



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Kaulava Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar

Sutra 16

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Tula Rasi: 27.41 Tihti 16 – 17

273832369

Gulika 11:51AM – 1:26PM
Yama 8:40AM – 10:15AM
Rahu 3:02PM – 4:37PM

Vishakha Until 4:41PM
Vyatipata* Until 10:24AM
Kaulava Until 7:35AM
Prathama* Until 7:35AM

Ganesha: Purple *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:13PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Routine Work Marana Yoga
Until 4:41PM
Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 17

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 10.16 Tihti 17 – 18

273832369

Gulika 10:15AM – 11:51AM
Yama 7:04AM – 8:40AM
Rahu 11:51AM – 1:26PM

Anuradha Until 6:23PM
Variyan Until 10:06AM
Vanija Until 9:07PM
Dvitiya Until 8:27AM

Ganesha: Purple *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:13PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar

Sun 2 Sutra 18

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 22.35 Tihti 18 – 19

274832369

Gulika 8:39AM – 10:15AM
Yama 5:28AM – 7:04AM
Rahu 1:26PM – 3:02PM

Jyeshtha* Until 8:26PM
Parigha* Until 10:14AM
Bava Until 10:48PM
Tritiya Until 9:52AM

Ganesha: Clear *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:13PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 8:26PM
Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 19

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 4.43 Tihti 19 – 20

284832369

Gulika 7:03AM – 8:39AM
Yama 3:02PM – 4:38PM
Rahu 10:15AM – 11:51AM

Mula* Until 11:17PM
Shiva Until 10:46AM
Kaulava Until 12:57AM Sat
Chaturthi* Until 11:48AM

Ganesha: White *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:13PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Amrita Yoga
Until 11:17PM
Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 20

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 16.39 Tihti 20 – 21

284832369

Gulika 5:27AM – 7:03AM
Yama 1:26PM – 3:02PM
Rahu 8:39AM – 10:15AM

Purvashadha* Until 2:17AM Sun
Siddha Until 11:35AM
Gara Until 3:25AM Sun
Panchami Until 2:08PM

Ganesha: White *Sunrise:* 5:27AM
Muruga: White *Sunset:* 6:14PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Siddha Yoga
Until 2:17AM Sun
Then Creative Work - Amrita Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 21

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 28.29 Tihti 21 – 22

284832369

Gulika 3:02PM – 4:38PM
Yama 11:50AM – 1:26PM
Rahu 4:38PM – 6:14PM

Uttarashadha Until 5:13AM Mon
Sadhya Until 12:36PM
Visti Until 6:00AM Mon
Shashthi* Until 4:41PM

Ganesha: White *Sunrise:* 5:27AM
Muruga: White *Sunset:* 6:14PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Amrita Yoga

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 22

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Makara Rasi: 10.17 Tihti 22

294832369

Gulika 1:26PM – 3:02PM
Yama 10:14AM – 11:50AM
Rahu 7:02AM – 8:38AM

Shravana Until 8:22AM Tue
Subha Until 1:40PM
Bava Until 6:00AM
Saptami Until 7:14PM

Ganesha: Yellow *Sunrise:* 5:26AM
Muruga: White *Sunset:* 6:14PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 8:22AM Tue
Then Creative Work - Siddha Yoga

Retreat Star

Tuesday, May 8, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 23

Vilamba 5120

Moon 4 - Phase 3

Ashtami

Makara Rasi: 22.09 Tihti 23

294832369

Gulika 11:50AM – 1:26PM
Yama 8:38AM – 10:14AM
Rahu 3:02PM – 4:39PM

Shravana Until 8:22AM
Sukla Until 2:32PM
Balava Until 8:26AM
Ashtami* Until 9:30PM

Ganesha: Yellow *Sunrise:* 5:26AM
Muruga: White *Sunset:* 6:15PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Chidambaram Abhishekam

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Navamyam Titau

Pyinmana, Myanmar

Sun 8 Sutra 24

Vilamba 5120

Moon 4 - Phase 3

Navami

Kumbha Rasi: 4.08 Tihti 24

294832369

Gulika 10:14AM – 11:50AM
Yama 7:02AM – 8:38AM
Rahu 11:50AM – 1:26PM

Dhanishtha Until 10:58AM
Brahma Until 3:04PM
Tailila Until 10:28AM
Navami* Until 11:15PM

Ganesha: Yellow *Sunrise:* 5:25AM
Muruga: White *Sunset:* 6:15PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 10:58AM
Then Creative Work - Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1 Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Pynmana, Myanmar Sun 9 Sutra 25	
Kumbha Rasi: 16.23	Tithi 25	Gulika 8:38AM – 10:14AM	Shatabhishak Until 12:48PM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Vilamba 5120	
		Yama 5:25AM – 7:01AM	Indra Until 3:07PM	Muruga: White	<i>Sunset:</i> 6:15PM	Moon 4 - Phase 4	
Creative Work	Siddha Yoga	294832369 Rahu 1:26PM – 3:03PM	Vanija Until 11:53AM	Nataraja: Purple		2nd Phase	
			Dashami Until 12:18AM Fri	Moon – Purple			Bhuloka Day
				Vaisaka-Chaitra			Devaloka Time: 9:AM to12:PM

2 Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Pynmana, Myanmar Sun 10 Sutra 26	
Kumbha Rasi: 28.56	Tithi 26	Gulika 7:01AM – 8:37AM	Purvaproshtapada* Until 2:13PM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Vilamba 5120	
		Yama 3:03PM – 4:39PM	Vaidhriti* Until 2:32PM	Muruga: White	<i>Sunset:</i> 6:16PM	Moon 4 - Phase 4	
Creative Work	Siddha Yoga	214832369 Rahu 10:14AM – 11:50AM	Bava Until 12:32PM	Nataraja: Purple		2nd Phase	
			Ekadashi* Until 12:32AM Sat	Moon – Clear			Bhuloka Day
				Vaisaka-Chaitra			Devaloka Time: 9:AM to12:PM

3 Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraoproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau				Pynmana, Myanmar Sun 11 Sutra 27	
Meena Rasi: 11.53	Tithi 27	Gulika 5:24AM – 7:01AM	Uttaraoproshtapada Until 2:40PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Vilamba 5120	
		Yama 1:27PM – 3:03PM	Vishkambha* Until 1:19PM	Muruga: White	<i>Sunset:</i> 6:16PM	Moon 4 - Phase 4	
Creative Work	Siddha Yoga	214932369 Rahu 8:37AM – 10:14AM	Kaulava Until 12:21PM	Nataraja: Purple		2nd Phase	
Until 2:40PM			Dvadashi* Until 11:57PM	Moon – Clear			Bhuloka Day
Then Routine Work - Prabalarishta Yoga				Vaisaka-Chaitra			

4 Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Pynmana, Myanmar Sun 12 Sutra 28	
Meena Rasi: 25.15	Tithi 28	Gulika 3:03PM – 4:40PM	Revati Until 2:11PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Vilamba 5120	
		Yama 11:50AM – 1:27PM	Priti Until 11:28AM	Muruga: White	<i>Sunset:</i> 6:16PM	Moon 4 - Phase 4	
Creative Work	Amrita Yoga	214932369 Rahu 4:40PM – 6:16PM	Gara Until 11:23AM	Nataraja: Purple		2nd Phase	
Until 2:11PM			Trayodashi* Until 10:36PM	Moon – Clear			Bhuloka Day
Then Creative Work - Siddha Yoga		Mother's Day	<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Chaitra			

5 Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pynmana, Myanmar Sun 13 Sutra 29	
Mesha Rasi: 9.02	Tithi 29	Gulika 1:27PM – 3:03PM	Ashvini Until 1:19PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Vilamba 5120	
Family Home Evening		Yama 10:13AM – 11:50AM	Ayushman Until 9:03AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 4	
Creative Work	Siddha Yoga	224932369 Rahu 7:00AM – 8:37AM	Visti Until 9:42AM	Nataraja: Purple		2nd Phase	
			Chaturdashi* Until 8:38PM	Moon – White			Bhuloka Day
				Vaisaka-Chaitra			

Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pynmana, Myanmar Sun 14 Sutra 30	
Retreat Star		Gulika 11:50AM – 1:27PM	Bharani Until 11:46AM	Ganesha: Blue	<i>Sunrise:</i> 5:23AM	Vilamba 5120	
Mesha Rasi: 23.13	Tithi 30	Yama 8:37AM – 10:13AM	Saubhagya Until 6:09AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 4	
Creative Work	Siddha Yoga	224932369 Rahu 3:03PM – 4:40PM	Catuspada Until 7:27AM	Nataraja: Purple		Amavasya	
			Amavasya* Until 6:09PM	Moon – White			Bhuloka Day
				Vaisaka-Vaikasi			

Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pynmana, Myanmar Sun 15 Sutra 31	
Retreat Star		Gulika 10:13AM – 11:50AM	Krittika Until 9:40AM	Ganesha: Red	<i>Sunrise:</i> 5:23AM	Vilamba 5120	
Vrishabha Rasi: 7.4	Tithi 1 – 2	Yama 7:00AM – 8:37AM	Athiganda* Until 11:26PM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 4	
Creative Work	Amrita Yoga	225932369 Rahu 11:50AM – 1:27PM	Balava Until 1:51AM Thu	Nataraja: Purple		Prathama	
Until 9:40AM			Prathama* Until 3:19PM	Moon – White			Bhuloka Day
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi			Devaloka Time: 9:AM to12:PM

1 Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Pyinmana, Myanmar Sun 16 Sutra 32
Vrishabha Rasi: 22.19	Tithi 2 - 3	Gulika 8:36AM - 10:13AM	Rohini Until 7:38AM	Ganesh: Yellow <i>Sunrise:</i> 5:23AM	Vilamba 5120
		Yama 5:23AM - 7:00AM	Sukarma Until 7:52PM	Muruga: White <i>Sunset:</i> 6:17PM	Moon 4 - Phase 5
		235932369 Rahu 1:27PM - 3:04PM	Taitila Until 10:48PM	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 12:19PM	Moon - Yellow	Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

2 Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Pyinmana, Myanmar Sun 17 Sutra 33
Mithuna Rasi: 7.02	Tithi 3 - 4	Gulika 6:59AM - 8:36AM	Ardra Until 3:04AM Sat	Ganesh: Yellow <i>Sunrise:</i> 5:22AM	Vilamba 5120
		Yama 3:04PM - 4:41PM	Dhriti Until 4:18PM	Muruga: White <i>Sunset:</i> 6:18PM	Moon 4 - Phase 5
		235932369 Rahu 10:13AM - 11:50AM	Vanija Until 7:47PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:16AM	Moon - Yellow	Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

3 Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau			Pyinmana, Myanmar Sun 18 Sutra 34
Mithuna Rasi: 21.41	Tithi 4 - 5	Gulika 5:22AM - 6:59AM	Punarvasu Until 1:13AM Sun	Ganesh: White <i>Sunrise:</i> 5:22AM	Vilamba 5120
		Yama 1:27PM - 3:04PM	Shula* Until 12:50PM	Muruga: White <i>Sunset:</i> 6:18PM	Moon 4 - Phase 5
		245932369 Rahu 8:36AM - 10:13AM	Balava Until 3:33AM Sun	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:18AM	Moon - Blue	Devaloka Day
				Jyeshtha Adhika-Vaikasi	

4 Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthiyam Titau			Pyinmana, Myanmar Sun 19 Sutra 35
Kataka Rasi: 6.12	Tithi 6	Gulika 3:04PM - 4:41PM	Pushya Until 11:31PM	Ganesh: White <i>Sunrise:</i> 5:22AM	Vilamba 5120
		Yama 11:50AM - 1:27PM	Ganda* Until 9:34AM	Muruga: White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 5
		245932369 Rahu 4:41PM - 6:19PM	Kaulava Until 2:18PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 1:06AM Mon	Moon - Blue	Devaloka Day
				Jyeshtha Adhika-Vaikasi	

5 Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau			Pyinmana, Myanmar Sun 20 Sutra 36
Kataka Rasi: 20.29	Tithi 7	Gulika 1:27PM - 3:05PM	Ashlesha* Until 10:02PM	Ganesh: White <i>Sunrise:</i> 5:22AM	Vilamba 5120
Family Home Evening		Yama 10:13AM - 11:50AM	Vridhi Until 6:35AM	Muruga: White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 5
		245932369 Rahu 6:59AM - 8:36AM	Gara Until 12:01PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 11:00PM	Moon - Blue	Devaloka Day
Until 10:02PM				Jyeshtha Adhika-Vaikasi	
Then Routine Work - Marana Yoga					

Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau			Pyinmana, Myanmar Sun 21 Sutra 37
Retreat Star		Gulika 11:50AM - 1:28PM	Magha* Until 9:13PM	Ganesh: Clear <i>Sunrise:</i> 5:21AM	Vilamba 5120
Simha Rasi: 4.32	Tithi 8	Yama 8:36AM - 10:13AM	Vyaghata* Until 1:31AM Wed	Muruga: White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 5
		255932369 Rahu 3:05PM - 4:42PM	Visti Until 10:07AM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 9:18PM	Moon - Red	Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau			Pyinmana, Myanmar Sun 22 Sutra 38
Retreat Star		Gulika 10:13AM - 11:50AM	Purvaphalguni Until 8:41PM	Ganesh: Clear <i>Sunrise:</i> 5:21AM	Vilamba 5120
Simha Rasi: 18.2	Tithi 9	Yama 6:59AM - 8:36AM	Harshana Until 11:30PM	Muruga: White <i>Sunset:</i> 6:20PM	Moon 4 - Phase 5
		255932369 Rahu 11:50AM - 1:28PM	Balava Until 8:37AM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 8:00PM	Moon - Red	Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau				Pyinmana, Myanmar Sun 23 Sutra 39
Kanya Rasi: 1.53	Tithi 10	Gulika 8:36AM – 10:13AM	Uttaraphalguni Until 8:23PM	Ganesh: Clear <i>Sunrise:</i> 5:21AM	Vilamba 5120	
		Yama 5:21AM – 6:58AM	Vajra* Until 9:46PM	Muruga: White <i>Sunset:</i> 6:20PM		Moon 4 - Phase 6
	Amrita Yoga	255932369 Rahu 1:28PM – 3:05PM	Tailila Until 7:31AM	Nataraja: Purple		4th Phase
Until 8:23PM			Dashami Until 7:06PM	Moon – Red		Bhuloka Day
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Pyinmana, Myanmar Sun 24 Sutra 40
Kanya Rasi: 15.13	Tithi 11	Gulika 6:58AM – 8:36AM	Hasta Until 8:46PM	Ganesh: Clear <i>Sunrise:</i> 5:21AM	Vilamba 5120	
		Yama 3:05PM – 4:43PM	Siddhi Until 8:22PM	Muruga: White <i>Sunset:</i> 6:20PM		Moon 4 - Phase 6
	Amrita Yoga	266932369 Rahu 10:13AM – 11:51AM	Vanija Until 6:49AM	Nataraja: Purple		4th Phase
Creative Work			Ekadashi Until 6:36PM	Moon – Green		Bhuloka Day
Until 8:46PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 25 Sutra 41
Kanya Rasi: 28.21	Tithi 12	Gulika 5:21AM – 6:58AM	Chitra Until 9:23PM	Ganesh: Purple <i>Sunrise:</i> 5:21AM	Vilamba 5120	
		Yama 1:28PM – 3:06PM	Vyatipata* Until 7:17PM	Muruga: White <i>Sunset:</i> 6:21PM		Moon 4 - Phase 6
	Marana Yoga	366932369 Rahu 8:36AM – 10:13AM	Bava Until 6:30AM	Nataraja: Purple		4th Phase
Routine Work			Dvadashi Until 6:29PM	Moon – Green		Bhuloka Day
Until 9:23PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan Yoga Kaulava/Tailila Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 26 Sutra 42
Tula Rasi: 11.17	Tithi 13	Gulika 3:06PM – 4:43PM	Svati Until 10:14PM	Ganesh: Purple <i>Sunrise:</i> 5:21AM	Vilamba 5120	
		Yama 11:51AM – 1:28PM	Varyan Until 6:29PM	Muruga: White <i>Sunset:</i> 6:21PM		Moon 4 - Phase 6
	Siddha Yoga	366932369 Rahu 4:43PM – 6:21PM	Kaulava Until 6:35AM	Nataraja: Purple		4th Phase
Creative Work			Trayodashi Until 6:45PM	Moon – Green		Bhuloka Day
Until 10:14PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

5 Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 27 Sutra 43
Tula Rasi: 24	Tithi 14	Gulika 1:28PM – 3:06PM	Vishakha Until 11:48PM	Ganesh: Clear <i>Sunrise:</i> 5:20AM	Vilamba 5120	
Family Home Evening		Yama 10:13AM – 11:51AM	Parigha* Until 6:02PM	Muruga: White <i>Sunset:</i> 6:21PM		Moon 4 - Phase 6
	Marana Yoga	376932369 Rahu 6:58AM – 8:36AM	Gara Until 7:04AM	Nataraja: Purple		4th Phase
Routine Work			Chaturdashi* Until 7:27PM	Moon – Orange		Bhuloka Day
Until 11:48PM		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Pyinmana, Myanmar Sutra 44
Copper Retreat Star		Gulika 11:51AM – 1:29PM	Anuradha Until 1:40AM Wed	Ganesh: Clear <i>Sunrise:</i> 5:20AM	Vilamba 5120	
Vrischika Rasi: 6.32	Tithi 15	Yama 8:36AM – 10:13AM	Shiva Until 5:57PM	Muruga: White <i>Sunset:</i> 6:22PM		Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 3:06PM – 4:44PM	Visti Until 7:59AM	Nataraja: Purple		Purnima
Creative Work			Purnima* Until 8:35PM	Moon – Orange		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha Yoga Balava/Kaulava Karana Prathamayam Titau				Pyinmana, Myanmar Sutra 45
Silver Retreat Star		Gulika 10:13AM – 11:51AM	Jyeshtha* Until 3:47AM Thu	Ganesh: Clear <i>Sunrise:</i> 5:20AM	Vilamba 5120	
Vrischika Rasi: 18.52	Tithi 16	Yama 6:58AM – 8:36AM	Siddha Until 6:11PM	Muruga: White <i>Sunset:</i> 6:22PM		Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 11:51AM – 1:29PM	Balava Until 9:21AM	Nataraja: Purple		Prathama
Creative Work			Prathama* Until 10:10PM	Moon – Orange		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 46

Dhanus Rasi: 1.01 Tihti 17

Gulika 8:36AM - 10:13AM
Yama 5:20AM - 6:58AM
Rahu 1:29PM - 3:07PM

Mula* Until 6:37AM Fri
Sadhya Until 6:45PM
Tailila Until 11:09AM
Dvitiya Until 12:11AM Fri

Ganesha: White Sunrise: 5:20AM
Muruga: White Sunset: 6:22PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 6:37AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Pyinmana, Myanmar
Sun 2 Sutra 47

Dhanus Rasi: 13.01 Tihti 18

Gulika 6:58AM - 8:36AM
Yama 3:07PM - 4:45PM
Rahu 10:14AM - 11:51AM

Mula* Until 6:37AM
Subha Until 7:36PM
Vanija Until 1:20PM
Tritiya Until 2:31AM Sat

Ganesha: White Sunrise: 5:20AM
Muruga: White Sunset: 6:23PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 6:37AM

Then Routine Work - Prabalarishta Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 48

Dhanus Rasi: 24.53 Tihti 19

Gulika 5:20AM - 6:58AM
Yama 1:29PM - 3:07PM
Rahu 8:36AM - 10:14AM

Purvashadha* Until 9:35AM
Sukla Until 9:35AM
Bava Until 3:48PM
Chaturthi* Until 5:05AM Sun

Ganesha: Yellow Sunrise: 5:20AM
Muruga: White Sunset: 6:23PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 9:35AM

Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava Karana Panchamyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 49

Makara Rasi: 6.41 Tihti 20

Gulika 3:08PM - 4:45PM
Yama 11:52AM - 1:30PM
Rahu 4:45PM - 6:23PM

Uttarashadha Until 12:33PM
Brahma Until 9:45PM
Kaulava Until 6:24PM
Panchami Until 7:40AM Mon

Ganesha: Yellow Sunrise: 5:20AM
Muruga: White Sunset: 6:23PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 50

Makara Rasi: 18.28 Tihti 20 - 21

Gulika 1:30PM - 3:08PM
Yama 10:14AM - 11:52AM
Rahu 6:58AM - 8:36AM

Shravana Until 3:50PM
Indra Until 10:48PM
Gara Until 8:55PM
Panchami Until 7:40AM

Ganesha: Blue Sunrise: 5:20AM
Muruga: White Sunset: 6:24PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 3:50PM

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 51

Kumbha Rasi: 0.2 Tihti 21 - 22

Gulika 11:52AM - 1:30PM
Yama 8:36AM - 10:14AM
Rahu 3:08PM - 4:46PM

Dhanishtha Until 6:43PM
Vaidhriti* Until 11:35PM
Visti Until 11:09PM
Shashthi* Until 10:04AM

Ganesha: Purple Sunrise: 5:20AM
Muruga: White Sunset: 6:24PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 6:43PM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 52

Kumbha Rasi: 12.19 Tihti 22 - 23

Gulika 10:14AM - 11:52AM
Yama 6:58AM - 8:36AM
Rahu 11:52AM - 1:30PM

Shatabhishak Until 8:57PM
Vishkambha* Until 11:59PM
Balava Until 12:51AM Thu
Saptami Until 12:03PM

Ganesha: Purple Sunrise: 5:20AM
Muruga: White Sunset: 6:24PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Ashtami

Devaloka Day

Creative Work Siddha Yoga
Until 8:57PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar
Sun 8 Sutra 53

Kumbha Rasi: 24.33 Tihti 23 - 24

Gulika 8:36AM - 10:14AM
Yama 5:20AM - 6:58AM
Rahu 1:30PM - 3:09PM

Purvaproshtapada* Until 10:51PM
Priti Until 11:51PM
Tailila Until 1:51AM Fri
Ashtami* Until 1:26PM

Ganesha: Blue Sunrise: 5:20AM
Muruga: White Sunset: 6:25PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Navami

Devaloka Day

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Pynmana, Myanmar	
Meena Rasi: 7.05 Tihi 24 – 25		Uttaraproshtpada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54	
318132361		Gulika 6:58AM – 8:36AM	Uttaraproshtpada Until 11:49PM	Ganesha: Red <i>Sunrise:</i> 5:20AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 3:09PM – 4:47PM	Ayushman Until 11:03PM	Muruga: White <i>Sunset:</i> 6:25PM	Moon 5 - Phase 8		
		Rahu 10:14AM – 11:53AM	Vanija Until 2:02AM Sat	Nataraja: White	2nd Phase		
			Navami* Until 2:02PM	Moon – Clear	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Pynmana, Myanmar	
Meena Rasi: 20.02 Tihi 25 – 26		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55	
318132361		Gulika 5:20AM – 6:58AM	Revati Until 11:47PM	Ganesha: Red <i>Sunrise:</i> 5:20AM	Vilamba 5120		
Routine Work Prabalarishta Yoga		Yama 1:31PM – 3:09PM	Saubhagya Until 9:36PM	Muruga: White <i>Sunset:</i> 6:25PM	Moon 5 - Phase 8		
Until 11:47PM		Rahu 8:36AM – 10:15AM	Bava Until 1:22AM Sun	Nataraja: White	2nd Phase		
Then Creative Work - Siddha Yoga			Dashami Until 1:47PM	Moon – Clear	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Pynmana, Myanmar	
Mesha Rasi: 3.25 Tihi 26 – 27		Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56	
328132361		Gulika 3:09PM – 4:47PM	Ashvini Until 11:16PM	Ganesha: Green <i>Sunrise:</i> 5:20AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 11:53AM – 1:31PM	Sobhana Until 7:31PM	Muruga: White <i>Sunset:</i> 6:26PM	Moon 5 - Phase 8		
Until 11:16PM		Rahu 4:47PM – 6:26PM	Kaulava Until 11:54PM	Nataraja: White	2nd Phase		
Then Routine Work - Prabalarishta Yoga			Ekadashi* Until 12:43PM	Moon – White	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi			

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Pynmana, Myanmar	
Mesha Rasi: 17.15 Tihi 27 – 28		Bharani Nakshatra Alhiganda*/Sukarma Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57	
328132361		Gulika 1:31PM – 3:10PM	Bharani Until 9:53PM	Ganesha: Green <i>Sunrise:</i> 5:20AM	Vilamba 5120		
Family Home Evening		Yama 10:15AM – 11:53AM	Athiganda* Until 4:48PM	Muruga: White <i>Sunset:</i> 6:26PM	Moon 5 - Phase 8		
Creative Work Siddha Yoga		Rahu 6:59AM – 8:37AM	Gara Until 9:43PM	Nataraja: White	2nd Phase		
Until 9:53PM			Dvadashi* Until 10:52AM	Moon – White	Bhuloka Day		
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi			
			<i>Pradosha Vrata (Fasting)</i>				

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Pynmana, Myanmar	
Vrishabha Rasi: 1.32 Tihi 28 – 29		Krittika Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 58	
328132361		Gulika 11:53AM – 1:32PM	Krittika Until 7:47PM	Ganesha: Green <i>Sunrise:</i> 5:20AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 8:37AM – 10:15AM	Sukarma Until 1:36PM	Muruga: White <i>Sunset:</i> 6:26PM	Moon 5 - Phase 8		
Until 7:47PM		Rahu 3:10PM – 4:48PM	Visti Until 6:58PM	Nataraja: White	2nd Phase		
Then Creative Work - Amrita Yoga			Trayodashi* Until 8:23AM	Moon – White	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi			

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Pynmana, Myanmar	
Retreat Star		Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59	
Vrishabha Rasi: 16.11 Tihi 30		338132361				Vilamba 5120	
Creative Work Siddha Yoga		Gulika 10:15AM – 11:54AM	Rohini Until 5:33PM	Ganesha: White <i>Sunrise:</i> 5:21AM	Moon 5 - Phase 8		
		Yama 6:59AM – 8:37AM	Dhriti Until 10:01AM	Muruga: White <i>Sunset:</i> 6:27PM	Amavasya		
		Rahu 11:54AM – 1:32PM	Catuspada Until 3:48PM	Nataraja: White	Bhuloka Day		
			Amavasya* Until 2:05AM Thu	Moon – Yellow			
				Jyeshtha Adhika-Vaikasi			

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam				Pynmana, Myanmar	
Retreat Star		Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60	
Mithuna Rasi: 1.05 Tihi 1		338132361				Vilamba 5120	
Routine Work Marana Yoga		Gulika 8:37AM – 10:16AM	Mrigashira Until 2:55PM	Ganesha: White <i>Sunrise:</i> 5:21AM	Moon 5 - Phase 8		
		Yama 5:21AM – 6:59AM	Shula* Until 6:10AM	Muruga: White <i>Sunset:</i> 6:27PM	Prathama		
		Rahu 1:32PM – 3:10PM	Kintughna Until 12:21PM	Nataraja: White	Bhuloka Day		
			Prathama* Until 10:34PM	Moon – Yellow			
				Jyeshtha-Vaikasi			

