



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
/Anuradha Nakshatra Variyan Yoga Taitila/Vanija Karana Dvitiyayam Titau

Regina, SK, Canada
Sutra 16

Vrischika Rasi: 4.41 Tiithi 17

Gulika 11:55AM – 1:45PM
Yama 8:14AM – 10:05AM
Rahu 3:36PM – 5:26PM

Until 7:09PM
Variyan Until 5:05AM Wed
Taitila Until 7:49AM Wed
Dvitiya Until

Ganesha: Purple *Sunrise:* 4:33AM
Muruga: White *Sunset:* 7:17PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga
Until 7:09PM
Then Routine Work - Marana Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Bava Karana Tritiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 17

Vrischika Rasi: 17.07 Tiithi 18

Gulika 10:04AM – 11:55AM
Yama 6:22AM – 8:13AM
Rahu 11:55AM – 1:46PM

Anuradha Until 8:34PM
Parigha* Until 7:08AM Thu
Vanija Until 8:90AM Thu
Tritiya Until 8:48PM

Ganesha: Purple *Sunrise:* 4:31AM
Muruga: White *Sunset:* 7:18PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga
Until 8:34PM
Then Routine Work - Marana Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Kaulava Karana Chaturthiyam Titau

Regina, SK, Canada
Sun 2 Sutra 18

Vrischika Rasi: 29.2 Tiithi 19

Gulika 8:12AM – 10:03AM
Yama 4:30AM – 6:21AM
Rahu 1:46PM – 3:37PM

Jyeshtha* Until 12:50AM Sat Fr
Shiva Until 7:08AM
Bava Until 11:39AM Fri
Chaturthi* Until 8:56PM

Ganesha: Clear *Sunrise:* 4:30AM
Muruga: White *Sunset:* 7:20PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga
Until 12:50AM Sat Fr
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Gara Karana Panchamyam Titau

Regina, SK, Canada
Sun 3 Sutra 19

Dhanus Rasi: 11.2 Tiithi 20

Gulika 6:20AM – 8:11AM
Yama 3:38PM – 5:30PM
Rahu 10:03AM – 11:55AM

Jyeshtha* Until 12:50AM Sat
Siddha Until 9:59AM
Kaulava Until 13:67AM Sat
Panchami Until 9:28PM

Ganesha: White *Sunrise:* 4:28AM
Muruga: White *Sunset:* 7:21PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga
Until 12:50AM Sat
Then Creative Work - Siddha Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Uttarashadha Nakshatra Sadhya Yoga Gara/Visti* Karana Shashthyam Titau

Regina, SK, Canada
Sun 4 Sutra 20

Dhanus Rasi: 23.13 Tiithi 21

Gulika 4:26AM – 6:18AM
Yama 1:47PM – 3:39PM
Rahu 8:10AM – 10:02AM

Mula* Until 3:23AM Sun
Sadhya Until 12:59PM
Gara Until 16:42AM Sun
Shashthi* Until 10:17PM

Ganesha: White *Sunrise:* 4:26AM
Muruga: White *Sunset:* 7:23PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga
Until 3:23AM Sun
Then Creative Work - Amrita Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Shravana Nakshatra Subha Yoga Visti*/Balava Karana Saptamyam Titau

Regina, SK, Canada
Sun 5 Sutra 21

Makara Rasi: 5.02 Tiithi 22

Gulika 3:39PM – 5:32PM
Yama 11:54AM – 1:47PM
Rahu 5:32PM – 7:24PM

Purvashadha* Until 5:56AM Mon
Subha Until 3:55PM
Visti Until 18:68AM Mon
Saptami Until 11:18PM

Ganesha: White *Sunrise:* 4:25AM
Muruga: White *Sunset:* 7:24PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Balava/Taitila Karana Ashtamyam Titau

Regina, SK, Canada
Sun 6 Sutra 22

Makara Rasi: 16.51 Tiithi 23

Gulika 1:47PM – 3:40PM
Yama 10:02AM – 11:54AM
Rahu 6:16AM – 8:09AM

Uttarashadha Until 8:12AM Tue
Sukla Until 7:04PM
Balava Until 20:70AM Tue
Ashtami* Until 12:22AM Mon

Ganesha: Yellow *Sunrise:* 4:23AM
Muruga: White *Sunset:* 7:26PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Family Home Evening
Creative Work Amrita Yoga
Until 8:12AM Tue
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada
Sun 7 Sutra 23

Makara Rasi: 28.46 Tiithi 23 – 24

Gulika 11:54AM – 1:48PM
Yama 8:08AM – 10:01AM
Rahu 3:41PM – 5:34PM

Shravana Until 8:12AM
Brahma Until 9:40PM
Taitila Until 8:70PM
Ashtami* Until 1:14AM Tue

Ganesha: Yellow *Sunrise:* 4:21AM
Muruga: White *Sunset:* 7:27PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Creative Work Siddha Yoga
Until 8:12AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Chidambaram Abhishekam

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Wednesday, May 9, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashmyam Tilau		Regina, SK, Canada Sun 8 Sutra 24	
Kumbha Rasi: 10.53	Tithi 24 – 25	Gulika	10:01AM – 11:54AM	Dhanishtha Until 9:57AM	Ganesha: Yellow	<i>Sunrise: 4:20AM</i>	Vilamba 5120		
		Yama	6:13AM – 8:07AM	Indra Until 11:30PM	Muruga: White	<i>Sunset: 7:29PM</i>	Moon 4 - Phase 4		
		294832369 Rahu	11:54AM – 1:48PM	Vanija Until 10:35PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Navami* Until 1:46AM Wed	Moon – Purple		Bhuloka Day		
Until 9:57AM					Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Amrita Yoga									

2		Thursday, May 10, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visli*/Bava Karana Dashami/Ekadashyam Tilau		Regina, SK, Canada Sun 9 Sutra 25	
Kumbha Rasi: 23.17	Tithi 25 – 26	Gulika	8:06AM – 10:00AM	Shatabhishak Until 11:00AM	Ganesha: Yellow	<i>Sunrise: 4:18AM</i>	Vilamba 5120		
		Yama	4:18AM – 6:12AM	Vaidhriti* Until 12:55AM Fri	Muruga: White	<i>Sunset: 7:30PM</i>	Moon 4 - Phase 4		
		214832369 Rahu	1:48PM – 3:42PM	Bava Until 11:14PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Dashami Until 1:49AM Thu	Moon – Clear		Bhuloka Day		
					Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		

3		Friday, May 11, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau		Regina, SK, Canada Sun 10 Sutra 26	
Meena Rasi: 6.04	Tithi 26 – 27	Gulika	6:11AM – 8:05AM	Purvaproshtapada* Until 11:14AM	Ganesha: Blue	<i>Sunrise: 4:17AM</i>	Vilamba 5120		
		Yama	3:43PM – 5:38PM	Vishkambha* Until 1:22AM Sat	Muruga: White	<i>Sunset: 7:32PM</i>	Moon 4 - Phase 4		
		214932369 Rahu	10:00AM – 11:54AM	Kaulava Until 10:63PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Ekadashi* Until 1:14AM Fri	Moon – Clear		Bhuloka Day		
					Vaisaka-Chaitra				

4		Saturday, May 12, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Tilau		Regina, SK, Canada Sun 11 Sutra 27	
Meena Rasi: 19.14	Tithi 27 – 28	Gulika	4:15AM – 6:10AM	Uttaraproshtapada Until 10:39AM	Ganesha: Blue	<i>Sunrise: 4:15AM</i>	Vilamba 5120		
		Yama	1:49PM – 3:44PM	Priti Until 12:53AM Sun	Muruga: White	<i>Sunset: 7:33PM</i>	Moon 4 - Phase 4		
		214932369 Rahu	8:05AM – 9:59AM	Gara Until 9:65PM	Nataraja: Purple		2nd Phase		
Routine Work	Prabalarishta Yoga			Dvadashi* Until 12:01AM Sat	Moon – Clear		Bhuloka Day		
Until 10:39AM					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Sunday, May 13, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Tilau		Regina, SK, Canada Sun 12 Sutra 28	
Mesha Rasi: 2.5	Tithi 28 – 29	Gulika	3:45PM – 5:40PM	Revati Until 9:18AM	Ganesha: Blue	<i>Sunrise: 4:13AM</i>	Vilamba 5120		
		Yama	11:54AM – 1:49PM	Ayushman Until 12:01AM Mon	Muruga: White	<i>Sunset: 7:35PM</i>	Moon 4 - Phase 4		
		224932369 Rahu	5:40PM – 7:35PM	Visli Until 8:24PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Trayodashi* Until 10:10PM	Moon – White		Bhuloka Day		
Until 9:18AM					Vaisaka-Chaitra				
Then Routine Work - Prabalarishta Yoga		Mother's Day							

Monday, May 14, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Tilau		Regina, SK, Canada Sun 13 Sutra 29	
Mesha Rasi: 16.51	Tithi 29 – 30	Gulika	1:50PM – 3:45PM	Ashvini Until 7:20AM	Ganesha: Blue	<i>Sunrise: 4:12AM</i>	Vilamba 5120		
Family Home Evening		Yama	9:59AM – 11:54AM	Saubhagya Until 10:28PM	Muruga: White	<i>Sunset: 7:36PM</i>	Moon 4 - Phase 4		
Creative Work	Siddha Yoga	224932369 Rahu	6:08AM – 8:03AM	Catuspada Until 5:69PM	Nataraja: Purple		Amavasya		
Until 7:20AM				Chaturdashi* Until 7:45PM	Moon – White		Bhuloka Day		
Then Routine Work - Marana Yoga					Vaisaka-Vaikasi				

Tuesday, May 15, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Alhiganda* Yoga Kintughna*/Balava Karana Prathamayam Tilau		Regina, SK, Canada Sun 14 Sutra 30	
Vrishabha Rasi: 1.11	Tithi 1	Gulika	11:54AM – 1:50PM	Bharani Until 2:01AM Wed	Ganesha: Red	<i>Sunrise: 4:11AM</i>	Vilamba 5120		
		Yama	8:02AM – 9:58AM	Sobhana Until 8:22PM	Muruga: White	<i>Sunset: 7:38PM</i>	Moon 4 - Phase 4		
		225932369 Rahu	3:46PM – 5:42PM	Kintughna Until 12:33AM Wed	Nataraja: Purple		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 13:37AM Tue	Moon – White		Bhuloka Day		
					Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM		

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1		Wednesday, May 16, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Balava/Taitila Karana Dvitiyayam Titau	Regina, SK, Canada Sun 15 Sutra 31 Vilamba 5120
Vrishabha Rasi: 15.46	Tithi 2	Gulika	9:58AM – 11:54AM	Krittika Until 11:01PM	Ganesh: Yellow	<i>Sunrise:</i> 4:09AM	
		Yama	6:05AM – 8:02AM	Athiganda* Until 6:20PM	Muruga: White	<i>Sunset:</i> 7:39PM	
		235932369 Rahu	11:54AM – 1:50PM	Balava Until 9:30AM Thu	Nataraja: Purple	Moon 4 - Phase 5	
Creative Work	Siddha Yoga			Dvitiya Until 10:08AM Wed	Moon – Yellow	3rd Phase	
					Jyeshtha Adhika-Vaikasi	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

2		Thursday, May 17, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Ardra Nakshatra Sukarma/Dhriti Yoga Taitila/Vanija Karana Tritiyayam Titau	Regina, SK, Canada Sun 16 Sutra 32 Vilamba 5120
Mithuna Rasi: 0.28	Tithi 3	Gulika	8:01AM – 9:58AM	Rohini Until 7:58PM	Ganesh: Yellow	<i>Sunrise:</i> 4:08AM	
		Yama	4:08AM – 6:04AM	Sukarma Until 4:05PM	Muruga: White	<i>Sunset:</i> 7:41PM	
		235932369 Rahu	1:51PM – 3:47PM	Taitila Until 6:29AM Fri	Nataraja: Purple	Moon 4 - Phase 5	
Routine Work	Marana Yoga			Tritiya Until 6:34AM Thu	Moon – Yellow	3rd Phase	
					Jyeshtha Adhika-Vaikasi	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

3		Friday, May 18, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Shula* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau	Regina, SK, Canada Sun 17 Sutra 33 Vilamba 5120
Mithuna Rasi: 15.1	Tithi 4 – 5	Gulika	6:03AM – 8:00AM	Mrigashira Until 5:00PM	Ganesh: Yellow	<i>Sunrise:</i> 4:07AM	
		Yama	3:48PM – 5:45PM	Shula* Until 1:46PM	Muruga: White	<i>Sunset:</i> 7:42PM	
		235932369 Rahu	9:57AM – 11:54AM	Vanija Until 3:37AM Sat	Nataraja: Purple	Moon 4 - Phase 5	
Creative Work	Siddha Yoga			Chaturthi* Until 3:00AM Fri	Moon – Yellow	3rd Phase	
					Jyeshtha Adhika-Vaikasi	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

4		Saturday, May 19, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Regina, SK, Canada Sun 18 Sutra 34 Vilamba 5120
Mithuna Rasi: 29.46	Tithi 5 – 6	Gulika	4:05AM – 6:03AM	Ardra Until 2:15PM	Ganesh: White	<i>Sunrise:</i> 4:05AM	
		Yama	1:52PM – 3:49PM	Ganda* Until 11:55AM	Muruga: White	<i>Sunset:</i> 7:43PM	
		245932369 Rahu	8:00AM – 9:57AM	Kaulava Until 24:60	Nataraja: Purple	Moon 4 - Phase 5	
Creative Work	Siddha Yoga			Panchami Until 11:32PM	Moon – Blue	3rd Phase	
					Jyeshtha Adhika-Vaikasi	Devaloka Day	

5		Sunday, May 20, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Regina, SK, Canada Sun 19 Sutra 35 Vilamba 5120
Kataka Rasi: 14.09	Tithi 6 – 7	Gulika	3:49PM – 5:47PM	Punarvasu Until 11:48AM	Ganesh: White	<i>Sunrise:</i> 4:04AM	
		Yama	11:54AM – 1:52PM	Vriddhi Until 10:13AM	Muruga: White	<i>Sunset:</i> 7:45PM	
		245932369 Rahu	5:47PM – 7:45PM	Gara Until 10:43PM	Nataraja: Purple	Moon 4 - Phase 5	
Creative Work	Siddha Yoga			Shashthi* Until 8:16PM	Moon – Blue	3rd Phase	
					Jyeshtha Adhika-Vaikasi	Devaloka Day	

Monday, May 21, 2018		Retreat Star				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Regina, SK, Canada Sun 20 Sutra 36 Vilamba 5120
Kataka Rasi: 28.19	Tithi 7 – 8	Gulika	1:52PM – 3:50PM	Pushya Until 9:42AM	Ganesh: White	<i>Sunrise:</i> 4:03AM	
Family Home Evening		Yama	9:56AM – 11:54AM	Dhruva Until 8:44AM	Muruga: White	<i>Sunset:</i> 7:46PM	
Creative Work	Siddha Yoga	245932369 Rahu	6:01AM – 7:59AM	Visti Until 8:49PM	Nataraja: Purple	Moon 4 - Phase 5	
Until 9:42AM				Saptami Until 14:35AM Mon	Moon – Blue	Ashtami	
Then Routine Work - Marana Yoga					Jyeshtha Adhika-Vaikasi	Devaloka Day	

Tuesday, May 22, 2018		Retreat Star				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Regina, SK, Canada Sun 21 Sutra 37 Vilamba 5120
Simha Rasi: 12.13	Tithi 8 – 9	Gulika	11:54AM – 1:53PM	Ashlesha* Until 8:00AM	Ganesh: Clear	<i>Sunrise:</i> 4:02AM	
		Yama	7:58AM – 9:56AM	Vyaghata* Until 7:55AM	Muruga: White	<i>Sunset:</i> 7:47PM	
		245932369 Rahu	3:51PM – 5:49PM	Balava Until 7:19PM	Nataraja: Purple	Moon 4 - Phase 5	
Creative Work	Siddha Yoga			Ashtami* Until 12:13AM Tue	Moon – Red	Navami	
					Jyeshtha Adhika-Vaikasi	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Vanija Karana Navami/Dashmyam Titau				Regina, SK, Canada Sun 22 Sutra 38 Vilamba 5120
Simha Rasi: 25.53	Tithi 9 – 10	Gulika 9:56AM – 11:54AM	Magha* Until 6:42AM	Ganesha: Clear	<i>Sunrise:</i> 4:00AM	
		Yama 5:59AM – 7:57AM	Harshana Until 7:23AM	Muruga: White	<i>Sunset:</i> 7:49PM	Moon 4 - Phase 6
		255932369 Rahu 11:54AM – 1:53PM	Vanija Until 5:73PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Navami* Until 10:12AM Wed	Moon – Red		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Thursday, May 24, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Bava Karana Ekadashyam Titau				Regina, SK, Canada Sun 23 Sutra 39 Vilamba 5120
Kanya Rasi: 9.19	Tithi 11	Gulika 7:57AM – 9:56AM	Purvaphalguni Until 5:18AM Fri	Ganesha: Clear	<i>Sunrise:</i> 3:59AM	
		Yama 3:59AM – 5:58AM	Vajra* Until 7:05AM	Muruga: White	<i>Sunset:</i> 7:50PM	Moon 4 - Phase 6
		255932369 Rahu 1:53PM – 3:52PM	Vanija Until 16:72AM Fri	Nataraja: Purple		4th Phase
	Amrita Yoga		Ekadashi Until 8:28AM Thu	Moon – Red		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

3 Friday, May 25, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Kaulava Karana Dvadashyam Titau				Regina, SK, Canada Sun 24 Sutra 40 Vilamba 5120
Kanya Rasi: 22.31	Tithi 12	Gulika 5:57AM – 7:56AM	Uttaraphalguni Until 5:11AM Sat	Ganesha: Purple	<i>Sunrise:</i> 3:58AM	
		Yama 3:53PM – 5:52PM	Siddhi Until 7:28AM	Muruga: White	<i>Sunset:</i> 7:51PM	Moon 4 - Phase 6
		366932369 Rahu 9:56AM – 11:55AM	Bava Until 17:17AM Sat	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 7:04AM Fri	Moon – Green		Bhuloka Day
Until 5:11AM Sat				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

4 Saturday, May 26, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Svati Nakshatra Variyan Yoga Kaulava/Gara Karana Trayodashyam Titau				Regina, SK, Canada Sun 25 Sutra 41 Vilamba 5120
Tula Rasi: 5.32	Tithi 13	Gulika 3:57AM – 5:57AM	Hasta Until 5:27AM Sun	Ganesha: Purple	<i>Sunrise:</i> 3:57AM	
		Yama 1:54PM – 3:54PM	Variyan Until 8:05AM	Muruga: White	<i>Sunset:</i> 7:52PM	Moon 4 - Phase 6
		366932369 Rahu 7:56AM – 9:55AM	Kaulava Until 17:46AM Sun	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 5:59AM Sat	Moon – Green		Bhuloka Day
Until 5:27AM Sun				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

5 Sunday, May 27, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Vishakha Nakshatra Parigha* Yoga Gara/Visti* Karana Chaturdashyam Titau				Regina, SK, Canada Sun 26 Sutra 42 Vilamba 5120
Tula Rasi: 18.21	Tithi 14	Gulika 3:54PM – 5:54PM	Chitra Until 6:09AM Mon	Ganesha: Purple	<i>Sunrise:</i> 3:56AM	
		Yama 11:55AM – 1:55PM	Parigha* Until 8:56AM	Muruga: White	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 6
		366932369 Rahu 5:54PM – 7:53PM	Gara Until 18:41AM Mon	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:11AM Sun	Moon – Green		Bhuloka Day
Until 6:09AM Mon				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

Monday, May 28, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Anuradha Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sun 27 Sutra 43 Vilamba 5120
Copper Retreat Star		Gulika 1:55PM – 3:55PM	Svati Until 6:09AM	Ganesha: Clear	<i>Sunrise:</i> 3:55AM	
Vrischika Rasi: 0.58	Tithi 14 – 15	Yama 9:55AM – 11:55AM	Shiva Until 10:30AM	Muruga: White	<i>Sunset:</i> 7:55PM	Moon 4 - Phase 6
Family Home Evening		376932369 Rahu 5:55AM – 7:55AM	Visti Until 6:41PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 4:44AM Mon	Moon – Orange		Bhuloka Day
Until 6:09AM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

Tuesday, May 29, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sun 28 Sutra 44 Vilamba 5120
Silver Retreat Star		Gulika 11:55AM – 1:55PM	Vishakha Until 7:17AM	Ganesha: Clear	<i>Sunrise:</i> 3:54AM	
Vrischika Rasi: 13.23	Tithi 15 – 16	Yama 7:55AM – 9:55AM	Siddha Until 12:22PM	Muruga: White	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 6
		376932369 Rahu 3:55PM – 5:56PM	Balava Until 7:63PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 4:39AM Tue	Moon – Orange		Bhuloka Day
Until 7:17AM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Virshika Rasi: 25.38 Tihti 16 – 17

376932369

Creative Work Siddha Yoga
Until 8:52AM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Mula* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 9:55AM – 11:55AM
Yama 5:54AM – 7:54AM
Rahu 11:55AM – 1:56PM

Anuradha Until 8:52AM
Sadhya Until 2:29PM
Taitila Until 9:51PM
Prathama* Until 4:53AM Wed

Ganesh: Clear *Sunrise: 3:54AM*
Muruga: White *Sunset: 7:57PM*
Nataraja: Purple
Moon – Orange

Regina, SK, Canada
Suntra 45
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Thursday, May 31, 2018

Dhanus Rasi: 7.41 Tihti 17 – 18

386932369

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Purvashadha* Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:54AM – 9:55AM
Yama 3:53AM – 5:53AM
Rahu 1:56PM – 3:57PM

Jyeshtha* Until 10:53AM
Subha Until 8:17PM Fri
Vanija Until 11:62PM
Dvitiya Until 5:27AM Thu

Ganesh: White *Sunrise: 3:53AM*
Muruga: White *Sunset: 7:58PM*
Nataraja: Purple
Moon – Light Blue

Regina, SK, Canada
Sun 1 Suntra 46
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

2

Friday, June 1, 2018

Dhanus Rasi: 19.37 Tihti 18 – 19

387932369

Routine Work Prabalarishta Yoga
Until 1:13PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 5:53AM – 7:54AM
Yama 3:57PM – 5:58PM
Rahu 9:55AM – 11:55AM

Mula* Until 1:13PM
Subha Until 8:17PM
Bava Until 2:30AM Sat
Tritiya Until 6:18AM Fri

Ganesh: Yellow *Sunrise: 3:52AM*
Muruga: White *Sunset: 7:59PM*
Nataraja: Purple
Moon – Light Blue

Regina, SK, Canada
Sun 2 Suntra 47
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Saturday, June 2, 2018

Makara Rasi: 1.26 Tihti 19 – 20

387932369

Routine Work Marana Yoga
Until 3:47PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 3:51AM – 5:52AM
Yama 1:57PM – 3:58PM
Rahu 7:53AM – 9:55AM

Purvashadha* Until 3:47PM
Sukla Until 11:15PM
Kaulava Until 4:66AM Sun
Chaturthi* Until 7:20AM Sat

Ganesh: Yellow *Sunrise: 3:51AM*
Muruga: White *Sunset: 8:00PM*
Nataraja: Purple
Moon – Light Blue

Regina, SK, Canada
Sun 3 Suntra 48
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Sunday, June 3, 2018

Makara Rasi: 13.13 Tihti 20

397932369

Creative Work Amrita Yoga
Until 6:22PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchamyam Titau

Gulika 3:58PM – 6:00PM
Yama 11:56AM – 1:57PM
Rahu 6:00PM – 8:01PM

Uttarashadha Until 6:22PM
Brahma Until 2:32AM Mon
Gara Until 7:37AM Mon
Panchami Until 8:27AM Sun

Ganesh: Blue *Sunrise: 3:51AM*
Muruga: White *Sunset: 8:01PM*
Nataraja: Purple
Moon – Purple

Regina, SK, Canada
Sun 4 Suntra 49
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

5

Monday, June 4, 2018

Makara Rasi: 25.02 Tihti 21

397932369

Family Home Evening
Creative Work Siddha Yoga
Until 10:45PM Tue
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Bava Karana Shashthiyam Titau

Gulika 1:57PM – 3:59PM
Yama 9:54AM – 11:56AM
Rahu 5:52AM – 7:53AM

Dhanishtha Until 10:45PM Tue
Indra Until 5:25AM Tue
Gara Until 9:51AM Tue
Shashthi* Until 9:30AM Mon

Ganesh: Blue *Sunrise: 3:50AM*
Muruga: White *Sunset: 8:02PM*
Nataraja: Purple
Moon – Purple

Regina, SK, Canada
Sun 5 Suntra 50
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

6

Tuesday, June 5, 2018

Kumbha Rasi: 6.57 Tihti 22

397132361

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Balava Karana Saptamyam Titau

Gulika 11:56AM – 1:58PM
Yama 7:53AM – 9:54AM
Rahu 3:59PM – 6:01PM

Dhanishtha Until 10:45PM
Vaidhriti* Until 10:41AM Wed
Visti Until 11:33AM Wed
Saptami Until 10:17AM Tue

Ganesh: Purple *Sunrise: 3:49AM*
Muruga: White *Sunset: 8:03PM*
Nataraja: White
Moon – Purple

Regina, SK, Canada
Sun 6 Suntra 51
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Retreat Star

Wednesday, June 6, 2018

Kumbha Rasi: 19.04 Tihti 23

397132361

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaprosnthapada* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:54AM – 11:56AM
Yama 5:51AM – 7:53AM
Rahu 11:56AM – 1:58PM

Shatabhishak Until 12:44AM Fri Th
Vishkambha* Until 10:41AM
Balava Until 12:33AM Thu
Ashtami* Until 10:41AM Wed

Ganesh: Purple *Sunrise: 3:49AM*
Muruga: White *Sunset: 8:04PM*
Nataraja: White
Moon – Purple

Regina, SK, Canada
Sun 7 Suntra 52
Vilamba 5120
Moon 5 - Phase 7
Ashtami

Devaloka Day

Thursday, June 7, 2018

Retreat Star

Meena Rasi: 1.28 Tihti 24

318132361

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Uttaraprosnthapada Nakshatra Priti/Ayushman Yoga Taitila/Vanija Karana Navamyam Titau

Gulika 7:52AM – 9:54AM
Yama 3:48AM – 5:50AM
Rahu 1:58PM – 4:00PM

Shatabhishak Until 12:44AM Fri
Priti Until 9:33AM
Taitila Until 12:44AM Fri
Navami* Until 10:41AM

Ganesh: Red *Sunrise: 3:48AM*
Muruga: White *Sunset: 8:05PM*
Nataraja: White
Moon – Clear

Regina, SK, Canada
Sun 8 Suntra 53
Vilamba 5120
Moon 5 - Phase 7
Navami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Dashamyam Titau				Regina, SK, Canada Sun 9 Sutra 54	
Meena Rasi: 14.13	Tithi 25	Gulika	5:50AM – 7:52AM	Purvaproshtapada* Until 12:29AM Sat	Ganesha: Red	<i>Sunrise:</i> 3:48AM	Vilamba 5120
		Yama	4:01PM – 6:03PM	Ayushman Until 10:31AM	Muruga: White	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 8
		318132361 Rahu	9:54AM – 11:57AM	Vanija Until 11:64AM Sat	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 9:45AM Fri	Moon – Clear		Bhuloka Day
Until 12:29AM Sat					Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga							

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava Karana Ekadashyam Titau				Regina, SK, Canada Sun 10 Sutra 55	
Meena Rasi: 27.23	Tithi 26	Gulika	3:48AM – 5:50AM	Uttaraproshtapada Until 11:25PM	Ganesha: Red	<i>Sunrise:</i> 3:48AM	Vilamba 5120
		Yama	1:59PM – 4:01PM	Saubhagya Until 10:29AM	Muruga: White	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 8
		318132361 Rahu	7:52AM – 9:55AM	Bava Until 12:04PM	Nataraja: White		2nd Phase
Routine Work	Prabalarishta Yoga			Ekadashi* Until 11:25PM	Moon – Clear		Bhuloka Day
Until 11:25PM					Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Gara Karana Dvadashyam Titau				Regina, SK, Canada Sun 11 Sutra 56	
Mesha Rasi: 11.01	Tithi 27	Gulika	4:02PM – 6:04PM	Revati Until 9:34PM	Ganesha: Green	<i>Sunrise:</i> 3:47AM	Vilamba 5120
		Yama	11:57AM – 1:59PM	Sobhana Until 9:58AM	Muruga: White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8
		328132361 Rahu	6:04PM – 8:07PM	Kaulava Until 7:85AM Mon	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 6:13AM Sun	Moon – White		Bhuloka Day
Until 9:34PM					Jyeshtha Adhika-Vaikasi		
Then Routine Work - Prabalarishta Yoga							

