



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Variyan Yoga Tailila/Gara Karana Dvitiyayam Titau

Stockholm, Sweden

Vrischika Rasi: 0.29    Tiithi 17

**Gulika** 11:46AM – 1:44PM  
**Yama** 7:48AM – 9:47AM  
**Rahu** 3:43PM – 5:42PM

**Vishakha Until 11:23AM**  
Variyan Until 4:48AM Wed  
Tailila Until 2:40PM  
**Dvitiya Until 3:09AM Wed**

**Ganesha:** Purple    *Sunrise:* 3:51AM  
**Muruga:** White    *Sunset:* 7:40PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Sutra 16  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work    Marana Yoga  
Until 11:23AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stockholm, Sweden

Vrischika Rasi: 13.01    Tiithi 18

**Gulika** 9:46AM – 11:46AM  
**Yama** 5:48AM – 7:47AM  
**Rahu** 11:46AM – 1:45PM

**Anuradha Until 6:30AM Fri Thu**  
Parigha\* Until 4:56AM Thu  
Vanija Until 3:49PM  
**Tritiya Until 4:34AM Thu**

**Ganesha:** Purple    *Sunrise:* 3:48AM  
**Muruga:** White    *Sunset:* 7:43PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Sun 1    Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Stockholm, Sweden

Vrischika Rasi: 25.17    Tiithi 19

**Gulika** 7:46AM – 9:45AM  
**Yama** 3:46AM – 5:46AM  
**Rahu** 1:45PM – 3:45PM

**Anuradha Until 6:30AM Fri**  
Shiva Until 5:28AM Fri  
Bava Until 5:30PM  
**Chaturthi\* Until 6:30AM Fri**

**Ganesha:** Clear    *Sunrise:* 3:46AM  
**Muruga:** White    *Sunset:* 7:45PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Sun 2    Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work    Prabalarishta Yoga  
Until 6:30AM Fri  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Tailila Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden

Dhanus Rasi: 7.22    Tiithi 19 – 20

**Gulika** 5:44AM – 7:44AM  
**Yama** 3:46PM – 5:47PM  
**Rahu** 9:45AM – 11:45AM

**Mula\* Until 5:59PM**  
Siddha Until 6:17AM Sat  
Tailila Until 8:50AM Sat  
**Chaturthi\* Until 6:30AM**

**Ganesha:** White    *Sunrise:* 3:43AM  
**Muruga:** White    *Sunset:* 7:48PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Sun 3    Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work    Amrita Yoga  
Until 5:59PM  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Stockholm, Sweden

Dhanus Rasi: 19.16    Tiithi 20 – 21

**Gulika** 3:40AM – 5:42AM  
**Yama** 1:46PM – 3:48PM  
**Rahu** 7:43AM – 9:44AM

**Purvashadha\* Until 8:59PM**  
Siddha Until 6:17AM  
Gara Until 10:07PM  
**Panchami Until 8:50AM**

**Ganesha:** White    *Sunrise:* 3:40AM  
**Muruga:** White    *Sunset:* 7:50PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Sun 4    Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work    Siddha Yoga  
Until 8:59PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden

Makara Rasi: 1.05    Tiithi 21 – 22

**Gulika** 3:49PM – 5:50PM  
**Yama** 11:45AM – 1:47PM  
**Rahu** 5:50PM – 7:52PM

**Uttarashadha Until 11:55PM**  
Sadhya Until 7:18AM  
Visti Until 12:42AM Mon  
**Shashthi\* Until 11:23AM**

**Ganesha:** White    *Sunrise:* 3:38AM  
**Muruga:** White    *Sunset:* 7:52PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Sun 5    Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work    Amrita Yoga

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden

Makara Rasi: 12.54    Tiithi 22 – 23

**Gulika** 1:47PM – 3:50PM  
**Yama** 9:43AM – 11:45AM  
**Rahu** 5:38AM – 7:40AM

**Shravana Until 3:04AM Tue**  
Subha Until 8:22AM  
Bava Until 1:56PM  
**Saptami Until 1:56PM**

**Ganesha:** Yellow    *Sunrise:* 3:35AM  
**Muruga:** White    *Sunset:* 7:55PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Sun 6    Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 3:04AM Tue  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava Karana Ashtami/Navamyam Titau

Stockholm, Sweden

Makara Rasi: 24.47    Tiithi 23 – 24

**Gulika** 11:45AM – 1:48PM  
**Yama** 7:39AM – 9:42AM  
**Rahu** 3:51PM – 5:54PM

**Dhanishtha Until 5:40AM Wed**  
Sukla Until 9:14AM  
Kaulava Until 4:12PM  
**Ashtami\* Until 4:12PM**

**Ganesha:** Yellow    *Sunrise:* 3:33AM  
**Muruga:** White    *Sunset:* 7:57PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Sun 7    Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

Creative Work    Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>		<b>Wednesday, May 9, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam		Stockholm, Sweden	
Kumbha Rasi: 6.49		Tithi 24 – 25		Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 24	
Creative Work		Siddha Yoga		<b>Gulika</b>	9:41AM – 11:45AM	<b>Shatabhishak</b> Until 7:30AM Thu	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 3:31AM	Vilamba 5120
				<b>Yama</b>	5:34AM – 7:38AM	Brahma Until 9:46AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:59PM	Moon 4 - Phase 4
				294832369 <b>Rahu</b>	11:45AM – 1:49PM	Vanija Until 6:35AM Thu	<b>Nataraja:</b> Purple		2nd Phase
						Navami* Until 5:57PM	Moon – Purple		<b>Bhuloka Day</b>
							<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM

<b>2</b>		<b>Thursday, May 10, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam		Stockholm, Sweden	
Kumbha Rasi: 19.07		Tithi 25		Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 25	
Creative Work		Siddha Yoga		<b>Gulika</b>	7:37AM – 9:41AM	<b>Shatabhishak</b> Until 7:30AM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 3:28AM	Vilamba 5120
				<b>Yama</b>	3:28AM – 5:32AM	Indra Until 9:49AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:02PM	Moon 4 - Phase 4
				294832369 <b>Rahu</b>	1:49PM – 3:53PM	Vanija Until 6:35AM	<b>Nataraja:</b> Purple		2nd Phase
						Dashami Until 7:00PM	Moon – Purple		<b>Bhuloka Day</b>
							<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM

<b>3</b>		<b>Friday, May 11, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam		Stockholm, Sweden	
Meena Rasi: 1.46		Tithi 26		Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Sutra 26	
Creative Work		Siddha Yoga		<b>Gulika</b>	5:31AM – 7:35AM	<b>Purvaproshtapada*</b> Until 8:55AM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 3:26AM	Vilamba 5120
				<b>Yama</b>	3:54PM – 5:59PM	Vaidhriti* Until 9:14AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:04PM	Moon 4 - Phase 4
				214832369 <b>Rahu</b>	9:40AM – 11:45AM	Bava Until 7:14AM	<b>Nataraja:</b> Purple		2nd Phase
						Ekadashi* Until 7:14PM	Moon – Clear		<b>Bhuloka Day</b>
							<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM

<b>4</b>		<b>Saturday, May 12, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam		Stockholm, Sweden	
Meena Rasi: 14.47		Tithi 27		Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau		Sun 11		Sutra 27	
Creative Work		Siddha Yoga		<b>Gulika</b>	3:23AM – 5:29AM	<b>Uttaraproshtapada</b> Until 9:22AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 3:23AM	Vilamba 5120
Until 9:22AM				<b>Yama</b>	1:50PM – 3:56PM	Vishkambha* Until 8:01AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:06PM	Moon 4 - Phase 4
Then Routine Work - Prabalarishta Yoga				214932369 <b>Rahu</b>	7:34AM – 9:39AM	Kaulava Until 7:03AM	<b>Nataraja:</b> Purple		2nd Phase
						Dvadashi* Until 6:39PM	Moon – Clear		<b>Bhuloka Day</b>
							<b>Vaisaka-Chaitra</b>		

<b>5</b>		<b>Sunday, May 13, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stockholm, Sweden	
Meena Rasi: 28.16		Tithi 28 – 29		Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 28	
Creative Work		Amrita Yoga		<b>Gulika</b>	3:57PM – 6:03PM	<b>Revati</b> Until 8:53AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 3:21AM	Vilamba 5120
Until 8:53AM				<b>Yama</b>	11:45AM – 1:51PM	Priti Until 6:10AM	<b>Muruga:</b> White	<i>Sunset:</i> 8:08PM	Moon 4 - Phase 4
Then Creative Work - Siddha Yoga				214932369 <b>Rahu</b>	6:03PM – 8:08PM	Gara Until 6:05AM	<b>Nataraja:</b> Purple		2nd Phase
				<b>Mother's Day</b>		Trayodashi* Until 5:18PM	Moon – Clear		<b>Bhuloka Day</b>
							<b>Vaisaka-Chaitra</b>		
									<i>Pradosha Vrata (Fasting)</i>

<b>6</b>		<b>Monday, May 14, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam		Stockholm, Sweden	
Mesha Rasi: 12.08		Tithi 29 – 30		Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 29	
Family Home Evening				<b>Gulika</b>	1:51PM – 3:58PM	<b>Ashvini</b> Until 8:01AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 3:19AM	Vilamba 5120
Creative Work		Siddha Yoga		<b>Yama</b>	9:38AM – 11:45AM	Saubhagya Until 12:51AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 8:11PM	Moon 4 - Phase 4
				224932369 <b>Rahu</b>	5:25AM – 7:32AM	Catuspada Until 2:09AM Tue	<b>Nataraja:</b> Purple		2nd Phase
						Chaturdashi* Until 3:20PM	Moon – White		<b>Bhuloka Day</b>
							<b>Vaisaka-Vaikasi</b>		

<b>Retreat Star</b>		<b>Tuesday, May 15, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Stockholm, Sweden	
Mesha Rasi: 26.23		Tithi 30 – 1		Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 30	
Creative Work		Siddha Yoga		<b>Gulika</b>	11:45AM – 1:52PM	<b>Bharani</b> Until 6:28AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 3:17AM	Vilamba 5120
				<b>Yama</b>	7:31AM – 9:38AM	Sobhana Until 9:37PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:13PM	Moon 4 - Phase 4
				224932369 <b>Rahu</b>	3:59PM – 6:06PM	Kintughna Until 11:29PM	<b>Nataraja:</b> Purple		Amavasya
						Amavasya* Until 12:51PM	Moon – White		<b>Bhuloka Day</b>
							<b>Vaisaka-Vaikasi</b>		

<b>Retreat Star</b>		<b>Wednesday, May 16, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Stockholm, Sweden	
Vrishabha Rasi: 10.53		Tithi 1 – 2		Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 31	
Creative Work		Siddha Yoga		<b>Gulika</b>	9:37AM – 11:45AM	<b>Rohini</b> Until 2:20AM Thu	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 3:14AM	Vilamba 5120
Until 2:20AM Thu				<b>Yama</b>	5:22AM – 7:30AM	Athiganda* Until 6:08PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:15PM	Moon 4 - Phase 4
Then Routine Work - Marana Yoga				235932369 <b>Rahu</b>	11:45AM – 1:52PM	Balava Until 8:33PM	<b>Nataraja:</b> Purple		Prathama
						Prathama* Until 10:01AM	Moon – Yellow		<b>Bhuloka Day</b>
							<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

<b>1</b>		<b>Thursday, May 17, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau	Stockholm, Sweden Sun 16 Sutra 32
Vrishabha Rasi: 25.34	Tithi 2 - 3	<b>Gulika</b>	<b>7:28AM - 9:37AM</b>	<b>Mrigashira Until 12:05AM Fri</b>	<b>Ganesh:</b> Yellow <i>Sunrise: 3:12AM</i>	Vilamba 5120	
		Yama	3:12AM - 5:20AM	Sukarma Until 2:34PM	<b>Muruga:</b> White <i>Sunset: 8:17PM</i>	Moon 4 - Phase 5	
		235932369 <b>Rahu</b>	<b>1:53PM - 4:01PM</b>	Gara Until 3:58AM Fri	<b>Nataraja:</b> Purple	3rd Phase	
Routine Work	Marana Yoga			<b>Dvitiya Until 7:01AM</b>	Moon - Yellow	<b>Bhuloka Day</b>	
Until 12:05AM Fri					<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, May 18, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Stockholm, Sweden Sun 17 Sutra 33
Mithuna Rasi: 10.17	Tithi 4	<b>Gulika</b>	<b>5:19AM - 7:27AM</b>	<b>Ardra Until 9:46PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise: 3:10AM</i>	Vilamba 5120	
		Yama	4:02PM - 6:11PM	Dhriti Until 11:00AM	<b>Muruga:</b> White <i>Sunset: 8:20PM</i>	Moon 4 - Phase 5	
		235932369 <b>Rahu</b>	<b>9:36AM - 11:45AM</b>	Vanija Until 2:29PM	<b>Nataraja:</b> Purple	3rd Phase	
Creative Work	Siddha Yoga			<b>Chaturthi* Until 1:00AM Sat</b>	Moon - Yellow	<b>Bhuloka Day</b>	
					<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM	

<b>3</b>		<b>Saturday, May 19, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau	Stockholm, Sweden Sun 18 Sutra 34
Mithuna Rasi: 24.55	Tithi 5	<b>Gulika</b>	<b>3:08AM - 5:17AM</b>	<b>Punarvasu Until 7:55PM</b>	<b>Ganesh:</b> White <i>Sunrise: 3:08AM</i>	Vilamba 5120	
		Yama	1:54PM - 4:03PM	Shula* Until 7:32AM	<b>Muruga:</b> White <i>Sunset: 8:22PM</i>	Moon 4 - Phase 5	
		245932369 <b>Rahu</b>	<b>7:26AM - 9:36AM</b>	Bava Until 9:00AM Sun	<b>Nataraja:</b> Purple	3rd Phase	
Creative Work	Siddha Yoga			<b>Panchami Until 11:00AM</b>	Moon - Blue	<b>Devaloka Day</b>	
					<b>Jyeshtha Adhika-Vaikasi</b>		

<b>4</b>		<b>Sunday, May 20, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau	Stockholm, Sweden Sun 19 Sutra 35
Kataka Rasi: 9.23	Tithi 6	<b>Gulika</b>	<b>4:04PM - 6:14PM</b>	<b>Pushya Until 6:13PM</b>	<b>Ganesh:</b> White <i>Sunrise: 3:06AM</i>	Vilamba 5120	
		Yama	11:45AM - 1:55PM	Vriddhi Until 1:17AM Mon	<b>Muruga:</b> White <i>Sunset: 8:24PM</i>	Moon 4 - Phase 5	
		245932369 <b>Rahu</b>	<b>6:14PM - 8:24PM</b>	Kaulava Until 6:43AM Mon	<b>Nataraja:</b> Purple	3rd Phase	
Creative Work	Siddha Yoga			<b>Shashthi* Until 7:32AM</b>	Moon - Blue	<b>Devaloka Day</b>	
					<b>Jyeshtha Adhika-Vaikasi</b>		

<b>5</b>		<b>Monday, May 21, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau	Stockholm, Sweden Sun 20 Sutra 36
Kataka Rasi: 23.37	Tithi 7 - 8	<b>Gulika</b>	<b>1:55PM - 4:05PM</b>	<b>Ashlesha* Until 4:44PM</b>	<b>Ganesh:</b> White <i>Sunrise: 3:04AM</i>	Vilamba 5120	
<b>Family Home Evening</b>		Yama	9:35AM - 11:45AM	Dhruva Until 10:35PM	<b>Muruga:</b> White <i>Sunset: 8:26PM</i>	Moon 4 - Phase 5	
		245932369 <b>Rahu</b>	<b>5:14AM - 7:24AM</b>	Gara Until 6:43AM	<b>Nataraja:</b> Purple	3rd Phase	
Creative Work	Siddha Yoga			<b>Saptami Until 5:42PM</b>	Moon - Blue	<b>Devaloka Day</b>	
Until 4:44PM					<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, May 22, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Stockholm, Sweden Sun 21 Sutra 37
Simha Rasi: 7.37	Tithi 8 - 9	<b>Gulika</b>	<b>11:45AM - 1:56PM</b>	<b>Magha* Until 3:55PM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 3:02AM</i>	Vilamba 5120	
		Yama	7:23AM - 9:34AM	Vyaghata* Until 8:13PM	<b>Muruga:</b> White <i>Sunset: 8:28PM</i>	Moon 4 - Phase 5	
		255932369 <b>Rahu</b>	<b>4:07PM - 6:17PM</b>	Balava Until 3:19AM Wed	<b>Nataraja:</b> Purple	Ashtami	
Creative Work	Siddha Yoga			<b>Ashtami* Until 10:35PM</b>	Moon - Red	<b>Bhuloka Day</b>	
					<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM	

<b>Retreat Star</b>		<b>Wednesday, May 23, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Stockholm, Sweden Sun 22 Sutra 38
Simha Rasi: 21.21	Tithi 9 - 10	<b>Gulika</b>	<b>9:34AM - 11:45AM</b>	<b>Purvaphalguni Until 3:23PM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 3:00AM</i>	Vilamba 5120	
		Yama	5:11AM - 7:23AM	Harshana Until 6:12PM	<b>Muruga:</b> White <i>Sunset: 8:30PM</i>	Moon 4 - Phase 5	
		255932369 <b>Rahu</b>	<b>11:45AM - 1:56PM</b>	Taitila Until 2:13AM Thu	<b>Nataraja:</b> Purple	Navami	
Creative Work	Amrita Yoga			<b>Navami* Until 2:42PM</b>	Moon - Red	<b>Bhuloka Day</b>	
					<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1 Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 23 Sutra 39	
Kanya Rasi: 4.51	Tithi 10 – 11	<b>Gulika</b> 7:22AM – 9:33AM	<b>Uttaraphalguni Until 3:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 2:58AM	Vilamba 5120	
		Yama 2:58AM – 5:10AM	Vajra* Until 4:28PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:32PM	Moon 4 - Phase 6	
		255932369 <b>Rahu</b> 1:57PM – 4:09PM	Vanija Until 1:31AM Fri	<b>Nataraja:</b> Purple		4th Phase	
	Amrita Yoga		<b>Dashami Until 1:48PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 3:05PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

<b>2 Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Kaulava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 24 Sutra 40	
Kanya Rasi: 18.08	Tithi 11 – 12	<b>Gulika</b> 5:09AM – 7:21AM	<b>Hasta Until 3:28PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 2:56AM	Vilamba 5120	
		Yama 4:10PM – 6:22PM	Siddhi Until 3:28PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:34PM	Moon 4 - Phase 6	
		266932369 <b>Rahu</b> 9:33AM – 11:45AM	Kaulava Until 24:77AM Sat	<b>Nataraja:</b> Purple		4th Phase	
	Creative Work Amrita Yoga		<b>Kaulava Until 1:17AM Sun</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 3:28PM			<b>Ekadashi Until 1:18PM</b>	<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>3 Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantra Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 25 Sutra 41	
Tula Rasi: 1.13	Tithi 12 – 13	<b>Gulika</b> 2:55AM – 5:07AM	<b>Chitra Until 4:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 2:55AM	Vilamba 5120	
		Yama 1:58PM – 4:11PM	Vyatipata* Until 1:59PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:36PM	Moon 4 - Phase 6	
		366932369 <b>Rahu</b> 7:20AM – 9:33AM	Kaulava Until 1:17AM Sun	<b>Nataraja:</b> Purple		4th Phase	
	Routine Work Marana Yoga		<b>Dvadashi Until 1:11PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 4:05PM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Creative Work - Siddha Yoga							

<b>4 Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 26 Sutra 42	
Tula Rasi: 14.06	Tithi 13 – 14	<b>Gulika</b> 4:12PM – 6:25PM	<b>Svati Until 4:56PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 2:53AM	Vilamba 5120	
		Yama 11:45AM – 1:59PM	Variyan Until 1:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:38PM	Moon 4 - Phase 6	
		366932369 <b>Rahu</b> 6:25PM – 8:38PM	Gara Until 1:46AM Mon	<b>Nataraja:</b> Purple		4th Phase	
	Creative Work Siddha Yoga		<b>Trayodashi Until 1:27PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 4:56PM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stockholm, Sweden Sun 27 Sutra 43	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:59PM – 4:13PM	<b>Vishakha Until 6:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 2:51AM	Vilamba 5120	
Tula Rasi: 26.47	Tithi 14 – 15	Yama 9:32AM – 11:46AM	Parigha* Until 12:44PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:40PM	Moon 4 - Phase 6	
<b>Family Home Evening</b>		376932369 <b>Rahu</b> 5:05AM – 7:18AM	Visti Until 2:41AM Tue	<b>Nataraja:</b> Purple		Purnima	
	Routine Work Marana Yoga		<b>Chaturdashi* Until 2:09PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 6:30PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga		<b>Vaikasi Visakam</b>					

<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stockholm, Sweden Sutra 44	
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:46AM – 2:00PM	<b>Anuradha Until 8:22PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 2:50AM	Vilamba 5120	
Vrischika Rasi: 9.17	Tithi 15 – 16	Yama 7:18AM – 9:32AM	Shiva Until 12:39PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:42PM	Moon 4 - Phase 6	
		376932369 <b>Rahu</b> 4:14PM – 6:28PM	Balava Until 4:03AM Wed	<b>Nataraja:</b> Purple		Prathama	
	Creative Work Siddha Yoga		<b>Purnima* Until 3:17PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 8:22PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Stockholm, Sweden

Jyeshtha\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Sutra 45

Vrischika Rasi: 21.34 Tithi 16 - 17

376932369

Gulika 9:31AM - 11:46AM  
Yama 5:02AM - 7:17AM  
Rahu 11:46AM - 2:00PM

Jyeshtha\* Until 10:29PM  
Siddha Until 12:53PM  
Taitila Until 5:51AM Thu  
Prathama\* Until 4:52PM

Ganesha: Clear Sunrise: 2:48AM  
Muruga: White Sunset: 8:44PM  
Nataraja: Purple  
Moon - Orange

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 10:29PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam

Stockholm, Sweden

Mula\* Nakshatra Sadhya/Subha Yoga Gara Karana Dvitiyayam Titau

Sun 1 Sutra 46

Dhanus Rasi: 3.41 Tithi 17

386932369

Gulika 7:16AM - 9:31AM  
Yama 2:47AM - 5:01AM  
Rahu 2:01PM - 4:16PM

Mula\* Until 1:19AM Fri  
Sadhya Until 1:27PM  
Gara Until 6:53PM  
Dvitiya Until 6:53PM

Ganesha: White Sunrise: 2:47AM  
Muruga: White Sunset: 8:45PM  
Nataraja: Purple  
Moon - Light Blue

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 1:19AM Fri  
Then Routine Work - Prabalarishta Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam

Stockholm, Sweden

Purvashadha\* Nakshatra Subha/Sukla Yoga Vanija/Balava Karana Tritiyayam Titau

Sun 2 Sutra 47

Dhanus Rasi: 15.39 Tithi 18

387932369

Gulika 5:00AM - 7:16AM  
Yama 4:16PM - 6:32PM  
Rahu 9:31AM - 11:46AM

Purvashadha\* Until 4:17AM Sat  
Subha Until 4:17AM Sat  
Vanija Until 8:02AM  
Tritiya Until 9:13PM

Ganesha: Yellow Sunrise: 2:45AM  
Muruga: White Sunset: 8:47PM  
Nataraja: Purple  
Moon - Light Blue

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Prabalarishta Yoga  
Until 4:17AM Sat  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam

Stockholm, Sweden

Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Sun 3 Sutra 48

Dhanus Rasi: 27.3 Tithi 19

387932369

Gulika 2:44AM - 4:59AM  
Yama 2:02PM - 4:17PM  
Rahu 7:15AM - 9:31AM

Uttarashadha Until 2:22AM Mon Sun  
Sukla Until 3:20PM  
Bava Until 10:30AM  
Chaturthi\* Until 11:47PM

Ganesha: Yellow Sunrise: 2:44AM  
Muruga: White Sunset: 8:49PM  
Nataraja: Purple  
Moon - Light Blue

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Marana Yoga  
Until 2:22AM Mon Sun  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Stockholm, Sweden

Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 4 Sutra 49

Makara Rasi: 9.17 Tithi 20

387932369

Gulika 4:18PM - 6:34PM  
Yama 11:46AM - 2:02PM  
Rahu 6:34PM - 8:50PM

Uttarashadha Until 2:22AM Mon  
Brahma Until 4:27PM  
Kaulava Until 1:06PM  
Panchami Until 2:22AM Mon

Ganesha: Yellow Sunrise: 2:42AM  
Muruga: White Sunset: 8:50PM  
Nataraja: Purple  
Moon - Light Blue

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam

Stockholm, Sweden

Shravana/Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 5 Sutra 50

Makara Rasi: 21.05 Tithi 21

397932369

Gulika 2:03PM - 4:19PM  
Yama 9:30AM - 11:46AM  
Rahu 4:58AM - 7:14AM

Shravana Until 10:32AM  
Indra Until 5:30PM  
Gara Until 3:37PM  
Shashthi\* Until 4:46AM Tue

Ganesha: Blue Sunrise: 2:41AM  
Muruga: White Sunset: 8:52PM  
Nataraja: Purple  
Moon - Purple

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Family Home Evening  
Creative Work Amrita Yoga  
Until 10:32AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**  
Jyeshtha Adhika-Vaikasi

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam

Stockholm, Sweden

Dhanishtha/Shatabhishak Nakshatra Vaidhriti\* Yoga Visti\* Karana Saptamyam Titau

Sun 6 Sutra 51

Kumbha Rasi: 2.58 Tithi 22

397132361

Gulika 11:47AM - 2:03PM  
Yama 7:13AM - 9:30AM  
Rahu 4:20PM - 6:36PM

Dhanishtha Until 1:25PM  
Vaidhriti\* Until 6:17PM  
Visti Until 5:51PM  
Saptami Until 6:45AM Wed

Ganesha: Purple Sunrise: 2:40AM  
Muruga: White Sunset: 8:53PM  
Nataraja: White  
Moon - Purple

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 1:25PM  
Then Routine Work - Marana Yoga

**Devaloka Day**  
Jyeshtha Adhika-Vaikasi

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Stockholm, Sweden

Shatabhishak/Purvaprosanthapada\* Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 7 Sutra 52

Kumbha Rasi: 15 Tithi 22 - 23

397132361

Gulika 9:30AM - 11:47AM  
Yama 4:56AM - 7:13AM  
Rahu 11:47AM - 2:04PM

Shatabhishak Until 8:08AM Thu  
Vishkambha\* Until 6:41PM  
Balava Until 7:33PM  
Saptami Until 6:45AM

Ganesha: Purple Sunrise: 2:39AM  
Muruga: White Sunset: 8:55PM  
Nataraja: White  
Moon - Purple

Vilamba 5120  
Moon 5 - Phase 7  
Ashtami

Creative Work Siddha Yoga  
Until 8:08AM Thu  
Then Creative Work - Amrita Yoga

**Devaloka Day**  
Jyeshtha Adhika-Vaikasi

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam

Stockholm, Sweden

Shatabhishak/Uttaraprosanthapada Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 8 Sutra 53

Kumbha Rasi: 27.17 Tithi 23 - 24

317132361

Gulika 7:12AM - 9:30AM  
Yama 2:38AM - 4:55AM  
Rahu 2:04PM - 4:21PM

Shatabhishak Until 8:08AM  
Priti Until 5:93PM  
Taitila Until 8:33PM  
Ashtami\* Until 8:08AM

Ganesha: Blue Sunrise: 2:38AM  
Muruga: White Sunset: 8:56PM  
Nataraja: White  
Moon - Clear

Vilamba 5120  
Moon 5 - Phase 7  
Navami

Creative Work Siddha Yoga

**Devaloka Day**  
Jyeshtha Adhika-Vaikasi

<b>1 Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Stockholm, Sweden Sun 9 Sutra 54 Vilamba 5120
Meena Rasi: 9.55	Tithi 24 – 25	<b>Gulika</b> 4:55AM – 7:12AM	<b>Uttaraproshtapada</b> Until 6:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 2:37AM	
		<b>Yama</b> 4:22PM – 6:40PM	<b>Ayushman</b> Until 5:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:57PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	318132361 <b>Rahu</b> 9:30AM – 11:47AM	<b>Vanija</b> Until 8:44PM	<b>Nataraja:</b> White		2nd Phase
			<b>Navami*</b> Until 8:44AM	<b>Moon – Clear</b>		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Devaloka Time:</b> 6:AM to 9:AM	

<b>2 Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 10 Sutra 55 Vilamba 5120
Meena Rasi: 22.57	Tithi 25 – 26	<b>Gulika</b> 2:36AM – 4:54AM	<b>Revati</b> Until 7:25AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 2:36AM	
		<b>Yama</b> 2:05PM – 4:23PM	<b>Saubhagya</b> Until 4:18PM	<b>Muruga:</b> White	<i>Sunset:</i> 8:58PM	Moon 5 - Phase 8
Routine Work	Prabalarishta Yoga	318132361 <b>Rahu</b> 7:12AM – 9:29AM	<b>Bava</b> Until 8:04PM	<b>Nataraja:</b> White		2nd Phase
Until 7:25AM Sun			<b>Dashami</b> Until 8:29AM	<b>Moon – Clear</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Devaloka Time:</b> 6:AM to 9:AM	

<b>3 Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 11 Sutra 56 Vilamba 5120
Mesha Rasi: 6.26	Tithi 26 – 27	<b>Gulika</b> 4:23PM – 6:41PM	<b>Revati</b> Until 7:25AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 2:35AM	
		<b>Yama</b> 11:47AM – 2:05PM	<b>Sobhana</b> Until 11:30AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 8:59PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 6:41PM – 8:59PM	<b>Kaulava</b> Until 6:36PM	<b>Nataraja:</b> White		2nd Phase
Until 7:25AM			<b>Ekadashi*</b> Until 7:25AM	<b>Moon – White</b>		<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>4 Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Stockholm, Sweden Sun 12 Sutra 57 Vilamba 5120
Mesha Rasi: 20.22	Tithi 28	<b>Gulika</b> 2:06PM – 4:24PM	<b>Ashvini</b> Until 3:05AM Tue	<b>Ganesha:</b> Green	<i>Sunrise:</i> 2:35AM	
<b>Family Home Evening</b>		<b>Yama</b> 9:29AM – 11:48AM	<b>Athiganda*</b> Until 7:78AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 9:01PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 4:53AM – 7:11AM	<b>Gara</b> Until 4:25PM	<b>Nataraja:</b> White		2nd Phase
			<b>Trayodashi*</b> Until 3:05AM Tue	<b>Moon – White</b>		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