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pyinmana, Myanmar Sun 16 Sutra 61
Mithuna Rasi: 16.06	Tithi 2	Gulika 6:59AM – 8:37AM	Ardra Until 12:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Vilamba 5120
		Yama 3:11PM – 4:49PM	Vridhhi Until 10:14PM	Muruga: White	<i>Sunset:</i> 6:27PM	Moon 5 - Phase 9
339132361	Rahu 10:16AM – 11:54AM		Balava Until 8:49AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:02PM	Moon – Yellow		
				Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 9:AM to12:PM

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Pyinmana, Myanmar Sun 17 Sutra 62
Kataka Rasi: 1.06	Tithi 3 – 4	Gulika 5:21AM – 6:59AM	Punarvasu Until 9:34AM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM	Vilamba 5120
		Yama 1:32PM – 3:11PM	Dhruva Until 6:23PM	Muruga: White	<i>Sunset:</i> 6:27PM	Moon 5 - Phase 9
349132361	Rahu 8:38AM – 10:16AM		Vanija Until 2:02AM Sun	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 3:38PM	Moon – Blue		
				Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 9:AM to12:PM

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Pyinmana, Myanmar Sun 18 Sutra 63
Kataka Rasi: 15.56	Tithi 4 – 5	Gulika 3:11PM – 4:49PM	Pushya Until 7:09AM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM	Vilamba 5120
		Yama 11:54AM – 1:33PM	Vyaghata* Until 2:46PM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 5 - Phase 9
349132361	Rahu 4:49PM – 6:28PM		Bava Until 11:04PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:29PM	Moon – Blue		
		Father's Day		Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 9:AM to12:PM

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Pyinmana, Myanmar Sun 19 Sutra 64
Simha Rasi: 0.31	Tithi 5 – 6	Gulika 1:33PM – 3:11PM	Magha* Until 3:32AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:21AM	Vilamba 5120
Family Home Evening		Yama 10:16AM – 11:55AM	Harshana Until 11:31AM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 5 - Phase 9
359132361	Rahu 7:00AM – 8:38AM		Kaulava Until 8:33PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Panchami Until 9:44AM	Moon – Red		
Until 3:32AM Tue				Jyeshtha•Ani	Devaloka Day	
Then Creative Work - Siddha Yoga						

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Pyinmana, Myanmar Sun 20 Sutra 65
Simha Rasi: 14.46	Tithi 6 – 7	Gulika 11:55AM – 1:33PM	Purvaphalguni Until 2:30AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:22AM	Vilamba 5120
		Yama 8:38AM – 10:17AM	Vajra* Until 8:38AM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 5 - Phase 9
359132361	Rahu 3:11PM – 4:50PM		Gara Until 6:33PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:27AM	Moon – Red		
Until 2:30AM Wed				Jyeshtha•Ani	Devaloka Day	
Then Creative Work - Amrita Yoga						

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Pyinmana, Myanmar Sun 21 Sutra 66
Retreat Star		Gulika 10:17AM – 11:55AM	Uttaraphalguni Until 1:54AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:22AM	Vilamba 5120
Simha Rasi: 28.4	Tithi 8	Yama 7:00AM – 8:38AM	Siddhi Until 6:13AM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 5 - Phase 9
359132361	Rahu 11:55AM – 1:33PM		Visti Until 5:07PM	Nataraja: White		Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 4:37AM Thu	Moon – Red		
Until 1:54AM Thu		Chidambaram Abhishekam		Jyeshtha•Ani	Devaloka Day	
Then Routine Work - Marana Yoga						

Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 67
Retreat Star		Gulika 8:39AM – 10:17AM	Hasta Until 2:12AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:22AM	Vilamba 5120
Kanya Rasi: 12.11	Tithi 9	Yama 5:22AM – 7:00AM	Variyan Until 2:12AM Fri	Muruga: White	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 9
369132361	Rahu 1:34PM – 3:12PM		Balava Until 4:18PM	Nataraja: White		Navami
Routine Work	Marana Yoga		Navami* Until 4:05AM Fri	Moon – Green		
Until 2:12AM Fri				Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukstayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pynmana, Myanmar

Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 21.41 Tihti 16 - 17

Gulika 7:02AM - 8:40AM

Yama 3:13PM - 4:52PM

381142361 Rahu 10:19AM - 11:57AM

Purvashadha* Until 4:07PM

Indra Until 4:20AM Sat

Taitila Until 2:52AM Sat

Prathama* Until 1:34PM

Ganesha: Blue

Sunrise: 5:24AM

Muruga: Clear

Sunset: 6:30PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 4:07PM

Then Routine Work - Marana Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukstayam
Uttarashadha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pynmana, Myanmar

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 3.29 Tihti 17 - 18

Gulika 5:24AM - 7:02AM

Yama 1:35PM - 3:14PM

381242361 Rahu 8:41AM - 10:19AM

Uttarashadha Until 7:05PM

Vaidhriti* Until 5:27AM Sun

Vanija Until 5:28AM Sun

Dvitiya Until 4:09PM

Ganesha: Blue

Sunrise: 5:24AM

Muruga: Clear

Sunset: 6:30PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 7:05PM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yukstayam
Shravana Nakshatra Vishkambha* Yoga Visti* Karana Tritiyayam Titau

Pynmana, Myanmar

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 15.16 Tihti 18

Gulika 3:14PM - 4:52PM

Yama 11:57AM - 1:36PM

391242361 Rahu 4:52PM - 6:30PM

Shravana Until 10:24PM

Vishkambha* Until 6:32AM Mon

Visti Until 6:44PM

Tritiya Until 6:44PM

Ganesha: Red

Sunrise: 5:24AM

Muruga: Clear

Sunset: 6:30PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 10:24PM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yukstayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

Pynmana, Myanmar

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 27.04 Tihti 19

Gulika 1:36PM - 3:14PM

Yama 10:19AM - 11:58AM

391242361 Rahu 7:03AM - 8:41AM

Dhanishtha Until 1:23AM Tue

Vishkambha* Until 6:32AM

Bava Until 8:01AM

Chaturthi* Until 9:11PM

Ganesha: Red

Sunrise: 5:25AM

Muruga: Clear

Sunset: 6:30PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 1:23AM Tue

Then Routine Work - Marana Yoga

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukstayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava Karana Panchamyam Titau

Pynmana, Myanmar

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 8.57 Tihti 20

Gulika 11:58AM - 1:36PM

Yama 8:41AM - 10:20AM

392242361 Rahu 3:14PM - 4:52PM

Shatabhishak Until 3:52AM Wed

Priti Until 7:28AM

Kaulava Until 10:19AM

Panchami Until 11:18PM

Ganesha: Yellow

Sunrise: 5:25AM

Muruga: Clear

Sunset: 6:30PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 3:52AM Wed

Then Creative Work - Amrita Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukstayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Pynmana, Myanmar

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 20.59 Tihti 21

Gulika 10:20AM - 11:58AM

Yama 7:03AM - 8:42AM

312242361 Rahu 11:58AM - 1:36PM

Purvaproshtapada* Until 6:11AM Thu

Ayushman Until 8:04AM

Gara Until 12:13PM

Shashthi* Until 12:56AM Thu

Ganesha: Orange

Sunrise: 5:25AM

Muruga: Clear

Sunset: 6:30PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 6:11AM Thu

Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukstayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Pynmana, Myanmar

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 3.14 Tihti 22

Gulika 8:42AM - 10:20AM

Yama 5:26AM - 7:04AM

312242361 Rahu 1:36PM - 3:14PM

Purvaproshtapada* Until 6:11AM

Saubhagya Until 8:16AM

Visti Until 1:33PM

Saptami Until 1:56AM Fri

Ganesha: Orange

Sunrise: 5:26AM

Muruga: Clear

Sunset: 6:30PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukstayam
Uttaraproshtapada*/Revati Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pynmana, Myanmar

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 15.46 Tihti 23

Gulika 7:04AM - 8:42AM

Yama 3:14PM - 4:52PM

312242361 Rahu 10:20AM - 11:58AM

Uttaraproshtapada Until 7:41AM

Sobhana Until 7:57AM

Balava Until 2:11PM

Ashtami* Until 2:12AM Sat

Ganesha: Orange

Sunrise: 5:26AM

Muruga: Clear

Sunset: 6:31PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukstayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Taitila/Vanija Karana Navamyam Titau

Pynmana, Myanmar

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Meena Rasi: 28.39 Tihti 24

Gulika 5:26AM - 7:04AM

Yama 1:36PM - 3:14PM

412242361 Rahu 8:42AM - 10:20AM

Revati Until 8:17AM

Athiganda* Until 8:17AM

Taitila Until 2:02PM

Navami* Until 1:39AM Sun

Ganesha: Green

Sunrise: 5:26AM

Muruga: Clear

Sunset: 6:31PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 8:17AM

Then Creative Work - Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Pyinmana, Myanmar	
Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visi* Karana Dashamyam Titau		Sun 9 Sutra 84		Vilamba 5120		
Mesha Rasi: 11.58	Tithi 25	Gulika 3:15PM – 4:53PM	Ashvini Until 8:25AM	Ganesh: Orange <i>Sunrise: 5:27AM</i>		
		Yama 11:59AM – 1:37PM	Dhriti Until 3:16AM Mon	Muruga: Clear <i>Sunset: 6:31PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 4:53PM – 6:31PM	Vanija Until 1:06PM	Nataraja: White	2nd Phase	
Creative Work Siddha Yoga			Dashami Until 12:19AM Mon	Moon – White	Devaloka Day	
Until 8:25AM				Jyeshtha•Ani		
Then Routine Work - Prabarishtha Yoga						

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam			Pyinmana, Myanmar	
Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 85		Vilamba 5120		
Mesha Rasi: 25.43	Tithi 26	Gulika 1:37PM – 3:15PM	Bharani Until 7:36AM	Ganesh: Orange <i>Sunrise: 5:27AM</i>		
Family Home Evening		Yama 10:21AM – 11:59AM	Shula* Until 12:28AM Tue	Muruga: Clear <i>Sunset: 6:31PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 7:05AM – 8:43AM	Bava Until 11:23AM	Nataraja: White	2nd Phase	
Creative Work Siddha Yoga			Ekadashi* Until 10:15PM	Moon – White	Devaloka Day	
Until 7:36AM				Jyeshtha•Ani		
Then Routine Work - Marana Yoga						

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam			Pyinmana, Myanmar	
Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 86		Vilamba 5120		
Vrisabha Rasi: 9.55	Tithi 27	Gulika 11:59AM – 1:37PM	Rohini Until 4:02AM Wed	Ganesh: Orange <i>Sunrise: 5:27AM</i>		
		Yama 8:43AM – 10:21AM	Ganda* Until 9:10PM	Muruga: Clear <i>Sunset: 6:30PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 3:15PM – 4:53PM	Kaulava Until 8:59AM	Nataraja: White	2nd Phase	
Creative Work Amrita Yoga			Dvadashi* Until 7:33PM	Moon – White	Devaloka Day	
Until 4:02AM Wed				Jyeshtha•Ani		
Then Creative Work - Siddha Yoga						

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Pyinmana, Myanmar	
Mrigashira Nakshatra Vriddhi/Dhruva Yoga Gara/Visi* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 87		Vilamba 5120		
Vrisabha Rasi: 24.32	Tithi 28 – 29	Gulika 10:21AM – 11:59AM	Mrigashira Until 1:30AM Thu	Ganesh: Light Blue <i>Sunrise: 5:28AM</i>		
		Yama 7:05AM – 8:43AM	Vriddhi Until 5:29PM	Muruga: Clear <i>Sunset: 6:30PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 11:59AM – 1:37PM	Gara Until 6:02AM	Nataraja: White	2nd Phase	
Creative Work Siddha Yoga			Trayodashi* Until 4:22PM	Moon – Yellow	Bhuloka Day	
Until 1:30AM Thu				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Pyinmana, Myanmar	
Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 88		
Mithuna Rasi: 9.28	Tithi 29 – 30	Gulika 8:43AM – 10:21AM	Ardra Until 10:35PM	Ganesh: Light Blue <i>Sunrise: 5:28AM</i>	Vilamba 5120	
		Yama 5:28AM – 7:06AM	Dhruva Until 1:30PM	Muruga: Clear <i>Sunset: 6:30PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 1:37PM – 3:15PM	Catuspada Until 11:01PM	Nataraja: White	Amavasya	
Routine Work Marana Yoga			Chaturdashi* Until 12:51PM	Moon – Yellow	Bhuloka Day	
Until 10:35PM				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam			Pyinmana, Myanmar	
Retreat Star		Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 89		
Mithuna Rasi: 24.35	Tithi 30 – 1	Gulika 7:06AM – 8:44AM	Punarvasu Until 7:48PM	Ganesh: Purple <i>Sunrise: 5:28AM</i>	Vilamba 5120	
		Yama 3:15PM – 4:53PM	Vyaghata* Until 9:22AM	Muruga: Clear <i>Sunset: 6:30PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 10:21AM – 11:59AM	Kintughna Until 7:16PM	Nataraja: White	Prathama	
Creative Work Siddha Yoga			Amavasya* Until 9:08AM	Moon – Blue	Bhuloka Day	
Until 7:48PM		Partial Solar Eclipse		Ashada•Ani	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Pinyinmana, Myanmar	
Kataka Rasi: 9.46		Tithi 2		Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15		Sutra 90	
		Gulika	5:29AM – 7:06AM	Pushya Until 4:56PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM	Vilamba 5120		
		Yama	1:37PM – 3:15PM	Vajra* Until 1:09AM Sun	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		442242361	Rahu 8:44AM – 10:22AM	Balava Until 3:34PM	Nataraja: White		3rd Phase		
Until 4:56PM				Dvitiya Until 1:46AM Sun	Moon – Blue		Bhuloka Day		
Then Routine Work - Marana Yoga					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		Pinyinmana, Myanmar	
Kataka Rasi: 24.5		Tithi 3		Ashlesha*/Magha* Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 16		Sutra 91	
		Gulika	3:15PM – 4:52PM	Ashlesha* Until 2:09PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM	Vilamba 5120		
		Yama	11:59AM – 1:37PM	Siddhi Until 9:20PM	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		442242361	Rahu 4:52PM – 6:30PM	Tailila Until 12:04PM	Nataraja: White		3rd Phase		
Until 2:09PM				Tritiya Until 10:25PM	Moon – Blue		Bhuloka Day		
Then Routine Work - Marana Yoga					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Pinyinmana, Myanmar	
Simha Rasi: 9.4		Tithi 4		Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Misti* Karana Chaturthyam Titau		Sun 17		Sutra 92	
Family Home Evening		Gulika	1:37PM – 3:15PM	Magha* Until 12:01PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM	Vilamba 5120		
Routine Work Marana Yoga		453242361	Yama 10:22AM – 12:00PM	Vyatipata* Until 5:52PM	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 13		
Until 12:01PM			Rahu 7:07AM – 8:44AM	Vanija Until 8:55AM	Nataraja: White		3rd Phase		
Then Creative Work - Siddha Yoga				Chaturthi* Until 7:30PM	Moon – Red		Bhuloka Day		
					Ashada*Adi		Devaloka Time: 12:PM to 3:PM		

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Pinyinmana, Myanmar	
Simha Rasi: 24.08		Tithi 5 – 6		Purvaphalguni Until 10:14AM		Sun 18		Sutra 93	
		Gulika	12:00PM – 1:37PM	Purvaphalguni Until 10:14AM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM	Vilamba 5120		
		Yama	8:45AM – 10:22AM	Variyan Until 2:49PM	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		453242362	Rahu 3:15PM – 4:52PM	Bava Until 6:15AM	Nataraja: Clear		3rd Phase		
Until 10:14AM				Panchami Until 5:07PM	Moon – Red		Devaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Pinyinmana, Myanmar	
Kanya Rasi: 8.13		Tithi 6 – 7		Uttaraphalguni Until 8:57AM		Sun 19		Sutra 94	
		Gulika	10:22AM – 12:00PM	Uttaraphalguni Until 8:57AM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama	7:07AM – 8:45AM	Parigha* Until 12:19PM	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 13		
Creative Work Amrita Yoga		453242362	Rahu 12:00PM – 1:37PM	Gara Until 2:49AM Thu	Nataraja: Clear		3rd Phase		
Until 8:57AM				Shashthi* Until 3:24PM	Moon – Red		Devaloka Day		
Then Routine Work - Marana Yoga					Ashada*Adi				

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Pinyinmana, Myanmar	
Kanya Rasi: 21.51		Tithi 7 – 8		Hasta Until 8:38AM		Sun 20		Sutra 95	
		Gulika	8:45AM – 10:22AM	Hasta Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama	5:30AM – 7:08AM	Shiva Until 10:24AM	Muruga: Clear	<i>Sunset:</i> 6:29PM	Moon 6 - Phase 13		
Routine Work Marana Yoga		463242362	Rahu 1:37PM – 3:15PM	Vanija Until 2:23PM	Nataraja: Clear		Ashtami		
Until 8:38AM				Saptami Until 2:23PM	Moon – Green		Sivaloka Day		
Then Creative Work - Siddha Yoga					Ashada*Adi				

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Pinyinmana, Myanmar	
Tula Rasi: 5.05		Tithi 8 – 9		Chitra Until 8:55AM		Sun 21		Sutra 96	
		Gulika	7:08AM – 8:45AM	Chitra Until 8:55AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama	3:15PM – 4:52PM	Siddha Until 9:03AM	Muruga: Clear	<i>Sunset:</i> 6:29PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		463242362	Rahu 10:23AM – 12:00PM	Balava Until 2:15AM Sat	Nataraja: Clear		Navami		
				Ashtami* Until 2:06PM	Moon – Green		Sivaloka Day		
					Ashada*Adi				

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pynmana, Myanmar Sun 22 Sutra 97	
Tula Rasi: 17.56	Tithi 9 - 10	Gulika	5:31AM - 7:08AM	Svati Until 9:44AM	Ganesh: Clear	<i>Sunrise:</i> 5:31AM	Vilamba 5120		
		Yama	1:37PM - 3:15PM	Sadhya Until 8:16AM	Muruga: Clear	<i>Sunset:</i> 6:29PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	463242362 Rahu	8:45AM - 10:23AM	Taitila Until 3:00AM Sun	Nataraja: Clear		4th Phase		
				Navami* Until 2:31PM	Moon - Green		Sivaloka Day		
					Ashada*Adi				

2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Pynmana, Myanmar Sun 23 Sutra 98	
Vrischika Rasi: 0.29	Tithi 10 - 11	Gulika	3:14PM - 4:52PM	Vishakha Until 11:30AM	Ganesh: White	<i>Sunrise:</i> 5:31AM	Vilamba 5120		
		Yama	12:00PM - 1:37PM	Subha Until 8:02AM	Muruga: Clear	<i>Sunset:</i> 6:29PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 Rahu	4:52PM - 6:29PM	Vanija Until 4:20AM Mon	Nataraja: Clear		4th Phase		
				Dashami Until 3:35PM	Moon - Orange		Devaloka Day		
					Ashada*Adi				

3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Pynmana, Myanmar Sun 24 Sutra 99	
Vrischika Rasi: 12.47	Tithi 11 - 12	Gulika	1:37PM - 3:14PM	Anuradha Until 1:38PM	Ganesh: White	<i>Sunrise:</i> 5:31AM	Vilamba 5120		
Family Home Evening		Yama	10:23AM - 12:00PM	Sukla Until 8:12AM	Muruga: Clear	<i>Sunset:</i> 6:29PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	473242362 Rahu	7:09AM - 8:46AM	Bava Until 6:10AM Tue	Nataraja: Clear		4th Phase		
				Ekadashi Until 5:10PM	Moon - Orange		Devaloka Day		
					Ashada*Adi				

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadashyam Titau		Pynmana, Myanmar Sun 25 Sutra 100	
Vrischika Rasi: 24.53	Tithi 12	Gulika	12:00PM - 1:37PM	Jyeshtha* Until 4:03PM	Ganesh: White	<i>Sunrise:</i> 5:32AM	Vilamba 5120		
		Yama	8:46AM - 10:23AM	Brahma Until 8:44AM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 Rahu	3:14PM - 4:51PM	Bava Until 6:10AM	Nataraja: Clear		4th Phase		
Until 4:03PM				Dvadashi Until 7:12PM	Moon - Orange		Devaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pynmana, Myanmar Sun 26 Sutra 101	
Dhanus Rasi: 6.5	Tithi 13	Gulika	10:23AM - 12:00PM	Mula* Until 7:06PM	Ganesh: Red	<i>Sunrise:</i> 5:32AM	Vilamba 5120		
		Yama	7:09AM - 8:46AM	Indra Until 9:34AM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362 Rahu	12:00PM - 1:37PM	Kaulava Until 8:21AM	Nataraja: Clear		4th Phase		
Until 7:06PM				Trayodashi Until 9:32PM	Moon - Light Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				
					<i>Pradosha Vrata</i>				

6		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Pynmana, Myanmar Sun 27 Sutra 102	
Dhanus Rasi: 18.42	Tithi 14	Gulika	8:46AM - 10:23AM	Purvashadha* Until 10:11PM	Ganesh: Red	<i>Sunrise:</i> 5:32AM	Vilamba 5120		
		Yama	5:32AM - 7:09AM	Vaidhriti* Until 10:33AM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	483342362 Rahu	1:37PM - 3:14PM	Gara Until 10:48AM	Nataraja: Clear		4th Phase		
Until 10:11PM				Chaturdashi* Until 12:04AM Fri	Moon - Light Blue		Sivaloka Day		
Then Routine Work - Marana Yoga					Ashada*Adi				

○		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Pynmana, Myanmar Sun 28 Sutra 103	
Copper Retreat Star		Gulika	7:09AM - 8:46AM	Uttarashadha Until 1:10AM Sat	Ganesh: Red	<i>Sunrise:</i> 5:33AM	Vilamba 5120		
Makara Rasi: 0.3	Tithi 15	Yama	3:14PM - 4:51PM	Vishkambha* Until 11:39AM	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362 Rahu	10:23AM - 12:00PM	Visti Until 1:23PM	Nataraja: Clear		Purnima		
Until 1:10AM Sat				Purnima* Until 2:39AM Sat	Moon - Light Blue		Sivaloka Day		
Then Creative Work - Siddha Yoga					Ashada*Adi				
		Total Lunar Eclipse							
		Satguru Purnima							

○		Saturday, July 28, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Pynmana, Myanmar Sun 29 Sutra 104	
Silver Retreat Star		Gulika	5:33AM - 7:10AM	Shravana Until 4:26AM Sun	Ganesh: Blue	<i>Sunrise:</i> 5:33AM	Vilamba 5120		
Makara Rasi: 12.17	Tithi 16	Yama	1:37PM - 3:14PM	Priti Until 12:47PM	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	493342362 Rahu	8:46AM - 10:23AM	Balava Until 3:57PM	Nataraja: Clear		Prathama		
Until 4:26AM Sun				Prathama* Until 5:11AM Sun	Moon - Purple		Devaloka Day		
Then Routine Work - Marana Yoga					Ashada*Adi				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila Karana Dvitiyayam Titau

Pyinmana, Myanmar
Sutra 105

Makara Rasi: 24.06 Tihti 17

Gulika 3:13PM – 4:50PM
Yama 12:00PM – 1:37PM
493342362 **Rahu** 4:50PM – 6:27PM

Dhanishtha Until 7:21AM Mon
Ayushman Until 1:47PM
Taitila Until 6:24PM
Dvitiya Until 7:32AM Mon

Ganesha: Blue *Sunrise:* 5:33AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 7:21AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 106

Kumbha Rasi: 5.59 Tihti 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:37PM – 3:13PM
Yama 10:23AM – 12:00PM
494342362 **Rahu** 7:10AM – 8:47AM

Dhanishtha Until 7:21AM
Saubhagya Until 2:38PM
Vanija Until 8:37PM
Dvitiya Until 7:32AM

Ganesha: Blue *Sunrise:* 5:33AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Kaulava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar
Sun 2 Sutra 107

Kumbha Rasi: 17.59 Tihti 18 – 19
Routine Work Marana Yoga

Gulika 12:00PM – 1:36PM
Yama 8:47AM – 10:23AM
494342362 **Rahu** 3:13PM – 4:50PM

Shatabhishak Until 9:50AM
Sobhana Until 9:50AM
Kaulava Until 23:54AM Wed
Tritiya Until 9:35AM

Ganesha: Blue *Sunrise:* 5:34AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttarprosthapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 108

Meena Rasi: 0.08 Tihti 19 – 20
Creative Work Amrita Yoga

Gulika 10:23AM – 12:00PM
Yama 7:11AM – 8:47AM
414342362 **Rahu** 12:00PM – 1:36PM

Purvaprossthapada* Until 12:15PM
Athiganda* Until 3:32PM
Kaulava Until 11:54PM
Chaturthi* Until 11:14AM

Ganesha: White *Sunrise:* 5:34AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Until 12:15PM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarprosthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 109

Meena Rasi: 12.28 Tihti 20 – 21
Creative Work Siddha Yoga

Gulika 8:47AM – 10:23AM
Yama 5:34AM – 7:11AM
414342362 **Rahu** 1:36PM – 3:13PM

Uttarprosthapada Until 2:01PM
Sukarma Until 3:25PM
Gara Until 12:47AM Fri
Panchami Until 12:24PM

Ganesha: White *Sunrise:* 5:34AM
Muruga: Clear *Sunset:* 6:25PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 110

Meena Rasi: 25.04 Tihti 21 – 22
Creative Work Siddha Yoga

Gulika 7:11AM – 8:47AM
Yama 3:12PM – 4:49PM
414342362 **Rahu** 10:23AM – 12:00PM

Revati Until 3:04PM
Dhriti Until 2:52PM
Visti Until 1:03AM Sat
Shashthi* Until 12:59PM

Ganesha: White *Sunrise:* 5:35AM
Muruga: Clear *Sunset:* 6:25PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Until 3:04PM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 111

Mesha Rasi: 7.58 Tihti 22 – 23
Creative Work Siddha Yoga

Gulika 5:35AM – 7:11AM
Yama 1:36PM – 3:12PM
424342362 **Rahu** 8:47AM – 10:23AM

Ashvini Until 3:48PM
Shula* Until 1:46PM
Balava Until 12:39AM Sun
Saptami Until 12:55PM

Ganesha: Clear *Sunrise:* 5:35AM
Muruga: Clear *Sunset:* 6:24PM
Nataraja: Clear
Moon – White
Ashada•Adi

Vilamba 5120
Moon 7 - Phase 15
Ashtami

Sivaloka Day

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 112

Mesha Rasi: 21.12 Tihti 23 – 24
Routine Work Prabalarishta Yoga

Gulika 3:12PM – 4:48PM
Yama 12:00PM – 1:36PM
424342362 **Rahu** 4:48PM – 6:24PM

Bharani Until 3:42PM
Ganda* Until 12:08PM
Taitila Until 11:34PM
Ashtami* Until 12:11PM

Ganesha: Clear *Sunrise:* 5:35AM
Muruga: Clear *Sunset:* 6:24PM
Nataraja: Clear
Moon – White
Ashada•Adi

