



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Tehran, Iran

Vishakha/Anuradha Nakshatra Vyatipata* Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Sutra 16

Tula Rasi: 29.1 Tihti 17

273832369

Gulika 12:02PM – 1:44PM
Yama 8:38AM – 10:20AM
Rahu 3:26PM – 5:09PM

Vishakha Until 1:53PM
Vyatipata* Until 7:36AM
Taitila Until 5:10PM

Ganesha: Purple *Sunrise:* 5:14AM
Muruga: White *Sunset:* 6:51PM

Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Dvitiya Until 5:39AM Wed

Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

1 Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Tehran, Iran

Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija Karana Tritiyayam Titau

Sun 1 Sutra 17

Vrischika Rasi: 11.43 Tihti 18

273832369

Gulika 10:20AM – 12:02PM
Yama 6:55AM – 8:38AM
Rahu 12:02PM – 1:45PM

Anuradha Until 3:35PM
Variyan Until 7:18AM
Vanija Until 6:19PM

Ganesha: Purple *Sunrise:* 5:13AM
Muruga: White *Sunset:* 6:51PM

Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Tritiya Until 7:04AM Thu

Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

2 Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Tehran, Iran

Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 18

Vrischika Rasi: 24.01 Tihti 18 – 19

274832369

Gulika 8:37AM – 10:20AM
Yama 5:12AM – 6:55AM
Rahu 1:45PM – 3:27PM

Jyeshtha* Until 5:38PM
Parigha* Until 7:26AM
Bava Until 8:00PM

Ganesha: Clear *Sunrise:* 5:12AM
Muruga: White *Sunset:* 6:52PM

Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga

Until 5:38PM

Then Creative Work - Siddha Yoga

Tritiya Until 7:04AM

Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3 Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Tehran, Iran

Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 19

Dhanus Rasi: 6.07 Tihti 19 – 20

284832369

Gulika 6:54AM – 8:36AM
Yama 3:28PM – 5:10PM
Rahu 10:19AM – 12:02PM

Mula* Until 8:29PM
Shiva Until 7:58AM
Kaulava Until 10:09PM

Ganesha: White *Sunrise:* 5:11AM
Muruga: White *Sunset:* 6:53PM

Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 8:29PM

Then Routine Work - Prabalarishta Yoga

Chaturthi* Until 9:00AM

Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

4 Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Tehran, Iran

Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 20

Dhanus Rasi: 18.02 Tihti 20 – 21

284832369

Gulika 5:10AM – 6:53AM
Yama 1:45PM – 3:28PM
Rahu 8:36AM – 10:19AM

Purvashadha* Until 11:29PM
Siddha Until 8:47AM
Gara Until 12:37AM Sun

Ganesha: White *Sunrise:* 5:10AM
Muruga: White *Sunset:* 6:54PM

Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Until 11:29PM

Then Routine Work - Marana Yoga

Panchami Until 11:20AM

Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

5 Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Tehran, Iran

Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 21

Dhanus Rasi: 29.52 Tihti 21 – 22

284832369

Gulika 3:28PM – 5:12PM
Yama 12:02PM – 1:45PM
Rahu 5:12PM – 6:55PM

Uttarashadha Until 4:26PM Mon
Sadhya Until 9:48AM
Visti Until 3:12AM Mon

Ganesha: White *Sunrise:* 5:09AM
Muruga: White *Sunset:* 6:55PM

Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Shashthi* Until 1:53PM

Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

6 Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Tehran, Iran

Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 22

Makara Rasi: 11.4 Tihti 22 – 23

294832369

Gulika 1:45PM – 3:29PM
Yama 10:18AM – 12:02PM
Rahu 6:51AM – 8:35AM

Uttarashadha Until 4:26PM
Subha Until 11:44AM Tue
Balava Until 5:38AM Tue

Ganesha: Yellow *Sunrise:* 5:08AM
Muruga: White *Sunset:* 6:56PM

Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 4:26PM

Then Creative Work - Siddha Yoga

Saptami Until 4:26PM

Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Retreat Star Tuesday, May 8, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Tehran, Iran

Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava Karana Ashtamyam Titau

Sun 7 Sutra 23

Makara Rasi: 23.32 Tihti 23

294832369

Gulika 12:02PM – 1:45PM
Yama 8:34AM – 10:18AM
Rahu 3:29PM – 5:13PM

Dhanishtha Until 8:10AM Wed
Sukla Until 11:44AM
Kaulava Until 6:42PM

Ganesha: Yellow *Sunrise:* 5:07AM
Muruga: White *Sunset:* 6:56PM

Moon 4 - Phase 3
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:42PM

Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Retreat Star Wednesday, May 9, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Tehran, Iran

Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Sun 8 Sutra 24

Kumbha Rasi: 5.34 Tihti 24

294832369

Gulika 10:18AM – 12:02PM
Yama 6:50AM – 8:34AM
Rahu 12:02PM – 1:46PM

Dhanishtha Until 8:10AM
Brahma Until 12:16PM
Taitila Until 7:40AM

Ganesha: Yellow *Sunrise:* 5:06AM
Muruga: White *Sunset:* 6:57PM

Moon 4 - Phase 3
Navami

Routine Work Prabalarishta Yoga

Until 8:10AM

Then Creative Work - Siddha Yoga

Navami* Until 8:27PM

Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Thursday, May 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran
Kumbha Rasi: 17.5	Tithi 25	Gulika 8:33AM – 10:17AM	Shatabhishak Until 10:00AM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM	Sun 9 Sutra 25
		Yama 5:05AM – 6:49AM	Indra Until 12:19PM	Muruga: White	<i>Sunset:</i> 6:58PM	Vilamba 5120
Creative Work	Siddha Yoga	294832369 Rahu 1:46PM – 3:30PM	Vanija Until 9:05AM	Nataraja: Purple		Moon 4 - Phase 4
			Dashami Until 9:30PM	Moon – Purple		2nd Phase
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

2 Friday, May 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran
Meena Rasi: 0.25	Tithi 26	Gulika 6:49AM – 8:33AM	Purvaprossthapada* Until 11:25AM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	Sun 10 Sutra 26
		Yama 3:30PM – 5:15PM	Vaidhriti* Until 11:44AM	Muruga: White	<i>Sunset:</i> 6:59PM	Vilamba 5120
Creative Work	Siddha Yoga	214832369 Rahu 10:17AM – 12:02PM	Bava Until 9:44AM	Nataraja: Purple		Moon 4 - Phase 4
			Ekadashi* Until 9:44PM	Moon – Clear		2nd Phase
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

3 Saturday, May 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tehran, Iran
Meena Rasi: 13.25	Tithi 27	Gulika 5:03AM – 6:48AM	Uttaraprossthapada Until 11:52AM	Ganesha: Blue	<i>Sunrise:</i> 5:03AM	Sun 11 Sutra 27
		Yama 1:46PM – 3:31PM	Vishkambha* Until 10:31AM	Muruga: White	<i>Sunset:</i> 7:00PM	Vilamba 5120
Creative Work	Siddha Yoga	214932369 Rahu 8:32AM – 10:17AM	Kaulava Until 9:33AM	Nataraja: Purple		Moon 4 - Phase 4
Until 11:52AM			Dvadashi* Until 9:09PM	Moon – Clear		2nd Phase
Then Routine Work - Prabalarishta Yoga				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

4 Sunday, May 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Tehran, Iran
Meena Rasi: 26.5	Tithi 28	Gulika 3:31PM – 5:16PM	Revati Until 11:23AM	Ganesha: Blue	<i>Sunrise:</i> 5:03AM	Sun 12 Sutra 28
		Yama 12:01PM – 1:46PM	Priti Until 8:40AM	Muruga: White	<i>Sunset:</i> 7:00PM	Vilamba 5120
Creative Work	Amrita Yoga	214932369 Rahu 5:16PM – 7:00PM	Gara Until 8:35AM	Nataraja: Purple		Moon 4 - Phase 4
Until 11:23AM			Trayodashi* Until 7:48PM	Moon – Clear		2nd Phase
Then Creative Work - Siddha Yoga		Mother's Day		Vaisaka-Chaitra		Bhuloka Day
			<i>Pradosha Vrata (Fasting)</i>			

5 Monday, May 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran
Mesha Rasi: 10.4	Tithi 29 – 30	Gulika 1:46PM – 3:31PM	Ashvini Until 10:31AM	Ganesha: Blue	<i>Sunrise:</i> 5:02AM	Sun 13 Sutra 29
Family Home Evening		Yama 10:17AM – 12:01PM	Ayushman Until 6:15AM	Muruga: White	<i>Sunset:</i> 7:01PM	Vilamba 5120
Creative Work	Siddha Yoga	224932369 Rahu 6:47AM – 8:32AM	Visti Until 6:54AM	Nataraja: Purple		Moon 4 - Phase 4
			Chaturdashi* Until 5:50PM	Moon – White		2nd Phase
				Vaisaka-Chaitra		Bhuloka Day

Tuesday, May 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran
Retreat Star		Gulika 12:01PM – 1:47PM	Bharani Until 8:58AM	Ganesha: Blue	<i>Sunrise:</i> 5:01AM	Sun 14 Sutra 30
Mesha Rasi: 24.53	Tithi 30 – 1	Yama 8:31AM – 10:16AM	Sobhana Until 12:07AM Wed	Muruga: White	<i>Sunset:</i> 7:02PM	Vilamba 5120
Creative Work	Siddha Yoga	224932369 Rahu 3:32PM – 5:17PM	Kintughna Until 1:59AM Wed	Nataraja: Purple		Moon 4 - Phase 4
			Amavasya* Until 3:21PM	Moon – White		Amavasya
				Vaisaka-Vaikasi		Bhuloka Day

Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran
Retreat Star		Gulika 10:16AM – 12:01PM	Krittika Until 6:52AM	Ganesha: Red	<i>Sunrise:</i> 5:00AM	Sun 15 Sutra 31
Vrishabha Rasi: 9.22	Tithi 1 – 2	Yama 6:46AM – 8:31AM	Athiganda* Until 8:38PM	Muruga: White	<i>Sunset:</i> 7:03PM	Vilamba 5120
Creative Work	Amrita Yoga	225932369 Rahu 12:01PM – 1:47PM	Balava Until 11:03PM	Nataraja: Purple		Moon 4 - Phase 4
Until 6:52AM			Prathama* Until 12:31PM	Moon – White		Prathama
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1 Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Sun 16 Sutra 32
Vrishabha Rasi: 24.02 Tithi 2 - 3		Gulika 8:30AM - 10:16AM	Mrigashira Until 2:35AM Fri	Ganesh: Yellow <i>Sunrise:</i> 4:59AM	Vilamba 5120	
235932369		Yama 4:59AM - 6:45AM	Sukarma Until 5:04PM	Muruga: White <i>Sunset:</i> 7:04PM	Moon 4 - Phase 5	
Routine Work Marana Yoga		Rahu 1:47PM - 3:33PM	Taitila Until 8:00PM	Nataraja: Purple	3rd Phase	
Until 2:35AM Fri					Bhuloka Day	
Then Creative Work - Siddha Yoga					Devaloka Time: 9:AM to 12:PM	

2 Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau						Sun 17 Sutra 33
Mithuna Rasi: 8.45 Tithi 3 - 4		Gulika 6:44AM - 8:30AM	Ardra Until 12:16AM Sat	Ganesh: Yellow <i>Sunrise:</i> 4:59AM	Vilamba 5120	
235932369		Yama 3:33PM - 5:19PM	Dhriti Until 1:30PM	Muruga: White <i>Sunset:</i> 7:04PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 10:16AM - 12:02PM	Visti Until 3:30AM Sat	Nataraja: Purple	3rd Phase	
					Bhuloka Day	
					Devaloka Time: 9:AM to 12:PM	

3 Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau						Sun 18 Sutra 34
Mithuna Rasi: 23.23 Tithi 5		Gulika 4:58AM - 6:44AM	Punarvasu Until 10:25PM	Ganesh: White <i>Sunrise:</i> 4:58AM	Vilamba 5120	
245932369		Yama 1:47PM - 3:33PM	Shula* Until 10:02AM	Muruga: White <i>Sunset:</i> 7:05PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 8:30AM - 10:16AM	Bava Until 2:07PM	Nataraja: Purple	3rd Phase	
					Devaloka Day	
					Devaloka Time: 9:AM to 12:PM	

4 Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Pushya Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau						Sun 19 Sutra 35
Kataka Rasi: 7.53 Tithi 6		Gulika 3:34PM - 5:20PM	Pushya Until 8:43PM	Ganesh: White <i>Sunrise:</i> 4:57AM	Vilamba 5120	
245932369		Yama 12:02PM - 1:48PM	Ganda* Until 6:46AM	Muruga: White <i>Sunset:</i> 7:06PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 5:20PM - 7:06PM	Kaulava Until 11:30AM	Nataraja: Purple	3rd Phase	
					Devaloka Day	
					Devaloka Time: 9:AM to 12:PM	

5 Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau						Sun 20 Sutra 36
Kataka Rasi: 22.09 Tithi 7		Gulika 1:48PM - 3:34PM	Ashlesha* Until 7:14PM	Ganesh: White <i>Sunrise:</i> 4:57AM	Vilamba 5120	
245932369		Yama 10:15AM - 12:02PM	Dhruva Until 1:05AM Tue	Muruga: White <i>Sunset:</i> 7:07PM	Moon 4 - Phase 5	
Family Home Evening		Rahu 6:43AM - 8:29AM	Gara Until 9:13AM	Nataraja: Purple	3rd Phase	
Creative Work Siddha Yoga					Devaloka Day	
Until 7:14PM					Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

Retreat Star Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau						Sun 21 Sutra 37
Simha Rasi: 6.1 Tithi 8		Gulika 12:02PM - 1:48PM	Magha* Until 5:12PM Wed	Ganesh: Clear <i>Sunrise:</i> 4:56AM	Vilamba 5120	
235932369		Yama 8:29AM - 10:15AM	Vyaghata* Until 10:43PM	Muruga: White <i>Sunset:</i> 7:07PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 3:35PM - 5:21PM	Visti Until 7:19AM	Nataraja: Purple	Ashtami	
					Bhuloka Day	
					Devaloka Time: 9:AM to 12:PM	

Retreat Star Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
Magha*/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau						Sun 22 Sutra 38
Simha Rasi: 19.56 Tithi 9 - 10		Gulika 10:15AM - 12:02PM	Magha* Until 5:12PM	Ganesh: Clear <i>Sunrise:</i> 4:55AM	Vilamba 5120	
235932369		Yama 6:42AM - 8:29AM	Harshana Until 8:42PM	Muruga: White <i>Sunset:</i> 7:08PM	Moon 4 - Phase 5	
Creative Work Amrita Yoga		Rahu 12:02PM - 1:48PM	Taitila Until 4:43AM Thu	Nataraja: Purple	Navami	
					Bhuloka Day	
					Devaloka Time: 9:AM to 12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23		Sutra 39		
Kanya Rasi: 3.28	Tithi 10 – 11	Gulika 8:28AM – 10:15AM	Uttaraphalguni Until 5:35PM	Ganesha: Clear <i>Sunrise:</i> 4:55AM	Vilamba 5120	
		Yama 4:55AM – 6:42AM	Vajra* Until 6:58PM	Muruga: White <i>Sunset:</i> 7:09PM	Moon 4 - Phase 6	
	Amrita Yoga	255932369 Rahu 1:49PM – 3:35PM	Vanija Until 4:01AM Fri	Nataraja: Purple	4th Phase	
Until 5:35PM			Dashami Until 4:18PM	Moon – Red	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24		Sutra 40		
Kanya Rasi: 16.46	Tithi 11 – 12	Gulika 6:41AM – 8:28AM	Hasta Until 5:58PM	Ganesha: Clear <i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 3:36PM – 5:23PM	Siddhi Until 5:34PM	Muruga: White <i>Sunset:</i> 7:10PM	Moon 4 - Phase 6	
	Amrita Yoga	266932369 Rahu 10:15AM – 12:02PM	Bava Until 3:42AM Sat	Nataraja: Purple	4th Phase	
Creative Work				Moon – Green	Bhuloka Day	
Until 5:58PM			Ekadashi Until 3:48PM	Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantra Vasara Yuktayam				Tehran, Iran
Chitra Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25		Sutra 41		
Kanya Rasi: 29.52	Tithi 12 – 13	Gulika 4:54AM – 6:41AM	Chitra Until 6:35PM	Ganesha: Purple <i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 1:49PM – 3:36PM	Vyatipata* Until 4:29PM	Muruga: White <i>Sunset:</i> 7:10PM	Moon 4 - Phase 6	
	Marana Yoga	366932369 Rahu 8:28AM – 10:15AM	Kaulava Until 3:47AM Sun	Nataraja: Purple	4th Phase	
Routine Work				Moon – Green	Bhuloka Day	
Until 6:35PM			Dvadashi Until 3:41PM	Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

Pradosha Vrata

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Svati Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26		Sutra 42		
Tula Rasi: 12.46	Tithi 13 – 14	Gulika 3:37PM – 5:24PM	Svati Until 7:26PM	Ganesha: Purple <i>Sunrise:</i> 4:53AM	Vilamba 5120	
		Yama 12:02PM – 1:49PM	Variyan Until 3:41PM	Muruga: White <i>Sunset:</i> 7:11PM	Moon 4 - Phase 6	
	Siddha Yoga	366932369 Rahu 5:24PM – 7:11PM	Gara Until 4:16AM Mon	Nataraja: Purple	4th Phase	
Creative Work				Moon – Green	Bhuloka Day	
Until 7:26PM			Trayodashi Until 3:57PM	Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

5 Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 43		
Tula Rasi: 25.29	Tithi 14 – 15	Gulika 1:50PM – 3:37PM	Vishakha Until 9:00PM	Ganesha: Clear <i>Sunrise:</i> 4:53AM	Vilamba 5120	
Family Home Evening		Yama 10:15AM – 12:02PM	Parigha* Until 3:14PM	Muruga: White <i>Sunset:</i> 7:12PM	Moon 4 - Phase 6	
	Marana Yoga	376932369 Rahu 6:40AM – 8:28AM	Visti Until 5:11AM Tue	Nataraja: Purple	4th Phase	
Routine Work				Moon – Orange	Bhuloka Day	
Until 9:00PM			Chaturdashi* Until 4:39PM	Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga		Vaikasi Visakam				

○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Copper Retreat Star		Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 27		Sutra 44
Vrischika Rasi: 7.59	Tithi 15 – 16	Gulika 12:02PM – 1:50PM	Anuradha Until 10:52PM	Ganesha: Clear <i>Sunrise:</i> 4:52AM	Vilamba 5120	
		Yama 8:27AM – 10:15AM	Shiva Until 3:09PM	Muruga: White <i>Sunset:</i> 7:12PM	Moon 4 - Phase 6	
	Siddha Yoga	376932369 Rahu 3:37PM – 5:25PM	Balava Until 6:33AM Wed	Nataraja: Purple	Purnima	
Creative Work				Moon – Orange	Bhuloka Day	
Until 10:52PM			Purnima* Until 5:47PM	Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
Silver Retreat Star		Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 27		Sutra 45
Vrischika Rasi: 20.18	Tithi 16	Gulika 10:15AM – 12:03PM	Jyeshtha* Until 12:59AM Thu	Ganesha: Clear <i>Sunrise:</i> 4:52AM	Vilamba 5120	
		Yama 6:40AM – 8:27AM	Siddha Until 3:23PM	Muruga: White <i>Sunset:</i> 7:13PM	Moon 4 - Phase 6	
	Siddha Yoga	376932369 Rahu 12:03PM – 1:50PM	Balava Until 6:33AM	Nataraja: Purple	Prathama	
Creative Work				Moon – Orange	Bhuloka Day	
			Prathama* Until 7:22PM	Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 2.26 Tithi 17

Gulika 8:27AM - 10:15AM
Yama 4:52AM - 6:39AM
Rahu 1:50PM - 3:38PM

Mula* Until 3:49AM Fri
Sadhya Until 3:57PM
Taitila Until 8:21AM
Dvitiya Until 9:23PM

Ganesha: White Sunrise: 4:52AM
Muruga: White Sunset: 7:14PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga
Until 3:49AM Fri
Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 14.25 Tithi 18

Gulika 6:39AM - 8:27AM
Yama 3:39PM - 5:26PM
Rahu 10:15AM - 12:03PM

Purvashadha* Until 6:47AM Sat
Subha Until 4:48PM
Vanija Until 10:32AM
Tritiya Until 11:43PM

Ganesha: Yellow Sunrise: 4:51AM
Muruga: White Sunset: 7:14PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga
Until 6:47AM Sat
Then Routine Work - Marana Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthiyam Titau

Tehran, Iran

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 26.16 Tithi 19

Gulika 4:51AM - 6:39AM
Yama 1:51PM - 3:39PM
Rahu 8:27AM - 10:15AM

Purvashadha* Until 6:47AM
Sukla Until 5:50PM
Bava Until 1:00PM
Chaturthi* Until 2:17AM Sun

Ganesha: Yellow Sunrise: 4:51AM
Muruga: White Sunset: 7:15PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 6:47AM
Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 8.04 Tithi 20

Gulika 3:39PM - 5:27PM
Yama 12:03PM - 1:51PM
Rahu 5:27PM - 7:16PM

Uttarashadha Until 9:45AM
Brahma Until 6:57PM
Kaulava Until 3:36PM
Panchami Until 4:52AM Mon

Ganesha: Yellow Sunrise: 4:51AM
Muruga: White Sunset: 7:16PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Indra Yoga Gara Karana Shashthyam Titau

Tehran, Iran

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 19.51 Tithi 21

Gulika 1:51PM - 3:40PM
Yama 10:15AM - 12:03PM
Rahu 6:39AM - 8:27AM

Shravana Until 1:02PM
Indra Until 8:00PM
Gara Until 6:07PM
Shashthi* Until 7:16AM Tue

Ganesha: Blue Sunrise: 4:50AM
Muruga: White Sunset: 7:16PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 1:02PM
Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 1.43 Tithi 21 - 22

Gulika 12:03PM - 1:52PM
Yama 8:27AM - 10:15AM
Rahu 3:40PM - 5:28PM

Dhanishtha Until 3:55PM
Vaidhriti* Until 8:47PM
Visti Until 8:21PM
Shashthi* Until 7:16AM

Ganesha: Purple Sunrise: 4:50AM
Muruga: White Sunset: 7:17PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 3:55PM
Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 13.44 Tithi 22 - 23

Gulika 10:15AM - 12:04PM
Yama 6:38AM - 8:27AM
Rahu 12:04PM - 1:52PM

Shatabhishak Until 6:09PM
Vishkambha* Until 9:11PM
Balava Until 10:03PM
Saptami Until 9:15AM

Ganesha: Purple Sunrise: 4:50AM
Muruga: White Sunset: 7:17PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 6:09PM
Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Kumbha Rasi: 25.59 Tithi 23 - 24

Gulika 8:27AM - 10:15AM
Yama 4:50AM - 6:38AM
Rahu 1:52PM - 3:41PM

Purvaproshtapada* Until 8:03PM
Priti Until 9:03PM
Taitila Until 11:03PM
Ashtami* Until 10:38AM

Ganesha: Blue Sunrise: 4:50AM
Muruga: White Sunset: 7:18PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Meena Rasi: 8.35 Tihi 24 – 25		Uttaraproshtpada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54
Creative Work Siddha Yoga	318132361	Gulika 6:38AM – 8:27AM	Uttaraproshtpada Until 9:01PM	Ganesha: Red <i>Sunrise:</i> 4:50AM	Vilamba 5120	
		Yama 3:41PM – 5:30PM	Ayushman Until 8:15PM	Muruga: White <i>Sunset:</i> 7:18PM	Moon 5 - Phase 8	
		Rahu 10:15AM – 12:04PM	Vanija Until 11:14PM	Nataraja: White	2nd Phase	
			Navami* Until 11:14AM	Moon – Clear	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran
Meena Rasi: 21.34 Tihi 25 – 26		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55
Routine Work Prabalarishta Yoga	318132361	Gulika 4:50AM – 6:38AM	Revati Until 8:59PM	Ganesha: Red <i>Sunrise:</i> 4:50AM	Vilamba 5120	
		Yama 1:53PM – 3:41PM	Saubhagya Until 6:48PM	Muruga: White <i>Sunset:</i> 7:19PM	Moon 5 - Phase 8	
Until 8:59PM		Rahu 8:27AM – 10:15AM	Bava Until 10:34PM	Nataraja: White	2nd Phase	
Then Creative Work - Siddha Yoga			Dashami Until 10:59AM	Moon – Clear	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Mesha Rasi: 5 Tihi 26 – 27		Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56
Creative Work Siddha Yoga	328132361	Gulika 3:42PM – 5:31PM	Ashvini Until 8:28PM	Ganesha: Green <i>Sunrise:</i> 4:49AM	Vilamba 5120	
		Yama 12:04PM – 1:53PM	Sobhana Until 4:43PM	Muruga: White <i>Sunset:</i> 7:19PM	Moon 5 - Phase 8	
Until 8:28PM		Rahu 5:31PM – 7:19PM	Kaulava Until 9:06PM	Nataraja: White	2nd Phase	
Then Routine Work - Prabalarishta Yoga			Ekadashi* Until 9:55AM	Moon – White	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
Mesha Rasi: 18.54 Tihi 27 – 28		Bharani Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57
Family Home Evening	328132361	Gulika 1:53PM – 3:42PM	Bharani Until 7:05PM	Ganesha: Green <i>Sunrise:</i> 4:49AM	Vilamba 5120	
		Yama 10:16AM – 12:05PM	Athiganda* Until 2:00PM	Muruga: White <i>Sunset:</i> 7:20PM	Moon 5 - Phase 8	
Creative Work Siddha Yoga		Rahu 6:38AM – 8:27AM	Gara Until 6:55PM	Nataraja: White	2nd Phase	
Until 7:05PM			Dvadashi* Until 8:04AM	Moon – White	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi		
				<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Vrishabha Rasi: 3.13 Tihi 29		Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 58
Creative Work Siddha Yoga	328132361	Gulika 12:05PM – 1:54PM	Krittika Until 4:59PM	Ganesha: Green <i>Sunrise:</i> 4:49AM	Vilamba 5120	
		Yama 8:27AM – 10:16AM	Sukarma Until 10:48AM	Muruga: White <i>Sunset:</i> 7:20PM	Moon 5 - Phase 8	
Until 4:59PM		Rahu 3:42PM – 5:31PM	Visti Until 4:10PM	Nataraja: White	2nd Phase	
Then Creative Work - Amrita Yoga			Chaturdashi* Until 2:36AM Wed	Moon – White	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
Retreat Star		Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59
Vrishabha Rasi: 17.54 Tihi 30	338132361	Gulika 10:16AM – 12:05PM	Rohini Until 2:45PM	Ganesha: White <i>Sunrise:</i> 4:49AM	Vilamba 5120	
		Yama 6:38AM – 8:27AM	Dhriti Until 7:13AM	Muruga: White <i>Sunset:</i> 7:21PM	Moon 5 - Phase 8	
Creative Work Siddha Yoga		Rahu 12:05PM – 1:54PM	Catuspada Until 1:00PM	Nataraja: White	Amavasya	
			Amavasya* Until 11:17PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam				Tehran, Iran
Retreat Star		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60
Mithuna Rasi: 2.5 Tihi 1	339132361	Gulika 8:27AM – 10:16AM	Mrigashira Until 12:07PM	Ganesha: Clear <i>Sunrise:</i> 4:49AM	Vilamba 5120	
		Yama 4:49AM – 6:38AM	Ganda* Until 11:23PM	Muruga: White <i>Sunset:</i> 7:21PM	Moon 5 - Phase 8	
Routine Work Marana Yoga		Rahu 1:54PM – 3:43PM	Kintughna Until 9:33AM	Nataraja: White	Prathama	
			Prathama* Until 7:46PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM	