*Pradosha Vrata (Fasting)*

<b>5 Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 13 Sutra 58 Vilamba 5120
Vrishabha Rasi: 4.44	Tithi 29	<b>Gulika</b> 11:48AM – 2:06PM	<b>Krittika</b> Until 2:29PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 2:34AM	
		<b>Yama</b> 7:11AM – 9:29AM	<b>Sukarma</b> Until 8:18AM	<b>Muruga:</b> White	<i>Sunset:</i> 9:02PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 4:25PM – 6:43PM	<b>Visti</b> Until 1:40PM	<b>Nataraja:</b> White		2nd Phase
Until 2:29PM			<b>Chaturdashi*</b> Until 12:06AM Wed	<b>Moon – White</b>		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau				Stockholm, Sweden Sun 14 Sutra 59 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:29AM – 11:48AM	<b>Rohini</b> Until 12:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 2:34AM	
Vrishabha Rasi: 19.27	Tithi 30	<b>Yama</b> 4:52AM – 7:11AM	<b>Shula*</b> Until 12:15PM	<b>Muruga:</b> White	<i>Sunset:</i> 9:02PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	338132361 <b>Rahu</b> 11:48AM – 2:07PM	<b>Catuspada</b> Until 10:30AM	<b>Nataraja:</b> White		Amavasya
			<b>Amavasya*</b> Until 8:47PM	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Stockholm, Sweden Sun 15 Sutra 60 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:11AM – 9:29AM	<b>Mrigashira</b> Until 9:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 2:33AM	
Mithuna Rasi: 4.23	Tithi 1 – 2	<b>Yama</b> 2:33AM – 4:52AM	<b>Ganda*</b> Until 8:53PM	<b>Muruga:</b> White	<i>Sunset:</i> 9:03PM	Moon 5 - Phase 8
Routine Work	Marana Yoga	339132361 <b>Rahu</b> 2:07PM – 4:26PM	<b>Kintughna</b> Until 7:03AM	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> Until 5:16PM	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Time:</b> 9:AM to 12:PM	

<b>1 Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stockholm, Sweden Sun 16 Sutra 61	
Mithuna Rasi: 19.25	Tithi 2 - 3	<b>Gulika</b> 4:52AM - 7:11AM	<b>Ardra</b> Until 6:46AM	<b>Ganesh</b> : Clear	<i>Sunrise</i> : 2:33AM	Vilamba 5120	
		Yama 4:26PM - 6:45PM	Vriddhi Until 4:56PM	<b>Muruga</b> : White	<i>Sunset</i> : 9:04PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 <b>Rahu</b> 9:29AM - 11:48AM	Taitila Until 12:02AM Sat	<b>Nataraja</b> : White		3rd Phase	
			<b>Dvitiya</b> Until 1:44PM	Moon - Yellow			<b>Bhuloka Day</b>
				<b>Jyeshtha</b> •Ani			Devaloka Time: 9:AM to12:PM

<b>2 Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Stockholm, Sweden Sun 17 Sutra 62	
Kataka Rasi: 4.24	Tithi 3 - 4	<b>Gulika</b> 2:32AM - 4:51AM	<b>Pushya</b> Until 1:51AM Sun	<b>Ganesh</b> : Orange	<i>Sunrise</i> : 2:32AM	Vilamba 5120	
		Yama 2:08PM - 4:27PM	Dhruva Until 1:05PM	<b>Muruga</b> : White	<i>Sunset</i> : 9:05PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 7:10AM - 9:30AM	Vanija Until 8:44PM	<b>Nataraja</b> : White		3rd Phase	
			<b>Tritiya</b> Until 10:20AM	Moon - Blue			<b>Bhuloka Day</b>
				<b>Jyeshtha</b> •Ani			Devaloka Time: 9:AM to12:PM

<b>3 Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Stockholm, Sweden Sun 18 Sutra 63	
Kataka Rasi: 19.11	Tithi 4 - 5	<b>Gulika</b> 4:27PM - 6:46PM	<b>Ashlesha*</b> Until 11:40PM	<b>Ganesh</b> : Orange	<i>Sunrise</i> : 2:32AM	Vilamba 5120	
		Yama 11:49AM - 2:08PM	Vyaghata* Until 9:28AM	<b>Muruga</b> : White	<i>Sunset</i> : 9:05PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 6:46PM - 9:05PM	Balava Until 4:26AM Mon	<b>Nataraja</b> : White		3rd Phase	
Until 11:40PM			<b>Chaturthi*</b> Until 7:11AM	Moon - Blue			<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga		<b>Father's Day</b>		<b>Jyeshtha</b> •Ani			Devaloka Time: 9:AM to12:PM

<b>4 Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Shashthiyam Titau				Stockholm, Sweden Sun 19 Sutra 64	
Simha Rasi: 3.42	Tithi 6	<b>Gulika</b> 2:08PM - 4:27PM	<b>Magha*</b> Until 10:14PM	<b>Ganesh</b> : Green	<i>Sunrise</i> : 2:32AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 9:30AM - 11:49AM	Harshana Until 10:14PM	<b>Muruga</b> : White	<i>Sunset</i> : 9:06PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 <b>Rahu</b> 4:51AM - 7:11AM	Kaulava Until 3:15PM	<b>Nataraja</b> : White		3rd Phase	
Until 10:14PM			<b>Shashthi*</b> Until 2:09AM Tue	Moon - Red			<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Jyeshtha</b> •Ani			

<b>5 Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Stockholm, Sweden Sun 20 Sutra 65	
Simha Rasi: 17.52	Tithi 7	<b>Gulika</b> 11:49AM - 2:08PM	<b>Purvaphalguni</b> Until 9:12PM	<b>Ganesh</b> : Green	<i>Sunrise</i> : 2:32AM	Vilamba 5120	
		Yama 7:11AM - 9:30AM	Siddhi Until 12:55AM Wed	<b>Muruga</b> : White	<i>Sunset</i> : 9:06PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 <b>Rahu</b> 4:28PM - 6:47PM	Gara Until 1:15PM	<b>Nataraja</b> : White		3rd Phase	
Until 9:12PM			<b>Saptami</b> Until 12:27AM Wed	Moon - Red			<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Jyeshtha</b> •Ani			

<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Stockholm, Sweden Sun 21 Sutra 66	
<b>Retreat Star</b>		<b>Gulika</b> 9:30AM - 11:49AM	<b>Uttaraphalguni</b> Until 8:36PM	<b>Ganesh</b> : Green	<i>Sunrise</i> : 2:32AM	Vilamba 5120	
Kanya Rasi: 1.4	Tithi 8	Yama 4:51AM - 7:11AM	Vyatipata* Until 11:01PM	<b>Muruga</b> : White	<i>Sunset</i> : 9:07PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	359132361 <b>Rahu</b> 11:49AM - 2:09PM	Visti Until 11:49AM	<b>Nataraja</b> : White		Ashtami	
Until 8:36PM			<b>Ashtami*</b> Until 11:19PM	Moon - Red			<b>Devaloka Day</b>
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha</b> •Ani			

<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Varyan Yoga Balava/Kaulava Karana Navamyam Titau				Stockholm, Sweden Sun 22 Sutra 67	
<b>Retreat Star</b>		<b>Gulika</b> 7:11AM - 9:30AM	<b>Hasta</b> Until 8:54PM	<b>Ganesh</b> : Red	<i>Sunrise</i> : 2:32AM	Vilamba 5120	
Kanya Rasi: 15.08	Tithi 9	Yama 2:32AM - 4:52AM	Varyan Until 9:33PM	<b>Muruga</b> : White	<i>Sunset</i> : 9:07PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	369132361 <b>Rahu</b> 2:09PM - 4:28PM	Balava Until 11:00AM	<b>Nataraja</b> : White		Navami	
Until 8:54PM			<b>Navami*</b> Until 10:47PM	Moon - Green			<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Jyeshtha</b> •Ani			Devaloka Time: 9:AM to12:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam Titau				Stockholm, Sweden Sun 23 Sutra 68	
	Kanya Rasi: 28.16	Tithi 10	<b>Gulika</b> 4:52AM – 7:11AM	<b>Chitra</b> Until 9:35PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 2:32AM	Vilamba 5120	
			Yama 4:28PM – 6:48PM	Parigha* Until 8:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 9:07PM	Moon 5 - Phase 10	
	361132361	<b>Rahu</b> 9:30AM – 11:50AM	Tailila Until 10:45AM		<b>Nataraja:</b> White	4th Phase		
Creative Work Siddha Yoga		Dashami Until 10:49PM				Moon – Green		<b>Bhuloka Day</b>
		<b>Jyeshtha-Ani</b>						

<b>2</b>	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Stockholm, Sweden Sun 24 Sutra 69	
	Tula Rasi: 11.08	Tithi 11	<b>Gulika</b> 2:33AM – 4:52AM	<b>Svati</b> Until 10:38PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 2:33AM	Vilamba 5120	
			Yama 2:09PM – 4:29PM	Shiva Until 7:58PM	<b>Muruga:</b> White	<i>Sunset:</i> 9:07PM	Moon 5 - Phase 10	
	361132361	<b>Rahu</b> 7:11AM – 9:31AM	Vanija Until 11:03AM		<b>Nataraja:</b> White	4th Phase		
Creative Work Siddha Yoga		Ekadashi Until 11:21PM				Moon – Green		<b>Bhuloka Day</b>
		<b>Jyeshtha-Ani</b>						

<b>3</b>	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Stockholm, Sweden Sun 25 Sutra 70	
	Tula Rasi: 23.45	Tithi 12	<b>Gulika</b> 4:29PM – 6:48PM	<b>Vishakha</b> Until 12:28AM Mon	<b>Ganesh:</b> Red	<i>Sunrise:</i> 2:33AM	Vilamba 5120	
			Yama 11:50AM – 2:09PM	Siddha Until 7:45PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:07PM	Moon 5 - Phase 10	
	371142361	<b>Rahu</b> 6:48PM – 9:07PM	Bava Until 11:50AM		<b>Nataraja:</b> White	4th Phase		
Routine Work Marana Yoga Until 12:28AM Mon Then Creative Work - Siddha Yoga		Dvadashi Until 12:23AM Mon				Moon – Orange		<b>Devaloka Day</b>
		<b>Jyeshtha-Ani</b>						

<b>4</b>	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Tailila Karana Trayodashyam Titau				Stockholm, Sweden Sun 26 Sutra 71	
	Vrischika Rasi: 6.1	Tithi 13	<b>Gulika</b> 2:10PM – 4:29PM	<b>Anuradha</b> Until 2:33AM Tue	<b>Ganesh:</b> Red	<i>Sunrise:</i> 2:34AM	Vilamba 5120	
	<b>Family Home Evening</b>		Yama 9:31AM – 11:50AM	Sadhya Until 7:52PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:07PM	Moon 5 - Phase 10	
	371142361	<b>Rahu</b> 4:53AM – 7:12AM	Kaulava Until 1:05PM		<b>Nataraja:</b> White	4th Phase		
Creative Work Siddha Yoga Until 2:33AM Tue Then Routine Work - Marana Yoga		Trayodashi Until 1:50AM Tue				Moon – Orange		<b>Devaloka Day</b>
		<i>Pradosha Vrata</i>				<b>Jyeshtha-Ani</b>		

<b>5</b>	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Stockholm, Sweden Sun 27 Sutra 72	
	Vrischika Rasi: 18.24	Tithi 14	<b>Gulika</b> 11:51AM – 2:10PM	<b>Jyeshtha*</b> Until 4:51AM Wed	<b>Ganesh:</b> Red	<i>Sunrise:</i> 2:34AM	Vilamba 5120	
			Yama 7:12AM – 9:31AM	Subha Until 8:20PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:07PM	Moon 5 - Phase 10	
	371142361	<b>Rahu</b> 4:29PM – 6:48PM	Gara Until 2:44PM		<b>Nataraja:</b> White	4th Phase		
Routine Work Marana Yoga		Chaturdashi* Until 3:40AM Wed				Moon – Orange		<b>Devaloka Day</b>
		<b>Jyeshtha-Ani</b>						

<b>○</b>	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Stockholm, Sweden Sutra 73	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 9:32AM – 11:51AM	<b>Mula*</b> Until 7:48AM Thu	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 2:35AM	Vilamba 5120	
	Dhanus Rasi: 0.29	Tithi 15	Yama 4:54AM – 7:13AM	Sukla Until 9:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:07PM	Moon 5 - Phase 10	
	381142361	<b>Rahu</b> 11:51AM – 2:10PM	Visti Until 4:45PM		<b>Nataraja:</b> White	Purnima		
Routine Work Marana Yoga Until 7:48AM Thu Then Creative Work - Siddha Yoga		Purnima* Until 5:51AM Thu				Moon – Light Blue		<b>Bhuloka Day</b>
		<b>Jyeshtha-Ani</b>				Devaloka Time: 12:PM to 3:PM		

<b>○</b>	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Stockholm, Sweden Sutra 74	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:13AM – 9:32AM	<b>Mula*</b> Until 7:48AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 2:35AM	Vilamba 5120	
	Dhanus Rasi: 12.26	Tithi 16	Yama 2:35AM – 4:54AM	Brahma Until 9:57PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:06PM	Moon 5 - Phase 10	
	381142361	<b>Rahu</b> 2:10PM – 4:29PM	Balava Until 7:03PM		<b>Nataraja:</b> White	Prathama		
Creative Work Siddha Yoga		Prathama* Until 8:16AM Fri				Moon – Light Blue		<b>Bhuloka Day</b>
		<b>Jyeshtha-Ani</b>				Devaloka Time: 12:PM to 3:PM		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda





Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stockholm, Sweden

Dhanus Rasi: 24.17    Tihti 16 – 17

Gulika 4:55AM – 7:14AM  
Yama 4:28PM – 6:47PM  
Rahu 9:32AM – 11:51AMPurvashadha\* Until 10:49AM  
Indra Until 11:02PM  
Taitila Until 9:34PM  
Prathama\* Until 8:16AMGanesha: Blue  
Muruga: Clear  
Nataraja: White  
Moon – Light Blue  
Jyeshtha-AniSunrise: 2:36AM  
Sunset: 9:06PMSutra 75  
Vilamba 5120  
Moon 6 - Phase 11  
1st PhaseRoutine Work    Prabalarishta Yoga  
Until 10:49AM  
Then Routine Work - Marana Yoga**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stockholm, Sweden

Makara Rasi: 6.05    Tihti 17 – 18

Gulika 2:37AM – 4:56AM  
Yama 2:10PM – 4:28PM  
Rahu 7:14AM – 9:33AMUttarashadha Until 1:47PM  
Vaidhriti\* Until 12:09AM Sun  
Vanija Until 11:70PM  
Dvitiya Until 11:02PMGanesha: Blue  
Muruga: Clear  
Nataraja: White  
Moon – Light Blue  
Jyeshtha-AniSunrise: 2:37AM  
Sunset: 9:05PMSun 1    Sutra 76  
Vilamba 5120  
Moon 6 - Phase 11  
1st PhaseRoutine Work    Marana Yoga  
Until 1:47PM  
Then Creative Work - Siddha Yoga**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Triliya/Chaturthyam Titau

Stockholm, Sweden

Makara Rasi: 17.52    Tihti 18 – 19

Gulika 4:28PM – 6:46PM  
Yama 11:51AM – 2:10PM  
Rahu 6:46PM – 9:05PMShravana Until 5:06PM  
Vishkambha\* Until 1:14AM Mon  
Bava Until 2:43AM Mon  
Tritiya Until 1:26PMGanesha: Red  
Muruga: Clear  
Nataraja: White  
Moon – Purple  
Jyeshtha-AniSunrise: 2:38AM  
Sunset: 9:05PMSun 2    Sutra 77  
Vilamba 5120  
Moon 6 - Phase 11  
1st PhaseCreative Work    Amrita Yoga  
Until 5:06PM  
Then Routine Work - Marana Yoga**Devaloka Day**

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden

Makara Rasi: 29.41    Tihti 19 – 20

Gulika 2:10PM – 4:28PM  
Yama 9:33AM – 11:52AM  
Rahu 4:57AM – 7:15AMDhanishtha Until 8:05PM  
Priti Until 2:10AM Tue  
Kaulava Until 5:01AM Tue  
Chaturthi\* Until 3:53PMGanesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon – Purple  
Jyeshtha-AniSunrise: 2:39AM  
Sunset: 9:04PMSun 3    Sutra 78  
Vilamba 5120  
Moon 6 - Phase 11  
1st PhaseFamily Home Evening  
Creative Work    Siddha Yoga**Devaloka Day**

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Stockholm, Sweden

Kumbha Rasi: 11.35    Tihti 20

Gulika 11:52AM – 2:10PM  
Yama 7:16AM – 9:34AM  
Rahu 4:28PM – 6:45PMShatabhishak Until 10:34PM  
Ayushman Until 2:46AM Wed  
Taitila Until 6:00PM  
Panchami Until 6:00PMGanesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon – Purple  
Jyeshtha-AniSunrise: 2:40AM  
Sunset: 9:03PMSun 4    Sutra 79  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work    Marana Yoga

**Devaloka Day**

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Stockholm, Sweden

Kumbha Rasi: 23.4    Tihti 21

Gulika 9:34AM – 11:52AM  
Yama 4:59AM – 7:17AM  
Rahu 11:52AM – 2:10PMPurvaproshtapada\* Until 12:53AM Thu  
Saubhagya Until 2:58AM Thu  
Gara Until 6:55AM  
Shashthi\* Until 7:38PMGanesha: Orange  
Muruga: Clear  
Nataraja: White  
Moon – Clear  
Jyeshtha-AniSunrise: 2:41AM  
Sunset: 9:03PMSun 5    Sutra 80  
Vilamba 5120  
Moon 6 - Phase 11  
1st PhaseCreative Work    Amrita Yoga  
Until 12:53AM Thu  
Then Creative Work - Siddha Yoga**Devaloka Day**

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Stockholm, Sweden

Meena Rasi: 5.58    Tihti 22

Gulika 7:17AM – 9:35AM  
Yama 2:43AM – 5:00AM  
Rahu 2:09PM – 4:27PMUttaraproshtapada Until 2:23AM Fri  
Sobhana Until 2:39AM Fri  
Visti Until 8:15AM  
Saptami Until 8:38PMGanesha: Orange  
Muruga: Clear  
Nataraja: White  
Moon – Clear  
Jyeshtha-AniSunrise: 2:43AM  
Sunset: 9:02PMSun 6    Sutra 81  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

D

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Stockholm, Sweden

Meena Rasi: 18.34    Tihti 23

Gulika 5:01AM – 7:18AM  
Yama 4:26PM – 6:44PM  
Rahu 9:35AM – 11:52AMRevati Until 2:59AM Sat  
Athiganda\* Until 1:43AM Sat  
Balava Until 8:53AM  
Ashtami\* Until 8:54PMGanesha: Orange  
Muruga: Clear  
Nataraja: White  
Moon – Clear  
Jyeshtha-AniSunrise: 2:44AM  
Sunset: 9:01PMSun 7    Sutra 82  
Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work    Siddha Yoga

**Devaloka Day**

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Sukarma Yoga Taitila Karana Navamyam Titau

Stockholm, Sweden

Mesha Rasi: 1.33    Tihti 24

Gulika 2:45AM – 5:02AM  
Yama 2:09PM – 4:26PM  
Rahu 7:19AM – 9:36AMAshvini Until 3:07AM Sun  
Sukarma Until 12:09AM Sun  
Taitila Until 8:44AM  
Navami\* Until 8:21PMGanesha: Orange  
Muruga: Clear  
Nataraja: White  
Moon – White  
Jyeshtha-AniSunrise: 2:45AM  
Sunset: 9:00PMSun 8    Sutra 83  
Vilamba 5120  
Moon 6 - Phase 11  
NavamiCreative Work    Siddha Yoga  
Until 3:07AM Sun  
Then Routine Work - Prabalarishta Yoga**Devaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

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<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Stockholm, Sweden	
Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau					Sun 9 Sutra 84	
Mesha Rasi: 14.58 Tithi 25		<b>Gulika</b> 4:26PM – 6:42PM	<b>Bharani Until 2:18AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise: 2:47AM</i>	Vilamba 5120	
422242361		Yama 11:53AM – 2:09PM	Dhriti Until 9:58PM	<b>Muruga:</b> Clear <i>Sunset: 8:59PM</i>	Moon 6 - Phase 12	
Routine Work Prabalarishta Yoga		<b>Rahu</b> 6:42PM – 8:59PM	Vanija Until 7:48AM	<b>Nataraja:</b> White	2nd Phase	
Until 2:18AM Mon					<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga					Moon – White <b>Jyeshtha•Ani</b>	

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam			Stockholm, Sweden	
Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau					Sun 10 Sutra 85	
Mesha Rasi: 28.49 Tithi 26 – 27		<b>Gulika</b> 2:09PM – 4:25PM	<b>Krittika Until 12:40AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise: 2:48AM</i>	Vilamba 5120	
422242361		Yama 9:37AM – 11:53AM	Shula* Until 7:10PM	<b>Muruga:</b> Clear <i>Sunset: 8:57PM</i>	Moon 6 - Phase 12	
<b>Family Home Evening</b>		<b>Rahu</b> 5:04AM – 7:20AM	Bava Until 6:05AM	<b>Nataraja:</b> White	2nd Phase	
Routine Work Marana Yoga					<b>Devaloka Day</b>	
Until 12:40AM Tue					Moon – White <b>Jyeshtha•Ani</b>	
Then Creative Work - Amrita Yoga					Devaloka Time: 12:PM to 3:PM	

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam			Stockholm, Sweden	
Rohini Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau					Sun 11 Sutra 86	
Vrisabha Rasi: 13.07 Tithi 27 – 28		<b>Gulika</b> 11:53AM – 2:09PM	<b>Rohini Until 10:44PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 2:50AM</i>	Vilamba 5120	
422242361		Yama 7:21AM – 9:37AM	Ganda* Until 3:52PM	<b>Muruga:</b> Clear <i>Sunset: 8:56PM</i>	Moon 6 - Phase 12	
Creative Work Amrita Yoga		<b>Rahu</b> 4:24PM – 6:40PM	Gara Until 12:44AM Wed	<b>Nataraja:</b> White	2nd Phase	
Until 10:44PM					<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					Devaloka Time: 12:PM to 3:PM	
					Moon – Yellow <b>Jyeshtha•Ani</b>	
					Pradosha Vrata (Fasting)	

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Stockholm, Sweden	
Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Sun 12 Sutra 87	
Vrisabha Rasi: 27.49 Tithi 28 – 29		<b>Gulika</b> 9:37AM – 11:53AM	<b>Mrigashira Until 8:12PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 2:51AM</i>	Vilamba 5120	
422242361		Yama 5:07AM – 7:22AM	Vridhhi Until 12:11PM	<b>Muruga:</b> Clear <i>Sunset: 8:55PM</i>	Moon 6 - Phase 12	
Creative Work Siddha Yoga		<b>Rahu</b> 11:53AM – 2:08PM	Visti Until 9:22PM	<b>Nataraja:</b> White	2nd Phase	
					<b>Bhuloka Day</b>	
					Devaloka Time: 12:PM to 3:PM	
					Moon – Yellow <b>Jyeshtha•Ani</b>	
					Trayodashi* Until 11:04AM	

<b>Thursdays, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Stockholm, Sweden	
<b>Retreat Star</b>		Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau			Sun 13 Sutra 88	
Mithuna Rasi: 12.48 Tithi 29 – 30		<b>Gulika</b> 7:23AM – 9:38AM	<b>Ardra Until 5:17PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 2:53AM</i>	Vilamba 5120	
422242361		Yama 2:53AM – 5:08AM	Dhruva Until 8:12AM	<b>Muruga:</b> Clear <i>Sunset: 8:53PM</i>	Moon 6 - Phase 12	
Routine Work Marana Yoga		<b>Rahu</b> 2:08PM – 4:23PM	Naga Until 3:50AM Fri	<b>Nataraja:</b> White	Amavasya	
Until 5:17PM					<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					Devaloka Time: 12:PM to 3:PM	
					Moon – Yellow <b>Jyeshtha•Ani</b>	

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam			Stockholm, Sweden	
<b>Retreat Star</b>		Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau			Sun 14 Sutra 89	
Mithuna Rasi: 27.57 Tithi 1		<b>Gulika</b> 5:09AM – 7:24AM	<b>Punarvasu Until 2:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 2:54AM</i>	Vilamba 5120	
422242361		Yama 4:23PM – 6:37PM	Harshana Until 11:55PM	<b>Muruga:</b> Clear <i>Sunset: 8:52PM</i>	Moon 6 - Phase 12	
Creative Work Siddha Yoga		<b>Rahu</b> 9:38AM – 11:53AM	Kintughna Until 1:58PM	<b>Nataraja:</b> White	Prathama	
Until 2:30PM					<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					Devaloka Time: 12:PM to 3:PM	
					Moon – Blue <b>Ashada•Ani</b>	
					Partial Solar Eclipse	
					Prathama* Until 12:05AM Sat	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stockholm, Sweden Sun 15 Sutra 90	
	Kataka Rasi: 13.07	Tithi 2	<b>Gulika</b> 2:56AM – 5:10AM Yama 2:08PM – 4:22PM 442242361 <b>Rahu</b> 7:25AM – 9:39AM	<b>Pushya</b> Until 11:38AM Vajra* Until 7:51PM Balava Until 10:16AM Dvitiya Until 8:28PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Ashada*Ani</b>	<i>Sunrise:</i> 2:56AM <i>Sunset:</i> 8:50PM	Vilamba 5120 Moon 6 - Phase 13 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Creative Work Siddha Yoga Until 11:38AM Then Routine Work - Marana Yoga							

<b>2</b>	<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Vanija Karana Tritiya/Chaturthiyam Titau				Stockholm, Sweden Sun 16 Sutra 91	
	Kataka Rasi: 28.08	Tithi 3 – 4	<b>Gulika</b> 4:21PM – 6:35PM Yama 11:53AM – 2:07PM 442242361 <b>Rahu</b> 6:35PM – 8:49PM	<b>Ashlesha*</b> Until 8:51AM Siddhi Until 4:02PM Taitila Until 6:46AM Tritiya Until 5:07PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Ashada*Ani</b>	<i>Sunrise:</i> 2:58AM <i>Sunset:</i> 8:49PM	Vilamba 5120 Moon 6 - Phase 13 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Creative Work Siddha Yoga Until 8:51AM Then Routine Work - Marana Yoga							

<b>3</b>	<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Stockholm, Sweden Sun 17 Sutra 92	
	Simha Rasi: 12.53	Tithi 4 – 5	<b>Gulika</b> 2:07PM – 4:20PM Yama 9:40AM – 11:53AM 453242361 <b>Rahu</b> 5:13AM – 7:27AM	<b>Magha*</b> Until 6:43AM Vyatipata* Until 12:34PM Bava Until 12:57AM Tue Chaturthi* Until 2:12PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Red <b>Ashada*Adi</b>	<i>Sunrise:</i> 3:00AM <i>Sunset:</i> 8:47PM	Vilamba 5120 Moon 6 - Phase 13 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Family Home Evening Routine Work Marana Yoga Until 6:43AM Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Stockholm, Sweden Sun 18 Sutra 93	
	Simha Rasi: 27.17	Tithi 5 – 6	<b>Gulika</b> 11:54AM – 2:06PM Yama 7:28AM – 9:41AM 453242362 <b>Rahu</b> 4:19PM – 6:32PM	<b>Uttaraphalguni</b> Until 3:39AM Wed Variyan Until 9:31AM Kaulava Until 10:53PM Panchami Until 11:49AM	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Red <b>Ashada*Adi</b>	<i>Sunrise:</i> 3:02AM <i>Sunset:</i> 8:45PM	Vilamba 5120 Moon 6 - Phase 13 3rd Phase	<b>Devaloka Day</b>
	Creative Work Amrita Yoga Until 3:39AM Wed Then Routine Work - Marana Yoga							

<b>5</b>	<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 19 Sutra 94	
	Kanya Rasi: 11.15	Tithi 6 – 7	<b>Gulika</b> 9:41AM – 11:54AM Yama 5:16AM – 7:29AM 463242362 <b>Rahu</b> 11:54AM – 2:06PM	<b>Hasta</b> Until 3:20AM Thu Parigha* Until 7:01AM Gara Until 9:31PM Shashthi* Until 10:06AM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Green <b>Ashada*Adi</b>	<i>Sunrise:</i> 3:03AM <i>Sunset:</i> 8:44PM	Vilamba 5120 Moon 6 - Phase 13 3rd Phase	<b>Sivaloka Day</b>
	Routine Work Marana Yoga Until 3:20AM Thu Then Creative Work - Siddha Yoga							

<b>☾</b>	<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Stockholm, Sweden Sun 20 Sutra 95	
	<b>Retreat Star</b>		<b>Gulika</b> 7:30AM – 9:42AM Yama 3:05AM – 5:17AM 463242362 <b>Rahu</b> 2:06PM – 4:18PM	<b>Chitra</b> Until 3:37AM Fri Siddha Until 3:45AM Fri Vistil Until 8:52PM Saptami Until 9:05AM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Green <b>Ashada*Adi</b>	<i>Sunrise:</i> 3:05AM <i>Sunset:</i> 8:42PM	Vilamba 5120 Moon 6 - Phase 13 Ashtami	<b>Sivaloka Day</b>
	Kanya Rasi: 24.48 Tithi 7 – 8 Creative Work Siddha Yoga							

<b>☽</b>	<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stockholm, Sweden Sun 21 Sutra 96	
	<b>Retreat Star</b>		<b>Gulika</b> 5:19AM – 7:31AM Yama 4:17PM – 6:28PM 463242362 <b>Rahu</b> 9:42AM – 11:54AM	<b>Svati</b> Until 4:26AM Sat Sadhya Until 2:58AM Sat Balava Until 8:57PM Ashtami* Until 8:48AM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Green <b>Ashada*Adi</b>	<i>Sunrise:</i> 3:07AM <i>Sunset:</i> 8:40PM	Vilamba 5120 Moon 6 - Phase 13 Navami	<b>Sivaloka Day</b>
	Tula Rasi: 7.57 Tithi 8 – 9 Creative Work Siddha Yoga							

<b>1</b>		<b>Saturday, July 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Stockholm, Sweden Sun 22 Sutra 97
Tula Rasi: 20.44	Tithi 9 – 10	<b>Gulika</b>	3:09AM – 5:20AM	<b>Vishakha</b> Until 6:12AM Sun	<b>Ganesh:</b> White	<i>Sunrise:</i> 3:09AM	Vilamba 5120
		Yama	2:05PM – 4:16PM	Subha Until 2:44AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 14
		473242362 <b>Rahu</b>	7:32AM – 9:43AM	Taitila Until 9:42PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga			<b>Navami*</b> Until 9:13AM	Moon – Orange		<b>Devaloka Day</b>
Until 6:12AM Sun					<b>Ashada*Adi</b>		
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Stockholm, Sweden Sun 23 Sutra 98
Vrischika Rasi: 3.13	Tithi 10 – 11	<b>Gulika</b>	4:15PM – 6:26PM	<b>Vishakha</b> Until 11:52AM Mon	<b>Ganesh:</b> White	<i>Sunrise:</i> 3:11AM	Vilamba 5120
		Yama	11:54AM – 2:04PM	Sukla Until 2:54AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:36PM	Moon 6 - Phase 14
		473242362 <b>Rahu</b>	6:26PM – 8:36PM	Vanija Until 11:02PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga			<b>Dashami</b> Until 10:17AM	Moon – Orange		<b>Devaloka Day</b>
					<b>Ashada*Adi</b>		

