



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal
Sutra 16

Vrischika Rasi: 1.01 Tiithi 17

Gulika 12:31PM – 2:16PM
Yama 9:01AM – 10:46AM
273832369 **Rahu** 4:00PM – 5:45PM

Vishakha Until 10:23AM
Variyan Until 3:48AM Wed
Taitila Until 1:40PM
Dvitiya Until 2:09AM Wed

Ganesha: Purple *Sunrise:* 5:32AM
Muruga: White *Sunset:* 7:30PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga
Until 10:23AM
Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija Karana Tritiyayam Titau

Porto, Portugal
Sun 1 Sutra 17

Vrischika Rasi: 13.31 Tiithi 18

Gulika 10:46AM – 12:31PM
Yama 7:16AM – 9:01AM
273832369 **Rahu** 12:31PM – 2:16PM

Anuradha Until 12:05PM
Parigha* Until 3:56AM Thu
Vanija Until 2:49PM
Tritiya Until 3:34AM Thu

Ganesha: Purple *Sunrise:* 5:31AM
Muruga: White *Sunset:* 7:31PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Porto, Portugal
Sun 2 Sutra 18

Vrischika Rasi: 25.47 Tiithi 19

Gulika 9:00AM – 10:45AM
Yama 5:29AM – 7:15AM
274832369 **Rahu** 2:16PM – 4:01PM

Jyeshtha* Until 2:08PM
Shiva Until 4:28AM Fri
Bava Until 4:30PM
Chaturthi* Until 5:30AM Fri

Ganesha: Clear *Sunrise:* 5:29AM
Muruga: White *Sunset:* 7:32PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga
Until 2:08PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava Karana Panchamyam Titau

Porto, Portugal
Sun 3 Sutra 19

Dhanus Rasi: 7.52 Tiithi 20

Gulika 7:14AM – 8:59AM
Yama 4:02PM – 5:47PM
284832369 **Rahu** 10:45AM – 12:31PM

Mula* Until 4:59PM
Siddha Until 5:17AM Sat
Kaulava Until 6:39PM
Panchami Until 7:50AM Sat

Ganesha: White *Sunrise:* 5:28AM
Muruga: White *Sunset:* 7:33PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga
Until 4:59PM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal
Sun 4 Sutra 20

Dhanus Rasi: 19.46 Tiithi 20 – 21

Gulika 5:27AM – 7:13AM
Yama 2:16PM – 4:02PM
284832369 **Rahu** 8:59AM – 10:45AM

Purvashadha* Until 7:59PM
Sadhya Until 10:55PM Sun
Gara Until 9:07PM
Panchami Until 7:50AM

Ganesha: White *Sunrise:* 5:27AM
Muruga: White *Sunset:* 7:34PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga
Until 7:59PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Porto, Portugal
Sun 5 Sutra 21

Makara Rasi: 1.35 Tiithi 21 – 22

Gulika 4:03PM – 5:49PM
Yama 12:30PM – 2:17PM
284832369 **Rahu** 5:49PM – 7:35PM

Uttarashadha Until 10:55PM
Sadhya Until 10:55PM
Bava Until 12:56AM Mon
Shashthi* Until 10:23AM

Ganesha: White *Sunrise:* 5:26AM
Muruga: White *Sunset:* 7:35PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal
Sun 6 Sutra 22

Makara Rasi: 13.23 Tiithi 22 – 23

Family Home Evening

294832369 **Rahu** 7:11AM – 8:57AM

Shravana Until 2:04AM Tue
Subha Until 7:22AM
Balava Until 2:08AM Tue
Saptami Until 12:56PM

Ganesha: Yellow *Sunrise:* 5:24AM
Muruga: White *Sunset:* 7:36PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Creative Work Amrita Yoga
Until 2:04AM Tue
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal
Sun 7 Sutra 23

Makara Rasi: 25.17 Tiithi 23 – 24

Gulika 12:30PM – 2:17PM
Yama 8:57AM – 10:43AM
294832369 **Rahu** 4:04PM – 5:50PM

Dhanishtha Until 4:40AM Wed
Sukla Until 8:14AM
Taitila Until 4:10AM Wed
Ashtami* Until 3:12PM

Ganesha: Yellow *Sunrise:* 5:23AM
Muruga: White *Sunset:* 7:37PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Wednesday, May 9, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam		Porto, Portugal	
Kumbha Rasi: 7.2		Tithi 24 – 25		Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 24	
Creative Work		Siddha Yoga		294832369		Gulika 10:43AM – 12:30PM		Shatabhishak Until 6:30AM Thu	
				Yama 7:09AM – 8:56AM		Rahu 12:30PM – 2:17PM		Ganesh: Yellow Sunrise: 5:22AM	
								Muruga: White Sunset: 7:38PM	
								Nataraja: Purple	
								Moon – Purple	
								Vaisaka-Chaitra	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

2		Thursday, May 10, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Kumbha Rasi: 19.38		Tithi 25		Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Visti* Karana Dashamyam Titau		Sun 9		Sutra 25	
Creative Work		Siddha Yoga		294832369		Gulika 8:56AM – 10:43AM		Shatabhishak Until 6:30AM	
				Yama 5:21AM – 7:08AM		Rahu 2:17PM – 4:05PM		Ganesh: Yellow Sunrise: 5:21AM	
								Muruga: White Sunset: 7:39PM	
								Nataraja: Purple	
								Moon – Purple	
								Vaisaka-Chaitra	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

3		Friday, May 11, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam		Porto, Portugal	
Meena Rasi: 2.17		Tithi 26		Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Sutra 26	
Creative Work		Siddha Yoga		214832369		Gulika 7:07AM – 8:55AM		Purvaproshtapada* Until 7:55AM	
				Yama 4:05PM – 5:53PM		Rahu 10:43AM – 12:30PM		Ganesh: Yellow Sunrise: 5:20AM	
								Muruga: White Sunset: 7:40PM	
								Nataraja: Purple	
								Moon – Clear	
								Vaisaka-Chaitra	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

4		Saturday, May 12, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam		Porto, Portugal	
Meena Rasi: 15.21		Tithi 27 – 28		Uttaraproshtapada/Revali Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 27	
Creative Work		Siddha Yoga		214932369		Gulika 5:19AM – 7:07AM		Uttaraproshtapada Until 4:18PM Sun	
Until 4:18PM Sun				Yama 2:18PM – 4:06PM		Rahu 8:54AM – 10:42AM		Ganesh: Blue Sunrise: 5:19AM	
Then Routine Work - Prabalarishta Yoga								Muruga: White Sunset: 7:41PM	
								Nataraja: Purple	
								Moon – Clear	
								Vaisaka-Chaitra	
								Bhuloka Day	
								Pradosha Vrata (Fasting)	

5		Sunday, May 13, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal	
Meena Rasi: 28.5		Tithi 28 – 29		Uttaraproshtapada/Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 28	
Creative Work		Amrita Yoga		214932369		Gulika 4:06PM – 5:54PM		Uttaraproshtapada Until 4:18PM	
Until 4:18PM				Yama 12:30PM – 2:18PM		Rahu 5:54PM – 7:42PM		Ganesh: Blue Sunrise: 5:18AM	
Then Creative Work - Siddha Yoga								Muruga: White Sunset: 7:42PM	
								Nataraja: Purple	
								Moon – Clear	
								Vaisaka-Chaitra	
								Bhuloka Day	
								Mother's Day	
								Trayodashi* Until 7:01AM	

Monday, May 14, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam		Porto, Portugal	
Mesha Rasi: 12.43		Tithi 29 – 30		Ashvini Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 29	
Family Home Evening				224932369		Gulika 2:18PM – 4:07PM		Ashvini Until 7:01AM	
Creative Work		Siddha Yoga		Yama 10:42AM – 12:30PM		Rahu 7:05AM – 8:53AM		Ganesh: Blue Sunrise: 5:17AM	
								Muruga: White Sunset: 7:43PM	
								Nataraja: Purple	
								Moon – White	
								Vaisaka-Vaikasi	
								Bhuloka Day	
								Chaturdashi* Until 2:20PM	

Tuesday, May 15, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Porto, Portugal	
Mesha Rasi: 26.59		Tithi 30 – 1		Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 30	
Creative Work		Siddha Yoga		225932369		Gulika 12:30PM – 2:19PM		Krittika Until 3:22AM Wed	
				Yama 8:53AM – 10:41AM		Rahu 4:07PM – 5:56PM		Ganesh: Red Sunrise: 5:16AM	
								Muruga: White Sunset: 7:44PM	
								Nataraja: Purple	
								Moon – White	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1	Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sun 15 Sutra 31
	Gulika	10:41AM – 12:30PM	Rohini Until 1:20AM Thu	Ganesha: Yellow	Sunrise: 5:15AM	Vilamba 5120	
	Yama	7:04AM – 8:52AM	Athiganda* Until 5:08PM	Muruga: White	Sunset: 7:45PM	Moon 4 - Phase 5	
	235932369 Rahu	12:30PM – 2:19PM	Balava Until 7:33PM	Nataraja: Purple		3rd Phase	
Creative Work Siddha Yoga Until 1:20AM Thu Then Routine Work - Marana Yoga		Prathama* Until 9:01AM	Moon – Yellow	Bhuloka Day Devaloka Time: 9:AM to 12:PM			

2	Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Porto, Portugal Sun 16 Sutra 32
	Gulika	8:52AM – 10:41AM	Mrigashira Until 12:00AM Sat Fr	Ganesha: Yellow	Sunrise: 5:14AM	Vilamba 5120	
	Yama	5:14AM – 7:03AM	Sukarma Until 1:34PM	Muruga: White	Sunset: 7:46PM	Moon 4 - Phase 5	
	235932369 Rahu	2:19PM – 4:08PM	Gara Until 2:58AM Fri	Nataraja: Purple		3rd Phase	
Routine Work Marana Yoga		Dvitiya Until 6:01AM	Moon – Yellow	Bhuloka Day Devaloka Time: 9:AM to 12:PM			

3	Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Porto, Portugal Sun 17 Sutra 33
	Gulika	7:02AM – 8:51AM	Mrigashira Until 12:00AM Sat	Ganesha: Yellow	Sunrise: 5:13AM	Vilamba 5120	
	Yama	4:09PM – 5:58PM	Dhriti Until 6:32AM Sat	Muruga: White	Sunset: 7:47PM	Moon 4 - Phase 5	
	235932369 Rahu	10:41AM – 12:30PM	Vanija Until 1:29PM	Nataraja: Purple		3rd Phase	
Creative Work Siddha Yoga		Chaturthi* Until 12:00AM Sat	Moon – Yellow	Bhuloka Day Devaloka Time: 9:AM to 12:PM			

4	Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Porto, Portugal Sun 18 Sutra 34
	Gulika	5:12AM – 7:02AM	Punarvasu Until 6:55PM	Ganesha: White	Sunrise: 5:12AM	Vilamba 5120	
	Yama	2:20PM – 4:09PM	Shula* Until 6:32AM	Muruga: White	Sunset: 7:48PM	Moon 4 - Phase 5	
	245932369 Rahu	8:51AM – 10:41AM	Bava Until 10:37AM	Nataraja: Purple		3rd Phase	
Creative Work Siddha Yoga		Panchami Until 9:15PM	Moon – Blue	Devaloka Day Devaloka Time: 9:AM to 12:PM			

5	Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Porto, Portugal Sun 19 Sutra 35
	Gulika	4:10PM – 5:59PM	Pushya Until 5:13PM	Ganesha: White	Sunrise: 5:11AM	Vilamba 5120	
	Yama	12:30PM – 2:20PM	Vriddhi Until 12:17AM Mon	Muruga: White	Sunset: 7:49PM	Moon 4 - Phase 5	
	245932369 Rahu	5:59PM – 7:49PM	Kaulava Until 8:00AM	Nataraja: Purple		3rd Phase	
Creative Work Siddha Yoga		Shashthi* Until 6:48PM	Moon – Blue	Devaloka Day Devaloka Time: 9:AM to 12:PM			

6	Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Porto, Portugal Sun 20 Sutra 36
	Gulika	2:20PM – 4:10PM	Ashlesha* Until 3:44PM	Ganesha: White	Sunrise: 5:10AM	Vilamba 5120	
	Yama	10:40AM – 12:30PM	Dhruva Until 9:35PM	Muruga: White	Sunset: 7:50PM	Moon 4 - Phase 5	
	245932369 Rahu	7:00AM – 8:50AM	Visti Until 3:49AM Tue	Nataraja: Purple		3rd Phase	
Creative Work Siddha Yoga Until 3:44PM Then Routine Work - Marana Yoga		Saptami Until 4:42PM	Moon – Blue	Devaloka Day Devaloka Time: 9:AM to 12:PM			

Retreat Star	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Porto, Portugal Sun 21 Sutra 37
	Gulika	12:30PM – 2:20PM	Magha* Until 2:55PM	Ganesha: Clear	Sunrise: 5:10AM	Vilamba 5120	
	Yama	8:50AM – 10:40AM	Vyaghata* Until 7:13PM	Muruga: White	Sunset: 7:51PM	Moon 4 - Phase 5	
	255932369 Rahu	4:11PM – 6:01PM	Balava Until 2:19AM Wed	Nataraja: Purple		Ashtami	
Creative Work Siddha Yoga		Ashtami* Until 3:00PM	Moon – Red	Bhuloka Day Devaloka Time: 9:AM to 12:PM			

Retreat Star	Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Porto, Portugal Sun 22 Sutra 38
	Gulika	10:40AM – 12:30PM	Purvaphalguni Until 2:23PM	Ganesha: Clear	Sunrise: 5:09AM	Vilamba 5120	
	Yama	6:59AM – 8:50AM	Harshana Until 5:12PM	Muruga: White	Sunset: 7:52PM	Moon 4 - Phase 5	
	255932369 Rahu	12:30PM – 2:21PM	Taitila Until 1:13AM Thu	Nataraja: Purple		Navami	
Creative Work Amrita Yoga		Navami* Until 1:42PM	Moon – Red	Bhuloka Day Devaloka Time: 9:AM to 12:PM			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 23 Sutra 39 Vilamba 5120
Kanya Rasi: 5.25	Tithi 10 – 11	Gulika 8:49AM – 10:40AM	Uttaraphalguni Until 2:05PM	Ganesh: Clear	<i>Sunrise:</i> 5:08AM	
		Yama 5:08AM – 6:59AM	Vajra* Until 3:28PM	Muruga: White	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 6
	Amrita Yoga	255932369 Rahu 2:21PM – 4:12PM	Vanija Until 12:31AM Fri	Nataraja: Purple		4th Phase
Until 2:05PM			Dashami Until 12:48PM	Moon – Red		
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatiyata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 24 Sutra 40 Vilamba 5120
Kanya Rasi: 18.41	Tithi 11 – 12	Gulika 6:58AM – 8:49AM	Hasta Until 12:11PM Sat	Ganesh: Clear	<i>Sunrise:</i> 5:07AM	
		Yama 4:12PM – 6:03PM	Siddhi Until 2:04PM	Muruga: White	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 6
	Amrita Yoga	266932369 Rahu 10:40AM – 12:31PM	Bava Until 12:12AM Sat	Nataraja: Purple		4th Phase
Creative Work			Ekadashi Until 12:18PM	Moon – Green		
Until 12:11PM Sat				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Svati Nakshatra Vyatiyata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 25 Sutra 41 Vilamba 5120
Tula Rasi: 1.46	Tithi 12 – 13	Gulika 5:07AM – 6:58AM	Hasta Until 12:11PM	Ganesh: Purple	<i>Sunrise:</i> 5:07AM	
		Yama 2:22PM – 4:13PM	Vyatiyata* Until 12:11AM Sun	Muruga: White	<i>Sunset:</i> 7:55PM	Moon 4 - Phase 6
	Marana Yoga	366932369 Rahu 8:49AM – 10:40AM	Kaulava Until 12:17AM Sun	Nataraja: Purple		4th Phase
Routine Work			Dvadashi Until 12:11PM	Moon – Green		
Until 12:11PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Creative Work - Siddha Yoga						

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 26 Sutra 42 Vilamba 5120
Tula Rasi: 14.38	Tithi 13 – 14	Gulika 4:13PM – 6:04PM	Svati Until 3:56PM	Ganesh: Purple	<i>Sunrise:</i> 5:06AM	
		Yama 12:31PM – 2:22PM	Variyan Until 12:11PM	Muruga: White	<i>Sunset:</i> 7:55PM	Moon 4 - Phase 6
	Siddha Yoga	366932369 Rahu 6:04PM – 7:55PM	Gara Until 12:46AM Mon	Nataraja: Purple		4th Phase
Creative Work			Trayodashi Until 12:27PM	Moon – Green		
Until 3:56PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Routine Work - Marana Yoga						

Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Porto, Portugal Sun 27 Sutra 43 Vilamba 5120
Copper Retreat Star		Gulika 2:22PM – 4:14PM	Vishakha Until 5:30PM	Ganesh: Clear	<i>Sunrise:</i> 5:05AM	
Tula Rasi: 27.19	Tithi 14 – 15	Yama 10:39AM – 12:31PM	Parigha* Until 11:44AM	Muruga: White	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 6
Family Home Evening		376932369 Rahu 6:57AM – 8:48AM	Visti Until 1:41AM Tue	Nataraja: Purple		Purnima
Routine Work			Chaturdashi* Until 1:09PM	Moon – Orange		
Until 5:30PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga		Vaikasi Visakam				

Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Porto, Portugal Sutra 44 Vilamba 5120
Silver Retreat Star		Gulika 12:31PM – 2:22PM	Anuradha Until 7:22PM	Ganesh: Clear	<i>Sunrise:</i> 5:05AM	
Vrischika Rasi: 9.47	Tithi 15 – 16	Yama 8:48AM – 10:39AM	Shiva Until 11:39AM	Muruga: White	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 6
		376932369 Rahu 4:14PM – 6:05PM	Balava Until 3:03AM Wed	Nataraja: Purple		Prathama
Creative Work			Purnima* Until 2:17PM	Moon – Orange		
Until 7:22PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Porto, Portugal

Vrischika Rasi: 22.05 Tiithi 16 – 17

Gulika 10:39AM – 12:31PM
Yama 6:56AM – 8:48AM
Rahu 12:31PM – 2:23PM

Jyeshtha* Until 9:29PM
Siddha Until 11:53AM
Taitila Until 4:51AM Thu
Prathama* Until 3:52PM

Ganesh: Clear *Sunrise: 5:04AM*
Muruga: White *Sunset: 7:58PM*
Nataraja: Purple
Moon – Orange

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga
Until 9:29PM

Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam

Porto, Portugal

Dhanus Rasi: 4.11 Tiithi 17 – 18

Gulika 8:48AM – 10:39AM
Yama 5:04AM – 6:56AM
Rahu 2:23PM – 4:15PM

Mula* Until 12:19AM Fri
Sadhya Until 12:27PM
Vanija Until 7:02AM Fri
Dvitiya Until 5:53PM

Ganesh: White *Sunrise: 5:04AM*
Muruga: White *Sunset: 7:58PM*
Nataraja: Purple
Moon – Light Blue

Sun 1 Sutra 46
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga
Until 12:19AM Fri

Then Routine Work - Prabalarishta Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam

Porto, Portugal

Dhanus Rasi: 16.08 Tiithi 18

Gulika 6:55AM – 8:47AM
Yama 4:15PM – 6:07PM
Rahu 10:39AM – 12:31PM

Purvashadha* Until 3:17AM Sat
Subha Until 1:18PM
Vanija Until 7:02AM
Tritiya Until 8:13PM

Ganesh: Yellow *Sunrise: 5:03AM*
Muruga: White *Sunset: 7:59PM*
Nataraja: Purple
Moon – Light Blue

Sun 2 Sutra 47
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Routine Work Prabalarishta Yoga
Until 3:17AM Sat

Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam

Porto, Portugal

Dhanus Rasi: 27.59 Tiithi 19

Gulika 5:03AM – 6:55AM
Yama 2:24PM – 4:16PM
Rahu 8:47AM – 10:39AM

Uttarashadha Until 6:15AM Sun
Sukla Until 2:20PM
Bava Until 9:30AM
Chaturthi* Until 10:47PM

Ganesh: Yellow *Sunrise: 5:03AM*
Muruga: White *Sunset: 8:00PM*
Nataraja: Purple
Moon – Light Blue

Sun 3 Sutra 48
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Routine Work Marana Yoga
Until 6:15AM Sun

Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Porto, Portugal

Makara Rasi: 9.47 Tiithi 20

Gulika 4:16PM – 6:08PM
Yama 12:32PM – 2:24PM
Rahu 6:08PM – 8:01PM

Uttarashadha Until 6:15AM
Brahma Until 3:27PM
Kaulava Until 12:06PM
Panchami Until 1:22AM Mon

Ganesh: Yellow *Sunrise: 5:03AM*
Muruga: White *Sunset: 8:01PM*
Nataraja: Purple
Moon – Light Blue

Sun 4 Sutra 49
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Amrita Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam

Porto, Portugal

Makara Rasi: 21.35 Tiithi 21

Gulika 2:24PM – 4:17PM
Yama 10:39AM – 12:32PM
Rahu 6:55AM – 8:47AM

Shravana Until 9:32AM
Indra Until 4:30PM
Gara Until 2:37PM
Shashthi* Until 3:46AM Tue

Ganesh: Blue *Sunrise: 5:02AM*
Muruga: White *Sunset: 8:01PM*
Nataraja: Purple
Moon – Purple

Sun 5 Sutra 50
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Family Home Evening
Creative Work Amrita Yoga
Until 9:32AM

Then Creative Work - Siddha Yoga

Devaloka Day

6

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam

Porto, Portugal

Kumbha Rasi: 3.28 Tiithi 22

Gulika 12:32PM – 2:25PM
Yama 8:47AM – 10:39AM
Rahu 4:17PM – 6:10PM

Dhanishtha Until 12:25PM
Vaidhriti* Until 5:17PM
Visti Until 4:51PM
Saptami Until 5:45AM Wed

Ganesh: Purple *Sunrise: 5:02AM*
Muruga: White *Sunset: 8:02PM*
Nataraja: White
Moon – Purple

Sun 6 Sutra 51
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga
Until 12:25PM

Then Routine Work - Marana Yoga

Devaloka Day

Retreat Star

Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Porto, Portugal

Kumbha Rasi: 15.31 Tiithi 23

Gulika 10:39AM – 12:32PM
Yama 6:54AM – 8:47AM
Rahu 12:32PM – 2:25PM

Shatabhishak Until 7:08AM Thu
Vishkamba* Until 5:41PM
Balava Until 6:33PM
Ashtami* Until 7:08AM Thu

Ganesh: Purple *Sunrise: 5:02AM*
Muruga: White *Sunset: 8:03PM*
Nataraja: White
Moon – Purple

Sun 7 Sutra 52
Vilamba 5120
Moon 5 - Phase 7
Ashtami

Creative Work Siddha Yoga
Until 7:08AM Thu

Then Creative Work - Amrita Yoga

Devaloka Day

Thursday, June 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam

Porto, Portugal

Kumbha Rasi: 27.49 Tiithi 23 – 24

Gulika 8:47AM – 10:40AM
Yama 5:01AM – 6:54AM
Rahu 2:25PM – 4:18PM

Shatabhishak Until 7:08AM
Priti Until 4:93PM
Taitila Until 7:33PM
Ashtami* Until 7:08AM

Ganesh: Blue *Sunrise: 5:01AM*
Muruga: White *Sunset: 8:03PM*
Nataraja: White
Moon – Clear

Sun 8 Sutra 53
Vilamba 5120
Moon 5 - Phase 7
Navami

Creative Work Siddha Yoga

Devaloka Day

Jyeshtha Adhika-Vaikasi

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Porto, Portugal Sun 9 Sutra 54 Vilamba 5120
Meena Rasi: 10.27	Tithi 24 – 25	Gulika 6:54AM – 8:47AM	Uttaraproshtapada Until 5:31PM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	
		Yama 4:18PM – 6:11PM	Ayushman Until 4:45PM	Muruga: White	<i>Sunset:</i> 8:04PM	Moon 5 - Phase 8
		Rahu 10:40AM – 12:33PM	Vanija Until 7:44PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:44AM	Moon – Clear		Bhuloka Day
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 10 Sutra 55 Vilamba 5120
Meena Rasi: 23.3	Tithi 25 – 26	Gulika 5:01AM – 6:54AM	Revati Until 5:29PM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	
		Yama 2:26PM – 4:19PM	Saubhagya Until 3:18PM	Muruga: White	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 8
		Rahu 8:47AM – 10:40AM	Bava Until 7:04PM	Nataraja: White		2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 7:29AM	Moon – Clear		Bhuloka Day
Until 5:29PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 11 Sutra 56 Vilamba 5120
Mesha Rasi: 7	Tithi 26 – 27	Gulika 4:19PM – 6:12PM	Ashvini Until 4:58PM	Ganesha: Green	<i>Sunrise:</i> 5:01AM	
		Yama 12:33PM – 2:26PM	Sobhana Until 1:13PM	Muruga: White	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 8
		Rahu 6:12PM – 8:05PM	Taitila Until 4:34AM Mon	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:25AM	Moon – White		Bhuloka Day
Until 4:58PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Prabalarishta Yoga						

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Porto, Portugal Sun 12 Sutra 57 Vilamba 5120
Mesha Rasi: 20.58	Tithi 28	Gulika 2:26PM – 4:19PM	Bharani Until 3:35PM	Ganesha: Green	<i>Sunrise:</i> 5:00AM	
Family Home Evening		Yama 10:40AM – 12:33PM	Athiganda* Until 10:30AM	Muruga: White	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 8
		Rahu 6:54AM – 8:47AM	Gara Until 3:25PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 2:05AM Tue	Moon – White		Bhuloka Day
Until 3:35PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

Pradosha Vrata (Fasting)

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Porto, Portugal Sun 13 Sutra 58 Vilamba 5120
Vrishabha Rasi: 5.2	Tithi 29	Gulika 12:33PM – 2:26PM	Krittika Until 1:29PM	Ganesha: Green	<i>Sunrise:</i> 5:00AM	
		Yama 8:47AM – 10:40AM	Sukarma Until 7:18AM	Muruga: White	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 8
		Rahu 4:20PM – 6:13PM	Visti Until 12:40PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:06PM	Moon – White		Bhuloka Day
Until 1:29PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Amrita Yoga						

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Porto, Portugal Sun 14 Sutra 59 Vilamba 5120
Retreat Star		Gulika 10:40AM – 12:33PM	Rohini Until 11:15AM	Ganesha: White	<i>Sunrise:</i> 5:00AM	
Vrishabha Rasi: 20.04	Tithi 30	Yama 6:54AM – 8:47AM	Shula* Until 11:52PM	Muruga: White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8
		Rahu 12:33PM – 2:27PM	Catuspada Until 9:30AM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 7:47PM	Moon – Yellow		Bhuloka Day
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sun 15 Sutra 60 Vilamba 5120
Retreat Star		Gulika 8:47AM – 10:40AM	Mrigashira Until 8:37AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	
Mithuna Rasi: 5.01	Tithi 1 – 2	Yama 5:00AM – 6:54AM	Ganda* Until 7:53PM	Muruga: White	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8
		Rahu 2:27PM – 4:20PM	Kintughna Until 6:03AM	Nataraja: White		Prathama
Routine Work	Marana Yoga		Prathama* Until 4:16PM	Moon – Yellow		Bhuloka Day
				Jyeshtha-Vaikasi		Devaloka Time: 9:AM to 12:PM