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Tehran, Iran Sun 16 Sutra 61	
Mithuna Rasi: 17.52	Tithi 2 - 3	Gulika 6:38AM - 8:27AM	Ardra Until 9:16AM	Ganesh: Clear	<i>Sunrise:</i> 4:49AM	Vilamba 5120	
		Yama 3:43PM - 5:32PM	Vridhhi Until 7:26PM	Muruga: White	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	339132361 Rahu 10:16AM - 12:05PM	Balava Until 6:01AM	Nataraja: White		3rd Phase	
			Dvitiya Until 4:14PM	Moon - Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	

2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Tehran, Iran Sun 17 Sutra 62	
Kataka Rasi: 2.5	Tithi 3 - 4	Gulika 4:49AM - 6:38AM	Punarvasu Until 6:46AM	Ganesh: Orange	<i>Sunrise:</i> 4:49AM	Vilamba 5120	
		Yama 1:55PM - 3:44PM	Dhruva Until 3:35PM	Muruga: White	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 8:27AM - 10:17AM	Vanija Until 11:14PM	Nataraja: White		3rd Phase	
			Tritiya Until 12:50PM	Moon - Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	

3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Tehran, Iran Sun 18 Sutra 63	
Kataka Rasi: 17.4	Tithi 4 - 5	Gulika 3:44PM - 5:33PM	Ashlesha* Until 2:10AM Mon	Ganesh: Orange	<i>Sunrise:</i> 4:49AM	Vilamba 5120	
		Yama 12:06PM - 1:55PM	Vyaghata* Until 11:58AM	Muruga: White	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 5:33PM - 7:22PM	Bava Until 8:16PM	Nataraja: White		3rd Phase	
Until 2:10AM Mon			Chaturthi* Until 9:41AM	Moon - Blue		Bhuloka Day	
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	

4		Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Tehran, Iran Sun 19 Sutra 64	
Simha Rasi: 2.12	Tithi 5 - 6	Gulika 1:55PM - 3:44PM	Magha* Until 12:44AM Tue	Ganesh: Green	<i>Sunrise:</i> 4:50AM	Vilamba 5120	
Family Home Evening		Yama 10:17AM - 12:06PM	Harshana Until 8:43AM	Muruga: White	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 Rahu 6:39AM - 8:28AM	Taitila Until 4:39AM Tue	Nataraja: White		3rd Phase	
Until 12:44AM Tue			Panchami Until 6:56AM	Moon - Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Tehran, Iran Sun 20 Sutra 65	
Simha Rasi: 16.25	Tithi 7	Gulika 12:06PM - 1:55PM	Purvaphalguni Until 11:42PM	Ganesh: Green	<i>Sunrise:</i> 4:50AM	Vilamba 5120	
		Yama 8:28AM - 10:17AM	Siddhi Until 3:25AM Wed	Muruga: White	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 Rahu 3:44PM - 5:34PM	Gara Until 3:45PM	Nataraja: White		3rd Phase	
Until 11:42PM			Saptami Until 2:57AM Wed	Moon - Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani			

Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Tehran, Iran Sun 21 Sutra 66	
Kanya Rasi: 0.15	Tithi 8	Gulika 10:17AM - 12:06PM	Uttaraphalguni Until 11:06PM	Ganesh: Green	<i>Sunrise:</i> 4:50AM	Vilamba 5120	
		Yama 6:39AM - 8:28AM	Vyatipata* Until 1:31AM Thu	Muruga: White	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	359132361 Rahu 12:06PM - 1:56PM	Visti Until 2:19PM	Nataraja: White		Ashtami	
Until 11:06PM			Ashtami* Until 1:49AM Thu	Moon - Red		Devaloka Day	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Jyeshtha-Ani			

Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Tehran, Iran Sun 22 Sutra 67	
Kanya Rasi: 13.45	Tithi 9	Gulika 8:28AM - 10:17AM	Hasta Until 11:24PM	Ganesh: Red	<i>Sunrise:</i> 4:50AM	Vilamba 5120	
		Yama 4:50AM - 6:39AM	Variyan Until 12:03AM Fri	Muruga: White	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	369132361 Rahu 1:56PM - 3:45PM	Balava Until 1:30PM	Nataraja: White		Navami	
Until 11:24PM			Navami* Until 1:17AM Fri	Moon - Green		Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam Titau				Tehran, Iran
	Kanya Rasi: 26.55	Tithi 10	Gulika	6:39AM – 8:29AM	Chitra Until 12:05AM Sat	Ganesh: Green	Sun 23 Sutra 68
			Yama	3:45PM – 5:34PM	Parigha* Until 11:02PM	Sunrise: 4:50AM	Vilamba 5120
	Creative Work	Siddha Yoga	361132361 Rahu	10:18AM – 12:07PM	Tailila Until 1:15PM	Sunset: 7:23PM	Moon 5 - Phase 10 4th Phase
				Dashami Until 1:19AM Sat	Moon – Green	Bhuloka Day	
					Jyeshtha-Ani		

2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran
	Tula Rasi: 9.48	Tithi 11	Gulika	4:51AM – 6:40AM	Svati Until 1:08AM Sun	Ganesh: Green	Sun 24 Sutra 69
			Yama	1:56PM – 3:45PM	Shiva Until 10:28PM	Sunrise: 4:51AM	Vilamba 5120
	Creative Work	Siddha Yoga	361132361 Rahu	8:29AM – 10:18AM	Vanija Until 1:33PM	Sunset: 7:24PM	Moon 5 - Phase 10 4th Phase
				Ekadashi Until 1:51AM Sun	Moon – Green	Bhuloka Day	
					Jyeshtha-Ani		
						Devaloka Time: 6:AM to 9:AM	

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Tehran, Iran
	Tula Rasi: 22.27	Tithi 12	Gulika	3:45PM – 5:35PM	Vishakha Until 2:58AM Mon	Ganesh: Red	Sun 25 Sutra 70
			Yama	12:07PM – 1:56PM	Siddha Until 10:15PM	Sunrise: 4:51AM	Vilamba 5120
	Routine Work	Marana Yoga	371132361 Rahu	5:35PM – 7:24PM	Bava Until 2:20PM	Sunset: 7:24PM	Moon 5 - Phase 10 4th Phase
				Dvadashi Until 2:53AM Mon	Moon – Orange	Bhuloka Day	
					Jyeshtha-Ani		
						Devaloka Time: 6:AM to 9:AM	

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Tailila Karana Trayodashyam Titau				Tehran, Iran
	Vrischika Rasi: 4.53	Tithi 13	Gulika	1:57PM – 3:46PM	Anuradha Until 5:03AM Tue	Ganesh: Red	Sun 26 Sutra 71
	Family Home Evening		Yama	10:18AM – 12:07PM	Sadhya Until 10:22PM	Sunrise: 4:51AM	Vilamba 5120
	Creative Work	Siddha Yoga	371142361 Rahu	6:40AM – 8:29AM	Kaulava Until 3:35PM	Sunset: 7:24PM	Moon 5 - Phase 10 4th Phase
				Trayodashi Until 4:20AM Tue	Moon – Orange	Devaloka Day	
					Jyeshtha-Ani		
					<i>Pradosha Vrata</i>		

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran
	Vrischika Rasi: 17.08	Tithi 14	Gulika	12:08PM – 1:57PM	Jyeshtha* Until 7:21AM Wed	Ganesh: Red	Sun 27 Sutra 72
			Yama	8:30AM – 10:19AM	Subha Until 10:50PM	Sunrise: 4:51AM	Vilamba 5120
	Routine Work	Marana Yoga	371142361 Rahu	3:46PM – 5:35PM	Gara Until 5:14PM	Sunset: 7:24PM	Moon 5 - Phase 10 4th Phase
				Chaturdashi* Until 6:10AM Wed	Moon – Orange	Devaloka Day	
					Jyeshtha-Ani		

○	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran
	Copper Retreat Star		Gulika	10:19AM – 12:08PM	Jyeshtha* Until 7:21AM	Ganesh: Red	Sun 27 Sutra 73
	Vrischika Rasi: 29.14	Tithi 14 – 15	Yama	6:41AM – 8:30AM	Sukla Until 11:31PM	Sunrise: 4:52AM	Vilamba 5120
	Creative Work	Siddha Yoga	371142361 Rahu	12:08PM – 1:57PM	Visti Until 7:15PM	Sunset: 7:24PM	Moon 5 - Phase 10 Purnima
				Chaturdashi* Until 10:50PM	Moon – Orange	Devaloka Day	
					Jyeshtha-Ani		

○	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran
	Silver Retreat Star		Gulika	8:30AM – 10:19AM	Mula* Until 10:18AM	Ganesh: Blue	Sun 28 Sutra 74
	Dhanus Rasi: 11.11	Tithi 15 – 16	Yama	4:52AM – 6:41AM	Brahma Until 12:27AM Fri	Sunrise: 4:52AM	Vilamba 5120
	Creative Work	Siddha Yoga	381142361 Rahu	1:57PM – 3:46PM	Balava Until 9:33PM	Sunset: 7:24PM	Moon 5 - Phase 10 Prathama
				Purnima* Until 8:21AM	Moon – Light Blue	Bhuloka Day	
					Jyeshtha-Ani		
						Devaloka Time: 12:PM to 3:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 23.04 Tihti 16 – 17

Gulika 6:41AM – 8:30AM

Yama 3:46PM – 5:35PM

3811242361 Rahu 10:19AM – 12:08PM

Purvashadha* Until 1:19PM

Indra Until 1:32AM Sat

Taitila Until 12:04AM Sat

Prathama* Until 10:46AM

Ganesh: Blue

Sunrise: 4:52AM

Muruga: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 1:19PM

Then Routine Work - Marana Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 4.52 Tihti 17 – 18

Gulika 4:53AM – 6:42AM

Yama 1:57PM – 3:46PM

381242361 Rahu 8:31AM – 10:20AM

Uttarashadha Until 4:17PM

Vaidhriti* Until 2:39AM Sun

Vanija Until 2:40AM Sun

Dvitiya Until 1:21PM

Ganesh: Blue

Sunrise: 4:53AM

Muruga: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 4:17PM

Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Tehran, Iran

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 16.38 Tihti 18 – 19

Gulika 3:46PM – 5:35PM

Yama 12:09PM – 1:57PM

391242361 Rahu 5:35PM – 7:24PM

Shravana Until 7:36PM

Vishkambha* Until 7:36PM

Bava Until 4:73AM Mon

Tritiya Until 3:56PM

Ganesh: Red

Sunrise: 4:53AM

Muruga: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 7:36PM

Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava Karana Chaturthiyam Titau

Tehran, Iran

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 28.27 Tihti 19

Gulika 1:58PM – 3:46PM

Yama 10:20AM – 12:09PM

391242361 Rahu 6:42AM – 8:31AM

Dhanishtha Until 10:35PM

Priti Until 4:40AM Tue

Balava Until 6:23PM

Chaturthi* Until 6:23PM

Ganesh: Red

Sunrise: 4:54AM

Muruga: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 10.2 Tihti 20

Gulika 12:09PM – 1:58PM

Yama 8:32AM – 10:20AM

392242361 Rahu 3:46PM – 5:35PM

Shatabhishak Until 1:04AM Wed

Ayushman Until 5:16AM Wed

Kaulava Until 7:31AM

Panchami Until 8:30PM

Ganesh: Yellow

Sunrise: 4:54AM

Muruga: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 1:04AM Wed

Then Creative Work - Amrita Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 22.24 Tihti 21

Gulika 10:21AM – 12:09PM

Yama 6:43AM – 8:32AM

312242361 Rahu 12:09PM – 1:58PM

Purvaproshtapada* Until 3:23AM Thu

Saubhagya Until 5:28AM Thu

Gara Until 9:25AM

Shashthi* Until 10:08PM

Ganesh: Orange

Sunrise: 4:55AM

Muruga: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 3:23AM Thu

Then Creative Work - Siddha Yoga

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 4.4 Tihti 22

Gulika 8:32AM – 10:21AM

Yama 4:55AM – 6:44AM

312242361 Rahu 1:58PM – 3:46PM

Uttaraproshtapada Until 4:53AM Fri

Sobhana Until 5:09AM Fri

Visti Until 10:45AM

Saptami Until 11:08PM

Ganesh: Orange

Sunrise: 4:55AM

Muruga: Clear

Sunset: 7:24PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

D

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 17.14 Tihti 23

Gulika 6:44AM – 8:33AM

Yama 3:46PM – 5:35PM

312242361 Rahu 10:21AM – 12:10PM

Revati Until 5:29AM Sat

Athiganda* Until 4:13AM Sat

Balava Until 11:23AM

Ashtami* Until 11:24PM

Ganesh: Orange

Sunrise: 4:56AM

Muruga: Clear

Sunset: 7:23PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Mesha Rasi: 0.11 Tihti 24

Gulika 4:56AM – 6:45AM

Yama 1:58PM – 3:46PM

422242361 Rahu 8:33AM – 10:21AM

Ashvini Until 5:37AM Sun

Sukarma Until 2:39AM Sun

Taitila Until 11:14AM

Navami* Until 10:51PM

Ganesh: Orange

Sunrise: 4:56AM

Muruga: Clear

Sunset: 7:23PM

Nataraja: White

Moon – White

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 5:37AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

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1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Tehran, Iran
Mesha Rasi: 13.32 Tihti 25		Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau			Sun 9 Sutra 84
422242361		Gulika 3:46PM – 5:35PM	Bharani Until 4:48AM Mon	Ganesh: Orange <i>Sunrise:</i> 4:57AM	Vilamba 5120
Routine Work Prabalarishta Yoga		Yama 12:10PM – 1:58PM	Dhriti Until 12:28AM Mon	Muruga: Clear <i>Sunset:</i> 7:23PM	Moon 6 - Phase 12
Until 4:48AM Mon		Rahu 5:35PM – 7:23PM	Vanija Until 10:18AM	Nataraja: White	2nd Phase
Then Routine Work - Marana Yoga			Dashami Until 9:31PM	Moon – White	Devaloka Day
				Jyeshtha•Ani	

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam			Tehran, Iran
Mesha Rasi: 27.21 Tihti 26		Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau			Sun 10 Sutra 85
422242361		Gulika 1:58PM – 3:46PM	Krittika Until 3:10AM Tue	Ganesh: Orange <i>Sunrise:</i> 4:57AM	Vilamba 5120
Routine Work Marana Yoga		Yama 10:22AM – 12:10PM	Shula* Until 9:40PM	Muruga: Clear <i>Sunset:</i> 7:23PM	Moon 6 - Phase 12
Until 3:10AM Tue		Rahu 6:45AM – 8:34AM	Bava Until 8:35AM	Nataraja: White	2nd Phase
Then Creative Work - Amrita Yoga			Ekadashi* Until 7:27PM	Moon – White	Devaloka Day
				Jyeshtha•Ani	

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam			Tehran, Iran
Vrisabha Rasi: 11.37 Tihti 27 – 28		Rohini Nakshatra Ganda* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau			Sun 11 Sutra 86
422242361		Gulika 12:10PM – 1:58PM	Rohini Until 1:14AM Wed	Ganesh: Light Blue <i>Sunrise:</i> 4:58AM	Vilamba 5120
Creative Work Amrita Yoga		Yama 8:34AM – 10:22AM	Ganda* Until 6:22PM	Muruga: Clear <i>Sunset:</i> 7:22PM	Moon 6 - Phase 12
Until 1:14AM Wed		Rahu 3:46PM – 5:34PM	Kaulava Until 6:11AM	Nataraja: White	2nd Phase
Then Creative Work - Siddha Yoga			Dvadashi* Until 4:45PM	Moon – Yellow	Bhuloka Day
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM
			<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Tehran, Iran
Vrisabha Rasi: 26.16 Tihti 28 – 29		Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Sun 12 Sutra 87
422242361		Gulika 10:22AM – 12:10PM	Mrigashira Until 10:42PM	Ganesh: Light Blue <i>Sunrise:</i> 4:58AM	Vilamba 5120
Creative Work Siddha Yoga		Yama 6:46AM – 8:34AM	Vriddhi Until 2:41PM	Muruga: Clear <i>Sunset:</i> 7:22PM	Moon 6 - Phase 12
		Rahu 12:10PM – 1:58PM	Visti Until 11:52PM	Nataraja: White	2nd Phase
			Trayodashi* Until 1:34PM	Moon – Yellow	Bhuloka Day
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Tehran, Iran
Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 13 Sutra 88
Mithuna Rasi: 11.13 Tihti 29 – 30		422242361			Vilamba 5120
Routine Work Marana Yoga		Gulika 8:35AM – 10:23AM	Ardra Until 7:47PM	Ganesh: Light Blue <i>Sunrise:</i> 4:59AM	Moon 6 - Phase 12
Until 7:47PM		Yama 4:59AM – 6:47AM	Dhruva Until 10:42AM	Muruga: Clear <i>Sunset:</i> 7:22PM	Amavasya
Then Creative Work - Amrita Yoga		Rahu 1:58PM – 3:46PM	Catuspada Until 8:13PM	Nataraja: White	
			Chaturdashi* Until 2:41PM	Moon – Yellow	Bhuloka Day
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam			Tehran, Iran
Retreat Star		Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau			Sun 14 Sutra 89
Mithuna Rasi: 26.22 Tihti 30 – 1		422242361			Vilamba 5120
Creative Work Siddha Yoga		Gulika 6:47AM – 8:35AM	Punarvasu Until 5:00PM	Ganesh: Purple <i>Sunrise:</i> 5:00AM	Moon 6 - Phase 12
Until 5:00PM		Yama 3:46PM – 5:34PM	Vyaghata* Until 6:34AM	Muruga: Clear <i>Sunset:</i> 7:21PM	Prathama
Then Routine Work - Marana Yoga		Rahu 10:23AM – 12:10PM	Bava Until 2:35AM Sat	Nataraja: White	
		Partial Solar Eclipse	Amavasya* Until 6:20AM	Moon – Blue	Bhuloka Day
				Ashada•Ani	Devaloka Time: 12:PM to 3:PM

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Tehran, Iran Sun 15 Sutra 90
Kataka Rasi: 11.32	Tithi 2	Gulika 5:00AM – 6:48AM	Pushya Until 2:08PM	Ganesh: Purple	<i>Sunrise:</i> 5:00AM	Vilamba 5120	
		Yama 1:58PM – 3:46PM	Vajra* Until 10:21PM	Muruga: Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13	
		442242361 Rahu 8:35AM – 10:23AM	Balava Until 12:46PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 10:58PM	Moon – Blue			
Until 2:08PM				Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau	Tehran, Iran Sun 16 Sutra 91
Kataka Rasi: 26.35	Tithi 3	Gulika 3:46PM – 5:33PM	Ashlesha* Until 11:21AM	Ganesh: Purple	<i>Sunrise:</i> 5:01AM	Vilamba 5120	
		Yama 12:11PM – 1:58PM	Siddhi Until 6:32PM	Muruga: Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13	
		442242361 Rahu 5:33PM – 7:21PM	Tailila Until 9:16AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 7:37PM	Moon – Blue			
Until 11:21AM				Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau	Tehran, Iran Sun 17 Sutra 92
Simha Rasi: 11.22	Tithi 4 – 5	Gulika 1:58PM – 3:45PM	Magha* Until 9:13AM	Ganesh: Purple	<i>Sunrise:</i> 5:02AM	Vilamba 5120	
Family Home Evening		Yama 10:23AM – 12:11PM	Vyatipata* Until 3:04PM	Muruga: Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 13	
		453242361 Rahu 6:49AM – 8:36AM	Vanija Until 6:07AM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 4:42PM	Moon – Red			
Until 9:13AM				Ashada*Adi	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Tehran, Iran Sun 18 Sutra 93
Simha Rasi: 25.48	Tithi 5 – 6	Gulika 12:11PM – 1:58PM	Purvaphalguni Until 7:26AM	Ganesh: Purple	<i>Sunrise:</i> 5:02AM	Vilamba 5120	
		Yama 8:37AM – 10:24AM	Variyan Until 12:01PM	Muruga: Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 13	
		453242362 Rahu 3:45PM – 5:32PM	Kaulava Until 1:23AM Wed	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 2:19PM	Moon – Red			
Until 7:26AM				Ashada*Adi	Devaloka Day		
Then Creative Work - Amrita Yoga							

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Tehran, Iran Sun 19 Sutra 94
Kanya Rasi: 9.49	Tithi 6 – 7	Gulika 10:24AM – 12:11PM	Uttaraphalguni Until 6:09AM	Ganesh: Purple	<i>Sunrise:</i> 5:03AM	Vilamba 5120	
		Yama 6:50AM – 8:37AM	Parigha* Until 9:31AM	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13	
		453242362 Rahu 12:11PM – 1:58PM	Gara Until 12:01AM Thu	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 12:36PM	Moon – Red			
Until 6:09AM				Ashada*Adi	Devaloka Day		
Then Routine Work - Marana Yoga							

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau	Tehran, Iran Sun 20 Sutra 95
Kanya Rasi: 23.25	Tithi 7 – 8	Gulika 8:37AM – 10:24AM	Chitra Until 6:07AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:04AM	Vilamba 5120	
		Yama 5:04AM – 6:50AM	Shiva Until 7:36AM	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13	
		463242362 Rahu 1:58PM – 3:45PM	Visti Until 11:22PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 11:35AM	Moon – Green			
				Ashada*Adi	Sivaloka Day		

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Tehran, Iran Sun 21 Sutra 96
Tula Rasi: 6.35	Tithi 8 – 9	Gulika 6:51AM – 8:38AM	Chitra Until 6:07AM	Ganesh: Clear	<i>Sunrise:</i> 5:04AM	Vilamba 5120	
		Yama 3:45PM – 5:31PM	Siddha Until 6:15AM	Muruga: Clear	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 13	
		463242362 Rahu 10:24AM – 12:11PM	Balava Until 11:27PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 11:18AM	Moon – Green			
				Ashada*Adi	Sivaloka Day		

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Tehran, Iran
Tula Rasi: 19.25	Tithi 9 – 10	Gulika	5:05AM – 6:51AM	Svati Until 6:56AM	Ganesh: Clear	<i>Sunrise:</i> 5:05AM	Sun 22	Sutra 97
		Yama	1:58PM – 3:44PM	Subha Until 5:14AM Sun	Muruga: Clear	<i>Sunset:</i> 7:17PM		Vilamba 5120
Creative Work	Siddha Yoga	463242362 Rahu	8:38AM – 10:25AM	Taitila Until 12:12AM Sun	Nataraja: Clear		Moon 6 - Phase 14	4th Phase
				Navami* Until 11:43AM	Moon – Green			Sivaloka Day
					Ashada*Adi			


2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Tehran, Iran
Vrischika Rasi: 1.56	Tithi 10 – 11	Gulika	3:44PM – 5:30PM	Vishakha Until 8:42AM	Ganesh: White	<i>Sunrise:</i> 5:06AM	Sun 23	Sutra 98
		Yama	12:11PM – 1:58PM	Sukla Until 5:24AM Mon	Muruga: Clear	<i>Sunset:</i> 7:17PM		Vilamba 5120
Routine Work	Marana Yoga	473242362 Rahu	5:30PM – 7:17PM	Vanija Until 1:32AM Mon	Nataraja: Clear		Moon 6 - Phase 14	4th Phase
				Dashami Until 12:47PM	Moon – Orange			Devaloka Day
					Ashada*Adi			


3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Tehran, Iran
Vrischika Rasi: 14.12	Tithi 11 – 12	Gulika	1:57PM – 3:44PM	Anuradha Until 10:50AM	Ganesh: White	<i>Sunrise:</i> 5:06AM	Sun 24	Sutra 99
Family Home Evening		Yama	10:25AM – 12:11PM	Brahma Until 5:56AM Tue	Muruga: Clear	<i>Sunset:</i> 7:16PM		Vilamba 5120
Creative Work	Siddha Yoga	473242362 Rahu	6:53AM – 8:39AM	Bava Until 3:22AM Tue	Nataraja: Clear		Moon 6 - Phase 14	4th Phase
				Ekadashi Until 2:22PM	Moon – Orange			Devaloka Day
					Ashada*Adi			

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Tehran, Iran
Vrischika Rasi: 26.17	Tithi 12 – 13	Gulika	12:11PM – 1:57PM	Jyeshtha* Until 1:15PM	Ganesh: White	<i>Sunrise:</i> 5:07AM	Sun 25	Sutra 100
		Yama	8:39AM – 10:25AM	Indra Until 6:46AM Wed	Muruga: Clear	<i>Sunset:</i> 7:15PM		Vilamba 5120
Routine Work	Marana Yoga	473242362 Rahu	3:43PM – 5:29PM	Kaulava Until 5:33AM Wed	Nataraja: Clear		Moon 6 - Phase 14	4th Phase
Until 1:15PM				Dvodashi Until 4:24PM	Moon – Orange			Devaloka Day
Then Creative Work - Amrita Yoga					Ashada*Adi			
					<i>Pradosha Vrata</i>			

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila Karana Trayodashyam Titau		Tehran, Iran
Dhanus Rasi: 8.14	Tithi 13	Gulika	10:25AM – 12:11PM	Mula* Until 4:18PM	Ganesh: Red	<i>Sunrise:</i> 5:08AM	Sun 26	Sutra 101
		Yama	6:54AM – 8:40AM	Indra Until 6:46AM	Muruga: Clear	<i>Sunset:</i> 7:15PM		Vilamba 5120
Routine Work	Marana Yoga	483342362 Rahu	12:11PM – 1:57PM	Taitila Until 6:44PM	Nataraja: Clear		Moon 6 - Phase 14	4th Phase
Until 4:18PM				Trayodashi Until 6:44PM	Moon – Light Blue			Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada*Adi			

6		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Tehran, Iran
Dhanus Rasi: 20.04	Tithi 14	Gulika	8:40AM – 10:26AM	Purvashadha* Until 7:23PM	Ganesh: Red	<i>Sunrise:</i> 5:09AM	Sun 27	Sutra 102
		Yama	5:09AM – 6:54AM	Vaidhriti* Until 7:45AM	Muruga: Clear	<i>Sunset:</i> 7:14PM		Vilamba 5120
Creative Work	Siddha Yoga	483342362 Rahu	1:57PM – 3:43PM	Gara Until 8:00AM	Nataraja: Clear		Moon 6 - Phase 14	4th Phase
Until 7:23PM				Chaturdashi* Until 9:16PM	Moon – Light Blue			Sivaloka Day
Then Routine Work - Marana Yoga					Ashada*Adi			

