



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
/Anuradha Nakshatra Variyan Yoga Taitila/Vanija Karana Dvitiyayam Titau

Warsaw, Poland
Sutra 16

Vrischika Rasi: 0.29 Tihti 17

Gulika 11:34AM – 1:25PM
Yama 7:50AM – 9:42AM
273832369 **Rahu** 3:17PM – 5:09PM

Until 3:09AM Wed
Variyan Until 11:23AM
Taitila Until 15:49AM Wed
Dvitiya Until

Ganesha: Purple *Sunrise:* 4:07AM
Muruga: White *Sunset:* 7:01PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 3:09AM Wed
Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Bava Karana Tritiyayam Titau

Warsaw, Poland
Sun 1 Sutra 17

Vrischika Rasi: 13.01 Tihti 18

Gulika 9:41AM – 11:33AM
Yama 5:57AM – 7:49AM
273832369 **Rahu** 11:33AM – 1:26PM

Vishakha Until 4:34AM Thu
Parigha* Until 1:05PM
Vanija Until 16:90AM Thu
Tritiya Until 4:48AM Wed

Ganesha: Purple *Sunrise:* 4:05AM
Muruga: White *Sunset:* 7:02PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 4:34AM Thu
Then Routine Work - Prabalarishta Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Warsaw, Poland
Sun 2 Sutra 18

Vrischika Rasi: 25.17 Tihti 19

Gulika 7:48AM – 9:41AM
Yama 4:03AM – 5:55AM
274832369 **Rahu** 1:26PM – 3:19PM

Anuradha Until 6:30AM Fri
Shiva Until 3:08PM
Bava Until 19:39AM Fri
Chaturthi* Until 4:56AM Thu

Ganesha: Clear *Sunrise:* 4:03AM
Muruga: White *Sunset:* 7:04PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 6:30AM Fri
Then Creative Work - Amrita Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Purvashadha* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland
Sun 3 Sutra 19

Dhanus Rasi: 7.22 Tihti 19 – 20

Gulika 5:54AM – 7:47AM
Yama 3:19PM – 5:13PM
284832369 **Rahu** 9:40AM – 11:33AM

Jyeshtha* Until 6:30AM
Siddha Until 6:78AM Sun Sat
Kaulava Until 7:39PM
Chaturthi* Until 5:28AM Fri

Ganesha: White *Sunrise:* 4:01AM
Muruga: White *Sunset:* 7:06PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:30AM
Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland
Sun 4 Sutra 20

Dhanus Rasi: 19.16 Tihti 20 – 21

Gulika 3:59AM – 5:53AM
Yama 1:27PM – 3:20PM
284832369 **Rahu** 7:46AM – 9:40AM

Mula* Until 8:50AM
Siddha Until 6:78AM Sun
Gara Until 9:67PM
Panchami Until 6:17AM Sat

Ganesha: White *Sunrise:* 3:59AM
Muruga: White *Sunset:* 7:07PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 8:50AM
Then Routine Work - Marana Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Warsaw, Poland
Sun 5 Sutra 21

Makara Rasi: 1.05 Tihti 21 – 22

Gulika 3:21PM – 5:15PM
Yama 11:33AM – 1:27PM
284832369 **Rahu** 5:15PM – 7:09PM

Uttarashadha Until 1:56PM Mon
Sadhya Until 11:55PM
Visti Until 12:42AM Mon
Shashthi* Until 6:78AM Sun

Ganesha: White *Sunrise:* 3:57AM
Muruga: White *Sunset:* 7:09PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Warsaw, Poland
Sun 6 Sutra 22

Makara Rasi: 12.54 Tihti 22 – 23

Gulika 1:27PM – 3:22PM
Yama 9:39AM – 11:33AM
294832369 **Rahu** 5:50AM – 7:44AM

Uttarashadha Until 1:56PM
Subha Until 9:14AM Tue
Balava Until 2:68AM Tue
Saptami Until 8:22AM Mon

Ganesha: Yellow *Sunrise:* 3:55AM
Muruga: White *Sunset:* 7:11PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 1:56PM
Then Creative Work - Siddha Yoga

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Warsaw, Poland
Sun 7 Sutra 23

Makara Rasi: 24.47 Tihti 23 – 24

Gulika 11:33AM – 1:28PM
Yama 7:43AM – 9:38AM
294832369 **Rahu** 3:23PM – 5:17PM

Shravana Until 4:12PM
Sukla Until 5:40AM Wed
Gara Until 4:70AM Wed
Ashtami* Until 9:14AM Tue

Ganesha: Yellow *Sunrise:* 3:54AM
Muruga: White *Sunset:* 7:12PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 4:12PM
Then Routine Work - Marana Yoga

Chidambaram Abhishekam

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1		Wednesday, May 9, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Warsaw, Poland	
Kumbha Rasi: 6.49		Tithi 24 – 25		294832369		Sun 8		Sutra 24	
Creative Work		Siddha Yoga		Until 5:57PM		Then Creative Work - Amrita Yoga			
Gulika	9:38AM – 11:33AM	Dhanishtha	Until 5:57PM	Ganesh:	Yellow	Sunrise:	3:52AM	Vilamba 5120	
Yama	5:47AM – 7:42AM	Brahma	Until 7:30AM Thu	Muruga:	White	Sunset:	7:14PM	Moon 4 - Phase 4	
Rahu	11:33AM – 1:28PM	Vanija	Until 6:35AM Thu	Nataraja:	Purple			2nd Phase	
				Navami*	Until 9:46AM Wed	Moon – Purple			
						Vaisaka-Chaitra	Bhuloka Day		Devaloka Time: 9:AM to12:PM

2		Thursday, May 10, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Bava Karana Dashamyam Titau		Warsaw, Poland	
Kumbha Rasi: 19.07		Tithi 25		294832369		Sun 9		Sutra 25	
Creative Work		Siddha Yoga		Until 6:39PM		Then Routine Work - Prabalarishta Yoga			
Gulika	7:42AM – 9:37AM	Shatabhishak	Until 7:14PM Fri	Ganesh:	Yellow	Sunrise:	3:50AM	Vilamba 5120	
Yama	3:50AM – 5:46AM	Indra	Until 7:30AM	Muruga:	White	Sunset:	7:15PM	Moon 4 - Phase 4	
Rahu	1:28PM – 3:24PM	Vanija	Until 7:14AM Fri	Nataraja:	Purple			2nd Phase	
				Dashami	Until 9:49AM Thu	Moon – Purple			
						Vaisaka-Chaitra	Bhuloka Day		Devaloka Time: 9:AM to12:PM

3		Friday, May 11, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Kaulava Karana Ekadashyam Titau		Warsaw, Poland	
Meena Rasi: 1.46		Tithi 26		214832369		Sun 10		Sutra 26	
Creative Work		Siddha Yoga		Until 6:39PM		Then Routine Work - Prabalarishta Yoga			
Gulika	5:45AM – 7:41AM	Shatabhishak	Until 7:14PM	Ganesh:	Yellow	Sunrise:	3:49AM	Vilamba 5120	
Yama	3:25PM – 5:21PM	Vaidhriti*	Until 8:55AM	Muruga:	White	Sunset:	7:17PM	Moon 4 - Phase 4	
Rahu	9:37AM – 11:33AM	Bava	Until 6:63AM Sat	Nataraja:	Purple			2nd Phase	
				Ekadashi*	Until 9:14AM Fri	Moon – Clear			
						Vaisaka-Chaitra	Bhuloka Day		Devaloka Time: 9:AM to12:PM

4		Saturday, May 12, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvadashyam Titau		Warsaw, Poland	
Meena Rasi: 14.47		Tithi 27		214932369		Sun 11		Sutra 27	
Creative Work		Siddha Yoga		Until 6:39PM		Then Routine Work - Prabalarishta Yoga			
Gulika	3:47AM – 5:43AM	Purvaproshtapada*	Until 6:39PM	Ganesh:	Blue	Sunrise:	3:47AM	Vilamba 5120	
Yama	1:29PM – 3:26PM	Vishkambha*	Until 9:22AM	Muruga:	White	Sunset:	7:19PM	Moon 4 - Phase 4	
Rahu	7:40AM – 9:36AM	Kaulava	Until 5:65AM Sun	Nataraja:	Purple			2nd Phase	
				Dvadashi*	Until 8:01AM Sat	Moon – Clear			
						Vaisaka-Chaitra	Bhuloka Day		Devaloka Time: 9:AM to12:PM

5		Sunday, May 13, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland	
Meena Rasi: 28.16		Tithi 28 – 29		214932369		Sun 12		Sutra 28	
Creative Work		Amrita Yoga		Until 5:18PM		Then Creative Work - Siddha Yoga			
Gulika	3:26PM – 5:23PM	Uttaraproshtapada*	Until 5:18PM	Ganesh:	Blue	Sunrise:	3:45AM	Vilamba 5120	
Yama	11:33AM – 1:30PM	Priti	Until 8:53AM	Muruga:	White	Sunset:	7:20PM	Moon 4 - Phase 4	
Rahu	5:23PM – 7:20PM	Gara	Until 4:24AM Mon	Nataraja:	Purple			2nd Phase	
				Trayodashi*	Until 6:10AM Sun	Moon – Clear			
						Vaisaka-Chaitra	Bhuloka Day		Devaloka Time: 9:AM to12:PM
				<i>Pradosha Vrata (Fasting)</i>					

6		Monday, May 14, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Bharani Nakshatra Saubhagya Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau		Warsaw, Poland	
Mesha Rasi: 12.08		Tithi 29 – 30		224932369		Sun 13		Sutra 29	
Family Home Evening		Creative Work		Siddha Yoga		Until 5:18PM			
Gulika	1:30PM – 3:27PM	Revati	Until 3:20PM	Ganesh:	Blue	Sunrise:	3:44AM	Vilamba 5120	
Yama	9:35AM – 11:33AM	Saubhagya	Until 8:01AM	Muruga:	White	Sunset:	7:22PM	Moon 4 - Phase 4	
Rahu	5:41AM – 7:38AM	Sakuni	Until 3:20PM	Nataraja:	Purple			2nd Phase	
				Chaturdashi*	Until 3:20PM	Moon – White			
						Vaisaka-Vaikasi	Bhuloka Day		Devaloka Time: 9:AM to12:PM

Retreat Star		Tuesday, May 15, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Warsaw, Poland	
Mesha Rasi: 26.23		Tithi 30 – 1		224932369		Sun 14		Sutra 30	
Creative Work		Siddha Yoga		Until 5:18PM		Then Creative Work - Siddha Yoga			
Gulika	11:33AM – 1:30PM	Ashvini	Until 12:51PM	Ganesh:	Blue	Sunrise:	3:42AM	Vilamba 5120	
Yama	7:37AM – 9:35AM	Sobhana	Until 6:28AM	Muruga:	White	Sunset:	7:23PM	Moon 4 - Phase 4	
Rahu	3:28PM – 5:26PM	Kintughna	Until 10:89PM	Nataraja:	Purple			Amavasya	
				Amavasya*	Until 12:51AM Tue	Moon – White			
						Vaisaka-Vaikasi	Bhuloka Day		Devaloka Time: 9:AM to12:PM

Retreat Star		Wednesday, May 16, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Warsaw, Poland	
Vrishabha Rasi: 10.53		Tithi 1 – 2		235932369		Sun 15		Sutra 31	
Creative Work		Siddha Yoga		Until 7:01AM Thu		Then Routine Work - Marana Yoga			
Gulika	9:35AM – 11:33AM	Rohini	Until 7:01AM Thu	Ganesh:	Yellow	Sunrise:	3:41AM	Vilamba 5120	
Yama	5:39AM – 7:37AM	Athiganda*	Until 2:20AM Thu	Muruga:	White	Sunset:	7:25PM	Moon 4 - Phase 4	
Rahu	11:33AM – 1:31PM	Balava	Until 8:33PM	Nataraja:	Purple			Prathama	
				Prathama*	Until 10:01AM	Moon – Yellow			
						Jyeshtha Adhika-Vaikasi	Bhuloka Day		Devaloka Time: 9:AM to12:PM

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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1		Thursday, May 17, 2018			Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Warsaw, Poland Sun 16 Sutra 32	
Vrishabha Rasi: 25.34 Tithi 2 - 3		Gulika 7:36AM - 9:34AM	Rohini Until 7:01AM	Ganesh: Yellow <i>Sunrise:</i> 3:39AM			Vilamba 5120		
235932369		Yama 3:39AM - 5:37AM	Sukarma Until 12:05AM Fri	Muruga: White <i>Sunset:</i> 7:26PM			Moon 4 - Phase 5		
Routine Work Marana Yoga		Rahu 1:31PM - 3:30PM	Taitila Until 5:30PM	Nataraja: Purple			3rd Phase		
			Dvitiya Until 6:08PM	Moon - Yellow			Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM				

2		Friday, May 18, 2018			Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija Karana Chaturthiyam Titau			Warsaw, Poland Sun 17 Sutra 33	
Mithuna Rasi: 10.17 Tithi 4		Gulika 5:36AM - 7:35AM	Ardra Until 10:15PM Sat	Ganesh: Yellow <i>Sunrise:</i> 3:38AM			Vilamba 5120		
235932369		Yama 3:30PM - 5:29PM	Dhriti Until 11:00AM	Muruga: White <i>Sunset:</i> 7:26PM			Moon 4 - Phase 5		
Creative Work Siddha Yoga		Rahu 9:34AM - 11:33AM	Vanija Until 2:29PM	Nataraja: Purple			3rd Phase		
			Chaturthi* Until 1:00AM Sat	Moon - Yellow			Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM				

3		Saturday, May 19, 2018			Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Panchamyam Titau			Warsaw, Poland Sun 18 Sutra 34	
Mithuna Rasi: 24.55 Tithi 5		Gulika 3:36AM - 5:35AM	Ardra Until 10:15PM	Ganesh: White <i>Sunrise:</i> 3:36AM			Vilamba 5120		
245932369		Yama 1:32PM - 3:31PM	Shula* Until 7:55PM	Muruga: White <i>Sunset:</i> 7:29PM			Moon 4 - Phase 5		
Creative Work Siddha Yoga		Rahu 7:34AM - 9:34AM	Bava Until 9:00AM Sun	Nataraja: Purple			3rd Phase		
			Panchami Until 11:00AM	Moon - Blue			Devaloka Day		
				Jyeshtha Adhika-Vaikasi					

4		Sunday, May 20, 2018			Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau			Warsaw, Poland Sun 19 Sutra 35	
Kataka Rasi: 9.23 Tithi 6		Gulika 3:32PM - 5:31PM	Pushya Until 6:13PM	Ganesh: White <i>Sunrise:</i> 3:35AM			Vilamba 5120		
245932369		Yama 11:33AM - 1:32PM	Vriddhi Until 1:17AM Mon	Muruga: White <i>Sunset:</i> 7:31PM			Moon 4 - Phase 5		
Creative Work Siddha Yoga		Rahu 5:31PM - 7:31PM	Kaulava Until 9:00AM	Nataraja: Purple			3rd Phase		
			Shashthi* Until 7:48PM	Moon - Blue			Devaloka Day		
				Jyeshtha Adhika-Vaikasi					

5		Monday, May 21, 2018			Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau			Warsaw, Poland Sun 20 Sutra 36	
Kataka Rasi: 23.37 Tithi 7 - 8		Gulika 1:33PM - 3:33PM	Ashlesha* Until 4:00PM Tue	Ganesh: White <i>Sunrise:</i> 3:33AM			Vilamba 5120		
245932369		Yama 9:33AM - 11:33AM	Dhruva Until 4:44PM	Muruga: White <i>Sunset:</i> 7:32PM			Moon 4 - Phase 5		
Family Home Evening Creative Work Siddha Yoga Until 4:00PM Tue Then Routine Work - Marana Yoga		Rahu 5:33AM - 7:33AM	Gara Until 4:49AM Tue	Nataraja: Purple			3rd Phase		
			Saptami Until 1:17AM Mon	Moon - Blue			Devaloka Day		
				Jyeshtha Adhika-Vaikasi					

Retreat Star		Tuesday, May 22, 2018			Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Warsaw, Poland Sun 21 Sutra 37	
Simha Rasi: 7.37 Tithi 8 - 9		Gulika 11:33AM - 1:33PM	Ashlesha* Until 4:00PM	Ganesh: Clear <i>Sunrise:</i> 3:32AM			Vilamba 5120		
255932369		Yama 7:33AM - 9:33AM	Vyaghata* Until 3:55PM	Muruga: White <i>Sunset:</i> 7:34PM			Moon 4 - Phase 5		
Creative Work Siddha Yoga		Rahu 3:33PM - 5:34PM	Balava Until 3:19AM Wed	Nataraja: Purple			Ashtami		
			Ashtami* Until 10:35PM	Moon - Red			Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM				

Retreat Star		Wednesday, May 23, 2018			Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Warsaw, Poland Sun 22 Sutra 38	
Simha Rasi: 21.21 Tithi 9 - 10		Gulika 9:32AM - 11:33AM	Magha* Until 2:42PM	Ganesh: Clear <i>Sunrise:</i> 3:31AM			Vilamba 5120		
255932369		Yama 5:31AM - 7:32AM	Harshana Until 5:72PM	Muruga: White <i>Sunset:</i> 7:35PM			Moon 4 - Phase 5		
Creative Work Amrita Yoga		Rahu 11:33AM - 1:34PM	Taitila Until 1:73AM Thu	Nataraja: Purple			Navami		
			Navami* Until 8:13PM	Moon - Red			Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1	Thursday, May 24, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Warsaw, Poland
	Purvaphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara Karana Dashami/Ekadashyam Titau		Sun 23		Sutra 39		Vilamba 5120
Kanya Rasi: 4.51	Tithi 10 – 11	Gulika 7:31AM – 9:32AM	Purvaphalguni Until 1:48PM	Ganesha: Clear	<i>Sunrise:</i> 3:30AM		
		Yama 3:30AM – 5:31AM	Vajra* Until 3:05PM	Muruga: White	<i>Sunset:</i> 7:37PM		Moon 4 - Phase 6
	Amrita Yoga	255932369 Rahu 1:34PM – 3:35PM	Gara Until 1:48PM	Nataraja: Purple			4th Phase
Until 1:48PM			Dashami Until 1:48PM	Moon – Red		Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	

2	Friday, May 25, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Warsaw, Poland
	Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24		Sutra 40		Vilamba 5120
Kanya Rasi: 18.08	Tithi 11 – 12	Gulika 5:30AM – 7:31AM	Hasta Until 3:28PM	Ganesha: Clear	<i>Sunrise:</i> 3:28AM		
		Yama 3:36PM – 5:37PM	Siddhi Until 3:28PM	Muruga: White	<i>Sunset:</i> 7:38PM		Moon 4 - Phase 6
	Amrita Yoga	266932369 Rahu 9:32AM – 11:33AM	Bava Until 24:72	Nataraja: Purple			4th Phase
Creative Work			Ekadashi Until 15:04AM Fri	Moon – Green		Bhuloka Day	
Until 3:28PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

3	Saturday, May 26, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Warsaw, Poland
	Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25		Sutra 41		Vilamba 5120
Tula Rasi: 1.13	Tithi 12 – 13	Gulika 3:27AM – 5:29AM	Chitra Until 4:05PM	Ganesha: Purple	<i>Sunrise:</i> 3:27AM		
		Yama 1:35PM – 3:36PM	Vyatipata* Until 1:59PM	Muruga: White	<i>Sunset:</i> 7:39PM		Moon 4 - Phase 6
	Marana Yoga	366932369 Rahu 7:30AM – 9:32AM	Kaulava Until 1:17AM Sun	Nataraja: Purple			4th Phase
Routine Work			Dvadashi Until 13:59AM Sat	Moon – Green		Bhuloka Day	
Until 4:05PM				Jyeshtha Adhika-Vaikasi			
Then Creative Work - Siddha Yoga							

4	Sunday, May 27, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Warsaw, Poland
	Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26		Sutra 42		Vilamba 5120
Tula Rasi: 14.06	Tithi 13 – 14	Gulika 3:37PM – 5:39PM	Svati Until 2:09PM Mon	Ganesha: Purple	<i>Sunrise:</i> 3:26AM		
		Yama 11:33AM – 1:35PM	Variyan Until 4:56PM	Muruga: White	<i>Sunset:</i> 7:41PM		Moon 4 - Phase 6
	Siddha Yoga	366932369 Rahu 5:39PM – 7:41PM	Gara Until 1:46AM Mon	Nataraja: Purple			4th Phase
Creative Work			Trayodashi Until 1:59PM	Moon – Green		Bhuloka Day	
Until 2:09PM Mon				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

○	Monday, May 28, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Warsaw, Poland
	Copper Retreat Star		Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Vanija Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 43
Tula Rasi: 26.47	Tithi 14 – 15	Gulika 1:36PM – 3:38PM	Svati Until 2:09PM	Ganesha: Clear	<i>Sunrise:</i> 3:25AM		Vilamba 5120
Family Home Evening		Yama 9:31AM – 11:33AM	Parigha* Until 6:30PM	Muruga: White	<i>Sunset:</i> 7:42PM		Moon 4 - Phase 6
	Marana Yoga	376932369 Rahu 5:27AM – 7:29AM	Vanija Until 2:09PM	Nataraja: Purple			Purnima
Routine Work			Chaturdashi* Until 2:09PM	Moon – Orange		Bhuloka Day	
Until 2:09PM		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

○	Tuesday, May 29, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Warsaw, Poland
	Silver Retreat Star		Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 44
Vrischika Rasi: 9.17	Tithi 15 – 16	Gulika 11:34AM – 1:36PM	Vishakha Until 3:17PM	Ganesha: Clear	<i>Sunrise:</i> 3:24AM		Vilamba 5120
		Yama 7:29AM – 9:31AM	Shiva Until 8:22PM	Muruga: White	<i>Sunset:</i> 7:43PM		Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 3:38PM – 5:41PM	Balava Until 3:63AM Wed	Nataraja: Purple			Prathama
Creative Work			Purnima* Until 12:39AM Tue	Moon – Orange		Bhuloka Day	
Until 3:17PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Warsaw, Poland
Sutra 45

Vrischika Rasi: 21.34 Tiithi 16 – 17

Gulika 9:31AM – 11:34AM
Yama 5:26AM – 7:28AM
Rahu 11:34AM – 1:36PM

Jyeshtha* Until 10:29PM
Siddha Until 10:29PM
Taitila Until 5:51AM Thu
Prathama* Until 12:53AM Wed

Ganesh: Clear *Sunrise:* 3:23AM
Muruga: White *Sunset:* 7:44PM
Nataraja: Purple
Moon – Orange

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga
Until 10:29PM

Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiyayam Titau

Warsaw, Poland
Sun 1 Sutra 46

Dhanus Rasi: 3.41 Tiithi 17

Gulika 7:28AM – 9:31AM
Yama 3:22AM – 5:25AM
Rahu 1:37PM – 3:40PM

Mula* Until 1:19AM Fri
Sadhya Until 1:19AM Fri
Vanija Until 7:62AM Fri
Dvitiya Until 13:27AM Thu

Ganesh: White *Sunrise:* 3:22AM
Muruga: White *Sunset:* 7:45PM
Nataraja: Purple
Moon – Light Blue

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga
Until 1:19AM Fri

Then Routine Work - Prabalarishta Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Balava Karana Tritiyayam Titau

Warsaw, Poland
Sun 2 Sutra 47

Dhanus Rasi: 15.39 Tiithi 18

Gulika 5:25AM – 7:28AM
Yama 3:40PM – 5:43PM
Rahu 9:31AM – 11:34AM

Purvashadha* Until 11:47PM Sat
Subha Until 4:17AM Sat
Vanija Until 10:30AM Sat
Tritiya Until 14:18AM Fri

Ganesh: Yellow *Sunrise:* 3:21AM
Muruga: White *Sunset:* 7:47PM
Nataraja: Purple
Moon – Light Blue

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Routine Work Prabalarishta Yoga
Until 11:47PM Sat

Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Bava Karana Chaturthyam Titau

Warsaw, Poland
Sun 3 Sutra 48

Dhanus Rasi: 27.3 Tiithi 19

Gulika 3:21AM – 5:24AM
Yama 1:38PM – 3:41PM
Rahu 7:27AM – 9:31AM

Purvashadha* Until 11:47PM
Sukla Until 7:15AM Sun
Bava Until 10:30AM
Chaturthi* Until 11:47PM

Ganesh: Yellow *Sunrise:* 3:21AM
Muruga: White *Sunset:* 7:48PM
Nataraja: Purple
Moon – Light Blue

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Routine Work Marana Yoga
Until 11:47PM

Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Vanija Karana Panchamyam Titau

Warsaw, Poland
Sun 4 Sutra 49

Makara Rasi: 9.17 Tiithi 20

Gulika 3:42PM – 5:45PM
Yama 11:34AM – 1:38PM
Rahu 5:45PM – 7:49PM

Uttarashadha Until 4:46AM Tue Mon
Brahma Until 7:15AM
Kaulava Until 15:37AM Mon
Panchami Until 16:27AM Sun

Ganesh: Yellow *Sunrise:* 3:20AM
Muruga: White *Sunset:* 7:49PM
Nataraja: Purple
Moon – Light Blue

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Amrita Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Shashthyam Titau

Warsaw, Poland
Sun 5 Sutra 50

Makara Rasi: 21.05 Tiithi 21

Family Home Evening

Gulika 1:38PM – 3:42PM
Yama 9:31AM – 11:34AM
Rahu 5:23AM – 7:27AM

Uttarashadha Until 4:46AM Tue
Indra Until 10:32AM
Gara Until 17:51AM Tue
Shashthi* Until 17:30AM Mon

Ganesh: Blue *Sunrise:* 3:19AM
Muruga: White *Sunset:* 7:50PM
Nataraja: Purple
Moon – Purple

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Amrita Yoga

Until 4:46AM Tue

Then Creative Work - Siddha Yoga

Devaloka Day

6

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Visti*/Balava Karana Saptamyam Titau

Warsaw, Poland
Sun 6 Sutra 51

Kumbha Rasi: 2.58 Tiithi 22

Gulika 11:35AM – 1:39PM
Yama 7:27AM – 9:31AM
Rahu 3:43PM – 5:47PM

Dhanishtha Until 6:45AM Wed
Vaidhriti* Until 1:25PM
Visti Until 19:33AM Wed
Saptami Until 18:17AM Tue

Ganesh: Purple *Sunrise:* 3:18AM
Muruga: White *Sunset:* 7:51PM
Nataraja: White
Moon – Purple

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga

Until 6:45AM Wed

Then Routine Work - Marana Yoga

Devaloka Day

Retreat Star

Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Purvaproshtapada* Nakshatra Vishkambha* Yoga Bava Karana Saptami/Ashtamyam Titau

Warsaw, Poland
Sun 7 Sutra 52

Kumbha Rasi: 15 Tiithi 22 – 23

Gulika 9:31AM – 11:35AM
Yama 5:22AM – 7:26AM
Rahu 11:35AM – 1:39PM

Dhanishtha Until 6:45AM
Vishkambha* Until 3:39PM
Bava Until 6:45AM
Saptami Until 6:45AM

Ganesh: Purple *Sunrise:* 3:18AM
Muruga: White *Sunset:* 7:52PM
Nataraja: White
Moon – Purple

Vilamba 5120
Moon 5 - Phase 7
Ashtami

Creative Work Siddha Yoga

Until 6:45AM

Then Creative Work - Amrita Yoga

Devaloka Day

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Priti Yoga Kaulava Karana Ashtami/Navamyam Titau

Warsaw, Poland
Sun 8 Sutra 53

Kumbha Rasi: 27.17 Tiithi 23 – 24

Gulika 7:26AM – 9:31AM
Yama 3:17AM – 5:22AM
Rahu 1:39PM – 3:44PM

Purvaproshtapada* Until 8:44AM Fri
Priti Until 5:33PM
Kaulava Until 8:08AM
Ashtami* Until 8:08AM

Ganesh: Blue *Sunrise:* 3:17AM
Muruga: White *Sunset:* 7:53PM
Nataraja: White
Moon – Clear

Vilamba 5120
Moon 5 - Phase 7
Navami

Creative Work Siddha Yoga

Devaloka Day

Jyeshtha Adhika-Vaikasi

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, June 8, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Bava Karana Navami/Dashamyam Titau		Warsaw, Poland Sun 9 Sutra 54 Vilamba 5120	
Gulika 5:21AM – 7:26AM	Purvaproshtapada* Until 8:44AM	Ganesha: Red <i>Sunrise:</i> 3:17AM	
Yama 3:44PM – 5:49PM	Ayushman Until 6:31PM	Muruga: White <i>Sunset:</i> 7:54PM	Moon 5 - Phase 8
Rahu 9:31AM – 11:35AM	Bava Until 8:44PM	Nataraja: White	2nd Phase
	Navami* Until 6:33PM	Moon – Clear	Bhuloka Day
		Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM

2 Saturday, June 9, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Warsaw, Poland Sun 10 Sutra 55 Vilamba 5120	
Gulika 3:16AM – 5:21AM	Uttaraproshtapada Until 8:29AM	Ganesha: Red <i>Sunrise:</i> 3:16AM	
Yama 1:40PM – 3:45PM	Saubhagya Until 6:29PM	Muruga: White <i>Sunset:</i> 7:54PM	Moon 5 - Phase 8
Rahu 7:26AM – 9:31AM	Bava Until 7:64PM	Nataraja: White	2nd Phase
	Dashami Until 16:18AM Sat	Moon – Clear	Bhuloka Day
		Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM

3 Sunday, June 10, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Warsaw, Poland Sun 11 Sutra 56 Vilamba 5120	
Gulika 3:45PM – 5:50PM	Ashvini Until 3:05AM Tue Mon	Ganesha: Green <i>Sunrise:</i> 3:16AM	
Yama 11:35AM – 1:40PM	Sobhana Until 5:58PM	Muruga: White <i>Sunset:</i> 7:55PM	Moon 5 - Phase 8
Rahu 5:50PM – 7:55PM	Kaulava Until 6:36PM	Nataraja: White	2nd Phase
	Ekadashi* Until 14:13AM Sun	Moon – White	Bhuloka Day
		Jyeshtha Adhika-Vaikasi	

