Nakshatra Parigha\*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 171

Mithuna Rasi: 26.17 Tihti 24

Gulika 10:48AM - 12:15PM  
Yama 7:54AM - 9:21AM  
Rahu 12:15PM - 1:42PM

Ardra Until 7:42PM  
Parigha\* Until 4:58AM Thu  
Tailila Until 8:49AM  
Navami\* Until 7:42PM

Ganesh: Clear Sunrise: 6:27AM  
Muruga: Purple Sunset: 6:03PM  
Nataraja: Purple  
Moon - Blue  
Bhadrapada-Puratasi

Vilamba 5120  
Moon 9 - Phase 23  
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau	Winterthur, Switzerland Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 10.3	Tithi 25 – 26	<b>Gulika</b>	<b>9:22AM – 10:48AM</b>	<b>Pushya Until 4:19PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:29AM	
		Yama	6:29AM – 7:55AM	Siddha Until 1:50AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:01PM	
		642552363 <b>Rahu</b>	<b>1:41PM – 3:08PM</b>	Vanija Until 6:35AM	<b>Nataraja:</b> Purple	Moon 9 - Phase 24	
Creative Work	Amrita Yoga			<b>Dashami Until 5:21PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
Until 4:19PM					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Winterthur, Switzerland Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 24.51	Tithi 26 – 27	<b>Gulika</b>	<b>7:56AM – 9:22AM</b>	<b>Ashlesha* Until 12:11PM Sat</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:30AM	
		Yama	3:07PM – 4:33PM	Sadhya Until 10:36PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:59PM	
		642552363 <b>Rahu</b>	<b>10:48AM – 12:14PM</b>	Kaulava Until 24:92	<b>Nataraja:</b> Purple	Moon 9 - Phase 24	
Routine Work	Marana Yoga			<b>Ekadashi* Until 1:50AM Fri</b>	Moon – Blue	<b>Bhuloka Day</b>	
					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Saturday, October 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Winterthur, Switzerland Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 9.18	Tithi 27 – 28	<b>Gulika</b>	<b>6:31AM – 7:57AM</b>	<b>Ashlesha* Until 12:11PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:31AM	
		Yama	1:40PM – 3:05PM	Subha Until 12:40PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:57PM	
		642552363 <b>Rahu</b>	<b>9:23AM – 10:48AM</b>	Gara Until 10:53PM	<b>Nataraja:</b> Purple	Moon 9 - Phase 24	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 12:11PM</b>	Moon – Red	<b>Bhuloka Day</b>	
Until 12:11PM					<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Sunday, October 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Winterthur, Switzerland Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 23.47	Tithi 28 – 29	<b>Gulika</b>	<b>3:04PM – 4:30PM</b>	<b>Magha* Until 9:33AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:33AM	
		Yama	12:14PM – 1:39PM	Sukla Until 3:61PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:55PM	
		642552363 <b>Rahu</b>	<b>4:30PM – 5:55PM</b>	Visti Until 8:17PM	<b>Nataraja:</b> Purple	Moon 9 - Phase 24	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 9:33AM</b>	Moon – Red	<b>Bhuloka Day</b>	
Until 9:33AM					<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga							

<b>●</b>		<b>Monday, October 8, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Winterthur, Switzerland Sun 12 Sutra 176 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	<b>1:38PM – 3:03PM</b>	<b>Uttaraphalguni Until 8:53AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:34AM	
Kanya Rasi: 8.11	Tithi 29 – 30	Yama	10:49AM – 12:13PM	Brahma Until 12:52PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:53PM	
<b>Family Home Evening</b>		642552364 <b>Rahu</b>	<b>7:59AM – 9:24AM</b>	Naga Until 4:46AM Tue	<b>Nataraja:</b> Clear	Moon 9 - Phase 24	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 7:02AM</b>	Moon – Red	Amavasya	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>			<b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		<b>Tuesday, October 9, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Balava Karana Prathamayam Titau	Winterthur, Switzerland Sun 13 Sutra 177 Vilamba 5120
Kanya Rasi: 22.25	Tithi 1	<b>Gulika</b>	<b>12:13PM – 1:38PM</b>	<b>Hasta Until 7:32AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:36AM	
		Yama	9:24AM – 10:49AM	Indra Until 7:32AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:51PM	
		662652364 <b>Rahu</b>	<b>3:02PM – 4:27PM</b>	Kintughna Until 3:48PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 24	
Creative Work	Siddha Yoga			<b>Prathama* Until 2:54AM Wed</b>	Moon – Green	<b>Devaloka Day</b>	
		<b>Navaratri Begins</b>			<b>Ashvina-Puratasi</b>		

<b>1</b>		<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Winterthur, Switzerland Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 6.23	Tithi 2	<b>Gulika</b>	10:49AM – 12:13PM	<b>Chitra Until 6:28AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:37AM	
		Yama	8:01AM – 9:25AM	Vaidhriti* Until 7:25AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	662652364	<b>Rahu</b> 12:13PM – 1:37PM	Balava Until 2:12PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Dvitiya Until 1:36AM Thu</b>	Moon – Green		<b>Devaloka Day</b>
					<b>Ashvina•Puratasi</b>		

<b>2</b>		<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila Karana Tritiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 20.01	Tithi 3	<b>Gulika</b>	9:26AM – 10:49AM	<b>Vishakha Until 6:08AM Fri</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:38AM	
		Yama	6:38AM – 8:02AM	Priti Until 3:47AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	672652364	<b>Rahu</b> 1:36PM – 3:00PM	Taitila Until 1:12PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Tritiya Until 12:57AM Fri</b>	Moon – Orange		<b>Devaloka Day</b>
					<b>Ashvina•Puratasi</b>		

<b>3</b>		<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Bava Karana Chaturthyam Titau		Winterthur, Switzerland Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 3.15	Tithi 4	<b>Gulika</b>	8:03AM – 9:26AM	<b>Vishakha Until 1:58AM Sun Sat</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:40AM	
		Yama	2:59PM – 4:22PM	Ayushman Until 6:08AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364	<b>Rahu</b> 10:49AM – 12:12PM	Vanija Until 13:27AM Sat	<b>Nataraja:</b> Clear		3rd Phase
				<b>Chaturthi* Until 3:47AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>
					<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>4</b>		<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Saubhagya Yoga Bava Karana Panchamyam Titau		Winterthur, Switzerland Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 16.06	Tithi 5	<b>Gulika</b>	6:41AM – 8:04AM	<b>Vishakha Until 1:58AM Sun</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:41AM	
		Yama	1:35PM – 2:58PM	Saubhagya Until 2:28AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364	<b>Rahu</b> 9:27AM – 10:49AM	Bava Until 1:27PM	<b>Nataraja:</b> Clear		3rd Phase
Until 1:58AM Sun				<b>Panchami Until 1:58AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>5</b>		<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau		Winterthur, Switzerland Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 28.35	Tithi 6	<b>Gulika</b>	2:57PM – 4:19PM	<b>Jyeshtha* Until 5:49AM Mon</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:43AM	
		Yama	12:12PM – 1:34PM	Sobhana Until 2:41AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
Routine Work	Marana Yoga	673652364	<b>Rahu</b> 4:19PM – 5:41PM	Kaulava Until 2:43PM	<b>Nataraja:</b> Clear		3rd Phase
Until 5:49AM Tue Mon				<b>Shashthi* Until 3:36AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>6</b>		<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 19 Sutra 183 Vilamba 5120	
Dhanu Rasi: 10.47	Tithi 7	<b>Gulika</b>	1:34PM – 2:56PM	<b>Jyeshtha* Until 5:49AM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:44AM	
Family Home Evening		Yama	10:50AM – 12:12PM	Athiganda* Until 3:19AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364	<b>Rahu</b> 8:06AM – 9:28AM	Gara Until 4:40PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Saptami Until 5:49AM Tue</b>	Moon – Light Blue		<b>Devaloka Day</b>
					<b>Ashvina•Puratasi</b>		

<b>Retreat Star</b>		<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 20 Sutra 184 Vilamba 5120	
Dhanu Rasi: 22.45	Tithi 8	<b>Gulika</b>	12:12PM – 1:33PM	<b>Purvashadha* Until 8:23AM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:45AM	
		Yama	9:28AM – 10:50AM	Sukarma Until 1:54PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364	<b>Rahu</b> 2:55PM – 4:16PM	Visti Until 7:05PM	<b>Nataraja:</b> Clear		Ashtami
Until 8:23AM Wed				<b>Ashtami* Until 8:23AM Wed</b>	Moon – Light Blue		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Ashvina•Puratasi</b>		

<b>Retreat Star</b>		<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Winterthur, Switzerland Sun 21 Sutra 185 Vilamba 5120	
Makara Rasi: 4.35	Tithi 8 – 9	<b>Gulika</b>	10:50AM – 12:11PM	<b>Purvashadha* Until 8:23AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:47AM	
		Yama	8:08AM – 9:29AM	Dhriti Until 4:77AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
Creative Work	Amrita Yoga	683652364	<b>Rahu</b> 12:11PM – 1:32PM	Balava Until 9:44PM	<b>Nataraja:</b> Clear		Navami
Until 8:23AM				<b>Ashtami* Until 8:23AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashvina•Aipasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 22 Sutra 186	
	Makara Rasi: 16.23	Tithi 9 – 10	<b>Gulika</b> 9:30AM – 10:50AM	<b>Shravana</b> Until 1:30PM Fri	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:48AM	Vilamba 5120	
			Yama 6:48AM – 8:09AM	Shula* Until 6:52AM Sat Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 26	
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 1:32PM – 2:53PM	Taitila Until 12:20AM Fri	<b>Nataraja:</b> Clear		4th Phase	
		<b>Vijaya Dasami</b>	<b>Navami*</b> Until 11:02AM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 23 Sutra 187	
	Makara Rasi: 28.14	Tithi 10 – 11	<b>Gulika</b> 8:10AM – 9:30AM	<b>Shravana</b> Until 1:30PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:50AM	Vilamba 5120	
			Yama 2:52PM – 4:12PM	Shula* Until 6:52AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 26	
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 10:51AM – 12:11PM	Vanija Until 2:37AM Sat	<b>Nataraja:</b> Clear		4th Phase	
			<b>Dashami</b> Until 1:30PM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
				<b>Ashvina-Aipasi</b>				

<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 188	
	Kumbha Rasi: 10.13	Tithi 11 – 12	<b>Gulika</b> 6:51AM – 8:11AM	<b>Dhanishtha</b> Until 3:34PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:51AM	Vilamba 5120	
			Yama 1:31PM – 2:51PM	Ganda* Until 6:69AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 26	
	Creative Work	Amrita Yoga	693652364 <b>Rahu</b> 9:31AM – 10:51AM	Bava Until 3:85AM Sun	<b>Nataraja:</b> Clear		4th Phase	
			<b>Ekadashi</b> Until 6:52AM Sat	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
				<b>Ashvina-Aipasi</b>				

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 25 Sutra 189	
	Kumbha Rasi: 22.23	Tithi 12 – 13	<b>Gulika</b> 2:50PM – 4:09PM	<b>Purvaproshtapada*</b> Until 3:07AM Mon	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:53AM	Vilamba 5120	
			Yama 12:11PM – 1:30PM	Vridhi Until 7:09AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 26	
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 4:09PM – 5:29PM	Kaulava Until 5:36AM Mon	<b>Nataraja:</b> Clear		4th Phase	
			<b>Dvadashi</b> Until 5:04PM	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
				<b>Ashvina-Aipasi</b>				

*Pradosha Vrata*

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 26 Sutra 190	
	Meena Rasi: 4.5	Tithi 13 – 14	<b>Gulika</b> 1:29PM – 2:49PM	<b>Uttaraproshtapada</b> Until 4:19AM Tue	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:54AM	Vilamba 5120	
	<b>Family Home Evening</b>		Yama 10:51AM – 12:10PM	Dhruva Until 6:56AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26	
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 8:13AM – 9:32AM	Gara Until 6:08AM Tue	<b>Nataraja:</b> Clear		4th Phase	
			<b>Trayodashi</b> Until 5:56PM	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
				<b>Ashvina-Aipasi</b>				

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Visti* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 191	
	Meena Rasi: 17.34	Tithi 14	<b>Gulika</b> 12:10PM – 1:29PM	<b>Revati</b> Until 4:44AM Wed	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:56AM	Vilamba 5120	
			Yama 9:33AM – 10:52AM	Vyaghata* Until 4:44AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 26	
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 2:48PM – 4:06PM	Gara Until 6:08AM	<b>Nataraja:</b> Clear		4th Phase	
			<b>Chaturdashi*</b> Until 6:09PM	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
				<b>Ashvina-Aipasi</b>				

<b>○</b>	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sutra 192	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:52AM – 12:10PM	<b>Ashvini</b> Until 4:56AM Thu	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:57AM	Vilamba 5120	
	Mesha Rasi: 0.35	Tithi 15 – 16	Yama 8:15AM – 9:34AM	Vajra* Until 4:56AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 26	
	Routine Work	Marana Yoga	623652364 <b>Rahu</b> 12:10PM – 1:28PM	Visti Until 4:86AM Thu	<b>Nataraja:</b> Clear		Purnima	
			<b>Purnima*</b> Until 5:03AM Wed	Moon – White		<b>Devaloka Day</b>		
				<b>Ashvina-Aipasi</b>				

<b>○</b>	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sutra 193	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:34AM – 10:52AM	<b>Bharani</b> Until 4:32AM Fri	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:59AM	Vilamba 5120	
	Mesha Rasi: 13.55	Tithi 16 – 17	Yama 6:59AM – 8:16AM	Siddhi Until 4:32AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26	
	Creative Work	Siddha Yoga	623652364 <b>Rahu</b> 1:28PM – 2:46PM	Kaulava Until 4:56PM	<b>Nataraja:</b> Clear		Prathama	
			<b>Prathama*</b> Until 4:56PM	Moon – White		<b>Devaloka Day</b>		
				<b>Ashvina-Aipasi</b>				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 194

Vilamba 5120

Mesha Rasi: 27.29 Tihi 17 - 18

Gulika 8:17AM - 9:35AM  
Yama 2:45PM - 4:02PM  
Rahu 10:52AM - 12:10PM

Krittika Until 3:40AM Sat  
Vyatipata\* Until 11:11PM  
Vanija Until 2:56AM Sat  
Dvitiya Until 3:40PM

Ganesha: White Sunrise: 7:00AM  
Muruga: Purple Sunset: 5:20PM  
Nataraja: Clear  
Moon - White  
Ashvina-Aipasi

Moon 10 - Phase 27  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 3:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Visli\*/Bava Karana Tritiya/Chaturthayam Titau

Winterthur, Switzerland

Sun 2 Sutra 195

Vilamba 5120

Vrishabha Rasi: 11.15 Tihi 18 - 19

Gulika 7:01AM - 8:19AM  
Yama 1:27PM - 2:44PM  
Rahu 9:36AM - 10:53AM

Rohini Until 2:50AM Sun  
Variyan Until 2:50AM Sun  
Bava Until 1:17AM Sun  
Tritiya Until 11:11PM

Ganesha: Clear Sunrise: 7:01AM  
Muruga: Purple Sunset: 5:18PM  
Nataraja: Clear  
Moon - Yellow  
Ashvina-Aipasi

Moon 10 - Phase 27  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland

Sun 3 Sutra 196

Vilamba 5120

Vrishabha Rasi: 25.1 Tihi 19 - 20

Gulika 2:43PM - 4:00PM  
Yama 12:10PM - 1:26PM  
Rahu 4:00PM - 5:17PM

Mrigashira Until 1:44AM Mon  
Parigha\* Until 6:06PM  
Kaulava Until 11:29PM  
Chaturthi\* Until 8:42PM

Ganesha: Clear Sunrise: 7:03AM  
Muruga: Purple Sunset: 5:17PM  
Nataraja: Clear  
Moon - Yellow  
Ashvina-Aipasi

Moon 10 - Phase 27  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Winterthur, Switzerland