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Krittika Nakshatra Sukarma Yoga Gara/Visti* Karana Trayodashyam Titau				Regina, SK, Canada Sun 12 Sutra 57	
Mesha Rasi: 25.07	Tithi 28	Gulika	2:00PM – 4:02PM	Ashvini Until 7:05PM	Ganesha: Green	<i>Sunrise:</i> 3:47AM	Vilamba 5120
Family Home Evening		Yama	9:55AM – 11:57AM	Sukarma Until 8:35AM	Muruga: White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8
		328132361 Rahu	5:50AM – 7:52AM	Gara Until 5:40AM Tue	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 3:30AM Mon	Moon – White		Bhuloka Day
Until 7:05PM					Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 58	
Vrishabha Rasi: 9.37	Tithi 29 – 30	Gulika	11:57AM – 2:00PM	Bharani Until 4:06PM	Ganesha: Green	<i>Sunrise:</i> 3:47AM	Vilamba 5120
		Yama	7:52AM – 9:55AM	Dhriti Until 6:29AM	Muruga: White	<i>Sunset:</i> 8:08PM	Moon 5 - Phase 8
		328132361 Rahu	4:03PM – 6:05PM	Catuspada Until 2:30AM Wed	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 12:18AM Tue	Moon – White		Bhuloka Day
Until 4:06PM					Jyeshtha Adhika-Vaikasi		
Then Creative Work - Amrita Yoga							

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 59	
Retreat Star		Gulika	9:55AM – 11:58AM	Krittika Until 12:47PM	Ganesha: White	<i>Sunrise:</i> 3:47AM	Vilamba 5120
Vrishabha Rasi: 24.25	Tithi 30 – 1	Yama	5:49AM – 7:52AM	Shula* Until 12:53AM Thu	Muruga: White	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 8
		338132361 Rahu	11:58AM – 2:00PM	Kintughna Until 10:63PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 8:43PM	Moon – Yellow		Bhuloka Day
					Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda*/Vridhi Yoga Bava Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 60	
Retreat Star		Gulika	7:52AM – 9:55AM	Mrigashira Until 9:16AM	Ganesha: Clear	<i>Sunrise:</i> 3:46AM	Vilamba 5120
Mithuna Rasi: 9.24	Tithi 1 – 2	Yama	3:46AM – 5:49AM	Ganda* Until 8:56AM Fri	Muruga: White	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 8
		339132361 Rahu	2:01PM – 4:04PM	Bava Until 9:16AM	Nataraja: White		Prathama
Routine Work	Marana Yoga			Prathama* Until 9:16AM	Moon – Yellow		Bhuloka Day
Until 9:16AM					Jyeshtha-Ani	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga							

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Tailita/Vanija Karana Tritiyayam Titau				Regina, SK, Canada Sun 16 Sutra 61
Mithuna Rasi: 24.26	Tithi 3	Gulika 5:49AM – 7:52AM	Ardra Until 2:20AM Sat	Ganesha: Orange <i>Sunrise:</i> 3:46AM	Vilamba 5120	
		Yama 4:04PM – 6:07PM	Vridhhi Until 8:16PM	Muruga: White <i>Sunset:</i> 8:10PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 9:55AM – 11:58AM	Tailita Until 12:44AM Sat	Nataraja: White	3rd Phase	
			Tritiya Until 8:56AM Fri	Moon – Blue		Bhuloka Day
				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Vanija/Bava Karana Chaturthyam Titau				Regina, SK, Canada Sun 17 Sutra 62
Kataka Rasi: 9.21	Tithi 4	Gulika 3:46AM – 5:49AM	Pushya Until 8:26PM Sun	Ganesha: Orange <i>Sunrise:</i> 3:46AM	Vilamba 5120	
		Yama 2:01PM – 4:04PM	Vyaghata* Until 5:51PM	Muruga: White <i>Sunset:</i> 8:10PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 7:52AM – 9:55AM	Vanija Until 9:46AM Sun	Nataraja: White	3rd Phase	
Until 8:26PM Sun			Chaturthi* Until 5:05AM Sat	Moon – Blue		Bhuloka Day
Then Routine Work - Marana Yoga				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Magha* Nakshatra Harshana Yoga Bava Karana Panchamyam Titau				Regina, SK, Canada Sun 18 Sutra 63
Kataka Rasi: 24.04	Tithi 5	Gulika 4:04PM – 6:08PM	Pushya Until 8:26PM	Ganesha: Orange <i>Sunrise:</i> 3:46AM	Vilamba 5120	
		Yama 11:58AM – 2:01PM	Harshana Until 3:40PM	Muruga: White <i>Sunset:</i> 8:11PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 6:08PM – 8:11PM	Bava Until 9:46AM	Nataraja: White	3rd Phase	
Until 8:26PM			Panchami Until 8:26PM	Moon – Blue		Bhuloka Day
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Gara Karana Shashthyam Titau				Regina, SK, Canada Sun 19 Sutra 64
Simha Rasi: 8.28	Tithi 6	Gulika 2:02PM – 4:05PM	Ashlesha* Until 6:09PM	Ganesha: Green <i>Sunrise:</i> 3:46AM	Vilamba 5120	
Family Home Evening		Yama 9:56AM – 11:59AM	Vajra* Until 2:14PM	Muruga: White <i>Sunset:</i> 8:11PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 Rahu 5:49AM – 7:52AM	Kaulava Until 5:15AM Tue	Nataraja: White	3rd Phase	
Until 6:09PM			Shashthi* Until 10:13PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha•Ani		

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Saptami/Ashtamyam Titau				Regina, SK, Canada Sun 20 Sutra 65
Simha Rasi: 22.31	Tithi 7 – 8	Gulika 11:59AM – 2:02PM	Magha* Until 4:27PM	Ganesha: Green <i>Sunrise:</i> 3:46AM	Vilamba 5120	
		Yama 7:53AM – 9:56AM	Siddhi Until 1:12PM	Muruga: White <i>Sunset:</i> 8:11PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 Rahu 4:05PM – 6:08PM	Vanija Until 4:27PM	Nataraja: White	3rd Phase	
Until 4:27PM			Saptami Until 4:27PM	Moon – Red		Devaloka Day
Then Creative Work - Amrita Yoga				Jyeshtha•Ani		

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vyalipata* Varyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 21 Sutra 66
Retreat Star		Gulika 9:56AM – 11:59AM	Purvaphalguni Until 3:19PM	Ganesha: Green <i>Sunrise:</i> 3:46AM	Vilamba 5120	
Kanya Rasi: 6.12	Tithi 8 – 9	Yama 5:50AM – 7:53AM	Vyatipata* Until 12:36PM	Muruga: White <i>Sunset:</i> 8:12PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	359132361 Rahu 11:59AM – 2:02PM	Balava Until 3:00AM Thu	Nataraja: White	Ashtami	
Until 3:19PM			Ashtami* Until 15:01AM Wed	Moon – Red		Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha•Ani		

Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Varyan/Parigha* Yoga Kaulava Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 22 Sutra 67
Retreat Star		Gulika 7:53AM – 9:56AM	Uttaraphalguni Until 2:47PM	Ganesha: Red <i>Sunrise:</i> 3:47AM	Vilamba 5120	
Kanya Rasi: 19.33	Tithi 9 – 10	Yama 3:47AM – 5:50AM	Varyan Until 12:54PM	Muruga: White <i>Sunset:</i> 8:12PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	369132361 Rahu 2:02PM – 4:06PM	Kaulava Until 2:47PM	Nataraja: White	Navami	
Until 2:47PM			Navami* Until 2:47PM	Moon – Green		Bhuloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Regina, SK, Canada
Hasta/Svati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23 Sutra 68		Vilamba 5120		
Tula Rasi: 2.35	Tithi 10 – 11	Gulika 5:50AM – 7:53AM	Hasta Until 2:49PM	Ganesha: Green	<i>Sunrise:</i> 3:47AM	
		Yama 4:06PM – 6:09PM	Parigha* Until 1:35PM	Muruga: White	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10
		361132361 Rahu 9:56AM – 11:59AM	Vanija Until 2:63AM Sat	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:32AM Fri	Moon – Green		Bhuloka Day
				Jyeshtha-Ani		

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Regina, SK, Canada
Chitra/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24 Sutra 69		Vilamba 5120		
Tula Rasi: 15.22	Tithi 11 – 12	Gulika 3:47AM – 5:50AM	Chitra Until 3:21PM	Ganesha: Green	<i>Sunrise:</i> 3:47AM	
		Yama 2:03PM – 4:06PM	Shiva Until 2:38PM	Muruga: White	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10
		361132361 Rahu 7:53AM – 9:57AM	Bava Until 3:50AM Sun	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:58AM Sat	Moon – Green		Bhuloka Day
				Jyeshtha-Ani		

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Regina, SK, Canada
Svati/Anuradha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashi/Trayodashyam Titau		Sun 25 Sutra 70		Vilamba 5120		
Tula Rasi: 27.55	Tithi 12 – 13	Gulika 4:06PM – 6:09PM	Svati Until 4:23PM	Ganesha: Red	<i>Sunrise:</i> 3:47AM	
		Yama 12:00PM – 2:03PM	Siddha Until 4:28PM	Muruga: Clear	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10
		371142361 Rahu 6:09PM – 8:12PM	Balava Until 4:23PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 4:23PM	Moon – Orange		Devaloka Day
				Jyeshtha-Ani		
				<i>Pradosha Vrata</i>		

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Regina, SK, Canada
Anuradha Nakshatra Sadhya/Subha Yoga Taitila Karana Trayodashi/Chaturdashyam Titau		Sun 26 Sutra 71		Vilamba 5120		
Vrischika Rasi: 10.16	Tithi 13 – 14	Gulika 2:03PM – 4:06PM	Anuradha Until 7:40PM Tue	Ganesha: Red	<i>Sunrise:</i> 3:48AM	
Family Home Evening		Yama 9:57AM – 12:00PM	Sadhya Until 6:33PM	Muruga: Clear	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10
		371142361 Rahu 5:51AM – 7:54AM	Taitila Until 5:50PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 5:50PM	Moon – Orange		Devaloka Day
				Jyeshtha-Ani		

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Regina, SK, Canada
Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Bava Karana Chaturdashyam Titau		Sun 27 Sutra 72		Vilamba 5120		
Vrischika Rasi: 22.26	Tithi 14	Gulika 12:00PM – 2:03PM	Anuradha Until 7:40PM	Ganesha: Red	<i>Sunrise:</i> 3:48AM	
		Yama 7:54AM – 9:57AM	Subha Until 8:51PM	Muruga: Clear	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10
		371142361 Rahu 4:06PM – 6:09PM	Gara Until 8:45AM Wed	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 12:20AM Tue	Moon – Orange		Devaloka Day
Until 7:40PM				Jyeshtha-Ani		
Then Creative Work - Amrita Yoga						

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Regina, SK, Canada
Copper Retreat Star		Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Visti* Karana Purnimayam Titau		Sun 27 Sutra 73		Vilamba 5120
Dhanus Rasi: 4.29	Tithi 15	Gulika 9:58AM – 12:00PM	Jyeshtha* Until 9:51PM	Ganesha: Blue	<i>Sunrise:</i> 3:49AM	
		Yama 5:52AM – 7:55AM	Sukla Until 11:48PM	Muruga: Clear	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10
		381142361 Rahu 12:00PM – 2:03PM	Visti Until 8:45AM	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 9:51PM	Moon – Light Blue		Bhuloka Day
Until 9:51PM				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Regina, SK, Canada
Silver Retreat Star		Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 28 Sutra 74		Vilamba 5120
Dhanus Rasi: 16.23	Tithi 16	Gulika 7:55AM – 9:58AM	Mula* Until 12:16AM Fri	Ganesha: Blue	<i>Sunrise:</i> 3:49AM	
		Yama 3:49AM – 5:52AM	Brahma Until 14:62AM Fri	Muruga: Clear	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 10
		381142361 Rahu 2:03PM – 4:06PM	Balava Until 13:34AM Fri	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 13:57AM Thu	Moon – Light Blue		Bhuloka Day
Until 12:16AM Fri				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

All times are standard time

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Tailila/Vanija Karana Dviltiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 75

Vilamba 5120

Dhanus Rasi: 28.13 Tiithi 17

381142361

Gulika 5:53AM – 7:55AM
Yama 4:06PM – 6:09PM
Rahu 9:58AM – 12:01PMPurvashadha* Until 2:51AM Sat
Indra Until 15:69AM Sat
Tailila Until 15:70AM Sat
Dvitiya Until 14:62AM FriGanesha: Blue
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-AniSunrise: 3:50AM
Sunset: 8:12PMMoon 6 - Phase 11
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 2:51AM Sat
Then Creative Work - Siddha Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Bava Karana Triltiyayam Titau

Regina, SK, Canada

Sun 2 Sutra 76

Vilamba 5120

Makara Rasi: 10.01 Tiithi 18

391242361

Gulika 3:50AM – 5:53AM
Yama 2:04PM – 4:06PM
Rahu 7:56AM – 9:58AMUttarashadha Until 5:26AM Sun
Vaidhriti* Until 9:06AM Sun
Vanija Until 18:43AM Sun
Tritiya Until 15:69AM SatGanesha: Red
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha-AniSunrise: 3:50AM
Sunset: 8:12PMMoon 6 - Phase 11
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 5:26AM Sun
Then Routine Work - Marana Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Chaturthyam Titau

Regina, SK, Canada

Sun 3 Sutra 77

Vilamba 5120

Makara Rasi: 21.47 Tiithi 19

391242361

Gulika 4:06PM – 6:09PM
Yama 12:01PM – 2:04PM
Rahu 6:09PM – 8:11PMShravana Until 7:53AM Mon
Vishkambha* Until 9:06AM
Bava Until 20:61AM Mon
Chaturthi* Until 17:14AM SunGanesha: Red
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha-AniSunrise: 3:51AM
Sunset: 8:11PMMoon 6 - Phase 11
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 7:53AM Mon
Then Creative Work - Siddha Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 4 Sutra 78

Vilamba 5120

Kumbha Rasi: 3.38 Tiithi 19 – 20

392242361

Gulika 2:04PM – 4:06PM
Yama 9:59AM – 12:01PM
Rahu 5:54AM – 7:57AMDhanishtha Until 10:00AM Tue
Priti Until 12:05PM
Kaulava Until 8:61PM
Chaturthi* Until 18:10AM MonGanesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha-AniSunrise: 3:52AM
Sunset: 8:11PMMoon 6 - Phase 11
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Purvaproshtapada* Nakshatra Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 5 Sutra 79

Vilamba 5120

Kumbha Rasi: 15.35 Tiithi 20 – 21

392242361

Gulika 12:02PM – 2:04PM
Yama 7:57AM – 9:59AM
Rahu 4:06PM – 6:08PMDhanishtha Until 10:00AM
Ayushman Until 6:46PM
Gara Until 10:55PM
Panchami Until 6:10PMGanesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha-AniSunrise: 3:52AM
Sunset: 8:11PMMoon 6 - Phase 11
1st Phase

Devaloka Day

Routine Work Marana Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 6 Sutra 80

Vilamba 5120

Kumbha Rasi: 27.44 Tiithi 21 – 22

312242361

Gulika 10:00AM – 12:02PM
Yama 5:55AM – 7:57AM
Rahu 12:02PM – 2:04PMPurvaproshtapada* Until 12:38PM Thu
Saubhagya Until 4:53PM
Visti Until 11:75PM
Shashthi* Until 6:46PMGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 3:53AM
Sunset: 8:10PMMoon 6 - Phase 11
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 12:38PM Thu
Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 7 Sutra 81

Vilamba 5120

Meena Rasi: 10.08 Tiithi 22 – 23

312242361

Gulika 7:58AM – 10:00AM
Yama 3:54AM – 5:56AM
Rahu 2:04PM – 4:06PMPurvaproshtapada* Until 12:38PM
Sobhana Until 6:23PM
Balava Until 12:53AM Fri
Saptami Until 6:58PMGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 3:54AM
Sunset: 8:10PMMoon 6 - Phase 11
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda*/Sukarma Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 8 Sutra 82

Vilamba 5120

Meena Rasi: 22.52 Tiithi 23 – 24

412242361

Gulika 5:57AM – 7:58AM
Yama 4:06PM – 6:07PM
Rahu 10:00AM – 12:02PMRevati Until 12:21PM Sat
Athiganda* Until 5:43PM
Tailila Until 12:44AM Sat
Ashtami* Until 6:39PMGanesha: Green
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 3:55AM
Sunset: 8:09PMMoon 6 - Phase 11
Navami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 12:21PM Sat
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1		Saturday, July 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam				Regina, SK, Canada	
Mesha Rasi: 5.58		Tithi 24 – 25		Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Gara/Bava Karana Navami/Dashyam Titau				Sun 9 Sutra 83	
Creative Work		Siddha Yoga		Gulika	3:56AM – 5:57AM	Revati Until 12:21PM	Ganesha: Orange	<i>Sunrise:</i> 3:56AM	Vilamba 5120
		422242361		Yama	2:04PM – 4:05PM	Sukarma Until 7:07PM	Muruga: Clear	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 12
				Rahu	7:59AM – 10:01AM	Bava Until 21:65AM Sun	Nataraja: White		2nd Phase
								Jyeshtha-Ani	Devaloka Day

2		Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Regina, SK, Canada	
Mesha Rasi: 19.32		Tithi 25 – 26		Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 84	
Routine Work		Prabalarishta Yoga		Gulika	4:05PM – 6:07PM	Ashvini Until 11:01AM	Ganesha: Orange	<i>Sunrise:</i> 3:56AM	Vilamba 5120
Until 11:01AM		Then Creative Work - Siddha Yoga		Yama	12:02PM – 2:04PM	Dhriti Until 6:18PM	Muruga: Clear	<i>Sunset:</i> 8:08PM	Moon 6 - Phase 12
				Rahu	6:07PM – 8:08PM	Bava Until 10:05PM	Nataraja: White		2nd Phase
								Jyeshtha-Ani	Devaloka Day

3		Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Regina, SK, Canada	
Vrishabha Rasi: 3.32		Tithi 26 – 27		Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 85	
Family Home Evening		422242361		Gulika	2:04PM – 4:05PM	Krittika Until 6:15AM Tue	Ganesha: Orange	<i>Sunrise:</i> 3:57AM	Vilamba 5120
Routine Work		Marana Yoga		Yama	10:01AM – 12:02PM	Shula* Until 11:10AM	Muruga: Clear	<i>Sunset:</i> 8:08PM	Moon 6 - Phase 12
Until 6:15AM Tue		Then Creative Work - Amrita Yoga		Rahu	5:59AM – 8:00AM	Kaulava Until 7:41PM	Nataraja: White		2nd Phase
								Jyeshtha-Ani	Devaloka Day

4		Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Regina, SK, Canada	
Vrishabha Rasi: 17.58		Tithi 27 – 28		Krittika/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 86	
Creative Work		Amrita Yoga		Gulika	12:03PM – 2:04PM	Krittika Until 6:15AM	Ganesha: Light Blue	<i>Sunrise:</i> 3:58AM	Vilamba 5120
Until 6:15AM		Then Creative Work - Siddha Yoga		Yama	8:00AM – 10:02AM	Ganda* Until 2:44PM	Muruga: Clear	<i>Sunset:</i> 8:07PM	Moon 6 - Phase 12
				Rahu	4:05PM – 6:06PM	Gara Until 4:44PM	Nataraja: White		2nd Phase
								Jyeshtha-Ani	Bhuloka Day
									Devaloka Time: 12:PM to 3:PM

5		Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Regina, SK, Canada	
Mithuna Rasi: 2.47		Tithi 29		Rohini/Ardra Nakshatra Dhruva Yoga Visti*/Catuspada* Karana Chaturdashyam Titau				Sun 13 Sutra 87	
Creative Work		Siddha Yoga		Gulika	10:02AM – 12:03PM	Rohini Until 11:33PM	Ganesha: Light Blue	<i>Sunrise:</i> 3:59AM	Vilamba 5120
Until 6:15AM		Then Creative Work - Siddha Yoga		Yama	6:00AM – 8:01AM	Dhruva Until 11:72PM	Muruga: Clear	<i>Sunset:</i> 8:06PM	Moon 6 - Phase 12
				Rahu	12:03PM – 2:04PM	Visti Until 9:43AM Thu	Nataraja: White		2nd Phase
								Jyeshtha-Ani	Bhuloka Day
									Devaloka Time: 12:PM to 3:PM

Thursday, July 12, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Regina, SK, Canada	
Mithuna Rasi: 17.5		Tithi 30		Mrigashira/Punarvasu Nakshatra Vyaghata* Yoga Catuspada* Karana Amavasyayam Titau				Sun 14 Sutra 88	
Routine Work		Marana Yoga		Gulika	8:02AM – 10:02AM	Mrigashira Until 7:50PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:00AM	Vilamba 5120
Until 7:50PM		Then Creative Work - Amrita Yoga		Yama	4:00AM – 6:01AM	Vyaghata* Until 7:64PM	Muruga: Clear	<i>Sunset:</i> 8:05PM	Moon 6 - Phase 12
				Rahu	2:03PM – 4:04PM	Catuspada Until 9:43AM	Nataraja: White		Amavasya
								Jyeshtha-Ani	Bhuloka Day
									Devaloka Time: 12:PM to 3:PM

Friday, July 13, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Regina, SK, Canada	
Kataka Rasi: 3.01		Tithi 1 – 2		Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 89	
Creative Work		Siddha Yoga		Gulika	6:02AM – 8:02AM	Punarvasu Until 12:28PM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:01AM	Vilamba 5120
Until 12:28PM Sat		Then Routine Work - Marana Yoga		Yama	4:04PM – 6:04PM	Harshana Until 6:30AM	Muruga: Clear	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 12
				Rahu	10:03AM – 12:03PM	Kaulava Until 11:88AM Sat	Nataraja: White		Prathama
								Jyeshtha-Ani	Bhuloka Day
				Partial Solar Eclipse					Devaloka Time: 12:PM to 3:PM

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Regina, SK, Canada	
Kataka Rasi: 18.08		Titthi 2 – 3		Punarvasu/Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 90	
442242361		Gulika	4:03AM – 6:03AM	Punarvasu Until 12:28PM	Ganesh: Purple	<i>Sunrise:</i> 4:03AM	Vilamba 5120		
Routine Work		Yama	2:03PM – 4:03PM	Vajra* Until 12:51AM Sun	Muruga: Clear	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 13		
Until 12:28PM		Rahu	8:03AM – 10:03AM	Kaulava Until 12:28PM	Nataraja: White		3rd Phase		
Then Creative Work - Amrita Yoga		Dvitiya Until 12:28PM				Ashada*Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM			

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		Regina, SK, Canada	
Simha Rasi: 3.05		Titthi 3 – 4		Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17		Sutra 91	
453242361		Gulika	4:03PM – 6:03PM	Ashlesha* Until 9:07AM	Ganesh: Purple	<i>Sunrise:</i> 4:04AM	Vilamba 5120		
Routine Work		Yama	12:03PM – 2:03PM	Siddhi Until 10:43PM	Muruga: Clear	<i>Sunset:</i> 8:03PM	Moon 6 - Phase 13		
Until 9:07AM		Rahu	6:03PM – 8:03PM	Vanija Until 7:37PM	Nataraja: White		3rd Phase		
Then Creative Work - Siddha Yoga		Tritiya Until 8:02AM Sun				Ashada*Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM			

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Regina, SK, Canada	
Simha Rasi: 17.44		Titthi 4 – 5		Magha*/Purvaphalguni Nakshatra Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Sutra 92	
453242361		Gulika	2:03PM – 4:02PM	Magha* Until 6:12AM	Ganesh: Purple	<i>Sunrise:</i> 4:05AM	Vilamba 5120		
Routine Work		Yama	10:04AM – 12:03PM	Variyan Until 8:56PM	Muruga: Clear	<i>Sunset:</i> 8:02PM	Moon 6 - Phase 13		
Family Home Evening		Rahu	6:04AM – 8:04AM	Bava Until 4:57PM	Nataraja: White		3rd Phase		
Creative Work		Chaturthi* Until 4:34AM Mon				Ashada*Adi		Bhuloka Day	
Siddha Yoga						Devaloka Time: 12:PM to 3:PM			

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Regina, SK, Canada	
Kanya Rasi: 1.59		Titthi 6		Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Gara Karana Shashthyam Titau		Sun 19		Sutra 93	
453242362		Gulika	12:03PM – 2:03PM	Purvaphalguni Until 2:06AM Wed	Ganesh: Purple	<i>Sunrise:</i> 4:06AM	Vilamba 5120		
Creative Work		Yama	8:05AM – 10:04AM	Parigha* Until 10:61PM	Muruga: Clear	<i>Sunset:</i> 8:01PM	Moon 6 - Phase 13		
Until 2:06AM Wed		Rahu	4:02PM – 6:01PM	Kaulava Until 13:31AM Wed	Nataraja: Clear		3rd Phase		
Then Routine Work - Marana Yoga		Shashthi* Until 1:31AM Tue				Ashada*Adi		Devaloka Day	

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Regina, SK, Canada	
Kanya Rasi: 15.49		Titthi 7		Uttaraphalguni/Hasta Nakshatra Shiva Yoga Gara Karana Saptamyam Titau		Sun 20		Sutra 94	
463242362		Gulika	10:04AM – 12:03PM	Uttaraphalguni Until 1:05AM Thu	Ganesh: Clear	<i>Sunrise:</i> 4:07AM	Vilamba 5120		
Routine Work		Yama	6:06AM – 8:05AM	Shiva Until 8:66PM	Muruga: Clear	<i>Sunset:</i> 8:00PM	Moon 6 - Phase 13		
Until 1:05AM Thu		Rahu	12:03PM – 2:02PM	Gara Until 1:31PM	Nataraja: Clear		3rd Phase		
Then Creative Work - Siddha Yoga		Saptami Until 1:05AM Thu				Ashada*Adi		Sivaloka Day	

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Regina, SK, Canada	
Kanya Rasi: 29.14		Titthi 8		Hasta/Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21		Sutra 95	
463242362		Gulika	8:06AM – 10:05AM	Hasta Until 12:48AM Fri	Ganesh: Clear	<i>Sunrise:</i> 4:08AM	Vilamba 5120		
Creative Work		Yama	4:08AM – 6:07AM	Siddha Until 7:37PM	Muruga: Clear	<i>Sunset:</i> 7:59PM	Moon 6 - Phase 13		
Siddha Yoga		Rahu	2:02PM – 4:01PM	Visti Until 12:57AM Fri	Nataraja: Clear		Ashtami		
		Ashtami* Until 8:66PM				Ashada*Adi		Sivaloka Day	

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Regina, SK, Canada	
Tula Rasi: 12.14		Titthi 9		Chitra/Svati Nakshatra Sadhya Yoga Balava Karana Navamyam Titau		Sun 22		Sutra 96	
463242362		Gulika	6:08AM – 8:07AM	Chitra Until 1:13AM Sat	Ganesh: Clear	<i>Sunrise:</i> 4:10AM	Vilamba 5120		
Creative Work		Yama	4:00PM – 5:59PM	Sadhya Until 18:44AM Sat	Muruga: Clear	<i>Sunset:</i> 7:57PM	Moon 6 - Phase 13		
Siddha Yoga		Rahu	10:05AM – 12:04PM	Balava Until 12:57PM	Nataraja: Clear		Navami		
		Navami* Until 1:13AM Sat				Ashada*Adi		Sivaloka Day	

1 Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Tailila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 97 Vilamba 5120
Tula Rasi: 24.56	Tithi 10	Gulika 4:11AM – 6:09AM	Svati Until 2:17AM Sun	Ganesh: White	<i>Sunrise:</i> 4:11AM	
		Yama 2:02PM – 4:00PM	Subha Until 10:12PM	Muruga: Clear	<i>Sunset:</i> 7:56PM	Moon 6 - Phase 14
		473242362 Rahu 8:07AM – 10:05AM	Tailila Until 14:62AM Sun	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 18:44AM Sat	Moon – Orange		Devaloka Day
Until 2:17AM Sun				Ashada•Adi		
Then Routine Work - Marana Yoga						

2 Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Vanija Karana Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 98 Vilamba 5120
Vrischika Rasi: 7.2	Tithi 11	Gulika 3:59PM – 5:57PM	Vishakha Until 3:52AM Mon	Ganesh: White	<i>Sunrise:</i> 4:12AM	
		Yama 12:04PM – 2:01PM	Sukla Until 19:26AM Mon	Muruga: Clear	<i>Sunset:</i> 7:55PM	Moon 6 - Phase 14
		473242362 Rahu 5:57PM – 7:55PM	Vanija Until 3:02PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 3:52AM Mon	Moon – Orange		Devaloka Day
Until 3:52AM Mon				Ashada•Adi		
Then Creative Work - Siddha Yoga						

3 Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 99 Vilamba 5120
Vrischika Rasi: 19.31	Tithi 12	Gulika 2:01PM – 3:59PM	Anuradha Until 5:54AM Tue	Ganesh: White	<i>Sunrise:</i> 4:13AM	
Family Home Evening		Yama 10:06AM – 12:04PM	Brahma Until 2:45AM Tue	Muruga: Clear	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 14
		473242362 Rahu 6:11AM – 8:08AM	Bava Until 4:52PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 5:54AM Tue	Moon – Orange		Devaloka Day
Until 5:54AM Tue				Ashada•Adi		
Then Creative Work - Amrita Yoga						