Vilamba 5120
Moon 7 - Phase 15
Navami

Sivaloka Day

Until 3:42PM
Then Creative Work - Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam				Pynmana, Myanmar	
Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 113				Vilamba 5120	
Vrishabha Rasi: 4.49	Tithi 24 – 25	Gulika 1:35PM – 3:12PM	Krittika Until 2:47PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM		
Family Home Evening	424342362	Yama 10:23AM – 11:59AM	Vridhhi Until 9:59AM	Muruga: Clear	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 16	
Routine Work	Marana Yoga	Rahu 7:11AM – 8:47AM	Vanija Until 9:49PM	Nataraja: Clear		2nd Phase	
Until 2:47PM			Navami* Until 10:46AM	Moon – White		Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashada*Adi			

2 Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam				Pynmana, Myanmar	
Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 114				Vilamba 5120	
Vrishabha Rasi: 18.5	Tithi 25 – 26	Gulika 11:59AM – 1:35PM	Rohini Until 1:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM		
	434342362	Yama 8:47AM – 10:23AM	Dhruva Until 7:15AM	Muruga: Clear	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 16	
Creative Work	Amrita Yoga	Rahu 3:11PM – 4:47PM	Bava Until 7:28PM	Nataraja: Clear		2nd Phase	
Until 1:31PM			Dashami Until 8:42AM	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi			

3 Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukstayam				Pynmana, Myanmar	
Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 115				Vilamba 5120	
Mithuna Rasi: 3.16	Tithi 26 – 27	Gulika 10:23AM – 11:59AM	Mrigashira Until 11:34AM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM		
	434342362	Yama 7:12AM – 8:48AM	Harshana Until 12:31AM Thu	Muruga: Clear	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 16	
Creative Work	Siddha Yoga	Rahu 11:59AM – 1:35PM	Taitila Until 2:58AM Thu	Nataraja: Clear		2nd Phase	
Until 1:31PM			Ekadashi* Until 6:04AM	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi			

4 Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukstayam				Pynmana, Myanmar	
Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 116				Vilamba 5120	
Mithuna Rasi: 18.01	Tithi 28	Gulika 8:48AM – 10:23AM	Ardra Until 9:03AM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM		
	434342362	Yama 5:36AM – 7:12AM	Vajra* Until 8:39PM	Muruga: Clear	<i>Sunset:</i> 6:22PM	Moon 7 - Phase 16	
Routine Work	Marana Yoga	Rahu 1:35PM – 3:11PM	Gara Until 1:18PM	Nataraja: Clear		2nd Phase	
Until 9:03AM			Trayodashi* Until 11:32PM	Moon – Yellow		Devaloka Day	
Then Creative Work - Amrita Yoga				Ashada*Adi			
				<i>Pradosha Vrata (Fasting)</i>			

5 Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yukstayam				Pynmana, Myanmar	
Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 117				Vilamba 5120	
Kataka Rasi: 3.01	Tithi 29	Gulika 7:12AM – 8:48AM	Punarvasu Until 6:30AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:36AM		
	444342362	Yama 3:10PM – 4:46PM	Siddhi Until 4:36PM	Muruga: Clear	<i>Sunset:</i> 6:22PM	Moon 7 - Phase 16	
Creative Work	Siddha Yoga	Rahu 10:23AM – 11:59AM	Visti Until 9:46AM	Nataraja: Clear		2nd Phase	
Until 6:30AM			Chaturdashi* Until 7:55PM	Moon – Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Ashada*Adi			

6 Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yukstayam				Pynmana, Myanmar	
Retreat Star		Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 118		Vilamba 5120	
Kataka Rasi: 18.07	Tithi 30 – 1	Gulika 5:37AM – 7:12AM	Ashlesha* Until 12:43AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 5:37AM		
	444342362	Yama 1:34PM – 3:10PM	Vyatipata* Until 12:30PM	Muruga: Clear	<i>Sunset:</i> 6:21PM	Moon 7 - Phase 16	
Routine Work	Marana Yoga	Rahu 8:48AM – 10:23AM	Catuspada Until 6:06AM	Nataraja: Clear		Amavasya	
Until 6:30AM			Amavasya* Until 4:15PM	Moon – Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Ashada*Adi			
				Partial Solar Eclipse			

7 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yukstayam				Pynmana, Myanmar	
Retreat Star		Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14 Sutra 119		Vilamba 5120	
Simha Rasi: 3.13	Tithi 1 – 2	Gulika 3:10PM – 4:45PM	Magha* Until 10:14PM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM		
	455342362	Yama 11:59AM – 1:34PM	Variyan Until 8:28AM	Muruga: Clear	<i>Sunset:</i> 6:20PM	Moon 7 - Phase 16	
Routine Work	Marana Yoga	Rahu 4:45PM – 6:20PM	Balava Until 11:02PM	Nataraja: Clear		Prathama	
Until 10:14PM			Prathama* Until 12:42PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Sravana*Adi			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1		Monday, August 13, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Pynmana, Myanmar	
Simha Rasi: 18.07		Tithi 2 - 3		Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 15		Sutra 120	
Family Home Evening		455342362		Gulika 1:34PM - 3:09PM	Purvaphalguni Until 7:56PM	Ganesh: Clear	<i>Sunrise:</i> 5:37AM	Vilamba 5120	
Creative Work		Siddha Yoga		Yama 10:23AM - 11:58AM	Shiva Until 1:07AM Tue	Muruga: Clear	<i>Sunset:</i> 6:20PM	Moon 7 - Phase 17	
				Rahu 7:12AM - 8:48AM	Taitila Until 7:57PM	Nataraja: Clear		3rd Phase	
					Dvitiya Until 9:25AM	Moon - Red		Sivaloka Day	
						Sravana-Adi			

2		Tuesday, August 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Pynmana, Myanmar	
Kanya Rasi: 2.44		Tithi 3 - 4		Uttaraphalguni Nakshatra Siddha Yoga Gara/Visti* Karana Tritiya/Chaturthiyam Titau		Sun 16		Sutra 121	
Creative Work		Amrita Yoga		Gulika 11:58AM - 1:34PM	Uttaraphalguni Until 6:00PM	Ganesh: Clear	<i>Sunrise:</i> 5:37AM	Vilamba 5120	
Until 6:00PM		455342362		Yama 8:48AM - 10:23AM	Siddha Until 10:02PM	Muruga: Clear	<i>Sunset:</i> 6:19PM	Moon 7 - Phase 17	
Then Creative Work - Siddha Yoga				Rahu 3:09PM - 4:44PM	Visti Until 4:16AM Wed	Nataraja: Clear		3rd Phase	
					Tritiya Until 6:34AM	Moon - Red		Sivaloka Day	
						Sravana-Adi			

3		Wednesday, August 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Pynmana, Myanmar	
Kanya Rasi: 16.57		Tithi 5		Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Sun 17		Sutra 122	
Routine Work		Marana Yoga		Gulika 10:23AM - 11:58AM	Hasta Until 5:00PM	Ganesh: Purple	<i>Sunrise:</i> 5:37AM	Vilamba 5120	
Until 5:00PM		455342362		Yama 7:13AM - 8:48AM	Sadhya Until 7:30PM	Muruga: Clear	<i>Sunset:</i> 6:19PM	Moon 7 - Phase 17	
Then Creative Work - Siddha Yoga				Rahu 11:58AM - 1:33PM	Bava Until 3:23PM	Nataraja: Clear		3rd Phase	
				Nag Panchami	Panchami Until 2:40AM Thu	Moon - Green		Subha Sivaloka Day	
						Sravana-Adi			

4		Thursday, August 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Pynmana, Myanmar	
Tula Rasi: 0.44		Tithi 6		Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava Karana Shashthiyam Titau		Sun 18		Sutra 123	
Creative Work		Siddha Yoga		Gulika 8:48AM - 10:23AM	Chitra Until 4:35PM	Ganesh: Purple	<i>Sunrise:</i> 5:38AM	Vilamba 5120	
Until 4:35PM		455342362		Yama 5:38AM - 7:13AM	Subha Until 5:35PM	Muruga: Clear	<i>Sunset:</i> 6:18PM	Moon 7 - Phase 17	
Then Creative Work - Amrita Yoga				Rahu 1:33PM - 3:08PM	Kaulava Until 2:10PM	Nataraja: Clear		3rd Phase	
					Shashthi* Until 1:50AM Fri	Moon - Green		Subha Sivaloka Day	
						Sravana-Adi			

5		Friday, August 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Pynmana, Myanmar	
Tula Rasi: 14.03		Tithi 7		Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau		Sun 19		Sutra 124	
Creative Work		Siddha Yoga		Gulika 7:13AM - 8:48AM	Svati Until 4:48PM	Ganesh: Purple	<i>Sunrise:</i> 5:38AM	Vilamba 5120	
Until 5:00PM		455342362		Yama 3:08PM - 4:43PM	Sukla Until 4:18PM	Muruga: Clear	<i>Sunset:</i> 6:18PM	Moon 7 - Phase 17	
				Rahu 10:23AM - 11:58AM	Gara Until 1:44PM	Nataraja: Clear		3rd Phase	
					Saptami Until 1:49AM Sat	Moon - Green		Subha Sivaloka Day	
						Sravana-Avani			

6		Saturday, August 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam		Pynmana, Myanmar	
Tula Rasi: 26.57		Tithi 8		Vishakha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 20		Sutra 125	
Creative Work		Siddha Yoga		Gulika 5:38AM - 7:13AM	Vishakha Until 6:07PM	Ganesh: Purple	<i>Sunrise:</i> 5:38AM	Vilamba 5120	
Until 5:00PM		575342362		Yama 1:32PM - 3:07PM	Brahma Until 3:39PM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 7 - Phase 17	
				Rahu 8:48AM - 10:23AM	Visti Until 2:08PM	Nataraja: Clear		Ashtami	
					Ashtami* Until 2:35AM Sun	Moon - Orange		Subha Sivaloka Day	
						Sravana-Avani			

7		Sunday, August 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Pynmana, Myanmar	
Vrischika Rasi: 9.29		Tithi 9		Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 21		Sutra 126	
Routine Work		Marana Yoga		Gulika 3:07PM - 4:42PM	Anuradha Until 8:00PM	Ganesh: Clear	<i>Sunrise:</i> 5:38AM	Vilamba 5120	
Until 5:00PM		575442362		Yama 11:57AM - 1:32PM	Indra Until 3:36PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 7 - Phase 17	
				Rahu 4:42PM - 6:16PM	Balava Until 3:16PM	Nataraja: Clear		Navami	
					Navami* Until 4:03AM Mon	Moon - Orange		Sivaloka Day	
						Sravana-Avani			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Pynmana, Myanmar Sun 22 Sutra 127 Vilamba 5120	
1 Vrischika Rasi: 21.43 Family Home Evening Creative Work Siddha Yoga	Tithi 10 586442362	Gulika	1:32PM – 3:06PM	Jyeshtha* Until 10:18PM	Ganesh: Clear	Sunrise: 5:38AM	
		Yama	10:22AM – 11:57AM	Vaidhriti* Until 4:00PM	Muruga: Clear	Sunset: 6:16PM	Moon 7 - Phase 18
		Rahu	7:13AM – 8:48AM	Tailila Until 5:02PM	Nataraja: Clear		4th Phase
				Dashami Until 6:05AM Tue	Moon – Orange Sivaloka Day Sravana-Avani		

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pynmana, Myanmar Sun 23 Sutra 128 Vilamba 5120	
2 Dhanus Rasi: 3.45 Family Home Evening Creative Work Amrita Yoga	Tithi 10 – 11 586442362	Gulika	11:57AM – 1:31PM	Mula* Until 1:20AM Wed	Ganesh: Clear	Sunrise: 5:39AM	
		Yama	8:48AM – 10:22AM	Vishkambha* Until 4:47PM	Muruga: Clear	Sunset: 6:15PM	Moon 7 - Phase 18
		Rahu	3:06PM – 4:40PM	Vanija Until 7:16PM	Nataraja: Clear		4th Phase
				Dashami Until 6:05AM	Moon – Light Blue Sivaloka Day Sravana-Avani		

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pynmana, Myanmar Sun 24 Sutra 129 Vilamba 5120	
3 Dhanus Rasi: 15.37 Family Home Evening Creative Work Amrita Yoga Until 4:26AM Thu Then Routine Work - Marana Yoga	Tithi 11 – 12 586442362	Gulika	10:22AM – 11:57AM	Purvashadha* Until 4:26AM Thu	Ganesh: Clear	Sunrise: 5:39AM	
		Yama	7:13AM – 8:48AM	Priti Until 5:49PM	Muruga: Clear	Sunset: 6:14PM	Moon 7 - Phase 18
		Rahu	11:57AM – 1:31PM	Bava Until 9:47PM	Nataraja: Clear		4th Phase
				Ekadashi Until 8:29AM	Moon – Light Blue Sivaloka Day Sravana-Avani		

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pynmana, Myanmar Sun 25 Sutra 130 Vilamba 5120	
4 Dhanus Rasi: 27.25 Family Home Evening Routine Work Marana Yoga	Tithi 12 – 13 586442362	Gulika	8:48AM – 10:22AM	Uttarashadha Until 7:25AM Fri	Ganesh: Clear	Sunrise: 5:39AM	
		Yama	5:39AM – 7:13AM	Ayushman Until 6:53PM	Muruga: Clear	Sunset: 6:14PM	Moon 7 - Phase 18
		Rahu	1:31PM – 3:05PM	Kaulava Until 12:24AM Fri	Nataraja: Clear		4th Phase
				Dvadashi Until 11:04AM	Moon – Light Blue Sivaloka Day Sravana-Avani		
<i>Pradosha Vrata</i>							

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 26 Sutra 131 Vilamba 5120	
5 Makara Rasi: 9.13 Family Home Evening Routine Work Marana Yoga	Tithi 13 – 14 586442362	Gulika	7:13AM – 8:48AM	Uttarashadha Until 7:25AM	Ganesh: Clear	Sunrise: 5:39AM	
		Yama	3:04PM – 4:39PM	Saubhagya Until 7:57PM	Muruga: Clear	Sunset: 6:13PM	Moon 7 - Phase 18
		Rahu	10:22AM – 11:56AM	Gara Until 2:56AM Sat	Nataraja: Clear		4th Phase
				Trayodashi Until 1:40PM	Moon – Light Blue Sivaloka Day Sravana-Avani		
				Chidambaram Abhishekam			

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pynmana, Myanmar Sun 27 Sutra 132 Vilamba 5120	
6 Makara Rasi: 21.02 Family Home Evening Creative Work Siddha Yoga	Tithi 14 – 15 596442362	Gulika	5:39AM – 7:13AM	Shravana Until 10:37AM	Ganesh: White	Sunrise: 5:39AM	
		Yama	1:30PM – 3:04PM	Sobhana Until 8:54PM	Muruga: Clear	Sunset: 6:12PM	Moon 7 - Phase 18
		Rahu	8:48AM – 10:22AM	Visti Until 5:16AM Sun	Nataraja: Clear		4th Phase
				Chaturdashi* Until 4:07PM	Moon – Purple Subha Sivaloka Day Sravana-Avani		
				Avani Avittam			

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava Karana Purnimayam Titau				Pynmana, Myanmar Sutra 133 Vilamba 5120	
O Kumbha Rasi: 2.57 Family Home Evening Routine Work Marana Yoga Until 1:25PM Then Creative Work - Siddha Yoga	Tithi 15 596442362	Gulika	3:04PM – 4:38PM	Dhanishtha Until 1:25PM	Ganesh: White	Sunrise: 5:39AM	
		Yama	11:55AM – 1:29PM	Athiganda* Until 9:35PM	Muruga: Clear	Sunset: 6:12PM	Moon 7 - Phase 18
		Rahu	4:38PM – 6:12PM	Bava Until 6:17PM	Nataraja: Clear		Purnima
				Purnima* Until 6:17PM	Moon – Purple Subha Sivaloka Day Sravana-Avani		
				Raksha Bandhan			

Monday, August 27, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashrothapada* Nakshatra Sukarma Yoga Balava/Tailila Karana Prathamayam Titau				Pynmana, Myanmar Sutra 134 Vilamba 5120	
Kumbha Rasi: 14.59 Family Home Evening Creative Work Siddha Yoga Until 3:43PM Then Routine Work - Marana Yoga	Tithi 16 596442362	Gulika	1:29PM – 3:03PM	Shatabhishak Until 3:43PM	Ganesh: White	Sunrise: 5:40AM	
		Yama	10:21AM – 11:55AM	Sukarma Until 3:43PM	Muruga: Clear	Sunset: 6:11PM	Moon 7 - Phase 18
		Rahu	7:13AM – 8:47AM	Balava Until 7:16AM	Nataraja: Clear		Prathama
				Prathama* Until 8:06PM	Moon – Purple Subha Sivaloka Day Sravana-Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 135

Vilamba 5120

Kumbha Rasi: 27.11 Tiithi 17

517442363

Gulika 11:55AM - 1:29PM
Yama 8:47AM - 10:21AM
Rahu 3:02PM - 4:36PM

Purvaprosarthapada* Until 5:57PM
Dhriti Until 10:08PM
Tailila Until 8:53AM
Dvitiya Until 9:30PM

Ganesha: Clear Sunrise: 5:40AM
Muruga: Clear Sunset: 6:10PM
Nataraja: Purple
Moon - Clear

Devaloka Day

Routine Work Marana Yoga

Until 5:57PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprosarthapada Nakshatra Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Pyinmana, Myanmar

Sun 2 Sutra 136

Vilamba 5120

Meena Rasi: 9.33 Tiithi 18

517452363

Gulika 10:21AM - 11:55AM
Yama 7:14AM - 8:47AM
Rahu 11:55AM - 1:28PM

Uttaraprosarthapada Until 7:36PM
Shula* Until 9:52PM
Vanija Until 10:04AM
Tritiya Until 10:28PM

Ganesha: Clear Sunrise: 5:40AM
Muruga: Purple Sunset: 6:09PM
Nataraja: Purple
Moon - Clear

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:36PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 137

Vilamba 5120

Meena Rasi: 22.08 Tiithi 19

517452363

Gulika 8:47AM - 10:21AM
Yama 5:40AM - 7:14AM
Rahu 1:28PM - 3:01PM

Revati Until 8:39PM
Ganda* Until 9:16PM
Bava Until 10:48AM
Chaturthi* Until 10:59PM

Ganesha: Clear Sunrise: 5:40AM
Muruga: Purple Sunset: 6:09PM
Nataraja: Purple
Moon - Clear

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 8:39PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 138

Vilamba 5120

Mesha Rasi: 4.55 Tiithi 20

527452363

Gulika 7:14AM - 8:47AM
Yama 3:01PM - 4:34PM
Rahu 10:21AM - 11:54AM

Ashvini Until 9:34PM
Vriddhi Until 8:19PM
Kaulava Until 11:05AM
Panchami Until 11:01PM

Ganesha: Purple Sunrise: 5:40AM
Muruga: Purple Sunset: 6:08PM
Nataraja: Purple
Moon - White

Bhuloka Day

Sravana-Avani

Creative Work Amrita Yoga

Until 9:34PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 139

Vilamba 5120

Mesha Rasi: 17.56 Tiithi 21

527452363

Gulika 5:40AM - 7:14AM
Yama 1:27PM - 3:00PM
Rahu 8:47AM - 10:20AM

Bharani Until 9:50PM
Dhruva Until 6:58PM
Gara Until 10:53AM
Shashthi* Until 10:35PM

Ganesha: Purple Sunrise: 5:40AM
Muruga: Purple Sunset: 6:07PM
Nataraja: Purple
Moon - White

Bhuloka Day

Sravana-Avani

Creative Work Siddha Yoga

Until 9:50PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Kritika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 140

Vilamba 5120

Vrisabha Rasi: 1.12 Tiithi 22

527452363

Gulika 3:00PM - 4:33PM
Yama 11:53AM - 1:27PM
Rahu 4:33PM - 6:06PM

Krittika Until 8:11PM Mon
Vyaghata* Until 5:13PM
Visti Until 10:11AM
Saptami Until 9:38PM

Ganesha: Purple Sunrise: 5:40AM
Muruga: Purple Sunset: 6:06PM
Nataraja: Purple
Moon - White

Bhuloka Day

Sravana-Avani

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 141

Vilamba 5120

Vrisabha Rasi: 14.45 Tiithi 23

537452363

Gulika 1:26PM - 2:59PM
Yama 10:20AM - 11:53AM
Rahu 7:14AM - 8:47AM

Krittika Until 8:11PM
Harshana Until 12:30AM Tue
Balava Until 8:59AM
Ashtami* Until 8:11PM

Ganesha: Clear Sunrise: 5:40AM
Muruga: Purple Sunset: 6:06PM
Nataraja: Purple
Moon - Yellow

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Sravana-Avani

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Navamyam Titau

Pyinmana, Myanmar

Sun 8 Sutra 142

Vilamba 5120

Vrisabha Rasi: 28.37 Tiithi 24

538452363

Gulika 11:53AM - 1:26PM
Yama 8:47AM - 10:20AM
Rahu 2:59PM - 4:32PM

Mrigashira Until 7:42PM
Vajra* Until 12:30PM
Tailila Until 7:18AM
Navami* Until 6:15PM

Ganesha: White Sunrise: 5:41AM
Muruga: Purple Sunset: 6:05PM
Nataraja: Purple
Moon - Yellow

Devaloka Day

Sravana-Avani

Creative Work Siddha Yoga

Until 7:42PM

Then Routine Work - Marana Yoga


1		Wednesday, September 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatiyata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Pinyinmana, Myanmar Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 12.46	Tithi 25 – 26	Gulika	10:19AM – 11:52AM	Ardra Until 5:55PM	Ganesh: White	<i>Sunrise:</i> 5:41AM			
		Yama	7:14AM – 8:47AM	Siddhi Until 9:34AM	Muruga: Purple	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 20		
Creative Work	Siddha Yoga	548452363	Rahu	11:52AM – 1:25PM	Nataraja: Purple		2nd Phase		
				Bava Until 2:31AM Thu	Moon – Yellow		Devaloka Day		
				Dashami Until 3:51PM	Sravana-Avani				

2		Thursday, September 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Pinyinmana, Myanmar Sun 10 Sutra 144 Vilamba 5120	
Mithuna Rasi: 27.13	Tithi 26 – 27	Gulika	8:46AM – 10:19AM	Punarvasu Until 4:01PM	Ganesh: Yellow	<i>Sunrise:</i> 5:41AM			
		Yama	5:41AM – 7:14AM	Vyatipata* Until 6:18AM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20		
Creative Work	Amrita Yoga	548452363	Rahu	1:25PM – 2:58PM	Nataraja: Purple		2nd Phase		
				Kaulava Until 11:35PM	Moon – Blue		Bhuloka Day		
				Ekadashi* Until 1:04PM	Sravana-Avani		Devaloka Time: 9:AM to12:PM		

3		Friday, September 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Pinyinmana, Myanmar Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 11.54	Tithi 27 – 28	Gulika	7:14AM – 8:46AM	Pushya Until 1:42PM	Ganesh: Yellow	<i>Sunrise:</i> 5:41AM			
		Yama	2:57PM – 4:30PM	Parigha* Until 11:01PM	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20		
Routine Work	Marana Yoga	548452363	Rahu	10:19AM – 11:52AM	Nataraja: Purple		2nd Phase		
				Gara Until 8:25PM	Moon – Blue		Bhuloka Day		
				Dvadashi* Until 10:00AM	Sravana-Avani		Devaloka Time: 9:AM to12:PM		

Pradosha Vrata (Fasting)

4		Saturday, September 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau		Pinyinmana, Myanmar Sun 12 Sutra 146 Vilamba 5120	
Kataka Rasi: 26.44	Tithi 28 – 29	Gulika	5:41AM – 7:14AM	Ashlesha* Until 11:07AM	Ganesh: Yellow	<i>Sunrise:</i> 5:41AM			
		Yama	1:24PM – 2:57PM	Shiva Until 7:14PM	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20		
Routine Work	Marana Yoga	548452363	Rahu	8:46AM – 10:19AM	Nataraja: Purple		2nd Phase		
Until 11:07AM				Sakuni Until 3:29AM Sun	Moon – Blue		Bhuloka Day		
Then Creative Work - Amrita Yoga				Trayodashi* Until 6:46AM	Sravana-Avani		Devaloka Time: 9:AM to12:PM		

		Sunday, September 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pinyinmana, Myanmar Sun 13 Sutra 147 Vilamba 5120	
Retreat Star		Gulika	2:56PM – 4:28PM	Magha* Until 8:46AM	Ganesh: Red	<i>Sunrise:</i> 5:41AM			
Simha Rasi: 11.37	Tithi 30	Yama	11:51AM – 1:23PM	Siddha Until 3:27PM	Muruga: Purple	<i>Sunset:</i> 6:01PM	Moon 8 - Phase 20		
Routine Work	Marana Yoga	548452363	Rahu	4:28PM – 6:01PM	Nataraja: Purple		Amavasya		
Until 8:46AM				Catuspada Until 1:53PM	Moon – Red		Bhuloka Day		
Then Creative Work - Siddha Yoga				Amavasya* Until 12:18AM Mon	Sravana-Avani		Devaloka Time: 9:AM to12:PM		

Grandparent's Day

Monday, September 10, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Pinyinmana, Myanmar Sun 14 Sutra 148 Vilamba 5120	
Simha Rasi: 26.23	Tithi 1	Gulika	1:23PM – 2:55PM	Purvaphalguni Until 6:26AM	Ganesh: Red	<i>Sunrise:</i> 5:41AM			
Family Home Evening		Yama	10:18AM – 11:51AM	Sadhya Until 11:50AM	Muruga: Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 20		
Creative Work	Siddha Yoga	548452363	Rahu	7:14AM – 8:46AM	Nataraja: Purple		Prathama		
				Kintughna Until 10:49AM	Moon – Red		Bhuloka Day		
				Prathama* Until 9:22PM	Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pynmana, Myanmar Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 10.56	Tithi 2	Gulika 11:50AM – 1:23PM	Hasta Until 2:51AM Wed	Ganesh: Blue Sunrise: 5:41AM		
			Yama 8:46AM – 10:18AM	Subha Until 8:32AM	Muruga: Purple Sunset: 5:59PM	Moon 8 - Phase 21	
	Creative Work	Siddha Yoga	569452363 Rahu 2:55PM – 4:27PM	Balava Until 8:04AM Dvitiya Until 6:52PM	Nataraja: Purple Moon – Green	3rd Phase	Bhuloka Day Bhadrapada-Avani

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Pynmana, Myanmar Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 25.1	Tithi 3 – 4	Gulika 10:18AM – 11:50AM	Chitra Until 1:53AM Thu	Ganesh: Blue Sunrise: 5:41AM		
			Yama 7:14AM – 8:46AM	Brahma Until 3:11AM Thu	Muruga: Purple Sunset: 5:58PM	Moon 8 - Phase 21	
	Creative Work	Siddha Yoga	569452363 Rahu 11:50AM – 1:22PM	Vanija Until 4:12AM Thu Tritiya Until 4:55PM	Nataraja: Purple Moon – Green	3rd Phase	Bhuloka Day Bhadrapada-Avani

