



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Vyatipata/Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shanghai, China

Sutra 16

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Tula Rasi: 26.47 Tihi 16 - 17

273832369

Gulika 11:52AM - 1:33PM
Yama 8:32AM - 10:12AM
Rahu 3:13PM - 4:53PM

Vishakha Until 6:23PM
Vyatipata* Until 12:06PM
Taitila Until 9:40PM
Prathama* Until 9:17AM

Ganesha: Purple *Sunrise:* 5:11AM
Muruga: White *Sunset:* 6:33PM
Nataraja: Purple
Moon - Orange
Vaisaka-Chaitra

Bhuloka Day

Routine Work Marana Yoga

Until 6:23PM

Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 17

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 9.23 Tihi 17 - 18

273832369

Gulika 10:12AM - 11:52AM
Yama 6:51AM - 8:31AM
Rahu 11:52AM - 1:33PM

Anuradha Until 8:05PM
Variyan Until 11:48AM
Vanija Until 10:49PM
Dvitiya Until 10:09AM

Ganesha: Purple *Sunrise:* 5:10AM
Muruga: White *Sunset:* 6:34PM
Nataraja: Purple
Moon - Orange
Vaisaka-Chaitra

Bhuloka Day

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Shanghai, China

Sun 2 Sutra 18

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 21.44 Tihi 18 - 19

274832369

Gulika 8:31AM - 10:11AM
Yama 5:09AM - 6:50AM
Rahu 1:33PM - 3:13PM

Jyeshtha* Until 10:08PM
Parigha* Until 11:56AM
Bava Until 12:30AM Fri
Tritiya Until 11:34AM

Ganesha: Clear *Sunrise:* 5:09AM
Muruga: White *Sunset:* 6:35PM
Nataraja: Purple
Moon - Orange
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 10:08PM

Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Sun 3 Sutra 19

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 3.51 Tihi 19 - 20

284832369

Gulika 6:49AM - 8:30AM
Yama 3:14PM - 4:55PM
Rahu 10:11AM - 11:52AM

Mula* Until 12:59AM Sat
Shiva Until 12:28PM
Kaulava Until 2:39AM Sat
Chaturthi* Until 1:30PM

Ganesha: White *Sunrise:* 5:08AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon - Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Amrita Yoga

Until 12:59AM Sat

Then Creative Work - Siddha Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China

Sun 4 Sutra 20

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 15.49 Tihi 20 - 21

284832369

Gulika 5:07AM - 6:49AM
Yama 1:33PM - 3:14PM
Rahu 8:30AM - 10:11AM

Purvashadha* Until 3:59AM Sun
Siddha Until 1:17PM
Gara Until 5:07AM Sun
Panchami Until 3:50PM

Ganesha: White *Sunrise:* 5:07AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon - Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 3:59AM Sun

Then Creative Work - Amrita Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Shashthyam Titau

Shanghai, China

Sun 5 Sutra 21

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 27.39 Tihi 21

284832369

Gulika 3:14PM - 4:56PM
Yama 11:52AM - 1:33PM
Rahu 4:56PM - 6:37PM

Uttarashadha Until 6:55AM Mon
Sadhya Until 6:55AM Mon
Bava Until 20:56AM Mon
Shashthi* Until 6:23PM

Ganesha: White *Sunrise:* 5:07AM
Muruga: White *Sunset:* 6:37PM
Nataraja: Purple
Moon - Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Amrita Yoga

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Shanghai, China

Sun 6 Sutra 22

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Makara Rasi: 9.27 Tihi 22

284832369

Gulika 1:33PM - 3:15PM
Yama 10:10AM - 11:52AM
Rahu 6:47AM - 8:29AM

Uttarashadha Until 6:55AM
Subha Until 3:22PM
Visti Until 7:42AM
Saptami Until 8:56PM

Ganesha: White *Sunrise:* 5:06AM
Muruga: White *Sunset:* 6:38PM
Nataraja: Purple
Moon - Light Blue
Vaisaka-Chaitra

Devaloka Day

Routine Work Marana Yoga

Until 6:55AM

Then Creative Work - Amrita Yoga

Chidambaram Abhishekam

Retreat Star

Tuesday, May 8, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 23

Vilamba 5120

Moon 4 - Phase 3

Ashtami

Makara Rasi: 21.18 Tihi 23

294832369

Gulika 11:52AM - 1:33PM
Yama 8:28AM - 10:10AM
Rahu 3:15PM - 4:57PM

Shravana Until 10:04AM
Sukla Until 4:14PM
Balava Until 10:08AM
Ashtami* Until 11:12PM

Ganesha: Yellow *Sunrise:* 5:05AM
Muruga: White *Sunset:* 6:38PM
Nataraja: Purple
Moon - Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Sun 8 Sutra 24

Vilamba 5120

Moon 4 - Phase 3

Navami

Kumbha Rasi: 3.17 Tihi 24

294832369

Gulika 10:10AM - 11:52AM
Yama 6:46AM - 8:28AM
Rahu 11:52AM - 1:33PM

Dhanishtha Until 12:40PM
Brahma Until 4:46PM
Taitila Until 12:10PM
Navami* Until 12:57AM Thu

Ganesha: Yellow *Sunrise:* 5:04AM
Muruga: White *Sunset:* 6:39PM
Nataraja: Purple
Moon - Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 12:40PM

Then Creative Work - Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Thursday, May 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Shanghai, China
Kumbha Rasi: 15.3	Tithi 25	Gulika 8:27AM – 10:09AM	Shatabhishak Until 2:30PM	Ganesha: Yellow	<i>Sunrise:</i> 5:03AM	Sun 9 Sutra 25
		Yama 5:03AM – 6:45AM	Indra Until 4:49PM	Muruga: White	<i>Sunset:</i> 6:40PM	Vilamba 5120
		294832369 Rahu 1:34PM – 3:16PM	Vanija Until 1:35PM	Nataraja: Purple		Moon 4 - Phase 4
Creative Work	Siddha Yoga		Dashami Until 2:00AM Fri	Moon – Purple		2nd Phase
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

2 Friday, May 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China
Kumbha Rasi: 28.02	Tithi 26	Gulika 6:45AM – 8:27AM	Purvaproshtapada* Until 3:55PM	Ganesha: Yellow	<i>Sunrise:</i> 5:03AM	Sun 10 Sutra 26
		Yama 3:16PM – 4:58PM	Vaidhriti* Until 4:14PM	Muruga: White	<i>Sunset:</i> 6:40PM	Vilamba 5120
		214832369 Rahu 10:09AM – 11:51AM	Bava Until 2:14PM	Nataraja: Purple		Moon 4 - Phase 4
Creative Work	Siddha Yoga		Ekadashi* Until 2:14AM Sat	Moon – Clear		2nd Phase
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

3 Saturday, May 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Shanghai, China
Meena Rasi: 10.57	Tithi 27	Gulika 5:02AM – 6:44AM	Uttaraproshtapada Until 4:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:02AM	Sun 11 Sutra 27
		Yama 1:34PM – 3:16PM	Vishkambha* Until 3:01PM	Muruga: White	<i>Sunset:</i> 6:41PM	Vilamba 5120
		214932369 Rahu 8:27AM – 10:09AM	Kaulava Until 2:03PM	Nataraja: Purple		Moon 4 - Phase 4
Creative Work	Siddha Yoga		Dvadashi* Until 1:39AM Sun	Moon – Clear		2nd Phase
Until 4:22PM				Vaisaka-Chaitra		Bhuloka Day
Then Routine Work - Prabararishta Yoga						Devaloka Time: 9:AM to12:PM

4 Sunday, May 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China
Meena Rasi: 24.17	Tithi 28	Gulika 3:17PM – 4:59PM	Revati Until 3:53PM	Ganesha: Blue	<i>Sunrise:</i> 5:01AM	Sun 12 Sutra 28
		Yama 11:51AM – 1:34PM	Priti Until 1:10PM	Muruga: White	<i>Sunset:</i> 6:42PM	Vilamba 5120
		214932369 Rahu 4:59PM – 6:42PM	Gara Until 1:05PM	Nataraja: Purple		Moon 4 - Phase 4
Creative Work	Amrita Yoga		Trayodashi* Until 12:18AM Mon	Moon – Clear		2nd Phase
Until 3:53PM		Mother's Day		Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Monday, May 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China
Mesha Rasi: 8.03	Tithi 29	Gulika 1:34PM – 3:17PM	Ashvini Until 3:01PM	Ganesha: Blue	<i>Sunrise:</i> 5:00AM	Sun 13 Sutra 29
Family Home Evening		Yama 10:09AM – 11:51AM	Ayushman Until 10:45AM	Muruga: White	<i>Sunset:</i> 6:42PM	Vilamba 5120
		224932369 Rahu 6:43AM – 8:26AM	Visti Until 11:24AM	Nataraja: Purple		Moon 4 - Phase 4
Creative Work	Siddha Yoga		Chaturdashi* Until 10:20PM	Moon – White		2nd Phase
				Vaisaka-Chaitra		Bhuloka Day

Tuesday, May 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China
Retreat Star		Gulika 11:51AM – 1:34PM	Bharani Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 5:00AM	Sun 14 Sutra 30
Mesha Rasi: 22.11	Tithi 30	Yama 8:26AM – 10:08AM	Saubhagya Until 7:51AM	Muruga: White	<i>Sunset:</i> 6:43PM	Vilamba 5120
		224932369 Rahu 3:17PM – 5:00PM	Catuspada Until 9:09AM	Nataraja: Purple		Moon 4 - Phase 4
Creative Work	Siddha Yoga		Amavasya* Until 7:51PM	Moon – White		Amavasya
				Vaisaka-Vaikasi		Bhuloka Day

Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China
Retreat Star		Gulika 10:08AM – 11:51AM	Krittika Until 11:22AM	Ganesha: Red	<i>Sunrise:</i> 4:59AM	Sun 15 Sutra 31
Vrishabha Rasi: 6.38	Tithi 1 – 2	Yama 6:42AM – 8:25AM	Athiganda* Until 1:08AM Thu	Muruga: White	<i>Sunset:</i> 6:44PM	Vilamba 5120
		225932369 Rahu 11:51AM – 1:34PM	Kintughna Until 6:29AM	Nataraja: Purple		Moon 4 - Phase 4
Creative Work	Amrita Yoga		Prathama* Until 5:01PM	Moon – White		Prathama
Until 11:22AM				Jyeshtha Adhika-Vaikasi		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1 Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam			Shanghai, China	
Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau					Sun 16 Sutra 32	
Vrishabha Rasi: 21.17 Tithi 2 - 3		Gulika 8:25AM - 10:08AM	Rohini Until 10:58AM Fri	Ganesha: Yellow <i>Sunrise:</i> 4:58AM	Vilamba 5120	
235932369		Yama 4:58AM - 6:42AM	Sukarma Until 9:34PM	Muruga: White <i>Sunset:</i> 6:44PM	Moon 4 - Phase 5	
Routine Work Marana Yoga		Rahu 1:35PM - 3:18PM	Taitila Until 12:30AM Fri	Nataraja: Purple	3rd Phase	
			Dvitiya Until 2:01PM	Moon - Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam			Shanghai, China	
Rohini/Ardra Nakshatra Dhriti/Indra Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau					Sun 17 Sutra 33	
Mithuna Rasi: 5.59 Tithi 3 - 4		Gulika 6:41AM - 8:25AM	Rohini Until 10:58AM	Ganesha: Yellow <i>Sunrise:</i> 4:58AM	Vilamba 5120	
235932369		Yama 3:18PM - 5:02PM	Dhriti Until 6:00PM	Muruga: White <i>Sunset:</i> 6:45PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 10:08AM - 11:51AM	Vanija Until 9:29PM	Nataraja: Purple	3rd Phase	
			Tritiya Until 10:58AM	Moon - Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

3 Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam			Shanghai, China	
Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau					Sun 18 Sutra 34	
Mithuna Rasi: 20.4 Tithi 4 - 5		Gulika 4:57AM - 6:41AM	Punarvasu Until 2:55AM Sun	Ganesha: White <i>Sunrise:</i> 4:57AM	Vilamba 5120	
245932369		Yama 1:35PM - 3:19PM	Shula* Until 2:32PM	Muruga: White <i>Sunset:</i> 6:46PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 8:24AM - 10:08AM	Bava Until 6:37PM	Nataraja: Purple	3rd Phase	
			Chaturthi* Until 8:00AM	Moon - Blue	Devaloka Day	
				Jyeshtha Adhika-Vaikasi		

4 Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Shanghai, China	
Pushya Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthiyam Titau					Sun 19 Sutra 35	
Kataka Rasi: 5.11 Tithi 6		Gulika 3:19PM - 5:03PM	Pushya Until 1:13AM Mon	Ganesha: White <i>Sunrise:</i> 4:57AM	Vilamba 5120	
245932369		Yama 11:52AM - 1:35PM	Ganda* Until 11:16AM	Muruga: White <i>Sunset:</i> 6:46PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 5:03PM - 6:46PM	Kaulava Until 4:00PM	Nataraja: Purple	3rd Phase	
			Shashthi* Until 2:48AM Mon	Moon - Blue	Devaloka Day	
				Jyeshtha Adhika-Vaikasi		

5 Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam			Shanghai, China	
Ashlesha* Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau					Sun 20 Sutra 36	
Kataka Rasi: 19.29 Tithi 7		Gulika 1:35PM - 3:19PM	Ashlesha* Until 11:44PM	Ganesha: White <i>Sunrise:</i> 4:56AM	Vilamba 5120	
245932369		Yama 10:08AM - 11:52AM	Vridhi Until 8:17AM	Muruga: White <i>Sunset:</i> 6:47PM	Moon 4 - Phase 5	
Family Home Evening		Rahu 6:40AM - 8:24AM	Gara Until 1:43PM	Nataraja: Purple	3rd Phase	
Creative Work Siddha Yoga			Saptami Until 12:42AM Tue	Moon - Blue	Devaloka Day	
Until 11:44PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam			Shanghai, China	
Retreat Star		Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau			Sun 21 Sutra 37	
Simha Rasi: 3.33 Tithi 8		Gulika 11:52AM - 1:36PM	Magha* Until 10:55PM	Ganesha: Clear <i>Sunrise:</i> 4:56AM	Vilamba 5120	
255932369		Yama 8:24AM - 10:08AM	Vyaghata* Until 3:13AM Wed	Muruga: White <i>Sunset:</i> 6:48PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 3:20PM - 5:04PM	Visti Until 11:49AM	Nataraja: Purple	Ashtami	
			Ashtami* Until 11:00PM	Moon - Red	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam			Shanghai, China	
Retreat Star		Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau			Sun 22 Sutra 38	
Simha Rasi: 17.22 Tithi 9		Gulika 10:08AM - 11:52AM	Purvaphalguni Until 10:23PM	Ganesha: Clear <i>Sunrise:</i> 4:55AM	Vilamba 5120	
255932369		Yama 6:39AM - 8:23AM	Harshana Until 1:12AM Thu	Muruga: White <i>Sunset:</i> 6:48PM	Moon 4 - Phase 5	
Creative Work Amrita Yoga		Rahu 11:52AM - 1:36PM	Balava Until 10:19AM	Nataraja: Purple	Navami	
			Navami* Until 9:42PM	Moon - Red	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 39
Kanya Rasi: 0.56	Tithi 10	Gulika 8:23AM – 10:07AM	Uttaraphalguni Until 10:05PM	Ganesha: Clear <i>Sunrise:</i> 4:55AM	Vilamba 5120	
		Yama 4:55AM – 6:39AM	Vajra* Until 11:28PM	Muruga: White <i>Sunset:</i> 6:49PM	Moon 4 - Phase 6	
	Amrita Yoga	255932369 Rahu 1:36PM – 3:20PM	Tailila Until 9:13AM	Nataraja: Purple	4th Phase	
Until 10:05PM			Dashami Until 8:48PM	Moon – Red	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 40
Kanya Rasi: 14.17	Tithi 11	Gulika 6:39AM – 8:23AM	Hasta Until 10:28PM	Ganesha: Clear <i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 3:21PM – 5:05PM	Siddhi Until 10:04PM	Muruga: White <i>Sunset:</i> 6:49PM	Moon 4 - Phase 6	
	Amrita Yoga	266932369 Rahu 10:07AM – 11:52AM	Vanija Until 8:31AM	Nataraja: Purple	4th Phase	
Creative Work			Ekadashi Until 8:18PM	Moon – Green	Bhuloka Day	
Until 10:28PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 41
Kanya Rasi: 27.26	Tithi 12	Gulika 4:54AM – 6:38AM	Chitra Until 11:05PM	Ganesha: Purple <i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 1:36PM – 3:21PM	Vyatipata* Until 8:59PM	Muruga: White <i>Sunset:</i> 6:50PM	Moon 4 - Phase 6	
	Marana Yoga	366932369 Rahu 8:23AM – 10:07AM	Bava Until 8:12AM	Nataraja: Purple	4th Phase	
Routine Work			Dvadashi Until 8:11PM	Moon – Green	Bhuloka Day	
Until 11:05PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan Yoga Kaulava/Tailila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 42
Tula Rasi: 10.22	Tithi 13	Gulika 3:21PM – 5:06PM	Svati Until 11:56PM	Ganesha: Purple <i>Sunrise:</i> 4:53AM	Vilamba 5120	
		Yama 11:52AM – 1:37PM	Varyan Until 8:11PM	Muruga: White <i>Sunset:</i> 6:51PM	Moon 4 - Phase 6	
	Siddha Yoga	366932369 Rahu 5:06PM – 6:51PM	Kaulava Until 8:17AM	Nataraja: Purple	4th Phase	
Creative Work			Trayodashi Until 8:27PM	Moon – Green	Bhuloka Day	
Until 11:56PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

5 Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 43
Tula Rasi: 23.07	Tithi 14	Gulika 1:37PM – 3:22PM	Vishakha Until 1:30AM Tue	Ganesha: Clear <i>Sunrise:</i> 4:53AM	Vilamba 5120	
Family Home Evening		Yama 10:07AM – 11:52AM	Parigha* Until 7:44PM	Muruga: White <i>Sunset:</i> 6:51PM	Moon 4 - Phase 6	
	Marana Yoga	376932369 Rahu 6:38AM – 8:23AM	Gara Until 8:46AM	Nataraja: Purple	4th Phase	
Routine Work			Chaturdashi* Until 9:09PM	Moon – Orange	Bhuloka Day	
Until 1:30AM Tue		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 44
Copper Retreat Star		Gulika 11:52AM – 1:37PM	Anuradha Until 3:22AM Wed	Ganesha: Clear <i>Sunrise:</i> 4:53AM	Vilamba 5120	
Vrischika Rasi: 5.39	Tithi 15	Yama 8:22AM – 10:07AM	Shiva Until 7:39PM	Muruga: White <i>Sunset:</i> 6:52PM	Moon 4 - Phase 6	
		376932369 Rahu 3:22PM – 5:07PM	Visti Until 9:41AM	Nataraja: Purple	Purnima	
Creative Work			Purnima* Until 10:17PM	Moon – Orange	Bhuloka Day	
Until 1:30AM Tue				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China Sutra 45
Silver Retreat Star		Gulika 10:07AM – 11:52AM	Jyeshtha* Until 5:29AM Thu	Ganesha: Clear <i>Sunrise:</i> 4:52AM	Vilamba 5120	
Vrischika Rasi: 18	Tithi 16	Yama 6:37AM – 8:22AM	Siddha Until 7:53PM	Muruga: White <i>Sunset:</i> 6:52PM	Moon 4 - Phase 6	
		376932369 Rahu 11:52AM – 1:37PM	Balava Until 11:03AM	Nataraja: Purple	Prathama	
Creative Work			Prathama* Until 11:52PM	Moon – Orange	Bhuloka Day	
Until 1:30AM Tue				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvitiyayam Titau

Shanghai, China

Sun 1 Sutra 46

Dhanus Rasi: 0.1 Tithi 17

Gulika 8:22AM - 10:07AM
Yama 4:52AM - 6:37AM
Rahu 1:38PM - 3:23PM

Mula* Until 8:19AM Fri
Sadhya Until 8:27PM
Tailila Until 12:51PM
Dvitiya Until 1:53AM Fri

Ganesha: White Sunrise: 4:52AM
Muruga: White Sunset: 6:53PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 8:19AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Shanghai, China

Sun 2 Sutra 47

Dhanus Rasi: 12.1 Tithi 18

Gulika 6:37AM - 8:22AM
Yama 3:23PM - 5:08PM
Rahu 10:07AM - 11:53AM

Mula* Until 8:19AM
Subha Until 9:18PM
Vanija Until 3:02PM
Tritiya Until 4:13AM Sat

Ganesha: White Sunrise: 4:52AM
Muruga: White Sunset: 6:54PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 8:19AM

Then Routine Work - Prabalarishta Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 3 Sutra 48

Dhanus Rasi: 24.03 Tithi 19

Gulika 4:52AM - 6:37AM
Yama 1:38PM - 3:23PM
Rahu 8:22AM - 10:08AM

Purvashadha* Until 11:17AM
Sukla Until 10:20PM
Bava Until 5:30PM
Chaturthi* Until 6:47AM Sun

Ganesha: Yellow Sunrise: 4:52AM
Muruga: White Sunset: 6:54PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 11:17AM

Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Sun 4 Sutra 49

Makara Rasi: 5.51 Tithi 19 - 20

Gulika 3:24PM - 5:09PM
Yama 11:53AM - 1:38PM
Rahu 5:09PM - 6:55PM

Uttarashadha Until 2:15PM
Brahma Until 11:27PM
Kaulava Until 8:06PM
Chaturthi* Until 6:47AM

Ganesha: Yellow Sunrise: 4:51AM
Muruga: White Sunset: 6:55PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China

Sun 5 Sutra 50

Makara Rasi: 17.38 Tithi 20 - 21

Gulika 1:39PM - 3:24PM
Yama 10:08AM - 11:53AM
Rahu 6:37AM - 8:22AM

Shravana Until 5:32PM
Indra Until 12:30AM Tue
Gara Until 10:37PM
Panchami Until 9:22AM

Ganesha: Blue Sunrise: 4:51AM
Muruga: White Sunset: 6:55PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 5:32PM

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Shanghai, China

Sun 6 Sutra 51

Makara Rasi: 29.29 Tithi 21 - 22

Gulika 11:53AM - 1:39PM
Yama 8:22AM - 10:08AM
Rahu 3:25PM - 5:10PM

Dhanishtha Until 8:25PM
Vaidhriti* Until 1:17AM Wed
Visti Until 12:51AM Wed
Shashthi* Until 11:46AM

Ganesha: Blue Sunrise: 4:51AM
Muruga: White Sunset: 6:56PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:25PM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 52

Kumbha Rasi: 11.28 Tithi 22 - 23

Gulika 10:08AM - 11:53AM
Yama 6:36AM - 8:22AM
Rahu 11:53AM - 1:39PM

Shatabhishak Until 10:39PM
Vishkambha* Until 1:41AM Thu
Balava Until 2:33AM Thu
Saptami Until 1:45PM

Ganesha: Purple Sunrise: 4:51AM
Muruga: White Sunset: 6:56PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 10:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Shanghai, China

Sun 8 Sutra 53

Kumbha Rasi: 23.4 Tithi 23 - 24

Gulika 8:22AM - 10:08AM
Yama 4:51AM - 6:36AM
Rahu 1:39PM - 3:25PM

Purvaproshtapada* Until 12:33AM Fri
Priti Until 1:33AM Fri
Tailila Until 3:33AM Fri
Ashtami* Until 3:08PM

Ganesha: Blue Sunrise: 4:51AM
Muruga: White Sunset: 6:57PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Navami

Devaloka Day

Creative Work Siddha Yoga

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Shanghai, China	
Meena Rasi: 6.11 Tithi 24 – 25		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54	
318132361		Gulika 6:36AM – 8:22AM	Uttaraproshtapada Until 1:31AM Sat	Ganesha: Red <i>Sunrise:</i> 4:51AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 3:25PM – 5:11PM	Ayushman Until 12:45AM Sat	Muruga: White <i>Sunset:</i> 6:57PM	Moon 5 - Phase 8		
Until 1:31AM Sat		Rahu 10:08AM – 11:54AM	Vanija Until 3:44AM Sat	Nataraja: White	2nd Phase		
Then Routine Work - Prabalarishta Yoga			Navami* Until 3:44PM	Moon – Clear	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Shanghai, China	
Meena Rasi: 19.06 Tithi 25 – 26		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55	
318132361		Gulika 4:50AM – 6:36AM	Revati Until 1:29AM Sun	Ganesha: Red <i>Sunrise:</i> 4:50AM	Vilamba 5120		
Routine Work Prabalarishta Yoga		Yama 1:40PM – 3:26PM	Saubhagya Until 11:18PM	Muruga: White <i>Sunset:</i> 6:58PM	Moon 5 - Phase 8		
Until 1:29AM Sun		Rahu 8:22AM – 10:08AM	Bava Until 3:04AM Sun	Nataraja: White	2nd Phase		
Then Creative Work - Siddha Yoga			Dashami Until 3:29PM	Moon – Clear	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Shanghai, China	
Mesha Rasi: 2.27 Tithi 26 – 27		Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56	
328132361		Gulika 3:26PM – 5:12PM	Ashvini Until 12:58AM Mon	Ganesha: Green <i>Sunrise:</i> 4:50AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 11:54AM – 1:40PM	Sobhana Until 9:13PM	Muruga: White <i>Sunset:</i> 6:58PM	Moon 5 - Phase 8		
Until 11:35PM		Rahu 5:12PM – 6:58PM	Kaulava Until 1:36AM Mon	Nataraja: White	2nd Phase		
Then Routine Work - Marana Yoga			Ekadashi* Until 2:25PM	Moon – White	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi			

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Shanghai, China	
Mesha Rasi: 16.16 Tithi 27 – 28		Bharani Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57	
328132361		Gulika 1:40PM – 3:26PM	Bharani Until 11:35PM	Ganesha: Green <i>Sunrise:</i> 4:50AM	Vilamba 5120		
Family Home Evening		Yama 10:08AM – 11:54AM	Athiganda* Until 6:30PM	Muruga: White <i>Sunset:</i> 6:58PM	Moon 5 - Phase 8		
Creative Work Siddha Yoga		Rahu 6:36AM – 8:22AM	Gara Until 11:25PM	Nataraja: White	2nd Phase		
Until 11:35PM			Dvadashi* Until 12:34PM	Moon – White	Bhuloka Day		
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi			
					<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Shanghai, China	
Vrishabha Rasi: 0.31 Tithi 28 – 29		Krittika Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 58	
328132361		Gulika 11:55AM – 1:41PM	Krittika Until 9:29PM	Ganesha: Green <i>Sunrise:</i> 4:50AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 8:22AM – 10:09AM	Sukarma Until 3:18PM	Muruga: White <i>Sunset:</i> 6:59PM	Moon 5 - Phase 8		
Until 9:29PM		Rahu 3:27PM – 5:13PM	Visti Until 8:40PM	Nataraja: White	2nd Phase		
Then Creative Work - Amrita Yoga			Trayodashi* Until 10:05AM	Moon – White	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi			

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Shanghai, China	
Retreat Star		Rohini Nakshatra Dhriti/Shula* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Sun 14 Sutra 59	
Vrishabha Rasi: 15.08 Tithi 29 – 30		338132361				Vilamba 5120	
Creative Work Siddha Yoga		Gulika 10:09AM – 11:55AM	Rohini Until 7:15PM	Ganesha: White <i>Sunrise:</i> 4:50AM	Moon 5 - Phase 8		
Until 9:29PM		Yama 6:36AM – 8:23AM	Dhriti Until 11:43AM	Muruga: White <i>Sunset:</i> 6:59PM	Amavasya		
Then Creative Work - Amrita Yoga		Rahu 11:55AM – 1:41PM	Naga Until 3:47AM Thu	Nataraja: White	Bhuloka Day		
			Chaturdashi* Until 7:06AM	Moon – Yellow			
				Jyeshtha Adhika-Vaikasi			