Sun 4 Sutra 197

Vilamba 5120

Mithuna Rasi: 9.09 Tihi 20 - 21

Family Home Evening

Gulika 1:26PM - 2:42PM  
Yama 10:53AM - 12:10PM  
Rahu 8:21AM - 9:37AM

Ardra Until 8:36AM Tue  
Shiva Until 3:25PM  
Gara Until 9:35PM  
Panchami Until 10:31AM

Ganesha: Clear Sunrise: 7:04AM  
Muruga: Purple Sunset: 5:15PM  
Nataraja: Clear  
Moon - Yellow  
Ashvina-Aipasi

Moon 10 - Phase 27  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 198

Vilamba 5120

Mithuna Rasi: 23.11 Tihi 21 - 22

Gulika 12:10PM - 1:26PM  
Yama 9:38AM - 10:54AM  
Rahu 2:41PM - 3:57PM

Ardra Until 8:36AM  
Siddha Until 11:17PM  
Vanija Until 8:36AM  
Shashthi\* Until 8:36AM

Ganesha: Purple Sunrise: 7:06AM  
Muruga: Purple Sunset: 5:13PM  
Nataraja: Clear  
Moon - Blue  
Ashvina-Aipasi

Moon 10 - Phase 27  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Taitila Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 199

Vilamba 5120

Kataka Rasi: 7.15 Tihi 22 - 23

Gulika 10:54AM - 12:10PM  
Yama 8:23AM - 9:38AM  
Rahu 12:10PM - 1:25PM

Pushya Until 10:01PM  
Sadhya Until 10:01PM  
Taitila Until 15:41AM Thu  
Saptami Until 6:38AM

Ganesha: Purple Sunrise: 7:07AM  
Muruga: Clear Sunset: 5:12PM  
Nataraja: Clear  
Moon - Blue  
Ashvina-Aipasi

Moon 10 - Phase 27  
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 200

Vilamba 5120

Kataka Rasi: 21.2 Tihi 24

Gulika 9:39AM - 10:54AM  
Yama 7:09AM - 8:24AM  
Rahu 1:25PM - 2:40PM

Ashlesha\* Until 8:36PM  
Subha Until 7:09AM  
Taitila Until 3:41PM  
Navami\* Until 2:40AM Fri

Ganesha: Purple Sunrise: 7:09AM  
Muruga: Clear Sunset: 5:10PM  
Nataraja: Clear  
Moon - Blue  
Ashvina-Aipasi

Moon 10 - Phase 27  
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1 Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Winterthur, Switzerland Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 5.25	Tithi 25	<b>Gulika</b> 8:25AM – 9:40AM	<b>Magha* Until 7:29PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:10AM	
		Yama 2:39PM – 3:54PM	Brahma Until 1:34AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28
		654662364 <b>Rahu</b> 10:55AM – 12:09PM	Vanija Until 1:42PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 12:42AM Sat</b>	Moon – Red		<b>Sivaloka Day</b>
Until 7:29PM				<b>Ashvina•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 19.29	Tithi 26	<b>Gulika</b> 7:12AM – 8:26AM	<b>Purvaphalguni Until 8:57PM Sun</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:12AM	
		Yama 1:24PM – 2:38PM	Indra Until 10:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 28
		654762364 <b>Rahu</b> 9:41AM – 10:55AM	Bava Until 11:45AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 10:46PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 8:57PM Sun				<b>Ashvina•Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>3 Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 3.31	Tithi 27	<b>Gulika</b> 2:38PM – 3:52PM	<b>Purvaphalguni Until 8:57PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:13AM	
		Yama 12:10PM – 1:24PM	Vaidhriti* Until 4:57PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
		654762364 <b>Rahu</b> 3:52PM – 5:06PM	Kaulava Until 9:52AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 8:57PM</b>	Moon – Red		<b>Devaloka Day</b>
				<b>Ashvina•Aipasi</b>		

<b>4 Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Trayodashyam Titau				Winterthur, Switzerland Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 17.29	Tithi 28	<b>Gulika</b> 1:23PM – 2:37PM	<b>Hasta Until 5:58PM Tue</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:15AM	
<b>Family Home Evening</b>		Yama 10:56AM – 12:10PM	Vishkambha* Until 5:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28
		664762364 <b>Rahu</b> 8:29AM – 9:42AM	Gara Until 6:37AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 8:11PM</b>	Moon – Green		<b>Devaloka Day</b>
Until 5:58PM Tue				<b>Ashvina•Aipasi</b>		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Svati Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Winterthur, Switzerland Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 1.17	Tithi 29 – 30	<b>Gulika</b> 12:10PM – 1:23PM	<b>Hasta Until 5:58PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:16AM	
		Yama 9:43AM – 10:56AM	Priti Until 3:24PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28
		664762364 <b>Rahu</b> 2:36PM – 3:49PM	Visti Until 4:88AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 5:40PM</b>	Moon – Green		<b>Devaloka Day</b>
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina•Aipasi</b>		

<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Winterthur, Switzerland Sun 13 Sutra 206 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 10:57AM – 12:10PM	<b>Svati Until 4:37PM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:18AM	
Tula Rasi: 14.54	Tithi 30 – 1	Yama 8:31AM – 9:44AM	Ayushman Until 1:25PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28
		765762364 <b>Rahu</b> 12:10PM – 1:23PM	Kintughna Until 4:46AM Thu	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 13:25AM Wed</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Ashvina•Aipasi</b>		

<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 14 Sutra 207 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:45AM – 10:57AM	<b>Svati Until 4:37PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 7:19AM	
Tula Rasi: 28.15	Tithi 1 – 2	Yama 7:19AM – 8:32AM	Saubhagya Until 10:45AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 28
		775762364 <b>Rahu</b> 1:22PM – 2:35PM	Balava Until 4:39AM Fri	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 4:37PM</b>	Moon – Orange		<b>Sivaloka Day</b>
		<b>Skanda Shasthi Begins</b>		<b>Karttika•Aipasi</b>		

<b>1</b>	<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava Karana Dvitiya/Tritiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 208 Vilamba 5120	
	Vrischika Rasi: 11.18	Tithi 2 – 3	<b>Gulika</b> 8:33AM – 9:45AM <b>Anuradha</b> Until 4:02PM	<b>Ganesh:</b> Orange <i>Sunrise:</i> 7:21AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:59PM	<b>Sivaloka Day</b>		Moon 10 - Phase 29 3rd Phase	
	Creative Work Until 4:02PM Then Routine Work - Marana Yoga	Siddha Yoga	775762364 <b>Rahu</b> 10:58AM – 12:10PM	Moon – Orange <b>Karttika•Aipasi</b>				

<b>2</b>	<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara Karana Tritiya/Chaturthiyam Titau				Winterthur, Switzerland Sun 16 Sutra 209 Vilamba 5120	
	Vrischika Rasi: 24.01	Tithi 3 – 4	<b>Gulika</b> 7:22AM – 8:34AM <b>Jyeshtha*</b> Until 5:18PM	<b>Ganesh:</b> Orange <i>Sunrise:</i> 7:22AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:57PM	<b>Sivaloka Day</b>		Moon 10 - Phase 29 3rd Phase	
	Creative Work Until 4:02PM Then Routine Work - Marana Yoga	Siddha Yoga	775762364 <b>Rahu</b> 9:46AM – 10:58AM	Moon – Orange <b>Karttika•Aipasi</b>				

<b>3</b>	<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija Karana Chaturthiyam Titau				Winterthur, Switzerland Sun 17 Sutra 210 Vilamba 5120	
	Dhanus Rasi: 6.26	Tithi 4	<b>Gulika</b> 2:33PM – 3:45PM <b>Mula*</b> Until 7:31PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:24AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:56PM	<b>Sivaloka Day</b>		Moon 10 - Phase 29 3rd Phase	
	Creative Work Until 7:31PM Then Creative Work - Siddha Yoga	Amrita Yoga	785762364 <b>Rahu</b> 3:45PM – 4:56PM	Moon – Light Blue <b>Karttika•Aipasi</b>				

<b>4</b>	<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Tailila Karana Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 211 Vilamba 5120	
	Dhanus Rasi: 18.36	Tithi 5	<b>Gulika</b> 1:21PM – 2:32PM <b>Purvashadha*</b> Until 10:08PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:25AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:55PM	<b>Sivaloka Day</b>		Moon 10 - Phase 29 3rd Phase	
	Family Home Evening Routine Work Marana Yoga		785762364 <b>Rahu</b> 8:37AM – 9:48AM	Moon – Light Blue <b>Karttika•Aipasi</b>				

<b>5</b>	<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava Karana Shashthiyam Titau				Winterthur, Switzerland Sun 19 Sutra 212 Vilamba 5120	
	Makara Rasi: 0.33	Tithi 6	<b>Gulika</b> 12:10PM – 1:21PM <b>Uttarashadha</b> Until 2:38AM Thu Wed	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:27AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:54PM	<b>Sivaloka Day</b>		Moon 10 - Phase 29 3rd Phase	
	Routine Work Until 2:38AM Thu Wed Then Creative Work - Siddha Yoga	Prabalarishta Yoga	785762364 <b>Rahu</b> 2:32PM – 3:43PM	Moon – Light Blue <b>Karttika•Aipasi</b>				

<b>6</b>	<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau				Winterthur, Switzerland Sun 20 Sutra 213 Vilamba 5120	
	Makara Rasi: 12.23	Tithi 7	<b>Gulika</b> 11:00AM – 12:10PM <b>Uttarashadha</b> Until 2:38AM Thu	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:28AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM	<b>Subha Sivaloka Day</b>		Moon 10 - Phase 29 3rd Phase	
	Creative Work Until 4:02PM Then Routine Work - Marana Yoga	Siddha Yoga	795762364 <b>Rahu</b> 12:10PM – 1:21PM	Moon – Purple <b>Karttika•Aipasi</b>				

<b>D</b>	<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 214 Vilamba 5120	
	Makara Rasi: 24.1	Tithi 8	<b>Gulika</b> 9:50AM – 11:00AM <b>Dhanishtha</b> Until 7:27AM Sat Fri	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:30AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:51PM	<b>Subha Sivaloka Day</b>		Moon 10 - Phase 29 Ashtami	
	Creative Work Until 4:02PM Then Routine Work - Marana Yoga	Siddha Yoga	795762364 <b>Rahu</b> 1:21PM – 2:31PM	Moon – Purple <b>Karttika•Aipasi</b>				

<b>D</b>	<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Tailila Karana Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 215 Vilamba 5120	
	Kumbha Rasi: 6.01	Tithi 9	<b>Gulika</b> 8:41AM – 9:51AM <b>Dhanishtha</b> Until 7:27AM Sat	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:31AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:50PM	<b>Subha Sivaloka Day</b>		Moon 10 - Phase 29 Navami	
	Creative Work Until 7:27AM Sat Then Creative Work - Amrita Yoga	Siddha Yoga	795762364 <b>Rahu</b> 11:01AM – 12:11PM	Moon – Purple <b>Karttika•Karttikai</b>				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Vanija Karana Navami/Dashamyam Tilau		Winterthur, Switzerland Sun 23 Sutra 216 Vilamba 5120	
Kumbha Rasi: 18	Tithi 9 – 10	<b>Gulika</b>	7:33AM – 8:42AM	<b>Shatabhishak</b> Until 9:47AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:33AM			
		<b>Yama</b>	1:20PM – 2:30PM	Vyaghata* Until 9:47AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 30		
		796762365 <b>Rahu</b>	9:52AM – 11:01AM	Vanija Until 21:41AM Sun	<b>Nataraja:</b> White		4th Phase		
Creative Work	Amrita Yoga					Moon – Purple	<b>Devaloka Day</b>		
Until 9:47AM						<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Sunday, November 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Tilau		Winterthur, Switzerland Sun 24 Sutra 217 Vilamba 5120	
Meena Rasi: 0.13	Tithi 10 – 11	<b>Gulika</b>	2:30PM – 3:39PM	<b>Purvaprossthapada*</b> Until 12:02PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:34AM			
		<b>Yama</b>	12:11PM – 1:20PM	Harshana Until 2:32PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 30		
		716762365 <b>Rahu</b>	3:39PM – 4:48PM	Vanija Until 9:41PM	<b>Nataraja:</b> White		4th Phase		
Creative Work	Siddha Yoga					Moon – Clear	<b>Devaloka Day</b>		
Until 12:02PM						<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Monday, November 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti* Karana Ekadashi/Dvadashyam Tilau		Winterthur, Switzerland Sun 25 Sutra 218 Vilamba 5120	
Meena Rasi: 12.43	Tithi 11 – 12	<b>Gulika</b>	1:20PM – 2:29PM	<b>Uttaraprossthapada</b> Until 1:25PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:36AM			
		<b>Yama</b>	11:02AM – 12:11PM	Vajra* Until 2:00PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 30		
<b>Family Home Evening</b>		716762365 <b>Rahu</b>	8:45AM – 9:53AM	Visti Until 10:02AM	<b>Nataraja:</b> White		4th Phase		
Creative Work	Siddha Yoga					Moon – Clear	<b>Devaloka Day</b>		
						<b>Karttika-Karttikai</b>			

<b>4</b>		<b>Tuesday, November 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau		Winterthur, Switzerland Sun 26 Sutra 219 Vilamba 5120	
Meena Rasi: 25.34	Tithi 12 – 13	<b>Gulika</b>	12:12PM – 1:20PM	<b>Revati</b> Until 1:56PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:37AM			
		<b>Yama</b>	9:54AM – 11:03AM	Siddhi Until 12:53PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 30		
		716762365 <b>Rahu</b>	2:29PM – 3:37PM	Kaulava Until 10:03PM	<b>Nataraja:</b> White		4th Phase		
Creative Work	Siddha Yoga					Moon – Clear	<b>Devaloka Day</b>		
						<b>Karttika-Karttikai</b>			
						<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, November 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Taitila Karana Trayodashi/Chaturdashyam Tilau		Winterthur, Switzerland Sun 27 Sutra 220 Vilamba 5120	
Mesha Rasi: 8.48	Tithi 13 – 14	<b>Gulika</b>	11:03AM – 12:12PM	<b>Ashvini</b> Until 8:28AM Thu	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:38AM			
		<b>Yama</b>	8:47AM – 9:55AM	Vyatipata* Until 11:13AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 30		
		726762365 <b>Rahu</b>	12:12PM – 1:20PM	Taitila Until 9:40AM	<b>Nataraja:</b> White		4th Phase		
Routine Work	Marana Yoga					Moon – White	<b>Bhuloka Day</b>		
Until 8:28AM Thu						<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

<b>○</b>		<b>Thursday, November 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Krittika Nakshatra Variyan/Parigha* Yoga Vanija Karana Chaturdashi/Purnimayam Tilau		Winterthur, Switzerland Sutra 221 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b>	9:56AM – 11:04AM	<b>Ashvini</b> Until 8:28AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:40AM			
Mesha Rasi: 22.24	Tithi 14 – 15	<b>Yama</b>	7:40AM – 8:48AM	Variyan Until 6:25AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 30		
		726762365 <b>Rahu</b>	1:20PM – 2:28PM	Vanija Until 8:28AM	<b>Nataraja:</b> White		Purnima		
Creative Work	Siddha Yoga					Moon – White	<b>Bhuloka Day</b>		
Until 8:28AM						<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

<b>○</b>		<b>Friday, November 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prahamayam Tilau		Winterthur, Switzerland Sutra 222 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b>	8:49AM – 9:57AM	<b>Krittika</b> Until 12:05PM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:41AM			
Vrishabha Rasi: 6.2	Tithi 15 – 16	<b>Yama</b>	2:28PM – 3:36PM	Parigha* Until 6:25AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 30		
		726762365 <b>Rahu</b>	11:05AM – 12:12PM	Kaulava Until 5:42PM	<b>Nataraja:</b> White		Prathama		
Creative Work	Siddha Yoga					Moon – White	<b>Bhuloka Day</b>		
Until 12:05PM		<b>Krittika Deepam</b>	<b>Purnima* Until 6:25AM Fri</b>		<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM			
Then Routine Work - Marana Yoga		<b>Vinayaga Viratam Begins</b>							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



