



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Variyan Yoga Taitila Karana Dvitiyayam Titau

Trieste, Italy
Sutra 16
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 0.29 Tiithi 17
273832369
Routine Work Marana Yoga
Until 11:23AM
Then Creative Work - Siddha Yoga

Gulika 12:04PM – 1:51PM
Yama 8:29AM – 10:17AM
Rahu 3:38PM – 5:25PM

Vishakha Until 11:23AM
Variyan Until 4:48AM Wed
Taitila Until 2:40PM
Dvitiya Until 3:09AM Wed

Ganesha: Purple *Sunrise:* 4:55AM
Muruga: White *Sunset:* 7:12PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Trieste, Italy
Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 13.01 Tiithi 18
273832369
Creative Work Siddha Yoga

Gulika 10:16AM – 12:04PM
Yama 6:41AM – 8:29AM
Rahu 12:04PM – 1:51PM

Anuradha Until 1:05PM
Parigha* Until 4:56AM Thu
Vanija Until 3:49PM
Tritiya Until 4:34AM Thu

Ganesha: Purple *Sunrise:* 4:54AM
Muruga: White *Sunset:* 7:13PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy
Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 25.17 Tiithi 19
274832369
Routine Work Prabalarishta Yoga
Until 3:08PM
Then Creative Work - Siddha Yoga

Gulika 8:28AM – 10:16AM
Yama 4:52AM – 6:40AM
Rahu 1:51PM – 3:39PM

Jyeshtha* Until 3:08PM
Shiva Until 5:28AM Fri
Bava Until 5:30PM
Chaturthi* Until 6:30AM Fri

Ganesha: Clear *Sunrise:* 4:52AM
Muruga: White *Sunset:* 7:15PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy
Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 7.22 Tiithi 19 – 20
284832369
Creative Work Amrita Yoga
Until 5:59PM
Then Routine Work - Prabalarishta Yoga

Gulika 6:39AM – 8:27AM
Yama 3:40PM – 5:28PM
Rahu 10:15AM – 12:03PM

Mula* Until 5:59PM
Siddha Until 6:17AM Sat
Kaulava Until 7:39PM
Chaturthi* Until 6:30AM

Ganesha: White *Sunrise:* 4:51AM
Muruga: White *Sunset:* 7:16PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy
Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 19.16 Tiithi 20 – 21
284832369
Creative Work Siddha Yoga
Until 8:59PM
Then Routine Work - Marana Yoga

Gulika 4:49AM – 6:38AM
Yama 1:52PM – 3:40PM
Rahu 8:26AM – 10:15AM

Purvashadha* Until 8:59PM
Siddha Until 6:17AM
Gara Until 10:07PM
Panchami Until 8:50AM

Ganesha: White *Sunrise:* 4:49AM
Muruga: White *Sunset:* 7:17PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy
Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Makara Rasi: 1.05 Tiithi 21 – 22
284832369
Creative Work Amrita Yoga

Gulika 3:41PM – 5:30PM
Yama 12:03PM – 1:52PM
Rahu 5:30PM – 7:18PM

Uttarashadha Until 11:55PM
Sadhya Until 7:18AM
Visti Until 12:42AM Mon
Shashthi* Until 11:23AM

Ganesha: White *Sunrise:* 4:48AM
Muruga: White *Sunset:* 7:18PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy
Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Makara Rasi: 12.54 Tiithi 22 – 23
294832369
Family Home Evening
Creative Work Amrita Yoga
Until 3:04AM Tue
Then Creative Work - Siddha Yoga

Gulika 1:52PM – 3:41PM
Yama 10:14AM – 12:03PM
Rahu 6:36AM – 8:25AM

Shravana Until 3:04AM Tue
Subha Until 8:22AM
Balava Until 3:08AM Tue
Saptami Until 1:56PM

Ganesha: Yellow *Sunrise:* 4:47AM
Muruga: White *Sunset:* 7:20PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy
Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Navami

Makara Rasi: 24.47 Tiithi 23 – 24
294832369
Creative Work Siddha Yoga

Gulika 12:03PM – 1:52PM
Yama 8:24AM – 10:14AM
Rahu 3:42PM – 5:31PM

Dhanishtha Until 5:40AM Wed
Sukla Until 9:14AM
Taitila Until 5:10AM Wed
Ashtami* Until 4:12PM

Ganesha: Yellow *Sunrise:* 4:45AM
Muruga: White *Sunset:* 7:21PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Wednesday, May 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Trieste, Italy Sun 8 Sutra 24	
Kumbha Rasi: 6.49	Tithi 24 – 25	Gulika	10:13AM – 12:03PM	Shatabhishak Until 7:30AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM	Vilamba 5120	
		Yama	6:34AM – 8:23AM	Brahma Until 9:46AM	Muruga: White	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 4	
		294832369 Rahu	12:03PM – 1:53PM	Vanija Until 6:35AM Thu	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Navami* Until 5:57PM	Moon – Purple			Bhuloka Day
					Vaisaka-Chaitra			Devaloka Time: 9:AM to 12:PM


2		Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Balava Karana Dashamyam Titau			Trieste, Italy Sun 9 Sutra 25	
Kumbha Rasi: 19.07	Tithi 25	Gulika	8:23AM – 10:13AM	Shatabhishak Until 7:30AM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM	Vilamba 5120	
		Yama	4:43AM – 6:33AM	Indra Until 7:30AM	Muruga: White	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 4	
		294832369 Rahu	1:53PM – 3:43PM	Vanija Until 6:35AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 7:00PM	Moon – Purple			Bhuloka Day
					Vaisaka-Chaitra			Devaloka Time: 9:AM to 12:PM

3		Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau			Trieste, Italy Sun 10 Sutra 26	
Meena Rasi: 1.46	Tithi 26	Gulika	6:32AM – 8:22AM	Purvaproshtapada* Until 8:55AM	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM	Vilamba 5120	
		Yama	3:44PM – 5:34PM	Vaidhriti* Until 9:14AM	Muruga: White	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 4	
		214832369 Rahu	10:12AM – 12:03PM	Bava Until 7:14AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 7:14PM	Moon – Clear			Bhuloka Day
					Vaisaka-Chaitra			Devaloka Time: 9:AM to 12:PM

4		Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau			Trieste, Italy Sun 11 Sutra 27	
Meena Rasi: 14.47	Tithi 27	Gulika	4:40AM – 6:31AM	Uttaraproshtapada Until 9:22AM	Ganesha: Blue	<i>Sunrise:</i> 4:40AM	Vilamba 5120	
		Yama	1:54PM – 3:44PM	Vishkambha* Until 8:01AM	Muruga: White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 4	
		214932369 Rahu	8:21AM – 10:12AM	Kaulava Until 7:03AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 6:39PM	Moon – Clear			Bhuloka Day
Until 9:22AM					Vaisaka-Chaitra			
Then Routine Work - Prabalarishta Yoga								

5		Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau			Trieste, Italy Sun 12 Sutra 28	
Meena Rasi: 28.16	Tithi 28 – 29	Gulika	3:45PM – 5:36PM	Revati Until 8:53AM	Ganesha: Blue	<i>Sunrise:</i> 4:39AM	Vilamba 5120	
		Yama	12:03PM – 1:54PM	Priti Until 6:10AM	Muruga: White	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 4	
		214932369 Rahu	5:36PM – 7:27PM	Gara Until 6:05AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 5:18PM	Moon – Clear			Bhuloka Day
Until 8:53AM					Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga		Mother's Day		<i>Pradosha Vrata (Fasting)</i>				

6		Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau			Trieste, Italy Sun 13 Sutra 29	
Mesha Rasi: 12.08	Tithi 29 – 30	Gulika	1:54PM – 3:45PM	Ashvini Until 8:01AM	Ganesha: Blue	<i>Sunrise:</i> 4:38AM	Vilamba 5120	
Family Home Evening		Yama	10:11AM – 12:03PM	Saubhagya Until 12:51AM Tue	Muruga: White	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 4	
		224932369 Rahu	6:29AM – 8:20AM	Catuspada Until 2:09AM Tue	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 3:20PM	Moon – White			Bhuloka Day
					Vaisaka-Vaikasi			

		Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Trieste, Italy Sun 14 Sutra 30	
Retreat Star		Gulika	12:03PM – 1:54PM	Bharani Until 6:28AM	Ganesha: Blue	<i>Sunrise:</i> 4:36AM	Vilamba 5120	
Mesha Rasi: 26.23	Tithi 30 – 1	Yama	8:20AM – 10:11AM	Sobhana Until 9:37PM	Muruga: White	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 4	
		224932369 Rahu	3:46PM – 5:38PM	Kintughna Until 11:29PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 12:51PM	Moon – White			Bhuloka Day
					Vaisaka-Vaikasi			

Wednesday, May 16, 2018		Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Trieste, Italy Sun 15 Sutra 31	
Vrishabha Rasi: 10.53	Tithi 1 – 2	Gulika	10:11AM – 12:03PM	Rohini Until 2:20AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:35AM	Vilamba 5120	
		Yama	6:27AM – 8:19AM	Athiganda* Until 6:08PM	Muruga: White	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 4	
		235932369 Rahu	12:03PM – 1:55PM	Balava Until 8:33PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 10:01AM	Moon – Yellow			Bhuloka Day
Until 2:20AM Thu					Jyeshtha Adhika-Vaikasi			Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga								

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

1 Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 16
1	Vrishabha Rasi: 25.34 Tithi 2 – 3	235932369	Gulika 8:18AM – 10:11AM Yama 4:34AM – 6:26AM Rahu 1:55PM – 3:47PM	Mrigashira Until 12:05AM Fri Sukarma Until 2:34PM Kaulava Until 7:01AM Dvitiya Until 7:01AM	Ganesh: Yellow Sunrise: 4:34AM Muruga: White Sunset: 7:31PM Nataraja: Purple Moon – Yellow	Vilamba 5120 Moon 4 - Phase 5 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Routine Work Marana Yoga Until 12:05AM Fri Then Creative Work - Siddha Yoga						

2 Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Trieste, Italy Sun 17
2	Mithuna Rasi: 10.17 Tithi 4	235932369	Gulika 6:26AM – 8:18AM Yama 3:48PM – 5:40PM Rahu 10:10AM – 12:03PM	Ardra Until 10:15PM Sat Dhriti Until 11:00AM Vanija Until 2:29PM Chaturthi* Until 1:00AM Sat	Ganesh: Yellow Sunrise: 4:33AM Muruga: White Sunset: 7:33PM Nataraja: Purple Moon – Yellow	Vilamba 5120 Moon 4 - Phase 5 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work Siddha Yoga						

3 Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy Sun 18
3	Mithuna Rasi: 24.55 Tithi 5	245932369	Gulika 4:32AM – 6:25AM Yama 1:56PM – 3:48PM Rahu 8:17AM – 10:10AM	Ardra Until 10:15PM Shula* Until 3:76AM Sun Bava Until 11:37AM Panchami Until 10:15PM	Ganesh: White Sunrise: 4:32AM Muruga: White Sunset: 7:34PM Nataraja: Purple Moon – Blue	Vilamba 5120 Moon 4 - Phase 5 3rd Phase Devaloka Day Jyeshtha Adhika-Vaikasi
Creative Work Siddha Yoga						

4 Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy Sun 19
4	Kataka Rasi: 9.23 Tithi 6	245932369	Gulika 3:49PM – 5:42PM Yama 12:03PM – 1:56PM Rahu 5:42PM – 7:35PM	Pushya Until 6:13PM Vriddhi Until 1:17AM Mon Kaulava Until 9:00AM Shashthi* Until 7:48PM	Ganesh: White Sunrise: 4:31AM Muruga: White Sunset: 7:35PM Nataraja: Purple Moon – Blue	Vilamba 5120 Moon 4 - Phase 5 3rd Phase Devaloka Day Jyeshtha Adhika-Vaikasi
Creative Work Siddha Yoga						

5 Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy Sun 20
5	Kataka Rasi: 23.37 Tithi 7 – 8 Family Home Evening	245932369	Gulika 1:56PM – 3:49PM Yama 10:10AM – 12:03PM Rahu 6:23AM – 8:16AM	Ashlesha* Until 4:44PM Dhruva Until 4:44PM Gara Until 6:43AM Saptami Until 5:42PM	Ganesh: White Sunrise: 4:30AM Muruga: White Sunset: 7:36PM Nataraja: Purple Moon – Blue	Vilamba 5120 Moon 4 - Phase 5 3rd Phase Devaloka Day Jyeshtha Adhika-Vaikasi
Creative Work Siddha Yoga Until 4:44PM Then Routine Work - Marana Yoga						

Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy Sun 21
D	Simha Rasi: 7.37 Tithi 8 – 9 Retreat Star	255932369	Gulika 12:03PM – 1:57PM Yama 8:16AM – 10:10AM Rahu 3:50PM – 5:44PM	Magha* Until 3:55PM Vyaghata* Until 3:55PM Balava Until 3:19AM Wed Ashtami* Until 4:00PM	Ganesh: Clear Sunrise: 4:29AM Muruga: White Sunset: 7:37PM Nataraja: Purple Moon – Red	Vilamba 5120 Moon 4 - Phase 5 Ashtami Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work Siddha Yoga						

Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Trieste, Italy Sun 22
D	Simha Rasi: 21.21 Tithi 9 – 10 Retreat Star	255932369	Gulika 10:09AM – 12:03PM Yama 6:22AM – 8:16AM Rahu 12:03PM – 1:57PM	Purvaphalguni Until 3:23PM Harshana Until 6:12PM Taitila Until 2:13AM Thu Navami* Until 2:42PM	Ganesh: Clear Sunrise: 4:28AM Muruga: White Sunset: 7:38PM Nataraja: Purple Moon – Red	Vilamba 5120 Moon 4 - Phase 5 Navami Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work Amrita Yoga						

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Trieste, Italy Sun 23 Sutra 39 Vilamba 5120	
Kanya Rasi: 4.51	Tithi 10 – 11	Gulika 8:15AM – 10:09AM	Uttaraphalguni Until 3:05PM	Ganesha: Clear	<i>Sunrise:</i> 4:27AM		
		Yama 4:27AM – 6:21AM	Vajra* Until 4:28PM	Muruga: White	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 6	
		255932369 Rahu 1:57PM – 3:51PM	Vanija Until 1:31AM Fri	Nataraja: Purple		4th Phase	
	Amrita Yoga		Dashami Until 1:48PM	Moon – Red		Bhuloka Day	
Until 3:05PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 24 Sutra 40 Vilamba 5120	
Kanya Rasi: 18.08	Tithi 11 – 12	Gulika 6:21AM – 8:15AM	Hasta Until 3:28PM	Ganesha: Clear	<i>Sunrise:</i> 4:26AM		
		Yama 3:52PM – 5:46PM	Siddhi Until 3:04PM	Muruga: White	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 6	
		266932369 Rahu 10:09AM – 12:03PM	Bava Until 1:12AM Sat	Nataraja: Purple		4th Phase	
	Creative Work Amrita Yoga		Ekadashi Until 1:18PM	Moon – Green		Bhuloka Day	
Until 3:28PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Trieste, Italy Sun 25 Sutra 41 Vilamba 5120	
Tula Rasi: 1.13	Tithi 12 – 13	Gulika 4:26AM – 6:20AM	Chitra Until 4:05PM	Ganesha: Purple	<i>Sunrise:</i> 4:26AM		
		Yama 1:58PM – 3:52PM	Vyatipata* Until 1:59PM	Muruga: White	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 6	
		366932369 Rahu 8:14AM – 10:09AM	Kaulava Until 1:17AM Sun	Nataraja: Purple		4th Phase	
	Routine Work Marana Yoga		Dvadashi Until 1:11PM	Moon – Green		Bhuloka Day	
Until 4:05PM				Jyeshtha Adhika-Vaikasi			
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata</i>							

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 26 Sutra 42 Vilamba 5120	
Tula Rasi: 14.06	Tithi 13 – 14	Gulika 3:53PM – 5:47PM	Svati Until 4:56PM	Ganesha: Purple	<i>Sunrise:</i> 4:25AM		
		Yama 12:03PM – 1:58PM	Variyan Until 1:11PM	Muruga: White	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 6	
		366932369 Rahu 5:47PM – 7:42PM	Gara Until 1:46AM Mon	Nataraja: Purple		4th Phase	
	Creative Work Siddha Yoga		Trayodashi Until 1:27PM	Moon – Green		Bhuloka Day	
Until 4:56PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Trieste, Italy Sun 27 Sutra 43 Vilamba 5120	
Copper Retreat Star		Gulika 1:58PM – 3:53PM	Vishakha Until 6:30PM	Ganesha: Clear	<i>Sunrise:</i> 4:24AM		
Tula Rasi: 26.47	Tithi 14 – 15	Yama 10:09AM – 12:04PM	Parigha* Until 12:44PM	Muruga: White	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 6	
Family Home Evening		376932369 Rahu 6:19AM – 8:14AM	Visti Until 2:41AM Tue	Nataraja: Purple		Purnima	
	Routine Work Marana Yoga		Chaturdashi* Until 2:09PM	Moon – Orange		Bhuloka Day	
Until 6:30PM		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Trieste, Italy Sutra 44 Vilamba 5120	
Silver Retreat Star		Gulika 12:04PM – 1:59PM	Anuradha Until 8:22PM	Ganesha: Clear	<i>Sunrise:</i> 4:23AM		
Vrischika Rasi: 9.17	Tithi 15 – 16	Yama 8:14AM – 10:09AM	Shiva Until 12:39PM	Muruga: White	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 6	
		376932369 Rahu 3:54PM – 5:49PM	Balava Until 4:03AM Wed	Nataraja: Purple		Prathama	
	Creative Work Siddha Yoga		Purnima* Until 3:17PM	Moon – Orange		Bhuloka Day	
Until 8:22PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 21.34 Tihti 16 - 17

387932369

Gulika 10:09AM - 12:04PM
Yama 6:18AM - 8:13AM
Rahu 12:04PM - 1:59PM

Jyeshtha* Until 10:29PM
Siddha Until 12:53PM
Taitila Until 5:51AM Thu
Prathama* Until 4:52PM

Ganesha: Clear *Sunrise:* 4:23AM
Muruga: White *Sunset:* 7:45PM
Nataraja: Purple
Moon - Orange
Jyeshtha Adhika-Vaikasi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 10:29PM

Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara Karana Dvitiyayam Titau

Trieste, Italy

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 3.41 Tihti 17

386932369

Gulika 8:13AM - 10:08AM
Yama 4:22AM - 6:18AM
Rahu 1:59PM - 3:55PM

Mula* Until 1:19AM Fri
Sadhya Until 1:27PM
Gara Until 6:53PM
Dvitiya Until 6:53PM

Ganesha: White *Sunrise:* 4:22AM
Muruga: White *Sunset:* 7:46PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga
Until 1:19AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Trieste, Italy

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 15.39 Tihti 18

387932369

Gulika 6:17AM - 8:13AM
Yama 3:55PM - 5:51PM
Rahu 10:08AM - 12:04PM

Purvashadha* Until 4:17AM Sat
Subha Until 2:18PM
Vanija Until 8:02AM
Tritiya Until 9:13PM

Ganesha: Yellow *Sunrise:* 4:21AM
Muruga: White *Sunset:* 7:47PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Routine Work Prabalarishta Yoga
Until 4:17AM Sat

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Bava Karana Chaturthyam Titau

Trieste, Italy

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 27.3 Tihti 19

387932369

Gulika 4:21AM - 6:17AM
Yama 2:00PM - 3:56PM
Rahu 8:13AM - 10:08AM

Uttarashadha Until 7:15AM Sun
Sukla Until 7:15AM Sun
Bava Until 10:30AM
Chaturthi* Until 11:47PM

Ganesha: Yellow *Sunrise:* 4:21AM
Muruga: White *Sunset:* 7:48PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Routine Work Marana Yoga

Until 7:15AM Sun
Then Creative Work - Amrita Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 9.17 Tihti 20

387932369

Gulika 3:56PM - 5:52PM
Yama 12:04PM - 2:00PM
Rahu 5:52PM - 7:48PM

Uttarashadha Until 7:15AM
Brahma Until 4:27PM
Kaulava Until 1:06PM
Panchami Until 2:22AM Mon

Ganesha: Yellow *Sunrise:* 4:20AM
Muruga: White *Sunset:* 7:48PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Amrita Yoga

Then Routine Work - Marana Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 21.05 Tihti 21

397932369

Gulika 2:01PM - 3:57PM
Yama 10:08AM - 12:05PM
Rahu 6:16AM - 8:12AM

Shravana Until 10:32AM
Indra Until 5:30PM
Gara Until 3:37PM
Shashthi* Until 4:46AM Tue

Ganesha: Blue *Sunrise:* 4:20AM
Muruga: White *Sunset:* 7:49PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 10:32AM
Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Trieste, Italy

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 2.58 Tihti 22

397132361

Gulika 12:05PM - 2:01PM
Yama 8:12AM - 10:08AM
Rahu 3:57PM - 5:54PM

Dhanishtha Until 1:25PM
Vaidhriti* Until 6:17PM
Visti Until 5:51PM
Saptami Until 6:45AM Wed

Ganesha: Purple *Sunrise:* 4:19AM
Muruga: White *Sunset:* 7:50PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 1:25PM
Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 15 Tihti 22 - 23

397132361

Gulika 10:08AM - 12:05PM
Yama 6:15AM - 8:12AM
Rahu 12:05PM - 2:01PM

Shatabhishak Until 3:39PM
Vishkambha* Until 6:41PM
Balava Until 7:33PM
Saptami Until 6:45AM

Ganesha: Purple *Sunrise:* 4:19AM
Muruga: White *Sunset:* 7:51PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 3:39PM
Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Kumbha Rasi: 27.17 Tihti 23 - 24

317132361

Gulika 8:12AM - 10:08AM
Yama 4:19AM - 6:15AM
Rahu 2:02PM - 3:58PM

Purvaprosarthapada* Until 5:33PM
Priti Until 6:33PM
Taitila Until 8:33PM
Ashtami* Until 8:08AM

Ganesha: Blue *Sunrise:* 4:19AM
Muruga: White *Sunset:* 7:51PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Trieste, Italy Sun 9 Sutra 54 Vilamba 5120	
Meena Rasi: 9.55	Tithi 24 – 25	Gulika 6:15AM – 8:12AM	Uttaraproshtapada Until 6:31PM	Ganesha: Red	<i>Sunrise:</i> 4:18AM		
		Yama 3:59PM – 5:55PM	Ayushman Until 5:45PM	Muruga: White	<i>Sunset:</i> 7:52PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	318132361 Rahu 10:09AM – 12:05PM	Vanija Until 8:44PM	Nataraja: White		2nd Phase	
			Navami* Until 8:44AM	Moon – Clear		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Trieste, Italy Sun 10 Sutra 55 Vilamba 5120	
Meena Rasi: 22.57	Tithi 25 – 26	Gulika 4:18AM – 6:15AM	Revati Until 6:29PM	Ganesha: Red	<i>Sunrise:</i> 4:18AM		
		Yama 2:02PM – 3:59PM	Saubhagya Until 4:18PM	Muruga: White	<i>Sunset:</i> 7:53PM	Moon 5 - Phase 8	
Routine Work	Prabalarishta Yoga	318132361 Rahu 8:12AM – 10:09AM	Bava Until 8:04PM	Nataraja: White		2nd Phase	
Until 6:29PM			Dashami Until 8:29AM	Moon – Clear		Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 11 Sutra 56 Vilamba 5120	
Mesha Rasi: 6.26	Tithi 26 – 27	Gulika 4:00PM – 5:56PM	Ashvini Until 5:58PM	Ganesha: Green	<i>Sunrise:</i> 4:18AM		
		Yama 12:06PM – 2:03PM	Sobhana Until 2:13PM	Muruga: White	<i>Sunset:</i> 7:53PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 5:56PM – 7:53PM	Kaulava Until 6:36PM	Nataraja: White		2nd Phase	
Until 5:58PM			Ekadashi* Until 7:25AM	Moon – White		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Jyeshtha Adhika-Vaikasi			

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Trieste, Italy Sun 12 Sutra 57 Vilamba 5120	
Mesha Rasi: 20.22	Tithi 28	Gulika 2:03PM – 4:00PM	Bharani Until 4:35PM	Ganesha: Green	<i>Sunrise:</i> 4:18AM		
Family Home Evening		Yama 10:09AM – 12:06PM	Athiganda* Until 11:30AM	Muruga: White	<i>Sunset:</i> 7:54PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 6:15AM – 8:12AM	Gara Until 4:25PM	Nataraja: White		2nd Phase	
Until 4:35PM			Trayodashi* Until 3:05AM Tue	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi			

Pradosha Vrata (Fasting)

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Trieste, Italy Sun 13 Sutra 58 Vilamba 5120	
Vrishabha Rasi: 4.44	Tithi 29	Gulika 12:06PM – 2:03PM	Krittika Until 2:29PM	Ganesha: Green	<i>Sunrise:</i> 4:17AM		
		Yama 8:12AM – 10:09AM	Sukarma Until 8:18AM	Muruga: White	<i>Sunset:</i> 7:55PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 4:00PM – 5:57PM	Visti Until 1:40PM	Nataraja: White		2nd Phase	
Until 2:29PM			Chaturdashi* Until 12:06AM Wed	Moon – White		Bhuloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha Adhika-Vaikasi			

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Trieste, Italy Sun 14 Sutra 59 Vilamba 5120	
Retreat Star		Gulika 10:09AM – 12:06PM	Rohini Until 12:15PM	Ganesha: White	<i>Sunrise:</i> 4:17AM		
Vrishabha Rasi: 19.27	Tithi 30	Yama 6:15AM – 8:12AM	Shula* Until 12:52AM Thu	Muruga: White	<i>Sunset:</i> 7:55PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	338132361 Rahu 12:06PM – 2:03PM	Catuspada Until 10:30AM	Nataraja: White		Amavasya	
			Amavasya* Until 8:47PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 15 Sutra 60 Vilamba 5120	
Retreat Star		Gulika 8:12AM – 10:09AM	Mrigashira Until 9:37AM	Ganesha: Clear	<i>Sunrise:</i> 4:17AM		
Mithuna Rasi: 4.23	Tithi 1 – 2	Yama 4:17AM – 6:14AM	Ganda* Until 8:53PM	Muruga: White	<i>Sunset:</i> 7:56PM	Moon 5 - Phase 8	
Routine Work	Marana Yoga	339132361 Rahu 2:04PM – 4:01PM	Kintughna Until 7:03AM	Nataraja: White		Prathama	
			Prathama* Until 5:16PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 9:AM to 12:PM	

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 19.25	Tithi 2 - 3	Gulika 6:14AM - 8:12AM	Ardra Until 6:46AM	Ganesh : Clear	<i>Sunrise</i> : 4:17AM		
		Yama 4:01PM - 5:59PM	Vriddhi Until 4:56PM	Muruga : White	<i>Sunset</i> : 7:56PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 Rahu 10:09AM - 12:07PM	Taitila Until 12:02AM Sat	Nataraja : White		3rd Phase	
			Dvitiya Until 1:44PM	Moon - Yellow		Bhuloka Day	
				Jyeshtha •Ani		Devaloka Time: 9:AM to12:PM	