4 Monday, June 11, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Visti* Karana Trayodashyam Titau		Warsaw, Poland Sun 12 Sutra 57 Vilamba 5120	
Gulika 1:41PM – 3:46PM	Ashvini Until 3:05AM Tue	Ganesha: Green <i>Sunrise:</i> 3:15AM	
Yama 9:31AM – 11:36AM	Athiganda* Until 7:78AM Tue	Muruga: White <i>Sunset:</i> 7:56PM	Moon 5 - Phase 8
Rahu 5:21AM – 7:26AM	Gara Until 13:40AM Tue	Nataraja: White	2nd Phase
	Trayodashi* Until 11:30AM Mon	Moon – White	Bhuloka Day
		Jyeshtha Adhika-Vaikasi	

Pradosha Vrata (Fasting)

5 Tuesday, June 12, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Catuspada* Karana Chaturdashyam Titau		Warsaw, Poland Sun 13 Sutra 58 Vilamba 5120	
Gulika 11:36AM – 1:41PM	Bharani Until 12:06AM Wed	Ganesha: Green <i>Sunrise:</i> 3:15AM	
Yama 7:26AM – 9:31AM	Sukarma Until 2:29PM	Muruga: White <i>Sunset:</i> 7:57PM	Moon 5 - Phase 8
Rahu 3:46PM – 5:51PM	Visti Until 10:30AM Wed	Nataraja: White	2nd Phase
	Chaturdashi* Until 7:78AM Tue	Moon – White	Bhuloka Day
		Jyeshtha Adhika-Vaikasi	

Wednesday, June 13, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau		Warsaw, Poland Sun 14 Sutra 59 Vilamba 5120	
Gulika 9:31AM – 11:36AM	Rohini Until 5:16PM Thu	Ganesha: White <i>Sunrise:</i> 3:15AM	
Yama 5:20AM – 7:25AM	Shula* Until 12:15PM	Muruga: White <i>Sunset:</i> 7:57PM	Moon 5 - Phase 8
Rahu 11:36AM – 1:41PM	Catuspada Until 6:63AM Thu	Nataraja: White	Amavasya
	Amavasya* Until 4:43AM Wed	Moon – Yellow	Bhuloka Day
		Jyeshtha Adhika-Vaikasi	

Thursday, June 14, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Warsaw, Poland Sun 15 Sutra 60 Vilamba 5120	
Gulika 7:25AM – 9:31AM	Rohini Until 5:16PM	Ganesha: Clear <i>Sunrise:</i> 3:15AM	
Yama 3:15AM – 5:20AM	Ganda* Until 9:37AM	Muruga: White <i>Sunset:</i> 7:58PM	Moon 5 - Phase 8
Rahu 1:42PM – 3:47PM	Kintughna Until 3:31AM Fri	Nataraja: White	Prathama
	Prathama* Until 12:52AM Thu	Moon – Yellow	Bhuloka Day
		Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Warsaw, Poland Sun 16 Sutra 61	
Mithuna Rasi: 19.25	Tithi 2 - 3	Gulika 5:20AM - 7:25AM	Mrigashira Until 1:44PM	Ganesha: Clear	<i>Sunrise:</i> 3:15AM	Vilamba 5120	
		Yama 3:47PM - 5:53PM	Vridhhi Until 4:56PM	Muruga: White	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 Rahu 9:31AM - 11:36AM	Taitila Until 11:62PM	Nataraja: White		3rd Phase	
			Dvitiya Until 8:53PM	Moon - Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Warsaw, Poland Sun 17 Sutra 62	
Kataka Rasi: 4.24	Tithi 3 - 4	Gulika 3:14AM - 5:20AM	Ardra Until 10:20AM	Ganesha: Orange	<i>Sunrise:</i> 3:14AM	Vilamba 5120	
		Yama 1:42PM - 3:48PM	Dhruva Until 1:51AM Sun	Muruga: White	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 7:26AM - 9:31AM	Vanija Until 8:44PM	Nataraja: White		3rd Phase	
Until 10:20AM			Tritiya Until 4:56PM	Moon - Blue		Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Warsaw, Poland Sun 18 Sutra 63	
Kataka Rasi: 19.11	Tithi 4 - 5	Gulika 3:48PM - 5:54PM	Pushya Until 7:11AM	Ganesha: Orange	<i>Sunrise:</i> 3:14AM	Vilamba 5120	
		Yama 11:37AM - 1:42PM	Vyaghata* Until 11:40PM	Muruga: White	<i>Sunset:</i> 7:59PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 5:54PM - 7:59PM	Bava Until 5:46PM	Nataraja: White		3rd Phase	
Until 7:11AM			Chaturthi* Until 9:28AM Sun	Moon - Blue		Bhuloka Day	
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Kaulava Karana Shashthiyam Titau				Warsaw, Poland Sun 19 Sutra 64	
Simha Rasi: 3.42	Tithi 6	Gulika 1:43PM - 3:48PM	Ashlesha* Until 2:09AM Tue	Ganesha: Green	<i>Sunrise:</i> 3:14AM	Vilamba 5120	
Family Home Evening		Yama 9:31AM - 11:37AM	Harshana Until 10:14PM	Muruga: White	<i>Sunset:</i> 8:00PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 Rahu 5:20AM - 7:26AM	Kaulava Until 3:15PM	Nataraja: White		3rd Phase	
Until 2:09AM Tue			Shashthi* Until 2:09AM Tue	Moon - Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Visti* Karana Saptamyam Titau				Warsaw, Poland Sun 20 Sutra 65	
Simha Rasi: 17.52	Tithi 7	Gulika 11:37AM - 1:43PM	Purvaphalguni Until 9:12PM	Ganesha: Green	<i>Sunrise:</i> 3:14AM	Vilamba 5120	
		Yama 7:26AM - 9:32AM	Siddhi Until 9:12PM	Muruga: White	<i>Sunset:</i> 8:00PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 Rahu 3:49PM - 5:54PM	Gara Until 11:49AM Wed	Nataraja: White		3rd Phase	
Until 9:12PM			Saptami Until 3:20AM Tue	Moon - Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani			

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Balava Karana Ashtamyam Titau				Warsaw, Poland Sun 21 Sutra 66	
Retreat Star		Gulika 9:32AM - 11:37AM	Uttaraphalguni Until 10:47PM Thu	Ganesha: Green	<i>Sunrise:</i> 3:15AM	Vilamba 5120	
Kanya Rasi: 1.4	Tithi 8	Yama 5:20AM - 7:26AM	Vyatipata* Until 8:36PM	Muruga: White	<i>Sunset:</i> 8:00PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	359132361 Rahu 11:37AM - 1:43PM	Visti Until 11:00AM Thu	Nataraja: White		Ashtami	
Until 10:47PM Thu			Ashtami* Until 12:55AM Wed	Moon - Red		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Ani			

Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Warsaw, Poland Sun 22 Sutra 67	
Retreat Star		Gulika 7:26AM - 9:32AM	Uttaraphalguni Until 10:47PM	Ganesha: Red	<i>Sunrise:</i> 3:15AM	Vilamba 5120	
Kanya Rasi: 15.08	Tithi 9	Yama 3:15AM - 5:20AM	Variyan Until 8:54PM	Muruga: White	<i>Sunset:</i> 8:01PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	369132361 Rahu 1:43PM - 3:49PM	Balava Until 10:45AM Fri	Nataraja: White		Navami	
Until 10:47PM			Navami* Until 11:01PM	Moon - Green		Bhuloka Day	
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1

Friday, June 22, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Parigha* Yoga Tailita Karana Dashamyam TitauWarsaw, Poland
Sun 23 Sutra 68

Kanya Rasi: 28.16 Tiithi 10

Gulika 5:21AM – 7:26AM

Chitra Until 11:21PM Sat

Ganesh: Green Sunrise: 3:15AM

Vilamba 5120

Yama 3:49PM – 5:55PM

Parigha* Until 9:35PM

Muruga: White Sunset: 8:01PM

Moon 5 - Phase 10

361132361 Rahu 9:32AM – 11:38AM

Tailita Until 10:45AM

Nataraja: White

4th Phase

Creative Work Siddha Yoga

Dashami Until 10:49PM

Moon – Green

Bhuloka Day

Jyeshtha-Ani

2

Saturday, June 23, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Shiva Yoga Vanija/Bava Karana Ekadashyam TitauWarsaw, Poland
Sun 24 Sutra 69

Tula Rasi: 11.08 Tiithi 11

Gulika 3:15AM – 5:21AM

Chitra Until 11:21PM

Ganesh: Green Sunrise: 3:15AM

Vilamba 5120

Yama 1:44PM – 3:50PM

Shiva Until 10:38PM

Muruga: White Sunset: 8:01PM

Moon 5 - Phase 10

361132361 Rahu 7:27AM – 9:32AM

Vanija Until 11:50AM Sun

Nataraja: White

4th Phase

Creative Work Siddha Yoga

Ekadashi Until 8:32PM

Moon – Green

Bhuloka Day

Jyeshtha-Ani

3

Sunday, June 24, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Siddha Yoga Bava Karana Dvadashyam TitauWarsaw, Poland
Sun 25 Sutra 70

Tula Rasi: 23.45 Tiithi 12

Gulika 3:50PM – 5:55PM

Svati Until 12:23AM Mon

Ganesh: Red Sunrise: 3:16AM

Vilamba 5120

Yama 11:38AM – 1:44PM

Siddha Until 12:28AM Mon

Muruga: Clear Sunset: 8:01PM

Moon 5 - Phase 10

371142361 Rahu 5:55PM – 8:01PM

Bava Until 11:50AM

Nataraja: White

4th Phase

Routine Work Marana Yoga

Dvadashi Until 12:23AM Mon

Moon – Orange

Devaloka Day

Jyeshtha-Ani

Until 12:23AM Mon

Then Creative Work - Siddha Yoga

4

Monday, June 25, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Sadhya Yoga Kaulava/Gara Karana Trayodashyam TitauWarsaw, Poland
Sun 26 Sutra 71

Vrischika Rasi: 6.1 Tiithi 13

Gulika 1:44PM – 3:50PM

Vishakha Until 1:50AM Tue

Ganesh: Red Sunrise: 3:16AM

Vilamba 5120

Family Home Evening

Yama 9:33AM – 11:38AM

Sadhya Until 2:33AM Tue

Muruga: Clear Sunset: 8:01PM

Moon 5 - Phase 10

Creative Work Siddha Yoga

371142361 Rahu 5:22AM – 7:27AM

Kaulava Until 14:44AM Tue

Nataraja: White

4th Phase

Until 1:50AM Tue

Trayodashi Until 7:45PM

Moon – Orange

Devaloka Day

Jyeshtha-Ani

Then Routine Work - Marana Yoga

Pradosha Vrata

5

Tuesday, June 26, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Subha Yoga Gara Karana Chaturdashyam TitauWarsaw, Poland
Sun 27 Sutra 72

Vrischika Rasi: 18.24 Tiithi 14

Gulika 11:39AM – 1:44PM

Anuradha Until 3:40AM Wed

Ganesh: Red Sunrise: 3:16AM

Vilamba 5120

Yama 7:27AM – 9:33AM

Subha Until 4:51AM Wed

Muruga: Clear Sunset: 8:01PM

Moon 5 - Phase 10

371142361 Rahu 3:50PM – 5:55PM

Gara Until 2:44PM

Nataraja: White

4th Phase

Routine Work Marana Yoga

Chaturdashi* Until 3:40AM Wed

Moon – Orange

Devaloka Day

Jyeshtha-Ani

O

Wednesday, June 27, 2018

Copper Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Sukla Yoga Visti*/Balava Karana Purnimayam TitauWarsaw, Poland
Sutra 73

Dhanus Rasi: 0.29 Tiithi 15

Gulika 9:33AM – 11:39AM

Mula* Until 8:16AM Fri Thu

Ganesh: Blue Sunrise: 3:17AM

Vilamba 5120

Yama 5:22AM – 7:28AM

Sukla Until 7:48AM Thu

Muruga: Clear Sunset: 8:01PM

Moon 5 - Phase 10

381142361 Rahu 11:39AM – 1:44PM

Visti Until 18:63AM Thu

Nataraja: White

Purnima

Routine Work Marana Yoga

Purnima* Until 8:20PM

Moon – Light Blue

Bhuloka Day

Jyeshtha-Ani

Until 8:16AM Fri Thu

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Siddha Yoga

Thursday, June 28, 2018

Silver Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Brahma Yoga Balava/Tailita Karana Prathamayam TitauWarsaw, Poland
Sutra 74

Dhanus Rasi: 12.26 Tiithi 16

Gulika 7:28AM – 9:34AM

Mula* Until 8:16AM Fri

Ganesh: Blue Sunrise: 3:17AM

Vilamba 5120

Yama 3:17AM – 5:23AM

Brahma Until 7:48AM

Muruga: Clear Sunset: 8:01PM

Moon 5 - Phase 10

381142361 Rahu 1:45PM – 3:50PM

Balava Until 21:34AM Fri

Nataraja: White

Prathama

Creative Work Siddha Yoga

Prathama* Until 9:01PM

Moon – Light Blue

Bhuloka Day

Jyeshtha-Ani

Until 8:16AM Fri

Devaloka Time: 12:PM to 3:PM

Then Routine Work - Prabalarishta Yoga



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Warsaw, Poland

Mula*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Sun 1 Sutra 76

Dhanus Rasi: 24.17 Tihti 16 – 17

Gulika 5:23AM – 7:29AM

Mula* Until 8:16AM

Ganesh: Blue Sunrise: 3:18AM

Vilamba 5120

Yama 3:50PM – 5:55PM

Indra Until 10:49AM

Muruga: Clear Sunset: 8:01PM

Moon 6 - Phase 11

381142361 Rahu 9:34AM – 11:39AM

Taitila Until 9:34PM

Nataraja: White

1st Phase

Routine Work Prabalarishta Yoga

Prathama* Until 9:57PM

Moon – Light Blue

Bhuloka Day

Until 8:16AM

Devaloka Time: 12:PM to 3:PM

Then Routine Work - Marana Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam

Warsaw, Poland

Purvashadha*/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 2 Sutra 77

Makara Rasi: 6.05 Tihti 17 – 18

Gulika 3:18AM – 5:24AM

Purvashadha* Until 10:51AM

Ganesh: Blue Sunrise: 3:18AM

Vilamba 5120

Yama 1:45PM – 3:50PM

Vaidhriti* Until 1:47PM

Muruga: Clear Sunset: 8:00PM

Moon 6 - Phase 11

381242361 Rahu 7:29AM – 9:34AM

Vanija Until 11:70PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Dvitiya Until 11:02PM

Moon – Light Blue

Bhuloka Day

Until 10:51AM

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam

Warsaw, Poland

Uttarashadha*/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 3 Sutra 78

Makara Rasi: 17.52 Tihti 18 – 19

Gulika 3:50PM – 5:55PM

Uttarashadha Until 1:26PM

Ganesh: Red Sunrise: 3:19AM

Vilamba 5120

Yama 11:40AM – 1:45PM

Vishkambha* Until 5:06PM

Muruga: Clear Sunset: 8:00PM

Moon 6 - Phase 11

391242361 Rahu 5:55PM – 8:00PM

Bava Until 2:43AM Mon

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Tritiya Until 12:09AM Sun

Moon – Purple

Devaloka Day

Until 1:26PM

Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam

Warsaw, Poland

Shravana*/Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 4 Sutra 79

Makara Rasi: 29.41 Tihti 19 – 20

Gulika 1:45PM – 3:50PM

Shravana Until 3:53PM

Ganesh: Yellow Sunrise: 3:20AM

Vilamba 5120

Yama 9:35AM – 11:40AM

Priti Until 8:05PM

Muruga: Clear Sunset: 8:00PM

Moon 6 - Phase 11

Family Home Evening

392242361 Rahu 5:25AM – 7:30AM

Kaulava Until 4:61AM Tue

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 1:14AM Mon

Moon – Purple

Devaloka Day

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Warsaw, Poland

Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Taitila/Gara Karana Panchamyam Titau

Sun 5 Sutra 80

Kumbha Rasi: 11.35 Tihti 20

Gulika 11:40AM – 1:45PM

Dhanishtha Until 6:00PM

Ganesh: Yellow Sunrise: 3:21AM

Vilamba 5120

Yama 7:30AM – 9:35AM

Ayushman Until 10:34PM

Muruga: Clear Sunset: 7:59PM

Moon 6 - Phase 11

392242361 Rahu 3:50PM – 5:55PM

Gara Until 6:55AM Wed

Nataraja: White

1st Phase

Routine Work Marana Yoga

Panchami Until 2:10AM Tue

Moon – Purple

Devaloka Day

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam

Warsaw, Poland

Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Visti* Karana Shashthyam Titau

Sun 6 Sutra 81

Kumbha Rasi: 23.4 Tihti 21

Gulika 9:35AM – 11:40AM

Purvaproshtapada* Until 8:38PM Thu

Ganesh: Orange Sunrise: 3:21AM

Vilamba 5120

Yama 5:26AM – 7:31AM

Saubhagya Until 12:53AM Thu

Muruga: Clear Sunset: 7:59PM

Moon 6 - Phase 11

312242361 Rahu 11:40AM – 1:45PM

Gara Until 7:75AM Thu

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Shashthi* Until 2:46AM Wed

Moon – Clear

Devaloka Day

Until 8:38PM Thu

Then Creative Work - Siddha Yoga

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam

Warsaw, Poland

Purvaproshtapada*/Uttaraproshtapada Nakshatra Sobhana Yoga Visti* Karana Saptamyam Titau

Sun 7 Sutra 82

Meena Rasi: 5.58 Tihti 22

Gulika 7:31AM – 9:36AM

Purvaproshtapada* Until 8:38PM

Ganesh: Orange Sunrise: 3:22AM

Vilamba 5120

Yama 3:22AM – 5:27AM

Sobhana Until 2:23AM Fri

Muruga: Clear Sunset: 7:58PM

Moon 6 - Phase 11

312242361 Rahu 1:45PM – 3:49PM

Visti Until 8:15AM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Saptami Until 8:38PM

Moon – Clear

Devaloka Day

D

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Warsaw, Poland

Uttaraproshtapada*/Revati Nakshatra Athiganda* Yoga Balava Karana Ashtamyam Titau

Sun 8 Sutra 83

Meena Rasi: 18.34 Tihti 23

Gulika 5:27AM – 7:32AM

Uttaraproshtapada Until 8:54PM

Ganesh: Orange Sunrise: 3:23AM

Vilamba 5120

Yama 3:49PM – 5:54PM

Athiganda* Until 2:59AM Sat

Muruga: Clear Sunset: 7:58PM

Moon 6 - Phase 11

312242361 Rahu 9:36AM – 11:40AM

Balava Until 8:53AM

Nataraja: White

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 8:54PM

Moon – Clear

Devaloka Day

Until 8:54PM

Then Creative Work - Amrita Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam

Warsaw, Poland

Revati/Ashvini Nakshatra Sukarma Yoga Taitila/Vanija Karana Navamyam Titau

Sun 8 Sutra 83

Mesha Rasi: 1.33 Tihti 24

Gulika 3:24AM – 5:28AM

Revati Until 8:21PM

Ganesh: Orange Sunrise: 3:24AM

Vilamba 5120

Yama 1:45PM – 3:49PM

Sukarma Until 21:58AM Sun

Muruga: Clear Sunset: 7:57PM

Moon 6 - Phase 11

422242361 Rahu 7:32AM – 9:36AM

Taitila Until 7:48AM Sun

Nataraja: White

Navami

Creative Work Siddha Yoga

Navami* Until 1:43AM Sat

Moon – White


Devaloka Day

1	Sunday, July 8, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Vanija Karana Dashamyam Titau	Warsaw, Poland Sun 9 Sutra 84 Vilamba 5120
	Mesha Rasi: 14.58 Tithi 25	Gulika 3:49PM – 5:53PM Ashvini Until 7:01PM Yama 11:41AM – 1:45PM Dhriti Until 2:18AM Mon Rahu 5:53PM – 7:57PM Vanija Until 7:48AM Dashami Until 7:01PM	Ganesh: Orange <i>Sunrise:</i> 3:25AM Muruga: Clear <i>Sunset:</i> 7:57PM Moon 6 - Phase 12 Nataraja: White Moon – White Devaloka Day Jyeshtha•Ani
Routine Work Prabalarishta Yoga Until 7:01PM Then Creative Work - Siddha Yoga			

2	Monday, July 9, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau	Warsaw, Poland Sun 10 Sutra 85 Vilamba 5120
	Mesha Rasi: 28.49 Tithi 26 – 27 Family Home Evening	Gulika 1:45PM – 3:48PM Bharani Until 4:57PM Yama 9:37AM – 11:41AM Shula* Until 12:40AM Tue Rahu 5:30AM – 7:33AM Bava Until 3:41AM Tue Ekadashi* Until 9:58PM	Ganesh: Orange <i>Sunrise:</i> 3:26AM Muruga: Clear <i>Sunset:</i> 7:56PM Moon 6 - Phase 12 Nataraja: White Moon – White Devaloka Day Jyeshtha•Ani
Routine Work Marana Yoga Until 4:57PM Then Creative Work - Amrita Yoga			

3	Tuesday, July 10, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ganda*/Vridhhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	Warsaw, Poland Sun 11 Sutra 86 Vilamba 5120
	Vrisshabha Rasi: 13.07 Tithi 27 – 28	Gulika 11:41AM – 1:45PM Krittika Until 2:15PM Yama 7:34AM – 9:38AM Ganda* Until 10:44PM Rahu 3:48PM – 5:52PM Gara Until 12:44AM Wed Dvadashi* Until 7:10PM	Ganesh: Light Blue <i>Sunrise:</i> 3:27AM Muruga: Clear <i>Sunset:</i> 7:55PM Moon 6 - Phase 12 Nataraja: White Moon – Yellow Bhuloka Day Jyeshtha•Ani Devaloka Time: 12:PM to 3:PM
Creative Work Amrita Yoga Until 2:15PM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>	

4	Wednesday, July 11, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Warsaw, Poland Sun 12 Sutra 87 Vilamba 5120
	Vrisshabha Rasi: 27.49 Tithi 28 – 29	Gulika 9:38AM – 11:41AM Rohini Until 11:04AM Yama 5:31AM – 7:35AM Vriddhi Until 7:72AM Thu Rahu 11:41AM – 1:44PM Visti Until 9:22PM Trayodashi* Until 12:11AM Wed	Ganesh: Light Blue <i>Sunrise:</i> 3:28AM Muruga: Clear <i>Sunset:</i> 7:54PM Moon 6 - Phase 12 Nataraja: White Moon – Yellow Bhuloka Day Jyeshtha•Ani Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga			

	Thursday, July 12, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Warsaw, Poland Sun 13 Sutra 88 Vilamba 5120
	Mithuna Rasi: 12.48 Tithi 29 – 30	Gulika 7:35AM – 9:38AM Mrigashira Until 7:33AM Yama 3:29AM – 5:32AM Dhruva Until 5:17PM Rahu 1:44PM – 3:47PM Catuspada Until 5:43PM Chaturdashi* Until 7:72AM Thu	Ganesh: Light Blue <i>Sunrise:</i> 3:29AM Muruga: Clear <i>Sunset:</i> 7:53PM Moon 6 - Phase 12 Nataraja: White Moon – Yellow Bhuloka Day Jyeshtha•Ani Devaloka Time: 12:PM to 3:PM
Routine Work Marana Yoga Until 7:33AM Then Creative Work - Amrita Yoga			

Friday, July 13, 2018	Retreat Star	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Balava Karana Prathamayam Titau	Warsaw, Poland Sun 14 Sutra 89 Vilamba 5120
	Mithuna Rasi: 27.57 Tithi 1	Gulika 5:33AM – 7:36AM Punarvasu Until 8:28PM Sat Yama 3:47PM – 5:50PM Harshana Until 2:30PM Rahu 9:39AM – 11:41AM Kintughna Until 10:16AM Sat Prathama* Until 4:04AM Fri	Ganesh: Purple <i>Sunrise:</i> 3:30AM Muruga: Clear <i>Sunset:</i> 7:53PM Moon 6 - Phase 12 Nataraja: White Moon – Blue Bhuloka Day Ashada•Ani Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga Until 8:28PM Sat Then Routine Work - Marana Yoga		Partial Solar Eclipse	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Vajra* Yoga Balava/Taitila Karana Dvitiyayam Titau		Warsaw, Poland Sun 15 Sutra 90	
Kataka Rasi: 13.07	Tithi 2	Gulika	3:31AM – 5:34AM	Punarvasu Until 8:28PM	Ganesh: Purple	<i>Sunrise:</i> 3:31AM	Vilamba 5120		
		Yama	1:44PM – 3:47PM	Vajra* Until 7:51PM	Muruga: Clear	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 13		
		442242361 Rahu	7:36AM – 9:39AM	Balava Until 6:46AM Sun	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 11:55PM	Moon – Blue		Bhuloka Day		
Until 8:28PM					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Vanija Karana Tritiya/Chaturthiyam Titau		Warsaw, Poland Sun 16 Sutra 91	
Kataka Rasi: 28.08	Tithi 3 – 4	Gulika	3:46PM – 5:48PM	Pushya Until 5:07PM	Ganesh: Purple	<i>Sunrise:</i> 3:33AM	Vilamba 5120		
		Yama	11:42AM – 1:44PM	Siddhi Until 8:51AM	Muruga: Clear	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 13		
		442242361 Rahu	5:48PM – 7:51PM	Taitila Until 3:37AM Mon	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 7:51PM	Moon – Blue		Bhuloka Day		
Until 5:07PM					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Warsaw, Poland Sun 17 Sutra 92	
Simha Rasi: 12.53	Tithi 4 – 5	Gulika	1:44PM – 3:46PM	Ashlesha* Until 2:12PM	Ganesh: Purple	<i>Sunrise:</i> 3:34AM	Vilamba 5120		
Family Home Evening		Yama	9:40AM – 11:42AM	Vyatipata* Until 6:43AM	Muruga: Clear	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 13		
		453242361 Rahu	5:36AM – 7:38AM	Bava Until 12:57AM Tue	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga			Chaturthi* Until 12:34AM Mon	Moon – Red		Bhuloka Day		
Until 2:12PM					Ashada*Adi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Taitila Karana Panchami/Shashthiyam Titau		Warsaw, Poland Sun 18 Sutra 93	
Simha Rasi: 27.17	Tithi 5 – 6	Gulika	11:42AM – 1:43PM	Magha* Until 11:49AM	Ganesh: Purple	<i>Sunrise:</i> 3:35AM	Vilamba 5120		
		Yama	7:38AM – 9:40AM	Variyan Until 3:39AM Wed	Muruga: Clear	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 13		
		453242362 Rahu	3:45PM – 5:47PM	Taitila Until 10:53PM	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga			Panchami Until 9:31AM Tue	Moon – Red		Devaloka Day		
Until 11:49AM					Ashada*Adi				
Then Creative Work - Siddha Yoga									

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Warsaw, Poland Sun 19 Sutra 94	
Kanya Rasi: 11.15	Tithi 6 – 7	Gulika	9:40AM – 11:42AM	Uttaraphalguni Until 10:06AM	Ganesh: Clear	<i>Sunrise:</i> 3:36AM	Vilamba 5120		
		Yama	5:38AM – 7:39AM	Parigha* Until 4:66AM Thu	Muruga: Clear	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 13		
		463242362 Rahu	11:42AM – 1:43PM	Gara Until 9:31PM	Nataraja: Clear		3rd Phase		
Routine Work	Marana Yoga			Shashthi* Until 7:01AM Wed	Moon – Green		Sivaloka Day		
Until 10:06AM					Ashada*Adi				
Then Creative Work - Siddha Yoga									

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Warsaw, Poland Sun 20 Sutra 95	
Kanya Rasi: 24.48	Tithi 7 – 8	Gulika	7:40AM – 9:41AM	Hasta Until 9:05AM	Ganesh: Clear	<i>Sunrise:</i> 3:38AM	Vilamba 5120		
		Yama	3:38AM – 5:39AM	Siddha Until 3:37AM Fri	Muruga: Clear	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13		
		463242362 Rahu	1:43PM – 3:44PM	Visti Until 8:52PM	Nataraja: Clear		Ashtami		
Creative Work	Siddha Yoga			Saptami Until 4:66AM Thu	Moon – Green		Sivaloka Day		
Until 9:05AM					Ashada*Adi				
Then Creative Work - Amrita Yoga									

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Warsaw, Poland Sun 21 Sutra 96	
Tula Rasi: 7.57	Tithi 8 – 9	Gulika	5:40AM – 7:40AM	Chitra Until 8:48AM	Ganesh: Clear	<i>Sunrise:</i> 3:39AM	Vilamba 5120		
		Yama	3:43PM – 5:44PM	Sadhya Until 4:26AM Sat	Muruga: Clear	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 13		
		463242362 Rahu	9:41AM – 11:42AM	Balava Until 8:57PM	Nataraja: Clear		Navami		
Creative Work	Siddha Yoga			Ashtami* Until 3:45AM Fri	Moon – Green		Sivaloka Day		
					Ashada*Adi				

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Kaulava Karana Navami/Dashamyam Titau		Warsaw, Poland Sun 22 Sutra 97	
Tula Rasi: 20.44	Tithi 9 – 10	Gulika	3:40AM – 5:41AM	Svati Until 9:13AM	Ganesh: White	<i>Sunrise:</i> 3:40AM	Vilamba 5120		
		Yama	1:42PM – 3:43PM	Subha Until 6:12AM Sun	Muruga: Clear	<i>Sunset:</i> 7:44PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	473242362 Rahu	7:41AM – 9:42AM	Kaulava Until 9:13AM	Nataraja: Clear		4th Phase		
				Navami* Until 9:13AM	Moon – Orange		Devaloka Day		
					Ashada*Adi				

2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara Karana Dashami/Ekadashyam Titau		Warsaw, Poland Sun 23 Sutra 98	
Vrischika Rasi: 3.13	Tithi 10 – 11	Gulika	3:42PM – 5:42PM	Vishakha Until 11:52AM Mon	Ganesh: White	<i>Sunrise:</i> 3:42AM	Vilamba 5120		
		Yama	11:42AM – 1:42PM	Sukla Until 6:12AM	Muruga: Clear	<i>Sunset:</i> 7:42PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 Rahu	5:42PM – 7:42PM	Gara Until 10:17AM	Nataraja: Clear		4th Phase		
				Dashami Until 10:17AM	Moon – Orange		Devaloka Day		
					Ashada*Adi				