**Saturday, November 24, 2018**

**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland  
Sutra 223

Wrishabha Rasi: 20.31    Tihti 17

737762365

**Gulika** 7:43AM – 8:50AM  
**Yama** 1:20PM – 2:28PM  
**Rahu** 9:58AM – 11:05AM

**Rohini Until 10:42AM**  
**Siddha Until 12:19AM Sun**  
**Taitila Until 3:25PM**  
**Dvitiya Until 2:10AM Sun**

**Ganesha:** Red    *Sunrise:* 7:43AM  
**Muruga:** Clear    *Sunset:* 4:43PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga

Until 10:42AM

Then Creative Work - Siddha Yoga

**1**

**Sunday, November 25, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland  
Sun 1    Sutra 224

Mithuna Rasi: 4.53    Tihti 18

737762365

**Gulika** 2:27PM – 3:35PM  
**Yama** 12:13PM – 1:20PM  
**Rahu** 3:35PM – 4:42PM

**Mrigashira Until 8:56AM**  
**Sadhya Until 9:02PM**  
**Vanija Until 12:55PM**  
**Tritiya Until 11:37PM**

**Ganesha:** Red    *Sunrise:* 7:44AM  
**Muruga:** Clear    *Sunset:* 4:42PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

**2**

**Monday, November 26, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Winterthur, Switzerland  
Sun 2    Sutra 225

Mithuna Rasi: 19.2    Tihti 19

737762365

**Gulika** 1:20PM – 2:27PM  
**Yama** 11:06AM – 12:13PM  
**Rahu** 8:52AM – 9:59AM

**Ardra Until 6:36PM Tue**  
**Subha Until 5:45PM**  
**Bava Until 10:21AM**  
**Chaturthi\* Until 9:04PM**

**Ganesha:** Red    *Sunrise:* 7:45AM  
**Muruga:** Clear    *Sunset:* 4:41PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

Until 6:36PM Tue

Then Creative Work - Amrita Yoga

**3**

**Tuesday, November 27, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Vanija Karana Panchamyam Titau

Winterthur, Switzerland  
Sun 3    Sutra 226

Kataka Rasi: 3.46    Tihti 20

747762365

**Gulika** 12:14PM – 1:20PM  
**Yama** 10:00AM – 11:07AM  
**Rahu** 2:27PM – 3:34PM

**Ardra Until 6:36PM**  
**Sukla Until 3:34AM Wed**  
**Kaulava Until 7:50AM**  
**Panchami Until 6:36PM**

**Ganesha:** Green    *Sunrise:* 7:47AM  
**Muruga:** Clear    *Sunset:* 4:40PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

**4**

**Wednesday, November 28, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland  
Sun 4    Sutra 227

Kataka Rasi: 18.06    Tihti 21 – 22

747862365

**Gulika** 11:07AM – 12:14PM  
**Yama** 8:54AM – 10:01AM  
**Rahu** 12:14PM – 1:20PM

**Ashlesha\* Until 2:12PM Thu**  
**Brahma Until 11:23AM**  
**Visti Until 3:14AM Thu**  
**Shashthi\* Until 4:17PM**

**Ganesha:** White    *Sunrise:* 7:48AM  
**Muruga:** Clear    *Sunset:* 4:40PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

Until 2:12PM Thu

Then Creative Work - Amrita Yoga

**5**

**Thursday, November 29, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra/Vaidhrili\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland  
Sun 5    Sutra 228

Simha Rasi: 2.19    Tihti 22 – 23

757863365

**Gulika** 10:02AM – 11:08AM  
**Yama** 7:49AM – 8:56AM  
**Rahu** 1:21PM – 2:27PM

**Ashlesha\* Until 2:12PM**  
**Indra Until 5:41AM Fri**  
**Balava Until 1:17AM Fri**  
**Saptami Until 2:12PM**

**Ganesha:** Clear    *Sunrise:* 7:49AM  
**Muruga:** Purple    *Sunset:* 4:39PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

Vilamba 5120  
Moon 11 - Phase 31  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga

Until 2:12PM

Then Creative Work - Siddha Yoga

**Friday, November 30, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland  
Sun 6    Sutra 229

Simha Rasi: 16.22    Tihti 23 – 24

757863365

**Gulika** 8:57AM – 10:03AM  
**Yama** 2:27PM – 3:33PM  
**Rahu** 11:09AM – 12:15PM

**Purvaphalguni Until 11:45PM**  
**Vishkambha\* Until 3:08AM Sat**  
**Taitila Until 11:35PM**  
**Ashtami\* Until 12:22PM**

**Ganesha:** Clear    *Sunrise:* 7:51AM  
**Muruga:** Purple    *Sunset:* 4:39PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

Vilamba 5120  
Moon 11 - Phase 31  
Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

<b>1</b>		<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Winterthur, Switzerland Sun 7 Sutra 230 Vilamba 5120	
Kanya Rasi: 0.16	Tithi 24 – 25	<b>Gulika</b> 7:52AM – 8:58AM	<b>Uttaraphalguni Until 10:50PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:52AM		
		Yama 1:21PM – 2:27PM	Priti Until 12:50AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:38PM		Moon 11 - Phase 32
		758863365 <b>Rahu</b> 10:03AM – 11:09AM	Vanija Until 10:09PM	<b>Nataraja:</b> White			2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 10:49AM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>2</b>		<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visiti/Bava Karana Dashami/Ekadashyam Titau		Winterthur, Switzerland Sun 8 Sutra 231 Vilamba 5120	
Kanya Rasi: 13.59	Tithi 25 – 26	<b>Gulika</b> 2:27PM – 3:32PM	<b>Hasta Until 10:30PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:53AM		
		Yama 12:15PM – 1:21PM	Ayushman Until 10:43PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:38PM		Moon 11 - Phase 32
		768863365 <b>Rahu</b> 3:32PM – 4:38PM	Bava Until 9:01PM	<b>Nataraja:</b> White			2nd Phase
Creative Work	Amrita Yoga		<b>Dashami Until 9:31AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 10:30PM				<b>Karttika-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 9 Sutra 232 Vilamba 5120	
Kanya Rasi: 27.32	Tithi 26 – 27	<b>Gulika</b> 1:21PM – 2:27PM	<b>Chitra Until 7:52AM Tue</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:54AM		
<b>Family Home Evening</b>		Yama 11:10AM – 12:16PM	Saubhagya Until 8:52PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:37PM		Moon 11 - Phase 32
		768863365 <b>Rahu</b> 9:00AM – 10:05AM	Kaulava Until 8:11PM	<b>Nataraja:</b> White			2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 8:32AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 7:52AM Tue				<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 10 Sutra 233 Vilamba 5120	
Tula Rasi: 10.55	Tithi 27 – 28	<b>Gulika</b> 12:16PM – 1:21PM	<b>Chitra Until 7:52AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:55AM		
		Yama 10:06AM – 11:11AM	Sobhana Until 17:60AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:37PM		Moon 11 - Phase 32
		768863365 <b>Rahu</b> 2:27PM – 3:32PM	Gara Until 7:41PM	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 7:52AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 7:52AM				<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 11 Sutra 234 Vilamba 5120	
Tula Rasi: 24.05	Tithi 28 – 29	<b>Gulika</b> 11:12AM – 12:17PM	<b>Vishakha Until 7:42AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:57AM		
		Yama 9:02AM – 10:07AM	Athiganda* Until 6:00PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:37PM		Moon 11 - Phase 32
		778863365 <b>Rahu</b> 12:17PM – 1:22PM	Visiti Until 7:36PM	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 7:34AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>Thursday, December 6, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 12 Sutra 235 Vilamba 5120	
Vrischika Rasi: 7.03	Tithi 29 – 30	<b>Gulika</b> 10:07AM – 11:12AM	<b>Vishakha Until 7:42AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:58AM		
		Yama 7:58AM – 9:02AM	Sukarma Until 16:33AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:36PM		Moon 11 - Phase 32
		778863365 <b>Rahu</b> 1:22PM – 2:27PM	Catuspada Until 7:59PM	<b>Nataraja:</b> White			Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:42AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 7:42AM				<b>Karttika-Karttikai</b>			
Then Routine Work - Prabalarishta Yoga							

<b>Friday, December 7, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 13 Sutra 236 Vilamba 5120	
Vrischika Rasi: 19.47	Tithi 30 – 1	<b>Gulika</b> 9:03AM – 10:08AM	<b>Jyeshtha* Until 1:25AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:59AM		
		Yama 2:27PM – 3:32PM	Dhriti Until 4:33PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:36PM		Moon 11 - Phase 32
		779863365 <b>Rahu</b> 11:13AM – 12:17PM	Kintughna Until 8:52PM	<b>Nataraja:</b> White			Prathama
Routine Work	Marana Yoga		<b>Amavasya* Until 16:33AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 1:25AM Sat				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Winterthur, Switzerland Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 2.16	Tithi 1 – 2	<b>Gulika</b> 8:00AM – 9:04AM Yama 1:22PM – 2:27PM 789863365 <b>Rahu</b> 10:09AM – 11:13AM	<b>Mula* Until 3:36AM Sun</b> Shula* Until 4:24PM Balava Until 10:18PM Prathama* Until 9:29AM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira-Karttikai	<b>Sunrise:</b> 8:00AM <b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b>	
Creative Work Siddha Yoga								
<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau			Winterthur, Switzerland Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 14.32	Tithi 2 – 3	<b>Gulika</b> 2:27PM – 3:32PM Yama 12:18PM – 1:23PM 789863365 <b>Rahu</b> 3:32PM – 4:36PM	<b>Purvashadha* Until 6:07AM Mon</b> Ganda* Until 4:41PM Taitila Until 12:15AM Mon Dvitiya Until 11:11AM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira-Karttikai	<b>Sunrise:</b> 8:01AM <b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b>	
Creative Work Siddha Yoga Until 6:07AM Mon Then Routine Work - Marana Yoga								
<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Winterthur, Switzerland Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 26.36	Tithi 3 – 4	<b>Gulika</b> 1:23PM – 2:27PM Yama 11:15AM – 12:19PM 789863365 <b>Rahu</b> 9:06AM – 10:10AM	<b>Purvashadha* Until 6:07AM</b> Vriddhi Until 5:18PM Vanija Until 2:38AM Tue Tritiya Until 1:22PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira-Karttikai	<b>Sunrise:</b> 8:02AM <b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b>	
Family Home Evening Routine Work Marana Yoga								
<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Winterthur, Switzerland Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 8.3	Tithi 4 – 5	<b>Gulika</b> 12:19PM – 1:23PM Yama 10:11AM – 11:15AM 789863365 <b>Rahu</b> 2:28PM – 3:32PM	<b>Uttarashadha Until 8:51AM</b> Dhruva Until 6:10PM Bava Until 5:18AM Wed Chaturthi* Until 3:55PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira-Karttikai	<b>Sunrise:</b> 8:03AM <b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b>	
Routine Work Prabalarishta Yoga Until 8:51AM Then Creative Work - Siddha Yoga								
<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava Karana Panchamyam Titau			Winterthur, Switzerland Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 20.19	Tithi 5	<b>Gulika</b> 11:16AM – 12:20PM Yama 9:08AM – 10:12AM 799863365 <b>Rahu</b> 12:20PM – 1:24PM	<b>Shravana Until 12:08PM</b> Vyaghata* Until 7:10PM Balava Until 6:40PM Panchami Until 6:40PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira-Karttikai	<b>Sunrise:</b> 8:04AM <b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga Until 12:08PM Then Routine Work - Prabalarishta Yoga								
<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau			Winterthur, Switzerland Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 2.05	Tithi 6	<b>Gulika</b> 10:12AM – 11:16AM Yama 8:05AM – 9:08AM 799863365 <b>Rahu</b> 1:24PM – 2:28PM	<b>Dhanishtha Until 3:17PM</b> Harshana Until 8:09PM Kaulava Until 8:03AM Shashthi* Until 9:22PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira-Karttikai	<b>Sunrise:</b> 8:05AM <b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga		Vinayaga Viratam Ends						
<b>7</b>		<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau			Winterthur, Switzerland Sun 20 Sutra 243 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 9:09AM – 10:13AM Yama 2:28PM – 3:32PM 799863365 <b>Rahu</b> 11:17AM – 12:21PM	<b>Shatabhishak Until 6:04PM</b> Vajra* Until 8:55PM Gara Until 10:40AM Saptami Until 11:49PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira-Karttikai	<b>Sunrise:</b> 8:05AM <b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Kumbha Rasi: 13.55 Tithi 7 Creative Work Siddha Yoga								
<b>8</b>		<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti* Karana Ashtamyam Titau			Winterthur, Switzerland Sun 21 Sutra 244 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 8:06AM – 9:10AM Yama 1:25PM – 2:29PM 711863365 <b>Rahu</b> 10:14AM – 11:17AM	<b>Purvaproshtapada* Until 8:45PM</b> Siddhi Until 9:21PM Visti Until 12:53PM Ashtami* Until 1:45AM Sun	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Clear Margasira-Karttikai	<b>Sunrise:</b> 8:06AM <b>Sunset:</b> 4:36PM	Moon 11 - Phase 33 Ashtami	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Routine Work Marana Yoga Until 8:45PM Then Creative Work - Siddha Yoga								
<b>9</b>		<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau			Winterthur, Switzerland Sun 22 Sutra 245 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 2:29PM – 3:33PM Yama 12:22PM – 1:25PM 811863365 <b>Rahu</b> 3:33PM – 4:37PM	<b>Uttaraproshtapada Until 10:38PM</b> Vyatipata* Until 9:18PM Balava Until 2:30PM Navami* Until 3:01AM Mon	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Clear Margasira-Markali	<b>Sunrise:</b> 8:07AM <b>Sunset:</b> 4:37PM	Moon 11 - Phase 33 Navami	<b>Bhuloka Day</b>	
Meena Rasi: 8.03 Tithi 9 Creative Work Amrita Yoga		Markali Pillaiyar						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 20.31	Titithi 10	<b>Gulika</b> 1:26PM – 2:29PM	<b>Revati</b> Until 11:38PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 8:08AM	
	<b>Family Home Evening</b>	811863365	Yama 11:19AM – 12:22PM	Variyan Until 8:38PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 9:11AM – 10:15AM	Taitila Until 3:22PM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami</b> Until 3:29AM Tue	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>			

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 3.21	Titithi 11	<b>Gulika</b> 12:23PM – 1:26PM	<b>Ashvini</b> Until 12:09AM Wed	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 8:08AM	
	821863365		Yama 10:16AM – 11:19AM	Parigha* Until 7:21PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 2:30PM – 3:33PM	Vanija Until 3:26PM	<b>Nataraja:</b> White		4th Phase
		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 3:08AM Wed	Moon – White		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM		

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 16.35	Titithi 12	<b>Gulika</b> 11:20AM – 12:23PM	<b>Bharani</b> Until 11:43PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 8:09AM	
	821863365		Yama 9:13AM – 10:16AM	Shiva Until 5:26PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 12:23PM – 1:27PM	Bava Until 2:40PM	<b>Nataraja:</b> White		4th Phase
Until 11:43PM			<b>Dvadashi</b> Until 1:59AM Thu	Moon – White		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM		

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 249 Vilamba 5120
	Vrisabha Rasi: 0.17	Titithi 13	<b>Gulika</b> 10:17AM – 11:20AM	<b>Krittika</b> Until 10:28PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 8:10AM	
	821863365		Yama 8:10AM – 9:13AM	Siddha Until 2:56PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 34
	Routine Work	Marana Yoga	<b>Rahu</b> 1:27PM – 2:31PM	Kaulava Until 1:09PM	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi</b> Until 12:08AM Fri	Moon – White		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM		
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 250 Vilamba 5120
	Vrisabha Rasi: 14.23	Titithi 14	<b>Gulika</b> 9:14AM – 10:17AM	<b>Rohini</b> Until 8:54PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 8:10AM	
	821863365		Yama 2:31PM – 3:35PM	Sadhya Until 11:56AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 34
	Routine Work	Marana Yoga	<b>Rahu</b> 11:21AM – 12:24PM	Gara Until 11:00AM	<b>Nataraja:</b> White		4th Phase
Until 8:54PM		<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi*</b> Until 9:43PM	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Margasira*Markali</b>			