4 Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 100 Vilamba 5120
Dhanus Rasi: 1.31	Tithi 13	Gulika 12:04PM – 2:01PM	Jyeshtha* Until 8:14AM Wed	Ganesh: Yellow	<i>Sunrise:</i> 4:15AM	
		Yama 8:09AM – 10:06AM	Indra Until 5:48AM Wed	Muruga: Clear	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 14
		483242362 Rahu 3:58PM – 5:55PM	Kaulava Until 7:03PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 8:14AM Wed	Moon – Light Blue		Sivaloka Day
				Ashada•Adi		
			<i>Pradosha Vrata</i>			

5 Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 101 Vilamba 5120
Dhanus Rasi: 13.25	Tithi 13 – 14	Gulika 10:07AM – 12:04PM	Mula* Until 8:14AM	Ganesh: Red	<i>Sunrise:</i> 4:16AM	
		Yama 6:13AM – 8:10AM	Vaidhriti* Until 8:53AM Thu	Muruga: Clear	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 14
		483342362 Rahu 12:04PM – 2:01PM	Gara Until 9:30PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 8:14AM	Moon – Light Blue		Sivaloka Day
				Ashada•Adi		

Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sun 28 Sutra 102 Vilamba 5120
Copper Retreat Star		Gulika 8:10AM – 10:07AM	Purvashadha* Until 1:21PM Fri	Ganesh: Red	<i>Sunrise:</i> 4:17AM	
Dhanus Rasi: 25.14	Tithi 14 – 15	Yama 4:17AM – 6:14AM	Vishkambha* Until 8:53AM	Muruga: Clear	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 14
		483342362 Rahu 2:00PM – 3:57PM	Visti Until 11:65PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 9:15PM	Moon – Light Blue		Sivaloka Day
Until 1:21PM Fri				Ashada•Adi		
Then Routine Work - Marana Yoga		Satguru Purnima				

Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Shravana Nakshatra Priti Yoga Bava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sun 29 Sutra 103 Vilamba 5120
Silver Retreat Star		Gulika 6:15AM – 8:11AM	Purvashadha* Until 1:21PM	Ganesh: Red	<i>Sunrise:</i> 4:19AM	
Makara Rasi: 7.02	Tithi 15 – 16	Yama 3:56PM – 5:52PM	Priti Until 10:89PM	Muruga: Clear	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 14
		483342362 Rahu 10:07AM – 12:04PM	Bava Until 1:21PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Purnima* Until 1:21PM	Moon – Light Blue		Sivaloka Day
		Total Lunar Eclipse		Ashada•Adi		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, July 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mania Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 105

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Makara Rasi: 18.49 Tiithi 16 - 17

Gulika 4:20AM - 6:16AM

Yama 1:59PM - 3:55PM

493342362 Rahu 8:12AM - 10:08AM

Shravana Until 6:14PM Sun

Ayushman Until 3:08PM

Tailita Until 4:66AM Sun

Prathama* Until 10:89PM

Ganesha: Blue

Sunrise: 4:20AM

Muruga: Clear

Sunset: 7:47PM

Nataraja: Clear

Moon - Purple
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

Sunday, July 29, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Saubhagya Yoga Gara Karana Dvitiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 105

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Kumbha Rasi: 0.4 Tiithi 17

Gulika 3:55PM - 5:50PM

Yama 12:04PM - 1:59PM

493342362 Rahu 5:50PM - 7:46PM

Shravana Until 6:14PM

Saubhagya Until 1:20AM Mon

Gara Until 6:14PM

Dvitiya Until 6:14PM

Ganesha: Blue

Sunrise: 4:21AM

Muruga: Clear

Sunset: 7:46PM

Nataraja: Clear

Moon - Purple

Ashada*Adi

Devaloka Day

Routine Work Marana Yoga

Until 6:14PM

Then Creative Work - Siddha Yoga

Monday, July 30, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Vanija Karana Tritiyayam Titau

Regina, SK, Canada

Sun 2 Sutra 106

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Kumbha Rasi: 12.37 Tiithi 18

Gulika 1:59PM - 3:54PM

Yama 10:08AM - 12:04PM

494342362 Rahu 6:18AM - 8:13AM

Dhanishtha Until 8:17PM

Sobhana Until 8:32PM

Vanija Until 7:19AM

Tritiya Until 8:17PM

Ganesha: Blue

Sunrise: 4:23AM

Muruga: Clear

Sunset: 7:44PM

Nataraja: Clear

Moon - Purple

Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

Until 8:17PM

Then Routine Work - Marana Yoga

Tuesday, July 31, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda* Yoga Bava Karana Chaturthyam Titau

Regina, SK, Canada

Sun 3 Sutra 107

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Kumbha Rasi: 24.41 Tiithi 19

Gulika 12:03PM - 1:58PM

Yama 8:14AM - 10:09AM

414342362 Rahu 3:53PM - 5:48PM

Shatabhishak Until 9:56PM

Athiganda* Until 1:74AM Wed

Bava Until 9:11AM

Chaturthi* Until 9:56PM

Ganesha: White

Sunrise: 4:24AM

Muruga: Clear

Sunset: 7:43PM

Nataraja: Clear

Moon - Clear

Ashada*Adi

Devaloka Day

Routine Work Marana Yoga

Until 9:56PM

Then Creative Work - Amrita Yoga

Wednesday, August 1, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Gara Karana Panchamyam Titau

Regina, SK, Canada

Sun 4 Sutra 108

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Meena Rasi: 6.56 Tiithi 20

Gulika 10:09AM - 12:03PM

Yama 6:20AM - 8:15AM

414342362 Rahu 12:03PM - 1:58PM

Purvaproshtapada* Until 11:06PM

Sukarma Until 1:67AM Thu

Kaulava Until 11:29AM Thu

Panchami Until 1:74AM Wed

Ganesha: White

Sunrise: 4:26AM

Muruga: Clear

Sunset: 7:41PM

Nataraja: Clear

Moon - Clear

Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

Until 11:06PM

Then Routine Work - Marana Yoga

Thursday, August 2, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Gara/Visti* Karana Shashthyam Titau

Regina, SK, Canada

Sun 5 Sutra 109

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Meena Rasi: 19.25 Tiithi 21

Gulika 8:15AM - 10:09AM

Yama 4:27AM - 6:21AM

414342362 Rahu 1:57PM - 3:51PM

Uttaraproshtapada Until 11:41PM

Dhriti Until 23:88AM Fri

Gara Until 11:45AM Fri

Shashthi* Until 1:67AM Thu

Ganesha: White

Sunrise: 4:27AM

Muruga: Clear

Sunset: 7:40PM

Nataraja: Clear

Moon - Clear

Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

Until 11:41PM

Then Creative Work - Amrita Yoga

Friday, August 3, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Shula* Yoga Visti* Karana Saptamyam Titau

Regina, SK, Canada

Sun 6 Sutra 110

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Mesha Rasi: 2.1 Tiithi 22

Gulika 6:22AM - 8:16AM

Yama 3:51PM - 5:44PM

424342362 Rahu 10:10AM - 12:03PM

Revati Until 11:37PM

Shula* Until 2:30AM Sat

Visti Until 11:45AM

Saptami Until 11:37PM

Ganesha: Clear

Sunrise: 4:28AM

Muruga: Clear

Sunset: 7:38PM

Nataraja: Clear

Moon - White

Ashada*Adi

Sivaloka Day

Creative Work Amrita Yoga

Until 11:37PM

Then Creative Work - Siddha Yoga

Saturday, August 4, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada

Sun 7 Sutra 111

Vilamba 5120

Moon 7 - Phase 15

Ashtami

Mesha Rasi: 15.15 Tiithi 23

Gulika 4:30AM - 6:23AM

Yama 1:56PM - 3:50PM

424342362 Rahu 8:17AM - 10:10AM

Bharani Until 9:28PM Sun

Ganda* Until 2:24AM Sun

Balava Until 9:76AM Sun

Ashtami* Until 12:28AM Sat

Ganesha: Clear

Sunrise: 4:30AM

Muruga: Clear

Sunset: 7:36PM

Nataraja: Clear

Moon - White

Ashada*Adi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Vriddhi Yoga Tailita/Gara Karana Navamyam Titau

Regina, SK, Canada

Sun 8 Sutra 112

Vilamba 5120

Moon 7 - Phase 15

Navami

Mesha Rasi: 28.42 Tiithi 24

Gulika 3:49PM - 5:42PM

Yama 12:03PM - 1:56PM

424342362 Rahu 5:42PM - 7:35PM

Bharani Until 9:28PM

Vriddhi Until 1:29AM Mon

Tailita Until 10:16AM

Navami* Until 9:28PM

Ganesha: Clear

Sunrise: 4:31AM

Muruga: Clear

Sunset: 7:35PM

Nataraja: Clear

Moon - White

Ashada*Adi

Sivaloka Day

Creative Work Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Dashamyam Titau			Regina, SK, Canada Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 12.32	Tithi 25	Gulika 1:55PM – 3:48PM	Rohini Until 12:13AM Tue	Ganesh: Purple <i>Sunrise:</i> 4:33AM	
Family Home Evening	434342362	Yama 10:10AM – 12:03PM	Dhruva Until 5:57PM	Muruga: Clear <i>Sunset:</i> 7:33PM	Moon 7 - Phase 16
Creative Work Amrita Yoga		Rahu 6:25AM – 8:18AM	Vanija Until 5:70AM Tue	Nataraja: Clear	2nd Phase
Until 12:13AM Tue			Dashami Until 8:41PM	Moon – Yellow	Devaloka Day
Then Creative Work - Siddha Yoga				Ashada•Adi	

2 Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau			Regina, SK, Canada Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 26.47	Tithi 26 – 27	Gulika 12:03PM – 1:55PM	Mrigashira Until 1:40PM Wed	Ganesh: Purple <i>Sunrise:</i> 4:34AM	
	434342362	Yama 8:19AM – 10:11AM	Vyaghata* Until 10:16PM	Muruga: Clear <i>Sunset:</i> 7:31PM	Moon 7 - Phase 16
Creative Work Siddha Yoga		Rahu 3:47PM – 5:39PM	Bava Until 2:77AM Wed	Nataraja: Clear	2nd Phase
Until 1:40PM Wed			Ekadashi* Until 5:57PM	Moon – Yellow	Devaloka Day
Then Routine Work - Marana Yoga				Ashada•Adi	

3 Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Regina, SK, Canada Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 11.24	Tithi 27 – 28	Gulika 10:11AM – 12:03PM	Mrigashira Until 1:40PM	Ganesh: Purple <i>Sunrise:</i> 4:36AM	
	434342362	Yama 6:27AM – 8:19AM	Harshana Until 7:45PM	Muruga: Clear <i>Sunset:</i> 7:30PM	Moon 7 - Phase 16
Creative Work Siddha Yoga		Rahu 12:03PM – 1:54PM	Gara Until 12:00PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 11:13AM Wed	Moon – Yellow	Devaloka Day
				Ashada•Adi	
				<i>Pradosha Vrata (Fasting)</i>	

4 Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Pushya Nakshatra Vajra*/Siddhi Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau			Regina, SK, Canada Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 26.18	Tithi 28 – 29	Gulika 8:20AM – 10:11AM	Ardra Until 10:14AM	Ganesh: Light Blue <i>Sunrise:</i> 4:37AM	
	444342362	Yama 4:37AM – 6:29AM	Vajra* Until 5:12PM	Muruga: Clear <i>Sunset:</i> 7:28PM	Moon 7 - Phase 16
Creative Work Amrita Yoga		Rahu 1:54PM – 3:45PM	Sakuni Until 6:37AM Fri	Nataraja: Clear	2nd Phase
			Trayodashi* Until 10:14AM	Moon – Blue	Devaloka Day
				Ashada•Adi	

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau			Regina, SK, Canada Sun 13 Sutra 117 Vilamba 5120
Retreat Star		Gulika 6:30AM – 8:21AM	Punarvasu Until 6:37AM	Ganesh: Light Blue <i>Sunrise:</i> 4:39AM	
Kataka Rasi: 11.23	Tithi 29 – 30	Yama 3:44PM – 5:35PM	Vyatipata* Until 2:22PM	Muruga: Clear <i>Sunset:</i> 7:26PM	Moon 7 - Phase 16
	444342362	Rahu 10:11AM – 12:02PM	Naga Until 2:57AM Sat	Nataraja: Clear	Amavasya
Routine Work Marana Yoga			Chaturdashi* Until 6:37AM	Moon – Blue	Devaloka Day
				Ashada•Adi	

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau			Regina, SK, Canada Sun 14 Sutra 118 Vilamba 5120
Retreat Star		Gulika 4:40AM – 6:31AM	Ashlesha* Until 8:07PM Sun	Ganesh: Orange <i>Sunrise:</i> 4:40AM	
Kataka Rasi: 26.3	Tithi 1	Yama 1:53PM – 3:43PM	Variyan Until 11:25AM	Muruga: Clear <i>Sunset:</i> 7:24PM	Moon 7 - Phase 16
	445342362	Rahu 8:21AM – 10:12AM	Kintughna Until 9:44AM Sun	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Prathama* Until 11:12PM	Moon – Blue	Sivaloka Day
Until 8:07PM Sun		Partial Solar Eclipse		Sravana•Adi	
Then Creative Work - Amrita Yoga					

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 11.3	Tithi 2	Gulika 3:42PM – 5:32PM	Ashlesha* Until 8:07PM	Ganesh: Clear	<i>Sunrise:</i> 4:42AM	
		Yama 12:02PM – 1:52PM	Parigha* Until 2:79PM	Muruga: Clear	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 17
		455342362 Rahu 5:32PM – 7:22PM	Balava Until 9:44AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 8:07PM	Moon – Red		Sivaloka Day
Until 8:07PM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Tritiya/Chaturtham Titau				Regina, SK, Canada Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 26.16	Tithi 3 – 4	Gulika 1:52PM – 3:41PM	Magha* Until 5:16PM	Ganesh: Clear	<i>Sunrise:</i> 4:43AM	
Family Home Evening		Yama 10:12AM – 12:02PM	Shiva Until 6:38AM	Muruga: Clear	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 17
		455342362 Rahu 6:33AM – 8:23AM	Taitila Until 3:63AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 2:79PM	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Regina, SK, Canada Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 10.4	Tithi 4 – 5	Gulika 12:02PM – 1:51PM	Hasta Until 1:22PM Wed	Ganesh: Purple	<i>Sunrise:</i> 4:45AM	
		Yama 8:23AM – 10:12AM	Siddha Until 3:42AM Wed	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 17
		455342362 Rahu 3:40PM – 5:29PM	Bava Until 1:65AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:44AM Tue	Moon – Green		Subha Sivaloka Day
				Sravana-Adi		

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Balava Karana Panchami/Shashthyam Titau				Regina, SK, Canada Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 24.38	Tithi 5 – 6	Gulika 10:13AM – 12:02PM	Hasta Until 1:22PM	Ganesh: Purple	<i>Sunrise:</i> 4:46AM	
		Yama 6:35AM – 8:24AM	Sadhya Until 3:17AM Thu	Muruga: Clear	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 17
		455342362 Rahu 12:02PM – 1:50PM	Balava Until 1:22PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:22PM	Moon – Green		Subha Sivaloka Day
		Nag Panchami		Sravana-Adi		

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Regina, SK, Canada Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 8.1	Tithi 6 – 7	Gulika 8:24AM – 10:13AM	Chitra Until 12:32PM	Ganesh: Purple	<i>Sunrise:</i> 4:48AM	
		Yama 4:48AM – 6:36AM	Sukla Until 3:30AM Fri	Muruga: Clear	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 17
		455342362 Rahu 1:50PM – 3:38PM	Vanija Until 11:86PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 4:17AM Thu	Moon – Green		Subha Sivaloka Day
Until 12:32PM				Sravana-Avani		
Then Creative Work - Siddha Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Vanija Karana Saptami/Ashtamyam Titau				Regina, SK, Canada Sun 20 Sutra 124 Vilamba 5120
Retreat Star		Gulika 6:37AM – 8:25AM	Svati Until 12:31PM	Ganesh: Purple	<i>Sunrise:</i> 4:49AM	
Tula Rasi: 21.15	Tithi 7 – 8	Yama 3:37PM – 5:25PM	Brahma Until 4:49AM Sat	Muruga: Clear	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 17
		575342362 Rahu 10:13AM – 12:01PM	Vanija Until 12:31PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 12:31PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 21 Sutra 125 Vilamba 5120
Retreat Star		Gulika 4:51AM – 6:38AM	Vishakha Until 1:17PM	Ganesh: Purple	<i>Sunrise:</i> 4:51AM	
Vrischika Rasi: 3.56	Tithi 8 – 9	Yama 1:48PM – 3:36PM	Indra Until 6:42AM Sun	Muruga: Clear	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 17
		575342362 Rahu 8:26AM – 10:13AM	Balava Until 1:58AM Sun	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 2:21AM Sat	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

1 Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 16.18	Tithi 9 – 10	Gulika 3:35PM – 5:22PM	Anuradha Until 2:45PM	Ganesh: Clear	<i>Sunrise:</i> 4:52AM	
		Yama 12:01PM – 1:48PM	Vaidhriti* Until 2:42AM Mon	Muruga: Clear	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 18
		Rahu 5:22PM – 7:09PM	Tailita Until 3:44AM Mon	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Navami* Until 2:18AM Sun	Moon – Orange		Sivaloka Day
				Sravana-Avani		

2 Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 23 Sutra 127 Vilamba 5120
Vrischika Rasi: 28.25	Tithi 10 – 11	Gulika 1:47PM – 3:34PM	Jyeshtha* Until 7:11PM Tue	Ganesh: Clear	<i>Sunrise:</i> 4:54AM	
Family Home Evening		Yama 10:14AM – 12:00PM	Vishkambha* Until 3:29AM Tue	Muruga: Clear	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 18
		Rahu 6:40AM – 8:27AM	Vanija Until 5:58AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 4:47PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

3 Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Priti Yoga Visti*/Bava Karana Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 10.2	Tithi 11	Gulika 12:00PM – 1:46PM	Jyeshtha* Until 7:11PM	Ganesh: Clear	<i>Sunrise:</i> 4:55AM	
		Yama 8:28AM – 10:14AM	Priti Until 12:02PM	Muruga: Clear	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 18
		Rahu 3:33PM – 5:19PM	Bava Until 7:89AM Wed	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 7:11PM	Moon – Light Blue		Sivaloka Day
Until 7:11PM				Sravana-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 22.1	Tithi 12	Gulika 10:14AM – 12:00PM	Purvashadha* Until 3:08PM	Ganesh: Clear	<i>Sunrise:</i> 4:57AM	
		Yama 6:43AM – 8:28AM	Ayushman Until 5:35AM Thu	Muruga: Clear	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 18
		Rahu 12:00PM – 1:46PM	Bava Until 8:29AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 9:46PM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		

5 Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya Yoga Kaulava Karana Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 3.57	Tithi 13	Gulika 8:29AM – 10:14AM	Uttarashadha Until 6:07PM	Ganesh: Clear	<i>Sunrise:</i> 4:58AM	
		Yama 4:58AM – 6:44AM	Saubhagya Until 6:39AM Fri	Muruga: Clear	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 18
		Rahu 1:45PM – 3:30PM	Kaulava Until 11:06AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 12:22AM Fri	Moon – Light Blue		Sivaloka Day
Until 6:07PM				Sravana-Avani		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>		

6 Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 15.46	Tithi 14	Gulika 6:45AM – 8:30AM	Shravana Until 9:19PM	Ganesh: White	<i>Sunrise:</i> 5:00AM	
		Yama 3:29PM – 5:14PM	Saubhagya Until 6:39AM	Muruga: Clear	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 18
		Rahu 10:14AM – 11:59AM	Gara Until 15:58AM Sat	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 6:39AM Fri	Moon – Purple		Subha Sivaloka Day
Until 9:19PM		Chidambaram Abhishekam		Sravana-Avani		
Then Creative Work - Siddha Yoga						

○ Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sun 28 Sutra 132 Vilamba 5120
Copper Retreat Star		Gulika 5:01AM – 6:46AM	Dhanishtha Until 12:07AM Sun	Ganesh: White	<i>Sunrise:</i> 5:01AM	
Makara Rasi: 27.37	Tithi 15	Yama 1:44PM – 3:28PM	Sobhana Until 7:36AM	Muruga: Clear	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 18
		Rahu 8:30AM – 10:15AM	Visti Until 3:58PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 4:59AM Sun	Moon – Purple		Subha Sivaloka Day
		Avani Avittam		Sravana-Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada Sun 29 Sutra 133 Vilamba 5120
Silver Retreat Star		Gulika 3:27PM – 5:11PM	Shatabhishak Until 2:25AM Mon	Ganesh: White	<i>Sunrise:</i> 5:03AM	
Kumbha Rasi: 10	Tithi 16	Yama 11:59AM – 1:43PM	Athiganda* Until 8:17AM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 18
		Rahu 5:11PM – 6:55PM	Balava Until 19:35AM Mon	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:36AM	Moon – Purple		Subha Sivaloka Day
Until 2:25AM Mon				Sravana-Avani		
Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Regina, SK, Canada

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 21.43 Tihti 16 – 17

Family Home Evening

517442363

Gulika

1:42PM – 3:26PM

Purvaproshtapada* Until 8:12AM Tue

Ganesh: White

Sunrise: 5:04AM

Yama

10:15AM – 11:59AM

Sukarma Until 8:43AM

Muruga: Clear

Sunset: 6:53PM

Rahu

6:48AM – 8:31AM

Taitila Until 7:35PM

Nataraja: Purple

Moon – Clear

Routine Work Marana Yoga

Until 8:12AM Tue

Then Creative Work - Amrita Yoga

Prathama* Until 6:48AM

Sravana-Avani

Sivaloka Day

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Dvitya/Trityayam Titau

Regina, SK, Canada

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 4.01 Tihti 17 – 18

Creative Work Amrita Yoga

Until 8:12AM

Then Creative Work - Siddha Yoga

517452363

Gulika

11:58AM – 1:41PM

Purvaproshtapada* Until 8:12AM

Ganesh: Clear

Sunrise: 5:06AM

Yama

8:32AM – 10:15AM

Dhriti Until 6:18AM Wed

Muruga: Purple

Sunset: 6:51PM

Rahu

3:24PM – 5:08PM

Visti Until 8:70AM Wed

Nataraja: Purple

Moon – Clear

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Dvitya Until 8:12AM

Sravana-Avani

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Shula*/Ganda* Yoga Visti* Karana Tritya/Chaturthyam Titau

Regina, SK, Canada

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 16.3 Tihti 18 – 19

Creative Work Siddha Yoga

Until 9:10AM

Then Routine Work - Marana Yoga

517452363

Gulika

10:15AM – 11:58AM

Uttaraproshtapada Until 9:10AM

Ganesh: Clear

Sunrise: 5:07AM

Yama

6:50AM – 8:33AM

Shula* Until 8:34AM

Muruga: Purple

Sunset: 6:49PM

Rahu

11:58AM – 1:41PM

Visti Until 9:10AM

Nataraja: Purple

Moon – Clear

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Tritya Until 9:10AM

Sravana-Avani

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhhi Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 29.11 Tihti 19 – 20

Creative Work Siddha Yoga

Until 9:43AM Fri

Then Creative Work - Amrita Yoga

517452363

Gulika

8:33AM – 10:15AM

Revati Until 9:43AM Fri

Ganesh: Clear

Sunrise: 5:09AM

Yama

5:09AM – 6:51AM

Ganda* Until 7:21AM

Muruga: Purple

Sunset: 6:46PM

Rahu

1:40PM – 3:22PM

Taitila Until 9:43AM Fri

Nataraja: Purple

Moon – Clear

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Chaturthi* Until 9:41AM

Sravana-Avani

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Bharani Nakshatra Vridhhi/Dhruva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 12.05 Tihti 20 – 21

Creative Work Amrita Yoga

Until 9:43AM

Then Creative Work - Siddha Yoga

527452363

Gulika

6:52AM – 8:34AM

Revati Until 9:43AM

Ganesh: Purple

Sunrise: 5:10AM

Yama

3:21PM – 5:03PM

Vridhhi Until 8:16AM

Muruga: Purple

Sunset: 6:44PM

Rahu

10:16AM – 11:57AM

Vanija Until 8:77AM Sat

Nataraja: Purple

Moon – White

Bhuloka Day

Panchami Until 9:43AM

Sravana-Avani

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata* Yoga Vanija Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 25.15 Tihti 21 – 22

Creative Work Siddha Yoga

Until 8:20AM Sun

Then Creative Work - Amrita Yoga

527452363

Gulika

5:12AM – 6:53AM

Bharani Until 8:20AM Sun

Ganesh: Purple

Sunrise: 5:12AM

Yama

1:38PM – 3:20PM

Vyaghata* Until 3:55AM Sun

Muruga: Purple

Sunset: 6:42PM

Rahu

8:34AM – 10:16AM

Vanija Until 9:17AM

Nataraja: Purple

Moon – White

Bhuloka Day

Shashthi* Until 9:17AM

Sravana-Avani

Sunday, September 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 8.4 Tihti 22 – 23

Creative Work Siddha Yoga

527452363

Gulika

3:18PM – 4:59PM

Bharani Until 8:20AM

Ganesh: Purple

Sunrise: 5:13AM

Yama

11:57AM – 1:38PM

Harshana Until 1:47AM Mon

Muruga: Purple

Sunset: 6:40PM

Rahu

4:59PM – 6:40PM

Balava Until 7:41PM

Nataraja: Purple

Moon – White

Bhuloka Day

Krishna Janmashtami

Saptami Until 3:55AM Sun

Sravana-Avani

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrishabha Rasi: 22.23 Tihti 23 – 24

Family Home Evening

538452363

Gulika

1:37PM – 3:17PM

Rohini Until 7:36AM

Ganesh: White

Sunrise: 5:15AM

Yama

10:16AM – 11:56AM

Vajra* Until 11:12PM

Muruga: Purple

Sunset: 6:38PM

Rahu

6:55AM – 8:36AM

Taitila Until 6:00PM

Nataraja: Purple

Moon – Yellow

Devaloka Day

Ashtami* Until 6:53AM

Sravana-Avani


1	Tuesday, September 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Regina, SK, Canada Sun 8 Sutra 142 Vilamba 5120
	Mithuna Rasi: 6.25	Tithi 25	Gulika 11:56AM – 1:36PM Yama 8:36AM – 10:16AM Rahu 3:16PM – 4:56PM	Mrigashira Until 6:24AM Siddhi Until 8:16PM Vanija Until 12:73AM Wed Dashami Until 11:12PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Yellow Sravana-Avani	<i>Sunrise:</i> 5:16AM <i>Sunset:</i> 6:36PM	Moon 8 - Phase 20 2nd Phase
	Creative Work Until 6:24AM Then Routine Work - Marana Yoga	Siddha Yoga	Devaloka Day				

2	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 20.44	Tithi 26	Gulika 10:16AM – 11:56AM Yama 6:57AM – 8:37AM Rahu 11:56AM – 1:35PM	Punarvasu Until 2:43AM Thu Vyatipata* Until 5:00PM Bava Until 1:13PM Ekadashi* Until 11:46PM	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon – Blue Sravana-Avani	<i>Sunrise:</i> 5:18AM <i>Sunset:</i> 6:34PM	Moon 8 - Phase 20 2nd Phase
	Creative Work Until 2:43AM Thu Then Creative Work - Amrita Yoga	Siddha Yoga	Bhuloka Day Devaloka Time: 9:AM to 12:PM				

3	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 144 Vilamba 5120
	Kataka Rasi: 5.2	Tithi 27	Gulika 8:37AM – 10:16AM Yama 5:19AM – 6:58AM Rahu 1:34PM – 3:13PM	Pushya Until 12:24AM Fri Variyan Until 1:27PM Kaulava Until 10:17AM Dvadashi* Until 8:42PM	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon – Blue Sravana-Avani	<i>Sunrise:</i> 5:19AM <i>Sunset:</i> 6:31PM	Moon 8 - Phase 20 2nd Phase
	Creative Work Until 12:24AM Fri Then Routine Work - Marana Yoga	Amrita Yoga	Bhuloka Day Devaloka Time: 9:AM to 12:PM				

4	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 20.07	Tithi 28 – 29	Gulika 6:59AM – 8:38AM Yama 3:12PM – 4:51PM Rahu 10:16AM – 11:55AM	Ashlesha* Until 9:49PM Parigha* Until 9:43AM Gara Until 7:07AM Trayodashi* Until 5:28PM	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon – Blue Sravana-Avani	<i>Sunrise:</i> 5:21AM <i>Sunset:</i> 6:29PM	Moon 8 - Phase 20 2nd Phase
	Routine Work Marana Yoga		Bhuloka Day Devaloka Time: 9:AM to 12:PM				

Pradosha Vrata (Fasting)