3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau		Warsaw, Poland Sun 24 Sutra 99	
Vrischika Rasi: 15.28	Tithi 11 – 12	Gulika	1:42PM – 3:42PM	Vishakha Until 11:52AM	Ganesh: White	<i>Sunrise:</i> 3:43AM	Vilamba 5120		
Family Home Evening		Yama	9:42AM – 11:42AM	Brahma Until 8:20AM	Muruga: Clear	<i>Sunset:</i> 7:41PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	473242362 Rahu	5:43AM – 7:43AM	Balava Until 12:52AM Tue	Nataraja: Clear		4th Phase		
				Ekadashi Until 2:54AM Mon	Moon – Orange		Devaloka Day		
					Ashada*Adi				

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Warsaw, Poland Sun 25 Sutra 100	
Vrischika Rasi: 27.32	Tithi 12 – 13	Gulika	11:42AM – 1:42PM	Jyeshtha* Until 4:14PM Wed	Ganesh: White	<i>Sunrise:</i> 3:45AM	Vilamba 5120		
		Yama	7:43AM – 9:43AM	Indra Until 10:45AM	Muruga: Clear	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 Rahu	3:41PM – 5:40PM	Kaulava Until 2:63AM Wed	Nataraja: Clear		4th Phase		
Until 4:14PM Wed				Dvadashi Until 3:26AM Tue	Moon – Orange		Devaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				
					<i>Pradosha Vrata</i>				

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland Sun 26 Sutra 101	
Dhanus Rasi: 9.28	Tithi 13 – 14	Gulika	9:43AM – 11:42AM	Jyeshtha* Until 4:14PM	Ganesh: Red	<i>Sunrise:</i> 3:46AM	Vilamba 5120		
		Yama	5:45AM – 7:44AM	Vaidhriti* Until 1:48PM	Muruga: Clear	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362 Rahu	11:42AM – 1:41PM	Gara Until 5:30AM Thu	Nataraja: Clear		4th Phase		
Until 4:14PM				Trayodashi Until 4:16AM Wed	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				

6		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashyam Titau		Warsaw, Poland Sun 27 Sutra 102	
Dhanus Rasi: 21.18	Tithi 14	Gulika	7:45AM – 9:43AM	Purvashadha* Until 9:21PM Fri	Ganesh: Red	<i>Sunrise:</i> 3:47AM	Vilamba 5120		
		Yama	3:47AM – 5:46AM	Vishkambha* Until 6:89AM Sat Fri	Muruga: Clear	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	483342362 Rahu	1:41PM – 3:39PM	Visti Until 7:65AM Fri	Nataraja: Clear		4th Phase		
Until 9:21PM Fri				Chaturdashi* Until 5:15AM Thu	Moon – Light Blue		Sivaloka Day		
Then Routine Work - Marana Yoga					Ashada*Adi				

○		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Balava Karana Purnimayam Titau		Warsaw, Poland Sun 28 Sutra 103	
Copper Retreat Star		Gulika	5:47AM – 7:45AM	Purvashadha* Until 9:21PM	Ganesh: Red	<i>Sunrise:</i> 3:49AM	Vilamba 5120		
Makara Rasi: 3.06	Tithi 15	Yama	3:39PM – 5:37PM	Vishkambha* Until 6:89AM Sat	Muruga: Clear	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362 Rahu	9:44AM – 11:42AM	Visti Until 10:39AM Sat	Nataraja: Clear		Purnima		
				Purnima* Until 6:21AM Fri	Moon – Light Blue		Sivaloka Day		
					Ashada*Adi				
		Total Lunar Eclipse							
		Satguru Purnima							

○		Saturday, July 28, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Balava Karana Prathamayam Titau		Warsaw, Poland Sun 29 Sutra 104	
Silver Retreat Star		Gulika	3:50AM – 5:48AM	Uttarashadha Until 11:53PM	Ganesh: Blue	<i>Sunrise:</i> 3:50AM	Vilamba 5120		
Makara Rasi: 14.53	Tithi 16	Yama	1:40PM – 3:38PM	Priti Until 11:08PM	Muruga: Clear	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 14		
Routine Work	Siddha Yoga	493342362 Rahu	7:46AM – 9:44AM	Balava Until 10:39AM	Nataraja: Clear		Prathama		
				Prathama* Until 11:53PM	Moon – Purple		Devaloka Day		
					Ashada*Adi				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitiyayam Titau

Warsaw, Poland

Sun 1 Sutra 105

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Makara Rasi: 26.43 Tihti 17

Gulika 3:37PM – 5:35PM
Yama 11:42AM – 1:40PM
Rahu 5:35PM – 7:32PM

Shravana Until 2:14AM Mon
Ayushman Until 9:20AM Mon
Taitila Until 15:19AM Mon

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Purple

Sunrise: 3:52AM
Sunset: 7:32PM

Devaloka Day

Routine Work Marana Yoga
Until 2:14AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Bava Karana Tritiyayam Titau

Warsaw, Poland

Sun 2 Sutra 106

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Kumbha Rasi: 8.37 Tihti 18

Gulika 1:39PM – 3:36PM
Yama 9:45AM – 11:42AM
Rahu 5:51AM – 7:48AM

Shatabhishak Until 5:56AM Wed Tue
Saubhagya Until 4:32AM Tue
Vanija Until 16:71AM Tue

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Purple

Sunrise: 3:53AM
Sunset: 7:31PM

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 5:56AM Wed Tue
Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Bava/Kaulava Karana Chaturthyam Titau

Warsaw, Poland

Sun 3 Sutra 107

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Kumbha Rasi: 20.39 Tihti 19

Gulika 11:42AM – 1:39PM
Yama 7:48AM – 9:45AM
Rahu 3:36PM – 5:32PM

Shatabhishak Until 5:56AM Wed
Sobhana Until 6:57AM Wed
Bava Until 18:36AM Wed

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear

Sunrise: 3:55AM
Sunset: 7:29PM

Devaloka Day

Routine Work Marana Yoga
Until 5:56AM Wed
Then Creative Work - Siddha Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Panchamyam Titau

Warsaw, Poland

Sun 4 Sutra 108

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Meena Rasi: 2.5 Tihti 20

Gulika 9:46AM – 11:42AM
Yama 5:53AM – 7:49AM
Rahu 11:42AM – 1:38PM

Purvaproshtapada* Until 7:06AM Thu
Athiganda* Until 6:57AM
Kaulava Until 19:29AM Thu

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear

Sunrise: 3:56AM
Sunset: 7:27PM

Devaloka Day

Creative Work Amrita Yoga
Until 7:06AM Thu
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland

Sun 5 Sutra 109

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Meena Rasi: 15.14 Tihti 20 – 21

Gulika 7:50AM – 9:46AM
Yama 3:58AM – 5:54AM
Rahu 1:38PM – 3:34PM

Purvaproshtapada* Until 7:06AM
Sukarma Until 9:67AM
Gara Until 7:29PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear

Sunrise: 3:58AM
Sunset: 7:26PM

Devaloka Day

Creative Work Siddha Yoga

Panchami Until 10:07AM Thu

Ashada*Adi

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada*/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija Karana Shashthi/Saptamyam Titau

Warsaw, Poland

Sun 6 Sutra 110

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Meena Rasi: 27.53 Tihti 21 – 22

Gulika 5:55AM – 7:51AM
Yama 3:33PM – 5:28PM
Rahu 9:46AM – 11:42AM

Uttaraproshtapada Until 7:41AM
Dhriti Until 9:46AM
Vanija Until 7:41AM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear

Sunrise: 4:00AM
Sunset: 7:24PM

Devaloka Day

Creative Work Siddha Yoga
Until 7:41AM
Then Creative Work - Amrita Yoga

Shashthi* Until 7:41AM

Ashada*Adi

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Warsaw, Poland

Sun 7 Sutra 111

Vilamba 5120

Moon 7 - Phase 15

Ashtami

Mesha Rasi: 10.51 Tihti 22 – 23

Gulika 4:01AM – 5:56AM
Yama 1:37PM – 3:32PM
Rahu 7:51AM – 9:47AM

Revati Until 7:37AM
Shula* Until 10:30AM
Balava Until 6:81PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – White

Sunrise: 4:01AM
Sunset: 7:22PM

Sivaloka Day

Creative Work Siddha Yoga

Saptami Until 8:28AM Sat

Ashada*Adi

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Warsaw, Poland

Sun 8 Sutra 112

Vilamba 5120

Moon 7 - Phase 15

Navami

Mesha Rasi: 24.1 Tihti 23 – 24

Gulika 3:31PM – 5:26PM
Yama 11:42AM – 1:36PM
Rahu 5:26PM – 7:20PM

Ashvini Until 6:53AM
Ganda* Until 4:41AM Mon
Taitila Until 5:76PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – White

Sunrise: 4:03AM
Sunset: 7:20PM

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 6:53AM
Then Creative Work - Siddha Yoga

Ashtami* Until 6:50AM Sun


Ashada*Adi

1		Monday, August 6, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Rohini Nakshatra Dhruva Yoga Vanija/Bava Karana Dashamyam Titau	Warsaw, Poland Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 7.53	Tithi 25	Gulika	1:36PM – 3:30PM	Bharani Until 3:24AM Tue	Ganesh: Clear	<i>Sunrise:</i> 4:04AM	
Family Home Evening	424342362	Yama	9:47AM – 11:41AM	Dhruva Until 9:29AM	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	5:59AM – 7:53AM	Vanija Until 13:70AM Tue	Nataraja: Clear		2nd Phase
Until 3:24AM Tue				Dashami Until 4:41AM Mon	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada•Adi		

2		Tuesday, August 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Mrigashira Nakshatra Vyaghata* Yoga Bava/Kaulava Karana Ekadashyam Titau	Warsaw, Poland Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 22	Tithi 26	Gulika	11:41AM – 1:35PM	Krittika Until 12:46AM Wed	Ganesh: Purple	<i>Sunrise:</i> 4:06AM	
	434342362	Yama	7:54AM – 9:47AM	Vyaghata* Until 8:13AM	Muruga: Clear	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu	3:29PM – 5:23PM	Bava Until 10:77AM Wed	Nataraja: Clear		2nd Phase
Until 12:46AM Wed				Ekadashi* Until 1:57AM Tue	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga					Ashada•Adi		

3		Wednesday, August 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Ardra Nakshatra Harshana Yoga Kaulava/Gara Karana Dvodashyam Titau	Warsaw, Poland Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 6.29	Tithi 27	Gulika	9:48AM – 11:41AM	Rohini Until 9:40PM	Ganesh: Purple	<i>Sunrise:</i> 4:07AM	
	434342362	Yama	6:01AM – 7:54AM	Harshana Until 6:16AM	Muruga: Clear	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	Rahu	11:41AM – 1:35PM	Kaulava Until 8:00AM Thu	Nataraja: Clear		2nd Phase
				Dvadashi* Until 10:47PM	Moon – Yellow		Devaloka Day
					Ashada•Adi		

4		Thursday, August 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Visti* Karana Trayodashyam Titau	Warsaw, Poland Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 21.19	Tithi 28	Gulika	7:55AM – 9:48AM	Mrigashira Until 6:14PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:09AM	
	444342362	Yama	4:09AM – 6:02AM	Vajra* Until 1:12AM Fri	Muruga: Clear	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu	1:34PM – 3:27PM	Gara Until 4:28AM Fri	Nataraja: Clear		2nd Phase
				Trayodashi* Until 7:13PM	Moon – Blue		Devaloka Day
					Ashada•Adi		
					<i>Pradosha Vrata (Fasting)</i>		

		Friday, August 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Warsaw, Poland Sun 13 Sutra 117 Vilamba 5120
Retreat Star		Gulika	6:03AM – 7:56AM	Punarvasu Until 2:37PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:11AM	
Kataka Rasi: 6.2	Tithi 29 – 30	Yama	3:26PM – 5:19PM	Siddhi Until 10:22PM	Muruga: Clear	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 16
	444342362	Rahu	9:48AM – 11:41AM	Catuspada Until 12:48AM Sat	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Chaturdashi* Until 11:18AM Fri	Moon – Blue		Devaloka Day
					Ashada•Adi		

Retreat Star		Saturday, August 11, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyalipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Warsaw, Poland Sun 14 Sutra 118 Vilamba 5120
Kataka Rasi: 21.28	Tithi 30 – 1	Gulika	4:12AM – 6:04AM	Pushya Until 10:57AM	Ganesh: Orange	<i>Sunrise:</i> 4:12AM	
	445342362	Yama	1:33PM – 3:25PM	Vyatipata* Until 7:25PM	Muruga: Clear	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	7:57AM – 9:49AM	Kintughna Until 8:70PM	Nataraja: Clear		Prathama
Until 10:57AM				Amavasya* Until 7:12AM Sat	Moon – Blue		Sivaloka Day
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Sravana•Adi		

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Warsaw, Poland	
Simha Rasi: 6.31	Tithi 1 – 2	Gulika	3:24PM – 5:16PM	Ashlesha* Until 7:24AM	Ganesh: Clear	Sunrise: 4:14AM	Sun 15 Sutra 119
		Yama	11:41AM – 1:32PM	Parigha* Until 4:56PM	Muruga: Clear	Sunset: 7:07PM	Vilamba 5120
		455342362 Rahu	5:16PM – 7:07PM	Balava Until 5:44PM	Nataraja: Clear		Moon 7 - Phase 17
Routine Work	Marana Yoga			Prathama* Until 3:10AM Sun	Moon – Red		3rd Phase
Until 7:24AM					Sravana-Adi		Sivaloka Day
Then Creative Work - Siddha Yoga							

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Vanija Karana Tritiyayam Titau				Warsaw, Poland	
Simha Rasi: 21.23	Tithi 3	Gulika	1:32PM – 3:23PM	Magha* Until 1:16AM Tue	Ganesh: Clear	Sunrise: 4:16AM	Sun 16 Sutra 120
Family Home Evening		Yama	9:49AM – 11:40AM	Shiva Until 2:38PM	Muruga: Clear	Sunset: 7:05PM	Vilamba 5120
		455342362 Rahu	6:07AM – 7:58AM	Taitila Until 11:63AM Tue	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga			Tritiya Until 11:19PM	Moon – Red		3rd Phase
Until 1:16AM Tue					Sravana-Adi		Sivaloka Day
Then Creative Work - Amrita Yoga							

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthyam Titau				Warsaw, Poland	
Kanya Rasi: 5.55	Tithi 4	Gulika	11:40AM – 1:31PM	Purvaphalguni Until 10:58PM	Ganesh: Clear	Sunrise: 4:17AM	Sun 17 Sutra 121
		Yama	7:59AM – 9:49AM	Siddha Until 12:42PM	Muruga: Clear	Sunset: 7:03PM	Vilamba 5120
		455342362 Rahu	3:22PM – 5:13PM	Vanija Until 9:65AM Wed	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Amrita Yoga			Chaturthi* Until 7:49PM	Moon – Red		3rd Phase
Until 10:58PM					Sravana-Adi		Sivaloka Day
Then Creative Work - Siddha Yoga							

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Panchamyam Titau				Warsaw, Poland	
Kanya Rasi: 20.02	Tithi 5	Gulika	9:50AM – 11:40AM	Uttaraphalguni Until 9:22PM	Ganesh: Purple	Sunrise: 4:19AM	Sun 18 Sutra 122
		Yama	6:09AM – 7:59AM	Sadhya Until 11:42AM	Muruga: Clear	Sunset: 7:01PM	Vilamba 5120
		465342362 Rahu	11:40AM – 1:30PM	Bava Until 8:52AM Thu	Nataraja: Clear		Moon 7 - Phase 17
Routine Work	Marana Yoga			Panchami Until 14:12AM Wed	Moon – Green		3rd Phase
Until 9:22PM		Nag Panchami			Sravana-Adi		Subha Sivaloka Day
Then Creative Work - Siddha Yoga							

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Svati Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Shashthyam Titau				Warsaw, Poland	
Tula Rasi: 3.43	Tithi 6	Gulika	8:00AM – 9:50AM	Hasta Until 8:32PM	Ganesh: Purple	Sunrise: 4:20AM	Sun 19 Sutra 123
		Yama	4:20AM – 6:10AM	Subha Until 11:17AM	Muruga: Clear	Sunset: 6:59PM	Vilamba 5120
		465342362 Rahu	1:30PM – 3:20PM	Kaulava Until 7:86AM Fri	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga			Shashthi* Until 12:17AM Thu	Moon – Green		3rd Phase
Until 8:32PM					Sravana-Adi		Subha Sivaloka Day
Then Creative Work - Amrita Yoga							

6 Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Visti* Karana Saptamyam Titau				Warsaw, Poland	
Tula Rasi: 16.56	Tithi 7	Gulika	6:11AM – 8:01AM	Svati Until 9:17PM Sat	Ganesh: Clear	Sunrise: 4:22AM	Sun 20 Sutra 124
		Yama	3:18PM – 5:08PM	Sukla Until 11:30AM	Muruga: Clear	Sunset: 6:57PM	Vilamba 5120
		565342362 Rahu	9:50AM – 11:40AM	Gara Until 8:50AM Sat	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga			Saptami Until 11:00AM Fri	Moon – Green		3rd Phase
					Sravana-Avani		Sivaloka Day

Retreat Star Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Balava Karana Ashtamyam Titau				Warsaw, Poland	
Tula Rasi: 29.45	Tithi 8	Gulika	4:24AM – 6:13AM	Svati Until 9:17PM	Ganesh: Purple	Sunrise: 4:24AM	Sun 21 Sutra 125
		Yama	1:28PM – 3:17PM	Brahma Until 12:49PM	Muruga: Clear	Sunset: 6:55PM	Vilamba 5120
		575342362 Rahu	8:02AM – 9:51AM	Visti Until 9:58AM Sun	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga			Ashtami* Until 10:21AM Sat	Moon – Orange		Ashtami
					Sravana-Avani		Subha Sivaloka Day

Retreat Star Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Navamyam Titau				Warsaw, Poland	
Vrischika Rasi: 12.13	Tithi 9	Gulika	3:16PM – 5:05PM	Vishakha Until 10:45PM	Ganesh: Clear	Sunrise: 4:25AM	Sun 22 Sutra 126
		Yama	11:39AM – 1:28PM	Indra Until 2:42PM	Muruga: Clear	Sunset: 6:53PM	Vilamba 5120
		575442362 Rahu	5:05PM – 6:53PM	Balava Until 11:44AM Mon	Nataraja: Clear		Moon 7 - Phase 17
Routine Work	Marana Yoga			Navami* Until 10:18AM Sun	Moon – Orange		Navami
					Sravana-Avani		Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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1		Monday, August 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Vanija Karana Dashamyam Titau		Warsaw, Poland Sun 23 Sutra 127	
Vrischika Rasi: 24.23	Tithi 10	Gulika	1:27PM – 3:15PM	Anuradha Until 12:47AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:27AM		Vilamba 5120	
Family Home Evening	575442362	Yama	9:51AM – 11:39AM	Vaidhriti* Until 5:00PM	Muruga: Clear	<i>Sunset:</i> 6:51PM		Moon 7 - Phase 18	
Creative Work		Rahu	6:15AM – 8:03AM	Tailila Until 13:58AM Tue	Nataraja: Clear			4th Phase	
Until 12:47AM Tue				Dashami Until 10:42AM Mon	Moon – Orange				Sivaloka Day
Then Creative Work - Amrita Yoga					Sravana-Avani				

2		Tuesday, August 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Bava Karana Ekadashyam Titau		Warsaw, Poland Sun 24 Sutra 128	
Dhanus Rasi: 6.23	Tithi 11	Gulika	11:39AM – 1:26PM	Jyeshtha* Until 3:11AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:29AM		Vilamba 5120	
	586442362	Yama	8:04AM – 9:51AM	Vishkambha* Until 8:02PM	Muruga: Clear	<i>Sunset:</i> 6:49PM		Moon 7 - Phase 18	
Creative Work		Rahu	3:14PM – 5:01PM	Vanija Until 16:29AM Wed	Nataraja: Clear			4th Phase	
Amrita Yoga				Ekadashi Until 11:29AM Tue	Moon – Light Blue				Sivaloka Day
					Sravana-Avani				

3		Wednesday, August 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Dvadashyam Titau		Warsaw, Poland Sun 25 Sutra 129	
Dhanus Rasi: 18.14	Tithi 12	Gulika	9:51AM – 11:38AM	Mula* Until 5:46AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:30AM		Vilamba 5120	
	586442362	Yama	6:17AM – 8:04AM	Priti Until 11:08PM	Muruga: Clear	<i>Sunset:</i> 6:47PM		Moon 7 - Phase 18	
Creative Work		Rahu	11:38AM – 1:26PM	Bava Until 18:66AM Thu	Nataraja: Clear			4th Phase	
Amrita Yoga				Dvadashi Until 12:31AM Wed	Moon – Light Blue				Sivaloka Day
Until 5:46AM Thu					Sravana-Avani				
Then Routine Work - Marana Yoga									

4		Thursday, August 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashyam Titau		Warsaw, Poland Sun 26 Sutra 130	
Makara Rasi: 0.02	Tithi 13	Gulika	8:05AM – 9:52AM	Purvashadha* Until 8:22AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:32AM		Vilamba 5120	
	586442362	Yama	4:32AM – 6:18AM	Ayushman Until 2:07AM Fri	Muruga: Clear	<i>Sunset:</i> 6:45PM		Moon 7 - Phase 18	
Routine Work		Rahu	1:25PM – 3:11PM	Kaulava Until 21:38AM Fri	Nataraja: Clear			4th Phase	
Marana Yoga				Trayodashi Until 13:35AM Thu	Moon – Light Blue				Sivaloka Day
					Sravana-Avani				
					<i>Pradosha Vrata</i>				

5		Friday, August 24, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland Sun 27 Sutra 131	
Makara Rasi: 11.49	Tithi 13 – 14	Gulika	6:20AM – 8:06AM	Uttarashadha Until 8:22AM	Ganesha: White	<i>Sunrise:</i> 4:34AM		Vilamba 5120	
	596442362	Yama	3:10PM – 4:56PM	Saubhagya Until 5:19AM Sat	Muruga: Clear	<i>Sunset:</i> 6:42PM		Moon 7 - Phase 18	
Routine Work		Rahu	9:52AM – 11:38AM	Gara Until 9:38PM	Nataraja: Clear			4th Phase	
Marana Yoga				Trayodashi Until 14:39AM Fri	Moon – Purple				Subha Sivaloka Day
Until 8:22AM					Sravana-Avani				
Then Creative Work - Siddha Yoga									

○		Saturday, August 25, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Warsaw, Poland Sun 28 Sutra 132	
Copper Retreat Star		Gulika	4:35AM – 6:21AM	Shravana Until 10:49AM	Ganesha: White	<i>Sunrise:</i> 4:35AM		Vilamba 5120	
Makara Rasi: 23.4	Tithi 14 – 15	Yama	1:23PM – 3:09PM	Sobhana Until 8:07AM Sun	Muruga: Clear	<i>Sunset:</i> 6:40PM		Moon 7 - Phase 18	
	596442362	Rahu	8:06AM – 9:52AM	Visti Until 11:58PM	Nataraja: Clear			Purnima	
Creative Work				Chaturdashi* Until 15:36AM Sat	Moon – Purple				Subha Sivaloka Day
Siddha Yoga					Sravana-Avani				
Until 10:49AM									
Then Creative Work - Amrita Yoga									

○		Sunday, August 26, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Warsaw, Poland Sun 29 Sutra 133	
Silver Retreat Star		Gulika	3:08PM – 4:53PM	Dhanishtha Until 2:48PM Mon	Ganesha: White	<i>Sunrise:</i> 4:37AM		Vilamba 5120	
Kumbha Rasi: 6	Tithi 15 – 16	Yama	11:37AM – 1:23PM	Athiganda* Until 8:07AM	Muruga: Clear	<i>Sunset:</i> 6:38PM		Moon 7 - Phase 18	
	596442362	Rahu	4:53PM – 6:38PM	Balava Until 1:58AM Mon	Nataraja: Clear			Prathama	
Routine Work				Purnima* Until 16:17AM Sun	Moon – Purple				Subha Sivaloka Day
Marana Yoga					Sravana-Avani				
Until 2:48PM Mon									
Then Creative Work - Siddha Yoga									

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Purvaprosarthapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Warsaw, Poland

Sutra 134

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Kumbha Rasi: 17.4 Tihi 16 - 17

Family Home Evening

517442363

Gulika 1:22PM - 3:06PM

Yama 9:52AM - 11:37AM

Rahu 6:23AM - 8:08AM

Dhanishtha Until 2:48PM

Sukarma Until 10:25AM

Taitila Until 3:35AM Tue

Prathama* Until 16:43AM Mon

Ganesha: White *Sunrise:* 4:38AM

Muruga: Clear *Sunset:* 6:36PM

Nataraja: Clear

Moon - Purple
Sravana-Avani

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:48PM

Then Routine Work - Marana Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Uttaraprosarthapada* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Warsaw, Poland

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Kumbha Rasi: 29.54 Tihi 17 - 18

Routine Work Marana Yoga

517452363

Gulika 11:37AM - 1:21PM

Yama 8:08AM - 9:53AM

Rahu 3:05PM - 4:49PM

Shatabhishak Until 4:12PM

Dhriti Until 12:39PM

Vanija Until 4:46AM Wed

Dvitiya Until 16:50AM Tue

Ganesha: Clear *Sunrise:* 4:40AM

Muruga: Purple *Sunset:* 6:34PM

Nataraja: Purple

Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 4:12PM

Then Creative Work - Amrita Yoga

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprosarthapada*Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Warsaw, Poland

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Meena Rasi: 12.19 Tihi 18 - 19

Creative Work Siddha Yoga

517452363

Gulika 9:53AM - 11:37AM

Yama 6:25AM - 8:09AM

Rahu 11:37AM - 1:20PM

Purvaprosarthapada* Until 5:10PM

Shula* Until 2:18PM

Bava Until 5:30AM Thu

Tritiya Until 16:34AM Wed

Ganesha: Clear *Sunrise:* 4:42AM

Muruga: Purple *Sunset:* 6:31PM

Nataraja: Purple

Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 5:10PM

Then Routine Work - Marana Yoga

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprosarthapada/Ashvini Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Meena Rasi: 24.56 Tihi 19 - 20

Creative Work Siddha Yoga

517452363

Gulika 8:10AM - 9:53AM

Yama 4:43AM - 6:27AM

Rahu 1:19PM - 3:03PM

Uttaraprosarthapada Until 5:41PM

Ganda* Until 3:21PM

Kaulava Until 5:47AM Fri

Chaturthi* Until 15:58AM Thu

Ganesha: Clear *Sunrise:* 4:43AM

Muruga: Purple *Sunset:* 6:29PM

Nataraja: Purple

Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 5:41PM

Then Creative Work - Amrita Yoga

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Bharani Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Mesha Rasi: 7.46 Tihi 20 - 21

Creative Work Amrita Yoga

527452363

Gulika 6:28AM - 8:10AM

Yama 3:01PM - 4:44PM

Rahu 9:53AM - 11:36AM

Revati Until 5:43PM

Vridhhi Until 4:16PM

Gara Until 5:35AM Sat

Panchami Until 15:01AM Fri

Ganesha: Purple *Sunrise:* 4:45AM

Muruga: Purple *Sunset:* 6:27PM

Nataraja: Purple

Moon - White
Sravana-Avani

Bhuloka Day

Until 5:43PM

Then Creative Work - Siddha Yoga

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Warsaw, Poland

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Mesha Rasi: 20.5 Tihi 21 - 22

Creative Work Siddha Yoga

527452363

Gulika 4:47AM - 6:29AM

Yama 1:18PM - 3:00PM

Rahu 8:11AM - 9:53AM

Ashvini Until 5:17PM

Dhruva Until 4:32PM

Visti Until 4:53AM Sun

Shashthi* Until 13:40AM Sat

Ganesha: Purple *Sunrise:* 4:47AM

Muruga: Purple *Sunset:* 6:25PM

Nataraja: Purple

Moon - White
Sravana-Avani

Bhuloka Day

Until 5:17PM

Then Creative Work - Amrita Yoga

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Warsaw, Poland

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Vrishabha Rasi: 4.1 Tihi 22 - 23

Creative Work Siddha Yoga

527452363

Gulika 2:59PM - 4:41PM

Yama 11:35AM - 1:17PM

Rahu 4:41PM - 6:22PM

Bharani Until 4:20PM

Vyaghata* Until 4:11PM

Balava Until 3:41AM Mon

Saptami Until 11:55AM Sun

Ganesha: Purple *Sunrise:* 4:48AM

Muruga: Purple *Sunset:* 6:22PM

Nataraja: Purple

Moon - White
Sravana-Avani

Bhuloka Day

Until 4:41PM

Then Creative Work - Siddha Yoga

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Warsaw, Poland

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19
Ashtami

Vrishabha Rasi: 17.47 Tihi 23 - 24

Family Home Evening

537452363

Gulika 1:16PM - 2:57PM

Yama 9:54AM - 11:35AM

Rahu 6:31AM - 8:12AM

Krittika Until 2:53PM

Harshana Until 3:36PM

Taitila Until 2:00AM Tue

Ashtami* Until 9:47AM Mon

Ganesha: Clear *Sunrise:* 4:50AM

Muruga: Purple *Sunset:* 6:20PM

Nataraja: Purple

Moon - Yellow
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Then Routine Work - Marana Yoga