		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Tehran, Iran
Copper Retreat Star		Gulika	6:55AM – 8:40AM	Uttarashadha Until 10:22PM	Ganesh: Red	<i>Sunrise:</i> 5:09AM	Sun 28	Sutra 103
Makara Rasi: 1.52	Tithi 15	Yama	3:42PM – 5:28PM	Vishkambha* Until 8:51AM	Muruga: Clear	<i>Sunset:</i> 7:13PM		Vilamba 5120
Routine Work	Marana Yoga	483342362 Rahu	10:26AM – 12:11PM	Visti Until 12:69AM Sat	Nataraja: Clear		Moon 6 - Phase 14	Purnima
				Purnima* Until 7:45AM	Moon – Light Blue			Sivaloka Day
					Ashada*Adi			
					Total Lunar Eclipse			
					Satguru Purnima			

		Saturday, July 28, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava Karana Prathamayam Titau		Tehran, Iran
Silver Retreat Star		Gulika	5:10AM – 6:55AM	Shravana Until 1:38AM Sun	Ganesh: Blue	<i>Sunrise:</i> 5:10AM	Sun 29	Sutra 104
Makara Rasi: 13.4	Tithi 16	Yama	1:57PM – 3:42PM	Priti Until 9:59AM	Muruga: Clear	<i>Sunset:</i> 7:12PM		Vilamba 5120
Creative Work	Siddha Yoga	493342362 Rahu	8:41AM – 10:26AM	Balava Until 1:09PM	Nataraja: Clear		Moon 6 - Phase 14	Prathama
Until 1:38AM Sun				Prathama* Until 2:23AM Sun	Moon – Purple			Devaloka Day
Then Routine Work - Marana Yoga					Ashada*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Tehran, Iran

Makara Rasi: 25.29 Tihti 17

Gulika 3:41PM – 5:27PM
Yama 12:11PM – 1:56PM
Rahu 5:27PM – 7:12PM

Dhanishtha Until 4:33AM Mon
Ayushman Until 10:59AM
Taitila Until 3:36PM
Dvitiya Until 4:44AM Mon

Ganesha: Blue *Sunrise:* 5:11AM
Muruga: Clear *Sunset:* 7:12PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 4:33AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran
Sun 2 Sutra 106
Vilamba 5120

Kumbha Rasi: 7.23 Tihti 18

Gulika 1:56PM – 3:41PM
Yama 10:26AM – 12:11PM
Rahu 6:56AM – 8:41AM

Shatabhishak Until 7:02AM Tue
Saubhagya Until 11:50AM
Vanija Until 5:49PM
Tritiya Until 6:47AM Tue

Ganesha: Blue *Sunrise:* 5:12AM
Muruga: Clear *Sunset:* 7:11PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Moon 7 - Phase 15
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 7:02AM Tue
Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Tehran, Iran
Sun 3 Sutra 107
Vilamba 5120

Kumbha Rasi: 19.23 Tihti 18 – 19

Gulika 12:11PM – 1:56PM
Yama 8:42AM – 10:26AM
Rahu 3:41PM – 5:25PM

Shatabhishak Until 7:02AM
Sobhana Until 12:28PM
Bava Until 7:41PM
Tritiya Until 6:47AM

Ganesha: Blue *Sunrise:* 5:12AM
Muruga: Clear *Sunset:* 7:10PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran
Sun 4 Sutra 108
Vilamba 5120

Meena Rasi: 1.34 Tihti 19 – 20

Gulika 10:27AM – 12:11PM
Yama 6:58AM – 8:42AM
Rahu 12:11PM – 1:56PM

Purvaprossthapada* Until 9:27AM
Athiganda* Until 12:44PM
Kaulava Until 9:06PM
Chaturthi* Until 8:26AM

Ganesha: White *Sunrise:* 5:13AM
Muruga: Clear *Sunset:* 7:09PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 9:27AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran
Sun 5 Sutra 109
Vilamba 5120

Meena Rasi: 13.56 Tihti 20 – 21

Gulika 8:42AM – 10:27AM
Yama 5:14AM – 6:58AM
Rahu 1:55PM – 3:40PM

Uttaraprossthapada Until 11:13AM
Sukarma Until 12:37PM
Gara Until 9:59PM
Panchami Until 9:36AM

Ganesha: White *Sunrise:* 5:14AM
Muruga: Clear *Sunset:* 7:08PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Balava Karana Shashthi/Saptamyam Titau

Tehran, Iran
Sun 6 Sutra 110
Vilamba 5120

Meena Rasi: 26.34 Tihti 21 – 22

Gulika 6:59AM – 8:43AM
Yama 3:39PM – 5:23PM
Rahu 10:27AM – 12:11PM

Revati Until 12:16PM
Dhriti Until 12:16PM
Balava Until 21:51AM Sat
Shashthi* Until 10:11AM

Ganesha: White *Sunrise:* 5:15AM
Muruga: Clear *Sunset:* 7:07PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 12:16PM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran
Sun 7 Sutra 111
Vilamba 5120

Mesha Rasi: 9.29 Tihti 22 – 23

Gulika 5:15AM – 6:59AM
Yama 1:55PM – 3:39PM
Rahu 8:43AM – 10:27AM

Ashvini Until 1:00PM
Shula* Until 10:58AM
Balava Until 9:51PM
Saptami Until 10:58AM Sat

Ganesha: Clear *Sunrise:* 5:15AM
Muruga: Clear *Sunset:* 7:06PM
Nataraja: Clear
Moon – White
Ashada•Adi

Moon 7 - Phase 15
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran
Sun 8 Sutra 112
Vilamba 5120

Mesha Rasi: 22.46 Tihti 23 – 24

Gulika 3:38PM – 5:22PM
Yama 12:11PM – 1:54PM
Rahu 5:22PM – 7:05PM

Bharani Until 12:54PM
Ganda* Until 9:20AM
Taitila Until 8:46PM
Ashtami* Until 9:23AM

Ganesha: Clear *Sunrise:* 5:16AM
Muruga: Clear *Sunset:* 7:05PM
Nataraja: Clear
Moon – White
Ashada•Adi

Moon 7 - Phase 15
Navami

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 12:54PM
Then Creative Work - Siddha Yoga

1 Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam				Tehran, Iran
Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau						Sun 9 Sutra 113
Vilamba 5120		Gulika 1:54PM – 3:38PM	Krittika Until 11:59AM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	
Vrishabha Rasi: 6.26 Tithi 24 – 25		Yama 10:27AM – 12:11PM	Vridhhi Until 7:11AM	Muruga: Clear	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 16
Family Home Evening 424342362		Rahu 7:00AM – 8:44AM	Vanija Until 7:01PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Navami* Until 7:58AM	Moon – White		Sivaloka Day
Until 11:59AM				Ashada*Adi		
Then Creative Work - Amrita Yoga						

2 Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam				Tehran, Iran
Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau						Sun 10 Sutra 114
Vilamba 5120		Gulika 12:11PM – 1:54PM	Rohini Until 10:43AM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	
Vrishabha Rasi: 20.31 Tithi 26		Yama 8:44AM – 10:27AM	Vyaghata* Until 1:17AM Wed	Muruga: Clear	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16
434342362		Rahu 3:37PM – 5:20PM	Bava Until 4:40PM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Ekadashi* Until 3:16AM Wed	Moon – Yellow		Devaloka Day
Until 10:43AM				Ashada*Adi		
Then Creative Work - Siddha Yoga						

3 Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam				Tehran, Iran
Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau						Sun 11 Sutra 115
Vilamba 5120		Gulika 10:27AM – 12:10PM	Mrigashira Until 8:46AM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	
Mithuna Rasi: 4.58 Tithi 27		Yama 7:01AM – 8:44AM	Harshana Until 9:43PM	Muruga: Clear	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16
434342362		Rahu 12:10PM – 1:53PM	Kaulava Until 1:47PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 12:10AM Thu	Moon – Yellow		Devaloka Day
				Ashada*Adi		

4 Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam				Tehran, Iran
Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau						Sun 12 Sutra 116
Vilamba 5120		Gulika 8:45AM – 10:27AM	Ardra Until 6:15AM	Ganesha: Purple	<i>Sunrise:</i> 5:19AM	
Mithuna Rasi: 19.45 Tithi 28		Yama 5:19AM – 7:02AM	Vajra* Until 5:51PM	Muruga: Clear	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 16
434342362		Rahu 1:53PM – 3:36PM	Gara Until 10:30AM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Trayodashi* Until 8:44PM	Moon – Yellow		Devaloka Day
Until 6:15AM				Ashada*Adi		
Then Creative Work - Amrita Yoga						

5 Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yukhtayam				Tehran, Iran
Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau						Sun 13 Sutra 117
Vilamba 5120		Gulika 7:03AM – 8:45AM	Pushya Until 12:52AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 5:20AM	
Kataka Rasi: 4.46 Tithi 29 – 30		Yama 3:35PM – 5:18PM	Siddhi Until 1:48PM	Muruga: Clear	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 16
444342362		Rahu 10:28AM – 12:10PM	Visti Until 6:58AM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Chaturdashi* Until 5:07PM	Moon – Blue		Devaloka Day
				Ashada*Adi		

6 Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yukhtayam				Tehran, Iran
Ashlesha* Nakshatra Vyalipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau						Sun 14 Sutra 118
Vilamba 5120		Gulika 5:21AM – 7:03AM	Ashlesha* Until 9:55PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:21AM	
Kataka Rasi: 19.53 Tithi 30 – 1		Yama 1:52PM – 3:35PM	Vyatipata* Until 9:42AM	Muruga: Clear	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 16
444342362		Rahu 8:45AM – 10:28AM	Kintughna Until 11:40PM	Nataraja: Clear		Amavasya
Routine Work Marana Yoga			Amavasya* Until 1:27PM	Moon – Blue		Devaloka Day
Until 9:55PM				Ashada*Adi		
Then Creative Work - Amrita Yoga						

7 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yukhtayam				Tehran, Iran
Magha* Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau						Sun 15 Sutra 119
Vilamba 5120		Gulika 3:34PM – 5:16PM	Magha* Until 7:26PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	
Simha Rasi: 4.58 Tithi 1 – 2		Yama 12:10PM – 1:52PM	Parigha* Until 1:49AM Mon	Muruga: Clear	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 16
455342362		Rahu 5:16PM – 6:58PM	Balava Until 8:14PM	Nataraja: Clear		Prathama
Routine Work Marana Yoga			Prathama* Until 9:54AM	Moon – Red		Sivaloka Day
Until 7:26PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1		Monday, August 13, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Kaulava/Visti* Karana Dvitiya/Tritiyayam Titau		Tehran, Iran
Simha Rasi: 19.51	Tithi 2 - 3	Gulika	1:51PM - 3:33PM	Purvaphalguni Until 5:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Sun 16	Sutra 120
Family Home Evening	455342362	Yama	10:28AM - 12:10PM	Shiva Until 10:19PM	Muruga: Clear	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 17	Vilamba 5120
Creative Work	Siddha Yoga	Rahu	7:04AM - 8:46AM	Gara Until 3:46AM Tue	Nataraja: Clear		3rd Phase	
				Dvitiya Until 6:37AM	Moon - Red			Sivaloka Day
					Sravana-Adi			

2		Tuesday, August 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau		Tehran, Iran
Kanya Rasi: 4.25	Tithi 4	Gulika	12:09PM - 1:51PM	Uttaraphalguni Until 3:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Sun 17	Sutra 121
	455342362	Yama	8:46AM - 10:28AM	Siddha Until 7:14PM	Muruga: Clear	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 17	Vilamba 5120
Creative Work	Amrita Yoga	Rahu	3:33PM - 5:14PM	Vanija Until 2:33PM	Nataraja: Clear		3rd Phase	
Until 3:12PM				Chaturthi* Until 1:28AM Wed	Moon - Red			Sivaloka Day
Then Creative Work - Siddha Yoga					Sravana-Adi			

3		Wednesday, August 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau		Tehran, Iran
Kanya Rasi: 18.35	Tithi 5	Gulika	10:28AM - 12:09PM	Hasta Until 2:12PM	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	Sun 18	Sutra 122
	455342362	Yama	7:05AM - 8:47AM	Sadhya Until 4:42PM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 17	Vilamba 5120
Routine Work	Marana Yoga	Rahu	12:09PM - 1:51PM	Bava Until 12:35PM	Nataraja: Clear		3rd Phase	
Until 2:12PM		Nag Panchami		Panchami Until 11:52PM	Moon - Green			Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Sravana-Adi			

4		Thursday, August 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau		Tehran, Iran
Tula Rasi: 2.18	Tithi 6	Gulika	8:47AM - 10:28AM	Chitra Until 1:47PM	Ganesha: Purple	<i>Sunrise:</i> 5:25AM	Sun 19	Sutra 123
	455342362	Yama	5:25AM - 7:06AM	Subha Until 2:47PM	Muruga: Clear	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 17	Vilamba 5120
Creative Work	Siddha Yoga	Rahu	1:50PM - 3:31PM	Kaulava Until 11:22AM	Nataraja: Clear		3rd Phase	
Until 1:47PM				Shashthi* Until 11:02PM	Moon - Green			Subha Sivaloka Day
Then Creative Work - Amrita Yoga					Sravana-Adi			

5		Friday, August 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau		Tehran, Iran
Tula Rasi: 15.34	Tithi 7	Gulika	7:06AM - 8:47AM	Svati Until 2:00PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	Sun 20	Sutra 124
	565342362	Yama	3:31PM - 5:11PM	Sukla Until 1:30PM	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 17	Vilamba 5120
Creative Work	Siddha Yoga	Rahu	10:28AM - 12:09PM	Gara Until 10:56AM	Nataraja: Clear		3rd Phase	
				Saptami Until 11:01PM	Moon - Green			Sivaloka Day
					Sravana-Avani			

Retreat Star		Saturday, August 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau		Tehran, Iran
Tula Rasi: 28.26	Tithi 8	Gulika	5:26AM - 7:07AM	Vishakha Until 3:19PM	Ganesha: Purple	<i>Sunrise:</i> 5:26AM	Sun 21	Sutra 125
	575342362	Yama	1:49PM - 3:30PM	Brahma Until 12:51PM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 17	Vilamba 5120
Creative Work	Siddha Yoga	Rahu	8:47AM - 10:28AM	Visti Until 11:20AM	Nataraja: Clear		Ashtami	
				Ashtami* Until 11:47PM	Moon - Orange			Subha Sivaloka Day
					Sravana-Avani			

Retreat Star		Sunday, August 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Navamyam Titau		Tehran, Iran
Vrischika Rasi: 10.55	Tithi 9	Gulika	3:29PM - 5:10PM	Anuradha Until 5:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Sun 22	Sutra 126
	575442362	Yama	12:08PM - 1:49PM	Indra Until 12:48PM	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 7 - Phase 17	Vilamba 5120
Routine Work	Marana Yoga	Rahu	5:10PM - 6:50PM	Balava Until 12:28PM	Nataraja: Clear		Navami	
				Navami* Until 1:15AM Mon	Moon - Orange			Sivaloka Day
					Sravana-Avani			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Tehran, Iran Sun 23 Sutra 127 Vilamba 5120
1		Gulika	1:48PM – 3:28PM	Jyeshtha* Until 7:30PM	Ganesh: Clear	<i>Sunrise:</i> 5:28AM
Vrischika Rasi: 23.08	Tithi 10	Yama	10:28AM – 12:08PM	Vaidhriti* Until 1:12PM	Muruga: Clear	<i>Sunset:</i> 6:49PM
Family Home Evening	575442362	Rahu	7:08AM – 8:48AM	Tailila Until 2:14PM	Nataraja: Clear	Moon 7 - Phase 18
Creative Work	Siddha Yoga			Dashami Until 3:17AM Tue	Moon – Orange	Sivaloka Day 4th Phase
					Sravana-Avani	

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 128 Vilamba 5120
2		Gulika	12:08PM – 1:48PM	Mula* Until 10:32PM	Ganesh: Clear	<i>Sunrise:</i> 5:28AM
Dhanus Rasi: 5.08	Tithi 11	Yama	8:48AM – 10:28AM	Vishkambha* Until 1:59PM	Muruga: Clear	<i>Sunset:</i> 6:47PM
	586442362	Rahu	3:28PM – 5:08PM	Vanija Until 4:28PM	Nataraja: Clear	Moon 7 - Phase 18
Creative Work	Amrita Yoga			Vanija Until 4:28PM	Moon – Light Blue	Sivaloka Day 4th Phase
Until 10:32PM				Ekadashi Until 5:41AM Wed	Sravana-Avani	
Then Creative Work - Siddha Yoga						

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava Karana Dvadashyam Titau				Tehran, Iran Sun 25 Sutra 129 Vilamba 5120
3		Gulika	10:28AM – 12:08PM	Purvashadha* Until 1:38AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:29AM
Dhanus Rasi: 17	Tithi 12	Yama	7:09AM – 8:48AM	Priti Until 3:01PM	Muruga: Clear	<i>Sunset:</i> 6:46PM
	586442362	Rahu	12:08PM – 1:47PM	Bava Until 6:59PM	Nataraja: Clear	Moon 7 - Phase 18
Creative Work	Amrita Yoga			Bava Until 6:59PM	Moon – Light Blue	Sivaloka Day 4th Phase
Until 1:38AM Thu				Dvadashi Until 8:16AM Thu	Sravana-Avani	
Then Routine Work - Marana Yoga						

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 130 Vilamba 5120
4		Gulika	8:49AM – 10:28AM	Uttarashadha Until 4:37AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:30AM
Dhanus Rasi: 28.48	Tithi 12 – 13	Yama	5:30AM – 7:09AM	Ayushman Until 4:05PM	Muruga: Clear	<i>Sunset:</i> 6:45PM
	586442362	Rahu	1:47PM – 3:26PM	Kaulava Until 9:36PM	Nataraja: Clear	Moon 7 - Phase 18
Routine Work	Marana Yoga			Kaulava Until 9:36PM	Moon – Light Blue	Sivaloka Day 4th Phase
				Dvadashi Until 8:16AM	Sravana-Avani	

Pradosha Vrata

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 131 Vilamba 5120
5		Gulika	7:10AM – 8:49AM	Shravana Until 7:49AM Sat	Ganesh: White	<i>Sunrise:</i> 5:31AM
Makara Rasi: 10.35	Tithi 13 – 14	Yama	3:25PM – 5:04PM	Saubhagya Until 5:09PM	Muruga: Clear	<i>Sunset:</i> 6:44PM
	596442362	Rahu	10:28AM – 12:07PM	Gara Until 12:08AM Sat	Nataraja: Clear	Moon 7 - Phase 18
Routine Work	Marana Yoga			Gara Until 12:08AM Sat	Moon – Purple	Subha Sivaloka Day 4th Phase
Until 7:49AM Sat		Chidambaram Abhishekam		Trayodashi Until 10:52AM	Sravana-Avani	
Then Creative Work - Siddha Yoga						

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran Sun 28 Sutra 132 Vilamba 5120
○		Gulika	5:31AM – 7:10AM	Shravana Until 7:49AM	Ganesh: White	<i>Sunrise:</i> 5:31AM
Copper Retreat Star		Yama	1:46PM – 3:25PM	Sobhana Until 6:06PM	Muruga: Clear	<i>Sunset:</i> 6:42PM
Makara Rasi: 22.25	Tithi 14 – 15	Rahu	8:49AM – 10:28AM	Visti Until 2:28AM Sun	Nataraja: Clear	Moon 7 - Phase 18
	596442362			Chaturdashi* Until 1:19PM	Moon – Purple	Subha Sivaloka Day Purnima
Creative Work	Siddha Yoga	Avani Avittam		Chaturdashi* Until 1:19PM	Sravana-Avani	

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran Sun 29 Sutra 133 Vilamba 5120
○		Gulika	3:24PM – 5:02PM	Dhanishtha Until 10:37AM	Ganesh: White	<i>Sunrise:</i> 5:32AM
Silver Retreat Star		Yama	12:07PM – 1:45PM	Athiganda* Until 6:47PM	Muruga: Clear	<i>Sunset:</i> 6:41PM
Kumbha Rasi: 4.21	Tithi 15 – 16	Rahu	5:02PM – 6:41PM	Balava Until 4:28AM Mon	Nataraja: Clear	Moon 7 - Phase 18
	596442362			Purnima* Until 3:29PM	Moon – Purple	Subha Sivaloka Day Prathama
Routine Work	Marana Yoga			Purnima* Until 3:29PM	Sravana-Avani	
Until 10:37AM						
Then Creative Work - Siddha Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 16.24 Tihti 16 - 17

Family Home Evening

596442363

Gulika 1:45PM - 3:23PM
Yama 10:28AM - 12:06PM
Rahu 7:11AM - 8:50AM

Shatabhishak Until 12:55PM
Sukarma Until 7:13PM
Tailila Until 6:05AM Tue
Prathama* Until 5:18PM

Ganesh: White
Muruga: Clear
Nataraja: Clear
Moon - Purple

Sunrise: 5:33AM
Sunset: 6:40PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:55PM

Then Routine Work - Marana Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 28.37 Tihti 17

Routine Work Marana Yoga

517452363

Gulika 12:06PM - 1:44PM
Yama 8:50AM - 10:28AM
Rahu 3:22PM - 5:00PM

Purvaproshtapada* Until 3:09PM
Dhriti Until 7:20PM
Tailila Until 6:05AM
Dvitiya Until 6:42PM

Ganesh: Clear
Muruga: Purple
Nataraja: Purple
Moon - Clear

Sunrise: 5:34AM
Sunset: 6:38PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 3:09PM

Then Creative Work - Amrita Yoga

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Shula* Yoga Vanija/Visi* Karana Tritiyayam Titau

Tehran, Iran

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 11.01 Tihti 18

Creative Work Siddha Yoga

517452363

Gulika 10:28AM - 12:06PM
Yama 7:12AM - 8:50AM
Rahu 12:06PM - 1:44PM

Uttarproshthapada Until 4:48PM
Shula* Until 7:04PM
Vanija Until 7:16AM
Tritiya Until 7:40PM

Ganesh: Clear
Muruga: Purple
Nataraja: Purple
Moon - Clear

Sunrise: 5:35AM
Sunset: 6:37PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 4:48PM

Then Routine Work - Marana Yoga

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Tehran, Iran

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 23.37 Tihti 19

Creative Work Siddha Yoga

517452363

Gulika 8:50AM - 10:28AM
Yama 5:35AM - 7:13AM
Rahu 1:43PM - 3:21PM

Revati Until 5:51PM
Ganda* Until 6:28PM
Bava Until 8:00AM
Chaturthi* Until 8:11PM

Ganesh: Clear
Muruga: Purple
Nataraja: Purple
Moon - Clear

Sunrise: 5:35AM
Sunset: 6:36PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 5:51PM

Then Creative Work - Amrita Yoga

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vriddhi/Dhruva Yoga Kaulava/Tailila Karana Panchamyam Titau

Tehran, Iran

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 6.25 Tihti 20

Creative Work Amrita Yoga

527452363

Gulika 7:13AM - 8:51AM
Yama 3:20PM - 4:57PM
Rahu 10:28AM - 12:05PM

Ashvini Until 6:46PM
Vriddhi Until 5:31PM
Kaulava Until 8:17AM
Panchami Until 8:13PM

Ganesh: Purple
Muruga: Purple
Nataraja: Purple
Moon - White

Sunrise: 5:36AM
Sunset: 6:34PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 6:46PM

Then Creative Work - Siddha Yoga

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 19.28 Tihti 21

Creative Work Siddha Yoga

527452363

Gulika 5:37AM - 7:14AM
Yama 1:42PM - 3:19PM
Rahu 8:51AM - 10:28AM

Bharani Until 7:02PM
Dhruva Until 4:10PM
Gara Until 8:05AM
Shashthi* Until 7:47PM

Ganesh: Purple
Muruga: Purple
Nataraja: Purple
Moon - White

Sunrise: 5:37AM
Sunset: 6:33PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 7:02PM

Then Creative Work - Amrita Yoga

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Kritika Nakshatra Vyaghata*/Harshana Yoga Visi*/Bava Karana Saptamyam Titau

Tehran, Iran

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 2.46 Tihti 22

Creative Work Siddha Yoga

527452363

Gulika 3:18PM - 4:55PM
Yama 12:04PM - 1:41PM
Rahu 4:55PM - 6:31PM

Krittika Until 6:41PM
Vyaghata* Until 2:25PM
Visi Until 7:23AM
Saptami Until 6:50PM

Ganesh: Purple
Muruga: Purple
Nataraja: Purple
Moon - White

Sunrise: 5:38AM
Sunset: 6:31PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 7:02PM

Then Creative Work - Amrita Yoga

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Harshana/Vajra* Yoga Balava/Tailila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 16.21 Tihti 23 - 24

Family Home Evening

537452363

Gulika 1:41PM - 3:17PM
Yama 10:28AM - 12:04PM
Rahu 7:15AM - 8:51AM

Rohini Until 6:06PM
Harshana Until 12:17PM
Balava Until 6:11AM
Ashtami* Until 5:23PM

Ganesh: Clear
Muruga: Purple
Nataraja: Purple
Moon - Yellow

Sunrise: 5:38AM
Sunset: 6:30PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Sravana-Avani

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Tehran, Iran

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 0.14 Tihti 24 - 25

Creative Work Siddha Yoga

538452363

Gulika 12:04PM - 1:40PM
Yama 8:51AM - 10:28AM
Rahu 3:16PM - 4:52PM

Mrigashira Until 4:54PM
Vajra* Until 9:42AM
Vanija Until 2:19AM Wed
Navami* Until 3:27PM

Ganesh: White
Muruga: Purple
Nataraja: Purple
Moon - Yellow

Sunrise: 5:39AM
Sunset: 6:29PM

Devaloka Day

Devaloka Time: 6:AM to 9:AM

Until 4:54PM

Then Routine Work - Marana Yoga

Sravana-Avani

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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1		Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipala* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Tehran, Iran Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 14.26	Tithi 25 – 26	Gulika	10:28AM – 12:04PM	Ardra Until 3:07PM	Ganesha: White	<i>Sunrise: 5:40AM</i>	
		Yama	7:16AM – 8:52AM	Siddhi Until 6:46AM	Muruga: Purple	<i>Sunset: 6:27PM</i>	Moon 8 - Phase 20
Creative Work	Siddha Yoga	538452363	Rahu	12:04PM – 1:39PM	Nataraja: Purple		2nd Phase
				Bava Until 11:43PM	Moon – Yellow		
				Dashami Until 1:03PM	Sravana-Avani		Devaloka Day