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Pynmana, Myanmar Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 8.59	Tithi 4 – 5	Gulika 8:46AM – 10:18AM	Svati Until 3:11PM Fri	Ganesh: Blue Sunrise: 5:42AM		
			Yama 5:42AM – 7:14AM	Indra Until 1:22AM Fri	Muruga: Purple Sunset: 5:58PM	Moon 8 - Phase 21	
	Creative Work	Amrita Yoga	569452363 Rahu 1:22PM – 2:54PM	Bava Until 3:20AM Fri Chaturthi* Until 3:39PM	Nataraja: Purple Moon – Green	3rd Phase	Bhuloka Day Bhadrapada-Avani

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Pynmana, Myanmar Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 22.23	Tithi 5 – 6	Gulika 7:14AM – 8:45AM	Svati Until 3:11PM	Ganesh: White Sunrise: 5:42AM		
			Yama 2:53PM – 4:25PM	Vaidhriti* Until 23:40AM Sat	Muruga: Purple Sunset: 5:57PM	Moon 8 - Phase 21	
	Creative Work	Siddha Yoga	579552363 Rahu 10:17AM – 11:49AM	Kaulava Until 3:17AM Sat Panchami Until 3:11PM	Nataraja: Purple Moon – Orange	3rd Phase	Devaloka Day Bhadrapada-Avani

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Pynmana, Myanmar Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 5.2	Tithi 6 – 7	Gulika 5:42AM – 7:14AM	Anuradha Until 3:36AM Sun	Ganesh: White Sunrise: 5:42AM		
			Yama 1:21PM – 2:52PM	Vishkambha* Until 11:40PM	Muruga: Purple Sunset: 5:56PM	Moon 8 - Phase 21	
	Creative Work	Siddha Yoga	579552363 Rahu 8:45AM – 10:17AM	Gara Until 4:04AM Sun Shashthi* Until 3:33PM	Nataraja: Purple Moon – Orange	3rd Phase	Devaloka Day Bhadrapada-Avani

6	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Pynmana, Myanmar Sun 20 Sutra 154 Vilamba 5120
	Vrischika Rasi: 17.53	Tithi 7 – 8	Gulika 2:52PM – 4:24PM	Jyeshtha* Until 5:32AM Mon	Ganesh: White Sunrise: 5:42AM		
			Yama 11:49AM – 1:20PM	Priti Until 11:45PM	Muruga: Purple Sunset: 5:55PM	Moon 8 - Phase 21	
	Routine Work	Marana Yoga	579552363 Rahu 4:24PM – 5:55PM	Visti Until 5:35AM Mon Saptami Until 4:43PM	Nataraja: Purple Moon – Orange	3rd Phase	Devaloka Day Bhadrapada-Avani

M	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava Karana Ashtamyam Titau				Pynmana, Myanmar Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 1:20PM – 2:51PM	Mula* Until 8:22AM Tue	Ganesh: Clear Sunrise: 5:42AM		
	Dhanus Rasi: 0.08	Tithi 8	Yama 10:17AM – 11:48AM	Ayushman Until 12:17AM Tue	Muruga: Purple Sunset: 5:54PM	Moon 8 - Phase 21	
	Family Home Evening	Creative Work	589552363 Rahu 7:14AM – 8:45AM	Bava Until 6:34PM Ashtami* Until 6:34PM	Nataraja: Purple Moon – Light Blue	Ashtami	Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 9:AM to 12:PM

M	Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Pynmana, Myanmar Sun 22 Sutra 156 Vilamba 5120
	Retreat Star		Gulika 11:48AM – 1:19PM	Mula* Until 8:22AM	Ganesh: Clear Sunrise: 5:42AM		
	Dhanus Rasi: 12.08	Tithi 9	Yama 8:45AM – 10:16AM	Saubhagya Until 1:10AM Wed	Muruga: Purple Sunset: 5:54PM	Moon 8 - Phase 21	
	Creative Work	Amrita Yoga	581552363 Rahu 2:51PM – 4:22PM	Balava Until 7:42AM Navami* Until 8:54PM	Nataraja: Purple Moon – Light Blue	Navami	Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 9:AM to 12:PM

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau		Pynmana, Myanmar Sun 23 Sutra 157 Vilamba 5120	
Dhanus Rasi: 24	Tithi 10	Gulika	10:16AM – 11:47AM	Purvashadha* Until 11:24AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	
		Yama	7:14AM – 8:45AM	Sobhana Until 2:14AM Thu	Muruga: Purple	<i>Sunset:</i> 5:53PM	Moon 8 - Phase 22
		581552363 Rahu	11:47AM – 1:19PM	Tailila Until 10:12AM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga			Dashami Until 11:30PM	Moon – Light Blue		Bhuloka Day
					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

2		Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Pynmana, Myanmar Sun 24 Sutra 158 Vilamba 5120	
Makara Rasi: 5.47	Tithi 11	Gulika	8:45AM – 10:16AM	Uttarashadha Until 2:22PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	
		Yama	5:42AM – 7:14AM	Athiganda* Until 3:16AM Fri	Muruga: Purple	<i>Sunset:</i> 5:52PM	Moon 8 - Phase 22
		581552363 Rahu	1:18PM – 2:50PM	Vanija Until 12:50PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Ekadashi Until 2:06AM Fri	Moon – Light Blue		Bhuloka Day
Until 2:22PM					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

3		Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau		Pynmana, Myanmar Sun 25 Sutra 159 Vilamba 5120	
Makara Rasi: 17.36	Tithi 12	Gulika	7:14AM – 8:45AM	Shravana Until 6:34AM Sun Sat	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	
		Yama	2:49PM – 4:20PM	Sukarma Until 4:09AM Sat	Muruga: Purple	<i>Sunset:</i> 5:51PM	Moon 8 - Phase 22
		591552363 Rahu	10:16AM – 11:47AM	Bava Until 3:22PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Dvadashi Until 4:31AM Sat	Moon – Purple		Devaloka Day
Until 6:34AM Sun Sat					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							

4		Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau		Pynmana, Myanmar Sun 26 Sutra 160 Vilamba 5120	
Makara Rasi: 29.29	Tithi 13	Gulika	5:43AM – 7:13AM	Shravana Until 6:34AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:43AM	
		Yama	1:17PM – 2:48PM	Dhriti Until 4:46AM Sun	Muruga: Purple	<i>Sunset:</i> 5:50PM	Moon 8 - Phase 22
		591552363 Rahu	8:44AM – 10:15AM	Kaulava Until 5:37PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 6:34AM Sun	Moon – Purple		Devaloka Day
					Bhadrapada-Puratasi		
					<i>Pradosha Vrata</i>		

5		Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Pynmana, Myanmar Sun 27 Sutra 161 Vilamba 5120	
Kumbha Rasi: 11.32	Tithi 13 – 14	Gulika	2:48PM – 4:19PM	Shatabhishak Until 10:29PM	Ganesha: Purple	<i>Sunrise:</i> 5:43AM	
		Yama	11:46AM – 1:17PM	Shula* Until 5:00AM Mon	Muruga: Purple	<i>Sunset:</i> 5:50PM	Moon 8 - Phase 22
		591552363 Rahu	4:19PM – 5:50PM	Gara Until 7:27PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 6:34AM	Moon – Purple		Devaloka Day
					Bhadrapada-Puratasi		

○		Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Pynmana, Myanmar Sutra 162 Vilamba 5120	
Copper Retreat Star		Gulika	1:16PM – 2:47PM	Purvaproshtapada* Until 12:29AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:43AM	
Kumbha Rasi: 23.46	Tithi 14 – 15	Yama	10:15AM – 11:46AM	Ganda* Until 4:52AM Tue	Muruga: Purple	<i>Sunset:</i> 5:49PM	Moon 8 - Phase 22
Family Home Evening		511552363 Rahu	7:13AM – 8:44AM	Visti Until 8:46PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga			Chaturdashi* Until 8:09AM	Moon – Clear		Devaloka Day
Until 12:29AM Tue					Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga							

○		Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Pynmana, Myanmar Sutra 163 Vilamba 5120	
Silver Retreat Star		Gulika	11:45AM – 1:16PM	Uttaraproshtapada Until 1:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:43AM	
Meena Rasi: 6.12	Tithi 15 – 16	Yama	8:44AM – 10:15AM	Vriddhi Until 4:20AM Wed	Muruga: Purple	<i>Sunset:</i> 5:48PM	Moon 8 - Phase 22
		511552363 Rahu	2:47PM – 4:17PM	Balava Until 9:34PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga			Purnima* Until 9:13AM	Moon – Clear		Devaloka Day
Until 1:49AM Wed					Bhadrapada-Puratasi		
Then Routine Work - Marana Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar

Sutra 164

Meena Rasi: 18.53 Tihi 16 – 17

Gulika 10:15AM – 11:45AM

Revati Until 2:32AM Thu

Ganesh: Purple Sunrise: 5:43AM

Vilamba 5120

Yama 7:13AM – 8:44AM

Dhruva Until 3:24AM Thu

Muruga: Purple Sunset: 5:47PM

Moon 9 - Phase 23

511552363 Rahu 11:45AM – 1:16PM

Taitila Until 9:53PM

Nataraja: Purple

1st Phase

Routine Work Marana Yoga

Prathama* Until 9:46AM

Moon – Clear
Bhadrapada-Puratasi

Devaloka Day

Until 2:32AM Thu

Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 165

Mesha Rasi: 1.47 Tihi 17 – 18

Gulika 8:44AM – 10:14AM

Ashvini Until 3:08AM Fri

Ganesh: Clear Sunrise: 5:43AM

Vilamba 5120

Yama 5:43AM – 7:13AM

Vyaghata* Until 2:09AM Fri

Muruga: Purple Sunset: 5:46PM

Moon 9 - Phase 23

521552363 Rahu 1:15PM – 2:45PM

Vanija Until 9:46PM

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Dvitiya Until 9:51AM

Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Until 3:08AM Fri

Devaloka Time: 9:AM to 12:PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar

Sun 2 Sutra 166

Mesha Rasi: 14.53 Tihi 18 – 19

Gulika 7:13AM – 8:44AM

Bharani Until 3:13AM Sat

Ganesh: Purple Sunrise: 5:43AM

Vilamba 5120

Yama 2:45PM – 4:15PM

Harshana Until 12:37AM Sat

Muruga: Purple Sunset: 5:46PM

Moon 9 - Phase 23

621552363 Rahu 10:14AM – 11:44AM

Bava Until 9:15PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Tritiya Until 9:32AM

Moon – White
Bhadrapada-Puratasi

Devaloka Day

Until 3:13AM Sat

Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Kritika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 167

Mesha Rasi: 28.12 Tihi 19 – 20

Gulika 5:43AM – 7:14AM

Krittika Until 2:50AM Sun

Ganesh: Clear Sunrise: 5:43AM

Vilamba 5120

Yama 1:14PM – 2:44PM

Vajra* Until 10:47PM

Muruga: Purple Sunset: 5:45PM

Moon 9 - Phase 23

622552363 Rahu 8:44AM – 10:14AM

Kaulava Until 8:24PM

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Chaturthi* Until 8:51AM

Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Until 2:50AM Sun

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 168

Vrishabha Rasi: 11.41 Tihi 20 – 21

Gulika 2:44PM – 4:14PM

Rohini Until 2:27AM Mon

Ganesh: Purple Sunrise: 5:43AM

Vilamba 5120

Yama 11:44AM – 1:14PM

Siddhi Until 8:44PM

Muruga: Purple Sunset: 5:44PM

Moon 9 - Phase 23

632552363 Rahu 4:14PM – 5:44PM

Gara Until 7:15PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Panchami Until 7:51AM

Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 2:27AM Mon

Then Creative Work - Amrita Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyatipata* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 169

Vrishabha Rasi: 25.21 Tihi 21 – 22

Gulika 1:13PM – 2:43PM

Mrigashira Until 1:39AM Tue

Ganesh: Purple Sunrise: 5:44AM

Vilamba 5120

Yama 10:13AM – 11:43AM

Vyatipata* Until 6:27PM

Muruga: Purple Sunset: 5:43PM

Moon 9 - Phase 23

Family Home Evening

632552363 Rahu 7:14AM – 8:43AM

Bava Until 4:58AM Tue

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Shashthi* Until 6:33AM

Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 1:39AM Tue

Then Routine Work - Marana Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 170

Mithuna Rasi: 9.11 Tihi 23

Gulika 11:43AM – 1:13PM

Ardra Until 12:25AM Wed

Ganesh: Purple Sunrise: 5:44AM

Vilamba 5120

Yama 8:43AM – 10:13AM

Variyan Until 3:56PM

Muruga: Purple Sunset: 5:42PM

Moon 9 - Phase 23

632552363 Rahu 2:43PM – 4:13PM

Balava Until 4:06PM

Nataraja: Purple

Ashtami

Routine Work Marana Yoga

Ashtami* Until 3:07AM Wed

Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 12:25AM Wed

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 171

Mithuna Rasi: 23.11 Tihi 24

Gulika 10:13AM – 11:43AM

Punarvasu Until 11:12PM

Ganesh: Clear Sunrise: 5:44AM

Vilamba 5120

Yama 7:14AM – 8:43AM

Parigha* Until 1:12PM

Muruga: Purple Sunset: 5:42PM

Moon 9 - Phase 23

642552363 Rahu 11:43AM – 1:12PM

Taitila Until 2:07PM

Nataraja: Purple

Navami

Creative Work Siddha Yoga

Navami* Until 1:00AM Thu

Moon – Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1 Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Pyinmana, Myanmar Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 7.21	Tithi 25	Gulika 8:43AM – 10:13AM	Pushya Until 9:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	
		Yama 5:44AM – 7:14AM	Shiva Until 10:16AM	Muruga: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 24
		642552363 Rahu 1:12PM – 2:42PM	Vanija Until 11:53AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 10:39PM	Moon – Blue		Bhuloka Day
Until 9:37PM				Bhadrapada-Puratasi		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

2 Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 21.4	Tithi 26	Gulika 7:14AM – 8:43AM	Ashlesha* Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	
		Yama 2:41PM – 4:11PM	Siddha Until 7:08AM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24
		642552363 Rahu 10:13AM – 11:42AM	Bava Until 6:50AM Sat	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 10:16AM	Moon – Blue		Bhuloka Day
				Bhadrapada-Puratasi		Devaloka Time: 6:AM to 9:AM

3 Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 6.06	Tithi 27 – 28	Gulika 5:44AM – 7:14AM	Magha* Until 5:58PM	Ganesha: White	<i>Sunrise:</i> 5:44AM	
		Yama 1:11PM – 2:41PM	Subha Until 5:58PM	Muruga: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 24
		652552363 Rahu 8:43AM – 10:12AM	Kaulava Until 6:50AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 5:29PM	Moon – Red		Bhuloka Day
Until 5:58PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 20.35	Tithi 28 – 29	Gulika 2:40PM – 4:09PM	Purvaphalguni Until 4:05PM	Ganesha: White	<i>Sunrise:</i> 5:44AM	
		Yama 11:42AM – 1:11PM	Sukla Until 9:19PM	Muruga: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 24
		652552363 Rahu 4:09PM – 5:39PM	Visti Until 1:35AM Mon	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 2:51PM	Moon – Red		Bhuloka Day
Until 4:05PM				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pyinmana, Myanmar Sun 12 Sutra 176 Vilamba 5120
Retreat Star		Gulika 1:10PM – 2:40PM	Uttaraphalguni Until 2:11PM	Ganesha: White	<i>Sunrise:</i> 5:45AM	
Kanya Rasi: 5.01	Tithi 29 – 30	Yama 10:12AM – 11:41AM	Brahma Until 6:10PM	Muruga: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24
Family Home Evening		652552364 Rahu 7:14AM – 8:43AM	Catuspada Until 11:10PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 12:20PM	Moon – Red		Bhuloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM

Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pyinmana, Myanmar Sun 13 Sutra 177 Vilamba 5120
Retreat Star		Gulika 11:41AM – 1:10PM	Hasta Until 12:50PM	Ganesha: Red	<i>Sunrise:</i> 5:45AM	
Kanya Rasi: 19.17	Tithi 30 – 1	Yama 8:43AM – 10:12AM	Indra Until 3:17PM	Muruga: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24
		662652364 Rahu 2:39PM – 4:08PM	Kintughna Until 9:06PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 10:04AM	Moon – Green		Devaloka Day
		Navaratri Begins		Ashvina-Puratasi		

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pynmana, Myanmar Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 3.19	Titthi 1 – 2	Gulika	10:12AM – 11:41AM	Chitra Until 11:46AM	Ganesh: Red	Sunrise: 5:45AM	
		Yama	7:14AM – 8:43AM	Vaidhriti* Until 12:43PM	Muruga: Purple	Sunset: 5:36PM	Moon 9 - Phase 25
		662652364 Rahu	11:41AM – 1:10PM	Balava Until 7:30PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Prathama* Until 8:12AM	Moon – Green		Devaloka Day
					Ashvina•Puratasi		

2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pynmana, Myanmar Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 17.02	Titthi 2 – 3	Gulika	8:43AM – 10:12AM	Svati Until 11:07AM	Ganesh: Red	Sunrise: 5:45AM	
		Yama	5:45AM – 7:14AM	Vishkambha* Until 10:37AM	Muruga: Purple	Sunset: 5:36PM	Moon 9 - Phase 25
		662652364 Rahu	1:09PM – 2:38PM	Taitila Until 6:30PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Dvitiya Until 6:54AM	Moon – Green		Devaloka Day
Until 11:07AM					Ashvina•Puratasi		
Then Creative Work - Siddha Yoga							

3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Pynmana, Myanmar Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 0.22	Titthi 3 – 4	Gulika	7:14AM – 8:43AM	Vishakha Until 11:26AM	Ganesh: White	Sunrise: 5:45AM	
		Yama	2:38PM – 4:06PM	Priti Until 9:05AM	Muruga: Purple	Sunset: 5:35PM	Moon 9 - Phase 25
		673652364 Rahu	10:11AM – 11:40AM	Vanija Until 6:14PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 6:15AM	Moon – Orange		Bhuloka Day
					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM

4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Pynmana, Myanmar Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 13.17	Titthi 4 – 5	Gulika	5:46AM – 7:14AM	Anuradha Until 12:21PM	Ganesh: White	Sunrise: 5:46AM	
		Yama	1:08PM – 2:37PM	Ayushman Until 8:07AM	Muruga: Purple	Sunset: 5:34PM	Moon 9 - Phase 25
		673652364 Rahu	8:43AM – 10:11AM	Bava Until 6:45PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 6:22AM	Moon – Orange		Bhuloka Day
					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM

5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Pynmana, Myanmar Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 25.52	Titthi 5 – 6	Gulika	2:37PM – 4:06PM	Jyeshtha* Until 1:51PM	Ganesh: White	Sunrise: 5:46AM	
		Yama	11:40AM – 1:08PM	Saubhagya Until 7:46AM	Muruga: Purple	Sunset: 5:34PM	Moon 9 - Phase 25
		673652364 Rahu	4:05PM – 5:34PM	Kaulava Until 8:01PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga			Panchami Until 7:16AM	Moon – Orange		Bhuloka Day
Until 1:51PM					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga							

6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Pynmana, Myanmar Sun 19 Sutra 183 Vilamba 5120	
Dhanus Rasi: 8.07	Titthi 6 – 7	Gulika	1:08PM – 2:36PM	Mula* Until 11:07AM Tue	Ganesh: Clear	Sunrise: 5:46AM	
Family Home Evening		Yama	10:11AM – 11:39AM	Sobhana Until 7:59AM	Muruga: Purple	Sunset: 5:33PM	Moon 9 - Phase 25
		683652364 Rahu	7:14AM – 8:43AM	Gara Until 9:58PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 8:54AM	Moon – Light Blue		Devaloka Day
Until 11:07AM Tue					Ashvina•Puratasi		
Then Routine Work - Marana Yoga							

D		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Pynmana, Myanmar Sun 20 Sutra 184 Vilamba 5120	
Retreat Star		Gulika	11:39AM – 1:07PM	Mula* Until 11:07AM	Ganesh: Clear	Sunrise: 5:46AM	
Dhanus Rasi: 20.07	Titthi 7 – 8	Yama	8:43AM – 10:11AM	Athiganda* Until 9:33AM Wed	Muruga: Purple	Sunset: 5:32PM	Moon 9 - Phase 25
		683652364 Rahu	2:36PM – 4:04PM	Visti Until 12:23AM Wed	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga			Saptami Until 11:07AM	Moon – Light Blue		Devaloka Day
Until 11:07AM					Ashvina•Puratasi		
Then Routine Work - Prabalarishta Yoga							

W		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pynmana, Myanmar Sun 21 Sutra 185 Vilamba 5120	
Retreat Star		Gulika	10:11AM – 11:39AM	Uttarashadha Until 10:07PM	Ganesh: Clear	Sunrise: 5:46AM	
Makara Rasi: 1.59	Titthi 8 – 9	Yama	7:15AM – 8:43AM	Sukarma Until 9:33AM	Muruga: Purple	Sunset: 5:32PM	Moon 9 - Phase 25
		683652364 Rahu	11:39AM – 1:07PM	Balava Until 3:02AM Thu	Nataraja: Clear		Navami
Creative Work	Amrita Yoga			Ashtami* Until 1:41PM	Moon – Light Blue		Devaloka Day
Until 10:07PM					Ashvina•Aipasi		
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pynmana, Myanmar Sun 22 Sutra 186	
Makara Rasi: 13.47	Tithi 9 – 10	Gulika 8:43AM – 10:11AM	Shravana Until 1:23AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:47AM	Vilamba 5120	
		Yama 5:47AM – 7:15AM	Dhriti Until 10:35AM	Muruga: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 26	
		693652364 Rahu 1:07PM – 2:35PM	Taitila Until 5:38AM Fri	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 4:20PM	Moon – Purple		Bhuloka Day	
		Vijaya Dasami		Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	


2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau		Pynmana, Myanmar Sun 23 Sutra 187	
Makara Rasi: 25.36	Tithi 10	Gulika 7:15AM – 8:43AM	Dhanishtha Until 4:13AM Sat	Ganesh: Purple	<i>Sunrise:</i> 5:47AM	Vilamba 5120	
		Yama 2:34PM – 4:02PM	Shula* Until 11:30AM	Muruga: Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 26	
		693652364 Rahu 10:11AM – 11:39AM	Gara Until 6:48PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 6:48PM	Moon – Purple		Bhuloka Day	
Until 4:13AM Sat				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							


3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Vanija/Balava Karana Ekadashyam Titau		Pynmana, Myanmar Sun 24 Sutra 188	
Kumbha Rasi: 7.33	Tithi 11	Gulika 5:47AM – 7:15AM	Shatabhishak Until 6:27AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:47AM	Vilamba 5120	
		Yama 1:06PM – 2:34PM	Ganda* Until 6:27AM Sun	Muruga: Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 26	
		693652364 Rahu 8:43AM – 10:11AM	Vanija Until 7:55AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 8:52PM	Moon – Purple		Bhuloka Day	
Until 6:27AM Sun				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Pynmana, Myanmar Sun 25 Sutra 189	
Kumbha Rasi: 19.41	Tithi 12	Gulika 2:34PM – 4:01PM	Shatabhishak Until 6:27AM	Ganesh: Purple	<i>Sunrise:</i> 5:47AM	Vilamba 5120	
		Yama 11:38AM – 1:06PM	Vridhhi Until 12:27PM	Muruga: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 26	
		693652364 Rahu 4:01PM – 5:29PM	Bava Until 9:43AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 10:22PM	Moon – Purple		Bhuloka Day	
				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pynmana, Myanmar Sun 26 Sutra 190	
Meena Rasi: 2.04	Tithi 13	Gulika 1:06PM – 2:33PM	Purvaproshtapada* Until 8:25AM	Ganesh: White	<i>Sunrise:</i> 5:48AM	Vilamba 5120	
Family Home Evening		Yama 10:11AM – 11:38AM	Dhruva Until 12:14PM	Muruga: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 26	
		613652364 Rahu 7:15AM – 8:43AM	Kaulava Until 10:54AM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 11:14PM	Moon – Clear		Bhuloka Day	
Until 8:25AM				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau		Pynmana, Myanmar Sun 27 Sutra 191	
Meena Rasi: 14.43	Tithi 14	Gulika 11:38AM – 1:05PM	Uttaraproshtapada Until 9:37AM	Ganesh: White	<i>Sunrise:</i> 5:48AM	Vilamba 5120	
		Yama 8:43AM – 10:10AM	Vyaghata* Until 11:32AM	Muruga: Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 26	
		613652364 Rahu 2:33PM – 4:00PM	Gara Until 11:26AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 11:27PM	Moon – Clear		Bhuloka Day	
Until 9:37AM				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau		Pynmana, Myanmar Sutra 192	
Meena Rasi: 27.41	Tithi 15	Gulika 10:10AM – 11:38AM	Revati Until 10:02AM	Ganesh: White	<i>Sunrise:</i> 5:48AM	Vilamba 5120	
		Yama 7:16AM – 8:43AM	Harshana Until 10:21AM	Muruga: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26	
		613652364 Rahu 11:38AM – 1:05PM	Visti Until 11:22AM	Nataraja: Clear		Purnima	
Routine Work	Marana Yoga		Purnima* Until 11:05PM	Moon – Clear		Bhuloka Day	
				Ashvina-Aipasi		Devaloka Time: 6:PM to 9:PM	

		Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Pynmana, Myanmar Sutra 193	
Mesha Rasi: 10.57	Tithi 16	Gulika 8:43AM – 10:10AM	Ashvini Until 10:14AM	Ganesh: Clear	<i>Sunrise:</i> 5:49AM	Vilamba 5120	
		Yama 5:49AM – 7:16AM	Vajra* Until 8:43AM	Muruga: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26	
		623652364 Rahu 1:05PM – 2:32PM	Balava Until 10:44AM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 10:14PM	Moon – White		Devaloka Day	
Until 10:14AM				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 24.28 Tihti 17

624652364

Gulika 7:16AM – 8:43AM
Yama 2:32PM – 3:59PM
Rahu 10:10AM – 11:38AM

Bharani Until 9:50AM
Siddhi Until 6:45AM
Taitila Until 9:39AM
Dvitiya Until 8:58PM

Ganesha: White *Sunrise:* 5:49AM
Muruga: Purple *Sunset:* 5:26PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Pyinmana, Myanmar

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 8.12 Tihti 18

624652364

Gulika 5:49AM – 7:16AM
Yama 1:05PM – 2:32PM
Rahu 8:43AM – 10:10AM

Krittika Until 5:41PM Sun
Variyan Until 2:00AM Sun
Vanija Until 8:14AM
Tritiya Until 7:25PM

Ganesha: White *Sunrise:* 5:49AM
Muruga: Purple *Sunset:* 5:26PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Mrigashira Nakshatra Parigha* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 22.05 Tihti 19 – 20

634652364

Gulika 2:31PM – 3:58PM
Yama 11:37AM – 1:04PM
Rahu 3:58PM – 5:25PM

Krittika Until 5:41PM
Parigha* Until 11:24PM
Bava Until 6:35AM
Chaturthi* Until 5:41PM

Ganesha: Clear *Sunrise:* 5:50AM
Muruga: Purple *Sunset:* 5:25PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 6.03 Tihti 20 – 21