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
Mithuna Rasi: 20.03 Tithi 2 - 3		Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau				Sun 16 Sutra 61
Creative Work Siddha Yoga	349132361	Gulika 6:54AM - 8:47AM	Punarvasu Until 3:16AM Sat	Ganesh: Orange <i>Sunrise: 5:00AM</i>	Vilamba 5120	
		Yama 4:21PM - 6:14PM	Vriddhi Until 3:56PM	Muruga: White <i>Sunset: 8:07PM</i>	Moon 5 - Phase 9	
		Rahu 10:40AM - 12:34PM	Tailita Until 11:02PM	Nataraja: White	3rd Phase	
			Dvitiya Until 12:44PM	Moon - Blue	Bhuloka Day	
				Jyeshtha-Ani	Devaloka Time: 9:AM to 12:PM	

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
Kataka Rasi: 5.01 Tithi 3 - 4		Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Sun 17 Sutra 62
Creative Work Siddha Yoga	349132361	Gulika 5:00AM - 6:54AM	Pushya Until 12:51AM Sun	Ganesh: Orange <i>Sunrise: 5:00AM</i>	Vilamba 5120	
		Yama 2:28PM - 4:21PM	Dhruva Until 12:05PM	Muruga: White <i>Sunset: 8:08PM</i>	Moon 5 - Phase 9	
		Rahu 8:47AM - 10:41AM	Vanija Until 7:44PM	Nataraja: White	3rd Phase	
			Tritiya Until 9:20AM	Moon - Blue	Bhuloka Day	
				Jyeshtha-Ani	Devaloka Time: 9:AM to 12:PM	

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
Kataka Rasi: 19.48 Tithi 4 - 5		Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Sun 18 Sutra 63
Creative Work Siddha Yoga	349132361	Gulika 4:21PM - 6:15PM	Ashlesha* Until 10:40PM	Ganesh: Orange <i>Sunrise: 5:00AM</i>	Vilamba 5120	
		Yama 12:34PM - 2:28PM	Vyaghata* Until 8:28AM	Muruga: White <i>Sunset: 8:08PM</i>	Moon 5 - Phase 9	
		Rahu 6:15PM - 8:08PM	Balava Until 3:26AM Mon	Nataraja: White	3rd Phase	
			Chaturthi* Until 6:11AM	Moon - Blue	Bhuloka Day	
		Father's Day		Jyeshtha-Ani	Devaloka Time: 9:AM to 12:PM	
Until 10:40PM Then Routine Work - Marana Yoga						

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
Simha Rasi: 4.18 Tithi 6		Magha* Nakshatra Vajra* Yoga Kaulava/Tailita Karana Shashthiyam Titau				Sun 19 Sutra 64
Family Home Evening	359132361	Gulika 2:28PM - 4:22PM	Magha* Until 9:14PM	Ganesh: Green <i>Sunrise: 5:00AM</i>	Vilamba 5120	
		Yama 10:41AM - 12:34PM	Vajra* Until 2:20AM Tue	Muruga: White <i>Sunset: 8:09PM</i>	Moon 5 - Phase 9	
		Rahu 6:54AM - 8:47AM	Kaulava Until 2:15PM	Nataraja: White	3rd Phase	
			Shashthi* Until 1:09AM Tue	Moon - Red	Devaloka Day	
				Jyeshtha-Ani		
Routine Work Marana Yoga Until 9:14PM Then Creative Work - Siddha Yoga						

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
Simha Rasi: 18.27 Tithi 7		Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 65
Creative Work Siddha Yoga	359132361	Gulika 12:35PM - 2:28PM	Purvaphalguni Until 8:12PM	Ganesh: Green <i>Sunrise: 5:01AM</i>	Vilamba 5120	
		Yama 8:48AM - 10:41AM	Siddhi Until 11:55PM	Muruga: White <i>Sunset: 8:09PM</i>	Moon 5 - Phase 9	
		Rahu 4:22PM - 6:15PM	Gara Until 10:49AM Wed	Nataraja: White	3rd Phase	
			Saptami Until 2:20AM Tue	Moon - Red	Devaloka Day	
				Jyeshtha-Ani		
Until 8:12PM Then Creative Work - Amrita Yoga						

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
Retreat Star		Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21 Sutra 66
Kanya Rasi: 2.14 Tithi 8	359132361	Gulika 10:41AM - 12:35PM	Uttaraphalguni Until 7:36PM	Ganesh: Green <i>Sunrise: 5:01AM</i>	Vilamba 5120	
		Yama 6:54AM - 8:48AM	Vyatipata* Until 10:01PM	Muruga: White <i>Sunset: 8:09PM</i>	Moon 5 - Phase 9	
		Rahu 12:35PM - 2:28PM	Visti Until 10:49AM	Nataraja: White	Ashtami	
			Ashtami* Until 10:19PM	Moon - Red	Devaloka Day	
		Chidambaram Abhishekam		Jyeshtha-Ani		
Creative Work Amrita Yoga Until 7:36PM Then Routine Work - Marana Yoga						

Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
Retreat Star		Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22 Sutra 67
Kanya Rasi: 15.41 Tithi 9	369132361	Gulika 8:48AM - 10:42AM	Hasta Until 7:54PM	Ganesh: Red <i>Sunrise: 5:01AM</i>	Vilamba 5120	
		Yama 5:01AM - 6:54AM	Variyan Until 8:33PM	Muruga: White <i>Sunset: 8:09PM</i>	Moon 5 - Phase 9	
		Rahu 2:29PM - 4:22PM	Balava Until 10:00AM	Nataraja: White	Navami	
			Navami* Until 9:47PM	Moon - Green	Bhuloka Day	
				Jyeshtha-Ani	Devaloka Time: 9:AM to 12:PM	
Routine Work Marana Yoga Until 7:54PM Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam Titau				Porto, Portugal Sun 23
	Kanya Rasi: 28.49	Tithi 10	Gulika 6:55AM – 8:48AM	Chitra Until 8:35PM	Ganesh: Green	<i>Sunrise:</i> 5:01AM	Sutra 68
			Yama 4:22PM – 6:16PM	Parigha* Until 7:32PM	Muruga: White	<i>Sunset:</i> 8:10PM	Vilamba 5120
	Creative Work	Siddha Yoga	361132361 Rahu 10:42AM – 12:35PM	Tailila Until 9:45AM	Nataraja: White		Moon 5 - Phase 10
			Dashami Until 9:49PM	Moon – Green		4th Phase	
				Jyeshtha-Ani		Bhuloka Day	

2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Porto, Portugal Sun 24
	Tula Rasi: 11.4	Tithi 11	Gulika 5:01AM – 6:55AM	Svati Until 9:38PM	Ganesh: Green	<i>Sunrise:</i> 5:01AM	Sutra 69
			Yama 2:29PM – 4:23PM	Shiva Until 6:58PM	Muruga: White	<i>Sunset:</i> 8:10PM	Vilamba 5120
	Creative Work	Siddha Yoga	361132361 Rahu 8:48AM – 10:42AM	Vanija Until 10:50AM Sun	Nataraja: White		Moon 5 - Phase 10
			Ekadashi Until 7:32PM	Moon – Green		4th Phase	
				Jyeshtha-Ani		Bhuloka Day	

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Porto, Portugal Sun 25
	Tula Rasi: 24.16	Tithi 12	Gulika 4:23PM – 6:16PM	Vishakha Until 11:28PM	Ganesh: Red	<i>Sunrise:</i> 5:02AM	Sutra 70
			Yama 12:36PM – 2:29PM	Siddha Until 6:45PM	Muruga: Clear	<i>Sunset:</i> 8:10PM	Vilamba 5120
	Routine Work	Marana Yoga	371142361 Rahu 6:16PM – 8:10PM	Bava Until 10:50AM	Nataraja: White		Moon 5 - Phase 10
			Dvadashi Until 11:23PM	Moon – Orange		4th Phase	
				Jyeshtha-Ani		Devaloka Day	

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Tailila Karana Trayodashyam Titau				Porto, Portugal Sun 26
	Vrischika Rasi: 6.41	Tithi 13	Gulika 2:29PM – 4:23PM	Anuradha Until 1:33AM Tue	Ganesh: Red	<i>Sunrise:</i> 5:02AM	Sutra 71
	Family Home Evening		Yama 10:42AM – 12:36PM	Sadhya Until 6:52PM	Muruga: Clear	<i>Sunset:</i> 8:10PM	Vilamba 5120
	Creative Work	Siddha Yoga	371142361 Rahu 6:55AM – 8:49AM	Kaulava Until 12:05PM	Nataraja: White		Moon 5 - Phase 10
			Trayodashi Until 12:50AM Tue	Moon – Orange		4th Phase	
				Jyeshtha-Ani		Devaloka Day	
				<i>Pradosha Vrata</i>			

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal Sun 27
	Vrischika Rasi: 18.55	Tithi 14	Gulika 12:36PM – 2:30PM	Jyeshtha* Until 3:51AM Wed	Ganesh: Red	<i>Sunrise:</i> 5:02AM	Sutra 72
			Yama 8:49AM – 10:43AM	Subha Until 7:20PM	Muruga: Clear	<i>Sunset:</i> 8:10PM	Vilamba 5120
	Routine Work	Marana Yoga	371142361 Rahu 4:23PM – 6:17PM	Gara Until 1:44PM	Nataraja: White		Moon 5 - Phase 10
			Chaturdashi* Until 2:40AM Wed	Moon – Orange		4th Phase	
				Jyeshtha-Ani		Devaloka Day	

○	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Porto, Portugal Sun 27
	Copper Retreat Star		Gulika 10:43AM – 12:36PM	Mula* Until 6:48AM Thu	Ganesh: Blue	<i>Sunrise:</i> 5:03AM	Sutra 73
	Dhanus Rasi: 0.59	Tithi 15	Yama 6:56AM – 8:50AM	Sukla Until 8:01PM	Muruga: Clear	<i>Sunset:</i> 8:10PM	Vilamba 5120
			381142361 Rahu 12:36PM – 2:30PM	Visti Until 3:45PM	Nataraja: White		Moon 5 - Phase 10
			Purnima* Until 4:51AM Thu	Moon – Light Blue		Purnima	
				Jyeshtha-Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

○	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Porto, Portugal Sun 28
	Silver Retreat Star		Gulika 8:50AM – 10:43AM	Mula* Until 6:48AM	Ganesh: Blue	<i>Sunrise:</i> 5:03AM	Sutra 74
	Dhanus Rasi: 12.56	Tithi 16	Yama 5:03AM – 6:56AM	Brahma Until 8:57PM	Muruga: Clear	<i>Sunset:</i> 8:10PM	Vilamba 5120
			381142361 Rahu 2:30PM – 4:23PM	Balava Until 6:03PM	Nataraja: White		Moon 5 - Phase 10
			Prathama* Until 7:16AM Fri	Moon – Light Blue		Prathama	
				Jyeshtha-Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal

Suntra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 24.47 Tihti 16 - 17

Gulika 6:57AM - 8:50AM

Yama 4:23PM - 6:17PM

381142361 Rahu 10:43AM - 12:37PM

Purvashadha* Until 9:51AM Sat

Indra Until 10:02PM

Taitila Until 8:34PM

Prathama* Until 7:16AM

Ganesha: Blue

Sunrise: 5:03AM

Muruga: Clear

Sunset: 8:10PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 9:51AM Sat

Then Routine Work - Marana Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal

Sun 1 Suntra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 6.34 Tihti 17 - 18

Gulika 5:04AM - 6:57AM

Yama 2:30PM - 4:23PM

381242361 Rahu 8:50AM - 10:44AM

Purvashadha* Until 9:51AM

Vaidhriti* Until 10:69PM

Vanija Until 11:10PM

Dvitiya Until 9:51AM

Ganesha: Blue

Sunrise: 5:04AM

Muruga: Clear

Sunset: 8:10PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 9:51AM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Triliya/Chaturthyam Titau

Porto, Portugal

Sun 2 Suntra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 18.21 Tihti 18 - 19

Gulika 4:23PM - 6:17PM

Yama 12:37PM - 2:30PM

391242361 Rahu 6:17PM - 8:10PM

Shravana Until 4:06PM

Vishkambha* Until 12:14AM Mon

Bava Until 1:43AM Mon

Tritiya Until 12:26PM

Ganesha: Red

Sunrise: 5:04AM

Muruga: Clear

Sunset: 8:10PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 4:06PM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal

Sun 3 Suntra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 0.1 Tihti 19 - 20

Gulika 2:30PM - 4:24PM

Yama 10:44AM - 12:37PM

392242361 Rahu 6:58AM - 8:51AM

Dhanishtha Until 7:05PM

Priti Until 1:10AM Tue

Kaulava Until 4:01AM Tue

Chaturthi* Until 2:53PM

Ganesha: Yellow

Sunrise: 5:05AM

Muruga: Clear

Sunset: 8:10PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal

Sun 4 Suntra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 12.05 Tihti 20 - 21

Gulika 12:37PM - 2:31PM

Yama 8:51AM - 10:44AM

392242361 Rahu 4:24PM - 6:17PM

Shatabhishak Until 9:34PM

Ayushman Until 1:46AM Wed

Gara Until 5:55AM Wed

Panchami Until 5:00PM

Ganesha: Yellow

Sunrise: 5:05AM

Muruga: Clear

Sunset: 8:10PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Vanija Karana Shashthyam Titau

Porto, Portugal

Sun 5 Suntra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 24.1 Tihti 21

Gulika 10:45AM - 12:38PM

Yama 6:59AM - 8:52AM

312242361 Rahu 12:38PM - 2:31PM

Purvaproshtapada* Until 11:53PM

Saubhagya Until 1:58AM Thu

Vanija Until 6:38PM

Shashthi* Until 6:38PM

Ganesha: Orange

Sunrise: 5:06AM

Muruga: Clear

Sunset: 8:09PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 11:53PM

Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Porto, Portugal

Sun 6 Suntra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 6.29 Tihti 22

Gulika 8:52AM - 10:45AM

Yama 5:07AM - 6:59AM

312242361 Rahu 2:31PM - 4:23PM

Uttaraproshtapada Until 1:23AM Fri

Sobhana Until 1:39AM Fri

Visti Until 7:15AM

Saptami Until 7:38PM

Ganesha: Orange

Sunrise: 5:07AM

Muruga: Clear

Sunset: 8:09PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal

Sun 7 Suntra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 19.07 Tihti 23

Gulika 7:00AM - 8:53AM

Yama 4:23PM - 6:16PM

412242361 Rahu 10:45AM - 12:38PM

Revati Until 1:59AM Sat

Athiganda* Until 12:43AM Sat

Balava Until 7:53AM

Ashtami* Until 7:54PM

Ganesha: Green

Sunrise: 5:07AM

Muruga: Clear

Sunset: 8:09PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal

Sun 8 Suntra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Mesha Rasi: 2.06 Tihti 24

Gulika 5:08AM - 7:00AM

Yama 2:31PM - 4:23PM

422242361 Rahu 8:53AM - 10:46AM

Ashvini Until 2:07AM Sun

Sukarma Until 11:09PM

Taitila Until 7:44AM

Navami* Until 7:21PM

Ganesha: Orange

Sunrise: 5:08AM

Muruga: Clear

Sunset: 8:09PM

Nataraja: White

Moon - White

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 2:07AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Sunday, July 8, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau	Porto, Portugal Sun 9 Sutra 84 Vilamba 5120
	Mesha Rasi: 15.32 Tihi 25	Gulika 4:23PM – 6:16PM Yama 12:38PM – 2:31PM Rahu 6:16PM – 8:08PM	Bharani Until 1:18AM Mon Dhriti Until 8:58PM Vanija Until 6:48AM Dashami Until 6:01PM

Routine Work Prabalarishta Yoga
Until 1:18AM Mon
Then Routine Work - Marana Yoga

Ganesh: Orange <i>Sunrise:</i> 5:08AM	Muruga: Clear <i>Sunset:</i> 8:08PM	Moon 6 - Phase 12 2nd Phase
Nataraja: White	Moon – White	Devaloka Day
		Jyeshtha•Ani

2	Monday, July 9, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Porto, Portugal Sun 10 Sutra 85 Vilamba 5120
	Mesha Rasi: 29.24 Tihi 26 – 27	Gulika 2:31PM – 4:23PM Yama 10:46AM – 12:38PM Rahu 7:01AM – 8:54AM	Krittika Until 11:40PM Shula* Until 6:10PM Kaulava Until 2:41AM Tue Ekadashi* Until 3:57PM

Family Home Evening
Routine Work Marana Yoga
Until 11:40PM
Then Creative Work - Amrita Yoga

Ganesh: Orange <i>Sunrise:</i> 5:09AM	Muruga: Clear <i>Sunset:</i> 8:08PM	Moon 6 - Phase 12 2nd Phase
Nataraja: White	Moon – White	Devaloka Day
		Jyeshtha•Ani

3	Tuesday, July 10, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhhi Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau	Porto, Portugal Sun 11 Sutra 86 Vilamba 5120
	Vrishabha Rasi: 13.43 Tihi 27 – 28	Gulika 12:39PM – 2:31PM Yama 8:54AM – 10:46AM Rahu 4:23PM – 6:15PM	Rohini Until 9:44PM Ganda* Until 2:52PM Gara Until 11:44PM Dvadashi* Until 1:15PM

Creative Work Amrita Yoga
Until 9:44PM
Then Creative Work - Siddha Yoga


Ganesh: Light Blue <i>Sunrise:</i> 5:10AM	Muruga: Clear <i>Sunset:</i> 8:07PM	Moon 6 - Phase 12 2nd Phase
Nataraja: White	Moon – Yellow	Bhuloka Day
		Jyeshtha•Ani
		Devaloka Time: 12:PM to 3:PM

Pradosha Vrata (Fasting)

4	Wednesday, July 11, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Porto, Portugal Sun 12 Sutra 87 Vilamba 5120
	Vrishabha Rasi: 28.26 Tihi 28 – 29	Gulika 10:47AM – 12:39PM Yama 7:03AM – 8:55AM Rahu 12:39PM – 2:31PM	Mrigashira Until 7:12PM Vridhhi Until 11:11AM Visti Until 8:22PM Trayodashi* Until 10:04AM

Creative Work Siddha Yoga

Ganesh: Light Blue <i>Sunrise:</i> 5:10AM	Muruga: Clear <i>Sunset:</i> 8:07PM	Moon 6 - Phase 12 2nd Phase
Nataraja: White	Moon – Yellow	Bhuloka Day
		Jyeshtha•Ani
		Devaloka Time: 12:PM to 3:PM

	Thursday, July 12, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Porto, Portugal Sun 13 Sutra 88 Vilamba 5120
	Mithuna Rasi: 13.26 Tihi 29 – 30	Gulika 8:55AM – 10:47AM Yama 5:11AM – 7:03AM Rahu 2:31PM – 4:23PM	Ardra Until 4:17PM Dhruva Until 7:12AM Naga Until 2:50AM Fri Chaturdashi* Until 6:33AM

Routine Work Marana Yoga
Until 4:17PM
Then Creative Work - Amrita Yoga

Ganesh: Light Blue <i>Sunrise:</i> 5:11AM	Muruga: Clear <i>Sunset:</i> 8:06PM	Moon 6 - Phase 12 Amavasya
Nataraja: White	Moon – Yellow	Bhuloka Day
		Jyeshtha•Ani
		Devaloka Time: 12:PM to 3:PM

Friday, July 13, 2018	Retreat Star	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau	Porto, Portugal Sun 14 Sutra 89 Vilamba 5120
	Mithuna Rasi: 28.35 Tihi 1	Gulika 7:04AM – 8:55AM Yama 4:22PM – 6:14PM Rahu 10:47AM – 12:39PM	Punarvasu Until 1:30PM Harshana Until 10:55PM Kintughna Until 12:58PM Prathama* Until 11:05PM

Creative Work Siddha Yoga
Until 1:30PM
Then Routine Work - Marana Yoga

Ganesh: Purple <i>Sunrise:</i> 5:12AM	Muruga: Clear <i>Sunset:</i> 8:06PM	Moon 6 - Phase 12 Prathama
Nataraja: White	Moon – Blue	Bhuloka Day
		Ashada•Ani
		Devaloka Time: 12:PM to 3:PM

Partial Solar Eclipse

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Saturday, July 14, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
		Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 90
Kataka Rasi: 13.44	Tithi 2	Gulika 5:13AM – 7:04AM	Pushya Until 10:38AM	Ganesh: Purple <i>Sunrise:</i> 5:13AM	Vilamba 5120	
		Yama 2:31PM – 4:22PM	Vajra* Until 6:51PM	Muruga: Clear <i>Sunset:</i> 8:05PM	Moon 6 - Phase 13	
		442242361 Rahu 8:56AM – 10:47AM	Balava Until 9:16AM	Nataraja: White	3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 7:28PM	Moon – Blue	Bhuloka Day	
Until 10:38AM				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga						

2	Sunday, July 15, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
		Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Sun 16 Sutra 91
Kataka Rasi: 28.45	Tithi 3 – 4	Gulika 4:22PM – 6:13PM	Ashlesha* Until 7:51AM	Ganesh: Purple <i>Sunrise:</i> 5:14AM	Vilamba 5120	
		Yama 12:39PM – 2:31PM	Siddhi Until 3:02PM	Muruga: Clear <i>Sunset:</i> 8:05PM	Moon 6 - Phase 13	
		442242361 Rahu 6:13PM – 8:05PM	Vanija Until 2:37AM Mon	Nataraja: White	3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 4:07PM	Moon – Blue	Bhuloka Day	
Until 7:51AM				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga						

3	Monday, July 16, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
		Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 17 Sutra 92
Simha Rasi: 13.3	Tithi 4 – 5	Gulika 2:31PM – 4:22PM	Purvaphalguni Until 3:56AM Tue	Ganesh: Purple <i>Sunrise:</i> 5:14AM	Vilamba 5120	
Family Home Evening		Yama 10:48AM – 12:39PM	Vyatipata* Until 11:34AM	Muruga: Clear <i>Sunset:</i> 8:04PM	Moon 6 - Phase 13	
		453242361 Rahu 7:06AM – 8:57AM	Bava Until 11:57PM	Nataraja: White	3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 1:12PM	Moon – Red	Bhuloka Day	
Until 3:56AM Tue				Ashada*Adi	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

4	Tuesday, July 17, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
		Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 18 Sutra 93
Simha Rasi: 27.52	Tithi 5 – 6	Gulika 12:39PM – 2:30PM	Uttaraphalguni Until 2:39AM Wed	Ganesh: Purple <i>Sunrise:</i> 5:15AM	Vilamba 5120	
		Yama 8:57AM – 10:48AM	Varyan Until 8:31AM	Muruga: Clear <i>Sunset:</i> 8:04PM	Moon 6 - Phase 13	
		453242362 Rahu 4:21PM – 6:13PM	Kaulava Until 9:53PM	Nataraja: Clear	3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 11:34AM	Moon – Red	Devaloka Day	
Until 2:39AM Wed				Ashada*Adi		
Then Routine Work - Marana Yoga						

5	Wednesday, July 18, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
		Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 94
Kanya Rasi: 11.5	Tithi 6 – 7	Gulika 10:49AM – 12:39PM	Hasta Until 2:20AM Thu	Ganesh: Clear <i>Sunrise:</i> 5:16AM	Vilamba 5120	
		Yama 7:07AM – 8:58AM	Parigha* Until 6:01AM	Muruga: Clear <i>Sunset:</i> 8:03PM	Moon 6 - Phase 13	
		463242362 Rahu 12:39PM – 2:30PM	Gara Until 8:31PM	Nataraja: Clear	3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 9:06AM	Moon – Green	Sivaloka Day	
Until 2:20AM Thu				Ashada*Adi		
Then Creative Work - Siddha Yoga						

☾	Thursday, July 19, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
	Retreat Star	Chitra Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 95
Kanya Rasi: 25.22	Tithi 7 – 8	Gulika 8:58AM – 10:49AM	Chitra Until 2:37AM Fri	Ganesh: Clear <i>Sunrise:</i> 5:17AM	Vilamba 5120	
		Yama 5:17AM – 7:07AM	Siddha Until 2:45AM Fri	Muruga: Clear <i>Sunset:</i> 8:02PM	Moon 6 - Phase 13	
		463242362 Rahu 2:30PM – 4:21PM	Visti Until 7:52PM	Nataraja: Clear	Ashtami	
Creative Work	Siddha Yoga		Saptami Until 8:05AM	Moon – Green	Sivaloka Day	
				Ashada*Adi		

☽	Friday, July 20, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
	Retreat Star	Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 96
Tula Rasi: 8.29	Tithi 8 – 9	Gulika 7:08AM – 8:59AM	Svati Until 3:26AM Sat	Ganesh: Clear <i>Sunrise:</i> 5:18AM	Vilamba 5120	
		Yama 4:21PM – 6:11PM	Sadhya Until 1:58AM Sat	Muruga: Clear <i>Sunset:</i> 8:01PM	Moon 6 - Phase 13	
		463242362 Rahu 10:49AM – 12:40PM	Balava Until 7:57PM	Nataraja: Clear	Navami	
Creative Work	Siddha Yoga		Ashtami* Until 7:48AM	Moon – Green	Sivaloka Day	
				Ashada*Adi		

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantar Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Porto, Portugal Sun 22 Sutra 97
Tula Rasi: 21.16	Tithi 9 – 10	Gulika 5:18AM – 7:09AM	Vishakha Until 5:12AM Sun	Ganesh: White	<i>Sunrise:</i> 5:18AM	Vilamba 5120	
		Yama 2:30PM – 4:20PM	Subha Until 1:44AM Sun	Muruga: Clear	<i>Sunset:</i> 8:01PM	Moon 6 - Phase 14	
		473242362 Rahu 8:59AM – 10:49AM	Taitila Until 8:42PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 8:13AM	Moon – Orange		Devaloka Day	
Until 5:12AM Sun				Ashada*Adi			
Then Routine Work - Marana Yoga							

2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Porto, Portugal Sun 23 Sutra 98
Vrischika Rasi: 3.44	Tithi 10 – 11	Gulika 4:20PM – 6:10PM	Anuradha Until 7:20AM Mon	Ganesh: White	<i>Sunrise:</i> 5:19AM	Vilamba 5120	
		Yama 12:40PM – 2:30PM	Sukla Until 1:54AM Mon	Muruga: Clear	<i>Sunset:</i> 8:00PM	Moon 6 - Phase 14	
		473242362 Rahu 6:10PM – 8:00PM	Vanija Until 10:02PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 9:17AM	Moon – Orange		Devaloka Day	
Until 7:20AM Mon				Ashada*Adi			
Then Creative Work - Siddha Yoga							