	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 12 Sutra 146 Vilamba 5120
	Retreat Star		Gulika 5:22AM – 7:00AM Yama 1:33PM – 3:11PM Rahu 8:39AM – 10:17AM	Magha* Until 7:28PM Siddha Until 2:09AM Sun Catuspada Until 12:35AM Sun Chaturdashi* Until 2:11PM	Ganesha: Red Muruga: Purple Nataraja: Purple Moon – Red Sravana-Avani	<i>Sunrise:</i> 5:22AM <i>Sunset:</i> 6:27PM	Moon 8 - Phase 20 Amavasya
	Simha Rasi: 4.59	Tithi 29 – 30	Bhuloka Day Devaloka Time: 9:AM to 12:PM				

5	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika 3:10PM – 4:47PM Yama 11:54AM – 1:32PM Rahu 4:47PM – 6:25PM	Purvaphalguni Until 5:08PM Sadhya Until 10:32PM Kintughna Until 9:31PM Amavasya* Until 11:00AM	Ganesha: Red Muruga: Purple Nataraja: Purple Moon – Red Bhadrapada-Avani	<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:25PM	Moon 8 - Phase 20 Prathama
	Simha Rasi: 19.49	Tithi 30 – 1	Bhuloka Day Devaloka Time: 9:AM to 12:PM				

Grandparent's Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	Monday, September 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sun 14 Sutra 148 Vilamba 5120
	Kanya Rasi: 4.29	Tithi 1 - 2	Gulika 1:31PM - 3:08PM	Uttaraphalguni Until 2:58PM	Ganesha: Blue	<i>Sunrise:</i> 5:25AM	
	Family Home Evening	559452363	Yama 10:17AM - 11:54AM	Subha Until 7:14PM	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 7:03AM - 8:40AM	Bava Until 8:04AM	Nataraja: Purple		3rd Phase
			Prathama* Until 8:04AM	Moon - Red		Bhuloka Day	
				Bhadrapada-Avani			

2	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Regina, SK, Canada Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 18.52	Tithi 3	Gulika 11:54AM - 1:30PM	Hasta Until 1:33PM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM	
	Family Home Evening	569452363	Yama 8:40AM - 10:17AM	Sukla Until 4:17PM	Muruga: Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 3:07PM - 4:44PM	Taitila Until 4:31PM	Nataraja: Purple		3rd Phase
			Tritiya Until 3:37AM Wed	Moon - Green		Bhuloka Day	
				Bhadrapada-Avani			

3	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija Karana Chaturthyam Titau				Regina, SK, Canada Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 2.53	Tithi 4	Gulika 10:17AM - 11:53AM	Chitra Until 12:35PM	Ganesha: Blue	<i>Sunrise:</i> 5:28AM	
	Family Home Evening	569452363	Yama 7:05AM - 8:41AM	Brahma Until 1:53PM	Muruga: Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 11:53AM - 1:29PM	Vanija Until 2:54PM	Nataraja: Purple		3rd Phase
			Chaturthi* Until 2:21AM Thu	Moon - Green		Bhuloka Day	
				Bhadrapada-Avani			

4	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Regina, SK, Canada Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 16.28	Tithi 5	Gulika 8:41AM - 10:17AM	Svati Until 2:15AM Sat Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	
	Family Home Evening	569552363	Yama 5:30AM - 7:06AM	Indra Until 12:04PM	Muruga: Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 21
	Creative Work Amrita Yoga		Rahu 1:29PM - 3:04PM	Bava Until 13:59AM Fri	Nataraja: Purple		3rd Phase
			Panchami Until 1:53PM	Moon - Green		Bhuloka Day	
				Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM	

5	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Regina, SK, Canada Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 29.36	Tithi 6	Gulika 7:07AM - 8:42AM	Svati Until 2:15AM Sat	Ganesha: White	<i>Sunrise:</i> 5:31AM	
	Family Home Evening	579552363	Yama 3:03PM - 4:38PM	Vaidhriti* Until 9:82AM Sat	Muruga: Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 10:17AM - 11:53AM	Kaulava Until 1:59PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 2:15AM Sat	Moon - Orange		Devaloka Day	
				Bhadrapada-Avani			

6	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara Karana Saptamyam Titau				Regina, SK, Canada Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 12.2	Tithi 7	Gulika 5:33AM - 7:08AM	Anuradha Until 2:18PM	Ganesha: White	<i>Sunrise:</i> 5:33AM	
	Family Home Evening	579552363	Yama 1:27PM - 3:02PM	Vishkambha* Until 2:18PM	Muruga: Purple	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 8:43AM - 10:17AM	Gara Until 2:46PM	Nataraja: Purple		3rd Phase
			Saptami Until 3:25AM Sun	Moon - Orange		Devaloka Day	
				Bhadrapada-Avani			

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Regina, SK, Canada Sun 20 Sutra 154 Vilamba 5120
	Vrischika Rasi: 24.43	Tithi 8	Gulika 3:01PM - 4:35PM	Jyeshtha* Until 4:14PM	Ganesha: White	<i>Sunrise:</i> 5:34AM	
	Family Home Evening	579552363	Yama 11:52AM - 1:26PM	Priti Until 10:27AM	Muruga: Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 21
	Routine Work Marana Yoga		Rahu 4:35PM - 6:09PM	Visti Until 4:17PM	Nataraja: Purple		Ashtami
			Ashtami* Until 5:16AM Mon	Moon - Orange		Devaloka Day	
				Bhadrapada-Puratasi			

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Balava Karana Navamyam Titau				Regina, SK, Canada Sun 21 Sutra 155 Vilamba 5120
	Dhanus Rasi: 6.49	Tithi 9	Gulika 1:25PM - 2:59PM	Mula* Until 7:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	
	Family Home Evening	589552363	Yama 10:18AM - 11:51AM	Ayushman Until 10:59AM	Muruga: Purple	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 21
	Creative Work Siddha Yoga		Rahu 7:10AM - 8:44AM	Balava Until 6:24PM	Nataraja: Purple		Navami
			Navami* Until 7:36AM Tue	Moon - Light Blue		Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava Karana Navami/Dashmyam Titau				Regina, SK, Canada Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 18.44	Tithi 9 – 10	Gulika 11:51AM – 1:25PM	Purvashadha* Until 10:06PM	Ganesh: Clear	<i>Sunrise:</i> 5:37AM	
		Yama 8:44AM – 10:18AM	Saubhagya Until 11:52AM	Muruga: Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 22
		581552363 Rahu 2:58PM – 4:31PM	Kaulava Until 7:36AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Navami* Until 7:36AM	Moon – Light Blue		Bhuloka Day
Until 10:06PM				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Prabalarishta Yoga						

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 23 Sutra 157 Vilamba 5120
Makara Rasi: 0.32	Tithi 10 – 11	Gulika 10:18AM – 11:51AM	Uttarashadha Until 1:04AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:39AM	
		Yama 7:12AM – 8:45AM	Sobhana Until 12:56PM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
		581552363 Rahu 11:51AM – 1:24PM	Vanija Until 11:32PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dashami Until 10:12AM	Moon – Light Blue		Bhuloka Day
Until 1:04AM Thu				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga						

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 12.2	Tithi 11 – 12	Gulika 8:45AM – 10:18AM	Shravana Until 4:16AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:40AM	
		Yama 5:40AM – 7:13AM	Athiganda* Until 1:58PM	Muruga: Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 22
		591552363 Rahu 1:23PM – 2:55PM	Bava Until 2:04AM Fri	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 12:48PM	Moon – Purple		Devaloka Day
				Bhadrapada-Puratasi		

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 24.11	Tithi 12 – 13	Gulika 7:14AM – 8:46AM	Dhanishtha Until 7:01AM Sat	Ganesh: Purple	<i>Sunrise:</i> 5:42AM	
		Yama 2:54PM – 4:26PM	Sukarma Until 2:51PM	Muruga: Purple	<i>Sunset:</i> 5:58PM	Moon 8 - Phase 22
		591552363 Rahu 10:18AM – 11:50AM	Kaulava Until 4:19AM Sat	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:13PM	Moon – Purple		Devaloka Day
Until 7:01AM Sat				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 6.08	Tithi 13 – 14	Gulika 5:44AM – 7:15AM	Dhanishtha Until 7:01AM	Ganesh: Purple	<i>Sunrise:</i> 5:44AM	
		Yama 1:21PM – 2:53PM	Dhriti Until 3:28PM	Muruga: Purple	<i>Sunset:</i> 5:56PM	Moon 8 - Phase 22
		591552363 Rahu 8:47AM – 10:18AM	Gara Until 6:09AM Sun	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 5:16PM	Moon – Purple		Devaloka Day
Until 7:01AM		Chidambaram Abhishekam		Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara Karana Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 18.17	Tithi 14	Gulika 2:52PM – 4:23PM	Shatabhishak Until 9:11AM	Ganesh: Purple	<i>Sunrise:</i> 5:45AM	
		Yama 11:49AM – 1:20PM	Shula* Until 9:11AM	Muruga: Purple	<i>Sunset:</i> 5:54PM	Moon 8 - Phase 22
		591552363 Rahu 4:23PM – 5:54PM	Gara Until 6:09AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:51PM	Moon – Purple		Devaloka Day
				Bhadrapada-Puratasi		

○ Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sutra 162 Vilamba 5120
Copper Retreat Star		Gulika 1:20PM – 2:50PM	Purvaproshtapada* Until 11:11AM	Ganesh: Purple	<i>Sunrise:</i> 5:47AM	
Meena Rasi: 0.37	Tithi 15	Yama 10:18AM – 11:49AM	Ganda* Until 3:34PM	Muruga: Purple	<i>Sunset:</i> 5:51PM	Moon 8 - Phase 22
Family Home Evening		511552363 Rahu 7:17AM – 8:48AM	Visti Until 7:28AM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Purnima* Until 7:55PM	Moon – Clear		Devaloka Day
Until 11:11AM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada Sutra 163 Vilamba 5120
Silver Retreat Star		Gulika 11:49AM – 1:19PM	Uttaraproshtapada Until 8:33PM Wed	Ganesh: Purple	<i>Sunrise:</i> 5:48AM	
Meena Rasi: 13.12	Tithi 16	Yama 8:48AM – 10:19AM	Vridhi Until 3:02PM	Muruga: Purple	<i>Sunset:</i> 5:49PM	Moon 8 - Phase 22
		511552363 Rahu 2:49PM – 4:19PM	Balava Until 8:35AM Wed	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 3:34PM	Moon – Clear		Devaloka Day
Until 8:33PM Wed				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 164

Meena Rasi: 26 Tihti 17

Gulika 10:19AM – 11:48AM
Yama 7:19AM – 8:49AM
Rahu 11:48AM – 1:18PM

Uttaraproshtapada Until 8:33PM
Dhruva Until 1:66PM
Taitila Until 8:35AM
Dvitiya Until 8:33PM

Ganesh: Purple Sunrise: 5:50AM
Muruga: Purple Sunset: 5:47PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Tritiyayam Titau

Regina, SK, Canada
Sun 2 Sutra 165

Mesha Rasi: 9.01 Tihti 18

Gulika 8:50AM – 10:19AM
Yama 5:51AM – 7:20AM
Rahu 1:17PM – 2:46PM

Ashvini Until 1:50PM
Vyaghata* Until 12:51PM
Vanija Until 8:28AM
Tritiya Until 8:14PM

Ganesh: Purple Sunrise: 5:51AM
Muruga: Purple Sunset: 5:45PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga
Until 1:50PM
Then Creative Work - Siddha Yoga

Devaloka Day

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada
Sun 3 Sutra 166

Mesha Rasi: 22.15 Tihti 19

Gulika 7:21AM – 8:50AM
Yama 2:45PM – 4:14PM
Rahu 10:19AM – 11:48AM

Bharani Until 1:55PM
Harshana Until 11:19AM
Bava Until 7:57AM
Chaturthi* Until 7:33PM

Ganesh: Clear Sunrise: 5:53AM
Muruga: Purple Sunset: 5:43PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada
Sun 4 Sutra 167

Vrisabha Rasi: 5.4 Tihti 20

Gulika 5:54AM – 7:23AM
Yama 1:16PM – 2:44PM
Rahu 8:51AM – 10:19AM

Krittika Until 1:32PM
Vajra* Until 9:29AM
Kaulava Until 7:06AM
Panchami Until 6:33PM

Ganesh: Clear Sunrise: 5:54AM
Muruga: Purple Sunset: 5:40PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada
Sun 5 Sutra 168

Vrisabha Rasi: 19.14 Tihti 21 – 22

Gulika 2:43PM – 4:10PM
Yama 11:47AM – 1:15PM
Rahu 4:10PM – 5:38PM

Rohini Until 1:09PM
Siddhi Until 7:26AM
Visti Until 4:31AM Mon
Shashthi* Until 5:15PM

Ganesh: Purple Sunrise: 5:56AM
Muruga: Purple Sunset: 5:38PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada
Sun 6 Sutra 169

Mithuna Rasi: 2.59 Tihti 22 – 23

Family Home Evening

Gulika 1:14PM – 2:41PM
Yama 10:19AM – 11:47AM
Rahu 7:25AM – 8:52AM

Mrigashira Until 12:21PM
Variyan Until 2:38AM Tue
Balava Until 2:48AM Tue
Saptami Until 3:40PM

Ganesh: Purple Sunrise: 5:57AM
Muruga: Purple Sunset: 5:36PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga

Bhuloka Day

Until 12:21PM

Then Creative Work - Siddha Yoga

☾

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada
Sun 7 Sutra 170

Mithuna Rasi: 16.55 Tihti 23 – 24

Gulika 11:46AM – 1:13PM
Yama 8:53AM – 10:19AM
Rahu 2:40PM – 4:07PM

Ardra Until 11:07AM
Parigha* Until 11:54PM
Taitila Until 12:49AM Wed
Ashtami* Until 1:49PM

Ganesh: Purple Sunrise: 5:59AM
Muruga: Purple Sunset: 5:34PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
Ashtami

Routine Work Marana Yoga

Bhuloka Day

Until 11:07AM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Regina, SK, Canada
Sun 8 Sutra 171

Kataka Rasi: 1.01 Tihti 24 – 25

Gulika 10:20AM – 11:46AM
Yama 7:27AM – 8:53AM
Rahu 11:46AM – 1:12PM

Punarvasu Until 9:21AM Thu
Shiva Until 8:58PM
Vanija Until 10:35PM
Navami* Until 11:42AM

Ganesh: Clear Sunrise: 6:00AM
Muruga: Purple Sunset: 5:32PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
Navami

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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1		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti*/Kaulava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 15.16 Tihi 25 – 26		Gulika 8:54AM – 10:20AM	Punarvasu Until 9:21AM	Ganesh : Clear <i>Sunrise: 6:02AM</i>			
		Yama 6:02AM – 7:28AM	Siddha Until 8:19AM	Muruga : Purple <i>Sunset: 5:29PM</i>	Moon 9 - Phase 24		
642552363		Rahu 1:12PM – 2:38PM	Kaulava Until 16:92AM Fri	Nataraja : Purple	2nd Phase		
Creative Work Amrita Yoga					Bhuloka Day		
Until 9:21AM		Dashami Until 9:21AM			Bhadrapada•Puratasi Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

2		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 173 Vilamba 5120	
Kataka Rasi: 29.4 Tihi 26 – 27		Gulika 7:29AM – 8:54AM	Ashlesha* Until 6:24AM	Ganesh : Clear <i>Sunrise: 6:04AM</i>			
		Yama 2:36PM – 4:02PM	Sadhya Until 2:36PM	Muruga : Purple <i>Sunset: 5:27PM</i>	Moon 9 - Phase 24		
642552363		Rahu 10:20AM – 11:45AM	Taitila Until 4:11AM Sat	Nataraja : Purple	2nd Phase		
Routine Work Marana Yoga					Bhuloka Day		
		Ekadashi* Until 6:49AM			Bhadrapada•Puratasi Devaloka Time: 6:AM to 9:AM		

3		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Regina, SK, Canada Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 14.08 Tihi 28		Gulika 6:05AM – 7:30AM	Purvaphalguni Until 2:47AM Sun	Ganesh : White <i>Sunrise: 6:05AM</i>			
		Yama 1:10PM – 2:35PM	Subha Until 11:18AM	Muruga : Purple <i>Sunset: 5:25PM</i>	Moon 9 - Phase 24		
642552363		Rahu 8:55AM – 10:20AM	Gara Until 2:53PM	Nataraja : Purple	2nd Phase		
Creative Work Siddha Yoga					Bhuloka Day		
Until 2:47AM Sun		Trayodashi* Until 1:33AM Sun			Bhadrapada•Puratasi		
Then Creative Work - Amrita Yoga		Pradosha Vrata (Fasting)					

4		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Regina, SK, Canada Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 28.35 Tihi 29		Gulika 2:34PM – 3:58PM	Uttaraphalguni Until 12:53AM Mon	Ganesh : White <i>Sunrise: 6:07AM</i>			
		Yama 11:45AM – 1:09PM	Sukla Until 8:01AM	Muruga : Purple <i>Sunset: 5:23PM</i>	Moon 9 - Phase 24		
642552364		Rahu 3:58PM – 5:23PM	Visti Until 9:52AM Mon	Nataraja : Clear	2nd Phase		
Creative Work Amrita Yoga					Bhuloka Day		
Until 12:53AM Mon		Chaturdashi* Until 11:18AM			Bhadrapada•Puratasi Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga							

Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 176 Vilamba 5120	
Retreat Star		Gulika 1:09PM – 2:33PM	Hasta Until 11:32PM	Ganesh : Red <i>Sunrise: 6:08AM</i>			
Kanya Rasi: 12.57 Tihi 30		Yama 10:20AM – 11:45AM	Indra Until 1:59AM Tue	Muruga : Purple <i>Sunset: 5:21PM</i>	Moon 9 - Phase 24		
Family Home Evening		Rahu 7:32AM – 8:56AM	Catuspada Until 9:52AM	Nataraja : Clear	Amavasya		
Creative Work Siddha Yoga					Devaloka Day		
Until 11:32PM		Amavasya* Until 8:46PM			Bhadrapada•Puratasi		
Then Routine Work - Prabalarishta Yoga		Mahalaya Amavasai (Tamil Nadu)					

Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 177 Vilamba 5120	
Retreat Star		Gulika 11:44AM – 1:08PM	Chitra Until 10:28PM	Ganesh : Red <i>Sunrise: 6:10AM</i>			
Kanya Rasi: 27.06 Tihi 1		Yama 8:57AM – 10:21AM	Vaidhriti* Until 11:25PM	Muruga : Purple <i>Sunset: 5:19PM</i>	Moon 9 - Phase 24		
642552364		Rahu 2:31PM – 3:55PM	Kintughna Until 7:48AM	Nataraja : Clear	Prathama		
Creative Work Siddha Yoga					Devaloka Day		
		Prathama* Until 6:54PM			Ashvina•Puratasi		
		Navaratri Begins					

1 Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Regina, SK, Canada Sun 15 Sutra 178 Vilamba 5120	
Tula Rasi: 10.58	Tithi 2 – 3	Gulika 10:21AM – 11:44AM	Svati Until 9:49PM	Ganesh: Red	<i>Sunrise:</i> 6:11AM		
		Yama 7:35AM – 8:58AM	Vishkambha* Until 9:19PM	Muruga: Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 25	
		662652364 Rahu 11:44AM – 1:07PM	Balava Until 6:12AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 5:36PM	Moon – Green		Devaloka Day	
				Ashvina•Puratasi			
2 Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Regina, SK, Canada Sun 16 Sutra 179 Vilamba 5120	
Tula Rasi: 24.28	Tithi 3 – 4	Gulika 8:58AM – 10:21AM	Vishakha Until 10:08PM	Ganesh: White	<i>Sunrise:</i> 6:13AM		
		Yama 6:13AM – 7:36AM	Priti Until 7:47PM	Muruga: Purple	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 25	
		673652364 Rahu 1:06PM – 2:29PM	Vanija Until 4:56AM Fri	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 4:57PM	Moon – Orange		Bhuloka Day	
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	
3 Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Regina, SK, Canada Sun 17 Sutra 180 Vilamba 5120	
Vrischika Rasi: 7.35	Tithi 4 – 5	Gulika 7:37AM – 8:59AM	Anuradha Until 11:03PM	Ganesh: White	<i>Sunrise:</i> 6:15AM		
		Yama 2:28PM – 3:50PM	Ayushman Until 6:49PM	Muruga: Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 25	
		673652364 Rahu 10:21AM – 11:44AM	Bava Until 5:27AM Sat	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 5:04PM	Moon – Orange		Bhuloka Day	
Until 11:03PM				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
4 Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Regina, SK, Canada Sun 18 Sutra 181 Vilamba 5120	
Vrischika Rasi: 20.18	Tithi 5 – 6	Gulika 6:16AM – 7:38AM	Jyeshtha* Until 12:33AM Sun	Ganesh: White	<i>Sunrise:</i> 6:16AM		
		Yama 1:05PM – 2:27PM	Saubhagya Until 6:28PM	Muruga: Purple	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 25	
		673652364 Rahu 9:00AM – 10:22AM	Kaulava Until 6:43AM Sun	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 5:58PM	Moon – Orange		Bhuloka Day	
Until 12:33AM Sun				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							
5 Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Regina, SK, Canada Sun 19 Sutra 182 Vilamba 5120	
Dhanus Rasi: 2.41	Tithi 6	Gulika 2:26PM – 3:47PM	Mula* Until 3:03AM Mon	Ganesh: Clear	<i>Sunrise:</i> 6:18AM		
		Yama 11:43AM – 1:04PM	Sobhana Until 6:41PM	Muruga: Purple	<i>Sunset:</i> 5:08PM	Moon 9 - Phase 25	
		683652364 Rahu 3:47PM – 5:08PM	Kaulava Until 6:43AM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 7:36PM	Moon – Light Blue		Devaloka Day	
Until 3:03AM Mon				Ashvina•Puratasi			
Then Routine Work - Marana Yoga							
6 Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Regina, SK, Canada Sun 20 Sutra 183 Vilamba 5120	
Dhanus Rasi: 14.47	Tithi 7	Gulika 1:04PM – 2:24PM	Purvashadha* Until 5:54AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:19AM		
Family Home Evening		Yama 10:22AM – 11:43AM	Athiganda* Until 7:19PM	Muruga: Purple	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 25	
		683652364 Rahu 7:40AM – 9:01AM	Gara Until 8:40AM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Saptami Until 9:49PM	Moon – Light Blue		Devaloka Day	
Until 5:54AM Tue				Ashvina•Puratasi			
Then Routine Work - Prabalarishta Yoga							
Retreat Star Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau				Regina, SK, Canada Sun 21 Sutra 184 Vilamba 5120	
Dhanus Rasi: 26.43	Tithi 8	Gulika 11:43AM – 1:03PM	Uttarashadha Until 8:49AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:21AM		
		Yama 9:02AM – 10:22AM	Sukarma Until 8:15PM	Muruga: Purple	<i>Sunset:</i> 5:04PM	Moon 9 - Phase 25	
		683652364 Rahu 2:23PM – 3:44PM	Visti Until 11:05AM	Nataraja: Clear		Ashtami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 12:23AM Wed	Moon – Light Blue		Devaloka Day	
Until 8:49AM Wed				Ashvina•Puratasi			
Then Creative Work - Siddha Yoga		Durga Ashtami					
Retreat Star Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava Karana Navamyam Titau				Regina, SK, Canada Sun 22 Sutra 185 Vilamba 5120	
Makara Rasi: 8.31	Tithi 9	Gulika 10:22AM – 11:42AM	Uttarashadha Until 8:49AM	Ganesh: Clear	<i>Sunrise:</i> 6:23AM		
		Yama 7:43AM – 9:03AM	Dhriti Until 9:17PM	Muruga: Purple	<i>Sunset:</i> 5:02PM	Moon 9 - Phase 25	
		683652364 Rahu 11:42AM – 1:02PM	Balava Until 1:44PM	Nataraja: Clear		Navami	
Creative Work	Amrita Yoga		Navami* Until 3:02AM Thu	Moon – Light Blue		Devaloka Day	
Until 8:49AM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga		Saraswathi Puja (Tamil Nadu)					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1 Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 186 Vilamba 5120
Makara Rasi: 20.19	Tithi 10	Gulika 9:03AM – 10:23AM	Shravana Until 12:05PM	Ganesha: Purple <i>Sunrise: 6:24AM</i>	<i>Sunset: 5:00PM</i>	Moon 9 - Phase 26 4th Phase
		Yama 6:24AM – 7:44AM	Shula* Until 10:12PM	Muruga: Purple		
		693652364 Rahu 1:02PM – 2:21PM	Tailila Until 4:20PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 5:30AM Fri	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		Vijaya Dasami		Ashvina-Aipasi		

2 Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija Karana Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 187 Vilamba 5120
Kumbha Rasi: 2.12	Tithi 11	Gulika 7:45AM – 9:04AM	Dhanishtha Until 2:55PM	Ganesha: Purple <i>Sunrise: 6:26AM</i>	<i>Sunset: 4:58PM</i>	Moon 9 - Phase 26 4th Phase
		Yama 2:20PM – 3:39PM	Ganda* Until 10:52PM	Muruga: Purple		
		693652364 Rahu 10:23AM – 11:42AM	Vanija Until 6:37PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Ekadashi Until 7:34AM Sat	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

3 Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 188 Vilamba 5120
Kumbha Rasi: 14.14	Tithi 11 – 12	Gulika 6:28AM – 7:46AM	Shatabhishak Until 5:09PM	Ganesha: Purple <i>Sunrise: 6:28AM</i>	<i>Sunset: 4:56PM</i>	Moon 9 - Phase 26 4th Phase
		Yama 1:00PM – 2:19PM	Vriddhi Until 11:09PM	Muruga: Purple		
		693652364 Rahu 9:05AM – 10:23AM	Bava Until 8:25PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Ekadashi Until 7:34AM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 5:09PM				Ashvina-Aipasi		
Then Routine Work - Marana Yoga						

4 Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 189 Vilamba 5120
Kumbha Rasi: 26.3	Tithi 12 – 13	Gulika 2:18PM – 3:36PM	Purvaproshtapada* Until 7:07PM	Ganesha: White <i>Sunrise: 6:29AM</i>	<i>Sunset: 4:54PM</i>	Moon 9 - Phase 26 4th Phase
		Yama 11:42AM – 1:00PM	Dhruva Until 10:56PM	Muruga: Purple		
		613652364 Rahu 3:36PM – 4:54PM	Kaulava Until 9:36PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dvadashi Until 9:04AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 7:07PM				Ashvina-Aipasi		
Then Creative Work - Amrita Yoga						

Pradosha Vrata

5 Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 190 Vilamba 5120
Meena Rasi: 9.02	Tithi 13 – 14	Gulika 12:59PM – 2:17PM	Uttaraproshtapada Until 8:19PM	Ganesha: White <i>Sunrise: 6:31AM</i>	<i>Sunset: 4:52PM</i>	Moon 9 - Phase 26 4th Phase
Family Home Evening		Yama 10:24AM – 11:42AM	Vyaghata* Until 10:14PM	Muruga: Purple		
		613652364 Rahu 7:49AM – 9:06AM	Gara Until 10:08PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Trayodashi Until 9:56AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

○ Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sutra 191 Vilamba 5120
Copper Retreat Star		Gulika 11:41AM – 12:59PM	Revati Until 8:44PM	Ganesha: White <i>Sunrise: 6:33AM</i>	<i>Sunset: 4:50PM</i>	Moon 9 - Phase 26 Purnima
Meena Rasi: 21.52	Tithi 14 – 15	Yama 9:07AM – 10:24AM	Harshana Until 9:03PM	Muruga: Purple		
		613652364 Rahu 2:16PM – 3:33PM	Vanija Until 10:09AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Chaturdashi* Until 10:09AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sutra 192 Vilamba 5120
Silver Retreat Star		Gulika 10:24AM – 11:41AM	Ashvini Until 8:56PM	Ganesha: Clear <i>Sunrise: 6:34AM</i>	<i>Sunset: 4:48PM</i>	Moon 9 - Phase 26 Prathama
Mesha Rasi: 5	Tithi 15 – 16	Yama 7:51AM – 9:08AM	Vajra* Until 7:25PM	Muruga: Purple		
		623652364 Rahu 11:41AM – 12:58PM	Balava Until 9:26PM	Nataraja: Clear		
Routine Work	Marana Yoga		Purnima* Until 9:47AM	Moon – White		Devaloka Day
Until 8:56PM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 18.25 Tihi 16 - 17

623652364

Gulika 9:09AM - 10:25AM
Yama 6:36AM - 7:52AM
Rahu 12:57PM - 2:14PM

Bharani Until 8:32PM
Siddhi Until 5:27PM
Kaulava Until 8:56AM
Prathama* Until 8:56AM

Ganesha: Clear *Sunrise:* 6:36AM
Muruga: Purple *Sunset:* 4:46PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga
Until 8:32PM
Then Routine Work - Marana Yoga

Friday, October 26, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata*/Vriyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrisabha Rasi: 2.04 Tihi 17 - 18

624652364

Gulika 7:53AM - 9:09AM
Yama 2:13PM - 3:29PM
Rahu 10:25AM - 11:41AM

Krittika Until 7:40PM
Vyatipata* Until 3:11PM
Vanija Until 6:56PM
Dvitiya Until 5:27PM