<b>○</b>	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:11AM – 9:14AM	<b>Mrigashira</b> Until 6:47PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 8:11AM	
	Vrisabha Rasi: 28.5	Titithi 15	Yama 1:28PM – 2:32PM	Subha Until 8:32AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 34
	821863365		<b>Rahu</b> 10:18AM – 11:21AM	Visti Until 8:21AM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga	<b>Day 2 of Pancha Ganapati</b>	<b>Purnima*</b> Until 6:52PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>	Devaloka Time: 9:AM to 12:PM		

<b>○</b>	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:32PM – 3:36PM	<b>Ardra</b> Until 4:15PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 8:11AM	
	Mithuna Rasi: 13.34	Titithi 16 – 17	Yama 12:25PM – 1:29PM	Brahma Until 1:00AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 34
	821863365		<b>Rahu</b> 3:36PM – 4:39PM	Taitila Until 2:09AM Mon	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga	<b>Day 3 of Pancha Ganapati</b>	<b>Prathama*</b> Until 3:45PM	Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Ardra Darshanam</b>		<b>Margasira*Markali</b>	Devaloka Time: 9:AM to 12:PM		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 28.26 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Gulika 1:29PM - 2:33PM  
Yama 11:22AM - 12:26PM  
Rahu 9:15AM - 10:19AM

Day 4 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Punarvasu Until 1:53PM

Indra Until 9:07PM

Vanija Until 10:55PM

Dvitiya Until 12:31PM

Ganesh: Blue

Sunrise: 8:12AM

Muruga: Purple

Sunset: 4:40PM

Nataraja: White

Moon - Blue

Margasira-Markali

Winterthur, Switzerland

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 13.19 Tihi 18 - 19

Creative Work

Siddha Yoga

Gulika 12:26PM - 1:30PM  
Yama 10:19AM - 11:23AM  
Rahu 2:33PM - 3:37PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Kaulava Karana Tritiya/Chaturthyam Titau

Pushya Until 11:25AM

Vaidhriti\* Until 11:25AM

Kaulava Until 16:52AM Wed

Tritiya Until 9:19AM

Ganesh: Yellow

Sunrise: 8:12AM

Muruga: Purple

Sunset: 4:41PM

Nataraja: White

Moon - Blue

Margasira-Markali

Winterthur, Switzerland

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Kataka Rasi: 28.05 Tihi 19 - 20

Creative Work

Siddha Yoga

Gulika 11:23AM - 12:27PM  
Yama 9:16AM - 10:20AM  
Rahu 12:27PM - 1:30PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Prili Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Ashlesha\* Until 8:59AM

Vishkambha\* Until 1:39PM

Taitila Until 3:31AM Thu

Chaturthi\* Until 6:16AM

Ganesh: Yellow

Sunrise: 8:12AM

Muruga: Purple

Sunset: 4:41PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Winterthur, Switzerland

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, December 27, 2018

Simha Rasi: 12.38 Tihi 21

Creative Work

Amrita Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

Gulika 10:20AM - 11:24AM  
Yama 8:13AM - 9:16AM  
Rahu 1:31PM - 2:35PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Magha\* Until 7:08AM

Priti Until 10:17AM

Gara Until 2:18PM

Shashthi\* Until 1:10AM Fri

Ganesh: Blue

Sunrise: 8:13AM

Muruga: Purple

Sunset: 4:42PM

Nataraja: Green

Moon - Red

Margasira-Markali

Winterthur, Switzerland

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

4

Friday, December 28, 2018

Simha Rasi: 26.55 Tihi 22

Creative Work

Siddha Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Gulika 9:17AM - 10:20AM  
Yama 2:35PM - 3:39PM  
Rahu 11:24AM - 12:28PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Uttaraphalguni Until 4:17AM Sat

Ayushman Until 7:14AM

Visti Until 12:10PM

Saptami Until 11:16PM

Ganesh: Blue

Sunrise: 8:13AM

Muruga: Purple

Sunset: 4:43PM

Nataraja: Green

Moon - Red

Margasira-Markali

Winterthur, Switzerland

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.53 Tihi 23

Routine Work

Marana Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

Gulika 8:13AM - 9:17AM  
Yama 1:32PM - 2:36PM  
Rahu 10:21AM - 11:24AM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta Nakshatra Sobhana Yoga Balava/Taitila Karana Ashtamyam Titau

Hasta Until 3:50AM Sun

Sobhana Until 3:50AM Sun

Balava Until 10:32AM

Ashtami\* Until 9:54PM

Ganesh: Red

Sunrise: 8:13AM

Muruga: Purple

Sunset: 4:44PM

Nataraja: Green

Moon - Green

Margasira-Markali

Winterthur, Switzerland

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

6

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 24.32 Tihi 24

Creative Work

Siddha Yoga

Until 8:45PM Mon

Then Creative Work - Amrita Yoga

Gulika 2:37PM - 3:40PM  
Yama 12:29PM - 1:33PM  
Rahu 3:40PM - 4:44PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chitra Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Chitra Until 8:45PM Mon

Athiganda\* Until 12:33AM Mon

Taitila Until 9:26AM

Navami\* Until 9:04PM

Ganesh: Red

Sunrise: 8:13AM

Muruga: Purple

Sunset: 4:44PM

Nataraja: Green

Moon - Green

Margasira-Markali

Winterthur, Switzerland

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>1</b>		<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 8 Sutra 260 Vilamba 5120	
Tula Rasi: 7.53	Tithi 25	<b>Gulika</b>	1:33PM – 2:37PM	<b>Chitra Until 8:45PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 8:13AM	
<b>Family Home Evening</b>	862963366	<b>Yama</b>	11:25AM – 12:29PM	Sukarma Until 22:09AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		<b>Rahu</b>	9:17AM – 10:21AM	Vanija Until 8:52AM	<b>Nataraja:</b> Green		2nd Phase
Until 8:45PM				<b>Dashami Until 8:45PM</b>	Moon – Green		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM

<b>2</b>		<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 9 Sutra 261 Vilamba 5120	
Tula Rasi: 20.58	Tithi 26	<b>Gulika</b>	12:30PM – 1:34PM	<b>Vishakha Until 5:08AM Wed</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 8:13AM	
Routine Work Marana Yoga	872963366	<b>Yama</b>	10:22AM – 11:26AM	Dhriti Until 10:09PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 36
Until 5:08AM Wed		<b>Rahu</b>	2:38PM – 3:42PM	Bava Until 8:49AM	<b>Nataraja:</b> Green		2nd Phase
Then Creative Work - Siddha Yoga				<b>Ekadashi* Until 8:58PM</b>	Moon – Orange		<b>Bhuloka Day</b>
					<b>Margasira-Markali</b>		

<b>3</b>		<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 262 Vilamba 5120	
Vrischika Rasi: 3.47	Tithi 27	<b>Gulika</b>	11:26AM – 12:30PM	<b>Anuradha Until 6:31AM Thu</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 8:13AM	
Creative Work Siddha Yoga	872963366	<b>Yama</b>	9:18AM – 10:22AM	Shula* Until 9:31PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 36
Until 6:31AM Thu		<b>Rahu</b>	12:30PM – 1:34PM	Kaulava Until 9:17AM	<b>Nataraja:</b> Green		2nd Phase
Then Routine Work - Prabalarishta Yoga				<b>Dvadashi* Until 9:40PM</b>	Moon – Orange		<b>Bhuloka Day</b>
					<b>Margasira-Markali</b>		

<b>4</b>		<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Winterthur, Switzerland Sun 11 Sutra 263 Vilamba 5120	
Vrischika Rasi: 16.23	Tithi 28	<b>Gulika</b>	10:22AM – 11:26AM	<b>Anuradha Until 6:31AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 8:13AM	
Creative Work Siddha Yoga	872963366	<b>Yama</b>	8:13AM – 9:18AM	Ganda* Until 9:14PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 36
Until 6:31AM		<b>Rahu</b>	1:35PM – 2:39PM	Gara Until 10:13AM	<b>Nataraja:</b> Green		2nd Phase
Then Routine Work - Prabalarishta Yoga				<b>Trayodashi* Until 10:51PM</b>	Moon – Orange		<b>Bhuloka Day</b>
					<b>Margasira-Markali</b>		
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Winterthur, Switzerland Sun 12 Sutra 264 Vilamba 5120	
Vrischika Rasi: 28.47	Tithi 29	<b>Gulika</b>	9:18AM – 10:22AM	<b>Jyeshtha* Until 8:12AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 8:13AM	
Routine Work Marana Yoga	872963366	<b>Yama</b>	2:40PM – 3:45PM	Vriddhi Until 9:19PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 36
Until 8:12AM		<b>Rahu</b>	11:27AM – 12:31PM	Visti Until 11:37AM	<b>Nataraja:</b> Green		2nd Phase
Then Creative Work - Amrita Yoga				<b>Chaturdashi* Until 12:28AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>
					<b>Margasira-Markali</b>		

<b>●</b>		<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 265 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	8:13AM – 9:18AM	<b>Mula* Until 10:36AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 8:13AM	
Dhanus Rasi: 11	Tithi 30	<b>Yama</b>	1:36PM – 2:41PM	Dhruva Until 9:40PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 36
Creative Work Siddha Yoga	882963366	<b>Rahu</b>	10:22AM – 11:27AM	Catuspada Until 1:27PM	<b>Nataraja:</b> Green		Amavasya
				<b>Amavasya* Until 2:29AM Sun</b>	Moon – Light Blue		<b>Bhuloka Day</b>
					<b>Margasira-Markali</b>		
		<b>Subramuniyaswami Jayanti</b>					

<b>○</b>		<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 266 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	2:42PM – 3:46PM	<b>Purvashadha* Until 1:13PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 8:13AM	
Dhanus Rasi: 23.04	Tithi 1	<b>Yama</b>	12:32PM – 1:37PM	Vyaghata* Until 10:18PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 36
Creative Work Siddha Yoga	882973366	<b>Rahu</b>	3:46PM – 4:51PM	Kintughna Until 3:39PM	<b>Nataraja:</b> Green		Prathama
Until 1:13PM				<b>Prathama* Until 4:50AM Mon</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					<b>Pausha-Markali</b>		Devaloka Time: 12:PM to 3:PM
		<b>Partial Solar Eclipse</b>					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>	<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 267 Vilamba 5120	
	Makara Rasi: 4.59	Tithi 2	<b>Gulika</b> 1:38PM – 2:42PM	<b>Uttarashadha</b> Until 3:56PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:13AM		
<b>Family Home Evening</b>		882973366	<b>Rahu</b> 9:18AM – 10:23AM	Harshana Until 11:09PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 37 3rd Phase	
Routine Work Marana Yoga				Balava Until 6:09PM	<b>Nataraja:</b> Green			
Until 3:56PM				<b>Dvitiya</b> Until 7:27AM Tue	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Pausha-Markali</b>		Devaloka Time: 12:PM to 3:PM	

<b>2</b>	<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 268 Vilamba 5120	
	Makara Rasi: 16.5	Tithi 2 – 3	<b>Gulika</b> 12:33PM – 1:38PM	<b>Shravana</b> Until 7:12PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:12AM		
Creative Work Siddha Yoga		893973366	<b>Rahu</b> 2:43PM – 3:48PM	Vajra* Until 12:06AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 37 3rd Phase	
				Taitila Until 8:50PM	<b>Nataraja:</b> Green			
				<b>Dvitiya</b> Until 7:27AM	Moon – Purple		<b>Devaloka Day</b>	
					<b>Pausha-Markali</b>			

<b>3</b>	<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Winterthur, Switzerland Sun 17 Sutra 269 Vilamba 5120	
	Makara Rasi: 28.37	Tithi 3 – 4	<b>Gulika</b> 11:28AM – 12:33PM	<b>Dhanishtha</b> Until 10:22PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:12AM		
Routine Work Prabalarishta Yoga		893973366	<b>Rahu</b> 12:33PM – 1:39PM	Siddhi Until 1:06AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 37 3rd Phase	
Until 10:22PM				Vanija Until 11:36PM	<b>Nataraja:</b> Green			
Then Creative Work - Siddha Yoga				<b>Tritiya</b> Until 10:12AM	Moon – Purple		<b>Devaloka Day</b>	
					<b>Pausha-Markali</b>			

<b>4</b>	<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 270 Vilamba 5120	
	Kumbha Rasi: 10.25	Tithi 4 – 5	<b>Gulika</b> 10:23AM – 11:28AM	<b>Shatabhishak</b> Until 1:16AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:12AM		
Creative Work Siddha Yoga		893973366	<b>Rahu</b> 1:39PM – 2:45PM	Vyatipata* Until 2:01AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 37 3rd Phase	
				Bava Until 2:15AM Fri	<b>Nataraja:</b> Green			
				<b>Chaturthi*</b> Until 12:55PM	Moon – Purple		<b>Devaloka Day</b>	
					<b>Pausha-Markali</b>			

<b>5</b>	<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 19 Sutra 271 Vilamba 5120	
	Kumbha Rasi: 22.15	Tithi 5 – 6	<b>Gulika</b> 9:17AM – 10:23AM	<b>Purvaproshtapada*</b> Until 4:14AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:11AM		
Creative Work Siddha Yoga		813973366	<b>Rahu</b> 11:29AM – 12:34PM	Variyan Until 2:43AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 37 3rd Phase	
				Kaulava Until 4:37AM Sat	<b>Nataraja:</b> Green			
				<b>Panchami</b> Until 3:27PM	Moon – Clear		<b>Devaloka Day</b>	
					<b>Pausha-Markali</b>			

<b>6</b>	<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 20 Sutra 272 Vilamba 5120	
	Meena Rasi: 4.12	Tithi 6 – 7	<b>Gulika</b> 8:11AM – 9:17AM	<b>Uttaraproshtapada</b> Until 6:37AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:11AM		
Creative Work Siddha Yoga		813973366	<b>Rahu</b> 10:23AM – 11:29AM	Parigha* Until 3:06AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 37 3rd Phase	
Until 6:37AM Sun				Gara Until 6:32AM Sun	<b>Nataraja:</b> Green			
Then Creative Work - Amrita Yoga				<b>Shashthi*</b> Until 5:37PM	Moon – Clear		<b>Devaloka Day</b>	
					<b>Pausha-Markali</b>			

<b>7</b>	<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Winterthur, Switzerland Sun 21 Sutra 273 Vilamba 5120	
	Meena Rasi: 16.2	Tithi 7	<b>Gulika</b> 2:47PM – 3:54PM	<b>Uttaraproshtapada</b> Until 6:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:10AM		
Creative Work Amrita Yoga		813973366	<b>Rahu</b> 3:54PM – 5:00PM	Shiva Until 3:02AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 37 3rd Phase	
				Gara Until 6:32AM	<b>Nataraja:</b> Green			
				<b>Saptami</b> Until 7:15PM	Moon – Clear		<b>Devaloka Day</b>	
					<b>Pausha-Markali</b>			

<b>8</b>	<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 22 Sutra 274 Vilamba 5120	
	Meena Rasi: 28.44	Tithi 8	<b>Gulika</b> 1:42PM – 2:48PM	<b>Revati</b> Until 8:14AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:10AM		
<b>Family Home Evening</b>		813973366	<b>Rahu</b> 9:16AM – 10:23AM	Siddha Until 2:23AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 37 Ashtami	
Creative Work Siddha Yoga				Visti Until 7:49AM	<b>Nataraja:</b> Green			
				<b>Ashtami*</b> Until 8:10PM	Moon – Clear		<b>Devaloka Day</b>	
					<b>Pausha-Thai</b>			