<b>3</b>		<b>Monday, July 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau	Stockholm, Sweden Sun 24 Sutra 99
Vrischika Rasi: 15.28	Tithi 11 – 12	<b>Gulika</b>	2:04PM – 4:14PM	<b>Vishakha</b> Until 11:52AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 3:13AM	Vilamba 5120
<b>Family Home Evening</b>		Yama	9:44AM – 11:54AM	Brahma Until 8:20AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:34PM	Moon 6 - Phase 14
		473242362 <b>Rahu</b>	5:24AM – 7:34AM	Balava Until 13:54AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi</b> Until 11:52AM	Moon – Orange		<b>Devaloka Day</b>
					<b>Ashada*Adi</b>		

<b>4</b>		<b>Tuesday, July 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Stockholm, Sweden Sun 25 Sutra 100
Vrischika Rasi: 27.32	Tithi 12 – 13	<b>Gulika</b>	11:54AM – 2:03PM	<b>Jyeshtha*</b> Until 10:45AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 3:16AM	Vilamba 5120
		Yama	7:35AM – 9:44AM	Indra Until 4:16AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:32PM	Moon 6 - Phase 14
		473242362 <b>Rahu</b>	4:13PM – 6:23PM	Kaulava Until 3:03AM Wed	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga			<b>Dvadashi</b> Until 1:54PM	Moon – Orange		<b>Devaloka Day</b>
Until 10:45AM					<b>Ashada*Adi</b>		
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>		

<b>5</b>		<b>Wednesday, July 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Stockholm, Sweden Sun 26 Sutra 101
Dhanus Rasi: 9.28	Tithi 13 – 14	<b>Gulika</b>	9:45AM – 11:54AM	<b>Mula*</b> Until 1:48PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 3:18AM	Vilamba 5120
		Yama	5:27AM – 7:36AM	Vaidhriti* Until 5:15AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:30PM	Moon 6 - Phase 14
		483342362 <b>Rahu</b>	11:54AM – 2:03PM	Gara Until 5:30AM Thu	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga			<b>Trayodashi</b> Until 4:14PM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 1:48PM					<b>Ashada*Adi</b>		
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Thursday, July 26, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashyam Titau	Stockholm, Sweden Sun 27 Sutra 102
Dhanus Rasi: 21.18	Tithi 14	<b>Gulika</b>	7:37AM – 9:45AM	<b>Purvashadha*</b> Until 4:53PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 3:20AM	Vilamba 5120
		Yama	3:20AM – 5:28AM	Vishkambha* Until 6:21AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:28PM	Moon 6 - Phase 14
		483342362 <b>Rahu</b>	2:02PM – 4:11PM	Visti Until 7:65AM Fri	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 6:46PM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 4:53PM					<b>Ashada*Adi</b>		
Then Routine Work - Marana Yoga							

<b>○</b>		<b>Friday, July 27, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau	Stockholm, Sweden Sun 28 Sutra 103
<b>Copper Retreat Star</b>		<b>Gulika</b>	5:30AM – 7:38AM	<b>Uttarashadha</b> Until 7:52PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 3:22AM	Vilamba 5120
Makara Rasi: 3.06	Tithi 15	Yama	4:10PM – 6:18PM	Vishkambha* Until 6:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:26PM	Moon 6 - Phase 14
		483342362 <b>Rahu</b>	9:46AM – 11:54AM	Visti Until 8:05AM	<b>Nataraja:</b> Clear		Purnima
Routine Work	Marana Yoga			<b>Purnima*</b> Until 9:21PM	Moon – Light Blue		<b>Sivaloka Day</b>
					<b>Ashada*Adi</b>		
		<b>Total Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

<b>○</b>		<b>Saturday, July 28, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau	Stockholm, Sweden Sun 29 Sutra 104
<b>Silver Retreat Star</b>		<b>Gulika</b>	3:24AM – 5:31AM	<b>Shravana</b> Until 11:08PM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 3:24AM	Vilamba 5120
Makara Rasi: 14.53	Tithi 16	Yama	2:01PM – 4:09PM	Priti Until 7:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:24PM	Moon 6 - Phase 14
		493342362 <b>Rahu</b>	7:39AM – 9:46AM	Balava Until 10:39AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 11:53PM	Moon – Purple		<b>Devaloka Day</b>
					<b>Ashada*Adi</b>		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Stockholm, Sweden

Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Sun 1 Sutra 105

Makara Rasi: 26.43    Tiithi 17

**Gulika** 4:08PM – 6:14PM  
Yama 11:54AM – 2:01PM  
Rahu 6:14PM – 8:21PM

**Dhanishtha Until 2:03AM Mon**  
Ayushman Until 8:29AM  
Taitila Until 1:06PM  
**Dvitiya Until 2:14AM Mon**

**Ganesha:** Blue    *Sunrise:* 3:26AM  
**Muruga:** Clear    *Sunset:* 8:21PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga  
Until 2:03AM Mon  
Then Creative Work - Siddha Yoga

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stockholm, Sweden

Sun 2 Sutra 106

Kumbha Rasi: 8.37    Tiithi 18

**Gulika** 2:00PM – 4:06PM  
Yama 9:47AM – 11:54AM  
Rahu 5:35AM – 7:41AM

**Shatabhishak Until 4:32AM Tue**  
Saubhagya Until 9:20AM  
Vanija Until 3:19PM  
**Tritiya Until 4:17AM Tue**

**Ganesha:** Blue    *Sunrise:* 3:28AM  
**Muruga:** Clear    *Sunset:* 8:19PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 4:32AM Tue  
Then Routine Work - Marana Yoga

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Stockholm, Sweden

Sun 3 Sutra 107

Kumbha Rasi: 20.39    Tiithi 19

**Gulika** 11:54AM – 1:59PM  
Yama 7:42AM – 9:48AM  
Rahu 4:05PM – 6:11PM

**Purvaprossthapada\* Until 6:57AM Wed**  
Sobhana Until 9:58AM  
Bava Until 5:11PM  
**Chaturthi\* Until 5:56AM Wed**

**Ganesha:** White    *Sunrise:* 3:31AM  
**Muruga:** Clear    *Sunset:* 8:17PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga  
Until 6:57AM Wed  
Then Creative Work - Siddha Yoga

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprossthapada\*/Uttaraprossthapada Nakshatra Athiganda\*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Stockholm, Sweden

Sun 4 Sutra 108

Meena Rasi: 2.5    Tiithi 20

**Gulika** 9:48AM – 11:54AM  
Yama 5:38AM – 7:43AM  
Rahu 11:54AM – 1:59PM

**Purvaprossthapada\* Until 6:57AM**  
Athiganda\* Until 10:14AM  
Kaulava Until 6:36PM  
**Panchami Until 7:06AM Thu**

**Ganesha:** White    *Sunrise:* 3:33AM  
**Muruga:** Clear    *Sunset:* 8:14PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 6:57AM  
Then Creative Work - Siddha Yoga

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprossthapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stockholm, Sweden

Sun 5 Sutra 109

Meena Rasi: 15.14    Tiithi 20 – 21

**Gulika** 7:44AM – 9:49AM  
Yama 3:35AM – 5:40AM  
Rahu 1:58PM – 4:03PM

**Uttaraprossthapada Until 8:43AM**  
Sukarma Until 10:07AM  
Gara Until 7:29PM  
**Panchami Until 7:06AM**

**Ganesha:** White    *Sunrise:* 3:35AM  
**Muruga:** Clear    *Sunset:* 8:12PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden

Sun 6 Sutra 110

Meena Rasi: 27.53    Tiithi 21 – 22

**Gulika** 5:41AM – 7:45AM  
Yama 4:02PM – 6:06PM  
Rahu 9:49AM – 11:53AM

**Revati Until 9:46AM**  
Dhriti Until 9:34AM  
Visti Until 7:45PM  
**Shashthi\* Until 7:41AM**

**Ganesha:** White    *Sunrise:* 3:37AM  
**Muruga:** Clear    *Sunset:* 8:10PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 9:46AM  
Then Creative Work - Amrita Yoga

**D**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden

Sun 7 Sutra 111

Mesha Rasi: 10.51    Tiithi 22 – 23

**Gulika** 3:40AM – 5:43AM  
Yama 1:57PM – 4:00PM  
Rahu 7:46AM – 9:50AM

**Ashvini Until 10:30AM**  
Shula\* Until 8:28AM  
Balava Until 7:21PM  
**Saptami Until 7:37AM**

**Ganesha:** Clear    *Sunrise:* 3:40AM  
**Muruga:** Clear    *Sunset:* 8:07PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

**Sivaloka Day**

Creative Work    Siddha Yoga

**Sunday, August 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stockholm, Sweden

Sun 8 Sutra 112

Mesha Rasi: 24.1    Tiithi 23 – 24

**Gulika** 3:59PM – 6:02PM  
Yama 11:53AM – 1:56PM  
Rahu 6:02PM – 8:05PM

**Bharani Until 10:24AM**  
Ganda\* Until 6:50AM  
Taitila Until 6:16PM  
**Ashtami\* Until 6:53AM**

**Ganesha:** Clear    *Sunrise:* 3:42AM  
**Muruga:** Clear    *Sunset:* 8:05PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
Navami

**Sivaloka Day**


Routine Work    Prabalarishta Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

<b>1</b>		<b>Monday, August 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visi* Karana Dashamyam Titau	Stockholm, Sweden Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 7.53	Tithi 25	<b>Gulika</b>	1:55PM – 3:58PM	<b>Krittika Until 9:29AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 3:44AM	
<b>Family Home Evening</b>	424342362	Yama	9:51AM – 11:53AM	Dhruva Until 1:57AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:02PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	<b>Rahu</b>	5:46AM – 7:49AM	Vanija Until 4:31PM	<b>Nataraja:</b> Clear		2nd Phase
Until 9:29AM				<b>Dashami Until 3:24AM Tue</b>	Moon – White		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashada*Adi</b>		

<b>2</b>		<b>Tuesday, August 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Stockholm, Sweden Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 22	Tithi 26	<b>Gulika</b>	11:53AM – 1:55PM	<b>Rohini Until 8:13AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 3:46AM	
	434342362	Yama	7:50AM – 9:51AM	Vyaghata* Until 10:47PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:00PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	<b>Rahu</b>	3:56PM – 5:58PM	Bava Until 2:10PM	<b>Nataraja:</b> Clear		2nd Phase
Until 8:13AM				<b>Ekadashi* Until 12:46AM Wed</b>	Moon – Yellow		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashada*Adi</b>		

<b>3</b>		<b>Wednesday, August 8, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Stockholm, Sweden Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 6.29	Tithi 27	<b>Gulika</b>	9:52AM – 11:53AM	<b>Mrigashira Until 6:16AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 3:49AM	
	434342362	Yama	5:50AM – 7:51AM	Harshana Until 7:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:57PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	<b>Rahu</b>	11:53AM – 1:54PM	Kaulava Until 11:17AM	<b>Nataraja:</b> Clear		2nd Phase
				<b>Dvadashi* Until 9:40PM</b>	Moon – Yellow		<b>Devaloka Day</b>
					<b>Ashada*Adi</b>		

<b>4</b>		<b>Thursday, August 9, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Stockholm, Sweden Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 21.19	Tithi 28	<b>Gulika</b>	7:52AM – 9:52AM	<b>Punarvasu Until 1:12AM Fri</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 3:51AM	
	444342362	Yama	3:51AM – 5:51AM	Vajra* Until 3:21PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:55PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	<b>Rahu</b>	1:53PM – 3:54PM	Gara Until 8:00AM	<b>Nataraja:</b> Clear		2nd Phase
Until 1:12AM Fri				<b>Trayodashi* Until 6:14PM</b>	Moon – Blue		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashada*Adi</b>		
					<i>Pradosha Vrata (Fasting)</i>		

		<b>Friday, August 10, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Stockholm, Sweden Sun 13 Sutra 117 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	5:53AM – 7:53AM	<b>Pushya Until 10:22PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 3:53AM	
Kataka Rasi: 6.2	Tithi 29 – 30	Yama	3:52PM – 5:52PM	Siddhi Until 10:22PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:52PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b>	9:53AM – 11:53AM	Naga Until 10:57AM Sat	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga			<b>Chaturdashi* Until 2:37PM</b>	Moon – Blue		<b>Devaloka Day</b>
					<b>Ashada*Adi</b>		

<b>Retreat Star</b>		<b>Saturday, August 11, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Stockholm, Sweden Sun 14 Sutra 118 Vilamba 5120
Kataka Rasi: 21.28	Tithi 30 – 1	<b>Gulika</b>	3:56AM – 5:55AM	<b>Ashlesha* Until 7:25PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 3:56AM	
	445342362	Yama	1:52PM – 3:51PM	Vyatipata* Until 7:12AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:49PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	<b>Rahu</b>	7:54AM – 9:53AM	Kintughna Until 9:10PM	<b>Nataraja:</b> Clear		Prathama
Until 7:25PM				<b>Amavasya* Until 10:57AM</b>	Moon – Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Partial Solar Eclipse</b>			<b>Sravana*Adi</b>		

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Stockholm, Sweden Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 6.31	Tithi 1 – 2	<b>Gulika</b> 3:50PM – 5:48PM	<b>Magha* Until 4:56PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 3:58AM	
		Yama 11:52AM – 1:51PM	Parigha* Until 11:19PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:47PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 5:48PM – 7:47PM	Kaulava Until 4:07AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 7:24AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 4:56PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila Karana Tritiyayam Titau				Stockholm, Sweden Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 21.23	Tithi 3	<b>Gulika</b> 1:50PM – 3:48PM	<b>Purvaphalguni Until 2:38PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:00AM	
<b>Family Home Evening</b>		Yama 9:54AM – 11:52AM	Shiva Until 7:49PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:44PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 5:58AM – 7:56AM	Tailila Until 2:39PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 1:16AM Tue</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Chaturthyam Titau				Stockholm, Sweden Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 5.55	Tithi 4	<b>Gulika</b> 11:52AM – 1:49PM	<b>Uttaraphalguni Until 9:22PM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:02AM	
		Yama 7:57AM – 9:55AM	Siddha Until 4:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:41PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 3:47PM – 5:44PM	Vanija Until 12:03PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 10:58PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 9:22PM Wed				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Sadhya/Subha Yoga Bava/Tailila Karana Panchamyam Titau				Stockholm, Sweden Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 20.02	Tithi 5	<b>Gulika</b> 9:55AM – 11:52AM	<b>Uttaraphalguni Until 9:22PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:05AM	
		Yama 6:02AM – 7:58AM	Sadhya Until 11:42AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 11:52AM – 1:49PM	Bava Until 10:05AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 9:22PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 9:22PM		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Shashthyam Titau				Stockholm, Sweden Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 3.43	Tithi 6	<b>Gulika</b> 7:59AM – 9:55AM	<b>Chitra Until 11:17AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:07AM	
		Yama 4:07AM – 6:03AM	Subha Until 12:17PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 1:48PM – 3:44PM	Kaulava Until 8:52AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:32PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 11:17AM				<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>6 Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Bava Karana Saptamyam Titau				Stockholm, Sweden Sun 20 Sutra 124 Vilamba 5120
Tula Rasi: 16.56	Tithi 7	<b>Gulika</b> 6:05AM – 8:00AM	<b>Svati Until 11:30AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:09AM	
		Yama 3:42PM – 5:38PM	Sukla Until 11:30AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 17
		565342362 <b>Rahu</b> 9:56AM – 11:51AM	Gara Until 8:50AM Sat	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 12:17PM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visli*/Bava Karana Ashtamyam Titau				Stockholm, Sweden Sun 21 Sutra 125 Vilamba 5120
Tula Rasi: 29.45	Tithi 8	<b>Gulika</b> 4:12AM – 6:07AM	<b>Vishakha Until 12:49PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:12AM	
		Yama 1:46PM – 3:41PM	Brahma Until 10:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 8:01AM – 9:56AM	Visli* Until 8:50AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Stockholm, Sweden Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 12.13	Tithi 9	<b>Gulika</b> 3:39PM – 5:34PM	<b>Anuradha Until 2:42PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:14AM	
		Yama 11:51AM – 1:45PM	Indra Until 10:18AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 17
		575442362 <b>Rahu</b> 5:34PM – 7:28PM	Balava Until 9:58AM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Navami* Until 10:45PM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>		<b>Monday, August 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau		Stockholm, Sweden Sun 23 Sutra 127 Vilamba 5120	
Vrischika Rasi: 24.23	Tithi 10	<b>Gulika</b>	1:44PM – 3:38PM	<b>Jyeshtha* Until 5:00PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:16AM			
<b>Family Home Evening</b>	575442362	Yama	9:57AM – 11:51AM	Vaidhriti* Until 10:42AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:25PM		Moon 7 - Phase 18	
Creative Work	Siddha Yoga	<b>Rahu</b>	6:10AM – 8:04AM	Tailila Until 11:44AM	<b>Nataraja:</b> Clear			4th Phase	
				<b>Dashami Until 12:47AM Tue</b>	Moon – Orange				<b>Sivaloka Day</b>
					<b>Sravana-Avani</b>				

<b>2</b>		<b>Tuesday, August 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau		Stockholm, Sweden Sun 24 Sutra 128 Vilamba 5120	
Dhanus Rasi: 6.23	Tithi 11	<b>Gulika</b>	11:50AM – 1:43PM	<b>Mula* Until 8:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:19AM			
	586442362	Yama	8:05AM – 9:57AM	Vishkambha* Until 11:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:22PM		Moon 7 - Phase 18	
Creative Work	Amrita Yoga	<b>Rahu</b>	3:36PM – 5:29PM	Vanija Until 1:58PM	<b>Nataraja:</b> Clear			4th Phase	
Until 8:02PM				<b>Ekadashi Until 3:11AM Wed</b>	Moon – Light Blue				<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Sravana-Avani</b>				

<b>3</b>		<b>Wednesday, August 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Stockholm, Sweden Sun 25 Sutra 129 Vilamba 5120	
Dhanus Rasi: 18.14	Tithi 12	<b>Gulika</b>	9:58AM – 11:50AM	<b>Purvashadha* Until 11:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:21AM			
	586442362	Yama	6:13AM – 8:06AM	Priti Until 12:31PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:19PM		Moon 7 - Phase 18	
Creative Work	Amrita Yoga	<b>Rahu</b>	11:50AM – 1:43PM	Bava Until 4:29PM	<b>Nataraja:</b> Clear			4th Phase	
				<b>Dvadashi Until 5:46AM Thu</b>	Moon – Light Blue				<b>Sivaloka Day</b>
					<b>Sravana-Avani</b>				

<b>4</b>		<b>Thursday, August 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau		Stockholm, Sweden Sun 26 Sutra 130 Vilamba 5120	
Makara Rasi: 0.02	Tithi 13	<b>Gulika</b>	8:07AM – 9:58AM	<b>Uttarashadha Until 8:22AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:23AM			
	586442362	Yama	4:23AM – 6:15AM	Ayushman Until 1:35PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:17PM		Moon 7 - Phase 18	
Routine Work	Marana Yoga	<b>Rahu</b>	1:42PM – 3:33PM	Kaulava Until 7:06PM	<b>Nataraja:</b> Clear			4th Phase	
				<b>Trayodashi Until 8:22AM Fri</b>	Moon – Light Blue				<b>Sivaloka Day</b>
					<b>Sravana-Avani</b>				
					<i>Pradosha Vrata</i>				

<b>5</b>		<b>Friday, August 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 27 Sutra 131 Vilamba 5120	
Makara Rasi: 11.49	Tithi 13 – 14	<b>Gulika</b>	6:17AM – 8:08AM	<b>Uttarashadha Until 8:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM			
	596442362	Yama	3:32PM – 5:23PM	Saubhagya Until 5:19AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:14PM		Moon 7 - Phase 18	
Routine Work	Marana Yoga	<b>Rahu</b>	9:59AM – 11:50AM	Gara Until 9:38PM	<b>Nataraja:</b> Clear			4th Phase	
Until 8:22AM				<b>Trayodashi Until 1:35PM</b>	Moon – Purple				<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>			<b>Sravana-Avani</b>				

<b>○</b>		<b>Saturday, August 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stockholm, Sweden Sun 27 Sutra 131 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b>	4:28AM – 6:18AM	<b>Dhanishtha Until 12:59PM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:28AM			
Makara Rasi: 23.4	Tithi 14 – 15	Yama	1:40PM – 3:30PM	Sobhana Until 3:36PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:11PM		Moon 7 - Phase 18	
	596442362	<b>Rahu</b>	8:09AM – 9:59AM	Visti Until 11:58PM	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 15:36AM Sat</b>	Moon – Purple				<b>Subha Sivaloka Day</b>
		<b>Raksha Bandhan</b>			<b>Sravana-Avani</b>				

<b>○</b>		<b>Sunday, August 26, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stockholm, Sweden Sun 28 Sutra 132 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b>	3:29PM – 5:18PM	<b>Dhanishtha Until 12:59PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:30AM			
Kumbha Rasi: 6	Tithi 15 – 16	Yama	11:49AM – 1:39PM	Athiganda* Until 4:17PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:08PM		Moon 7 - Phase 18	
	596442362	<b>Rahu</b>	5:18PM – 7:08PM	Balava Until 1:58AM Mon	<b>Nataraja:</b> Clear			Prathama	
Routine Work	Marana Yoga			<b>Purnima* Until 12:59PM</b>	Moon – Purple				<b>Subha Sivaloka Day</b>
Until 12:59PM		<b>Avani Avittam</b>			<b>Sravana-Avani</b>				
Then Creative Work - Siddha Yoga									

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stockholm, Sweden

Kumbha Rasi: 17.4    Tihti 16 – 17  
Family Home Evening

Gulika 1:38PM – 3:27PM  
Yama 10:00AM – 11:49AM  
Rahu 6:22AM – 8:11AM

Shatabhishak Until 4:12PM Tue  
Sukarma Until 4:43PM  
Taitila Until 3:35AM Tue  
Prathama\* Until 2:48PM

Ganesh: White    Sunrise: 4:32AM  
Muruga: Clear    Sunset: 7:05PM  
Nataraja: Clear  
Moon – Purple  
Sravana-Avani

Sutra 134  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Subha Sivaloka Day

Creative Work    Siddha Yoga  
Until 4:12PM Tue  
Then Routine Work - Marana Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Uttaraproshtapada\* Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stockholm, Sweden

Kumbha Rasi: 29.54    Tihti 17 – 18  
517452363

Gulika 11:49AM – 1:37PM  
Yama 8:12AM – 10:00AM  
Rahu 3:25PM – 5:14PM

Shatabhishak Until 4:12PM  
Dhriti Until 4:50PM  
Vanija Until 4:46AM Wed  
Dvitiya Until 4:12PM

Ganesh: Clear    Sunrise: 4:35AM  
Muruga: Purple    Sunset: 7:02PM  
Nataraja: Purple  
Moon – Clear  
Sravana-Avani

Sun 1    Sutra 135  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work    Marana Yoga  
Until 4:12PM  
Then Creative Work - Amrita Yoga

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraoproshtapada/Revali Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Stockholm, Sweden

Meena Rasi: 12.19    Tihti 18 – 19  
517452363

Gulika 10:00AM – 11:48AM  
Yama 6:25AM – 8:13AM  
Rahu 11:48AM – 1:36PM

Uttaraoproshtapada Until 5:41PM Thu  
Shula\* Until 4:34PM  
Bava Until 5:30AM Thu  
Tritiya Until 5:10PM

Ganesh: Clear    Sunrise: 4:37AM  
Muruga: Purple    Sunset: 7:00PM  
Nataraja: Purple  
Moon – Clear  
Sravana-Avani

Sun 2    Sutra 136  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga  
Until 5:41PM Thu  
Then Routine Work - Marana Yoga

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraoproshtapada/Ashvini Nakshatra Ganda\*/Vridhhi Yoga Balava Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden

Meena Rasi: 24.56    Tihti 19 – 20  
517452363

Gulika 8:14AM – 10:01AM  
Yama 4:39AM – 6:26AM  
Rahu 1:35PM – 3:22PM

Uttaraoproshtapada Until 5:41PM  
Ganda\* Until 3:21PM  
Balava Until 5:41PM  
Chaturthi\* Until 5:41PM

Ganesh: Clear    Sunrise: 4:39AM  
Muruga: Purple    Sunset: 6:57PM  
Nataraja: Purple  
Moon – Clear  
Sravana-Avani

Sun 3    Sutra 137  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga  
Until 5:41PM  
Then Creative Work - Amrita Yoga

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stockholm, Sweden

Mesha Rasi: 7.46    Tihti 20 – 21  
527452363

Gulika 6:28AM – 8:15AM  
Yama 3:21PM – 5:07PM  
Rahu 10:01AM – 11:48AM

Ashvini Until 4:16PM  
Vriddhi Until 3:01PM  
Gara Until 5:35AM Sat  
Panchami Until 5:43PM

Ganesh: Purple    Sunrise: 4:42AM  
Muruga: Purple    Sunset: 6:54PM  
Nataraja: Purple  
Moon – White  
Sravana-Avani

Sun 4    Sutra 138  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

Creative Work    Amrita Yoga  
Until 4:16PM  
Then Creative Work - Siddha Yoga

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden

Mesha Rasi: 20.5    Tihti 21 – 22  
527452363

Gulika 4:44AM – 6:30AM  
Yama 1:33PM – 3:19PM  
Rahu 8:16AM – 10:01AM

Bharani Until 4:32PM  
Dhruva Until 1:40PM  
Visti Until 4:53AM Sun  
Shashthi\* Until 5:17PM

Ganesh: Purple    Sunrise: 4:44AM  
Muruga: Purple    Sunset: 6:51PM  
Nataraja: Purple  
Moon – White  
Sravana-Avani

Sun 5    Sutra 139  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

Creative Work    Siddha Yoga  
Until 4:32PM  
Then Creative Work - Amrita Yoga

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden

Vrishabha Rasi: 4.1    Tihti 22 – 23  
527452363

Gulika 3:17PM – 5:03PM  
Yama 11:47AM – 1:32PM  
Rahu 5:03PM – 6:48PM

Krittika Until 4:11PM  
Vyaghata\* Until 11:55AM  
Balava Until 3:41AM Mon  
Saptami Until 1:40PM

Ganesh: Purple    Sunrise: 4:46AM  
Muruga: Purple    Sunset: 6:48PM  
Nataraja: Purple  
Moon – White  
Sravana-Avani

Sun 6    Sutra 140  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

Bhuloka Day

Creative Work    Siddha Yoga

Monday, September 3, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stockholm, Sweden

Vrishabha Rasi: 17.47    Tihti 23 – 24  
Family Home Evening

Gulika 1:31PM – 3:16PM  
Yama 10:02AM – 11:47AM  
Rahu 6:33AM – 8:18AM

Rohini Until 3:36PM  
Harshana Until 9:47AM  
Taitila Until 2:00AM Tue  
Ashtami\* Until 11:55AM

Ganesh: Clear    Sunrise: 4:48AM  
Muruga: Purple    Sunset: 6:45PM  
Nataraja: Purple  
Moon – Yellow  
Sravana-Avani

Sun 7    Sutra 141  
Vilamba 5120  
Moon 8 - Phase 19  
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga  
Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Stockholm, Sweden

Mithuna Rasi: 1.43    Tihti 24 – 25  
538452363

Gulika 11:46AM – 1:30PM  
Yama 8:18AM – 10:02AM  
Rahu 3:14PM – 4:58PM

Mrigashira Until 2:24PM  
Vajra\* Until 7:12AM  
Vanija Until 11:49PM  
Navami\* Until 12:57PM

Ganesh: White    Sunrise: 4:51AM  
Muruga: Purple    Sunset: 6:42PM  
Nataraja: Purple  
Moon – Yellow  
Sravana-Avani

Sun 8    Sutra 142  
Vilamba 5120  
Moon 8 - Phase 19  
Navami

Devaloka Day

Creative Work    Siddha Yoga  
Until 2:24PM  
Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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<b>1</b>		<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Stockholm, Sweden Sun 9 Sutra 143 Vilamba 5120
Mithuna Rasi: 15.56	Tithi 25 – 26	<b>Gulika</b> 10:03AM – 11:46AM	<b>Ardra</b> Until 12:37PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:53AM	
		Yama 6:36AM – 8:19AM	Vyatipata* Until 1:00AM Thu	<b>Muruga:</b> Purple <i>Sunset:</i> 6:39PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	558452363 <b>Rahu</b> 11:46AM – 1:29PM	Bava Until 9:13PM	<b>Nataraja:</b> Purple	2nd Phase
			<b>Dashami</b> Until 10:33AM	Moon – Yellow	<b>Devaloka Day</b>
				<b>Sravana-Avani</b>	

<b>2</b>		<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Stockholm, Sweden Sun 10 Sutra 144 Vilamba 5120
Kataka Rasi: 0.26	Tithi 26 – 27	<b>Gulika</b> 8:20AM – 10:03AM	<b>Punarvasu</b> Until 10:43AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:55AM	
		Yama 4:55AM – 6:38AM	Variyan Until 9:27PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:36PM	Moon 8 - Phase 20
Creative Work	Amrita Yoga	548452363 <b>Rahu</b> 1:28PM – 3:11PM	Kaulava Until 6:17PM	<b>Nataraja:</b> Purple	2nd Phase
			<b>Ekadashi*</b> Until 7:46AM	Moon – Blue	<b>Bhuloka Day</b>
				<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM

<b>3</b>		<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau	Stockholm, Sweden Sun 11 Sutra 145 Vilamba 5120
Kataka Rasi: 15.1	Tithi 28	<b>Gulika</b> 6:39AM – 8:21AM	<b>Pushya</b> Until 8:24AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:57AM	
		Yama 3:09PM – 4:51PM	Parigha* Until 5:43PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:33PM	Moon 8 - Phase 20
Routine Work	Marana Yoga	548452363 <b>Rahu</b> 10:03AM – 11:45AM	Gara Until 3:07PM	<b>Nataraja:</b> Purple	2nd Phase
			<b>Trayodashi*</b> Until 1:28AM Sat	Moon – Blue	<b>Bhuloka Day</b>
				<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM
				<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>		<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Stockholm, Sweden Sun 12 Sutra 146 Vilamba 5120
Simha Rasi: 0.01	Tithi 29	<b>Gulika</b> 5:00AM – 6:41AM	<b>Magha*</b> Until 3:28AM Sun	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:00AM	
		Yama 1:26PM – 3:08PM	Shiva Until 1:56PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:30PM	Moon 8 - Phase 20
Creative Work	Amrita Yoga	558452363 <b>Rahu</b> 8:22AM – 10:04AM	Visti Until 11:50AM	<b>Nataraja:</b> Purple	2nd Phase
Until 3:28AM Sun			<b>Chaturdashi*</b> Until 10:11PM	Moon – Red	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM

<b>●</b>		<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Stockholm, Sweden Sun 13 Sutra 147 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 3:06PM – 4:47PM	<b>Purvaphalguni</b> Until 1:08AM Mon	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:02AM	
Simha Rasi: 14.53	Tithi 30	Yama 11:45AM – 1:25PM	Siddha Until 10:09AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:27PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	558452363 <b>Rahu</b> 4:47PM – 6:27PM	Catuspada Until 8:35AM	<b>Nataraja:</b> Purple	Amavasya
			<b>Amavasya*</b> Until 7:00PM	Moon – Red	<b>Bhuloka Day</b>
		<b>Grandparent's Day</b>		<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM

<b>Monday, September 10, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Stockholm, Sweden Sun 14 Sutra 148 Vilamba 5120
Simha Rasi: 29.37	Tithi 1 – 2	<b>Gulika</b> 1:24PM – 3:04PM	<b>Uttaraphalguni</b> Until 10:58PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:04AM	
<b>Family Home Evening</b>		Yama 10:04AM – 11:44AM	Sadhya Until 6:32AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:24PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	559452363 <b>Rahu</b> 6:44AM – 8:24AM	Balava Until 2:46AM Tue	<b>Nataraja:</b> Purple	Prathama
			<b>Prathama*</b> Until 4:04PM	Moon – Red	<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b> Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stockholm, Sweden Sun 15 Sutra 149 Vilamba 5120	
Kanya Rasi: 14.07	Tithi 2 – 3	<b>Gulika</b> 11:44AM – 1:23PM	<b>Hasta Until 9:33PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:06AM	
		Yama 8:25AM – 10:05AM	Sukla Until 12:17AM Wed	<b>Muruga:</b> Purple <i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
		569452363 <b>Rahu</b> 3:03PM – 4:42PM	Taitila Until 11:91PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 6:32AM</b>	Moon – Green	<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>	

<b>2</b> Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Stockholm, Sweden Sun 16 Sutra 150 Vilamba 5120	
Kanya Rasi: 28.16	Tithi 3 – 4	<b>Gulika</b> 10:05AM – 11:44AM	<b>Chitra Until 8:35PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:09AM	
		Yama 6:47AM – 8:26AM	Brahma Until 9:53PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:19PM	Moon 8 - Phase 21
		569452363 <b>Rahu</b> 11:44AM – 1:22PM	Vanija Until 10:54PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 11:37AM</b>	Moon – Green	<b>Bhuloka Day</b>
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>	

<b>3</b> Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau		Stockholm, Sweden Sun 17 Sutra 151 Vilamba 5120	
Tula Rasi: 11.59	Tithi 4 – 5	<b>Gulika</b> 8:27AM – 10:05AM	<b>Svati Until 8:12PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:11AM	
		Yama 5:11AM – 6:49AM	Indra Until 8:04PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:16PM	Moon 8 - Phase 21
		569552363 <b>Rahu</b> 1:21PM – 2:59PM	Bava Until 10:02PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 10:21AM</b>	Moon – Green	<b>Bhuloka Day</b>
Until 8:12PM				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga					

<b>4</b> Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stockholm, Sweden Sun 18 Sutra 152 Vilamba 5120	
Tula Rasi: 25.16	Tithi 5 – 6	<b>Gulika</b> 6:51AM – 8:28AM	<b>Vishakha Until 8:56PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:13AM	
		Yama 2:58PM – 4:35PM	Vaidhriti* Until 6:53PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:13PM	Moon 8 - Phase 21
		579552363 <b>Rahu</b> 10:05AM – 11:43AM	Kaulava Until 9:59PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 9:53AM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Bhadrapada-Avani</b>	

<b>5</b> Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stockholm, Sweden Sun 19 Sutra 153 Vilamba 5120	
Vrischika Rasi: 8.08	Tithi 6 – 7	<b>Gulika</b> 5:15AM – 6:52AM	<b>Anuradha Until 10:18PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:15AM	
		Yama 1:19PM – 2:56PM	Vishkambha* Until 6:22PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:10PM	Moon 8 - Phase 21
		579552363 <b>Rahu</b> 8:29AM – 10:06AM	Gara Until 10:46PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 10:15AM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Bhadrapada-Avani</b>	

<b>Retreat Star</b> <b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stockholm, Sweden Sun 20 Sutra 154 Vilamba 5120	
Vrischika Rasi: 20.37	Tithi 7 – 8	<b>Gulika</b> 2:54PM – 4:31PM	<b>Jyeshtha* Until 12:14AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:18AM	
		Yama 11:42AM – 1:18PM	Priti Until 12:14AM Mon	<b>Muruga:</b> Purple <i>Sunset:</i> 6:07PM	Moon 8 - Phase 21
		579552363 <b>Rahu</b> 4:31PM – 6:07PM	Visti Until 11:77PM	<b>Nataraja:</b> Purple	Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 11:25AM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 12:14AM Mon				<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b> <b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stockholm, Sweden Sun 21 Sutra 155 Vilamba 5120	
Dhanus Rasi: 2.49	Tithi 8 – 9	<b>Gulika</b> 1:17PM – 2:53PM	<b>Mula* Until 3:36PM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:20AM	
<b>Family Home Evening</b>		Yama 10:06AM – 11:42AM	Ayushman Until 6:59PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:04PM	Moon 8 - Phase 21
		589552363 <b>Rahu</b> 6:55AM – 8:31AM	Balava Until 2:24AM Tue	<b>Nataraja:</b> Purple	Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 1:16PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Stockholm, Sweden Sun 22 Sutra 156	
Dhanus Rasi: 14.46	Tithi 9 – 10	<b>Gulika</b>	<b>11:41AM – 1:16PM</b>	<b>Mula* Until 3:36PM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 5:22AM</i>	<b>Muruga:</b> Purple <i>Sunset: 6:01PM</i>	Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work	Siddha Yoga	Yama	8:32AM – 10:07AM	Saubhagya Until 20:56AM Wed	<b>Bhuloka Day</b>		
Until 3:36PM		581552363 <b>Rahu</b>	2:51PM – 4:26PM	Taitila Until 4:54AM Wed	Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Prabararishta Yoga							

<b>2</b>		<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashmyam Titau		Stockholm, Sweden Sun 23 Sutra 157	
Dhanus Rasi: 26.37	Tithi 10	<b>Gulika</b>	<b>10:07AM – 11:41AM</b>	<b>Purvashadha* Until 6:06AM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 5:24AM</i>	<b>Muruga:</b> Purple <i>Sunset: 5:58PM</i>	Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work	Amrita Yoga	Yama	6:59AM – 8:33AM	Sobhana Until 8:56PM	<b>Bhuloka Day</b>		
Until 3:36PM		581552363 <b>Rahu</b>	11:41AM – 1:15PM	Gara Until 6:12PM	Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Prabararishta Yoga							

<b>3</b>		<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Stockholm, Sweden Sun 24 Sutra 158	
Makara Rasi: 8.24	Tithi 11	<b>Gulika</b>	<b>8:34AM – 10:07AM</b>	<b>Uttarashadha Until 9:04AM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 5:27AM</i>	<b>Muruga:</b> Purple <i>Sunset: 5:55PM</i>	Vilamba 5120 Moon 8 - Phase 22 4th Phase
Routine Work	Marana Yoga	Yama	5:27AM – 7:00AM	Athiganda* Until 9:58PM	<b>Bhuloka Day</b>		
Until 9:04AM		581552363 <b>Rahu</b>	1:14PM – 2:48PM	Vanija Until 7:32AM	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau		Stockholm, Sweden Sun 25 Sutra 159	
Makara Rasi: 20.13	Tithi 12	<b>Gulika</b>	<b>7:02AM – 8:35AM</b>	<b>Shravana Until 12:16PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:29AM</i>	<b>Muruga:</b> Purple <i>Sunset: 5:52PM</i>	Vilamba 5120 Moon 8 - Phase 22 4th Phase
Routine Work	Marana Yoga	Yama	2:46PM – 4:19PM	Sukarma Until 10:51PM	<b>Devaloka Day</b>		
Until 12:16PM		591552363 <b>Rahu</b>	10:08AM – 11:40AM	Bava Until 12:19AM Sat	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stockholm, Sweden Sun 26 Sutra 160	
Kumbha Rasi: 2.08	Tithi 13	<b>Gulika</b>	<b>5:31AM – 7:03AM</b>	<b>Dhanishtha Until 3:01PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:31AM</i>	<b>Muruga:</b> Purple <i>Sunset: 5:49PM</i>	Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work	Siddha Yoga	Yama	1:12PM – 2:44PM	Dhriti Until 11:28PM	<b>Devaloka Day</b>		
Until 3:01PM		591552363 <b>Rahu</b>	8:36AM – 10:08AM	Kaulava Until 12:19PM	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau		Stockholm, Sweden Sun 27 Sutra 161	
Kumbha Rasi: 14.13	Tithi 14	<b>Gulika</b>	<b>2:43PM – 4:14PM</b>	<b>Shatabhishak Until 5:11PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:34AM</i>	<b>Muruga:</b> Purple <i>Sunset: 5:46PM</i>	Vilamba 5120 Moon 8 - Phase 22 4th Phase
Creative Work	Siddha Yoga	Yama	11:40AM – 1:11PM	Shula* Until 11:42PM	<b>Devaloka Day</b>		
Until 3:01PM		591552363 <b>Rahu</b>	4:14PM – 5:46PM	Gara Until 2:09PM	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga							

<b>○</b>		<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau		Stockholm, Sweden Sun 28 Sutra 162	
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>1:10PM – 2:41PM</b>	<b>Purvaproshtapada* Until 7:11PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:36AM</i>	<b>Muruga:</b> Purple <i>Sunset: 5:43PM</i>	Vilamba 5120 Moon 8 - Phase 22 Purnima
Kumbha Rasi: 26.29	Tithi 15	Yama	10:08AM – 11:39AM	Ganda* Until 11:34PM	<b>Devaloka Day</b>		
<b>Family Home Evening</b>		511552363 <b>Rahu</b>	7:07AM – 8:38AM	Visti Until 3:28PM	Devaloka Time: 9:AM to 12:PM		
Routine Work	Marana Yoga	<b>Chidambaram Abhishekam</b>					
Until 7:11PM		<b>Kadaitswami Mahasamadhi</b>					
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava Karana Prathamayam Titau		Stockholm, Sweden Sun 29 Sutra 163	
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>11:39AM – 1:09PM</b>	<b>Uttaraproshtapada Until 8:31PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:38AM</i>	<b>Muruga:</b> Purple <i>Sunset: 5:40PM</i>	Vilamba 5120 Moon 8 - Phase 22 Prathama
Meena Rasi: 8.59	Tithi 16	Yama	8:39AM – 10:09AM	Vriddhi Until 11:02PM	<b>Devaloka Day</b>		
Creative Work	Amrita Yoga	511552363 <b>Rahu</b>	2:39PM – 4:10PM	Balava Until 4:16PM	Devaloka Time: 9:AM to 12:PM		
Until 8:31PM		<b>Prathama* Until 4:28AM Wed</b>					
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Stockholm, Sweden

Meena Rasi: 21.43 Tihti 17

511552363

**Gulika** 10:09AM – 11:39AM  
Yama 7:10AM – 8:39AM  
**Rahu** 11:39AM – 1:08PM

**Revati** Until 9:14PM  
Dhruva Until 9:14PM  
Tailila Until 4:35PM

**Ganesha:** Purple *Sunrise:* 5:40AM  
**Muruga:** Purple *Sunset:* 5:37PM

Moon 9 - Phase 23  
1st Phase

Routine Work Marana Yoga

**Dvitiya** Until 4:33AM Thu

Moon – Clear  
**Bhadrapada-Puratasi**

**Devaloka Day**

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stockholm, Sweden

Mesha Rasi: 4.4 Tihti 18

521552363

**Gulika** 8:40AM – 10:09AM  
Yama 5:43AM – 7:12AM  
**Rahu** 1:07PM – 2:36PM

**Ashvini** Until 9:50PM  
Vyaghata\* Until 8:51PM  
Vanija Until 4:28PM

**Ganesha:** Clear *Sunrise:* 5:43AM  
**Muruga:** Purple *Sunset:* 5:34PM

Moon 9 - Phase 23  
1st Phase

Creative Work Amrita Yoga

Until 9:50PM

Then Creative Work - Siddha Yoga

**Tritiya** Until 4:14AM Fri

Moon – White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Stockholm, Sweden

Mesha Rasi: 17.49 Tihti 19

622552363

**Gulika** 7:13AM – 8:41AM  
Yama 2:35PM – 4:03PM  
**Rahu** 10:10AM – 11:38AM

**Bharani** Until 9:55PM  
Harshana Until 9:55PM  
Bava Until 14:66AM Sat  
**Chaturthi\*** Until 8:51PM

**Ganesha:** Clear *Sunrise:* 5:45AM  
**Muruga:** Purple *Sunset:* 5:31PM

Moon 9 - Phase 23  
1st Phase

Creative Work Siddha Yoga

Moon – White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Kaulava/Vanija Karana Panchamyam Titau

Stockholm, Sweden

Vrisabha Rasi: 1.1 Tihti 20

622552363

**Gulika** 5:47AM – 7:15AM  
Yama 1:05PM – 2:33PM  
**Rahu** 8:42AM – 10:10AM

**Krittika** Until 9:32PM  
Vajra\* Until 9:32PM  
Kaulava Until 3:06PM

**Ganesha:** Clear *Sunrise:* 5:47AM  
**Muruga:** Purple *Sunset:* 5:28PM

Moon 9 - Phase 23  
1st Phase

Creative Work Amrita Yoga

**Panchami** Until 2:33AM Sun

Moon – White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Stockholm, Sweden

Vrisabha Rasi: 14.41 Tihti 21

632552363

**Gulika** 2:31PM – 3:58PM  
Yama 11:37AM – 1:04PM  
**Rahu** 3:58PM – 5:25PM

**Rohini** Until 11:40PM Mon  
Siddhi Until 3:26PM  
Gara Until 1:57PM  
**Shashthi\*** Until 1:15AM Mon

**Ganesha:** Purple *Sunrise:* 5:49AM  
**Muruga:** Purple *Sunset:* 5:25PM

Moon 9 - Phase 23  
1st Phase

Creative Work Siddha Yoga

Moon – Yellow  
**Bhadrapada-Puratasi**

**Bhuloka Day**

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\*/Varian Yoga Visti\*/Bava Karana Saptamyam Titau

Stockholm, Sweden

Vrisabha Rasi: 28.23 Tihti 22

632552363

**Gulika** 1:03PM – 2:30PM  
Yama 10:11AM – 11:37AM  
**Rahu** 7:18AM – 8:44AM

**Rohini** Until 11:40PM  
Vyatipata\* Until 10:38AM Tue  
Visti Until 10:48AM Tue  
**Saptami** Until 3:26PM

**Ganesha:** Purple *Sunrise:* 5:52AM  
**Muruga:** Purple *Sunset:* 5:22PM

Moon 9 - Phase 23  
1st Phase

Creative Work Amrita Yoga

Until 11:40PM

Then Creative Work - Siddha Yoga

Moon – Yellow  
**Bhadrapada-Puratasi**

**Bhuloka Day**

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Variyan/Parigha\* Yoga Balava Karana Ashtamyam Titau

Stockholm, Sweden

Mithuna Rasi: 12.15 Tihti 23

632552363

**Gulika** 11:37AM – 1:02PM  
Yama 8:45AM – 10:11AM  
**Rahu** 2:28PM – 3:54PM

**Mrigashira** Until 9:49PM  
Variyan Until 7:07PM  
Balava Until 10:48AM  
**Ashtami\*** Until 9:49PM

**Ganesha:** Purple *Sunrise:* 5:54AM  
**Muruga:** Purple *Sunset:* 5:19PM

Moon 9 - Phase 23  
Ashtami

Routine Work Marana Yoga

Until 9:49PM

Then Creative Work - Siddha Yoga

Moon – Yellow  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Parigha\*/Shiva Yoga Tailila/Vanija Karana Navamyam Titau

Stockholm, Sweden

Mithuna Rasi: 26.17 Tihti 24

642552363

**Gulika** 10:11AM – 11:36AM  
Yama 7:21AM – 8:46AM  
**Rahu** 11:36AM – 1:01PM

**Punarvasu** Until 5:54PM  
Parigha\* Until 5:54PM  
Tailila Until 8:49AM  
**Navami\*** Until 7:42PM

**Ganesha:** Clear *Sunrise:* 5:56AM  
**Muruga:** Purple *Sunset:* 5:16PM

Moon 9 - Phase 23  
Navami

Creative Work Siddha Yoga

Moon – Blue  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


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<b>1</b>		<b>Thursday, October 4, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Stockholm, Sweden Sun 8 Sutra 172	
Kataka Rasi: 10.3	Tithi 25 – 26	<b>Gulika</b>	8:47AM – 10:12AM	<b>Pushya Until 2:49PM Fri</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:59AM	Vilamba 5120		
		Yama	5:59AM – 7:23AM	Siddha Until 4:19PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 24		
		642552363 <b>Rahu</b>	1:00PM – 2:25PM	Vanija Until 6:35AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Amrita Yoga			<b>Dashami Until 5:21PM</b>	Moon – Blue		<b>Bhuloka Day</b>		
Until 2:49PM Fri					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM			
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Friday, October 5, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stockholm, Sweden Sun 9 Sutra 173	
Kataka Rasi: 24.51	Tithi 26 – 27	<b>Gulika</b>	7:25AM – 8:48AM	<b>Pushya Until 2:49PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:01AM	Vilamba 5120		
		Yama	2:23PM – 3:47PM	Sadhya Until 2:24PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:11PM	Moon 9 - Phase 24		
		642552363 <b>Rahu</b>	10:12AM – 11:36AM	Kaulava Until 24:92	<b>Nataraja:</b> Purple		2nd Phase		
Routine Work	Marana Yoga			<b>Ekadashi* Until 1:50AM Fri</b>	Moon – Blue		<b>Bhuloka Day</b>		
					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM			

<b>3</b>		<b>Saturday, October 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 10 Sutra 174	
Simha Rasi: 9.18	Tithi 27 – 28	<b>Gulika</b>	6:03AM – 7:26AM	<b>Ashlesha* Until 12:11PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:03AM	Vilamba 5120		
		Yama	12:59PM – 2:22PM	Subha Until 6:78PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:08PM	Moon 9 - Phase 24		
		652552363 <b>Rahu</b>	8:49AM – 10:12AM	Gara Until 10:53PM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Amrita Yoga			<b>Dvadashi* Until 10:36PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 12:11PM					<b>Bhadrapada-Puratasi</b>				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

<b>4</b>		<b>Sunday, October 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 11 Sutra 175	
Simha Rasi: 23.47	Tithi 28 – 29	<b>Gulika</b>	2:20PM – 3:42PM	<b>Magha* Until 9:33AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:06AM	Vilamba 5120		
		Yama	11:35AM – 12:58PM	Sukla Until 10:47AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 9 - Phase 24		
		652552363 <b>Rahu</b>	3:42PM – 5:05PM	Vanija Until 9:33AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Trayodashi* Until 9:33AM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 9:33AM					<b>Bhadrapada-Puratasi</b>				
Then Creative Work - Amrita Yoga									

		<b>Monday, October 8, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Kintughna* Karana Chaturdashi/Amavasyayam Titau		Stockholm, Sweden Sun 12 Sutra 176	
<b>Retreat Star</b>		<b>Gulika</b>	12:57PM – 2:18PM	<b>Uttaraphalguni Until 8:53AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:08AM	Vilamba 5120		
Kanya Rasi: 8.11	Tithi 29 – 30	Yama	10:13AM – 11:35AM	Brahma Until 8:53AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 9 - Phase 24		
<b>Family Home Evening</b>		652552364 <b>Rahu</b>	7:30AM – 8:51AM	Kintughna Until 15:48AM Tue	<b>Nataraja:</b> Clear		Amavasya		
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 7:02AM</b>	Moon – Red		<b>Bhuloka Day</b>		
		<b>Mahalaya Amavasai (Tamil Nadu)</b>			<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM			

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Stockholm, Sweden Sun 13 Sutra 177	
Kanya Rasi: 22.25	Tithi 1	<b>Gulika</b>	11:35AM – 12:56PM	<b>Hasta Until 7:32AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:10AM	Vilamba 5120		
		Yama	8:52AM – 10:13AM	Indra Until 9:59AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 9 - Phase 24		
		662652364 <b>Rahu</b>	2:17PM – 3:38PM	Kintughna Until 3:48PM	<b>Nataraja:</b> Clear		Prathama		
Creative Work	Siddha Yoga			<b>Prathama* Until 2:54AM Wed</b>	Moon – Green		<b>Devaloka Day</b>		
		<b>Navaratri Begins</b>			<b>Ashvina-Puratasi</b>				

<b>1</b> Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dviliyayam Titau				Stockholm, Sweden Sun 14 Sutra 178 Vilamba 5120
Tula Rasi: 6.23	Tithi 2	<b>Gulika</b> 10:14AM – 11:34AM	<b>Chitra</b> Until 6:28AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:13AM	
		Yama 7:33AM – 8:53AM	Vaidhriti* Until 7:25AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 9 - Phase 25
		672652364 <b>Rahu</b> 11:34AM – 12:55PM	Balava Until 2:12PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 1:36AM Thu	Moon – Green		<b>Devaloka Day</b>
				<b>Ashvina•Puratasi</b>		

<b>2</b> Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Gara Karana Triliyayam Titau				Stockholm, Sweden Sun 15 Sutra 179 Vilamba 5120
Tula Rasi: 20.01	Tithi 3	<b>Gulika</b> 8:54AM – 10:14AM	<b>Vishakha</b> Until 1:04AM Sat Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:15AM	
		Yama 6:15AM – 7:35AM	Priti Until 3:47AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:53PM	Moon 9 - Phase 25
		672652364 <b>Rahu</b> 12:54PM – 2:14PM	Tailila Until 1:12PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 12:57AM Fri	Moon – Orange		<b>Devaloka Day</b>
				<b>Ashvina•Puratasi</b>		

<b>3</b> Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Bava Karana Chaturthyam Titau				Stockholm, Sweden Sun 16 Sutra 180 Vilamba 5120
Vrischika Rasi: 3.15	Tithi 4	<b>Gulika</b> 7:36AM – 8:56AM	<b>Vishakha</b> Until 1:04AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:17AM	
		Yama 2:12PM – 3:31PM	Ayushman Until 6:08AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 9 - Phase 25
		673652364 <b>Rahu</b> 10:15AM – 11:34AM	Vanija Until 12:56PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 1:04AM Sat	Moon – Orange		<b>Bhuloka Day</b>
				<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>4</b> Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava Karana Panchamyam Titau				Stockholm, Sweden Sun 17 Sutra 181 Vilamba 5120
Vrischika Rasi: 16.06	Tithi 5	<b>Gulika</b> 6:20AM – 7:38AM	<b>Anuradha</b> Until 7:03AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:20AM	
		Yama 12:52PM – 2:11PM	Saubhagya Until 2:28AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:48PM	Moon 9 - Phase 25
		673652364 <b>Rahu</b> 8:57AM – 10:15AM	Bava Until 1:27PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 1:58AM Sun	Moon – Orange		<b>Bhuloka Day</b>
				<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>5</b> Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau				Stockholm, Sweden Sun 18 Sutra 182 Vilamba 5120
Vrischika Rasi: 28.35	Tithi 6	<b>Gulika</b> 2:09PM – 3:27PM	<b>Jyeshtha*</b> Until 5:49AM Tue Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM	
		Yama 11:33AM – 12:51PM	Sobhana Until 2:41AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:45PM	Moon 9 - Phase 25
		673652364 <b>Rahu</b> 3:27PM – 4:45PM	Kaulava Until 2:43PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 3:36AM Mon	Moon – Orange		<b>Bhuloka Day</b>
Until 5:49AM Tue Mon				<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

<b>6</b> Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Athiganda* Yoga Gara Karana Saptamyam Titau				Stockholm, Sweden Sun 19 Sutra 183 Vilamba 5120
Dhanus Rasi: 10.47	Tithi 7	<b>Gulika</b> 12:50PM – 2:07PM	<b>Jyeshtha*</b> Until 5:49AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM	
<b>Family Home Evening</b>		Yama 10:16AM – 11:33AM	Athiganda* Until 11:03AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:42PM	Moon 9 - Phase 25
		683652364 <b>Rahu</b> 7:42AM – 8:59AM	Gara Until 4:40PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 5:49AM Tue	Moon – Light Blue		<b>Devaloka Day</b>
				<b>Ashvina•Puratasi</b>		

<b>Retreat Star</b> <b>1</b> Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Stockholm, Sweden Sun 20 Sutra 184 Vilamba 5120
Dhanus Rasi: 22.45	Tithi 8	<b>Gulika</b> 11:33AM – 12:49PM	<b>Mula*</b> Until 8:23AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM	
		Yama 9:00AM – 10:16AM	Sukarma Until 1:54PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:39PM	Moon 9 - Phase 25
		683652364 <b>Rahu</b> 2:06PM – 3:23PM	Visti Until 21:44AM Wed	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 3:19AM Tue	Moon – Light Blue		<b>Devaloka Day</b>
Until 8:23AM Wed				<b>Ashvina•Puratasi</b>		
Then Creative Work - Amrita Yoga		<b>Durga Ashtami</b>				

<b>Retreat Star</b> <b>2</b> Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava Karana Ashtami/Navamyam Titau				Stockholm, Sweden Sun 21 Sutra 185 Vilamba 5120
Makara Rasi: 4.35	Tithi 8 – 9	<b>Gulika</b> 10:17AM – 11:33AM	<b>Uttarashadha</b> Until 11:02AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	
		Yama 7:45AM – 9:01AM	Dhriti Until 5:17AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:36PM	Moon 9 - Phase 25
		683652364 <b>Rahu</b> 11:33AM – 12:49PM	Bava Until 8:23AM	<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 8:23AM	Moon – Light Blue		<b>Devaloka Day</b>
Until 11:02AM Thu				<b>Ashvina•Aipasi</b>		
Then Creative Work - Siddha Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>		<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Kaulava Karana Navami/Dashamyam Titau		Stockholm, Sweden Sun 22 Sutra 186 Vilamba 5120	
Makara Rasi: 16.23	Tithi 9 – 10	<b>Gulika</b> 9:02AM – 10:17AM	<b>Uttarashadha</b> Until 11:02AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM		
		Yama 6:31AM – 7:47AM	Shula* Until 6:12AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:33PM	Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 12:48PM – 2:03PM	Kaulava Until 11:02AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 11:02AM	Moon – Purple		<b>Bhuloka Day</b>	
		<b>Vijaya Dasami</b>		<b>Ashvina-Aipasi</b>		Devaloka Time: 6:PM to 9:PM	


<b>2</b>		<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stockholm, Sweden Sun 23 Sutra 187 Vilamba 5120	
Makara Rasi: 28.14	Tithi 10 – 11	<b>Gulika</b> 7:48AM – 9:03AM	<b>Dhanishtha</b> Until 3:34PM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM		
		Yama 2:01PM – 3:16PM	Shula* Until 6:12AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:31PM	Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 10:18AM – 11:32AM	Vanija Until 2:37AM Sat	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 1:30PM	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Ashvina-Aipasi</b>		Devaloka Time: 6:PM to 9:PM	


<b>3</b>		<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Stockholm, Sweden Sun 24 Sutra 188 Vilamba 5120	
Kumbha Rasi: 10.13	Tithi 11 – 12	<b>Gulika</b> 6:36AM – 7:50AM	<b>Dhanishtha</b> Until 3:34PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:36AM		
		Yama 12:46PM – 2:00PM	Ganda* Until 6:69AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:28PM	Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 9:04AM – 10:18AM	Bava Until 4:25AM Sun	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 3:34PM	Moon – Purple		<b>Bhuloka Day</b>	
Until 3:34PM				<b>Ashvina-Aipasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 25 Sutra 189 Vilamba 5120	
Kumbha Rasi: 22.23	Tithi 12 – 13	<b>Gulika</b> 1:59PM – 3:12PM	<b>Purvaproshtapada*</b> Until 5:56PM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:39AM		
		Yama 11:32AM – 12:45PM	Vridhhi Until 3:07AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:25PM	Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 3:12PM – 4:25PM	Taitila Until 5:36AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 6:69AM Sun	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Ashvina-Aipasi</b>		Devaloka Time: 6:PM to 9:PM	
			<i>Pradosha Vrata</i>				

<b>5</b>		<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 26 Sutra 190 Vilamba 5120	
Meena Rasi: 4.5	Tithi 13 – 14	<b>Gulika</b> 12:44PM – 1:57PM	<b>Purvaproshtapada*</b> Until 5:56PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM		
<b>Family Home Evening</b>		Yama 10:19AM – 11:32AM	Dhruva Until 5:74AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:22PM	Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 7:54AM – 9:06AM	Gara Until 6:08AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 5:56PM	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Ashvina-Aipasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>6</b>		<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau		Stockholm, Sweden Sun 27 Sutra 191 Vilamba 5120	
Meena Rasi: 17.34	Tithi 14	<b>Gulika</b> 11:32AM – 12:44PM	<b>Uttaraproshtapada</b> Until 6:09PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM		
		Yama 9:08AM – 10:20AM	Vyaghata* Until 4:63AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:20PM	Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 1:56PM – 3:08PM	Gara Until 5:64AM Wed	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 5:74AM Tue	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Ashvina-Aipasi</b>		Devaloka Time: 6:PM to 9:PM	

		<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Vistil* Karana Purnima/Prathamayam Titau		Stockholm, Sweden Sutra 192 Vilamba 5120	
Mesha Rasi: 0.35	Tithi 15 – 16	<b>Gulika</b> 10:20AM – 11:31AM	<b>Revati</b> Until 5:47PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:46AM		
		Yama 7:57AM – 9:09AM	Vajra* Until 4:56AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:17PM	Moon 9 - Phase 26	
		623652364 <b>Rahu</b> 11:31AM – 12:43PM	Vistil Until 6:04AM	<b>Nataraja:</b> Clear		Purnima	
Routine Work	Marana Yoga		<b>Purnima*</b> Until 5:47PM	Moon – White		<b>Devaloka Day</b>	
Until 5:47PM				<b>Ashvina-Aipasi</b>			
Then Creative Work - Siddha Yoga							