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Warsaw, Poland

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19
Navami

Mithuna Rasi: 1.43 Tihi 24 - 25

Creative Work Siddha Yoga

538452363

Gulika 11:35AM - 1:15PM

Yama 8:13AM - 9:54AM

Rahu 2:56PM - 4:37PM

Mrigashira Until 10:33AM Wed

Vajra* Until 7:12AM

Vanija Until 11:49PM

Navami* Until 7:12AM Tue

Ganesha: White *Sunrise:* 4:52AM

Muruga: Purple *Sunset:* 6:18PM

Nataraja: Purple

Moon - Yellow
Sravana-Avani

Devaloka Day

Until 10:33AM Wed

Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time


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1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Warsaw, Poland Sun 9 Sutra 143	
	Mithuna Rasi: 15.56	Tithi 25 – 26	Gulika 9:54AM – 11:34AM	Mrigashira Until 10:33AM	Ganesh: White	<i>Sunrise:</i> 4:53AM	Vilamba 5120	
			Yama 6:34AM – 8:14AM	Vyatipata* Until 12:37PM	Muruga: Purple	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20	
	Creative Work	Siddha Yoga	538452363 Rahu 11:34AM – 1:15PM	Bava Until 8:73PM	Nataraja: Purple		2nd Phase	
			Dashami Until 7:12AM	Moon – Yellow		Devaloka Day		
				Sravana-Avani				

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Warsaw, Poland Sun 10 Sutra 144	
	Kataka Rasi: 0.26	Tithi 26 – 27	Gulika 8:14AM – 9:54AM	Ardra Until 7:46AM	Ganesh: Yellow	<i>Sunrise:</i> 4:55AM	Vilamba 5120	
			Yama 4:55AM – 6:35AM	Variyan Until 10:43AM	Muruga: Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20	
	Creative Work	Amrita Yoga	548452363 Rahu 1:14PM – 2:54PM	Kaulava Until 5:77PM	Nataraja: Purple		2nd Phase	
			Ekadashi* Until 1:00AM Thu	Moon – Blue		Bhuloka Day		
				Sravana-Avani		Devaloka Time: 9:AM to12:PM		

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Trayodashyam Titau				Warsaw, Poland Sun 11 Sutra 145	
	Kataka Rasi: 15.1	Tithi 28	Gulika 6:36AM – 8:15AM	Punarvasu Until 1:28AM Sat	Ganesh: Yellow	<i>Sunrise:</i> 4:57AM	Vilamba 5120	
			Yama 2:52PM – 4:31PM	Parigha* Until 8:24AM	Muruga: Purple	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 20	
	Routine Work	Marana Yoga	548452363 Rahu 9:54AM – 11:34AM	Gara Until 11:50AM Sat	Nataraja: Purple		2nd Phase	
			Trayodashi* Until 9:27PM	Moon – Blue		Bhuloka Day		
				Sravana-Avani		Devaloka Time: 9:AM to12:PM		
				<i>Pradosha Vrata (Fasting)</i>				

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Catuspada* Karana Chaturdashyam Titau				Warsaw, Poland Sun 12 Sutra 146	
	Simha Rasi: 0.01	Tithi 29	Gulika 4:58AM – 6:37AM	Pushya Until 10:11PM	Ganesh: Red	<i>Sunrise:</i> 4:58AM	Vilamba 5120	
			Yama 1:12PM – 2:51PM	Shiva Until 3:28AM Sun	Muruga: Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 20	
	Creative Work	Amrita Yoga	558452363 Rahu 8:16AM – 9:54AM	Visti Until 8:35AM Sun	Nataraja: Purple		2nd Phase	
			Chaturdashi* Until 13:56AM Sat	Moon – Red		Bhuloka Day		
				Sravana-Avani		Devaloka Time: 9:AM to12:PM		
				Then Creative Work - Siddha Yoga				

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau				Warsaw, Poland Sun 13 Sutra 147	
	Retreat Star		Gulika 2:50PM – 4:28PM	Magha* Until 7:00PM	Ganesh: Red	<i>Sunrise:</i> 5:00AM	Vilamba 5120	
	Simha Rasi: 14.53	Tithi 30	Yama 11:33AM – 1:11PM	Siddha Until 1:08AM Mon	Muruga: Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 20	
	Creative Work	Siddha Yoga	558452363 Rahu 4:28PM – 6:06PM	Catuspada Until 5:31AM Mon	Nataraja: Purple		Amavasya	
			Amavasya* Until 10:09AM Sun	Moon – Red		Bhuloka Day		
				Sravana-Avani		Devaloka Time: 9:AM to12:PM		
				Grandparent's Day				
				Then Creative Work - Amrita Yoga				

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Warsaw, Poland Sun 14 Sutra 148	
	Simha Rasi: 29.37	Tithi 1 – 2	Gulika 1:10PM – 2:48PM	Purvaphalguni Until 4:04PM	Ganesh: Blue	<i>Sunrise:</i> 5:01AM	Vilamba 5120	
	Family Home Evening		Yama 9:55AM – 11:33AM	Sadhya Until 10:58PM	Muruga: Purple	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 20	
	Creative Work	Siddha Yoga	559452363 Rahu 6:39AM – 8:17AM	Balava Until 2:46AM Tue	Nataraja: Purple		Prathama	
			Prathama* Until 6:32AM Mon	Moon – Red		Bhuloka Day		
				Bhadrapada-Avani				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Warsaw, Poland Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.07	Titthi 2 – 3	Gulika Yama	11:32AM – 1:10PM 8:18AM – 9:55AM	Uttaraphalguni Until 1:34PM Sukla Until 9:33PM Taitila Until 11:91PM	Ganesha: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 5:03AM Sunset: 6:01PM Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	569452363	Rahu 2:47PM – 4:24PM			Bhuloka Day Bhadrapada-Avani

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Warsaw, Poland Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.16	Titthi 3 – 4	Gulika Yama	9:55AM – 11:32AM 6:41AM – 8:18AM	Hasta Until 11:37AM Brahma Until 8:35PM Vanija Until 10:54PM	Ganesha: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 5:05AM Sunset: 5:59PM Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	569452363	Rahu 11:32AM – 1:09PM			Bhuloka Day Bhadrapada-Avani

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Warsaw, Poland Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.59	Titthi 4 – 5	Gulika Yama	8:19AM – 9:55AM 5:06AM – 6:43AM	Chitra Until 10:21AM Indra Until 8:12PM Bava Until 9:62PM	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 5:06AM Sunset: 5:57PM Moon 8 - Phase 21 3rd Phase
	Creative Work	Amrita Yoga	569452363	Rahu 1:08PM – 2:44PM			Bhuloka Day Devaloka Time: 9:AM to12:PM
	Until 10:21AM	Then Creative Work - Siddha Yoga		Ganesha Chaturthi	Chaturthi* Until 9:53PM		

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Warsaw, Poland Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.16	Titthi 5 – 6	Gulika Yama	6:44AM – 8:20AM 2:43PM – 4:19PM	Svati Until 9:53AM Vaidhriti* Until 8:56PM Kaulava Until 9:59PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:08AM Sunset: 5:54PM Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	579552363	Rahu 9:55AM – 11:31AM			Devaloka Day Bhadrapada-Avani

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Warsaw, Poland Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.08	Titthi 6 – 7	Gulika Yama	5:10AM – 6:45AM 1:06PM – 2:41PM	Vishakha Until 10:15AM Vishkambha* Until 10:18PM Gara Until 10:46PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:10AM Sunset: 5:52PM Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	579552363	Rahu 8:20AM – 9:56AM			Devaloka Day Bhadrapada-Avani

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Warsaw, Poland Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika Yama	2:40PM – 4:15PM 11:30AM – 1:05PM	Anuradha Until 11:25AM Priti Until 12:14AM Mon Visti Until 11:77PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:11AM Sunset: 5:50PM Moon 8 - Phase 21 Ashtami
	Vrischika Rasi: 20.37	Titthi 7 – 8	579552363	Rahu 4:15PM – 5:50PM			Devaloka Day Bhadrapada-Avani
	Routine Work	Marana Yoga			Saptami Until 6:22PM		

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Warsaw, Poland Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika Yama	1:04PM – 2:39PM 9:56AM – 11:30AM	Jyeshtha* Until 1:16PM Ayushman Until 3:04AM Tue Balava Until 2:24AM Tue	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:13AM Sunset: 5:47PM Moon 8 - Phase 21 Navami
	Dhanus Rasi: 2.49	Titthi 8 – 9	589552363	Rahu 6:47AM – 8:22AM			Bhuloka Day Devaloka Time: 9:AM to12:PM
	Family Home Evening	Creative Work			Ashtami* Until 6:27PM		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Kaulava Karana Navami/Dashamyam Titau				Warsaw, Poland Sun 22 Sutra 156	
Dhanus Rasi: 14.46	Tithi 9 – 10	Gulika	11:30AM – 1:04PM	Mula* Until 3:36PM	Ganesh: Clear	<i>Sunrise:</i> 5:15AM	Vilamba 5120
		Yama	8:22AM – 9:56AM	Saubhagya Until 6:06AM Wed	Muruga: Purple	<i>Sunset:</i> 5:45PM	Moon 8 - Phase 22
		581552363 Rahu	2:37PM – 4:11PM	Kaulava Until 3:36PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Navami* Until 3:36PM	Moon – Light Blue		Bhuloka Day
Until 3:36PM					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Prabalarishta Yoga							

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara/Vanija Karana Dashamyam Titau				Warsaw, Poland Sun 23 Sutra 157	
Dhanus Rasi: 26.37	Tithi 10	Gulika	9:56AM – 11:29AM	Purvashadha* Until 8:48PM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:16AM	Vilamba 5120
		Yama	6:49AM – 8:23AM	Sobhana Until 6:06AM	Muruga: Purple	<i>Sunset:</i> 5:43PM	Moon 8 - Phase 22
		581552363 Rahu	11:29AM – 1:03PM	Vanija Until 7:32AM Thu	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga			Dashami Until 7:52PM	Moon – Light Blue		Bhuloka Day
					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Shravana Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashyam Titau				Warsaw, Poland Sun 24 Sutra 158	
Makara Rasi: 8.24	Tithi 11	Gulika	8:23AM – 9:56AM	Purvashadha* Until 8:48PM	Ganesh: Clear	<i>Sunrise:</i> 5:18AM	Vilamba 5120
		Yama	5:18AM – 6:51AM	Athiganda* Until 9:04AM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 8 - Phase 22
		581552363 Rahu	1:02PM – 2:35PM	Vanija Until 9:64AM Fri	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Ekadashi Until 8:56PM	Moon – Light Blue		Bhuloka Day
Until 8:48PM					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Dhanishtha Nakshatra Sukarma Yoga Bava/Kaulava Karana Dvadashyam Titau				Warsaw, Poland Sun 25 Sutra 159	
Makara Rasi: 20.13	Tithi 12	Gulika	6:52AM – 8:24AM	Uttarashadha Until 11:13PM	Ganesh: Purple	<i>Sunrise:</i> 5:19AM	Vilamba 5120
		Yama	2:33PM – 4:06PM	Sukarma Until 12:16PM	Muruga: Purple	<i>Sunset:</i> 5:38PM	Moon 8 - Phase 22
		591552363 Rahu	9:56AM – 11:29AM	Bava Until 12:19AM Sat	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Dvadashi Until 9:58PM	Moon – Purple		Devaloka Day
Until 11:13PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Gara Karana Trayodashyam Titau				Warsaw, Poland Sun 26 Sutra 160	
Kumbha Rasi: 2.08	Tithi 13	Gulika	5:21AM – 6:53AM	Shravana Until 1:16AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:21AM	Vilamba 5120
		Yama	1:00PM – 2:32PM	Dhriti Until 3:01PM	Muruga: Purple	<i>Sunset:</i> 5:36PM	Moon 8 - Phase 22
		591552363 Rahu	8:25AM – 9:57AM	Kaulava Until 13:69AM Sun	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 10:51PM	Moon – Purple		Devaloka Day
		Chidambaram Abhishekam			Bhadrapada-Puratasi		
				<i>Pradosha Vrata</i>			

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Purvashrothapada* Nakshatra Shula* Yoga Gara/Visti* Karana Chaturdashyam Titau				Warsaw, Poland Sun 27 Sutra 161	
Kumbha Rasi: 14.13	Tithi 14	Gulika	2:31PM – 4:02PM	Dhanishtha Until 2:51AM Mon	Ganesh: Purple	<i>Sunrise:</i> 5:23AM	Vilamba 5120
		Yama	11:28AM – 12:59PM	Shula* Until 5:11PM	Muruga: Purple	<i>Sunset:</i> 5:33PM	Moon 8 - Phase 22
		591552363 Rahu	4:02PM – 5:33PM	Gara Until 14:88AM Mon	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 11:28PM	Moon – Purple		Devaloka Day
Until 2:51AM Mon					Bhadrapada-Puratasi		
Then Routine Work - Marana Yoga							

Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashrothapada* Nakshatra Ganda* Yoga Visti*/Balava Karana Purnimayam Titau				Warsaw, Poland Sutra 162	
Copper Retreat Star		Gulika	12:58PM – 2:29PM	Shatabhishak Until 3:55AM Tue	Ganesh: Purple	<i>Sunrise:</i> 5:24AM	Vilamba 5120
Kumbha Rasi: 26.29	Tithi 15	Yama	9:57AM – 11:28AM	Ganda* Until 11:34PM	Muruga: Purple	<i>Sunset:</i> 5:31PM	Moon 8 - Phase 22
Family Home Evening		511552363 Rahu	6:55AM – 8:26AM	Visti Until 15:76AM Tue	Nataraja: Purple		Purnima
Routine Work	Marana Yoga			Purnima* Until 11:42PM	Moon – Clear		Devaloka Day
Until 3:55AM Tue		Kadaitwami Mahasamadhi			Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga							

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashrothapada*/Uttarashrothapada Nakshatra Vriddhi Yoga Balava Karana Prathamayam Titau				Warsaw, Poland Sutra 163	
Silver Retreat Star		Gulika	11:27AM – 12:58PM	Purvashrothapada* Until 4:28AM Wed	Ganesh: Purple	<i>Sunrise:</i> 5:26AM	Vilamba 5120
Meena Rasi: 8.59	Tithi 16	Yama	8:27AM – 9:57AM	Vriddhi Until 8:31PM	Muruga: Purple	<i>Sunset:</i> 5:28PM	Moon 8 - Phase 22
		511552363 Rahu	2:28PM – 3:58PM	Balava Until 4:16PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga			Prathama* Until 4:28AM Wed	Moon – Clear		Devaloka Day
Until 4:28AM Wed					Bhadrapada-Puratasi		
Then Routine Work - Marana Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Taitila/Vanija Karana Dvitiyayam Titau

Warsaw, Poland

Sutra 164

Vilamba 5120

Moon 9 - Phase 23
1st Phase

Meena Rasi: 21.43 Tiithi 17

511552363

Gulika 9:57AM – 11:27AM
Yama 6:58AM – 8:27AM
Rahu 11:27AM – 12:57PM

Uttaraproshtapada Until 4:33AM Thu
Dhruva Until 9:14PM
Taitila Until 15:88AM Thu
Dvitiya Until 11:02PM

Ganesh: Purple *Sunrise:* 5:28AM
Muruga: Purple *Sunset:* 5:26PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Until 4:33AM Thu

Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Vyaghata* Yoga Vanija/Bava Karana Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23
1st Phase

Mesha Rasi: 4.4 Tiithi 18

521552363

Gulika 8:28AM – 9:57AM
Yama 5:29AM – 6:59AM
Rahu 12:56PM – 2:25PM

Revati Until 4:14AM Fri
Vyaghata* Until 9:50PM
Vanija Until 15:57AM Fri
Tritiya Until 10:06PM

Ganesh: Clear *Sunrise:* 5:29AM
Muruga: Purple *Sunset:* 5:24PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 4:14AM Fri

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Bava/Kaulava Karana Chaturthyam Titau

Warsaw, Poland

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23
1st Phase

Mesha Rasi: 17.49 Tiithi 19

622552363

Gulika 7:00AM – 8:29AM
Yama 2:24PM – 3:53PM
Rahu 9:57AM – 11:26AM

Ashvini Until 3:33AM Sat
Harshana Until 9:55PM
Bava Until 14:66AM Sat
Chaturthi* Until 8:51PM

Ganesh: Clear *Sunrise:* 5:31AM
Muruga: Purple *Sunset:* 5:21PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 3:33AM Sat

Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Kaulava/Gara Karana Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23
1st Phase

Vrisabha Rasi: 1.1 Tiithi 20

622552363

Gulika 5:33AM – 7:01AM
Yama 12:54PM – 2:23PM
Rahu 8:29AM – 9:58AM

Bharani Until 2:33AM Sun
Vajra* Until 9:32PM
Kaulava Until 13:57AM Sun
Panchami Until 7:19PM

Ganesh: Clear *Sunrise:* 5:33AM
Muruga: Purple *Sunset:* 5:19PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 2:33AM Sun

Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Shashthyam Titau

Warsaw, Poland

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23
1st Phase

Vrisabha Rasi: 14.41 Tiithi 21

632552363

Gulika 2:21PM – 3:49PM
Yama 11:26AM – 12:53PM
Rahu 3:49PM – 5:17PM

Krittika Until 1:15AM Mon
Siddhi Until 9:09PM
Gara Until 12:31AM Mon
Shashthi* Until 15:26AM Sun

Ganesh: Purple *Sunrise:* 5:34AM
Muruga: Purple *Sunset:* 5:17PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Until 1:15AM Mon

Then Creative Work - Amrita Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Saptamyam Titau

Warsaw, Poland

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23
1st Phase

Vrisabha Rasi: 28.23 Tiithi 22

632552363

Gulika 12:53PM – 2:20PM
Yama 9:58AM – 11:25AM
Rahu 7:03AM – 8:31AM

Rohini Until 11:40PM
Vyatipata* Until 8:21PM
Visti Until 10:48AM Tue
Saptami Until 13:09AM Mon

Ganesh: Purple *Sunrise:* 5:36AM
Muruga: Purple *Sunset:* 5:14PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 11:40PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan/Parigha* Yoga Balava/Taitila Karana Ashtamyam Titau

Warsaw, Poland

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23
Ashtami

Mithuna Rasi: 12.15 Tiithi 23

632552363

Gulika 11:25AM – 12:52PM
Yama 8:31AM – 9:58AM
Rahu 2:19PM – 3:45PM

Mrigashira Until 9:49PM
Variyan Until 7:07PM
Balava Until 8:49AM Wed
Ashtami* Until 10:38AM Tue

Ganesh: Purple *Sunrise:* 5:38AM
Muruga: Purple *Sunset:* 5:12PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 9:49PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Pushya Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Navamyam Titau

Warsaw, Poland

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23
Navami

Mithuna Rasi: 26.17 Tiithi 24

642552363

Gulika 9:58AM – 11:25AM
Yama 7:06AM – 8:32AM
Rahu 11:25AM – 12:51PM

Ardra Until 7:42PM
Parigha* Until 5:54PM
Taitila Until 6:35AM Thu
Navami* Until 7:54AM Wed

Ganesh: Clear *Sunrise:* 5:39AM
Muruga: Purple *Sunset:* 5:10PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam		Warsaw, Poland	
Kataka Rasi: 10.3		Punarvasu/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Sutra 172		Vilamba 5120	
Until 5:21PM		Gulika 8:33AM – 9:59AM	Punarvasu Until 5:21PM	Ganesha: Clear	<i>Sunrise:</i> 5:41AM			Moon 9 - Phase 24	
Then Creative Work - Siddha Yoga		Yama 5:41AM – 7:07AM	Siddha Until 4:19PM	Muruga: Purple	<i>Sunset:</i> 5:07PM			2nd Phase	
Creative Work Amrita Yoga		642552363 Rahu 12:50PM – 2:16PM	Vanija Until 3:68AM Fri	Nataraja: Purple			Bhuloka Day		
Until 5:21PM		Dashami Until 4:58AM Thu		Moon – Blue			Devaloka Time: 6:AM to 9:AM		
				Bhadrapada-Puratasi					

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam		Warsaw, Poland	
Kataka Rasi: 24.51		Pushya/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Sutra 173		Vilamba 5120	
Until 5:21PM		Gulika 7:08AM – 8:33AM	Pushya Until 2:49PM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM			Moon 9 - Phase 24	
Then Creative Work - Siddha Yoga		Yama 2:15PM – 3:40PM	Sadhya Until 2:24PM	Muruga: Purple	<i>Sunset:</i> 5:05PM			2nd Phase	
Routine Work Marana Yoga		642552363 Rahu 9:59AM – 11:24AM	Kaulava Until 24:92	Nataraja: Purple			Bhuloka Day		
		Ekadashi* Until 1:50AM Fri		Moon – Blue			Devaloka Time: 6:AM to 9:AM		
				Bhadrapada-Puratasi					

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam		Warsaw, Poland	
Simha Rasi: 9.18		Ashlesha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Sutra 174		Vilamba 5120	
Until 12:11PM		Gulika 5:45AM – 7:09AM	Ashlesha* Until 12:11PM	Ganesha: White	<i>Sunrise:</i> 5:45AM			Moon 9 - Phase 24	
Then Creative Work - Siddha Yoga		Yama 12:49PM – 2:13PM	Subha Until 12:40PM	Muruga: Purple	<i>Sunset:</i> 5:03PM			2nd Phase	
Creative Work Amrita Yoga		642552363 Rahu 8:34AM – 9:59AM	Gara Until 10:53PM	Nataraja: Purple			Bhuloka Day		
Until 12:11PM		Dvadashi* Until 10:36PM		Moon – Red			Devaloka Time: 6:AM to 9:AM		
		Pradosha Vrata (Fasting)		Bhadrapada-Puratasi					

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam		Warsaw, Poland	
Simha Rasi: 23.47		Magha*/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 175		Vilamba 5120	
Until 9:33AM		Gulika 2:12PM – 3:36PM	Magha* Until 9:33AM	Ganesha: White	<i>Sunrise:</i> 5:46AM			Moon 9 - Phase 24	
Then Creative Work - Amrita Yoga		Yama 11:23AM – 12:48PM	Sukla Until 10:47AM	Muruga: Purple	<i>Sunset:</i> 5:01PM			2nd Phase	
Creative Work Siddha Yoga		642552363 Rahu 3:36PM – 5:01PM	Visti Until 7:77PM	Nataraja: Purple			Bhuloka Day		
Until 9:33AM		Trayodashi* Until 7:18PM		Moon – Red			Devaloka Time: 6:PM to 9:PM		
				Bhadrapada-Puratasi					

Monday, October 8, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam		Warsaw, Poland	
Kanya Rasi: 8.11		Purvaphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 176		Vilamba 5120	
Family Home Evening		Gulika 12:47PM – 2:11PM	Purvaphalguni Until 7:02AM	Ganesha: White	<i>Sunrise:</i> 5:48AM			Moon 9 - Phase 24	
Creative Work Siddha Yoga		Yama 9:59AM – 11:23AM	Brahma Until 8:53AM	Muruga: Purple	<i>Sunset:</i> 4:58PM			Amavasya	
		642552364 Rahu 7:12AM – 8:36AM	Catuspada Until 5:52PM	Nataraja: Clear			Bhuloka Day		
		Mahalaya Amavasai (Tamil Nadu)		Moon – Red			Devaloka Time: 6:PM to 9:PM		
		Chaturdashi* Until 12:52AM Mon		Bhadrapada-Puratasi					

Tuesday, October 9, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam		Warsaw, Poland	
Kanya Rasi: 22.25		Uttaraphalguni/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Balava Karana Prathamayam Titau		Sun 13		Sutra 177		Vilamba 5120	
Until 5:21PM		Gulika 11:23AM – 12:46PM	Uttaraphalguni Until 2:54AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:50AM			Moon 9 - Phase 24	
Then Creative Work - Siddha Yoga		Yama 8:36AM – 10:00AM	Indra Until 7:32AM	Muruga: Purple	<i>Sunset:</i> 4:56PM			Prathama	
Creative Work Siddha Yoga		662652364 Rahu 2:09PM – 3:33PM	Kintughna Until 13:72AM Wed	Nataraja: Clear			Devaloka Day		
		Navaratri Begins		Moon – Green			Devaloka Time: 6:PM to 9:PM		
		Prathama* Until 9:59AM Tue		Ashvina-Puratasi					

1	Wednesday, October 10, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Taitila Karana Dvitiyayam Titau	Warsaw, Poland Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 6.23 Tithi 2 Creative Work Siddha Yoga Until 1:36AM Thu Then Creative Work - Amrita Yoga	Gulika 10:00AM – 11:23AM Yama 7:14AM – 8:37AM Rahu 11:23AM – 12:45PM	Hasta Until 1:36AM Thu Vaidhriti* Until 6:28AM Balava Until 12:72AM Thu Dvitiya Until 7:25AM Wed

2	Thursday, October 11, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Vishakha Nakshatra Priti Yoga Taitila/Vanija Karana Tritiyayam Titau	Warsaw, Poland Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 20.01 Tithi 3 Creative Work Siddha Yoga	Gulika 8:38AM – 10:00AM Yama 5:53AM – 7:15AM Rahu 12:45PM – 2:07PM	Chitra Until 12:57AM Fri Priti Until 6:08AM Fri Taitila Until 12:56AM Fri Tritiya Until 5:19AM Thu

3	Friday, October 12, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Bava Karana Chaturthyam Titau	Warsaw, Poland Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 3.15 Tithi 4 Creative Work Siddha Yoga	Gulika 7:17AM – 8:38AM Yama 2:06PM – 3:28PM Rahu 10:00AM – 11:22AM	Vishakha Until 1:58AM Sun Sat Ayushman Until 6:08AM Vanija Until 13:27AM Sat Chaturthi* Until 3:47AM Fri

4	Saturday, October 13, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Kaulava Karana Panchamyam Titau	Warsaw, Poland Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 16.06 Tithi 5 Creative Work Siddha Yoga Until 1:58AM Sun Then Routine Work - Marana Yoga	Gulika 5:57AM – 7:18AM Yama 12:43PM – 2:04PM Rahu 8:39AM – 10:01AM	Vishakha Until 1:58AM Sun Saubhagya Until 7:03AM Bava Until 14:43AM Sun Panchami Until 2:49AM Sat

5	Sunday, October 14, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Mula* Nakshatra Sobhana Yoga Kaulava/Gara Karana Shashthyam Titau	Warsaw, Poland Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 28.35 Tithi 6 Routine Work Marana Yoga Until 3:36AM Mon Then Creative Work - Siddha Yoga	Gulika 2:03PM – 3:24PM Yama 11:22AM – 12:42PM Rahu 3:24PM – 4:45PM	Anuradha Until 3:36AM Mon Sobhana Until 8:33AM Kaulava Until 16:40AM Mon Shashthi* Until 2:28AM Sun

6	Monday, October 15, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vishti* Karana Saptamyam Titau	Warsaw, Poland Sun 19 Sutra 183 Vilamba 5120
	Dhanu Rasi: 10.47 Tithi 7 Family Home Evening Creative Work Siddha Yoga	Gulika 12:42PM – 2:02PM Yama 10:01AM – 11:21AM Rahu 7:20AM – 8:41AM	Jyeshtha* Until 5:49AM Tue Athiganda* Until 11:03AM Gara Until 18:65AM Tue Saptami Until 2:41AM Mon

D	Tuesday, October 16, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Uttarashadha Nakshatra Sukarma Yoga Vishti*/Balava Karana Ashtamyam Titau	Warsaw, Poland Sun 20 Sutra 184 Vilamba 5120
	Dhanu Rasi: 22.45 Tithi 8 Creative Work Siddha Yoga Until 8:23AM Wed Then Creative Work - Amrita Yoga	Gulika 11:21AM – 12:41PM Yama 8:41AM – 10:01AM Rahu 2:01PM – 3:21PM	Mula* Until 8:23AM Wed Sukarma Until 1:54PM Vishti Until 21:44AM Wed Ashtami* Until 3:19AM Tue

W	Wednesday, October 17, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Warsaw, Poland Sun 21 Sutra 185 Vilamba 5120
	Makara Rasi: 4.35 Tithi 8 – 9 Creative Work Amrita Yoga Until 8:23AM Then Creative Work - Siddha Yoga	Gulika 10:02AM – 11:21AM Yama 7:23AM – 8:42AM Rahu 11:21AM – 12:40PM	Purvashadha* Until 8:23AM Dhriti Until 4:49PM Balava Until 9:44PM Ashtami* Until 4:15AM Wed

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Warsaw, Poland Sun 22 Sutra 186 Vilamba 5120	
Makara Rasi: 16.23	Tithi 9 – 10	Gulika 8:43AM – 10:02AM	Uttarashadha Until 11:02AM	Ganesh: Purple	<i>Sunrise:</i> 6:05AM	Moon 9 - Phase 26	
		Yama 6:05AM – 7:24AM	Shula* Until 10:55PM Fri	Muruga: Purple	<i>Sunset:</i> 4:36PM	4th Phase	
		693652364 Rahu 12:40PM – 1:58PM	Taitila Until 12:20AM Fri	Nataraja: Clear			
Creative Work	Siddha Yoga		Navami* Until 5:17AM Thu	Moon – Purple		Bhuloka Day	
		Vijaya Dasami		Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Varjia Karana Dashami/Ekadashyam Titau		Warsaw, Poland Sun 23 Sutra 187 Vilamba 5120	
Makara Rasi: 28.14	Tithi 10 – 11	Gulika 7:25AM – 8:44AM	Shravana Until 1:30PM	Ganesh: Purple	<i>Sunrise:</i> 6:07AM	Moon 9 - Phase 26	
		Yama 1:57PM – 3:16PM	Shula* Until 10:55PM	Muruga: Purple	<i>Sunset:</i> 4:34PM	4th Phase	
		693652364 Rahu 10:02AM – 11:21AM	Varjia Until 2:37AM Sat	Nataraja: Clear			
Creative Work	Siddha Yoga		Dashami Until 6:12AM Fri	Moon – Purple		Bhuloka Day	
				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Vistil*/Bava Karana Ekadashi/Dvodashyam Titau		Warsaw, Poland Sun 24 Sutra 188 Vilamba 5120	
Kumbha Rasi: 10.13	Tithi 11 – 12	Gulika 6:09AM – 7:27AM	Dhanishtha Until 3:34PM	Ganesh: Purple	<i>Sunrise:</i> 6:09AM	Moon 9 - Phase 26	
		Yama 12:38PM – 1:56PM	Ganda* Until 1:09AM Sun	Muruga: Purple	<i>Sunset:</i> 4:32PM	4th Phase	
		693652364 Rahu 8:45AM – 10:03AM	Bava Until 3:85AM Sun	Nataraja: Clear			
Creative Work	Amrita Yoga		Ekadashi Until 6:52AM Sat	Moon – Purple		Bhuloka Day	
Until 3:34PM				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Warsaw, Poland Sun 25 Sutra 189 Vilamba 5120	
Kumbha Rasi: 22.23	Tithi 12 – 13	Gulika 1:55PM – 3:12PM	Shatabhishak Until 5:04PM	Ganesh: White	<i>Sunrise:</i> 6:11AM	Moon 9 - Phase 26	
		Yama 11:20AM – 12:38PM	Vridhhi Until 3:07AM Mon	Muruga: Purple	<i>Sunset:</i> 4:30PM	4th Phase	
		613652364 Rahu 3:12PM – 4:30PM	Kaulava Until 5:36AM Mon	Nataraja: Clear			
Creative Work	Siddha Yoga		Dvodashi Until 7:09AM Sun	Moon – Clear		Bhuloka Day	
Until 5:04PM				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga						<i>Pradosha Vrata</i>	