3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vistil*/Bava Karana Ekadashi/Dvodashyam Titau	Porto, Portugal Sun 24 Sutra 99
Vrischika Rasi: 15.59	Tithi 11 – 12	Gulika 2:30PM – 4:19PM	Anuradha Until 7:20AM	Ganesh: White	<i>Sunrise:</i> 5:20AM	Vilamba 5120	
Family Home Evening		Yama 10:50AM – 12:40PM	Brahma Until 2:26AM Tue	Muruga: Clear	<i>Sunset:</i> 7:59PM	Moon 6 - Phase 14	
		473242362 Rahu 7:10AM – 9:00AM	Bava Until 11:52PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 10:52AM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau	Porto, Portugal Sun 25 Sutra 100
Vrischika Rasi: 28.02	Tithi 12 – 13	Gulika 12:40PM – 2:29PM	Jyeshtha* Until 3:14PM Wed	Ganesh: White	<i>Sunrise:</i> 5:21AM	Vilamba 5120	
		Yama 9:00AM – 10:50AM	Indra Until 3:16AM Wed	Muruga: Clear	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 14	
		473242362 Rahu 4:19PM – 6:09PM	Kaulava Until 2:03AM Wed	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvodashi Until 12:54PM	Moon – Orange		Devaloka Day	
Until 3:14PM Wed				Ashada*Adi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Porto, Portugal Sun 26 Sutra 101
Dhanus Rasi: 9.58	Tithi 13 – 14	Gulika 10:50AM – 12:40PM	Jyeshtha* Until 3:14PM	Ganesh: Red	<i>Sunrise:</i> 5:22AM	Vilamba 5120	
		Yama 7:11AM – 9:01AM	Vaidhriti* Until 3:75AM Thu	Muruga: Clear	<i>Sunset:</i> 7:57PM	Moon 6 - Phase 14	
		483342362 Rahu 12:40PM – 2:29PM	Gara Until 4:30AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 3:14PM	Moon – Light Blue		Sivaloka Day	
Until 3:14PM				Ashada*Adi			
Then Creative Work - Amrita Yoga							

6		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Chaturdashy/Purnimayam Titau	Porto, Portugal Sun 27 Sutra 102
Dhanus Rasi: 21.48	Tithi 14 – 15	Gulika 9:01AM – 10:51AM	Purvashadha* Until 3:53PM	Ganesh: Red	<i>Sunrise:</i> 5:23AM	Vilamba 5120	
		Yama 5:23AM – 7:12AM	Vishkambha* Until 5:21AM Fri	Muruga: Clear	<i>Sunset:</i> 7:56PM	Moon 6 - Phase 14	
		483342362 Rahu 2:29PM – 4:18PM	Visti Until 7:05AM Fri	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashy* Until 5:46PM	Moon – Light Blue		Sivaloka Day	
Until 3:53PM				Ashada*Adi			
Then Routine Work - Marana Yoga							

○		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Priti Yoga Visti*/Bava Karana Purnimayam Titau	Porto, Portugal Sun 28 Sutra 103
Copper Retreat Star		Gulika 7:13AM – 9:02AM	Uttarashadha Until 6:52PM	Ganesh: Red	<i>Sunrise:</i> 5:24AM	Vilamba 5120	
Makara Rasi: 3.35	Tithi 15	Yama 4:18PM – 6:07PM	Priti Until 6:29AM Sat	Muruga: Clear	<i>Sunset:</i> 7:55PM	Moon 6 - Phase 14	
		483342362 Rahu 10:51AM – 12:40PM	Visti Until 7:05AM	Nataraja: Clear		Purnima	
Routine Work	Marana Yoga		Purnima* Until 8:21PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
		Total Lunar Eclipse					
		Satguru Purnima					

○		Saturday, July 28, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau	Porto, Portugal Sun 29 Sutra 104
Silver Retreat Star		Gulika 5:25AM – 7:14AM	Shravana Until 10:08PM	Ganesh: Blue	<i>Sunrise:</i> 5:25AM	Vilamba 5120	
Makara Rasi: 15.23	Tithi 16	Yama 2:28PM – 4:17PM	Priti Until 6:29AM	Muruga: Clear	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 14	
		493342362 Rahu 9:02AM – 10:51AM	Balava Until 9:39AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 10:53PM	Moon – Purple		Devaloka Day	
				Ashada*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dvitiyayam Titau

Porto, Portugal
Sun 1 Sutra 105
Vilamba 5120

Makara Rasi: 27.13 Tiithi 17

Gulika 4:17PM – 6:05PM
Yama 12:40PM – 2:28PM
Rahu 6:05PM – 7:53PM

Dhanishtha Until 1:03AM Mon
Ayushman Until 7:29AM
Tailila Until 12:06PM

Ganesha: Blue *Sunrise:* 5:26AM
Muruga: Clear *Sunset:* 7:53PM

Moon 7 - Phase 15
1st Phase

Routine Work Marana Yoga
Until 1:03AM Mon
Then Creative Work - Siddha Yoga

Dvitiya Until 1:14AM Mon

Ashada*Adi

Devaloka Day

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Porto, Portugal
Sun 2 Sutra 106
Vilamba 5120

Kumbha Rasi: 9.07 Tiithi 18

Gulika 2:28PM – 4:16PM
Yama 10:51AM – 12:40PM
Rahu 7:15AM – 9:03AM

Shatabhishak Until 3:32AM Tue
Saubhagya Until 8:20AM
Vanija Until 2:19PM

Ganesha: Blue *Sunrise:* 5:27AM
Muruga: Clear *Sunset:* 7:52PM

Moon 7 - Phase 15
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 3:32AM Tue
Then Routine Work - Marana Yoga

Tritiya Until 3:17AM Tue

Ashada*Adi

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Porto, Portugal
Sun 3 Sutra 107
Vilamba 5120

Kumbha Rasi: 21.09 Tiithi 19

Gulika 12:40PM – 2:28PM
Yama 9:04AM – 10:52AM
Rahu 4:15PM – 6:03PM

Purvaproshtapada* Until 5:57AM Wed
Sobhana Until 8:58AM
Bava Until 4:11PM

Ganesha: White *Sunrise:* 5:28AM
Muruga: Clear *Sunset:* 7:51PM

Moon 7 - Phase 15
1st Phase

Routine Work Marana Yoga
Until 5:57AM Wed
Then Creative Work - Siddha Yoga

Chaturthi* Until 4:56AM Wed

Ashada*Adi

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Kaulava/Tailila Karana Panchamyam Titau

Porto, Portugal
Sun 4 Sutra 108
Vilamba 5120

Meena Rasi: 3.21 Tiithi 20

Gulika 10:52AM – 12:39PM
Yama 7:16AM – 9:04AM
Rahu 12:39PM – 2:27PM

Uttaraproshtapada Until 7:43AM Thu
Athiganda* Until 9:14AM
Kaulava Until 5:36PM

Ganesha: White *Sunrise:* 5:29AM
Muruga: Clear *Sunset:* 7:50PM

Moon 7 - Phase 15
1st Phase

Creative Work Siddha Yoga

Panchami Until 6:06AM Thu

Ashada*Adi

Devaloka Day

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal
Sun 5 Sutra 109
Vilamba 5120

Meena Rasi: 15.46 Tiithi 20 – 21

Gulika 9:05AM – 10:52AM
Yama 5:30AM – 7:17AM
Rahu 2:27PM – 4:14PM

Uttaraproshtapada Until 7:43AM
Sukarma Until 9:07AM
Gara Until 6:29PM

Ganesha: White *Sunrise:* 5:30AM
Muruga: Clear *Sunset:* 7:49PM

Moon 7 - Phase 15
1st Phase

Creative Work Siddha Yoga

Panchami Until 6:06AM

Ashada*Adi

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Porto, Portugal
Sun 6 Sutra 110
Vilamba 5120

Meena Rasi: 28.25 Tiithi 21 – 22

Gulika 7:18AM – 9:05AM
Yama 4:14PM – 6:01PM
Rahu 10:52AM – 12:39PM

Revati Until 8:46AM
Dhriti Until 8:34AM
Visti Until 6:45PM

Ganesha: White *Sunrise:* 5:31AM
Muruga: Clear *Sunset:* 7:48PM

Moon 7 - Phase 15
1st Phase

Creative Work Siddha Yoga
Until 8:46AM
Then Creative Work - Amrita Yoga

Shashthi* Until 6:41AM

Ashada*Adi

Devaloka Day

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal
Sun 7 Sutra 111
Vilamba 5120

Mesha Rasi: 11.24 Tiithi 22 – 23

Gulika 5:32AM – 7:18AM
Yama 2:26PM – 4:13PM
Rahu 9:05AM – 10:52AM

Ashvini Until 9:30AM
Shula* Until 7:28AM
Balava Until 6:21PM

Ganesha: Clear *Sunrise:* 5:32AM
Muruga: Clear *Sunset:* 7:47PM

Moon 7 - Phase 15
Ashtami

Creative Work Siddha Yoga

Saptami Until 6:37AM

Ashada*Adi

Sivaloka Day

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Vriddhi Yoga Tailila/Gara Karana Navamyam Titau

Porto, Portugal
Sun 8 Sutra 112
Vilamba 5120

Mesha Rasi: 24.44 Tiithi 24

Gulika 4:12PM – 5:59PM
Yama 12:39PM – 2:26PM
Rahu 5:59PM – 7:46PM

Bharani Until 9:24AM
Vriddhi Until 3:41AM Mon
Tailila Until 5:16PM

Ganesha: Clear *Sunrise:* 5:33AM
Muruga: Clear *Sunset:* 7:46PM

Moon 7 - Phase 15
Navami

Routine Work Prabalarishta Yoga
Until 9:24AM
Then Creative Work - Siddha Yoga

Navami* Until 4:28AM Mon

Ashada*Adi

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time


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1		Monday, August 6, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Porto, Portugal Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 8.28	Tithi 25	Gulika	2:25PM – 4:12PM	Krittika Until 8:29AM	Ganesh: Clear	<i>Sunrise:</i> 5:34AM	
Family Home Evening	424342362	Yama	10:53AM – 12:39PM	Dhruva Until 8:29AM	Muruga: Clear	<i>Sunset:</i> 7:45PM	
Routine Work	Marana Yoga	Rahu	7:20AM – 9:06AM	Vanija Until 3:31PM	Nataraja: Clear	Moon 7 - Phase 16	
Until 8:29AM				Dashami Until 2:24AM Tue	Moon – White	2nd Phase	
Then Creative Work - Amrita Yoga					Ashada*Adi	Sivaloka Day	

2		Tuesday, August 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Porto, Portugal Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 22.35	Tithi 26	Gulika	12:39PM – 2:25PM	Rohini Until 7:13AM	Ganesh: Purple	<i>Sunrise:</i> 5:35AM	
Creative Work	Amrita Yoga	Yama	9:07AM – 10:53AM	Vyaghata* Until 9:47PM	Muruga: Clear	<i>Sunset:</i> 7:43PM	
Until 7:13AM		Rahu	4:11PM – 5:57PM	Bava Until 1:10PM	Nataraja: Clear	Moon 7 - Phase 16	
Then Creative Work - Siddha Yoga				Ekadashi* Until 11:46PM	Moon – Yellow	2nd Phase	
					Ashada*Adi	Devaloka Day	

3		Wednesday, August 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukstayam Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Porto, Portugal Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 7.06	Tithi 27	Gulika	10:53AM – 12:39PM	Ardra Until 2:45AM Thu	Ganesh: Purple	<i>Sunrise:</i> 5:36AM	
Creative Work	Siddha Yoga	Yama	7:21AM – 9:07AM	Harshana Until 6:13PM	Muruga: Clear	<i>Sunset:</i> 7:42PM	
Until 2:45AM Thu		Rahu	12:39PM – 2:25PM	Kaulava Until 10:17AM	Nataraja: Clear	Moon 7 - Phase 16	
Then Creative Work - Amrita Yoga				Dvadashi* Until 8:40PM	Moon – Yellow	2nd Phase	
					Ashada*Adi	Devaloka Day	

4		Thursday, August 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukstayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau	Porto, Portugal Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 21.56	Tithi 28 – 29	Gulika	9:08AM – 10:53AM	Punarvasu Until 1:37PM Fri	Ganesh: Light Blue	<i>Sunrise:</i> 5:37AM	
Creative Work	Amrita Yoga	Yama	5:37AM – 7:22AM	Vajra* Until 2:21PM	Muruga: Clear	<i>Sunset:</i> 7:41PM	
Until 1:37PM Fri		Rahu	2:24PM – 4:10PM	Gara Until 7:00AM	Nataraja: Clear	Moon 7 - Phase 16	
Then Routine Work - Marana Yoga				Trayodashi* Until 5:14PM	Moon – Blue	2nd Phase	
					Ashada*Adi	Devaloka Day	
					<i>Pradosha Vrata (Fasting)</i>		

		Friday, August 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yukstayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Porto, Portugal Sun 13 Sutra 117 Vilamba 5120
Retreat Star		Gulika	7:23AM – 9:08AM	Punarvasu Until 1:37PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:38AM	
Kataka Rasi: 6.58	Tithi 29 – 30	Yama	4:09PM – 5:54PM	Siddhi Until 5:72AM Sat	Muruga: Clear	<i>Sunset:</i> 7:40PM	
Routine Work	Marana Yoga	Rahu	10:53AM – 12:39PM	Catuspada Until 11:48PM	Nataraja: Clear	Moon 7 - Phase 16	
				Chaturdashi* Until 1:37PM	Moon – Blue	Amavasya	
					Ashada*Adi	Devaloka Day	

Retreat Star		Saturday, August 11, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yukstayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Porto, Portugal Sun 14 Sutra 118 Vilamba 5120
Kataka Rasi: 22.05	Tithi 30 – 1	Gulika	5:39AM – 7:23AM	Ashlesha* Until 6:25PM	Ganesh: Orange	<i>Sunrise:</i> 5:39AM	
Routine Work	Marana Yoga	Yama	2:23PM – 4:08PM	Vyatipata* Until 6:12AM	Muruga: Clear	<i>Sunset:</i> 7:38PM	
Until 6:25PM		Rahu	9:08AM – 10:53AM	Kintughna Until 8:10PM	Nataraja: Clear	Moon 7 - Phase 16	
Then Creative Work - Amrita Yoga				Amavasya* Until 9:57AM	Moon – Blue	Prathama	
					Sravana*Adi	Sivaloka Day	
					Partial Solar Eclipse		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 7.09	Tithi 1 – 2	Gulika 4:08PM – 5:52PM	Magha* Until 3:56PM	Ganesh: Clear	<i>Sunrise:</i> 5:40AM	
		Yama 12:38PM – 2:23PM	Parigha* Until 10:19PM	Muruga: Clear	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 17
		455342362 Rahu 5:52PM – 7:37PM	Kaulava Until 3:07AM Mon	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 6:24AM	Moon – Red		Sivaloka Day
Until 3:56PM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Porto, Portugal Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 21.59	Tithi 3	Gulika 2:22PM – 4:07PM	Purvaphalguni Until 1:38PM	Ganesh: Clear	<i>Sunrise:</i> 5:41AM	
Family Home Evening		Yama 10:54AM – 12:38PM	Shiva Until 6:49PM	Muruga: Clear	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 17
		455342362 Rahu 7:25AM – 9:09AM	Tailila Until 1:39PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:16AM Tue	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Vishti* Karana Chaturthyam Titau				Porto, Portugal Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 6.31	Tithi 4	Gulika 12:38PM – 2:22PM	Uttaraphalguni Until 11:42AM	Ganesh: Clear	<i>Sunrise:</i> 5:42AM	
		Yama 9:10AM – 10:54AM	Siddha Until 3:44PM	Muruga: Clear	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 17
		455342362 Rahu 4:06PM – 5:50PM	Vanija Until 11:03AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 9:58PM	Moon – Red		Sivaloka Day
Until 11:42AM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Porto, Portugal Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 20.37	Tithi 5	Gulika 10:54AM – 12:38PM	Hasta Until 10:42AM	Ganesh: Purple	<i>Sunrise:</i> 5:43AM	
		Yama 7:26AM – 9:10AM	Sadhya Until 1:12PM	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 17
		465342362 Rahu 12:38PM – 2:21PM	Bava Until 9:05AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 8:22PM	Moon – Green		Subha Sivaloka Day
Until 10:42AM		Nag Panchami		Sravana-Adi		
Then Creative Work - Siddha Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Shashthyam Titau				Porto, Portugal Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 4.16	Tithi 6	Gulika 9:10AM – 10:54AM	Chitra Until 10:17AM	Ganesh: Purple	<i>Sunrise:</i> 5:44AM	
		Yama 5:44AM – 7:27AM	Subha Until 11:17AM	Muruga: Clear	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 17
		465342362 Rahu 2:21PM – 4:04PM	Kaulava Until 7:52AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:32PM	Moon – Green		Subha Sivaloka Day
Until 10:17AM				Sravana-Adi		
Then Creative Work - Amrita Yoga						

6 Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Porto, Portugal Sun 20 Sutra 124 Vilamba 5120
Tula Rasi: 17.28	Tithi 7	Gulika 7:28AM – 9:11AM	Svati Until 10:30AM	Ganesh: Clear	<i>Sunrise:</i> 5:45AM	
		Yama 4:04PM – 5:47PM	Sukla Until 10:00AM	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 17
		565342362 Rahu 10:54AM – 12:37PM	Gara Until 7:26AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:31PM	Moon – Green		Sivaloka Day
				Sravana-Avani		

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Vishti* Karana Ashtamyam Titau				Porto, Portugal Sun 21 Sutra 125 Vilamba 5120
Vrischika Rasi: 0.16	Tithi 8	Gulika 5:46AM – 7:28AM	Vishakha Until 11:49AM	Ganesh: Purple	<i>Sunrise:</i> 5:46AM	
		Yama 2:20PM – 4:03PM	Brahma Until 9:21AM	Muruga: Clear	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 17
		575342362 Rahu 9:11AM – 10:54AM	Vishti Until 7:50AM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:17PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Porto, Portugal Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 12.43	Tithi 9	Gulika 4:02PM – 5:44PM	Anuradha Until 1:42PM	Ganesh: Clear	<i>Sunrise:</i> 5:47AM	
		Yama 12:37PM – 2:19PM	Indra Until 9:18AM	Muruga: Clear	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 17
		575442362 Rahu 5:44PM – 7:27PM	Balava Until 8:58AM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 9:45PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1		Monday, August 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam		Porto, Portugal	
Vrischika Rasi: 24.54		Tihti 10		Jyeshtha* Until 4:00PM		Ganesh: Clear		Sunrise: 5:48AM	
Family Home Evening		575442362		Vaidhriti* Until 9:42AM		Muruga: Clear		Sunset: 7:26PM	
Creative Work		Siddha Yoga		Taitila Until 10:44AM		Nataraja: Clear		Moon 7 - Phase 18	
				Dashami Until 11:47PM		Moon - Orange		Sivaloka Day	
						Sravana-Avani			

2		Tuesday, August 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam		Porto, Portugal	
Dhanus Rasi: 6.52		Tihti 11		Mula* Until 7:02PM		Ganesh: Clear		Sunrise: 5:49AM	
Creative Work		Amrita Yoga		Vishkambha* Until 10:29AM		Muruga: Clear		Sunset: 7:24PM	
Until 7:02PM		586442362		Vanija Until 12:58PM		Nataraja: Clear		Moon 7 - Phase 18	
Then Creative Work - Siddha Yoga				Ekadashi Until 2:11AM Wed		Moon - Light Blue		Sivaloka Day	
						Sravana-Avani			

3		Wednesday, August 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Porto, Portugal	
Dhanus Rasi: 18.44		Tihti 12		Purvashadha* Until 10:08PM		Ganesh: Clear		Sunrise: 5:50AM	
Creative Work		Amrita Yoga		Priti Until 11:31AM		Muruga: Clear		Sunset: 7:23PM	
		586442362		Bava Until 3:29PM		Nataraja: Clear		Moon 7 - Phase 18	
				Dvadashi Until 4:46AM Thu		Moon - Light Blue		Sivaloka Day	
						Sravana-Avani			

4		Thursday, August 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Makara Rasi: 0.31		Tihti 13		Uttarashadha* Until 1:07AM Fri		Ganesh: Clear		Sunrise: 5:51AM	
Routine Work		Marana Yoga		Ayushman Until 12:35PM		Muruga: Clear		Sunset: 7:21PM	
		586442362		Kaulava Until 6:06PM		Nataraja: Clear		Moon 7 - Phase 18	
				Trayodashi Until 7:22AM Fri		Moon - Light Blue		Sivaloka Day	
						Sravana-Avani			
								<i>Pradosha Vrata</i>	

5		Friday, August 24, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Porto, Portugal	
Makara Rasi: 12.19		Tihti 13 - 14		Shravana Until 4:19AM Sat		Ganesh: White		Sunrise: 5:52AM	
Routine Work		Marana Yoga		Saubhagya Until 1:39PM		Muruga: Clear		Sunset: 7:20PM	
Until 4:19AM Sat		596442362		Gara Until 8:38PM		Nataraja: Clear		Moon 7 - Phase 18	
Then Creative Work - Siddha Yoga				Trayodashi Until 7:22AM		Moon - Purple		Subha Sivaloka Day	
						Sravana-Avani			

○		Saturday, August 25, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam		Porto, Portugal	
Makara Rasi: 24.09		Tihti 14 - 15		Dhanishtha* Until 7:07AM Sun		Ganesh: White		Sunrise: 5:53AM	
Creative Work		Siddha Yoga		Sobhana Until 2:36PM		Muruga: Clear		Sunset: 7:18PM	
		596442362		Visti Until 10:58PM		Nataraja: Clear		Moon 7 - Phase 18	
				Chaturdashi* Until 9:49AM		Moon - Purple		Subha Sivaloka Day	
						Sravana-Avani			
								Raksha Bandhan	

○		Sunday, August 26, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal	
Kumbha Rasi: 6.06		Tihti 15 - 16		Dhanishtha* Until 7:07AM		Ganesh: White		Sunrise: 5:54AM	
Routine Work		Marana Yoga		Athiganda* Until 3:17PM		Muruga: Clear		Sunset: 7:16PM	
Until 7:07AM		596442362		Balava Until 12:58AM Mon		Nataraja: Clear		Moon 7 - Phase 18	
Then Creative Work - Siddha Yoga				Purnima* Until 11:59AM		Moon - Purple		Subha Sivaloka Day	
						Sravana-Avani			
								Avani Avittam	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 18.1 Tihi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

Until 9:25AM

Then Routine Work - Marana Yoga

Gulika 2:15PM - 3:55PM

Yama 10:55AM - 12:35PM

Rahu 7:35AM - 9:15AM

Shatabhishak Until 9:25AM

Sukarma Until 3:43PM

Taitila Until 2:35AM Tue

Prathama* Until 1:48PM

Ganesh: White Sunrise: 5:55AM

Muruga: Clear Sunset: 7:15PM

Nataraja: Clear

Moon - Purple

Sravana-Avani

Subha Sivaloka Day

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 0.25 Tihi 17 - 18

Routine Work Marana Yoga

Until 11:39AM

Then Creative Work - Amrita Yoga

Gulika 12:34PM - 2:14PM

Yama 9:15AM - 10:55AM

Rahu 3:54PM - 5:34PM

Purvaproshtapada* Until 11:39AM

Dhriti Until 3:50PM

Vanija Until 3:46AM Wed

Dvitiya Until 3:12PM

Ganesh: Clear Sunrise: 5:56AM

Muruga: Purple Sunset: 7:13PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Porto, Portugal

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 12.5 Tihi 18 - 19

Creative Work Siddha Yoga

Until 1:18PM

Then Routine Work - Marana Yoga

Gulika 10:55AM - 12:34PM

Yama 7:36AM - 9:15AM

Rahu 12:34PM - 2:13PM

Uttaraproshtapada Until 1:18PM

Shula* Until 3:34PM

Bava Until 4:30AM Thu

Tritiya Until 4:10PM

Ganesh: Clear Sunrise: 5:57AM

Muruga: Purple Sunset: 7:12PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 25.28 Tihi 19 - 20

Creative Work Siddha Yoga

Until 2:21PM

Then Creative Work - Amrita Yoga

Gulika 9:16AM - 10:55AM

Yama 5:58AM - 7:37AM

Rahu 2:13PM - 3:52PM

Revati Until 2:21PM

Ganda* Until 2:58PM

Kaulava Until 4:47AM Fri

Chaturthi* Until 4:41PM

Ganesh: Clear Sunrise: 5:58AM

Muruga: Purple Sunset: 7:10PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 8.18 Tihi 20 - 21

Creative Work Amrita Yoga

Until 3:16PM

Then Creative Work - Siddha Yoga

Gulika 7:37AM - 9:16AM

Yama 3:51PM - 5:30PM

Rahu 10:55AM - 12:33PM

Ashvini Until 3:16PM

Vriddhi Until 2:01PM

Gara Until 4:35AM Sat

Panchami Until 4:43PM

Ganesh: Purple Sunrise: 5:59AM

Muruga: Purple Sunset: 7:08PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 21.23 Tihi 21 - 22

Creative Work Siddha Yoga

Until 3:32PM

Then Creative Work - Amrita Yoga

Gulika 6:00AM - 7:38AM

Yama 2:12PM - 3:50PM

Rahu 9:16AM - 10:55AM

Bharani Until 3:32PM

Dhruva Until 12:40PM

Visti Until 3:53AM Sun

Shashthi* Until 4:17PM

Ganesh: Purple Sunrise: 6:00AM

Muruga: Purple Sunset: 7:07PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 4.44 Tihi 22 - 23

Creative Work Siddha Yoga

Gulika 3:49PM - 5:27PM

Yama 12:33PM - 2:11PM

Rahu 5:27PM - 7:05PM

Krittika Until 3:11PM

Vyaghata* Until 10:55AM

Balava Until 2:41AM Mon

Saptami Until 3:20PM

Ganesh: Purple Sunrise: 6:01AM

Muruga: Purple Sunset: 7:05PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 18.22 Tihi 23 - 24

Family Home Evening

Creative Work Amrita Yoga

Gulika 2:10PM - 3:48PM

Yama 10:55AM - 12:33PM

Rahu 7:39AM - 9:17AM

Rohini Until 2:36PM

Harshana Until 8:47AM

Taitila Until 1:00AM Tue

Ashtami* Until 1:53PM

Ganesh: Clear Sunrise: 6:02AM

Muruga: Purple Sunset: 7:04PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Porto, Portugal

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 2.17 Tihi 24 - 25

Creative Work Siddha Yoga

Until 1:24PM

Then Routine Work - Marana Yoga

Gulika 12:32PM - 2:10PM

Yama 9:17AM - 10:55AM

Rahu 3:47PM - 5:24PM

Mrigashira Until 1:24PM

Vajra* Until 6:12AM

Vanija Until 10:49PM

Navami* Until 11:57AM

Ganesh: White Sunrise: 6:02AM

Muruga: Purple Sunset: 7:02PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time


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1		Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam		Porto, Portugal	
Mithuna Rasi: 16.32		Tihti 25 – 26		Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 143	
Creative Work		Siddha Yoga		538452363		Vilamba 5120	
		Gulika 10:55AM – 12:32PM		Ardra Until 11:37AM		Ganesha: White <i>Sunrise:</i> 6:03AM	
		Yama 7:41AM – 9:18AM		Vyatipata* Until 12:00AM Thu		Muruga: Purple <i>Sunset:</i> 7:00PM	
		Rahu 12:32PM – 2:09PM		Bava Until 8:13PM		Moon 8 - Phase 20	
				Dashami Until 9:33AM		Devaloka Day	
						Moon – Yellow Sravana-Avani	

2		Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Kataka Rasi: 1.03		Tihti 26 – 27		Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 144	
Creative Work		Amrita Yoga		548452363		Vilamba 5120	
		Gulika 9:18AM – 10:55AM		Punarvasu Until 9:43AM		Ganesha: Yellow <i>Sunrise:</i> 6:04AM	
		Yama 6:04AM – 7:41AM		Variyan Until 8:27PM		Muruga: Purple <i>Sunset:</i> 6:59PM	
		Rahu 2:08PM – 3:45PM		Taitila Until 3:42AM Fri		Moon 8 - Phase 20	
				Ekadashi* Until 6:46AM		Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Moon – Blue Sravana-Avani	