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Shanghai, China	
Retreat Star		Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60	
Mithuna Rasi: 0.01 Tithi 1		338132361				Vilamba 5120	
Routine Work Marana Yoga		Gulika 8:23AM – 10:09AM	Mrigashira Until 4:37PM	Ganesha: White <i>Sunrise:</i> 4:50AM	Moon 5 - Phase 8		
Until 9:29PM		Yama 4:50AM – 6:37AM	Shula* Until 7:52AM	Muruga: White <i>Sunset:</i> 7:00PM	Prathama		
Then Creative Work - Marana Yoga		Rahu 1:41PM – 3:27PM	Kintughna Until 2:03PM	Nataraja: White	Bhuloka Day		
			Prathama* Until 12:16AM Fri	Moon – Yellow			
				Jyeshtha-Vaikasi			

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Shanghai, China Sun 16 Sutra 61	
Mithuna Rasi: 15.02	Tithi 2	Gulika 6:37AM – 8:23AM	Ardra Until 1:46PM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	Vilamba 5120	
		Yama 3:28PM – 5:14PM	Vriddhi Until 11:56PM	Muruga: White	<i>Sunset:</i> 7:00PM	Moon 5 - Phase 9	
339132361	Rahu 10:09AM – 11:55AM		Balava Until 10:31AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 8:44PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM	

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Shanghai, China Sun 17 Sutra 62	
Kataka Rasi: 0.02	Tithi 3 – 4	Gulika 4:51AM – 6:37AM	Punarvasu Until 11:16AM	Ganesha: Orange	<i>Sunrise:</i> 4:51AM	Vilamba 5120	
		Yama 1:42PM – 3:28PM	Dhruva Until 8:05PM	Muruga: White	<i>Sunset:</i> 7:00PM	Moon 5 - Phase 9	
349132361	Rahu 8:23AM – 10:09AM		Taitila Until 7:02AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 5:20PM	Moon – Blue		Bhuloka Day	
				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM	

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China Sun 18 Sutra 63	
Kataka Rasi: 14.54	Tithi 4 – 5	Gulika 3:28PM – 5:14PM	Pushya Until 8:51AM	Ganesha: Orange	<i>Sunrise:</i> 4:51AM	Vilamba 5120	
		Yama 11:56AM – 1:42PM	Vyaghata* Until 4:28PM	Muruga: White	<i>Sunset:</i> 7:01PM	Moon 5 - Phase 9	
349132361	Rahu 5:14PM – 7:01PM		Bava Until 12:46AM Mon	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 2:11PM	Moon – Blue		Bhuloka Day	
		Father's Day		Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM	

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Shanghai, China Sun 19 Sutra 64	
Kataka Rasi: 29.3	Tithi 5 – 6	Gulika 1:42PM – 3:28PM	Ashlesha* Until 6:40AM	Ganesha: Orange	<i>Sunrise:</i> 4:51AM	Vilamba 5120	
Family Home Evening		Yama 10:10AM – 11:56AM	Harshana Until 1:13PM	Muruga: White	<i>Sunset:</i> 7:01PM	Moon 5 - Phase 9	
349132361	Rahu 6:37AM – 8:23AM		Kaulava Until 10:15PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 11:26AM	Moon – Blue		Bhuloka Day	
Until 6:40AM				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China Sun 20 Sutra 65	
Simha Rasi: 13.46	Tithi 6 – 7	Gulika 11:56AM – 1:42PM	Purvaphalguni Until 4:12AM Wed	Ganesha: Green	<i>Sunrise:</i> 4:51AM	Vilamba 5120	
		Yama 8:23AM – 10:10AM	Vajra* Until 10:20AM	Muruga: White	<i>Sunset:</i> 7:01PM	Moon 5 - Phase 9	
359132361	Rahu 3:29PM – 5:15PM		Gara Until 8:15PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 9:09AM	Moon – Red		Devaloka Day	
Until 4:12AM Wed				Jyeshtha•Ani			
Then Creative Work - Amrita Yoga							

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Shanghai, China Sun 21 Sutra 66	
Retreat Star		Gulika 10:10AM – 11:56AM	Uttaraphalguni Until 3:36AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:51AM	Vilamba 5120	
Simha Rasi: 27.41	Tithi 7 – 8	Yama 6:37AM – 8:24AM	Siddhi Until 7:55AM	Muruga: White	<i>Sunset:</i> 7:01PM	Moon 5 - Phase 9	
359132361	Rahu 11:56AM – 1:43PM		Vistil Until 6:49PM	Nataraja: White		Ashtami	
Creative Work	Amrita Yoga		Saptami Until 7:27AM	Moon – Red		Devaloka Day	
Until 3:36AM Thu		Chidambaram Abhishekam		Jyeshtha•Ani			
Then Routine Work - Marana Yoga							

Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Shanghai, China Sun 22 Sutra 67	
Retreat Star		Gulika 8:24AM – 10:10AM	Hasta Until 3:54AM Fri	Ganesha: Red	<i>Sunrise:</i> 4:51AM	Vilamba 5120	
Kanya Rasi: 11.14	Tithi 8 – 9	Yama 4:51AM – 6:38AM	Vyatipata* Until 6:01AM	Muruga: White	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 9	
369132361	Rahu 1:43PM – 3:29PM		Balava Until 6:00PM	Nataraja: White		Navami	
Routine Work	Marana Yoga		Ashtami* Until 6:19AM	Moon – Green		Bhuloka Day	
Until 3:54AM Fri				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1

Friday, June 22, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam TitauShanghai, China
Sun 23 Sutra 68

Kanya Rasi: 24.28 Tihti 10

Gulika 6:38AM – 8:24AM

Chitra Until 4:35AM Sat

Ganesh: Green Sunrise: 4:51AM

Vilamba 5120

Yama 3:29PM – 5:16PM

Parigha* Until 3:32AM Sat

Muruga: White Sunset: 7:02PM

Moon 5 - Phase 10

361132361 Rahu 10:10AM – 11:57AM

Tailila Until 5:45PM

Nataraja: White

4th Phase

Creative Work Siddha Yoga

Dashami Until 5:49AM Sat

Moon – Green
Jyeshtha-Ani

Bhuloka Day

2

Saturday, June 23, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
Svati Nakshatra Shiva Yoga Vanija Karana Ekadashyam TitauShanghai, China
Sun 24 Sutra 69

Tula Rasi: 7.25 Tihti 11

Gulika 4:52AM – 6:38AM

Svati Until 5:38AM Sun

Ganesh: Green Sunrise: 4:52AM

Vilamba 5120

Yama 1:43PM – 3:30PM

Shiva Until 2:58AM Sun

Muruga: White Sunset: 7:02PM

Moon 5 - Phase 10

361132361 Rahu 8:24AM – 10:11AM

Vanija Until 6:03PM

Nataraja: White

4th Phase

Creative Work Siddha Yoga

Ekadashi Until 6:21AM Sun

Moon – Green
Jyeshtha-Ani

Bhuloka Day

Until 5:38AM Sun

Then Routine Work - Marana Yoga

3

Sunday, June 24, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam TitauShanghai, China
Sun 25 Sutra 70

Tula Rasi: 20.05 Tihti 11 – 12

Gulika 3:30PM – 5:16PM

Vishakha Until 7:28AM Mon

Ganesh: Red Sunrise: 4:52AM

Vilamba 5120

Yama 11:57AM – 1:43PM

Siddha Until 2:45AM Mon

Muruga: White Sunset: 7:02PM

Moon 5 - Phase 10

371132361 Rahu 5:16PM – 7:02PM

Bava Until 6:50PM

Nataraja: White

4th Phase

Routine Work Marana Yoga

Ekadashi Until 6:21AM

Moon – Orange
Jyeshtha-Ani

Bhuloka Day

Until 7:28AM Mon

Then Creative Work - Siddha Yoga

Devaloka Time: 6:AM to 9:AM

4

Monday, June 25, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam TitauShanghai, China
Sun 26 Sutra 71

Vrischika Rasi: 2.34 Tihti 12 – 13

Gulika 1:44PM – 3:30PM

Vishakha Until 7:28AM

Ganesh: Red Sunrise: 4:52AM

Vilamba 5120

Family Home Evening

Yama 10:11AM – 11:57AM

Sadhya Until 2:52AM Tue

Muruga: Clear Sunset: 7:02PM

Moon 5 - Phase 10

371142361 Rahu 6:39AM – 8:25AM

Kaulava Until 8:05PM

Nataraja: White

4th Phase

Routine Work Marana Yoga

Dvadashi Until 7:23AM

Moon – Orange
Jyeshtha-Ani

Devaloka Day

Until 7:28AM

Then Creative Work - Siddha Yoga

Pradosha Vrata

5

Tuesday, June 26, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Subha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam TitauShanghai, China
Sun 27 Sutra 72

Vrischika Rasi: 14.51 Tihti 13 – 14

Gulika 11:58AM – 1:44PM

Anuradha Until 9:33AM

Ganesh: Red Sunrise: 4:53AM

Vilamba 5120

Yama 8:25AM – 10:11AM

Subha Until 3:20AM Wed

Muruga: Clear Sunset: 7:03PM

Moon 5 - Phase 10

371142361 Rahu 3:30PM – 5:16PM

Gara Until 9:44PM

Nataraja: White

4th Phase

Creative Work Siddha Yoga

Trayodashi Until 8:50AM

Moon – Orange
Jyeshtha-Ani

Devaloka Day

Until 9:33AM

Then Routine Work - Marana Yoga

O

Wednesday, June 27, 2018

Copper Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam TitauShanghai, China
Sutra 73

Vrischika Rasi: 26.58 Tihti 14 – 15

Gulika 10:12AM – 11:58AM

Jyeshtha* Until 11:51AM

Ganesh: Red Sunrise: 4:53AM

Vilamba 5120

Yama 6:39AM – 8:25AM

Sukla Until 4:01AM Thu

Muruga: Clear Sunset: 7:03PM

Moon 5 - Phase 10

371142361 Rahu 11:58AM – 1:44PM

Visti Until 11:45PM

Nataraja: White

Purnima

Creative Work Siddha Yoga

Chaturdashi* Until 10:40AM

Moon – Orange
Jyeshtha-Ani

Devaloka Day

Until 11:51AM

Then Routine Work - Marana Yoga

Thursday, June 28, 2018

Silver Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam TitauShanghai, China
Sutra 74

Dhanus Rasi: 8.58 Tihti 15 – 16

Gulika 8:26AM – 10:12AM

Mula* Until 2:48PM

Ganesh: Blue Sunrise: 4:53AM

Vilamba 5120

Yama 4:53AM – 6:39AM

Brahma Until 4:57AM Fri

Muruga: Clear Sunset: 7:03PM

Moon 5 - Phase 10

381142361 Rahu 1:44PM – 3:30PM

Balava Until 2:03AM Fri

Nataraja: White

Prathama

Creative Work Siddha Yoga

Purnima* Until 12:51PM

Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukstayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shanghai, China

Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 20.5 Tihti 16 – 17

381142361

Gulika 6:40AM – 8:26AM
Yama 3:30PM – 5:17PM
Rahu 10:12AM – 11:58AMPurvashadha* Until 5:49PM
Indra Until 6:02AM Sat
Taitila Until 4:34AM Sat
Prathama* Until 3:16PMGanesha: Blue
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha*AniSunrise: 4:54AM
Sunset: 7:03PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga
Until 5:49PM
Then Routine Work - Marana Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukstayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 2.39 Tihti 17 – 18

381242361

Gulika 4:54AM – 6:40AM
Yama 1:44PM – 3:31PM
Rahu 8:26AM – 10:12AMUttarashadha Until 8:47PM
Indra Until 6:02AM
Vanija Until 7:10AM Sun
Dvitiya Until 5:51PMGanesha: Blue
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha*AniSunrise: 4:54AM
Sunset: 7:03PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 8:47PM
Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yukstayam
Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Shanghai, China

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 14.26 Tihti 18

391242361

Gulika 3:31PM – 5:17PM
Yama 11:59AM – 1:45PM
Rahu 5:17PM – 7:03PMShravana Until 12:06AM Mon
Vaidhriti* Until 7:09AM
Vanija Until 7:10AM
Tritiya Until 8:26PMGanesha: Red
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha*AniSunrise: 4:54AM
Sunset: 7:03PM

Devaloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga
Until 12:06AM Mon
Then Creative Work - Siddha Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yukstayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 26.14 Tihti 19

391242361

Gulika 1:45PM – 3:31PM
Yama 10:13AM – 11:59AM
Rahu 6:41AM – 8:27AMDhanishtha Until 3:05AM Tue
Vishkambha* Until 8:14AM
Bava Until 9:43AM
Chaturthi* Until 10:53PMGanesha: Red
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha*AniSunrise: 4:55AM
Sunset: 7:03PM

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 3:05AM Tue
Then Routine Work - Marana Yoga

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukstayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 8.06 Tihti 20

392242361

Gulika 11:59AM – 1:45PM
Yama 8:27AM – 10:13AM
Rahu 3:31PM – 5:17PMShatabhishak Until 5:34AM Wed
Priti Until 9:10AM
Kaulava Until 12:01PM
Panchami Until 1:00AM WedGanesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha*AniSunrise: 4:55AM
Sunset: 7:03PM

Devaloka Day

Routine Work Marana Yoga
Until 5:34AM Wed
Then Creative Work - Amrita Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukstayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 20.07 Tihti 21

312242361

Gulika 10:13AM – 11:59AM
Yama 6:41AM – 8:27AM
Rahu 11:59AM – 1:45PMPurvaproshtapada* Until 7:53AM Thu
Ayushman Until 9:46AM
Gara Until 1:55PM
Shashthi* Until 2:38AM ThuGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha*AniSunrise: 4:55AM
Sunset: 7:03PM

Devaloka Day

Creative Work Amrita Yoga
Until 7:53AM Thu
Then Creative Work - Siddha Yoga

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukstayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Shanghai, China

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 2.21 Tihti 22

312242361

Gulika 8:28AM – 10:13AM
Yama 4:56AM – 6:42AM
Rahu 1:45PM – 3:31PMPurvaproshtapada* Until 7:53AM
Saubhagya Until 9:58AM
Visti Until 3:15PM
Saptami Until 3:38AM FriGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha*AniSunrise: 4:56AM
Sunset: 7:03PM

Devaloka Day

Creative Work Siddha Yoga

D

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukstayam
Uttaraproshtapada*/Revati Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 14.52 Tihti 23

312242361

Gulika 6:42AM – 8:28AM
Yama 3:31PM – 5:17PM
Rahu 10:14AM – 11:59AMUttaraproshtapada Until 9:23AM
Sobhana Until 9:39AM
Balava Until 15:44AM Sat
Ashtami* Until 9:58AMGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha*AniSunrise: 4:56AM
Sunset: 7:02PM

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukstayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Meena Rasi: 27.44 Tihti 24

412242361

Gulika 4:57AM – 6:43AM
Yama 1:45PM – 3:31PM
Rahu 8:28AM – 10:14AMRevati Until 9:59AM
Athiganda* Until 8:43AM
Taitila Until 3:44PM
Navami* Until 3:21AM SunGanesha: Green
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha*AniSunrise: 4:57AM
Sunset: 7:02PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga
Until 9:59AM
Then Creative Work - Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

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1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Shanghai, China
Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 9		Sutra 84		
Mesha Rasi: 11	Tithi 25	Gulika 3:31PM – 5:17PM	Ashvini Until 10:07AM	Ganesh: Orange <i>Sunrise:</i> 4:57AM	Vilamba 5120	
		Yama 12:00PM – 1:45PM	Sukarma Until 7:09AM	Muruga: Clear <i>Sunset:</i> 7:02PM	Moon 6 - Phase 12	
	422242361	Rahu 5:17PM – 7:02PM	Vanija Until 2:48PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 2:01AM Mon	Moon – White	Devaloka Day	
Until 10:07AM				Jyeshtha•Ani		
Then Routine Work - Prabararishta Yoga						

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Shanghai, China
Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Sutra 85		
Mesha Rasi: 24.44	Tithi 26	Gulika 1:45PM – 3:31PM	Bharani Until 9:18AM	Ganesh: Orange <i>Sunrise:</i> 4:58AM	Vilamba 5120	
Family Home Evening		Yama 10:14AM – 12:00PM	Shula* Until 2:10AM Tue	Muruga: Clear <i>Sunset:</i> 7:02PM	Moon 6 - Phase 12	
	422242361	Rahu 6:43AM – 8:29AM	Bava Until 1:05PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 11:57PM	Moon – White	Devaloka Day	
Until 9:18AM				Jyeshtha•Ani		
Then Routine Work - Marana Yoga						

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Shanghai, China
Krittika/Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11		Sutra 86		
Vrishabha Rasi: 8.54	Tithi 27	Gulika 12:00PM – 1:45PM	Krittika Until 7:40AM	Ganesh: Orange <i>Sunrise:</i> 4:58AM	Vilamba 5120	
		Yama 8:29AM – 10:15AM	Ganda* Until 10:52PM	Muruga: Clear <i>Sunset:</i> 7:02PM	Moon 6 - Phase 12	
	422242361	Rahu 3:31PM – 5:16PM	Kaulava Until 10:41AM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 9:15PM	Moon – White	Devaloka Day	
Until 7:40AM				Jyeshtha•Ani		
Then Creative Work - Amrita Yoga						

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Shanghai, China
Mrigashira Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Sutra 87		
Vrishabha Rasi: 23.29	Tithi 28	Gulika 10:15AM – 12:00PM	Mrigashira Until 3:12AM Thu	Ganesh: Light Blue <i>Sunrise:</i> 4:59AM	Vilamba 5120	
		Yama 6:44AM – 8:29AM	Vriddhi Until 7:11PM	Muruga: Clear <i>Sunset:</i> 7:02PM	Moon 6 - Phase 12	
	432242361	Rahu 12:00PM – 1:46PM	Gara Until 7:44AM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 6:04PM	Moon – Yellow	Bhuloka Day	
Until 3:12AM Thu				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga						
<i>Pradosha Vrata (Fasting)</i>						

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Shanghai, China
Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 88
Mithuna Rasi: 8.24	Tithi 29 – 30	Gulika 8:30AM – 10:15AM	Ardra Until 12:17AM Fri	Ganesh: Light Blue <i>Sunrise:</i> 4:59AM	Vilamba 5120	
		Yama 4:59AM – 6:45AM	Dhruva Until 3:12PM	Muruga: Clear <i>Sunset:</i> 7:01PM	Moon 6 - Phase 12	
	432242361	Rahu 1:46PM – 3:31PM	Catuspada Until 12:43AM Fri	Nataraja: White	Amavasya	
Routine Work	Marana Yoga		Chaturdashi* Until 2:33PM	Moon – Yellow	Bhuloka Day	
Until 12:17AM Fri				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga						

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Shanghai, China
Retreat Star		Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 89
Mithuna Rasi: 23.31	Tithi 30 – 1	Gulika 6:45AM – 8:30AM	Punarvasu Until 9:30PM	Ganesh: Purple <i>Sunrise:</i> 5:00AM	Vilamba 5120	
		Yama 3:31PM – 5:16PM	Vyaghata* Until 11:04AM	Muruga: Clear <i>Sunset:</i> 7:01PM	Moon 6 - Phase 12	
	442242361	Rahu 10:15AM – 12:00PM	Kintughna Until 8:58PM	Nataraja: White	Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 10:50AM	Moon – Blue	Bhuloka Day	
Until 9:30PM		Partial Solar Eclipse		Ashada•Ani	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Shanghai, China Sun 15 Sutra 90
Kataka Rasi: 8.41	Tithi 1 – 2	Gulika 5:00AM – 6:45AM	Pushya Until 6:38PM	Ganesh: Purple	<i>Sunrise:</i> 5:00AM	Vilamba 5120	
		Yama 1:46PM – 3:31PM	Harshana Until 6:55AM	Muruga: Clear	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 13	
		442242361 Rahu 8:30AM – 10:15AM	Kaulava Until 3:28AM Sun	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 7:05AM	Moon – Blue		Bhuloka Day	
Until 6:38PM				Ashada*Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau	Shanghai, China Sun 16 Sutra 91
Kataka Rasi: 23.46	Tithi 3	Gulika 3:30PM – 5:15PM	Ashlesha* Until 3:51PM	Ganesh: Purple	<i>Sunrise:</i> 5:01AM	Vilamba 5120	
		Yama 12:01PM – 1:46PM	Siddhi Until 11:02PM	Muruga: Clear	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13	
		442242361 Rahu 5:15PM – 7:00PM	Taitila Until 1:46PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 12:07AM Mon	Moon – Blue		Bhuloka Day	
Until 3:51PM				Ashada*Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Vanija Karana Chaturthyam Titau	Shanghai, China Sun 17 Sutra 92
Simha Rasi: 8.37	Tithi 4	Gulika 1:46PM – 3:30PM	Magha* Until 1:43PM	Ganesh: Purple	<i>Sunrise:</i> 5:02AM	Vilamba 5120	
Family Home Evening		Yama 10:16AM – 12:01PM	Vyatipata* Until 7:34PM	Muruga: Clear	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13	
		453242361 Rahu 6:46AM – 8:31AM	Vanija Until 10:37AM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 9:12PM	Moon – Red		Bhuloka Day	
Until 1:43PM				Ashada*Adi		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Panchamyam Titau	Shanghai, China Sun 18 Sutra 93
Simha Rasi: 23.07	Tithi 5	Gulika 12:01PM – 1:46PM	Purvaphalguni Until 11:56AM	Ganesh: Purple	<i>Sunrise:</i> 5:02AM	Vilamba 5120	
		Yama 8:31AM – 10:16AM	Variyan Until 4:31PM	Muruga: Clear	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13	
		453242362 Rahu 3:30PM – 5:15PM	Bava Until 7:57AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 6:49PM	Moon – Red		Devaloka Day	
Until 11:56AM				Ashada*Adi			
Then Creative Work - Amrita Yoga							

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Shanghai, China Sun 19 Sutra 94
Kanya Rasi: 7.13	Tithi 6 – 7	Gulika 10:16AM – 12:01PM	Uttaraphalguni Until 10:39AM	Ganesh: Purple	<i>Sunrise:</i> 5:03AM	Vilamba 5120	
		Yama 6:47AM – 8:32AM	Parigha* Until 2:01PM	Muruga: Clear	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13	
		453242362 Rahu 12:01PM – 1:45PM	Gara Until 4:31AM Thu	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 5:06PM	Moon – Red		Devaloka Day	
Until 10:39AM				Ashada*Adi			
Then Routine Work - Marana Yoga							

6		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Shanghai, China Sun 20 Sutra 95
Kanya Rasi: 20.53	Tithi 7 – 8	Gulika 8:32AM – 10:17AM	Hasta Until 10:20AM	Ganesh: Clear	<i>Sunrise:</i> 5:03AM	Vilamba 5120	
		Yama 5:03AM – 6:48AM	Shiva Until 12:06PM	Muruga: Clear	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13	
		463242362 Rahu 1:45PM – 3:30PM	Visti Until 3:52AM Fri	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Saptami Until 4:05PM	Moon – Green		Sivaloka Day	
Until 10:20AM				Ashada*Adi			
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Shanghai, China Sun 21 Sutra 96
Tula Rasi: 4.09	Tithi 8 – 9	Gulika 6:48AM – 8:32AM	Chitra Until 10:37AM	Ganesh: Clear	<i>Sunrise:</i> 5:04AM	Vilamba 5120	
		Yama 3:30PM – 5:14PM	Siddha Until 10:45AM	Muruga: Clear	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 13	
		463242362 Rahu 10:17AM – 12:01PM	Balava Until 3:57AM Sat	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 3:48PM	Moon – Green		Sivaloka Day	
				Ashada*Adi			

Retreat Star		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Shanghai, China Sun 22 Sutra 97
Tula Rasi: 17.02	Tithi 9 – 10	Gulika 5:04AM – 6:49AM	Svati Until 11:26AM	Ganesh: Clear	<i>Sunrise:</i> 5:04AM	Vilamba 5120	
		Yama 1:45PM – 3:29PM	Sadhya Until 9:58AM	Muruga: Clear	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 13	
		463242362 Rahu 8:33AM – 10:17AM	Taitila Until 4:42AM Sun	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Navami* Until 4:13PM	Moon – Green		Sivaloka Day	
				Ashada*Adi			

1 Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 23 Sutra 98 Vilamba 5120
Tula Rasi: 29.37	Tithi 10 - 11	Gulika 3:29PM - 5:13PM	Vishakha Until 1:12PM	Ganesha: White	<i>Sunrise:</i> 5:05AM	
		Yama 12:01PM - 1:45PM	Subha Until 9:44AM	Muruga: Clear	<i>Sunset:</i> 6:57PM	Moon 6 - Phase 14
Routine Work	Marana Yoga	473242362 Rahu 5:13PM - 6:57PM	Vanija Until 6:02AM Mon	Nataraja: Clear		4th Phase
			Dashami Until 5:17PM	Moon - Orange		Devaloka Day
				Ashada*Adi		

2 Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 99 Vilamba 5120
Vrischika Rasi: 11.55	Tithi 11	Gulika 1:45PM - 3:29PM	Anuradha Until 3:20PM	Ganesha: White	<i>Sunrise:</i> 5:06AM	
Family Home Evening		Yama 10:17AM - 12:01PM	Sukla Until 9:54AM	Muruga: Clear	<i>Sunset:</i> 6:57PM	Moon 6 - Phase 14
Creative Work	Siddha Yoga	473242362 Rahu 6:50AM - 8:33AM	Vanija Until 6:02AM	Nataraja: Clear		4th Phase
			Ekadashi Until 6:52PM	Moon - Orange		Devaloka Day
				Ashada*Adi		

3 Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 100 Vilamba 5120
Vrischika Rasi: 24.02	Tithi 12	Gulika 12:01PM - 1:45PM	Jyeshtha* Until 5:45PM	Ganesha: White	<i>Sunrise:</i> 5:06AM	
		Yama 8:34AM - 10:17AM	Brahma Until 10:26AM	Muruga: Clear	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 14
Routine Work	Marana Yoga	473242362 Rahu 3:29PM - 5:12PM	Bava Until 7:52AM	Nataraja: Clear		4th Phase
Until 5:45PM			Dvadashi Until 8:54PM	Moon - Orange		Devaloka Day
Then Creative Work - Amrita Yoga				Ashada*Adi		

4 Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 101 Vilamba 5120
Dhanus Rasi: 6	Tithi 13	Gulika 10:18AM - 12:01PM	Mula* Until 8:48PM	Ganesha: Red	<i>Sunrise:</i> 5:07AM	
		Yama 6:50AM - 8:34AM	Indra Until 11:16AM	Muruga: Clear	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 14
Routine Work	Marana Yoga	483342362 Rahu 12:01PM - 1:45PM	Kaulava Until 12:30AM Thu	Nataraja: Clear		4th Phase
Until 8:48PM			Trayodashi Until 10:26AM	Moon - Light Blue		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashada*Adi		
			<i>Pradosha Vrata</i>			

5 Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 102 Vilamba 5120
Dhanus Rasi: 17.52	Tithi 14	Gulika 8:34AM - 10:18AM	Purvashadha* Until 11:53PM	Ganesha: Red	<i>Sunrise:</i> 5:07AM	
		Yama 5:07AM - 6:51AM	Vaidhriti* Until 12:15PM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 6 - Phase 14
Creative Work	Siddha Yoga	483342362 Rahu 1:45PM - 3:28PM	Gara Until 12:30PM	Nataraja: Clear		4th Phase
Until 11:53PM			Chaturdashi* Until 1:46AM Fri	Moon - Light Blue		Sivaloka Day
Then Routine Work - Marana Yoga				Ashada*Adi		

Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 103 Vilamba 5120
Copper Retreat Star		Gulika 6:51AM - 8:35AM	Uttarashadha Until 2:52AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:08AM	
Dhanus Rasi: 29.4	Tithi 15	Yama 3:28PM - 5:11PM	Vishkambha* Until 1:21PM	Muruga: Clear	<i>Sunset:</i> 6:54PM	Moon 6 - Phase 14
Routine Work	Marana Yoga	483342362 Rahu 10:18AM - 12:01PM	Visti Until 3:05PM	Nataraja: Clear		Purnima
Until 2:52AM Sat			Purnima* Until 4:21AM Sat	Moon - Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga		Total Lunar Eclipse		Ashada*Adi		
		Satguru Purnima				

Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava Karana Prathamayam Titau				Shanghai, China Sutra 104 Vilamba 5120
Silver Retreat Star		Gulika 5:09AM - 6:52AM	Shravana Until 6:08AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:09AM	
Makara Rasi: 11.27	Tithi 16	Yama 1:44PM - 3:27PM	Priti Until 2:29PM	Muruga: Clear	<i>Sunset:</i> 6:54PM	Moon 6 - Phase 14
Creative Work	Siddha Yoga	493342362 Rahu 8:35AM - 10:18AM	Balava Until 5:39PM	Nataraja: Clear		Prathama
Until 6:08AM Sun			Prathama* Until 6:53AM Sun	Moon - Purple		Devaloka Day
Then Routine Work - Marana Yoga				Ashada*Adi		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shanghai, China

Makara Rasi: 23.16 Tihi 16 – 17

Gulika 3:27PM – 5:10PM
Yama 12:01PM – 1:44PM
Rahu 5:10PM – 6:53PM

Shravana Until 6:08AM
Ayushman Until 3:29PM
Taitila Until 8:06PM
Prathama* Until 6:53AM

Ganesha: Blue *Sunrise:* 5:09AM
Muruga: Clear *Sunset:* 6:53PM
Nataraja: Clear
Moon – Purple
Ashada*Adi

Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Creative Work Amrita Yoga
Until 6:08AM

Then Routine Work - Marana Yoga

Devaloka Day

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Kumbha Rasi: 5.08 Tihi 17 – 18

Gulika 1:44PM – 3:27PM
Yama 10:18AM – 12:01PM
Rahu 6:53AM – 8:36AM

Dhanishtha Until 9:03AM
Saubhagya Until 4:20PM
Vanija Until 10:19PM
Dvitiya Until 9:14AM

Ganesha: Blue *Sunrise:* 5:10AM
Muruga: Clear *Sunset:* 6:52PM
Nataraja: Clear
Moon – Purple
Ashada*Adi

Sun 1 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Shanghai, China

Kumbha Rasi: 17.07 Tihi 18 – 19

Gulika 12:01PM – 1:44PM
Yama 8:36AM – 10:18AM
Rahu 3:26PM – 5:09PM

Shatabhishak Until 11:32AM
Sobhana Until 4:58PM
Bava Until 12:11AM Wed
Tritiya Until 11:17AM

Ganesha: Blue *Sunrise:* 5:11AM
Muruga: Clear *Sunset:* 6:52PM
Nataraja: Clear
Moon – Purple
Ashada*Adi

Sun 2 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Routine Work Marana Yoga

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Kumbha Rasi: 29.16 Tihi 19 – 20

Gulika 10:19AM – 12:01PM
Yama 6:54AM – 8:36AM
Rahu 12:01PM – 1:43PM

Purvaproshtapada* Until 1:57PM
Athiganda* Until 5:14PM
Kaulava Until 1:36AM Thu
Chaturthi* Until 12:56PM

Ganesha: White *Sunrise:* 5:11AM
Muruga: Clear *Sunset:* 6:51PM
Nataraja: Clear
Moon – Clear
Ashada*Adi

Sun 3 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Creative Work Amrita Yoga

Until 1:57PM

Then Creative Work - Siddha Yoga

Devaloka Day

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China

Meena Rasi: 11.35 Tihi 20 – 21

Gulika 8:36AM – 10:19AM
Yama 5:12AM – 6:54AM
Rahu 1:43PM – 3:26PM

Uttaraproshtapada Until 3:43PM
Sukarma Until 5:07PM
Gara Until 2:29AM Fri
Panchami Until 2:06PM

Ganesha: White *Sunrise:* 5:12AM
Muruga: Clear *Sunset:* 6:50PM
Nataraja: Clear
Moon – Clear
Ashada*Adi

Sun 4 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Shanghai, China

Meena Rasi: 24.1 Tihi 21 – 22

Gulika 6:55AM – 8:37AM
Yama 3:25PM – 5:07PM
Rahu 10:19AM – 12:01PM

Revati Until 4:46PM
Dhriti Until 4:34PM
Visti Until 2:45AM Sat
Shashthi* Until 2:41PM

Ganesha: White *Sunrise:* 5:13AM
Muruga: Clear *Sunset:* 6:49PM
Nataraja: Clear
Moon – Clear
Ashada*Adi

Sun 5 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Creative Work Siddha Yoga

Until 4:46PM

Then Creative Work - Amrita Yoga

Devaloka Day

D

Saturday, August 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China

Mesha Rasi: 7.02 Tihi 22 – 23

Gulika 5:13AM – 6:55AM
Yama 1:43PM – 3:25PM
Rahu 8:37AM – 10:19AM

Ashvini Until 5:30PM
Shula* Until 3:28PM
Balava Until 2:21AM Sun
Saptami Until 2:37PM

Ganesha: Clear *Sunrise:* 5:13AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – White
Ashada*Adi

Sun 6 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China

Mesha Rasi: 20.15 Tihi 23 – 24

Gulika 3:24PM – 5:06PM
Yama 12:01PM – 1:42PM
Rahu 5:06PM – 6:48PM

Bharani Until 5:24PM
Ganda* Until 1:50PM
Taitila Until 1:16AM Mon
Ashtami* Until 1:53PM

Ganesha: Clear *Sunrise:* 5:14AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – White
Ashada*Adi

Sun 7 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Routine Work Prabalarishta Yoga

Until 5:24PM

Then Creative Work - Siddha Yoga

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

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Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam				Shanghai, China	
1	Vrishabha Rasi: 3.5 Tihti 24 – 25 Family Home Evening Routine Work Marana Yoga Until 4:29PM Then Creative Work - Amrita Yoga	424342362	Gulika	1:42PM – 3:24PM	Krittika Until 4:29PM	Ganesh: Clear	Sunrise: 5:14AM
			Yama	10:19AM – 12:01PM	Vridhhi Until 11:41AM	Muruga: Clear	Sunset: 6:47PM
			Rahu	6:56AM – 8:38AM	Vanija Until 11:31PM	Nataraja: Clear	Moon 7 - Phase 16
					Navami* Until 12:28PM	Moon – White	2nd Phase
						Ashada*Adi	Sivaloka Day

Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam				Shanghai, China	
2	Vrishabha Rasi: 17.5 Tihti 25 – 26 Creative Work Amrita Yoga Until 3:13PM Then Creative Work - Siddha Yoga	434342362	Gulika	12:01PM – 1:42PM	Rohini Until 3:13PM	Ganesh: Purple	Sunrise: 5:15AM
			Yama	8:38AM – 10:19AM	Dhruva Until 8:57AM	Muruga: Clear	Sunset: 6:46PM
			Rahu	3:23PM – 5:05PM	Bava Until 9:10PM	Nataraja: Clear	Moon 7 - Phase 16
					Dashami Until 10:24AM	Moon – Yellow	2nd Phase
						Ashada*Adi	Devaloka Day

Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukstayam				Shanghai, China	
3	Mithuna Rasi: 2.14 Tihti 26 – 27 Creative Work Siddha Yoga	434342362	Gulika	10:19AM – 12:00PM	Mrigashira Until 1:16PM	Ganesh: Purple	Sunrise: 5:16AM
			Yama	6:57AM – 8:38AM	Harshana Until 2:13AM Thu	Muruga: Clear	Sunset: 6:45PM
			Rahu	12:00PM – 1:42PM	Kaulava Until 6:17PM	Nataraja: Clear	Moon 7 - Phase 16
					Ekadashi* Until 7:46AM	Moon – Yellow	2nd Phase
						Ashada*Adi	Devaloka Day

Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukstayam				Shanghai, China	
4	Mithuna Rasi: 16.58 Tihti 28 Routine Work Marana Yoga Until 10:45AM Then Creative Work - Amrita Yoga	434342362	Gulika	8:38AM – 10:19AM	Ardra Until 10:45AM	Ganesh: Purple	Sunrise: 5:16AM
			Yama	5:16AM – 6:57AM	Vajra* Until 10:45AM	Muruga: Clear	Sunset: 6:44PM
			Rahu	1:41PM – 3:22PM	Gara Until 3:00PM	Nataraja: Clear	Moon 7 - Phase 16
					Trayodashi* Until 1:14AM Fri	Moon – Yellow	2nd Phase
						Ashada*Adi	Devaloka Day
			<i>Pradosha Vrata (Fasting)</i>				

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yukstayam				Shanghai, China	
5	Kataka Rasi: 1.56 Tihti 29 Creative Work Siddha Yoga Until 8:12AM Then Routine Work - Marana Yoga	444342362	Gulika	6:58AM – 8:39AM	Punarvasu Until 8:12AM	Ganesh: Light Blue	Sunrise: 5:17AM
			Yama	3:22PM – 5:02PM	Siddhi Until 6:18PM	Muruga: Clear	Sunset: 6:43PM
			Rahu	10:19AM – 12:00PM	Visti Until 11:28AM	Nataraja: Clear	Moon 7 - Phase 16
					Chaturdashi* Until 9:37PM	Moon – Blue	2nd Phase
						Ashada*Adi	Devaloka Day

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yukstayam				Shanghai, China	
●	Retreat Star Kataka Rasi: 17.03 Tihti 30 – 1 Routine Work Marana Yoga	444342362	Gulika	5:18AM – 6:58AM	Ashlesha* Until 2:25AM Sun	Ganesh: Light Blue	Sunrise: 5:18AM
			Yama	1:41PM – 3:21PM	Vyatipata* Until 2:12PM	Muruga: Clear	Sunset: 6:42PM
			Rahu	8:39AM – 10:19AM	Catuspada Until 7:48AM	Nataraja: Clear	Moon 7 - Phase 16
					Amavasya* Until 5:57PM	Moon – Blue	Amavasya
						Ashada*Adi	Devaloka Day
			Partial Solar Eclipse				

Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yukstayam				Shanghai, China	
●	Retreat Star Simha Rasi: 2.09 Tihti 1 – 2 Routine Work Marana Yoga Until 11:56PM Then Creative Work - Siddha Yoga	455342362	Gulika	3:21PM – 5:01PM	Magha* Until 11:56PM	Ganesh: Clear	Sunrise: 5:18AM
			Yama	12:00PM – 1:40PM	Variyan Until 10:10AM	Muruga: Clear	Sunset: 6:41PM
			Rahu	5:01PM – 6:41PM	Balava Until 12:44AM Mon	Nataraja: Clear	Moon 7 - Phase 16
					Prathama* Until 2:24PM	Moon – Red	Prathama
						Sravana*Adi	Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Shanghai, China Sun 15 Sutra 120 Vilamba 5120
	Simha Rasi: 17.05	Tithi 2 - 3	Gulika 1:40PM - 3:20PM	Purvaphalguni Until 9:38PM	Ganesha: Clear	Sunrise: 5:19AM	
	Family Home Evening	455342362	Yama 10:19AM - 12:00PM	Parigha* Until 6:19AM	Muruga: Clear	Sunset: 6:40PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	Rahu 6:59AM - 8:39AM	Taitila Until 9:39PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 11:07AM	Moon - Red		Sivaloka Day	
				Sravana-Adi			

2	Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Shanghai, China Sun 16 Sutra 121 Vilamba 5120
	Kanya Rasi: 1.43	Tithi 3 - 4	Gulika 11:59AM - 1:39PM	Uttaraphalguni Until 7:42PM	Ganesha: Clear	Sunrise: 5:19AM	
	Creative Work	Amrita Yoga	Yama 8:39AM - 10:19AM	Siddha Until 11:44PM	Muruga: Clear	Sunset: 6:39PM	Moon 7 - Phase 17
	Until 7:42PM	455342362	Rahu 3:19PM - 4:59PM	Vanija Until 7:03PM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga			Tritiya Until 8:16AM	Moon - Red		Sivaloka Day	
				Sravana-Adi			

3	Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China Sun 17 Sutra 122 Vilamba 5120
	Kanya Rasi: 15.58	Tithi 5	Gulika 10:19AM - 11:59AM	Hasta Until 6:42PM	Ganesha: Purple	Sunrise: 5:20AM	
	Routine Work	Marana Yoga	Yama 7:00AM - 8:40AM	Sadhya Until 9:12PM	Muruga: Clear	Sunset: 6:38PM	Moon 7 - Phase 17
	Until 6:42PM	465342362	Rahu 11:59AM - 1:39PM	Bava Until 5:05PM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga		Nag Panchami	Panchami Until 4:22AM Thu	Moon - Green		Subha Sivaloka Day	
				Sravana-Adi			

4	Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Shanghai, China Sun 18 Sutra 123 Vilamba 5120
	Kanya Rasi: 29.46	Tithi 6	Gulika 8:40AM - 10:19AM	Chitra Until 6:17PM	Ganesha: Purple	Sunrise: 5:21AM	
	Creative Work	Siddha Yoga	Yama 5:21AM - 7:00AM	Subha Until 7:17PM	Muruga: Clear	Sunset: 6:37PM	Moon 7 - Phase 17
	Until 6:17PM	465342362	Rahu 1:39PM - 3:18PM	Kaulava Until 3:52PM	Nataraja: Clear		3rd Phase
Then Creative Work - Amrita Yoga			Shashthi* Until 3:32AM Fri	Moon - Green		Subha Sivaloka Day	
				Sravana-Adi			

5	Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Shanghai, China Sun 19 Sutra 124 Vilamba 5120
	Tula Rasi: 13.07	Tithi 7	Gulika 7:01AM - 8:40AM	Svati Until 6:30PM	Ganesha: Purple	Sunrise: 5:21AM	
	Creative Work	Siddha Yoga	Yama 3:18PM - 4:57PM	Sukla Until 6:00PM	Muruga: Clear	Sunset: 6:36PM	Moon 7 - Phase 17
	Until 6:17PM	465342362	Rahu 10:19AM - 11:59AM	Gara Until 3:26PM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga			Saptami Until 3:31AM Sat	Moon - Green		Subha Sivaloka Day	
				Sravana-Avani			

6	Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Shanghai, China Sun 20 Sutra 125 Vilamba 5120
	Retreat Star		Gulika 5:22AM - 7:01AM	Vishakha Until 7:49PM	Ganesha: Purple	Sunrise: 5:22AM	
	Tula Rasi: 26.03	Tithi 8	Yama 1:38PM - 3:17PM	Brahma Until 5:21PM	Muruga: Clear	Sunset: 6:35PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	457342362	Rahu 8:40AM - 10:19AM	Nataraja: Clear		Ashtami
Then Creative Work - Siddha Yoga			Visti Until 3:50PM	Moon - Orange		Subha Sivaloka Day	
			Ashtami* Until 4:17AM Sun	Sravana-Avani			

7	Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Shanghai, China Sun 21 Sutra 126 Vilamba 5120
	Retreat Star		Gulika 3:16PM - 4:55PM	Anuradha Until 9:42PM	Ganesha: Clear	Sunrise: 5:23AM	
	Vrischika Rasi: 8.37	Tithi 9	Yama 11:58AM - 1:37PM	Indra Until 5:18PM	Muruga: Clear	Sunset: 6:34PM	Moon 7 - Phase 17
	Routine Work	Marana Yoga	575442362	Rahu 4:55PM - 6:34PM	Nataraja: Clear		Navami
Then Creative Work - Siddha Yoga			Balava Until 4:58PM	Moon - Orange		Sivaloka Day	
			Navami* Until 5:45AM Mon	Sravana-Avani			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Shanghai, China	
1		Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila Karana Dashamyam Titau				Sun 22 Sutra 127	
Vrischika Rasi: 20.52	Tithi 10	Gulika	1:37PM – 3:16PM	Jyeshtha* Until 12:00AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Vilamba 5120
Family Home Evening	575442362	Yama	10:19AM – 11:58AM	Vaidhriti* Until 5:42PM	Muruga: Clear	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	Rahu	7:02AM – 8:41AM	Tailila Until 6:44PM	Nataraja: Clear		4th Phase
				Dashami Until 7:47AM Tue	Moon – Orange		Sivaloka Day
					Sravana-Avani		

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Shanghai, China	
2		Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 128	
Dhanus Rasi: 2.54	Tithi 10 – 11	Gulika	11:58AM – 1:36PM	Mula* Until 3:02AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Vilamba 5120
	586442362	Yama	8:41AM – 10:19AM	Vishkambha* Until 3:02AM Wed	Muruga: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	Rahu	3:15PM – 4:54PM	Vanija Until 8:58PM	Nataraja: Clear		4th Phase
				Dashami Until 7:47AM	Moon – Light Blue		Sivaloka Day
					Sravana-Avani		

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Shanghai, China	
3		Purvashadha* Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Sun 24 Sutra 129	
Dhanus Rasi: 14.47	Tithi 11 – 12	Gulika	10:19AM – 11:58AM	Purvashadha* Until 6:08AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Vilamba 5120
	586442362	Yama	7:03AM – 8:41AM	Priti Until 7:31PM	Muruga: Clear	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	Rahu	11:58AM – 1:36PM	Bava Until 11:29PM	Nataraja: Clear		4th Phase
Until 6:08AM Thu				Ekadashi Until 10:11AM	Moon – Light Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Sravana-Avani		

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Shanghai, China	
4		Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Sun 25 Sutra 130	
Dhanus Rasi: 26.35	Tithi 12 – 13	Gulika	8:41AM – 10:19AM	Purvashadha* Until 6:08AM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	Vilamba 5120
	586442362	Yama	5:25AM – 7:03AM	Ayushman Until 8:35PM	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	Rahu	1:36PM – 3:14PM	Kaulava Until 2:06AM Fri	Nataraja: Clear		4th Phase
Until 6:08AM				Dvodashi Until 12:46PM	Moon – Light Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Sravana-Avani		
					<i>Pradosha Vrata</i>		

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Shanghai, China	
5		Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26 Sutra 131	
Makara Rasi: 8.23	Tithi 13 – 14	Gulika	7:04AM – 8:41AM	Uttarashadha Until 9:07AM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Vilamba 5120
	586442362	Yama	3:13PM – 4:51PM	Saubhagya Until 9:39PM	Muruga: Clear	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	Rahu	10:19AM – 11:57AM	Gara Until 4:38AM Sat	Nataraja: Clear		4th Phase
				Trayodashi Until 3:22PM	Moon – Light Blue		Sivaloka Day
					Sravana-Avani		
					Chidambaram Abhishekam		

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Shanghai, China	
6		Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 132	
Makara Rasi: 20.12	Tithi 14 – 15	Gulika	5:26AM – 7:04AM	Shravana Until 12:19PM	Ganesha: White	<i>Sunrise:</i> 5:26AM	Vilamba 5120
	596442362	Yama	1:35PM – 3:12PM	Sobhana Until 10:36PM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	Rahu	8:42AM – 10:19AM	Visti Until 6:58AM Sun	Nataraja: Clear		4th Phase
				Chaturdashi* Until 5:49PM	Moon – Purple		Subha Sivaloka Day
					Sravana-Avani		
					Avani Avittam		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Shanghai, China	
Copper Retreat Star		Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Sun 28 Sutra 133	
Kumbha Rasi: 2.06	Tithi 15	Gulika	3:12PM – 4:49PM	Dhanishtha Until 3:07PM	Ganesha: White	<i>Sunrise:</i> 5:27AM	Vilamba 5120
	596442362	Yama	11:57AM – 1:34PM	Athiganda* Until 11:17PM	Muruga: Clear	<i>Sunset:</i> 6:26PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	Rahu	4:49PM – 6:26PM	Visti Until 6:58AM	Nataraja: Clear		Purnima
Until 3:07PM				Purnima* Until 7:59PM	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Sravana-Avani		
					Raksha Bandhan		

Monday, August 27, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Shanghai, China	
Silver Retreat Star		Shatabhishak/Purvashadhapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Sun 29 Sutra 134	
Kumbha Rasi: 14.08	Tithi 16	Gulika	1:34PM – 3:11PM	Shatabhishak Until 5:25PM	Ganesha: White	<i>Sunrise:</i> 5:27AM	Vilamba 5120
Family Home Evening	596442362	Yama	10:19AM – 11:56AM	Sukarma Until 11:43PM	Muruga: Clear	<i>Sunset:</i> 6:25PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	Rahu	7:05AM – 8:42AM	Balava Until 8:58AM	Nataraja: Clear		Prathama
Until 5:25PM				Prathama* Until 9:48PM	Moon – Purple		Subha Sivaloka Day
Then Routine Work - Marana Yoga					Sravana-Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Hajur Veda

All times are standard time

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Shanghai, China

Sun 1 Sutra 135

Vilamba 5120

Kumbha Rasi: 26.19 Tiithi 17

517442363

Gulika 11:56AM – 1:33PM
Yama 8:42AM – 10:19AM
Rahu 3:10PM – 4:47PM

Purvaproshtapada* Until 7:39PM
Dhriti Until 11:50PM
Tailila Until 10:35AM
Dvitiya Until 11:12PM

Ganesh: White *Sunrise:* 5:28AM
Muruga: Clear *Sunset:* 6:24PM
Nataraja: Purple
Moon – Clear
Sravana-Avani

Moon 8 - Phase 19
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 7:39PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Shanghai, China

Sun 2 Sutra 136

Vilamba 5120

Meena Rasi: 8.4 Tiithi 18

517452363

Gulika 10:19AM – 11:56AM
Yama 7:05AM – 8:42AM
Rahu 11:56AM – 1:33PM

Uttaraproshtapada Until 9:18PM
Shula* Until 11:34PM
Vanija Until 11:46AM
Tritiya Until 12:10AM Thu

Ganesh: Clear *Sunrise:* 5:29AM
Muruga: Purple *Sunset:* 6:23PM
Nataraja: Purple
Moon – Clear
Sravana-Avani

Moon 8 - Phase 19
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 9:18PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 3 Sutra 137

Vilamba 5120

Meena Rasi: 21.14 Tiithi 19

517452363

Gulika 8:42AM – 10:19AM
Yama 5:29AM – 7:06AM
Rahu 1:32PM – 3:09PM

Revati Until 10:21PM
Ganda* Until 10:58PM
Bava Until 12:30PM
Chaturthi* Until 12:41AM Fri

Ganesh: Clear *Sunrise:* 5:29AM
Muruga: Purple *Sunset:* 6:22PM
Nataraja: Purple
Moon – Clear
Sravana-Avani

Moon 8 - Phase 19
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 10:21PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Shanghai, China

Sun 4 Sutra 138

Vilamba 5120

Mesha Rasi: 4 Tiithi 20

527452363

Gulika 7:06AM – 8:42AM
Yama 3:08PM – 4:44PM
Rahu 10:19AM – 11:55AM

Ashvini Until 11:16PM
Vriddhi Until 10:01PM
Kaulava Until 12:47PM
Panchami Until 12:43AM Sat

Ganesh: Purple *Sunrise:* 5:30AM
Muruga: Purple *Sunset:* 6:20PM
Nataraja: Purple
Moon – White
Sravana-Avani

Moon 8 - Phase 19
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 5 Sutra 139

Vilamba 5120

Mesha Rasi: 17 Tiithi 21

527452363

Gulika 5:30AM – 7:07AM
Yama 1:31PM – 3:07PM
Rahu 8:43AM – 10:19AM

Bharani Until 11:20PM Sun
Dhruva Until 8:40PM
Gara Until 12:35PM
Shashthi* Until 12:17AM Sun

Ganesh: Purple *Sunrise:* 5:30AM
Muruga: Purple *Sunset:* 6:19PM
Nataraja: Purple
Moon – White
Sravana-Avani

Moon 8 - Phase 19
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 11:20PM Sun

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Shanghai, China

Sun 6 Sutra 140

Vilamba 5120

Vrishabha Rasi: 0.15 Tiithi 22

527452363

Gulika 3:06PM – 4:42PM
Yama 11:55AM – 1:30PM
Rahu 4:42PM – 6:18PM

Bharani Until 11:20PM
Vyaghata* Until 16:47AM Mon
Visti Until 11:53AM
Saptami Until 11:20PM

Ganesh: Purple *Sunrise:* 5:31AM
Muruga: Purple *Sunset:* 6:18PM
Nataraja: Purple
Moon – White
Sravana-Avani

Moon 8 - Phase 19
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 141

Vilamba 5120

Vrishabha Rasi: 13.47 Tiithi 23

537452363

Gulika 1:30PM – 3:05PM
Yama 10:19AM – 11:54AM
Rahu 7:07AM – 8:43AM

Rohini Until 10:36PM
Harshana Until 4:47PM
Balava Until 10:41AM
Ashtami* Until 9:53PM

Ganesh: Clear *Sunrise:* 5:32AM
Muruga: Purple *Sunset:* 6:17PM
Nataraja: Purple
Moon – Yellow
Sravana-Avani

Moon 8 - Phase 19
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Navamyam Titau

Shanghai, China

Sun 8 Sutra 142

Vilamba 5120

Vrishabha Rasi: 27.37 Tiithi 24

538452363

Gulika 11:54AM – 1:29PM
Yama 8:43AM – 10:18AM
Rahu 3:05PM – 4:40PM

Mrigashira Until 9:24PM
Vajra* Until 2:12PM
Tailila Until 9:00AM
Navami* Until 7:57PM

Ganesh: White *Sunrise:* 5:32AM
Muruga: Purple *Sunset:* 6:16PM
Nataraja: Purple
Moon – Yellow
Sravana-Avani

Moon 8 - Phase 19
Navami

Devaloka Day

Creative Work Siddha Yoga

Until 9:24PM

Then Routine Work - Marana Yoga

1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 11.45	Tithi 25 – 26	Gulika 10:18AM – 11:54AM	Ardra Until 7:37PM	Ganesh: White	<i>Sunrise:</i> 5:33AM	
			Yama 7:08AM – 8:43AM	Siddhi Until 11:16AM	Muruga: Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	548452363 Rahu 11:54AM – 1:29PM	Vanija Until 6:49AM	Nataraja: Purple		2nd Phase
			Dashami Until 5:33PM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 10 Sutra 144 Vilamba 5120
	Mithuna Rasi: 26.11	Tithi 26 – 27	Gulika 8:43AM – 10:18AM	Punarvasu Until 5:43PM	Ganesh: Yellow	<i>Sunrise:</i> 5:33AM	
			Yama 5:33AM – 7:08AM	Vyatipata* Until 8:00AM	Muruga: Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu 1:28PM – 3:03PM	Kaulava Until 1:17AM Fri	Nataraja: Purple		2nd Phase
			Ekadashi* Until 2:46PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 10.51	Tithi 27 – 28	Gulika 7:09AM – 8:43AM	Pushya Until 3:24PM	Ganesh: Yellow	<i>Sunrise:</i> 5:34AM	
			Yama 3:02PM – 4:37PM	Parigha* Until 12:43AM Sat	Muruga: Purple	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 10:18AM – 11:53AM	Gara Until 10:07PM	Nataraja: Purple		2nd Phase
			Dvadashi* Until 11:42AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 12 Sutra 146 Vilamba 5120
	Kataka Rasi: 25.41	Tithi 28 – 29	Gulika 5:35AM – 7:09AM	Ashlesha* Until 12:49PM	Ganesh: Yellow	<i>Sunrise:</i> 5:35AM	
			Yama 1:27PM – 3:02PM	Shiva Until 8:56PM	Muruga: Purple	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 8:44AM – 10:18AM	Visti Until 6:50PM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 8:28AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				Then Creative Work - Amrita Yoga			

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika 3:01PM – 4:35PM	Magha* Until 10:28AM	Ganesh: Red	<i>Sunrise:</i> 5:35AM	
	Simha Rasi: 10.34	Tithi 30	Yama 11:52AM – 1:26PM	Siddha Until 5:09PM	Muruga: Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 4:35PM – 6:09PM	Catuspada Until 3:35PM	Nataraja: Purple		Amavasya
			Amavasya* Until 2:00AM Mon	Moon – Red		Bhuloka Day	
			Grandparent's Day	Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				Then Creative Work - Siddha Yoga			