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprossthapada*/Uttarprosthapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland Sun 26 Sutra 190 Vilamba 5120	
Meena Rasi: 4.5	Tithi 13 – 14	Gulika 12:37PM – 1:54PM	Purvaprossthapada* Until 5:56PM	Ganesh: White	<i>Sunrise:</i> 6:12AM	Moon 9 - Phase 26	
Family Home Evening		Yama 10:03AM – 11:20AM	Dhruva Until 4:19AM Tue	Muruga: Purple	<i>Sunset:</i> 4:28PM	4th Phase	
		613652364 Rahu 7:29AM – 8:46AM	Gara Until 5:68AM Tue	Nataraja: Clear			
Creative Work	Siddha Yoga		Trayodashi Until 6:56AM Mon	Moon – Clear		Bhuloka Day	
				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarprosthapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vistil* Karana Chaturdashyam Titau		Warsaw, Poland Sun 27 Sutra 191 Vilamba 5120	
Meena Rasi: 17.34	Tithi 14	Gulika 11:20AM – 12:36PM	Uttarprosthapada Until 6:09PM	Ganesh: White	<i>Sunrise:</i> 6:14AM	Moon 9 - Phase 26	
		Yama 8:47AM – 10:03AM	Vyaghata* Until 4:44AM Wed	Muruga: Purple	<i>Sunset:</i> 4:26PM	4th Phase	
		613652364 Rahu 1:53PM – 3:09PM	Gara Until 5:64AM Wed	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 6:14AM Tue	Moon – Clear		Bhuloka Day	
				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	

○		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Vistil*/Balava Karana Purnima/Prathamayam Titau		Warsaw, Poland Sutra 192 Vilamba 5120	
Copper Retreat Star		Gulika 10:04AM – 11:20AM	Revati Until 5:47PM	Ganesh: Clear	<i>Sunrise:</i> 6:16AM	Moon 9 - Phase 26	
Mesha Rasi: 0.35	Tithi 15 – 16	Yama 7:32AM – 8:48AM	Vajra* Until 4:56AM Thu	Muruga: Purple	<i>Sunset:</i> 4:24PM	Purnima	
		623652364 Rahu 11:20AM – 12:36PM	Vistil Until 4:86AM Thu	Nataraja: Clear			
Routine Work	Marana Yoga		Purnima* Until 5:03AM Wed	Moon – White		Devaloka Day	
Until 5:47PM				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

○		Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Warsaw, Poland Sutra 193 Vilamba 5120	
Silver Retreat Star		Gulika 8:49AM – 10:04AM	Ashvini Until 4:56PM	Ganesh: Clear	<i>Sunrise:</i> 6:18AM	Moon 9 - Phase 26	
Mesha Rasi: 13.55	Tithi 16 – 17	Yama 6:18AM – 7:33AM	Siddhi Until 4:32AM Fri	Muruga: Purple	<i>Sunset:</i> 4:22PM	Prathama	
		623652364 Rahu 12:35PM – 1:51PM	Taitila Until 3:81AM Fri	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 3:25AM Thu	Moon – White		Devaloka Day	
Until 4:56PM				Ashvina-Aipasi			
Then Routine Work - Marana Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 194

Vilamba 5120

Mesha Rasi: 27.29 Tihi 17 - 18

624652364

Gulika 7:35AM - 8:50AM
Yama 1:50PM - 3:05PM
Rahu 10:05AM - 11:20AM

Bharani Until 3:40PM
Vyatipata* Until 3:40AM Sat
Vanija Until 2:56AM Sat
Dvitiya Until 3:40PM

Ganesha: White *Sunrise:* 6:20AM
Muruga: Purple *Sunset:* 4:20PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 3:40PM
Then Routine Work - Marana Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Varyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Warsaw, Poland

Sun 2 Sutra 195

Vilamba 5120

Vrishabha Rasi: 11.15 Tihi 18 - 19

634652364

Gulika 6:21AM - 7:36AM
Yama 12:34PM - 1:48PM
Rahu 8:50AM - 10:05AM

Krittika Until 2:07PM
Variyan Until 17:66AM Sun
Bava Until 1:17AM Sun
Tritiya Until 11:11PM

Ganesha: Clear *Sunrise:* 6:21AM
Muruga: Purple *Sunset:* 4:18PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 2:07PM
Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 196

Vilamba 5120

Vrishabha Rasi: 25.1 Tihi 19 - 20

634652364

Gulika 1:47PM - 3:02PM
Yama 11:19AM - 12:33PM
Rahu 3:02PM - 4:16PM

Rohini Until 12:23PM
Parigha* Until 1:44AM Mon
Kaulava Until 11:29PM
Chaturthi* Until 17:66AM Sun

Ganesha: Clear *Sunrise:* 6:23AM
Muruga: Purple *Sunset:* 4:16PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 2:07PM
Then Creative Work - Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland

Sun 4 Sutra 197

Vilamba 5120

Mithuna Rasi: 9.09 Tihi 20 - 21

634652364

Family Home Evening

Gulika 12:33PM - 1:46PM
Yama 10:06AM - 11:19AM
Rahu 7:39AM - 8:52AM

Mrigashira Until 10:31AM
Shiva Until 12:23AM Tue
Gara Until 9:35PM
Panchami Until 6:06PM

Ganesha: Clear *Sunrise:* 6:25AM
Muruga: Purple *Sunset:* 4:14PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 10:31AM
Then Creative Work - Amrita Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Warsaw, Poland

Sun 5 Sutra 198

Vilamba 5120

Mithuna Rasi: 23.11 Tihi 21 - 22

644652364

Gulika 11:19AM - 12:32PM
Yama 8:53AM - 10:06AM
Rahu 1:45PM - 2:59PM

Ardra Until 8:36AM
Siddha Until 11:17PM
Visti Until 7:38PM
Shashthi* Until 12:40AM Tue

Ganesha: Purple *Sunrise:* 6:27AM
Muruga: Purple *Sunset:* 4:12PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 2:40AM Fri
Then Routine Work - Marana Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Warsaw, Poland

Sun 6 Sutra 199

Vilamba 5120

Kataka Rasi: 7.15 Tihi 22 - 23

644662364

Gulika 10:07AM - 11:19AM
Yama 7:41AM - 8:54AM
Rahu 11:19AM - 12:32PM

Punarvasu Until 6:38AM
Sadhya Until 7:09AM Thu
Balava Until 5:40PM
Saptami Until 9:55AM Wed

Ganesha: Purple *Sunrise:* 6:29AM
Muruga: Clear *Sunset:* 4:10PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Moon 10 - Phase 27
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 2:40AM Fri
Then Routine Work - Marana Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Navamyam Titau

Warsaw, Poland

Sun 7 Sutra 200

Vilamba 5120

Kataka Rasi: 21.2 Tihi 24

644662364

Gulika 8:55AM - 10:07AM
Yama 6:30AM - 7:43AM
Rahu 12:31PM - 1:44PM

Pushya Until 2:40AM Fri
Subha Until 8:36PM
Taitila Until 13:42AM Fri
Navami* Until 7:09AM Thu

Ganesha: Purple *Sunrise:* 6:30AM
Muruga: Clear *Sunset:* 4:08PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Moon 10 - Phase 27
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 2:40AM Fri
Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Brahma Yoga Vanija/Bava Karana Dashamyam Titau				Warsaw, Poland
Simha Rasi: 5.25	Tithi 25	Gulika 7:44AM – 8:56AM	Ashlesha* Until 12:42AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Sun 8 Sutra 201
		Yama 1:43PM – 2:54PM	Brahma Until 7:29PM	Muruga: Clear	<i>Sunset:</i> 4:06PM	Vilamba 5120
		654662364 Rahu 10:07AM – 11:19AM	Vanija Until 11:45AM Sat	Nataraja: Clear		Moon 10 - Phase 28
Routine Work	Marana Yoga		Dashami Until 4:21AM Fri	Moon – Red		2nd Phase
Until 12:42AM Sat				Ashvina•Aipasi		Sivaloka Day
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Bava/Kaulava Karana Ekadashyam Titau				Warsaw, Poland
Simha Rasi: 19.29	Tithi 26	Gulika 6:34AM – 7:45AM	Magha* Until 10:46PM	Ganesha: White	<i>Sunrise:</i> 6:34AM	Sun 9 Sutra 202
		Yama 12:30PM – 1:42PM	Indra Until 6:14PM	Muruga: Clear	<i>Sunset:</i> 4:04PM	Vilamba 5120
		654762364 Rahu 8:57AM – 10:08AM	Bava Until 9:52AM Sun	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Ekadashi* Until 1:34AM Sat	Moon – Red		2nd Phase
Until 10:46PM				Ashvina•Aipasi		Devaloka Day
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvadashyam Titau				Warsaw, Poland
Kanya Rasi: 3.31	Tithi 27	Gulika 1:41PM – 2:52PM	Uttaraphalguni Until 7:19PM Mon	Ganesha: White	<i>Sunrise:</i> 6:36AM	Sun 10 Sutra 203
		Yama 11:19AM – 12:30PM	Vaidhriti* Until 4:57PM	Muruga: Clear	<i>Sunset:</i> 4:02PM	Vilamba 5120
		654762364 Rahu 2:52PM – 4:02PM	Kaulava Until 7:67AM Mon	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Amrita Yoga		Dvadashi* Until 10:51PM	Moon – Red		2nd Phase
				Ashvina•Aipasi		Devaloka Day

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Trayodashyam Titau				Warsaw, Poland
Kanya Rasi: 17.29	Tithi 28	Gulika 12:30PM – 1:40PM	Uttaraphalguni Until 7:19PM	Ganesha: Green	<i>Sunrise:</i> 6:38AM	Sun 11 Sutra 204
Family Home Evening		Yama 10:09AM – 11:19AM	Vishkambha* Until 4:07PM	Muruga: Clear	<i>Sunset:</i> 4:01PM	Vilamba 5120
		664762364 Rahu 7:48AM – 8:58AM	Gara Until 6:37AM Tue	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Trayodashi* Until 8:11PM	Moon – Green		2nd Phase
Until 7:19PM				Ashvina•Aipasi		Devaloka Day
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Svati Nakshatra Priti/Ayushman Yoga Visti*/Naga* Karana Chaturdashi/Amavasyayam Titau				Warsaw, Poland
Tula Rasi: 1.17	Tithi 29 – 30	Gulika 11:19AM – 12:29PM	Hasta Until 5:58PM	Ganesha: Green	<i>Sunrise:</i> 6:39AM	Sun 12 Sutra 205
		Yama 8:59AM – 10:09AM	Priti Until 3:24PM	Muruga: Clear	<i>Sunset:</i> 3:59PM	Vilamba 5120
		664762364 Rahu 1:39PM – 2:49PM	Visti Until 4:88AM Wed	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Chaturdashi* Until 15:24AM Tue	Moon – Green		2nd Phase
		Deepavali Hindu Solidarity Day		Ashvina•Aipasi		Devaloka Day

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Warsaw, Poland
Retreat Star		Gulika 10:10AM – 11:19AM	Chitra Until 5:02PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sun 13 Sutra 206
Tula Rasi: 14.54	Tithi 30 – 1	Yama 7:51AM – 9:00AM	Ayushman Until 11:50AM Thu	Muruga: Clear	<i>Sunset:</i> 3:57PM	Vilamba 5120
		765762364 Rahu 11:19AM – 12:29PM	Kintughna Until 4:46AM Thu	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Amavasya* Until 13:25AM Wed	Moon – Green		Amavasya
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi		Sivaloka Day

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Warsaw, Poland
Retreat Star		Gulika 9:01AM – 10:10AM	Svati Until 4:37PM	Ganesha: Orange	<i>Sunrise:</i> 6:43AM	Sun 14 Sutra 207
Tula Rasi: 28.15	Tithi 1 – 2	Yama 6:43AM – 7:52AM	Saubhagya Until 3:16PM	Muruga: Clear	<i>Sunset:</i> 3:56PM	Vilamba 5120
		775762364 Rahu 12:28PM – 1:37PM	Kaulava Until 4:39AM Fri	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Prathama* Until 11:50AM Thu	Moon – Orange		Prathama
		Skanda Shasthi Begins		Karttika•Aipasi		Sivaloka Day

1		Friday, November 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau		Warsaw, Poland Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 11.18	Tithi 2 - 3	Gulika 7:54AM - 9:02AM	Vishakha Until 4:49PM	Ganesh: Orange	<i>Sunrise:</i> 6:45AM				
		Yama 1:37PM - 2:45PM	Sobhana Until 4:02PM	Muruga: Clear	<i>Sunset:</i> 3:54PM	Moon 10 - Phase 29		3rd Phase	
		775762364 Rahu 10:11AM - 11:19AM	Tailita Until 4:72AM Sat	Nataraja: Clear				Sivaloka Day	
Creative Work	Siddha Yoga		Dvitiya Until 10:45AM Fri	Moon - Orange				Karttika-Aipasi	
Until 4:49PM									
Then Routine Work - Marana Yoga									

2		Saturday, November 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau		Warsaw, Poland Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 24.01	Tithi 3 - 4	Gulika 6:47AM - 7:55AM	Anuradha Until 5:42PM	Ganesh: Orange	<i>Sunrise:</i> 6:47AM				
		Yama 12:28PM - 1:36PM	Athiganda* Until 5:18PM	Muruga: Clear	<i>Sunset:</i> 3:52PM	Moon 10 - Phase 29		3rd Phase	
		775762364 Rahu 9:03AM - 10:11AM	Visti Until 5:85AM Sun	Nataraja: Clear				Sivaloka Day	
Creative Work	Siddha Yoga		Tritiya Until 10:08AM Sat	Moon - Orange				Karttika-Aipasi	

3		Sunday, November 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Balava Karana Chaturthyam Titau		Warsaw, Poland Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 6.26	Tithi 4	Gulika 1:35PM - 2:43PM	Jyeshtha* Until 7:15PM	Ganesh: Clear	<i>Sunrise:</i> 6:48AM				
		Yama 11:20AM - 12:27PM	Sukarma Until 7:31PM	Muruga: Clear	<i>Sunset:</i> 3:51PM	Moon 10 - Phase 29		3rd Phase	
		775762364 Rahu 2:43PM - 3:51PM	Vanija Until 8:17AM Mon	Nataraja: Clear				Sivaloka Day	
Creative Work	Amrita Yoga		Chaturthi* Until 10:03AM Sun	Moon - Light Blue				Karttika-Aipasi	
Until 7:15PM									
Then Creative Work - Siddha Yoga									

4		Monday, November 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Panchamyam Titau		Warsaw, Poland Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 18.36	Tithi 5	Gulika 12:27PM - 1:34PM	Mula* Until 9:23PM	Ganesh: Clear	<i>Sunrise:</i> 6:50AM				
Family Home Evening		Yama 10:12AM - 11:20AM	Dhriti Until 10:08PM	Muruga: Clear	<i>Sunset:</i> 3:49PM	Moon 10 - Phase 29		3rd Phase	
		775762364 Rahu 7:58AM - 9:05AM	Bava Until 10:38AM Tue	Nataraja: Clear				Sivaloka Day	
Routine Work	Marana Yoga		Panchami Until 10:28AM Mon	Moon - Light Blue				Karttika-Aipasi	

5		Tuesday, November 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthyam Titau		Warsaw, Poland Sun 19 Sutra 212 Vilamba 5120	
Makara Rasi: 0.33	Tithi 6	Gulika 11:20AM - 12:27PM	Purvashadha* Until 11:55PM	Ganesh: Clear	<i>Sunrise:</i> 6:52AM				
		Yama 9:06AM - 10:13AM	Shula* Until 12:58AM Wed	Muruga: Clear	<i>Sunset:</i> 3:48PM	Moon 10 - Phase 29		3rd Phase	
		775762364 Rahu 1:34PM - 2:41PM	Kaulava Until 12:78AM Wed	Nataraja: Clear				Sivaloka Day	
Routine Work	Prabalarishta Yoga		Shashthi* Until 11:12AM Tue	Moon - Light Blue				Karttika-Aipasi	
Until 11:55PM									
Then Creative Work - Siddha Yoga									

6		Wednesday, November 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Visti* Karana Saptamyam Titau		Warsaw, Poland Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 12.23	Tithi 7	Gulika 10:13AM - 11:20AM	Uttarashadha Until 2:38AM Thu	Ganesh: Purple	<i>Sunrise:</i> 6:54AM				
		Yama 8:00AM - 9:07AM	Ganda* Until 4:16AM Thu	Muruga: Clear	<i>Sunset:</i> 3:46PM	Moon 10 - Phase 29		3rd Phase	
		795762364 Rahu 11:20AM - 12:27PM	Gara Until 15:59AM Thu	Nataraja: Clear				Subha Sivaloka Day	
Creative Work	Siddha Yoga		Saptami Until 12:10AM Wed	Moon - Purple				Karttika-Aipasi	

Retreat Star		Thursday, November 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Visti*/Balava Karana Ashtamyam Titau		Warsaw, Poland Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 24.1	Tithi 8	Gulika 9:08AM - 10:14AM	Shravana Until 5:13AM Fri	Ganesh: Purple	<i>Sunrise:</i> 6:56AM				
		Yama 6:56AM - 8:02AM	Vridhi Until 7:18AM Fri	Muruga: Clear	<i>Sunset:</i> 3:45PM	Moon 10 - Phase 29		Ashtami	
		795762364 Rahu 12:26PM - 1:32PM	Visti Until 18:25AM Fri	Nataraja: Clear				Subha Sivaloka Day	
Creative Work	Siddha Yoga		Ashtami* Until 13:10AM Thu	Moon - Purple				Karttika-Aipasi	

Retreat Star		Friday, November 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Tailita Karana Navamyam Titau		Warsaw, Poland Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 6.01	Tithi 9	Gulika 8:03AM - 9:09AM	Dhanishtha Until 7:27AM Sat	Ganesh: Purple	<i>Sunrise:</i> 6:57AM				
		Yama 1:32PM - 2:38PM	Dhruva Until 7:18AM	Muruga: Clear	<i>Sunset:</i> 3:43PM	Moon 10 - Phase 29		Navami	
		795762364 Rahu 10:15AM - 11:20AM	Balava Until 19:83AM Sat	Nataraja: Clear				Subha Sivaloka Day	
Creative Work	Siddha Yoga		Navami* Until 13:59AM Fri	Moon - Purple				Karttika-Karttikai	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Purvaprosarthapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau		Warsaw, Poland Sun 23 Sutra 216	
Kumbha Rasi: 18	Tithi 9 – 10	Gulika	6:59AM – 8:04AM	Dhanishtha Until 7:27AM	Ganesha: Clear	<i>Sunrise:</i> 6:59AM		Vilamba 5120	
		Yama	12:26PM – 1:31PM	Vyaghata* Until 9:47AM	Muruga: Clear	<i>Sunset:</i> 3:42PM		Moon 10 - Phase 30	
		796762365 Rahu	9:10AM – 10:15AM	Tailita Until 7:83PM	Nataraja: White			4th Phase	
Creative Work	Amrita Yoga			Navami* Until 14:29AM Sat	Moon – Purple			Devaloka Day	
Until 7:27AM					Karttika-Karttikai				
Then Routine Work - Marana Yoga									

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Uttaraprosarthapada* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Warsaw, Poland Sun 24 Sutra 217	
Meena Rasi: 0.13	Tithi 10 – 11	Gulika	1:31PM – 2:36PM	Shatabhishak Until 9:06AM	Ganesha: Red	<i>Sunrise:</i> 7:01AM		Vilamba 5120	
		Yama	11:21AM – 12:26PM	Harshana Until 12:02PM	Muruga: Clear	<i>Sunset:</i> 3:41PM		Moon 10 - Phase 30	
		716762365 Rahu	2:36PM – 3:41PM	Vanija Until 9:41PM	Nataraja: White			4th Phase	
Creative Work	Siddha Yoga			Dashami Until 14:32AM Sun	Moon – Clear			Devaloka Day	
Until 9:06AM					Karttika-Karttikai				
Then Creative Work - Amrita Yoga									

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Kaulava Karana Ekadashi/Dvadashyam Titau		Warsaw, Poland Sun 25 Sutra 218	
Meena Rasi: 12.43	Tithi 11 – 12	Gulika	12:26PM – 1:30PM	Purvaprosarthapada* Until 10:02AM	Ganesha: Red	<i>Sunrise:</i> 7:03AM		Vilamba 5120	
		Yama	10:16AM – 11:21AM	Vajra* Until 1:25PM	Muruga: Clear	<i>Sunset:</i> 3:39PM		Moon 10 - Phase 30	
Family Home Evening		716762365 Rahu	8:07AM – 9:12AM	Kaulava Until 10:15PM	Nataraja: White			4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 14:00AM Mon	Moon – Clear			Devaloka Day	
					Karttika-Karttikai				

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada*/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Warsaw, Poland Sun 26 Sutra 219	
Meena Rasi: 25.34	Tithi 12 – 13	Gulika	11:21AM – 12:25PM	Uttaraprosarthapada Until 10:13AM	Ganesha: Red	<i>Sunrise:</i> 7:04AM		Vilamba 5120	
		Yama	9:13AM – 10:17AM	Siddhi Until 1:56PM	Muruga: Clear	<i>Sunset:</i> 3:38PM		Moon 10 - Phase 30	
		716762365 Rahu	1:30PM – 2:34PM	Kaulava Until 9:63PM	Nataraja: White			4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 12:53AM Tue	Moon – Clear			Devaloka Day	
					Karttika-Karttikai				
					<i>Pradosha Vrata</i>				

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Bharani Nakshatra Vyalipata*/Variyan Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland Sun 27 Sutra 220	
Mesha Rasi: 8.48	Tithi 13 – 14	Gulika	10:18AM – 11:21AM	Revati Until 9:40AM	Ganesha: Blue	<i>Sunrise:</i> 7:06AM		Vilamba 5120	
		Yama	8:10AM – 9:14AM	Vyalipata* Until 2:03PM	Muruga: Clear	<i>Sunset:</i> 3:37PM		Moon 10 - Phase 30	
		726762365 Rahu	11:21AM – 12:25PM	Gara Until 8:70PM	Nataraja: White			4th Phase	
Routine Work	Marana Yoga			Trayodashi Until 11:13AM Wed	Moon – White			Bhuloka Day	
Until 9:40AM					Karttika-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Warsaw, Poland Sun 28 Sutra 221	
Copper Retreat Star		Gulika	9:15AM – 10:18AM	Ashvini Until 8:28AM	Ganesha: Blue	<i>Sunrise:</i> 7:08AM		Vilamba 5120	
Mesha Rasi: 22.24	Tithi 14 – 15	Yama	7:08AM – 8:11AM	Variyan Until 1:23PM	Muruga: Clear	<i>Sunset:</i> 3:36PM		Moon 10 - Phase 30	
		726762365 Rahu	12:25PM – 1:29PM	Visti Until 7:40PM	Nataraja: White			Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 9:01AM Thu	Moon – White			Bhuloka Day	
Until 8:28AM					Karttika-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Rohini Nakshatra Parigha*/Shiva Yoga Bava Karana Purnima/Prathamayam Titau		Warsaw, Poland Sun 29 Sutra 222	
Silver Retreat Star		Gulika	8:12AM – 9:16AM	Bharani Until 6:43AM	Ganesha: Blue	<i>Sunrise:</i> 7:09AM		Vilamba 5120	
Vrishabha Rasi: 6.2	Tithi 15 – 16	Yama	1:28PM – 2:32PM	Parigha* Until 12:05PM	Muruga: Clear	<i>Sunset:</i> 3:35PM		Moon 10 - Phase 30	
		726762365 Rahu	10:19AM – 11:22AM	Bava Until 6:43AM	Nataraja: White			Prathama	
Creative Work	Siddha Yoga			Purnima* Until 6:43AM	Moon – White			Bhuloka Day	
Until 6:43AM		Krittika Deepam			Karttika-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga		Vinayaga Viratam Begins							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Mrigashira Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Warsaw, Poland

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrishabha Rasi: 20.31 Tihti 17

737762365

Gulika 7:11AM – 8:14AM
Yama 12:25PM – 1:28PM
Rahu 9:17AM – 10:19AM

Krittika Until 2:10AM Sun
Siddha Until 10:42AM
Tailila Until 12:55AM Sun
Dvitiya Until 3:29AM Sat

Ganesha: Red *Sunrise:* 7:11AM
Muruga: Clear *Sunset:* 3:34PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 2:10AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Ardra Nakshatra Sadhya Yoga Vanija/Bava Karana Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.53 Tihti 18

737762365

Gulika 1:28PM – 2:30PM
Yama 11:23AM – 12:25PM
Rahu 2:30PM – 3:33PM

Rohini Until 11:37PM
Sadhya Until 8:56AM
Vanija Until 9:81AM Mon
Tritiya Until 12:19AM Sun

Ganesha: Red *Sunrise:* 7:12AM
Muruga: Clear *Sunset:* 3:33PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Kaulava Karana Chaturthayam Titau

Warsaw, Poland

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 19.2 Tihti 19

737762365

Gulika 12:25PM – 1:27PM
Yama 10:21AM – 11:23AM
Rahu 8:16AM – 9:18AM

Ardra Until 6:36PM Tue
Subha Until 6:57AM
Bava Until 7:50AM Tue
Chaturthi* Until 9:02PM

Ganesha: Red *Sunrise:* 7:14AM
Muruga: Clear *Sunset:* 3:32PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 6:36PM Tue

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.46 Tihti 20

747762365

Gulika 11:23AM – 12:25PM
Yama 9:19AM – 10:21AM
Rahu 1:27PM – 2:29PM

Ardra Until 6:36PM
Sukla Until 3:34AM Wed
Kaulava Until 4:86AM Wed
Panchami Until 14:30AM Tue

Ganesha: Green *Sunrise:* 7:16AM
Muruga: Clear *Sunset:* 3:31PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Warsaw, Poland

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 18.06 Tihti 21 – 22

747862365

Gulika 10:22AM – 11:24AM
Yama 8:19AM – 9:20AM
Rahu 11:24AM – 12:25PM

Pushya Until 4:17PM
Brahma Until 1:55AM Thu
Visti Until 2:74AM Thu
Shashthi* Until 11:23AM Wed

Ganesha: White *Sunrise:* 7:17AM
Muruga: Clear *Sunset:* 3:30PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Warsaw, Poland

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 2.19 Tihti 22 – 23

757863365

Gulika 9:21AM – 10:23AM
Yama 7:19AM – 8:20AM
Rahu 12:25PM – 1:27PM

Ashlesha* Until 2:12PM
Indra Until 12:46AM Fri
Kaulava Until 1:17AM Fri
Saptami Until 8:27AM Thu

Ganesha: Clear *Sunrise:* 7:19AM
Muruga: Purple *Sunset:* 3:29PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 2:12PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Kaulava Karana Ashtami/Navamyam Titau

Warsaw, Poland

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 16.22 Tihti 23 – 24

757863365

Gulika 8:21AM – 9:22AM
Yama 1:26PM – 2:27PM
Rahu 10:23AM – 11:24AM

Magha* Until 12:22PM
Vishkambha* Until 2:68AM Sat
Kaulava Until 12:22PM
Ashtami* Until 12:22PM

Ganesha: Clear *Sunrise:* 7:20AM
Muruga: Purple *Sunset:* 3:28PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1		Saturday, December 1, 2018			Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Prili Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Warsaw, Poland Sun 7 Sutra 230 Vilamba 5120	
Kanya Rasi: 0.16	Tithi 24 – 25	Gulika	7:22AM – 8:22AM	Purvaphalguni Until 10:49AM	Ganesh: Orange	<i>Sunrise:</i> 7:22AM		
		Yama	12:25PM – 1:26PM	Priti Until 12:50AM Sun	Muruga: Purple	<i>Sunset:</i> 3:28PM		Moon 11 - Phase 32
		758863365 Rahu	9:23AM – 10:24AM	Vanija Until 9:69PM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga			Navami* Until 2:68AM Sat	Moon – Red		Bhuloka Day	
					Karttika-Karttikai		Devaloka Time: 6:AM to 9:AM	

2		Sunday, December 2, 2018			Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Warsaw, Poland Sun 8 Sutra 231 Vilamba 5120	
Kanya Rasi: 13.59	Tithi 25 – 26	Gulika	1:26PM – 2:27PM	Uttaraphalguni Until 9:31AM	Ganesh: Light Blue	<i>Sunrise:</i> 7:23AM		
		Yama	11:25AM – 12:26PM	Ayushman Until 10:30PM	Muruga: Purple	<i>Sunset:</i> 3:27PM		Moon 11 - Phase 32
		768863365 Rahu	2:27PM – 3:27PM	Bava Until 8:61PM	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga			Dashami Until 12:50AM Sun	Moon – Green		Bhuloka Day	
Until 9:31AM					Karttika-Karttikai			
Then Creative Work - Siddha Yoga								

3		Monday, December 3, 2018			Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Balava Karana Ekadashi/Dvadashyam Titau		Warsaw, Poland Sun 9 Sutra 232 Vilamba 5120	
Kanya Rasi: 27.32	Tithi 26 – 27	Gulika	12:26PM – 1:26PM	Hasta Until 8:32AM	Ganesh: Light Blue	<i>Sunrise:</i> 7:24AM		
Family Home Evening		Yama	10:25AM – 11:25AM	Saubhagya Until 10:20PM	Muruga: Purple	<i>Sunset:</i> 3:26PM		Moon 11 - Phase 32
		768863365 Rahu	8:25AM – 9:25AM	Balava Until 8:32AM	Nataraja: White			2nd Phase
Routine Work	Prabalarishta Yoga			Ekadashi* Until 8:32AM	Moon – Green		Bhuloka Day	
Until 8:32AM					Karttika-Karttikai			
Then Creative Work - Amrita Yoga								