2		Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Tehran, Iran Sun 10 Sutra 144 Vilamba 5120	
Mithuna Rasi: 28.55	Tithi 26 – 27	Gulika	8:52AM – 10:28AM	Punarvasu Until 1:13PM	Ganesha: Yellow	<i>Sunrise: 5:41AM</i>	
		Yama	5:41AM – 7:16AM	Variyan Until 11:57PM	Muruga: Purple	<i>Sunset: 6:26PM</i>	Moon 8 - Phase 20
Creative Work	Amrita Yoga	548452363	Rahu	1:39PM – 3:15PM	Nataraja: Purple		2nd Phase
				Kaulava Until 8:47PM	Moon – Blue		
				Ekadashi* Until 10:16AM	Sravana-Avani		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

3		Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau		Tehran, Iran Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 13.38	Tithi 27 – 28	Gulika	7:17AM – 8:52AM	Pushya Until 10:54AM	Ganesha: Yellow	<i>Sunrise: 5:41AM</i>	
		Yama	3:14PM – 4:49PM	Parigha* Until 8:13PM	Muruga: Purple	<i>Sunset: 6:24PM</i>	Moon 8 - Phase 20
Routine Work	Marana Yoga	548452363	Rahu	10:27AM – 12:03PM	Nataraja: Purple		2nd Phase
				Vanija Until 3:58AM Sat	Moon – Blue		
				Dvadashi* Until 7:12AM	Sravana-Avani		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

Pradosha Vrata (Fasting)

4		Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Tehran, Iran Sun 12 Sutra 146 Vilamba 5120	
Kataka Rasi: 28.28	Tithi 29	Gulika	5:42AM – 7:17AM	Ashlesha* Until 8:19AM	Ganesha: Yellow	<i>Sunrise: 5:42AM</i>	
		Yama	1:38PM – 3:13PM	Shiva Until 4:26PM	Muruga: Purple	<i>Sunset: 6:23PM</i>	Moon 8 - Phase 20
Routine Work	Marana Yoga	548452363	Rahu	8:52AM – 10:27AM	Nataraja: Purple		2nd Phase
Until 8:19AM				Visti Until 2:20PM	Moon – Blue		
Then Creative Work - Amrita Yoga				Chaturdashi* Until 12:41AM Sun	Sravana-Avani		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

		Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Tehran, Iran Sun 13 Sutra 147 Vilamba 5120	
Retreat Star		Gulika	3:12PM – 4:47PM	Purvaphalguni Until 3:38AM Mon	Ganesha: Red	<i>Sunrise: 5:43AM</i>	
Simha Rasi: 13.2	Tithi 30	Yama	12:02PM – 1:37PM	Siddha Until 12:39PM	Muruga: Purple	<i>Sunset: 6:22PM</i>	Moon 8 - Phase 20
Creative Work	Siddha Yoga	558452363	Rahu	4:47PM – 6:22PM	Nataraja: Purple		Amavasya
				Catuspada Until 11:05AM	Moon – Red		
				Amavasya* Until 9:30PM	Sravana-Avani		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

Grandparent's Day

Monday, September 10, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Kaulava Karana Prathamayam Titau		Tehran, Iran Sun 14 Sutra 148 Vilamba 5120	
Simha Rasi: 28.06	Tithi 1	Gulika	1:36PM – 3:11PM	Uttaraphalguni Until 1:28AM Tue	Ganesha: Blue	<i>Sunrise: 5:43AM</i>	
Family Home Evening		Yama	10:27AM – 12:02PM	Sadhya Until 1:28AM Tue	Muruga: Purple	<i>Sunset: 6:20PM</i>	Moon 8 - Phase 20
Creative Work	Siddha Yoga	559452363	Rahu	7:18AM – 8:53AM	Nataraja: Purple		Prathama
				Kintughna Until 8:01AM	Moon – Red		
				Prathama* Until 6:34PM	Bhadrapada-Avani		Bhuloka Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
			Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15 Sutra 149
	Kanya Rasi: 12.37	Tithi 2 – 3	Gulika 12:01PM – 1:36PM	Hasta Until 12:03AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:44AM		Vilamba 5120
	Creative Work Siddha Yoga	569452363	Yama 8:53AM – 10:27AM	Sukla Until 2:47AM Wed	Muruga: Purple <i>Sunset:</i> 6:19PM	Moon 8 - Phase 21	3rd Phase
		Rahu 3:10PM – 4:44PM	Taitila Until 3:01AM Wed	Nataraja: Purple			
			Dvitiya Until 4:04PM	Moon – Green	Bhuloka Day		
				Bhadrapada-Avani			

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
			Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Sun 16 Sutra 150
	Kanya Rasi: 26.48	Tithi 3 – 4	Gulika 10:27AM – 12:01PM	Chitra Until 11:05PM	Ganesha: Blue <i>Sunrise:</i> 5:45AM		Vilamba 5120
	Creative Work Siddha Yoga	569452363	Yama 7:19AM – 8:53AM	Brahma Until 12:23AM Thu	Muruga: Purple <i>Sunset:</i> 6:17PM	Moon 8 - Phase 21	3rd Phase
		Rahu 12:01PM – 1:35PM	Vanija Until 1:24AM Thu	Nataraja: Purple			
			Tritiya Until 2:07PM	Moon – Green	Bhuloka Day		
				Bhadrapada-Avani			

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
			Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Sun 17 Sutra 151
	Tula Rasi: 10.35	Tithi 4 – 5	Gulika 8:53AM – 10:27AM	Svati Until 10:42PM	Ganesha: Blue <i>Sunrise:</i> 5:46AM		Vilamba 5120
	Creative Work Amrita Yoga	569452363	Yama 5:46AM – 7:19AM	Indra Until 10:34PM	Muruga: Purple <i>Sunset:</i> 6:16PM	Moon 8 - Phase 21	3rd Phase
Until 10:42PM		Rahu 1:35PM – 3:08PM	Bava Until 12:32AM Fri	Nataraja: Purple			
Then Creative Work - Siddha Yoga			Chaturthi* Until 12:51PM	Moon – Green	Bhuloka Day		
		Ganesha Chaturthi		Bhadrapada-Avani			

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
			Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 18 Sutra 152
	Tula Rasi: 23.55	Tithi 5 – 6	Gulika 7:20AM – 8:53AM	Vishakha Until 11:26PM	Ganesha: White <i>Sunrise:</i> 5:46AM		Vilamba 5120
	Creative Work Siddha Yoga	579552363	Yama 3:07PM – 4:41PM	Vaidhriti* Until 9:23PM	Muruga: Purple <i>Sunset:</i> 6:14PM	Moon 8 - Phase 21	3rd Phase
		Rahu 10:27AM – 12:00PM	Kaulava Until 12:29AM Sat	Nataraja: Purple			
			Panchami Until 12:23PM	Moon – Orange	Devaloka Day		
				Bhadrapada-Avani			

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
			Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 153
	Vrischika Rasi: 6.49	Tithi 6 – 7	Gulika 5:47AM – 7:20AM	Anuradha Until 12:48AM Sun	Ganesha: White <i>Sunrise:</i> 5:47AM		Vilamba 5120
	Creative Work Siddha Yoga	579552363	Yama 1:33PM – 3:06PM	Vishkambha* Until 8:52PM	Muruga: Purple <i>Sunset:</i> 6:13PM	Moon 8 - Phase 21	3rd Phase
Until 12:48AM Sun		Rahu 8:54AM – 10:27AM	Gara Until 1:16AM Sun	Nataraja: Purple			
Then Routine Work - Marana Yoga			Shashthi* Until 12:45PM	Moon – Orange	Devaloka Day		
				Bhadrapada-Avani			

☾	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
			Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 154
	Vrischika Rasi: 19.2	Tithi 7 – 8	Gulika 3:06PM – 4:38PM	Jyeshtha* Until 2:44AM Mon	Ganesha: White <i>Sunrise:</i> 5:48AM		Vilamba 5120
	Routine Work Marana Yoga	579552363	Yama 12:00PM – 1:33PM	Priti Until 8:57PM	Muruga: Purple <i>Sunset:</i> 6:11PM	Moon 8 - Phase 21	Ashtami
Until 2:44AM Mon		Rahu 4:38PM – 6:11PM	Visti Until 2:47AM Mon	Nataraja: Purple			
Then Creative Work - Siddha Yoga			Saptami Until 1:55PM	Moon – Orange	Devaloka Day		
				Bhadrapada-Avani			

☾	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
			Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 155
	Dhanus Rasi: 1.33	Tithi 8 – 9	Gulika 1:32PM – 3:05PM	Mula* Until 5:34AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:49AM		Vilamba 5120
	Family Home Evening	589552363	Yama 10:27AM – 11:59AM	Ayushman Until 9:29PM	Muruga: Purple <i>Sunset:</i> 6:10PM	Moon 8 - Phase 21	Navami
Creative Work Siddha Yoga		Rahu 7:21AM – 8:54AM	Balava Until 4:54AM Tue	Nataraja: Purple			
			Ashtami* Until 3:46PM	Moon – Light Blue	Bhuloka Day		
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to 12:PM		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava Karana Navamyam Titau				Tehran, Iran Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 13.32	Tithi 9	Gulika 11:59AM – 1:31PM	Purvashadha* Until 8:36AM Wed	Ganesh: Clear <i>Sunrise: 5:49AM</i>		
		Yama 8:54AM – 10:27AM	Saubhagya Until 10:22PM	Muruga: Purple <i>Sunset: 6:09PM</i>		Moon 8 - Phase 22
		581552363 Rahu 3:04PM – 4:36PM	Kaulava Until 6:06PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:06PM	Moon – Light Blue	Bhuloka Day	
Until 8:36AM Wed				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga						

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau				Tehran, Iran Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 25.23	Tithi 10	Gulika 10:26AM – 11:59AM	Purvashadha* Until 8:36AM	Ganesh: Clear <i>Sunrise: 5:50AM</i>		
		Yama 7:22AM – 8:54AM	Sobhana Until 11:26PM	Muruga: Purple <i>Sunset: 6:07PM</i>		Moon 8 - Phase 22
		581552363 Rahu 11:59AM – 1:31PM	Tailila Until 7:24AM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dashami Until 8:42PM	Moon – Light Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 7.1	Tithi 11	Gulika 8:55AM – 10:26AM	Uttarashadha Until 11:34AM	Ganesh: Clear <i>Sunrise: 5:51AM</i>		
		Yama 5:51AM – 7:23AM	Athiganda* Until 12:28AM Fri	Muruga: Purple <i>Sunset: 6:06PM</i>		Moon 8 - Phase 22
		581552363 Rahu 1:30PM – 3:02PM	Vanija Until 10:02AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 11:18PM	Moon – Light Blue	Bhuloka Day	
Until 11:34AM				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga						

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Tehran, Iran Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 18.59	Tithi 12	Gulika 7:23AM – 8:55AM	Shravana Until 2:46PM	Ganesh: Purple <i>Sunrise: 5:52AM</i>		
		Yama 3:01PM – 4:33PM	Sukarma Until 1:21AM Sat	Muruga: Purple <i>Sunset: 6:04PM</i>		Moon 8 - Phase 22
		591552363 Rahu 10:26AM – 11:58AM	Bava Until 12:34PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 1:43AM Sat	Moon – Purple	Devaloka Day	
Until 2:46PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 0.53	Tithi 13	Gulika 5:52AM – 7:24AM	Dhanishtha Until 5:31PM	Ganesh: Purple <i>Sunrise: 5:52AM</i>		
		Yama 1:29PM – 3:00PM	Dhriti Until 1:58AM Sun	Muruga: Purple <i>Sunset: 6:03PM</i>		Moon 8 - Phase 22
		591552363 Rahu 8:55AM – 10:26AM	Kaulava Until 2:49PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 3:46AM Sun	Moon – Purple	Devaloka Day	
Until 5:31PM				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 12.57	Tithi 14	Gulika 2:59PM – 4:30PM	Shatabhishak Until 7:41PM	Ganesh: Purple <i>Sunrise: 5:53AM</i>		
		Yama 11:57AM – 1:28PM	Shula* Until 7:41PM	Muruga: Purple <i>Sunset: 6:01PM</i>		Moon 8 - Phase 22
		591552363 Rahu 4:30PM – 6:01PM	Gara Until 4:39PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:21AM Mon	Moon – Purple	Devaloka Day	
				Bhadrapada-Puratasi		
		Chidambaram Abhishekam				
		Kadaitswami Mahasamadhi				

○ Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran Sun 28 Sutra 162 Vilamba 5120
Copper Retreat Star		Gulika 1:28PM – 2:58PM	Purvaproshtapada* Until 9:41PM	Ganesh: Purple <i>Sunrise: 5:54AM</i>		
Kumbha Rasi: 25.12	Tithi 15	Yama 10:26AM – 11:57AM	Ganda* Until 2:04AM Tue	Muruga: Purple <i>Sunset: 6:00PM</i>		Moon 8 - Phase 22
Family Home Evening		511552363 Rahu 7:25AM – 8:55AM	Visti Until 5:58PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Purnima* Until 6:25AM Tue	Moon – Clear	Devaloka Day	
Until 9:41PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran Sun 29 Sutra 163 Vilamba 5120
Silver Retreat Star		Gulika 11:56AM – 1:27PM	Uttaraproshtapada Until 11:01PM	Ganesh: Purple <i>Sunrise: 5:55AM</i>		
Meena Rasi: 7.4	Tithi 15 – 16	Yama 8:56AM – 10:26AM	Vriddhi Until 1:32AM Wed	Muruga: Purple <i>Sunset: 5:58PM</i>		Moon 8 - Phase 22
		511552363 Rahu 2:57PM – 4:28PM	Balava Until 6:46PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Purnima* Until 6:25AM	Moon – Clear	Devaloka Day	
Until 11:01PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 20.22 Tihi 16 – 17

511552363

Gulika

10:26AM – 11:56AM

Revati Until 11:44PM

Ganesh: Purple

Sunrise: 5:55AM

Yama

7:26AM – 8:56AM

Dhruva Until 12:36AM Thu

Muruga: Purple

Sunset: 5:57PM

Rahu

11:56AM – 1:26PM

Taitila Until 7:05PM

Nataraja: Purple

Moon – Clear

Devaloka Day

Routine Work Marana Yoga

Bhadrapada-Puratasi

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 3.18 Tihi 17 – 18

521552363

Gulika

8:56AM – 10:26AM

Ashvini Until 12:20AM Fri

Ganesh: Clear

Sunrise: 5:56AM

Yama

5:56AM – 7:26AM

Vyaghata* Until 11:21PM

Muruga: Purple

Sunset: 5:55PM

Rahu

1:26PM – 2:56PM

Vanija Until 6:58PM

Nataraja: Purple

Moon – White

Bhuloka Day

Creative Work Amrita Yoga

Bhadrapada-Puratasi

Devaloka Time: 9:AM to 12:PM

Until 12:20AM Fri

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti* Karana Tritiya/Chaturthyam Titau

Tehran, Iran

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 16.26 Tihi 18 – 19

621552363

Gulika

7:27AM – 8:56AM

Bharani Until 12:25AM Sat

Ganesh: Purple

Sunrise: 5:57AM

Yama

2:55PM – 4:24PM

Harshana Until 9:49PM

Muruga: Purple

Sunset: 5:54PM

Rahu

10:26AM – 11:55AM

Visti Until 6:44AM

Nataraja: Purple

Moon – White

Devaloka Day

Creative Work Siddha Yoga

Bhadrapada-Puratasi

Until 12:25AM Sat

Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 29.46 Tihi 19 – 20

622552363

Gulika

5:58AM – 7:27AM

Krittika Until 12:02AM Sun

Ganesh: Clear

Sunrise: 5:58AM

Yama

1:24PM – 2:54PM

Vajra* Until 7:59PM

Muruga: Purple

Sunset: 5:53PM

Rahu

8:56AM – 10:26AM

Taitila Until 5:03AM Sun

Nataraja: Purple

Moon – White

Bhuloka Day

Creative Work Amrita Yoga

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Until 12:02AM Sun

Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 13.16 Tihi 21

632552363

Gulika

2:53PM – 4:22PM

Rohini Until 11:39PM

Ganesh: Purple

Sunrise: 5:59AM

Yama

11:55AM – 1:24PM

Siddhi Until 5:56PM

Muruga: Purple

Sunset: 5:51PM

Rahu

4:22PM – 5:51PM

Gara Until 4:27PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Creative Work Siddha Yoga

Bhadrapada-Puratasi

Shashthi* Until 3:45AM Mon

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 26.57 Tihi 22

632552363

Gulika

1:23PM – 2:52PM

Mrigashira Until 10:51PM

Ganesh: Purple

Sunrise: 5:59AM

Family Home Evening

Yama

10:26AM – 11:54AM

Vyatipata* Until 3:39PM

Muruga: Purple

Sunset: 5:50PM

Rahu

7:28AM – 8:57AM

Visti Until 3:01PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Creative Work Amrita Yoga

Bhadrapada-Puratasi

Until 10:51PM

Then Creative Work - Siddha Yoga

Saptami Until 2:10AM Tue

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 10.48 Tihi 23

632552363

Gulika

11:54AM – 1:23PM

Ardra Until 9:37PM

Ganesh: Purple

Sunrise: 6:00AM

Routine Work Marana Yoga

Yama

8:57AM – 10:26AM

Varyan Until 1:08PM

Muruga: Purple

Sunset: 5:48PM

Rahu

2:51PM – 4:20PM

Balava Until 1:18PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Until 9:37PM

Then Creative Work - Siddha Yoga

Bhadrapada-Puratasi

Ashtami* Until 12:19AM Wed

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 24.49 Tihi 24

642552363

Gulika

10:26AM – 11:54AM

Punarvasu Until 8:24PM

Ganesh: Clear

Sunrise: 6:01AM

Creative Work Siddha Yoga

Yama

7:29AM – 8:57AM

Parigha* Until 10:24AM

Muruga: Purple

Sunset: 5:47PM

Rahu

11:54AM – 1:22PM

Taitila Until 11:19AM

Nataraja: Purple

Moon – Blue

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Navami* Until 10:12PM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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1 Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 9.01	Tithi 25	Gulika 8:58AM – 10:26AM	Pushya Until 6:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	
		Yama 6:02AM – 7:30AM	Shiva Until 7:28AM	Muruga: Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 24
		642552363 Rahu 1:21PM – 2:49PM	Vanija Until 9:05AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 7:51PM	Moon – Blue	Bhuloka Day	
Until 6:49PM				Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

2 Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 23.21	Tithi 26 – 27	Gulika 7:30AM – 8:58AM	Ashlesha* Until 4:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	
		Yama 2:49PM – 4:16PM	Sadhya Until 1:06AM Sat	Muruga: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 24
		642552363 Rahu 10:26AM – 11:53AM	Bava Until 6:38AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 5:19PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	

3 Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 7.47	Tithi 27 – 28	Gulika 6:03AM – 7:31AM	Magha* Until 3:10PM	Ganesha: White	<i>Sunrise:</i> 6:03AM	
		Yama 1:20PM – 2:48PM	Subha Until 9:48PM	Muruga: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 24
		652552363 Rahu 8:58AM – 10:26AM	Gara Until 1:23AM Sun	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 2:41PM	Moon – Red	Bhuloka Day	
Until 3:10PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 22.16	Tithi 28 – 29	Gulika 2:47PM – 4:14PM	Purvaphalguni Until 1:17PM	Ganesha: White	<i>Sunrise:</i> 6:04AM	
		Yama 11:53AM – 1:20PM	Sukla Until 6:31PM	Muruga: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 24
		652552363 Rahu 4:14PM – 5:41PM	Visti Until 10:47PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:03PM	Moon – Red	Bhuloka Day	
Until 1:17PM				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran Sun 12 Sutra 176 Vilamba 5120
Retreat Star		Gulika 1:19PM – 2:46PM	Uttaraphalguni Until 11:23AM	Ganesha: White	<i>Sunrise:</i> 6:05AM	
Kanya Rasi: 6.41	Tithi 29 – 30	Yama 10:25AM – 11:52AM	Brahma Until 3:22PM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24
Family Home Evening		652552364 Rahu 7:32AM – 8:59AM	Catuspada Until 8:22PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 9:32AM	Moon – Red	Bhuloka Day	
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM	

Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran Sun 13 Sutra 177 Vilamba 5120
Retreat Star		Gulika 11:52AM – 1:19PM	Hasta Until 10:02AM	Ganesha: Red	<i>Sunrise:</i> 6:06AM	
Kanya Rasi: 20.56	Tithi 30 – 1	Yama 8:59AM – 10:25AM	Indra Until 12:29PM	Muruga: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24
		662652364 Rahu 2:45PM – 4:12PM	Kintughna Until 6:18PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 7:16AM	Moon – Green	Devaloka Day	
		Navaratri Begins		Ashvina-Puratasi		

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dviliyayam Titau		Tehran, Iran Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 4.56	Tithi 2	Gulika 10:25AM – 11:52AM	Chitra Until 3:27AM Fri Thu	Ganesha: Red	<i>Sunrise:</i> 6:07AM	Muruga: Purple	<i>Sunset:</i> 5:37PM
		Yama 7:33AM – 8:59AM	Vaidhriti* Until 9:55AM	Nataraja: Clear		Moon – Green	Moon 9 - Phase 25
Creative Work	Siddha Yoga	662652364 Rahu 11:52AM – 1:18PM	Balava Until 4:42PM				3rd Phase
			Dvitiya Until 4:06AM Thu	Ashvina•Puratasi		Devaloka Day	
2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Vishakha Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau		Tehran, Iran Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 18.37	Tithi 3	Gulika 8:59AM – 10:25AM	Chitra Until 3:27AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:07AM	Muruga: Purple	<i>Sunset:</i> 5:36PM
		Yama 6:07AM – 7:33AM	Vishkambha* Until 5:77AM Fri	Nataraja: Clear		Moon – Green	Moon 9 - Phase 25
Creative Work	Amrita Yoga	662652364 Rahu 1:18PM – 2:44PM	Taitila Until 3:42PM				3rd Phase
Until 3:27AM Fri			Tritiya Until 3:27AM Fri	Ashvina•Puratasi		Devaloka Day	
Then Creative Work - Siddha Yoga							
3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Tehran, Iran Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 1.53	Tithi 4	Gulika 7:34AM – 9:00AM	Vishakha Until 8:38AM	Ganesha: White	<i>Sunrise:</i> 6:08AM	Muruga: Purple	<i>Sunset:</i> 5:34PM
		Yama 2:43PM – 4:09PM	Priti Until 6:17AM	Nataraja: Clear		Moon – Orange	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364 Rahu 10:26AM – 11:51AM	Vanija Until 3:26PM				3rd Phase
			Chaturthi* Until 3:34AM Sat	Ashvina•Puratasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	
4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Tehran, Iran Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 14.47	Tithi 5	Gulika 6:09AM – 7:35AM	Anuradha Until 9:33AM	Ganesha: White	<i>Sunrise:</i> 6:09AM	Muruga: Purple	<i>Sunset:</i> 5:33PM
		Yama 1:17PM – 2:42PM	Saubhagya Until 4:58AM Sun	Nataraja: Clear		Moon – Orange	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364 Rahu 9:00AM – 10:26AM	Bava Until 3:57PM				3rd Phase
			Panchami Until 4:28AM Sun	Ashvina•Puratasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	
5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau		Tehran, Iran Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 27.19	Tithi 6	Gulika 2:41PM – 4:07PM	Jyeshtha* Until 11:03AM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Muruga: Purple	<i>Sunset:</i> 5:32PM
		Yama 11:51AM – 1:16PM	Sobhana Until 5:11AM Mon	Nataraja: Clear		Moon – Orange	Moon 9 - Phase 25
Routine Work	Marana Yoga	673652364 Rahu 4:07PM – 5:32PM	Kaulava Until 5:13PM				3rd Phase
Until 11:03AM			Shashthi* Until 6:06AM Mon	Ashvina•Puratasi		Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 6:PM to 9:PM	
6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Tehran, Iran Sun 19 Sutra 183 Vilamba 5120	
Dhanu Rasi: 9.31	Tithi 6 – 7	Gulika 1:16PM – 2:41PM	Mula* Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	Muruga: Purple	<i>Sunset:</i> 5:30PM
Family Home Evening		Yama 10:26AM – 11:51AM	Athiganda* Until 5:49AM Tue	Nataraja: Clear		Moon – Light Blue	Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364 Rahu 7:36AM – 9:01AM	Gara Until 7:10PM				3rd Phase
Until 1:33PM			Shashthi* Until 6:06AM	Ashvina•Puratasi		Devaloka Day	
Then Routine Work - Marana Yoga							
Retreat Star		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Tehran, Iran Sun 20 Sutra 184 Vilamba 5120	
Dhanu Rasi: 21.31	Tithi 7 – 8	Gulika 11:50AM – 1:15PM	Purvashadha* Until 4:24PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	Muruga: Purple	<i>Sunset:</i> 5:29PM
		Yama 9:01AM – 10:26AM	Sukarma Until 6:45AM Wed	Nataraja: Clear		Moon – Light Blue	Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364 Rahu 2:40PM – 4:04PM	Visti Until 9:35PM				Ashtami
Until 4:24PM			Saptami Until 8:19AM	Ashvina•Puratasi		Devaloka Day	
Then Routine Work - Prabalarishta Yoga		Durga Ashtami					
Retreat Star		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Tehran, Iran Sun 21 Sutra 185 Vilamba 5120	
Makara Rasi: 3.22	Tithi 8 – 9	Gulika 10:26AM – 11:50AM	Uttarashadha Until 7:19PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	Muruga: Purple	<i>Sunset:</i> 5:28PM
		Yama 7:37AM – 9:01AM	Sukarma Until 6:45AM	Nataraja: Clear		Moon – Light Blue	Moon 9 - Phase 25
Creative Work	Amrita Yoga	683652364 Rahu 11:50AM – 1:15PM	Balava Until 12:14AM Thu				Navami
Until 7:19PM			Ashtami* Until 10:53AM	Ashvina•Aipasi		Devaloka Day	
Then Creative Work - Siddha Yoga		Saraswathi Puja (Tamil Nadu)					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1	Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Tehran, Iran
	Makara Rasi: 15.09	Tithi 9 – 10	Gulika 9:02AM – 10:26AM	Shravana Until 10:35PM	Ganesh: Purple <i>Sunrise:</i> 6:13AM	Sun 22	Sutra 186
			Yama 6:13AM – 7:37AM	Dhriti Until 7:47AM	Muruga: Purple <i>Sunset:</i> 5:27PM		Vilamba 5120
	Creative Work	Siddha Yoga	693652364 Rahu 1:14PM – 2:38PM	Tailila Until 2:50AM Fri	Nataraja: Clear		Moon 9 - Phase 26
			Navami* Until 1:32PM	Moon – Purple		4th Phase	
		Vijaya Dasami		Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