Ganesha: White *Sunrise:* 6:38AM
Muruga: Purple *Sunset:* 4:45PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga
Until 7:40PM
Then Routine Work - Marana Yoga

Saturday, October 27, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantra Vasara Yuktayam
Rohini Nakshatra Vriyan/Parigha* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrisabha Rasi: 15.52 Tihi 18 - 19

634652364

Gulika 6:39AM - 7:55AM
Yama 12:56PM - 2:12PM
Rahu 9:10AM - 10:26AM

Rohini Until 6:50PM
Vriyan Until 12:42PM
Balava Until 4:23AM Sun
Tritiya Until 6:07AM

Ganesha: Clear *Sunrise:* 6:39AM
Muruga: Purple *Sunset:* 4:43PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga
Until 6:50PM
Then Creative Work - Siddha Yoga

Sunday, October 28, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Kaulava/Gara Karana Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrisabha Rasi: 29.49 Tihi 20

634652364

Gulika 2:11PM - 3:26PM
Yama 11:41AM - 12:56PM
Rahu 3:26PM - 4:41PM

Mrigashira Until 5:44PM
Parigha* Until 5:44PM
Kaulava Until 3:29PM
Panchami Until 2:31AM Mon

Ganesha: Clear *Sunrise:* 6:41AM
Muruga: Purple *Sunset:* 4:41PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga
Until 4:23PM
Then Creative Work - Amrita Yoga

Monday, October 29, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 13.5 Tihi 21

634652364

Gulika 12:55PM - 2:10PM
Yama 10:26AM - 11:41AM
Rahu 7:57AM - 9:12AM

Ardra Until 4:23PM
Shiva Until 7:25AM
Gara Until 1:35PM
Shashthi* Until 12:36AM Tue

Ganesha: Clear *Sunrise:* 6:43AM
Muruga: Purple *Sunset:* 4:39PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 4:23PM
Then Creative Work - Amrita Yoga

Tuesday, October 30, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 27.53 Tihi 22

644662364

Gulika 11:41AM - 12:55PM
Yama 9:12AM - 10:27AM
Rahu 2:09PM - 3:23PM

Punarvasu Until 3:17PM
Sadhya Until 1:55AM Wed
Visti Until 11:38AM
Saptami Until 10:38PM

Ganesha: Purple *Sunrise:* 6:44AM
Muruga: Clear *Sunset:* 4:37PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 4:23PM
Then Creative Work - Amrita Yoga

Wednesday, October 31, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 11.57 Tihi 23

644662364

Gulika 10:27AM - 11:41AM
Yama 8:00AM - 9:13AM
Rahu 11:41AM - 12:54PM

Pushya Until 2:01PM
Subha Until 11:09PM
Balava Until 9:40AM
Ashtami* Until 8:39PM

Ganesha: Purple *Sunrise:* 6:46AM
Muruga: Clear *Sunset:* 4:35PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 8:32PM
Then Routine Work - Marana Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Vanija Karana Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 26.02 Tihi 24

644662364

Gulika 9:14AM - 10:27AM
Yama 6:48AM - 8:01AM
Rahu 12:54PM - 2:07PM

Ashlesha* Until 12:36PM
Sukla Until 12:36PM
Taitila Until 7:41AM
Navami* Until 6:40PM

Ganesha: Purple *Sunrise:* 6:48AM
Muruga: Clear *Sunset:* 4:34PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 12:36PM
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 10.07	Tithi 25 – 26	Gulika 8:02AM – 9:15AM	Magha* Until 11:29AM	Ganesh: White <i>Sunrise:</i> 6:49AM	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 28 2nd Phase
654762364		Yama 2:06PM – 3:19PM	Brahma Until 5:34PM	Muruga: Clear		
Routine Work Marana Yoga		Rahu 10:28AM – 11:41AM	Bava Until 3:45AM Sat	Nataraja: Clear		
Until 11:29AM			Dashami Until 4:42PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina•Aipasi		

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 24.1	Tithi 26 – 27	Gulika 6:51AM – 8:03AM	Purvaphalguni Until 10:14AM	Ganesh: White <i>Sunrise:</i> 6:51AM	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 28 2nd Phase
654762364		Yama 12:53PM – 2:06PM	Indra Until 2:51PM	Muruga: Clear		
Creative Work Siddha Yoga		Rahu 9:16AM – 10:28AM	Kaulava Until 1:52AM Sun	Nataraja: Clear		
Until 10:14AM			Ekadashi* Until 2:46PM	Moon – Red		Devaloka Day
Then Routine Work - Marana Yoga				Ashvina•Aipasi		

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 8.11	Tithi 27 – 28	Gulika 2:05PM – 3:17PM	Uttaraphalguni Until 8:57AM	Ganesh: White <i>Sunrise:</i> 6:53AM	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 28 2nd Phase
654762364		Yama 11:41AM – 12:53PM	Vaidhriti* Until 12:11PM	Muruga: Clear		
Creative Work Amrita Yoga		Rahu 3:17PM – 4:29PM	Gara Until 11:67PM	Nataraja: Clear		
Until 8:07AM			Dvadashi* Until 2:51PM	Moon – Red		Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina•Aipasi		
<i>Pradosha Vrata (Fasting)</i>						

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 22.06	Tithi 28 – 29	Gulika 12:52PM – 2:04PM	Hasta Until 8:07AM	Ganesh: Green <i>Sunrise:</i> 6:54AM	<i>Sunset:</i> 4:27PM	Moon 10 - Phase 28 2nd Phase
654762364		Yama 10:29AM – 11:41AM	Vishkambha* Until 9:40AM	Muruga: Clear		
Family Home Evening		Rahu 8:06AM – 9:17AM	Visti Until 10:37PM	Nataraja: Clear		
Creative Work Siddha Yoga			Trayodashi* Until 11:19AM	Moon – Green		Devaloka Day
Until 8:07AM		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi		
Then Routine Work - Prabalarishta Yoga		Deepavali Hindu Solidarity Day				

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 5.51	Tithi 29 – 30	Gulika 11:41AM – 12:52PM	Chitra Until 9:02AM Wed	Ganesh: Green <i>Sunrise:</i> 6:56AM	<i>Sunset:</i> 4:25PM	Moon 10 - Phase 28 Amavasya
654762364		Yama 9:18AM – 10:30AM	Priti Until 7:24AM	Muruga: Clear		
Creative Work Siddha Yoga		Rahu 2:03PM – 3:14PM	Catuspada Until 8:88PM	Nataraja: Clear		
			Chaturdashi* Until 9:40AM	Moon – Green		Devaloka Day
				Ashvina•Aipasi		

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Vishakha Nakshatra Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 13 Sutra 206 Vilamba 5120
Tula Rasi: 19.23	Tithi 30 – 1	Gulika 10:30AM – 11:41AM	Chitra Until 9:02AM	Ganesh: Clear <i>Sunrise:</i> 6:58AM	<i>Sunset:</i> 4:24PM	Moon 10 - Phase 28 Prathama
765762364		Yama 8:08AM – 9:19AM	Saubhagya Until 3:50AM Thu	Muruga: Clear		
Creative Work Siddha Yoga		Rahu 11:41AM – 12:52PM	Kintughna Until 8:46PM	Nataraja: Clear		
			Amavasya* Until 9:02AM	Moon – Green		Sivaloka Day
		Skanda Shasthi Begins		Kartika•Aipasi		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava Karana Prathama/Dvitiyayam Titau	Regina, SK, Canada Sun 14 Sutra 207 Vilamba 5120
Vrischika Rasi: 2.38	Tithi 1 – 2	Gulika 9:20AM – 10:30AM Yama 6:59AM – 8:10AM Rahu 12:51PM – 2:02PM	Vishakha Until 7:16AM Sobhana Until 2:45AM Fri Bava Until 8:37AM Prathama* Until 8:37AM	Ganesh: Orange <i>Sunrise:</i> 6:59AM Muruga: Clear <i>Sunset:</i> 4:22PM Nataraja: Clear Moon – Orange Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga	775762364			
2		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau	Regina, SK, Canada Sun 15 Sutra 208 Vilamba 5120
Vrischika Rasi: 15.34	Tithi 2 – 3	Gulika 8:11AM – 9:21AM Yama 2:01PM – 3:11PM Rahu 10:31AM – 11:41AM	Anuradha Until 8:02AM Athiganda* Until 2:08AM Sat Taitila Until 9:12PM Dvitiya Until 8:49AM	Ganesh: Orange <i>Sunrise:</i> 7:01AM Muruga: Clear <i>Sunset:</i> 4:21PM Nataraja: Clear Moon – Orange Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga	775762364			
Until 8:02AM					
Then Routine Work - Marana Yoga					
3		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Regina, SK, Canada Sun 16 Sutra 209 Vilamba 5120
Vrischika Rasi: 28.11	Tithi 3 – 4	Gulika 7:03AM – 8:12AM Yama 12:51PM – 2:00PM Rahu 9:22AM – 10:31AM	Jyeshtha* Until 9:18AM Sukarma Until 2:03AM Sun Vanija Until 10:25PM Tritiya Until 9:42AM	Ganesh: Orange <i>Sunrise:</i> 7:03AM Muruga: Clear <i>Sunset:</i> 4:19PM Nataraja: Clear Moon – Orange Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga	775762364			
4		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Regina, SK, Canada Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 10.31	Tithi 4 – 5	Gulika 2:00PM – 3:09PM Yama 11:41AM – 12:50PM Rahu 3:09PM – 4:18PM	Mula* Until 11:31AM Dhriti Until 2:28AM Mon Bava Until 12:17AM Mon Chaturthi* Until 11:15AM	Ganesh: Clear <i>Sunrise:</i> 7:04AM Muruga: Clear <i>Sunset:</i> 4:18PM Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Creative Work	Amrita Yoga	785762364			
Until 11:31AM					
Then Creative Work - Siddha Yoga					
5		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Regina, SK, Canada Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 22.36	Tithi 5 – 6	Gulika 12:50PM – 1:59PM Yama 10:32AM – 11:41AM Rahu 8:15AM – 9:24AM	Purvashadha* Until 2:08PM Shula* Until 3:12AM Tue Kaulava Until 2:38AM Tue Panchami Until 1:23PM	Ganesh: Clear <i>Sunrise:</i> 7:06AM Muruga: Clear <i>Sunset:</i> 4:17PM Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Family Home Evening		785762364			
Routine Work	Marana Yoga				
6		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Regina, SK, Canada Sun 19 Sutra 212 Vilamba 5120
Makara Rasi: 4.3	Tithi 6 – 7	Gulika 11:41AM – 12:50PM Yama 9:25AM – 10:33AM Rahu 1:58PM – 3:07PM	Uttarashadha Until 4:58PM Ganda* Until 4:10AM Wed Gara Until 5:18AM Wed Shashthi* Until 3:55PM	Ganesh: Clear <i>Sunrise:</i> 7:08AM Muruga: Clear <i>Sunset:</i> 4:15PM Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Routine Work	Prabalarishta Yoga	785762364			
Until 4:58PM					
Then Creative Work - Siddha Yoga					
Retreat Star		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vridhhi Yoga Vanija Karana Saptamyam Titau	Regina, SK, Canada Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 16.19	Tithi 7	Gulika 10:34AM – 11:42AM Yama 8:17AM – 9:25AM Rahu 11:42AM – 12:50PM	Shravana Until 8:16PM Vridhhi Until 5:10AM Thu Vanija Until 6:38PM Saptami Until 6:38PM	Ganesh: Purple <i>Sunrise:</i> 7:09AM Muruga: Clear <i>Sunset:</i> 4:14PM Nataraja: Clear Moon – Purple Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Subha Sivaloka Day
Creative Work	Siddha Yoga	795762364			
Until 8:16PM					
Then Routine Work - Prabalarishta Yoga					
Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Regina, SK, Canada Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 28.07	Tithi 8	Gulika 9:26AM – 10:34AM Yama 7:11AM – 8:19AM Rahu 12:49PM – 1:57PM	Dhanishtha Until 11:18PM Dhruva Until 5:59AM Fri Visti Until 7:59AM Ashtami* Until 9:13PM	Ganesh: Purple <i>Sunrise:</i> 7:11AM Muruga: Clear <i>Sunset:</i> 4:13PM Nataraja: Clear Moon – Purple Karttika•Aipasi	Moon 10 - Phase 29 Ashtami Subha Sivaloka Day
Creative Work	Siddha Yoga	795762364			
Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau	Regina, SK, Canada Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 9.59	Tithi 9	Gulika 8:20AM – 9:27AM Yama 1:57PM – 3:04PM Rahu 10:35AM – 11:42AM	Shatabhishak Until 1:06AM Sun Sat Vyaghata* Until 4:02AM Sun Sat Balava Until 10:25AM Navami* Until 11:27PM	Ganesh: Purple <i>Sunrise:</i> 7:13AM Muruga: Clear <i>Sunset:</i> 4:11PM Nataraja: White Moon – Purple Karttika•Kartikai	Moon 10 - Phase 29 Navami Sivaloka Day
Creative Work	Siddha Yoga	795762365			
Until 1:06AM Sun Sat					
Then Routine Work - Marana Yoga					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Tailila/Vanija Karana Dashamyam Titau		Regina, SK, Canada Sun 23 Sutra 216 Vilamba 5120	
Kumbha Rasi: 22.02	Tithi 10	Gulika	7:14AM – 8:21AM	Shatabhishak Until 1:06AM Sun	Ganesh: Red	<i>Sunrise:</i> 7:14AM			
		Yama	12:49PM – 1:56PM	Vyaghata* Until 4:02AM Sun	Muruga: Clear	<i>Sunset:</i> 4:10PM	Moon 10 - Phase 30		
		Rahu	9:28AM – 10:35AM	Tailila Until 12:23PM	Nataraja: White		4th Phase		
Routine Work	Marana Yoga			Dashami Until 1:06AM Sun	Moon – Clear		Devaloka Day		
Until 1:06AM Sun					Karttika-Karttikai				
Then Creative Work - Amrita Yoga									

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau		Regina, SK, Canada Sun 24 Sutra 217 Vilamba 5120	
Meena Rasi: 4.2	Tithi 11	Gulika	1:56PM – 3:02PM	Uttaraproshtapada Until 5:25AM Mon	Ganesh: Red	<i>Sunrise:</i> 7:16AM			
		Yama	11:42AM – 12:49PM	Harshana Until 6:32AM	Muruga: Clear	<i>Sunset:</i> 4:09PM	Moon 10 - Phase 30		
		Rahu	3:02PM – 4:09PM	Vanija Until 1:41PM	Nataraja: White		4th Phase		
Creative Work	Amrita Yoga			Ekadashi Until 2:02AM Mon	Moon – Clear		Devaloka Day		
Until 5:25AM Mon					Karttika-Karttikai				
Then Creative Work - Siddha Yoga									

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau		Regina, SK, Canada Sun 25 Sutra 218 Vilamba 5120	
Meena Rasi: 16.58	Tithi 12	Gulika	12:49PM – 1:55PM	Revati Until 1:40AM Wed Tue	Ganesh: Red	<i>Sunrise:</i> 7:17AM			
		Yama	10:36AM – 11:43AM	Vajra* Until 6:00AM	Muruga: Clear	<i>Sunset:</i> 4:08PM	Moon 10 - Phase 30		
Family Home Evening		Rahu	8:24AM – 9:30AM	Bava Until 2:15PM	Nataraja: White		4th Phase		
Creative Work	Siddha Yoga			Dvadashi Until 2:13AM Tue	Moon – Clear		Devaloka Day		
					Karttika-Karttikai				

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Trayodashyam Titau		Regina, SK, Canada Sun 26 Sutra 219 Vilamba 5120	
Meena Rasi: 29.56	Tithi 13	Gulika	11:43AM – 12:49PM	Revati Until 1:40AM Wed	Ganesh: Red	<i>Sunrise:</i> 7:19AM			
		Yama	9:31AM – 10:37AM	Vyatipata* Until 24:61AM Wed	Muruga: Clear	<i>Sunset:</i> 4:07PM	Moon 10 - Phase 30		
		Rahu	1:55PM – 3:01PM	Kaulava Until 2:03PM	Nataraja: White		4th Phase		
Creative Work	Siddha Yoga			Trayodashi Until 1:40AM Wed	Moon – Clear		Devaloka Day		
					Karttika-Karttikai				
					<i>Pradosha Vrata</i>				

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau		Regina, SK, Canada Sun 27 Sutra 220 Vilamba 5120	
Mesha Rasi: 13.17	Tithi 14	Gulika	10:37AM – 11:43AM	Ashvini Until 6:03AM	Ganesh: Blue	<i>Sunrise:</i> 7:21AM			
		Yama	8:26AM – 9:32AM	Variyan Until 1:01AM Thu	Muruga: Clear	<i>Sunset:</i> 4:06PM	Moon 10 - Phase 30		
		Rahu	11:43AM – 12:49PM	Gara Until 1:10PM	Nataraja: White		4th Phase		
Routine Work	Marana Yoga			Chaturdashi* Until 12:28AM Thu	Moon – White		Bhuloka Day		
Until 6:03AM					Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM			
Then Creative Work - Siddha Yoga									

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Visi*/Bava Karana Purnimayam Titau		Regina, SK, Canada Sutra 221 Vilamba 5120	
Copper Retreat Star		Gulika	9:33AM – 10:38AM	Krittika Until 8:34PM Fri	Ganesh: Blue	<i>Sunrise:</i> 7:22AM			
Mesha Rasi: 27.01	Tithi 15	Yama	7:22AM – 8:27AM	Parigha* Until 10:25PM	Muruga: Clear	<i>Sunset:</i> 4:05PM	Moon 10 - Phase 30		
		Rahu	12:49PM – 1:54PM	Visi Until 11:40AM	Nataraja: White		Purnima		
Routine Work	Marana Yoga			Purnima* Until 10:43PM	Moon – White		Bhuloka Day		
					Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM			

Friday, November 23, 2018		Silver Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau		Regina, SK, Canada Sutra 222 Vilamba 5120	
Vrisabha Rasi: 11.02	Tithi 16	Gulika	8:29AM – 9:34AM	Krittika Until 8:34PM	Ganesh: Yellow	<i>Sunrise:</i> 7:24AM			
		Yama	1:54PM – 2:59PM	Shiva Until 15:79AM Sat	Muruga: Clear	<i>Sunset:</i> 4:04PM	Moon 10 - Phase 30		
		Rahu	10:39AM – 11:44AM	Balava Until 9:42AM	Nataraja: White		Prathama		
Routine Work	Marana Yoga			Prathama* Until 8:34PM	Moon – Yellow		Devaloka Day		
Until 8:34PM					Karttika-Karttikai				
Then Creative Work - Siddha Yoga		Krittika Deepam	Vinayaga Viratam Begins						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 25.18 Tihi 17

737762365

Gulika 7:25AM – 8:30AM
Yama 12:49PM – 1:53PM
Rahu 9:35AM – 10:39AM

Mrigashira Until 12:56AM Sun
Siddha Until 4:19PM
Taitila Until 7:25AM
Dvitiya Until 6:10PM

Ganesha: Red *Sunrise:* 7:25AM
Muruga: Clear *Sunset:* 4:03PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada
Sun 2 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 9.42 Tihi 18 – 19

737762365

Gulika 1:53PM – 2:57PM
Yama 11:44AM – 12:49PM
Rahu 2:57PM – 4:02PM

Ardra Until 1:04PM Mon
Sadhya Until 1:02PM
Bava Until 2:21AM Mon
Tritiya Until 3:37PM

Ganesha: Red *Sunrise:* 7:27AM
Muruga: Clear *Sunset:* 4:02PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada
Sun 3 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 24.08 Tihi 19 – 20

747762365

Gulika 12:49PM – 1:53PM
Yama 10:40AM – 11:45AM
Rahu 8:32AM – 9:36AM

Ardra Until 1:04PM
Subha Until 6:30AM Tue
Kaulava Until 11:50PM
Chaturthi* Until 1:04PM

Ganesha: Green *Sunrise:* 7:28AM
Muruga: Clear *Sunset:* 4:01PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 1:04PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila Karana Panchami/Shashthyam Titau

Regina, SK, Canada
Sun 4 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 8.33 Tihi 20 – 21

747862365

Gulika 11:45AM – 12:49PM
Yama 9:37AM – 10:41AM
Rahu 1:52PM – 2:56PM

Pushya Until 7:34PM
Sukla Until 6:30AM
Taitila Until 10:36AM
Panchami Until 10:36AM

Ganesha: White *Sunrise:* 7:30AM
Muruga: Clear *Sunset:* 4:00PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Regina, SK, Canada
Sun 5 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 22.52 Tihi 21 – 22

747863365

Gulika 10:42AM – 11:45AM
Yama 8:35AM – 9:38AM
Rahu 11:45AM – 12:49PM

Ashlesha* Until 5:55PM
Indra Until 5:55PM
Bava Until 5:72AM Thu
Shashthi* Until 8:17AM

Ganesha: White *Sunrise:* 7:31AM
Muruga: Purple *Sunset:* 3:59PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada
Sun 6 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 7.01 Tihi 22 – 23

757863365

Gulika 9:39AM – 10:42AM
Yama 7:32AM – 8:36AM
Rahu 12:49PM – 1:52PM

Magha* Until 4:46PM
Vaidhriti* Until 4:46PM
Kaulava Until 3:82AM Fri
Saptami Until 6:12AM

Ganesha: Clear *Sunrise:* 7:32AM
Muruga: Purple *Sunset:* 3:59PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 4:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada
Sun 7 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 21.01 Tihi 24

758863365

Gulika 8:37AM – 9:40AM
Yama 1:52PM – 2:55PM
Rahu 10:43AM – 11:46AM

Purvaphalguni Until 3:45PM
Vishkambha* Until 7:08PM
Taitila Until 3:35PM
Navami* Until 2:49AM Sat

Ganesha: Orange *Sunrise:* 7:34AM
Muruga: Purple *Sunset:* 3:58PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1		Saturday, December 1, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Dashamyam Titau	Regina, SK, Canada Sun 8 Sutra 230 Vilamba 5120
Kanya Rasi: 4.51	Tithi 25	Gulika 7:35AM – 8:38AM	Uttaraphalguni Until 2:50PM	Ganesha: Orange <i>Sunrise:</i> 7:35AM			
		Yama 12:49PM – 1:52PM	Priti Until 4:50PM	Muruga: Purple <i>Sunset:</i> 3:57PM		Moon 11 - Phase 32	
		758863365 Rahu 9:41AM – 10:44AM	Vanija Until 2:09PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 1:31AM Sun	Moon – Red	Bhuloka Day		
				Karttika-Karttikai	Devaloka Time: 6:AM to 9:AM		

2		Sunday, December 2, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau	Regina, SK, Canada Sun 9 Sutra 231 Vilamba 5120
Kanya Rasi: 18.31	Tithi 26	Gulika 1:52PM – 2:54PM	Hasta Until 2:30PM	Ganesha: Light Blue <i>Sunrise:</i> 7:37AM			
		Yama 11:47AM – 12:49PM	Ayushman Until 2:43PM	Muruga: Purple <i>Sunset:</i> 3:57PM		Moon 11 - Phase 32	
		768863365 Rahu 2:54PM – 3:57PM	Bava Until 1:01PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 12:32AM Mon	Moon – Green	Bhuloka Day		
Until 2:30PM				Karttika-Karttikai			
Then Creative Work - Siddha Yoga							

3		Monday, December 3, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Regina, SK, Canada Sun 10 Sutra 232 Vilamba 5120
Tula Rasi: 2.01	Tithi 27	Gulika 12:49PM – 1:52PM	Chitra Until 2:20PM	Ganesha: Light Blue <i>Sunrise:</i> 7:38AM			
Family Home Evening		Yama 10:45AM – 11:47AM	Saubhagya Until 12:52PM	Muruga: Purple <i>Sunset:</i> 3:56PM		Moon 11 - Phase 32	
		768863365 Rahu 8:40AM – 9:42AM	Kaulava Until 12:11PM	Nataraja: White		2nd Phase	
Routine Work	Prabalarishta Yoga		Dvadashi* Until 11:52PM	Moon – Green	Bhuloka Day		
Until 2:20PM				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

4		Tuesday, December 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau	Regina, SK, Canada Sun 11 Sutra 233 Vilamba 5120
Tula Rasi: 15.19	Tithi 28	Gulika 11:48AM – 12:50PM	Svati Until 2:21PM	Ganesha: Light Blue <i>Sunrise:</i> 7:39AM			
		Yama 9:43AM – 10:45AM	Sobhana Until 11:17AM	Muruga: Purple <i>Sunset:</i> 3:56PM		Moon 11 - Phase 32	
		768863365 Rahu 1:52PM – 2:54PM	Gara Until 11:41AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 11:34PM	Moon – Green	Bhuloka Day		
Until 2:21PM				Karttika-Karttikai			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Wednesday, December 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visli*/Sakuni* Karana Chaturdashyam Titau	Regina, SK, Canada Sun 12 Sutra 234 Vilamba 5120
Tula Rasi: 28.26	Tithi 29	Gulika 10:46AM – 11:48AM	Vishakha Until 3:03PM	Ganesha: Purple <i>Sunrise:</i> 7:40AM			
		Yama 8:42AM – 9:44AM	Athiganda* Until 10:00AM	Muruga: Purple <i>Sunset:</i> 3:56PM		Moon 11 - Phase 32	
		778863365 Rahu 11:48AM – 12:50PM	Visli Until 11:36AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:42PM	Moon – Orange	Bhuloka Day		
				Karttika-Karttikai			

●		Thursday, December 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Regina, SK, Canada Sun 13 Sutra 235 Vilamba 5120
Retreat Star		Gulika 9:45AM – 10:47AM	Anuradha Until 1:29AM Sat Fri	Ganesha: Purple <i>Sunrise:</i> 7:42AM			
Vrischika Rasi: 11.19	Tithi 30	Yama 7:42AM – 8:43AM	Sukarma Until 9:04AM	Muruga: Purple <i>Sunset:</i> 3:55PM		Moon 11 - Phase 32	
		778863365 Rahu 12:50PM – 1:52PM	Catuspada Until 11:59AM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 12:20AM Fri	Moon – Orange	Bhuloka Day		
Until 1:29AM Sat Fri				Karttika-Karttikai			
Then Routine Work - Prabalarishta Yoga							