<b>9</b>	<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Winterthur, Switzerland Sun 23 Sutra 275 Vilamba 5120	
	Mesha Rasi: 11.28	Tithi 9	<b>Gulika</b> 12:36PM – 1:42PM	<b>Ashvini</b> Until 9:28AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:09AM		
Creative Work Siddha Yoga		823973366	<b>Rahu</b> 2:49PM – 3:56PM	Sadhya Until 1:08AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 37 Navami	
				Balava Until 8:21AM	<b>Nataraja:</b> Green			
				<b>Navami*</b> Until 8:18PM	Moon – White		<b>Sivaloka Day</b>	
					<b>Pausha-Thai</b>			


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada


<b>1</b>	<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 24 Sutra 276 Vilamba 5120	
	Mesha Rasi: 24.35	Tithi 10	<b>Gulika</b> 11:29AM – 12:36PM Yama 9:16AM – 10:22AM 823173366 <b>Rahu</b> 12:36PM – 1:43PM	<b>Bharani Until 9:43AM</b> Subha Until 11:15PM Taitila Until 8:04AM Dashami Until 7:36PM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – White Pausha*Thai	<b>Sunrise:</b> 8:09AM <b>Sunset:</b> 5:04PM	Moon 12 - Phase 38 4th Phase <b>Sivaloka Day</b>	
	Creative Work Siddha Yoga Until 9:43AM Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 277 Vilamba 5120	
	Vrishabha Rasi: 8.09	Tithi 11	<b>Gulika</b> 10:22AM – 11:29AM Yama 8:08AM – 9:15AM 823173366 <b>Rahu</b> 1:44PM – 2:51PM	<b>Krittika Until 9:02AM</b> Sukla Until 8:43PM Vanija Until 6:57AM Ekadashi Until 6:05PM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – White Pausha*Thai	<b>Sunrise:</b> 8:08AM <b>Sunset:</b> 5:05PM	Moon 12 - Phase 38 4th Phase <b>Sivaloka Day</b>	
	Routine Work Marana Yoga							

<b>3</b>	<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 278 Vilamba 5120	
	Vrishabha Rasi: 22.11	Tithi 12 – 13	<b>Gulika</b> 9:15AM – 10:22AM Yama 2:52PM – 3:59PM 823173366 <b>Rahu</b> 11:29AM – 12:37PM	<b>Rohini Until 7:54AM</b> Brahma Until 5:37PM Kaulava Until 2:33AM Sat Dvadashi Until 3:52PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – Yellow Pausha*Thai	<b>Sunrise:</b> 8:07AM <b>Sunset:</b> 5:06PM	Moon 12 - Phase 38 4th Phase <b>Devaloka Day</b>	
	Routine Work Marana Yoga Until 7:54AM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>					

<b>4</b>	<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 279 Vilamba 5120	
	Mithuna Rasi: 6.4	Tithi 13 – 14	<b>Gulika</b> 8:06AM – 9:14AM Yama 1:45PM – 2:53PM 823173366 <b>Rahu</b> 10:22AM – 11:29AM	<b>Mrigashira Until 6:00AM</b> Indra Until 2:05PM Gara Until 11:29PM Trayodashi Until 1:03PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – Yellow Pausha*Thai	<b>Sunrise:</b> 8:06AM <b>Sunset:</b> 5:08PM	Moon 12 - Phase 38 4th Phase <b>Devaloka Day</b>	
	Creative Work Siddha Yoga							

	<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sutra 280 Vilamba 5120	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:53PM – 4:01PM Yama 12:37PM – 1:45PM 823173366 <b>Rahu</b> 4:01PM – 5:09PM	<b>Punarvasu Until 12:50AM Mon</b> Vaidhriti* Until 10:09AM Visti Until 8:04PM Chaturdashi* Until 9:48AM	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – Blue Pausha*Thai	<b>Sunrise:</b> 8:06AM <b>Sunset:</b> 5:09PM	Moon 12 - Phase 38 Purnima <b>Sivaloka Day</b>	
	Mithuna Rasi: 21.3 Tithi 14 – 15 Creative Work Siddha Yoga							

	<b>Monday, January 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sutra 281 Vilamba 5120	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:46PM – 2:54PM Yama 11:30AM – 12:38PM 823173366 <b>Rahu</b> 9:13AM – 10:21AM	<b>Pushya Until 9:55PM</b> Vishkambha* Until 6:01AM Kaulava Until 2:34AM Tue Purnima* Until 6:15AM	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – Blue Pausha*Thai	<b>Sunrise:</b> 8:05AM <b>Sunset:</b> 5:11PM	Moon 12 - Phase 38 Prathama <b>Sivaloka Day</b>	
	Kataka Rasi: 6.35 Tithi 15 – 16 Family Home Evening Creative Work Siddha Yoga		Total Lunar Eclipse Thai Pusam					

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Tailila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 21.46 Tihi 17

844173366

**Gulika** 12:38PM – 1:47PM  
**Yama** 10:21AM – 11:30AM  
**Rahu** 2:55PM – 4:04PM

**Ashlesha\* Until 6:53PM**  
**Ayushman Until 9:32PM**  
**Taitila Until 12:45PM**  
**Dvitiya Until 10:56PM**

**Ganesha:** Clear *Sunrise: 8:04AM*  
**Muruga:** Clear *Sunset: 5:12PM*  
**Nataraja:** Green  
Moon – Blue  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 6.54 Tihi 18

854173366

**Gulika** 11:30AM – 12:38PM  
**Yama** 9:12AM – 10:21AM  
**Rahu** 12:38PM – 1:47PM

**Magha\* Until 4:16PM**  
**Saubhagya Until 5:27PM**  
**Vanija Until 9:12AM**  
**Tritiya Until 7:29PM**

**Ganesha:** Purple *Sunrise: 8:03AM*  
**Muruga:** Clear *Sunset: 5:14PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 4:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 21.5 Tihi 19 – 20

854173366

**Gulika** 10:20AM – 11:29AM  
**Yama** 8:02AM – 9:11AM  
**Rahu** 1:48PM – 2:57PM

**Purvaphalguni Until 1:50PM**  
**Sobhana Until 1:40PM**  
**Kaulava Until 3:03AM Fri**  
**Chaturthi\* Until 4:24PM**

**Ganesha:** Purple *Sunrise: 8:02AM*  
**Muruga:** Clear *Sunset: 5:15PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 6.28 Tihi 20 – 21

954173366

**Gulika** 9:10AM – 10:20AM  
**Yama** 2:58PM – 4:07PM  
**Rahu** 11:29AM – 12:39PM

**Uttaraphalguni Until 11:45AM**  
**Athiganda\* Until 10:14AM**  
**Gara Until 12:44AM Sat**  
**Panchami Until 1:47PM**

**Ganesha:** Clear *Sunrise: 8:01AM*  
**Muruga:** Clear *Sunset: 5:17PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:45AM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 20.41 Tihi 21 – 22

964173366

**Gulika** 8:00AM – 9:10AM  
**Yama** 1:49PM – 2:59PM  
**Rahu** 10:20AM – 11:29AM

**Hasta Until 10:31AM**  
**Sukarma Until 7:18AM**  
**Visti Until 11:04PM**  
**Shashthi\* Until 11:48AM**

**Ganesha:** Purple *Sunrise: 8:00AM*  
**Muruga:** Clear *Sunset: 5:18PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 4.29 Tihi 22 – 23

964173366

**Gulika** 2:59PM – 4:10PM  
**Yama** 12:39PM – 1:49PM  
**Rahu** 4:10PM – 5:20PM

**Chitra Until 9:51AM**  
**Shula\* Until 3:06AM Mon**  
**Balava Until 10:08PM**  
**Saptami Until 10:30AM**

**Ganesha:** Purple *Sunrise: 7:59AM*  
**Muruga:** Clear *Sunset: 5:20PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 17.52 Tihi 23 – 24

964173366

**Gulika** 1:50PM – 3:00PM  
**Yama** 11:29AM – 12:39PM  
**Rahu** 9:08AM – 10:19AM

**Svati Until 9:44AM**  
**Ganda\* Until 1:52AM Tue**  
**Taitila Until 9:58PM**  
**Ashtami\* Until 9:56AM**

**Ganesha:** Purple *Sunrise: 7:58AM*  
**Muruga:** Clear *Sunset: 5:21PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 9:44AM

Then Routine Work - Marana Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 7 Sutra 289 Vilamba 5120	
	Vrischika Rasi: 0.5	Tithi 24 – 25	<b>Gulika</b> 12:40PM – 1:50PM Yama 10:18AM – 11:29AM 974173366 <b>Rahu</b> 3:01PM – 4:12PM	<b>Vishakha Until 10:40AM</b> Vriddhi Until 1:12AM Wed Vanija Until 10:30PM <b>Navami* Until 10:07AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – Orange <b>Pausha*Thai</b>	<b>Sunrise:</b> 7:57AM <b>Sunset:</b> 5:23PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b>	
	Routine Work Marana Yoga Until 10:40AM Then Creative Work - Siddha Yoga							


<b>2</b>	<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 8 Sutra 290 Vilamba 5120	
	Vrischika Rasi: 13.29	Tithi 25 – 26	<b>Gulika</b> 11:29AM – 12:40PM Yama 9:07AM – 10:18AM 974173366 <b>Rahu</b> 12:40PM – 1:51PM	<b>Anuradha Until 12:06PM</b> Dhruva Until 1:00AM Thu Bava Until 11:42PM <b>Dashami Until 11:00AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – Orange <b>Pausha*Thai</b>	<b>Sunrise:</b> 7:56AM <b>Sunset:</b> 5:24PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b>	
	Creative Work Siddha Yoga							


<b>3</b>	<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 291 Vilamba 5120	
	Vrischika Rasi: 25.52	Tithi 26 – 27	<b>Gulika</b> 10:17AM – 11:29AM Yama 7:54AM – 9:06AM 974173366 <b>Rahu</b> 1:51PM – 3:03PM	<b>Jyeshtha* Until 1:57PM</b> Vyaghata* Until 1:13AM Fri Kaulava Until 1:27AM Fri <b>Ekadashi* Until 12:30PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – Orange <b>Pausha*Thai</b>	<b>Sunrise:</b> 7:54AM <b>Sunset:</b> 5:26PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b>	
	Routine Work Prabalarishta Yoga Until 1:57PM Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 10 Sutra 292 Vilamba 5120	
	Dhanus Rasi: 8.01	Tithi 27 – 28	<b>Gulika</b> 9:06AM – 10:17AM Yama 3:03PM – 4:14PM 984173366 <b>Rahu</b> 11:29AM – 12:40PM	<b>Mula* Until 4:35PM</b> Harshana Until 1:47AM Sat Gara Until 3:38AM Sat <b>Dvadashi* Until 2:28PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha*Thai</b>	<b>Sunrise:</b> 7:54AM <b>Sunset:</b> 5:26PM	Moon 1 - Phase 40 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	
	Creative Work Amrita Yoga Until 4:35PM Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>	<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 11 Sutra 293 Vilamba 5120	
	Dhanus Rasi: 20.01	Tithi 28 – 29	<b>Gulika</b> 7:53AM – 9:05AM Yama 1:52PM – 3:04PM 984173366 <b>Rahu</b> 10:17AM – 11:28AM	<b>Purvashadha* Until 7:23PM</b> Vajra* Until 2:32AM Sun Visti Until 6:06AM Sun <b>Trayodashi* Until 4:49PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha*Thai</b>	<b>Sunrise:</b> 7:53AM <b>Sunset:</b> 5:27PM	Moon 1 - Phase 40 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	
	Creative Work Siddha Yoga Until 7:23PM Then Routine Work - Marana Yoga							

<b>6</b>	<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 12 Sutra 294 Vilamba 5120	
	Makara Rasi: 1.54	Tithi 29	<b>Gulika</b> 3:05PM – 4:17PM Yama 12:40PM – 1:52PM 985173366 <b>Rahu</b> 4:17PM – 5:29PM	<b>Uttarashadha Until 10:15PM</b> Siddhi Until 3:27AM Mon Visti Until 6:06AM <b>Chaturdashi* Until 7:24PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha*Thai</b>	<b>Sunrise:</b> 7:52AM <b>Sunset:</b> 5:29PM	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b>	
	Creative Work Amrita Yoga							

	<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau				Winterthur, Switzerland Sun 13 Sutra 295 Vilamba 5120	
	<b>Retreat Star</b>		<b>Gulika</b> 1:53PM – 3:05PM Yama 11:28AM – 12:40PM 995173367 <b>Rahu</b> 9:03AM – 10:15AM	<b>Shravana Until 1:32AM Tue</b> Vyatipata* Until 1:32AM Tue Catuspada Until 8:46AM <b>Amavasya* Until 10:06PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Purple <b>Pausha*Thai</b>	<b>Sunrise:</b> 7:50AM <b>Sunset:</b> 5:30PM	Moon 1 - Phase 40 Amavasya <b>Devaloka Day</b>	
	Makara Rasi: 13.43 Tithi 30 <b>Family Home Evening</b> Creative Work Amrita Yoga Until 1:32AM Tue Then Creative Work - Siddha Yoga							

	<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Winterthur, Switzerland Sun 14 Sutra 296 Vilamba 5120	
	<b>Retreat Star</b>		<b>Gulika</b> 12:41PM – 1:53PM Yama 10:15AM – 11:28AM 995173367 <b>Rahu</b> 3:06PM – 4:19PM	<b>Dhanishtha Until 4:39AM Wed</b> Variyan Until 5:24AM Wed Kintughna Until 11:29AM <b>Prathama* Until 12:48AM Wed</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Purple <b>Magha*Thai</b>	<b>Sunrise:</b> 7:49AM <b>Sunset:</b> 5:32PM	Moon 1 - Phase 40 Prathama <b>Devaloka Day</b>	
	Makara Rasi: 25.31 Tithi 1 Creative Work Siddha Yoga							

<b>1</b>		<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 7.19	Tithi 2	<b>Gulika</b>	11:27AM – 12:41PM	<b>Shatabhishak Until 7:30AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:48AM	
		Yama	9:01AM – 10:14AM	Parigha* Until 6:18AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	995173367 <b>Rahu</b>	12:41PM – 1:54PM	Balava Until 2:09PM	<b>Nataraja:</b> White		3rd Phase
				<b>Dvitiya Until 3:25AM Thu</b>	Moon – Purple		<b>Devaloka Day</b>
					<b>Magha-Thai</b>		

<b>2</b>		<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Tritiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 19.1	Tithi 3	<b>Gulika</b>	10:14AM – 11:27AM	<b>Shatabhishak Until 7:30AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:46AM	
		Yama	7:46AM – 9:00AM	Parigha* Until 6:18AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	995173367 <b>Rahu</b>	1:54PM – 3:08PM	Tailila Until 4:40PM	<b>Nataraja:</b> White		3rd Phase
				<b>Tritiya Until 5:50AM Fri</b>	Moon – Purple		<b>Devaloka Day</b>
					<b>Magha-Thai</b>		

<b>3</b>		<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthiyam Titau		Winterthur, Switzerland Sun 17 Sutra 299 Vilamba 5120	
Meena Rasi: 1.05	Tithi 4	<b>Gulika</b>	8:59AM – 10:13AM	<b>Purvaproshtapada* Until 10:29AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:45AM	
		Yama	3:09PM – 4:23PM	Shiva Until 7:03AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	915173367 <b>Rahu</b>	11:27AM – 12:41PM	Vanija Until 6:57PM	<b>Nataraja:</b> White		3rd Phase
				<b>Chaturthi* Until 7:57AM Sat</b>	Moon – Clear		<b>Sivaloka Day</b>
					<b>Magha-Thai</b>		