3		Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam		Porto, Portugal	
Kataka Rasi: 15.47		Tihti 28		Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 145	
Routine Work		Marana Yoga		548452363		Vilamba 5120	
		Gulika 7:42AM – 9:18AM		Pushya Until 7:24AM		Ganesha: Yellow <i>Sunrise:</i> 6:05AM	
		Yama 3:44PM – 5:20PM		Parigha* Until 4:43PM		Muruga: Purple <i>Sunset:</i> 6:57PM	
		Rahu 10:55AM – 12:31PM		Gara Until 2:07PM		Moon 8 - Phase 20	
				Trayodashi* Until 12:28AM Sat		Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Moon – Blue Sravana-Avani	
						<i>Pradosha Vrata (Fasting)</i>	

4		Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam		Porto, Portugal	
Simha Rasi: 0.38		Tihti 29		Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 146	
Creative Work		Amrita Yoga		558452363		Vilamba 5120	
Until 2:28AM Sun				Gulika 6:06AM – 7:43AM		Magha* Until 2:28AM Sun	
Then Creative Work - Siddha Yoga				Yama 2:07PM – 3:43PM		Muruga: Purple <i>Sunset:</i> 6:55PM	
				Rahu 9:19AM – 10:55AM		Moon 8 - Phase 20	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Moon – Red Sravana-Avani	

		Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal	
Retreat Star				Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 147	
Simha Rasi: 15.3		Tihti 30		558452363		Vilamba 5120	
Creative Work		Siddha Yoga				Moon 8 - Phase 20	
				Gulika 3:42PM – 5:18PM		Ganesha: Red <i>Sunrise:</i> 6:07AM	
				Yama 12:31PM – 2:06PM		Muruga: Purple <i>Sunset:</i> 6:54PM	
				Rahu 5:18PM – 6:54PM		Moon 8 - Phase 20	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
				Grandparent's Day		Moon – Red Sravana-Avani	
						Amavasya* Until 6:00PM	

Monday, September 10, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam		Porto, Portugal	
Kanya Rasi: 0.14		Tihti 1 – 2		Uttaraphalguni Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14 Sutra 148	
Family Home Evening				559452363		Vilamba 5120	
Creative Work		Siddha Yoga				Moon 8 - Phase 20	
				Gulika 2:06PM – 3:41PM		Ganesha: Blue <i>Sunrise:</i> 6:08AM	
				Yama 10:55AM – 12:30PM		Muruga: Purple <i>Sunset:</i> 6:52PM	
				Rahu 7:44AM – 9:19AM		Moon 8 - Phase 20	
						Bhuloka Day	
						Prathama	
						Moon – Red Bhadrapada-Avani	
						Prathama* Until 3:04PM	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Porto, Portugal Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.43	Tiithi 2 – 3	Gulika 12:30PM – 2:05PM	Hasta Until 10:37AM Wed	Ganesha: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 6:09AM Sunset: 6:50PM	Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	569452363 Rahu 3:40PM – 5:15PM	Sukla Until 11:17PM Taitila Until 11:31PM Dvitiya Until 12:34PM	Bhuloka Day Bhadrapada-Avani		

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Porto, Portugal Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.5	Tiithi 3 – 4	Gulika 10:55AM – 12:29PM	Hasta Until 10:37AM	Ganesha: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 6:10AM Sunset: 6:48PM	Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	569452363 Rahu 12:29PM – 2:04PM	Brahma Until 8:53PM Vanija Until 9:54PM Tritiya Until 10:37AM	Bhuloka Day Bhadrapada-Avani		

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Porto, Portugal Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 12.33	Tiithi 4 – 5	Gulika 9:20AM – 10:55AM	Svati Until 7:12PM	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 6:11AM Sunset: 6:47PM	Moon 8 - Phase 21 3rd Phase
	Creative Work	Amrita Yoga	569452363 Rahu 2:04PM – 3:38PM	Indra Until 7:04PM Bava Until 9:02PM Chaturthi* Until 9:21AM	Bhuloka Day Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Porto, Portugal Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.49	Tiithi 5 – 6	Gulika 7:47AM – 9:21AM	Vishakha Until 7:56PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:12AM Sunset: 6:45PM	Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	579552363 Rahu 10:55AM – 12:29PM	Vaidhriti* Until 5:53PM Kaulava Until 8:59PM Panchami Until 8:53AM	Devaloka Day Bhadrapada-Avani		

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Porto, Portugal Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.4	Tiithi 6 – 7	Gulika 6:13AM – 7:47AM	Anuradha Until 9:18PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:13AM Sunset: 6:43PM	Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	579552363 Rahu 9:21AM – 10:55AM	Vishkambha* Until 5:22PM Gara Until 9:46PM Shashthi* Until 9:15AM	Devaloka Day Bhadrapada-Avani		

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Porto, Portugal Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika 3:35PM – 5:08PM	Jyeshtha* Until 11:14PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:14AM Sunset: 6:42PM	Moon 8 - Phase 21 Ashtami
	Vrischika Rasi: 21.08	Tiithi 7 – 8	579552363 Rahu 5:08PM – 6:42PM	Priti Until 5:27PM Visti Until 10:77PM Saptami Until 5:22PM	Devaloka Day Bhadrapada-Avani		
	Routine Work	Marana Yoga					

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Porto, Portugal Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 2:01PM – 3:34PM	Mula* Until 2:04AM Tue	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:15AM Sunset: 6:40PM	Moon 8 - Phase 21 Navami
	Dhanus Rasi: 3.19	Tiithi 8 – 9	589552363 Rahu 7:48AM – 9:22AM	Ayushman Until 5:59PM Balava Until 1:24AM Tue Ashtami* Until 12:16PM	Bhuloka Day Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM
	Family Home Evening	Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
Dhanus Rasi: 15.16 Tithi 9 – 10		Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 156
		Gulika	12:27PM – 2:00PM	Purvashadha* Until 5:06AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:16AM	Vilamba 5120
		Yama	9:22AM – 10:55AM	Saubhagya Until 6:52PM	Muruga: Purple <i>Sunset:</i> 6:38PM	Moon 8 - Phase 22
	581552363	Rahu	3:33PM – 5:06PM	Taitila Until 3:54AM Wed	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Navami* Until 2:36PM	Moon – Light Blue	Bhuloka Day
Until 5:06AM Wed					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
Dhanus Rasi: 27.06 Tithi 10 – 11		Uttarashadha Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 157
		Gulika	10:55AM – 12:27PM	Uttarashadha Until 8:04AM Thu	Ganesha: Clear <i>Sunrise:</i> 6:17AM	Vilamba 5120
		Yama	7:50AM – 9:22AM	Sobhana Until 7:56PM	Muruga: Purple <i>Sunset:</i> 6:37PM	Moon 8 - Phase 22
	581552363	Rahu	12:27PM – 1:59PM	Vanija Until 6:32AM Thu	Nataraja: Purple	4th Phase
Creative Work Amrita Yoga				Vanija Until 6:32AM Thu	Moon – Light Blue	Bhuloka Day
Until 8:04AM Thu				Dashami Until 5:12PM	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
Makara Rasi: 8.53 Tithi 11		Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 158
		Gulika	9:23AM – 10:55AM	Uttarashadha Until 8:04AM	Ganesha: Clear <i>Sunrise:</i> 6:18AM	Vilamba 5120
		Yama	6:18AM – 7:50AM	Athiganda* Until 8:58PM	Muruga: Purple <i>Sunset:</i> 6:35PM	Moon 8 - Phase 22
	581552363	Rahu	1:59PM – 3:31PM	Vanija Until 6:32AM	Nataraja: Purple	4th Phase
Routine Work Marana Yoga				Vanija Until 6:32AM	Moon – Light Blue	Bhuloka Day
Until 8:04AM				Ekadashi Until 7:48PM	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
Makara Rasi: 20.43 Tithi 12		Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 159
		Gulika	7:51AM – 9:23AM	Shravana Until 11:16AM	Ganesha: Purple <i>Sunrise:</i> 6:19AM	Vilamba 5120
		Yama	3:30PM – 5:01PM	Sukarma Until 9:51PM	Muruga: Purple <i>Sunset:</i> 6:33PM	Moon 8 - Phase 22
	591552363	Rahu	10:55AM – 12:26PM	Bava Until 9:04AM	Nataraja: Purple	4th Phase
Routine Work Marana Yoga				Dvadashi Until 10:13PM	Moon – Purple	Devaloka Day
Until 11:16AM					Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga						

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
Kumbha Rasi: 2.38 Tithi 13		Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 160
		Gulika	6:20AM – 7:52AM	Dhanishtha Until 2:01PM	Ganesha: Purple <i>Sunrise:</i> 6:20AM	Vilamba 5120
		Yama	1:57PM – 3:29PM	Dhriti Until 10:28PM	Muruga: Purple <i>Sunset:</i> 6:31PM	Moon 8 - Phase 22
	591552363	Rahu	9:23AM – 10:55AM	Kaulava Until 11:19AM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Kaulava Until 11:19AM	Moon – Purple	Devaloka Day
Until 2:01PM				Trayodashi Until 12:16AM Sun	Bhadrapada-Puratasi	
Then Creative Work - Amrita Yoga		Kadaitswami Mahasamadhi		<i>Pradosha Vrata</i>		

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
Kumbha Rasi: 14.43 Tithi 14		Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 161
		Gulika	3:28PM – 4:59PM	Shatabhishak Until 4:11PM	Ganesha: Purple <i>Sunrise:</i> 6:21AM	Vilamba 5120
		Yama	12:26PM – 1:57PM	Shula* Until 10:42PM	Muruga: Purple <i>Sunset:</i> 6:30PM	Moon 8 - Phase 22
	591552363	Rahu	4:59PM – 6:30PM	Gara Until 1:09PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Gara Until 1:09PM	Moon – Purple	Devaloka Day
		Chidambaram Abhishekam		Chaturdashi* Until 1:51AM Mon	Bhadrapada-Puratasi	

Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
Copper Retreat Star		Purvaproshtapada* Nakshatra Ganda* Yoga Visti* Karana Purnimayam Titau				Sutra 162
Kumbha Rasi: 27 Tithi 15		Gulika	1:56PM – 3:27PM	Purvaproshtapada* Until 6:11PM	Ganesha: Purple <i>Sunrise:</i> 6:22AM	Vilamba 5120
Family Home Evening	511552363	Yama	10:55AM – 12:25PM	Ganda* Until 10:34PM	Muruga: Purple <i>Sunset:</i> 6:28PM	Moon 8 - Phase 22
Routine Work Marana Yoga		Rahu	7:53AM – 9:24AM	Visti Until 2:28PM	Nataraja: Purple	Purnima
Until 6:11PM				Purnima* Until 2:55AM Tue	Moon – Clear	Devaloka Day
Then Creative Work - Siddha Yoga					Bhadrapada-Puratasi	

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Porto, Portugal
Silver Retreat Star		Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 163
Meena Rasi: 9.31 Tithi 16		Gulika	12:25PM – 1:55PM	Uttaraproshtapada Until 7:31PM	Ganesha: Purple <i>Sunrise:</i> 6:23AM	Vilamba 5120
		Yama	9:24AM – 10:55AM	Vriddhi Until 10:02PM	Muruga: Purple <i>Sunset:</i> 6:26PM	Moon 8 - Phase 22
	511552363	Rahu	3:26PM – 4:56PM	Balava Until 3:16PM	Nataraja: Purple	Prathama
Creative Work Amrita Yoga				Prathama* Until 3:28AM Wed	Moon – Clear	Devaloka Day
Until 7:31PM					Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 22.14 Tihti 17

Gulika 10:55AM - 12:25PM
Yama 7:54AM - 9:24AM
Rahu 12:25PM - 1:55PM

Revati Until 8:14PM
Dhruva Until 9:06PM
Taitila Until 3:35PM

Ganesha: Purple Sunrise: 6:24AM
Muruga: Purple Sunset: 6:25PM
Nataraja: Purple

Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Vanija/Visi* Karana Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 5.12 Tihti 18

Gulika 9:25AM - 10:54AM
Yama 6:25AM - 7:55AM
Rahu 1:54PM - 3:24PM

Ashvini Until 8:50PM
Vyaghata* Until 7:51PM
Vanija Until 3:28PM

Ganesha: Clear Sunrise: 6:25AM
Muruga: Purple Sunset: 6:23PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 8:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Porto, Portugal

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 18.22 Tihti 19

Gulika 7:56AM - 9:25AM
Yama 3:22PM - 4:52PM
Rahu 10:55AM - 12:24PM

Bharani Until 8:55PM
Harshana Until 6:19PM
Bava Until 2:57PM

Ganesha: Clear Sunrise: 6:27AM
Muruga: Purple Sunset: 6:21PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 1.44 Tihti 20

Gulika 6:28AM - 7:57AM
Yama 1:52PM - 3:21PM
Rahu 9:26AM - 10:55AM

Krittika Until 8:32PM
Vajra* Until 4:29PM
Kaulava Until 2:06PM

Ganesha: Clear Sunrise: 6:28AM
Muruga: Purple Sunset: 6:19PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 15.16 Tihti 21

Gulika 3:20PM - 4:49PM
Yama 12:23PM - 1:52PM
Rahu 4:49PM - 6:18PM

Rohini Until 8:09PM
Siddhi Until 2:26PM
Gara Until 12:57PM

Ganesha: Purple Sunrise: 6:29AM
Muruga: Purple Sunset: 6:18PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Saptamyam Titau

Porto, Portugal

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 28.58 Tihti 22

Family Home Evening

Gulika 1:51PM - 3:19PM
Yama 10:55AM - 12:23PM
Rahu 7:58AM - 9:26AM

Mrigashira Until 7:21PM
Vyatipata* Until 12:09PM
Visti Until 11:31AM

Ganesha: Purple Sunrise: 6:30AM
Muruga: Purple Sunset: 6:16PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 7:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 12.5 Tihti 23

Gulika 12:23PM - 1:51PM
Yama 9:27AM - 10:55AM
Rahu 3:18PM - 4:46PM

Ardra Until 6:07PM
Varyan Until 9:38AM
Balava Until 9:48AM

Ganesha: Purple Sunrise: 6:31AM
Muruga: Purple Sunset: 6:14PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 6:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 26.53 Tihti 24

Gulika 10:55AM - 12:22PM
Yama 7:59AM - 9:27AM
Rahu 12:22PM - 1:50PM

Punarvasu Until 4:54PM
Parigha* Until 6:54AM
Taitila Until 7:49AM

Ganesha: Clear Sunrise: 6:32AM
Muruga: Purple Sunset: 6:13PM
Nataraja: Purple

Moon - Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Kataka Rasi: 11.05		Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Sutra 172		Vilamba 5120	
Creative Work		Gulika	9:27AM – 10:55AM	Pushya Until 3:19PM	Ganesh: Clear	<i>Sunrise:</i> 6:33AM			
Until 3:19PM		Yama	6:33AM – 8:00AM	Siddha Until 12:50AM Fri	Muruga: Purple	<i>Sunset:</i> 6:11PM	Moon 9 - Phase 24		
Then Creative Work - Siddha Yoga		642552363 Rahu	1:49PM – 3:16PM	Bava Until 3:08AM Fri	Nataraja: Purple			2nd Phase	
		Dashami Until 4:21PM				Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
						Bhadrapada-Puratasi			

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam		Porto, Portugal	
Kataka Rasi: 25.27		Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Sutra 173		Vilamba 5120	
Routine Work		Gulika	8:01AM – 9:28AM	Ashlesha* Until 1:24PM	Ganesh: Clear	<i>Sunrise:</i> 6:34AM			
Marana Yoga		Yama	3:16PM – 4:42PM	Sadhya Until 9:36PM	Muruga: Purple	<i>Sunset:</i> 6:09PM	Moon 9 - Phase 24		
		642552363 Rahu	10:55AM – 12:22PM	Kaulava Until 12:32AM Sat	Nataraja: Purple			2nd Phase	
		Ekadashi* Until 1:49PM				Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
						Bhadrapada-Puratasi			

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam		Porto, Portugal	
Simha Rasi: 9.54		Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila Karana Dvadashi/Trayodashyam Titau		Sun 10		Sutra 174		Vilamba 5120	
Creative Work		Gulika	6:35AM – 8:01AM	Magha* Until 11:40AM	Ganesh: White	<i>Sunrise:</i> 6:35AM			
Until 11:40AM		Yama	1:48PM – 3:15PM	Subha Until 6:18PM	Muruga: Purple	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 24		
Then Creative Work - Siddha Yoga		642552363 Rahu	9:28AM – 10:55AM	Taitila Until 11:11AM	Nataraja: Purple			2nd Phase	
		Dvadashi* Until 11:11AM				Bhuloka Day			
						Bhadrapada-Puratasi			
		<i>Pradosha Vrata (Fasting)</i>							

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal	
Simha Rasi: 24.23		Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 175		Vilamba 5120	
Creative Work		Gulika	3:14PM – 4:40PM	Purvaphalguni Until 9:47AM	Ganesh: White	<i>Sunrise:</i> 6:36AM			
Until 9:47AM		Yama	12:21PM – 1:47PM	Sukla Until 3:01PM	Muruga: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 24		
Then Creative Work - Amrita Yoga		642552363 Rahu	4:40PM – 6:06PM	Visti Until 7:17PM	Nataraja: Purple			2nd Phase	
		Trayodashi* Until 8:33AM				Bhuloka Day			
						Bhadrapada-Puratasi			

		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam		Porto, Portugal	
Retreat Star		Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 176		Vilamba 5120	
Kanya Rasi: 8.47		Gulika	1:47PM – 3:13PM	Uttaraphalguni Until 7:53AM	Ganesh: White	<i>Sunrise:</i> 6:37AM			
Family Home Evening		Yama	10:55AM – 12:21PM	Brahma Until 11:52AM	Muruga: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24		
Creative Work		642552364 Rahu	8:03AM – 9:29AM	Naga Until 3:46AM Tue	Nataraja: Clear			Amavasya	
Siddha Yoga		Chaturdashi* Until 6:02AM				Bhuloka Day			
		Mahalaya Amavasai (Tamil Nadu)				Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM	

Retreat Star		Tuesday, October 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam		Porto, Portugal	
Kanya Rasi: 23		Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 13		Sutra 177		Vilamba 5120	
Creative Work		Gulika	12:20PM – 1:46PM	Hasta Until 6:32AM	Ganesh: Red	<i>Sunrise:</i> 6:38AM			
Siddha Yoga		Yama	9:29AM – 10:55AM	Indra Until 8:59AM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 24		
		662652364 Rahu	3:12PM – 4:37PM	Kintughna Until 2:48PM	Nataraja: Clear			Prathama	
		Prathama* Until 1:54AM Wed				Devaloka Day			
		Navaratri Begins				Ashvina-Puratasi			

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Porto, Portugal Sun 14 Sutra 178	
Tula Rasi: 6.58	Tithi 2	Gulika	10:55AM – 12:20PM	Svati Until 4:49AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:39AM	Vilamba 5120
		Yama	8:04AM – 9:30AM	Vaidhriti* Until 6:25AM	Muruga: Purple	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364	Rahu	Balava Until 1:12PM	Nataraja: Clear		3rd Phase
			12:20PM – 1:45PM	Dvitiya Until 12:36AM Thu	Moon – Green		Devaloka Day
					Ashvina•Puratasi		

2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Gara Karana Tritiyayam Titau		Porto, Portugal Sun 15 Sutra 179	
Tula Rasi: 20.34	Tithi 3	Gulika	9:30AM – 10:55AM	Vishakha Until 5:08AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:40AM	Vilamba 5120
		Yama	6:40AM – 8:05AM	Priti Until 2:47AM Fri	Muruga: Purple	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364	Rahu	Tailila Until 12:12PM	Nataraja: Clear		3rd Phase
			1:45PM – 3:10PM	Tritiya Until 11:57PM	Moon – Orange		Devaloka Day
					Ashvina•Puratasi		

3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthiyam Titau		Porto, Portugal Sun 16 Sutra 180	
Vrischika Rasi: 3.47	Tithi 4	Gulika	8:06AM – 9:30AM	Anuradha Until 6:03AM Sat	Ganesha: White	<i>Sunrise:</i> 6:41AM	Vilamba 5120
		Yama	3:09PM – 4:33PM	Ayushman Until 1:49AM Sat	Muruga: Purple	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364	Rahu	Vanija Until 11:56AM	Nataraja: Clear		3rd Phase
			10:55AM – 12:20PM	Chaturthi* Until 12:04AM Sat	Moon – Orange		Bhuloka Day
					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM

4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava Karana Panchamyam Titau		Porto, Portugal Sun 17 Sutra 181	
Vrischika Rasi: 16.38	Tithi 5	Gulika	6:42AM – 8:07AM	Anuradha Until 6:03AM	Ganesha: White	<i>Sunrise:</i> 6:42AM	Vilamba 5120
		Yama	1:44PM – 3:08PM	Saubhagya Until 1:28AM Sun	Muruga: Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364	Rahu	Bava Until 12:27PM	Nataraja: Clear		3rd Phase
			9:31AM – 10:55AM	Panchami Until 12:58AM Sun	Moon – Orange		Bhuloka Day
					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM

5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthiyam Titau		Porto, Portugal Sun 18 Sutra 182	
Vrischika Rasi: 29.07	Tithi 6	Gulika	3:07PM – 4:31PM	Jyeshtha* Until 7:33AM	Ganesha: White	<i>Sunrise:</i> 6:43AM	Vilamba 5120
		Yama	12:19PM – 1:43PM	Sobhana Until 1:41AM Mon	Muruga: Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 25
Routine Work	Marana Yoga	673652364	Rahu	Kaulava Until 1:43PM	Nataraja: Clear		3rd Phase
Until 7:33AM			4:31PM – 5:55PM	Shashthi* Until 2:36AM Mon	Moon – Orange		Bhuloka Day
Then Creative Work - Amrita Yoga					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM

6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Porto, Portugal Sun 19 Sutra 183	
Dhanu Rasi: 11.17	Tithi 7	Gulika	1:43PM – 3:06PM	Mula* Until 10:03AM	Ganesha: Clear	<i>Sunrise:</i> 6:45AM	Vilamba 5120
Family Home Evening		Yama	10:55AM – 12:19PM	Athiganda* Until 2:19AM Tue	Muruga: Purple	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364	Rahu	Gara Until 3:40PM	Nataraja: Clear		3rd Phase
Until 10:03AM			8:08AM – 9:32AM	Saptami Until 4:49AM Tue	Moon – Light Blue		Devaloka Day
Then Routine Work - Marana Yoga					Ashvina•Puratasi		

Retreat Star		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau		Porto, Portugal Sun 20 Sutra 184	
Dhanu Rasi: 23.15	Tithi 8	Gulika	12:19PM – 1:42PM	Purvashadha* Until 12:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	Vilamba 5120
		Yama	9:32AM – 10:55AM	Sukarma Until 3:15AM Wed	Muruga: Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364	Rahu	Visti Until 6:05PM	Nataraja: Clear		Ashtami
Until 12:54PM			3:05PM – 4:29PM	Ashtami* Until 7:23AM Wed	Moon – Light Blue		Devaloka Day
Then Routine Work - Prabalarishta Yoga					Ashvina•Puratasi		

Retreat Star		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Porto, Portugal Sun 21 Sutra 185	
Makara Rasi: 5.05	Tithi 8 – 9	Gulika	10:56AM – 12:19PM	Uttarashadha Until 3:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	Vilamba 5120
		Yama	8:10AM – 9:33AM	Dhriti Until 4:17AM Thu	Muruga: Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 25
Creative Work	Amrita Yoga	683652364	Rahu	Balava Until 8:44PM	Nataraja: Clear		Navami
Until 3:49PM			12:19PM – 1:41PM	Ashtami* Until 7:23AM	Moon – Light Blue		Devaloka Day
Then Creative Work - Siddha Yoga					Ashvina•Aipasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Shraavana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Porto, Portugal
	Makara Rasi: 16.52	Tithi 9 – 10	Gulika 9:33AM – 10:56AM	Shravana Until 7:05PM	Ganesh: Purple	<i>Sunrise:</i> 6:48AM	Sun 22 Sutra 186
			Yama 6:48AM – 8:10AM	Shula* Until 5:12AM Fri	Muruga: Purple	<i>Sunset:</i> 5:49PM	Vilamba 5120
	Creative Work	Siddha Yoga	693652364 Rahu 1:41PM – 3:04PM	Taitila Until 11:20PM	Nataraja: Clear		Moon 9 - Phase 26
		Vijaya Dasami	Navami* Until 10:02AM	Moon – Purple		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

2	Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal
	Makara Rasi: 28.43	Tithi 10 – 11	Gulika 8:11AM – 9:34AM	Dhanishtha Until 9:55PM	Ganesh: Purple	<i>Sunrise:</i> 6:49AM	Sun 23 Sutra 187
			Yama 3:03PM – 4:25PM	Ganda* Until 5:52AM Sat	Muruga: Purple	<i>Sunset:</i> 5:47PM	Vilamba 5120
	Creative Work	Siddha Yoga	693652364 Rahu 10:56AM – 12:18PM	Vanija Until 1:37AM Sat	Nataraja: Clear		Moon 9 - Phase 26
			Dashami Until 5:12AM Fri	Moon – Purple		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

3	Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Porto, Portugal
	Kumbha Rasi: 10.43	Tithi 11 – 12	Gulika 6:50AM – 8:12AM	Shatabhishak Until 12:09AM Sun	Ganesh: Purple	<i>Sunrise:</i> 6:50AM	Sun 24 Sutra 188
			Yama 1:40PM – 3:02PM	Vriddhi Until 6:09AM Sun	Muruga: Purple	<i>Sunset:</i> 5:46PM	Vilamba 5120
	Creative Work	Amrita Yoga	693652364 Rahu 9:34AM – 10:56AM	Bava Until 3:25AM Sun	Nataraja: Clear		Moon 9 - Phase 26
			Ekadashi Until 2:34PM	Moon – Purple		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

4	Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Porto, Portugal
	Kumbha Rasi: 22.54	Tithi 12 – 13	Gulika 3:01PM – 4:23PM	Purvaproshtapada* Until 2:07AM Mon	Ganesh: White	<i>Sunrise:</i> 6:51AM	Sun 25 Sutra 189
			Yama 12:18PM – 1:39PM	Vriddhi Until 6:09AM	Muruga: Purple	<i>Sunset:</i> 5:44PM	Vilamba 5120
	Creative Work	Siddha Yoga	613652364 Rahu 4:23PM – 5:44PM	Kaulava Until 4:36AM Mon	Nataraja: Clear		Moon 9 - Phase 26
			Dvodashi Until 4:04PM	Moon – Clear		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

Pradosha Vrata

5	Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal
	Meena Rasi: 5.21	Tithi 13 – 14	Gulika 1:39PM – 3:00PM	Uttaraproshtapada Until 3:19AM Tue	Ganesh: White	<i>Sunrise:</i> 6:52AM	Sun 26 Sutra 190
	Family Home Evening		Yama 10:56AM – 12:18PM	Vyaghata* Until 5:14AM Tue	Muruga: Purple	<i>Sunset:</i> 5:43PM	Vilamba 5120
	Creative Work	Siddha Yoga	613652364 Rahu 8:14AM – 9:35AM	Gara Until 5:08AM Tue	Nataraja: Clear		Moon 9 - Phase 26
			Trayodashi Until 4:56PM	Moon – Clear		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