		<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Stockholm, Sweden Sutra 193 Vilamba 5120	
Mesha Rasi: 13.55	Tithi 16 – 17	<b>Gulika</b> 9:10AM – 10:21AM	<b>Ashvini</b> Until 4:56PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM		
		Yama 6:48AM – 7:59AM	Siddhi Until 22:71AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:14PM	Moon 9 - Phase 26	
		623652364 <b>Rahu</b> 12:42PM – 1:53PM	Taitila Until 4:21AM Fri	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:56PM	Moon – White		<b>Devaloka Day</b>	
Until 4:56PM				<b>Ashvina-Aipasi</b>			
Then Routine Work - Marana Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\* Yoga Gara Karana Dvitiya/Tritiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 27.29 Tihi 17 - 18

624652364

**Gulika** 8:01AM - 9:11AM  
Yama 1:52PM - 3:02PM  
**Rahu** 10:21AM - 11:31AM

**Krittika** **Until 2:07PM Sat**  
Vyatipata\* **Until 3:40AM Sat**  
Gara **Until 3:40PM**  
**Dvitiya** **Until 3:40PM**

**Ganesha:** White *Sunrise: 6:51AM*  
**Muruga:** Purple *Sunset: 4:12PM*  
**Nataraja:** Clear  
Moon - White  
**Ashvina-Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 2:07PM Sat  
Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan Yoga Visti\* Karana Tritiya/Chaturthyam Titau

Stockholm, Sweden

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 11.15 Tihi 18 - 19

634652364

**Gulika** 6:53AM - 8:03AM  
Yama 12:41PM - 1:50PM  
**Rahu** 9:12AM - 10:22AM

**Krittika** **Until 2:07PM**  
Variyan **Until 17:66AM Sun**  
Visti **Until 2:07PM**  
**Tritiya** **Until 2:07PM**

**Ganesha:** Clear *Sunrise: 6:53AM*  
**Muruga:** Purple *Sunset: 4:09PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 2:07PM  
Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 25.1 Tihi 19 - 20

634652364

**Gulika** 1:49PM - 2:58PM  
Yama 11:31AM - 12:40PM  
**Rahu** 2:58PM - 4:06PM

**Rohini** **Until 12:23PM**  
Parigha\* **Until 1:44AM Mon**  
Kaulava **Until 11:29PM**  
**Chaturthi\*** **Until 17:66AM Sun**

**Ganesha:** Clear *Sunrise: 6:56AM*  
**Muruga:** Purple *Sunset: 4:06PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 2:07PM  
Then Creative Work - Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stockholm, Sweden

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 9.09 Tihi 20 - 21

634652364

**Gulika** 12:39PM - 1:47PM  
Yama 10:23AM - 11:31AM  
**Rahu** 8:06AM - 9:15AM

**Mrigashira** **Until 10:31AM**  
Shiva **Until 12:40AM Tue**  
Gara **Until 9:35PM**  
**Panchami** **Until 6:06PM**

**Ganesha:** Clear *Sunrise: 6:58AM*  
**Muruga:** Purple *Sunset: 4:04PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Family Home Evening  
Creative Work Siddha Yoga  
Until 10:31AM  
Then Creative Work - Amrita Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 23.11 Tihi 21 - 22

644652364

**Gulika** 11:31AM - 12:39PM  
Yama 9:16AM - 10:23AM  
**Rahu** 1:46PM - 2:54PM

**Punarvasu** **Until 6:38AM Wed**  
Siddha **Until 12:40PM**  
Visti **Until 7:38PM**  
**Shashthi\*** **Until 8:36AM**

**Ganesha:** Purple *Sunrise: 7:01AM*  
**Muruga:** Purple *Sunset: 4:01PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 8:36PM  
Then Creative Work - Amrita Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Bava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 7.15 Tihi 22 - 23

644662364

**Gulika** 10:24AM - 11:31AM  
Yama 8:10AM - 9:17AM  
**Rahu** 11:31AM - 12:38PM

**Punarvasu** **Until 6:38AM**  
Sadhya **Until 10:01PM**  
Bava **Until 6:38AM**  
**Saptami** **Until 6:38AM**

**Ganesha:** Purple *Sunrise: 7:03AM*  
**Muruga:** Clear *Sunset: 3:59PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga  
Until 8:36PM  
Then Creative Work - Amrita Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Navamyam Titau

Stockholm, Sweden

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 21.2 Tihi 24

644662364

**Gulika** 9:18AM - 10:25AM  
Yama 7:06AM - 8:12AM  
**Rahu** 12:37PM - 1:44PM

**Ashlesha\*** **Until 8:36PM**  
Subha **Until 8:36PM**  
Taitila **Until 13:42AM Fri**  
**Navami\*** **Until 7:09AM Thu**

**Ganesha:** Purple *Sunrise: 7:06AM*  
**Muruga:** Clear *Sunset: 3:56PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga  
Until 8:36PM  
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

<b>1 Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija Karana Dashamyam Titau				Stockholm, Sweden Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 5.25	Tithi 25	<b>Gulika</b> 8:14AM – 9:19AM	<b>Magha* Until 10:46PM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:08AM	
		Yama 1:42PM – 2:48PM	Brahma Until 1:34AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:54PM	Moon 10 - Phase 28
		654662364 <b>Rahu</b> 10:25AM – 11:31AM	Vanija Until 1:42PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 12:42AM Sat</b>	Moon – Red		<b>Sivaloka Day</b>
Until 10:46PM Sat				<b>Ashvina•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Bava/Kaulava Karana Ekadashyam Titau				Stockholm, Sweden Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 19.29	Tithi 26	<b>Gulika</b> 7:10AM – 8:16AM	<b>Magha* Until 10:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:10AM	
		Yama 12:36PM – 1:41PM	Indra Until 6:14PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:51PM	Moon 10 - Phase 28
		654762364 <b>Rahu</b> 9:21AM – 10:26AM	Bava Until 9:52AM Sun	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 1:34AM Sat</b>	Moon – Red		<b>Devaloka Day</b>
Until 10:46PM				<b>Ashvina•Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>3 Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava Karana Dvadashyam Titau				Stockholm, Sweden Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 3.31	Tithi 27	<b>Gulika</b> 1:40PM – 2:44PM	<b>Purvaphalguni Until 8:57PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:13AM	
		Yama 11:31AM – 12:35PM	Vaidhriti* Until 7:71PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:49PM	Moon 10 - Phase 28
		654762364 <b>Rahu</b> 2:44PM – 3:49PM	Kaulava Until 9:52AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 8:57PM</b>	Moon – Red		<b>Devaloka Day</b>
				<b>Ashvina•Aipasi</b>		

<b>4 Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Trayodashyam Titau				Stockholm, Sweden Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 17.29	Tithi 28	<b>Gulika</b> 12:35PM – 1:39PM	<b>Uttaraphalguni Until 7:19PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:15AM	
<b>Family Home Evening</b>		Yama 10:27AM – 11:31AM	Vishkambha* Until 4:07PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:46PM	Moon 10 - Phase 28
		664762364 <b>Rahu</b> 8:19AM – 9:23AM	Gara Until 6:37AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 7:71PM</b>	Moon – Green		<b>Devaloka Day</b>
Until 7:19PM				<b>Ashvina•Aipasi</b>		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti* Karana Chaturdashi/Amavasyayam Titau				Stockholm, Sweden Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 1.17	Tithi 29 – 30	<b>Gulika</b> 11:31AM – 12:34PM	<b>Chitra Until 5:02PM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:18AM	
		Yama 9:24AM – 10:28AM	Priti Until 3:24PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:44PM	Moon 10 - Phase 28
		664762364 <b>Rahu</b> 1:37PM – 2:41PM	Visti Until 6:37AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 5:58PM</b>	Moon – Green		<b>Devaloka Day</b>
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>		
		<b>Deepavali Hindu Solidarity Day</b>				

<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stockholm, Sweden Sun 13 Sutra 206 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 10:28AM – 11:31AM	<b>Chitra Until 5:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM	
Tula Rasi: 14.54	Tithi 30 – 1	Yama 8:23AM – 9:26AM	Ayushman Until 11:50AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:42PM	Moon 10 - Phase 28
		765762364 <b>Rahu</b> 11:31AM – 12:34PM	Kintughna Until 4:46AM Thu	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 3:24PM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Ashvina•Aipasi</b>		

<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stockholm, Sweden Sun 14 Sutra 207 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:27AM – 10:29AM	<b>Vishakha Until 4:49PM Fri</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:23AM	
Tula Rasi: 28.15	Tithi 1 – 2	Yama 7:23AM – 8:25AM	Saubhagya Until 3:16PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:39PM	Moon 10 - Phase 28
		775762364 <b>Rahu</b> 12:33PM – 1:35PM	Balava Until 4:39AM Fri	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 11:50AM Thu</b>	Moon – Orange		<b>Sivaloka Day</b>
		<b>Skanda Shasthi Begins</b>		<b>Karttika•Aipasi</b>		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Tailita Karana Dvitiya/Tritiyam Titau				Stockholm, Sweden Sun 15 Sutra 208 Vilamba 5120	
	Vrischika Rasi: 11.18	Tithi 2 – 3	<b>Gulika</b> 8:27AM – 9:28AM <b>Yama</b> 1:34PM – 2:36PM <b>Rahu</b> 10:30AM – 11:31AM	<b>Vishakha</b> Until 4:49PM Sobhana Until 4:02PM Tailita Until 4:72AM Sat <b>Dvitiya</b> Until 10:45AM Fri	<b>Ganesh:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 7:25AM <b>Sunset:</b> 3:37PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>	
	Creative Work Siddha Yoga Until 4:49PM Then Routine Work - Marana Yoga							

<b>2</b>	<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Stockholm, Sweden Sun 16 Sutra 209 Vilamba 5120	
	Vrischika Rasi: 24.01	Tithi 3 – 4	<b>Gulika</b> 7:28AM – 8:29AM <b>Yama</b> 12:32PM – 1:33PM <b>Rahu</b> 9:29AM – 10:30AM	<b>Anuradha</b> Until 5:42PM Athiganda* Until 9:63AM Sun Vanija Until 5:85AM Sun <b>Tritiya</b> Until 10:08AM Sat	<b>Ganesh:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 3:35PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>	
	Creative Work Siddha Yoga							

<b>3</b>	<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Chaturtham Titau				Stockholm, Sweden Sun 17 Sutra 210 Vilamba 5120	
	Dhanus Rasi: 6.26	Tithi 4	<b>Gulika</b> 1:32PM – 2:32PM <b>Yama</b> 11:31AM – 12:32PM <b>Rahu</b> 2:32PM – 3:32PM	<b>Jyeshtha*</b> Until 7:15PM Sukarma Until 7:31PM Vanija Until 8:17AM Mon <b>Chaturthi*</b> Until 9:63AM Sun	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 7:30AM <b>Sunset:</b> 3:32PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>	
	Creative Work Amrita Yoga Until 7:15PM Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Panchamyam Titau				Stockholm, Sweden Sun 18 Sutra 211 Vilamba 5120	
	Dhanus Rasi: 18.36	Tithi 5	<b>Gulika</b> 12:31PM – 1:31PM <b>Yama</b> 10:32AM – 11:31AM <b>Rahu</b> 8:32AM – 9:32AM	<b>Mula*</b> Until 9:23PM Dhriti Until 10:08PM Bava Until 10:38AM Tue <b>Panchami</b> Until 10:28AM Mon	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 7:33AM <b>Sunset:</b> 3:30PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>	
	Family Home Evening Routine Work Marana Yoga							

<b>5</b>	<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthiyam Titau				Stockholm, Sweden Sun 19 Sutra 212 Vilamba 5120	
	Makara Rasi: 0.33	Tithi 6	<b>Gulika</b> 11:32AM – 12:31PM <b>Yama</b> 9:33AM – 10:32AM <b>Rahu</b> 1:30PM – 2:29PM	<b>Purvashadha*</b> Until 11:55PM Shula* Until 12:58AM Wed Kaulava Until 12:78AM Wed <b>Shashthi*</b> Until 11:12AM Tue	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 7:35AM <b>Sunset:</b> 3:28PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>	
	Routine Work Prabalarishta Yoga Until 11:55PM Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Visti* Karana Saptamyam Titau				Stockholm, Sweden Sun 20 Sutra 213 Vilamba 5120	
	Makara Rasi: 12.23	Tithi 7	<b>Gulika</b> 10:33AM – 11:32AM <b>Yama</b> 8:36AM – 9:35AM <b>Rahu</b> 11:32AM – 12:30PM	<b>Uttarashadha</b> Until 2:38AM Thu Ganda* Until 4:16AM Thu Gara Until 15:59AM Thu <b>Saptami</b> Until 12:10AM Wed	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 7:37AM <b>Sunset:</b> 3:26PM	Moon 10 - Phase 29 3rd Phase <b>Subha Sivaloka Day</b>	
	Creative Work Siddha Yoga							

<b>D</b>	<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Balava Karana Ashtamyam Titau				Stockholm, Sweden Sun 21 Sutra 214 Vilamba 5120	
	<b>Retreat Star</b>		<b>Gulika</b> 9:36AM – 10:34AM <b>Yama</b> 7:40AM – 8:38AM <b>Rahu</b> 12:30PM – 1:28PM	<b>Shravana</b> Until 5:13AM Fri Vridhhi Until 7:18AM Fri Visti Until 18:25AM Fri <b>Ashtami*</b> Until 13:10AM Thu	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 7:40AM <b>Sunset:</b> 3:24PM	Moon 10 - Phase 29 Ashtami <b>Subha Sivaloka Day</b>	
	Makara Rasi: 24.1 Tithi 8 Creative Work Siddha Yoga							

<b>D</b>	<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Tailita Karana Navamyam Titau				Stockholm, Sweden Sun 22 Sutra 215 Vilamba 5120	
	<b>Retreat Star</b>		<b>Gulika</b> 8:40AM – 9:37AM <b>Yama</b> 1:27PM – 2:24PM <b>Rahu</b> 10:35AM – 11:32AM	<b>Dhanishtha</b> Until 7:27AM Sat Dhruva Until 7:18AM Balava Until 19:83AM Sat <b>Navami*</b> Until 13:59AM Fri	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Karttika-Karttikai</b>	<b>Sunrise:</b> 7:42AM <b>Sunset:</b> 3:22PM	Moon 10 - Phase 29 Navami <b>Subha Sivaloka Day</b>	
	Kumbha Rasi: 6.01 Tithi 9 Creative Work Siddha Yoga Until 7:27AM Sat Then Creative Work - Amrita Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Stockholm, Sweden Sun 23 Sutra 216 Vilamba 5120	
Kumbha Rasi: 18	Tithi 9 – 10	<b>Gulika</b>	7:45AM – 8:42AM	<b>Shatabhishak</b> Until 9:06AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:45AM			
		<b>Yama</b>	12:29PM – 1:26PM	Vyaghata* Until 9:47AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:20PM	Moon 10 - Phase 30		
		796762365 <b>Rahu</b>	9:38AM – 10:35AM	Taitila Until 7:83PM	<b>Nataraja:</b> White		Moon – Purple		<b>Devaloka Day</b>
Creative Work Amrita Yoga Until 9:06AM Sun Then Routine Work - Marana Yoga				<b>Navami*</b> Until 14:29AM Sat	<b>Karttika-Karttikai</b>				

<b>2</b>		<b>Sunday, November 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Uttaraproshtapada* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stockholm, Sweden Sun 24 Sutra 217 Vilamba 5120	
Meena Rasi: 0.13	Tithi 10 – 11	<b>Gulika</b>	1:25PM – 2:22PM	<b>Shatabhishak</b> Until 9:06AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:47AM			
		<b>Yama</b>	11:32AM – 12:29PM	Harshana Until 12:02PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:18PM	Moon 10 - Phase 30		
		716762365 <b>Rahu</b>	2:22PM – 3:18PM	Vanija Until 9:41PM	<b>Nataraja:</b> White		Moon – Clear		<b>Devaloka Day</b>
Creative Work Siddha Yoga Until 9:06AM Then Creative Work - Amrita Yoga				<b>Dashami</b> Until 14:32AM Sun	<b>Karttika-Karttikai</b>				

<b>3</b>		<b>Monday, November 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stockholm, Sweden Sun 25 Sutra 218 Vilamba 5120	
Meena Rasi: 12.43	Tithi 11 – 12	<b>Gulika</b>	12:29PM – 1:24PM	<b>Purvaproshtapada*</b> Until 10:02AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:49AM			
		<b>Yama</b>	10:37AM – 11:33AM	Vajra* Until 1:25PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:16PM	Moon 10 - Phase 30		
<b>Family Home Evening</b>		716762365 <b>Rahu</b>	8:45AM – 9:41AM	Bava Until 10:15PM	<b>Nataraja:</b> White		Moon – Clear		<b>Devaloka Day</b>
Creative Work Siddha Yoga				<b>Ekadashi</b> Until 14:00AM Mon	<b>Karttika-Karttikai</b>				

<b>4</b>		<b>Tuesday, November 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 26 Sutra 219 Vilamba 5120	
Meena Rasi: 25.34	Tithi 12 – 13	<b>Gulika</b>	11:33AM – 12:28PM	<b>Uttaraproshtapada</b> Until 10:13AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:52AM			
		<b>Yama</b>	9:42AM – 10:38AM	Siddhi Until 1:56PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:14PM	Moon 10 - Phase 30		
		716762365 <b>Rahu</b>	1:24PM – 2:19PM	Kaulava Until 9:63PM	<b>Nataraja:</b> White		Moon – Clear		<b>Devaloka Day</b>
Creative Work Siddha Yoga				<b>Dvadashi</b> Until 12:53AM Tue	<b>Karttika-Karttikai</b>				
<i>Pradosha Vrata</i>									

<b>5</b>		<b>Wednesday, November 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Bharani Nakshatra Vyalipata*/Variyan Yoga Taitila Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 27 Sutra 220 Vilamba 5120	
Mesha Rasi: 8.48	Tithi 13 – 14	<b>Gulika</b>	10:38AM – 11:33AM	<b>Revati</b> Until 9:40AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:54AM			
		<b>Yama</b>	8:49AM – 9:44AM	Vyalipata* Until 2:03PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:12PM	Moon 10 - Phase 30		
		726762365 <b>Rahu</b>	11:33AM – 12:28PM	Taitila Until 9:40AM	<b>Nataraja:</b> White		Moon – White		<b>Bhuloka Day</b>
Routine Work Marana Yoga Until 9:40AM Then Creative Work - Siddha Yoga				<b>Trayodashi</b> Until 9:40AM	<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM		

<b>○</b>		<b>Thursday, November 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stockholm, Sweden Sun 28 Sutra 221 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b>	9:45AM – 10:39AM	<b>Ashvini</b> Until 8:28AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:56AM			
Mesha Rasi: 22.24	Tithi 14 – 15	<b>Yama</b>	7:56AM – 8:51AM	Variyan Until 6:25AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:11PM	Moon 10 - Phase 30		
		726762365 <b>Rahu</b>	12:28PM – 1:22PM	Visti Until 7:40PM	<b>Nataraja:</b> White		Moon – White		<b>Bhuloka Day</b>
Creative Work Siddha Yoga Until 8:28AM Then Routine Work - Marana Yoga				<b>Chaturdashi*</b> Until 9:01AM Thu	<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM		

<b>○</b>		<b>Friday, November 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stockholm, Sweden Sun 29 Sutra 222 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b>	8:52AM – 9:46AM	<b>Bharani</b> Until 6:43AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:59AM			
Vrisabha Rasi: 6.2	Tithi 15 – 16	<b>Yama</b>	1:21PM – 2:15PM	Parigha* Until 12:05PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:09PM	Moon 10 - Phase 30		
		726762365 <b>Rahu</b>	10:40AM – 11:34AM	Balava Until 5:42PM	<b>Nataraja:</b> White		Moon – White		<b>Bhuloka Day</b>
Creative Work Siddha Yoga Until 6:43AM Then Routine Work - Marana Yoga		<b>Krittika Deepam</b> <b>Vinayaga Viratam Begins</b>		<b>Purnima*</b> Until 6:25AM Fri	<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Mrigashira Nakshatra Siddha Yoga Tailila/Vanija Karana Dvitiyayam Titau

Stockholm, Sweden

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 20.31 Tiithi 17

737762365

**Gulika** 8:01AM – 8:54AM  
**Yama** 12:27PM – 1:21PM  
**Rahu** 9:47AM – 10:41AM

**Krittika** Until 2:10AM Sun  
Siddha Until 10:42AM  
Tailila Until 12:55AM Sun  
Dvitiya Until 3:29AM Sat

**Ganesha:** Red *Sunrise: 8:01AM*  
**Muruga:** Clear *Sunset: 3:07PM*  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Amrita Yoga

Until 2:10AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.53 Tiithi 18

737762365

**Gulika** 1:20PM – 2:13PM  
**Yama** 11:34AM – 12:27PM  
**Rahu** 2:13PM – 3:06PM

**Rohini** Until 11:37PM  
Sadhya Until 8:62PM  
Vanija Until 9:81AM Mon  
Tritiya Until 12:19AM Sun

**Ganesha:** Red *Sunrise: 8:03AM*  
**Muruga:** Clear *Sunset: 3:06PM*  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Tailila Karana Chaturthyam Titau

Stockholm, Sweden

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 19.2 Tiithi 19

737762365

**Gulika** 12:27PM – 1:19PM  
**Yama** 10:42AM – 11:35AM  
**Rahu** 8:58AM – 9:50AM

**Mrigashira** Until 9:04PM  
Subha Until 6:57AM  
Bava Until 7:50AM Tue  
Chaturthi\* Until 8:62PM

**Ganesha:** Red *Sunrise: 8:05AM*  
**Muruga:** Clear *Sunset: 3:04PM*  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

Until 9:04PM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Pushya Nakshatra Sukla/Brahma Yoga Kaulava Karana Panchamyam Titau

Stockholm, Sweden

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.46 Tiithi 20

747762365

**Gulika** 11:35AM – 12:27PM  
**Yama** 9:51AM – 10:43AM  
**Rahu** 1:19PM – 2:11PM

**Ardra** Until 6:36PM  
Sukla Until 3:34AM Wed  
Kaulava Until 7:50AM  
Panchami Until 6:36PM

**Ganesha:** Green *Sunrise: 8:07AM*  
**Muruga:** Clear *Sunset: 3:03PM*  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Vanija Karana Shashthi/Saptamyam Titau

Stockholm, Sweden

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 18.06 Tiithi 21 – 22

747862365

**Gulika** 10:44AM – 11:35AM  
**Yama** 9:01AM – 9:52AM  
**Rahu** 11:35AM – 12:27PM

**Pushya** Until 4:17PM  
Brahma Until 1:55AM Thu  
Vanija Until 4:17PM  
Shashthi\* Until 4:17PM

**Ganesha:** White *Sunrise: 8:09AM*  
**Muruga:** Clear *Sunset: 3:01PM*  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 2.19 Tiithi 22 – 23

757863365

**Gulika** 9:54AM – 10:45AM  
**Yama** 8:11AM – 9:03AM  
**Rahu** 12:27PM – 1:18PM

**Magha\*** Until 12:46AM Fri  
Indra Until 12:46AM Fri  
Balava Until 1:17AM Fri  
Saptami Until 8:27AM Thu

**Ganesha:** Clear *Sunrise: 8:11AM*  
**Muruga:** Purple *Sunset: 3:00PM*  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 12:46AM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Kaulava Karana Ashtami/Navamyam Titau

Stockholm, Sweden

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 16.22 Tiithi 23 – 24

757863365

**Gulika** 9:04AM – 9:55AM  
**Yama** 1:17PM – 2:08PM  
**Rahu** 10:45AM – 11:36AM

**Purvaphalguni** Until 10:49AM Sat  
Vishkambha\* Until 3:08AM Sat  
Kaulava Until 12:22PM  
Ashtami\* Until 12:22PM

**Ganesha:** Clear *Sunrise: 8:14AM*  
**Muruga:** Purple *Sunset: 2:59PM*  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

<b>1</b>		<b>Saturday, December 1, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Gara Karana Navami/Dashmyam Titau		Stockholm, Sweden Sun 7 Sutra 230 Vilamba 5120	
Kanya Rasi: 0.16	Tithi 24 – 25	<b>Gulika</b>	<b>8:15AM – 9:06AM</b>	<b>Purvaphalguni Until 10:49AM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 8:15AM			
		Yama	12:27PM – 1:17PM	Priti Until 10:50PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:57PM			Moon 11 - Phase 32
Routine Work	Marana Yoga	758863365	<b>Rahu</b>	<b>9:56AM – 10:46AM</b>	Nataraja: White				2nd Phase
				Gara Until 10:49AM	Moon – Red			<b>Bhuloka Day</b>	
				<b>Navami* Until 10:49AM</b>	Karttika-Karttikai			Devaloka Time: 6:AM to 9:AM	

<b>2</b>		<b>Sunday, December 2, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Stockholm, Sweden Sun 8 Sutra 231 Vilamba 5120	
Kanya Rasi: 13.59	Tithi 25 – 26	<b>Gulika</b>	<b>1:17PM – 2:06PM</b>	<b>Uttaraphalguni Until 9:31AM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 8:17AM			
		Yama	11:37AM – 12:27PM	Ayushman Until 10:30PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:56PM			Moon 11 - Phase 32
Creative Work	Amrita Yoga	768863365	<b>Rahu</b>	<b>2:06PM – 2:56PM</b>	Nataraja: White				2nd Phase
Until 9:31AM				Balava Until 8:61PM	Moon – Green			<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Dashami Until 12:50AM Sun</b>	Karttika-Karttikai				

<b>3</b>		<b>Monday, December 3, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stockholm, Sweden Sun 9 Sutra 232 Vilamba 5120	
Kanya Rasi: 27.32	Tithi 26 – 27	<b>Gulika</b>	<b>12:27PM – 1:16PM</b>	<b>Hasta Until 8:32AM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 8:19AM			
<b>Family Home Evening</b>		Yama	10:48AM – 11:37AM	Saubhagya Until 10:20PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:55PM			Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga	768863365	<b>Rahu</b>	<b>9:09AM – 9:58AM</b>	Nataraja: White				2nd Phase
Until 8:32AM				Kaulava Until 7:71PM	Moon – Green			<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ekadashi* Until 10:43PM</b>	Karttika-Karttikai				

<b>4</b>		<b>Tuesday, December 4, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 10 Sutra 233 Vilamba 5120	
Tula Rasi: 10.55	Tithi 27 – 28	<b>Gulika</b>	<b>11:38AM – 12:27PM</b>	<b>Chitra Until 7:52AM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 8:21AM			
		Yama	9:59AM – 10:49AM	Sobhana Until 10:21PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:54PM			Moon 11 - Phase 32
Creative Work	Siddha Yoga	768863365	<b>Rahu</b>	<b>1:16PM – 2:05PM</b>	Nataraja: White				2nd Phase
Until 7:52AM				Gara Until 7:41PM	Moon – Green			<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Dvadashi* Until 8:52PM</b>	Karttika-Karttikai				
				<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Wednesday, December 5, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda* Yoga Vanija Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 11 Sutra 234 Vilamba 5120	
Tula Rasi: 24.05	Tithi 28 – 29	<b>Gulika</b>	<b>10:49AM – 11:38AM</b>	<b>Svati Until 7:34AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 8:23AM			
		Yama	9:12AM – 10:00AM	Athiganda* Until 11:03PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:53PM			Moon 11 - Phase 32
Creative Work	Siddha Yoga	778863365	<b>Rahu</b>	<b>11:38AM – 12:27PM</b>	Nataraja: White				2nd Phase
				Vanija Until 7:34AM	Moon – Orange			<b>Bhuloka Day</b>	
				<b>Trayodashi* Until 7:34AM</b>	Karttika-Karttikai				

<b>●</b>		<b>Thursday, December 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau		Stockholm, Sweden Sun 12 Sutra 235 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	<b>10:02AM – 10:50AM</b>	<b>Vishakha Until 7:42AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 8:25AM			
Vrischika Rasi: 7.03	Tithi 29 – 30	Yama	8:25AM – 9:13AM	Sukarma Until 12:04AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:52PM			Moon 11 - Phase 32
Creative Work	Siddha Yoga	778863365	<b>Rahu</b>	<b>12:27PM – 1:15PM</b>	Nataraja: White				Amavasya
Until 7:42AM				Sakuni Until 7:42AM	Moon – Orange			<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Chaturdashi* Until 7:42AM</b>	Karttika-Karttikai				