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Trieste, Italy Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 4.24	Tithi 3 - 4	Gulika 4:17AM - 6:15AM	Pushya Until 1:51AM Sun	Ganesh : Orange	<i>Sunrise</i> : 4:17AM		
		Yama 2:04PM - 4:02PM	Dhruva Until 1:05PM	Muruga : White	<i>Sunset</i> : 7:56PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 8:12AM - 10:09AM	Vanija Until 8:44PM	Nataraja : White		3rd Phase	
			Tritiya Until 10:20AM	Moon - Blue		Bhuloka Day	
				Jyeshtha •Ani		Devaloka Time: 9:AM to12:PM	

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 19.11	Tithi 4 - 5	Gulika 4:02PM - 5:59PM	Ashlesha* Until 11:40PM	Ganesh : Orange	<i>Sunrise</i> : 4:17AM		
		Yama 12:07PM - 2:04PM	Vyaghata* Until 9:28AM	Muruga : White	<i>Sunset</i> : 7:57PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 5:59PM - 7:57PM	Balava Until 4:26AM Mon	Nataraja : White		3rd Phase	
Until 11:40PM			Chaturthi* Until 7:11AM	Moon - Blue		Bhuloka Day	
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha •Ani		Devaloka Time: 9:AM to12:PM	

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.42	Tithi 6	Gulika 2:05PM - 4:02PM	Magha* Until 10:14PM	Ganesh : Green	<i>Sunrise</i> : 4:17AM		
Family Home Evening		Yama 10:10AM - 12:07PM	Harshana Until 6:13AM	Muruga : White	<i>Sunset</i> : 7:57PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 Rahu 6:15AM - 8:12AM	Kaulava Until 3:15PM	Nataraja : White		3rd Phase	
Until 10:14PM			Shashthi* Until 2:09AM Tue	Moon - Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha •Ani			

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.52	Tithi 7	Gulika 12:07PM - 2:05PM	Purvaphalguni Until 9:12PM	Ganesh : Green	<i>Sunrise</i> : 4:17AM		
		Yama 8:12AM - 10:10AM	Siddhi Until 12:55AM Wed	Muruga : White	<i>Sunset</i> : 7:58PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 Rahu 4:02PM - 6:00PM	Gara Until 1:15PM	Nataraja : White		3rd Phase	
Until 9:12PM			Saptami Until 12:27AM Wed	Moon - Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha •Ani			

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 21 Sutra 66 Vilamba 5120	
Retreat Star		Gulika 10:10AM - 12:08PM	Uttaraphalguni Until 8:36PM	Ganesh : Green	<i>Sunrise</i> : 4:17AM		
Kanya Rasi: 1.4	Tithi 8	Yama 6:15AM - 8:13AM	Vyatipata* Until 11:01PM	Muruga : White	<i>Sunset</i> : 7:58PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	359132361 Rahu 12:08PM - 2:05PM	Visti Until 11:49AM	Nataraja : White		Ashtami	
Until 8:36PM			Ashtami* Until 11:19PM	Moon - Red		Devaloka Day	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Jyeshtha •Ani			

Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy Sun 22 Sutra 67 Vilamba 5120	
Retreat Star		Gulika 8:13AM - 10:10AM	Hasta Until 8:54PM	Ganesh : Red	<i>Sunrise</i> : 4:18AM		
Kanya Rasi: 15.08	Tithi 9	Yama 4:18AM - 6:15AM	Variyan Until 9:33PM	Muruga : White	<i>Sunset</i> : 7:58PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	369132361 Rahu 2:05PM - 4:03PM	Balava Until 11:00AM	Nataraja : White		Navami	
Until 8:54PM			Navami* Until 10:47PM	Moon - Green		Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha •Ani		Devaloka Time: 9:AM to12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Kanya Rasi: 28.16 Tiithi 10		Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 68	
361132361		Gulika 6:15AM – 8:13AM	Chitra Until 9:35PM	Ganesh: Green <i>Sunrise:</i> 4:18AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 4:03PM – 6:01PM	Parigha* Until 8:32PM	Muruga: White <i>Sunset:</i> 7:58PM	Moon 5 - Phase 10		
		Rahu 10:10AM – 12:08PM	Taitila Until 10:45AM	Nataraja: White	4th Phase		
			Dashami Until 10:49PM	Moon – Green	Bhuloka Day		
				Jyeshtha-Ani			

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Tula Rasi: 11.08 Tiithi 11		Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 69	
361132361		Gulika 4:18AM – 6:16AM	Svati Until 10:38PM	Ganesh: Green <i>Sunrise:</i> 4:18AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 2:06PM – 4:03PM	Shiva Until 7:58PM	Muruga: White <i>Sunset:</i> 7:58PM	Moon 5 - Phase 10		
		Rahu 8:13AM – 10:11AM	Vanija Until 11:03AM	Nataraja: White	4th Phase		
			Ekadashi Until 11:21PM	Moon – Green	Bhuloka Day		
				Jyeshtha-Ani			

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Tula Rasi: 23.45 Tiithi 12		Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 70	
371142361		Gulika 4:03PM – 6:01PM	Vishakha Until 12:28AM Mon	Ganesh: Red <i>Sunrise:</i> 4:18AM	Vilamba 5120		
Routine Work Marana Yoga		Yama 12:08PM – 2:06PM	Siddha Until 7:45PM	Muruga: Clear <i>Sunset:</i> 7:58PM	Moon 5 - Phase 10		
Until 12:28AM Mon		Rahu 6:01PM – 7:58PM	Bava Until 11:50AM	Nataraja: White	4th Phase		
Then Creative Work - Siddha Yoga			Dvadashi Until 12:23AM Mon	Moon – Orange	Devaloka Day		
				Jyeshtha-Ani			

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy	
Vrischika Rasi: 6.1 Tiithi 13		Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 71	
371142361		Gulika 2:06PM – 4:04PM	Anuradha Until 2:33AM Tue	Ganesh: Red <i>Sunrise:</i> 4:19AM	Vilamba 5120		
Family Home Evening		Yama 10:11AM – 12:09PM	Sadhya Until 7:52PM	Muruga: Clear <i>Sunset:</i> 7:59PM	Moon 5 - Phase 10		
Creative Work Siddha Yoga		Rahu 6:16AM – 8:14AM	Kaulava Until 1:05PM	Nataraja: White	4th Phase		
Until 2:33AM Tue			Trayodashi Until 1:50AM Tue	Moon – Orange	Devaloka Day		
Then Routine Work - Marana Yoga				Jyeshtha-Ani			
			<i>Pradosha Vrata</i>				

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Vrischika Rasi: 18.24 Tiithi 14		Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 72	
371142361		Gulika 12:09PM – 2:06PM	Jyeshtha* Until 4:51AM Wed	Ganesh: Red <i>Sunrise:</i> 4:19AM	Vilamba 5120		
Routine Work Marana Yoga		Yama 8:14AM – 10:11AM	Subha Until 8:20PM	Muruga: Clear <i>Sunset:</i> 7:59PM	Moon 5 - Phase 10		
		Rahu 4:04PM – 6:01PM	Gara Until 2:44PM	Nataraja: White	4th Phase		
			Chaturdashi* Until 3:40AM Wed	Moon – Orange	Devaloka Day		
				Jyeshtha-Ani			

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Copper Retreat Star		Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 73	
Dhanus Rasi: 0.29 Tiithi 15						Vilamba 5120	
381142361		Gulika 10:12AM – 12:09PM	Mula* Until 7:48AM Thu	Ganesh: Blue <i>Sunrise:</i> 4:19AM	Moon 5 - Phase 10		
Routine Work Marana Yoga		Yama 6:17AM – 8:14AM	Sukla Until 9:01PM	Muruga: Clear <i>Sunset:</i> 7:59PM	Purnima		
Until 7:48AM Thu		Rahu 12:09PM – 2:06PM	Visti Until 4:45PM	Nataraja: White			
Then Creative Work - Siddha Yoga			Purnima* Until 5:51AM Thu	Moon – Light Blue	Bhuloka Day		
				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM		

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Silver Retreat Star		Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Sutra 74	
Dhanus Rasi: 12.26 Tiithi 16						Vilamba 5120	
381142361		Gulika 8:15AM – 10:12AM	Mula* Until 7:48AM	Ganesh: Blue <i>Sunrise:</i> 4:20AM	Moon 5 - Phase 10		
Creative Work Siddha Yoga		Yama 4:20AM – 6:17AM	Brahma Until 9:57PM	Muruga: Clear <i>Sunset:</i> 7:59PM	Prathama		
		Rahu 2:07PM – 4:04PM	Balava Until 7:03PM	Nataraja: White			
			Prathama* Until 8:16AM Fri	Moon – Light Blue	Bhuloka Day		
				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy

Sun 1 Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 24.17 Tihi 16 - 17

Gulika 6:18AM - 8:15AM

Yama 4:04PM - 6:01PM

381142361 Rahu 10:12AM - 12:09PM

Purvashadha* Until 10:49AM

Indra Until 11:02PM

Taitila Until 9:34PM

Prathama* Until 8:16AM

Ganesha: Blue

Sunrise: 4:20AM

Muruga: Clear

Sunset: 7:59PM

Nataraja: White

Moon - Light Blue

Jyeshtha*Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 10:49AM

Then Routine Work - Marana Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 6.05 Tihi 17 - 18

Gulika 4:21AM - 6:18AM

Yama 2:07PM - 4:04PM

381242361 Rahu 8:15AM - 10:12AM

Uttarashadha Until 1:47PM

Vaidhriti* Until 12:09AM Sun

Vanija Until 12:10AM Sun

Dvitiya Until 10:51AM

Ganesha: Blue

Sunrise: 4:21AM

Muruga: Clear

Sunset: 7:58PM

Nataraja: White

Moon - Light Blue

Jyeshtha*Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Triliya/Chaturthyam Titau

Trieste, Italy

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 17.52 Tihi 18 - 19

Gulika 4:04PM - 6:01PM

Yama 12:10PM - 2:07PM

391242361 Rahu 6:01PM - 7:58PM

Shravana Until 5:06PM

Vishkambha* Until 1:14AM Mon

Bava Until 2:43AM Mon

Tritiya Until 1:26PM

Ganesha: Red

Sunrise: 4:21AM

Muruga: Clear

Sunset: 7:58PM

Nataraja: White

Moon - Purple

Jyeshtha*Ani

Devaloka Day

Creative Work Amrita Yoga

Until 5:06PM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 29.41 Tihi 19 - 20

Gulika 2:07PM - 4:04PM

Yama 10:13AM - 12:10PM

392242361 Rahu 6:19AM - 8:16AM

Dhanishtha Until 8:05PM

Priti Until 2:10AM Tue

Kaulava Until 5:01AM Tue

Chaturthi* Until 3:53PM

Ganesha: Yellow

Sunrise: 4:22AM

Muruga: Clear

Sunset: 7:58PM

Nataraja: White

Moon - Purple

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Trieste, Italy

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 11.35 Tihi 20

Gulika 12:10PM - 2:07PM

Yama 8:16AM - 10:13AM

392242361 Rahu 4:04PM - 6:01PM

Shatabhishak Until 10:34PM

Ayushman Until 2:46AM Wed

Taitila Until 6:00PM

Panchami Until 6:00PM

Ganesha: Yellow

Sunrise: 4:23AM

Muruga: Clear

Sunset: 7:58PM

Nataraja: White

Moon - Purple

Jyeshtha*Ani

Devaloka Day

Routine Work Marana Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 23.4 Tihi 21

Gulika 10:14AM - 12:10PM

Yama 6:20AM - 8:17AM

312242361 Rahu 12:10PM - 2:07PM

Purvaproshtapada* Until 12:53AM Thu

Saubhagya Until 2:58AM Thu

Gara Until 6:55AM

Shashthi* Until 7:38PM

Ganesha: Orange

Sunrise: 4:23AM

Muruga: Clear

Sunset: 7:58PM

Nataraja: White

Moon - Clear

Jyeshtha*Ani

Devaloka Day

Creative Work Amrita Yoga

Until 12:53AM Thu

Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Trieste, Italy

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 5.58 Tihi 22

Gulika 8:17AM - 10:14AM

Yama 4:24AM - 6:21AM

312242361 Rahu 2:07PM - 4:04PM

Uttaraproshtapada Until 2:23AM Fri

Sobhana Until 2:39AM Fri

Visti Until 8:15AM

Saptami Until 8:38PM

Ganesha: Orange

Sunrise: 4:24AM

Muruga: Clear

Sunset: 7:57PM

Nataraja: White

Moon - Clear

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 18.34 Tihi 23

Gulika 6:21AM - 8:18AM

Yama 4:04PM - 6:00PM

312242361 Rahu 10:14AM - 12:11PM

Revati Until 2:59AM Sat

Athiganda* Until 1:43AM Sat

Balava Until 8:53AM

Ashtami* Until 8:54PM

Ganesha: Orange

Sunrise: 4:25AM

Muruga: Clear

Sunset: 7:57PM

Nataraja: White

Moon - Clear

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Mesha Rasi: 1.33 Tihi 24

Gulika 4:25AM - 6:22AM

Yama 2:07PM - 4:04PM

422242361 Rahu 8:18AM - 10:14AM

Ashvini Until 3:07AM Sun

Sukarma Until 12:09AM Sun

Taitila Until 8:44AM

Navami* Until 8:21PM

Ganesha: Orange

Sunrise: 4:25AM

Muruga: Clear

Sunset: 7:56PM

Nataraja: White

Moon - White

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Until 3:07AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 84		Vilamba 5120	
Mesha Rasi: 14.58	Tithi 25	Gulika 4:04PM – 6:00PM	Bharani Until 2:18AM Mon	Ganesha: Orange <i>Sunrise: 4:26AM</i>			
422242361		Yama 12:11PM – 2:07PM	Dhriti Until 9:58PM	Muruga: Clear <i>Sunset: 7:56PM</i>	Moon 6 - Phase 12		
Routine Work Prabalarishta Yoga		Rahu 6:00PM – 7:56PM	Vanija Until 7:48AM	Nataraja: White	2nd Phase		
Until 2:18AM Mon		Dashami Until 7:01PM			Devaloka Day		
Then Routine Work - Marana Yoga		Moon – White			Jyeshtha•Ani		

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Trieste, Italy	
Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 85		Vilamba 5120	
Mesha Rasi: 28.49	Tithi 26 – 27	Gulika 2:07PM – 4:03PM	Krittika Until 12:40AM Tue	Ganesha: Orange <i>Sunrise: 4:27AM</i>			
422242361		Yama 10:15AM – 12:11PM	Shula* Until 7:10PM	Muruga: Clear <i>Sunset: 7:56PM</i>	Moon 6 - Phase 12		
Routine Work Marana Yoga		Rahu 6:23AM – 8:19AM	Bava Until 6:05AM	Nataraja: White	2nd Phase		
Until 12:40AM Tue		Ekadashi* Until 4:57PM			Devaloka Day		
Then Creative Work - Amrita Yoga		Moon – White			Jyeshtha•Ani		

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Rohini Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 86		Vilamba 5120	
Vrishabha Rasi: 13.07	Tithi 27 – 28	Gulika 12:11PM – 2:07PM	Rohini Until 10:44PM	Ganesha: Light Blue <i>Sunrise: 4:28AM</i>			
422242361		Yama 8:19AM – 10:15AM	Ganda* Until 3:52PM	Muruga: Clear <i>Sunset: 7:55PM</i>	Moon 6 - Phase 12		
Creative Work Amrita Yoga		Rahu 4:03PM – 5:59PM	Gara Until 12:44AM Wed	Nataraja: White	2nd Phase		
Until 10:44PM		Dvadashi* Until 2:15PM			Bhuloka Day		
Then Creative Work - Siddha Yoga		Pradosha Vrata (Fasting)			Devaloka Time: 12:PM to 3:PM		

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 87		Vilamba 5120	
Vrishabha Rasi: 27.49	Tithi 28 – 29	Gulika 10:16AM – 12:11PM	Mrigashira Until 8:12PM	Ganesha: Light Blue <i>Sunrise: 4:28AM</i>			
422242361		Yama 6:24AM – 8:20AM	Vridhhi Until 12:11PM	Muruga: Clear <i>Sunset: 7:54PM</i>	Moon 6 - Phase 12		
Creative Work Siddha Yoga		Rahu 12:11PM – 2:07PM	Visti Until 9:22PM	Nataraja: White	2nd Phase		
		Trayodashi* Until 11:04AM			Bhuloka Day		
		Moon – Yellow			Devaloka Time: 12:PM to 3:PM		

Thursdays, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 88		Vilamba 5120	
Mithuna Rasi: 12.48	Tithi 29 – 30	Gulika 8:20AM – 10:16AM	Ardra Until 5:17PM	Ganesha: Light Blue <i>Sunrise: 4:29AM</i>			
422242361		Yama 4:29AM – 6:25AM	Dhruva Until 8:12AM	Muruga: Clear <i>Sunset: 7:54PM</i>	Moon 6 - Phase 12		
Routine Work Marana Yoga		Rahu 2:07PM – 4:03PM	Naga Until 3:50AM Fri	Nataraja: White	Amavasya		
Until 5:17PM		Chaturdashi* Until 7:33AM			Bhuloka Day		
Then Creative Work - Amrita Yoga		Moon – Yellow			Devaloka Time: 12:PM to 3:PM		

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 89		Vilamba 5120	
Mithuna Rasi: 27.57	Tithi 1	Gulika 6:25AM – 8:21AM	Punarvasu Until 2:30PM	Ganesha: Purple <i>Sunrise: 4:30AM</i>			
422242361		Yama 4:02PM – 5:58PM	Harshana Until 11:55PM	Muruga: Clear <i>Sunset: 7:53PM</i>	Moon 6 - Phase 12		
Creative Work Siddha Yoga		Rahu 10:16AM – 12:12PM	Kintughna Until 1:58PM	Nataraja: White	Prathama		
Until 2:30PM		Prathama* Until 12:05AM Sat			Bhuloka Day		
Then Routine Work - Marana Yoga		Partial Solar Eclipse			Devaloka Time: 12:PM to 3:PM		
		Ashada•Ani					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Kataka Rasi: 13.07		Tithi 2		Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15		Sutra 90	
Creative Work		Siddha Yoga		Gulika 4:31AM – 6:26AM		Pushya Until 11:38AM		Vilamba 5120	
Until 11:38AM		442242361		Yama 2:07PM – 4:02PM		Vajra* Until 7:51PM		Moon 6 - Phase 13	
Then Routine Work - Marana Yoga		Rahu 8:21AM – 10:17AM		Balava Until 10:16AM		Dvitiya Until 8:28PM		3rd Phase	
				Ganesha: Purple		Sunrise: 4:31AM			
				Muruga: Clear		Sunset: 7:53PM			
				Nataraja: White				Moon – Blue	
				Ashada*Ani				Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Kataka Rasi: 28.08		Tithi 3 – 4		Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 16		Sutra 91	
Creative Work		Siddha Yoga		Gulika 4:02PM – 5:57PM		Ashlesha* Until 8:51AM		Vilamba 5120	
Until 8:51AM		442242361		Yama 12:12PM – 2:07PM		Siddhi Until 4:02PM		Moon 6 - Phase 13	
Then Routine Work - Marana Yoga		Rahu 5:57PM – 7:52PM		Tailila Until 6:46AM		Tritiya Until 5:07PM		3rd Phase	
				Ganesha: Purple		Sunrise: 4:32AM			
				Muruga: Clear		Sunset: 7:52PM			
				Nataraja: White				Moon – Blue	
				Ashada*Ani				Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Simha Rasi: 12.53		Tithi 4 – 5		Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 92	
Family Home Evening		453242361		Gulika 2:07PM – 4:02PM		Magha* Until 6:43AM		Vilamba 5120	
Routine Work		Marana Yoga		Yama 10:17AM – 12:12PM		Vyatipata* Until 12:34PM		Moon 6 - Phase 13	
Until 6:43AM		Rahu 6:28AM – 8:22AM		Bava Until 12:57AM Tue		Chaturthi* Until 2:12PM		3rd Phase	
Then Creative Work - Siddha Yoga				Ganesha: Purple		Sunrise: 4:33AM			
				Muruga: Clear		Sunset: 7:51PM			
				Nataraja: White				Moon – Red	
				Ashada*Adi				Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Simha Rasi: 27.17		Tithi 5 – 6		Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 18		Sutra 93	
Creative Work		Amrita Yoga		Gulika 12:12PM – 2:07PM		Uttaraphalguni Until 3:39AM Wed		Vilamba 5120	
Until 3:39AM Wed		453242362		Yama 8:23AM – 10:17AM		Variyan Until 9:31AM		Moon 6 - Phase 13	
Then Routine Work - Marana Yoga		Rahu 4:01PM – 5:56PM		Kaulava Until 10:53PM		Panchami Until 11:49AM		3rd Phase	
				Ganesha: Purple		Sunrise: 4:34AM			
				Muruga: Clear		Sunset: 7:50PM			
				Nataraja: Clear				Moon – Red	
				Ashada*Adi				Devaloka Day	

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Kanya Rasi: 11.15		Tithi 6 – 7		Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 94	
Routine Work		Marana Yoga		Gulika 10:18AM – 12:12PM		Hasta Until 3:20AM Thu		Vilamba 5120	
Until 3:20AM Thu		463242362		Yama 6:29AM – 8:23AM		Parigha* Until 7:01AM		Moon 6 - Phase 13	
Then Creative Work - Siddha Yoga		Rahu 12:12PM – 2:06PM		Gara Until 9:31PM		Shashthi* Until 10:06AM		3rd Phase	
				Ganesha: Clear		Sunrise: 4:35AM			
				Muruga: Clear		Sunset: 7:50PM			
				Nataraja: Clear				Moon – Green	
				Ashada*Adi				Sivaloka Day	

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Kanya Rasi: 24.48		Tithi 7 – 8		Chitra Nakshatra Siddha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 95	
Creative Work		Siddha Yoga		Gulika 8:24AM – 10:18AM		Chitra Until 3:37AM Fri		Vilamba 5120	
Until 3:37AM Fri		463242362		Yama 4:36AM – 6:30AM		Siddha Until 3:45AM Fri		Moon 6 - Phase 13	
		Rahu 2:06PM – 4:00PM		Vistil Until 8:52PM		Saptami Until 9:05AM		Ashtami	
				Ganesha: Clear		Sunrise: 4:36AM			
				Muruga: Clear		Sunset: 7:49PM			
				Nataraja: Clear				Moon – Green	
				Ashada*Adi				Sivaloka Day	

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Tula Rasi: 7.57		Tithi 8 – 9		Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21		Sutra 96	
Creative Work		Siddha Yoga		Gulika 6:31AM – 8:24AM		Svati Until 4:26AM Sat		Vilamba 5120	
Until 4:26AM Sat		463242362		Yama 4:00PM – 5:54PM		Sadhya Until 2:58AM Sat		Moon 6 - Phase 13	
		Rahu 10:18AM – 12:12PM		Balava Until 8:57PM		Ashtami* Until 8:48AM		Navami	
				Ganesha: Clear		Sunrise: 4:37AM			
				Muruga: Clear		Sunset: 7:48PM			
				Nataraja: Clear				Moon – Green	
				Ashada*Adi				Sivaloka Day	

1 Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Trieste, Italy Sun 22 Sutra 97 Vilamba 5120	
Tula Rasi: 20.44	Tithi 9 – 10	Gulika 4:38AM – 6:31AM	Vishakha Until 6:12AM Sun	Ganesh: White	<i>Sunrise:</i> 4:38AM		
		Yama 2:06PM – 4:00PM	Subha Until 2:44AM Sun	Muruga: Clear	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 14	
		473242362 Rahu 8:25AM – 10:19AM	Taitila Until 9:42PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 9:13AM	Moon – Orange		Devaloka Day	
Until 6:12AM Sun				Ashada*Adi			
Then Routine Work - Marana Yoga							

2 Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Trieste, Italy Sun 23 Sutra 98 Vilamba 5120	
Vrischika Rasi: 3.13	Tithi 10 – 11	Gulika 3:59PM – 5:53PM	Vishakha Until 6:12AM	Ganesh: White	<i>Sunrise:</i> 4:39AM		
		Yama 12:12PM – 2:06PM	Sukla Until 2:54AM Mon	Muruga: Clear	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 14	
		473242362 Rahu 5:53PM – 7:46PM	Vanija Until 11:02PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 10:17AM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

3 Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Trieste, Italy Sun 24 Sutra 99 Vilamba 5120	
Vrischika Rasi: 15.28	Tithi 11 – 12	Gulika 2:05PM – 3:59PM	Anuradha Until 8:20AM	Ganesh: White	<i>Sunrise:</i> 4:40AM		
Family Home Evening		Yama 10:19AM – 12:12PM	Brahma Until 3:26AM Tue	Muruga: Clear	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 14	
		473242362 Rahu 6:33AM – 8:26AM	Bava Until 12:52AM Tue	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:52AM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

4 Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Trieste, Italy Sun 25 Sutra 100 Vilamba 5120	
Vrischika Rasi: 27.32	Tithi 12 – 13	Gulika 12:12PM – 2:05PM	Jyeshtha* Until 10:45AM	Ganesh: White	<i>Sunrise:</i> 4:41AM		
		Yama 8:27AM – 10:19AM	Indra Until 4:16AM Wed	Muruga: Clear	<i>Sunset:</i> 7:44PM	Moon 6 - Phase 14	
		473242362 Rahu 3:58PM – 5:51PM	Kaulava Until 3:03AM Wed	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvodashi Until 1:54PM	Moon – Orange		Devaloka Day	
Until 10:45AM				Ashada*Adi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

5 Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 26 Sutra 101 Vilamba 5120	
Dhanus Rasi: 9.28	Tithi 13 – 14	Gulika 10:20AM – 12:12PM	Mula* Until 1:48PM	Ganesh: Red	<i>Sunrise:</i> 4:42AM		
		Yama 6:35AM – 8:27AM	Vaidhriti* Until 5:15AM Thu	Muruga: Clear	<i>Sunset:</i> 7:43PM	Moon 6 - Phase 14	
		483342362 Rahu 12:12PM – 2:05PM	Gara Until 5:30AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 4:14PM	Moon – Light Blue		Sivaloka Day	
Until 1:48PM				Ashada*Adi			
Then Creative Work - Amrita Yoga							

6 Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija Karana Chaturdashyam Titau				Trieste, Italy Sun 27 Sutra 102 Vilamba 5120	
Dhanus Rasi: 21.18	Tithi 14	Gulika 8:28AM – 10:20AM	Purvashadha* Until 4:53PM	Ganesh: Red	<i>Sunrise:</i> 4:43AM		
		Yama 4:43AM – 6:35AM	Vishkambha* Until 6:21AM Fri	Muruga: Clear	<i>Sunset:</i> 7:42PM	Moon 6 - Phase 14	
		483342362 Rahu 2:05PM – 3:57PM	Vanija Until 6:46PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:46PM	Moon – Light Blue		Sivaloka Day	
Until 4:53PM				Ashada*Adi			
Then Routine Work - Marana Yoga							

O Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Trieste, Italy Sutra 103 Vilamba 5120	
Copper Retreat Star		Gulika 6:36AM – 8:28AM	Uttarashadha Until 7:52PM	Ganesh: Red	<i>Sunrise:</i> 4:44AM		
Makara Rasi: 3.06	Tithi 15	Yama 3:57PM – 5:49PM	Vishkambha* Until 6:21AM	Muruga: Clear	<i>Sunset:</i> 7:41PM	Moon 6 - Phase 14	
		483342362 Rahu 10:20AM – 12:12PM	Visti Until 8:05AM	Nataraja: Clear		Purnima	
Routine Work	Marana Yoga		Purnima* Until 9:21PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
		Total Lunar Eclipse					
		Satguru Purnima					

Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Trieste, Italy Sutra 104 Vilamba 5120	
Silver Retreat Star		Gulika 4:45AM – 6:37AM	Shravana Until 11:08PM	Ganesh: Blue	<i>Sunrise:</i> 4:45AM		
Makara Rasi: 14.53	Tithi 16	Yama 2:04PM – 3:56PM	Priti Until 7:29AM	Muruga: Clear	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 14	
		493342362 Rahu 8:29AM – 10:21AM	Balava Until 10:39AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:53PM	Moon – Purple		Devaloka Day	
				Ashada*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Trieste, Italy

Makara Rasi: 26.43 Tiithi 17

Gulika 3:55PM – 5:47PM
Yama 12:12PM – 2:04PM
Rahu 5:47PM – 7:38PM

Dhanishtha Until 2:03AM Mon
Ayushman Until 8:29AM
Taitila Until 1:06PM
Dvitiya Until 2:14AM Mon

Ganesha: Blue *Sunrise:* 4:46AM
Muruga: Clear *Sunset:* 7:38PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 2:03AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Trieste, Italy

Kumbha Rasi: 8.37 Tiithi 18

Gulika 2:03PM – 3:55PM
Yama 10:21AM – 12:12PM
Rahu 6:39AM – 8:30AM

Shatabhishak Until 4:32AM Tue
Saubhagya Until 9:20AM
Vanija Until 3:19PM
Tritiya Until 4:17AM Tue

Ganesha: Blue *Sunrise:* 4:47AM
Muruga: Clear *Sunset:* 7:37PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 2 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 4:32AM Tue
Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy

Kumbha Rasi: 20.39 Tiithi 19

Gulika 12:12PM – 2:03PM
Yama 8:30AM – 10:21AM
Rahu 3:54PM – 5:45PM

Purvaprossthapada* Until 6:57AM Wed
Sobhana Until 9:58AM
Bava Until 5:11PM
Chaturthi* Until 5:56AM Wed

Ganesha: White *Sunrise:* 4:49AM
Muruga: Clear *Sunset:* 7:36PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 3 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 6:57AM Wed
Then Creative Work - Siddha Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Trieste, Italy

Meena Rasi: 2.5 Tiithi 20

Gulika 10:22AM – 12:12PM
Yama 6:40AM – 8:31AM
Rahu 12:12PM – 2:03PM

Purvaprossthapada* Until 6:57AM
Athiganda* Until 10:14AM
Kaulava Until 6:36PM
Panchami Until 7:06AM Thu

Ganesha: White *Sunrise:* 4:50AM
Muruga: Clear *Sunset:* 7:35PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 4 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:57AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy

Meena Rasi: 15.14 Tiithi 20 – 21

Gulika 8:31AM – 10:22AM
Yama 4:51AM – 6:41AM
Rahu 2:02PM – 3:53PM

Uttaraprossthapada Until 8:43AM
Sukarma Until 10:07AM
Gara Until 7:29PM
Panchami Until 7:06AM

Ganesha: White *Sunrise:* 4:51AM
Muruga: Clear *Sunset:* 7:33PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 5 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Meena Rasi: 27.53 Tiithi 21 – 22

Gulika 6:42AM – 8:32AM
Yama 3:52PM – 5:42PM
Rahu 10:22AM – 12:12PM

Revati Until 9:46AM
Dhriti Until 9:34AM
Visti Until 7:45PM
Shashthi* Until 7:41AM

Ganesha: White *Sunrise:* 4:52AM
Muruga: Clear *Sunset:* 7:32PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 6 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 9:46AM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Mesha Rasi: 10.51 Tiithi 22 – 23

Gulika 4:53AM – 6:43AM
Yama 2:02PM – 3:51PM
Rahu 8:33AM – 10:22AM

Ashvini Until 10:30AM
Shula* Until 8:28AM
Balava Until 7:21PM
Saptami Until 7:37AM

Ganesha: Clear *Sunrise:* 4:53AM
Muruga: Clear *Sunset:* 7:31PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 7 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Mesha Rasi: 24.1 Tiithi 23 – 24

Gulika 3:51PM – 5:40PM
Yama 12:12PM – 2:01PM
Rahu 5:40PM – 7:29PM

Bharani Until 10:24AM
Ganda* Until 6:50AM
Taitila Until 6:16PM
Ashtami* Until 6:53AM

Ganesha: Clear *Sunrise:* 4:54AM
Muruga: Clear *Sunset:* 7:29PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 8 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Sivaloka Day


Routine Work Prabalarishta Yoga
Until 10:24AM
Then Creative Work - Siddha Yoga

1		Monday, August 6, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Trieste, Italy Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 7.53	Tithi 25	Gulika	2:01PM – 3:50PM	Krittika Until 9:29AM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM	
Family Home Evening	424342362	Yama	10:23AM – 12:12PM	Dhruva Until 1:57AM Tue	Muruga: Clear	<i>Sunset:</i> 7:28PM	
Routine Work	Marana Yoga	Rahu	6:45AM – 8:34AM	Vanija Until 4:31PM	Nataraja: Clear	Moon 7 - Phase 16	
Until 9:29AM				Dashami Until 3:24AM Tue	Moon – White	Sivaloka Day	
Then Creative Work - Amrita Yoga					Ashada*Adi		

2		Tuesday, August 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Trieste, Italy Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 22	Tithi 26	Gulika	12:12PM – 2:00PM	Rohini Until 8:13AM	Ganesha: Purple	<i>Sunrise:</i> 4:57AM	
	434342362	Yama	8:34AM – 10:23AM	Vyaghata* Until 10:47PM	Muruga: Clear	<i>Sunset:</i> 7:26PM	
Creative Work	Amrita Yoga	Rahu	3:49PM – 5:38PM	Bava Until 2:10PM	Nataraja: Clear	Moon 7 - Phase 16	
Until 8:13AM				Ekadashi* Until 12:46AM Wed	Moon – Yellow	Devaloka Day	
Then Creative Work - Siddha Yoga					Ashada*Adi		

3		Wednesday, August 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukstayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Trieste, Italy Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 6.29	Tithi 27	Gulika	10:23AM – 12:11PM	Mrigashira Until 6:16AM	Ganesha: Purple	<i>Sunrise:</i> 4:58AM	
	434342362	Yama	6:46AM – 8:35AM	Harshana Until 7:13PM	Muruga: Clear	<i>Sunset:</i> 7:25PM	
Creative Work	Siddha Yoga	Rahu	12:11PM – 2:00PM	Kaulava Until 11:17AM	Nataraja: Clear	Moon 7 - Phase 16	
				Dvadashi* Until 9:40PM	Moon – Yellow	Devaloka Day	
					Ashada*Adi		

4		Thursday, August 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukstayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Trieste, Italy Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 21.19	Tithi 28	Gulika	8:35AM – 10:23AM	Punarvasu Until 2:37PM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 4:59AM	
	444342362	Yama	4:59AM – 6:47AM	Vajra* Until 3:21PM	Muruga: Clear	<i>Sunset:</i> 7:24PM	
Creative Work	Amrita Yoga	Rahu	1:59PM – 3:47PM	Gara Until 8:00AM	Nataraja: Clear	Moon 7 - Phase 16	
Until 2:37PM Fri				Trayodashi* Until 6:14PM	Moon – Blue	Devaloka Day	
Then Routine Work - Marana Yoga					Ashada*Adi		
					<i>Pradosha Vrata (Fasting)</i>		

		Friday, August 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yukstayam Punarvasu/Pushya Nakshatra Siddhi/Vyatlipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Trieste, Italy Sun 13 Sutra 117 Vilamba 5120
Retreat Star		Gulika	6:48AM – 8:36AM	Punarvasu Until 2:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:00AM	
Kataka Rasi: 6.2	Tithi 29 – 30	Yama	3:47PM – 5:34PM	Siddhi Until 6:72AM Sat	Muruga: Clear	<i>Sunset:</i> 7:22PM	
	444342362	Rahu	10:23AM – 12:11PM	Catuspada Until 12:48AM Sat	Nataraja: Clear	Moon 7 - Phase 16	
Routine Work	Marana Yoga			Chaturdashi* Until 2:37PM	Moon – Blue	Devaloka Day	
					Ashada*Adi		

Retreat Star		Saturday, August 11, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yukstayam Ashlesha* Nakshatra Vyatlipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Trieste, Italy Sun 14 Sutra 118 Vilamba 5120
Kataka Rasi: 21.28	Tithi 30 – 1	Gulika	5:02AM – 6:49AM	Ashlesha* Until 7:25PM	Ganesha: Orange	<i>Sunrise:</i> 5:02AM	
	445342362	Yama	1:58PM – 3:46PM	Vyatlipata* Until 7:12AM	Muruga: Clear	<i>Sunset:</i> 7:21PM	
Routine Work	Marana Yoga	Rahu	8:36AM – 10:24AM	Kintughna Until 9:10PM	Nataraja: Clear	Moon 7 - Phase 16	
Until 7:25PM				Amavasya* Until 10:57AM	Moon – Blue	Sivaloka Day	
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Sravana*Adi		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 6.31	Tithi 1 – 2	Gulika 3:45PM – 5:32PM	Magha* Until 4:56PM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Red	Sunrise: 5:03AM Sunset: 7:19PM	Moon 7 - Phase 17 3rd Phase
Routine Work Marana Yoga Until 4:56PM Then Creative Work - Siddha Yoga		455342362 Rahu 5:32PM – 7:19PM	Parigha* Until 11:19PM Kaulava Until 4:07AM Mon Prathama* Until 7:24AM	Sivaloka Day Sravana-Adi		

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Trieste, Italy Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 21.23	Tithi 3	Gulika 1:57PM – 3:44PM	Purvaphalguni Until 2:38PM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Red	Sunrise: 5:04AM Sunset: 7:17PM	Moon 7 - Phase 17 3rd Phase
Family Home Evening Creative Work Siddha Yoga		455342362 Rahu 6:51AM – 8:37AM	Shiva Until 7:49PM Tailila Until 2:39PM Tritiya Until 1:16AM Tue	Sivaloka Day Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau				Trieste, Italy Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 5.55	Tithi 4	Gulika 12:11PM – 1:57PM	Uttaraphalguni Until 12:42PM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Red	Sunrise: 5:05AM Sunset: 7:16PM	Moon 7 - Phase 17 3rd Phase
Creative Work Amrita Yoga Until 12:42PM Then Creative Work - Siddha Yoga		455342362 Rahu 3:43PM – 5:30PM	Siddha Until 4:44PM Vanija Until 12:03PM Chaturthi* Until 10:58PM	Sivaloka Day Sravana-Adi		

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 20.02	Tithi 5	Gulika 10:24AM – 12:10PM	Hasta Until 11:42AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Green	Sunrise: 5:06AM Sunset: 7:14PM	Moon 7 - Phase 17 3rd Phase
Routine Work Marana Yoga Until 11:42AM Then Creative Work - Siddha Yoga		465342362 Rahu 6:52AM – 8:38AM 12:10PM – 1:56PM	Sadhya Until 2:12PM Bava Until 10:05AM Panchami Until 9:22PM	Subha Sivaloka Day Sravana-Adi		
		Nag Panchami				

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Shashthyam Titau				Trieste, Italy Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 3.43	Tithi 6	Gulika 8:39AM – 10:24AM	Chitra Until 11:17AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Green	Sunrise: 5:08AM Sunset: 7:13PM	Moon 7 - Phase 17 3rd Phase
Creative Work Siddha Yoga Until 11:17AM Then Creative Work - Amrita Yoga		465342362 Rahu 5:08AM – 6:53AM 1:56PM – 3:41PM	Subha Until 12:17PM Kaulava Until 8:52AM Shashthi* Until 8:32PM	Subha Sivaloka Day Sravana-Adi		

6 Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy Sun 20 Sutra 124 Vilamba 5120
Tula Rasi: 16.56	Tithi 7	Gulika 6:54AM – 8:39AM	Svati Until 11:30AM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Green	Sunrise: 5:09AM Sunset: 7:11PM	Moon 7 - Phase 17 3rd Phase
Creative Work Siddha Yoga		565342362 Rahu 3:40PM – 5:26PM 10:25AM – 12:10PM	Sukla Until 11:00AM Gara Until 8:26AM Saptami Until 8:31PM	Sivaloka Day Sravana-Avani		

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 21 Sutra 125 Vilamba 5120
Tula Rasi: 29.45	Tithi 8	Gulika 5:10AM – 6:55AM	Vishakha Until 12:49PM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 5:10AM Sunset: 7:09PM	Moon 7 - Phase 17 Ashtami
Creative Work Siddha Yoga		575342362 Rahu 1:55PM – 3:40PM 8:40AM – 10:25AM	Brahma Until 10:21AM Visti Until 8:50AM Ashtami* Until 9:17PM	Subha Sivaloka Day Sravana-Avani		

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 12.13	Tithi 9	Gulika 3:39PM – 5:23PM	Anuradha Until 2:42PM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 5:11AM Sunset: 7:08PM	Moon 7 - Phase 17 Navami
Routine Work Marana Yoga		575442362 Rahu 12:09PM – 1:54PM 5:23PM – 7:08PM	Indra Until 10:18AM Balava Until 9:58AM Navami* Until 10:45PM	Sivaloka Day Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1		Monday, August 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 24.23		Tithi 10		Jyeshtha* Until 5:00PM		Ganesh: Clear		Sunrise: 5:12AM	
Family Home Evening		575442362		Vaidhriti* Until 10:42AM		Muruga: Clear		Sunset: 7:06PM	
Creative Work		Siddha Yoga		Taitila Until 11:44AM		Nataraja: Clear		Moon 7 - Phase 18	
				Dashami Until 12:47AM Tue		Moon - Orange		Sivaloka Day	
						Sravana-Avani			

2		Tuesday, August 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 6.23		Tithi 11		Mula* Until 8:02PM		Ganesh: Clear		Sunrise: 5:14AM	
Creative Work		Amrita Yoga		Vishkambha* Until 11:29AM		Muruga: Clear		Sunset: 7:04PM	
Until 8:02PM		586442362		Vanija Until 1:58PM		Nataraja: Clear		Moon 7 - Phase 18	
Then Creative Work - Siddha Yoga				Ekadashi Until 3:11AM Wed		Moon - Light Blue		Sivaloka Day	
						Sravana-Avani			

3		Wednesday, August 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 18.14		Tithi 12		Purvashadha* Until 11:08PM		Ganesh: Clear		Sunrise: 5:15AM	
Creative Work		Amrita Yoga		Priti Until 12:31PM		Muruga: Clear		Sunset: 7:03PM	
		586442362		Bava Until 4:29PM		Nataraja: Clear		Moon 7 - Phase 18	
				Dvadashi Until 5:46AM Thu		Moon - Light Blue		Sivaloka Day	
						Sravana-Avani			

4		Thursday, August 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 0.02		Tithi 13		Uttarashadha Until 2:07AM Fri		Ganesh: Clear		Sunrise: 5:16AM	
Routine Work		Marana Yoga		Ayushman Until 1:35PM		Muruga: Clear		Sunset: 7:01PM	
		586442362		Kaulava Until 7:06PM		Nataraja: Clear		Moon 7 - Phase 18	
				Trayodashi Until 8:22AM Fri		Moon - Light Blue		Sivaloka Day	
						Sravana-Avani			
								<i>Pradosha Vrata</i>	

5		Friday, August 24, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 11.49		Tithi 13 - 14		Shravana Until 5:19AM Sat		Ganesh: White		Sunrise: 5:17AM	
Routine Work		Marana Yoga		Saubhagya Until 2:39PM		Muruga: Clear		Sunset: 6:59PM	
Until 5:19AM Sat		596442362		Gara Until 9:38PM		Nataraja: Clear		Moon 7 - Phase 18	
Then Creative Work - Siddha Yoga				Trayodashi Until 8:22AM		Moon - Purple		Subha Sivaloka Day	
						Sravana-Avani			

○		Saturday, August 25, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Copper Retreat Star		Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Dhanishtha Until 8:07AM Sun		Ganesh: White		Sunrise: 5:18AM	
Makara Rasi: 23.4		Tithi 14 - 15		Sobhana Until 3:36PM		Muruga: Clear		Sunset: 6:57PM	
Creative Work		Siddha Yoga		Visti Until 11:58PM		Nataraja: Clear		Moon 7 - Phase 18	
		596442362		Chaturdashi* Until 10:49AM		Moon - Purple		Subha Sivaloka Day	
						Sravana-Avani			
								Raksha Bandhan	

○		Sunday, August 26, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Silver Retreat Star		Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Dhanishtha Until 8:07AM		Ganesh: White		Sunrise: 5:20AM	
Kumbha Rasi: 6		Tithi 15 - 16		Athiganda* Until 4:17PM		Muruga: Clear		Sunset: 6:56PM	
Routine Work		Marana Yoga		Balava Until 1:58AM Mon		Nataraja: Clear		Moon 7 - Phase 18	
Until 8:07AM		596442362		Purnima* Until 12:59PM		Moon - Purple		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga						Sravana-Avani			
								Avani Avittam	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy

Sutra 134

Vilamba 5120

Kumbha Rasi: 17.4 Tihti 16 – 17

Gulika 1:49PM – 3:31PM

Shatabhishak Until 10:25AM

Ganesh: White Sunrise: 5:21AM

Yama 10:26AM – 12:07PM

Sukarma Until 4:43PM

Muruga: Clear Sunset: 6:54PM

Moon 8 - Phase 19

Family Home Evening

517442363

Rahu 7:03AM – 8:44AM

Taitila Until 3:35AM Tue

Nataraja: Clear

Moon – Purple

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 10:25AM

Then Routine Work - Marana Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 135

Vilamba 5120

Kumbha Rasi: 29.54 Tihti 17 – 18

Gulika 12:07PM – 1:48PM

Purvaproshtapada* Until 12:39PM

Ganesh: Clear Sunrise: 5:22AM

Yama 8:45AM – 10:26AM

Dhriti Until 4:50PM

Muruga: Purple Sunset: 6:52PM

Moon 8 - Phase 19

517452363

Rahu 3:30PM – 5:11PM

Vanija Until 4:46AM Wed

Nataraja: Purple

Moon – Clear

Bhuloka Day

Routine Work Marana Yoga

Until 12:39PM

Then Creative Work - Amrita Yoga

Dvitiya Until 4:12PM

Sravana-Avani

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Trieste, Italy

Sun 2 Sutra 136

Vilamba 5120

Meena Rasi: 12.19 Tihti 18 – 19

Gulika 10:26AM – 12:07PM

Uttaraproshtapada Until 2:18PM

Ganesh: Clear Sunrise: 5:23AM

Yama 7:04AM – 8:45AM

Shula* Until 4:34PM

Muruga: Purple Sunset: 6:50PM

Moon 8 - Phase 19

517452363

Rahu 12:07PM – 1:48PM

Bava Until 5:30AM Thu

Nataraja: Purple

Moon – Clear

Bhuloka Day

Creative Work Siddha Yoga

Until 2:18PM

Then Routine Work - Marana Yoga

Tritiya Until 5:10PM

Sravana-Avani

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 137

Vilamba 5120

Meena Rasi: 24.56 Tihti 19 – 20

Gulika 8:46AM – 10:26AM

Revati Until 3:21PM

Ganesh: Clear Sunrise: 5:25AM

Yama 5:25AM – 7:05AM

Ganda* Until 3:58PM

Muruga: Purple Sunset: 6:48PM

Moon 8 - Phase 19

517452363

Rahu 1:47PM – 3:27PM

Kaulava Until 5:47AM Fri

Nataraja: Purple

Moon – Clear

Bhuloka Day

Creative Work Siddha Yoga

Until 3:21PM

Then Creative Work - Amrita Yoga

Chaturthi* Until 5:41PM

Sravana-Avani

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy

Sun 4 Sutra 138

Vilamba 5120

Mesha Rasi: 7.46 Tihti 20 – 21

Gulika 7:06AM – 8:46AM

Ashvini Until 4:16PM

Ganesh: Purple Sunrise: 5:26AM

Yama 3:26PM – 5:06PM

Vriddhi Until 3:01PM

Muruga: Purple Sunset: 6:47PM

Moon 8 - Phase 19

527452363

Rahu 10:26AM – 12:06PM

Gara Until 5:35AM Sat

Nataraja: Purple

Moon – White

Bhuloka Day

Creative Work Amrita Yoga

Until 4:16PM

Then Creative Work - Siddha Yoga

Panchami Until 5:43PM

Sravana-Avani

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sun 5 Sutra 139

Vilamba 5120

Mesha Rasi: 20.5 Tihti 21 – 22

Gulika 5:27AM – 7:07AM

Bharani Until 4:32PM

Ganesh: Purple Sunrise: 5:27AM

Yama 1:46PM – 3:25PM

Dhruva Until 1:40PM

Muruga: Purple Sunset: 6:45PM

Moon 8 - Phase 19

527452363

Rahu 8:46AM – 10:26AM

Visti Until 4:53AM Sun

Nataraja: Purple

Moon – White

Bhuloka Day

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

Shashthi* Until 5:17PM

Sravana-Avani

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 6 Sutra 140

Vilamba 5120

Vrishabha Rasi: 4.1 Tihti 22 – 23

Gulika 3:24PM – 5:04PM

Krittika Until 4:11PM

Ganesh: Purple Sunrise: 5:28AM

Yama 12:06PM – 1:45PM

Vyaghata* Until 11:55AM

Muruga: Purple Sunset: 6:43PM

Moon 8 - Phase 19

527452363

Rahu 5:04PM – 6:43PM

Balava Until 3:41AM Mon

Nataraja: Purple

Moon – White

Bhuloka Day

Creative Work Siddha Yoga

Saptami Until 4:20PM

Sravana-Avani

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sun 7 Sutra 141

Vilamba 5120

Vrishabha Rasi: 17.47 Tihti 23 – 24

Gulika 1:44PM – 3:23PM

Rohini Until 3:36PM

Ganesh: Clear Sunrise: 5:29AM

Yama 10:26AM – 12:05PM

Harshana Until 9:47AM

Muruga: Purple Sunset: 6:41PM

Moon 8 - Phase 19

537452363

Rahu 7:08AM – 8:47AM

Taitila Until 2:00AM Tue

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Creative Work Amrita Yoga

Krishna Janmashtami

Ashtami* Until 2:53PM

Sravana-Avani

Devaloka Time: 6:AM to 9:AM

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Trieste, Italy

Sun 8 Sutra 142

Vilamba 5120

Mithuna Rasi: 1.43 Tihti 24 – 25

Gulika 12:05PM – 1:43PM

Mrigashira Until 2:24PM

Ganesh: White Sunrise: 5:31AM

Yama 8:48AM – 10:26AM

Vajra* Until 7:12AM

Muruga: Purple Sunset: 6:39PM

Moon 8 - Phase 19

538452363

Rahu 3:22PM – 5:01PM

Vanija Until 11:49PM

Nataraja: Purple

Moon – Yellow

Devaloka Day

Creative Work Siddha Yoga

Until 2:24PM

Then Routine Work - Marana Yoga

Navami* Until 12:57PM

Sravana-Avani

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Trieste, Italy
			Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 143
	Mithuna Rasi: 15.56	Tithi 25 – 26	Gulika 10:26AM – 12:05PM	Ardra Until 12:37PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 7:10AM – 8:48AM	Vyatipata* Until 1:00AM Thu	Muruga: Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 20
		538452363	Rahu 12:05PM – 1:43PM	Bava Until 9:13PM	Nataraja: Purple	2nd Phase	
						Devaloka Day	
						Sravana-Avani	

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Trieste, Italy
			Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 144
	Kataka Rasi: 0.26	Tithi 26 – 27	Gulika 8:49AM – 10:26AM	Punarvasu Until 10:43AM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	Vilamba 5120
	Creative Work	Amrita Yoga	Yama 5:33AM – 7:11AM	Variyan Until 9:27PM	Muruga: Purple	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20
		548452363	Rahu 1:42PM – 3:20PM	Kaulava Until 6:17PM	Nataraja: Purple	2nd Phase	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Ekadashi* Until 7:46AM	
						Sravana-Avani	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Trieste, Italy
			Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 145
	Kataka Rasi: 15.1	Tithi 28	Gulika 7:12AM – 8:49AM	Pushya Until 8:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM	Vilamba 5120
	Routine Work	Marana Yoga	Yama 3:19PM – 4:56PM	Parigha* Until 5:43PM	Muruga: Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20
		548452363	Rahu 10:26AM – 12:04PM	Gara Until 3:07PM	Nataraja: Purple	2nd Phase	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Trayodashi* Until 1:28AM Sat	
						Sravana-Avani	
						<i>Pradosha Vrata (Fasting)</i>	

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam				Trieste, Italy
			Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 146
	Simha Rasi: 0.01	Tithi 29	Gulika 5:35AM – 7:12AM	Magha* Until 3:28AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:35AM	Vilamba 5120
	Creative Work	Amrita Yoga	Yama 1:41PM – 3:18PM	Shiva Until 1:56PM	Muruga: Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20
		558452363	Rahu 8:50AM – 10:27AM	Visti Until 11:50AM	Nataraja: Purple	2nd Phase	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Chaturdashi* Until 10:11PM	
						Sravana-Avani	

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Trieste, Italy
	Retreat Star		Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 147
	Simha Rasi: 14.53	Tithi 30	Gulika 3:16PM – 4:53PM	Purvaphalguni Until 1:08AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:37AM	Vilamba 5120
	Creative Work	Siddha Yoga	Yama 12:03PM – 1:40PM	Siddha Until 10:09AM	Muruga: Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20
		558452363	Rahu 4:53PM – 6:30PM	Catuspada Until 8:35AM	Nataraja: Purple	Amavasya	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Amavasya* Until 7:00PM	
						Sravana-Avani	
						Grandparent's Day	