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Shanghai, China Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 25.2	Tithi 1	Gulika 1:26PM – 3:00PM	Purvaphalguni Until 8:08AM	Ganesh: Red	<i>Sunrise:</i> 5:36AM	
	Family Home Evening		Yama 10:18AM – 11:52AM	Sadhya Until 1:32PM	Muruga: Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	548452363 Rahu 7:10AM – 8:44AM	Kintughna Until 12:31PM	Nataraja: Purple		Prathama
			Prathama* Until 11:04PM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Shanghai, China Sun 15 Sutra 149 Vilamba 5120	
	Kanya Rasi: 9.55	Tithi 2	Gulika 11:51AM – 1:25PM Yama 8:44AM – 10:18AM Rahu 2:59PM – 4:33PM	Hasta Until 4:33AM Wed Subha Until 10:14AM Balava Until 6:91AM Wed Dvitiya Until 1:32PM	Ganesh: Blue <i>Sunrise:</i> 5:36AM Muruga: Purple <i>Sunset:</i> 6:07PM Nataraja: Purple Moon – Red Bhadrapada-Avani	Bhuloka Day Moon 8 - Phase 21 3rd Phase		
2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Shanghai, China Sun 16 Sutra 150 Vilamba 5120	
	Kanya Rasi: 24.1	Tithi 3	Gulika 10:18AM – 11:51AM Yama 7:10AM – 8:44AM Rahu 11:51AM – 1:25PM	Chitra Until 3:35AM Thu Sukla Until 7:17AM Tailila Until 7:31AM Tritiya Until 6:37PM	Ganesh: Blue <i>Sunrise:</i> 5:37AM Muruga: Purple <i>Sunset:</i> 6:05PM Nataraja: Purple Moon – Green Bhadrapada-Avani	Bhuloka Day Moon 8 - Phase 21 3rd Phase		
3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China Sun 17 Sutra 151 Vilamba 5120	
	Tula Rasi: 8.02	Tithi 4 – 5	Gulika 8:44AM – 10:17AM Yama 5:37AM – 7:11AM Rahu 1:24PM – 2:57PM	Svati Until 3:12AM Fri Indra Until 3:04AM Fri Bava Until 5:02AM Fri Chaturthi* Until 5:21PM	Ganesh: Blue <i>Sunrise:</i> 5:37AM Muruga: Purple <i>Sunset:</i> 6:04PM Nataraja: Purple Moon – Green Bhadrapada-Avani	Bhuloka Day Moon 8 - Phase 21 3rd Phase		
4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Shanghai, China Sun 18 Sutra 152 Vilamba 5120	
	Tula Rasi: 21.26	Tithi 5 – 6	Gulika 7:11AM – 8:44AM Yama 2:57PM – 4:30PM Rahu 10:17AM – 11:50AM	Vishakha Until 3:56AM Sat Vaidhriti* Until 1:53AM Sat Kaulava Until 4:59AM Sat Panchami Until 3:04AM Fri	Ganesh: White <i>Sunrise:</i> 5:38AM Muruga: Purple <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Orange Bhadrapada-Avani	Devaloka Day Moon 8 - Phase 21 3rd Phase		
5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China Sun 19 Sutra 153 Vilamba 5120	
	Vrischika Rasi: 4.25	Tithi 6 – 7	Gulika 5:39AM – 7:11AM Yama 1:23PM – 2:56PM Rahu 8:44AM – 10:17AM	Anuradha Until 5:18AM Sun Vishkambha* Until 1:22AM Sun Gara Until 5:46AM Sun Shashthi* Until 1:53AM Sat	Ganesh: White <i>Sunrise:</i> 5:39AM Muruga: Purple <i>Sunset:</i> 6:02PM Nataraja: Purple Moon – Orange Bhadrapada-Avani	Devaloka Day Moon 8 - Phase 21 3rd Phase		
6	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptamyam Titau				Shanghai, China Sun 20 Sutra 154 Vilamba 5120	
	Vrischika Rasi: 17.01	Tithi 7	Gulika 2:55PM – 4:28PM Yama 11:50AM – 1:22PM Rahu 4:28PM – 6:00PM	Jyeshtha* Until 7:14AM Mon Priti Until 7:14AM Mon Visti Until 6:77AM Mon Saptami Until 6:25PM	Ganesh: White <i>Sunrise:</i> 5:39AM Muruga: Purple <i>Sunset:</i> 6:00PM Nataraja: Purple Moon – Orange Bhadrapada-Avani	Devaloka Day Moon 8 - Phase 21 3rd Phase		
Retreat Star	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Visti/Balava Karana Ashtamyam Titau				Shanghai, China Sun 21 Sutra 155 Vilamba 5120	
	Vrischika Rasi: 29.17	Tithi 8	Gulika 1:22PM – 2:54PM Yama 10:17AM – 11:49AM Rahu 7:12AM – 8:45AM	Jyeshtha* Until 7:14AM Ayushman Until 7:14AM Visti Until 7:17AM Ashtami* Until 8:16PM	Ganesh: White <i>Sunrise:</i> 5:40AM Muruga: Purple <i>Sunset:</i> 5:59PM Nataraja: Purple Moon – Orange Bhadrapada-Puratasi	Devaloka Day Moon 8 - Phase 21 Ashtami		
Retreat Star	Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Tailila Karana Navamyam Titau				Shanghai, China Sun 22 Sutra 156 Vilamba 5120	
	Dhanus Rasi: 11.18	Tithi 9	Gulika 11:49AM – 1:21PM Yama 8:45AM – 10:17AM Rahu 2:53PM – 4:26PM	Mula* Until 10:04AM Saubhagya Until 10:04AM Balava Until 9:24AM Navami* Until 10:36PM	Ganesh: Clear <i>Sunrise:</i> 5:40AM Muruga: Purple <i>Sunset:</i> 5:58PM Nataraja: Purple Moon – Light Blue Bhadrapada-Puratasi	Bhuloka Day Devaloka Time: 9:AM to 12:PM		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 23.1	Tithi 10	Gulika Yama	10:17AM – 11:49AM 7:13AM – 8:45AM	Purvashadha* Until 1:06PM Sobhana Until 3:56AM Thu Tailila Until 11:54AM Dashami Until 1:12AM Thu	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:41AM Sunset: 5:56PM Moon 8 - Phase 22 4th Phase
	Creative Work	Amrita Yoga	581552363	Rahu 11:49AM – 1:21PM			Bhuloka Day Devaloka Time: 9:AM to12:PM

2	Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 4.58	Tithi 11	Gulika Yama	8:45AM – 10:17AM 5:41AM – 7:13AM	Uttarashadha Until 6:13AM Sat Fri Athiganda* Until 4:58AM Fri Vanija Until 2:32PM Ekadashi Until 3:48AM Fri	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:41AM Sunset: 5:55PM Moon 8 - Phase 22 4th Phase
	Routine Work	Marana Yoga	581552363	Rahu 1:20PM – 2:52PM			Bhuloka Day Devaloka Time: 9:AM to12:PM
	Until 6:13AM Sat Fri	Then Creative Work - Siddha Yoga					

3	Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Bava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 16.46	Tithi 12	Gulika Yama	7:14AM – 8:45AM 2:51PM – 4:22PM	Uttarashadha Until 6:13AM Sat Sukarma Until 5:51AM Sat Bava Until 5:04PM Dvadashi Until 6:13AM Sat	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:42AM Sunset: 5:54PM Moon 8 - Phase 22 4th Phase
	Routine Work	Marana Yoga	591552363	Rahu 10:16AM – 11:48AM			Devaloka Day Bhadrapada-Puratasi
	Until 6:13AM Sat Fri	Then Creative Work - Siddha Yoga					

4	Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 26 Sutra 160 Vilamba 5120
	Makara Rasi: 28.39	Tithi 12 – 13	Gulika Yama	5:43AM – 7:14AM 1:19PM – 2:50PM	Shravana Until 6:13AM Dhriti Until 6:42AM Mon Sun Kaulava Until 7:19PM Dvadashi Until 6:13AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:43AM Sunset: 5:53PM Moon 8 - Phase 22 4th Phase
	Creative Work	Siddha Yoga	591552363	Rahu 8:45AM – 10:16AM			Devaloka Day Bhadrapada-Puratasi
	Until 6:13AM	Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>

5	Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 10.4	Tithi 13 – 14	Gulika Yama	2:49PM – 4:20PM 11:47AM – 1:18PM	Dhanishtha Until 8:16AM Dhriti Until 6:42AM Mon Gara Until 9:09PM Trayodashi Until 8:16AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:43AM Sunset: 5:51PM Moon 8 - Phase 22 4th Phase
	Creative Work	Siddha Yoga	591552363	Rahu 4:20PM – 5:51PM			Devaloka Day Bhadrapada-Puratasi
							Chidambaram Abhishekam Kadaitswami Mahasamadhi

○	Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Shanghai, China Sutra 162 Vilamba 5120
	Copper Retreat Star		Gulika Yama	1:18PM – 2:48PM 10:16AM – 11:47AM	Purvaproshtapada* Until 2:11AM Tue Shula* Until 6:42AM Visti Until 9:88PM Chaturdashi* Until 6:42AM Mon	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 5:44AM Sunset: 5:50PM Moon 8 - Phase 22 Purnima
	Kumbha Rasi: 22.53	Tithi 14 – 15	511552363	Rahu 7:15AM – 8:45AM			Devaloka Day Bhadrapada-Puratasi
	Family Home Evening						

○	Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sutra 163 Vilamba 5120
	Silver Retreat Star		Gulika Yama	11:47AM – 1:17PM 8:45AM – 10:16AM	Uttaraproshtapada Until 3:31AM Wed Ganda* Until 6:34AM Balava Until 10:76PM Purnima* Until 6:42AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 5:44AM Sunset: 5:49PM Moon 8 - Phase 22 Prathama
	Meena Rasi: 5.19	Tithi 15 – 16	511552363	Rahu 2:48PM – 4:18PM			Devaloka Day Bhadrapada-Puratasi
	Creative Work	Amrita Yoga					



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shanghai, China

Meena Rasi: 17.58 Tihi 16 – 17

Gulika 10:16AM – 11:46AM

Revati Until 4:14AM Thu

Ganesh: Purple Sunrise: 5:45AM

Sutra 164

Yama 7:15AM – 8:46AM

Vriddhi Until 6:02AM

Muruga: Purple Sunset: 5:47PM

Vilamba 5120

511552363 Rahu 11:46AM – 1:16PM

Taitila Until 11:35PM

Nataraja: Purple

Moon 9 - Phase 23

1st Phase

Routine Work Marana Yoga

Prathama* Until 11:28AM

Moon – Clear
Bhadrapada-Puratasi

Devaloka Day

Until 4:14AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Mesha Rasi: 0.52 Tihi 17 – 18

Gulika 8:46AM – 10:16AM

Ashvini Until 4:50AM Fri

Ganesh: Clear Sunrise: 5:46AM

Sun 1 Sutra 165

Yama 5:46AM – 7:16AM

Vyaghata* Until 3:51AM Fri

Muruga: Purple Sunset: 5:46PM

Vilamba 5120

521552363 Rahu 1:16PM – 2:46PM

Vanija Until 11:28PM

Nataraja: Purple

Moon 9 - Phase 23

1st Phase

Creative Work Amrita Yoga

Dvitiya Until 11:33AM

Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Until 4:50AM Fri

Devaloka Time: 9:AM to 12:PM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Shanghai, China

Mesha Rasi: 13.58 Tihi 18 – 19

Gulika 7:16AM – 8:46AM

Bharani Until 4:55AM Sat

Ganesh: Purple Sunrise: 5:46AM

Sun 2 Sutra 166

Yama 2:45PM – 4:15PM

Harshana Until 2:19AM Sat

Muruga: Purple Sunset: 5:45PM

Vilamba 5120

621552363 Rahu 10:16AM – 11:45AM

Bava Until 10:57PM

Nataraja: Purple

Moon 9 - Phase 23

1st Phase

Creative Work Siddha Yoga

Tritiya Until 11:14AM

Moon – White
Bhadrapada-Puratasi

Devaloka Day

Until 4:55AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Mesha Rasi: 27.15 Tihi 19 – 20

Gulika 5:47AM – 7:16AM

Krittika Until 4:32AM Sun

Ganesh: Clear Sunrise: 5:47AM

Sun 3 Sutra 167

Yama 1:15PM – 2:44PM

Vajra* Until 12:29AM Sun

Muruga: Purple Sunset: 5:44PM

Vilamba 5120

622552363 Rahu 8:46AM – 10:16AM

Kaulava Until 10:06PM

Nataraja: Purple

Moon 9 - Phase 23

1st Phase

Creative Work Amrita Yoga

Chaturthi* Until 10:33AM

Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Until 4:32AM Sun

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China

Vrisabha Rasi: 10.44 Tihi 20 – 21

Gulika 2:44PM – 4:13PM

Rohini Until 4:09AM Mon

Ganesh: Purple Sunrise: 5:47AM

Sun 4 Sutra 168

Yama 11:45AM – 1:14PM

Siddhi Until 10:26PM

Muruga: Purple Sunset: 5:42PM

Vilamba 5120

632552363 Rahu 4:13PM – 5:42PM

Gara Until 8:57PM

Nataraja: Purple

Moon 9 - Phase 23

1st Phase

Creative Work Siddha Yoga

Panchami Until 9:33AM

Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 4:09AM Mon

Then Creative Work - Amrita Yoga

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Shanghai, China

Vrisabha Rasi: 24.23 Tihi 21 – 22

Gulika 1:14PM – 2:43PM

Mrigashira Until 3:21AM Tue

Ganesh: Purple Sunrise: 5:48AM

Sun 5 Sutra 169

Yama 10:15AM – 11:45AM

Vyatipata* Until 8:09PM

Muruga: Purple Sunset: 5:41PM

Vilamba 5120

Family Home Evening

632552363 Rahu 7:17AM – 8:46AM

Visti Until 7:31PM

Nataraja: Purple

Moon 9 - Phase 23

1st Phase

Creative Work Amrita Yoga

Shashthi* Until 8:15AM

Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 3:21AM Tue

Then Routine Work - Marana Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Bava Karana Saptami/Ashtamyam Titau

Shanghai, China

Mithuna Rasi: 8.11 Tihi 22 – 23

Gulika 11:44AM – 1:13PM

Ardra Until 2:07AM Wed

Ganesh: Purple Sunrise: 5:49AM

Sun 6 Sutra 170

Yama 8:46AM – 10:15AM

Variyan Until 5:38PM

Muruga: Purple Sunset: 5:40PM

Vilamba 5120

632552363 Rahu 2:42PM – 4:11PM

Bava Until 6:40AM

Nataraja: Purple

Moon 9 - Phase 23

Ashtami

Routine Work Marana Yoga

Saptami Until 6:40AM

Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 2:07AM Wed

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Mithuna Rasi: 22.11 Tihi 24

Gulika 10:15AM – 11:44AM

Punarvasu Until 12:54AM Thu

Ganesh: Clear Sunrise: 5:49AM

Sun 7 Sutra 171

Yama 7:18AM – 8:47AM

Parigha* Until 2:54PM

Muruga: Purple Sunset: 5:38PM

Vilamba 5120

642552363 Rahu 11:44AM – 1:13PM

Taitila Until 3:49PM

Nataraja: Purple

Moon 9 - Phase 23

Navami

Creative Work Siddha Yoga

Navami* Until 2:42AM Thu

Moon – Blue
Bhadrapada-Puratasi

Bhuloka Day

Until 12:54AM Thu

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


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1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam		Shanghai, China	
Kataka Rasi: 6.2		Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 172		Vilamba 5120	
Creative Work		Gulika	8:47AM – 10:15AM	Pushya Until 11:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM			
Until 11:19PM		Yama	5:50AM – 7:18AM	Shiva Until 11:58AM	Muruga: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24		
Then Creative Work - Siddha Yoga		642552363 Rahu	1:12PM – 2:40PM	Vanija Until 1:35PM	Nataraja: Purple	Moon – Blue			Bhuloka Day
				Dashami Until 12:21AM Fri	Bhadrapada•Puratasi	Devaloka Time: 6:AM to 9:AM			

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam		Shanghai, China	
Kataka Rasi: 20.39		Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 173		Vilamba 5120	
Routine Work		Gulika	7:19AM – 8:47AM	Ashlesha* Until 9:24PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM			
Marana Yoga		Yama	2:40PM – 4:08PM	Siddha Until 8:50AM	Muruga: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 24		
		642552363 Rahu	10:15AM – 11:43AM	Bava Until 11:08AM	Nataraja: Purple	Moon – Blue			Bhuloka Day
				Ekadashi* Until 9:49PM	Bhadrapada•Puratasi	Devaloka Time: 6:AM to 9:AM			

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam		Shanghai, China	
Simha Rasi: 5.05		Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 174		Vilamba 5120	
Creative Work		Gulika	5:51AM – 7:19AM	Magha* Until 7:40PM	Ganesha: White	<i>Sunrise:</i> 5:51AM			
Until 7:40PM		Yama	1:11PM – 2:39PM	Subha Until 2:18AM Sun	Muruga: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 24		
Then Creative Work - Siddha Yoga		642552363 Rahu	8:47AM – 10:15AM	Kaulava Until 8:32AM	Nataraja: Purple	Moon – Red			Bhuloka Day
				Dvadashi* Until 7:11PM	Bhadrapada•Puratasi				

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam		Shanghai, China	
Simha Rasi: 19.34		Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 175		Vilamba 5120	
Creative Work		Gulika	2:38PM – 4:06PM	Purvaphalguni Until 5:47PM	Ganesha: White	<i>Sunrise:</i> 5:52AM			
Until 5:47PM		Yama	11:43AM – 1:10PM	Sukla Until 11:01PM	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 24		
Then Creative Work - Amrita Yoga		642552363 Rahu	4:06PM – 5:34PM	Visti Until 2:77AM Mon	Nataraja: Purple	Moon – Red			Bhuloka Day
				Trayodashi* Until 2:18AM Sun	Bhadrapada•Puratasi				
				<i>Pradosha Vrata (Fasting)</i>					

		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam		Shanghai, China	
Retreat Star		Uttaraphalguni/Hasta Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 176		Vilamba 5120	
Kanya Rasi: 3.59		Gulika	1:10PM – 2:37PM	Uttaraphalguni Until 3:53PM	Ganesha: White	<i>Sunrise:</i> 5:52AM			
Family Home Evening		Yama	10:15AM – 11:42AM	Brahma Until 7:52PM	Muruga: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24		
Creative Work		642552364 Rahu	7:20AM – 8:47AM	Catuspada Until 12:52AM Tue	Nataraja: Clear	Moon – Red			Bhuloka Day
Siddha Yoga				Chaturdashi* Until 2:02PM	Bhadrapada•Puratasi	Devaloka Time: 6:PM to 9:PM			
		Mahalaya Amavasai (Tamil Nadu)							

Retreat Star		Tuesday, October 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam		Shanghai, China	
Kanya Rasi: 18.17		Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 177		Vilamba 5120	
Creative Work		Gulika	11:42AM – 1:09PM	Hasta Until 2:32PM	Ganesha: Red	<i>Sunrise:</i> 5:53AM			
Siddha Yoga		Yama	8:48AM – 10:15AM	Indra Until 4:59PM	Muruga: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 24		
		662652364 Rahu	2:37PM – 4:04PM	Kintughna Until 10:48PM	Nataraja: Clear	Moon – Green			Devaloka Day
				Amavasya* Until 11:46AM	Ashvina•Puratasi				
		Navaratri Begins							

1		Wednesday, October 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Shanghai, China Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 2.2	Titithi 1 – 2	Gulika	10:15AM – 11:42AM	Chitra Until 1:28PM	Ganesha: Red	<i>Sunrise:</i> 5:54AM			
		Yama	7:21AM – 8:48AM	Vaidhriti* Until 2:25PM	Muruga: Purple	<i>Sunset:</i> 5:30PM			Moon 9 - Phase 25
		662652364 Rahu	11:42AM – 1:09PM	Balava Until 9:12PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga			Prathama* Until 9:54AM	Moon – Green			Devaloka Day	
					Ashvina* Puratasi				
2		Thursday, October 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Shanghai, China Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 16.04	Titithi 2 – 3	Gulika	8:48AM – 10:15AM	Svati Until 12:49PM	Ganesha: Red	<i>Sunrise:</i> 5:54AM			
		Yama	5:54AM – 7:21AM	Vishkambha* Until 12:19PM	Muruga: Purple	<i>Sunset:</i> 5:29PM			Moon 9 - Phase 25
		662652364 Rahu	1:08PM – 2:35PM	Taitila Until 8:12PM	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga			Dvitiya Until 8:36AM	Moon – Green			Devaloka Day	
Until 12:49PM					Ashvina* Puratasi				
Then Creative Work - Siddha Yoga									
3		Friday, October 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Shanghai, China Sun 16 Sutra 180 Vilamba 5120	
Tula Rasi: 29.26	Titithi 3 – 4	Gulika	7:22AM – 8:48AM	Vishakha Until 1:08PM	Ganesha: White	<i>Sunrise:</i> 5:55AM			
		Yama	2:34PM – 4:01PM	Priti Until 10:47AM	Muruga: Purple	<i>Sunset:</i> 5:28PM			Moon 9 - Phase 25
		673652364 Rahu	10:15AM – 11:41AM	Vanija Until 7:56PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 7:57AM	Moon – Orange			Bhuloka Day	
					Ashvina* Puratasi			Devaloka Time: 6:PM to 9:PM	
4		Saturday, October 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Shanghai, China Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 12.23	Titithi 4 – 5	Gulika	5:56AM – 7:22AM	Anuradha Until 2:03PM	Ganesha: White	<i>Sunrise:</i> 5:56AM			
		Yama	1:07PM – 2:34PM	Ayushman Until 9:49AM	Muruga: Purple	<i>Sunset:</i> 5:26PM			Moon 9 - Phase 25
		673652364 Rahu	8:48AM – 10:15AM	Bava Until 8:27PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 8:04AM	Moon – Orange			Bhuloka Day	
					Ashvina* Puratasi			Devaloka Time: 6:PM to 9:PM	
5		Sunday, October 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Panchami/Shashthiyam Titau		Shanghai, China Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 24.59	Titithi 5 – 6	Gulika	2:33PM – 3:59PM	Jyeshtha* Until 3:33PM	Ganesha: White	<i>Sunrise:</i> 5:56AM			
		Yama	11:41AM – 1:07PM	Saubhagya Until 3:33PM	Muruga: Purple	<i>Sunset:</i> 5:25PM			Moon 9 - Phase 25
		673652364 Rahu	3:59PM – 5:25PM	Taitila Until 10:36AM Mon	Nataraja: Clear				3rd Phase
Routine Work	Marana Yoga			Panchami Until 8:58AM	Moon – Orange			Bhuloka Day	
Until 3:33PM					Ashvina* Puratasi			Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga									
6		Monday, October 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Shanghai, China Sun 19 Sutra 183 Vilamba 5120	
Dhanus Rasi: 7.15	Titithi 6 – 7	Gulika	1:06PM – 2:32PM	Mula* Until 6:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:57AM			
Family Home Evening		Yama	10:15AM – 11:41AM	Sobhana Until 9:41AM	Muruga: Purple	<i>Sunset:</i> 5:24PM			Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364 Rahu	7:23AM – 8:49AM	Gara Until 11:40PM	Nataraja: Clear				3rd Phase
Until 6:03PM				Shashthi* Until 10:36AM	Moon – Light Blue			Devaloka Day	
Then Routine Work - Marana Yoga					Ashvina* Puratasi				
D		Tuesday, October 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Shanghai, China Sun 20 Sutra 184 Vilamba 5120	
Retreat Star		Gulika	11:40AM – 1:06PM	Purvashadha* Until 8:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM			
Dhanus Rasi: 19.17	Titithi 7 – 8	Yama	8:49AM – 10:15AM	Athiganda* Until 10:19AM	Muruga: Purple	<i>Sunset:</i> 5:23PM			Moon 9 - Phase 25
		683652364 Rahu	2:32PM – 3:57PM	Visti Until 2:05AM Wed	Nataraja: Clear				Ashtami
Creative Work	Siddha Yoga			Saptami Until 12:49PM	Moon – Light Blue			Devaloka Day	
Until 8:54PM					Ashvina* Puratasi				
Then Routine Work - Prabalarishta Yoga		Durga Ashtami							
W		Wednesday, October 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Shanghai, China Sun 21 Sutra 185 Vilamba 5120	
Retreat Star		Gulika	10:15AM – 11:40AM	Uttarashadha Until 11:49PM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM			
Makara Rasi: 1.08	Titithi 8 – 9	Yama	7:24AM – 8:49AM	Sukarma Until 11:15AM	Muruga: Purple	<i>Sunset:</i> 5:22PM			Moon 9 - Phase 25
		683652364 Rahu	11:40AM – 1:06PM	Balava Until 4:44AM Thu	Nataraja: Clear				Navami
Creative Work	Amrita Yoga			Ashtami* Until 3:23PM	Moon – Light Blue			Devaloka Day	
Until 11:49PM		Saraswathi Puja (Tamil Nadu)			Ashvina* Aipasi				
Then Creative Work - Siddha Yoga									

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1	Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava Karana Navamyam Titau				Shanghai, China Sun 22 Sutra 186	
	Makara Rasi: 12.56	Tithi 9	Gulika 8:50AM – 10:15AM	Shravana Until 3:05AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Vilamba 5120	
			Yama 5:59AM – 7:24AM	Dhriti Until 12:17PM	Muruga: Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 26	
	Creative Work	Siddha Yoga	693652364 Rahu 1:05PM – 2:30PM	Kaulava Until 6:02PM	Nataraja: Clear		4th Phase	
		Vijaya Dasami		Navami* Until 6:02PM	Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM	


2	Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 187	
	Makara Rasi: 24.46	Tithi 10	Gulika 7:25AM – 8:50AM	Dhanishtha Until 5:55AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:00AM	Vilamba 5120	
			Yama 2:30PM – 3:55PM	Shula* Until 1:12PM	Muruga: Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 26	
	Creative Work	Siddha Yoga	693652364 Rahu 10:15AM – 11:40AM	Tailila Until 7:20AM	Nataraja: Clear		4th Phase	
		Dashami Until 8:30PM		Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		


3	Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 188	
	Kumbha Rasi: 6.41	Tithi 11	Gulika 6:01AM – 7:25AM	Shatabhishak Until 8:09AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:01AM	Vilamba 5120	
			Yama 1:04PM – 2:29PM	Ganda* Until 1:52PM	Muruga: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 26	
	Creative Work	Amrita Yoga	693652364 Rahu 8:50AM – 10:15AM	Vanija Until 9:37AM	Nataraja: Clear		4th Phase	
		Ekadashi Until 10:34PM		Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

4	Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 189	
	Kumbha Rasi: 18.49	Tithi 12	Gulika 2:28PM – 3:53PM	Shatabhishak Until 8:09AM	Ganesha: Purple	<i>Sunrise:</i> 6:01AM	Vilamba 5120	
			Yama 11:39AM – 1:04PM	Vridhi Until 2:09PM	Muruga: Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 26	
	Creative Work	Siddha Yoga	693652364 Rahu 3:53PM – 5:17PM	Bava Until 11:25AM	Nataraja: Clear		4th Phase	
		Dvadashi Until 12:04AM Mon		Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

5	Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 190	
	Meena Rasi: 1.1	Tithi 13	Gulika 1:04PM – 2:28PM	Purvaprosarthapada* Until 10:07AM	Ganesha: White	<i>Sunrise:</i> 6:02AM	Vilamba 5120	
	Family Home Evening		Yama 10:15AM – 11:39AM	Dhruva Until 1:56PM	Muruga: Purple	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 26	
	Routine Work	Marana Yoga	613652364 Rahu 7:26AM – 8:51AM	Kaulava Until 12:36PM	Nataraja: Clear		4th Phase	
		Trayodashi Until 12:56AM Tue		Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
		<i>Pradosha Vrata</i>						