2	Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Makara Rasi: 26.59	Tithi 10 – 11	Gulika 7:38AM – 9:02AM	Dhanishtha Until 1:25AM Sat	Ganesh: Purple <i>Sunrise:</i> 6:14AM	Sun 23	Sutra 187
			Yama 2:38PM – 4:01PM	Shula* Until 8:42AM	Muruga: Purple <i>Sunset:</i> 5:25PM		Vilamba 5120
	Creative Work	Siddha Yoga	693652364 Rahu 10:26AM – 11:50AM	Vanija Until 5:07AM Sat	Nataraja: Clear		Moon 9 - Phase 26
			Dashami Until 4:00PM	Moon – Purple		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

3	Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Visti* Karana Ekadashyam Titau				Tehran, Iran
	Kumbha Rasi: 8.57	Tithi 11	Gulika 6:15AM – 7:39AM	Shatabhishak Until 3:39AM Sun	Ganesh: Purple <i>Sunrise:</i> 6:15AM	Sun 24	Sutra 188
			Yama 1:13PM – 2:37PM	Ganda* Until 9:22AM	Muruga: Purple <i>Sunset:</i> 5:24PM		Vilamba 5120
	Creative Work	Amrita Yoga	693652364 Rahu 9:02AM – 10:26AM	Visti Until 6:04PM	Nataraja: Clear		Moon 9 - Phase 26
			Ekadashi Until 6:04PM	Moon – Purple		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

4	Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Tehran, Iran
	Kumbha Rasi: 21.07	Tithi 12	Gulika 2:36PM – 4:00PM	Purvaproshtapada* Until 5:37AM Mon	Ganesh: White <i>Sunrise:</i> 6:16AM	Sun 25	Sutra 189
			Yama 11:49AM – 1:13PM	Vriddhi Until 9:39AM	Muruga: Purple <i>Sunset:</i> 5:23PM		Vilamba 5120
	Creative Work	Siddha Yoga	613652364 Rahu 4:00PM – 5:23PM	Bava Until 6:55AM	Nataraja: Clear		Moon 9 - Phase 26
			Dvadashi Until 7:34PM	Moon – Clear		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

5	Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Tehran, Iran
	Meena Rasi: 3.31	Tithi 13	Gulika 1:12PM – 2:35PM	Uttaraproshtapada Until 6:49AM Tue	Ganesh: White <i>Sunrise:</i> 6:17AM	Sun 26	Sutra 190
	Family Home Evening		Yama 10:26AM – 11:49AM	Dhruva Until 9:26AM	Muruga: Purple <i>Sunset:</i> 5:22PM		Vilamba 5120
	Creative Work	Siddha Yoga	613652364 Rahu 7:40AM – 9:03AM	Kaulava Until 8:06AM	Nataraja: Clear		Moon 9 - Phase 26
			Trayodashi Until 8:26PM	Moon – Clear		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	
						<i>Pradosha Vrata</i>	

6	Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran
	Meena Rasi: 16.13	Tithi 14	Gulika 11:49AM – 1:12PM	Uttaraproshtapada Until 6:49AM	Ganesh: White <i>Sunrise:</i> 6:18AM	Sun 27	Sutra 191
			Yama 9:03AM – 10:26AM	Vyaghata* Until 8:44AM	Muruga: Purple <i>Sunset:</i> 5:21PM		Vilamba 5120
	Creative Work	Amrita Yoga	613652364 Rahu 2:35PM – 3:58PM	Gara Until 8:38AM	Nataraja: Clear		Moon 9 - Phase 26
			Chaturdashi* Until 8:39PM	Moon – Clear		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

○	Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnimayam Titau				Tehran, Iran
	Copper Retreat Star		Gulika 10:26AM – 11:49AM	Revati Until 7:14AM	Ganesh: White <i>Sunrise:</i> 6:19AM		Sutra 192
	Meena Rasi: 29.13	Tithi 15	Yama 7:41AM – 9:04AM	Harshana Until 7:14AM	Muruga: Purple <i>Sunset:</i> 5:19PM		Vilamba 5120
	Routine Work	Marana Yoga	613652364 Rahu 11:49AM – 1:12PM	Visti Until 7:56AM Thu	Nataraja: Clear		Moon 9 - Phase 26
			Purnima* Until 8:44AM	Moon – Clear		Purnima	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

○	Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran
	Silver Retreat Star		Gulika 9:04AM – 10:27AM	Ashvini Until 7:26AM	Ganesh: Clear <i>Sunrise:</i> 6:20AM		Sutra 193
	Mesha Rasi: 12.31	Tithi 16	Yama 6:20AM – 7:42AM	Siddhi Until 3:57AM Fri	Muruga: Purple <i>Sunset:</i> 5:18PM		Vilamba 5120
	Creative Work	Amrita Yoga	623652364 Rahu 1:11PM – 2:34PM	Balava Until 7:56AM	Nataraja: Clear		Moon 9 - Phase 26
			Prathama* Until 7:26PM	Moon – White		Prathama	
				Ashvina-Aipasi		Devaloka Day	
						Devaloka Time: 6:PM to 9:PM	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam

Tehran, Iran

Bharani/Krittika Nakshatra Vyatipata* Yoga Tailila/Vanija Karana Dvitiyayam Titau

Sun 1 Sutra 194

Mesha Rasi: 26.04 Tihti 17

Gulika 7:42AM - 9:05AM

Bharani Until 7:02AM

Ganesha: White Sunrise: 6:20AM

Vilamba 5120

Yama 2:33PM - 3:55PM

Vyatipata* Until 7:02AM

Muruga: Purple Sunset: 5:17PM

Moon 10 - Phase 27

624652364 Rahu 10:27AM - 11:49AM

Tailila Until 5:26AM Sat

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 3:57AM Fri

Moon - White
Ashvina-Aipasi

Sivaloka Day

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam

Tehran, Iran

Krittika/Rohini Nakshatra Varyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 195

Vrishabha Rasi: 9.49 Tihti 18 - 19

Gulika 6:21AM - 7:43AM

Krittika Until 6:10AM

Ganesha: White Sunrise: 6:21AM

Vilamba 5120

Yama 1:10PM - 2:32PM

Varyan Until 11:12PM

Muruga: Purple Sunset: 5:16PM

Moon 10 - Phase 27

624652364 Rahu 9:05AM - 10:27AM

Bava Until 3:47AM Sun

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Tritiya Until 4:37PM

Moon - White
Ashvina-Aipasi

Sivaloka Day

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam

Tehran, Iran

Mrigashira Nakshatra Parigha* Yoga Balava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 196

Vrishabha Rasi: 23.42 Tihti 19 - 20

Gulika 2:32PM - 3:53PM

Mrigashira Until 4:14AM Mon

Ganesha: Clear Sunrise: 6:22AM

Vilamba 5120

Yama 11:49AM - 1:10PM

Parigha* Until 8:36PM

Muruga: Purple Sunset: 5:15PM

Moon 10 - Phase 27

634652364 Rahu 3:53PM - 5:15PM

Balava Until 2:53PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 2:53PM

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam

Tehran, Iran

Ardra Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 197

Mithuna Rasi: 7.41 Tihti 20 - 21

Gulika 1:10PM - 2:31PM

Ardra Until 11:06AM Tue

Ganesha: Clear Sunrise: 6:23AM

Vilamba 5120

Yama 10:27AM - 11:48AM

Shiva Until 5:55PM

Muruga: Purple Sunset: 5:14PM

Moon 10 - Phase 27

Family Home Evening

634652364 Rahu 7:45AM - 9:06AM

Gara Until 12:05AM Tue

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 1:01PM

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam

Tehran, Iran

Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 198

Mithuna Rasi: 21.44 Tihti 21 - 22

Gulika 11:48AM - 1:09PM

Ardra Until 11:06AM

Ganesha: Purple Sunrise: 6:24AM

Vilamba 5120

Yama 9:06AM - 10:27AM

Siddha Until 11:85AM Wed

Muruga: Purple Sunset: 5:13PM

Moon 10 - Phase 27

644652364 Rahu 2:31PM - 3:52PM

Visti Until 10:08PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 11:06AM

Moon - Blue
Ashvina-Aipasi

Sivaloka Day

D

Wednesday, October 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam

Tehran, Iran

Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 199

Retreat Star

Kataka Rasi: 5.47 Tihti 22 - 23

Gulika 10:28AM - 11:48AM

Punarvasu Until 9:08AM

Ganesha: Purple Sunrise: 6:25AM

Vilamba 5120

Yama 7:46AM - 9:07AM

Sadhya Until 9:39AM Thu

Muruga: Clear Sunset: 5:12PM

Moon 10 - Phase 27

644662364 Rahu 11:48AM - 1:09PM

Balava Until 8:10PM

Nataraja: Clear

Ashtami

Creative Work Siddha Yoga

Saptami Until 9:08AM

Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Thursday, November 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam

Tehran, Iran

Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 200

Retreat Star

Kataka Rasi: 19.52 Tihti 23 - 24

Gulika 9:07AM - 10:28AM

Ashlesha* Until 11:06PM

Ganesha: Purple Sunrise: 6:26AM

Vilamba 5120

Yama 6:26AM - 7:47AM

Subha Until 9:39AM

Muruga: Clear Sunset: 5:11PM

Moon 10 - Phase 27

644662364 Rahu 1:09PM - 2:29PM

Tailila Until 6:11PM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 7:09AM

Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Until 11:06PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 3.57	Tithi 25	Gulika 7:47AM – 9:08AM Yama 2:29PM – 3:49PM 654662364 Rahu 10:28AM – 11:48AM	Magha* Until 9:59PM Sukla Until 6:51AM Vanija Until 4:12PM Dashami Until 3:12AM Sat	Ganeshha: Clear Muruga: Clear Nataraja: Clear Moon – Red Ashvina-Aipasi	<i>Sunrise:</i> 6:27AM <i>Sunset:</i> 5:10PM	Moon 10 - Phase 28 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 9:59PM Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 18.01	Tithi 26	Gulika 6:28AM – 7:48AM Yama 1:08PM – 2:29PM 654762364 Rahu 9:08AM – 10:28AM	Purvaphalguni Until 8:44PM Indra Until 1:21AM Sun Bava Until 2:15PM Ekadashi* Until 1:16AM Sun	Ganeshha: White Muruga: Clear Nataraja: Clear Moon – Red Ashvina-Aipasi	<i>Sunrise:</i> 6:28AM <i>Sunset:</i> 5:09PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 8:44PM Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tehran, Iran Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 2.04	Tithi 27	Gulika 2:28PM – 3:48PM Yama 11:48AM – 1:08PM 654762364 Rahu 3:48PM – 5:08PM	Uttaraphalguni Until 7:27PM Vaidhriti* Until 10:41PM Kaulava Until 12:22PM Dvadashi* Until 11:27PM	Ganeshha: White Muruga: Clear Nataraja: Clear Moon – Red Ashvina-Aipasi	<i>Sunrise:</i> 6:29AM <i>Sunset:</i> 5:08PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Amrita Yoga						

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Tehran, Iran Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 16.02	Tithi 28	Gulika 1:08PM – 2:28PM Yama 10:29AM – 11:48AM 664762364 Rahu 7:49AM – 9:09AM	Hasta Until 6:37PM Vishkambha* Until 8:10PM Gara Until 10:37AM Trayodashi* Until 9:49PM	Ganeshha: Green Muruga: Clear Nataraja: Clear Moon – Green Ashvina-Aipasi	<i>Sunrise:</i> 6:30AM <i>Sunset:</i> 5:07PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 6:37PM Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata (Fasting)</i>				

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Tehran, Iran Sun 12 Sutra 205 Vilamba 5120
Kanya Rasi: 29.52	Tithi 29	Gulika 11:48AM – 1:08PM Yama 9:10AM – 10:29AM 664762364 Rahu 2:27PM – 3:47PM	Chitra Until 5:54PM Priti Until 5:54PM Visti Until 9:07AM Chaturdashi* Until 8:28PM	Ganeshha: Green Muruga: Clear Nataraja: Clear Moon – Green Ashvina-Aipasi	<i>Sunrise:</i> 6:31AM <i>Sunset:</i> 5:06PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Siddha Yoga		Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day				

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tehran, Iran Sun 13 Sutra 206 Vilamba 5120
Retreat Star		Gulika 10:29AM – 11:48AM Yama 7:51AM – 9:10AM 764762364 Rahu 11:48AM – 1:08PM	Svati Until 5:26PM Ayushman Until 3:55PM Catuspada Until 7:58AM Amavasya* Until 7:32PM	Ganeshha: White Muruga: Clear Nataraja: Clear Moon – Green Ashvina-Aipasi	<i>Sunrise:</i> 6:32AM <i>Sunset:</i> 5:05PM	Moon 10 - Phase 28 Amavasya Devaloka Day
Tula Rasi: 13.3 Tithi 30 Creative Work Siddha Yoga						

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Tehran, Iran Sun 14 Sutra 207 Vilamba 5120
Retreat Star		Gulika 9:11AM – 10:30AM Yama 6:33AM – 7:52AM 775762364 Rahu 1:07PM – 2:26PM	Vishakha Until 5:46PM Saubhagya Until 2:20PM Kintughna Until 7:16AM Prathama* Until 7:07PM	Ganeshha: Orange Muruga: Clear Nataraja: Clear Moon – Orange Karttika-Aipasi	<i>Sunrise:</i> 6:33AM <i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 Prathama Sivaloka Day
Tula Rasi: 26.52 Tithi 1 Creative Work Siddha Yoga		Skanda Shasthi Begins				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Tehran, Iran
	Vrischika Rasi: 9.57	Tithi 2	Gulika 7:52AM – 9:11AM Yama 2:26PM – 3:45PM 775762364 Rahu 10:30AM – 11:49AM	Anuradha Until 6:32PM Sobhana Until 1:15PM Balava Until 7:09AM Dvitiya Until 7:19PM	Ganesha: Orange <i>Sunrise:</i> 6:34AM Muruga: Clear <i>Sunset:</i> 5:03PM Nataraja: Clear Moon – Orange Karttika•Aipasi	Sun 15 Sutra 208 Vilamba 5120 Moon 10 - Phase 29 3rd Phase	
	Creative Work	Siddha Yoga					Sivaloka Day
Until 6:32PM Then Routine Work - Marana Yoga							

2	Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau				Tehran, Iran
	Vrischika Rasi: 22.43	Tithi 3	Gulika 6:35AM – 7:53AM Yama 1:07PM – 2:26PM 775762364 Rahu 9:12AM – 10:30AM	Jyeshtha* Until 7:48PM Athiganda* Until 12:38PM Taitila Until 7:42AM Tritiya Until 8:12PM	Ganesha: Orange <i>Sunrise:</i> 6:35AM Muruga: Clear <i>Sunset:</i> 5:03PM Nataraja: Clear Moon – Orange Karttika•Aipasi	Sun 16 Sutra 209 Vilamba 5120 Moon 10 - Phase 29 3rd Phase	
	Creative Work	Siddha Yoga					Sivaloka Day

3	Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija Karana Chaturthyam Titau				Tehran, Iran
	Dhanus Rasi: 5.1	Tithi 4	Gulika 2:25PM – 3:44PM Yama 11:49AM – 1:07PM 785762364 Rahu 3:44PM – 5:02PM	Mula* Until 11:53PM Mon Sukarma Until 12:33PM Vanija Until 8:55AM Chaturthi* Until 9:45PM	Ganesha: Clear <i>Sunrise:</i> 6:36AM Muruga: Clear <i>Sunset:</i> 5:02PM Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Sun 17 Sutra 210 Vilamba 5120 Moon 10 - Phase 29 3rd Phase	
	Creative Work	Amrita Yoga					Sivaloka Day
Until 11:53PM Mon Then Creative Work - Siddha Yoga							

4	Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran
	Dhanus Rasi: 17.2	Tithi 5	Gulika 1:07PM – 2:25PM Yama 10:31AM – 11:49AM 785762364 Rahu 7:55AM – 9:13AM	Mula* Until 11:53PM Dhriti Until 13:42AM Tue Bava Until 10:47AM Panchami Until 11:53PM	Ganesha: Clear <i>Sunrise:</i> 6:37AM Muruga: Clear <i>Sunset:</i> 5:01PM Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Sun 18 Sutra 211 Vilamba 5120 Moon 10 - Phase 29 3rd Phase	
	Family Home Evening						Sivaloka Day
Routine Work Marana Yoga							

5	Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Tehran, Iran
	Dhanus Rasi: 29.19	Tithi 6	Gulika 11:49AM – 1:07PM Yama 9:13AM – 10:31AM 785762364 Rahu 2:25PM – 3:42PM	Uttarashadha Until 3:28AM Wed Shula* Until 1:42PM Kaulava Until 1:08PM Shashthi* Until 2:25AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:38AM Muruga: Clear <i>Sunset:</i> 5:00PM Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Sun 19 Sutra 212 Vilamba 5120 Moon 10 - Phase 29 3rd Phase	
	Routine Work	Prabalarishta Yoga					Sivaloka Day
Until 3:28AM Wed Then Creative Work - Siddha Yoga							

6	Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
	Makara Rasi: 11.09	Tithi 7	Gulika 10:32AM – 11:49AM Yama 7:56AM – 9:14AM 795762364 Rahu 11:49AM – 1:07PM	Shravana Until 6:46AM Thu Ganda* Until 2:40PM Gara Until 3:48PM Saptami Until 5:08AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:39AM Muruga: Clear <i>Sunset:</i> 5:00PM Nataraja: Clear Moon – Purple Karttika•Aipasi	Sun 20 Sutra 213 Vilamba 5120 Moon 10 - Phase 29 3rd Phase	
	Creative Work	Siddha Yoga					Subha Sivaloka Day

D	Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Visti* Karana Ashtamyam Titau				Tehran, Iran
	Retreat Star		Gulika 9:14AM – 10:32AM Yama 6:40AM – 7:57AM 795762364 Rahu 1:07PM – 2:24PM	Shravana Until 6:46AM Vridhi Until 3:40PM Visti Until 6:29PM Ashtami* Until 7:43AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:40AM Muruga: Clear <i>Sunset:</i> 4:59PM Nataraja: Clear Moon – Purple Karttika•Aipasi	Sun 21 Sutra 214 Vilamba 5120 Moon 10 - Phase 29 Ashtami	
	Creative Work	Siddha Yoga					Subha Sivaloka Day

D	Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran
	Retreat Star		Gulika 7:58AM – 9:15AM Yama 2:24PM – 3:41PM 795762364 Rahu 10:32AM – 11:49AM	Dhanishtha Until 9:48AM Dhruva Until 4:29PM Balava Until 8:55PM Ashtami* Until 7:43AM	Ganesha: Purple <i>Sunrise:</i> 6:41AM Muruga: Clear <i>Sunset:</i> 4:58PM Nataraja: Clear Moon – Purple Karttika•Kartikai	Sun 22 Sutra 215 Vilamba 5120 Moon 10 - Phase 29 Navami	
	Creative Work	Siddha Yoga					Subha Sivaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau	Tehran, Iran Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 16.44	Tithi 9 – 10	Gulika 6:42AM – 7:59AM	Shatabhishak Until 12:17PM	Ganesh: Clear	<i>Sunrise:</i> 6:42AM		
		Yama 1:07PM – 2:24PM	Vyaghata* Until 4:59PM	Muruga: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 30	
		Rahu 9:16AM – 10:33AM	Tailila Until 10:53PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 9:57AM	Moon – Purple		Devaloka Day	
Until 12:17PM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Tehran, Iran Sun 24 Sutra 217 Vilamba 5120
Kumbha Rasi: 28.55	Tithi 10 – 11	Gulika 2:24PM – 3:40PM	Purvaproshtapada* Until 2:32PM	Ganesh: Red	<i>Sunrise:</i> 6:43AM		
		Yama 11:50AM – 1:07PM	Harshana Until 5:02PM	Muruga: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 30	
		Rahu 3:40PM – 4:57PM	Vanija Until 12:11AM Mon	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 11:36AM	Moon – Clear		Devaloka Day	
Until 2:32PM				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Tehran, Iran Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 11.24	Tithi 11 – 12	Gulika 1:07PM – 2:23PM	Uttaraproshtapada Until 3:55PM	Ganesh: Red	<i>Sunrise:</i> 6:44AM		
		Yama 10:33AM – 11:50AM	Vajra* Until 4:30PM	Muruga: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 30	
Family Home Evening		Rahu 8:00AM – 9:17AM	Bava Until 12:45AM Tue	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:32PM	Moon – Clear		Devaloka Day	
				Karttika-Karttikai			

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Tehran, Iran Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 24.13	Tithi 12 – 13	Gulika 11:50AM – 1:07PM	Revati Until 4:26PM	Ganesh: Red	<i>Sunrise:</i> 6:45AM		
		Yama 9:17AM – 10:34AM	Siddhi Until 3:23PM	Muruga: Clear	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 30	
		Rahu 2:23PM – 3:40PM	Kaulava Until 12:33AM Wed	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 12:43PM	Moon – Clear		Devaloka Day	
				Karttika-Karttikai			
				<i>Pradosha Vrata</i>			

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatiyata*/Varyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Tehran, Iran Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 7.25	Tithi 13 – 14	Gulika 10:34AM – 11:51AM	Ashvini Until 4:33PM	Ganesh: Blue	<i>Sunrise:</i> 6:46AM		
		Yama 8:02AM – 9:18AM	Vyatiyata* Until 1:43PM	Muruga: Clear	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 30	
		Rahu 11:51AM – 1:07PM	Gara Until 11:40PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 12:10PM	Moon – White		Bhuloka Day	
Until 4:33PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Tehran, Iran Sun 27 Sutra 221 Vilamba 5120
Copper Retreat Star		Gulika 9:19AM – 10:35AM	Bharani Until 3:53PM	Ganesh: Blue	<i>Sunrise:</i> 6:47AM		
Mesha Rasi: 20.58	Tithi 14 – 15	Yama 6:47AM – 8:03AM	Varyan Until 11:31AM	Muruga: Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 30	
		Rahu 1:07PM – 2:23PM	Visti Until 10:10PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:58AM	Moon – White		Bhuloka Day	
Until 3:53PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Tehran, Iran Sun 27 Sutra 222 Vilamba 5120
Silver Retreat Star		Gulika 8:03AM – 9:19AM	Krittika Until 2:35PM	Ganesh: Blue	<i>Sunrise:</i> 6:48AM		
Vrishabha Rasi: 4.52	Tithi 15 – 16	Yama 2:23PM – 3:39PM	Parigha* Until 8:55AM	Muruga: Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 30	
		Rahu 10:35AM – 11:51AM	Balava Until 8:12PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 9:13AM	Moon – White		Bhuloka Day	
Until 2:35PM		Krittika Deepam		Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga		Vinayaga Viratam Begins					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Tehran, Iran
Sutra 223

Wrishabha Rasi: 19.02 Tihi 16 – 17

737762365

Gulika 6:48AM – 8:04AM
Yama 1:07PM – 2:23PM
Rahu 9:20AM – 10:36AM

Rohini Until 1:12PM
Siddha Until 1:12PM
Gara Until 5:55PM
Prathama* Until 8:55AM

Ganesha: Red *Sunrise:* 6:48AM
Muruga: Clear *Sunset:* 4:54PM

Moon 11 - Phase 31
1st Phase

Creative Work Amrita Yoga

Until 1:12PM

Then Creative Work - Siddha Yoga

Moon – Yellow
Karttika-Karttikai

Devaloka Day

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran
Sun 1 Sutra 224

Mithuna Rasi: 3.23 Tihi 18

737762365

Gulika 2:23PM – 3:38PM
Yama 11:52AM – 1:07PM
Rahu 3:38PM – 4:54PM

Mrigashira Until 11:26AM
Sadhya Until 11:32PM
Vanija Until 3:25PM
Tritiya Until 2:07AM Mon

Ganesha: Red *Sunrise:* 6:49AM
Muruga: Clear *Sunset:* 4:54PM

Moon 11 - Phase 31
1st Phase

Creative Work Siddha Yoga

Until 9:27AM

Then Creative Work - Amrita Yoga

Moon – Yellow
Karttika-Karttikai

Devaloka Day

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava Karana Chaturthyam Titau

Tehran, Iran
Sun 2 Sutra 225

Mithuna Rasi: 17.49 Tihi 19

737762365

Gulika 1:07PM – 2:23PM
Yama 10:37AM – 11:52AM
Rahu 8:06AM – 9:21AM

Ardra Until 9:27AM
Subha Until 8:15PM
Bava Until 12:51PM
Chaturthi* Until 11:34PM

Ganesha: Red *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 4:54PM

Moon 11 - Phase 31
1st Phase

Creative Work Siddha Yoga

Until 9:27AM

Then Creative Work - Amrita Yoga

Moon – Yellow
Karttika-Karttikai

Devaloka Day

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran
Sun 3 Sutra 226

Kataka Rasi: 2.16 Tihi 20

747762365

Gulika 11:52AM – 1:08PM
Yama 9:22AM – 10:37AM
Rahu 2:23PM – 3:38PM

Punarvasu Until 7:46AM
Sukla Until 5:00PM
Kaulava Until 10:20AM
Panchami Until 9:06PM

Ganesha: Green *Sunrise:* 6:51AM
Muruga: Clear *Sunset:* 4:53PM

Moon 11 - Phase 31
1st Phase

Creative Work Siddha Yoga

Until 9:27AM

Then Creative Work - Amrita Yoga

Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran
Sun 4 Sutra 227

Kataka Rasi: 16.37 Tihi 21

747862365

Gulika 10:38AM – 11:53AM
Yama 8:07AM – 9:22AM
Rahu 11:53AM – 1:08PM

Pushya Until 6:04AM
Brahma Until 1:53PM
Gara Until 7:56AM
Shashthi* Until 6:47PM

Ganesha: White *Sunrise:* 6:52AM
Muruga: Clear *Sunset:* 4:53PM

Moon 11 - Phase 31
1st Phase

Creative Work Siddha Yoga

Until 9:27AM

Then Creative Work - Amrita Yoga

Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran
Sun 5 Sutra 228

Simha Rasi: 0.5 Tihi 22 – 23

757863365

Gulika 9:23AM – 10:38AM
Yama 6:53AM – 8:08AM
Rahu 1:08PM – 2:23PM

Magha* Until 3:16AM Fri
Indra Until 10:57AM
Balava Until 3:47AM Fri
Saptami Until 4:42PM

Ganesha: Clear *Sunrise:* 6:53AM
Muruga: Purple *Sunset:* 4:53PM

Moon 11 - Phase 31
1st Phase

Creative Work Amrita Yoga

Until 3:16AM Fri

Then Creative Work - Siddha Yoga

Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Ashtami/Navamyam Titau

Tehran, Iran
Sun 6 Sutra 229

Simha Rasi: 14.55 Tihi 23 – 24

757863365

Gulika 8:09AM – 9:24AM
Yama 2:23PM – 3:38PM
Rahu 10:39AM – 11:53AM

Purvaphalguni Until 2:15AM Sat
Vaidhriti* Until 8:11AM
Kaulava Until 2:52PM
Ashtami* Until 2:52PM

Ganesha: Clear *Sunrise:* 6:54AM
Muruga: Purple *Sunset:* 4:53PM

Moon 11 - Phase 31
Ashtami

Creative Work Siddha Yoga

Until 2:15AM Sat

Then Routine Work - Marana Yoga

Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Tehran, Iran
Sun 7 Sutra 230