6	Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Porto, Portugal
	Meena Rasi: 18.06	Tithi 14 – 15	Gulika 12:18PM – 1:39PM	Revati Until 3:44AM Wed	Ganesh: White	<i>Sunrise:</i> 6:53AM	Sun 27 Sutra 191
			Yama 9:35AM – 10:56AM	Harshana Until 4:03AM Wed	Muruga: Purple	<i>Sunset:</i> 5:42PM	Vilamba 5120
	Creative Work	Siddha Yoga	613652364 Rahu 3:00PM – 4:21PM	Visti Until 5:04AM Wed	Nataraja: Clear		Moon 9 - Phase 26
			Chaturdashi* Until 5:09PM	Moon – Clear		4th Phase	
				Ashvina-Aipasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

○	Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Porto, Portugal
	Copper Retreat Star		Gulika 10:57AM – 12:17PM	Ashvini Until 3:56AM Thu	Ganesh: Clear	<i>Sunrise:</i> 6:55AM	Sutra 192
	Mesha Rasi: 1.08	Tithi 15 – 16	Yama 8:15AM – 9:36AM	Vajra* Until 2:25AM Thu	Muruga: Purple	<i>Sunset:</i> 5:40PM	Vilamba 5120
			623652364 Rahu 12:17PM – 1:38PM	Balava Until 4:26AM Thu	Nataraja: Clear		Moon 9 - Phase 26
			Purnima* Until 4:47PM	Moon – White		Purnima	
				Ashvina-Aipasi		Devaloka Day	

○	Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Porto, Portugal
	Silver Retreat Star		Gulika 9:37AM – 10:57AM	Bharani Until 3:32AM Fri	Ganesh: Clear	<i>Sunrise:</i> 6:56AM	Sutra 193
	Mesha Rasi: 14.29	Tithi 16 – 17	Yama 6:56AM – 8:16AM	Siddhi Until 12:27AM Fri	Muruga: Purple	<i>Sunset:</i> 5:39PM	Vilamba 5120
			623652364 Rahu 1:38PM – 2:58PM	Taitila Until 3:21AM Fri	Nataraja: Clear		Moon 9 - Phase 26
			Prathama* Until 3:56PM	Moon – White		Prathama	
				Ashvina-Aipasi		Devaloka Day	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mesha Rasi: 28.04 Tihi 17 - 18

624652364

Gulika 8:17AM - 9:37AM
Yama 2:57PM - 4:17PM
Rahu 10:57AM - 12:17PM

Krittika **Until 2:40AM Sat**
Vyatipata* **Until 10:11PM**
Vanija **Until 1:56AM Sat**
Dvitiya **Until 2:40PM**

Ganesha: White *Sunrise: 6:57AM*
Muruga: Purple *Sunset: 5:37PM*
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 2:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Porto, Portugal

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Vrishabha Rasi: 11.5 Tihi 18 - 19

634652364

Gulika 6:58AM - 8:18AM
Yama 1:37PM - 2:57PM
Rahu 9:38AM - 10:57AM

Rohini **Until 1:50AM Sun**
Variyan **Until 7:42PM**
Bava **Until 12:17AM Sun**
Tritiya **Until 1:07PM**

Ganesha: Clear *Sunrise: 6:58AM*
Muruga: Purple *Sunset: 5:36PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 1:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Vrishabha Rasi: 25.44 Tihi 19 - 20

634652364

Gulika 2:56PM - 4:15PM
Yama 12:17PM - 1:36PM
Rahu 4:15PM - 5:35PM

Mrigashira **Until 12:44AM Mon**
Parigha* **Until 5:06PM**
Kaulava **Until 10:29PM**
Chaturthi* **Until 11:23AM**

Ganesha: Clear *Sunrise: 6:59AM*
Muruga: Purple *Sunset: 5:35PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mithuna Rasi: 9.44 Tihi 20 - 21

634652364

Family Home Evening

Gulika 1:36PM - 2:55PM
Yama 10:58AM - 12:17PM
Rahu 8:20AM - 9:39AM

Ardra **Until 11:23PM**
Shiva **Until 2:25PM**
Gara **Until 8:35PM**
Panchami **Until 9:31AM**

Ganesha: Clear *Sunrise: 7:00AM*
Muruga: Purple *Sunset: 5:33PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Until 11:23PM

Then Creative Work - Amrita Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mithuna Rasi: 23.47 Tihi 21 - 22

644652364

Gulika 12:17PM - 1:36PM
Yama 9:39AM - 10:58AM
Rahu 2:54PM - 4:13PM

Punarvasu **Until 10:17PM**
Siddha **Until 11:40AM**
Visti **Until 6:38PM**
Shashthi* **Until 7:36AM**

Ganesha: Purple *Sunrise: 7:02AM*
Muruga: Purple *Sunset: 5:32PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27
Ashtami

Kataka Rasi: 7.5 Tihi 23

644662364

Gulika 10:58AM - 12:17PM
Yama 8:21AM - 9:40AM
Rahu 12:17PM - 1:35PM

Pushya **Until 9:01PM**
Sadhya **Until 8:55AM**
Balava **Until 4:40PM**
Ashtami* **Until 3:39AM Thu**

Ganesha: Purple *Sunrise: 7:03AM*
Muruga: Clear *Sunset: 5:31PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27
Navami

Kataka Rasi: 21.55 Tihi 24

644662364

Gulika 9:40AM - 10:59AM
Yama 7:04AM - 8:22AM
Rahu 1:35PM - 2:53PM

Ashlesha* **Until 7:36PM**
Subha **Until 6:09AM**
Taitila **Until 2:41PM**
Navami* **Until 1:40AM Fri**

Ganesha: Purple *Sunrise: 7:04AM*
Muruga: Clear *Sunset: 5:30PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 7:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Porto, Portugal Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 6	Tithi 25	Gulika 8:23AM – 9:41AM	Magha* Until 6:29PM	Ganesha: Clear	<i>Sunrise:</i> 7:05AM	
		Yama 2:53PM – 4:10PM	Brahma Until 12:34AM Sat	Muruga: Clear	<i>Sunset:</i> 5:28PM	Moon 10 - Phase 28
		654662364 Rahu 10:59AM – 12:17PM	Vanija Until 12:42PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 11:42PM	Moon – Red		Sivaloka Day
Until 6:29PM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Porto, Portugal Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 20.04	Tithi 26	Gulika 7:06AM – 8:24AM	Purvaphalguni Until 5:14PM	Ganesha: White	<i>Sunrise:</i> 7:06AM	
		Yama 1:34PM – 2:52PM	Indra Until 9:51PM	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 28
		654762364 Rahu 9:42AM – 10:59AM	Bava Until 10:45AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 9:46PM	Moon – Red		Devaloka Day
Until 5:14PM				Ashvina-Aipasi		
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Porto, Portugal Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 4.07	Tithi 27	Gulika 2:51PM – 4:09PM	Uttaraphalguni Until 3:57PM	Ganesha: White	<i>Sunrise:</i> 7:08AM	
		Yama 12:17PM – 1:34PM	Vaidhriti* Until 7:11PM	Muruga: Clear	<i>Sunset:</i> 5:26PM	Moon 10 - Phase 28
		654762364 Rahu 4:09PM – 5:26PM	Kaulava Until 8:52AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 7:57PM	Moon – Red		Devaloka Day
				Ashvina-Aipasi		

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Porto, Portugal Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 18.04	Tithi 28	Gulika 1:34PM – 2:51PM	Hasta Until 3:07PM	Ganesha: Green	<i>Sunrise:</i> 7:09AM	
Family Home Evening		Yama 11:00AM – 12:17PM	Vishkambha* Until 4:40PM	Muruga: Clear	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 28
		664762364 Rahu 8:26AM – 9:43AM	Gara Until 7:07AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:19PM	Moon – Green		Devaloka Day
Until 3:07PM				Ashvina-Aipasi		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Porto, Portugal Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 1.52	Tithi 29 – 30	Gulika 12:17PM – 1:34PM	Chitra Until 2:24PM	Ganesha: Green	<i>Sunrise:</i> 7:10AM	
		Yama 9:43AM – 11:00AM	Priti Until 2:24PM	Muruga: Clear	<i>Sunset:</i> 5:24PM	Moon 10 - Phase 28
		664762364 Rahu 2:50PM – 4:07PM	Catuspada Until 4:28AM Wed	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:58PM	Moon – Green		Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi		
		Deepavali Hindu Solidarity Day				

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Porto, Portugal Sun 13 Sutra 206 Vilamba 5120
Retreat Star		Gulika 11:00AM – 12:17PM	Svati Until 1:56PM	Ganesha: Clear	<i>Sunrise:</i> 7:11AM	
Tula Rasi: 15.28	Tithi 30 – 1	Yama 8:28AM – 9:44AM	Ayushman Until 12:25PM	Muruga: Clear	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 28
		765762364 Rahu 12:17PM – 1:33PM	Kintughna Until 3:46AM Thu	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:02PM	Moon – Green		Sivaloka Day
				Ashvina-Aipasi		

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sun 14 Sutra 207 Vilamba 5120
Retreat Star		Gulika 9:45AM – 11:01AM	Vishakha Until 2:16PM	Ganesha: Orange	<i>Sunrise:</i> 7:12AM	
Tula Rasi: 28.48	Tithi 1 – 2	Yama 7:12AM – 8:28AM	Saubhagya Until 10:50AM	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 28
		775762364 Rahu 1:33PM – 2:49PM	Balava Until 3:39AM Fri	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:37PM	Moon – Orange		Sivaloka Day
		Skanda Shasthi Begins		Karttika-Aipasi		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Friday, November 9, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Porto, Portugal Sun 15 Sutra 208 Vilamba 5120
	Vrischika Rasi: 11.5 Tithi 2 - 3 Creative Work Siddha Yoga Until 3:02PM Then Routine Work - Marana Yoga	Gulika 8:29AM - 9:45AM Yama 2:49PM - 4:05PM Rahu 11:01AM - 12:17PM	Anuradha Until 3:02PM Sobhana Until 9:45AM Taitila Until 4:12AM Sat Dvitiya Until 3:49PM

Ganesha: Orange *Sunrise: 7:14AM*
Muruga: Clear *Sunset: 5:20PM*
Nataraja: Clear
Moon - Orange
Karttika-Aipasi

Sivaloka Day

2	Saturday, November 10, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Porto, Portugal Sun 16 Sutra 209 Vilamba 5120
	Vrischika Rasi: 24.33 Tithi 3 - 4 Creative Work Siddha Yoga	Gulika 7:15AM - 8:30AM Yama 1:33PM - 2:48PM Rahu 9:46AM - 11:01AM	Jyeshtha* Until 4:18PM Athiganda* Until 9:08AM Vanija Until 5:25AM Sun Tritiya Until 4:42PM

Ganesha: Orange *Sunrise: 7:15AM*
Muruga: Clear *Sunset: 5:19PM*
Nataraja: Clear
Moon - Orange
Karttika-Aipasi

Sivaloka Day

3	Sunday, November 11, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Visti* Karana Chaturthiyam Titau	Porto, Portugal Sun 17 Sutra 210 Vilamba 5120
	Dhanus Rasi: 6.57 Tithi 4 Creative Work Amrita Yoga Until 8:23PM Mon Then Creative Work - Siddha Yoga	Gulika 2:48PM - 4:03PM Yama 12:17PM - 1:33PM Rahu 4:03PM - 5:18PM	Mula* Until 8:23PM Mon Sukarma Until 9:03AM Visti Until 6:15PM Chaturthi* Until 6:15PM

Ganesha: Clear *Sunrise: 7:16AM*
Muruga: Clear *Sunset: 5:18PM*
Nataraja: Clear
Moon - Light Blue
Karttika-Aipasi

Sivaloka Day

4	Monday, November 12, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Porto, Portugal Sun 18 Sutra 211 Vilamba 5120
	Dhanus Rasi: 19.06 Tithi 5 Family Home Evening Routine Work Marana Yoga	Gulika 1:32PM - 2:47PM Yama 11:02AM - 12:17PM Rahu 8:32AM - 9:47AM	Mula* Until 8:23PM Dhriti Until 10:12AM Tue Bava Until 7:17AM Panchami Until 8:23PM

Ganesha: Clear *Sunrise: 7:17AM*
Muruga: Clear *Sunset: 5:18PM*
Nataraja: Clear
Moon - Light Blue
Karttika-Aipasi

Sivaloka Day

5	Tuesday, November 13, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthiyam Titau	Porto, Portugal Sun 19 Sutra 212 Vilamba 5120
	Makara Rasi: 1.03 Tithi 6 Routine Work Prabalarishta Yoga Until 11:58PM Then Creative Work - Siddha Yoga	Gulika 12:17PM - 1:32PM Yama 9:48AM - 11:03AM Rahu 2:47PM - 4:02PM	Uttarashadha Until 11:58PM Shula* Until 10:12AM Kaulava Until 9:38AM Shashthi* Until 10:55PM

Ganesha: Clear *Sunrise: 7:18AM*
Muruga: Clear *Sunset: 5:17PM*
Nataraja: Clear
Moon - Light Blue
Karttika-Aipasi

Sivaloka Day

6	Wednesday, November 14, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhdi Yoga Gara/Vanija Karana Saptamyam Titau	Porto, Portugal Sun 20 Sutra 213 Vilamba 5120
	Makara Rasi: 12.52 Tithi 7 Creative Work Siddha Yoga	Gulika 11:03AM - 12:18PM Yama 8:34AM - 9:49AM Rahu 12:18PM - 1:32PM	Shravana Until 3:16AM Thu Ganda* Until 11:10AM Gara Until 12:18PM Saptami Until 1:38AM Thu

Ganesha: Purple *Sunrise: 7:19AM*
Muruga: Clear *Sunset: 5:16PM*
Nataraja: Clear
Moon - Purple
Karttika-Aipasi

Subha Sivaloka Day

D	Thursday, November 15, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Porto, Portugal Sun 21 Sutra 214 Vilamba 5120
	Makara Rasi: 24.4 Tithi 8 Creative Work Siddha Yoga	Gulika 9:49AM - 11:03AM Yama 7:21AM - 8:35AM Rahu 1:32PM - 2:46PM	Dhanishtha Until 6:18AM Fri Vriddhi Until 12:10PM Visti Until 2:59PM Ashtami* Until 4:13AM Fri

Ganesha: Purple *Sunrise: 7:21AM*
Muruga: Clear *Sunset: 5:15PM*
Nataraja: Clear
Moon - Purple
Karttika-Aipasi

Subha Sivaloka Day

D	Friday, November 16, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau	Porto, Portugal Sun 22 Sutra 215 Vilamba 5120
	Kumbha Rasi: 6.31 Tithi 9 Creative Work Siddha Yoga	Gulika 8:36AM - 9:50AM Yama 2:46PM - 4:00PM Rahu 11:04AM - 12:18PM	Dhanishtha Until 6:18AM Dhruva Until 12:59PM Balava Until 5:25PM Navami* Until 6:27AM Sat

Ganesha: Purple *Sunrise: 7:22AM*
Muruga: Clear *Sunset: 5:14PM*
Nataraja: Clear
Moon - Purple
Karttika-Karttikai

Subha Sivaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau				Porto, Portugal Sun 23 Sutra 216
	Kumbha Rasi: 18.3	Tithi 9 – 10	Gulika 7:23AM – 8:37AM Yama 1:32PM – 2:46PM Rahu 9:51AM – 11:04AM	Shatabhishak Until 8:47AM Vyaghata* Until 1:29PM Tailila Until 7:23PM Navami* Until 6:27AM	Ganesha: Clear <i>Sunrise:</i> 7:23AM Muruga: Clear <i>Sunset:</i> 5:13PM Nataraja: White Moon – Purple Karttika-Karttikai	<i>Sunrise:</i> 7:23AM <i>Sunset:</i> 5:13PM	Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work Amrita Yoga Until 8:47AM Then Routine Work - Marana Yoga		Devaloka Day				

2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 24 Sutra 217
	Meena Rasi: 0.43	Tithi 10 – 11	Gulika 2:45PM – 3:59PM Yama 12:18PM – 1:32PM Rahu 3:59PM – 5:12PM	Purvaproshtapada* Until 11:02AM Harshana Until 1:32PM Vanija Until 8:41PM Dashami Until 8:06AM	Ganesha: Red <i>Sunrise:</i> 7:24AM Muruga: Clear <i>Sunset:</i> 5:12PM Nataraja: White Moon – Clear Karttika-Karttikai	<i>Sunrise:</i> 7:24AM <i>Sunset:</i> 5:12PM	Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work Siddha Yoga Until 11:02AM Then Creative Work - Amrita Yoga		Devaloka Day				

3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 25 Sutra 218
	Meena Rasi: 13.14	Tithi 11 – 12	Gulika 1:32PM – 2:45PM Yama 11:05AM – 12:19PM Rahu 8:39AM – 9:52AM	Uttaraproshtapada Until 12:25PM Vajra* Until 1:00PM Bava Until 9:15PM Ekadashi Until 9:02AM	Ganesha: Red <i>Sunrise:</i> 7:25AM Muruga: Clear <i>Sunset:</i> 5:12PM Nataraja: White Moon – Clear Karttika-Karttikai	<i>Sunrise:</i> 7:25AM <i>Sunset:</i> 5:12PM	Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work Siddha Yoga		Devaloka Day				

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 26 Sutra 219
	Meena Rasi: 26.07	Tithi 12 – 13	Gulika 12:19PM – 1:32PM Yama 9:53AM – 11:06AM Rahu 2:45PM – 3:58PM	Revati Until 12:56PM Siddhi Until 11:53AM Kaulava Until 9:03PM Dvadashi Until 9:13AM	Ganesha: Red <i>Sunrise:</i> 7:27AM Muruga: Clear <i>Sunset:</i> 5:11PM Nataraja: White Moon – Clear Karttika-Karttikai	<i>Sunrise:</i> 7:27AM <i>Sunset:</i> 5:11PM	Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work Siddha Yoga		Devaloka Day				

Pradosha Vrata

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyalipata*/Varyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 220
	Mesha Rasi: 9.22	Tithi 13 – 14	Gulika 11:06AM – 12:19PM Yama 8:41AM – 9:53AM Rahu 12:19PM – 1:32PM	Ashvini Until 1:03PM Vyalipata* Until 10:13AM Gara Until 8:10PM Trayodashi Until 8:40AM	Ganesha: Blue <i>Sunrise:</i> 7:28AM Muruga: Clear <i>Sunset:</i> 5:10PM Nataraja: White Moon – White Karttika-Karttikai	<i>Sunrise:</i> 7:28AM <i>Sunset:</i> 5:10PM	Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Routine Work Marana Yoga Until 1:03PM Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 12:PM to 3:PM				

○	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Porto, Portugal Sutra 221		
	Copper Retreat Star		Mesha Rasi: 22.58	Tithi 14 – 15	Gulika 9:54AM – 11:07AM Yama 7:29AM – 8:42AM Rahu 1:32PM – 2:45PM	Bharani Until 12:23PM Varyan Until 8:01AM Visti Until 6:40PM Chaturdashi* Until 7:28AM	Ganesha: Blue <i>Sunrise:</i> 7:29AM Muruga: Clear <i>Sunset:</i> 5:10PM Nataraja: White Moon – White Karttika-Karttikai	<i>Sunrise:</i> 7:29AM <i>Sunset:</i> 5:10PM	Vilamba 5120 Moon 10 - Phase 30 Purnima
	Creative Work Siddha Yoga Until 12:23PM Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 12:PM to 3:PM						

○	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Porto, Portugal Sutra 222		
	Silver Retreat Star		Vrishabha Rasi: 6.55	Tithi 16	Gulika 8:42AM – 9:55AM Yama 2:44PM – 3:57PM Rahu 11:07AM – 12:20PM	Krittika Until 11:05AM Shiva Until 2:29AM Sat Balava Until 4:42PM Prathama* Until 3:34AM Sat	Ganesha: Blue <i>Sunrise:</i> 7:30AM Muruga: Clear <i>Sunset:</i> 5:09PM Nataraja: White Moon – White Karttika-Karttikai	<i>Sunrise:</i> 7:30AM <i>Sunset:</i> 5:09PM	Vilamba 5120 Moon 10 - Phase 30 Prathama
	Creative Work Siddha Yoga Until 11:05AM Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 12:PM to 3:PM						

Vinayaga Viratam Begins

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 21.07 Tihti 17

737762365

Gulika 7:31AM – 8:43AM
Yama 1:32PM – 2:44PM
Rahu 9:56AM – 11:08AM

Rohini Until 9:42AM
Siddha Until 9:42AM
Taitila Until 2:25PM
Dvitiya Until 1:10AM Sun

Ganesha: Red *Sunrise:* 7:31AM
Muruga: Clear *Sunset:* 5:09PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 9:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 5.29 Tihti 18

737762365

Gulika 2:44PM – 3:56PM
Yama 12:20PM – 1:32PM
Rahu 3:56PM – 5:08PM

Mrigashira Until 7:56AM
Sadhya Until 8:02PM
Vanija Until 11:55AM
Tritiya Until 10:37PM

Ganesha: Red *Sunrise:* 7:32AM
Muruga: Clear *Sunset:* 5:08PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthiyam Titau

Porto, Portugal

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 19.56 Tihti 19

737762365

Gulika 1:32PM – 2:44PM
Yama 11:09AM – 12:20PM
Rahu 8:45AM – 9:57AM

Punarvasu Until 4:16AM Tue
Subha Until 4:45PM
Bava Until 9:21AM
Chaturthi* Until 8:04PM

Ganesha: Red *Sunrise:* 7:33AM
Muruga: Clear *Sunset:* 5:08PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 4:16AM Tue

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Panchami/Shashthiyam Titau

Porto, Portugal

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 4.22 Tihti 20 – 21

747762365

Gulika 12:21PM – 1:32PM
Yama 9:58AM – 11:09AM
Rahu 2:44PM – 3:56PM

Pushya Until 2:34AM Wed
Sukla Until 1:30PM
Kaulava Until 6:50AM
Panchami Until 5:36PM

Ganesha: Green *Sunrise:* 7:35AM
Muruga: Clear *Sunset:* 5:07PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 18.42 Tihti 21 – 22

747862365

Gulika 11:10AM – 12:21PM
Yama 8:47AM – 9:58AM
Rahu 12:21PM – 1:33PM

Ashlesha* Until 12:55AM Thu
Brahma Until 10:23AM
Visti Until 2:14AM Thu
Shashthi* Until 3:17PM

Ganesha: White *Sunrise:* 7:36AM
Muruga: Clear *Sunset:* 5:07PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 12:55AM Thu

Then Creative Work - Amrita Yoga

■

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 2.54 Tihti 22 – 23

757863365

Gulika 9:59AM – 11:10AM
Yama 7:37AM – 8:48AM
Rahu 1:33PM – 2:44PM

Magha* Until 11:46PM
Indra Until 7:27AM
Balava Until 12:17AM Fri
Saptami Until 1:12PM

Ganesha: Clear *Sunrise:* 7:37AM
Muruga: Purple *Sunset:* 5:06PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 11:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 16.57 Tihti 23 – 24

757863365

Gulika 8:49AM – 10:00AM
Yama 2:44PM – 3:55PM
Rahu 11:11AM – 12:22PM

Purvaphalguni Until 10:45PM
Vishkambha* Until 2:08AM Sat
Taitila Until 10:35PM
Ashtami* Until 11:22AM

Ganesha: Clear *Sunrise:* 7:38AM
Muruga: Purple *Sunset:* 5:06PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1		Saturday, December 1, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam		Porto, Portugal	
Kanya Rasi: 0.5		Tithi 24 – 25		758863365		Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 230	
Routine Work		Marana Yoga		758863365		Gulika 7:39AM – 8:50AM		Vilamba 5120	
				758863365		Yama 1:33PM – 2:44PM		Moon 11 - Phase 32	
				758863365		Rahu 10:01AM – 11:11AM		2nd Phase	
				758863365		Priti Until 11:50PM		Moon – Red	
				758863365		Vanija Until 9:09PM		Karttika-Karttikai	
				758863365		Navami* Until 9:49AM		Devaloka Time: 6:AM to 9:AM	
				758863365		Ganesha: Orange		Sunrise: 7:39AM	
				758863365		Muruga: Purple		Sunset: 5:06PM	
				758863365		Nataraja: White			
				758863365		Moon – Red			
				758863365		Karttika-Karttikai			

2		Sunday, December 2, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal	
Kanya Rasi: 14.33		Tithi 25 – 26		768863365		Hasta Nakshatra Ayushman Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 231	
Creative Work		Amrita Yoga		768863365		Gulika 2:44PM – 3:55PM		Vilamba 5120	
Until 9:30PM				768863365		Yama 12:23PM – 1:33PM		Moon 11 - Phase 32	
Then Creative Work - Siddha Yoga				768863365		Rahu 3:55PM – 5:05PM		2nd Phase	
				768863365		Ayushman Until 9:43PM		Moon – Green	
				768863365		Bava Until 8:01PM		Karttika-Karttikai	
				768863365		Dashami Until 8:31AM		Devaloka Time: 6:AM to 9:AM	
				768863365		Ganesha: Light Blue		Sunrise: 7:40AM	
				768863365		Muruga: Purple		Sunset: 5:05PM	
				768863365		Nataraja: White			
				768863365		Moon – Green			
				768863365		Karttika-Karttikai			

3		Monday, December 3, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam		Porto, Portugal	
Kanya Rasi: 28.05		Tithi 26 – 27		768863365		Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 232	
Family Home Evening				768863365		Gulika 1:34PM – 2:44PM		Vilamba 5120	
Routine Work		Prabalarishta Yoga		768863365		Yama 11:12AM – 12:23PM		Moon 11 - Phase 32	
Until 9:20PM				768863365		Rahu 8:51AM – 10:02AM		2nd Phase	
Then Creative Work - Amrita Yoga				768863365		Saubhagya Until 7:52PM		Moon – Green	
				768863365		Kaulava Until 7:11PM		Karttika-Karttikai	
				768863365		Ekadashi* Until 7:32AM		Devaloka Time: 6:AM to 9:AM	
				768863365		Ganesha: Light Blue		Sunrise: 7:41AM	
				768863365		Muruga: Purple		Sunset: 5:05PM	
				768863365		Nataraja: White			
				768863365		Moon – Green			
				768863365		Karttika-Karttikai			

4		Tuesday, December 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam		Porto, Portugal	
Tula Rasi: 11.28		Tithi 27 – 28		768863365		Svati Nakshatra Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 233	
Creative Work		Siddha Yoga		768863365		Gulika 12:23PM – 1:34PM		Vilamba 5120	
Until 9:21PM				768863365		Yama 10:03AM – 11:13AM		Moon 11 - Phase 32	
Then Routine Work - Marana Yoga				768863365		Rahu 2:44PM – 3:55PM		2nd Phase	
				768863365		Sobhana Until 6:17PM		Moon – Green	
				768863365		Gara Until 6:41PM		Karttika-Karttikai	
				768863365		Dvadashi* Until 6:52AM		Devaloka Time: 6:AM to 9:AM	
				768863365		Ganesha: Light Blue		Sunrise: 7:42AM	
				768863365		Muruga: Purple		Sunset: 5:05PM	
				768863365		Nataraja: White			
				768863365		Moon – Green			
				768863365		Karttika-Karttikai			