6	Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 191	
	Meena Rasi: 13.49	Tithi 14	Gulika 11:39AM – 1:03PM	Uttarproshthapada Until 11:19AM	Ganesha: White	<i>Sunrise:</i> 6:03AM	Vilamba 5120	
			Yama 8:51AM – 10:15AM	Vyaghata* Until 1:14PM	Muruga: Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 26	
	Creative Work	Amrita Yoga	613652364 Rahu 2:27PM – 3:51PM	Gara Until 1:08PM	Nataraja: Clear		4th Phase	
		Chaturdashi* Until 1:09AM Wed		Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

	Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 192	
	Meena Rasi: 26.46	Tithi 15	Gulika 10:15AM – 11:39AM	Revati Until 11:44AM	Ganesha: White	<i>Sunrise:</i> 6:04AM	Vilamba 5120	
			Yama 7:27AM – 8:51AM	Harshana Until 12:03PM	Muruga: Purple	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 26	
	Routine Work	Marana Yoga	613652364 Rahu 11:39AM – 1:03PM	Visti Until 1:04PM	Nataraja: Clear		Purnima	
		Purnima* Until 12:47AM Thu		Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

	Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China Sutra 193	
	Mesha Rasi: 10	Tithi 16	Gulika 8:52AM – 10:15AM	Ashvini Until 11:56AM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	Vilamba 5120	
			Yama 6:04AM – 7:28AM	Vajra* Until 10:25AM	Muruga: Purple	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 26	
	Creative Work	Amrita Yoga	623652364 Rahu 1:02PM – 2:26PM	Balava Until 12:26PM	Nataraja: Clear		Prathama	
		Prathama* Until 11:56PM		Ashvina-Aipasi		Devaloka Day		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Shanghai, China

Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 23.31 Tihti 17

624652364

Gulika 7:28AM – 8:52AM
Yama 2:26PM – 3:49PM
Rahu 10:15AM – 11:39AMBharani Until 11:32AM
Siddhi Until 8:27AM
Taitila Until 11:21AM
Dvitiya Until 10:40PMGanesha: White Sunrise: 6:05AM
Muruga: Purple Sunset: 5:12PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata*/Varians Yoga Vanija/Visti* Karana Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrisabha Rasi: 7.13 Tihti 18

624652364

Gulika 6:06AM – 7:29AM
Yama 1:02PM – 2:25PM
Rahu 8:52AM – 10:15AMKrittika Until 10:40AM
Vyatipata* Until 6:11AM
Vanija Until 9:56AM
Tritiya Until 9:07PMGanesha: White Sunrise: 6:06AM
Muruga: Purple Sunset: 5:11PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 2 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrisabha Rasi: 21.05 Tihti 19

634652364

Gulika 2:25PM – 3:48PM
Yama 11:39AM – 1:02PM
Rahu 3:48PM – 5:10PMRohini Until 9:50AM
Parigha* Until 1:06AM Mon
Bava Until 8:17AM
Chaturthi* Until 7:23PMGanesha: Clear Sunrise: 6:07AM
Muruga: Purple Sunset: 5:10PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Shanghai, China

Sun 3 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 5.04 Tihti 20 – 21

634652364

Gulika 1:01PM – 2:24PM
Yama 10:16AM – 11:38AM
Rahu 7:30AM – 8:53AMMrigashira Until 8:44AM
Shiva Until 10:25PM
Kaulava Until 6:29AM
Panchami Until 5:31PMGanesha: Clear Sunrise: 6:07AM
Muruga: Purple Sunset: 5:10PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Family Home Evening
Creative Work Amrita Yoga

Until 8:44AM

Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha Yoga Vanija Karana Shashthi/Saptamyam Titau

Shanghai, China

Sun 4 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 19.05 Tihti 21 – 22

634652364

Gulika 11:38AM – 1:01PM
Yama 8:53AM – 10:16AM
Rahu 2:24PM – 3:46PMArdra Until 7:23AM
Siddha Until 7:40PM
Vanija Until 3:36PM
Shashthi* Until 3:36PMGanesha: Clear Sunrise: 6:08AM
Muruga: Purple Sunset: 5:09PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Routine Work Marana Yoga

Until 7:23AM

Then Creative Work - Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Bava Karana Saptami/Ashtamyam Titau

Shanghai, China

Sun 5 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 3.09 Tihti 22 – 23

644662364

Gulika 10:16AM – 11:38AM
Yama 7:31AM – 8:54AM
Rahu 11:38AM – 1:01PMPunarvasu Until 6:17AM
Sadhya Until 4:55PM
Bava Until 1:38PM
Saptami Until 1:38PMGanesha: Purple Sunrise: 6:09AM
Muruga: Clear Sunset: 5:08PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China

Sun 6 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 17.14 Tihti 23 – 24

644662364

Gulika 8:54AM – 10:16AM
Yama 6:10AM – 7:32AM
Rahu 1:00PM – 2:23PMAshlesha* Until 3:36AM Fri
Subha Until 2:09PM
Taitila Until 10:41PM
Ashtami* Until 11:39AMGanesha: Purple Sunrise: 6:10AM
Muruga: Clear Sunset: 5:07PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:36AM Fri

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Shanghai, China Sun 7 Sutra 201 Vilamba 5120
Simha Rasi: 1.19	Tithi 24 – 25	Gulika 7:32AM – 8:54AM	Magha* Until 2:29AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	
		Yama 2:22PM – 3:44PM	Sukla Until 11:21AM	Muruga: Clear	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28 2nd Phase
		654662364 Rahu 10:16AM – 11:38AM	Vanija Until 8:42PM	Nataraja: Clear		
Routine Work	Marana Yoga		Navami* Until 9:40AM	Moon – Red		Sivaloka Day
Until 2:29AM Sat				Ashvina•Aipasi		
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 8 Sutra 202 Vilamba 5120
Simha Rasi: 15.23	Tithi 25 – 26	Gulika 6:11AM – 7:33AM	Purvaphalguni Until 1:14AM Sun	Ganesha: White	<i>Sunrise:</i> 6:11AM	
		Yama 1:00PM – 2:22PM	Brahma Until 8:34AM	Muruga: Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28 2nd Phase
		654762364 Rahu 8:55AM – 10:17AM	Bava Until 6:45PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 7:42AM	Moon – Red		Devaloka Day
Until 1:14AM Sun				Ashvina•Aipasi		
Then Creative Work - Amrita Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Shanghai, China Sun 9 Sutra 203 Vilamba 5120
Simha Rasi: 29.26	Tithi 27	Gulika 2:21PM – 3:43PM	Uttaraphalguni Until 11:57PM	Ganesha: White	<i>Sunrise:</i> 6:12AM	
		Yama 11:38AM – 1:00PM	Vaidhriti* Until 3:11AM Mon	Muruga: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 2nd Phase
		654762364 Rahu 3:43PM – 5:04PM	Kaulava Until 4:52PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Dvadashi* Until 3:57AM Mon	Moon – Red		Devaloka Day
				Ashvina•Aipasi		

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China Sun 10 Sutra 204 Vilamba 5120
Kanya Rasi: 13.25	Tithi 28	Gulika 1:00PM – 2:21PM	Hasta Until 11:07PM	Ganesha: Green	<i>Sunrise:</i> 6:13AM	
Family Home Evening		Yama 10:17AM – 11:38AM	Vishkambha* Until 12:40AM Tue	Muruga: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 2nd Phase
		664762364 Rahu 7:34AM – 8:56AM	Gara Until 3:07PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Trayodashi* Until 2:19AM Tue	Moon – Green		Devaloka Day
Until 11:07PM				Ashvina•Aipasi		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China Sun 11 Sutra 205 Vilamba 5120
Kanya Rasi: 27.17	Tithi 29	Gulika 11:38AM – 12:59PM	Chitra Until 10:24PM	Ganesha: Green	<i>Sunrise:</i> 6:14AM	
		Yama 8:56AM – 10:17AM	Priti Until 10:24PM	Muruga: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28 2nd Phase
		664762364 Rahu 2:21PM – 3:42PM	Visti Until 1:37PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Chaturdashi* Until 12:58AM Wed	Moon – Green		Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi		
		Deepavali Hindu Solidarity Day				

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China Sun 12 Sutra 206 Vilamba 5120
Retreat Star		Gulika 10:17AM – 11:38AM	Svati Until 9:56PM	Ganesha: White	<i>Sunrise:</i> 6:15AM	
Tula Rasi: 10.58	Tithi 30	Yama 7:36AM – 8:56AM	Ayushman Until 8:25PM	Muruga: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28 Amavasya
		764762364 Rahu 11:38AM – 12:59PM	Catuspada Until 12:28PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Amavasya* Until 12:02AM Thu	Moon – Green		Devaloka Day
				Ashvina•Aipasi		

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Shanghai, China Sun 13 Sutra 207 Vilamba 5120
Retreat Star		Gulika 8:57AM – 10:18AM	Vishakha Until 10:16PM	Ganesha: Orange	<i>Sunrise:</i> 6:15AM	
Tula Rasi: 24.23	Tithi 1	Yama 6:15AM – 7:36AM	Saubhagya Until 6:50PM	Muruga: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28 Prathama
		775762364 Rahu 12:59PM – 2:20PM	Kintughna Until 11:46AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama* Until 11:37PM	Moon – Orange		Sivaloka Day
		Skanda Shasthi Begins		Karttika•Aipasi		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Shanghai, China Sun 14 Sutra 208 Vilamba 5120	
Vrischika Rasi: 7.31	Tithi 2	Gulika 7:37AM – 8:57AM	Anuradha Until 11:02PM	Ganesha: Orange	<i>Sunrise:</i> 6:16AM		
		Yama 2:20PM – 3:40PM	Sobhana Until 5:45PM	Muruga: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 29	
		775762364 Rahu 10:18AM – 11:38AM	Balava Until 11:39AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 11:49PM	Moon – Orange		Sivaloka Day	
Until 11:02PM				Karttika-Aipasi			
Then Routine Work - Marana Yoga							

2		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Shanghai, China Sun 15 Sutra 209 Vilamba 5120	
Vrischika Rasi: 20.2	Tithi 3	Gulika 6:17AM – 7:37AM	Jyeshtha* Until 12:18AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:17AM		
		Yama 12:59PM – 2:19PM	Athiganda* Until 5:08PM	Muruga: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29	
		775762364 Rahu 8:58AM – 10:18AM	Gara Until 12:12PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 12:42AM Sun	Moon – Orange		Sivaloka Day	
Until 12:18AM Sun				Karttika-Aipasi			
Then Creative Work - Amrita Yoga							

3		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Shanghai, China Sun 16 Sutra 210 Vilamba 5120	
Dhanus Rasi: 2.51	Tithi 4	Gulika 2:19PM – 3:39PM	Mula* Until 2:31AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:18AM		
		Yama 11:39AM – 12:59PM	Sukarma Until 5:03PM	Muruga: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29	
		785762364 Rahu 3:39PM – 4:59PM	Vanija Until 1:25PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 2:15AM Mon	Moon – Light Blue		Sivaloka Day	
Until 2:31AM Mon				Karttika-Aipasi			
Then Routine Work - Marana Yoga							

4		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Shanghai, China Sun 17 Sutra 211 Vilamba 5120	
Dhanus Rasi: 15.05	Tithi 5	Gulika 12:59PM – 2:19PM	Purvashadha* Until 5:08AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:19AM		
Family Home Evening		Yama 10:19AM – 11:39AM	Dhriti Until 5:28PM	Muruga: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29	
Routine Work	Marana Yoga	785762364 Rahu 7:39AM – 8:59AM	Bava Until 3:17PM	Nataraja: Clear		3rd Phase	
Until 5:08AM Tue			Panchami Until 4:23AM Tue	Moon – Light Blue		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Karttika-Aipasi			

5		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau		Shanghai, China Sun 18 Sutra 212 Vilamba 5120	
Dhanus Rasi: 27.05	Tithi 6	Gulika 11:39AM – 12:59PM	Uttarashadha Until 7:58AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:20AM		
		Yama 8:59AM – 10:19AM	Shula* Until 6:12PM	Muruga: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29	
		785762364 Rahu 2:19PM – 3:38PM	Kaulava Until 5:38PM	Nataraja: Clear		3rd Phase	
Routine Work	Prabalarishta Yoga		Shashthi* Until 6:55AM Wed	Moon – Light Blue		Sivaloka Day	
Until 7:58AM Wed				Karttika-Aipasi			
Then Creative Work - Siddha Yoga							

6		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Shanghai, China Sun 19 Sutra 213 Vilamba 5120	
Makara Rasi: 8.56	Tithi 6 – 7	Gulika 10:19AM – 11:39AM	Uttarashadha Until 7:58AM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM		
		Yama 7:40AM – 9:00AM	Ganda* Until 7:10PM	Muruga: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29	
		785762364 Rahu 11:39AM – 12:59PM	Gara Until 8:18PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 6:55AM	Moon – Light Blue		Sivaloka Day	
Until 7:58AM		Skanda Shasthi		Karttika-Aipasi			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Shanghai, China Sun 20 Sutra 214 Vilamba 5120	
Makara Rasi: 20.44	Tithi 7 – 8	Gulika 9:00AM – 10:20AM	Shravana Until 11:16AM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM		
		Yama 6:21AM – 7:41AM	Vridhhi Until 8:10PM	Muruga: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 29	
		795762364 Rahu 12:59PM – 2:18PM	Visti Until 10:59PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 9:38AM	Moon – Purple		Subha Sivaloka Day	
				Karttika-Aipasi			

Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Shanghai, China Sun 21 Sutra 215 Vilamba 5120	
Kumbha Rasi: 2.33	Tithi 8 – 9	Gulika 7:42AM – 9:01AM	Dhanishtha Until 2:18PM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM		
		Yama 2:18PM – 3:37PM	Dhruva Until 8:59PM	Muruga: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 29	
		795762364 Rahu 10:20AM – 11:39AM	Balava Until 1:25AM Sat	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 12:13PM	Moon – Purple		Subha Sivaloka Day	
				Karttika-Kartikai			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Shanghai, China Sun 22 Sutra 216 Vilamba 5120	
	Kumbha Rasi: 14.29	Tithi 9 – 10	Gulika 6:23AM – 7:42AM Yama 12:59PM – 2:18PM Rahu 9:01AM – 10:20AM	Shatabhishak Until 4:47PM Vyaghata* Until 9:29PM Tailila Until 3:23AM Sun Navami* Until 2:27PM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Purple Karttika-Karttikai	Sunrise: 6:23AM Sunset: 4:56PM	Moon 10 - Phase 30 4th Phase Devaloka Day	
	Creative Work Amrita Yoga Until 4:47PM Then Routine Work - Marana Yoga							


2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 23 Sutra 217 Vilamba 5120	
	Kumbha Rasi: 26.37	Tithi 10 – 11	Gulika 2:18PM – 3:37PM Yama 11:40AM – 12:59PM Rahu 3:37PM – 4:56PM	Purvaproshtapada* Until 7:02PM Harshana Until 9:32PM Vanija Until 4:41AM Mon Dashami Until 4:06PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Karttika-Karttikai	Sunrise: 6:24AM Sunset: 4:56PM	Moon 10 - Phase 30 4th Phase Devaloka Day	
	Creative Work Siddha Yoga Until 7:02PM Then Creative Work - Amrita Yoga							


3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 24 Sutra 218 Vilamba 5120	
	Meena Rasi: 9.02	Tithi 11 – 12	Gulika 12:59PM – 2:18PM Yama 10:21AM – 11:40AM Rahu 7:44AM – 9:02AM	Uttaraproshtapada Until 8:25PM Vajra* Until 9:00PM Bava Until 5:15AM Tue Ekadashi Until 5:02PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Karttika-Karttikai	Sunrise: 6:25AM Sunset: 4:55PM	Moon 10 - Phase 30 4th Phase Devaloka Day	
	Creative Work Siddha Yoga Family Home Evening							

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 25 Sutra 219 Vilamba 5120	
	Meena Rasi: 21.47	Tithi 12 – 13	Gulika 11:40AM – 12:59PM Yama 9:03AM – 10:22AM Rahu 2:18PM – 3:36PM	Revati Until 8:56PM Siddhi Until 7:53PM Kaulava Until 5:03AM Wed Dvadashi Until 5:13PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Karttika-Karttikai	Sunrise: 6:26AM Sunset: 4:55PM	Moon 10 - Phase 30 4th Phase Devaloka Day	
	Creative Work Siddha Yoga		<i>Pradosha Vrata</i>					

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 26 Sutra 220 Vilamba 5120	
	Mesha Rasi: 4.54	Tithi 13 – 14	Gulika 10:22AM – 11:40AM Yama 7:45AM – 9:03AM Rahu 11:40AM – 12:59PM	Ashvini Until 9:03PM Vyatipata* Until 6:13PM Gara Until 4:10AM Thu Trayodashi Until 4:40PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Karttika-Karttikai	Sunrise: 6:27AM Sunset: 4:54PM	Moon 10 - Phase 30 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM	
	Routine Work Marana Yoga Until 9:03PM Then Creative Work - Siddha Yoga							

6	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Shanghai, China Sun 27 Sutra 221 Vilamba 5120	
	Mesha Rasi: 18.24	Tithi 14 – 15	Gulika 9:04AM – 10:22AM Yama 6:27AM – 7:46AM Rahu 12:59PM – 2:17PM	Bharani Until 8:23PM Variyan Until 4:01PM Visti Until 2:40AM Fri Chaturdashi* Until 3:28PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Karttika-Karttikai	Sunrise: 6:27AM Sunset: 4:54PM	Moon 10 - Phase 30 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM	
	Creative Work Siddha Yoga Until 8:23PM Then Routine Work - Marana Yoga							

	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sutra 222 Vilamba 5120	
	Vrishabha Rasi: 2.14	Tithi 15 – 16	Gulika 7:46AM – 9:05AM Yama 2:17PM – 3:36PM Rahu 10:23AM – 11:41AM	Krittika Until 7:05PM Parigha* Until 1:25PM Balava Until 12:42AM Sat Purnima* Until 1:43PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Karttika-Karttikai	Sunrise: 6:28AM Sunset: 4:54PM	Moon 10 - Phase 30 Purnima Bhuloka Day Devaloka Time: 12:PM to 3:PM	
	Creative Work Siddha Yoga Until 7:05PM Then Routine Work - Marana Yoga		Krittika Deepam					

	Saturday, November 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Prathama/Dvityayam Titau				Shanghai, China Sutra 223 Vilamba 5120	
	Vrishabha Rasi: 16.22	Tithi 16 – 17	Gulika 6:29AM – 7:47AM Yama 12:59PM – 2:17PM Rahu 9:05AM – 10:23AM	Rohini Until 5:42PM Shiva Until 10:29AM Tailila Until 10:25PM Prathama* Until 11:34AM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Yellow Karttika-Karttikai	Sunrise: 6:29AM Sunset: 4:53PM	Moon 10 - Phase 30 Prathama Devaloka Day	
	Creative Work Amrita Yoga Until 5:42PM Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Sunday, November 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 0.41 Tihi 17 - 18

737762365

Gulika 2:17PM - 3:35PM
Yama 11:42AM - 12:59PM
Rahu 3:35PM - 4:53PM

Mrigashira Until 3:56PM
Siddha Until 7:19AM
Vanija Until 7:55PM
Dvitiya Until 9:10AM

Ganesha: Red *Sunrise:* 6:30AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Monday, November 26, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Visti/Balava Karana Tritiya/Chaturthiyam Titau

Shanghai, China

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 15.07 Tihi 18 - 19

737762365

Gulika 1:00PM - 2:17PM
Yama 10:24AM - 11:42AM
Rahu 7:49AM - 9:06AM

Ardra Until 1:57PM
Subha Until 12:45AM Tue
Balava Until 4:04AM Tue
Tritiya Until 6:37AM

Ganesha: Red *Sunrise:* 6:31AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 1:57PM

Then Creative Work - Amrita Yoga

Tuesday, November 27, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 29.34 Tihi 20

747762365

Gulika 11:42AM - 1:00PM
Yama 9:07AM - 10:25AM
Rahu 2:17PM - 3:35PM

Punarvasu Until 12:16PM
Sukla Until 9:30PM
Kaulava Until 2:50PM
Panchami Until 1:36AM Wed

Ganesha: Green *Sunrise:* 6:32AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Wednesday, November 28, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma Yoga Gara/Vanija Karana Shashthiyam Titau

Shanghai, China

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 13.56 Tihi 21

747862365

Gulika 10:25AM - 11:43AM
Yama 7:50AM - 9:08AM
Rahu 11:43AM - 1:00PM

Pushya Until 10:34AM
Brahma Until 6:23PM
Gara Until 12:26PM
Shashthi* Until 11:17PM

Ganesha: White *Sunrise:* 6:32AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Thursday, November 29, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Shanghai, China

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 28.11 Tihi 22

747863365

Gulika 9:08AM - 10:25AM
Yama 6:33AM - 7:51AM
Rahu 1:00PM - 2:18PM

Ashlesha* Until 8:55AM
Indra Until 3:27PM
Visti Until 10:14AM
Saptami Until 9:12PM

Ganesha: White *Sunrise:* 6:33AM
Muruga: Purple *Sunset:* 4:52PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

Until 8:55AM

Then Creative Work - Amrita Yoga

Friday, November 30, 2018

5

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 12.17 Tihi 23

757863365

Gulika 7:51AM - 9:09AM
Yama 2:18PM - 3:35PM
Rahu 10:26AM - 11:43AM

Magha* Until 7:46AM
Vaidhriti* Until 12:41PM
Balava Until 8:17AM
Ashtami* Until 7:22PM

Ganesha: Clear *Sunrise:* 6:34AM
Muruga: Purple *Sunset:* 4:52PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 7:46AM

Then Creative Work - Siddha Yoga

Saturday, December 1, 2018

6

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Shanghai, China

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 26.14 Tihi 24 - 25

758863365

Gulika 6:35AM - 7:52AM
Yama 1:01PM - 2:18PM
Rahu 9:09AM - 10:26AM

Purvaphalguni Until 6:45AM
Vishkambha* Until 10:08AM
Taitila Until 4:69AM Sun
Navami* Until 12:41PM

Ganesha: Orange *Sunrise:* 6:35AM
Muruga: Purple *Sunset:* 4:52PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:45AM

Then Routine Work - Marana Yoga

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

All times are standard time

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1 Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam			Shanghai, China	
Kanya Rasi: 10		Hasta Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Sun 8 Sutra 231	
Tihi 25 – 26		Gulika 2:18PM – 3:35PM	Hasta Until 5:30AM Mon	Ganesha: Orange <i>Sunrise:</i> 6:36AM	Vilamba 5120	
758863365		Yama 11:44AM – 1:01PM	Priti Until 7:50AM	Muruga: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
Creative Work Amrita Yoga		Rahu 3:35PM – 4:52PM	Bava Until 4:01AM Mon	Nataraja: White	2nd Phase	
Until 5:30AM Mon			Dashami Until 4:31PM	Moon – Red	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Karttika-Karttikai	Devaloka Time: 6:AM to 9:AM	

2 Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam			Shanghai, China	
Kanya Rasi: 23.36		Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Sun 9 Sutra 232	
Tihi 26 – 27		Gulika 1:01PM – 2:18PM	Chitra Until 5:20AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 6:37AM	Vilamba 5120	
Family Home Evening		Yama 10:27AM – 11:44AM	Saubhagya Until 3:52AM Tue	Muruga: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
768863365		Rahu 7:54AM – 9:10AM	Kaulava Until 3:11AM Tue	Nataraja: White	2nd Phase	
Routine Work Prabalarishta Yoga			Ekadashi* Until 3:32PM	Moon – Green	Bhuloka Day	
Until 5:20AM Tue				Karttika-Karttikai		
Then Creative Work - Siddha Yoga						

3 Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam			Shanghai, China	
Tula Rasi: 7.02		Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Sun 10 Sutra 233	
Tihi 27 – 28		Gulika 11:45AM – 1:02PM	Svati Until 5:21AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:37AM	Vilamba 5120	
768863365		Yama 9:11AM – 10:28AM	Sobhana Until 2:17AM Wed	Muruga: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
Creative Work Siddha Yoga		Rahu 2:18PM – 3:35PM	Gara Until 2:41AM Wed	Nataraja: White	2nd Phase	
			Dvadashi* Until 2:52PM	Moon – Green	Bhuloka Day	
				Karttika-Karttikai		
					<i>Pradosha Vrata (Fasting)</i>	

4 Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam			Shanghai, China	
Tula Rasi: 20.16		Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Sun 11 Sutra 234	
Tihi 28 – 29		Gulika 10:28AM – 11:45AM	Vishakha Until 6:03AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:38AM	Vilamba 5120	
778863365		Yama 7:55AM – 9:12AM	Athiganda* Until 1:00AM Thu	Muruga: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
Creative Work Siddha Yoga		Rahu 11:45AM – 1:02PM	Visti Until 2:36AM Thu	Nataraja: White	2nd Phase	
			Trayodashi* Until 2:34PM	Moon – Orange	Bhuloka Day	
				Karttika-Karttikai		

Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam			Shanghai, China	
Retreat Star		Vishakha/Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 12 Sutra 235	
Vrischika Rasi: 3.17		Gulika 9:12AM – 10:29AM	Vishakha Until 6:03AM	Ganesha: Purple <i>Sunrise:</i> 6:39AM	Vilamba 5120	
Tihi 29 – 30		Yama 6:39AM – 7:56AM	Sukarma Until 12:04AM Fri	Muruga: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
778863365		Rahu 1:02PM – 2:19PM	Catuspada Until 2:59AM Fri	Nataraja: White	Amavasya	
Creative Work Siddha Yoga			Chaturdashi* Until 2:42PM	Moon – Orange	Bhuloka Day	
				Karttika-Karttikai		

Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam			Shanghai, China	
Retreat Star		Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 13 Sutra 236	
Vrischika Rasi: 16.05		Gulika 7:56AM – 9:13AM	Anuradha Until 7:04AM	Ganesha: Purple <i>Sunrise:</i> 6:40AM	Vilamba 5120	
Tihi 30 – 1		Yama 2:19PM – 3:36PM	Dhriti Until 11:33PM	Muruga: Purple <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
778863365		Rahu 10:29AM – 11:46AM	Kintughna Until 3:52AM Sat	Nataraja: White	Prathama	
Creative Work Siddha Yoga			Amavasya* Until 3:20PM	Moon – Orange	Bhuloka Day	
Until 7:04AM				Margasira-Karttikai		
Then Routine Work - Marana Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Shanghai, China Sun 14 Sutra 237 Vilamba 5120	
Vrischika Rasi: 28.39	Tithi 1 – 2	Gulika 6:40AM – 7:57AM Yama 1:03PM – 2:19PM 799863365 Rahu 9:13AM – 10:30AM	Jyeshtha* Until 8:25AM Shula* Until 11:24PM Balava Until 5:18AM Sun Prathama* Until 4:29PM	Ganesh: Light Blue <i>Sunrise:</i> 6:40AM Muruga: Purple <i>Sunset:</i> 4:52PM Nataraja: White Moon – Orange Margasira*Karttikai	<i>Sunrise:</i> 6:40AM <i>Sunset:</i> 4:52PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day
Creative Work	Siddha Yoga						
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava Karana Dvitiyayam Titau		Shanghai, China Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 10.59	Tithi 2	Gulika 2:20PM – 3:36PM Yama 11:47AM – 1:03PM 789863365 Rahu 3:36PM – 4:53PM	Mula* Until 10:36AM Ganda* Until 11:41PM Kaulava Until 6:11PM Dvitiya Until 6:11PM	Ganesh: Purple <i>Sunrise:</i> 6:41AM Muruga: Purple <i>Sunset:</i> 4:53PM Nataraja: White Moon – Light Blue Margasira*Karttikai	<i>Sunrise:</i> 6:41AM <i>Sunset:</i> 4:53PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day
Creative Work	Amrita Yoga						
Until 10:36AM							
Then Creative Work - Siddha Yoga							
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Taitila/Gara Karana Tritiyayam Titau		Shanghai, China Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 23.06	Tithi 3	Gulika 1:04PM – 2:20PM Yama 10:31AM – 11:47AM 789863365 Rahu 7:58AM – 9:15AM	Purvashadha* Until 1:07PM Vriddhi Until 12:18AM Tue Taitila Until 9:38AM Tue Tritiya Until 11:41PM	Ganesh: Purple <i>Sunrise:</i> 6:42AM Muruga: Purple <i>Sunset:</i> 4:53PM Nataraja: White Moon – Light Blue Margasira*Karttikai	<i>Sunrise:</i> 6:42AM <i>Sunset:</i> 4:53PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day
Family Home Evening							
Routine Work	Marana Yoga						
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Visli* Karana Chaturthyam Titau		Shanghai, China Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 5.02	Tithi 4	Gulika 11:48AM – 1:04PM Yama 9:15AM – 10:32AM 789863365 Rahu 2:20PM – 3:37PM	Uttarashadha Until 3:51PM Dhruva Until 1:10AM Wed Vanija Until 9:38AM Chaturthi* Until 10:55PM	Ganesh: Purple <i>Sunrise:</i> 6:43AM Muruga: Purple <i>Sunset:</i> 4:53PM Nataraja: White Moon – Light Blue Margasira*Karttikai	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 4:53PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day
Routine Work	Prabalarishta Yoga						
Until 3:51PM							
Then Creative Work - Siddha Yoga							
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Bava Karana Panchamyam Titau		Shanghai, China Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 16.52	Tithi 5	Gulika 10:32AM – 11:48AM Yama 8:00AM – 9:16AM 799863365 Rahu 11:48AM – 1:05PM	Shravana Until 7:08PM Vyaghata* Until 2:10AM Thu Bava Until 12:18PM Panchami Until 1:40AM Thu	Ganesh: Clear <i>Sunrise:</i> 6:43AM Muruga: Purple <i>Sunset:</i> 4:53PM Nataraja: White Moon – Purple Margasira*Karttikai	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 4:53PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga						
Until 7:08PM							
Then Routine Work - Prabalarishta Yoga							
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Shanghai, China Sun 19 Sutra 242 Vilamba 5120	
Makara Rasi: 28.39	Tithi 6	Gulika 9:16AM – 10:33AM Yama 6:44AM – 8:00AM 799863365 Rahu 1:05PM – 2:21PM	Dhanishtha Until 10:17PM Harshana Until 3:09AM Fri Kaulava Until 3:03PM Shashthi* Until 4:22AM Fri	Ganesh: Clear <i>Sunrise:</i> 6:44AM Muruga: Purple <i>Sunset:</i> 4:53PM Nataraja: White Moon – Purple Margasira*Karttikai	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 4:53PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga						
Friday, December 14, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Shanghai, China Sun 20 Sutra 243 Vilamba 5120	
Kumbha Rasi: 10.28	Tithi 7	Gulika 8:01AM – 9:17AM Yama 2:21PM – 3:38PM 799863365 Rahu 10:33AM – 11:49AM	Shatabhishak Until 1:04AM Sat Vajra* Until 3:55AM Sat Gara Until 5:40PM Saptami Until 6:49AM Sat	Ganesh: Clear <i>Sunrise:</i> 6:45AM Muruga: Purple <i>Sunset:</i> 4:54PM Nataraja: White Moon – Purple Margasira*Karttikai	<i>Sunrise:</i> 6:45AM <i>Sunset:</i> 4:54PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga						
Until 1:04AM Sat							
Then Routine Work - Marana Yoga							
Saturday, December 15, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau		Shanghai, China Sun 21 Sutra 244 Vilamba 5120	
Kumbha Rasi: 22.22	Tithi 7 – 8	Gulika 6:45AM – 8:01AM Yama 1:06PM – 2:22PM 711863365 Rahu 9:18AM – 10:34AM	Purvaproshtapada* Until 3:45AM Sun Siddhi Until 4:21AM Sun Visiti Until 7:53PM Saptami Until 6:49AM	Ganesh: Clear <i>Sunrise:</i> 6:45AM Muruga: Purple <i>Sunset:</i> 4:54PM Nataraja: White Moon – Clear Margasira*Karttikai	<i>Sunrise:</i> 6:45AM <i>Sunset:</i> 4:54PM	Moon 11 - Phase 33 Ashtami	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Routine Work	Marana Yoga						
Until 3:45AM Sun							
Then Creative Work - Amrita Yoga							
Sunday, December 16, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Shanghai, China Sun 22 Sutra 245 Vilamba 5120	
Meena Rasi: 4.28	Tithi 8 – 9	Gulika 2:22PM – 3:38PM Yama 11:50AM – 1:06PM 711863365 Rahu 3:38PM – 4:54PM	Uttaraproshtapada Until 5:38AM Mon Vyatipata* Until 4:18AM Mon Balava Until 9:30PM Ashtami* Until 8:45AM	Ganesh: Clear <i>Sunrise:</i> 6:46AM Muruga: Purple <i>Sunset:</i> 4:54PM Nataraja: White Moon – Clear Margasira*Markali	<i>Sunrise:</i> 6:46AM <i>Sunset:</i> 4:54PM	Moon 11 - Phase 33 Navami	Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work	Amrita Yoga						
Until 5:38AM Mon							
Then Creative Work - Siddha Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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1		Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Shanghai, China Sun 23 Sutra 246 Vilamba 5120	
Meena Rasi: 16.5	Tithi 9 – 10	Gulika	1:07PM – 2:23PM	Revati Until 6:38AM Tue	Ganesh: Purple	<i>Sunrise:</i> 6:47AM	
Family Home Evening	811863365	Yama	10:35AM – 11:51AM	Variyan Until 3:38AM Tue	Muruga: Purple	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	8:03AM – 9:19AM	Taitila Until 10:22PM	Nataraja: White		4th Phase
				Navami* Until 10:01AM	Moon – Clear		Bhuloka Day
					Margasira*Markali		

2		Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Shanghai, China Sun 24 Sutra 247 Vilamba 5120	
Meena Rasi: 29.34	Tithi 10 – 11	Gulika	11:51AM – 1:07PM	Revati Until 6:38AM	Ganesh: Purple	<i>Sunrise:</i> 6:47AM	
	811863365	Yama	9:19AM – 10:35AM	Parigha* Until 2:21AM Wed	Muruga: Purple	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	2:23PM – 3:39PM	Vanija Until 10:26PM	Nataraja: White		4th Phase
				Dashami Until 10:29AM	Moon – Clear		Bhuloka Day
		Gita Jayanthi			Margasira*Markali		

3		Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Shanghai, China Sun 25 Sutra 248 Vilamba 5120	
Mesha Rasi: 12.41	Tithi 11 – 12	Gulika	10:36AM – 11:52AM	Ashvini Until 7:09AM	Ganesh: Clear	<i>Sunrise:</i> 6:48AM	
	821863365	Yama	8:04AM – 9:20AM	Shiva Until 12:26AM Thu	Muruga: Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	Rahu	11:52AM – 1:08PM	Bava Until 9:40PM	Nataraja: White		4th Phase
Until 7:09AM				Ekadashi Until 10:08AM	Moon – White		Bhuloka Day
Then Creative Work - Siddha Yoga					Margasira*Markali	<i>Devaloka Time: 6:AM to 9:AM</i>	

4		Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 26 Sutra 249 Vilamba 5120	
Mesha Rasi: 26.14	Tithi 12 – 13	Gulika	9:20AM – 10:36AM	Bharani Until 6:43AM	Ganesh: Clear	<i>Sunrise:</i> 6:48AM	
	821863365	Yama	6:48AM – 8:04AM	Siddha Until 9:56PM	Muruga: Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	1:08PM – 2:24PM	Kaulava Until 8:09PM	Nataraja: White		4th Phase
Until 6:43AM				Dvadashi Until 8:59AM	Moon – White		Bhuloka Day
Then Routine Work - Marana Yoga					Margasira*Markali	<i>Devaloka Time: 6:AM to 9:AM</i>	
					<i>Pradosha Vrata</i>		

5		Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Shanghai, China Sun 27 Sutra 250 Vilamba 5120	
Vrishabha Rasi: 10.13	Tithi 13 – 14	Gulika	8:05AM – 9:21AM	Rohini Until 3:54AM Sat	Ganesh: White	<i>Sunrise:</i> 6:49AM	
	831863365	Yama	2:25PM – 3:41PM	Sadhya Until 6:56PM	Muruga: Purple	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	Rahu	10:37AM – 11:53AM	Gara Until 6:00PM	Nataraja: White		4th Phase
Until 3:54AM Sat				Trayodashi Until 7:08AM	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati			Margasira*Markali		

○		Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Shanghai, China Sun 27 Sutra 251 Vilamba 5120	
Copper Retreat Star		Gulika	6:49AM – 8:05AM	Mrigashira Until 1:47AM Sun	Ganesh: White	<i>Sunrise:</i> 6:49AM	
Vrishabha Rasi: 24.35	Tithi 15	Yama	1:09PM – 2:25PM	Subha Until 3:32PM	Muruga: Purple	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 34
	831863365	Rahu	9:21AM – 10:37AM	Visti Until 3:21PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga			Purnima* Until 1:52AM Sun	Moon – Yellow		Bhuloka Day
		Day 2 of Pancha Ganapati			Margasira*Markali		

○		Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau		Shanghai, China Sun 28 Sutra 252 Vilamba 5120	
Silver Retreat Star		Gulika	2:26PM – 3:42PM	Ardra Until 11:15PM	Ganesh: Yellow	<i>Sunrise:</i> 6:50AM	
Mithuna Rasi: 9.15	Tithi 16	Yama	11:54AM – 1:10PM	Sukla Until 11:51AM	Muruga: Purple	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 34
	831963365	Rahu	3:42PM – 4:57PM	Balava Until 12:21PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga			Prathama* Until 10:45PM	Moon – Yellow		Bhuloka Day
		Day 3 of Pancha Ganapati			Margasira*Markali	<i>Devaloka Time: 9:AM to 12:PM</i>	
		Ardra Darshanam					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Taitila Karana Dvitiyayam Titau

Shanghai, China

Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 24.05 Tihi 17

Family Home Evening

841963365

Gulika 1:10PM - 2:26PM

Yama 10:38AM - 11:54AM

Rahu 8:06AM - 9:22AM

Punarvasu Until 8:53PM

Brahma Until 8:00AM

Taitila Until 9:09AM

Dvitiya Until 7:31PM

Ganesha: Blue Sunrise: 6:50AM

Muruga: Purple Sunset: 4:58PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Until 8:53PM

Then Creative Work - Siddha Yoga

Day 4 of Pancha Ganapati

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Visi*/Bava Karana Tritiya/Chaturthyam Titau

Shanghai, China

Sun 1 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 8.59 Tihi 18 - 19

Creative Work Siddha Yoga

841963365

Gulika 11:55AM - 1:11PM

Yama 9:23AM - 10:39AM

Rahu 2:27PM - 3:43PM

Pushya Until 6:25PM

Vaidhriti* Until 12:18AM Wed

Bava Until 2:47AM Wed

Tritiya Until 4:19PM

Ganesha: Blue Sunrise: 6:51AM

Muruga: Purple Sunset: 4:59PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Day 5 of Pancha Ganapati

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Sun 2 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 23.47 Tihi 19 - 20

Creative Work Siddha Yoga

842963365

Gulika 10:39AM - 11:55AM

Yama 8:07AM - 9:23AM

Rahu 11:55AM - 1:11PM

Ashlesha* Until 3:59PM

Vishkambha* Until 8:39PM

Kaulava Until 11:52PM

Chaturthi* Until 1:16PM

Ganesha: Yellow Sunrise: 6:51AM

Muruga: Purple Sunset: 4:59PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China

Sun 3 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 8.25 Tihi 20 - 21

Creative Work Amrita Yoga

852963366

Gulika 9:24AM - 10:40AM

Yama 6:52AM - 8:08AM

Rahu 1:12PM - 2:28PM

Magha* Until 2:08PM

Priti Until 5:17PM

Gara Until 8:78PM

Panchami Until 8:39PM

Ganesha: Blue Sunrise: 6:52AM

Muruga: Purple Sunset: 5:00PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Until 2:08PM

Then Creative Work - Siddha Yoga

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija Karana Shashthi/Saplamyam Titau

Shanghai, China

Sun 4 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 22.47 Tihi 21 - 22

Creative Work Siddha Yoga

852963366

Gulika 8:08AM - 9:24AM

Yama 2:28PM - 3:44PM

Rahu 10:40AM - 11:56AM

Purvaphalguni Until 12:33PM

Ayushman Until 2:14PM

Vanija Until 8:10AM

Shashthi* Until 8:10AM

Ganesha: Blue Sunrise: 6:52AM

Muruga: Purple Sunset: 5:00PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Shanghai, China

Sun 5 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 6.51 Tihi 22 - 23

Routine Work Marana Yoga

852963366

Gulika 6:52AM - 8:08AM

Yama 1:13PM - 2:29PM

Rahu 9:25AM - 10:41AM

Uttaraphalguni Until 11:17AM

Saubhagya Until 11:35AM

Kaulava Until 4:54AM Sun

Saptami Until 6:16AM

Ganesha: Blue Sunrise: 6:52AM

Muruga: Purple Sunset: 5:01PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Sunday, December 30, 2018

6

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Sun 6 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 20.35 Tihi 24

Creative Work Amrita Yoga

862963366

Gulika 2:29PM - 3:46PM

Yama 11:57AM - 1:13PM

Rahu 3:46PM - 5:02PM

Hasta Until 10:50AM

Sobhana Until 9:22AM

Taitila Until 4:26PM

Navami* Until 4:04AM Mon

Ganesha: Red Sunrise: 6:53AM

Muruga: Purple Sunset: 5:02PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 10:50AM

Then Creative Work - Siddha Yoga

1		Monday, December 31, 2018				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Shanghai, China Sun 7 Sutra 260	
Tula Rasi: 4.01	Tithi 25	Gulika	1:14PM – 2:30PM	Chitra Until 10:46AM	Ganesh: Red	<i>Sunrise:</i> 6:53AM	Vilamba 5120		
Family Home Evening	862963366	Yama	10:42AM – 11:58AM	Athiganda* Until 7:33AM	Muruga: Purple	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 36		
Routine Work	Prabalarishta Yoga	Rahu	8:09AM – 9:25AM	Vanija Until 3:52PM	Nataraja: Green		2nd Phase		
Until 10:46AM				Dashami Until 3:45AM Tue	Moon – Green		Bhuloka Day		
Then Creative Work - Amrita Yoga					Margasira*Markali		Devaloka Time: 6:AM to 9:AM		

2		Tuesday, January 1, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Shanghai, China Sun 8 Sutra 261	
Tula Rasi: 17.1	Tithi 26	Gulika	11:58AM – 1:14PM	Svati Until 11:03AM	Ganesh: Red	<i>Sunrise:</i> 6:53AM	Vilamba 5120		
Creative Work	Siddha Yoga	Yama	9:26AM – 10:42AM	Sukarma Until 6:09AM	Muruga: Purple	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 36		
Until 11:03AM		Rahu	2:31PM – 3:47PM	Bava Until 3:49PM	Nataraja: Green		2nd Phase		
Then Routine Work - Marana Yoga				Ekadashi* Until 3:58AM Wed	Moon – Green		Bhuloka Day		
					Margasira*Markali		Devaloka Time: 6:AM to 9:AM		

3		Wednesday, January 2, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Shanghai, China Sun 9 Sutra 262	
Vrischika Rasi: 0.04	Tithi 27	Gulika	10:42AM – 11:59AM	Vishakha Until 12:08PM	Ganesh: Green	<i>Sunrise:</i> 6:54AM	Vilamba 5120		
Creative Work	Siddha Yoga	Yama	8:10AM – 9:26AM	Shula* Until 4:31AM Thu	Muruga: Purple	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 36		
Until 11:03AM		Rahu	11:59AM – 1:15PM	Kaulava Until 4:17PM	Nataraja: Green		2nd Phase		
Then Routine Work - Marana Yoga				Dvadashi* Until 4:40AM Thu	Moon – Orange		Bhuloka Day		
					Margasira*Markali		Devaloka Time: 6:AM to 9:AM		

4		Thursday, January 3, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Shanghai, China Sun 10 Sutra 263	
Vrischika Rasi: 12.44	Tithi 28	Gulika	9:26AM – 10:43AM	Anuradha Until 1:31PM	Ganesh: Green	<i>Sunrise:</i> 6:54AM	Vilamba 5120		
Creative Work	Siddha Yoga	Yama	6:54AM – 8:10AM	Ganda* Until 4:14AM Fri	Muruga: Purple	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 36		
Until 1:31PM		Rahu	1:15PM – 2:32PM	Gara Until 5:13PM	Nataraja: Green		2nd Phase		
Then Routine Work - Prabalarishta Yoga				Trayodashi* Until 5:51AM Fri	Moon – Orange		Bhuloka Day		
					Margasira*Markali		Pradosha Vrata (Fasting)		

5		Friday, January 4, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti* Karana Chaturdashyam Titau		Shanghai, China Sun 11 Sutra 264	
Vrischika Rasi: 25.11	Tithi 29	Gulika	8:10AM – 9:27AM	Jyeshtha* Until 3:12PM	Ganesh: Green	<i>Sunrise:</i> 6:54AM	Vilamba 5120		
Routine Work	Marana Yoga	Yama	2:32PM – 3:49PM	Vriddhi Until 4:19AM Sat	Muruga: Purple	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 36		
Until 3:12PM		Rahu	10:43AM – 12:00PM	Visti Until 19:87AM Sat	Nataraja: Green		2nd Phase		
Then Creative Work - Amrita Yoga				Chaturdashi* Until 4:14AM Fri	Moon – Orange		Bhuloka Day		
					Margasira*Markali		Devaloka Time: 6:AM to 9:AM		

●		Saturday, January 5, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Shanghai, China Sun 12 Sutra 265	
Retreat Star		Gulika	6:54AM – 8:11AM	Mula* Until 5:36PM	Ganesh: White	<i>Sunrise:</i> 6:54AM	Vilamba 5120		
Dhanus Rasi: 7.27	Tithi 29 – 30	Yama	1:17PM – 2:33PM	Dhruva Until 4:40AM Sun	Muruga: Purple	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 36		
Creative Work	Siddha Yoga	Rahu	9:27AM – 10:44AM	Catuspada Until 8:27PM	Nataraja: Green		Amavasya		
Until 8:13PM				Chaturdashi* Until 7:28AM	Moon – Light Blue		Bhuloka Day		
Then Creative Work - Amrita Yoga		Subramuniyaswami Jayanti			Margasira*Markali		Devaloka Time: 6:AM to 9:AM		

●		Sunday, January 6, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Shanghai, China Sun 13 Sutra 266	
Retreat Star		Gulika	2:34PM – 3:50PM	Purvashadha* Until 8:13PM	Ganesh: White	<i>Sunrise:</i> 6:54AM	Vilamba 5120		
Dhanus Rasi: 19.33	Tithi 30 – 1	Yama	12:00PM – 1:17PM	Vyaghata* Until 5:18AM Mon	Muruga: Clear	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 36		
Creative Work	Siddha Yoga	Rahu	3:50PM – 5:07PM	Kintughna Until 10:39PM	Nataraja: Green		Prathama		
Until 8:13PM				Amavasya* Until 9:29AM	Moon – Light Blue		Bhuloka Day		
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Pausha*Markali		Devaloka Time: 12:PM to 3:PM		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China Sun 14 Sutra 267 Vilamba 5120	
1		Gulika 1:18PM – 2:34PM	Uttarashadha Until 10:56PM	Ganesh: White	<i>Sunrise:</i> 6:54AM		
Makara Rasi: 1.31	Tithi 1 – 2	Yama 10:44AM – 12:01PM	Harshana Until 6:09AM Tue	Muruga: Clear	<i>Sunset:</i> 5:08PM		Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 8:11AM – 9:28AM	Balava Until 1:09AM Tue	Nataraja: Green			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 11:50AM	Moon – Light Blue		Bhuloka Day	
Until 10:56PM				Pausha-Markali		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Shanghai, China Sun 15 Sutra 268 Vilamba 5120	
2		Gulika 12:01PM – 1:18PM	Shravana Until 2:12AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:54AM		
Makara Rasi: 13.23	Tithi 2 – 3	Yama 9:28AM – 10:45AM	Harshana Until 6:09AM	Muruga: Clear	<i>Sunset:</i> 5:08PM		Moon 12 - Phase 37
	893973366	Rahu 2:35PM – 3:52PM	Taitila Until 3:50AM Wed	Nataraja: Green			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 2:27PM	Moon – Purple		Devaloka Day	
Until 2:12AM Wed				Pausha-Markali			
Then Routine Work - Prabalarishta Yoga							

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Shanghai, China Sun 16 Sutra 269 Vilamba 5120	
3		Gulika 10:45AM – 12:02PM	Dhanishtha Until 5:22AM Thu	Ganesh: Red	<i>Sunrise:</i> 6:54AM		
Makara Rasi: 25.11	Tithi 3 – 4	Yama 8:11AM – 9:28AM	Vajra* Until 7:06AM	Muruga: Clear	<i>Sunset:</i> 5:09PM		Moon 12 - Phase 37
	893973366	Rahu 12:02PM – 1:19PM	Vanija Until 6:36AM Thu	Nataraja: Green			3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 5:12PM	Moon – Purple		Devaloka Day	
Until 5:22AM Thu				Pausha-Markali			
Then Creative Work - Siddha Yoga							

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Shanghai, China Sun 17 Sutra 270 Vilamba 5120	
4		Gulika 9:28AM – 10:45AM	Shatabhishak Until 8:16AM Fri	Ganesh: Red	<i>Sunrise:</i> 6:54AM		
Kumbha Rasi: 6.58	Tithi 4	Yama 6:54AM – 8:11AM	Siddhi Until 8:06AM	Muruga: Clear	<i>Sunset:</i> 5:10PM		Moon 12 - Phase 37
	893973366	Rahu 1:19PM – 2:36PM	Vanija Until 6:36AM	Nataraja: Green			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 7:55PM	Moon – Purple		Devaloka Day	
				Pausha-Markali			

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China Sun 18 Sutra 271 Vilamba 5120	
5		Gulika 8:11AM – 9:29AM	Shatabhishak Until 8:16AM	Ganesh: Red	<i>Sunrise:</i> 6:54AM		
Kumbha Rasi: 18.47	Tithi 5	Yama 2:37PM – 3:54PM	Vyatipata* Until 9:01AM	Muruga: Clear	<i>Sunset:</i> 5:11PM		Moon 12 - Phase 37
	893973366	Rahu 10:46AM – 12:03PM	Bava Until 11:37AM Sat	Nataraja: Green			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:06AM	Moon – Purple		Devaloka Day	
				Pausha-Markali			

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Shanghai, China Sun 19 Sutra 272 Vilamba 5120	
6		Gulika 6:54AM – 8:12AM	Purvaproshtapada* Until 11:14AM	Ganesh: Clear	<i>Sunrise:</i> 6:54AM		
Meena Rasi: 0.42	Tithi 6	Yama 1:20PM – 2:37PM	Variyan Until 9:43AM	Muruga: Clear	<i>Sunset:</i> 5:12PM		Moon 12 - Phase 37
	813973366	Rahu 9:29AM – 10:46AM	Kaulava Until 11:37AM	Nataraja: Green			3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 12:37AM Sun	Moon – Clear		Devaloka Day	
Until 11:14AM				Pausha-Markali			
Then Creative Work - Siddha Yoga							

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Shanghai, China Sun 20 Sutra 273 Vilamba 5120	
Retreat Star		Gulika 2:38PM – 3:55PM	Uttaraproshtapada Until 1:37PM	Ganesh: Clear	<i>Sunrise:</i> 6:54AM		
Meena Rasi: 12.47	Tithi 7	Yama 12:03PM – 1:21PM	Parigha* Until 10:06AM	Muruga: Clear	<i>Sunset:</i> 5:13PM		Moon 12 - Phase 37
	813973366	Rahu 3:55PM – 5:13PM	Gara Until 1:32PM	Nataraja: Green			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 2:15AM Mon	Moon – Clear		Devaloka Day	
				Pausha-Markali			

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Shanghai, China Sun 21 Sutra 274 Vilamba 5120	
Retreat Star		Gulika 1:21PM – 2:39PM	Revati Until 3:14PM	Ganesh: Clear	<i>Sunrise:</i> 6:54AM		
Meena Rasi: 25.05	Tithi 8	Yama 10:46AM – 12:04PM	Shiva Until 10:02AM	Muruga: Clear	<i>Sunset:</i> 5:13PM		Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 8:12AM – 9:29AM	Visti Until 2:49PM	Nataraja: Green			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 3:10AM Tue	Moon – Clear		Devaloka Day	
				Pausha-Thai			

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Shanghai, China Sun 22 Sutra 275 Vilamba 5120	
Retreat Star		Gulika 12:04PM – 1:22PM	Ashvini Until 4:28PM	Ganesh: Purple	<i>Sunrise:</i> 6:54AM		
Mesha Rasi: 7.43	Tithi 9	Yama 9:29AM – 10:47AM	Siddha Until 9:23AM	Muruga: Clear	<i>Sunset:</i> 5:14PM		Moon 12 - Phase 37
	823973366	Rahu 2:39PM – 3:57PM	Balava Until 3:21PM	Nataraja: Green			Navami
Creative Work	Siddha Yoga		Navami* Until 3:18AM Wed	Moon – White		Sivaloka Day	
				Pausha-Thai			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 276
	Mesha Rasi: 20.43	Tithi 10	Gulika 10:47AM – 12:05PM	Bharani Until 4:43PM	Ganesha: Blue	<i>Sunrise:</i> 6:54AM	Vilamba 5120
			Yama 8:12AM – 9:29AM	Sadhya Until 8:08AM	Muruga: Clear	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 38
			823173366 Rahu 12:05PM – 1:22PM	Taitila Until 3:04PM	Nataraja: Green		4th Phase
Creative Work Siddha Yoga Until 4:43PM Then Creative Work - Amrita Yoga			Dashami Until 2:36AM Thu	Moon – White	Pausha*Thai	Sivaloka Day	

2	Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 277
	Vrishabha Rasi: 4.09	Tithi 11	Gulika 9:29AM – 10:47AM	Krittika Until 4:02PM	Ganesha: Blue	<i>Sunrise:</i> 6:54AM	Vilamba 5120
			Yama 6:54AM – 8:12AM	Subha Until 6:15AM	Muruga: Clear	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 38
			823173366 Rahu 1:23PM – 2:40PM	Vanija Until 1:57PM	Nataraja: Green		4th Phase
Routine Work Marana Yoga			Ekadashi Until 1:05AM Fri	Moon – White	Pausha*Thai	Sivaloka Day	

3	Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 278
	Vrishabha Rasi: 18.03	Tithi 12	Gulika 8:11AM – 9:29AM	Rohini Until 2:54PM	Ganesha: Yellow	<i>Sunrise:</i> 6:54AM	Vilamba 5120
			Yama 2:41PM – 3:59PM	Brahma Until 12:37AM Sat	Muruga: Clear	<i>Sunset:</i> 5:17PM	Moon 12 - Phase 38
			833173366 Rahu 10:47AM – 12:05PM	Bava Until 12:05PM	Nataraja: Green		4th Phase
Routine Work Marana Yoga Until 2:54PM Then Creative Work - Siddha Yoga			Dvadashi Until 10:52PM	Moon – Yellow	Pausha*Thai	Devaloka Day	

4	Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 279
	Mithuna Rasi: 2.24	Tithi 13	Gulika 6:53AM – 8:11AM	Mrigashira Until 12:59PM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM	Vilamba 5120
			Yama 1:24PM – 2:42PM	Indra Until 9:05PM	Muruga: Clear	<i>Sunset:</i> 5:18PM	Moon 12 - Phase 38
			833173366 Rahu 9:29AM – 10:47AM	Kaulava Until 9:33AM	Nataraja: Green		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 8:03PM	Moon – Yellow	Pausha*Thai	Devaloka Day	
<i>Pradosha Vrata</i>							