634652364

Family Home Evening

Gulika 1:04PM – 2:31PM
Yama 10:10AM – 11:37AM
Rahu 7:17AM – 8:44AM

Mrigashira Until 7:02AM
Shiva Until 8:43PM
Gara Until 2:53AM Tue
Panchami Until 3:49PM

Ganesha: Clear *Sunrise:* 5:50AM
Muruga: Purple *Sunset:* 5:25PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 7:02AM

Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 20.05 Tihti 21 – 22

644652364

Gulika 11:37AM – 1:04PM
Yama 8:44AM – 10:10AM
Rahu 2:31PM – 3:58PM

Punarvasu Until 4:35AM Wed
Siddha Until 5:58PM
Visti Until 12:56AM Wed
Shashthi* Until 1:54PM

Ganesha: Purple *Sunrise:* 5:50AM
Muruga: Purple *Sunset:* 5:24PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 4.09 Tihti 22 – 23

644662364

Gulika 10:11AM – 11:37AM
Yama 7:17AM – 8:44AM
Rahu 11:37AM – 1:04PM

Pushya Until 3:19AM Thu
Sadhya Until 3:13PM
Balava Until 10:58PM
Saptami Until 11:56AM

Ganesha: Purple *Sunrise:* 5:51AM
Muruga: Clear *Sunset:* 5:24PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 18.13 Tihti 23 – 24

644662364

Gulika 8:44AM – 10:11AM
Yama 5:51AM – 7:17AM
Rahu 1:04PM – 2:30PM

Ashlesha* Until 1:54AM Fri
Subha Until 12:27PM
Kaulava Until 9:57AM
Ashtami* Until 9:57AM

Ganesha: Purple *Sunrise:* 5:51AM
Muruga: Clear *Sunset:* 5:23PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:54AM Fri

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Pyinmana, Myanmar Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 2.19	Tithi 24 - 25	Gulika 7:18AM - 8:44AM	Magha* Until 12:47AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	
		Yama 2:30PM - 3:57PM	Sukla Until 9:39AM	Muruga: Clear	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 28
		654662364 Rahu 10:11AM - 11:37AM	Vanija Until 7:00PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 7:58AM	Moon - Red		Sivaloka Day
Until 12:47AM Sat				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 16.23	Tithi 25 - 26	Gulika 5:52AM - 7:18AM	Purvaphalguni Until 11:32PM	Ganesha: White	<i>Sunrise:</i> 5:52AM	
		Yama 1:04PM - 2:30PM	Brahma Until 6:52AM	Muruga: Clear	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 28
		654762364 Rahu 8:44AM - 10:11AM	Balava Until 4:04AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 6:00AM	Moon - Red		Devaloka Day
Until 11:32PM				Ashvina-Aipasi		
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvodashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 0.26	Tithi 27	Gulika 2:30PM - 3:56PM	Uttaraphalguni Until 10:15PM	Ganesha: White	<i>Sunrise:</i> 5:52AM	
		Yama 11:37AM - 1:03PM	Vaidhriti* Until 1:29AM Mon	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 28
		654762364 Rahu 3:56PM - 5:22PM	Kaulava Until 3:10PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvodashi* Until 2:15AM Mon	Moon - Red		Devaloka Day
				Ashvina-Aipasi		

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 14.25	Tithi 28	Gulika 1:03PM - 2:30PM	Hasta Until 9:25PM	Ganesha: Green	<i>Sunrise:</i> 5:52AM	
Family Home Evening		Yama 10:11AM - 11:37AM	Vishkambha* Until 10:58PM	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 28
		664762364 Rahu 7:19AM - 8:45AM	Gara Until 1:25PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:37AM Tue	Moon - Green		Devaloka Day
Until 9:25PM				Ashvina-Aipasi		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 12 Sutra 205 Vilamba 5120
Kanya Rasi: 28.16	Tithi 29	Gulika 11:37AM - 1:03PM	Chitra Until 8:42PM	Ganesha: Green	<i>Sunrise:</i> 5:53AM	
		Yama 8:45AM - 10:11AM	Priti Until 8:42PM	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 28
		664762364 Rahu 2:29PM - 3:55PM	Visti Until 11:55AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:16PM	Moon - Green		Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi		
		Deepavali Hindu Solidarity Day				

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pyinmana, Myanmar Sun 13 Sutra 206 Vilamba 5120
Retreat Star		Gulika 10:11AM - 11:37AM	Svati Until 8:14PM	Ganesha: White	<i>Sunrise:</i> 5:53AM	
Tula Rasi: 11.55	Tithi 30	Yama 7:19AM - 8:45AM	Ayushman Until 6:43PM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 28
		764762364 Rahu 11:37AM - 1:03PM	Catuspada Until 10:46AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:20PM	Moon - Green		Devaloka Day
				Ashvina-Aipasi		

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Pyinmana, Myanmar Sun 14 Sutra 207 Vilamba 5120
Retreat Star		Gulika 8:45AM - 10:11AM	Vishakha Until 8:34PM	Ganesha: Orange	<i>Sunrise:</i> 5:54AM	
Tula Rasi: 25.2	Tithi 1	Yama 5:54AM - 7:20AM	Saubhagya Until 5:08PM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 28
		775762364 Rahu 1:03PM - 2:29PM	Kintughna Until 10:04AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 9:55PM	Moon - Orange		Sivaloka Day
		Skanda Shasthi Begins		Karttika-Aipasi		

1		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Pynmana, Myanmar Sun 15 Sutra 208 Vilamba 5120	
Wrischika Rasi: 8.26	Tithi 2	Gulika 7:20AM – 8:46AM	Anuradha Until 9:20PM	Ganesha: Orange	<i>Sunrise:</i> 5:54AM		
		Yama 2:29PM – 3:55PM	Sobhana Until 4:03PM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 29	
		775762364 Rahu 10:12AM – 11:37AM	Balava Until 9:57AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 10:07PM	Moon – Orange		Sivaloka Day	
Until 9:20PM				Karttika•Aipasi			
Then Routine Work - Marana Yoga							

2		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Pynmana, Myanmar Sun 16 Sutra 209 Vilamba 5120	
Wrischika Rasi: 21.14	Tithi 3	Gulika 5:55AM – 7:20AM	Jyeshtha* Until 10:36PM	Ganesha: Orange	<i>Sunrise:</i> 5:55AM		
		Yama 1:03PM – 2:29PM	Athiganda* Until 3:26PM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29	
		775762364 Rahu 8:46AM – 10:12AM	Taitila Until 10:30AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 11:00PM	Moon – Orange		Sivaloka Day	
				Karttika•Aipasi			

3		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Pynmana, Myanmar Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 3.43	Tithi 4	Gulika 2:29PM – 3:54PM	Mula* Until 12:49AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		
		Yama 11:38AM – 1:03PM	Sukarma Until 3:21PM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29	
		785762364 Rahu 3:54PM – 5:20PM	Vanija Until 11:43AM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 12:33AM Mon	Moon – Light Blue		Sivaloka Day	
Until 12:49AM Mon				Karttika•Aipasi			
Then Routine Work - Marana Yoga							

4		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Pynmana, Myanmar Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 15.56	Tithi 5	Gulika 1:03PM – 2:29PM	Purvashadha* Until 3:26AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		
Family Home Evening		Yama 10:12AM – 11:38AM	Dhriti Until 3:46PM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29	
Routine Work	Marana Yoga	785762364 Rahu 7:21AM – 8:47AM	Bava Until 1:35PM	Nataraja: Clear		3rd Phase	
Until 3:26AM Tue			Panchami Until 2:41AM Tue	Moon – Light Blue		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Karttika•Aipasi			

5		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Pynmana, Myanmar Sun 19 Sutra 212 Vilamba 5120	
Dhanus Rasi: 27.56	Tithi 6	Gulika 11:38AM – 1:03PM	Uttarashadha Until 6:16AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:56AM		
		Yama 8:47AM – 10:12AM	Shula* Until 4:30PM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29	
		785762364 Rahu 2:29PM – 3:54PM	Kaulava Until 3:56PM	Nataraja: Clear		3rd Phase	
Routine Work	Prabalarishta Yoga		Shashthi* Until 5:13AM Wed	Moon – Light Blue		Sivaloka Day	
Until 6:16AM Wed		Skanda Shasthi		Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

6		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Gara Karana Saptamyam Titau		Pynmana, Myanmar Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 9.46	Tithi 7	Gulika 10:13AM – 11:38AM	Uttarashadha Until 6:16AM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM		
		Yama 7:22AM – 8:47AM	Ganda* Until 5:28PM	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29	
		785762364 Rahu 11:38AM – 1:03PM	Gara Until 6:36PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Saptami Until 7:56AM Thu	Moon – Light Blue		Sivaloka Day	
Until 6:16AM				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Pynmana, Myanmar Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 21.34	Tithi 7 – 8	Gulika 8:48AM – 10:13AM	Shravana Until 9:34AM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM		
		Yama 5:57AM – 7:22AM	Vridhi Until 6:28PM	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29	
		795762364 Rahu 1:03PM – 2:29PM	Visti Until 9:17PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 7:56AM	Moon – Purple		Subha Sivaloka Day	
				Karttika•Aipasi			

Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pynmana, Myanmar Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 3.23	Tithi 8 – 9	Gulika 7:23AM – 8:48AM	Dhanishtha Until 12:36PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM		
		Yama 2:29PM – 3:54PM	Dhruva Until 7:17PM	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29	
		795762364 Rahu 10:13AM – 11:38AM	Balava Until 11:43PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 10:31AM	Moon – Purple		Subha Sivaloka Day	
				Karttika•Karttikai			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Pynmana, Myanmar Sun 23 Sutra 216 Vilamba 5120	
Kumbha Rasi: 15.2	Tithi 9 – 10	Gulika	5:58AM – 7:23AM	Shatabhishak Until 3:05PM	Ganesh: Clear	<i>Sunrise:</i> 5:58AM			
		Yama	1:04PM – 2:29PM	Vyaghata* Until 7:47PM	Muruga: Clear	<i>Sunset:</i> 5:19PM			Moon 10 - Phase 30
		796762365 Rahu	8:48AM – 10:13AM	Tailila Until 1:41AM Sun	Nataraja: White				4th Phase
Creative Work	Amrita Yoga			Navami* Until 12:45PM	Moon – Purple			Devaloka Day	
Until 3:05PM					Karttika-Karttikai				
Then Routine Work - Marana Yoga									

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Pynmana, Myanmar Sun 24 Sutra 217 Vilamba 5120	
Kumbha Rasi: 27.29	Tithi 10 – 11	Gulika	2:29PM – 3:54PM	Purvaproshtapada* Until 5:20PM	Ganesh: Red	<i>Sunrise:</i> 5:58AM			
		Yama	11:39AM – 1:04PM	Harshana Until 7:50PM	Muruga: Clear	<i>Sunset:</i> 5:19PM			Moon 10 - Phase 30
		716762365 Rahu	3:54PM – 5:19PM	Vanija Until 2:59AM Mon	Nataraja: White				4th Phase
Creative Work	Siddha Yoga			Dashami Until 2:24PM	Moon – Clear			Devaloka Day	
Until 5:20PM					Karttika-Karttikai				
Then Creative Work - Amrita Yoga									

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Pynmana, Myanmar Sun 25 Sutra 218 Vilamba 5120	
Meena Rasi: 9.56	Tithi 11 – 12	Gulika	1:04PM – 2:29PM	Uttaraproshtapada Until 6:43PM	Ganesh: Red	<i>Sunrise:</i> 5:59AM			
		Yama	10:14AM – 11:39AM	Vajra* Until 7:18PM	Muruga: Clear	<i>Sunset:</i> 5:19PM			Moon 10 - Phase 30
Family Home Evening		716762365 Rahu	7:24AM – 8:49AM	Bava Until 3:33AM Tue	Nataraja: White				4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 3:20PM	Moon – Clear			Devaloka Day	
					Karttika-Karttikai				

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Pynmana, Myanmar Sun 26 Sutra 219 Vilamba 5120	
Meena Rasi: 22.42	Tithi 12 – 13	Gulika	11:39AM – 1:04PM	Revati Until 7:14PM	Ganesh: Red	<i>Sunrise:</i> 6:00AM			
		Yama	8:49AM – 10:14AM	Siddhi Until 6:11PM	Muruga: Clear	<i>Sunset:</i> 5:19PM			Moon 10 - Phase 30
		716762365 Rahu	2:29PM – 3:54PM	Kaulava Until 3:21AM Wed	Nataraja: White				4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 3:31PM	Moon – Clear			Devaloka Day	
					Karttika-Karttikai				
					<i>Pradosha Vrata</i>				

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyalipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Pynmana, Myanmar Sun 27 Sutra 220 Vilamba 5120	
Mesha Rasi: 5.51	Tithi 13 – 14	Gulika	10:15AM – 11:39AM	Ashvini Until 7:21PM	Ganesh: Blue	<i>Sunrise:</i> 6:00AM			
		Yama	7:25AM – 8:50AM	Vyatipata* Until 4:31PM	Muruga: Clear	<i>Sunset:</i> 5:19PM			Moon 10 - Phase 30
		726762365 Rahu	11:39AM – 1:04PM	Gara Until 2:28AM Thu	Nataraja: White				4th Phase
Routine Work	Marana Yoga			Trayodashi Until 2:58PM	Moon – White			Bhuloka Day	
Until 7:21PM					Karttika-Karttikai			<i>Devaloka Time: 12:PM to 3:PM</i>	
Then Creative Work - Siddha Yoga									

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Pynmana, Myanmar Sutra 221 Vilamba 5120	
Copper Retreat Star		Gulika	8:50AM – 10:15AM	Bharani Until 6:41PM	Ganesh: Blue	<i>Sunrise:</i> 6:01AM			
Mesha Rasi: 19.22	Tithi 14 – 15	Yama	6:01AM – 7:25AM	Variyan Until 2:19PM	Muruga: Clear	<i>Sunset:</i> 5:19PM			Moon 10 - Phase 30
		726762365 Rahu	1:04PM – 2:29PM	Visti Until 12:58AM Fri	Nataraja: White				Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 1:46PM	Moon – White			Bhuloka Day	
Until 6:41PM					Karttika-Karttikai			<i>Devaloka Time: 12:PM to 3:PM</i>	
Then Routine Work - Marana Yoga									

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Pynmana, Myanmar Sutra 222 Vilamba 5120	
Silver Retreat Star		Gulika	7:26AM – 8:50AM	Krittika Until 5:23PM	Ganesh: Blue	<i>Sunrise:</i> 6:01AM			
Vrishabha Rasi: 3.14	Tithi 15 – 16	Yama	2:29PM – 3:54PM	Parigha* Until 11:43AM	Muruga: Clear	<i>Sunset:</i> 5:19PM			Moon 10 - Phase 30
		726762365 Rahu	10:15AM – 11:40AM	Balava Until 11:00PM	Nataraja: White				Prathama
Creative Work	Siddha Yoga			Purnima* Until 12:01PM	Moon – White			Bhuloka Day	
Until 5:23PM		Krittika Deepam			Karttika-Karttikai			<i>Devaloka Time: 12:PM to 3:PM</i>	
Then Routine Work - Marana Yoga		Vinayaga Viratam Begins							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 17.22 Tihi 16 - 17

737762365

Gulika 6:02AM - 7:26AM

Yama 1:05PM - 2:29PM

Rahu 8:51AM - 10:16AM

Rohini Until 4:00PM

Shiva Until 8:47AM

Tailila Until 8:43PM

Prathama* Until 9:52AM

Ganesh: Red

Sunrise: 6:02AM

Muruga: Clear

Sunset: 5:19PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sadhya Yoga Gara Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 1.42 Tihi 17 - 18

737762365

Gulika 2:30PM - 3:54PM

Yama 11:40AM - 1:05PM

Rahu 3:54PM - 5:19PM

Mrigashira Until 2:14PM

Sadhya Until 2:20AM Mon

Gara Until 7:28AM

Dvitiya Until 7:28AM

Ganesh: Red

Sunrise: 6:02AM

Muruga: Clear

Sunset: 5:19PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 12:15PM

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 16.08 Tihi 19

737762365

Gulika 1:05PM - 2:30PM

Yama 10:16AM - 11:41AM

Rahu 7:27AM - 8:52AM

Ardra Until 12:15PM

Subha Until 11:03PM

Bava Until 3:39PM

Chaturthi* Until 2:22AM Tue

Ganesh: Red

Sunrise: 6:03AM

Muruga: Clear

Sunset: 5:19PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 12:15PM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 0.35 Tihi 20

747762365

Gulika 11:41AM - 1:05PM

Yama 8:52AM - 10:17AM

Rahu 2:30PM - 3:54PM

Punarvasu Until 10:34AM

Sukla Until 7:48PM

Kaulava Until 1:08PM

Panchami Until 11:54PM

Ganesh: Green

Sunrise: 6:03AM

Muruga: Clear

Sunset: 5:19PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 14.56 Tihi 21

747862365

Gulika 10:17AM - 11:41AM

Yama 7:28AM - 8:53AM

Rahu 11:41AM - 1:06PM

Pushya Until 8:52AM

Brahma Until 4:41PM

Gara Until 10:44AM

Shashthi* Until 9:35PM

Ganesh: White

Sunrise: 6:04AM

Muruga: Clear

Sunset: 5:19PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 29.11 Tihi 22

747863365

Gulika 8:53AM - 10:17AM

Yama 6:05AM - 7:29AM

Rahu 1:06PM - 2:30PM

Ashlesha* Until 7:13AM

Indra Until 1:45PM

Visti Until 8:32AM

Saptami Until 7:30PM

Ganesh: White

Sunrise: 6:05AM

Muruga: Purple

Sunset: 5:19PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

Until 7:13AM

Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Tailila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 13.17 Tihi 23 - 24

757863365

Gulika 7:29AM - 8:54AM

Yama 2:31PM - 3:55PM

Rahu 10:18AM - 11:42AM

Magha* Until 6:04AM

Vaidhriti* Until 10:59AM

Balava Until 6:35AM

Ashtami* Until 5:40PM

Ganesh: Clear

Sunrise: 6:05AM

Muruga: Purple

Sunset: 5:19PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 6:04AM

Then Creative Work - Siddha Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 27.13 Tihi 24 - 25

758863365

Gulika 6:06AM - 7:30AM

Yama 1:07PM - 2:31PM

Rahu 8:54AM - 10:18AM

Uttaraphalguni Until 4:08AM Sun

Vishkambha* Until 8:26AM

Vanija Until 3:27AM Sun

Navami* Until 4:07PM

Ganesh: Orange

Sunrise: 6:06AM

Muruga: Purple

Sunset: 5:19PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 4:08AM Sun


Then Creative Work - Amrita Yoga


1	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam				Pynmana, Myanmar	
			Hasta Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 231	
	Kanya Rasi: 10.58	Tithi 25 – 26	Gulika 2:31PM – 3:55PM	Hasta Until 3:48AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM	Vilamba 5120		
	768863365	Rahu 3:55PM – 5:19PM	Yama 11:43AM – 1:07PM	Priti Until 6:08AM	Muruga: Purple <i>Sunset:</i> 5:19PM	Moon 11 - Phase 32		
Creative Work Amrita Yoga		Bava Until 2:19AM Mon		Nataraja: White	2nd Phase			
Until 3:48AM Mon		Dashami Until 2:49PM		Moon – Green	Bhuloka Day			
Then Routine Work - Prabalarishta Yoga				Karttika-Karttikai				

2	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam				Pynmana, Myanmar	
			Chitra Nakshatra Saubhagya Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 232	
	Kanya Rasi: 24.34	Tithi 26 – 27	Gulika 1:07PM – 2:31PM	Chitra Until 3:38AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 6:07AM	Vilamba 5120		
	768863365	Rahu 7:31AM – 8:55AM	Yama 10:19AM – 11:43AM	Saubhagya Until 3:38AM Tue	Muruga: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32		
Routine Work Prabalarishta Yoga		Taitila Until 12:70AM Tue		Nataraja: White	2nd Phase			
Until 3:38AM Tue		Ekadashi* Until 1:50PM		Moon – Green	Bhuloka Day			
Then Creative Work - Siddha Yoga				Karttika-Karttikai				

3	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam				Pynmana, Myanmar	
			Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 233	
	Tula Rasi: 7.58	Tithi 27 – 28	Gulika 11:44AM – 1:08PM	Svati Until 3:39AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:07AM	Vilamba 5120		
	768863365	Rahu 2:32PM – 3:56PM	Yama 8:56AM – 10:20AM	Sobhana Until 12:35AM Wed	Muruga: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32		
Creative Work Siddha Yoga		Gara Until 12:59AM Wed		Nataraja: White	2nd Phase			
		Dvadashi* Until 1:10PM		Moon – Green	Bhuloka Day			
				Karttika-Karttikai				
				<i>Pradosha Vrata (Fasting)</i>				

4	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam				Pynmana, Myanmar	
			Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 234	
	Tula Rasi: 21.11	Tithi 28 – 29	Gulika 10:20AM – 11:44AM	Vishakha Until 4:21AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:08AM	Vilamba 5120		
	778863365	Rahu 11:44AM – 1:08PM	Yama 7:32AM – 8:56AM	Athiganda* Until 11:18PM	Muruga: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32		
Creative Work Siddha Yoga		Visti Until 12:54AM Thu		Nataraja: White	2nd Phase			
		Trayodashi* Until 12:52PM		Moon – Orange	Bhuloka Day			
				Karttika-Karttikai				

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Pynmana, Myanmar	
	Retreat Star		Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 235	
	Vrischika Rasi: 4.13	Tithi 29 – 30	Gulika 8:57AM – 10:20AM	Anuradha Until 5:22AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:09AM	Vilamba 5120		
	778863365	Rahu 1:08PM – 2:32PM	Yama 6:09AM – 7:33AM	Sukarma Until 10:22PM	Muruga: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32		
Creative Work Siddha Yoga		Catuspada Until 1:17AM Fri		Nataraja: White	Amavasya			
Until 5:22AM Fri		Chaturdashi* Until 1:00PM		Moon – Orange	Bhuloka Day			
Then Routine Work - Marana Yoga				Karttika-Karttikai				

	Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Pynmana, Myanmar	
	Retreat Star		Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 236	
	Vrischika Rasi: 16.59	Tithi 30 – 1	Gulika 7:33AM – 8:57AM	Jyeshtha* Until 6:43AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:09AM	Vilamba 5120		
	779863365	Rahu 10:21AM – 11:45AM	Yama 2:33PM – 3:57PM	Dhriti Until 6:43AM Sat	Muruga: Purple <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32		
Routine Work Marana Yoga		Kintughna Until 1:70AM Sat		Nataraja: White	Prathama			
Until 6:43AM Sat		Amavasya* Until 1:38PM		Moon – Orange	Bhuloka Day			
Then Creative Work - Siddha Yoga				Margasira-Karttikai				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pynmana, Myanmar Sun 14 Sutra 237 Vilamba 5120	
Vrischika Rasi: 29.32	Tithi 1 – 2	Gulika Yama 789863365 Rahu	6:10AM – 7:34AM 1:09PM – 2:33PM 8:58AM – 10:21AM	Jyeshtha* Until 6:43AM Shula* Until 9:42PM Balava Until 3:36AM Sun Prathama* Until 2:47PM	Ganesh: Light Blue <i>Sunrise: 6:10AM</i> Muruga: Purple <i>Sunset: 5:21PM</i> Nataraja: White Moon – Orange Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase	
Creative Work	Siddha Yoga						
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pynmana, Myanmar Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 11.51	Tithi 2 – 3	Gulika Yama 789863365 Rahu	2:33PM – 3:57PM 11:46AM – 1:10PM 3:57PM – 5:21PM	Mula* Until 8:54AM Ganda* Until 9:59PM Taitila Until 5:33AM Mon Dvitiya Until 4:29PM	Ganesh: Purple <i>Sunrise: 6:10AM</i> Muruga: Purple <i>Sunset: 5:21PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase	
Creative Work	Amrita Yoga						
Until 8:54AM	Then Creative Work - Siddha Yoga						
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara Karana Tritiyayam Titau		Pynmana, Myanmar Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 23.57	Tithi 3	Gulika Yama 789863365 Rahu	1:10PM – 2:34PM 10:22AM – 11:46AM 7:35AM – 8:59AM	Purvashadha* Until 11:25AM Vriddhi Until 10:36PM Gara Until 6:40PM Tritiya Until 6:40PM	Ganesh: Purple <i>Sunrise: 6:11AM</i> Muruga: Purple <i>Sunset: 5:21PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase	
Family Home Evening	789863365						
Routine Work	Marana Yoga						
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Visli* Karana Chaturthyam Titau		Pynmana, Myanmar Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 5.53	Tithi 4	Gulika Yama 789863365 Rahu	11:47AM – 1:10PM 8:59AM – 10:23AM 2:34PM – 3:58PM	Uttarashadha Until 2:09PM Dhruva Until 11:28PM Vanija Until 7:56AM Chaturthi* Until 9:13PM	Ganesh: Purple <i>Sunrise: 6:12AM</i> Muruga: Purple <i>Sunset: 5:22PM</i> Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase	
Routine Work	Prabalarishta Yoga						
Until 2:09PM	Then Creative Work - Siddha Yoga						
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Pynmana, Myanmar Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 17.43	Tithi 5	Gulika Yama 799863365 Rahu	10:23AM – 11:47AM 7:36AM – 9:00AM 11:47AM – 1:11PM	Shravana Until 5:26PM Vyaghata* Until 12:28AM Thu Bava Until 10:36AM Panchami Until 11:58PM	Ganesh: Clear <i>Sunrise: 6:12AM</i> Muruga: Purple <i>Sunset: 5:22PM</i> Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM	
Creative Work	Siddha Yoga						
Until 5:26PM	Then Routine Work - Prabalarishta Yoga						
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Pynmana, Myanmar Sun 19 Sutra 242 Vilamba 5120	
Makara Rasi: 29.29	Tithi 6	Gulika Yama 799863365 Rahu	9:00AM – 10:24AM 6:13AM – 7:36AM 1:11PM – 2:35PM	Dhanishtha Until 8:35PM Harshana Until 1:27AM Fri Kaulava Until 1:21PM Shashthi* Until 2:40AM Fri	Ganesh: Clear <i>Sunrise: 6:13AM</i> Muruga: Purple <i>Sunset: 5:23PM</i> Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM	
Creative Work	Siddha Yoga						
		Vinayaga Viratam Ends					
Retreat Star		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Pynmana, Myanmar Sun 20 Sutra 243 Vilamba 5120	
Kumbha Rasi: 11.18	Tithi 7	Gulika Yama 799863365 Rahu	7:37AM – 9:01AM 2:35PM – 3:59PM 10:24AM – 11:48AM	Shatabhishak Until 7:03AM Sun Sat Vajra* Until 2:13AM Sat Gara Until 3:58PM Saptami Until 5:07AM Sat	Ganesh: Clear <i>Sunrise: 6:13AM</i> Muruga: Purple <i>Sunset: 5:23PM</i> Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM	
Creative Work	Siddha Yoga						
Retreat Star		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi Yoga Visti* Karana Ashtamyam Titau		Pynmana, Myanmar Sun 21 Sutra 244 Vilamba 5120	
Kumbha Rasi: 23.13	Tithi 8	Gulika Yama 711863365 Rahu	6:14AM – 7:37AM 1:12PM – 2:36PM 9:01AM – 10:25AM	Shatabhishak Until 7:03AM Sun Siddhi Until 2:39AM Sun Visti Until 6:11PM Ashtami* Until 7:03AM Sun	Ganesh: Clear <i>Sunrise: 6:14AM</i> Muruga: Purple <i>Sunset: 5:23PM</i> Nataraja: White Moon – Clear Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 Ashtami Devaloka Time: 6:AM to 9:AM	
Routine Work	Marana Yoga						
Until 7:03AM Sun	Then Creative Work - Amrita Yoga						
Retreat Star		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pynmana, Myanmar Sun 22 Sutra 245 Vilamba 5120	
Meena Rasi: 5.2	Tithi 8 – 9	Gulika Yama 711863365 Rahu	2:36PM – 4:00PM 11:49AM – 1:13PM 4:00PM – 5:24PM	Uttaraproshtapada Until 3:56AM Mon Vyatipata* Until 2:36AM Mon Balava Until 7:48PM Ashtami* Until 7:03AM	Ganesh: Clear <i>Sunrise: 6:14AM</i> Muruga: Purple <i>Sunset: 5:24PM</i> Nataraja: White Moon – Clear Margasira-Markali	Bhuloka Day Moon 11 - Phase 33 Navami Devaloka Time: 6:AM to 9:AM	
Creative Work	Amrita Yoga						
Until 3:56AM Mon	Then Creative Work - Siddha Yoga						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava Karana Navami/Dashamyam Titau				Pynmana, Myanmar Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 17.44	Tithi 9 – 10	Gulika 1:13PM – 2:37PM	Revati Until 4:56AM Tue	Ganesh: Purple	<i>Sunrise:</i> 6:15AM	
	Family Home Evening	811863365	Yama 10:26AM – 11:50AM	Variyan Until 1:56AM Tue	Muruga: Purple	<i>Sunset:</i> 5:24PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu 7:39AM – 9:02AM	Kaulava Until 8:19AM	Nataraja: White		4th Phase
			Navami* Until 8:19AM	Moon – Clear		Bhuloka Day	
				Margasira*Markali			