<b>●</b>		<b>Friday, December 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stockholm, Sweden Sun 13 Sutra 236 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	<b>9:14AM – 10:03AM</b>	<b>Anuradha Until 8:20AM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 8:26AM			
Vrischika Rasi: 19.47	Tithi 30 – 1	Yama	1:15PM – 2:03PM	Dhriti Until 15:84AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:52PM			Moon 11 - Phase 32
Routine Work	Marana Yoga	779863365	<b>Rahu</b>	<b>10:51AM – 11:39AM</b>	Nataraja: White				Prathama
Until 8:20AM				Kintughna Until 8:52PM	Moon – Orange			<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Amavasya* Until 16:33AM Fri</b>	Margasira-Karttikai				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stockholm, Sweden Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 2.16	Tithi 1 – 2	<b>Gulika</b> 8:28AM – 9:16AM Yama 12:27PM – 1:15PM Rahu 10:04AM – 10:52AM	<b>Jyeshtha* Until 9:29AM</b> Shula* Until 3:36AM Sun Balava Until 9:78PM Prathama* Until 15:84AM Sat	<b>Ganesha:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 8:28AM <b>Sunset:</b> 2:51PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>	
Creative Work Siddha Yoga							
<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhi Yoga Kaulava Karana Dvitiya/Tritiyayam Titau		Stockholm, Sweden Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 14.32	Tithi 2 – 3	<b>Gulika</b> 1:15PM – 2:03PM Yama 11:40AM – 12:27PM Rahu 2:03PM – 2:50PM	<b>Mula* Until 11:11AM</b> Ganda* Until 6:07AM Mon Kaulava Until 11:11AM Dvitiya Until 11:11AM	<b>Ganesha:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 8:29AM <b>Sunset:</b> 2:50PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>	
Creative Work Siddha Yoga Until 11:11AM Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Stockholm, Sweden Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 26.36	Tithi 3 – 4	<b>Gulika</b> 12:28PM – 1:15PM Yama 10:53AM – 11:40AM Rahu 9:18AM – 10:06AM	<b>Purvashadha* Until 3:55PM Tue</b> Vridhi Until 6:07AM Vanija Until 2:38AM Tue Tritiya Until 17:18AM Mon	<b>Ganesha:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 8:31AM <b>Sunset:</b> 2:50PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>	
Family Home Evening Routine Work Marana Yoga							
<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stockholm, Sweden Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 8.3	Tithi 4 – 5	<b>Gulika</b> 11:41AM – 12:28PM Yama 10:07AM – 10:54AM Rahu 1:15PM – 2:02PM	<b>Purvashadha* Until 3:55PM</b> Dhruva Until 8:51AM Bava Until 4:78AM Wed Chaturthi* Until 18:10AM Tue	<b>Ganesha:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 8:32AM <b>Sunset:</b> 2:49PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>	
Routine Work Prabalarishta Yoga Until 3:55PM Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Dhanishtha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchamyam Titau		Stockholm, Sweden Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 20.19	Tithi 5	<b>Gulika</b> 10:54AM – 11:41AM Yama 9:21AM – 10:07AM Rahu 11:41AM – 12:28PM	<b>Uttarashadha Until 6:40PM</b> Vyaghata* Until 12:08PM Kaulava Until 7:63AM Thu Panchami Until 6:10PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira*Karttikai	<b>Sunrise:</b> 8:34AM <b>Sunset:</b> 2:49PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga Until 6:40PM Then Routine Work - Prabalarishta Yoga							
<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Shatabhishak Nakshatra Harshana Yoga Kaulava/Gara Karana Shashthyam Titau		Stockholm, Sweden Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 2.05	Tithi 6	<b>Gulika</b> 10:08AM – 10:55AM Yama 8:35AM – 9:22AM Rahu 12:28PM – 1:15PM	<b>Shravana Until 9:22PM</b> Harshana Until 3:17PM Kaulava Until 10:40AM Fri Shashthi* Until 7:10PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira*Karttikai	<b>Sunrise:</b> 8:35AM <b>Sunset:</b> 2:49PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga		Vinayaga Viratam Ends					
<b>Retreat Star</b>		<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra* Yoga Gara/Visti* Karana Saptamyam Titau		Stockholm, Sweden Sun 20 Sutra 243 Vilamba 5120	
Kumbha Rasi: 13.55	Tithi 7	<b>Gulika</b> 9:23AM – 10:09AM Yama 1:15PM – 2:02PM Rahu 10:56AM – 11:42AM	<b>Dhanishtha Until 11:49PM</b> Vajra* Until 6:04PM Gara Until 12:53AM Sat Saptami Until 8:09PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira*Karttikai	<b>Sunrise:</b> 8:36AM <b>Sunset:</b> 2:48PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga							
<b>Retreat Star</b>		<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Siddhi Yoga Visti*/Balava Karana Ashtamyam Titau		Stockholm, Sweden Sun 21 Sutra 244 Vilamba 5120	
Kumbha Rasi: 25.52	Tithi 8	<b>Gulika</b> 8:37AM – 9:24AM Yama 12:29PM – 1:16PM Rahu 10:10AM – 10:56AM	<b>Shatabhishak Until 1:45AM Sun</b> Siddhi Until 8:45PM Visti Until 13:90AM Sun Ashtami* Until 8:55PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Clear Margasira*Karttikai	<b>Sunrise:</b> 8:37AM <b>Sunset:</b> 2:48PM	Moon 11 - Phase 33 Ashtami <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Routine Work Marana Yoga Until 1:45AM Sun Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vyalipata* Yoga Balava/Taitilla Karana Navamyam Titau		Stockholm, Sweden Sun 22 Sutra 245 Vilamba 5120	
Meena Rasi: 8.03	Tithi 9	<b>Gulika</b> 1:16PM – 2:02PM Yama 11:43AM – 12:30PM Rahu 2:02PM – 2:48PM	<b>Purvaprosnthapada* Until 3:01AM Mon</b> Vyalipata* Until 10:38PM Balava Until 15:22AM Mon Navami* Until 9:21PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Clear Margasira*Markali	<b>Sunrise:</b> 8:38AM <b>Sunset:</b> 2:48PM	Moon 11 - Phase 33 Navami <b>Bhuloka Day</b>	
Creative Work Amrita Yoga Until 3:01AM Mon Then Creative Work - Siddha Yoga		Markali Pillaiyar					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>		<b>Monday, December 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Stockholm, Sweden	
Meena Rasi: 20.31		Tithi 10		Uttaraproshtapada/Revati Nakshatra Variyan Yoga Taitila/Vanija Karana Dashamyam Titau		Sun 23		Sutra 246	
<b>Family Home Evening</b>		811863365		<b>Gulika</b> 12:30PM – 1:16PM	<b>Uttaraproshtapada</b> Until 3:29AM Tue	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:39AM	Vilamba 5120	
Creative Work		Siddha Yoga		Yama 10:58AM – 11:44AM	Variyan Until 11:38PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:48PM	Moon 11 - Phase 34	
				<b>Rahu</b> 9:25AM – 10:11AM	Taitila Until 14:86AM Tue	<b>Nataraja:</b> White		4th Phase	
					<b>Dashami</b> Until 9:18PM	Moon – Clear		<b>Bhuloka Day</b>	
						<b>Margasira*Markali</b>			

<b>2</b>		<b>Tuesday, December 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Stockholm, Sweden	
Mesha Rasi: 3.21		Tithi 11		Revati/Ashvini Nakshatra Parigha* Yoga Vanija/Bava Karana Ekadashyam Titau		Sun 24		Sutra 247	
Creative Work		Siddha Yoga		<b>Gulika</b> 11:44AM – 12:30PM	<b>Revati</b> Until 3:08AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:40AM	Vilamba 5120	
				Yama 10:12AM – 10:58AM	Parigha* Until 12:09AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:48PM	Moon 11 - Phase 34	
				<b>Rahu</b> 1:16PM – 2:02PM	Vanija Until 14:40AM Wed	<b>Nataraja:</b> White		4th Phase	
					<b>Ekadashi</b> Until 8:38PM	Moon – White		<b>Bhuloka Day</b>	
				<b>Gita Jayanthi</b>		<b>Margasira*Markali</b>	<b>Devaloka Time:</b> 6:AM to 9:AM		

<b>3</b>		<b>Wednesday, December 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Stockholm, Sweden	
Mesha Rasi: 16.35		Tithi 12		Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Dvadashyam Titau		Sun 25		Sutra 248	
Creative Work		Siddha Yoga		<b>Gulika</b> 10:59AM – 11:45AM	<b>Ashvini</b> Until 1:59AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:41AM	Vilamba 5120	
Until 1:59AM Thu				Yama 9:27AM – 10:13AM	Shiva Until 11:43PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:49PM	Moon 11 - Phase 34	
Then Routine Work - Marana Yoga				<b>Rahu</b> 11:45AM – 12:31PM	Bava Until 12:69AM Thu	<b>Nataraja:</b> White		4th Phase	
					<b>Dvadashi</b> Until 7:21PM	Moon – White		<b>Bhuloka Day</b>	
						<b>Margasira*Markali</b>	<b>Devaloka Time:</b> 6:AM to 9:AM		

<b>4</b>		<b>Thursday, December 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Stockholm, Sweden	
Vrisabha Rasi: 0.17		Tithi 13		Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Gara Karana Trayodashyam Titau		Sun 26		Sutra 249	
Routine Work		Marana Yoga		<b>Gulika</b> 10:13AM – 10:59AM	<b>Bharani</b> Until 12:08AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:42AM	Vilamba 5120	
				Yama 8:42AM – 9:28AM	Siddha Until 10:28PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:49PM	Moon 11 - Phase 34	
				<b>Rahu</b> 12:31PM – 1:17PM	Kaulava Until 11:00AM Fri	<b>Nataraja:</b> White		4th Phase	
					<b>Trayodashi</b> Until 14:56AM Thu	Moon – White		<b>Bhuloka Day</b>	
						<b>Margasira*Markali</b>	<b>Devaloka Time:</b> 6:AM to 9:AM		
						<i>Pradosha Vrata</i>			

<b>5</b>		<b>Friday, December 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Stockholm, Sweden	
Vrisabha Rasi: 14.23		Tithi 14		Krittika/Rohini Nakshatra Sadhya/Subha Yoga Gara/Bava Karana Chaturdashyam Titau		Sun 27		Sutra 250	
Routine Work		Marana Yoga		<b>Gulika</b> 9:28AM – 10:14AM	<b>Krittika</b> Until 9:43PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:42AM	Vilamba 5120	
Until 9:43PM				Yama 1:18PM – 2:04PM	Sadhya Until 8:54PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:49PM	Moon 11 - Phase 34	
Then Creative Work - Siddha Yoga				<b>Rahu</b> 11:00AM – 11:46AM	Gara Until 7:81AM Sat	<b>Nataraja:</b> White		4th Phase	
					<b>Chaturdashi*</b> Until 11:56AM Fri	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Day 1 of Pancha Ganapati</b>		<b>Margasira*Markali</b>	<b>Devaloka Time:</b> 9:AM to 12:PM		

<b>○</b>		<b>Saturday, December 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Stockholm, Sweden	
<b>Copper Retreat Star</b>				Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Balava Karana Purnimayam Titau		Sun 27		Sutra 251	
Vrisabha Rasi: 28.5		Tithi 15		<b>Gulika</b> 8:43AM – 9:29AM	<b>Rohini</b> Until 6:52PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:43AM	Vilamba 5120	
Creative Work		Siddha Yoga		Yama 12:32PM – 1:18PM	Subha Until 6:47PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:50PM	Moon 11 - Phase 34	
				<b>Rahu</b> 10:15AM – 11:00AM	Visti Until 4:81AM Sun	<b>Nataraja:</b> White		Purnima	
					<b>Purnima*</b> Until 8:32AM Sat	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Day 2 of Pancha Ganapati</b>		<b>Margasira*Markali</b>	<b>Devaloka Time:</b> 9:AM to 12:PM		

<b>○</b>		<b>Sunday, December 23, 2018</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stockholm, Sweden	
<b>Silver Retreat Star</b>				Mrigashira/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 28		Sutra 252	
Mithuna Rasi: 13.34		Tithi 16 – 17		<b>Gulika</b> 1:19PM – 2:05PM	<b>Mrigashira</b> Until 3:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:43AM	Vilamba 5120	
Creative Work		Siddha Yoga		Yama 11:47AM – 12:33PM	Brahma Until 4:15PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:50PM	Moon 11 - Phase 34	
				<b>Rahu</b> 2:05PM – 2:50PM	Taitila Until 1:69AM Mon	<b>Nataraja:</b> White		Prathama	
					<b>Prathama*</b> Until 4:51AM Sun	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Day 3 of Pancha Ganapati</b>		<b>Margasira*Markali</b>	<b>Devaloka Time:</b> 9:AM to 12:PM		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 28.26 Tihi 17 - 18

Family Home Evening

841963365

Gulika 12:33PM - 1:19PM

Yama 11:01AM - 11:47AM

Rahu 9:30AM - 10:15AM

Ardra Until 12:31PM

Indra Until 1:53PM

Vanija Until 10:55PM

Ganesha: Blue Sunrise: 8:44AM

Muruga: Purple Sunset: 2:51PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 12:31PM

Then Creative Work - Siddha Yoga

Day 4 of Pancha Ganapati

Ardra Darshanam

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Stockholm, Sweden

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 13.19 Tihi 18 - 19

Creative Work Siddha Yoga

842963365

Gulika 11:48AM - 12:34PM

Yama 10:16AM - 11:02AM

Rahu 1:20PM - 2:06PM

Punarvasu Until 9:19AM

Vaidhriti\* Until 11:25AM

Bava Until 7:47PM

Ganesha: Yellow Sunrise: 8:44AM

Muruga: Purple Sunset: 2:52PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Magha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 28.05 Tihi 19 - 20

Creative Work Siddha Yoga

842963366

Gulika 11:02AM - 11:48AM

Yama 9:30AM - 10:16AM

Rahu 11:48AM - 12:35PM

Pushya Until 6:16AM

Vishkambha\* Until 8:59AM

Kaulava Until 4:52PM

Ganesha: Yellow Sunrise: 8:44AM

Muruga: Purple Sunset: 2:53PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Visti\* Karana Shashthyam Titau

Stockholm, Sweden

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 12.38 Tihi 21

Creative Work Amrita Yoga

852963366

Gulika 10:17AM - 11:03AM

Yama 8:44AM - 9:30AM

Rahu 12:35PM - 1:21PM

Ashlesha\* Until 1:10AM Fri

Priti Until 7:08AM

Gara Until 11:70AM Fri

Ganesha: Blue Sunrise: 8:44AM

Muruga: Purple Sunset: 2:54PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Until 1:10AM Fri

Then Creative Work - Siddha Yoga

Shashthi\* Until 10:17AM Thu

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Balava Karana Saptamyam Titau

Stockholm, Sweden

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 26.55 Tihi 22

Creative Work Siddha Yoga

852963366

Gulika 9:31AM - 10:17AM

Yama 1:22PM - 2:08PM

Rahu 11:03AM - 11:49AM

Magha\* Until 11:16PM

Ayushman Until 4:17AM Sat

Visti Until 10:32AM Sat

Ganesha: Blue Sunrise: 8:44AM

Muruga: Purple Sunset: 2:55PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Then Creative Work - Amrita Yoga

Saptami Until 7:14AM Fri

Saturday, December 29, 2018

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Balava/Taitila Karana Ashtamyam Titau

Stockholm, Sweden

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 10.53 Tihi 23

Routine Work Marana Yoga

862963366

Gulika 8:44AM - 9:31AM

Yama 12:36PM - 1:23PM

Rahu 10:17AM - 11:04AM

Uttaraphalguni Until 9:54PM

Sobhana Until 3:50AM Sun

Balava Until 9:26AM Sun

Ganesha: Red Sunrise: 8:44AM

Muruga: Purple Sunset: 2:56PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Ashtami\* Until 4:35AM Sat

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\* Yoga Taitila/Vanija Karana Navamyam Titau

Stockholm, Sweden

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 24.32 Tihi 24

Creative Work Siddha Yoga

862963366

Gulika 1:24PM - 2:10PM

Yama 11:50AM - 12:37PM

Rahu 2:10PM - 2:57PM

Hasta Until 9:04PM

Athiganda\* Until 3:46AM Mon

Taitila Until 8:52AM Mon

Ganesha: Red Sunrise: 8:44AM

Muruga: Purple Sunset: 2:57PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Navami\* Until 2:22AM Sun

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Bava Karana Dashamyam Titau				Stockholm, Sweden Sun 8 Sutra 260 Vilamba 5120	
<b>1</b>		<b>Gulika</b> 12:38PM – 1:25PM	<b>Chitra</b> Until 8:45PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:44AM		
Tula Rasi: 7.53	Tithi 25	Yama 11:04AM – 11:51AM	Sukarma Until 4:03AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:58PM	Moon 12 - Phase 36	
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 9:31AM – 10:17AM	Vanija Until 8:49AM Tue	<b>Nataraja:</b> Green		2nd Phase	
Creative Work Amrita Yoga			<b>Dashami</b> Until 12:33AM Mon	Moon – Green		<b>Bhuloka Day</b>	
Until 8:45PM				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashyam Titau				Stockholm, Sweden Sun 9 Sutra 261 Vilamba 5120	
<b>2</b>		<b>Gulika</b> 11:51AM – 12:38PM	<b>Svati</b> Until 8:58PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:43AM		
Tula Rasi: 20.58	Tithi 26	Yama 10:17AM – 11:04AM	Dhriti Until 5:08AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 2:59PM	Moon 12 - Phase 36	
	872963366	<b>Rahu</b> 1:25PM – 2:12PM	Bava Until 8:77AM Wed	<b>Nataraja:</b> Green		2nd Phase	
Routine Work Marana Yoga			<b>Ekadashi*</b> Until 11:09PM	Moon – Orange		<b>Bhuloka Day</b>	
Until 8:58PM				<b>Margasira-Markali</b>			
Then Creative Work - Siddha Yoga							

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Gara Karana Dvadashyam Titau				Stockholm, Sweden Sun 10 Sutra 262 Vilamba 5120	
<b>3</b>		<b>Gulika</b> 11:05AM – 11:52AM	<b>Vishakha</b> Until 9:40PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:43AM		
Vrischika Rasi: 3.47	Tithi 27	Yama 9:30AM – 10:17AM	Shula* Until 6:31AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:01PM	Moon 12 - Phase 36	
	872963366	<b>Rahu</b> 11:52AM – 12:39PM	Kaulava Until 9:73AM Thu	<b>Nataraja:</b> Green		2nd Phase	
Creative Work Siddha Yoga			<b>Dvadashi*</b> Until 10:09PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>			

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Visli* Karana Trayodashyam Titau				Stockholm, Sweden Sun 11 Sutra 263 Vilamba 5120	
<b>4</b>		<b>Gulika</b> 10:17AM – 11:05AM	<b>Anuradha</b> Until 12:28AM Sat Fr	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:43AM		
Vrischika Rasi: 16.23	Tithi 28	Yama 8:43AM – 9:30AM	Ganda* Until 6:31AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:02PM	Moon 12 - Phase 36	
	872963366	<b>Rahu</b> 12:40PM – 1:27PM	Gara Until 11:37AM Fri	<b>Nataraja:</b> Green		2nd Phase	
Creative Work Siddha Yoga			<b>Trayodashi*</b> Until 9:31PM	Moon – Orange		<b>Bhuloka Day</b>	
Until 12:28AM Sat Fr				<b>Margasira-Markali</b>			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Mula* Nakshatra Vriddhi Yoga Visti*/Catuspada* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 12 Sutra 264 Vilamba 5120	
<b>5</b>		<b>Gulika</b> 9:30AM – 10:17AM	<b>Anuradha</b> Until 12:28AM Sat	<b>Ganesha:</b> Green	<i>Sunrise:</i> 8:42AM		
Vrischika Rasi: 28.47	Tithi 29	Yama 1:28PM – 2:16PM	Vriddhi Until 8:12AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:04PM	Moon 12 - Phase 36	
	872963366	<b>Rahu</b> 11:05AM – 11:53AM	Visti Until 12:87AM Sat	<b>Nataraja:</b> Green		2nd Phase	
Routine Work Marana Yoga			<b>Chaturdashi*</b> Until 9:14PM	Moon – Orange		<b>Bhuloka Day</b>	
Until 12:28AM Sat				<b>Margasira-Markali</b>			
Then Creative Work - Siddha Yoga							

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau				Stockholm, Sweden Sun 13 Sutra 265 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 8:41AM – 9:29AM	<b>Jyeshtha*</b> Until 2:29AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:41AM		
Dhanus Rasi: 11	Tithi 30	Yama 12:41PM – 1:29PM	Dhruva Until 10:36AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:05PM	Moon 12 - Phase 36	
	882963366	<b>Rahu</b> 10:17AM – 11:05AM	Catuspada Until 15:39AM Sun	<b>Nataraja:</b> Green		Amavasya	
Creative Work Siddha Yoga			<b>Amavasya*</b> Until 9:19PM	Moon – Light Blue		<b>Bhuloka Day</b>	
		<b>Subramuniyaswami Jayanti</b>		<b>Margasira-Markali</b>			

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Balava Karana Prathamayam Titau				Stockholm, Sweden Sun 14 Sutra 266 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 1:30PM – 2:19PM	<b>Mula*</b> Until 4:50AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:41AM		
Dhanus Rasi: 23.04	Tithi 1	Yama 11:54AM – 12:42PM	Vyaghata* Until 1:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:07PM	Moon 12 - Phase 36	
	882973366	<b>Rahu</b> 2:19PM – 3:07PM	Kintughna Until 17:69AM Mon	<b>Nataraja:</b> Green		Prathama	
Creative Work Siddha Yoga			<b>Prathama*</b> Until 9:40PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 4:50AM Mon		<b>Partial Solar Eclipse</b>		<b>Pausha-Markali</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha/Shravana Nakshatra Harshana Yoga Balava/Taitila Karana Dvitiyayam Titau				Stockholm, Sweden Sun 15 Sutra 267 Vilamba 5120
<b>1</b>		<b>Gulika</b> 12:43PM – 1:32PM	<b>Purvashadha* Until 7:27AM Tue</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 8:40AM	
Makara Rasi: 4.59	Tithi 2	Yama 11:06AM – 11:54AM	Harshana Until 3:56PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:09PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	882973366	<b>Rahu</b> 9:28AM – 10:17AM	Balava Until 20:50AM Tue	<b>Nataraja:</b> Green		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya Until 10:18PM</b>	Moon – Light Blue		
Until 7:27AM Tue				<b>Pausha-Markali</b>	<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stockholm, Sweden Sun 16 Sutra 268 Vilamba 5120
<b>2</b>		<b>Gulika</b> 11:55AM – 12:44PM	<b>Uttarashadha Until 7:27AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 8:39AM	
Makara Rasi: 16.5	Tithi 2 – 3	Yama 10:17AM – 11:06AM	Vajra* Until 7:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:11PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 1:33PM – 2:22PM	Taitila Until 8:50PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 11:09PM</b>	Moon – Purple		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Stockholm, Sweden Sun 17 Sutra 269 Vilamba 5120
<b>3</b>		<b>Gulika</b> 11:06AM – 11:55AM	<b>Shravana Until 10:12AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 8:38AM	
Makara Rasi: 28.37	Tithi 3 – 4	Yama 9:27AM – 10:17AM	Siddhi Until 10:22PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:12PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 11:55AM – 12:45PM	Vanija Until 11:36PM	<b>Nataraja:</b> Green		3rd Phase
Routine Work Prabalarishta Yoga			<b>Tritiya Until 12:06AM Wed</b>	Moon – Purple		
Until 10:12AM				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stockholm, Sweden Sun 18 Sutra 270 Vilamba 5120
<b>4</b>		<b>Gulika</b> 10:16AM – 11:06AM	<b>Dhanishtha Until 12:55PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 8:37AM	
Kumbha Rasi: 10.25	Tithi 4 – 5	Yama 8:37AM – 9:27AM	Vyatipata* Until 1:16AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:14PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 12:45PM – 1:35PM	Bava Until 1:75AM Fri	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 1:06AM Thu</b>	Moon – Purple		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Varyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stockholm, Sweden Sun 19 Sutra 271 Vilamba 5120
<b>5</b>		<b>Gulika</b> 9:26AM – 10:16AM	<b>Shatabhishak Until 3:27PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 8:36AM	
Kumbha Rasi: 22.15	Tithi 5 – 6	Yama 1:36PM – 2:26PM	Varyan Until 4:14AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:16PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 11:06AM – 11:56AM	Kaulava Until 4:37AM Sat	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 2:01AM Fri</b>	Moon – Clear		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 20 Sutra 272 Vilamba 5120
<b>6</b>		<b>Gulika</b> 8:35AM – 9:25AM	<b>Purvaproshtapada* Until 5:37PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 8:35AM	
Meena Rasi: 4.12	Tithi 6 – 7	Yama 12:47PM – 1:37PM	Parigha* Until 6:37AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:18PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 10:16AM – 11:06AM	Gara Until 5:92AM Sun	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 2:43AM Sat</b>	Moon – Clear		
Until 5:37PM				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva Yoga Gara/Visti* Karana Saptamyam Titau				Stockholm, Sweden Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:39PM – 2:29PM	<b>Uttaraproshtapada Until 8:10PM Mon</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 8:33AM	
Meena Rasi: 16.2	Tithi 7	Yama 11:57AM – 12:48PM	Shiva Until 6:37AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:20PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 2:29PM – 3:20PM	Gara Until 7:49AM Mon	<b>Nataraja:</b> Green		3rd Phase
Creative Work Amrita Yoga			<b>Saptami Until 3:06AM Sun</b>	Moon – Clear		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Siddha Yoga Visti* Karana Ashtamyam Titau				Stockholm, Sweden Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:49PM – 1:40PM	<b>Uttaraproshtapada Until 8:10PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 8:32AM	
Meena Rasi: 28.44	Tithi 8	Yama 11:06AM – 11:57AM	Siddha Until 8:14AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:22PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	813973366	<b>Rahu</b> 9:23AM – 10:15AM	Visti Until 7:49AM	<b>Nataraja:</b> Green		Ashtami
Creative Work Siddha Yoga			<b>Ashtami* Until 8:10PM</b>	Moon – Clear		
				<b>Pausha-Thai</b>	<b>Devaloka Day</b>	

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Bharani Nakshatra Sadhya Yoga Balava/Taitila Karana Navamyam Titau				Stockholm, Sweden Sun 23 Sutra 275 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 11:58AM – 12:49PM	<b>Revati Until 8:18PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 8:31AM	
Mesha Rasi: 11.28	Tithi 9	Yama 10:14AM – 11:06AM	Sadhya Until 9:28AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:25PM	Moon 12 - Phase 37
	823973366	<b>Rahu</b> 1:41PM – 2:33PM	Balava Until 7:64AM Wed	<b>Nataraja:</b> Green		Navami
Creative Work Siddha Yoga			<b>Navami* Until 2:23AM Tue</b>	Moon – White		
				<b>Pausha-Thai</b>	<b>Sivaloka Day</b>	


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>	<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Stockholm, Sweden	
	Ashvini/Krittika Nakshatra Subha Yoga Taitila/Vanija Karana Dashamyam Titau		Sun 24 Sutra 276		Vilamba 5120			
	Mesha Rasi: 24.35	Tithi 10	<b>Gulika</b> 11:06AM – 11:58AM	<b>Ashvini Until 7:36PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 8:29AM		
		Yama 9:21AM – 10:14AM	Subha Until 9:43AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:27PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b> 11:58AM – 12:50PM	Taitila Until 6:57AM Thu	<b>Nataraja:</b> Green		4th Phase		
Creative Work	Siddha Yoga		<b>Dashami Until 1:08AM Wed</b>	Moon – White		<b>Sivaloka Day</b>		
Until 7:36PM				<b>Pausha*Thai</b>				
Then Creative Work - Amrita Yoga								

<b>2</b>	<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Stockholm, Sweden	
	Bharani/Rohini Nakshatra Sukla Yoga Vanija/Bava Karana Ekadashyam Titau		Sun 25 Sutra 277		Vilamba 5120			
	Vrishabha Rasi: 8.09	Tithi 11	<b>Gulika</b> 10:13AM – 11:06AM	<b>Bharani Until 6:05PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 8:28AM		
		Yama 8:28AM – 9:20AM	Sukla Until 9:02AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:29PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b> 12:51PM – 1:44PM	Vanija Until 4:65AM Fri	<b>Nataraja:</b> Green		4th Phase		
Routine Work	Marana Yoga		<b>Ekadashi Until 11:15PM</b>	Moon – White		<b>Sivaloka Day</b>		
				<b>Pausha*Thai</b>				

<b>3</b>	<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Stockholm, Sweden	
	Krittika/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 278		Vilamba 5120			
	Vrishabha Rasi: 22.11	Tithi 12 – 13	<b>Gulika</b> 9:19AM – 10:12AM	<b>Krittika Until 3:52PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 8:26AM		
		Yama 1:45PM – 2:38PM	Brahma Until 5:37PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:31PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b> 11:06AM – 11:59AM	Kaulava Until 1:93AM Sat	<b>Nataraja:</b> Green		4th Phase		
Routine Work	Marana Yoga		<b>Dvadashi Until 8:43PM</b>	Moon – Yellow		<b>Devaloka Day</b>		
Until 3:52PM				<b>Pausha*Thai</b>				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>				

<b>4</b>	<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Stockholm, Sweden	
	Rohini/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 279		Vilamba 5120			
	Mithuna Rasi: 6.4	Tithi 13 – 14	<b>Gulika</b> 8:25AM – 9:18AM	<b>Rohini Until 1:03PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 8:25AM		
		Yama 12:53PM – 1:46PM	Indra Until 6:00AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:33PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b> 10:12AM – 11:05AM	Gara Until 11:29PM	<b>Nataraja:</b> Green		4th Phase		
Creative Work	Siddha Yoga		<b>Trayodashi Until 5:37PM</b>	Moon – Yellow		<b>Devaloka Day</b>		
				<b>Pausha*Thai</b>				

	<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stockholm, Sweden	
	<b>Copper Retreat Star</b>		Mrigashira/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 280 Sutra 280		Vilamba 5120	
	Mithuna Rasi: 21.3	Tithi 14 – 15	<b>Gulika</b> 1:47PM – 2:42PM	<b>Mrigashira Until 9:48AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 8:23AM		
		Yama 11:59AM – 12:53PM	Vaidhriti* Until 5:61AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:36PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b> 2:42PM – 3:36PM	Visti Until 7:64PM	<b>Nataraja:</b> Green		Purnima		
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:09AM Sun</b>	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Pausha*Thai</b>				

<b>Monday, January 21, 2019</b>	<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Stockholm, Sweden	
	<b>Silver Retreat Star</b>		Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 281 Sutra 281		Vilamba 5120	
	Kataka Rasi: 6.35	Tithi 15 – 16	<b>Gulika</b> 12:54PM – 1:49PM	<b>Punarvasu Until 6:15AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 8:21AM		
<b>Family Home Evening</b>		Yama 11:05AM – 12:00PM	Vishkambha* Until 9:55PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:38PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b> 9:16AM – 10:10AM	Balava Until 4:26PM	<b>Nataraja:</b> Green		Prathama		
Creative Work	Siddha Yoga		<b>Purnima* Until 5:61AM Mon</b>	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Pausha*Thai</b>				
		<b>Total Lunar Eclipse</b>						
		<b>Thai Pusam</b>						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 21.46      Tihi 17

Creative Work      Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Ayushman Yoga Taitila/Vanija Karana Dvitiyayam Titau

**Gulika** 12:00PM – 12:55PM  
Yama 10:10AM – 11:05AM  
Rahu 1:50PM – 2:45PM

**Pushya** Until 10:56PM  
Ayushman Until 6:53PM  
Taitila Until 8:72AM Wed  
Dvitiya Until 1:46AM Tue

**Ganesha:** Clear      *Sunrise:* 8:19AM  
**Muruga:** Clear      *Sunset:* 3:40PM  
**Nataraja:** Green  
Moon – Blue  
Pausha\*Thai

Stockholm, Sweden  
Sutra 282  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Devaloka Day

1

Wednesday, January 23, 2019

Simha Rasi: 6.54      Tihi 18

Creative Work      Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Bava Karana Trityayam Titau

**Gulika** 11:05AM – 12:00PM  
Yama 9:13AM – 10:09AM  
Rahu 12:00PM – 12:56PM

**Ashlesha\*** Until 7:29PM  
Saubhagya Until 4:16PM  
Vanija Until 5:54AM Thu  
Tritiya Until 9:32PM

**Ganesha:** Purple      *Sunrise:* 8:18AM  
**Muruga:** Clear      *Sunset:* 3:43PM  
**Nataraja:** Green  
Moon – Red  
Pausha\*Thai