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy
			Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 148
	Simha Rasi: 29.37	Tithi 1 – 2	Gulika 1:39PM – 3:15PM	Uttaraphalguni Until 10:58PM	Ganesha: Blue	<i>Sunrise:</i> 5:38AM	Vilamba 5120
	Family Home Evening		Yama 10:27AM – 12:03PM	Sadhya Until 6:32AM	Muruga: Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20
		559452363	Rahu 7:14AM – 8:50AM	Balava Until 2:46AM Tue	Nataraja: Purple	Prathama	
						Bhuloka Day	
						Prathama* Until 4:04PM	
						Bhadrapada-Avani	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 15 Sutra 149 Vilamba 5120
Kanya Rasi: 14.07	Tithi 2 – 3	Gulika 12:02PM – 1:38PM	Hasta Until 9:33PM	Ganesha: Blue <i>Sunrise:</i> 5:39AM		
		Yama 8:51AM – 10:27AM	Sukla Until 12:17AM Wed	Muruga: Purple <i>Sunset:</i> 6:26PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	569452363 Rahu 3:14PM – 4:50PM	Taitila Until 12:31AM Wed	Nataraja: Purple		3rd Phase
			Dvitiya Until 1:34PM	Moon – Green	Bhuloka Day	
				Bhadrapada-Avani		

2 Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Trieste, Italy Sun 16 Sutra 150 Vilamba 5120
Kanya Rasi: 28.16	Tithi 3 – 4	Gulika 10:27AM – 12:02PM	Chitra Until 8:35PM	Ganesha: Blue <i>Sunrise:</i> 5:40AM		
		Yama 7:16AM – 8:51AM	Brahma Until 9:53PM	Muruga: Purple <i>Sunset:</i> 6:24PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	569452363 Rahu 12:02PM – 1:38PM	Vanija Until 10:54PM	Nataraja: Purple		3rd Phase
				Moon – Green	Bhuloka Day	
		Ganesha Chaturthi	Tritiya Until 11:37AM	Bhadrapada-Avani		

3 Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 17 Sutra 151 Vilamba 5120
Tula Rasi: 11.59	Tithi 4 – 5	Gulika 8:52AM – 10:27AM	Svati Until 8:12PM	Ganesha: Yellow <i>Sunrise:</i> 5:42AM		
		Yama 5:42AM – 7:17AM	Indra Until 8:04PM	Muruga: Purple <i>Sunset:</i> 6:22PM		Moon 8 - Phase 21
Creative Work	Amrita Yoga	569552363 Rahu 1:37PM – 3:12PM	Bava Until 10:02PM	Nataraja: Purple		3rd Phase
Until 8:12PM				Moon – Green	Bhuloka Day	
Then Creative Work - Siddha Yoga			Chaturthi* Until 10:21AM	Bhadrapada-Avani	Devaloka Time: 9:AM to12:PM	

4 Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy Sun 18 Sutra 152 Vilamba 5120
Tula Rasi: 25.16	Tithi 5 – 6	Gulika 7:17AM – 8:52AM	Vishakha Until 8:56PM	Ganesha: White <i>Sunrise:</i> 5:43AM		
		Yama 3:11PM – 4:45PM	Vaidhriti* Until 6:53PM	Muruga: Purple <i>Sunset:</i> 6:20PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	579552363 Rahu 10:27AM – 12:01PM	Kaulava Until 9:59PM	Nataraja: Purple		3rd Phase
				Moon – Orange	Devaloka Day	
			Panchami Until 9:53AM	Bhadrapada-Avani		

5 Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 19 Sutra 153 Vilamba 5120
Vrischika Rasi: 8.08	Tithi 6 – 7	Gulika 5:44AM – 7:18AM	Anuradha Until 10:18PM	Ganesha: White <i>Sunrise:</i> 5:44AM		
		Yama 1:35PM – 3:10PM	Vishkambha* Until 6:22PM	Muruga: Purple <i>Sunset:</i> 6:18PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	579552363 Rahu 8:53AM – 10:27AM	Gara Until 10:46PM	Nataraja: Purple		3rd Phase
				Moon – Orange	Devaloka Day	
			Shashthi* Until 10:15AM	Bhadrapada-Avani		

Retreat Star Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy Sun 20 Sutra 154 Vilamba 5120
Vrischika Rasi: 20.37	Tithi 7 – 8	Gulika 3:08PM – 4:42PM	Jyeshtha* Until 12:14AM Mon	Ganesha: White <i>Sunrise:</i> 5:45AM		
		Yama 12:01PM – 1:35PM	Priti Until 6:27PM	Muruga: Purple <i>Sunset:</i> 6:16PM		Moon 8 - Phase 21
Routine Work	Marana Yoga	579552363 Rahu 4:42PM – 6:16PM	Visti Until 12:17AM Mon	Nataraja: Purple		Ashtami
Until 12:14AM Mon				Moon – Orange	Devaloka Day	
Then Creative Work - Siddha Yoga			Saptami Until 11:25AM	Bhadrapada-Avani		

Retreat Star Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy Sun 21 Sutra 155 Vilamba 5120
Dhanus Rasi: 2.49	Tithi 8 – 9	Gulika 1:34PM – 3:07PM	Mula* Until 3:04AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:46AM		
Family Home Evening		Yama 10:27AM – 12:00PM	Ayushman Until 6:59PM	Muruga: Purple <i>Sunset:</i> 6:14PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	589552363 Rahu 7:20AM – 8:53AM	Balava Until 2:24AM Tue	Nataraja: Purple		Navami
				Moon – Light Blue	Bhuloka Day	
			Ashtami* Until 1:16PM	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Trieste, Italy Sun 22
Dhanus Rasi: 14.46	Tithi 9 – 10	Gulika	12:00PM – 1:33PM	Purvashadha* Until 6:12PM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:48AM		Vilamba 5120
		Yama	8:54AM – 10:27AM	Saubhagya Until 7:52PM	Muruga: Purple	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 22	
		581552363 Rahu	3:06PM – 4:39PM	Taitila Until 4:54AM Wed	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga			Navami* Until 3:36PM	Moon – Light Blue		Bhuloka Day	
Until 6:12PM Wed					Bhadrapada-Puratasi		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga								

2		Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Trieste, Italy Sun 23
Dhanus Rasi: 26.37	Tithi 10	Gulika	10:27AM – 12:00PM	Purvashadha* Until 6:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM		Vilamba 5120
		Yama	7:22AM – 8:54AM	Sobhana Until 8:56PM	Muruga: Purple	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 22	
		581552363 Rahu	12:00PM – 1:32PM	Gara Until 6:12PM	Nataraja: Purple		4th Phase	
Creative Work	Amrita Yoga			Dashami Until 6:12PM	Moon – Light Blue		Bhuloka Day	
					Bhadrapada-Puratasi		Devaloka Time: 9:AM to 12:PM	

3		Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Trieste, Italy Sun 24
Makara Rasi: 8.24	Tithi 11	Gulika	8:55AM – 10:27AM	Uttarashadha Until 9:04AM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM		Vilamba 5120
		Yama	5:50AM – 7:22AM	Athiganda* Until 9:58PM	Muruga: Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 22	
		581552363 Rahu	1:32PM – 3:04PM	Vanija Until 7:32AM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 8:48PM	Moon – Light Blue		Bhuloka Day	
Until 9:04AM					Bhadrapada-Puratasi		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga								

4		Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Trieste, Italy Sun 25
Makara Rasi: 20.13	Tithi 12	Gulika	7:23AM – 8:55AM	Shravana Until 12:16PM	Ganesha: Purple	<i>Sunrise:</i> 5:51AM		Vilamba 5120
		Yama	3:03PM – 4:35PM	Sukarma Until 10:51PM	Muruga: Purple	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 22	
		591552363 Rahu	10:27AM – 11:59AM	Bava Until 10:04AM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga			Dvadashi Until 11:13PM	Moon – Purple		Devaloka Day	
Until 12:16PM					Bhadrapada-Puratasi			
Then Creative Work - Siddha Yoga								

5		Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Trieste, Italy Sun 26
Kumbha Rasi: 2.08	Tithi 13	Gulika	5:53AM – 7:24AM	Dhanishtha Until 3:01PM	Ganesha: Purple	<i>Sunrise:</i> 5:53AM		Vilamba 5120
		Yama	1:30PM – 3:02PM	Dhriti Until 11:28PM	Muruga: Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 22	
		591552363 Rahu	8:56AM – 10:27AM	Kaulava Until 12:19PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 1:16AM Sun	Moon – Purple		Devaloka Day	
Until 3:01PM					Bhadrapada-Puratasi			
Then Creative Work - Amrita Yoga								

6		Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Trieste, Italy Sun 27
Kumbha Rasi: 14.13	Tithi 14	Gulika	3:00PM – 4:32PM	Shatabhishak Until 5:11PM	Ganesha: Purple	<i>Sunrise:</i> 5:54AM		Vilamba 5120
		Yama	11:58AM – 1:29PM	Shula* Until 11:42PM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22	
		591552363 Rahu	4:32PM – 6:03PM	Gara Until 2:09PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 2:51AM Mon	Moon – Purple		Devaloka Day	
					Bhadrapada-Puratasi			
		Chidambaram Abhishekam						
		Kadaitswami Mahasamadhi						

○		Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Trieste, Italy Sun 28
Copper Retreat Star		Gulika	1:29PM – 2:59PM	Purvaproshtapada* Until 7:11PM	Ganesha: Purple	<i>Sunrise:</i> 5:55AM		Vilamba 5120
Kumbha Rasi: 26.29	Tithi 15	Yama	10:27AM – 11:58AM	Ganda* Until 11:34PM	Muruga: Purple	<i>Sunset:</i> 6:01PM	Moon 8 - Phase 22	
Family Home Evening		511552363 Rahu	7:26AM – 8:56AM	Visti Until 3:28PM	Nataraja: Purple		Purnima	
Routine Work	Marana Yoga			Purnima* Until 3:55AM Tue	Moon – Clear		Devaloka Day	
Until 7:11PM					Bhadrapada-Puratasi			
Then Creative Work - Siddha Yoga								

○		Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Trieste, Italy Sun 29
Silver Retreat Star		Gulika	11:58AM – 1:28PM	Uttaraproshtapada Until 8:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM		Vilamba 5120
Meena Rasi: 8.59	Tithi 16	Yama	8:57AM – 10:27AM	Vriddhi Until 11:02PM	Muruga: Purple	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 22	
		511552363 Rahu	2:58PM – 4:29PM	Balava Until 4:16PM	Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga			Prathama* Until 4:28AM Wed	Moon – Clear		Devaloka Day	
Until 8:31PM					Bhadrapada-Puratasi			
Then Creative Work - Siddha Yoga								



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 21.43 Tihti 17

Gulika 10:27AM - 11:57AM
Yama 7:27AM - 8:57AM
Rahu 11:57AM - 1:27PM

Revati Until 9:14PM
Dhruva Until 10:06PM
Tailila Until 4:35PM

Ganesh: Purple Sunrise: 5:57AM
Muruga: Purple Sunset: 5:57PM
Nataraja: Purple

Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 4.4 Tihti 18

Gulika 8:58AM - 10:27AM
Yama 5:59AM - 7:28AM
Rahu 1:26PM - 2:56PM

Ashvini Until 9:50PM
Vyaghata* Until 8:51PM
Vanija Until 15:57AM Fri

Ganesh: Clear Sunrise: 5:59AM
Muruga: Purple Sunset: 5:55PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 9:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 17.49 Tihti 19

Gulika 7:29AM - 8:58AM
Yama 2:55PM - 4:24PM
Rahu 10:27AM - 11:57AM

Bharani Until 9:55PM
Harshana Until 7:19PM
Bava Until 3:57PM

Ganesh: Clear Sunrise: 6:00AM
Muruga: Purple Sunset: 5:53PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Chaturthi* Until 3:33AM Sat

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 1.1 Tihti 20

Gulika 6:01AM - 7:30AM
Yama 1:25PM - 2:54PM
Rahu 8:59AM - 10:27AM

Krittika Until 9:32PM
Vajra* Until 5:29PM
Kaulava Until 3:06PM

Ganesh: Clear Sunrise: 6:01AM
Muruga: Purple Sunset: 5:51PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Panchami Until 2:33AM Sun

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 14.41 Tihti 21

Gulika 2:53PM - 4:21PM
Yama 11:56AM - 1:24PM
Rahu 4:21PM - 5:49PM

Rohini Until 9:09PM
Siddhi Until 3:26PM
Gara Until 1:57PM

Ganesh: Purple Sunrise: 6:02AM
Muruga: Purple Sunset: 5:49PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Shashthi* Until 1:15AM Mon

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Trieste, Italy

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 28.23 Tihti 22

Family Home Evening

Gulika 1:23PM - 2:51PM
Yama 10:28AM - 11:56AM
Rahu 7:32AM - 9:00AM

Mrigashira Until 8:21PM
Vyatipata* Until 1:09PM
Visti Until 12:31PM

Ganesh: Purple Sunrise: 6:04AM
Muruga: Purple Sunset: 5:47PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 8:21PM

Then Creative Work - Siddha Yoga

Saptami Until 11:40PM

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 12.15 Tihti 23

Gulika 11:55AM - 1:23PM
Yama 9:00AM - 10:28AM
Rahu 2:50PM - 4:18PM

Ardra Until 7:07PM
Variyan Until 10:38AM
Balava Until 10:48AM

Ganesh: Purple Sunrise: 6:05AM
Muruga: Purple Sunset: 5:46PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 7:07PM

Then Creative Work - Siddha Yoga

Ashtami* Until 9:49PM

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Trieste, Italy

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 26.17 Tihti 24

Gulika 10:28AM - 11:55AM
Yama 7:33AM - 9:01AM
Rahu 11:55AM - 1:22PM

Punarvasu Until 5:54PM
Parigha* Until 7:54AM
Tailila Until 8:49AM

Ganesh: Clear Sunrise: 6:06AM
Muruga: Purple Sunset: 5:44PM
Nataraja: Purple

Moon - Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Navami* Until 7:42PM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


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1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 10.3	Tithi 25 – 26	Gulika	9:01AM – 10:28AM	Pushya Until 4:19PM	Ganesh: Clear	<i>Sunrise:</i> 6:07AM	
		Yama	6:07AM – 7:34AM	Siddha Until 1:50AM Fri	Muruga: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 24
		642552363 Rahu	1:21PM – 2:48PM	Vanija Until 6:35AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 5:21PM	Moon – Blue		Bhuloka Day
Until 4:19PM					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 24.51	Tithi 26 – 27	Gulika	7:35AM – 9:01AM	Ashlesha* Until 2:24PM	Ganesh: Clear	<i>Sunrise:</i> 6:09AM	
		Yama	2:47PM – 4:13PM	Sadhya Until 10:36PM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24
		642552363 Rahu	10:28AM – 11:54AM	Kaulava Until 1:32AM Sat	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 2:49PM	Moon – Blue		Bhuloka Day
					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 9.18	Tithi 27 – 28	Gulika	6:10AM – 7:36AM	Magha* Until 12:40PM	Ganesh: White	<i>Sunrise:</i> 6:10AM	
		Yama	1:20PM – 2:46PM	Subha Until 7:18PM	Muruga: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24
		652552363 Rahu	9:02AM – 10:28AM	Gara Until 10:53PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 12:11PM	Moon – Red		Bhuloka Day
Until 12:40PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 23.47	Tithi 28 – 29	Gulika	2:45PM – 4:11PM	Purvaphalguni Until 10:47AM	Ganesh: White	<i>Sunrise:</i> 6:11AM	
		Yama	11:54AM – 1:19PM	Sukla Until 4:01PM	Muruga: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 24
		652552363 Rahu	4:11PM – 5:36PM	Visti Until 8:17PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 9:33AM	Moon – Red		Bhuloka Day
Until 10:47AM					Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga							

		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Trieste, Italy Sun 12 Sutra 176 Vilamba 5120	
Retreat Star		Gulika	1:19PM – 2:44PM	Uttaraphalguni Until 8:53AM	Ganesh: White	<i>Sunrise:</i> 6:13AM	
Kanya Rasi: 8.11	Tithi 29 – 30	Yama	10:28AM – 11:53AM	Brahma Until 12:52PM	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 24
Family Home Evening		652552364 Rahu	7:38AM – 9:03AM	Naga Until 4:46AM Tue	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 7:02AM	Moon – Red		Bhuloka Day
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM	

Tuesday, October 9, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Balava Karana Prathamayam Titau		Trieste, Italy Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 22.25	Tithi 1	Gulika	11:53AM – 1:18PM	Hasta Until 7:32AM	Ganesh: Red	<i>Sunrise:</i> 6:14AM	
		Yama	9:03AM – 10:28AM	Indra Until 7:32AM	Muruga: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24
		662652364 Rahu	2:43PM – 4:08PM	Kintughna Until 3:48PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 2:54AM Wed	Moon – Green		Devaloka Day
		Navaratri Begins			Ashvina-Puratasi		

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dviliyayam Titau		Trieste, Italy Sun 14 Sutra 178 Vilamba 5120		
Tula Rasi: 6.23	Tithi 2	Gulika 10:28AM – 11:53AM	Chitra Until 6:28AM	Ganesha: Red	<i>Sunrise:</i> 6:15AM	Muruga: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	Yama 7:40AM – 9:04AM	Vaidhriti* Until 7:25AM	Nataraja: Clear				
		662652364 Rahu 11:53AM – 1:17PM	Balava Until 2:12PM	Moon – Green				Devaloka Day
			Dvitiya Until 1:36AM Thu	Ashvina•Puratasi				
2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Gara Karana Triliyayam Titau		Trieste, Italy Sun 15 Sutra 179 Vilamba 5120		
Tula Rasi: 20.01	Tithi 3	Gulika 9:05AM – 10:29AM	Vishakha Until 6:08AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Muruga: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	Yama 6:16AM – 7:40AM	Priti Until 3:47AM Fri	Nataraja: Clear				
		673652364 Rahu 1:17PM – 2:41PM	Tailila Until 1:12PM	Moon – Orange				Devaloka Day
			Tritiya Until 12:57AM Fri	Ashvina•Puratasi				
3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Trieste, Italy Sun 16 Sutra 180 Vilamba 5120		
Vrischika Rasi: 3.15	Tithi 4	Gulika 7:41AM – 9:05AM	Vishakha Until 6:08AM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Muruga: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	Yama 2:40PM – 4:03PM	Ayushman Until 2:49AM Sat	Nataraja: Clear				
		673652364 Rahu 10:29AM – 11:52AM	Vanija Until 12:56PM	Moon – Orange				Bhuloka Day
			Chaturthi* Until 1:04AM Sat	Ashvina•Puratasi				Devaloka Time: 6:PM to 9:PM
4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Trieste, Italy Sun 17 Sutra 181 Vilamba 5120		
Vrischika Rasi: 16.06	Tithi 5	Gulika 6:19AM – 7:42AM	Anuradha Until 7:03AM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Muruga: Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	Yama 1:15PM – 2:39PM	Saubhagya Until 2:28AM Sun	Nataraja: Clear				
		673652364 Rahu 9:06AM – 10:29AM	Bava Until 1:27PM	Moon – Orange				Bhuloka Day
			Panchami Until 1:58AM Sun	Ashvina•Puratasi				Devaloka Time: 6:PM to 9:PM
5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Trieste, Italy Sun 18 Sutra 182 Vilamba 5120		
Vrischika Rasi: 28.35	Tithi 6	Gulika 2:38PM – 4:01PM	Jyeshtha* Until 8:33AM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Muruga: Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25 3rd Phase
Routine Work	Marana Yoga	Yama 11:52AM – 1:15PM	Sobhana Until 2:41AM Mon	Nataraja: Clear				
Until 8:33AM		673652364 Rahu 4:01PM – 5:23PM	Kaulava Until 2:43PM	Moon – Orange				Bhuloka Day
Then Creative Work - Amrita Yoga			Shashthi* Until 3:36AM Mon	Ashvina•Puratasi				Devaloka Time: 6:PM to 9:PM
6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Trieste, Italy Sun 19 Sutra 183 Vilamba 5120		
Dhanu Rasi: 10.47	Tithi 7	Gulika 1:14PM – 2:37PM	Mula* Until 11:03AM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Muruga: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 25 3rd Phase
Family Home Evening		Yama 10:29AM – 11:52AM	Athiganda* Until 3:19AM Tue	Nataraja: Clear				
Creative Work	Siddha Yoga	683652364 Rahu 7:44AM – 9:07AM	Gara Until 4:40PM	Moon – Light Blue				Devaloka Day
Until 11:03AM			Saptami Until 5:49AM Tue	Ashvina•Puratasi				
Then Routine Work - Marana Yoga								
Retreat Star		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau		Trieste, Italy Sun 20 Sutra 184 Vilamba 5120		
Dhanu Rasi: 22.45	Tithi 8	Gulika 11:51AM – 1:14PM	Purvashadha* Until 1:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Muruga: Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 25 Ashtami
Creative Work	Siddha Yoga	Yama 9:07AM – 10:29AM	Sukarma Until 4:15AM Wed	Nataraja: Clear				
Until 1:54PM		683652364 Rahu 2:36PM – 3:58PM	Visti Until 7:05PM	Moon – Light Blue				Devaloka Day
Then Routine Work - Prabalarishta Yoga			Ashtami* Until 8:23AM Wed	Ashvina•Puratasi				
Retreat Star		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Trieste, Italy Sun 21 Sutra 185 Vilamba 5120		
Makara Rasi: 4.35	Tithi 8 – 9	Gulika 10:29AM – 11:51AM	Uttarashadha Until 4:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Muruga: Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 25 Navami
Creative Work	Amrita Yoga	Yama 7:46AM – 9:08AM	Dhriti Until 5:17AM Thu	Nataraja: Clear				
Until 4:49PM		683652364 Rahu 11:51AM – 1:13PM	Balava Until 9:44PM	Moon – Light Blue				Devaloka Day
Then Creative Work - Siddha Yoga			Ashtami* Until 8:23AM	Ashvina•Aipasi				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Trieste, Italy Sun 22 Sutra 186 Vilamba 5120	
Makara Rasi: 16.23	Tithi 9 – 10	Gulika 9:08AM – 10:30AM	Shravana Until 8:05PM	Ganesh: Purple	<i>Sunrise:</i> 6:26AM	Muruga: Purple	<i>Sunset:</i> 5:16PM
		Yama 6:26AM – 7:47AM	Shula* Until 6:12AM Fri	Nataraja: Clear			Moon 9 - Phase 26
		693652364 Rahu 1:12PM – 2:34PM	Taitila Until 12:20AM Fri				4th Phase
Creative Work	Siddha Yoga		Navami* Until 11:02AM			Bhuloka Day	
		Vijaya Dasami		Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 23 Sutra 187 Vilamba 5120	
Makara Rasi: 28.14	Tithi 10 – 11	Gulika 7:48AM – 9:09AM	Dhanishtha Until 10:55PM	Ganesh: Purple	<i>Sunrise:</i> 6:27AM	Muruga: Purple	<i>Sunset:</i> 5:15PM
		Yama 2:33PM – 3:54PM	Shula* Until 6:12AM	Nataraja: Clear			Moon 9 - Phase 26
		693652364 Rahu 10:30AM – 11:51AM	Vanija Until 2:37AM Sat				4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:30PM			Bhuloka Day	
				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 24 Sutra 188 Vilamba 5120	
Kumbha Rasi: 10.13	Tithi 11 – 12	Gulika 6:28AM – 7:49AM	Shatabhishak Until 1:09AM Sun	Ganesh: Purple	<i>Sunrise:</i> 6:28AM	Muruga: Purple	<i>Sunset:</i> 5:13PM
		Yama 1:11PM – 2:32PM	Ganda* Until 6:52AM	Nataraja: Clear			Moon 9 - Phase 26
		693652364 Rahu 9:09AM – 10:30AM	Bava Until 4:25AM Sun				4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 3:34PM			Bhuloka Day	
Until 1:09AM Sun				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosnthapada* Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 25 Sutra 189 Vilamba 5120	
Kumbha Rasi: 22.23	Tithi 12 – 13	Gulika 2:31PM – 3:51PM	Purvaprosnthapada* Until 3:07AM Mon	Ganesh: White	<i>Sunrise:</i> 6:30AM	Muruga: Purple	<i>Sunset:</i> 5:11PM
		Yama 11:50AM – 1:11PM	Vridhi Until 7:09AM	Nataraja: Clear			Moon 9 - Phase 26
		613652364 Rahu 3:51PM – 5:11PM	Kaulava Until 5:36AM Mon				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 5:04PM			Bhuloka Day	
				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	

Pradosha Vrata

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosnthapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 26 Sutra 190 Vilamba 5120	
Meena Rasi: 4.5	Tithi 13 – 14	Gulika 1:10PM – 2:30PM	Uttaraprosnthapada Until 4:19AM Tue	Ganesh: White	<i>Sunrise:</i> 6:31AM	Muruga: Purple	<i>Sunset:</i> 5:10PM
Family Home Evening		Yama 10:30AM – 11:50AM	Dhruva Until 6:56AM	Nataraja: Clear			Moon 9 - Phase 26
		613652364 Rahu 7:51AM – 9:11AM	Gara Until 6:08AM Tue				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 5:56PM			Bhuloka Day	
				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 191 Vilamba 5120	
Meena Rasi: 17.34	Tithi 14	Gulika 11:50AM – 1:10PM	Revati Until 4:44AM Wed	Ganesh: White	<i>Sunrise:</i> 6:32AM	Muruga: Purple	<i>Sunset:</i> 5:08PM
		Yama 9:11AM – 10:31AM	Vyaghata* Until 6:14AM	Nataraja: Clear			Moon 9 - Phase 26
		613652364 Rahu 2:29PM – 3:49PM	Gara Until 6:08AM				4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:09PM			Bhuloka Day	
Until 4:44AM Wed				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

○		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Trieste, Italy Sutra 192 Vilamba 5120	
Copper Retreat Star		Gulika 10:31AM – 11:50AM	Ashvini Until 4:56AM Thu	Ganesh: Clear	<i>Sunrise:</i> 6:34AM	Muruga: Purple	<i>Sunset:</i> 5:06PM
Mesha Rasi: 0.35	Tithi 15 – 16	Yama 7:53AM – 9:12AM	Vajra* Until 3:25AM Thu	Nataraja: Clear			Moon 9 - Phase 26
		623652364 Rahu 11:50AM – 1:09PM	Visti Until 6:04AM				Purnima
Routine Work	Marana Yoga		Purnima* Until 5:47PM			Devaloka Day	
Until 4:56AM Thu				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

○		Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Trieste, Italy Sutra 193 Vilamba 5120	
Silver Retreat Star		Gulika 9:13AM – 10:31AM	Bharani Until 4:32AM Fri	Ganesh: Clear	<i>Sunrise:</i> 6:35AM	Muruga: Purple	<i>Sunset:</i> 5:05PM
Mesha Rasi: 13.55	Tithi 16 – 17	Yama 6:35AM – 7:54AM	Siddhi Until 1:27AM Fri	Nataraja: Clear			Moon 9 - Phase 26
		623652364 Rahu 1:09PM – 2:27PM	Taitila Until 4:21AM Fri				Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:56PM			Devaloka Day	
				Ashvina-Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 194