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pynmana, Myanmar Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 0.29	Tithi 10 – 11	Gulika 11:50AM – 1:14PM	Ashvini Until 5:27AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:15AM	
	811863365		Yama 9:03AM – 10:26AM	Parigha* Until 12:39AM Wed	Muruga: Purple	<i>Sunset:</i> 5:25PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu 2:37PM – 4:01PM	Vanija Until 8:44PM	Nataraja: White		4th Phase
		Gita Jayanthi	Dashami Until 8:47AM	Moon – White		Bhuloka Day	
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM		

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pynmana, Myanmar Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 13.38	Tithi 11 – 12	Gulika 10:27AM – 11:50AM	Bharani Until 5:01AM Thu	Ganesh: Clear	<i>Sunrise:</i> 6:16AM	
	811863365		Yama 7:40AM – 9:03AM	Shiva Until 10:44PM	Muruga: Purple	<i>Sunset:</i> 5:25PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu 11:50AM – 1:14PM	Bava Until 7:58PM	Nataraja: White		4th Phase
Until 5:01AM Thu			Ekadashi Until 8:26AM	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga				Margasira*Markali	Devaloka Time: 6:AM to 9:AM		

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pynmana, Myanmar Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 27.13	Tithi 12 – 13	Gulika 9:04AM – 10:27AM	Krittika Until 3:46AM Fri	Ganesh: Clear	<i>Sunrise:</i> 6:16AM	
	811863365		Yama 6:16AM – 7:40AM	Siddha Until 8:14PM	Muruga: Purple	<i>Sunset:</i> 5:26PM	Moon 11 - Phase 34
	Routine Work	Marana Yoga	Rahu 1:15PM – 2:38PM	Kaulava Until 6:27PM	Nataraja: White		4th Phase
			Dvadashi Until 7:17AM	Moon – White		Bhuloka Day	
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM		
				<i>Pradosha Vrata</i>			

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Pynmana, Myanmar Sun 27 Sutra 250 Vilamba 5120
	Vrisabha Rasi: 11.14	Tithi 14	Gulika 7:41AM – 9:04AM	Rohini Until 2:12AM Sat	Ganesh: White	<i>Sunrise:</i> 6:17AM	
	811863365		Yama 2:39PM – 4:02PM	Sadhya Until 5:14PM	Muruga: Purple	<i>Sunset:</i> 5:26PM	Moon 11 - Phase 34
	Routine Work	Marana Yoga	Rahu 10:28AM – 11:51AM	Gara Until 4:18PM	Nataraja: White		4th Phase
Until 2:12AM Sat		Day 1 of Pancha Ganapati	Chaturdashi* Until 3:01AM Sat	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Margasira*Markali			

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Pynmana, Myanmar Sutra 251 Vilamba 5120
	Copper Retreat Star		Gulika 6:17AM – 7:41AM	Mrigashira Until 12:05AM Sun	Ganesh: White	<i>Sunrise:</i> 6:17AM	
	Vrisabha Rasi: 25.37	Tithi 15	Yama 1:16PM – 2:39PM	Subha Until 1:50PM	Muruga: Purple	<i>Sunset:</i> 5:26PM	Moon 11 - Phase 34
	811863365		Rahu 9:05AM – 10:28AM	Visti Until 1:39PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga	Day 2 of Pancha Ganapati	Purnima* Until 12:10AM Sun	Moon – Yellow		Bhuloka Day	
				Margasira*Markali			

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Pynmana, Myanmar Sutra 252 Vilamba 5120
	Silver Retreat Star		Gulika 2:40PM – 4:03PM	Ardra Until 9:33PM	Ganesh: Yellow	<i>Sunrise:</i> 6:18AM	
	Mithuna Rasi: 10.17	Tithi 16	Yama 11:52AM – 1:16PM	Sukla Until 10:09AM	Muruga: Purple	<i>Sunset:</i> 5:27PM	Moon 11 - Phase 34
	811963365		Rahu 4:03PM – 5:27PM	Balava Until 10:39AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga	Day 3 of Pancha Ganapati	Prathama* Until 9:03PM	Moon – Yellow		Bhuloka Day	
		Ardra Darshanam		Margasira*Markali	Devaloka Time: 9:AM to 12:PM		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 25.08 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 7:11PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:17PM - 2:40PM

Yama 10:29AM - 11:53AM

Rahu 7:42AM - 9:06AM

Day 4 of Pancha Ganapati

Punarvasu Until 7:11PM

Brahma Until 6:18AM

Taitila Until 7:27AM

Dvitiya Until 5:49PM

Ganesha: Blue

Sunrise: 6:18AM

Muruga: Purple

Sunset: 5:28PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Pyinmana, Myanmar

Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 10.02 Tihi 18 - 19

Creative Work Siddha Yoga

Until 7:11PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti* Karana Tritiya/Chaturthyam Titau

Gulika 11:53AM - 1:17PM

Yama 9:06AM - 10:30AM

Rahu 2:41PM - 4:04PM

Day 5 of Pancha Ganapati

Pushya Until 4:43PM

Vaidhriti* Until 10:36PM

Visti Until 2:37PM

Tritiya Until 2:37PM

Ganesha: Blue

Sunrise: 6:19AM

Muruga: Purple

Sunset: 5:28PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Pyinmana, Myanmar

Sun 1 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 24.5 Tihi 19 - 20

Creative Work Siddha Yoga

Until 7:11PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:30AM - 11:54AM

Yama 7:43AM - 9:07AM

Rahu 11:54AM - 1:18PM

Day 5 of Pancha Ganapati

Ashlesha* Until 2:17PM

Vishkambha* Until 6:57PM

Kaulava Until 10:10PM

Chaturthi* Until 11:34AM

Ganesha: Yellow

Sunrise: 6:19AM

Muruga: Purple

Sunset: 5:29PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Pyinmana, Myanmar

Sun 2 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 9.27 Tihi 20 - 21

Creative Work Amrita Yoga

Until 12:26PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:07AM - 10:31AM

Yama 6:20AM - 7:44AM

Rahu 1:18PM - 2:42PM

Day 5 of Pancha Ganapati

Magha* Until 12:26PM

Priti Until 3:35PM

Gara Until 7:36PM

Panchami Until 8:49AM

Ganesha: Blue

Sunrise: 6:20AM

Muruga: Purple

Sunset: 5:29PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Pyinmana, Myanmar

Sun 3 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 23.47 Tihi 21 - 22

Creative Work Siddha Yoga

Until 7:11PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 7:44AM - 9:08AM

Yama 2:42PM - 4:06PM

Rahu 10:31AM - 11:55AM

Day 5 of Pancha Ganapati

Purvaphalguni Until 10:51AM

Ayushman Until 12:32PM

Bava Until 4:34AM Sat

Shashthi* Until 6:28AM

Ganesha: Blue

Sunrise: 6:20AM

Muruga: Purple

Sunset: 5:30PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Pyinmana, Myanmar

Sun 4 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 7.5 Tihi 23

Routine Work Marana Yoga

Until 7:11PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:21AM - 7:44AM

Yama 1:19PM - 2:43PM

Rahu 9:08AM - 10:32AM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 9:35AM

Saubhagya Until 9:53AM

Balava Until 3:50PM

Ashtami* Until 3:12AM Sun

Ganesha: Blue

Sunrise: 6:21AM

Muruga: Purple

Sunset: 5:30PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Pyinmana, Myanmar

Sun 5 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 21.33 Tihi 24

Creative Work Amrita Yoga

Until 9:08AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:43PM - 4:07PM

Yama 11:56AM - 1:20PM

Rahu 4:07PM - 5:31PM

Day 5 of Pancha Ganapati

Hasta Until 9:08AM

Sobhana Until 7:40AM

Taitila Until 13:70AM Mon

Navami* Until 9:53AM

Ganesha: Red

Sunrise: 6:21AM

Muruga: Purple

Sunset: 5:31PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Pyinmana, Myanmar

Sun 6 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Pyinmana, Myanmar Sun 7 Sutra 260 Vilamba 5120
1		Gulika 1:20PM – 2:44PM	Chitra Until 9:04AM	Ganesha: Red	<i>Sunrise:</i> 6:22AM	
Tula Rasi: 4.58	Tithi 25	Yama 10:33AM – 11:56AM	Sukarma Until 4:27AM Tue	Muruga: Purple	<i>Sunset:</i> 5:31PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 7:45AM – 9:09AM	Vanija Until 2:10PM	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 2:03AM Tue	Moon – Green		Bhuloka Day
Until 9:04AM				Margasira-Markali		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashyam Titau				Pyinmana, Myanmar Sun 8 Sutra 261 Vilamba 5120
2		Gulika 11:57AM – 1:21PM	Svati Until 9:21AM	Ganesha: Red	<i>Sunrise:</i> 6:22AM	
Tula Rasi: 18.05	Tithi 26	Yama 9:09AM – 10:33AM	Dhriti Until 9:21AM	Muruga: Purple	<i>Sunset:</i> 5:32PM	Moon 12 - Phase 36
	862963366	Rahu 2:44PM – 4:08PM	Bava Until 2:07PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:16AM Wed	Moon – Green		Bhuloka Day
Until 9:21AM				Margasira-Markali		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 262 Vilamba 5120
3		Gulika 10:34AM – 11:57AM	Vishakha Until 10:26AM	Ganesha: Green	<i>Sunrise:</i> 6:22AM	
Vrischika Rasi: 0.58	Tithi 27	Yama 7:46AM – 9:10AM	Shula* Until 2:49AM Thu	Muruga: Purple	<i>Sunset:</i> 5:33PM	Moon 12 - Phase 36
	872963366	Rahu 11:57AM – 1:21PM	Kaulava Until 2:35PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:58AM Thu	Moon – Orange		Bhuloka Day
				Margasira-Markali		

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 263 Vilamba 5120
4		Gulika 9:10AM – 10:34AM	Anuradha Until 11:49AM	Ganesha: Green	<i>Sunrise:</i> 6:23AM	
Vrischika Rasi: 13.37	Tithi 28	Yama 6:23AM – 7:46AM	Ganda* Until 11:49AM	Muruga: Purple	<i>Sunset:</i> 5:33PM	Moon 12 - Phase 36
	872963366	Rahu 1:22PM – 2:46PM	Gara Until 3:31PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:09AM Fri	Moon – Orange		Bhuloka Day
Until 11:49AM				Margasira-Markali		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 264 Vilamba 5120
5		Gulika 7:47AM – 9:11AM	Jyeshtha* Until 1:30PM	Ganesha: Green	<i>Sunrise:</i> 6:23AM	
Vrischika Rasi: 26.04	Tithi 29	Yama 2:46PM – 4:10PM	Vriddhi Until 2:37AM Sat	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 12 - Phase 36
	872963366	Rahu 10:34AM – 11:58AM	Visti Until 4:55PM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 5:46AM Sat	Moon – Orange		Bhuloka Day
Until 1:30PM				Margasira-Markali		
Then Creative Work - Amrita Yoga						

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada* Karana Amavasyayam Titau				Pyinmana, Myanmar Sun 12 Sutra 265 Vilamba 5120
Retreat Star		Gulika 6:23AM – 7:47AM	Mula* Until 3:54PM	Ganesha: White	<i>Sunrise:</i> 6:23AM	
Dhanus Rasi: 8.19	Tithi 30	Yama 1:23PM – 2:47PM	Dhruva Until 2:58AM Sun	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 12 - Phase 36
	882963366	Rahu 9:11AM – 10:35AM	Catuspada Until 6:45PM	Nataraja: Green		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 7:47AM Sun	Moon – Light Blue		Bhuloka Day
				Margasira-Markali		
		Subramuniyaswami Jayanti				

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pyinmana, Myanmar Sun 13 Sutra 266 Vilamba 5120
Retreat Star		Gulika 2:47PM – 4:11PM	Purvashadha* Until 6:31PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	
Dhanus Rasi: 20.25	Tithi 30 – 1	Yama 11:59AM – 1:23PM	Vyaghata* Until 3:36AM Mon	Muruga: Clear	<i>Sunset:</i> 5:35PM	Moon 12 - Phase 36
	882973366	Rahu 4:11PM – 5:35PM	Kintughna Until 8:57PM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 7:47AM	Moon – Light Blue		Bhuloka Day
Until 6:31PM				Pausha-Markali		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga		Partial Solar Eclipse				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pyinmana, Myanmar Sun 14 Sutra 267 Vilamba 5120
1		Gulika 1:24PM – 2:48PM	Uttarashadha Until 9:14PM	Ganesh: White	<i>Sunrise:</i> 6:24AM	
Makara Rasi: 2.22	Tithi 1 – 2	Yama 10:36AM – 12:00PM	Harshana Until 4:27AM Tue	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 7:48AM – 9:12AM	Balava Until 11:27PM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 10:08AM	Moon – Light Blue		Bhuloka Day
Until 9:14PM				Pausha-Markali		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Pyinmana, Myanmar Sun 15 Sutra 268 Vilamba 5120
2		Gulika 12:00PM – 1:24PM	Shravana Until 12:30AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:24AM	
Makara Rasi: 14.13	Tithi 2 – 3	Yama 9:12AM – 10:36AM	Vajra* Until 5:24AM Wed	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 12 - Phase 37
	893973366	Rahu 2:48PM – 4:12PM	Taitila Until 2:08AM Wed	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:45PM	Moon – Purple		Devaloka Day
Until 12:30AM Wed				Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Pyinmana, Myanmar Sun 16 Sutra 269 Vilamba 5120
3		Gulika 10:36AM – 12:01PM	Dhanishtha Until 3:40AM Thu	Ganesh: Red	<i>Sunrise:</i> 6:24AM	
Makara Rasi: 26.01	Tithi 3 – 4	Yama 7:48AM – 9:12AM	Siddhi Until 6:24AM Thu	Muruga: Clear	<i>Sunset:</i> 5:37PM	Moon 12 - Phase 37
	893973366	Rahu 12:01PM – 1:25PM	Vanija Until 4:54AM Thu	Nataraja: Green		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 3:30PM	Moon – Purple		Devaloka Day
Until 3:40AM Thu				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Chaturthyam Titau				Pyinmana, Myanmar Sun 17 Sutra 270 Vilamba 5120
4		Gulika 9:13AM – 10:37AM	Shatabhishak Until 6:34AM Fri	Ganesh: Red	<i>Sunrise:</i> 6:25AM	
Kumbha Rasi: 7.48	Tithi 4	Yama 6:25AM – 7:49AM	Siddhi Until 6:24AM	Muruga: Clear	<i>Sunset:</i> 5:37PM	Moon 12 - Phase 37
	893973366	Rahu 1:25PM – 2:49PM	Visti Until 6:13PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:13PM	Moon – Purple		Devaloka Day
				Pausha-Markali		

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Pyinmana, Myanmar Sun 18 Sutra 271 Vilamba 5120
5		Gulika 7:49AM – 9:13AM	Shatabhishak Until 6:34AM	Ganesh: Red	<i>Sunrise:</i> 6:25AM	
Kumbha Rasi: 19.38	Tithi 5	Yama 2:50PM – 4:14PM	Vyatipata* Until 7:19AM	Muruga: Clear	<i>Sunset:</i> 5:38PM	Moon 12 - Phase 37
	893973366	Rahu 10:37AM – 12:01PM	Bava Until 7:33AM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:45PM	Moon – Purple		Devaloka Day
				Pausha-Markali		

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Pyinmana, Myanmar Sun 19 Sutra 272 Vilamba 5120
6		Gulika 6:25AM – 7:49AM	Purvaproshtapada* Until 9:32AM	Ganesh: Clear	<i>Sunrise:</i> 6:25AM	
Meena Rasi: 1.33	Tithi 6	Yama 1:26PM – 2:50PM	Variyan Until 8:01AM	Muruga: Clear	<i>Sunset:</i> 5:39PM	Moon 12 - Phase 37
	813973366	Rahu 9:13AM – 10:38AM	Kaulava Until 11:50AM Sun	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 7:19AM	Moon – Clear		Devaloka Day
Until 9:32AM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Pyinmana, Myanmar Sun 20 Sutra 273 Vilamba 5120
Retreat Star		Gulika 2:51PM – 4:15PM	Uttaraproshtapada Until 11:55AM	Ganesh: Clear	<i>Sunrise:</i> 6:25AM	
Meena Rasi: 13.38	Tithi 7	Yama 12:02PM – 1:26PM	Parigha* Until 8:24AM	Muruga: Clear	<i>Sunset:</i> 5:39PM	Moon 12 - Phase 37
	813973366	Rahu 4:15PM – 5:39PM	Gara Until 11:50AM	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 12:33AM Mon	Moon – Clear		Devaloka Day
				Pausha-Markali		

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Pyinmana, Myanmar Sun 21 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:27PM – 2:51PM	Revati Until 1:32PM	Ganesh: Clear	<i>Sunrise:</i> 6:25AM	
Meena Rasi: 25.58	Tithi 8	Yama 10:38AM – 12:03PM	Shiva Until 8:20AM	Muruga: Clear	<i>Sunset:</i> 5:40PM	Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 7:50AM – 9:14AM	Visti Until 1:07PM	Nataraja: Green		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:28AM Tue	Moon – Clear		Devaloka Day
				Pausha-Thai		

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Navamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 275 Vilamba 5120
Retreat Star		Gulika 12:03PM – 1:27PM	Ashvini Until 2:46PM	Ganesh: Purple	<i>Sunrise:</i> 6:25AM	
Mesha Rasi: 8.37	Tithi 9	Yama 9:14AM – 10:39AM	Siddha Until 2:46PM	Muruga: Clear	<i>Sunset:</i> 5:40PM	Moon 12 - Phase 37
	823973366	Rahu 2:52PM – 4:16PM	Balava Until 1:39PM	Nataraja: Green		Navami
Creative Work	Siddha Yoga		Navami* Until 1:36AM Wed	Moon – White		Sivaloka Day
				Pausha-Thai		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashamyam Titau				Pyinmana, Myanmar Sun 23 Sutra 276
	Mesha Rasi: 21.38	Tithi 10	Gulika 10:39AM – 12:03PM Yama 7:50AM – 9:14AM 823173366 Rahu 12:03PM – 1:28PM	Bharani Until 3:01PM Sadhya Until 6:26AM Taitila Until 1:22PM Dashami Until 12:54AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:26AM Muruga: Clear <i>Sunset:</i> 5:41PM Nataraja: Green Moon – White Pausha*Thai	Sivaloka Day	
	Creative Work Siddha Yoga Until 3:01PM Then Creative Work - Amrita Yoga						

2	Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Pyinmana, Myanmar Sun 24 Sutra 277
	Vrishabha Rasi: 5.07	Tithi 11	Gulika 9:15AM – 10:39AM Yama 6:26AM – 7:50AM 823173366 Rahu 1:28PM – 2:53PM	Krittika Until 2:20PM Sukla Until 2:01AM Fri Vanija Until 12:15PM Ekadashi Until 11:23PM	Ganesha: Blue <i>Sunrise:</i> 6:26AM Muruga: Clear <i>Sunset:</i> 5:42PM Nataraja: Green Moon – White Pausha*Thai	Sivaloka Day	
	Routine Work Marana Yoga						

3	Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 25 Sutra 278
	Vrishabha Rasi: 19.03	Tithi 12	Gulika 7:50AM – 9:15AM Yama 2:53PM – 4:18PM 833173366 Rahu 10:39AM – 12:04PM	Rohini Until 1:12PM Brahma Until 10:55PM Bava Until 10:23AM Dvadashi Until 9:10PM	Ganesha: Yellow <i>Sunrise:</i> 6:26AM Muruga: Clear <i>Sunset:</i> 5:42PM Nataraja: Green Moon – Yellow Pausha*Thai	Devaloka Day	
	Routine Work Marana Yoga Until 1:12PM Then Creative Work - Siddha Yoga						

4	Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 26 Sutra 279
	Mithuna Rasi: 3.26	Tithi 13	Gulika 6:26AM – 7:50AM Yama 1:29PM – 2:54PM 833173366 Rahu 9:15AM – 10:40AM	Mrigashira Until 11:17AM Indra Until 7:23PM Kaulava Until 7:51AM Trayodashi Until 6:21PM	Ganesha: Yellow <i>Sunrise:</i> 6:26AM Muruga: Clear <i>Sunset:</i> 5:43PM Nataraja: Green Moon – Yellow Pausha*Thai	Devaloka Day	
	Creative Work Siddha Yoga		<i>Pradosha Vrata</i>				

5	Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pyinmana, Myanmar Sun 27 Sutra 280
	Mithuna Rasi: 18.11	Tithi 14 – 15	Gulika 2:54PM – 4:19PM Yama 12:05PM – 1:29PM 833173366 Rahu 4:19PM – 5:43PM	Ardra Until 8:45AM Vaidhriti* Until 3:27PM Visti Until 1:22AM Mon Chaturdashi* Until 3:06PM	Ganesha: Yellow <i>Sunrise:</i> 6:26AM Muruga: Clear <i>Sunset:</i> 5:43PM Nataraja: Green Moon – Yellow Pausha*Thai	Devaloka Day	
	Creative Work Siddha Yoga						

○	Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pyinmana, Myanmar Sutra 281
	Copper Retreat Star		Gulika 1:30PM – 2:54PM Yama 10:40AM – 12:05PM 843173366 Rahu 7:51AM – 9:15AM	Punarvasu Until 6:08AM Vishkambha* Until 11:19AM Balava Until 9:44PM Purnima* Until 11:33AM	Ganesha: White <i>Sunrise:</i> 6:26AM Muruga: Clear <i>Sunset:</i> 5:44PM Nataraja: Green Moon – Blue Pausha*Thai	Sivaloka Day	
	Kataka Rasi: 3.14	Tithi 15 – 16	Total Lunar Eclipse Thai Pusam				

○	Tuesday, January 22, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Pritii/Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Pyinmana, Myanmar Sutra 282
	Silver Retreat Star		Gulika 12:05PM – 1:30PM Yama 9:15AM – 10:40AM 844173366 Rahu 2:55PM – 4:20PM	Ashlesha* Until 12:11AM Wed Priti Until 7:04AM Taitila Until 6:03PM Prathama* Until 7:52AM	Ganesha: Clear <i>Sunrise:</i> 6:26AM Muruga: Clear <i>Sunset:</i> 5:44PM Nataraja: Green Moon – Blue Pausha*Thai	Devaloka Day	
	Kataka Rasi: 18.25	Tithi 16 – 17					

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka



Wednesday, January 23, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visli* Karana Tritiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 283

Simha Rasi: 3.34 Tihti 18

Gulika 10:40AM – 12:05PM
Yama 7:51AM – 9:16AM
Rahu 12:05PM – 1:30PM

Magha* Until 9:34PM
Saubhagya Until 10:45PM
Vanija Until 2:30PM
Tritiya Until 12:47AM Thu

Ganesha: Purple *Sunrise:* 6:26AM
Muruga: Clear *Sunset:* 5:45PM
Nataraja: Green
Moon – Red
Pausha*Thai

Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 9:34PM
Then Creative Work - Amrita Yoga

Thursday, January 24, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar
Sun 2 Sutra 284

Simha Rasi: 18.34 Tihti 19

Gulika 9:16AM – 10:41AM
Yama 6:26AM – 7:51AM
Rahu 1:31PM – 2:56PM

Purvaphalguni Until 7:08PM
Sobhana Until 6:58PM
Bava Until 11:12AM
Chaturthi* Until 9:42PM

Ganesha: Purple *Sunrise:* 6:26AM
Muruga: Clear *Sunset:* 5:46PM
Nataraja: Green
Moon – Red
Pausha*Thai

Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 5:03PM
Then Creative Work - Amrita Yoga

Friday, January 25, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 285

Kanya Rasi: 3.16 Tihti 20

Gulika 7:51AM – 9:16AM
Yama 2:56PM – 4:21PM
Rahu 10:41AM – 12:06PM

Uttaraphalguni Until 5:03PM
Athiganda* Until 3:32PM
Kaulava Until 8:21AM
Panchami Until 7:05PM

Ganesha: Clear *Sunrise:* 6:26AM
Muruga: Clear *Sunset:* 5:46PM
Nataraja: Green
Moon – Red
Pausha*Thai

Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 5:03PM
Then Creative Work - Amrita Yoga

Saturday, January 26, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 286

Kanya Rasi: 17.35 Tihti 21 – 22

Gulika 6:26AM – 7:51AM
Yama 1:31PM – 2:56PM
Rahu 9:16AM – 10:41AM

Hasta Until 3:48PM Sun
Sukarma Until 12:36PM
Gara Until 6:02AM
Shashthi* Until 5:06PM

Ganesha: Purple *Sunrise:* 6:26AM
Muruga: Clear *Sunset:* 5:47PM
Nataraja: Green
Moon – Green
Pausha*Thai

Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Sunday, January 27, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 287

Tula Rasi: 1.28 Tihti 22 – 23

Gulika 2:57PM – 4:22PM
Yama 12:06PM – 1:32PM
Rahu 4:22PM – 5:47PM

Hasta Until 3:48PM
Dhriti Until 8:24AM Mon
Balava Until 3:26AM Mon
Saptami Until 3:48PM