Stockholm, Sweden  
Sun 1      Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 21.5      Tihi 19 – 20

Creative Work      Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:08AM – 11:04AM  
Yama 8:16AM – 9:12AM  
Rahu 12:57PM – 1:53PM

**Magha\*** Until 4:24PM  
Sobhana Until 1:50PM  
Kaulava Until 2:63AM Fri  
Chaturthi\* Until 13:40AM Thu

**Ganesha:** Purple      *Sunrise:* 8:16AM  
**Muruga:** Clear      *Sunset:* 3:45PM  
**Nataraja:** Green  
Moon – Red  
Pausha\*Thai

Stockholm, Sweden  
Sun 2      Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Friday, January 25, 2019

Kanya Rasi: 6.28      Tihi 20 – 21

Creative Work      Siddha Yoga

Until 1:47PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 9:11AM – 10:07AM  
Yama 1:54PM – 2:51PM  
Rahu 11:04AM – 12:01PM

**Purvaphalguni** Until 1:47PM  
Athiganda\* Until 11:45AM  
Gara Until 12:44AM Sat  
Panchami Until 10:14AM Fri

**Ganesha:** Clear      *Sunrise:* 8:14AM  
**Muruga:** Clear      *Sunset:* 3:48PM  
**Nataraja:** Green  
Moon – Red  
Pausha\*Thai

Stockholm, Sweden  
Sun 3      Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Devaloka Day

4

Saturday, January 26, 2019

Kanya Rasi: 20.41      Tihi 21 – 22

Routine Work      Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

**Gulika** 8:12AM – 9:09AM  
Yama 12:58PM – 1:55PM  
Rahu 10:06AM – 11:04AM

**Uttaraphalguni** Until 11:48AM  
Sukarma Until 10:31AM  
Visti Until 10:64PM  
Shashthi\* Until 7:18AM Sat

**Ganesha:** Purple      *Sunrise:* 8:12AM  
**Muruga:** Clear      *Sunset:* 3:50PM  
**Nataraja:** Green  
Moon – Green  
Pausha\*Thai

Stockholm, Sweden  
Sun 4      Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Retreat Star

Tula Rasi: 4.29      Tihi 22 – 23

Creative Work      Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 1:57PM – 2:55PM  
Yama 12:01PM – 12:59PM  
Rahu 2:55PM – 3:52PM

**Hasta** Until 10:30AM  
Shula\* Until 9:51AM  
Balava Until 9:68PM  
Saptami Until 4:55AM Sun

**Ganesha:** Purple      *Sunrise:* 8:10AM  
**Muruga:** Clear      *Sunset:* 3:52PM  
**Nataraja:** Green  
Moon – Green  
Pausha\*Thai

Stockholm, Sweden  
Sun 5      Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Tula Rasi: 17.52      Tihi 23 – 24

Family Home Evening

Creative Work      Amrita Yoga

Until 9:56AM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 1:00PM – 1:58PM  
Yama 11:03AM – 12:01PM  
Rahu 9:06AM – 10:05AM

**Chitra** Until 9:56AM  
Ganda\* Until 9:44AM  
Taitila Until 9:58PM  
Ashtami\* Until 3:06AM Mon

**Ganesha:** Purple      *Sunrise:* 8:08AM  
**Muruga:** Clear      *Sunset:* 3:55PM  
**Nataraja:** Green  
Moon – Green  
Pausha\*Thai

Stockholm, Sweden  
Sun 6      Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

<b>1</b>		<b>Tuesday, January 29, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Stockholm, Sweden Sun 7 Sutra 289 Vilamba 5120
Vrischika Rasi: 0.5	Tithi 24 – 25	<b>Gulika</b>	<b>12:02PM – 1:00PM</b>	<b>Svati Until 10:07AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:06AM	
		Yama	10:04AM – 11:03AM	Vriddhi Until 10:40AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:57PM	Moon 1 - Phase 40
		974173366 <b>Rahu</b>	1:59PM – 2:58PM	Vanija Until 10:30PM	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Marana Yoga			<b>Navami* Until 1:52AM Tue</b>	Moon – Orange		<b>Devaloka Day</b>
Until 10:07AM					<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, January 30, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Stockholm, Sweden Sun 8 Sutra 290 Vilamba 5120
Vrischika Rasi: 13.29	Tithi 25 – 26	<b>Gulika</b>	<b>11:02AM – 12:02PM</b>	<b>Vishakha Until 11:00AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:04AM	
		Yama	9:03AM – 10:03AM	Dhruva Until 12:06PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:00PM	Moon 1 - Phase 40
		974173366 <b>Rahu</b>	12:02PM – 1:01PM	Bava Until 11:42PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga			<b>Dashami Until 1:12AM Wed</b>	Moon – Orange		<b>Devaloka Day</b>
					<b>Pausha*Thai</b>		

<b>3</b>		<b>Thursday, January 31, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Stockholm, Sweden Sun 9 Sutra 291 Vilamba 5120
Vrischika Rasi: 25.52	Tithi 26 – 27	<b>Gulika</b>	<b>10:02AM – 11:02AM</b>	<b>Anuradha Until 12:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:01AM	
		Yama	8:01AM – 9:02AM	Vyaghata* Until 1:57PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:02PM	Moon 1 - Phase 40
		974173366 <b>Rahu</b>	1:02PM – 2:02PM	Kaulava Until 24:87	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Prabalarishta Yoga			<b>Ekadashi* Until 1:00AM Thu</b>	Moon – Orange		<b>Devaloka Day</b>
Until 12:30PM					<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, February 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Stockholm, Sweden Sun 10 Sutra 292 Vilamba 5120
Dhanus Rasi: 8.01	Tithi 27 – 28	<b>Gulika</b>	<b>9:02AM – 10:02AM</b>	<b>Jyeshtha* Until 2:28PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:01AM	
		Yama	2:02PM – 3:02PM	Harshana Until 4:35PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:02PM	Moon 1 - Phase 40
		984173366 <b>Rahu</b>	11:02AM – 12:02PM	Gara Until 3:38AM Sat	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi* Until 1:13AM Fri</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 2:28PM					<b>Pausha*Thai</b>		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, February 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Stockholm, Sweden Sun 11 Sutra 293 Vilamba 5120
Dhanus Rasi: 20.01	Tithi 28 – 29	<b>Gulika</b>	<b>7:59AM – 9:00AM</b>	<b>Mula* Until 4:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:59AM	
		Yama	1:03PM – 2:03PM	Vajra* Until 7:23PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:05PM	Moon 1 - Phase 40
		984173366 <b>Rahu</b>	10:01AM – 11:01AM	Visti Until 5:66AM Sun	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi* Until 1:47AM Sat</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 4:49PM					<b>Pausha*Thai</b>		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Sunday, February 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Visti*/Catuspada* Karana Chaturdashyam Titau	Stockholm, Sweden Sun 12 Sutra 294 Vilamba 5120
Makara Rasi: 1.54	Tithi 29	<b>Gulika</b>	<b>2:05PM – 3:06PM</b>	<b>Purvashadha* Until 7:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:57AM	
		Yama	12:02PM – 1:03PM	Siddhi Until 10:15PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:07PM	Moon 1 - Phase 40
		985173366 <b>Rahu</b>	3:06PM – 4:07PM	Visti Until 8:46AM Mon	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 2:32AM Sun</b>	Moon – Light Blue		<b>Devaloka Day</b>
					<b>Pausha*Thai</b>		

<b>Monday, February 4, 2019</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyalipata* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau	Stockholm, Sweden Sun 13 Sutra 295 Vilamba 5120
Makara Rasi: 13.43	Tithi 30	<b>Gulika</b>	<b>1:04PM – 2:06PM</b>	<b>Uttarashadha Until 10:06PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:55AM	
<b>Family Home Evening</b>		Yama	11:00AM – 12:02PM	Vyalipata* Until 1:32AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:10PM	Moon 1 - Phase 40
		995173367 <b>Rahu</b>	8:57AM – 9:58AM	Catuspada Until 11:29AM Tue	<b>Nataraja:</b> White		Amavasya
Creative Work	Amrita Yoga			<b>Amavasya* Until 3:27AM Mon</b>	Moon – Purple		<b>Devaloka Day</b>
Until 10:06PM					<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga							

<b>Tuesday, February 5, 2019</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan Yoga Kintughna*/Balava Karana Prathamayam Titau	Stockholm, Sweden Sun 14 Sutra 296 Vilamba 5120
Makara Rasi: 25.31	Tithi 1	<b>Gulika</b>	<b>12:02PM – 1:05PM</b>	<b>Shravana Until 12:48AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:52AM	
		Yama	9:57AM – 11:00AM	Variyan Until 4:39AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:12PM	Moon 1 - Phase 40
		995173367 <b>Rahu</b>	2:07PM – 3:10PM	Kintughna Until 13:69AM Wed	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			<b>Prathama* Until 4:27AM Tue</b>	Moon – Purple		<b>Devaloka Day</b>
					<b>Magha*Thai</b>		

<b>1</b>		<b>Wednesday, February 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Balava/Taitila Karana Dvitiyayam Titau		Stockholm, Sweden Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 7.19	Tithi 2	<b>Gulika</b>	10:59AM – 12:02PM	<b>Dhanishtha Until 3:25AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:50AM			
		Yama	8:53AM – 9:56AM	Parigha* Until 7:30AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:15PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	995173367 <b>Rahu</b>	12:02PM – 1:06PM	Balava Until 16:40AM Thu	<b>Nataraja:</b> White			3rd Phase	
				<b>Dvitiya Until 5:24AM Wed</b>	Moon – Purple				<b>Devaloka Day</b>
					<b>Magha-Thai</b>				

<b>2</b>		<b>Thursday, February 7, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Triliyayam Titau		Stockholm, Sweden Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 19.1	Tithi 3	<b>Gulika</b>	9:55AM – 10:59AM	<b>Shatabhishak Until 7:57AM Sat Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:48AM			
		Yama	7:48AM – 8:51AM	Parigha* Until 7:30AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:17PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	995173367 <b>Rahu</b>	1:06PM – 2:10PM	Taitila Until 18:57AM Fri	<b>Nataraja:</b> White			3rd Phase	
				<b>Tritiya Until 6:18AM Thu</b>	Moon – Purple				<b>Devaloka Day</b>
					<b>Magha-Thai</b>				

<b>3</b>		<b>Friday, February 8, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Bava Karana Chaturthyam Titau		Stockholm, Sweden Sun 17 Sutra 299 Vilamba 5120	
Meena Rasi: 1.05	Tithi 4	<b>Gulika</b>	8:50AM – 9:54AM	<b>Shatabhishak Until 7:57AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:45AM			
		Yama	2:11PM – 3:16PM	Shiva Until 10:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:20PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	915173367 <b>Rahu</b>	10:58AM – 12:03PM	Vanija Until 20:54AM Sat	<b>Nataraja:</b> White			3rd Phase	
				<b>Chaturthi* Until 7:03AM Fri</b>	Moon – Clear				<b>Sivaloka Day</b>
					<b>Magha-Thai</b>				

<b>4</b>		<b>Saturday, February 9, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Stockholm, Sweden Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 13.07	Tithi 4 – 5	<b>Gulika</b>	7:43AM – 8:48AM	<b>Purvaproshtapada* Until 7:57AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:43AM			
		Yama	1:08PM – 2:13PM	Siddha Until 1:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:23PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	915173367 <b>Rahu</b>	9:53AM – 10:58AM	Bava Until 8:54PM	<b>Nataraja:</b> White			3rd Phase	
Until 7:57AM				<b>Chaturthi* Until 7:33AM Sat</b>	Moon – Clear				<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Magha-Thai</b>				

<b>5</b>		<b>Sunday, February 10, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stockholm, Sweden Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 25.18	Tithi 5 – 6	<b>Gulika</b>	2:14PM – 3:20PM	<b>Uttaraproshtapada Until 9:41AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:40AM			
		Yama	12:03PM – 1:08PM	Sadhya Until 2:59PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM		Moon 1 - Phase 41	
Creative Work	Amrita Yoga	915273367 <b>Rahu</b>	3:20PM – 4:25PM	Kaulava Until 9:83PM	<b>Nataraja:</b> White			3rd Phase	
Until 9:41AM				<b>Panchami Until 7:47AM Sun</b>	Moon – Clear				<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>				

<b>6</b>		<b>Monday, February 11, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Bharani Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stockholm, Sweden Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 7.41	Tithi 6 – 7	<b>Gulika</b>	1:09PM – 2:15PM	<b>Revati Until 10:54AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:38AM			
Family Home Evening		Yama	10:57AM – 12:03PM	Subha Until 4:45PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:28PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	925273367 <b>Rahu</b>	8:44AM – 9:50AM	Gara Until 10:78PM	<b>Nataraja:</b> White			3rd Phase	
				<b>Shashthi* Until 7:38AM Mon</b>	Moon – White				<b>Bhuloka Day</b>
					<b>Magha-Thai</b>				Devaloka Time: 12:PM to 3:PM

<b>Retreat Star</b>		<b>Tuesday, February 12, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Stockholm, Sweden Sun 21 Sutra 303 Vilamba 5120	
Mesha Rasi: 20.2	Tithi 7 – 8	<b>Gulika</b>	12:03PM – 1:10PM	<b>Ashvini Until 11:29AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:35AM			
		Yama	9:49AM – 10:56AM	Sukla Until 5:51AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:30PM		Moon 1 - Phase 41	
Creative Work	Siddha Yoga	925273367 <b>Rahu</b>	2:16PM – 3:23PM	Visti Until 11:32PM	<b>Nataraja:</b> White			Ashtami	
				<b>Saptami Until 7:00AM Tue</b>	Moon – White				<b>Bhuloka Day</b>
					<b>Magha-Thai</b>				Devaloka Time: 12:PM to 3:PM

<b>Retreat Star</b>		<b>Wednesday, February 13, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stockholm, Sweden Sun 22 Sutra 304 Vilamba 5120	
Vrisabha Rasi: 3.2	Tithi 8 – 9	<b>Gulika</b>	10:55AM – 12:03PM	<b>Bharani Until 11:22AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:33AM			
		Yama	8:40AM – 9:48AM	Indra Until 3:67AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:33PM		Moon 1 - Phase 41	
Creative Work	Amrita Yoga	926273367 <b>Rahu</b>	12:03PM – 1:10PM	Balava Until 10:62PM	<b>Nataraja:</b> White			Navami	
Until 11:22AM				<b>Ashtami* Until 5:51AM Wed</b>	Moon – White				<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Magha-Masi</b>				

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

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<b>1</b>		<b>Thursday, February 14, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Stockholm, Sweden Sun 23 Sutra 305 Vilamba 5120
Wrishabha Rasi: 16.43	Tithi 9 – 10	<b>Gulika</b>	9:47AM – 10:55AM	<b>Krittika Until 10:28AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:30AM	
		<b>Yama</b>	7:30AM – 8:38AM	<b>Vaidhriti* Until 5:33PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:35PM	Moon 1 - Phase 42
		<b>Rahu</b>	1:11PM – 2:19PM	<b>Taitila Until 9:45PM</b>	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga			<b>Navami* Until 3:67AM Thu</b>	Moon – Yellow		<b>Sivaloka Day</b>
					<b>Magha-Masi</b>		

<b>2</b>		<b>Friday, February 15, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekashyam Titau	Stockholm, Sweden Sun 24 Sutra 306 Vilamba 5120
Mithuna Rasi: 0.33	Tithi 10 – 11	<b>Gulika</b>	8:36AM – 9:45AM	<b>Rohini Until 8:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:28AM	
		<b>Yama</b>	2:20PM – 3:29PM	<b>Vishkambha* Until 4:22PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:38PM	Moon 1 - Phase 42
		<b>Rahu</b>	10:54AM – 12:03PM	<b>Vanija Until 7:45PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			<b>Dashami Until 1:45AM Fri</b>	Moon – Yellow		<b>Sivaloka Day</b>
					<b>Magha-Masi</b>		

<b>3</b>		<b>Saturday, February 16, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Priti Yoga Visti* Karana Ekadashi/Dvadashyam Titau	Stockholm, Sweden Sun 25 Sutra 307 Vilamba 5120
Mithuna Rasi: 14.49	Tithi 11 – 12	<b>Gulika</b>	7:25AM – 8:35AM	<b>Mrigashira Until 6:30AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:25AM	
		<b>Yama</b>	1:12PM – 2:22PM	<b>Priti Until 2:23PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:40PM	Moon 1 - Phase 42
		<b>Rahu</b>	9:44AM – 10:53AM	<b>Visti Until 6:30AM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi Until 6:30AM</b>	Moon – Yellow		<b>Sivaloka Day</b>
					<b>Magha-Masi</b>		

<b>4</b>		<b>Sunday, February 17, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashyam Titau	Stockholm, Sweden Sun 26 Sutra 308 Vilamba 5120
Mithuna Rasi: 29.3	Tithi 13	<b>Gulika</b>	2:23PM – 3:33PM	<b>Ardra Until 12:14AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:22AM	
		<b>Yama</b>	12:03PM – 1:13PM	<b>Ayushman Until 12:09PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 1 - Phase 42
		<b>Rahu</b>	3:33PM – 4:43PM	<b>Kaulava Until 10:27AM Mon</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi Until 7:26PM</b>	Moon – Blue		<b>Devaloka Day</b>
					<b>Magha-Masi</b>		

*Pradosha Vrata*

<b>5</b>		<b>Monday, February 18, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Bava Karana Chaturdashyam Titau	Stockholm, Sweden Sun 27 Sutra 309 Vilamba 5120
Kataka Rasi: 14.3	Tithi 14	<b>Gulika</b>	1:13PM – 2:24PM	<b>Pushya Until 4:48PM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM	
<b>Family Home Evening</b>		<b>Yama</b>	10:52AM – 12:03PM	<b>Saubhagya Until 9:24AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 1 - Phase 42
		<b>Rahu</b>	8:31AM – 9:41AM	<b>Gara Until 6:43AM Tue</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 11:29AM Mon</b>	Moon – Blue		<b>Devaloka Day</b>
		<b>Chidambaram Abhishekam</b>			<b>Magha-Masi</b>		

<b>○</b>		<b>Tuesday, February 19, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau	Stockholm, Sweden Sutra 310 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b>	12:03PM – 1:14PM	<b>Pushya Until 4:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:17AM	
Kataka Rasi: 29.43	Tithi 15 – 16	<b>Yama</b>	9:40AM – 10:51AM	<b>Sobhana Until 6:18AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:48PM	Moon 1 - Phase 42
		<b>Rahu</b>	2:25PM – 3:37PM	<b>Visti Until 2:55AM Wed</b>	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga			<b>Purnima* Until 7:12AM Tue</b>	Moon – Blue		<b>Devaloka Day</b>
					<b>Magha-Masi</b>		

<b>○</b>		<b>Wednesday, February 20, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Stockholm, Sweden Sutra 311 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b>	10:50AM – 12:02PM	<b>Purvaphalguni Until 9:30AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:15AM	
Simha Rasi: 14.58	Tithi 16 – 17	<b>Yama</b>	8:26AM – 9:38AM	<b>Sukarma Until 12:30AM Thu</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:50PM	Moon 1 - Phase 42
		<b>Rahu</b>	12:02PM – 1:14PM	<b>Taitila Until 11:15PM</b>	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga			<b>Prathama* Until 2:52AM Wed</b>	Moon – Red		<b>Devaloka Day</b>
					<b>Magha-Masi</b>		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam

Stockholm, Sweden

Kanya Rasi: 0.06 Tihi 17 - 18

957273367

Gulika 9:37AM - 10:50AM  
Yama 7:12AM - 8:24AM  
Rahu 1:15PM - 2:28PM

Purvaphalguni Until 9:30AM  
Dhriti Until 14:61AM Fri  
Vanija Until 7:53PM  
Dvitiya Until 10:38PM

Ganesha: Clear  
Muruga: Clear  
Nataraja: White  
Moon - Red  
Magha-Masi

Sunrise: 7:12AM  
Sunset: 4:53PM

Sun 1 Sutra 312  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Devaloka Day

Until 9:30AM  
Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Stockholm, Sweden

Kanya Rasi: 14.58 Tihi 18 - 19

967273367

Gulika 8:22AM - 9:36AM  
Yama 2:29PM - 3:42PM  
Rahu 10:49AM - 12:02PM

Hasta Until 1:43AM Sun Sat  
Shula\* Until 7:47PM  
Bava Until 4:57PM  
Tritiya Until 14:61AM Fri

Ganesha: White  
Muruga: Clear  
Nataraja: White  
Moon - Green  
Magha-Masi

Sunrise: 7:09AM  
Sunset: 4:55PM

Sun 2 Sutra 313  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga  
Until 1:43AM Sun Sat  
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\*/Vridhi Yoga Kaulava Karana Panchamyam Titau

Stockholm, Sweden

Kanya Rasi: 29.26 Tihi 20

967273367

Gulika 7:06AM - 8:20AM  
Yama 1:16PM - 2:30PM  
Rahu 9:34AM - 10:48AM

Hasta Until 1:43AM Sun  
Ganda\* Until 6:16PM  
Kaulava Until 2:38PM  
Panchami Until 1:43AM Sun

Ganesha: White  
Muruga: Clear  
Nataraja: White  
Moon - Green  
Magha-Masi

Sunrise: 7:06AM  
Sunset: 4:58PM

Sun 3 Sutra 314  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 1:43AM Sun  
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Vishakha Nakshatra Vriddhi/Dhruva Yoga Gara/Visti\* Karana Shashthyam Titau

Stockholm, Sweden

Tula Rasi: 13.26 Tihi 21

967273367

Gulika 2:31PM - 3:46PM  
Yama 12:02PM - 1:17PM  
Rahu 3:46PM - 5:00PM

Chitra Until 12:33AM Mon  
Vriddhi Until 5:21PM  
Gara Until 11:78AM Mon  
Shashthi\* Until 9:20AM Sun

Ganesha: White  
Muruga: Clear  
Nataraja: White  
Moon - Green  
Magha-Masi

Sunrise: 7:04AM  
Sunset: 5:00PM

Sun 4 Sutra 315  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 12:33AM Mon  
Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Visti\* Karana Saptamyam Titau

Stockholm, Sweden

Tula Rasi: 26.58 Tihi 22

977273367

Gulika 1:17PM - 2:32PM  
Yama 10:47AM - 12:02PM  
Rahu 8:16AM - 9:31AM

Svati Until 12:14AM Tue  
Dhruva Until 5:71AM Tue  
Visti Until 12:18PM  
Saptami Until 12:14AM Tue

Ganesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Orange  
Magha-Masi

Sunrise: 7:01AM  
Sunset: 5:03PM

Sun 5 Sutra 316  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Devaloka Day

Family Home Evening  
Routine Work Marana Yoga  
Until 12:14AM Tue  
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Taitila Karana Ashtamyam Titau

Stockholm, Sweden

Vrischika Rasi: 10.02 Tihi 23

977273367

Gulika 12:02PM - 1:18PM  
Yama 9:30AM - 10:46AM  
Rahu 2:34PM - 3:49PM

Vishakha Until 12:47AM Wed  
Vyaghata\* Until 6:29PM  
Balava Until 12:83AM Wed  
Ashtami\* Until 5:71AM Tue

Ganesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Orange  
Magha-Masi

Sunrise: 6:58AM  
Sunset: 5:05PM

Sun 6 Sutra 317  
Vilamba 5120  
Moon 2 - Phase 43  
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\* Yoga Taitila/Vanija Karana Navamyam Titau

Stockholm, Sweden

Vrischika Rasi: 22.41 Tihi 24

978273367

Gulika 10:45AM - 12:02PM  
Yama 8:12AM - 9:28AM  
Rahu 12:02PM - 1:18PM

Anuradha Until 2:08AM Thu  
Vajra\* Until 8:01PM  
Taitila Until 14:65AM Thu  
Navami\* Until 5:39AM Wed

Ganesha: Blue  
Muruga: Clear  
Nataraja: White  
Moon - Orange  
Magha-Masi

Sunrise: 6:55AM  
Sunset: 5:08PM

Sun 7 Sutra 318  
Vilamba 5120  
Moon 2 - Phase 43  
Navami

Sivaloka Day

Creative Work Siddha Yoga

<b>1</b>		<b>Thursday, February 28, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Stockholm, Sweden	
Dhanus Rasi: 4.59		Tithi 25		988273367		Jyeshtha*/Mula* Nakshatra Siddhi Yoga Vanija/Bava Karana Dashamyam Titau		Sun 8 Sutra 319	
Creative Work		Siddha Yoga		Until 4:07AM Fri		Then Routine Work - Prabalarishta Yoga		Vilamba 5120	
		Gulika 9:27AM - 10:44AM		Jyeshtha* Until 4:07AM Fri		Ganesha: Red		Sunrise: 6:53AM	
		Yama 6:53AM - 8:10AM		Siddhi Until 1:22AM Sat Fri		Muruga: Clear		Sunset: 5:10PM	
		Rahu 1:19PM - 2:36PM		Vanija Until 17:19AM Fri		Nataraja: White		Moon 2 - Phase 44	
				Dashami Until 5:39AM Thu		Moon - Light Blue		2nd Phase	
						Magha-Masi		Devaloka Day	

<b>2</b>		<b>Friday, March 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Stockholm, Sweden	
Dhanus Rasi: 17.03		Tithi 26		988273367		Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Kaulava Karana Ekadashyam Titau		Sun 9 Sutra 320	
Routine Work		Prabalarishta Yoga		Until 6:34AM Sat		Then Routine Work - Marana Yoga		Vilamba 5120	
		Gulika 8:05AM - 9:24AM		Mula* Until 6:34AM Sat		Ganesha: Red		Sunrise: 6:47AM	
		Yama 2:38PM - 3:57PM		Siddhi Until 1:22AM Sat		Muruga: Clear		Sunset: 5:15PM	
		Rahu 10:42AM - 12:01PM		Bava Until 19:55AM Sat		Nataraja: White		Moon 2 - Phase 44	
				Ekadashi* Until 6:09AM Fri		Moon - Light Blue		2nd Phase	
						Magha-Masi		Devaloka Day	

<b>3</b>		<b>Saturday, March 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Stockholm, Sweden	
Dhanus Rasi: 28.56		Tithi 26 - 27		988273367		Purvashadha*/Uttarashadha Nakshatra Varyan/Parigaha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 321	
Routine Work		Marana Yoga		Until 6:34AM		Then Creative Work - Siddha Yoga		Vilamba 5120	
		Gulika 6:44AM - 8:03AM		Purvashadha* Until 6:34AM		Ganesha: Red		Sunrise: 6:44AM	
		Yama 1:20PM - 2:39PM		Vyatipata* Until 7:58AM Sun		Muruga: Clear		Sunset: 5:18PM	
		Rahu 9:22AM - 10:42AM		Kaulava Until 7:55PM		Nataraja: White		Moon 2 - Phase 44	
				Ekadashi* Until 6:59AM Sat		Moon - Light Blue		2nd Phase	
						Magha-Masi		Devaloka Day	

<b>4</b>		<b>Sunday, March 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stockholm, Sweden	
Makara Rasi: 10.44		Tithi 27 - 28		998273367		Uttarashadha*/Shravana Nakshatra Varyan/Parigaha* Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 322	
Creative Work		Amrita Yoga		Until 9:15AM		Then Routine Work - Marana Yoga		Vilamba 5120	
		Gulika 2:40PM - 4:00PM		Uttarashadha Until 9:15AM		Ganesha: Yellow		Sunrise: 6:41AM	
		Yama 12:01PM - 1:20PM		Varyan Until 7:40AM Mon		Muruga: Clear		Sunset: 5:20PM	
		Rahu 4:00PM - 5:20PM		Vanija Until 12:00AM Mon		Nataraja: White		Moon 2 - Phase 44	
				Dvadashi* Until 9:15AM		Moon - Purple		2nd Phase	
						Magha-Masi		Devaloka Day	
								<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Monday, March 4, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Stockholm, Sweden	
Makara Rasi: 22.3		Tithi 28 - 29		998273367		Shravana*/Dhanishtha Nakshatra Parigaha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 323	
Family Home Evening		Creative Work		Amrita Yoga		Until 2:39PM Tue		Then Creative Work - Siddha Yoga	
		Gulika 1:21PM - 2:41PM		Shravana Until 2:39PM Tue		Ganesha: Yellow		Sunrise: 6:38AM	
		Yama 10:40AM - 12:00PM		Parigaha* Until 7:40AM		Muruga: Clear		Sunset: 5:22PM	
		Rahu 7:59AM - 9:19AM		Visti Until 1:22AM Tue		Nataraja: White		Moon 2 - Phase 44	
				Trayodashi* Until 9:02AM Mon		Moon - Purple		2nd Phase	
						Magha-Masi		Devaloka Day	

<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Stockholm, Sweden	
Kumbha Rasi: 4.17		Tithi 29 - 30		199273367		Shravana*/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 324	
Creative Work		Siddha Yoga		Until 2:39PM		Then Routine Work - Marana Yoga		Vilamba 5120	
		Gulika 12:00PM - 1:21PM		Shravana Until 2:39PM		Ganesha: Clear		Sunrise: 6:35AM	
		Yama 9:18AM - 10:39AM		Shiva Until 10:53AM Wed		Muruga: Clear		Sunset: 5:25PM	
		Rahu 2:43PM - 4:04PM		Catuspada Until 3:56AM Wed		Nataraja: White		Moon 2 - Phase 44	
				Mahasivaratri (Lunar)		Moon - Purple		Amavasya	
				Mahasivaratri (Solar)		Magha-Masi		Devaloka Day	