4		Tuesday, December 4, 2018			Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana Yoga Taitila Karana Dvadashi/Trayodashyam Titau		Warsaw, Poland Sun 10 Sutra 233 Vilamba 5120	
Tula Rasi: 10.55	Tithi 27 – 28	Gulika	11:26AM – 12:26PM	Chitra Until 7:52AM	Ganesh: Light Blue	<i>Sunrise:</i> 7:26AM		
		Yama	9:26AM – 10:26AM	Sobhana Until 10:21PM	Muruga: Purple	<i>Sunset:</i> 3:26PM		Moon 11 - Phase 32
		768863365 Rahu	1:26PM – 2:26PM	Taitila Until 7:52AM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 7:52AM	Moon – Green		Bhuloka Day	
Until 7:52AM					Karttika-Karttikai			
Then Routine Work - Marana Yoga					<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, December 5, 2018			Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland Sun 11 Sutra 234 Vilamba 5120	
Tula Rasi: 24.05	Tithi 28 – 29	Gulika	10:27AM – 11:26AM	Svati Until 7:34AM	Ganesh: Purple	<i>Sunrise:</i> 7:27AM		
		Yama	8:27AM – 9:27AM	Athiganda* Until 11:03PM	Muruga: Purple	<i>Sunset:</i> 3:25PM		Moon 11 - Phase 32
		778863365 Rahu	11:26AM – 12:26PM	Visti Until 7:36PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 7:17PM	Moon – Orange		Bhuloka Day	
					Karttika-Karttikai			

●		Thursday, December 6, 2018			Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Warsaw, Poland Sun 12 Sutra 235 Vilamba 5120	
Retreat Star		Gulika	9:28AM – 10:27AM	Vishakha Until 7:42AM	Ganesh: Purple	<i>Sunrise:</i> 7:28AM		
Vrischika Rasi: 7.03	Tithi 29 – 30	Yama	7:28AM – 8:28AM	Sukarma Until 12:04AM Fri	Muruga: Purple	<i>Sunset:</i> 3:25PM		Moon 11 - Phase 32
		778863365 Rahu	12:26PM – 1:26PM	Catuspada Until 7:59PM	Nataraja: White			Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 6:00PM	Moon – Orange		Bhuloka Day	
Until 7:42AM					Karttika-Karttikai			
Then Routine Work - Prabalarishta Yoga								

●		Friday, December 7, 2018			Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Warsaw, Poland Sun 13 Sutra 236 Vilamba 5120	
Retreat Star		Gulika	8:29AM – 9:28AM	Anuradha Until 8:20AM	Ganesh: Light Blue	<i>Sunrise:</i> 7:30AM		
Vrischika Rasi: 19.47	Tithi 30 – 1	Yama	1:26PM – 2:25PM	Dhriti Until 1:25AM Sat	Muruga: Purple	<i>Sunset:</i> 3:25PM		Moon 11 - Phase 32
		779863365 Rahu	10:28AM – 11:27AM	Kintughna Until 8:52PM	Nataraja: White			Prathama
Routine Work	Marana Yoga			Amavasya* Until 16:33AM Fri	Moon – Orange		Bhuloka Day	
Until 8:20AM					Margasira-Karttikai			
Then Creative Work - Amrita Yoga								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Warsaw, Poland Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 2.16	Tithi 1 – 2	Gulika 789863365	7:31AM – 8:30AM Yama 12:27PM – 1:26PM Rahu 9:29AM – 10:28AM	Jyeshtha* Until 9:29AM Shula* Until 16:41AM Sun Balava Until 9:78PM Prathama* Until 16:24AM Sat	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 7:31AM Sunset: 3:24PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day
Creative Work Siddha Yoga								
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Tritiya/Chaturthiyam Titau			Warsaw, Poland Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 14.32	Tithi 2 – 3	Gulika 789863365	1:26PM – 2:25PM Yama 11:28AM – 12:27PM Rahu 2:25PM – 3:24PM	Mula* Until 11:11AM Ganda* Until 17:18AM Mon Taitila Until 12:15AM Mon Dvitiya Until 16:41AM Sun	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 7:32AM Sunset: 3:24PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day
Creative Work Siddha Yoga Until 11:11AM Then Creative Work - Amrita Yoga								
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara Karana Tritiya/Chaturthiyam Titau			Warsaw, Poland Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 26.36	Tithi 3 – 4	Gulika 789863365	12:27PM – 1:26PM Yama 10:30AM – 11:29AM Rahu 8:32AM – 9:31AM	Purvashadha* Until 1:22PM Vridhi Until 6:07AM Gara Until 1:22PM Tritiya Until 1:22PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 7:33AM Sunset: 3:24PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day
Family Home Evening Routine Work Marana Yoga								
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Warsaw, Poland Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 8.3	Tithi 4 – 5	Gulika 789863365	11:29AM – 12:28PM Yama 9:32AM – 10:30AM Rahu 1:26PM – 2:25PM	Uttarashadha Until 6:40PM Wed Dhruva Until 8:51AM Bava Until 5:18AM Wed Chaturthi* Until 3:55PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 7:34AM Sunset: 3:24PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day
Routine Work Prabalarishta Yoga Until 6:40PM Wed Then Creative Work - Siddha Yoga								
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Dhanishtha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchamyam Titau			Warsaw, Poland Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 20.19	Tithi 5	Gulika 799863365	10:31AM – 11:29AM Yama 8:34AM – 9:32AM Rahu 11:29AM – 12:28PM	Uttarashadha Until 6:40PM Vyaghata* Until 12:08PM Kaulava Until 7:63AM Thu Panchami Until 6:10PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	Sunrise: 7:35AM Sunset: 3:24PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Until 6:40PM Then Routine Work - Prabalarishta Yoga								
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Shatabhishak Nakshatra Harshana Yoga Kaulava Karana Shashthyam Titau			Warsaw, Poland Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 2.05	Tithi 6	Gulika 799863365	9:33AM – 10:32AM Yama 7:36AM – 8:35AM Rahu 12:28PM – 1:27PM	Shravana Until 9:22PM Harshana Until 3:17PM Kaulava Until 8:03AM Shashthi* Until 9:22PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	Sunrise: 7:36AM Sunset: 3:24PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga		Vinayaga Viratam Ends						
7		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra* Yoga Gara/Visti* Karana Saptamyam Titau			Warsaw, Poland Sun 20 Sutra 243 Vilamba 5120	
Retreat Star		Gulika 799863365	8:36AM – 9:34AM Yama 1:27PM – 2:25PM Rahu 10:32AM – 11:30AM	Dhanishtha Until 11:49PM Vajra* Until 6:04PM Gara Until 12:53AM Sat Saptami Until 8:09PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	Sunrise: 7:37AM Sunset: 3:24PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Kumbha Rasi: 13.55 Tithi 7 Creative Work Siddha Yoga								
8		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau			Warsaw, Poland Sun 21 Sutra 244 Vilamba 5120	
Retreat Star		Gulika 711863365	7:38AM – 8:36AM Yama 12:29PM – 1:27PM Rahu 9:35AM – 10:33AM	Shatabhishak Until 1:45AM Sun Siddhi Until 8:81PM Visti Until 12:53PM Ashtami* Until 1:45AM Sun	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Clear Margasira-Karttikai	Sunrise: 7:38AM Sunset: 3:24PM	Moon 11 - Phase 33 Ashtami	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga Until 1:45AM Sun Then Creative Work - Amrita Yoga								
9		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata* Yoga Balava/Taitila Karana Navamyam Titau			Warsaw, Poland Sun 22 Sutra 245 Vilamba 5120	
Retreat Star		Gulika 811863365	1:28PM – 2:26PM Yama 11:31AM – 12:30PM Rahu 2:26PM – 3:24PM	Purvaproshtapada* Until 3:01AM Mon Vyalipata* Until 19:98AM Mon Balava Until 15:22AM Mon Navami* Until 8:81PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Clear Margasira-Markali	Sunrise: 7:39AM Sunset: 3:24PM	Moon 11 - Phase 33 Navami	Bhuloka Day
Creative Work Amrita Yoga Until 3:01AM Mon Then Creative Work - Siddha Yoga		Markali Pillaiyar						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Vanija Karana Dashamyam Titau				Warsaw, Poland Sun 23 Sutra 246 Vilamba 5120	
	Meena Rasi: 20.31	Titithi 10	Gulika Yama	12:30PM – 1:28PM 10:34AM – 11:32AM	Revati Until 11:38PM Variyan Until 11:38PM Taitila Until 14:86AM Tue Dashami Until 19:98AM Mon	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Clear	<i>Sunrise:</i> 7:40AM <i>Sunset:</i> 3:24PM	Moon 11 - Phase 34 4th Phase
	Family Home Evening		811863365	Rahu 8:38AM – 9:36AM				Bhuloka Day
	Creative Work Siddha Yoga					Margasira*Markali		

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Bava Karana Ekadashyam Titau				Warsaw, Poland Sun 24 Sutra 247 Vilamba 5120	
	Mesha Rasi: 3.21	Titithi 11	Gulika Yama	11:32AM – 12:30PM 9:36AM – 10:34AM	Ashvini Until 1:59AM Thu Wed Parigha* Until 12:09AM Wed Vanija Until 14:40AM Wed Ekadashi Until 8:38PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – White	<i>Sunrise:</i> 7:41AM <i>Sunset:</i> 3:24PM	Moon 11 - Phase 34 4th Phase
	Creative Work Siddha Yoga		821863365	Rahu 1:28PM – 2:26PM	Vaikuntha Ekadasi			Bhuloka Day Devaloka Time: 6:AM to 9:AM
						Margasira*Markali		

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Bava/Taitila Karana Dvadashyam Titau				Warsaw, Poland Sun 25 Sutra 248 Vilamba 5120	
	Mesha Rasi: 16.35	Titithi 12	Gulika Yama	10:35AM – 11:33AM 8:39AM – 9:37AM	Ashvini Until 1:59AM Thu Shiva Until 11:43PM Bava Until 2:40PM Dvadashi Until 1:59AM Thu	Ganesh: Clear Muruga: Purple Nataraja: White Moon – White	<i>Sunrise:</i> 7:41AM <i>Sunset:</i> 3:25PM	Moon 11 - Phase 34 4th Phase
	Creative Work Siddha Yoga Until 1:59AM Thu Then Routine Work - Marana Yoga		821863365	Rahu 11:33AM – 12:31PM				Bhuloka Day Devaloka Time: 6:AM to 9:AM
						Margasira*Markali		

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Vanija Karana Trayodashyam Titau				Warsaw, Poland Sun 26 Sutra 249 Vilamba 5120	
	Vrisabha Rasi: 0.17	Titithi 13	Gulika Yama	9:38AM – 10:36AM 7:42AM – 8:40AM	Bharani Until 12:08AM Fri Siddha Until 10:28PM Kaulava Until 11:00AM Fri Trayodashi Until 14:56AM Thu	Ganesh: Clear Muruga: Purple Nataraja: White Moon – White	<i>Sunrise:</i> 7:42AM <i>Sunset:</i> 3:25PM	Moon 11 - Phase 34 4th Phase
	Routine Work Marana Yoga		821863365	Rahu 12:31PM – 1:29PM				Bhuloka Day Devaloka Time: 6:AM to 9:AM
						Margasira*Markali		

Pradosha Vrata

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Bava Karana Chaturdashyam Titau				Warsaw, Poland Sun 27 Sutra 250 Vilamba 5120	
	Vrisabha Rasi: 14.23	Titithi 14	Gulika Yama	8:40AM – 9:38AM 1:30PM – 2:28PM	Rohini Until 6:52PM Sat Sadhya Until 8:54PM Gara Until 7:81AM Sat Chaturdashi* Until 11:56AM Fri	Ganesh: White Muruga: Purple Nataraja: White Moon – Yellow	<i>Sunrise:</i> 7:42AM <i>Sunset:</i> 3:25PM	Moon 11 - Phase 34 4th Phase
	Routine Work Marana Yoga Until 6:52PM Sat Then Creative Work - Siddha Yoga		831863365	Rahu 10:36AM – 11:34AM	Day 1 of Pancha Ganapati			Bhuloka Day
						Margasira*Markali		

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Balava Karana Purnimayam Titau				Warsaw, Poland Sutra 251 Vilamba 5120	
	Copper Retreat Star		Gulika Yama	7:43AM – 8:41AM 12:32PM – 1:30PM	Rohini Until 6:52PM Subha Until 6:47PM Visti Until 4:81AM Sun Purnima* Until 8:32AM Sat	Ganesh: Yellow Muruga: Purple Nataraja: White Moon – Yellow	<i>Sunrise:</i> 7:43AM <i>Sunset:</i> 3:26PM	Moon 11 - Phase 34 Purnima
	Creative Work Siddha Yoga		831963365	Rahu 9:39AM – 10:37AM	Day 2 of Pancha Ganapati			Bhuloka Day Devaloka Time: 9:AM to 12:PM
						Margasira*Markali		

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Warsaw, Poland Sutra 252 Vilamba 5120	
	Silver Retreat Star		Gulika Yama	1:31PM – 2:29PM 11:35AM – 12:33PM	Ardra Until 4:15PM Brahma Until 4:15PM Taitila Until 2:09AM Mon Prathama* Until 3:45PM	Ganesh: Yellow Muruga: Purple Nataraja: White Moon – Yellow	<i>Sunrise:</i> 7:43AM <i>Sunset:</i> 3:27PM	Moon 11 - Phase 34 Prathama
	Creative Work Siddha Yoga		831963365	Rahu 2:29PM – 3:27PM	Day 3 of Pancha Ganapati Ardra Darshanam			Bhuloka Day Devaloka Time: 9:AM to 12:PM
						Margasira*Markali		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 28.26 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

842963366

Gulika

12:33PM - 1:31PM

Yama

10:38AM - 11:35AM

Rahu

8:42AM - 9:40AM

Day 4 of Pancha Ganapati

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaikhambha* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Warsaw, Poland

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

Ganesh: Blue

Sunrise: 7:44AM

Muruga: Purple

Sunset: 3:27PM

Nataraja: White

Moon - Blue

Margasira*Markali

1

Tuesday, December 25, 2018

Kataka Rasi: 13.19 Tihi 18 - 19

Creative Work Siddha Yoga

842963366

Gulika

11:36AM - 12:34PM

Yama

9:40AM - 10:38AM

Rahu

1:32PM - 2:30PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaikhambha*/Prili Yoga Balava/Gara Karana Chaturthi/Panchamyam Titau

Warsaw, Poland

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Ganesh: Yellow

Sunrise: 7:44AM

Muruga: Purple

Sunset: 3:28PM

Nataraja: White

Moon - Blue

Margasira*Markali

2

Wednesday, December 26, 2018

Kataka Rasi: 28.05 Tihi 19 - 20

Creative Work Siddha Yoga

842963366

Gulika

10:38AM - 11:37AM

Yama

8:42AM - 9:40AM

Rahu

11:37AM - 12:35PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Warsaw, Poland

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Ganesh: Yellow

Sunrise: 7:44AM

Muruga: Purple

Sunset: 3:29PM

Nataraja: Green

Moon - Blue

Margasira*Markali

3

Thursday, December 27, 2018

Simha Rasi: 12.38 Tihi 21

Creative Work Amrita Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

852963366

Gulika

9:41AM - 10:39AM

Yama

7:45AM - 8:43AM

Rahu

12:35PM - 1:33PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Saptamyam Titau

Warsaw, Poland

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Ganesh: Blue

Sunrise: 7:45AM

Muruga: Purple

Sunset: 3:29PM

Nataraja: Green

Moon - Red

Margasira*Markali

4

Friday, December 28, 2018

Simha Rasi: 26.55 Tihi 22

Creative Work Siddha Yoga

Until 9:54PM Sat

Then Routine Work - Marana Yoga

852963366

Gulika

8:43AM - 9:41AM

Yama

1:34PM - 2:32PM

Rahu

10:39AM - 11:38AM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Warsaw, Poland

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Ganesh: Blue

Sunrise: 7:45AM

Muruga: Purple

Sunset: 3:30PM

Nataraja: Green

Moon - Red

Margasira*Markali

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.53 Tihi 23

Routine Work Marana Yoga

862963366

Gulika

7:45AM - 8:43AM

Yama

12:36PM - 1:35PM

Rahu

9:42AM - 10:40AM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Warsaw, Poland

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Ganesh: Red

Sunrise: 7:45AM

Muruga: Purple

Sunset: 3:31PM

Nataraja: Green

Moon - Green

Margasira*Markali

6

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 24.32 Tihi 24

Creative Work Siddha Yoga

862963366

Gulika

1:35PM - 2:34PM

Yama

11:39AM - 12:37PM

Rahu

2:34PM - 3:32PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Hasta/Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Warsaw, Poland

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Ganesh: Red

Sunrise: 7:45AM

Muruga: Purple

Sunset: 3:32PM

Nataraja: Green

Moon - Green

Margasira*Markali

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Warsaw, Poland	
Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 260		Vilamba 5120	
1		Gulika	12:37PM – 1:36PM	Svati Until 8:58PM Tue	Ganesh: Red	Sunrise: 7:45AM	
Tula Rasi: 7.53	Tithi 25	Yama	10:41AM – 11:39AM	Sukarma Until 11:09PM	Muruga: Purple	Sunset: 3:33PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu	8:44AM – 9:42AM	Vanija Until 8:49AM Tue	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 22:69AM Mon	Moon – Green	Bhuloka Day	
Until 8:58PM Tue					Margasira*Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Warsaw, Poland	
Svati/Vishakha Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashyam Titau		Sun 9		Sutra 261		Vilamba 5120	
2		Gulika	11:40AM – 12:38PM	Svati Until 8:58PM	Ganesh: Green	Sunrise: 7:45AM	
Tula Rasi: 20.58	Tithi 26	Yama	9:42AM – 10:41AM	Dhriti Until 5:08AM Wed	Muruga: Purple	Sunset: 3:33PM	Moon 12 - Phase 36
872963366		Rahu	1:37PM – 2:35PM	Bava Until 8:77AM Wed	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 11:09PM	Moon – Orange	Bhuloka Day	
Until 8:58PM					Margasira*Markali		
Then Creative Work - Siddha Yoga							

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Warsaw, Poland	
Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 262		Vilamba 5120	
3		Gulika	10:41AM – 11:40AM	Vishakha Until 9:40PM	Ganesh: Green	Sunrise: 7:45AM	
Vrischika Rasi: 3.47	Tithi 27	Yama	8:44AM – 9:42AM	Shula* Until 20:74AM Thu	Muruga: Purple	Sunset: 3:35PM	Moon 12 - Phase 36
872963366		Rahu	11:40AM – 12:39PM	Kaulava Until 9:73AM Thu	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 10:09PM	Moon – Orange	Bhuloka Day	
					Margasira*Markali		

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Warsaw, Poland	
Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara Karana Trayodashyam Titau		Sun 11		Sutra 263		Vilamba 5120	
4		Gulika	9:43AM – 10:42AM	Anuradha Until 6:31AM	Ganesh: Green	Sunrise: 7:45AM	
Vrischika Rasi: 16.23	Tithi 28	Yama	7:45AM – 8:44AM	Ganda* Until 9:14PM	Muruga: Purple	Sunset: 3:36PM	Moon 12 - Phase 36
872963366		Rahu	12:39PM – 1:38PM	Gara Until 10:13AM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 10:51PM	Moon – Orange	Bhuloka Day	
Until 6:31AM					Margasira*Markali		
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata (Fasting)</i>			

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Warsaw, Poland	
Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 264		Vilamba 5120	
5		Gulika	8:44AM – 9:43AM	Jyeshtha* Until 8:12AM	Ganesh: Green	Sunrise: 7:45AM	
Vrischika Rasi: 28.47	Tithi 29	Yama	1:39PM – 2:38PM	Vriddhi Until 9:19PM	Muruga: Purple	Sunset: 3:37PM	Moon 12 - Phase 36
872963366		Rahu	10:42AM – 11:41AM	Visti Until 11:37AM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Chaturdashi* Until 12:28AM Sat	Moon – Orange	Bhuloka Day	
Until 8:12AM					Margasira*Markali		
Then Creative Work - Amrita Yoga							

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Warsaw, Poland	
Retreat Star		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Sutra 265	
6		Gulika	7:44AM – 8:44AM	Mula* Until 10:36AM	Ganesh: White	Sunrise: 7:44AM	
Dhanus Rasi: 11	Tithi 30	Yama	12:41PM – 1:40PM	Dhruva Until 9:40PM	Muruga: Purple	Sunset: 3:39PM	Moon 12 - Phase 36
882963366		Rahu	9:43AM – 10:42AM	Catuspada Until 1:27PM	Nataraja: Green		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 2:29AM Sun	Moon – Light Blue	Bhuloka Day	
		Subramuniyaswami Jayanti			Margasira*Markali		

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Warsaw, Poland	
Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna* Karana Prathamayam Titau		Sun 14		Sutra 266	
7		Gulika	1:41PM – 2:40PM	Purvashadha* Until 7:27AM Tue Mon	Ganesh: White	Sunrise: 7:44AM	
Dhanus Rasi: 23.04	Tithi 1	Yama	11:42AM – 12:41PM	Vyaghata* Until 10:18PM	Muruga: Clear	Sunset: 3:40PM	Moon 12 - Phase 36
882973366		Rahu	2:40PM – 3:40PM	Kintughna Until 3:39PM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga			Prathama* Until 4:50AM Mon	Moon – Light Blue	Bhuloka Day	
Until 7:27AM Tue Mon		Partial Solar Eclipse			Pausha*Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Warsaw, Poland	
Purvashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau		Sun 15		Sutra 267		Vilamba 5120	
1		Gulika	12:42PM – 1:42PM	Purvashadha* Until 7:27AM Tue	Ganesha: White	Sunrise: 7:44AM	
Makara Rasi: 4.59	Tithi 2	Yama	10:43AM – 11:42AM	Harshana Until 10:69PM	Muruga: Clear	Sunset: 3:41PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu	8:43AM – 9:43AM	Balava Until 20:50AM Tue	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 10:18PM	Moon – Light Blue		
Until 7:27AM Tue					Pausha-Markali	Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 12:PM to 3:PM	

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Warsaw, Poland	
Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 268		Vilamba 5120	
2		Gulika	11:43AM – 12:43PM	Shravana Until 10:12AM Wed	Ganesha: Red	Sunrise: 7:43AM	
Makara Rasi: 16.5	Tithi 2 – 3	Yama	9:43AM – 10:43AM	Vajra* Until 12:06AM Wed	Muruga: Clear	Sunset: 3:42PM	Moon 12 - Phase 37
893973366		Rahu	1:43PM – 2:42PM	Taitila Until 8:50PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga			Dvitiya Until 7:27AM	Moon – Purple		
					Pausha-Markali	Devaloka Day	

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Warsaw, Poland	
Shravana/Dhanishtha Nakshatra Siddhi Yoga Gara Karana Tritiya/Chaturthyam Titau		Sun 17		Sutra 269		Vilamba 5120	
3		Gulika	10:43AM – 11:43AM	Shravana Until 10:12AM	Ganesha: Red	Sunrise: 7:43AM	
Makara Rasi: 28.37	Tithi 3 – 4	Yama	8:43AM – 9:43AM	Siddhi Until 24:66	Muruga: Clear	Sunset: 3:44PM	Moon 12 - Phase 37
893973366		Rahu	11:43AM – 12:43PM	Gara Until 10:12AM	Nataraja: Green		3rd Phase
Routine Work	Prabalarishta Yoga			Tritiya Until 10:12AM	Moon – Purple		
Until 10:12AM					Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga							

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Warsaw, Poland	
Dhanishtha/Shatabhishak Nakshatra Vyatipata* Yoga Visti* Karana Chaturthi/Panchamyam Titau		Sun 18		Sutra 270		Vilamba 5120	
4		Gulika	9:43AM – 10:43AM	Dhanishtha Until 12:55PM	Ganesha: Red	Sunrise: 7:42AM	
Kumbha Rasi: 10.25	Tithi 4 – 5	Yama	7:42AM – 8:42AM	Vyatipata* Until 1:61AM Fri	Muruga: Clear	Sunset: 3:45PM	Moon 12 - Phase 37
893973366		Rahu	12:44PM – 1:44PM	Visti Until 12:55PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 12:55PM	Moon – Purple		
					Pausha-Markali	Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Warsaw, Poland	
Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19		Sutra 271		Vilamba 5120	
5		Gulika	8:42AM – 9:42AM	Purvaproshtapada* Until 5:37PM Sat	Ganesha: Clear	Sunrise: 7:41AM	
Kumbha Rasi: 22.15	Tithi 5 – 6	Yama	1:45PM – 2:46PM	Variyan Until 4:14AM Sat	Muruga: Clear	Sunset: 3:47PM	Moon 12 - Phase 37
813973366		Rahu	10:43AM – 11:44AM	Kaulava Until 4:37AM Sat	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga			Panchami Until 1:61AM Fri	Moon – Clear		
					Pausha-Markali	Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam				Warsaw, Poland	
Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20		Sutra 272		Vilamba 5120	
6		Gulika	7:41AM – 8:42AM	Purvaproshtapada* Until 5:37PM	Ganesha: Clear	Sunrise: 7:41AM	
Meena Rasi: 4.12	Tithi 6 – 7	Yama	12:45PM – 1:46PM	Parigha* Until 6:37AM Sun	Muruga: Clear	Sunset: 3:48PM	Moon 12 - Phase 37
813973366		Rahu	9:43AM – 10:44AM	Gara Until 5:92AM Sun	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 2:43AM Sat	Moon – Clear		
Until 5:37PM					Pausha-Markali	Devaloka Day	
Then Routine Work - Prabalarishta Yoga							

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Warsaw, Poland	
Uttaraproshtapada*/Revali Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21		Sutra 273		Vilamba 5120	
Retreat Star		Gulika	1:47PM – 2:48PM	Uttaraproshtapada Until 8:10PM Mon	Ganesha: Clear	Sunrise: 7:40AM	
Meena Rasi: 16.2	Tithi 7	Yama	11:45AM – 12:46PM	Shiva Until 2:62AM Mon	Muruga: Clear	Sunset: 3:50PM	Moon 12 - Phase 37
813973366		Rahu	2:48PM – 3:50PM	Gara Until 6:32AM	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga			Saptami Until 7:15PM	Moon – Clear		
					Pausha-Markali	Devaloka Day	

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Warsaw, Poland	
Uttaraproshtapada*/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 22		Sutra 274		Vilamba 5120	
Retreat Star		Gulika	12:47PM – 1:48PM	Uttaraproshtapada Until 8:10PM	Ganesha: Clear	Sunrise: 7:39AM	
Meena Rasi: 28.44	Tithi 8	Yama	10:44AM – 11:45AM	Siddha Until 2:23AM Tue	Muruga: Clear	Sunset: 3:51PM	Moon 12 - Phase 37
Family Home Evening	813973366	Rahu	8:41AM – 9:42AM	Visti Until 8:21AM Tue	Nataraja: Green		Ashtami
Creative Work	Siddha Yoga				Moon – Clear		
		Thai Pongal		Ashtami* Until 2:62AM Mon	Pausha-Thai	Devaloka Day	

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Warsaw, Poland	
Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Sun 23		Sutra 275		Vilamba 5120	
Retreat Star		Gulika	11:46AM – 12:47PM	Ashvini Until 9:28AM	Ganesha: Purple	Sunrise: 7:39AM	
Mesha Rasi: 11.28	Tithi 9	Yama	9:42AM – 10:44AM	Sadhya Until 1:08AM Wed	Muruga: Clear	Sunset: 3:53PM	Moon 12 - Phase 37
823973366		Rahu	1:49PM – 2:51PM	Balava Until 8:21AM	Nataraja: Green		Navami
Creative Work	Siddha Yoga			Navami* Until 8:18PM	Moon – White		
					Pausha-Thai	Sivaloka Day	


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila Karana Dashamyam Titau		Warsaw, Poland Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 24.35	Tithi 10	Gulika	10:44AM – 11:46AM	Bharani Until 9:43AM	Ganesh: Blue	<i>Sunrise:</i> 7:38AM			
		Yama	8:40AM – 9:42AM	Subha Until 11:15PM	Muruga: Clear	<i>Sunset:</i> 3:54PM		Moon 12 - Phase 38	
		823173366 Rahu	11:46AM – 12:48PM	Taitila Until 8:04AM	Nataraja: Green			4th Phase	
Creative Work	Siddha Yoga			Dashami Until 7:36PM	Moon – White			Sivaloka Day	
Until 9:43AM					Pausha*Thai				
Then Creative Work - Amrita Yoga									

2		Thursday, January 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Warsaw, Poland Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 8.09	Tithi 11	Gulika	9:41AM – 10:44AM	Krittika Until 9:02AM	Ganesh: Blue	<i>Sunrise:</i> 7:37AM			
		Yama	7:37AM – 8:39AM	Sukla Until 8:43PM	Muruga: Clear	<i>Sunset:</i> 3:56PM		Moon 12 - Phase 38	
		823173366 Rahu	12:49PM – 1:51PM	Vanija Until 6:57AM	Nataraja: Green			4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 6:05PM	Moon – White			Sivaloka Day	
					Pausha*Thai				

3		Friday, January 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Warsaw, Poland Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 22.11	Tithi 12 – 13	Gulika	8:38AM – 9:41AM	Rohini Until 7:54AM	Ganesh: Yellow	<i>Sunrise:</i> 7:36AM			
		Yama	1:52PM – 2:55PM	Brahma Until 5:37PM	Muruga: Clear	<i>Sunset:</i> 3:57PM		Moon 12 - Phase 38	
		823173366 Rahu	10:44AM – 11:47AM	Kaulava Until 2:33AM Sat	Nataraja: Green			4th Phase	
Routine Work	Marana Yoga			Dvadashi Until 3:52PM	Moon – Yellow			Devaloka Day	
Until 7:54AM					Pausha*Thai				
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata</i>				