5		Wednesday, December 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam		Porto, Portugal	
Tula Rasi: 24.38		Tithi 28 – 29		778863365		Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 234	
Creative Work		Siddha Yoga		778863365		Gulika 11:14AM – 12:24PM		Vilamba 5120	
				778863365		Yama 8:53AM – 10:03AM		Moon 11 - Phase 32	
				778863365		Rahu 12:24PM – 1:34PM		2nd Phase	
				778863365		Athiganda* Until 5:00PM		Moon – Orange	
				778863365		Visti Until 6:36PM		Karttika-Karttikai	
				778863365		Trayodashi* Until 6:34AM		Devaloka Time: 6:AM to 9:AM	
				778863365		Ganesha: Purple		Sunrise: 7:43AM	
				778863365		Muruga: Purple		Sunset: 5:05PM	
				778863365		Nataraja: White			
				778863365		Moon – Orange			
				778863365		Karttika-Karttikai			

Thursday, December 6, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Vrischika Rasi: 7.35		Tithi 29 – 30		778863365		Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau		Sun 12 Sutra 235	
Creative Work		Siddha Yoga		778863365		Gulika 10:04AM – 11:14AM		Vilamba 5120	
Until 11:04PM				778863365		Yama 7:44AM – 8:54AM		Moon 11 - Phase 32	
Then Routine Work - Prabalarishta Yoga				778863365		Rahu 1:34PM – 2:45PM		Amavasya	
				778863365		Sukarma Until 4:04PM		Moon – Orange	
				778863365		Sakuni Until 6:42AM		Karttika-Karttikai	
				778863365		Chaturdashi* Until 6:42AM		Devaloka Time: 6:AM to 9:AM	
				778863365		Ganesha: Purple		Sunrise: 7:44AM	
				778863365		Muruga: Purple		Sunset: 5:05PM	
				778863365		Nataraja: White			
				778863365		Moon – Orange			
				778863365		Karttika-Karttikai			

Friday, December 7, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam		Porto, Portugal	
Vrischika Rasi: 20.19		Tithi 30 – 1		779863365		Jyeshtha Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 236	
Routine Work		Marana Yoga		779863365		Gulika 8:55AM – 10:05AM		Vilamba 5120	
Until 12:25AM Sat				779863365		Yama 2:45PM – 3:55PM		Moon 11 - Phase 32	
Then Creative Work - Siddha Yoga				779863365		Rahu 11:15AM – 12:25PM		Prathama	
				779863365		Dhriti Until 3:33PM		Moon – Orange	
				779863365		Kintughna Until 7:52PM		Karttika-Karttikai	
				779863365		Amavasya* Until 7:20AM		Devaloka Time: 6:AM to 9:AM	
				779863365		Ganesha: Light Blue		Sunrise: 7:45AM	
				779863365		Muruga: Purple		Sunset: 5:05PM	
				779863365		Nataraja: White			
				779863365		Moon – Orange			
				779863365		Margasira-Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal	
			Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 246	
	Meena Rasi: 21.02 Family Home Evening Creative Work Siddha Yoga	Tihti 10 811863365	Gulika Yama Rahu	1:39PM – 2:48PM 11:20AM – 12:29PM 9:02AM – 10:11AM	Revati Until 10:38PM Variyan Until 7:38PM Taitila Until 2:22PM Dashami Until 2:29AM Tue	Ganesha: Purple Muruga: Purple Nataraja: White Moon – Clear	<i>Sunrise:</i> 7:53AM <i>Sunset:</i> 5:06PM	Vilamba 5120 Moon 11 - Phase 34 4th Phase Bhuloka Day
			Margasira*Markali				Devaloka Time: 6:AM to 9:AM	

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal	
			Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 247	
	Mesha Rasi: 3.53 Creative Work Siddha Yoga	Tihti 11 821863365	Gulika Yama Rahu	12:30PM – 1:39PM 10:12AM – 11:21AM 2:48PM – 3:57PM	Ashvini Until 11:09PM Parigha* Until 6:21PM Vanija Until 2:26PM Ekadashi Until 2:08AM Wed	Ganesha: Clear Muruga: Purple Nataraja: White Moon – White	<i>Sunrise:</i> 7:53AM <i>Sunset:</i> 5:07PM	Vilamba 5120 Moon 11 - Phase 34 4th Phase Bhuloka Day
			Margasira*Markali				Devaloka Time: 6:AM to 9:AM	

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal	
			Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 248	
	Mesha Rasi: 17.09 Creative Work Siddha Yoga Until 10:43PM Then Creative Work - Amrita Yoga	Tihti 12 821863365	Gulika Yama Rahu	11:21AM – 12:30PM 9:03AM – 10:12AM 12:30PM – 1:40PM	Bharani Until 10:43PM Shiva Until 4:26PM Bava Until 11:69AM Thu Dvadashi Until 6:21PM	Ganesha: Clear Muruga: Purple Nataraja: White Moon – White	<i>Sunrise:</i> 7:54AM <i>Sunset:</i> 5:07PM	Vilamba 5120 Moon 11 - Phase 34 4th Phase Bhuloka Day
			Margasira*Markali				Devaloka Time: 6:AM to 9:AM	

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal	
			Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 249	
	Vrisabha Rasi: 0.51 Routine Work Marana Yoga	Tihti 13 821863365	Gulika Yama Rahu	10:13AM – 11:22AM 7:55AM – 9:04AM 1:40PM – 2:49PM	Krittika Until 9:28PM Siddha Until 1:56PM Kaulava Until 12:09PM Trayodashi Until 11:08PM	Ganesha: Clear Muruga: Purple Nataraja: White Moon – White	<i>Sunrise:</i> 7:55AM <i>Sunset:</i> 5:07PM	Vilamba 5120 Moon 11 - Phase 34 4th Phase Bhuloka Day
			Margasira*Markali				Devaloka Time: 6:AM to 9:AM	

Pradosha Vrata

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal	
			Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 250	
	Vrisabha Rasi: 14.58 Routine Work Marana Yoga Until 7:54PM Then Creative Work - Siddha Yoga	Tihti 14 831963365	Gulika Yama Rahu	9:04AM – 10:13AM 2:50PM – 3:59PM 11:22AM – 12:31PM	Rohini Until 7:54PM Sadhya Until 10:56AM Gara Until 10:00AM Chaturdashi* Until 8:43PM	Ganesha: White Muruga: Purple Nataraja: White Moon – Yellow	<i>Sunrise:</i> 7:55AM <i>Sunset:</i> 5:08PM	Vilamba 5120 Moon 11 - Phase 34 4th Phase Bhuloka Day
			Margasira*Markali				Devaloka Time: 9:AM to 12:PM	

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Porto, Portugal	
	Copper Retreat Star		Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Sutra 251	
	Vrisabha Rasi: 29.27 Creative Work Siddha Yoga	Tihti 15 – 16 831963365	Gulika Yama Rahu	7:56AM – 9:05AM 1:41PM – 2:50PM 10:14AM – 11:23AM	Mrigashira Until 5:47PM Subha Until 7:32AM Visti Until 7:21AM Purnima* Until 5:52PM	Ganesha: Yellow Muruga: Purple Nataraja: White Moon – Yellow	<i>Sunrise:</i> 7:56AM <i>Sunset:</i> 5:08PM	Vilamba 5120 Moon 11 - Phase 34 Purnima Bhuloka Day
			Margasira*Markali				Devaloka Time: 9:AM to 12:PM	

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Porto, Portugal	
	Silver Retreat Star		Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sutra 252	
	Mithuna Rasi: 14.11 Creative Work Siddha Yoga	Tihti 16 – 17 831963365	Gulika Yama Rahu	2:51PM – 4:00PM 12:32PM – 1:42PM 4:00PM – 5:09PM	Ardra Until 3:15PM Brahma Until 12:00AM Mon Taitila Until 1:09AM Mon Prathama* Until 2:45PM	Ganesha: Yellow Muruga: Purple Nataraja: White Moon – Yellow	<i>Sunrise:</i> 7:56AM <i>Sunset:</i> 5:09PM	Vilamba 5120 Moon 11 - Phase 34 Prathama Bhuloka Day
			Margasira*Markali				Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Porto, Portugal

Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 253

Mithuna Rasi: 29.03 Tihi 17 - 18

Gulika 1:42PM - 2:51PM

Punarvasu Until 12:53PM

Ganesh: Blue Sunrise: 7:56AM

Vilamba 5120

Family Home Evening

Yama 11:24AM - 12:33PM

Indra Until 8:07PM

Muruga: Purple Sunset: 5:09PM

Moon 12 - Phase 35

Creative Work Amrita Yoga

Rahu 9:06AM - 10:15AM

Vanija Until 9:55PM

Nataraja: White

1st Phase

Until 12:53PM

Day 4 of Pancha Ganapati

Dvitiya Until 11:31AM

Moon - Blue

Devaloka Day

Then Creative Work - Siddha Yoga

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Porto, Portugal

Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 254

Kataka Rasi: 13.56 Tihi 18 - 19

Gulika 12:33PM - 1:43PM

Pushya Until 10:25AM

Ganesh: Yellow Sunrise: 7:57AM

Vilamba 5120

Creative Work Siddha Yoga

Yama 10:15AM - 11:24AM

Vaidhriti* Until 4:18PM

Muruga: Purple Sunset: 5:10PM

Moon 12 - Phase 35

Rahu 2:52PM - 4:01PM

Bava Until 6:47PM

Nataraja: White

1st Phase

Day 5 of Pancha Ganapati

Tritiya Until 8:19AM

Moon - Blue

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Porto, Portugal

Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 3 Sutra 255

Kataka Rasi: 28.41 Tihi 20

Gulika 11:25AM - 12:34PM

Ashlesha* Until 7:59AM

Ganesh: Yellow Sunrise: 7:57AM

Vilamba 5120

Creative Work Siddha Yoga

Yama 9:06AM - 10:16AM

Vishkambha* Until 12:39PM

Muruga: Purple Sunset: 5:11PM

Moon 12 - Phase 35

Rahu 12:34PM - 1:43PM

Kaulava Until 3:52PM

Nataraja: Green

1st Phase

Day 5 of Pancha Ganapati

Panchami Until 2:31AM Thu

Moon - Blue

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Porto, Portugal

Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 256

Simha Rasi: 13.14 Tihi 21

Gulika 10:16AM - 11:25AM

Magha* Until 6:08AM

Ganesh: Blue Sunrise: 7:58AM

Vilamba 5120

Creative Work Amrita Yoga

Yama 7:58AM - 9:07AM

Priti Until 9:17AM

Muruga: Purple Sunset: 5:11PM

Moon 12 - Phase 35

Rahu 1:44PM - 2:53PM

Gara Until 1:18PM

Nataraja: Green

1st Phase

Until 6:08AM

Shashthi* Until 12:10AM Fri

Moon - Red

Bhuloka Day

Then Creative Work - Siddha Yoga

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Porto, Portugal

Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Sun 5 Sutra 257

Simha Rasi: 27.31 Tihi 22

Gulika 9:07AM - 10:16AM

Uttaraphalguni Until 3:17AM Sat

Ganesh: Blue Sunrise: 7:58AM

Vilamba 5120

Creative Work Siddha Yoga

Yama 2:53PM - 4:03PM

Ayushman Until 6:14AM

Muruga: Purple Sunset: 5:12PM

Moon 12 - Phase 35

Rahu 11:26AM - 12:35PM

Visti Until 11:10AM

Nataraja: Green

1st Phase

Day 5 of Pancha Ganapati

Saptami Until 10:16PM

Moon - Red

Bhuloka Day

Then Routine Work - Marana Yoga

Saturday, December 29, 2018

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Porto, Portugal

Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 258

Kanya Rasi: 11.28 Tihi 23

Gulika 7:58AM - 9:07AM

Hasta Until 2:50AM Sun

Ganesh: Red Sunrise: 7:58AM

Vilamba 5120

Routine Work Marana Yoga

Yama 1:45PM - 2:54PM

Sobhana Until 1:22AM Sun

Muruga: Purple Sunset: 5:13PM

Moon 12 - Phase 35

Rahu 10:17AM - 11:26AM

Balava Until 9:32AM

Nataraja: Green

Ashtami

Until 2:50AM Sun

Ashtami* Until 8:54PM

Moon - Green

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

Sunday, December 30, 2018

6

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Porto, Portugal

Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Sun 7 Sutra 259

Kanya Rasi: 25.06 Tihi 24

Gulika 2:55PM - 4:04PM

Chitra Until 2:46AM Mon

Ganesh: Red Sunrise: 7:58AM

Vilamba 5120

Creative Work Siddha Yoga

Yama 12:36PM - 1:45PM

Athiganda* Until 11:33PM

Muruga: Purple Sunset: 5:14PM

Moon 12 - Phase 35

Rahu 4:04PM - 5:14PM

Taitila Until 8:26AM

Nataraja: Green

Navami

Until 2:46AM Mon

Navami* Until 8:04PM

Moon - Green

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Porto, Portugal	
Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 260		Vilamba 5120	
1		Gulika	1:46PM – 2:55PM	Svati Until 3:03AM Tue	Ganesha: Red	Sunrise: 7:59AM	
Tula Rasi: 8.26	Tithi 25	Yama	11:27AM – 12:36PM	Sukarma Until 10:09PM	Muruga: Purple	Sunset: 5:14PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu	9:08AM – 10:18AM	Vanija Until 7:52AM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 7:45PM	Moon – Green	Bhuloka Day	
Until 3:03AM Tue					Margasira-Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Porto, Portugal	
Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 261		Vilamba 5120	
2		Gulika	12:37PM – 1:46PM	Vishakha Until 4:08AM Wed	Ganesha: Green	Sunrise: 7:59AM	
Tula Rasi: 21.3	Tithi 26	Yama	10:18AM – 11:27AM	Dhriti Until 9:09PM	Muruga: Purple	Sunset: 5:15PM	Moon 12 - Phase 36
872963366	Rahu	2:56PM – 4:06PM	Bava Until 7:49AM		Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 7:58PM	Moon – Orange	Bhuloka Day	
Until 4:08AM Wed					Margasira-Markali		
Then Creative Work - Siddha Yoga							

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Porto, Portugal	
Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 262		Vilamba 5120	
3		Gulika	11:28AM – 12:37PM	Anuradha Until 5:31AM Thu	Ganesha: Green	Sunrise: 7:59AM	
Vrischika Rasi: 4.19	Tithi 27	Yama	9:08AM – 10:18AM	Shula* Until 8:31PM	Muruga: Purple	Sunset: 5:16PM	Moon 12 - Phase 36
872963366	Rahu	12:37PM – 1:47PM	Kaulava Until 8:17AM		Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 8:40PM	Moon – Orange	Bhuloka Day	
Until 5:31AM Thu					Margasira-Markali		
Then Routine Work - Prabalarishta Yoga							

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Porto, Portugal	
Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 263		Vilamba 5120	
4		Gulika	10:18AM – 11:28AM	Jyeshtha* Until 7:12AM Fri	Ganesha: Green	Sunrise: 7:59AM	
Vrischika Rasi: 16.54	Tithi 28	Yama	7:59AM – 9:09AM	Ganda* Until 8:14PM	Muruga: Purple	Sunset: 5:17PM	Moon 12 - Phase 36
872963366	Rahu	1:48PM – 2:57PM	Gara Until 10:37AM Fri		Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga			Trayodashi* Until 8:31PM	Moon – Orange	Bhuloka Day	
Until 7:12AM Fri					Margasira-Markali		
Then Creative Work - Amrita Yoga							
							<i>Pradosha Vrata (Fasting)</i>

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Porto, Portugal	
Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 264		Vilamba 5120	
5		Gulika	9:09AM – 10:19AM	Jyeshtha* Until 7:12AM	Ganesha: Green	Sunrise: 7:59AM	
Vrischika Rasi: 29.17	Tithi 29	Yama	2:58PM – 4:08PM	Vriddhi Until 8:19PM	Muruga: Purple	Sunset: 5:18PM	Moon 12 - Phase 36
872963366	Rahu	11:28AM – 12:38PM	Visti Until 10:37AM		Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Chaturdashi* Until 11:28PM	Moon – Orange	Bhuloka Day	
Until 7:12AM					Margasira-Markali		
Then Creative Work - Amrita Yoga							

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Porto, Portugal	
Retreat Star		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Sutra 265	
6		Gulika	7:59AM – 9:09AM	Mula* Until 9:36AM	Ganesha: White	Sunrise: 7:59AM	
Dhanus Rasi: 11.3	Tithi 30	Yama	1:49PM – 2:59PM	Dhruva Until 8:40PM	Muruga: Purple	Sunset: 5:19PM	Moon 12 - Phase 36
882963366	Rahu	10:19AM – 11:29AM	Catuspada Until 12:27PM		Nataraja: Green		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 1:29AM Sun	Moon – Light Blue	Bhuloka Day	
					Margasira-Markali		

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal	
Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 266	
7		Gulika	2:59PM – 4:10PM	Purvashadha* Until 12:13PM	Ganesha: White	Sunrise: 7:59AM	
Dhanus Rasi: 23.34	Tithi 1	Yama	12:39PM – 1:49PM	Vyaghata* Until 9:18PM	Muruga: Clear	Sunset: 5:20PM	Moon 12 - Phase 36
882973366	Rahu	4:10PM – 5:20PM	Kintughna Until 2:39PM		Nataraja: Green		Prathama
Creative Work	Siddha Yoga			Prathama* Until 3:50AM Mon	Moon – Light Blue	Bhuloka Day	
Until 12:13PM					Pausha-Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Porto, Portugal Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:50PM – 3:00PM	Uttarashadha Until 2:56PM	Ganesh: White	<i>Sunrise:</i> 7:59AM	
Makara Rasi: 5.29	Tithi 2	Yama 11:29AM – 12:40PM	Harshana Until 10:09PM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 9:09AM – 10:19AM	Balava Until 5:09PM	Nataraja: Green		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 6:27AM Tue	Moon – Light Blue		
Until 2:56PM				Pausha-Markali	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Porto, Portugal Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:40PM – 1:50PM	Shravana Until 6:12PM	Ganesh: Red	<i>Sunrise:</i> 7:59AM	
Makara Rasi: 17.19	Tithi 2 – 3	Yama 10:19AM – 11:30AM	Vajra* Until 11:06PM	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 12 - Phase 37
	893973366	Rahu 3:01PM – 4:11PM	Taitila Until 7:50PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 6:27AM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Porto, Portugal Sun 17 Sutra 269 Vilamba 5120
3		Gulika 11:30AM – 12:41PM	Dhanishtha Until 9:22PM	Ganesh: Red	<i>Sunrise:</i> 7:59AM	
Makara Rasi: 29.07	Tithi 3 – 4	Yama 9:09AM – 10:20AM	Siddhi Until 12:06AM Thu	Muruga: Clear	<i>Sunset:</i> 5:23PM	Moon 12 - Phase 37
	893973366	Rahu 12:41PM – 1:51PM	Vanija Until 10:36PM	Nataraja: Green		3rd Phase
Routine Work Prabalarishta Yoga			Tritiya Until 9:12AM	Moon – Purple		
Until 9:22PM				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Porto, Portugal Sun 18 Sutra 270 Vilamba 5120
4		Gulika 10:20AM – 11:30AM	Shatabhishak Until 12:16AM Fri	Ganesh: Red	<i>Sunrise:</i> 7:58AM	
Kumbha Rasi: 10.54	Tithi 4 – 5	Yama 7:58AM – 9:09AM	Vyatipata* Until 1:01AM Fri	Muruga: Clear	<i>Sunset:</i> 5:24PM	Moon 12 - Phase 37
	893973366	Rahu 1:52PM – 3:02PM	Bava Until 1:15AM Fri	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 11:55AM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Porto, Portugal Sun 19 Sutra 271 Vilamba 5120
5		Gulika 9:09AM – 10:20AM	Purvaproshtapada* Until 3:14AM Sat	Ganesh: Clear	<i>Sunrise:</i> 7:58AM	
Kumbha Rasi: 22.45	Tithi 5 – 6	Yama 3:03PM – 4:14PM	Variyan Until 1:43AM Sat	Muruga: Clear	<i>Sunset:</i> 5:25PM	Moon 12 - Phase 37
	813973366	Rahu 11:31AM – 12:41PM	Kaulava Until 3:37AM Sat	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Panchami Until 2:27PM	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila Karana Shashthi/Saptamyam Titau				Porto, Portugal Sun 20 Sutra 272 Vilamba 5120
6		Gulika 7:58AM – 9:09AM	Uttaraproshtapada Until 5:37AM Sun	Ganesh: Clear	<i>Sunrise:</i> 7:58AM	
Meena Rasi: 4.42	Tithi 6 – 7	Yama 1:53PM – 3:04PM	Parigha* Until 2:06AM Sun	Muruga: Clear	<i>Sunset:</i> 5:26PM	Moon 12 - Phase 37
	813973366	Rahu 10:20AM – 11:31AM	Taitila Until 4:37PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 4:37PM	Moon – Clear		
Until 5:37AM Sun				Pausha-Markali	Devaloka Day	
Then Creative Work - Amrita Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija Karana Saptamyam Titau				Porto, Portugal Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 3:04PM – 4:16PM	Revati Until 7:14AM Mon	Ganesh: Clear	<i>Sunrise:</i> 7:58AM	
Meena Rasi: 16.51	Tithi 7	Yama 12:42PM – 1:53PM	Shiva Until 2:02AM Mon	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 12 - Phase 37
	813973366	Rahu 4:16PM – 5:27PM	Vanija Until 6:15PM	Nataraja: Green		3rd Phase
Creative Work Amrita Yoga			Saptami Until 6:15PM	Moon – Clear		
Until 7:14AM Mon				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Porto, Portugal Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:54PM – 3:05PM	Revati Until 7:14AM	Ganesh: Clear	<i>Sunrise:</i> 7:57AM	
Meena Rasi: 29.15	Tithi 8	Yama 11:31AM – 12:43PM	Siddha Until 1:23AM Tue	Muruga: Clear	<i>Sunset:</i> 5:28PM	Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 9:09AM – 10:20AM	Visti Until 6:49AM	Nataraja: Green		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 7:10PM	Moon – Clear		
		Thai Pongal		Pausha-Thai	Devaloka Day	

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Porto, Portugal Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 12:43PM – 1:54PM	Ashvini Until 8:28AM	Ganesh: Purple	<i>Sunrise:</i> 7:57AM	
Mesha Rasi: 11.59	Tithi 9	Yama 10:20AM – 11:31AM	Sadhya Until 12:08AM Wed	Muruga: Clear	<i>Sunset:</i> 5:29PM	Moon 12 - Phase 37
	823973366	Rahu 3:06PM – 4:18PM	Balava Until 7:21AM	Nataraja: Green		Navami
Creative Work Siddha Yoga			Navami* Until 7:18PM	Moon – White		
				Pausha-Thai	Sivaloka Day	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 22.24 Tihi 17

844173366

Gulika 12:45PM – 1:58PM
Yama 10:19AM – 11:32AM
Rahu 3:11PM – 4:24PM

Ashlesha* Until 5:53PM
Ayushman Until 8:32PM
Taitila Until 11:45AM
Dvitiya Until 9:56PM

Ganesha: Clear *Sunrise: 7:53AM*
Muruga: Clear *Sunset: 5:37PM*
Nataraja: Green
Moon – Blue
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 7.32 Tihi 18

854173366

Gulika 11:32AM – 12:45PM
Yama 9:06AM – 10:19AM
Rahu 12:45PM – 1:59PM

Magha* Until 3:16PM
Saubhagya Until 4:27PM
Vanija Until 8:12AM
Tritiya Until 6:29PM

Ganesha: Purple *Sunrise: 7:52AM*
Muruga: Clear *Sunset: 5:38PM*
Nataraja: Green
Moon – Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 3:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 22.28 Tihi 19 – 20

854173366

Gulika 10:19AM – 11:32AM
Yama 7:52AM – 9:05AM
Rahu 1:59PM – 3:13PM

Purvaphalguni Until 12:47PM Fri
Sobhana Until 12:40PM
Kaulava Until 2:03AM Fri
Chaturthi* Until 3:24PM

Ganesha: Purple *Sunrise: 7:52AM*
Muruga: Clear *Sunset: 5:40PM*
Nataraja: Green
Moon – Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 7.04 Tihi 20 – 21

954173366

Gulika 9:05AM – 10:19AM
Yama 3:13PM – 4:27PM
Rahu 11:32AM – 12:46PM

Purvaphalguni Until 12:47PM
Athiganda* Until 5:78AM Sat
Gara Until 11:44PM
Panchami Until 12:47PM

Ganesha: Clear *Sunrise: 7:51AM*
Muruga: Clear *Sunset: 5:41PM*
Nataraja: Green
Moon – Red
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 12:47PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 21.16 Tihi 21 – 22

964173366

Gulika 7:50AM – 9:04AM
Yama 2:00PM – 3:14PM
Rahu 10:18AM – 11:32AM

Hasta Until 9:31AM
Sukarma Until 6:18AM
Visti Until 10:04PM
Shashthi* Until 10:48AM

Ganesha: Purple *Sunrise: 7:50AM*
Muruga: Clear *Sunset: 5:42PM*
Nataraja: Green
Moon – Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 5.03 Tihi 22 – 23

964173366

Gulika 3:15PM – 4:29PM
Yama 12:46PM – 2:01PM
Rahu 4:29PM – 5:43PM

Chitra Until 8:51AM
Shula* Until 2:06AM Mon
Balava Until 9:08PM
Saptami Until 9:30AM

Ganesha: Purple *Sunrise: 7:49AM*
Muruga: Clear *Sunset: 5:43PM*
Nataraja: Green
Moon – Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 18.24 Tihi 23 – 24

964173366

Gulika 2:01PM – 3:16PM
Yama 11:32AM – 12:47PM
Rahu 9:03AM – 10:18AM

Svati Until 8:44AM
Ganda* Until 12:52AM Tue
Taitila Until 8:58PM
Ashtami* Until 8:56AM

Ganesha: Purple *Sunrise: 7:49AM*
Muruga: Clear *Sunset: 5:45PM*
Nataraja: Green
Moon – Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 8:44AM

Then Routine Work - Marana Yoga

1		Tuesday, January 29, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam			Porto, Portugal	
Vrischika Rasi: 1.22		Tithi 24 – 25		974173366		Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 289		
Routine Work		Marana Yoga		Until 9:40AM		Then Creative Work - Siddha Yoga		Vilamba 5120		
		Gulika 12:47PM – 2:02PM		Vishakha Until 9:40AM		Ganesha: Clear		Sunrise: 7:48AM		
		Yama 10:17AM – 11:32AM		Vriddhi Until 12:12AM Wed		Muruga: Clear		Sunset: 5:46PM		
		Rahu 3:16PM – 4:31PM		Vanija Until 9:30PM		Nataraja: Green		Moon 1 - Phase 40		
				Navami* Until 9:07AM		Moon – Orange		2nd Phase		
						Pausha*Thai		Devaloka Day		

2		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam			Porto, Portugal	
Vrischika Rasi: 14.01		Tithi 25 – 26		974173366		Anuradha/Anuradha Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 290		
Creative Work		Siddha Yoga		Until 9:40AM		Then Creative Work - Siddha Yoga		Vilamba 5120		
		Gulika 11:32AM – 12:47PM		Anuradha Until 11:06AM		Ganesha: Clear		Sunrise: 7:47AM		
		Yama 9:02AM – 10:17AM		Dhruva Until 12:00AM Thu		Muruga: Clear		Sunset: 5:47PM		
		Rahu 12:47PM – 2:02PM		Bava Until 10:42PM		Nataraja: Green		Moon 1 - Phase 40		
				Dashami Until 10:00AM		Moon – Orange		2nd Phase		
						Pausha*Thai		Devaloka Day		