Friday, December 7, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Mula* Nakshatra Dhriti/Shula* Yoga Kintughna*/Balava Karana Prathamayam Titau	Regina, SK, Canada Sun 14 Sutra 236 Vilamba 5120
Vrischika Rasi: 23.58	Tithi 1	Gulika 8:44AM – 9:46AM	Anuradha Until 1:29AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 7:43AM			
		Yama 1:52PM – 2:53PM	Dhriti Until 5:25PM	Muruga: Purple <i>Sunset:</i> 3:55PM		Moon 11 - Phase 32	
		779863365 Rahu 10:47AM – 11:49AM	Kintughna Until 12:52PM	Nataraja: White		Prathama	
Routine Work	Marana Yoga		Prathama* Until 1:29AM Sat	Moon – Orange	Bhuloka Day		
Until 1:29AM Sat				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Regina, SK, Canada Sun 15 Sutra 237 Vilamba 5120	
Dhanus Rasi: 6.23	Tithi 2	Gulika 7:44AM – 8:45AM	Mula* Until 7:36PM	Ganesh: Purple	<i>Sunrise:</i> 7:44AM			
		Yama 12:51PM – 1:52PM	Shula* Until 8:24AM	Muruga: Purple	<i>Sunset:</i> 3:55PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	789863365 Rahu 9:47AM – 10:48AM	Balava Until 2:18PM	Nataraja: White				3rd Phase
			Dvitiya Until 3:11AM Sun	Moon – Light Blue			Bhuloka Day	
				Margasira-Karttikai				
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Taitila Karana Tritiyayam Titau			Regina, SK, Canada Sun 16 Sutra 238 Vilamba 5120	
Dhanus Rasi: 18.35	Tithi 3	Gulika 1:52PM – 2:53PM	Purvashadha* Until 10:07PM	Ganesh: Purple	<i>Sunrise:</i> 7:45AM			
		Yama 11:50AM – 12:51PM	Ganda* Until 8:41AM	Muruga: Purple	<i>Sunset:</i> 3:55PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	789863365 Rahu 2:53PM – 3:55PM	Taitila Until 4:15PM	Nataraja: White				3rd Phase
Until 10:07PM			Tritiya Until 5:22AM Mon	Moon – Light Blue			Bhuloka Day	
Then Creative Work - Amrita Yoga				Margasira-Karttikai				
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Vanija Karana Chaturthyam Titau			Regina, SK, Canada Sun 17 Sutra 239 Vilamba 5120	
Makara Rasi: 0.35	Tithi 4	Gulika 12:51PM – 1:52PM	Uttarashadha Until 12:51AM Tue	Ganesh: Purple	<i>Sunrise:</i> 7:46AM			
Family Home Evening		Yama 10:49AM – 11:50AM	Vriddhi Until 9:18AM	Muruga: Purple	<i>Sunset:</i> 3:54PM			Moon 11 - Phase 33
Routine Work	Marana Yoga	789863365 Rahu 8:47AM – 9:48AM	Vanija Until 6:38PM	Nataraja: White				3rd Phase
Until 12:51AM Tue			Chaturthi* Until 7:55AM Tue	Moon – Light Blue			Bhuloka Day	
Then Creative Work - Siddha Yoga				Margasira-Karttikai				
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Regina, SK, Canada Sun 18 Sutra 240 Vilamba 5120	
Makara Rasi: 12.26	Tithi 4 – 5	Gulika 11:51AM – 12:52PM	Shravana Until 10:40AM Wed	Ganesh: Clear	<i>Sunrise:</i> 7:47AM			
		Yama 9:49AM – 10:50AM	Dhruva Until 10:10AM	Muruga: Purple	<i>Sunset:</i> 3:54PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	799863365 Rahu 1:52PM – 2:53PM	Bava Until 9:18PM	Nataraja: White				3rd Phase
Until 10:40AM Wed			Chaturthi* Until 7:55AM	Moon – Purple			Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Margasira-Karttikai			Devaloka Time: 6:AM to 9:AM	
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Regina, SK, Canada Sun 19 Sutra 241 Vilamba 5120	
Makara Rasi: 24.14	Tithi 5 – 6	Gulika 10:50AM – 11:51AM	Shravana Until 10:40AM	Ganesh: Clear	<i>Sunrise:</i> 7:48AM			
		Yama 8:49AM – 9:50AM	Vyaghata* Until 11:69AM Thu	Muruga: Purple	<i>Sunset:</i> 3:54PM			Moon 11 - Phase 33
Routine Work	Prabalarishta Yoga	799863365 Rahu 11:51AM – 12:52PM	Kaulava Until 12:03AM Thu	Nataraja: White				3rd Phase
Until 10:40AM			Panchami Until 10:40AM	Moon – Purple			Bhuloka Day	
Then Creative Work - Siddha Yoga				Margasira-Karttikai			Devaloka Time: 6:AM to 9:AM	
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Regina, SK, Canada Sun 20 Sutra 242 Vilamba 5120	
Kumbha Rasi: 6.01	Tithi 6 – 7	Gulika 9:50AM – 10:51AM	Dhanishtha Until 7:17AM	Ganesh: Clear	<i>Sunrise:</i> 7:49AM			
		Yama 7:49AM – 8:50AM	Harshana Until 12:09PM	Muruga: Purple	<i>Sunset:</i> 3:54PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	799863365 Rahu 12:52PM – 1:53PM	Gara Until 2:40AM Fri	Nataraja: White				3rd Phase
			Shashthi* Until 1:22PM	Moon – Purple			Bhuloka Day	
				Margasira-Karttikai			Devaloka Time: 6:AM to 9:AM	
			Vinayaga Viratam Ends					
Retreat Star		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Regina, SK, Canada Sun 21 Sutra 243 Vilamba 5120	
Kumbha Rasi: 17.53	Tithi 7 – 8	Gulika 8:50AM – 9:51AM	Shatabhishak Until 10:04AM	Ganesh: Clear	<i>Sunrise:</i> 7:50AM			
		Yama 1:53PM – 2:54PM	Vajra* Until 12:55PM	Muruga: Purple	<i>Sunset:</i> 3:54PM			Moon 11 - Phase 33
Creative Work	Siddha Yoga	799863365 Rahu 10:52AM – 11:52AM	Visti Until 4:53AM Sat	Nataraja: White				3rd Phase
			Saptami Until 3:49PM	Moon – Purple			Bhuloka Day	
				Margasira-Karttikai			Devaloka Time: 6:AM to 9:AM	
Retreat Star		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ashtami/Navamyam Titau			Regina, SK, Canada Sun 22 Sutra 244 Vilamba 5120	
Kumbha Rasi: 29.54	Tithi 8 – 9	Gulika 7:51AM – 8:51AM	Purvaproshtapada* Until 12:45PM	Ganesh: Clear	<i>Sunrise:</i> 7:51AM			
		Yama 12:53PM – 1:54PM	Siddhi Until 1:21PM	Muruga: Purple	<i>Sunset:</i> 3:55PM			Moon 11 - Phase 33
Routine Work	Marana Yoga	711863365 Rahu 9:52AM – 10:52AM	Bava Until 5:45PM	Nataraja: White				Ashtami
Until 12:45PM			Ashtami* Until 5:45PM	Moon – Clear			Bhuloka Day	
Then Creative Work - Siddha Yoga		Markali Pillaiyar		Margasira-Markali			Devaloka Time: 6:AM to 9:AM	
Retreat Star		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Navamyam Titau			Regina, SK, Canada Sun 23 Sutra 245 Vilamba 5120	
Meena Rasi: 12.1	Tithi 9	Gulika 1:54PM – 2:54PM	Uttaraproshtapada Until 2:38PM	Ganesh: Purple	<i>Sunrise:</i> 7:51AM			
		Yama 11:53AM – 12:53PM	Vyatipata* Until 1:18PM	Muruga: Purple	<i>Sunset:</i> 3:55PM			Moon 11 - Phase 33
Creative Work	Amrita Yoga	811863365 Rahu 2:54PM – 3:55PM	Balava Until 6:30AM	Nataraja: White				Navami
			Navami* Until 7:01PM	Moon – Clear			Bhuloka Day	
				Margasira-Markali				


As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda


1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 24 Sutra 246 Vilamba 5120
	Meena Rasi: 24.45	Tihti 10	Gulika	12:54PM – 1:54PM	Revati Until 3:38PM	Ganesh: Purple	Sunrise: 7:52AM
	Family Home Evening	811863365	Yama	10:53AM – 11:54AM	Variyan Until 12:38PM	Muruga: Purple	Sunset: 3:55PM
	Creative Work	Siddha Yoga	Rahu	8:53AM – 9:53AM	Taitila Until 7:22AM	Nataraja: White	Moon 11 - Phase 34 4th Phase
				Dashami Until 7:29PM	Moon – Clear	Bhuloka Day	
				Margasira*Markali			

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Regina, SK, Canada Sun 25 Sutra 247 Vilamba 5120
	Mesha Rasi: 7.43	Tihti 11	Gulika	11:54AM – 12:54PM	Ashvini Until 4:09PM	Ganesh: Clear	Sunrise: 7:53AM
	Creative Work	Siddha Yoga	Yama	9:53AM – 10:54AM	Parigha* Until 11:21AM	Muruga: Purple	Sunset: 3:55PM
			821863365	Rahu	1:55PM – 2:55PM	Vanija Until 7:26AM	Nataraja: White
				Ekadashi Until 7:08PM	Moon – White	Bhuloka Day	
				Gita Jayanthi	Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 248 Vilamba 5120
	Mesha Rasi: 21.07	Tihti 12 – 13	Gulika	10:54AM – 11:55AM	Bharani Until 3:43PM	Ganesh: Clear	Sunrise: 7:54AM
	Creative Work	Siddha Yoga	Yama	8:54AM – 9:54AM	Shiva Until 9:26AM	Muruga: Purple	Sunset: 3:56PM
	Until 3:43PM			821863365	Rahu	11:55AM – 12:55PM	Nataraja: White
				Dvadashi Until 5:59PM	Moon – White	Bhuloka Day	
				Pradosha Vrata		Devaloka Time: 6:AM to 9:AM	
				Margasira*Markali			

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 249 Vilamba 5120
	Vrisabha Rasi: 4.56	Tihti 13 – 14	Gulika	9:55AM – 10:55AM	Krittika Until 2:28PM	Ganesh: Clear	Sunrise: 7:54AM
	Routine Work	Marana Yoga	Yama	7:54AM – 8:54AM	Siddha Until 6:56AM	Muruga: Purple	Sunset: 3:56PM
			821863365	Rahu	12:55PM – 1:56PM	Gara Until 3:00AM Fri	Nataraja: White
				Trayodashi Until 4:08PM	Moon – White	Bhuloka Day	
				Margasira*Markali		Devaloka Time: 6:AM to 9:AM	

	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sutra 250 Vilamba 5120
	Copper Retreat Star		Gulika	8:55AM – 9:55AM	Rohini Until 12:54PM	Ganesh: White	Sunrise: 7:55AM
	Vrisabha Rasi: 19.1	Tihti 14 – 15	Yama	1:56PM – 2:56PM	Subha Until 12:32AM Sat	Muruga: Purple	Sunset: 3:57PM
	Routine Work	Marana Yoga	831863365	Rahu	10:55AM – 11:56AM	Nataraja: White	Moon 11 - Phase 34 Purnima
				Day 1 of Pancha Ganapati	Chaturdashi* Until 1:43PM	Moon – Yellow	Bhuloka Day
				Margasira*Markali			

	Saturday, December 22, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sutra 251 Vilamba 5120
	Silver Retreat Star		Gulika	7:55AM – 8:55AM	Mrigashira Until 10:47AM	Ganesh: Yellow	Sunrise: 7:55AM
	Mithuna Rasi: 3.43	Tihti 15 – 16	Yama	12:56PM – 1:57PM	Sukla Until 8:51PM	Muruga: Purple	Sunset: 3:57PM
	Creative Work	Siddha Yoga	831963365	Rahu	9:56AM – 10:56AM	Nataraja: White	Moon 11 - Phase 34 Prathama
				Day 2 of Pancha Ganapati	Purnima* Until 10:52AM	Moon – Yellow	Bhuloka Day
				Margasira*Markali		Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Sunday, December 23, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada

Sutra 252

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 18.31 Tihi 16 – 17

841963365

Gulika 1:57PM – 2:57PM
Yama 11:57AM – 12:57PM
Rahu 2:57PM – 3:58PM

Ardra Until 8:15AM
Brahma Until 5:00PM
Kaulava Until 7:45AM

Ganesha: Yellow *Sunrise:* 7:56AM
Muruga: Purple *Sunset:* 3:58PM
Nataraja: White
Moon – Yellow

Margasira*Markali

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Day 3 of Pancha Ganapati
Ardra Darshanam

Prathama* Until 7:45AM

Monday, December 24, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 3.23 Tihi 18

Family Home Evening

841963365

Gulika 12:57PM – 1:58PM
Yama 10:57AM – 11:57AM
Rahu 8:56AM – 9:57AM

Pushya Until 3:25AM Tue
Indra Until 1:07PM
Vanija Until 2:55PM

Ganesha: Blue *Sunrise:* 7:56AM
Muruga: Purple *Sunset:* 3:58PM
Nataraja: White
Moon – Blue

Margasira*Markali

Devaloka Day

Creative Work Siddha Yoga

Day 4 of Pancha Ganapati

Tritiya Until 1:19AM Tue

Tuesday, December 25, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 18.15 Tihi 19

842963365

Gulika 11:58AM – 12:58PM
Yama 9:57AM – 10:57AM
Rahu 1:58PM – 2:59PM

Ashlesha* Until 12:59AM Wed
Vaidhriti* Until 9:18AM
Bava Until 11:47AM

Ganesha: Yellow *Sunrise:* 7:56AM
Muruga: Purple *Sunset:* 3:59PM
Nataraja: White
Moon – Blue

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Chaturthi* Until 10:16PM

Wednesday, December 26, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 2.58 Tihi 20

852963366

Gulika 10:58AM – 11:58AM
Yama 8:57AM – 9:57AM
Rahu 11:58AM – 12:59PM

Magha* Until 5:10PM Thu
Priti Until 2:17AM Thu
Kaulava Until 8:52AM

Ganesha: Blue *Sunrise:* 7:57AM
Muruga: Purple *Sunset:* 4:00PM
Nataraja: Green
Moon – Red

Margasira*Markali

Bhuloka Day

Creative Work Siddha Yoga

Until 5:10PM Thu
Then Creative Work - Amrita Yoga

Day 5 of Pancha Ganapati

Panchami Until 7:31PM

Thursday, December 27, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 17.26 Tihi 21 – 22

852963366

Gulika 9:58AM – 10:58AM
Yama 7:57AM – 8:57AM
Rahu 12:59PM – 2:00PM

Magha* Until 5:10PM
Ayushman Until 10:74PM
Gara Until 6:18AM

Ganesha: Blue *Sunrise:* 7:57AM
Muruga: Purple *Sunset:* 4:00PM
Nataraja: Green
Moon – Red

Margasira*Markali

Bhuloka Day

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Shashthi* Until 5:10PM

Friday, December 28, 2018

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kanya Rasi: 1.37 Tihi 22 – 23

852963366

Gulika 8:58AM – 9:58AM
Yama 2:00PM – 3:01PM
Rahu 10:59AM – 11:59AM

Uttaraphalguni Until 8:17PM
Saubhagya Until 8:17PM
Balava Until 1:92AM Sat

Ganesha: Blue *Sunrise:* 7:57AM
Muruga: Purple *Sunset:* 4:01PM
Nataraja: Green
Moon – Red

Margasira*Markali

Bhuloka Day

Creative Work Siddha Yoga

Until 8:17PM
Then Creative Work - Amrita Yoga

Day 5 of Pancha Ganapati

Saptami Until 3:16PM

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 15.28 Tihi 23 – 24

862963366

Gulika 7:57AM – 8:58AM
Yama 1:00PM – 2:01PM
Rahu 9:58AM – 10:59AM

Hasta Until 7:50PM
Sobhana Until 6:22PM
Taitila Until 1:26AM Sun

Ganesha: Red *Sunrise:* 7:57AM
Muruga: Purple *Sunset:* 4:02PM
Nataraja: Green
Moon – Green

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Day 5 of Pancha Ganapati

Ashtami* Until 1:54PM

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Regina, SK, Canada

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 29.01 Tihi 24 – 25

862963366

Gulika 2:02PM – 3:02PM
Yama 12:00PM – 1:01PM
Rahu 3:02PM – 4:03PM

Chitra Until 7:46PM
Athiganda* Until 4:33PM
Vanija Until 12:52AM Mon

Ganesha: Red *Sunrise:* 7:57AM
Muruga: Purple *Sunset:* 4:03PM
Nataraja: Green
Moon – Green

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Day 5 of Pancha Ganapati

Navami* Until 6:22PM


1		Monday, December 31, 2018				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Regina, SK, Canada	
Tula Rasi: 12.16		Tihti 25 – 26		Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Sutra 260	
Family Home Evening		862963366		Gulika	1:01PM – 2:02PM	Svati Until 8:03PM	Ganesha: Red	<i>Sunrise:</i> 7:57AM	Vilamba 5120
Creative Work		Amrita Yoga		Yama	11:00AM – 12:01PM	Sukarma Until 3:09PM	Muruga: Purple	<i>Sunset:</i> 4:04PM	Moon 12 - Phase 36
Until 8:03PM				Rahu	8:58AM – 9:59AM	Bava Until 12:49AM Tue	Nataraja: Green	2nd Phase	
Then Routine Work - Marana Yoga						Dashami Until 12:45PM	Moon – Green	Bhuloka Day	
							Margasira-Markali	Devaloka Time: 6:AM to 9:AM	

2		Tuesday, January 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Regina, SK, Canada	
Tula Rasi: 25.16		Tihti 26 – 27		Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Sutra 261	
Routine Work		Marana Yoga		Gulika	12:01PM – 1:02PM	Vishakha Until 9:08PM	Ganesha: Green	<i>Sunrise:</i> 7:57AM	Vilamba 5120
Until 9:08PM				Yama	9:59AM – 11:00AM	Dhriti Until 2:09PM	Muruga: Purple	<i>Sunset:</i> 4:05PM	Moon 12 - Phase 36
Then Creative Work - Siddha Yoga				Rahu	2:03PM – 3:04PM	Kaulava Until 1:17AM Wed	Nataraja: Green	2nd Phase	
						Ekadashi* Until 12:58PM	Moon – Orange	Bhuloka Day	
							Margasira-Markali		

3		Wednesday, January 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Regina, SK, Canada	
Vrischika Rasi: 8.01		Tihti 27 – 28		Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Sutra 262	
Creative Work		Siddha Yoga		Gulika	11:01AM – 12:02PM	Anuradha Until 10:31PM	Ganesha: Green	<i>Sunrise:</i> 7:57AM	Vilamba 5120
Until 8:03PM				Yama	8:58AM – 9:59AM	Shula* Until 1:31PM	Muruga: Purple	<i>Sunset:</i> 4:06PM	Moon 12 - Phase 36
				Rahu	12:02PM – 1:03PM	Gara Until 2:13AM Thu	Nataraja: Green	2nd Phase	
						Dvadashi* Until 1:40PM	Moon – Orange	Bhuloka Day	
							Margasira-Markali		
							<i>Pradosha Vrata (Fasting)</i>		

4		Thursday, January 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Regina, SK, Canada	
Vrischika Rasi: 20.32		Tihti 28 – 29		Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 263	
Routine Work		Prabalarishta Yoga		Gulika	10:00AM – 11:01AM	Jyeshtha* Until 12:12AM Fri	Ganesha: Green	<i>Sunrise:</i> 7:57AM	Vilamba 5120
Until 12:12AM Fri				Yama	7:57AM – 8:58AM	Ganda* Until 1:14PM	Muruga: Purple	<i>Sunset:</i> 4:07PM	Moon 12 - Phase 36
Then Creative Work - Amrita Yoga				Rahu	1:03PM – 2:05PM	Visti Until 3:37AM Fri	Nataraja: Green	2nd Phase	
						Trayodashi* Until 2:51PM	Moon – Orange	Bhuloka Day	
							Margasira-Markali		

5		Friday, January 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Regina, SK, Canada	
Dhanus Rasi: 2.52		Tihti 29 – 30		Mula* Nakshatra Vridhhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 264	
Creative Work		Amrita Yoga		Gulika	8:58AM – 10:00AM	Mula* Until 2:36AM Sat	Ganesha: White	<i>Sunrise:</i> 7:57AM	Vilamba 5120
Until 2:36AM Sat				Yama	2:05PM – 3:07PM	Vridhhi Until 1:19PM	Muruga: Purple	<i>Sunset:</i> 4:08PM	Moon 12 - Phase 36
Then Creative Work - Siddha Yoga				Rahu	11:01AM – 12:03PM	Catuspada Until 4:87AM Sat	Nataraja: Green	2nd Phase	
						Chaturdashi* Until 1:14PM	Moon – Light Blue	Bhuloka Day	
							Margasira-Markali		

		Saturday, January 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Regina, SK, Canada	
Retreat Star		Dhanus Rasi: 15.02		Tihti 30		Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Naga* Karana Amavasyayam Titau		Sun 13	
Creative Work		Siddha Yoga		Gulika	7:57AM – 8:58AM	Purvashadha* Until 5:13AM Sun	Ganesha: White	<i>Sunrise:</i> 7:57AM	Vilamba 5120
Until 5:13AM Sun				Yama	1:05PM – 2:06PM	Dhruva Until 1:40PM	Muruga: Clear	<i>Sunset:</i> 4:09PM	Moon 12 - Phase 36
Then Creative Work - Amrita Yoga				Rahu	10:00AM – 11:01AM	Naga Until 6:29PM	Nataraja: Green	Amavasya	
						Amavasya* Until 6:29PM	Moon – Light Blue	Bhuloka Day	
							Margasira-Markali	Devaloka Time: 12:PM to 3:PM	

Sunday, January 6, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Regina, SK, Canada	
Dhanus Rasi: 27.03		Tihti 1		Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 266	
Creative Work		Amrita Yoga		Gulika	2:07PM – 3:09PM	Uttarashadha Until 7:56AM Mon	Ganesha: White	<i>Sunrise:</i> 7:56AM	Vilamba 5120
Until 8:03PM				Yama	12:03PM – 1:05PM	Vyaghata* Until 2:18PM	Muruga: Clear	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 36
				Rahu	3:09PM – 4:10PM	Kintughna Until 7:39AM	Nataraja: Green	Prathama	
						Prathama* Until 8:50PM	Moon – Light Blue	Bhuloka Day	
							Pausha-Markali	Devaloka Time: 12:PM to 3:PM	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:06PM – 2:08PM	Uttarashadha Until 7:56AM	Ganesha: Yellow	<i>Sunrise:</i> 7:56AM	
Makara Rasi: 8.57	Tithi 2	Yama 11:02AM – 12:04PM	Harshana Until 3:09PM	Muruga: Clear	<i>Sunset:</i> 4:12PM	Moon 12 - Phase 37
Family Home Evening	883973366	Rahu 8:58AM – 10:00AM	Balava Until 10:09AM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 11:27PM	Moon – Light Blue		Devaloka Day
Until 7:56AM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau				Regina, SK, Canada Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:04PM – 1:07PM	Shravana Until 11:12AM	Ganesha: Red	<i>Sunrise:</i> 7:56AM	
Makara Rasi: 20.46	Tithi 3	Yama 10:00AM – 11:02AM	Vajra* Until 4:06PM	Muruga: Clear	<i>Sunset:</i> 4:13PM	Moon 12 - Phase 37
	893973366	Rahu 2:09PM – 3:11PM	Tailila Until 12:50PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 2:12AM Wed	Moon – Purple		Devaloka Day
				Pausha-Markali		

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturthyam Titau				Regina, SK, Canada Sun 17 Sutra 269 Vilamba 5120
3		Gulika 11:02AM – 12:05PM	Dhanishtha Until 2:22PM	Ganesha: Red	<i>Sunrise:</i> 7:55AM	
Kumbha Rasi: 2.33	Tithi 4	Yama 8:58AM – 10:00AM	Siddhi Until 5:06PM	Muruga: Clear	<i>Sunset:</i> 4:14PM	Moon 12 - Phase 37
	893973366	Rahu 12:05PM – 1:07PM	Vanija Until 3:36PM	Nataraja: Green		3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 4:55AM Thu	Moon – Purple		Devaloka Day
Until 2:22PM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Bava Karana Panchamyam Titau				Regina, SK, Canada Sun 18 Sutra 270 Vilamba 5120
4		Gulika 10:00AM – 11:03AM	Shatabhishak Until 5:16PM	Ganesha: Red	<i>Sunrise:</i> 7:55AM	
Kumbha Rasi: 14.21	Tithi 5	Yama 7:55AM – 8:57AM	Vyatipata* Until 6:01PM	Muruga: Clear	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 37
	893973366	Rahu 1:08PM – 2:10PM	Bava Until 20:37AM Fri	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 5:06PM	Moon – Purple		Devaloka Day
				Pausha-Markali		

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Regina, SK, Canada Sun 19 Sutra 271 Vilamba 5120
5		Gulika 8:57AM – 10:00AM	Purvaproshtapada* Until 8:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:54AM	
Kumbha Rasi: 26.13	Tithi 5 – 6	Yama 2:11PM – 3:14PM	Variyan Until 6:43PM	Muruga: Clear	<i>Sunset:</i> 4:17PM	Moon 12 - Phase 37
	813973366	Rahu 11:03AM – 12:06PM	Kaulava Until 8:37PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:27AM	Moon – Clear		Devaloka Day
				Pausha-Markali		

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Regina, SK, Canada Sun 20 Sutra 272 Vilamba 5120
6		Gulika 7:54AM – 8:57AM	Uttaraproshtapada Until 10:37PM	Ganesha: Clear	<i>Sunrise:</i> 7:54AM	
Meena Rasi: 8.13	Tithi 6 – 7	Yama 1:09PM – 2:12PM	Parigha* Until 7:06PM	Muruga: Clear	<i>Sunset:</i> 4:18PM	Moon 12 - Phase 37
	813973366	Rahu 10:00AM – 11:03AM	Gara Until 10:32PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:37AM	Moon – Clear		Devaloka Day
Until 10:37PM				Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Regina, SK, Canada Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 2:13PM – 3:16PM	Revati Until 12:14AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:53AM	
Meena Rasi: 20.26	Tithi 7 – 8	Yama 12:06PM – 1:10PM	Shiva Until 7:02PM	Muruga: Clear	<i>Sunset:</i> 4:20PM	Moon 12 - Phase 37
	813973366	Rahu 3:16PM – 4:20PM	Visti Until 11:49PM	Nataraja: Green		Ashtami
Creative Work	Amrita Yoga		Saptami Until 11:15AM	Moon – Clear		Devaloka Day
Until 12:14AM Mon				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:10PM – 2:14PM	Ashvini Until 1:28AM Tue	Ganesha: Purple	<i>Sunrise:</i> 7:52AM	
Mesha Rasi: 2.56	Tithi 8 – 9	Yama 11:03AM – 12:07PM	Siddha Until 6:23PM	Muruga: Clear	<i>Sunset:</i> 4:21PM	Moon 12 - Phase 37
Family Home Evening	823973366	Rahu 8:56AM – 10:00AM	Balava Until 12:21AM Tue	Nataraja: Green		Navami
Creative Work	Siddha Yoga		Ashtami* Until 12:10PM	Moon – White		Sivaloka Day
		Thai Pongal		Pausha-Thai		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Tuesday, January 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Regina, SK, Canada	
Mesha Rasi: 15.47		Tithi 9 – 10		Bharani Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 23		Sutra 275	
Creative Work		Siddha Yoga		Gulika 12:07PM – 1:11PM		Bharani Until 1:43AM Wed		Ganesha: Purple Sunrise: 7:52AM	
Until 1:43AM Wed		823973366		Yama 9:59AM – 11:03AM		Sadhya Until 5:08PM		Muruga: Clear Sunset: 4:23PM	
Then Creative Work - Amrita Yoga		Rahu 2:15PM – 3:19PM		Tailila Until 12:04AM Wed		Nataraja: Green		Moon – White	
				Navami* Until 12:18PM		Pausha*Thai		Sivaloka Day	

2		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Regina, SK, Canada	
Mesha Rasi: 29.03		Tithi 10 – 11		Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 276	
Creative Work		Amrita Yoga		Gulika 11:03AM – 12:08PM		Krittika Until 1:02AM Thu		Ganesha: Blue Sunrise: 7:51AM	
Until 1:02AM Thu		823173366		Yama 8:55AM – 9:59AM		Subha Until 3:15PM		Muruga: Clear Sunset: 4:24PM	
Then Routine Work - Marana Yoga		Rahu 12:08PM – 1:12PM		Vanija Until 10:57PM		Dashami Until 11:36AM		Nataraja: Green	
				Ekadashi Until 10:05AM		Pausha*Thai		Moon – White	
								Sivaloka Day	

3		Thursday, January 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Regina, SK, Canada	
Vrishabha Rasi: 12.47		Tithi 11 – 12		Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Sun 25		Sutra 277	
Routine Work		Marana Yoga		Gulika 9:59AM – 11:03AM		Rohini Until 11:54PM		Ganesha: Yellow Sunrise: 7:50AM	
Until 1:02AM Thu		833173366		Yama 7:50AM – 8:54AM		Sukla Until 12:43PM		Muruga: Clear Sunset: 4:26PM	
Then Routine Work - Marana Yoga		Rahu 1:12PM – 2:17PM		Bava Until 9:05PM		Ekadashi Until 10:05AM		Nataraja: Green	
				Ekadashi Until 10:05AM		Pausha*Thai		Moon – Yellow	
								Devaloka Day	

4		Friday, January 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Regina, SK, Canada	
Vrishabha Rasi: 26.58		Tithi 12 – 13		Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 278	
Creative Work		Siddha Yoga		Gulika 8:54AM – 9:59AM		Mrigashira Until 9:59PM		Ganesha: Yellow Sunrise: 7:49AM	
Until 1:02AM Thu		833173366		Yama 2:18PM – 3:23PM		Brahma Until 9:37AM		Muruga: Clear Sunset: 4:27PM	
Then Routine Work - Marana Yoga		Rahu 11:03AM – 12:08PM		Kaulava Until 6:33PM		Dvadashi Until 7:52AM		Nataraja: Green	
				Dvadashi Until 7:52AM		Pausha*Thai		Moon – Yellow	
								Devaloka Day	

Pradosha Vrata

5		Saturday, January 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Regina, SK, Canada	
Mithuna Rasi: 11.34		Tithi 14		Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 279	
Creative Work		Siddha Yoga		Gulika 7:48AM – 8:53AM		Ardra Until 7:27PM		Ganesha: Yellow Sunrise: 7:48AM	
Until 1:02AM Thu		833173366		Yama 1:14PM – 2:19PM		Indra Until 6:05AM		Muruga: Clear Sunset: 4:29PM	
Then Routine Work - Marana Yoga		Rahu 9:58AM – 11:03AM		Gara Until 3:29PM		Chaturdashi* Until 1:48AM Sun		Nataraja: Green	
				Chaturdashi* Until 1:48AM Sun		Pausha*Thai		Moon – Yellow	
								Devaloka Day	

○		Sunday, January 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		Regina, SK, Canada	
Mithuna Rasi: 26.3		Tithi 15		Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Sutra 280	
Creative Work		Siddha Yoga		Gulika 2:20PM – 3:25PM		Punarvasu Until 4:50PM		Ganesha: White Sunrise: 7:47AM	
Until 1:02AM Thu		843173366		Yama 12:09PM – 1:14PM		Vishkambha* Until 10:01PM		Muruga: Clear Sunset: 4:30PM	
Then Creative Work - Amrita Yoga		Rahu 3:25PM – 4:30PM		Visti Until 12:04PM		Purnima* Until 10:15PM		Nataraja: Green	
				Purnima* Until 10:15PM		Pausha*Thai		Moon – Blue	
								Sivaloka Day	