Vilamba 5120

Mesha Rasi: 27.29 Tihi 17 - 18

624652364 Rahu 10:31AM - 11:50AM

Gulika 7:55AM - 9:13AM

Yama 2:26PM - 3:45PM

Krittika Until 3:40AM Sat

Vyatipata* Until 11:11PM

Vanija Until 2:56AM Sat

Dvitiya Until 3:40PM

Ganesha: White Sunrise: 6:36AM

Muruga: Purple Sunset: 5:03PM

Nataraja: Clear

Moon - White
Ashvina-Aipasi

Moon 10 - Phase 27

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 3:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Trieste, Italy

Sun 2 Sutra 195

Vilamba 5120

Vrishabha Rasi: 11.15 Tihi 18 - 19

634652364 Rahu 9:14AM - 10:32AM

Gulika 6:38AM - 7:56AM

Yama 1:08PM - 2:26PM

Rohini Until 2:50AM Sun

Variyan Until 8:42PM

Bava Until 1:17AM Sun

Tritiya Until 2:07PM

Ganesha: Clear Sunrise: 6:38AM

Muruga: Purple Sunset: 5:02PM

Nataraja: Clear

Moon - Yellow
Ashvina-Aipasi

Moon 10 - Phase 27

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 196

Vilamba 5120

Vrishabha Rasi: 25.1 Tihi 19 - 20

634652364 Rahu 3:42PM - 5:00PM

Gulika 2:25PM - 3:42PM

Yama 11:50AM - 1:07PM

Mrigashira Until 1:44AM Mon

Parigha* Until 6:06PM

Kaulava Until 11:29PM

Chaturthi* Until 12:23PM

Ganesha: Clear Sunrise: 6:39AM

Muruga: Purple Sunset: 5:00PM

Nataraja: Clear

Moon - Yellow
Ashvina-Aipasi

Moon 10 - Phase 27

1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Trieste, Italy

Sun 4 Sutra 197

Vilamba 5120

Mithuna Rasi: 9.09 Tihi 20 - 21

Family Home Evening

634652364 Rahu 7:58AM - 9:15AM

Gulika 1:07PM - 2:24PM

Yama 10:32AM - 11:50AM

Ardra Until 12:23AM Tue

Shiva Until 3:25PM

Gara Until 9:35PM

Panchami Until 10:31AM

Ganesha: Clear Sunrise: 6:41AM

Muruga: Purple Sunset: 4:59PM

Nataraja: Clear

Moon - Yellow
Ashvina-Aipasi

Moon 10 - Phase 27

1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sun 5 Sutra 198

Vilamba 5120

Mithuna Rasi: 23.11 Tihi 21 - 22

644652364 Rahu 2:23PM - 3:40PM

Gulika 11:50AM - 1:06PM

Yama 9:16AM - 10:33AM

Punarvasu Until 11:17PM

Siddha Until 12:40PM

Visti Until 7:38PM

Shashthi* Until 8:36AM

Ganesha: Purple Sunrise: 6:42AM

Muruga: Purple Sunset: 4:57PM

Nataraja: Clear

Moon - Blue
Ashvina-Aipasi

Moon 10 - Phase 27

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 6 Sutra 199

Vilamba 5120

Kataka Rasi: 7.15 Tihi 22 - 23

644662364 Rahu 11:49AM - 1:06PM

Gulika 10:33AM - 11:49AM

Yama 8:00AM - 9:16AM

Pushya Until 10:01PM

Sadhya Until 9:55AM

Kaulava Until 4:39AM Thu

Saptami Until 6:38AM

Ganesha: Purple Sunrise: 6:43AM

Muruga: Clear Sunset: 4:56PM

Nataraja: Clear

Moon - Blue
Ashvina-Aipasi

Moon 10 - Phase 27

Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy

Sun 7 Sutra 200

Vilamba 5120

Kataka Rasi: 21.2 Tihi 24

644662364 Rahu 1:06PM - 2:22PM

Gulika 9:17AM - 10:33AM

Yama 6:45AM - 8:01AM

Ashlesha* Until 8:36PM

Subha Until 7:09AM

Taitila Until 3:41PM

Navami* Until 2:40AM Fri

Ganesha: Purple Sunrise: 6:45AM

Muruga: Clear Sunset: 4:54PM

Nataraja: Clear

Moon - Blue
Ashvina-Aipasi

Moon 10 - Phase 27

Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Trieste, Italy Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 5.25	Tithi 25	Gulika 8:02AM – 9:18AM	Magha* Until 7:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	
		Yama 2:21PM – 3:37PM	Brahma Until 1:34AM Sat	Muruga: Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 28 2nd Phase
		654662364 Rahu 10:34AM – 11:49AM	Vanija Until 1:42PM	Nataraja: Clear		
Routine Work	Marana Yoga		Dashami Until 12:42AM Sat	Moon – Red		Sivaloka Day
Until 7:29PM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Trieste, Italy Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 19.29	Tithi 26	Gulika 6:48AM – 8:03AM	Purvaphalguni Until 6:14PM	Ganesha: White	<i>Sunrise:</i> 6:48AM	
		Yama 1:05PM – 2:20PM	Indra Until 10:51PM	Muruga: Clear	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 28 2nd Phase
		654762364 Rahu 9:18AM – 10:34AM	Bava Until 11:45AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Ekadashi* Until 10:46PM	Moon – Red		Devaloka Day
Until 6:14PM				Ashvina-Aipasi		
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Trieste, Italy Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 3.31	Tithi 27	Gulika 2:20PM – 3:35PM	Uttaraphalguni Until 4:57PM	Ganesha: White	<i>Sunrise:</i> 6:49AM	
		Yama 11:49AM – 1:05PM	Vaidhriti* Until 8:11PM	Muruga: Clear	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 28 2nd Phase
		654762364 Rahu 3:35PM – 4:50PM	Kaulava Until 9:52AM	Nataraja: Clear		
Creative Work	Amrita Yoga		Dvadashi* Until 8:57PM	Moon – Red		Devaloka Day
				Ashvina-Aipasi		

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Trieste, Italy Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 17.29	Tithi 28	Gulika 1:04PM – 2:19PM	Hasta Until 4:07PM	Ganesha: Green	<i>Sunrise:</i> 6:50AM	
Family Home Evening		Yama 10:35AM – 11:49AM	Vishkambha* Until 5:40PM	Muruga: Clear	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 28 2nd Phase
		664762364 Rahu 8:05AM – 9:20AM	Gara Until 8:07AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Trayodashi* Until 7:19PM	Moon – Green		Devaloka Day
Until 4:07PM				Ashvina-Aipasi		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 1.17	Tithi 29 – 30	Gulika 11:49AM – 1:04PM	Chitra Until 3:24PM	Ganesha: Green	<i>Sunrise:</i> 6:52AM	
		Yama 9:21AM – 10:35AM	Priti Until 3:24PM	Muruga: Clear	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 28 2nd Phase
		664762364 Rahu 2:18PM – 3:33PM	Visti Until 6:37AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Chaturdashi* Until 5:58PM	Moon – Green		Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi		
		Deepavali Hindu Solidarity Day				

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Trieste, Italy Sun 13 Sutra 206 Vilamba 5120
Retreat Star		Gulika 10:35AM – 11:50AM	Svati Until 2:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:53AM	
Tula Rasi: 14.54	Tithi 30 – 1	Yama 8:07AM – 9:21AM	Ayushman Until 1:25PM	Muruga: Clear	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 28 Amavasya
		765762364 Rahu 11:50AM – 1:04PM	Kintughna Until 4:46AM Thu	Nataraja: Clear		
Creative Work	Siddha Yoga		Amavasya* Until 5:02PM	Moon – Green		Sivaloka Day
				Ashvina-Aipasi		

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 14 Sutra 207 Vilamba 5120
Retreat Star		Gulika 9:22AM – 10:36AM	Vishakha Until 3:16PM	Ganesha: Orange	<i>Sunrise:</i> 6:55AM	
Tula Rasi: 28.15	Tithi 1 – 2	Yama 6:55AM – 8:08AM	Saubhagya Until 11:50AM	Muruga: Clear	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 28 Prathama
		775762364 Rahu 1:03PM – 2:17PM	Balava Until 4:39AM Fri	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama* Until 4:37PM	Moon – Orange		Sivaloka Day
		Skanda Shasthi Begins		Karttika-Aipasi		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Friday, November 9, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Trieste, Italy Sun 15 Sutra 208 Vilamba 5120
	Vrischika Rasi: 11.18 Tithi 2 - 3	Gulika 8:09AM - 9:23AM Yama 2:17PM - 3:30PM Rahu 10:36AM - 11:50AM	Anuradha Until 4:02PM Sobhana Until 10:45AM Taitila Until 5:12AM Sat Dvitiya Until 4:49PM	Ganesha: Orange <i>Sunrise:</i> 6:56AM Muruga: Clear <i>Sunset:</i> 4:43PM Nataraja: Clear Moon - Orange Karttika-Aipasi
	Creative Work Siddha Yoga Until 4:02PM Then Routine Work - Marana Yoga	775762364		Sivaloka Day Moon 10 - Phase 29 3rd Phase

2	Saturday, November 10, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Trieste, Italy Sun 16 Sutra 209 Vilamba 5120
	Vrischika Rasi: 24.01 Tithi 3 - 4	Gulika 6:57AM - 8:10AM Yama 1:03PM - 2:16PM Rahu 9:24AM - 10:37AM	Jyeshtha* Until 5:18PM Athiganda* Until 10:08AM Vanija Until 6:25AM Sun Tritiya Until 5:42PM	Ganesha: Orange <i>Sunrise:</i> 6:57AM Muruga: Clear <i>Sunset:</i> 4:42PM Nataraja: Clear Moon - Orange Karttika-Aipasi
	Creative Work Siddha Yoga	775762364		Sivaloka Day Moon 10 - Phase 29 3rd Phase

3	Sunday, November 11, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Trieste, Italy Sun 17 Sutra 210 Vilamba 5120
	Dhanus Rasi: 6.26 Tithi 4	Gulika 2:15PM - 3:28PM Yama 11:50AM - 1:03PM Rahu 3:28PM - 4:41PM	Mula* Until 7:31PM Sukarma Until 10:03AM Vanija Until 6:25AM Chaturthi* Until 7:15PM	Ganesha: Clear <i>Sunrise:</i> 6:59AM Muruga: Clear <i>Sunset:</i> 4:41PM Nataraja: Clear Moon - Light Blue Karttika-Aipasi
	Creative Work Amrita Yoga Until 7:31PM Then Creative Work - Siddha Yoga	785762364		Sivaloka Day Moon 10 - Phase 29 3rd Phase

4	Monday, November 12, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Trieste, Italy Sun 18 Sutra 211 Vilamba 5120
	Dhanus Rasi: 18.36 Tithi 5	Gulika 1:02PM - 2:15PM Yama 10:38AM - 11:50AM Rahu 8:13AM - 9:25AM	Purvashadha* Until 10:08PM Dhriti Until 10:28AM Bava Until 8:17AM Panchami Until 9:23PM	Ganesha: Clear <i>Sunrise:</i> 7:00AM Muruga: Clear <i>Sunset:</i> 4:40PM Nataraja: Clear Moon - Light Blue Karttika-Aipasi
	Family Home Evening Routine Work Marana Yoga	785762364		Sivaloka Day Moon 10 - Phase 29 3rd Phase

5	Tuesday, November 13, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Trieste, Italy Sun 19 Sutra 212 Vilamba 5120
	Makara Rasi: 0.33 Tithi 6	Gulika 11:50AM - 1:02PM Yama 9:26AM - 10:38AM Rahu 2:14PM - 3:27PM	Uttarashadha Until 2:38AM Thu Wed Shula* Until 11:12AM Kaulava Until 10:38AM Shashthi* Until 11:55PM	Ganesha: Clear <i>Sunrise:</i> 7:01AM Muruga: Clear <i>Sunset:</i> 4:39PM Nataraja: Clear Moon - Light Blue Karttika-Aipasi
	Routine Work Prabalarishta Yoga Until 2:38AM Thu Wed Then Creative Work - Siddha Yoga	785762364	Skanda Shasthi	Sivaloka Day Moon 10 - Phase 29 3rd Phase

6	Wednesday, November 14, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhdi Yoga Gara/Vanija Karana Saptamyam Titau		Trieste, Italy Sun 20 Sutra 213 Vilamba 5120
	Makara Rasi: 12.23 Tithi 7	Gulika 10:38AM - 11:50AM Yama 8:15AM - 9:27AM Rahu 11:50AM - 1:02PM	Uttarashadha Until 2:38AM Thu Ganda* Until 12:70AM Thu Gara Until 15:59AM Thu Saptami Until 11:12AM	Ganesha: Purple <i>Sunrise:</i> 7:03AM Muruga: Clear <i>Sunset:</i> 4:38PM Nataraja: Clear Moon - Purple Karttika-Aipasi
	Creative Work Siddha Yoga	795762364		Subha Sivaloka Day Moon 10 - Phase 29 3rd Phase

D	Thursday, November 15, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Trieste, Italy Sun 21 Sutra 214 Vilamba 5120
	Retreat Star	Gulika 9:27AM - 10:39AM Yama 7:04AM - 8:16AM Rahu 1:02PM - 2:14PM	Dhanishtha Until 7:18AM Fri Vriddhi Until 1:10PM Visti Until 3:59PM Ashtami* Until 5:13AM Fri	Ganesha: Purple <i>Sunrise:</i> 7:04AM Muruga: Clear <i>Sunset:</i> 4:37PM Nataraja: Clear Moon - Purple Karttika-Aipasi
	Makara Rasi: 24.1 Tithi 8	795762364		Subha Sivaloka Day Moon 10 - Phase 29 Ashtami

D	Friday, November 16, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau		Trieste, Italy Sun 22 Sutra 215 Vilamba 5120
	Retreat Star	Gulika 8:17AM - 9:28AM Yama 2:13PM - 3:24PM Rahu 10:39AM - 11:51AM	Dhanishtha Until 7:18AM Dhruva Until 1:59PM Balava Until 6:25PM Navami* Until 7:27AM Sat	Ganesha: Purple <i>Sunrise:</i> 7:06AM Muruga: Clear <i>Sunset:</i> 4:36PM Nataraja: Clear Moon - Purple Karttika-Karttikai
	Kumbha Rasi: 6.01 Tithi 9	795762364		Subha Sivaloka Day Moon 10 - Phase 29 Navami

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 18		Tithi 9 – 10		796762365		Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Sun 23 Sutra 216	
Creative Work		Amrita Yoga		Until 9:47AM		Then Routine Work - Marana Yoga		Vilamba 5120	
		Gulika 7:07AM – 8:18AM		Yama 1:02PM – 2:13PM		Rahu 9:29AM – 10:40AM		Moon 10 - Phase 30	
		Shatabhishak Until 9:47AM		Vyaghata* Until 2:29PM		Tailila Until 8:23PM		4th Phase	
		Navami* Until 7:27AM		Ganesh: Clear		Sunrise: 7:07AM		Muruga: Clear	
				Sunset: 4:35PM		Nataraja: White		Moon – Purple	
				Karttika-Karttikai		Devaloka Day			

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Meena Rasi: 0.13		Tithi 10 – 11		716762365		Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 217	
Creative Work		Siddha Yoga		Until 12:02PM		Then Creative Work - Amrita Yoga		Vilamba 5120	
		Gulika 2:12PM – 3:23PM		Yama 11:51AM – 1:02PM		Rahu 3:23PM – 4:34PM		Moon 10 - Phase 30	
		Purvaproshtapada* Until 12:02PM		Harshana Until 2:32PM		Vanija Until 9:41PM		4th Phase	
		Dashami Until 9:06AM		Ganesh: Red		Sunrise: 7:08AM		Muruga: Clear	
				Sunset: 4:34PM		Nataraja: White		Moon – Clear	
				Karttika-Karttikai		Devaloka Day			

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Meena Rasi: 12.43		Tithi 11 – 12		716762365		Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti* Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 218	
Family Home Evening		Creative Work		Siddha Yoga		Until 12:02PM		Vilamba 5120	
		Gulika 1:02PM – 2:12PM		Yama 10:41AM – 11:51AM		Rahu 8:20AM – 9:30AM		Moon 10 - Phase 30	
		Uttaraproshtapada Until 1:25PM		Vajra* Until 2:00PM		Visti Until 10:02AM		4th Phase	
		Ekadashi Until 10:02AM		Ganesh: Red		Sunrise: 7:10AM		Muruga: Clear	
				Sunset: 4:33PM		Nataraja: White		Moon – Clear	
				Karttika-Karttikai		Devaloka Day			

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Meena Rasi: 25.34		Tithi 12 – 13		716762365		Revati/Ashvini Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 219	
Creative Work		Siddha Yoga		Until 2:03PM		Then Creative Work - Siddha Yoga		Vilamba 5120	
		Gulika 11:51AM – 1:02PM		Yama 9:31AM – 10:41AM		Rahu 2:12PM – 3:22PM		Moon 10 - Phase 30	
		Revati Until 1:56PM		Siddhi Until 12:53PM		Kaulava Until 10:03PM		4th Phase	
		Dvadashi Until 10:13AM		Ganesh: Red		Sunrise: 7:11AM		Muruga: Clear	
				Sunset: 4:32PM		Nataraja: White		Moon – Clear	
				Karttika-Karttikai		Devaloka Day			
				<i>Pradosha Vrata</i>					

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Mesha Rasi: 8.48		Tithi 13 – 14		726762365		Ashvini/Bharani Nakshatra Vyaltipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 220	
Routine Work		Marana Yoga		Until 2:03PM		Then Creative Work - Siddha Yoga		Vilamba 5120	
		Gulika 10:42AM – 11:52AM		Yama 8:22AM – 9:32AM		Rahu 11:52AM – 1:02PM		Moon 10 - Phase 30	
		Ashvini Until 2:03PM		Vyaltipata* Until 11:13AM		Gara Until 9:10PM		4th Phase	
		Trayodashi Until 9:40AM		Ganesh: Blue		Sunrise: 7:12AM		Muruga: Clear	
				Sunset: 4:31PM		Nataraja: White		Moon – White	
				Karttika-Karttikai		Bhuloka Day		Devaloka Time: 12:PM to 3:PM	

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Mesha Rasi: 22.24		Tithi 14 – 15		726762365		Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28 Sutra 221	
Creative Work		Siddha Yoga		Until 1:23PM		Then Routine Work - Marana Yoga		Vilamba 5120	
		Gulika 9:33AM – 10:42AM		Yama 7:14AM – 8:23AM		Rahu 1:02PM – 2:11PM		Moon 10 - Phase 30	
		Bharani Until 1:23PM		Variyan Until 9:01AM		Visti Until 7:40PM		Purnima	
		Chaturdashi* Until 8:28AM		Ganesh: Blue		Sunrise: 7:14AM		Muruga: Clear	
				Sunset: 4:30PM		Nataraja: White		Moon – White	
				Karttika-Karttikai		Bhuloka Day		Devaloka Time: 12:PM to 3:PM	

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Vrishabha Rasi: 6.2		Tithi 15 – 16		726762365		Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prahamayam Titau		Sun 29 Sutra 222	
Creative Work		Siddha Yoga		Until 12:05PM		Then Routine Work - Marana Yoga		Vilamba 5120	
		Gulika 8:24AM – 9:34AM		Yama 2:11PM – 3:20PM		Rahu 10:43AM – 11:52AM		Moon 10 - Phase 30	
		Krittika Until 12:05PM		Parigha* Until 6:25AM		Kaulava Until 4:34AM Sat		Prathama	
		Purnima* Until 6:43AM		Ganesh: Blue		Sunrise: 7:15AM		Muruga: Clear	
				Sunset: 4:30PM		Nataraja: White		Moon – White	
				Karttika-Karttikai		Bhuloka Day		Devaloka Time: 12:PM to 3:PM	
				Vinayaga Viratam Begins					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 223

Vilamba 5120

Vrishabha Rasi: 20.31 Tiithi 17

737762365

Gulika 7:16AM – 8:25AM
Yama 1:02PM – 2:11PM
Rahu 9:34AM – 10:43AM

Rohini Until 10:42AM
Siddha Until 12:19AM Sun
Taitila Until 3:25PM
Dvitiya Until 2:10AM Sun

Ganesha: Red *Sunrise:* 7:16AM
Muruga: Clear *Sunset:* 4:29PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 10:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 4.53 Tiithi 18

737762365

Gulika 2:10PM – 3:19PM
Yama 11:53AM – 1:02PM
Rahu 3:19PM – 4:28PM

Mrigashira Until 8:56AM
Sadhya Until 9:02PM
Vanija Until 12:55PM
Tritiya Until 11:37PM

Ganesha: Red *Sunrise:* 7:18AM
Muruga: Clear *Sunset:* 4:28PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 6:57AM

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 19.2 Tiithi 19

737762365

Gulika 1:02PM – 2:10PM
Yama 10:45AM – 11:53AM
Rahu 8:27AM – 9:36AM

Ardra Until 6:57AM
Subha Until 5:45PM
Bava Until 10:21AM
Chaturthi* Until 9:04PM

Ganesha: Red *Sunrise:* 7:19AM
Muruga: Clear *Sunset:* 4:27PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 6:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 3.46 Tiithi 20

747762365

Gulika 11:53AM – 1:02PM
Yama 9:37AM – 10:45AM
Rahu 2:10PM – 3:19PM

Pushya Until 3:34AM Wed
Sukla Until 2:30PM
Kaulava Until 7:50AM
Panchami Until 6:36PM

Ganesha: Green *Sunrise:* 7:20AM
Muruga: Clear *Sunset:* 4:27PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 18.06 Tiithi 21 – 22

747862365

Gulika 10:46AM – 11:54AM
Yama 8:29AM – 9:38AM
Rahu 11:54AM – 1:02PM

Ashlesha* Until 1:55AM Thu
Brahma Until 11:23AM
Visti Until 3:14AM Thu
Shashthi* Until 4:17PM

Ganesha: White *Sunrise:* 7:21AM
Muruga: Clear *Sunset:* 4:26PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 1:55AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 2.19 Tiithi 22 – 23

757863365

Gulika 9:38AM – 10:46AM
Yama 7:23AM – 8:30AM
Rahu 1:02PM – 2:10PM

Magha* Until 12:22PM Fri
Indra Until 8:27AM
Bava Until 2:12PM
Saptami Until 2:12PM

Ganesha: Clear *Sunrise:* 7:23AM
Muruga: Purple *Sunset:* 4:26PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 31
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 12:22PM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 16.22 Tiithi 23 – 24

757863365

Gulika 8:31AM – 9:39AM
Yama 2:10PM – 3:18PM
Rahu 10:47AM – 11:55AM

Magha* Until 12:22PM
Vishkambha* Until 2:68AM Sat
Taitila Until 11:35PM
Ashtami* Until 12:22PM

Ganesha: Clear *Sunrise:* 7:24AM
Muruga: Purple *Sunset:* 4:25PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 31
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1		Saturday, December 1, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Kanya Rasi: 0.16		Tithi 24 – 25		Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 230	
758863365		Gulika	7:25AM – 8:32AM	Uttaraphalguni Until 10:50PM	Ganesha: Orange	<i>Sunrise:</i> 7:25AM	Vilamba 5120
Routine Work Marana Yoga		Yama	1:02PM – 2:10PM	Priti Until 12:50AM Sun	Muruga: Purple	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 32
		Rahu	9:40AM – 10:47AM	Vanija Until 10:09PM	Nataraja: White		2nd Phase
				Navami* Until 10:49AM	Moon – Red	Bhuloka Day	
					Karttika-Karttikai	Devaloka Time: 6:AM to 9:AM	

2		Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Kanya Rasi: 13.59		Tithi 25 – 26		Hasta Nakshatra Ayushman Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 231	
768863365		Gulika	2:10PM – 3:17PM	Hasta Until 10:30PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:26AM	Vilamba 5120
Creative Work Amrita Yoga		Yama	11:55AM – 1:03PM	Ayushman Until 10:43PM	Muruga: Purple	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 32
Until 10:30PM		Rahu	3:17PM – 4:25PM	Bava Until 9:01PM	Nataraja: White		2nd Phase
Then Creative Work - Siddha Yoga				Dashami Until 9:31AM	Moon – Green	Bhuloka Day	
					Karttika-Karttikai		

3		Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Kanya Rasi: 27.32		Tithi 26 – 27		Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 232	
768863365		Gulika	1:03PM – 2:10PM	Chitra Until 10:20PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:27AM	Vilamba 5120
Family Home Evening		Yama	10:49AM – 11:56AM	Saubhagya Until 8:52PM	Muruga: Purple	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 32
Routine Work Prabalarishta Yoga		Rahu	8:34AM – 9:41AM	Kaulava Until 8:11PM	Nataraja: White		2nd Phase
Until 10:20PM				Ekadashi* Until 8:32AM	Moon – Green	Bhuloka Day	
Then Creative Work - Amrita Yoga					Karttika-Karttikai		

4		Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Tula Rasi: 10.55		Tithi 27 – 28		Svati Nakshatra Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 233	
768863365		Gulika	11:56AM – 1:03PM	Svati Until 10:21PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:28AM	Vilamba 5120
Creative Work Siddha Yoga		Yama	9:42AM – 10:49AM	Sobhana Until 7:17PM	Muruga: Purple	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 32
Until 10:21PM		Rahu	2:10PM – 3:17PM	Gara Until 7:41PM	Nataraja: White		2nd Phase
Then Routine Work - Marana Yoga				Dvadashi* Until 7:52AM	Moon – Green	Bhuloka Day	
					Karttika-Karttikai		
				<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Tula Rasi: 24.05		Tithi 28 – 29		Vishakha Nakshatra Athiganda* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 234	
778863365		Gulika	10:50AM – 11:57AM	Vishakha Until 11:03PM	Ganesha: Purple	<i>Sunrise:</i> 7:29AM	Vilamba 5120
Creative Work Siddha Yoga		Yama	8:36AM – 9:43AM	Athiganda* Until 6:00PM	Muruga: Purple	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 32
		Rahu	11:57AM – 1:03PM	Visi Until 7:36PM	Nataraja: White		2nd Phase
				Trayodashi* Until 7:34AM	Moon – Orange	Bhuloka Day	
					Karttika-Karttikai		

●		Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Retreat Star		Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 235	
Vriscika Rasi: 7.03		Tithi 29 – 30		Anuradha Until 12:04AM Fri		Vilamba 5120	
778863365		Gulika	9:44AM – 10:50AM	Sukarma Until 5:04PM	Ganesha: Purple	<i>Sunrise:</i> 7:30AM	Moon 11 - Phase 32
Creative Work Siddha Yoga		Yama	7:30AM – 8:37AM	Catuspada Until 7:59PM	Muruga: Purple	<i>Sunset:</i> 4:23PM	Amavasya
Until 12:04AM Fri		Rahu	1:04PM – 2:10PM	Chaturdashi* Until 7:42AM	Nataraja: White		
Then Routine Work - Marana Yoga					Moon – Orange	Bhuloka Day	
					Karttika-Karttikai		