3		Thursday, January 31, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam			Porto, Portugal	
Vrischika Rasi: 26.22		Tithi 26 – 27		974173366		Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 291		
Routine Work		Prabalarishta Yoga		Until 12:57PM		Then Creative Work - Siddha Yoga		Vilamba 5120		
		Gulika 10:17AM – 11:32AM		Jyeshtha* Until 12:57PM		Ganesha: Clear		Sunrise: 7:46AM		
		Yama 7:46AM – 9:01AM		Vyaghata* Until 12:13AM Fri		Muruga: Clear		Sunset: 5:48PM		
		Rahu 2:02PM – 3:18PM		Kaulava Until 12:27AM Fri		Nataraja: Green		Moon 1 - Phase 40		
				Ekadashi* Until 11:30AM		Moon – Orange		2nd Phase		
						Pausha*Thai		Devaloka Day		

4		Friday, February 1, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam			Porto, Portugal	
Dhanus Rasi: 8.31		Tithi 27 – 28		984173366		Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 292		
Creative Work		Amrita Yoga		Until 3:35PM		Then Routine Work - Prabalarishta Yoga		Vilamba 5120		
		Gulika 9:01AM – 10:17AM		Mula* Until 3:35PM		Ganesha: White		Sunrise: 7:46AM		
		Yama 3:18PM – 4:33PM		Harshana Until 12:47AM Sat		Muruga: Clear		Sunset: 5:48PM		
		Rahu 11:32AM – 12:47PM		Gara Until 2:38AM Sat		Nataraja: Green		Moon 1 - Phase 40		
				Dvadashi* Until 1:28PM		Moon – Light Blue		2nd Phase		
						Pausha*Thai		Bhuloka Day		
								Devaloka Time: 12:PM to 3:PM		

5		Saturday, February 2, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam			Porto, Portugal	
Dhanus Rasi: 20.31		Tithi 28 – 29		984173366		Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 293		
Creative Work		Siddha Yoga		Until 6:23PM		Then Routine Work - Marana Yoga		Vilamba 5120		
		Gulika 7:45AM – 9:01AM		Purvashadha* Until 6:23PM		Ganesha: White		Sunrise: 7:45AM		
		Yama 2:03PM – 3:18PM		Vajra* Until 1:32AM Sun		Muruga: Clear		Sunset: 5:50PM		
		Rahu 10:16AM – 11:32AM		Visti Until 5:06AM Sun		Nataraja: Green		Moon 1 - Phase 40		
				Trayodashi* Until 3:49PM		Moon – Light Blue		2nd Phase		
						Pausha*Thai		Bhuloka Day		
								Devaloka Time: 12:PM to 3:PM		

6		Sunday, February 3, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam			Porto, Portugal	
Makara Rasi: 2.23		Tithi 29		985173366		Uttarashadha Nakshatra Siddhi Yoga Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 294		
Creative Work		Amrita Yoga		Until 6:23PM		Then Routine Work - Marana Yoga		Vilamba 5120		
		Gulika 3:19PM – 4:35PM		Uttarashadha Until 9:15PM		Ganesha: Yellow		Sunrise: 7:44AM		
		Yama 12:47PM – 2:03PM		Siddhi Until 2:27AM Mon		Muruga: Clear		Sunset: 5:51PM		
		Rahu 4:35PM – 5:51PM		Sakuni Until 6:24PM		Nataraja: Green		Moon 1 - Phase 40		
				Chaturdashi* Until 6:24PM		Moon – Light Blue		2nd Phase		
						Pausha*Thai		Devaloka Day		

Monday, February 4, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam			Porto, Portugal	
Makara Rasi: 14.13		Tithi 30		995173367		Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 295		
Family Home Evening		Creative Work		Amrita Yoga		Until 12:32AM Tue		Then Creative Work - Siddha Yoga		
		Gulika 2:04PM – 3:20PM		Shravana Until 12:32AM Tue		Ganesha: Red		Sunrise: 7:43AM		
		Yama 11:31AM – 12:48PM		Vyatipata* Until 3:27AM Tue		Muruga: Clear		Sunset: 5:52PM		
		Rahu 8:59AM – 10:15AM		Catuspada Until 7:46AM		Nataraja: White		Moon 1 - Phase 40		
				Amavasya* Until 9:06PM		Moon – Purple		2nd Phase		
						Pausha*Thai		Devaloka Day		

Tuesday, February 5, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam			Porto, Portugal	
Makara Rasi: 26.01		Tithi 1		995173367		Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 296		
Creative Work		Siddha Yoga		Until 6:23PM		Then Routine Work - Marana Yoga		Vilamba 5120		
		Gulika 12:48PM – 2:04PM		Dhanishtha Until 3:39AM Wed		Ganesha: Red		Sunrise: 7:42AM		
		Yama 10:15AM – 11:31AM		Variyan Until 4:24AM Wed		Muruga: Clear		Sunset: 5:53PM		
		Rahu 3:20PM – 4:37PM		Kintughna Until 10:29AM		Nataraja: White		Moon 1 - Phase 40		
				Prathama* Until 11:48PM		Moon – Purple		2nd Phase		
						Magha*Thai		Devaloka Day		

1	Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
	Kumbha Rasi: 7.49		Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15	Sutra 297	Vilamba 5120
	Tithi 2	Gulika 11:31AM – 12:48PM	Shatabhishak Until 6:30AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:41AM		
	995173367	Yama 8:58AM – 10:14AM	Parigha* Until 5:18AM Thu	Muruga: Clear	<i>Sunset:</i> 5:55PM	Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga	Rahu 12:48PM – 2:04PM	Balava Until 1:09PM	Nataraja: White			
			Dvitiya Until 2:25AM Thu	Moon – Purple		Devaloka Day	
				Magha-Thai			

2	Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
	Kumbha Rasi: 19.4		Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 16	Sutra 298	Vilamba 5120
	Tithi 3	Gulika 10:14AM – 11:31AM	Shatabhishak Until 6:30AM	Ganesha: Red	<i>Sunrise:</i> 7:40AM		
	995173367	Yama 7:40AM – 8:57AM	Shiva Until 6:03AM Fri	Muruga: Clear	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga	Rahu 2:05PM – 3:22PM	Tailila Until 3:40PM	Nataraja: White			
			Tritiya Until 4:50AM Fri	Moon – Purple		Devaloka Day	
				Magha-Thai			

3	Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
	Meena Rasi: 1.35		Purvaproshtapada* Until 9:29AM		Sun 17	Sutra 299	Vilamba 5120
	Tithi 4	Gulika 8:56AM – 10:13AM	Purvaproshtapada* Until 9:29AM	Ganesha: Blue	<i>Sunrise:</i> 7:39AM		
	915173367	Yama 3:22PM – 4:40PM	Shiva Until 6:03AM	Muruga: Clear	<i>Sunset:</i> 5:57PM	Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga	Rahu 11:31AM – 12:48PM	Vanija Until 5:57PM	Nataraja: White			
			Chaturthi* Until 6:57AM Sat	Moon – Clear		Sivaloka Day	
				Magha-Thai			

4	Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
	Meena Rasi: 13.37		Uttaraproshtapada Until 12:01PM		Sun 18	Sutra 300	Vilamba 5120
	Tithi 4 – 5	Gulika 7:38AM – 8:55AM	Uttaraproshtapada Until 12:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:38AM		
	915173367	Yama 2:06PM – 3:23PM	Siddha Until 6:33AM	Muruga: Clear	<i>Sunset:</i> 5:58PM	Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga	Rahu 10:13AM – 11:30AM	Bava Until 7:54PM	Nataraja: White			
Until 12:01PM			Chaturthi* Until 6:57AM	Moon – Clear		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Magha-Thai			

5	Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
	Meena Rasi: 25.49		Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 19	Sutra 301	Vilamba 5120
	Tithi 5 – 6	Gulika 3:24PM – 4:42PM	Revati Until 1:59PM	Ganesha: Red	<i>Sunrise:</i> 7:36AM		
	915273367	Yama 12:48PM – 2:06PM	Sadhya Until 6:47AM	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 41	3rd Phase
Creative Work	Amrita Yoga	Rahu 4:42PM – 6:00PM	Kaulava Until 9:23PM	Nataraja: White			
Until 1:59PM			Panchami Until 8:41AM	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Magha-Thai			

6	Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
	Mesha Rasi: 8.13		Ashvini Until 3:45PM		Sun 20	Sutra 302	Vilamba 5120
	Tithi 6 – 7	Gulika 2:06PM – 3:24PM	Ashvini Until 3:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:35AM		
	925273367	Yama 11:30AM – 12:48PM	Subha Until 6:38AM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 41	3rd Phase
Family Home Evening		Rahu 8:53AM – 10:12AM	Gara Until 10:18PM	Nataraja: White			
Creative Work	Siddha Yoga		Shashthi* Until 9:54AM	Moon – White		Bhuloka Day	
				Magha-Thai		Devaloka Time: 12:PM to 3:PM	

D	Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
	Retreat Star		Bharani Until 4:44PM		Sun 21	Sutra 303	Vilamba 5120
	Mesha Rasi: 20.53	Gulika 12:48PM – 2:07PM	Bharani Until 4:44PM	Ganesha: Blue	<i>Sunrise:</i> 7:34AM		
	Tithi 7 – 8	Yama 10:11AM – 11:30AM	Sukla Until 6:00AM	Muruga: Clear	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 41	Ashtami
925273367	Rahu 3:25PM – 4:43PM	Visti Until 10:32PM	Nataraja: White				
Creative Work	Siddha Yoga		Saptami Until 10:29AM	Moon – White		Bhuloka Day	
				Magha-Thai		Devaloka Time: 12:PM to 3:PM	

D	Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
	Retreat Star		Krittika Until 4:52PM		Sun 22	Sutra 304	Vilamba 5120
	Vrishabha Rasi: 3.53	Gulika 11:29AM – 12:48PM	Krittika Until 4:52PM	Ganesha: Yellow	<i>Sunrise:</i> 7:33AM		
	Tithi 8 – 9	Yama 8:52AM – 10:10AM	Indra Until 3:07AM Thu	Muruga: Clear	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 41	Navami
926273367	Rahu 12:48PM – 2:07PM	Balava Until 10:02PM	Nataraja: White				
Creative Work	Amrita Yoga		Ashtami* Until 10:22AM	Moon – White		Devaloka Day	
Until 4:52PM				Magha-Masi			
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

www.gurudeva.org/panchang

1	Thursday, February 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Porto, Portugal Sun 23 Sutra 305 Vilamba 5120
	Vrishabha Rasi: 17.17	Tithi 9 – 10	936273367	Gulika 10:10AM – 11:29AM Yama 7:32AM – 8:51AM Rahu 2:07PM – 3:26PM	Rohini Until 4:33PM Vaidhriti* Until 12:45AM Fri Taitila Until 8:45PM Navami* Until 9:28AM	Ganesha: White <i>Sunrise:</i> 7:32AM Muruga: Clear <i>Sunset:</i> 6:04PM Nataraja: White Moon – Yellow Magha-Masi	Moon 1 - Phase 42 4th Phase Sivaloka Day
	Routine Work Marana Yoga						

2	Friday, February 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 24 Sutra 306 Vilamba 5120
	Mithuna Rasi: 1.08	Tithi 10 – 11	936273367	Gulika 8:50AM – 10:09AM Yama 3:27PM – 4:46PM Rahu 11:29AM – 12:48PM	Mrigashira Until 3:22PM Vishkambha* Until 9:51PM Vanija Until 6:45PM Dashami Until 7:49AM	Ganesha: White <i>Sunrise:</i> 7:30AM Muruga: Clear <i>Sunset:</i> 6:06PM Nataraja: White Moon – Yellow Magha-Masi	Moon 1 - Phase 42 4th Phase Sivaloka Day
	Creative Work Siddha Yoga						

3	Saturday, February 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau				Porto, Portugal Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 15.25	Tithi 12	936273367	Gulika 7:29AM – 8:49AM Yama 2:08PM – 3:27PM Rahu 10:08AM – 11:28AM	Ardra Until 1:23PM Priti Until 6:26PM Bava Until 4:07PM Dvadashi Until 2:35AM Sun	Ganesha: White <i>Sunrise:</i> 7:29AM Muruga: Clear <i>Sunset:</i> 6:07PM Nataraja: White Moon – Yellow Magha-Masi	Moon 1 - Phase 42 4th Phase Sivaloka Day
	Creative Work Siddha Yoga						

4	Sunday, February 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Porto, Portugal Sun 26 Sutra 308 Vilamba 5120
	Kataka Rasi: 0.07	Tithi 13	946273367	Gulika 3:28PM – 4:48PM Yama 12:48PM – 2:08PM Rahu 4:48PM – 6:08PM	Punarvasu Until 11:09AM Ayushman Until 2:36PM Kaulava Until 12:58PM Trayodashi Until 11:14PM	Ganesha: Clear <i>Sunrise:</i> 7:28AM Muruga: Clear <i>Sunset:</i> 6:08PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 4th Phase Devaloka Day
	Creative Work Siddha Yoga						
	<i>Pradosha Vrata</i>						

5	Monday, February 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 15.08	Tithi 14	946273367	Gulika 2:08PM – 3:29PM Yama 11:27AM – 12:48PM Rahu 8:47AM – 10:07AM	Pushya Until 8:24AM Saubhagya Until 10:29AM Gara Until 9:27AM Chaturdashi* Until 7:35PM	Ganesha: Clear <i>Sunrise:</i> 7:26AM Muruga: Clear <i>Sunset:</i> 6:09PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 4th Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga						
	Chidambaram Abhishekam						

○	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Porto, Portugal Sutra 310 Vilamba 5120		
	Copper Retreat Star		Simha Rasi: 0.21	Tithi 15 – 16	956273367	Gulika 12:48PM – 2:08PM Yama 10:06AM – 11:27AM Rahu 3:29PM – 4:50PM	Magha* Until 2:24AM Wed Sobhana Until 6:12AM Balava Until 1:55AM Wed Purnima* Until 3:48PM	Ganesha: Purple <i>Sunrise:</i> 7:25AM Muruga: Clear <i>Sunset:</i> 6:11PM Nataraja: White Moon – Red Magha-Masi	Moon 1 - Phase 42 Purnima Sivaloka Day
	Creative Work Siddha Yoga Until 2:24AM Wed Then Creative Work - Amrita Yoga								

Wednesday, February 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sutra 311 Vilamba 5120		
Silver Retreat Star		Simha Rasi: 16	Tithi 16 – 17	957273367	Gulika 11:27AM – 12:48PM Yama 8:45AM – 10:06AM Rahu 12:48PM – 2:09PM	Purvaphalguni Until 11:30PM Sukarma Until 9:38PM Taitila Until 10:15PM Prathama* Until 6:12AM	Ganesha: Clear <i>Sunrise:</i> 7:24AM Muruga: Clear <i>Sunset:</i> 6:12PM Nataraja: White Moon – Red Magha-Masi	Moon 1 - Phase 42 Prathama Devaloka Day
Creative Work Amrita Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam

Porto, Portugal

Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 312

Kanya Rasi: 0.43 Tihi 17 - 18

Gulika 10:05AM - 11:26AM

Uttaraphalguni Until 8:46PM

Ganesh: Clear Sunrise: 7:22AM

Vilamba 5120

Yama 7:22AM - 8:44AM

Dhriti Until 5:40PM

Muruga: Clear Sunset: 6:13PM

Moon 2 - Phase 43

957273367 Rahu 2:09PM - 3:30PM

Vanija Until 6:53PM

Nataraja: White

1st Phase

Amrita Yoga

Moon - Red

Devaloka Day

Until 8:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam

Porto, Portugal

Hasta Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthiyam Titau

Sun 2 Sutra 313

Kanya Rasi: 15.34 Tihi 19

Gulika 8:42AM - 10:04AM

Hasta Until 6:47PM

Ganesh: White Sunrise: 7:21AM

Vilamba 5120

Yama 3:31PM - 4:53PM

Shula* Until 2:01PM

Muruga: Clear Sunset: 6:14PM

Moon 2 - Phase 43

967273367 Rahu 11:26AM - 12:47PM

Bava Until 3:57PM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Moon - Green

Bhuloka Day

Until 6:47PM

Maha Sankatahara Chaturthi

Chaturthi* Until 2:41AM Sat

Magha-Masi

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam

Porto, Portugal

Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 3 Sutra 314

Tula Rasi: 0.02 Tihi 20

Gulika 7:19AM - 8:41AM

Chitra Until 5:16PM

Ganesh: White Sunrise: 7:19AM

Vilamba 5120

Yama 2:09PM - 3:31PM

Ganda* Until 10:53AM

Muruga: Clear Sunset: 6:15PM

Moon 2 - Phase 43

967273367 Rahu 10:03AM - 11:25AM

Kaulava Until 1:38PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Moon - Green

Bhuloka Day

Until 5:16PM

Panchami Until 12:43AM Sun

Magha-Masi

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Porto, Portugal

Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 315

Tula Rasi: 14.01 Tihi 21

Gulika 3:32PM - 4:54PM

Svati Until 4:21PM

Ganesh: White Sunrise: 7:18AM

Vilamba 5120

Yama 12:47PM - 2:10PM

Vridhi Until 8:20AM

Muruga: Clear Sunset: 6:17PM

Moon 2 - Phase 43

967273367 Rahu 4:54PM - 6:17PM

Gara Until 12:03PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Moon - Green

Bhuloka Day

Until 4:21PM

Shashthi* Until 11:33PM

Magha-Masi

Devaloka Time: 12:PM to 3:PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam

Porto, Portugal

Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Sun 5 Sutra 316

Tula Rasi: 27.31 Tihi 22

Gulika 2:10PM - 3:32PM

Vishakha Until 4:34PM

Ganesh: Yellow Sunrise: 7:16AM

Vilamba 5120

Yama 11:24AM - 12:47PM

Dhruva Until 6:25AM

Muruga: Clear Sunset: 6:18PM

Moon 2 - Phase 43

Family Home Evening 977273367 Rahu 8:39AM - 10:02AM

Visti Until 11:18AM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Moon - Orange

Devaloka Day

Until 4:34PM

Saptami Until 11:14PM

Magha-Masi

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam

Porto, Portugal

Anuradha/Jyeshtha* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 317

Vrischika Rasi: 10.34 Tihi 23

Gulika 12:47PM - 2:10PM

Anuradha Until 5:29PM

Ganesh: Yellow Sunrise: 7:15AM

Vilamba 5120

Yama 10:01AM - 11:24AM

Harshana Until 4:39AM Wed

Muruga: Clear Sunset: 6:19PM

Moon 2 - Phase 43

977273367 Rahu 3:33PM - 4:56PM

Balava Until 11:26AM

Nataraja: White

Ashtami

Creative Work Siddha Yoga

Moon - Orange

Devaloka Day

Until 5:29PM

Ashtami* Until 11:47PM

Magha-Masi

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam

Porto, Portugal

Jyeshtha* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Sun 7 Sutra 318

Vrischika Rasi: 23.11 Tihi 24

Gulika 11:23AM - 12:47PM

Jyeshtha* Until 7:01PM

Ganesh: Blue Sunrise: 7:13AM

Vilamba 5120

Yama 8:37AM - 10:00AM

Vajra* Until 4:39AM Thu

Muruga: Clear Sunset: 6:20PM

Moon 2 - Phase 43

978273367 Rahu 12:47PM - 2:10PM

Taitila Until 12:23PM

Nataraja: White

Navami

Creative Work Siddha Yoga

Moon - Orange

Sivaloka Day

Until 7:01PM

Navami* Until 1:08AM Thu

Magha-Masi

Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Porto, Portugal	
Dhanus Rasi: 5.29		Mula* Nakshatra Siddhi Yoga Vanija/Visiti* Karana Dashamyam Titau		Sun 8		Sutra 319		Vilamba 5120	
Creative Work		Siddha Yoga		988273367		Gulika 9:59AM – 11:23AM		Mula* Until 9:33PM	
		Yama 7:12AM – 8:36AM		Siddhi Until 5:09AM Fri		Ganesha: Red		Sunrise: 7:12AM	
		Rahu 2:10PM – 3:34PM		Vanija Until 2:05PM		Muruga: Clear		Sunset: 6:21PM	
				Dashami Until 3:07AM Fri		Nataraja: White		Moon 2 - Phase 44	
						Moon – Light Blue		2nd Phase	
						Magha-Masi		Devaloka Day	

2		Friday, March 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Porto, Portugal	
Dhanus Rasi: 17.32		Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 320		Vilamba 5120	
Routine Work		Prabalarishta Yoga		988273367		Gulika 8:33AM – 9:58AM		Purvashadha* Until 12:22AM Sat	
Until 12:22AM Sat						Yama 3:35PM – 4:59PM		Vyatipata* Until 5:59AM Sat	
Then Routine Work - Marana Yoga						Rahu 11:22AM – 12:46PM		Bava Until 4:19PM	
								Ekadashi* Until 5:34AM Sat	
								Moon – Light Blue	
								Magha-Masi	
								Devaloka Day	

3		Saturday, March 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Porto, Portugal	
Dhanus Rasi: 29.26		Uttarashadha* Nakshatra Variyan Yoga Kaulava Karana Dvadashyam Titau		Sun 10		Sutra 321		Vilamba 5120	
Routine Work		Marana Yoga		988273367		Gulika 7:07AM – 8:32AM		Uttarashadha* Until 3:19AM Sun	
Until 3:19AM Sun						Yama 2:11PM – 3:35PM		Variyan Until 6:58AM Sun	
Then Creative Work - Amrita Yoga						Rahu 9:57AM – 11:21AM		Kaulava Until 6:55PM	
								Dvadashi* Until 8:15AM Sun	
								Moon – Light Blue	
								Magha-Masi	
								Devaloka Day	

4		Sunday, March 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal	
Makara Rasi: 11.13		Shravana Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 322		Vilamba 5120	
Creative Work		Amrita Yoga		988273367		Gulika 3:36PM – 5:01PM		Shravana Until 6:40AM Mon	
Until 6:40AM Mon						Yama 12:46PM – 2:11PM		Variyan Until 6:58AM	
Then Creative Work - Siddha Yoga						Rahu 5:01PM – 6:26PM		Gara Until 9:39PM	
								Dvadashi* Until 8:15AM	
								Moon – Purple	
								Magha-Masi	
								Devaloka Day	
								<i>Pradosha Vrata (Fasting)</i>	

5		Monday, March 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Porto, Portugal	
Makara Rasi: 22.59		Shravana/Dhanishtha Nakshatra Parigha* Shiva Yoga Vanija Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 323		Vilamba 5120	
Family Home Evening				988273367		Gulika 2:11PM – 3:36PM		Shravana Until 6:40AM	
Creative Work		Amrita Yoga				Yama 11:20AM – 12:46PM		Parigha* Until 8:02AM	
Until 6:40AM						Rahu 8:30AM – 9:55AM		Vanija Until 11:00AM	
Then Creative Work - Siddha Yoga								Trayodashi* Until 11:00AM	
								Moon – Purple	
								Magha-Masi	
								Devaloka Day	
								Mahasivaratri (Lunar)	
								Mahasivaratri (Solar)	

●		Tuesday, March 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Porto, Portugal	
Kumbha Rasi: 4.47		Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 324		Vilamba 5120	
Creative Work		Siddha Yoga		199273367		Gulika 12:45PM – 2:11PM		Dhanishtha Until 9:47AM	
Until 9:47AM						Yama 9:54AM – 11:20AM		Shiva Until 9:03AM	
Then Routine Work - Marana Yoga						Rahu 3:37PM – 5:03PM		Catuspada Until 2:56AM Wed	
								Chaturdashi* Until 1:39PM	
								Moon – Purple	
								Magha-Masi	
								Devaloka Day	

●		Wednesday, March 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Porto, Portugal	
Kumbha Rasi: 16.39		Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 325		Vilamba 5120	
Creative Work		Siddha Yoga		199273367		Gulika 11:19AM – 12:45PM		Shatabhishak Until 12:33PM	
Until 12:33PM						Yama 8:27AM – 9:53AM		Siddha Until 9:53AM	
Then Creative Work - Amrita Yoga						Rahu 12:45PM – 2:11PM		Kintughna Until 5:14AM Thu	
								Amavasya* Until 4:06PM	
								Moon – Purple	
								Phalgun-Masi	
								Devaloka Day	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Bava Karana Prathamayam Titau				Porto, Portugal
Kumbha Rasi: 28.37	Tithi 1	Gulika	9:52AM – 11:19AM	Purvaproshtapada* Until 3:24PM	Ganesha: Yellow	<i>Sunrise: 6:59AM</i>	Sun 15	Sutra 326
		Yama	6:59AM – 8:26AM	Sadhya Until 10:32AM	Muruga: Clear	<i>Sunset: 6:30PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	119373367 Rahu	2:11PM – 3:38PM	Bava Until 6:15PM	Nataraja: White		Moon 2 - Phase 45	3rd Phase
				Prathama* Until 6:15PM	Moon – Clear		Devaloka Day	
					Phalguna-Masi			
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Porto, Portugal
Meena Rasi: 10.41	Tithi 2	Gulika	8:25AM – 9:51AM	Uttaraproshtapada Until 5:46PM	Ganesha: Yellow	<i>Sunrise: 6:58AM</i>	Sun 16	Sutra 327
		Yama	3:38PM – 5:05PM	Subha Until 10:58AM	Muruga: Clear	<i>Sunset: 6:32PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	119373367 Rahu	11:18AM – 12:45PM	Balava Until 7:13AM	Nataraja: White		Moon 2 - Phase 45	3rd Phase
				Dvitiya Until 8:04PM	Moon – Clear		Devaloka Day	
					Phalguna-Masi			
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Porto, Portugal
Meena Rasi: 22.54	Tithi 3	Gulika	6:56AM – 8:23AM	Revati Until 7:38PM	Ganesha: Yellow	<i>Sunrise: 6:56AM</i>	Sun 17	Sutra 328
		Yama	2:12PM – 3:39PM	Sukla Until 11:07AM	Muruga: Clear	<i>Sunset: 6:33PM</i>		Vilamba 5120
Routine Work	Prabalarishta Yoga	119373367 Rahu	9:50AM – 11:17AM	Taitila Until 8:53AM	Nataraja: White		Moon 2 - Phase 45	3rd Phase
Until 7:38PM				Tritiya Until 9:33PM	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day		Phalguna-Masi			
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Porto, Portugal
Mesha Rasi: 5.16	Tithi 4	Gulika	3:39PM – 5:06PM	Ashvini Until 9:27PM	Ganesha: Red	<i>Sunrise: 6:55AM</i>	Sun 18	Sutra 329
		Yama	12:44PM – 2:12PM	Brahma Until 10:59AM	Muruga: Clear	<i>Sunset: 6:34PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	129373367 Rahu	5:06PM – 6:34PM	Vanija Until 10:09AM	Nataraja: White		Moon 2 - Phase 45	3rd Phase
Until 9:27PM				Chaturthi* Until 10:38PM	Moon – White		Devaloka Day	
Then Routine Work - Prabalarishta Yoga					Phalguna-Masi			
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Porto, Portugal
Mesha Rasi: 17.49	Tithi 5	Gulika	2:12PM – 3:39PM	Bharani Until 10:41PM	Ganesha: Red	<i>Sunrise: 6:53AM</i>	Sun 19	Sutra 330
Family Home Evening		Yama	11:16AM – 12:44PM	Indra Until 10:34AM	Muruga: Clear	<i>Sunset: 6:35PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	129373367 Rahu	8:21AM – 9:48AM	Bava Until 11:01AM	Nataraja: White		Moon 2 - Phase 45	3rd Phase
Until 10:41PM				Panchami Until 11:16PM	Moon – White		Devaloka Day	
Then Routine Work - Marana Yoga					Phalguna-Masi			
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Porto, Portugal
Vrishabha Rasi: 0.34	Tithi 6	Gulika	12:44PM – 2:12PM	Krittika Until 11:17PM	Ganesha: Red	<i>Sunrise: 6:51AM</i>	Sun 20	Sutra 331
		Yama	9:47AM – 11:16AM	Vaidhriti* Until 9:45AM	Muruga: Clear	<i>Sunset: 6:36PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	129373367 Rahu	3:40PM – 5:08PM	Kaulava Until 11:25AM	Nataraja: White		Moon 2 - Phase 45	3rd Phase
Until 11:17PM				Shashthi* Until 11:24PM	Moon – White		Devaloka Day	
Then Creative Work - Amrita Yoga					Phalguna-Masi			
Retreat Star		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Porto, Portugal
Vrishabha Rasi: 13.34	Tithi 7	Gulika	11:15AM – 12:43PM	Rohini Until 11:39PM	Ganesha: Purple	<i>Sunrise: 6:50AM</i>	Sun 21	Sutra 332
		Yama	8:18AM – 9:47AM	Vishkambha* Until 8:33AM	Muruga: Clear	<i>Sunset: 6:37PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	131373367 Rahu	12:43PM – 2:12PM	Gara Until 11:17AM	Nataraja: White		Moon 2 - Phase 45	3rd Phase
				Saptami Until 10:59PM	Moon – Yellow		Sivaloka Day	
					Phalguna-Masi			
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Porto, Portugal
Vrishabha Rasi: 26.52	Tithi 8	Gulika	9:46AM – 11:14AM	Mrigashira Until 11:15PM	Ganesha: Purple	<i>Sunrise: 6:48AM</i>	Sun 22	Sutra 333
		Yama	6:48AM – 8:17AM	Priti Until 6:54AM	Muruga: Clear	<i>Sunset: 6:38PM</i>		Vilamba 5120
Routine Work	Marana Yoga	131373367 Rahu	2:12PM – 3:41PM	Visti Until 10:33AM	Nataraja: White		Moon 2 - Phase 45	Ashtami
				Ashtami* Until 9:56PM	Moon – Yellow		Sivaloka Day	
					Phalguna-Masi			
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Porto, Portugal
Mithuna Rasi: 10.32	Tithi 9	Gulika	8:15AM – 9:45AM	Ardra Until 10:07PM	Ganesha: Purple	<i>Sunrise: 6:46AM</i>	Sun 23	Sutra 334
		Yama	3:41PM – 5:10PM	Saubhagya Until 2:05AM Sat	Muruga: Clear	<i>Sunset: 6:39PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	131373367 Rahu	11:14AM – 12:43PM	Balava Until 9:12AM	Nataraja: Clear		Moon 2 - Phase 45	Navami
				Navami* Until 8:17PM	Moon – Yellow		Subha Sivaloka Day	
		Karadaiyan Nombu (Tamil Nadu)			Phalguna-Panguni			