Simha Rasi: 28.49 Tihi 24 – 25

758863365

Gulika 6:55AM – 8:10AM
Yama 1:08PM – 2:23PM
Rahu 9:24AM – 10:39AM

Uttaraphalguni Until 1:20AM Sun
Priti Until 3:20AM Sun
Vanija Until 12:39AM Sun
Navami* Until 1:19PM

Ganesha: Orange *Sunrise:* 6:55AM
Muruga: Purple *Sunset:* 4:52PM

Moon 11 - Phase 31
Navami

Routine Work Marana Yoga

Until 1:20AM Sun

Then Creative Work - Amrita Yoga

Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tehran, Iran Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 12.34	Tithi 25 – 26	Gulika 2:23PM – 3:38PM	Hasta Until 1:00AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:56AM		
			Yama 11:54AM – 1:09PM	Ayushman Until 1:13AM Mon	Muruga: Purple <i>Sunset:</i> 4:52PM		Moon 11 - Phase 32 2nd Phase

768863365 **Rahu** 3:38PM – 4:52PM
Bava Until 11:31PM
Dashami Until 12:01PM
Nataraja: White
Moon – Green
Bhuloka Day
Karttika-Karttikai

Creative Work Amrita Yoga
Until 1:00AM Mon
Then Routine Work - Prabalarishta Yoga

2	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran Sun 9 Sutra 232 Vilamba 5120
	Kanya Rasi: 26.08	Tithi 26 – 27	Gulika 1:09PM – 2:23PM	Chitra Until 12:50AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 6:57AM		
	Family Home Evening		Yama 10:40AM – 11:55AM	Saubhagya Until 11:22PM	Muruga: Purple <i>Sunset:</i> 4:52PM		Moon 11 - Phase 32 2nd Phase

768863365 **Rahu** 8:11AM – 9:26AM
Kaulava Until 10:41PM
Ekadashi* Until 11:02AM
Nataraja: White
Moon – Green
Bhuloka Day
Karttika-Karttikai

Routine Work Prabalarishta Yoga
Until 12:50AM Tue
Then Creative Work - Siddha Yoga

3	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 9.31	Tithi 27 – 28	Gulika 11:55AM – 1:09PM	Svati Until 12:51AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:58AM		
			Yama 9:26AM – 10:41AM	Sobhana Until 9:47PM	Muruga: Purple <i>Sunset:</i> 4:52PM		Moon 11 - Phase 32 2nd Phase


768863365 **Rahu** 2:24PM – 3:38PM
Gara Until 10:11PM
Dvadashi* Until 10:22AM
Nataraja: White
Moon – Green
Bhuloka Day
Karttika-Karttikai

Creative Work Siddha Yoga
Pradosha Vrata (Fasting)

4	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 22.43	Tithi 28 – 29	Gulika 10:41AM – 11:55AM	Vishakha Until 1:33AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:59AM		
			Yama 8:13AM – 9:27AM	Athiganda* Until 8:30PM	Muruga: Purple <i>Sunset:</i> 4:52PM		Moon 11 - Phase 32 2nd Phase


778863365 **Rahu** 11:55AM – 1:10PM
Visti Until 10:06PM
Trayodashi* Until 10:04AM
Nataraja: White
Moon – Orange
Bhuloka Day
Karttika-Karttikai

Creative Work Siddha Yoga

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran Sun 12 Sutra 235 Vilamba 5120
	Retreat Star		Gulika 9:28AM – 10:42AM	Anuradha Until 2:34AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:59AM		
	Vrischika Rasi: 5.43	Tithi 29 – 30	Yama 6:59AM – 8:13AM	Sukarma Until 7:34PM	Muruga: Purple <i>Sunset:</i> 4:52PM		Moon 11 - Phase 32 Amavasya

778863365 **Rahu** 1:10PM – 2:24PM
Catuspada Until 10:29PM
Chaturdashi* Until 10:12AM
Nataraja: White
Moon – Orange
Bhuloka Day
Karttika-Karttikai

Creative Work Siddha Yoga
Until 2:34AM Fri
Then Routine Work - Marana Yoga

	Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran Sun 13 Sutra 236 Vilamba 5120
	Retreat Star		Gulika 8:14AM – 9:28AM	Jyeshtha* Until 3:55AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 7:00AM		
	Vrischika Rasi: 18.28	Tithi 30 – 1	Yama 2:24PM – 3:38PM	Dhriti Until 7:03PM	Muruga: Purple <i>Sunset:</i> 4:52PM		Moon 11 - Phase 32 Prathama

779863365 **Rahu** 10:42AM – 11:56AM
Kintughna Until 11:22PM
Amavasya* Until 10:50AM
Nataraja: White
Moon – Orange
Bhuloka Day
Margasira-Karttikai

Routine Work Marana Yoga
Until 3:55AM Sat
Then Creative Work - Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Tehran, Iran Sun 23
	Meena Rasi: 19.12	Titithi 10	Gulika	1:14PM – 2:28PM	Revati Until 2:08AM Tue	Ganesh: Purple Sunrise: 7:08AM	Sutra 246 Vilamba 5120
	Family Home Evening	811863365	Yama	10:48AM – 12:01PM	Variyan Until 11:08PM	Muruga: Purple Sunset: 4:54PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu	8:21AM – 9:34AM	Taitila Until 5:52PM	Nataraja: White Moon – Clear	4th Phase Bhuloka Day
				Dashami Until 5:59AM Tue	Margasira*Markali		

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran Sun 24
	Mesha Rasi: 1.59	Titithi 11	Gulika	12:01PM – 1:15PM	Ashvini Until 2:39AM Wed	Ganesh: Clear Sunrise: 7:08AM	Sutra 247 Vilamba 5120
	Creative Work	Siddha Yoga	Yama	9:35AM – 10:48AM	Parigha* Until 9:51PM	Muruga: Purple Sunset: 4:55PM	Moon 11 - Phase 34
			821863365	Rahu	2:28PM – 3:41PM	Visti Until 5:56PM	Nataraja: White Moon – White
			Vaikuntha Ekadasi	Ekadashi Until 5:38AM Wed	Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Tehran, Iran Sun 25
	Mesha Rasi: 15.11	Titithi 12	Gulika	10:49AM – 12:02PM	Bharani Until 2:13AM Thu	Ganesh: Clear Sunrise: 7:09AM	Sutra 248 Vilamba 5120
	Creative Work	Siddha Yoga	Yama	8:22AM – 9:35AM	Shiva Until 7:56PM	Muruga: Purple Sunset: 4:55PM	Moon 11 - Phase 34
	Until 2:13AM Thu			821863365	Rahu	12:02PM – 1:15PM	Nataraja: White Moon – White
Then Routine Work - Marana Yoga						Margasira*Markali	Devaloka Time: 6:AM to 9:AM

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran Sun 26
	Mesha Rasi: 28.5	Titithi 13	Gulika	9:36AM – 10:49AM	Krittika Until 12:58AM Fri	Ganesh: Clear Sunrise: 7:09AM	Sutra 249 Vilamba 5120
	Routine Work	Marana Yoga	Yama	7:09AM – 8:23AM	Siddha Until 5:26PM	Muruga: Purple Sunset: 4:55PM	Moon 11 - Phase 34
			821863365	Rahu	1:16PM – 2:29PM	Kaulava Until 3:39PM	Nataraja: White Moon – White
						Trayodashi Until 2:38AM Fri	Devaloka Time: 6:AM to 9:AM
<i>Pradosha Vrata</i>							

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27
	Vrishabha Rasi: 12.53	Titithi 14	Gulika	8:23AM – 9:36AM	Rohini Until 11:24PM	Ganesh: White Sunrise: 7:10AM	Sutra 250 Vilamba 5120
	Routine Work	Marana Yoga	Yama	2:29PM – 3:43PM	Sadhya Until 2:26PM	Muruga: Purple Sunset: 4:56PM	Moon 11 - Phase 34
	Until 11:24PM			831863365	Rahu	10:50AM – 12:03PM	Nataraja: White Moon – Yellow
Then Creative Work - Siddha Yoga			Day 1 of Pancha Ganapati	Chaturdashi* Until 12:13AM Sat	Margasira*Markali		

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran Sun 28
	Copper Retreat Star		Gulika	7:10AM – 8:24AM	Mrigashira Until 9:17PM	Ganesh: Yellow Sunrise: 7:10AM	Sutra 251 Vilamba 5120
	Vrishabha Rasi: 27.19	Titithi 15	Yama	1:17PM – 2:30PM	Subha Until 11:02AM	Muruga: Purple Sunset: 4:56PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	831963365	Rahu	9:37AM – 10:50AM	Nataraja: White Moon – Yellow	Purnima Bhuloka Day
			Day 2 of Pancha Ganapati	Purnima* Until 9:22PM	Margasira*Markali	Devaloka Time: 9:AM to 12:PM	

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran Sun 29
	Silver Retreat Star		Gulika	2:30PM – 3:44PM	Ardra Until 6:45PM	Ganesh: Yellow Sunrise: 7:11AM	Sutra 252 Vilamba 5120
	Mithuna Rasi: 12.01	Titithi 16	Yama	12:04PM – 1:17PM	Sukla Until 7:21AM	Muruga: Purple Sunset: 4:57PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	831963365	Rahu	3:44PM – 4:57PM	Nataraja: White Moon – Yellow	Prathama Bhuloka Day
			Day 3 of Pancha Ganapati	Prathama* Until 6:15PM	Margasira*Markali	Devaloka Time: 9:AM to 12:PM	
Ardra Darshanam							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 26.53 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 4:23PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:18PM - 2:31PM

Yama 10:51AM - 12:04PM

Rahu 8:25AM - 9:38AM

Day 4 of Pancha Ganapati

Punarvasu Until 4:23PM

Indra Until 11:37PM

Vanija Until 1:25AM Tue

Dvitiya Until 3:01PM

Ganesha: Blue Sunrise: 7:11AM

Muruga: Purple Sunset: 4:57PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Tehran, Iran

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 11.46 Tihi 18 - 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:05PM - 1:18PM

Yama 9:38AM - 10:52AM

Rahu 2:31PM - 3:45PM

Day 5 of Pancha Ganapati

Pushya Until 1:55PM

Vaidhriti* Until 7:48PM

Bava Until 10:17PM

Tritiya Until 11:49AM

Ganesha: Blue Sunrise: 7:12AM

Muruga: Purple Sunset: 4:58PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Tehran, Iran

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 26.33 Tihi 19 - 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Ashlesha*/Magha* Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:52AM - 12:05PM

Yama 8:25AM - 9:39AM

Rahu 12:05PM - 1:19PM

Day 5 of Pancha Ganapati

Ashlesha* Until 11:29AM

Vishkambha* Until 4:09PM

Kaulava Until 7:22PM

Chaturthi* Until 8:46AM

Ganesha: Yellow Sunrise: 7:12AM

Muruga: Purple Sunset: 4:59PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Tehran, Iran

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 11.08 Tihi 20 - 21

Creative Work Amrita Yoga

Until 9:38AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Prili/Ayushman Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Gulika 9:39AM - 10:53AM

Yama 7:13AM - 8:26AM

Rahu 1:19PM - 2:33PM

Day 5 of Pancha Ganapati

Magha* Until 9:38AM

Priti Until 12:47PM

Vanija Until 3:40AM Fri

Panchami Until 6:01AM

Ganesha: Blue Sunrise: 7:13AM

Muruga: Purple Sunset: 4:59PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Tehran, Iran

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 25.27 Tihi 22

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:26AM - 9:40AM

Yama 2:33PM - 3:47PM

Rahu 10:53AM - 12:06PM

Day 5 of Pancha Ganapati

Purvaphalguni Until 8:03AM

Ayushman Until 9:44AM

Visti Until 2:40PM

Saptami Until 1:46AM Sat

Ganesha: Blue Sunrise: 7:13AM

Muruga: Purple Sunset: 5:00PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Tehran, Iran

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 9.27 Tihi 23

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:13AM - 8:27AM

Yama 1:20PM - 2:34PM

Rahu 9:40AM - 10:53AM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 6:47AM

Saubhagya Until 7:05AM

Balava Until 1:02PM

Ashtami* Until 12:24AM Sun

Ganesha: Blue Sunrise: 7:13AM

Muruga: Purple Sunset: 5:01PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Tehran, Iran

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 23.08 Tihi 24

Creative Work Amrita Yoga

Until 6:20AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Hasta/Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:34PM - 3:48PM

Yama 12:07PM - 1:21PM

Rahu 3:48PM - 5:01PM

Day 5 of Pancha Ganapati

Hasta Until 6:20AM

Athiganda* Until 3:03AM Mon

Taitila Until 11:56AM

Navami* Until 11:34PM

Ganesha: Red Sunrise: 7:13AM

Muruga: Purple Sunset: 5:01PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Tehran, Iran

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

1		Monday, December 31, 2018				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Tehran, Iran Sun 8 Sutra 260 Vilamba 5120	
Tula Rasi: 6.31	Tithi 25	Gulika	1:21PM – 2:35PM	Chitra Until 6:16AM	Ganesh: Red	<i>Sunrise:</i> 7:14AM			
Family Home Evening	862963366	Yama	10:54AM – 12:08PM	Sukarma Until 1:39AM Tue	Muruga: Purple	<i>Sunset:</i> 5:02PM		Moon 12 - Phase 36	2nd Phase
Routine Work	Prabalarishta Yoga	Rahu	8:27AM – 9:41AM	Vanija Until 11:22AM	Nataraja: Green				
Until 6:16AM				Dashami Until 11:15PM	Moon – Green		Bhuloka Day		
Then Creative Work - Amrita Yoga					Margasira •Markali		Devaloka Time: 6:AM to 9:AM		

2		Tuesday, January 1, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Tehran, Iran Sun 9 Sutra 261 Vilamba 5120	
Tula Rasi: 19.37	Tithi 26	Gulika	12:08PM – 1:22PM	Svati Until 6:33AM	Ganesh: Red	<i>Sunrise:</i> 7:14AM			
Creative Work	Siddha Yoga	Yama	9:41AM – 10:55AM	Dhriti Until 12:39AM Wed	Muruga: Purple	<i>Sunset:</i> 5:03PM		Moon 12 - Phase 36	2nd Phase
Until 6:33AM		Rahu	2:36PM – 3:49PM	Bava Until 11:19AM	Nataraja: Green				
Then Routine Work - Marana Yoga				Ekadashi* Until 11:28PM	Moon – Green		Bhuloka Day		
					Margasira •Markali		Devaloka Time: 6:AM to 9:AM		

3		Wednesday, January 2, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Tehran, Iran Sun 10 Sutra 262 Vilamba 5120	
Vrischika Rasi: 2.28	Tithi 27	Gulika	10:55AM – 12:09PM	Vishakha Until 7:38AM	Ganesh: Green	<i>Sunrise:</i> 7:14AM			
Creative Work	Siddha Yoga	Yama	8:28AM – 9:41AM	Shula* Until 12:01AM Thu	Muruga: Purple	<i>Sunset:</i> 5:04PM		Moon 12 - Phase 36	2nd Phase
Until 6:33AM		Rahu	12:09PM – 1:22PM	Kaulava Until 11:47AM	Nataraja: Green				
Then Routine Work - Marana Yoga				Dvadashi* Until 12:10AM Thu	Moon – Orange		Bhuloka Day		
					Margasira •Markali				

4		Thursday, January 3, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Tehran, Iran Sun 11 Sutra 263 Vilamba 5120	
Vrischika Rasi: 15.05	Tithi 28	Gulika	9:42AM – 10:56AM	Anuradha Until 9:01AM	Ganesh: Green	<i>Sunrise:</i> 7:14AM			
Creative Work	Siddha Yoga	Yama	7:14AM – 8:28AM	Ganda* Until 11:44PM	Muruga: Purple	<i>Sunset:</i> 5:04PM		Moon 12 - Phase 36	2nd Phase
Until 9:01AM		Rahu	1:23PM – 2:37PM	Gara Until 12:43PM	Nataraja: Green				
Then Routine Work - Prabalarishta Yoga				Trayodashi* Until 1:21AM Fri	Moon – Orange		Bhuloka Day		
					Margasira •Markali				

5		Friday, January 4, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Tehran, Iran Sun 12 Sutra 264 Vilamba 5120	
Vrischika Rasi: 27.3	Tithi 29	Gulika	8:28AM – 9:42AM	Jyeshtha* Until 10:42AM	Ganesh: Green	<i>Sunrise:</i> 7:14AM			
Routine Work	Marana Yoga	Yama	2:37PM – 3:51PM	Vriddhi Until 11:49PM	Muruga: Purple	<i>Sunset:</i> 5:05PM		Moon 12 - Phase 36	2nd Phase
Until 10:42AM		Rahu	10:56AM – 12:10PM	Visti Until 2:07PM	Nataraja: Green				
Then Creative Work - Amrita Yoga				Chaturdashi* Until 2:58AM Sat	Moon – Orange		Bhuloka Day		
					Margasira •Markali				

●		Saturday, January 5, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Tehran, Iran Sun 13 Sutra 265 Vilamba 5120	
Retreat Star		Gulika	7:15AM – 8:28AM	Mula* Until 1:06PM	Ganesh: White	<i>Sunrise:</i> 7:15AM			
Dhanus Rasi: 9.44	Tithi 30	Yama	1:24PM – 2:38PM	Dhruva Until 12:10AM Sun	Muruga: Purple	<i>Sunset:</i> 5:06PM		Moon 12 - Phase 36	Amavasya
Creative Work	Siddha Yoga	Rahu	9:42AM – 10:56AM	Catuspada Until 3:57PM	Nataraja: Green				
Until 3:43PM				Amavasya* Until 4:59AM Sun	Moon – Light Blue		Bhuloka Day		
Then Creative Work - Amrita Yoga		Subramuniyaswami Jayanti			Margasira •Markali				

●		Sunday, January 6, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Tehran, Iran Sun 14 Sutra 266 Vilamba 5120	
Retreat Star		Gulika	2:39PM – 3:53PM	Purvashadha* Until 3:43PM	Ganesh: White	<i>Sunrise:</i> 7:15AM			
Dhanus Rasi: 21.49	Tithi 1	Yama	12:11PM – 1:25PM	Vyaghata* Until 3:43PM	Muruga: Clear	<i>Sunset:</i> 5:07PM		Moon 12 - Phase 36	Prathama
Creative Work	Siddha Yoga	Rahu	3:53PM – 5:07PM	Kintughna Until 6:09PM	Nataraja: Green				
Until 3:43PM				Prathama* Until 7:20AM Mon	Moon – Light Blue		Bhuloka Day		
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Pausha •Markali		Devaloka Time: 12:PM to 3:PM		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran
	Makara Rasi: 3.45	Tithi 1 – 2	Gulika	1:25PM – 2:39PM	Uttarashadha Until 6:26PM	Ganesh: White	Sunrise: 7:15AM
Family Home Evening		882973366	Rahu	8:29AM – 9:43AM	Muruga: Clear	Sunset: 5:08PM	Sun 15 Sutra 267
Routine Work Marana Yoga				Harshana Until 1:39AM Tue	Nataraja: Green		Moon 12 - Phase 37
Until 6:26PM				Balava Until 8:39PM	Moon – Light Blue		3rd Phase
Then Creative Work - Amrita Yoga				Prathama* Until 7:20AM	Pausha-Markali	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

2	Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran
	Makara Rasi: 16	Tithi 2 – 3	Gulika	12:12PM – 1:26PM	Shravana Until 9:42PM	Ganesh: Red	Sunrise: 7:15AM
Creative Work Siddha Yoga		893973366	Rahu	2:40PM – 3:54PM	Vajra* Until 2:36AM Wed	Muruga: Clear	Sunset: 5:08PM
				Taitila Until 11:20PM	Nataraja: Green		Moon 12 - Phase 37
				Dvitiya Until 9:57AM	Moon – Purple		3rd Phase
					Pausha-Markali	Devaloka Day	

3	Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Tehran, Iran
	Makara Rasi: 27.23	Tithi 3 – 4	Gulika	10:58AM – 12:12PM	Dhanishtha Until 12:52AM Thu	Ganesh: Red	Sunrise: 7:15AM
Routine Work Prabalarishta Yoga		893973366	Rahu	12:12PM – 1:26PM	Siddhi Until 3:36AM Thu	Muruga: Clear	Sunset: 5:09PM
Until 12:52AM Thu				Vanija Until 2:06AM Thu	Nataraja: Green		Moon 12 - Phase 37
Then Creative Work - Siddha Yoga				Tritiya Until 12:42PM	Moon – Purple		3rd Phase
					Pausha-Markali	Devaloka Day	

4	Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran
	Kumbha Rasi: 9.11	Tithi 4 – 5	Gulika	9:43AM – 10:58AM	Shatabhishak Until 3:46AM Fri	Ganesh: Red	Sunrise: 7:15AM
Creative Work Siddha Yoga		893973366	Rahu	1:27PM – 2:41PM	Vyatipata* Until 4:31AM Fri	Muruga: Clear	Sunset: 5:10PM
				Bava Until 4:45AM Fri	Nataraja: Green		Moon 12 - Phase 37
				Chaturthi* Until 3:25PM	Moon – Purple		3rd Phase
					Pausha-Markali	Devaloka Day	

5	Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran
	Kumbha Rasi: 21.01	Tithi 5 – 6	Gulika	8:29AM – 9:44AM	Purvaproshtapada* Until 6:44AM Sat	Ganesh: Clear	Sunrise: 7:14AM
Creative Work Siddha Yoga		813973366	Rahu	10:58AM – 12:13PM	Variyan Until 5:13AM Sat	Muruga: Clear	Sunset: 5:11PM
				Kaulava Until 7:07AM Sat	Nataraja: Green		Moon 12 - Phase 37
				Panchami Until 5:57PM	Moon – Clear		3rd Phase
					Pausha-Markali	Devaloka Day	

6	Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Tehran, Iran
	Meena Rasi: 2.57	Tithi 6	Gulika	7:14AM – 8:29AM	Purvaproshtapada* Until 6:44AM	Ganesh: Clear	Sunrise: 7:14AM
Routine Work Marana Yoga		813973366	Rahu	9:44AM – 10:58AM	Parigha* Until 5:36AM Sun	Muruga: Clear	Sunset: 5:12PM
Until 6:44AM				Kaulava Until 7:07AM	Nataraja: Green		Moon 12 - Phase 37
Then Creative Work - Siddha Yoga				Shashthi* Until 8:07PM	Moon – Clear		3rd Phase
					Pausha-Markali	Devaloka Day	

Sunday, January 13, 2019	Retreat Star		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
	Meena Rasi: 15.04	Tithi 7	Gulika	2:43PM – 3:58PM	Uttaraproshtapada Until 9:07AM	Ganesh: Clear	Sunrise: 7:14AM
Creative Work Amrita Yoga		813973366	Rahu	3:58PM – 5:13PM	Shiva Until 5:32AM Mon	Muruga: Clear	Sunset: 5:13PM
				Gara Until 9:02AM	Nataraja: Green		Moon 12 - Phase 37
				Saptami Until 9:45PM	Moon – Clear		3rd Phase
					Pausha-Markali	Devaloka Day	

Monday, January 14, 2019	Retreat Star		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran
	Meena Rasi: 27.26	Tithi 8	Gulika	1:29PM – 2:44PM	Revati Until 10:44AM	Ganesh: Clear	Sunrise: 7:14AM
Family Home Evening		813973366	Rahu	8:29AM – 9:44AM	Siddha Until 4:53AM Tue	Muruga: Clear	Sunset: 5:14PM
Creative Work Siddha Yoga				Visti Until 10:19AM	Nataraja: Green		Moon 12 - Phase 37
				Ashtami* Until 10:40PM	Moon – Clear		Ashtami
					Pausha-Thai	Devaloka Day	

Tuesday, January 15, 2019	Retreat Star		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran
	Mesha Rasi: 10.07	Tithi 9	Gulika	12:14PM – 1:30PM	Ashvini Until 11:58AM	Ganesh: Purple	Sunrise: 7:14AM
Creative Work Siddha Yoga		823973366	Rahu	2:45PM – 4:00PM	Sadhya Until 3:38AM Wed	Muruga: Clear	Sunset: 5:15PM
				Balava Until 10:51AM	Nataraja: Green		Moon 12 - Phase 37
				Navami* Until 10:48PM	Moon – White		Navami
					Pausha-Thai	Sivaloka Day	


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Tehran, Iran Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 23.11	Tithi 10	Gulika	10:59AM – 12:15PM	Bharani Until 12:13PM	Ganesh: Blue	Sunrise: 7:13AM	
		Yama	8:29AM – 9:44AM	Subha Until 1:45AM Thu	Muruga: Clear	Sunset: 5:16PM	Moon 12 - Phase 38
		823173366 Rahu	12:15PM – 1:30PM	Taitila Until 10:34AM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga			Dashami Until 10:06PM	Moon – White		Sivaloka Day
Until 12:13PM					Pausha*Thai		
Then Creative Work - Amrita Yoga							

2		Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Tehran, Iran Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 6.43	Tithi 11	Gulika	9:44AM – 11:00AM	Krittika Until 11:32AM	Ganesh: Blue	Sunrise: 7:13AM	
		Yama	7:13AM – 8:29AM	Sukla Until 11:13PM	Muruga: Clear	Sunset: 5:17PM	Moon 12 - Phase 38
		823173366 Rahu	1:31PM – 2:46PM	Vanija Until 9:27AM	Nataraja: Green		4th Phase
Routine Work	Marana Yoga			Ekadashi Until 8:35PM	Moon – White		Sivaloka Day
					Pausha*Thai		

3		Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Tehran, Iran Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 20.42	Tithi 12	Gulika	8:28AM – 9:44AM	Rohini Until 10:24AM	Ganesh: Yellow	Sunrise: 7:13AM	
		Yama	2:47PM – 4:02PM	Brahma Until 8:07PM	Muruga: Clear	Sunset: 5:18PM	Moon 12 - Phase 38
		823173366 Rahu	11:00AM – 12:15PM	Bava Until 7:35AM	Nataraja: Green		4th Phase
Routine Work	Marana Yoga			Dvadashi Until 6:22PM	Moon – Yellow		Devaloka Day
Until 10:24AM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

4		Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Tehran, Iran Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 5.08	Tithi 13 – 14	Gulika	7:13AM – 8:28AM	Mrigashira Until 8:29AM	Ganesh: Yellow	Sunrise: 7:13AM	
		Yama	1:32PM – 2:47PM	Indra Until 4:35PM	Muruga: Clear	Sunset: 5:19PM	Moon 12 - Phase 38
		823173366 Rahu	9:44AM – 11:00AM	Gara Until 1:59AM Sun	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 3:33PM	Moon – Yellow		Devaloka Day
					Pausha*Thai		
					<i>Pradosha Vrata</i>		

		Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Tehran, Iran Sutra 280 Vilamba 5120	
Copper Retreat Star		Gulika	2:48PM – 4:04PM	Punarvasu Until 3:20AM Mon	Ganesh: Yellow	Sunrise: 7:12AM	
Mithuna Rasi: 19.56	Tithi 14 – 15	Yama	12:16PM – 1:32PM	Vaidhriti* Until 12:39PM	Muruga: Clear	Sunset: 5:20PM	Moon 12 - Phase 38
		823173366 Rahu	4:04PM – 5:20PM	Visti Until 10:34PM	Nataraja: Green		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 12:18PM	Moon – Yellow		Devaloka Day
					Pausha*Thai		

Monday, January 21, 2019		Silver Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Tehran, Iran Sutra 281 Vilamba 5120	
Kataka Rasi: 5	Tithi 15 – 16	Gulika	1:32PM – 2:49PM	Pushya Until 12:25AM Tue	Ganesh: White	Sunrise: 7:12AM	
Family Home Evening		Yama	11:00AM – 12:16PM	Vishkambha* Until 8:31AM	Muruga: Clear	Sunset: 5:21PM	Moon 12 - Phase 38
		823173366 Rahu	8:28AM – 9:44AM	Balava Until 6:56PM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga			Purnima* Until 8:45AM	Moon – Blue		Sivaloka Day
					Pausha*Thai		
		Total Lunar Eclipse					
		Thai Pusam					



Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 20.11 Tihti 17

Creative Work Siddha Yoga

Gulika 12:17PM – 1:33PM
Yama 9:44AM – 11:00AM
844173366 **Rahu** 2:49PM – 4:06PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Ashlesha* Until 9:23PM
Ayushman Until 12:02AM Wed
Taitila Until 3:15PM
Dvitiya Until 1:26AM Wed

Ganesha: Clear *Sunrise:* 7:11AM
Muruga: Clear *Sunset:* 5:22PM
Nataraja: Green
Moon – Blue
Pausha*Thai

Tehran, Iran
Sutra 282
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

1

Wednesday, January 23, 2019

Simha Rasi: 5.2 Tihti 18

Creative Work Siddha Yoga

Until 6:46PM

Then Creative Work - Amrita Yoga

Gulika 11:00AM – 12:17PM
Yama 8:27AM – 9:44AM
854173366 **Rahu** 12:17PM – 1:33PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Magha* Until 6:46PM
Saubhagya Until 7:57PM
Vanija Until 11:42AM
Tritiya Until 9:59PM

Ganesha: Purple *Sunrise:* 7:11AM
Muruga: Clear *Sunset:* 5:23PM
Nataraja: Green
Moon – Red
Pausha*Thai

Tehran, Iran
Sun 1 Sutra 283
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 20.18 Tihti 19

Creative Work Siddha Yoga

Gulika 9:44AM – 11:00AM
Yama 7:10AM – 8:27AM
854173366 **Rahu** 1:34PM – 2:51PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthiyam Titau

Purvaphalguni Until 4:20PM
Sobhana Until 4:10PM
Bava Until 8:24AM
Chaturthi* Until 6:54PM

Ganesha: Purple *Sunrise:* 7:10AM
Muruga: Clear *Sunset:* 5:24PM
Nataraja: Green
Moon – Red
Pausha*Thai

Tehran, Iran
Sun 2 Sutra 284
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Friday, January 25, 2019

Kanya Rasi: 4.57 Tihti 20 – 21

Creative Work Siddha Yoga

Until 2:15PM

Then Creative Work - Amrita Yoga

Gulika 8:27AM – 9:44AM
Yama 2:51PM – 4:08PM
954173366 **Rahu** 11:00AM – 12:17PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Uttaraphalguni Until 2:15PM
Athiganda* Until 12:44PM
Gara Until 3:14AM Sat
Panchami Until 4:17PM

Ganesha: Clear *Sunrise:* 7:10AM
Muruga: Clear *Sunset:* 5:25PM
Nataraja: Green
Moon – Red
Pausha*Thai

Tehran, Iran
Sun 3 Sutra 285
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

4

Saturday, January 26, 2019

Kanya Rasi: 19.13 Tihti 21 – 22

Routine Work Marana Yoga

Gulika 7:09AM – 8:26AM
Yama 1:35PM – 2:52PM
964173366 **Rahu** 9:43AM – 11:01AM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Hasta Until 1:01PM
Sukarma Until 9:48AM
Visti Until 1:34AM Sun
Shashthi* Until 2:18PM

Ganesha: Purple *Sunrise:* 7:09AM
Muruga: Clear *Sunset:* 5:26PM
Nataraja: Green
Moon – Green
Pausha*Thai

Tehran, Iran
Sun 4 Sutra 286
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Retreat Star

Tula Rasi: 3.04 Tihti 22 – 23

Creative Work Siddha Yoga

Gulika 2:52PM – 4:10PM
Yama 12:18PM – 1:35PM
964173366 **Rahu** 4:10PM – 5:27PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chitra Until 12:21PM
Dhriti Until 7:25AM
Balava Until 12:38AM Mon
Saptami Until 9:48AM

Ganesha: Purple *Sunrise:* 7:09AM
Muruga: Clear *Sunset:* 5:27PM
Nataraja: Green
Moon – Green
Pausha*Thai

Tehran, Iran
Sun 5 Sutra 287
Vilamba 5120
Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Tula Rasi: 16.29 Tihti 23 – 24

Family Home Evening

Creative Work Amrita Yoga

Until 12:14PM

Then Routine Work - Marana Yoga

Gulika 1:36PM – 2:53PM
Yama 11:01AM – 12:18PM
964173366 **Rahu** 8:25AM – 9:43AM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Svati Until 12:14PM
Ganda* Until 4:22AM Tue
Taitila Until 12:28AM Tue
Ashtami* Until 12:26PM

Ganesha: Purple *Sunrise:* 7:08AM
Muruga: Clear *Sunset:* 5:28PM
Nataraja: Green
Moon – Green
Pausha*Thai

Tehran, Iran
Sun 6 Sutra 288
Vilamba 5120
Moon 1 - Phase 39
Navami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

1 Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Tula Rasi: 29.3 Tihi 24 – 25		Gulika 12:18PM – 1:36PM	Vishakha Until 1:10PM	Ganesh: Clear <i>Sunrise:</i> 7:07AM	Sun 7	Sutra 289
Routine Work Marana Yoga		Yama 9:43AM – 11:00AM	Vridhhi Until 3:42AM Wed	Muruga: Clear <i>Sunset:</i> 5:29PM	Moon 1 - Phase 40	
Until 1:10PM		Rahu 2:54PM – 4:11PM	Vanija Until 1:00AM Wed	Nataraja: Green	2nd Phase	
Then Creative Work - Siddha Yoga					Devaloka Day	
					Pausha*Thai	

2 Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
Vrischika Rasi: 12.11 Tihi 25 – 26		Gulika 11:00AM – 12:18PM	Anuradha Until 2:36PM	Ganesh: Clear <i>Sunrise:</i> 7:07AM	Sun 8	Sutra 290
Creative Work Siddha Yoga		Yama 8:25AM – 9:43AM	Dhruva Until 3:30AM Thu	Muruga: Clear <i>Sunset:</i> 5:30PM	Moon 1 - Phase 40	
		Rahu 12:18PM – 1:36PM	Bava Until 2:12AM Thu	Nataraja: Green	2nd Phase	
					Devaloka Day	
					Pausha*Thai	

3 Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Tehran, Iran
Vrischika Rasi: 24.35 Tihi 26 – 27		Gulika 9:42AM – 11:00AM	Jyeshtha Until 4:27PM	Ganesh: Clear <i>Sunrise:</i> 7:06AM	Sun 9	Sutra 291
Routine Work Prabalarishta Yoga		Yama 7:06AM – 8:24AM	Vyaghata Until 3:43AM Fri	Muruga: Clear <i>Sunset:</i> 5:31PM	Moon 1 - Phase 40	
Until 4:27PM		Rahu 1:37PM – 2:55PM	Kaulava Until 3:57AM Fri	Nataraja: Green	2nd Phase	
Then Creative Work - Siddha Yoga					Devaloka Day	
					Pausha*Thai	

4 Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Dhanus Rasi: 6.46 Tihi 27 – 28		Gulika 8:24AM – 9:42AM	Mula Until 7:05PM	Ganesh: White <i>Sunrise:</i> 7:06AM	Sun 10	Sutra 292
Creative Work Amrita Yoga		Yama 2:55PM – 4:13PM	Harshana Until 4:17AM Sat	Muruga: Clear <i>Sunset:</i> 5:31PM	Moon 1 - Phase 40	
Until 7:05PM		Rahu 11:00AM – 12:19PM	Gara Until 6:08AM Sat	Nataraja: Green	2nd Phase	
Then Routine Work - Prabalarishta Yoga					Bhuloka Day	
					Devaloka Time: 12:PM to 3:PM	
		<i>Pradosha Vrata (Fasting)</i>				

5 Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran
Dhanus Rasi: 18.46 Tihi 28		Gulika 7:05AM – 8:24AM	Purvashadha Until 9:53PM	Ganesh: White <i>Sunrise:</i> 7:05AM	Sun 11	Sutra 293
Creative Work Siddha Yoga		Yama 1:37PM – 2:55PM	Vajra Until 5:02AM Sun	Muruga: Clear <i>Sunset:</i> 5:32PM	Moon 1 - Phase 40	
Until 9:53PM		Rahu 9:42AM – 11:00AM	Gara Until 6:08AM	Nataraja: Green	2nd Phase	
Then Routine Work - Marana Yoga					Bhuloka Day	
					Devaloka Time: 12:PM to 3:PM	
					Pausha*Thai	

6 Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Makara Rasi: 0.4 Tihi 29		Gulika 2:56PM – 4:15PM	Uttarashadha Until 12:45AM Mon	Ganesh: White <i>Sunrise:</i> 7:04AM	Sun 12	Sutra 294
Creative Work Amrita Yoga		Yama 12:19PM – 1:37PM	Siddhi Until 5:57AM Mon	Muruga: Clear <i>Sunset:</i> 5:33PM	Moon 1 - Phase 40	
		Rahu 4:15PM – 5:33PM	Visti Until 8:36AM	Nataraja: Green	2nd Phase	
					Bhuloka Day	
					Devaloka Time: 12:PM to 3:PM	
					Pausha*Thai	

Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran	
Retreat Star		Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13	Sutra 295
Makara Rasi: 12.29 Tihi 30		Gulika 1:38PM – 2:57PM	Shravana Until 4:02AM Tue	Ganesh: Red <i>Sunrise:</i> 7:04AM	Moon 1 - Phase 40		
Family Home Evening		Yama 11:00AM – 12:19PM	Vyatipata Until 6:57AM Tue	Muruga: Clear <i>Sunset:</i> 5:34PM	Amavasya		
Creative Work Amrita Yoga		Rahu 8:22AM – 9:41AM	Catuspada Until 11:16AM	Nataraja: White			
Until 4:02AM Tue					Devaloka Day		
Then Creative Work - Siddha Yoga					Pausha*Thai		

Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran	
Retreat Star		Dhanishtha Nakshatra Vyatipata*/Vriyan Yoga Kintughna*/Balava Karana Prathamayam Titau				Sun 14	Sutra 296
Makara Rasi: 24.17 Tihi 1		Gulika 12:19PM – 1:38PM	Dhanishtha Until 7:09AM Wed	Ganesh: Red <i>Sunrise:</i> 7:03AM	Moon 1 - Phase 40		
Creative Work Siddha Yoga		Yama 9:41AM – 11:00AM	Vyatipata Until 6:57AM	Muruga: Clear <i>Sunset:</i> 5:35PM	Prathama		
		Rahu 2:57PM – 4:16PM	Kintughna Until 16:39AM Wed	Nataraja: White			
					Devaloka Day		
					Magha*Thai		

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Tehran, Iran
Kumbha Rasi: 6.05	Tithi 2	Gulika	11:00AM – 12:19PM	Dhanishtha Until 7:09AM	Ganesha: Red	<i>Sunrise: 7:02AM</i>	Sun 15	Sutra 297
		Yama	8:21AM – 9:41AM	Variyan Until 7:54AM	Muruga: Clear	<i>Sunset: 5:36PM</i>		Vilamba 5120
		995173367 Rahu	12:19PM – 1:38PM	Balava Until 4:39PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Routine Work	Prabalarishta Yoga			Dvitiya Until 5:55AM Thu	Moon – Purple		Devaloka Day	
Until 7:09AM					Magha-Thai			
Then Creative Work - Siddha Yoga								

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila Karana Tritiyayam Titau		Tehran, Iran
Kumbha Rasi: 17.56	Tithi 3	Gulika	9:40AM – 11:00AM	Shatabhishak Until 10:00AM	Ganesha: Red	<i>Sunrise: 7:01AM</i>	Sun 16	Sutra 298
		Yama	7:01AM – 8:21AM	Parigha* Until 8:48AM	Muruga: Clear	<i>Sunset: 5:37PM</i>		Vilamba 5120
		995173367 Rahu	1:39PM – 2:58PM	Taitila Until 7:10PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 8:20AM Fri	Moon – Purple		Devaloka Day	
					Magha-Thai			

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Tehran, Iran
Kumbha Rasi: 29.5	Tithi 3 – 4	Gulika	8:20AM – 9:40AM	Purvaproshtapada* Until 12:59PM	Ganesha: Blue	<i>Sunrise: 7:00AM</i>	Sun 17	Sutra 299
		Yama	2:59PM – 4:19PM	Shiva Until 9:33AM	Muruga: Clear	<i>Sunset: 5:38PM</i>		Vilamba 5120
		915173367 Rahu	11:00AM – 12:19PM	Vanija Until 9:27PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 8:20AM	Moon – Clear		Sivaloka Day	
					Magha-Thai			

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Tehran, Iran
Meena Rasi: 11.51	Tithi 4 – 5	Gulika	6:59AM – 8:19AM	Uttaraproshtapada Until 3:31PM	Ganesha: Blue	<i>Sunrise: 6:59AM</i>	Sun 18	Sutra 300
		Yama	1:39PM – 2:59PM	Siddha Until 10:03AM	Muruga: Clear	<i>Sunset: 5:39PM</i>		Vilamba 5120
		915173367 Rahu	9:39AM – 10:59AM	Bava Until 11:24PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 10:27AM	Moon – Clear		Sivaloka Day	
Until 3:31PM					Magha-Thai			
Then Routine Work - Prabalarishta Yoga								

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Tehran, Iran
Meena Rasi: 24.01	Tithi 5 – 6	Gulika	3:00PM – 4:20PM	Revati Until 5:29PM	Ganesha: Red	<i>Sunrise: 6:58AM</i>	Sun 19	Sutra 301
		Yama	12:19PM – 1:40PM	Sadhya Until 10:17AM	Muruga: Clear	<i>Sunset: 5:40PM</i>		Vilamba 5120
		915273367 Rahu	4:20PM – 5:40PM	Kaulava Until 12:53AM Mon	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Creative Work	Amrita Yoga			Panchami Until 12:11PM	Moon – Clear		Devaloka Day	
Until 5:29PM					Magha-Thai			
Then Creative Work - Siddha Yoga								

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Tehran, Iran
Mesha Rasi: 6.23	Tithi 6 – 7	Gulika	1:40PM – 3:00PM	Ashvini Until 1:59PM Tue	Ganesha: Blue	<i>Sunrise: 6:57AM</i>	Sun 20	Sutra 302
Family Home Evening		Yama	10:59AM – 12:19PM	Subha Until 10:08AM	Muruga: Clear	<i>Sunset: 5:41PM</i>		Vilamba 5120
		925273367 Rahu	8:18AM – 9:38AM	Gara Until 1:48AM Tue	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 1:24PM	Moon – White		Bhuloka Day	
					Magha-Thai		Devaloka Time: 12:PM to 3:PM	

Retreat Star		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Tehran, Iran
Mesha Rasi: 19.01	Tithi 7 – 8	Gulika	12:19PM – 1:40PM	Ashvini Until 1:59PM	Ganesha: Blue	<i>Sunrise: 6:57AM</i>	Sun 21	Sutra 303
		Yama	9:38AM – 10:59AM	Sukla Until 8:21AM Wed	Muruga: Clear	<i>Sunset: 5:42PM</i>		Vilamba 5120
		925273367 Rahu	3:01PM – 4:22PM	Visti Until 2:02AM Wed	Nataraja: White		Moon 1 - Phase 41	Ashtami
Creative Work	Siddha Yoga			Saptami Until 1:59PM	Moon – White		Bhuloka Day	
					Magha-Thai		Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Kritika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Tehran, Iran
Vrisabha Rasi: 1.58	Tithi 8 – 9	Gulika	10:58AM – 12:19PM	Kritika Until 8:22PM	Ganesha: Yellow	<i>Sunrise: 6:56AM</i>	Sun 22	Sutra 304
		Yama	8:17AM – 9:37AM	Brahma Until 8:21AM	Muruga: Clear	<i>Sunset: 5:43PM</i>		Vilamba 5120
		926273367 Rahu	12:19PM – 1:40PM	Balava Until 1:32AM Thu	Nataraja: White		Moon 1 - Phase 41	Navami
Creative Work	Amrita Yoga			Ashtami* Until 1:52PM	Moon – White		Devaloka Day	
Until 8:22PM					Magha-Masi			
Then Creative Work - Siddha Yoga								

1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Tehran, Iran Sun 23 Sutra 305 Vilamba 5120
Wrishabha Rasi: 15.19	Tithi 9 – 10	Gulika 9:37AM – 10:58AM	Rohini Until 8:03PM	Ganesha: White	<i>Sunrise:</i> 6:55AM		
		Yama 6:55AM – 8:16AM	Indra Until 6:37AM	Muruga: Clear	<i>Sunset:</i> 5:44PM		Moon 1 - Phase 42
		936273367 Rahu 1:41PM – 3:02PM	Taitila Until 12:15AM Fri	Nataraja: White			4th Phase
Routine Work	Marana Yoga		Navami* Until 12:58PM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Tehran, Iran Sun 24 Sutra 306 Vilamba 5120
Wrishabha Rasi: 29.05	Tithi 10 – 11	Gulika 8:15AM – 9:36AM	Mrigashira Until 6:52PM	Ganesha: White	<i>Sunrise:</i> 6:53AM		
		Yama 3:02PM – 4:24PM	Vishkambha* Until 1:21AM Sat	Muruga: Clear	<i>Sunset:</i> 5:45PM		Moon 1 - Phase 42
		936273367 Rahu 10:58AM – 12:19PM	Vanija Until 10:15PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Dashami Until 11:19AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Tehran, Iran Sun 25 Sutra 307 Vilamba 5120
Mithuna Rasi: 13.19	Tithi 11 – 12	Gulika 6:52AM – 8:14AM	Ardra Until 4:53PM	Ganesha: White	<i>Sunrise:</i> 6:52AM		
		Yama 1:41PM – 3:03PM	Priti Until 9:56PM	Muruga: Clear	<i>Sunset:</i> 5:46PM		Moon 1 - Phase 42
		936273367 Rahu 9:36AM – 10:58AM	Bava Until 7:37PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:00AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau	Tehran, Iran Sun 26 Sutra 308 Vilamba 5120
Mithuna Rasi: 27.57	Tithi 12 – 13	Gulika 3:03PM – 4:25PM	Punarvasu Until 2:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:51AM		
		Yama 12:19PM – 1:41PM	Ayushman Until 6:06PM	Muruga: Clear	<i>Sunset:</i> 5:47PM		Moon 1 - Phase 42
		946273367 Rahu 4:25PM – 5:47PM	Taitila Until 2:44AM Mon	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:05AM	Moon – Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata

5		Monday, February 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Bava Karana Chaturdashyam Titau	Tehran, Iran Sun 27 Sutra 309 Vilamba 5120
Kataka Rasi: 12.56	Tithi 14	Gulika 1:42PM – 3:04PM	Pushya Until 11:54AM	Ganesha: Clear	<i>Sunrise:</i> 6:50AM		
Family Home Evening		Yama 10:57AM – 12:19PM	Saubhagya Until 11:54AM	Muruga: Clear	<i>Sunset:</i> 5:48PM		Moon 1 - Phase 42
		946273367 Rahu 8:13AM – 9:35AM	Gara Until 12:57PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:05PM	Moon – Blue		Devaloka Day	
		Chidambaram Abhishekam		Magha-Masi			

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau	Tehran, Iran Sutra 310 Vilamba 5120
Copper Retreat Star		Gulika 12:19PM – 1:42PM	Ashlesha* Until 8:48AM	Ganesha: Clear	<i>Sunrise:</i> 6:49AM		
Kataka Rasi: 28.07	Tithi 15	Yama 9:34AM – 10:57AM	Sobhana Until 9:42AM	Muruga: Clear	<i>Sunset:</i> 5:49PM		Moon 1 - Phase 42
		946273367 Rahu 3:04PM – 4:27PM	Visti Until 9:13AM	Nataraja: White			Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:18PM	Moon – Blue		Devaloka Day	
				Magha-Masi			

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Tehran, Iran Sutra 311 Vilamba 5120
Silver Retreat Star		Gulika 10:56AM – 12:19PM	Purvaphalguni Until 3:00AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:48AM		
Simha Rasi: 13.23	Tithi 16 – 17	Yama 8:11AM – 9:34AM	Sukarma Until 1:08AM Thu	Muruga: Clear	<i>Sunset:</i> 5:50PM		Moon 1 - Phase 42
		957273367 Rahu 12:19PM – 1:42PM	Taitila Until 1:45AM Thu	Nataraja: White			Prathama
Creative Work	Amrita Yoga		Prathama* Until 3:33PM	Moon – Red		Devaloka Day	
				Magha-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran
Sun 1 Sutra 312

Simha Rasi: 28.32 Tihi 17 - 18

Gulika 9:33AM - 10:56AM
Yama 6:47AM - 8:10AM
Rahu 1:42PM - 3:05PM

Uttaraphalguni Until 12:16AM Fri
Dhriti Until 9:10PM
Vanija Until 10:23PM
Dvitiya Until 12:00PM

Ganesh: Clear Sunrise: 6:47AM
Muruga: Clear Sunset: 5:51PM
Nataraja: White
Moon - Red
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Amrita Yoga

957273367

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti* Karana Tritiya/Chaturthyam Titau

Tehran, Iran
Sun 2 Sutra 313

Kanya Rasi: 13.26 Tihi 18 - 19

Gulika 8:09AM - 9:32AM
Yama 3:06PM - 4:29PM
Rahu 10:56AM - 12:19PM

Hasta Until 10:17PM
Shula* Until 5:31PM
Visti Until 8:50AM
Tritiya Until 8:50AM

Ganesh: White Sunrise: 6:46AM
Muruga: Clear Sunset: 5:52PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 10:17PM

Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhhi Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Tehran, Iran
Sun 3 Sutra 314

Kanya Rasi: 27.57 Tihi 19 - 20

Gulika 6:45AM - 8:08AM
Yama 1:42PM - 3:06PM
Rahu 9:32AM - 10:55AM

Chitra Until 8:46PM
Ganda* Until 2:23PM
Taitila Until 4:13AM Sun
Chaturthi* Until 6:11AM

Ganesh: White Sunrise: 6:45AM
Muruga: Clear Sunset: 5:53PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran
Sun 4 Sutra 315

Tula Rasi: 12.01 Tihi 21

Gulika 3:06PM - 4:30PM
Yama 12:19PM - 1:43PM
Rahu 4:30PM - 5:54PM

Svati Until 7:51PM
Vridhhi Until 11:50AM
Gara Until 3:33PM
Shashthi* Until 3:03AM Mon

Ganesh: White Sunrise: 6:43AM
Muruga: Clear Sunset: 5:54PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 7:51PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran
Sun 5 Sutra 316

Tula Rasi: 25.35 Tihi 22

Gulika 1:43PM - 3:07PM
Yama 10:54AM - 12:19PM
Rahu 8:06AM - 9:30AM

Vishakha Until 8:04PM
Dhruva Until 9:55AM
Visti Until 2:48PM
Saptami Until 2:44AM Tue

Ganesh: Yellow Sunrise: 6:42AM
Muruga: Clear Sunset: 5:55PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 8:04PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran
Sun 6 Sutra 317

Vrischika Rasi: 8.41 Tihi 23

Gulika 12:18PM - 1:43PM
Yama 9:30AM - 10:54AM
Rahu 3:07PM - 4:32PM

Anuradha Until 8:59PM
Vyaghata* Until 8:41AM
Balava Until 2:56PM
Ashtami* Until 3:17AM Wed

Ganesh: Yellow Sunrise: 6:41AM
Muruga: Clear Sunset: 5:56PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 8:59PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran
Sun 7 Sutra 318

Vrischika Rasi: 21.23 Tihi 24

Gulika 10:54AM - 12:18PM
Yama 8:04AM - 9:29AM
Rahu 12:18PM - 1:43PM

Jyeshtha* Until 10:31PM
Harshana Until 8:09AM
Taitila Until 3:53PM
Navami* Until 4:38AM Thu

Ganesh: Blue Sunrise: 6:40AM
Muruga: Clear Sunset: 5:57PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
Navami

Sivaloka Day

Creative Work Siddha Yoga

Until 10:31PM

Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran
Dhanus Rasi: 3.43	Tithi 25	Gulika	9:28AM – 10:53AM	Mula* Until 1:03AM Fri	Ganesha: Red	<i>Sunrise: 6:38AM</i>	Sun 8	Sutra 319
		Yama	6:38AM – 8:03AM	Vajra* Until 8:09AM	Muruga: Clear	<i>Sunset: 5:58PM</i>		Vilamba 5120
		988273367 Rahu	1:43PM – 3:08PM	Vanija Until 5:35PM	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Creative Work	Siddha Yoga			Dashami Until 6:37AM Fri	Moon – Light Blue		Devaloka Day	
Until 1:03AM Fri					Magha-Masi			
Then Routine Work - Prabalarishta Yoga								

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadaysyam Titau				Tehran, Iran
Dhanus Rasi: 15.48	Tithi 25 – 26	Gulika	8:01AM – 9:27AM	Purvashadha* Until 3:52AM Sat	Ganesha: Red	<i>Sunrise: 6:36AM</i>	Sun 9	Sutra 320
		Yama	3:09PM – 4:34PM	Siddhi Until 8:39AM	Muruga: Clear	<i>Sunset: 6:00PM</i>		Vilamba 5120
		988273367 Rahu	10:52AM – 12:18PM	Bava Until 7:49PM	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Routine Work	Prabalarishta Yoga			Dashami Until 6:37AM	Moon – Light Blue		Devaloka Day	
Until 3:52AM Sat					Magha-Masi			
Then Routine Work - Marana Yoga								