Friday, December 7, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Vriscika Rasi: 19.47		Tithi 30 – 1		Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 236	
779863365		Gulika	8:38AM – 9:44AM	Jyeshtha* Until 1:25AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 7:31AM	Vilamba 5120
Routine Work Marana Yoga		Yama	2:10PM – 3:17PM	Dhriti Until 4:33PM	Muruga: Purple	<i>Sunset:</i> 4:23PM	Moon 11 - Phase 32
Until 1:25AM Sat		Rahu	10:51AM – 11:57AM	Kintughna Until 8:52PM	Nataraja: White		Prathama
Then Creative Work - Siddha Yoga				Amavasya* Until 8:20AM	Moon – Orange	Bhuloka Day	
					Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Trieste, Italy Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 2.16	Tithi 1 – 2	Gulika 7:33AM – 8:39AM Yama 1:04PM – 2:10PM 789863365 Rahu 9:45AM – 10:51AM	Mula* Until 3:36AM Sun Shula* Until 4:24PM Balava Until 10:18PM Prathama* Until 9:29AM	Ganesh: Purple <i>Sunrise: 7:33AM</i> Muruga: Purple <i>Sunset: 4:23PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day	Moon 11 - Phase 33 3rd Phase	
Creative Work	Siddha Yoga						
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau		Trieste, Italy Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 14.32	Tithi 2 – 3	Gulika 2:11PM – 3:17PM Yama 11:58AM – 1:04PM 789863365 Rahu 3:17PM – 4:23PM	Purvashadha* Until 6:07AM Mon Ganda* Until 4:41PM Taitila Until 12:15AM Mon Dvitiya Until 11:11AM	Ganesh: Purple <i>Sunrise: 7:33AM</i> Muruga: Purple <i>Sunset: 4:23PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day	Moon 11 - Phase 33 3rd Phase	
Creative Work	Siddha Yoga						
Until 6:07AM Mon	Then Routine Work - Marana Yoga						
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Trieste, Italy Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 26.36	Tithi 3 – 4	Gulika 1:05PM – 2:11PM Yama 10:53AM – 11:59AM 789863365 Rahu 8:40AM – 9:47AM	Purvashadha* Until 6:07AM Vridhi Until 5:18PM Vanija Until 2:38AM Tue Tritiya Until 1:22PM	Ganesh: Purple <i>Sunrise: 7:34AM</i> Muruga: Purple <i>Sunset: 4:23PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day	Moon 11 - Phase 33 3rd Phase	
Family Home Evening	Routine Work Marana Yoga						
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Trieste, Italy Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 8.3	Tithi 4 – 5	Gulika 11:59AM – 1:05PM Yama 9:47AM – 10:53AM 789863365 Rahu 2:11PM – 3:17PM	Uttarashadha Until 8:51AM Dhruva Until 6:10PM Bava Until 5:18AM Wed Chaturthi* Until 3:55PM	Ganesh: Purple <i>Sunrise: 7:35AM</i> Muruga: Purple <i>Sunset: 4:23PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day	Moon 11 - Phase 33 3rd Phase	
Routine Work	Prabalarishta Yoga						
Until 8:51AM	Then Creative Work - Siddha Yoga						
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchamyam Titau		Trieste, Italy Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 20.19	Tithi 5	Gulika 10:54AM – 12:00PM Yama 8:42AM – 9:48AM 799863365 Rahu 12:00PM – 1:06PM	Shravana Until 12:08PM Vyaghata* Until 12:08PM Kaulava Until 7:63AM Thu Panchami Until 6:40PM	Ganesh: Clear <i>Sunrise: 7:36AM</i> Muruga: Purple <i>Sunset: 4:23PM</i> Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day	Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM	
Creative Work	Siddha Yoga						
Until 12:08PM	Then Routine Work - Prabalarishta Yoga						
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Trieste, Italy Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 2.05	Tithi 6	Gulika 9:49AM – 10:54AM Yama 7:37AM – 8:43AM 799863365 Rahu 1:06PM – 2:12PM	Dhanishtha Until 3:17PM Harshana Until 8:09PM Kaulava Until 10:40AM Fri Shashthi* Until 7:10PM	Ganesh: Clear <i>Sunrise: 7:37AM</i> Muruga: Purple <i>Sunset: 4:23PM</i> Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day	Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM	
Creative Work	Siddha Yoga						
		Vinayaga Viratam Ends					
7		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Trieste, Italy Sun 20 Sutra 243 Vilamba 5120	
Retreat Star		Gulika 8:44AM – 9:49AM Yama 2:12PM – 3:18PM 799863365 Rahu 10:55AM – 12:01PM	Shatabhishak Until 6:04PM Vajra* Until 8:55PM Gara Until 10:40AM Saptami Until 11:49PM	Ganesh: Clear <i>Sunrise: 7:38AM</i> Muruga: Purple <i>Sunset: 4:23PM</i> Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day	Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM	
Kumbha Rasi: 13.55	Tithi 7						
Creative Work	Siddha Yoga						
8		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Trieste, Italy Sun 21 Sutra 244 Vilamba 5120	
Retreat Star		Gulika 7:39AM – 8:44AM Yama 1:07PM – 2:12PM 711863365 Rahu 9:50AM – 10:56AM	Purvaproshtapada* Until 8:45PM Siddhi Until 9:21PM Visti Until 12:53PM Ashtami* Until 1:45AM Sun	Ganesh: Clear <i>Sunrise: 7:39AM</i> Muruga: Purple <i>Sunset: 4:24PM</i> Nataraja: White Moon – Clear Margasira-Karttikai	Bhuloka Day	Moon 11 - Phase 33 Ashtami Devaloka Time: 6:AM to 9:AM	
Kumbha Rasi: 25.52	Tithi 8						
Routine Work	Marana Yoga						
Until 8:45PM	Then Creative Work - Siddha Yoga						
9		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Trieste, Italy Sun 22 Sutra 245 Vilamba 5120	
Retreat Star		Gulika 2:13PM – 3:18PM Yama 12:02PM – 1:07PM 811863365 Rahu 3:18PM – 4:24PM	Uttaraproshtapada Until 10:38PM Vyatipata* Until 9:18PM Balava Until 2:30PM Navami* Until 3:01AM Mon	Ganesh: Purple <i>Sunrise: 7:39AM</i> Muruga: Purple <i>Sunset: 4:24PM</i> Nataraja: White Moon – Clear Margasira-Markali	Bhuloka Day	Moon 11 - Phase 33 Navami	
Meena Rasi: 8.03	Tithi 9						
Creative Work	Amrita Yoga						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Trieste, Italy Sun 23
	Meena Rasi: 20.31	Tithi 10	Gulika 1:08PM – 2:13PM	Revati Until 11:38PM	Ganesh: Purple	<i>Sunrise:</i> 7:40AM	Vilamba 5120
Family Home Evening	811863365	Rahu 8:46AM – 9:51AM	Variyan Until 8:38PM	Muruga: Purple	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 34	
Creative Work	Siddha Yoga		Taitila Until 3:22PM	Nataraja: White		4th Phase	
			Dashami Until 3:29AM Tue	Moon – Clear		Bhuloka Day	
				Margasira*Markali			

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Trieste, Italy Sun 24
	Mesha Rasi: 3.21	Tithi 11	Gulika 12:03PM – 1:08PM	Ashvini Until 12:09AM Wed	Ganesh: Clear	<i>Sunrise:</i> 7:41AM	Vilamba 5120
	821863365	Rahu 2:14PM – 3:19PM	Parigha* Until 7:21PM	Muruga: Purple	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 34	
Creative Work	Siddha Yoga		Vanija Until 3:26PM	Nataraja: White		4th Phase	
			Ekadashi Until 3:08AM Wed	Moon – White		Bhuloka Day	
		Gita Jayanthi		Margasira*Markali		Devaloka Time: 6:AM to 9:AM	

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Trieste, Italy Sun 25
	Mesha Rasi: 16.35	Tithi 12	Gulika 10:58AM – 12:03PM	Bharani Until 11:43PM	Ganesh: Clear	<i>Sunrise:</i> 7:41AM	Vilamba 5120
	821863365	Rahu 12:03PM – 1:09PM	Shiva Until 5:26PM	Muruga: Purple	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 34	
Creative Work	Siddha Yoga		Bava Until 2:40PM	Nataraja: White		4th Phase	
Until 11:43PM			Dvadashi Until 1:59AM Thu	Moon – White		Bhuloka Day	
Then Creative Work - Amrita Yoga				Margasira*Markali		Devaloka Time: 6:AM to 9:AM	

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Trieste, Italy Sun 26
	Vrishabha Rasi: 0.17	Tithi 13	Gulika 9:53AM – 10:58AM	Krittika Until 10:28PM	Ganesh: Clear	<i>Sunrise:</i> 7:42AM	Vilamba 5120
	821863365	Rahu 1:09PM – 2:14PM	Siddha Until 2:56PM	Muruga: Purple	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 34	
Routine Work	Marana Yoga		Kaulava Until 1:09PM	Nataraja: White		4th Phase	
			Trayodashi Until 12:08AM Fri	Moon – White		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 6:AM to 9:AM	
				<i>Pradosha Vrata</i>			

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Trieste, Italy Sun 27
	Vrishabha Rasi: 14.23	Tithi 14	Gulika 8:48AM – 9:53AM	Rohini Until 8:54PM	Ganesh: White	<i>Sunrise:</i> 7:43AM	Vilamba 5120
	831863365	Rahu 10:59AM – 12:04PM	Sadhya Until 11:56AM	Muruga: Purple	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 34	
Routine Work	Marana Yoga		Gara Until 11:00AM	Nataraja: White		4th Phase	
Until 8:54PM			Chaturdashi* Until 9:43PM	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati		Margasira*Markali			

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Trieste, Italy Sun 28
	Copper Retreat Star		Gulika 7:43AM – 8:48AM	Mrigashira Until 6:47PM	Ganesh: Yellow	<i>Sunrise:</i> 7:43AM	Vilamba 5120
Vrishabha Rasi: 28.5	Tithi 15		Subha Until 8:32AM	Muruga: Purple	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 34	
	831963365	Rahu 9:54AM – 10:59AM	Visti Until 8:21AM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 6:52PM	Moon – Yellow		Bhuloka Day	
		Day 2 of Pancha Ganapati		Margasira*Markali		Devaloka Time: 9:AM to 12:PM	

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 29
	Silver Retreat Star		Gulika 2:16PM – 3:21PM	Ardra Until 4:15PM	Ganesh: Yellow	<i>Sunrise:</i> 7:44AM	Vilamba 5120
Mithuna Rasi: 13.34	Tithi 16 – 17		Brahma Until 1:00AM Mon	Muruga: Purple	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 34	
	831963365	Rahu 3:21PM – 4:27PM	Taitila Until 2:09AM Mon	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 3:45PM	Moon – Yellow		Bhuloka Day	
		Day 3 of Pancha Ganapati		Margasira*Markali		Devaloka Time: 9:AM to 12:PM	
		Ardra Darshanam					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 28.26 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Gulika 1:11PM - 2:16PM
Yama 11:00AM - 12:06PM
Rahu 8:49AM - 9:55AM

Day 4 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Punarvasu Until 1:53PM

Indra Until 9:07PM

Vanija Until 10:55PM

Dvitiya Until 12:31PM

Ganesha: Blue Sunrise: 7:44AM

Muruga: Purple Sunset: 4:27PM

Nataraja: White

Moon - Blue

Margasira*Markali

Trieste, Italy

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 13.19 Tihi 18 - 19

Creative Work

Siddha Yoga

Gulika 12:06PM - 1:12PM
Yama 9:55AM - 11:01AM
Rahu 2:17PM - 3:22PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Pushya Until 11:25AM

Vaidhriti* Until 5:18PM

Bava Until 7:47PM

Tritiya Until 9:19AM

Ganesha: Yellow Sunrise: 7:44AM

Muruga: Purple Sunset: 4:28PM

Nataraja: White

Moon - Blue

Margasira*Markali

Trieste, Italy

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Kataka Rasi: 28.05 Tihi 19 - 20

Creative Work

Siddha Yoga

Gulika 11:01AM - 12:07PM
Yama 8:50AM - 9:56AM
Rahu 12:07PM - 1:12PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Ashlesha*/Magha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Ashlesha* Until 1:10AM Fri Thu

Vishkambha* Until 1:39PM

Taitila Until 3:31AM Thu

Chaturthi* Until 6:16AM

Ganesha: Yellow Sunrise: 7:45AM

Muruga: Purple Sunset: 4:29PM

Nataraja: Green

Moon - Blue

Margasira*Markali

Trieste, Italy

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, December 27, 2018

Simha Rasi: 12.38 Tihi 21

Creative Work

Amrita Yoga

Until 1:10AM Fri

Then Creative Work - Siddha Yoga

Gulika 9:56AM - 11:02AM
Yama 7:45AM - 8:51AM
Rahu 1:13PM - 2:18PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Ashlesha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Ashlesha* Until 1:10AM Fri

Priti Until 10:17AM

Gara Until 2:18PM

Shashthi* Until 1:10AM Fri

Ganesha: Blue Sunrise: 7:45AM

Muruga: Purple Sunset: 4:29PM

Nataraja: Green

Moon - Red

Margasira*Markali

Trieste, Italy

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

4

Friday, December 28, 2018

Simha Rasi: 26.55 Tihi 22

Creative Work

Siddha Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Gulika 8:51AM - 9:57AM
Yama 2:19PM - 3:24PM
Rahu 11:02AM - 12:08PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Uttaraphalguni Until 4:17AM Sat

Ayushman Until 7:14AM

Visti Until 12:10PM

Saptami Until 11:16PM

Ganesha: Blue Sunrise: 7:45AM

Muruga: Purple Sunset: 4:30PM

Nataraja: Green

Moon - Red

Margasira*Markali

Trieste, Italy

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.53 Tihi 23

Routine Work

Marana Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

Gulika 7:46AM - 8:51AM
Yama 1:14PM - 2:19PM
Rahu 9:57AM - 11:03AM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Hasta Until 3:50AM Sun

Sobhana Until 2:22AM Sun

Balava Until 10:32AM

Ashtami* Until 9:54PM

Ganesha: Red Sunrise: 7:46AM

Muruga: Purple Sunset: 4:31PM

Nataraja: Green

Moon - Green

Margasira*Markali

Trieste, Italy

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

6

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 24.32 Tihi 24

Creative Work

Siddha Yoga

Until 3:46AM Mon

Then Creative Work - Amrita Yoga

Gulika 2:20PM - 3:26PM
Yama 12:09PM - 1:14PM
Rahu 3:26PM - 4:32PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Chitra Until 3:46AM Mon

Athiganda* Until 12:33AM Mon

Taitila Until 9:26AM

Navami* Until 9:04PM

Ganesha: Red Sunrise: 7:46AM

Muruga: Purple Sunset: 4:32PM

Nataraja: Green

Moon - Green

Margasira*Markali

Trieste, Italy

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Trieste, Italy	
1		Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 260	
Tula Rasi: 7.53	Tithi 25	Gulika	1:15PM – 2:21PM	Svati Until 4:03AM Tue	Ganesha: Red	<i>Sunrise:</i> 7:46AM	Vilamba 5120
Family Home Evening	862963366	Yama	11:03AM – 12:09PM	Sukarma Until 11:09PM	Muruga: Purple	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		Rahu	8:52AM – 9:58AM	Vanija Until 8:52AM	Nataraja: Green		2nd Phase
Until 4:03AM Tue				Dashami Until 8:45PM	Moon – Green	Bhuloka Day	
Then Routine Work - Marana Yoga					Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
2		Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 261	
Tula Rasi: 20.58	Tithi 26	Gulika	12:10PM – 1:16PM	Vishakha Until 5:08AM Wed	Ganesha: Green	<i>Sunrise:</i> 7:46AM	Vilamba 5120
	872963366	Yama	9:58AM – 11:04AM	Dhriti Until 10:09PM	Muruga: Purple	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 36
Routine Work Marana Yoga		Rahu	2:21PM – 3:27PM	Bava Until 8:49AM	Nataraja: Green		2nd Phase
Until 5:08AM Wed				Ekadashi* Until 8:58PM	Moon – Orange	Bhuloka Day	
Then Creative Work - Siddha Yoga					Margasira*Markali		

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Trieste, Italy	
3		Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 262	
Vrischika Rasi: 3.47	Tithi 27	Gulika	11:04AM – 12:10PM	Anuradha Until 6:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 7:46AM	Vilamba 5120
	872963366	Yama	8:52AM – 9:58AM	Shula* Until 9:31PM	Muruga: Purple	<i>Sunset:</i> 4:34PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		Rahu	12:10PM – 1:16PM	Kaulava Until 9:17AM	Nataraja: Green		2nd Phase
Until 6:31AM Thu				Dvadashi* Until 9:40PM	Moon – Orange	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga					Margasira*Markali		

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Trieste, Italy	
4		Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 263	
Vrischika Rasi: 16.23	Tithi 28	Gulika	9:58AM – 11:04AM	Anuradha Until 6:31AM	Ganesha: Green	<i>Sunrise:</i> 7:46AM	Vilamba 5120
	872963366	Yama	7:46AM – 8:52AM	Ganda* Until 9:14PM	Muruga: Purple	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		Rahu	1:17PM – 2:23PM	Gara Until 10:13AM	Nataraja: Green		2nd Phase
Until 6:31AM				Trayodashi* Until 10:51PM	Moon – Orange	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga					Margasira*Markali		

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
5		Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 264	
Vrischika Rasi: 28.47	Tithi 29	Gulika	8:52AM – 9:59AM	Jyeshtha* Until 8:12AM	Ganesha: Green	<i>Sunrise:</i> 7:46AM	Vilamba 5120
	872963366	Yama	2:24PM – 3:30PM	Vriddhi Until 9:19PM	Muruga: Purple	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 36
Routine Work Marana Yoga		Rahu	11:05AM – 12:11PM	Visti Until 11:37AM	Nataraja: Green		2nd Phase
Until 8:12AM				Chaturdashi* Until 12:28AM Sat	Moon – Orange	Bhuloka Day	
Then Creative Work - Amrita Yoga					Margasira*Markali		

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Retreat Star		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 265	
Dhanus Rasi: 11	Tithi 30	Gulika	7:46AM – 8:52AM	Mula* Until 10:36AM	Ganesha: White	<i>Sunrise:</i> 7:46AM	Vilamba 5120
	882963366	Yama	1:18PM – 2:24PM	Dhruva Until 9:40PM	Muruga: Purple	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		Rahu	9:59AM – 11:05AM	Catuspada Until 1:27PM	Nataraja: Green		Amavasya
				Amavasya* Until 2:29AM Sun	Moon – Light Blue	Bhuloka Day	
		Subramuniyaswami Jayanti			Margasira*Markali		

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 266	
Dhanus Rasi: 23.04	Tithi 1	Gulika	2:25PM – 3:32PM	Purvashadha* Until 1:13PM	Ganesha: White	<i>Sunrise:</i> 7:46AM	Vilamba 5120
	882973366	Yama	12:12PM – 1:19PM	Vyaghata* Until 10:18PM	Muruga: Clear	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		Rahu	3:32PM – 4:38PM	Kintughna Until 3:39PM	Nataraja: Green		Prathama
Until 1:13PM				Prathama* Until 4:50AM Mon	Moon – Light Blue	Bhuloka Day	
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Pausha*Markali	Devaloka Time: 12:PM to 3:PM	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau				Trieste, Italy Sun 15 Sutra 267 Vilamba 5120
1	Makara Rasi: 4.59 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 3:56PM Then Creative Work - Amrita Yoga	Gulika Yama 882973366 Rahu	1:19PM – 2:26PM 11:06AM – 12:12PM 8:52AM – 9:59AM	Uttarashadha Until 3:56PM Harshana Until 11:09PM Balava Until 6:09PM Dvitiya Until 7:27AM Tue	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha-Markali	Sunrise: 7:46AM Sunset: 4:39PM Moon 12 - Phase 37 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 16 Sutra 268 Vilamba 5120
2	Makara Rasi: 16.5 Tithi 2 – 3 Creative Work Siddha Yoga	Gulika Yama 893973366 Rahu	12:13PM – 1:20PM 9:59AM – 11:06AM 2:27PM – 3:33PM	Shravana Until 7:12PM Vajra* Until 12:06AM Wed Taitila Until 8:50PM Dvitiya Until 7:27AM	Ganesha: Red Muruga: Clear Nataraja: Green Moon – Purple Pausha-Markali	Sunrise: 7:45AM Sunset: 4:40PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Trieste, Italy Sun 17 Sutra 269 Vilamba 5120
3	Makara Rasi: 28.37 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 10:22PM Then Creative Work - Siddha Yoga	Gulika Yama 893973366 Rahu	11:06AM – 12:13PM 8:52AM – 9:59AM 12:13PM – 1:20PM	Dhanishtha Until 10:22PM Siddhi Until 1:06AM Thu Vanija Until 11:36PM Tritiya Until 10:12AM	Ganesha: Red Muruga: Clear Nataraja: Green Moon – Purple Pausha-Markali	Sunrise: 7:45AM Sunset: 4:41PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 18 Sutra 270 Vilamba 5120
4	Kumbha Rasi: 10.25 Tithi 4 – 5 Creative Work Siddha Yoga	Gulika Yama 893973366 Rahu	9:59AM – 11:06AM 7:45AM – 8:52AM 1:21PM – 2:28PM	Shatabhishak Until 1:16AM Fri Vyatipata* Until 2:01AM Fri Bava Until 2:15AM Fri Chaturthi* Until 12:55PM	Ganesha: Red Muruga: Clear Nataraja: Green Moon – Purple Pausha-Markali	Sunrise: 7:45AM Sunset: 4:43PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy Sun 19 Sutra 271 Vilamba 5120
5	Kumbha Rasi: 22.15 Tithi 5 – 6 Creative Work Siddha Yoga	Gulika Yama 813973366 Rahu	8:52AM – 9:59AM 2:29PM – 3:36PM 11:07AM – 12:14PM	Purvaproshtapada* Until 4:14AM Sat Variyan Until 2:43AM Sat Kaulava Until 4:37AM Sat Panchami Until 3:27PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 7:44AM Sunset: 4:44PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 20 Sutra 272 Vilamba 5120
6	Meena Rasi: 4.12 Tithi 6 – 7 Creative Work Siddha Yoga Until 6:37AM Sun Then Creative Work - Amrita Yoga	Gulika Yama 813973366 Rahu	7:44AM – 8:52AM 1:22PM – 2:30PM 9:59AM – 11:07AM	Uttaraproshtapada Until 6:37AM Sun Parigha* Until 3:06AM Sun Gara Until 6:32AM Sun Shashthi* Until 5:37PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 7:44AM Sunset: 4:45PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika Yama 813973366 Rahu	2:31PM – 3:38PM 12:15PM – 1:23PM 3:38PM – 4:46PM	Uttaraproshtapada Until 6:37AM Shiva Until 3:02AM Mon Gara Until 6:32AM Saptami Until 7:15PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 7:44AM Sunset: 4:46PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika Yama 813973366 Rahu	1:23PM – 2:31PM 11:07AM – 12:15PM 8:51AM – 9:59AM	Revati Until 8:14AM Siddha Until 2:23AM Tue Visti Until 7:49AM Ashtami* Until 8:10PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear Pausha-Thai	Sunrise: 7:43AM Sunset: 4:47PM Moon 12 - Phase 37 Ashtami Devaloka Day

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika Yama 823973366 Rahu	12:16PM – 1:24PM 9:59AM – 11:07AM 2:32PM – 3:40PM	Ashvini Until 9:28AM Sadhya Until 1:08AM Wed Balava Until 8:21AM Navami* Until 8:18PM	Ganesha: Purple Muruga: Clear Nataraja: Green Moon – White Pausha-Thai	Sunrise: 7:43AM Sunset: 4:49PM Moon 12 - Phase 37 Navami Sivaloka Day


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau	Trieste, Italy Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 24.35	Tithi 10	Gulika	11:08AM – 12:16PM	Bharani Until 9:43AM	Ganesh: Blue	<i>Sunrise:</i> 7:42AM	
		Yama	8:51AM – 9:59AM	Subha Until 11:15PM	Muruga: Clear	<i>Sunset:</i> 4:50PM	
		823173366 Rahu	12:16PM – 1:25PM	Taitila Until 8:04AM	Nataraja: Green	Moon 12 - Phase 38	
Creative Work	Siddha Yoga			Dashami Until 7:36PM	Moon – White	4th Phase	
Until 9:43AM					Pausha*Thai	Sivaloka Day	
Then Creative Work - Amrita Yoga							

2		Thursday, January 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau	Trieste, Italy Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 8.09	Tithi 11	Gulika	9:59AM – 11:08AM	Krittika Until 9:02AM	Ganesh: Blue	<i>Sunrise:</i> 7:41AM	
		Yama	7:41AM – 8:50AM	Sukla Until 8:43PM	Muruga: Clear	<i>Sunset:</i> 4:51PM	
		823173366 Rahu	1:25PM – 2:34PM	Vanija Until 6:57AM	Nataraja: Green	Moon 12 - Phase 38	
Routine Work	Marana Yoga			Ekadashi Until 6:05PM	Moon – White	4th Phase	
					Pausha*Thai	Sivaloka Day	

3		Friday, January 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Trieste, Italy Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 22.11	Tithi 12 – 13	Gulika	8:50AM – 9:59AM	Rohini Until 7:54AM	Ganesh: Yellow	<i>Sunrise:</i> 7:41AM	
		Yama	2:35PM – 3:44PM	Brahma Until 5:37PM	Muruga: Clear	<i>Sunset:</i> 4:53PM	
		823173366 Rahu	11:08AM – 12:17PM	Kaulava Until 2:33AM Sat	Nataraja: Green	Moon 12 - Phase 38	
Routine Work	Marana Yoga			Dvadashi Until 3:52PM	Moon – Yellow	4th Phase	
Until 7:54AM					Pausha*Thai	Devaloka Day	
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata</i>		

4		Saturday, January 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Trieste, Italy Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 6.4	Tithi 13 – 14	Gulika	7:40AM – 8:49AM	Mrigashira Until 6:00AM	Ganesh: Yellow	<i>Sunrise:</i> 7:40AM	
		Yama	1:26PM – 2:35PM	Indra Until 2:05PM	Muruga: Clear	<i>Sunset:</i> 4:54PM	
		823173366 Rahu	9:59AM – 11:08AM	Gara Until 11:29PM	Nataraja: Green	Moon 12 - Phase 38	
Creative Work	Siddha Yoga			Trayodashi Until 1:03PM	Moon – Yellow	4th Phase	
					Pausha*Thai	Devaloka Day	