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
Mithuna Rasi: 24.34		Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 335
Tihti 10		Gulika 6:45AM – 8:14AM	Punarvasu Until 8:41PM	Ganesh: Clear	<i>Sunrise:</i> 6:45AM	Vilamba 5120
141373368		Yama 2:12PM – 3:42PM	Sobhana Until 11:00PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu 9:44AM – 11:13AM	Taitila Until 7:14AM	Nataraja: Clear		4th Phase
			Dashami Until 6:02PM	Moon – Blue		Sivaloka Day
				Phalguna •Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
Kataka Rasi: 8.58		Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 336
Tihti 11 – 12		Gulika 3:42PM – 5:12PM	Pushya Until 12:07PM Mon	Ganesh: Clear	<i>Sunrise:</i> 6:43AM	Vilamba 5120
141373368		Yama 12:42PM – 2:12PM	Athiganda* Until 7:29PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu 5:12PM – 6:42PM	Bava Until 1:45AM Mon	Nataraja: Clear		4th Phase
			Ekadashi Until 3:16PM	Moon – Blue		Sivaloka Day
				Phalguna •Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
Kataka Rasi: 23.41		Pushya/Magha* Nakshatra Sukarma/Dhriti Yoga Balava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 337
Tihti 12 – 13		Gulika 2:12PM – 3:42PM	Pushya Until 12:07PM	Ganesh: Clear	<i>Sunrise:</i> 6:41AM	Vilamba 5120
141373368		Yama 11:12AM – 12:42PM	Sukarma Until 11:40AM Tue	Muruga: Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46
Family Home Evening		Rahu 8:12AM – 9:42AM	Balava Until 12:07PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 12:07PM	Moon – Blue		Sivaloka Day
Until 12:07PM		Yogaswami Mahasamadhi		Phalguna •Panguni		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
Simha Rasi: 8.39		Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 338
Tihti 13 – 14		Gulika 12:42PM – 2:12PM	Magha* Until 1:27PM	Ganesh: White	<i>Sunrise:</i> 6:40AM	Vilamba 5120
151373368		Yama 9:41AM – 11:11AM	Dhriti Until 11:40AM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	Rahu 3:43PM – 5:13PM	Taitila Until 8:41AM	Nataraja: Clear		4th Phase
			Trayodashi Until 8:41AM	Moon – Red		Subha Sivaloka Day
				Phalguna •Panguni		

Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
Copper Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 339
Simha Rasi: 23.43		Gulika 11:11AM – 12:41PM	Purvaphalguni Until 10:40AM	Ganesh: White	<i>Sunrise:</i> 6:38AM	Vilamba 5120
Tihti 15		Yama 8:09AM – 9:40AM	Shula* Until 7:34AM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46
151373368		Rahu 12:41PM – 2:12PM	Visti Until 3:23PM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Purnima* Until 1:37AM Thu	Moon – Red		Subha Sivaloka Day
		Panguni Uttiram		Phalguna •Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Porto, Portugal
Silver Retreat Star		Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 340
Kanya Rasi: 8.46		Gulika 9:39AM – 11:10AM	Uttaraphalguni Until 7:50AM	Ganesh: White	<i>Sunrise:</i> 6:36AM	Vilamba 5120
Tihti 16		Yama 6:36AM – 8:08AM	Vriddhi Until 11:41PM	Muruga: White	<i>Sunset:</i> 6:46PM	Moon 2 - Phase 46
151383368		Rahu 2:12PM – 3:44PM	Balava Until 11:57AM	Nataraja: Clear		Prathama
Amrita Yoga			Prathama* Until 10:19PM	Moon – Red		Sivaloka Day
Until 7:50AM				Phalguna •Panguni		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Porto, Portugal

Sun 1 Sutra 341

Vilamba 5120

Kanya Rasi: 23.36 Tihti 17

Gulika 8:06AM - 9:38AM

Chitra Until 3:33AM Sat

Ganesha: Yellow Sunrise: 6:35AM

Muruga: White Sunset: 6:47PM

Moon 3 - Phase 47

1st Phase

162383368 Rahu 11:09AM - 12:41PM

Yama 3:44PM - 5:15PM

Dhruva Until 8:08PM

Nataraja: Clear

Moon - Green
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Saturday, March 23, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Bava Karana Tritiya/Chaturthiyam Titau

Porto, Portugal

Sun 2 Sutra 342

Vilamba 5120

Tula Rasi: 8.07 Tihti 18 - 19

Gulika 6:33AM - 8:05AM

Svati Until 2:02AM Sun

Ganesha: Blue Sunrise: 6:33AM

Muruga: White Sunset: 6:48PM

Moon 3 - Phase 47

1st Phase

162383368 Rahu 9:37AM - 11:09AM

Yama 2:12PM - 3:44PM

Vyaghata* Until 5:03PM

Nataraja: Clear

Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 2:02AM Sun

Then Routine Work - Marana Yoga

Sunday, March 24, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal

Sun 3 Sutra 343

Vilamba 5120

Tula Rasi: 22.13 Tihti 19 - 20

Gulika 3:45PM - 5:17PM

Vishakha Until 1:31AM Mon

Ganesha: Red Sunrise: 6:31AM

Muruga: White Sunset: 6:49PM

Moon 3 - Phase 47

1st Phase

172383368 Rahu 5:17PM - 6:49PM

Yama 12:40PM - 2:12PM

Harshana Until 2:33PM

Nataraja: Clear

Moon - Orange
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 1:31AM Mon

Then Creative Work - Siddha Yoga

Monday, March 25, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Porto, Portugal

Sun 4 Sutra 344

Vilamba 5120

Vrischika Rasi: 5.49 Tihti 20 - 21

Gulika 2:12PM - 3:45PM

Anuradha Until 1:43AM Tue

Ganesha: Red Sunrise: 6:30AM

Muruga: White Sunset: 6:50PM

Moon 3 - Phase 47

1st Phase

172383368 Rahu 8:02AM - 9:35AM

Yama 11:07AM - 12:40PM

Vajra* Until 12:41PM

Nataraja: Clear

Moon - Orange
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 1:43AM Tue

Then Routine Work - Marana Yoga

Tuesday, March 26, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 5 Sutra 345

Vilamba 5120

Vrischika Rasi: 18.58 Tihti 21 - 22

Gulika 12:40PM - 2:13PM

Jyeshtha* Until 2:37AM Wed

Ganesha: Red Sunrise: 6:28AM

Muruga: White Sunset: 6:51PM

Moon 3 - Phase 47

1st Phase

172383368 Rahu 3:45PM - 5:18PM

Yama 9:34AM - 11:07AM

Siddhi Until 11:31AM

Nataraja: Clear

Moon - Orange
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

Visti Until 2:52AM Wed

Shashthi* Until 2:30PM

Wednesday, March 27, 2019

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal

Sun 6 Sutra 346

Vilamba 5120

Dhanus Rasi: 1.4 Tihti 22 - 23

Gulika 11:06AM - 12:39PM

Mula* Until 4:38AM Thu

Ganesha: Green Sunrise: 6:26AM

Muruga: White Sunset: 6:52PM

Moon 3 - Phase 47

1st Phase

182383368 Rahu 12:39PM - 2:13PM

Yama 8:00AM - 9:33AM

Vyatipata* Until 11:02AM

Nataraja: Clear

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 4:38AM Thu

Then Creative Work - Siddha Yoga

Thursday, March 28, 2019

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 7 Sutra 347

Vilamba 5120

Dhanus Rasi: 14.01 Tihti 23 - 24

Gulika 9:32AM - 11:05AM

Purvashadha* Until 7:10AM Fri

Ganesha: Green Sunrise: 6:25AM

Muruga: White Sunset: 6:53PM

Moon 3 - Phase 47

Ashtami

182383368 Rahu 2:13PM - 3:46PM

Yama 6:25AM - 7:58AM

Variyan Until 7:10AM Fri

Nataraja: Clear

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 7:10AM Fri

Then Routine Work - Marana Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Porto, Portugal

Sun 8 Sutra 348

Vilamba 5120

Dhanus Rasi: 26.05 Tihti 24

Gulika 7:57AM - 9:31AM

Purvashadha* Until 7:10AM

Ganesha: Green Sunrise: 6:23AM

Muruga: Yellow Sunset: 6:54PM

Moon 3 - Phase 47

Navami

182383468 Rahu 11:05AM - 12:39PM

Yama 3:47PM - 5:21PM

Parigha* Until 11:45AM

Nataraja: Purple

Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Routine Work Prabalarishta Yoga

Until 7:10AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1 Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam				Porto, Portugal
Makara Rasi: 7.58 Tihti 25		Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 349
182383468		Gulika 6:21AM – 7:56AM	Uttarashadha Until 12:36AM Mon Su	Ganesha: Green <i>Sunrise:</i> 6:21AM	Vilamba 5120	
Routine Work Marana Yoga		Yama 2:13PM – 3:47PM	Shiva Until 12:42PM	Muruga: Yellow <i>Sunset:</i> 6:56PM	Moon 3 - Phase 48	
Until 12:36AM Mon Su		Rahu 9:30AM – 11:04AM	Vanija Until 8:36AM	Nataraja: Purple	2nd Phase	
Then Creative Work - Siddha Yoga		Dashami Until 9:54PM			Devaloka Day	
		Moon – Light Blue				Phalguna•Panguni

2 Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
Makara Rasi: 19.45 Tihti 26		Uttarashadha/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Taitila Karana Ekadashyam Titau				Sun 10 Sutra 350
192383468		Gulika 3:47PM – 5:22PM	Uttarashadha Until 12:36AM Mon	Ganesha: Orange <i>Sunrise:</i> 6:20AM	Vilamba 5120	
Creative Work Amrita Yoga		Yama 12:38PM – 2:13PM	Siddha Until 1:17PM	Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 3 - Phase 48	
Until 12:36AM Mon		Rahu 5:22PM – 6:57PM	Bava Until 11:17AM	Nataraja: Purple	2nd Phase	
Then Creative Work - Siddha Yoga		Ekadashi* Until 12:36AM Mon			Sivaloka Day	
		Moon – Purple				Phalguna•Panguni

3 Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam				Porto, Portugal
Kumbha Rasi: 1.32 Tihti 27		Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 351
Family Home Evening		Gulika 2:13PM – 3:47PM	Dhanishtha Until 4:25PM	Ganesha: Green <i>Sunrise:</i> 6:20AM	Vilamba 5120	
192483468		Yama 11:03AM – 12:38PM	Sadhya Until 2:47PM	Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 3 - Phase 48	
Creative Work Siddha Yoga		Rahu 7:54AM – 9:29AM	Kaulava Until 1:56PM	Nataraja: Purple	2nd Phase	
		Dvadashi* Until 3:11AM Tue			Subha Sivaloka Day	
		Moon – Purple				Phalguna•Panguni

4 Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam				Porto, Portugal
Kumbha Rasi: 13.22 Tihti 28		Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 352
192483468		Gulika 12:38PM – 2:13PM	Shatabhishak Until 7:10PM	Ganesha: Green <i>Sunrise:</i> 6:18AM	Vilamba 5120	
Routine Work Marana Yoga		Yama 9:28AM – 11:03AM	Subha Until 3:41PM	Muruga: Yellow <i>Sunset:</i> 6:58PM	Moon 3 - Phase 48	
		Rahu 3:48PM – 5:23PM	Gara Until 4:23PM	Nataraja: Purple	2nd Phase	
		Trayodashi* Until 5:28AM Wed			Subha Sivaloka Day	
		Moon – Purple				Phalguna•Panguni
		<i>Pradosha Vrata (Fasting)</i>				

5 Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam				Porto, Portugal
Kumbha Rasi: 25.19 Tihti 29		Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Visti* Karana Chaturdashyam Titau				Sun 13 Sutra 353
112483468		Gulika 11:02AM – 12:37PM	Purvaproshtapada* Until 9:55PM	Ganesha: Orange <i>Sunrise:</i> 6:16AM	Vilamba 5120	
Creative Work Amrita Yoga		Yama 7:52AM – 9:27AM	Sukla Until 4:17PM	Muruga: Yellow <i>Sunset:</i> 6:59PM	Moon 3 - Phase 48	
Until 9:55PM		Rahu 12:37PM – 2:13PM	Visti Until 6:30PM	Nataraja: Purple	2nd Phase	
Then Creative Work - Siddha Yoga		Chaturdashi* Until 7:22AM Thu			Sivaloka Day	
		Moon – Clear				Phalguna•Panguni

Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Porto, Portugal
Retreat Star		Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 14 Sutra 354
Meena Rasi: 7.25 Tihti 29 – 30		Gulika 9:26AM – 11:02AM	Uttaraproshtapada Until 12:06AM Fri	Ganesha: Orange <i>Sunrise:</i> 6:15AM	Vilamba 5120	
112483468		Yama 6:15AM – 7:50AM	Brahma Until 4:36PM	Muruga: Yellow <i>Sunset:</i> 7:00PM	Moon 3 - Phase 48	
Creative Work Siddha Yoga		Rahu 2:13PM – 3:49PM	Catuspada Until 8:11PM	Nataraja: Purple	Amavasya	
		Chaturdashi* Until 7:22AM			Sivaloka Day	
		Moon – Clear				Phalguna•Panguni

Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
Retreat Star		Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 15 Sutra 355
Meena Rasi: 19.41 Tihti 30 – 1		Gulika 7:49AM – 9:25AM	Revati Until 1:42AM Sat	Ganesha: Orange <i>Sunrise:</i> 6:13AM	Vilamba 5120	
112483468		Yama 3:49PM – 5:25PM	Indra Until 4:37PM	Muruga: Yellow <i>Sunset:</i> 7:01PM	Moon 3 - Phase 48	
Creative Work Siddha Yoga		Rahu 11:01AM – 12:37PM	Kintughna Until 9:27PM	Nataraja: Purple	Prathama	
		Amavasya* Until 8:51AM			Sivaloka Day	
		Yugadhi	Moon – Clear			
						Chaitra•Panguni

1	Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Porto, Portugal
	Mesha Rasi: 2.09	Tithi 1 – 2	Gulika 6:11AM – 7:48AM Yama 2:13PM – 3:49PM 123483468 Rahu 9:24AM – 11:00AM	Ashvini Until 3:13AM Sun Vaidhriti* Until 4:15PM Balava Until 10:17PM Prathama* Until 9:54AM	Ganesha: Purple <i>Sunrise:</i> 6:11AM Muruga: Yellow <i>Sunset:</i> 7:02PM Nataraja: Purple Moon – White	<i>Sunrise:</i> 6:11AM <i>Sunset:</i> 7:02PM	Sun 16 Sutra 356 Vilamba 5120 Moon 3 - Phase 49 3rd Phase
	Creative Work Siddha Yoga Until 3:13AM Sun Then Routine Work - Prabalarishta Yoga	Chellappaswami Mahasamadhi	Chaitra•Panguni	Devaloka Day			

2	Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Porto, Portugal
	Mesha Rasi: 14.47	Tithi 2 – 3	Gulika 3:50PM – 5:26PM Yama 12:36PM – 2:13PM 123483468 Rahu 5:26PM – 7:03PM	Bharani Until 4:12AM Mon Vishkambha* Until 3:36PM Taitila Until 10:42PM Dvitiya Until 10:31AM	Ganesha: Purple <i>Sunrise:</i> 6:10AM Muruga: Yellow <i>Sunset:</i> 7:03PM Nataraja: Purple Moon – White	<i>Sunrise:</i> 6:10AM <i>Sunset:</i> 7:03PM	Sun 17 Sutra 357 Vilamba 5120 Moon 3 - Phase 49 3rd Phase
	Routine Work Prabalarishta Yoga Until 4:12AM Mon Then Routine Work - Marana Yoga		Chaitra•Panguni	Devaloka Day			

3	Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Kritika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Porto, Portugal
	Mesha Rasi: 27.37	Tithi 3 – 4	Gulika 2:13PM – 3:50PM Yama 10:59AM – 12:36PM 123483468 Rahu 7:45AM – 9:22AM	Kritika Until 4:39AM Tue Priti Until 2:40PM Vanija Until 10:45PM Tritiya Until 10:45AM	Ganesha: Purple <i>Sunrise:</i> 6:08AM Muruga: Yellow <i>Sunset:</i> 7:04PM Nataraja: Purple Moon – White	<i>Sunrise:</i> 6:08AM <i>Sunset:</i> 7:04PM	Sun 18 Sutra 358 Vilamba 5120 Moon 3 - Phase 49 3rd Phase
	Family Home Evening Routine Work Marana Yoga Until 4:39AM Tue Then Creative Work - Amrita Yoga		Chaitra•Panguni	Devaloka Day			

4	Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Porto, Portugal
	Vrishabha Rasi: 10.38	Tithi 4 – 5	Gulika 12:36PM – 2:13PM Yama 9:21AM – 10:58AM 123483468 Rahu 3:50PM – 5:28PM	Rohini Until 5:03AM Wed Ayushman Until 1:25PM Bava Until 10:26PM Chaturthi* Until 10:37AM	Ganesha: Clear <i>Sunrise:</i> 6:06AM Muruga: Yellow <i>Sunset:</i> 7:05PM Nataraja: Purple Moon – Yellow	<i>Sunrise:</i> 6:06AM <i>Sunset:</i> 7:05PM	Sun 19 Sutra 359 Vilamba 5120 Moon 3 - Phase 49 3rd Phase
	Creative Work Amrita Yoga Until 5:03AM Wed Then Creative Work - Siddha Yoga		Chaitra•Panguni	Sivaloka Day			

5	Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Porto, Portugal
	Vrishabha Rasi: 23.5	Tithi 5 – 6	Gulika 10:58AM – 12:35PM Yama 7:42AM – 9:20AM 123483468 Rahu 12:35PM – 2:13PM	Mrigashira Until 4:56AM Thu Saubhagya Until 11:53AM Kaulava Until 9:44PM Panchami Until 10:07AM	Ganesha: Clear <i>Sunrise:</i> 6:05AM Muruga: Yellow <i>Sunset:</i> 7:06PM Nataraja: Purple Moon – Yellow	<i>Sunrise:</i> 6:05AM <i>Sunset:</i> 7:06PM	Sun 20 Sutra 360 Vilamba 5120 Moon 3 - Phase 49 3rd Phase
	Creative Work Siddha Yoga Until 4:56AM Thu Then Routine Work - Marana Yoga		Chaitra•Panguni	Sivaloka Day			

6	Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Porto, Portugal
	Mithuna Rasi: 7.15	Tithi 6 – 7	Gulika 9:19AM – 10:57AM Yama 6:03AM – 7:41AM 123483468 Rahu 2:13PM – 3:51PM	Ardra Until 4:16AM Fri Sobhana Until 10:04AM Gara Until 8:39PM Shashthi* Until 9:14AM	Ganesha: Clear <i>Sunrise:</i> 6:03AM Muruga: Yellow <i>Sunset:</i> 7:07PM Nataraja: Purple Moon – Yellow	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 7:07PM	Sun 21 Sutra 361 Vilamba 5120 Moon 3 - Phase 49 3rd Phase
	Routine Work Marana Yoga Until 4:16AM Fri Then Creative Work - Siddha Yoga		Chaitra•Panguni	Sivaloka Day			

☾	Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Porto, Portugal
	Retreat Star		Gulika 7:40AM – 9:18AM Yama 3:52PM – 5:30PM 143483468 Rahu 10:57AM – 12:35PM	Punarvasu Until 6:13AM Sat Athiganda* Until 7:53AM Visti Until 7:08PM Saptami Until 7:56AM	Ganesha: White <i>Sunrise:</i> 6:02AM Muruga: Yellow <i>Sunset:</i> 7:08PM Nataraja: Purple Moon – Blue	<i>Sunrise:</i> 6:02AM <i>Sunset:</i> 7:08PM	Sun 22 Sutra 362 Vilamba 5120 Moon 3 - Phase 49 Ashtami
	Mithuna Rasi: 20.54	Tithi 7 – 8	Creative Work Siddha Yoga		Chaitra•Panguni	Devaloka Day	

☾	Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Porto, Portugal
	Retreat Star		Gulika 6:00AM – 7:39AM Yama 2:13PM – 3:52PM 143483468 Rahu 9:17AM – 10:56AM	Punarvasu Until 6:13AM Dhriti Until 2:35AM Sun Kaulava Until 4:06AM Sun Ashtami* Until 6:13AM	Ganesha: White <i>Sunrise:</i> 6:00AM Muruga: Yellow <i>Sunset:</i> 7:09PM Nataraja: Purple Moon – Blue	<i>Sunrise:</i> 6:00AM <i>Sunset:</i> 7:09PM	Sun 23 Sutra 363 Vilamba 5120 Moon 3 - Phase 49 Navami
	Kataka Rasi: 4.47	Tithi 8 – 9	Creative Work Siddha Yoga Until 6:13AM Then Routine Work - Marana Yoga	Sri Rama Navami	Chaitra•Panguni	Devaloka Day	

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 364		Vikarin 5121
Kataka Rasi: 18.56	Tithi 10	Gulika 3:52PM – 5:31PM	Ashlesha* Until 12:19AM Mon	Ganesha: White	<i>Sunrise:</i> 5:58AM	
		Yama 12:34PM – 2:13PM	Shula* Until 11:27PM	Muruga: Yellow	<i>Sunset:</i> 7:10PM	Moon 3 - Phase 1
		143483468 Rahu 5:31PM – 7:10PM	Taitila Until 2:55PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:37AM Mon	Moon – Blue		Devaloka Day
Until 12:19AM Mon		Tamil New Year		Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 1		Vikarin 5121
Simha Rasi: 3.2	Tithi 11	Gulika 2:13PM – 3:53PM	Magha* Until 10:27PM	Ganesha: White	<i>Sunrise:</i> 5:57AM	
Family Home Evening		Yama 10:55AM – 12:34PM	Ganda* Until 8:05PM	Muruga: Yellow	<i>Sunset:</i> 7:12PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 Rahu 7:36AM – 9:15AM	Vanija Until 12:16PM	Nataraja: Purple		4th Phase
Until 10:27PM			Ekadashi Until 10:50PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra•Chaitra		

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26		Sutra 2		Vikarin 5121
Simha Rasi: 17.55	Tithi 12	Gulika 12:34PM – 2:14PM	Purvaphalguni Until 8:16PM	Ganesha: White	<i>Sunrise:</i> 5:55AM	
		Yama 9:15AM – 10:54AM	Vriddhi Until 4:33PM	Muruga: Yellow	<i>Sunset:</i> 7:13PM	Moon 3 - Phase 1
		253483468 Rahu 3:53PM – 5:33PM	Bava Until 9:23AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:52PM	Moon – Red		Devaloka Day
Until 8:16PM				Chaitra•Chaitra		
Then Creative Work - Amrita Yoga						

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 3		Vikarin 5121
Kanya Rasi: 2.37	Tithi 13 – 14	Gulika 10:54AM – 12:34PM	Uttaraphalguni Until 5:53PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	
		Yama 7:34AM – 9:14AM	Dhruva Until 12:56PM	Muruga: Yellow	<i>Sunset:</i> 7:14PM	Moon 3 - Phase 1
		253483468 Rahu 12:34PM – 2:14PM	Kaulava Until 6:22AM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 4:50PM	Moon – Red		Devaloka Day
Until 5:53PM				Chaitra•Chaitra		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

○ Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
Copper Retreat Star		Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 4
Kanya Rasi: 17.19	Tithi 14 – 15	Gulika 9:13AM – 10:53AM	Hasta Until 3:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	Vikarin 5121
		Yama 5:52AM – 7:32AM	Vyaghata* Until 9:22AM	Muruga: Yellow	<i>Sunset:</i> 7:15PM	Moon 3 - Phase 1
		263483468 Rahu 2:14PM – 3:54PM	Visti Until 12:30AM Fri	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 1:53PM	Moon – Green		Sivaloka Day
Until 3:51PM		Chitra Purnima (Tamil Nadu)		Chaitra•Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Porto, Portugal
Silver Retreat Star		Chitra/Svati Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 5
Tula Rasi: 1.53	Tithi 15 – 16	Gulika 7:31AM – 9:12AM	Chitra Until 1:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM	Vikarin 5121
		Yama 3:54PM – 5:35PM	Vajra* Until 6:00AM	Muruga: Yellow	<i>Sunset:</i> 7:16PM	Moon 3 - Phase 1
		263483468 Rahu 10:53AM – 12:33PM	Balava Until 9:57PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 11:09AM	Moon – Green		Sivaloka Day
				Chaitra•Chaitra		