4		Saturday, January 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 6.4	Tithi 13 – 14	Gulika	7:35AM – 8:38AM	Mrigashira Until 6:00AM	Ganesh: Yellow	<i>Sunrise:</i> 7:35AM			
		Yama	12:50PM – 1:53PM	Indra Until 2:05PM	Muruga: Clear	<i>Sunset:</i> 3:59PM		Moon 12 - Phase 38	
		823173366 Rahu	9:41AM – 10:44AM	Gara Until 11:29PM	Nataraja: Green			4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 1:03PM	Moon – Yellow			Devaloka Day	
					Pausha*Thai				

		Sunday, January 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Warsaw, Poland Sutra 280 Vilamba 5120	
Copper Retreat Star		Gulika	1:54PM – 2:57PM	Punarvasu Until 12:50AM Mon	Ganesh: White	<i>Sunrise:</i> 7:34AM			
Mithuna Rasi: 21.3	Tithi 14 – 15	Yama	11:47AM – 12:51PM	Vaidhriti* Until 12:50AM Mon	Muruga: Clear	<i>Sunset:</i> 4:01PM		Moon 12 - Phase 38	
		823173366 Rahu	2:57PM – 4:01PM	Bava Until 6:15AM Mon	Nataraja: Green			Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 9:48AM	Moon – Blue			Sivaloka Day	
					Pausha*Thai				

Monday, January 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Warsaw, Poland Sutra 281 Vilamba 5120	
Kataka Rasi: 6.35	Tithi 15 – 16	Gulika	12:51PM – 1:55PM	Pushya Until 9:55PM	Ganesh: White	<i>Sunrise:</i> 7:33AM			
Family Home Evening		Yama	10:44AM – 11:48AM	Vishkambha* Until 6:01AM	Muruga: Clear	<i>Sunset:</i> 4:03PM		Moon 12 - Phase 38	
		823173366 Rahu	8:36AM – 9:40AM	Kaulava Until 2:34AM Tue	Nataraja: Green			Prathama	
Creative Work	Siddha Yoga			Purnima* Until 6:15AM	Moon – Blue			Sivaloka Day	
					Pausha*Thai				
		Total Lunar Eclipse							
		Thai Pusam							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Tailila/Gara Karana Dvitiyayam Titau

Warsaw, Poland

Sutra 282

Vilamba 5120

Kataka Rasi: 21.46 Tihi 17

844173366

Gulika 11:48AM – 12:52PM
Yama 9:40AM – 10:44AM
Rahu 1:56PM – 3:00PM

Ashlesha* Until 6:53PM
Ayushman Until 9:32PM
Tailila Until 12:45PM
Dvitiya Until 10:56PM

Ganesha: Clear *Sunrise: 7:31AM*
Muruga: Clear *Sunset: 4:04PM*
Nataraja: Green
Moon – Blue
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija Karana Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 283

Vilamba 5120

Simha Rasi: 6.54 Tihi 18

854173366

Gulika 10:44AM – 11:48AM
Yama 8:35AM – 9:39AM
Rahu 11:48AM – 12:53PM

Magha* Until 4:16PM
Saubhagya Until 5:27PM
Vanija Until 9:12AM
Tritiya Until 7:29PM

Ganesha: Purple *Sunrise: 7:30AM*
Muruga: Clear *Sunset: 4:06PM*
Nataraja: Green
Moon – Red
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 4:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland

Sun 2 Sutra 284

Vilamba 5120

Simha Rasi: 21.5 Tihi 19 – 20

854173366

Gulika 9:39AM – 10:44AM
Yama 7:29AM – 8:34AM
Rahu 12:53PM – 1:58PM

Purvaphalguni Until 1:50PM
Sobhana Until 1:40PM
Balava Until 4:24PM
Chaturthi* Until 4:24PM

Ganesha: Purple *Sunrise: 7:29AM*
Muruga: Clear *Sunset: 4:08PM*
Nataraja: Green
Moon – Red
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Tailila Karana Panchami/Shashthyam Titau

Warsaw, Poland

Sun 3 Sutra 285

Vilamba 5120

Kanya Rasi: 6.28 Tihi 20 – 21

954173366

Gulika 8:33AM – 9:38AM
Yama 1:59PM – 3:04PM
Rahu 10:43AM – 11:49AM

Uttaraphalguni Until 11:45AM
Athiganda* Until 10:14AM
Taitila Until 1:47PM
Panchami Until 1:47PM

Ganesha: Clear *Sunrise: 7:28AM*
Muruga: Clear *Sunset: 4:10PM*
Nataraja: Green
Moon – Red
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 11:45AM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Warsaw, Poland

Sun 4 Sutra 286

Vilamba 5120

Kanya Rasi: 20.41 Tihi 21 – 22

964173366

Gulika 7:26AM – 8:32AM
Yama 12:54PM – 2:00PM
Rahu 9:38AM – 10:43AM

Hasta Until 10:31AM
Sukarma Until 7:18AM
Visti Until 11:04PM
Shashthi* Until 11:48AM

Ganesha: Purple *Sunrise: 7:26AM*
Muruga: Clear *Sunset: 4:11PM*
Nataraja: Green
Moon – Green
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Bava Karana Saptami/Ashtamyam Titau

Warsaw, Poland

Sun 5 Sutra 287

Vilamba 5120

Tula Rasi: 4.29 Tihi 22 – 23

964173366

Gulika 2:01PM – 3:07PM
Yama 11:49AM – 12:55PM
Rahu 3:07PM – 4:13PM

Chitra Until 9:51AM
Shula* Until 3:06AM Mon
Bava Until 10:30AM
Saptami Until 10:30AM

Ganesha: Purple *Sunrise: 7:25AM*
Muruga: Clear *Sunset: 4:13PM*
Nataraja: Green
Moon – Green
Pausha*Thai

Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava Karana Ashtami/Navamyam Titau

Warsaw, Poland

Sun 6 Sutra 288

Vilamba 5120

Tula Rasi: 17.52 Tihi 23 – 24

964173366

Gulika 12:56PM – 2:02PM
Yama 10:43AM – 11:49AM
Rahu 8:30AM – 9:36AM

Svati Until 9:44AM
Ganda* Until 1:52AM Tue
Kaulava Until 9:56AM
Ashtami* Until 9:56AM

Ganesha: Purple *Sunrise: 7:24AM*
Muruga: Clear *Sunset: 4:15PM*
Nataraja: Green
Moon – Green
Pausha*Thai

Moon 1 - Phase 39
Navami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 9:44AM

Then Routine Work - Marana Yoga

1	Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Warsaw, Poland Sun 7 Sutra 289	
	Vrischika Rasi: 0.5	Tithi 24 – 25	Gulika Yama 974173366	11:49AM – 12:56PM 9:36AM – 10:43AM Rahu 2:03PM – 3:10PM	Vishakha Until 10:40AM Vriddhi Until 1:12AM Wed Vanija Until 10:30PM Navami* Until 10:07AM	Ganesh: Clear Muruga: Clear Nataraja: Green Moon – Orange Pausha*Thai	Sunrise: 7:22AM Sunset: 4:17PM	Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	Routine Work Marana Yoga Until 10:40AM Then Creative Work - Siddha Yoga						Devaloka Day	


2	Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Warsaw, Poland Sun 8 Sutra 290	
	Vrischika Rasi: 13.29	Tithi 25 – 26	Gulika Yama 974173366	10:42AM – 11:50AM 8:28AM – 9:35AM Rahu 11:50AM – 12:57PM	Anuradha Until 12:06PM Dhruva Until 12:06PM Balava Until 12:30AM Thu Dashami Until 11:00AM	Ganesh: Clear Muruga: Clear Nataraja: Green Moon – Orange Pausha*Thai	Sunrise: 7:21AM Sunset: 4:19PM	Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	Creative Work Siddha Yoga						Devaloka Day	


3	Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland Sun 9 Sutra 291	
	Vrischika Rasi: 25.52	Tithi 26 – 27	Gulika Yama 974173366	9:35AM – 10:42AM 7:19AM – 8:27AM Rahu 12:57PM – 2:05PM	Jyeshtha* Until 2:28PM Fri Vyaghata* Until 1:13AM Fri Balava Until 12:30PM Ekadashi* Until 12:30PM	Ganesh: Clear Muruga: Clear Nataraja: Green Moon – Orange Pausha*Thai	Sunrise: 7:19AM Sunset: 4:20PM	Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	Routine Work Prabalarishta Yoga Until 2:28PM Fri Then Creative Work - Siddha Yoga						Devaloka Day	

4	Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland Sun 10 Sutra 292	
	Dhanus Rasi: 8.01	Tithi 27 – 28	Gulika Yama 984173366	8:27AM – 9:35AM 2:05PM – 3:13PM Rahu 10:42AM – 11:50AM	Jyeshtha* Until 2:28PM Harshana Until 1:47AM Sat Gara Until 3:38AM Sat Dvadashi* Until 2:28PM	Ganesh: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 7:19AM Sunset: 4:20PM	Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	Creative Work Amrita Yoga Until 2:28PM Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata (Fasting)</i>		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

5	Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland Sun 11 Sutra 293	
	Dhanus Rasi: 20.01	Tithi 28 – 29	Gulika Yama 984173366	7:18AM – 8:26PM 12:58PM – 2:06PM Rahu 9:34AM – 10:42AM	Purvashadha* Until 7:23PM Vajra* Until 2:32AM Sun Visti Until 6:06AM Sun Trayodashi* Until 4:49PM	Ganesh: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 7:18AM Sunset: 4:22PM	Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	Creative Work Siddha Yoga Until 7:23PM Then Routine Work - Marana Yoga						Bhuloka Day Devaloka Time: 12:PM to 3:PM	

6	Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Catuspada* Karana Chaturdashyam Titau				Warsaw, Poland Sun 12 Sutra 294	
	Makara Rasi: 1.54	Tithi 29	Gulika Yama 985173366	2:07PM – 3:16PM 11:50AM – 12:59PM Rahu 3:16PM – 4:24PM	Uttarashadha Until 10:15PM Siddhi Until 3:27AM Mon Visti Until 8:46AM Mon Chaturdashi* Until 2:32AM Sun	Ganesh: Yellow Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 7:16AM Sunset: 4:24PM	Vilamba 5120 Moon 1 - Phase 40 2nd Phase
	Creative Work Amrita Yoga						Devaloka Day	

	Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau				Warsaw, Poland Sun 13 Sutra 295		
	Retreat Star		Makara Rasi: 13.43	Tithi 30	Gulika Yama 995173367	12:59PM – 2:08PM 10:41AM – 11:50AM Rahu 8:23AM – 9:32AM	Shravana Until 1:32AM Tue Vyatipata* Until 1:32AM Tue Catuspada Until 11:29AM Tue Amavasya* Until 3:27AM Mon	Ganesh: Red Muruga: Clear Nataraja: White Moon – Purple Pausha*Thai	Sunrise: 7:14AM Sunset: 4:26PM
	Family Home Evening Creative Work Amrita Yoga Until 1:32AM Tue Then Creative Work - Siddha Yoga						Devaloka Day		

	Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna* Karana Prathamayam Titau				Warsaw, Poland Sun 14 Sutra 296		
	Retreat Star		Makara Rasi: 25.31	Tithi 1	Gulika Yama 995173367	11:50AM – 1:00PM 9:32AM – 10:41AM Rahu 2:09PM – 3:18PM	Dhanishtha Until 4:39AM Wed Variyan Until 5:24AM Wed Kintughna Until 11:29AM Prathama* Until 12:48AM Wed	Ganesh: Red Muruga: Clear Nataraja: White Moon – Purple Magha*Thai	Sunrise: 7:13AM Sunset: 4:28PM
	Creative Work Siddha Yoga						Devaloka Day		

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Taitila Karana Dvitiyayam Titau		Warsaw, Poland Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 7.19	Tithi 2	Gulika	10:41AM – 11:50AM	Shatabhishak Until 7:30AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:11AM			
		Yama	8:21AM – 9:31AM	Parigha* Until 6:18AM Thu	Muruga: Clear	<i>Sunset:</i> 4:30PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	995173367 Rahu	11:50AM – 1:00PM	Balava Until 2:09PM	Nataraja: White			3rd Phase	Devaloka Day
				Dvitiya Until 3:25AM Thu	Moon – Purple				
					Magha-Thai				

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau		Warsaw, Poland Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 19.1	Tithi 3	Gulika	9:30AM – 10:40AM	Shatabhishak Until 7:30AM	Ganesha: Red	<i>Sunrise:</i> 7:09AM			
		Yama	7:09AM – 8:20AM	Parigha* Until 6:18AM	Muruga: Clear	<i>Sunset:</i> 4:32PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	995173367 Rahu	1:01PM – 2:11PM	Taitila Until 4:40PM	Nataraja: White			3rd Phase	Devaloka Day
				Tritiya Until 5:50AM Fri	Moon – Purple				
					Magha-Thai				

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau		Warsaw, Poland Sun 17 Sutra 299 Vilamba 5120	
Meena Rasi: 1.05	Tithi 4	Gulika	8:18AM – 9:29AM	Purvaprossthapada* Until 7:57AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:08AM			
		Yama	2:12PM – 3:23PM	Shiva Until 10:29AM	Muruga: Clear	<i>Sunset:</i> 4:33PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	915173367 Rahu	10:40AM – 11:51AM	Vanija Until 6:57PM	Nataraja: White			3rd Phase	Sivaloka Day
				Chaturthi* Until 7:57AM Sat	Moon – Clear				
					Magha-Thai				

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprossthapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Warsaw, Poland Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 13.07	Tithi 4 – 5	Gulika	7:06AM – 8:17AM	Purvaprossthapada* Until 7:57AM	Ganesha: Blue	<i>Sunrise:</i> 7:06AM			
		Yama	1:02PM – 2:13PM	Siddha Until 1:01PM	Muruga: Clear	<i>Sunset:</i> 4:35PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	915173367 Rahu	9:28AM – 10:39AM	Balava Until 9:41AM Sun	Nataraja: White			3rd Phase	Sivaloka Day
Until 7:57AM				Chaturthi* Until 7:57AM	Moon – Clear				
Then Routine Work - Prabalarishta Yoga					Magha-Thai				

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Warsaw, Poland Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 25.18	Tithi 5 – 6	Gulika	2:14PM – 3:26PM	Revati Until 2:59PM	Ganesha: Red	<i>Sunrise:</i> 7:04AM			
		Yama	11:51AM – 1:02PM	Sadhya Until 7:47AM	Muruga: Clear	<i>Sunset:</i> 4:37PM		Moon 1 - Phase 41	
Creative Work	Amrita Yoga	915273367 Rahu	3:26PM – 4:37PM	Kaulava Until 10:23PM	Nataraja: White			3rd Phase	Devaloka Day
Until 2:59PM				Panchami Until 9:41AM	Moon – Clear				
Then Creative Work - Siddha Yoga					Magha-Thai				

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Warsaw, Poland Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 7.41	Tithi 6 – 7	Gulika	1:03PM – 2:15PM	Ashvini Until 4:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM			
Family Home Evening		Yama	10:39AM – 11:51AM	Subha Until 7:38AM	Muruga: Clear	<i>Sunset:</i> 4:39PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	925273367 Rahu	8:14AM – 9:27AM	Gara Until 10:78PM	Nataraja: White			3rd Phase	Bhuloka Day
				Shashthi* Until 7:47AM	Moon – White				Devaloka Time: 12:PM to 3:PM
					Magha-Thai				

Retreat Star		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Warsaw, Poland Sun 21 Sutra 303 Vilamba 5120	
Mesha Rasi: 20.2	Tithi 7 – 8	Gulika	11:51AM – 1:03PM	Bharani Until 11:22AM Wed	Ganesha: Blue	<i>Sunrise:</i> 7:00AM			
		Yama	9:26AM – 10:38AM	Sukla Until 7:00AM	Muruga: Clear	<i>Sunset:</i> 4:41PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	925273367 Rahu	2:16PM – 3:28PM	Visti Until 11:32PM	Nataraja: White			Ashtami	Bhuloka Day
				Saptami Until 11:29AM	Moon – White				Devaloka Time: 12:PM to 3:PM
					Magha-Thai				

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Warsaw, Poland Sun 22 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 3.2	Tithi 8 – 9	Gulika	10:38AM – 11:51AM	Bharani Until 11:22AM	Ganesha: Yellow	<i>Sunrise:</i> 6:59AM			
		Yama	8:12AM – 9:25AM	Indra Until 3:67AM Thu	Muruga: Clear	<i>Sunset:</i> 4:43PM		Moon 1 - Phase 41	
Creative Work	Amrita Yoga	926273367 Rahu	11:51AM – 1:04PM	Balava Until 10:62PM	Nataraja: White			Navami	Devaloka Day
Until 11:22AM				Ashtami* Until 7:00AM	Moon – White				
Then Creative Work - Siddha Yoga					Magha-Masi				

1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Warsaw, Poland	
Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23		Sutra 305		Vilamba 5120		Moon 1 - Phase 42	
Vrishabha Rasi: 16.43		Tithi 9 - 10		936273367		Rahu		4th Phase	
Routine Work		Marana Yoga		Gulika 9:24AM - 10:37AM		Rohini Until 5:33PM		Ganesha: White Sunrise: 6:57AM	
				Yama 6:57AM - 8:10AM		Vaidhriti* Until 1:45AM Fri		Muruga: Clear Sunset: 4:45PM	
				Rahu 1:04PM - 2:18PM		Taitila Until 9:45PM		Nataraja: White	
						Navami* Until 10:28AM		Moon - Yellow	
								Magha-Masi	
								Sivaloka Day	

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Warsaw, Poland	
Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Visli* Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 306		Vilamba 5120		Moon 1 - Phase 42	
Mithuna Rasi: 0.33		Tithi 10 - 11		936273367		Rahu		4th Phase	
Creative Work		Siddha Yoga		Gulika 8:09AM - 9:23AM		Mrigashira Until 6:30AM Sat		Ganesha: White Sunrise: 6:55AM	
				Yama 2:19PM - 3:33PM		Vishkambha* Until 4:22PM		Muruga: Clear Sunset: 4:47PM	
				Rahu 10:37AM - 11:51AM		Visti Until 5:90AM Sat		Nataraja: White	
						Dashami Until 8:49AM		Moon - Yellow	
								Magha-Masi	
								Sivaloka Day	

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Warsaw, Poland	
Mrigashira/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 307		Vilamba 5120		Moon 1 - Phase 42	
Mithuna Rasi: 14.49		Tithi 11 - 12		936273367		Rahu		4th Phase	
Creative Work		Siddha Yoga		Gulika 6:53AM - 8:07AM		Mrigashira Until 6:30AM		Ganesha: White Sunrise: 6:53AM	
				Yama 1:05PM - 2:20PM		Priti Until 7:26PM		Muruga: Clear Sunset: 4:48PM	
				Rahu 9:22AM - 10:36AM		Balava Until 4:67PM		Nataraja: White	
						Ekadashi Until 10:51PM		Moon - Yellow	
								Magha-Masi	
								Sivaloka Day	

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Warsaw, Poland	
Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 308		Vilamba 5120		Moon 1 - Phase 42	
Mithuna Rasi: 29.3		Tithi 13		946273367		Rahu		4th Phase	
Creative Work		Siddha Yoga		Gulika 2:20PM - 3:35PM		Punarvasu Until 8:35PM Mon		Ganesha: Clear Sunrise: 6:51AM	
				Yama 11:51AM - 1:06PM		Ayushman Until 3:36PM		Muruga: Clear Sunset: 4:50PM	
				Rahu 3:35PM - 4:50PM		Kaulava Until 1:58PM		Nataraja: White	
						Trayodashi Until 12:14AM Mon		Moon - Blue	
								Magha-Masi	
								Devaloka Day	

Pradosha Vrata

5		Monday, February 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Warsaw, Poland	
Punarvasu/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara Karana Chaturdashyam Titau		Sun 27		Sutra 309		Vilamba 5120		Moon 1 - Phase 42	
Kataka Rasi: 14.3		Tithi 14		946273367		Rahu		4th Phase	
Family Home Evening		Creative Work		Siddha Yoga		Gulika 1:06PM - 2:21PM		Punarvasu Until 8:35PM	
						Saubhagya Until 11:29AM		Muruga: Clear Sunset: 4:52PM	
						Gara Until 10:27AM		Nataraja: White	
						Chaturdashi* Until 8:35PM		Moon - Blue	
								Magha-Masi	
								Devaloka Day	

Chidambaram Abhishekam

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Warsaw, Poland	
Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 310		Vilamba 5120		Moon 1 - Phase 42	
Kataka Rasi: 29.43		Tithi 15 - 16		946273367		Rahu		Purnima	
Creative Work		Siddha Yoga		Gulika 11:50AM - 1:06PM		Ashlesha* Until 6:18AM		Ganesha: Clear Sunrise: 6:47AM	
				Yama 9:19AM - 10:35AM		Sobhana Until 7:12AM		Muruga: Clear Sunset: 4:54PM	
				Rahu 2:22PM - 3:38PM		Visti Until 6:43AM		Nataraja: White	
						Purnima* Until 4:48PM		Moon - Blue	
								Magha-Masi	
								Devaloka Day	

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Warsaw, Poland	
Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29		Sutra 311		Vilamba 5120		Moon 1 - Phase 42	
Simha Rasi: 14.58		Tithi 16 - 17		957273367		Rahu		Prathama	
Creative Work		Amrita Yoga		Gulika 10:34AM - 11:50AM		Purvaphalguni Until 12:30AM Thu		Ganesha: Clear Sunrise: 6:45AM	
				Yama 8:01AM - 9:18AM		Sukarma Until 12:30AM Thu		Muruga: Clear Sunset: 4:56PM	
				Rahu 11:50AM - 1:07PM		Taitila Until 11:15PM		Nataraja: White	
						Prathama* Until 7:12AM		Moon - Red	
								Magha-Masi	
								Devaloka Day	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Kanya Rasi: 0.06 Tihi 17 - 18

957273367

Gulika 9:17AM - 10:33AM
Yama 6:43AM - 8:00AM
Rahu 1:07PM - 2:24PM

Uttaraphalguni Until 9:46PM
Dhriti Until 6:40PM
Vanija Until 7:53PM
Dvitiya Until 9:30AM

Ganesha: Clear *Sunrise:* 6:43AM
Muruga: Clear *Sunset:* 4:58PM
Nataraja: White
Moon - Red

Magha-Masi

Devaloka Day

Until 9:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Warsaw, Poland

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Kanya Rasi: 14.58 Tihi 18 - 19

967273367

Gulika 7:58AM - 9:15AM
Yama 2:25PM - 3:42PM
Rahu 10:33AM - 11:50AM

Hasta Until 7:47PM
Shula* Until 3:01PM
Balava Until 3:41AM Sat
Tritiya Until 6:20AM

Ganesha: White *Sunrise:* 6:41AM
Muruga: Clear *Sunset:* 5:00PM
Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 7:47PM

Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Kanya Rasi: 29.26 Tihi 20

967273367

Gulika 6:39AM - 7:57AM
Yama 1:08PM - 2:26PM
Rahu 9:14AM - 10:32AM

Chitra Until 6:16PM
Ganda* Until 11:53AM
Kaulava Until 2:38PM
Panchami Until 1:43AM Sun

Ganesha: White *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 5:01PM
Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 6:16PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Warsaw, Poland

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Tula Rasi: 13.26 Tihi 21

967273367

Gulika 2:27PM - 3:45PM
Yama 11:50AM - 1:08PM
Rahu 3:45PM - 5:03PM

Svati Until 5:21PM
Vridhi Until 9:20AM
Gara Until 1:03PM
Shashthi* Until 12:33AM Mon

Ganesha: White *Sunrise:* 6:37AM
Muruga: Clear *Sunset:* 5:03PM
Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 5:21PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Warsaw, Poland

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Tula Rasi: 26.58 Tihi 22

977273367

Gulika 1:09PM - 2:27PM
Yama 10:31AM - 11:50AM
Rahu 7:53AM - 9:12AM

Vishakha Until 5:34PM
Dhruva Until 7:25AM
Visti Until 12:18PM
Saptami Until 12:14AM Tue

Ganesha: Yellow *Sunrise:* 6:34AM
Muruga: Clear *Sunset:* 5:05PM
Nataraja: White
Moon - Orange

Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Until 5:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Ashtamyam Titau

Warsaw, Poland

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43
Ashtami

Vrischika Rasi: 10.02 Tihi 23

977273367

Gulika 11:50AM - 1:09PM
Yama 9:11AM - 10:30AM
Rahu 2:28PM - 3:48PM

Anuradha Until 6:29PM
Vyaghata* Until 6:29PM
Balava Until 12:26PM
Ashtami* Until 12:47AM Wed

Ganesha: Yellow *Sunrise:* 6:32AM
Muruga: Clear *Sunset:* 5:07PM
Nataraja: White
Moon - Orange

Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 6:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

6

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Taitila Karana Navamyam Titau

Warsaw, Poland

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43
Navami

Vrischika Rasi: 22.41 Tihi 24

978273367

Gulika 10:30AM - 11:50AM
Yama 7:50AM - 9:10AM
Rahu 11:50AM - 1:09PM

Jyeshtha* Until 8:01PM
Vajra* Until 5:39AM Thu
Taitila Until 1:23PM
Navami* Until 2:08AM Thu

Ganesha: Blue *Sunrise:* 6:30AM
Muruga: Clear *Sunset:* 5:09PM
Nataraja: White
Moon - Orange

Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 8:01PM

Then Routine Work - Marana Yoga

1 Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau				Warsaw, Poland Sun 8 Sutra 319	
Dhanus Rasi: 4.59	Tithi 25	Gulika 9:09AM – 10:29AM	Mula* Until 10:33PM	Ganesha: Red	<i>Sunrise:</i> 6:28AM	Vilamba 5120	
		Yama 6:28AM – 7:48AM	Siddhi Until 6:09AM Fri	Muruga: Clear	<i>Sunset:</i> 5:11PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	988273367 Rahu 1:10PM – 2:30PM	Vanija Until 3:05PM	Nataraja: White		2nd Phase	
			Dashami Until 4:07AM Fri	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

2 Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Warsaw, Poland Sun 9 Sutra 320	
Dhanus Rasi: 17.03	Tithi 26	Gulika 7:45AM – 9:06AM	Purvashadha* Until 6:34AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:24AM	Vilamba 5120	
		Yama 2:32PM – 3:53PM	Siddhi Until 6:09AM	Muruga: Clear	<i>Sunset:</i> 5:14PM	Moon 2 - Phase 44	
Routine Work	Prabalarishta Yoga	988273367 Rahu 10:28AM – 11:49AM	Bava Until 5:19PM	Nataraja: White		2nd Phase	
Until 6:34AM Sat			Ekadashi* Until 6:34AM Sat	Moon – Light Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Masi			

3 Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland Sun 10 Sutra 321	
Dhanus Rasi: 28.56	Tithi 26 – 27	Gulika 6:21AM – 7:43AM	Purvashadha* Until 6:34AM	Ganesha: Red	<i>Sunrise:</i> 6:21AM	Vilamba 5120	
		Yama 1:11PM – 2:32PM	Vyatipata* Until 7:58AM Sun	Muruga: Clear	<i>Sunset:</i> 5:16PM	Moon 2 - Phase 44	
Routine Work	Marana Yoga	988273367 Rahu 9:05AM – 10:27AM	Kaulava Until 7:55PM	Nataraja: White		2nd Phase	
Until 6:34AM			Ekadashi* Until 6:34AM	Moon – Light Blue		Devaloka Day	
Then Creative Work - Siddha Yoga				Magha-Masi			

4 Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland Sun 11 Sutra 322	
Makara Rasi: 10.44	Tithi 27 – 28	Gulika 2:33PM – 3:56PM	Uttarashadha Until 9:15AM	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM	Vilamba 5120	
		Yama 11:49AM – 1:11PM	Variyan Until 8:62AM Mon	Muruga: Clear	<i>Sunset:</i> 5:18PM	Moon 2 - Phase 44	
Creative Work	Amrita Yoga	998273367 Rahu 3:56PM – 5:18PM	Gara Until 10:39PM	Nataraja: White		2nd Phase	
Until 9:15AM			Dvadashi* Until 9:15AM	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Masi			
			<i>Pradosha Vrata (Fasting)</i>				

5 Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland Sun 12 Sutra 323	
Makara Rasi: 22.3	Tithi 28 – 29	Gulika 1:11PM – 2:34PM	Shravana Until 7:40AM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM	Vilamba 5120	
Family Home Evening		Yama 10:26AM – 11:48AM	Parigha* Until 9:02AM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 2 - Phase 44	
Creative Work	Amrita Yoga	998273367 Rahu 7:40AM – 9:03AM	Visli Until 1:22AM Tue	Nataraja: White		2nd Phase	
Until 7:40AM			Trayodashi* Until 8:62AM Mon	Moon – Purple		Devaloka Day	
Then Creative Work - Siddha Yoga				Magha-Masi			

Retreat Star 6 Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Warsaw, Poland Sun 13 Sutra 324	
Kumbha Rasi: 4.17	Tithi 29 – 30	Gulika 11:48AM – 1:11PM	Dhanishtha Until 10:47AM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Vilamba 5120	
		Yama 9:01AM – 10:25AM	Shiva Until 10:03AM	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	199273367 Rahu 2:35PM – 3:58PM	Catuspada Until 3:56AM Wed	Nataraja: White		Amavasya	
Until 10:47AM			Chaturdashi* Until 9:02AM	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga		Mahasivaratri (Lunar)		Magha-Masi			
		Mahasivaratri (Solar)					