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
Dhanus Rasi: 27.42	Tithi 26 – 27	Gulika	6:35AM – 8:00AM	Uttarashadha Until 6:49AM Sun	Ganesha: Red	<i>Sunrise: 6:35AM</i>	Sun 10	Sutra 321
		Yama	1:43PM – 3:09PM	Vyatipata* Until 9:29AM	Muruga: Clear	<i>Sunset: 6:01PM</i>		Vilamba 5120
		988273367 Rahu	9:26AM – 10:52AM	Kaulava Until 10:25PM	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 9:04AM	Moon – Light Blue		Devaloka Day	
Until 6:49AM Sun					Magha-Masi			
Then Creative Work - Amrita Yoga								

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
Makara Rasi: 9.31	Tithi 27 – 28	Gulika	3:09PM – 4:35PM	Uttarashadha Until 6:49AM	Ganesha: Red	<i>Sunrise: 6:33AM</i>	Sun 11	Sutra 322
		Yama	12:17PM – 1:43PM	Varyan Until 10:28AM	Muruga: Clear	<i>Sunset: 6:01PM</i>		Vilamba 5120
		988273367 Rahu	4:35PM – 6:01PM	Gara Until 1:09AM Mon	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 11:45AM	Moon – Light Blue		Devaloka Day	
Until 6:49AM Sun					Magha-Masi			
Then Routine Work - Marana Yoga								

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
Makara Rasi: 21.17	Tithi 28 – 29	Gulika	1:43PM – 3:10PM	Shravana Until 10:10AM	Ganesha: Yellow	<i>Sunrise: 6:32AM</i>	Sun 12	Sutra 323
Family Home Evening		Yama	10:51AM – 12:17PM	Parigha* Until 11:32AM	Muruga: Clear	<i>Sunset: 6:02PM</i>		Vilamba 5120
		998273367 Rahu	7:58AM – 9:25AM	Visti Until 3:52AM Tue	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Creative Work	Amrita Yoga			Trayodashi* Until 2:30PM	Moon – Purple		Devaloka Day	
Until 10:10AM					Magha-Masi			
Then Creative Work - Siddha Yoga								

6		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran
Kumbha Rasi: 3.04	Tithi 29 – 30	Gulika	12:17PM – 1:43PM	Dhanishtha Until 1:17PM	Ganesha: Clear	<i>Sunrise: 6:31AM</i>	Sun 13	Sutra 324
		Yama	9:24AM – 10:50AM	Shiva Until 12:33PM	Muruga: Clear	<i>Sunset: 6:03PM</i>		Vilamba 5120
		199273367 Rahu	3:10PM – 4:37PM	Catuspada Until 6:26AM Wed	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 5:09PM	Moon – Purple		Devaloka Day	
Until 1:17PM					Magha-Masi			
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tehran, Iran
Kumbha Rasi: 14.55	Tithi 30	Gulika	10:50AM – 12:17PM	Shatabhishak Until 4:03PM	Ganesha: Clear	<i>Sunrise: 6:29AM</i>	Sun 14	Sutra 325
		Yama	7:56AM – 9:23AM	Siddha Until 1:23PM	Muruga: Clear	<i>Sunset: 6:04PM</i>		Vilamba 5120
		199273367 Rahu	12:17PM – 1:44PM	Catuspada Until 6:26AM	Nataraja: White		Moon 2 - Phase 44	Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 7:36PM	Moon – Purple		Devaloka Day	
Until 4:03PM					Magha-Masi			
Then Creative Work - Amrita Yoga								

Retreat Star		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Tehran, Iran
Kumbha Rasi: 26.52	Tithi 1	Gulika	9:22AM – 10:49AM	Purvaproshtapada* Until 6:54PM	Ganesha: Yellow	<i>Sunrise: 6:28AM</i>	Sun 15	Sutra 326
		Yama	6:28AM – 7:55AM	Sadhya Until 2:02PM	Muruga: Clear	<i>Sunset: 6:05PM</i>		Vilamba 5120
		119373367 Rahu	1:44PM – 3:11PM	Kintughna Until 8:44AM	Nataraja: White		Moon 2 - Phase 44	Prathama
Creative Work	Siddha Yoga			Prathama* Until 9:45PM	Moon – Clear		Devaloka Day	
Until 4:03PM					Phalguna-Masi			
Then Routine Work - Marana Yoga								

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Saturday, March 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau	Tehran, Iran Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 22.29	Tithi 10	Gulika 6:16AM – 7:45AM	Punarvasu Until 12:11AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		
		Yama 1:44PM – 3:13PM	Sobhana Until 2:30AM Sun	Muruga: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 46	
		141373368 Rahu 9:15AM – 10:44AM	Taitila Until 10:44AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 9:32PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

2		Sunday, March 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau	Tehran, Iran Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 6.5	Tithi 11	Gulika 3:14PM – 4:44PM	Pushya Until 10:06PM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM		
		Yama 12:14PM – 1:44PM	Athiganda* Until 10:59PM	Muruga: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 46	
		141373368 Rahu 4:44PM – 6:13PM	Vanija Until 8:14AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:46PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

3		Monday, March 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Tehran, Iran Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 21.31	Tithi 12 – 13	Gulika 1:44PM – 3:14PM	Ashlesha* Until 7:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM		
Family Home Evening		Yama 10:43AM – 12:14PM	Sukarma Until 7:10PM	Muruga: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 46	
		141373368 Rahu 7:43AM – 9:13AM	Kaulava Until 1:56AM Tue	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 3:37PM	Moon – Blue		Sivaloka Day	
Until 7:31PM		Yogaswami Mahasamadhi		Phalguna•Panguni			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

4		Tuesday, March 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Tehran, Iran Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 6.27	Tithi 13 – 14	Gulika 12:13PM – 1:44PM	Magha* Until 4:57PM	Ganesha: White	<i>Sunrise:</i> 6:11AM		
		Yama 9:12AM – 10:43AM	Dhriti Until 3:10PM	Muruga: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 46	
		151373368 Rahu 3:14PM – 4:45PM	Gara Until 10:26PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 12:11PM	Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			

○		Wednesday, March 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Tehran, Iran Sun 28 Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 10:42AM – 12:13PM	Purvaphalguni Until 2:10PM	Ganesha: White	<i>Sunrise:</i> 6:10AM		
Simha Rasi: 21.31	Tithi 14 – 15	Yama 7:41AM – 9:11AM	Shula* Until 11:04AM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46	
		151373368 Rahu 12:13PM – 1:44PM	Visti Until 6:53PM	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Chaturdashi* Until 8:38AM	Moon – Red		Subha Sivaloka Day	
		Panguni Uttiram		Phalguna•Panguni			
		Holi					

○		Thursday, March 21, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Prathamayam Titau	Tehran, Iran Sun 29 Sutra 340 Vilamba 5120
Silver Retreat Star		Gulika 9:11AM – 10:42AM	Uttaraphalguni Until 11:20AM	Ganesha: White	<i>Sunrise:</i> 6:08AM		
Kanya Rasi: 6.34	Tithi 16	Yama 6:08AM – 7:39AM	Ganda* Until 7:01AM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46	
		151373368 Rahu 1:44PM – 3:15PM	Balava Until 3:27PM	Nataraja: Clear		Prathama	
	Amrita Yoga		Prathama* Until 1:49AM Fri	Moon – Red		Subha Sivaloka Day	
Until 11:20AM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudev.org/panchang



Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sutra 341

Vilamba 5120

Kanya Rasi: 21.27 Tihti 17

Gulika 7:38AM – 9:10AM
Yama 3:15PM – 4:46PM
Rahu 10:41AM – 12:12PMHasta Until 9:03AM
Dhruva Until 11:38PM
Taitila Until 12:19PM
Dvitiya Until 10:54PMGanesha: Yellow Sunrise: 6:07AM
Muruga: White Sunset: 6:18PM
Nataraja: Clear
Moon – Green
Phalguna•PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 9:03AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 342

Vilamba 5120

Tula Rasi: 6.01 Tihti 18

Gulika 6:06AM – 7:37AM
Yama 1:44PM – 3:15PM
Rahu 9:09AM – 10:40AMChitra Until 7:03AM
Vyaghata* Until 8:33PM
Vanija Until 9:39AM
Tritiya Until 8:32PMGanesha: Blue Sunrise: 6:06AM
Muruga: White Sunset: 6:18PM
Nataraja: Clear
Moon – Green
Phalguna•PanguniMoon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 7:03AM

Then Creative Work - Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthayam Titau

Tehran, Iran

Sun 2 Sutra 343

Vilamba 5120

Tula Rasi: 20.11 Tihti 19

Gulika 3:16PM – 4:47PM
Yama 12:12PM – 1:44PM
Rahu 4:47PM – 6:19PMVishakha Until 7:03AM Mon
Harshana Until 6:03PM
Bava Until 7:37AM
Chaturthi* Until 6:51PMGanesha: Red Sunrise: 6:04AM
Muruga: White Sunset: 6:19PM
Nataraja: Clear
Moon – Orange
Phalguna•PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 5:01AM Mon

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Kaulava/Gara Karana Panchami/Shashthiyam Titau

Tehran, Iran

Sun 3 Sutra 344

Vilamba 5120

Vrischika Rasi: 3.52 Tihti 20 – 21

Gulika 1:44PM – 3:16PM
Yama 10:39AM – 12:11PM
Rahu 7:35AM – 9:07AMAnuradha Until 5:13AM Tue
Vajra* Until 4:11PM
Kaulava Until 6:20AM
Panchami Until 5:59PMGanesha: Red Sunrise: 6:03AM
Muruga: White Sunset: 6:20PM
Nataraja: Clear
Moon – Orange
Phalguna•PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Family Home Evening

Creative Work Siddha Yoga

Until 5:13AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Shashthiyam Titau

Tehran, Iran

Sun 4 Sutra 345

Vilamba 5120

Vrischika Rasi: 17.05 Tihti 21

Gulika 12:11PM – 1:44PM
Yama 9:06AM – 10:39AM
Rahu 3:16PM – 4:48PMJyeshtha* Until 6:07AM Wed
Siddhi Until 3:01PM
Vanija Until 6:00PM
Shashthi* Until 6:00PMGanesha: Red Sunrise: 6:01AM
Muruga: White Sunset: 6:21PM
Nataraja: Clear
Moon – Orange
Phalguna•PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Vriyan Yoga Visti* Karana Saptamyam Titau

Tehran, Iran

Sun 5 Sutra 346

Vilamba 5120

Vrischika Rasi: 29.5 Tihti 22

Gulika 10:38AM – 12:11PM
Yama 7:33AM – 9:05AM
Rahu 12:11PM – 1:44PMJyeshtha* Until 6:07AM
Vyatipata* Until 2:32PM
Visti Until 6:22AM
Saptami Until 6:54PMGanesha: Red Sunrise: 6:00AM
Muruga: White Sunset: 6:22PM
Nataraja: Clear
Moon – Orange
Phalguna•PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 6:07AM

Then Routine Work - Marana Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vriyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 6 Sutra 347

Vilamba 5120

Dhanus Rasi: 12.14 Tihti 23

Gulika 9:04AM – 10:37AM
Yama 5:58AM – 7:31AM
Rahu 1:44PM – 3:17PMMula* Until 8:08AM
Vriyan Until 2:39PM
Balava Until 9:39AM Fri
Ashtami* Until 2:32PMGanesha: Green Sunrise: 5:58AM
Muruga: White Sunset: 6:23PM
Nataraja: Clear
Moon – Light Blue
Phalguna•PanguniMoon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sun 7 Sutra 348

Vilamba 5120

Dhanus Rasi: 24.2 Tihti 24

Gulika 7:30AM – 9:04AM
Yama 3:17PM – 4:50PM
Rahu 10:37AM – 12:10PMPurvashadha* Until 10:40AM
Parigha* Until 3:15PM
Taitila Until 9:39AM
Navami* Until 10:49PMGanesha: Green Sunrise: 5:57AM
Muruga: Yellow Sunset: 6:23PM
Nataraja: Purple
Moon – Light Blue
Phalguna•PanguniMoon 3 - Phase 47
Navami

Devaloka Day

Routine Work Prabalarishta Yoga

Until 10:40AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudev.org/panchang

1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Tehran, Iran Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 6.14	Tithi 25	Gulika	5:56AM – 7:29AM	Uttarashadha Until 1:27PM	Ganesha: Green	<i>Sunrise:</i> 5:56AM	
		Yama	1:43PM – 3:17PM	Shiva Until 4:12PM	Muruga: Yellow	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 48
		Rahu	9:03AM – 10:36AM	Vanija Until 12:06PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga			Dashami Until 1:24AM Sun	Moon – Light Blue		Devaloka Day
Until 1:27PM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava Karana Ekadashyam Titau	Tehran, Iran Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 18.02	Tithi 26	Gulika	3:17PM – 4:51PM	Shravana Until 4:47PM	Ganesha: Orange	<i>Sunrise:</i> 5:54AM	
		Yama	12:10PM – 1:43PM	Siddha Until 5:15PM	Muruga: Yellow	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 48
		Rahu	4:51PM – 6:25PM	Bava Until 2:47PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Ekadashi* Until 4:06AM Mon	Moon – Purple		Sivaloka Day
Until 4:47PM					Phalguna•Panguni		
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvadashyam Titau	Tehran, Iran Sun 10 Sutra 351 Vilamba 5120
Makara Rasi: 29.49	Tithi 27	Gulika	1:43PM – 3:17PM	Dhanishtha Until 7:55PM	Ganesha: Green	<i>Sunrise:</i> 5:54AM	
Family Home Evening		Yama	10:36AM – 12:10PM	Sadhya Until 6:17PM	Muruga: Yellow	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 48
		Rahu	7:28AM – 9:02AM	Kaulava Until 5:26PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 6:41AM Tue	Moon – Purple		Subha Sivaloka Day
					Phalguna•Panguni		

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Tehran, Iran Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 11.38	Tithi 27 – 28	Gulika	12:09PM – 1:43PM	Shatabhishak Until 10:40PM	Ganesha: Green	<i>Sunrise:</i> 5:53AM	
		Yama	9:01AM – 10:35AM	Subha Until 7:11PM	Muruga: Yellow	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 48
		Rahu	3:18PM – 4:52PM	Gara Until 7:53PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga			Dvadashi* Until 6:41AM	Moon – Purple		Subha Sivaloka Day
					Phalguna•Panguni		
					<i>Pradosha Vrata (Fasting)</i>		

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Tehran, Iran Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 23.34	Tithi 28 – 29	Gulika	10:35AM – 12:09PM	Purvaproshtapada* Until 1:25AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:51AM	
		Yama	7:26AM – 9:00AM	Sukla Until 7:47PM	Muruga: Yellow	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 48
		Rahu	12:09PM – 1:43PM	Visti Until 10:00PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Trayodashi* Until 8:58AM	Moon – Clear		Sivaloka Day
Until 1:25AM Thu					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Tehran, Iran Sun 13 Sutra 354 Vilamba 5120
Retreat Star		Gulika	8:59AM – 10:34AM	Uttaraproshtapada Until 3:36AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:50AM	
Meena Rasi: 5.38	Tithi 29 – 30	Yama	5:50AM – 7:25AM	Brahma Until 8:06PM	Muruga: Yellow	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 48
		Rahu	1:43PM – 3:18PM	Catuspada Until 11:41PM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 10:52AM	Moon – Clear		Sivaloka Day
					Phalguna•Panguni		

Retreat Star		Friday, April 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Tehran, Iran Sun 14 Sutra 355 Vilamba 5120
Meena Rasi: 17.53	Tithi 30 – 1	Gulika	7:24AM – 8:59AM	Revati Until 5:12AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:49AM	
		Yama	3:18PM – 4:53PM	Indra Until 8:07PM	Muruga: Yellow	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 48
		Rahu	10:33AM – 12:08PM	Kintughna Until 12:57AM Sat	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga			Amavasya* Until 12:21PM	Moon – Clear		Sivaloka Day
		Yugadhi			Chaitra•Panguni		

1	Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
	Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau						Sun 15 Sutra 356
Mesha Rasi: 0.19	Tithi 1 – 2	Gulika 5:47AM – 7:22AM	Ashvini Until 6:43AM Sun	Ganesh: Purple <i>Sunrise:</i> 5:47AM			Vilamba 5120
		Yama 1:43PM – 3:19PM	Vaidhriti* Until 7:45PM	Muruga: Yellow <i>Sunset:</i> 6:29PM			Moon 3 - Phase 49
		123483468 Rahu 8:58AM – 10:33AM	Balava Until 1:47AM Sun	Nataraja: Purple			3rd Phase
Creative Work Siddha Yoga			Prathama* Until 1:24PM	Moon – White		Devaloka Day	
Until 6:43AM Sun		Chellappaswami Mahasamadhi		Chaitra-Panguni			
Then Routine Work - Prabalarishta Yoga							

2	Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
	Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Sun 16 Sutra 357
Mesha Rasi: 12.56	Tithi 2 – 3	Gulika 3:19PM – 4:54PM	Ashvini Until 6:43AM	Ganesh: Purple <i>Sunrise:</i> 5:46AM			Vilamba 5120
		Yama 12:08PM – 1:43PM	Vishkambha* Until 7:06PM	Muruga: Yellow <i>Sunset:</i> 6:30PM			Moon 3 - Phase 49
		123483468 Rahu 4:54PM – 6:30PM	Taitila Until 2:12AM Mon	Nataraja: Purple			3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 2:01PM	Moon – White		Devaloka Day	
Until 6:43AM				Chaitra-Panguni			
Then Routine Work - Prabalarishta Yoga							

3	Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
	Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau						Sun 17 Sutra 358
Mesha Rasi: 25.44	Tithi 3 – 4	Gulika 1:43PM – 3:19PM	Bharani Until 2:07PM Tue	Ganesh: Purple <i>Sunrise:</i> 5:44AM			Vilamba 5120
Family Home Evening		Yama 10:32AM – 12:08PM	Priti Until 6:10PM	Muruga: Yellow <i>Sunset:</i> 6:31PM			Moon 3 - Phase 49
		123483468 Rahu 7:20AM – 8:56AM	Vanija Until 2:15AM Tue	Nataraja: Purple			3rd Phase
Creative Work Siddha Yoga			Tritiya Until 2:15PM	Moon – White		Devaloka Day	
Until 2:07PM Tue				Chaitra-Panguni			
Then Routine Work - Marana Yoga							

4	Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
	Bharani/Rohini Nakshatra Ayushman/Saubhagya Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau						Sun 18 Sutra 359
Vrishabha Rasi: 8.44	Tithi 4 – 5	Gulika 12:07PM – 1:43PM	Bharani Until 2:07PM	Ganesh: Purple <i>Sunrise:</i> 5:43AM			Vilamba 5120
		Yama 8:55AM – 10:31AM	Ayushman Until 4:55PM	Muruga: Yellow <i>Sunset:</i> 6:31PM			Moon 3 - Phase 49
		123483468 Rahu 3:19PM – 4:55PM	Bava Until 1:56AM Wed	Nataraja: Purple			3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 2:07PM	Moon – White		Devaloka Day	
Until 2:07PM				Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

5	Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
	Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau						Sun 19 Sutra 360
Vrishabha Rasi: 21.54	Tithi 5 – 6	Gulika 10:31AM – 12:07PM	Rohini Until 8:33AM	Ganesh: Clear <i>Sunrise:</i> 5:42AM			Vilamba 5120
		Yama 7:18AM – 8:54AM	Saubhagya Until 3:23PM	Muruga: Yellow <i>Sunset:</i> 6:32PM			Moon 3 - Phase 49
		123483468 Rahu 12:07PM – 1:43PM	Kaulava Until 1:14AM Thu	Nataraja: Purple			3rd Phase
Creative Work Siddha Yoga			Panchami Until 1:37PM	Moon – Yellow		Sivaloka Day	
				Chaitra-Panguni			

6	Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
	Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau						Sun 20 Sutra 361
Mithuna Rasi: 5.17	Tithi 6 – 7	Gulika 8:54AM – 10:30AM	Mrigashira Until 8:26AM	Ganesh: Clear <i>Sunrise:</i> 5:40AM			Vilamba 5120
		Yama 5:40AM – 7:17AM	Sobhana Until 1:34PM	Muruga: Yellow <i>Sunset:</i> 6:33PM			Moon 3 - Phase 49
		123483468 Rahu 1:43PM – 3:20PM	Gara Until 12:09AM Fri	Nataraja: Purple			3rd Phase
Routine Work Marana Yoga			Shashthi* Until 12:44PM	Moon – Yellow		Sivaloka Day	
				Chaitra-Panguni			

D	Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
	Retreat Star		Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 362
Mithuna Rasi: 18.53	Tithi 7 – 8	Gulika 7:16AM – 8:53AM	Ardra Until 7:46AM	Ganesh: Clear <i>Sunrise:</i> 5:39AM			Vilamba 5120
		Yama 3:20PM – 4:57PM	Athiganda* Until 11:23AM	Muruga: Yellow <i>Sunset:</i> 6:34PM			Moon 3 - Phase 49
		123483468 Rahu 10:30AM – 12:06PM	Visti Until 10:38PM	Nataraja: Purple			Ashtami
Creative Work Siddha Yoga			Saptami Until 11:26AM	Moon – Yellow		Sivaloka Day	
				Chaitra-Panguni			

D	Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
	Retreat Star		Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 363
Kataka Rasi: 2.45	Tithi 8 – 9	Gulika 5:38AM – 7:15AM	Punarvasu Until 6:59AM	Ganesh: White <i>Sunrise:</i> 5:38AM			Vilamba 5120
		Yama 1:43PM – 3:20PM	Sukarma Until 8:53AM	Muruga: Yellow <i>Sunset:</i> 6:35PM			Moon 3 - Phase 49
		123483468 Rahu 8:52AM – 10:29AM	Balava Until 8:43PM	Nataraja: Purple			Navami
Creative Work Siddha Yoga			Ashtami* Until 9:43AM	Moon – Blue		Devaloka Day	
		Sri Rama Navami		Chaitra-Panguni			

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Sun 23		Sutra 364		Vikarin 5121
Kataka Rasi: 16.52	Tithi 9 – 10	Gulika 3:21PM – 4:58PM	Ashlesha* Until 3:49AM Mon	Ganesha: White <i>Sunrise:</i> 5:36AM		
Creative Work Siddha Yoga		Yama 12:06PM – 1:43PM	Dhriti Until 6:05AM	Muruga: Yellow <i>Sunset:</i> 6:36PM	Moon 3 - Phase 1	
Until 3:49AM Mon	143483468	Rahu 4:58PM – 6:36PM	Taitila Until 6:25PM	Nataraja: Purple	4th Phase	
Then Routine Work - Marana Yoga		Tamil New Year	Navami* Until 7:36AM	Moon – Blue	Devaloka Day	
				Chaitra•Chaitra		

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 1		Vikarin 5121
Simha Rasi: 1.13	Tithi 11	Gulika 1:43PM – 3:21PM	Magha* Until 1:57AM Tue	Ganesha: White <i>Sunrise:</i> 5:35AM		
Family Home Evening		Yama 10:28AM – 12:06PM	Ganda* Until 11:35PM	Muruga: Yellow <i>Sunset:</i> 6:36PM	Moon 3 - Phase 1	
Routine Work Marana Yoga	253483468	Rahu 7:13AM – 8:50AM	Vanija Until 3:46PM	Nataraja: Purple	4th Phase	
Until 1:57AM Tue			Ekadashi Until 2:20AM Tue	Moon – Red	Devaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Chaitra		

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 2		Vikarin 5121
Simha Rasi: 15.47	Tithi 12	Gulika 12:05PM – 1:43PM	Purvaphalguni Until 11:46PM	Ganesha: White <i>Sunrise:</i> 5:34AM		
Creative Work Siddha Yoga		Yama 8:50AM – 10:27AM	Vriddhi Until 8:03PM	Muruga: Yellow <i>Sunset:</i> 6:37PM	Moon 3 - Phase 1	
Until 11:46PM	253483468	Rahu 3:21PM – 4:59PM	Bava Until 12:53PM	Nataraja: Purple	4th Phase	
Then Creative Work - Amrita Yoga			Dvadashi Until 11:22PM	Moon – Red	Devaloka Day	
				Chaitra•Chaitra		

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 3		Vikarin 5121
Kanya Rasi: 0.28	Tithi 13	Gulika 10:27AM – 12:05PM	Uttaraphalguni Until 9:23PM	Ganesha: White <i>Sunrise:</i> 5:32AM		
Creative Work Amrita Yoga		Yama 7:11AM – 8:49AM	Dhruva Until 4:26PM	Muruga: Yellow <i>Sunset:</i> 6:38PM	Moon 3 - Phase 1	
Until 9:23PM	253483468	Rahu 12:05PM – 1:43PM	Kaulava Until 9:52AM	Nataraja: Purple	4th Phase	
Then Routine Work - Marana Yoga			Trayodashi Until 8:20PM	Moon – Red	Devaloka Day	
				Chaitra•Chaitra		
				<i>Pradosha Vrata</i>		

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 4		Vikarin 5121
Kanya Rasi: 15.11	Tithi 14 – 15	Gulika 8:48AM – 10:26AM	Hasta Until 7:21PM	Ganesha: Yellow <i>Sunrise:</i> 5:31AM		
Routine Work Marana Yoga		Yama 5:31AM – 7:10AM	Vyaghata* Until 12:52PM	Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 3 - Phase 1	
Until 7:21PM	263483468	Rahu 1:43PM – 3:22PM	Gara Until 6:52AM	Nataraja: Purple	4th Phase	
Then Creative Work - Siddha Yoga			Chaturdashi* Until 5:23PM	Moon – Green	Sivaloka Day	
				Chaitra•Chaitra		

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 27		Sutra 5		Vikarin 5121
Kanya Rasi: 29.46	Tithi 15 – 16	Gulika 7:08AM – 8:47AM	Chitra Until 5:26PM	Ganesha: Yellow <i>Sunrise:</i> 5:30AM		
Creative Work Siddha Yoga		Yama 3:22PM – 5:01PM	Harshana Until 9:29AM	Muruga: Yellow <i>Sunset:</i> 6:40PM	Moon 3 - Phase 1	
Until 7:21PM	263483468	Rahu 10:26AM – 12:05PM	Balava Until 1:27AM Sat	Nataraja: Purple	Purnima	
Then Creative Work - Siddha Yoga			Purnima* Until 2:39PM	Moon – Green	Sivaloka Day	
				Chaitra•Chaitra		
				Chitra Purnima (Tamil Nadu)		
				Hanuman Jayanti		

Saturday, April 20, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran
Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Sun 28		Sutra 6		Vikarin 5121
Tula Rasi: 14.08	Tithi 16 – 17	Gulika 5:28AM – 7:07AM	Svati Until 3:47PM	Ganesha: Red <i>Sunrise:</i> 5:28AM		
Creative Work Siddha Yoga		Yama 1:43PM – 3:22PM	Vajra* Until 6:21AM	Muruga: Yellow <i>Sunset:</i> 6:40PM	Moon 3 - Phase 1	
Until 7:21PM	264483468	Rahu 8:46AM – 10:25AM	Taitila Until 11:21PM	Nataraja: Purple	Prathama	
Then Creative Work - Siddha Yoga			Prathama* Until 12:19PM	Moon – Green	Sivaloka Day	
				Chaitra•Chaitra		