<b>4</b>		<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 13.07	Tithi 4 – 5	<b>Gulika</b>	7:43AM – 8:58AM	<b>Uttaraproshtapada Until 1:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:43AM	
		Yama	1:55PM – 3:10PM	Siddha Until 7:33AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	915173367 <b>Rahu</b>	10:12AM – 11:27AM	Bava Until 8:54PM	<b>Nataraja:</b> White		3rd Phase
Until 1:01PM				<b>Chaturthi* Until 7:57AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Magha-Thai</b>		

<b>5</b>		<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Winterthur, Switzerland Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 25.18	Tithi 5 – 6	<b>Gulika</b>	3:10PM – 4:25PM	<b>Revati Until 2:59PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:42AM	
		Yama	12:41PM – 1:56PM	Sadhya Until 7:47AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 41
Creative Work	Amrita Yoga	915273367 <b>Rahu</b>	4:25PM – 5:40PM	Kaulava Until 10:23PM	<b>Nataraja:</b> White		3rd Phase
Until 2:59PM				<b>Panchami Until 9:41AM</b>	Moon – Clear		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>		

<b>6</b>		<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Winterthur, Switzerland Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 7.41	Tithi 6 – 7	<b>Gulika</b>	1:56PM – 3:11PM	<b>Ashvini Until 4:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:41AM	
<b>Family Home Evening</b>		Yama	11:26AM – 12:41PM	Subha Until 7:38AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	925273367 <b>Rahu</b>	8:56AM – 10:11AM	Gara Until 11:18PM	<b>Nataraja:</b> White		3rd Phase
				<b>Shashthi* Until 10:54AM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Magha-Thai</b>		Devaloka Time: 12:PM to 3:PM

<b>Retreat Star</b>		<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Winterthur, Switzerland Sun 21 Sutra 303 Vilamba 5120	
Mesha Rasi: 20.2	Tithi 7 – 8	<b>Gulika</b>	12:41PM – 1:56PM	<b>Bharani Until 5:44PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:39AM	
		Yama	10:10AM – 11:25AM	Sukla Until 7:00AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	925273367 <b>Rahu</b>	3:12PM – 4:27PM	Visti Until 11:32PM	<b>Nataraja:</b> White		Ashtami
				<b>Saptami Until 11:29AM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Magha-Thai</b>		Devaloka Time: 12:PM to 3:PM

<b>Retreat Star</b>		<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Winterthur, Switzerland Sun 22 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 3.2	Tithi 8 – 9	<b>Gulika</b>	11:25AM – 12:41PM	<b>Krittika Until 5:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:37AM	
		Yama	8:53AM – 10:09AM	Indra Until 4:07AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 41
Creative Work	Amrita Yoga	926273367 <b>Rahu</b>	12:41PM – 1:57PM	Balava Until 11:02PM	<b>Nataraja:</b> White		Navami
Until 5:52PM				<b>Ashtami* Until 11:22AM</b>	Moon – White		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Magha-Masi</b>		

<b>1</b>		<b>Thursday, February 14, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Winterthur, Switzerland Sun 23 Sutra 305 Vilamba 5120
Wrishabha Rasi: 16.43	Tithi 9 – 10	<b>Gulika</b>	<b>10:08AM – 11:25AM</b>	<b>Rohini Until 5:33PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 7:36AM</i>	
		Yama	7:36AM – 8:52AM	Vaidhriti* Until 1:45AM Fri	<b>Muruga: Clear</b>	<i>Sunset: 5:46PM</i>	
Routine Work	Marana Yoga	936273367 <b>Rahu</b>	<b>1:57PM – 3:13PM</b>	Taitila Until 9:45PM	<b>Nataraja: White</b>	Moon 1 - Phase 42 4th Phase	
				<b>Navami* Until 10:28AM</b>	Moon – Yellow	<b>Sivaloka Day</b>	
					<b>Magha-Masi</b>		

<b>2</b>		<b>Friday, February 15, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Winterthur, Switzerland Sun 24 Sutra 306 Vilamba 5120
Mithuna Rasi: 0.33	Tithi 10 – 11	<b>Gulika</b>	<b>8:51AM – 10:08AM</b>	<b>Mrigashira Until 6:30AM Sat</b>	<b>Ganesha: White</b>	<i>Sunrise: 7:33AM</i>	
		Yama	3:14PM – 4:31PM	Vishkambha* Until 10:51PM	<b>Muruga: Clear</b>	<i>Sunset: 5:48PM</i>	
Creative Work	Siddha Yoga	936273367 <b>Rahu</b>	<b>11:24AM – 12:41PM</b>	Vanija Until 7:45PM	<b>Nataraja: White</b>	Moon 1 - Phase 42 4th Phase	
				<b>Dashami Until 8:49AM</b>	Moon – Yellow	<b>Sivaloka Day</b>	
					<b>Magha-Masi</b>		

<b>3</b>		<b>Saturday, February 16, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau	Winterthur, Switzerland Sun 25 Sutra 307 Vilamba 5120
Mithuna Rasi: 14.49	Tithi 11 – 12	<b>Gulika</b>	<b>7:33AM – 8:50AM</b>	<b>Mrigashira Until 6:30AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 7:33AM</i>	
		Yama	1:58PM – 3:15PM	Priti Until 7:26PM	<b>Muruga: Clear</b>	<i>Sunset: 5:49PM</i>	
Creative Work	Siddha Yoga	936273367 <b>Rahu</b>	<b>10:07AM – 11:24AM</b>	Balava Until 3:35AM Sun	<b>Nataraja: White</b>	Moon 1 - Phase 42 4th Phase	
				<b>Ekadashi Until 6:30AM</b>	Moon – Yellow	<b>Sivaloka Day</b>	
					<b>Magha-Masi</b>		

<b>4</b>		<b>Sunday, February 17, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Winterthur, Switzerland Sun 26 Sutra 308 Vilamba 5120
Mithuna Rasi: 29.3	Tithi 13	<b>Gulika</b>	<b>3:16PM – 4:33PM</b>	<b>Punarvasu Until 12:09PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 7:31AM</i>	
		Yama	12:41PM – 1:58PM	Ayushman Until 3:36PM	<b>Muruga: Clear</b>	<i>Sunset: 5:51PM</i>	
Creative Work	Siddha Yoga	946273367 <b>Rahu</b>	<b>4:33PM – 5:51PM</b>	Kaulava Until 1:58PM	<b>Nataraja: White</b>	Moon 1 - Phase 42 4th Phase	
				<b>Trayodashi Until 12:14AM Mon</b>	Moon – Blue	<b>Devaloka Day</b>	
					<b>Magha-Masi</b>		

*Pradosha Vrata*

<b>5</b>		<b>Monday, February 18, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Winterthur, Switzerland Sun 27 Sutra 309 Vilamba 5120
Kataka Rasi: 14.3	Tithi 14	<b>Gulika</b>	<b>1:59PM – 3:16PM</b>	<b>Pushya Until 9:24AM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 7:29AM</i>	
Family Home Evening		Yama	11:23AM – 12:41PM	Saubhagya Until 11:29AM	<b>Muruga: Clear</b>	<i>Sunset: 5:52PM</i>	
Creative Work	Siddha Yoga	946273367 <b>Rahu</b>	<b>8:47AM – 10:05AM</b>	Gara Until 10:27AM	<b>Nataraja: White</b>	Moon 1 - Phase 42 4th Phase	
				<b>Chaturdashi* Until 8:35PM</b>	Moon – Blue	<b>Devaloka Day</b>	
					<b>Magha-Masi</b>		

Chidambaram Abhishekam

<b>○</b>		<b>Tuesday, February 19, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau	Winterthur, Switzerland Sutra 310 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>12:41PM – 1:59PM</b>	<b>Ashlesha* Until 6:18AM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 7:28AM</i>	
Kataka Rasi: 29.43	Tithi 15 – 16	Yama	10:04AM – 11:22AM	Sobhana Until 7:12AM	<b>Muruga: Clear</b>	<i>Sunset: 5:54PM</i>	
Creative Work	Siddha Yoga	946273367 <b>Rahu</b>	<b>3:17PM – 4:35PM</b>	Visti Until 6:43AM	<b>Nataraja: White</b>	Moon 1 - Phase 42 Purnima	
				<b>Purnima* Until 4:48PM</b>	Moon – Blue	<b>Devaloka Day</b>	
					<b>Magha-Masi</b>		

<b>○</b>		<b>Wednesday, February 20, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Winterthur, Switzerland Sutra 311 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>11:22AM – 12:41PM</b>	<b>Purvaphalguni Until 12:30AM Thu</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 7:26AM</i>	
Simha Rasi: 14.58	Tithi 16 – 17	Yama	8:45AM – 10:03AM	Sukarma Until 10:38PM	<b>Muruga: Clear</b>	<i>Sunset: 5:55PM</i>	
Creative Work	Amrita Yoga	957273367 <b>Rahu</b>	<b>12:41PM – 1:59PM</b>	Taitila Until 11:15PM	<b>Nataraja: White</b>	Moon 1 - Phase 42 Prathama	
				<b>Prathama* Until 7:12AM</b>	Moon – Red	<b>Devaloka Day</b>	
					<b>Magha-Masi</b>		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland  
Sun 1 Sutra 312

Kanya Rasi: 0.06 Tihi 17 - 18

Gulika 10:02AM - 11:21AM  
Yama 7:24AM - 8:43AM  
Rahu 2:00PM - 3:19PM

Uttaraphalguni Until 9:46PM  
Dhriti Until 6:40PM  
Vanija Until 7:53PM  
Dvitiya Until 9:30AM

Ganesha: Clear Sunrise: 7:24AM  
Muruga: Clear Sunset: 5:57PM  
Nataraja: White  
Moon - Red  
Magha-Masi

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Devaloka Day

Amrita Yoga  
Until 9:46PM  
Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Winterthur, Switzerland  
Sun 2 Sutra 313

Kanya Rasi: 14.58 Tihi 18 - 19

Gulika 8:42AM - 10:01AM  
Yama 3:19PM - 4:39PM  
Rahu 11:21AM - 12:40PM

Hasta Until 7:47PM  
Shula\* Until 3:01PM  
Balava Until 3:41AM Sat  
Tritiya Until 6:20AM

Ganesha: White Sunrise: 7:22AM  
Muruga: Clear Sunset: 5:58PM  
Nataraja: White  
Moon - Green  
Magha-Masi

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Amrita Yoga  
Creative Work  
Until 7:47PM  
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Winterthur, Switzerland  
Sun 3 Sutra 314

Kanya Rasi: 29.26 Tihi 20

Gulika 7:21AM - 8:41AM  
Yama 2:00PM - 3:20PM  
Rahu 10:00AM - 11:20AM

Chitra Until 6:16PM  
Ganda\* Until 11:53AM  
Kaulava Until 2:38PM  
Panchami Until 1:43AM Sun

Ganesha: White Sunrise: 7:21AM  
Muruga: Clear Sunset: 6:00PM  
Nataraja: White  
Moon - Green  
Magha-Masi

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Marana Yoga  
Routine Work  
Until 6:16PM  
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 315

Tula Rasi: 13.26 Tihi 21

Gulika 3:21PM - 4:41PM  
Yama 12:40PM - 2:00PM  
Rahu 4:41PM - 6:01PM

Svati Until 5:21PM  
Vridhhi Until 9:20AM  
Gara Until 1:03PM  
Shashthi\* Until 12:33AM Mon

Ganesha: White Sunrise: 7:19AM  
Muruga: Clear Sunset: 6:01PM  
Nataraja: White  
Moon - Green  
Magha-Masi

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Siddha Yoga  
Creative Work  
Until 5:21PM  
Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Winterthur, Switzerland  
Sun 5 Sutra 316

Tula Rasi: 26.58 Tihi 22

Gulika 2:01PM - 3:21PM  
Yama 11:19AM - 12:40PM  
Rahu 8:38AM - 9:59AM

Vishakha Until 5:34PM  
Dhruva Until 7:25AM  
Visti Until 12:18PM  
Saptami Until 12:14AM Tue

Ganesha: Yellow Sunrise: 7:17AM  
Muruga: Clear Sunset: 6:03PM  
Nataraja: White  
Moon - Orange  
Magha-Masi

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Devaloka Day

Marana Yoga  
Routine Work  
Until 5:34PM  
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 317

Vrischika Rasi: 10.02 Tihi 23

Gulika 12:40PM - 2:01PM  
Yama 9:58AM - 11:19AM  
Rahu 3:22PM - 4:43PM

Anuradha Until 6:29PM  
Vyaghata\* Until 6:11AM  
Balava Until 12:26PM  
Ashtami\* Until 12:47AM Wed

Ganesha: Yellow Sunrise: 7:15AM  
Muruga: Clear Sunset: 6:04PM  
Nataraja: White  
Moon - Orange  
Magha-Masi

Vilamba 5120  
Moon 2 - Phase 43  
Ashtami

Devaloka Day

Siddha Yoga  
Creative Work  
Until 6:29PM  
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland  
Sun 7 Sutra 318

Vrischika Rasi: 22.41 Tihi 24

Gulika 11:18AM - 12:40PM  
Yama 8:35AM - 9:57AM  
Rahu 12:40PM - 2:01PM

Jyeshtha\* Until 4:07AM Fri Thu  
Vajra\* Until 5:39AM Thu  
Taitila Until 1:23PM  
Navami\* Until 2:08AM Thu

Ganesha: Blue Sunrise: 7:13AM  
Muruga: Clear Sunset: 6:06PM  
Nataraja: White  
Moon - Orange  
Magha-Masi

Vilamba 5120  
Moon 2 - Phase 43  
Navami

Sivaloka Day

Siddha Yoga  
Creative Work  
Until 4:07AM Fri Thu  
Then Routine Work - Marana Yoga

<b>1</b>		<b>Thursday, February 28, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Bava Karana Dashamyam Titau		Winterthur, Switzerland Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 4.59	Tithi 25	<b>Gulika</b>	<b>9:56AM – 11:18AM</b>	<b>Jyeshtha* Until 4:07AM Fri</b>	<b>Ganesha: Red</b>	<i>Sunrise: 7:12AM</i>			
		Yama	7:12AM – 8:34AM	Siddhi Until 6:09AM Fri	<b>Muruga: Clear</b>	<i>Sunset: 6:07PM</i>		Moon 2 - Phase 44	2nd Phase
		988273367 <b>Rahu</b>	<b>2:01PM – 3:23PM</b>	Vanija Until 3:05PM	<b>Nataraja: White</b>				
Creative Work	Siddha Yoga			<b>Dashami Until 4:07AM Fri</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 4:07AM Fri					<b>Magha-Masi</b>				
Then Routine Work - Prabalarishta Yoga									