Thai Pusam

Monday, January 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Regina, SK, Canada	
Kataka Rasi: 11.38		Tithi 16		Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 28		Sutra 281	
Family Home Evening		843173366		Gulika 1:15PM – 2:21PM		Pushya Until 1:55PM		Ganesha: White Sunrise: 7:46AM	
Creative Work		Siddha Yoga		Yama 11:03AM – 12:09PM		Priti Until 5:46PM		Muruga: Clear Sunset: 4:32PM	
				Rahu 8:52AM – 9:58AM		Balava Until 4:45AM Tue		Nataraja: Green	
				Total Lunar Eclipse		Prathama* Until 10:01PM		Moon – Blue	
								Pausha*Thai	
								Sivaloka Day	



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha*/Magha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 282

Vilamba 5120

Kataka Rasi: 26.5 Tihi 17 - 18

Gulika 12:09PM - 1:15PM

Ashlesha* Until 10:53AM

Ganesha: Clear

Sunrise: 7:45AM

844173366 Yama 9:57AM - 11:03AM

Ayushman Until 1:32PM

Muruga: Clear

Sunset: 4:34PM

Creative Work Siddha Yoga

Rahu 2:22PM - 3:28PM

Vanija Until 1:12AM Wed

Nataraja: Green

Devaloka Day

Moon - Blue

Pausha*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Balava Karana Tritiya/Chaturthiyam Titau

Regina, SK, Canada

Sun 2 Sutra 283

Vilamba 5120

Simha Rasi: 11.55 Tihi 18 - 19

Gulika 11:03AM - 12:10PM

Magha* Until 8:16AM

Ganesha: Purple

Sunrise: 7:44AM

854173366 Yama 8:50AM - 9:57AM

Saubhagya Until 8:16AM

Muruga: Clear

Sunset: 4:35PM

Creative Work Siddha Yoga

Rahu 12:10PM - 1:16PM

Balava Until 7:84AM Thu

Nataraja: Green

Bhuloka Day

Moon - Red

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 8:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Uttaraphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 284

Vilamba 5120

Simha Rasi: 26.45 Tihi 19 - 20

Gulika 9:56AM - 11:03AM

Uttaraphalguni Until 3:45AM Fri

Ganesha: Clear

Sunrise: 7:43AM

954173366 Yama 7:43AM - 8:50AM

Athiganda* Until 2:14AM Fri

Muruga: Clear

Sunset: 4:37PM

Amrita Yoga

Rahu 1:17PM - 2:23PM

Kaulava Until 7:03PM

Nataraja: Green

Devaloka Day

Moon - Red

Pausha*Thai

Chaturthi* Until 8:24AM

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada

Sun 4 Sutra 285

Vilamba 5120

Kanya Rasi: 11.15 Tihi 21

Gulika 8:49AM - 9:56AM

Hasta Until 2:30AM Sun Sat

Ganesha: Purple

Sunrise: 7:42AM

964173366 Yama 2:24PM - 3:31PM

Sukarma Until 11:18PM

Muruga: Clear

Sunset: 4:39PM

Creative Work Amrita Yoga

Rahu 11:03AM - 12:10PM

Gara Until 4:44PM

Nataraja: Green

Bhuloka Day

Moon - Green

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 2:30AM Sun Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta/Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 286

Vilamba 5120

Kanya Rasi: 25.2 Tihi 22

Gulika 7:41AM - 8:48AM

Hasta Until 2:30AM Sun

Ganesha: Purple

Sunrise: 7:41AM

964173366 Yama 1:18PM - 2:25PM

Dhriti Until 18:66AM Sun

Muruga: Clear

Sunset: 4:40PM

Routine Work Marana Yoga

Rahu 9:55AM - 11:03AM

Visti Until 13:68AM Sun

Nataraja: Green

Bhuloka Day

Moon - Green

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 2:30AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 287

Vilamba 5120

Tula Rasi: 8.59 Tihi 23

Gulika 2:26PM - 3:34PM

Svati Until 1:44AM Mon

Ganesha: Purple

Sunrise: 7:39AM

964173366 Yama 12:11PM - 1:18PM

Shula* Until 7:06PM

Muruga: Clear

Sunset: 4:42PM

Creative Work Siddha Yoga

Rahu 3:34PM - 4:42PM

Balava Until 2:08PM

Nataraja: Green

Bhuloka Day

Moon - Green

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 1:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Vishakha Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 288

Vilamba 5120

Tula Rasi: 22.13 Tihi 24

Gulika 1:19PM - 2:27PM

Vishakha Until 2:40AM Tue

Ganesha: Clear

Sunrise: 7:38AM

974173366 Yama 11:03AM - 12:11PM

Ganda* Until 5:52PM

Muruga: Clear

Sunset: 4:44PM

Family Home Evening

Rahu 8:46AM - 9:54AM

Taitila Until 1:58PM

Nataraja: Green

Devaloka Day

Moon - Orange

Pausha*Thai

Routine Work Marana Yoga

Until 2:40AM Tue

Then Creative Work - Siddha Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, January 29, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Regina, SK, Canada Sun 8 Sutra 289 Vilamba 5120	
Vrischika Rasi: 5.05	Tithi 25	Gulika	12:11PM – 1:20PM	Anuradha Until 4:06AM Wed	Ganesh: Clear	<i>Sunrise:</i> 7:37AM			
		Yama	9:54AM – 11:02AM	Vriddhi Until 5:12PM	Muruga: Clear	<i>Sunset:</i> 4:45PM			Moon 1 - Phase 40
Creative Work	Siddha Yoga	974173366	Rahu	2:28PM – 3:37PM	Vanija Until 2:30PM	Nataraja: Green			2nd Phase
				Dashami Until 3:00AM Wed	Moon – Orange			Devaloka Day	
					Pausha*Thai				

2		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Regina, SK, Canada Sun 9 Sutra 290 Vilamba 5120	
Vrischika Rasi: 17.38	Tithi 26	Gulika	11:02AM – 12:11PM	Jyeshtha* Until 5:57AM Thu	Ganesh: Clear	<i>Sunrise:</i> 7:35AM			
		Yama	8:44AM – 9:53AM	Dhruva Until 5:00PM	Muruga: Clear	<i>Sunset:</i> 4:47PM			Moon 1 - Phase 40
Creative Work	Siddha Yoga	974173366	Rahu	12:11PM – 1:20PM	Bava Until 3:42PM	Nataraja: Green			2nd Phase
					Ekadashi* Until 4:30AM Thu	Moon – Orange			Devaloka Day
					Pausha*Thai				

3		Thursday, January 31, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Regina, SK, Canada Sun 10 Sutra 291 Vilamba 5120	
Vrischika Rasi: 29.56	Tithi 27	Gulika	9:53AM – 11:02AM	Mula* Until 6:28AM Fri	Ganesh: Clear	<i>Sunrise:</i> 7:34AM			
		Yama	7:34AM – 8:43AM	Vyaghata* Until 5:13PM	Muruga: Clear	<i>Sunset:</i> 4:49PM			Moon 1 - Phase 40
Creative Work	Siddha Yoga	974173366	Rahu	1:21PM – 2:30PM	Kaulava Until 5:27PM	Nataraja: Green			2nd Phase
Until 6:28AM Fri					Dvadashi* Until 6:28AM Fri	Moon – Orange			Devaloka Day
Then Routine Work - Prabalarishta Yoga					Pausha*Thai				

4		Friday, February 1, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Regina, SK, Canada Sun 11 Sutra 292 Vilamba 5120	
Dhanus Rasi: 12.02	Tithi 27 – 28	Gulika	8:43AM – 9:53AM	Mula* Until 6:28AM	Ganesh: White	<i>Sunrise:</i> 7:34AM			
		Yama	2:30PM – 3:39PM	Harshana Until 5:47PM	Muruga: Clear	<i>Sunset:</i> 4:49PM			Moon 1 - Phase 40
Creative Work	Amrita Yoga	984173366	Rahu	11:02AM – 12:11PM	Gara Until 7:38PM	Nataraja: Green			2nd Phase
Until 6:28AM Fri					Dvadashi* Until 6:28AM	Moon – Light Blue			Bhuloka Day
Then Routine Work - Prabalarishta Yoga					Pradosha Vrata (Fasting)	Pausha*Thai			Devaloka Time: 12:PM to 3:PM

5		Saturday, February 2, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Regina, SK, Canada Sun 12 Sutra 293 Vilamba 5120	
Dhanus Rasi: 23.59	Tithi 28 – 29	Gulika	7:32AM – 8:42AM	Purvashadha* Until 11:23AM	Ganesh: White	<i>Sunrise:</i> 7:32AM			
		Yama	1:21PM – 2:31PM	Vajra* Until 6:32PM	Muruga: Clear	<i>Sunset:</i> 4:50PM			Moon 1 - Phase 40
Creative Work	Siddha Yoga	984173366	Rahu	9:52AM – 11:02AM	Visti Until 10:06PM	Nataraja: Green			2nd Phase
Until 11:23AM					Trayodashi* Until 8:49AM	Moon – Light Blue			Bhuloka Day
Then Routine Work - Marana Yoga					Pausha*Thai				Devaloka Time: 12:PM to 3:PM

●		Sunday, February 3, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Regina, SK, Canada Sun 13 Sutra 294 Vilamba 5120	
Retreat Star		Gulika	2:32PM – 3:42PM	Uttarashadha Until 2:15PM	Ganesh: Yellow	<i>Sunrise:</i> 7:31AM			
Makara Rasi: 5.5	Tithi 29 – 30	Yama	12:12PM – 1:22PM	Siddhi Until 2:15PM	Muruga: Clear	<i>Sunset:</i> 4:52PM			Moon 1 - Phase 40
Creative Work	Amrita Yoga	985173367	Rahu	3:42PM – 4:52PM	Catuspada Until 12:46AM Mon	Nataraja: White			Amavasya
					Chaturdashi* Until 11:24AM	Moon – Light Blue			Devaloka Day
					Pausha*Thai				

Retreat Star		Monday, February 4, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Regina, SK, Canada Sun 14 Sutra 295 Vilamba 5120	
Makara Rasi: 17.39	Tithi 30 – 1	Gulika	1:22PM – 2:33PM	Shravana Until 5:32PM	Ganesh: Red	<i>Sunrise:</i> 7:30AM			
Family Home Evening		Yama	11:01AM – 12:12PM	Vyatipata* Until 5:32PM	Muruga: Clear	<i>Sunset:</i> 4:54PM			Moon 1 - Phase 40
Creative Work	Amrita Yoga	995173367	Rahu	8:40AM – 9:51AM	Kintughna Until 3:29AM Tue	Nataraja: White			Prathama
Until 5:32PM					Amavasya* Until 2:06PM	Moon – Purple			Devaloka Day
Then Creative Work - Siddha Yoga					Magha*Thai				

1		Tuesday, February 5, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Regina, SK, Canada Sun 15 Sutra 296 Vilamba 5120	
Makara Rasi: 29.27	Tithi 1 – 2	Gulika	12:12PM – 1:23PM	Dhanishtha Until 8:39PM	Ganesh: Red	<i>Sunrise:</i> 7:28AM			
		Yama	9:50AM – 11:01AM	Variyan Until 9:24PM	Muruga: Clear	<i>Sunset:</i> 4:56PM		Moon 1 - Phase 41	
		995173367 Rahu	2:34PM – 3:45PM	Balava Until 6:09AM Wed	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Prathama* Until 4:48PM	Moon – Purple			Devaloka Day	
Until 8:39PM					Magha-Thai				
Then Routine Work - Marana Yoga									

2		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Taitila Karana Dvitiyayam Titau		Regina, SK, Canada Sun 16 Sutra 297 Vilamba 5120	
Kumbha Rasi: 11.16	Tithi 2	Gulika	11:01AM – 12:12PM	Shatabhishak Until 11:30PM	Ganesh: Red	<i>Sunrise:</i> 7:26AM			
		Yama	8:38AM – 9:49AM	Parigha* Until 11:30PM	Muruga: Clear	<i>Sunset:</i> 4:57PM		Moon 1 - Phase 41	
		995173367 Rahu	12:12PM – 1:23PM	Balava Until 6:09AM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 7:25PM	Moon – Purple			Devaloka Day	
Until 11:30PM					Magha-Thai				
Then Creative Work - Amrita Yoga									

3		Thursday, February 7, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau		Regina, SK, Canada Sun 17 Sutra 298 Vilamba 5120	
Kumbha Rasi: 23.08	Tithi 3	Gulika	9:48AM – 11:00AM	Purvaproshtapada* Until 2:29AM Fri	Ganesh: Blue	<i>Sunrise:</i> 7:25AM			
		Yama	7:25AM – 8:37AM	Shiva Until 11:03PM	Muruga: Clear	<i>Sunset:</i> 4:59PM		Moon 1 - Phase 41	
		915173367 Rahu	1:24PM – 2:36PM	Taitila Until 8:40AM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Tritiya Until 9:50PM	Moon – Clear			Sivaloka Day	
					Magha-Thai				

4		Friday, February 8, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau		Regina, SK, Canada Sun 18 Sutra 299 Vilamba 5120	
Meena Rasi: 5.05	Tithi 4	Gulika	8:35AM – 9:48AM	Uttaraproshtapada Until 5:01AM Sat	Ganesh: Blue	<i>Sunrise:</i> 7:23AM			
		Yama	2:36PM – 3:49PM	Siddha Until 11:33PM	Muruga: Clear	<i>Sunset:</i> 5:01PM		Moon 1 - Phase 41	
		915173367 Rahu	11:00AM – 12:12PM	Vanija Until 10:57AM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Chaturthi* Until 11:57PM	Moon – Clear			Sivaloka Day	
Until 5:01AM Sat					Magha-Thai				
Then Routine Work - Prabalarishta Yoga									

5		Saturday, February 9, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Regina, SK, Canada Sun 19 Sutra 300 Vilamba 5120	
Meena Rasi: 17.09	Tithi 5	Gulika	7:22AM – 8:34AM	Revati Until 6:59AM Sun	Ganesh: Red	<i>Sunrise:</i> 7:22AM			
		Yama	1:25PM – 2:37PM	Sadhya Until 11:47PM	Muruga: Clear	<i>Sunset:</i> 5:03PM		Moon 1 - Phase 41	
		915273367 Rahu	9:47AM – 10:59AM	Bava Until 12:54PM	Nataraja: White			3rd Phase	
Routine Work	Prabalarishta Yoga			Panchami Until 1:41AM Sun	Moon – Clear			Devaloka Day	
Until 6:59AM Sun					Magha-Thai				
Then Creative Work - Siddha Yoga									

6		Sunday, February 10, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Regina, SK, Canada Sun 20 Sutra 301 Vilamba 5120	
Meena Rasi: 29.24	Tithi 6	Gulika	2:38PM – 3:51PM	Revati Until 6:59AM	Ganesh: Red	<i>Sunrise:</i> 7:20AM			
		Yama	12:12PM – 1:25PM	Subha Until 11:38PM	Muruga: Clear	<i>Sunset:</i> 5:04PM		Moon 1 - Phase 41	
		915273367 Rahu	3:51PM – 5:04PM	Kaulava Until 2:23PM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga			Shashthi* Until 2:54AM Mon	Moon – Clear			Devaloka Day	
Until 6:59AM					Magha-Thai				
Then Creative Work - Siddha Yoga									

Monday, February 11, 2019		Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Regina, SK, Canada Sun 21 Sutra 302 Vilamba 5120	
Mesha Rasi: 11.52	Tithi 7	Gulika	1:26PM – 2:39PM	Ashvini Until 3:22AM Wed Tue	Ganesh: Blue	<i>Sunrise:</i> 7:18AM			
Family Home Evening		Yama	10:59AM – 12:12PM	Sukla Until 11:00PM	Muruga: Clear	<i>Sunset:</i> 5:06PM		Moon 1 - Phase 41	
		925273367 Rahu	8:32AM – 9:45AM	Gara Until 3:18PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Saptami Until 3:29AM Tue	Moon – White			Bhuloka Day	
					Magha-Thai			Devaloka Time: 12:PM to 3:PM	

Tuesday, February 12, 2019		Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Regina, SK, Canada Sun 22 Sutra 303 Vilamba 5120	
Mesha Rasi: 24.38	Tithi 8	Gulika	12:12PM – 1:26PM	Ashvini Until 3:22AM Wed	Ganesh: Blue	<i>Sunrise:</i> 7:17AM			
		Yama	9:44AM – 10:58AM	Brahma Until 9:51PM	Muruga: Clear	<i>Sunset:</i> 5:08PM		Moon 1 - Phase 41	
		925273367 Rahu	2:40PM – 3:54PM	Visti Until 3:32PM	Nataraja: White			Ashtami	
Creative Work	Siddha Yoga			Ashtami* Until 3:22AM Wed	Moon – White			Bhuloka Day	
Until 3:22AM Wed					Magha-Masi			Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga									

Wednesday, February 13, 2019		Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Regina, SK, Canada Sun 23 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 7.45	Tithi 9	Gulika	10:58AM – 12:12PM	Krittika Until 9:52AM	Ganesh: Yellow	<i>Sunrise:</i> 7:15AM			
		Yama	8:29AM – 9:43AM	Indra Until 8:07PM	Muruga: Clear	<i>Sunset:</i> 5:10PM		Moon 1 - Phase 41	
		926273367 Rahu	12:12PM – 1:27PM	Balava Until 3:02PM	Nataraja: White			Navami	
Creative Work	Amrita Yoga			Navami* Until 2:28AM Thu	Moon – White			Devaloka Day	
Until 9:52AM					Magha-Masi				
Then Creative Work - Siddha Yoga									

1		Thursday, February 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau	Regina, SK, Canada Sun 24 Sutra 305 Vilamba 5120
Vrishabha Rasi: 21.17	Tithi 10	Gulika 9:43AM – 10:57AM	Rohini Until 9:33AM	Ganesh: White <i>Sunrise:</i> 7:13AM	
		Yama 7:13AM – 8:28AM	Vaidhriti* Until 5:45PM	Muruga: Clear <i>Sunset:</i> 5:11PM	Moon 1 - Phase 42
		936273367 Rahu 1:27PM – 2:42PM	Taitila Until 1:45PM	Nataraja: White	4th Phase
Routine Work	Marana Yoga		Dashami Until 12:49AM Fri	Moon – Yellow	Sivaloka Day
				Magha-Masi	

2		Friday, February 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Balava Karana Ekadashyam Titau	Regina, SK, Canada Sun 25 Sutra 306 Vilamba 5120
Mithuna Rasi: 5.16	Tithi 11	Gulika 8:26AM – 9:42AM	Mrigashira Until 8:22AM	Ganesh: White <i>Sunrise:</i> 7:11AM	
		Yama 2:43PM – 3:58PM	Vishkambha* Until 8:22AM	Muruga: Clear <i>Sunset:</i> 5:13PM	Moon 1 - Phase 42
		936273367 Rahu 10:57AM – 12:12PM	Vanija Until 8:67AM Sat	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 5:45PM	Moon – Yellow	Sivaloka Day
				Magha-Masi	

3		Saturday, February 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau	Regina, SK, Canada Sun 26 Sutra 307 Vilamba 5120
Mithuna Rasi: 19.4	Tithi 12	Gulika 7:09AM – 8:25AM	Ardra Until 4:14PM Sun	Ganesh: White <i>Sunrise:</i> 7:09AM	
		Yama 1:28PM – 2:43PM	Priti Until 11:26AM	Muruga: Clear <i>Sunset:</i> 5:15PM	Moon 1 - Phase 42
		936273367 Rahu 9:41AM – 10:56AM	Bava Until 9:07AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:35PM	Moon – Yellow	Sivaloka Day
				Magha-Masi	

4		Sunday, February 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Regina, SK, Canada Sun 27 Sutra 308 Vilamba 5120
Kataka Rasi: 4.28	Tithi 13 – 14	Gulika 2:44PM – 4:00PM	Ardra Until 4:14PM	Ganesh: Clear <i>Sunrise:</i> 7:08AM	
		Yama 12:12PM – 1:28PM	Ayushman Until 3:29AM Mon	Muruga: Clear <i>Sunset:</i> 5:17PM	Moon 1 - Phase 42
		946273367 Rahu 4:00PM – 5:17PM	Gara Until 2:27AM Mon	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 4:14PM	Moon – Blue	Devaloka Day
				Magha-Masi	

Pradosha Vrata

Monday, February 18, 2019		Copper Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Regina, SK, Canada Sutra 309 Vilamba 5120
Kataka Rasi: 19.34	Tithi 14 – 15	Gulika 1:29PM – 2:45PM	Ashlesha* Until 10:18PM	Ganesh: Clear <i>Sunrise:</i> 7:06AM	
Family Home Evening		Yama 10:55AM – 12:12PM	Sobhana Until 11:12PM	Muruga: Clear <i>Sunset:</i> 5:18PM	Moon 1 - Phase 42
		946273367 Rahu 8:22AM – 9:39AM	Visti Until 10:43PM	Nataraja: White	Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 12:35PM	Moon – Blue	Devaloka Day
Until 10:18PM		Chidambaram Abhishekam		Magha-Masi	
Then Routine Work - Marana Yoga					

Tuesday, February 19, 2019		Silver Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Regina, SK, Canada Sutra 310 Vilamba 5120
Simha Rasi: 4.48	Tithi 15 – 16	Gulika 12:12PM – 1:29PM	Magha* Until 7:24PM	Ganesh: Purple <i>Sunrise:</i> 7:04AM	
		Yama 9:38AM – 10:55AM	Athiganda* Until 6:52PM	Muruga: Clear <i>Sunset:</i> 5:20PM	Moon 1 - Phase 42
		956273367 Rahu 2:46PM – 4:03PM	Balava Until 6:55PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Purnima* Until 8:48AM	Moon – Red	Sivaloka Day
				Magha-Masi	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada

Sutra 311

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 20.02 Tihti 17

957273367

Gulika 10:54AM – 12:12PM
Yama 8:19AM – 9:37AM
Rahu 12:12PM – 1:29PM

Purvaphalguni Until 4:30PM
Sukarma Until 2:38PM
Taitila Until 3:15PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Magha-Masi

Sunrise: 7:02AM
Sunset: 5:22PM

Devaloka Day

Creative Work Amrita Yoga

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 5.05 Tihti 18

957273367

Gulika 9:36AM – 10:54AM
Yama 7:00AM – 8:18AM
Rahu 1:30PM – 2:48PM

Uttaraphalguni Until 1:46PM
Dhriti Until 10:40AM
Vanija Until 11:53AM
Tritiya Until 10:20PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Red
Magha-Masi

Sunrise: 7:00AM
Sunset: 5:23PM

Devaloka Day

Until 1:46PM
Then Routine Work - Marana Yoga

Amrita Yoga

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 19.5 Tihti 19

967273367

Gulika 8:16AM – 9:35AM
Yama 2:48PM – 4:07PM
Rahu 10:53AM – 12:12PM

Hasta Until 11:47AM
Shula* Until 7:01AM
Bava Until 8:57AM
Chaturthi* Until 7:41PM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Green
Magha-Masi

Sunrise: 6:58AM
Sunset: 5:25PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 11:47AM
Then Creative Work - Siddha Yoga

Amrita Yoga

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 4.1 Tihti 20 – 21

967273367

Gulika 6:56AM – 8:15AM
Yama 1:30PM – 2:49PM
Rahu 9:34AM – 10:53AM

Chitra Until 10:16AM
Vriddhi Until 1:20AM Sun
Kaulava Until 6:38AM
Panchami Until 5:43PM

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Green
Magha-Masi

Sunrise: 6:56AM
Sunset: 5:27PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 10:16AM
Then Creative Work - Siddha Yoga

Marana Yoga

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 18.01 Tihti 21 – 22

967273367

Gulika 2:50PM – 4:09PM
Yama 12:11PM – 1:31PM
Rahu 4:09PM – 5:29PM

Svati Until 9:21AM
Dhruva Until 11:25PM
Visti Until 3:78AM Mon
Shashthi* Until 1:20AM Sun

Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Green
Magha-Masi

Sunrise: 6:54AM
Sunset: 5:29PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 9:21AM
Then Routine Work - Marana Yoga

Siddha Yoga

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Vrischika Rasi: 1.22 Tihti 22 – 23

977273367

Gulika 1:31PM – 2:51PM
Yama 10:51AM – 12:11PM
Rahu 8:12AM – 9:32AM

Vishakha Until 4:47PM Tue
Vyaghata* Until 10:11PM
Balava Until 4:26AM Tue
Saptami Until 4:14PM

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Orange
Magha-Masi

Sunrise: 6:52AM
Sunset: 5:30PM

Devaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 4:47PM Tue
Then Creative Work - Siddha Yoga

Marana Yoga

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 14.17 Tihti 23 – 24

978273367

Gulika 12:11PM – 1:31PM
Yama 9:31AM – 10:51AM
Rahu 2:52PM – 4:12PM

Vishakha Until 4:47PM
Harshana Until 9:39PM
Taitila Until 5:23AM Wed
Ashtami* Until 4:47PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – Orange
Magha-Masi

Sunrise: 6:50AM
Sunset: 5:32PM

Sivaloka Day

Creative Work Siddha Yoga
Until 4:47PM
Then Routine Work - Marana Yoga

Siddha Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara Karana Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 26.49 Tihti 24

978273367

Gulika 10:50AM – 12:11PM
Yama 8:09AM – 9:30AM
Rahu 12:11PM – 1:32PM

Jyeshtha* Until 12:01PM
Vajra* Until 9:39PM
Gara Until 6:08PM
Navami* Until 6:08PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon – Orange
Magha-Masi

Sunrise: 6:48AM
Sunset: 5:34PM

Sivaloka Day

Creative Work Siddha Yoga
Until 12:01PM
Then Routine Work - Marana Yoga

Siddha Yoga

1 Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Regina, SK, Canada Sun 8 Sutra 319	
Dhanus Rasi: 9.02	Tithi 25	Gulika 9:28AM – 10:50AM	Mula* Until 2:33PM	Ganesh: Red	<i>Sunrise:</i> 6:46AM	Vilamba 5120	
		Yama 6:46AM – 8:07AM	Siddhi Until 10:09PM	Muruga: Clear	<i>Sunset:</i> 5:35PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	988273367 Rahu 1:32PM – 2:53PM	Vanija Until 7:05AM	Nataraja: White		2nd Phase	
			Dashami Until 8:07PM	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

2 Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyalipata* Yoga Bava/Balava Karana Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 320	
Dhanus Rasi: 21.01	Tithi 26	Gulika 8:04AM – 9:26AM	Purvashadha* Until 5:22PM	Ganesh: Red	<i>Sunrise:</i> 6:42AM	Vilamba 5120	
		Yama 2:55PM – 4:17PM	Vyatipata* Until 10:59PM	Muruga: Clear	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 44	
Routine Work	Prabalarishta Yoga	988273367 Rahu 10:48AM – 12:10PM	Bava Until 9:19AM	Nataraja: White		2nd Phase	
Until 5:22PM			Ekadashi* Until 10:34PM	Moon – Light Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Masi			

3 Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 321	
Makara Rasi: 2.53	Tithi 27	Gulika 6:40AM – 8:02AM	Uttarashadha Until 8:19PM	Ganesh: Red	<i>Sunrise:</i> 6:40AM	Vilamba 5120	
		Yama 1:33PM – 2:55PM	Variyan Until 11:58PM	Muruga: Clear	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 44	
Routine Work	Marana Yoga	988273367 Rahu 9:25AM – 10:48AM	Kaulava Until 11:55AM	Nataraja: White		2nd Phase	
Until 8:19PM			Dvadashi* Until 1:15AM Sun	Moon – Light Blue		Devaloka Day	
Then Creative Work - Siddha Yoga				Magha-Masi			

4 Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Regina, SK, Canada Sun 11 Sutra 322	
Makara Rasi: 14.4	Tithi 28	Gulika 2:56PM – 4:19PM	Shravana Until 11:40PM	Ganesh: Yellow	<i>Sunrise:</i> 6:38AM	Vilamba 5120	
		Yama 12:10PM – 1:33PM	Parigha* Until 1:02AM Mon	Muruga: Clear	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 44	
Creative Work	Amrita Yoga	998273367 Rahu 4:19PM – 5:42PM	Gara Until 2:39PM	Nataraja: White		2nd Phase	
Until 11:40PM			Trayodashi* Until 4:00AM Mon	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Masi			
			<i>Pradosha Vrata (Fasting)</i>				

5 Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Visti* Karana Chaturdashyam Titau				Regina, SK, Canada Sun 12 Sutra 323	
Makara Rasi: 26.26	Tithi 29	Gulika 1:33PM – 2:57PM	Dhanishtha Until 2:47AM Tue	Ganesh: Yellow	<i>Sunrise:</i> 6:36AM	Vilamba 5120	
Family Home Evening		Yama 10:46AM – 12:10PM	Shiva Until 2:03AM Tue	Muruga: Clear	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	998273367 Rahu 7:59AM – 9:23AM	Visti Until 5:22PM	Nataraja: White		2nd Phase	
Until 2:47AM Tue			Chaturdashi* Until 6:39AM Tue	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Masi			