		Sunday, January 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Trieste, Italy Sutra 280 Vilamba 5120
Copper Retreat Star		Gulika	2:36PM – 3:46PM	Punarvasu Until 12:50AM Mon	Ganesh: White	<i>Sunrise:</i> 7:39AM	
Mithuna Rasi: 21.3	Tithi 14 – 15	Yama	12:17PM – 1:27PM	Vaidhriti* Until 10:09AM	Muruga: Clear	<i>Sunset:</i> 4:55PM	
		823173366 Rahu	3:46PM – 4:55PM	Visti Until 8:04PM	Nataraja: Green	Moon 12 - Phase 38	
Creative Work	Siddha Yoga			Chaturdashi* Until 9:48AM	Moon – Blue	Purnima	
					Pausha*Thai	Sivaloka Day	

Monday, January 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau	Trieste, Italy Sutra 281 Vilamba 5120
Kataka Rasi: 6.35	Tithi 15 – 16	Gulika	1:27PM – 2:37PM	Pushya Until 9:55PM	Ganesh: White	<i>Sunrise:</i> 7:39AM	
Family Home Evening		Yama	11:08AM – 12:18PM	Vishkambha* Until 6:01AM	Muruga: Clear	<i>Sunset:</i> 4:57PM	
		823173366 Rahu	8:48AM – 9:58AM	Kaulava Until 2:34AM Tue	Nataraja: Green	Moon 12 - Phase 38	
Creative Work	Siddha Yoga			Purnima* Until 6:15AM	Moon – Blue	Prathama	
					Pausha*Thai	Sivaloka Day	
		Total Lunar Eclipse					
		Thai Pusam					

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Tailila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 21.46 Tihi 17

844173366

Gulika

12:18PM - 1:28PM

Ashlesha* Until 6:53PM

Ganesha: Clear

Sunrise: 7:38AM

Yama

9:58AM - 11:08AM

Ayushman Until 9:32PM

Muruga: Clear

Sunset: 4:58PM

Rahu

2:38PM - 3:48PM

Taitila Until 12:45PM

Nataraja: Green

Moon - Blue

Devaloka Day

Creative Work Siddha Yoga

Dvitiya Until 10:56PM

Pausha*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 6.54 Tihi 18

854173366

Gulika

11:08AM - 12:18PM

Magha* Until 4:16PM

Ganesha: Purple

Sunrise: 7:37AM

Yama

8:47AM - 9:58AM

Saubhagya Until 5:27PM

Muruga: Clear

Sunset: 4:59PM

Rahu

12:18PM - 1:28PM

Vanija Until 9:12AM

Nataraja: Green

Moon - Red

Bhuloka Day

Creative Work Siddha Yoga

Tritiya Until 7:29PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 4:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 21.5 Tihi 19 - 20

854173366

Gulika

9:57AM - 11:08AM

Purvaphalguni Until 1:50PM

Ganesha: Purple

Sunrise: 7:36AM

Yama

7:36AM - 8:47AM

Sobhana Until 1:40PM

Muruga: Clear

Sunset: 5:01PM

Rahu

1:29PM - 2:40PM

Kaulava Until 3:03AM Fri

Nataraja: Green

Moon - Red

Bhuloka Day

Creative Work Siddha Yoga

Chaturthi* Until 4:24PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 6.28 Tihi 20 - 21

954173366

Gulika

8:46AM - 9:57AM

Uttaraphalguni Until 11:45AM

Ganesha: Clear

Sunrise: 7:35AM

Yama

2:40PM - 3:51PM

Athiganda* Until 10:14AM

Muruga: Clear

Sunset: 5:02PM

Rahu

11:08AM - 12:19PM

Gara Until 12:44AM Sat

Nataraja: Green

Moon - Red

Devaloka Day

Creative Work Siddha Yoga

Panchami Until 1:47PM

Pausha*Thai

Until 11:45AM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhrili Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 20.41 Tihi 21 - 22

964173366

Gulika

7:34AM - 8:45AM

Hasta Until 10:31AM

Ganesha: Purple

Sunrise: 7:34AM

Yama

1:30PM - 2:41PM

Sukarma Until 7:18AM

Muruga: Clear

Sunset: 5:04PM

Rahu

9:57AM - 11:08AM

Visti Until 11:04PM

Nataraja: Green

Moon - Green

Bhuloka Day

Routine Work Marana Yoga

Shashthi* Until 11:48AM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 4.29 Tihi 22 - 23

964173366

Gulika

2:42PM - 3:54PM

Chitra Until 9:51AM

Ganesha: Purple

Sunrise: 7:33AM

Yama

12:19PM - 1:31PM

Shula* Until 3:06AM Mon

Muruga: Clear

Sunset: 5:05PM

Rahu

3:54PM - 5:05PM

Balava Until 10:08PM

Nataraja: Green

Moon - Green

Bhuloka Day

Creative Work Siddha Yoga

Saptami Until 10:30AM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 17.52 Tihi 23 - 24

964173366

Gulika

1:31PM - 2:43PM

Svati Until 10:07AM Tue

Ganesha: Purple

Sunrise: 7:32AM

Yama

11:08AM - 12:19PM

Ganda* Until 1:52AM Tue

Muruga: Clear

Sunset: 5:06PM

Rahu

8:44AM - 9:56AM

Taitila Until 9:58PM

Nataraja: Green

Moon - Green

Bhuloka Day

Creative Work Amrita Yoga

Ashtami* Until 9:56AM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 10:07AM Tue

Then Routine Work - Marana Yoga

1		Tuesday, January 29, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 0.5		Tithi 24 – 25		974173366		Sun 7		Sutra 289	
Routine Work		Marana Yoga		Until 10:07AM		Then Creative Work - Siddha Yoga			
		Gulika		12:20PM – 1:32PM		Svati Until 10:07AM		Ganesh: Clear	
		Yama		9:55AM – 11:07AM		Vridhhi Until 24:72		<i>Sunrise:</i> 7:31AM	
		Rahu		2:44PM – 3:56PM		Vanija Until 10:30PM		<i>Sunset:</i> 5:08PM	
						Navami* Until 10:07AM		Moon 1 - Phase 40	
								2nd Phase	
						Moon – Orange		Devaloka Day	
						Pausha*Thai			


2		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 13.29		Tithi 25 – 26		974173366		Sun 8		Sutra 290	
Creative Work		Siddha Yoga		Until 10:07AM		Then Creative Work - Siddha Yoga			
		Gulika		11:07AM – 12:20PM		Anuradha Until 12:06PM		Ganesh: Clear	
		Yama		8:43AM – 9:55AM		Dhruva Until 1:00AM Thu		<i>Sunrise:</i> 7:30AM	
		Rahu		12:20PM – 1:32PM		Bava Until 11:42PM		<i>Sunset:</i> 5:09PM	
						Dashami Until 11:00AM		Moon 1 - Phase 40	
								2nd Phase	
						Moon – Orange		Devaloka Day	
						Pausha*Thai			

3		Thursday, January 31, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Vrischika Rasi: 25.52		Tithi 26 – 27		974173366		Sun 9		Sutra 291	
Routine Work		Prabalarishta Yoga		Until 1:57PM		Then Creative Work - Siddha Yoga			
		Gulika		9:54AM – 11:07AM		Jyeshtha* Until 1:57PM		Ganesh: Clear	
		Yama		7:29AM – 8:42AM		Vyaghata* Until 1:13AM Fri		<i>Sunrise:</i> 7:29AM	
		Rahu		1:33PM – 2:45PM		Kaulava Until 1:27AM Fri		<i>Sunset:</i> 5:11PM	
						Ekadashi* Until 12:30PM		Moon 1 - Phase 40	
								2nd Phase	
						Moon – Orange		Devaloka Day	
						Pausha*Thai			

4		Friday, February 1, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 8.01		Tithi 27 – 28		984173366		Sun 10		Sutra 292	
Creative Work		Amrita Yoga		Until 4:35PM		Then Routine Work - Prabalarishta Yoga			
		Gulika		8:42AM – 9:54AM		Mula* Until 4:35PM		Ganesh: White	
		Yama		2:45PM – 3:58PM		Harshana Until 1:47AM Sat		<i>Sunrise:</i> 7:29AM	
		Rahu		11:07AM – 12:20PM		Gara Until 3:38AM Sat		<i>Sunset:</i> 5:11PM	
						Dvadashi* Until 2:28PM		Moon 1 - Phase 40	
								2nd Phase	
						Moon – Light Blue		Bhuloka Day	
						Pausha*Thai		Devaloka Time: 12:PM to 3:PM	
								<i>Pradosha Vrata (Fasting)</i>	

5		Saturday, February 2, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 20.01		Tithi 28 – 29		984173366		Sun 11		Sutra 293	
Creative Work		Siddha Yoga		Until 7:23PM		Then Routine Work - Marana Yoga			
		Gulika		7:28AM – 8:41AM		Purvashadha* Until 7:23PM		Ganesh: White	
		Yama		1:33PM – 2:46PM		Vajra* Until 2:32AM Sun		<i>Sunrise:</i> 7:28AM	
		Rahu		9:54AM – 11:07AM		Visti Until 6:06AM Sun		<i>Sunset:</i> 5:12PM	
						Trayodashi* Until 4:49PM		Moon 1 - Phase 40	
								2nd Phase	
						Moon – Light Blue		Bhuloka Day	
						Pausha*Thai		Devaloka Time: 12:PM to 3:PM	

6		Sunday, February 3, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 1.54		Tithi 29		985173366		Sun 12		Sutra 294	
Creative Work		Amrita Yoga		Until 7:23PM		Then Routine Work - Marana Yoga			
		Gulika		2:47PM – 4:00PM		Uttarashadha Until 10:15PM		Ganesh: Yellow	
		Yama		12:20PM – 1:34PM		Siddhi Until 3:27AM Mon		<i>Sunrise:</i> 7:27AM	
		Rahu		4:00PM – 5:14PM		Visti Until 6:06AM		<i>Sunset:</i> 5:14PM	
						Chaturdashi* Until 7:24PM		Moon 1 - Phase 40	
								2nd Phase	
						Moon – Light Blue		Devaloka Day	
						Pausha*Thai			

		Monday, February 4, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Retreat Star		Makara Rasi: 13.43		Tithi 30		995173367		Sun 13	
Family Home Evening		Creative Work		Amrita Yoga		Until 1:32AM Tue		Then Creative Work - Siddha Yoga	
		Gulika		1:34PM – 2:48PM		Shravana Until 1:32AM Tue		Ganesh: Red	
		Yama		11:07AM – 12:20PM		Vyatipata* Until 1:32AM Tue		<i>Sunrise:</i> 7:26AM	
		Rahu		8:39AM – 9:53AM		Catuspada Until 8:46AM		<i>Sunset:</i> 5:15PM	
						Amavasya* Until 10:06PM		Moon 1 - Phase 40	
								Amavasya	
						Moon – Purple		Devaloka Day	
						Pausha*Thai			

Tuesday, February 5, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 25.31		Tithi 1		995173367		Sun 14		Sutra 296	
Creative Work		Siddha Yoga		Until 1:32AM Tue		Then Creative Work - Siddha Yoga			
		Gulika		12:20PM – 1:34PM		Dhanishtha Until 4:39AM Wed		Ganesh: Red	
		Yama		9:52AM – 11:06AM		Variyan Until 5:24AM Wed		<i>Sunrise:</i> 7:24AM	
		Rahu		2:48PM – 4:02PM		Kintughna Until 11:29AM		<i>Sunset:</i> 5:16PM	
						Prathama* Until 12:48AM Wed		Moon 1 - Phase 40	
								Prathama	
						Moon – Purple		Devaloka Day	
						Magha*Thai			

1		Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Trieste, Italy Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 7.19	Tithi 2	Gulika 11:06AM – 12:20PM	Shatabhishak Until 7:30AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:23AM		
		Yama 8:37AM – 9:52AM	Parigha* Until 6:18AM Thu	Muruga: Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	995173367 Rahu 12:20PM – 1:35PM	Balava Until 2:09PM	Nataraja: White		3rd Phase	
			Dvitiya Until 3:25AM Thu	Moon – Purple		Devaloka Day	
				Magha-Thai			

2		Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Trityayam Titau		Trieste, Italy Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 19.1	Tithi 3	Gulika 9:51AM – 11:06AM	Shatabhishak Until 7:30AM	Ganesha: Red	<i>Sunrise:</i> 7:22AM		
		Yama 7:22AM – 8:36AM	Parigha* Until 6:18AM	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	995173367 Rahu 1:35PM – 2:50PM	Tailila Until 4:40PM	Nataraja: White		3rd Phase	
			Tritiya Until 5:50AM Fri	Moon – Purple		Devaloka Day	
				Magha-Thai			

3		Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthayam Titau		Trieste, Italy Sun 17 Sutra 299 Vilamba 5120	
Meena Rasi: 1.05	Tithi 4	Gulika 8:35AM – 9:51AM	Purvaprosarthapada* Until 10:29AM	Ganesha: Blue	<i>Sunrise:</i> 7:20AM		
		Yama 2:51PM – 4:06PM	Shiva Until 7:03AM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	915173367 Rahu 11:06AM – 12:21PM	Vanija Until 6:57PM	Nataraja: White		3rd Phase	
			Chaturthi* Until 7:57AM Sat	Moon – Clear		Sivaloka Day	
				Magha-Thai			

4		Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Trieste, Italy Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 13.07	Tithi 4 – 5	Gulika 7:19AM – 8:34AM	Uttaraprosarthapada Until 1:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:19AM		
		Yama 1:36PM – 2:52PM	Siddha Until 7:33AM	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	915173367 Rahu 9:50AM – 11:05AM	Bava Until 8:54PM	Nataraja: White		3rd Phase	
Until 1:01PM			Chaturthi* Until 7:57AM	Moon – Clear		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Magha-Thai			

5		Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Trieste, Italy Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 25.18	Tithi 5 – 6	Gulika 2:52PM – 4:08PM	Revati Until 2:59PM	Ganesha: Red	<i>Sunrise:</i> 7:18AM		
		Yama 12:21PM – 1:36PM	Sadhya Until 7:47AM	Muruga: Clear	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 41	
Creative Work	Amrita Yoga	915273367 Rahu 4:08PM – 5:24PM	Kaulava Until 10:23PM	Nataraja: White		3rd Phase	
Until 2:59PM			Panchami Until 9:41AM	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Magha-Thai			

6		Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Trieste, Italy Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 7.41	Tithi 6 – 7	Gulika 1:37PM – 2:53PM	Ashvini Until 4:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:16AM		
Family Home Evening		Yama 11:05AM – 12:21PM	Subha Until 7:38AM	Muruga: Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	925273367 Rahu 8:32AM – 9:49AM	Gara Until 11:18PM	Nataraja: White		3rd Phase	
			Shashthi* Until 10:54AM	Moon – White		Bhuloka Day	
				Magha-Thai		Devaloka Time: 12:PM to 3:PM	

Retreat Star		Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Trieste, Italy Sun 21 Sutra 303 Vilamba 5120	
Mesha Rasi: 20.2	Tithi 7 – 8	Gulika 12:21PM – 1:37PM	Bharani Until 5:44PM	Ganesha: Blue	<i>Sunrise:</i> 7:15AM		
		Yama 9:48AM – 11:04AM	Sukla Until 7:00AM	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	925273367 Rahu 2:54PM – 4:10PM	Visti Until 11:32PM	Nataraja: White		Ashtami	
			Saptami Until 11:29AM	Moon – White		Bhuloka Day	
				Magha-Thai		Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Trieste, Italy Sun 22 Sutra 304 Vilamba 5120	
Vrisabha Rasi: 3.2	Tithi 8 – 9	Gulika 11:04AM – 12:21PM	Krittika Until 5:52PM	Ganesha: Yellow	<i>Sunrise:</i> 7:13AM		
		Yama 8:30AM – 9:47AM	Indra Until 4:07AM Thu	Muruga: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 41	
Creative Work	Amrita Yoga	926273367 Rahu 12:21PM – 1:38PM	Balava Until 11:02PM	Nataraja: White		Navami	
Until 5:52PM			Ashtami* Until 11:22AM	Moon – White		Devaloka Day	
Then Creative Work - Siddha Yoga				Magha-Masi			

1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Trieste, Italy Sun 23 Sutra 305 Vilamba 5120
Wrishabha Rasi: 16.43	Tithi 9 – 10	Gulika	9:46AM – 11:04AM	Rohini Until 5:33PM	Ganesha: White	<i>Sunrise: 7:12AM</i>	
		Yama	7:12AM – 8:29AM	Vaidhriti* Until 1:45AM Fri	Muruga: Clear	<i>Sunset: 5:30PM</i>	Moon 1 - Phase 42
Routine Work	Marana Yoga	936273367 Rahu	1:38PM – 2:55PM	Taitila Until 9:45PM	Nataraja: White		4th Phase
				Navami* Until 10:28AM	Moon – Yellow		Sivaloka Day
					Magha-Masi		

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara Karana Dashami/Ekadashyam Titau	Trieste, Italy Sun 24 Sutra 306 Vilamba 5120
Mithuna Rasi: 0.33	Tithi 10 – 11	Gulika	8:28AM – 9:46AM	Mrigashira Until 4:22PM	Ganesha: White	<i>Sunrise: 7:10AM</i>	
		Yama	2:56PM – 4:13PM	Vishkambha* Until 10:51PM	Muruga: Clear	<i>Sunset: 5:31PM</i>	Moon 1 - Phase 42
Creative Work	Siddha Yoga	936273367 Rahu	11:03AM – 12:21PM	Gara Until 8:49AM	Nataraja: White		4th Phase
				Dashami Until 8:49AM	Moon – Yellow		Sivaloka Day
					Magha-Masi		

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau	Trieste, Italy Sun 25 Sutra 307 Vilamba 5120
Mithuna Rasi: 14.49	Tithi 11 – 12	Gulika	7:09AM – 8:27AM	Ardra Until 2:23PM	Ganesha: White	<i>Sunrise: 7:09AM</i>	
		Yama	1:39PM – 2:57PM	Priti Until 7:26PM	Muruga: Clear	<i>Sunset: 5:32PM</i>	Moon 1 - Phase 42
Creative Work	Siddha Yoga	936273367 Rahu	9:45AM – 11:03AM	Balava Until 3:35AM Sun	Nataraja: White		4th Phase
				Ekadashi Until 6:30AM	Moon – Yellow		Sivaloka Day
					Magha-Masi		

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Trieste, Italy Sun 26 Sutra 308 Vilamba 5120
Mithuna Rasi: 29.3	Tithi 13	Gulika	2:57PM – 4:16PM	Punarvasu Until 12:09PM	Ganesha: Clear	<i>Sunrise: 7:07AM</i>	
		Yama	12:21PM – 1:39PM	Ayushman Until 3:36PM	Muruga: Clear	<i>Sunset: 5:34PM</i>	Moon 1 - Phase 42
Creative Work	Siddha Yoga	946273367 Rahu	4:16PM – 5:34PM	Kaulava Until 1:58PM	Nataraja: White		4th Phase
				Trayodashi Until 12:14AM Mon	Moon – Blue		Devaloka Day
					Magha-Masi		

Pradosha Vrata

5		Monday, February 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara Karana Chaturdashyam Titau	Trieste, Italy Sun 27 Sutra 309 Vilamba 5120
Kataka Rasi: 14.3	Tithi 14	Gulika	1:39PM – 2:58PM	Pushya Until 9:24AM	Ganesha: Clear	<i>Sunrise: 7:06AM</i>	
Family Home Evening		Yama	11:02AM – 12:21PM	Saubhagya Until 11:29AM	Muruga: Clear	<i>Sunset: 5:35PM</i>	Moon 1 - Phase 42
Creative Work	Siddha Yoga	946273367 Rahu	8:25AM – 9:43AM	Gara Until 10:27AM	Nataraja: White		4th Phase
				Chaturdashi* Until 8:35PM	Moon – Blue		Devaloka Day
					Magha-Masi		

Chidambaram Abhishekam

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti* Karana Purnima/Prathamayam Titau	Trieste, Italy Sun 28 Sutra 310 Vilamba 5120
Copper Retreat Star		Gulika	12:21PM – 1:40PM	Ashlesha* Until 6:18AM	Ganesha: Clear	<i>Sunrise: 7:04AM</i>	
Kataka Rasi: 29.43	Tithi 15 – 16	Yama	9:42AM – 11:01AM	Sobhana Until 7:12AM	Muruga: Clear	<i>Sunset: 5:37PM</i>	Moon 1 - Phase 42
Creative Work	Siddha Yoga	946273367 Rahu	2:59PM – 4:18PM	Visti Until 6:43AM	Nataraja: White		Purnima
				Purnima* Until 4:48PM	Moon – Blue		Devaloka Day
					Magha-Masi		

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Trieste, Italy Sun 29 Sutra 311 Vilamba 5120
Silver Retreat Star		Gulika	11:01AM – 12:20PM	Purvaphalguni Until 12:30AM Thu	Ganesha: Clear	<i>Sunrise: 7:03AM</i>	
Simha Rasi: 14.58	Tithi 16 – 17	Yama	8:22AM – 9:42AM	Sukarma Until 10:38PM	Muruga: Clear	<i>Sunset: 5:38PM</i>	Moon 1 - Phase 42
Creative Work	Amrita Yoga	957273367 Rahu	12:20PM – 1:40PM	Taitila Until 11:15PM	Nataraja: White		Prathama
				Prathama* Until 7:12AM	Moon – Red		Devaloka Day
					Magha-Masi		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 312

Vilamba 5120

Kanya Rasi: 0.06

Tithi 17 - 18

Gulika

9:41AM - 11:01AM

Uttaraphalguni Until 6:20AM Fri

Ganesha: Clear

Sunrise: 7:01AM

Muruga: Clear

Sunset: 5:40PM

Moon 2 - Phase 43

1st Phase

Yama

7:01AM - 8:21AM

Dhriti Until 6:40PM

Nataraja: White

Devaloka Day

Rahu

1:40PM - 3:00PM

Vanija Until 7:53PM

Moon - Red

Magha-Masi

Amrita Yoga

Until 6:20AM Fri

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Visti* Karana Tritiya/Chaturthiyam Titau

Trieste, Italy

Sun 2 Sutra 313

Vilamba 5120

Kanya Rasi: 14.58

Tithi 18 - 19

Gulika

8:20AM - 9:40AM

Uttaraphalguni Until 6:20AM

Ganesha: White

Sunrise: 6:59AM

Muruga: Clear

Sunset: 5:41PM

Moon 2 - Phase 43

1st Phase

Yama

3:01PM - 4:21PM

Shula* Until 7:47PM

Nataraja: White

Moon - Green

Bhuloka Day

Rahu

11:00AM - 12:20PM

Visti Until 6:20AM

Magha-Masi

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 6:20AM

Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

Tritiya Until 6:20AM

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 314

Vilamba 5120

Kanya Rasi: 29.26

Tithi 20

Gulika

6:58AM - 8:18AM

Chitra Until 12:33AM Mon Su

Ganesha: White

Sunrise: 6:58AM

Muruga: Clear

Sunset: 5:42PM

Moon 2 - Phase 43

1st Phase

Yama

1:41PM - 3:01PM

Ganda* Until 11:53AM

Nataraja: White

Moon - Green

Bhuloka Day

Rahu

9:39AM - 11:00AM

Kaulava Until 2:38PM

Magha-Masi

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 12:33AM Mon Su

Then Creative Work - Siddha Yoga

Panchami Until 1:43AM Sun

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Vishakha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sun 4 Sutra 315

Vilamba 5120

Tula Rasi: 13.26

Tithi 21

Gulika

3:02PM - 4:23PM

Chitra Until 12:33AM Mon

Ganesha: White

Sunrise: 6:56AM

Muruga: Clear

Sunset: 5:44PM

Moon 2 - Phase 43

1st Phase

Yama

12:20PM - 1:41PM

Vriddhi Until 7:25AM Mon

Nataraja: White

Moon - Green

Bhuloka Day

Rahu

4:23PM - 5:44PM

Gara Until 1:03PM

Magha-Masi

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 12:33AM Mon

Then Routine Work - Marana Yoga

Shashthi* Until 12:33AM Mon

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Trieste, Italy

Sun 5 Sutra 316

Vilamba 5120

Tula Rasi: 26.58

Tithi 22

Gulika

1:41PM - 3:03PM

Vishakha Until 12:47AM Wed Tu

Ganesha: Yellow

Sunrise: 6:54AM

Muruga: Clear

Sunset: 5:45PM

Moon 2 - Phase 43

1st Phase

Yama

10:59AM - 12:20PM

Dhruva Until 7:25AM

Nataraja: White

Moon - Orange

Devaloka Day

Rahu

8:16AM - 9:37AM

Visti Until 12:18PM

Magha-Masi

Routine Work Marana Yoga

Until 12:47AM Wed Tu

Then Creative Work - Siddha Yoga

Saptami Until 12:14AM Tue

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy

Sun 6 Sutra 317

Vilamba 5120

Vrischika Rasi: 10.02

Tithi 23

Gulika

12:20PM - 1:41PM

Vishakha Until 12:47AM Wed

Ganesha: Yellow

Sunrise: 6:53AM

Muruga: Clear

Sunset: 5:47PM

Moon 2 - Phase 43

Ashtami

Yama

9:36AM - 10:58AM

Vyaghata* Until 5:39AM Wed

Nataraja: White

Moon - Orange

Devaloka Day

Rahu

3:03PM - 4:25PM

Balava Until 12:26PM

Magha-Masi

Creative Work Siddha Yoga

Ashtami* Until 12:47AM Wed

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy

Sun 7 Sutra 318

Vilamba 5120

Vrischika Rasi: 22.41

Tithi 24

Gulika

10:57AM - 12:20PM

Anuradha Until 2:08AM Thu

Ganesha: Blue

Sunrise: 6:51AM

Muruga: Clear

Sunset: 5:48PM

Moon 2 - Phase 43

Navami

Yama

8:13AM - 9:35AM

Vajra* Until 5:39AM Thu

Nataraja: White

Moon - Orange

Sivaloka Day

Rahu

12:20PM - 1:42PM

Taitila Until 14:65AM Thu

Magha-Masi

Creative Work Siddha Yoga

Navami* Until 5:39AM Wed

1 Thursday, February 28, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Trieste, Italy Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 4.59	Tithi 25	Gulika 9:34AM – 10:57AM	Jyeshtha* Until 4:07AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:49AM		
		Yama 6:49AM – 8:12AM	Siddhi Until 6:59AM Sat Fri	Muruga: Clear	<i>Sunset:</i> 5:49PM		Moon 2 - Phase 44
	988273367	Rahu 1:42PM – 3:04PM	Vanija Until 3:05PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:07AM Fri	Moon – Light Blue		Devaloka Day	
Until 4:07AM Fri				Magha-Masi			
Then Routine Work - Prabalarishta Yoga							