5	Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Shanghai, China Sun 27 Sutra 280
	Mithuna Rasi: 17.08	Tithi 14 – 15	Gulika 2:42PM – 4:00PM	Ardra Until 10:27AM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM	Vilamba 5120
			Yama 12:06PM – 1:24PM	Vaidhriti* Until 5:09PM	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 12 - Phase 38
			833173366 Rahu 4:00PM – 5:19PM	Gara Until 6:29AM	Nataraja: Green		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 4:48PM	Moon – Yellow	Pausha*Thai	Devaloka Day	

○	Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sutra 281
	Copper Retreat Star		Gulika 1:24PM – 2:43PM	Punarvasu Until 7:50AM	Ganesha: White	<i>Sunrise:</i> 6:53AM	Vilamba 5120
	Kataka Rasi: 2.1	Tithi 15 – 16	Yama 10:48AM – 12:06PM	Vishkambha* Until 1:01PM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 12 - Phase 38
			843173366 Rahu 8:11AM – 9:29AM	Balava Until 11:26PM	Nataraja: Green		Purnima
Creative Work Amrita Yoga Until 7:50AM Then Creative Work - Siddha Yoga		Total Lunar Eclipse Thai Pusam	Purnima* Until 1:15PM	Moon – Blue	Pausha*Thai	Sivaloka Day	

○	Tuesday, January 22, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Pritii/Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Shanghai, China Sutra 282
	Silver Retreat Star		Gulika 12:06PM – 1:25PM	Ashlesha* Until 1:53AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:52AM	Vilamba 5120
	Kataka Rasi: 17.2	Tithi 16 – 17	Yama 9:29AM – 10:48AM	Priti Until 8:46AM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 12 - Phase 38
			844173366 Rahu 2:43PM – 4:02PM	Taitila Until 7:45PM	Nataraja: Green		Prathama
Creative Work Siddha Yoga			Prathama* Until 9:34AM	Moon – Blue	Pausha*Thai	Devaloka Day	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka



Wednesday, January 23, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visli* Karana Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 2.3 Tihi 18

Gulika 10:48AM – 12:07PM
Yama 8:11AM – 9:29AM
Rahu 12:07PM – 1:25PM

Magha* Until 11:16PM
Saubhagya Until 12:27AM Thu
Vanija Until 4:12PM
Tritiya Until 2:29AM Thu

Ganesha: Purple *Sunrise:* 6:52AM
Muruga: Clear *Sunset:* 5:21PM
Nataraja: Green
Moon – Red
Pausha*Thai

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 11:16PM
Then Creative Work - Amrita Yoga

1

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthiyam Titau

Shanghai, China

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 17.31 Tihi 19

Gulika 9:29AM – 10:48AM
Yama 6:52AM – 8:11AM
Rahu 1:26PM – 2:45PM

Purvaphalguni Until 8:50PM
Sobhana Until 8:40PM
Bava Until 12:54PM
Chaturthi* Until 11:24PM

Ganesha: Purple *Sunrise:* 6:52AM
Muruga: Clear *Sunset:* 5:22PM
Nataraja: Green
Moon – Red
Pausha*Thai

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 6:45PM
Then Creative Work - Amrita Yoga

2

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 2.14 Tihi 20

Gulika 8:10AM – 9:29AM
Yama 2:45PM – 4:04PM
Rahu 10:48AM – 12:07PM

Uttaraphalguni Until 6:45PM
Athiganda* Until 5:14PM
Kaulava Until 10:03AM
Panchami Until 8:47PM

Ganesha: Clear *Sunrise:* 6:51AM
Muruga: Clear *Sunset:* 5:23PM
Nataraja: Green
Moon – Red
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga
Until 6:45PM
Then Creative Work - Amrita Yoga

3

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 16.35 Tihi 21

Gulika 6:51AM – 8:10AM
Yama 1:27PM – 2:46PM
Rahu 9:29AM – 10:48AM

Hasta Until 5:31PM
Sukarma Until 2:18PM
Gara Until 7:44AM
Shashthi* Until 6:48PM

Ganesha: Purple *Sunrise:* 6:51AM
Muruga: Clear *Sunset:* 5:24PM
Nataraja: Green
Moon – Green
Pausha*Thai

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

4

Sunday, January 27, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Tula Rasi: 0.3 Tihi 22 – 23

Gulika 2:46PM – 4:06PM
Yama 12:08PM – 1:27PM
Rahu 4:06PM – 5:25PM

Chitra Until 4:51PM
Dhriti Until 11:55AM
Visti Until 6:04AM
Saptami Until 5:30PM

Ganesha: Purple *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 5:25PM
Nataraja: Green
Moon – Green
Pausha*Thai

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 14 Tihi 23 – 24

Gulika 1:27PM – 2:47PM
Yama 10:48AM – 12:08PM
Rahu 8:09AM – 9:29AM

Svati Until 5:07PM Tue
Shula* Until 10:06AM
Taitila Until 4:58AM Tue
Ashtami* Until 4:56PM

Ganesha: Purple *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 5:26PM
Nataraja: Green
Moon – Green
Pausha*Thai

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Family Home Evening
Creative Work Amrita Yoga
Until 5:07PM Tue
Then Routine Work - Marana Yoga

Tuesday, January 29, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Anuradha Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Shanghai, China

Sun 7 Sutra 289

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 27.05 Tihi 24 – 25

Gulika 12:08PM – 1:28PM
Yama 9:29AM – 10:48AM
Rahu 2:47PM – 4:07PM

Svati Until 5:07PM
Ganda* Until 7:72AM Wed
Vanija Until 5:30AM Wed
Navami* Until 5:07PM

Ganesha: Clear *Sunrise:* 6:49AM
Muruga: Clear *Sunset:* 5:27PM
Nataraja: Green
Moon – Orange
Pausha*Thai

Devaloka Day

Routine Work Marana Yoga
Until 5:07PM
Then Creative Work - Siddha Yoga

1	Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Vriddhi/Dhruva Yoga Visti* Karana Dashamyam Titau				Shanghai, China Sun 8 Sutra 290 Vilamba 5120
	Vrischika Rasi: 9.5	Tithi 25	Gulika 10:48AM – 12:08PM	Yama 8:09AM – 9:29AM	Anuradha Until 7:06PM	Ganesh: Clear Sunrise: 6:49AM	Moon 1 - Phase 40
			Rahu 12:08PM – 1:28PM		Vridhi Until 8:12AM	Muruga: Clear Sunset: 5:28PM	2nd Phase
	Creative Work Siddha Yoga				Visti Until 6:00PM	Nataraja: Green Moon – Orange	Devaloka Day
				Dashami Until 6:00PM	Pausha*Thai		

2	Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China Sun 9 Sutra 291 Vilamba 5120
	Vrischika Rasi: 22.16	Tithi 26	Gulika 9:28AM – 10:48AM	Yama 6:48AM – 8:08AM	Jyeshtha* Until 8:57PM	Ganesh: Clear Sunrise: 6:48AM	Moon 1 - Phase 40
			Rahu 1:28PM – 2:48PM		Dhruva Until 8:00AM	Muruga: Clear Sunset: 5:29PM	2nd Phase
	Routine Work Prabalarishta Yoga Until 8:57PM Then Creative Work - Siddha Yoga				Bava Until 6:42AM	Nataraja: Green Moon – Orange	Devaloka Day
				Ekadashi* Until 7:30PM	Pausha*Thai		

3	Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Shanghai, China Sun 10 Sutra 292 Vilamba 5120
	Dhanus Rasi: 4.29	Tithi 27	Gulika 8:08AM – 9:28AM	Yama 2:48PM – 4:09PM	Mula* Until 11:49PM Sat	Ganesh: White Sunrise: 6:48AM	Moon 1 - Phase 40
			Rahu 10:48AM – 12:08PM		Vyaghata* Until 8:13AM	Muruga: Clear Sunset: 5:29PM	2nd Phase
	Creative Work Amrita Yoga Until 11:49PM Sat Then Routine Work - Prabalarishta Yoga				Kaulava Until 8:27AM	Nataraja: Green Moon – Light Blue	Bhuloka Day
				Dvadashi* Until 9:28PM	Pausha*Thai	Devaloka Time: 12:PM to 3:PM	

4	Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China Sun 11 Sutra 293 Vilamba 5120
	Dhanus Rasi: 16.32	Tithi 28	Gulika 6:48AM – 8:08AM	Yama 1:29PM – 2:49PM	Mula* Until 11:49PM	Ganesh: White Sunrise: 6:48AM	Moon 1 - Phase 40
			Rahu 9:28AM – 10:48AM		Harshana Until 9:32AM Sun	Muruga: Clear Sunset: 5:29PM	2nd Phase
	Creative Work Siddha Yoga Until 11:49PM Then Routine Work - Marana Yoga				Gara Until 10:38AM	Nataraja: Green Moon – Light Blue	Bhuloka Day
				Trayodashi* Until 11:49PM	Pausha*Thai	Devaloka Time: 12:PM to 3:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China Sun 12 Sutra 294 Vilamba 5120
	Dhanus Rasi: 28.26	Tithi 29	Gulika 2:50PM – 4:10PM	Yama 12:09PM – 1:29PM	Purvashadha* Until 2:24AM Mon	Ganesh: White Sunrise: 6:47AM	Moon 1 - Phase 40
			Rahu 4:10PM – 5:30PM		Vajra* Until 10:27AM Mon	Muruga: Clear Sunset: 5:30PM	2nd Phase
	Creative Work Amrita Yoga				Visti Until 1:06PM	Nataraja: Green Moon – Light Blue	Bhuloka Day
				Chaturdashi* Until 2:24AM Mon	Pausha*Thai	Devaloka Time: 12:PM to 3:PM	

Monday, February 4, 2019	Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China Sun 13 Sutra 295 Vilamba 5120
	Makara Rasi: 10.17	Tithi 30	Gulika 1:29PM – 2:50PM	Yama 10:48AM – 12:09PM	Shravana Until 8:32AM Tue	Ganesh: Red Sunrise: 6:46AM	Moon 1 - Phase 40
	Family Home Evening		Rahu 8:07AM – 9:28AM		Siddhi Until 10:27AM	Muruga: Clear Sunset: 5:31PM	Amavasya
	Creative Work Amrita Yoga Until 8:32AM Tue Then Creative Work - Siddha Yoga				Catuspada Until 3:46PM	Nataraja: White Moon – Purple	Devaloka Day
				Amavasya* Until 5:06AM Tue	Pausha*Thai		

Tuesday, February 5, 2019	Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Variyan Yoga Kintughna* Karana Prathamayam Titau				Shanghai, China Sun 14 Sutra 296 Vilamba 5120
	Makara Rasi: 22.04	Tithi 1	Gulika 12:09PM – 1:30PM	Yama 9:27AM – 10:48AM	Shravana Until 8:32AM	Ganesh: Red Sunrise: 6:46AM	Moon 1 - Phase 40
			Rahu 2:51PM – 4:11PM		Vyatipata* Until 11:27AM	Muruga: Clear Sunset: 5:32PM	Prathama
	Creative Work Siddha Yoga				Kintughna Until 6:29PM	Nataraja: White Moon – Purple	Devaloka Day
				Prathama* Until 7:48AM Wed	Magha*Thai		

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Shanghai, China	
Kumbha Rasi: 3.52	Tithi 1 – 2	995173367	Gulika 10:48AM – 12:09PM Yama 8:06AM – 9:27AM Rahu 12:09PM – 1:30PM	Dhanishtha Until 11:39AM Variyan Until 12:24PM Balava Until 9:09PM Prathama* Until 7:48AM	Ganesh: Red Muruga: Clear Nataraja: White Moon – Purple Magha-Thai	<i>Sunrise:</i> 6:45AM <i>Sunset:</i> 5:33PM	Sun 15	Sutra 297 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	
Routine Work Prabalarishta Yoga Until 11:39AM Then Creative Work - Siddha Yoga								Devaloka Day	

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitya/Tritiyayam Titau		Shanghai, China	
Kumbha Rasi: 15.42	Tithi 2 – 3	995173367	Gulika 9:27AM – 10:48AM Yama 6:44AM – 8:06AM Rahu 1:30PM – 2:51PM	Shatabhishak Until 2:30PM Parigha* Until 1:18PM Taitila Until 11:40PM Dvitya Until 10:25AM	Ganesh: Red Muruga: Clear Nataraja: White Moon – Purple Magha-Thai	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 5:34PM	Sun 16	Sutra 298 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	
Creative Work Siddha Yoga								Devaloka Day	

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Shanghai, China	
Kumbha Rasi: 27.36	Tithi 3 – 4	915173367	Gulika 8:05AM – 9:26AM Yama 2:52PM – 4:13PM Rahu 10:48AM – 12:09PM	Purvaproshtapada* Until 5:29PM Shiva Until 2:03PM Vanija Until 1:57AM Sat Tritiya Until 12:50PM	Ganesh: Blue Muruga: Clear Nataraja: White Moon – Clear Magha-Thai	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 5:35PM	Sun 17	Sutra 299 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	
Creative Work Siddha Yoga								Sivaloka Day	

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Shanghai, China	
Meena Rasi: 9.35	Tithi 4 – 5	915173367	Gulika 6:43AM – 8:05AM Yama 1:31PM – 2:52PM Rahu 9:26AM – 10:48AM	Uttaraproshtapada Until 8:01PM Siddha Until 2:33PM Bava Until 3:54AM Sun Chaturthi* Until 2:57PM	Ganesh: Blue Muruga: Clear Nataraja: White Moon – Clear Magha-Thai	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 5:36PM	Sun 18	Sutra 300 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	
Creative Work Siddha Yoga Until 8:01PM Then Routine Work - Prabalarishta Yoga								Sivaloka Day	

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Shanghai, China	
Meena Rasi: 21.43	Tithi 5 – 6	915273367	Gulika 2:53PM – 4:15PM Yama 12:09PM – 1:31PM Rahu 4:15PM – 5:36PM	Revati Until 9:59PM Sadhya Until 2:47PM Kaulava Until 5:23AM Mon Panchami Until 4:41PM	Ganesh: Red Muruga: Clear Nataraja: White Moon – Clear Magha-Thai	<i>Sunrise:</i> 6:42AM <i>Sunset:</i> 5:36PM	Sun 19	Sutra 301 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	
Creative Work Amrita Yoga Until 9:59PM Then Creative Work - Siddha Yoga								Devaloka Day	

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Shanghai, China	
Mesha Rasi: 4.03	Tithi 6 – 7	925273367	Gulika 1:31PM – 2:53PM Yama 10:47AM – 12:09PM Rahu 8:03AM – 9:25AM	Ashvini Until 11:45PM Subha Until 2:38PM Gara Until 6:18AM Tue Shashthi* Until 5:54PM	Ganesh: Blue Muruga: Clear Nataraja: White Moon – White Magha-Thai	<i>Sunrise:</i> 6:41AM <i>Sunset:</i> 5:37PM	Sun 20	Sutra 302 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	
Family Home Evening Creative Work Siddha Yoga								Bhuloka Day Devaloka Time: 12:PM to 3:PM	

Retreat Star		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau		Shanghai, China	
Mesha Rasi: 16.37	Tithi 7	925273367	Gulika 12:09PM – 1:32PM Yama 9:25AM – 10:47AM Rahu 2:54PM – 4:16PM	Bharani Until 12:44AM Wed Sukla Until 2:00PM Gara Until 6:18AM Saptami Until 6:29PM	Ganesh: Blue Muruga: Clear Nataraja: White Moon – White Magha-Thai	<i>Sunrise:</i> 6:41AM <i>Sunset:</i> 5:38PM	Sun 21	Sutra 303 Vilamba 5120 Moon 1 - Phase 41 3rd Phase	
Creative Work Siddha Yoga Until 12:44AM Wed Then Creative Work - Amrita Yoga								Bhuloka Day Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Kritika Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau		Shanghai, China	
Mesha Rasi: 29.31	Tithi 8	926273367	Gulika 10:47AM – 12:09PM Yama 8:02AM – 9:25AM Rahu 12:09PM – 1:32PM	Krittika Until 12:52AM Thu Brahma Until 12:51PM Visti Until 6:32AM Ashtami* Until 6:22PM	Ganesh: Yellow Muruga: Clear Nataraja: White Moon – White Magha-Masi	<i>Sunrise:</i> 6:40AM <i>Sunset:</i> 5:39PM	Sun 22	Sutra 304 Vilamba 5120 Moon 1 - Phase 41 Ashtami	
Creative Work Amrita Yoga Until 12:52AM Thu Then Routine Work - Marana Yoga								Devaloka Day	

Retreat Star		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Navami/Dashamyam Titau		Shanghai, China	
Vrishabha Rasi: 12.47	Tithi 9 – 10	936273367	Gulika 9:24AM – 10:47AM Yama 6:39AM – 8:01AM Rahu 1:32PM – 2:55PM	Rohini Until 12:33AM Fri Indra Until 11:07AM Balava Until 6:02AM Navami* Until 5:28PM	Ganesh: White Muruga: Clear Nataraja: White Moon – Yellow Magha-Masi	<i>Sunrise:</i> 6:39AM <i>Sunset:</i> 5:40PM	Sun 23	Sutra 305 Vilamba 5120 Moon 1 - Phase 41 Navami	
Routine Work Marana Yoga Until 12:33AM Fri Then Creative Work - Siddha Yoga								Sivaloka Day	

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

1	Friday, February 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 24 Sutra 306 Vilamba 5120
	Vrishabha Rasi: 26.28	Titthi 10 – 11	936273367	Gulika 8:01AM – 9:24AM Yama 2:55PM – 4:18PM Rahu 10:46AM – 12:09PM	Mrigashira Until 11:22PM Vaidhriti* Until 8:45AM Vanija Until 2:45AM Sat Dashami Until 3:49PM	Ganesh: White <i>Sunrise:</i> 6:38AM Muruga: Clear <i>Sunset:</i> 5:41PM Nataraja: White Moon – Yellow Magha-Masi	Moon 1 - Phase 42 4th Phase
	Creative Work Siddha Yoga		Sivaloka Day				

2	Saturday, February 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 10.37	Titthi 11 – 12	936273367	Gulika 6:37AM – 8:00AM Yama 1:32PM – 2:55PM Rahu 9:23AM – 10:46AM	Ardra Until 9:23PM Priti Until 2:26AM Sun Bava Until 12:07AM Sun Ekadashi Until 1:30PM	Ganesh: White <i>Sunrise:</i> 6:37AM Muruga: Clear <i>Sunset:</i> 5:42PM Nataraja: White Moon – Yellow Magha-Masi	Moon 1 - Phase 42 4th Phase
	Creative Work Siddha Yoga		Sivaloka Day				

3	Sunday, February 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 25.11	Titthi 12 – 13	946273367	Gulika 2:56PM – 4:19PM Yama 12:09PM – 1:33PM Rahu 4:19PM – 5:42PM	Punarvasu Until 7:09PM Ayushman Until 10:36PM Kaulava Until 8:58PM Dvadashi Until 10:35AM	Ganesh: Clear <i>Sunrise:</i> 6:36AM Muruga: Clear <i>Sunset:</i> 5:42PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 4th Phase
	Creative Work Siddha Yoga		Devaloka Day				
	<i>Pradosha Vrata</i>						

4	Monday, February 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 10.06	Titthi 13 – 14	946273367	Gulika 1:33PM – 2:56PM Yama 10:46AM – 12:09PM Rahu 7:59AM – 9:22AM	Pushya Until 4:24PM Saubhagya Until 6:29PM Vanija Until 3:35AM Tue Trayodashi Until 7:14AM	Ganesh: Clear <i>Sunrise:</i> 6:35AM Muruga: Clear <i>Sunset:</i> 5:43PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 4th Phase
	Creative Work Siddha Yoga		Devaloka Day				
	Chidambaram Abhishekam						

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 310 Vilamba 5120		
	Copper Retreat Star		Kataka Rasi: 25.16	Titthi 15	946273367	Gulika 12:09PM – 1:33PM Yama 9:22AM – 10:45AM Rahu 2:57PM – 4:20PM	Ashlesha* Until 1:18PM Sobhana Until 2:12PM Visti Until 1:43PM Purnima* Until 11:48PM	Ganesh: Clear <i>Sunrise:</i> 6:34AM Muruga: Clear <i>Sunset:</i> 5:44PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 Purnima
	Creative Work Siddha Yoga		Devaloka Day						

	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China Sutra 311 Vilamba 5120		
	Silver Retreat Star		Simha Rasi: 10.31	Titthi 16	956273367	Gulika 10:45AM – 12:09PM Yama 7:57AM – 9:21AM Rahu 12:09PM – 1:33PM	Magha* Until 4:30PM Thu Athiganda* Until 9:52AM Balava Until 9:55AM Prathama* Until 8:03PM	Ganesh: Purple <i>Sunrise:</i> 6:33AM Muruga: Clear <i>Sunset:</i> 5:45PM Nataraja: White Moon – Red Magha-Masi	Moon 1 - Phase 42 Prathama
	Creative Work Siddha Yoga		Sivaloka Day						
	Until 4:30PM Thu Then Creative Work - Amrita Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Uttaraphalguni Nakshatra Dhriti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China
Sun 1 Sutra 312

Simha Rasi: 25.43 Tihi 17 – 18

Gulika 9:21AM – 10:45AM
Yama 6:32AM – 7:56AM
Rahu 1:33PM – 2:57PM

Magha* Until 4:30PM
Dhriti Until 1:40AM Fri
Taitila Until 6:15AM
Dvitiya Until 4:30PM

Ganesha: Clear *Sunrise:* 6:32AM
Muruga: Clear *Sunset:* 5:46PM
Nataraja: White
Moon – Red
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Hasta Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Shanghai, China
Sun 2 Sutra 313

Kanya Rasi: 10.4 Tihi 18 – 19

Gulika 7:56AM – 9:20AM
Yama 2:58PM – 4:22PM
Rahu 10:44AM – 12:09PM

Purvaphalguni Until 1:20PM
Shula* Until 18:53AM Sat
Bava Until 11:57PM
Tritiya Until 1:20PM

Ganesha: White *Sunrise:* 6:31AM
Muruga: Clear *Sunset:* 5:46PM
Nataraja: White
Moon – Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 1:20PM

Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China
Sun 3 Sutra 314

Kanya Rasi: 25.16 Tihi 19 – 20

Gulika 6:30AM – 7:55AM
Yama 1:33PM – 2:58PM
Rahu 9:20AM – 10:44AM

Chitra Until 1:16AM Sun
Ganda* Until 6:53PM
Kaulava Until 9:38PM
Chaturthi* Until 10:41AM

Ganesha: White *Sunrise:* 6:30AM
Muruga: Clear *Sunset:* 5:47PM
Nataraja: White
Moon – Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 1:16AM Sun

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China
Sun 4 Sutra 315

Tula Rasi: 9.25 Tihi 20 – 21

Gulika 2:58PM – 4:23PM
Yama 12:09PM – 1:33PM
Rahu 4:23PM – 5:48PM

Svati Until 12:21AM Mon
Vriddhi Until 4:20PM
Gara Until 8:03PM
Panchami Until 8:43AM

Ganesha: White *Sunrise:* 6:29AM
Muruga: Clear *Sunset:* 5:48PM
Nataraja: White
Moon – Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 12:21AM Mon

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Vanija/Balava Karana Shashthi/Saptamyam Titau

Shanghai, China
Sun 5 Sutra 316

Tula Rasi: 23.04 Tihi 21 – 22

Gulika 1:34PM – 2:59PM
Yama 10:43AM – 12:08PM
Rahu 7:53AM – 9:18AM

Vishakha Until 12:34AM Tue
Dhruva Until 12:34AM Tue
Balava Until 19:26AM Tue
Shashthi* Until 7:33AM

Ganesha: Yellow *Sunrise:* 6:28AM
Muruga: Clear *Sunset:* 5:49PM
Nataraja: White
Moon – Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 12:34AM Tue

Then Creative Work - Siddha Yoga

5

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China
Sun 6 Sutra 317

Vrischika Rasi: 6.16 Tihi 22 – 23

Gulika 12:08PM – 1:34PM
Yama 9:18AM – 10:43AM
Rahu 2:59PM – 4:24PM

Anuradha Until 1:29AM Wed
Vyaghata* Until 1:11PM
Balava Until 7:26PM
Saptami Until 7:14AM

Ganesha: Yellow *Sunrise:* 6:27AM
Muruga: Clear *Sunset:* 5:49PM
Nataraja: White
Moon – Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China
Sun 7 Sutra 318

Vrischika Rasi: 19.01 Tihi 23 – 24

Gulika 10:43AM – 12:08PM
Yama 7:52AM – 9:17AM
Rahu 12:08PM – 1:34PM

Jyeshtha* Until 3:01AM Thu
Harshana Until 12:39PM
Taitila Until 8:23PM
Ashtami* Until 7:47AM

Ganesha: Blue *Sunrise:* 6:26AM
Muruga: Clear *Sunset:* 5:50PM
Nataraja: White
Moon – Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
Navami

Sivaloka Day

Creative Work Siddha Yoga

1	Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Shanghai, China Sun 8 Sutra 319 Vilamba 5120	
	Dhanus Rasi: 1.26	Tithi 24 – 25	Gulika 9:16AM – 10:42AM Yama 6:25AM – 7:51AM Rahu 1:34PM – 2:59PM	Mula* Until 5:33AM Fri Vajra* Until 12:39PM Vanija Until 10:05PM Navami* Until 9:08AM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Light Blue Magha-Masi	Sunrise: 6:25AM Sunset: 5:51PM	Moon 2 - Phase 44 2nd Phase Devaloka Day	
	Creative Work Siddha Yoga Until 5:33AM Fri Then Routine Work - Prabalarishta Yoga							


2	Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Shanghai, China Sun 9 Sutra 320 Vilamba 5120	
	Dhanus Rasi: 13.33	Tithi 25 – 26	Gulika 7:49AM – 9:15AM Yama 3:00PM – 4:26PM Rahu 10:41AM – 12:08PM	Purvashadha* Until 8:22AM Sat Siddhi Until 1:09PM Bava Until 12:19AM Sat Dashami Until 11:07AM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Light Blue Magha-Masi	Sunrise: 6:23AM Sunset: 5:52PM	Moon 2 - Phase 44 2nd Phase Devaloka Day	
	Routine Work Prabalarishta Yoga Until 8:22AM Sat Then Routine Work - Marana Yoga							


3	Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 10 Sutra 321 Vilamba 5120	
	Dhanus Rasi: 25.29	Tithi 26 – 27	Gulika 6:22AM – 7:48AM Yama 1:34PM – 3:00PM Rahu 9:15AM – 10:41AM	Purvashadha* Until 8:22AM Vyatipata* Until 1:59PM Kaulava Until 2:55AM Sun Ekadashi* Until 1:34PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Light Blue Magha-Masi	Sunrise: 6:22AM Sunset: 5:53PM	Moon 2 - Phase 44 2nd Phase Devaloka Day	
	Creative Work Siddha Yoga Until 8:22AM Then Routine Work - Marana Yoga							

4	Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 11 Sutra 322 Vilamba 5120	
	Makara Rasi: 7.18	Tithi 27 – 28	Gulika 3:01PM – 4:27PM Yama 12:07PM – 1:34PM Rahu 4:27PM – 5:54PM	Uttarashadha Until 11:19AM Variyan Until 2:58PM Gara Until 5:39AM Mon Dvadashi* Until 4:15PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Light Blue Magha-Masi	Sunrise: 6:21AM Sunset: 5:54PM	Moon 2 - Phase 44 2nd Phase Devaloka Day	
	Creative Work Amrita Yoga		<i>Pradosha Vrata (Fasting)</i>					

5	Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija Karana Trayodashyam Titau				Shanghai, China Sun 12 Sutra 323 Vilamba 5120	
	Makara Rasi: 19.04	Tithi 28	Gulika 1:34PM – 3:01PM Yama 10:40AM – 12:07PM Rahu 7:46AM – 9:13AM	Shravana Until 2:40PM Parigha* Until 4:02PM Vanija Until 7:00PM Trayodashi* Until 7:00PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Purple Magha-Masi	Sunrise: 6:19AM Sunset: 5:55PM	Moon 2 - Phase 44 2nd Phase Devaloka Day	
	Family Home Evening Creative Work Amrita Yoga Until 2:40PM Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar) Mahasivaratri (Solar)					