Retreat Star Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 324	
Kumbha Rasi: 8.14	Tithi 29 – 30	Gulika 12:10PM – 1:33PM	Shatabhishak Until 5:33AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:34AM	Vilamba 5120	
		Yama 9:22AM – 10:46AM	Siddha Until 2:53AM Wed	Muruga: Clear	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 44	
Routine Work	Marana Yoga	199273367 Rahu 2:57PM – 4:21PM	Catuspada Until 7:56PM	Nataraja: White		Amavasya	
Until 5:33AM Wed			Chaturdashi* Until 6:39AM	Moon – Purple		Devaloka Day	
Then Creative Work - Amrita Yoga		Mahasivaratri (Lunar)		Magha-Masi			
		Mahasivaratri (Solar)					

Retreat Star Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 325	
Kumbha Rasi: 20.08	Tithi 30 – 1	Gulika 10:45AM – 12:09PM	Purvaproshtapada* Until 8:24AM Thu	Ganesh: Yellow	<i>Sunrise:</i> 6:32AM	Vilamba 5120	
		Yama 7:56AM – 9:20AM	Sadhya Until 3:32AM Thu	Muruga: Clear	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 44	
Creative Work	Amrita Yoga	119373367 Rahu 12:09PM – 1:34PM	Kintughna Until 10:14PM	Nataraja: White		Prathama	
Until 8:24AM Thu			Amavasya* Until 9:06AM	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Phalgun-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Regina, SK, Canada Sun 15 Sutra 326 Vilamba 5120	
Meena Rasi: 2.07	Tithi 1 – 2	Gulika Yama 119373367 Rahu	9:19AM – 10:44AM 6:29AM – 7:54AM 1:34PM – 2:59PM	Purvaproshtapada* Until 8:24AM Subha Until 3:58AM Fri Balava Until 12:13AM Fri Prathama* Until 11:15AM	Ganesh: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	<i>Sunrise:</i> 6:29AM <i>Sunset:</i> 5:49PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Regina, SK, Canada Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 14.14	Tithi 2 – 3	Gulika Yama 119373367 Rahu	7:53AM – 9:18AM 3:00PM – 4:25PM 10:43AM – 12:09PM	Uttaraproshtapada Until 10:46AM Sukla Until 4:07AM Sat Taitila Until 1:53AM Sat Dvitiya Until 1:04PM	Ganesh: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	<i>Sunrise:</i> 6:27AM <i>Sunset:</i> 5:50PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Gara Karana Tritiya/Chaturthyam Titau		Regina, SK, Canada Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 26.29	Tithi 3 – 4	Gulika Yama 119373367 Rahu	6:25AM – 7:51AM 1:34PM – 3:00PM 9:17AM – 10:43AM	Revati Until 12:38PM Brahma Until 3:59AM Sun Gara Until 2:33PM Tritiya Until 2:33PM	Ganesh: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	<i>Sunrise:</i> 6:25AM <i>Sunset:</i> 5:52PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Routine Work	Prabalarishta Yoga						
Until 12:38PM							
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day					
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Regina, SK, Canada Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 8.55	Tithi 4 – 5	Gulika Yama 129373367 Rahu	3:01PM – 4:27PM 12:08PM – 1:35PM 4:27PM – 5:54PM	Ashvini Until 2:27PM Indra Until 3:34AM Mon Bava Until 3:61AM Mon Chaturthi* Until 3:59AM Sun	Ganesh: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	<i>Sunrise:</i> 6:23AM <i>Sunset:</i> 5:54PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
Until 2:27PM							
Then Routine Work - Prabalarishta Yoga							
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Regina, SK, Canada Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 21.31	Tithi 5 – 6	Gulika Yama 129373367 Rahu	1:35PM – 3:02PM 10:41AM – 12:08PM 7:48AM – 9:14AM	Bharani Until 3:41PM Vaidhriti* Until 3:41PM Kaulava Until 3:85AM Tue Panchami Until 4:16PM	Ganesh: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	<i>Sunrise:</i> 6:21AM <i>Sunset:</i> 5:55PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Family Home Evening							
Creative Work	Siddha Yoga						
Until 3:41PM							
Then Routine Work - Marana Yoga							
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Taitila Karana Shashthi/Saptamyam Titau		Regina, SK, Canada Sun 20 Sutra 331 Vilamba 5120	
Vrisabha Rasi: 4.2	Tithi 6 – 7	Gulika Yama 129373367 Rahu	12:08PM – 1:35PM 9:13AM – 10:40AM 3:02PM – 4:30PM	Krittika Until 4:17PM Vishkambha* Until 1:33AM Wed Taitila Until 4:24PM Shashthi* Until 4:24PM	Ganesh: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	<i>Sunrise:</i> 6:19AM <i>Sunset:</i> 5:57PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
Until 4:17PM							
Then Creative Work - Amrita Yoga							
		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Regina, SK, Canada Sun 21 Sutra 332 Vilamba 5120	
Retreat Star		Gulika Yama 131373367 Rahu	10:40AM – 12:08PM 7:44AM – 9:12AM 12:08PM – 1:35PM	Rohini Until 4:39PM Priti Until 11:54PM Visti Until 3:33AM Thu Saptami Until 3:59PM	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Yellow Phalguna-Masi	<i>Sunrise:</i> 6:16AM <i>Sunset:</i> 5:59PM	Moon 2 - Phase 45 3rd Phase Sivaloka Day
Vrisabha Rasi: 17.25	Tithi 7 – 8						
Creative Work	Siddha Yoga						
7		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Regina, SK, Canada Sun 22 Sutra 333 Vilamba 5120	
Retreat Star		Gulika Yama 131373367 Rahu	9:11AM – 10:39AM 6:14AM – 7:43AM 1:35PM – 3:04PM	Mrigashira Until 4:15PM Ayushman Until 9:44PM Balava Until 2:12AM Fri Ashtami* Until 2:56PM	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Yellow Phalguna-Panguni	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 6:00PM	Moon 2 - Phase 45 Ashtami Sivaloka Day
Mithuna Rasi: 0.49	Tithi 8 – 9						
Routine Work	Marana Yoga						
		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 23 Sutra 334 Vilamba 5120	
Retreat Star		Gulika Yama 131373367 Rahu	7:41AM – 9:10AM 3:04PM – 4:33PM 10:38AM – 12:07PM	Ardra Until 3:07PM Saubhagya Until 7:05PM Taitila Until 12:14AM Sat Navami* Until 1:17PM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Phalguna-Panguni	<i>Sunrise:</i> 6:12AM <i>Sunset:</i> 6:02PM	Moon 2 - Phase 45 Navami Subha Sivaloka Day
Mithuna Rasi: 14.35	Tithi 9 – 10						
Creative Work	Siddha Yoga						

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time

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1	Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Bava Karana Dashami/Ekodashyam Titau				Regina, SK, Canada Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 28.43	Tithi 10 – 11	Gulika 6:10AM – 7:39AM	Punarvasu Until 1:41PM	Ganesh: Clear	<i>Sunrise:</i> 6:10AM	
			Yama 1:36PM – 3:05PM	Sobhana Until 1:41PM	Muruga: Clear	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 9:08AM – 10:37AM	Bava Until 18:45AM Sun Dashami Until 11:02AM	Nataraja: Clear		4th Phase
				Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

2	Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 13.13	Tithi 11 – 12	Gulika 3:06PM – 4:35PM	Pushya Until 11:36AM	Ganesh: Clear	<i>Sunrise:</i> 6:08AM	
			Yama 12:06PM – 1:36PM	Athiganda* Until 12:29PM	Muruga: Clear	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 4:35PM – 6:05PM	Bava Until 6:45PM Ekadashi Until 8:16AM	Nataraja: Clear		4th Phase
				Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

3	Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 28.02	Tithi 13	Gulika 1:36PM – 3:06PM	Ashlesha* Until 9:01AM	Ganesh: Clear	<i>Sunrise:</i> 6:06AM	
	Family Home Evening		Yama 10:36AM – 12:06PM	Sukarma Until 8:40AM	Muruga: Clear	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 7:36AM – 9:06AM	Kaulava Until 3:26PM Trayodashi Until 1:41AM Tue	Nataraja: Clear		4th Phase
Until 9:01AM				Moon – Blue		Sivaloka Day	
Then Routine Work - Marana Yoga		Yogaswami Mahasamadhi	Pradosha Vrata	Phalguna•Panguni			

4	Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 13.02	Tithi 14	Gulika 12:06PM – 1:36PM	Magha* Until 6:27AM	Ganesh: White	<i>Sunrise:</i> 6:03AM	
			Yama 9:05AM – 10:35AM	Shula* Until 12:34AM Wed	Muruga: Clear	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 Rahu 3:07PM – 4:38PM	Gara Until 11:56AM Chaturdashi* Until 10:08PM	Nataraja: Clear		4th Phase
				Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			

O	Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sutra 339 Vilamba 5120
	Copper Retreat Star		Gulika 10:34AM – 12:06PM	Uttaraphalguni Until 12:50AM Thu	Ganesh: White	<i>Sunrise:</i> 6:01AM	
	Simha Rasi: 28.07	Tithi 15	Yama 7:32AM – 9:03AM	Ganda* Until 8:31PM	Muruga: Clear	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 Rahu 12:06PM – 1:37PM	Visti Until 8:23AM Purnima* Until 6:37PM	Nataraja: Clear		Purnima
Until 12:50AM Thu				Moon – Red		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Panguni Uttiram	Holi	Phalguna•Panguni			

O	Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sutra 340 Vilamba 5120
	Silver Retreat Star		Gulika 9:02AM – 10:34AM	Hasta Until 10:33PM	Ganesh: Yellow	<i>Sunrise:</i> 5:59AM	
	Kanya Rasi: 13.07	Tithi 16 – 17	Yama 5:59AM – 7:31AM	Vriddhi Until 4:41PM	Muruga: White	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 46
	Routine Work	Marana Yoga	161383368 Rahu 1:37PM – 3:08PM	Taitila Until 1:49AM Fri Prathama* Until 3:19PM	Nataraja: Clear		Prathama
Until 10:33PM				Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Phalguna•Panguni			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 341

Vilamba 5120

Kanya Rasi: 27.52 Tihi 17 - 18

Gulika 7:29AM - 9:01AM

Chitra Until 8:33PM

Ganesha: Yellow Sunrise: 5:57AM

Yama 3:09PM - 4:41PM

Dhruva Until 1:08PM

Muruga: White Sunset: 6:13PM

Moon 3 - Phase 47

162383368 Rahu 10:33AM - 12:05PM

Vanija Until 11:09PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 12:24PM

Moon - Green
Phalguna-Panguni

Devaloka Day

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Regina, SK, Canada

Sun 2 Sutra 342

Vilamba 5120

Tula Rasi: 12.16 Tihi 18 - 19

Gulika 5:55AM - 7:27AM

Svati Until 7:02PM

Ganesha: Blue Sunrise: 5:55AM

Yama 1:37PM - 3:10PM

Vyaghata* Until 10:03AM

Muruga: White Sunset: 6:15PM

Moon 3 - Phase 47

162383368 Rahu 9:00AM - 10:32AM

Bava Until 9:07PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 10:02AM

Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 343

Vilamba 5120

Tula Rasi: 26.14 Tihi 19 - 20

Gulika 3:10PM - 4:43PM

Vishakha Until 6:31PM

Ganesha: Red Sunrise: 5:52AM

Yama 12:04PM - 1:37PM

Harshana Until 7:33AM

Muruga: White Sunset: 6:16PM

Moon 3 - Phase 47

172383368 Rahu 4:43PM - 6:16PM

Kaulava Until 7:50PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Chaturthi* Until 8:21AM

Moon - Orange
Phalguna-Panguni

Devaloka Day

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 4 Sutra 344

Vilamba 5120

Vrischika Rasi: 9.42 Tihi 20 - 21

Gulika 1:37PM - 3:11PM

Anuradha Until 6:43PM

Ganesha: Red Sunrise: 5:50AM

Family Home Evening

Yama 10:31AM - 12:04PM

Siddhi Until 4:31AM Tue

Muruga: White Sunset: 6:18PM

Moon 3 - Phase 47

172383368 Rahu 7:24AM - 8:57AM

Gara Until 7:24PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 7:29AM

Moon - Orange
Phalguna-Panguni

Devaloka Day

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 345

Vilamba 5120

Vrischika Rasi: 22.43 Tihi 21 - 22

Gulika 12:04PM - 1:38PM

Jyeshtha* Until 7:37PM

Ganesha: Red Sunrise: 5:48AM

Yama 8:56AM - 10:30AM

Vyatipata* Until 4:02AM Wed

Muruga: White Sunset: 6:19PM

Moon 3 - Phase 47

172383368 Rahu 3:12PM - 4:46PM

Visti Until 7:52PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Shashthi* Until 7:30AM

Moon - Orange
Phalguna-Panguni

Devaloka Day

Until 7:37PM

Then Creative Work - Amrita Yoga

D

Wednesday, March 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 346

Vilamba 5120

Dhanus Rasi: 5.18 Tihi 22 - 23

Gulika 10:29AM - 12:03PM

Mula* Until 9:38PM

Ganesha: Green Sunrise: 5:46AM

Yama 7:20AM - 8:55AM

Variyan Until 4:09AM Thu

Muruga: White Sunset: 6:21PM

Moon 3 - Phase 47

182383368 Rahu 12:03PM - 1:38PM

Balava Until 9:10PM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Saptami Until 8:24AM

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 9:38PM

Then Creative Work - Amrita Yoga

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 347

Vilamba 5120

Dhanus Rasi: 17.34 Tihi 23 - 24

Gulika 8:53AM - 10:28AM

Purvashadha* Until 12:10AM Fri

Ganesha: Green Sunrise: 5:44AM

Yama 5:44AM - 7:18AM

Parigha* Until 4:45AM Fri

Muruga: White Sunset: 6:23PM

Moon 3 - Phase 47

182383368 Rahu 1:38PM - 3:13PM

Taitila Until 11:09PM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 10:04AM

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 12:10AM Fri

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Friday, March 29, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 8 Sutra 348 Vilamba 5120	
Dhanus Rasi: 29.34	Tithi 24 – 25	Gulika	7:17AM – 8:52AM	Uttarashadha Until 2:57AM Sat	Ganesha: Green	<i>Sunrise:</i> 5:41AM			
		Yama	3:14PM – 4:49PM	Shiva Until 5:42AM Sat	Muruga: Yellow	<i>Sunset:</i> 6:24PM		Moon 3 - Phase 48	
		182383468 Rahu	10:27AM – 12:03PM	Vanija Until 1:36AM Sat	Nataraja: Purple			2nd Phase	
Routine Work	Marana Yoga			Navami* Until 12:19PM	Moon – Light Blue			Devaloka Day	
Until 2:57AM Sat					Phalguna•Panguni				
Then Creative Work - Siddha Yoga									

2		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Shravana Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Regina, SK, Canada Sun 9 Sutra 349 Vilamba 5120	
Makara Rasi: 11.24	Tithi 25 – 26	Gulika	5:39AM – 7:15AM	Shravana Until 6:17AM Sun	Ganesha: Orange	<i>Sunrise:</i> 5:39AM			
		Yama	1:38PM – 3:14PM	Siddha Until 6:45AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:26PM		Moon 3 - Phase 48	
		192383468 Rahu	8:51AM – 10:27AM	Bava Until 4:17AM Sun	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 2:54PM	Moon – Purple			Sivaloka Day	
Until 6:17AM Sun					Phalguna•Panguni				
Then Routine Work - Marana Yoga									

3		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Regina, SK, Canada Sun 10 Sutra 350 Vilamba 5120	
Makara Rasi: 23.11	Tithi 26 – 27	Gulika	3:15PM – 4:51PM	Shravana Until 6:17AM	Ganesha: Orange	<i>Sunrise:</i> 5:37AM			
		Yama	12:02PM – 1:38PM	Siddha Until 6:45AM	Muruga: Yellow	<i>Sunset:</i> 6:27PM		Moon 3 - Phase 48	
		192383468 Rahu	4:51PM – 6:27PM	Kaulava Until 6:56AM Mon	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Ekadashi* Until 5:36PM	Moon – Purple			Sivaloka Day	
Until 6:17AM					Phalguna•Panguni				
Then Routine Work - Marana Yoga									

4		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Regina, SK, Canada Sun 11 Sutra 351 Vilamba 5120	
Kumbha Rasi: 4.58	Tithi 27	Gulika	1:38PM – 3:15PM	Dhanishtha Until 9:25AM	Ganesha: Green	<i>Sunrise:</i> 5:37AM			
Family Home Evening		Yama	10:26AM – 12:02PM	Sadhya Until 7:47AM	Muruga: Yellow	<i>Sunset:</i> 6:27PM		Moon 3 - Phase 48	
		192483468 Rahu	7:13AM – 8:50AM	Kaulava Until 6:56AM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 8:11PM	Moon – Purple			Subha Sivaloka Day	
					Phalguna•Panguni				

5		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Regina, SK, Canada Sun 12 Sutra 352 Vilamba 5120	
Kumbha Rasi: 16.5	Tithi 28	Gulika	12:02PM – 1:39PM	Shatabhishak Until 12:10PM	Ganesha: Green	<i>Sunrise:</i> 5:35AM			
		Yama	8:48AM – 10:25AM	Subha Until 8:41AM	Muruga: Yellow	<i>Sunset:</i> 6:29PM		Moon 3 - Phase 48	
		192483468 Rahu	3:15PM – 4:52PM	Gara Until 11:30AM Wed	Nataraja: Purple			2nd Phase	
Routine Work	Marana Yoga			Trayodashi* Until 7:47AM	Moon – Purple			Subha Sivaloka Day	
					Phalguna•Panguni				

Pradosha Vrata (Fasting)

6		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Regina, SK, Canada Sun 13 Sutra 353 Vilamba 5120	
Kumbha Rasi: 28.5	Tithi 29	Gulika	10:24AM – 12:02PM	Purvaproshtapada* Until 2:55PM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM			
		Yama	7:10AM – 8:47AM	Sukla Until 9:17AM	Muruga: Yellow	<i>Sunset:</i> 6:31PM		Moon 3 - Phase 48	
		112483468 Rahu	12:02PM – 1:39PM	Visti Until 11:30AM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Chaturdashi* Until 12:22AM Thu	Moon – Clear			Sivaloka Day	
Until 2:55PM					Phalguna•Panguni				
Then Creative Work - Siddha Yoga									

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Regina, SK, Canada Sun 14 Sutra 354 Vilamba 5120	
Retreat Star		Gulika	8:46AM – 10:24AM	Uttaraproshtapada Until 5:06PM	Ganesha: Orange	<i>Sunrise:</i> 5:30AM			
Meena Rasi: 10.59	Tithi 30	Yama	5:30AM – 7:08AM	Brahma Until 9:36AM	Muruga: Yellow	<i>Sunset:</i> 6:32PM		Moon 3 - Phase 48	
		112483468 Rahu	1:39PM – 3:17PM	Catuspada Until 1:11PM	Nataraja: Purple			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 1:51AM Fri	Moon – Clear			Sivaloka Day	
					Phalguna•Panguni				

●		Friday, April 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Regina, SK, Canada Sun 15 Sutra 355 Vilamba 5120	
Retreat Star		Gulika	7:06AM – 8:45AM	Revati Until 6:42PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:28AM			
Meena Rasi: 23.18	Tithi 1	Yama	3:17PM – 4:56PM	Indra Until 9:37AM	Muruga: Yellow	<i>Sunset:</i> 6:34PM		Moon 3 - Phase 48	
		113483468 Rahu	10:23AM – 12:01PM	Kintughna Until 2:27PM	Nataraja: Purple			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 2:54AM Sat	Moon – Clear			Devaloka Day	
Until 6:42PM		Yugadhi			Chaitra•Panguni				
Then Creative Work - Amrita Yoga									

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time

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1		Saturday, April 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Regina, SK, Canada Sun 16 Sutra 356 Vilamba 5120	
Mesha Rasi: 5.49	Tithi 2	Gulika Yama	5:26AM – 7:05AM 1:39PM – 3:18PM	Ashvini Until 8:13PM Vaidhriti* Until 9:15AM	Ganesh: Purple Muruga: Yellow Nataraja: Purple	<i>Sunrise:</i> 5:26AM <i>Sunset:</i> 6:35PM	Moon 3 - Phase 49 3rd Phase	Devaloka Day	
Creative Work	Siddha Yoga	123483468	Rahu 8:43AM – 10:22AM	Balava Until 3:17PM Dvitiya Until 3:31AM Sun	Moon – White Chaitra•Panguni				
		Chellappaswami Mahasamadhi							

2		Sunday, April 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau		Regina, SK, Canada Sun 17 Sutra 357 Vilamba 5120	
Mesha Rasi: 18.31	Tithi 3	Gulika Yama	3:19PM – 4:58PM 12:00PM – 1:40PM	Bharani Until 9:12PM Vishkambha* Until 8:36AM	Ganesh: Purple Muruga: Yellow Nataraja: Purple	<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:37PM	Moon 3 - Phase 49 3rd Phase	Devaloka Day	
Routine Work	Prabalarishta Yoga	123483468	Rahu 4:58PM – 6:37PM	Taitila Until 3:42PM Tritiya Until 3:45AM Mon	Moon – White Chaitra•Panguni				
Until 9:12PM									
Then Creative Work - Siddha Yoga									

3		Monday, April 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Regina, SK, Canada Sun 18 Sutra 358 Vilamba 5120	
Vrishabha Rasi: 1.24	Tithi 4	Gulika Yama	1:40PM – 3:19PM 10:21AM – 12:00PM	Krittika Until 9:39PM Priti Until 7:40AM	Ganesh: Purple Muruga: Yellow Nataraja: Purple	<i>Sunrise:</i> 5:22AM <i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 3rd Phase	Devaloka Day	
Family Home Evening		123483468	Rahu 7:01AM – 8:41AM	Vanija Until 3:45PM Chaturthi* Until 3:37AM Tue	Moon – White Chaitra•Panguni				
Routine Work	Marana Yoga								
Until 9:39PM									
Then Creative Work - Amrita Yoga									

4		Tuesday, April 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Regina, SK, Canada Sun 19 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 14.28	Tithi 5	Gulika Yama	12:00PM – 1:40PM 8:40AM – 10:20AM	Rohini Until 10:03PM Ayushman Until 6:25AM	Ganesh: Clear Muruga: Yellow Nataraja: Purple	<i>Sunrise:</i> 5:20AM <i>Sunset:</i> 6:40PM	Moon 3 - Phase 49 3rd Phase	Sivaloka Day	
Creative Work	Amrita Yoga	123483468	Rahu 3:20PM – 5:00PM	Bava Until 3:26PM Panchami Until 3:07AM Wed	Moon – Yellow Chaitra•Panguni				
Until 10:03PM									
Then Creative Work - Siddha Yoga									

5		Wednesday, April 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau		Regina, SK, Canada Sun 20 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 27.44	Tithi 6	Gulika Yama	10:19AM – 12:00PM 6:58AM – 8:39AM	Mrigashira Until 9:56PM Sobhana Until 3:04AM Thu	Ganesh: Clear Muruga: Yellow Nataraja: Purple	<i>Sunrise:</i> 5:17AM <i>Sunset:</i> 6:42PM	Moon 3 - Phase 49 3rd Phase	Sivaloka Day	
Creative Work	Siddha Yoga	123483468	Rahu 12:00PM – 1:40PM	Kaulava Until 2:44PM Shashthi* Until 2:14AM Thu	Moon – Yellow Chaitra•Panguni				

6		Thursday, April 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Regina, SK, Canada Sun 21 Sutra 361 Vilamba 5120	
Mithuna Rasi: 11.13	Tithi 7	Gulika Yama	8:37AM – 10:18AM 5:15AM – 6:56AM	Ardra Until 9:16PM Athiganda* Until 12:53AM Fri	Ganesh: Clear Muruga: Yellow Nataraja: Purple	<i>Sunrise:</i> 5:15AM <i>Sunset:</i> 6:43PM	Moon 3 - Phase 49 3rd Phase	Sivaloka Day	
Routine Work	Marana Yoga	123483468	Rahu 1:40PM – 3:21PM	Gara Until 1:39PM Saptami Until 12:56AM Fri	Moon – Yellow Chaitra•Panguni				
Until 9:16PM									
Then Creative Work - Amrita Yoga									

Retreat Star		Friday, April 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Regina, SK, Canada Sun 22 Sutra 362 Vilamba 5120	
Mithuna Rasi: 24.55	Tithi 8	Gulika Yama	6:55AM – 8:36AM 3:22PM – 5:03PM	Punarvasu Until 8:29PM Sukarma Until 10:23PM	Ganesh: White Muruga: Yellow Nataraja: Purple	<i>Sunrise:</i> 5:13AM <i>Sunset:</i> 6:45PM	Moon 3 - Phase 49 Ashtami	Devaloka Day	
Creative Work	Siddha Yoga	143483468	Rahu 10:18AM – 11:59AM	Visti Until 12:08PM Ashtami* Until 11:13PM	Moon – Blue Chaitra•Panguni				
Until 8:29PM									
Then Routine Work - Marana Yoga									

Retreat Star		Saturday, April 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava Karana Navamyam Titau		Regina, SK, Canada Sun 23 Sutra 363 Vilamba 5120	
Kataka Rasi: 8.53	Tithi 9	Gulika Yama	5:11AM – 6:53AM 1:41PM – 3:23PM	Pushya Until 7:09PM Dhriti Until 7:35PM	Ganesh: White Muruga: Yellow Nataraja: Purple	<i>Sunrise:</i> 5:11AM <i>Sunset:</i> 6:46PM	Moon 3 - Phase 49 Navami	Devaloka Day	
Creative Work	Siddha Yoga	143483468	Rahu 8:35AM – 10:17AM	Balava Until 10:13AM Navami* Until 9:06PM	Moon – Blue Chaitra•Panguni				
Until 7:09PM									
Then Routine Work - Marana Yoga									

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 23.07	Tithi 10	Gulika 3:23PM – 5:06PM	Ashlesha* Until 5:19PM	Ganesh: Clear	<i>Sunrise:</i> 5:09AM	
		Yama 11:59AM – 1:41PM	Shula* Until 4:27PM	Muruga: Yellow	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 1
		243483468 Rahu 5:06PM – 6:48PM	Taitila Until 7:55AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:37PM	Moon – Blue		Sivaloka Day
Until 5:19PM		Tamil New Year		Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 7.34	Tithi 11 – 12	Gulika 1:41PM – 3:24PM	Magha* Until 3:27PM	Ganesh: White	<i>Sunrise:</i> 5:07AM	
Family Home Evening		Yama 10:15AM – 11:58AM	Ganda* Until 1:05PM	Muruga: Yellow	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 1
		253483468 Rahu 6:50AM – 8:33AM	Bava Until 2:23AM Tue	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 3:50PM	Moon – Red		Devaloka Day
Until 3:27PM				Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 22.12	Tithi 12 – 13	Gulika 11:58AM – 1:41PM	Purvaphalguni Until 1:16PM	Ganesh: White	<i>Sunrise:</i> 5:05AM	
		Yama 8:31AM – 10:15AM	Vridhhi Until 9:33AM	Muruga: Yellow	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 1
		253483468 Rahu 3:25PM – 5:08PM	Kaulava Until 11:22PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 12:52PM	Moon – Red		Devaloka Day
Until 1:16PM				Chaitra•Chaitra		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 6.55	Tithi 13 – 14	Gulika 10:14AM – 11:58AM	Uttaraphalguni Until 10:53AM	Ganesh: White	<i>Sunrise:</i> 5:03AM	
		Yama 6:47AM – 8:30AM	Vyaghata* Until 2:22AM Thu	Muruga: Yellow	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 1
		253483468 Rahu 11:58AM – 1:42PM	Gara Until 8:22PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 9:50AM	Moon – Red		Devaloka Day
Until 10:53AM				Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

○ Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sutra 4 Vikarin 5121
Copper Retreat Star		Gulika 8:29AM – 10:13AM	Hasta Until 8:51AM	Ganesh: Yellow	<i>Sunrise:</i> 5:01AM	
Kanya Rasi: 21.35	Tithi 14 – 15	Yama 5:01AM – 6:45AM	Harshana Until 10:59PM	Muruga: Yellow	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 1
		263483468 Rahu 1:42PM – 3:26PM	Bava Until 4:09AM Fri	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 6:53AM	Moon – Green		Sivaloka Day
Until 8:51AM		Chitra Purnima (Tamil Nadu)		Chaitra•Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada Sutra 5 Vikarin 5121
Silver Retreat Star		Gulika 6:43AM – 8:28AM	Chitra Until 6:56AM	Ganesh: Yellow	<i>Sunrise:</i> 4:59AM	
Tula Rasi: 6.05	Tithi 16	Yama 3:27PM – 5:11PM	Vajra* Until 7:51PM	Muruga: Yellow	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 1
		263483468 Rahu 10:13AM – 11:57AM	Balava Until 2:57PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:49AM Sat	Moon – Green		Sivaloka Day
				Chaitra•Chaitra		