2 Friday, March 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Trieste, Italy Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 17.03	Tithi 26	Gulika 8:09AM – 9:32AM	Mula* Until 6:34AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:46AM		
		Yama 3:06PM – 4:29PM	Siddhi Until 6:59AM Sat	Muruga: Clear	<i>Sunset:</i> 5:52PM		Moon 2 - Phase 44
	988273367	Rahu 10:56AM – 12:19PM	Bava Until 5:19PM	Nataraja: White			2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 6:34AM Sat	Moon – Light Blue		Devaloka Day	
Until 6:34AM Sat				Magha-Masi			
Then Routine Work - Marana Yoga							

3 Saturday, March 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 28.56	Tithi 26 – 27	Gulika 6:44AM – 8:08AM	Uttarashadha Until 9:15AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:44AM		
		Yama 1:43PM – 3:06PM	Vyatipata* Until 6:59AM	Muruga: Clear	<i>Sunset:</i> 5:54PM		Moon 2 - Phase 44
	988273367	Rahu 9:31AM – 10:55AM	Kaulava Until 7:55PM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:34AM	Moon – Light Blue		Devaloka Day	
Until 9:15AM Sun				Magha-Masi			
Then Creative Work - Amrita Yoga							

4 Sunday, March 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Trieste, Italy Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 10.44	Tithi 27 – 28	Gulika 3:07PM – 4:31PM	Uttarashadha Until 9:15AM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM		
		Yama 12:19PM – 1:43PM	Variyan Until 8:62AM Mon	Muruga: Clear	<i>Sunset:</i> 5:55PM		Moon 2 - Phase 44
	988273367	Rahu 4:31PM – 5:55PM	Gara Until 10:39PM	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 9:15AM	Moon – Purple		Devaloka Day	
Until 9:15AM				Magha-Masi			
Then Routine Work - Marana Yoga							

5 Monday, March 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 22.3	Tithi 28 – 29	Gulika 1:43PM – 3:07PM	Shravana Until 2:39PM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:40AM		
Family Home Evening		Yama 10:54AM – 12:18PM	Parigha* Until 9:02AM	Muruga: Clear	<i>Sunset:</i> 5:56PM		Moon 2 - Phase 44
	988273367	Rahu 8:05AM – 9:29AM	Visti Until 1:22AM Tue	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 12:00PM	Moon – Purple		Devaloka Day	
Until 2:39PM Tue				Magha-Masi			
Then Creative Work - Siddha Yoga							

● Tuesday, March 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy Sun 13 Sutra 324 Vilamba 5120	
Retreat Star		Gulika 12:18PM – 1:43PM	Shravana Until 2:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM		
Kumbha Rasi: 4.17	Tithi 29 – 30	Yama 9:28AM – 10:53AM	Shiva Until 10:53AM Wed	Muruga: Clear	<i>Sunset:</i> 5:58PM		Moon 2 - Phase 44
	199273367	Rahu 3:08PM – 4:33PM	Catuspada Until 3:56AM Wed	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 2:39PM	Moon – Purple		Devaloka Day	
Until 2:39PM				Magha-Masi			
Then Routine Work - Marana Yoga							

Wednesday, March 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Trieste, Italy Sun 14 Sutra 325 Vilamba 5120	
Retreat Star		Gulika 10:53AM – 12:18PM	Shatabhishak Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM		
Kumbha Rasi: 16.09	Tithi 30 – 1	Yama 8:02AM – 9:27AM	Siddha Until 10:53AM	Muruga: Clear	<i>Sunset:</i> 5:59PM		Moon 2 - Phase 44
	199273367	Rahu 12:18PM – 1:43PM	Kintughna Until 6:14AM Thu	Nataraja: White			Prathama
Creative Work	Siddha Yoga		Amavasya* Until 5:06PM	Moon – Purple		Devaloka Day	
Until 1:33PM				Phalgun-Masi			
Then Creative Work - Amrita Yoga							


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Trieste, Italy Sun 24
Mithuna Rasi: 23.58	Tithi 10	Gulika	6:18AM – 7:48AM	Ardra Until 7:02PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Vilamba 5120	Sutra 335
		Yama	1:45PM – 3:14PM	Sobhana Until 12:00PM	Muruga: Clear	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368	Rahu	9:17AM – 10:46AM	Nataraja: Clear			4th Phase
				Taitila Until 8:14AM	Moon – Blue			Sivaloka Day
				Dashami Until 7:02PM	Phalguna•Panguni			

2		Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 25
Kataka Rasi: 8.21	Tithi 11 – 12	Gulika	3:14PM – 4:44PM	Pushya Until 7:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Vilamba 5120	Sutra 336
		Yama	12:15PM – 1:45PM	Athiganda* Until 8:29PM	Muruga: Clear	<i>Sunset:</i> 6:14PM		Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368	Rahu	4:44PM – 6:14PM	Nataraja: Clear			4th Phase
				Bava Until 2:45AM Mon	Moon – Blue			Sivaloka Day
				Ekadashi Until 4:16PM	Phalguna•Panguni			

3		Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Trieste, Italy Sun 26
Kataka Rasi: 23.04	Tithi 12 – 13	Gulika	1:45PM – 3:15PM	Ashlesha* Until 5:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Vilamba 5120	Sutra 337
Family Home Evening		Yama	10:45AM – 12:15PM	Sukarma Until 4:40PM	Muruga: Clear	<i>Sunset:</i> 6:15PM		Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368	Rahu	7:45AM – 9:15AM	Nataraja: Clear			4th Phase
Until 5:01PM				Kaulava Until 11:26PM	Moon – Blue			Sivaloka Day
Then Routine Work - Marana Yoga				Dvadashi Until 1:07PM	Phalguna•Panguni			
				Yogaswami Mahasamadhi	Pradosha Vrata			

4		Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 27
Simha Rasi: 8.01	Tithi 13 – 14	Gulika	12:15PM – 1:45PM	Magha* Until 2:27PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	Vilamba 5120	Sutra 338
		Yama	9:14AM – 10:44AM	Dhriti Until 12:40PM	Muruga: Clear	<i>Sunset:</i> 6:16PM		Moon 2 - Phase 46
Creative Work	Siddha Yoga	151373368	Rahu	3:15PM – 4:46PM	Nataraja: Clear			4th Phase
				Gara Until 7:56PM	Moon – Red			Subha Sivaloka Day
				Trayodashi Until 9:41AM	Phalguna•Panguni			

		Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Trieste, Italy Sun 28
Copper Retreat Star		Gulika	10:43AM – 12:14PM	Purvaphalguni Until 11:40AM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Vilamba 5120	Sutra 339
Simha Rasi: 23.05	Tithi 14 – 15	Yama	7:42AM – 9:12AM	Shula* Until 8:34AM	Muruga: Clear	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 46
Creative Work	Amrita Yoga	151373368	Rahu	12:14PM – 1:45PM	Nataraja: Clear			Purnima
				Bava Until 2:37AM Thu	Moon – Red			Subha Sivaloka Day
				Panguni Uttiram	Chaturdashi* Until 6:08AM	Phalguna•Panguni		
				Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Trieste, Italy Sun 29		
Silver Retreat Star		Gulika	9:11AM – 10:43AM	Uttaraphalguni Until 8:50AM	Ganesha: White	<i>Sunrise:</i> 6:09AM	Vilamba 5120	Sutra 340
Kanya Rasi: 8.08	Tithi 16	Yama	6:09AM – 7:40AM	Vriddhi Until 12:41AM Fri	Muruga: White	<i>Sunset:</i> 6:19PM		Moon 2 - Phase 46
		151383368	Rahu	1:45PM – 3:16PM	Nataraja: Clear			Prathama
Amrita Yoga				Balava Until 12:57PM	Moon – Red			Sivaloka Day
Until 8:50AM				Prathama* Until 11:19PM	Phalguna•Panguni			
Then Routine Work - Marana Yoga								

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sun 1 Sutra 341

Kanya Rasi: 22.59 Tihti 17

Gulika 7:39AM - 9:10AM
Yama 3:17PM - 4:49PM
Rahu 10:42AM - 12:14PMHasta Until 6:02PM Sat
Dhruva Until 9:08PM
Tailila Until 9:49AM
Dvitiya Until 8:24PMGanesha: Yellow Sunrise: 6:07AM
Muruga: White Sunset: 6:20PM
Nataraja: Clear
Moon - Green
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 6:02PM Sat

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Hasta/Svati Nakshatra Vyaghata* Yoga Vanija/Bava Karana Tritiyayam Titau

Trieste, Italy

Sun 2 Sutra 342

Tula Rasi: 7.31 Tihti 18

Gulika 6:05AM - 7:37AM
Yama 1:45PM - 3:17PM
Rahu 9:09AM - 10:41AMHasta Until 6:02PM
Vyaghata* Until 15:33AM Sun
Vanija Until 5:07AM Sun
Tritiya Until 9:08PMGanesha: Blue Sunrise: 6:05AM
Muruga: White Sunset: 6:22PM
Nataraja: Clear
Moon - Green
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 343

Tula Rasi: 21.38 Tihti 19 - 20

Gulika 3:18PM - 4:50PM
Yama 12:13PM - 1:45PM
Rahu 4:50PM - 6:23PMVishakha Until 2:31AM Mon
Harshana Until 3:33PM
Kaulava Until 3:50AM Mon
Chaturthi* Until 4:21PMGanesha: Red Sunrise: 6:03AM
Muruga: White Sunset: 6:23PM
Nataraja: Clear
Moon - Orange
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 2:31AM Mon

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Trieste, Italy

Sun 4 Sutra 344

Vrischika Rasi: 5.16 Tihti 20 - 21

Gulika 1:46PM - 3:18PM
Yama 10:40AM - 12:13PM
Rahu 7:34AM - 9:07AMAnuradha Until 2:43AM Tue
Vajra* Until 1:41PM
Gara Until 3:24AM Tue
Panchami Until 3:29PMGanesha: Red Sunrise: 6:01AM
Muruga: White Sunset: 6:24PM
Nataraja: Clear
Moon - Orange
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

Until 2:43AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sun 5 Sutra 345

Vrischika Rasi: 18.26 Tihti 21 - 22

Gulika 12:12PM - 1:46PM
Yama 9:06AM - 10:39AM
Rahu 3:19PM - 4:52PMJyeshtha* Until 3:37AM Wed
Siddhi Until 12:31PM
Vanija Until 3:30PM
Shashthi* Until 3:30PMGanesha: Red Sunrise: 5:59AM
Muruga: White Sunset: 6:25PM
Nataraja: Clear
Moon - Orange
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 6 Sutra 346

Dhanus Rasi: 1.09 Tihti 22 - 23

Gulika 10:38AM - 12:12PM
Yama 7:31AM - 9:05AM
Rahu 12:12PM - 1:46PMMula* Until 5:38AM Thu
Vyatipata* Until 5:38AM Thu
Kaulava Until 17:64AM Thu
Saptami Until 4:24PMGanesha: Green Sunrise: 5:57AM
Muruga: White Sunset: 6:27PM
Nataraja: Clear
Moon - Light Blue
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 5:38AM Thu

Then Creative Work - Siddha Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtamyam Titau

Trieste, Italy

Sun 7 Sutra 347

Dhanus Rasi: 13.3 Tihti 23

Gulika 9:04AM - 10:38AM
Yama 5:56AM - 7:30AM
Rahu 1:46PM - 3:20PMPurvashadha* Until 8:10AM Fri
Variyan Until 12:09PM
Kaulava Until 6:04PM
Ashtami* Until 6:04PMGanesha: Green Sunrise: 5:56AM
Muruga: White Sunset: 6:28PM
Nataraja: Clear
Moon - Light Blue
Phalguna-PanguniMoon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 8:10AM Fri

Then Routine Work - Marana Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Trieste, Italy

Sun 8 Sutra 348

Dhanus Rasi: 25.35 Tihti 24

Gulika 7:28AM - 9:03AM
Yama 3:20PM - 4:55PM
Rahu 10:37AM - 12:11PMPurvashadha* Until 8:10AM
Parigha* Until 12:45PM
Tailila Until 7:09AM
Navami* Until 8:19PMGanesha: Green Sunrise: 5:54AM
Muruga: Yellow Sunset: 6:29PM
Nataraja: Purple
Moon - Light Blue
Phalguna-PanguniMoon 3 - Phase 47
Navami

Devaloka Day

Routine Work Prabalarishta Yoga

Until 8:10AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Trieste, Italy Sun 9 Sutra 349 Vilamba 5120
Makara Rasi: 7.28	Tithi 25	Gulika	5:52AM – 7:27AM	Uttarashadha Until 10:57AM	Ganesha: Green <i>Sunrise:</i> 5:52AM		
		Yama	1:46PM – 3:21PM	Shiva Until 1:42PM	Muruga: Yellow <i>Sunset:</i> 6:31PM	Moon 3 - Phase 48	
		182383468 Rahu	9:01AM – 10:36AM	Vanija Until 9:36AM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Dashami Until 10:54PM	Moon – Light Blue	Devaloka Day	
Until 10:57AM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Trieste, Italy Sun 10 Sutra 350 Vilamba 5120
Makara Rasi: 19.16	Tithi 26	Gulika	3:21PM – 4:57PM	Shravana Until 2:17PM	Ganesha: Orange <i>Sunrise:</i> 5:50AM		
		Yama	12:11PM – 1:46PM	Siddha Until 2:45PM	Muruga: Yellow <i>Sunset:</i> 6:32PM	Moon 3 - Phase 48	
		192383468 Rahu	4:57PM – 6:32PM	Bava Until 12:17PM	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Ekadashi* Until 1:36AM Mon	Moon – Purple	Sivaloka Day	
Until 2:17PM					Phalguna•Panguni		
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Trieste, Italy Sun 11 Sutra 351 Vilamba 5120
Kumbha Rasi: 1.02	Tithi 27	Gulika	1:46PM – 3:21PM	Dhanishtha Until 5:25PM	Ganesha: Green <i>Sunrise:</i> 5:50AM		
Family Home Evening		Yama	10:36AM – 12:11PM	Sadhya Until 3:47PM	Muruga: Yellow <i>Sunset:</i> 6:32PM	Moon 3 - Phase 48	
		192483468 Rahu	7:25AM – 9:00AM	Kaulava Until 2:56PM	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 4:11AM Tue	Moon – Purple	Subha Sivaloka Day	
					Phalguna•Panguni		

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Trayodashyam Titau	Trieste, Italy Sun 12 Sutra 352 Vilamba 5120
Kumbha Rasi: 12.52	Tithi 28	Gulika	12:11PM – 1:46PM	Shatabhishak Until 8:10PM	Ganesha: Green <i>Sunrise:</i> 5:48AM		
		Yama	8:59AM – 10:35AM	Subha Until 8:10PM	Muruga: Yellow <i>Sunset:</i> 6:33PM	Moon 3 - Phase 48	
		192483468 Rahu	3:22PM – 4:58PM	Gara Until 5:23PM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Trayodashi* Until 6:28AM Wed	Moon – Purple	Subha Sivaloka Day	
					Phalguna•Panguni		
					<i>Pradosha Vrata (Fasting)</i>		

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprosnthapada* Nakshatra Sukla/Brahma Yoga Vanija/Catuspada* Karana Trayodashi/Chaturdashyam Titau	Trieste, Italy Sun 13 Sutra 353 Vilamba 5120
Kumbha Rasi: 24.49	Tithi 28 – 29	Gulika	10:34AM – 12:10PM	Purvaprosnthapada* Until 10:55PM	Ganesha: Orange <i>Sunrise:</i> 5:46AM		
		Yama	7:22AM – 8:58AM	Sukla Until 10:55PM	Muruga: Yellow <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48	
		112483468 Rahu	12:10PM – 1:46PM	Catuspada Until 20:71AM Thu	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 6:28AM	Moon – Clear	Sivaloka Day	
Until 10:55PM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprosnthapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Trieste, Italy Sun 14 Sutra 354 Vilamba 5120
Retreat Star		Gulika	8:57AM – 10:34AM	Uttaraprosnthapada Until 1:06AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:44AM		
Meena Rasi: 6.55	Tithi 29 – 30	Yama	5:44AM – 7:21AM	Brahma Until 5:36PM	Muruga: Yellow <i>Sunset:</i> 6:36PM	Moon 3 - Phase 48	
		112483468 Rahu	1:46PM – 3:23PM	Catuspada Until 9:11PM	Nataraja: Purple	Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 8:22AM	Moon – Clear	Sivaloka Day	
					Phalguna•Panguni		

●		Friday, April 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Trieste, Italy Sun 15 Sutra 355 Vilamba 5120
Retreat Star		Gulika	7:19AM – 8:56AM	Revati Until 2:42AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:42AM		
Meena Rasi: 19.11	Tithi 30 – 1	Yama	3:23PM – 5:00PM	Indra Until 5:37PM	Muruga: Yellow <i>Sunset:</i> 6:37PM	Moon 3 - Phase 48	
		112483468 Rahu	10:33AM – 12:10PM	Kintughna Until 10:27PM	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 9:51AM	Moon – Clear	Sivaloka Day	
		Yugadhi			Chaitra•Panguni		

1 Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 16 Sutra 356 Vilamba 5120
Mesha Rasi: 1.38	Tithi 1 – 2	Gulika 5:40AM – 7:18AM	Ashvini Until 4:13AM Sun	Ganesh: Purple <i>Sunrise:</i> 5:40AM	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 3rd Phase
		Yama 1:47PM – 3:24PM	Vaidhriti* Until 5:15PM	Muruga: Yellow		
		123483468 Rahu 8:55AM – 10:32AM	Balava Until 11:17PM	Nataraja: Purple		
Creative Work Siddha Yoga			Prathama* Until 10:54AM	Moon – White		Devaloka Day
Until 4:13AM Sun		Chellappaswami Mahasamadhi		Chaitra•Panguni		
Then Routine Work - Prabalarishta Yoga						

2 Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 17 Sutra 357 Vilamba 5120
Mesha Rasi: 14.16	Tithi 2 – 3	Gulika 3:24PM – 5:02PM	Bharani Until 5:12AM Mon	Ganesh: Purple <i>Sunrise:</i> 5:39AM	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 49 3rd Phase
		Yama 12:09PM – 1:47PM	Vishkambha* Until 4:36PM	Muruga: Yellow		
		123483468 Rahu 5:02PM – 6:40PM	Taitila Until 11:42PM	Nataraja: Purple		
Routine Work Prabalarishta Yoga			Dvitiya Until 5:15PM	Moon – White		Devaloka Day
Until 5:12AM Mon				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

3 Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Trieste, Italy Sun 18 Sutra 358 Vilamba 5120
Mesha Rasi: 27.05	Tithi 3 – 4	Gulika 1:47PM – 3:25PM	Krittika Until 11:37AM Tue	Ganesh: Purple <i>Sunrise:</i> 5:37AM	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 49 3rd Phase
Family Home Evening		Yama 10:31AM – 12:09PM	Priti Until 3:40PM	Muruga: Yellow		
		123483468 Rahu 7:15AM – 8:53AM	Vanija Until 11:45PM	Nataraja: Purple		
Routine Work Marana Yoga			Tritiya Until 11:45AM	Moon – White		Devaloka Day
Until 11:37AM Tue				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

4 Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 19 Sutra 359 Vilamba 5120
Vrishabha Rasi: 10.05	Tithi 4 – 5	Gulika 12:09PM – 1:47PM	Krittika Until 11:37AM	Ganesh: Clear <i>Sunrise:</i> 5:35AM	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 49 3rd Phase
		Yama 8:52AM – 10:30AM	Ayushman Until 12:53AM Wed	Muruga: Yellow		
		123483468 Rahu 3:25PM – 5:04PM	Bava Until 11:26PM	Nataraja: Purple		
Creative Work Amrita Yoga			Chatrurthi* Until 11:37AM	Moon – Yellow		Sivaloka Day
Until 11:37AM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

5 Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy Sun 20 Sutra 360 Vilamba 5120
Vrishabha Rasi: 23.17	Tithi 5 – 6	Gulika 10:29AM – 12:08PM	Rohini Until 6:03AM	Ganesh: Clear <i>Sunrise:</i> 5:33AM	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 49 3rd Phase
		Yama 7:12AM – 8:51AM	Saubhagya Until 12:53PM	Muruga: Yellow		
		123483468 Rahu 12:08PM – 1:47PM	Kaulava Until 10:44PM	Nataraja: Purple		
Creative Work Siddha Yoga			Panchami Until 11:07AM	Moon – Yellow		Sivaloka Day
				Chaitra•Panguni		

6 Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 21 Sutra 361 Vilamba 5120
Mithuna Rasi: 6.41	Tithi 6 – 7	Gulika 8:50AM – 10:29AM	Ardra Until 5:16AM Fri	Ganesh: Clear <i>Sunrise:</i> 5:31AM	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 49 3rd Phase
		Yama 5:31AM – 7:10AM	Sobhana Until 11:04AM	Muruga: Yellow		
		123483468 Rahu 1:47PM – 3:26PM	Gara Until 9:39PM	Nataraja: Purple		
Routine Work Marana Yoga			Shashthi* Until 10:14AM	Moon – Yellow		Sivaloka Day
Until 5:16AM Fri				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

Friday, April 12, 2019 Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy Sun 22 Sutra 362 Vilamba 5120
Mithuna Rasi: 20.19	Tithi 7 – 8	Gulika 7:09AM – 8:49AM	Punarvasu Until 4:29AM Sat	Ganesh: White <i>Sunrise:</i> 5:29AM	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 49 Ashtami
		Yama 3:27PM – 5:06PM	Athiganda* Until 8:53AM	Muruga: Yellow		
		143483468 Rahu 10:28AM – 12:08PM	Visti Until 8:08PM	Nataraja: Purple		
Creative Work Siddha Yoga			Saptami Until 8:56AM	Moon – Blue		Devaloka Day
				Chaitra•Panguni		

Saturday, April 13, 2019 Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy Sun 23 Sutra 363 Vilamba 5120
Kataka Rasi: 4.12	Tithi 8 – 9	Gulika 5:28AM – 7:08AM	Pushya Until 3:09AM Sun	Ganesh: White <i>Sunrise:</i> 5:28AM	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 49 Navami
		Yama 1:47PM – 3:27PM	Sukarma Until 6:23AM	Muruga: Yellow		
		143483468 Rahu 8:47AM – 10:27AM	Balava Until 6:13PM	Nataraja: Purple		
Creative Work Siddha Yoga			Ashtami* Until 7:13AM	Moon – Blue		Devaloka Day
		Sri Rama Navami		Chaitra•Panguni		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time


www.gurudeva.org/panchang

1		Sunday, April 14, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam	Trieste, Italy
Kataka Rasi: 18.21		Tithi 10		Ashlesha* Nakshatra Shula* Yoga Taitila Karana Dashamyam Titau		Sun 24	Sutra 364
Creative Work		Gulika	3:28PM – 5:08PM	Ashlesha* Until 11:50PM Mon	Ganesha: White	<i>Sunrise:</i> 5:26AM	Vikarin 5121
Until 11:50PM Mon		Yama	12:07PM – 1:48PM	Shula* Until 12:27AM Mon	Muruga: Yellow	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 1
Then Routine Work - Marana Yoga		143483468 Rahu	5:08PM – 6:49PM	Taitila Until 3:55PM	Nataraja: Purple		4th Phase
		Tamil New Year		Dashami Until 2:37AM Mon	Moon – Blue	Devaloka Day	
					Chaitra•Chaitra		

2		Monday, April 15, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam	Trieste, Italy
Simha Rasi: 2.44		Tithi 11		Ashlesha*/Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25	Sutra 1
Family Home Evening		Gulika	1:48PM – 3:28PM	Ashlesha* Until 11:50PM	Ganesha: White	<i>Sunrise:</i> 5:24AM	Vikarin 5121
Routine Work		Yama	10:26AM – 12:07PM	Ganda* Until 17:33AM Tue	Muruga: Yellow	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 1
Until 11:50PM		253483468 Rahu	7:05AM – 8:45AM	Vanija Until 1:16PM	Nataraja: Purple		4th Phase
Then Creative Work - Siddha Yoga				Ekadashi Until 11:50PM	Moon – Red	Devaloka Day	
					Chaitra•Chaitra		

3		Tuesday, April 16, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam	Trieste, Italy
Simha Rasi: 17.19		Tithi 12		Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvodashyam Titau		Sun 26	Sutra 2
Creative Work		Gulika	12:07PM – 1:48PM	Purvaphalguni Until 9:16PM	Ganesha: White	<i>Sunrise:</i> 5:22AM	Vikarin 5121
Until 9:16PM		Yama	8:44AM – 10:26AM	Vriddhi Until 5:33PM	Muruga: Yellow	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 1
Then Creative Work - Amrita Yoga		253483468 Rahu	3:29PM – 5:10PM	Bava Until 10:23AM	Nataraja: Purple		4th Phase
				Dvadashi Until 8:52PM	Moon – Red	Devaloka Day	
					Chaitra•Chaitra		

4		Wednesday, April 17, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam	Trieste, Italy
Kanya Rasi: 2.01		Tithi 13 – 14		Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27	Sutra 3
Creative Work		Gulika	10:25AM – 12:06PM	Uttaraphalguni Until 6:53PM	Ganesha: White	<i>Sunrise:</i> 5:20AM	Vikarin 5121
Until 6:53PM		Yama	7:02AM – 8:43AM	Dhruva Until 1:56PM	Muruga: Yellow	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 1
Then Routine Work - Marana Yoga		253483468 Rahu	12:06PM – 1:48PM	Kaulava Until 7:22AM	Nataraja: Purple		4th Phase
				Trayodashi Until 5:50PM	Moon – Red	Devaloka Day	
					Chaitra•Chaitra		
					<i>Pradosha Vrata</i>		

		Thursday, April 18, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam	Trieste, Italy
Kanya Rasi: 16.42		Tithi 14 – 15		Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28	Sutra 4
Routine Work		Gulika	8:42AM – 10:24AM	Hasta Until 4:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM	Vikarin 5121
Until 4:51PM		Yama	5:19AM – 7:01AM	Vyaghata* Until 10:22AM	Muruga: Yellow	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 1
Then Creative Work - Siddha Yoga		263483468 Rahu	1:48PM – 3:30PM	Visti Until 24:90	Nataraja: Purple		Purnima
		Chitra Purnima (Tamil Nadu)		Chaturdashi* Until 1:56PM	Moon – Green	Sivaloka Day	
		Hanuman Jayanti			Chaitra•Chaitra		

5		Friday, April 19, 2019				Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam	Trieste, Italy
Tula Rasi: 1.17		Tithi 15 – 16		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29	Sutra 5
Creative Work		Gulika	6:59AM – 8:41AM	Chitra Until 2:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:17AM	Vikarin 5121
Until 4:51PM		Yama	3:31PM – 5:13PM	Harshana Until 6:59AM	Muruga: Yellow	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 1
Then Creative Work - Siddha Yoga		263483468 Rahu	10:24AM – 12:06PM	Balava Until 10:57PM	Nataraja: Purple		Prathama
				Purnima* Until 12:09PM	Moon – Green	Sivaloka Day	
					Chaitra•Chaitra		