Ganesha: Purple *Sunrise:* 6:25AM
Muruga: Clear *Sunset:* 5:47PM
Nataraja: Green
Moon – Green
Pausha*Thai

Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 288

Tula Rasi: 14.56 Tihti 23 – 24

Gulika 1:32PM – 2:57PM
Yama 10:41AM – 12:07PM
Rahu 7:51AM – 9:16AM

Svati Until 3:02PM
Shula* Until 8:24AM
Taitila Until 3:16AM Tue
Ashtami* Until 3:14PM

Ganesha: Purple *Sunrise:* 6:25AM
Muruga: Clear *Sunset:* 5:48PM
Nataraja: Green
Moon – Green
Pausha*Thai

Vilamba 5120
Moon 1 - Phase 39
Ashtami

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Family Home Evening
Creative Work Amrita Yoga
Until 3:02PM
Then Routine Work - Marana Yoga

Tuesday, January 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 289

Tula Rasi: 28 Tihti 24 – 25

Gulika 12:07PM – 1:32PM
Yama 9:16AM – 10:41AM
Rahu 2:58PM – 4:23PM

Vishakha Until 3:58PM
Ganda* Until 7:10AM
Vanija Until 3:48AM Wed
Navami* Until 3:25PM

Ganesha: Clear *Sunrise:* 6:25AM
Muruga: Clear *Sunset:* 5:48PM
Nataraja: Green
Moon – Orange
Pausha*Thai

Vilamba 5120
Moon 1 - Phase 39
Navami

Devaloka Day

Routine Work Marana Yoga
Until 3:58PM
Then Creative Work - Siddha Yoga

1	Wednesday, January 30, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar Sun 8 Sutra 290 Vilamba 5120
	Vrischika Rasi: 10.43	Tithi 25 – 26	Gulika 10:41AM – 12:07PM	Anuradha Until 5:24PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	
			Yama 7:50AM – 9:16AM	Vriddhi Until 6:30AM	Muruga: Clear	<i>Sunset:</i> 5:49PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	974173366 Rahu 12:07PM – 1:32PM	Bava Until 5:00AM Thu Dashami Until 4:18PM	Nataraja: Green Moon – Orange Pausha*Thai		2nd Phase Devaloka Day


2	Thursday, January 31, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 291 Vilamba 5120
	Vrischika Rasi: 23.09	Tithi 26 – 27	Gulika 9:16AM – 10:42AM	Jyeshtha* Until 7:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	
			Yama 6:25AM – 7:50AM	Dhruva Until 6:18AM	Muruga: Clear	<i>Sunset:</i> 5:49PM	Moon 1 - Phase 40
	Routine Work	Prabalarishta Yoga	974173366 Rahu 1:33PM – 2:58PM	Kaulava Until 6:45AM Fri Ekadashi* Until 5:48PM	Nataraja: Green Moon – Orange Pausha*Thai		2nd Phase Devaloka Day

3	Friday, February 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 292 Vilamba 5120
	Dhanus Rasi: 5.21	Tithi 27	Gulika 7:50AM – 9:16AM	Mula* Until 9:53PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	
			Yama 2:58PM – 4:24PM	Vyaghata* Until 6:31AM	Muruga: Clear	<i>Sunset:</i> 5:49PM	Moon 1 - Phase 40
	Creative Work	Amrita Yoga	984173366 Rahu 10:42AM – 12:07PM	Kaulava Until 6:45AM Dvadashi* Until 7:46PM	Nataraja: Green Moon – Light Blue Pausha*Thai		2nd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

4	Saturday, February 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 293 Vilamba 5120
	Dhanus Rasi: 17.22	Tithi 28	Gulika 6:25AM – 7:50AM	Purvashadha* Until 12:41AM Sun	Ganesha: White	<i>Sunrise:</i> 6:25AM	
			Yama 1:33PM – 2:59PM	Harshana Until 7:05AM	Muruga: Clear	<i>Sunset:</i> 5:50PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	984173366 Rahu 9:16AM – 10:42AM	Gara Until 8:56AM Trayodashi* Until 10:07PM	Nataraja: Green Moon – Light Blue Pausha*Thai		2nd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

Pradosha Vrata (Fasting)

5	Sunday, February 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 12 Sutra 294 Vilamba 5120
	Dhanus Rasi: 29.17	Tithi 29	Gulika 2:59PM – 4:25PM	Uttarashadha Until 3:33AM Mon	Ganesha: White	<i>Sunrise:</i> 6:24AM	
			Yama 12:07PM – 1:33PM	Vajra* Until 7:50AM	Muruga: Clear	<i>Sunset:</i> 5:50PM	Moon 1 - Phase 40
	Creative Work	Amrita Yoga	984173366 Rahu 4:25PM – 5:50PM	Visti Until 11:24AM Chaturdashi* Until 12:42AM Mon	Nataraja: Green Moon – Light Blue Pausha*Thai		2nd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

	Monday, February 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau				Pyinmana, Myanmar Sun 13 Sutra 295 Vilamba 5120
	Retreat Star		Gulika 1:33PM – 2:59PM	Shravana Until 6:50AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:24AM	
	Makara Rasi: 11.07	Tithi 30	Yama 10:42AM – 12:08PM	Siddhi Until 6:50AM Tue	Muruga: Clear	<i>Sunset:</i> 5:51PM	Moon 1 - Phase 40
	Family Home Evening		995173367 Rahu 7:50AM – 9:16AM	Catuspada Until 2:04PM Amavasya* Until 3:24AM Tue	Nataraja: White Moon – Purple Pausha*Thai		Amavasya Devaloka Day

	Tuesday, February 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Pyinmana, Myanmar Sun 14 Sutra 296 Vilamba 5120
	Retreat Star		Gulika 12:08PM – 1:34PM	Shravana Until 6:50AM	Ganesha: Red	<i>Sunrise:</i> 6:24AM	
	Makara Rasi: 22.55	Tithi 1	Yama 9:16AM – 10:42AM	Vyatipata* Until 9:45AM	Muruga: Clear	<i>Sunset:</i> 5:51PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	995173367 Rahu 2:59PM – 4:25PM	Kintughna Until 4:47PM Prathama* Until 6:06AM Wed	Nataraja: White Moon – Purple Magha*Thai		Prathama Devaloka Day

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pynmana, Myanmar Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 4.43	Titthi 1 – 2	Gulika	10:42AM – 12:08PM	Dhanishtha Until 9:57AM	Ganesh: Red	<i>Sunrise:</i> 6:24AM			
		Yama	7:50AM – 9:16AM	Variyan Until 10:42AM	Muruga: Clear	<i>Sunset:</i> 5:52PM		Moon 1 - Phase 41	
		995173367 Rahu	12:08PM – 1:34PM	Balava Until 7:27PM	Nataraja: White			3rd Phase	
Routine Work	Prabalarishta Yoga			Prathama* Until 6:06AM	Moon – Purple			Devaloka Day	
Until 9:57AM					Magha-Thai				
Then Creative Work - Siddha Yoga									

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pynmana, Myanmar Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 16.32	Titthi 2 – 3	Gulika	9:16AM – 10:42AM	Shatabhishak Until 12:48PM	Ganesh: Red	<i>Sunrise:</i> 6:23AM			
		Yama	6:23AM – 7:49AM	Parigha* Until 11:36AM	Muruga: Clear	<i>Sunset:</i> 5:52PM		Moon 1 - Phase 41	
		995173367 Rahu	1:34PM – 3:00PM	Taitila Until 9:58PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 8:43AM	Moon – Purple			Devaloka Day	
					Magha-Thai				

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Pynmana, Myanmar Sun 17 Sutra 299 Vilamba 5120	
Kumbha Rasi: 28.26	Titthi 3 – 4	Gulika	7:49AM – 9:15AM	Purvaproshtapada* Until 3:47PM	Ganesh: Blue	<i>Sunrise:</i> 6:23AM			
		Yama	3:00PM – 4:27PM	Shiva Until 12:21PM	Muruga: Clear	<i>Sunset:</i> 5:53PM		Moon 1 - Phase 41	
		915173367 Rahu	10:42AM – 12:08PM	Vanija Until 12:15AM Sat	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Tritiya Until 11:08AM	Moon – Clear			Sivaloka Day	
					Magha-Thai				

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Pynmana, Myanmar Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 10.26	Titthi 4 – 5	Gulika	6:23AM – 7:49AM	Uttaraproshtapada Until 6:19PM	Ganesh: Blue	<i>Sunrise:</i> 6:23AM			
		Yama	1:34PM – 3:01PM	Siddha Until 12:51PM	Muruga: Clear	<i>Sunset:</i> 5:53PM		Moon 1 - Phase 41	
		915173367 Rahu	9:15AM – 10:42AM	Bava Until 2:12AM Sun	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Chaturthi* Until 1:15PM	Moon – Clear			Sivaloka Day	
Until 6:19PM					Magha-Thai				
Then Routine Work - Prabalarishta Yoga									

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Pynmana, Myanmar Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 22.35	Titthi 5 – 6	Gulika	3:01PM – 4:27PM	Revati Until 8:17PM	Ganesh: Red	<i>Sunrise:</i> 6:22AM			
		Yama	12:08PM – 1:34PM	Sadhya Until 1:05PM	Muruga: Clear	<i>Sunset:</i> 5:54PM		Moon 1 - Phase 41	
		915273367 Rahu	4:27PM – 5:54PM	Kaulava Until 3:41AM Mon	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga			Panchami Until 2:59PM	Moon – Clear			Devaloka Day	
Until 8:17PM					Magha-Thai				
Then Creative Work - Siddha Yoga									

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Pynmana, Myanmar Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 4.56	Titthi 6 – 7	Gulika	1:34PM – 3:01PM	Ashvini Until 10:03PM	Ganesh: Blue	<i>Sunrise:</i> 6:22AM			
Family Home Evening		Yama	10:41AM – 12:08PM	Subha Until 12:56PM	Muruga: Clear	<i>Sunset:</i> 5:54PM		Moon 1 - Phase 41	
		925273367 Rahu	7:48AM – 9:15AM	Gara Until 4:36AM Tue	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Shashthi* Until 4:12PM	Moon – White			Bhuloka Day	
					Magha-Thai			Devaloka Time: 12:PM to 3:PM	

		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Pynmana, Myanmar Sun 21 Sutra 303 Vilamba 5120	
Retreat Star		Gulika	12:08PM – 1:35PM	Bharani Until 11:02PM	Ganesh: Blue	<i>Sunrise:</i> 6:22AM			
Mesha Rasi: 17.31	Titthi 7 – 8	Yama	9:15AM – 10:41AM	Sukla Until 12:18PM	Muruga: Clear	<i>Sunset:</i> 5:54PM		Moon 1 - Phase 41	
		925273367 Rahu	3:01PM – 4:28PM	Visti Until 4:50AM Wed	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Saptami Until 4:47PM	Moon – White			Bhuloka Day	
					Magha-Thai			Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pynmana, Myanmar Sun 22 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 0.26	Titthi 8 – 9	Gulika	10:41AM – 12:08PM	Krittika Until 11:10PM	Ganesh: Yellow	<i>Sunrise:</i> 6:21AM			
		Yama	7:48AM – 9:15AM	Brahma Until 11:09AM	Muruga: Clear	<i>Sunset:</i> 5:55PM		Moon 1 - Phase 41	
		926273367 Rahu	12:08PM – 1:35PM	Balava Until 4:20AM Thu	Nataraja: White			Ashtami	
Creative Work	Amrita Yoga			Ashtami* Until 4:40PM	Moon – White			Devaloka Day	
Until 11:10PM					Magha-Masi				
Then Creative Work - Siddha Yoga									

Retreat Star		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava Karana Navami/Dashamyam Titau		Pynmana, Myanmar Sun 23 Sutra 305 Vilamba 5120	
Vrishabha Rasi: 13.44	Titthi 9 – 10	Gulika	9:14AM – 10:41AM	Rohini Until 10:51PM	Ganesh: White	<i>Sunrise:</i> 6:21AM			
		Yama	6:21AM – 7:48AM	Indra Until 9:25AM	Muruga: Clear	<i>Sunset:</i> 5:55PM		Moon 1 - Phase 41	
		936273367 Rahu	1:35PM – 3:02PM	Kaulava Until 3:46PM	Nataraja: White			Navami	
Routine Work	Marana Yoga			Navami* Until 3:46PM	Moon – Yellow			Sivaloka Day	
					Magha-Masi				

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

1		Friday, February 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Pyinmana, Myanmar Sun 24 Sutra 306 Vilamba 5120
Wrishabha Rasi: 27.28	Tithi 10 – 11	Gulika 7:47AM – 9:14AM	Mrigashira Until 11:48AM Sat	Ganesha: White	<i>Sunrise:</i> 6:20AM		
		Yama 3:02PM – 4:29PM	Vaidhriti* Until 7:03AM	Muruga: Clear	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 42	
		936273367 Rahu 10:41AM – 12:08PM	Vanija Until 1:03AM Sat	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 2:07PM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

2		Saturday, February 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Pyinmana, Myanmar Sun 25 Sutra 307 Vilamba 5120
Mithuna Rasi: 11.38	Tithi 11 – 12	Gulika 6:20AM – 7:47AM	Mrigashira Until 11:48AM	Ganesha: White	<i>Sunrise:</i> 6:20AM		
		Yama 1:35PM – 3:02PM	Priti Until 12:44AM Sun	Muruga: Clear	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 42	
		936273367 Rahu 9:14AM – 10:41AM	Bava Until 10:25PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:48AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

3		Sunday, February 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Pyinmana, Myanmar Sun 26 Sutra 308 Vilamba 5120
Mithuna Rasi: 26.13	Tithi 12 – 13	Gulika 3:02PM – 4:29PM	Punarvasu Until 5:27PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM		
		Yama 12:08PM – 1:35PM	Ayushman Until 8:54PM	Muruga: Clear	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 42	
		946273367 Rahu 4:29PM – 5:56PM	Kaulava Until 7:16PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 8:53AM	Moon – Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata

4		Monday, February 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Pyinmana, Myanmar Sun 27 Sutra 309 Vilamba 5120
Kataka Rasi: 11.1	Tithi 14	Gulika 1:35PM – 3:02PM	Pushya Until 2:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM		
Family Home Evening		Yama 10:41AM – 12:08PM	Saubhagya Until 4:47PM	Muruga: Clear	<i>Sunset:</i> 5:57PM	Moon 1 - Phase 42	
		946273367 Rahu 7:46AM – 9:13AM	Gara Until 3:45PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:53AM Tue	Moon – Blue		Devaloka Day	
		Chidambaram Abhishekam		Magha-Masi			

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau	Pyinmana, Myanmar Sutra 310 Vilamba 5120
Copper Retreat Star		Gulika 12:08PM – 1:35PM	Ashlesha* Until 6:21PM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:18AM		
Kataka Rasi: 26.2	Tithi 15	Yama 9:13AM – 10:40AM	Sobhana Until 12:30PM	Muruga: Clear	<i>Sunset:</i> 5:57PM	Moon 1 - Phase 42	
		946273367 Rahu 3:02PM – 4:30PM	Visti Until 12:01PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 10:06PM	Moon – Blue		Devaloka Day	
				Magha-Masi			

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau	Pyinmana, Myanmar Sutra 311 Vilamba 5120
Silver Retreat Star		Gulika 10:40AM – 12:08PM	Ashlesha* Until 6:21PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM		
Simha Rasi: 12	Tithi 16	Yama 7:45AM – 9:13AM	Athiganda* Until 3:56AM Thu	Muruga: Clear	<i>Sunset:</i> 5:57PM	Moon 1 - Phase 42	
		957273367 Rahu 12:08PM – 1:35PM	Balava Until 8:13AM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 6:21PM	Moon – Red		Devaloka Day	
				Magha-Masi			

Until 6:21PM
Then Creative Work - Amrita Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Simha Rasi: 26.46 Tihi 17 - 18

957273367

Gulika 9:12AM - 10:40AM
Yama 6:17AM - 7:45AM
Rahu 1:35PM - 3:03PM

Magha* Until 2:48PM
Dhriti Until 20:19AM Fri
Vanija Until 1:11AM Fri

Ganesha: Clear *Sunrise:* 6:17AM
Muruga: Clear *Sunset:* 5:58PM

Nataraja: White
Moon - Red
Magha-Masi

Devaloka Day

Until 2:48PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Kanya Rasi: 11.43 Tihi 18 - 19

967273367

Gulika 7:44AM - 9:12AM
Yama 3:03PM - 4:30PM
Rahu 10:40AM - 12:07PM

Hasta Until 1:05AM Sat
Shula* Until 8:19PM
Bava Until 10:15PM

Ganesha: White *Sunrise:* 6:17AM
Muruga: Clear *Sunset:* 5:58PM

Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 1:05AM Sat

Then Routine Work - Marana Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Kanya Rasi: 26.16 Tihi 19 - 20

967273367

Gulika 6:16AM - 7:44AM
Yama 1:35PM - 3:03PM
Rahu 9:12AM - 10:40AM

Chitra Until 11:34PM
Ganda* Until 5:11PM
Kaulava Until 7:56PM

Ganesha: White *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 5:58PM

Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 11:34PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Taitila/Visti* Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Tula Rasi: 10.23 Tihi 20 - 21

967273367

Gulika 3:03PM - 4:31PM
Yama 12:07PM - 1:35PM
Rahu 4:31PM - 5:59PM

Svati Until 10:39PM
Vridhi Until 10:39PM
Visti Until 17:36AM Mon

Ganesha: White *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 5:59PM

Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 10:39PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Tula Rasi: 24.01 Tihi 22

977273367

Gulika 1:35PM - 3:03PM
Yama 10:39AM - 12:07PM
Rahu 7:43AM - 9:11AM

Vishakha Until 10:52PM
Dhruva Until 12:43PM
Visti Until 5:36PM

Ganesha: Yellow *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 5:59PM

Nataraja: White
Moon - Orange
Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Until 10:52PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

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Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava Karana Ashtamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43
Ashtami

Vrischika Rasi: 7.11 Tihi 23

977273367

Gulika 12:07PM - 1:35PM
Yama 9:11AM - 10:39AM
Rahu 3:03PM - 4:31PM

Anuradha Until 11:47PM
Vyaghata* Until 11:29AM
Balava Until 5:44PM

Ganesha: Yellow *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 5:59PM

Nataraja: White
Moon - Orange
Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 11:47PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43
Navami

Vrischika Rasi: 19.55 Tihi 23 - 24

978273367

Gulika 10:39AM - 12:07PM
Yama 7:42AM - 9:10AM
Rahu 12:07PM - 1:35PM

Jyeshtha* Until 7:26AM Thu
Harshana Until 10:57AM
Taitila Until 6:41PM

Ganesha: Blue *Sunrise:* 6:14AM
Muruga: Clear *Sunset:* 6:00PM

Nataraja: White
Moon - Orange
Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 7:26AM Thu

Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Pynmana, Myanmar Sun 8 Sutra 319	
Dhanus Rasi: 2.17	Tithi 24 – 25	Gulika	9:10AM – 10:38AM	Jyeshtha* Until 7:26AM	Ganesha: Red	<i>Sunrise:</i> 6:13AM		Vilamba 5120	
		Yama	6:13AM – 7:42AM	Vajra* Until 10:87AM Fri	Muruga: Clear	<i>Sunset:</i> 6:00PM		Moon 2 - Phase 44	
		988273367 Rahu	1:35PM – 3:03PM	Vanija Until 8:23PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Navami* Until 7:26AM	Moon – Light Blue				Devaloka Day
					Magha-Masi				

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Pynmana, Myanmar Sun 9 Sutra 320	
Dhanus Rasi: 14.24	Tithi 25 – 26	Gulika	7:41AM – 9:09AM	Purvashadha* Until 6:40AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:12AM		Vilamba 5120	
		Yama	3:03PM – 4:32PM	Siddhi Until 11:27AM	Muruga: Clear	<i>Sunset:</i> 6:00PM		Moon 2 - Phase 44	
		988273367 Rahu	10:38AM – 12:06PM	Bava Until 10:37PM	Nataraja: White			2nd Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 9:25AM	Moon – Light Blue				Devaloka Day
Until 6:40AM Sat					Magha-Masi				
Then Routine Work - Marana Yoga									

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pynmana, Myanmar Sun 10 Sutra 321	
Dhanus Rasi: 26.19	Tithi 26 – 27	Gulika	6:11AM – 7:40AM	Purvashadha* Until 6:40AM	Ganesha: Red	<i>Sunrise:</i> 6:11AM		Vilamba 5120	
		Yama	1:35PM – 3:03PM	Vyatipata* Until 12:17PM	Muruga: Clear	<i>Sunset:</i> 6:01PM		Moon 2 - Phase 44	
		988273367 Rahu	9:09AM – 10:37AM	Kaulava Until 1:13AM Sun	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 11:52AM	Moon – Light Blue				Devaloka Day
Until 6:40AM					Magha-Masi				
Then Routine Work - Marana Yoga									

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Variyan/Parigha* Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Pynmana, Myanmar Sun 11 Sutra 322	
Makara Rasi: 8.08	Tithi 27 – 28	Gulika	3:03PM – 4:32PM	Uttarashadha Until 9:37AM	Ganesha: Red	<i>Sunrise:</i> 6:11AM		Vilamba 5120	
		Yama	12:06PM – 1:35PM	Variyan Until 9:37AM	Muruga: Clear	<i>Sunset:</i> 6:01PM		Moon 2 - Phase 44	
		988273367 Rahu	4:32PM – 6:01PM	Vanija Until 16:78AM Mon	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 2:33PM	Moon – Light Blue				Devaloka Day
					Magha-Masi				

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 12 Sutra 323	
Makara Rasi: 19.54	Tithi 28 – 29	Gulika	1:35PM – 3:03PM	Shravana Until 12:58PM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM		Vilamba 5120	
Family Home Evening		Yama	10:37AM – 12:06PM	Parigha* Until 2:20PM	Muruga: Clear	<i>Sunset:</i> 6:01PM		Moon 2 - Phase 44	
		998273367 Rahu	7:39AM – 9:08AM	Visti Until 6:40AM Tue	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 5:18PM	Moon – Purple				Devaloka Day
Until 12:58PM					Magha-Masi				
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)							
		Mahasivaratri (Solar)							

6		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pynmana, Myanmar Sun 13 Sutra 324	
Kumbha Rasi: 1.41	Tithi 29	Gulika	12:05PM – 1:34PM	Dhanishtha Until 4:05PM	Ganesha: White	<i>Sunrise:</i> 6:09AM		Vilamba 5120	
		Yama	9:07AM – 10:36AM	Shiva Until 3:21PM	Muruga: Clear	<i>Sunset:</i> 6:01PM		Moon 2 - Phase 44	
		999273367 Rahu	3:03PM – 4:32PM	Visti Until 6:40AM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 7:57PM	Moon – Purple				Bhuloka Day
Until 4:05PM					Magha-Masi				Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga									

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pynmana, Myanmar Sun 14 Sutra 325	
Kumbha Rasi: 13.32	Tithi 30	Gulika	10:36AM – 12:05PM	Shatabhishak Until 6:51PM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM		Vilamba 5120	
		Yama	7:38AM – 9:07AM	Siddha Until 4:11PM	Muruga: Clear	<i>Sunset:</i> 6:02PM		Moon 2 - Phase 44	
		199273367 Rahu	12:05PM – 1:34PM	Catuspada Until 9:14AM	Nataraja: White			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 10:24PM	Moon – Purple				Devaloka Day
Until 6:51PM					Magha-Masi				
Then Creative Work - Amrita Yoga									

Retreat Star		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Pynmana, Myanmar Sun 15 Sutra 326	
Kumbha Rasi: 25.28	Tithi 1	Gulika	9:07AM – 10:36AM	Purvaproshtapada* Until 9:42PM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM		Vilamba 5120	
		Yama	6:08AM – 7:37AM	Sadhya Until 4:50PM	Muruga: Clear	<i>Sunset:</i> 6:02PM		Moon 2 - Phase 44	
		119373367 Rahu	1:34PM – 3:03PM	Kintughna Until 11:32AM	Nataraja: White			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 12:33AM Fri	Moon – Clear				Devaloka Day
					Phalguna-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1 Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pyinmana, Myanmar Sun 16 Sutra 327
Meena Rasi: 7.3	Tithi 2	Gulika 7:37AM – 9:06AM	Uttaraproshtapada Until 12:04AM Sat	Ganesh: Yellow <i>Sunrise: 6:07AM</i>		Vilamba 5120
		Yama 3:03PM – 4:33PM	Subha Until 5:16PM	Muruga: Clear <i>Sunset: 6:02PM</i>		Moon 2 - Phase 45
		119373367 Rahu 10:35AM – 12:05PM	Balava Until 1:31PM	Nataraja: White		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 2:22AM Sat	Moon – Clear		Devaloka Day
Until 12:04AM Sat				Phalguna-Masi		
Then Routine Work - Prabalarishta Yoga						

2 Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Pyinmana, Myanmar Sun 17 Sutra 328
Meena Rasi: 19.41	Tithi 3	Gulika 6:07AM – 7:36AM	Revati Until 1:56AM Sun	Ganesh: Yellow <i>Sunrise: 6:07AM</i>		Vilamba 5120
		Yama 1:34PM – 3:03PM	Sukla Until 5:25PM	Muruga: Clear <i>Sunset: 6:02PM</i>		Moon 2 - Phase 45
		119373367 Rahu 9:06AM – 10:35AM	Taitila Until 3:11PM	Nataraja: White		3rd Phase
Routine Work Prabalarishta Yoga			Tritiya Until 3:51AM Sun	Moon – Clear		Devaloka Day
Until 1:56AM Sun				Phalguna-Masi		
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day				

3 Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Pyinmana, Myanmar Sun 18 Sutra 329
Mesha Rasi: 2.01	Tithi 4	Gulika 3:03PM – 4:33PM	Ashvini Until 3:45AM Mon	Ganesh: Red <i>Sunrise: 6:06AM</i>		Vilamba 5120
		Yama 12:04PM – 1:34PM	Brahma Until 5:17PM	Muruga: Clear <i>Sunset: 6:03PM</i>		Moon 2 - Phase 45
		129373367 Rahu 4:33PM – 6:03PM	Vanija Until 4:27PM	Nataraja: White		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 4:56AM Mon	Moon – White		Devaloka Day
				Phalguna-Masi		

4 Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Pyinmana, Myanmar Sun 19 Sutra 330
Mesha Rasi: 14.3	Tithi 5	Gulika 1:34PM – 3:03PM	Bharani Until 4:59AM Tue	Ganesh: Red <i>Sunrise: 6:05AM</i>		Vilamba 5120
Family Home Evening		Yama 10:34AM – 12:04PM	Indra Until 4:52PM	Muruga: Clear <i>Sunset: 6:03PM</i>		Moon 2 - Phase 45
		129373367 Rahu 7:35AM – 9:05AM	Bava Until 5:19PM	Nataraja: White		3rd Phase
Creative Work Siddha Yoga			Panchami Until 5:34AM Tue	Moon – White		Devaloka Day
				Phalguna-Masi		