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Stockholm, Sweden	
Kumbha Rasi: 16.09		Tithi 30 - 1		199273367		Dhanishtha*/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 325	
Creative Work		Siddha Yoga		Until 5:06PM		Then Creative Work - Amrita Yoga		Vilamba 5120	
		Gulika 10:38AM - 12:00PM		Dhanishtha Until 5:06PM		Ganesha: Clear		Sunrise: 6:33AM	
		Yama 7:54AM - 9:16AM		Siddha Until 10:92AM Thu		Muruga: Clear		Sunset: 5:27PM	
		Rahu 12:00PM - 1:22PM		Kintughna Until 6:14AM Thu		Nataraja: White		Moon 2 - Phase 44	
				Amavasya* Until 10:53AM Wed		Moon - Purple		Prathama	
						Phalguna-Masi		Devaloka Day	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna*/Kaulava Karana Prathamayam Titau		Stockholm, Sweden Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 28.07	Tithi 1	<b>Gulika</b> 9:15AM – 10:37AM	<b>Shatabhishak</b> Until 7:15PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:30AM	<i>Sunset:</i> 5:30PM	Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	<b>Yama</b> 6:30AM – 7:52AM	<b>Sadhya</b> Until 4:24PM	<b>Muruga:</b> Clear		<b>Devaloka Day</b>	
		119373367 <b>Rahu</b> 1:22PM – 2:45PM	<b>Kintughna</b> Until 6:14AM	<b>Nataraja:</b> White			
			<b>Prathama*</b> Until 7:15PM	<b>Phalguna-Masi</b>			
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Taitila Karana Dvitiyayam Titau		Stockholm, Sweden Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 10.11	Tithi 2	<b>Gulika</b> 7:50AM – 9:13AM	<b>Purvaproshtapada*</b> Until 9:04PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:27AM	<i>Sunset:</i> 5:32PM	Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	<b>Yama</b> 2:46PM – 4:09PM	<b>Subha</b> Until 6:46PM	<b>Muruga:</b> Clear		<b>Devaloka Day</b>	
		119373367 <b>Rahu</b> 10:36AM – 11:59AM	<b>Balava</b> Until 9:53AM Sat	<b>Nataraja:</b> White			
			<b>Dvitiya</b> Until 11:58AM Fri	<b>Phalguna-Masi</b>			
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Taitila/Vanija Karana Tritiyayam Titau		Stockholm, Sweden Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 22.23	Tithi 3	<b>Gulika</b> 6:24AM – 7:48AM	<b>Uttaraproshtapada</b> Until 10:33PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:24AM	<i>Sunset:</i> 5:35PM	Moon 2 - Phase 45 3rd Phase	
Routine Work	Prabalarishta Yoga	<b>Yama</b> 1:23PM – 2:47PM	<b>Sukla</b> Until 8:38PM	<b>Muruga:</b> Clear		<b>Devaloka Day</b>	
Until 10:33PM		119373367 <b>Rahu</b> 9:12AM – 10:35AM	<b>Taitila</b> Until 10:69AM Sun	<b>Nataraja:</b> White			
Then Creative Work - Siddha Yoga			<b>Tritiya</b> Until 12:07AM Sat	<b>Phalguna-Masi</b>			
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturthyam Titau		Stockholm, Sweden Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 4.45	Tithi 4	<b>Gulika</b> 2:48PM – 4:12PM	<b>Revati</b> Until 11:38PM	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:21AM	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	<b>Yama</b> 11:59AM – 1:23PM	<b>Brahma</b> Until 10:27PM	<b>Muruga:</b> Clear		<b>Devaloka Day</b>	
Until 11:38PM		129373367 <b>Rahu</b> 4:12PM – 5:37PM	<b>Vanija</b> Until 11:61AM Mon	<b>Nataraja:</b> White			
Then Routine Work - Prabalarishta Yoga			<b>Chaturthi*</b> Until 11:59AM Sun	<b>Phalguna-Masi</b>			
			<b>Subramuniyaswami Siva Vision Day</b>				
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau		Stockholm, Sweden Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 17.17	Tithi 5	<b>Gulika</b> 1:24PM – 2:49PM	<b>Ashvini</b> Until 12:16AM Tue	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:18AM	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 45 3rd Phase	
Family Home Evening		<b>Yama</b> 10:34AM – 11:59AM	<b>Indra</b> Until 11:41PM	<b>Muruga:</b> Clear		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga	129373367 <b>Rahu</b> 7:43AM – 9:08AM	<b>Bava</b> Until 12:25AM Tue	<b>Nataraja:</b> White			
			<b>Panchami</b> Until 11:34AM Mon	<b>Phalguna-Masi</b>			
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkamba* Yoga Kaulava/Gara Karana Shashthyam Titau		Stockholm, Sweden Sun 20 Sutra 331 Vilamba 5120	
Vrishabha Rasi: 0.02	Tithi 6	<b>Gulika</b> 11:58AM – 1:24PM	<b>Bharani</b> Until 12:24AM Wed	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:15AM	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	<b>Yama</b> 9:07AM – 10:33AM	<b>Vaidhriti*</b> Until 12:17AM Wed	<b>Muruga:</b> Clear		<b>Devaloka Day</b>	
		129373367 <b>Rahu</b> 2:50PM – 4:16PM	<b>Kaulava</b> Until 11:77AM Wed	<b>Nataraja:</b> White			
			<b>Shashthi*</b> Until 10:45AM Tue	<b>Phalguna-Masi</b>			
<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vishkamba*/Priti Yoga Gara/Visi* Karana Saptamyam Titau		Stockholm, Sweden Sun 21 Sutra 332 Vilamba 5120	
Vrishabha Rasi: 13.01	Tithi 7	<b>Gulika</b> 10:32AM – 11:58AM	<b>Krittika</b> Until 11:59PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:12AM	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	<b>Yama</b> 7:39AM – 9:05AM	<b>Vishkamba*</b> Until 12:39AM Thu	<b>Muruga:</b> Clear		<b>Sivaloka Day</b>	
		131373367 <b>Rahu</b> 11:58AM – 1:25PM	<b>Gara</b> Until 11:33AM Thu	<b>Nataraja:</b> White			
			<b>Saptami</b> Until 9:33AM Wed	<b>Phalguna-Masi</b>			
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Balava Karana Ashtamyam Titau		Stockholm, Sweden Sun 22 Sutra 333 Vilamba 5120	
Vrishabha Rasi: 26.19	Tithi 8	<b>Gulika</b> 9:04AM – 10:31AM	<b>Rohini</b> Until 10:56PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:09AM	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 45 Ashtami	
Routine Work	Marana Yoga	<b>Yama</b> 6:09AM – 7:37AM	<b>Priti</b> Until 12:15AM Fri	<b>Muruga:</b> Clear		<b>Sivaloka Day</b>	
		131373367 <b>Rahu</b> 1:25PM – 2:52PM	<b>Visti</b> Until 9:72AM Fri	<b>Nataraja:</b> White			
			<b>Ashtami*</b> Until 7:54AM Thu	<b>Phalguna-Masi</b>			
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Balava/Taitila Karana Navamyam Titau		Stockholm, Sweden Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 9.57	Tithi 9	<b>Gulika</b> 7:34AM – 9:02AM	<b>Mrigashira</b> Until 9:17PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:06AM	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 45 Navami	
Creative Work	Siddha Yoga	<b>Yama</b> 2:53PM – 4:21PM	<b>Saubhagya</b> Until 2:65AM Sat	<b>Muruga:</b> Clear		<b>Subha Sivaloka Day</b>	
		131373367 <b>Rahu</b> 10:30AM – 11:58AM	<b>Balava</b> Until 7:74AM Sat	<b>Nataraja:</b> Clear			
			<b>Navami*</b> Until 5:44AM Fri	<b>Phalguna-Panguni</b>			
		<b>Karadaiyan Nombu (Tamil Nadu)</b>					

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time


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<b>1</b>		<b>Saturday, March 16, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau		Stockholm, Sweden Sun 24 Sutra 335 Vilamba 5120	
Mithuna Rasi: 23.58	Tithi 10	<b>Gulika</b>	6:04AM – 7:32AM	<b>Punarvasu Until 9:41PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:04AM			
		Yama	1:26PM – 2:54PM	Sobhana Until 12:00AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:51PM		Moon 2 - Phase 46	
Creative Work	Siddha Yoga	141373368 <b>Rahu</b>	9:00AM – 10:29AM	Tailila Until 8:14AM	<b>Nataraja:</b> Clear			4th Phase	
				<b>Dashami Until 7:02PM</b>	Moon – Blue		<b>Sivaloka Day</b>		
					<b>Phalguna•Panguni</b>				

<b>2</b>		<b>Sunday, March 17, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti* Karana Ekadashi/Dvadashyam Titau		Stockholm, Sweden Sun 25 Sutra 336 Vilamba 5120	
Kataka Rasi: 8.21	Tithi 11 – 12	<b>Gulika</b>	2:55PM – 4:24PM	<b>Pushya Until 1:07PM Mon</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:01AM			
		Yama	11:57AM – 1:26PM	Athiganda* Until 8:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:54PM		Moon 2 - Phase 46	
Creative Work	Siddha Yoga	141373368 <b>Rahu</b>	4:24PM – 5:54PM	Visti Until 4:16PM	<b>Nataraja:</b> Clear			4th Phase	
				<b>Ekadashi Until 4:16PM</b>	Moon – Blue		<b>Sivaloka Day</b>		
					<b>Phalguna•Panguni</b>				

<b>3</b>		<b>Monday, March 18, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 26 Sutra 337 Vilamba 5120	
Kataka Rasi: 23.04	Tithi 12 – 13	<b>Gulika</b>	1:27PM – 2:56PM	<b>Pushya Until 1:07PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:58AM			
<b>Family Home Evening</b>		Yama	10:27AM – 11:57AM	Sukarma Until 12:40AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:56PM		Moon 2 - Phase 46	
Creative Work	Siddha Yoga	141373368 <b>Rahu</b>	7:27AM – 8:57AM	Kaulava Until 11:26PM	<b>Nataraja:</b> Clear			4th Phase	
Until 1:07PM				<b>Dvadashi Until 8:29PM</b>	Moon – Blue		<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga					<b>Phalguna•Panguni</b>				
				<i>Pradosha Vrata</i>					

<b>4</b>		<b>Tuesday, March 19, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 27 Sutra 338 Vilamba 5120	
Simha Rasi: 8.01	Tithi 13 – 14	<b>Gulika</b>	11:56AM – 1:27PM	<b>Magha* Until 2:27PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:55AM			
		Yama	8:56AM – 10:26AM	Dhriti Until 12:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:58PM		Moon 2 - Phase 46	
Creative Work	Siddha Yoga	151373368 <b>Rahu</b>	2:57PM – 4:28PM	Gara Until 7:56PM	<b>Nataraja:</b> Clear			4th Phase	
				<b>Trayodashi Until 12:40AM Tue</b>	Moon – Red		<b>Subha Sivaloka Day</b>		
					<b>Phalguna•Panguni</b>				

		<b>Wednesday, March 20, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Balava Karana Chaturdashi/Purnimayam Titau		Stockholm, Sweden Sun 28 Sutra 339 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b>	10:25AM – 11:56AM	<b>Purvaphalguni Until 11:40AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:52AM			
Simha Rasi: 23.05	Tithi 14 – 15	Yama	7:23AM – 8:54AM	Shula* Until 11:40AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:01PM		Moon 2 - Phase 46	
Creative Work	Amrita Yoga	151373368 <b>Rahu</b>	11:56AM – 1:27PM	Balava Until 4:23PM	<b>Nataraja:</b> Clear			Purnima	
				<b>Chaturdashi* Until 12:40PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>		
		<b>Panguni Uttiram</b>			<b>Phalguna•Panguni</b>				
		<b>Holi</b>							

<b>Thursday, March 21, 2019</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Tailila Karana Prathamayam Titau		Stockholm, Sweden Sun 29 Sutra 340 Vilamba 5120	
Kanya Rasi: 8.08	Tithi 16	<b>Gulika</b>	8:52AM – 10:24AM	<b>Uttaraphalguni Until 8:50AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:49AM			
		Yama	5:49AM – 7:21AM	Vriddhi Until 12:41AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 6:03PM		Moon 2 - Phase 46	
	Amrita Yoga	151383368 <b>Rahu</b>	1:28PM – 2:59PM	Balava Until 9:49AM Fri	<b>Nataraja:</b> Clear			Prathama	
Until 8:50AM				<b>Prathama* Until 4:31AM Thu</b>	Moon – Red		<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga					<b>Phalguna•Panguni</b>				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 341

Kanya Rasi: 22.59 Tihti 17

Gulika 7:18AM – 8:51AM  
Yama 3:00PM – 4:33PM  
Rahu 10:23AM – 11:56AMHasta Until 6:02PM Sat  
Dhruva Until 9:08PM  
Taitila Until 9:49AM  
Dvitiya Until 8:24PMGanesha: Yellow Sunrise: 5:46AM  
Muruga: White Sunset: 6:05PM  
Nataraja: Clear  
Moon – Green  
Phalgunapanguni

Devaloka Day

Creative Work Amrita Yoga

Until 6:02PM Sat

Then Creative Work - Siddha Yoga

**1** Saturday, March 23, 2019Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stockholm, Sweden

Sun 2 Sutra 342

Tula Rasi: 7.31 Tihti 18

Gulika 5:43AM – 7:16AM  
Yama 1:28PM – 3:01PM  
Rahu 8:49AM – 10:22AMHasta Until 6:02PM  
Vyaghata\* Until 15:33AM Sun  
Vanija Until 5:07AM Sun  
Tritiya Until 9:08PMGanesha: Blue Sunrise: 5:43AM  
Muruga: White Sunset: 6:08PM  
Nataraja: Clear  
Moon – Green  
Phalgunapanguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

**2** Sunday, March 24, 2019Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden

Sun 3 Sutra 343

Tula Rasi: 21.38 Tihti 19 – 20

Gulika 3:03PM – 4:36PM  
Yama 11:55AM – 1:29PM  
Rahu 4:36PM – 6:10PMVishakha Until 2:31AM Mon  
Harshana Until 2:31AM Mon  
Taitila Until 15:29AM Mon  
Chaturthi\* Until 4:21PMGanesha: Red Sunrise: 5:40AM  
Muruga: White Sunset: 6:10PM  
Nataraja: Clear  
Moon – Orange  
Phalgunapanguni

Devaloka Day

Routine Work Marana Yoga

Until 2:31AM Mon

Then Creative Work - Siddha Yoga

**3** Monday, March 25, 2019Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Stockholm, Sweden

Sun 4 Sutra 344

Vrischika Rasi: 5.16 Tihti 20 – 21

Family Home Evening

Gulika 1:29PM – 3:04PM  
Yama 10:20AM – 11:55AM  
Rahu 7:11AM – 8:46AMAnuradha Until 2:43AM Tue  
Vajra\* Until 1:41PM  
Gara Until 3:24AM Tue  
Panchami Until 3:29PMGanesha: Red Sunrise: 5:37AM  
Muruga: White Sunset: 6:12PM  
Nataraja: Clear  
Moon – Orange  
Phalgunapanguni

Devaloka Day

Creative Work Siddha Yoga

Until 2:43AM Tue

Then Routine Work - Marana Yoga

**4** Tuesday, March 26, 2019Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden

Sun 5 Sutra 345

Vrischika Rasi: 18.26 Tihti 21 – 22

Gulika 11:54AM – 1:29PM  
Yama 8:44AM – 10:19AM  
Rahu 3:05PM – 4:40PMJyeshtha\* Until 3:37AM Wed  
Siddhi Until 12:31PM  
Visti Until 3:52AM Wed  
Shashthi\* Until 3:30PMGanesha: Red Sunrise: 5:34AM  
Muruga: White Sunset: 6:15PM  
Nataraja: Clear  
Moon – Orange  
Phalgunapanguni

Devaloka Day

Routine Work Marana Yoga

**5** Wednesday, March 27, 2019Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden

Sun 6 Sutra 346

Dhanus Rasi: 1.09 Tihti 22 – 23

Gulika 10:18AM – 11:54AM  
Yama 7:07AM – 8:43AM  
Rahu 11:54AM – 1:30PMMula\* Until 6:04PM Thu  
Vyatipata\* Until 12:02PM  
Balava Until 4:70AM Thu  
Saptami Until 12:31PMGanesha: Green Sunrise: 5:31AM  
Muruga: White Sunset: 6:17PM  
Nataraja: Clear  
Moon – Light Blue  
Phalgunapanguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 6:04PM Thu

Then Creative Work - Siddha Yoga

**D** Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava Karana Ashtamyam Titau

Stockholm, Sweden

Sun 7 Sutra 347

Dhanus Rasi: 13.3 Tihti 23

Gulika 8:41AM – 10:17AM  
Yama 5:28AM – 7:05AM  
Rahu 1:30PM – 3:07PMMula\* Until 6:04PM  
Variyan Until 12:45AM Fri  
Kaulava Until 7:09AM Fri  
Ashtami\* Until 12:02PMGanesha: Green Sunrise: 5:28AM  
Muruga: White Sunset: 6:19PM  
Nataraja: Clear  
Moon – Light Blue  
Phalgunapanguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 6:04PM

Then Routine Work - Marana Yoga

**Friday, March 29, 2019**

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Stockholm, Sweden

Sun 8 Sutra 348

Dhanus Rasi: 25.35 Tihti 24

Gulika 7:02AM – 8:39AM  
Yama 3:08PM – 4:45PM  
Rahu 10:16AM – 11:53AMPurvashadha\* Until 8:10AM  
Parigha\* Until 12:45PM  
Taitila Until 7:09AM  
Navami\* Until 8:19PMGanesha: Green Sunrise: 5:25AM  
Muruga: Yellow Sunset: 6:22PM  
Nataraja: Purple  
Moon – Light Blue  
Phalgunapanguni

Devaloka Day

Routine Work Prabalarishta Yoga

Until 8:10AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Saturday, March 30, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Stockholm, Sweden Sun 9 Sutra 349 Vilamba 5120
Makara Rasi: 7.28	Tithi 25	<b>Gulika</b>	5:22AM – 7:00AM	<b>Uttarashadha Until 10:57AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:22AM	
		Yama	1:31PM – 3:09PM	Shiva Until 1:42PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:24PM	
		182383468 <b>Rahu</b>	8:38AM – 10:15AM	Vanija Until 11:77AM Sun	<b>Nataraja:</b> Purple	Moon 3 - Phase 48	
Routine Work	Marana Yoga			<b>Dashami Until 12:45PM</b>	Moon – Light Blue	2nd Phase	
Until 10:57AM					<b>Phalguna•Panguni</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, March 31, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Stockholm, Sweden Sun 10 Sutra 350 Vilamba 5120
Makara Rasi: 19.16	Tithi 26	<b>Gulika</b>	3:10PM – 4:48PM	<b>Shravana Until 2:17PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:19AM	
		Yama	11:53AM – 1:31PM	Siddha Until 2:45PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:26PM	
		192383468 <b>Rahu</b>	4:48PM – 6:26PM	Bava Until 12:17PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 48	
Creative Work	Amrita Yoga			<b>Ekadashi* Until 1:36AM Mon</b>	Moon – Purple	2nd Phase	
Until 2:17PM					<b>Phalguna•Panguni</b>	<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, April 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Stockholm, Sweden Sun 11 Sutra 351 Vilamba 5120
Kumbha Rasi: 1.02	Tithi 27	<b>Gulika</b>	1:31PM – 3:10PM	<b>Dhanishtha Until 5:25PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:19AM	
<b>Family Home Evening</b>		Yama	10:14AM – 11:53AM	Sadhya Until 3:47PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:26PM	
		192483468 <b>Rahu</b>	6:58AM – 8:36AM	Kaulava Until 2:56PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			<b>Dvadashi* Until 4:11AM Tue</b>	Moon – Purple	2nd Phase	
					<b>Phalguna•Panguni</b>	<b>Subha Sivaloka Day</b>	

<b>4</b>		<b>Tuesday, April 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau	Stockholm, Sweden Sun 12 Sutra 352 Vilamba 5120
Kumbha Rasi: 12.52	Tithi 28	<b>Gulika</b>	11:53AM – 1:32PM	<b>Shatabhishak Until 8:10PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:16AM	
		Yama	8:34AM – 10:14AM	Subha Until 4:41PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:29PM	
		192483468 <b>Rahu</b>	3:11PM – 4:50PM	Gara Until 5:23PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 48	
Routine Work	Marana Yoga			<b>Trayodashi* Until 6:28AM Wed</b>	Moon – Purple	2nd Phase	
					<b>Phalguna•Panguni</b>	<b>Subha Sivaloka Day</b>	

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Wednesday, April 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija Karana Trayodashi/Chaturdashyam Titau	Stockholm, Sweden Sun 13 Sutra 353 Vilamba 5120
Kumbha Rasi: 24.49	Tithi 28 – 29	<b>Gulika</b>	10:13AM – 11:52AM	<b>Purvaproshtapada* Until 10:55PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:13AM	
		Yama	6:53AM – 8:33AM	Sukla Until 5:17PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:31PM	
		112483468 <b>Rahu</b>	11:52AM – 1:32PM	Vanija Until 6:28AM	<b>Nataraja:</b> Purple	Moon 3 - Phase 48	
Creative Work	Amrita Yoga			<b>Trayodashi* Until 6:28AM</b>	Moon – Clear	2nd Phase	
Until 10:55PM					<b>Phalguna•Panguni</b>	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>●</b>		<b>Thursday, April 4, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Stockholm, Sweden Sun 14 Sutra 354 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	8:31AM – 10:12AM	<b>Uttaraproshtapada Until 1:06AM Fri</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:10AM	
Meena Rasi: 6.55	Tithi 29 – 30	Yama	5:10AM – 6:51AM	Brahma Until 5:36PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:34PM	
		112483468 <b>Rahu</b>	1:32PM – 3:13PM	Catuspada Until 9:11PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:22AM</b>	Moon – Clear	Amavasya	
					<b>Phalguna•Panguni</b>	<b>Sivaloka Day</b>	

<b>Friday, April 5, 2019</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Stockholm, Sweden Sun 15 Sutra 355 Vilamba 5120
Meena Rasi: 19.11	Tithi 30 – 1	<b>Gulika</b>	6:49AM – 8:30AM	<b>Revati Until 2:42AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:08AM	
		Yama	3:14PM – 4:55PM	Indra Until 5:37PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:36PM	
		112483468 <b>Rahu</b>	10:11AM – 11:52AM	Kintughna Until 10:27PM	<b>Nataraja:</b> Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			<b>Amavasya* Until 9:51AM</b>	Moon – Clear	Prathama	
		<b>Yugadhi</b>			<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>	

<b>1</b> <b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stockholm, Sweden Sun 16 Sutra 356
Mesha Rasi: 1.38	Tithi 1 – 2	<b>Gulika</b> 5:05AM – 6:46AM	<b>Ashvini Until 11:31AM Sun</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:05AM		Vilamba 5120
		Yama 1:33PM – 3:15PM	Vaidhriti* Until 5:15PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:38PM		Moon 3 - Phase 49
		123483468 <b>Rahu</b> 8:28AM – 10:10AM	Balava Until 11:17PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Prathama* Until 10:54AM</b>	Moon – White	<b>Devaloka Day</b>	
Until 11:31AM Sun		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2</b> <b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stockholm, Sweden Sun 17 Sutra 357
Mesha Rasi: 14.16	Tithi 2 – 3	<b>Gulika</b> 3:16PM – 4:58PM	<b>Ashvini Until 11:31AM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:02AM		Vilamba 5120
		Yama 11:51AM – 1:33PM	Vishkambha* Until 15:40AM Mon	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:41PM		Moon 3 - Phase 49
		123483468 <b>Rahu</b> 4:58PM – 6:41PM	Taitila Until 11:42PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Prabalarishta Yoga			<b>Dvitiya Until 11:31AM</b>	Moon – White	<b>Devaloka Day</b>	
Until 11:31AM				<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>3</b> <b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Stockholm, Sweden Sun 18 Sutra 358
Mesha Rasi: 27.05	Tithi 3 – 4	<b>Gulika</b> 1:34PM – 3:17PM	<b>Krittika Until 5:39AM Tue</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:59AM		Vilamba 5120
<b>Family Home Evening</b>		Yama 10:08AM – 11:51AM	Priti Until 3:40PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:43PM		Moon 3 - Phase 49
		123483468 <b>Rahu</b> 6:42AM – 8:25AM	Vanija Until 11:45PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Marana Yoga			<b>Tritiya Until 11:45AM</b>	Moon – White	<b>Devaloka Day</b>	
Until 5:39AM Tue				<b>Chaitra•Panguni</b>		
Then Creative Work - Amrita Yoga						

<b>4</b> <b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stockholm, Sweden Sun 19 Sutra 359
Vrishabha Rasi: 10.05	Tithi 4 – 5	<b>Gulika</b> 11:51AM – 1:34PM	<b>Rohini Until 6:03AM Wed</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:56AM		Vilamba 5120
		Yama 8:23AM – 10:07AM	Ayushman Until 2:25PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:45PM		Moon 3 - Phase 49
		123483468 <b>Rahu</b> 3:18PM – 5:02PM	Bava Until 11:26PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Amrita Yoga			<b>Chaturthi* Until 11:37AM</b>	Moon – Yellow	<b>Sivaloka Day</b>	
Until 6:03AM Wed				<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>5</b> <b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stockholm, Sweden Sun 20 Sutra 360
Vrishabha Rasi: 23.17	Tithi 5 – 6	<b>Gulika</b> 10:06AM – 11:50AM	<b>Rohini Until 6:03AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:53AM		Vilamba 5120
		Yama 6:37AM – 8:22AM	Saubhagya Until 12:53PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:48PM		Moon 3 - Phase 49
		123483468 <b>Rahu</b> 11:50AM – 1:35PM	Kaulava Until 10:44PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 11:07AM</b>	Moon – Yellow	<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>		

<b>6</b> <b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 21 Sutra 361
Mithuna Rasi: 6.41	Tithi 6 – 7	<b>Gulika</b> 8:20AM – 10:05AM	<b>Ardra Until 5:16AM Fri</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:50AM		Vilamba 5120
		Yama 4:50AM – 6:35AM	Sobhana Until 11:04AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:50PM		Moon 3 - Phase 49
		123483468 <b>Rahu</b> 1:35PM – 3:20PM	Gara Until 9:39PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Marana Yoga			<b>Shashthi* Until 10:14AM</b>	Moon – Yellow	<b>Sivaloka Day</b>	
Until 5:16AM Fri				<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau				Stockholm, Sweden Sun 22 Sutra 362
<b>Retreat Star</b>		<b>Gulika</b> 6:33AM – 8:18AM	<b>Punarvasu Until 4:29AM Sat</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 4:47AM		Vilamba 5120
Mithuna Rasi: 20.19	Tithi 7 – 8	Yama 3:21PM – 5:07PM	Athiganda* Until 4:29AM Sat	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:52PM		Moon 3 - Phase 49
		143483468 <b>Rahu</b> 10:04AM – 11:50AM	Bava Until 6:73AM Sat	<b>Nataraja:</b> Purple		Ashtami
Creative Work Siddha Yoga			<b>Saptami Until 8:56AM</b>	Moon – Blue	<b>Devaloka Day</b>	
				<b>Chaitra•Panguni</b>		

<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stockholm, Sweden Sun 23 Sutra 363
<b>Retreat Star</b>		<b>Gulika</b> 4:44AM – 6:31AM	<b>Pushya Until 2:37AM Mon Sun</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 4:44AM		Vilamba 5120
Kataka Rasi: 4.12	Tithi 8 – 9	Yama 1:36PM – 3:22PM	Sukarma Until 6:23AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:55PM		Moon 3 - Phase 49
		143483468 <b>Rahu</b> 8:17AM – 10:03AM	Balava Until 6:13PM	<b>Nataraja:</b> Purple		Navami
Creative Work Siddha Yoga			<b>Ashtami* Until 7:13AM</b>	Moon – Blue	<b>Devaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Stockholm, Sweden Sun 24 Sutra 364
Kataka Rasi: 18.21	Tithi 10	<b>Gulika</b> 3:23PM – 5:10PM	<b>Pushya Until 2:37AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:41AM	Vikarin 5121	
		Yama 11:49AM – 1:36PM	Shula* Until 20:65AM Mon	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:57PM	Moon 3 - Phase 1	
		143483468 <b>Rahu</b> 5:10PM – 6:57PM	Taitila Until 12:76AM Mon	<b>Nataraja:</b> Purple	4th Phase	
Creative Work Siddha Yoga			<b>Dashami Until 6:23AM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 2:37AM Mon		<b>Tamil New Year</b>		<b>Chaitra•Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Stockholm, Sweden Sun 25 Sutra 1
Simha Rasi: 2.44	Tithi 11	<b>Gulika</b> 1:37PM – 3:24PM	<b>Magha* Until 11:27PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:38AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:01AM – 11:49AM	Ganda* Until 9:05PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:59PM	Moon 3 - Phase 1	
253483468 <b>Rahu</b> 6:26AM – 8:14AM			Vanija Until 1:16PM	<b>Nataraja:</b> Purple	4th Phase	
Routine Work Marana Yoga			<b>Ekadashi Until 11:50PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 11:27PM				<b>Chaitra•Chaitra</b>		
Then Creative Work - Siddha Yoga						

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Stockholm, Sweden Sun 26 Sutra 2
Simha Rasi: 17.19	Tithi 12	<b>Gulika</b> 11:49AM – 1:37PM	<b>Purvaphalguni Until 9:16PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:36AM	Vikarin 5121	
		Yama 8:12AM – 10:00AM	Vriddhi Until 5:33PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:02PM	Moon 3 - Phase 1	
253483468 <b>Rahu</b> 3:25PM – 5:13PM			Bava Until 10:23AM	<b>Nataraja:</b> Purple	4th Phase	
Creative Work Siddha Yoga			<b>Dvadashi Until 8:52PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 9:16PM				<b>Chaitra•Chaitra</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 27 Sutra 3
Kanya Rasi: 2.01	Tithi 13 – 14	<b>Gulika</b> 10:00AM – 11:48AM	<b>Uttaraphalguni Until 6:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:33AM	Vikarin 5121	
		Yama 6:22AM – 8:11AM	Dhruva Until 1:56PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:04PM	Moon 3 - Phase 1	
253483468 <b>Rahu</b> 11:48AM – 1:37PM			Kaulava Until 7:22AM	<b>Nataraja:</b> Purple	4th Phase	
Creative Work Amrita Yoga			<b>Trayodashi Until 5:50PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 6:53PM				<b>Chaitra•Chaitra</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

<b>○ Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stockholm, Sweden Sutra 4
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:09AM – 9:59AM	<b>Hasta Until 4:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:30AM	Vikarin 5121	
Kanya Rasi: 16.42	Tithi 14 – 15	Yama 4:30AM – 6:19AM	Vyaghata* Until 10:22AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:07PM	Moon 3 - Phase 1	
263483468 <b>Rahu</b> 1:38PM – 3:27PM			Visti Until 1:30AM Fri	<b>Nataraja:</b> Purple	Purnima	
Routine Work Marana Yoga			<b>Chaturdashi* Until 2:53PM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 4:51PM		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra•Chaitra</b>		
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>				

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stockholm, Sweden Sutra 5
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:17AM – 8:08AM	<b>Chitra Until 2:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:27AM	Vikarin 5121	
Tula Rasi: 1.17	Tithi 15 – 16	Yama 3:28PM – 5:19PM	Harshana Until 6:59AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:09PM	Moon 3 - Phase 1	
263483468 <b>Rahu</b> 9:58AM – 11:48AM			Balava Until 10:57PM	<b>Nataraja:</b> Purple	Prathama	
Creative Work Siddha Yoga			<b>Purnima* Until 12:09PM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Chaitra•Chaitra</b>		