Retreat Star 7 Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Warsaw, Poland Sun 14 Sutra 325	
Kumbha Rasi: 16.09	Tithi 30 – 1	Gulika 10:24AM – 11:48AM	Shatabhishak Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Vilamba 5120	
		Yama 7:36AM – 9:00AM	Siddha Until 10:53AM	Muruga: Clear	<i>Sunset:</i> 5:23PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	199273367 Rahu 11:48AM – 1:12PM	Kintughna Until 6:14AM Thu	Nataraja: White		Prathama	
Until 1:33PM			Amavasya* Until 5:06PM	Moon – Purple		Devaloka Day	
Then Creative Work - Amrita Yoga				Phalgun-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna/Kaulava Karana Pralhamayam Titau		Warsaw, Poland Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 28.07	Tithi 1	Gulika 8:59AM – 10:23AM	Purvaproshtapada* Until 4:24PM	Ganesh: Yellow	<i>Sunrise:</i> 6:10AM	Muruga: Clear	<i>Sunset:</i> 5:25PM	Moon 2 - Phase 45	
		Yama 6:10AM – 7:35AM	Sadhya Until 4:24PM	Nataraja: White		Moon – Clear		Devaloka Day	
Creative Work	Siddha Yoga	119373367 Rahu 1:12PM – 2:36PM	Kintughna Until 6:14AM	Phalgun-Masi					
			Prathama* Until 7:15PM						
2		Friday, March 8, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Gara Karana Dviliyayam Titau		Warsaw, Poland Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 10.11	Tithi 2	Gulika 7:33AM – 8:58AM	Uttaraproshtapada Until 10:33PM Sat	Ganesh: Yellow	<i>Sunrise:</i> 6:08AM	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 2 - Phase 45	
		Yama 2:37PM – 4:02PM	Subha Until 6:46PM	Nataraja: White		Moon – Clear		Devaloka Day	
Creative Work	Siddha Yoga	119373367 Rahu 10:23AM – 11:47AM	Balava Until 8:13AM	Phalgun-Masi					
			Dvitiya Until 9:04PM						
3		Saturday, March 9, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau		Warsaw, Poland Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 22.23	Tithi 3	Gulika 6:06AM – 7:31AM	Uttaraproshtapada Until 10:33PM	Ganesh: Yellow	<i>Sunrise:</i> 6:06AM	Muruga: Clear	<i>Sunset:</i> 5:29PM	Moon 2 - Phase 45	
		Yama 1:13PM – 2:38PM	Sukla Until 11:59AM Sun	Nataraja: White		Moon – Clear		Devaloka Day	
Routine Work	Prabalarishta Yoga	119373367 Rahu 8:56AM – 10:22AM	Taitila Until 10:69AM Sun	Phalgun-Masi					
Until 10:33PM			Tritiya Until 12:07AM Sat						
Then Creative Work - Siddha Yoga									
4		Sunday, March 10, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau		Warsaw, Poland Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 4.45	Tithi 4	Gulika 2:39PM – 4:05PM	Ashvini Until 10:27PM	Ganesh: Red	<i>Sunrise:</i> 6:03AM	Muruga: Clear	<i>Sunset:</i> 5:30PM	Moon 2 - Phase 45	
		Yama 11:47AM – 1:13PM	Brahma Until 11:59AM	Nataraja: White		Moon – White		Devaloka Day	
Creative Work	Siddha Yoga	129373367 Rahu 4:05PM – 5:30PM	Vanija Until 11:09AM	Phalgun-Masi					
Until 10:27PM			Chaturthi* Until 11:38PM						
Then Routine Work - Prabalarishta Yoga									
5		Monday, March 11, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Warsaw, Poland Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 17.17	Tithi 5	Gulika 1:13PM – 2:39PM	Bharani Until 11:41PM	Ganesh: Red	<i>Sunrise:</i> 6:01AM	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 2 - Phase 45	
Family Home Evening		Yama 10:20AM – 11:47AM	Indra Until 11:34AM	Nataraja: White		Moon – White		Devaloka Day	
Creative Work	Siddha Yoga	129373367 Rahu 7:28AM – 8:54AM	Bava Until 12:01PM	Phalgun-Masi					
Until 11:41PM			Panchami Until 12:16AM Tue						
Then Routine Work - Marana Yoga									
6		Tuesday, March 12, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Warsaw, Poland Sun 20 Sutra 331 Vilamba 5120	
Vrishabha Rasi: 0.02	Tithi 6	Gulika 11:46AM – 1:13PM	Krittika Until 12:17AM Wed	Ganesh: Red	<i>Sunrise:</i> 5:59AM	Muruga: Clear	<i>Sunset:</i> 5:34PM	Moon 2 - Phase 45	
		Yama 8:53AM – 10:20AM	Vaidhriti* Until 10:45AM	Nataraja: White		Moon – White		Devaloka Day	
Creative Work	Siddha Yoga	129373367 Rahu 2:40PM – 4:07PM	Kaulava Until 12:25PM	Phalgun-Masi					
			Shashthi* Until 12:24AM Wed						
Retreat Star		Wednesday, March 13, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau		Warsaw, Poland Sun 21 Sutra 332 Vilamba 5120	
Vrishabha Rasi: 13.01	Tithi 7	Gulika 10:19AM – 11:46AM	Rohini Until 12:39AM Thu	Ganesh: Purple	<i>Sunrise:</i> 5:57AM	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 2 - Phase 45	
		Yama 7:24AM – 8:51AM	Vishkambha* Until 9:33AM	Nataraja: White		Moon – Yellow		Sivaloka Day	
Creative Work	Siddha Yoga	131373367 Rahu 11:46AM – 1:14PM	Gara Until 11:33AM Thu	Phalgun-Masi					
Until 12:39AM Thu			Saptami Until 10:45AM						
Then Routine Work - Marana Yoga									
Retreat Star		Thursday, March 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau		Warsaw, Poland Sun 22 Sutra 333 Vilamba 5120	
Vrishabha Rasi: 26.19	Tithi 8	Gulika 8:50AM – 10:18AM	Mrigashira Until 12:15AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:54AM	Muruga: Clear	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 45	
		Yama 5:54AM – 7:22AM	Priti Until 7:54AM	Nataraja: White		Moon – Yellow		Sivaloka Day	
Routine Work	Marana Yoga	131373367 Rahu 1:14PM – 2:42PM	Visti Until 11:33AM	Phalgun-Masi					
Until 12:15AM Fri			Ashtami* Until 10:56PM						
Then Creative Work - Siddha Yoga									
Retreat Star		Friday, March 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Warsaw, Poland Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 9.57	Tithi 9	Gulika 7:20AM – 8:49AM	Ardra Until 11:07PM	Ganesh: Purple	<i>Sunrise:</i> 5:52AM	Muruga: Clear	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 45	
		Yama 2:42PM – 4:11PM	Saubhagya Until 3:05AM Sat	Nataraja: Clear		Moon – Yellow		Subha Sivaloka Day	
Creative Work	Siddha Yoga	131373368 Rahu 10:17AM – 11:46AM	Balava Until 10:12AM	Phalgun-Panguni					
			Navami* Until 9:17PM						
		Karadaiyan Nombu (Tamil Nadu)							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila Karana Dashamyam Titau				Warsaw, Poland Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 23.58	Tithi 10	Gulika 5:50AM – 7:19AM	Punarvasu Until 4:16PM Sun	Ganesh: Clear	<i>Sunrise:</i> 5:50AM	
		Yama 1:14PM – 2:43PM	Sobhana Until 12:00AM Sun	Muruga: Clear	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 46
		141373368 Rahu 8:47AM – 10:16AM	Taitila Until 8:14AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:02PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 8.21	Tithi 11 – 12	Gulika 2:44PM – 4:13PM	Punarvasu Until 4:16PM	Ganesh: Clear	<i>Sunrise:</i> 5:47AM	
		Yama 11:45AM – 1:14PM	Athiganda* Until 7:89PM	Muruga: Clear	<i>Sunset:</i> 5:43PM	Moon 2 - Phase 46
		141373368 Rahu 4:13PM – 5:43PM	Bava Until 2:45AM Mon	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 4:16PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 23.04	Tithi 12 – 13	Gulika 1:15PM – 2:45PM	Ashlesha* Until 5:01PM	Ganesh: Clear	<i>Sunrise:</i> 5:45AM	
Family Home Evening		Yama 10:15AM – 11:45AM	Sukarma Until 4:40PM	Muruga: Clear	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 46
		141373368 Rahu 7:15AM – 8:45AM	Kaulava Until 11:26PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:89PM	Moon – Blue		Sivaloka Day
Until 5:01PM		Yogaswami Mahasamadhi		Phalguna•Panguni		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 8.01	Tithi 13 – 14	Gulika 11:44AM – 1:15PM	Magha* Until 6:08AM Wed	Ganesh: White	<i>Sunrise:</i> 5:43AM	
		Yama 8:44AM – 10:14AM	Dhriti Until 12:40PM	Muruga: Clear	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 46
		151373368 Rahu 2:45PM – 4:16PM	Gara Until 7:56PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 9:41AM	Moon – Red		Subha Sivaloka Day
				Phalguna•Panguni		

○ Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Warsaw, Poland Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 10:13AM – 11:44AM	Magha* Until 6:08AM	Ganesh: White	<i>Sunrise:</i> 5:40AM	
Simha Rasi: 23.05	Tithi 14 – 15	Yama 7:11AM – 8:42AM	Shula* Until 4:31AM Thu	Muruga: Clear	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 46
		151373368 Rahu 11:44AM – 1:15PM	Bava Until 2:37AM Thu	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 6:08AM	Moon – Red		Subha Sivaloka Day
		Panguni Uttiram		Phalguna•Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Warsaw, Poland Sutra 340 Vilamba 5120
Silver Retreat Star		Gulika 8:41AM – 10:12AM	Uttaraphalguni Until 8:50AM	Ganesh: White	<i>Sunrise:</i> 5:38AM	
Kanya Rasi: 8.08	Tithi 16	Yama 5:38AM – 7:09AM	Vriddhi Until 12:41AM Fri	Muruga: White	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 46
		151383368 Rahu 1:15PM – 2:47PM	Balava Until 12:57PM	Nataraja: Clear		Prathama
	Amrita Yoga		Prathama* Until 11:19PM	Moon – Red		Sivaloka Day
Until 8:50AM				Phalguna•Panguni		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila Karana Dvitiyayam Titau

Warsaw, Poland

Sun 1 Sutra 341

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 22.59 Tihi 17

Gulika 7:08AM - 8:40AM
Yama 2:48PM - 4:19PM
Rahu 10:12AM - 11:44AMHasta Until 6:33AM
Dhruva Until 9:08PM
Taitila Until 9:49AM
Dvitiya Until 8:24PMGanesha: Yellow Sunrise: 5:36AM
Muruga: White Sunset: 5:51PM
Nataraja: Clear
Moon - Green
Phalgun-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 6:33AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Warsaw, Poland

Sun 2 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 7.31 Tihi 18

Gulika 5:33AM - 7:06AM
Yama 1:16PM - 2:48PM
Rahu 8:38AM - 10:11AMSvati Until 3:02AM Sun
Vyaghata* Until 6:03PM
Vanija Until 7:09AM
Tritiya Until 6:02PMGanesha: Blue Sunrise: 5:33AM
Muruga: White Sunset: 5:53PM
Nataraja: Clear
Moon - Green
Phalgun-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 3:02AM Sun

Then Routine Work - Marana Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 21.38 Tihi 19 - 20

Gulika 2:49PM - 4:22PM
Yama 11:43AM - 1:16PM
Rahu 4:22PM - 5:55PMVishakha Until 2:31AM Mon
Harshana Until 3:33PM
Kaulava Until 3:50AM Mon
Chaturthi* Until 4:21PMGanesha: Red Sunrise: 5:31AM
Muruga: White Sunset: 5:55PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 2:31AM Mon

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Warsaw, Poland

Sun 4 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 5.16 Tihi 20 - 21

Family Home Evening

Gulika 1:16PM - 2:50PM
Yama 10:09AM - 11:43AM
Rahu 7:02AM - 8:36AMAnuradha Until 2:43AM Tue
Vajra* Until 1:41PM
Gara Until 3:24AM Tue
Panchami Until 3:29PMGanesha: Red Sunrise: 5:29AM
Muruga: White Sunset: 5:57PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 2:43AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Warsaw, Poland

Sun 5 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 18.26 Tihi 21 - 22

Gulika 11:42AM - 1:16PM
Yama 8:34AM - 10:08AM
Rahu 2:50PM - 4:24PMJyeshtha* Until 4:24PM Wed
Siddhi Until 12:31PM
Visti Until 3:52AM Wed
Shashthi* Until 1:41PMGanesha: Red Sunrise: 5:26AM
Muruga: White Sunset: 5:58PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Warsaw, Poland

Sun 6 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Dhanus Rasi: 1.09 Tihi 22 - 23

Gulika 10:08AM - 11:42AM
Yama 6:59AM - 8:33AM
Rahu 11:42AM - 1:17PMJyeshtha* Until 4:24PM
Vyatipata* Until 5:38AM Thu
Kaulava Until 17:64AM Thu
Saptami Until 4:24PMGanesha: Green Sunrise: 5:24AM
Muruga: White Sunset: 6:00PM
Nataraja: Clear
Moon - Light Blue
Phalgun-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 4:24PM

Then Creative Work - Amrita Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtamyam Titau

Warsaw, Poland

Sun 7 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 13.3 Tihi 23

Gulika 8:32AM - 10:07AM
Yama 5:22AM - 6:57AM
Rahu 1:17PM - 2:52PMMula* Until 6:04PM
Variyan Until 12:45AM Fri
Kaulava Until 6:04PM
Ashtami* Until 6:04PMGanesha: Green Sunrise: 5:22AM
Muruga: White Sunset: 6:02PM
Nataraja: Clear
Moon - Light Blue
Phalgun-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 6:04PM

Then Routine Work - Marana Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Warsaw, Poland

Sun 8 Sutra 348

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 25.35 Tihi 24

Gulika 6:55AM - 8:30AM
Yama 2:52PM - 4:28PM
Rahu 10:06AM - 11:41AMPurvashadha* Until 8:19PM
Parigha* Until 12:45PM
Taitila Until 9:36AM Sat
Navami* Until 12:45AM FriGanesha: Green Sunrise: 5:19AM
Muruga: Yellow Sunset: 6:04PM
Nataraja: Purple
Moon - Light Blue
Phalgun-Panguni

Devaloka Day

Routine Work Prabalarishta Yoga

Until 8:19PM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1 Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam				Warsaw, Poland	
Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 349		Vilamba 5120	
Makara Rasi: 7.28	Tithi 25	Gulika 5:17AM – 6:53AM	Uttarashadha Until 10:57AM	Ganesha: Green	<i>Sunrise:</i> 5:17AM	Moon 3 - Phase 48	
		Yama 1:17PM – 2:53PM	Shiva Until 1:42PM	Muruga: Yellow	<i>Sunset:</i> 6:05PM	2nd Phase	
	182383468	Rahu 8:29AM – 10:05AM	Vanija Until 9:36AM	Nataraja: Purple		Moon – Light Blue	
Routine Work	Marana Yoga		Dashami Until 10:54PM	Phalguna•Panguni		Devaloka Day	
Until 10:57AM							
Then Creative Work - Siddha Yoga							

2 Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam				Warsaw, Poland	
Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Taitila Karana Ekadashyam Titau		Sun 10		Sutra 350		Vilamba 5120	
Makara Rasi: 19.16	Tithi 26	Gulika 2:54PM – 4:30PM	Shravana Until 2:17PM	Ganesha: Orange	<i>Sunrise:</i> 5:15AM	Moon 3 - Phase 48	
		Yama 11:41AM – 1:17PM	Siddha Until 2:17PM	Muruga: Yellow	<i>Sunset:</i> 6:07PM	2nd Phase	
	192383468	Rahu 4:30PM – 6:07PM	Bava Until 12:17PM	Nataraja: Purple		Moon – Purple	
Creative Work	Amrita Yoga		Ekadashi* Until 1:36AM Mon	Phalguna•Panguni		Sivaloka Day	
Until 2:17PM							
Then Routine Work - Marana Yoga							

3 Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam				Warsaw, Poland	
Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava Karana Dvadashyam Titau		Sun 11		Sutra 351		Vilamba 5120	
Kumbha Rasi: 1.02	Tithi 27	Gulika 1:17PM – 2:54PM	Dhanishtha Until 6:28AM Wed Tue	Ganesha: Green	<i>Sunrise:</i> 5:15AM	Moon 3 - Phase 48	
Family Home Evening		Yama 10:04AM – 11:41AM	Sadhya Until 3:47PM	Muruga: Yellow	<i>Sunset:</i> 6:07PM	2nd Phase	
	192483468	Rahu 6:51AM – 8:28AM	Kaulava Until 2:56PM	Nataraja: Purple		Moon – Purple	
Creative Work	Siddha Yoga		Dvadashi* Until 4:11AM Tue	Phalguna•Panguni		Subha Sivaloka Day	
Until 2:17PM							
Then Routine Work - Marana Yoga							

4 Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam				Warsaw, Poland	
Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Trayodashyam Titau		Sun 12		Sutra 352		Vilamba 5120	
Kumbha Rasi: 12.52	Tithi 28	Gulika 11:41AM – 1:18PM	Dhanishtha Until 6:28AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:12AM	Moon 3 - Phase 48	
		Yama 8:26AM – 10:04AM	Subha Until 8:10PM	Muruga: Yellow	<i>Sunset:</i> 6:09PM	2nd Phase	
	192483468	Rahu 2:55PM – 4:32PM	Gara Until 19:30AM Wed	Nataraja: Purple		Moon – Purple	
Routine Work	Marana Yoga		Trayodashi* Until 3:47PM	Phalguna•Panguni		Subha Sivaloka Day	
Until 6:28AM Wed							
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5 Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam				Warsaw, Poland	
Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Catuspada* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 353		Vilamba 5120	
Kumbha Rasi: 24.49	Tithi 28 – 29	Gulika 10:03AM – 11:40AM	Shatabhishak Until 6:28AM	Ganesha: Orange	<i>Sunrise:</i> 5:10AM	Moon 3 - Phase 48	
		Yama 6:48AM – 8:25AM	Sukla Until 10:55PM	Muruga: Yellow	<i>Sunset:</i> 6:10PM	2nd Phase	
	112483468	Rahu 11:40AM – 1:18PM	Catuspada Until 20:71AM Thu	Nataraja: Purple		Moon – Clear	
Creative Work	Amrita Yoga		Trayodashi* Until 6:28AM	Phalguna•Panguni		Sivaloka Day	
Until 6:28AM							
Then Creative Work - Siddha Yoga							

Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Warsaw, Poland	
Retreat Star		Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14		Sutra 354	
Meena Rasi: 6.55	Tithi 29 – 30	Gulika 8:24AM – 10:02AM	Uttaraproshtapada Until 1:06AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:08AM	Vilamba 5120	
		Yama 5:08AM – 6:46AM	Brahma Until 5:36PM	Muruga: Yellow	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 48	
	112483468	Rahu 1:18PM – 2:56PM	Catuspada Until 8:71PM	Nataraja: Purple		Moon – Clear	
Creative Work	Siddha Yoga		Chaturdashi* Until 17:36AM Thu	Phalguna•Panguni		Sivaloka Day	
Until 6:28AM							
Then Creative Work - Siddha Yoga							

Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam				Warsaw, Poland	
Retreat Star		Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 15		Sutra 355	
Meena Rasi: 19.11	Tithi 30 – 1	Gulika 6:44AM – 8:23AM	Revati Until 2:42AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:05AM	Vilamba 5120	
		Yama 2:57PM – 4:35PM	Indra Until 5:37PM	Muruga: Yellow	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 48	
	112483468	Rahu 10:01AM – 11:40AM	Kintughna Until 10:27PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 9:51AM	Chaitra•Panguni		Sivaloka Day	
Until 6:28AM							
Then Creative Work - Siddha Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Saturday, April 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Warsaw, Poland Sun 16 Sutra 356
	Mesha Rasi: 1.38	Tithi 1 – 2	Gulika 5:03AM – 6:42AM	Ashvini Until 4:13AM Sun	Ganesh: Purple <i>Sunrise:</i> 5:03AM	<i>Sunset:</i> 6:16PM	Vilamba 5120
			Yama 1:18PM – 2:57PM	Vaidhriti* Until 5:15PM	Muruga: Yellow		Moon 3 - Phase 49
			123483468 Rahu 8:21AM – 10:00AM	Balava Until 11:17PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga Until 4:13AM Sun Then Routine Work - Prabalarishta Yoga		Chellappaswami Mahasamadhi		Prathama* Until 10:54AM		Devaloka Day Moon – White Chaitra•Panguni	

2	Sunday, April 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Vanija Karana Dvitiya/Tritiyayam Titau				Warsaw, Poland Sun 17 Sutra 357
	Mesha Rasi: 14.16	Tithi 2 – 3	Gulika 2:58PM – 4:38PM	Bharani Until 11:45AM Mon	Ganesh: Purple <i>Sunrise:</i> 5:01AM	<i>Sunset:</i> 6:17PM	Vilamba 5120
			Yama 11:39AM – 1:19PM	Vishkambha* Until 5:12AM Mon	Muruga: Yellow		Moon 3 - Phase 49
			123483468 Rahu 4:38PM – 6:17PM	Vanija Until 11:42PM	Nataraja: Purple		3rd Phase
Routine Work Prabalarishta Yoga Until 11:45AM Mon Then Routine Work - Marana Yoga				Dvitiya Until 5:15PM		Devaloka Day Moon – White Chaitra•Panguni	

3	Monday, April 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Warsaw, Poland Sun 18 Sutra 358
	Mesha Rasi: 27.05	Tithi 3 – 4	Gulika 1:19PM – 2:59PM	Bharani Until 11:45AM	Ganesh: Purple <i>Sunrise:</i> 4:59AM	<i>Sunset:</i> 6:19PM	Vilamba 5120
	Family Home Evening		Yama 9:59AM – 11:39AM	Priti Until 14:25AM Tue	Muruga: Yellow		Moon 3 - Phase 49
			123483468 Rahu 6:39AM – 8:19AM	Vanija Until 11:45PM	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga Until 11:45AM Then Creative Work - Amrita Yoga				Tritiya Until 15:40AM Mon		Devaloka Day Moon – White Chaitra•Panguni	

4	Tuesday, April 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti* Karana Chaturthi/Panchamyam Titau				Warsaw, Poland Sun 19 Sutra 359
	Vrishabha Rasi: 10.05	Tithi 4 – 5	Gulika 11:38AM – 1:19PM	Rohini Until 6:03AM Wed	Ganesh: Clear <i>Sunrise:</i> 4:56AM	<i>Sunset:</i> 6:21PM	Vilamba 5120
			Yama 8:17AM – 9:58AM	Ayushman Until 2:25PM	Muruga: Yellow		Moon 3 - Phase 49
			123483468 Rahu 3:00PM – 4:40PM	Visti Until 11:37AM	Nataraja: Purple		3rd Phase
Creative Work Amrita Yoga Until 6:03AM Wed Then Creative Work - Siddha Yoga				Chaturthi* Until 11:37AM		Sivaloka Day Moon – Yellow Chaitra•Panguni	

5	Wednesday, April 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Warsaw, Poland Sun 20 Sutra 360
	Vrishabha Rasi: 23.17	Tithi 5 – 6	Gulika 9:57AM – 11:38AM	Rohini Until 6:03AM	Ganesh: Clear <i>Sunrise:</i> 4:54AM	<i>Sunset:</i> 6:22PM	Vilamba 5120
			Yama 6:35AM – 8:16AM	Saubhagya Until 6:03AM	Muruga: Yellow		Moon 3 - Phase 49
			123483468 Rahu 11:38AM – 1:19PM	Kaulava Until 10:44PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga				Panchami Until 2:25PM		Sivaloka Day Moon – Yellow Chaitra•Panguni	

6	Thursday, April 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Shashthi/Saptamyam Titau				Warsaw, Poland Sun 21 Sutra 361
	Mithuna Rasi: 6.41	Tithi 6 – 7	Gulika 8:15AM – 9:56AM	Ardra Until 8:56AM Fri	Ganesh: Clear <i>Sunrise:</i> 4:52AM	<i>Sunset:</i> 6:24PM	Vilamba 5120
			Yama 4:52AM – 6:33AM	Sobhana Until 5:16AM Fri	Muruga: Yellow		Moon 3 - Phase 49
			123483468 Rahu 1:19PM – 3:01PM	Taitila Until 10:14AM	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga Until 8:56AM Fri Then Creative Work - Siddha Yoga				Shashthi* Until 10:14AM		Sivaloka Day Moon – Yellow Chaitra•Panguni	

D	Friday, April 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Warsaw, Poland Sun 22 Sutra 362
	Retreat Star		Gulika 6:32AM – 8:14AM	Ardra Until 8:56AM	Ganesh: White <i>Sunrise:</i> 4:49AM	<i>Sunset:</i> 6:26PM	Vilamba 5120
	Mithuna Rasi: 20.19	Tithi 7 – 8	Yama 3:02PM – 4:44PM	Athiganda* Until 5:83AM Sat	Muruga: Yellow		Moon 3 - Phase 49
			143483468 Rahu 9:56AM – 11:38AM	Visti Until 7:68PM	Nataraja: Purple		Ashtami
Creative Work Siddha Yoga Until 8:56AM Then Routine Work - Marana Yoga				Saptami Until 8:53AM Fri		Devaloka Day Moon – Blue Chaitra•Panguni	

D	Saturday, April 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava Karana Ashtami/Navamyam Titau				Warsaw, Poland Sun 23 Sutra 363
	Retreat Star		Gulika 4:47AM – 6:30AM	Punarvasu Until 7:13AM	Ganesh: White <i>Sunrise:</i> 4:47AM	<i>Sunset:</i> 6:28PM	Vilamba 5120
	Kataka Rasi: 4.12	Tithi 8 – 9	Yama 1:20PM – 3:02PM	Sukarma Until 3:35AM Sun	Muruga: Yellow		Moon 3 - Phase 49
			143483468 Rahu 8:12AM – 9:55AM	Bava Until 7:13AM	Nataraja: Purple		Navami
Creative Work Siddha Yoga Until 7:13AM Then Routine Work - Marana Yoga		Sri Rama Navami		Ashtami* Until 7:13AM		Devaloka Day Moon – Blue Chaitra•Panguni	

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Warsaw, Poland	
Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 364		
Kataka Rasi: 18.21	Tithi 10	Gulika 3:03PM – 4:46PM	Ashlesha* Until 1:19AM Mon	Ganesha: White <i>Sunrise:</i> 4:45AM	Vikarin 5121	
		Yama 11:37AM – 1:20PM	Shula* Until 12:27AM Mon	Muruga: Yellow <i>Sunset:</i> 6:29PM	Moon 3 - Phase 1	
	143483468	Rahu 4:46PM – 6:29PM	Taitila Until 3:55PM	Nataraja: Purple	4th Phase	
Creative Work Siddha Yoga				Moon – Blue	Devaloka Day	
Until 1:19AM Mon		Tamil New Year	Dashami Until 2:37AM Mon	Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam			Warsaw, Poland	
Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 1		
Simha Rasi: 2.44	Tithi 11	Gulika 1:20PM – 3:04PM	Magha* Until 11:27PM	Ganesha: White <i>Sunrise:</i> 4:43AM	Vikarin 5121	
Family Home Evening		Yama 9:53AM – 11:37AM	Ganda* Until 9:05PM	Muruga: Yellow <i>Sunset:</i> 6:31PM	Moon 3 - Phase 1	
Routine Work Marana Yoga	253483468	Rahu 6:26AM – 8:10AM	Vanija Until 1:16PM	Nataraja: Purple	4th Phase	
Until 11:27PM				Moon – Red	Devaloka Day	
Then Creative Work - Siddha Yoga			Ekadashi Until 11:50PM	Chaitra•Chaitra		

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Warsaw, Poland	
Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26		Sutra 2		
Simha Rasi: 17.19	Tithi 12	Gulika 11:37AM – 1:21PM	Purvaphalguni Until 9:16PM	Ganesha: White <i>Sunrise:</i> 4:41AM	Vikarin 5121	
		Yama 8:09AM – 9:53AM	Vriddhi Until 5:33PM	Muruga: Yellow <i>Sunset:</i> 6:33PM	Moon 3 - Phase 1	
	253483468	Rahu 3:05PM – 4:49PM	Bava Until 10:23AM	Nataraja: Purple	4th Phase	
Creative Work Siddha Yoga				Moon – Red	Devaloka Day	
Until 9:16PM			Dvadashi Until 8:52PM	Chaitra•Chaitra		
Then Creative Work - Amrita Yoga						

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Warsaw, Poland	
Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Vanija Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 3		
Kanya Rasi: 2.01	Tithi 13 – 14	Gulika 9:52AM – 11:36AM	Uttaraphalguni Until 6:53PM	Ganesha: White <i>Sunrise:</i> 4:38AM	Vikarin 5121	
		Yama 6:23AM – 8:07AM	Dhruva Until 6:53PM	Muruga: Yellow <i>Sunset:</i> 6:34PM	Moon 3 - Phase 1	
	253483468	Rahu 11:36AM – 1:21PM	Kaulava Until 7:22AM	Nataraja: Purple	4th Phase	
Creative Work Amrita Yoga				Moon – Red	Devaloka Day	
Until 6:53PM			Trayodashi Until 5:50PM	Chaitra•Chaitra		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

○ Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Warsaw, Poland	
Copper Retreat Star		Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		
Kanya Rasi: 16.42	Tithi 14 – 15	Gulika 8:06AM – 9:51AM	Hasta Until 4:51PM	Ganesha: Yellow <i>Sunrise:</i> 4:36AM	Vikarin 5121	
		Yama 4:36AM – 6:21AM	Vyaghata* Until 10:22AM	Muruga: Yellow <i>Sunset:</i> 6:36PM	Moon 3 - Phase 1	
	263483468	Rahu 1:21PM – 3:06PM	Visti Until 1:30AM Fri	Nataraja: Purple	Purnima	
Routine Work Marana Yoga				Moon – Green	Sivaloka Day	
Until 4:51PM		Chitra Purnima (Tamil Nadu)	Chaturdashi* Until 2:53PM	Chaitra•Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam			Warsaw, Poland	
Silver Retreat Star		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava Karana Purnima/Prathamayam Titau		Sun 29		
Tula Rasi: 1.17	Tithi 15 – 16	Gulika 6:19AM – 8:05AM	Chitra Until 2:56PM	Ganesha: Yellow <i>Sunrise:</i> 4:34AM	Vikarin 5121	
		Yama 3:07PM – 4:52PM	Harshana Until 6:59AM	Muruga: Yellow <i>Sunset:</i> 6:38PM	Moon 3 - Phase 1	
	263483468	Rahu 9:50AM – 11:36AM	Bava Until 12:09PM	Nataraja: Purple	Prathama	
Creative Work Siddha Yoga				Moon – Green	Sivaloka Day	
			Purnima* Until 12:09PM	Chaitra•Chaitra		