6	Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China Sun 13 Sutra 324 Vilamba 5120	
	Kumbha Rasi: 0.51	Tithi 29	Gulika 12:07PM – 1:34PM Yama 9:13AM – 10:40AM Rahu 3:01PM – 4:28PM	Dhanishtha Until 5:47PM Shiva Until 5:03PM Visti Until 8:22AM Chaturdashi* Until 9:39PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Purple Magha-Masi	Sunrise: 6:18AM Sunset: 5:55PM	Moon 2 - Phase 44 2nd Phase Devaloka Day	
	Creative Work Siddha Yoga Until 5:47PM Then Routine Work - Marana Yoga							

	Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China Sun 14 Sutra 325 Vilamba 5120	
	Retreat Star		Gulika 10:39AM – 12:07PM Yama 7:44AM – 9:12AM Rahu 12:07PM – 1:34PM	Shatabhishak Until 8:33PM Siddha Until 5:53PM Catuspada Until 10:56AM Amavasya* Until 12:06AM Thu	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Purple Magha-Masi	Sunrise: 6:17AM Sunset: 5:56PM	Moon 2 - Phase 44 Amavasya Devaloka Day	
	Kumbha Rasi: 12.41 Tithi 30 Creative Work Siddha Yoga Until 8:33PM Then Creative Work - Amrita Yoga							

	Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Shanghai, China Sun 15 Sutra 326 Vilamba 5120	
	Retreat Star		Gulika 9:11AM – 10:39AM Yama 6:16AM – 7:44AM Rahu 1:34PM – 3:02PM	Purvaproshtapada* Until 11:24PM Sadhya Until 6:32PM Kintughna Until 1:14PM Prathama* Until 2:15AM Fri	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:16AM Sunset: 5:57PM	Moon 2 - Phase 44 Prathama Devaloka Day	
	Kumbha Rasi: 24.37 Tithi 1 Creative Work Siddha Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Friday, March 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau	Shanghai, China Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 6.39	Tithi 2	Gulika 7:43AM – 9:10AM	Uttaraproshtpada Until 1:46AM Sat	Ganesha: Yellow <i>Sunrise:</i> 6:15AM	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 45 3rd Phase	
Creative Work Siddha Yoga		Yama 3:02PM – 4:30PM	Subha Until 6:58PM	Muruga: Clear			
Until 1:46AM Sat		119373367 Rahu 10:38AM – 12:06PM	Balava Until 3:13PM	Nataraja: White			
Then Routine Work - Prabalarishta Yoga			Dvitiya Until 4:04AM Sat	Moon – Clear		Devaloka Day	
				Phalguna-Masi			

2		Saturday, March 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau	Shanghai, China Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 18.49	Tithi 3	Gulika 6:14AM – 7:42AM	Revati Until 3:38AM Sun	Ganesha: Yellow <i>Sunrise:</i> 6:14AM	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 45 3rd Phase	
Routine Work Prabalarishta Yoga		Yama 1:34PM – 3:02PM	Sukla Until 7:07PM	Muruga: Clear			
Until 3:38AM Sun		119373367 Rahu 9:10AM – 10:38AM	Taitila Until 4:53PM	Nataraja: White			
Then Creative Work - Siddha Yoga			Tritiya Until 5:33AM Sun	Moon – Clear		Devaloka Day	
		Subramuniyaswami Siva Vision Day		Phalguna-Masi			

3		Sunday, March 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Vanija Karana Chaturthyam Titau	Shanghai, China Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 1.08	Tithi 4	Gulika 3:02PM – 4:31PM	Ashvini Until 5:27AM Mon	Ganesha: Red <i>Sunrise:</i> 6:12AM	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 45 3rd Phase	
Creative Work Siddha Yoga		Yama 12:06PM – 1:34PM	Brahma Until 6:59PM	Muruga: Clear			
		129373367 Rahu 4:31PM – 5:59PM	Vanija Until 6:09PM	Nataraja: White			
			Chaturthi* Until 6:38AM Mon	Moon – White		Devaloka Day	
				Phalguna-Masi			

4		Monday, March 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Shanghai, China Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 13.37	Tithi 4 – 5	Gulika 1:34PM – 3:02PM	Bharani Until 6:41AM Tue	Ganesha: Red <i>Sunrise:</i> 6:11AM	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 45 3rd Phase	
Family Home Evening		Yama 10:37AM – 12:05PM	Indra Until 6:34PM	Muruga: Clear			
Creative Work Siddha Yoga		129373367 Rahu 7:40AM – 9:08AM	Bava Until 7:01PM	Nataraja: White			
			Chaturthi* Until 6:38AM	Moon – White		Devaloka Day	
				Phalguna-Masi			

5		Tuesday, March 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Shanghai, China Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 26.17	Tithi 5 – 6	Gulika 12:05PM – 1:34PM	Bharani Until 6:41AM	Ganesha: Red <i>Sunrise:</i> 6:10AM	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 45 3rd Phase	
Creative Work Siddha Yoga		Yama 9:08AM – 10:36AM	Vaidhriti* Until 5:45PM	Muruga: Clear			
		129373367 Rahu 3:03PM – 4:32PM	Kaulava Until 7:25PM	Nataraja: White			
			Panchami Until 7:16AM	Moon – White		Devaloka Day	
				Phalguna-Masi			

6		Wednesday, March 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Shanghai, China Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 9.12	Tithi 6 – 7	Gulika 10:36AM – 12:05PM	Krittika Until 7:17AM	Ganesha: Clear <i>Sunrise:</i> 6:09AM	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 45 3rd Phase	
Creative Work Amrita Yoga		Yama 7:38AM – 9:07AM	Vishkambha* Until 4:33PM	Muruga: Clear			
Until 7:17AM		121373367 Rahu 12:05PM – 1:34PM	Gara Until 7:17PM	Nataraja: White			
Then Creative Work - Siddha Yoga			Shashthi* Until 7:24AM	Moon – White		Devaloka Day	
				Phalguna-Masi			

Retreat Star		Thursday, March 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Shanghai, China Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 22.24	Tithi 7 – 8	Gulika 9:06AM – 10:35AM	Rohini Until 7:39AM	Ganesha: Purple <i>Sunrise:</i> 6:07AM	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45 Ashtami	
Routine Work Marana Yoga		Yama 6:07AM – 7:37AM	Priti Until 2:54PM	Muruga: Clear			
		131373367 Rahu 1:34PM – 3:03PM	Visti Until 6:33PM	Nataraja: White			
			Saptami Until 6:59AM	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

Retreat Star		Friday, March 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau	Shanghai, China Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 5.56	Tithi 9	Gulika 7:36AM – 9:05AM	Mrigashira Until 7:15AM	Ganesha: Purple <i>Sunrise:</i> 6:06AM	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45 Navami	
Creative Work Siddha Yoga		Yama 3:03PM – 4:33PM	Ayushman Until 12:44PM	Muruga: Clear			
		131373367 Rahu 10:35AM – 12:04PM	Balava Until 5:12PM	Nataraja: White			
		Karadaiyan Nombu (Tamil Nadu)	Navami* Until 4:17AM Sat	Moon – Yellow		Sivaloka Day	
				Phalguna-Panguni			

1	Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 19.5	Tithi 10	Gulika 6:05AM – 7:35AM	Ardra Until 6:07AM	Ganesha: Purple	<i>Sunrise:</i> 6:05AM	
			Yama 1:34PM – 3:04PM	Saubhagya Until 10:05AM	Muruga: Clear	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 Rahu 9:05AM – 10:34AM	Taitila Until 12:44AM Sun Dashami Until 12:44PM	Nataraja: Clear		4th Phase
				Moon – Yellow		Subha Sivaloka Day	
				Phalguna•Panguni			

2	Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 4.07	Tithi 11	Gulika 3:04PM – 4:34PM	Pushya Until 8:07PM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	
			Yama 12:04PM – 1:34PM	Sobhana Until 7:00AM	Muruga: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 4:34PM – 6:04PM	Vanija Until 12:44PM Ekadashi Until 11:16PM	Nataraja: Clear		4th Phase
				Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

3	Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Bava/Balava Karana Dvodashyam Titau				Shanghai, China Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 18.44	Tithi 12	Gulika 1:34PM – 3:04PM	Pushya Until 8:07PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	
	Family Home Evening		Yama 10:33AM – 12:03PM	Sukarma Until 19:40AM Tue	Muruga: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 7:33AM – 9:03AM	Bava Until 9:45AM Dvadashi Until 8:07PM	Nataraja: Clear		4th Phase
				Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

4	Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 3.38	Tithi 13 – 14	Gulika 12:03PM – 1:34PM	Magha* Until 9:27PM	Ganesha: White	<i>Sunrise:</i> 6:01AM	
			Yama 9:02AM – 10:33AM	Dhriti Until 7:40PM	Muruga: Clear	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 Rahu 3:04PM – 4:35PM	Kaulava Until 6:26AM Trayodashi Until 4:41PM	Nataraja: Clear		4th Phase
				Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			
				<i>Pradosha Vrata</i>			

	Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Shanghai, China Sun 28 Sutra 339 Vilamba 5120
	Copper Retreat Star		Gulika 10:32AM – 12:03PM	Purvaphalguni Until 6:40PM	Ganesha: White	<i>Sunrise:</i> 6:00AM	
	Simha Rasi: 18.41	Tithi 14 – 15	Yama 7:31AM – 9:01AM	Shula* Until 3:34PM	Muruga: Clear	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 Rahu 12:03PM – 1:34PM	Visti Until 11:23PM Chaturdashi* Until 1:08PM	Nataraja: Clear		Purnima
				Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			
				Panguni Uttiram			
				Holi			

○	Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sun 29 Sutra 340 Vilamba 5120
	Silver Retreat Star		Gulika 9:01AM – 10:32AM	Uttaraphalguni Until 3:50PM	Ganesha: White	<i>Sunrise:</i> 5:59AM	
	Kanya Rasi: 3.46	Tithi 15 – 16	Yama 5:59AM – 7:30AM	Ganda* Until 11:31AM	Muruga: Clear	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 46
			151373368 Rahu 1:34PM – 3:04PM	Balava Until 7:57PM Purnima* Until 9:37AM	Nataraja: Clear		Prathama
				Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			
				Until 3:50PM Then Routine Work - Marana Yoga			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Shanghai, China

Sun 1 Sutra 341

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 18.41 Tihi 16 - 17

Gulika 7:29AM - 9:00AM
Yama 3:05PM - 4:36PM
Rahu 10:31AM - 12:02PMHasta Until 1:33PM
Vridhi Until 7:41AM
Gara Until 3:24AM Sat
Prathama* Until 6:19AMGanesha: Yellow Sunrise: 5:58AM
Muruga: White Sunset: 6:07PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 1:33PM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 3.19 Tihi 18

Gulika 5:56AM - 7:28AM
Yama 1:33PM - 3:05PM
Rahu 8:59AM - 10:31AMChitra Until 11:33AM
Vyaghata* Until 1:03AM Sun
Vanija Until 2:09PM
Tritiya Until 1:02AM SunGanesha: Yellow Sunrise: 5:56AM
Muruga: White Sunset: 6:08PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 11:33AM

Then Creative Work - Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Shanghai, China

Sun 2 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 17.34 Tihi 19

Gulika 3:05PM - 4:37PM
Yama 12:02PM - 1:33PM
Rahu 4:37PM - 6:08PMSvati Until 10:02AM
Harshana Until 10:33PM
Bava Until 12:07PM
Chaturthi* Until 11:21PMGanesha: Blue Sunrise: 5:55AM
Muruga: White Sunset: 6:08PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 10:02AM

Then Routine Work - Marana Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China

Sun 3 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 1.2 Tihi 20

Family Home Evening

Gulika 1:33PM - 3:05PM
Yama 10:29AM - 12:01PM
Rahu 7:26AM - 8:58AMVishakha Until 9:31AM
Vajra* Until 8:41PM
Kaulava Until 10:50AM
Panchami Until 10:29PMGanesha: Red Sunrise: 5:54AM
Muruga: White Sunset: 6:09PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 9:31AM

Then Creative Work - Siddha Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 4 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 14.38 Tihi 21

Gulika 12:01PM - 1:33PM
Yama 8:57AM - 10:29AM
Rahu 3:05PM - 4:37PMAnuradha Until 9:43AM
Siddhi Until 7:31PM
Gara Until 10:24AM
Shashthi* Until 10:30PMGanesha: Red Sunrise: 5:53AM
Muruga: White Sunset: 6:10PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 9:43AM

Then Routine Work - Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Saptamyam Titau

Shanghai, China

Sun 5 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 27.29 Tihi 22

Gulika 10:28AM - 12:01PM
Yama 7:24AM - 8:56AM
Rahu 12:01PM - 1:33PMJyeshtha* Until 10:37AM
Vyatipata* Until 7:02PM
Visti Until 10:52AM
Saptami Until 11:24PMGanesha: Red Sunrise: 5:51AM
Muruga: White Sunset: 6:10PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 10:37AM

Then Routine Work - Marana Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 6 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 9.56 Tihi 23

Gulika 8:55AM - 10:28AM
Yama 5:50AM - 7:23AM
Rahu 1:33PM - 3:06PMMula* Until 12:38PM
Variyan Until 7:09PM
Balava Until 12:10PM
Ashtami* Until 1:04AM FriGanesha: Green Sunrise: 5:50AM
Muruga: White Sunset: 6:11PM
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Sun 7 Sutra 348

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 22.05 Tihi 24

Gulika 7:22AM - 8:54AM
Yama 3:06PM - 4:39PM
Rahu 10:27AM - 12:00PMPurvashadha* Until 3:10PM
Parigha* Until 7:45PM
Taitila Until 2:09PM
Navami* Until 3:19AM SatGanesha: Green Sunrise: 5:49AM
Muruga: Yellow Sunset: 6:12PM
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Routine Work Prabalarishta Yoga

Until 3:10PM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1 Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mantā Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Shanghai, China Sun 8 Sutra 349 Vilamba 5120	
Makara Rasi: 4.01	Tithi 25	Gulika 5:47AM – 7:21AM	Uttarashadha Until 5:57PM	Ganesha: Green	<i>Sunrise:</i> 5:47AM		
		Yama 1:33PM – 3:06PM	Shiva Until 8:42PM	Muruga: Yellow	<i>Sunset:</i> 6:12PM		Moon 3 - Phase 48
		182383468 Rahu 8:54AM – 10:27AM	Vanija Until 18:77AM Sun	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dashami Until 7:45PM	Moon – Light Blue		Devaloka Day	
Until 5:57PM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga							

2 Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava Karana Ekadashyam Titau				Shanghai, China Sun 9 Sutra 350 Vilamba 5120	
Makara Rasi: 15.49	Tithi 26	Gulika 3:06PM – 4:40PM	Shravana Until 9:17PM	Ganesha: Orange	<i>Sunrise:</i> 5:46AM		
		Yama 12:00PM – 1:33PM	Siddha Until 9:45PM	Muruga: Yellow	<i>Sunset:</i> 6:13PM		Moon 3 - Phase 48
		192383468 Rahu 4:40PM – 6:13PM	Bava Until 7:17PM	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 8:36AM Mon	Moon – Purple		Sivaloka Day	
Until 9:17PM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

3 Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 10 Sutra 351 Vilamba 5120	
Makara Rasi: 27.36	Tithi 26 – 27	Gulika 1:33PM – 3:06PM	Dhanishtha Until 12:25AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:46AM		
Family Home Evening		Yama 10:26AM – 12:00PM	Sadhya Until 10:47PM	Muruga: Yellow	<i>Sunset:</i> 6:13PM		Moon 3 - Phase 48
		192483468 Rahu 7:20AM – 8:53AM	Kaulava Until 9:56PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:36AM	Moon – Purple		Subha Sivaloka Day	
Until 12:25AM Tue				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

4 Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 11 Sutra 352 Vilamba 5120	
Kumbha Rasi: 9.25	Tithi 27 – 28	Gulika 11:59AM – 1:33PM	Shatabhishak Until 3:10AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:45AM		
		Yama 8:52AM – 10:26AM	Subha Until 11:41PM	Muruga: Yellow	<i>Sunset:</i> 6:13PM		Moon 3 - Phase 48
		192483468 Rahu 3:06PM – 4:40PM	Gara Until 12:23AM Wed	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 11:11AM	Moon – Purple		Subha Sivaloka Day	
Until 3:10AM Wed				Phalguna•Panguni			
Then Creative Work - Amrita Yoga							
							<i>Pradosha Vrata (Fasting)</i>

5 Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 12 Sutra 353 Vilamba 5120	
Kumbha Rasi: 21.19	Tithi 28 – 29	Gulika 10:25AM – 11:59AM	Purvaproshtapada* Until 5:55AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:44AM		
		Yama 7:18AM – 8:51AM	Sukla Until 12:17AM Thu	Muruga: Yellow	<i>Sunset:</i> 6:14PM		Moon 3 - Phase 48
		112483468 Rahu 11:59AM – 1:33PM	Visti Until 2:30AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 1:28PM	Moon – Clear		Sivaloka Day	
Until 5:55AM Thu				Phalguna•Panguni			
Then Creative Work - Siddha Yoga							

6 Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Shanghai, China Sun 13 Sutra 354 Vilamba 5120	
Meena Rasi: 3.22	Tithi 29 – 30	Gulika 8:51AM – 10:25AM	Uttaraproshtapada Until 8:06AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:43AM		
		Yama 5:43AM – 7:17AM	Brahma Until 12:36AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:15PM		Moon 3 - Phase 48
		112483468 Rahu 1:33PM – 3:07PM	Catuspada Until 4:11AM Fri	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:22PM	Moon – Clear		Sivaloka Day	
				Phalguna•Panguni			

Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Shanghai, China Sun 14 Sutra 355 Vilamba 5120	
Retreat Star		Gulika 7:16AM – 8:50AM	Uttaraproshtapada Until 8:06AM	Ganesha: Orange	<i>Sunrise:</i> 5:41AM		
Meena Rasi: 15.35	Tithi 30 – 1	Yama 3:07PM – 4:41PM	Indra Until 12:37AM Sat	Muruga: Yellow	<i>Sunset:</i> 6:15PM		Moon 3 - Phase 48
		112483468 Rahu 10:24AM – 11:58AM	Kintughna Until 5:27AM Sat	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:51PM	Moon – Clear		Sivaloka Day	
				Phalguna•Panguni			

Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mantā Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China Sun 15 Sutra 356 Vilamba 5120	
Retreat Star		Gulika 5:40AM – 7:15AM	Revati Until 9:42AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:40AM		
Meena Rasi: 27.59	Tithi 1 – 2	Yama 1:33PM – 3:07PM	Vaidhriti* Until 12:15AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:16PM		Moon 3 - Phase 48
		113483468 Rahu 8:49AM – 10:24AM	Balava Until 6:17AM Sun	Nataraja: Purple			Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 5:54PM	Moon – Clear		Devaloka Day	
Until 9:42AM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

1 Sunday, April 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Shanghai, China Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 10.34	Tithi 2	Gulika 3:07PM – 4:42PM	Ashvini Until 11:13AM	Ganesh: Purple <i>Sunrise:</i> 5:39AM		
		Yama 11:58AM – 1:32PM	Vishkambha* Until 11:36PM	Muruga: Yellow <i>Sunset:</i> 6:17PM		Moon 3 - Phase 49
		123483468 Rahu 4:42PM – 6:17PM	Balava Until 6:17AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:31PM	Moon – White	Devaloka Day	
Until 11:13AM				Chaitra-Panguni		
Then Routine Work - Prabalarishta Yoga						

2 Monday, April 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Tailila/Gara Karana Tritiyayam Titau				Shanghai, China Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 23.2	Tithi 3	Gulika 1:32PM – 3:07PM	Bharani Until 12:12PM	Ganesh: Purple <i>Sunrise:</i> 5:38AM		
Family Home Evening		Yama 10:23AM – 11:57AM	Priti Until 10:40PM	Muruga: Yellow <i>Sunset:</i> 6:17PM		Moon 3 - Phase 49
		123483468 Rahu 7:13AM – 8:48AM	Tailila Until 6:42AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:45PM	Moon – White	Devaloka Day	
Until 12:12PM				Chaitra-Panguni		
Then Routine Work - Marana Yoga						

3 Tuesday, April 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Shanghai, China Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 6.17	Tithi 4	Gulika 11:57AM – 1:32PM	Krittika Until 12:39PM	Ganesh: Purple <i>Sunrise:</i> 5:36AM		
		Yama 8:47AM – 10:22AM	Ayushman Until 9:25PM	Muruga: Yellow <i>Sunset:</i> 6:18PM		Moon 3 - Phase 49
		123483468 Rahu 3:08PM – 4:43PM	Vanija Until 6:45AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:37PM	Moon – White	Devaloka Day	
Until 12:39PM				Chaitra-Panguni		
Then Creative Work - Amrita Yoga						

4 Wednesday, April 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 19.25	Tithi 5	Gulika 10:21AM – 11:57AM	Rohini Until 5:14PM Thu	Ganesh: Clear <i>Sunrise:</i> 5:35AM		
		Yama 7:11AM – 8:46AM	Saubhagya Until 7:53PM	Muruga: Yellow <i>Sunset:</i> 6:19PM		Moon 3 - Phase 49
		123483468 Rahu 11:57AM – 1:32PM	Bava Until 6:26AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:07PM	Moon – Yellow	Sivaloka Day	
				Chaitra-Panguni		

5 Thursday, April 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Ardra Nakshatra Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 2.46	Tithi 6 – 7	Gulika 8:45AM – 10:21AM	Rohini Until 5:14PM	Ganesh: Clear <i>Sunrise:</i> 5:34AM		
		Yama 5:34AM – 7:10AM	Sobhana Until 5:64PM	Muruga: Yellow <i>Sunset:</i> 6:19PM		Moon 3 - Phase 49
		123483468 Rahu 1:32PM – 3:08PM	Gara Until 4:39AM Fri	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 7:53PM	Moon – Yellow	Sivaloka Day	
				Chaitra-Panguni		

6 Friday, April 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Shanghai, China Sun 21 Sutra 362 Vilamba 5120
Mithuna Rasi: 16.19	Tithi 7 – 8	Gulika 7:09AM – 8:45AM	Ardra Until 2:13PM Sat	Ganesh: Clear <i>Sunrise:</i> 5:33AM		
		Yama 3:08PM – 4:44PM	Athiganda* Until 3:53PM	Muruga: Yellow <i>Sunset:</i> 6:20PM		Moon 3 - Phase 49
		123483468 Rahu 10:20AM – 11:56AM	Visti Until 3:08AM Sat	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 3:56PM	Moon – Yellow	Sivaloka Day	
				Chaitra-Panguni		

Retreat Star Saturday, April 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Shanghai, China Sun 22 Sutra 363 Vilamba 5120
Kataka Rasi: 0.08	Tithi 8 – 9	Gulika 5:32AM – 7:08AM	Ardra Until 2:13PM	Ganesh: White <i>Sunrise:</i> 5:32AM		
		Yama 1:32PM – 3:08PM	Sukarma Until 0:83PM	Muruga: Yellow <i>Sunset:</i> 6:21PM		Moon 3 - Phase 49
		143483468 Rahu 8:44AM – 10:20AM	Balava Until 1:13AM Sun	Nataraja: Purple		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 2:13PM	Moon – Blue	Devaloka Day	
				Chaitra-Panguni		

Retreat Star Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Shanghai, China Sun 23 Sutra 364 Vikarin 5121
Kataka Rasi: 14.11	Tithi 9 – 10	Gulika 3:09PM – 4:45PM	Punarvasu Until 12:06PM	Ganesh: White <i>Sunrise:</i> 5:30AM		
		Yama 11:56AM – 1:32PM	Dhriti Until 10:35AM	Muruga: Yellow <i>Sunset:</i> 6:21PM		Moon 3 - Phase 49
		143483468 Rahu 4:45PM – 6:21PM	Tailila Until 10:55PM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga		Navami* Until 12:06PM	Moon – Blue	Devaloka Day	
		Tamil New Year		Chaitra-Chaitra		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time


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1		Monday, April 15, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Shanghai, China Sun 24 Sutra 1
Kataka Rasi: 28.31	Tithi 10 – 11	Gulika	1:32PM – 3:09PM	Ashlesha* Until 8:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Vikarin 5121
Family Home Evening	243483468	Yama	10:19AM – 11:56AM	Shula* Until 7:27AM	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
Creative Work	Siddha Yoga	Rahu	7:06AM – 8:42AM	Vanija Until 8:16PM	Nataraja: Purple		4th Phase
Until 8:19AM				Dashami Until 9:37AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Chaitra•Chaitra		

2		Tuesday, April 16, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau	Shanghai, China Sun 25 Sutra 2
Simha Rasi: 13.02	Tithi 11 – 12	Gulika	11:55AM – 1:32PM	Magha* Until 6:27AM	Ganesha: White	<i>Sunrise:</i> 5:28AM	Vikarin 5121
	253483468	Yama	8:42AM – 10:19AM	Vriddhi Until 12:33AM Wed	Muruga: Yellow	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
Creative Work	Siddha Yoga	Rahu	3:09PM – 4:46PM	Balava Until 3:52AM Wed	Nataraja: Purple		4th Phase
				Ekadashi Until 6:50AM	Moon – Red		Devaloka Day
					Chaitra•Chaitra		

3		Wednesday, April 17, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau	Shanghai, China Sun 26 Sutra 3
Simha Rasi: 27.43	Tithi 13	Gulika	10:18AM – 11:55AM	Uttaraphalguni Until 1:53AM Thu	Ganesha: White	<i>Sunrise:</i> 5:27AM	Vikarin 5121
	253483468	Yama	7:04AM – 8:41AM	Dhruva Until 8:56PM	Muruga: Yellow	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
Creative Work	Amrita Yoga	Rahu	11:55AM – 1:32PM	Kaulava Until 2:22PM	Nataraja: Purple		4th Phase
Until 1:53AM Thu				Trayodashi Until 12:50AM Thu	Moon – Red		Devaloka Day
Then Routine Work - Marana Yoga					Chaitra•Chaitra		
				<i>Pradosha Vrata</i>			

4		Thursday, April 18, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau	Shanghai, China Sun 27 Sutra 4
Kanya Rasi: 12.25	Tithi 14	Gulika	8:40AM – 10:18AM	Hasta Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Vikarin 5121
	263483468	Yama	5:26AM – 7:03AM	Vyaghata* Until 5:22PM	Muruga: Yellow	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	Rahu	1:32PM – 3:09PM	Gara Until 11:22AM	Nataraja: Purple		4th Phase
Until 11:51PM				Chaturdashi* Until 9:53PM	Moon – Green		Sivaloka Day
Then Creative Work - Siddha Yoga					Chaitra•Chaitra		

		Friday, April 19, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau	Shanghai, China Sun 28 Sutra 5
Copper Retreat Star		Gulika	7:02AM – 8:40AM	Chitra Until 9:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Vikarin 5121
Kanya Rasi: 27.03	Tithi 15	Yama	3:10PM – 4:47PM	Harshana Until 1:59PM	Muruga: Yellow	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 1
	263483468	Rahu	10:17AM – 11:55AM	Visti Until 8:30AM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga			Purnima* Until 7:09PM	Moon – Green		Sivaloka Day
		Chitra Purnima (Tamil Nadu)			Chaitra•Chaitra		
		Hanuman Jayanti					

Silver Retreat Star		Saturday, April 20, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Shanghai, China Sun 29 Sutra 6
Silver Retreat Star		Gulika	5:24AM – 7:01AM	Svati Until 8:17PM	Ganesha: Red	<i>Sunrise:</i> 5:24AM	Vikarin 5121
Tula Rasi: 11.28	Tithi 16 – 17	Yama	1:32PM – 3:10PM	Vajra* Until 10:51AM	Muruga: Yellow	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 1
	264483468	Rahu	8:39AM – 10:17AM	Taitila Until 3:51AM Sun	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga			Prathama* Until 4:49PM	Moon – Green		Sivaloka Day
					Chaitra•Chaitra		