5 Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Pyinmana, Myanmar Sun 20 Sutra 331
Mesha Rasi: 27.11	Tithi 6	Gulika 12:04PM – 1:34PM	Krittika Until 5:35AM Wed	Ganesh: Red <i>Sunrise: 6:05AM</i>		Vilamba 5120
		Yama 9:04AM – 10:34AM	Vaidhriti* Until 4:03PM	Muruga: Clear <i>Sunset: 6:03PM</i>		Moon 2 - Phase 45
		129373367 Rahu 3:03PM – 4:33PM	Kaulava Until 5:43PM	Nataraja: White		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 5:42AM Wed	Moon – White		Devaloka Day
				Phalguna-Masi		

6 Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Pyinmana, Myanmar Sun 21 Sutra 332
Vrishabha Rasi: 10.08	Tithi 7	Gulika 10:34AM – 12:03PM	Rohini Until 5:57AM Thu	Ganesh: Purple <i>Sunrise: 6:04AM</i>		Vilamba 5120
		Yama 7:34AM – 9:04AM	Vishkambha* Until 2:51PM	Muruga: Clear <i>Sunset: 6:03PM</i>		Moon 2 - Phase 45
		131373367 Rahu 12:03PM – 1:33PM	Gara Until 5:35PM	Nataraja: White		3rd Phase
Creative Work Siddha Yoga			Saptami Until 5:17AM Thu	Moon – Yellow		Sivaloka Day
Until 5:57AM Thu				Phalguna-Masi		
Then Routine Work - Marana Yoga						

Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 333
Retreat Star		Gulika 9:03AM – 10:33AM	Mrigashira Until 5:33AM Fri	Ganesh: Purple <i>Sunrise: 6:03AM</i>		Vilamba 5120
Vrishabha Rasi: 23.21	Tithi 8	Yama 6:03AM – 7:33AM	Priti Until 1:12PM	Muruga: Clear <i>Sunset: 6:03PM</i>		Moon 2 - Phase 45
		131373367 Rahu 1:33PM – 3:03PM	Visti Until 4:51PM	Nataraja: White		Ashtami
Routine Work Marana Yoga			Ashtami* Until 4:14AM Fri	Moon – Yellow		Sivaloka Day
Until 5:33AM Fri				Phalguna-Masi		
Then Creative Work - Siddha Yoga						

Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Pyinmana, Myanmar Sun 23 Sutra 334
Retreat Star		Gulika 7:32AM – 9:03AM	Ardra Until 4:25AM Sat	Ganesh: Purple <i>Sunrise: 6:02AM</i>		Vilamba 5120
Mithuna Rasi: 6.55	Tithi 9	Yama 3:03PM – 4:33PM	Ayushman Until 11:02AM	Muruga: Clear <i>Sunset: 6:04PM</i>		Moon 2 - Phase 45
		131373367 Rahu 10:33AM – 12:03PM	Balava Until 3:30PM	Nataraja: White		Navami
Creative Work Siddha Yoga			Navami* Until 2:35AM Sat	Moon – Yellow		Sivaloka Day
		Karadaiyan Nombu (Tamil Nadu)		Phalguna-Panguni		

1		Saturday, March 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Pynmana, Myanmar	
Mithuna Rasi: 20.5		Punarvasu Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24		Sutra 335		Vilamba 5120	
Tihti 10		Gulika	6:02AM – 7:32AM	Punarvasu Until 2:59AM Sun	Ganesh: Clear	<i>Sunrise:</i> 6:02AM			
141373368		Yama	1:33PM – 3:03PM	Saubhagya Until 8:23AM	Muruga: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	Rahu	9:02AM – 10:32AM	Taitila Until 1:32PM	Nataraja: Clear			4th Phase	
				Dashami Until 12:20AM Sun	Moon – Blue			Sivaloka Day	
					Phalguna•Panguni				

2		Sunday, March 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Pynmana, Myanmar	
Kataka Rasi: 5.08		Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 336		Vilamba 5120	
Tihti 11		Gulika	3:03PM – 4:34PM	Pushya Until 12:54AM Mon	Ganesh: Clear	<i>Sunrise:</i> 6:01AM			
141373368		Yama	12:02PM – 1:33PM	Athiganda* Until 1:47AM Mon	Muruga: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	Rahu	4:34PM – 6:04PM	Vanija Until 11:02AM	Nataraja: Clear			4th Phase	
				Ekadashi Until 9:34PM	Moon – Blue			Sivaloka Day	
					Phalguna•Panguni				

3		Monday, March 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Pynmana, Myanmar	
Kataka Rasi: 19.47		Ashlesha* Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26		Sutra 337		Vilamba 5120	
Tihti 12		Gulika	1:33PM – 3:03PM	Ashlesha* Until 10:19PM	Ganesh: Clear	<i>Sunrise:</i> 6:00AM			
141373368		Yama	10:32AM – 12:02PM	Sukarma Until 9:58PM	Muruga: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46		
Family Home Evening		Rahu	7:31AM – 9:01AM	Bava Until 8:03AM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga	Yogaswami Mahasamadhi		Dvadashi Until 6:25PM	Moon – Blue			Sivaloka Day	
Until 10:19PM					Phalguna•Panguni				
Then Routine Work - Marana Yoga									

4		Tuesday, March 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Pynmana, Myanmar	
Simha Rasi: 4.42		Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 338		Vilamba 5120	
Tihti 13 – 14		Gulika	12:02PM – 1:32PM	Magha* Until 7:45PM	Ganesh: White	<i>Sunrise:</i> 5:59AM			
151373368		Yama	9:01AM – 10:31AM	Dhriti Until 5:58PM	Muruga: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	Rahu	3:03PM – 4:34PM	Gara Until 1:14AM Wed	Nataraja: Clear			4th Phase	
				Trayodashi Until 2:59PM	Moon – Red			Subha Sivaloka Day	
					Phalguna•Panguni				
<i>Pradosha Vrata</i>									

○		Wednesday, March 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Pynmana, Myanmar	
Copper Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 339		Vilamba 5120	
Simha Rasi: 19.46		Gulika	10:31AM – 12:01PM	Purvaphalguni Until 4:58PM	Ganesh: White	<i>Sunrise:</i> 5:59AM			
Tihti 14 – 15		Yama	7:29AM – 9:00AM	Shula* Until 1:52PM	Muruga: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46		
151373368		Rahu	12:01PM – 1:32PM	Visti Until 9:41PM	Nataraja: Clear			Purnima	
Creative Work	Amrita Yoga	Panguni Uttiram		Chaturdashi* Until 11:26AM	Moon – Red			Subha Sivaloka Day	
				Holi	Phalguna•Panguni				

○		Thursday, March 21, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Pynmana, Myanmar	
Silver Retreat Star		Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 340		Vilamba 5120	
Kanya Rasi: 4.49		Gulika	8:59AM – 10:30AM	Uttaraphalguni Until 2:08PM	Ganesh: White	<i>Sunrise:</i> 5:58AM			
Tihti 15 – 16		Yama	5:58AM – 7:29AM	Ganda* Until 9:49AM	Muruga: Clear	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 46		
151373368		Rahu	1:32PM – 3:03PM	Balava Until 6:15PM	Nataraja: Clear			Prathama	
Amrita Yoga				Purnima* Until 7:55AM	Moon – Red			Subha Sivaloka Day	
Until 2:08PM					Phalguna•Panguni				
Then Routine Work - Marana Yoga									

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Pynmana, Myanmar

Sutra 341

Kanya Rasi: 19.44 Tihti 17

Gulika 7:28AM – 8:59AM
Yama 3:03PM – 4:34PM
Rahu 10:30AM – 12:01PMHasta Until 11:51AM
Dhruva Until 6:00AM
Taitila Until 3:07PM
Dvitiya Until 1:42AM SatGanesha: Yellow Sunrise: 5:57AM
Muruga: White Sunset: 6:05PM
Nataraja: Clear
Moon – Green
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 11:51AM

Then Creative Work - Siddha Yoga

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Pynmana, Myanmar

Sun 1 Sutra 342

Tula Rasi: 4.2 Tihti 18

Gulika 5:56AM – 7:27AM
Yama 1:32PM – 3:03PM
Rahu 8:58AM – 10:29AMChitra Until 9:51AM
Vyaghata* Until 11:21PM
Vanija Until 12:27PM
Tritiya Until 11:20PMGanesha: Yellow Sunrise: 5:56AM
Muruga: White Sunset: 6:05PM
Nataraja: Clear
Moon – Green
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 9:51AM

Then Creative Work - Siddha Yoga

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Pynmana, Myanmar

Sun 2 Sutra 343

Tula Rasi: 18.33 Tihti 19

Gulika 3:03PM – 4:34PM
Yama 12:00PM – 1:31PM
Rahu 4:34PM – 6:05PMSvati Until 8:20AM
Harshana Until 8:20AM
Bava Until 10:25AM
Chaturthi* Until 9:39PMGanesha: Blue Sunrise: 5:55AM
Muruga: White Sunset: 6:05PM
Nataraja: Clear
Moon – Green
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 8:20AM

Then Routine Work - Marana Yoga

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Pynmana, Myanmar

Sun 3 Sutra 344

Vrischika Rasi: 2.18 Tihti 20

Family Home Evening

Gulika 1:31PM – 3:03PM
Yama 10:29AM – 12:00PM
Rahu 7:26AM – 8:57AMVishakha Until 7:49AM
Vajra* Until 6:59PM
Kaulava Until 9:08AM
Panchami Until 8:47PMGanesha: Red Sunrise: 5:55AM
Muruga: White Sunset: 6:05PM
Nataraja: Clear
Moon – Orange
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:49AM

Then Creative Work - Siddha Yoga

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Pynmana, Myanmar

Sun 4 Sutra 345

Vrischika Rasi: 15.34 Tihti 21

Gulika 12:00PM – 1:31PM
Yama 8:57AM – 10:28AM
Rahu 3:03PM – 4:34PMAnuradha Until 8:01AM
Siddhi Until 5:49PM
Gara Until 8:42AM
Shashthi* Until 8:48PMGanesha: Red Sunrise: 5:54AM
Muruga: White Sunset: 6:05PM
Nataraja: Clear
Moon – Orange
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:01AM

Then Routine Work - Marana Yoga

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Pynmana, Myanmar

Sun 5 Sutra 346

Vrischika Rasi: 28.22 Tihti 22

Gulika 10:28AM – 11:59AM
Yama 7:25AM – 8:56AM
Rahu 11:59AM – 1:31PMJyeshtha* Until 8:55AM
Vyatipata* Until 5:20PM
Visti Until 9:10AM
Saptami Until 9:42PMGanesha: Red Sunrise: 5:53AM
Muruga: White Sunset: 6:06PM
Nataraja: Clear
Moon – Orange
Phalguna-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:55AM

Then Routine Work - Marana Yoga

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pynmana, Myanmar

Sun 6 Sutra 347

Dhanus Rasi: 10.48 Tihti 23

Gulika 8:56AM – 10:27AM
Yama 5:52AM – 7:24AM
Rahu 1:31PM – 3:02PMMula* Until 10:56AM
Variyan Until 5:27PM
Balava Until 10:28AM
Ashtami* Until 11:22PMGanesha: Green Sunrise: 5:52AM
Muruga: White Sunset: 6:06PM
Nataraja: Clear
Moon – Light Blue
Phalguna-PanguniMoon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Pynmana, Myanmar

Sun 7 Sutra 348

Dhanus Rasi: 22.56 Tihti 24

Gulika 7:23AM – 8:55AM
Yama 3:02PM – 4:34PM
Rahu 10:27AM – 11:59AMPurvashadha* Until 1:28PM
Parigha* Until 6:03PM
Taitila Until 12:27PM
Navami* Until 1:37AM SatGanesha: Green Sunrise: 5:52AM
Muruga: Yellow Sunset: 6:06PM
Nataraja: Purple
Moon – Light Blue
Phalguna-PanguniMoon 3 - Phase 47
Navami

Devaloka Day

Routine Work Prabalarishta Yoga

Until 1:28PM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1 Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantla Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Pyinmana, Myanmar Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 4.51	Tithi 25	Gulika 5:51AM – 7:23AM	Uttarashadha Until 4:15PM	Ganesha: Green <i>Sunrise:</i> 5:51AM		
		Yama 1:30PM – 3:02PM	Shiva Until 7:00PM	Muruga: Yellow <i>Sunset:</i> 6:06PM		Moon 3 - Phase 48
		182383468 Rahu 8:55AM – 10:27AM	Vanija Until 2:54PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dashami Until 4:12AM Sun	Moon – Light Blue		Devaloka Day
Until 4:15PM				Phalguna•Panguni		
Then Creative Work - Siddha Yoga						

2 Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 16.4	Tithi 26	Gulika 3:02PM – 4:34PM	Shravana Until 7:35PM	Ganesha: Orange <i>Sunrise:</i> 5:50AM		
		Yama 11:58AM – 1:30PM	Siddha Until 7:35PM	Muruga: Yellow <i>Sunset:</i> 6:06PM		Moon 3 - Phase 48
		192383468 Rahu 4:34PM – 6:06PM	Bava Until 5:35PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 6:54AM Mon	Moon – Purple		Sivaloka Day
Until 7:35PM				Phalguna•Panguni		
Then Routine Work - Marana Yoga						

3 Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 351 Vilamba 5120
Makara Rasi: 28.26	Tithi 26 – 27	Gulika 1:30PM – 3:02PM	Dhanishtha Until 10:43PM	Ganesha: Green <i>Sunrise:</i> 5:50AM		
Family Home Evening		Yama 10:26AM – 11:58AM	Sadhya Until 9:05PM	Muruga: Yellow <i>Sunset:</i> 6:06PM		Moon 3 - Phase 48
		192483468 Rahu 7:22AM – 8:54AM	Kaulava Until 8:14PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:54AM	Moon – Purple		Subha Sivaloka Day
				Phalguna•Panguni		

4 Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 10.15	Tithi 27 – 28	Gulika 11:58AM – 1:30PM	Shatabhishak Until 1:28AM Wed	Ganesha: Green <i>Sunrise:</i> 5:49AM		
		Yama 8:54AM – 10:26AM	Subha Until 9:59PM	Muruga: Yellow <i>Sunset:</i> 6:06PM		Moon 3 - Phase 48
		192483468 Rahu 3:02PM – 4:34PM	Gara Until 10:41PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:05PM	Moon – Purple		Subha Sivaloka Day
Until 1:28AM Wed				Phalguna•Panguni		
Then Creative Work - Amrita Yoga						
				<i>Pradosha Vrata (Fasting)</i>		

5 Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Pyinmana, Myanmar Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 22.1	Tithi 28 – 29	Gulika 10:25AM – 11:58AM	Purvaproshtapada* Until 4:13AM Thu	Ganesha: Orange <i>Sunrise:</i> 5:49AM		
		Yama 7:21AM – 8:53AM	Sukla Until 10:35PM	Muruga: Yellow <i>Sunset:</i> 6:07PM		Moon 3 - Phase 48
		112483468 Rahu 11:58AM – 1:30PM	Visti Until 12:48AM Thu	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 11:46AM	Moon – Clear		Sivaloka Day
Until 4:13AM Thu				Phalguna•Panguni		
Then Creative Work - Siddha Yoga						

Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pyinmana, Myanmar Sun 13 Sutra 354 Vilamba 5120
Retreat Star		Gulika 8:53AM – 10:25AM	Uttaraproshtapada Until 6:24AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:48AM		
Meena Rasi: 4.13	Tithi 29 – 30	Yama 5:48AM – 7:20AM	Brahma Until 10:54PM	Muruga: Yellow <i>Sunset:</i> 6:07PM		Moon 3 - Phase 48
		112483468 Rahu 1:30PM – 3:02PM	Catuspada Until 2:29AM Fri	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 1:40PM	Moon – Clear		Sivaloka Day
				Phalguna•Panguni		

Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revali Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pyinmana, Myanmar Sun 14 Sutra 355 Vilamba 5120
Retreat Star		Gulika 7:20AM – 8:52AM	Uttaraproshtapada Until 6:24AM	Ganesha: Orange <i>Sunrise:</i> 5:47AM		
Meena Rasi: 16.27	Tithi 30 – 1	Yama 3:02PM – 4:34PM	Indra Until 10:55PM	Muruga: Yellow <i>Sunset:</i> 6:07PM		Moon 3 - Phase 48
		112483468 Rahu 10:24AM – 11:57AM	Kintughna Until 3:45AM Sat	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 3:09PM	Moon – Clear		Sivaloka Day
		Yugadhi		Chaitra•Panguni		

1		Saturday, April 6, 2019			Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Pyinmana, Myanmar Sun 15 Sutra 356 Vilamba 5120
Mesha Rasi: 28.52	Tithi 1 – 2	Gulika 5:46AM – 7:19AM	Revati Until 8:00AM	Ganesh: Light Blue <i>Sunrise:</i> 5:46AM		
		Yama 1:29PM – 3:02PM	Vaidhriti* Until 10:33PM	Muruga: Yellow <i>Sunset:</i> 6:07PM		Moon 3 - Phase 49
		113483468 Rahu 8:51AM – 10:24AM	Balava Until 4:35AM Sun	Nataraja: Purple		3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 4:12PM	Moon – Clear	Devaloka Day	
Until 8:00AM		Chellappaswami Mahasamadhi		Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

2		Sunday, April 7, 2019			Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Pyinmana, Myanmar Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.28	Tithi 2 – 3	Gulika 3:02PM – 4:35PM	Ashvini Until 9:31AM	Ganesh: Purple <i>Sunrise:</i> 5:46AM		
		Yama 11:56AM – 1:29PM	Vishkambha* Until 9:54PM	Muruga: Yellow <i>Sunset:</i> 6:07PM		Moon 3 - Phase 49
		123483468 Rahu 4:35PM – 6:07PM	Taitila Until 5:00AM Mon	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:49PM	Moon – White	Devaloka Day	
Until 9:31AM				Chaitra•Panguni		
Then Routine Work - Prabalarishta Yoga						

3		Monday, April 8, 2019			Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Pyinmana, Myanmar Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.14	Tithi 3 – 4	Gulika 1:29PM – 3:02PM	Bharani Until 10:30AM	Ganesh: Purple <i>Sunrise:</i> 5:45AM		
Family Home Evening		Yama 10:23AM – 11:56AM	Priti Until 8:58PM	Muruga: Yellow <i>Sunset:</i> 6:07PM		Moon 3 - Phase 49
		123483468 Rahu 7:18AM – 8:50AM	Vanija Until 5:03AM Tue	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:03PM	Moon – White	Devaloka Day	
Until 10:30AM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

4		Tuesday, April 9, 2019			Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti* Karana Chaturthi/Panchamyam Titau	Pyinmana, Myanmar Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 7.12	Tithi 4 – 5	Gulika 11:56AM – 1:29PM	Krittika Until 10:57AM	Ganesh: Purple <i>Sunrise:</i> 5:44AM		
		Yama 8:50AM – 10:23AM	Ayushman Until 7:43PM	Muruga: Yellow <i>Sunset:</i> 6:08PM		Moon 3 - Phase 49
		123483468 Rahu 3:02PM – 4:35PM	Visti Until 4:55PM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 4:55PM	Moon – White	Devaloka Day	
Until 10:57AM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

5		Wednesday, April 10, 2019			Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Pyinmana, Myanmar Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 20.22	Tithi 5 – 6	Gulika 10:22AM – 11:56AM	Rohini Until 11:21AM	Ganesh: Clear <i>Sunrise:</i> 5:43AM		
		Yama 7:16AM – 8:49AM	Saubhagya Until 6:11PM	Muruga: Yellow <i>Sunset:</i> 6:08PM		Moon 3 - Phase 49
		133483468 Rahu 11:56AM – 1:29PM	Kaulava Until 4:02AM Thu	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 4:25PM	Moon – Yellow	Sivaloka Day	
				Chaitra•Panguni		

6		Thursday, April 11, 2019			Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Pyinmana, Myanmar Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 3.43	Tithi 6 – 7	Gulika 8:49AM – 10:22AM	Mrigashira Until 11:14AM	Ganesh: Clear <i>Sunrise:</i> 5:43AM		
		Yama 5:43AM – 7:16AM	Sobhana Until 4:22PM	Muruga: Yellow <i>Sunset:</i> 6:08PM		Moon 3 - Phase 49
		133483468 Rahu 1:28PM – 3:02PM	Gara Until 2:57AM Fri	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 3:32PM	Moon – Yellow	Sivaloka Day	
				Chaitra•Panguni		

Retreat Star		Friday, April 12, 2019			Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vajira/Visti* Karana Saptami/Ashtamyam Titau	Pyinmana, Myanmar Sun 21 Sutra 362 Vilamba 5120
Mithuna Rasi: 17.17	Tithi 7 – 8	Gulika 7:15AM – 8:48AM	Ardra Until 10:34AM	Ganesh: Clear <i>Sunrise:</i> 5:42AM		
		Yama 3:02PM – 4:35PM	Athiganda* Until 2:11PM	Muruga: Yellow <i>Sunset:</i> 6:08PM		Moon 3 - Phase 49
		133483468 Rahu 10:22AM – 11:55AM	Visti Until 1:26AM Sat	Nataraja: Purple		Ashtami
Creative Work	Siddha Yoga		Saptami Until 2:14PM	Moon – Yellow	Sivaloka Day	
				Chaitra•Panguni		

Retreat Star		Saturday, April 13, 2019			Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Pyinmana, Myanmar Sun 22 Sutra 363 Vilamba 5120
Kataka Rasi: 1.07	Tithi 8 – 9	Gulika 5:41AM – 7:15AM	Punarvasu Until 9:47AM	Ganesh: White <i>Sunrise:</i> 5:41AM		
		Yama 1:28PM – 3:01PM	Sukarma Until 11:41AM	Muruga: Yellow <i>Sunset:</i> 6:08PM		Moon 3 - Phase 49
		143483468 Rahu 8:48AM – 10:21AM	Balava Until 11:31PM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga		Ashtami* Until 12:31PM	Moon – Blue	Devaloka Day	
		Sri Rama Navami		Chaitra•Panguni		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pyinmana, Myanmar Sun 23 Sutra 364
Kataka Rasi: 15.12	Tithi 9 – 10	Gulika 3:01PM – 4:35PM	Pushya Until 8:27AM	Ganesha: White <i>Sunrise:</i> 5:40AM		Vikarin 5121
		Yama 11:54AM – 1:28PM	Dhriti Until 8:53AM	Muruga: Yellow <i>Sunset:</i> 6:08PM		Moon 3 - Phase 1
Creative Work	Siddha Yoga	143483468 Rahu 4:35PM – 6:08PM	Taitila Until 9:13PM	Nataraja: Purple		4th Phase
			Navami* Until 10:24AM	Moon – Blue		
		Tamil New Year		Chaitra*Chaitra		Devaloka Day

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar Sun 24 Sutra 1
Kataka Rasi: 29.32	Tithi 10 – 11	Gulika 1:28PM – 3:01PM	Ashlesha* Until 6:37AM	Ganesha: Clear <i>Sunrise:</i> 5:40AM		Vikarin 5121
Family Home Evening		Yama 10:21AM – 11:54AM	Ganda* Until 2:23AM Tue	Muruga: Yellow <i>Sunset:</i> 6:09PM		Moon 3 - Phase 1
Creative Work	Siddha Yoga	243483468 Rahu 7:13AM – 8:47AM	Vanija Until 6:34PM	Nataraja: Purple		4th Phase
Until 6:37AM			Dashami Until 7:55AM	Moon – Blue		
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Sivaloka Day

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 25 Sutra 2
Simha Rasi: 14.05	Tithi 12	Gulika 11:54AM – 1:28PM	Purvaphalguni Until 2:34AM Wed	Ganesha: White <i>Sunrise:</i> 5:39AM		Vikarin 5121
		Yama 8:47AM – 10:20AM	Vriddhi Until 10:51PM	Muruga: Yellow <i>Sunset:</i> 6:09PM		Moon 3 - Phase 1
Creative Work	Siddha Yoga	253483468 Rahu 3:01PM – 4:35PM	Bava Until 3:41PM	Nataraja: Purple		4th Phase
Until 2:34AM Wed			Dvadashi Until 2:10AM Wed	Moon – Red		
Then Creative Work - Amrita Yoga				Chaitra*Chaitra		Devaloka Day

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 26 Sutra 3
Simha Rasi: 28.46	Tithi 13	Gulika 10:20AM – 11:54AM	Uttaraphalguni Until 12:11AM Thu	Ganesha: White <i>Sunrise:</i> 5:38AM		Vikarin 5121
		Yama 7:12AM – 8:46AM	Dhruva Until 7:14PM	Muruga: Yellow <i>Sunset:</i> 6:09PM		Moon 3 - Phase 1
Creative Work	Amrita Yoga	253483468 Rahu 11:54AM – 1:28PM	Kaulava Until 12:40PM	Nataraja: Purple		4th Phase
Until 12:11AM Thu			Trayodashi Until 11:08PM	Moon – Red		
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Devaloka Day
						<i>Pradosha Vrata</i>

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 27 Sutra 4
Kanya Rasi: 13.28	Tithi 14	Gulika 8:46AM – 10:20AM	Hasta Until 10:09PM	Ganesha: Yellow <i>Sunrise:</i> 5:38AM		Vikarin 5121
		Yama 5:38AM – 7:12AM	Vyaghata* Until 3:40PM	Muruga: Yellow <i>Sunset:</i> 6:09PM		Moon 3 - Phase 1
Routine Work	Marana Yoga	263483468 Rahu 1:27PM – 3:01PM	Gara Until 9:40AM	Nataraja: Purple		4th Phase
Until 10:09PM			Chaturdashi* Until 8:11PM	Moon – Green		
Then Creative Work - Siddha Yoga				Chaitra*Chaitra		Sivaloka Day

Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Pyinmana, Myanmar Sutra 5
Copper Retreat Star		Gulika 7:11AM – 8:45AM	Chitra Until 8:14PM	Ganesha: Yellow <i>Sunrise:</i> 5:37AM		Vikarin 5121
Kanya Rasi: 28.05	Tithi 15 – 16	Yama 3:01PM – 4:35PM	Harshana Until 12:17PM	Muruga: Yellow <i>Sunset:</i> 6:09PM		Moon 3 - Phase 1
Creative Work	Siddha Yoga	263483468 Rahu 10:19AM – 11:53AM	Visti Until 6:48AM	Nataraja: Purple		Purnima
			Purnima* Until 5:27PM	Moon – Green		
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		Sivaloka Day
		Hanuman Jayanti				

Saturday, April 20, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Pyinmana, Myanmar Sutra 6
Silver Retreat Star		Gulika 5:36AM – 7:11AM	Svati Until 6:35PM	Ganesha: Red <i>Sunrise:</i> 5:36AM		Vikarin 5121
Tula Rasi: 12.29	Tithi 16 – 17	Yama 1:27PM – 3:01PM	Vajra* Until 9:09AM	Muruga: Yellow <i>Sunset:</i> 6:10PM		Moon 3 - Phase 1
Creative Work	Siddha Yoga	264483468 Rahu 8:45AM – 10:19AM	Taitila Until 2:09AM Sun	Nataraja: Purple		Prathama
			Prathama* Until 3:07PM	Moon – Green		
				Chaitra*Chaitra		Sivaloka Day