<b>2</b>		<b>Friday, March 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 17.03	Tithi 26	<b>Gulika</b>	<b>8:31AM – 9:54AM</b>	<b>Purvashadha* Until 1:22AM Sat</b>	<b>Ganesha: Red</b>	<i>Sunrise: 7:08AM</i>			
		Yama	3:25PM – 4:48PM	Siddhi Until 6:09AM	<b>Muruga: Clear</b>	<i>Sunset: 6:10PM</i>		Moon 2 - Phase 44	2nd Phase
		988273367 <b>Rahu</b>	<b>11:16AM – 12:39PM</b>	Bava Until 5:19PM	<b>Nataraja: White</b>				
Routine Work	Prabalarishta Yoga			<b>Ekadashi* Until 6:34AM Sat</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 1:22AM Sat					<b>Magha-Masi</b>				
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Saturday, March 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 28.56	Tithi 26 – 27	<b>Gulika</b>	<b>7:06AM – 8:29AM</b>	<b>Uttarashadha Until 4:19AM Sun</b>	<b>Ganesha: Red</b>	<i>Sunrise: 7:06AM</i>			
		Yama	2:02PM – 3:25PM	Vyatipata* Until 6:59AM	<b>Muruga: Clear</b>	<i>Sunset: 6:12PM</i>		Moon 2 - Phase 44	2nd Phase
		988273367 <b>Rahu</b>	<b>9:53AM – 11:16AM</b>	Kaulava Until 7:55PM	<b>Nataraja: White</b>				
Routine Work	Marana Yoga			<b>Ekadashi* Until 6:34AM</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 4:19AM Sun					<b>Magha-Masi</b>				
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Sunday, March 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 10.44	Tithi 27 – 28	<b>Gulika</b>	<b>3:26PM – 4:50PM</b>	<b>Shravana Until 7:40AM Mon</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 7:04AM</i>			
		Yama	12:39PM – 2:02PM	Varyan Until 7:58AM	<b>Muruga: Clear</b>	<i>Sunset: 6:13PM</i>		Moon 2 - Phase 44	2nd Phase
		998273367 <b>Rahu</b>	<b>4:50PM – 6:13PM</b>	Gara Until 10:39PM	<b>Nataraja: White</b>				
Creative Work	Amrita Yoga			<b>Dvadashi* Until 9:15AM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 7:40AM Mon					<b>Magha-Masi</b>				
Then Creative Work - Siddha Yoga									
					<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, March 4, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 22.3	Tithi 28 – 29	<b>Gulika</b>	<b>2:03PM – 3:27PM</b>	<b>Shravana Until 7:40AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 7:02AM</i>			
<b>Family Home Evening</b>		Yama	11:14AM – 12:39PM	Parigha* Until 9:02AM	<b>Muruga: Clear</b>	<i>Sunset: 6:15PM</i>		Moon 2 - Phase 44	2nd Phase
		998273367 <b>Rahu</b>	<b>8:26AM – 9:50AM</b>	Visti Until 1:22AM Tue	<b>Nataraja: White</b>				
Creative Work	Amrita Yoga			<b>Trayodashi* Until 12:00PM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 7:40AM					<b>Magha-Masi</b>				
Then Creative Work - Siddha Yoga									
					<b>Mahasivaratri (Lunar)</b>				
					<b>Mahasivaratri (Solar)</b>				

<b>●</b>		<b>Tuesday, March 5, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 324 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	<b>12:38PM – 2:03PM</b>	<b>Dhanishtha Until 10:47AM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 7:00AM</i>			
Kumbha Rasi: 4.17	Tithi 29 – 30	Yama	9:49AM – 11:14AM	Shiva Until 10:03AM	<b>Muruga: Clear</b>	<i>Sunset: 6:16PM</i>		Moon 2 - Phase 44	Amavasya
		199273367 <b>Rahu</b>	<b>3:27PM – 4:52PM</b>	Catuspada Until 3:56AM Wed	<b>Nataraja: White</b>				
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 2:39PM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 10:47AM					<b>Magha-Masi</b>				
Then Routine Work - Marana Yoga									

<b>●</b>		<b>Wednesday, March 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 325 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	<b>11:13AM – 12:38PM</b>	<b>Shatabhishak Until 1:33PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 6:58AM</i>			
Kumbha Rasi: 16.09	Tithi 30 – 1	Yama	8:23AM – 9:48AM	Siddha Until 10:53AM	<b>Muruga: Clear</b>	<i>Sunset: 6:18PM</i>		Moon 2 - Phase 44	Prathama
		199273367 <b>Rahu</b>	<b>12:38PM – 2:03PM</b>	Kintughna Until 6:14AM Thu	<b>Nataraja: White</b>				
Creative Work	Siddha Yoga			<b>Amavasya* Until 5:06PM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 1:33PM					<b>Phalguna-Masi</b>				
Then Creative Work - Amrita Yoga									

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Winterthur, Switzerland Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 28.07	Tithi 1	<b>Gulika</b> Yama	<b>9:47AM – 11:13AM</b> 6:56AM – 8:22AM	<b>Purvaproshtapada* Until 4:24PM</b> Sadhya Until 11:32AM Kintughna Until 6:14AM <b>Prathama* Until 7:15PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:56AM <b>Sunset:</b> 6:19PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	119373367	<b>Rahu</b> 2:03PM – 3:29PM				<b>Devaloka Day</b>
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 10.11	Tithi 2	<b>Gulika</b> Yama	<b>8:20AM – 9:46AM</b> 3:29PM – 4:55PM	<b>Uttaraproshtapada Until 6:46PM</b> Subha Until 11:58AM Balava Until 8:13AM <b>Dvitiya Until 9:04PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:55AM <b>Sunset:</b> 6:21PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	119373367	<b>Rahu</b> 11:12AM – 12:38PM				<b>Devaloka Day</b>
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila Karana Tritiyayam Titau		Winterthur, Switzerland Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 22.23	Tithi 3	<b>Gulika</b> Yama	<b>6:53AM – 8:19AM</b> 2:04PM – 3:30PM	<b>Revati Until 8:38PM</b> Sukla Until 12:07PM Taitila Until 9:53AM <b>Tritiya Until 10:33PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 6:22PM	Moon 2 - Phase 45 3rd Phase
Routine Work	Prabalarishta Yoga	119373367	<b>Rahu</b> 9:45AM – 11:11AM				<b>Devaloka Day</b>
Until 8:38PM							
Then Creative Work - Siddha Yoga			<b>Subramuniyaswami Siva Vision Day</b>				
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau		Winterthur, Switzerland Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 4.45	Tithi 4	<b>Gulika</b> Yama	<b>3:30PM – 4:57PM</b> 12:37PM – 2:04PM	<b>Ashvini Until 10:27PM</b> Brahma Until 11:59AM Vanija Until 11:09AM <b>Chaturthi* Until 11:38PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:51AM <b>Sunset:</b> 6:24PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	129373367	<b>Rahu</b> 4:57PM – 6:24PM				<b>Devaloka Day</b>
Until 10:27PM							
Then Routine Work - Prabalarishta Yoga							
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Winterthur, Switzerland Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 17.17	Tithi 5	<b>Gulika</b> Yama	<b>2:04PM – 3:31PM</b> 11:10AM – 12:37PM	<b>Bharani Until 11:41PM</b> Indra Until 11:34AM Bava Until 12:01PM <b>Panchami Until 12:16AM Tue</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:49AM <b>Sunset:</b> 6:25PM	Moon 2 - Phase 45 3rd Phase
Family Home Evening		129373367	<b>Rahu</b> 8:16AM – 9:43AM				<b>Devaloka Day</b>
Creative Work	Siddha Yoga						
Until 11:41PM							
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Winterthur, Switzerland Sun 20 Sutra 331 Vilamba 5120	
Vrisabha Rasi: 0.02	Tithi 6	<b>Gulika</b> Yama	<b>12:37PM – 2:04PM</b> 9:42AM – 11:09AM	<b>Krittika Until 12:17AM Wed</b> Vaidhriti* Until 10:45AM Kaulava Until 12:25PM <b>Shashthi* Until 12:24AM Wed</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:27PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	129373367	<b>Rahu</b> 3:32PM – 4:59PM				<b>Devaloka Day</b>
<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 21 Sutra 332 Vilamba 5120	
Vrisabha Rasi: 13.01	Tithi 7	<b>Gulika</b> Yama	<b>11:08AM – 12:36PM</b> 8:13AM – 9:41AM	<b>Rohini Until 12:39AM Thu</b> Vishkambha* Until 9:33AM Gara Until 12:17PM <b>Saptami Until 11:59PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:45AM <b>Sunset:</b> 6:28PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	131373367	<b>Rahu</b> 12:36PM – 2:04PM				<b>Sivaloka Day</b>
Until 12:39AM Thu							
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 22 Sutra 333 Vilamba 5120	
Vrisabha Rasi: 26.19	Tithi 8	<b>Gulika</b> Yama	<b>9:39AM – 11:08AM</b> 6:43AM – 8:11AM	<b>Mrigashira Until 12:15AM Fri</b> Priti Until 7:54AM Visti Until 11:33AM <b>Ashtami* Until 10:56PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:43AM <b>Sunset:</b> 6:29PM	Moon 2 - Phase 45 Ashtami
Routine Work	Marana Yoga	131373367	<b>Rahu</b> 2:04PM – 3:33PM				<b>Sivaloka Day</b>
Until 12:15AM Fri							
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Winterthur, Switzerland Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 9.57	Tithi 9	<b>Gulika</b> Yama	<b>8:10AM – 9:38AM</b> 3:33PM – 5:02PM	<b>Ardra Until 11:07PM</b> Saubhagya Until 3:05AM Sat Balava Until 10:12AM <b>Navami* Until 9:17PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:41AM <b>Sunset:</b> 6:31PM	Moon 2 - Phase 45 Navami
Creative Work	Siddha Yoga	131373368	<b>Rahu</b> 11:07AM – 12:36PM				<b>Subha Sivaloka Day</b>
			<b>Karadaiyan Nombu (Tamil Nadu)</b>				<b>Phalgun-Panguni</b>


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>		<b>Saturday, March 16, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau	Winterthur, Switzerland Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 23.58	Tithi 10	<b>Gulika</b> 6:39AM – 8:08AM	<b>Punarvasu</b> Until 9:41PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:39AM		
		Yama 2:05PM – 3:34PM	Sobhana Until 12:00AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 46	
		141373368 <b>Rahu</b> 9:37AM – 11:06AM	Taitila Until 8:14AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:02PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna•Panguni</b>			

<b>2</b>		<b>Sunday, March 17, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Winterthur, Switzerland Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 8.21	Tithi 11 – 12	<b>Gulika</b> 3:34PM – 5:04PM	<b>Pushya</b> Until 7:36PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:37AM		
		Yama 12:35PM – 2:05PM	Athiganda* Until 8:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 46	
		141373368 <b>Rahu</b> 5:04PM – 6:34PM	Bava Until 2:45AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 4:16PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna•Panguni</b>			

<b>3</b>		<b>Monday, March 18, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Winterthur, Switzerland Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 23.04	Tithi 12 – 13	<b>Gulika</b> 2:05PM – 3:35PM	<b>Ashlesha*</b> Until 5:01PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:35AM		
<b>Family Home Evening</b>		Yama 11:05AM – 12:35PM	Sukarma Until 4:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 46	
		141373368 <b>Rahu</b> 8:05AM – 9:35AM	Kaulava Until 11:26PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 1:07PM	Moon – Blue		<b>Sivaloka Day</b>	
Until 5:01PM		<b>Yogaswami Mahasamadhi</b>	<i>Pradosha Vrata</i>	<b>Phalguna•Panguni</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Tuesday, March 19, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Winterthur, Switzerland Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 8.01	Tithi 13 – 14	<b>Gulika</b> 12:35PM – 2:05PM	<b>Magha*</b> Until 2:27PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:33AM		
		Yama 9:34AM – 11:04AM	Dhriti Until 12:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 2 - Phase 46	
		151373368 <b>Rahu</b> 3:36PM – 5:06PM	Gara Until 7:56PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 9:41AM	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna•Panguni</b>			

		<b>Wednesday, March 20, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau	Winterthur, Switzerland Sun 28 Sutra 339 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:03AM – 12:34PM	<b>Purvaphalguni</b> Until 11:40AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:31AM		
Simha Rasi: 23.05	Tithi 14 – 15	Yama 8:02AM – 9:33AM	Shula* Until 8:34AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 46	
		151373368 <b>Rahu</b> 12:34PM – 2:05PM	Bava Until 2:37AM Thu	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 6:08AM	Moon – Red		<b>Subha Sivaloka Day</b>	
		<b>Panguni Uttiram</b>		<b>Phalguna•Panguni</b>			
		<b>Holi</b>					

<b>Thursday, March 21, 2019</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau	Winterthur, Switzerland Sun 29 Sutra 340 Vilamba 5120
Kanya Rasi: 8.08	Tithi 16	<b>Gulika</b> 9:31AM – 11:03AM	<b>Uttaraphalguni</b> Until 8:50AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:29AM		
		Yama 6:29AM – 8:00AM	Vriddhi Until 12:41AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 46	
		151383368 <b>Rahu</b> 2:05PM – 3:37PM	Balava Until 12:57PM	<b>Nataraja:</b> Clear		Prathama	
			<b>Prathama*</b> Until 11:19PM	Moon – Red		<b>Sivaloka Day</b>	
Until 8:50AM				<b>Phalguna•Panguni</b>			
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Vanija Karana Dvitiyayam Titau

Winterthur, Switzerland  
Sun 1 Sutra 341

Kanya Rasi: 22.59 Tihi 17

**Gulika** 7:58AM – 9:30AM  
Yama 3:37PM – 5:09PM  
Rahu 11:02AM – 12:34PM

**Hasta** Until 6:33AM  
Dhruva Until 6:33AM  
Taitila Until 9:49AM  
Dvitiya Until 8:24PM

**Ganesh:** Yellow *Sunrise:* 6:27AM  
**Muruga:** White *Sunset:* 6:41PM  
Nataraja: Clear  
Moon – Green  
Phalguna•Panguni

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Creative Work Amrita Yoga  
Until 6:33AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Saturday, March 23, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland  
Sun 2 Sutra 342

Tula Rasi: 7.31 Tihi 18

**Gulika** 6:25AM – 7:57AM  
Yama 2:06PM – 3:38PM  
Rahu 9:29AM – 11:01AM

**Svati** Until 3:02AM Sun  
Vyaghata\* Until 6:03PM  
Vanija Until 7:09AM  
Tritiya Until 6:02PM

**Ganesh:** Blue *Sunrise:* 6:25AM  
**Muruga:** White *Sunset:* 6:42PM  
Nataraja: Clear  
Moon – Green  
Phalguna•Panguni

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Creative Work Siddha Yoga  
Until 3:02AM Sun  
Then Routine Work - Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**2**

**Sunday, March 24, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland  
Sun 3 Sutra 343

Tula Rasi: 21.38 Tihi 19 – 20

**Gulika** 3:38PM – 5:11PM  
Yama 12:33PM – 2:06PM  
Rahu 5:11PM – 6:44PM

**Vishakha** Until 2:31AM Mon  
Harshana Until 3:33PM  
Kaulava Until 3:50AM Mon  
Chaturthi\* Until 6:03PM

**Ganesh:** Red *Sunrise:* 6:23AM  
**Muruga:** White *Sunset:* 6:44PM  
Nataraja: Clear  
Moon – Orange  
Phalguna•Panguni

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Routine Work Marana Yoga  
Until 2:31AM Mon  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Monday, March 25, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 344

Vrischika Rasi: 5.16 Tihi 20 – 21

**Family Home Evening**

**Gulika** 2:06PM – 3:39PM  
Yama 11:00AM – 12:33PM  
Rahu 7:54AM – 9:27AM

**Anuradha** Until 2:43AM Tue  
Vajra\* Until 1:41PM  
Gara Until 3:24AM Tue  
Panchami Until 3:29PM

**Ganesh:** Red *Sunrise:* 6:21AM  
**Muruga:** White *Sunset:* 6:45PM  
Nataraja: Clear  
Moon – Orange  
Phalguna•Panguni

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Creative Work Siddha Yoga  
Until 2:43AM Tue  
Then Routine Work - Marana Yoga

**Devaloka Day**

**4**

**Tuesday, March 26, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland  
Sun 5 Sutra 345

Vrischika Rasi: 18.26 Tihi 21 – 22

**Gulika** 12:33PM – 2:06PM  
Yama 9:26AM – 10:59AM  
Rahu 3:39PM – 5:13PM

**Jyeshtha\*** Until 3:37AM Wed  
Siddhi Until 12:31PM  
Visti Until 3:52AM Wed  
Shashthi\* Until 3:30PM

**Ganesh:** Red *Sunrise:* 6:19AM  
**Muruga:** White *Sunset:* 6:46PM  
Nataraja: Clear  
Moon – Orange  
Phalguna•Panguni

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**5**

**Wednesday, March 27, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 346

Dhanus Rasi: 1.09 Tihi 22 – 23

**Gulika** 10:58AM – 12:32PM  
Yama 7:51AM – 9:24AM  
Rahu 12:32PM – 2:06PM

**Mula\*** Until 5:38AM Thu  
Vyatipata\* Until 12:02PM  
Bava Until 4:24PM  
Saptami Until 4:24PM

**Ganesh:** Green *Sunrise:* 6:17AM  
**Muruga:** White *Sunset:* 6:48PM  
Nataraja: Clear  
Moon – Light Blue  
Phalguna•Panguni

Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Routine Work Marana Yoga  
Until 5:38AM Thu  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**D**

**Thursday, March 28, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland  
Sun 7 Sutra 347

Dhanus Rasi: 13.3 Tihi 23

**Gulika** 9:23AM – 10:58AM  
Yama 6:15AM – 7:49AM  
Rahu 2:06PM – 3:41PM

**Purvashadha\*** Until 8:10AM Fri  
Variyan Until 12:09PM  
Kaulava Until 6:04PM  
Ashtami\* Until 6:04PM

**Ganesh:** Green *Sunrise:* 6:15AM  
**Muruga:** White *Sunset:* 6:49PM  
Nataraja: Clear  
Moon – Light Blue  
Phalguna•Panguni

Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

Creative Work Siddha Yoga  
Until 8:10AM Fri  
Then Routine Work - Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**Friday, March 29, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland  
Sun 8 Sutra 348

Dhanus Rasi: 25.35 Tihi 24

**Gulika** 7:47AM – 9:22AM  
Yama 3:41PM – 5:16PM  
Rahu 10:57AM – 12:32PM

**Purvashadha\*** Until 8:10AM  
Parigha\* Until 12:45PM  
Taitila Until 7:09AM  
Navami\* Until 8:19PM

**Ganesh:** Green *Sunrise:* 6:13AM  
**Muruga:** Yellow *Sunset:* 6:51PM  
Nataraja: Purple  
Moon – Light Blue  
Phalguna•Panguni

Vilamba 5120  
Moon 3 - Phase 47  
Navami

Routine Work Prabalarishta Yoga  
Until 8:10AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1 Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Winterthur, Switzerland Sun 9 Sutra 349 Vilamba 5120
Makara Rasi: 7.28	Tithi 25	<b>Gulika</b> 6:11AM – 7:46AM	<b>Uttarashadha</b> Until 10:57AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:11AM	
		<b>Yama</b> 2:07PM – 3:42PM	Shiva Until 1:42PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 48
		182383468 <b>Rahu</b> 9:21AM – 10:56AM	Vanija Until 9:36AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 10:54PM	Moon – Light Blue		<b>Devaloka Day</b>
Until 10:57AM				<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>2 Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 350 Vilamba 5120
Makara Rasi: 19.16	Tithi 26	<b>Gulika</b> 3:42PM – 5:18PM	<b>Shravana</b> Until 2:17PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:09AM	
		<b>Yama</b> 12:31PM – 2:07PM	Siddha Until 2:45PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 48
		192383468 <b>Rahu</b> 5:18PM – 6:53PM	Bava Until 12:17PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 1:36AM Mon	Moon – Purple		<b>Sivaloka Day</b>
Until 2:17PM				<b>Phalguna•Panguni</b>		
Then Routine Work - Marana Yoga						

<b>3 Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Winterthur, Switzerland Sun 11 Sutra 351 Vilamba 5120
Kumbha Rasi: 1.02	Tithi 27	<b>Gulika</b> 2:07PM – 3:42PM	<b>Dhanishtha</b> Until 5:25PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:09AM	
<b>Family Home Evening</b>		<b>Yama</b> 10:55AM – 12:31PM	Sadhya Until 3:47PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 48
		192483468 <b>Rahu</b> 7:44AM – 9:20AM	Kaulava Until 2:56PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 4:11AM Tue	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>4 Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara Karana Trayodashyam Titau				Winterthur, Switzerland Sun 12 Sutra 352 Vilamba 5120
Kumbha Rasi: 12.52	Tithi 28	<b>Gulika</b> 12:31PM – 2:07PM	<b>Shatabhishak</b> Until 8:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:07AM	
		<b>Yama</b> 9:19AM – 10:55AM	Subha Until 4:41PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 48
		192483468 <b>Rahu</b> 3:43PM – 5:19PM	Gara Until 5:23PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 6:28AM Wed	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5 Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 13 Sutra 353 Vilamba 5120
Kumbha Rasi: 24.49	Tithi 28 – 29	<b>Gulika</b> 10:54AM – 12:30PM	<b>Purvaproshtapada*</b> Until 10:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:05AM	
		<b>Yama</b> 7:41AM – 9:18AM	Sukla Until 5:17PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 12:30PM – 2:07PM	Visti Until 7:30PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 6:28AM	Moon – Clear		<b>Sivaloka Day</b>
Until 10:55PM				<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Winterthur, Switzerland Sun 14 Sutra 354 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:16AM – 10:53AM	<b>Uttaraproshtapada</b> Until 1:06AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:03AM	
Meena Rasi: 6.55	Tithi 29 – 30	<b>Yama</b> 6:03AM – 7:40AM	Brahma Until 5:36PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 2:07PM – 3:44PM	Catuspada Until 9:11PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:22AM	Moon – Clear		<b>Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Winterthur, Switzerland Sun 15 Sutra 355 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:38AM – 9:15AM	<b>Revati</b> Until 2:42AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:01AM	
Meena Rasi: 19.11	Tithi 30 – 1	<b>Yama</b> 3:44PM – 5:22PM	Indra Until 5:37PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 10:53AM – 12:30PM	Kintughna Until 9:87PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 5:36PM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Yugadhi</b>		<b>Chaitra•Panguni</b>		

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>	<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 356 Vilamba 5120
	Mesha Rasi: 1.38	Tithi 1 – 2	<b>Gulika</b> 5:59AM – 7:36AM Yama 2:07PM – 3:45PM 123483468 <b>Rahu</b> 9:14AM – 10:52AM	<b>Ashvini Until 4:13AM Sun</b> Vaidhriti* Until 5:15PM Balava Until 11:17PM <b>Prathama* Until 10:54AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:59AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:00PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:59AM <i>Sunset:</i> 7:00PM Moon 3 - Phase 49 3rd Phase <b>Devaloka Day</b>	
	Creative Work Siddha Yoga Until 4:13AM Sun Then Routine Work - Prabalarishta Yoga		Chellappaswami Mahasamadhi				

<b>2</b>	<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Winterthur, Switzerland Sun 17 Sutra 357 Vilamba 5120
	Mesha Rasi: 14.16	Tithi 2 – 3	<b>Gulika</b> 3:46PM – 5:24PM Yama 12:29PM – 2:07PM 123483468 <b>Rahu</b> 5:24PM – 7:02PM	<b>Bharani Until 5:12AM Mon</b> Vishkambha* Until 4:36PM Taitila Until 11:42PM <b>Dvitiya Until 11:31AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:57AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:57AM <i>Sunset:</i> 7:02PM Moon 3 - Phase 49 3rd Phase <b>Devaloka Day</b>	
	Routine Work Prabalarishta Yoga Until 5:12AM Mon Then Routine Work - Marana Yoga						

<b>3</b>	<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Winterthur, Switzerland Sun 18 Sutra 358 Vilamba 5120
	Mesha Rasi: 27.05	Tithi 3 – 4	<b>Gulika</b> 2:08PM – 3:46PM Yama 10:50AM – 12:29PM 123483468 <b>Rahu</b> 7:33AM – 9:12AM	<b>Krittika Until 5:39AM Tue</b> Priti Until 3:40PM Vanija Until 11:45PM <b>Tritiya Until 11:45AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:55AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:03PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:55AM <i>Sunset:</i> 7:03PM Moon 3 - Phase 49 3rd Phase <b>Devaloka Day</b>	
	Family Home Evening Routine Work Marana Yoga Until 5:39AM Tue Then Creative Work - Amrita Yoga						

<b>4</b>	<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 19 Sutra 359 Vilamba 5120
	Vrishabha Rasi: 10.05	Tithi 4 – 5	<b>Gulika</b> 12:29PM – 2:08PM Yama 9:11AM – 10:50AM 133483468 <b>Rahu</b> 3:47PM – 5:26PM	<b>Rohini Until 6:03AM Wed</b> Ayushman Until 2:25PM Bava Until 11:26PM <b>Chaturthi* Until 11:37AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:53AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:05PM <b>Nataraja:</b> Purple Moon – Yellow <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:53AM <i>Sunset:</i> 7:05PM Moon 3 - Phase 49 3rd Phase <b>Sivaloka Day</b>	
	Creative Work Amrita Yoga Until 6:03AM Wed Then Creative Work - Siddha Yoga						

<b>5</b>	<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 20 Sutra 360 Vilamba 5120
	Vrishabha Rasi: 23.17	Tithi 5 – 6	<b>Gulika</b> 10:49AM – 12:28PM Yama 7:30AM – 9:10AM 133483468 <b>Rahu</b> 12:28PM – 2:08PM	<b>Rohini Until 6:03AM</b> Saubhagya Until 12:53PM Kaulava Until 10:44PM <b>Panchami Until 11:07AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:51AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:06PM <b>Nataraja:</b> Purple Moon – Yellow <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:51AM <i>Sunset:</i> 7:06PM Moon 3 - Phase 49 3rd Phase <b>Sivaloka Day</b>	
	Creative Work Siddha Yoga						

<b>6</b>	<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 21 Sutra 361 Vilamba 5120
	Mithuna Rasi: 6.41	Tithi 6 – 7	<b>Gulika</b> 9:09AM – 10:48AM Yama 5:49AM – 7:29AM 133483468 <b>Rahu</b> 2:08PM – 3:48PM	<b>Ardra Until 5:16AM Fri</b> Sobhana Until 11:04AM Gara Until 9:39PM <b>Shashthi* Until 10:14AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:49AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:07PM <b>Nataraja:</b> Purple Moon – Yellow <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:49AM <i>Sunset:</i> 7:07PM Moon 3 - Phase 49 3rd Phase <b>Sivaloka Day</b>	
	Routine Work Marana Yoga Until 5:16AM Fri Then Creative Work - Siddha Yoga						

<b>☾</b>	<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 22 Sutra 362 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 7:27AM – 9:07AM Yama 3:48PM – 5:29PM 143483468 <b>Rahu</b> 10:48AM – 12:28PM	<b>Punarvasu Until 4:29AM Sat</b> Athiganda* Until 8:53AM Visti Until 8:08PM <b>Saptami Until 8:56AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:47AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:09PM <b>Nataraja:</b> Purple Moon – Blue <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:47AM <i>Sunset:</i> 7:09PM Moon 3 - Phase 49 Ashtami <b>Devaloka Day</b>	
	Mithuna Rasi: 20.19 Tithi 7 – 8 Creative Work Siddha Yoga						

<b>☽</b>	<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 23 Sutra 363 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 5:45AM – 7:26AM Yama 2:08PM – 3:49PM 143483468 <b>Rahu</b> 9:06AM – 10:47AM	<b>Pushya Until 3:09AM Sun</b> Sukarma Until 6:23AM Balava Until 6:13PM <b>Ashtami* Until 7:13AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:45AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:10PM <b>Nataraja:</b> Purple Moon – Blue <b>Chaitra•Panguni</b>	<i>Sunrise:</i> 5:45AM <i>Sunset:</i> 7:10PM Moon 3 - Phase 49 Navami <b>Devaloka Day</b>	
	Kataka Rasi: 4.12 Tithi 8 – 9 Creative Work Siddha Yoga		Sri Rama Navami				

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Winterthur, Switzerland
Kataka Rasi: 18.21    Tihti 10		Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24    Sutra 364
Creative Work    Siddha Yoga		<b>Gulika</b> 3:49PM – 5:30PM	<b>Ashlesha* Until 1:19AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM	Vikarin 5121	
Until 1:19AM Mon		Yama    12:27PM – 2:08PM	Shula* Until 1:19AM Mon	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:12PM	Moon 3 - Phase 1	
Then Routine Work - Marana Yoga		143483468 <b>Rahu</b> 5:30PM – 7:12PM	Taitila Until 3:55PM	<b>Nataraja:</b> Purple	4th Phase	
		Tamil New Year		Moon – Blue	<b>Devaloka Day</b>	
		Dashami Until 2:37AM Mon		<b>Chaitra•Chaitra</b>		

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Winterthur, Switzerland
Simha Rasi: 2.44    Tihti 11		Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25    Sutra 1
Family Home Evening		<b>Gulika</b> 2:09PM – 3:50PM	<b>Magha* Until 11:27PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:41AM	Vikarin 5121	
Routine Work    Marana Yoga		Yama    10:46AM – 12:27PM	Ganda* Until 9:05PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:13PM	Moon 3 - Phase 1	
Until 11:27PM		253483468 <b>Rahu</b> 7:23AM – 9:04AM	Vanija Until 1:16PM	<b>Nataraja:</b> Purple	4th Phase	
Then Creative Work - Siddha Yoga		Ekadashi Until 11:50PM		Moon – Red	<b>Devaloka Day</b>	
				<b>Chaitra•Chaitra</b>		

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Winterthur, Switzerland
Simha Rasi: 17.19    Tihti 12		Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Sun 26    Sutra 2
Creative Work    Siddha Yoga		<b>Gulika</b> 12:27PM – 2:09PM	<b>Purvaphalguni Until 9:16PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:39AM	Vikarin 5121	
Until 9:16PM		Yama    9:03AM – 10:45AM	Vriddhi Until 5:33PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:14PM	Moon 3 - Phase 1	
Then Creative Work - Amrita Yoga		253483468 <b>Rahu</b> 3:51PM – 5:32PM	Bava Until 10:23AM	<b>Nataraja:</b> Purple	4th Phase	
		Dvadashi Until 8:52PM		Moon – Red	<b>Devaloka Day</b>	
				<b>Chaitra•Chaitra</b>		

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Winterthur, Switzerland
Kanya Rasi: 2.01    Tihti 13 – 14		Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27    Sutra 3
Creative Work    Amrita Yoga		<b>Gulika</b> 10:44AM – 12:27PM	<b>Uttaraphalguni Until 6:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:37AM	Vikarin 5121	
Until 6:53PM		Yama    7:20AM – 9:02AM	Dhruva Until 1:56PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:16PM	Moon 3 - Phase 1	
Then Routine Work - Marana Yoga		253483468 <b>Rahu</b> 12:27PM – 2:09PM	Kaulava Until 3:82AM Thu	<b>Nataraja:</b> Purple	4th Phase	
		Trayodashi Until 5:33PM		Moon – Red	<b>Devaloka Day</b>	
				<b>Chaitra•Chaitra</b>		
		<i>Pradosha Vrata</i>				

<b>○ Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Winterthur, Switzerland
<b>Copper Retreat Star</b>		Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 4
Kanya Rasi: 16.42    Tihti 14 – 15		<b>Gulika</b> 9:01AM – 10:44AM	<b>Hasta Until 4:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:36AM	Vikarin 5121	
Routine Work    Marana Yoga		Yama    5:36AM – 7:18AM	Vyaghata* Until 10:22AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:17PM	Moon 3 - Phase 1	
Until 4:51PM		263483468 <b>Rahu</b> 2:09PM – 3:52PM	Visti Until 1:30AM Fri	<b>Nataraja:</b> Purple	Purnima	
Then Creative Work - Siddha Yoga		Chaturdashi* Until 2:53PM		Moon – Green	<b>Sivaloka Day</b>	
		Chaitra Purnima (Tamil Nadu)		<b>Chaitra•Chaitra</b>		
		Hanuman Jayanti				

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Winterthur, Switzerland
<b>Silver Retreat Star</b>		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 5
Tula Rasi: 1.17    Tihti 15 – 16		<b>Gulika</b> 7:17AM – 9:00AM	<b>Chitra Until 2:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:34AM	Vikarin 5121	
Creative Work    Siddha Yoga		Yama    3:52PM – 5:35PM	Harshana Until 6:59AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:19PM	Moon 3 - Phase 1	
		263483468 <b>Rahu</b> 10:43AM – 12:26PM	Balava Until 10:57PM	<b>Nataraja:</b> Purple	Prathama	
		Purnima* Until 12:09PM		Moon – Green	<b>Sivaloka Day</b>	
				<b>Chaitra•Chaitra</b>		